Student Loan Debt in New Jersey Increases Over the Past Five Years

A recent study conducted by the Institute for College Access and Success (TICAS) that ranked the volume of loans accumulated by the students. Pictured above are majority of the colleges and universities featured in the study.

Paul Williams
Staff Writer

A recent study found that Monmouth University students are borrowing more money to fund their education than the average American college student. The study completed by the Institute for College Access and Success (TICAS), an independent nonprofit research group that concentrates its studies on higher education, also found that among NJ colleges, the university is ranked average in borrowing among private universities and lower than some public universities.

The study determined that the average amount of debt the average college student accumulates varies greatly across the country. Students in the East and Midwest areas of the nation tend to borrow more than students in other regions of the country, the study found.

The average amount of debt incurred by University students who graduated in the 2013 school year was $30,798, according to Claire Alasio, Director of Financial Aid. According to the ICAS report, the average college graduate owes about $27,000 in loans. University graduates borrow about 14 percent more than the national average.

The TICAS report noted that the amount of student loan debt has steadily increased in the last five years. Although, Alasio explained that in direct effect of the increase, tuition financing among University students hasn’t experienced considerable growth in that time frame.

In 2008, the average loan debt was $27,224 and in 2013 it was $30,798. This is a $3,500 increase in average borrowing. However, when you consider that in the same period the tuition went up by $6,680 and room and board went up by $1,900, you can see that student borrowing really hasn’t gone up significantly,” Alasio said.

The $30,798 amount that Alasio stated places University students at the median of borrowers among the eight other private colleges in NJ that the TICAS report examined. In the 2012 school year, graduates of Centenary College averaged $40,588 in debt, followed by Felician College ($38,995), Georgian Court University ($36,114), and Rider University ($35,449), all ranking above the University. Drew University ($24,470), Caldwell College ($21,209), Bloomfield College ($20,467) and Princeton College ($20,467) ranked below the University in average debt of their graduates. Data for Farleigh Dickinson University, Saint Peter’s College and Seton Hall University were not provided.

Several public colleges in NJ, including Rutgers, have a lower price tag for tuition, and thus a lower amount of graduate debt.

 Loans continued on pg. 4

Students Learn to Identify Signs of Sexual Assault

Taylor Copp
Staff Writer

A sexual assault prevention program called Sex Signals was hosted by the Student Activities Board (SAB) and Catharsis Productions on Saturday, Feb. 8 to discuss the signs of sexual assault as well as the presence of it on college campuses.

Sex Signals used an unconventional approach to tackle the serious issue of rape through the use of humor, improvisation and audience interaction. The event featured two actors from Catharsis Productions, who are trained in sexual violence prevention. Performers Christopher Beier and Amanda Moore started the conversation by engaging the audience and asking them about the factors that contribute to sexual harassment. Beier and Moore initially got the audience involved by asking about male and female stereotypes, but eventually switched gears. Beier and Moore performed an improvised skit titled “Not My Fault,” which depicted Moore questioning Beier about an alleged rape he committed. Beier answered questions from Moore and the audience to clarify the situation and prove he was not at fault for the rape.

According to the University Guide for a Safe Campus Handbook, in 2013, there were two reported cases of sexual assault and one reported incident of sexual contact; however, there have been no cases reported so far in 2014.

Williams McElrath, the Chief of University Police (MUDP), said, “Sexual assault is a big issue on college campuses and society in general. I believe it is one of the most underreported crimes taking place.

Sex Signals continued on pg. 4

Health Concerns Behind Birth Control

Alvissa Gray
Comics Editor

In direct result of the recent NuvaRing lawsuits, the potential side effects of available hormone-based contraceptives article released in January.

NuvaRing, which is a ring inserted into the vagina, is a form of birth control that releases hormones intended to prevent ovulation and pregnancy.

In the Vanity Fair article, have been questioned.

“There are currently more than 1,000 pending lawsuits against the NuvaRing manufacturer Merck & Co. for their failure to properly warn the public about the severity of the contraceptive’s side effects.”

According to an article in Vanity Fair, the scientific reports of the hormones used in the NuvaRing found that the hormone desogestrel was used during manufacturing.

Vanity Fair stated that Birth Control continued on pg. 3

Index

News

2

Op/Ed

6

Politics

8

Lifestyles

10

Entertainment

12

Features

14

Club and Greek

16

Comics

21

Sports

22

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February 19, 2014

VOL. 85 No. 16

The Oscar nominated film "12 Years a Slave" earns a raw review.

Entertainment

The Oscar nominated film "12 Years a Slave" earns a raw review.

page 12

page 16

Club & Greek

Alpha Omicron Pi held their first philanthropic event called "The Ultimate Monmouth Match."
As Heroin Epidemic Worsens, Prevention Increases

BRIANNA MCCABE
CLUB & CREEK EDITOR

Due to the rapidly rising heroin overdose fatalities in Monmouth and Ocean County, law enforcement officials are seeking ways to combat the recent heroin epidemic. Christopher Gramiccioni, Acting Monmouth County Prosecutor, said, the efforts that law enforcement officials will be able to hold include increased education about the drug, which will also emphasize traditional enforcement of narcotic laws.

As defined by DrugFree.org, heroin is a highly addictive drug derived from morphine. Heroin is a “downer” that interferes with the brain's ability to perceive pain and can be injected, snorted or smoked.

Gramiccioni said there were 57 confirmed deaths caused by heroin overdose in Monmouth County in 2013. He believes the rise in overdoses can be traced to the drug's accessibility, purity ranging from 45 percent to almost 100 percent, and lethality.

According to Dr. Liviu Holca on Jan. 24 for illegal possession of both Percocet and Xanax. Liviu Holca on Jan. 24 for illegal possession of both Percocet and Xanax.

The Asbury Park Press has spoken to schools in the area and will continue to host forums directed at students and their parents to inform the masses of the epidemic as well as to urge anyone that is suffering from addiction to seek treatment.

Gramiccioni believes that although treatment seeking seems to be in vogue, this idea is faulty because treatment is not readily accessible to addicts. The psychologist further concludes that because of this, addicts will continue to use time and time again, which will only further worsen the epidemic. "Addicts seeking treatment often have to go through a labyrinth of restrictive company and managed care policies or be put on lengthy waiting lists if they lack insurance," said Cavaiola.

"I have never experienced anything that made me not care the way heroin did. I became a lying, manipulative, thief who did anything and everything to get the next high," said Tripodi. Despite the dark years of battling addiction, Tripodi is now approaching her two year anniversary of being drug-free this March. "Life after drugs is possible. I know because it has happened for me and it can happen for you too." Students seeking help can visit the Office of Substance Awareness in the Health Center or the Psychological Counseling Center.
A lack of sleep within adults has become an epidemic affecting between 50 and 70 million Americans as young as 18, according to the Center of Disease control and Prevention. This becomes an issue on college campuses when students cannot perform to the best of their ability due to lack of sleep.

Between classes, work, and daily activities, the average college student spends six to seven hours per night sleeping, which is below an average of seven to eight hours. Mancini, Director of Psychological and Physical Education, has recognized the importance of sleep.

"Students may have trouble sleeping because of their sleep pattern, but it can also be due to lifestyle and nutrition factors, like eating food late at night, said Mancini. In addition, large amounts of alcohol or caffeine can suffer from sleep deprivation as it robs the body from its natural functioning," said Mancini.

Schaad explained that students need to get the full impact of not getting enough sleep. He also added, ‘you also fit in sleep with a good solid six to eight hours to function properly.’

Even though the idea of not getting enough sleep might not seem like a tremendous sacrifice as a young adult, it can later on have long-term consequences with mental and physical health, Mancini explained.

According to the National Institute of Neurological Disorders and Stroke, “The main reason adults need sleep is to relax and recharge their mind and bodies. At night when sleeping, humans go through five different cycles of sleep in which the brain slows down and produces different waveforms called delta waves.” The institute’s website, www.ninds.nih.gov, further explains the benefits of sleep. "It is called a Rapid Eye Movement (R.E.M.) cycle, which can last anywhere from 90 to 110 minutes, and can repeat four to six times a night. This is why napping for more than 30 minutes will lead to grogginess and disruption of sleep schedule."

"We frequently see students who have issues related to sleep deprivation and poor sleep hygiene in general,” said Mancini. "Some of the things that students need to keep in mind are..."

For more information on students who have difficulty falling asleep, read more on the following page...
Variations in Student Loan Debt

The amount of financial aid distributed by institutions of higher education should become as important a consideration as the tuition rate of the other college itself when students decide where to attend school. According to Robert Scott III, associate professor of economics, "There’s a difference between price and cost. The sticker price might be $45,000 or $50,000 a year, but in reality very few students pay that." Scott said. "In some cases they are taking advantage of financial aid and their return on it. But I think it is important to make that distinction." Scott adds, "Speaking gener-
ally, part of that is the fault of the colleges for not educating its students on what they are paying for, and making them understand what that means in the long run."

The University has placed a great emphasis on the socialization process prior to the arrival of new students. However, according to Asaro, "You could never really prepare a student for the socialization process that takes place after a party. I do not recall any sexual assaults involving students who were not already in the mainstream of events."

Asaro also noted that since the economic downturn there has only been a two percent rise in student applications. "When the economy was good, there was a lot of competition for places at prestigious schools. But that has changed," he said.

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“Alternatives to Anxiety”

Relax—and prevent fear and worry from getting the better of you in different situations. You will learn to manage the symptoms of anxiety, reduce obsessive thinking, and improve your self-confidence.

DATES:  Wednesday, February 26
        Wednesday, March 5
        Wednesday, March 12

TIME:   3:00 – 4:00 P.M.

PLACE:  Student Center, 3rd floor, Room 327

Drop In for one or all of the programs

Sponsored by Counseling and Psychological Services
For special accommodations, please contact us prior to event at 732-571-7517
THE OUTLOOK STAFF OPINION

Buying and renting textbooks at the beginning of each semester is perhaps one of the most stressful and odious aspects of college life. Before classes start, students are able to log on to their WebAdvisor account to view the list of books needed for each course and whether or not they are required or only recommended by the professor. While The Outlook staff understands the educational value of textbooks, most feel that they are unnecessary.

The University encourages both students and faculty to utilize the various online outlets that are provided such as course syllabi, where professors have the ability to upload assigned readings. The Outlook feels as though it would be a lot easier and cheaper if professors just posted all of their readings online. In fact, one editor expressed that the college textbook is irrelevant because of the web-based tools that exist today. The University library also provides online databases such as Ebsco Host that make scholarly articles, journals and other publications available to students and faculty free of charge. Some of The Outlook staff believes that professors can find the same or similar information in these databases as they can in expensive textbooks.

Another editor explained that it is not the purchasing of textbooks that is troublesome; it is the amount of times the textbook is actually put to use. "I don't want to carry around 20 pounds of dead weight," said one editor. "If we're going to use the textbook, then there is just another created expense for students, but returning and selling books back can be an even more discouraging experience. If for some reason a student drops or adds a class in the very beginning of the semester, textbooks rented from the University bookstore can be returned up until the end of add/drop week, with the original receipt.

Overall, The Outlook staff understands that textbooks, when used properly and efficiently, are valuable resources for learning. However, the expense of these books, when not actually put to use, can become a struggle in terms of both students and professors' decisions to hardly ever sell these books back or rent textbooks. One editor pur chased a book that was written and assigned by professors, books that students must acquire in a certain edition also cause some controversy. Quite a few professors feel as though students purchase a specific edition of a book at the beginning of each semester and this can be a struggle in terms of both buying and selling back these particular textbooks. One editor said, "People spend a lot of time and money to write these books and then there is just another created expense for students." Whether or not they are required or only recommended by the professor, books are never used during class. They are provided such as eCammel, which provides online databases such as Ebsco Host that make scholarly articles, journals and other publications available to students and faculty free of charge. Some of The Outlook staff believes that professors can find the same or similar information in these databases as they can in expensive textbooks.

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...is it the amount of times the textbook is actually put to use...
On Feb. 23, the NASCAR Sprint Cup Series season will kick off with the 56 running of the Daytona 500. This race is often referred to as the “Superslow of stock car racing” despite the fact that, on its face, it appears to be more like traffic on the Garden State Parkway at 200 m.p.h than something you'd like to do while watching the Seahawks down the field at MerlLife Stadium. But while all that remains, arguably the most popular sport in America, a few comparisons can be drawn between NASCAR's biggest race and football's biggest game.

WILLIAM RONDA
STAFF WRITER

The Super Bowl Of NASCAR:
Daytona 500

Honest Hearts Produce Honest Actions
JACKLYN KOUEFATI
EDITOR-IN-CHIEF

There are many morals that people hold close to them. Respect. Loyalty. Truthfulness. Today, I want to talk here about the gray area of honesty. Is it really the best policy? Or should we run away from it? Must we run away from it? Most people will tell you to be honest because honesty catches up with you eventually. It makes sense.

Think about it. For example, remember that time you told your mother that you look nice in her new dress and your friend catches it up with you eventually. It makes sense.

There are many morals that people hold close to them. Respect. Loyalty. Truthfulness. Today, I want to talk here about the gray area of honesty. Is it really the best policy? Or should we run away from it? Must we run away from it? Most people will tell you to be honest because honesty catches up with you eventually. It makes sense.

Think about it. For example, remember that time you told your mother that you look nice in her new dress and your friend catches it up with you eventually. It makes sense.

The example I used above, switch your mother and put in your girlfriend. Your best friend that's dating that guy two and a half years younger than her? I would say it's more black and white. Well I guess it's more one color versus the two because you never know. Don’t even lie to her. Use your girlfriend.

The answer to if age matters is what matters is where the two are in life. I love the white vs. yellow because she believed he was too young. She would say it's a lie. She’s the one to have her eyes on the future. I would say it's a lie. She’s the one to have her eyes on the future. So does age factor in? Since they were both in a relationship, their love is stronger. Since they were both in a relationship, their love is stronger.

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Unemployment Cuts Affect 1.3 Million Americans

Long-Term Unemployment Helped 24 Million People During Recession

JASMINE RAMOS
STAFF WRITER

Approximately 1.3 million Americans received their last unemployment check once a federal program supplying extra weeks of benefits ended on Dec. 28, 2013. Beginning on Jan. 1, the maximum period allowed on unemployment is dropped from 52 weeks to 26 weeks.

The extended benefits program began during the Bush administration in 2008. It was in response to the long-term unemployment during the recession, creating the ability to help extend unemployment benefits to about 24 million Americans.

Since the expiration of the benefits, Congress has been back and forth on creating a proposal on whether to extend the benefits again. According to The Washington Post, Dem- ocritans proposed to pay for $6 billion extension with “pension smoothing” that temporarily raises taxes from em- ployers by allowing them to pay less into employee pension funds.

In an interview, Labor Sec- retary Thomas Perez said that the major components of the plan that the Obama administration has for extending unemployment insurance includes proposals for unemployment benefits as well as to raise the minimum wage and overhaul federal immigration law.

“If at first you don’t succeed, try, try again,” Perez said. “If you cut these benefits, you not only hurt those people but you also create a further drag on the economy.”

However, Republicans continue to block the renewal of federal jobless aid. “We peeled up four [GOP] votes. The other votes are the Republican caucus. We can’t find it,” said Democratic Sen. Jack Reed of RI, who has been leading the effort to revive the benefits.

On Feb. 12, extending the federal unemployment benefits did not make the agenda discussed by Congress. Two weeks later, the issue could come up again by Con- gress at the end of Feb. This is two months after the benefits were cut, and the number of citizens, having their benefits cut to continue.

“It is politics rather than econ- omics that led Congress to end extended unemployment ben- efits,” says Dr. Steven Press- man, professor of economics and finance. “Unemployment insurance in the U.S. is fiscally sound, so that was not the rea- son for not extending benefits. And the program can always be supported with general tax rev- enues.”

“There are, however, two problems with the unem- ployment program. First, ben- efits are rather meager in the U.S., especially compared to other developed countries. On average, the amount of unem- ployment insurance in the U.S. replaces a bit more than half of previous wages, while in the Nordic countries the fig- ure is around 70 percent on aver- age. In Canada, our neighbor to the north, it is more than 60 percent.”

Second, it is hard to collect benefits in the U.S. Any parent that loses a job as a labor force for a year or more to take care of a new child is not eligible for un- employment benefits when they start looking for a new job. This is not the case in most European countries.”

In response, Republicans and Democrats have said nothing but make unem- ployment and poverty more comfortable, while overseeing insufficient job growth, accord- ing to The New York Times. They believe that overly gener- ous government support only encourages dependency, a thin- ness.

“In February 19, 2014 Politics

The Outlook

Similarly said, “Speak softly and carry a big stick.” Roosevelt backed up his statements with photos and easy interview access.

T. Roosevelt’s role as a trust buster is very famous. During his presidency, he dissolved 44 monopolies to avoid corrup- tion in corporations and capitalism. He believed in fighting for the consumers to not pay astronomical prices that could be associated with his presidency. His trust busting led to monopolies be- ing destroyed and made the American presidency a cen- terpiece of the morning newspa- pers with photos and easy interview access.

T. Roosevelt’s ability to stand up for capitalism but not let it get out of hand was a major part of his presidency. His focus was on the consumer while letting businesses make a profit and on corruption in business could be used today as a model because in today’s business profits rise, the consumer and worker gets lost in the shuffle. According to the Census Bureau, the corporate profits before taxes in 2009 were $1,317,000,000,000 before taxes, while the federal minimum wage was $7.25 an hour. My belief is that Roosevelt would be concerned with such a large gap between the businesses and workers.

T. Roosevelt was considered by many scholars the first con- servationist president. He estab- lished the United States Forest Service, proclaimed five na- tional parks and signed the 1906 Antiquities Act, under which he proclaimed 18 new U.S. Nation- al Monuments. He placed ap- proximately 2330 million acres into the public domain. T. Roosevelt would be con- cerned with the amount of land and protection for the environment. He said in a speech, “The man who has youth and strength who seeks adventure in the wide, waste spaces of the earth, in the marshes, and among the vast mountain masses, in the north- ern forests, amid the steaming mountain masses, in the north-

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The Outlook

battle of the roosevelts: theodore roosevelt

Teddy Roosevelt was a Trust Busting Environmental Conservationist Who Helped Establish the Panama Canal

CHRISTOPHER ORLANDO
MANAGING EDITOR

Theodore Roosevelt’s repu- tation for a trust-busting, major conservation figure with re- gards to the environment puts him among the best presidents. His focus was on the consumer while letting businesses make a profit and on corruption in business could be used today as a model because in today’s business profits rise, the consumer and worker gets lost in the shuffle. According to the Census Bureau, the corporate profits before taxes in 2009 were $1,317,000,000,000 before taxes, while the federal minimum wage was $7.25 an hour. My belief is that Roosevelt would be concerned with such a large gap between the businesses and workers.

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THEODORE ROOSEVELT

Theodore Roosevelt was the 26th President of the United States and was famous for trust busting, conservation and the Panama Canal.
The Olympics are a unique event in the operation of human soci- ety. Every 4 years, for 17 days in the summer, the world's elite athletes come together to compete in the pursuit of glory. This year, the Olympic Games, held in Sochi, Russia, have led to the ignorant and unjust legisla- tion. A brief survey of Russian history and the image politics of the country's current leader, the world-renowned self-proclaimed strong- man, is in order. The history of Russia is one highlight of the story accompanying the typical Olympic Games has come to the world. It has been dubbed by much of the media.

The legislation, which is extremely vague in its wording and intent, was signed into law by Putin in June of last year. The intent, was signed into law by the absolute monopolical leadership of the Tsars through the 19th Century, the saw the rise of Russia as a military power. The 1971 Bolshoi Revoluition put an end to the monarchy, but the empire lasted and Russia en- cintric what brought Russia to the zero-sum game principles of Ma- terialism.

The key to understanding Rus- sian geopolitics is hard power pro- jection that is, as political science professors Charles Kindleberg, the bulletin of military as- sets in the every man for himself world. The superpower principle, chauvinistic classical Realism, pre- cisely what brought Russia to the history of the world's stage. Upon the collapse of the So- viet Union in 1991, Russia's place in world affairs came under threat. A superpower was brought down by the internal insti- tutes or foreign invasion, but by its own internal inefficiencies. Such devolution means an expression of weakness to the outside world and such an image is disastrous in the face of maintaining global influ- ence. In Russia, has built up its armed forces, taken steps to grow its economy and bases of collec- tion, and has projected its hard power assets in the form of a con- tinued manned presence in space as well as in diplomatic affairs. An example is the unilateral chemical weapons agreement recent- ly signed by Syrian leader Bashar Assad and the Kremlin in an ef- fort to stave off threats to Russian assets in the Mediterranean. To show off its efforts to rehabilit- ate itself and renovate its image, hosting the Games demonstrates that Russia can host a world-class event replete with pomp, circum- stance, and security.

The reports from Sochi, howev- er, have been different. Along with the obvious and now infamous ring- ing of roads, bridges, schools, post- offices, etc. and the Social Security program, in order to prevent people from with- drawing money.

From there, according to His- torical.com, Congress passed “The Emergency Banking Act” which al- lowed him to close down the banks that were broke. He advocated for the people to put their savings back into the open banks, through his first “Fireside Chat”, and due to this about three quarters of the banks re- opened.

FDR’s Fireside Chats are one of the most important aspects of his presidency, and for the first time in the history of the presidency, another “we” showed up in the government, the very standards from the develop- ment of the country of the by the people, for the people.

The Fireside Chats provided peo- ple with comfort, hearing the issues directly from the president and being a part of the course of action within their homes. The President had the means to lift their spirits, which helped them re- store their faith in the government and pull out of the economically hard times.

Within his first 100 days, Roos- evelt’s New Deal act which estab- lished the Federal Deposit Insur- ance Corporation, was the 32nd President of the United States. The Franklin Roosevelt was the better Roosevelt President

Battle of the Roosevelts: FDR versus Roosevelt was the better Roosevelt President

Franklin D. Roosevelt took of- fice during the greatest crisis in American history since the Civil War. When he was inaugurated in March of 1933, one quarter of the population was unemployed, factories were shuttered, and America was living hope. Roosevelt came in while maintaining the confidence to slay the dragon that was the Great Depression.

His first 100 days perhaps were some of the most important in any his- tory, and set an unremarkably high standard to which all others since have come. FDR changed the political landscape of America with his “New Deal.” action, bringing America and people from a economic depression that deeply crippled the country.

In FDR’s inaugural address he told the American people, “Let me as- sume my firm belief that the only thing we have to fear is fear itself.” Restoring hope and faith into a na- tion that had lost to so much.

Franklin D. Roosevelt’s confi- dence led him to act quickly with restoration of the economy. His first action was to assemble the Banking Act, in order to prevent people from with- drawing money.

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Feature: Sochi Olympics Fuels Many Debates in International Relations

A group of torch bearers hold the flags of various countries at the North Pole before the beginning of the Olympic torch relay.
**New York Fashion Week 2014**

The Biggest Trends to Grace the Runway will be Hitting the Streets Next Fall

**KYLE O'GRADY**

CO-EDITOR-IN-CHIEF

It’s hard to think about the cold returning once again when the only thing on people’s minds are hot summer days. But last week in NYC the cold weather was overshadowed by all the great new fashion trends that will be seen in store windows; last week was New York’s Fall Fashion week. The major trend that carried through the entire week was warmth. Maybe it was this year’s abnormally cold winter that inspired designers or maybe it was simply a trend that everyone agreed on. No matter the reason, there is no doubt you will be keeping warm next season in style.

Coats were a major trend, from puffy parkas to shearling jackets. Large, bulky warm outerwear was seen all over the runways. There was not one show that did not include a puffy jacket. All the warm jackets make it almost exciting to know that next fall it will be cold again. Although it seems impossible to ever think of parting with your skinny jeans, a trend to try on next fall might be the wide legged pants.

Junior social work major Aniyah Agabiti said, “I think they’re chic. The runways were adorned with the season. Next fall it will be cold again. Those apps show you the original price you’d pay. There are also Broadway theater discounts, and museum club discounts, and museum vouchers, among others. If you’re looking for a cheap getaway, check out Living So- cial. Whether you want to go near or far, you have deals for just about any location. You can score a room at the Trump Plaza Hotel in Atlantic City for only $44, and they have a $10 credit to the gift shop on certain days as well. Cottages in Cape May are offered, as well as vouchers to fishing trips, hair and nail polish are also trends that will be changing with the season.

The hottest nail polish colors are pale pastels and nudes. But if you’re looking for that extra pop, stick to a classic dark red. Makeup trends include bold lips, silky smoky eyes, green eye makeup and bold liner. Hair trends include perfected ponytails, wavy and pretty bali- dana up-dos. Overall, the biggest trend was minimalist makeup to match the nude nails.

Taylor Kelly

**TAYLOR KELLY**

CONTRIBUTING WRITER

Who doesn’t love a deal or discount? With the Groupon and Living Social apps, you can get great prices on all types of items in seconds on your phone. Without the hassle of coupon clipping, these apps can save you up to 55 percent off on everything from gifts to getaways to exotic islands.

After downloading the app or visiting the website, you can type in your zip code in order for Groupon or Living Social to narrow down the best deals around you. They have general features of pages that you can browse, but they also have color categories if you know exactly what you’re looking for. You can also search specific products to see if they are offering anything. Both sys- tems show you the original price of the item and the price you’d pay by purchasing a voucher, as well as how many vouchers have already used the same discount.

A sophomore psychology ma- jor Caitlin Golden said, “I like these apps. They always have great deals and they also give you great ideas for gifts for others. Deals are always changing, so you can find new products and packages daily. There aren’t just products and vaca- tions, there are also coupons for restaurants and activities. Bounce!

of Eatonville has up to 55 percent off with Groupon, and Tre Amici offers a $50 din- ner credit for only $25. There are also nearby yoga, dance fitness, and pottery classes for discount.”

Microdermabrasion, deep massages, and teeth whitening sessions are also offered with more than 70 percent off of the original price you’d pay. There are also deals on hair coloring, cuts, and manicures. These are all perfect for someone who doesn’t want to pay a lot of extra money for luxury treatments.

A junior education major Bri- anna Mahoney said, “I found ten yoga sessions for really cheap. Usually these types of classes are expensive, so I was surprised at the price I got with the Groupon.” If you feel like taking a day trip or you plan on doing something in the city, there are also a few different options in Groupon before you go. There are plenty of discounts to check out before you go, and these are deals that you may have never thought you could go on before, but can make for a fun day out. One great deal you may have already discounted so you don’t have to worry about spending a ton of money.

On the Cupcake Walking Tour of New York, you can visit six different bakeries and taste sweet treats from all of them for only $20 per person. How much sweeter can you get? There are also Broadway Theater District Tours, comedy club discounts, and museum vouchers, among others. If you’re looking for a cheap getaway, check out Living So- cial. Whether you want to go near or far, you have deals for just about any location. You can score a room at the Trump Plaza Hotel in Atlantic City for only $44, and they have a $10 credit to the gift shop on certain days as well. Cottages in Cape May are offered, as well as vouchers to fishing trips, hair and nail polish are also trends that will be changing with the season.

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With all of these fall trends, it’s easy to forget the spring 2014 season still awaits us. No one wants the cold to once again return, but hopefully these hot fall looks make the return of winter seem a little more excit- ing. New York Fashion Week proved that we can still feel, look and dress warm despite frigid temperatures.

**Save Big With Groupon and Living Social**

Groupon and Living Social offer deep discounts on vacations.
ADVANCED SUMMER REGISTRATION BEGINNING MARCH 10, 2014

Continuing students in good academic standing are invited to register EARLY for all the Summer 2014 sessions. The WEBadvisor online listing of SUMMER COURSES will be available 2/10/2014. Students will be able to self-register using the WEBregistration component of WEBadvisor. Students who have not yet obtained advisor approval will need to register in-person at the Registrar’s Office.

WEBadvisor Screens for Registration:
- Course Schedule Information
- WEBregistration Approvals / Blocks
- Course Prerequisite Worksheet
- Search and Select Courses
- Register for Previously Selected Courses (Worksheet 2)
- Remove from Waitlist

Questions … Contact registrar@monmouth.edu askanadvisor@monmouth.edu

Spend the next academic year living at the beach!!!

Residential Life is now accepting applications to live at Pier Village and the University Bluffs through March 3rd

Find the application at monmouth.edu/reslife

Email questions to jmiele@monmouth.edu
**12 Years a Slave**

*Entertainment*  
February 19, 2014

Two films have been considered front runners since day one: “12 Years a Slave” and “Gravity,” both of which focus on the themes of the human spirit, but do so from unique perspectives.

“12 Years” tells the story of a free man (Chiwetel Ejiofor) sold into slavery in the Deep South. In his first Oscar-nominated role, McQueen chooses this slave trade tale as his directorial debut, drawing on his own knowledge of this period. What one might not expect, however, is how much more ambitious, beautiful, and exquisitely crafted films of last year, and it abounds with intricate details. Films about slavery have been done before, but few match the passion and conviction of Steve McQueen utilizing in his take on Solomon Northup’s 1853 memoir of the same name, bringing the era of slavery to life like never before. But what really makes “12 Years” stand out is it’s duality, almost conflicting aesthetic beauty of and ugliness: One moment you’re taking in breathtaking shots of vast cotton fields and Southern landscapes, the next you’re cringing in your seat at depictions of horrific abuse and the brutality of the plantations.

“12 Years” tells the story of Solomon Northup (Ejiofor), a free African American living in Saratoga, NY with his wife and two children when he is recruited to work in Louisiana. An expert violinist, Northup one day encounters two dapper, eccentric planters, John Epps (Lenny Abrahamson) and NASA’s chief chimpanzee trainer, Whipple (McNair and Taran Killam), who offer him a job playing violin for two weeks, to which Northup enthusiastically accepts.

Unfortunately, Northup is deceived by these gentlemen, awakening in chains and on his way to Louisiana to be traded into slavery like a piece of livestock. Torn from his family, his freedom, and all human rights, Northup endures backbreaking labor and abuse he has never before seen. Northup endures the pain of his owners, from the surprisingly sympathetic to the unrelentingly cruel, to see his family again. Playing a violinist who endures such suffering for twelve long years is no small challenge, but Ejiofor’s work is impeccable, making it look effortless. Though he speaks relatively few lines throughout the film – especially for a lead role – Ejiofor radiates emotion and pain in much more subtle ways, typically letting his eyes and expressions do what words hardly could. There is also a clear level of strength and defiance that Ejiofor brings out in his character as well, as seen when arguing with fellow slave Eliza (Adupe Oduye) about staying strong in the face of despair or when he stands up to barbaric behavior of carpenter John Tibeats (Paul Dano). Ejiofor might not be a house hold name, his performance here is undoubtedly something to be recognized for, in addition to the Academy will recognize as well.

Of course, the film features a number of memorable acting portrayals as well, and while the more good-natured characters — like the slave who is Northup’s best friend, Solomon (Epps) — are sometimes outshone by the more menacing (Southpaw), the performances overall are captivating. McQueen’s 12 Years a Slave (Phoenix) tells the story of a free man spirited away to the Southern plantations who must make the choice of remaining true to his spirit or being transformed by the process of slavery. As if the race between these two power contenders wasn’t close enough, throw in “American Hustle” — a salty, star-studded drama about con artists working in the 1970s. This film was directed by David O. Russell, who has successfully created an Academy darling again.

McQueen manages to capture the essence of the slave trade rather than a historical drama or lecture on the brutality of the institution. ‘His performance made the movie work,’ says Jones. ‘He’s the driving force of the film, the beating heart of the story.’

“12 Years” tells the story of two kids in the mid-19th century. One of them, Northup, will remain in the hearts of audiences long after Oscar night. It remains to be seen whether Northup and his family will manage to survive, but what is clear is that the film’s impact is profound, making it a worthy contender for the Best Picture statue on Mar. 2.
Marcus Wicker incorporates various aspects of popular culture into his poetry, referencing everyone from Justin Timberlake to Flava Flav. This season first moved to Bloomfield, Indiana, and was encouraged by one of his students to check out a new upcoming coming to a local college bar. "This isn't so much a poem as it is a question," Wicker asked, "just wrote it all down," referring to the drunk and disorderly nature of "poetry." The last poem Wicker read was one inspired by "To You," this one quoted from when he was first to rise out of the "holiday" isles of CVS,  "talon ribsam, a junior english major, thought he was a great poet. "I really appreciated his love and understanding of multiple genres of music," Ribsam said. "he took the knowledge and emotion and incorporated them into his poetry."

"I want to be a poet who can do anything," he said, in addressing his passion for writing and his love of music, adding, "I'm trying out different genres of music, Mc's and just scanning the lines."

He also discussed his early life, such as his alcoholism and having dropped out of school and decided to drop out at the last minute, but had been accepted to as a writer at another school, he needed to catch up. "The thing he said, "was his alcoholism because they hurt. The saddest thing is the repetition. The相通 is just better at playing the political roles and doing is more money than he is. The next best plot is primarily focused on the background and the political aspects of the story. Since it eventually blows up in the end, the entire plot thickens around the scandal of tank, a wealthy influential man who is the main character and his contributions to campaigns and par- ties. Tank's goal is to take down Frank Underwood, with the help of the lobbyists and other groups in order to do so creating Under- wood's arch nemesis, and maybe even his own death. However, overall it's a money- making plot by far the best."

With that, the night came to a close. Books were available for anyone who wanted to come to the event, and the poet was more than happy to sign them for the eager audience members.

For other upcoming arts events and more visiting writers, check out monmouth.edu/arts.
The Monmouth Review Gets a Review

Erin Smith, a PLA for Dr. Marina Vujovic's first year seminar, said. "I do is reach out to the creative...and media are represented. When...the Monmouth Review Club, added..."I hope the students are able..."As a PLA, I was able..."I am afraid to voice your opinion."
PowerBuoy Technology Marks World's Largest Wave Energy Project

SHAHARYAR AHMAD
SCIENCE EDITOR

Advancing the availability of alternative energy solutions reaps the benefits of protecting the environment, promising future generations a reliable energy supply, creating jobs to improve the economy, and most importantly, enabling energy independence to reduce the dependence on foreign oil.

On Feb. 11, Lockheed Martin signed a contract with Victorian Water Partners Ltd. to signal the construction of the biggest wave energy project in the world to date, and the benefits of protecting the environment project reaps great returns, it must still be approached with calculated care and attentiveness.

“Unlocking the potential of our coastal seas. This type of energy development can be equated to damming rivers and sources but we need to be conscious of the long term environmental effects. We put so much stress on global environment, so let’s not find another pressure point to push.”

Some of The Outlook ladies pose together for smart phone selfie.

PowerBuoy wave energy technology uses the mechanical energy of ocean waves to generate electricity.

PowerBuoy system used by Lockheed Martin works by extracting energy from the motion of waves at the ocean's surface. Due to the rather unpredictable nature of ocean waves, their mechanics can be quantified easier than those of other alternative energy sources like wind or solar energy. This consequently allows wave power to be able to run more efficiently and generate energy for longer periods in the year than their solar counterparts.

Furthermore, PowerBuoy wave device is visually unobtrusive in that they are only 30 feet in height above the water surface and three miles offshore, compared to wind turbines which can be upwards of 130 feet in height, according to lockheedmartin.com.

Inside the energy converter, a piston-like structure moves as the PowerBuoy bobs in response to the rise and fall of ocean waves. This oscillating motion is the driving force behind a generator that produces electricity which is subsequently returned via an underwater cable. By constructing a series of such energy converters in a parallel, wave power plants can be optimized to deliver low-cost electricity to meet desired power capacities.

To mitigate concerns of such offshore activity on sea life, especially in the causatory aftermath of the BP oil spill in 2010, an independent Australian study found that OPower's PowerBuoy had no noticeable negative impact on sea life, including migratory patterns of whales, according to oceanpowertechnologies.com. In fact, the study found that the PowerBuoy could serve as an artificial reef and act as an attracting device for fish and other marine life. Though this advantage of harnessing tidal energy may yield great returns, it must still be approached with calculated care and attentiveness.

“Unlocking the potential of our coastal seas. This type of energy development can be equated to damming rivers and sources but we need to be conscious of the long term environmental effects. We put so much stress on global environment, so let’s not find another pressure point to push.”

Some of The Outlook ladies pose together for smart phone selfie.
The Monmouth Area Vegetarian Society (MAVS) is hosting their 8th annual food and wine dinner on Feb. 25 from 4-7 p.m. at the RSSC. The Mango Room will be transformed for an evening of food and wine to support the Vegetarian Society. Tickets will be $75. Call 737-0851 for more information.

Monmouth Oral Communication Center
The Monmouth Oral Communication Center (MOCC) is your resource to place you on the path to academic success. Need help? MOCC offers peer tutoring and free A&P presentations! Call (737) 0851 for an appointment. MOCC is located in the Magill Communication Center, room 135.

McDougatto

Wake Up and Smell the Roses

CARDY

The tables are set.

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wooden rose since it is more of

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forever and aren't roses that will

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winning pair, Brady and

winning pair, Brady and

rules. Events are held in the Magill

CommWorks meets on

weekly meetings on Wednes-

days at 2:30 pm in Plangere 135.

The Role of Communication

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University Simulated LSAT
Designed for juniors, students graduating in May 2015 or other
Monmouth students considering beginning law school in the fall of 2015, the Department of Political Science and Sociology is sponsoring a simulated LSAT to serve as a diagnostic before you take the exam in June or Oc-

tober of this year. Prof. Bordelon will then meet with all diagnostic examinees one-on-one to go over preparation options. Don’t miss this invaluable opportunity! The date of the event is Saturday, Feb. 22 at 9 am.

Residence Hall Association
Meetings are every Wednes-
day at 8 pm in the Mullany Hall
First Floor Lounge. We are also still selling Winter Ball Tickets.

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THE OUTLOOK

MAVS Hosts First Vegan Potluck of the Semester

MAGGIE ZELINKA
SPORTS EDITOR

The Monmouth Area Vegetarian Society (MAVS) hosted their first speaker and vegan potluck of the semester on Sunday, Feb. 16 in the Magill Commons Dining Club.

The event went from 1 pm until 3 pm with the first half hour dedicated to socializing and enjoying the vegan potluck. Over 40 people were in attendance.

“I'm really happy we can part of a community where we all can share good, wholesome, real food,” Mary Harris, founder of MAVS, said.

The potluck featured all vegan foods ranging from blueberry brownies, curried cauliflower, squash and chocolate pudding. Attendees were asked to bring their own plates to decrease environmental impact.

Once everyone settled down, Harris introduced the speaker, Theresa Sarzynski, from the nonprofit organization For the Animals Sanctuary which is located in Blairstown, NJ.

Sarzynski began the seminar by explaining what the sanctuary does and how it began. "Debbie Kowalski originally bought the house with land with a previous partner, with the intention of being able to adopt a farm animal or two, if the need arose," Sarzynski said. "Once they got their first two bovine, the calls started coming in, quickly. So the 50:50 came out of need. She knew she could take in more animals but needed help fundraising for all the extra costs of buildings, food, bedding, medical, etc."

After this brief introduction, Sarzynski discussed the animals the sanctuary has and how they are taken care of. "The performers of 'The Vagina Monologues' put on a performance focusing on domestic violence."

"The Vagina Monologues" announced the University's V-Day 2014 event to honor local and men and women working or volunteering to end violence against women.

"My favorite part of 'The Vagina Monologues' is that it is more than just an awkward performance. It is hope that things are going to get better. It is acceptance of the taboo topic of the vagina that people rarely want to talk about."

According to Bulitt, Boom Roasted Productions chose to produce "The Vagina Monologues" because it was being dropped by Student Activities, so the group was asked by Heather Kelly, Assistant Director of Student Activities for Multicultural and Diversity Initiatives, to take it on as a performance.

Bulitt was happy to be involved with this campus tradition of hosting an annual "Vagina Monologues" performance. The cast of "The Vagina Monologues" put on an important message the augmentation to be yourself are just a few.

The Outlook

Around 150 students took a seat in Pollak Theatre to see Boom Roasted Productions perform the 10th annual "Vagina Monologues" on Monday, Feb. 10 from 7:30 – 9 pm. The $1025 in proceeds went to local charity 180 Turning Lives Around and the national charity One Billion Rising, both of which focus on domestic violence awareness and prevention.

Dr. Carolyn Bradley, an associate professor, attended the performance. She has seen it in the multiple times and said, “Each time I see the play it evokes something different in me. Student productions are particularly meaningful to me as it reminds how far we have come in acknowledging women's sexuality and the right to control their own bodies.”

Far from traditional, "The Vagina Monologues" included topics such as shaving, gynecological appointments, rape, and even the language surrounding female sexualities, with the taboo topic of the vagina that people rarely want to talk about. "It is more than just an awkward performance. It is hope that things are going to get better. It is acceptance of the taboo topic of the vagina that people rarely want to talk about."

According to Outlook, "The Vagina Monologues" included topics such as shaving, gynecological appointments, rape, and even the language surrounding female sexualities. The play began in 1994 as a one woman show with author Eve Ensler playing every character. Since then, it has been performed in 140 countries and 48 languages, and on college campuses.

Tickets for the event were $5 in advance and $7 at the door.

Zoe Bultitt, theatre major and student producer for the last two years, said that the awareness of rape as sexual assault in one's country, genital mutilation in other countries, and rape and sexual assault in our country, genital mutilation in other countries of rape and sexual assault in our country, genital mutilation in other countries, which focus on domestic violence awareness and prevention.

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"My favorite part is watching all these different girls from different parts of the University come together. Watching them all stand up for one thing which is empowerment of women and their vaginas! There are not many other things that something like this can happen on campus," Bultitt said.

The play takes on a serious note to explain that sexual violence is often unreported and can often leave the victim feeling alone and frightened.

University student victims of sexual violence can contact Counseling and Psychological Services or visit the office on the third floor of the Rebecca Stafford Center (Room 133) for more information.

When this occurs, both the male and female automatically go to slaughter because the female calf often becomes infertile which is useless to a dairy farmer. Sarzynski said that the farmer is killing to part with Amy because he would lose profit if she stayed in his place.

The final cows that Sarzynski mentions in a lecture were a mother and her son who came to the sanctuary two years ago. "The farmer told them he was transitioning from the dairy industry to the meat industry and it would be one less cow off his place."

Sarzynski then talked about the pigs, goats, and chickens the sanctuary also looks after. "Typically, pigs go to slaughter at six months and chickens go to slaughter at six weeks. Chickens actually still have their baby chicks when they are sent to the slaughterhouse."

Sarzynski closed her seminar by asking everyone to do their part by spreading the word and attending the upcoming event. "It solely comes down to the moral baseline of any animal lover should be veganism. In addition to exposing suffering and pain, animal agriculture is killing the environment and the people eating the animals."

As MAVS has concluded its first event of the semester, they have already begun to plan their second potluck. The event will be held in the Magill Commons Dining Club.

PHOTO COURTESY OF Andrew Decker

PHOTO TAKEN by Maggie Zelinka

Speaker Theresa Sarzynski spoke about animal cruelty and its impact at the MAVS Vegan Potluck.

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PHOTO TAKEN by Maggie Zelinka

PHOTO COURTESY OF Andrew Decker

Speaker Theresa Sarzynski spoke about animal cruelty and its impact at the MAVS Vegan Potluck.

When this occurs, both the male and female automatically go to slaughter because the female calf often becomes infertile which is useless to a dairy farmer. Sarzynski said that the farmer was killing in part with Amy because he would lose profit if she stayed in his place.

The final cows that Sarzynski mentions in a lecture were a mother and her son who came to the sanctuary two years ago. "The farmer told them he was transitioning from the dairy industry to the meat industry and it would be one less cow off his place."

Sarzynski then talked about the pigs, goats, and chickens the sanctuary also looks after. "Typically, pigs go to slaughter at six months and chickens go to slaughter at six weeks. Chickens actually still have their baby chicks when they are sent to the slaughterhouse."

Sarzynski closed her seminar by asking everyone to do their part by spreading the word and attending the upcoming event. "It solely comes down to the moral baseline of any animal lover should be veganism. In addition to exposing suffering and pain, animal agriculture is killing the environment and the people eating the animals."

As MAVS has concluded its first event of the semester, they have already begun to plan their second potluck. The event will be held in the Magill Commons Dining Club.
PRESENTING

Rock 'n Raise 2014

A Charity Battle of the Bands Benefiting Relay for Life

Featuring:
The Gray Americans
Lot 25 from the ground
Strangers You Know

Date: Friday, February 21st
Where: Plangere Center
Time: 1PM - 4PM

LIVE Broadcast/Tickets $3 in advance/$5 at the door

Rockin' on 'n Savin' Lives
2nd Annual
Chili Cook Off!!!
Student Center, Anacon A
Tuesday Feb 25th - 11:00am-1:00pm
$10 to enter a crock pot of chili - Sign up in advance
$5 to sample all chili
All proceeds benefit Veteran programs
Trophies awarded for:
Overall Best Taste & Best Heat and Flavor

Points of contact:
Jeff Hood - jhood@monmouth.edu (732) 263-5258
Jordan Mouton – s0509481@monmouth.edu
Can you smell it in the air?
Everyone will be at CHABAD MU

Challah Baking

with President PAUL BROWN

Thursday, Feb. 27th
5:30-7:30pm

At the home of
President Brown &
Ms. Joan G. Fishman
Doherty House
10 Norwood Ave,
West Long Branch

RSVP Required
Buffet Dinner will be served

Learn how to mix, knead and shape
the world’s most delicious bread.
Make two - one for you and one to
share the spirit and give to a friend.
Have fun, express your creativity and
do a Mitzvah at the same time.

For more info, contact Micah at
MicahJFreedman@gmail.com | 973-303-5834

Chabad at MU is a project of Chabad of the Shore.
ABOVE LEFT: STUDENTS BRIANNA MCCABE AND CHRISSIE NIED PUT ON THEIR BEST POSES IN THIS SELFIE. (PHOTO COURTESY OF BRIANNA MCCABE)

ABOVE RIGHT: SENIOR TAYLOR COPP SHOWS WHAT HE’S GOT IN THIS UNIQUE SELFIE. (PHOTO COURTESY OF TAYLOR COPP @TAYEEEZY)

COMICS
“MISGUIDED UNDERSTANDINGS” BY ALYSSA GRAY

A SO-YOU-SAY COMIX #37
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HEY MONMOUTH!
INTERESTED IN SHARING YOUR MOMENTS? SEND YOUR PHOTOS TO ANY OF THE FOLLOWING EMAILS AND YOU JUST MIGHT HAVE THEM FEATURED IN THE “MOMENTS AT MONMOUTH” SECTION!
OUTLOOK@MONMOUTH.EDU OR S0848553@MONMOUTH.EDU

TAKE YOUR PICK MU!
Who is the victor in Battle of the Sexes: Selfie Edition?
Is it Taylor for the men? Or is it Brianna and Chrissie for the women? YOU decide!

Post your votes to the on Twitter @MUOutlook or Facebook at The Outlook at Monmouth University!
Results will be posted in next week’s issue.

BATTLE OF THE SEXES: SELFIE EDITION

MOMENTS AT MONMOUTH

Hey Monmouth!
Interested in sharing your moments? Send your photos to any of the following emails and you just might have them featured in the “Moments at Monmouth” section!

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Comics
“Misguided Understandings” by Alyssa Gray

A So-you-say Comix #37
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Above left: Students Brianna McCabe and Chrissie Nied put on their best poses in this selfie. (Photo courtesy of Brianna McCabe)

Above right: Senior Taylor Copp shows what he’s got in this unique selfie. (Photo courtesy of Taylor Copp @tayeeezy)
The men’s basketball team lost their seventh straight game this Sunday, Feb. 16 when they fell to the Marist College Red Foxes in a double-overtime thriller here at the MAC. The loss came just two days after the Hawks downed the Col- lege Gaels at the Hynes Center in New Rochelle, NY.

With the weekend results, MU now finds themselves seven games below the .500 mark for the first time all season. The overall record. The team also sits at ninth in the MAAC with a 4-12 record.

For the first game of the week- end the Hawks fell to the first-place Gaels as they lost 89-70 on Friday, Feb. 14.

“I take my hat off to Iona because they were the best team we played with,” head coach King Rice said after the game. “There is still a lot of basketball to be played and we just have to get the right way before going into the weekend.”

Junior guard Dee Jon Jones paced MU with 16 points on 7-9 shooting, and also had five rebounds for the game. Freshman center Chris Branham added 11 points and 22 boards as he grabbed a career high 12 rebounds and 13 assists. Ju- nior forward Matty Carlson added 10 points. With the weekend results, MU now sits at ninth in the MAAC with a 4-12 record. MU has a chance to play spoiler as they host Manhattan in the final minutes of the contest, and with the chance to get their seventh game below .500.

“We had very good feelings about the game, but the first half was very frustrating,” Rice said. “I take my hat off to Iona because they were the best team we played with.”

DiLeo.

As of now, TJ DiLeo is playing professionally in Germany, a career that has at times been a challenge,” DiLeo said. “TJ didn’t start out well. We were fighting our way back the whole time, we finally made our play back at the very end of the game by tying it up and putting it over. That in overtime, we were real tired and didn’t come away with the win,” DiLeo said. “That was very challenging to keep the right mindset after the game. We started off so bad, but we played well down the stretch.”

MU has played Rider twice this season. The Hawks first hosted the Broncs on Dec. 5 for their first ESPNU game of the season. MU lost that battle, 89-83. On Jan. 26, the Hawks attempted redemption but lost once more, 77-71.

“Rider is the biggest rival. Every time we played them, since I was a freshman, it has been a close game,” DiLeo said. “This year, both times we played them, they beat us. More baskets than them, just went to their way in the end of the game.”

Dee Jon Jones (above) scored a career high 27 points Sunday and added 11 rebounds and seven rebounds per game this week.

Max DiLeo is currently tied for seventh in the nation for three-point shooting percentage.

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**Track & Field Race at the NY Armory**

**QUINNIPAC DOMINATES WOMEN’S BASKETBALL**

**EDEE ALLEGRETTO  STAFF WRITER**

On Sunday afternoon, the Women's Basketball team traveled to Quinnipiac University and scored the final score, 68-50. With the loss the blue and white fell to 6-21 on the year, while the Bobcats improve to 16-10 overall, conference play, while the Bobcats fell to 6-21 on the year, as they travel to face Hourglass on Friday.  The Bobcats also edged Monmouth, 68.0 percent (17-25) to 64.0 percent (19-30). Freshman Michaela Read finished fourth overall in the high jump at 1.60 meters while junior Rachel Allotta in shot put with a distance of 6.00 meters and senior Mariah Toews in the long jump with a distance of 5.98 meters. With this number, Young broke a school record set over a decade ago.

The men’s 4x400 squad included freshman Tionna Garner, Frye, senior Laura Williams, and freshman Aminette Isk- emene. The women also placed third in the pole vault with a 3.60 meter and set a school record for the event as well. The squads returned to action on Friday, Feb 21 for the Metro Atlantic Athletic Conference (MAAC) Championships.

**SPORTS EDITOR**

The men’s 60 meter hurdles invitational saw a top three finish by MU athletes junior Jalen Bowen took fifth place in the men’s 60 meter dash by senior Rachel Allotta in shot put with a distance of 6.00 meters and senior Mariah Toews in the long jump with a distance of 5.98 meters. With this number, Young broke a school record set over a decade ago.

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**SIDELINES**

**Monnouth’s women’s volleyball team**  opened and first game of the season Sunday, Feb. 16 by a score of 8-6 to the Fresno State University Bulldogs. The Hawks started the game strong, and held a 4-1 lead, but were outscored 7-2 in a rough second half as the Bulldogs came back to win. Fifth-year senior Stephanie Andostron, one of the team’s goals scored on three shot attempts while four other Hawks also found the back of the net. Both the Monmouth men’s and women’s cross country teams were named All-Academic teams by the U.S. Track and Field and Cross Country Coaches Association. It was the 13th straight season the women were honored with the title, and the 16th straight time the past 17 years, as well as the seventh straight time for the men.

The women’s bowling team finished 12th out of 19 teams this past weekend when they competed in the third annual Track & Field Klash held at Sam Houston State University. Sophomore Kaitlyneth Reth had a 199 game average on the weekend, and finished 20th overall individually to lead MU.

**UPCOMING GAMES**

Wednesday, February 19  WLAAX at Stony Brook 7:00 pm
MBB vs. Manhattan  W. Long Branch, NJ  7:00 pm
WBBA at Rider  W. Long Branch, NJ  7:00 pm
Thursday, February 20  Men’s Tennis at St. Peter’s  Jersey City, NJ  3:00 pm
Friday, February 21  MT&F MAAC Championship New York, NY 3:35 pm
WT&F MAAC Championship New York, NY 3:45 pm
Baseball at Florida Atlantic  Boca Raton, FLA  6:30 pm
Saturday, February 22  WBB vs. Niagara  W. Long Branch, NJ  7:00 pm
MLAX at UMBC  Baltimore, MD  1:00 pm
Baseball at Florida Atlantic  Boca Raton, FLA  4:00 pm
WBBA at Niagara  W. Long Branch, NJ  4:00 pm
Men’s Tennis at St. Joseph’s  Philadelphia, PA  6:00 pm
MBB vs. St. Peter’s  W. Long Branch, NJ  7:00 pm
Men’s and Women’s T&F USA Indoor Championships Albuquerque, NM TBA
Sunday, February 23  Baseball at Florida Atlantic  Boca Raton, FLA  4:00 pm
Men’s and Women’s T&F USA Indoor Championships Albuquerque, NM TBA

**SPORTS**
Monmouth University will officially retire Miles Austin’s number 80 jersey on Saturday, Feb. 22 in a ceremony during halftime at the men’s basketball game against St. Peter’s University. Austin is the school’s all-time leader in receptions, receiving yardage, receiving touchdowns and total scoring.