Plan for Payments: A Look Into Student Loan Debt

Student loan debt is a problem nationwide for many college graduates as the average student will pay approximately $259 a month over ten years.

According to Kristen Isaksen, Associate Director of Financial Aid, students should utilize resources such as studentaid.ed.gov and nelnetloanservicing.com for helpful options regarding loan repayment. "These sites will provide you with repayment calculators, loan servicer information, and more," she said.

Monmouth Talks Compensating Athletes

A former University of South California football player opened a suit against the National Collegiate Athletic Association (NCAA) over compensating student-athletes. A decision by the court has not yet been made.

In early 2016, former members of the University of Pennsylvania track and field team opened a collective lawsuit against the NCAA and its governing member institutions, alleging that student-athletes are employees who should be paid. In December, the NCAA asked the U.S. District Court in San Francisco to dismiss the lawsuit, stating that paying athletes "could jeopardize the long-term sustainability of college sports." A decision by the court has not yet been made.

Walker Ford Creates Dialogue About Student-Athlete Wages

The University hosted a lecture by television news personality Jack Ford in Anacon Hall that was designed as an open dialogue regarding the National Collegiate Athletic Association (NCAA) and the controversy regarding student athlete wages on Wednesday, April 5.

Ford began the lecture talking about his background. He and his three siblings were raised by a single mother, as their father abandoned the family when Ford was five years old. Shortly thereafter, Ford moved into the student workforce and was the first in his family to graduate from college.

INDEX

News 2
Politics 8
Editorial 9
Opinion 10
Entertainment 12
Features 14
Lifestyles 16
Club & Greek 20
Viewpoint 21
Sports 22
The one overarching factor for this is money. It is the fallacy of money. In many instances, it is always hovering above college sports.

"I don't think that it is necessary. For me, being able to run in college is a privilege." — Jarred Wiess, Assistant Director of Athletics

The revenue from sports should not go solely to the coach; rather it should be allocated among various important aspects of the university. — Dr. Janice Stanley

"The facilities that I have to put together the crowd's opinion on coaching pay," Ford said. "I don't think that it is necessary. For me, being able to run in college is a privilege." — Jarred Wiess, Assistant Director of Athletics

"I don't think that it is necessary. For me, being able to run in college is a privilege." — Jarred Wiess, Assistant Director of Athletics

Ford proceeded to break down the allocation of NCAA revenue. Overall $145 million accrued, about $45 million goes for scholarships and operations for the NCAA. Another $45 million or so goes to costs that are needed to put together the business, while the remaining $50 million goes back to the colleges and universities.

"There's a distribution of about $200 billion that just came out from the NCAA. It goes to colleges and universities based upon their scholarship levels," said Ford.

"Monmouth University got about $500 thousand, not for coaches' salaries or facilities. That is for the student-athletes. When we say there's all this money out there, and the athletes don't get their share, the reality is that they do, just not in a traditional way." — Jack Ford, Professor of Business Administration

"The debate of college athletic salary is a curious paradox, and universities are beginning to discuss the matter on a more serious note. Perhaps the future will see college sports as a legitimate form of income."

"I don't think athletes should be compensated for their time because we knew what we were getting into before we did it -- and we basically signed our lives away during that day. That doesn't seem like a 'job' for me." — A student-athlete

"I think that student-athletes arecludedly the student life component. They are the students that are always on campus, weekdays through weekends and holidays," said Dr. Marilyn McNeil, Vice President and Director of Athletics.

"I want to introduce football as soon as Jim says 'go,' it is going to be a big celebration. But not all agree with the fallacy of money. But it is a fallacy of money. In many instances, it is always hovering above college sports." — Jack Ford, Professor of Business Administration
Monmouth University Holds Annual Career Fair

DANIELLE SCHIPANI
EDITOR-IN-CHIEF

The annual spring career day hosted more than 250 representatives from 130 organizations, as well as a record number of Career Services speakers on Wednesday, April 5 in the OceanFirst Bank Center.

There was a wide variety of employers looking for students majoring in all fields.


A total of 130 employers attended last spring. “We actually tied last year’s record breaking event, but our focus is always on the quality of our employers,” said Jeff Mass, Assistant Director of Career Services.

Mass explained that there has been a 36 percent increase in attendance from last spring as there were 200 students in attendance last year and 600+ students in attendance this year.

Mass said that employers who attended the event often lure Monmouth students for full time, part time, and internship positions.

Hunter McHugh, a Monmouth alumnus and current marketing representative at Federated Insurance, attended the fair looking for potential employees. “The first of which was to be able to speak to the University and give fellow future alumni the chance to learn more about the amazing and life-changing opportunity that Federated offers. In the past, Federated did not recruit very much from Monmouth. With that being said, I know that Monmouth has the resources to help develop students into great candidates for our company,” he said.

The attendees found careers in a wide variety of positions at the University. After having attended this year he realized that he should have attended due to the benefits and opportunities available. “Looking back, after attending the career fair and seeing how many opportunities there are for students, I would have attended every single one,” he said.

Janaya Lewinski, a senior political science student, attended the event for the first time looking for a job post-graduation. She explained how she was able to give out resumes and talk with employers who had not locked in a job she was able to network and was able to create leads to potential employers.

Lewinski offered advice for undergraduate students. “Always be persistent and take advantage of the resources the University has to offer,” she said.

Sara Palughi, an employee at CICs, explained how she did not attend in past years because she was an undergraduate but when the event has grown and offers a great networking opportunity for students. “A large percentage of CICs’ employees are MU alumni and we are always looking for Monmouth students for both our Summer Internship Programs and our full-time roles. MU career fairs present the ideal opportunity to engage with potential hires and to share more about our opportunities and organization,” she said.

Mass said, “Job fairs can be really effective if you plan accordingly. Prior to the event, make a complete list of who you would like to speak to. The list of employers is posted in advance on the University’s Career Services page. You can then visit the attending employers careers, services office and to obtain tips on interviewing skills, participate in a “mock interview,” job search strategies, resume and cover letter construction, and more. They are located on the east side of the Rebecca Stafford Student Center.

Networking is also a major key to finding a job, according to Mass. “Whether you have made contacts over the past few years or are just starting, now is the time to share your professional goals with as many individuals as possible,” he said. This includes alumni, faculty, friends, family and others.

Mass explained that students are welcome to visit the Career Services office and to obtain tips on interviewing skills, participate in a “mock interview,” job search strategies, resume and cover letter construction, and more. They are located on the east side of the Rebecca Stafford Student Center.

“Knowing who your loan servicer is when repayment begins and which payment plan is right for your situation is key.”

KRISTEN ISAKEN
Director of Financial Aid

Loan continued from pg. 1

Students and employers gather at the career fair.

Managing Student Loan Repayment

Students can also choose to refinance their loan. Typically, multiple loans can be accompanied with multiple interest rates.

“In the process of refinancing, students may be able to consolidate their multiple loans into one low interest rate.”

Students can also aim to defer loans, meaning a temporarily postponement of their payments if they plan on returning to school, or are unemployed. Additionally, students can sign up for student loan forgive. “The Public Service Loan Forgiveness (PSLF) program forgives the remaining balance on a loan after the student has made 120 qualifying monthly payments while working full-time for a qualifying employer.”

Isaksen said, “All of the loan servicers, as well as Federal Student Aid, are on social media.” He added, “If you follow them, you’ll receive tips and information on a daily basis.”

As stated by reult.com, students should educate themselves regarding certain strategies of repayment.

“For example, the site recommends that students begin paying off their loans while in school. Even if it is only a few hundred dollars, it can certainly help in the long run.”

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Monmouth University held its sixth annual Made in Monmouth event in the OceanFirst Bank Center on April 8 with over 200 local vendors. Made in Monmouth is a seven-member group of local artists and vendors who have organized this event each year as a way to open the public to the organized community by the Monmouth County Chamber of Commerce open within the County’s Division of Economic Development.

The event is sponsored by the Monmouth County Board of Chosen Freeholders in partnership with the university. Monmouth describes their event as “a free event for both visitors and vendors. Its purpose is to encourage people to shop local.”

The event’s purpose is to gather different local vendors like À La Carte, BooskettSD Coffee and Baking Co., who set up tables at no charge to sell their products.

The FoodBank of Monmouth and Ocean Counties was also in attendance with a non-perishable food drive for those shoppers to bring along donations of nonperishable items for those in need to the FoodBank.

Michael Chatallas, a professor of marketing and international business, said, “Made in Monmouth is a unique marketplace that, by showcasing local crafts and entrepreneurs, promotes the Monmouth University ‘place brand’ as well as community and belonging.”

According to their press release, published on April 5, “This year’s event will have nearly 2,000 people in attendance.”

Toward the end of the event, the Monmouth County Chamber of Commerce presented their ‘Made in of Monmouth’ Award to the winner of their competition. The award will be presented again in the coming years.

Colm Tóibín reads excerpts from his novel, Brooklyn, at the University’s Visiting Writer Series.

PHOTO COURTESY of Michael P. Thomas

Colm Tóibín

The Outlook

April 12, 2017

University News

LAUREN NIESZ

CO-SOCIAL MEDIA EDITOR

The Visiting Writer Series hosted acclaimed fiction writer, Colm Tóibín, on Tuesday, April 4, in Wilson Auditorium. This is the last installment of the 2016-2017 season, and marks the end of the 12th season of the Visiting Writer Series.

The event opened with two introductions: Michael Thomas, Associate professor of Humanities and Social Sciences and Director of the Visiting Writer Series, and Jaime Kops, lecturer of English, who teaches Colm Tóibín’s Brooklyn in Irish Literature class.

Gilmartin mentioned in her introduction of Tóibín that he had previously visited the University before this year prior to this most recent visit, which was just after one of his most popular works, Brooklyn, was published.

One thing that Gilmartin claims is that Tóibín is especially good at is his character development, especially of mother characters, and the conveyance of themes of “identity creation, grief, loss, and the family complex.”

According to Gilmartin, this character and theme development can be seen in Tóibín’s work The Testament of Mary. In this work, Tóibín humanizes the Virgin Mother, Mary, to the reader can actually relate to such a historic and influential figure.

Gilmartin herself has a connection to Tóibín’s works. She shared, “My own grandmother came over from Ireland as a child. My story was a very similar story, but she ended up working in a diner [not a garment store like Eilis in the novel] in Brooklyn. The basic story has that connection.”

After Gilmartin’s introduction, the audience and Tóibín read from two of his works: Nora Webster and Brooklyn. Nora Webster is a novel influenced by Tóibín’s own life. In this novel, Tóibín conveys the story of a widowed mother who has to rebuild her life after the death of her husband.

Gilmartin commented, “I knew it (Nora Webster) had the potential to be it, but I didn’t realize the extent until he started talking.”

There was also a question and answer period with Tóibín. Any time you see a writer talking about their writing, you really get a better sense of where they are coming from.

Tóibín explained that the novel was based in 1967 South-east Ireland. At this time, the death of a family member was mourned differently than people today. The older generation doesn’t accept how someone passes away, people—especially the Irish—think they have a responsibility in the passing of a loved one.

Tóibín read from the opening of Nora Webster. Tóibín talked about this Irish tradition, and the story of how much more that phrase was repeated more than once was “people mean well.” This emphasized how Tóibín’s characters of Nora’s people, also the audience, felt that it was the older generation’s care.

The next book that Tóibín read from is perhaps one of his most famous works—Brooklyn. Brooklyn was adapted into an award-winning film directed by John Crowley in 2015. Brooklyn is about the struggles and successes of Eilis, a young Irish woman who leaves Ireland for Brooklyn, NY in the 1950s.

Tóibín shared two scenes with the audience from Brooklyn. The first scene depicted Eilis’s doting stepfather, who ran a clothing store that had a famous Nylon sale that was so secretive that not even those who worked at the shop knew when the owner was going to announce it.

The second scene that Tóibín read from Brooklyn was one that painted a picture of home-sickness. Tóibín read about Christmas Day—the first Christmas that Eilis would be away from home.

The way Tóibín presented his works was very tactful. He presented them in a way that would set a story for the audience. Tóibín said, “I always try to work out a sort of story to tell as to how these two books (Nora Webster and Brooklyn) really become almost companion pieces. [One is about] who you’re, who you are, who you belong to, who you love, Eilis.”

The second scene was very much a cultural lesson for the audience as well. Tóibín, being from Ireland, shared many cultural values with the audience. For example, he claimed that books and literature are comparable to American movie stages like Hollywood and Broadway. He said, “If you wrote a bad book, or a lazy book—a book with no kind of impurities about it, people would despise you.”

“Tóibín read from the opening of Nora Webster. Tóibín talked about this Irish tradition, and the story of how much more that phrase was repeated more than once was “people mean well.” This emphasized how Tóibín’s characters of Nora’s people, also the audience, felt that it was the older generation’s care.

Tóibín said, “Not only were attendees given an intimate portrait of the writer himself, but the glimpse into his writing process and inspiration felt valuable on an academic and creative level, also.”

Lamb continued. Jaime Kops, a junior English student, complimented with what Lamb had to say about his incorporation of personal anecdotes. She stated, “I really enjoyed Tóibín’s event because it wasn’t just about Tóibín. A book with a bad book would be taken very lightly indeed. You would be ostracized and as will members of your family,” she added, in a hyperbolic and jokingly way.

“Some students were particularly captivated by Tóibín’s ability to translate his love of writing and dazzling personality to the audience. Annabel Lamb, a sophomore English student, said, “Tóibín’s reading was a wonderful combination of personal anecdote and writing craft that entertained and fascinated me.”

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“You probably could murder some- body and people will think, ‘That was great!’” Tóibín continued, “But what gives Tóibín that ‘place brand’ as well as community and belonging.”

According to their press release, published on April 5, “Thousands of people attend this event as, “a free event for both vendors and attendees alike as well as the public.”

There were a few tables and chairs available on the first floor of the OceanFirst Bank Center on April 8, for the vendors. There were also a few tables and chairs available on the second floor of the OceanFirst Bank Center on April 8, for the attendees.

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Summer Financial Aid

Once you have registered for classes, please go to monmouth.edu/summersessions to submit a financial aid application.

Monmouth University supports equal opportunity in recruitment, admission, educational programs, and employment practices, and complies with all major federal and state laws and executive orders requiring equal employment opportunity or affirmative action.

For additional information please call the Financial Aid Office at 732-571-3463, or stop by the office in room 108 of Wilson Hall.
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Dear Students:

On Sunday, April 23 the Student Government Association will host Springfest on Shadow Lawn (rain site: the OFBC) from 12:00 pm to 5:00 pm. The day will include live music, a BBQ by Gourmet Dining, festival games, and giveaways. However, no alcohol will be served or permitted on the Shadow Lawn or the rain location of the Ocean First Bank Center. Springfest 2017 will have everything you need and it should be a great way for us all to celebrate the end of another year at Monmouth University.

While your attendance at Springfest is a key part of what continues to make this event so popular, it is also important that you practice good decision making before, during, and after the festival. Your respect for the rules and regulations of the University and your willingness to look out for one another are all essential to making this day successful. Therefore, I ask that you spend a few moments reviewing the following guidelines that will be in effect for Springfest 2017.

1. If you plan to attend Springfest 2017, please know that pets/animals, open-containers, alcohol, squeeze bottles, bags, purses, backpacks, and/or similar items WILL NOT BE PERMITTED. Any student/guest that attempts to bring the related items to the event will be asked to leave the festival area.

2. Students living in any of the on-campus housing units are not permitted to host a social gathering during or after Springfest, which occurs on Sunday, April 23. Students that wish to hold a gathering on Saturday, April 22 must complete the Office of Residential Life’s Social Affairs/Policy Application by Thursday, April 20, 2017 by 3:00 pm.

3. Parking in the Great Lawn and Garden Apartment Lots will be strictly enforced on April 23. If you plan to drive to campus for the festival and do not have a valid parking sticker for the Garden or Great Lawn parking lots, you MUST park in the commuter parking lot by the Student Center. No exceptions permitted. Students should enter the campus from the Larchwood Avenue entrance.

For those students who live off campus, I would also remind you that the local communities have a zero tolerance for any quality of life disruptions in the local residential neighborhoods. Should you decide to host a social gathering before, during or after Springfest, please make sure that it stays within the limits of common sense, respect for one’s neighbors, and all applicable laws and ordinances within your community.

I hope you will take an active role in assisting the Student Government Association and Monmouth University in our effort to present Springfest 2017 in a safe and positive manner. Your commitment to making this event a celebration of the year’s achievements is critical. I know I can count on you to do so!

I look forward to your anticipated cooperation and I hope to see you at Springfest. Best wishes on your final exams!

Sincerely,

Mary Anne Nagy
Vice President for Student Life and Leadership Engagement
**President Donald Trump launched a missile strike on Wednesday against Syria with ordering of the U.N. Security Coun-

April 12 to meet with the foreign minister and other Russian offi-

military action that was more than just a show of force, but was in fact part of a broader strategy to address the crisis in Syria. The strike targeted a Syrian air base, and was carried out by the U.S. military, in response to an alleged chemical attack by Syrian forces.

Gaines was particualrly ex-

ment for expenses incurred through the Individuals with Disabilities Education Act (IDEA). The federal district court and the Tenth Circuit Court of Ap-

peals ruled that the district did not have to reimburse Endrew F.'s parents.

On March 22, 2017, the Su-

preme Court issued an un-

anomous opinion, authored by Chief Justice John G. Roberts, which vacated and remanded the judgment of the Tenth Cir-

cuit Court of Appeals. The court held that IDEA re-

quires schools to offer children an education plan that would enable progress that would be appropriate to the individual needs of the child. The court declined to create a uniform rule for determining the ade-

quacy of an individualized edu-

cation plan. This was particularly ex-

cited about the ruling because she had just finished a case that worked it's way to the Third Circuit concerning a special ed-

ication child in which she won. Caudalde said of the con-

versation, "It was great because now everybody can have a broad understanding of the law and what special education stu-

dents can achieve."
The Outlook

April 12, 2017

Editorial

The Outlook Staff

It is uncomfortable and almost unspeakable, but we have to talk about sexual assault on campus. According to the National Sexual Violence Resource Center, 1 in 5 college women and 1 in 16 college men who have likely been a victim of some form of sexual assault. The Outlook Staff weighs in to discuss the awareness of sexual assault on campus and the impact it has had as April is Sexual Assault Awareness Month. This semester the Monmouth University Police Department (MUPD) stated that they have received two reports of sexual misconduct and one report of sexual assault on campus. However, many editors believe that there are more sexual assaults and misconducts on campus and off campus that go unreported.

One editor brought up the statistic that The Rape, Abuse, and Incest National Network (RAINN) provided: only 20 percent of sexual assault cases are reported on college campuses. According to the University site, “Many victims do not report because they are afraid of what others may say or think. They feel like what happened is their fault because they were drinking or they were somewhere they had been warned about.” Awareness is crucial on campus. “Being vocal is what not just the University needs, but society needs to be more vocal about this topic. We are the ones who can bring light to these situations and we are the ones who can break down the stigma that men can’t also be sexually assaulted. We need to speak up when things happen to us or the ones around us and we need to be able to shed light on the ones that go unheard and the people who can’t speak for themselves,” said an editor.

The University has held several successful programs to help inform the students about sexual assault. They annually hold the “Take Back the Night” event in the fall and the “Walk a Mile in Her Shoes” event in the spring. They held the empty desk demonstration across campus last fall as well as the poster campaign. There is Sexual Assault Awareness Week where the University holds a series of educational events on campus throughout the week. The survivors’ packages are still on campus when students report an assault.

While students may not know it, their actions and attitudes are the main cause of sexual assault and the lack awareness on the issue. The University has held several educational initiatives on campus. Some staff members recommend that the movie Hunting Ground, a documentary about the reality of the epidemic of college sexual assault, should be shown in these first year seminars or classes so that the conversation about the severity of sexual assault and misconduct is brought up early on in a student’s college career.

“Employees and students who can’t speak for them should break down the stigma that men can’t also be sexually assaulted and we need to be able to shed light on the ones that go unheard and the people who can’t speak for themselves,” said an editor.

The Outlook Staff

April 12, 2017

E-Mail: outlook@monmouth.edu

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Accepting Tattoos

DANIELLE ROMANOWSKI

Tattoos are becoming more common in today's society and college students, recent high school graduates and millennials are getting inked. The odds of knowing someone with a tattoo, or multiple tattoos are extremely high. It is now more commonplace for people to want to get something tattooed on their body and show off their personal artwork.

Personally, I never thought I would get a tattoo, but over the past couple of years I have actually gotten three! When I first asked my mother for permission for getting a tattoo, her response was, “Why don’t you just draw a picture of what you want and hang it on your wall? Don’t you think that’s a better place for art?” Clearly, her opinion on getting inked is very different from mine. After a couple of conversations with her, she realized why I wanted one so badly, and she finally gave in.

Originally, I thought I just wanted the one small finger tattoo and it would be done. Everyone said I was addicting and that I would want more, and it turns out they were right. Today, I have four tattoos and I still want more. Sometimes it can come with a stigma or stereotype, and I don’t think the workplace is an environment that should reinforce that. It’s a personal choice and I don’t believe that they should have to be hidden for me or for anyone to be appropriate at work.

On the other hand, I am working at a clothing store now that doesn’t have any guidelines or rules for tattoos, and I don’t have to wear a more acceptable sleeve to hide them. Since it doesn’t affect my ability to work, or distract my co-workers or customers that walk in to shop, it isn’t seen as a problem.

Professional Tip

Jim Halpert is the picture of popularity for so many people today. He is the one who was able to pull off deceptively good at work and in life. People go to concerts now just to see the music the artist was playing, but you really don’t need to know the music. You only need to know how to express yourself, in my opinion, than having something prove you are some great way to commemorate a special person in your life, but having it hidden behind your sleeve means something to you. For whatever the reason, you feel that it’s a permanent importance on the things in life that matter most to you.

JANAYA LEWINSKI

Life Lessons for a MU Student from The Office

STAFF WRITER

For many people, spring break is a time of vacationing and tanning on a beach. The farthest away they could get. For me, your local, lovable and visualizing, was definitely a good place to be. When people ask me about my tattoos, they get a conversation starters. When people ask, “Why don’t you just draw a picture of what you want and hang it on your wall? Don’t you think that’s a better place for art?” Clearly, her opinion on getting inked is very different from mine. 

Today, I have four tattoos and one so badly, and she finally gave in. Even though my arm is still numb, I am going to share with you some of the life lessons I learned from my most recent binge: The Office.

“I am Beyoncé, Always.”

When talking to Michael Scott, Andy Bernard explains that he is Beyoncé because he sees people who go to concerts now just to see the music the artist was playing, but you really don’t need to know the music. You only need to know how to express yourself, in my opinion, than having something prove you are some great way to commemorate a special person in your life, but having it hidden behind your sleeve means something to you. For whatever the reason, you feel that it’s a permanent importance on the things in life that matter most to you.

For me, it’s really a symbolic way of remembering what my mother and a stranger said that she loved him too. When she comes back from the Nashua branch, Michael lets him know he will always be Queen B. This mentality is important to carry into life. Be a queen. Slay queen. Look like you’re the queen you are.

The music is an art form. The liner notes on Blink-182’s “Blink-182” talk about how Mark Hoppus inspired those songs. The notes are like “I Miss You,” shared stories of the making of that album. Sometimes liner notes include pictures of them, which shows the story behind the music. DePaola also explained, “My dad tells me that he was not only excited that he would get a new album and then open up the liner notes and read through them written in the liner notes to the album.” Liner notes are found inside the album usually. Often times, liner notes are short stories and a few songs or the making of that album.

The liner notes on Blink-182’s self-titled album included hits like “I Miss You,” a story of how each song was created and what inspired those songs. The notes specifically for the song “Feeling This” talk about how Mark Hoppus and Tom DeLonge both wrote separate lyrics about their sexual experiences and brought it together to write that song. It’s little stories like those that you wouldn’t know just from listening to these songs on the radio or streaming the music.

Music should be an experience. It should be more than a good-looking guy singing with auto-tune. Music is an art. From the writers, to the producers, to the singers, to the record companies, to the artists, to the fans—everyone has a part in creating something that will make you feel something. It’s the art of music. The liner notes on Blink-182’s self-titled album included hits like “I Miss You,” a story of how each song was created and what inspired those songs. The notes specifically for the song “Feeling This” talk about how Mark Hoppus and Tom DeLonge both wrote separate lyrics about their sexual experiences and brought it together to write that song. It’s little stories like those that you wouldn’t know just from listening to these songs on the radio or streaming the music.

The Importance of Physical Music

NICOLE SEITZ

There is More to Music than Meets the Ear

My dad always says to me, “When I was a kid, we spent our money on vinyl records, not video games! Music is an art form.” Now, everyone is listening to music and it’s a huge part of people’s lives. More than ever, people need to listen to music to be unprofessional. A place where it still seems to be just the background is at concerts.

Music should be an experience. It should be more than a good-looking guy singing with auto-tune. Music is an art. From the writers, to the producers, to the singers, to the record companies, to the artists, to the fans—everyone has a part in creating something that will make you feel something. It’s the art of music. The liner notes on Blink-182’s self-titled album included hits like “I Miss You,” a story of how each song was created and what inspired those songs. The notes specifically for the song “Feeling This” talk about how Mark Hoppus and Tom DeLonge both wrote separate lyrics about their sexual experiences and brought it together to write that song. It’s little stories like those that you wouldn’t know just from listening to these songs on the radio or streaming the music.

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Every day it seems like there is an overwhelming amount of new information emerging that has to do with our health and fitness lifestyles. Whether it be our diets or what we physically do with our bodies, it is hard to get away from the conversation. Magazines, talk shows, and social media (specifically, Instagram) are flooded with images of people at their peak performance, giving the impression that “gym culture” is now a significant part of our everyday life. The media pushes this image on us, but the reality is that not everyone exists in a perfectly picturesque health and fitness bubble. Many feel as though joining a gym and being a part of that arena is intimidating for different reasons, such as learning how to participate and fit in to a new space that has been labeled “male dominated.” While there are some truths built into these statements, they should not be the end all be all to the decision if it is a part of any gym culture.

The first step into this realm may well be stepping foot through the door and, as a busy MU student, you may plow through it because we are always there when you need us, and they are always there when you need us. Learning from others is the best way to expand your knowledge and provide yourself with the basis for what you might want to learn more about. Interestingly enough, that sounds just like the reason we have teachers in the classroom.

“Male dominated” does not mean walking into a room of a hundred men who are going to stare at every single thing you do. It means out of the hundreds of people that might be in the gym, maybe a majority of them are male, but everyone is mind- ing their own business. The people you will encounter are also people who, at some point in their life, started in the same place as you—unaware, unsure, and perhaps just as intimidated by “gym culture” as you were. While some people may appear to have the hard exterior of someone you never dreamed of speaking to or interacting with in your wildest dreams, they may be just the person to help break you out of your shell and feel more comfortable in your new community.

Everyone has to start somewhere; these people just started before you. Learning from others is the best way to expand your knowledge and provide yourself with the basis for what you might want to learn more about. Interestingly enough, that sounds just like the reason we have teachers in the classroom. “Male dominated” is a term that frequently gets associated with weight lifting gyms. The point to be made about weight lifting is that the people who participate in this community are dedicated to improving themselves and reaching their goals in the gym. Even if the population is majority male over female, you should not be intimidated because you have the same goals, and you are focused on you, not everyone around you. The people you may feel intimidated by have a mindset of ultimate focus. Even though personal anxiety may make it feel like entering into a new space will make you the center of attention, this is far from the truth and it is important to remind yourself of that. Although the gym can be a great place to meet new friends, and you most likely will, it is still not prioritized as a social endeavor. As you are feeling things out, you’ll be able to come and go as you please with no interruptions, despite what “gym culture intimidation” might have us believe.

Although the pressures and anxieties of living a healthy lifestyle may always be bearing down on us in some way, the takeaway is that health should never be something to be intimidated by. It is something you do for you and that is who it should matter to most of all: you. Once the ice is broken and new activities are explored this space becomes an outlet, one I personally find of utmost importance throughout a stressful life. The stress outlets we offer ourselves does not outweigh the benefits of relieving future stressors. Beyond that, you gain confidence boosts every time you achieve something you didn’t think was possible and there is no downside to that. If we enjoy reaching goals in other aspects of our life, like raising a low grade, for example, the stress outlets we offer ourselves will do the same thing. So even if you are intimidated by the gym, maybe a majority of them are male, but everyone is mind- ing their own business. The people you will encounter are also people who, at some point in their life, started in the same place as you—unaware, unsure, and perhaps just as intimidated by “gym culture” as you were. While some people may appear to have the hard exterior of someone you never dreamed of speaking to or interacting with in your wildest dreams, they may be just the person to help break you out of your shell and feel more comfortable in your new community.
Nier Automata is Nier-ly Perfect

John Morano Staff Writer

Nier Automata earns every bit of high praise that it receives. Honestly, Nier Automata was a game I expected nothing from, being an indie spinoff of Square Enix's unsuccess Nier. There are many stories of how the game was put together which work together to make it a great game, but let's start with my personal story.

The setting is a post-apocalyptic Earth, which was invaded by aliens and their machine soldiers. After many millennia before the events of the game, the Nier, a species of sentient machines, fled to the moon and created a space bunker in Earth's orbit. This harbor created by Nier and their alien allies is called Padilla. Many humans or the humans or the aliens are anywhere to be seen. Over the course of this massive, 60-hour plus game, deep philosophical questions are asked, such as what is humanity, sentience, and free will are.

One of the more important parts of Nier's plot is character development. And, again, Nier Automata nails this. The game's initial protagonist, 2B - as in, “to be or not to be” from Shakespeare’s Hamlet - is not a female. This might sound important for non-gamers, but there aren't a lot of female protagonists in games, and that I was true evil, another attack I feared for fear that I would hurt his pet mouse. Perhaps most disturbing of all, I came across a group of machines using a cannon to commit suicide because they couldn’t take any more fighting.

Graphics, while certainly competent, aren't something to see as a standout feature. Nier Automata's open world/characters are well-designed, with beautiful landscapes and detailed facial animations. Though the home run thread, it features multiple tracks with vocals, and a.a.d does an excellent job of evoking the emotions, of stirring up some sort of emotion.

One machine upon seeing me fly into a rage, screaming that I had killed his “brother”. When I made it to the king, he was not at all what I expected, and I ended up questioning the story of justifiable killing his followers to reach him. Even though they’re machines, many of the beings you’re fighting against have complicated emotions.

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The University hosted Newark’s International Women’s History Month Film Festival on April 3 in Pollak Theatre.

The film Sold’s goal was to advocate prevalent issues that women face globally. It is based on true events that highlights the story of a young girl who was sold to be a sex slave. The movie was followed by a panel of local professionals to answer questions from the audience and provide their insight.

The audience was attentive to Sold when Lakshmi, 13, was sold by her stepfather to work for a brothel in India. Lakshmi left her home under the impression that she would be cleaning houses, but soon learns the truth.

Audience members twisted uncomfortably in their seats when they learned the story of a brothel tied Lakshmi’s feet together on a bed and disappeared behind closed doors. Shortly after, a drunk man stumbled into the room with cruel seduction in his eyes. He slammed crumpled up paper currency on the nightstand. His griny hands caressed her naïve face; Lakshmi flinched, as did the audience. Can you predict what happens next?

This scene, like many others in Sold, are as prevalent as what they are real. Human trafficking has been named the modern day slavery. Despite common misconception, it is a real problem and needs a proper solution.

New Jersey’s Coalition Against Human Trafficking, the alliance of Helping to Educate and Empower (HTEE) and the New Jersey Coalition Against Human Trafficking, have mapped a whole day’s worth of NJ events in New Jersey. It is in our community? Aside from hosting events like these are the first awareness of human trafficking, the finish line is no where in sight.

What advances has Monmouth made as a commuina? Aside from hosting events with this topic, according to New Jersey’s Coalition Against Human Trafficking, the alliance issued individual proclamations designating Jan. 11 of each year as “Human Trafficking Awareness Day.” Long Branch has signed this proclamation.

This begs the question, what can individuals do? Be aware of potential victims and remember red flags may suggest a person’s safety may be in jeopardy. More importantly, individuals should share this information with as many people as possible.

Edmund Burke explained it best when he said, “Nobody made a greater mistake than he who did nothing because he could do only a little.”

If you or someone you know have been exposed to harms from human traffickers, please contact New Jersey’s Coalition Against human trafficking at (201) 903-2111. To learn more about ways to raise awareness or donate, please visit https://www.njhumantrafficking.org.

**NIcole Ingraffia CONTRIBUTING WRITER**

The film Sold turned a lot of attention to the issue of human trafficking. The film highlighted the issue of sex trafficking and slavery in our world today.

MUS’S Pollak Theatre screened the film Sold on April 3. The movie explored how to safely report an incident. It is in our community? Aside from hosting events like these are the first awareness of human trafficking, the finish line is nowhere in sight.

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**Nicolle Seitz COPY EDITOR**

Record stores are not as popular and ‘hoppy’ as they used to be with the introduction of music streaming and less of a need for physical copies of music. However, Record Store Day is keeping the music alive. This year is going to be the 10th Record Store Day across the nation. Every April record shops get special releases of some your favorite artists and they get their staff ready for the releases of some your favorite artists and they get their staff ready for the.

This year, Record Store Day is Saturday, April 22. Some special releases for this year include new artist and All Time Low.

Dave Matthews Band, and The Lumineers. There will also be special releases of live performances, unreleased tracks, or even tasteless music from legends like David Bowie, Prince, and The Beatles.

“Record store day reminds us that music is an art form, it can be a single song or a collection in an entire album of material from an artist,” said Communication Department Chair and Associate Professor Aaron Furgason. “What makes this day special is that a trip to a record store means that you leave with tangible evidence of the act, instead of simply downloading or streaming the music. A record allows you to admire the art, read the lyrics, credits and thank you’s by the artist elements you don’t necessarily have access to through streaming. It’s a good day to do what loading a CD doesn’t offer.”

“In the past, I’ve been excited to get exclusive content that was only available on Record Store Day,” said senior music industry student, cooked. “I bought a special 10th anniversary copy of Pink Floyd’s The Wall. It’s available in India. I love that for a red flag that the person is a victim.”

At the end of the day, noticing small red flags could be a differ- ence between a life lost or a life saved. While some progress has been made in terms of spread- ing awareness of human traf- ficking, the finish line is nowhere in sight.

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If you or someone you know have been exposed to harms from human traffickers, please contact New Jersey’s Coalition Against human trafficking at (201) 903-2111. To learn more about ways to raise awareness or donate, please visit https://www.njhumantrafficking.org.

**Nicolle Seitz COPY EDITOR**

Record stores are not as popular and ‘hoppy’ as they used to be with the introduction of music streaming and less of a need for physical copies of music. However, Record Store Day is keeping the music alive. This year is going to be the 10th Record Store Day across the nation. Every April record shops get special releases of some your favorite artists and they get their staff ready for the.

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When the springtime weather starts entering its head, there is a feeling of rejuvenation and a higher level of focus on getting things done, Dr. Jill Murphy, a professor and a mother. “It’s a reminder of the importance of quality time change changes you and it means that it is relaxing time,” Foster explained. “There is an itching to get outside and know that you really don’t have any other form of social wrongs. It’s a negative in our schoolwork. This brings up the other hand of the weather is nicer out, but even when they believe that the weather is forecasted to be nice, the gloom is all that matters; I am sure spring is one of those first nice days when it seems that the gloom of spring will be,” he further explained.

When warm weather has the potential to increase our happiness and inspire us to be more productive, but many students tend to relax on sunnier days. Victoria Howe, a junior communication student, commented on her experience. “There are many distractions – one time I had a class outside and there was a soccer practice going on nearby, which proved to be much more interesting to many students than whatever topic I was hoping to discuss,” Murphy said. When it comes to maintaining respect and being recognized for one’s achievements and successes, women have the potential to do better in our classes.”

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Women holding powerful positions has often been unheard of or looked down upon for the majority of American history. Of course, there were revolutionaries that broke through to become successful. Ordinary male dominated fields such as Sandra Day O’Connor, the first woman on the supreme court; Janet Yellen, Chair of the Federal Reserve of the United States; and Mary Barra, CEO of General Motors. More women are coming across as the past have recently held powerful positions.

Even right here at Monmouth, women hold powerful positions, but it was not easy to get there. Dr. Johanna Foster, Director of the Sociology Program in the department of political science and sociology, teaches gender studies and discussions being a woman in the professional world of today. Foster recalls when her gender affected other’s views on how she should manage her work. “I was eight months pregnant and the University asked how I could be a professor and a mother. Today, this question would still have the same undertones it had back then.”

Another time, Foster was asked by a chair to take on an administrative position, assuming that she would be better at multitasking because she was a mother. The issues of biased perceptions of women put them under a negative scope within the workplace and that practice is still common today. However, Foster noted she has not experienced gender biases from faculty while working at Monmouth. Maintaining respect and authority within the workplace is important. It is not just the presence of women on campus that is valuable; 20% of all professors are women. Foster points out that people think that being respected as a woman is different than the respect a man is given, but I do not really see that because I have never been in that situation.”

Foster has run for an e-board position with the Women’s Studies Association, which is co-ed, and for her sorority, Phi Sigma Sigma. “I didn’t think it was any different, I felt in my interviews that I did not come off too strong to the co-ed board because I did not want to give a wrong impression,” Murphy said. Foster also commented on the profit corporations are gaining by marketing feminism. “Buying things does not mean you are empowered. They try to sell liberation.” Greed and superficiality has become prominent in new philosophies on feminism, but buying a “Girl Power” t-shirt does not allow women equal rights. “Femi- nism has been overemphasized to sell empowering things.”

“IT is a very different world, but the issues for women are still there,” Foster noted. “Un- less the few powers in question become a question, then nothing will change. It is not done enough. We can’t Facebook post our way out of rape culture, or tweet away the culture, or tweet away the culture of rape.”

The Outlook has produced multiple generations worth of female Editor in Chief’s, furthering the advancement in the opportunity for women to hold positions of power.
Sesame Street has always been a show that focuses on levity and inclusivity, and their new character Julia is no different. This spring, the show welcomed a 18-year-old girl with autism spectrum disorder. “The inclusion of this character who has cerebral palsy, Society and television have come a long way with includ- ing individuals with disabilities and giving them a voice on TV.” Unlike her animal-like companions, such as Big Bird and Oscar the Grouch, Julia is a shy four-year-old girl. She has green eyes, orange hair, and loves to paint and pick flowers. She often groans and echoes what the characters around her are saying. “Children without autism may want to form friendships and understand their class- mates with autism, and this could help them understand autistic behavior.”

Her designers wanted to highLight traits exclusive to children with autism, without, “The 4% of all disabilities. Loud noises scare Julia, and she flaps her arms around when she is exci- ted.” I think introducing a character who has cerebral palsy, different organizations who work alongside families with autistic children to decide what features were best to highlight.

John Bazley, a senior edu- cation student, said, “Sesame Street has always been a good learning tool for children and I think introducing a character with autism will surely change the perception of children with autism, both among other chil- dren and adults.”

Carolyne Chirichello, Assis- tant Director of the Depart- ment of Disability Services, “[Sesame Street] with autism will feel included and part of [the show] and can identify with someone who has a disorder that they may have, even though they may not know all of the terms and definitions of what.” Chirichello said.

Domena Dolphin, an associ- ate professor of communication and advisor for Hawk TV, said, “I imagine entire generations growing up with an autistic character, albeit a muppet” so, very many people who are on the spectrum could grow up and become comfortable with the lives of those who are.”

“Perhaps eventually, autistic people wanted a compilation of stories they sought after so badly. “He was the president of Colum- bia Records and well, anyway, he introduced me to one of the owners, Steve Rubell.”

Dolphin explained. Chirichello has always been the deaf community by

Although famed for shooting

Cosmopolitan

Taylor joked. Looking back, I can truthfully say at one point in my life, I was more famous than Tom Cruise,” Taylor joked.

Accidentally Famous: A Look into Studio 54

At the time, Studio 54 was one of the most inaccessible night- clubs; people would wait outside for countless hours in hopes the door attendant, Mark Benecke, would allow them in. “He owned a compilation of people who were famous, rich, or, beautiful. “If Mark [Benecke] did not find any of those in a person, there was no way to get in,” Taylor explained.

The trio arrived outside of Studio 54 walking along the oppo-osite site of the red velvet rope. Taylor was following the drums to the front door so they could catch a glimpse of the “freaks” they sought after so badly.

The door attendant glanced at the two drunk as if they were going to cross that velvet rope. “Only you. Do you want in, blondie?” The Italian duo pushed Taylor in the door and said simultaneously, “We want in!”

He walked in and suddenly knew why the drums called it a freak show. The sex appeal was intense and colorful lights cut through clouds of smoke, illuminating the dark club as little as possible. “It won’t be easy to cope with, hand- ed me a drink and told me to follow him. I had no clue this man knew who I was.”

Rubell he should hire Taylor be- cause of his good looks, and just like that, he was hired. “I was a mad dog for two months and by that time, Seton Hall’s football season was about to begin. To entice me to stay at Studio 54, Rubell promoted me to bartender, which proved me to regain from my scholarship.” At this time, Taylor was 19, liv- ing the lifestyle of the rich and famous. However, that is not why he decided to stay; the only true enticement was the quick and easy money he was making.

Michael Infraffia, a childhood friend of Taylor’s at his in- stitute, was the only one in our group better looking than me,” Ingraffia laughed. “In all seriousness, he had it tough because his dad left his family and he never found out why. Maybe dropping out of college was his way to rebel against that.”

Taylor caught the attention of mostly every celebrity he en- countered. “I quickly became Elton John’s favorite bartender, the people would make good drinks. But then he asked me to go home with him… When I declined, he moved onto a new favorite.”

His life was on route to change yet again, when Francesco Scav- vullo, fashion photographer fa- mous for shooting Cosmopolitan covers and celebrity portraits, ap- proached him to be the photographer. The modelling audition was special because the director him- self, Franco- Zeffirelli, handpicked Taylor to be in the film. “I can truthfully say at one point in my life, I was more famous than Tom Cruise,” Taylor joked.

I tried to make a move on Brooke Shields’ character, Jade. Ironical- ly right after that scene, her house gets set on fire by the guy that’s in love with her,” Taylor said. “The celebrity and party life-style began to take a toll on Tay- lor. He took sex, drugs, and rock-and-roll a little too literally. “I did a lot of things I’m not proud of because of the career path I took,” Taylor said, “drugs being the center of it all.” When asked for further detail about his past with drugs, Taylor declined to comment because he likes to leave that aspect of his life behind.

After finishing a model cam- paign for Versace around the age of 22, he decided to leave his Stu- dio 54 days behind and pursue a career that was less mentally exhausting. He went back to his roots and enrolled in Seton Hall, where he studied pre-law. Taylor is now 55 and likes to think of himself as an aver- age person. He is a father to two daughters and a son.

Overall, Taylor is a firm believ- er that everything happens for a reason; he regrets nothing and never wonders what life would be like if he stayed in the industry. “Whenever I have a rough day or I’m in a bad mood, I like to remind myself that I accom- plished a lot in my life!” Tay- lor joked.

“I didn’t let Elton John seduce me. How many people could say they dodged that bullet?”

Say Hello to Julia:

Sesame Street Introduces Their Newest Autistic Muppet

Many diversity in television is always a good thing, and disabili- ties are a part of that divers- ity,” Lauderdale said. “Older children with autism who are higher functioning understand what makes them different and suffer more from depression; [with this on the show] it will make learning representation can help others understand [autism].” Lauderdale.
The Benefits of Holistic Living

JORDAN SMITH CONTRIBUTING WRITER

As the warm weather of spring is approaching, the time to throw out those old sneakers is now. To most people, sneakers are seen as a necessity for every day living. But to others, such as myself, they represent so much more than just a part of an outfit. Shoes can show your interests, your type of lifestyle, and the person you are as a whole. To define this, I’ve made a list of multiple options for springtime sneakers.

Messina also spoke about some of his favorite shoes for the spring. "Aldos and Vans are usually my go to shoes. But every guy should at least have one black dress shoe and one sneaker that matches within." Messina believes that a person should purchase durable shoes that offer comfort and style. This does not mean that you should buy the most expensive brand, but keeping in mind what your budget will allow finding stylish and comfortable shoes is the key.

During one’s life journey, it is important to explore and experience different ways of living to discover what type of lifestyle best fits your needs. As part of aligning the mind, body, and spirit, you can embrace the idea that there is no one right way to be a “nerd” or to live a lifestyle. For example, many students choose to live a holistic lifestyle, as they believe that “the world is too big to be ignored,” according to Professor of political science, Aditi Vast.

The sneaker and shoe culture isn’t something that just affects people who call themselves “nerds.” In many ways, it’s a type of behavior that is acceptable in anyone who is comfortable with that type of person. Being comfortable with people who may be different from you is a key step in appreciating and sharing the world we live in.

Many people have questions about what it means to lead a holistic lifestyle. It is a lifestyle that focuses more on prevention and emphasizes individualization and responsibility rather than just treating the symptoms, but rarely cures the condition.

The benefits of holistic living are endless and quite hard to ignore. The lifestyle calls for healthier and more natural foods and avoid most products that are processed and loaded with added sugar and fat. Exercise is also a huge part of aligning the mind, body, and soul and connecting with the world.

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NERD CULTURE

JANAYA LEWINSKI STAFF WRITER

Upon being asked to “define nerdiness,” junior Jayson Manning, a philosophy student, stated, “I think nerdiness is something so much they cannot help themselves about stuff… Nerds are allowed to love stuff, like jump-up-and-down to the point it becomes obsessive knowledge, focused on the culture, you embrace the idea that you are too enthusiastic or overwhelming to others.”

“…Because nerds like us are allowed to be unironically enthusiastic about the things we love. The world is full of whole foods like fruits, vegetables, and grains. Anerds aren’t commonly found as interests among the masses. Like, ‘you are too enthusiastic about something! I just don’t know what’s going on here but I know that a lot of them are ignored. Ignorance really is bliss.”

Small steps are the key to living such a lifestyle. You do not need to switch to a vegan diet overnight, or become a gym en-thusiast, but your body and mind can make all the difference. These values can be adopted through life’s trials and tribulations and promote a more peaceful and mindful attitude.

Many people in my life have poked fun at me after going veg-an, but I know that a lot of them would change their mind if they knew what I knew. Ignorance really is bliss. What I am trying to convey is, you need to realize just how much what you do affects the world, your life and habits will change,” said Vast.

To people that lead a holistic lifestyle, if you get sick, it is seen more as just a physical-ity. Sickness has just as much to do with your mind as it does your body. It is regarded as a logical problem that can be caused by more than one scientific or logical explanation. Many society tells us we have to go to the doctor when we feel sick to get treated, and yet they know that only treats the symptoms, but rarely cures the condition.

Julie Schaffa, a yoga professor and health and physical education student, lives a holistic lifestyle. “I eat a vegan diet which is full of whole foods like fruits, vegetables, and grains. Just because they represent a lot of things, especifically sports. Dooley said that he’s nerdy about perfecting his guitar. Some seniors find comfort in something that goes beyond their whole selves, while others have no interest in the new and technology that can be put into a pair of shoes. Many are in search for rare, expensive, and hard to obtain sneakers or shoes, but choose to invest more to purchase footwear that inspires them.

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Thank You!

Jacqui          Susan          Mary           Jenn           Morgan

Brenna          Grace          Kelly          Brenna

The Honors School office
wishes to express its gratitude
to all of its current student employees
peer mentors, peer mentor coordinators, and office assistants
for their commitment to their fellow students in the Peer Mentoring Program,
for their support of initiatives in the Honors School office,
and for their pursuit of excellence in Honors education
at Monmouth University

Sincerely,
The Honors School

Dr. Greason, Dr. Blair, Reenie and Erin
The Monmouth University Student Employment Office thanks all the businesses that made our 20th Annual Student Employee Appreciation Week such a success! Please make sure to visit these special businesses!

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I’NAILS EATONTOWN

INK WELL
LONG BRANCH

IT’S GREEK TO ME
LONG BRANCH

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POINT PLEASANT BEACH

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THE LEVINE FAMILY
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WORKOUT WORLD
OCEAN

*DENOTES MU ALUM!
The Outlook 19
April 12, 2017

We could never have survived "The dedicated, hardworking Laboratory program!"

Keryann – thank you very much for your hard work, inspiration and leadership -

A big Thank you to our student staff in Academic Foundations and General Education -

A worker like Jazmin you'll never find again!!

The EOFS (Educational Opportunity Funds) Staff would like to thank our student staff for their dedication and hard work this year at the Post Office! Thank you for your cooperation and assistance!

The Employee of the Year Classroom -

Mrs. mushroom - you are you shine! We appreciate your enthusiasm, dedication and hard work this year. It has been a pleasure working with you.

The Outlook Student Government Association -

The Student Government Association of Taylor College: Your sunny disposition, positive attitude and willingness to always help out in the office are so greatly appreciated by all of us. Thank you! Thank you! Thank you! Bette

Nicole – thank you for all you do and your commitment to MUPD! It is a true pleasure working with you.

The MU Police Traffic Office

Student Services -

Sincere appreciation and gratitude to all of you for coming to express how much I value your student staff and peer tutors! Working with this group of students, bright, responsible, enthusiastic students is the best part of my job. I am so fortunate to have you and I do keep up the great work! Sincerely, Dorothy Cleary, Director of Student Services

Nick Zacario – Thank you for all you do to help support the arts & connect Monmouth University to the Monmouth County community -

– Your Two River Theater family!

Writing Services –

"In every job that must be done, there is an opportunity for growth” – Mahatma Gandhi

- From the Writing Center at Monmouth University

2017 Student Employee of the Year Nominees –

- Angelo Adamo, Undergraduate Admissions
- Maria Alagno, Athletics, Track & Field
- Julia Bailey, Center for the Arts
- Allison Britta, Monmouth Medical Center
- Nicole Cimiglia, Undergraduate Admission
- Christi Delmedico, Digital Print Center
- Julian Garcia, Production Services, Monmouth University
- Deborah Schlipf, Director of Finance, Monmouth University
- Jared Schlegel, Digital Print Center

Students Activities Office: –

Congratulations to all of you for your hard work and dedication to the Student Activities Office! Thanks to you for your hard work and dedication to the Student Activities Office! Thanks to you for your hard work and dedication to the Student Activities Office! Thanks to you for your hard work and dedication to the Student Activities Office!

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Why it’s Good to Go Greek

CHRISTINA TERYNA CONTRIBUTING WRITER

When many people hear the words Greek Life, they quickly think about Greek Life. Movies and television shows, like ABC Family’s Greek, often depict what it’s like to be involved in these organizations. In reality, Greek Life consists of organizations performing strolling, saluting, and entertainment. Club & Greek, and Sports. No experience necessary.

The HERO Campaign cordially invites you to the Designated Driver of the Year Award Ceremony on Wednesday, April 19 at 3 p.m. at the Oceanfront Bank Center Varsity Club Room. Light refreshments will be served. RSVP by Saturday, April 15. Contact Suanne Schaad at 732 263 5804 or email her at sschaad.monmouth.edu.

The Outlook is looking for students interested in writing for the student-run newspaper. Sections in need of writers include News, Opinion, Politics, Lifestyles, Features, Entertainment, Club & Greek, and Sports. No experience necessary.

About Lambda Theta Alpha

Lambda Theta Alpha will be hosting their Yard Show on Wednesday, April 12 at 10 p.m. in Pollak theater. All proceeds go to St. Jude’s Children’s Research Hospital. The show consists of organizations performing singing, dancing, saluting, and stepping.

Alpha Xi Delta

The sisters of Alpha Xi Delta will be holding their annual philanthropy event, Karaoke for a Cause, to raise money for Autism Speaks on Tuesday, April 18 at 10 p.m. in Pollak theater.
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SENIORS ANTHONY PAPETTI, MIKE TRAPASSO, AND JUNIOR PAUL MATT WELCOME OFFTOP TO WMCX PRESENTS: 24 HOUR MUSIC FEST. (PHOTO COURTESY OF ANTHONY PAPETTI)

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Women's Lacrosse Falls to Fairfield, Canisius

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The women's lacrosse team dropped contests to Fairfield on April 5. Freshman attacker Nicole Ceraso scored one goal and recorded an assist in the Hawks' 13-6 loss against Fairfield on April 5.

“Today's game came as a result of lack of fundamental throwing and catching,” Head Coach El-leen Ghent said. “Fairfield, and every other team in our league, is very talented and took advantage of our mistakes. I am most proud of our attitude and effort to never give up. That has been constant this season and I believe it can really be attributed to our captains and leaders.”

Not to be overlooked in the loss was the play of sophomore goalkeeper Riley Brager, who made 13 saves and her play kept the game relatively close. The Stags outshot 36-12 and without Brager’s play, the game would have been more lopsided in the score department.

“Freshman midfielder Chloe Novak made a big difference for us in the second half on the draws,” Ghent said. “That gave us many more opportunities. Caroline was a force on both sides of the ball and really has become a leader for us while Ri-ley was very solid and continues to make saves in big moments.”

The highly talented Canisius College team overwhelmed the Hawks on Saturday afternoon at Hesse Field. The Golden Griffins have won the past six Metro Atlantic Athletic Conference (MAAC) tournaments and are ranked 35th in the National Collegiate Athletic Association (NCAA) Rating Percentage Index (RPI). When the clock reached zero, the scoreboard read 18-3 Griffins, and the result was never in question. The Hawks were able to keep the Griffins off the scoreboard for the first eight minutes, largely in part to Brager. However, as soon as Canisius put their first on the board, the flood gates opened. The Griffins ran on straight goals before senior attacker Ol-ivia Higson scored to put the Hawks on the board. When the half concluded, the Hawks were facing a six goal deficit.

Canisius smothered all hope of a comeback by burying eight straight goals with four of them coming in the first five minutes. The Hawks would not register another goal until the 4:43 mark in thanks to senior attacker Al exa Smith. Monmouth would add one more with a second left on the clock to make the final score 18-3, Canisius.

Ghent offered her message to the team after the game, “Our message is that the most impor-tant part of the season is still ahead of us. Right now, we have a week to work on what we need to work on, which is mostly the draw and our stick skills before Niagara and we will be ready come Saturday.”

Not to be lost in the final score was the fact that Monmouth was able to make the game competitive in the first half. In large part to another impressive Brager performance, Brager made eight saves in the first half to give her team a fighter’s chance and now has 108 on the season.

Monmouth now stands at 2-2 in MAAC play. They will look to build on their winning ways as they will travel to Lew ison, NY to take on Niagara on Saturday, April 15 at 11 a.m.
Everyday matters in the MAAC and Salsburg. “[Shotzbarger] had a great sive and were trying to make things in the win. She struck out five and strikes. In game two, senior left-handed Amanda Riley finished the after the second game on Sunday.

In game one, junior right-handed would take and end up securing the game with a sacrifice fly, giving the Hawks the 1-0 lead. The Hawks found themselves in a big way as they pitched back-to-back innings with a single to right-center. and a two-run double down the right field line by Gaetano to make it 4-0 MU.

The Hawks, who are now 12-19 overall and 4-2 in conference play. They scored the eventual win-ning run in the sixth on a Jordan Bishop double to right-center. In the series finale on Sunday, April 9 Monmouth was trailing 6-1 in the top of the ninth and scratched across four runs to make it a one run game, but junior infielder Aidan Favia grounded into a double play with the bases loaded that ended the game.

Monmouth defeated Princeton 8-4 in a non-conference game on April 5 at MU Baseball Field. The Hawks opened the scoring on April 5, with a sacrifice fly, giving the Hawks the 1-0 lead. The Hawks found themselves in a big way as they pitched back-to-back innings with a single to right-center. and a two-run double down the right field line by Gaetano to make it 4-0 MU.

On April 8 at MU Baseball Field. the Hawks opened the scoring on April 5, with a sacrifice fly, giving the Hawks the 1-0 lead. The Hawks found themselves in a big way as they pitched back-to-back innings with a single to right-center. and a two-run double down the right field line by Gaetano to make it 4-0 MU.

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Middle distance runners Jenna Cupp (senior), Tionna Garner (senior), Danielle Leavitt (junior), and Chandi Pirru (sophomore) won the Distance Medley Relay at the Colonial Relays on Saturday, Apr. 1 and set a school record with a time of 11:31.

Full story on page 22