Features

The hottest couture for back to school

Guys: trade in the old items for the newest Fall Fashion must haves.

Girls: What you will need this Fall semester.

Entertainment

Red Eye review and more

Director Wes Craven does it again, scaring audiences nation wide.

News

Heat Wave USA

Scientists believe that if global warming emissions are not reduced, temperatures in the United States could rise between three and nine degrees before the end of the century.

Dorm Life

Life at home verse life at college

Making the adjustment from living from parents to life without parents and everything else that goes along with being a college student.

Sports

Hawks hope to capture 3rd NEC title

See if the hawks can win their third title in a row, take a sneak peak at this years squad. Full team preview inside.

Pier in: A look at life in new University housing

LAUREN BENEDETTI  
EDITOR IN CHIEF

While some students have moved back on campus, a select few will enjoy new beachfront University accommodations. Pier Village, an upscale mixed-use development located in one of Long Branch's oceanfront redevelopment zones, is housing 84 MU students this upcoming school year.

"People are amazed when I tell them I live right on the beach. Unfortunately, I haven't been able to take advantage of the situation as much as I like. But when I walk outside and really see where I am I realize how lucky I am to spend my senior year in such a great living situation," said Senior Pier Village resident Jessica Bowes. Since September 2000, about 150 students per year have been housed at the Esplanade Hotel on Route 36 in West Long Branch and last year 70 students were housed at the Fountain Gardens Apartment complex on Ocean Avenue. This academic year 77 students will continue to be housed at Fountain Gardens. Due to the loss of the Esplanade Hotel and the expanding rate of the student body, it was announced in early May by Monmouth University that it would lease 23 of the 320 units at Pier Village to meet the demand for housing. In each unit there are four students housed, two in each bedroom. The units range in size from 1,000 to 1,500 square feet and the housing cost starts at $1,700. MU students will be paying room and board tuition through the university at an average monthly rate of $670 to $720. The cost of living there was made affordable for the students by the university.

Turf: the new surface of the Hawks

JENNY ROBERTS  
STAFF WRITER

Up until now, Kessler Field has been a facility filled with excited fans, championship teams, and, well, grass. This season, however, the Hawks will be charging on a completely different surface: a newly constructed turf field. Construction for the turf began on June 29th by Field Turf, Inc., a company based out of Canada. The exact product the field will be comprised of is known as Field Turf Pro Series Synthetic Grass, which according to the company's website uses a polyethylene blade as well as a sand and rubber infill.

According to Athletic Director Dr. Marilyn McNeil, Kessler Field as it stood before was "a very underutilized field" and the investment in turf would allow for much more student use.

"The football and lacrosse teams can play on it back to back, and intramurals and recreation will have use of the field," said Dr. McNeil. "Unlike a grass field, you don't have to water and grow grass between." The field can be used 24 hours a day without having to be concerned with the wear and tear that a grass field would have to withstand, according to Jeff Stapleton, Associate Athletics Director for Internal Affairs.

Sophomore football player Brian Frech is looking forward to playing on a field where weather will not affect the field play.

"Well, the new field turf will be something that can be used to practice on so we don't tear up the field," said Frech. "Also, rain won't be a factor that would possibly tear up a grass field."

The University views the field as a great recruiting and alumni tool, as well as something that can benefit the entire student body. MSAAC (Monmouth Student-Athlete Advisory Committee) President Lindsay Stetson agrees.

"I think the turf field is an excellent addition to Monmouth Athletics and most Division I schools have turf so it makes sense for us to have one as well," said Stetson. "It should be beneficial not only for the lacrosse and football teams, but for other teams to practice on and attend

Ready, Set, Unpack

Freshmen get aquainted and settled this past weekend

PHOTO COURTESY of Jim Reme

"People are amazed when I tell them I live right on the beach. Unfortunately, I haven't been able to take advantage of the situation as much as I like. But when I walk outside and really see where I am I realize how lucky I am to spend my senior year in such a great living situation," said Senior Pier Village resident Jessica Bowes. Since September 2000, about 150 students per year have been housed at the Esplanade Hotel on Route 36 in West Long Branch and last year 70 students were housed at the Fountain Gardens Apartment complex on Ocean Avenue. This academic year 77 students will continue to be housed at Fountain Gardens. Due to the loss of the Esplanade Hotel and the expanding rate of the student body, it was announced in early May by Monmouth University that it would lease 23 of the 320 units at Pier Village to meet the demand for housing. In each unit there are four students housed, two in each bedroom. The units range in size from 1,000 to 1,500 square feet and the housing cost starts at $1,700. MU students will be paying room and board tuition through the university at an average monthly rate of $670 to $720. The cost of living there was made affordable for the students by the university.
September, 2005

Dear Students:

To the newest members of the Monmouth University community, the Class of 2009, and our new transfer students - a hearty welcome. To all our returning students, welcome back. It’s great to have you with us again. I hope your summer was productive and fun, and you are ready for another outstanding year here at Monmouth.

Over the past several months, much has been done to get ready for your arrival to campus. We have continued the work on the library to complete its renovation into a facility you will use to enhance your learning experience. A new turf field awaits the student-athletes and all who participate in intramural athletics. The 800 Gallery has been enhanced to display artistic works and add to your cultural enrichment. And so many other projects have been undertaken to ensure that you live, play, and most importantly, learn in the best environment possible.

You will also find a wealth of opportunities for you to get involved in the life of the campus. New clubs will welcome your participation and the Greek life system is always looking for strong students who want to form a common bond. Come out and cheer all the student-athletes who represent you and the University so well. Take advantage of the outstanding performing arts, theatre, and film schedules. All of this is here for you – but *you* must choose to take advantage of them!

I want you to be challenged by your experience here. Stretch your comfort zone. Open your eyes to new opportunities, while getting to know new people and appreciating the unique experiences and talents we all bring to this community. Finally, I want you to be healthy and safe, using the knowledge that you already have and that you will gain to make good decisions as you are confronted with the typical temptations of the undergraduate experience.

We are all here to help you, to support you, to cheer you on, and to challenge you to be the best. Again, welcome to campus! Please do not hesitate to contact us at any time.

Sincerely,

Mary Anne Nagy
Vice President for Student Services
World According to MU: Summer Heat Wave 2005

Global Warming Possible Cause of Record High Temperatures

JACQUELINE PHILLIPS CONTRIBUTING WRITER

After a long, freezing winter, most people could not wait for summer to arrive so they could unpick their winter gear and trade in their down coats for a sun hat. Unfortunately, summer came too hard.

With temperatures soaring past 100 degrees, people who were huddling next to their fireplaces all winter were now huddling next to their air conditioners all summer.

Unfortunately, this blistering weather has been a trend for awhile now. According to the Union of Concerned Scientists, changes in our climate are real and under way. For example, seven of the ten warmest years in the 20th century occurred in the 1990s. Not only that, but the hottest year on record was in 1998. However, before the beginning of the 20th century, the average temperature has increased more in the past century than in the other time in the past 400 to 600 years.

What is the reason behind this summer's extreme heat? People who say global warming is to blame. According to the National Resources Defense Council, if this intense heat is the thickening layer of carbon dioxide pollution which has built up in the atmosphere, it is also impossible to prove there is not a link. "And given the widespread influence of global climate change, it is therefore likely that there is indeed an influence," he said.

Kevin Trenberth, a climatologist with the National Center for Atmospheric Research in Boulder, Colorado, countered that any direct link between global warming and short-term weather events is impossible to prove.

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Meet MU: Kevin Callahan

Hawks Head football coach

NIKKI REED CONTRIBUTING WRITER

"Football Glory," as they call it, has followed our head football coach, Kevin Callahan, around his entire life. Being the only head coach in the history of football at Monmouth University, he has never been without the adoration and support of the fans. He has been able to lead them to the playing fields of the University and has been able to take them to the heights of the University. Kevin Callahan is a true Monmouth University legend.

His young football dreams began as a child when he would watch and learn from the players. He began playing at the age of 11 and continued to play throughout his high school years. He went on to play at the University of Notre Dame and continued on to play at Monmouth University. He is currently in his 20th year of coaching and is currently the head football coach at Monmouth University.

Kevin Callahan has been a true leader on and off the field. He is known for his strong work ethic and his ability to lead his team to victory. He is a true role model for all Monmouth University students and is a true legend at Monmouth University.

In conclusion, Kevin Callahan is a true legend at Monmouth University. He has led the Monmouth University football team to victory many times over the years and is a true inspiration to all Monmouth University students. He is a true legend at Monmouth University and will always be remembered as such.
After a history spanning over two decades, the Honors Program is now elevated to the status of Honors School of July. The introduction of Honors Housing was founded in the early 1980’s by Dr. William Mitchell and Jane Freed (christian, hocrific membres of the faculty, including Dr. Sarsar, Dr. Campbell, and Dr. Garvey). The academic eligibility, development for the Program has increased three times in the past decade. A cluster is usually made up of 15 to 20 students on average. One of its greatest successes was the Freshmen Honors Cluster Experience. This refers to the tradition of freshmen Housing courses, usually combining an English, Western Civilization, and one or more social science courses offered to a shared group of students in a schedule with a particular “cluster” collaborate to create a common theme to promote in-depth exploration, cooperation and discussion. A cluster is usually made up of 15 to 20 students on average. As a result, new Honors Housing status was due in large measure to a long standing institution. The SAT and GPA admission criteria have had the privilege to work. The remarkable students with whom I have come to know and Dr. Sarsar, Dr. Campbell, and Dr. Pearson, for their continued effort and support throughout this endeavor. He mentions specifically Dr. Garvey has helped rebuild the station after it was destroyed by a fire and witnessed its move from the third floor of the student center to the state-of-the-art Jules L. Plangere Jr. Center for Communication. He has won Monmouth University’s Distinguished Teacher Award in 1985; the Sears Roebuck Foundation Teaching Excellence Award in 1991; the Student Choice Award for Best Teacher in the School of Arts and Sciences in 1986, 1989 and 1991; and the Alumni Achievement Award from Emerson College in Boston in 1996. Everett “Rett” Rich. Associate Professor of Radio and Television for the past 34 years and faculty advisor to Monmouth University’s student-run radio station, WMCX. Everett has helped rebuild the station after it was destroyed by a fire and witnessed its move from the third floor of the student center to the state-of-the-art Jules L. Plangere Jr. Center for Communication. He has won Monmouth University’s Distinguished Teacher Award in 1985; the Sears Roebuck Foundation Teaching Excellence Award in 1991; the Student Choice Award for Best Teacher in the School of Arts and Sciences in 1986, 1989 and 1991; and the Alumni Achievement Award from Emerson College in Boston in 1996.
The Department of Music and Theatre Arts will present

February 10, 11, 17, 18, 19, 22, 23, 24, 25, 2006

Auditions are open to the entire Monmouth University Community

In order to audition, YOU MUST ATTEND the Student Department meeting, Monday Sept. 12, at 7:30 PM in the Woods Theatre. That is the ONLY time and place that audition information will be distributed.

Auditions will take place in the Woods Theatre Building on the following dates. If you want to be part of this incredible experience, you must audition on the scheduled dates and times:

Vocal Auditions— Tues. Sept 13 & Thurs. Sept. 14 7:30 PM Theatre
Dance Auditions - Wed. Sept 14, 7:30 PM, Sat. Sept. 17, 10:30 AM Dance Studio
Call Backs— Sept. 19 & 20

YOU MUST ATTEND THE SEPT 12 MEETING TO SIGN UP FOR AUDITIONS.
How to change from SUMMER FUN to school work
The ultimate guide to getting back into a successful school routine.

LAUREN NAPOLITANO
FEATURES EDITOR

In the 1995 hit movie Billy Madison, Adam Sandler sang the words that all kids dread at the end of every summer: Back to school! Back to school, to prove to Dad that I'm not a fool! I got my lunch packed, my boots tied tight, I hope I'm not gonna be late, oh, no, back to school! Back to school! Back to school! Well, here goes nothing.

Here are. School has begun and summer is officially over. For the past three months all we have known was the sun, the bars, the beach, and the lack of responsibilities. Nothing that had to do with brain stimulation. We enjoyed being fake intelligent and irresponsible, going out any night of the week and taking much needed vacations. Now back to reality: school.

Many of you may find it extremely difficult to focus on your classes and the work you will be doing in the near future. It is going to be extremely difficult to focus on your studies when you are taking much needed vacations. For that matter, sophomore, junior, or senior.

• **Stimulate your mind:** Avoid it. Most of your friends who study on a daily basis or even read a book, read a newspaper, or even watch a bit of television, were not assigned to. Face it, when school ends all mental stimulation goes out the window. It is not unusual to face those brain cells you have been storing somewhere in that brain of yours, start using it! According to an article from www.poughkeepsiejournal.com, a little mental stimulation in the beginning of the school year is important in getting ready for the heavy workload ahead. You can begin by reading for a magazine or newspaper and reading the smaller articles that are not overly stimulating to the larger ones. Try picking up a book. I know that some of you may be saying to yourself, you’re going to be doing a lot of reading when your classes kick off, but you get better used to it.

Reinstate a bedtime: Two of the most common problems that you have used to getting to bed in the early hours of the morning are that you were at the bars all night or just simply hanging out with your friends. This time can be used to waking up mid afternoon for some much needed sleep. The next night, get up early and go to sleep early. This haphazard sleeping pattern is going to ruin your classes you are signed up for, rather than helping you.

Get organized:

• **Stop late night snacking:** If you must munch late at night, do it, you’re going to be doing a lot of reading when your classes kick off, but you get better used to it. To you. Most of you have not picked up on this. It may sound strange, but face it, the aftermath of late night snacking will cause you to crash and burn during the day. Enjoy a little bit of tv or whatever your friends are doing. The only thing I need to tell you is that this can work for you too! (so to speak, you'll be doing a lot of reading when your classes kick off, but you get better used to it.)

Recipe Summary

**Easy Prep Time:** 20 min. **Inactive Prep Time:** 30 min.

**Cook Time:** 15 min. **Yield:** 4 servings (3 1/2 cups)

<table>
<thead>
<tr>
<th>Ingredients</th>
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<tbody>
<tr>
<td>• 1 tablespoon freshly squeezed lime juice</td>
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<tr>
<td>• 1/2 teaspoons Madras-style curry powder</td>
</tr>
<tr>
<td>• 1 teaspoon grated fresh ginger</td>
</tr>
<tr>
<td>• 1/2 cup chopped flat-leaf parsley</td>
</tr>
<tr>
<td>• 3 slices cold bread or 2 whole wheat English muffins, toasted</td>
</tr>
</tbody>
</table>

**Process**

• Put the chicken in a saucepan along with the water and salt.
• Bring just to a boil then reduce to a simmer.
• Cover, reduced to a gentle simmer.
• Cook, covered, the chicken is tender and the sauce is thick.
• Set chicken aside off the heat, to cool and finish cooking in sauce.
• When cool, pull apart by hand into shredded bite-size pieces.
• Whisk yogurt, mayonnaise, lime juice, curry, grated ginger and parsley in a bowl.

Nutrition Facts

**Servings Size 4**

<table>
<thead>
<tr>
<th>Amount Per Serving</th>
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<tbody>
<tr>
<td>Calories 288</td>
</tr>
<tr>
<td>Total Fat 7g</td>
</tr>
<tr>
<td>Total Carbs 26g</td>
</tr>
<tr>
<td>Dietary Fiber 4g</td>
</tr>
<tr>
<td>Protein 32g</td>
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</tbody>
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Add chicken, almonds, and pineapple, and fold to coat evenly.

Make open faced sandwiches with the salad and watermelon on the bread or muffins.

Serve.
**Guys: Trade in the old for the new**

**TRADE IN…**
The boring white cotton T-shirts
FOR…
The ‘talking tees’ that Abercrombie & Fitch is known for. If anything else, they are great conversation starters due to the double-entendre and often risqué sayings.

**TRADE IN…**
Wearing a button down and jeans without some spank
FOR…
Wearing a button down and jeans with a tie to match. Wear the tie loosely hanging in a preppy casual kind of way with the first two buttons or so of your shirt undone. The tie will add the effect of ‘I’m trying to act like I don’t care, but I do’!

**TRADE IN…**
Baggy oversized jeans that hang below one’s derriere revealing those Spongebob boxers you claim your mother bought for you.
FOR…
A more fitted jean that actually sits on your waist (at least in this case you could still don Spongebob undergarments without people knowing about your fascination for cartoon characters).

**TRADE IN…**
Squinting eyes and obvi- ous glances
FOR…
Sunglasses, and preferably aviators. Since men don’t have too many options in the realm of accessorizing, sunglasses can make a great statement; you can hide the ‘rough night’ you had behind the large dark shades too.

**TRADE IN…**
The metal chains that hang from front to back pockets called ‘keepers’ for such things as keys and or wallets, but rather look like weapons.
FOR…
Armani Exchange leather braided keepers that look less violent and more fashionable.

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**Top 5 Fall Female Fashion Fixes**

**Coats**
Makes a statement in any style you wear…
One of this season’s staples includes short ‘bomber’ jackets. Don’t be afraid to wear shirts that are longer than the jacket, especially since layering shirts of different styles and cuts exudes fall fashion. While perusing the merchandise racks this season you’ll also come across jackets and coats that have large, somewhat oversized belts that sit on the waist (a la military-esque). Prints andhoundstooth patterns are in as well, especially in mid to long length coats. A note to you short ladies out there though…the long coats (anything below mid calf) are a no-go unless most definitely coupled with high heels or stillettos! If you wear a pair of flats you will give the illusion of being shorter and plumper than you truly are underneath that beautiful coat you’re sporting.

**Boho Is Still In…**
The bohemian look we welcomed at the beginning of the summer has lowered us into the fall months so keep your mid calf, flowing tiered skirts out, mix the sandals or espadrilles, and instead add knee length boots to the outfit.

**Say Howdy To Some South Western Influence**
No, I’m not asking you to learn how to square dance or pull out the old daisy dukes that Jessica Simpson single-handedly had boyfriends all over the world begging their girlfriends to wear this summer. Jessica has already been seen in this fall’s hottest shoe…the cowboy boot. Whether the pair you buy is up to your calf or up to your knee, they will infuse a little spunk into almost any outfit…and might even have your boy toy saying ‘Yeehaw’.

**Big & Plenty**
The saying ‘accessories make the outfit’ will forever hold true so this fall be sure to complete your look with some eye-catching bling. From long layered necklaces (chunky, thin or rockin’ a pendant) to oversized cocktail rings to bangle bracelets; this fall is all about extremes in size and numbers. Large bulky bags and belts should be on every females fall shopping list too (belt trick: leave it low slung on the hip to complete your Boho style) in typical earthy fall colors such as black, brown, copper and even green.

**Be Femme Fatale**
We are women and need to show it…tastefully! The tomboy in you should have been exonerated the moment you began waxing your eyebrows and shaving your legs. I’m not saying an occasional oversized t-shirt is out of the question on a Sunday when you’re laying around watching football, but there are times that call for an emphasis of femininity. Lace camisoles, sheer tops, flirty skirts and pearls are items that make ladies of any age into the timeless beauties we are. But PLEASE, leave the lace and sheer outside of the classroom…please!

**Pump It Up, Don’t You Know Pump It Up…**
Okay, stop singing and blur those flashbacks your having of Dijas on that hot summer night when you were fist pumping with Vinnie, Frankie, Johnnie, and all of the other Italian stallions that kept Belmar hopping from May until August. Pumps, as in high heels, the actual shoe, are what I was really referring to. The 1940s style pump is in full effect. For Fall ‘05 the heel is boasting snakeskin, bright colors, buckles and peep-toes. Wear them with jeans and a dressy top or with a business-like pencil skirt and white blouse (leave the bright colored heels out of this outfit unless muted). Make sure you try the pumps on and walk around in them before buying them because sizes can be deceiving. You obviously don’t want your heel flapping out of the back of the shoe, so you might want to try on a pair that is a half-size smaller than what you normally wear. The number one rule for wearing high heels though, is: make sure you know how to walk in them!! All too often I see a girl who looks like she’s walk- ing a tight rope because the damsel is afraid of the height the heel gives her and therefore has unsure footing. Make sure you can walk, and walk, and walk, and walk in the heels if you plan on having a long night (or day) because if you’re not comfortable in the heels, it will be obvious to others and painful for you. Basically, if you have five classes in one day in five different buildings, save the heels and go for a pair of cute flats.

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**Fall Fashion for Guys and Gals**

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**LOOKS CONTRIBUTED by AX**

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**FASHION EDITOR**

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**September 7, 2005**

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Let’s make it a good four years

Editorial

There is an abundance of those “What I Wish I Knew Before I was a Freshman” books out today. All these books have one tactical flaw: Most of the authors are so far removed from the freshman experience that the books are little more than the sweet reminiscence of seniors about to leave and so-called “experts” who wish they were back in college. “If we (at The Outlook) were freshman again, we would study all the time, be nice to everyone in my hall and study all the time. We wish we could be a freshman again.”

Through out the next year you will learn the ins and outs of college life. But for now here is some logical advice the Editors at The Outlook thought may be of some assistance to you, our little freshmen.

On a beautiful September day, three years ago, I moved into my dormitory on the campus of Monmouth University, on a decent dormitory on the campus of Monmouth University, about eighteen months ago. Going to College? Is it worth the Costs?

On weekends the campus empties out, leaving anyone stuck here without a car, stuck here without a car. Community bathrooms. Enough said.

Best wishes for your college career and...Good Luck!

Senior sorority girls really don’t go for freshman guys. Sad but true.

If there was something you were good at in high school, at least 53,000 people are majoring in it and are much better at it than you.

Being nine hours from home does not seem that bad until your parents leave to make the trip home without you.

A $600 food budget lasts about a week.

On the weekends the campus empties out, leaving anyone stuck here without a car, stuck here without a car.

Three years ago...The friend at the left went to college and the friend at the right got a job.

Going to College? Is it worth the Costs?

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On weekends the campus empties out, leaving anyone stuck here without a car, stuck here without a car. Community bathrooms. Enough said.

Best wishes for your college career and...Good Luck!

So you, the reader, are probably saying to yourself right now “Lighten up dude, when you get out of school, you’ll be getting the better jobs, and who wants to work in the Post Office anyways?” This is what I hope, but...I was a MU graduate (who was very involved and very good at what he does) and didn’t have to pay for it. It kind of makes you think, doesn’t it? There were 400 Cedar Avenue • West Long Branch, NJ 07764 • or call 732-571-3481 for credit card payment

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CRASH COURSE to Monmouth University: 101
The Ceiling Monologues

RUEVEN FELDMAN
STAFF WRITER

Contrary to popular belief floating around some high schools, here at Monmouth the Police arrest everybody—so be careful! If you are a designated driver that is going to off-campus parties, don’t blast your car stereo outside of students’ houses, I was here to let you know not to get a lot of people arrested and spoil the night for everyone.

Respect the students throwing the party, they have neighbors who will call the Police if something happens respectful outside of, and while entering off-campus houses. For those who are “legally” aged to purchase liquor, the bar located on Larchwood Ave. sells beer until 2 A.M.

Girls don’t let friends join fraternities Girls if you really want to party with the seniors, the bar scene is the heart of this institution. And don’t miss class, the attendance policy here is ridiculous but professors will fail you because it is. The rest is up to you, it is your college experience and it will only be as good as you make it, so let between stuffs and times roll. Experience all that you can, because these are the friends and memories that will last forever.

Rueben’s Corner: Tasty Observations and Thought

“Every now and then go away, have a little time off, for when you come back to your work your judgment will be surer. Go some distance away because the change of air and all the accumulations of more is readily proportioned more is readily seen.”—Leonardo da Vinci

“The empires of the future are the empires of the mind.”—Winston Churchill

“I welcome and seek your ideas, but do not bring me small ideas; bring me big ideas to match our future.”—Arnold Schwarzenegger

“Imagination is more important than knowledge. Knowledge is limited. Imagination encircles the world.”—Albert Einstein

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“I welcome and seek your ideas, but do not bring me small ideas; bring me big ideas to match our future.”—Arnold Schwarzenegger

“Imagination is more important than knowledge. Knowledge is limited. Imagination encircles the world.”—Albert Einstein
Students because the University negotiated a lease for such a large number of units. “The apartments and the entire complex are beautiful. It is an amazing opportunity to live in such a beautiful place while paying for it through college tuition,” said Bowes.

Each apartment has its own stackable washer/dryer, dishwaher, microwave and fridge which was provided by Pier Village. The University provided each unit with a overstuffed couch, chair, coffee table and end tables for the living room. For the bedrooms they supplied headboards, mattresses, night tables, and dressers. A table with four chairs was made available in the dinette area. Students had to bring their own desks and anything else they wished to decorate the apartments with.

“My roommate and I chose to do a bunch of decorating to make it feel very homey,” said Nicole Holota. “I love it,” said Senior Pier Village Resident Nicole Holota. Pier Village is a $100 million re-development project that attracted such interest that in January, when the luxury apartments started leasing, the waiting list had grown to more than 1,000 names.

“This is a great opportunity for our students to live within the community of Long Branch. The venue is wonderful - resort like - and onto the beach is so exciting,” said Holota. “I’m looking forward to what the next 10 months bring the experience which now allows me to experience this year’s living situation is wonderful. Every year it gets smoother and better.”

The University has a one year lease at Pier Village which started on June 6, 2005. On June 17, students were allowed to move into the new beachfront property and have access to the units for 11 months out of the one year lease. “So far, for the past 2 months, Pier Village has been an exciting experience.”

“I’m looking forward to what the next 10 months bring the experience which now allows me to experience this year’s living situation is wonderful. Every year it gets smoother and better.”

The University provided each student with a overstuffed couch, chair, coffee table and end tables for the living room. For the bedrooms they supplied headboards, mattresses, night tables, and dressers. A table with four chairs was made available in the dinette area. Students had to bring their own desks and anything else they wished to decorate the apartments with.

“My roommate and I chose to do a bunch of decorating to make it feel very homey,” said Nicole Holota. “I love it,” said Senior Pier Village Resident Nicole Holota. Pier Village is a $100 million re-development project that attracted such interest that in January, when the luxury apartments started leasing, the waiting list had grown to more than 1,000 names.

“This is a great opportunity for our students to live within the community of Long Branch. The venue is wonderful - resort like - and onto the beach is so exciting,” said Holota. “I’m looking forward to what the next 10 months bring the experience which now allows me to experience this year’s living situation is wonderful. Every year it gets smoother and better.”

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“...
“As an incoming freshman, what are you most afraid of as you begin college?”

Terry
“Eating something I’m allergic to and getting a deadly reaction.”

Nicole & Allie
“Gaining the freshman 15.”

Melissa
“Walking into the wrong class at the wrong time.”

Ruben
“Your mom goes to college.”

Dave & Nick
“The RA’s -- because they have power.”

Valerie & Lauren
“Being away from home and having to be an adult for the first time.”

Danielle
“People stealing my stuff.”

Marion
“Failing out.”

Cristina
“Feeling alone.”

Chrissy & Amanda
“Trying to find a group of friends that you identify with.”

Share your space, but live on your own.

Get everything for your dorm room at Walmart.com and still afford tuition.
Fear Takes Flight on Red Eye

Nicole Denardo
Staff Writer

Lisa Reisert (Rachel McAdams) is a nice, kindhearted hotel manager who, as part of her job, is forced to deal with nasty, demanding people on a daily basis. Her worst fear, however, quickly becomes a reality aboard a turbulent airplane when she is forced to become involved in an assassination plot against the Homeland Security Chief (Jack Scalia) and his family by a terrorist named Jackson Rippner (Cillian Murphy).

*Movie Review*

The concept of the movie is great—simple, sweet, twenty-something-year-old girl gets wrapped up in a larger story of terror. If everything goes as planned, the deaths of several innocent people will rest on her shoulders. The audience immediately feels for Lisa and realizes this terrifying situation could happen to anyone. Lisa, a woman trying to remain sane, begins to feel for Lisa and realizes this terrifying situation could happen to anyone. If anything, the movie is worth watching for the dramatic storyline that unfolds when two strangers meet and only one can get out alive.

The storyline immediately hooks, it’s the circumstances under which Lisa is placed, not the gore and vulgarity that McAdams and Murphy both captured the essence of their characters. McAdams makes you relate so much to Lisa, that you are forced to squeeze through the claustrophobic confinements of an airplane and Lisa’s fear begins to unfold as so many of Wes Craven’s horror films do, where you sit there thinking, “Watch out the scary thing with the razor-lined door!” It would have been better if that “slasher flick” element had remained absent.

The acting in the film was magnificent. McAdams and Murphy both fully captured the essence of their characters. McAdams makes you believe that there is more to Jackson’s character than meets the eye, but unfortunately you never find out. Murphy plays Jackson with a bit of mystery. You want to know more about him and why he does what he does. Murphy makes you believe that there is more to Jackson’s character than meets the eye, but unfortunately you never find out. Red Eye is directed by Wes Craven—yes, the same guy who directed The Nightmare on Elm Street and the infamous Scream trilogy. Making a movie that is more believable and bone-chilling, but in a different sense than his other films, was a welcomed change. It truly showed his flexibility as a director. His colleagues would be wise to follow suit and make more films like Red Eye.

Nick Schoustra

Though it becomes a bit hackneyed, Red Eye is worth watching for the amazing performances and enthralling, dramatic storyline that unfolds when two strangers meet and only one can get out alive. 

Rachel McAdams and Cillian Murphy star in Wes Craven’s newest thriller, Red Eye.

For more on this and other movies, visit the Entertainment section.

*Students Wanted for the University Ambassador Program*

Are you an enthusiastic freshman, sophomore or junior with a dynamic and outgoing personality? Do you love being a Monmouth University student? YES! Apply today to become a University Ambassador...

As a University Ambassador, you will:

- Give tours to prospective students and their families
- Participate in recruitment fairs, open houses, Saturday information sessions & high school visits
- Assist staff with daily projects and serve as a Student Ambassador in the Office of Undergraduate Admission

The Office of Undergraduate Admission trains all University Ambassadors. The Undergraduate Admission Office is located on the first floor of Wilson Hall and is open from 8:45 a.m. to 5:00 p.m., Monday through Friday.

**Please contact**

Monmouth University

The box offices were booming nationwide this summer as people arrived in droves to see their favorite stars on the big screen. Many films were released, but only a select few can be called “blockbusters.” Here are the top five highest-grossing movies:

1. *Star Wars III: Revenge of the Sith*
   - Fans of all ages showed up to see the sixth and final installment of the Star Wars saga. No big surprise here! $379.4 million
2. *War of the Worlds*
   - In a risky career move, Tom Cruise decided to take a break from his eccentric couch-hopping behavior to promote this H.G. Wells adaptation. Oprah would be proud. $231.8 million
3. *Batman Begins*
   - Katie Holmes bid a final farewell to Dawson, Pacey and the creek as she completed her transformation into a bonafide movie star. $203 million
4. *Charlie and the Chocolate Factory*
   - Johnny Depp brought dark humor and off-leash comedy to this remake, deeming it a must-see. $197.8 million
5. *Wedding Crashers*
   - With the raw talent and chemistry Owen Wilson and Vince Vaughn brought to their roles, this movie didn’t miss. $195.8 million

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*Navvatri...It’s Here*

October 8, 2005
Anaco Hall
8pm-Midnight

- Garba Band
- Dance Instructor
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Tickets on Sale $10
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**Please contact**

Andy Richburg
732-263-5882
archibur@monmouth.edu
Other than Wedding Crashers, it’s been quite a while since a movie had me laughing from beginning to end. When it comes to the funniest movies in recent years, The 40 Year Old Virgin not only wins the title, but also introduces the very enjoyable Steve Carell in a breakout performance which showcases his comedic talents to the world.

Carell plays awkward, naive and nerdy Andy Stitzer who has every comic book, video game and action figure known to man. But there is one thing Andy has never had: sex. In the past, Andy has had too many embarrassing intimate moments. So many, in fact, he has just given up trying to have sex. Andy comes to believe that sex will never happen to him and he should find another way. When it comes to the funniest movies of the year, it has to be Andy advice, Cal suggests that he plant his seed by talking to Beth but not asking her out just yet. Afterwards, Cal says in typical jerk fashion, “You’ve got to wait for the seed to grow into a plant, then you got to p**k the plant.” You can’t help but laugh, because you know guys actually do this, but a name has never been given to it.

The movie’s more moral side is shown through Andy’s relationship with Trish (Catherine Keener), a single mother who has insecurity problems of her own. Though Andy and Trish have different issues, they connect because they both have been hurt. In one very funny scene, Andy tries to show how much he cares for Trish by taking her angry daughter to a health clinic to talk about sex and birth control. Andy, however, becomes the one at the clinic asking questions and wanting to know more about sex. In yet another scene Trish wants to have sex and asks Andy if he has protection. To this Andy replies, “I don’t believe in guns.”

The 40 Year Old Virgin also features great performances by Paul Rudd, Seth Rogan and Romany Malco who play Andy’s best friends. Though the movie centers around Andy, these three actors were also in full comedic swing, adding their own funny touches to the movie. The 40 Year Old Virgin has everything a movie should: funny, likeable people, great lines, memorable scenes, a touch of all different types of comedy, and a little romance. The movie may not have been perfect, but it was enough to make me want to roll off my seat in laughter and do it all over again.

AC Newman, from frontman of The New Pornographers, poses with his band.

In just over a year since releasing their first solo album A Slow Wonder, AC Newman and his indie rock cohorts The New Pornographers have produced Twin Cinema, an infectious pop rock showcasing Newman’s abilities as a collaborative songwriter.

The Vancouver-based band have been together since 2000, at which time they released their critically acclaimed debut record Mass Romanticism (from which the band takes its name). The release, they have toured extensively in North America and Europe, stopping at local venues including The Bowery Ballroom and Webster Hall in New York City, Maxwell’s in Hoboken, and most recently, the 2005 Celebrate Brooklyn! concert in Prospect Park. Newman, who toured briefly this summer in support of a Slow Wonder, has reunited at least temporarily with famed indie rockers Neko Case and Dan Bejar (both of whom also have successful solo careers) to create one of the best records of the year. Even friends and relatives are welcome to join the band. The most stunning addition included Newman’s long-time collaborator Kathryn Calder. “About You Around” and “Miss Teen Wordpower.” Moreover, “Use It” is lyrically astounding, with simplistic, conversational words and phrases its youthful, idealistic audience can relate to. Newman tells us plainly: “If you’ve got something that sheds some light/love tonight,” and later, only changing the chorus slightly, maintaining a perfect rhyme, “if there’s a choice between a chance and choice/choose tonight.”
Welcome to Monmouth University, home of the Hawks. It's The Outlook's pleasure to welcome you to our community. This map was designed to help you find yourself around your new environment. Keep it in your car or dorm and you'll never get lost again.

Wishing everyone the best of luck this school year.

-The Outlook
LOOKING TO EARN SOME EXTRA CASH???

NOW HIRING PHONATHON ASSOCIATES

$ SHARPEN YOUR MARKETING SKILLS

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Interested students please call the Annual Fund Office at (732) 571-7528 before Friday, September 23, 2005.
AN IMPORTANT MESSAGE for ALL MONMOUTH UNIVERSITY STUDENTS!!!
ACCESS YOUR STUDENT RECORDS ONLINE THROUGH WEBstudent

The Netscape screen above indicates the areas currently accessible. To access your academic information, please follow these simple steps:
Click the following from Monmouth's home page (www.monmouth.edu):
▶ STUDENTS
▶ WEBstudent

Complete Instructions for WEBstudent are available online:
Click Instructions on the top menu bar on the WEBstudent menu shown above.
WWW.SEFAN.ORG: WEB SITE TO HELP FIGHT HUNGER

The Statewide Emergency Food and Anti-Hunger Network (SEFAN) has launched a web site to help address the growing problem of hunger in New Jersey. By logging onto www.sefan.org and clicking onto “Pantry Link” you can find out about local food pantries, soup kitchens and shelters that serve meals in your community. The web site lists volunteer opportunities as well as items needed such as non-perishable food and baby products.

By helping your local emergency food provider, you will be helping to fight hunger in your community and in New Jersey. So log onto www.sefan.org and click on “Pantry Link” today!
Today's Birthday (Sept. 7th)

Make plans this year, but don't take off quite yet on your voyage. Gather up wealth so you can pay all your bills off first.

To get the advantage, check the day’s rating: 10 is the easiest day, 0 the most challenging.

Aries • (Mar. 21 - Apr. 19) - Today is an 7

After you’ve discussed the options and made your decision, the next thing on the list is to find and appropriate the funds. There’s not a moment to lose.

Taurus • (Apr. 20 - May 20) - Today is a 8

You took on the assignment, and now you’re eager to get started. The first thing you encounter is the next barrier to overcome. Examine it closely.

Gemini • (May 21 - June 21) - Today is a 7

Although you’re very flexible, it’s nice to have a plan. Conditions are good for drawing one up, concerning your career.

Cancer • (June 22 - July 22) - Today is a 9

The next few days will be perfect for cuddling at home with a good book and a loved one, and maybe a couple of pets.

Leo • (July 23 - Aug. 22) - Today is a 5

Proceed with caution today and tomorrow. It will be easy to get stuck. Stand up for whatever’s most important to you, while you’re at it.

Virgo • (Aug 23 - Sept. 22) - Today is a 8

You can afford to make an investment in your own education. First, study the best way to do that.

Libra • (Sept. 23 - Oct. 23) - Today is a 7

Use your imagination to find another way to supplement your income. Promise yourself you’ll pay off bills.

Scorpio • (Oct. 23 - Nov. 21) - Today is a 8

You’re coming out of your reserve, eager to get started on a new scheme. Wait, until you have a better sense of the cost.

Sagittarius • (Nov. 22 - Dec. 21) Today is an 6

Delegate as much as you can, since your attention will soon be diverted. There’s a job that only you can do, and it’s coming due, quickly.

Capricorn • (Dec. 22 - Jan. 19) - Today is a 8

Friends want to get you involved, but take care. Don’t promise to do something that benefits them more than it does you. Consider your own family first.

Aquarius • (Jan. 20 - Feb. 18) Today is a 6

Don’t talk about your pet project within earshot of a person who could turn out to be your major competition. Mum’s the word.

Pisces • (Feb. 19 - Mar. 20) Today is a 8

You’d like to expand your territory, but there’s something holding you back. It’s kind of like you forgot to release the emergency brake.

MU Students: Interested in Comic Illustration?

Get your own comic published in the Outlook!

Call 732-571-3481

ACROSS


DOWN


Weeks of September 7, 2005

**Student Involvement Fair**

Wednesday, September 21
2:30 PM - 4:00 PM
Outside Rebecca Stafford Student Center

**KICKING & SCREAMING**

Free MOVIE, Free POPCORN & Free FUN!

**Weekly Film Series**

Friday, September 9 (sponsored by SAB)
8:00 PM, Great Lawn

Saturday, September 9
3:00 PM & 8:00 PM, Young Auditorium (Bey Hall)

Emailed out every week for great events coming your way.

Looking for upcoming student leaders that want to enhance their leadership skills. Perfect for younger student club members and our future leaders. 6 week program begins Sept. 20 and ends Oct. 25. Applications available in the Office of Student Activities. Applications DUE Monday, September 12.
Out with the old, in with the new

ERIN LUCAS
CONTRIBUTING WRITER

If there’s one thing we could be certain of in today’s world it would be change and the constant moving of everyday life. Everywhere around us people experience change, sometimes suddenly and without warning, sometimes without permission, and are then left to deal with their situation in their own ways. I remember receiving my acceptance letter to Monmouth College and feeling a growing excitement in my stomach along with an edge of anxiousness as my summer drew to an end. Here it was, my ticket to independence, finally. Never again would I mutter the words “I can’t wait to get out of here.” Making my own rules and changing my own life would no longer be a fantasy. Then, as with most things in life, reality hit and I realized how drastically my life would be changing overnight. Suddenly, I found myself packing up eighteen years of memories into just a few brown boxes and of course the classic Yaffa crates. Good-byes became an almost every day occurrence the last week of summer. I said good-bye to my friends who I grew up with, friends who knew me better than I knew myself. I said good-bye to my friends who I called would have to suffice the distance between us, friends who I knew would not only become an almost every day occurrence but would in fact be change and the constant adjustment that comes your way and make the absolute best of it. At times, almost every freshman felt that way on move in day. Yet, I consider moving into Cedar Hall one of the most amazing things that could have ever happened to me. Meeting a building full of people who to this day maintain a best friend status with me was one of the most memorable and exciting experienc es of my life. When I think back to each memory, tears, all nights, heartbreak, doors full of opportunity, and stacks of memories that will never, ever be erased. Living in such close quarters with people in some ways forces you to open up a bit quicker than you’d like or causes you to bite your tongue until it bleeds. You’re introduced to several new opinions, perspectives, new personalities, and no matter how sheltered you may have been before, now you realize that sometimes there is no place to take cover. Being away from home becomes somewhat overwhelming because there are so many choices and decisions you must make, and you soon realize along with the independence comes consequences that can cause you, and must deal with. Only then, will you stop and wish that you hadn’t taken your parents for granted.

Moving into my building the first year at Monmouth and trying to avoid the famous freshman fit, I realize that no matter how hard you try, there are things you can’t grasp as tightly as you used to. Balancing life at school and back home will without a doubt be an ongoing battle, and will take much patience and practice. There are numerous amounts of things that the friends you make at school will not understand, at least not like the ones from back home and vice versa. Friends from home may wonder why your phone calls are sometimes far and few between, while friends from school realize that together, you are all trying to make a place for each other in the new world you’ve been thrown into. At home, my friends would walk through my door with out knocking, kick off their shoes, and turn the TV on as if it was their own home. My goal was to eventually become comfortable enough with my new friends until they would be change and the constant adjustment that comes your way and make the absolute best of it. At times, almost every freshman felt that way on move in day. Yet, I consider moving into Cedar Hall one of the most amazing things that could have ever happened to me. Meeting a building full of people who to this day maintain a best friend status with me was one of the most memorable and exciting experiences of my life. When I think back to each memory, tears, all nights, heartbreak, doors full of opportunity, and stacks of memories that will never, ever be erased. Living in such close quarters with people in some ways forces you to open up a bit quicker than you’d like or causes you to bite your tongue until it bleeds. You’re introduced to several new opinions, perspectives, new personalities, and no matter how sheltered you may have been before, now you realize that sometimes there is no place to take cover. Being away from home becomes somewhat overwhelming because there are so many choices and decisions you must make, and you soon realize along with the independence comes consequences that can cause you, and must deal with. Only then, will you stop and wish that you hadn’t taken your parents for granted.

When your security blanket is taken from you by hit, it is only normal to try to grab onto anything that comes your way and make the absolute best of it. At times, almost every freshman felt that way on move in day. Yet, I consider moving into Cedar Hall one of the most amazing things that could have ever happened to me. Meeting a building full of people who to this day maintain a best friend status with me was one of the most memorable and exciting experiences of my life. When I think back to each memory, tears, all nights, heartbreak, doors full of opportunity, and stacks of memories that will never, ever be erased. Living in such close quarters with people in some ways forces you to open up a bit quicker than you’d like or causes you to bite your tongue until it bleeds. You’re introduced to several new opinions, perspectives, new personalities, and no matter how sheltered you may have been before, now you realize that sometimes there is no place to take cover. Being away from home becomes somewhat overwhelming because there are so many choices and decisions you must make, and you soon realize along with the independence comes consequences that can cause you, and must deal with. Only then, will you stop and wish that you hadn’t taken your parents for granted.

Even though I knew this was the best thing for me because no one knew anyone which would not have been the case in an upperclassmen dorm so I was lucky enough to meet a whole group of people who didn’t know anyone either. What my friends and I always say is, “You don’t go to college to meet your future husband, you go to meet your bridesmaids!” Guys, keep your door open as well! If you enjoy video games or sports and you’re watching or playing a game, invite your neighbors over! There are a few negatives to living in a dorm such as community showers that you wear shoes in, and the fact that you need your key to get into any room in the building, also, if you never lived with anyone before, it takes some getting used to but don’t worry, you will adjust quickly. My advice to you is, go to the bookstore and buy an id holder and put your id and keys together. Take them everywhere with you! You’re going to need your student number a lot and you will need your keys to get into your dorm building, your room, and the bathrooms! Living in a dorm can be hard, become, and wearing on you if you have never lived with anyone before. Get to know your roommates schedule and be considerate of them and they will be considerate in return. Although it sounds tedious, make up a contract or at least a verbal agreement of rules to stick to in your room. If you have an early class one day, make sure your roommate knows about it. Also, you and your roommate may have different ways of doing certain things. Discuss them and be courteous. If you have any problems with neighbors being too loud or you are having issues with anyone in your building, do not be afraid to talk to your RA. It’s their job to assist you and make sure everything in the building is copacetic. If you are respectful of those around you, it is bound to be a good year!
BACK TO SCHOOL Quiz

1. It’s the first week back and you discover that you and your new roommate are as different as night and day. You handle it by:
   a) Becoming very on edge, worrying that your roommate isn’t going to like you.
   b) Talking to your roommate to find some common ground.
   c) Dismiss it. This is who you are and they are going to have to deal with it.

2. It is your first big test of the semester in one of your hardest classes. You:
   a) Study over and over until your head hurts, and still lose sleep over it the night before.
   b) Try to manage your time so that you can study, and still have time to go back later to make sure you understand the material.
   c) Figure you’ll get to studying whenever you have the time, as long as parties don’t get in the way.

3. You find it hard to really meet people. You:
   a) Start to feel restless that you’ll never fit in anywhere.
   b) Get more involved with the school so you can meet a more diverse group of people.
   c) If you meet people you do and if you don’t you don’t.

4. Your first major paper is due. You already have completed your paper, so the night before you:
   a) Continue to check and recheck your paper until the words begin to merge into one.
   b) Check it only a few times for simple errors and then leave it as is.
   c) Don’t bother to check it all; they are lucky you actually got the paper done on time.

5. After spending a few hours on homework, you begin to feel like the workload is never going to end. You:
   a) Will start to get dizzy or develop a headache from being so overwhelmed.
   b) May be a little restless but knowing it will soon all be out of the way keeps you going.
   c) You, do homework?? (yeah, right!)

Mostly A’s
You need to calm down a little bit. Sure, school can be stressful, but it shouldn’t take over your life. The best way to prevent anxiety is to stop or reduce your consumption of caffeine, tea, soda, and chocolate. Sticking mostly to a healthy diet will prevent added anxiety. Physical activity will also calm your nerves immediately. Something as simple as walking for ten minutes can trigger the release of feel-good endorphins that will ease tension from the muscles, can diminish sleep abnormalities, reduce levels of stress hormones, and even increase the body temperature for a calming effect. If you still tend to feel overstressed, try cognitive behavioral therapy. This is a process of changing your thoughts and behavioral patterns that cause anxiety and teaching yourself to look at certain situations more realistically.

Mostly B’s
You seem to have the perfect balance, not only do you manage your time well enough to keep everything from getting too out of hand, but you also realize that if something goes wrong it isn’t the end of the world. Be sure to keep this mind-set and not only will you do well in school, but you also allow yourself a decent social life.

Mostly C’s
Granted, certain things aren’t worth stressing about. But you don’t seem to care much about anything, which isn’t healthy either. It is important to challenge yourself and make an effort. Realistically for what it cost to go to college, you should get your money’s worth.

Information source: Kristin Vickers-Douglas, Ph.D., a psychologist at the Mayo Clinic
The Office of Affirmative Action, Human Relations and Compliance welcomes all new and returning students. Monmouth University provides equal opportunity to all students and employees.

Our office monitors the University’s compliance with laws and regulations regarding Affirmative Action and Equal Opportunity. Employees and students have a right not to be discriminated against because of race, color, religion, national origin, ancestry, age, gender, marital status, affectional or sexual orientation, atypical hereditary cellular or blood trait, liability for service in the Armed Forces of the United States, disability, or status as a disabled veteran of the Vietnam era.

Our web site can be found at http://www.monmouth.edu/resources/hr/aaction.asp. A copy of the procedure for filing complaints of discrimination/sexual harassment can be obtained at our office or http://www.monmouth.edu/resources/hr/aaction/hrassocp.policy.asp.

Any member of the Monmouth University community may report incidents of discrimination/sexual harassment to the offices listed below.

Mr. Raymond Rodriguez
Director of Affirmative Action
Human Relations and Compliance
Wilson Hall
Room 304
(732) 571-7577

Mrs. Patricia Swannack
Facilities Management
Vice President for Administrative Services
(732) 571-3546

Mrs. Mary Anne Nagy
Student Center
Vice President for Student Services
Room 207
(732) 571-3416

Dr. Thomas Pearson
Wilson Hall
Provost/Vice President for Academic Affairs
Room 211
(732) 571-3405

Red Bank, catering to the college lifestyle and more

Red Bank, located at 14 Broad Street

This classic Italian eatery is always a hot spot at dinner time. It’s loud, yet cozy atmosphere draws a mixed crowd who all come to enjoy the cozy warmth and the like. The restaurant is dimly lit with strands of white light along either wall, creating a romantic dining area. During spring and summer outdoor seating is available, providing an ideal location for people watching. One of the best kept secrets of the Bistro is the sushi bar in the back, where one can get a wide variety of sushi. For reservations and questions please call 732-741-3637.

The Bistro at Red Bank

Located at 14 Broad Street

The Bistro at Red Bank is a small but trendy restaurant in Red Bank. It has been around for over a year now, and is known for its quality food and excellent service. The Bistro offers a variety of dishes, from pizza and pasta to burgers and sandwiches. The restaurant is open for breakfast, lunch, and dinner, and is always busy with customers.

The Bistro is a great place to relax and enjoy a meal with friends or family. The atmosphere is cozy and inviting, and the staff is friendly and attentive. The Bistro is also a great place to watch a game or catch up on some news, as there is a big screen television mounted on the wall.

Red Bank, catering to the college lifestyle and more

The Outlook 23

O-Campus Employment-Federal Work Study Job Fair

Federal Work-Student Studies have the opportunity to meet and interview with over 70 employers on September 8th in Anacon Hall in the Student Center. The job fair will be held from 1:30 – 4:00 PM.

Thereafter, all Federal Work-Study students may make an appointment to look for a job with the Assistant Director of Placement for Student Employment in the Life & Career Advising Center. Student help students may fill out an application card for the waiting list beginning the first day of classes, September 6. Jobs may open up to Student Help after all Federal Work Study appointments have been seen.

A reminder to all students and supervisors: no student can begin working without the proper paperwork and filing a FAFSA (Free Application for Federal Student Aid) for the new academic year!

The Student Employment Office has open hours for students to complete and update all paperwork. Tentative open hours are: Monday 9:00 – 11:00, Tuesday 12:00 – 1:00, Wednesday 2:30 – 4:15 (except 9/14), Thursday 2:30 – 4:00 (except 9/8), and Fridays 11:15 – 12:30.

As always, if the hours are inconvenient an appointment can be made by calling 571-3471.
Welcome to the Social Work Department at Monmouth University!

You will hear this said many times over - we have hired three new full-time faculty: Dr. Carolyn Bradley, Dr. Rosemary Barbera and Dr. Tina Maschi. All our faculty are committed to providing you with a great learning experience and with mentorship as you develop your professional self;

- we are beginning a collaboration with Drew University School of Theology, where we can offer an MSW/MDiv dual degree;
- we continually add new field internship opportunities to our program, both with the state of New Jersey, as well as field internship opportunities overseas (in Latvia, Bangladesh, Ghana, Canada, and Mexico);
- we are starting a series of student workshops on Tuesday afternoons that will directly benefit students and their learning within the department.

This will not be the first, or the last time you will hear about what we are doing in the Department. There will be many opportunities for you to express your ideas, your feelings, and your opinions - we welcome and encourage your input.

Once again, welcome – we look forward to meeting all of you in September.

Sincerely,
Robin Sakina Mama, Ph.D., Chair, MSW Program Director
Associate Professor

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Counseling and Psychological Services

The Office of Counseling and Psychological Services welcomes you to Monmouth University. The office is located on the first floor of the Rebecca Stafford Student Center, within the LCAC. Counseling services offers free, confidential counseling to students on a "first come, first served" basis. Both staff and licensed professional counselors provide support to students faced with various mental health issues such as depression, anxiety, panic, family issues, relationship concerns, eating disorders, poor academic performance, and assistance during any mental health crisis.

The staff coordinates programs in both the fall and spring semesters on a number of mental health topics, often featuring outside speakers who are invited to address student groups. The fall 2005 program begins with "A Few Good Men" a "for men only" program on September 20th on violence among men and toward women. On September 27th, Karen Gillepsie of 1800 Lifelines Around will present a program on relationship abuse. October 6th is a National Depression Screening Day, when students can participate in a screening for depression and other mood disorders. On October 25th, students are invited to attend a program on suicide prevention featuring Bloor Katz of the Traumatic Loss Coalition for Youth in Monmouth County. Our Film and Discussion" on November 15th features "Ordinary People" and will continue to focus on suicide prevention with an open discussion following the film.

In an effort to help students relax and focus before final exams, the "De-Stress Fest" on December 7th offers a few minutes of relaxation with prizes, food and massage to those in attendance.

A current copy of the fall program schedule and information about other counseling and psychological services and programs in general can be located at the Counseling and Psychological Services website. After entering the Monmouth University home page, click on "LCAC" and then "Counseling and Psychological Services." For a listing of upcoming mental health topics, stop by and take a look at our self help brochures.

Students interested in meeting with a counselor may stop by or call the office at 732-571-7937 to schedule an appointment, or they can contact us at muncounseling@monmouth.edu and we will reply promptly.

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The Writing Center
A Valuable Resource on Campus

Monmouth University’s Writing Center serves as a campus resource for undergraduate and graduate students who want to develop proficient writing skills. Tutoring is available for students in all undergraduate and graduate courses that involve writing.

• Students in Introductory Composition courses work with tutors who have taken or taught these courses.
• Students in General Education Literacy courses work exclusively with faculty tutors who have taught the courses or are currently teaching the courses.
• Students in Writing Intensive classes in their majors can work with peer and professional tutors from a variety of backgrounds and disciplines.
• Language Minority students (those for whom English is a second language) can work with tutors who are trained in tutoring LMET/LSS students.
• All other undergraduate and graduate students can receive help to improve their writing.

Our staff identifies each student’s particular needs and matches him or her with a tutor who will meet those needs. Students work with trained tutors on an as-needed basis whenever possible, and some may work with a different tutor at each appointment or with one tutor consistently.

Writing Center tutors include undergraduate and graduate students, professionals, and faculty members, all from a variety of backgrounds and disciplines. All tutors go through an extensive training process and are assisted by tutor mentors during their first semester of work.

In addition to coursework, the Writing Center also offers help with:
• Personal statements for graduate school/job Applications
• Resumes
• Cover letters
• Documentation styles

The Writing Center also has a computer lab where students can work on their papers with their tutors and then print out their finished work at the end of each session. Although the Writing Center occasionally accommodates walk-ins, students are strongly encouraged to make appointments in advance by telephone (732-571-7934) or in person. For more information, please contact Jeanne Saumera, Secretary or Jane DeTullio, Coordinator of the Writing Center.

The Writing Center is located in the 700 Building, between the Rebecca Stafford Student Center and the Boylan Gymnasium. Our e-mail address is writingcenter@monmouth.edu for the fall 2005 semester are: Monday & Wednesday 8:30 am-5:45 pm, Tuesday & Thursday 8:30 am-7:15 pm, Friday 8:30 am-3:45 pm.

Visit our website for more information http://www.monmouth.edu/student/support/skills/writing.asp

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WELCOME BACK
September 7, 2005

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Important Announcement from THE OFFICE OF REGISTRATION AND RECORDS

January 2006 Potential Graduates

Undergraduate and Graduate Students who plan to complete their degree in January 2006, must officially apply for graduation no later than Friday, September 30th 2005. Applications are available in the Registrar’s Office or you may download the form off the Monmouth Web Site (www.monmouth.edu/academics/registrar/forms).

After this date, the Registrar’s Office cannot guarantee a timely graduation. Any questions, call 732-571-3477.

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The Outlook

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Catholic Centre at Monmouth

Please join us every week!

Weekly Mass
Every Sunday 7pm
Every Wednesday 1:10pm
Understanding your Faith Series
3rd Tuesday of Every Month 7pm

Men’s & Women's Bible Study
Every Wednesday 5pm

ASL (American Sign Language)
Class Every Thursday 7:30pm

Stump the Priest Night
October 19th, 7:30pm

Watch for our special events during the semester!

Food Always Served!
Catholic Centre at Monmouth University
16 Beechwood Avenue
Gate to our house is located in the rear corner of Lot 4, next to the Health Center.

Call us at 732-229-9300

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Important Announcement from THE OFFICE OF REGISTRATION AND RECORDS

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WELCOME BACK

September 7, 2005

The Outlook

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PARKING REMINDER

- All students must register their vehicles with the University Police Department.
- Vehicles authorized to park on campus must park in assigned lots only.
- Assigned decals must be permanently affixed and properly displayed on vehicles.
- Decals are not transferable.
- Parking restrictions are relaxed from 4PM Friday to 4PM Sunday.
- The traffic office is located at police headquarters on the corner of Cedar and Norwood avenues. Business hours are Monday – Friday, 8AM – 4PM.

ID CENTER HOURS FOR SEPTEMBER
Lower Level, Student Center

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<th>Monday</th>
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<tr>
<td>9/5 – 9/9</td>
<td>Closed</td>
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<td>9/12 – 9/16</td>
<td>9AM-2PM</td>
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<td>9/19 – 9/23</td>
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<td>10AM-3PM</td>
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<td>9/26 – 9/30</td>
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Welcome back students! The library now has a new entrance. The magnificent renovations of the Guggenheim mansion are complete and patrons can now enter the library from the west belvedere of the Guggenheim mansion. A walkway from the library parking lot takes you up the steps to the entrance. Stop by to see the architectural details which have been carefully restored in the 1905 mansion. This area of the library will serve primarily as office space, study areas and will house special collections.

In response to the Spring library survey, library hours have been adjusted. We are now open earlier weekdays and on Sunday. Our new hours:
- Sunday noon – midnight
- Monday – Thursday 8am – midnight
- Friday 8am – 6pm
- Saturday 9am – 5pm

Other changes in the library include upgrades of the computers in the information commons and a new instructional lab. We are currently awaiting the arrival of new furniture which will also improve study areas.

This year, during the final phase of the library construction project, some of our book and journal collection has been moved to an offsite storage location. However, we now subscribe to 100 electronic resources providing anytime/anywhere access to e-journals and e-books. Please stop by the reference desk to get acquainted with some of these new resources which are accessible from the library catalog and research databases website.

Thank you for the feedback you provided in our survey and we will continue to strive for improvements in library services and facilities. Please continue to let us know how we can serve you better.

Monmouth University Library
http://library.monmouth.edu/
(732) 571-3450

Substance Awareness Department

College can be a stressful time for some and healthy decisions may be difficult to make. Monmouth University realizes this and offers a wide variety of resources to assist students. The Office of Substance Awareness is designed to assist students with issues related to alcohol and other drugs.

Free, Confidential Services Include:

- Alcohol/Drug Assessment and Referrals- Students can make private appointments with the Substance Awareness Coordinator for an assessment. If you or someone you know is struggling with these issues, talking about it is a great first step. You can explore options and ideas in a safe setting. We can provide you with information regarding available counseling services.
- 12-Step Support Group Information - Come on by for a full updated list for groups, such as, Alcoholics Anonymous, Narcotics Anonymous, Nicotine Anonymous, and Al-Anon (for those living with an alcoholic in their life).
- Free Information & Resources- Stop by for a variety of health related pamphlets on alcohol and drug abuse, nicotine, and drug facilitated sexual assault. Even if you need information to show a friend you care or you need information for a school paper, we can help you.

Substance Awareness Program Events and Groups are also coordinated to encourage responsible, healthy decision for our students.

- Student Group (SIPs) - This is a great way to meet new people, be a part of the campus community, plan and organize fun activities and advocate a healthy and safe campus environment. This looks great on a resume or if you are in any social service, education, or psychology major! Look for us at Involvement Day on September 21, 2005.
- Thursday Night Alternatives (TNA)- In conjunction with Residential Life, alcohol-free social activities are planned monthly at Oakwood Hall 10pm-Midnight. Be there on September 8, 2005! Look for TNA on the first Thursday of each month.
- Campus Events- The Office of Substance Awareness will host events, such as a Health Fair, Homecoming Tailgating Party, “Exam Breaks”, and Alcohol Awareness Week Activities.

All students are encouraged to contact us if we can be of any assistance.
Office of Substance Awareness, Health Center
Suanne Schaad, MA, LCADC
Phone: 732-263-5894
Email:sschaad@monmouth.edu

You can find Monmouth’s New Learning Management System at
http://eCampus.monmouth.edu

Logon with your Hawkmail Username and Password

New at your Library
The Monmouth University Hawks football team has won the Northeast Conference championship and ten games in each of the last two seasons, and they show no signs of slowing down in 2005.

Armed with an experienced, potent offense and a stifling veteran defense, the Blue and White returns six all-NEC players from last year’s team, which captured the Sports Network Division I-AA Mid-Major National Championship, the first national title for any sport in school history.

The offense is led by preseason all-conference quarterback selection and Co-captain Brian Boland. Coming off one of the finest seasons experienced by a recent Hawks signal-caller, Boland’s passer efficiency rating of 136.7 is second best in school history. The junior completed 56 percent of his passes for 1,643 yards, 12 touchdowns and only six interceptions. His main target is senior wideout Miles Austin. Last season, Austin snagged 47 passes for 859 yards and nine touchdowns. A very versatile player, he also ran the ball five times for 86 yards and a score, and completed his only two pass attempts for 92 yards.

The junior completed 56 percent of his passes for 1,643 yards, 12 touchdowns and only six interceptions. His main target is senior wideout Miles Austin. Last season, Austin snagged 47 passes for 859 yards and nine touchdowns. A very versatile player, he also ran the ball five times for 86 yards and a score, and completed his only two pass attempts for 92 yards. He is complemented by senior Mike McClelland on the outside and junior Adam San Miguel in the slot. Senior Brendan Kennedy is making the move this season from quarterback to wide receiver, and his athletic 6-foot 5 frame should take pressure off of Austin and relieve the double coverage he saw so much a year ago. Co-captain Bobby Smith returns for his fifth and final year in the Hawks backfield. He is the leading returning rusher on the team after compiling 410 yards and three touchdowns last year. The anchor of the offense, the offensive line, returns all-NEC pick John Castoro to a unit that helped the Hawks average almost 150 rushing yards per game. The defense is led by a strong front seven, along with quite possibly the best defensive backfield in the conference. The Hawks return almost all of their defensive linemen, including senior co-captain Brian Sweeney. Second team all-NEC linebacker Mike Castellano returns to man the middle after the midfield sparking first year in the Blue and White. He had 71 tackles, including 13.5 for loss. The secondary returns all four starters in cornerbacks Rob Lomoriello and David Jiles, Matt Hill and Nick Castellano.

First team all-conference punter Sean Dennis returns to anchor the special teams. His 40.1 yard punter average and 15 punts placed inside the 20-yard line helped to win the field position battle for the Hawks on many occasions. The Hawks travel to Long Island to take on Stony Brook to open their NEC slate on Oct. 1.

**FOOTBALL NOTES**

**Five points to keep an eye on**

1. Rob Lutz, Walter Carter and Leonard Brice - The backup running backs should see their fair share of carries this year. Lutz ran for 129 yards a year ago, and is very versatile. He averaged 26.9 yards on kick returns, and will move this season from quarterback to wide receiver should that should contribute right away.

2. Adam San Miguel, Mike McClelland and Brendan Kennedy - The receivers not named Miles Austin have to step up. Last year, San Miguel and McClelland combined for 36 catches. Austin had 47 catches himself. The infusion of the converted QB Kennedy to wide receiver should help bolster an already athletic unit, but for the Hawks passing game to reach its potential, these three need to play up to theirs.

3. The kicking game - The graduation of Steve Andriola means that the Hawks are unsettled in the kicking game for the first time in two years. Sophomores Mike Pizzuli and Fred Weingart are vying along with punter Sean Dennis to solidify the position. The kicker spot is very important to the Hawks, last year Andriola won two games with last-second field goals.

4. New LB’s - Anthony Addonizio and Mike Nunziato are the new starters at the outside linebackers spots. Addonizio has seen his fair share of action, but Nunziato is relatively untested. There are a ton of young players ready to prove they can play too, led by Johnny Williams.

5. Expectations – The Hawks are in the midst of the finest two year run in school history - 20 wins, two conference titles, one national championship. This year, they are everyone’s big game. You can bet that the Monmouth game is circled on Central Connecticut State’s and Albany’s calendars, among others. No NEC team has won three straight titles since Robert Morris’ run in the late 1990’s.

**2005 Northeast Conference Football Preseason Coaches Poll**

1. Monmouth (4)
2. Central Connecticut St. (1)
3. Robert Morris (2)
4. Albany (1)
5. Sacred Heart
6. Wagner
7. Stony Brook
8. St. Francis (PA)

*first place votes in ()

LISTEN LINE: All Monmouth Football games can be heard live on WMCX 88.9 FM, WMCX.com and SportsJuice.com.
Head Coach Krissy Turner, in her eighth season will look to lead the Hawks back to the playoffs.

Just like the game against the Owls, the Hawks would trail the Canes only 1-0 at the half; however in the second half Miami started to break away, scoring in the 53rd, 63rd and 64th minutes.

Sand was impressive for the Hawks, blasting seven shots, leading the team in that category for the second straight game. She comes back from Florida with 10 shots in the two games combined. Last year, Sands led the team with nine goals and 24 points. Both good for fourth in the NEC. She was named to the first team All-conference.

While in goal, Kozlowski faced a barrage of shots from the two Florida schools, 38 in the two games combined.

The Hawks were chosen third in the pre-season poll, as voted by the conference coaches. Monmouth won the first two NEC tournaments and made the postseason nine consecutive years, before failing to qualify last season. They finished fifth in the final conference standings, with only the top four qualifying for postseason play.

Head Coach Krissy Turner, in her eighth season, will look to lead the Hawks back to the playoffs.

This year with Sands is a second team All-NEC member as a freshman last year, Amy Hoyer. Hoyer finished second on the team with five goals.

The team will be led by six seniors, and an incoming freshman recruiting class that was ranked tops in the NEC by soccerbuzz.com last May. Newcomers include, Kozlowski in goal; Tara Froehlich, a senior who transferred over from Rutgers; freshman midfielder Brie/Anne Nemejko, a NSCAA High School All-American; Ilhana Blackshear, who scored 50 goals in her High School career; and Jaclyn Penner, who will help on defense.

Despite the 0-2 start in Florida, the Hawks still have high hopes and a good outlook for the 2005 season, with the main focus returning to the NEC Tournament after being absent for the first time ever last year.

The Hawks return back to the Garden State to play at St. Peters on Sept. 2 in Jersey City, a team that they beat 7-4 in last year’s opener, before returning home to play their 2005 home opener finished second on the team with five goals.
the fall season begins...

Come out and show your support for the Monmouth Hawks. Field Hockey, Cross Country, Soccer, and Football schedules for the fall season are all available at www.monmouth.edu/athletics.