Health Services Warns Campus of Increased Influenza Cases

MEHDI HUSAINI
ASSOCIATE NEWS EDITOR

The current flu season is particularly severe, causing increases in hospitalizations and cases of pneumonia across the United States, according to the Center for Disease Control (CDC). Monmouth University has started to see cases of both Influenza A and B on campus, with approximately two dozen cases reported this year.

The University’s Health Services released an alert to the student body regarding the observed increase in cases of influenza on campus on Mon., Jan. 22. The e-mail alert was forwarded to employees and the University student body by Mary Anne Nagy, Vice President for Student Life and Leadership Engagement.

"Periodically, the University will communicate with the campus when [administrators] believe there is information that is important for them to have for their personal safety and well-being," said Nagy. "People of all ages are getting the flu...there are some folks that are unfortunately losing their lives because the cases of the flu they have are so intense." Monmouth University Health Services is working with New Jersey Department of Health and Senior Services (NJDOHSS) to identify, track, and monitor flu strains and activity on campus, according to the e-mail alert.

Kathy Maloney, Director of Health Services, said that personnel in the Health Center are sending patient nasal swabs to the NJDOHSS for full confirmation regarding influenza strains. So far, she says, 24 cases have been seen on campus.

"We are also sending samples of patients with influenza-like illness (ILI) who test negative for influenza so those samples can be further tested for other respiratory viruses," said Maloney. In fall 2017 we had a rare strain of Adenovirus B-7 that caused severe respiratory symptoms in several students. We are actively working with NJDOHSS to see if that strain is also still circulating.

Health Services is taking extra precautions during this time to make sure that the spread of diseases is minimized. "The Health Center has asked any patient who comes in with a fever or cough to don a respiratory mask," said Maloney. "Our healthcare providers are also donning masks when caring for patients..." The flu is marked by symptoms such as fever, cough, sore throat, and headache, and is spread when airborne via coughing or sneezing. Cases of the flu can, in more extreme cases, cause hospitalizations and pneumonia, according to the alert.

The health alert, according to Nagy, was a way to let students and staff know to take the proper precautions regarding the current flu epidemic. Campus-wide measures have been taken to best prevent the flu.

Debate Team Earns Nine Awards in California Tournament

KERRY BREEN
SENIOR NEWS EDITOR

Members of the Monmouth University Debate Team reached the final championship round and two other debaters reached the semifinal round, and in total, earned nine team and individual speaking awards, at a tournament hosted by Southwestern College from Jan. 19-21. Landon Myers, a sophomore political science student, and Eric Schwartz, a freshman political science student, reached the final championship round as they debated whether the federal government should establish national health insurance in the United States, the topic of the 2017-2018 National Debate Tournament/Cross Examination Debate Association (NDT/CEDA) season. They lost the round to a team from the University of Nevada Las Vegas. Both Myers and Schwartz also received individual speaking awards.

"The topic for this year is about National Health Insurance, but that topic is as broad as you choose to make it," Myers said. "For example, one of the arguments I run is about Accountable Health Communities, which are federally run programs that address people’s social needs, like housing and food insecurity, to better their health. "It was extremely exciting to advance as far as we did, especially because I’m a freshman with no debate experience prior to this year," said Schwartz.

University Alumnus Brings Grammy Preview to Pollak Theatre

NICOLE INGRAFFIA
ENTERTAINMENT EDITOR

Bob Santelli, University alumnus and Grammy Museum Founding Executive Director took to the stage of Pollak Theatre to explain his involvement in the Grammy Awards. Santelli, who was a member of the class of 1973, has quite the resume, considering he served as the vice president of education and public programs for the Rock and Roll Hall of Fame and Museum, held the title of artistic director of the Experience Music Project-speaks as part of the University’s lecture series, and is even an author of several music-inspired novels.

His visit was presented by the Bruce Springsteen Archives and Center for American Music as well as the Wayne D. McMurray School of Humanities and Social Sciences. The alumnus was introduced by University President Grey Dimenna, Esq. Santelli quickly captivated the audience and commanded the stage.

He told the audience that he started to the lecture from New York City where his expertise was necessary to the planning of the renowned Grammy Awards. Santelli’s appearance was strategically timed so that he could combine his most recent experiences and backstage insights of the 59th anniversary of the Grammys, which aired this February.

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Off Campus Incident Results in Six Charged: Damages Under Investigation

KERRY BREEN
SENIOR NEWS EDITOR

An off-campus party involving Monmouth University students was broken up by Deal police officers in the early morning hours of Jan. 28.

According to a press release provided by Deal police Department, several police officers were dispatched to the Nepenthey Lane residence approximately 1:30 a.m. for a "fight in progress" that involved approximately 150 people.

According to the press release, many party attendees were consuming alcohol and marijuana inside the residence. Several people were charged with consuming alcohol and marijuana available to underage persons, as well as maintaining a nuisance.

Further investigation by the police department found that underage party attendees were consuming alcohol inside the residence. Six people were charged with serving/making alcohol available to underage persons, as well as maintaining a nuisance.

Those facing charges declined to comment on this story.

Scott continued, "The Aspire High Youth Development Program is an incredible opportunity that unveils the potential within our students and makes them more competitive in the real world. It allows for all students to experience what it means to go to a college or higher education. It is programs like this and Aspire High that are a lot of bright minds and students with great potential, it is moving to see evaluations on campus focus on giving back and fostering that potential into something greater in higher education."

Johnson continued, "I just want to thank all the entities involved in making this event successful. Thank you so much!" The Aspire High Youth Development Program is an incredible opportunity that unveils the potential within our students and makes them more competitive in the real world. It allows for all students to experience what it means to go to a college or higher education. It is programs like this and Aspire High that are a lot of bright minds and students with great potential, it is moving to see evaluations on campus focus on giving back and fostering that potential into something greater in higher education.
Debate Team Brings Nine Awards Home from CA Tournament

**KERRY BREEN**

The second semester of a high school financial literacy program created and implemented by the Leon Hess Business School (LHBS), has been deemed a success by the University as it completes its second year.

The program, which is designed to augment the personal financial literacy requirement for New Jersey high school students, was created by Janeth Merkle, MM, Associate Dean of LHBS, in the 2016 fall semester.

The program currently involves five high schools in Monmouth and Ocean counties, with more than 130 students participating after being selected through a competitive process. The selection criteria is developed by the University and the partner high schools. Seven University students also participate in the program, which is run by Merkle and Jeffrey Christakos, MBA, CPA, CFP, a specialist professor of accounting.

I joined [the program] this year," said Christakos. "I have spent much of my professional life in the financial planning area, so I thought that I could add value to the program. I am very happy to offer such a program to the community, given the importance of this issue to our students. A number of students have participated in the program, and I am very pleased with the results.

According to information provided by Christakos, the program is designed to educate and encourage high school students to be better prepared for college and the financial decisions they will face in the future. The program is aimed at providing students with a solid foundation in financial planning, budgeting, and personal financial management.

The program consists of a series of modules, each of which is designed to cover a specific topic. The modules include discussions of personal budgeting, investment strategies, retirement planning, and the importance of saving.

The program is open to all high school students in the area, and there is no cost to participate. Students who complete the program are eligible to receive college credit.

The program is designed to help students make informed financial decisions and to prepare them for their future. The program is offered in partnership with local financial institutions, and the University is committed to ensuring that all students have access to the program.

The University News

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 POV

Game of Loans: A Look at Student Debt

Years ago, having a college edu-
cation was a rarity; today, a bach-
celor’s degree is almost necessary for work. Ac-
cording to the U.S. Census Bureau, one-third of the adult population has a bachelor’s degree or higher for the first time in decades. However, high demand for em-
ployees with a degree has left grad-
uates disenchanted with their edu-
cation and often unemployed, as well as in large amounts of debt from student loans.

To more students turn their nas-
set and turn towards their futures, it’s difficult to launch when weighed down with such a heavy monetary burden.

“It takes money to make money,” one editor explained, “but what happens when the money invested doesn’t match up to the money obtained?” Many believe that the student debt crisis is overwhelm-
ing and that nothing is being done to help; instead, matters are being made worse.

Student loans can be problematic at conception, as some editors have argued that the process to apply for loans can be extremely confusing. “I think a lot of high school stu-

dents are unaware of what it means to take loans; it’s something they should think carefully about before signing their souls to the devil. Any American paying back loans is creating a crisis for Federal Student Aid (FSA),” an editor explained. Many of the editors who have student loans were not fully aware of the process of taking loans; it’s something they needed the loans to attend college.

One editor said that without loans students wouldn’t have the abil-
ity to attend school, and are grate-
ful for that, but also struggle with payment. “Of course, especially be-
cause in the field that I will work in (social work), the mean salaries are not as high as other jobs, so I hope that my income can keep up with monthly payments to pay off the loans. Student debt has increased significantly, as most people have seen,” the student argued. “The interest rates now have more than $1.4 trillion in unpaid education debt, according to the Federal Reserve.”

Another editor argued that stu-
dent loans hinder young adults from fully becoming responsible and fi-
nancially stable. “It keeps emerging adults from becoming contributors to the economy if they have to allocate their income to paying back student loans, and the increasing costs of school-

ing and the unreasonable systems surrounding student debt aren’t re-
ally the way to go.”

According to a recent study by NerdScholar, high school gradu-
ates have obtained $1.5 trillion in debt, while the average American was left more than $2.9 trillion in federal grant money unused over the last academic year.

“Many students are pressed to pay back loans post-graduation, the interest in-
curred on top of the U.S. left makes really makes payments nearly im-
possible,” one editor explained. “I think that loans have it so set up that students aren’t even thinking about paying them back until after you gradu-
ate. What I hate is that the second you graduate you have to start pay-
ing them back...” another editor said.

The editor continued, “One of the biggest factors that is causing such high interest rates is because of how many students are loaned out loans and how many more are estimated to do so... If more students were taking alternative paths after high school and not taking out the loans, we could see a steady decrease in those rates over time.”

Editors offered more options for easing the crisis. “I think collectively we have to understand that it’s un-
feasible to have to make kids start repaying their debt as early as they do. Higher education should be something we encourage and incentivize in the U.S. to remain competitive on the national scale, and the increasing costs of school-

ing and the unreasonable systems surrounding student debt aren’t re-
ally the way to go.”

Another editor felt similarly and commented, “I think collectively we have to understand that it’s un-
feasible to have to make kids start repaying their debt as early as they do. Higher education should be something we encourage and incentivize in the U.S. to remain competitive on the national scale, and the increasing costs of school-

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ally the way to go.”

Editor’s Note:

A reader has brought to the attention of the paper that in last week’s front page story titled, University Institutes Publish Health Study, when the paper reported that the director of the Polling Institute declined to comment after repeated attempts and issued no reason for doing so, it might appear that the Institute was trying to cover up wrongdoing or malpractice. To our everlasting knowledge, the paper neither denied nor confirmed any potential sayings would be the case. The Outlook merely meant what it wrote, that the director chose not to cooperate with the paper and discuss the role of the Institute insofar as it relates to the story. The paper regrets if any reader interpreted the statement otherwise. The Outlook would like readers to understand that the paper points out when sources decline to comment so that readers are aware that the reporters did due diligence in pursuit of useful information and the absence of that source was not due to an oversight by the paper.

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The Outlook provides the Monmouth University community with information concerning issues in and around the University while serving as a forum for expression of the ideas of its readers.

Contributions must be submitted (email outlook@monmouth.edu) by 5:00 p.m. Saturdays to The Outlook office, 2nd floor, room 260, Plangere Center. All copies must include the author’s full name and contact information.

The Outlook accepts articles and graphic material from students, faculty and administrators, and reserves the right to edit or reject any material which they determine is not suitable for publication or its readers. Copy and advertising appearing in The Outlook do not necessarily reflect the views of Monmouth University or The Outlook.

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Endless Possibilities of Travel Destinations

CARLENE SANTOS
CONTRIBUTING WRITER

Italy, Britain, France, Germany, Austria: the possibilities of travel destinations are endless. When picking somewhere to travel, one may think that planning a vacation or trip is a lot of work. Sure it can be exhausting, but once it is all planned out, enjoyment of your trip can actually begin.

When you arrive at a certain place, the possibilities of activities are truly endless. The food, the sightseeing, and the people you travel with will make your trip complete. If you do not like the idea of getting on a plane, a road trip anywhere would be just as great of a trip. A nearby state, or just an hour or two away to somewhere you’ve never been still counts.

Wherever the interest comes from, the trip should be something that will be remembered. Deciding on where you go truly depends on personal preferences. Temperature is one of the biggest decisions of a trip and how you map out your time there. One can either be pulled to the warm weather days of Mexico or the chilly mornings of Canada.

Personally, I prefer the heat of tropical islands and other warm places before the cold. I like to make the best of my trips and try to do things that will be memorable to me.

Every trip I go on my goal is to try something new; either food or activities. I find the most fun branching out with excitement and curiosity in my heart. By the places I’ve traveled I can obviously see that. Some of my favorite destinations I’ve traveled to are Spain, California, the Bahamas, and the Dominican Republic. Because these are my top four travel destinations, I will always suggest them to someone who is looking to travel.

With all of those destinations, I have managed to stick to what I want as well as trying something new. I went hiking to natural pools in Spain, saw new sights in California, saw dolphins and seals in the Bahamas, and ventured to local hotspots in the Dominican Republic.

There are also places that I have always dreamed of traveling to. My top three places I want to experience are Greece, Australia, and Dubai.

Monmouth offers an incredible study abroad program with destinations such as Australia, England, Italy, and Spain. Students may go for the duration of a whole semester, or just for a month during the summer program. Monmouth makes it easy by sending you with other Monmouth students which can ease the transition. The Monmouth study abroad program also provides living situations so you do not have to stress over locations.

The program also makes it easy by not raising our tuition or concerns that may arise at any time during the semester. Studying abroad is an amazing opportunity to get your credits while being in a new environment to explore and create memories with students and locals alike.

Today’s Hookup Culture

JASON AQUINO DELIVERT ANSWAY

If you are having trouble finding a snack to have with your Netflix Original, the odds are you can get one through your refrigerator - or through your direct messages. You may want that “sweet treat” to chill with you, but you are split between the happiness that it might bring and the shame you will feel towards your Interaction.

Hookup culture stems from not wanting to have a serious, romantic relationship, but still wanting the personal connection. These casual relationships have become the norm for younger generations.

I think it is natural to want an intimate experience with someone one the right under conditions. It is alright to want to leave the emotional baggage at the door. The nuts and bolts of hooking up appear to be simple. However, before you enter through the door, it’s best to know what kind of person they are. Learn a little about their interests and who they are as a person.

Do they like sports, or do they prefer anime? Are they shy, or are they extroverted? The more you are on the same wavelength with the other person, the more you have a chance of actually enjoying their presence. Having conversations about these topics can help increase your level of understanding with each other and create less awkward situations.

And, perhaps this could turn into more than a one-time thing. A real, meaningful relationship may develop.

If meeting a person “in person” is too intimidating, it can be more convenient to hookup with someone with the aid of online applications. Tinder, Grindr, and Bumble are options that allow users access to each other’s profiles in order to swipe an opportunity for a chance in the bedroom. This is especially useful because each profile has a biography that you can read to let you know if you are compatible.

When you “match” with a person you like, all you have to do is arrange a time and a place to meet up. The best part about meeting people online is that after they have left, you can continue to swipe right. There is little emotional attachment to the individual.

However, there are problems with today’s hookup culture. The idea is that both partners partaking in it should agree to each other’s time and have fun. But it is not for everyone. People may also flirt to the point where it becomes excessive. If you or someone you know participates in hookup culture, it must be done with consent and respect. This holds true for any type of relationship.

Some people want a relationship that is more romantic. This can be interesting, if you will, is believed by some to be more than a fairy tale since the hookup culture appears to be dominant. However, I believe it is possible to have more “real” connection with someone.

A person can only experience having a dessert so many times before they get sick of it and begin to prefer the more “bouccoli” of bonds – something more nutritional for the soul. Eventually, someone may want to take it slow and settle down.

If your crush is known to hook up with people, that doesn’t mean he or she won’t appreciate a bouquet of flowers from you and then desire something more serious. You can choose which lifestyle suits you the best. The hookup culture and real culture are two sides of the same coin, and there are audiences for both sets of customs. If you have a sexual partner in mind, don’t be afraid to let them know you’re interested in them.

Don’t be afraid if no one seems to be interested in having something serious, either. Odds are, you’re one conversation away from accepting a rose. So get out there, make a profile, and swipe right!
After Congress failed to pass an extension of appropriations funding, the government shutdown at midnight on Sat., Jan. 20.

On Jan. 22, a deal was announced to end the government shutdown and proceed to approving temporary funding, which would allow the government to stay open until Feb. 8. The Senate subsequently passed the bill, and the President signed it later that evening.

160 Voices: The Nassar Trial

Larry Nassar, a former USA Gymnastics doctor, was sentenced to up to 175 years in prison on Wed., Jan. 24.

Circuit Court Judge Rosemarie Aquilina opened her courtroom to numerous survivors, parents, and coaches who had been affected by Nassar’s sexual assault.

"The monster who took advantage of you will wither," Aquilina said to one victim who was about to testify at the trial, "...as you get stronger, as you overcome—because you are a survivor and he will wither away.

Katherine Parkin, Ph.D., Vice President of the Feminist Association and a professor in the Department of History and Anthropology, explained that the charges levied against Nassar are the most serious sexual assault allegations.

"That Nassar was able, with the power of the Michigan State University and the gymnastics governing bodies, to molest girls in the name of his insular culture that protects sexual assault perpetrators is a violation of the rights of the vast majority of other sexual assault victims.

"As Nassar was able to freely have his way with the girls he molested, we must fight even harder to ensure that sexual assault allegations are considered and the perpetrators held accountable by the institutions they belong to.

"We must fight for our rights to be heard and for our voices to be amplified in the court of law and in the court of public opinion.

"By standing together, we can ensure that sexual assault survivors are not alone in their fight for justice.

1. https://www.parkinson.org/2018/01/18/larry-nassar-sentenced-to-175-years/

Additional Resources

- "Larry Nassar Sentenced to 175 Years in Prison," Parkinson, January 24, 2018
- "Sexual Assault on Campus: Legal and Ethical Considerations," Parkinson, June 25, 2017
- "The Power of Me Too: Empowering Sexual Assault Survivors," Parkinson, October 22, 2020
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A deposit of $200 for each traveler is due by March 1, 2018.
The first step in deciding what kind of meal is on the menu is to reflect on your relationship. Is it the kind of meal that is typically enjoyed by you and your partner or is it a unique experience that you have wanted to try for years? The answer is always the answer for everything.

On that special Valentine’s Day, call ahead with a reservation and a special request. You could go to that restaurant any other day, however, asking to see if the chef can change a dish to gluten free or for printed reservation cards would add to the night and show your significant other how much you care.

Sometimes eating at home can be even more romantic. Ask your partner what love interest to dress up and to arrive when you wish, just in time for food. If your significant other is not eating out, it is important to create the environment you want to share love with.

Candles and flowers on the floor leading to the dining covered table, your significant other’s favorite drink or even your dorm desk can be the basic romantic notes that keep the night singing with love. Proposal? Ring? Not yet. Homemade? Take out? Heart shaped pizza? Maybe the two of you could whip up a homemade dinner or have a Valentine’s Day picnic outside? It doesn’t matter whether or not you are master chefs.

We all may not have the money or ability to do a hot air balloon ride with your significant other this Valentine’s Day. But there are still other avenues. If your significant other is an apartment or dorm student, it could be even more romantic. Ask your significant other if they have any ideas or other ideas of your own. For nearby, try some art galleries can do the job, especially those with histories. Napoleon or lines from Shakespeare’s plays as your card. “We just write each other letters,” assistant professor in art history Cory Dzeno stated with a smile. If you are a couple who don’t mind a break in routine or are simply adventurous, try or do something new altogether. Make sure to do something tasty and in tune with your partner.

College students gather round! Head to the dollar store, pick up a deck of cards to create a personalized “20 Things-Like-About-You,” your significant other can be found on Pinterest as well. Even leaving a lovely note in a place they might not expect will always be a pleasant surprise.

“Creating a playlist is always good, even for my friends,” sophomore art student Diana Richard recommends. Let it be known, flowers and candles are always a nice touch. And always vocalize your feelings.

Photo taken by Campbell Lee

“A peaceful dinner would add to the night and show your significant other how much you care.”

Any of these dates and gestures would make the typical Hallmark’s Valentine’s card, pick out a love letter written by those from the past like Napoleon or lines from Shakespeare’s plays as your card. “We just write each other letters,” assistant professor in art history Cory Dzeno stated with a smile. If you are a couple who don’t mind a break in routine or are simply adventurous, try or do something new altogether. Make sure to do something tasty and in tune with your partner.

When asked about his plans for Valentine’s Day, Freshman accounting student Sandra Chen also takes time out of her day to save a life in the form of blood donation. “So far, I’ve donated blood four times,” reported Chen. The “Central Jersey Blood Center has a loyalty program, where every time you donate blood, you get points. These points can be redeemed online for a variety of prizes such as gift cards and T-shirts. Not only is donating blood beneficial for those receiving it, but you can also get rewarded for your selfless act. Upon joining the community on The Central Jersey Blood Center website, you can gain points after donating, for taking an online follow-up survey, and for donating on bonus days, which usually fall on holidays. Specialist professor of biology Dr. Jeffrey Weisburg delved further into the importance of blood transfusions. He explained that those with hemophilia, a condition that prevents the normal clotting of blood, need constant transfusions which require the clotted factors. There are other [components] that they take from blood, not just red blood cells.”

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The Outlook Entertainment January 31, 2018

A "GRAMMY MOMENT" WITH UNIVERSITY ALUMNUS BOB SANTELLI

MONMOUTH UNIVERSITY LECTURE SERIES:

Despite having a train to catch, Santelli takes a knee to answer questions from senior communication student Tyler Shackes.

PHOTO TAKEN BY Nicole Ingraffia

PHOTO SHOOTS by Nicole Ingraffia

Bob Santelli (right) poses with current Outlook Entertainment Editor (left) Nicole Ingraffia. He shared that the highlight of his senior year at Monmouth University with the same role of editing the Entertainment Section of The Outlook.

Despite having a train to catch, Santelli takes a knee to answer questions from senior communication student Tyler Shackes.
Slowly, Elio becomes attracted to Oliver and the two bring more heat to a scorching Italian summer. 

Beautifully shot by Sayombhu Mukdeeprom with a nice soundtrack, Call Me By Your Name focuses on trying to find an answer through all the confusion and takes it's time with slow pacing.

Also, may I point out, the film is nominated for three Oscars, which include awards such as Best Picture and Best Actor for Timothée Chalamet.

Wherever “somewhere in Italy” is, Mukdeeprom has gotta let us know. Mukdeeprom’s cinematography transports the viewer to a calm environment that soothes summer.

The small Italian town has rustic architecture and tight alleyways as the sun beats down on the grey cobblestone streets. A short bike ride outside the town and one will see the sprawling lakes, where the crystal clear water glistens under the shining moon.

It’s an environment made for summer perfectly captured by Mukdeeprom that woos the audience, especially in the chill of winter.

The soundtrack compliments Mukdeeprom’s camerawork with bumping 80s hits and dreamy piano tunes. When the camera focuses on an electric outdoor dance floor or Elio with his headphones on, expect the stylings of Ban dolero to take control of your mind.

Then for a bike ride along the winding plains or walks around the open backyard, your mind will drift in a state of comfort with pieces composed by artists like Bach.

In addition to the songs picked by Robin Urda, there are two original songs written and sung by Sufjan Stevens. Stevens’ whispering songs come down the stretch and seamlessly capture the atmosphere. If you can’t make it to the theater, at least buy the original soundtrack.

At the center of the cinematography and soundtrack is Elio, who battles internally and externally, because of his uncertainty about his sexuality overwhelmingly provides a lot of questions for the teenager, like how to conduct himself or if his way of life will be accepted by others.

As for Elio’s admiration for Oliver, it at first feels unrequited. Elio wants to profess his attraction to Oliver, but he’s not sure if he’ll accept it.

After the two spend time together and get closer, Elio doesn’t know how far it should go. Elio initially seems to be like any other seventeen-year-old boy who chases around girls on hot summer nights. However, once Oliver comes into Elio’s life, everything drastically changes.

Not only does Elio look at women differently, but he can’t even eat a peach.

In a journey of self-discovery, not only does Elio look at women differently, but he can’t even eat a peach.

The discovery of Elio’s sexuality overwhelmingly provides a lot of questions for the teenager, like how to conduct himself or if his way of life will be accepted by others.

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In the early stages of finding one’s sexuality, there is of course a plethora of questions: Will I be accepted among friends and family? Is this who I really am? How should I live my life? Should I keep my sexuality a secret or open?

In addition to these questions, there’s the thought process of handling one’s first love:

How far should it go? How much should I invest into a relationship? Can I get through a broken heart?

It feels like everything happens to Elio naturally. The story line mirrors the relaxed atmosphere.

Sure frustration and sensual tension builds, but it occurs smoothly. It’s nice to sit back and have no forced drama or big arguments.

This is an organic look into a young man discovering an unknown part of himself.

Starring: Timothée Chalamet, Armie Hammer and Michael Stuhlbarg.

Elio’s story. There were some tears and laughs, but Elio’s journey to realization felt satisfying in the end.
MOMENTS AT MONMOUTH

LEFT: A GORGEOUS SUNSET FROM THE BOARDWALK OF PIER VILLAGE, REMINDING US THAT SPRING IS ON THE HORIZON.
PHOTO COURTESY OF: AMY PINARD

RIGHT: DISAFFILIATED MEMBERS OF ROH GAMMA HELP TO GUIDE POTENTIAL NEW MEMBERS TO THEIR PERFECT ORGANIZATION DURING PANHELLENIC RECRUITMENT. (FROM LEFT: DEMI DENTES, TIANNA FOUGERAY, JACKIE THOMPSON). PHOTO COURTESY OF: DEMI DENTES

LEFT: SENIOR GUARD AUSTIN TILGHAM SCORED A TEAM-HIGH 20 POINTS IN THE 67-56 WIN OVER SIENA ON THURSDAY NIGHT.
PHOTO TAKEN BY: KARLEE SELL

RIGHT: MONMOUTH STUDENTS HAD THE OPPORTUNITY TO ATTEND THE BROADWAY SHOW ONCE ON THIS ISLAND WITH A TRIP SPONSORED BY MU PLAYERS.
PHOTO TAKEN BY: KERRY BREEN

Don't see your picture this week?
Check back in next week’s issue for more Monmouth students’ photos!

Who do you want to win the Super Bowl?

COMPILED BY: NICOLE RIDDLE

Freddi Lake
Junior
"I don't like either of them. I want Justin Timberlake to win the halftime show."

Roni Cervelli
Sophomore
“I want the Eagles to win.”

Jason Aquino
Junior
“I'd put my money on the Eagles.”

Heather Halczli
Junior
"Hm, I'm going to say the Patriots."

Erin Brehn
Disability Specialist, Disability Services
“I want the Eagles to win.”
Don’t get caught...

Learn the signs of phishing attacks

Phishing schemes seek to compromise our systems or gain access to your personal data.

The images below are examples of phishing attack that occurred on January 27, 2018.

1 Messages that may look legitimate but are not.

2 Incorrect URLs even though it looks like our site.

Some other signs indicating phishing attempts are ultimatum, no signature or contact information, too good to be true offer and spelling/punctuation/grammar errors.

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Contact:
Marina Vujnovic, Professor Advisor
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s0967410@monmouth.edu
Spring Into This Semester With SAB

ALEX A OLAH  CONTRIBUTING WRITER

The Student Activities Board (SAB) is dedicated to creating events that enrich students' college experience and encourage on-campus involvement. Through membership or attendance at the club's events, students have the opportunity to mingle and enjoy free programming that features interesting activities and freebies.

Crystalyn Espinal, the Assistant Director of Student Activities, believes that it is important for students to take advantage of SAB’s programming to get the full college experience. “Students should attend the SAB events or even become involved with the club because both ways offer an opportunity to be a part of something fun, make friends, and just get away from pressures of school,” said Espinal.

This semester the club has been working to bring unique and exciting events to campus to be seen through some of the club’s past and future events. Winter Wonderland was held in Wilson Hall from 7 to 10 p.m. There was an icecold ice skating rink, staff ‘n’ fluff penguins with SAB shirts, snow globe making, hot chocolate, and s’mores.

Psychic Night took place the past Thursday from 6 to 10 p.m. “The idea is to open up your mind and tell you what your future holds. Emily Marsh, a junior business administration student and SAB e-board member who organized the event said, ‘I’ve been wanting to bring an event like this to campus for a while and it was really cool to see the student body so excited for it and attend it.’”

The Do-Suwt Stress will include a station to decorate your own donuts with different icings and toppings. There will be free coffee as well as four coffee caricature artists that will draw portraits of you out of the coffee. Lastly, there will be do-it-yourself cake rollen for you to create all on your own to take home. If you’re stressed and need an eye-opening experience to expand your horizons and really found my niche here at Monmouth. If you are interested in getting involved there are general meetings held at the Monmouth University Graduate Center on 3 p.m. on the third floor of the Rebecca Stafford Student Center. Also, make sure you pick up an event calendar to stay up-to-date on all the university happenings this spring!

The Student Activites Board (SAB) brings fun and exciting events to campus for students.

ALEX A OLAH  CONTRIBUTING WRITER

The Alternative Winter Break Program, led by International Student Advisor, Corey Izanina returned on Jan. 7, from their nine-day service trip to Haiti. Monmouth University students spent part of their winter break in Canaan, Haiti working on construction for an orphanage, church, and school. Students say the experience was rewarding and applicable in many ways.

Mary Kate O’Rourke, a senior psychology student has now been on the Alternative Break trip two times. In preparation for Haiti, O’Rourke considered the lessons she had learned a few months prior when she was in Nicaragua on the Alternative Summer Break trip. Having been to Haiti before, she recounted, “When I got to Haiti, I was not prepared. I was prepared as I was safe and comfortable, but my eyes were not prepared.” It took days to adjust to the cultural and geographical differences of Haiti but the love she experienced there, helped her to become acclimated.

On this trip, students stepped outside of their comfort zone in both big and small ways and often displayed great selflessness. Celine Powell, a freshman education and history student said, “One moment I will never forget was when the kids had a free period and they were singing.” She explained that she was hesitant but in that moment, realized that it was about her and not about herself. She sang for them and danced and the joy they had on their face made me tear up,” Powell explained.

Nicholas Verzicco, a junior business administration and finance student recounted his experience working with the kids in Haiti as well. Verzicco said, “To see little children probably around four or five, like my niece and nephews, helping us move rocks and having fun was just eye opening.”

The trip was filled with new eye-opening experiences for students and advisors alike. Co-advisors Kendall Lotosky and Alexa Olaa continued, “Being on e-board enables me to network with other clubs to bring big opportunities to events to campus. SAB has a hand in many of the events here and it is touching to leave my footprint on this campus with the events I have and will put on in the future. Just after a year and a half on being in SAB I have grown out of my shell and have really found my niche here at Monmouth.”

SAB offers endless opportunities for students to make connections and memories. Nothing beats the experience of being a part of a group that cares so deeply about each other of how to make their marks in the world and continue to help those who can’t help themselves. To me, there is no other program on campus other than SAB that transforms students to this degree— they all now have it in their hearts and minds to find their passions and do what they love. I say this wholeheartedly, said Brody.

The Alternative Break program truly provides students with an eye-opening experience to expand their cultural horizons and therefore a deeper sense of appreciation for the little things we take for granted each and every day.

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For those of you who have (some-)
how not of Nick Santonas-
tasto get there. The most
ral note of this statement before he
becomes a household name is
humble and has been an influen-
ted young adult and will hold this title for
years.

Upon hearing his story, you will
stop making excuses for yourself
and realize the ambition and
positivity Nick showcases each
day of his life.

I first met Nick about three years
ago; my mom informed me that this young man—that appeared on the
screen of my phone while scrolling
through videos on my Face-
book feed—was apart of our fam-
ily through marriage, I remember
I nodded my head and said, “swee,”
as I scanned the footage.

Looking back on that moment, I
truly had no idea that this social
media figure on my screen
would form the incredible bond that
we have today.

Flash forward to last summer,
my phone buzzed in my back pocket
that triggered the “text message” not-
fication.

New (Message) From: Nick
Santonastasso

Guest who’s moving to Florida?

Nick Santonastasso informed me
he just made the biggest decision of his
life. He moved to Florida, taking
up all of his belongings and buy-
a one-way ticket to Florida.
I attended my first wrestling event
and reflected on every moment I had the opportu-
nity to experience with Nick; words
alone cannot convey what it is like to experience the motiva-
tion that Nick exudes just by being in his
presence.

The last time I saw Nick was the night of his 18th birthday; I
had dinner so we could say our see-
you-laters before he embarked on
his new journey to chase his ambi-
dation. We met up the night before he moved. We met up
and other treats really fills me
up on peanuts, sunflower seeds,
thing, but watching them fill

That ignited a wildfire in Nick
that will never cease. This is the
first time he realized the impact he
had on others by simply living his
life to the fullest; he began to won-
der how many people he could im-
fluence with this; he wanted to find
new things until they saw me
wrestle on that mat.”

So, where can you expect to see
Nick a year from now?
His manager, Ratmir Rafikov,
explained, “Within a year time,
Nick would have achieved his
aims, but Nick soon created strategic
plans lined up in all fields, such as
educational programs, modeling,
book sales, a clothing line, and
much more to come.

Only a short time after curating
Raw Mettle, Nick was able to so-
lidify his vision by speaking at the
same IMG Expo in New Orleans,
where he took the same stage as
Meyers and created his own
empire that he named, Raw Mettle
Enterprises along with Nick’s last name
becoming a household name.
What is the biggest threat to feminism today? “Complacency,” said Claude Taylor. Professor of communication and Advisor-In Residence for Academic Affairs and Inclusion. Some course topics of his include race, class, underrepresented media, and gender inequality.

The ever-shifting political landscape has coincided with numerous advocacy movements; Black Lives Matter protests, the rise of veganism, climate change supporters, and hundreds more. However, there is one movement that is stronger than ever before: feminism.

Let’s highlight the prominence, the supporters gather in swarms, singing along a chor of hundreds of voices, adorning clever slogans on T-shirts, and parading together throughout the nation. You would think an army was invading your city. Despite the sheer number of women (and men), why should we focus on this movement now more than ever?

Ira Wagner, Adjunct Art and Design professor, says he always enjoyed taking photographs. “There’s something about capturing an exact moment in time that you can’t do with other mediums. It makes my work different.” Through his inspiration for taking photographs, he has always been just for the love of taking photos. Sure, his techniques have changed, but he finds the camera as a way to extend his art.

How do you communicate with one another? Through show, not tell. As a club, they will develop their skills and focus on the creative possibilities offered by the camera. Then, over the years in various situations, his approach to photography progressed into a creative obsession. Cohen explained that, although the photography was for a specific academic purpose, it went beyond passion. “Now, sensitive to all that is unfolding—how light adds to the moment, the composition itself—makes the work enjoyable and keeps me going,” said Dr. Cohen.

Wagner described one of his recent pieces. “Photography is a creative way of capturing the world, a personal muse, Cohen also found the urban and industrial landscape similarly to Wagner’s city muse, Cohen also found the urban scene enticing. “I spent two years photographing the change in landscape of the Bronx and used a 4x5 inch color negatives,” Cohen said.

Once the paths crossed, the women’s journey was just beginning. “They should take photos of themselves for fun, not for others,” Wagner said. “They should take photos of the world on social media or we catch a sunrise and quickly post it for friends to see; we’ve integrated the art of photography into how we communicate with one another. If the concept of capturing an image as something you should not be trifled with. Unifying authors, doctors, bloggers, activists—everyone, should not be trifled with. Unifying authors, doctors, bloggers, activists—everyone, should not be trifled with. Unifying authors, doctors, bloggers, activists—everyone, should not be trifled with. Unifying authors, doctors, bloggers, activists—everyone, should not be trifled with. Unifying authors, doctors, bloggers, activists—everyone, should not be trifled with. Unifying authors, doctors, bloggers, activists—everyone, should not be trifled with. Unifying authors, doctors, bloggers, activists—everyone, should not be trifled with. Unifying authors, doctors, bloggers, activists—everyone, should not be trifled with. Unifying authors, doctors, bloggers, activists—everyone, should not be trifled with.
Men's and Women's Track and Field Win Home Meet

SOPHIA GALVEZ
STAFF WRITER

The Monmouth Hawks track and field team returned to their home track at the OceanFirst Bank Center this weekend on Jan. 26 and 27, while some of the Hawks traveled to State College, PA to compete in the Penn State National Invitational. While a majority of the men and women's track team broke three school records. Graduate student Chris Marco and senior Allie Wilson broke school records in the mile, while senior Darnshu Kuts-Akoi broke a school record in the 600-meter dash. The women's distance medley relay (DMR) team set a school record with a time of 11:26. The team was made up of Amber Stratz, Chandi Pinu, Brianna Stratz and Allie Wilson.

For field events, senior Corey Murphy finished as the top collegian in the shot put event with a throw of 60.85' and senior Alicia Hester threw a 54.65', placing her in second. Both girls surpassed the qualifying mark of the ICAC Championship. Senior Vincent Santaniello won the men's weight throw with a mark of 55'2". Sophomore Brandon Davis and junior Andrew Tambino both finished as the top collegian finishers with a time of 49.35 seconds.

Sophomore Ryan Rafferty finished second in the men's long jump with a time of 22.29 seconds. Junior Bryan Cabral placed fourth in the men's high jump, clearing 6'11.75". In the men's pole vault, senior Onnie Coles finished second with a height of 5'3", junior Allison Taub Angelini won the high jump with a height of 5'3.75", junior Chloe Sturts won the women's pole vault with a height of 5'3.75" and junior Andrew Tummino both finished as top collegians in the long jump with a mark of 5'8". Sophomore Andrew serviço Pinheiro won the event with a time of 7.01, just beating out Guerrieri, who ran a 7.06. "We knew we need to move ourselves forward in every way this week and make the most of the opportunity in front of us, both at home in a smaller meet and for our group at Penn State facing national caliber competition," Head Coach Joe Compagni said. "We have a lot of work to do, but in our opinion, we took strong steps forward for sure."

This upcoming weekend of Feb. 2 and 3, the Hawks will be split up again. Some of the team will be going to Boston to compete in the Crimson Elite at Harvard University, some will compete at the Scarlet & White Invitational at Boston University, and some will compete at Villanova University at the Ocean Breeze Athletic Complex in Staten Island, NY.

Monmouth's Club Hockey Team in Midst of Season

ANDY STUDNA
CONTRIBUTING WRITER

The Monmouth University ice hockey team is currently in the midst of their season, posting an overall record of 2-15-1 (W-L-T-OTL) and a conference record of 2-14-1 (ACHA). The Hawks are part of the American Collegiate Hockey Association (ACHA), which is made up of about 300 schools and is currently in their third season as a member of the Colonial States College Hockey Conference (CSCCH). Some of their opponents within the conference include Princeton University, Seton Hall University, and The College of New Jersey.

The ice hockey team club is a club that is not affiliated with the National Collegiate Athletic Association (NCAA). The hockey team has an average record of 2-15-1 and competes against teams from all over the country. The Hawks are 1-1 in conference play.

The Hawks did just as well in the track events. Freshman Iyanana Jenkins won the 60-meter dash in 7.88, beating fellow sophomore Emily Schnepper (8.03). Sophomore Dayna Lum won the 800 meters with a time of 2:39.3, and senior Nick McFarland won the 1000 meters and qualified for the ICAC Championships with a time of 2:39.3. Freshman PatrickMolnar finished the 200-meter dash with a time of 22.70, winning the event, senior Jake Howell won the mile with a time of 4:26.29, and senior Eric Moak won the 400-meter dash in 51.76 seconds, and sophomore Viviane Oom lost the 60-meter hurdles in 8.92 seconds.

In the 60-meter dash, it was a close call between freshman Joseph Miguerson and sophomore teammate Pete Guerrieri. Miguerson won the event with a time of 7.01, just beating out Guerrieri, who ran a 7.06. "We're with each other during Amato's time. "I'm happy with the progress of our guys," Amato said. "We're trying to win a conference championship against the New Jersey teams. Despite posting a losing record through most of this season, it is evident the club has improved significantly during Amato's time."

One of the team's leaders is graduate student Anthony DeFede who is the current captain and is in his fourth season with the club. As team captain, DeFede noted the chemistry of the group. "We're a very close team, we start practicing in August and the season doesn't end until September, so we have all that time together before forehand and after forehand."

The team's effort to create a good atmosphere in the locker room continues during the season. "We're with each other five, six times a week, so we're a very close group," said DeFede. The Staten Island native said that the team assists so far this season, leading the team in scoring. "Like every team every year, you're going to graduate a handful of guys, and you just have to adjust," Amato said. [In particular he noted the play of three freshman defenders: Chris Falzone, Jack Morris, and Brandon Rymarzow.] They have each taken on big minutes in their first season and will be looked upon as anchors on the back end for the duration of their time on the team. While off the team, Amato is still confident in the group's ability to compete every game. "We have some high skill, high talent guys still in the dressing room, so they're stepping up now," he said.

The Hawks' next game will finish their season with three home games. During that three game stretch, they will be facing Rutgers University, the New Jersey Institute of Technology, and The College of New Jersey.
Men’s Basketball Goes 2-1 in Five Days

MATT DELUCA
STAFF WRITER

Coming off of their largest victory of the season, the Monmouth women’s basketball team dropped two games in a row, both by double-digits.

The first loss came Friday night, as the Hawks fell 74-47 to Saint Peter’s. Senior guard Rhaiah Spooner-Knight scored 11 points and added five rebounds. Hammond added double digit points for the fourth straight game.

“We were just moving too fast, and we were just telling us we have to slow down sometimes,” Sainalve said. “Second half, in fact that we’re young so maybe we have to take things a little bit slow. The Hawks were just moving too fast, just gave us the ball a couple times in the first half.”

On Sat., Jan. 27, the Hawks won their second game in a row, defeating the Marist Red Foxes 63-53 at Nassau Coliseum. Tilghman had a double-double, having 24 points and 12 rebounds.

“I think we just played better and put ourselves in a five-point lead after the first quarter,” Craig said, “although we hurt ourselves by giving credit to Saint Peter’s, who played well.”

The Hawks would lead for 30 minutes, as they led by a game-high 21 points with 2:05 left, the blue and white would retake the lead after a Tilghman jumper, a steal, and two made free throws in the span of 27 seconds.

Monmouth would keep the lead thanks to three Hammond three-pointers and late free throws.

On Thu., Jan. 25, Monmouth defeated the Siena Saints 67-56. Tilghman led the way for the Hawks, scoring a team-high 20 points and seven rebounds. Hammond added 17 points, and sophomore guard Louie Pillari had ten points in only 16 minutes played.

“When you have a big group leave and you got a bunch of new kids, it’s just going to get the level of this league is a hard thing to do,” Rice said. “(Siena Head Coach) Jimmy (Patsos)’s team really fought hard today, you just have to give those kids a lot of credit.”

The blue and white were down at halftime 30-29, but a junior forward Diago Quinn jumped 27 seconds into the game would give Monmouth the 31-30 lead and they would not trail the rest of the way.

“This whole week we emphasized defense and I thought we really had a good week of defensive practices,” Tilghman said. “We came out and we were strong defensively and we were all over our glass and in our paint. We kept our compo- nents and stayed together and really fought. This was a game that we needed.”

Up next, the Hawks (7-14, 3-6 MAAC) will play two home games, first against Fairfield on Fri., Feb. 2 at 7:00 p.m. and then Niagara on Sun., Feb. 4 at 2:00 p.m. The games will be available on WMCX 88.9.

Women’s Basketball Falls to St. Peters and Manhattan

Sophomore guard Kayla Shaw led the team with 20 points including three three-pointers in the 63-53 loss to Manhattan Saturday afternoon.

PHOTO TAKEN by Karlee Sell

Women’s Basketball Falls to St. Peters and Manhattan

ZACH COSENZA
SPORTS EDITOR

Men’s basketball lost to the Rider Broncs 92-80 on Monday night after the Hawks beat the Siena Saints and the Marist Red Foxes.

The Hawks were down as much as 20 early in the second half but they battled back to be down 38-35 at five twice late in the game. The Broncs were able to hold the lead after making late free throws.

“Tonight I told my kids that I don’t like losing, but I was more proud of this team right here because we could have hung our head,” Coach Craig said. “We got down, their crowd got loud and I thought one, maybe two more plays and we could have gotten over the hump but they made big shot after big shot so credit to them.”

Senior guard Austin Tilghman led his second straight double-double, having 18 points and 11 assists. Freshman guard Ray Salavee led the team with 19 points and added five rebounds. Freshman guard De’Anja White had another stellar game, scoring double-digit points for the fourth straight game.

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Sophomore guard Kayla Shaw led the team with 20 points including three three-pointers in the 63-53 loss to Manhattan Saturday afternoon.
The Men’s and Women’s Track and Field teams both won the Monmouth Winter Collegiate Invitational on Friday and Saturday. The teams also posted impressive marks at the Penn State National Invitational.

SEE STORY ON PAGE 18

PHOTOS COURTESY of B51/ Mark Brown