Electronic cigarettes have risen in popularity over the past few years. The Affordable Health Care law, better known as Obamacare, will require everyone in America to have health care coverage or be faced with a fine by Jan. 1, 2014. The enrollment process for Obamacare will be provided on Oct. 2 until Mar. 31, 2014.

Kathy Maloney, Director of Health Services, said that 80 to 85 percent of the student population has health insurance through their parents or employment so this law will only affect “15 to 20 percent of the student population tops.”

Maloney said having access to health insurance is important for many reasons. According to Maloney, it allows access to care without paying out of pocket. “Young adults never think they are going to get sick. They are at that age and stuff happens and it can be catastrophic and it can quickly bankrupt you.”

Mary Anne Nagy, Vice President of Student and Community Services, said that healthier students lead to an overall better learning environment. “Teachers and students are the healthiest they stay, they are more likely to be successful in the classroom and anything else they do and if they are sick and can’t afford to pay out of pocket because they don’t have insurance, it forces them to miss class or miss work or involvement because they are sick; it’s not good.”

Nagy continued, “Whereas, if they are healthy, they can go to class, get their work done, do internships, and get involved, which is important for them being successful.”

According to the Center of Medicare and Medicaid Services, some of the benefits of Obamacare to students are that it does not allow health insurance companies to limit or deny coverage based on a pre-existing condition, it must cover preventative measures with no co-pay and allows young adults to remain on their parents’ health care coverage until they are 26-years-old.

The Center of Medicare and Medicaid Services also points out that 41 million people are eligible yet uninsured, there are 17.8 million 18-35 years old uninsured. In that group, 58 percent are male, 26 percent are Latino and 18 percent are African American.

Dan Roman, junior political science major, believes that “by helping students and young adults greatly. “By having access to health care, Obamacare pg. 8

The percentage of middle and high school students who have used electronic cigarettes has more than doubled from 2011 to 2012, according to a report from the Centers for Disease Control and Prevention (CDC) issued on Sept. 5. The report also states that in 2012, 1.78 million students tried electronic cigarettes.

Suanne Schaad, University substance abuse counselor said that since e-cigarettes were first introduced in 2006, they have doubled in appeal every year since.

Electronic cigarettes are battery-operated devices shaped like cigarettes that are marketed to simulate the act of smoking without the harmful side effects of traditional cigarettes. Instead of smoke, an electronic cigarette user exhales an odorless vapor formed from inhaling the ingredients inside the device through its battery-powered filter.

Schaad feels that e-cigarettes may be beneficial to those who wish to quit smoking. "It could be used as a step down method," said Schaad. "The only issue is not knowing the exact amount of nicotine that is being delivered." Little is known about the long-term side effects of using electronic cigarettes, which leaves questions about their safety and effectiveness unanswered, as well as the possible risks of addiction.

Proponents of electronic cigarettes argue that because they lack the many toxins found in traditional cigarettes, electronic cigarettes serve as a safe alternative to smoking.

Dr. Franca Mancini, Director of Counseling and Psychological Services at the University is concerned that using electronic cigarettes may lead to a nicotine addiction. “Nicotine has an adverse effect on the body and can lead to a variety of physical and psychological problems, although, the producers of e-cigs say that the small amounts contained in their product present no long-term harmful effects.”

Schaad explained that while e-cigarettes may be beneficial for those quitting traditional cigarettes, "potential risks associated could be that people start with e-cigarettes and move to a regular cigarette.”

Schaad added, “There has been a lot of controversy as to whether it is marketed to young people, especially since there are some flavored e-cigarettes.”

Electronic cigarettes contain five ingredients: propylene glycol (PG), glycerol, nicotine, water, and flavoring, according to The Tobacco Vape Electronic Cigarette Association (TVECA), an advocacy group for electronic cigarettes.

Mancini explained that the reason that teens find e-cigarettes attractive because "younger people
Take Back the Night Event Helps with Movement to End Violence and Assault

MARISSA CORNFORD CONTRIBUTING EDITOR

The University celebrated their annual Take Back the Night campaign where students participated in a march to end violence on Wednesday, Sept. 25th.

Students gathered on the steps of Wilson Hall where a candle light vigil was held to begin the march. The students walked throughout the campus, making numerous stops to discuss violence and sexual assault statistics and facts.

Students had different reasons for attending the march, such as athletic teams uniting together, first-year students earning the letter “W” for the Shadow program, and even students who have been personally affected by violence or assault.

“Honestly, I went to Take Back the Night because my roommate wanted to go, since it was a personal matter to her,” said freshman Sarah Baker. “Also, the event addresses the major flaws of sexual assault in our society that needs to be discussed."

John Goh, political science major, explained that he attended Take Back the Night because of the prevalent issue of violence and sexual assault. "It is important that people address the major issue of violence and sexual assault in our society that needs to be discussed."

Sarah Baker, a member of the event’s organizing committee, explained that he attended Take Back the Night because of the prevalent issue of violence and sexual assault in our society that needs to be discussed.

In Spring of 2012, John Buzza’s Entrepreneurship Class developed Monmouth University graduate, Andy Stern’s, workout plan into a collegiate fitness company, COREiculum. The new student turnout was much greater than expected, Calascibetta said. "I’ve had an amazing amount of new students coming up to me asking what COREiculum is and how they can be involved with the station, she added."

The variety of radio shows on WMCX is what makes the station stand out, Layton said. “What other station can you have that would have a rock show followed by a rap show, or a Spanish program follow showed by news,” Layton said. “College radio really allows for multiple formats on one station and it’s really cool.”

Layton also encouraged students to get involved early. “If somebody is a freshman or just wants to get involved with The X, just do it, as the Nike slogan says,” Layton said. “It’s really a great idea to get involved your first semester, even if you’re not a radio, TV major.”

CORéicultum is Coming Back

In Spring of 2012, John Buzza’s Entrepreneurship Class developed Monmouth University graduate, Andy Stern’s, workout plan into a collegiate fitness company, CORéicultum.

CORéicultum offers “The 1st Semester,” a two-dvd workout program fit for the college student to make the “Freshman 15 an Elective.”

CORéicultum’s latest project is launching right here at Monmouth! In part as a fundraiser for PRSSA, CORéicultum is introducing the Valedictorian Challenge. This eight-week weight loss will help you burn fat, build lean muscle and define your CORE.

Need even more motivation? One Monmouth University student will win a FREE VACATION!

Imagine not having to pay for your Spring Break Trip AND having the body of your dreams from bands such as American Pinup, Wild Rompit, The Sunday Blues and Rick Barry,

WMCX Celebrates College Radio Day

CASEY WOLFE FEATURED EDITOR

The University’s radio station, 88.9 FM, hosted a 12-hour broadcast in honor of College Radio Day from 9 pm to 9 pm on Friday, Oct. 1. The event featured student radio shows as well as live performances from bands such as American Pinup, Wild Rompit, The Sunday Blues and Rick Barry.

According to Aaron Furgason, advisor of 88.9 FM, the goal of college radio day is to let people know that college and high school radio exists while increasing awareness of the programming that is not available on commercial radio.

During College Radio Day, regularly scheduled student radio shows aired along with live performances from bands such as American Pinup, Wild Rompit, The Sunday Blues and Rick Barry. "Also, each of the bands were interviewed by new and returning FMXC students. "The 88.9 WMCX radio show streams live to anyone with internet access all over the world using a website called Radio Flag. Calascibetta described the website as "和社会 for college radio and small radio," and said that last year WMCX was trending at number one. Last week, Pat Layton and Jonathan Weisman, hosts of weekly radio shows "The Other Side," also trended number one for DJs on Radio Flag. Furgason said that the camaraderie between students was one of the greatest parts of College Radio Day. He was excited to see many new students willing to participate and get involved with the event and increase the overall awareness of WMCX. He added that students also became aware of other students’ radio shows that they had not known about prior to the event.

The new student turnout was much greater than expected, Calascibetta said. “I’ve had an amazing amount of new students coming up to me asking what WMCX is and how they can be involved with the station,” she added.

The bands that performed during College Radio Day came from as far as New York and Philadelphia. A few of the bands plan to tour this fall season, while others have been featured on websites such as wmcx.org. American Pinup has played at well-known music festivals including Vans Warped Tour, The Fest, SXSW, Move Music Festival and more.

According to Calascibetta, the event’s executive director participated in the event, along with all general members and some freshman who wanted to show off their interviewing skills. The preparation for this event took over a month, she added. “I just took a lot of time kind of putting down the right bands for the radio station, who would be interviewing them, and setting up times, and setting up food and parking, preparations and promotions,” Calascibetta said.

The WMCX duo, Layton and Weisman, hosted “The Other Side,” which features indie and alternative rock music. Weisman said their style of music sounds much like Green Day, Weezer and Nirvana. Their show, which is regularly scheduled on Tuesdays from 9 am to 11 am, was aired from 9 am to 11 am for College Radio Day.

The variety of radio shows on WMCX is what makes the station stand out, Layton said. “What other station can you have that would have a rock show followed by a rap show, or a Spanish program show followed by news,” Layton said. “College radio really allows for multiple formats on one station and it’s really cool.”

Layton also encouraged students to get involved early. “If somebody is a freshman or just wants to get involved with The X, just do it, as the Nike slogan says,” Layton said. “It’s really a great idea to get involved your first semester, even if you’re not a radio, TV major.”
The University held a Safety and HERO Campaign day on the residence halls in October after Jack Hill, a 27-year-old MUPD officer, was killed by a drunk driver. The HERO Campaign is “to promote the use of sober designated drivers to prevent drunk driving tragedies throughout our country,” according to the organization’s website. The HERO Campaign partners with law enforcement agencies, schools, restaurants, the U.S. Navy, and various other organizations across the country in an attempt to promote the use of sober designated drivers (DD) for friends.

The message of the HERO Campaign is for everyone, not just students. It is a real life message,” said Suann Schaad, Substance Awareness Coordinator. “We market it as a positive thing that you can do to impact someone. We promote it accordingly. We want people to remember to thank their DDs and appreciate what they are doing,” she continued.

The University is a proud partner of the HERO Campaign, and has been an estimated 78 public drunken driving tragedies this year, according to the University’s Fire Safety and HERO Campaign day. While many media organizations have reported on the rise of mass shootings, there is no rise in mass shootings, according to the University Police Chief, Bill Goodwin.

The University Police React to Recent Mass Shootings

BRITTANY HARDAKER
STAFF WRITER

In the wake of a devastating amount of recent mass shootings throughout the U.S., many are wondering whether these types of incidents are on the rise. Still reeling from losses in places such as Newtown, CT., the Navy Yard in Washington, DC., and Aurora, CO., Americans are beginning to question their safety.

According to the Federal Bureau of Investigation, a mass murder is defined as four or more murders with no “cooling off” period. However, a mass murder typically occurs in a single location where a number of victims are killed all at one time, whether individually or more.

According to the Congressional Research Service (CRS), there have been an estimated 78 public mass shootings in the United States since 1980. Mass shootings have killed an estimated one percent of those victims.

...It was really scary to see what it feels like to drive drunk...It’s terrifying to think of people get behind the wheel of a car that like that.

SARAH MCGIRL
Sophomore English Major

Also present at the HERO Campaign day were representatives from the New Jersey Manufacturers Insurance Company. As a part of their Don’t Text and Drive Campaign, the group was trying to collect signatures for the cause.

Louis Alcouri, Promotions Coordinator for the group explained, “For every pledge that NJM receives this year from someone who pledges not to text while driving, we’re going to donate $1 to charity.”

The group is attempting to collect 50,000 signatures by the end of the year, and so far, they have acquired 27,000. “We’re well on our way,” Alcouri said. Not only that, but NJM has also donated 55 driving simulators to high schools across the state as a way to set up a program for safe teen drivers.

With organizations like NJM and the HERO Campaign partnering up with schools across the nation, safe driving has become a top priority. For University students looking to become a designated driver, the HERO Campaign meets once a month in Java House.

“We ask all first year students to get a local cab number in their cell phones, use the new shuttle, cab voucher, and volunteer to be a DD so we can increase safety on and around campus,” Schaad said.
Hawk TV Joins Habitat for Humanity at Rock 'n Relief

Rock 'n Relief from pg 1

“The model above displays the different components of an electronic cigarette.

Although PPG may be best known as a common additive in antifreeze, which is unsafe for hu-
man consumption, the TVECA stated on their website that “PPG has been in the U.S. food suppl-
py since the 1930’s,” including some brands of frozen yogurt, ice cream bars and citrus flavorings. A
report from ABC News last week stated a recent Food and Drug Administration (FDA) study that
found nine possible contaminants are in unnamed brand electronic cigarettes, while traditional ciga-
rettes have nearly 11,000 known contaminants. The potential side effects of the contaminants are not
known at the moment.

Schad said that as a result of the remaining side effects found in the e-cigarettes the FDA is being urged to
put a ban on them by the Attorney General. Dr. Sheila McAllister, associate professor of public rela-
tions at Monmouth University, believes more research and regu-
lations on electronic cigarettes are essential.

Dr. Sheila McAllister, associate
professor of public relations, says
“Electronic cigarettes could be
dangerous for kids who think they’re
safe and don’t know how much nicotine you’re inhaling.”

He added, “When a cigarette is
done, it’s done. But an electronic cigarette could be
dangerous for kids because they prob-
ably don’t count the puffs. You can use e-cigarettes until the battery runs out, and that last for a
long time.”

McAllister added that he hasn’t used elec-
tronic cigarettes and he wouldn’t
consider smoking them instead of
a regular cigarette. “It’s especially
worse if you don’t smoke first, be-
cause then it’s just a habit for the
kids of a bad habit. We all know
nicotine is terrible for you. But at
least a adult who makes the choice to smoke does it knowing the full effects. We don’t know
everything about electronic ones.”

A junior advanced chemistry
majors and daily e-cigarette user, who wishes to remain anony-
umous, says he can personally still give her the enjoyment of smoking something, while slowly weaning herself off of nicotine addiction. “I could definitely tell that there is less nicotine pres-
ence because each inhale is not as strong.”

Senior Jordan Key, office coordi-
nator in the Communication De-
partment also uses e-cigarettes. Although she occasionally does smoke regular cigarettes she is try-
ning to permanently switch over to e-cigarettes.

As a smoker, she notices the differences between the two ciga-
rettes and eventually when you feel the drag you know it’s a regular cigarette. Senior Nick Dolfin, a
former smoker, doesn’t believe electronic cigarettes are an effective tool to help a smoker quit smoking. “The best way to quit is cold turkey and just cut the amount off.”

Dolphin said, “As a former smok-
er, I can say that it’s not a good hab-
it. We don’t know about the nega-
tive effects electronic cigarettes could have on someone yet because they are so new.”
FOUNDERS' DAY CONVOCATION

Wednesday, October 9, 2013
Pollak Theatre, 2:30 PM

This event will be simulcast in the Rebecca Stafford Student Center.

Convocation Address

Mary Ann Christopher
President and CEO, Visiting Nurse Service of New York

SCHEDULE OF EVENTS

2:30 PM
Convocation Ceremony
Pollak Theatre

3:45 PM
Reception
Great Hall, Wilson Hall

All members of the Monmouth University community are invited to all events.
Student Center Offers New Cuisine Options

Once again, the Rebecca Student Center has attempted to make changes to its dining services in hopes for more pleasurable feedback from those who visit the area. The Student Center now offers a few new options, along with a new look, and although these changes are a step in the right direction, there will always be room for improvement.

This year the Student Center brought Jersey Mike's and Greens to Go as a few new stations to offer to the students and professional staff. While some people really enjoy these food choices, many find problems with certain aspects of the changes.

The Outlook staff favors the new station, Greens to Go, because of the variety of options offered in the 'Build it for you' salad bar. In addition, the staff enjoys Jersey Mikes overall but is conscious when making a decision to buy a sub from there based on its high pricing.

One editor said, "We don't need big name companies like Jersey Mike's, just affordable, good food." Another mentioned, "...[ARA-MARK] should have kept the Panini station and gotten rid of adding Jersey Mike's because it's overpriced."

One selection at the Student Center that has not received any changes but may need to be re-worked are the pre-made meals, such as the sandwiches and sushi which both, according to The Outlook, are overpriced.

Those using their meal plans do not mind the pricing, although it does become an issue when the student is charged extra for protein, one editor explained.

Regardless of these opinions, there are those who do enjoy the Student Center, especially when comparing it to the Dining Hall. One editor said that she preferred the Student Center over the Dining Hall because it was more convenient when going from class to class, and it is cleaner.

The Student Center's new look has definitely caught the attention of the students and staff. Some have said it is a "fresh update" and that it is a nice change. Other students referred to brightening a room but for cohesion in making decisions concerning issues in and around the University while serving as a forum for expression of the ideas of its readers.

Some of the students and staff members point out that there are some limitations to what to keep or change, which is why it is important for ARA-MARK to continue to listen to the needs of the students and other University members.

CORRECTION: Last week, in a story headlined "Visiting Writer Series Introduces Katie Ford," The Outlook reported that Jeffery Jackson was an adjunct professor of English, but he in fact is an assistant professor of English. If, for any reason, this inaccuracy has caused misunderstandings or problems, The Outlook regrets that.
The Outlook

Paul Williams

The answer is yourself, as I recently learned how splendid the effects of distancing yourself from technology can be while I was half a world away from home. My wife Vicki and I took a trip across the pond to England this summer. We crammed our itinerary with tours to Stonehenge, Big Ben, Windsor Castle and plenty of pints at the pub.

But a week before we left, I deleted my phone. I booked the flight, then bought an international cell phone plan. When she enlightened me of the logistics of reaching my phone, akin to a parent covering their child's ears to protect them from an offensive epithet.

I see my entire social networking life—everything from AIM away messages to Miley Cyrus tweets—flashing before my eyes.

What self-respecting tourist would dare travel without the capability to Instagram their experience?

After some deliberation, I decided to forsake the extra cost of an international phone plan and those pints, which would be lost without the world outside computer screens.

Vicki did devise an emergency communication system for us. I don't recall what its name was, but I'm pretty sure it involved a certain kind of smoke signal.

Without the ability to use my phone in the years a child's arms were too free time, I was forced to observe and absorb everything in greater detail.

Instead of merely glancing at the plane, I took note of their otherwise innocuous features, such as the color of their clothing and whether their shoes matched their outfit (Vicki has me well-trained).

After a few days of traveling around London and witnessing buildings and monuments older than our country, I gained an even greater appreciation of perceiving our planet without the assistance of a small plane. It's a little closer anyway.

I remember vividly: the overcast skies and cool, misty rain coating the railing we were pressed up against.

I chuckled to myself as numerous spectators recorded the opening of the bridge with their iPads and phones, and couldn't help but think about how liberating it was to perceive such a rare sight with my own natural senses.

My arm was already around her sholder as we walked up the steps to the Bridge open; an occasion that only occurs a handful of times each year.

So, in the end, I'm glad I didn't bring my cell phone. I could see my entire social networking life—everything from AIM away messages to Miley Cyrus tweets—flashing before my eyes. Furthermore, in order to do all of those things, you have to already have a phone, remember to charge it, and do something else while charging it.

The Confusion with Public Relations and Journalism

Does this Communication Concentration Limit Students?

Public relations specialists are often referred to as “spin doctors” by journalists. Journalists are often referred to as “blood suckers” by public relations specialists. If the two do not bring out the best in one another, then why does Monmouth University refer to them as “blood suckers and spin doctors” often referred to as “spin doctors” and “blood suckers” respectively and make it the case that digital media expertise is essential for the modern journalist.

Columbus said. “You have to know how to use social media professionally, and you have to be able to shoot photos and videos (and edit them too).”

Columbus added that as a journalist, you must quickly learn how to use social media professionally, because that is what is now expected by editors. “Here’s the kicker, you have to be able to do it from anywhere, not just at your desk. If you graduate and are looking for a job in [the journalism field] but you can’t be expected to be digital into consideration already behind when you haven’t even begun,” Columbus said.

Gidget Zidik, a junior majoring in PR-journalism, said it appears the same situation is happening in the public relations side of the communication concentration. “I was planning on applying for a public relations internship for next year. I heard that boards, but that wasn’t an option. I’m not sure all of the public relations responsibilities such as writing press releases and strategically planning social media tactics was listed under the market internship. Zidik furthered her point by stating she has not taken a marketing class yet, but she feels she has to because the two professions often work in close quarters. I find this situation to occur more often than not, when pursuing internship possibilities. The most recent incident that I can recall was my renewed interest in communication with Comcast Sportsnet in Philadelphia, PA.

They are then faced with the daunting task of figuring out their future career. The economic state, independence, and a physical stamp on a once-in-a-lifetime memory. There’s no turning back.

Without the phone, you would dare travel without the phone’s hard drive that could serve and absorb everything in greater detail.

In the current economic state, independence, and a physical stamp on a once-in-a-lifetime memory. There’s no turning back.

The Debate Over Minimum Wage

Kayla Horvath

I would go out on a limb and say that most of us work pretty hard for our well-earned cash. Wouldn’t you work even harder if you were offered more cash? Of course you would.

Money is not everything and no, money does not bring happiness. Let’s be realistic; it does buy gas, food, clothes and other important things that are basically necessary.

Many young adults and college students are just starting out on their own two feet, struggling with having to pay their own bills and earning the skills to balance a job with their education.

So understandably, more money is an incentive to work even harder. The point is that it’s the minimum wage is increased.

Many basic or entry level jobs are the ones paying minimum wage, a measly $7.25 per hour.

However, I do believe that we are facing a current economic hardship that is quite different from what the country was facing in the Great Depression. Without the ability to use my phone, I could see my entire social networking life—everything from AIM away messages to Miley Cyrus tweets—flashing before my eyes.
Colleges and Universities Across the Country Prepare for Obamacare

From pg. 1

Dr. Aditi Dey Visits University from India

Dey Will Be Guest Lecturer in Politics in India Classes at Undergraduate and Graduate Level

This month, the University welcomed an addition of a new political leader to its family, Dr. Aditi Dey, from Calcutta, India. Dey will be guest lecturing in Politics classes at the undergraduate course Politics in India, and the graduate course Public Administration and Political Theory for 29 years at Shri Shakti- nath College.

Also she is principal of the college, which is very similar to our provost here at the University. As principal of the College, she is in charge of more administrative work, focusing on the improvement of the college and the well being of the students. The college, which she explained to be similar to the University. As principal of the College, she is in charge of more administrative work, focusing on the improvement of the college and the well being of the students.

Dr. Aditi Dey is a published scholarly author, with publication in the Politics in India text book which has been updated three times now. In the test, she wrote about the complex party system which India has gone over the years. Also, she recently wrote on Democratic Governance in West Bengal which will be released in six months.

At the University, Dey has been enjoying her time spent with students and faculty in the Political Science Department.

Dey said, “I came here to lecture on political contemporary India along with Dr. Datta who is giving the course for the first time. I have brought many of the topics used in the Indian national political system and have thoroughly enjoyed the lecture discussions and interactions with the students.”

Datta explained, “We are expecting Dey’s campus and interaction with her to be similar to our provost here at the University. As principal of the College, she is in charge of more administrative work, focusing on the improvement of the college and the well being of the students.”

Putting young healthy people into exchanges, many companies will want to provide them coverage because in the future they will most likely not get sick (saving the insurance companies money). Because companies can negotiate with each other for special rates, those kids, the price of the insurance will be lower than the market cost for those who are of the college. At the college, there is a large demand for travel, tourism, and human rights courses from the students who are registered for their three-year undergraduate programs.

As principle, Dey hopes to put a lot of emphasis on the college, expanding the amount of space on campus. ‘Doctor Dey will be guest lecturing in Politics classes at the undergraduate course Politics in India, and the graduate course Public Administration and Political Theory for 29 years at Shri Shaktinath College.’

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Kathiy Maloney, Director of Health Services

It is a great ideal for everyone to have health insurance. I understand the politically why they are doing it; I question why do this now during a period in our history while we are still in a recessionary period?”

Dr. Aditi Dey has been the Visiting International Scholar and assisting with the class, Politics in India taught by Dr. Rekha Datta.

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College and Universities Across the Country Prepare for Obamacare

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What Are the Effects of the Government Shutdown?

Many Services Offered by the Federal Government Will Not Be Reinstated Until Deal is Made

IZIAH THOMPSON
CONTRIBUTING WRITER

On Tuesday October 1, 2013 at 12:01, the federal government could not reach an agreement on a budget and as a result, led to a government shutdown.

This is not a new thing the US Federal Government shut down in 1995 and 1996. It lasted 28 days and included putting non-essential government workers on furlough and the suspension of non-essential services. We should expect a similar result this time.

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As the shutdown progresses, Pressman explained how this could eventually lead to higher loan costs for college students as well. The failure to raise the debt ceiling could also have immediate and long term negative effects on the country’s economy.

CONTRIBUTING WRITER
IZIAH THOMPSON

United States Supreme Court

ACROSS

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3. First female Supreme Court justice.

4. Chief Justice of the United States Supreme Court.

5. Chief Justice of the United States who was part of the Marbury v. Madison decision.

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What Are the Effects of the Government Shutdown?

Many Services Offered by the Federal Government Will Not Be Reinstated Until Deal is Made

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Autumn Orchards Near and Far

RACHEL GRINOLICK CONTRIBUTING WRITER

Summer has officially ended and now is the time when people start to get into fall mode. Fall is the time of year when apples and pumpkins begin to ripen. It is the ripe time to go apple picking and get the best apples that orchards have to offer. There are many places near and far where you can go apple picking. Apple picking defines the fall season. It’s the time when family and friends head to their favorite apple orchard and pick the ripest apples, brightest pumpkins, and the tastiest apple donuts. Apple picking is like the pre-season to the holiday season. Fall is the perfect time for families to get together and enjoy family memories. This year, the orchards do not have this rule about picking apples. However, any family with a group of friends can visit an orchard and enjoy the fall season in full swing. Fall is the perfect time to try a new recipe with pumpkins and apples. These go beyond your grandma’s classic pumpkin pie.

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Try a new twist this season with healthy, yet tasty options. So many apples and pumpkins are available from Mexican and Spanish major Jen Stes - sel said, “I’m all about classic apple pie, but I would definitely try out new recipes.”

Some great recipes are pumpkin pancakes, pumpkin pancakes, pumpkin oatmeal and apple crisp oatmeal. The best thing about these recipes is that they are healthy along with being delicious.

Pumpkins are full of fiber and low on calories. They contain potassium, vitamin A and C and are even recommended for weight-loss and as a post-workout snack. Apples are obviously known for their nutritional benefits, especially for keeping the doctor away. Still, they are a sugar (or sour depending on your preference) and useful when it comes to cooking.

Chemistry professor Merrily Ervin also teaches a cooking class at the University. Ervin said, “I love to use pumpkin and apples while cooking in the fall, they are so nutritious, tasty and versatile. While they are most frequently found in desserts, both are also great in savory dishes.”

She added, “For example, I like to add apples to beef stew and pumpkin pancakes, pumpkins, pumpkin protein shakes, pumpkin pancakes, pumpkin oatmeal and apple crisp oatmeal. The best thing about these recipes is that they are healthy along with being delicious.

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Reducing Prejudice Through Cultural Activities

MOMMA AYUB
STAFF WRITER

The planning of cultural events is an important effort in diversity education on campus. There are many ways to promote the understanding of diversity, and this has been thoroughly explained in this article.

The average American is exposed to a diverse environment in daily life and especially through the advent of advanced technologies and social networks. However, the penetration of these technologies can be considered to be something as simple as participating in some kind of cultural activity.

Today, Stanford research shows that students who engage in cultural events in the presence of people from that specific culture will cultivate the respect and appreciation for that culture. Furthermore, students who enter multiple cultures in their daily life will grow up to understand their own culture and all the differences and similarities between their own culture and others. In this way, they can appreciate the differences and similarities between their own culture and others.

Cultural activities and events bring people closer together, allowing them to share their experiences and perspectives. These events provide an opportunity for people to learn about different cultures, languages, and traditions. By attending these events, people can gain a deeper understanding of the world around them.

Moreover, cultural events encourage diversity and inclusivity in various aspects of life, such as education, employment, and community engagement. They promote the recognition and appreciation of cultural differences, fostering a more accepting and understanding society.

Reducing Prejudice Through Cultural Activities

A Safe Haven for Study Struggles

CASY WOLFE
ARTICLES EDITOR

There is a big exam coming up in your History class and you don't understand the homework. Your professor's office hours don't work with your heavy class schedule and this test counts for half of your grade. Before you decide to withdraw from the class, leaving your two-year-old in the care of the father who lives 800 miles away, you decide to try something new. You find a local newspaper ad for a Tutoring and Writing Service. You call and schedule an appointment with a tutor.

“Tutoring and Writing services are a free resource on campus. They can help you with a variety of subjects, including college assignments, writing papers, and preparing for exams. They also offer one-on-one assistance, so you can ask questions and receive feedback. The tutors are friendly and professional, and they can help you develop the skills you need to succeed in college. I would definitely recommend using the tutoring and writing services.”

Tutoring and Writing services are available to all students, regardless of their major. They offer help in all subjects, including math, science, English, history, and many more. They can help you develop the skills you need to succeed in college. They offer help in all subjects, including math, science, English, history, and many more. They can help you develop the skills you need to succeed in college.

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What Can Grad School Do for You?

ANNA CHAMBERLAIN
STAFF WRITER

What do you want to do after you get your undergraduate degree? That seems to be an age-old question. It makes almost every student cringe when it comes up in conversation. It is scary to think that after four years, it is expected of us to be thrust into the work force, ready to hit the ground running. However, there are other options for graduating students, such as graduate school, which student Jessica Kimball has taken advantage of to further her education.

“For me personally, it was just easier to transition into a Master’s program where I received my Bachelor’s degree, and I didn’t have to do any searching because we do have good programs here,” explained Kimball, 23, who is currently working on getting her Master’s of Business Administration (MBA) at the University. “The problems with the economy and the job market helped me in deciding to pursue graduate studies. That and my graduate assistantship.”

The Leon Hess Business School at the University holds an Association to Advance Collegiate Schools of Business accreditation, which is the top accreditation possible. Because of this, several students decided to transfer to the University from Ramapo College to receive her undergraduate in Business Administration, and now her graduate degree.

“My hybrid was just receiving their AACSB while I was there, and I knew that it wouldn’t really have any weight on my degree there like it would here,” said Kimball.

With the cost of private college averaging at around $43,000, a year for an undergraduate according to college-data.com, staying in school for an extra two to three years may seem crazy. Luckily with graduate programs, most students have the option of applying for graduate assistantships, which helps cover the costs of their tuition by working in different departments of the University.

“It really does help with the expense of getting my Master’s,” Kimball said. “She is currently working as a junior admissions counselor and as a graduate assistant for the Marketing and Business Development of the Business School. “I have several responsibilities with the admissions office with planning events. Right now I am currently helping plan Open House and hiring students to work for the day.”

Kimball is also the high school visitation coordinator for the office, working with different schools that want to bring students to the university to visit it, along with the daily tasks of working in the business school. “Before looking into the meat of the matter, perhaps people should take a look into the meaning of chivalry,” said Catialli.

As defined by Dr. Nancy Mezey instead of working and try to be good citizens, neighbors, and women alike.

The outlook instead of working and try to do just it, especially now. It is easier to pursue a Master’s degree while you are still in the groove of being in school that are interested to take the leap for a higher degree. “I would say for anyone who wants to go to graduate school, go for it, just do it, especially now. It is easier to pursue a Master’s degree while you are still in the groove of being in school instead of working and try to go back later on,” Kimball stressed. “You really need a Master’s degree to get a job nowadays. It will definitely help later on and make you more marketable as a possible employee.”

Stop a handful of women walking down the street and ask them if they feel like it is dead. More often than not their response would fall along the line of a laugh accompanied by a snort, a shake of the head indicating a “yes,” or some reproachable attempt at defending males with a weak statement of the head indicating a “yes,” or some reproachable attempt at defending males with a weak statement about that guy who one time held the door open for a lady. However, this very well might not be the case ladies.

Now, some would say that this loss in gentleman-like behavior is the fault of the modern-day man simply being lazy and not putting forth the effort to court a lady. However, this very well might not be the case ladies.

Jessica Kimball (above) works as a graduate assistant in the admissions office to help offset the cost of college.

Chivalry is not dead, contrary to popular belief, but is being repressed because of increased gender equality and independence.

Men are trying to be chivalrous, even holding themselves back from saying and doing things they believe to be offensive in order to not insult anyone, but does this mean that chivalry should still return even though some might see it as demeaning to women?

“If you are asking if I think returning to a time of chivalry would be better because fewer people would be insulted, my answer is no,” said Mezey. “I can say without question that I would rather live in the current times than return to medieval times. Although gender inequality most certainly exists in 2013, we have come a long way toward equality since the Middle Ages.”

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Because of the strides in society since the first development of the term chivalry, Mezey instead suggests that respect should be the general rule for everyone, regardless of their gender. “Taking care of or helping, regardless of their gender or age, we should help them, not to be chivalrous, but to be helpful and respectful, and to be good citizens, neighbors, and friends,” said Mezey.

So while the chivalry debate might still be up in the air for a while now, as shown by Catialli, the wish to still do good and act as a gentleman is not absent in men, just repressed out of the caution of insulting another. Yet as Mezey points out, this act of respect is not something that should be seen as insulting, but a code of honor amongst men, respect is a trait that can be seen as admirable amongst modern men and women alike.

Features

Out With Slinking Armor: Chivalry Does Not Mean Equality

ALYSSA GRAY
COMICS EDITOR

Stop a handful of women walking down the street and ask them if they feel like it is dead. More often than not their response would fall along the line of a laugh accompanied by a snort, a shake of the head indicating a “yes,” or some reproachable attempt at defending males with a weak statement about that guy who one time held the door open for a lady. However, this very well might not be the case ladies.

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As defined by Dr. Nancy Mezey, Associate Professor of Sociology, a Chivalry is a gendered term in today’s society when chivalry is discussed, it is most commonly used when referencing a man.

Mezey further points out that because knights were the ones who used to be acting in this manner, chivalry is a gendered term regardless of any change in society when chivalry is discussed, it is most commonly used when referencing a man.

More recently, it would appear that men are acting with an absence of their chivalric duties, or so some women say. Freshman Danielle Adrianza, who, that now days, the norm has become that women almost expect men to not act in a gentlemanly fashion.

“You hear a lot of jokes about guys just being jerks from your friends, the older women in your family, and especially in the media and on TV. At first it might just seem like joking, but because it happens almost everywhere and all the time, you just start to believe it, especially once you see a guy do something rude. It kind of solidifies the idea, the idea,” said Fulton.

While Fulton brings up the point that media is often the blame for certain social influences, Mezey also believes that there could be another social cause behind the proposed lack of chivalry displayed by men to-day.

Mezey said that the recent rises in power of the modern-day women, as well as the whole feminist ideology, could very well be a driving force in the absence of chivalry. “Because gender relations are changing, the rules of dating and gendered interactions are changing as well. So women and men do not always know what actions will insult or please someone else,” said Mezey.

This uncertainty explained by Mezey in male-to-female social interaction is a cause that several women can see, whether it be on the political scene or the interpersonal scene.

As junior Kyle Catialli said, it serves as an “invisible social line” a man has to be wary of. “Usually when I am out with a girl I try to be a gentleman, that’s how I was raised, but sometimes you feel like you have to hold yourself back from doing or saying something so not to offend her. It’s honestly diffi- cile because you never know if a good intention could turn into an insult in her eyes,” said Catialli.

Men are trying to be chivalrous, even holding themselves back from saying and doing things they believe to be offensive in order to not insult anyone, but does this mean that chivalry should still return even though some might see it as demeaning to women?

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CHRISTINA FISHER
CONTRIBUTING WRITER

Folk-rock band “Dawes” performed at Monmouth’s Pollak Theater Sept. 25, along with opening act Johnathan Rice and Hayes Carl.

At the start of Rice’s very melodic performance, the crowd looked excited, even before each group of middle-aged friends had a row to themselves. Rice’s performance was followed by a plug to the songs, with few breaks for some interesting and intimate stories of the audience. When Rice did speak, his Scottish accent combined with a slurred tone and several amusing statements: “I’ve never been to college…I guess this is as close as it’s gonna get.”

Hayes Carl’s set started quickly after Rice’s, and now the seats were starting to fill up. It is sad that a majority of the crowd missed Rice’s set, and same Carl’s because Rice was better. Unfortunately, the only thing that kept the audience following Carl’s set were his personal and entertaining stories about his son and travel. I do however wonder if the audience was more receptive to Rice too. Audience member Justin Rayman from Fort Bragg, NC, said, “I’ve never heard of [Johnathan Rice] before but I thought he was really good… but I thought the backing band was really good…I’ll be sure to check out some more of his music.”

As Carl’s set ended and Dawes started performing, I looked back (my seat was towards the front right of the theater) and saw that there were likely a set of empty. The whole theater was packed in anticipation for the band. The lights dimmed and the crowd started to holler and whistle, but the band added extra suspense by not yet appearing.

After about the third dimming of the lights, Dawes’ vocalist, Taylor Goldsmith, appeared first. He was followed by the rest of the band, as well as an explosion of applause from the crowd. The rest of the band consists of young-er brother Griffin Goldsmith (guitar), Wye, and Tay Straithram (keyboards). They opened with a more mellow song and the rest of the set, and by the third song, people were already giving standing ovations and dancing at their seat.

The show was very steady up until one middle of their set, where they unleashed this amazing song that clearly affected the band, as well as the audience. The lights were flashing from color to color, and incredible piano, guitar and drum solos were played with so much passion and intensity that I almost considered getting up to dance.

The rest of the crowd did not consider; they got up and danced around. This was the moment when most fans disregarded their seat and ran towards the front of the stage. Everyone was shaking their heads along with their hips from a couple in their 20’s, to families, to women who had finally escaped a night from their kids. From that point on, the show captivated a mood of rock, rhythm and moves. The energy stayed up when Hayes Carl appeared for a jam with the band; it was so much better than his actual set. They played a reasonably long set and closed the show with two surprise encores. The energy was way up, and everyone was screaming, clapping, and standing during their last three songs. After the house lights went up, you could sense the flow of great vibes and the audience screaming for more.

PHOTO TAKEN from loosemusic.com

Dawes, a California-based band, played to a packed Pollak Theater with Johnathan Rice and Hayes Carl.

Check out outlook.monmouth.edu for an online exclusive review of the “Puppeteer” video game.

@OutlookEnt on Twitter for all entertainment needs.

PETER QUINTON
STAFF WRITER

In an age where video games are becoming more gritty and realistic, most gamers have guessed that what may be one of the year’s best games would beabama brute.

Developed by revered game developer Michel Ancel’s UbiArt studio, “Rayman Legends” takes a smoother, more rounded graphical presentation compared to the rest of the set, and by the third song, people were already giving standing ovations and dancing at their seat.

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“Rayman Legends” is the sequel to 2011’s widely acclaimed “Rayman Origins,” from gameplay to artwork to blush of color and life that feels vital in today’s gaming landscape. Its fast paced platforming challenges, bizarre worlds, characters and all-too-loveable sense of humor makes it a clear stand-out among the competition. Yet what makes “Legends” is far from a carbon copy, as nearly every detail of “Origins” is noticeably more rounded graphical presentation compared to the rest of the set, and by the third song, people were already giving standing ovations and dancing at their seat.

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**“Massachusetts” Comes to Monmouth**

PHOTO TAKEN FROM facebook.com/MonmouthUniversity-Department of Art and Design

By Professor Dante Dimartino and features his work alongside many of his former classmate's work.

Instead, they seem to be looking on
for potential threats, possibly those
depicted in “Rings of Fire.”
In this painting, theели жемчужины
find themselves surrounded by
humans instead of animals.
These human-like monsters have
betrayed the women to their will
by forcing them to jump through fiery
hoops. Although the spectators are
invited to come closer, the image
remains mysterious.


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PHOTO TAKEN FROM facebook.com/MonmouthUniversity-Department of Art and Design

**“Breaking Bad” Comes to Monmouth**

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The elections will take place online through the Monmouth University email account from: MONDAY, October 7th, 12 PM through TUESDAY, October 8th, 12 PM. The winners of the Freshmen, Sophomore, and Junior and top three candidates for King and Queen elections will be announced at the Pep Rally. The winners of King and Queen will be announced at the Saturday football game.
HOMECOMING COURT NOMINEES FOR 2013

PRINCE

Joe Pennisi
Luigi Lombardi
Tom Beaufort

PRINCESS

Alexa DeRosa
Ashley Suppa
Ayla Yildiz
Casey Inguagiato
Colette Mitola
Jackie Leming
Lena Suarez
Mara Cige
Samantha Hermans

LORD

Chris Chinn
Garrett Brown
Josh Manning
HOMECOMING COURT NOMINEES FOR 2013

DUKE

Andrew Hall
Brian Bartone
Eric Brewer
Mike Qualiano

DUCHESS

Alyssa Scardelli
Alyssa Tritschler
Amanda Caruso
Emily Rodrigues

Jenn Lee
Katarina Kneer
Samantha Barnwell
Sami Savona

LADY

Courtney Davis
Kaylie Mazza
Rachael Thalheimer
OCTOBER 18th : PEP RALLY
OCTOBER 19th : HOMECOMING
PARADE @ 12:00pm
GAME @ 1:00pm
NBC’s “Stand Up for Diversity” Comedy Show
SAB Brought Comedians Rob Haze and Arvin Mitchell to Pollak Theatre

BRIANNA MCCABE
Club & Greek Editor

Stand-up comedians Rob Haze and Arvin Mitchell attend
ed laughs amongst approximately 100 students at NBC’s “Stand Up for Diversity” comedy show on Saturday, Sept. 28, from 8 – 9:30 pm in Pollak Theatre. The free event was hosted by the Student Activities Board (SAB).

“I seriously couldn’t stop laughing,” said Kristen Tullo, junior bio-chemistry and advanced chemistry double major. “If SAB hosts more events like this, I will definitely go. I didn’t realize how fun some events can be.”

Haze took the stage for the first 45 minutes, cracking jokes about celebrities such as 2 Chainz, Lil Wayne, and Miley Cyrus’ infamous “twerking.” He also poked fun at New Jersey drivers and their infamous road rage, communal showers in college dormitory buildings and interrupted women.

Haze, an Atlanta native, began his stand up career while at the University of Georgia, where he performed at talent shows, pageants and for his Mitchell winning the Athens Last Comic Standing contest, Haze furthered his career by performing at various lounges.

According to StandUpNBC.com, “there are no racial or age limits to Rob [Haze]’s comedy as he likes to bring people together rather than tear them apart.”

Haze’s comedy is full of word play and pop culture references.

“I wish [Haze] had a more fluid performance,” said Tullo, “but otherwise it was very enjoyable. He had me cracking up on several occasions.”

Mitchell appeared once Haze concluded and he immediately had students laughing at his jokes about Mattels, college classes, and at each other in the audience.

Jonathan Nunez, transfer student from Middlesex County College, said, “Mitchell was absolutely hilarious. He was engaged with us [the audience] the entire time and there was not a dull moment in his performance. I got a serious abdominal workout, out from laughing at his stand-up routine!”

Mitchell’s comedic skills debut was on BET’s Coming to the Stage in 2003. This St. Louis born performer has appeared on television on more than one occasion since then and has travelled the comedy club circuit in New York and Los Angeles with outlets including The Laugh Factory, The Comedy Store, and Comic Strip Live.

SAB paid and booked the performers at last year’s National Association of Campus Activities (NACA) in Nashville, Tennessee.

Megan McGowan, Assistant Director of Student Activities and Student Center Operations, said, “When we went to NACA, we invited students who came along with me from SAB thought that this was hands down their favorite performance.”

McGowan said there are approximately one hundred different top-notch performers doing the college circuit across the country at this convention, including performers from shows like “America’s Got Talent.”

“To have one event at NACA stand out says a lot, and the SAB representatives really wanted this one,” added McGowan.

Joe Pagnato, Vice President of Finance and Administration for SAB, was deemed responsible for budgeting and selecting this performance to be featured at the University.

This is NBC’s tenth consecutive year presenting Stand-Up NBC. Each year, NBC selects three shows that travel across the country and holds auditions showcasing the top diverse talent from those areas. At the end of each search, comedians are brought back to Los Angeles for the NBC Universal Finals. Finalists have the opportunity to perform at NACA and get invited to join the NBC Stand-Up for Diversity College Tour.

This comedy show was publicized through social media outlets including Instagram, Facebook, and Twitter, as well as through email. It grew attention among freshmen especially because it was part of “The S.H.A.D.O.W. Program” which encourages first year students to attend events of six categories: service and leadership, academic resources, diversity, organizations and involvement, and wellness. New freshmen students who attend these events are entered into a prize drawing at the end of the semester.

“Casino Night” on Saturday, Oct. 5, is the next event hosted by NBC students, along with their relatives during Family Weekend. NBC students are invited to join the club’s members and mimic the environment of a casino by playing card games and entering prize raffles.

SAB encourages students to become involved and help plan events like Stand-Up NBC and “Casino Night.” Weekly meetings for general members are held on Wednesdays at 2:30 pm on the third floor of the Rebecc Stafford Student Center in the Carol Afflito Conference Room.

SPHINSH’ and SPHLASH’ at the Bi-Annual Beach Bash
The Outdoors Club Hosted its Beach Party at Brighton Avenue

REBECCA ZIK
Club & Greek Editor

Over 30 students attended the Outdoors Club bi-annual Beach Bash Party this past weekend on Saturday, Sept 28 from 12 – 6 pm on Brighton Avenue.

Tyler Vandegrift, junior political science major, and an active member of Outdoors Club, said, “the event was great. It’s a good time, and the weather is perfect!”

Along with the 75 degree weather, there was food and an array of different beach activities that members and students could partake in. Some kayaks with the new members and freshmen were among the favorite part of the event. It really gave them the Outdoors Club experience.

Sarago attended the event “to get away from Monmouth and enjoy the beach with our friends and awesome people.”

In addition to kayaking and ping pong, Peter Chace, marine biology and chemistry major, went slacking in the ocean. E-board member has been scuba diving for five years now. “I started here in New Jersey in the Manasquan River,” said Chace.

Chase would like to see the Outdoors Club incorporate scuba diving into programs and events; however he understands that it is an expensive sport that requires special certification.

While playing in the ocean, Vandegrift seemed to be the main attraction at the beach bash, it was not the only activity that sparked interest. Outdoors Club members also laid a 20-foot slack line on the beach.

A slack line is a nylons webbing that is held up by two anchor points at each end of the line, and students were asked to balance themselves and walk across this tight rope-like structure.

Brittani Hrehorovich, sophomore psychology major, said, “the slack line is very hard, yet very fun at the same time.”

The activity may seem easy to those who have never participated, but to new students like Hrehorovich, it seemed to be one of the most challenging sports around.

Vandegrift is more experienced with the slack line. He said, “I have been slacking for about a year and a half now. I am not even close to mastering it, but it’s enough to impress people.”

The Outdoors Club hosts its beach bash parties in order to raise awareness of the club. E-board members want to expose students at the University to all of the activities and new opportunities that come along with being a member of the club.

Nicole Rubino, junior E-Board member, said, “This party combined the spring 2013 party is better by far.” Rubino thinks that the outcome has improved due to the change in location from Pier Village to Brighton Avenue, which is closer to students living on campus in dormitory buildings.

“This [change in location] allows us to have more freedom to explore and enjoy the beach.” Rubino said, “With more funding from Monmouth University, we were able to purchase more games and food, which in turn means a more successful beach bash.”

According to executive members of the Outdoors Club, the fall beach bash “was a huge success.” New members came out and experienced how the club offers students the chance to experience nature in a fun and friendly environment.

“The club is a great way to meet new friends and get away from day-to-day workaholism,” said Rubino.

All students at the University can join. Students are invited to the Outdoors Club weekly meetings on Wednesdays at 3:30 pm in Bey Hall to learn more about upcoming events.

PHOTO COURTESY OF MONMOUTH UNIVERSITY
Alpha Xi Delta Walks at Annual “Autism Speaks” 5K

The University’s chapter Alpha Xi Delta volunteered at the annual “Walk Now for ‘Autism Speaks’” 5K walk/run outside of Pier Village on Saturday, Sept. 28 to raise money for the “Autism Speaks” foundation.

According to Lauren Havanki, the director of field division for “Autism Speaks”, the turn-out this year was better than previous years, with approximately 4,500 participants in attendance.

A huge sum of donations was made during the walk/run. Havanki said, “The event brought in approximately 250,000 dollars.”

Local residents including students in nearby high schools supported this walk in addition to Alpha Xi Delta.

Alpha Xi Delta’s philanthropy is “Autism Speaks.” Each year, their chapter helps out with the walk by doing a numerous amount of jobs and responsibilities to help the walk run as smoothly as possible. Approximately 50 members of the sorority showed up to help.

Stephanie Nashtut, Alpha Xi Delta’s philanthropy chair, said, “We broke the sisters up into three shifts: setup, after, and cleanup. Each sister was assigned a different shift throughout the day and had a job to help out with.”

The morning setup crew arranged all of the tables which were designated for stations including check-in, food, and merchandise.

Heather Naishtut, junior member of the Alpha Xi Delta, said, “It was awesome being able to be a part of something so special and being able to cheer on the participants while they ran in the race.”

Around the event, they also had many fun and entertaining attractions for the little kids. There were Star Wars impersonators that the kids could take pictures with, in addition to having a few bounce houses. Many of the children who attended the walk were affected by autism.

Jackie Leming, junior member of the chapter, said, “It was amazing seeing all of the kids running around and having a great time. I love volunteering at this walk every year just to see the joy it brings to everyone.”

According to “Autism Speaks”, a child is diagnosed with some form of autism every 11 minutes. Also, one in 88 children in the United States is diagnosed with autism. At the walk, many of the sisters posed with “Autism Speaks” cards with certain facts about autism on them throughout the walk for people to read and learn more about autism awareness.

Havanki said, “I have been involved with “Autism Speaks” since 2006, but because I personally know anyone with autism. It was more of a gradual growth in the field over the years. It became a passion I would have never have expected.”

She was very dedicated to the walk from start to finish. The walk was running around nonstop to make sure everything ran perfectly.

Nashtut also took charge over Alpha Xi Delta chapter and overall was very proud. According to Nashtut, the event was an overall success. The girls from Alpha Xi Delta were all thrilled to be back and able to help out with the walk once again.

This is just only of the ways Alpha Xi Delta shows their commitment to philanthropy. They also donated a large sum of money to the “Autism Speaks” foundation thanks to their fundraising efforts. Some of their other events at the University are “Karaoke for a Cure” and “Xingo.”
What is your favorite thing about the fall?

COMPILED BY: ALYSSA GRAY

Chris
sophomore

“Probably the weather and how you can just wear jeans and flannels.”

Olivia
junior

“My favorite thing about the fall is everything pumpkin flavored.”

Kelsey
senior

“It signifies the start of a new school year. I feel that the summer is too lax.”

Marissa
sophomore

“The leaves changing color.”

Amanda
senior

“I love the scarves, the boots, the weather, everything.”

Amir
junior

“It’s the start of La Liga season in Spain.”

Sammie
sophomore

“The weather. It’s not too breezy or too sunny. It’s a happy medium.”

Ciana
senior

“The fact that it’s an obvious change and I like the colors.”

Ashley
sophomore

“I think just seeing the leaves changing and seeing all of the different colors.”

Tonilla
freshman

“It’s football season. My favorite team is the Giants.”

Why Do You Want to Attend the Opera with President Brown?

President Brown would like to extend an invitation to attend the November 9th, 1pm simulcast performance of TOSCA at Polik Theatre with him. Here is your opportunity to share something new with our new president and fellow students.

Ten students will be selected for this opportunity. To be considered, go to www.surveymonkey.com/s/opera50 and tell us in 50 words or less why you want to attend the opera with President Brown.

Deadline for submission is Wednesday, Oct. 9th. Ten lucky students will be notified of winning by October 25th. Winning entries will be published in the OUTLOOK Newspaper.
**INTERN WANTED**

Upscale retail furniture and home accessories store in Pt. Pleasant is looking for a well-spoken, energetic and creative intern. Ideal candidate would be:

- Strong interest in sales and working with people
- A student majoring in business, marketing or social media
- Active on Facebook, Twitter, Youtube & Instagram
- Proficient with Microsoft Office suite

Preferred qualifications include retail experience; flexible availability; able to work weekends and holidays; be hard working and reliable.

Great opportunity to learn the ins and outs of running a business!

Call 732-892-0728 for more information.

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**COMBAT TO CAMPUS**

An interactive workshop addressing the challenges veterans face when transitioning from the military to college campus.

**Tuesday, October 8th, 2013**

Club Rooms 107 & 108
2:00 – 3:30

All faculty, administrators, students, and community are welcome!

MU veteran students will answer questions such as:

- What are the unique needs of veteran students?
- What advantages/disadvantages do we face as veterans?
- What are some of the roadblocks we face when transitioning to college?
- What are some common misconceptions about military service?
- How do we relate to other college students, faculty, & administrators?
- Where do society and the college campus succeed or fall short from our perspective?

Audience members will be given the opportunity to ask appropriate questions.

Hosted by the Office of Veteran Services & MU Student Veterans Association

Questions: (732) 263-5258, jhood@monmouth.edu

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**OPEN HOUSE**

Sunday, October 13, 2013
9am - 4pm

Share your Monmouth spirit and make some extra money!

Welcome prospective students and families as they learn more about MU.

Attend one of the following mandatory informational meetings:

- Wed. Sept. 18 @3:30pm Student Center 202B
- Tues. Sept. 24 @1:00pm Student Center 202A
- Wed. Sept. 25 @2:30pm Wilson W-3
- Wed. Oct. 2 @2:30pm Student Center 202B
- Thurs. Oct. 3 @11:30am Student Center 202B
- Mon. Oct. 7 @11:00am Student Center 202A
- Tues. Oct. 8 @3:00pm Student Center 202A
- Wed. Oct. 9 @11:00am Student Center 202A

OR

Contact Jessica Kimball in the office of Undergraduate Admission at 732-263-5877 or jkimbali@monmouth.edu

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**10% off for MU Students!**

(must show valid ID)

Online orders available.

Delivery charges subject to your location

We accept Visa, Master Card, American Express, and Discover.

**small hot or cold sub, chips and medium 24 oz. fountain soda**

$5.99
Expires October 31, 2013

**large cold or hot sub, chips and large 32 oz. fountain soda**

$10.99
Expires October 31, 2013

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- What advantages/disadvantages do we face as veterans?
- What are some of the roadblocks we face when transitioning to college?
- What are some common misconceptions about military service?
- How do we relate to other college students, faculty, & administrators?
- Where do society and the college campus succeed or fall short from our perspective?

Audience members will be given the opportunity to ask appropriate questions.

Hosted by the Office of Veteran Services & MU Student Veterans Association

Questions: (732) 263-5258, jhood@monmouth.edu

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**OPEN HOUSE**

Sunday, October 13, 2013
9am - 4pm

Share your Monmouth spirit and make some extra money!

Welcome prospective students and families as they learn more about MU.

Attend one of the following mandatory informational meetings:

- Wed. Sept. 18 @3:30pm Student Center 202B
- Tues. Sept. 24 @1:00pm Student Center 202A
- Wed. Sept. 25 @2:30pm Wilson W-3
- Wed. Oct. 2 @2:30pm Student Center 202B
- Thurs. Oct. 3 @11:30am Student Center 202B
- Mon. Oct. 7 @11:00am Student Center 202A
- Tues. Oct. 8 @3:00pm Student Center 202A
- Wed. Oct. 9 @11:00am Student Center 202A

OR

Contact Jessica Kimball in the office of Undergraduate Admission at 732-263-5877 or jkimbali@monmouth.edu

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**10% off for MU Students!**

(must show valid ID)

Online orders available.

Delivery charges subject to your location

We accept Visa, Master Card, American Express, and Discover.

**small hot or cold sub, chips and medium 24 oz. fountain soda**

$5.99
Expires October 31, 2013

**large cold or hot sub, chips and large 32 oz. fountain soda**

$10.99
Expires October 31, 2013

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**INTERN WANTED**

Upscale retail furniture and home accessories store in Pt. Pleasant is looking for a well-spoken, energetic and creative intern. Ideal candidate would be:

- Strong interest in sales and working with people
- A student majoring in business, marketing or social media
- Active on Facebook, Twitter, Youtube & Instagram
- Proficient with Microsoft Office suite

Preferred qualifications include retail experience; flexible availability; able to work weekends and holidays; be hard working and reliable.

Great opportunity to learn the ins and outs of running a business!

Call 732-892-0728 for more information.

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**COMBAT TO CAMPUS**

An interactive workshop addressing the challenges veterans face when transitioning from the military to college campus.

**Tuesday, October 8th, 2013**

Club Rooms 107 & 108
2:00 – 3:30

All faculty, administrators, students, and community are welcome!

MU veteran students will answer questions such as:

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- What advantages/disadvantages do we face as veterans?
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YOU NEED A COSTUME...WE HAVE THE IMAGINATION!

HALLOWEEN EXPRESS

STUDENT DISCOUNT
25% OFF
One Single Costume Purchase
Must present Monmouth U I.D.

Offer expires 10.20.13

EATONTOWN
57 Route 36 North
Eatontown, NJ 07724
Tel: 732-542-1959
(Across From Monmouth Mall)
Moments at Monmouth

Left: Professor Michael Donato helps a student make a canvas.
(Photograph courtesy of Alyssa Gray)

Bottom Center: Natalie Zeller playing at Hawk TV’s Rock ‘N Relief event.
(Photograph courtesy of Olivia Caruso)

Middle Center: Joe Sullivan and his unnamed band rock the stage at Rock ‘N Relief.
(Photograph courtesy of Olivia Caruso)

Bottom Right: A line of students waiting to get their coffee fix.
(Photograph courtesy of Alyssa Gray)

Middle Right: Alexa Derosa and Brian Boehler host Rock ‘N Relief.
(Photograph courtesy of Olivia Caruso)

Hey Monmouth!
Interested in sharing your moments? Send your photos to any of the following emails and you just might have them featured in the “Moments at Monmouth” section!
Outlook@Monmouth.edu
or
S0848553@Monmouth.edu

Comics

“Misguided Understandings” by Alyssa Gray

A So-You-Say Comix #26

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The Outlook Celebrates its 80th Anniversary

Stay tuned for upcoming details about The Outlook’s 80th Anniversary contest and how to win fabulous prizes!
Football Tramples Columbia for Second Win of Season

MAGGIE ZELINKA
SPORTS EDITOR

Men’s soccer lost to the Central Connecticut State University Blue Devils 1-0, on Saturday, Sept. 28. The Hawks dominated the entire game with an advantage on corner kicks, 10-2, and possession of the ball 57 percent to 43 percent in the 2-3 win over the Blue Devils.

The contest will be the Hawks’ first conference game as members of the Metro Atlantic Athletic Conference. At this point in 2012-2013, the Hawks were 5-3-1.

MU will next travel to Fairfield, Connecticut to face their third place Fairfield University Stags on Saturday, Oct. 5 at 7 pm. The game’s start time is 1 pm.

Sophomore John Bieczkowski made three tackles in the win against Columbia University.

Soccer Defeated, Lose to CCSU Second Consecutive Year

Despite the impressive win on Sunday, Oct. 5. The game’s start time was 1 pm.

Away
Philadelphia Eagles New York Giants
Seattle Seahawks Indianapolis Colts
Cincinnati Bengals New England Patriots
Denver Broncos Dallas Cowboys
New Orleans Saints Chicago Bears
Baltimore Ravens Miami Dolphins
Houston Texans San Francisco 49ers
New York Jets Atlanta Falcons

NFL WEEKLY PICKS

Maggie Zelinka
Sports Editor
(15-9)

Charlie Batti
Writer
(16-8)

Kyle Walter
Asst. Sports Editor
(13-11)

Eddy Occhipinti
Asst. Athletics Marketing Director

Juniors' quarterback Brandon Hill had one of his superior games of the season, throwing 37 of 37 passes for 214 yards and a touchdown. Hill threw a 13-yard touchdown to senior wide receiver Lamar Davenport early in the first quarter, which extended the Hawks lead to 10-0. The Hawks clinched their scoring with a 13-yard rushing touchdown from Asante late in the first quarter.

Despite the impressive win on the road, Callahan believes that there is still room for improvement. "We have some opportunities that we left on the field. We need to improve a little bit so we can capitalize on them," he said.

Callahan hopes that the success of the last two weeks will propel the team forward. "The success of the last two games is certainly something that we can build on," stated Callahan.

Hayes echoed the sentiment of his head coach. "We continue to see progress each week. It helps the offense's confidence to much when the defense can continue to make big plays. We're finally going in the right direction right now," said Hayes.

The Hawks are looking to continue their winning streak as members of the Metro Atlantic Athletic Conference (MAAC). At this point in 2012-2013, the Hawks were 5-3-1.

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Women’s Soccer Scores Another Win

EDDIE ALLEGRETTO
SPORTS WRITER

The women’s soccer team defeated conference rival, the Canisius College Golden Griffins with a score of 2-1 on Saturday, Sept. 28 at The Great Lawn. The Hawks improve to 3-6 overall and 2-0 in the Metro Atlantic Athletic Conference (MAAC) while the Griffins fall to 7-1 for the season and have only won once when on the road. The Orange’s record is 8-1.

“They were point blank shots from inside the eight yard line, we were either hitting everything right at the keeper or not getting a shot off,” Turner continued. “The goalie netted her sixth goal of the season. Canisius tied it up in the 28th minute. Canisius seized the opportunity as Brianna Smith scored an unassisted goal marking her seventh of the season for the Golden Griffins. MU had a chance to gain the lead at the end of the first half but was not able to pull ahead after a couple of beautiful saves by Delaware’s Sarah Schoenfeld. “We knew this was our game. We just had the mentality that we were going to finish it and we were going to win,” said Schoenfeld. With 21 minutes remaining, the Hawks were able to break the tie when junior Hannah Loux sent a beautiful pass to the middle of the field where Schoenfeld didn’t hesitate in sending a rocket past Schoer to give MU the lead. “She’s (Schoenfeld) been fantastic for us,” said Figlio. “She’s really a product of hard work, she’s made herself into a great hockey player.”

The goal was Schoenfeld’s third in the past three games and her fourth of the season. “My teammates have been helping me by getting the ball up the field allowing me to score more this season,” Turner said.

MU was able to hold onto the lead for the remainder of the game. The Blue and Gold outshot the Griffins 17-6 and 8-1 for the season and have only won once when on the road. The Orange’s record is 8-1.

Field hockey improves to 3-6 for the season after they defeated nationally ranked No. 20 University of Delaware on Sunday, Sept. 29.

The Hawks reflected Turner’s message in the second half as they quickly scored to regain the lead. As the puck readied itself, the Blue and Gold were able to control the ball and the clock. The Hawks were close to extending the lead when Loux got a shot past Schoer, but it clanked off the right post. MU was able to garner three more corners in the last four minutes but could not get the clock and secure the upset.

“We want to progress from the Blue Line this season. Alex Carroll, Carli Figlio. “If we just listen to the small things and organize our self on the field, we can do anything we want this season.”

MU moved to 3-6 on the year with the win, while the Blue Hawks remain at 6-3. Delaware had been ranked as highly as 18th nationally in the Penn Monto/NFCHA polls. Their two previous losses were to ranked opponents (No.4 Penn State and No.13 Boston College). “We knew we had tough competition in front of us, so we knew we had to come out harder than we ever have,” said junior Amanda Schoenfeld.

The Hawks notched the first goal of the game 20 minutes in when freshman Alyssa Erco-lino sent in a corner that connected with the stick of senior Alex Carroll. Carroll then sent the ball to fellow senior Trish O’Dwyer who fired a shot past Delaware goalie Sarah Scher. MU was able to hold onto the lead going into half with the help of a great sliding save by junior goalkeeper Amanda Westerweller that redirected the shot off the left frame of the goal.

MU held the lead until five minutes into the second half when Delaware’s Kasey Pretty-man delivered a pass to Esmeee Peet. Peet was able to get her shot just above the outstretched right leg of MU’s Westerweller, who delivered a save. The Blue Hawks and Blue and Gold then traded possession continuously until the 46th minute of the game when the Hawks started to apply pressure with multi-ple chances to score. MU was able to force back-to-back corners, but was not able to pull ahead after a couple of beautiful saves by Delaware’s Sarah Schoenfeld. “We knew this was our game. We just had the mentality that we were going to finish it and we were going to win,” said Schoenfeld.

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"Our success comes from using our athleticism and our skill to make the field as big as we can make it.”

KRISsy TURNER
Head Coach

The Hawks’ field hockey team pulled off their most notable win of the season on Sunday, Sept. 29 in a thrilling 2-1 victory over the Delaware Blue Hens on So Sweet A Cat Field. “It was really important for us to win today, but it was more important for us to actually work hard for the 70 minutes just to prove that we can do it as a team,” said MU head coach Carli Figlio. “If we just listen to the small things and organize our self on the field, we can do anything we want this season.”

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MU defensive back Pat Gray played his part in the 37-14 victory over the Columbia Lions. Gray had four tackles total in the contest, three of which were solo.

Full Story on page 26

Also in Sports:
Men's soccer bested by CCSU Blue Devils  ... Page 26
Field hockey wins over UDel, 2-1  ... Page 27
Women's soccer remains in first place  ... Page 27