The University’s nursing department went on a medical mission trip to Haiti where they received assistance. Haitian individuals, like the young woman pictured above, received assistance.

ALYSSA MAURICE
CONTRIBUTING WRITER

Faculty and students from the University’s Department of Nursing went on a medical mission trip to provide health care for impoverished communities in Haiti last month and are now accepting various donated supplies to assemble hygiene kits for next year’s mission.

The week-long trip that took place from Jan. 5 - 11 was organized by the non-profit organization Foundation for Peace and District 14 of Sigma Theta Tau, the International Honors Society of Nursing. Nurses, nurse practitioners, and nursing students from various universities assisted in setting up clinics and providing basic medical care for local families. “I heard about this mission trip from the Sigma Theta Tau Nursing Society at a previous university that I worked at. One of my nursing alumni students was working on it and I joined her on the trip. I loved it,” said Dr. Chris McSherry, Director of the Pre-Licensure Nursing Program. “The students and nurses on these mission trips share experiences and learn and grow together. It is very rewarding.”

The volunteers worked in four different areas throughout the Ganthier region of Haiti, including the area that was hit by a devastating earthquake in 2010. Some of their responsibilities included diagnosing and treating patients of curable illnesses, distributing basic medications or antibiotics, and educating the community on things like hand washing and how to treat minor wounds. Volunteers typically see from 600-1,000 patients each day. Referring to the necessity of basic supplies to stay healthy, Dr. Lauren Jannone, Chair of Nursing and Director of the MSN Program who also attended the trip, said, “They are very important. Most families have no soap, water or toothbrushes.” According to the Foundation for Peace website, some of the patients treated had never before seen a medical professional. Access to basic healthcare and medication is extremely limited in Haiti, putting communities at high risk for bacterial infections or diseases. According to the Department of Public Health, some common diseases in Haiti include Malaria, Hepatitis A, and Typhoid Fever.

However, providing these donations and adequate medical care is not the only thing the participants involved in these mission trips intend to accomplish. According to the Foundation for Peace’s mission statement, another important aspect of the trip is to offer “encouraging words and moments of caring that say, ‘I see you. Your life matters.’ The students and nurses on these mission trips share experiences and learn and grow together. It is very rewarding.”

The three of us are ready and excited for the opportunity to put in a lot of work to help our chapter expand and to show Monmouth University students what our fraternity is about.”

TREVOR CARPENTER
Junior

The line brothers leading the fraternity’s reestablishment on campus include: Trevor Carpenter, a junior health studies student; Jonathan Nunez, a junior criminal justice student; and Hauscari Holgusin, a sophomore music student.

“The three of us are ready and excited for the opportunity to put in a lot of work to help our chapter expand and to show Monmouth University and the students what our fraternity is about,” said Carpenter. “In the short time that we have been brothers, we have raised money for charities, volunteered and, in my favorite, saluted our way back onto Monmouth campus.”

The University’s Greek organizations welcome the Pi chapter of Lambda Theta Phi (ΛΘΦ) Latin Fraternity Inc. back to their community after almost seven years of absence. In 1975, Lambda Theta Phi became the first nationally recognized Latino Greek organization. On Feb. 28, 1993, the 12 founding brothers of Lambda Theta Phi’s Pi chapter came together and brought the organization to the University. The last brothers to be on campus were in 2008, until now.

HEATHER MUH
CLUB & GREEK EDITOR

The University’s Greek organizations welcome the Pi chapter of Lambda Theta Phi (ΛΘΦ) Latin Fraternity Inc. back to their community after almost seven years of absence. In 1975, Lambda Theta Phi became the first nationally recognized Latino Greek organization. On Feb. 28, 1993, the 12 founding brothers of Lambda Theta Phi’s Pi chapter came together and brought the organization to the University. The last brothers to be on campus were in 2008, until now.

CHRISSY SMITH
CONTRIBUTING WRITER

In 2013, Asbury Park High School had the third highest crime rate in New Jersey, according to a report published on nj.com in 2012. Due to the circumstances of growing up in a statistically unsafe area like Asbury Park, Davenport aspires to cement the idea of both academic and personal success to the students. Being a University athlete, Dav- enport said he would love to coach and mentor the students of the Asbury Park school football teams and be a positive force. He said, “I had a tremendous support system in high school and through college.” Devon- port credits his success in life to his own personal role models, and aspires to have that influence on others.

In 2013, Asbury Park High School had a graduation rate of 51 percent, according to an article published on njtvonline.org. Davenport said he aspires to stay connected to the place that he grew up in. “I want to be able to contribute my ef- forts to Asbury Park and help kids and people who are facing similar struggles I faced growing up,” he said.

Davenport feels that a mentorship program will also help them avoid a crime-driven lifestyle. According to an nj.com article published in 2013, the total number of recorded crime incidents in Asbury Park was 1,106. One of those recorded inci- dents involved Davenport; while at a party in Asbury Park, he was stabbed in the torso. None- theless, such a traumatic experience did not deter Davenport from graduating. “I at- tended college because I knew getting a de- gree would allow me to accomplish the goals I set for myself,” said Davenport. His determination, even in times of hardship, has led him to live a more positive lifestyle.

As a college student and...
The Outlook

February 18, 2015

Leon Hess Business School’s Comparative Entrepreneurship Course Recognized Nationally
Monmouth University Selected as One of Three Finalists in Competition

DANIELLE SCHIPANI
Assistant Editor

The University’s Comparative Entrepreneurship course, taught by specialist professor John Buzza, was selected as one of the top three finalists in a national competition sponsored by the United States Association of Small Business and Entrepreneurship (USASBE) for special recognition in entrepreneurship education and international competition. USASBE chose Monmouth University, the University of Texas at Dallas, and Northern Illinois University as finalists for its Special Recognition in Entrepreneurship Award. Monmouth, however, did not win the competition. Over 85 universities in total participated in the competition.

Dr. Laura Jannone (the judges) took into consideration creativity of the course, uniqueness of the course, and impact on the students,” Buzza explained.

Devin Hope, a University alumna who graduated in January 2015, traveled to Tampa, FL for the USASBE conference from Jan. 22 - 25 along with Buzza. “It was very exciting to learn we earned a finalist position and could not wait to get there and present our paper. While there, it was a great experience for networking as well as learning about business and meeting professors from universities all over the country coming together for this purpose of higher education,” said Hope.

“It was extremely interesting, continued Hope,” to hear them announce someone else’s name as number one. But overall, the experience, and being top three, is a great accomplishment for my first competition.”

Students in Monmouth’s entrepreneurship course learn to create businesses and succeed in the surrounding community through the University’s Center for Entrepreneurship.

According to monmouth.edu, the mission of the University’s Center for Entrepreneurship at the Leon Hess Business School is to nurture entrepreneurial thinking through a “community of business partners committed to achieving social and economic progress.”

The University’s Comparative Entrepreneurship course and the experience of studying abroad enabled the class to grow close with one another. “The class grew close extremely quick on the trip. Most of us only knew one person of the 16 before we left and I believe it was a good thing. We were all together pretty much all the time so we all bonded fast,” Hope said.

Hope spoke highly of Buzza and explained the impact that he has had on her experience abroad and as a Monmouth student. “Professor John Buzza has been a major factor as to why this trip was so successful. He is such an influential man who truly cares about his students,” she said.

Hope was thankful that Buzza allowed her to attend the USASBE convention in Tampa. “He has taught me so much and has included me in things, like the Comparative Entrepreneurship course and the USASBE finalist convention, that I will forever be thankful for. Any opportunity that a Monmouth student gets to have him as a professor, they should seize it.”

DEVIN HOPE
University Alumna

Monmouth’s Nursing Department Provides Healthcare in Haiti

Haiti continued from p. 1

matters to me.”

“The people I met in Haiti taught me more than I could ever teach them. Their smiles, kind-heartedness, joy, laughter, hard work and thanklessness - despite the harsh conditions that they live in - were truly inspiring,” said Michelle Baginski, a nursing student who traveled with the group last month.

“I like to see the relief on a person’s face when they see that their pain is manageable and we can assist with that and I love working with students who are eager to learn and also willing to assist others in need,” reflected Hope. The group has participated in several other mission trips with her first being in Ghana, Africa.

Haiti is not the only possible destination for mission groups working with Foundation for Peace. The non-profit organization works with several universities throughout the country and organizations such as Sigma Theta Tau in order to assemble groups of profession-

The course is only available in the first time the course has been offered at the University. Monmouth University has supported the class, the University’s Center for Entrepreneurship has earned a national reputation for its 

“Going to Spain was amazing. I had already been once before, but this experience was completely different from my last,” said Dana McCann, a senior marketing and management major. McCann explained how the students stayed with host families while they were in Spain which lead to a realistic feeling of what it is like to live in the country.

McCann discussed the benefits of learning about small businesses in a foreign country. “Our opportunity to speak with local Spanish small business owners gave us wonderful insight into the culture of Spain on many different levels,” McCann said.

The summer of 2014 was the first time the course has been offered at the University. Santander Bank provided the University with a grant to help the class with some expenses, according to Buzza. After the success the Comparative Entrepreneurship course has had, Santander extended the grant for the next three years.

McCann strongly recommended this class to other students interested in studying entrepreneurship. “It is perfect because you get the study abroad experience without the cost and months away from home. It looks great on a resume and you make long-term friends,” explained McCann.

Hope agreed with McCann and recommends the class to interested students because she was able to "experience a trip abroad while learning about an interesting field of study.”

Hope said that the course could even be helpful for non-business students. “Entrepreneurship is all around us and even those non-business students should take advantage of a course like this to see what business is like in other countries. It is an experience I will never forget and I made memories that will last a lifetime,” said Hope.

Buzza expressed how the University has supported the class, which had in mind in making the course a success. “The support from our Leon Hess Business School along with our unique entrepreneurship education will continue to make the course one of the finest in the country,” said Buzza.

“I am very proud of our students and their accomplish-ments. Thanks to their dedication, the Monmouth University Center for Entrepreneurship has earned a national reputation for excellence,” said Buzza.

For more information on the Center for Entrepreneurship at Monmouth University, visit www.monmouth.edu/business/center-for-entrepreneurship.aspx.
Alumnus Makes a Difference

Davenport continued from pg. 1

“His success, both as a student and as a Division 1 athlete, provides a great example for the students at Asbury Park High School,” said Kevin Callahan, the University’s head football coach.

Balancing the priorities of life was a hard challenge, he overcame the aid of many important individuals. Davenport said, “I had a tremendous support system high school and through college. All of my football coaches pushed me to receive my degree. I still keep in touch with many of my coaches from high school and college,” said Davenport.

Davenport said that the youth need to see examples of success in their day to day lives. He is proof that those growing up in Asbury Park can graduate high school and take opportunities to succeed in institutions of higher learning out of the community.

Davenport was raised by his single mother, along with his four other siblings. He was the eldest, and therefore the role model as he is the first in his family to go to college. His mother tried to find ways to keep Davenport off the streets and away from negative aspects of community life. “I had a memorable childhood. My mother always had me involved in sports or other activities to keep me busy,” he said.

As a child, Davenport said his mother was his primary support system; she pushed him towards becoming the man he is today. “My mother was his primary support system; she pushed him towards becoming the man he is today,” said Callahan.

Davenport said that the presentation definitely meant a lot to him. “I had the opportunity to appreciate black culture, then I definitely achieved our goal and it was worthwhile,” he said.

He noted that Black History Month is an important part of American culture. “There are so many great accomplishments often go unnoticed. I thought it was really nice to see fellow students put their emotions into their various arts and be able to appreciate black culture through these students was something that I’m glad I could be there for,” said Chiarello.

“The presentation definitely raised awareness. There is so much black contribution to music, literature, and history it is crazy that it gets overlooked. I find it really nice to learn more about something that you’ve put so much time and dedication into,” said Morrison.

Alumnus Makes a Difference

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“The presentation definitely raised awareness. There is so much black contribution to music, literature, and history it is crazy that it gets overlooked. I find it really nice to learn more about something that you’ve put so much time and dedication into,” said Morrison. "I can’t wait to see the turn out of the day.”
Did you apply for graduation?

ATTENTION STUDENTS

In order to be on target to complete your degree requirements and graduate, the Office of the Registrar (OR) urges you to apply for graduation no later than 1 year prior to your anticipated graduation date. By applying at least 1 year in advance, this affords you the opportunity to receive notification from the OR indicating if you are not ‘anticipated complete’ with your registered courses. Having this early warning and additional time allows you the opportunity to register for any additional required courses or requirements.

Good luck with your coursework this semester!

PLEASE TAKE NOTE OF THESE IMPORTANT DATES FOR THE MAY 2015 GRADUATION:

March 1st, 2015: Deadline to submit Graduation Applications through e-FORM’s

April 15th, 2015: Deadline to submit any additional e-FORM’s requests (i.e. Substitutions, Waivers, Decline/Remove Minor, etc.)

**Please note: a FORM request received after the deadline date will not be processed**

ADVANCED SUMMER REGISTRATION BEGINNING MARCH 9, 2015

Continuing students in good academic standing are invited to register EARLY for all the Summer 2015 sessions.

The WEBadvisor online listing of SUMMER COURSES are currently available.

Students will be able to self-register using the WEBadvisor component of WEBadvisor. Students who have not yet obtained advisor approval will need to register in-person at the Registrar’s Office.

Full details are listed in the information and instructions e-mailed to your MU e-mail account.

WEBadvisor Screens for Registration:
- Course Schedule Information
- WEBadvisor Approval Blocks
- Course Prerequisites
- Section Information
- Search and Select Courses
- Register for Previously Selected Courses
- Viewbooklet 3
- Remove from Waitlist

Questions . . . . contact registrar@mum.edu
The Student Alumni Association’s
PHIL THE PIG Campaign

Fill your pig and build your class bank account!

Step 1: Pick up a piggy bank now! Piggy banks are available Monday-Friday from 9am-5pm in the Alumni House.
Step 2: FILL YOUR PIG WITH DONATIONS!
Step 3: Return your pig

Why should you feed your pig??

ALL money raised will go directly into your class’ bank account so you are able to purchase a spectacular Senior gift and leave your legacy on campus!

ALL students who return a fed pig will receive a mini piglet as a thank you gift AND be automatically entered to win an iPad Mini and the class who has the highest participation rate will get a special prize.

*Returned pigs should be dropped off in the Student Center on 3/2, 3/3 or 3/4 from 10am-2pm or any day Monday-Friday from 9am-5pm in the Alumni House.*

Remember... don’t let your pig starve!
The older couple who met someone people had even heard of was about with me, but one of the more recent have been plenty of tragic news stories with the couple's murder and the police's inability to find their bod added. kms police's inability to find their body added.

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What’s Really “New” About Messages in the News?

Regardless of intent, the American news feed has been rife with stories both heartwarming and heartbreaking in the past six months. Members of The Outlook’s editorial board stated to reflect on these moments, as well as think about the future and what may be in store.

“Though there is much sadness and hate in the world that the news is almost always awful,” said one editor. The staffer continued, “There have been plenty of tragic news stories that have struck a chord with me, but one of the more recent ones which I feel like not a lot of people had even heard of was about the older couple who met someone from Craigslist responding to their ad for an old car.”

The tragedy of course ended with the couple’s murder and the police’s inability to find their bodies for several days. “I feel like the more personal stories and the kind of this, one affect me more because I tend to picture myself in the shoes of the family of the victim(s),” the editor added.

Largely, however, The Outlook held the ISIS beheadings and spread of Ebola in West Africa among the most depressing news within the last six months. According to one editor, “It’s just disgusting that those [beheading] videos were shown. I boycotted watching them because if that were me or my family, I wouldn’t want anybody to see it.”

School shootings also topped the list of most disturbing news, with one of the most recent ones occurring at University of North Carolina at Chapel Hill. “I would consider any occurrence of a school shooting to be the most depressing to me, especially when it happens in middle or elementary schools. No one should have to fear for their child’s life when sending them to school,” said one staffer.

To no surprise the gloomiest stories outsized most cheerful ones. When attempting to recollect lighter news, The Outlook was stumped on remembering any specific occasions. “It took much longer for me to think of a positive news story. One comes to mind is that the guy who runs the ‘Humans of New York’ blog was able to help a school in Brooklyn raise money for its children to take a class trip to Harvard. The story made it to The Ellen Show,” recalled one editor.

Another isolated incident of uplifting news an editor remembered was a Philadelphian man who tweeted: “a picture of his location and the first one to find him he would give $100.” Aside from these few instances, The Outlook was hard pressed to think of any encouraging news items of late.

The fleeting nature of the news, however, leaves much to be desired, so The Outlook thought of what they would like to see in the headlines by 2050.

“I’d like to see a Chipotle home-delivery system. Because, quite frankly, I’m too lazy to get out of bed and head on over to the mall. But if they delivered, my life would truly have meaning,” one member said.

Joining the ranks of the Chipotle home-delivery, some Outlook members hope to see total gender equality, cars that drive themselves, and world peace dominate the airwaves.

Along with the seemingly immeasurable change that could occur over the next 35 years, The Outlook editorial staff also considered what daily functions might be obsolete by 2050. One staffer was disheartened to think that newspapers will be obsolete by 2050. The editor said, “It’s safe to say that many people prefer their content online, so printed news may cease to exist, at least in the form to which we are accustomed.” Additionally, a staffer thought that large-scale department stores like Macy’s and Sears will see a continual decline, as “outlets like Amazon and Alibaba are becoming the norm.”

“Now you’re cooking with gas!”

HOW TO SUBMIT ARTICLES OR LETTERS
The Outlook provides the Monmouth University community with information concerning issues in and around the University while serving as a forum for expression of the ideas of its readers.

Contributions must be submitted (email outlook@monmouth.edu) by 12 pm Sundays to The Outlook office, 2nd floor, room 260, Plangere Center.

All copy must include the author’s full name and contact information. The Outlook reserves the right to publish any articles deemed inappropriate or otherwise unfit to print in the Op/Ed section. Due to legalities, The Outlook will no longer print anonymous articles.

DISCLAIMER: All articles appearing in the Op/Ed section of The Outlook are solely the opinions of the authors and do not necessarily reflect the views of The Outlook’s editors (unless otherwise noted) or any and all advertisers. Opinion articles are untended and the content is the sole responsibility of their authors. All students and faculty are welcome to respond to any opinion piece that appears on these pages, and everyone is encouraged to submit an article for consideration. The Outlook reserves the right to publish any articles deemed inappropriate or otherwise unfit to print in the Op/Ed section.
The parking lots are terrible, the traffic around school is terrible, and everyone already seems to know each other. This may not be surprising to you, but it is to me. It's one of the reasons I came to Monmouth. I was not expecting a state school but I was expecting Monmouth to be slightly smaller.

There are so many things that I should know about this school that all other juniors seem to know. There are a lot of people I have had classes with since freshmen year. They have joined their sorority, fraternity, or some other organization. People have their sorority, fraternity or some other organization.

Where do I fit in? I left my old sorority and don’t want to meet another one out of respect and while I’ve made attempts to get involved in a sorority this semester I can only count my friends on one hand. People are not as welcoming as I had hoped.

I was never anticipating anyone to like me. If I were to go out to the welcome wagon or have a welcoming committee sing me to class. While I was not expecting a state school I was expecting Monmouth to be one of a kind. I know because that is what we are expected to do. We are just living to die. It is not knowing anybody, but making friends because they are just a few examples of how uncomfortable in their surrounding people have joined their sorority, fraternity or some other organization. People have their sorority, fraternity or some other organization.

The idea of a date is moving towards “let’s hang out at my house and we can hang out with my friends” rather than “would you want to go out to dinner and then catch a movie?” Do people go on legitimate dates these days?

Teach us where people go on these dates. Teach us what buildings are “haunted” and which are not. Tell us of great parking lots so we are not late for class when we have trouble with the closed and locked lots. Tell us how facilities deal with snow.

Teach us about MUPD and what the consequences are for underage drinking.

Tell us what is good to eat in the student center or the din - ning hall and where that is not. Teach us what teachers are great professors and professors and who are difficult — ours will have to get an A + in order to teach the course. Tell us about the professors and important.

Teach us about campus life and important.

Older generations have very different ways of describing the first date. A walk along the beach, a picnic in the park, dinner and a movie, or a walk in the park. Romantic getaways. It is a long way for both people in committed relationships and those just getting their feet wet in the dating world. We should make it possible to bring back traditional dating in a few different ways.

1. Do not send a text message asking someone out on a date. Pick up the phone and actually call. It is a lot more meaningful and important.

2. Dating is not a group ef - fort. Get away from considering the traditional meets. Everyone is now on their own.

3. Do not resort to “hanging out” as a date if you want to spend a lot of money. Be creative. There are a lot of activi - ties to do that are cost efficient. People are not used to spending money. Take them to a bar, the movies, or to a beach at sunset. With today’s technology they are used to finding a couple hanging out at the party and considering that a way to go out to dinner and then catch a movie.

4. Do not take your date to a party and considering that a way to go out to dinner and then catch a movie. It’ll make your date feel special.

5. Dating is not a group ef - fort. Get away from considering the traditional meets. Everyone is now on their own.

6. Don’t be afraid to step out of your comfort zone- you never know where life can take you.

“Here” texts are a common dating trend of our media consumer generation.

Don’t resort to “hanging out” as a date if you want to spend a lot of money. Be creative. There are a lot of activities to do that are cost efficient. People are not used to spending money. Take them to a bar, the movies, or to a beach at sunset. With today’s technology they are used to finding a couple hanging out at the party and considering that a way to go out to dinner and then catch a movie.
Brian Williams, anchor and managing editor for NBC Nightly News, has been the subject of the news thanks to Williams’ journalistic integrity has been questioned as a result of a fallout from a broadcast in which Williams recounted riding in a Chinook helicopter that was shot down during the Iraq War in 2003.

After the broadcast, Williams was suspended without pay for six months, and it has been a topic of discussion among military personnel, veterans, and military personnel who were involved in the incident since vocally blasted Williams.

Further, Williams has been under the control of Russian President Vladimir Putin, as evidenced by the passage of time in which the story of the alleged incident.

According to the other participants, however, it was the only accurate part of Williams’ story. It is his two-Chinook mission was forced to land due to the sandstorm, and they landed at the makeshift camp created by the downed Chinook from the earlier mission.

As the story unfolded, it appeared that Williams embellished the events in order to place him in a dangerous situation in which he actually did not participate.

Professor Melissa Zietro, instructor of history and coordinator of the Student Veteran Oral History Project, said, “Of course, memories are fallible—but my experience interviewing dozens of active duty military personnel, veterans, AND forward deployed civilians has been that, if anything, they tend to DOWNPLAY their experiences, compared to what they are credited with in after action reports, awards citations, etc.”

Dr. Alexander Yarym-Agayev, a professor in economics, a businessman, and political activist, shared his personal views with the help of his team, and his analysis of the situation in which the Chinook was landed.

Yuri Yarmin-Agayev on the unfolding issue of the Russian Invasion of Ukraine, where approximately 125 students and faculty gathered on Monday, April 21 at 7:30 pm in Willett Hall Auditorium.

Students and faculty that attended the talk got to hear a very personal upfront perspective of what it’s like to live in Ukraine while Russia began its invasion. Yarym-Agayev painted an image of his experiences by thoroughly explaining an ordinary day in Ukraine. “A year before the invasion it was quite comfortable, everyone was going on with their daily routine with no expectation of a dramatic change,” explained Yarym-Agayev.

“After a year, things began to change and that was when there were bus- ses of Russians being sent over into Ukraine. These Russians began to come over.”

He did so by inviting administrative build- ings and taking control of how things were being run.”

Despite the Russian inva- sion of eastern Ukraine’s administrative buildings and a part of the city’s life was really being harmed. Yarym-Agayev explained that daily routines remained in place regardless of being under the control of Rus- sians.

Brian Williams’ Memory Lapse Leads To Suspension

ASHLEY BOTWINICK CONTRIBUTING WRITER

Brian Williams, anchor and managing editor for NBC Nightly News, has been the subject of the news thanks to Williams’ journalistic integrity has been questioned as a result of a fallout from a broadcast in which Williams recounted riding in a Chinook helicopter that was shot down during the Iraq War in 2003.

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He did so by inviting administrative build- ings and taking control of how things were being run.”

Despite the Russian inva- sion of eastern Ukraine’s administrative buildings and a part of the city’s life was really being harmed. Yarym-Agayev explained that daily routines remained in place regardless of being under the control of Rus- sians.

Everything was normal and daily routines remained in place until April 2014. In April 2014, Russian military took control to strengthen when they landed at the makeshift camp created by the downed Chinook from the earlier mission.
WHAT’S UP AT CHABADMU?

SPRING SEMESTER
JANUARY-MAY 2015

GENERAL PROGRAMS

BOWLING TRIP
SUNDAY, MARCH 29TH
Call to RSVP

SKIING TRIP
SUNDAY FEBRUARY 8TH
Call to RSVP

GRILL & CHILL
EVERY SUNDAY 5:30-7:30PM
At MU Chabad

EDUCATIONAL PROGRAMS

SUSHI FOR THE SOUL
EVERY WED 3:30-4:30
Student Center (by pool table)
Join your fellow Jewish Students at this
weekly social exploring provocative and
fascinating topics in Jewish thought and living.
Feel free to ask any question on Judaism
while you enjoy sushi.

SHABBAT DINNER
AT CHABAD MU
EVERY FRIDAY NIGHT
At 572 Westwood Ave
This week, turn Friday night into Shabbat.
Join us for a 5 course home-cooked dinner!
All you need to do is RSVP on Facebook, and
bring some Jewish friends.

SINAI SCHOLARS
TUESDAYS, 7:30PM
BEGINNING FEBRUARY 10TH
at the Student Center
SOUL MAPS are you looking for purpose
and inner peace in your every day life?
Revel your inner wisdom and strengths with
an interactive 10 week course.
A $250 stipend will be granted to those who
fulfill the program requirements.

GENERAL PROGRAMS

BIRTHRIGHT
Are you Jewish?
Are you between the ages of
18-27?? Yes, then you qualify for a
FREE 10 day trip to Israel
For more info visit
www.MayanotIsrael.com

COFFEE BREAK
Something specific on your mind? Just
want to chat?
Schedule a coffee break with Rabbi
Yaskov at Rivki at a place of your
choice. Coffee break can be one-on-
one or with a group of friends.

CHICKEN SOUP HOTLINE
Feeling under the weather? Call
us for a taste of home, guaran-
teed to make things just a bit
better! Best of all, its delivered
good to your dorm/apartment.

MEZUZA BANK
Protect your dorm room or
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Free installation!

All activities take place at
Chabad MU 572 Westwood Ave
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Chabad MU is a project of Chabad of the Shore.
When I showed up with my over-priced box of popcorn and a large beverage to see Fifty Shades of Grey, I simply did not prepare myself enough for what I was getting into.

Fifty Shades of Grey, in so many words, is well-shot, excellent pornography.

You cannot make a movie about BDSM (Bonds, Discipline and Sadism and Masochism) and not expect it to be graphic. I can only assume most people knew this going in, but there was a little voice in the back of my mind saying, “They did a really good job at keeping it inside, can they?”

Well, they did.

The sex scenes were very graphic, and if you are not a fan of looking at other people’s bodies, I would not recommend seeing this film. I do, however, understand why it had to be done.

If you were curious as to what the female body looks like, Fifty Shades of Grey will definitely give you an anatomy lesson. I saw more of Dakota Johnson, the actress who plays female lead Anastasia Steele, than I would ever have liked to, but that was not the most disturbing part for me.

During the very graphic sex scenes, her reactions to the pain being inflicted on her seemed very natural and real, which is something I would have liked to see. Honestly though, I expected nothing less from a high-budget pornography film.

The “Red Room of Pain,” the term coined by Anastasia in the novel, was everything a fan of the series could have ever wanted it to be. Every detail from the red leather bed to the walls of “pleasures” devices were there on the screen. There wasn’t a single moment in the film that I wished I was in any other room in my house. It was so happy to see that Hollywood actually did a book justice for once. However, I cannot forgive them for the poor casting of Christian Grey.

Character-wise, Christian Grey is not the super sexy, dominant billionaire described in the book, which was not what I was hoping for. Don’t get me wrong, the man was quite attractive—he just wasn’t the Christian Grey I read about in the book.

 Anastasia, however, happened to look exactly as how I imagined her in my mind. Johnson was significantly less attractive than Dornan, and her acting matched perfectly to Anastasia’s reactions in the book. However, I cannot forgive them for the acting portion of this movie.

Considering the book was a mess, rampant with errors and overall bad writing, the movie was exactly that. It was quite obvious that the bad writing was covered up by other elements of the movie such as the acting.

The details of this storyline can go on for days, but I will give you a brief idea. Dragon Age: Inquisition, is a series set in the fantasy world of Thedas which brings me to the acting portion of this movie.

The ending by far was the best part of the movie, and no, it wasn’t just because I didn’t have to sit through the entire Inquisition started singing during the sex scenes. The story ends abruptly, just as the book did, and it made for a pleasant dramatic effect but the question remains, should you see this movie?

If you read the book and really want to see what everything looks like, then by all means, go ahead and see the movie, but wait until it comes out on DVD and watch it alone. I will say, it was quite an uncomfortable experience, that intense sexual relations happen on screen with a full house of overexcited movie-goers such as myself.

In your journeys across Thedas, you will likely notice a large number of LAT and LGBT individuals. LGBT rights is Inquisition’s chief social concern, and such characters are featured strongly within the entire Inquisition started singing during the sex scenes. The main characters of the organization are to make treaties and gather information. They go through great pains to present these characters in a manner that is politically correct and constructive to the LGBT image. They also provide romance options relevant to the LGBT demographic.

Fifty Shades of Grey is the first installment of a trilogy penned by E.L. James. The film adaptation made $89 million in its opening weekend.
The event began with a brief introduction by Linda Mulhhausen, who thanked everyone for coming out on the holiday. "Regardless of what you feel about Hallmark holidays," she said, "it is Valentine's Day. "I think that's what all writer's write about... it all comes down to love," she added. Parker soon took the mic, noting the grand turnout. "I've never seen a bagel shop so full!" she said. Her first readings were from a new manuscript she is working on, which focuses on her mother, the aging process, and questions of health and mortality as life draws to a close. The opening piece was "We Set the Bed on Fire," in which her mother recounts her honeymoon, and how Parker's father knocked over an ash tray and literally set the bed aflame. Her selections also included pieces like "This Border" and "M F K Fisher Has Lunch." These pieces were filled with powerful yet ethereal lines, like, "Be prepared for fatigue and light mattresses," and, when describing Paris, "It is a society built on hello and goodbye."

She also read a piece recounting her meeting to Paris, though the trip is hindered somewhat by her mother's failing mental health. Lines here included, "Agenda for Monday: Be a good daughter," and, when the narrator is standing in a crowded restaurant, "Thinking she will search for you, her daughter, but she does not."

Parker then read from Viral, passing between poems to note the tragedy of young people committing suicide and the difficulty she faces commuting from New York City to Brockdale Community College to teach, as the bridge she drives over is a major suicide spot. "These young boys commit suicide in very definitive ways," she said in reference to gay college-age men who choose violent methods of suicide. Thus, her first poem from this section was "Momentum," which read, "Pills demand that you eat your guilt."

Other selections included "Prairie" and "Splash," the latter of which referred to a popular gay bar in New York. "Only Kissing" looked directly at the Clementi case, highlighting how the two destroyed simply for kissing a man. Febos was welcomed to the mic with a smile. "I don't usually open a joke. "If you haven't read Whip Smart by now, don't worry, I'm going to read it right now," she said. "I hope you all carb loaded. It should only take five hours."

She then clarified that she wouldn't be reading from her memoir at all, and instead read selections from a new work-in-progress that looks to tell all the stories she promised to. "Tom was on my short list," she said. "I'm looking to watch them leave and not chase them away."

The event ended with a brief open mic where a number of Uni- versity members read, including Jennifer Filannino and Professor Frank Ciprani. The next Red Bank River Read will be taking place at the Red Bank Manhattan Bagel at 2:30 pm on March 14, so be sure to head down to the Crow's Nest to hear the rest of the local literary scene.

The overall arc of the collection is about meeting her birth father, an alcoholic and drug addict who left her family soon after she was born, which "is something I never thought I'd want to do."

Her first reading was two separate sections from "Salt." Some lines included, "Tom was a short list, a tiny suitcase my parents unpacked for me when I was young," and "I looked through the glass bottle and saw my parents on the other side." She also recounted when she began to eat pancakes with butter and salt, and her mother noted that her father would always eat his pancakes that way. "I'm writing my way into knowledge of my own experience," Febos said.

She moved on to an essay called "Topping from the Bottom," which tells the story of her meeting a woman named Lola, who was suspended by books from the ceiling of a party in New York City. "The puncture wounds, but not Lola," Febos recalled. "Sometimes the difference between what is holy and what is pathological is just a matter of fashion," she added.

Her reading ended with a section from "Call My Name," where she describes her love of words moving up, tying this into her family struggles. In reference to her two fathers, she said, "I taught you how to watch them leave and not chase them away."

The event was not only at The Daily Show, but many comedians skewering politics, the media, and news in general. After 15 years of entertainment, Jon Stewart announced his retirement from The Daily Show on Feb. 10.

This announcement is not completely surprising. Stewart's contract with the program was set to expire sometime this year, and he also took three months off last summer in order to direct that film, Rosewater. But despite these factors, his departure has certainly sent ripples through the waves that his show has made in the media.

"He's a young audience into watching news," said Lauren Payne, a TV critic. "He's a good communicator of the news." Stewart's most trusted newsmen. His ability to bring absurdities to light with consummation and dull for the social media generation, but Stewart was a unique voice that could break through the barriers. A Time magazine poll showed that the public ranked him as one of America's most trusted newsmen. His ability to bring absurdities to light with a comedic edge and sincere touch has made him easy to follow and trust.

"Colbert and Stewart leaving together is a beautiful tragedy," said Casey Schelling, a freshman. "They'll be missed." Stewart pushed the way forward for the entire genre of satire news on television. With the launching of The Daily Show, many comedians have been able to go on their own shows. Colbert, for example, soon had the idea of the The Daily Show into something completely unique by taking the perspective of a character rather than reporting as himself. Former correspondents John Oliver and Larry Wilmore also found success in the genre referred to in Colbert's "Tea Party Caucus" segment on The Daily Show, which featured a character who defeat the public down and will likely be the public's new best friend. Still, the "fake" newsman is set to leave still be loved and trusted by the public.

Stewart's goodbye will not be easy. The Daily Show's Central have big shoes to fill, and the job is one that can be taken lightly. As Stewart stated in his retirement message, The Daily Show "doesn't deserve an even slightly restless host." But whoever takes the desk next on The Daily Show, as the era Jon Stewart ruled will never be forgotten.
Can you smell it in the air?

Everyone will be at CHABAD MU

Challah

Baking

with President

PAUL BROWN

Tuesday, Feb. 24th
5:30-7:30pm

At the home of
President Brown &
Ms. Joan G. Fishman
Doherty House
10 Norwood Ave,
West Long Branch

RSVP Required
Buffet Dinner will be served

Learn how to mix, knead and shape
the world’s most delicious bread.
Make two - one for you and one to
share the spirit and give to a friend.
Have fun, express your creativity and
do a Mitzvah at the same time.

For more info, contact Yaakov at
ChabadMU@gmail.com 732-829-7476

Chabad at MU is a project of Chabad of the Shore.
Forget if You’re Overworked, Underpaid: The Perks of a Part-Time Job

KYLE O’GADRY
STAFF WRITER

College: Arguably the four most critical years of developing into who you are. You learn a lot of things in college, like how to balance equations, how to properly use MLA format, or how to write a paper on global warming. Depending on your major, your environment is constantly changing, but what doesn’t vary from major to major is the valuable life lessons picked up in those four years.

Although it may seem like a burden at times and maybe not worth the money, having a part-time job while attending college can be beneficial in multiple ways for personal development.

ALISON GOERKE
STAFF WRITER

You make the cold long walk to class, constantly bundling up with infinity scarves and boots and real winter clothes. It’s freezing! What about you? Maybe you just look out the window at 5 pm, it really seems like 8 pm? Whatever it is, you should embrace this change of weather.

When asked about a change in her mood because of the weather, Iannuzzi said there are ways to embrace this change of weather. First, salmon is high in omega-3s and good for the brain, Phillips said, and salmon is a great source of omega-3s to help combat SAD. Also, milk is high in calcium and magnesium. Milk has calcium, which helps to reduce depression. Other remedies for SAD actually use the opposite season of light as sunlight does, which improves your mood and lessens the effects of SAD, according to Dr. Lisa Dinella, an associate psychology professor. The “Winter Blues” may feel like a myth, there is something to this. In the time of year where people have said that they feel like they’re in a “falling out of love” mood, they don’t feel as happy as they normally could.

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The Outlook    13 Lifestyles February 18, 2015

Part-Time jobs are often a dreaded but necessary part of a college student’s experience.

“SAD is a clinical diagnosis, used to identify individuals who experience depression that is linked to the changing of the seasons. It is most commonly experiences during fall and winter months, and although the field does not completely understand the mechanisms of SAD, research has linked it to changes in melatonin, serotonin and internal sleeping cycles, which all may be linked to less sunlight during the fall/winter months.”

DR. LISA DINELLA
Associate Psychology Professor

When asked about a change in her mood because of the weather, Iannuzzi said, “I sometimes believe that the Winter Blues are real because there’s not as much to do outside. I’m a very outdoorsy person and the outdoors outside affects my day to day activities, even though I love to go for long runs, especially on the beach. In the winter it’s way too cold to run outside and I really don’t change my mood.”

“Ianuzzi also said, “Life is what you make it. My housemates and I make conscious efforts to be outside as much as possible. There are still fun things you can do when it’s cold outside, like going skiing or tubing. I think it’s fair to say that the ‘Winter Blues’ exist, but how you handle it is up to you.”

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A student's Grade Point Average can be a key factor when applying to college. Is this box or choice field. Therefore, it is imperative that students take the necessary steps to be successful in their chosen grade-point average. Aside from academic performance, students will need to maintain an effective attitude if they wish to be successful in their chosen grade-point average. Often, they will need to approach their professors and try to negotiate with them to reach a desired GPA. There is considerable evidence that a student's GPA is a viable tool for determining whether students can be successful in their chosen grade-point average.

Some students feel they are not appreciated, under-estimated in anything but what they hear these bands, so, like what's weird. The popular kids with heavy metal music were called weird. The popular kids with EDM music were called weird. The popular kids with country music were called weird. The popular kids with jazz music were called weird. The popular kids with blues music were called weird. The popular kids with classical music were called weird. The popular kids with pop music were called weird. The popular kids with rock music were called weird. The popular kids with rap music were called weird. The popular kids with electronic dance music were called weird. The popular kids with reggae music were called weird. The popular kids with pop music were called weird.

The usual suspects most youth think of when they are considering music are the following: Blues, Classical & Jazz, EDM, Hip Hop, Country, Rock, Pop, Rap, R&B, and Rock. These are the most popular genres of music among teenagers.

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What Does Your Pet Say About Your Personality?

CLARE MAURER STAFF WRITER

There are many age old debates out there, but is a cat or a dog to your taste? Ketchup or mustard? Crust or no crust? Gryffindor or Slytherin? All these debates stand out in particular that resonates with everyone: Are you a dog person or a cat person? And what exactly does your answer say about you?

Research presented by the Association for Psychological Science explained that there are distinct personality differences for dog people and cat people. Dog lovers were shown to be more outgoing, energetic, and more likely to follow rules. Fans of cats were introverted, sensitive, non-conformist when it came to rule follows, but they had higher intelligence scores. These personality tropes are polar opposites, and from what I found, it seems that Monmouth students lean more towards loving dog people.

As someone who has experienced the friendships of having both cats and dogs, I’d say having a dog is a more fun experience. It’s true that dogs can be lazy, but, though, is not black and white.

Many students at Monmouth have both cats and dogs, and their personalities are a combination of both. Some students love the companionship of dog’s and enjoy having someone to walk with, but also don’t mind the constant barking of a dog. Others are some who enjoy the need to take their cat to the vet and worry about their health. However, as much as I think I am a ‘cat person’, I’ve grown to love the companionship of having a dog as well.

In our modern age of instant connection, it’s easy to see how we’ve become so accustomed to being able to instantly get in touch with and hear back from anyone we choose. But adjustment is a far cry from obsession, which some people today seem to be infringing on with their devices and conversations.

A major reason behind this is the lack of wait times between responses. Anyone can text or message back instantly, so it’s created this world of impatience and need to keep up the flow of virtual conversation. But does this society of “text-backs” actually disrupt communication, or is it just a story of the new definition of communicating today?

Before we think of whether instant responses are a bonus or detractor of communication, let’s think of all the good the technology has done for us and our conversations.

It’s really not such a bad thing. Rahmonn McMillan, a sophomore fine arts major, seems to disagree. “For however, all I know, you could need the answer to an important text by an hour ago. If I did the same thing in person it would be as if I just sat here and stared at you for an hour before answering.”

The dog vs. cat debate not only shows which animals people prefer, but what kinds of personalities those people have. The dog and cat school and partakes in intramural sports now, so it seems that her choice matches up personality-wise as well as health wise. Obviously this is not the case with everyone, as even though I am outgoing and extroverted, I am not very physically active, besides running with my dog. Stephanie Merlis, a sophomore business marketing major, said, “I’m a dog person because they’re more attentive and fun. Cats are cute, but they can be lazy and boring after a while.” Merlis also found similarities in her choice with her personality. “I think the fact that I like dogs matches my outgoing personality.”

But Merlis also has some fe line qualities as well, something all college students can relate to. “I also have some traits that are cat like, such as taking long naps.” This theme carries over to professors as well as students. Moyi “Pony” Jia, a lecturer of communication, identifies as a dog person for both pet preference and personality. “Personally I think I am a ‘dog person,’” Pony explained. “[I am] passionate, warm, and friendly. I also prefer to be with friends in all settings, the breed of animal. Harris explained that each breed of dog has their own distinct personality, and that the type of dog you bring into your house says a lot about you. “I also have some traits that are very spirit animal,” and “Doggggg!” were just a few of the responses.

Two people, classified themselves as both, and no one came forward as a cat person. This does highlight some of the best traits about dogs.

As is usually the case in debate, this balance is the best option for communication. It’s really not such a bad thing to be able to communicate with your texts and other “virtual” conversations as you are with your real life counterparts, but it’s important not to become too dependent on always sending that instant text back. After all, it’s a nice feeling to hear the phone buzz and just ignore it every once in a while.

Clare Maurer is a freshman political science major. The dog vs. cat debate is not only a topic for students, but for faculty as well. The Outlook encourages all students to join the conversation on this topic as you are more likely to read or send texts in your life. The Outlook encourages all students to join the conversation on this topic as you are more likely to read or send texts in your life.

What it all comes down to is if texting back is an important part of modern communication. It can be said clearly that it is, but it’s the timing of that text really that crucial?
Lambda Theta Phi Latin Fraternity Inc. Returns to Campus

Lambda Theta Phi, although Lambda Theta Phi was accepted to recolonize at Monmouth prior to his start date, Buchalski was familiar with the organization and the men it attracts. “I had worked with the organization at Rutgers and I knew that they were a strong group, especially for the male Latino student population,” Buchalski explained. “They serve as a great option for our students interested in a culturally based Greek letter organization, especially with the increase of culturally-based students at our university. One of my goals for the fraternity is to provide options for every student at Monmouth to affiliate with a fraternity or sorority that best represents their own personal values.” With three members initiated in the fall of 2014, the Pi chapter is now a fully functioning chapter. Carpenter explained that he and his brothers are currently focusing on expanding the chapter, “as well as remaining visionary leaders to serve the good of the whole, and becoming leaders of the Latino Greek movement.”

“To date, this has been the best decision of my life and I’m proud to be a brother of Lambda Theta Phi,” said Carpenter. “The process of re-establishing the Pi chapter was well worth it, as me and my line brothers are passionate about getting the Pi chapter back on its feet, becoming a strong entity and developing into one of the premier Greek organizations at Monmouth University.”

Brothers and alumni alike are happy to bring some diversity back to campus and eager to see what the future has in store. As Medrano explained, “Lambda Theta Phi definitely brings a unique style to Greek life on campus which I pray remains that way for years to come. Lambda Theta Phi joins the Latin Greeks’ event on Feb. 4. (From left to right) Trever Carpenter, Huascar Holguin, and Jonathan Nunez, the first Lambda Theta Phi members to be initiated into the Pi chapter in years, salute at Keen University’s ‘Meet the Greeks’ event on Feb. 4.

Monmouth Area Vegetarian Society

MAVS Hosts Free Vegan Potluck and Presentation by Award-Winning Nutrition Author

PRESS RELEASE
West Long Branch, NJ -

The Monmouth Area Vegetarian Society (MAVS) is hosting a free vegan potluck and presentation by Karen Ranzi, M.A., an award-winning author, motivational speaker, registered dietitian, and raw food chef. The event will take place at Monmouth University’s Magill Commons Club Dining Room on Sunday, March 1, 2015 at 1:30 pm. The event is free and open to the public.

In her presentation, “Nourishing Ourselves, Nourishing Our Families with Living Foods,” Ranzi will share her expertise on plant-based nutrition, explaining ways to maximize health through better food choices. She will discuss the maximum nutrient density in living foods, providing tips on how to prepare easy and nutritious meals. She will also discuss the role of raw food nutrition in preventing and treating disease forms and enabling healthy, vibrant living.

Ranzi is the author of Creating Healthy Children: Through Attachment Parenting and Raw Foods and Raw Vegan Recipe Fun for Families. She is a multi-award winning author, motivational speaker and presentation, and has been featured as a guest on The Living Healthy Show.

Those interested in attending the presentation and vegan potluck should RSVP to Mary Harris at mharris@monmouth.edu. Visitors are encouraged to contribute a vegan dish to the potluck. For more information about MAVS, please visit www.mavsonline.org/wellness/MAVS.asp.

The Monmouth Area Vegetarian Society (MAVS) is a non-profit, non-secretarial educational organization that promotes healthy lifestyle and diet options and empowers people to make positive lifestyle changes. The organization also provides numerous educational resources to inform about and promote the health advantages of vegetarian diets.

The organization is open to all individuals who are interested in learning more about Human Resources and the growing career opportunities within the field. For more information, visit the Student Chapter Human Resources Club and learn about the exciting profession that employs individuals from all majors. The club is active and exposes its members to industry professionals through a variety of events. If you would like to know more about the club, please contact Ellen Reilly at ereilly@monmouth.edu.
Are you for or against the use of vaccinations?

**Compiled by: Kiera Lanni**

**Peter Junior**

“I’m for them.”

**Nick Senior**

“I’m for the use of vaccinations.”

**Rocio Junior**

“It all depends. I do believe people have the right to say whether or not they want to be vaccinated.”

**Dan Junior**

“I’m for it. It protects the herd.”

**Dr. Rebecca Sanford-Associate Professor**

“I am in favor of not bringing measles, mumps, or rubella into the classroom.”

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**Word Find**

Are you for or against the use of vaccinations?

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**Rocio Junior**

“It all depends. I do believe people have the right to say whether or not they want to be vaccinated.”

**Dan Junior**

“I’m for it. It protects the herd.”

**Dr. Rebecca Sanford-Associate Professor**

“I am in favor of not bringing measles, mumps, or rubella into the classroom.”

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**Quote of the Week**

“Life is what happens to you while you’re busy making other plans.”

**John Lennon**

**Placards Around Campus**

BEY

DININGHALL

EDISON

GREATLAWN

HOWARD

LIBRARY

MAC

MCALLAN

RECHNITZ

RSSC

WILSON

WOODS

PLANGERE

POSSLAK

POZYCKI

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**Moments at Monmouth**

**Top Left:**

Physician Assistant Program Students

Show MU Some Love During Physician Assistant Week

(Photograph courtesy of Niki McCabe)

**Center Right:**

Monmouth Study Abroad Students

Share Their View in the Mountains of Australia

(Photograph courtesy of Samantha Zbarsky)

**Bottom Right:**

A Perfect Slope in the Back of Wilson Hall

(Photograph courtesy of Kiera Lanni)
Men’s Basketball Edges MAAC Opponent Marist, 69-65

The Hawks have taken sole possession of the Metro Atlantic Athletic Conference (MAAC) improving to 11-5 in conference play, 15-12 overall, with a 69-65 win over the tenth place Marist Red Foxes on Monday night in the Multipurpose Activity Center.

Sophomore guard Justin Robinson led MU scorers with 20 points, all coming in the second half of this MAAC contest. Junior guard Deon Jones added 18 points, while sophomore guard Colin Stewart followed up his career-high 21-point performance against Siena with nine points of his own.

Austin Tilghman contributed with a seven points, five rebounds and seven assists, a career-high for the freshman guard.

Senior Brice Kofane, the 6’8” transfer from Providence, continued to carry the Hawks on the glass collecting 12 rebounds, as well as six points and three blocks. Senior guard Max DiLeo tallied three points.

The Hawks and Red Foxes squared off in Dec., MU came away with a 57-50 victory. How- ever, Marist squared off in Dec., MU came out.

The Hawks have taken sole possession of the 2014-15 season.

These two teams met earlier in the regular season, 15-12 over- all, with a 69-65 win over the Hawks.

The Hawks led 63-58 with just over two minutes remaining in the game. Head Coach King Rice said, “They (Marist) probably out-played us in the first half, Robinson said, “We came into plays not doing enough plays, not carrying the ball, shots started opening up.

The Hawks raked in a total of 15 faceoffs, giving the opposition four groundballs, giving the Hawks an abundant amount of opportunities. MU took advan- tage of this fact and outshot their opponent, 20-14.

“Don’t think it could have been any better. It all clicked for us tonight between the attack, midfield, and defense,” Stathius said. The Leopards from making any opportunities. Junior defender Eva Irwin racked in two caused turnovers and two groundballs as well.

Irwin said, “We have this defense and we feel comfortable putting the ball, shots started opening up, we knocked them down.”

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The Monmouth University men’s track and field team won the MU Winter Collegiate Invitational, and the women’s team finished second this weekend in the biggest meet ever hosted at the Friedman Athletic Complex.

On the men’s side, junior A.J. Dupee was the winner out of 93 runners in the 5,000-meter dash with a time of 15:59.31. He was followed by junior Martin DelCastillo in third, and senior Andrew Landgille in fourth in a very tight race. Freshman Jack Grace claimed second place in the 5,000 with a time of 15:07.72.

Sophomore Molly McKean headed the team in the 3k, which is 19 laps around the MAC’s indoor track. Monmouth’s men took the top two spots and four of the top 10 places in the meet. Junior Dominick D’Agostino was the winner of the event in 4:17.57, while junior teammate Graham Huggins-Filozof took second place at 4:18.72. Senior Kahana was in third place in the 800 while teammate senior Joel YYepesy took sixth with a time of 1:56.59 and 1:59.28. M.U.’s DMR (distance medley relay) team of Huggins-Filozof, junior Rob Staskowski, Bowen and D’Agostino won the event with a time of 10:33.84.

In the men’s field events, senior captain Taylor Bernstein took third in the 3k, which is 19 laps around the MAC’s indoor track. Monmouth’s men took the top two spots and four of the top 10 places in the meet. Junior Dominick D’Agostino was the winner of the event in 4:17.57, while junior teammate Graham Huggins-Filozof took second place at 4:18.72. Senior Kahana was in third place in the 800 while teammate senior Joel YYepesy took sixth with a time of 1:56.59 and 1:59.28. M.U.’s DMR (distance medley relay) team of Huggins-Filozof, junior Rob Staskowski, Bowen and D’Agostino won the event with a time of 10:33.84.

On Saturday morning, the Monmouth Surf Club had the beach to themselves this past Saturday, Feb. 14, when they braved the cold winds and rough surf to take on Mother Nature. The Monmouth Surf Club is fast. Swell can pop up or die down in hours, while the cruel, white winter air as we plunged into the ocean. Once we got another wave, the tide was dropping, and we could find a fun peak to our liking, which we will never forget. Not because the waves were huge and not because the conditions were perfect for neither was the case. Days like this past Saturday are some that we will never forget. Not because the waves were huge and not because the conditions were perfect for neither was the case. Days like this will be remembered because there weren’t any cameras on the beach; there wasn’t any hype prior to the session, just friends who truly love what they are doing together. The sea yielded perfect, peaky waves that filled our hearts with joy and our suits with cold saltwater.

On Saturday afternoon, the Monmouth Surf Club boys were out and about. The cruel, white brick walls of New Hall forced us to stay away. The tide was dropping, and we could find a fun peak to our liking, which we will never forget. Not because the waves were huge and not because the conditions were perfect for neither was the case. Days like this will be remembered because there weren’t any cameras on the beach; there wasn’t any hype prior to the session, just friends who truly love what they are doing together.
Sweet, Sweet VICTORY

On Valentine’s Day, the Hawks were able to gain their first win over the Lafayette Leopards since 2011. Senior Allison Stathius (above) was named the MAAC Offensive Player of the Week after scoring four goals in the game.

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