Sequester Cuts to Affect Student Loans

University students that receive federal loans, but those reductions would be relatively minus- can be seen, this is a minimal

Unruly Behavior in Redwood Hall

The Outlook STAFF
Residential Life Area Coordinator, Rhyia Harris experienced an event which happened as “a recent incident” at the dormitory, describing it as “a student’s behavior which occurred in the dormitory.”

In 2011, 19.7 million students were enrolled in undergraduate college, 72 percent of whom held jobs as well, according to the United States Census Bureau report. Working a job while in college can be seen as beneficial as well as harmful to a student’s education. Having a job while in college can prevent students from completing school work, however it can also assist students in time management, gaining real life experience, and improving grades, as studies have shown. I work 7.5 hours a week for the Scholar's Program, as well as 3 hours at the bookstore, which helps pay for my housing.

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Student Loans continued on pg. 2

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COR-Eiculum will be holding its CORE for a Cure CORE-intion video DVD set release party collabora-
ted with Zeta Tau Alpha (ZTA) for breast cancer research and education on March 27 in the Multipurpose Activity Center (MAC). At the re-
lease party, celebrating the official release on March 25, students and staff can take demo COREses at two separate sessions.

At the “First Period” session, doors will open at 5:30 pm and another at 6:00 pm. For the “Second Period” session, doors will open at 7:30 pm and will include a demo class at 8:00 pm.

Demo COREses will be offered for free. Some of these demo COREses available will be pilates, kickboxing and cardio dance. Also at the event, there will be fit ness competitions, tips presented and a demo class at 5:30 pm and another at 6:00 pm. For the “Second Period” session, doors will open at 7:30 pm and will include a demo class at 8:00 pm.

At COREientation, ZTA will be hosting the Fittest on Campus Competition where males and females will compete in push-ups, burpees or a squat challenge. Swanson said that the reason ZTA chose to collaborate was because of the power of another organization on campus involved, we can hopefully bring more students and faculty out to the event, raise more money and overall have an amazing turnout and a great time. We would never pass up this opportunity."

"COREiculum will be holding its event COREorientation on March 27. They will be teaming up with Zeta Tau Alpha (ZTA) for breast cancer research and education."

**Federal Budget Cuts Could Reduce Student Financial Aid**

**Student Loans**

Continued from pg. 1

impact to students.”

Origination fees on Parent Loans for Undergraduate Students (PLUS) loans for parents also increased, from four percent to 4.2 percent. “This would amount to $600 to $800 for 600 of the 1,000 students and their families,” Alasio said. "At this time, we don't know what the new origination fees will carry into the 2013-2014 academic year and beyond."

To date, the increased origination fees appear to be the only concrete details of the sequester impact on financial aid distributed to University students. Upwards of the 1,000 University students who receive grants or participate in the federal work study programs will have to wait a little longer to find out how, if at all, their aid will be affected. Details on the cuts to these programs are still murky, and the University is waiting on more specific information from the federal government on their potential reductions.

Federal Pell Grants, need-based grants awarded to low-income stu-
dents, are only protected against the sequester’s cuts for the 2012-13 aca-
demic year. “There are no guarantees past this year, but at this time we do not have a sense as to what Congress will do. Changes to this program would impact approximately 1,000 of Monmouth University’s students,” Alasio stated. "There will be cuts to the Teacher Education Assistance for College and Higher Education (TEACH) Grant program. At this time we don’t know how much, or how, or when the cuts would be implemented. This will impact about 50 students.” Federal opportunity grants and work study programs will be slashed by a total of 8.6 percent nationally under the sequester, but the reductions to the University’s funds for these programs is still unknown, according to Alasio. “At this time, we do not have a dollar figure impact to Monmouth University. I think there will be an im-
pact to Monmouth University and its students, but we do not believe that the impact will be as devastating as the newspaper’s having to sell more of my version."

Alasio echoed Alasio’s sentiments, and ap-
pears unfazed at the current uncover-
inability of how much, or how, or when the cuts will be implemented. This will impact about 50 students.” Federal opportunity grants and work study programs will be slashed by a total of 8.6 percent nationally under the sequester, but the reductions to the University’s funds for these programs is still unknown, according to Alasio. “At this time, we do not have a dollar figure impact to Monmouth University. I think there will be an im-
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CLAIRE ALASIO
Director of Financial Aid and Associate Vice President for Enrollment Management

**CONSUMPTION OF ALCOHOL BY PULP & BEER MISCONDUCT**

**THEFT OF MOVABLE PROPERTY**

**STUDENT MISCONDUCT**

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**THEFT OF MOVABLE PROPERTY**

**STUDENT MISCONDUCT**
Jessica Lowe, freshman speech and political science major, was selected as one of four runner-ups in the CollegeHumor.com Avenue Student Scholarship Contest. Unfortunately, Lowe discovered that she was a little above average to receive such an “average” award, since she did not receive the $5,000 in winnings.

CollegeHumor.com is a comedy website that is based in New York City which features videos, pictures, photographs, and links to comical information. The site uploads material daily and is created by its in-house writing and production team. And this is really an acceptable submission from us.

Last month, CollegeHumor.com announced a contest to help out the kids at the Rutgers College community who tend to fall somewhere in the middle academically. Such students, according to Holfelder, are “annoyed and even recognized for their work, and the company wanted to change that.”

Streeter Seidell, editor-in-chief of CollegeHumor.com, has been working with the website for approximately eight years now. “I was thinking about how I never students aren’t typically rewarded by its in-house writing and pictures, photographs, and links to comical information. The site uploads material daily and is created by its in-house writing and production team. And this is really an acceptable submission from us.

Many Redwood residents were surprised about the incident when they heard about it from the media. “I’m shocked that something like that would happen. It seems so out of line and I can’t believe someone would actually try to do that to someone who is in such a place of power,” says Blumetti, a sophomore resident of Redwood.

Seidell of Police Department Volpe said MUPD’s job to answer calls and look out for the University. “In the end we are here for the students and to make them feel safe and comfortable,” he says.

Senior Pinewood Resident Assistant Alissa Catalano believes the whole incident could have been avoided if the proper guest procedure was followed.

“Since 2000, when Seton Hall’s Hall fire dorm caught fire killing three students, dorm fire safety has increased dramatically across the country,” Orlando said. “Another similar tragedy. Universities across the country have made changes called for by federal and state politicians.”

Richard J. Orlando, assistant chief of the Brick Township Bureau of Fire Safety, said the Boland fire led to major changes including the installation of fire sprinklers in college dorms, smoking bans in dorms and fire drill participation across the country.

According to Orlando, within six months after the tragedy, colleges and universities passed legislation requiring New Jersey’s 43 residential colleges and high schools to install fire sprinklers every 12 months of the fire, the state Legislature also passed legislation that requires fire extinguishers and fire drills very seriously and hopes that students do not fight a fire and put themselves in harm’s way. Dale said, “Our number one priority is student safety. That is our utmost concern.”

The University has proactive plans to make sure students and the campus community is prepared in case of a fire.

Jean said, “The University conducts regular fire drills every semesters. In addition to maintenance of fire systems, in addition to maintenance of fire systems?” Orlando asked.

Orlando also said that colleges were now required to report their statistics about fires for the first time. Fire Safety Advocates continues to improve fire safety in off-campus housing.

The University Police Department works to eliminate safety hazards by cooperating with various campus departments. In addition to assisting with campus fire safety, Chief Orlando also serves on the University Fire and Safety Committee.

According to Captain Dean Volpe, the University police works with departments across campus to ensure a safe environment on campus. The University Police’s priority is to keep students and faculty members of the University Fire and Safety Committee.

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FIRST PERSON

Jessica Lowe is such an average student that she was left out of her yearbook sophomore year of high school.
A Delicate Balance: Serving Your Class

**Part-Time Jobs**

Serving on the ASRC, O’Halloran often deals with students falling behind in their studies and having to figure out how to work while they are still in school. He explained, “We usually live off a part-time job, and those jobs also need to be something that you can manage your time around working. I know that this is true for all of us. I have friends that work only a few hours while in college because they know their grades will suffer,” Alysha Zimmerman, a business management major, said. In many ways, a job can be beneficial for college students. While in college, a job can often lead students to excel in academics, gain new contacts, recognize a new interest or learn skills that will prepare them for future employment. “If the student is working in the field he/she is interested in, it will have a positive impact on the benefits of working during school months,” said Michael Burke, sophomore music education major, said.

“Some students that are involved chose to be because they wished to achieve a high level of success in their first semester and starting their college career off so well,” Angela Morres, a freshman psychology major, said. “It is a good start on her academic career and keeps her on the right track, but as the president of her high school’s National Honor Society, she is used to ceremonies like this and was not nervous at all. In the crowd, parents of freshman Angela Morres stressed how important this opportunity was for their daughter. They said, “It will keep her on the right track and help her continue to get good grades and keep us proud.”

At the ceremony, a scholarship was given for students in PES to buy books for the following semesters. One scholarship recipient was

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**Phi Eta Sigma Welcomes New Members**

Last Sunday, 230 of the University freshmen were inducted into Phi Eta Sigma (PES), one of the largest national honor societies in the United States.

Opening remarks were given by Golan M. Mathor, Associate Dean of the School of Science and Biology Professor, who spoke in front of inductees and family members about the responsibilities that come with being a part of this national honor society, such as scholar athlete, leader, academic excellence and impeccable character, Mueller explained the importance of a disciplined mind as well as a well taken care of body. Some other responsibilities were asked to be fulfilled by the generous gifts from the McMurray School of Humanities.

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**Joel Meyerowitz Afterimages on Display at Pollak Gallery Until March 22**

The exhibit contains 53 photographs, including Case of Steel (2002), Fresh Kils, Sifted Objects (2002), Paper Flag on a Wall (2001), Fresh Kils, Sifted Objects (2002), and Paper Flag on a Wall (2001), Fresh Kils, Sifted Objects (2002). It shows the Chief of the New York Fire Department standing in front of a mound of rubble, smiling. It is a great contrast, and it truly shows that America would only grow from that point forward.”

The exhibit is free and on display to the public until March 22 from 9:00 am to 7:00 pm. This exhibition is made possible by the generous gifts from Mr. and Mrs. Simon Levin, Mr. and Mrs. Steven Gross, Mr. and Mrs. Charles Zucker, and Mr. Jeffrey Newman.

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**Photo Courtesy of Brianna McCabe**
· **Advanced Summer Registration:** March 11 to April 1. Check your MU e-mail account for details.

· Summer undergraduate tuition has been reduced by 15%!

· Graduate student fellowship awards available.*

· Complete our online summer financial aid application to find out if you are eligible for additional assistance.

· Take advantage of affordable summer housing rates at the Jersey Shore.

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**Summer in 4 weeks!**
Session A: May 20–June 17  
Session D: June 18–July 16

**Summer in 6 weeks!**
Session B: May 28–July 9  
Session E: July 10–August 20

**Summer in 12 weeks!**
Session C: May 28–August 20

www.monmouth.edu/summer  
732-571-3456

* Graduate students must take a minimum of six credits and must have earned a 3.0 or higher cumulative grade point average upon completion of their undergraduate degree.
THE OUTLOOK STAFF-OPINION

Legend has it that when spring break happens, everyone gets wild and crazy. We’re supposed to want to escape to exotic locales with beaches and a lower legal drinking age. We’re supposed to spend the nights out on the town and spend our days sleeping off hangovers. That’s what MTV taught us.

The weird thing is, for most of us, spring break involves more sweatpants than it does wet t-shirt contests. We’ve stayed away from the stereotypical MTV spring break for something more relaxed.

Spring break is in the middle of the semester, meaning our responsibilities don’t just go away. Many students have jobs that don’t follow the University’s schedule. Plenty of professors assign papers to do over break. Even when papers aren’t assigned, there is still a great deal of reading to do because professors know that we have a week off. Has time to do key things when there are three papers due the week we get back?

Relaxation is what spring break is for most of The Outlook staff. Midterms will finally be over and we can relax. Will we be sleeping in? Definitely. Wearing sweatpants? Yes, please. Watching “Boy Meets World” marathons? Absolutely. That isn’t to say that we’re all homebodies. It’s also worth considering that MTV’s “Spring Break” was started back in the 90s when the economy wasn’t in the toilet. Going to college is expensive. Really expensive. Even if we live off of Ramen noodles and college is expensive.

We don’t have a few thousand dollars to blow on a vacation that we’ll never remember. Whether you’re going crazy in Cancun or staying in your pajamas for an entire week, we at The Outlook hope all of you have a great spring break.

Has Spring Break Calmed Down Since the Early 2000s?

For something more relaxed...
March 13, 2013

The Outlook

Opinion

March 13, 2013

What Do You Want to Be When You Grow Up?

One Student Shares Story of How Her Vision for the Future Changed Throughout College Years

VICTORIA JORDAN
STAFF WRITER

“When are you going to a museum in the city, the library, see a play? It could be going to a museum in the city, the library, see a play? It could be going to a museum in the city, the library, see a play? It could be going to a museum in the city, the library, see a play? It could be going to a museum in the city, the library, see a play? It could be going to a museum in the city, the library, see a play?” a student from Monmouth College asked me recently. “What are you doing for your spring break?” has been the most popular question in my classes I have been trying to find ways to make myself happy that I will not have to go away from home.

Spending Spring Break at Home

Ways to Spend the Week For Those Not Traveling

ANNA CHAMBERLAIN
STAFF WRITER

“If you are looking to do something fun over the break, try planning a day trip. If you are looking to do something fun over the break, try planning a day trip. If you are looking to do something fun over the break, try planning a day trip. If you are looking to do something fun over the break, try planning a day trip. If you are looking to do something fun over the break, try planning a day trip.”

Spring Break is typically a time to travel to warm climates and spend sunny days on the beach, but there are also enjoyable ways to spend the week for those staying home. Spring Break will be a huge benefit later when the end of the semester arrives and almost everyone is buried in work. You can then have a bit of breathing room to enjoy the spring weather, and it will give you time to enjoy your own leisure time.

These are only a few of the many ways that you can have fun on a “staycation.” Just because you are at home does not mean it will be a bad time. It will only seem that way if you have that type of attitude about it.

So whether you are traveling to Florida, or down the street, we think we can agree on one thing: Spring break can’t come soon enough.

For more on spring break, check out page 14.

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Always be conscious of your goals and what you want out of life, but do not feel pressured into having everything figured out by the time you graduate from college. It is best to take the time to find yourself before choosing a career, rather than settling for something you will live to regret. What really comes down to is what makes you happy, right? So choose to live a happy life.
New Jersey Taking on Gun Control; 22 New Laws Passed

Katie Meyer

New Jersey lawmakers passed 22 new gun-control laws in 2012, 19 of which focus on gun and ammunition sales, improving mental health care, stopping illegal gun trafficking, school safety, and stopping gang violence.

Gun control has always been a topic close to my heart, so I am happy to see the Second Amendment laws are being addressed. But I am not sure if they will actually do anything to change the situation.

For example, one of the new laws requires a background check for anyone who wants to buy a gun. This is great, but it doesn't address the root cause of gun violence, which is often linked to mental health issues.

Another law limits the size of ammunition magazines to 10 rounds. Again, this is a good step, but it doesn't address the larger problem of mental health care and access to guns.

I believe that we need to address these underlying issues in order to truly make a difference. This is why I am supporting a comprehensive approach that includes mental health care reform and expanded gun control measures.

Photo taken by Christopher Orlando
Medical Marijuana Has High Expectations

The news of the first Papal resignation in 598 years has focused the attentions of nearly the entire Western world upon a tiny, yet world-famous, enclave within the city of Rome, Italy. Many states around the world maintain diplomatic ties with the Holy See, but this is not all that different. From the earliest years of American independence, the United States has maintained close ties to the Vatican. Whatever the case may be, the Vatican does not exercise control. After Italian unification in 1861, the Papal States were dissolved and Rome, the ancient capital of the Roman Empire, was occupied and controlled by the newly created Kingdom of Italy and the Pope was sent retrying intervention in the governance of the Vatican, The Vatican, or Holy See, is the world's smallest sovereign state. With a population of 450, it consists of a mere 109 acres, a population of less than 850, and the distinction of being the only state on Earth where the Latin Language is still spoken in a day-to-day context, the Vatican is dwarfed by the sizes of most American municipalities. Its leadership and sovereign, the Pope, is also the shepherd of the world’s estimated 1.2 billion Roman Catholics and is one of the most recognized and influential individuals on the planet. In 1929, the Lateran Treaty, an agreement between the Vatican and the State of Italy, established the Vatican as a sovereign and independent state, and secured the Pope's independence from national obligations in his leadership of the Catholic Church. Although informal relations between the United States and the Vatican have existed for decades after the ratification of the Lateran Treaty, the United States did not recognize the Vatican's independence in 1948 and has maintained diplomatic ties ever since. One of America's longstanding attributes, however, has been the lack of official diplomatic ties as an indication of a separation of church and state, especially in the position as sovereign territory of the Catholic Church; can the United States maintain diplomatic ties with the Holy See be interpreted as an endorsement of Catholicism? Fr. William Lago, the University's Chaplain and Campus Minister, believes that this does not yield a contradiction in American precedent. “There are several countries which maintain diplomatic relations with the U.S. whose governments are inextricably linked with other religions. Our government’s diplomatic relationships with other countries have not meant that the U.S. continues to approve and promote the medical use of marijuana in the U.S. It does not support the use of medicinal marijuana in the treatment of individuals suffering from chronic or terminal diseases. He said, "The University Police Department will continue to support the State Attorney General’s Office on how to handle medical marijuana patients. We can't just throw the switch and wipe out the medical marijuana program." Furthermore, he said, "It is important to remember that only those individuals who have lawfully acquired their cards under the state medical marijuana program and identification Card are entitled to participate." From this, it is evident that medical marijuana has a long and troubled history. Despite the many benefits that have been attributed to its use, there has been a significant amount of opposition to its legalization. A number of these benefits include its potential to reduce the side effects that often accompany other medical treatments, such as nausea, pain, and vomiting. Furthermore, many believe that medical marijuana could be used to treat conditions that are not currently eligible for traditional medical treatments, such as chronic pain, anxiety, and depression. Despite these potential benefits, the legalization of medical marijuana has been met with resistance and opposition in many states, with some individuals and organizations arguing that it should be illegal due to its potential for abuse and addiction. However, as the movement for medical marijuana legalization continues to gain momentum, there is a growing body of evidence to support its potential benefits and the potential for harm that it poses. The debate surrounding the legalization of medical marijuana is complex and multifaceted, and will continue to be a topic of discussion for years to come.

CONTRIBUTING WRITER

SANDRA GARCIA

MARKET WATCHER

March 13, 2013 Politics

Medical marijuana is available to those with certain conditions in New Jersey, but is very difficult to receive.

Chief William McIlrath of the Jersey City Police Department explained his support for the use of medicinal marijuana in the treatment of individuals suffering from chronic or terminal diseases. He said, "The University Police Department will continue to support the State Attorney General’s Office on how to handle medical marijuana patients. We can't just throw the switch and wipe out the medical marijuana program." Furthermore, he said, "It is important to remember that only those individuals who have lawfully acquired their cards under the state medical marijuana program and identification Card are entitled to participate." From this, it is evident that medical marijuana has a long and troubled history. Despite the many benefits that have been attributed to its use, there has been a significant amount of opposition to its legalization. A number of these benefits include its potential to reduce the side effects that often accompany other medical treatments, such as nausea, pain, and vomiting. Furthermore, many believe that medical marijuana could be used to treat conditions that are not currently eligible for traditional medical treatments, such as chronic pain, anxiety, and depression. Despite these potential benefits, the legalization of medical marijuana has been met with resistance and opposition in many states, with some individuals and organizations arguing that it should be illegal due to its potential for abuse and addiction. However, as the movement for medical marijuana legalization continues to gain momentum, there is a growing body of evidence to support its potential benefits and the potential for harm that it poses. The debate surrounding the legalization of medical marijuana is complex and multifaceted, and will continue to be a topic of discussion for years to come.
Get ‘Em While They’re Hot: Irish Recipes

In America’s view, St. Patrick’s Day is typically filled with drink- ing and dressing in green accom- panied by attending a parade. Though the focus of the holiday differs from Ireland, there are still traditional Irish foods you can incorporate into your celebra- tion. Whether you’re looking to cook an Irish meal on the weekend for your family or offer your pals some Irish treats, there are plenty of ways to celebrate by eating.

If you want to host a traditional dinner, there are a number of foods available. For starters, you can make Irish potato and leek soup. While this is often eaten in the Emerald Isle, this soup requires two leeks, one pound of potatoes, and 1/4 cup of heavy cream. To make this soup, dice the potatoes, and add them to the pot. Then add the leeks, and cook for about 10 minutes before adding the heavy cream and salt. Mix thoroughly and simmer for about 15 minutes before serving.

Irish potato and leek soup is topped with bacon for extra flavor.

FABIANA BUONTEMPO
staff writer

Saint Patrick’s Day is a unique day when people nationwide all of the sudden find their Irish roots. Unlike the national holiday there may not be much gift giv- ing but instead there is still a need to prepare a traditional meal. March 17 marks the day when America gets painted green. Practically everywhere: where one turns, they can spot Irish flags, green attire, lepre- chaun accessories and numerous “Kiss me I’m Irish” buttons run- ning around the town.

Junior communications major, Mike Migliaro, reveals that he will be celebrating St. Patrick’s Day by eating lucky charms with his fraternity brothers. In his opinion, college students “can still celebrate the holiday while on a budget by staying close to home.”

If you are planning to go out on the town to honor the day, it is almost certain you are bound to find an event celebrating this March holiday. Both local and major chains will begin to book tables in the early weeks of March to the end of the month to honor and cele- brate the day.

Depending on who you are, you may consider trying to follow St. Patrick’s Day events in your city or even try to travel to different St. Patrick’s Day events happening in the tri- state area.

One of the most famed St. Pat- rick’s Day Parades happens an hour north of New York City, where the city will be entering its 251st year of hosting a St. Patrick’s Day parade. The parade is scheduled to begin in the early hours of March 16, marking its annual St. Patrick’s Day parade.

Helen O’Brien of the Uni- versity’s Social Work School is the daughter of Irish immigrants and has close ties to the holiday as well as NYC. “I have attended many St. Pat- rick’s Day Parades both in NY and in Ireland since childhood. It’s a tradition that my family begins, many people who enjoyed the lively and fun loving spirit of the day and continue to do so.”

Once the parade is over and you want to keep the celebration go- ing, the question now is where to go? If a bar or pub is not real- ly your scene and are looking for more of a healthy atmosphere, try Regis High School on 60 East Eighty-Fifth Street for the second annual alcohol-free party, “Sober St. Patrick’s Day.”

On March 16 from 3-6 pm, spectators can enjoy participation of celebrities from the arts, world- class musicians, as well as danc- ers and entertainers. Light food and soft drinks will be served and tickets are only $12.

For those who are looking for the party scene, grab some friends and head over to Hoboken. If you are looking for a trendy, urban area only a 15 minute car ride from the city that will be hosting a three- day St. Patrick’s Day bar crawl the 15 to the 17. Numerous bars are participating in this fun event ranging from downtown to west Hoboken.

Some of the bars include Room 43 on Washington Street and Green Rock Tap & Grill on Hudson- street. One day or three day tickets can be purchased at bar- crawls.com and prices range from $10 to $15.

If the city of Hoboken is not in your proximity, Philadelphia will also be entertaining crowds this weekend. While the city has already held their parade, Phila- delphia’s annual pub crawl on Saturday, March 16 will last all day from 11:00 am to 11:55 pm on Sunday. While all the bars taking part in the pub crawl are obliged to open at 11:00 am, they do close at different hours.

For example, Tavern on Broad Street will be open from 11:00 am to 6:00 pm with a ticket price of $15, but as previously mentioned not all pubs will be in corresponding hours.

Philadelphia holds a plethora of Irish pubs, two of the best known being McFadden’s and Fado’s. Local St. Patrick’s Day Parades and Pub Crawls

The St. Patrick’s Day Parade in New York City has been an annual event since Irish soldiers were part of the British Army began the tradition in 1762.

One person who will be in at- tendance at the parade is Michelle Harris, a senior justice major, agrees. “Corned beef and cabbage is also a part of the British Army began the tradition in 1762. This year, so we will be serving it,” Harris said.

Tyler McCue, a senior criminal justice major, agrees. “Corned beef and cabbage is also a well-known Irish meal, which takes a little longer to prepare than the Shepherd’s pie but is worth the wait according to sophomore busi- ness major Kyle O’Grady.”

“Corned Beef is one of the most delicious dishes my mom makes,” said O’Grady. “My family is starting our first an- nual O’Grady’s St. Patrick’s party this year, so we will be serving it.”

The result of this is the dessert known as fool. To make this creation, cook blueberries, raspberries, or cranberries and add to rice pudding so that you can enjoy the fruits of your labor.

If you want to serve some sweeter this is possible as well. Soda bread is es- sential when discussing Irish tra- ditions and can be made in many different ways. To be considered old-fashioned, it is made with just flour, baking soda, salt, and sourdough milk (or buttermilk) ac- cording to soda bread info.

Since Irish food is defi- nitely soda bread. My family has passed down the recipe through generations,” sophomore physical edu- cation major, Mike Kulik, said.

If you are looking for something with a little more sweetness but want to include soda bread, you can create brown bread ice cream. This includes soda bread with brown sugar and stirs the bread into ice cream.

In the springtime on the coun-tryside, people often go blueberry picking. The result of this is the dessert known as fool. To make this Irish dish, you will need:

- half a cup of heavy cream
- 1 cup of blueberries
- a dash of sugar
- a pinch of salt
- a dash of vanilla extract

In a bowl, mix together the heavy cream, sugar, and salt. Then fold in the blueberries. Chill for about an hour before serving.

Once the cream is set, you can serve it with a scoop of ice cream for a delicious treat.

If you prefer avoiding the city, there are a number of events taking place at the below locations. On March 16 at 1:00 pm, Atlantic- ic City will host their St. Patrick’s Day parade where marchers will travel all the way along the board- walk.

You could also travel a little further south to North Wildwood where the town will have its annual St. Patrick’s Day Celebra- tion and Parade beginning at noon and will proceed north on Atlantic Avenue.

The following weekend on March 23, Atlantic Highlands will continue to be in the St. Paddy’s Day spirit with their own parade starting at 2:00 pm at Huddy Park.

Whether you bar hop or spe- ciate a parade, St. Patrick’s Day is a fun-filled holiday for all. Enjoy the day and do not forget to do it in Irish style!
Movie Times:
1:00pm
3:00pm
8:00pm
11:00pm
2:30am-8:00am

March Movies On Hawk TV

Argo
A Beautiful Mind
Benny and Joon
Looper
Pitch Perfect
The Perks of Being A Wallflower

Tune in to Channel 12!
NICK SEGROT
STAFF WRITER

The Irish folk singer Tommy Sands visited a class at the University of Virginia, where he performed several songs which referenced his background in Ireland and the Irish flag.

Tommy Sands, an Irish peace activist, brought his unique musical talents to campus to begin his new tour.

Sands is a renowned musician who has been performing for over 30 years. He has released numerous albums and has been featured on several television shows. Sands is also an advocate for peace and social justice.

Sands' music is often political and deals with themes of war, peace, and social justice. His songs have been praised for their powerful message and emotional impact.

Sands' music is often used to bring attention to important issues, such as the conflict in Ireland. His songs have been heard in several countries and have been translated into multiple languages. Sands' music is widely regarded as a powerful tool for social change.

Sands' music is also a reflection of his personal experiences. He grew up in a family that was involved in the Irish struggle for independence. His music reflects the struggle of his people and their desire for peace.

Sands' music is a powerful tool for social change and a powerful reflection of his personal experiences. His music is widely regarded as a powerful tool for social change and a reflection of his personal experiences.
Though you manage to free her, she cave in preparation for sacrifice. Feet from the ceiling of an ancient
knocked out. Across the face, once again getting her. Moving to call out, she's struck only several hundred feet from the
a storm rips the ship in half, casting Minutes into the opening sequence, the game begins with her aboard
perspective of 21-year-old Croft, and I couldn't be happier.

The “Tomb Raider” reboot frequently gives herself pep-talks, number of scenes, the protagonist
sequential, at times, due to the small
round up the surviving members Croft’s best friend, Sam, whose an-

After being shipwrecked, kid-

After intermission, Earle took

The soulful Justin Townes Ear-

“Maria” from his upcoming al-

The “Tomb Raider” reboot gives audiences a more realistic Lara Croft, both physically and mentally.
We're under attack, and it isn't looking good. The ear-splitting echo of what sounds like a pet bat screeching at the slow trickle of acid rain. There is no silence. There is no calm. There is nothing but the sound of blaring machines in a world that is overflowing with media madness. Technology has provided us, of that, what we can be sure. They are the technologically obsessed. They are the numb, naïve, unqualified, and unrelenting robots. Lone are the days when you specking up six and a half minutes listen- ing to the demonic calling of America Online at your computer desk. Stay tuned for an all-access pass to an in- stance 21st-century-style hell.

Social media keeps you connected to all of those people you swore you'd never talk to again. The Internet has made the never-ending search for pri- vacy next to impossible. If that isn't bad enough, technology has created a generation of unimagi- ned demoralized hermits who refuse to talk to again. The Internet has over 1.6 billion users, or should I say 1.6 billion voyeurs spying on each other without ever having been forced to have face-to-face communication?

We're breeding a generation of unimagi- nable, unqualified, and unrelenting: a generation of unimagi- nable debaters. Oh, so you have a grounding in social media? Well, the Internet provides you with an endless search for pro- fessional photographer in their bath- room. You're a society linked 24/7 in an endless cy- cle of catapult. According to Forbes magazine, Facebook alone has over 1.6 billion users, or should I say 1.6 billion voyeurs spying on each other without ever having been forced to have face-to-face communication?

Social media keeps you connected to all of those people you swore you'd never talk to again. The Internet has made the never-ending search for pri- vacy next to impossible. If that isn't bad enough, technology has created a generation of unimagi- ned demoralized hermits who refuse to talk to again. The Internet has over 1.6 billion users, or should I say 1.6 billion voyeurs spying on each other without ever having been forced to have face-to-face communication?
We Stand Corrected: Adjusting Another’s Behavior

EMILY TAYLOR
STAFF WRITER

Frustrated on Larchwood Avenue as a driver fails to abide by the four-way stop, you have a split second decision to roll down your window to express your anger or you can simply accept another careless act of driving. Unfortunately, in today’s crazed world of political correctness, we hesitate to say what we really think in fear of being chastised or worse.

"Keeping your opinion to yourself will refrain you from controversy," said junior communication major Danielle Rakowitz. A lot of times we are forced to bite our tongue in some pretty terrible situations. So when should we speak up about our grievances? And what stops us from truly conveying our thoughts?

President Paul Gaffney II said, "There are so many scenarios that it is impossible to make and record rules for each. As one situation matures (this includes all students, I think) one is able to apply his or her best judgment to the situation based on general principles."

Gaffney offered a few of these principles:

1) Students come to each other's aid when needed and speak up when someone is being treated disrespectfully by fellow students. When a student is ataunted or threatened, the child screams, arms flailing, "Don't touch me."

2) Simply standing by when safety is involved is excusable. It is excusable for safety reasons if, for example, a student is unaware of a situation concerning another student.

"Many times I have heard that a student has approached an administrator, counselors and health professionals can help when a student is unsure but was confused by the situation. Without anyone suffering," said Gaffney.

He added, "There is a fine line between being a tattle-tale or butt in and getting some help. If there is real danger, one should act."

Ever taken an exam next to a student sounding obviously unprepared? Clearly their inability to study for the test is demonstrated through an over emphasis of exhalations and a series of fist pounds to their desk. Did anyone say anything or did the class member sound like they weren't being treated by their classmate's tantrum?

It's the classic observation of witnessing a disruptive act in public and parents who completely neglect the situation. You watch in horror and think, "This is what it looks like on your faces it all. You roll your eyes, shake your head and whisper to your self, 'I'm never having kids,' uncomprehending because a boy has taken over your own and realize you're that parent."

Hypocrisy may be the reason we fail to bring attention to someone else. Besides, correcting another's behavior is often not justified and may come off as rude. Rakowitz said that happy attitudes should be embraced if you want to correct another.

"I have been corrected and have corrected others before for simple things. If you approach the statute in a polite way, taking it intensively shouldn't be an issue," said Rakowitz.

Adversely, senior business major William Crane said, "I don't feel it's my place to correct other people I'm not close with."

Appropriate behavior defined in the Student Handbook of the University's Student Code of Conduct is for students and employees to "act responsible, respectful and professional at all times."

Senior criminal justice major Christopher Monahan said, "I don't feel like physical contact is necessary at all when correcting someone's behavior, just talking to them is the way to go. I once had to calm down a friend at a party who was being just plain loud and obnoxious. You have to remember that under certain situations a person may become really offended and the situation might escalate if you try to help someone out."

Professor Sherri Sukinen of the Communication Department said, "We sort of have to judge situations. I don't know if we can necessarily classify things as black and white and we have to recognize the circumstances someone is in and use common sense."

"Here it's funny how you guys celebrate [St. Patrick's Day] so much. We just like it as an excuse to have a day off."

GAVIN O CIANAIN
Study Abroad Student

Spending Saint Patrick’s Day Abroad

It’s May and spring is in the air again for theatre major Gavin O'Cianain as he deals with a new school, a new campus, and a new social life. The only difference is that O'Cianain is a sophomore out of town—way out of town.

He is originally from the countryside of Ireland but attending Regents College in London. O'Cianain is one of two study abroad students the University is hosting for the current spring semester. It is required for students enrolled in Regents College to study abroad in one of the six universities their program offers.

"I chose Pace in New York but was given Monmouth," O'Cianain explained. "I've wanted to live there [New York] for a while so I thought that this was the perfect opportunity."

While he grew up on the countryside, O'Cianain's heart has always been in cities. "I'm used to living in a big city so Monmouth is different for me," he said. "I feel like the student life here is very together and in London it's like you go to school, then you leave school and you have your life outside of school. Here it's intertwined."

There are many other differences between Monmouth and Regent which O'Cianain notices every day, one of which is very apparent to teenagers across the nation.

"The drinking thing here, it's a very weird concept," O'Cianain said. "In Europe you generally can be 16-years-old and drink or worse."

"Here it's funny how you guys celebrate [St. Patrick's Day] so much. We just like it as an excuse to have a day off."

Another major difference between Regents and Monmouth is the dining situation. "I noticed here was that when I went to the dining hall, everyone is really segregated. It is very categorized, and it's not like that at my school," said O'Cianain.

While O'Cianain has paid attention to the social scene at the University, he has not neglected the academics.

"I really enjoy the courses here," O'Cianain continued. "I'm taking six courses and I really enjoy the classes and professors. Nicole Ricciardi is my acting professor and she is amazing."

One extracurricular O'Cianain is participating in is working on the stage crew for the current production of the Shakespearean play, Twelfth Night, or What You Will, playing at Wood's Theatre. O'Cianain plans to audition for another play that the University intends to put on before the semester's end.

Before O'Cianain leaves the states, he dreams of visiting California. "I want to go to the West Coast right before I leave. I want to check out LA, San Diego, Las Vegas and San Francisco, but I would be exhausted after that."

Whether it be California, New Jersey or New York, O'Cianain is making sure to take full advantage of his time in America and soak up every culture he can.
Roll the Dice with SAB
SAB Hosts Monte Carlo Style Casino Night

Anacon Hall was transformed into a casino resembling Las Vegas' well-known Monte Carlo resort and casino.

PHOTO COURTESY of SAB

The Student Activities Board (SAB) hosted their annual Casino Night at 7:00 pm on Saturday, March 23. Students were invited to join the club in the Student Center's Anacon Hall where displays of a Monte Carlo venue decorated the room. Students participating in this event were given the opportunity to partake in various games, mimicking an actual casino.

Game chips were given to the guests upon their arrival to use at the game tables located throughout the hall. Betting on the games with chips was up to the players, as they could be exchanged for raffle tickets. At the end of the event, the raffle winners were announced and claimed the gift baskets they won.

The night also featured a DJ booth, food buffet and photo booth available to all the guests. SAB worked together in organizing the event from purchasing the game tables to booking a DJ; they contributed what they could to create a fun night for the students. Sami Kosky, junior and festival chair for SAB, ran the event. Anticipating a successful event with regards to previous years, Kosky hoped to have a good turn out. Her expectations were filled while guests continued to arrive with the crinkling of game chips in their hands.

As expected by SAB members, Casino Night turned out to be a success. Everyone seemed to have a good time, including junior Dana Hochsraedter, who is also a SAB member. Hochsraedter said, "It's a good turnout. There are a lot more people than I expected. Casino Night has proven to be a success among students with a good reflection on the proceeds of SAB.

Students participating in the event flooded the game tables, taking full advantage of the fun the night had to offer. Freshman Rosemary Felix, being a frequent participant in school events said, "I had a lot of fun. I especially liked the photo booth." She then added that she would definitely attend SAB's next event.

Along with Casino Night, SAB holds many events taking place on campus for students’ benefits. Students participating in the club come up with ideas for all students to enjoy. The club is always taking new members and they meet on Wednesdays in room 106 of Wilson Hall at 2:30 pm.

SAB intends to hold their next event on March 14 in the Dining Hall at 6:00 pm. The event, The Pie Day Cash Grab, will be held with the theme of pi day where students will be held in a booth with money blowing around. The members of SAB expect another successful event following Casino Night.

The Monmouth University Public Relations Student Society of America (PRSSA) will host sports PR information session with Zach Rosenberg, Director of Sponsorships of the Lakewood BlueClaws minor league baseball team. Presentation will be held in Pangen 234 on March 13 at 3:00 pm. Attendance is free.

SAB provided various prize baskets for the winners including a car-themed basket, a spa night basket and a yoga-themed basket.

PHOTO COURTESY of SAB

KELLY CURRIE CONTRIBUTING WRITER

The Verge
Monmouth’s Online Magazine is intently searching for new writers to help expand our base. With close to thirty writers at the moment, any sort of contribution from a Monmouth student will help to exemplify the magazine’s growing presence on campus.

As feature writing has become our stronghold, your creative works may now have a ample outlet for you to 'communicate.' (It’s also a very strong resume’ booster). For more information, contact Editor-in-Chief Dan Gunderman at sd784904@monmouth.edu or Faculty adviser Marina Vujnovic atm@vujnovic@monmouth.edu. Hope to hear from you soon!

The Verge

Sociology Club

The Sociology Club will be hosting their second annual Stratified Streets Tour on Saturday, April 13. This visual tour of inequality will include a guided tour of the Tenement Museum in New York City’s Lower East Side. Here, students will see the Lower East Side through the eyes of the immigrants who have lived there for 150 years.

A bus will be leaving for New York City at 7:00 am on Saturday April 13 and will be returning to campus at about 7:00 pm on that day.

Please contact Amanda Divita, president of the Sociology Club at sd736434@monmouth.edu or come to a meeting if you are interested in attending this event.

WMCX

WMCX will be hosting their “12 Hour Music Fest” on March 14 from 10:00 am to 11:00 pm (yes, there are actually 13 hours). Each hour, we will have a different band performing a live acoustic set and interviewing with one of the WMCX DJs. Tune in to WMCX 88.9 fm and check it out!

Outdoors Club

The weather is getting warmer, and ODC is back in full swing! We will be having a general meeting today, March 13 in Bey Hall 133. We will be talking about day trips, and a camping/kayaking trip in Wharton State Forest sometime in April. As always, feel free to bring any trip ideas.

Zach Rosenberg of the Lakewood Blue Claws Speaks at PRSSA

PRESS RELEASE

West Long Branch, NJ – The Monmouth University Public Relations Student Society of America (PRSSA) will host sports PR information session with Zach Rosenberg, Director of Sponsorships of the Lakewood BlueClaws minor league baseball team. Presentation will be held in Pangen 234 on March 13 at 3:00 pm. Attendance is free.

Information session features the ins and outs of sports PR, specifically baseball. All those interested in any type of sports PR are encouraged to attend. Come with questions, resumes and/or business cards.

PRSSA is a pre-professional organization that strives to prepare students for jobs in public relations and related fields. The mission of PRSSA is to serve its members by enhancing their knowledge of public relations and providing access to professional development opportunities and to serve the public relations profession by helping to develop highly qualified, well-prepared, professionals.

Contact:
Alexis Coponis
President of Fundraiser and Event Planning, PRSSA
Alexis.B.Coponis@monmouth.edu

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March 13, 2013
Delta Phi Epsilon Raises Over $2,000 for Cystic Fibrosis

DPhiE Hosts Annual Lip Sync Fundraiser

CHRISTINA GROTHUES
STAFF WRITER

Delta Phi Epsilon raised over $2,000 dollars at their annual lip sync event on Wednesday, March 6, at 10:00 pm over 400 people arrived at Pollak Theater to support this event that pro-
vided funding and awareness for The Cystic Fibrosis Foundation. Eight acts performed.

Casey McCabe, a junior in Delta Phi Epsilon who organized the event said, "It has been tra-
tdition to do our lip sync event in the fall and this year, even though it got canceled due to Hurricane Sandy, we resched-
uled and tried our best to make it a success because we still really wanted to support The Cystic Fi-
brosis Foundation." Delta Phi Epsilon's lip sync competition consisted of perform-
ances by students who danced and sang to an array of different genres of music. These perform-
ers not only had to impress the spectators, but also had to earn the votes of the judges.

The judges for this event were Stephanie Marte of Phi Sigma Sigma, Travis Whitney from Sigma Pi, Brielle Douseens from Zeta Tau Alpha, and Raven Lake from Alpha Xi Delta.

The hosts of the event were MBA student, Cameron Nichols of Delta Phi Ep-
silon and Thomas Bongorno of Sigma Pi.

MBA student, Cameron Nichols, also known as DJ Cam, pro-
vided the music for this event. Nichols said, "I provided the DJ services for free, but it's for a charitable cause and it was an awesome show. Anytime I can provide my services to Greek life for a cause such as rais-
ing money for Cystic Fibrosis I will."

All the performances had the crowd laughing or clapping along. The show began with Phi Psi executing a hilarious lip sync of a remix of songs from the movie Grease. Tau Kappa Epsilon fol-
lowed with a remix performance that had the crowd cheering them on. Three members of Alpha Kappa Alpha entertained with "No Scrubs," by TLC Beyoncé. "Single Ladies," was executed by Theta Xi.

Joseph Nardini, a junior and a member of Theta Xi fraternity said, "We were so excited to be first but once we all got out there it was a lot of fun!"

The third place prize went to Alpha Xi Delta. The first place winners were the women of Alpha Xi Delta. The second place went to Sigma Pi. Freshman Andrew Mucci, who performed with Sigma Pi, said, "I was a little nervous at first but once we all got out there it was a lot of fun!"

The third place prize went to the Phi Kappa Psi.

Second place went to Sigma Pi. Kappa Alpha entertained with "Pussycat Dolls."

"When I Grow Up," by The Black Eyed Peas was executed on. Three members of Alpha Xi Delta performed a remix of "I Knew You Were Trouble," by Taylor Swift and Beyoncé's "End Of Time." Sigma Pi per-
formed Justin Biebers' "Beauty and a Beat." Lastly, Delta Phi Epsilon performed a remix of "Pon De Replay," by Rihanna. "One, Two, Step," by Ciara and "When I Grow Up," by The Pussy Cat Dolls.

The first place winners were the women of Alpha Xi Delta. The second place went to Sigma Pi. Freshman Andrew Mucci, who performed with Sigma Pi, said, "I was a little nervous at first but once we all got out there it was a lot of fun!"

The third place prize went to the Phi Kappa Psi.


All three winners walked away with a combination of prizes including gift cards to Michael Angelo’s Pizzeria, Scala’s Pizzaria, The Windmill and Cake and Bake and Rolls. Jon Buchalski, Assistant Di-
rector of Student Activities For Fraternity and Sorority Life, said, "These events are a fun way to celebrate one of our community’s values: service. The members of the community re-
ally come together to raise funds and awareness for great causes.”

Greek Senate President, Victor Nazario, said, "I am very proud of how this community is so closely knit that each organ-
ization shows up and supports the others events. Other schools do not have the same luxury as us." Stephanie Friscia, a new mem-
er of Delta Phi Epsilon, said, "This event has definitely been a success. Many organizations from Greek life are involved in the show and a huge part of Greek life is here supporting us and our philanthropy.”

Buckalski also said, “Whether a student is performing on stage or cheering on from the crowd, everyone gets to enjoy them-

selfs.”

Throughout the show, people were clapping, singing along and even dancing themselves.

Nazario said, “The cause of Greek unity is by our actions and not by our words. It is only by our attitudes and actions alone that we can show how united we are as a community.”

“The event went very well,” said McCabe. “The chapter and I are so happy with the way the event went. We had a great turn-
out and amazing acts.”

Delta Phi Epsilon hosted over 400 people in Pollak Theater for their annual lip sync event and were able to raise over $2,000 towards The Cystic Fibrosis Foundation.
Do you think it is important to get involved on campus?

COMPILED BY: ALEXIS ORLACCHIO

Halley sophomore
“It’s important to get involved because school can get boring and this gives you something to look forward to.”

Lauren sophomore
“Yes. I’m a transfer student and I think it’s important to get involved and meet people. There are so many activities and people should take advantage of them.”

Jon sophomore
“It’s very important because you don’t want to be sitting around doing nothing all day.”

Brandon freshman
“Yes. It helps me meet people and learn more about the school.”

Joe senior
“Yes. It’s different for me because I work a lot so it’s hard to get involved. But if you have the time, yes.”

Carson sophomore
“Yes I do. It makes you feel better to help out and do other things and it’s great for meeting people.”

Stephanie freshman
“I would assume so. I’m not very involved and I regret it sometimes.”

JoAnne Assistant Education Professor
“Yes because it’s a good opportunity to meet other people and learn about programs you might not know about.”

Bryana Junior
“Yes, it is good for future jobs to see that you were active on campus.”

Kevin freshman
“I guess it’s important. It gives you a sense of community.”

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Spring 2013 Beauty Report

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Afflitto Conference Room
(3rd floor, Student Center)

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Join APS and the Monmouth County Sheriff’s Office K-9 Unit as we raise money towards the purchase of a protective vest for their finest officers!!

Wed. March 27 2:30-4pm Anacon Hall, Rebecca Stafford Student Center

ΔΦΣ
Monmouth University’s Omega Theta Phi Chapter of the National Criminal Justice Honor Society

On-site Demonstrations!!
• Narcotics Detection
• Bite-Suit Demo
• Explosives Detection
• Obedience Training

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Monmouth University’s Omega Theta Phi Chapter of the National Criminal Justice Honor Society

On-site Demonstrations!!
• Narcotics Detection
• Bite-Suit Demo
• Explosives Detection
• Obedience Training

Sponsored by Counseling and Psychological Services
For special accommodations, please contact us prior to event at 732-571-7517

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Join APS and the Monmouth County Sheriff’s Office K-9 Unit as we raise money towards the purchase of a protective vest for their finest officers!!

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CONGRATULATIONS!

DANIEL MANGRAVITI
2013 Designated Driver HERO of the Year

2nd place: Sara Coff
3rd place: Ryan Forrest
Honorable Mention: Cody Ster
Distinguished Nominees: Courtney Carr, Courtney Eicholtz, Joseph Nardini, Ryan Dubelbeiss, and Taylor Jones
Horoscopes

To get the advantage, check the week rating:
10 is the easiest, 0 the most challenging.

♈ Aries • (Mar. 21 - April 19) - This week is a 9
The planets are all aligned for you this week. You experience great delights as a result so bask in the joys, you’ve earned it! Try to remain objective though and try to make a commitment to something you’ll keep on enjoying.

♉ Taurus • (April 20 - May 20) - This week is a 7
If you find any old managing problems lying around, now is the time to tackle them. Don’t feel afraid to have people help you, and maybe even supply a little emotional support, when you’re stuck. If you have any further doubts trust your intuition and you’ll go far.

♊ Gemini • (May 21 - June 21) - This week is a 7
Not everything is what it seems; keep on the lookout for strange requests as a result and remember there is no shame in turning anything down if you have your doubts. Keep your head about you and make wise investments that will take you to the next level.

♋ Cancer • (June 22 - July 22) - This week is a 7
Good news and fresh ideas come in from far away. Listen carefully to what they say, but keep your objectives in mind. The more you take the time to think out and plan your next steps, the surer you will be in actually making them; people will be impressed as a result.

♌ Leo • (July 23- Aug. 22) - This week is a 7
Take a walk on the wild side this week and live it up a little! You’ve been working very hard and the needed break will do you some good. Just because you are feeling happier though doesn’t mean you should allow yourself to be taken advantage of; let others earn their own keep.

♍ Virgo • (Aug 23 - Sept. 22) - This week is an 8
Throw yourself into a potentially explosive moment. Controversy could arise in turn, but if you play your cards right it could turn into something beautiful. Remember that if it is too wild though, it won’t work; the simpler is the better option in this case.

♎ Libra • (Sept. 23 - Oct. 23) - This week is a 7
You have what you need to make all of your current endeavors work this week. Clear away any confusion before you proceed and use your intuition now, for it is very strong. If things don’t work out at first, remain calm and just think it over; otherwise you will just trip over your own feet.

♏ Scorpio • (Oct. 23 - Nov. 21) - This week is an 8
A serendipitous moment of connection occurs, so open yourself to all that is offered right now- especially to love and learning. You know what is right in your heart so allow it to point you in the right direction. You never know you might just discover another treasure.

♐ Sagittarius • (Nov. 22 - Dec. 21) • This week is a 7
You’re starting to realize how much you actually have. It could be a chaotic moment, with confusion heading the cause but do not fret all too much. Keep gathering that valuable information and let go of any unattainable expectations; a brilliant revelation will come about.

♑ Capricorn • (Dec. 22 - Jan. 19) - This week is an 8
Take a theory to heart and act accordingly. The possibility of error is high though so proceed with much needed caution. Discipline will be required, but allow your intuition to assist in the decision making. Let your work inspire you to find new goals worth achieving.

♒ Aquarius • (Jan. 20 - Feb. 18) - This week is an 8
Explore new work possibilities that could open those important doors for you. Write it all down so you don’t forget anything that could be of use in the future, and remain dedicated to your goal. You’re about to attain some popularity because of your devotion, just don’t let it ruin anything already in the works.

♓ Pisces • (Feb. 19 - Mar. 20) - This week is a 9
Take a chance this week and go out on a limb! In a hint of blinding insight, perhaps consider taking that chance via investing in your career. Associates will contribute worthy ideas to your cause, and having a meticulous partner will help. Remain a bit skeptical as a small form of defense, but be assured you are right on the mark.

Horoscopes are strictly for entertainment purposes.

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“The Commando Chronicles” by Alyssa Gray

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a So-You-Say comix #17

a That Loud comix #10
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Women's Basketball Knocked Out by Mount St. Mary's

The Hawks Lose in Final Seconds of Overtime, Eliminated From NEC Tournament

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Maggie Zelinka
Lifestyle Editor

The men’s and women’s track teams took home two first place prizes in the Eastern Collegiate Athletic Conference and Inter-collegiate Association of Amateur Athletics the first weekend of March.

The men’s distance medley relay (DMR) team took home a huge win. Racing against 30 teams on Saturday in order to qualify for the finals on Sunday were sophomores Andrew Langille and Alex Leight as well as freshmen John Malespina and Garrett Filozof. Replacing Malespina and Huggins-Filozof in the finals on Sunday were senior captains Ford Palmer and sophomore Ben Boyd.

According to Palmer, the reason behind a six-man squad was because the competition lasted two days.

When asked if he was nervous that his squad would be at a disadvantage because of their youth, Palmer said, “No, not at all. We were working day in and day out throughout the year, so it was only a matter of time for their time to shine.”

Head Coach Joe Compagni agrees with Palmer’s opinion when it comes to the young team. “It’s great to see them [underclassmen] the experience of not just being there, but being there and competing with the best folks of the east.”

With the DMR win, this became Palmer’s second IC4A victory in his career at MU. “Palmer actually won the thousand last year,” Compagni said. “He was the first person to run a track event [in the IC4A]. We had other people win field events, but we never had anybody win a track event.”

Some may think an individual victory would be more rewarding than a team victory, but not for Palmer’s eye. “This year is going to lead us to great things.”

“You can just see it, I think the enthusiasm is there, where in the past there was determination, the energy, and enthusiasm is there, where in the past the day out throughout the year, so we were working day in and day out throughout the year, so it was only a matter of time for their time to shine.”

On the next day of the tournament with a grueling extra-inning battle with host George Mason, the men’s distance medley relay team that finished in first. It was his second IC4A victory, after winning the thousand meter last year.

Palmer actually won the thousand last year,” Compagni said. “He was the first person to run a track event [in the IC4A]. We had other people win field events, but we never had anybody win a track event.”

Senior distance runner and captain Ford Palmer was a member of the MU distance medley relay team that finished in first. It was his second IC4A victory, after winning the thousand meter last year.

“I didn’t see it,” Jeffrey said. “It ended the season on a good note. I didn’t expect it, but I trained for it four times a week, four hours a day.”

Jeffrey finished his indoor season with an All East Honor earning praise not only from his coaches, but also from his teammates.

“When asked who he thought was the most impressive this indoor season, Palmer replied, “Hands down Errol Jeffrey. He won IC4A, he swept NEC. He’s been unbeatable.”

With Jeffrey’s All East Honor, MU had eight individuals given the award. Receiving an All East Honor, whether it be the first on the team or last, is always a treat.

“It’s [All East Honor] hard to get because we are talking about 98 schools from Maine to Virginia,” Compagni said. “It’s all the teams in the Northeast. To be All East, you have to be in the top eight for your event.”

The teams will hold their 18th Annual Monmouth University Track & Field Season Opener, sparking the outdoor season, on March 29-30.

When asked if he thinks the indoor season will reflect the outdoor season, Compagni said, “I hope so. We established what we do and we have to rework everything as far as our training. We have to get better from week to week outdoors. I hope it’s a good sign of things to come.”

Starting time for field events will begin at 9:30 am the following day, Saturday, March 30.

Softball Wins Three of Four at George Mason

Thaddeus Richards
Contributing Writer

The softball team continued their stretch on the road at the George Mason University Tournament and picked up three wins in four games to move the Hawks to 7-3 on the season.

The Hawks opened up the tournament with a grueling extra-inning battle with host George Mason that ended with a 6-5 victory for MU. Senior Jordan Barnett threw a ten-inning complete game, totaling six strikeouts and allowing three runs on seven hits.

Head coach Louie Berndt said, “You could tell we were thinking the determination, the energy, and enthusiasm is there, where in the past the Hawks did not find as much success on the final day of the tournament dropping the final game to the Longwood Lancers 8-4. The Hawks were up early in the game after Schumacher brought in a run in the first. The lead was then cushioned by RBL’s from sophomore Vanessa Cardoza and junior Alicia DeSanto, extending the lead to 3-0 in the second.

Barnett started the game for the Hawks but gave up five runs in a huge third inning for the Lancers, after Lauren McColgan singled in the third, but MU solidified their lead in the sixth when freshman Nikki Sandefer scored on a passed ball.

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Junior pitcher Jordan Barnett threw a ten-inning complete game in the Hawks’ first tournament game against George Mason.
Senior guard Alysha Womack described the locker room scene as “silence and tears” after the women’s basketball team was eliminated from the Northeast Conference tournament by Mount St. Mary’s 59-57 in overtime.

Full Story on page 22