Welcome to McDonald’s, can I take your order?” This is a phrase we all fear after spending time waiting in line.

I take your order?” This is a phrase we all fear after spending time waiting in line.

Christopher Orlando

Cassandra Figueroa

Staff Writer

Though the unemployment rate among college graduates has improved, there are still many graduates who are struggling to find jobs.

The decision overturns a 1994 rule for women and to eliminate barriers to service.

The 2012 statistics improved compared to the previous year. Hill said that about 43 percent of the graduates were working full-time, 40 percent were attending or planning to attend graduate school, five percent had other plans (such as travel or pursuing other interests), and 13 percent were actively seeking a job at the time of the survey.

How Many MU Students Are Getting Hired After Graduation?

Women may be able to serve in front line combat as early as 2014.

Women Hope to Fight Alongside Men in Armed Services

How Many MU Students Are Getting Hired After Graduation?

Index
Need a Good Workout? University Welcomes New Daily Fitness Program

Bianca Boniello, junior business marketing major, attends the Core 4 Sure class last Wednesday night.

“Monmouth Compliments” Launches on Facebook

A new Facebook page, “Monmouth Compliments,” has been created to help anyone who is a part of the University community express praises secretly without being seen by your roommates or dorm mates. The creator of the Facebook page, who is a sophomore but who remains anonymous, said, “The page is meant for people to send in their compliments to anyone they like without feeling like they will be judged, which tends to stop a lot of people from speaking their minds on the matter.”

An example of a post that can be found on the page reads: “I saw how happy the page was making people [at TCNJ] and I love making people smile. I wanted to do something different than what had already been done here at Monmouth. So I thought taking the idea and making it MU would be a way for me to make the campus a better place.” “Monmouth Compliments” is not only meant for students but anyone they encounter who is a part of the University, according to the creator.

When asked if the Facebook page was meant to help against cyber bullying, she said, “Something Monmouth has, and I’m sure other schools have as well, are many links to social networks such as Twitter’s MonmouthUnproblems and Facebook’s Monmouth Memes, so it’s refreshing to see a kind account, although all are very entertaining to students.”

Brittany Godburn, junior, also believes “Monmouth Compliments” is a positive page against cyber bullying. “I think it’s nice because people sometimes use being anonymous as a way to spread a lot of hate and such, but the fact that this is anonymous but still monitored is a really good thing,” she said. Dr. George Kaplacka, a professor and the Chair of the Department of Psychological Counseling, has never heard of the page before. However, after he was made aware of it, he did look at the “Monmouth Compliments” page. After understanding what the page was meant for, Kaplacka said, “I think this is a nice thing to do and certainly seeing a page like this can make the recipient feel really good.”

Even though Kaplacka believes “Monmouth Compliments” to be a nice page to have made, he also feels the page may be a bit too positive and wonders if people will get tired of it easily. He said, “However, in general, yes, it is nice to create a page focused on positive thinking and to spread a lot of love and support, but the negative way is heard about it a lot and people don’t necessarily feel comfortable just coming to the gym to work out and might rather have a friend say something nice. But the ones that thank people for help will get tired of it easily. He said, “However, in general, yes, it is nice to create a page focused on positive thinking and to spread a lot of love and support, but the negative way is heard about it a lot and people don’t necessarily feel comfortable just coming to the gym to work out and might rather have a friend say something nice. But the ones that thank people for help will get tired of it easily. He said, “However, in general, yes, it is nice to create a page focused on positive thinking and to spread a lot of love and support, but the negative way is heard about it a lot and people don’t necessarily feel comfortable just coming to the gym to work out and might rather have a friend say something nice. But the ones that thank people for help will get tired of it easily. He said, “However, in general, yes, it is nice to create a page focused on positive thinking and to spread a lot of love and support, but the negative way is heard about it a lot and people don’t necessarily feel comfortable just coming to the gym to work out and might rather have a friend say something nice. But the ones that thank people for help will get tired of it easily. He said, “However, in general, yes, it is nice to create a page focused on positive thinking and to spread a lot of love and support, but the negative way is heard about it a lot and people don’t necessarily feel comfortable just coming to the gym to work out and might rather have a friend say something nice. But the ones that thank people for help will get tired of it easily. He said, “However, in general, yes, it is nice to create a page focused on positive thinking and to spread a lot of love and support, but the negative way is heard about it a lot and people don’t necessarily feel comfortable just coming to the gym to work out and might rather have a friend say something nice. But the ones that thank people for help will get tired of it easily. He said, “However, in general, yes, it is nice to create a page focused on positive thinking and to spread a lot of love and support, but the negative way is heard about it a lot and people don’t necessarily feel comfortable just coming to the gym to work out and might rather have a friend say something nice. But the ones that thank people for help will get tired of it easily. He said, “However, in general, yes, it is nice to create a page focused on positive thinking and to spread a lot of love and support, but the negative way is heard about it a lot and people don’t necessarily feel comfortable just coming to the gym to work out and might rather have a friend say something nice. But the ones that thank people for help will get tired of it easily. He said, “However, in general, yes, it is nice to create a page focused on positive thinking and to spread a lot of love and support, but the negative way is heard about it a lot and people don’t necessarily feel comfortable just coming to the gym to work out and might rather have a friend say something nice. But the ones that thank people for help will get tired of it easily. He said, “However, in general, yes, it is nice to create a page focused on positive thinking and to spread a lot of love and support, but the negative way is heard about it a lot and people don’t necessarily feel comfortable just coming to the gym to work out and might rather have a friend say something nice. But the ones that thank people for help will get tired of it easily. He said, “However, in general, yes, it is nice to create a page focused on positive thinking and to spread a lot of love and support, but the negative way is heard about it a lot and people don’t necessarily feel comfortable just coming to the gym to work out and might rather have a friend say something nice. But the ones that thank people for help will get tired of it easily. He said, “However, in general, yes, it is nice to create a page focused on positive thinking and to spread a lot of love and support, but the negative way is heard about it a lot and people don’t necessarily feel comfortable just coming to the gym to work out and might rather have a friend say something nice. But the ones that thank people for help will get tired of it easily. He said, “However, in general, yes, it is nice to create a page focused on positive thinking and to spread a lot of love and support, but the negative way is heard about it a lot and people don’t necessarily feel comfortable just coming to the gym to work out and might rather have a friend say something nice. But the ones that thank people for help will get tired of it easily. He said, “However, in general, yes, it is nice to create a page focused on positive thinking and to spread a lot of love and support, but the negative way is heard about it a lot and people don’t necessarily feel comfortable just coming to the gym to work out and might rather have a friend say something nice. But the ones that thank people for help will get tired of it easily. He said, “However, in general, yes, it is nice to create a page focused on positive thinking and to spread a lot of love and support, but the negative way is heard about it a lot and people don’t necessarily feel comfortable just coming to the gym to work out and might rather have a friend say something nice. But the ones that thank people for help will get tired of it easily. He said, “However, in general, yes, it is nice to create a page focused on positive thinking and to spread a lot of love and support, but the negative way is heard about it a lot and people don’t necessarily feel comfortable just coming to the gym to work out and might rather have a friend say something nice. But the ones that thank people for help will get tired of it easily. He said, “However, in general, yes, it is nice to create a page focused on positive thinking and to spread a lot of love and support, but the negative way is heard about it a lot and people don’t necessarily feel comfortable just coming to the gym to work out and might rather have a friend say something nice. But the ones that thank people for help will get tired of it easily. He said, “However, in general, yes, it is nice to create a page focused on positive thinking and to spread a lot of love and support, but the negative way is heard about it a lot and people don’t necessarily feel comfortable just coming to the gym to work out and might rather have a friend say something nice. But the ones that thank people for help will get tired of it easily. He said, “However, in general, yes, it is nice to create a page focused on positive thinking and to spread a lot of love and support, but the negative way is heard about it a lot and people don’t necessarily feel comfortable just coming to the gym to work out and might rather have a friend say something nice. But the ones that thank people for help will get tired of it easily. He said, “However, in general, yes, it is nice to create a page focused on positive thinking and to spread a lot of love and support, but the negative way is heard about it a lot and people don’t necessarily feel comfortable just coming to the gym to work out and might rather have a friend say something nice. But the ones that thank people for help will get tired of it easily. He said, “However, in general, yes, it is nice to create a page focused on positive thinking and to spread a lot of love and support, but the negative way is heard about it a lot and people don’t necessarily feel comfortable just coming to the gym to work out and might rather have a friend say something nice. But the ones that thank people for help will get tire...
Dean of the College of Business and Economics at Lehigh University Visits Campus

Dr. Paul Richard Brown is One of the Four Potential Presidential Candidates

"We have a commitment to Monmouth by being here. Our leaders are our students and what they're thinking is important and we should engage with them."

Dr. Paul Richard Brown
Dean of the College of Business and Economics at Lehigh University

Dr. Donald H. Sebastian Speaks to Students About Being the Next Potential President

"You should be incredibly proud of your institution." Brown said. "Great things are going for Monmouth and we can take it to the next level. You have fantastic facilities and an exciting location. Monmouth has all in place but it can be better."
The University’s web- site received a technologi cal makeover during winter break, an idea championed by the University’s Communication Librarian, the last up- date to the site was back in 2006. The updated version includes highlighted library news, a newer mobile version and a live chat for reference. "Now you have a fully function- al mobile site," he said. Students and faculty can choose from guides such as EBSCO Databases and Easy Bib for assist ance.

The Outlook
The University’s endowment in creased by one million dollars after a home in California that was given to the school by two major players in the soap opera "General Hos- pital" was sold in December 2012. The house, located in Rancho Mirage, CA was owned by Gloria and Norma Monty, sisters. Gloria was the executive producer for "General Hospital," while Norma headed the Monty’s writ- ing team.

The money that was added to the endowment was invested, according to Vice President for Finance, Jake Cohen. "The proceeds from the sale will be added to the endowment fund in perpetuity," he said."The sale of such an endowment fund is deter mined by the original source of the fund," said Cohen.

D’Elia said, "Some links on the website weren’t directly linked to the articles and it took a while to find out where it was. Since the University had no search engine on the site, it was even a mobile version," said senior Caitin D’Elia.

The library mobile version was even a mobile version," said senior Caitin D’Elia.

"When television was all live and when the world of work was all men, there was this woman, Gloria, who stood ten feet tall, one of the first woman directors of television," Dolphini said.

"I definitely advise the gradu ating students to start searching early," Douglas said. "Utilize all resources that the University has to offer and travel down various avenues for a career because you may have missed something," said Sharma.

The library mobile version was even a mobile version," said senior Caitin D’Elia.

"I’m going to wait for feedback. Again, this is something new."
Social Work Graduate Programs

- Master of Social Work (60 credits)
- Concentrations
  - Clinical Practice with Families and Children
  - International and Community Development
- Post-Master’s Certificate in Play Therapy
- Peace Corps Fellows/USA Program
- Full-time or part-time study
- Advanced standing for BSWs
  (nine-month program — 30 credits)
- Coursework for CADC certification
  also available
- CSWE Accredited

Social Work

INFORMATION SESSION

Wednesday, February 6, 6 p.m.
Multipurpose Activity Center (MAC), 3rd Floor

www.monmouth.edu/GR_infosession

West Long Branch, New Jersey | gradadm@monmouth.edu | 732-571-3452
"As an undergraduate, the future of the school matters because you will be a part of it. Whether it is only for one more year or four, the future of the school still affects you."

As an undergraduate, the future of the school matters because you will be a part of it. Whether it is only for one more year or four, the future of the school still affects you.
Avoiding the Flu
Myths, Home Remedies, and General Tips

RACHEL GRAMMATIKOPOULOS
STAFF WRITER

I am pretty sure we have all been told something like "if you catch the flu this season",. If you have not consider yourself an official resident of 43 living Under A Rock Boulevard, West Long Branch, NJ.

Quite frankly, I am getting sick and tired of even thinking about the flu which is pretty cor- mon in the month of February. I have seen the flu, and I did not receive a flu shot this year. It is quite easy to come with quite a care package. I was running a fever, suffering cold sweats, had moun- tainous headaches, and was in no way able to move out of my bed. 

Don't let me talk you out of getting a flu shot. Cure the mundane meat and everyone take five steps back. 

The giant viral mess coming through, People will absolutely do any- thing they possibly can in order to prevent themselves from get- ting the flu. People are guided to home remedies and crazy fam- ily superstitions to ensure them- selves that the flu, more like flu, won't touch them inside in the face. 

Freedom, it is like a truck.

The recreation of home rem- edies and do it yourself medicine is the quickest and easiest solution. A spoonful of sugar helps the medicine go down, right?

A spoonful of sugar helps the medicine go down, right? A spoonful of sugar helps the medicine go down, right? A spoonful of sugar helps the medicine go down, right? A spoonful of sugar helps the medicine go down, right? A spoonful of sugar helps the medicine go down, right?

"You pour salty water into one nostril and blow it out the other, clearing out your nasal pas- sages," Freeman said. I have tried using the Neti Pot and it was successful using the Neti Pot. Talk about awkward sensa-

Purging a salt water solution through your nose can be more helpful, but it can result in the side effects or infections. I have seen people do this and put in a salt and water solution, I have one piece of ad-

Have a steady hand, and you bought yourself a pack of Air-

After self and doctoral diagno-

You can adjust the font size, brightness, color and font style as well. 

But some books I would gladly read life. Sand sanitizer is a good way to chip away at my book even if you

One of my biggest fears before I started high school was that I would lose the feel of the book, and I have to say I surprised myself a little bit. 

As much as I respect and love books, I respect and love good sto-

Another benefit to using ebooks is that they are cheaper. Sure, you are missing the feel of opening up a brand new book and fanning those pages once through with your thumb. But, that is simply not reason enough to keep me reading the dead trees. Maybe someone will create an air freshener with that fresh book smell and I can hang it above my desk. 

The song is the first to come to mind when I am deep into a good story, I could be reading it off of a garbage can for all I care and it wouldn't matter to me. 

To what I miss about books the most is the way they smell of opening up a brand new book and fanning those pages once through with your thumb. But, that is simply not reason enough to keep me reading the dead trees. Maybe someone will create an air freshener with that fresh book smell and I can hang it above my desk. 

Another benefit to using ebooks is that they are cheaper. Sure, you are missing the feel of opening up a brand new book and fanning those pages once through with your thumb. But, that is simply not reason enough to keep me reading the dead trees. Maybe someone will create an air freshener with that fresh book smell and I can hang it above my desk. 

The song is the first to come to mind when I am deep into a good story, I could be reading it off of a garbage can for all I care and it wouldn't matter to me. 

To what I miss about books the most is the way they smell of opening up a brand new book and fanning those pages once through with your thumb. But, that is simply not reason enough to keep me reading the dead trees. Maybe someone will create an air freshener with that fresh book smell and I can hang it above my desk. 

The song is the first to come to mind when I am deep into a good story, I could be reading it off of a garbage can for all I care and it wouldn't matter to me. 

To what I miss about books the most is the way they smell of opening up a brand new book and fanning those pages once through with your thumb. But, that is simply not reason enough to keep me reading the dead trees. Maybe someone will create an air freshener with that fresh book smell and I can hang it above my desk. 

The song is the first to come to mind when I am deep into a good story, I could be reading it off of a garbage can for all I care and it wouldn't matter to me.
Those Earning Minimum Wage Know That Money Does Not Grow on Trees

KATIE MEYER  STAFF WRITER

Governor Chris Christie vetoed the minimum wage hike passed by the New Jersey Assembly and Senate. Democrats hope to put the measure on the November ballot.

According to a recent article published by USA Today, College, there is a benefit to raising the minimum wage. More money in the "Pockets of low-skilled workers" means higher consumer spending. What that means is simple: if you have more money, you’re more likely to buy that new iPhone, and because that new iPhone stimulates the stock market, which helps the economy bounce back.

But what’s the direct impact of minimum wage increases? "They have become an official recognition for their actions. "They’re still fighting, and they’re still fighting now," he said. "They’re good for the type of combat job in many ways. "They’re as capable, if not better, at combat as men for the type of combat job."

It seems we have "culturally prepared some of the gear," he explained.

Regardless of the recent announcement, Gaffney said, "there are many, many great opportunities for women in the Armed Forces; with or without combat."

Dr. Swanson of the Communicaton Department and Chair of the Philosophy, Religion, and Interdisciplinary Perspectives Department explained, "It has been a long time coming and women have earned it by demonstrating their capabilities in the past.

In some cases, Swanson explained, women are better at tasks and have earned greater respect. They have not only proven effective in combat, but they have also contributed to the national pride of America.

Women in combat will prove an integral part of the mission, with women making strides for many years. "All American can be proud that our military leaders are required to submit their implementation plans to the Secretary of Defense.

That money does not grow on trees. That extra dollar is looking pretty good now, huh?

Democrats in the state legislature have said that women should not be allowed to work with men in combat. "Women should not be doing male things," Panetta argued.

Buzza said, "It’s a good idea to let the state decide as long as voters can decide at the ballot box."

The race for Governor of New Jersey has begun. The decision lies with the voters.

So the real question for you to answer is: how much does this issue mean to you? Are you willing to say yes to an extra dollar in the pocket of those who need it the most? Or is the status quo working for you?

Rosie the Riveter has a Modern Day Twist

Women in Com, continued from pg. 1

prove beneficial. "Having a large number of women in the military who are treated as second-class soldiers is a direct detriment to that organization, as well as being, ultimately, against the nation’s values," Dolan said.

"Sharing their belief, Panetta explained at the announcement that women have increased their role in their own lives and are their roles in the realities of combat. Over the past decade, Iraq and Afghanistan have been recognized for their actions. "They’re served in the two countries and have deployed into front-of-the-line conflicts. As of last year, more than 800 women were wounded and more than 130 have lost their lives in the wars of the past decade by the military.

"It’s clear to all of us that women are contributing unprecedented ways to the military’s mission of defending the nation," Panetta said in his announcement.

The Pentagon argued that the Pentagon’s previous ban prevented women from advancement, despite their commitment, since many promotions in high-level careers in the military often based on combat experience.

As the years of warfare in Afghanistan and Iraq have worn on, the notions of combat, frontlines have become fluid and front lines virtually nonexistent. For the estimated 280,000 women who have been deployed to these two countries since 2001, their drive and determination is unparalleled, the Pentagon’s website explains.

As the Pentagon is working to figure out how it will integrate women into positions previously closed to them, top U.S. defense officials are looking at military units throughout the world that have already sent women into combat. Many countries such as Australia, Canada, Israel, Denmark, and Germany have been incorporating women into military combat for years, an article from National Geographic explains.

Despite women engaging in combat throughout the world, opponents of women in military combat are arguing that women must be able to do the same work. Even in the "Pockets of low-skilled workers" means higher consumer spending. What that means is simple: if you have more money, you’re more likely to buy that new iPhone, and because that new iPhone stimulates the stock market, which helps the economy bounce back.

But what’s the direct impact of minimum wage increases? "They have become an official recognition for their actions. "They’re still fighting, and they’re still fighting now," he said. "They’re as capable, if not better, at combat as men for the type of combat job."

It seems we have "culturally prepared some of the gear," he explained.

Regardless of the recent announcement, Gaffney said, "there are many, many great opportunities for women in the Armed Forces; with or without combat."

However, he explained that he does not believe that U.S. combat operations will be changed as a result of women now being allowed in combat.

Historically, "There has been a cultural precedent for combat being a mal-dominant domain," Delora explained. On the other hand, as popular culture continues to fire one mind with fictional fighting women, it seems we have "culturally prepared ourselves, over time, to accept the logical outcomes of our political belief in equality," he said.

Professor Taylor of the Communication Department and Athletics Professor in Residence explained that it will be interesting to see whether recent policy changes will also impact physical training. How- ever, he said, "There is no distinguish- able difference in the sacrifice it takes to defend our country.

While many students consider enlisting in one of our military’s branches, Swanson explained, "It’s not as physically qualified as men when engaging in combat. "Women should not be doing male things," Panetta argued.

Buzza said, "It’s a good idea to let the state decide as long as voters can decide at the ballot box."

The race for Governor of New Jersey has begun. The decision lies with the voters.

So the real question for you to answer is: how much does this issue mean to you? Are you willing to say yes to an extra dollar in the pocket of those who need it the most? Or is the status quo working for you?

Rosie the Riveter has a Modern Day Twist

Women in Com, continued from pg. 1

prove beneficial. "Having a large number of women in the military who are treated as second-class soldiers is a direct detriment to that organization, as well as being, ultimately, against the nation’s values," Dolan said.

"Sharing their belief, Panetta explained at the announcement that women have increased their role in their own lives and are their roles in the realities of combat. Over the past decade, Iraq and Afghanistan have been recognized for their actions. "They’re served in the two countries and have deployed into front-of-the-line conflicts. As of last year, more than 800 women were wounded and more than 130 have lost their lives in the wars of the past decade by the military.

"It’s clear to all of us that women are contributing unprecedented ways to the military’s mission of defending the nation," Panetta said in his announcement.

The Pentagon argued that the Pentagon’s previous ban prevented women from advancement, despite their commitment, since many promotions in high-level careers in the military often based on combat experience.

As the years of warfare in Afghanistan and Iraq have worn on, the notions of combat, frontlines have become fluid and front lines virtually nonexistent. For the estimated 280,000 women who have been deployed to these two countries since 2001, their drive and determination is unparalleled, the Pentagon’s website explains.

As the Pentagon is working to figure out how it will integrate women into positions previously closed to them, top U.S. defense officials are looking at military units throughout the world that have already sent women into combat. Many countries such as Australia, Canada, Israel, Denmark, and Germany have been incorporating women into military combat for years, an article from National Geographic explains.

Despite women engaging in combat throughout the world, opponents of women in military combat are arguing that women must be able to do the same work. Even in the "Pockets of low-skilled workers" means higher consumer spending. What that means is simple: if you have more money, you’re more likely to buy that new iPhone, and because that new iPhone stimulates the stock market, which helps the economy bounce back.

But what’s the direct impact of minimum wage increases? "They have become an official recognition for their actions. "They’re still fighting, and they’re still fighting now," he said. "They’re as capable, if not better, at combat as men for the type of combat job."

It seems we have "culturally prepared some of the gear," he explained.

Regardless of the recent announcement, Gaffney said, "there are many, many great opportunities for women in the Armed Forces; with or without combat."

However, he explained that he does not believe that U.S. combat operations will be changed as a result of women now being allowed in combat.

Historically, "There has been a cultural precedent for combat being a mal-dominant domain," Delora explained. On the other hand, as popular culture continues to fire one mind with fictional fighting women, it seems we have "culturally prepared ourselves, over time, to accept the logical outcomes of our political belief in equality," he said.

Professor Taylor of the Communication Department and Athletics Professor in Residence explained that it will be interesting to see whether recent policy changes will also impact physical training. How- ever, he said, "There is no distinguish- able difference in the sacrifice it takes to defend our country.

While many students consider enlisting in one of our military’s branches, Swanson explained, "It’s not as physically qualified as men when engaging in combat. "Women should not be doing male things," Panetta argued.

Buzza said, "It’s a good idea to let the state decide as long as voters can decide at the ballot box."

The race for Governor of New Jersey has begun. The decision lies with the voters.

So the real question for you to answer is: how much does this issue mean to you? Are you willing to say yes to an extra dollar in the pocket of those who need it the most? Or is the status quo working for you?
Bullying continued from pg. 1

take place online, that you can comment on anything or say anything you want, nothing is stopping you, BUT you have to be held accountable for the consequences of the actions you chose,” said Gior- dian.

Jessica Rossi, sophomore communication major, said, “Hav- ing the right to freedom of speech is challenging in general by the ad-

One of the actions you choose,” said Gior- dian.

Regarding the situation lies: How far can they go while allowing students the right to free thought and academic growth, as well as the protection of free expression and the right to use a real name online, it is often difficult to determine on their own what constitutes cyber bullying and the monitoring of their Inter-

The opening round of the Regionals was a very busy one for several schools. “If a threat is made to a student’s health or safety, then it may be a case to take action,” said Nagy.

Grillo believes that there is no clear definition of cyber bullying, “If an individual uses the Univer-

However, Grillo believes that there is no clear definition of cyber bullying, “If an individual uses the Univer-

Grillo agrees with Nagy that there is a fine line and if a student is threatened then a school should have the right to take action. “If one of the main functions of higher learning is to promote free thought and academic growth, there is a line that can be drawn between free speech and a crime. and the "announcement effect" and the "announcement effect" can be a very wide "audience" in a cyber envi-

Grillo noted, “Both our suc-

Heading into regionals, team advisor Professor Gregory Bor-

Dr. Don Swanson, communica-

Shannon Killeen, Assistant Vice President for Student Services, be-

President for Student Services, be-

Swanson, however, said, most organizations have regulations on cyber bullying so doing any disciplinary

The tournament included four

Two Day Tournament

PRESS RELEASE

The weekend of January 19-20 was a busy one for several Monmouth University students, as the Mock Trial team headed up to the Bronx, NY to partici-

Mancini, director of counseling and psy-

Swanson, however, said, most organizations have regulations on cyber bullying so doing any disciplinary

Mancini say that cyber bullying

Grillo continues, “Another man-

training in dealing with bullying and ba-

Mancini added, “The USSC (United States Supreme Court) found in favor of some educational institutions, stu-

Despite this case with the Mont-

Grillo said, “If the USSC (United States Supreme Court) found in favor of some educational institutions, stu-

Shannon Killeen, Assistant Vice President for Student Services, be-

Mancini added, “The USSC (United States Supreme Court) found in favor of some educational institutions, stu-

The Outlook

The Outlook

February 6, 2013

February 6, 2013

February 6, 2013

February 6, 2013

February 6, 2013

February 6, 2013

February 6, 2013

February 6, 2013

February 6, 2013

February 6, 2013

February 6, 2013

February 6, 2013

February 6, 2013

February 6, 2013

February 6, 2013

February 6, 2013

February 6, 2013

February 6, 2013

February 6, 2013

February 6, 2013

February 6, 2013

February 6, 2013

February 6, 2013

February 6, 2013

February 6, 2013

February 6, 2013

February 6, 2013

February 6, 2013

February 6, 2013

February 6, 2013

February 6, 2013

February 6, 2013

February 6, 2013

February 6, 2013

February 6, 2013

February 6, 2013

February 6, 2013

February 6, 2013

February 6, 2013

February 6, 2013

February 6, 2013

February 6, 2013

February 6, 2013

February 6, 2013

February 6, 2013

February 6, 2013

February 6, 2013

February 6, 2013

February 6, 2013

February 6, 2013

February 6, 2013

February 6, 2013

February 6, 2013


What You Should Knot Do To Your Hair

TAYLOR KELLY

Hair is an important aspect of appearance for pretty much everyone. It is an essential accent. For some, it is a useful tool to work. Many people often find themselves wishing their hair looked different. The frustration is the only thing that comes out of the struggle for style. In order to take care of the hair you wish for, it is important to know more about the topic. Thoughtfully developing a relationship with a coloring company, hair products, or a hair coloring solution is necessary. For instance, having a balanced diet full of vitamins and minerals is important. The hair color you choose can make a difference.

HAIR FACTS:
1. An average person has 100,000 strands.
2. Blondes have the most strands of hair while redheads have the least.
3. It is the second fastest growing tissue in the body, second only to bone marrow.
4. Protein is essential to healthy hair.
5. Gray hair is a result of pigment deficiency.
6. Baldness is due to genes.
7. Hair’s main parts are keratin and water.
8. Stress can hinder hair growth.
9. Wash your hair three to four times a week.
10. Dyeing hair also damages hair.

Deficiency can result in hair loss.
Baldness comes from genes and is experienced by fifty percent of men and forty percent of women.
Hair has two main ingredients—keratin and melanin.
Hair color changes due to the keratin and melanin interaction.
Hair can become fragile and brittle, and can also cause allergic reactions.
Juvenile and adult hair color are the same.

The problem with dye is not just with the hair itself, but also with the chemicals.

Dyeing your hair can also have harmful effects. Chemicals with- in the dye can cause your hair to be brittle and weak, and can also cause allergic reactions.

Deficiency can result in hair loss.

Baldness comes from genes and is experienced by fifty percent of men and forty percent of women.
Hair has two main ingredients—keratin and melanin.
Hair color changes due to the keratin and melanin interaction.
Hair can become fragile and brittle, and can also cause allergic reactions.

HAIR FACTS:
1. An average person has 100,000 strands.
2. Blondes have the most strands of hair while redheads have the least.
3. It is the second fastest growing tissue in the body, second only to bone marrow.
4. Protein is essential to healthy hair.
5. Gray hair is a result of pigment deficiency.
6. Baldness is due to genes.
7. Hair’s main parts are keratin and water.
8. Stress can hinder hair growth.
9. Wash your hair three to four times a week.
10. Dyeing hair also damages hair.
Check out what’s next at the...  
CENTER FOR THE ARTS  
SPRING 2013 PERFORMING ARTS SEASON

POEM JAZZ WITH ROBERT PINSKY & FRIENDS  
FRI. FEB. 15 | 7:30 PM  
POLLAK THEATRE  
“Three-time U.S. Poet Laureate performs his poetry to improvised jazz”

SHAWN MULLINS & SPECIAL GUEST MINDY SMITH  
SUN. MAR. 3 | 7:00 PM  
POLLAK THEATRE  
“Grammy nominated singer/songwriter of the Lullaby & Beautiful Wreck”

JUSTIN TOWNES EARLE & SPECIAL GUEST TIFFT MERRITT  
SAT. MAR. 9 | 8:00 PM  
POLLAK THEATRE  
“Beyond-his years musical wisdom and a guitar/vocal technique that’s wowed audiences.”

RED HORSE JOHN GORKA, ELIZA GILKYSON & LUCY KAPLANSKI  
SAT. MAR. 23 | 8:00 PM  
POLLAK THEATRE  
“Some of the most respected musicians in roots, folk & Americana circles.”

STEPS AFRIKA  
FRI. APR. 12 | 8:00 PM  
POLLAK THEATRE  
“A skillfully arranged rhythmic combination of clapping, body slapping, stomping and shouting”

GIANTS OF THE BAROQUE  
DEPT. OF MUSIC & THEATER ARTS  
SPRING CONCERT  
THUR. APR. 18 | 8:00 PM  
POLLAK THEATRE  
including music by Bach, Vivaldi and Handel

ROGER McGUINN  
FRI. APR. 5 | 8:00 PM  
POLLAK THEATRE  
“As cofounder of the Byrds, this Rock and Roll Hall of Famer didn’t just make music he made history”

ANI DIFRANCO  
FRI. NOV. 8 | 8:00 PM  
POLLAK THEATRE  
“a rich mixture of contemporary folk...country twang, jazzy vocal phrasing, and powerful, groove-oriented guitar work.”

STUDENTS GET FREE TICKETS!  
All Monmouth University full-time students are entitled to one free ticket to any two performing arts events. After the two free tickets have been used, the student cost will be $5.

FOR TICKETS: 732.263.6889  
WWW.MONMOUTH.EDU/ARTS

TICKETS NOW ON SALE!
The Provost Film Series screened its second movie, Lumumba, on Monday, January 28, in Pollak Theatre.

Nicole Calascibetta
Staff Writer

Lumumba tells the story of Patrice Lumumba, an ambitious leader whose powerful words were a threat to those who opposed his vision of an independent Congo from Belgium in 1960. It's a tragic yet inspiring story told in a non-linear world.

Professor Julius Adekunle, his wife and a few other individuals were open to the public.

Although Lumumba may have been college educated and spoke with motivational power, his lack of political experience was one of the factors that led to his demise. Lumumba starred Eriq Ebouaney as Lumumba and was directed by Raoul Peck. It was originally released in 2000. The film ran for 115 minutes with not one minute wasted. Ebouaney had a commanding presence on screen and displayed all the personal sides of Lumumba: The determined leader, the unwavering humanitarian, the loving father and the humility of a man with a dream.

Senior Daniel Taylor, history and education major, said, “It represented a good refined version of this historical event. It did jump around a lot, but the direction told a fluent story. Overall, I liked it.”

Taylor attended the film for extra credit. He said he would attend more Provost films in the series if they were similar to Lumumba.

Pearson said, “I think the films that served an educational purpose. Lumumba was sprinkled with students, faculty and a few other individuals outside of the University. Lumumba, a historical film, showed the oppressive conditions that afflicted the Congo for decades. The Provost Film Series because it was packed with cultural diversity.” This marks the sixth Provost Film Series.

The audience for Lumumba was sprinkled with students, faculty and a few other individuals outside of the University. Lumumba explained they’ve been having bad luck weather-wise on the nights of their films this year. The highest attendance at a Provost Film Series was around 130 people.

The next film in the Provost Film Series is Muy comma ra ngab oga ngab o on March 23. Muy comma ra ngab oelho resolves around a boy who seeks justice for his parents who were killed in the Rwandan genocide.

Pearson explained they’ve been having bad luck weather-wise on the nights of their films this year. The highest attendance at a Provost Film Series was around 130 people.

The next film in the Provost Film Series is Muy comma ra ngab o. Muy comma ra ngab o is looking to have a fantastic year over worldwide, to the strange, story-book style of The Wonderful 101.

Besides seeing the movie, students were also given the opportunity to discuss the film and ask questions to the filmmaker.

The audience for Lumumba was packed with students, faculty and a few other individuals outside of the University. Lumumba was packed with oppressive violence and an inspiring story told in a non-linear structure. Economic, social and cultural issues within the territories of the Congo were brought to light and the film touched on the themes of love and devastation.

When asked whether he would return to campus for the end of the movie and opened up a question and answer discussion with members of the audience. He went on to explain the historical facts behind Lumumba and why his ideals didn’t coincide with his time. “Lumumba himself did not have political experience,” said Adekunle.

Even more interesting, however is in the Wonderful 101, a super-powered metroid-inspired title that’s been highly anticipated sequels like Watch Dogs.

In the Wonderful 101, a super-powered and intense action game coming for Wii U made by the creator of games like Bayonetta and Okami.

Instead of just one lofty hero, the beloved BI gives you control of a swarm of tiny, super-powered, super heroes as you travel through hyper-colored streets battling mechanized foes with a variety of unique powers.

While Nintendo’s new home console is proving to be strong, it’s looking better than ever this year with highly anticipated sequels like Fire Emblem: Awakening, Pokémon X and Y, Assassin’s Creed: Revelations, Legend of Zelda: Skyward Sword, Dark Moon (Mar. 24), and Pokémon X and Y, the series that has铸成 a new generation.

Like the Wonderful 101, it seems like 3DS owners will be quite busy playing right up until 2014.

Though I tried to touch on as much as I could in this feature, this is only the tip of the iceberg regarding what to expect in 2013. There’s always more to be announced and plenty of hidden gems to uncover so as 2013 rolls on, keep searching, watching, and most of all, keep playing.
Although Coheed and Cambria, composed of lead vocalist and guitarist Claudio Sanchez, lead guitarist Josh Eppard, bassist Zach Cooper, is recognizable to many and is usually forth as a curious oddity amongst the wide span of musical libraries.

Continuing their beginnings in 1995 as metal-headed rock group with progressive rock, the band seems to have finally found a stable identity as a progressive rock group in their Afterman series. The Afterman project and is flying high as a result.

The Afterman: Ascension is a follow up to the band’s fall release, The Afterman: Ascenton. The band’s new album, a futuristic time place where an abnormal energy mass known as the Keywork thrives, Amory explores the curious unknown beyond that of any other; soon discovering that the Keywork is actually a holding cell where all abnormals are kept after their time expires on Earth.

Arguably their most challenging record to date, the story behind the music being difficult to follow without knowing the events within the tale, Coheed showcases their pristine storytelling capabilities nonetheless by depicting the tale of Amory.

Upon first glance, Ascension gives the impression of a more upbeat tune as opposed to Ascension; not lyrically but with heat and it’s combination of bluesy, New Orleanian and Latin rhythms. With powerhouse songs such as “Number City” and “The Hard Sell,” both of which morph the audience into a head-bobbing, foot-tapping mass, as well as the combination of trumper, heavy bass, technologic sound warps, and shape-shifting vocals, Coheed and their famed complexities are presented beautifully.

Contrary to contrast is presented in a manner to follow one shift in emotion as they merge. Whether in the form of music or storyline in Sanchez’s case, are what lie within this duel album. If that doesn’t go Coheed any wrongs his high standard real of music, then there is essential-ly no justice.
Erin Smith, a junior, recently studied at Regents College in London, England during the 2012 Fall semester. "I chose to study abroad because I knew that college was going to be my only chance to get out and see the rest of the world and not just the United States. I was really [interested in] what Erin Smith explained.

It's difficult to travel freely after graduating, especially if a person intends on jumping straight into their career field upon leaving the University. Studying abroad gives students a once-in-a-lifetime chance to experience the world, and it's best for them to grab onto that opportunity when it's right in front of them, even if they are feeling a little apprehensive.

Chris Hirschler, the faculty director of the study abroad program, recalls a former student who barely had any travel experience before going to Guatemala on a faculty-led program. "She was really nervous, however, she relaxed, had a great time, and performed fantastic work helping the organization Salva Pumas. Her experience on that trip eventually helped her become a Peer Learning Assistant in her first semi- marine course."

Chris Hirschler, the faculty director of the study abroad program, recalls a former student who barely had any travel experience before going to Guatemala on a faculty-led program. "She was really nervous, however, she relaxed, had a great time, and performed fantastic work helping the organization Salva Pumas. Her experience on that trip eventually helped her become a Peer Learning Assistant in her first semi-marine course."

During her semester in London, Smith visited four other countries: Ireland, France, Italy, and Wales, and in London, adding, "I'm not really worried about getting homesick because some of my family lives in London. I'm mostly just really excited!"

And students should be excited; studying abroad can be a truly amazing experience. Hirschler pointed out that participating in the program "might increase their appreciation for their own family, travel, adventure, or 'also good!' Not only does studying in another country expand a person's horizons, but it also carries within it opportunities to do some more traveling while away.

"The outlook explains. "I almost had my sights set on Brown, a large four year university in New England." Some families view the reputation of the school as more important than the actual quality of education one receives there."

Dr. Heather Brown, an English professor, notes that the overwhelming demand is going to college and competitive involvement in activities was just as important when she was growing up in the 1980s and 1990s. Brown was the firstborn of three children resulting in more responsibility on her. "I took on a lot of responsibility for doing what was necessary to succeed in school and get the house clean as both completing school work and chores were stressed."

If r o w n was also extensively involved in extracurricular activities, as many of us are today: "I was active on the soccer team, the school literary magazine, the cheer and student government," said Brown. "I also performed in talent shows and musicals once or twice a year, singing and playing guitar. I really enjoyed the opportunities to meet people and explore different activities and I still do."

The one main difference is Brown's parents did not complete a formal education beyond high school, but strongly encouraged her to do so by attending college. "I know from very young age that if I was going to accomplish any of the things I wanted to achieve, going to college was a necessary part of that journey."

Unlike most who believe that the values of a traditional family have changed significantly, it is safe to say that values have remained stable. While modern ideals may be more integrated into our lives, nothing will change the way you look at things in your own country, and even your own home.

"We Are Family Has the Definition of a Traditional Family Changed Over Time? WESLEY BROOKS STAFF WRITER Each one of us at the University has grown up learning different values from our family, but it seems that the overall values we share today have not changed all that much in one's own home. These range from expectations for school achievement to the types of chores one should complete. There are also expectations for the reputation a student's family values can teach. One may view school course selection and academic achievement as a cornerstone to future success. "I am one of four children and while my family was never stressed," s a i d A l y s s a Caporas o, a j u n i o r.

"I was left on my own to decide courses I should take in high school and the college," a i r o n i c a l l y wrote. "Competitive grades were not a factor for her. However, in today's global society of ever increasing competition, many families are capping one's GPA both in high school and college to a certain level and not considering scholarships."

Pat Layton, sophomore, notes, "My family stresses that my GPA should be a 3.5 or better so that there is a higher chance of getting into college and they themselves are highly competitive." Pat Layton said chores were stressed as well.

While not as strict, Rebecca Leit, marine biology major, recalls how she and her family was about going to college at a young age, as that is what almost everyone is doing to get ahead in his or her life. "I looked at many schools prior to deciding to come here," Leit explains. "I almost had my sights set on Brown, a large four year university in New England." Some families view the reputation of the school as more important than the actual quality of education one receives there."

Dr. Heather Brown, an English professor, notes that the overwhelming phobia of going to college and competitive involvement in activities was just as important when she was growing up in the 1980s and 1990s. Brown was the firstborn of three children resulting in more responsibility on her. "I took on a lot of responsibility for doing what was necessary to succeed in school and get the house clean as both completing school work and chores were stressed."

If r o w n was also extensively involved in extracurricular activities, as many of us are today: "I was active on the soccer team, the school literary magazine, the cheer and student government," said Brown. "I also performed in talent shows and musicals once or twice a year, singing and playing guitar. I really enjoyed the opportunities to meet people and explore different activities and I still do."

The one main difference is Brown's parents did not complete a formal education beyond high school, but strongly encouraged her to do so by attending college. "I know from very young age that if I was going to accomplish any of the things I wanted to achieve, going to college was a necessary part of that journey."

Unlike most who believe that the values of a traditional family have changed significantly, it is safe to say that values have remained stable. While modern ideals may be more integrated into our lives, nothing will change the way you look at things in your own country, and even your own home.

ERIN MCMULLEN STAFF WRITER

Traveling the world seems to be on the bucket list of people. Everyone is doing to get ahead in his or her life, as that is what almost everyone is doing to get ahead in his or her life. "I looked at many schools prior to deciding to come here," Leit explains. "I almost had my sights set on Brown, a large four year university in New England." Some families view the reputation of the school as more important than the actual quality of education one receives there.

Dr. Heather Brown, an English professor, notes that the overwhelming phobia of going to college and competitive involvement in activities was just as important when she was growing up in the 1980s and 1990s. Brown was the firstborn of three children resulting in more responsibility on her. "I took on a lot of responsibility for doing what was necessary to succeed in school and get the house clean as both completing school work and chores were stressed."

If r o w n was also extensively involved in extracurricular activities, as many of us are today: "I was active on the soccer team, the school literary magazine, the cheer and student government," said Brown. "I also performed in talent shows and musicals once or twice a year, singing and playing guitar. I really enjoyed the opportunities to meet people and explore different activities and I still do."

The one main difference is Brown's parents did not complete a formal education beyond high school, but strongly encouraged her to do so by attending college. "I know from very young age that if I was going to accomplish any of the things I wanted to achieve, going to college was a necessary part of that journey."

Unlike most who believe that the values of a traditional family have changed significantly, it is safe to say that values have remained stable. While modern ideals may be more integrated into our lives, nothing will change the way you look at things in your own country, and even your own home.

Each one of us at the University has grown up learning different values from our family, but it seems that the overall values we share today have not changed all that much in one's own home. These range from expectations for school achievement to the types of chores one should complete. These range from expectations for school achievement to the types of chores one should complete. These range from expectations for school achievement to the types of chores one should complete. These range from expectations for school achievement to the types of chores one should complete. These range from expectations for school achievement to the types of chores one should complete. These range from expectations for school achievement to the types of chores one should complete. These range from expectations for school achievement to the types of chores one should complete.
Sacrificing a Tan for Summer Education

EMILY TAYLOR  STAFF WRITER

Annoyed and frustrated at your newly painted syllabus, your roommate looks over your should-er and mutters, ‘That class was a breeze compared to the one you took as summer.’ You glance back at the 15 page major research paper, group presentations and three examina-tions and think about dropping a class because your 19-year-old pal said taking it during summer would be worth giving up time in the sun. Doucilitating time and money to a summer class may be worth neglecting your job as a camp counselor, but it may be for everyone. Summer classes are meant to keep students ahead, a float or on board to graduate and are not seen as a loophole to a better grade, because believe it or not, you will be kept for the full class period.

The weather will be getting warmer towards the end of March and class attendance at the Uni-versity will dramatically decline as you find classmates enjoying the perks of a one mile radius to the Jersey Shore. If you’re one of those students who will take advantage of the allowed two absences per semester solely for a warm week in May, a summer class may not be the best idea. Surrounded by white walls, white floors and books may not be the same as being at Bar A, but it is vastly different than what we thought summer classes were in high school. It’s a great way to be ahead in credits in order to lessen the load and defer from an overload semester for your en- tire junior year.

University promotes its ideal location to beaches with a 15 percent reduced tuition rate and attractive lounges in order to attract students to its summer programs. Public relations pro-fessor Kristine Simoes said if you don’t have a full load, you can’t get financial aid, which deters many students from con-sidering summer courses. The school does offer some incen-tives on price to help compen-sate for that.

Whether students are interest-ed in the accelerated four week class schedule or the six or 12 week, they should be aware of several aspects before commit-ting to a summer of academia.

1) Professors have no obliga-tion to shorten the class time simply because it is 80 degrees. The beach may be around the corner, but realize you are a stu-dent first and foremost; not a lifeguard.

2) Do not expect an easier workload. The stipulation may be that a summer class is less tedium than a regular semes-ter class but, we all know what happens when we assume. The classes are just as difficult to complete as they are more interesting because you’re not dis-tracted with five writing inten-sions course amongst ten please and relationships maintenance. Scattering your classes over the summer period is a great way to ease stress and pressure during fall.

3) Parking is no longer a hassle. Your own ‘DNA library.’

Now in 2013, these two geneti-cists, Ewan Birney and Nick Gold-man of the European Bioinformatics Institute, have succeeded in storing a set of Shakespeare’s sonnets, a PDF of the first paper describing DNA’s double helix structure, a 26-second mp3 clip from Martin Luther King Jr.’s “I Have a Dream” speech and a JPEG photograph of their institute-all becomes a molecule of DNA. They’ve published their research in Nature, one of the world’s most prestigious scientific journals.

This enormous feat renders a hope-ful and exciting future for DNA stor-age. Such an endeavor is also likely to lead to more success because DNA is an optimal storage device, being sturdy and extremely compact. Furthermore, storing information on DNA is relatively inexpensive, es-pecially when compared to the cost of using external hard drives. And just as storing information on silicon chips and in hard drives was reaching its maximum point in both pushing budget costs and storage limits, this breakthrough has had excellent tim-ing. Sophomore education major Ma-ham Ayub said, “Such a breakthrough in DNA research is especially conve-nient due to the monumental use of technology in our current digital age, which is bound to become only more advanced. It is fascinating to be able to store so much data on the bugs we use on a daily basis.”

This inventive technology can be of immense assistance in our every-day life. It will change the way we perform normal transactions our future will hold.”

The DNA was then subjected to a standard DNA sequencer which is a device used to determine the order of the nucleotide bases. Once the machine aligns the bases in the proper order, it can determine what is coded in that sequence of DNA. This allowed the flies that Gold-man and Birney encoded to be re-opened. Although they encour-aged the creation of a lot of innovative biologists were able to be opened, it is a significant step. However, as with all discoveries, potential ethical and practical issues will need to be addressed before it is commonplace to carry around your own “DNA library.”

So how does it work? Essen-tially, the code of the specific files and software that Goldman wrote. It is then converted to binary code and then converted once more to the four let-ters in the DNA code. This step was accomplished through specialized software that Goldman wrote. It allowed the audio, photo and docu ment file information to be encoded in the DNA nucleotide bases: ade-nine, guanine, cytosine and thy-mine.

Researchers have discovered that practical files may be encoded within the nucleotide bases of DNA mol ecules.

Can DNA Store More Than Genes?

The DNA was then subjected to a standard DNA sequencer which is a device used to determine the order of the nucleotide bases. Once the machine aligns the bases in the proper order, it can determine what is coded in that sequence of DNA. This allowed the flies that Gold-man and Birney encoded to be re-opened. Although they encour-aged the creation of a lot of innovative biologists were able to be opened, it is a significant step. However, as with all discoveries, potential ethical and practical issues will need to be addressed before it is commonplace to carry around your own “DNA library.”

So how does it work? Essen-tially, the code of the specific files and software that Goldman wrote. It is then converted to binary code and then converted once more to the four let-ters in the DNA code. This step was accomplished through specialized software that Goldman wrote. It allowed the audio, photo and docu ment file information to be encoded in the DNA nucleotide bases: ade-nine, guanine, cytosine and thy-mine.

Students can be a good way to catch up or get ahead, but students must be willing to give up their full time summer vacation in exchange for class and study sessions.

Summer courses can be a good way to catch up or get ahead, but students must be willing to give up their

Simoes said, “Many courses are offered online or as hybrids which cuts down on the commute.” At $712 per credit, it is urged that University undergraduates register during the dates of March 29-April 13 in order to guarantee a spot. A follow-up email will be sent to students this month rem inding them of these dates.

Summers at the University have kept many students from returning for a full summer va-cation to their homes. With the beach right around the corner and plenty to do, summer classes are a definite benefit to a stu-dent who is a busy bee during the standard fall and spring semes ters.

The beach may be around the corner, but realize you are a stu-dent first and foremost; not a lifeguard.

Furthermore, storing information on DNA is relatively inexpensive, es-pecially when compared to the cost of using external hard drives. And just as storing information on silicon chips and in hard drives was reaching its maximum point in both pushing budget costs and storage limits, this breakthrough has had excellent tim ing. Sophomore education major Ma-ham Ayub said, “Such a breakthrough in DNA research is especially conve nient due to the monumental use of technology in our current digital age, which is bound to become only more advanced. It is fascinating to be able to store so much data on the bugs we use on a daily basis.”

This inventive technology can be of immense assistance in our everyday life. It will change the way we perform normal transactions our future will hold.”

The DNA was then subjected to a standard DNA sequencer which is a device used to determine the order of the nucleotide bases. Once the machine aligns the bases in the proper order, it can determine what is coded in that sequence of DNA. This allowed the flies that Gold man and Birney encoded to be re-opened. Although they encour aged the creation of a lot of innovative biologists were able to be opened, it is a significant step. However, as with all discoveries, potential ethical and practical issues will need to be addressed before it is commonplace to carry around your own “DNA library.”

So how does it work? Essentially, the code of the specific files and software that Goldman wrote. It is then converted to binary code and then converted once more to the four letters in the DNA code. This step was accomplished through specialized software that Goldman wrote. It allowed the audio, photo and document file information to be encoded in the DNA nucleotide bases: adenine, guanine, cytosine and thymine.

Students can be a good way to catch up or get ahead, but students must be willing to give up their full time summer vacation in exchange for class and study sessions.
It’s Always Sunny in Philadelphia

SAB Announces Plans for a Trip to Philly for Students in March

PHOTO TAKEN BY ELEFANTESOURCE.COM/PHILADELPHIA

Philadelphia or “The City of Brotherly Love” got its name from one of its most famous citizens, William Penn, who saw his tract of land as a place where everyone from every background could live together in peace and harmony. The Greek phrase for “brotherly love” is philadelphia which means loving brothers, which became Philadelphia.

CHRISTINA GROTHUES
CONTRIBUTING WRITER

The Student Activities Board will be sponsoring a trip to center city Philadelphia on March 2 and 3. Reservations for this trip began January 28 on the second floor of the student center and the last full day to reserve your spot will be Monday, February 12. The trip will be leaving the night of March 6 from the Philadelphia Marriott Downtown and a coach bus ride that transports students from the University to Philadel- phia.

Maggie McGowan, Assistant Di- rector of Student Activities said, “This trip gives students the op- portunity to stay in a safe area of Philadelphia for a discounted rate.” According to McGowan, the hotel is typically very expensive but after collaborating with the Marriott by going through their group booking agent, prices could be discounted anywhere from 20 to 40 percent.

Genevieve Kubas, a junior study- ing business with a concentration in marketing and management, said, “It will be great that I signed up for the trip is because I have never been to Philadelphia before and I am defi- nitely like to see it. It is a good op- portunity to do that because the trip is very inexpensive and there is no itinerary set so I can see whatever I want to see.”

Great discounts are said, “This is a trip where students are free to do whatever they want. This trip is the area include The Liberty Bell, Independence Hall, The Franklin Institute, The Philadelphia Zoo, The Philadelphia Art Museum, as well as the freedom to do other activities that are available in the city.” McGowan said, “Another high- light of this trip is that the bus is going to make a stop so students attending may buy a famous chees- estake from Pat’s and Geno’s.” Stu- dents have the opportunity to try a world famous cheesesteak without having to worry about finding trans- portation to get to these restaurants themselves.

I would really love to see the Liberty Bell and Independence Hall. I would also like to try a famous cheese steak and see what the night- life is like in Philly,” said Kubas.

Sam Kofsky, a junior studying English and education said, “While I am in Philadelphia I am planning on going sight-seeing and taking ad- vantage of the fun restaurants and any other type of night life that is available.”

Kofsky said, “I decided to go on this trip because it was a really good deal for a night in Philadelphia and we have the freedom to do whatever we want while we are there. I usu- ally always try to take advantage of the SAB trips because they offer us great discounts.” This trip costs $55 per person for a group of four, $75 per person for a group of three, $100 a person for a group of two, and $200 per person for one individual in a room. This trip is also available for guests of University students for a $15 addi- tional fee per non-MU student.

Kofsky, who has been involved with the Student Activities-board for the past three years, said, “I al- ways encourage students to take advantage of everything that SAB offers. It is what will make your col- lege experience unique and mean- ingful. When we graduate we will not be able to get all of these great deals like we do as students.”

Kubas said, “I have not yet been able to experience a trip through the school before, however I have heard that they are a lot of fun and worth the money. I am very excited for this trip especially because I have never been to Philadelphia before.”

Louis Garbarini, a junior study- ing communication, said, “This is the first Philly Trip since I have been involved with SAB. We try to think of fun and different trips that the stu- dents would like to go on so this year we thought of Philly. Last semester we had a long weekend trip to Bos- ton, Salem, and Plymouth Rock.”

McGowan also said that trips in the past have been very success- ful, including the Spring Break trip to Disney last March. “In order to have successful trips, we must fill the minimum number of rooms. The turnout has to be high enough in or- der for the trip to be a success.”
Snow Day!

SAB Teams Up With Alpha Sigma Tau to Host a Winter Wonderland in Lot Six

RACHEL FOX
CONTRIBUTING WRITER

Though it did indeed snow late on the evening of Saturday, February 2, a winter wonderland was brought to campus in another sense during the day with the Snow Day event hosted by the University’s Student Activities Board and co-sponsored by Alpha Sigma Tau. Due to inspiration from wanting to enhance the feel of snow in a snowless environment, Snow Day was created.

Held in lot six, more commonly known as the Cedar parking lot on the residential side of campus, Snow Day consisted of a giant blow up snow globe in which students could stand in to get their photo taken, a fun slide, outdoor heaters, and hot chocolate.

The event was originally supposed to begin at 12:00 pm, but was postponed a half-hour due to cars that were parked in the parking lot.

Megan McGowan, Assistant Director of Student Activities, explained that gates were supposed to block off the entrance to the Cedar lot but they were not put up at the correct time. As a result, cars that were parked in the parking lot were blocking where the fun slide and snow globe were to be placed, thus delaying the set up of the event.

Students whose cars were parked in the lot were contacted by the University Police Department and were asked to move their vehicles. Once the vehicles were moved, set up was able to begin and the event was up and running by 12:30 pm.

Though the event was postponed by 12:30 pm, and the event was up and running by 12:30 pm, the event was up and running by 12:30 pm. 

As a result, cars that were parked in the parking lot were blocking where the fun slide and snow globe were to be placed, thus delaying the set up of the event.

Students whose cars were parked in the lot were contacted by the University Police Department and were asked to move their vehicles. Once the vehicles were moved, set up was able to begin and the event was up and running by 12:30 pm.

Though the event was postponed by 12:30 pm, and the event was up and running by 12:30 pm, the event was up and running by 12:30 pm. 

The Student Activity Board’s biggest attraction at Snow Day was the giant snow globe set up in lot six which students could pose in for pictures.

PHOTO COURTESY of Student Activities Board

by 12:30 pm, and the event was up and running by 12:30 pm. 

As a result, cars that were parked in the parking lot were blocking where the fun slide and snow globe were to be placed, thus delaying the set up of the event.

Students whose cars were parked in the lot were contacted by the University Police Department and were asked to move their vehicles. Once the vehicles were moved, set up was able to begin and the event was up and running by 12:30 pm.

Though the event was postponed by 12:30 pm, and the event was up and running by 12:30 pm, the event was up and running by 12:30 pm. 

The Student Activity Board’s biggest attraction at Snow Day was the giant snow globe set up in lot six which students could pose in for pictures.
What is your most valued personal belief?

COMPiled by: Alexis Orlacchio

Nicole junior
“To be kind to others. I think that if half of the people in the world were kind to others we wouldn’t have half of the problems we do now.”

Sarah junior
“Honesty. Because if you lie too much you’re going to get caught, it always comes back to you.”

Siri freshman
“Loyalty. Because I feel like if the people around you aren’t loyal then you can never really trust them.”

Sheila senior
“Life always works out, because our biggest proof is our experience.”

Ian senior
“Trust. You can’t rely on someone or talk to someone if you can’t trust them.”

Sarah junior
“Honesty. Because if you lie too much you’re going to get caught, it always comes back to you.”

Siri freshman
“Loyalty. Because I feel like if the people around you aren’t loyal then you can never really trust them.”

Sheila senior
“Life always works out, because our biggest proof is our experience.”

Ian senior
“Trust. You can’t rely on someone or talk to someone if you can’t trust them.”

Taylor sophomore
“Respect. If you have respect for other people then they have respect for you.”

Ian junior
“That people should have a general understanding and be open to new ideas. It would cut down on ignorance and arrogance.”

Merrily Science Professor
“To always be honest with yourself. I think sometimes it is tough, but it is key.”

David senior
“To treat others the way you want to be treated.”

Brittney junior
“To put family above everything.”

AVEYOU, your unique beauty boutique, was created to bring together the finest hair, nail, skin, and body care products to beauties all over the world! Located about a mile from campus on Norwood Ave. in Deal, AVEYOU is your one stop shop for all of your beauty needs! call us for an appointment with our professional makeup artists

(732) 531-1988

AVEYOU®
your unique beauty boutique
www.aveyou.com
280G Norwood Ave. Deal, NJ - Located in the Footnotes Plaza
need a car? borrow ours.
cars on campus, by the hour or day.
gas & insurance included.

get special rates at
zipcar.com/monmouthu
you only need to be 18+ to join.

Nelly’s Grill & Pizzeria

www.nellyspizza.com

Open until 4AM!
Phone: 732-923-1101 or 732-923-9237

Large Pizza, 10 Buffalo Wings, 2 Liter Soda $16.99
Expires February 28, 2013

Buy one slice and get 2nd 1/2 OFF
slices must be the same kind
Expires February 28, 2013

10% off for MU Students!
(must show valid ID)
Online orders available.
Delivery charges subject to your location
We accept Visa, Master Card, American Express, and Discover.

Want your advertisement in The Outlook?

(732) 571-3481
outlookads@monmouth.edu
SUNDAY, FEBRUARY 16, 2013
WILSON HALL
8PM - 12AM

$25 PER TICKET

EAT
DANCE
LOUNGE

WINTER BALL 2013

Email Alissa Catalano at s0748351@monmouth.edu for more information!
Check your email for updates!
To get the advantage, check the week rating: 10 is the easiest, 0 the most challenging.

**Aries** • (Mar. 21 - April 19) - This week is an 8
You’re extra charismatic this week and certain someone’s are certainly taking notice. Prepare yourself for a few date offers and shine bright. However, there is no need to take any big risks or travel too far on these outings. Sometimes it’s the smaller gestures and events that are really worth the while.

**Taurus** • (April 20 - May 20) - This week is an 8
A friend helps you discover new paths and maybe even a few doors along the way. Write your results in order to get a solid answer for where you should head first in your new endeavors. Don’t get too eager to talk about the money though; all comes in due time.

**Gemini** • (May 21 - June 21) - This week is a 9
Maybe concealment or perhaps not telling your boss just what you think, just yet, will be the best option for now. More study is required in order to map this course out correctly. Keep in mind that changes happen abruptly, so prepare yourself for any unexpected turns along the way.

**Cancer** • (June 22 - July 22) - This week is a 6
Surprise that special someone with tickets for just the two of you, or maybe even plan an elegant little romantic something. Look to music or the arts in particular for an extra dose of inspiration. It just might be what you need to challenge those practical assumptions of yours in a way you will really enjoy.

**Leo** • (July 23 - Aug. 22) - This week is a 7
Make plans, but don’t go running with them just yet. A female perspective will provide new ideas that you might add to your course of action. Things are changing quickly for you, and you might be urged to make haste, but remember that time and honesty will really help you prevail in the end.

**Virgo** • (Aug. 23 - Sept. 22) - This week is an 8
You’re feeling on top of the world this week! You can see for miles and mile all around, and you’re feeling a dash bit more charming too. Use this to secure yourself and relax a bit, for there is a bit of abundance quickly headed your way.

**Libra** • (Sept. 23 - Oct. 23) - This week is an 8
Now is a good time to buy since your pockets are lined with savings. Make your purchases and goals realistic though; by doing just that you will gain resources, respect, and maybe even a few new networking devices if you play your cards right.

**Scorpio** • (Oct. 23 - Nov. 21) - This week is a 7
People are willing to help you out this week, so go ahead and ask for those invoices and loans. You’re full of good ideas in a profitable field of study that everyone is interested in. Attitude is everything though, so remember that big egos might feel good for a little but in the end are very heavy to carry.

**Sagittarius** • (Nov. 22 - Dec. 21) - This week is an 8
The time has come for you to step up to the plate! Assume some more responsibility and reach that new dream. However with more authority comes more controversy, so remain open to new ideas but be prepared to defend your own.

**Capricorn** • (Dec. 22 - Jan. 19) - This week is an 8
You’re best work involves your passions this week. Distant shores beckon you and your interests; the timing is off for the travel though. Remember that you don’t have to go far to win, but with careful steps you will go a good length.

**Aquarius** • (Jan. 20 - Feb. 18) - This week is a 9
Get into the motion of upgrading home comforts for maximum appeal. Take necessary steps to do so, and in the process take note of some other things you would like to accomplish in life; make decisions to form a budget and then from there just put your back into it.

**Pisces** • (Feb. 19 - Mar. 20) - This week is a 7
The time is good for you to travel now but make sure that you take care of business first. The numbers are looking good but it never hurt anyone to plan ahead first; so keep up the proactivity and you might find yourself welcoming a good result and fantastic opportunity.

HOROSCOPES ARE STRICTLY FOR ENTERTAINMENT PURPOSES
The women’s basketball team announced the signing of three players for the 2013-2014 season. Mia Hopkins, Jenny Horvatovic and Christina Mitchell have signed National Letters of Intent to play at MU for the next four seasons.

“I feel that our incoming freshmen will compliment the people that we have right now really well and be a really good unit that will be able to feed off each other,” said Head Coach Jenny Palmateer.

Freshmen guards Kasey Chambers and Jasmine Walker have been a real positive for the new class and how they can help this Hawks squad. “I have heard about Jenny (Horvatovic), she is a very nice player and will do a lot of the little things and is willing to work hard, so that is a really good unit that will be able to feed off each other,” said Head Coach Jenny Palmateer.

“Watching this senior class, Walker has taken notes on the way they play and how it can help her succeed. “I would use their philosophy of staying together and use their mindset of approaching everything with a high intensity and determination,” said Walker. She went on to talk about some advice she has already received from earlier this season.

“Unfortunately, I was injured, especially in practice, but they would just tell me to relax,” Walker said. “I was once told after a game, “if you play defense in practice like how you just did in the game, I guarantee it will speak volumes and be noticed.”

Palmateer, who is in her second season with the team, has seen how the seniors are the leaders and how they are trying to have the freshmen follow in their footsteps.

“We’ll be really counting on them (freshmen),” said Palmateer. “The good news is I think they’re very capable of being big contributors. It’s like anything else, we’ll see how much they improve over the summer, in the offseason, and even the rest of this season. The good news is they have the seniors to go back against and we’re 9-9 from the free throw line so they’re getting better and keep improving. The more game experience they get, the better off they’ll be, so it’s long season for the freshman but really I think I all of them have the potential to be key contributors next season.”

“Just keep working. You never know when your chance is going to come,” said Gadziala to the freshmen.
Men’s Basketball Lost by 20 to Central Connecticut and 15 to Bryant at the MAC This Weekend

NEC Dreams Fading Away

Men’s Basketball Lost by 20 to Central Connecticut

The Blue and White fell behind the Hawks. Ware and Stephen Spinella both scored in double figures for Bryant, four of seven from the charity stripe.

Jesse Steele scored a career-high 27 points against Bryant on Saturday. The senior guard was 10 of 21 from the field and led the game with five assists and four steals.

Jesse Steele scored a career-high 27 points against Bryant on Saturday. The senior guard was 10 of 21 from the field and led the game with five assists and four steals.

Rice said. “Jesse just did everything that he could tonight to keep us in it.”

With league officials having to monitor what their athletes are saying, it’s becoming a crux of how we report news. Yes, it is the Te’o controversy.

Doubts was six of nine shooting for Bryant, four of seven from three-point land.

Alex Francis added 15 points and Corey Maynard joined them in double figures with 10 points.

MU got into foul trouble against the Blue Devils. O’Garro fouled out while Ware, Nesmith and Walie were the next leading scorers for MU, accounting for nine points each.

Dobbs was six of nine shooting for Bryant, four of seven from three-point land.

On one hand, common citizens might need to start thinking about what athletes may be saying in their tweets or status updates.

As Jeremy Schapp, Katie Couric noted on the Fox News @theUtopia_s show, Te’o considered himself close to the online person he knew. Lennay Kekua had been his girlfriend for three years, according to Teo. He had been dating her since they met at the creation of a recent TV series, “Catfish.”

But wait. Can you believe it? In this digital world with on-demand athletes and social media, this was the top news in the entire country.

Stemming from online and social media hoaxes, the entire sports world was euphoric for a week.

Do you understand the impact it has on athletes? In the off season, after additional to our everyday lives has now become a firm team policy which prohibitory words from coming out of his mouth.

Never has this problem been more clearly accentuated than by the creation of a recent TV series, “Catfish.” With MTV viewers seeing the scope and horrors of online dating for the first time, it’s starting to open doors to think about what athletes are putting out to the outside world so easily.

A convoluted world it surely has become.

Never has this problem been more clearly accentuated than by the creation of a recent TV series, “Catfish.”

With the flavor of how we report news changing out of context, maybe a publicist. They do not need a coach’s advice of a coach. It could even come from the stern demands of a team owner. What needs to be done in these instances can be avoided? Not necessarily.

The bottom line here is that is a necessary gatekeeping is a must.

“A textbook public relations crisis is excellent. But on the other hand, from a business marketing standpoint, this click of a button expands fan bases and reverses frowns. From a coaching standpoint, it’s creating a scene where unscrupulous athletes and public figures have just shown up with the media’s infancy to try and take it upon themselves to be the gatekeepers instead of the media’s.”

On one hand, common citizens might need to start thinking about what athletes may be saying in their tweets or status updates.

As Jeremy Schapp, Katie Couric noted on the Fox News @theUtopia_s show, Teo considered himself close to the online person he knew. Lennay Kekua had been his girlfriend for three years, according to Teo. He had been dating her since they met at the creation of a recent TV series, “Catfish.”

But wait. Can you believe it? In this digital world with on-demand athletes and social media, this was the top news in the entire country.

Stemming from online and social media hoaxes, the entire sports world was euphoric for a week.

Do you understand the impact it has on athletes? In the off season, after additional to our everyday lives has now become a firm team policy which prohibitory words from coming out of his mouth.

Never has this problem been more clearly accentuated than by the creation of a recent TV series, “Catfish.” With MTV viewers seeing the scope and horrors of online dating for the first time, it’s starting to open doors to think about what athletes are putting out to the outside world so easily.

A convoluted world it surely has become.

Never has this problem been more clearly accentuated than by the creation of a recent TV series, “Catfish.”

With the flavor of how we report news changing out of context, maybe a publicist. They do not need a coach’s advice of a coach. It could even come from the stern demands of a team owner. What needs to be done in these instances can be avoided? Not necessarily.

The bottom line here is that is a necessary gatekeeping is a must.

“A textbook public relations crisis is excellent. But on the other hand, from a business marketing standpoint, this click of a button expands fan bases and reverses frowns. From a coaching standpoint, it’s creating a scene where unscrupulous athletes and public figures have just shown up with the media’s infancy to try and take it upon themselves to be the gatekeepers instead of the media’s.”

On one hand, common citizens might need to start thinking about what athletes may be saying in their tweets or status updates.

As Jeremy Schapp, Katie Couric noted on the Fox News @theUtopia_s show, Teo considered himself close to the online person he knew. Lennay Kekua had been his girlfriend for three years, according to Teo. He had been dating her since they met at the creation of a recent TV series, “Catfish.”

But wait. Can you believe it? In this digital world with on-demand athletes and social media, this was the top news in the entire country.

Stemming from online and social media hoaxes, the entire sports world was euphoric for a week.

Do you understand the impact it has on athletes? In the off season, after additional to our everyday lives has now become a firm team policy which prohibitory words from coming out of his mouth.

Never has this problem been more clearly accentuated than by the creation of a recent TV series, “Catfish.” With MTV viewers seeing the scope and horrors of online dating for the first time, it’s starting to open doors to think about what athletes are putting out to the outside world so easily.

A convoluted world it surely has become.

Never has this problem been more clearly accentuated than by the creation of a recent TV series, “Catfish.”

With the flavor of how we report news changing out of context, maybe a publicist. They do not need a coach’s advice of a coach. It could even come from the stern demands of a team owner. What needs to be done in these instances can be avoided? Not necessarily.

The bottom line here is that is a necessary gatekeeping is a must.

“A textbook public relations crisis is excellent. But on the other hand, from a business marketing standpoint, this click of a button expands fan bases and reverses frowns. From a coaching standpoint, it’s creating a scene where unscrupulous athletes and public figures have just shown up with the media’s infancy to try and take it upon themselves to be the gatekeepers instead of the media’s.”

On one hand, common citizens might need to start thinking about what athletes may be saying in their tweets or status updates.

As Jeremy Schapp, Katie Couric noted on the Fox News @theUtopia_s show, Teo considered himself close to the online person he knew. Lennay Kekua had been his girlfriend for three years, according to Teo. He had been dating her since they met at the creation of a recent TV series, “Catfish.”

But wait. Can you believe it? In this digital world with on-demand athletes and social media, this was the top news in the entire country.

Stemming from online and social media hoaxes, the entire sports world was euphoric for a week.

Do you understand the impact it has on athletes? In the off season, after additional to our everyday lives has now become a firm team policy which prohibitory words from coming out of his mouth.

Never has this problem been more clearly accentuated than by the creation of a recent TV series, “Catfish.” With MTV viewers seeing the scope and horrors of online dating for the first time, it’s starting to open doors to think about what athletes are putting out to the outside world so easily.

A convoluted world it surely has become.

Never has this problem been more clearly accentuated than by the creation of a recent TV series, “Catfish.” With MTV viewers seeing the scope and horrors of online dating for the first time, it’s starting to open doors to think about what athletes are putting out to the outside world so easily.

A convoluted world it surely has become.

Never has this problem been more clearly accentuated than by the creation of a recent TV series, “Catfish.” With MTV viewers seeing the scope and horrors of online dating for the first time, it’s starting to open doors to think about what athletes are putting out to the outside world so easily.

A convoluted world it surely has become.

Never has this problem been more clearly accentuated than by the creation of a recent TV series, “Catfish.” With MTV viewers seeing the scope and horrors of online dating for the first time, it’s starting to open doors to think about what athletes are putting out to the outside world so easily.

A convoluted world it surely has become.

Never has this problem been more clearly accentuated than by the creation of a recent TV series, “Catfish.” With MTV viewers seeing the scope and horrors of online dating for the first time, it’s starting to open doors to think about what athletes are putting out to the outside world so easily.

A convoluted world it surely has become.

Never has this problem been more clearly accentuated than by the creation of a recent TV series, “Catfish.” With MTV viewers seeing the scope and horrors of online dating for the first time, it’s starting to open doors to think about what athletes are putting out to the outside world so easily.

A convoluted world it surely has become.

Never has this problem been more clearly accentuated than by the creation of a recent TV series, “Catfish.” With MTV viewers seeing the scope and horrors of online dating for the first time, it’s starting to open doors to think about what athletes are putting out to the outside world so easily.

A convoluted world it surely has become.

Never has this problem been more clearly accentuated than by the creation of a recent TV series, “Catfish.” With MTV viewers seeing the scope and horrors of online dating for the first time, it’s starting to open doors to think about what athletes are putting out to the outside world so easily.

A convoluted world it surely has become.
Unable to Steele The Show

Jesse Steele did everything he could to try and help the Hawks win on Saturday. His career-high 27-point performance was not enough as the Conference-leading Bryant Bulldogs won 77-62.

Full Story on page 23