Weekend blizzard delays Monday classes at MU

VANESSA GRUSVKA

The university had a delayed opening on the morning of Monday, January 24, as a result of a blizzard that dumped over a foot of snow on the campus and surrounding areas. All classes that were slated to start before 1:00 p.m. were cancelled while offices and other campus facilities did not open until that time. According to the provost’s office, the classes will not be rescheduled. “I consulted with the president, provost, and other officers of the university’s options with respect to opening, closing, or delaying the beginning of the business day and academic schedule,” said Pati Swannack, Vice President for Administrative Services. “Many factors are taken into consideration, especially the condition of the state, local, and county roads, as well as conditions on our campus.” The university and other parts of New Jersey received upwards of a foot of snow, forcing Acting Gov. Codey to declare a state of emergency, thus giving police the power to close roads at their discretion.

So much snow accumulated that facilities management was forced to work around the clock to plow the roads, parking lots, and pathways on campus. They had to go as far as to hire outside contractors to come in and assist the university in clearing the campus. “Due to the severity of the storm and since the governor declared a state of emergency, we made arrangements to feed employees who worked, as well as arranged for them to rest in the Student Center so they did not have to drive to and from work,” said Mary Anne Nagy, Vice President for Student Services. “I know there are some folks that feel they have done better, but it’s a tough job and we continue to plug away,” she added.

As the snow fell, many students were stuck in their dormitories and forced to shovel out their cars at the end of the storm. "It took four hours and 45 minutes to dig out," complained junior Kelly Oakwood. "I slid and fell right on my back," she added. "My neck is killing me. I’m going to the chiropractor on Friday. I’m really annoyed because this stuff happens to people all the time and no one ever gets it fixed!”

The exact figures on how much the storm ended up costing the campus had not been determined at the time of publication. "Each year in my operating budget I establish a ‘snow removal’ account," said Swannack. "Some years it costs more than others. We do not have the snow cost for the blizzard at this time, but I expect that it will be quite costly. Let’s hope that this is the last snowfall for this year.”
S.A.B. brings Monmouth to the most magical place on earth

This past winter break, the Student Activities Board (S.A.B.) took an off-campus trip that had never before been imagined. From January 6th to 10th, the Monmouth community had the chance to go to Walt Disney World in Orlando, Florida.

For students, $425 covered roundtrip bus fare to the Philadelphia International Airport, roundtrip airfare through U.S. Airways, a four-night hotel stay in All Star Sports Resort on the Disney grounds, and a four-day park hopper pass, which included four trips to Pleasure Island or Disney Quest.

"S.A.B. did an excellent job planning the trip. I think everyone enjoyed themselves and it was a great thing to do over winter break."

Mike Patterson
Association Director of Student Activities and Student Center Operations

"I teach law every semester," said Patterson. "I also teach such classes as American Presidency, Public Policy, and American Government." This is Professor Patterson's third year teaching at Monmouth University and he says he enjoys his position here at Monmouth University.

"I love most is simply engaging with young people about issues facing society," explained Professor Patterson. "I also have a background as a debate coach so I get excited helping to facilitate and be apart of public discourse."

In addition to being an assistant professor in political science, Professor Patterson is involved in other areas of the university.

"I am the governance secretary on the faculty council," said Professor Patterson. "I also serve as a driving force of the Research Society."

"I am a member of the honors committee for students who are in the honors program. I am also the advisor to the political science club," said Professor Patterson.

Professor Patterson is also one of Monmouth University's liaisons for the Washington Semester Program and as well as a co-chair for the Washington Semester Program.

"I would like to see our students become governor of state, run for public office, and sit in the halls of Congress."

Joe Patten
Assistant Professor of Political Science

Meet MU: Joe Patten

Joseph Patten is an assistant professor of Political Science at Monmouth University.
MU receives grant to restore Wilson Hall

From left to right: Susan Bass Levin, Commissioner of the Department of Community Affairs; Patricia Swannack, Vice President of Administrative Services; Lisa Easter, Easton Architects, NY; Dr. Thomas Brown, Chair of the NJ Historic Trust.

PRESS RELEASE

Monmouth University today announced that it will receive a $750,000 matching grant from the Garden State Preservation Trust Fund. The funds will be used to restore the exterior of the University's historic Woodrow Wilson Hall. This is the second grant from the New Jersey Historic Trust for the renovation project.

“Thank you to the New Jersey Historic Trust for supporting the important restoration of Woodrow Wilson Hall, a national historic landmark,” said Paul G. Gaffney II, president of Monmouth University. “Beautiful Wilson Hall will be enjoyed by generations to come.”

The Trust’s grant program was established to initiate and promote historic preservation throughout the state of New Jersey, to generate public awareness and support for preservation efforts by the public and private sectors. It funds both capital projects and planning projects for historic preservation.

Woodrow Wilson Hall, formerly known as the Shadow Lawn Mansion, was built in 1916 as the private residence of former F.W. Woolworth Co. president Hubert Templeton and his wife Marjorie. Philadelphia architect Horace Trumbauer and his assistant Julian Abele, the first African-American professional architect, designed the mansion in the neoclassical French tradition. The construction incorporated limestone quarried in Italy, marble, steel, concrete and 50 varieties of Italian marble.

Woodrow Wilson Hall stands upon the precise site of the original Shadow Lawn, which was destroyed by fire in 1927. Shadow Lawn mansion was loaned to President Woodrow Wilson by its owner Joseph B. Greenhut during the campaign of 1916 as the presidential summer home. Thereafter it was known as the Summer White House.

Appropriations bills must be approved by the New Jersey State Legislature and signed by the Governor before grants monies can be released. Created by the State Legislature in 1967, the New Jersey Historic Trust is a nonprofit historic preservation organization affiliated with the Department of Community Affairs.

Hawk TV to host fashion show

ASHLEY ASRAF
COORDINATOR/WRITER

“Fete de L’Amour” or in English, “Love Feast” will be this year’s theme for Hawk TV’s fashion show. Taking place on Febru-ary 26, 2005, at 8 p.m., the event’s festivities, produced by Beverly Nevalga, will be held in the Woodrow Wilson Great Hall.

Many of the designers have had successful premises in the fash- ion industry but seek more exposure to the public.

Before the end of the fall semester, Hawk TV conducted a model search with over forty-five female potentials. Out of those forty-five, twenty were specifically chosen to fit designer criteria. The models that were chosen are of all shapes and sizes, to cater to real world sizes.

Along with the new spring ready-to-wear collections, there will also be raffles and giveaways available for the audience to win. Some of the prizes include gift certificates to spas, manucires, and salons.

The producer of the event, Bever-ly Nevalga stated, “I conceived the idea to blend fashion, music and video for a fashion event. When you're asked to imagine a fashion show, you immediately think of models cat walking down a runway. I want this to follow in similar fashion, but add flair to it. We invited independent design- ers and local to encourage store owners to showcase their work for our show, to promote young talent and promote the loca scene. We’re consumed by MTV and celebrity life that we forget about our roots. I want this fashion show to anchor this independent spirit back to college students again.”

“Fete de L’Amour” is just a couple weeks away. Tickets are $10 for Monmouth students and staff ($15 for non-students) and can be purchased at the Hawk TV office located in the Plancere Center or by calling Ashleigh Johnson at 609-711-2127.

Spirit Coordinator hopes to spread spirit

NATALIE B. ASGARATHI
STAFF WRITER

As the 2004-2005 men’s and women’s basketball season continues, spirit coordinator Tom Manzo hopes to get more students and the community involved in home ath-Letics.

This season the spirit campaign launches its agenda which hopes to spur student attendance through “theme nights,” a competition where student groups could win a $5,000 reward for displaying their school character. Groups are divided into Athletics, Fraternities, Sororities, and Clubs.

I can’t wait. I just anticipate that the spirit at games is going to be over-whelming,” Manzo said.

Continuing off of last year’s suc- cess of both the women’s and men’s teams, Monmouth University hopes to not only reach out to students, but to the surrounding Monmouth com- munity as well.

“We hope the community is proud to have a Division I athletic program in their backyard, and we hope they’re fans as well as neighbors,” Student Government Association President Devon Gottshalk said.

Under Manzo’s initiative, pro- grams have been specially designed to make Monmouth more in- volved in Monmouth Athlet- ics. “Come celebrate your birthday with Hawk TV and for kids to be granted time to meet the team, be given t-shirts, and presented with a birthday card. By the Shadow, the newly named mascot. Manzo is also working on group sales and pack- age deals with Airport and the Student Center food provider.

“By the end of the night, we hope students here at Monmouth with the community,” Manzo explained. “They’re looking to give Hawk TV a second life and that the Hawk TV is going to be a tremendous goal from last year, and that student body is revitalizing and that Hawk TV is going to be a tremendous goal from last year, and that student body is revitalizing.

Our athletic teams give Mon- mouth University the ability to be cited, supportive, and produc- tively rowdy… I would love to see athletes with their fans cheering them on and hyped up” Gottshalk said.

The campaign also thinks that the new layout of the gym will help stu- dents to cheer in unison. A platform was built for the Hawk TV band to perform behind cheerleaders, in addition to Hawk TV band they’re fans as well as neighbors.”

“I think we’ve accomplished a tremen- dous goal from last year, and that goal was that we didn’t want the stu- dents competing against each other,” Manzo said. “This year Hawk TV is going to have a problem where we have no space to put all the students.”

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Disney World 2005 - a trip to remember

The most well recognized part of Disney World is Cinderella’s Castle in the Magic Kingdom. On the second floor is a restaurant called Cinderella’s Royal Table.

PHOTO BY Jeff Humbert

Mission Space in Epcot takes people on a imaginary voyage to Mars and is one of Disney World’s newer attractions. Adventurers feel simulated G-forces from take-off and propulsion around the Moon because the ride spins incredibly fast.

PHOTO BY Jeff Humbert

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PHOTO COURTESY of Jeff Humbert

Woody and the Sargent from Toy Story spend the afternoon outside Al’s Toy Barn signing autographs.

PHOTO BY Jeff Humbert

Featured in the classical music film Fantasia, these animated mops are a part of Disney history.

PHOTO BY Jeff Humbert

In MGM Studios, Pluto and Mickey pose for a photo with Jeff Humbert, Amy Coles, Alessio Brasile, Joe Lizza, and Bill Madden.

PHOTO BY Jeff Humbert

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Are you sick of trudging through the snow and slush? Tired of getting up in the morning and having to bundle up each time you step out the door, only to undress and redress each time you change from indoors to outdoors? Is your skin lacking that sun kissed glow of the summertime? Like many Monmouth students, you could be feeling the effects of SAD, Seasonal Affective Disorder.

SAD is experienced by many people during the darker, colder months. The main symptoms of this disorder are depression, over-eating, and fatigue. SAD is thought to be caused by excess production of melatonin, a sleep-related hormone that is produced during increased periods of darkness. One known cure for SAD is exposure to sunlight. Many students and even some doctors assume that the easiest cure for SAD is to visit a tanning salon; however, the light emitted by sunbed light bulbs is mostly UVA rays. Natural sunlight contains both UVA and UVB rays, so sunbeds cannot fully duplicate the spectrum of light from the sun.

As a result, many Monmouth University students are planning spring break trips to Acapulco, Mexico. The majority of students going away for spring break are going to beautiful Acapulco and staying at Playa Suites, located in the heart of Acapulco Bay.

This “touristy” town continues to attract students with gorgeous beaches, crazy beach and pool parties, and world renowned nightlife. The rich and the famous have flocked to Mexico’s first resort town. Now, this slice of paradise is easily afforded by people with limited budgets, like you and me. Its dance-till-dawn energy is known worldwide and is still present to this day.

A small warning: Mexico is not the safest place to travel. If you are going to venture out of the resort area, be cautious. Parts of the surrounding towns are unsafe. Be careful not to be pushed around by the locals, who cater to tourists, but will sell you everything from clothes to the drinks. But the locals love to barter, so don’t be afraid to haggle! You’d be surprised how low you can pay for so many items in Mexico. Also, make sure not to drink the water.

One last word of advice: don’t let Spring Break 2005 pass you by. Several students booked their trip through studentcity.com because it was time-saving and cost-efficient. Don’t worry! The company was approved by a certified travel agent. Besides, travel agents usually work through a company that only offers prices on the resorts and airlines they sponsor. Book your trip now to obtain relief from Seasonal Affective Disorder.
“[We] are coming off of victories at regional awards,” said Brian Specia who is attending the trip to the Los Angeles Convention for NBS.

“We got a good deal,” said Csulak regarding her spring break in the Bahamas. “It was an all inclusive resort.”

“[I] always wanted to go to Las Vegas for Spring Break,” said Silva.

Students Venture to Spring Break Locations

JACQUELINE KOLOSKI
ASSISTANT FEATURES EDITOR

The week of March 7th marks Monmouth University’s Spring Break; the week many students use to get away from the pressures of school. Students everywhere venture off to warm and exotic locales to beat the cold weather.

Monmouth University students who are planning on vacationing over spring break are headed to a variety of places. Christina Csulak mentioned that she is going to the Bahamas for Spring Break.

Stephanie Langan commented on her plans for Spring Break.

“I’m going to Atlanta, Georgia,” said Langan. She noted that she was going to Atlanta to visit her parents.

Ashley Zozzaro is visiting family over her spring break vacation, as well.

“I am going to Florida,” said Zozzaro.

Amy Silva, a student at Monmouth University, said that she will be going to Spring Break in Las Vegas this year.

She mentioned that she will be staying at the MGM Hotel in Las Vegas and her round trip flight will cost $312. Silva said that she will be in Las Vegas for a six day stay Monday to Saturday. She hopes to do such things as shop at the Fashion Show Mall while staying in Las Vegas as well as go to Ghost Bar or take a trip to the mountains.

Silva said that she visited Las Vegas one time before.

“[I’ll] be able to gamble and visit the UNV [University of Nevada] campus,” she said.

Members of the National Broadcasting Society (NBS) at Monmouth University will be attending a convention in Los Angeles, California over Spring Break. Those attending will leave March 9th and return March 12th.

They will be staying at the Los Angeles Hilton. During their stay in Los Angeles, they will be going to various sessions concerning broadcasting as well as go on studio tours.

Wherever you spend your Spring Break this year, whether it is on an exotic island or even just in the continental United States, make sure to make it a relaxing and enjoyable week spent with friends or family.

Stop by any time: JP 139

Get your Fashion Show tickets at our offices or call x5274! Tickets are selling fast, so get them now!

Hawk TV Schedule 1/27/05 - 2/2/05

Get your Fashion Show tickets at our offices or call x5274! Tickets are selling fast, so get them now!

Hawk TV Schedule 1/27/05 - 2/2/05

Upcoming Hawk TV Events:

1/26/04 3:30pm JP138 General members mtg. Interested in joining? See us then!
1/26/04 10:30pm TV Studio SPORTS BUFFET LIVE ON CHANNEL 12! Back & better than ever!
2/2/04 6:30pm TV Studio M2 Live Show! Live band: DRIVE, food, prizes & surprises
2/8/04 7:15pm TV Studio First NEWS SHOW of Spring 05 semester!

Stop by any time: JP 139

Get your Fashion Show tickets at our offices or call x5274! Tickets are selling fast, so get them now!

Hawk TV Schedule 1/27/05 - 2/2/05

Get your Fashion Show tickets at our offices or call x5274! Tickets are selling fast, so get them now!
Spring 2005 prefaced with surprise forces of nature
The aftermath of natural disaster and finding the light.

Since we’ve been away from the Monmouth campus, a lot has happened in the world. Namely, a lot has happened with the weather. In the last month, there has been a tsunami in Asia, severe flooding in the Midwest, and a blizzard that covered the Northeast in a thick blanket of snow.

The death toll is rising from each of these incidents. At the time of publication, over 160,000 people had died in the tsunami, eleven people had been killed by mudslides and the like in California. This news is disheartening. In a world where we are so often concerned with terrorism and human violence, it is upsetting to see that the weather, something completely out of our control and so natural, can tear through the world on a path of destruction.

It is good however, to look past this tragedy and to see the good in the situation. It is difficult to look past all of the death and suffering, but once we see past it we can see that these crises have brought the world together in a truly special way. Shortly after the tsunami hit, the world began working together to raise money and aide the suffering nations. Because this tragedy was the result of weather, not an attacking nation or terrorist group, the world is able to unite.

Three major charities have been leading the way in donations: The American Red Cross, Unicef, and Oxfam. The Red Cross alone has risen over $222,900,000. These organizations and others like them are working to provide medical care for the injured and to rebuild these injured nations. Millions of people around the globe are donating money to charity to help people in Asia that they’ve never even met.

Take our own campus for example. Very few people were directly affected by the tsunami, but still a number of students have come forward and said they want to help those in need on the other side of the world. One group of students who have volunteered to spearhead the tsunami relief efforts are those involved Greek life. These students are in the process of planning a major fundraiser in hopes of contributing a myriad of money to the relief efforts. Perhaps this enterprise will counteract the negative image that so many people have of the Greeks. Through this endeavor, they’re showing that despite the stereotypes, they may in fact be a good nature group. When you stop and look at it, these efforts, internationally and locally, show that perhaps we all do live in a wonderful world.

After 24 Years, We’re Finally Going Back!
The Eagles have broken ground against the odds!

If the Eagles score again, there’s no turning back now. And they did. And we won. We’re finally going to the Super Bowl.

For the past 4 years, Eagles fans have sat in anticipation watching the NFC finals. We’ve yelled at the refs, yelled at McNabb, and cursed the city of Philadelphia for the stupid piped hop upon us. For the past three years, as the clock runs down and we realize hope is lost, we have been hounded by everyone else for chocking. But, since we’re Philly fans, we have the same Phillie attitude that we’ve had for the Flyers, Phillies, Sixers, and even a horse named Smarty Jones. “Better luck next year” we scream to the Eagles. Since the 1980 season, it is the next year.

Of course, now that the Eagles are in, our support is the highest it’s ever been for them to go all the way and bring their rings to Philly. Honestly, even if they don’t win, it would be of my boys for finally making it there. They’ve earned it. As Gatorade proved them all wrong, Michael Vick? Forget it. But we’ve proved them all wrong.

The Eagles have been so positive all season and are some of the most fan oriented players out there. I don’t think we have one cocky player on the team. We owe it to them to support them, no matter how they do in Super Bowl XXIX, because they made it there.

As I watch the scoreboard currently, as the Pats continually score and score again, I hope my boys are up for the challenge. I think for the first time, they’re beyond ready for it. Fly Eagles Fly! See you February 6th! Jackson-ville, here we come!
A special notice for all students here at Monmouth U
If you hear my plea and oblige accordingly, your life will improve.

Joe Corcoran
Op/Ed Editor

Here we are at the dawn of a new semester, and what a perfect time to adopt some good habits in our lives. One good habit for people in any environment is to embrace their freedom in whatever form it exists. These freedoms are strictly limited in some parts of the world where people die each day so their successors might have a brighter tomorrow. Fortunately for Americans, Dubya hasn’t silenced all our voices just yet so freedom of the press still exists in some capacity; hence, it’s not a bad idea to exercise it occasionally, rejoice, and be glad we still have the privilege.

If enough students don’t send writing into the OpEds each week, it’s just going to be four pages of Joey C Column. Of course that would be utterly fabulous but, frankly, I’m just not self-absorbed enough to use most three pages of student microphone Fresh for the grabbing. Short of bribe people with sexual favors (not necessarily performed by me), food or skiminate advice, I am stumped as to what I can do to shake this apparent student apathy and get those hands typing each week.

Write about anything, likes, dislikes, “congrats” or “shame on you” shouts, or whatever can be conjured up into an article. I’ll even print your curses words with asterisks over one or two vowels if I can, just so you look big and bad to your peers. Just don’t take for granted this vital component of your freedom any longer.

To the regular writers, bless your hearts and please keep setting the precedent each week. To those who haven’t written, be brave and just submit something. If it can’t be printed and is beyond hope of revision, Joey C will buy you a bar of dark chocolate to mend your spirit. Thanks and Holler at your Hawk!

American efforts snubbed
You’re sending who?

Heather Bachman
Staff Writer

Since the Tsunami tragedy, America was ready and raising to assist in the creation and enhancement of many rehabilitation efforts. Despite a small form of snubbing for us not giving enough money, both private and public organizations are working towards helping the victims, from garage sales to collection drives.

Despite the not so grateful first response, I saw our nation being a great asset to living through the tragedy. Like other nations stood by us in 9-11, we will stand beside them. However, one action which we have made somewhat worries me. You see, a large amount of the support will possibly be handled by none other than the United Nation’s Kofi Annan. Not the best idea I believe for many reasons which I will dictate right now using just three words: “Oil for food”.

Annan and his son have had American dollars facing their pockets long enough. Having his offspring involved in the “oil” aspect at all was a great conflict of interest in the first place.

Speaking of finances, why was America ridiculed for the first amount we had to give? Now up to 350 million dollars, our first total was turned away and made a large topic by the media (big surprise) that we weren’t doing enough,” as one station put it. How much are we supposed to give? We have a great amount of our own issues to pay for not mentioning an increasingly important war on terrorism overseas and on our own land.

Look at other financial activity which we give for other actions i.e. AIDS, international poverty, international battles. We give more than anyone for AIDS research and despite this help we still fight the illness here in our own hospitals and research departments.

Yes, that was an incredible tragedy which we should assist in any way we can because that is what this world should represent (helping each other when we are in need). So many countries came to outside when we were attacked, we should come to them. HOWEVER, it is not right when financial selflessness is snubbed. We will give what we can but we should not be pushed into giving what we cannot.

Returning to Annan, set to visit Indonesia in the near future, there is a great responsibility carried to take part in the activity, not only as a public figure but a figure of power, despite his recent abuse of it. The strength of his taking part of it although needs to be capped incredibly. He has shown already so much lack of self restraint which could only endanger the rehabilitation efforts needed for the nation to be anywhere near what it was before the tragedy. I am sure they won’t complain if we put a cap on Annan’s path as they had before.

Put your mind to it, go for it
Get down and break a sweat
Rock and roll
You can’t see anything yet!
Mind to it, go for it
Get down and break a sweat
Rock and roll
You ain’t seen nothin’ yet!

My love is there for you
The rest is up to you
Yaheeeyayheyayheyayayayayay
Hoohoohooohoo
Naanananannanannannn
Hoooooo!

I feel so good whenever you are near
You make my troubles seem to disappear
‘Cuz every day I love you more and more

Put your mind to it, go for it
Get down and break a sweat
Rock and roll
You ain’t seen anything yet!
Mind to it, go for it
Get down and break a sweat
Rock and roll
You can’t see nothin’ yet!

- Lyrics To Live By -

Hot Sundae
(from Saved By The Bell)
“Go For It”

1, 2, 3, Bend!
1, 2, 3, Stretch!
1, 2, 3, Bend!
1, 2, 3, Stretch!

Here’s a message that I’m sendin’ to you
You can do what you want to do
A little work never hurt no one
It’s the only way to get things done

Put your mind to it, go for it
Get down and break a sweat
Rock and roll
You can’t see anything yet!
Mind to it, go for it
Get down and break a sweat
Rock and roll
You can’t see nothin’ yet!

My love is strong whenever you’re around
I walk on air, I barely touch the ground
And I’m so happy that I’m with you now
You’ll never see me in the lost and found

Put your mind to it, go for it
Get down and break a sweat
Rock and roll
You can’t see anything yet!
Mind to it, go for it
Get down and break a sweat
Rock and roll
You can’t see nothin’ yet!

You’re the one that I’ve been searching for
You make my troubles seem to disappear
You ain’t seen nothing yet!
You ain’t seen nothing yet!
You ain’t seen nothing yet!
You ain’t seen nothin’ yet!

You are the one I’ve been searching for
You make my troubles seem to disappear
You ain’t seen nothing yet!
You ain’t seen nothing yet!
You ain’t seen nothin’ yet!
You ain’t seen nothin’ yet!
How to keep your New Year’s resolution

Laurie Napolitano
Assistant Editor

The same thing happens at the beginning of every New Year. We make resolutions to become healthier, nicer, more generous people. We declare we will kick bad habits and develop better ones. We promise to excel in our classes. We are going to study and find a semi-high paying job so we don’t have to always scrape by. Our parents or others. We claim we will try to drink less (yeah, like that actually happens), to party less (another unlikely scenario), and to decrease the use of some harmful substances (again, unlikeley).

I am sure by now you have declared the one thing you promised yourself you will achieve in 2014 Main Street. South Belmar, 732-571-2133 Phone: 732-681-3712 Fax: 732-280-3030 Email: office@thegrace-tabernacle.org Website: www.thegrace-tabernacle.org

Instead of trying to kick your bad habit over a full year, break it down to weekly or monthly goals that will lead to your ultimate success.

Reward yourself:
Every time you make progress toward your goal, give yourself a reward. Rewarding yourself will encourage you to continue traving the path you have begun and ultimately lead to your success. After about the first month, reward yourself for two months, treat yourself to something you normally wouldn’t. For example, if your goal is to lose weight, don’t go to the movies or a restaurant.

If you make 500 words per hour, give yourself a small treat. For example, if you are trying to quit smoking, go for a long walk instead. You can reward yourself for good progress toward your goal.

Don’t just tell your self you will achieve your goal sometime this year. Make a date of when you will quit smoking. The date will be the day you are going to quit and it will be a specific date, most likely you will keep putting off any attempt of change.

To make this a little easier, meet your goal in small steps. Instead of trying to kick your bad habit over a full year, break it down to weekly or monthly goals that will lead to your ultimate success.

Surround yourself with people who are going to keep you motivated. Surround yourself with people who are going to keep you motivated. For example, if you are trying to quit smoking, go for a long walk instead. You can reward yourself with a special treat. For example, if your goal is to lose weight, don’t go to the movies or a restaurant.

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Joeys Column

January 26, 2005

Laying it Out:
The 411 According to Joey C.

Dear Joey C,

I just transferred to Monmouth last fall as a sophomore and have been considering getting more involved on campus. It must sound so cliché but I just don’t know how to get started! We have so many fabulous campus and I feel it’s a shame for anyone to waste their opportunities just going to class and either going home or going back to their room. I tried hanging out in the Student Center cafeteria a bit and socializing but it just isn’t fulfilling enough for me. You seem involved around here, how do I follow suit?

Sincerely,
Apathy no more

One change many of us have already noticed is the absence of our beloved friend and recent alumna Ka-lagh Stice. Ms. Skyy was one of the greatest ladies to have ever graced the pavement at Monmouth. She is probably most beloved by her fellow Zetas but she definitely had lots of friends across the board at Monmouth. Her beauty, intelligence, and willingness to share her fraternal instincts with others made her a welcome addition to any lunch table gatherings in the Student Center cafeteria, a night out on the town, or a quick dinner at the Blue Swan. It’s not like she’s dead or anything, she’s just spending her days at work (she’s already employed full-time!) instead of around Monmouth. She is a very talented lady and proud alumna Ka-lagh Stice.

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Mystery, religion and The Da Vinci Code

Both well written and well researched... Dan Brown’s novel [The Da Vinci Code] raises the point that the truth of anything lies in its presentation.

The Da Vinci Code has been noted as a top bestseller since 2003. Howard is directing a movie that will be released in 2006 based upon the novel. The book it is the appeal? The Da Vinci Code.

Dan Brown

Big Noyd’s On the Grind is a serious hustle

Big Noyd, like some of his Queensbridge counterparts Little Suited, Infamous Mobb, and even Illa Ghee, is a rapper trying to crack into the upper echelon of QB – a starting lineup that currently consists of emcees like Nas, Prodigy, Cormega, Havoc, and even Alchemist to a certain recent extent. Big Noyd continues both in terms of his own presence down the Mobb Deep/Queensbridge path, Noyd grinds his way to a solo effort that puts him atop the current Queensbridge B-list emcees again. Though one-third of the Grind continues... down the Mobb Deep/Queensbridge path, Noyd grinds his way to a solo effort that puts him atop the current Queensbridge B-list emcees again. Without giving too much away, the rock-tinged Masberg track that sounds as though it’s written to solve the Holy Grail are revealed, but they lies in its presentation. The Da Vinci Code.

And while On The Grind... the latter novel became easier to solve. However, reading The Da Vinci Code on its own makes the mysteries even more challenging. The codes within the novel are interesting and well-conceived. They become easier once more as the plot progresses. Langdon is well-rounded, but he is too self-assured at times and too naive at others. This is, in fact, the second Dan Brown novel featuring Langdon. The first was Angels and Demons (2000), also deals with the Da Vinci Code’s vast array of challenges to Catholicism and tracing the truth of anything lies in its presentation.

The Da Vinci Code

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Not Just Another Day is a book with a little bit of everything

Nicole DeNardo
SOFI WRITER

Not Just Another Day. Written by Monmouth graduate and How- ell resident, Phil E. Eichinger has it all. This novel combines humor, love and surprises in just 188 pag- es. Not Just Another Day blends genres and turns out to be a fun and interesting read.

Not Just Another Day is a story of two best friends who find fun in almost everything they do. The main character, Fritz Endrick, a guy who never seemed to care about love, falls in love with a girl named Lisa. Fritz’s life takes a turn as he becomes deeply involved in a romance he had never expected. The idea of this book may seem simple, but it’s Eichinger’s style of writing and twisted ending that make the book worthwhile.

Eichinger is very detailed in his writing, but not to the point where it becomes boring. He uses terms, phrases and pop culture references that people can relate to or even laugh at. At one point, Fritz and Abe comment on the use of the word “toolbox” to describe a certain type of guy. “Every time we went out we always had a Bingford sitting. That was the term and Abe and I came up with after hearing the word toolbox to describe a guy who was an athlete and impressed with one intention.

Most of the people we saw while we were out were toolheads. There was Abe and I and we went deeper into the subtext and grabbed the word “Bing- ford” from the television sitcom Home Improvement...Abe and I could only imagine these so called men actually looked at themselves and said “You know what, this looks Tony. I am going to wear this powder blue, rayon, sleeveless shirt with my tan cap tonight.” As I read pages of the book, I found myself thinking, “I know exactly what he means!” A lot of the things that the characters come in contact with are things that many people can relate to and can relate to.

This is why Not Just Another Day stands out. Most books try to create unbelievably perfect friendships- or movie-romances; however, with Not Just Another Day, it seems as though finding fun in simple situations is just as exciting. And all of this sets up for the great climax.

The characters in this book were also realistic. You may find traits of your own friends in some of them or you may find yourself wishing you had a friend or girl/ friendboyfriend like that. Nothing about this novel is too far fetched. I found myself flipping pages quickly, wanting to know what the characters would do next.

This novel is a great read for college students. This book is entertaining and it is suitable for all ages, as well. Most people can relate to the storyline and what the characters are going through.

Women will love the romance and men will love the guys best friends. Not Just Another Day is the type of book that will have you laughing out loud and feeling like you’re on Cloud Nine with the characters.

**Entertainment**

Ken C. Weintraub

Johnny Carson died at 79

http://www.bnd.com

**Not Only Another Day**

http://www.bnd.com

- **Phil E. Eichinger**

- "I feel the title of the book is the word "toolbox" to describe a certain type of guy. I mean every time we went out we always had a Bingford sitting there. That was the term that we came up with after hearing the word toolbox to describe a guy who was an athlete and impressed with one intention.

Most of the people we saw while we were out were toolheads. There was Abe and I and we delved deeper into the subtext and grabbed the word “Bingford” from the television sitcom Home Improvement...Abe and I found ourselves laughing quickly, wanting to know what kinds of characters the different types of men would do next.

This novel is a great read for college students. Most books try to create unbelievably perfect friendships or movie-romances; however, with Not Just Another Day, it seems as though finding fun in simple situations is just as exciting. And all of this sets up for the great climax.

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Hey ladies! Want a chance to wear your prom dress again? Do you want to feel like a princess for a night?

Hey guys! Want a chance to ask that special girl out? Want a chance to hang out with your friends and relive the prom experience?

Then come to the 32nd Annual Winter Ball held in historic Wilson Hall

When: Saturday, February 12, 2005
7:00pm-12am

Where: Wilson Hall

Tickets can be purchased starting January 24, 2005 in the Student Center and Dining Hall.

Ticket Prices (including Dinner & Dancing):

- $20 for one ticket
- $35 for two tickets
- $50 for three tickets
- $65 for four tickets

Hope to see you there for for this formal night of fun!
Experiences like no other

ANDREA SANSONE
Contributing Writer

To study abroad truly transcends what could ever be learned in a typical semester. Whereas a semester usually passes and fades from your memory, my months in Australia will forever resound in my mind and heart as the highlight of my young-adult life, and as the most enriching experience I may ever encounter. In the classroom, insight upon an unfamiliar and unique culture was granted equally by my foreign professors and classmates from around the world. Apart from the classes, it is the traveling, new friends, and new sense of independence that makes studying abroad an asset to any education.

Students who study abroad have much more than a common desire to deviate from their regular college lifestyle for a semester. Similar amongst the varying personalities I befriended abroad was the burning desire to fully explore a new country, culture, and most importantly, a piece of ourselves previously unexplored. As I keep in touch with the friends I met abroad, not a conversation escapes us without some reference to our travels. Whether it be the trips up the coast of Australia or through the South Pacific Islands, the city-life of Sydney or Melbourne, or being taken aback by the landscape of New Zealand – I am not alone in feeling blessed to have such experiences to reflect upon. As life returns to its humdrum rhythm, and likewise when it gets hectic and stressful, each of us surly utters an, “I wish I were in Australia right now,” and truly means it. To us, Australia isn’t a mere continent upon a map. It’s not the “Crocodile Hunter,” kangaroos and koalas, or Russell Crowe. Australia is a never-ending “no worries” attitude, a picturesque setting that spawned lifelong bonds, it’s a time in our lives that was truly the time of our life.

While I now serve to be one of the biggest advocates of both Study Abroad programs, and particularly Australian travel, there was a time I was weary of both. I had never lived outside my childhood bedroom; thus, to say the least, the proposition of living in a dorm around the world was quite daunting. Why Australia? My attitude was, “why not?” Going abroad was a huge leap for me personally, as it is for most other students. Luring me to Australia were the famous beaches, warm weather, and landmark sights. Most importantly perhaps, the fact that Australia is English-speaking alleviated anxiety from day one. Rather than having to scramble to pick up a new language and all the confusion that goes hand-in-hand with that process, I really got to focus on the native vernacular and freely absorb Australian culture without hindrance.

Furthermore, in today’s shaky political climate, Australia is a country seemingly untouched by the unrest and turmoil faced by many other countries, making traveling there increasingly attractive and less worrisome than it’s alternatives.

No student should let their college years escape him or her without venturing abroad for a semester. The opportunity to learn volumes about oneself and the world at large is at our fingertips. To not capitalize upon such an offer is a true travesty. The bravery and courage one must muster to initially pack up and leave are the hardest components of the journey. But in the end, to come home knowing that you’ve left no stone unturned, no friendship incomplete, and no part of yourself devoid of this experience, makes that initial bravery something to be forever thankful for.

Andrea Sansone studied abroad at Macquarie University in Sydney, Australia during the Spring 2004 semester.
TWISTED TUESDAYS

@ REDHEADS

EVERY TUESDAY NIGHT...

50 CENT COORS LIGHT DRAFTS
starting at 10 P.M. then raising 25 Cents
every half hour.
11:30 - 12:00 Drafts are 35 Cents!!!

FREE BUFFET & FREE SHUTTLE BUS
To And From Red Heads 9:30 - 2:30
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250 DOLLAR CASH PRIZE
To Hot Body Contest Winner
EVERY WEEK!!!
How did you spend your time during the “snowed-in” weekend?

Kayce - junior
“Making whoopie in the snow and building a snow fort.”

Theresa and Lindsay - junior
“We did what we do best we partied.”

Monica - grad student
“I spent it doing homework.”

Kevin - senior
“At my house partying with roommates playing snow soccer and football.”

Tanya - sophomore
“Partying and playing snow soccer in the quads.”

Erin - sophomore
“I got my party on and enjoyed the snowy weather.”

Kathy - senior
“I was sick with the flu and I laid in bed watching movies.”

Don “the man” - senior
“Spent it indoors after my car died.”

Jon - senior
“Stuck in a condo at Mountain Creek, snuggled up near the fireplace.”

Frank - senior
“Played video games, read a book, slept most of the day and shoveled a crap load of snow.”
WWW.SEFAN.ORG: WEB SITE TO HELP FIGHT HUNGER

The Statewide Emergency Food and Anti-Hunger Network (SEFAN) has launched a web site to help address the growing problem of hunger in New Jersey. By logging onto www.sefan.org and clicking on “Pantry Link” you can find out about local food pantries, soup kitchens and shelters that serve meals in your community. The web site lists volunteer opportunities as well as items needed such as non-perishable food and baby products.

By helping your local emergency food provider, you will be helping to fight hunger in your community and in New Jersey. So log onto www.sefan.org and click on “Pantry Link” today!

The Outlook is currently seeking help in the following departments:

- Photography
- Layout (program used: Adobe InDesign CS)
- Staff Writers
- Copy Editors

Students from any major are welcome to join, experience is not necessary.

Our meetings are held weekly in the Outlook office on:

Wednesday afternoons at 2:30 pm and Monday evenings at 6:30 pm

Weekly meetings are open to all members, new and old.

For more information stop by the office and talk to a member of The Outlook staff or use the contact information below to get in touch with us.

Stop by the Flangere Communication Center and visit us!
The Outlook is located on the 2nd floor, Rm 260
phone: 732-571-8481
fax: 732-571-5151
e-mail: outlook@monmouth.edu
outlookads@monmouth.edu
Thank You to the Black History Month Committee: Student Services, EOF, Service Learning, Office of Affirmative Action, Human Relations and Compliance and the English Department; Africana Studies. For more information please call 263-5755 or 263-5226.

Wednesday, January 26

MARTIN LUTHER KING, JR. CELEBRATION
ANACON HALL, 11AM—1:00PM
Student groups interact with local grade school children, grades K-8, on the ideas of service learning, human rights, social justice, volunteerism, diversity and more....

Thursday, January 27

MARTIN LUTHER KING, JR. DINNER
ANACON HALL, 6PM—9:00PM
Dinner and tribute to the life and legacy of Dr. Martin Luther King, Jr. and Monmouth University volunteers. Unsung hero/heroine awards distribution.

Dr. Martin Luther King, Jr. memorabilia display in ANACON HALL 11:00 AM — 1:00 pm

Tuesday, February 1

FLAG RAISING CEREMONY
NOON, FLAGPOLE ON GREAT LAWN
Join us in the annual flag raising ceremony as we reflect on Black History and begin the month-long celebration.

Friday, February 4

MOVIE "RAY"
SERV HALL; HR YOUTH AUDITORIUM
Rave reviews for this Universal Studios film based on the life of musician Ray Charles. Starring Jamie Foxx. Also showing on Feb 5 at both 3pm and 9pm.

Monday, February 7

AFRICAN AMERICAN READ-IN CHAIN
ANACON HALL, 9AM—2PM
Bring works from your favorite African American author and sign up to be a link in the chain! A wonderful way to promote reading.

Wednesday, February 9

BLACK HISTORY JEOPARDY
WILSON AUDITORIUM, 7:00 PM
Be a Jeopardy contestant and test your knowledge!

INTERACTION WITH SCIENCE & TECHNOLOGY
AFRICAN WOMEN, ETHNO-SCIENCE AND THE CHALLENGER OF COMMUNICATION
MAGILL COMMONS, CLUB LOUNGE, 11:30-1:00
Don’t miss this opportunity to hear Dr. Titi Ufomata, Professor of Communications at the University of Kentucky!!

Thursday, February 10

AFRICAN DRUMMING
STUDENT CENTER CAFETERIA FIREPLACE, 12-2
Come listen to the great beats of "African Drumsong Society", an African Folk Lore Music and Dancing Group.

Tuesday, February 15

BLACK INVENTORS DISPLAY
ANACON HALL, 10AM—2PM
Learn more about the black inventors responsible for innovations that have made society as we know it possible.

MOVING OUTSIDE THE BOX; EMBRACING DIVERSITY IN THE 21ST CENTURY
SERV HALL; HR YOUTH AUDITORIUM 1PM-2PM
KEYNOTE SPEAKER
Dr. Mary-Ann Osirim, Professor of Sociology and Co-Director of the Center for Ethnicities, Communities and Social Policy at Bryn Mawr College will address diversity.

Wednesday, February 16

AFRICAN DRUMMING
STUDENT CENTER CAFETERIA FIREPLACE, 12-2
Come listen to the great beats of "African Drumsong Society", an African Folk Lore Music and Dancing Group.

Tuesday, February 22

AFRICAN AMERICAN READ-IN CHAIN
ANACON HALL, 9AM—2PM
Bring works from your favorite African American author and sign up to be a link in the chain! A wonderful way to promote reading.

Wednesday, February 9

BLACK HISTORY JEOPARDY
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Be a Jeopardy contestant and test your knowledge!

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THE OUTLOOK
19
January 26, 2005

ADVERTISEMENTS

MONMOUTH UNIVERSITY PRESENTS
BLACK HISTORY MONTH
FEBRUARY 2005

All events are free and open to the Monmouth University Community

Sponsored by the Black History Month Committee

Thank You to the Black History Month Committee: Student Services, EOF, Service Learning, Office of Affirmative Action, Human Relations and Compliance and the English Department.

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Roses are Red,
Violets are Blue
RESPECT YOUR BODY
MU Students Do...

Most MU Students are Healthy!
They respect their bodies,
Make time for exercise & eat right,
Make time for classes & homework
Are active on campus
AND LIMIT THEIR ALCOHOL USE...

Love is in the Air...

February is
Healthy Heart Month!

1 Beer = 12 oz. can
  150 calories
1 glass of wine = 4.5-5 oz.
  90 calories
1 shot = 1.5 oz. hard liquor
  90 calories
MONMOUTH BASKETBALL

Show Your School Spirit

ENTER TO WIN THE SPIRIT CONTEST CAMPAIGN BEGINS ON DECEMBER 21 AT THE WOMEN’S BASKETBALL GAME

STUDENT GROUPS COULD WIN $1,000.00

The Student categories are:
1. Athletics
2. Fraternities
3. Sororities
4. Clubs

An additional $1,000.00 will be awarded to one of the groups who receives the highest amount of points for Women’s Basketball exclusively.

A total of $5,000.00 will be awarded on Saturday, February 26 at the Women’s Basketball Game.

All groups must register with Tom Manzo in the Athletics Dept. no later than Monday, December 20, 2004. The office telephone ext. is 5833.

Two team leaders must be selected to represent the group at both the Men’s and Women’s games. At least one of those team leaders with a valid Monmouth ID must check in at the registration table in the Boylan Gym lobby BEFORE and AFTER the game. No check in, No awarded points for that game.

A theme will be assigned for each game. Points will be awarded on a game-by-game basis. The criteria judged will be creativity, originality, school spirit and sportsmanship.

The group from each category with the most points at the end of the contest will receive the prize money.

Single points will be awarded at Men’s games, double points will be awarded for Men’s TV games, double points will be awarded at Women’s games and triple points will be awarded at two (2) randomly selected Women’s games.

The Dates and Themes are as follows:

Tuesday, December 21 Women’s Game “Holiday Night”
(Student groups are required to wear clothing representing the Holiday)

Saturday, January 22 Women’s Game “Hawaiian Night”
(Student groups are required to dress in clothing with a Hawaiian Theme)

Saturday, January 22 Men’s Game “Hawaiian Night”
(Student groups are required to dress in clothing with a Hawaiian Theme)

Monday, January 24 Men’s Game “Paint Your Face Night”
(Student groups are required to paint their face using blue and white)

Thursday, February 3 Men’s Game “MU Shirt Night”
(Student groups are required to wear a shirt with a MU phrase, logo, etc.)

Saturday, February 5 Women’s Game Help celebrate National Girls and Women in Sports Day

Tuesday, February 8 Men’s Game “Player Night”
(Student groups are required to wear a shirt with their favorite MU player’s number on it)

Wednesday, February 16 Men’s Game “Valentine’s Night”
(Student groups are required to wear clothing representing Valentine’s Day)

Thursday, February 17 Women’s Game “Valentine’s Night”
(Same requirement as Men’s Game on February 16)

Friday, February 18 Men’s Game “Great White Freak Out”
(Student groups are required to wear a plain white shirt)

Saturday, February 19 Women’s Game “Poster Night”
(Same requirement as Men’s Game on February 5)

Sunday, February 20 Men’s Game “Crazy Hat Night”
(Student groups are required to wear a homemade hat with representations of MU)

Monday, February 21 Women’s Game “Crazy Hat Night”
(Same requirement as Men’s Game on February 20)

In addition to the theme, student groups are required to perform a community service by participating in a clothing drive. The drop-off is in the Lobby of Boylan Gym on game night. Points will be awarded.

Saturday, February 26 Women’s Game “St. Patrick’s Night”
(Student groups are required to wear clothing representing St. Patrick’s Day)

Contest Ends: Money Awarded
The Monmouth University Women's Basketball has been on a winning streak of its first five games in Northeast Conference play, but before the Hawks started facing in-conference foes, they hosted a tough Auburn University team.

On December 21, the Hawks fell hard to the Auburn University Tigers 73-44 at Boylan Gymnasium. Monmouth turned the ball over a season-high 28 times and was out rebounded by Auburn 41-26, with 10 of the Tigers rebounds coming on the offensive end.

Junior guard Niamh Dwyer led the Hawks with 12 points, including three 3-pointers. Liz Whalen, also a grinder, hit three 3-pointers as well.

Central Connecticut got 20 points from the foul line. Despite being out shot by Central Connecticut, the Hawks shot just 30% from the field, as a team, Monmouth shot just 30%. Despite being held scoreless for a 6:06, allowing the Hawks to score 52 points, the Blue Devils would allow the Blue Chips to score 56 points.

It was a career night for Dwyer, who got 23 points from the charity stripe. Dwyer, who was held scoreless in the first half, knocked down 15 points in the second half. Whalen entered the conference game and scored in double figures for Monmouth, tallying 14 and 13 points respectively, and Bynum would collect 10 rebounds (six offensive) to go along with her eight points.

As a team, Monmouth shot just 30% from the field. The Bobcat’s Krystal Presley led all scores with 18. The Hawks road woes continued, falling 62-55 at Central Connecticut State on January 11.

Monmouth was held to the first half, but would allow the Bobcats to rally in the second half, scoring 29 points. Central Connecticut would extend its lead to 17 in the second half, but a Hawks rally would bring them within 5:45-1:04 in the first half, but missed rebounds down the stretch allowed the Bobcats to end the game on an 8-4 run.

Rebounds were a problem for Monmouth, as Central Connecticut got 20 points from the foul line. Many of the Hawks, who shot 39% from the field against Sacred Heart, would go on to the road and score 59 points for Monmouth, scoring 10 points and grabbing nine rebounds. Just when Monmouth looked to be in control, leading 12-0 early, the Blackbirds would break back and would lead 25-22. The Hawks would regain the lead in the second half and would stay there, but Long Island hung tough and at one point tied the ballgame at 52-52 with a minute and a half to go.

In the end, the Hawks, who shot 42% from the field, were too much, out-scoring the Blackbirds 11-7 to end the game.

Free throws were big for the Hawks, and they were a charity stripe. Dwyer, who was held scoreless in the first half, knocked down 15 points in the second half. Whalen entered the conference game and scored in double figures for Monmouth, tallying 14 and 13 points respectively, and Bynum would collect 10 rebounds (six offensive) to go along with her eight points.

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The Hawks now sit at 9-6, with two losses to Northeast Conference. Niamh Dwyer also scored in double figures with 14, and Courtney Lumpkin added 9 points, 6 rebounds, 4 assists, and 4 steals.

The Hawks were able to earn 26 points in the third period of the game against St. Francis, and almost scored a double double with 19 points and 13 rebounds in the long jump and 55m hurdles. The women’s team tallied 79 points on the day as Ashley Huffman took in the long jump clearing a distance of 5.64m and earning fourth in the high jump with a distance of 1.60m. Katina Alexander and Kristin Wallace finished third and fourth in the one mile as they crossed the line with times of 5:12.09 and 5:17.54 respectively. Alexander earned second in the 800m. Suraya Kornegay also finished third in the 300m hurdles with a time of 30.91.

The women’s team took seventh place overall as Kate Lyons finished second in the weight throw and Tara Durr and LaToya Morton earned first and second in the high jump with a distance of 1.50m. A week prior to sending point squads to Princeton and Delaware, the Blue and White participated in the ECAC Championships in the men’s team competed successfully in several events and finished in sixth place overall. Thomas Merring took first place in the 600m hurdles with a time of 8.59. Ryan Connell and James Moyer took second and fourth in the 110m hurdles, with a time of 15.04.

On the same day, a split squad was sent to Delaware University as the men’s team competed successfully in several events and finished in sixth place overall. The men’s team took first place in the 600m hurdles with a time of 8.59. Ryan Connell and James Moyer took second and fourth in the 110m hurdles, with a time of 15.04.

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Hawks undefeated in NEC after 180 turnaround
Pick up from slow start to claim 1st place in NEC.

While the entire Monmouth University community was enjoying their winter break recess, the men’s basketball team was left with many unanswered questions.

Can we turn around a 1-6 start in which we lost four games by double-digits? Can we find offense from another source outside of All-Northeast Conference performer Blake Hamilton?

Do we have what it takes to return to the apex of the conference?

All these questions lingered as the Hawks took the court for the first time after Christmas when they traveled to Philadelphia to take on Drexel University on December 28th.

What happened on the court on that cold December night in the city of brotherly love changed the course of the season for the defending Northeast Conference regular season and tournament champions.

The Hawks fell to Drexel 76-47 in what was the lowest point of the early season.

“We knew after the Drexel game we had to look at ourselves and change what we were doing,” said sophomore forward Marques Alston.

After what many of the players said was their best day of practice in a long time, the Hawks responded by soundly handling Sacred Heart in their NEC opener 67-49, ed by soundly handling Sacred Heart.

Marques Alston said was their best day of practice since Alston’s arrival in the starting line-up the Hawks have gone 4-2, 4-1 P.D. (post-Drexel).

Since that game, only a one-point loss to non-conference Siena is the only blemish on the Blue and White’s record. They have rattled off three straight road conference wins, starting with an 83-61 dismantling of Wagner.

The game was a coming out party for junior point guard Tyler Azzarelli, who stole the show with his 18-point, 7-assist, 7-steal performance in the route.

“I knew I had to be more aggressive offensively,” said the Tampa Florida native.

“We have been playing well but now we have to continue to show everyone that we are still the team to beat.”

Azzarelli has been more aggressive of late, as he is averaging a career high 8.2 points per game.

The Hawks have gone back to basics during their winning streak, playing tough, physical defense.

The match-up zone has been wreaking havoc on the opposition, holding four of their first five conference foes to below 40% shooting from the floor.

Thus far, the only NEC team to shoot over 40% from the floor against the Hawks was the Quinnipiac Bobcats, who the Hawks defeated in dramatic fashion in Hamden Connecticut on January 9th.

After Monmouth had led all game, Quinnipiac tied the score at 31 with 20 seconds left. The Hawks then didn’t call timeout, and ran the clock all the way down to the five second mark. There, Alston found himself with the ball in front of his own bench and pulled up and sank a three-pointer with 0.04 on the clock. The Bobcats couldn’t get a shot off, and the sophomore was mauled by his teammates after hitting his second buzzer-beater of the season.

In their next game, head coach Dave Calloway celebrated his 100th victory at the helm of his alma mater with a 69-57 defeat of Long Island University.

The aforementioned Hamilton leads six Hawks who score more than 5 points a game. The senior is averaging 13.7 points per game to lead the squad. After Hamilton is the smooth-striking Serbian Dejan Delic, who averages 9.7 points per game and is the team leader in three pointers made, attempted and three-point percentage.

Chris Kenny struggled finding his shot, but he has come a long way and is now the team’s third-leading scorer with 9.1 points per game. In the three-point win over Quinnipiac, Kenny had a team high 20 points and paced the Hawks for stretches during the first half.

In their latest action, the Hawks played strong first half against Central Connecticut State to pull away.

They outscored the Blue Devils 40-22 in the first stanza on route to 70-53 win in front of a raucous home crowd. The game was a rematch of last season’s NEC tournament final when the Hawks won and advanced to the NCAA tournament. Alston and Hamilton each had 14 points apiece in the victory.

Kenny added 8 points, 4 assists, and 2 steals in the game, and senior Dwayne Byfield added 5 steals.

In the game, Hamilton passed Mustafa Barkadale on the school’s all-time leading scoring list and now is the owner of sole possession of eighth place. He now has 1,154 points. Hamilton also made 4-of-4 three-pointers, giving him 421 career three-pointers.

The Blue and White now sit at 8-0 and atop the Northeast Conference standings. They have won four straight and five of their last six games.

It turns out that the Hawks have been able to answer some of the questions that plagued them in the early season. They have truned the season around by playing Monmouth basketball. They run their motion offense as fluently now as they have in recent memory. The match-up zone is functioning at a very high and effective level.

The Hawks are not relying on merely Blake Hamilton to supply the scoring. He is a solid supporting cast that each has a role.

Alston is making things happen off the dribble and on the boards. Dejan Delic, Chris Kenny, and Dwayne Byfield are finding the outside shooting touch and opening up the lane for Hamilton, Alston, and Brent Wilson, who’s improved play is another reason why Monmouth is undefeated in conference.

Tyler Azzarelli is playing his best basketball since arriving in West Long Branch, and Brandon Owens has provided a spark off the bench.

What remains to be seen is if the Hawks can return to pinnacle of the conference, but their next chance to prove so comes tonight as they take on the team they shared the regular season NEC title with a season ago, St. Francis (NY) in a make-up from Saturday. Tip-off is slated for 7 pm.

One thing is for sure however, the mighty Hawks are back.
Men and Women’s Basketball teams beat CCSU and Indoor Track “running strong”.

Sophomore Marques Alston scored 14 points Monday night helping to ensure the 70-53 win against CCSU. After a rocky start, the Men’s Basketball team has won 4 in a row and is now 5-0 within the NEC.