Big Event challenged by rain in fourth year

Despite rain, 2005 Big Event draws more volunteers than ever before

On Saturday, April 2, Monmouth University held their fourth annual Big Event, where, despite the rain, MU had their largest turnout yet. At the Big Event students perform tasks for local organizations such as clean windows, plant flowers, clean beaches, or paint. This event occurs once a year and is a time for Monmouth students to give back to the community that encompasses their college. Forty groups ranging from the Political Science Club, to the field hockey team to various fraternities and sororities donated their time and energy to helping the neighborhood over 20 different work sites.

The Big Event is a concept that originated at Texas A&M in 1983. The idea traveled to Monmouth University and four years ago the first Big Event was held. The event is “ideal for our school because it brings students together and does something great for the surrounding neighborhoods,” said SGA President Devon Gottschalk.

“This year we had almost 350 people register,” said Gottschalk. “We had the same number of work sites this year as last year. I thought that our numbers would go down because of the rain but it didn’t seem to affect our turnout at all. With that amount of people, some of the jobs were completed very quickly and the groups went to a second or third site to help out...That was we were able to accomplish more for the community.”

Students met up at the student center at approximately 10:00 a.m. where a breakfast of bagels and doughnuts was provided by West End Bagel and Dunkin’ Donuts. From there five busses were used to send students to the different workites, which included the Boys and Girls Club, Campus Outreach, Oceanport Manor, the Big Brothers, Big Sisters organization and the Epiphany House. Laura Evcland, a freshman student and member of the Theta Zeta Tau Alpha hosts Big Man on Campus at Pollak Theater

SGA Senator Jamie Neliga at the Boys and Girls Club of Monmouth County located in Asbury Park.

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Chris Vlosky is a 21-year-old county dropout who cur- rently works in the post office out of the MU Fitness Center. “I tried college, but [Union County College] was like third grade, graduation came, and we measure there, barely went to class and didn’t even get the books the second semester,” Vlosky said. “I left school and I’m making like $30,000 a year.” According to statistics from the 2002 American Census, the aver- age annual earnings of a person with a high school degree is $14,03 ato per hour, as compared to $17,50 and $22,58 for an Associ- ate and Bachelor degree respectively. A Master’s will net you an average of $27,21 and a Doctorate will get its owner an average of $35.15 per hour. In 1970, only about 10 percent of people were earning Bachelor’s degrees from college, and this percentage has increased more than six fold in the past 35 years. The option to attend college is no longer a choice for most people are currently taking. “As more people obtain a col- lege education due to the high return, the return to a four year degree will fall.”

PATRICK O’HALLORHAN MU Professor

Meet MU: Marta Dochniak-Neumann

Marta Dochniak-Neumann

MU Exercise Physiologist

Some time ago we all made a decision on what to major in. We graduated from high school, that we would like to continue our for- mation and finally be right there. If you’re 4 out of your 5 years you are going to spend here and you are broke, hungry and you have a friend who is working and sup- porting himself right now, it might not be the right decision.

As of October 2004, 66.7 percent of high school graduates enrolled in college. The benefits of an education provided by the U.S. Department of Education and the American Council on Ed- ucation, and two thirds of these an- tened a four year college or uni- versity. The primary reason is the all time high for enrollment in colleges, but are all of these peo- ple fully aware of the benefits of the college dream perhaps a well- planned marketing effort pushed ahead by private and public to- wards higher education. The education system, while still living in Poland, Neuan- mann received a Master’s degree and a Ph.D. in physical education while teaching physical education from the Academy of Physi- cal Education in Poznan. She is interested in physical activities, Neumann says the decision to ma- jor in physical education [the academy] gave me an oppor- tunity to gain skills in different aspects and learn more about physi- ological and psychological aspects of human physical performance.”

According to human capital theory the individual and society re- lationship is akin to an investment decision with current costs (tuition, room and board, books, and for- gone earnings) and future payoffs (higher earnings and increased earning potential). Whether going to a four year college is the best option for a career depends on a comparison of the benefits and costs of attending a four year institution, which will be individual specific. For many students, the expected future monetary benefits are larger than the direct costs therefore they continue to go on and attain a four year college. For other students, the costs (direct and indi- rect) outweigh the monetary ben- efits and therefore do not attend a four year college.

Professor O’Hallorhan was then asked if everyone should at least attempt some form of college. “I’d say no. For many, the costs of going to college outweigh the potential benefits of college as a key to higher earnings. Education is a major determinant of earnings, but it is not the only determinant. Some can succeed without a col- lege degree.”

“For example, the MU Exercise Physiologist says it is a “pleasure to work with everyone. She offers or fitness in general she has one or two students, the expected future monetary benefits are larger than the direct costs therefore they continue to go on and attain a four year college. For other students, the costs (direct and indi- rect) outweigh the monetary ben- efits and therefore do not attend a four year college.

Professor O’Hallorhan was then asked if everyone should at least attempt some form of college. “I’d say no. For many, the costs of going to college outweigh the potential benefits of college as a key to higher earnings. Education is a major determinant of earnings, but it is not the only determinant. Some can succeed without a col- lege degree.”

“There are pitfalls to any job and, unfortunately, Neumann’s is no different. “The worst parts of my job are the ‘office’ facili- ties to expand our service.”

 Munich Neumann and Neumann has a 15 year career as an instructor of downhill skiing in the winter and kayaking and hik- ing in the summer; all of which are favorite activities of hers.”

With the amount of people in the world who have diabetes is on the rise every year, Neumann understands how important it is to be active. When asked why she thinks col- lege students do not exercise as much as they should, Neumann re- lied, “college students do not exer- cise because it is not required to do it as a physical education program in their curriculum, specifically in freshmen year of study. This brings up the subject of the dreaded “freshman fifteen.” Fact or fiction? “I think it is a myth. But according to the Tufts study, students do gain weight in their first year of study.” So what are the keys to having a healthy body and mind? According to Neumann, ev- erything is related to understanding and listen to your body. Learn what your body needs and act accord- ingly, regardless of what your next constant education about healthy lifestyles.

After Neumann went on to say that rely on only one form of physical fitness isn’t enough. She advises young people to “find something they like to do, it doesn’t have to be a gymnasium, and then con- tinue to do it regularly.” For in- stance, while still living in Poland, Neumann had a 15 year career as an instructor of downhill skiing in the winter and kayaking and hik- ing in the summer; all of which are favorite activities of hers.”

Marta Dochniak-Neumann can be found in the Monmouth Univer- sity Fitness Center.
The President's Corner

DEVIN GUTHSHALK
SGA PRESIDENT

The months of April and May are historically busy ones at Monmouth, and this year is no different. Here’s what your Student Government Association has been up to and what is coming up in the next few weeks:

- The Big Event was held on April 2. Approximately 350 students signed up to aid 21 surrounding locations in need.
- The campus-wide Tornado Relief Effort has raised $4,000 to date, with the ultimate goal of reaching $25,000.
- The Monmouth Montage, a Tornado Relief Concert, will take place on Sunday, April 17 from 12:00 p.m. - 5:00 p.m. in Anacon Hall.
- Monmouth has recently closed a deal with Pier Village as a housing option for students with 56 or more credits. Pier Village is a luxury apartment complex located on the oceanfront of Ocean Avenue. Information sessions will take place in a few weeks.
- In 2004, there were 102 off-campus instances involving Monmouth students. This year, there have only been 29. This dramatic decrease is a testament to students, who are proving to be responsible neighbors as well as terrific representatives of the university.
- On the federal level, reauthorization of the Higher Education Act of 1965 revises a few troubling issues for college students.
  1. The Perkins Loan program is need based and does not acquire in-service. The Perkins Loan is in danger of being eliminated. Currently, 633 Monmouth students receive aid from this loan.
  2. Proposed changes to tax tables used to calculate Pell grant eligibility. MU students currently receive between $400 and $4,050 from this grant. Depending on your home state of residence, calculation tables are adjusted to the cost of living in your area. Reauthorization to this grant would affect some students’ eligibility.

Which month will you choose to participate in? The task force is working to bring about positive changes to the university. Please feel free to voice your suggestions and concerns.

Thank you for your comments and suggestions throughout the semester.

In response:
- In response to the concern regarding the abundance of college drinking its effect on MU’s social activity, I encourage students to take advantage of campus events, and the like.

We have received suggestions regarding a shuttle service on campus. The idea is being looked into, with a shuttle that will take students from campus to the mall, local stores, Fountain Garden Apartment, and other locations surrounding Monmouth.

Many students have voiced complaints regarding meal plans. Every meal plan next year will have added declining balance dollars with the same amount of meals per semester at the same price.

For your convenience, lockers for students, particularly commuter students, are located on the lower level of the Student Center across from the bookstore. Feel free to utilize them for books and personal belongings while you are on campus.

There was a request for Hawk TV and WMXC to be played in the Student Center cafeteria. Students are welcome to turn on whatever channel they choose on the cafeteria televisions, and we will look into the possibility of playing music throughout the day.

The Outlook
Contestants of Big Man on Campus Raises $2,500 for Breast Cancer

4 April 6, 2005

"It is satisfying to know that over $2,500 will be given to breast cancer awareness to help find a cure to a disease that affects so many people."

JENNIFER KNOEPEL
MU Senior

Senior Erik DiNardo gave a more solemn and serious response. He said he should win the competition because he would donate the grand prize money to Breast Cancer Awareness and explained he had loved ones in his family who fought against the disease. Another intermission took place after round two. A dance contest was held while the men prepared for the final round. Twelve audience members emerged on stage to show their dance moves to different hip-hop songs. In addition, more raffle prizes were given away.

The last and final round was formal wear. This was the opportunity for the men to charm the judges and the audience. They displayed their charming, suave personalities by carrying flowers they were given and passing them on to their escorts while dressing in their best suits. Although this round was labeled formal, there were some shocking surprises.

The most shocking of them all was junior Brendan Kennedy’s response when asked what his ultimate fantasy was. He took off his suit jacket and shirt, had a lady from the audience on stage, poured chocolate syrup all over his chest, and had the audience member lick it all off. Finally the part of the night the audience had anxiously been awaiting: the results. The third place prize went to Kennedy, winning a $25 gift certificate and $25 in cash. The second place prize went to Lutz, winning $25 to Jack’s Rib and Ale and $50 in cash. The first place prize went to Austin, winning lunch for two to Parkhill’s, $100 in cash, and the title of Big Man on Campus.

When asked how it felt to win this title, Austin said, “It feels great. It’s always my dream to wear a tiara and shirt, and to have the audience on my side. It’s always good to win anything, from sports to pageants.”

The success of the event would not have been possible without the support of all ZTA members and the organizations that helped sponsor it. Kacey Irish and Jennifer Knoeppel, ZTA’s co-fundraising chairs, were in the audience cheering for the men. They displayed their charming, suave personalities by carrying flowers they were given and passing them on to their escorts while dressing in their best suits. Although this round was labeled formal, there were some shocking surprises.
FINANCIAL AID APPLICATIONS FOR SUMMER SESSIONS

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Few things are more impressive than a twenty-one year old with her Masters on her way to her dream profession. Meet Neva Pontoriero, a Monmouth University graduate, who is doing just that. Neva graduated from Monmouth in 2003 at the ripe old age of nineteen, earning her B.A. in English. Shortly after graduation, she delved into Monmouth’s Graduate School program for teaching and education, and finished her Masters this past January. Currently working in the writing lab as a learning assistant at Brookdale Community College, Neva credits Monmouth’s programs and faculty with much of her success.

"After graduation, Dr. Blair [a professor in the English Department] helped me find job openings, which lead to my job at Brookdale," says Neva. "The interview process was very intimidating," she admits, recalling a six-to-one person question and answer session. However, Neva was hardly discouraged, and notes being very fortunate in landing the position.

While student teaching for her masters, Ms. Pontoriero lectured to classes made up of about thirty students. As a writing lab assistant, she is able to connect with students one-on-one and focus on their particular needs - a method which she prefers. She admits that writing papers in college was one of her favorite pastimes, and a job helping students do the same is right up her alley. Seeing the student understand, learn and improve is what Neva finds most rewarding in college was one of her favorite pastimes, and a job helping students do the same is right up her alley. Seeing the student understand, learn and improve is what Neva finds most rewarding.

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Commuiting from her hometown of Toms River, Neva first attended Ocean County College at age fifteen for two years before transferring to Monmouth. Now residing in Red Bank, she confesses to preferring working at a community college, hoping to create a bigger impact and raise the level of standards. She also hopes to become a professor at Brookdale or in a high school setting one day, teaching her favorite subject - American Literature.

Ms. Pontoriero credits Monmouth’s undergraduate English program with preparing her for her job in the writing lab, noting that the many writing intensive courses she took were exceedingly helpful. In 2003, Neva was honored with an award given by Monmouth University for Continued Graduate Study in English, and was the only one in the department to receive it. However, the education graduate program is what ultimately lead to her success in the workplace, landing her a job directly after earning her Masters.

Neva admits that she misses going to classes, and regrets not being involved in more extracurricular activities while enrolled. However, she does not regret taking the route she did, as she feels that her undergraduate English courses were “amazing.” Ms. Pontoriero does offer English Education majors some advice -- stating that while the masters program worked to her advantage, getting the most amount of education courses while still an undergraduate is definitely beneficial in preparing for a future career.

Neva is a huge animal lover, and owns three dogs and six chinchillas. She also substitute teaches in her spare time.

While most twenty-one year olds are just completing college, Neva Pontoriero is truly breaking the mold. Her drive, determination and intelligence are deeply rooted, but her foundations at Monmouth University will help to take her as far as she can dream. We wish the best of luck to this bright young woman, and believe that many more years of success are in store.
Growing up, Mangione enjoyed reading and writing outside of her schoolwork, unaware it would be a major part of her career.

"Actually, when I graduated high school, I had originally intended on becoming a marine biologist and moving to Florida to swim with the dolphins and such. Unfortunately, when I found out I had to take a few years of Calculus to do that, I quickly changed my mind." I think when you're young and unsure about what to do with your life, unless you know for sure at a very early age, you tend to gravitate towards what you're good at. The old adage of, 'stick to what you know,' actually taught me an important lesson," recalled Mangione.

She chose to attend Monmouth University. While at Monmouth, Mangione spent most of her time in the Writing Center, either tutoring students or visiting friends who were also tutors.

"It was a nice, quiet place to work so you would have probably found me down there doing class work as well," explained Mangione. "Most of the friendships I made at Monmouth were through the Writing Center, some of which I still hold today. It was a great place to learn, share thoughts and ideas, and even on quiet work days, debate current issues in our country, state, and even Monmouth itself."

During Mangione's time at Monmouth University, she was very active in campus organizations. She was a member of the University Honors Society, the Education Honors Society (Kappa Delta Pi), and a member and subsequent President of the English Honors Society, Sigma Tau Delta, of which she was most proud. She was also an Associate Editor and contributor of the MU Literary Magazine, *The Monmouth Review*.

Studying at Monmouth provided her with, as well as enhanced, the skills she acquired over her four years here. She has used the tools and refined skills to excel in her current career in publishing. Mangione explained working as a tutor in the Writing Center refined her proofreading, analytical, and teaching skills.

The guidance from the former director, Tina Adams (I believe she is now retired), as well as from the other student tutors and professors who also tutored there, taught me how to work with people on a one-on-one basis, a skill that is necessary in any job," said Mangione.

"The teachers here taught me how to analyze the writing process from different perspectives, and also how to take any type of text, dissect it, question it, and understand it on multiple levels. Taking a small piece of writing, or any piece of information for that matter, and being able to analyze it in many ways is also a valuable skill. It has helped me deal with problem-solving issues in the workplace, as well as being able to develop more time-saving approaches to completing tasks. After all, in any company, time is money," stated Mangione.

Mangione encountered a number of great experiences outside of her schoolwork, unaware it would be a major part of her career.

"The day Mangione graduated Monmouth she had dreams of being successful but was unsure of how she would succeed. She studied to become an English teacher, but after an acrimonious student teaching experience, she decided that she was not cut out to be a teacher.

"I knew if I kept working hard and worked for what I wanted in life, that I could be successful. So, even though I didn't have a clear-cut path ahead of me, I had enough confidence to know that no matter what I did (except teaching, of course), that I would be successful," said Mangione.

[See SUCCESS on page 14]
The Big Event at MU
A successful day of community outreach.

Despite the rain, students from all walks of life gathered at the Rebecca Stafford Student Center on Saturday morning to participate in the annual Big Event, a day of volunteering and community service through out the local community hosted by SGA. The day, designed to help town-gown relations, united dozens of organizations across campus with one goal. For the first time in several years, The Outlook partook in this event. SGA, headed by Devon Gottschalk (also Sports Editor at The Outlook) placed hundreds of students at many different group homes, non-profits, and other charitable offices. Students worked diligently from 10:30 a.m. until as late as 4 p.m.

The day is a refreshing reminder that people on our campus care when it counts. While we are so often portrayed as self-centered, rich kids, on Saturday we showed that students at MU do in fact care for the community that stretches beyond the gates of our campus. Organizations such as the ASPCA and the Boys and Girls Club benefited from this service.

The Outlook was paired up with a few girls from Zeta Tau Alpha sorority, and together we put assembled pamphlets at the Big Brother and Sisters offices on Route 35 in Eatontown. The organization places people over the age of 21 with young children who have an absent parent and need a stable, adult role model.

The day was both fun and productive. It was an excellent opportunity to meet some new people at our school as well as help out a local charity. Because The Outlook offices are located in the Plangere Center, while most other organizations are based in the Student Center, we rarely get to interact with organizations that are not paired with the Communication Department. As we sat folding brochures, we had the opportunity to talk to the Zetas and get to know more about their sorority.

Perhaps the best part of the day was the gratitude we received from Deb-bee, our manager at Big Brothers and Sisters. She repeatedly thanked us for our efforts and provided us with a chance to get to know the heart and soul of Monmouth University, while our students had the opportunity to make some new friends and do a good deed.

Special thanks to MU from the family of the late Tom Gonch

Dear Friends of Tom Gonch:

Your expressions of sympathy and caring, love, prayers, and thoughtful gifts have given me and my family enormous comfort over the last several weeks as we grieve the loss of our beloved Tom.

To those of you who sent or brought flowers—their fragrance helps to bring color and brightness to our days and ease our sadness. To those who wrote kind words and sent lovely cards—these comforting words let me know how much you care.

The beautiful book prepared by students and faculty in the music department is a keepsake we will treasure forever. To those of you who shared your stories—I loved hearing what you remember about Tom, how you knew him, and what he meant to you. I treasure the knowledge and understanding that resulted from the shared experiences.

I am grateful for the opportunity to help her and also opportunity to talk to the Zetas about their programs and get to know more about their sorority. Each of us in the room felt a connection to Tom and the family he chose to be a part of, and this connection has been a source of comfort.

In the end, the Big Event was a success. The local community got a chance to contribute to the heart and soul of Monmouth University, and our students had the opportunity to make some new friends and do a good deed.

Love,
Chris Gonch
Pop Culture Assault Music TV

LAUREN BENEDICTI
SENIOR EDITOR

Broadcasting a variety of programs, music videos through charts, various shows to cartoons are the symptoms of television. A person who watches it. Some watch it for VHI, or Bet, they see very similar stuff, often cheap and shallow.

The music industry has grabbed the most powerful device that is television. It is used as a tool for spreading out information, ideas, and appeals. Often times they are silly and ridiculous; nevertheless, they have enormous influence on people who watch it. Indeed, it is the most widespread form of communicating and expressing ideas. Colorful and quick-changing pictures surely affect human personality; it influences the way we behave, dress and live.

Young people tend to be affected by the way they see their TV idols. Just the fact that their TV idols exist. Young people tend to be affected by what we see in the way of TV personalities, as a result of their dress, mannerisms, and the way they dress. TV personalities have become the role models for many young people.

What is important to remember is that TV personalities are not real people. Many of them are really just actors, but they are the role models for many young people. Young people tend to be affected by what they see in the way of TV personalities.

The music industry has grabbed the most powerful device that is television. It is used as a tool for spreading out information, ideas, and appeals. Often times they are silly and ridiculous; nevertheless, they have enormous influence on people who watch it. Indeed, it is the most widespread form of communicating and expressing ideas. Colorful and quick-changing pictures surely affect human personality; it influences the way we behave, dress and live.

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Looking for a Church where you can find a solid ready defense
Watch for our special events during the semester!
Christians on a 24-hour basis, for
faculty, and staff for a prolific scholastic
Orthodox Chaplain at Monmouth
Father Ephraem can be found on campus, or he
can be reached by calling: 732-671-5932

Sunday School 9:30 AM
Reformed, orthodox, Biblical
Sunday Morning Worship Celebration 10:45 AM
Blended, informed, Participating Church Worshipped Center
Want to check us out before you visit? Visit our Web Site
www.mucatholic.org

Looking for a Church where you can find solid answers to
such as long traffic lights and no
parking spots? Sadly, what do we do? Speed! Of course your answer for all of you who find
themselves tardy on a daily basis, getting the stop sign or your car a little more, which then causes the nee-
dle on the speedometer to rise up higher and higher.
Face it, it's hard to leave your house, or wherever you may be,
early enough to get to your class by the time it starts. The limited
amount of unmotorized spaces also does not help. To get to
class on time you may have to leave much earlier than when it starts so you can get
dibs on a parking spot with enough
time to walk into class without the embarrassment of
being tardy.
But do we ever really leave at a de-
cent time, allowing room for obstacles
such as long traffic lights and no
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being tardy.
However, this solution does not always result in a successful jour-
ney to school. Who may appear as an "evil villain" trying to interfere in
acquiring your triumphant car ride may stop you in your tracks.
This "evil villain" is better known as a police officer.
What should you do? Here is a list of Dos and Don'ts that will
help you when pulled over due to a speed-related
speeding ticket.
Marked police car: Stay calm and don't panic. For the police
officer: First and foremost keep your eyes peeled for any police cars or
unmarked police cars to avoid be-
ing pulled over.
In an article from www.nolo.
com, nolo press leading
director of do-it-yourself legal solutions for
consumers and small businesses, says:
"First, make sure your car is equipped with decent mir-
rors that give you an unobstructed
rear view. To this end, periodi-
cally clean your mirrors and rear
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view. To this end, periodi-
cally clean your mirrors and rear
view. To this end, periodi-
clear view."
If your rearview mirror vibrates
while driving at high speeds, try to
fix the problem properly since the vibration will blur the features that
are important to you.
Nolo.com suggests, "Try tight-
ening or slightly loosening any screws on the mirror mounting; if that doesn't help, remove the
screws to add fiber, hard rubber, or even home-made cardboard
or paper washers or shims to
the mounting. Sometimes, you can reduce mirror vibration by moving
your front wheels balanced."
If you see a state trooper on the parkway pull
off onto an exit ramp, it doesn't
mean he won't be back so soon to
throttle your speed up to speed.
State troopers or highway patrol officers
regularly exit and enter the parkway from a nearby on-ramp a
few seconds later.

Calvary Baptist Church
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Occoquan, NJ 07757
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Grace TABERNACLE Church
16 Beechwood Avenue
Wilson Hall Chapel
Meeting for All Students
Looking for a Church where
you can meet newly Christian singles and
and fellow alumni?
Looking for a Church where you can find solid answers to
these probing theological questions?

How to avoid a speeding ticket
Steps to preventing this undesirable predicament.

"Do we ever really leave at a
decent time, allowing room for
obstacles such as long traffic
lights and no parking spots?
Hardly. So what do we do?
Speed! However, this solution
does not always result in a
successful journey to school.

With your false sense of secur-
ity at having seen the police
officer exit his cruiser, you may be
enough behind so that you won't
notice, but still close enough to
see your officer ahead of you get off the
highway, take a heightened inter-
rest in your rearview mirror for the
next few miles," says Nolo.com.

Try to stay out of the far-left
position and be less obvious because
that's where officers usually look for the
faster drivers.

Using your headlights in the
daylight while barneling down
the fast lane which is a sure sign of a
speeder who wants slower traffic
to get out of his way.

Avoid unusual car decor-
ations or adornments. Anything
more you introduce to the
roads: The best way to avoid get-
ing pulled over in the first place
is to remain throwing evidence for
yourself.

It's April. It seems to be getting
colder and harder to draw yourself
to your jogger outfit and to be slowly
coming to a close along the
grounds. Are you ready?

Do you find yourself waking
up a little later in the morning? Is it
difficult to get yourself out of
bed in the morning to get to your class
on time, forcing you press down on
the gas pedal of your car a little
more, which then causes the nee-
dle on the speedometer to rise up
higher and higher.
Face it, it's hard to leave your house, or wherever you may be,
early enough to get to your class
by the time it starts. The limited
amount of unmotorized spaces also does not help. To get to
class on time you may have to leave much earlier than when it
starts so you can get
dibs on a parking spot with
enough
time to walk into class without the embarrassment of
being tardy.

But do we ever really
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throttle your speed up to speed.
State troopers or highway patrol officers
regularly exit and enter the parkway from a nearby on-ramp a
few seconds later.
During her special presentation, Kate Bornstein will be speaking at Monmouth University this Friday, April 8, 2005 at 7:00 p.m. in Anacon Hall (second floor of Rebecca Stafford Student Center). Tickets are $2 in advance and $4 at the door, and all proceeds benefit GLSEN, a high school gay-straight alliance education effort.

Kate is unique in that she has lived life as both a man and a woman and can share the experience of each gender identity. She allows the audience to get inside the head of a transgender person to understand the identity confusions and extensive personal exploration that happens to those who experience gender identity conflict.

Hearing these stories not only provides us with great opportunities to appreciate numerous aspects of life but also helps us to understand one another in a way that promotes tolerance, acceptance, and harmony. It’s all part of the diversity equation, folks – stepping outside the comfort zone, opening the mind to educational opportunities (forums, guest speakers, events, etc.), and learning to live and let live.

Now to some advice outreach!

Dear Joey C,

I have been living with my best friend for the last three years. She and I get along great with one exception. Every time I come home from school starving I reach into the refrigerator and to my dismay what I wanted to eat is now missing!

We have a group of mutual friends (a.k.a. the fridge bandits), nevertheless I feel like it is my roommate’s responsibility to tell them, “If you eat it replace it, or don’t eat it at all.”

What can I say to her to make her understand?

Respectively,

Starving and Hungry

Dear Starving,

It’s simple really - adopt an extremely healthy diet that consists solely of health food store goods. The more soy, barley, spelt, crispy brown rice, butterbeans, and lentils stored in the fridge and cupboard, the less appetizing your food will appear to hungry third party eyes and the more of it that will remain for you!

If the whole foods trend isn’t your bag, try this: Have a friend spend the night and use your roommate’s goods. Let them use her shampoo and leave the top off, use her toothpaste and leave the cap off with crust forming at the tip, etc. When she confronts you, bring up the food issue and call a spade a spade. If this doesn’t resonate with her, place “NOT YOURS” Post-its on your food with graphic threats of retaliation. I wish you well.

Till next time kids, keep an open eye, an open mind, and an open heart. And when in doubt, Joey C’s got the cure. Holler at your Hawk! ;-)
Grey’s Anatomy resuscitates Sunday night TV

The cast of ABC's new medical drama, Grey's Anatomy.

Since ER's inception in the early nineties, no other “doctor show” has been able to captivate an audience as consistently as Grey’s Anatomy. It is the mix of drama, romance, comedy, and action, in conjunction with excellent actors and terrific writers, that make ER such a phenomenon.

In an unrelated story, ABC has yet to find a show to adequately fill their Sunday night time-slot, formerly inhabited by The Practice, before its brutal cancelation by cheap network executives. At the end of season seven, the network made the decision not to renew the contracts held by Dylan McDermott, Lara Flynn Boyle, Kelli Williams, Marla Sokoloff, and Lisa Gay Hamilton. The show went on for another season without them, but it never regained the viewers or the applause it once had.

In a recent act of redemption, the ABC network has combined the concepts of “doctor show” and “ensemble comedy” with their greed for high ratings to form Grey’s Anatomy, the saving grace of Sunday night television. Cristina Yang (Sandra Oh), Isobel Stevens (Katherine Heigl), George O’Malley (T.R. Knight), Meredith Grey (Ellen Pompeo), and Alex Karev (Justin Chambers) are five first-year surgical interns at Seattle Grace Hospital in Washington. Working in a highly competitive atmosphere with the possibility of failure lurking around every curve, curiosity is completely focused on their career, leaving no room for love and no time to make friends.

Their days consist of examining patients, running tests, shaving patients, operating on procedures, and catching a nap wherever they can. This chaotic schedule, interspersed with moments of euphoria and desolation, lead the interns to eventually learn how to support, form, and forcefully understand only by those in the same situation.

The pilot episode, which aired on March 27, introduced the show and set up an individual storyline for each of the characters. Cristina is a determined, no-nonsense surgeon whose job is her life. Isobel is a compassionate intern who just moved to the city and is trying to acclimate to the fast-paced and vicious medical atmosphere. George, stills lives with his parents and wants more than anything to be not labeled “the other” of the Caucasian intern’s family. Alex Karev has no business meshing in with the Chipmunks soul-stirring last bit of emotion at-stones, lead the interns to eventually learn how to support, form, and forcefully understand only by those in the same situation.

The outlook for at least the next couple months. Miranda Bailey (Chandra Wilson) is one of the senior residents who has earned the nickname, “The Nazi” for her love of rules, structure, and order. Derek Shepherd (Patrick Dempsey) is an intelligent, good-looking surgeon who is tricky, without much success, to win the affections of Meredith after a drunken one-night stand. Then there is Preston Burke (Isaiah Washington) who doesn’t have time for anyone or anything. He is a good sort, but his lifestyle is quite portentous and self-centered. On this show, every character has a secret that they are afraid to reveal, and the smart style of a Chipmunk, suitably the interns. Sex scandals to sick parents, the interns are afraid any information given could be used against them. Medicine, they believe, is a cutthroat practice and one’s personal life is a vault of secrets that can only be opened with time and trust.

Grey’s Anatomy is a rarity in television today. It is a show of substance, not sex. It has funny and thought-provoking anecdotes, no just a laugh track. The most unique quality Grey’s Anatomy possesses is its realism—no patient survives and not every problem gets solved.

The show is also very realistic as it takes the viewer through the trials and tribulations every intern experiences. It shows the pressures, stress, and inadequacies each intern feels throughout the day as they desperately try to keep their sanity. The operating scenes shown in the program are graphic enough to keep the storyline genuine, but not over-the-top.

The characters’ different personalities complement each other beautifully as well as the comfort they seem to have on the set. The chemistry and one-person moment on Grey’s Anatomy. It is a show where the stakes are high, the rewards are great, and the fear is unadulterated.

The first two episodes of this season differ slightly from the others. Thankfully, the ABC network has an order for 13 episodes which means Grey’s Anatomy will be shown on Sunday nights at 10 p.m. for at least the next couple months. After that, viewers will see if the truly deserving show will be renewed for another season.

Grey’s Anatomy reveals the truth: hip-hop is more than what the radio is giving you these days.

Boston DJ and entrepreneur Clinton Sparks ‘brainwashes’ hip-hop with first official release

Clinton Sparks seems to think that you may have been brainwashed by the radio, and he has the perfect solution to cure you – brainwash you again, in his own DJ Clinton Sparks sort of way. Though the Boston-bred Sparks has held down the mixtape game for years now and even developed one of the top tape-selling websites on the Internet (MixUnit.com), he still makes sure to include his now-infamous “Get Familiar” baby-voiced tagline with every record he produces or brings to the masses. And his new Maybe You’ve Been Brainwashed official mixtape (KOCH Records) is no different with Sparks presenting a solid and formidable line-up of tracks that introduce you to the production of the man, who quite frankly, hardly needs introduction these days.

Combining samples from Notorious B.I.G.’s “Kick in the Door” with the haunting strings of hip-hop violinist Miri Ben-Ari on “Run This City” provides just enough energy to get P. Diddy to spit some of his most aggressive and hungry lyrics in years. Likewise, the upbeat banter that Sparks delivers on “Let It Go” sees Nature and Noreaga trade quick-hitting and vicious, albeit sometimes ridiculous, rhymes heard rarely from either since the Capone-N-Noreaga War Report. Joe Budden rehashes every-thing from his Def Jam label situation to his family troubles to his bout with depression on the in-

Maybe you have been brainwashed to think otherwise, but one listen to Clinton Sparks’ Maybe You’ve Been Brainwashed reveals the truth: hip-hop is more than what the radio is giving you these days.

Clinton Sparks’ first official release, Maybe You’ve Been Brainwashed
The chicken and spinach pie is served warm pita bread into it. It has the consistency of layered eggplant, potato, ground meat and béchamel sauce. This isn't just another Greek restaurant serving Greek salads and grilled feta cheese. The variety is endless and varies from hot and cold appetizers to salads, pizza, peinirli, souvlaki and seafood. It’s one of our most popular dishes, along with the moussaka,” said John.

Moussaka is a traditional Greek dish of layered eggplant, potato, ground meat and béchamel sauce. This is an opportunity for Korellis to show off his character’s thoughts. At first it’s irritating, but then not as noticeable. In the middle of a conversation, call (732) 275-0036 or visit www.itsgreektome.com for more information.

Sin City is an adaptation of several graphic novels by Frank Miller. It translates to the screen as collection of a few stories loosely tied together in Basin City, a large metropolis where corruption festers, crime rules and violence knows no bounds. The two things that people will continue to talk about when discussing Sin City are the originality of the cinematography and the violence. And remember, kids; there’s no such thing as too much violence. It only takes a couple minutes to experience both in Sin City.

Here’s the current lineup: the top of a building downtown, a black and white skyline, rain, and a beautifully young woman in a bright dress with full red lips and bright green eyes. And then comes Josh Hartnett. He sweet talks her for a few minutes, and they eventually kiss. Then he shoots her with a silenced gun.

It was only the introduction.

Hartigan (Bruce Willis) is the main character. Hartigan was an ex-cop in Sin City. He plays an over-the-top, straight as an arrow cop with a heart condition who is on the brink of retirement but is determined to save the life of one 11-year-old girl named Nancy. She’s very young, and she’ll soon be abused, raped and killed by her stepfather, Nick (Clark Gregg).

In the process, Nancy is saved and Hartigan appears to be dying from his heart condition. But Willis justifies his dying by saving her. Nancy grows up to be the totally new-linear sequence of events in Sin City. And there’s enough blood and gore in Sin City that Quentin Tarantino’s influence is difficult to do without, but he is listed as “Special Guest Director” – what that means.

Frank Miller is listed as the director, along with Robert Rodriguez and Quentin. But, Rodriguez is also credited as writer (for the screenplay), producer, cinematographer and editor on this film. So, Frank Miller’s Sin City? Perhaps.

The cinematography is very imaginative and creative, but not every scene is about a cop. It’s a cop is unknown to Dwight and the King. Marv is no stranger to back-alley bravado and will do whatever it takes to get what he wants. But he is listed as “Special Guest Director” – what that means.

The carnage on the screen is not black and white. Color is used often, both in costumes and relationship abuse. That’s what takes this idea further is the non-linear sequence of events in Sin City. And there’s enough blood and gore in Sin City that Quentin Tarantino’s influence is difficult to do without, but he is listed as “Special Guest Director” – what that means.

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ATTENTION
MONMOUTH UNIVERSITY STUDENTS

ALUMNI SCHOLARSHIP AVAILABLE

If one or both of your parents graduated from Monmouth, you qualify to apply for a special scholarship award from the Alumni Association.

The $1,000 scholarship is awarded based upon academic achievement, school and community service, and leadership as judged by the Alumni Association Awards Committee.

It is a one-year only award. Applications and related materials are due in the Alumni Office by June 30, 2005.

Two students will be selected to receive Alumni Association awards for the school year 2005-2006.

Application forms are available at the Office of Alumni Affairs, located in 320 Wilson Hall, the Information Desk at the Student Center, and the Financial Aid Office.

Pick up a form today!

MU graduate takes bachelor’s degree to new heights in publishing

[SUCCESS from page 7]

Mangione luckily landed a position at her current job out of college on her second interview. "Since I began working there in July 2001, my duties have progressed from simply proofreading articles and advertisements as well as providing customer service for periodical subscriptions, to assisting with management of production schedules, working with our columnists and authors, helping with page layout and design and generally managing the ebb and flow of all materials as they go through the layout, design, proofreading and publication processes," explained Mangione.

In addition, shortly after obtaining this job, she was given the opportunity to write a quarterly column for their periodical. "The thought that I was actually a published writer was very exciting for me and every time I read my column when it appears, I still can’t believe it’s true. Unfortunately, because I am usually needed in other areas of production quite desperately, it has recently only been included when I have extra time to write," said Mangione.

Mangione went on to explain, "Since I began working at CFA, our department’s needs have increased tremendously. "Through training by my co-workers and my ability to learn new skills, I was able to take on a greater number of responsibilities in our department, all of which I still retain. The publications department publishes a bi-monthly magazine and an annual Yearbook (which is in production for almost an entire year before it is printed) and not many people realize that there are only five people that do all the work, myself included."

Mangione hopes in ten years she will still be successful and, above all, happy. She hopes to complete a master’s degree, but is unsure, however, if she wants to pursue English, writing, or something in publishing.

Her ultimate dream job is to become a music journalist or a featured columnist and writer for a magazine. "I’m not sure exactly in what direction my career will take me, so I’m open to anything. And, I think at some point, almost every English major dreams of writing ‘the Great American Novel’ which, I will admit, crosses my mind from time to time," explained Mangione.

She creatively writes both prose and poetry on her own time, but not as much as she would like. She also spends her free time enjoying films as well as playing billiards and cards, currently Rummy 500 and Texas Hold ’Em poker.

In addition to her successful career since Mangione has left Monmouth, she also became engaged three weeks after graduation in June 2001 and was married during Memorial Day weekend in 2003, turning her maiden name of Kolutch to Mangione. She currently has no children but hopes to have some in the future.

Her advice she offers to Monmouth students is the harder you work, the more it will pay off when you receive your diploma. She also advises not to be afraid to question everything.

She explained, "There are times in life when there is no distinguishing right or wrong answer, or point of view; there is, most likely, the answer you are told is ‘right’. Don’t be afraid to question the ‘right’ or ‘wrongness’ of anything. You would be amazed how independent thinking and always asking ‘why’ can lead you to some astounding conclusions.”

In the words of the great music icon and legend John Lennon, an important quote Mangione lives by is, “Life is what happens while you are busy making other plans.”

Spring Symposium
April 22, 2005

Keynote Address
Moving to Inclusion: Making Our Minds “Ripe” for the Journey

Dr. Sylvia S. Martin, Monmouth University
Dr. Randy L. Seecers, University of Houston-Clear Lake

Director
Lynn Romeo
State of NJ Professional Development Provider #135

Program Schedule

8:30 am - 9:00 pm
Exhibits
Posters
Registration
Refreshments

Anacon Hall, Student Center
9:00 am - 10:15 am
Keynote Address
Wilson Hall

10:30 am - 11:45 am
Workshop I

11:45 am - 12:15 pm
Exhibits
Posters
Refreshments

12:15 pm - 1:30 pm
Workshop II

Workshop I
In-Class Support for Inclusion Classes
Kim Oude, Monroe Twp High School
Teaching Math For Understanding in an In-class Support Classroom
Dionne Charra, Perth Amboy Public Schools
Vicky Pallara, Perth Amboy Public Schools
Creating and Facilitating a Literacy Environment Across Content Areas
Grades K-4
Dochrome Edema, Marlboro Twp Public Schools
Writer’s Workshop: An Integrated Approach
Across the Elementary Curriculum
Kim Reyer, Monmouth University
Phonological Awareness: What, Why, and How?
Grades 1-5
Janice Migliozzi, Monmouth University

Workshop II

For information Call: 732-571-3437 or
email: lnrome@monmouth.edu
**WMCX acknowledged by national award**

[From WMCX on page 1]

**Outlook!** ships and up to ing each of our Schools."

By offering each of our 'Bayliss Schools' up to 10 internships and up to two scholarships, the Bayliss Foundation will command attention from the leadership and faculty of each school."

CARL BUTRUM

Board president

**Terri Schiavo dies after nearly two weeks of starvation**

[ SCHIAVO from page 3]

Her parents had no say. "I don't think the husband should have had that decision because he seemed sketchy like he had alternative motives," said junior Ryan Placatta.

Michael Shiao not only had the decision of removing the feeding tube, but the decision of how often Terri was distributed Holy Communion, if the parents could even attend the funeral, and where she would be buried. The parents of Terri Shiao have stated that Michael should not be able to make these life or death decisions for a wife he is "cheating on" her by having a new girlfriend and having two kids with her. They have wanted Michael to divorce Terri but he refuses because he wants to "give her her last wish.

He states that his new family "does not have any say because she did not like her weight."

Her parents had no say. "I don't think the husband should have had that decision because he seemed sketchy like he had alternative motives," said junior Ryan Placatta.

Michael Shiao not only had the decision of removing the feeding tube, but the decision of how often Terri was distributed Holy Communion, if the parents could even attend the funeral, and where she would be buried. The parents of Terri Shiao have stated that Michael should not be able to make these life or death decisions for a wife he is "cheating on" her by having a new girlfriend and having two kids with her. They have wanted Michael to divorce Terri but he refuses because he wants to "give her her last wish.

He states that his new family "does not have any say because she did not like her weight."

Terri Schiavo was a practicing Roman Catholic before her collapse. The Vatican and the Pope declared their disagreement with the removal of the tube. President Bush stated that in any life or death decision, life should be the first choice.

"A mother knows her child, and nobody else should be able to make those decisions," stated Clark (www.cnn.com). Terri Shiao died of starvation because of the removal of the feeding tube and helplessness. Ironically, this all started because of an eating disorder because she did not like her weight.
Upon graduation, many students drift away from the experiences they had while in college. Our graduates obtain jobs, go to graduate school, and usually grow up. Many of our alumni become unattached to the activities they once were part of. While some memories of experiences at Monmouth will last, some seem to stay quite like the ones of studying abroad. Josh Melh and Dan Pitre both studied at Regent’s College London, in England in the fall of 2002. Each had an amazing experience and were willing to share some insight with the rest of the Monmouth community.

Josh, a 2004 graduate who majored in history and education, currently teaches in Freehold Township High School. He says his desire to see the world and being a fun is what drove him to Robyn Asaro’s office (coordinator of the Study Abroad Program). Aside from traveling and studying, Josh joined the local football (soccer) team, which included Woody Harrelson, star of the hit show Cheaters.

As an education major, Josh was able to learn new methods of teaching styles. Because Regent’s College is host to many international students whose first language is not English, he was able to see what it was like for ESL (English as a Second Language) kids to fit in the classes. “The biggest part is the understanding of their culture. I was surrounded by every culture of the world while I was abroad. I think because of that and playing soccer with international teammates, it really provided me with a greater appreciation for each individual culture and religion I encountered. Now with my ESL students, I feel I can try and relate to them.”

Josh also allows his students to view some of his photos and hear stories from his times in each country. He has noticed students take more of an interest when knowing their teacher has been to the places being taught. “I feel I have a major advantage over teachers who have been abroad. When we discuss Rome, London, France, etc, I can remember being there vividly, it really helps me give students a more accurate picture of the world compared to textbooks,” states Josh.

Dan Pitre, a 2004 graduate who majored in psychology, currently on track to get his teaching certificate, states his reason for going abroad. “It seemed this would be the only opportunity I would have to go to Europe and be able to see different countries while I was young enough to have the best chance. I had no job to go home to, no family to bring along. I could just go and have fun with others.” Asked how he plans to apply what he learned to his career, Dan exclaims, “I stood in the Coliseum, Anne Frank’s attic, the Acropolis, the Globe Theatre, viewed the Sistine Chapel in Italy, the Mona Lisa, William Wallace’s monument, the Tower of London, changed of the guards, and saw so much more. When I teach my students about these subjects I will have a credibility not many other people will have; I hope my being there, showing photographs, and telling stories will have them eager to learn about these subjects.”

How many times do you remember sitting inside of your elementary or high school classroom, not having a care in the world about what you are being taught? Had you known your teacher stood inside of the Coliseum, wouldn’t you have been more interested in what it was like? If you attended Catholic school, wouldn’t you be interested to know what it was like for your teacher to stand inside of St. Peter’s Basilica? If you were in an art class, don’t you think having your teacher stroll through museums such as the Louvre, the Van Gogh in Amsterdam, the Louvre in Paris, and the Sistine Chapel in Italy would be of interest to you?

Won’t it be more interesting if physics teachers talked about what it was like to see the Leaning Tower of Pisa in Italy? Have you had law or philosophy teachers explain what it was like to be in Athens? Could you imagine how much more exciting learning would have been had your history teachers been at Waterloo, Ghent, the Highland’s in Scotland, saw remnants of the Berlin Wall, Checkpoint Charlie, toppled remains from WWI, and so much more?

Let’s face it: we live in an era where obtaining a job isn’t really the easiest task to complete. By studying abroad you offer your potential employer something much different than other applicants. “Every professional I have spoken with agrees my studying abroad is unique and gives me an edge on other applicants,” Dan exclaims. Josh also notes, “I think it definite- ly helped me when I mentioned the places I had been through study abroad. The interviewers seemed more responsive to what I had to say because of it.”

The biggest deterrent of a student not studying abroad is nerves. “Josh and Dan say they have made new friendships that have lasted since their return from London. Neither has a better time going to college than in London. What made the trip worth it for each of them was who they met, what they did, where they went, and what they saw. To the Monmouth community Josh says, “Going abroad changed my life, the way I look at the world, and the opportuni- ties that I have gained both financially and professionally. I would encourage everyone to go to some point.” Dan offers similar advice for the MU community, “You should study abroad because it’s a great opportunity, and it will stay with you for your whole life.”

Many students don’t realize how interesting studying abroad can be in the long run. Potential employers are often impressed with an individual who studied abroad. Monmouth offers three excellent programs to London, Sydney, and Madrid. Go to the Study Abroad Office (3rd floor in the Student Center) and see what classes are offered, what past students have said, and see photos. This really is an opportunity that will benefit you once you graduate. Become part of this program and allow yourself to be one of the more interesting job applicants in your future.
CAMPUS VIEWPOINT
BY: SUZANNE GUARINO

“Do you look down on students who choose to spend 5 years in college before graduating (super seniors)?”

York - freshman
“Nah, if you got the money why not live up the college life.”

Anthony - freshman
“No, because someone who rushes their college experience misses out on the good stuff.”

Jaclyn & Taryn - juniors
“No! We’re don’t it Van Wilder style! (but we’re smart blondes)”

D tep - freshman
“College is the best time ever. The longer the better. Nah mean?”

Gina - freshman
“Of course not. No one cares how long you’ve been here.”

Chris - sophomore
“Absolutely not... leaving college early is like leaving a good party at 9:30.”

Dusty - sophomore
“I don’t look down on anybody... gotta do what ya gotta do.”

Stephanie - junior
“No, because it is difficult to finish a program in 4 years.”

Mary - sophomore
“No not at all, everyone moves at their own pace; you’re still graduating college.”

Bill - freshman
“No, because I will probably do it in 6 years”

QUESTIONS CALL 571-3586
TTY CALL 263-5795

MONMOUTH MONTAGE
Sunday, April 17, 2005, 12:00 p.m. - 7:00 p.m.


Concert benefits the Tsunami Relief. Tickets are $10 each. Tickets on sale at the Rebecca Stafford Student Center Information Desk.

OFFICE OF STUDENT ACTIVITIES AND STUDENT CENTER OPERATIONS
2ND FLOOR, REBECCA STAFFORD STUDENT CENTER

FREE MOVIE AND POPCORN!

Meet the Fockers
Young Auditorium, Bay Hall
Friday, April 8 @ 8 p.m.
Saturday, April 9 @ 9 p.m. (NO SATURDAY MATINEE)

Young Film Series
Thursday, April 13 @ 8 p.m.

Spring Film Series
Friday, April 8 @ 8 p.m.
Saturday, April 9 @ 9 p.m. (NO SATURDAY MATINEE)

SLAM
Share your stories and hearing others. An opportunity for the expression of self.

FEATUREING:
HELENA D. LEWIS

Tuesday, April 12
7:00 p.m.
Rebecca Stafford Student Center
Java City Cafe

Brought to you by:
Office of Student Activities
Student Center Operations
Monmouth Review
Winter Rental
Monmouth Beach - 9/1/05 to 6/30/06
$1,750 a month
5 Bedrooms, w/d, Eat in Kitchen,
Dining Room, No Pets, No Smokers
732-222-3913

Winter Rental
West Deal - Sherman Ave
Split Level,
3 BRs up - 2 down,
C/A, 2 1/2 Baths, EIK, LR,
D/R, LG Den, LG Backyard.
Call 212-575-0045
or 732-718-3239

Winter Rental
New 5 Bedroom, 2 1/2 Bath
Located Close to Campus
• New Furniture
• Large Deck and Backyard
• Finished Basement
• Privacy Driveway
• No Pets
Available from Sept 15 till May 06
Call 718-375-8833
917-612-5176 (cell)

Babysitter Wanted
Work-at-home mother looking for responsible, fun-loving student to care for 3 girls in Little Silver home. 10-20 hours per week/year round. Experience and References Required.
If Interested please contact,
732-741-1395

Electric Beach
Cobblestone Village
871 West Park Ave • Ocean Twp.
732-493-9010
SPRAY TANNING
$25.00 Per Session
Students $5.00
Per Session
$33.00 Monthly Unlimited
No Session Fee
Students Must Have Valid ID
Expires 04/13/05.

WWW.SEFAN.ORG: WEB SITE TO HELP FIGHT HUNGER
The Statewide Emergency Food and Anti-Hunger Network (SEFAN) has launched a web site to help address the growing problem of hunger in New Jersey. By logging onto www.sefan.org and clicking onto “Pantry Link” you can find out about local food pantries, soup kitchens and shelters that serve meals in your community. The web site lists volunteer opportunities as well as items needed such as non-perishable food and baby products. By helping your local emergency food provider, you will be helping to fight hunger in your community and in New Jersey. So log onto www.sefan.org and click on “Pantry Link” today!

Receptionist Wanted
For Bed & Breakfast In Spring Lake, NJ
Do you want a challenging job with the opportunity to earn, learn and have fun in a beautiful work environment near the ocean and beach?

Ashing Cottage Bed & Breakfast in Spring Lake, NJ needs a receptionist to work part time, starting immediately, through the summer & fall seasons. Hours can be somewhat flexible when coordinated with the flex-hours of the other receptionists. See website: www.AshingCottage.com

Key Skill & Experience Preferred:
Familiarity with office equipment & processes
Interpersonal skills:
Answering phones
Taking reservations
Checking-in guests upon arrival

The owner and experienced receptionists will provide on-the-job training to teach the office processes, tools & techniques. The owner will offer competitive pay rates depending on experience.

Call Ashing Cottage at 732-659-3329 (Cell phone) for more information and to set up an interview. You can also e-mail the owner at: adorders@verizon.net
Today’s Birthday (April 6th)

You’re usually too busy to spend much time in peaceful contemplation. This year, however, that will be the most valuable time of all. Ask questions that don’t, at first, appear to have logical answers.

To get the advantage, check the day’s rating: 10 is the easiest day, 0 the most challenging.

Aries • (Mar. 21 - April 19) - Today is a 6

It’s not a good day to travel. There’ll be too many complications. You’ll have enough on your mind if you hide out and go through your lists, instead.

Taurus • (April 20 - May 20) - Today is a 7

Confer with a person who’s got the technical expertise you lack. You may be planning to spend more than necessary, and you’d hate that.

Gemini • (May 21 - June 21) - Today is a 7

Be alert, and try to see things from many points of view. You can act as translator and mediator for people who can’t get along.

Cancer • (June 22 - July 22) - Today is a 6

The answer to your question may be found the next county over. Don’t go there; you can’t afford to take the time. Do make inquiries.

Leo • (July 23- Aug. 22) - Today is a 7

You’d like to give a loved one something special, but the odds are high you’ll pick an item that’s not quite right in some way. Best to take the recipient along when you go shopping.

Virgo • (Aug 23 - Sept. 22) - Today is a 7

You’d like to buy your loved ones the Sun and Moon and Stars. Miniatures are a better idea, or offer a rain check. You’re a little short on cash.

Sagittarius • (Nov. 22 - Dec. 21) Today is an 6

You don’t have much patience with whiners, and you’ll be even more disgusted if the person complaining is you. Let loved ones talk you out of a stinky mood.

Capricorn • (Dec. 22 - Jan. 19) - Today is a 6

You’re about to drop a preconceived notion. It got you this far, but now it’s time to let it go. You’ve learned enough to start moving up to the next level.

Aquarius • (Jan. 20 - Feb. 18) Today is a 7

There’s instability around your financial situation now. It’s not a good time to buy, sell, loan money or start a new job. Take care.

Pisces • (Feb. 19 - Mar. 20) Today is a 6

Some of the ideas you come up with seem almost bizarre to others. That’s partially because you have trouble explaining a complicated concept. Wait until you can show them.

By Linda C. Black, Tribune Media Services
ATTENTION HONORS STUDENTS

SEMINAR REQUIREMENT!

As you register for next year's classes remember that you are required to take ONE Honors Seminar to complete the Honors Program, as well as Senior Honors Thesis. Only in this manner will your diploma and transcript be noted as "Graduate of the Honors Program."

Honors Seminars for next academic year are as follows:

FALL '05
HS 298 01  Propaganda and Censorship - Professor Dorment
WF 10:00 - 11:15

HS 298 02  Oral History: Experience and Role of NJ Italian-American Community in World War II - Professor Douglass
MW 11:30-12:45

SPRING '06
PL 202H 01  Great Issues in World Philosophy - Professor Schwerin
MW 11:30-12:45

Mental Health Screening

For Anxiety and other Mood Disorders

You can:
- WATCH A VIDEO
- RECEIVE SELF-HELP INFORMATION
- COMPLETE A QUESTIONNAIRE
- GET IMMEDIATE FEEDBACK
- RECEIVE A MINI MASSAGE*
- ALL OF THE ABOVE

* You must complete the questionnaire to receive a massage. Massages will be given to a limited number of participants.

Monday, April 4th
10AM-4PM
Student Center, 202A
TELL A FRIEND! WE HOPE TO SEE YOU THERE!

SPONSORED BY COUNSELING AND PSYCHOLOGICAL SERVICES

If you have a disability that requires accommodations, please call us at 732-571-7517.

The Majority of MU Students Know the Latest Trends

Drinking Too Much Is Not In Style

Knowing you don’t have to take it too far to have fun is...

The Social Norms Project is sponsored by The Office of Substance Awareness & funded by the NJ DHSS & Rowan University

"Out of Style" Not everybody wears Ugg boots & denim minis...

"In Style" Why are you calling me? Are you drunk? This is why I broke up with you!!!

Not everybody drinks themselves stupid...
Sport

Lacrosse runs win streak to five straight

Eo O'Connell Staff Writer

Success only breeds more success, and winning never gets old. That cli-
ch is as old as sports and competi-
tion is, but it is very true; case and
point is the Monmouth University
lacrosse team.

The ladies that help turn Kes-
elor Field from a football field into a
lacrosse nook have enjoyed much
success under fifth year
Head Coach Sue Cowan-Perfetti and
and they show
no signs of slow-
ing down.

Getting back to
the 2003 season,
the Hawks have
gone a combined
15-2 in Northeast Conference play,
counting this year’s 2-0 conference
start, and 10-6 at the friendly con-
fines.

Coming into this season, the
Hawks had to replace two of their
top three leading scorers from a year
ago in graduated seniors Stacey Sy-
dio and Laura Levins. Gone from last season’s team are their
combined 76 goals and 25 as-
sists. But as said earlier, this Monmouth
team is just that, a team.

“Right now I feel like the team
has fallen into its groove. Everyone is
playing together and playing together
well. I think we are all just having
a lot of fun and that is helping us win.”

JEANETTE STOTT
Junior, MU Lacrosse

So far this season, twelve Hawks
have tallied points, including eleven
different players scoring goals. The
Hawks are flying high, cur-
rently riding a five-game win
streak.

During the streak, Monmouth has
outscored their opponents by a com-
bined score of 83-37, including scor-
ing at least 13 goals a game.

“Right now I feel like the team
has fallen into its groove,” added Stott.

“Everyone is playing together
and playing together well. I think we
are all just having a lot of fun and that
is helping us win.”

The Hawks two most recent wins
in their five-game winning streak
have been over Northeast Confer-
ence opponents Wagner and Central
Connecticut State.

Against the Seahawks of Staten Is-
land, Monmouth was led by Raveia,
who had five goals, and junior Erica
Evangelisti, who had four goals and
two assists.

The Monmouth balance was again
at work, as three other Hawks regis-
tered hat tricks- Stott, Degen, and
Nutter all tallied three goals apiece
in the win.

In their most recent win over the
Blue Devils from the Constitution
State, Monmouth was led by Stott’s
three goals and five assists.

Degen added four goals and a
grant and aspiring to make the North-
east Conference Championship
for the second straight season.

They currently sit at 6-3 overall,
and 2-0 in the NEC. Monmouth is
no stranger to success or hard work.

The Hawks know what it takes to
grow up, traveling to

Wasted out weekend for Hawks

Busy week to come for Men and Women’s Tennis.

CRAIG D’AMICO
SPORTS STAFF WRITER

After a weekend where you were
perhaps one more inch of rain away
from gathering up two of every
animal and heading for an ark, the
Hawks men’s and women’s tennis
teams were left inside watching the
raindrop concerts during their weekend
schedules.

The Men’s Tennis team was able to
fit a match in on Wednesday, as they
taveled to the Greenshounds of
Loyola (MD) where they suffered a
7-0 defeat.

Matches that were scheduled on
Saturday against Northeast Confer-
cence foe St Francis, PA and Fairleigh
Dickenson were postponed. No
makeup date has been announced as
of this writing.

This upcoming week will be a busy
one for the men, with four matches
scheduled starting with a Monday,
April 4th at Sacred Heart, followed
by a three match home-stand, on the
6th against Rider, the 8th against
Wagner, and the 10th at home versus
Quinnipiac.

For the women’s team, they were
ruined out of their only scheduled
match of the week Saturday at
the USTA National Tennis Center
against Long Island University.

“It is a fabulous experience to
be able to play on the courts of the
US Open and to be part of the surround-
ings,” said Murray.

“We played SFNY in the fall at the
same site and expected being up there
only a few weeks after the US Open
concluded,” she said.

LIU, Quinnipiac and Sacred Heart are the top three teams in the
NEC. We have already played and
lost to Sacred Heart, 1-6 in a match
that was much closer that the score
indicated. LIU is always tough. Their
players are strong and experienced.
We’ll give them our best and hopefully see some wins,” said Murray.

Like the men’s team, the Hawks’
women’s tennis team will have a
busy schedule this week. They start
on Tuesday the 5th, traveling to
Drew University. On the 8th they
host Wagner along with the men’s
team, which is followed by a trip
to LaSalle on the 10th and a home
match against Princeton from the
Ivy League on April 17.

A Special Thanks to
University Subs
for their continued support

SUBS & DELI
A Special Thanks to
University Subs
for their continued support

to MONMOUTH UNIVERSITY
The Monmouth University Softball Team got 11 days off before having to play a double-header against Columbia University. For the Hawks, it was a chance to avenge their 1-0 loss to the Lions in the Rebel Games on March 11. Monmouth would also kick-off Northeast Conference action against the Red Flash of St. Francis (PA).

On Thursday, March 31, Monmouth would get its revenge on Columbia, sweeping the double-header 7-3 and 7-5 in games one and two, respectively at home.

In game one, Heather Gordon, who picked up her third win of the season, helped her own cause, picking up an RBI on a sacrifice fly in the first and third innings to give Monmouth a 2-0 lead. The Hawks would seal the win with a five run fourth inning, which included a solo home run by Lori Padgett and another RBI for Gordon, which came on a single, scoring Ashley Dillens, who had two hits and a run scored. Jackie Adelio, who dominated the Hawks at the Rebel Games, allowing no runs on four hits in seven innings, was hit hard the second time around, allowing seven runs on nine hits.

Gordon would go the distance, allowing three runs on five hits, while striking out four in five innings of work. Kristin Wilson, who leads the plate, going 1-for-2 with three runs scored and Christ would get two doubles out of the bottom of the fifth, making it 5-1, but the Hawks would come shortstop, making it 1-0. The Lions however, would strike back in the top of the fourth, scoring three runs, which included an RBI triple from Kacy Krieman and an RBI double from Lexi Costi. Columbia would add two more runs in the top of the fifth, making it 7-1, but the Hawks would come back, something they’ve been doing a lot of this season (now seven come from behind wins). Monmouth would explode for six runs in the bottom of the fifth, making it 7-5. The six-run rally included a two-run triple by Wilson (now has an NEC leading four triples) and RBI singles from Sue Micchelli and Dawn Gilchrist.

Gordon would get her fourth win of the season, going three innings in relief, allowing one earned run on one hit despite pitching a complete game earlier in the day. Head Coach Carol Sullivan insists that fatigue wasn’t a worry for Gordon.

“I don’t think fatigue was as much of an issue as being warm,” said Sullivan, who was referring to Gordon staying loose and warm in between her pitching appearances.

On Monday, April 4, Monmouth would start NEC action on the right foot, dominating St. Francis (PA) 8-0 and 16-1 in games one and two, respectively. Gordon, who was 1-for-3 with two RBI, pitched another gem in game one, allowing no runs on one hit, while striking out three and walking one in six innings of work, improving her record to 5-4 on the young season.

Wilson (also had two stolen bases) and Micchelli each went 2-for-4 with two RBI and two runs scored. The Hawks put the game away in the fourth inning, scoring four runs on RBI singles from Alyson Slattery, Wilson, Micchelli, and Gordon.

An 11-run third inning would equal the beginning of the end for the Red Flash as they fell to Monmouth in game two 16-1. The third-inning was highlighted by Wilson, doing a lot of this season (now has 186 career hits).

Gilchrist would finish 1-for-3 with three RBI and three runs scored and Christ would get two hits with two RBI and two runs scored. Danielle Ellement got her second win of the season for the Hawks, allowing one run on two hits, while striking out four in five innings of work.

The Hawks, who are now 15-6 overall and 2-0 in NEC play, had their double-header against Robert Morris postponed on Sunday, April 3, due to the rains on Saturday that made the field unplayable. No make-up date has been announced yet.

Monmouth, now on a nine-game winning streak, will play a double-header at home on Wednesday, April 6 against Manhattan College, with the first game starting at 3:00 p.m. The Hawks will then travel to La Salle University and Long Island University for double-headers on Thursday, April 7, and Saturday, April 9, respectively.

The softball team collectively scored seven runs in each of the two games against Columbia.
Hawks drop doubleheader, fall to 2-3 in NEC

The Monmouth University baseball team has hit a snag starting off games to Northeast Conference and Strong pitching performances from lefties Joe Cummings, who went seven and two innings of two-run ball, and Matt Matteuccie, who went the final 1.1 innings to secure the win.

In their most recent action, the Hawks were silenced by a pair of strong Sacred Heart pitching performances in doubleheader action this past Monday. Monmouth could manage one run in the two games, dropping the first game 4-1, and the second 2-0.

The Hawks got their lone of the day in the first game on a Mazzetti sacrifice fly that scored Jon Lewis. That was all the scoring the Hawks could muster in seven innings, allowing eight hits while striking out eight.

Hawk starter Vince Grande was touched up for four runs in two innings of work before giving way to Marc-Aurele, who pitched five scoreless innings in relief. Brett Hardie, Fran Rotella, Cippy Apicelli, and Kyle Higginbotham each collected two hits for the Hawks.

In the second game, Pioneer starting pitcher Jay Monti went the distance, allowing only four hits, striking out four and walking none, en route to the win. Monti faced only four batters over the minimum in the seven-inning game, which is shortened when there is a doubleheader.

Frank Pilutowski, who is now 2-1, suffered his first loss of the year, giving up five innings, allowing two runs on four hits, while Kevin Schneider threw the final 1.2 frames for the Hawks, allowing no runs and no hits.

Monmouth is in the midst of a brutal ten game nine in game stretch, which includes games against state and national powers Rutgers, Seton Hall, as well as Princeton, who are first and second place in the rival Long Island Conference. This is the time of year for Monmouth to begin to make a move in the Northeast Conference and try and separate themselves from the rest of the pack.

The Hawks have made the NEC Tournament a record seven straight times, and they will need to rely on a new cast of contributors to make it eight straight. Where most of the Hawks have have been in the Monmouth fold at least one season, they still have yet to have three in the starting rotation in Tournament, but one factor remains from the past. Head coach Dean Elhaih has proved he can win in the past with a variety of styles, from relying on pitching and defense, to using a powerful offense to do the job.

The Hawks, in order to rebound from dropping two of three to Sacred Heart, need to establish an identity and return to playing Monmouth baseball.

After the Monmouth University men’s and women’s outdoor track & field squads were both victorious last weekend at the Montclair State Invitational as well as Colgate Park, Maryland, for the University of Maryland Invitational.

The rain on Saturday forced the Seahawks to postpone the Wagner Invitational until Sunday April 3. Unfortunately, after just five events on Saturday in Maryland, the Terapin Invitational track and field meet was cancelled.

The event was cancelled in Maryland, sophomore Malia Lyles took second place in the 5000m as she crossed the line in the time of 19:97.42 and the women’s 4x100m relay team finished eleventh.

In Staten Island, the Blue and White tallied twelve top three finishes; two of which was for first place. “Our team competed very well and took advantage of the opportunity despite the far from ideal weather conditions,” said head coach Joe Cummings.

“We two teammates Larry (Schau) and Katrina (Hansen) are both Staten Island and they put on a great performance for their home crowd,” commented Cummings.

Sophomore Schau took first place in the 1500m event with a time of 4:04.27 as junior Matt Murray rounded out the top ten (4:24.48). Murray also took ninth in the 3000m steeplechase (11:46.90).

Also taking first place on Sunday was sophomore Charles Simons who finished the 400m dash with the time of 48.97 to lead the event and also set a new meet record. Senior Sherwyn Noel took second place in the 800m with the time of 1:59.17.

Other notable finishes in the men’s track events for the Hawks were: 4:20.39 third in the javelin (51.51m) and seventh in the discus with a heave of 38.83m. Freshman Chris Keller followed Woods in the hammer throw as he earned third place (39.38m). Two other Hawks placed in the top ten of the discus as Keller took fourth with a distance of 38.83m and freshman Ed Skowronski took tenth (34.08m).

Keller also took third in the shot put with a heave of 14.03 as Skowronski followed close behind taking eighth place (12.78m). In the high jump, freshman Thom McCarty III finished second as he cleared 6’04” and Losey took fourth clearing 6’02”. Freshman Dan Ecker leaped a distance of 11.83 in the triple jump, which earned him a sixth place finish.

In track events on the women’s side, sophomore Layota Morton finished the 400m dash with a time of 1:00.85 to claim third place. “I thought I was good in the 400m even though it is a new event for her,” said Cummings.

The Blue and White also had two participants finish in the top ten in the 400m hurdles and 100m dash events. In the 400m hurdles, junior Caity Graham ran a time of 1:15.35 for 8th place as junior Tara Ebert took eighth (11:2.54). Freshman Elaina Christmas took sixth in the 100m dash (13.79) and freshman Shannon Alston claimed eighth (14.10).

Senior La Kei Chester finished the 1500m event in the time of 5:11.60 to earn herself a seventh place finish.

Monmouth’s women’s squad also performed well in field events. Senior Katrina Hansen took second place in the shot put with a heave of 12.10m and seventh in the discus (30.78m). Freshman Gina Forte finished in sixth place in the javelin (31.00m) and freshman Julie Frith seventh (29.48m). Forte also took seventh in the hammer throw with a distance of 30.79m and sophomore Tiffany Stevens finished close behind to take tenth (29.12m).

In the high jump, junior Tara Ebert claimed second place clearing a height of 4’10”. Ebert and Graham finished third and fourth respectively in the triple jump. Tara leaped a distance of 10.23 and Graham, 9.98m.

Monmouth is back in action on Friday and Saturday as the Blue and White will be sending split squads to both Duke and Princeton University.

In the field events, senior James Woods finished in the top ten in three events. Woods took second in the hammer throw with a distance of 42.29 third in the javelin (51.51m) and seventh in the discus with a heave of 38.83m. Freshman Chris Keller followed Woods in the hammer throw as he earned third place (39.38m). Two other Hawks placed in the top ten of the discus as Keller took fourth with a distance of 38.83m and freshman Ed Skowronski took tenth (34.08m).

Keller also took third in the shot put with a heave of 14.03 as Skowronski followed close behind taking eighth place (12.78m). In the high jump, freshman Thom McCarty III finished second as he cleared 6’04” and Losey took fourth clearing 6’02”. Freshman Dan Ecker leaped a distance of 11.83 in the triple jump, which earned him a sixth place finish.

In track events on the women’s side, sophomore Layota Morton finished the 400m dash with a time of 1:00.85 to claim third place. “I thought I was good in the 400m even though it is a new event for her,” said Cummings.

The Blue and White also had two participants finish in the top ten in the 400m hurdles and 100m dash events. In the 400m hurdles, junior Caity Graham ran a time of 1:15.35 for 8th place as junior Tara Ebert took eighth (11:2.54). Freshman Elaina Christmas took sixth in the 100m dash (13.79) and freshman Shannon Alston claimed eighth (14.10).

Senior La Kei Chester finished the 1500m event in the time of 5:11.60 to earn herself a seventh place finish.

Monmouth’s women’s squad also performed well in field events. Senior Katrina Hansen took second place in the shot put with a heave of 12.10m and seventh in the discus (30.78m). Freshman Gina Forte finished in sixth place in the javelin (31.00m) and freshman Julie Frith seventh (29.48m). Forte also took seventh in the hammer throw with a distance of 30.79m and sophomore Tiffany Stevens finished close behind to take tenth (29.12m).

In the high jump, junior Tara Ebert claimed second place clearing a height of 4’10”. Ebert and Graham finished third and fourth respectively in the triple jump. Tara leaped a distance of 10.23 and Graham, 9.98m.

Monmouth is back in action on Friday and Saturday as the Blue and White will be sending split squads to both Duke and Princeton University.

In the second game, Pioneer starting pitcher Jay Monti went the distance, allowing only four hits, striking out four and walking none, en route to the win.

Joe Cummings, who went seven and two innings of two-run ball, and Matt Matteuccie, who went the final 1.1 innings to secure the win.

In their most recent action, the Hawks were silenced by a pair of strong Sacred Heart pitching performances in doubleheader action this past Monday. Monmouth could manage one run in the two games, dropping the first game 4-1, and the second 2-0.

The Hawks got their lone of the day in the first game on a Mazzetti sacrifice fly that scored Jon Lewis. That was all the scoring the Hawks could muster in seven innings, allowing eight hits while striking out eight.

Hawk starter Vince Grande was touched up for four runs in two innings of work before giving way to Marc-Aurele, who pitched five scoreless innings in relief. Brett Hardie, Fran Rotella, Cippy Apicelli, and Kyle Higginbotham each collected two hits for the Hawks.

In the second game, Pioneer starting pitcher Jay Monti went the distance, allowing only four hits, striking out four and walking none, en route to the win. Monti faced only four batters over the minimum in the seven-inning game, which is shortened when there is a doubleheader.

Frank Pilutowski, who is now 2-1, suffered his first loss of the year, giving up five innings, allowing two runs on four hits, while Kevin Schneider threw the final 1.2 frames for the Hawks, allowing no runs and no hits.

Monmouth is in the midst of a brutal ten game nine in game stretch, which includes games against state and national powers Rutgers, Seton Hall, as well as Princeton, who are first and second place in the rival Long Island Conference. This is the time of year for Monmouth to begin to make a move in the Northeast Conference and try and separate themselves from the rest of the pack.

The Hawks have made the NEC Tournament a record seven straight times, and they will need to rely on a new cast of contributors to make it eight straight. Where most of the Hawks have have been in the Monmouth fold at least one season, they still have yet to have three in the starting rotation in Tournament, but one factor remains from the past. Head coach Dean Elhaih has proved he can win in the past with a variety of styles, from relying on pitching and defense, to using a powerful offense to do the job.

The Hawks, in order to rebound from dropping two of three to Sacred Heart, need to establish an identity and return to playing Monmouth baseball.
The Softball Team has gotten off to an Explosive 2-0 start in NEC play. ‘This could be the year’

Softball wins first 2 in NEC play, Baseball drops double-header, Tennis and Track & Field get rained out, Lacrosse goes 5 straight.