A Sit Down With President Grey Dimenna
The President Talks Wilson Hall, the Importance of Students, and his Future at Monmouth

President Grey Dimenna gets comfortable in his new office on the second floor of the historical Woodrow Wilson Hall.

Grey J. Dimenna was named the President of the University on Feb. 28. He started his Monmouth career on Feb. 20, 1995, as Vice President and General Counsel and retired July 31, 2013. Since the transition from former President Paul R. Brown, President Dimenna has had some time to reintegrate into the University community. The Outlook sat down with him to get a deeper look into his past, present, and future.

How long do you anticipate being the Interim President? The trustees have said that they don’t want me using the title “Interim President.” [Rather] they want me to use the title “President,” because, as they said, I am the President and I have the full President continued on pg. 2

New Course Takes Students to Maximum-Security Prison

As part of a collaboration between the Departments of Sociology and Communication, as well as the New Jersey Department of Corrections, the University will be offering an extension to its current, Investigating the School-to-Prison Pipeline course through an additional class that will allow students to regularly visit a maximum-security prison in Trenton starting in Fall 2017.

The program currently falls under the larger umbrella of the University’s Academic Exchange Program, and aims to help students learn more about mass incarceration through direct interaction with incarcerated people, according to Dr. Johanna Foster, Assistant Professor of Sociology. Foster hopes to get students thinking about several aspects of mass incarceration, including the political dynamic, gender inequalities, and institutionalized racism of the system.

“It’s a two course sequence, and in the first course, students on campus learn about the history and the current conditions of prisons, and get some practical preparation to go inside prisons,” said Foster. “Those students who complete that class now will be eligible to join the second class which will be at New Jersey State Prison in Trenton.”

A new section of the first course will be offered during the summer semester to give opportunities to other students who wish to be part of the group of students that will visit inmates in the fall.

Dr. Eleanor Novek, a professor Class continued on pg. 3

Dr. Eleanor Novek (right) and Dr. Johanna Foster have turned their experiences teaching at state prisons into a new course that will be offered in the fall.

Academic Affairs Staff to Receive Safe Zone Training

“I think that Academic Affairs, taking the first shot at this as a group, really speaks volumes to how inclusive we want to be, and we sort of set the tone for what happens in departments and units. So I think that this is a really good thing for us to do,” said Moriarty. Vaughn Clay, Director of Off-Campus and Commuter Services, was trained to teach others about Safe Zones with Moriarty in 2015. He will be assisting her and two other trainers on May 2.

“At the training we will talk about different topics within the LGBTQ+ community, we will look at language, perceptions, perspectives, and how we view not only that community, but our role in that experience. What we can do is become more sensitive to different people, or rather people who are different,” said Clay.

“The trainings are exercises and information provided in an interactive presentation. I won’t just stand up there and say that I am an expert. I am sort of a conduit in trying to help share the information with the community,” Clay continued.

Pasteled on Clay’s door is a Safe Zone sticker that signifies that he has completed Safe Zone training.

Safe continued on pg. 3
President Grey Dimenna speaks with The Outlook: A Look Into the Life of the Newly Appointed President

President Grey Dimenna sat with The Outlook for a personal interview to discuss his new position at the helm of the University.

President Dimenna continued from pg. 1.

authority of the President just like any other President has had.

Right now, the plan is that I will be President until June 30, 2018. The trustees will start to begin the process very soon of looking for a new President. That process usually starts in the spring. They usually set up a search committee, which consists of faculty, trustees, administrators, an undergraduate student and a graduate student. The search committee takes all of the applications, usually anywhere between 70 and 100, and they go through them.

The committee narrows them down and gets to a point where somewhere around 12 to 15 applicants exist. Then they ask for references and again narrow the number down to eight people. They then meet with those eight people at an off campus site in order to preserve confidentiality. That takes place usually late November early December. Then the committee takes those eight candidates that we take to campus usually in the latter part of January. They spend two days and an evening on campus and they meet with everyone you could think of.

There is then a survey that the people who meet with the candidates fill out and the committee collects the surveys and narrows down who they would like to be final candidates and reach an agreement regarding salary and things of that nature. The new President typically starts July 1, which is the start of our fiscal year.

Is this June 30, 2018 date concrete?

My time here could be shorter or could be longer. I hope it is not longer because I promised my wife that I would be finished by June 30, 2018. The June 30 date is my best guess right now.

Have you always wanted to be a President of a University?

No I was very happy as Vice President and General Counsel. Being President is a 24/7 job. If you do it right, you are always doing something. You are always going to events, whether it be student events or events for the alumni. During my whole time as General Counsel there was one thing I think that I did get to do in an enjoyable way and that was travel. I would go to a Presidential search at another institution here in New Jersey and I let my wife come with me. However, this didn’t go very far and I heard things that I didn’t like so I withdrew. Why do you think you were chosen for the position?

I think I was chosen because whenever you have a change of presidents, particularly when it is sudden, people can get worried. There are a couple of reasons I was chosen. Number one is that during my 20 years as General Counsel I developed a good relationship with the Board of Trustees, so they knew me and they trusted me. I think, and I don’t want to sound like I bragging, but I think they thought I had the right skills.

The second reason is that they wanted someone who was familiar with Monmouth. They knew what Monmouth’s mission and goals are. I think the trustees felt that someone who was familiar with Monmouth would be more accepted by the community and that has really panned out because my reception since I have been here has been overwhelmingly positive. So many people have been so happy to see me come back and have said thanks for coming back.

What is one thing you would like to tell the campus community that they may not already know about you?

Besides being the funnest man on campus? I think what I would want the students to know is that during my time as General Counsel I always told my staff that “Students come first.” This does not mean students are always right, but what that means is that students come first in everything we do, and if they aren’t here we wouldn’t have an institution. We should do whatever we can to make their experience here positive and transformative – to borrow a word from the strategic plan – because that’s what we are here.

I must say you are very well regarded as General Counsel that I didn’t get to spend as much time with the students as I would have liked because I really enjoy spending time with students. That is the one reason I left. That process is a very good one. We had a legal intern program in our office where students who were interested in becoming lawyers could intern and that was probably the way I got the most contact with students.

The program was very educational. I made sure the interns were not allowed to do any kind of office work. Instead they were drafting policies and participating in meetings. They were doing the kinds of things that lawyers would be doing. The feedback that we got from doing that program was overwhelmingly positive. I keep in touch with them and they keep in touch with me and they have an internship program and I travel with them and I travel with them. So that is one thing that students don’t know about.

What do you plan on your role relationship with students being like during your time here?

I want to be as visible as possible, particularly with students. I was told earlier that I was in the Rebecca Stafford Student Center more than a lot of presidents have been in the past year or two. I have been going up to students and introducing myself. I took part in the most recent Mondays at Monmouth program, which is basically a chance to talk to students when they came to Wilson Hall here I was talking to parents and students.

Recently, I ran into a prospective student who was here one of her parts after the second one and her mother was about to take her picture and I got in on the picture. We started talking and I told her why she should come here. I later ran into them again and we started talking. I asked them if they had ever seen my office and they said they had peaked in the door.

I told them to come up and have a tour of the campus. They came to Wilson Hall here I found out she was interested in biology so I walked her down the hall and had her speak to Michael Palladino, Vice Provost for Graduate Studies and Former Dean of the School of Science, and she took her on a tour of the new science building and it turns out that she is coming to Monmouth. I found out from admissions last week.

Where do you want the campus to think you are strong?

I have a strong belief system that students come first. This does not mean students are always right, but what that means is that students come first in everything we do, and if they aren’t here we wouldn’t have an institution. We should do whatever we can to make their experience here positive and transformative –

What areas of the campus do you think you are strong?

We have a very strong faculty. They are so dedicated to our students. I love our small classes. A strong upcoming area of our campus is our health and wellness area. We are going to be starting an athletic training program and an occupational therapy program in the coming years. We are also starting something that came out of our strategic plan and it is called the Institute of Health and Wellness, which is very exciting, and will pull together all of the various health professions and serve as a resource for the surrounding healthcare community.

What areas of the campus do you think need work?

I think our academic programs and our student center focus are our real strengths. And my job as President here for the next year and a half or so is not to make any huge shifts here at Monmouth but to basically keep the progress that we have seen moving forward. I want to keep the good things about Monmouth going. I think we have a great strategic plan, a great campus, and a great institution. I want to keep it moving forward so that when the next president comes in he or she can hit the ground running and can move it even further ahead. Do you plan to follow former President Paul R. Brown’s initiative to educate the campus on Waterston Wilson?

The Wilson Hall controversy is something I heard second-hand since it happened after I retired. That is something I plan on speaking with in the office of Equity and Diversity soon. I think Diversity is extremely important.

While I was General Counsel the Office of Equity and Diversity existed, but it was not highly visible and non-discrimination are issues that are very important to me. In fact I hired a reporter in London around the time that I had just gotten here where questions arose concerning gender-neutral bathrooms. Mary Anne Nagy, Vice President for Student Life and Leadership Engagement, and I discussed that at the very beginning and no we aren’t changing our policy.

What is the federal government doing is not any requirement on us. We are free to do whatever we want and Monmouth is an inclusive environment community and we are not backing away from that.

What are some of your hobbies?

I ride a Harley Davidson; I bicycle a lot and I rode my bike over 5,000 miles last year. My other hobby was attending the 2016 calendar year was my job so I was not able to travel as much. I have a stepdaughter who lives in the Los Angeles, CA area; she went to Loyola Marymount and she has a stepdaughter who lives in Arizona.

What advice do you have for current college students?

My advice would be to take advantage of internship programs and doing a lot of outdoor activities. It is a great time of your life. Where did you go to college?

I went to college at Binghamton University, Binghamton, NY. It is near the Pennsylvania border about an hour outside of Scranton and a short drive to a school at Syracuse University.

Do you have any children?

Yes I have one daughter and she lives in the Los Angeles, CA area; she went to Loyola Marymount University. I have a stepdaughter who lives in Arizona.

What advice do you have for current college students?

My advice would be to take advantage of internship programs and doing a lot of outdoor activities. It is a great time of your life.
$27,000 Raised on Giving Day

KELLI GALAYDA STAFF WRITER

An estimated $27,000 was received in donations from alumni, students, staff, parents, and friends of the University on Monday for the third annual Giving Day. – a day dedicated to receiving scholarship funds for potential University students. The first Giving Day was on March 24, 2015, which also marked the 20th anniversary of Monmouth becoming a University. “Monmouth Giving Day gives the University a chance to give to the Monmouth community a chance to come together and make a lasting impact on current and future students,” said Michele Whitlow, Director of Engagement and Giving Day Planner.

In addition to the scholarship funds that were raised through the giving to a specific department, creating the opportunity for donors to give back to the department that means the most to them. According to Whitlow there were a number of opportunities for individuals to get involved with the Day. “Giving Day was all about giving back to Monmouth and making an impact. People could have either donated money themselves or in person at the Rebecca Stafford Student Center - we had live music, prayer vigils, and people giving throughout the day. We also had ‘Phil the Pig’ happening all day long and the Monmouth Crusader student involvement. Second – we loved seeing people post about Giving Day on social media and getting neat seeing people get excited about Monmouth,” said Whitlow.

 Students got involved in the donation efforts. Andrew Trost, a junior psychology student, contributed through his position at the University Phon-a-thon, a department he is credited to as phone calling for raise money for the University. He said, “I was given the opportunity to volunteer and provide phone calls to generous alumni who wanted to donate to Monmouth University and I was able to sincerely thank everyone here at Monmouth for their gifts.”

Alexis Mason, a junior psychology student, joined the efforts through her off-campus job as well. She said, “I worked with ‘Phil the Pig’ to get students involved in Giving Day. I also worked with the Phon-a-thon to call alumni and friends of the University to get involved and help them give back to the University, which means a lot for student scholarship and all of the different programs that we have here.”

Whitlow shared her enthusiasm about this year’s student involvement. “I love seeing the Monmouth community get involved and make a huge impact. Seeing students get so involved this year was also incredibly exciting,” she said.

While the biggest impact was made on-campus, off-campus community members also contributed to the fundraiser celebration as well including members of the Monmouth Dough Co. and Dunkin Donuts. “This year’s Giving Day was very helpful in helping to promote and build the university through our website, said Whitlow. “It is a huge lack of courses in this area, as many just dabble upon the topic of LGBTQ+ communities. Unless you are enrolled in a gender studies, social work or sociology class, that education is often nowhere to be found,” said Lai.

“I think every person should be able to experience a welcoming environment on campus,” said Parsons-Pollard. “And it is incumbent upon us to provide for those who work here and chose to come here, to be educated, and opportunity to be able to learn about one another so that we have an environment that is warm and welcoming to everyone.”

New Course Brings Students to NJ Prison

KELLI GALAYDA STAFF WRITER

Photo taken by Jamilah McMillan

The symbol denotes that students are the future of political and moral thought, but how can programs like these change their perceptions. “The main piece for me is the human contact. [Students] have absorbed so much about the ‘otherness,’ the ‘dangerousness’ and the ‘evilness’ of criminals and people who are locked up that when [students] encounter them, they see humanity,” she said.

The course codes for the Summer 2017 class with Foster are CO-398-002, SO-398-001, and CO 598-001, Investigating the School to Prison Pipeline Part 1. The course codes for the Fall 2017 class with Novak are CO-398-004, SO-398-002, CO 598-001, and PS-598-001, Investigating the School to Prison Pipeline Part 2.

Approximately 30 members of Academic Affairs will receive Safe Zone training on May 2, in an initiative lead by Laura Moriarty, Provost and Vice President for Academic Affairs.

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‘Tech’ Your Gadgets at the Door

THE OUTLOOK STAFF

Particles of chalk dust in the air and textbooks covered with Book Sox’s on rows of desks have become a distant memory of the typical classroom for many college students. Chalkboards have been replaced by projectors and the need for legging heavy textbooks across campus is no longer necessary with the endless information available on smartphones and tablets. The ubiquitous nature of technology has begun to spark much debate on the integration of these devices within the classroom.

Both educators and students are torn between the restrictions and benefits that device usage will bring to the classroom experiences. Technology has impacted every facet of our everyday lives including the ways in which we gain and process knowledge.

"The use of PowerPoint presentations, conducting research online about course material, efficient note taking, and the ability to connect and collaborate with fellow classmates on assignments outside of the classroom were some of the beneficial aspects of technology use within the classroom by editors. Although, we considered to be a generation of ‘multi-taskers’ utilizing technology in class while listening to a lecture was deemed as a distraction for several editors. One editor claimed that if fellow classmates are using technology for note-taking methods for note-taking they have a negative impact on their learning process. ‘If a student is on a different website during class and might look over and their attention could be taken off class and transferred over whatever the other student is doing,’ said the editor.

Some staffers believed that technology helped them take notes faster and further their discovery of the topics being discussed in class. ‘(Technology) allows you to learn beyond what a textbook could provide. This means movies, PowerPoints and other ways that tech helps provide are a better learning experience,’ said The Outlook editor-in-chief.

One editor believes that classroom facilitated technology use will ultimately prepare students for their future careers. Since our culture is immersed in the digital world and resources, it is imperative that students gain a firm grasp on these concepts and skills prior to graduation. Compiling presentations, website building, audio recording, Microsoft Word, and Adobe Creative Suite are all programs that will be utilized in future courses and careers. Exposing this technology to students in a classroom setting allows them to familiarize themselves with the software.

According to the Monmouth University website, the institution fully supports the use of technology in the process of teaching and learning. The faculty are encouraged to implement technologies into their courses.

According to some editors, many of their professors forbid the use of technology within their classroom and are in discord with the University’s efforts. Many feel that professors make up their own rules in regards to smartphone and laptop usage in their classrooms. ‘I have had many professors that have forbidden phone usage and even some professors that won’t let you use your laptop for note-taking or have stipulations for using your laptop during class,’ said one editor. These stipulations include having to sit in the front row if you are using a laptop or tablet or requiring students to hand in their cell phones at the beginning of class. One editor claimed that a professor offered extra credit as an incentive for students to turn in their electronic devices.

‘I think that not having my phone on me definitely helped in learning and staying focused because I did not have the temptation to look at it,’ said one staffer. The inability to go 20 minutes without a smartphone might be a cause for concern according to one editor.

The editors are in agreement that the use of technology within a classroom setting can attribute to the engagement and disengagement of students due to its interactive and distracting nature. The incredible programs that technology offers sometimes act as a distraction and impede the learning process. However, knowledge of these tools is necessary due to our culture’s immersion in technology, therefore, the classroom is the best place to facilitate and encourage this usage.

One editor believes that technology engagement is only negative depending upon the user. ‘If you use it to test and check social media, you aren’t using technology to its fullest effect. If you’re using it as an aid in class to take better notes or look up confusing materials, that is what it is really built for.’

Monmouth might be in full support of the use of technology in learning, but the advancement is necessary due to our culture’s immersion in technology, there continues to be debate whether or not these advancements engage or disengage students.

One aspect of academia that should never falter was stated by one staffer. ‘Discussion and engagement, the Means and profilers should be priority over technology’

These instruments might aid in the learning process, but The Outlook agrees that we learn from one another by engaging in the discussion, and the course is much more valuable than anything a Google or Bing search could ever convey.
Benefits of Service Trips
A Personal Look Into the Guatemala Service Trip

KIERSTEN BECHT
CONTRIBUTING WRITER

Growing up sucks. Then, I said, it happens. Having to juggle school, work and friends can be exhausting and often leaves us feeling frustrated with the past in which you had little to no responsibilities and even smaller expectations. We can often find ourselves without a purpose.

Getting something big for yourself like new shoes, a new car, or a qualified teacher would be for the upcoming year. While I am still guilty of being a fanatic about making everything perfect and I find myself excelling in life. Look for the good in the world just as Leslie does. I have been taught very early on the importance of happiness and overall well-being. So, don’t forget to do as Dona and Tom and, “Treat yo’ self”.

Whether we want to acknowledge it or not, we have outgrown our childhood memories. As adults, we can no longer live vicariously through them, but they are still there. It is just our job to find new things that we can make ourselves feel better, just like when we were children.

Growing up, time passes quickly, but it also goes by slowly. If you find yourself struggling with the simple tasks of life, don’t get upset. It is normal to lose your childhood memories and figure out how we can still incorporate them into our lives. As Leslie is. Leslie is a true believer and endorser in the 20-minute time block of being your own personal therapist.

Don’t forget to do as Leslie and take a good look at what we were preoccupied with as children. Try to experience them all over again. As a child there was no greater feeling than receiving something in the mail, it was a birthday card, party invitation or a letter stating who your favorite television character was. It was always a good day.

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Conservative Health Care Reform in Jeopardy

BRENDA GREVE

A new poll published by the Monmouth Polling Institute on March 29 found that the trust of the President of the United States, Donald Trump, is less trusted than the media. The national poll that can be found on the Monmouth Polling Institute website titled “POTUS Less Trusted Than Fake News” comes from all Sources—commonly known as the three major news outlets—ABC, MSNBC, and Fox.

These are just some examples of Trump’s criticisms to the media, which he frequently does via Twitter. According to the Director of the Monmouth Polling Institute, Patrick Murray, “Trump’s relationship to the media hasn’t helped himself of the media. It is hurting both his image and the media’s image as well.”

Murray’s comments reflected in his most recent poll, which found that 81 percent of participants agree that Trump has a worse relationship with the media than most of his predecessors. The poll revealed that 58 percent of Americans say that Trump’s relationship with the media is hurting both the image and the media’s image, which percentages are out of the 801 participants interviewed nationally.

In terms of trust in Trump compared to the media, the poll found that 28 percent of Americans would trust Trump as an information source compared to ABC News. For the more liberal leaning MSNBC, 33 percent of Americans trust Trump over the news network. For Fox News, which is more conservative leaning, only 17 percent trust Trump while more 37 percent trust the news outlet. Of the participants, 36 percent trust both Fox and Trump equally.

However, many are skeptical of polls and the media since most polls and media outlets predicted a win for Hillary Clinton. But only 51 percent of respondents believed the polls and media predicted a Trump victory. Of the respondents, 47 percent believe the polls and media predicted a Clinton victory.

The student continued, “The relationship between the administration and the American media is unprecedented and polarizing. Rather than explaining his legislation in an unbiased, strictly fact-driven matter, the members of the media painted on words such as ‘Muslim Ban,’ and ‘race’ to misconstrue the purpose.”

Angela Ryan, a senior political science student and intern at CNN, added, “The problem is that the administration does not trust the press and the press does not trust the administration.”

The student continued, “They are participating in an unhealthy relationship that is bad for both parties, but also bad for the American public.”

Murray said that some Trump voters are not accounted for in the polls because their votes were not based off ideology. He acknowledged the part of America that switched from Obama in 2012 to Trump in 2016 actually have something in common. He said, “The Obama and Trump voters have in common is that they voted for change, they want their voice heard.”

Donald Trump and ABC News

Donald Trump and Fox News

Donald Trump and MSNBC
ATTENTION: FINANCIAL AID STUDENTS

If you have had a Federal Direct Subsidized/Unsubsidized Loan and will be graduating in May, July, and/or August 2017 and have not yet completed your Exit Loan Counseling please go to: https://www.studentloans.gov.

If your graduation date is incorrect, please contact the Financial Aid Office at (732) 571-3463 or via e-mail at dorsey@monmouth.edu, or you may visit us in person in Wilson Hall, Room 108.

STRESS RELIEF YOGA
SUNDAY, APRIL 9TH

Interested in getting in touch with your spiritual, physical and mental being before getting into the books? Then join us on Sunday, April 9th for our pre-finals “Starry Night” themed yoga class in the Boylan Gym taught by Monmouth’s very own Professor Shannon Hokanson! We suggest a $10 donation with all raised funds going to the “Make A Wish” foundation. Bring a mat and get ready for an ‘Om’believable time!

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Ways to build strength
How to recognize concerns
Resources to get connected

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If one of your parents graduated from Monmouth, you can apply for a $1,000 scholarship award from the Alumni Association.

Applications and related materials for the one-time scholarship, which is awarded to a maximum of two students each year, must be received by the University Engagement Office by June 30, 2017.

Applications are available online at http://cms.monmouth.edu/alumni/Alumni-Association-Scholarship.aspx or at Alumni House, the Information Desk at the Student Center, and the Financial Aid Office. For more information, call University Engagement at 732-571-3489.
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COMBATING ROAD RAGE

Road rage can lead to distracted driving, which puts others in harms way, according to psychological counselor Christopher McKitch. "When you're angry you're really not focused on the ones that are doing the screaming profanities at a driver that speeds in front of you while you're trying to protect yourself. We are taking out your frustrations on another human being. A solution to road rage is exercising of the virtue of patience. If we are more patient and if we can breathe, we will find those ways that will help us be happier and healthier drivers."

JUST VENMO ME

VENMO IS MILLENIALS’ PREFERRED PAYMENT METHOD

Venmo is one of the most popular apps available for mobile payments, according to an article published by Business Insider. The app comes in third among adults, given it’s rise in popularity and new SoundCloud. Venmo, which created in 2009, is owned by PayPal and is a method favored by young adults and it is easy to use, there are other reasons why it is so popular among millennials. Venmo allows you to do a lot more than just pay someone back; it has a very social-media-like aspect. You can add friends of friends to your messages, emojis, and see personal information about your fellow Venmo users, like what they purchased, who they send money to, and even who they are dating.

JEREMY PALUMBO

CHRISTINA TERMUYNA

CONTRIBUTING WRITER

It comes around two times a year, and the spring is when we dread it most: daylight savings time.

We bask in the joy of having that extra hour of sunlight during the summer. In the fall, when it comes around, I lose motivation to go to 6:05 p.m. classes, due to the warm and warm weather,” said senior business student, Taylor Carson. "Somethings, we come across the idea of losing that hour of sleep there is a silver lining, “I don’t like losing an hour of sleep,” said sophomore, “You can have it back for an extra hour of daylight,” said senior business administration student, Jordan Maly.

Many struggle to get back on a healthy sleep schedule, and while an hour may not seem like much, it does really matter. For us college students, that is one less hour to finish homework, relax, and spend time with our family and friends. “The new hour back in the morning is so hard toadjust,” said a senior accounting student, Samantha Parisan.

“Fall asleep later than usual, and wake up earlier and it just wears me out. It definitely makes paying attention harder,” said Palumbo. 

What many do not realize is the fact that our sleep patterns not only affect our energy level, affect our mental and physical health as well. Those who consistently do not get enough sleep put themselves at risk for heart disease, stroke, depression, obesity, and many other harmful conditions.

Meanwhile, those who do get quality sleep are less likely to develop those conditions, and also have some added benefits. Sleep helps your brain ‘recharge’ in a sense, so those who take care in getting enough of it have better memories, can concentrate more easily, have lower stress levels, and most obviously, don’t feel tired all day. So, while getting used to the change takes time, there are a few things you can do to get into the swing of it. 

According to The National Sleep Foundation, seven to nine hours at night is what you need to be well rested, and should slowly tweak your sleep schedule to get your clock ready. Getting one thing to remember is always: while sleeping in on weekends is tempting, try to keep sleep to a minimum during the week. If we all make the conscious decision to be alert and cognizant drivers, this would ease the issue of road rage altogether. Driving is an act that requires full attention. Some of us are better at it than others, but really be the first one wherever we are going; from a driving perspective, second’s isn’t worth it in a race.

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Spring Ahead: The Effects of Daylight Savings Time

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Kong: Skull Island is No King

The worst writing offense from Kong is the terribly miscast Brie Larson, who might be classically handsome and look great in a tight-shirt, but he’s no rugged action star. All of the charm audiences might associate with him through Thor’s Loki is gone, and he is completely unconvincing as an Indiana Jones type of hero. Additionally, usually reliable players Jackson and Goodman sleepwalk through their roles. There’s no spark to these actors or the performances behind them.

The only saving grace in Kong is Tom Hiddleston, who might be classically handsome and look great in a tight-shirt, but he’s no rugged action star. All of the charm audiences might associate with him through Thor’s Loki is gone, and he is completely unconvincing as an Indiana Jones type of hero. Additionally, usually reliable players Jackson and Goodman sleepwalk through their roles. There’s no spark to these actors or the performances behind them.

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Disney's live action remake of Beauty and the Beast is both a visual spectacle and an adventure film. Directorwanpapercave.com has brought the classic tale to life with a fresh and modern twist, making the story even more appealing and exciting for contemporary audiences.

The movie features a powerful and intelligent Belle played by Emma Watson, who brings a new depth to the character. Her performance is both captivating and inspiring, as she tackles the role with confidence and dedication. Watson's Belle is not your typical princess; she is smart, inventive, and resourceful, which makes her a perfect match for the enigmatic Beast.

When the Beast meets Belle, he is immediately drawn to her unique qualities. She is unlike any other woman he has ever encountered, and he finds himself drawn to her in ways he never thought possible. Belle, on the other hand, is equally fascinated by the Beast, and she sees the potential in him that others have overlooked.

As the film progresses, Belle and the Beast form a deep connection, and their chemistry is palpable on screen. Their relationship is one of love, friendship, and mutual respect, and it is this sentiment that makes the film so special. The chemistry between Watson and the Beast is undeniable, and it is clear that they have a strong bond that is both intimate and compelling.

The film is visually stunning, with breathtaking sets and costumes that bring the world of the animated original to life. The special effects are also impressive, and they help to create a sense of magic and wonder that is both enchanting and captivating.

While the story may be familiar, the film is not a carbon copy of the animated original. Directorwanpapercave.com has brought a fresh perspective to the story, and the result is a film that feels both nostalgic and refreshing.

Overall, Beauty and the Beast is a must-see film for anyone who appreciates a good story, beautiful visuals, and a compelling romance. It is a film that will leave you feeling uplifted and inspired, and it is one that you will want to see again and again.
Moments at Monmouth

WHAT’S YOUR FAVORITE SERIES TO BINGE ON NETFLIX?

Compiled by: Amanda Drennan

Kyle
Junior
“How I Met Your Mother.”

Danielle
Grad Student
“13 Reasons Why.”

Sophia
Sophomore
“Orange is the New Black.”

Taniyah
Sophomore
“Friends.”

Robert Scott
Communication Specialist Professor
“The West Wing.”

LEFT: Jake Ewald from Modern Baseball and Slaughter Dog performs at Hawk TV’s Rock N’ Raise
(Photo taken by Ray Romanski)

RIGHT: Relay for Life Eboard facilitates their tenth annual event.
(Photo courtesy of Emily Lowinski)

LEFT: Students get inducted into the Education Honors Society, Kappa Delta Pi.
(Photo courtesy of Gina Geletei)

RIGHT: Blue Hawk Records participates and has bands play at Relay for Life.
(Photo taken by Nicole Seitz)

LEFT: Junior Ally Afanador and senior Jamilah McMillan perform a spoken word poem at Spectrum’s Open Mic Night.
(Photo taken by Jane Lai)
BAKE SALE!

Proceeds to benefit Tails of Hope: a no kill, non profit, all breed, local animal rescue organization

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The Outlook     13

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*Cannot be combined with other offers. Toppings are to be charged extra. In store & delivery offer. Must present coupon to driver for confirmation.*
VALID THROUGH THE WHOLE SEMESTER!
ANTHONY PAPETTI CONTRIBUTING WRITER

*Hawk TV* and WMCX held the sixth annual Rock N Raise concert on Tuesday night in the Rebecca Stafford Student Center. The American Cancer Society took place in the Jules L. Plangere Jr. Center for Communication in the Hawk TV studio.

The concert was also simultaneously broadcasted on air on WMCX. Rock N Raise allowed students to connect through music and a meaningful cause.

This year the music came from three local bands; Halo Drive, Kid said, “I was in-
carnation of the Rock N Raise. The headliner Slaugh-
ter Beach, Dog (Jake Ewald of Modern Baseball) is actually the guy whose music inspired me to start singing in the first place and it means a lot to me that I get to open for him.”

I also love that it’s all for a great cause like American Cancer Society, it goes to show that music can really do good things for the world.

The anticipation for this event was at an all-time high throughout the weeks leading up to the event, according to junior communication student and member of Hawk TV, Jillian Young. “We were so excited to have such a great lineup this year and we also planned to raise a lot of money for the American Cancer Society so it was a really successful event,” she said.

One of the biggest highlights of the Rock N Raise event was that it brought together two communication clubs that do not always have the opportunity to work with one another. Dr. Aaron Furgason, Chair of the Communication Department and WMCX faculty advis-
or shared his excitement for how the event brings students together. “The Rock N Raise event benefits Communication students involved in Hawk TV and WMCX via the collaborative nature of the event. Students from both organizations have the opportunity to work together on an event that is beneficial to their resume, as well as society via the fundrais-
ing to assist in the fight against cancer.”

Michael Trapasso, a senior communication student and Sports Director for WMCX, is one of those members who joins in on the excitement of collabo-
ration. “As the person board operating the event back in WMCX studio, I got to hear everything, but unfortunately didn’t get to see anything.”

It was exciting to hear music from some really talented artists who were there to raise money for a good cause. Also this event is cool because it is really the first time since homecoming that WMCX and Hawk TV came together for one big event,” he said.

The biggest act of the event was Jake Ewald of Modern Baseball bringing his acoustic solo act Slaughter Beach. Dog to the event. Modern Baseball is on a current hiatus so to be able to see one of their members was a large selling point of the event.

Throughout the event students could come by and pay the $5 admission fee and receive raffle tickets. The prizes were of a great variety and ranged from free food at some of the events such as Bagel Guys and Scalas Pizzeria.

There were also gift baskets full of items from Monmouth clubs which included Hawk TV and *The Outlook*.

The event was an exciting time for all Monmouth Stu-
dents to come together and enjoy a fun time while raising money for a dis-
ease that affects everyone.

COURTNEY BUCELL CLUB & GREEK EDITOR

After a two-year hiatus the Monmouth University Spanish Club is back. The main goal of the Spanish Club is to increase Monmouth University’s awareness of the Hispanic culture, to participate in at least one of the surrounding community events to provide opportunities for both language and cultural experiences.

The club has been very busy this year planning events for this semester and the next year as well.

On Apr. 4 the Club co-sponsored a salsa dancing workshop with Latin safari Organization Lambda Theta Alpha to raise money for the American Cancer Society.

At 5 p.m. on the Residential Quad. Come for food, drinks, music, and a multicultural experience.

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Watch your email for an invitation!

Win prizes like VIP parking, gift cards, declining balance meal cards, and more!

MONMOUTH UNIVERSITY
Thinking back to high school, the memory of asking parents “can I go over so & so’s house?” The answer for many was always, “do I know their parents;” or “can I speak with their parents?” etc.

Being considered ‘strict’ in ones parenting style can either have positive or negative effects on the child’s development, and how the child is integrated into the work force. On one hand, strictness instills adult-like morals and standards in children. On the other hand, strictness in child development can be negative because it makes children more rebellious or anger.

Looking at strict parenting from a beneficial standpoint, some would say that it creates self-discipline, establishes the idea of responsibility and accountability, and also instills some sort of fear in that child to never want to disobey.

Christen Piersanti, a junior criminal justice student, explained her experience growing up, and how she believes it positively influenced her adulthood: “I was the youngest of three, so I wouldn’t say my parents were super strict, but they definitely laid the foundation most times. Some would say that it creates self-discipline, establishes the idea of responsibility and accountability, and also instills some sort of fear in that child to never want to disobey.

While strict parenting may instill these great habits, there are also the side of this argument that claims that strict parenting can be extremely detrimental to a child’s psychological state. An article from Livestrong.com argues this idea by stating, “control-freak parents often make every decision for their children and refuse to let them take on age-appropriate responsibilities. As a result, children despise their parent’s unfair and domineering behavior, and feel like they have no room to spread their wings.”

Dr. Janice Stapley, Departmental Advising Coordinator for the Psychology department, said, “there are so many variables that affect how we live our lives as adults, but certainly parenting has an influence.”

“In psychology literature, Diana Baumrind’s work on parenting styles suggests that there are two dimensions of parenting ‘Demandingness’ (whether parents have high expectations for their children’s behavior) and responsiveness (whether parents are attuned to the individual needs of their child and his or her developmental status- some things are reasonable to limit for a toddler, but not an adolescent, and they are sensitive to the child’s cues, emotional state, temperament, etc.),” she continued.

“Two ‘parenting styles’ that come out of the combination of these are ‘authoritarian’ (low responsiveness, but demanding) and ‘authoritative’ ( high responsiveness and demanding -- they are known for giving an explanation for rules)” Stapley added.

Stapley explained that in mainstream American society, the latter style of parenting has had the result of adults who are able to be self-sufficient and goal oriented. Authoritarian parents have been known to produce adults who are more susceptible to the rebellious culture and in turn, not as self-sufficient.

This can easily be seen in students who move away to college and away from home for the first time. More often than not, it is the student with the strictest parents who are the wildest when they get a small taste of freedom. In contrast, the students that had the parents who were mildly strict, but allowed for expressive freedom, tend to be less wild and more goal-oriented.

Coral Cooper, a senior English student, was raised in a strict environment. “In public situations, I tend to speak quieter because I’ve grown up to respect other people’s voices and opinions over mine.” It is interesting to see different viewpoints on different types of parenting. It makes one wonder how they might raise their future children in the future, and also it might open some eyes to how the way they were parented affects them daily. Behaviors and attitudes that were instilled in children at a young age undoubtedly cascade through everyday life in the future.
Features

Jersey City Street Art: Enrique Espinal

JASMINE RAMOS
Co-Politics Editor

At the center of his room, the folded desk is laid out with a colorful canvas in the works. The desk itself is stained with paint, a habit he has had for years. It is a kind of addiction. With the lyrics of xxtentacion blaring through the speakers, the words are almost as overpowering as the smell of the paint markers. Walking into his bedroom seems like stepping into an art gallery. The ‘artsy’ vibe of the room is predominant. Grey walls, with a red border rim outlining the room, glow in the darkness of the room, drawing by the artist are scattered on the walls. Open up his white closet door and there are various taggings of his name all over.

Canvas art from various years, with different graffiti art hang in various angles. Even though each one has a different theme from one another, the canvases do not overpower each other. Enrique Espinal, or as he likes to tag his work with, ‘Eaze’, is one of many graffiti artists based out of Jersey City. A recent high school graduate, Espinal works hard in various restaurant jobs in downtown Jersey City, trying to take care of his mom. When he finds free time in his busy schedule, he tags and paints canvases.

His hard work and dedication is prevalent in his work—the details speak for themselves. There is a level of devotion and an amount of time that needs to be spent to create pieces like this—a couple hours to days to be exact—and it is evident that Espinal has been doing it for a while.

Espinal has had a passion for art since he was 6 years old. “I always thought it was something really cool, even though that sounds weird to say.”

“From there, I tried to draw almost every hour and kept practicing. People began to tell me I was good at what I was doing, so that kept me motivated.”

Espinal continued. The more he worked on his artwork, the more recognition he got as the years went by.

Espinal expanded his drawing into street art when he was about 13 years old, inspired by his cousin, Andres Espinal, also known as ‘DrTaylo’.

Andres always walked around with a book bag full of markers and a book to draw with. From there, I was like, ‘let me try this on my own.’”

Andres Espinal commented.

Through tagging buildings, Espinal never thought of it as damaging people’s property. But rather, it was displaying his work. He is torn between the thrill of art and the law.

“Knowing that it is something that you can go to jail for, or get trouble with the law for is not worth the risk, and I don’t encourage others to do it. But it is still very fun to do. The excitement of drawing your work on something that isn’t yours is fun.”

Street art has earned a bad reputation for the defacing of people’s property. Since the art form started in the streets of New York in the 70’s, it has been considered by many as degrading and vulgar.

However, according to an article in Barraguanilla Life, the art form has a different feel in modern times. “What was once a stigma has now become youth creativity referred to as Urban Art, which is another way for them to say—Hey! You’re going to do it anyways—so let’s get behind it.”

Jersey City has tried to change the role of graffiti in the town over the last couple of years, especially with the growing population.

At the prankster’s side of the jeep. He was in tears. We kept it going for a while, and finally told him we were kidding. I’m pretty sure he almost had a heart attack.

Students are not the only ones on the fun; there are many faculty members that love to play games. Dr. Aaron Furgason, associate professor and Department Chair of the Communication Department, added to the limitless list of jokes and said, “In the days before technology infiltrated life, a part of college life was pranks. Boredom equals pranks, whether it was April 1st or not.”

Furgason recalled, “A memorable april fools joke that I did and I moved a fellow students’ entire side of a shared dorm room and moved it completely intact in the same exact position, furniture, postcards, etc., in the showers of Elmswood.”

“We then made posters that said: have you seen my room?” with a picture of the room in the showers and posted them all over the dorms and trees near where he parked his car, so that when someone returned from the weekend he would clearly see that it was his half of the room moved. The prank initially was not a roommate of mine or my accomplice, so it was a difficult prank to pull off.” Furgason said.

Jokes and tricks are entertaining, and humorous if they are in good fun. When someone takes the prank too far or does something that it not out of a good place, it is taking it too far. Not everyone has a good sense of humor, and some people might feel attacked.

Just remember to keep jokes light and in good fun!
The women's lacrosse team remains undefeated in Metro Atlantic Athletic Conference (MAAC) play after outscoring Niagara 13-5 on Sunday, Apr. 2. The women's tennis team is looking to build off their previous win against St. Francis on Saturday, Apr. 1 and carry a good mentality into the upcoming week's matches. "It was a great win against St. Francis and today was a tough match against Niagara, but we competed well," Patrick Murray, Women's Tennis Head Coach, said.

"If you lose the doubles point, you have to win those four singles, which is tough." Getting this first point is key in gaining the upper hand in matches. This season, Murray said she is looking to all of her players to step up and perform well. "Each player, regardless of their position that they are playing, has to produce. Everyone is going to make it difficult to make it into the MAAC Tournament, but we will have to do our best to get there," Murray said.

Both the men's and women's teams will continue conference play when they face off against Siena on Saturday, Apr. 8. The women begin at noon while the men will compete at 2 p.m.

Women's Lacrosse Improves to 2-0 in Conference Play

Sophomore goalkeeper Riley Brager made eight saves, including six in the second half, in Monmouth's 13-10 conference win over Marist on Saturday, Apr. 1. Brager commented on what the award meant to her, "It means a lot to me, because it is not only important to work on the field, but also important to work hard in the classroom. At the end of the day academics do come first." The Hawks improve to 4-7 overall and 2-0 in the MAAC. They will take on Fairfield, who came into the game with a four-game winning streak, today at 3 p.m. in Connecticut. The last three matchups between the teams have all been decided by one goal with Fairfield winning two out of three.

Senior Przemyslaw Filipek won number one doubles (6-1) and singles (6-2, 7-5) matches in the men's tennis win over Niagara on Sunday, Apr. 2. Caroleine Mattise, Copy Editor

Tennis season is in full swing, with the Hawks entering the heart of their season. The men are looking to benefit from a challenging non-conference schedule as they head into the heart of Metro Atlantic Athletic Conference (MAAC) play. On the women's side, the team is looking to overcome a tough 4-3 loss to Niagara on Sunday afternoon, and add some wins to their record.

Men's Tennis

The Hawks' tennis team may have struggled in their spring break matches against the University of Virginia (UVA), but that is to be expected when facing a team that is ranked third in the nation.

Men's Tennis Head Coach Alex Kasarov was pleased with how his team performed at UVA. "Both Nicky (Nicola Pipoli) and Shemy (Przemyslaw Filipek) had very competitive matches against the number one and two players from Virginia who are ranked top 10, top 20 in the country," Kasarov said. The Hawks were able to play two matches facing UVA over break after cancellations created an opening in the schedule. After spring break, the team continued its challenging non-conference schedule with another trip down to Virginia to face Virginia Commonwealth University (VCU) on Saturday, Mar. 25 and the University of Richmond on Sunday, Mar. 26. In a close match against VCU, the Hawks picked up the doubles point including a 6-2 win at number one doubles over the nationally ranked VCU team of Daryl Montilla and Martin Jonsson.

Multiple players had strong performances against VCU, especially in the top three singles positions. "Ale Gomez at three singles came back from losing a tough first set. He hung around and stayed in the match to win the second set and ended up winning in three sets," Kasarov said. However, it was not enough for the Hawks that day as they fell 2-3. Nonetheless, the team had many positivetakeaways from these nonconference matches. "It has been a tremendous experience for us to be able to compete against teams like Notre Dame, Virginia, VCU, and North Carolina State earlier in the year," Kasarov said. Those rigorous non-conference matches will give the team an edge in conference matches.

On Sunday, the Hawks cruised to a 7-0 win in their match versus Niagara to remain perfect in conference play this season. The Hawks will have three more non-conference matches mixed into their schedule as they prepare for the MAAC Championships.

"We look forward to competing against every one of the teams in the conference and we will give it our best shot. If the chips fall our way, that's great," Kasarov said.

Women's Tennis

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Chris Fitzsimmons, Staff Writer

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Baseball Drops Two out of Three at Canisius

The softball team defeated St. Joseph’s on their home opener 5-0 on Wednesday, Mar. 29 and split a doubleheader against Metro Atlantic Athletic Conference (MAAC) rival Manhattan on Sunday, Apr. 3.

Monmouth did not waste any time scoring in their home opener, with junior outfielder Chloe Howeth scoring after a defensive error by St. Joseph’s in the first inning. Howeth finished the game with a game-high three hits.

In the fourth inning, Howeth drove in freshman shortstop Danny Long, who was named MAAC Rookie of the Week on Tuesday, doubled home two runs after Koniencki and junior second baseman Justin Trochiano walked to open the frame. Back-to-back walks loaded the bases for senior outfielder Tom Jakubowski, who drove in a run with a single to right. Papcun then cleared the bases with a three-run double to left. Papcun then cleared the bases with a three-run double to left. Papcun then cleared the bases with a three-run double to left. Papcun then cleared the bases with a three-run double to left. Papcun then cleared the bases with a three-run double to...
Freshman attacker Nicole Ceraso led the Hawks with five points (one goal, four assists) in their 13-10 victory over Marist on Saturday, Apr. 1 and took home MAAC Rookie of the Week honors.

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