University Holds a Sexual Misconduct Week

KERRY BREEN
STAFF WRITER

The University held a ‘Hawks United Against Sexual Misconduct’ week, to spread awareness of sexual assault on college campuses through presentations and panels that took place campus-wide from Monday, Oct. 12 to Friday, Oct. 16. The week was an effort to bring awareness to the victims of sexual assault, how to help them, and how to prevent assaults from happening in the first place.

According to statistics gathered by the New York State Coalition Against Sexual Assault, it is believed that one in four college women will be assaulted in their lifetime. It is also believed that in nearly 50 percent of attacks, the perpetrators did not believe that they were committing rape, despite the fact that their act matched the legal description of it.

“We have a robust and comprehensive policy of dealing with issues of sexual misconduct [on campus],” said Mary Anne Nagy, Vice President for Student Life and Leadership Engagement at the University. “We learn all the time and make modifications and changes. In general, we are very focused on the student as the victim survivor, while we ensure that the student who may be charged as the alleged perpetrator also has their rights protected.”

Two events took place on Monday. One titled “A Call to Men” was hosted by Juan Ramos in Wilson Auditorium; the other was a presentation by the Monmouth University Police Department, held by Corporal Jeffrey Layton in Pozycki Hall. On Tuesday, health and physical education professor Christopher Hirschler hosted an event called “Be The Change You Want To See.” Other events that day included a presentation on domestic violence by Janet Lee of the non-profit organization 180: Turning Lives Around, and a screening and panel discussion of the film “The Hunting Ground,” a documentary that talks about the epidemic of rape on college campuses.

According to Nagy, who was a part of the panel discussion, “The Hunting Ground” will be used for campus training as well. There are two versions of the film that exist: one is the complete movie, which is an hour and 43 minutes; the other is a cut version that lasts an hour. About 200 students attended the screening and panel. The film follows undergraduate rape survivors pursuing both their education and justice, despite ongoing harassment and the issues that face them and their families.

“It’s a very powerful, disturbing film,” she said. “There were very few students in attendance, and I think that’s unfortunate. I think they could have learned a lot from the film, and I hope they would appreciate that our campus approach is very different from what was seen on the screen.”

Nagy hopes to continue the film as part of training for resident assistants and student orientation leaders, as well as possibly showing it to members of student government in the hope of letting them know more about the epidemic of rape on college campuses.

On Wednesday, there were three programs. The first was a presentation on domestic violence held by Specialist Professor of Psychological Counseling John Muldoon, who was held by CommmWorks, called “No Is A Complete Sentence!” The final event of the day was an event called “Scream Theatric,” held in the Wilson Auditorium; according to Nagy, it was one of the best-attended events on campus.

“That was well received,” said Nagy. “It was intended to have a discussion about healthy and unhealthy relationships with a direction towards identifying domestic and/or sexual violence and situations.”

According to Muldoon, “We also wanted to talk about coping skills for those situations and myths about domestic and sexual violence related to being on a university campus.”

Events on Thursday included a presentation entitled “Dudes Matter Too!,” about male sexual assault – something that happens to one in six men under the age of 18, according to Fin6.org, a site that offers resources and support for men that have been victims of assault.

Other events on Thursday included a Homecoming pep rally themed “We Bleed Blue,” in support of the student body. “I wanted to connect with the core spirit of the student body and bring out the best of it, so going with a theme that appealed perhaps to the student spirit, I think that it would do the job. I thought that “We Bleed Blue” would be a catchy and creative theme and slogan that would get everyone pumped, and I think it was a success,” said Lee.

The annual pep rally took Homecoming continued on pg. 2
The Outlook

October 28, 2015

Long Branch Boardwalk Contraction Disrupts Off-Campus Students

PHOTO TAKEN by James Romano

The chain-link fence separates residential apartments located on Kiernan Road and construction equipment filtered throughout the new roadway and boardwalk.

Homecoming brings MU community together

PHOTO COURTESY OF KARH LEE

The University's Student Government Association planned the majority of the homecoming weekend events.

Homecoming continued from pg. 1

place Friday at 3 p.m. in the Multi-Purpose Activity Center (MAC). The event included the reveal of the new Shadow mascot, viewing of the homecoming court, games, prizes, and performances by the pep band, cheer team, and cheerleaders.

"Homecoming is great because it is a time when the whole school comes together," said senior and captain of the cheer team Alyssa Scardelli. "Sometimes as a small school it is difficult to bring everyone together for a big game. Homecoming is a great way to bring the university together and support the football team on game day.

The pep rally was hosted by students Lexi Swatt, junior communication student, and Matt Sheehan, junior business accounting student. The homecoming court included Lord Joe Fireto and Lady Jamie Flora, Duke Austin Skelton and Duchess Firetto and Lady Jamie Flora, coming court included Lord Joe and Lady Karin, senior health studies major, who lives immediately north of the University Bluffs. "This could have possibly affected my decision to maybe live elsewhere this year," Rawlik said.

Rawlik is woken at approximately 8 a.m. to 9 a.m. almost every morning to the sounds of heavy machinery. "I hear the sounds of jackhammers, Caterpillar equipment, and men talking." Rawlik added, "The workers' equipment can be noisy sometimes, but I'm only about a 150’ away of that support as we took down to the wire on Saturday, as they face the number one team in the nation, Coastal Carolina."

The University fell to Coastal Carolina with a final score of 3-20. "Homecoming is always outstanding and the energy at the game is electric. I know our players feel off of that support as we took the No. 1 team in the country down to the wire on Saturday," said Coach Callahan.

Homecoming is a time when many alumni come back to support the university. There were an estimated 700 people who attended the Alumni House Tailgate Tent and Lawn Party on Saturday morning. Activities included a photo booth, face painting, prizes, blow up castle, free rum samples, free food and more.

This was the first year where the tent had a social media hub to promote the alumni tailgate. The tailgate was located at the Alumni House behind the MAC.

The alumni tailgate gives alumni a place to come together for homecoming weekend. "Our main goal was to continue to build pride and to encourage alumni to come back to campus and participate in campus activities such as homecoming," said Yasmin Nielsen, Assistant Vice President of University Engagement.

"I thought it was a blast. There were tons of different things to do. I also liked the size, it wasn't overwhelming. You could pop in and out without getting lost. It was definitely a success and can't wait until next year," said Erin Smith, Monmouth alumna who graduated in 2014.

"Homecoming is special because it is our biggest event of the year," said Elizabeth Esten Manalo, Associate Director of University Engagement. "This is when people are most excited to come back and see campus. They often bring family and friends to the events throughout homecoming weekend." Overall, homecoming was considered a fun and successful weekend by Lee and Callahan.

"You have members of the entire University community coming together for a weekend of events. From the pep rally to the homecoming court to the game, there are student-athletes, Greeks, students, student government, staff members, faculty and more involved in the whole weekend," said Callahan. "I think homecoming was definitely a success. Everything I planned from the blue lights even the studying and the banner connect, to the parade went so smoothly. I'm very happy with the outcome of this year's homecoming and have heard a lot of great feedback," explained Lee.

Students who live in the University Bluffs and other off-campus residences have been complaining about the construction. The noise is not the only reason many alumni come back to campus for homecoming weekend. "Our alumni to come back and see campus. They often bring family and friends to the events throughout homecoming weekend." Overall, homecoming was considered a fun and successful weekend by Lee and Callahan.

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The ceremony was held on the new roadway and boardwalk.

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Sexual Misconduct Awareness Week Informs Students

“Take Back the Night” events are organized to help the expansion of the intent of educating and raising awareness of sexual assault. The organization hopes to end the intent of educating and raising awareness of sexual assault.

"A number of the CSM’s have been able to make some great connections with their mentees. We are also focusing on where and when to link up with first-year commuter students.”

VAUGHN CLAY
Director of Off Campus and Commuter Services

This past summer the Commuter Student Mentor (CSM) program was initiated and this fall semester, the program took shape.

The program has had a very positive impact on both the mentors and the mentees as well as the overall commuter community. Because of this the program there have been new Facebook groups added that are for commuters.

One of the mentors, English student Ally Afanador, said, “Honestly, I’ve always loved looking out for people since I can remember.”

“Being a CSM has given me some of the best experiences of my life.

Not only is Ally happy with the fact that she can help other people out, she has also found a great benefit of this program for her self, “I have made friends that I can hope will last forever. Being friendly and making people feel like you only take one act of kindness and that is what I hope to show people, especially my mentees,” she commented.

The program is helping and working with the student Affairs office. The organization hopes to end the intent of educating and raising awareness of sexual assault.

The organization hopes to end the intent of educating and raising awareness of sexual assault.

This new program, we need to keep promoting its benefits to the first-year commuter students. It will take an other cycle before we are truly able to see what kind of impact the CSM program is having on first-year commuter students.”

Establishing participation has been another issue the new program is facing. “Once the CSM program becomes more ingrained into the life of the first-year commuter student experience, I think we will see a greater level of participation on the part of the new commuter students,” said Clay. The foundation has been built and is continuing to be built by Clay and his mentors.

Another vital role in the implementation of this program is the mentorship. Sydney Lucas, Marine Biology major and first-year commuter student, “I am definitely happy that this service is available because it reminds me that it is not just the residents that have a community on campus, anyone can have a mentor, too!”

Making the students feel as though they are truly a part of the Monmouth community was one of the main objectives in this program, therefore, hearing this positive feedback from Sydney is comforting to the mentors and to Clay that the program is doing its job.

Nolan Spengler, chemistry major and first-year commuter student, says “I believe that the Commuter Mentor Programs helped me in my transition into Monmouth. The mentors were literally available for any questions at any time.” Again, it seems as though the program succeeded in its mission of availability for the mentees to ask any questions that they might have as the semester progresses.

One of the positives of the positive feedback from a few mentees, the real success of this program will be determined at the end of the fall semester. Clay says, “I feel that I will be able to get a better picture of what the program was able to accomplish at the end of the fall semester, after I survey all of the first-year commuter students.” This is not to say that the program has not had an impact on even a handful of commuter students isn’t a fantastic feat in itself.

Career Services Preps Students For After Graduation

This is an excellent way for students to network with employers, and find out about full-time and internship opportunities. We expect over 150 employers from a variety of career fields to be present,” said Hill.

BAWIE TAKEN by studentlife.net
“Take Back the Night” Raises Awareness of Sexual Violence on College Campuses

JAMILAH MCMILLAN
ASSOCIATE NEWS EDITOR

Approximately 80 students, faculty, and administrators par-ticipated in the University’s annual “Take Back The Night” event on Friday, Oct. 16.

As the sun set around 7 p.m., students gathered in the residen-tial quad and battery powered flashlights were dispersed to each participant. An information table was set up by the vice president's represen-tatives from 180 Turning Lives Around, a NJ based non-pro-tective organization dedicated to ending sexual and domestic vio-lence.

Paypal Patel, a senior political science major, attended the event in support of the “Take Back Night” movement. “Not only do I believe in the cause, I think it is important for us to realize the issues of sexual assault and the gender issues that our world has kind of created,” she said.

About 10 minutes into the event Thomas McCarthy, the Assistant Director of Counseling and Psychological Services, gave a short speech. He discussed the importance of such events, and recognized the large number of male students in the audience. “I am happy to have so many males here from the Ath-letic Department,” he said.

According to McCarthy, the male attendance rate was greater this year than in other year since “Take Back The Night” was established at the University over eight years ago.

Following his speech Mr. McCarthy announced Pompano as a Coordinator at 180 Turning Lives Around. "We have the right to simply be present in the world, where we can talk, live, learn, laugh and love, and not be victimized," said Levine. "The original story starts off in the 1960's, the geography is good," he said. "The original story starts off in the 1960's, the geography is good."

"The original story starts off in the 1960's, the geography is good," he said. "The original story starts off in the 1960's, the geography is good." He then saw the llama-like creature spread out hey wings and fly over the golf course Black spent hours look-ing at the photo, trying to come up with a rational explanation. Did a goat grow wings and fly? Is it just a prank? "A friend suggested that maybe it was an animal running and an owl grabbed it, the photo being a combination of them. That was very fun, very interesting, but I don't know how to explain it otherwise," Black wrote.

But soon after, he spoke to Ron-cace, lead investigator of Jersey University’s paranormal investiga-tion, for some sort of explanation. Even Roncace could not come up with a true explanation. Even so, news sources like the Huffington Post, Buzzfeed, and Good Morning America have picked up the story. It even became a trending topic on Facebook.

Dr. Richard Veit, Professor of Anthropology and Chair of the Department of History and Anth-roponomy, finds the photo not so convinving. "I don't think it's true, but I think it's fascinating," Veit said.

Vient imagined the creature to be larger than what is in the photo. "It's often been portrayed as having the head of a horse, clowen hooves, and big bat-sized wings. This devil looks a little bit more modest," he said.

"It honestly looks like it was Photoshopped in," said senior Television major Patrick Hall. "I saw a llama," Black wrote. "I was just driving past the golf course in Gallows on Route 9 and had to shake my head a few times when I thought I saw a llama," Black wrote.

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Onto the next page...
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Feel free to visit the office on Mondays or Tuesdays and/or contact Maggie Zelinka at s0812791@monmouth.edu or Fabiana Buontempo at s0872608@monmouth.edu.

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Home Sweet Homecoming

4,591 Monmouth students, alumni, fans and more showed up to the Homecoming game this past weekend against the number one team in the FCS, Coastal Carolina. Although the football team came up just short of arguably the biggest upset in our school’s history, the story lies outside the lines of Kessler Field. The attendance at Saturday’s game along with the environment it provided was something foreign to our West Long Branch campus. Rowdy, passionate, possibly intoxicated fans packed the bleachers to support their team. Those of us that went to the game understand, but words can’t describe the atmosphere. As you pulled into the parking lot of the Multipurpose Activity Center, the mood was different. A normal football game for the Hawks might include a decent amount of tailgating and a few devoted fans having a good time outside the field pregame. For reference, the Hawks played host to the #22 ranked Liberty Flames and managed to knock them off 20-17 two weeks ago. That was the first and currently the only win over a national ranked opponent by the Hawks; 1,734 fans showed up to the game. Now that’s not terrible, if we were talking about our high school football teams, but we’re talking about a division one college football team. There is no arguing that as a student body and more specifically The Outlook staff would love to see the average attendance at all of our athletic events rise, so what is stopping that from happening? To be honest, that is a harder question to answer than it sounds. Homecoming is special because it is a public place for everyone to get together, have a good time, catch up with alumni and enjoy that that we get to have down low. But if the only difference is the presence of alumni week after week, how do we replicate the scene at Monmouth Stadium from this past Saturday at every home game. One Outlook editor said, “I think homecoming naturally draws a lot of students and alumni since it’s a popular college event no matter what school you go to. However, a lot of people attend the tailgate and then skip the game. I think MU could draw a bigger crowd for the game itself by placing a bigger focus on the team during the week leading up to the game and running promotions or something.” That’s an interesting perspective, could the athletic department and school itself advertise more on campus for our athletic events? Could the problem not be getting people to the game but instead letting the student body know there even is a game? The schedule cards on the napkin holders in the Dining Hall and Student Center help to inform some of the student body, but outside those schedule cards and a few posters scattered around campus, students have to turn to either social media or the campus map to see what game is up next. Could the solution be painting our campus blue and white with information pertaining to the next game? Maybe all the student body needs is a winning team to get behind, now although we didn’t win last Saturday, the Hawks certainly made a good account of themselves and held their own against the number one team in the country. If a winning streak pertains to the next game? Could the problem not be getting people to the game itself? The athletic department and school itself is more than likely not going to advertise the next game; the student body is left wondering if there even is a game. That’s an interesting perspective, could the athletic department and school itself advertise more on campus for our athletic events? Could the problem not be getting people to the game but instead letting the student body know there even is a game? The schedule cards on the napkin holders in the Dining Hall and Student Center help to inform some of the student body, but outside those schedule cards and a few posters scattered around campus, students have to turn to either social media or the campus map to see what game is up next. Could the solution be painting our campus blue and white with information pertaining to the next game? Maybe all the student body needs is a winning team to get behind, now although we didn’t win last Saturday, the Hawks certainly made a good account of themselves and held their own against the number one team in the country. If a winning streak pertaining to the next game? Could the problem not be getting people to the game itself? The athletic department and school itself is more than likely not going to advertise the next game; the student body is left wondering if there even is a game.
It’s Beginning to Look a Lot Like Christmas...Already!

November 3, 2015

Alyssa Tritschler
Club & Greek Advisor

The meaning of dating has changed so many times it’s hard to keep track any more. Millennials have strayed the term “dating” or the further context, to the point where “Netflix and chill” is the new version of the idea of giving gifts than receiving them. If gift giving were a sport, you’d be starting every year. I put so much time, effort, and money into my gifts—wrapping and all. I don’t see

the problem with cheating is that there should break you out the green and red colored sugar in combination in Dec. only. The only thing that matters is that color combination. Heck, even when I see anyone wearing green and red together in any other month but Dec. it makes me squeamish. Baking in those colors has the same effect on me—Dec. only. Lastly, the decorations—from this is a tough one. My biggest take-away from seasonal decorating is to let Thanksgiving have its time. No lights, no inflatables, we’...
The Claws Are Out: Why Are Some Women So Catty?

KERRY BRENN
STAFF WRITER

As many women make strides for equality and feminism, there is still a noticeable pattern of young women in the media. Many women on television and in magazines dress in the same way that each of them dresses. Many reality shows, such as The Bachelor and The Bachelorette, feature female contestants who are the target market for cosmetic and career planning surgery procedures and other things that are meant to improve their looks. Girls also try to prove that they are better than these so-called “basic” women by saying that they’re smart or pretentious not to enjoy certain things, because they appear to be “basic.” However, it isn’t all the same effect – it can make some girls feel like they are better than other girls for not liking the traditionally stereotypical feminine activities.

Women are also more likely to insult each other’s career ambitions or accomplishments, especially as they grow older. Girls are also more likely to engage toward less masculine fields, for example, becoming a nurse instead of a surgeon, or working in technology, engineering or mathematics (STEM) fields.

“I’m constantly feeling conscious around women when I’m talking about my goals,” said Paige Carter, a Wayneburg University junior, in an interview with USA Today. Carter, who graduated high school with a 4.0, claims that a former female mentor tried to talk her out of the pre-law professional program, suggesting instead that she major in education, as teaching is a field more commonly dominated by women.

Female students at the University also experience this kind of negative reaction in regards to their chosen majors and career paths. Sophomore student Kristina Cali recently made claims that she was urged away from communication, which she wants to use to become a music producer.

“The field is very male-domi-nated,” she said. “My family kept trying everything that would be easier to break into, something that had more jobs for women.”

Whether women are insulting each other or pretending not to enjoy certain things or diminishing their accomplishments, this bashing is all too com-mon and does nothing but cause harm. Women should instead focus on learning solidarity and helping each other.

“Sadly, the spectacle of women tearing down other women is of-fered as a kind of blood sport,” said Dr. Eleanor Novak, a profes-sor at the University. “Such messages create waves of blame and shame that are very damaging, particularly to young women, who do not yet have the confidence to resist the onslaught of messages from today’s media that serve to make them ‘be too,’ as she con-tinued.

However, not all women spend their time appearing their appearance or diminishing their accomplish-ments, this bashing is all too com-mon and makes them uncomfortable around women when they are likely to make a real differ-ence in women’s lives: the worlds of education, violence prevention, social support, and economic em-powerment. Many women do not like other girls. This can mean anything, whether it is liking more stereotypically masculine hobbies, or pretending not to enjoy certain things, because they appear to be “basic.”

Women are also the target market for fashion and beauty. Whether they are better than these so-called “basic” women by saying that they’re smart or pretentious not to enjoy certain things, because they appear to be “basic.”

Many reality shows use fights between female cast members as a way to gain more viewers and better ratings.

A Day in the Life of Skip Carey

ALISSON PERRINE
CONTRIBUTING WRITER

Ten years ago, Skip Carey was hired at the University as the Direc-tor of the Department of Disability Services (DDS). He attended Marist College and currently resides in Long Beach Island, NJ. After he received his college degree, he taught English and Special Edu-cation at a high school, and eventually became a school social worker on a child study team.

“From there, I ran a district-wide student assistance counseling pro-gram before becoming a guidance counselor and lead counselor at a different high school,” Carey said. “I retired from that district in 2005. While I was in the guidance and counseling office for many years, I’ve always had an interest in higher education. Given my background and experience, working in a disability services office at a university seemed like a good fit for my ‘second career,’” he continued.

Carey says, Carey commutes from his home in LBI and comes to work in the Rebecca Stafford Stu-dent Center.

“Aas the Director of Disability Services, I am responsible for mak-ing sure that students who are regis-tered with my office have equal access to educational and co-curricular activities, and social opportunities that are available to all MU students,” Carey said. “But what exactly does DDS do? According to Carey, “The Depart-ment of Disability Services pro-vides reasonable accommodations and services to students who, under the laws that govern accommoda-tions in higher education (ADA & Section 504 laws), have a diagnosis of a disability that qualifies them to seek such assistance.”

However, Carey has many other responsibilities. “My routine var-ies day-to-day. Each day includes individual meetings with students, attending committee meetings across campus, replying to emails and returning phone calls, meetings with prospective students and par-ents, time spent with professors and other administrators, and respond-ing to emergencies and crises that arise,” he explained.

“When working with Skip and everyone else in the office, he is very approachable and you can see how the students find him helpful. He always makes stu-dents feel welcome and they know they can confide in him. He always has the best interest of the students.”

A student of Carey’s who has asked to remain anonymous shares the same feelings as MacDonald, “Skip has helped me whenever I’ve needed it. He and all of the other staff at DDS have been nothing but helpful.”

The student added that the DDS system has greatly helped con-trol feelings of nervousness regard-ing schoolwork, knowing that the office staff is always there to help and make everything more com-fortable for the people involved.

When Carey isn’t working, he takes advantage of living in the beach town of LBI. “I enjoy water sports and spending as much time on the beach as I can, even in the winter, following football and bas-ketball, and playing the bagpipes with the Ocean County Emerald Society Pipes & Drums band,” Carey said.
Police Brutality and Social Media at Monmouth

ERIN MCMULLEN FEATURES EDITOR

When you fall in love with a television show, falling in love with the characters is usually the first step. Creating a relationship with a character is almost inevitable. In fact, many people like to personally connect themselves to the characters and use them as examples of what makes real friendship between two or more women should look like.

"Women are forcefully pitted against each other as a way to serve the male ego," said Grace Zweren, an upper class English and education student. "So female friendships on TV are important for young women. It is accurately represents them in a way that isn't always available in the media."

Many depictions of these friendships are littered with stereotypical and negative female character tropes: the frenemy, the mean girl, the ex-best friend, the list goes on. However, amidst all of the less desirable female pairs on television today, there are a number of fictional female friendships that serve as excellent examples for what a healthy relationship should look like.

1. Leslie and Ann, Parks and Recreation

The love that these two women have for each other could make anyone appreciate their own friends that much more. Their relationship is hysterical, heart-warming and probably most known for the strange but enduring compliments that Leslie usually gives to Ann: "Ann, you beautiful tropical fish. You're smart as a whip and cool under pressure." Or, a true fan favorite, "Ann, you poetic, noble mermaid."

2. Toni and Candace, Portlandia

Okay, yes, one of these women is actually Fred Armisen in a wig, but that's not important. Toni and Candace were once enemies at their former workplace, but after discovering that they were both being sabotaged by their male boss, they teamed up to fight back and have been best friends ever since.

They now own a feminist bookstore called "Women and Women First" and although their ideals may be a little outdated, they really make a great pair.

3. Jess and CeCe, New Girl

These two have been through a lot, but it's only made them stronger. From dealing with cheating boyfriends to shaving each other's armpits, Jess and CeCe have tackled pretty much everything together. These two seem like they couldn't be more different from one another, but that's what makes their relationship work.

In the end, it doesn't matter that Jess and CeCe have very different jobs or that they sometimes lead very different lifestyles; all that matters is that they always have each other's backs.

4. Meredith and Cristina, Grey's Anatomy

Not only are Meredith and Cristina both incredibly intelligent and wonderful individuals, but they are able to build on each other and support one another whenever they need to, making them almost unstoppable as a pair. These two are, after the reason why so many girl friends refer to each other as their "person".

Hayley Toft, a junior fine arts student, said that Meredith and Cristina are her favorite fictional friends because they constantly remind each other that the men in their lives can not and should not be the center of their world.

5. Abbi and Ilana, Broad City

If you think that you and your best friend have been through some pretty weird and sort of dangerous situations, you probably haven't been keeping up with Broad City. In almost every episode, Abbi and Ilana end up getting involved with the wrong people, like a man in a diaper that they found on Craigslist who made them clean his apartment in their underwear. But they stick through everything together, regardless of how strange or illegal it is, and that's what counts.

"The culture of a woman versus woman is so ingrained in our society, but female friendships on TV are something that are rarely explored, if at all," said Obafemi. "In my opinion, this is something that is absolutely in need of more exploration out in the open."
It’s fall again, which means it’s time to watch American Horror Story’s newest season. Heading into its fifth year, the show returns to Atlanta and promises a season full of ghosts, addictions, and murders based on true True Crime. That’s not to mention the return of the show’s extended cast, including show veterans like Cathy Bates and Evan Peters, as well as newcomers like Lady Gaga and Cheyenne Jackson. Some fans will be disappointed to know that Jessica Lange will not be returning, but as the actress herself noted at the end of Freak Show, there was no topping that performance, so it was time for her to bow out.

Hotel kicked off with what is, by far, the show’s weirdest opening yet— but it was also one of the rockiest and most disheartening. While there were some great elements (like a man being killed and shoved into a mattress only for his ghost to reach out and shake the tenant in), viewers have been faced with an alcoholic-but-now-sober cop who feels responsible for his son going missing, the ghost of a heroin addict who lurks the living into the grip of drug and alcohol abuse, and near-constant references to the Shining.

As with all AHS seasons, there are two main stories here. While the first is the cop investigating a murder, the second takes place in and around the Overlook Hotel, built the hotel in the 1920s. He, “America’s First Serial Killer,” he built the World’s Fair Hotel for the 1893 World’s Fair, a building complete with false doors, dead-end hallways, stairwells that didn’t go anywhere, and various traps to imprison or injure the tenants. The exact number of his victims can only be estimated. He was in business from 1900 to 2000, since many were dismembered or mutilated beyond recognition.

Peters himself may have big shoes to fill, but the set department, so far, has done a wonderful job. The design team set in place a gothic fashion shoot, where Finn Wittrock returns as Tristan Duffy, a model who soon succumbs to The Countess’s offer to join her as a vampire.

There is a lot of material in this season that can offend the more sensitive viewer, but far more so than in previous seasons. There is an extended monster-on-human rape scene in the first episode that is quite graphic and gore-y (including two men with their heads being sawed off), and near-constant drug use. Suicide and child abduction also play roles. Those having been said, it is still a great season overall. True to AHS form, it maintains strength as the season rolls on, and with the Halloween episode premiering the week viewers are in for a treat. Be sure to tune in and catch the latest and greatest of this hit series.

“American Horror Story” is a spooky anthology series known for its killer guest stars like Lady Gaga. Other notable cast members have included Adam Levine, Matt Bomer, and Neil Patrick Harris.

Fall means pumpkin spice lattes, carving pumpkins, apple picking and, of course, watching horror films on Halloween. Everyone has their favorite seasonal movies to watch— when it comes to Halloween, my favorite has always been Casper Meets Wendy. But for those of you who can’t get enough of horror and suspense, here are the 10 best horror films streaming on Netflix this fall includes The Omen, Night of the Living Dead, Rosemary’s Baby, Scream 1, 2 and 3, Let the Right One In, The Exorcist, John Carpenter’s The Thing, and Sleepaway Camp.

Other things take a scary turn when the son going missing, the ghost of a heroin addict who lurks the living into the grip of drug and alcohol abuse, and near-constant references to the Shining.

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Selena Gomez Sees Career "Revival"

Selena Gomez emphasizes confidence and individuality in her new album Revival, which was released on Oct. 9. The former Disney star maintains that she has received on Instagram. “I feel very empowered and confident in where I am,“ she explained On the Air with Ryan Seacrest. “I think it took me a long while to get there because the past year was so interesting because I’ve never been body-shamed before.”

The nasty remarks only motivated the pop star. She told Extra, “I was getting a lot of hate for my body and you’re gaining weight,“ and so I was in Mexico and I was just feeling all of this stuff and I would be lying to you if I said it didn’t kind of hurt my feelings, but I kind of channeled that into my music. While listeners receive the music, she was immersed in this emotion that Gomez poured into the album.

The record had me mesmerized from start to finish, commencing with the self-titled song, “Revival.” The single encouraged me by opening up Gomez reciting poetry. “I dive into the future and the rest of the album. The songs are a mixture of pop and electronic dance music and incorporate the common theme of empowerment. I’m usually not a big fan of EDM, but Gomez incorporates meaningful lyrics into the upbeat, synthesized sounds, making each tune intriguing. It sounds like she is talking the words, whispering them into my ear, making the words soothing and personal. The music combines two great elements: It contains strong emotion while simultaneously making me want to dance. The eloquence of the language and literary devices within the lyrics really caught my attention. Gomez uses a play on words in “Same Old Love,” describing, “You left in peace, left me in pieces.” She creatively demonstrates the contrast between her lover’s feelings and her feelings after a relationship by using homophones with two opposite meanings. In “Body Heat” she exclaims, “If you’re the flame, I’m the kerosene;” this metaphor is evocative and it made me really envision the comparison. The background music to these impactful lyrics was captivating as well. “Kill em with Kindness” includes this fascinating whistle sound that lured me in. The song “Hands to Myself” attached to disco music at her computer, and it becomes a recurring joke in which the other characters make fun of her bad taste in music. The part that made me really laugh was when Mark is driving around in a NASA man-riding bot and starts singing “Hot Chip’s” “Tear It Up.”

Selena Gomez’s future is looking bright for the rest of the album. “Body Heat,” changes courses and has a Spanish vibe, beginning with acoustic guitar and emerging with a saxophone in the chorus, creating a danceable rhythm.

Gomez slows down the tempo with the song “Camouflage,” using solely her voice accompanied by piano. It expresses her vulnerability and allows her to release emotions that she was keeping bottled up, she wants to tell her lover how she feels, but he “tries not to praise her for his courage. With any luck, this movie could land Damon an Oscar nomination. The Martian overall is wonderful movie full of excitement and polished scenes that it’s hard not to like. If you are not doing anything on Halloween, go see it—it’s a treat, and you can still get your candy at the movie theater.
Delphi Phi Epsilon Opens Up About Eating Disorders

ERIN SHEVLIN CONTRIBUTING WRITER

On Wednesday, Oct. 21, The Delta Phi Epsilon (DPhiE) chapter at Monmouth University hosted their annual Anorexia Nervosa and Associated Disorders Vigil on Wilson Hall.

The program featured testimonials from four students in the Greek community at Monmouth who have been battling with eating disorders. The hope was to focus on raising awareness to a disease that often remains hidden and stigmatized around is rarely spoken about.

“I wanted to share my story to help raise awareness for people who are struggling and to let them know they are not alone in hopes that they prevent themselves from taking things as far as I did,” said one of the speakers, Matt Cox of Phi Kappa Psi.

The event was held to help raise awareness for an eating disorder and how you can help. Miezczkowski invited Anthony Braco, a senior heath and physical education major and a member of Alpha Xi Delta.

After the first testimony, a video called “Fat Talk Free Week” played which shared chilling statistics about eating disorders. For example, 54 percent of women would rather be hit by a truck than be fat. 10 million females are suffering from anorexia and bulimia while 81 percent of 10-year-olds are afraid of being fat.

The National Association of Anorexia Nervosa and Associated Disorders (ANAD) mission is to advocate for the development of healthy attitudes, bodies, and behaviors by promoting eating disorder awareness, prevention, and recovery. They do so through support, education, and connecting individuals and families with professionals.

“The importance to know that there is no one definition or classification explains eating disorders,” said Kelsey Miezczkowski, a senior heath and physical education major and the Vice President for Delta Phi Epsilon. To help clarify and explain to the students what it means to have an eating disorder and how you can help, Miezczkowski invited Anthony Braco, a New York University graduate who is a licensed nutritionist and therapist to speak at the event.

Braco explained that there are several different types of eating disorders that go beyond anorexia and bulimia, so doctors and professionals refer to them as “otherwise specified Eating and Feeding Disorders (OSFED).”

He explained the common misconceptions about eating disorders and detailed the specifics of each of the common disorders such as anorexia bulimia and body dysmorphia.

There was an overwhelming show of support from the Greek community at this event, which helped promote and spread awareness. There was a maximum of 50 percent of each Greek organization on campus at the event to the point where there were no chairs or people volunteered to stand in the back and sit on the floor.

“For sororities and fraternities to come together and show support is really the whole point of brotherhood and sisterhood,” said Mel Lewis, the Programming Assistant for Fraternity and Sorority life on campus. “It was pretty moving to see women who are part of the community open up and bring awareness to eating disorders.”

To conclude the event, those in attendance were reminded by a sister in Delta Phi Epsilon that “Eating disorders can happen to anybody, do not compare yourselves to others because you are you for a reason.”

Delta Phi Epsilon

Tommy Foye CONTRIBUTING WRITER

On Wednesday Oct. 14, the brotherhood of Tau Kappa Epsilon (TKE) held their first annual TKE Smash-A-Car and Dancing With The TKE’s benefit for Saint Jude’s Children’s Research Hospital at Pollack Theater. The event, which was played much like the hit television game show “The $10,000 Pyramid,” made participants guess various words based on a description given to them by their partner, without saying the actual word.

For this philanthropy event, the hosts were Kevin Haapaoja, a brother of Delta Phi Epsilon and Amy Rosenzweig, a sister of Phi Sigma Sigma.

“I had an amazing time co-hosting the TKE Pyramid event. It is great to see so many different factions on campus come together to raise money for such an amazing cause,” Rosenzweig said.

There were also three different pairs of partners in the contest and partners were playing to win the game. The first duo was Alex Stacy, a sister of Alpha Phi, with Ryan Curto, a brother of Tau Delta Phi. The second pair was Alex Napolitano, a brother of Alpha Kappa Psi, and Delta Tau Delta and Caitlin Golden, a Recruitment Counselor. The third team consisted of Matt Cox, a brother of Phi Kappa Psi, and Lexi Swatt, also a Recruitment Counselor.

Before the game began, the rules were explained to the contestants, making sure they had a full understanding of what was to come in the game. Once 10,000 was there was a clear perception of how it was played, the event began.

One by one, each duo took a choice a category from a list that was provided for them and displayed on a screen. Once chosen, the hosts handed one of the partners a stack of cards that each one had word on them. A timer was set for 30 seconds and when told to begin, partners could begin to give explanations. The game went through numerous rounds until all categories were played. With each pair doing the best of their abilities explaining the words, Naboa and Golden finished with a first place victory. Stacy and Curto followed in second while Swatt and Cox got third place.

After the event, Swatt said, “As a fellow Greek member, it was satisfying being able to help another organization raise money for their philanthropy. I had a great time with my partner Matt Cox of Phi Kappa Psi and though we didn’t do as well as they, I had a lot of fun and was able to reward. I love Greek events because the Greek Unity pyramid is truly showcased.”

Matthew Miller, a brother of TKE and one of the main event planners for TKE Pyramid said, “I think the event went really well. It was easy to set up and prepare for and everyone that we spoke to about the event had an awesome time. I am also extremely pleased with the amount of money raised tonight, which was just over $2,000 and will benefit our national philanthropy, Saint Jude’s Children’s Research.”

Saint Jude’s mission as an organization is to look for cures and preventions for pediatric illnesses through investigating and treatments.

The fraternity hosts numerous events throughout the year to benefit Saint Jude Children’s Research such as TKE Smash-A-Car and Dancing With The TKE’s.

TKE Pyramid raises $2,000 for Saint Jude's Children's Research Hospital

Men’s Club

The men’s club soccer team qualified for the Regional 1 Club Soccer Tournament, located in Delware.

Women’s Club

The women’s club soccer team qualified for the Regional 1 Club Soccer Tournament, located in Delware.

MCOC

The Monmouth Oral Communication Center invites you to take advantage of free peer tutoring for presentations and public speaking! Our walk-in schedule is posted outside of JP 203, or you can contact Kevin Moedt at s0879290@monmouth.edu for an appointment. Interested? Join us in JP 135 on Wednesday’s at 2:45 p.m. to see what we are all about!

Study Abroad

Please join us for the last Study Abroad 1st Step Meeting of the month in Edison Hall 117 at 2:45pm on Wednesday, Oct. 28. 1st Step Meeting’s are general interest meet-ings where you will learn more about the programs Monmouth offers and how to get started. Stay tuned for November and December dates where the focus will be ‘coun-try’ specific and address what you need to know in order to apply.

The Big Event

The Student Government Association (SGA) will be hosting its annual Big Event on Saturday Nov. 7. SGA is expecting 500 teams to participate, and is giving teams the option of picking their individual work sites. The Big Event is a campus wide community service project that benefits the Monmouth County community. Join the fun while giving back with SGA!
The Monmouth University Surf Club was selected as one of eight universities nationwide to participate in the Red Bull Bracket Reel challenge. They have made it to the final round against University of North Carolina at Wilmington and need your votes more than ever. Go to redbullbracketreel.com by Friday morning to cast your vote for MU.
DIY Costume Ideas: Save Money and Look Cute

LIFESTYLES

AMANDA GANGIDINO  STAFF WRITER

There is no other holiday quite like Halloween. Dressing up in costumes is a great way to express yourself. This year there are no limits to what you can wear. Grab a black dress, black long gloves and a tiara. Make sure to put your hair up into a sleek bun and you will look simply elegant this Halloween.

#3. A Mermaid:
Buy any colored bralette and black bottoms. Leave your hair down and curled tightly with a flower in it. With this costume you'll have more options when you are dressing up. A Gamball Machine:
Hot glue some pom-poms to the top and wear a high-waisted skirt or pair of shorts. Then, start collecting some tricks.

#5. Olaf:
If you were in love with the Disney's Frozen this DIY costume is just for you. Wear all white and hot glue three black pom-poms to the front of your outfit. A white beanie with eyes and a carrot nose glued onto it will bring this costume to the next level.

Kaelin Stoll, a sophomore psychology student cannot wait to dress up as Olaf this year. “I had already bought some of the items I need to make the costume. I am so excited to dress up,” said Stoll. Anyone need a warm hug?

#6. All Black Costume Ideas:
For Halloween all black the costume ideas are endless. Add a pair of shoes and animal print. You will be an intimidating Goth. You will have on a black mini dress and pigtail and wear a black contact lens. For the creepiest all black look, try black makeup and fake blood to transform into an angel of darkness.

#7. Can I be your superhero?
Superhero costumes are fairly easy to recreate. If you have a t-shirt with a superhero’s logo on it and pair that with a cape you are all set. Nicole Meissner, a sophomore business student loves superheroes. “Whenever I go to Great Adventure I normally buy a superhero cape. If I need a last minute costume, I usually wear one of my caps because it is easy and looks great,” said Meissner.

#8. Couple and Friend Costumes:
From previous Halloween's my favorite couple's costume is the iconic dennis Justin Timberlake and Britney Spears costume. Professor Maria Ciezak, an adjunct communication professor prefers making her own costume over buying it because it is more original that way. “I did this a couple years ago for Sportsy Spice and Kooky Mini. All my friends thought it was hilarious,” said Professor Ciezak. My favorite friend group is the Spice Girls. For Scary Spice, a person can wear nothing with animal print. A pink mini dress and pigtails is perfect for Baby Spice. A London dress is ideal for Ginger. You are sure to look and feel like Posh with a little black dress. Saving the most relaxed costume for last your favorite wear your gear for Sporty Spice. You and your fellow Spice Girl’s will spuce up anyone’s life this Halloween with your costumes.

Save your money this Halloween and make your own costume. These are only a few DIY costumes to choose from, but there are plenty of more online. Making your own costumes is fun and easy. Who knows? Maybe you will be the winner of the costume party this year.

KAYLA HOPPOCK  CONTRIBUTING WRITER

Festive Fall Recipes

We are halfway through fall and as November is quickly approaching, Pumpkin patches and pumpkin spice pictures of everyone at pumpkin patch are everywhere. With only a few weeks left of Halloween movies, and of course football is everyone’s Sunday plans this upcoming weekend.

Whether it’s scary movies or may be even watching the leaves change color, fall is a great way to jazz up water.
MAJORS & MINORS
ROUND TABLES

Thursday, October 29, 2015
1:00PM to 3:00PM
Anacon Hall, 2nd floor,
Rebecca Stafford Student Center

STUDENTS - PREPARE FOR LIFE AFTER MONMOUTH!

• Learn about the majors and minors offered at Monmouth University
• Explore what you can do with the major you have chosen
• Learn what career paths other students are following with their chosen major
• Hear about exciting Experiential Education opportunities that are available (internships, service learning and study abroad)
• Speak to our career counselors to get started on your resume and career search
• Chat with other students and faculty about majors, minors and careers

IT'S NEVER TOO EARLY TO PLAN FOR YOUR CAREER!

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VALID THROUGH THE WHOLE SEMESTER!
With the upcoming Presidential election in 2016, candidates from both the Republican and Democratic side are taking a stance on current issues affecting the American people. In particular, Republican candidate Jeb Bush has taken a stance on an alternative to President Obama’s healthcare plan.

Recently, Jeb Bush has released a plan to replace Affordable Care Act if he is elected President in 2016. According to CNN, the plan entails having the individuals choose coverage with high deductible with less coverage, which will then lead to increasing the contribution to health savings accounts.

A big aspect ofBush’splan involves reduction of government involvement. He believes healthcare can be improved if private sectors were the source. The HealthITsystem is a key component of the plan.

Another component of the plan includes, full disclosure for the patient. The patient at any time has the right to take ownership of his or her own records.

With this in mind, Social Security Disability Insurance, which helps those who have suffered injury or illness before the official retirement age, would also be included. Medicare and Social Security, as Medicare and Social Security, also offers a glimpse into the future.

Bush has been tied to his families’ political ideas and views. His father, former President George Bush HW, has expressed his support and endorsement for the plan. Along with that, Jeb’s brother, former President George W. Bush has been making appearance on the campaign trail.

The media has been recently trying to compare Jeb’s views on healthcare to President George Bush Jr’s policies. Though both brothers have similar viewpoints, Jeb claims his plan on healthcare issues is different than that of President George W. Bush. Though Jeb is constantly being linked to George W. Bush, he wishes to stand on his own policies.

Some believe that his plan is flawed. According to NPR, more than seventeen million people are currently on some form of healthcare plan from the government. Bushing them from that in order to instill a new form of healthcare is seemingly impossible. However, this is battle Bush thinks he can handle.

The outlook for Medicare’s future, too. It temporarily diverts 0.57 percentage points of payroll taxes away from the broader Social Security program to the disability program. Doing so keeps the disability program solvent through 2022, a patch sought by the Obama administration that does not collect additional payroll taxes.

Over 10 years, the deal also reduces total Social Security spending by $4.3 billion, according to a Tuesday analysis by the nonprofit conservative BudgetPulse. The deal includes several new efforts to combat disability fraud. They would include higher penalties, more income reporting from recipients and creation of a new felony category for purposes of committing Social Security fraud.

All 50 states would have special fraud investigation units that must give the OK before new applications can qualify for benefits. A report earlier this year from Social Security’s inspector general found widespread evidence of fraud and policing of disability benefits.

To avoid steep Medicare premium increases, Congress will keep in place for another year a 2 percent cut in Medicare reimbursements to doctors. There’s also additional means-testing to ensure that wealthier Americans get smaller Medicare benefits.

The deal’s Retirement provisons anger liberals and conservatives alike.

“The White House needs to know that any budget deal that guts Social Security, Medicare or Medicaid benefits or eligibility for those benefits is... roughly equivalent to announcing a brand new war,” said Jim Dean, head of the liberal group Democracy for America.

The conservative Heritage Foundation think tank slammed the deal for bailing out the disability program by “robbing” the broader program “without putting in any meaningful reforms.”
Debate: Is the Benghazi Controversy Still Relevant?

BRENDAN GREEVE
POLITICS EDITOR

After getting through a tough eleven hours in front of the Benghazi panel without any disastrous gaffes, Clinton supporters everywhere are claiming that Hillary has emerged victorious. After months of uncertainty about the former Secretary of State, Democrats everywhere are eager to chalk up Mrs. Clinton’s performance in front of the Benghazi Panel as one in the win column. However, they should not get ahead of themselves and declare that Mrs. Clinton is out of the woods just yet.

One little detail that most media outlets are failing to report on is that it was Hillary admitted to telling an outright lie. The biggest controversy over the Benghazi attacks in 2012 was not the lack of security or the tragic deaths of four Americans. Although the attacks were a horrific tragedy, this is not the first time an American embassy was attacked. What made this attack a scandal was the fact that the White House and the State Department—led by Hillary Clinton at the time—spread the lie that these attacks were a result of spontaneous protest over an anti-Muslim video that surfaced the internet.

Clinton herself stated that this was true on September 12th, 2012, but two months later video that surfaced on the internet. Tacks were a result of spontaneous protest over an anti-Muslim video that surfaced the internet.

Mrs. Clinton stuck to this talking point in front of the friends and families of the victims at a ceremony, commiserating their deaths. She even went as far as to email one of the victim’s father saying, “We are going to have the filmmaker arrested who was responsible for the death of your son.”

However, an email surfaced in front of the Benghazi Panel that said, “We know that the attack in Libya had nothing to do with the film. It was a planned attack—not a protest.” These are the exact words of Hillary Clinton herself. Clinton continues to say that this is a part of the conspiracy by the Republicans for political purposes. However, she told the real story to her close friends and aids, and a completely different story to the American people. Why? To save face and for political advances.

No one can change the events that happened in Benghazi three years ago. No one can bring back the lives of those who died. However, we as a nation can stay away from politicians like Hillary Clinton who effortlessly lie to the American people. With her failure to tell the truth about the Benghazi attacks, the countless other scandals that have plagued her and her husband for the past two decades, it would be naïve to think that these are all just “conspiracies.”

HILLARY CLINTON testifies in front of the Benghazi Committee.

The Monmouth University Debate Team Wins Team and Individual Awards at West Point Military Academy this Weekend

PRESS RELEASE

The Monmouth University Debate Team won a team and two individual speaking awards at the West Point Military Academy tournament this weekend (October 23-25). Christopher D’Elia and Kevin Ospina made it into the playoff round before losing to a team from West Virginia University. Victoria Esler was the first place individual award winner in front of the woods just yet.

Monmouth Debate Team brings back various awards after competing at West Point Military Academy tournament this weekend.

THE OPINIONS EXPRESSED IN THESE DEBATE ARTICLES ARE THE WRITERS ONLY.

Monmouth Debate Team Wins Team and Individual Awards at West Point Military Academy this Weekend

HILLARY CLINTON's presidential campaign logo.

Twenty million dollars, 70,000 pages of documents, and eleven hours of testimony later—what have we learned? An exhaustive long-awaited hearing before the House Select Committee on Banghazi last Thursday produced little if any new information but revealed far more about her Republican pursuers’ seething obsessions than about her failures.

While the hearing itself produced little of substance, a new CNN poll regarding the Benghazi hearing as irrelevant, including 77 percent of Democratic voters who say they back Clinton in the race for the Democratic nomination.

It should be noted that while I feel that Clinton’s testimony isn’t irrelevant, it was hardly worth the price tag of $20 million, the hype, and the marathon session added virtually nothing new to the well-developed body of information about the State Department’s failures to provide adequate security or to the Obama administration’s sometimes confused and conflicting statements about the events. Instead, the Republicans politicized the deaths of the four Americans killed in Benghazi while using the hearing as a platform for connecting dots that they are delusional for saying it forms a picture of malfeasance, misfeasance and nonfeasance by Clinton.

Time and again they deal in irrelevancies, such as why longtime Clinton family consigliere Sidney Blumenthal knew Clinton’s private email address while Stevens did not. The emphasis on trivialities rather than on important lines of inquiry was appalling. It might have been enlightening, for example, to hear a question or two about the collapse of Libya, a country Secretary of State Clinton held up as a model for the use of American military force.
The Student Employment Office congratulates Ayla Yildiz for winning the 2015 State of New Jersey Student Employee of the Year Award presented by the Northeast Association of Student Employment Administrators

Ayla Yildiz stands with President Paul Brown. Alya was the Monmouth University 2015 Student Employee of the Year. Also recognized at last April’s ceremony were Sara Guerra, Registrar’s Office, Honorable Mention, Vanessa Campo, Counseling and Psychological Services, Graduate Student Employee of the Year and Brianna McCabe, Political Science & Sociology, Honorable Mention

Congratulations, Ayla, '15!

For more information, to hire a student employee or to schedule an appointment to look for a job, please contact Student Employment 732-263-5706
How do you plan on spending Halloween?

COMPILED BY: KIERA LANNI

Emily
Freshman
“Trick or Treating.”

Lee
Junior
“Haunted Hayride.”

Lauren
Freshman
“I’m going to be a zombie in a haunted house.”

Kelly
Senior
“I’m 21, so I’m probably going out to the bar. I don’t have any specific plans.”

Lisa
Gourmet Dining Services
“Probably taking my grandchildren out Trick or Treating.”

2 SENTENCE SPOOKY STORIES

I BEGIN TUCKING HIM INTO BED AND HE TELLS ME, “DADDY CHECK FOR MONSTERS UNDER MY BED.” I LOOK UNDERNEATH FOR HIS AMUSEMENT AND SEE HIM, ANOTHER HIM, UNDER THE BED, STARING BACK AT ME QUIVERING AND WHISPERING, “DADDY THERE’S SOMEBODY ON MY BED.”

-JUAN J RUIZ, VIA REDDIT.COM

YOU HEAR YOUR MOM CALLING YOU INTO THE KITCHEN. AS YOU ARE HEADING DOWN THE STAIRS YOU HEAR A WHISPER FROM THE CLOSET SAYING “DON’T GO DOWN THERE HONEY, I HEARD IT TOO.”

-COMPARATIVELY REDDIT.COM
Men’s and Women’s Soccer Clinch MAAC Regular Season Titles

EVAN MCMURTRIE
STAFF WRITER

After defeating Niagara by a score of five goals to three last Saturday at Hesse Field on The Great Lawn, Monmouth men’s soccer was crowned Metro Atlantic Athletic Conference Regular Season Champions for the second time in its history and the second time in the last three years.

“That’s unbelievable,” said senior defender and captain David Acuna Camacho after the win on Senior Night. “I think this might be the last time I’m going to play here [at Hesse Field]. No words can describe it, it’s an unbelievable feeling.”

Clinching the MAAC Regular Season Championship was the icing on the cake for the Hawks at the end of what was a highly successful week for the team. A week earlier, on Saturday, Oct. 17, Monmouth drew 0-0 with Fairfield in Connecticut. The following Tuesday, Monmouth defeated University of Bridgeport 2-0.

The Hawks haven’t stopped winning. “Every single game we went on winning.” said Gudzak.

“Having that [a national ranking] is great for our school and great for the guys coming in and great for our confidence, so it’s just great overall,” said sophomore defender Joey Gudzak.

However, while the Hawks’ regular season is drawing to a close on a high, it began in quite an opposite manner. Three successive losses to UMass Lowell, Providence, and Hartford, respectively, was not an ideal way to begin the campaign for Monmouth. But the Hawks bounced back. Monmouth was able to get back on track after that third game against Hartford and they haven’t looked back since.

“It takes a couple games to get used to playing with a whole new back line, and a couple new guys in the midfield, it’s just tough,” said Camacho on the three losses. “Everyone has to be on the same page for everything to go right, and it just takes time.”

After a 5-0 routing of Howard at Hesse Field on The Great Lawn, Monmouth welcomed nationally-ranked Villanova to West Long Branch in a match that both Camacho and Gudzak believe was the turning point of the season. The Hawks won 3-1 that night and got the ball rolling.

“It was a tough game. We came here, they were ranked, we took care of business, and it took a lot of character,” said Camacho.

“Every single game we went on, hundred-fifty percent, so we really wanted to win every single game after starting off so poorly. I thought that every single game we were really fired up,” said Gudzak, who had only just begun working his way into the side at the start of the season. “Against Villanova we really stepped it up and that was really the turning point of the season. After that, we just kept winning.”

The Hawks haven’t stopped yet. In their next match following the big win over Villanova, they played out a tough 110-minute battle with Rutgers University that ended scoreless. Following the scoreless tie, Monmouth went on a five game winning streak.

“Everyone’s just sticking together, making sure we’re taking care of the details and just trusting the coaches and everything that they tell us, it was essential for our success,” said Camacho.

Monmouth found their feet and were able to turn their season around. Going into their final regular season match next Saturday at Marist, the Hawks have not lost a match since Sept. 4, versus Hartford.

While Monmouth losing their first three matches seems like a minor hiccup in the grand scheme of things, it cannot go understated. With a MAAC Regular Season Championship, national ranking and a now 14-match unbeaten streak as backing, the buzz around West Long Branch is growing.

“We knew we had the talent and the quality. It just takes a couple games to get everything together. We knew it was going to turn around at some point, but thankfully it turned around this way,” Camacho said with confidence.

The Hawks are not done yet; as the MAAC Regular Season Champions, Monmouth has earned themselves the number one seed and a first round bye at the MAAC Championships, taking place Nov. 5-9 at Disney’s Wide World of Sports in Lake Buena Vista, FL. The Hawks will be aiming to win their second MAAC Tournament Championship in a row.
The Hawks made history on Sept. 17 as they picked up their first victory against a ranked opponent in program history; a 21-17 overtime win against #22 Liberty in West Long Branch. Junior running back Lavan Chaney gave Monmouth their largest lead of the day with a one-yard run that gave the Hawks a 14-6 advantage with 7:27 remaining in regulation. But Liberty’s offense woke up and drove down the field for two touchdowns of their own on their next two possessions to take a 17-14 lead with 1:11 remaining. The Monmouth offense was able to drive down the field and convert on a 35 yard field goal by sophomore Matt White to send the game into overtime. The key play of the drive was a 30 yard pass from redshirt freshman quarterback Cody Williams to redshirt freshman wide receiver Reggie White Jr. that got the MU offense into Liberty territory. A 19 yard field goal by Chaney got the ball closer and Williams centered the ball in the middle of the field to prevent White from kicking at an angle. The 37 yard attempt was good, and history was made. “To be honest I was a little nervous, but I had confidence from my teammates, my holder, my snapper, my kicking coach and the coaching staff as a whole,” White said. “They knew I could do it. With these guys having my back I felt very confident. That was my first game-winning field goal.”

In overtime, the Hawks defense kept the Flames off the board as they were able to stop them on fourth down. A seven yard run by Chaney got the ball closer and Williams centered the ball in the middle of the field to prevent White from kicking at an angle. The 37 yard attempt was good, and history was made.

Junior Running Back Lavan Chaney was named Big South Offensive Player of the Week after running for 196 yards and two touchdowns this past Saturday against Coastal Carolina.

The full-day event was held at Fifth Third Bank Stadium through the afternoon. In the afternoon, attendees gathered for another panel discussion, this time called, “Champion Athletes: Connect Your Sport with Your Future.” Moderated by NBC Sports Reporter Carolyn Manno, Jackie Joyner-Kersee (track & field), and “Building Publicity & Public Awareness for Your Sport.” Athletes discussed various topics pertaining to career establishment and continuance.

“Val Ackerman (Commissioner of the Big East Conference), Lisa Brummel (Managing Director for the Women’s Basketball Fan Fund), Carla Harris (vice chairman of the WNBA’s Board of Directors, and Dr. Andrea Woodson-Smith (wheelchair basketball) discussed the various challenges they faced during and after their careers. Competitive sessions were then divided into two groups: Project Connection and Job Connection. While the Job Connection learned how to properly write a resume and interview, the Project Connection attended the 2016 Angel Funders, similar to NBC’s Shark Tank. The Angel Funders consisted of Richard Ader (founder of the Angel Funders), Larissa Fontaine (Global Ambush caught nine passes for 142 yards and one touchdown on the day, this one for 70 yards on a 10-7 lead.

Monmouth was working on a strong drive, getting the ball down to the CCU 32 yard line. But Williams threw an interception on the next play which the Chanticleers turned into a touchdown, bringing Monmouth back within 2 points, 10-8.

The Hawks offense once again had an answer for Coastal as they went on a quick five play, 66 yard drive which ended with a 1 yard touchdown pass from Williams to Chaney. Monmouth regained the lead, but White missed the extra point, and the score was 13-10.

Monmouth answered right back as Chaney scored his first of three touchdowns on the day, this one from 3 yards out to cap off an 11 play, 90 yard drive that put the Hawks in front 7-3.

A Coastal three-and-out gave the Hawks an opportunity to key offensively. Monmouth was working on a strong drive, getting the ball down to the CCU 2 yard line. But Williams threw an interception on the next play which the Chanticleers turned into a touchdown, bringing Monmouth back within 2 points, 10-8.

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The Hawks took that momentum into the following Saturday, when Monmouth faced the number one team in the country for the first time. They battled with the number one ranked, Coastal Carolina Chanticleers for 60 minutes, but fell in the end 23-20 in a game winning field goal as time expired. The Chanticleers pulled a 23-20 victory and took an undefeated 7-0 on the season.

“I really liked the effort (of the players) and the way that they played,” Callahan said. “We need to put that same work ethic, focus and attitude back to work every time that we go out going forward.”

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Men's and women's soccer clinch MAAC regular season titles with dual wins over Niagara on the road and at home.