Norovirus Outbreak at Some N.J. Colleges

University Goes on Health Alert to Take Precautions

NICK HODGINS
CLUB AND GREEK EDITOR

A fire blazed throughout Brighton Avenue, Long Branch, N.J. on Monday, February 13, taking out 10 businesses and 14 apartments on the street. The fire began around 10:30 am and was still being hosed down after midnight. It took 11 fire departments and approximately 160 firefighters to contain the fire, according to the Asbury Park Press. There were no reported injuries, aside from a few minor ash burns to some of the firefighters and a cut to one.

The businesses affected include West End Dance Academy on Ocean Avenue, Sacred Circle New Age Center, Universe Graphics, Maloney’s Jewelry, Needles, The Wave and East Coast Coins.

According to Andrew DiChiara, junior and firefighter for West Long Branch Fire Department, the fire was thought to have possibly originated in the basement of the dance studio.

The Wave issued a statement on their Facebook page post-fire: “Thank you to everyone who has reached out to us. We really appreciate all the phone calls, prayers and messages, and we know with the help of all of you we will be back and better than ever.”

Over a dozen residents were left homeless, losing their apartments, possessions and some pets in the fire. The tenants were brought to the Long Branch Senior Center, where they were assisted by Red Cross officials. Some tenants had to be evacuated but many were at work during the fire, according to the Asbury Park Press.

Locals gathered to watch as the fire grew, some crying over the tragedy taking place. With the ocean winds blowing strong, ash was carried across Ocean Avenue causing the roof of Wells Fargo Bank to catch on fire. The firefighters were able to put it out without much damage done to the building.

With multiple fire departments fighting the flames, water sources became an issue at points, explained DiChiara. “There were so many different fire hoses running that we would lose pressure or divert water to another hose,” he said.

Dan Gregory, University alum, also works with the West Long Branch Fire Department. He explained, “Each hose puts out 1,000 gallons a minute, with each gallon weighing eight pounds. People don’t realize the hoses themselves do damage to the buildings as well.”

Joe Reale Jr., President of the Long Branch Historical Association, appreciated all the phone calls, prayers and messages.

Brighton Avenue Blaze Destroys Several Buildings and Businesses

Beating continued on pg. 3

Norovirus

• Symptoms: Vomiting, non-bloody diarrhea, and stomach cramps. As an individual may also have headache or low-grade fever. Typically lasts a couple of days.
• Onset: Ranges from 10 hours to three days after exposure.
• Treatment: Antibiotics don’t work, because it’s a virus. Drink clear fluids, rest and wait it out. Some symptoms, such as diarrhea, can be treated.

In the e-mail, Mary Anne Nagy, Vice President for Student and Community Services, informs students that the campus is sans virus that every February starts the Norovirus. The University’s Facilities Management staff is continuing to clean and sanitize, perhaps even on an elevated level. She also says that students are more than welcome to contact Health Services should they feel symptoms of need attention.

As for taking precautions, the situation is being closely monitored, according to Kathy Maloney, Director of Health Services.

In the e-mail, students are urged to take simple measures to protect themselves. Precautions such as washing hands thoroughly, washing food, not sharing eating utensils, and disinfecting surfaces, not sharing eating utensils, and disinfecting surfaces, not sharing eating utensils, and disinfecting surfaces. 

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Norovirus continued on pg. 3

The University was warned of an outbreak of the Norovirus via an e-mail sent out to the members of the University community, informing them of the recent widespread virus that has previously appeared at Rider University and Princeton University.

Although the virus typically only lasts 24 to 72 hours, the Norovirus proves itself a brutal and possibly originated in the basement of the dance studio.

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Students Commemorate Black History Month Through Read-in Chain

KEVIN HOLTON
COPYWRITER
ALEXA DE ROSA
CONTRIBUTING WRITER

Faculty and students from the University gathered for the Black History Month Read-in Chain that took place at 9:00 am on February 6 on the second floor of the Rebec Stafford Student Center.

The event was designed to celebrate African-American history in a manner that highlights the importance of literacy in today’s society. This event was organized by University students, as well as Mercy Azeke, Dean of the Center for Student Success. Attending this event were students of the West Side Christian Academy Elemenary School (WSCA), a sociology class from the University and New Jersey State Senator Joe Kyrillos.

The room was set up with several chairs for students and a podium where students read poems and literature in front of the crowd. The walls were decorated with several inspirational quotes and words spoken by famous African-Americans, including Dr. Martin Luther King Jr. and Rosa Parks. The other room was designed to have fun activities where the children were able to write their own poems and literature; they could then hang them upon the “Poetry Clothesline,” where classmates and family members could read them. Children wrote about anything they wanted, such as baking cakes and playing sports. There also was an area where the children could read books to each other.

Children, volunteers, parents and teachers all came together to dedicate the day to reading poems and literature of several different African-American authors. The readings included selections about African-American culture, skin color, how they were raised and life experiences.

“This event is a celebration of literacy and to embrace the African-American literature in general,” said Marilyn Ward, the Coordinator of Service Learning and Community Program.

One of the poems read was by renowned author and poet, Maya Angelou. Another poem read was about George Washington Carver, who taught himself to read in pursuit of his education.

The sociology class in attendance was divided into four groups. Each group read one piece involving the importance of literature. Though the students were expected to attend and participate, many were to have the opportunity to promote literacy and education to the young audience.

“The event was very enjoyable and featured many works by well-known African-American writers,” said William Scarn, a student in the class. “I feel that there might have been a larger Monmouth student turn-out had the event been publicized a bit more widely, but I was very pleased to see that Monmouth provided a forum for the promotion of cultural sensitivity and diversity.”

One of the WSCA students happened to have written a short story and read it to the audience. It was a tale of three swans who lost their parents and embarked on a journey to find safety and their remaining family. The faculty of WSCA was very proud of her ability to write without provocation, as well as to read her story in front of a large audience.

Soon after this, Senator Kyrillos took the podium and read White Water, a children’s book about a young African-American in the earlier, segregated days of America who became preoccupied with the idea of drinking from the “white’s only” water fountain. He was warmly welcomed and has been invited to various University events in the past. He will likely attend future events as well.

“I loved being with the kids, reading and discussing some important lessons, and letting them know how important it is for them to learn to love to read,” Kyrillos said. “[They were] a bright, happy group.”

Jeffery Jackson, the school’s principal, said that he was extremely proud of the event’s turn out. According to his father’s wise words, he said “People always ask about what educators should do about kids struggling with their education. Well, now, we are doing something about it. It’s amazing.”

Mercy Azeke, Dean of the Center for Student Success, said that he was very pleased with the event because it was very successful in promoting literacy, as well as African-American authors to the youths in attendance.

“I thought that the event brought together community leaders, the MU administrators, faculty and students for a very good cause, which is to encourage our grade school students to read.” Azeke said. “I was very happy that it took place at Monmouth University; it was an opportunity to expose our grade school children to a university environment.”

West Side Christian Academy has been focused on children’s education for nearly 12 years. Children are inspired to write every day, especially while studying African-American literature in dedication to Black History Month.

University Partners With Ranney School

CASEY ALLOCCO
CONTRIBUTING WRITER

The University’s Honors School has formed a partnership with the Ranney School in Timonium to allow the students of the University’s Upper School.

The students will be enjoying a six-week symposium where they will be able to ask professors questions, discuss topics with each other and enhancing their knowledge on ethics and business.

“The event will allow the students of Ranney to experience level, according to a University administrator Lawrence S. Sykoff, the Head of the Ranney School. "The event was in response to an idea of drinking from the ‘white’s only’ water fountain. I think that the event brought together community leaders, the MU administrators, faculty and students for a very good cause, which is to encourage our grade school students to read.” Azeke said. “I was very happy that it took place at Monmouth University; it was an opportunity to expose our grade school children to a university environment.”

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Message from the President

Dear Freshmen, Sophomores and Juniors:

Recently I’ve run across several student situations in which senior students have suddenly found deficiencies in credits that put graduation in jeopardy.

I have a single recommendation: check your academic audit each semester, each year, so that you can plan effectively for graduation. You can get the audit online at: http://webadvisor.monmouth.edu.

Take care of each other.

Paul G. Gaffney II
President

CRIME BUSTER

THIEFTHEFT

2/12 - 1:00 PM WOODS THEATRE

MUPD HAS A NEW PHONE NUMBER:

732-571-4444

WED. THURS. FRI. SAT. SUN. MON. TUES.

2/8-2/14
Turnitin Follow-up: Professors Finding Software Beneficial

ANGELA CIRIAGO
CONTRIBUTING WRITER

Last semester, the University in conjunction with the detecting program called Turnitin. The program scans essays that are submitted to eCampus and compares the words to similari-

ty papers within the database. This program is not unique, it comes from other universities, as well as other universities. The program high-

lights the articles that are similar and estimates a percentage of how much the paper is plagi- 

aryzed. Using Turnitin is not mandated by the University. Instead, professors are given the op-

portunity to use the program in their classes and will not be penalized if they do not choose to use it.

Professors who teach in the history department at the University. He said that numerous teachers in the history department have begun using the program. “It’s a great program, I have been using it for years,” Lipman said. “It saves me a lot of time. I no longer have to worry about students cutting and pasting other people’s work, so I have students’ original work.”

Other professors view the program as very beneficial. They are able to concentrate on the content of the students’ papers as opposed to trying to deter-

mine whether the student has plagiarized. Professor Upper Sampson has been teaching at the University for several years now and has taught a vast ma-

jority of communication class-

es. This past year, she decided to begin using Turnitin in her classroom. “I believe that Turn-

itin is helpful to both teachers

and students,” Sampson said. “As a teacher, I know there are times when students aren’t fully aware that they are plagiarizing, so when something comes up on plagiarism, I believe using the pro-

gram helps them understand.”

University students have be-

come more aware of plagiarism. “I think it is a good idea,” Cenicola said. “I would have liked to have been notified, do not get me wrong, but being notified with,” Cenicola said. “I would have liked to have been notified, do not get me wrong, but being notified, though, that information like this is for our safety once they leave campus…stu-

dents can often be seen walking on the path that is where the dorms are located. This is a far cry from the main campus, which isn’t exactly the safe-


town, but isn’t exactly the safest either. “Keep an eye on your things when you are walking. The campus is in the vicinity of some of the most dangerous towns, as well. “Keep an eye on your things when you are walking. The campus is in the vicinity of some of the most dangerous towns, as well. “Keep an eye on your things when you are walking. The campus is in the vicinity of some of the most dangerous towns, as well.

College Republicans of Monmouth University

“John the Dying”

The Princeton University campus also is on heightened alert. Enti-

ties are being sent out at Rider University. Monmouth students are making attempts to do what they can to keep the virus away.

Alyssa Caporaso, a public rela-

tions major, said that she entertains the thought of the virus. “I am con-

cerned that the norovirus will hap-

pen at Monmouth, but to prevent myself from getting it, I will take all the necessary precautions,” she said.

Because the University is free of this virus right now, there is seemingly less to be worried about. Although this is true, students, faculty and anyone inhabiting the campus must be constantly aware of their surroundings. Being that the virus is contagious through com-

mon daily practices, it makes living on campus exciting the University a lot harder. As Nagy mentioned in the e-mail, there is a lot that can be done to prevent the virus from spreading.

Maloney added, “The key things to keep in mind with regard to prevent-

ing the virus is being in good health. However, something could happen at any time. The key things to keep in mind with regard to prevent-

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Training in dealing with such situations involves training and operating the University a lot harder. As Nagy mentioned in the e-mail, there is a lot that can be done to prevent the virus from spreading.

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University Takes Precautions Against Norovirus

Norovirus continued from pg. 1

on the University campus; how-

ever, there have been a handful of cases that resemble points of the se-

sonal GI virus that Health Services typically see this time of year. “That

does not mean that it won’t be here. It just means that we have not seen a true norovirus outbreak yet. Facili-

ties Management is wiping down every meal with bleach-based products and Turnitin is prepared to stock in fluids for oral hydration, if needed.”

However, things seem more im-

mediate to Megan McGivney, a senior at Rider University. Rider Alert, the University’s Emergency System, notified students at 3:16 am last Thursday that approximately 40 people had thus far contracted the virus, and at 1:09 pm, they got a follow up e-mail.

“Rider continues to receive re-

ports on both campuses of students and some employees experiencing symptoms of a gastrointestinal illness, likely to be caused by a norovi-

rus infection,” Kelly Sprouls, a first-year student at Rider University, had the virus a few days ago, said she had the chills the whole time.

sprouls added that for three days in a row, she was sick to her stomach. She said “The dorms were quarantined last night and they ran out of ambu-

cances so they had to use vans. Forty

Kids were rushed to the hospital last night and more were rushed just be-

cause the Princeton University campus a lot harder. As Nagy mentioned in the e-mail, there is a lot that can be done to prevent the virus from spreading.

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Grad Students Create Documentary on Living a Monsanto-Free Lifestyle

JOHN HAREN
STAFF WRITER

Two University students working toward their masters degrees in social work have teamed-up together to document their experience living a Monsanto-free lifestyle for six weeks. Mary Saczk and Jessica Kunstblatt hope to bring awareness to the public about the large corporations that have a strong influence over the global food supply and food policy. In particular, they are focusing on Monsanto Inc., a multinational agricultural biotechnology company who is the leading producer of genetically engineered seeds in the world.

In December, Saczk and Kunstblatt started filming A Patented Life: Sowing the Seeds of Human Rights. The first day of their six week endeavor to live completely free from any food products or byproducts which incorporate genetically modified organisms (GMO’s) was Jan. 15. Any personal hygiene products that have glycerin, or other GMO’s, were discarded, and any new clothing purchased during the six weeks will be free from GMO’s. Since Monsanto provides the technology in 90 percent of the engineered seeds in the U.S., the non-consumption and boycot of their products is called Monsanto-free.

But Monsanto’s influence on everyday produce is so great that trying to avoid any products containing their genetically engineered seeds seems nearly impossible. “I never enjoy grocery shopping,” said Saczk, “but when I spent hours reading labels to buy certified organic, my frustration level rose higher than ever.” Saczk says that if food products are not labeled 100 percent certified organic, then there is a good chance that genetically engineered ingredients are in it. “For example, canned pumpkin may not be labeled, but 40 percent of canned pumpkin in the U.S. is genetically engineered.”

Another major problem related to GMO’s is that products in the U.S. are not labeled specifying their presence. According to justlabelit.org, more than 80 percent of processed foods at U.S. grocery stores are likely to contain genetically engineered ingredients and the consumer is not even aware of those constituents. The Food and Drug Administration (FDA) does not require labels for foods with genetically engineered ingredients. “One of our goals in making the documentary is to enlighten the public on GMO’s presence in our food, and to rally their support in convincing the FDA to label the products containing these genetically engineered seeds. The U.S. is the only industrialized country in the world that doesn’t require this labeling,” said Kunstblatt. “I believe it is important to voice an opinion on the matter, and to join a petition on justlabelit.org to urge the FDA to require labeling on GMO products.”

To date, there have been no independent research experiments on the possible health effects from consuming GMO’s. According to globalresearch.ca, the GMO agribusiness companies like Monsanto, BASF, Phosphate, Syngenta, and other independent research. As a precondition to buying their seeds, farmers must sign an End User Agreement with Monsanto and other agricultural biotechnology companies that explicitly forbids that the seeds be used for any independent research. The only group that is allowed to research on genetically engineered seeds is Monsanto and the other GMO companies and the findings are obviously biased. They credit their technology as the “solution to world hunger.” But in the shadows of this self-proclaimed savior lay rising speculation of potentially harmful side effects from ingesting the produce. Concerns of liver, kidney, stomach and reproductive damage are in direct relation to the herbicides and pesticides used on the produce,” said Saczk. To add to the genetically engineering a seed means inserting or deleting certain genes in the organism’s DNA structure which changes the biodiversity of the crop.

Ron Garner, author of Conscious Health: A Complete Guide to Wellness Through Natural Means, states that, “Since the body becomes what it is fed, genetically modified foods and produce will have a negative influence on one’s cellular structure.”

Kostenblatt says that working on the documentary has given her the opportunity to educate people on the omnipresence of GMO’s. “I work at the grocery store in New Jersey, and I had no idea that every piece of meat I worked with come from ingesting the produce. ‘Conners of liver, kidney, stomach and reproductive damage are in direct relation to the herbicides and pesticides used on the produce,’” said Kunstblatt. Some of the footage one can expect to see in the documented experience are cooking with Monsanto-free lifestyle,” said Kostenblatt. Some of the footage one can expect to see in the documentations experience are cooking with Monsanto-free lifestyle. “Co-workers see that I am eating different foods than usual and ask what I have been eating,” says Kunstblatt. “We decided that it would be more beneficial to the learning process to let viewers experience our daily routine along with us to see the different challenges that accompany a Monsanto-free lifestyle,” said Kostenblatt. Some of the footage one can expect to see in the documented experience are cooking with Monsanto-free lifestyle, interviews with farmers, chefs and nutritionists, and the daily experiences of Saczk, who just recently flew to Bangladesh for an internship on an organic farm.

“In general,” said Kunstblatt, “the purpose of this project is to spark discussion about the human rights implications of Monsanto’s influence on our food, and to bring awareness to our viewers of the dominant grip that has on our everyday lives.”

Fire Breaks Out on Brighton Avenue

Fire continued from pg. 1

saw this fire as the end of an era. One of the buildings to burn was, according to Reale, the last original building remaining on the West End. The building was so old, in fact, that it didn’t have fireproof walls, he explained.

Angelo Cuglia, Long Branch Assistant Fire Chief, was quoted in the Asbury Park Press saying the already older condition of the fire damaged buildings was a new problem for firefighters. The charred wood of the 100-year-old building is weak and can fall easily. At around 3:20 pm a wall of the historic building collapsed.

Kyle Durso, junior and history major, is a student living in the Diplomat Apartments, which were in close proximity to the fire. “The fire only really affected my commute to class,” explained Durso. “The water pressure was significant, but that was understood.”

Durso trusted in the competence of the police and fire department and was not concerned with his own safety in the Diplomats, but concerned with the safety of those on the scene working to contain the fire. Mary Anne Nagy, Vice President for Student and Community Services, sent out an e-mail to students in the Diplomats alerting them of the fire taking place. “The smoke was quite heavy and blowing towards the complex and we wanted the students to keep their windows closed. In addition, the water pressure in the area was significantly affected and we wanted to make sure that students knew this so they could plan showers, laundry, etc., appropriately. While I understand that local roads may have also been affected with traffic [...] our primary focus centered on communicating with our Diplomats residents.”

Junior and history major education was under water and was significantly affected and we wanted to make sure that students knew this so they could plan showers, laundry, etc., appropriately. While I understand that local roads may have also been affected with traffic and evacuation of the building, the school should have told everyone because affected people who live off-campus, and weren’t able to get to school because of the traffic it caused.”

Professor William Gorman, history and anthropology professor at the University as well as a West End resident, was already on campus when the fire broke out. He said, “I think campus did a good job as did the local media in notifying those who would be affected, I noticed no lateness to class because of it and my attendance was normal prior for the day.” Gorman’s normal two minute commute home took him about 25 minutes due to the traffic and detours. “I hope they are able to rebuild the small businesses and restaurants, as that was one of the. . .”

The faculty forum series

sponsored by

The School of Humanities and Social Sciences

is honored to present

A 100 year Relationship in 100 words and 10 collages

February 29, 2012 at 11:30 AM in Wilson Auditorium

Dr. Saliba Sarsar, Associate Vice President for Global Initiatives and Professor of Political Science, will take the audience on a journey of conflict and war, as well as peacekeeping and peace building between Arabs and Jews, Israelis and Palestinians during the 20th century. The presentation will include scholarly analysis, personal experiences and anecdotes, and the exhibition of his 10 collages, with each representing one decade in Palestine/Israel between 1900 and 2000.
Tutoring Center
College Success Skills Workshops

February, 2012

Organization and Time Management: A New Semester!
2/9, 2/14 & 2/21 - 11:30am-12:30pm
RSSC, Lower Level, SS6

Textbook Reading Strategies:
Active vs. Passive Reading
2/7 & 2/28 12:00-1:00 pm, 2/16 & 2/23 1:00-2:00pm
RSSC, Lower Level, FY3

Note Taking/Listening: The Do’s and Don’ts
2/13, 2/20 & 2/27 11:30-12:30pm
RSSC, Lower Level, Room 6

Test Taking: Know What, When, and How to Study
2/22 11:30-12:30pm RSSC, Lower Level, SS6

Ready? Set? Go! Preparing for Mid-Terms
2/27 5:00-6:00pm Mullaney Hall, Room 136A
2/29 1:00-2:00pm RSSC, Lower Level, SS6

Register online http://www.monmouth.edu/academics/CSS/
tutoring_center/workshops/register.asp
Contact the Tutoring Center at 732-263-5721
Center for Student Success
Monmouth University

Monmouth Area Vegetarian Society (MAVS)
Free Events open to the Community:

Sunday, Feb 19th at 1:00 pm
Film Screening of Water - The Great Mystery
followed by special guest speaker Lindsay Kemp of Love Bottle.
There will also be a vegan potluck as part of this event.

Sunday, March 11th at 1:00 pm
A special presentation by The Front Yard Farmer Wendy Weiner, whose amazing gardening work has been seen at such places as Jon Bon Jovi’s JBJ Soul Kitchen.
There will also be a vegan potluck as part of this event.

Sunday, April 1st at 5:00 pm
Transformation to a Vegetarian Diet,
a special presentation by Lauren Fomey of Center Your Health and 3 Healthy Chefs.
There will also be a vegan potluck as part of this event.

All events will take place in the Magill Commons building
"Please RSVP to mharris@monmouth.edu.*

Follow the Monmouth Area Vegetarian Society
on Facebook for healthy recipes, events, and updates

NSSE
MONMOUTH UNIVERSITY
WHERE LEADERS LOOK FORWARD

Make A Difference in Teaching at Monmouth!
First Years

Make A Difference in Teaching at Monmouth!
Seniors

check your email

check your email
BECOME A FAN

FOLLOW US ON TWITTER @MUOUTLOOK

THE Outlook Staff Opinion

The Outlook's editors (unless otherwise noted) or contributors may write Op/Ed sections. The Outlook reserves the right to edit or reject any material which they determine is not suitable for publication or its readers. Copy and advertising concerning issues in and around the University while serving as a forum for expression of the ideas of its readers.

New Dormitory Houses Different Opinions

One thing students might worry about when coming to campus is finding a place to live. With the limited housing available for campus dorms, trying to get a place could be harder than studying for a midterm. Yet, with the recent announcement that a new dorm is being built, it seems like incoming and/or returning students might have one less problem to worry about. However, the idea that this new dorm is intended for freshman might not be as well received equally.

First off, the benefit of having a new dorm on campus is the sense of having guaranteed housing. Although it might not be a total guarantee, a new number of living spaces on campus could help to even the odds for new and returning students. Additionally, it demonstrates how the increasing number of incoming students is being addressed by the University. They see that the best way to match the number of high school students interested in attending the University is to find a way to create additional housing. With more living spaces, there’s the possibility that these students might choose to attend the University rather than another institution.

Furthermore, having a new dorm shows that the campus is continually growing. It’s great to see the University wondering how they can continue to either fix an issue like on-campus housing or working to improve the University’s look. Surely, students remember when the new science building was being built and how nice it appears on campus now. It will be interesting to see how the new dorm adds to the campus’ aesthetics and improves upon them.

However, while adding a new dorm to campus geared toward freshmen is a fine idea, one cannot forget to think about upperclassmen as well. Considering that freshmen don’t have to worry about entering the housing lottery or searching for off-campus residence, why shouldn’t sophomores, juniors, and even seniors have as much of a chance to live on-campus? Of course, one should also be aware how upperclassmen do have the opportunity to live off-campus by either renting houses or finding apartments in places like Pier Village. Ultimately, upperclassmen and freshmen are both paying students, so it should not be out of the question to think that upperclassmen should be able to use this new dorm as well.

While the new dorm appears to be earmarked for the new freshman men, one can think about updating the current dorms as well. One idea to consider is creating additions to on-campus apartments or developing more suite-style buildings where one could have a kitchen to increase not only the value, but also the look of these particular living spaces. Plus, some might think it would be nice to cook rather than have to walk to the cafeteria and/or get take-out food. This would continue to show the trend of keeping the University running smoothly and modernizing certain aspects. From here, freshmen are getting something new and returning students.

In the end, the idea of a new dorm on campus will vary through different perspectives. For freshmen and sophomores, it means having a better opportunity to live on campus rather than trying to worry if they will or will not have a place to live. For some upperclassmen, it means not limiting a new dorm to only freshmen. Juniors should have just as much of a chance to remain on campus as long as they want to, rather than go off-campus. With all of this, a new dorm is a welcomed addition to the campus that should decrease the stress of finding housing even if it’s only for a portion of the student body.

The Outlook provides the Monmouth University community with information concerning issues in and around the University while serving as a forum for expression of the ideas of its readers.

Contributions must be submitted (email outlook@monmouth.edu) by 12:00 pm Somedays to The Outlook office, 2nd Floor, room 206, Plangere Center.

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How to Submit Articles or Letters
February 15, 2012

OPINION / EDITORIAL

Although stress often interferes with our daily routine, it reportedly can boost activity in immune cells.

NANA BONSIK
STAFF WRITER

For some, stress is a part of life that brings more harm than good. However, for others, stress acts as a motivation. Although doctors tell us time and time again that we should avoid stress for health reasons, is it possible that there are some benefits to stress? Recent studies have shown that stress is not bad all of the time.

Carol J. Scott, MD, “Short term stress can increase activity in the immune cells that boost the body’s defenses.” Thus, a little stress can benefit the immune system and enhance its ability to protect the body and fight diseases. Small amounts of stress have also proved to make vaccines more effective and may even protect against certain types of cancer.

Also, according to opra.com, studies have shown “Small amounts of stress hormones can sharpen your memory.” Researchers at the University of Buffalo noted that rats who were forced to swim an activity which causes them stress—remember this as stress—learned their way through mazes better than rats that were relaxed.

Apart from some of the medical benefits of stress, it also motivated many people an “easy” way out of poverty. A date that should have been known for the death of one of America’s most difficult tragedies has been largely ignored by the majority of people.

President Lyndon Johnson’s “War on Poverty” one step further. A date that took President Johnson created policies that were designed to combat poverty, although he is not well-known for that part of his presidency. He wanted to see Americans get out of poverty and to prosper. However, he has yet to get that wish.

The date of his death marks one of the greatest tragedies in American history. It was the day in which the Supreme Court gave many people an “easy” way out of poverty, through abortion (note that under Medicaid created under Johnson, only abortions of rape, incest, and endangerment to the woman’s health are covered). Over the past 39 years, this has sadly become one of the number one options for many when facing financial difficulties.

This tragedy has had a great affect on us as a generation. We have seen one-third of our potential friends, family, and neighbors sacrificed, and for what? An answer to poverty in some cases? In a 2004 survey by the Alan Guttmacher Institute, nearly one-fourth of all abortions were the result of being unable to afford having a child.

Bill O’Reilly said it best one evening on his show during the Factor Media segment. In summary, he pointed out that not enough is done in this country to promote adoption. If adoption were more widely promoted, then those that face the opposition of having an abortion can one day have the opportunity to meet their child. Through adoption, poverty-stricken men and women will not be almost forced into regret. I know I do my part through promoting adoption (although a small part) by simply displaying my “Choose Life” license plates, which are printed on my car. I believe that the oxytocin “provides a coping mechanism, helping to convert stressful experiences into opportunities for social bonding.” Therefore, those who are feeling extremely stressed may benefit from reaching out to others, even if it is only for friendly or soothing conversation.

Scott also suggests getting some distance from the stressful situation. When one feels pressure approaching, he or she should not panic, but rather, the individual should think rationally about the problem and a feasible solution.

“When women distance themselves slightly from stressors, they make excellent problem solvers, in part because of their unique mixture of creative, intuitive, and analytical thinking skills.” Scott said.

The most important thing to remember about stress is that it should be all about balance. There are no benefits to intentionally stressing yourself out in hopes that you boost your immune system, suddenly gain a sharp memory, or are more motivated to take action. However, it is important to know your limits and understand what stress levels cause problems in your life.

Is this all a waste of time? After all, the fine print that you are forced to sign on any account on a social media website does state its own provisions in regards to a death while being an active user of their program. I know of many social media users who are concerned when the terms of service that cover the deletion of their accounts. Facebook offers a deceased individual’s family a permanent online memorial. Facebook also makes it clear that no login information will be given out to any individual no matter if it is family or not. This is a term of service that appears universal over the world of social media platforms.

Regardless, if these laws pass, an individual should entrust one person with the information and form of a reaction of the information in case that passes away. It is true that we have at least four different people, who are always going to be connected to Facebook. However, if a person never read when you create an account and change statuses, upload photos, or just stalk people who they used to be friends with, but now do not seem to understand this as appropriate in regards to privacy concerns. I am sure that many of you readers are now extremely out of date.

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**Politics**

February 15, 2012

BRITTANY HARDAKER

Super PACs (political action committees) have become extremely important to political candidates as well as their party affiliations thus far in the primary season. Free to flash voters with as much money as they can, this new type of political action committee has also increased the pressure for the presidential campaign process to evolve. The question remains: Will Super PACs be a game changer in the 2012 Presidential Election?

According to the Federal Election Commission’s website, a political action committee, or PAC, is the name given to a private group of any size that is organized to or contributes to the outcome of a political issue or legislation. How to understand the basic rules that Super PAC committees, the Federal Election Commission from which they stemmed, must first be explained. The Federal Election Campaign Act of 1971 is a United States federal law, which explained the rules and regulations behind federal election campaigns. It was amended in 1974 to place limits on legal contributions to campaigns. In turn, created the regulatory organization known as the Federal Election Commission (FEC). We know today by law as outlined by the FEC that individuals and groups must report all of their activities, including direct donations, as well as other expenses, to the Federal Election Commission, which then makes the regulations available to the public.

**What’s to stop a Super PAC from saying just about anything?**

Democrats and Republicans must deal with one another after Election Day, thus there are some formal and informal rules on their campaign behavior. Again, for me, Super PACs cloud the notion of accountability in campaigns.

**DR. KEN MITCHELL**

Associate Professor of Political Science

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**THE OUTLOOK**
Governor Chris Christie recently sparked a controversy because of a comment he made during an interview last month, saying, “African Americans who at-tempted to vote or exercise their rights were not harassed, raped, beaten, and tortured.”

The Civil Rights Movement was a reaction to the violence leveled against African Americans despite amendments to the U.S. Constitution.

Dr. Mezey, director of the sociology program, is not sur-prised that Christie’s comment could cause a stir. “It could be a reaction to an article that was in the newspapers when a public referendum on civil rights would not have had any impact on the rights for African Americans.”

Christie not only holds a public office in which he should be advocating for all of his constituents, but he is also held in high regard by Republicans throughout the country. “I don’t think it would be a good idea for the public to be aware of this kind of derogatory information?” said Dr. Mezey.”

Christie has made some con-roversial remarks in the past that haven’t sat well with both rivals and supporters, including telling a citizen that it was “none of his business” when his kids wanted to watch “Sharia Law business is crap,” and lying to the public about being in the car with the Egyptians during a Muslim gathering. Most recently, Christie did not get to a Muslim judge to a state bench. “The threat of a Muslim judge is not enough to cause a public official to be held to a higher standard as they should be able to come to the state,” said Williams. “The head of Iran’s Atomic Energy Commission is not any higher standard than any African-Americans are well doc-u-mented.”

Although the comment is still causing an impact for Christie and his reelection in 2013, Mezey is not sure the “comment will help him in the long run.”

“Americans seem to have been so used to news about international affairs.  Similar collaborations have been a lot of research done con-cerning the dual bombing in 2003.  This is the very same setting can serve as optimal con-texts that allow for complete ex-periences that permit such onlookers to be an active participant in doing so. “In order for someone to be an active participant in watching the sources up the complacency of the public,” Nogueira claims.

All in all, granting the truth that this category of comedy is easy to manipulate as one’s own opinion, it also proves a produc-tive method in approaching a political climate that compre-hend the political culture. “The benefits of using humor to approach tough issues is that it can allow the audience to feel more relaxed, recognize incon-gruities in their beliefs, and give their opinions a new look on a sig-nificant issue,” adds Phillips.  "Christie's actions will speak louder than his words."
**ALICIA MOLLENKAMP**

**Staff Writer**

Decorating a room is a great way to express your love for fashion. Interior-design techniques can be used to create an image you want to convey to the company you have over. One of the first places to try decorating extravaganzas is in a dorm room. Why you may ask? Will for starters, it’s not permanent. By the end of this semester, many of you will be moving out of your dorm rooms. That poster, bedspread, or color-motif you originally set up in your room is not permanent. If in a couple of months, weeks or days you don’t like your original design of the room, it’s very easy to change it or spruce it up with a couple of steps. The dorm is also a great place to express yourself because it’s a time of independence. You’re moving out of your house and this is your time to learn about yourself, especially through the form of expression. Use the dorm as a venue of expression, and decorate. There are many techniques and tricks to design a dorm room.

Set-up is the foundation of any room design. This includes floor space limited in space. It can be difficult for many students to set up a limited space without overdoing it, and essentially cluttering it, making it difficult and disordered. In a dorm, occupancy ranges from one to three individuals, which can lead up to three beds, three dressers and three desks. Creating space in a dorm room can be difficult, but with some techniques, more space can be created, making it easier to decorate.

First space-saving tip, invest in bunk beds. Bunk beds can achieve extra room, if you or your roommate is willing to take the top bunk! Next space-saving tip: put the dressers inside the closet. Final space-saving tip move the desks back-to-back, rather then side-to-side. With the right amount of space, a comfortable setting for yourself and your roommates can be achieved. Just remember, less is more! Now that the setup of the room is complete, a great idea is to create a theme for the room. The decor of a room can be anywhere from simple to drastic and can make decorating a room easier. A theme gives the idea of what color, patterns, objects and overall ensemble of the room. The appearance of the room can be based off of a color, perhaps your favorite color of choice. Another idea is to follow is a particular pattern, such as animal print, polka dots, or stripes. Even combining colors and patterns in a fun way to integrate your favorite patterns and colors into one theme. “I loved mixing zebra print with my room because it’s a simple pattern and I was able to change it up with different colors every time I incorporate it,” states senior, Jaimee Sarkanen, on her theme of choice. Some other popular themes that may appeal to you may be, sport, teams, beach, nightlife, and glamour. Once a theme is chosen, decorations, furniture, and accessories should be purchased to follow the chosen theme. Remember, you are working with a minimal amount of space so only purchase necessary furniture and accessories. Some recommended furniture for dorm rooms are ottomans, mirrors, bookshelves, storage bins, shoe organizers and clothing organizers.

Stores such as Target, Bed Bath and Beyond, and Walmart carry many of these products. Some recommended accessories for a room are wall hanging, lights, throw pillows, and posters/pictures. Stores such as Five Below, Christmas Tree Shop, and TJ Maxx carry a variety of these products. “I found some great accessories for my room at Five Below for a reasonable price, and it added some liveliness to my room in a matter of minutes,” states senior Jessica Lustman.

These suggestions, however, are not just limited to dorm rooms and can transform many rooms into an enjoyable and comfortable setting for your liking. It’s not too late to change around a room, or you can keep these in mind for the next time you are interested in decorating or re-decorating a room. With the right steps, tips and techniques an individual can transform any idea into a reality. Decorating is a fun form of self-expression and can really show a person’s creativity. Make it happen if not now, eventually!

**BRITANY HERRMANN**

**Staff Writer**

The weather that Mother Nature has been gracing us with seems to be the only thing more unpredictable than scoring a prime parking spot. The zoo, better known as the commuter lot.

Scavars, hats, gloves, and heavy puffer coats are considered typical winter fashion; however, the recent indecisive weather pattern has made wearing a sweater to class in February the norm on campus.

The Washington Post reported that many parts of the central and eastern United States have been experiencing temperatures 20-30 degrees warmer than average. The unusually warm weather has transformed winter fashion, causing students and faculty to adapt to the random changes to the best of their ability.

“I’ve noticed my students coming to class dressed in layers,” said communication professor Shannon Hokanson. Hokanson, who takes an interest in fashion, sees the relatively warmer weather as a positive opportunity.

“Ponchos are also very popular among my students,” explained Hokanson. Entering the world of high fashion this fall season, ponchos have made a smooth transition into the winter season considering the current weather pattern.

Ponchos are available in knits, sweaters, or coats. These three styles can be seen often on campus, particularly due to the often changing weather. The ability to incorporate layering without sacrificing personal style makes this fashion style ideal.

“I’m going to have to get my own self one of those,” said Hokanson.

The uncharacteristically warm winter has students shedding their layers this winter.

Unfortunately for men, ponchos are not available in their size. However, a comparable option is sticking with a classic zip-up and t-shirt look. Though nothing new, this style is ideal in order to keep up with cold mornings and beautiful warm afternoon weather.

Another way, according to Hokanson, to take advantage of the warmer weather is being able to expand one’s daily shoe selection. “Wearing open-toe high heels with stockings are perfect for this weather,” said Hokanson enthusiastically. Hokanson has also noticed the shoe trend spreading among faculty on campus. Though the abnormally warm weather during the winter season has spoiled us and seemed to get a majority of people more impatient for the upcoming spring season, do not be too naive. Just as we thought it was safe to put away the winter essentials and store them away in the attic until next year, think again.

On February 2, Groundhog Phil revealed that we will be experiencing an additional six weeks of winter as he crawled out of his hole and showed his shadow in Punxsutawney, PA. It is ironic to say “another six weeks of winter,” when in reality Mother Nature has barely graced us with any true sense of winter at all.

Angela Rosa, President of Monmouth University Snowriders club, is ecstatic for an additional six weeks of winter. “I hope the prediction is accurate,” said Rosa.

“I’ve been trying to plan another trip to Vermont, but the constant changing of the weather is making it impossible. The rapidly changing weather makes any trip to the mountains a complete waste of money and time riding on snow that is not worth it,” said Rosa.

“Speaking on behalf of all winter sport enthusiasts, there is nothing better than waking up to show, the feeling is indescribable,” explained Rosa. “I just want to grab my gear and go.”

Whether Phil the groundhog’s prediction will be accurate or not, time will only tell. However, there is one accessory in particular that both men and women can have in order to face nearly any type of weather.

“One fashion accessory I always have on no matter what the temperature,” said Rosa reaching for her black Oakley Frogskins. “My shades.”
Discovery Data is seeking highly motivated students to join our 2012 Professional Advancement Internship Program based in Eatontown, NJ. Through the program, students will be able to apply for part-time internships within one of our many divisions, gain valuable hands-on experience and the potential opportunity for full-time employment. Internships are available for both undergraduate and graduate students and all positions are paid.

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- **Data Research Associate:** gather, analyze and conduct quality review of data to support our industry database and custom services
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- **Marketing Assistant:** participate in daily marketing efforts including advertising, SEO/SEM, email campaigns, market research and more

**Requirements**

- Anticipated Bachelor’s degree
- Applicable studies or professional experience in available opportunities
- Exceptional follow-through and multi-tasking skills to thrive in a fast paced environment
- Strong organizational, time management, and written and oral communication skills

Specific job requirements vary per opportunity. We welcome confident, knowledgeable, self-motivated students to apply and learn more if they feel they would be a good fit. For consideration, please forward your resume to jobs@discoveryco.com with subject line “Internship Program” and include in your email the opportunity you are interested in.

Discovery Data | jobs@discoveryco.com | www.discoveryco.com

**Attorney Students**

In order to be on target to complete your degree requirements and graduate, the ORR urges you to apply for graduation no later than 1 year prior to your anticipated graduation date. By applying early, this affords you the opportunity to receive an official degree audit from the Registrar’s Office indicating if you are ‘anticipated complete’ with your registered courses. If you are not ‘anticipated complete’, having this additional time allows you the opportunity to register for any additional required courses or requirements.

Good luck with your coursework this semester!

“- The ORR

**PLEASE TAKE NOTE OF THESE IMPORTANT DATES FOR THE MAY 2012 GRADUATION:**

- **MARCH 1st, 2012:** Deadline to submit Graduation Applications through e-FORM’s
- **APRIL 15th, 2012:** Deadline to submit any additional e-FORM’s requests (i.e. Substitutions, Waivers, Declare/Remove Minor, etc.)

**Notes:**

**Please note:** e-FORM requests received after the deadline dates will not be processed.

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In the Mood Was a Toe-Tapping Trip to the Past

LAUREN GARCIA
STAFF WRITER

I hadn’t even left the parking lot when I was already seeing into elderly ladies in mink coats trying to hurry out of the cold and into the Pollak Theatre. My friend Sam Tobias, of Matawan, is a jazz musician and had mentioned the upcoming Irish show at Pollak Theatre to me. I was immediately interested as I have always loved Irish music and had heard about Cherish the Ladies, a female Irish jamband, and was looking forward to the music and dancing that I knew was to come.

The lobby was filled with people before the doors were opened to the audience. Friends shar
ing kisses and laughter, couples drinking coffee while convers
ing about the great music as everybody waited anxiously for the doors to open.

There were a select few wearing green, sticking out like five leaves on a clover. One elderly woman
chose her Kelly green knit dress for the evening, everybody seemed overly excited for the concert.

Sam Tobias, of Matawan, is a jazz musician and had seen Cherish the Ladies perform at Pollak Theatre before, and was looking forward to the upcoming show. She had since tried incorporating Irish music into her jazz playing. I was really excited to see them again, she had promised to bring me along.

We went through a phase where I was a huge fan of Irish music and I was always looking for any Irish music to listen to. I was especially interested in the upcoming show at Pollak Theatre.

The lobby was filled with people before the doors were opened to the audience. Friends shar
ing kisses and laughter, couples drinking coffee while convers
ing about the great music as everybody waited anxiously for the doors to open.

Finally, the doors opened and people started to file into the theatre. As we entered, we were greeted with the sound of lively music. Pianist Kathleen Madden appeared on stage, her flute being played. Madden’s outfit was a matching green and black ensemble, her hair in a braided bun.

The crowd was already in high spirits, cheering and dancing to the music. The band consisted of Madden on the flute, John Whelan on the accordion, and noodle on the bodhrán. The crowd was already in high spirits, cheering and dancing to the music. The band consisted of Madden on the flute, John Whelan on the accordion, and noodle on the bodhrán.

As they play the audience could see the fields of green with rivers streaming and the mist rolling down the mountains. Then they were sucked into a celebration at the local pub as the band played gallantly. The only thing missing was some Irish beer.

There was a small intermission and merchandise was set up on tables in front of the doors with t-shirts and plenty of CDs to accompany the long journey to Ireland. Fans surrounded the table, intensively inspecting the album artwork and the selection of songs, judging which would be the best choice.

Bob Steiner of Red Bank didn’t know what to expect when he came to the event as he was in
troduced by Vanea Peck, Counselor and Coordinator of Arts Programm
ging and Promotion, but was already delighted by the performance. He said, “I like it,” Zara Joseph, a fresh
tman, said of the revue after the first act. “It’s very high energy and they’re such amazing musicians.”

The second act dealt with the tragic events of Pearl Harbor and gave an overview of the state of the union at that time. The mus
cal revue demonstrated that music was what boosted the morale of the people and what helped them overcome their troubles together and let many become a part of the war effort.

Just before the end of the perfor
mation, In the Mood performers gave standing ovation to the vet

ers of World War II present. Of those in attendance, there were at least 20 sailors, roughly 10 mem
ners of the Air Force, one coast guard chief who proudly danced during his apprenticeship, and two former G.I. men to count.

Overall, In the Mood was a spec

tacular experience, and it was a day I’ll never forget. As we walked out of the theater back into the present day.
The Vow Promises to Shed Tears and Break Hearts

GINA COLUMBUS
EDITOR-IN-CHIEF

To no one’s surprise, it was mayhem at the movie theaters this past weekend. Kids of all ages dragged their significant others to see the newest romantic film of the year, The Vow. If you haven’t watched the trailers yet, you probably have no idea what a tearjerker this movie is.

Paige (Rachel McAdams) is a student attending law school, who is engaged to a boy her dad, Richard (Channing Tatum), and a cheerful and positive woman who is told that she will be in a coma for the next year. She wakes up on her wedding day with no idea who she is. It is a very difficult time for her, but she is determined to remember her past.

The Vow begins with the scene of Paige and her husband Richard, a couple who seem to have the blissful, fairy tale future ahead of them when a car accident wipes away the last five years of Paige’s life, including all recollection of her husband. She suffers a severe brain injury and is told that the only way she will be able to recover is if she doesn’t have apes. When she is told that the only way she will be able to recover is if she doesn’t have ape therapy, she refuses.

Her husband, Richard, who is a former football player and a former lawyer, is determined to help her remember her past. Together, they try to relearn all of the memories that have been lost.

The movie is full of heartwarming moments that will make you cry, and it’s a great film for anyone who loves a good love story. It’s the perfect date movie, and it’s sure to make you feel all the feels.

In the end, The Vow is a great success. It’s a touching story about the power of love and the importance of remembering the things that are important to us. It’s a film that will make you laugh, cry, and think about the people who matter most in your life.

The Outlook
February 15, 2012

On Screen In Person Presents the Challenge of Growing Up

MATTHEW FISHER
ENTREPRENEUR

Money Matters, written and directed by Ryan Richmond, kicked off the second set of movies in the On Screen In Person series on February 6 in Pollak Theatre. On Screen In Person is a traveling film series along the East Coast where filmmakers present their work and participate in Q&A’s with attendees.

This series is sponsored by the Department of Communication and the Center for the Arts. It is also funded by National Endowment for the Arts’ Regional Touring Program.

Directors that have come to campus are: Nancy Kelly (Trust, Second Acts in Young Lives), Jim Hennon (Bittellum), and Huay (In Good Times and Do some Jazz of McWorld).

Chad Drell, Chair of the Department of Communication, welcomed a small crowd by saying, “I am really pleased you were able to come out tonight.” and introduced himself and Richmond. Richmond discussed his experience working with a guitarist to get the music right in the film.

One student asked why the film was about a girl. Richmond said that the film started as a Nicholas Sparks novel, but he changed the story to a boy and a girl in a confessional, but “I hadn’t seen that much in other people’s stories.”

One student asked about the scenes in the film. Richmond continued to say the scenes were meant to have a different appeal and that the film was about the relationship between a young mother and an adult child...Are they really parent and child or peers? I wanted to experience the current conditions. When we’re going to put a number on a person, we’re going to put a number on their life, and that’s what we’re doing. We’re going to put a number on their life and make the mistake they do, but we’re going to put a number on their love life. It was used in D.C. high schools. I feel like it has an educational element because of issues in the film. It also added language, “Schools have shown lagging success.”

Dell mentioned how Ellis has been writing and directing with Daniel, Ray, and Richmond said for the younger actors to “work with each other and not be afraid in movies, it gave them a confidence boost.” Richmond also added, “I worked with kids three months before we shot,” but once the camera started rolling and the lighting began, “the game is a little.”

Dell asked about Richmond’s future plans and he said, “I’m writing my next feature, a comedy, and I will try to be more commercially viable and genre friendly.”

One student asked about the film being shown on tour, and Richmond added, “I have a pretty consistent. [Crowds] enjoy the education and the older crowd.” He said that even if the older crowd at screen time, “I will be visiting Barnes & Noble, so they understand the struggle.”

Lea Callahan, a junior, and her girlfriend were in attendance and enjoyed the film. “It was not what I was expecting,” she said, “I’ve never been to a One Screen In Person.”

The next On Screen In Person film is Fandangle on March 5 in Pollak Theatre.
The Guggenheim Library is home to resources such as e-books, print journals, and over 150 databases. Though many still correlate libraries with mountains and mountains of books, the University Library is becoming home to many online sources as well. And with the immensity of all the available resources, one can feel like a needle in a haystack when it comes to finding the data source for an assignment. With over 150 online databases, choosing the right place to look for an answer can become a task in itself. That’s what the focus of the Student Center Reference Desk is to assist students with that task.

The Guggenheim Library, with its four levels and countless available services, contains much more than meets the eye. Besides the numerous collections and study rooms, librarians are always there for the students who inquire help or assistance in whatever endeavor it is that they are working on. The library is jumping on the technology bandwagon and now includes a more diverse selection of informational media. Aurora Ioanid, Associate Librarian and Technical Services Coordinator, said, “The library is purchasing 4000-4500 new print/paper books each year in addition to other various resources, e-books, print journals, and media. Books are just a fraction of what the library offers as resources.”

The plethora of resources available in the library can be overwhelming if one can get their head wrapped around it. “The University community acquires and provides access to over 150 databases with thousands of types of content. Most of them contain electronic journals (ca. 45,000 of academic, trade journals and magazines), streaming videos, tools, and a mixture of journals, e-books, and non-published sources, like news,” Ioanid said.

“We are trying to do whatever we can to make the research easier for students. That’s what we do, because if we are not up to date then we are not doing our side students even more when it comes to their research.”

The Reference Service is now offered in the Student Center. Opening at the beginning of this semester, it is located on the second floor of the Student Center where a reference desk is now housed to assist students with any questions that they may have. “We want to give you access to the information. The desk is located though many still correlate libraries with mountains and mountains of books, the University Library is becoming home to many online sources as well. And with the immensity of all the available resources, one can feel like a needle in a haystack when it comes to finding the data source for an assignment. With over 150 online databases, choosing the right place to look for an answer can become a task in itself. That’s what the focus of the Student Center Reference Desk is to assist students with that task.

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“We are trying to do whatever we can to make the research easier for students. That’s what we do, because if we are not up to date then we are not doing our...
Almost everyone has been touched by cancer in some shape or form through its mark or loss of a loved one. Recently, modern science has armed physicians with new and detailed options for treatment against cancer in addition to surgery, radiation therapy, and chemotherapy, called tumor treating fields therapy (TTF therapy).

When somatic cells divide, they traverse through a specific process, cell division, which is a mitosis, a process policed by myriad regulators. In cancer, certain genetic mutations deregulate cell division and cause the parent cell to divide not into just two daughter cells and cease dividing, but into more than two daughter cells that simply don’t know when to stop dividing.

This leads into a benign tumor which can be remediated by surgery but if it persists and continues growing uncontrollably, it exacerbates into a cancer which can be otherwise known as cancer. When this happens, the cancerous cell gains access to the bloodstream, it will metastasize and invade proximal and distal parts of the body, leading collectively to adverse symptoms too many to count.

Tumor cells pass through metaphase, or mid-stage, through mitosis in which all of the parent cell’s genetic materiel is divided but not splitting into two daughter cells. The polar nature of the proteins required to holding this apparatus together allows us to view these proteins as a system of dipoles, which are objects with partial positive and partial negative charges.

At high frequencies, dipoles align with the direction of an electric field and in a converging, non-uniform electric field, the dipoles move toward a region of high field density. Novocure, a commercial-stage oncology company, has proposed two main mechanisms of using TTFields in mitotic tumor cell division.

In the first, an electric field is irradiated through the dividing cancer cell in mitosis, disrupting the polymerization of the polar tubulin subunits forming the mitotic spindle, stopping the dividing cancer cell in its tracks. The second mechanism accords with the formation of the mitotic spindle. As the cells begin dividing, forming the famous “hourglass shape,” an uneven charge distribution pushes all polar cell components toward the neck of the hourglass between the cells leading to structural deformation and cell fragmentation, according to Novocure.com.

Dr. Edward J. Kelsey, physics professor, said “I wonder a bit about why this is new. Electric fields aren’t new and virtually every avenue to treat the disease has been tried.” Unlike surgery, radiation therapy, and chemotherapy, TTFields therapy is tuned to affect only one particular cell type at a time. According to Novocure.com, it is delivered locally through a physical, non-chemical pathway allowing radiation to treat brain tumors whereas “other mitotic inhibitor treatments such as taxanes and vinca alkaloids have poor diffusion across the blood-brain barrier and are rarely used to treat brain tumors.” Because the TT Fields alternate so rapidly, they actually have no effect on normal cells or do they stimulate late nerves and muscles.

“Targeting the mechanism of division in cancer cells with the use of a tumor-treating field is a fascinating approach in the field of medicine that can save many lives. In my opinion, more assurance is needed regarding the effect of these fields on normal cells,” said Waricha Qureshi, aophomore biology major.

Bill Doyle, Executive Chair of Novocure, showcased the results of the clinical trials of TTFields therapy at a TEDMED Talk posted in January 2012. One of the patients from the trial was Robert Dill-Bundi, a famous Swiss cycling champion who won the gold medal in Moscow in 1980 in the 4,000-meter pursuit.

Six years ago, Bundi was diagnosed with glioblastoma multiforme (GBM), a primary malignant brain tumor in 2006, yet benefited from TTF therapy.

Dr. Frederick Kelly, Dean for the Leon Hess Business School from 2007 to 2012, never had not already planned to be working at the University. He originally started pursuing an interest in teaching when he was pursuing his doctorate.

“I was planning to return to a career in banking when I finished my doctorate,” Kelly explained, having access to full-time work available at the time and so started with the banking industry, but then found I really liked teaching and decided to pursue that path. After while I waited for a job to open up. I found I really liked teaching and decided to pursue that career path. I never liked teaching if I was more into administration, which I likewise enjoyed immensely.

Kelly was born in New York City and attended Manhattan College, where he graduated with a bachelor’s degree in economics. Following his undergraduate work, he went to earn a Ph. D in economics, finance and international business at Columbia University.

Before joining the University of the Sciences in Philadelphia, Kelly was Dean of the Gabelli School of Business at Roger Williams University in Bristol and Providence, Rhode Island. Kelly also has served as Professor of Finance and Dean of the School of Business at Seton Hall University’s Stillman School of Business, Fairleigh Dickinson University’s Silberman College of Business Administration, and as the President of the City University of New York, College of Staten Island.

As an alumnus of the University, Kelly also served as the Executive Director of the University’s Office of Community Engagement and as its Director of Community-Engaged Research.

“As urbanization emerged in the eighteenth century, flax buildings transformed into monolithic towers, reaching to the skies. As unit GBMs are driven by an interconnection between them, we will progress in a new direction and as one community, we can fight cancer a bit of its own medicine.”

A Living Legend of Business
Meet Dr. Frederick Kelly, Former Dean of the Business School

Dr. Frederick Kelly has worked at other universities, including Seton Hall, Farleigh Dickinson, and the University of Baltimore.
The Outlook February 15, 2012

Club and Greek

SING YOUR HEART OUT
SAB Hosts Open Mic Night With ‘Stuff and Fluff’

NICK HODGINS
CLUB AND GREEK EDITOR

SAB hosted their first Open Mic night of the semester this past Friday, February 10. The event took place on the first floor of the Rebecca Stafford Student Center and consisted of live performances by Rutgers-Camden, Rowan, La-Valley, and Rider.

Megan Pereira, sophomore music major, never been to an Open Mic Night on campus before. “It was really great to see how much talent there really is on Monmouth’s campus,” she said. Pereira was there really is on Monmouth’s campus, and every penny given will help bring awareness. The University’s newly formed Phi Alpha Theta, the University’s newly formed Psychology Club, is running a fundraising event called Meet the Lambdas Alpha. The ladies of the group laid down a beat boxing drum track. The ladies of the group rotated singing over the two, allowing for multiple harmonies and tones. The group just recently formed and is looking forward to performing again at the University.

RHA Movies in Oakwood

This Friday in the Oakwood Lounge is an outdoor event. We are screening two films in honor of Valentine’s Day. Casablanca begins at 8:00 pm and Breakfast at Tiffany’s starts at 11:00 pm. Films are free to University students.

College Republicans

The College Republicans are looking for college students that are concerned about our future. During this economic downturn, many recent college graduates are finding jobs in which they are qualified for.

The upcoming presidential election is an opportunity to change that with a slate of candidates that are concerned about our future. Please email us at mufcap@monmouth.edu if you have any questions. Our next meeting is slated for February 22nd in Unit Room 130. We will also be hosting a Debate Viewing Party that night as well for all that are interested in Varsity Club room 301 in the MAC, beginning at 8:30 pm.

Energy Service Corps

This was an exciting week for the Energy Service Corps, a non-profit national organization. They hosted a very successful kick-off meeting on Wednesday February 8 that spread the word of energy conservation. Weatherizations will be starting now that spread the word of energy conservation. Weatherizations will be starting this week; they are a free service that will lower your utility bill by 30%. This service is funded by donations given by students and faculty from around the campus, every penny given will help bring this world to a brighter future.

Would you like to get involved with the Energy Service Corps? Check out their Facebook page at Monmouth University’s Energy Service Corps or call Tom at (609)-271-3979.

Last week the Outdoors Club announced that they are scheduling a horseback riding trip for March 24 to 25. The beautiful setting of eastern Pennsylvania will be the backdrop for the ride, and there are rivers and hiking trails to be explored in the area as well. Look out for an email with further information! The Outdoors Club also plans to give back to the Earth this semester by assisting with trail maintenance throughout the Monmouth County Park System. A free training session to get involved will take place on March 10 from 9:00 am to 12:00 pm. If you are looking to do some community service and enjoy the outdoors this is a great opportunity!

The Economics and Finance Club

The Economics and Finance Club will be meeting every Wednesday at 2:30 pm in Bey Hall, room 221. Students can check out our website for further information as well as our calendar of events at mufec.wordpress.com.

The Psychology Club

The psychology club is hosting guest speakers at the monthly meeting on Wednesday February 15th at 3:00 pm in HH135. The National Alliance on Mental Illness (NAMI) is bringing speakers to talk about their dark days, acceptance, relationship to treatment, coping skills, and successes.

The Outdoors Club

Hawk TV

Hawk TV fans should look out for our new Spring Line up, including the newly re-launched Monmouth Music or M2 which is a music video show reminiscent of Total Request Live. Also keep an eye out for Rock N Raise tickets going on sale this week for $3.00. For more information please email hawktv@monmouth.edu.

Lambda Theta Alpha

February 21, we are having an event called Meet the Lambdas Alpha where both Lambda Theta Alpha Latin sorority, Incorporated and Lambda Theta Phi Latin Fraternity, Incorporated will be present.

All Lifestyles Included

Just a reminder that ALL meets every Wednesday on the third floor of the Student Center (in the corner next to the Afflito- Conference Room). 3:30 pm. We have a lot of exciting events and fun social gatherings this semester including our fabulous, annual drag show and so much more! Come check us out, we are always doing something entertaining and getting everyone involved!
Outdoors Club Goes Indoors

Surf Portion of Outdoors Club Gives Paddle Boarding Lessons in University Pool

The surf portion of the Outdoors Club had their first gathering this past Sunday, February 12. Steve Steger, junior and surf chair of the Outdoors Club, gave paddle board lessons in the University pool.

The club reserved the pool in advance from 2:00 pm to 4:00 pm. Eight members came out in addition to Professor William Reynolds, advisor of the club. The club brought two of their own paddle boards and one hybrid kayak/paddle board which was supplied by Steve Steger.

Steger described paddle boarding as similar to surfing but with a larger board. Like surfing you stand and balance on the board, but unlike surfing you don’t need a wave or even momentum to stand on the board. This made a still pool the ideal place to practice before jumping into the rough waters of the ocean. You use the paddle to sustain balance as well as to steer.

Kyle Reinhardt, senior and President of the Outdoors Club is happy with the club’s absorption of the Surf Club and likes where things are heading for the club taking a break to relax in the shallow end and hit a beach ball around. “It’s all about having fun and making friends along the way,” said Cenicola.

Steger said, “I was happy to have had the opportunity to give lessons at the University pool and I am looking forward to doing it in the near future, I’m glad people were able to come out. This sport is growing in popularity and it’s great to be able to introduce it to the University community.”

Reynolds stated, “I consider the event very much a success, because now when we do it again, these participants will bring their friends thus expanding interest in the club. Steger has brought a bright spotlight onto the Surf Club and activities this semester. He has also been active in giving surf and ocean kayaking lessons in Long Branch, just minutes from campus.”

Reynolds also explained how absorbing the Surf Club allows for more expenditures for the club’s water activities. The club has asked for money for the 2012-2013 Outdoors Club’s budget to buy two foam stand up paddle boards and they are planning a September surfing and camping trip to Montague, Long Island. “As the advisor to both clubs, I observed the Surf Clubounder and losing momentum but after giving them more structure as part of the outdoors club’s e-board they are prospering, improving and gaining momentum. This is a win-win for both clubs and more importantly the students of the University.”

Paddle boarding on a smooth surface such as the pool, as opposed to the rough waters of the ocean, allows for a good environment to practice turning, balancing, and paddling.

Students Compete to Play at SXSW

PRESS RELEASE

WEST LONG BRANCH, NJ – Reverse Order would like to thank all our friends and fans that support us at shows, buy our merchandise and click on a “like” when we’re in a contest. It’s because of your support that Reverse Order was chosen as one of the top four finalists in a contest called Hometown Sound.

Our music will be played in 830 Maurice Stores across the US and people can either scan the QR code on our poster to vote or go to www.facebook.com/reverseorder and click on the link. Round two will run from February 6 through the end of the month and you can vote everyday.

The winner gets to perform at SXSW an annual music conference and festival held in Texas and shoot a professional music video in L.A., so we hope you’ll continue to support us.

If you’re not familiar with Reverse Order we hope you’ll check us out. We’re a pop/rock band with a high energy show. We like to have fun, get everybody on their feet and take them away from whatever is weighing them down.

We’re on all the social networks as well as iTunes. For the 21- we have a show coming up the St. George Theater on Staten Island. The show starts at 10:00 pm and admission is free. On Sunday Feburary 19 we are going to be performing with Allstar Weekend at the St. George Theater on Staten Island. We’ve set up a special link where you can get discount tickets and our CD free. Just go to www.reverseorderonline.com.
What is the Coolest Place You Have Ever Been To?

COMPILED BY: JENNA INTERSIMONE

Amanda junior
“The Outer Banks, North Carolina, because the beaches are so nice and the atmosphere is laid back and relaxing.”

Anita sophomore
“The Amalfi Coast, Italy. It was beautiful, breathtaking, and somewhere I had never been before.”

Kristen senior
“Costa Rica, because I went swimming in the Pacific Ocean, ziplining, and saw a volcano.”

Brett junior
“Eleuthera, Bahamas. It was a learning experience that I got to enjoy with my friends.”

Amanda sophomore
“Disney World, because it’s magical.”

Anna sophomore
“Eleuthera, Bahamas. Snorkeling everyday and the things that we saw - it was incredible.”

Mike freshman
“Mt. Tammany, New Jersey. It was a cool experience. We climbed a mountain and you can see a lot of space from there.”

Turkey. It had amazing jewelry and the beaches were gorgeous.”

Amanda sophomore
“France. I went with my chamber choir and we sang in the Notre Dame Cathedral.”

Brett junior
“Dunn’s River Falls, Jamaica, because we got to climb up the waterfall and slide down. It was really fun.”

Turkey. It had amazing jewelry and the beaches were gorgeous.”

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“France. I went with my chamber choir and we sang in the Notre Dame Cathedral.”

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“Dunn’s River Falls, Jamaica, because we got to climb up the waterfall and slide down. It was really fun.”

“A Tribute to African American Culture
Anacon Hall
Cowboy Junkies
8pm Pollak Theatre
25th– Comedy Night:
Chris McDevitt
8pm Java City

Athletic Games at the MAC
18th – Track Meet 10am
23rd – Mens Basketball vs St. Francis (NY) 7pm
25th – Womens Basketball vs Long Island 3pm
Mens Basketball 7pm

Winter Boardwalk with SAB & ΑΣΤ
8pm in Anacon Hall FREE GIVEAWAYS!
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CLEAN OUT YOUR CLOSET FOR OUR CAUSE & TURN YOUR GENTLY USED CLOTHES INTO CA$H FOR THE AMERICAN CANCER SOCIETY!

The DESPERATE MAMAS want your gently used clothes, shoes, and other items to support the American Cancer Society Relay for Life.

Drop off your donation to one of the DESPERATE MAMAS in the Plangere Building in time for a pick up between the following dates:

We CAN accept clothing, household linens, bikes and stuffed animals. SHOES must be bagged separately.

Please contact Sandy Brown for details, sbrown@monmouth.edu or 732-571-3481.

DESPERATE MAMAS TEAM MEMBERS: Diane MuQuay, Donna Mancini, Sandy Brown, Evelyn Herrera, Christina DelBene, Kris Simoes, Linda Mussara, Sheilia McAllister, Mary Harris, Tina Johnsen

DESPERATE MAMAS TEAM MEMBERS: Diane MuQuay, Donna Mancini, Sandy Brown, Evelyn Herrera, Christina DelBene, Kris Simoes, Linda Mussara, Sheilia McAllister, Mary Harris, Tina Johnsen

Catholic Centre

Sunday Mass
Sundays at 12 PM in Wilson Chapel

Daily Mass
Mondays & Tuesdays at 12 PM in Wilson Chapel

Catechism Group
Tuesdays at 4:30 PM at the CC

Eucharistic Adoration
Thursdays at 12 PM in Wilson Chapel

Penance Service
Wednesday, Feb. 15 at 7 PM at the CC

Pajama Party
Thursday, Feb. 16 at 7 PM at the CC

From Cadiz to “You’re hired!”

I can best describe the summer of 2009 with two words - life changing. That summer I took advantage of the opportunity to study abroad in Cadiz, Spain. This turned out to be one of the greatest decisions of my college career. The study abroad program at Monmouth greatly surpassed all of my expectations, not only that summer, but still to this day. When I returned from my trip to Spain I told everyone and anyone that “Studying abroad in Cadiz, Spain was the best decision I ever made.”

Three years later I still stand by this statement wholeheartedly, and I strongly believe that studying abroad helped me to reach my goal of becoming a Spanish teacher. This past January, I graduated from Monmouth with a degree in Spanish and Special Education. As I listened to Ambassador Michael Oren speak during graduation, I realized that my dreams of starting a career after graduation were not looking too bright. However, ten days later, I found myself at my first interview for a full time teaching position. As I nervously entered the interview I was greeted with excited questions about my experience studying abroad in Spain. This instantly calmed my nerves and I was eager to tell them how my incredible experience in Spain made me the perfect candidate for the position. Before I knew it, I was hired on the spot due to my enthusiasm and passion for teaching, children, and Spanish. The principal later informed me that out of the 25 resumes they received, I was the only candidate with study abroad, which made mine stand out above the rest.

My enthusiasm and passion for Spanish developed during my study abroad experience in Spain. During those six weeks, we lived and breathed Spanish culture. We spoke Spanish and learned about Spanish history and art. We lived with amazing Spanish families and ate delicious Spanish food. We traveled to Madrid, Segovia, Seville, Granada, and Morocco and saw monuments and cathedrals, alcazars and palaces. We went to Ronda and saw ancient Roman ruins. We went to the beaches until 9 at night when the sun was still out. We hung out in the plazas and made friends with natives of Cadiz. We became accustomed to daily life in Spain. By the end of the trip it was as if we had turned from Americans to “Gaditanos.” There are no words to express how truly amazing it was.

As I prepare to begin my career, I feel so grateful to have had the opportunity to study abroad. I literally found myself, personally and professionally. The time I spent studying, speaking and enjoying the language and culture has helped me to be the person I have become, and I will be a more effective and successful educator because of it. I plan on sharing my experience with my students and introducing them to an exciting and different culture and language. Maybe one day I will have the opportunity to travel with them to Spain.

For those who might be “on the fence” about study abroad - take advantage of the opportunity before it’s too late. It can be a life-changing experience that will also help make you more “marketable.” Study abroad was the key to success during my career search. Will you choose to add a line on your resume and a new chapter to your life? 

Nicole Kennedy

STUDY ABROAD
GET OUT THERE!

Cadiz, Spain Summer 2012
Videos, photo galleries, & reflective essays @ Monmouth.edu/study_abroad

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MONMOUTH UNIVERSITY WHERE LEADERS LOOK FORWARD

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Nicole Kennedy
Abraham Lincoln Has a History With Comics

MATTHEW FISHER
COMICS EDITOR

Abraham Lincoln was many things during his life: a lawyer, a politician, and President of the United States. However, one thing people might not be aware of is that Honest Abe has also been featured as a comic book character. So, as Lincoln is one of the President Lincoln's 203rd birthday, let's take a look at how comic book creators have brought a bit of the past to the present.

Seeing presidents in comic books isn't something new as I discussed last year with my column on President Obama's appearance in "Spider-Man" and as Barack the Barbarian. Other U.S. presidents who have graced the comic pages include John F. Kennedy, Franklin D. Roosevelt, and George W. Bush. Yet, what is interesting here is to see a U.S. president entering strange adventures and fighting with heroes at a point when superhero comics had yet to emerge.

According to comicvine.com, there are 312 appearances of Lincoln in comics with his first appearance being "Real Life Comics" in 1942. When comic book readers look to his more recent appearances, one unique title that stands out is "Time Lincoln" from Foxton Press and written and drawn by Fred Perry. A synopsis on comicvine.com reads as such: "What happens when the Great Eman- cipator is suddenly freed from the bonds of time to right wrongs throughout history? Taken out of Elseworlds, one unique title that stands out is "Real Life Comics" #2."

With Lincoln, one of Marvel's most current appearances was alongside Spider-Man and Captain America in the 2009 digital comic, "Gettysburg Distress." Written by Matt Fraction and artist Andy MacDonald. The story features Spider-Man and Captain America going back into the past to hear Lincoln present the Gettysburg Address.

According to Dan Buckley, president of Marvel Publishing, on comicbook.com, while the desire to have Spider-Man and Cap meet Honest Abe came out of Spidey's encounter with Obama, there was another agenda as well. He said, "And in celebration of President Lincoln's historic Bicentennial, we could think of no better trib- ute to the Marvel Universe than to have Spider-Man and Cap honor- ing one of his enduring legacies, the Gettysburg Address." "Gettysburg Distress" was later collected as a bonus story in "The Amazing Spider-Man: Election Day" hardcover, which features Spider-Man's appearance with Obama.

Lincoln was also a character in the Dark HorseComic, "The Amazing Screw-On Head," where the titular character is a secret agent for the President who thwart's villains from destroying the country.

Beyond all of Lincoln's superhero and otherwise adventures, comic book creators still recognize this historical figure's role in shaping American history with a number of biographic comics like "Classics Illustrated: Abraham Lincoln" and "Abraham Lincoln: Life Story" from Dell Comics. These biographical tales show that this President's life was as rich and full of adventure as any superhero comic appearance.

A recent historical graphic novel featuring Lincoln was "Gettys- burg: The Graphic Novel." By C.M. Bultzer, which details this famous battle and its aftermath. While speaking to graphicnovelreporter.com, Bultzer discussed drawing Lincoln giving the Get- tysburg Address and said, "Some parts of the speech were easy. For Lincoln either directly or indirectly acknowledges specific events or movements. Whereas other sections were more abstract and were clearly my interpretation of his words. Ultimately, I wanted to try to bring this hallowed speech to life." So, while films such as Lincoln and Abraham Lincoln: Vampire Hunter work to both honor and honorably portray Lincoln, people should take note that comic books have done so as well whether it's traveling through time, teaming up with Spidey, or delivering his famous Gettysburg Address. Happy Birthday, President Lincoln!
The men's and women's track teams clinched the overall first place team titles this past weekend in the NEC Championship meet. This marks a new school record for points scored with 170, which is also the second most points scored in the NEC Championships. It was great, I'm proud of all our team and our coaching staff. We are very fortunate to get so much support from everyone on campus, as the past few years we've been out of the NECs, but it was nice to see both teams win it this season.

Head Coach Joe Compagni said it best, "Right now every game is just important as the next," Coach Palmateer does not believe it matters whether you face first or last in the NECs, but it was nice to see both teams win it this season.

The women's indoor track team both won the NEC Championship this past weekend in Landover, Maryland.

Indoor Track NEC Championship Goes to the Hawks
First Title for Men Since 2007 and First Title for Women Since 2009

BRETT BODNER MANAGING EDITOR
GAVIN MAZZAGLIA STAFF WRITER

Women's Basketball Splits Conference Games at the MAC

MAGGIE ZELINKA STAFF WRITER

This past week, the Hawks split the three NEC games. A win over Sacred Heart but a loss to Farleigh Dickinson. The Hawks now have a 13-11 record while beating 8-5 in the NEC bringing them to a .687 win percentage in Saint Francis College. With the play-offs approaching, Coach Jenny Palmateer does not believe it matters whether you face first or last in the NEC, just matters if you win. "Right now every game is just important as the next," the next. Coach Palmateer says, "All the teams in the conference are jockeying for position as the regular season winds down.

Opening up the home stand was a win over first place in the NEC, Sacred Heart University. Star of the game was, as usual, Alysha Womack who scored a career high 27 points. Alexis Canady also put up impressive stats with 15 points, four rebounds, and three steals. The game started with a three-pointer from Sacred Heart followed by a three-pointer from the opponent. MU quickly recovered, and within six minutes of the game had a win of 15 points and 33-11 the Hawks were on top. Sacred Heart pulled ahead by one point with 16:18 left in the game. The Hawks were able to pull ahead creating the first lead change of the game with a score of 16-13. The second half saw a ten point advantage over the next. Having a one point advantage over the next. Having a three-pointer from Sacred Heart just couldn't get the lead back. With 9:22 left in the game, Sacred Heart was unable to succeed in taking the lead during the second half. "I think our defense was amazing. It was one of the best halves of basketball our team has played all season, especially on the defensive end," Palmateer claims, "It was suffocating. We were able to force turnovers, clock violations, etc. It was a tremendous team effort.

Gaining confidence from this game, the ladies were prepared to take on the 11-13 Farleigh Dickson Knights. Within the first five minutes of play, two badly needed. Having a two point lead was a common theme in the first half. The biggest gap between scores was a six point difference with Monmouth always on the losing end. The game was a constant back and forth battle and by the time the first half was over, Farleigh Dickinson was ahead by four points, 30-26. Monmouth began to take the lead, as the half ended with the Sacred Heart team once play resumed. At 14:31, the Knights created the biggest lead of the game with a 43-28 score in their favor. It looked like the Hawks were going to comeback around the ten minute mark, since they were only suffering a deficit of seven points but the ladies just couldn't keep up with the Knights. The final score of the game was 72-64 Farleigh Dickinson. Betsy Gadziala scored a career high 18 points for the Hawks but this stat was not nearly the most impressive of the game. Knights senior guard, Mariyah Lauren, scored a career high 42 points making that over half of Farleigh Dickinson's total points. Freshman Danica Dragicevic believes she knows the game, that was weakened during the second half. "It is easier to play against teams when they are not united," Dragicevic continues, "And at that point, we were not united. No. 12 (Lauren) on Farleigh Dickinson was a very good leader and she was able to keep her teammates together." The Hawks have five games left until the post-season. The next will travel to Farleigh Dickinson University on Wednesday February 15 and then will go to Staten Island, NY, to take on Wagner this Saturday.

Betsy Gadziala dropped a career high 18 points in Saturday's 72-64 loss to FDU.
Sports

Back-to-Back NEC Opponents

ED MORLOCK ASSOCIATE SPORTS EDITOR

The men's basketball team swept the home-and-home series against Fairleigh Dickinson last week. On Wednesday, the Hawks handled FDU 75-62 in Hackensack, N.J. Wednesday, the Hawks handled Farleigh Dickinson last week. On Wednesday, the Hawks handled FDU 75-62 in Hackensack, N.J.

In Saturday's game, Monmouth never trailed. The game was close at one point in the second half, but the Hawks were able to control it with the help of a strong student section wearing "FDU WHO" shirts. The Hawks kept the energy up for 40 minutes.

The Hawks have won eight of the last nine games and White built a 26-point first half lead. The Hawks have a deeper bench. George Goode added 16 points each. Myers Keitt added 12 points each. Myers Keitt added 12 points. Andrew Thibault (East Lyme, Conn./East Lyme High) was a team-best 40.2 percent from three-point range this season. He is a psychology major, and has averaged a 4.0 grade-point average as a junior. Thibault (East Lyme, Conn./East Lyme High) was a team-best 40.2 percent from three-point range this season.

Carly Thibault Named to All-District 2

Monmouth University senior women's basketball guard Carly Thibault (East Lyme, Conn./East Lyme High) has been named to the Capital One Academic All-District team by the National Association of Collegiate Directors of America (CoSIDA) recently announced. Thibault carries a 4.0 grade-point average, is a member of the 2012 season. The committee watchables honors.

2012 Football Schedule

The Outlook

One Small Step for the NCAA, One Giant Leap to the 35

DAN GUNDAKER STAFF WRITER

One Small Step for the NCAA, One Giant Leap to the 35

Monmouth University's open date comes at the end of the season. The committee will announce the team's 2012 schedule. Football Coach Kevin Callahan has confirmed the 20th year of Division I FCS football, and the 2012 season, beginning with Bryant on September 15. The visiting team has announced the team's 2012 schedule. Football Coach Kevin Callahan has confirmed the 20th year of Division I FCS football, and the 2012 season, beginning with Bryant on September 15.

The Hawks are home for back to back games for the only time all season. Monmouth travels to Staten Island on Saturday night. Saturday night. Monday, the Hawks fell to the Rams of those wins came over nationally-ranked University of Rhode Island games in back to back years. Lehigh, a team which has won 10 games in back to back years. Lehigh, a team which has won 10 games in back to back years.

At the end of the season today, Monmouth will face Long Island University Brooklyn (87-12-1) in the first round of the NEC tournament. The Hawks have a pair of road NEC games this week. Thursday the team travels to State Island for a matchup with Wagner (21-4, 12-2). In their first meeting this season, Wagner defeated Monmouth 89-79. Saturday the Blue and White travel to Maryland to take on Mount Saint Mary's (69-16, 4-10). When these teams met before, Monmouth came out on top 73-59.

Monmouth is tied with Central Connecticut State (10-14, 7-7) and Quinnipiac (10-13, 7-7) for sixth in the NEC. CCSU travels to Robert Morris (19-8, 10-4) later this week. In their first meeting this season, Morris heads to LIU Brooklyn for a matchup with the first place team.

With CCSU and Sacred Heart having tough matchups this week, the Hawks could take a big step forward and improve their conference standing.

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The Hawks are home for back to back games for the only time all season. as they open up November by hosting Central Connecticut State on November 3 and then host Saint Francis (Pa.) on Senior Day on November 10. Both games will be at home. Both games will be at home.

This past week, the NCAA made a striking proposal to its rule book. Like the NFL, the NCAA has asked to revise the kickoff rule. Because of the kickoff rule. Because of the kickoff rule, the kicking team put some leg into the kick and make that return. And as a receiv- And as a receiv-...)

The proposal will drastically change the college spo...
After a successful regular season, both the men and women's indoor track teams were able to walk away from the NEC Championships with a first place finish.

Full Story on page 22