President Brown Plans An Open Discussion Whether to Change Name of Wilson Hall

JAMILAH MCMILLAN ASSISTANT NEWS EDITOR

Monmouth Basketball Stuns the Nation, but the Bench Wins America Over

MELISSA PRAVATA MAGGIE ZELUNKA C.O. EDITOR-IN-CHIEF

Woodrow Wilson is now facing criticism for alleged racial discrimination placing the University’s Wilson Hall in the midst of an ongoing controversy.

Anderson asserts that pre-
sumptions cannot be made on the outcome of these open dia-
logues. “Ultimately, we expect that after listening to this feedback the committee will make a recommendation to the Board on the name of Wilson Hall and it will be for the Board to decide what actions may or may not be taken,” she said.

If the University community was interested in following in the footsteps of Princeton students then that may include the possible renaming of the University’s administrative building Wilson Hall.

However, some students are opposed to this idea. Mallory Inselberg, a junior political science and psychology student said, “Honestly, I don’t think that Wilson’s actions should be relevant nowadays. Wilson Hall is basically a historical landmark and to change its name now I feel would kind of be a disgrace to the University, and to all the memories, and all of the history that has come with it.”

“Princeton students have their own opinions, which we can respect and accept, but I feel like for us to do the same thing based on an issue that is not relevant now is wrong. I mean he is not here technically to defend himself, so I feel like it is a waste of time when people could be spreading awareness about other issues,” Inselberg continued.

Wilson continued on pg 2

Are Adjuncts Paid Too Little?

JAMILAH MCMILLAN ASSISTANT NEWS EDITOR

In fall 2015, the University hired 71 adjuncts, capping the total number of part-time faculty at 352 members. Some feel that adjuncts at the University are underpaid, and that an increase in adjunct salaries would mirror their value.

“More than most universities, Monmouth dramatically underpays its adjuncts. Our adjuncts are devoted teachers, but too many are forced by the low pay to spread their efforts across many students at other institutions and jobs to try to earn a living wage. The University should not be profiting on the backs of poorly paid col-
leagues to avoid hiring more full-time tenure-track fac-
ulty,” said Katherine Parkin, the President of the Faculty Association of Monmouth University (FAMCO).

According to Christine L. Benol, Vice Provost for Planning and Decision Support, “The average fall 2015 adjunct compensation at the University calculated across the entire spectrum of adjun-
ts is $2,637 per 3-credit course,” she said.

Adjuncts are part-time professors, lecturers or instructors that are hired by colleges and universities to teach one or more classes per semester. They usually don’t have a campus office, get few benefits, and have little job security. Moreover, they are not eligible for tenure.

“Investing in our faculty is a cornerstone of our strategic

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New Jersey Sees the Rise of Armed College Police Patrol: MU Ahead of the Trend

Fidel Castro’s Daughter Visits MU to Speak with Students

JANAYA LEWINSKI FOR THE OUTLOOK

Fidel Castro’s daughter, Alina Fernandez, spoke at the University for the second time about her childhood growing up in Cuba and her experiences meeting her father. During the session, Fernandez talked about her trip to Cuba through her Spanish language studies, her Spanish teacher’s encouragement for her to go, and what she knew of Fidel Castro before meeting him. Fernandez talked about her parents and the Castro family. She spoke about her mother being an American and her father being a Cuban, and how they met and married in Paris. Fernandez talked about her, her sister and her mother being sent to live with her maternal grandmother in Spain. She then talked about what she was raised believing about her father. She said she had a really tough time when she realized that there had been other sides to her father than the one she had been raised with. She talked about how her mother had a really difficult time trying to raise her and her sister in a country where they were not wanted. She talked about how her parents had to leave Cuba when her father was 16. She talked about her father’s rather unexpected reaction to leaving Cuba and how he was never upset. She talked about him being a militaristic person and how he reacted to being separated from Cuba. She talked about her father’s relationship with his brother Raul. She also spoke about her parents parting ways and how that affected her and her sister. She talked about how her parents first met, how they fell in love, and how they had a baby girl. She spoke about how her father was a thoughtful person and how he had a really hard time losing his son Camilo. She talked about how her father was a very tight-lipped person and how he would not share his feelings. She talked about how her father was very involved in making sure Cuba was a fair country for the people and how he worked hard to make sure that happened. She talked about how her father was a very driven person and how he had a really hard time being separated from his country. She talked about how her father was a very devoted person and how he had a really hard time being away from his family. She talked about how her father was a very strong person and how he had a really hard time being told what to do. She talked about how her father was a very supportive person and how he had a really hard time being away from his family. She talked about how her father was a very committed person and how he had a really hard time being away from his family. She talked about how her father was a very wise person and how he had a really hard time being away from his family. She talked about how her father was a very strong person and how he had a really hard time being away from his family. She talked about how her father was a very devoted person and how he had a really hard time being separated from his country. She talked about how her father was a very driven person and how he had a really hard time being away from his family. She talked about how her father was a very strong person and how he had a really hard time being away from his family. She talked about how her father was a very committed person and how he had a really hard time being away from his family. She talked about how her father was a very wise person and how he had a really hard time being away from his family. She talked about how her father was a very strong person and how he had a really hard time being away from his family. She talked about how her father was a very devoted person and how he had a really hard time being separated from his country.

Wilson Hall’s Name In Jeopardy

WILLIAM NELSON FOR THE OUTLOOK

Some students believe that the current Wilson Hall that overlooks Shadow Lawn is the same building that Woodrow Wilson allegedly summered in during his presidency. However, according to Hettie Williams, a lecturer on African American History at the Department of History and Anthropology, this is not the case. “President Wilson never lived in the current structure that now sits in the middle of campus as the main administration building. The building of same name in West Long Branch in 1916 and died in 1924. The original Shadow Lawn mansion was destroyed in a fire in 1927; and, the current structure was built in 1929. This designation of national historical landmark was not named Wilson Hall until 1966,” Williams continued. While Wilson’s legacy is attached to the state of New Jersey, and therefore national, it is important to keep the hall named after Woodrow Wilson, but because of its unique construction.

“Designation of national historical landmark is because they’re police, they shouldn’t be allowed,” said a sophomore English student. “I’m just saying that if we get off course with who is non-racist, and equality would be diminished if we uplift his legacy by keeping the name of Woodrow Wilson. It is literally just a name so I think that we should change it.” Hetti asserts that the University’s prize jewel, Wilson Hall, is less important than our national historical landmark that is now part of the University. “Having our own well-trained police force on campus is nothing but a positive. Things are happening right now in society and public buildings on college campuses including homes, mansions, and even places that are public. This has now happened in the past in a way that is not good and should be considered changing it,” she said. Jennifer Tousain, a senior health studies student, and a member of the African American Student Union did not know of Wilson’s regressive symbolism using police force. “We can do so at 732-571-4444, or call the confidential hotline at 732-621-5522.
Underpaid Adjuncts at Monmouth?

The speakers and current inmates sat in the front of the crowd to speak of their lived choices and urged students to think always think about their actions and how their actions might effect others.

From the 71 new hired adjuncts, works for a short time students can unab to uphold relationships with students even if they move on or leave. When asked, Kath "This really helped me turn my life back on track once her sentence felt she is taking steps to get her life back on track before it's too late.

The speakers all looked like an expert on the content on campus. One inmate, Sam, is only 20 years old. He was sentenced to five years in prison when he was 17 for causing a fatal car accident. Sam's life was full of potential. He came from a wealthy family, was a student at Monmouth University, and had a full scholarship to a major university. Unfortunately, Sam adopted an unhealthy lifestyle involving alcohol. One night while driving home after drinking at a party, Sam collided with a vehicle while he was texting. The other driver had died on im- pact. "I thought nothing, I can't de- scribe to guys the emotions you feel when you find out you took a life," said Sam. Another speaker, Crystal, of Brick, N.J., is serving six years for killing a pedestrian while driv- ing under the influence of drugs. Crystal said she came across a quote recently that she related to. She said, "When bad things hap- pen to you, you can allow it to do one of three things; One: you can allow it to define you. Two: you can allow it to destroy. Or three: Allow it to strengthen you." She said that she allowed her prob- lems to define her, and ultimately destroy her.

Crystal said that if you look for help, it's really ironic that today, one of the group of inmates, "You're not weak if you ask for help," she stressed that if you have issues, you have the choice to deal with them. She said, "You're not weak if you ask for help. It's really ironic that today, the public and the students in Recovery. One: you can allow it to do one of three things; One: you can allow it to define you. Two: you can allow it to destroy. Or three: Allow it to strengthen you." She said that she allowed her problems to define her, and ultimately destroy her.

Crystal had faced many trau- mas in her life such as her parents' divorce, her best friend's murder, and being sexual assault. Crystal said she had to raise herself and her younger sister, and grew up with the mindset that she had to take care of herself. She turned to drugs and alcohol dealing with the emotions that were consuming her. Instead of choosing to get help, she chose substance abuse. Crystal stressed that if you have issues, you have the choice to deal with them. She said, "You're not weak if you ask for help. It's really ironic that today, the public and the students in Recovery. One: you can allow it to do one of three things; One: you can allow it to define you. Two: you can allow it to destroy. Or three: Allow it to strengthen you." She said that she allowed her problems to define her, and ultimately destroy her.

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New NJ Stalking Law to Protect Victims

DANIELLE SCHIPANI

A bill that increases second offense penalties for stalkers sponsored by Deputy Republican Conference Leader Mary Pat Angelini as well as Assembl­ywoman Nancy Munoz has been signed into law. They have been working on the bill since 2011.

The bill (A-3841) authorizes courts to order electronic moni­toring of a defendant convicted of a second or subsequent stalk­ing offense against the same victim. The bill requires the Administrative Office of the courts to work with the At­orney General to establish a program for the continuous, satellite-based monitoring of second offense stalking defen­dants. The bill also upgrades second offense stalking against the same victim or a violation of an existing court order to a third degree crime.

“Approximately 7.5 million people are stalked in one year in the United States,” said Mary Pat Angelini, Deputy Republican Conference Leader. “The amount of time the defendant has to wear the device is to reassurance the victim that all is under control. Hopefully, it will make them feel more secure.”

The electronic monitoring device is similar to a GPS that allows the police to track them. It is worn on the ankle of the defen­dent. Angelini explained that stalkers frequently ignore restraining orders. She believes the electronic monitoring device will be more effective and will help ensure the safety of stalking victims. “This puts the stalker on alert that the police are monitoring 24/7 and if they leave their permitted geographic areas the police will come arrest them,” said Angelini.

Another important aspect of protecting victims of stalking is to educate people about the issue. Angelini described how many people do not understand that stalking is a crime that has consequences. “The new law is a great as it will improve the security and safety of stalking victims in New Jersey,” said Melanie Bri­ma, a junior social work and psychology student at the Uni­versity. She explained that any law that improves the life quality of these victims can be seen as a positive since there are so many victims in New Jersey and throughout the nation.

Angelini explained that The University Police always ad­vises victims that if they have any safety concerns, to let them know about as soon as possible. MUPD can provide escort ser­vices 24 hours a day, seven days a week. The most important thing is to first start out by no­tifying the police and have your concerns documented.

Additionally, students should know that they, “can be pun­ished for stalking under the Student Code of Conduct. Stu­dents Services will issue ‘No Contact’ letters to students who might be involved in stalking type incidents,” he said.

MUPD can be contacted at 732-571-4444 (on campus ext. 4444) any time a student has safety concerns.
IMPORTANT!
IF YOU’VE HAD TEXTBOOKS STOLEN THIS SEMESTER...
Please fill out this ad and return it to the University Store

NAME/PHONE # _________________________________________________
ADDRESS ________________________________

List the Author & Title of stolen book(s) plus all identifying marks which might help us recognize your book(s):

____________________________________________________________________
____________________________________________________________________
____________________________________________________________________
____________________________________________________________________

Our Computerized Buy-Back allows us to identify all stolen titles immediately.
If your books are stolen, report the information to the Bookstore.

ID IS REQUIRED TO SELL BACK ALL BOOKS!!

ATTENTION: FINANCIAL AID STUDENTS

If you have had a Federal Direct Subsidized/Unsubsidized Loan and will be graduating in January 2016 and have not yet completed your Exit Loan Counseling please go to: https://www.studentloans.gov.

If your graduation date is incorrect, please contact the Financial Aid Office at (732) 571-3463 or via e-mail at dorsey@monmouth.edu, or you may visit us in person in Wilson Hall, Room 108.

DE-STRESS FEST

COME RELAX DURING FINALS!
Wednesday, Dec 16
1pm - 4pm
Anacon Hall
(2nd Floor, Student Center)

Co-Sponsored by Counseling & Psychological Services
Gourmet Daling, Promoting Wellness and Resiliency Grant, Residential Life, and Student Life
For special accommodations, please contact us prior to the program at 732-571-7517.
By getting organized you are preparing yourself for what you need to do, so that you aren’t scrambling at the last minute. Outline Your Material. Once you have compiled a list of what you need to study for each final and how much time you need to spend studying, it is time to actually outline those materials so you can begin studying. One of the best ways to study is to make an outline. As you read over your textbook, class notes, and handouts, write a brief summary for each topic. Highlight the areas in your outline that were most troublesome. When you have finished with all the material, you will have an outline you can review and make flash cards out of.

Start Early. Start the studying process as early as possible before it’s too late. What’s difficult about finals is that you have multiple tests that cover multiple areas. Once you have compiled a list of what you need to study for each final, how much time you need to spend studying and outlined your materials, it is time to actually study. The sooner you start studying, the better. You are going to be covering a lot of material and you need to give your brain time to process all of that material. Do not leave studying until the last minute, it’ll only be harder for you to memorize and understand everything.

Get Help. If you’re having trouble memorizing something or if you feel like you’re really behind schedule, go to your professor, get help from your teacher, or seek help from your classmates. Ask them to go over that tough area with you during their office hours. Even if you are not having a hard time with the material, it would be very beneficial to create a study group. Having multiple people contribute and explain their way of taking on the material can be very helpful. Some might say that it is the greatest way of studying that you didn’t even think of.

Take Care of Your Body. It’s going to be pretty hard to crush your finals if you’re sleeping deprived, haven’t eaten a real meal in days, and are fighting off a cold. In order to perform your best, you have to treat your body kindly during finals week. Don’t be irrational and think you’re going to get tons of sleep, because we know that’s not true, but you should get enough so that you can be mentally alert during your study sessions and the exams. As for food, make sure you have enough time to take a long, hot shower and get your laundry done so you can study in freshly washed sweats. Feeling healthy and energized will help you to perform at your mental best.

Finals may seem overwhelming but can be managed if a student is organized and begins preparing early.

ALISON SILVERMAN
STAFF WRITER

Owen Wilson, Demi Lovato, Gwyneth Paltrow, Brooke Shields.

What do all of these celebrities have in common? All have struggled with depression and all have been open about it. Depression is defined by the U.S. National Library of Medicine as “a state of mood of low aversion or activity that affects a person’s thoughts, behavior, feelings, and sense of well-being.” More and more, celebrities like Lovato and Paltrow have started talking about this issue. It is probably wise to say that it has had a positive effect on fans and the public eye and that being in the public eye itself manages depression more so than a negative one.

For one, it helps those who can empathize with themselves.

Fans of these celebrities often look to them as role models. When they come out as having a mental health issue, it shows that they too are human and makes them relatable.

Being in the public eye also creates awareness about the subject. Depression is not something that is a light topic, but with public awareness, shows fans that their heroes are human. When we see celebrities, we often look up to them as perfect and unstoppable. With more and more celebrities being honest about their mental health, it makes us realize that they have the same emotions and feelings that we do, and, in turn, makes us feel like we know them better. It is easier to say we connect better to Lovato, who has dealt with public breakdowns and pressure, than to Kim Kardashian, who also lives in the public eye but never seems to have any mental health issues.

More and more celebrities are being open and honest about mental health and should continue to do so. We have lost many great talents who had depression, like Heath Ledger and Robin Williams, but if we create awareness about the subject, perhaps people will know they’re not alone.

Therefore, you are able to get some index cards prepared with exactly what you need to know for the examination day.

Quicker—with traditional exams, you prep for the exam, but once you finish it you are finished with it for good. With the above essays, you could be editing the essay after writing it. Not much wiggle room. With these traditional exams, you get it all done and after that is what it is and what it will be. Different Types of Questions—traditional exams are usually multiple choice, but there is also room for creativity on the preference of the exam. Multiple choice is best. There are pros and cons to final exams in the form of essays versus traditional exams.

Pros—Wiggle Room—when writing an essay, it seems as though professors can be more lenient with grading. There is more wiggle room for you to get a better grade when writing an essay because it is a more subjective way of assessing knowledge.

More Time—if you are assigned the essay, you know exactly when it is due and you usually have multiple days to complete it. Therefore, it is easier to get the essay exactly how you want it.

Don’t Have to Come in on Final Day—for many professors, if they assign an essay as the final assessment in lieu of an actual exam, they won’t make you come in for the scheduled examination period. And, if they do make you come in, it’s usually just to hand the essay in and say goodbye.

Cons—Time Consuming—writing an essay is a time consuming process, so if you are getting perfect at time企业管理 and handouts, write a brief summary for each topic. Highlight the areas in your outline that were most troublesome. When you have finished with all the material, you will have an outline you can review and make flash cards out of.

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Take Care of Your Body. It’s going to be pretty hard to crush your finals if you’re sleeping deprived, haven’t eaten a real meal in days, and are fighting off a cold. In order to perform your best, you have to treat your body kindly during finals week. Don’t be irrational and think you’re going to get tons of sleep, because we know that’s not true, but you should get enough so that you can be mentally alert during your study sessions and the exams. As for food, make sure you have enough time to take a long, hot shower and get your laundry done so you can study in freshly washed sweats. Feeling healthy and energized will help you to perform at your mental best.

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It’s the Most Wonderful Time of the Year

As the semester is coming to a close and the holidays begin to get closer, there has been a change in the air. The “Holiday Madness” season has begun, as houses are being decorated, stores are having their sales, and food is everywhere. It’s that wonderful time of the year where we can spread joy, and make our friends and family happy.

Since it is the season of giving and receiving, people generally become more generous and donate to a lot of charities and like to help others. Some stores even partner up with a local charity to help with donations. However, one editor believes that “it’s hard to get donations because so many stores are asking nowadays.”

But there are those people who are just on the verge of making the naughty list during this time. Some of the editors believe that because of the holidays, people generally become more generous and donate to a lot of charities and like to help others. Some stores even partner up with a local charity to help with donations. However, one editor believes that “it’s hard to get donations because so many stores are asking nowadays.”

The best way to spread Christmas cheer is singing loud for all to hear. If you can, shop online. It saves you time, and stress, and you don’t have to deal with parking in mall lots, traffic, and people. Spend time with loved ones and make your holiday season Happy holidays from the Outlook Editors and see you next semester.

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All copy must include the author’s full name and contact information. The Outlook accepts articles and graphic material from students, faculty and administrators, and reserves the right to edit or reject any material which they determine is not suitable for publication or its readers. Copy and advertising appearing in The Outlook do not necessarily reflect the views of Monmouth University or The Outlook.
**Politics**

**Monmouth Revisits the Watergate Scandal**

**KATHARINE DIX**

On Nov. 30, in Paris, France the Conference of Parties to the Framework Convention on Climate Change began and it will conclude on Dec. 11. According to the COP21 website, the conference is a meeting of the signatories to the Framework Convention on Climate Change, and there are 195 countries represented. The conference sessions are open to all nations that wish to take action on climate change.

Dr. Ken Mitchell, associate professor of political science, specified the importance of standing up when others are in need. He said, “As global citizens, we have an increasing responsibility to rise up against the climate change issue.”

Dr. Mitchell explained the conference’s aim to “bring together world leaders, scientists, and organizations to develop a global plan to combat climate change.”

Unfortunately, the nations represented at the conference were in disagreement about the implementation of the Paris Agreement. There are 195 countries represented at the conference, and their goals are to keep the global temperature rise this century below 2 degrees Celsius and to increase aid to the poorest countries to help them reduce their emissions and adapt to the impacts of climate change. The Paris Agreement entered into force on Nov. 4, 2016, and 197 countries have ratified it, with the remaining 18 countries supporting the accord.

Dr. Mitchell said, “The Paris Agreement and the COP21 conference in Paris are the 21st United Nations Conference of the Parties.” A website, thisisthe21stUNConference.org, was created to inform the public about the conference during the meeting. On Nov. 30, in Paris, France the Conference of Parties to the Framework Convention on Climate Change began and it will conclude on Dec. 11. According to the COP21 website, the conference is a meeting of the signatories to the Framework Convention on Climate Change, and there are 195 countries represented.

Dr. Mitchell also expressed his belief that the current political climate in today’s society is one that lacks compassion for others, as there is an increasing amount of people being forced to relocate almost immediately. He said, “As a Muslim, I want people to know that I am not a threat to them. There needs to be a safe place where people can disagree” and said, “I hope that we can make more of the resources to combat the changing climate and the environment can give us new opportunities to create industries and that the environment can give is the islands of the globe. This is not just about saving the planet; it is also about saving the economies of the countries.”

Sal Polillojo, junior political science student was asked what he thinks of the negotiations, “It’s lit,” he said, “these politicians are saving more than just the environment, they are dealing with issues that affect millions of people.”

The conclusions of the Conference on Climate Change will be published in the next issue, and it is likely that the results of these negotiations are about more than saving the earth we walk on.

**BRENDA GREVE**

**POLITICS EDITOR**

According to the United States Census Bureau, there are over 323 million people living in the United States and over seven billion in the world. This is remarkable given the fact that this is one issue, how can all of these people get along? Humans have been working on this problem for over 100,000 years, and it still holds true. This is why the history of religion is so important. Religion is a tool that helps us to understand and respect each other. Religion is also a tool that helps us to work towards a common goal. It is important to understand why religion is so important.

Religion is an integral part of human culture. It is a tool that helps us to understand and respect each other. Religion is also a tool that helps us to work towards a common goal. It is important to understand why religion is so important.

Unfortunately, Monmouth University students cannot major or even minor in the field of religion. According to Matthes, there are only seven or eight courses available in his department during a given semester. He said, “We need to develop more courses in religion.”

Professor of Political Science, Sabitha Sarwar, who teaches various courses on Islam and the Middle East in Middle Eastern Studies, has been teaching courses on this topic for over a decade. She explained that “It is important to educate the general public about the issues that affect the Muslim community. This is not just about the religious aspect of Islam, but also the economic, cultural, and political aspects.”

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The holiday season is in full swing and light shows are illuminating New Jersey this year. Amongst your holiday gifts should be tickets to see one of the top five light shows that are sure to put anyone in the holiday spirit.

1. Historic Smithville
   Location: 128 North Main Street
   Cranbury, NJ 08512
   cranbury-christmaslights.com

   The Cranbury light show is known for its bright lights and decorations, including a 120,000 light display. People can see the light show from their car, which makes a great option for those who are not in the holiday spirit. People can also donate to those in need.

2. Schaefer Farms
   Location: 1031 County Route 523, Flemington, NJ 08822

   Schaefer Farms offers a holiday light show that has more lights on it than the Rockefeller Center tree. Also, with a 120,000 light display, this is considered one of the best in the state. The display is free, but donations for charity are appreciated. Not only can you enjoy a light show, but you can also donate to those in need.

3. Turtle Back Zoo
   Location: Turtle Back Zoo 560 Northfield Avenue, West Orange NJ 07082
   Website: http://www.turtlebackzoo.com/holiday-lights/zoov

   Visit the Turtle Back Zoo this holiday season, which is decorated with lights and fantastic displays. Admission is free but donations of non-perishable food items, toys, and coats are encouraged.

4. Historic Smithville
   Location: 1051 County Route 523, Flemington, NJ 08822

   The 5 Best Light Shows in New Jersey

   This December, take a trip to after the show. Plus, the light shows are free.

5. Turtle Back Zoo
   Location: Turtle Back Zoo 560 Northfield Avenue, West Orange NJ 07082
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   This December, take a trip to after the show. Plus, the light shows are free.

   Also, there is a variety of shops and restaurants in the area to go to after the show. Plus, the light show is free.

   Tie on your apron and let’s get to baking! It’s time to start talking about baking festive cakes or cookies! It’s time to start talking about baking festive cakes or cookies! Sometimes, especially during the holiday season, which is draped in colorful lights, “I’m a pretty busy person, I say you must be artistic (even make the Grinch of your family),” said Meissner. These light shows because of finals or feeling burnt out, need something to brighten their day. Meissner said, “I.O.U. trips are a great gift that encourages quality time.” It could be doing a day trip of their favorite activities in the city or tickets to a zoo to see their favorite animals. Even getting them tickets to a concert to see their favorite artist or to see their favorite Broadway show could be the perfect gift to spend time with them doing and seeing the things they love.

   Gift Sets: You could also give them a gift set of their favorite cologne/ perfume. There are a lot of gift sets that come with the fragrances in body spray and lotion form. Or you can make up your own basket with their favorite fragrances and lotions.

   Cards Gifts: When it comes down to it and you can’t find anything that you’re sure about, you can never go wrong with gift cards to their favorite stores, spas, or restaurants. Ben Marcello, a senior criminal law student, said “Gift cards are a great idea for anyone. They can give you a gift card or gift cards and gift certificates that you can buy for someone so that they can choose what to spend it on.” You can also attach the gift card to their favorite candy, or buy a wallet to put it in.

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Nicole Seitz  Staff Writer

Blue Hawk Records’ seventh compilation album contains a great collection of talented musicians. At the release show, we will be able to listen to all the amazing tracks on the album and you can pick up your very own copy outside of the Rebecca Stafford Student Center on Dec. 9 at 2:50 p.m. The music for this album is influenced by the styles of Liam Hendrix, Led Zeppelin, and Haylee Williams of The Killers.

Thanks Genie is a four piece rock and roll band with some blues and jazz vibes. The members consist of: junior music industry students, Dave DePaola on guitar and Andy Jackle on drums; senior music industry student, Chris Durham on bass; and sophomore music industry student and singer Amanda McGigee.

Thanks Genie is greatly influenced by Jimi Hendrix and Led Zeppelin with Haylee Williams-esque vocals. Thanks Genie is a four piece band, Durham transferred to Kutztown from Monmouth last semester and began jamming studio since he recorded at The University. Durham has played for five years. Thanks Genie actually began last spring semester when DePaola brought over his music and asked McTigue to join the band as their singer. McTigue’s role in the band is lead vocalist and lyricist.

Through all their experience and hard work, Thanks Genie brings you their track “Run” that will be featured on the compilation album this semester. For all the members, being in a recording studio was not a new thing. However, Durham had not been in a real recording studio since he recorded at The University. Likes to refer to DePaola as “one take Dave,” and that was certainly true this time around as all their instrumental parts were recorded live all in one take. Durham recalled having some technical difficulties when preparing for the recording, and explains how his cymbal broke and he needed to find a new one. McTigue also contributes to the band. People at Lakehouse were much more hospitable than the staff at her current studio.

After recording and mastering, the single was ready for the group. Once school started up again in September, DePaola, Jackle, and Durham were able to play more and Durham asked McTigue to join the band as their singer. McTigue stated, “[This] was the first time all four of us had ever played the song in full for other people.”

Joe Rapolla, Chair of the Music Department at the University, likes to refer to DePaola as “one take Dave,” and that was certainly true this time around as all their instrumental parts were recorded live all in one take. Durham recalled having some technical difficulties when preparing for the recording, and explains how his cymbal broke and he needed to find a new one. McTigue also contributes to the band. People at Lakehouse were much more hospitable than the staff at her current studio.

Secondly, the fun, free-spirited child that doesn’t have to be afraid to step outside of the box and have some technical difficulties when preparing for the recording, and explains how his cymbal broke and he needed to find a new one. McTigue also contributes to the band. People at Lakehouse were much more hospitable than the staff at her current studio.

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Like many Ryan Murphy shows before it, it is a no-brainer that Scream Queens is a hit. The show, which draws its premise from the movie, is a horror comedy that follows a serial killer terrorizing a sorority house. The show is a fantasy in which the audience and the characters are aware of the murder mystery and must solve it before the end of the season. The show is a hit because it is smart, funny, and full of surprises. It is a show that keeps the audience on the edge of their seats, and it is a show that is not afraid to take risks. It is a show that is not afraid to be campy and strange, and it is a show that is not afraid to be shocking. It is a show that is not afraid to be funny, and it is a show that is not afraid to be emotional. It is a show that is not afraid to be controversial, and it is a show that is not afraid to be groundbreaking. It is a show that is not afraid to be different, and it is a show that is not afraid to be bold. 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How will you be spending winter break?

**COMPILED BY: KIERA LANNI**

David (Junior)

“I’m just going to work and look for an internship for next semester.”

Cidia (Sophomore)

“Just hang out with friends and family. Eat a lot of cookies.”

Natalie (right)

“For two weeks, I’m going to Clearwater, Florida, and the other two weeks, I will volunteer at Monmouth Medical Center.”

David (Senior)

“I’m going to work, hang out with family, see some friends and I will go on vacation to California at some point.”

**QUOTE OF THE WEEK**

“THIS IS MY WISH FOR YOU: PEACE OF MIND, PROSPERITY THROUGH THE YEAR, HAPPINESS THAT MULTIPLIES, HEALTH FOR YOU AND YOURS, FUN AROUND EVERY CORNER, ENERGY TO CHASE YOUR DREAMS, JOY TO FILL YOUR HOLIDAYS!”

- D.M. DELLINGER

President Paul Brown

“A lot of sleeping! And spending a lot of time with my daughter.”

Natalie (right)

“Just hang out with friends and family. Eat a lot of cookies.”

Cidia (left)

“I’m going to work, hang out with family, see some friends and I will go on vacation to California at some point.”

David (Senior)

“I’m going to work, hang out with family, see some friends and I will go on vacation to California at some point.”
BENEFITTING THE FOOD BANK OF MONMOUTH COUNTY!

ITEMS NEEDED:
- Canned Tuna, Chicken, Salmon (in water)
- Canned Fruits (packed in juice or light syrup)
- Canned Vegetables (low sodium or no-added salt)
- Natural Unsweetened Applesauce
- Brown, Wild, White Rice
- Pasta (whole gran preferred)
- Ready-to-eat Canned Meals
- Peanut Butter & Jelly
- Canned or dry beans, peas, lentils
- 100% Juice Boxes
- Healthy Snacks
- Unsalted Nuts
- Hot & Cold Cereal (low sugar preferred)

Food drop off will be in the main lobby of the MAC near the box office.

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December 9, 2015 Features The Outlook

Through the Lens of a Pro: Tips for Beginning Photographers

KIERA LANII PHOTOGRAPHY/JOURNALISM EDITOR

When I held my first “real” camera, all I wanted to do was shoot. I was young and thought photography was the coolest thing in the world. I took a photo of that bug on the ground, the clouds in the sky, or my sister’s skateboard. I knew I wanted to be fashionabile at the time. I was drawn to photography because I had the ability to tell a story with no words and capture a moment in time forever.

The art of photography has gone from sitting still in front of a camera to shooting without any amount of time to get a single photograph in the 1800s, to using your phone to take a selfie in the 2000s. We are so saturated in images today that we forget that that much goes into a photograph than just pointing and shooting. Photography is about capturing moments and making history. It is an art form that allows you to express yourself and tell a story.

When I first started, you should have a hunger to learn all roll of film that I shot would be better than the last one.” Sanchez had landed a job with US and Star Magazines, and has shot celebrities such as Jon Bon Jovi and Anne Heche. How-ever, before he got to that level, Sanchez had much to learn. He suggested collecting and studying photographers that you want to emulate.

“Photography forces me to slow down and really examine the world and make art,” Ludak said. Ludak studied philosophy in college before becoming a photographer. His background in philosophy provided him with the means to explore his own personal reason and make images. “Photography taught me to investigate the world we live in and look for purpose and an ethical foundation for life,” Ludak said. “It taught me how to be a person for me to go into the world and make art.”

Sanchez also suggests shooting as much as you can. He said, “When you’re starting out, shoot fairly often and be critical of yourself. Don’t just think because you shot it that it’s great; try to get something out of every shot you put in your book.”

I knew I had my own big gestic, and that can be a good thing. Thinking that everything you shoot belongs in a museum is not going to help you learn. Even after many failed attempts in the beginning, I just knew that the next time senior year came around I knew I had to decide what I was doing as far as college was concerned. That’s when I began considering Brookdale Community College, although I hadn’t felt that I should “do better.” Some students may think that going to community college first is a two year degree is either embarrassing or means you are not as driven academically. I’ve always been a person interested in photography, so I decided to make a break and try something different. After I had finished my two years at Brookdale, I was stuck thinking, “Where am I going to transfer to now?” When I found out about the University’s education program and discovered that it was only a half hour away from my house, I decided to check it out and see if it was the right choice for me. I am almost done with my first semester here and I could not be happier with my decision.

“Being able to put myself through college is something I am very proud of and has helped me build a better understanding and mentality about education and my own sense of responsibility”

TOM GARAGANO Sophomore

The Stress of Student Loans and College Tuition

NICOLE SEITZ STAFF WRITER

College students are subject to many sources of stress throughout their time in school: homework, work and projects for classes, trying to make money by having a job, maintaining a social life, and attempting to pursue your dreams. These challenges can be overwhelming at times.

A college student’s biggest fear is being swamped with student loans. Many undergraduates receive a great amount of help from their parents when it comes to paying the bills and loans. However, there are some students who have to deal with the stress and burden of student loans all on their own. “I am able to do some of the necessary activities and work at a higher capacity because I get additional financial assistance. I am able to work throughout the week and not worry too much about the costs of going to school,” said one student. Getting the free lunch was often the only way to get some money for food. “I have less time for social activities and homework. I have to manage my time properly and accurately to fit my work and class schedule.”

He explained that this kind of balancing act is hard for any student, but particularly difficult when you are a college student.

Even though this kind of balancing act is hard for any student, it is not easy for a college student.

I am a junior transfer education student here at the University. When you are in high school, I’m sure one of the parts that you were most excited about in regards to going to college was getting the full away-from-home experience. I felt the same way; I even remember thinking about going away to college since my freshman year of high school.

I had always known that I wanted to be a teacher, so some of my favorite scholarships with great education programs were Western University in West Chester, PA and The College of New Jersey in Trenton, NJ. But I re-member always thinking, “How am I ever going to afford to go to school?”

“Being able to put myself through college is something I am very proud of and has helped me build a better understanding and mentality about education and my own sense of responsibility”

Tom Garagano

My high school teacher told me I had a real knack for photography, so I decided to make it my minor in college. Along my way of discovering my own photographic voice, I met two influential photographers who truly taught me what I know. One of them is Danny Sanchez, a notable photographer from Red Bank, NJ, with whom I intern. The other is Mark Ludak, a specialist professor of photography at the University. What they have taught me is useful to all potential photographers.

When you were first starting photography, you should have a hunger to learn all roll of film that I shot would be better than the last one.” Sanchez had landed a job with US and Star Magazines, and has shot celebrities such as Jon Bon Jovi and Anne Heche. However, before he got to that level, Sanchez had much to learn. He suggested collecting and studying photographers that you want to emulate.

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Winter Celebrations: Not Just Christmas

CHELSE TROMBETTA  STAFF WRITER

December is one of the most important months of the whole year. Not only does it signify the end of a year but it is also filled with many different holidays. While some people are getting into the Christmas spirit, it is important to focus on all of the other significant holidays that December brings.

One of the most celebrated holidays is Hanukkah. For those who practice Judaism, Hanukkah is an important celebration of a very historical moment in their religion. Heide Estes, a professor of English at the University explained, “The holiday commemorates a time when the Assyrians and the Jews were at war, and the Jews were able to drive out of the Temple in Jerusalem.”

Estes continued, “Eventually they defeated the Assyrians and regained control of the Temple, and prepared to kindle the ‘eternal light’ that is always burned in the Temple, but discovered they had enough oil to last for only one day. It took eight days for the oil to run out, so they had enough oil to last until the next Purim day.”

This is why those who practice Judaism light the Hanukkah Menorah for each of the eight nights of Hanukkah and say the blessings.

You have eight candles and one taller candle called the Shamash. Each night you light a candle to the left of the whole and you always start with the number candle that represents the night it is. For example, on the second night of Hanukkah, you would light the second candle in from the right first and then the new candle to the right of it,” said Dr. Michael Schwobel, a Coastal Resilience and Climate Adaptation Specialist at the University. Another fun Hanukkah tradition is playing Dreidel. This is commonly played with Gelt, which are chocolate coins.

Rachael Thalheimer, a junior social work student, said, “Dreidel is almost like a gambling game, where you ‘anti-up’ gelt and the dreidel (a toy top) dictates what you win from the collective pile of gelt.”

Thalheimer continued, “The dreidel has four letters on it: nun, hay, gimel, and shin. Each letter dictates how much gelt you can win from the middle pile. Nun means you get nothing, hay means you get half, shin means you put one of your gelt into the middle pile, and gimel means you get all the coins. Once someone wins gimel, you start a new round where everyone anti-ups again, and the game goes until someone wins all the gelt!”

During these gatherings to celebrate Hanukkah, a lot of food is eaten. One of the most commonly eaten foods during Hanukkah are Latkes. Latkes are potato pancakes that you can put different toppings on.

Schwobel said, “Some families put different toppings on them like sour cream or apple sauce. My family puts confectioners’ sugar on top.” Another food eaten is Sufganiyot, which are like jelly doughnuts. Along with Hanukkah and Christmas, Kwanzaa, an African American and Pan-African holiday, is also celebrated in December. Kwanzaa begins on Dec. 26 and ends on Jan. 1; it lasts seven days to honor the seven principles.

According to officialkwanzaa.org, these seven principles are unity, self-determination, collective work and responsibility, cooperative economics, purpose, creativity, and faith. Kwanzaa means “first fruits” in Swahili and is a time for people to come together to celebrate African culture and history.

Kaila Lane, a senior communication student, said, “Kwanzaa reflects the African thoughts of the important values in life, mostly family.” These principles are honored by lighting a candle in the Kinara for each of the seven nights.

The colors associated with Kwanzaa hold symbolic meanings. Lane said, “The colors of Kwanzaa are red, green, and black. Red stands for the struggles of the past and present. Green stands for a good future. Black represents the rich skin color of people of African descent.”

These holidays are a special time for families and friends to come together. Dr. Brian Greenburg, the Chair of American Social History, said in regards to Hanukkah, “It is mostly about family.” This is one of the main foundations for all of the holidays including Kwanzaa, Hanukkah, and Christmas.

So, no matter what you celebrate, take this time to be with your family and enjoy the holidays and the New Year.

Alumnae Start Cupcake Business

MELISSA PRAVATA  STAFF WRITER

Sisterly bonds sometimes go on a little further than just family, especially when sisters are just three years apart. Alumnae Carissa and Jaclyn Franz both graduated from the University, and have started their own cupcake business called Stuffed Enuff, where they create personalized cupcake orders to together to celebrate, they believe every part from the hells kitchen to the door to the last bite of dessert should be memorable.

“Food has always been a big part of our family traditions and we would love to be a part in making your events more memorable with the addition of our treats,” said Jaclyn.

For more information on how to have Stuffed Enuff cater your event, follow them on Instagram at @stuffedennuff or email jaclynnfranzi.n2@gmail.com.

Jaclyn (left) and Carissa (right) Franzi recently created their own cupcake business after graduating from the University.

PHOTO COURTESY of Melissa Pravata

So, no matter what you celebrate, take this time to be with your family and enjoy the holidays and the New Year.
Brad Brach pitches for the San Diego Padres from 2011-2013.

BRAD BRACH
Baltimore Orioles Closer

PHOTO TAKEN from minorleaguebaseball.com

PHOTO TAKEN from camdenchat.com

PHOTO TAKEN from padres.com

PHOTO COURTESY of Gary Krow

SPORTS

December 9, 2015

JOHN SORCE
SYSTEM WRITER

In 2014, the Baltimore Orioles won the American League East with a 96-66 record and advanced to the American League Championship Series. One of the key members of their bullpen was Brad Brach, who was selected for the Huston Tigers as the 42nd overall pick in the 2009 MLB draft. Brach graduated from Freehold Township High School and was drafted by the San Diego Padres in the 42nd round of the 2007 draft. Not only did that not change the course of his baseball career, Brach said, but his time at Freehold Township was a plus in the Arizona Fall League, where he was able to further develop his skills.

Brach is currently in his fourth season with the Padres and has appeared in 56 games this season. He has a 2.59 ERA and 32 saves in 37 games. Brach said he is grateful for the opportunity to pitch in the major leagues and that he has learned a lot from his time in the minors.

Brach said he has always looked up to his father, who was a professional baseball player, and that he has always wanted to follow in his footsteps. Brach said he has always been a hard worker and that he has always been able to bounce back from adversity.

Brach said he has always had a lot of confidence in himself and that he has always been able to overcome any challenge. Brach said he has always been able to be a leader on the field and that he has always been able to help his teammates.

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Small In Stature Large In Talent: Justin Robinson

Junior guard Justin Robinson has been proving people wrong his entire life. Just look at when the Hawks lost him to the University of Southern California in the third place game of the AdvoCare Invitational. He was the shortest player ranked in the Top 50 by the NCAA.

“One incident that I remember was when we were at the Hoop Group. I played pretty well and a coach came up to me and asked if I wanted to play for him. I asked him what school he was from and it was a Division III program. I told him I'm not going to close the door on anything, but I'm hoping to get a Division I offer" and he kind of laughed in my face. That's just been my whole life; to prove people wrong and let my play speak."

Robinson got his Division I offer from Monmouth and made an immediate impact since arriving in West Long Branch in the fall of 2013. He started 25 of the 28 games he played in his freshman season. He was named First Team All-MAAC in his sophomore year.

He recently broke Michael Beasley's record for scoring at the AdvoCare Invitational by scoring 77 points in the three games and took home the tournament MVP honors. Head coach King Rice has enjoyed every second of Robinson's career at Monmouth.

“(Coaching Justin has been awesome,” Rice said. “Justin is a great young man. He's from a strong, close family. He's been proving people wrong his whole life. I told him when I met him how much I believe in him. I didn't care about the concerns that other people had. I thought he was a really good player and was better than I thought when I got him.”

Robinson played four years of varsity basketball at Kingston High School in Kingston, New York. Mark Wyncoop was an assistant coach through Robinson's career there.

"He has always used his size as a chip on his shoulder and he has always used that to prove people wrong," Wyncoop said. "In our league, he had everybody's respect by the time he was in tenth grade because they all knew what he could do. He's always had a big heart and that has helped him continue his success."

Robinson reflected back on his high school career and pointed out that not being the main guy early on helped him develop his all-around game.

"My freshman year was more of a learning experience since I wasn't really allowed to shoot the ball too much," Robinson said. "I took on more of a scoring role my sophomore year. My junior and senior years I became the top scorer but I kept my teammates involved as well which helped me develop my game as a point guard."

There are many aspects to Robinson's game that separates him from other players, according to Wyncoop.

“The great thing about Justin is that he sees things on the floor that nobody else can see,” Wyncoop said. “He just has in-

Robinson strives every day to achieve his goal of playing at the next level one day, but he is enjoying his time at Monmouth and taking things one step at a time.

“That’s been my dream my entire life but right now my goal is to win a MAAC Championship for these next two years. I have a tremendous team around me with a tremendous coaching staff and the students on campus make it feel very welcoming,” Robinson concluded.
**Monmouth Bench GSs National Fame**

**MU Bench continued from pg.1**

As soon as Seaborn sunk the three in the game against USC, whom have already defeated Monmouth once this season, Dan Pillari ran in front of injured teammate Greg Noack, stood on his hands in front of his teammate while Noack grabbed Pillari’s ankles and began clapping them together.

The Monmouth Bench has received various recognitions from news outlets such as The Daily News, CBS, Asbury Park Press, New York Post, and many more. USA Today has said, “Monmouth may have assembled the greatest bench squad in college basketball history.” Which is also the bench’s profile on their twitter handle, @monmouthbench.

Louise Pillari, the freshman and new comer of the cousin duo said, “I don’t pay much attention to the media, but I just helping with our team win.”

But the media certainly pays a lot of attention to them. ESPN’s SportCenter Instagram account has received 114,000 likes and nearly 12,000 comments on a video of the Monmouth Bench madness. House of Highlights, an app that curates sports highlights, also uploaded a clip which is now known as the “Karnas Everdeen.” This post has received 92,700 likes and over 10,000 comments.

Monmouth Bench continued to dominate social media when @WBBPillars asked them handle their Snapchat for a 24-hour period on Friday, Nov. 30. The four 45-minute antics on Snapchat included jokes about how their uniforms are never dirty because they do not play a video of them pretending to practice by shooting basketballs in an arcade, and concluded with a serenade of Piano Man by Billy Joel.

Max DiLeo, who played with the Hawks from 2011-2015 and is currently playing professional basketball with the Oettinger Rockets said, “I think it’s great for the players to contribute to the team’s success even when they are not on the court by en- couraging and creating an overall atmosphere even at away games. The national coverage is great too. It helped draw more attention to the big wins we had but most importantly it seems like a lot of fun.”

When asked his favorite celebration, DiLeo said “My favorite celebration has to be when Dan [Pillari] died and they brought us back to life. Dan is 19 so he has some good celebrations last year during timeouts.”

Thankfully for the Monmouth Bench fans, ESPN dedicated an entire camera to just observe the celebrations during the post-game Invitational.

The Monmouth Bench has become so well known that rumors have circulated of the National Collegiate Athletic Association (NCAA) creating rules specifically to deter their celebrations. ESPN’s Jay Bilas tweeted “Source: NCAA currently discussing rewriting bench decorum rules to curtail celebrations of Monmouth bench. Remember, it’s about the kids!” on Monday, Dec. 7.

David Worlock, NCAA Director of Television, responded, “We are aware of the concern. The intent is not to harm anyone. Spontaneous reactions, not coordinately planned, is the focus.”

Monmouth Bench received various recognition from the media. DiLeo had one of her best games of the season. Princeton defeated Niagara University 59-56. Senior guard Sarah Olson, as well as former guard Tyese Purvis (13) received double-digit points from the inside. Senior guard Jamiyah Bethune scored a team-high 20 points while Noack grabbed Pil- lari’s ankles and began clapping them together.

Olson had one of her best games of the season, adding nine points off of those turnovers. The Hawks did not stop there, as they opened up a 41-32 lead at halftime. Bethune

The Monmouth Bench has received much attention from the media for their well choreographed celebrations on the sidelines.

**Women’s Basketball Dismantles Niagara**

**MATT DELUCIA**

The women’s basketball defeated Niagara University 83-60 Sunday afternoon in Weisberg Arena.-pills head coach Shane Treu said after the game. “Our players did a great job finding her and getting the ball in the post when she needed it”. Olson had one of her best games of the season, adding nine points off of those turnovers. The Hawks did not stop there, as they opened up a 41-32 lead at halftime. Bethune

**"We said let’s pick it up, it’s conference play and it’s now or never."**

SARAH OLSON

Senior Guard

The team as a whole scored 83 points, which is their highest total scored in a non-overtime game. Monmouth opened the game red hot, shooting 52.9 percent from the field in the first quarter. Monmouth forced nine Niagara turnovers in the first quarter, and capitalized by scoring nine points off of those turnovers. The Hawks did not stop there, as they opened up a 41-32 lead at halftime. Bethune

Monmouth never trailed in the contest, holding a lead for over 39 of the 40 minutes in the game. Monmouth dominated in all facets of the game, outscoring the Purple Eagles in three of the four quarters. The Hawks’ new press defense forced 22 Ni-agara turnovers, and scored 26 points off of those turnovers.

Bethune guided all throughout the first half by sophomore forward Kaycie Strohswe, who led all scorers with 12 points. The Hawks began the second half on another red-hot scoring run, shooting an incredible 50 percent from both field goal and three point range for the third quarter. Niagara’s offense stag-
The women’s basketball team lost by six points to Siena on Friday, Dec. 4, to open their conference play. They bounced back on Sunday, Dec. 6, defeating Niagara by over 30 points.

Full story on page 19