MUPD Safety Officer Injured by Drunk Driver

PAUL WILLIAMS
COPY EDITOR

A Long Branch resident has been charged with drunk driving after colliding head-on with a University security vehicle, injuring a member of the University police force near the intersection of Palmer Avenue around 11:40 pm on Saturday, April 19, according to William McElrath, Chief of the University Police Department.

The suspect, 32-year-old Francis Bebout, was driving a 2012 Dodge Charger southbound along Larchwood Avenue when he crossed over into the oncoming lane and slammed into the parked security vehicle, a 2008 Ford Escape. Safety Officer Michael Cittadino was sitting in the front seat of the security vehicle and sustained injuries from the impact.

Lawrence Mihlon, West Long Branch Police Chief, said Bebout traveled approximately 62 feet in the wrong lane and pushed the Escape about 16 feet along the road before it smashed into a piece of the fence between Kessler Field and the baseball field. Mihlon said it’s not known how fast the Charger was traveling at the time of impact.

After the collision, Cittadino called in to the University police by radio to indicate he was involved in an accident. Bebout also used the officer’s radio to make sure the University police would respond to the scene, McElrath said.

University Sgt. Milton Morris, Patrol Officer Jim Gaul and Safety Officer Mike Tallarico responded.

Can Beats by Dre be Beaten?

CHARLIE BATTIS
STAFF WRITER

Beats by Dr. Dre have become the preeminent headphone in the entertainment industry. According to the retail analysts group NPD, Beats accounted for 64 percent of the headphone selling for over $100 in the U.S. in 2012. Beats electronics owned 51 percent of the entire headphone market in 2012, according to beatsby.com.

The latest headphone developed by Beats Electronics is the Beats Studio, which is currently priced at $299.95. With the value of Beats Electronics Company surpassing a billion dollars, there is some quality to their headphone but considering the steep price of nearly $300, does the Beats Studio have the best value on the headphone market?

“The problem with the Beats headphone is more about the durability and the pricing,” said Michael Clarke, a sales associate at Radio Shack. “If you compare Beats with other headphones like Skull Candy or Sol Republics, you can get pretty good headphones for at least $100 to $150 cheaper, whereas with the Beats, they are really good headphones, but they are really not worth 300 dollars,” said Clarke.

Stephen Nowack, a sales leader at Best Buy, offered a similar sentiment about Beats headphones. “In my opinion, Beats are a good quality headphone but I also think there are other headphones that are made with just as good of a build for less price,” said Nowack. “The problem with the Beats headphones

Angela CirAlo

One of the largest security vulnerabilities the internet has ever experienced allowed thousands of websites to be susceptible to hackers as a result of a flaw created in the open SSL server over two years ago.

The Heartbleed bug had the potential to affect 66 percent of websites worldwide, Edward Christensen, Vice President of Information Management, said in an email to University students on April 22.

The Heartbleed bug has the ability to send an invalid heartbeat message to a server and retrieve 64k of information stored in the memory, Jan Rohn, a specialist professor in the computer science and software engineering department, said.

The information returned from the 64k that was stored may include the encryption keys for that network which, if retrieved, allows the hackers to read the encrypted information being shared, Rohn explained. The information that is shared through a network often includes user passwords and other personal information which would be accessible.

“What this flaw did was allow the potential for somebody to get the encryption key, which is really another way of saying they get the magic decryption key and they can read all the message coming in,” Christensen said.

Therefore, all of the information that is being communicated between the user and the server through the website has the possibility of being accessed as a result of the Heartbleed bug.

Christensen explained that if a hacker had access to the server flaw and determined a way to intercept the messages being sent between the user and the server, the hacker would be able to obtain the information being communicated.

Also through this server, the hacker would have the ability to access the information from all people who log into the website using that server, therefore they now have the keys to stall websites and the ability to retrieve the passwords of all the people that log in to it, Christensen explained.

So far, the Washington Post has confirmed one hacker that used the Heartbleed flaw to obtain information. A 19-year-old Canadian male, Stephen Arthurs Solis-Reyes, was arrested on April 15 and the computer he used to hack into the server was seized. The Washington Post reported that the Canada Revenue Agency found that Solis-Reyes stole 590 social security numbers using Heartbleed.

On a scale from one to ten, the Heartbleed bug has the potential to be a nine or a ten in terms of severity, Robert Carney, Director of Server Operations for Monmouth University, explained.

Heartbleed bug breaches security.
Specially communication pro- fessor Matthew Lawrence was awarded the Home Grown Feature award at the Garden State Film Festival for his film “Two Pints Lighter” on March 23.

Chad Dell, Chair of the Department of Communication, said, “Professor Lawrence is a very talented filmmaker, and this award is recognition of his considerable skill and creativity.”

Household Rat Poison Linked to Wildlife Deaths

Matthew Lawrence Receives Home Grown Feature Award

The California Coastal Commission is concerned about the use of rat poisons. Of 140 bobcats, coyotes and mountain lions documented widespread exposure to rat poison. The plan also immediately bums in unincorporated areas the use of anticoagulant poisons that are the most harmful to bobcats, coyotes and mountain lions. The most sweeping action to date was taken in March, when the state Department of Pesticide Regulation signaled plans to halt retail sales of second-generation anticoagulant rodenticides to consumers. The rules, slated to take effect July 1, only licensed specialists could purchase and use them.

Scientists said P-22’s condition was diagnosed by the perimeter of shopping centers. It uses live traps and will consider installing ripper perches to encourage natu- ral rodent control, said Rhianon Bailey, with the school’s Center for Sustainability, Governmental and Regulatory Affairs.

The California Coastal Commission is concerned about the use of rat poisons, but older first-generation poisons are not as harmful. Those poisons were commonly used decades ago until many rodents de- veloped an immunity. But first-gen- eration poison can still be harmful to wildlife.

Mange is caused by a microscopic mite that burrows into the skin and causes itchiness and skin lesions. The affected animal loses fluids and nutrients through the skin. Complica- tions including infection, starvation and hypothermia eventually lead to death.

The connection between expo- sure to anticoagulant rodenticide and mange is not fully understood, said Seth Riley, a wildlife ecologist with the Santa Monica Mountains National Recreation Area. Mange in wild cats is rare. A decade ago, researchers documented two mountain lions afflicted with Fills Hills that they blamed on poisoning by anticoagulant rodenticides. Both had mange.

Scientists said P-22’s condition does not appear to pose a safety threat to human beings. They continu- e to spend most of his time in the park’s most remote areas, said Jeff Sikich, a National Park Service biol- ogist who has tracked P-22’s activity. Shortly before he was recaptured, P-22 had killed an adult buck.
Three University communication students will be the first in New Jersey to take the Public Relations Society of America (PRSA) Certificate Test, according to Mary Harris, a specialist professor of communication and the President of the Public Relations Student Society of America (PRSSA) New Jersey section (PRSA NJ), said she and Harris had worked with public relations students about the certificate and the three girls wanted to take advantage of the opportunity.

“This certificate enables these emerging professionals a more competitive edge in the job market,” said Simoes.

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The University's HERO Campaign Committee hosted its 5th annual event at Jack's Goal Line Stand on Thursday, April 17 to raise awareness about the need for sober drivers.

Gary Mejia, a designated driver and recipient of the HERO Campaign award in 2011, said it is important to make people conscious of the effects of drinking and driving, and what they can do to prevent it.

“The group is important because it raises awareness for a serious issue, which is drinking and driving, especially on college campuses where drinking is a part of the culture,” Mejia said. “The more people that can get involved, the better the message can be transmitted.”

During the event, members of the HERO Campaign asked guests to sign a pledge stating that they would not drink and drive. If participants signed, they were given a free slice of pizza from Jack's. The group also handed out wristbands, stickers, t-shirts and cab vouchers as prizes for games like ski ball.

Steve Dowens, a University graduate assistant working for the Office of Student Affairs, said the group has a close relationship with Jack's Goal Line Stand, which helps the office to support their cause.

“Whenever someone makes the pledge, the HERO Campaign honors that support with items or prizes that further promotes designated driving,” Dowens said. “Jack’s also offers free soft drinks for anyone who mentions they are the designated driver for the night and the drinks come in a HERO Campaign cup.”

Dowens believes the event at Jack’s Goal Line Stand is one that has a positive influence on college students. “Promoting designated drivers at a bar has a different and hopefully stronger effect on people than if it were on campus,” added Dowens.

Katey McElroy, a senior psychology major, agrees that having the event at a bar is beneficial. “Most of the time people are going to need a ride home because they’ve been drinking, and having the event at the place where it actually happens just reiterates the fact that we need to be smart about our decisions,” she said. “It’s right in our faces – if you drink, you need a sober driver.”

The HERO Campaign for Designated Drivers is a non-profit organization that reaches farther than just the University’s campus. In the past few years, the University’s Office of Substance Awareness has worked to promote this campaign on campus through efforts such as the HERO awards, collaborating with local high schools and sharing the stories of designated drivers in the area.

The organization was created in honor of John Elliot, a graduate of the Naval Academy, who was killed in 2011 by a drunk driver that was previously arrested on DUI charges, heroescampaign.org states.

The website explains, “The HERO Campaign for Designated Drivers seeks to end drunk driving tragedies nationwide by promoting the use of safe and sober designated drivers. Our goal is simple: to register one million designated drivers and make having a designated driver be as automatic as wearing a seatbelt.”

The University’s HERO Campaign began in 2007. The students who join must comply with a lifestyle that includes driving sober, being a designated driver, and not letting friends drive drunk. The HERO Campaign committee on campus meets Wednesdays at 1:30 in the Student Center.

Schaad, Substance Awareness Coordinator, said she believes the group has made an impact on students drinking and driving since the group’s start in Fall 2007.

Schaad said, “It is hard to capture the exact number of students who have changed their behavior, but we are hopeful the messages we promote do make a difference.” She added, “…we’re seeing students being more mindful and aware of drunk driving and wanting designated drivers.”

The HERO Campaign was created in Elliot’s honor. Larry Dowens, Vice President and General Counsel, said monetary recovery for the damage to the security vehicle would be handled by the University’s insurance company.

The insurance company promises to reimburse for any damages to the car. Plus, the officer, because he was on duty, would be covered under workmen’s compensation,” Dimeonna said.

Dimeonna continued to say the General Counsel likely won’t have any role in any of the proceedings. “However, the officer, theoretically if he wanted to, he could go after them for damages, though that would be up to him,” she said.

Bebout headed back to his office with the alcohol detection device and the photographic evidence. How many nights do we spend on the same case? Dimeonna said.

PressBox.com has learned that the defendant, Thomas Bebout, 28, was charged with driving while intoxicated and failing to render aid. He was arraigned before Judge Michael J. Cittadino, who also serves as a police officer.
The Outlook's editors (unless otherwise noted) or any and all contributions must be submitted (email outlook@monmouth.edu) by 12:00 p.m. Contributions must be submitted (email outlook@monmouth.edu) by 12:00 p.m. The Outlook provides the Monmouth University community with information concerning its activities and opinions outside of the University while serving as a forum for expression of the ideas of its readers. All copy must include the author’s full name and contact information. The Outlook accepts articles and graphic material from students, faculty and administrators, and does not necessarily reflect the views of Monmouth University or The Outlook. Contributions must be submitted (email outlook@monmouth.edu) by 12:00 p.m. Two or more in a week, we need to be appreciative of what we do have rather than complain about what we don’t have."
MONMOUTH
PRIDE DAY
5.2.14
11am - 3pm
Shadow Lawn

Students & Employees

Pride Row
Photo Booth
Spirit Contest
Baggo Tournament
Food, Music, & Giveaways
…and More!

For more info and to participate, visit:
www.monmouth.edu/prideday

#monmouthpride
Speak Up Against Violence

NATALI GRECO

April 17, 2014 at 8:07 PM, a motorcyclist was unable to stop and struck the back of the automobile last week. Upon hearing the crash, a group of MU students, including Rebecca Stafford, came to the aid of an injured motorcyclist. The individuals are a credit to their families who selflessly came to the assistance of an injured individual.

One upon a time, female domestic violence victims were not spoken or heard of as often. The mere fact that women have decreased. However, as time has gone by, the norm is changing. The statistics show that women are in fact scary, but they are nowhere near as scary as reality.

The statistics on female abuse are in fact scary, but they are nowhere near as scary as reality.

"The facts on domestic abuse are in fact scary, but they are nowhere near as scary as reality.

I wanted to take the time to acknowledge the assistance of a group of “Good Samaritan” students who came to the assistance of a motorcyclist who was struck by an automobile last week. Upon hearing the crash, a group of MU students, including Rebecca Stafford, came to the aid of an injured motorcyclist. The individuals are a credit to their families who selflessly came to the assistance of an injured individual.

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Dear編者,
Brendan Greves

Staff Writer

Hobby Lobby Case: Should Contraceptives Be Covered Under Health Insurance?

April 23, 2014

Politics

The Supreme Court is expected to rule in favor of The Hobby Lobby. The Hobby Lobby case is asking for is freedom to buy contraceptives. As per the Affordable Care Act (aka “Obamacare”) all forms of birth control. As per the Supreme Court will not give corporations the right to refuse some or even all contraceptives. On March 25, the Supreme Court heard its oral arguments from the owners of Hobby Lobby and the federal government. The case is whether the government is required to make an exception for me? And does this case mean, should health insurance companies be required to cover all forms of contraceptives. "Obamacare" controversy and the minimum wage. To me, this is not saying that I do not believe, just believe in a higher power (and I am also for women’s rights). Hobby Lobby's choice is to violate their religious beliefs or hurt their business. Every form of birth control. That information is between me, my doctor and the CEOs are conservative Christians, and they object to IUDs and the morning after pill, saying that they are forms of abortion because they prevent life from forming, according to NPR. The Supreme Court is expected to reach a decision in June. That is all. Religion has nothing to do with that. This case makes me nervous, and angry. I am a citizen of this country. I have rights. I have a college education. I am perfectly capable of working and providing for myself. Someday, I want a family. That day is not right now. What is next? The right to own weapons? In my opinion, corporations are not people and therefore do not deserve the right to freedom of religion. Corporations should be entities that provide jobs for people, and a product or service for society. That is all. Religion has nothing to do with that. The Hobby Lobby win, that men’s health care will be cut. According to finish.com, most health insurance companies will cover prescriptions for Viagra. Does this mean that employees will start asking men why they need this prescription? I mean, it is not just IUDs and the morning after pill. It is a pill that helps to relieve menstrual cramps, regulate cycles and hormones, and prevent or help ease acne. Sure, it also helps to prevent pregnancy, but it is not 100 percent effective. Other measures must be taken. And if corporations suddenly do not have to offer birth control through their health care plans, and if funds keep getting cut to Planned Parenthood, where a woman can get access to birth control, no questions asked, Dayton Daily News and NCom where exactly am I supposed to go for a pill that does more for me than just prevent pregnancy?

Hobby Lobby Case: Should Contraceptives Be Covered Under Health Insurance?

As some of you may know for may not know, the Supreme Court is hearing a case that could potentially give corporations the right to refuse some, or even all contraceptives, on the basis that it is against their religious rights. When the Affordable Care Act (aka “Obamacare”) was in effect, health insurance companies were required to cover all forms of birth control. As per the law, religious non-profits were exempted from having to provide birth control through their employee health care plans. The Hobby Lobby, a for profit organization, brought the case to court because the CEOs are conservative Christians, and they object to IUDs and the morning after pill, saying that they are forms of abortion because they prevent life from forming, according to NPR. The Supreme Court is expected to reach a decision in June. Now that you have the facts, let me state my case. I severely hope that the Supreme Court will not find in favor of The Hobby Lobby. I am not saying this because I am a liberal; I am saying this because the CEOs are conservative Christians, and they object to IUDs and the morning after pill, saying that they are forms of abortion because they prevent life from forming, according to NPR. The Supreme Court is expected to reach a decision in June.

The Opposition has also brought up the concern of women’s rights. I am also for women’s rights is not a woman’s right to take away religious freedom. Women already have the freedom to buy contraceptives without “Obamacare”. If it is a woman’s right to choose to do with her body as she pleases, then why would her employer be penalized for that choice. In order to leave out the fact that 77 percent of our country is Christian, which is why one would also be against the law. To me, women’s rights has very little to do with birth control. It doesn’t even concern religious freedom. Religious non-profits are not people and therefore do not deserve the right to freedom of religion. Corporations should be entities that provide jobs for people, and a product or service for society. That is all. Religion has nothing to do with that. The Hobby Lobby win, that men’s health care will be cut. According to finish.com, most health insurance companies will cover prescriptions for Viagra. Does this mean that employees will start asking men why they need this prescription? I mean, it is not just IUDs and the morning after pill. It is a pill that helps to relieve menstrual cramps, regulate cycles and hormones, and prevent or help ease acne. Sure, it also helps to prevent pregnancy, but it is not 100 percent effective. Other measures must be taken. And if corporations suddenly do not have to offer birth control through their health care plans, and if funds keep getting cut to Planned Parenthood, where a woman can get access to birth control, no questions asked, Dayton Daily News and NCom where exactly am I supposed to go for a pill that does more for me than just prevent pregnancy?

The Hobby Lobby Case brings to question whether health insurance companies should be required to cover all forms of contraceptives. The Hobby Lobby win, that men’s health care will be cut. According to finish.com, most health insurance companies will cover prescriptions for Viagra. Does this mean that employees will start asking men why they need this prescription? I mean, it is not just IUDs and the morning after pill. It is a pill that helps to relieve menstrual cramps, regulate cycles and hormones, and prevent or help ease acne. Sure, it also helps to prevent pregnancy, but it is not 100 percent effective. Other measures must be taken. And if corporations suddenly do not have to offer birth control through their health care plans, and if funds keep getting cut to Planned Parenthood, where a woman can get access to birth control, no questions asked, Dayton Daily News and NCom where exactly am I supposed to go for a pill that does more for me than just prevent pregnancy?
Monmouth University Poll Explains “Obamacare” and Its Impact on New Jersey

BRANDON JOHNSON CONTRIBUTING WRITER

A poll from the Monmouth University Polling Institute found that 45 percent of New Jerseyans support the Affordable Care Act (ACA), while 49 percent oppose it. But a closer look at the 803 respondents between March 30 and April 1, the poll detailed the Garden State’s reaction to essential questions dealing with the efficacy of both governmental figures as well as the ACA itself.

But what is the Affordable Care Act? According to the American Public Health Association, the program is national health reform, which seeks “expand [health] coverage to 25 million Americans by 2023.” By providing increased coverage throughout the nation, the plan aims to rectify the high rate of uninsured Americans, of whom the Congressional Budget Office estimated there were 57 million in 2013.

Patrick Murray, Director of the Monmouth University Polling Institute, said that despite the statistics, New Jersey residents are still more confident about the ACA than residents from other states.

Murray said, “You have to keep in mind that New Jerseyans are a little more positive about Obamacare than residents from other states. They are just as positive as they were before the enrollment period began in October.” Much of the negativity towards the policy stemmed from the faulty launch of the ACA’s website in October 2013.

Murray continued, “Glimches with the website had a significant impact on public opinion.” The defective implementation of the website essentially, as she said, “made a bad first impression, which can be damaging when the public doesn’t have a solid base of experiences to go on.”

The poll also identified that New Jerseyans understood the crux of the legislation: to identify the main portion of the policy, 73 percent New Jersey residents correctly guessed that the law requires Americans to be insured or otherwise pay a tax.

Despite New Jerseyan’s general support of the ACA, it is still largely theoretical. As the enrollment period ended March 30, 2014, the true force of the bill has yet to be felt. Kathy Maloney, Director of Monmouth University Health Services said, “The impact of the ACA will not be realized until several fiscal cycles have been completed.”

Looking at the economic aspect of the ACA, the finances are extremely important. Since the policy requires the Americans to either purchase coverage or pay a tax, the policy takes shortcuts in confronting individuals and their monetary situations. Maloney said, “The flexible component of the ACA allows citizens to weigh the cost of an insurance plan against the cost of the tax penalty.” She continued, “As the penalty amount increases, so does the incentive to purchase health insurance.” Whereas the individua could formerly analyze opting into health coverage by considering his or her own wellbeing and physical condition, the American Care Act shifts the analysis to a cost-benefit comparison of one’s financial standing, according to Maloney.

As reported by the New Yorker, young people are less likely to buy into the ACA because they perceive themselves as (and typically are) healthier than much of society. So for young people, buying health care is less about individual wellbeing and more about the financial capability to purchase insurance.

In the eyes of students though, the ACA receives a mixed bag of reactions. Michael Hamilton, a junior political science major said, “I think healthcare should be left to the states because each state has its own individualistic needs. How do you account for all the micro-necessities unique to the states when it’s a federal law?”

Maria Pahountis, a senior health studies major offered another perspective, having extensive experience in the health services industry. “Working at a multi-specialty pain management facility for over six years I have seen extreme changes in the scope of cover.” Whereas the ACA allows individuals to continue to strengthen their efforts against sexual assault. Last month, UC Berkeley Chancellor Nicholas Dirks announced new guidelines that allowed students who reported an assault to bring an advocate to hearings and appeal the outcomes. In the eyes of students though, the ACA receives a mixed bag of reactions. Michael Hamilton, a junior political science major said, “I think healthcare should be left to the states because each state has its own individualistic needs. How do you account for all the micro-necessities unique to the states when it’s a federal law?”

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Congresswoman Proposes Legislation to Toughen Laws Against Sexual Assault on College Campuses

TERESA WATABE MCT CAMPUS

A California congresswoman has announced plans to introduce federal legislation to toughen laws against sexual assault with increased funding for federal investigators, annual campus surveys and more comprehensive data on the outcomes of cases.

She also said she would seek to require universities to interview students who file complaints with the school of sexual assault and address widespread concerns about inadequate investigations.

“[The] prevalence of sexual assault on campuses is an epidemic,” Speier said in an interview. “It’s going to take money, resources, enforcement and a change in the culture” to fix the problem.

Speaker met with media along with six UC Berkeley students who have filed complaints with the school of sexual assault and alleged the university in the last year, alleging a failure at to adequately handle their cases.

Sofie Karasek, a junior studying political economy, said she filed a complaint against a student leader she says sexually assaulted her during an off-campus trip in 2012.

But she said university officials never contacted her to take part in an investigation or to keep her posted on the progress of the case. She said she was to repeatedly reach out to school officials for information and learned months later that the student leader had been put on a disciplinary probation, given the student leader had been put on disciplinary probation, given the

The U.S. Department of Education’s Office of Civil Rights is investigating the complaint charging that Berkeley officials mishandled sexual assault cases, the Oakland Tribune reported April 18.

Karaek said she and other students were encouraged, however, by a meeting April 14 with UC Berkeley Chancellor Nicholas B. Dirks to convey their concerns to Berkeley officials.

Among other things, the students asked that a certified rape crisis counselor be provided to victims, that education about sexual assault be increased and that the university’s focus on alcohol and that fraternities and sororities be targeted for additional outreach.

He gave us a chance to talk to him, which no administrator ever does,” Karasek said. “It was really quite a shock, she was very polite and

Dirks could not be reached for comment, but UC Berkeley Chancellor Claudia Holness said the university would continuing to strengthen its efforts against sexual assault.

In recent months, officials have added two campus investigators, unveiled a sexual assault website, issued new guidelines for federal investigators, annual campus surveys and more comprehensive data on the outcomes, and are creating new positions to help victims through the process, among other actions.

“We know we can get better, and we are committed to improving in any way we can,” Holmes said.

Speier said research suggests that one in five women is sexually assaulted on campuses but that nearly two-thirds of victims never contact a university or file a report. She added that the law requires universities to inter not to get health insurance because of its high costs. She believes that one major problem with the plan is the discrepancy between options available for different socioeconomic classes, with the ACA lacking assistance for the middle class.

Matt Lang, a junior political science major believes “The ACA was designed to help students.” He said, “Now that college graduates are able to remain on their parent’s insurance plans until they’re 26, they can establish themselves in a desired career before having to worry about getting insurance.”
ATTENTION: FINANCIAL AID STUDENTS

If you have had a Federal Direct Subsidized/Unsubsidized Stafford Loan and will be graduating in May, July, and/or August 2014 and have not yet completed your Exit Loan Counseling please go to: https://www.studentloans.gov.

If your graduation date is incorrect, please contact the Financial Aid Office at (732) 571-3463 or via e-mail at dorsey@monmouth.edu, or you may visit us in person in Wilson Hall, Room 108.

IT GRADUATE SPOTLIGHT: Melissa Leitch

Melissa Leitch: “I cannot stress enough the importance of obtaining an Information Technology degree.”

May 2013: MBA
May 2011: BS Business Administration with concentration in Marketing

“As a Marketing Major and Information Technology minor, I was equipped with the necessary tools and skillset needed to open the doors for success in the business world. In fact, the first position I received right out of college as a Marketing Coordinator would not have been awarded to me without my knowledge of html source code/website building.”

Melissa’s success story is just one example of the IT Minor jumpstarting a career. There are opportunities in any major. Just take a look at your phone…

From Facebook to fashion, tweeting to textbooks, video streaming to stadium seating technology – such as mobile app and web site development - is hot.

Pair your major with an Info Tech Minor for maximum potential.

Contact your advisor about taking an IT class, or email Prof. Kretsch at jkretsch@monmouth.edu

IT100/IT102/IT150 – Information Technology
IT200 – Advanced Information Technology
IT250 – Internet and Network Technology (Web Design & Development)
IT300 – Windows Applications: Program Design and Implementation
IT450 – Information Systems Project Management (experiential ed - build live websites, and design/build database systems for local business and non-profit clients)

Monmouth Area Vegetarian Society Presents

Effective Vegan Advocacy

Featuring Guest Speaker

Jon Camp
Director of Outreach for Vegan Outreach

What:
A presentation on animal advocacy through promoting veganism. Plus a vegan potluck!

When:
Sunday, April 27th at 1:00 pm

Where:
The Magill Commons Club Dining Room
Monmouth University in West Long Branch, NJ

Bring:
Please contribute a vegan dish with serving utensils and an index card of ingredients
We also encourage guests to bring their own plates and flatware from home to conserve precious resources
This event is free and open to the public

Please RVSP to:
Mary Harris
mcharris@monmouth.edu
facebook.com/MonmouthAreaVegSociety
Attend a Graduate School Information Session

Wednesday, April 30th, 7 PM
Wilson Hall Auditorium

➤ Anthropology
➤ Computer Science
➤ Corporate & Public Communication
➤ Criminal Justice
➤ Doctor of Nursing Practice (DNP)
➤ Education (MAT, Accelerated MAT, MSEd, & Certificates)
➤ English
➤ History
➤ Homeland Security

➤ Information Systems
➤ MBA/Accelerated MBA
➤ Mental Health Counseling
➤ Nursing (MSN)
➤ Physician Assistant (PA)
➤ Psychological Counseling
➤ Public Policy
➤ Social Work (MSW)
➤ Software Engineering
➤ Speech-Language Pathology

Visit www.monmouth.edu/register
or call 732-571-3452 to reserve your space.
Raman noodles don’t only belong in the microwave. They may have been your go-to for all night study sessions, but now you can serve them in a whole new light as hamburger buns. Cook the noodles without the creamed soup and refry them up into four sections. Place the toasted hamburger buns and mold them and refrigerator. When ready, take the patties out and fry them to your liking. Put the burger in between and add any desired toppings.

The Raman noodle bun will serve as a crispy and crunchy version of the snack you have probably eaten from the styrofoam cup. You can also cook the noodles and mix them with flour, vegetables, seasoning packet, and beaten eggs. Take scoops of the mixture and place them in a pan with oil to fry up noodle pancakes. This can be served with peanut or soy sauce for extra flavor.

Brett Hendrickson, a senior anthropology education major, said, “I didn’t even know Raman noodle burgers were a thing.” Committed Pig always excels in creative and interesting food.

Canned soup has many possibilities past the bowl. For a Mexican casserole mix shredded chicken with Campbell’s Cream of Chicken soup, sour cream, tomatoes, beans, and taco seasoning. Layer a casserole dish with the mix and place crumbled tortilla chips and cheddar cheese on top. Bake in the oven for 30 minutes and 10 minutes more to create a quick and tasty dinner.

You can even make the popular Chicken Cordon Bleu dish with the help of Campbell’s Cream of Chicken soup. Just mix the soup with white wine, shredded Swiss cheese, and cook to create sauce for chicken breasts.

We have all eaten canned stew straight from the box, but there are better options. Layer your favorite casserole with yogurt and fruit for an instant breakfast parfait. You can also use pudding for a quick dessert.

Speaking of pudding, many of us have probably eaten pre-packaged containers when we were in the mood for something sweet. However, a healthier option of the classic treat is easy to make. SC 100 Coordinator Merrily Ervin teaches a cooking class at the University. She said, “I like to use tofu, instead of milk thickened with starch, to make chocolate pudding. This is quick and easy, no cooking involved. Just combine a pound of tofu, ½ cup sugar and 8 ounces of cream for mornin’ sweets. However, a healthier option of the classic treat is easy to make.”

Who knew pizza could be made in cereal? Use crumbled Rice Chex and beat eggs to make a firm batter. Spread this on a pizza pan and bake for twelve minutes. You have a dessert pizza crust. Add the bacon, broccoli and chopped ham to the mixture. Put all of the ingredients in a pie plate and top with additional cheddar cheese. Bake for 30 minutes, cut into slices, and serve for a twist to your favorite late night snack.

You may be sick of the foods you have eaten for years in college, but Ramen noodles, canned soup, and other go-to items can be used in a completely different way. With a little bit of creativity and a few added ingredients, you can make delicious meals that won’t remind you of those late nights in the dorms at all.
SPRINGFEST WEEKEND

DAVE PATTEN
MU PRIDE DAY
MAY 2ND
8PM RES QUAD
7:30PM Opener

PETTING ZOO
MAY 3RD
1PM - 3PM
RES. QUAD

SAMMY ADAMS
MAY 4TH
SPRINGFEST
2PM SHOW

All Events Are FREE - MU Student ID Required

STUDENT ORGANIZATION LEADERSHIP RECEPTION
MAY 2, 2014 4PM ANACON HALL
AMANDA KAPLAN
CONTRIBUTING WRITER

On March 4, 2010, Boston's own Sammy Adams released his first single, entitled “Boston's Boy.” Nobody really knew who he was or where he came from, but fans were already collaborating with Mike Posner and Pharrell Williams and performing here at the University on Sunday, May 4 at Springfest.

Adams had been accused of faking the numbers when the debut of “Boston's Boy” topped the iTunes hip-hop charts in 2010. No one believed this underdog college singer could be so successful so quickly. He did produce the figures to show he wasn’t lying and did not buy the records himself to get his album on the top of the charts. I think “haters” and critics are going to think twice about Adams now. “Boston’s Boy” shows Adams’s skill as a pop-rapper. Any song on his album is good for driving around with the top down with your best friends in the summer. Adams’s lyrics are very relatable to the younger generation as he sings about traveling, escaping the “haters,” girls, relationships, and just being young.

“Driving Me Crazy,” a single that Adams may be best known for, features a stunning beat and catchy lyrics. You just want to sing along and have fun with your friends. While his songs are definitely hip-hop, they also can fit into the pop category. I found myself listening to the feel-good “Coast to Coast,” and the party anthem “Swang Your Drank” multiple times.

Adams is very straightforward in his songs, allowing for many young adults to relate to his music. He says that he knows who is buying his albums and recognizes his loyal college fan base. It’s said many college students prefer his second big hit, “Tab Open,” about relationships.

Adams wants to be taken seriously as a rapper. He does come across as that geeky “white boy” but he raps harder than some of his competition. In 2010, Adams told popmatters.com, “College kids don’t want to hear about stuff they can’t relate to...they want the truth.” says Adams. “Chilling, hooking up with girls, getting hammered and waking up with a headache. these are things every college kid does every weekend.” He connects with his fans and I definitely could feel that as I listened to the album. Just because some of his songs have dance beats doesn’t mean Adams lyrics are catchy. I think both girls and guys can and should be his fans. They look at him as someone they can be friends with and relate to exactly what he's singing about. Girls of course relate as well but he is also pleasing to the eye.

Later in 2010, he created a deluxe version of his album with four extra tracks. These tracks include, “Still I Rise.” “See Me Now.” “Fly Jets Over Boston,” and “Just Sayin.” These songs fit right in with the others on his album. Throughout 2011 and 2012, Adams released four promotional singles that were not on his album. These singles included “Blow Up,” “Summer time,” “Only One,” and “All Night Loneliness.” “Only One” was his first single to receive attention on mainstream radio. This song was so popular that people wanted to dance and rap the lyrics out loud. Adams lyrics are catchy and I think this was a perfect fit for a radio single.

The first single off his EP “Holdin’ it Down” (November 15, 2013) titled “L.A. Story.” features singer Mike Posner and was produced by OneRepublic’s lead singer Ryan Tedder. This song became a hit and the video has over 2 million views on YouTube. The song is smooth, relaxed, and an easy listen.

His EP, “Homecoming” has six songs that debuted at number 45 on the Billboard 200. The EP was produced by RAC, a major record label, and allowed Adams to show he’s back and ready to take the world by storm. The songs are easy to listen to, catchy, and relatable. This EP was the start of the next step in his career. This year he will be releasing another full-length album with collaborations including Pharrell. He will also be on tour and of course stopping here at the University along the way. His laid back, pop-rap style makes him a good artist to see. I think college students especially, should give Adams a listen and see what he has to offer. Adams is one to watch. Adams stays true to himself in his music and wants his fans to never forget that.

See Adams perform on Shadow Lown on May 4.

THAT BACK THE HANGS: SELF PUBLISHING

NICOLE MASSABROOK
EDITOR-IN-CHIEF

There is a divide in the world of book publishing, and no, we’re not talking about the self-published mystery novels that are often taken away. There is a divide in the world of self-publishing. Self-publishing is when an author publishes their story without the help of a publishing house, but have their hopes quickly taken away. Kevin Holton, a junior, has published mystery novels through Amazon’s Kindle Direct Publishing program. It’s a choice he regrets. “Unless you’re a marketing major, you’ll likely find little to no success in self-publishing because there’s a huge stigma against it. Generally, such work (I found out after) is considered self-important, low quality, and not worthy of traditional publishing.” Holton said.

Holton won’t read even books without some sort of traditional publisher. The English major said, “I don’t read self-published books because I’ve found this stereotype is often terribly true. If you’re looking for quality books, stick to the stores and online, independent presses. Any publication house is better than none.”

The problem is that many self-published authors put out books that are unedited, filled with grammar mistakes and generally not good. Of course, no one can generalize what is literally hundreds of thousands of ebooks. Looking at Kindle’s Top 100, not everyone shares Holton’s opinion. It seems that romance novels are often topping the charts, and even self-published novels can make the list. At the time of printing, “The Fixed Series” by Laurel Paige held the third spot in Kindle’s Top 100, sandwiched between novels from “Divergent” (the latest young adult book to screen adaptation). Paige used the Kindle Direct Publishing service to publish her romance trilogy. Tanya Anne Crosby is another romance author who found a lot of success with self-publishing. She actually left traditional publishers (where she became a New York Times bestseller) to publish independently, but she knows she didn’t take an easy path. Crosby said, “It’s actually a much tougher process because I have to coordinate all aspects of it, but since no one cares more about this book than I do, I know it’s going to get the proper treatment.”

Crosby has a team of beta readers who read her stories for content to make sure everything is consistent plus an editor and a proofreader. While she prefers publishing independently, she has had to learn many new aspects of the publishing world because she is essentially doing what a team of people does at a traditional publishing house: everything finding editors to marketing.

Crosby occasionally takes out ads in publications focused on romance novels, and she is active on social media. She makes sure to interact with her fans via Facebook and Twitter. Crosby believes the connection she makes with audiences via social media is vital. She said, “I believe this is not only important, but beneficial to me as an author because they are the ones I’m writing for. They can tell me straight out what is it they like about my work, or don’t like, and I can better write the kind of book they want to read.”

In far, though, the overwhelming acceptance of self-published authors seems to write, “A Winter Sword,” while most fans of other genres seem torn over the debate. Matt Scala, founder of the Creative Writing Club, said, “There are tons of conflicting opinions on self-publishing...I personally have read only one self-published book (my cousin’s poetry). I think they are valid, but if anyone is looking to make some sort of profit that isn’t really the way to go.”

Of course, most writers know that they will (hopefully) get into the profession because they love writing, which Crosby advises. “Be prepared to work harder, learn more, persevere, and edit, edit, edit! I edited the books that fill your heart with the ones you want to read. If you want to write about babies, no one else can love them like you do.”

Crosby’s latest e-book, a collaboration with two other writers, “A Winter Sword,” was released on Amazon on April 21.
After enduring a long commute back and forth from school, Tommy Thong, 23, a Twitch enthusiast and senior and lifelong video game enthusiast, likes to unwind with a new video game. “I just love playing the e-sports of Blizzard,” said Thong. “What’s strange about it to me is that Dietz won’t be playing the game himself, but watching someone else instead.

He’s not alone, as millions of gamers around the world are putting their time and effort into stream-centric gaming. According to Twitch’s “About” page, the website allows users to stream live video game content and chat with viewers or watch and comment on other’s video game streams, all free of charge.

“I watch Twitch somewhere between two to three hours a day,” normally,” said Dietz, explaining how Twitch has become almost as important as writing papers and pouring over textbooks as final exams approach. “It’s challenging or tedious to explore the complex, heavy topics that Landau presents in his work. If this is the case, the variety of pieces at the exhibit are nice to look at nothing else, and it is easy to absorb and enjoy the masterful technique behind the use of lines, symmetry, and colors in the artwork with just a thought-provoking journey that might permanently change your perspective on war, peace, existence, and morality.

Of course, if some it may be challenging or tedious to explore the complex, heavy topics that Landau presents in his work.

With that being said, head over to the “Judgment of War” this week to make your own judgment of Landau’s various works of art, before it’s too late. “A Judgment of War” is part of the Global Understanding Convention (GUC). Landau’s work has been annually exhibited at the University as part of the GUC for the last five years. It is on display in the Library Seminars Room until Friday, April 25. To immerse yourself even further in the experience, you can meet and talk with Professor Susan Douglass for times. If you need any more convincing, it’s completely free.

"...the artistry and imagination of Jacob Landau cannot only be a much-needed temporary break from writing papers...but also a thought-provoking journey that might permanently change your perspective on war, peace, existence, and morality.”

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How to Heal Your Hangover: A Step-by-Step Guide

TAYLOR KELLY
LIFESTYLES EDITOR

You wake up on the wrong side of the bed. At least you’re in a bed. You have to rub your eyes a few times before they actually open. You’re still wearing the same shirt as last night! How could you do such a thing? There’s your shirt, sprawled out across the floor along with your wallet. You reach for your phone. It’s 10 am and you’ve got four missed calls, 10 texts, and five percent battery left. You always charge your phone before bed! What were you thinking? Oh wait, you weren’t thinking. And then you realize that it’s too early and your head is pounding to the beat of some techno song you heard last night. Yup, you definitely should have resisted that last Tequila Sunrise.

Probably one of the worst feelings in the world, a hangover can sometimes trump the common cold or stomach flu. It’s not recognized as an illness, but it definitely should be. For anyone who has ever experienced the wrath of a hangover, you probably agree—it is miserable. There is arguably no cure for the monster either, but there are ways to make it go away faster or at least make your symptoms bearable.

1. Drink Water
It’s pretty obvious that you drank one too many cups of Moscato last night. You may have temporarily forgot what water is, but find a big glass of H2O quickly. Ten what water is, but find a big glass of water. And add ice. Water than consuming a day’s worth after alcohol consumption.

2. Go Back to Sleep
This may be the first time you’re being given advice to actually return to your bed. Take advantage of this opportunity. Hit the snooze button if you don’t have anywhere to be. What would be better to avoid a hangover than a dream about Ryan Gosling asking you to dinner? It’ll be disappointing when you wake up and realize your mind made that whole part up. But, at least you’ll feel a little better about last night.

3. Go for a Run
Does anyone really like running? I’m not sure if Olympic athletes even enjoy the sport. But, it’s beneficial. Besides clearing your mind, running helps you to burn calories and keep your heart healthy (there are no guarantees for your liver). If you work up a sweat, you will feel the burn escaping from your pores and you will feel like a new person. Plus, you’ll be proud of yourself when you’ve finished the mile.

4. Eat Carbs
Say goodbye to your no-carb diet for this day. Carbohydrates will allow your body to function properly and take all the alcohol around in there. Stock up on bread, whether it is in the form of a bagel or even a whole loaf of Italian. Many people swear by greasy foods as a hangover cure, so use an excuse as an after dinner plate that bagel with bacon. Hey, you just went for a run anyway.

5. Drink More
This is definitely not the smartest idea, nor the best way to try and cure your symptoms. However, it will ease the pain. Who doesn’t love a good mimosa in the morning? It’s orange juice! (And champagne…)

6. Take Ibuprofen
This is the last straw. The water bottle is empty. The run is over. The Baconator is eaten. Yet, you still feel horrible. Look to your good friend Advil to turn your day around. It may take a little while to kick in, but it’s your best bet in curing the pain that comes along with a vicious hangover.

7. Depend on Time
Time heals all wounds. Even the one in your head, your stomach, and all over the rest of your body. Father Time is the only one who will assure your hangover is 100 percent cured. It’ll also give you time to think about never drinking again, which will seem like the best idea ever. Until next Friday night when you’re offered a free Mojito. At that point, refer to step one and repeat the dreadful process all over again.

There are many alleged ways to make your hangovers go away, but the ultimate cure is time.
Imagine the anxiety and unease felt when you are undergoing any number of stressful situations. The discomfort experienced during those moments is not generally thought of as beneficial and if anything, is considered the complete opposite. It is therefore incredibly surprising that progressing stem cell research has shown that some normal cells subjected to stress can develop back into their embryonic or stem cell state.

While normal body cells have specific functions in specific areas (such as liver cells, cardiac cells, or muscle cells), stem cells are unique in that they are able to become any other type of cell. This research has thus far been done on mouse spleen cells and has delivered positive results.

Such a transformation from somatic or body cells to stem cells could allow for successful life-saving regenerative treatments. These treatments would involve patients fixing damaged areas of their bodies using their own transformed cells.

Furthermore, a successful method of transforming body cells would allow for access to a form of personalized medicine. This would involve individuals being able to have treatment specific to each one of their health requirements and it would also eliminate complications often faced by transplant patients whose bodies sometimes reject or have difficulty accepting cells from outside sources.

Dr. Dorothy Lobo, a biology professor, said, “Blood cells are so prevalent in our bodies, one of the major fields of medical research is the development of new treatments for diseases of the blood system. Research has shown that blood cells can be transformed into stem cells and has delivered positive results. Such a transformation from somatic or body cells to stem cells could allow for successful life-saving regenerative treatments. These treatments would involve patients fixing damaged areas of their bodies using their own transformed cells.

Furthermore, research has shown that normal body cells subjected to stress can revert back into their stem cell state.

**Research has shown** that normal body cells subjected to stress can revert back into their stem cell state.

**Stress May Unlock Stem Cell Research**

**Are Beats the Best Bang for Your Buck?**

**Beats by Dre** are one of the most expensive headphones on the market, but consumers may be paying a premium for a popular name rather than a quality product.
WHO: DEPARTMENT OF POLITICAL SCIENCE AND PRE-LAW CLUB
WHAT: 10 DAY STUDY TOUR OF EUROPE
WHERE: LONDON, THE HAGUE, AMSTERDAM, BRUSSELS
WHEN: JANUARY 2 - JANUARY 12, 2015
WHY: 3-CREDIT HOURS OF EXPERIENTIAL EDUCATION

EUROPEAN LAW AND POLITICS STUDY TOUR
FACULTY-DIRECTED PROGRAM

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Take up to 6 Credit Hours:
PS431 - Public International Law
PS371 - International Service Seminar (PS371 is required if student is seeking experiential education credit of a maximum of 3 credits). Students are encouraged to take Public International Law in 14/FA for valuable background knowledge.

This study tour will take place during winter break.

For more information contact Professor Greg Bordelon at bordelon@monmouth.edu or visit www.monmouth.edu/study_abroad
Register between March 10 and the start of your summer class. Reserve your seat today!

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**Summer in 4 weeks!**
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Session D: June 17–July 14

**Summer in 6 weeks!**
Session B: May 27–July 7
Session E: July 8–August 18

**Summer in 12 weeks!**
Session C: May 27–August 18

*Graduate students must take a minimum of six credits and must have earned a 3.0 or higher cumulative grade point average upon completion of their undergraduate degree.*
Alpha Kappa Psi Gets Down to Business

ALYSHA ZIMMERNAN
CONTRIBUTING WRITER

Shadow PR Firm/ Public Relations Student Society of America (PRSSA) (chapter)

“Alumni Day,” the last meeting of the semester, will be on Wednesday, April 30 at 2:30 pm in the HH109. Come to hear guest speakers Don Povia and Tiffany Miller, eat a lot of food, and refreshe with some drinks. It is a great networking opportunity!

Sociology Club

The Sociology Club invites you to join them on the annual Stratified Streets: A Visual Tour of Inequality trip to Seneca Falls, NY from Friday, April 25 to Saturday, April 26. Sign up in Bev Hall 241 by April 1. The trip costs $20 a person. For more information, contact Danielle Beonaichal, President of the Club, at s0919521@monmouth.edu.

WMX

WMX 88.9 FM is hosting “Major Butt Day” today in front of Pangere from 3 – 6 pm. Come out and see what all of the students are raving about. If you have any questions, contact Katherine Wight, General Manager of WMX, at s0923491@monmouth.edu. Hope to see you all there!

Sea Sharps Acapella Group

Sea Sharps will be having our Spring concert on May 3 at 8 pm in WMCX auditorium. We will have a couple guest groups joining us!

Catholic Center

Catholic Mass is held at With- ey Chapel at 12 pm Monday through Thursday, 7 pm Friday, and 8 am Saturday. All are welcome to come and learn more about the Special Education Field.

Boom Roasted Productions

Want to hear songs from your favorite musicians? We will be having a cabaret tomorrow, April 24 in Woods Theater at 8 pm. See you Wednesday night!

Zeta Tau Alpha

Zeta Tau Alpha is looking for male contestants for our Big Man on Campus event on April 30. If interested, contact Alexis Manzo at (609) 556-5237 or s0852941@monmouth.edu.

LASSO

LASSO is hosting it’s Last Latin dance lesson of the semester! Tuesday, April 29 from 6:00 – 7:15 pm in Anacon.

The Shadow PR Firm and PRSSA Host Alumni Day

With Don Povia and Tiffany Miller

West Long Branch, NJ - Monmouth University Alum, Don Povia and Tiffany Miller, will be guest speakers for the University’s Shadow PR Firm and Public Relations Student Society of America (PRSSA)’s Alumni Day event. The event will take place during the PRSSA meeting on Wednesday, April 30 at 2:30 pm in room 234 of Pangere Center.

Don Povia is Director of Sports and Entertainment for Carrot Creative, a social media agency in Brooklyn, NY, founder of the BWB digital sports media conference series, and founder and principal of HHR Media Group. Povia has developed a niche market working in sports public and media relations; through employing the skills and relationships he developed working as an online content producer, blogger and podcaster. With his expertise, Povia links traditional media and the social web for companies, brands and public figures. Povia has worked closely with top media outlets and brands including GQ, ESPN, SB Nation, Bloomberg Sports, 1-Mobile, Google, and Pepex Media. Povia graduated from Monmouth University in 2001, with a Bachelor’s degree in interdisciplinary studies, with a focus in political science and history, and received his Master’s degree in political management, from George Washington University, in 2004.

Tiffany Miller, serves as account director for R&J Public Relations, and has been with the firm since 2006. In her position, Miller is responsible for strategic planning and program execution for clients of various industries including healthcare, real estate and non-profits. Miller serves as a member of the agency’s Senior Management Committee, where she manages their account service teams, and assists in setting the agency’s strategic direction. Miller graduated from Monmouth University in 2005, with a Bachelor’s degree in communication, with a concentration in journalism and public relations.

For more information about the Alumni Day event, contact Laurel Weber, Vice President of PRSSA/COO Shadow PR Firm, at 808744@monmouth.edu or Dr. Sheila McAllister, faculty advisor, at smcallis@monmouth.edu.
Alpha Sigma Tau (AST) hosted Love Struck, their annual Greek event, on Wednesday, April 17 at 10 p.m in Anacoma Hall. Approximately 200 students attended the event, helping to raise over $1,500 for the sorority’s national service project, Habitat for Humanity.

The premise of Love Struck was similar to a dating game show, where a bachelor or bachelorette had to pick a date with the couple being able to see the other contestants. At the end of the “game,” the bachelor and bachelorette were each left with one contestant who won a date with them.

The audience laughed along with the bachelor and bachelorette when they asked the contestants questions such as, “If you were trapped on a desert island and could only bring three things, what would they be?”

Love Struck lasted six rounds; three for the bachelor and three for the bachelorette. Contestants were eliminated after each round. The winners of the game were given a basket with popcorn, candy, and a gift card to the movie. Halfway through the event, there was a raffle drawing for door prizes, which included $15 gift certificates to Scilla’s and J’s.

According to Stives, the event was designed to share an hour of good-hearted fun with everyone for the University community. “No one falls asleep at Love Struck,” she said. “It is not like sitting through a dull class.”

Lena Suarez, a junior social work major and member of AST, was very pleased with the way the event turned out this year. “Our Event Chair, Jessica Stern, did a wonderful job getting the entire event together,” she said. “We were able to raise more money than last year and we would not have been able to carry out our event without the support of our fellow Greeks and Monmouth community as a whole. We thank everyone once again and look forward to our event next fall.”

Suarez was proud of her sorority’s efforts to help those in need. AST hosts events in rec-ognition of their national philanthropy each semester, but, according to Suarez, Love Struck tends to raise the most money.

Panhellicen Council has been finding new ways to connect their members in light and fun activities to strengthen inter-organization bonds,” said Jon Buchalski, Assistant Director of Student Activities for Fraternity and Sorority Life. “The event was a huge success with about 125 women with their pillows and blankets watching the very quotable movie. I was told by one of my students that her Twitter feed was filled with quotes from the sorority women all evening.”

Buchalski said the brainstorming of the “Mean Girls” movie started with Fellowship Chair Carly Swanson, a junior communication major. “We decided that it would be fun to enjoy a cult classic with the entire community,” he said.

“Wilson auditorium was filled and everyone was quoting the movie and laughing together. I thought that the fellowshop events are great for our Panhellenic community and according to Swanson, the “Mean Girls” movie night was a great way to promote Greek unity and there might be some girls from all different sorority chapters on campus to partake in something they all enjoyed.”

“I loved the movie night and I think we should do it multiple times throughout the year,” said Raven Lake, a junior secondary education major. “It was so funny how we were all quoting the same lines, no matter what organization we were from.”

Ali Hart, a freshman education and anthropology major, was also very excited by the event. “I thought the movie night was such a good idea! ‘Mean Girls’ is one of my favorite movies, and I know everyone had fun watching it together and enjoying the snacks they provided for us.”

This was one of the first movie nights the Panhellenic Council has hosted, but considering its success, there might be more in the future. “I hope they (Panhellenic Council) do it again in the upcoming year because it was definitely worth going,” said Hart. “Mean Girls” was released on April 30, 2004. According to BoxOffice.com, the Mark S. Waterhouse Theatre, which made $24,432,371 in the Box Office during opening weekend, and had a worldwide gross of $128,042,871.

The film is a huge hit due to the fact that so many girls can relate to it, being that it represents every spectrum of the social popularity scale. It is a movie that manages to be funny and teach messages about anti-bullying and self-acceptance at the same time.

“Mean Girls” is approaching its 10-year anniversary, so the Panhellenic Council decided to showcase this classic film in Wilson Hall last Wednesday, April 16.
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Log onto wmcx.com for detailed information

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Melissa Boege
Mental Health Counseling 2014

James Morecraft
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Winners of the 2014
Monmouth University Library Research Awards
MOMENTS AT MONMOUTH

TOP LEFT: A GROUP OF STUDENTS TAKE ADVANTAGE OF THE BEAUTIFUL SPRING WEATHER AND HAVE A GROUP PICTURE DONE WHILE ON A RECENT TRAIL HIKE. (PHOTO COURTESY OF NICOLE RUBINO)

BOTTOM LEFT: SENIOR NICOLE MASSABROOK GETS READY FOR THE JOB MARKET AS SHE SHOWS OFF HER SNAPPY NEW BUSINESS CARDS. (PHOTO COURTESY OF ALYSSA GRAY)

TOP RIGHT: JUNIOR MAGGIE ZELINKA CATCHES SOME ZZZ’S BEFORE GETTING BACK TO HER BUSY END-OF-THE-SEMESTER WORKLOAD. (PHOTO COURTESY OF ALYSSA GRAY)

BOTTOM RIGHT: STUDENTS JESSICA ROBERTS, MICHELLE GRUSHKO AND DAN ROMAN TAKE A QUICK SELFIE WITH PRESIDENT PAUL BROWN AND FORMER NEW JERSEY STATE GOVERNOR CHRISTINE TODD WHITMAN. (PHOTO COURTESY OF JESSICA ROBERTS)

**TOP CENTER LOGO TAKEN FROM CBS.COM

HEY MONMOUTH!
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"MISGUIDED UNDERSTANDINGS" BY ALYSSA GRAY

COMICS

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For additional information, please call the Financial Aid Office at 732-571-3463, or stop by the office in room 108 of Wilson Hall.
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BEST OF LUCK ON YOUR FINAL EXAMS!
LOUISIANA-Tech coach John Stone is using this year's team's youth to its advantage.

"I've done this in the past and I don't think you can ever go wrong with the philosophy that you're setting out," Stone said. "Somebody will get some valuable playing experience this year and in future years, so we're just getting a head start."

"I think he's a big guy in the classroom area also," Stone said regarding the 6-foot-4, 250-pound pitcher. "He's a real big guy in the Academic Performance Program."
Softball Goes 3-1 Over Weekend Stint

KYLE WALTER
ASSISTANT SPORTS EDITOR

The University’s softball team won three of their four games this past weekend against conference rival LIU-Blackbrook and Quinnipiac Bobcats.

With the weekend results, MU now has a 14-11 record on the season and a 6-6 mark in MAAC play.

The Hawks opened the weekend by sweeping a doubleheader against the Peacocks on Saturday, April 19. Senior left fielder Ali Ray turned in another solid performance and plated a career-high 6-run mark.

The Hawks as she went 4-7 with five RBIs total on the day. Freshman Sydney Underhill picked up both victories for the Hawks, including a complete game shutout.

The first game was a pitcher’s duel as neither team was able to push across a run through the first four innings. After Underhill walked two to load the bases in the top of the fifth, the blue and white were finally able to break through in the bottom half of the inning and built a 2-0 lead heading into the sixth frame.

Senior infielder Kaity Lee Harrison got the rally started with a hit. The ‘Hawks as she went 4-7 with five RBIs total on the day. Freshman Sydney Underhill picked up both victories for the Hawks, including a complete game shutout.

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The men’s lacrosse team fell short in their comeback bid against Marist this past Saturday, April 19. Despite their 0-12 record, the team continues to show improvement and promise for the future as they finish their first year on the Division I level.

Full Story on Page 27