University Community Participates in March for Our Lives Events

KERRY BREEN
SENIOR NEWS EDITOR

Hundreds of University students and several faculty members participated in March for Our Lives protests on March 24. Faculty members organized trips to the Washington, D.C., and New York City marches, according to Johanna Foster, Ph.D., Director of the Sociology Program and an associate professor. Students also participated in local marches in Freehold and Asbury Park, joining some faculty members. The March for Our Lives peaceful protests were designed to bring attention to flaws in United States gun legislation. Foster was the faculty advisor of the march in New York City, but she personally marched in the Washington, D.C., demonstration. “I attended because I fear for the lives of my children, not only as students, but as kids of color who could be gunned down in just about any public space in this nation because powerful white men and their allies care more about masculinity and money than they do the lives of people,” said Foster. “Not only do I constantly worry about the safety of my children, but I worry about the safety of my students, as well as the safety of my colleagues in the classrooms, and myself.”

According to Foster, 20 students participated in the New York trip, which was led by Scott Jeffrey, Ph.D., an associate professor of management and decision sciences.

Joseph Patten, Ph.D., led the group that went to Washington, D.C.

Over 60 students came together to participate in the March for Our Lives protests on March 24 in faculty-organized groups.

Anti-Racism Rally to be Held on Campus

RAY ROMANSKI
CONTRIBUTING WRITER

The University’s Leadership Team is orchestrating an anti-racism rally that will take place on the steps of Wilson Hall on April 4 at 2:00 p.m.

The Leadership Team is a group of four educational counseling students from three different sections of the course “Advanced Topics of Race and Racism,” taught by Tina Paona, Ph.D., an associate professor of educational counseling. The team, consisting of sophomore Vanessa Bernal, senior Kendall Walker, and freshmen Virginia Blase and Matthew Vargo, will orchestrate the logistics of the rally. The ultimate goal of the group is to establish a Multi-Cultural Center on campus.

Vargo initially thought of the plan for the rally. “Sadly, racism is still alive and well, even here at Monmouth University,” said Vargo. “Last fall there was an incident along the fence of the athletic field on Larchwood Avenue, where someone had painted a racist slur.”

An online petition titled “MU Anti-Racism Pledge and Multicultural Center Petition” has received over 250 signatures towards a goal of 1,000.

Vargo and his colleagues’ duties include outreach, social media, and research, among other aspects which will make the rally run as smoothly as possible. Paone handles University compliance in regards to flyers, tabling events, and creating petitions for students. Johanna Foster, Ph.D., Director of the Sociology Program and an associate professor of sociology, has been studying the effects of institutional raci-
University Faculty and Students Work to Increase Strategic Communication for the American Society of Andrology

ANTHONY ROSSIS
CONTRIBUTING WRITER

Michael A. Palladino, Ph.D., Vice Provost for Graduate Studies and professor of engineering at the University of Western Ontario, recently completed a team effort working on a project for the American Society of Andrology. Palladino and a team of graduate students and scientists are working with CPC and Andrology America to develop new strategic communication plans and an app to be used at the ASA's annual conference in April.

Palladino and a team of graduate students and scientists are working with CPC to develop a strategic plan for the organization.

"The ASA recently completed a strategic plan and needs to take an app to the next level," Palladino said. "All research organizations are competing for members, given the funding climate, for sponsored travel budget. To keep ASA unique as a meeting where physicians and scientists interact is the goal."

"From SWOT analysis, the project that will be used by participants at the upcoming ASA meeting in Portland, OR, will be a great way for conference attendees to see the full program on their device, learn about events to attend, form networks for collaboration, etc. This is the first time we have an app," Palladino said. To Palladino, the app will be a "great way" for conference attendees to plan their trips, when they have opportunities to interact as partners, and to connect to ASA social media channels to learn more about the society and the conference.

"It might make relationships more complicated," explained Lee, a counselor, or a relative." According to Janice Stapley, a 20-year-old criminal justice major, "I think divorce can vary based on how the parents conduct themselves both before and after, and if the divorce leads to a better situation."

"I'm more responsible and in control," said Max Hadd, a 20-year-old criminal justice major, "It's really important to express one's feelings about their parents divorce, especially if it's negative. It's important to have open communication and self esteem."

"This project is a great example of how we can put our talented graduate students to work on a Graduate Assistantship project that will win the ASA. The students gain practical experience working with a national professional society, and the project is an example of our faculty, and these are resume-building experiences," Palladino said. "The ASA gains valuable insight into strategic planning from unbiased eyes, creation of a social media presence for the organization, and an app. The ASA benefits from talented graduate students providing a significant body of work that would be difficult for the society to afford."

Palladino anticipates that the app will be "an example of the future with University professors and graduate assistants helping to increase the visibility of our organization, implement a social media strategy, as well as refining the app and creating an iOs-compatible version."

Image taken from the ASA

University Members Debate the Effects of Divorce on College Students

KERRY BREEN
SENIOR NEWSEDITOR

NATALIE OSTERMANN
CONTRIBUTING WRITER

According to the American Psychological Association (APA), more than 90 percent of people in Western cultures marry and half of those marriages end in divorce. While there may be no concrete evidence of the effects, Lee believes that the effects of divorce on college students are different than a student, say, from different than a student, say, from different than a student, say, from a social worker perspective, we tend to look at children from a holistic perspective," said Hubbard. "We really value looking at persons and environment and persons and situations. Children are impacted by what goes on in the family because children really cannot exist outside of that familial environment and parent-caregiver relationship. They need their families. We are dependent on their parents and their environment."

According to Hubbard, the degree to which a child is affected by divorce can vary based on a wide range of factors, including the amicability of the parents, whether there is a co-parenting relationship and how it is managed, and what the causes of the divorce are. "Depending on the age of the child, some children might view it as being their own fault," said Hubbard. "It really varies. There's some individual factors that come into play here that you have to look at. You have to take each case-by-case, but in general, there's an impact."

"Our children are still be really important," she said. "Somebody can have a really big impact."

According to Sanford, the effects from a divorce can vary based on how the parents conduct themselves both before and after, and if the divorce leads to a better situation. "It might make relationships more complicated," explained Lee, a counselor, or a relative. "Talk to friends, a counselor, or a relative."

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"I'm more responsible and in control," said Max Hadd, a 20-year-old criminal justice major, "It's really important to express one's feelings about their parents divorce, especially if it's negative. It's important to have open communication and self esteem."

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Among the faculty members also stated that college students could be affected by divorce, as well an if they were children or adult who had experienced divorce in their childhood.

Andrew Lee, Ph.D., one of the leading psychologists from the Office of Counseling and Psychological Services (CPS) on campus works with college students facing a variety of issues, and he has seen students going through all stages of a divorce, including the beginning stages, that middle of crisis or conflict that belled and didn't want to listen and the aftermath. He pointed out that "There's lots of ways it can affect anyone," Lee explained, saying, "There's lots of ways it can affect anyone." Lee explained, saying, "There's lots of ways it can affect anyone."

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Image taken from the ASA
The University's Department of World Languages and Cultures brought La Tarantella Napoletana, presented at Monmouth, despite traditionally marginalized students giving voice to concerns. "I admire campus, will be the Vice President of the Youth Activists Group on the college experience," said Taylor. Claude Taylor, Academic In-Residence and professor of Communication, agrees youth activism is a powerful tool we have," said Vargo. The ultimate goal of the protest is to advocate for a Multicultural Center on campus. we believe the center will be a place where people of all races, religions, and beliefs can come together and share their stories and find safety amongst each other," said Taylor. On campus, there are several social justice clubs that advocate for equality and diversity, including the African-American Student Union, the Muslim Student Association (MSA), the Gender Studies Club, the Sociology Club, and Students Advocating Girls' Education (SAGE). "We want the community at large to know the power of a united voice," said Vargo. "We believe that this center can be a space for people of all backgrounds to come together and share their stories and find safety amongst each other," said Taylor. According to a 2017 article by Zach Cosenza, a song about "Caro Mio Bено" in my repertoire. McGiue said. "I rehearsed with Tim a few times prior to the event to get the arrangement down." The festival was concluded with a dance performance of La Tarantella Napoletana, the traditional Italian line dance. Seniors Juliana Ilano and Samantha Papa, and sophomores Rachel Primavera danced while the audience clapped along. The Italian students did a great job dancing La Tarantella Napoletana and deserve a lot of credit," Simonelli said. "The student performances were awesome as usual. We have such talented students," said Mirta Barrea-Maryls, chair of the Department of World Languages and Cultures and associate professor. It is really important that the language and culture to have the community become involved as well," said Simonelli. "I must also thank all the students who made the festival possible, they are the true authen-}
Hawks Talk Family Dynamics

EDITORIAL STAFF

The U.S. divorce rate dropped for the third year in a row, reaching its lowest point in nearly 40 years, according to TIME magazine in a 2016 article.

Despite the news that divorce rates are dropping, it doesn't negate the fact that a lot of millennials are products of divorce, or part of families with step siblings or half siblings. The editors of The Outlook come from many different backgrounds, and agree that family structure has an incredible impact on the way people grow up and see the world.

Today, our picture of divorce is much more complicated — it's one that changes based on your education level, income, location, and a whole bunch of other factors. Plus, of course, your decision to divorce (and get married in the first place) is an incredibly complex and personal one.

One editor disagreed, and believes that, “Divorce has become more normalized in today’s society where years ago I think people were still conscious of the effects it has on children and family members, which is what really keeps it from being more of a normal thing.”

Another editor agreed, “I think a lot of the stigma has been removed over time, but it's not necessarily a norm. I think people are still conscious of the effects it has on children and family members, which is what really keeps it from being more of a normal thing.”

Despite the news that divorce rates have decreased, it is still an issue that face many millennials. According to an editor, “There are a lot of first generation that comes from separated parents and mixed families in this widespread, high-percentage degree, but it's hardly talked about”.

According to the American Psychological Association (APA), healthy marriages are good for couples’ mental and physical health, which is also good for their children.

Growing up in a happy home protects children from mental, physical, educational and social problems,” their website states. However, “about 40 to 50 percent of married couples in the United States divorce. The divorce rate for subsequent marriages is even higher.”

“I also think it is because when kids are young, they don’t know how to deal with divorce. It can take a huge toll and that is something that absolutely cannot be overlooked,” the editor continued.

“I think children have been highly affected by their parents getting divorced when they are young, they don’t know how to emotionally deal with it,” an editor mentioned.

“I think the news that divorce rates are decreasing is positive but it is still a problem, because even though kids are no longer born into divorce, it is still an issue. I think people should think about it more and not take it lightly.”

One editor said, “I don’t think divorce has become a ‘norm’. However, I do think it has become more normal for people to believe a lot of people underestimate the severity of a divorce, in particular, the effects it has on children. Divorce really changes the dynamic of the family.”

Another editor agreed, “I think that’s the thing that has gotten a divorce over the past couple of years, it’s something that’s become more normalized. However, I do agree, it’s still an issue that needs to be dealt with.”

“However, I do not agree that it disregards or takes away the serious effects it can have on mental health of children and teens. No matter how normal divorce is or how old the children are internally struggling with it may not even be aware that it’s the reason why,” the editor said.

“Family structure is a complex and personal one. I have to call it quits, then who else have to call it quits, then who else?”

Another editor mentioned, “Of course there is the suicide hotline, because Frankly, I bet a lot of you don’t even know what symptoms you obtain after being exposed to such environments.”

Continuing on about this, another editor mentioned, “For such a prominent issue, there are a lot of people wondering what divorce and marriage will be like for the future.”

“I think many people will decide not to marry and instead have ‘partners’, this will reduce divorce rates, but the sample pool of marriages to draw from will also decrease,” one editor predicted.

On a more personal end of the spectrum, an editor stated, “I know I will take more caution in calling it quits because Frankly, I know there will always be hard and black and white lines because they don’t want them to be upset; it could be because when two people split up, they could go the other direction and forget about the children and just focus on making themselves okay.”

Another editor said, “These kids will have two sets of holidays, two birthdays parties, and two bedrooms. I think it also reveals a humanity in your parents that you don’t recognize until you’re older. When we’re young, we look at our parents as they superhuman beings, and realizing that the two people you look up to the most in the world, your parents can’t make it work and they have to call it quits, how do you feel?”

For such a prominent issue, the resources seem scarce, according to an editor. “There is so much people are worried about, why not have a way to better this without having to go search a article about this.”

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Continuing on about this, another editor mentioned, “Of course there is the suicide hotline, because Frankly, I bet a lot of you don’t even know what symptoms you obtain after being exposed to such environments.”

After analyzing this topic deeper, one editor mentioned, “For such a prominent issue, there are a lot of people wondering what divorce and marriage will be like for the future.”

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“I think many people will decide not to marry and instead have ‘partners’, this will reduce divorce rates, but the sample pool of marriages to draw from will also decrease,” one editor predicted.
According to the Institute of International Education 2017 Open Doors report, 325,339 American students earned academic credit while studying abroad in 2015/16. Another 23,125 U.S. students were involved in non-credit work (teaching internships and volunteer programs) abroad.

After a recent credit-bearing, service learning experience in Guatemala with Chris Hirschler, Ph.D. and eight Monmouth University students, I’ve learned that there are many things to consider when embarking on travel associated with an international service-learning course.

Guatemala Public Health (HE 376), involved extensive research and preparation in order to successfully serve people in Guatemala. We served in houses (where we built bunk beds for families and assembled water filters), public hospitals, a women’s domestic violence shelter (Nuevos Horizontes/New Horizons), and cleaned up garbage, distributed water and other items to hospital patients, fed starving animals, and gave health lectures. We learned that Guatemala is a country immersed in the local culture through food and conversations, listened to medical and public health questions, and found ways to help build your confidence during travel and shed an unnesses- sary layer of anxiety about traveling with strangers. Besides, you’ll probably be sleeping, eating, and using the bathroom in close prox- imity to your group members—you might as well get to know them before the weirdness begins.

DO allow adequate time to pack and prepare for your trip. This includes creating a packing list, keeping notes and lists of important items, and planning your finances appropriately so you can purchase the things you need. Further, allow yourself time to mentally prepare for your trip. It’s helpful to watch videos, practice the local language (Spanish), and search details such as the length of my flight and a map of my destina- tion country. Also consider speak- ing to students that have previously traveled to Guatemala. Ask questions, address concerns, ask about “highs and lows” of the trip, sharing personal stories to lessen the confusion and anxiety you’ll have during your trip.

DO NOT support your own bad habits. Be mindful of the example you set while you are abroad. For example, I noticed two habits that you will not want to bring abroad. Elaine Hanting, one of the stewards in the Nuevos Horizontes, the young women and children performed a dance for our group, to reciprocate the effort we spent teaching health lessons and to showcase the beauty of Guatemalan culture. Maria, a social worker at the shelter, explained “The women were very excited to present for you. They have spent a lot of time prepar- ing.” It is important to remember to receive as much knowledge as you give—the status of “student” goes beyond the classroom.

DO understand the lasting impact of an international service experi- ence. You will meet new people, make new friends, and fall in love with a new culture. You will also start to see things that you don’t expect, or think you’ve experienced or imagined. These things might affect you emotionally—understand these possibilities so you can prepare. Hirschler explains the lasting impact of international service: “Students realized that they could have a significant im- pact on individuals and families, and how inspiring it is to experi- ence the resolve of people who are financially impoverished, but who have an abundance of grace, sense of community, and generos- ity.” Most importantly, understand that your service trip will change your life: your perspective will change, your understanding of the world will broaden, your apprecia- tion for your own life will grow, and you’ll never forget the beauty of the culture or the kindness of the people you met.

**Realistic Meal Prep**

Meal prep. You see the hashtags all over Twitter, Instagram and Facebook along with beautiful pictures of ap- petizing meals that claim to require little to no effort. Hah. How many times have I convinced myself that I would adopt that #mealprep lifestyle? I’m always too busy to shop or cook, no time to meal prep. So I just pick up some fast food, grab a salad, or order in, because it’s incredibly hard to get in the kitchen and cook for yourself. Time consuming, on a budget, and doesn’t cut your stress down. I’m sure you can relate.

Meal prep can be as simple or as complicated as you want it to be. I’m not going to lie, I’m a failure at meal prepping. I used to meal prep once a week, but I’m always too busy. I’m going to try this out more and see if I’m able to make it work for me. Even if it just means throwing a yogurt and a granola bar into your lunchbox (I can’t be the only one who still uses a lunchbox, right?)

**Guatemala: Do’s And Don’ts**

PHOTO COURTESY of Kiersten Becht

Guatemala: Do’s And Don’ts

PHOTO COURTESY of Kiersten Becht

Meal prep preserving time and prepares you for the week ahead.

Megan Conchar
CONTRIBUTING WRITER

OPINION

April 4, 2018

PHOTO COURTESY of Megan Conchar

PHOTO COURTESY of Kiersten Becht

PHOTO COURTESY of Kiersten Becht

PHOTO COURTESY of Kiersten Becht

What Kim Jung-un’s Historic Visit to Beijing for U.S. Diplomacy Efforts

BRIANNA FERRANTE
CONTRIBUTING WRITER

The armored vehicle, when it is deployed, is formidable. For the North Koreans, this vehicle is what they think about when they talk of their leader’s “ardent diplomacy.” The vehicle is being compared with the one that was deployed when Kim Jong-un first visited China, in 2011. It is said that it is a symbol of his country’s nuclear weapons development.

In March, the North Korean Supreme Leader, Kim Jong Un, was seen in Beijing, the capital of China. This visit sparked speculation about the future of U.S.-North Korea relations. The visit was significant because it was the first time that a North Korean leader had visited China in over a decade. It also marked the beginning of a new chapter in U.S.-North Korea relations.

The visit spanned from late March to early April. The North Koreans were accompanied by a large entourage, including high-ranking officials and military personnel. During the visit, Kim Jong-un met with Chinese President Xi Jinping and the two leaders discussed the nuclear crisis in the Korean Peninsula. They agreed to continue working towards denuclearization and a peace agreement.

In a statement, Xi Jinping said, “China is the most important neighbor of North Korea and has the closest friendship and most important relations with North Korea. China is committed to maintaining peace and stability on the Korean Peninsula and to realizing denuclearization.”

Kim Jong-un expressed his gratitude for China’s support and said, “China is a reliable, trustworthy partner of North Korea. We will always cherish the support and help of the Chinese people and military.”

The visit was widely interpreted as a positive development in the ongoing efforts to resolve the Korean Peninsula nuclear issue. However, some experts cautioned against overestimating the significance of the visit, noting that much work remains to be done to ensure lasting peace and stability in the region.

North Korean Supreme Leaders Kim Jong-un meets with Chinese President Xi Jinping in Beijing, China on Wednesday, March 28, his first even known meeting with another head of state.

Trump campaigned on staying out of foreign wars but one move that likely won him the GOP nomination is that it kept him from the primary field." Mitchell said.

Bolton recently wrote an editorial piece for the Wall Street Journal in February titled “The Legal Case for War Against Iran,” in which he argued that the United States has the right to use military force against Iran. In the article, he called for a more aggressive approach to dealing with Iran.

“I felt honored to attend this event,” added Lee. “This was my first protest, I wanted to make sure that I made the most of my time by marching amongst my friends and other like-minded people. Ironically enough, with Trump in power, I feel like the march was more relevant than ever. I felt that we needed to come together in the face of the emergency, unity, and passion that my fellow protesters felt as we stood together and marched towards New York City. I was happy to see that there were good people who still exist in this world.”

The outlook for the future remains uncertain, but it is clear that the March for Our Lives movement has sparked a new wave of activism and awareness about gun violence in the United States. The students and faculty who participated in the marches in Washington, D.C., New York City, and New Jersey are a testament to the power of youth to effect change. As an advocate for having no guns in schools and wanting to stop the prevalence of mass shootings, I felt it was necessary for us to march in solidarity with the students who have lost loved ones due to gun violence or know of others who have,” said Lashley, a sophomore communication student who participated in the New York City march.

“I chose to march in asbury Park, as there has been gun violence in the neighborhood, and being so close to campus, I felt a strong need to support local organizations,” said Sanjana Ragudaran, Ph.D., a specialist professor of social work who attended a local march. Ragudaran encouraged students to participate in this March because it is an opportunity for us to stand in solidarity with those who have,” said Foster. “Many of the students who attended the march shared their personal stories and experiences with gun violence.

Kim Jung-un’s visit to China is significant because it marks a new chapter in the relationship between North Korea and China. The visit is a sign that North Korea is confident in its nuclear capabilities and is willing to engage with other countries. This visit is also a sign that the United States is not the only country that has influence in the region.

However, the visit is not without its challenges. North Korea continues to develop its nuclear weapons program, and there are concerns about the possibility of a nuclear test or a missile launch. The United States and other countries are monitoring the situation closely.

In conclusion, Kim Jung-un’s visit to China is a significant development in the ongoing efforts to resolve the Korean Peninsula nuclear issue. The visit was widely interpreted as a positive development in the ongoing efforts to resolve the Korean Peninsula nuclear issue. However, much work remains to be done to ensure lasting peace and stability in the region.

Political science is a fun and important field because it tries to understand current events, historical trends and to predict the future political climate of the country, and you can best do that by seeing where the action is, rather than watching events unfold on television or in the newspaper. The Political Science Club wanted to go to D.C. because that was the epicenter of what might turn into a political movement that can have a big impact on the 2018 Congressional elections.

“As an advocate for having no guns in schools and wanting to stop the prevalence of mass shootings, I felt it was necessary for us to march in solidarity with the students who have lost loved ones due to gun violence or know of others who have,” said Taffy Lashley, a sophomore communication student who participated in the New York City march.

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**MONMOUTH**

The new Track & Field Club will have two upcoming meetings for all who are interested. These meetings are Wednesday April 4 at 2:45 in Bey Hall 126, and Wednesday April 11 at 2:45 also in Bey Hall 126. All are welcome! For more information contact Club President Jackie Jones.

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For additional information, please call the Financial Aid Office at 732-571-3443 or stop by the office in room 108 of Wilson Hall.

**MONMOUTH UNIVERSITY**
ATTENTION: FINANCIAL AID STUDENTS

If you have had a Federal Direct Subsidized/Unsubsidized Loan and will be graduating in May, July, and/or August 2018 and have not yet completed your Exit Loan Counseling please go to: https://studentloans.gov.

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Contact: Marina Vujnovic, Professor Advisor, mvujnovi@monmouth.edu
Kerry Breen, Editor-in-Chief, s0967410@monmouth.edu
ALEXANDRA HARRIS
CONTRIBUTING WRITER

Finals are approaching, but so is the start of summer. There is a ton to do and see to both within the state of New Jersey and out. Besides the shore and catching a tan, you want to look back on your summer vacation and all of the memories you put down! With four months at your disposal, imagine how much binge watching shows you can accomplish with Netflix! Narcos, Black Mirror and Marvel movies are just a few to choose from. A match? If you’re a sports fan, think of one to watch. In place of a summer movie, you can take a trip to Del-Sea Drive-In Theater in Vineland, New Jersey.

Movie night with friends? Make your way to a modern movie theater and watch some highly anticipated blockbusters such as Deadpool 2, Incredibles 2, Jurassic Park: Fallen Kingdom, Avengers: Infinity War, and Mamma Mia! Here We Go Again! For a different kind of movie watching experience, Aberdeen is the home of the Live Rock ‘n RollPicture Theatre. It is sure to put on a show with a shadow cast as the backdrop.

You may want to fill up your time that you have under sun doing outdoor activities, whether it’s surfing or a cooking class. Maybe it is finally time to get a tattoo designed by a favorite artist? If having a tattoo is not your thing, you can take your skin or having a design permanent for eternity intimidates you, there are other options like from inkbox.com, where you can have a tattoo for about two weeks. You will be exposed to the sun a lot, so be sure to wear your sunscreen, but still take the time to appreciate this enormous burning star. You can go outdoors one day during break or once every month, where you wake up really early to watch the sunrise and sun-set on the same day. Take a breath and notice how similar or different the two sunrisers are. Think about every thing you accomplished and ate that day, also known as a mindful-ness practice. Four months can go by really quickly but it is enough time to learn a new language, train for a marathon, or learn to play ukulele.

If you are at or over the age of 21, wineries through the state are a great place to socialize and hang out. For a taste Kelly’s senior area, good eats, and scenic trails visit the northern part of the Hudson River. Other downtown areas within New Jersey are in cluding the downtowns in New York City so that makes me feel more American. When transitioning from one place to the next phase of your life is some thing to be excited about. Some might take a path that involves their sport after college is over, I’m sure of that. As an athlete, being vulnerable, and open to the next challenge in life is what transitioning from college athletics is all about. Moving on from the sport you have played your whole life might be harder than any difficult play you ever had to do as an athlete but it is a part of you.

Memorial University’s women’s golf coach Sue D’Abreo offered her input. She said that playing sports in college is a great thing to have, but because athletes also forms a person into being a team player with stellar communication skills.

Faith Garcia, a senior business student on the women’s golf team said, “Graduation is right around the corner for me, and sometimes thinking about your career can feel overwhelming. Throughout these last four years, I know that I’ve grown as a person through golf,” she said.

How College Sports Can Help Your Future

BEING a college athlete is one of the greatest feelings in the world. The thrill of winning a game is unlike anything and the bond with your fellow team members is incomparable. By the time an athlete is in college, playing the game and the joy is purely for the love of the sport. On campus, athletes are usually looked up to. They’re often the face of a school and seen as leaders and role models.

When these aspects of life are taken away, it’s easy to feel lost. Low self-esteem and confusion from lack of identity are emotions that are tied to this transition. However, being a student athlete also gives you an identity that feels like it can never be taken away. However, for athletes, especially cases when graduating college; the transition of leaving a sport can be shocking.

Such a small amount of athletes have a chance to play their sport in college, and even fewer get to take their talents and play professionally. The things learned in the real world can seem overwhelming if continuing your sport in college isn’t an option.

A thorough student athletes might feel confused when saying goodbye to playing competitive sports. Things learned by being a college athlete have prepared athletes for the real world in more ways than you might think.

Monmouth University’s women’s golf coach Sue D’Abreo offered her input. She said that playing sports in college is a great thing to have, but because athletes also forms a person into being a team player with stellar communication skills.

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I’ve definitely learned a lot that will be beneficial in the workplace. I’ve been a part of a team, have prepared athletes for the real world in more ways than one. All of these aspects of being a part of a team prepared students for the real world in more ways than one. Taking what you have learned in high school as an athlete, being vulnerable, and open to the next challenge in life is what transitioning from college athletics is all about. Moving on from the sport you have played your whole life might be harder than any difficult play you ever had to do as an athlete but it is a part of you.

However, with this struggle comes the opportunity to reinvent yourself. The countless hours spent at practice weren’t for nothing because this experience can be a part of you.

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I’ll miss competing so much,” said Erin D’Alonzo, a senior biology student. “Even though the state of New Jersey, there is Mount Mitchell in the town of Atlantic Highlands, the highest headland of the United States east coast south of Maine.

There are also lighthouses! South Amboy in the central part of New Jersey has one to admire and then there is also the larger one, Barnegat Lighthouse located in New Jersey. Or what about something out of the country? Look into airplane websites and you can snag a flight to Paris for $360! And through exciting plans "I am fulfilling my New Year’s resolution and returning to Europe after one year abroad, and will be traveling all across the United Kingdom with stops including London and Dublin."

Trips are not just for friends and couples; it is also a great time for family vacations and reunions. Erin Dolan, a sophomore graphic design student, shared her plans. “My family and I will be taking a trip to Coco Beach, Florida this summer," she said.

Michael Donovan, adjunct professor of art and design, is also planning to travel this summer. "I'll be going to Sicily in Italy this summer, followed by a beautiful place with lemon and olive trees galore," he said. "It is free, then it is for you and me! There are a ton of free events and festivals in New Jersey and outside of New Jersey. Other events that are unfortunate ly not free, but so worth it, are a comedy show with Danny Devito on April 28 and a TED Talk on April 19, both will be in Asbury Park as well."

Can we get onto something also very important? Food! Get together with friends and throw a summer potluck with them! For those in the area, checkout the much loved vegan cafe in Red Bank, Good Karma Cafe. They serve your favorites like a Phillies cheesesteak, a beloved Mac n’ Cheese plate, and a taramisu worthy of dining for, without the exploitation of animals.

Or even Playa Bowls, a summer cal classic, which is opening up a location in the city. While walking on the Highline near the Chelsea area of New York, there is always a cart and a vendor selling Mexican fruit pops, highly recommended for a delicious and refreshing snack! For other noteworthy places to eat, there is Soul Kitchen, founded by the Jon Bon Jovi Foundation in Red Bank, which serves meals for $10 and allows you to work off the price of your food! For a fine dining experience, Frog and the Peach in New Brunswick, New Jersey is perfect! Get together to order at least some s’mores at least once during summer break! Make this a summer to always remember!
The following review contains spoilers for Tony Kushner’s Angels in America. The show brings new life to a dark chapter in American history.

To see Tony Kushner’s Angels in America is to do more than just see a play. The average Broadway show clock in between two hours and two and a half hours, with one fifteen-minute intermission. Shows such as Les Misérables - which are closer to the three-hour mark - are considered behemoths; long-running plays such as Shakespeare’s works are often cut down by a scene or two.

Angels in America is told in nine acts over the course of two parts, subtitled Millennium Approaches and Perestroika. The more than doubles the run time of long shows like The Iceman Cometh and Shakespeare’s Hamlet - by the time all is said and done, the run time is almost eight hours.

In the hands of a lesser cast, sitting through such a long production could be a chore. Heavy, complex monologues make up the majority of the script, and Kushner’s prose is daunting at best.

The main action takes place in 1980s New York - though there are brief forays to Soviet Russia, Salt Lake City, and heaven itself - at the beginning of the AIDS epidemic. The illness affects every character as they struggle with their problems and try to cobble a life together in the face of great change.

However, in a cast of stars - largely the same cast from the acclaimed production at the National Theatre in London in the spring of 2017 - the play wears on, yet one is less power and almost impossible to look away from.

With half a dozen lead actors and a set of dramatic, complex roles, each actor has more than enough work in their primary role to stop there it would evidently be too simple - instead, they each play several other bits, including nurses, lawyers, Antony tour guides, and the oldest Bolshevik in Russia. To describe the nuances and humor of each role would take another thousand pages, so only their performances in their lead roles will be mentioned.

Nathan Lane plays real-life figure Roy Cohn, a closeted, cold-hearted attorney stricken by AIDS in the later acts of the production.

In his early scenes, he is comedic and charismatic, but still a figure to be wary of. As the acts and the illness wear on, he becomes less powerful, but still formidable. One phone call gets him a life-long supply of AZT drug treatments, which are only available to thirty people in the country, due to his clinical trial status; however, he remains haunted by the ghost of Ethel Rosenberg, a real-life Communist spy whose execution was championed by Cohn.

Roy Cohn is despicable and cold until his last moment - but Nathan Lane brings a needed desperation to the character, especially throughout Perestroika, when audiences see him ravaged by the illness that has claimed so many other lives.

If Nathan Lane is well-suit ed to the role of Roy Cohn, then the part of Prior Walter was all but written for Andrew Garfield. Garfield played the role of campy, AIDS-infected drag queen Prior Walter in Millennium Approaches, and clearly has been involved with the role for so long that he has become a second skin for him.

The actor who is known for Spider-Man and Hacksaw Ridge but that will likely be recognized at this year’s Tony Awards ceremony. In the final act, Garfield’s Prior, put ting on a show that will likely be recognized at this year’s Tony Awards ceremony. In the final act, Garfield’s Prior, putting on a show that

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MARK MARRONE
STAFF WRITER
Best F(r)iends is disappointing. With a bizarre plot and lack of chemistry, it may leave fans of The Room end up yet another great academic year. If you’re not pumped about Springfest already, you’re doing it wrong.

Some fans have been hounding Generator Mike Stud to perform at Springfest this year. Since he previously attended the event in 2006, it’s only natural for some of us to become more excited about his potential return. After his April 2015 release, Mike Stud has been promoting his album, The Beautiful & Damned, and the release of his mixtape, The Beautiful & Damned 2. His lyrics, with their relatable topics and catchy hooks, have made him a favorite among many.

Best F(r)iends is Far from the Best

For this movie, I’m surprised even that many people showed. Best F(r)iends is the return fans have waited for, but it’s an audition for letting down. With its acting, a sloppy script, braindead logic and quirky editing choices, it wouldn’t have been better if Sestero and Wiseau milked the fame from The Room a little bit longer. The story follows a homeless man, John, played by Greg Sestero, who befriends a mortician, Harvey, played by Tommy Wiseau. Harvey’s skill consists of giving beautiful new faces to the dead, but he also stashes their gold teeth. When he finds bags of gold in the morgue, he encourages Harvey to sell them in the black market.

No, you don’t need to clean your glasses, this is the actual plot. It may sound ridiculous, but Wiseau and Sestero have the special ability to turn garbage into gold.

However, this is just garbage. There’s surprisingly a story here, but writer Greg Sestero fails to move it along.

Events happen just to happen, which is why many people lose interest. For example, John is talking to Harvey, when suddenly the mortician announces he’s planning a yearly trip to Las Vegas that night. John obviously accepts and the mortician heads to Sin City.

Their trip to Las Vegas feels like an eternity. The film’s budget must’ve been large enough to shoot inside a casino, so the pair unconvincingly reenact a crazy night, which shows them stumbling around the streets for five minutes while a dreary guitar rips in the background.

Scenes like this with lengthy dialogues will make you want to check into Harvey’s morgue. It’s like scrolling through Instagram and coming across that person who shares a thousand photos of their vacation in Hawaii. We get it, move on! While their time in Vegas feels like watching two stars getting paid to go on vacation, there’s a moment of profound stupidity that will make you question the logic behind Sestero’s script.

After knowing John, a random temporarily mute homeless man who wore a bloody shirt when they first met, for two days, Harvey offers him the keys to the morgue in a partnership. At this moment, I should’ve left the theater and went about the rest of my night doing something better like watching paint dry. But oh, The Outlook, what do I do for you and your readers.

Just when you thought the monologues took forever, wait until you sit through the painfully awkward scenes of improvised dialogue. In The Room, Tommy Wiseau was bound to a script and read his dialogue line by line. It was terribly delivered, but good enough.

Instead, Director Justin MacGregor throws the script in the casket for Wiseau, creating a weird environment where actors have to adapt to the horrific behavior. Not only is Wiseau’s performance cringe-worthy, but it looks as though Sestero hasn’t attended an acting class since his time before The Room.

The actors say their lines as though they read the script for the first time when they hopped on set. The acting is a treacherous journey, as they talked about their favorite parts or lines. Many look to Room showings as a spiritual event where they can express themselves among others who have a bond with the movie too.

On the other hand, the few who left the theater after Best F(r)iends were scratching their heads and saying something like, “I think I enjoyed it.” It’s a movie which takes so much effort to like, but it fails you each time you try your best to chuckle at a silly joke.

Wiseau and Sestero should just stay in The Room.

MIKE STUD was announced by SGA to be the performer at Springfest this year. Mike Stud was announced by SGA to be the performer at Springfest this year.

Rapper Mike Stud will be performing at 2018’s Springfest. The Student Government Association (SGA) announced on Friday, March 30. According to Vibe, Stud’s journey to music began after injury. The Rhode Island native was an All-American relief pitcher at Duke University, but his dreams of playing in the majors were cut short due to his injury.

Taking a different path in life, Stud found a new direction through music. The 29-year-old has made waves in the music industry, especially in 2014 with the release of his second album Closer. The single “Icky” Closer peaked at thirteen on Billboard’s R&B/Hip Hop chart in 2014.

If you haven’t heard Stud’s music before, you have come across him on MTV. In 2016, he had his own reality show, This is Mike Stud. Stud’s reality show followed him on the tour during his nationwide Back2You tour.

Some of Stud’s most recent releases come from last year. His singles such as White, which features Toronto Blue Jays pitcher Marcus Stroman. Jihad Johnson, senior communication student and Director of Events and Programming, expressed his excitement about the upcoming show.

“Spring Fest is a couple of weeks away and I am pumped!” Mike Stud was announced by SGA to be the performer at Springfest this year. Mike Stud was announced by SGA to be the performer at Springfest this year. Mike Stud was announced by SGA to be the performer at Springfest this year.

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The Spring Fest committee—along with the other Events Committee—have both worked really hard this year to make the events SGA holds as great as they can be.

Jihad continued, “I’ve had the great opportunity to work with the Spring Fest committee all year and I must say Claudia [Sanchez] and Phoebe [Nelson] have worked extremely hard. A lot of the work they do sometimes goes unnoticed and I like to give them credit when credit is due.

If there’s one thing Jihad wants his peers to know, it’s that Mike Stud is a great artist and is going to put on a great performance for Monmouth University.” He is young and talented and full of energy, exactly what Monmouth needs to end off yet another great academic year. If you’re not pumped about Springfest already, you’re doing it wrong because it’s going to be epic.

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How do you stay motivated during the final weeks of the semester?

**Compiled by: Nicole Riddle**

**Brianna Scangarello**
Freshman
"I stay motivated during the final weeks by thinking of how great summer will be and how rewarding it will be to finish."

**Benjamin Joskowski**
Sophomore
"I stay motivated by thinking about my future and making sure I have no regrets by doing my best."

**Pavneet Kaur**
Junior
"I tell myself grades don’t define me as person, I know that if I work hard, then my hard work will pay off."

**Alyssa Cosentino**
Senior
"I think about how accomplished I will feel once the semester is over."

**Robert Scott**
Specialist Professor of Communication
"I would recommend relying on your friends, manage your time effectively and take breaks when helpful."
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PRESENTS

AFTER MIDNIGHT
VOLUME 12

ALBUM RELEASE SHOW

WED, APRIL 18TH
2:45 PM
ON THE RES-QUAD
St. George Greek Orthodox Church - Ocean, NJ

Wednesday the 4th
8:30 a.m. Pre-Sanctified Liturgy
4:00 p.m. Holy Uction
7:00 p.m. Bridegroom Service & Uction Administered

Thursday the 5th
6:00 a.m. Divine Liturgy of St. Basil & Uction Administered
7:00 p.m. Passion Gospels & Uction Administered

Friday the 6th
9:00 a.m. Holy Friday Royal Hours & Uction Administered
3:00 p.m. Apokathelosis & Uction Administered
7:00 p.m. Epitaphios Service & Uction Administered

Saturday the 7th
8:30 a.m. Divine Liturgy of St. Basil & Uction Administered
11:00 a.m. Canon of the Resurrection of Christ
12:00 a.m. Resurrection and Divine Liturgy

Sunday the 8th
11:00 a.m. Holy Pascha, Agape Service

2018 MUPD CRIME BLOTTER

732-571-4444
mupd@monmouth.edu

3/14/2018
0756
Cedar Hall
Criminal Mischief

3/14/2018
0700
Ocean First Bank Center
Criminal Mischief

b/w 3/2/18 - 3/5/18
b/w 1545 - 0825
Student Center
Theft

b/w 10/2017 - 3/14/2018
b/w unknown - 1015
Beechwood Hall
DV Simple Assault/ Harassment

b/w 3/14/2018 - 3/21/2018
Unknown
Laurel Hall
Fraud (Bad Checks)

3/25/2018
0010
Cedar Hall
PULA / Student Misconduct

3/25/2018
0132
Mullaney Hall
PULA / Student Misconduct

3/26/2018
1307
Lot 11
Student Misconduct

b/w 3/20/2018 - 3/24/2018
b/w 0800 - 0900
Elmwood Hall
Theft

3/29/2018
1620
Resident Parking Lot
Theft
'Take A Hike' with The Outdoors Club

GRACE ROEDER
The Outlook

Monmouth University’s Outdoors Club (ODC) was first established in 2006 in an effort to provide students with outdoor adventures beyond their academic exploration. ODC hopes to be the reason behind the founding of memories for students during their journey of college life. ODC prides itself on offering a nontraditional escape from the daily stresses of college life to the Monmouth University community through trips to new places.

ODC has organized extraordinary events like White Water Rafting down the Hudson River in the height of fall foliage and night spent under the stars around a campfire. ODC has also organized weekend multiple camping trips around the Garden State, horseback riding, and kayaking under the summer sun.

The Outdoors Club also offers students a break from hectic class schedules with day trips, such as rock climbing nights at a local rock gym, kayaking, and a blow out some steam, board game nights in the student center, picnics at Shark River Park, and hikes in parks surrounding campus.

The small size of Monmouth University sometimes limits the number of students who are able to attend the annual induction ceremony. However, this year the Monmouth University chapter held its annual induction ceremony of 156 first year students on April 4th, Friday, March 9. Phi Eta Sigma is the nation’s oldest and largest honor society for first-year college and University students. The honor society is based upon the honor, virtue, and discipline of mind; care and respect for the body; and above all, nobility and generosity of character; all characteristics that are expected of its members.

It is important to qualify for membership into the honor society, newly inducted members must have achieved academic success at a high level either by maintaining a high GPA or higher during their first semester as a Monmouth student. The induction ceremony began at 7 p.m with opening remarks from Society President Shannon Marren, a senior biology student. The audience consisted of inductees, families of inductees, and faculty and administration. Marren then introduced Phi Eta Sigma’s faculty advisor, Professor Mark Vignieri, Ph.D., tenured Full Professor in the School of Social Work.

"The students, standing before you, are the officers of the Monmouth University Chapter of Phi Eta Sigma National Honor Society. You are among the select few students who have met the requirements necessary for induction into Phi Eta Sigma," Mathbor said. ODC prides itself on having active members from a multitude of different educational levels, from freshman to Graduate students. Graduate business administration student, Joseph Grembowiec has been a member of the club for five years, and served on the executive board.

"I wanted to be part of a club and make new friends. The Outdoors Club gave me wonderful opportunities to camp in beautiful areas, relax and have fun after doing a lot of schoolwork, and it gave me a community which I appreciated for being me," Grembowiec said.

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"I wanted to be part of a club and make new friends. The Outdoors Club gave me wonderful opportunities to camp in beautiful areas, relax and have fun after doing a lot of schoolwork, and it gave me a community which I appreciated for being me," Grembowiec said. The students, standing before you, are the officers of the Monmouth University Chapter of Phi Eta Sigma National Honor Society. You are among the select few students who have met the requirements necessary for induction into Phi Eta Sigma," Mathbor said. ODC prides itself on having active members from a multitude of different educational levels, from freshman to Graduate students. Graduate business administration student, Joseph Grembowiec has been a member of the club for five years, and served on the executive board.

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We encourage everyone to share their stories, be it in a strong or not so strong example, to our team and all who come in contact with them.

According to Lombardo, everyone has a story and his goal is to hear everyone out.

LGBTQ+ Friendly Safe Spaces: Are Schools Doing Enough?

KERRY BREEN
SENIOR NEWS EDITOR

According to Reuters Health, a growing number of United States schools are increasing their anti-harassment policies and designated safe spaces for those who might be in need of counseling or support.

“While I believe that a safe space for LGBTQ+ students, I feel that there is still room for improvement when it comes to accommodating them on campus,” said Jesse Lee, a sophomore social sciences major.

The need for LGBTQ+ accommodating housing was mentioned several times as a way Monmouth could improve.

“In the Pohatcong Dorms, there is a resident advisor who is a LGBTQ+ student, I feel that she is doing a great job accommodating the students and helping them,” said Lee. “There are instances where the student may feel that they are not being accepted or may not feel safe.”

Other schools feature mentorship programs to help LGBTQ+ students. “At Pitzer College, in Claremont, California, there is a mentorship program called LGBTQ+ leaders. It is important to have these kinds of programs,” said Lee. “I would love to see something similar happen on campus.”

On campus, there are safe zone stickers on faculty offices to show students their office is a safe zone for LGBTQ+ Hawks.

Tell Me Your Story: All About Tony Lombardo

EMASVORNIC
CONTRIBUTING WRITER

Tony Lombardo of Forked River, NJ, is the epitome of a fighter. Lombardo was born with cerebral palsy; a portion of his life. However, his life changed when he was diagnosed at age 28 with multiple sclerosis (MS), right after the birth of his daughter.

“As a child, I spent much of my childhood in and out of hospitals, but it wasn’t until after I was diagnosed that I began to understand the severity of my condition.”

Lombardo’s battle with MS began when he was diagnosed at age 28 with multiple sclerosis (MS), right after the birth of his daughter. Lombardo’s journey with MS has been one of perseverance and determination. He has faced many obstacles and has continued to push forward despite the challenges.

Tony Lombardo’s [in this world],” Buzza said.

Tony Lombardo is an inspiration. He has never used MS as an excuse to remain stagnant, but has rather used it as a force to continue forward. As Lombardo says, “Everyone has a story to tell. It takes someone strong to make someone strong.”

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How to Ace Your Interview

ALEXANDRIA AFANADOR
MANAGING/FEATURES EDITOR

At some point in our lives we have or will be going into an interview; more times than not, we are nervous, excited, and a little sweaty. To combat those unfortunate side effects of finding your career or finding a side job to make some cash, there are some tips and tricks that can help you navigate your way through it.

Director of Career Services, Jeff Mass said, “The interview is essentially an ‘elimination process’ and it requires you to try weeding out those who are not the most worthy of the position.”

Having a resume is typically what gets you into the interview process. “Your resume was strong enough to get you to the interview—now it’s time to bring it to life. Turn your experiences into a compelling story that reflects who you are, what you have done, and how you have made an impact,” Mass said.

Before even getting to the interview, it’s important to remember that preparing yourself and planning ahead of time are two main essentials you need to remember.

Mass suggested, “If you are a college student, set up an appointment with your career center and have them conduct a mock interview with you. Do some research on topics that may come up and try to have a general strategy for answering common questions.”

“To prepare for these, you’ll need two places: a professional place or internship experiences that describe your endeavors or show how you dealt with a difficult situation,” he continued. Being able to draw on previous situations you were able to navigate as an interview candidate may not have had to face or did not bring up might be able to put you ahead of another potential hire.

Maggie Ripnick, a senior English and education student said, “When I first go into an interview, my first thoughts are: what are they going to ask me, who exactly is going to interview me, how long is it going to be?”

“In order to prepare for my interview I try to stay calm as best as I can. I also research the company or school that I am going to interview at; more times than not, I have some background knowledge on them. I also keep in mind that everyone at some point in their career goes through the same process of interviewing so it is all relative to me and I am not the only one and that makes me less nervous,” Ripnick continued.

Ema Svorinic, a senior business administration student said, “My first thoughts are to relax and be myself. I research the company’s background, their major focuses and impression and think of ways that I can fit into that culture and team and what I can bring to the company so that I am prepared to bring that to the interview.” Svornic continued.

The way you answer questions is abundantly important and one of the main pieces of an interview with any future employer whether it be for a summer job, an internships, or your potential career. When nearing the end of an interview, a lot of people get stumbled when the interviewer asks, “Are there any questions you have?” Mass suggests that you should be able to ask questions that prove you are willing and eager to learn more about the company.

His examples are: “What are your expectations for this role during the first 30 days, 60 days, a year? Describe the culture of the company, what are the next steps in the interview process?”

Of course, the way you are able to speak and communicate with your future employer is necessary, the way you present yourself is also a key factor in being hired.

First impressions can go a long way, especially when it comes down to the way you appear in front of your future employer. Dress in a manner that is professionally appropriate to the position for which you are applying. In almost all cases, this means wearing a professional suit,” Mass said.

While dealing all of these important things before and during your interview may help you get the gig, there are some of the ‘little things’ that matter more on the day, like, “Is there a little more to it than just the big things? How I interview is about more than just giving answers to questions- it’s also about the impression that you make. Here are some of the ‘little things’ that matter more on the day. Arrive on time, send a thank you email or note within 48 hours, knock the dress code, attention to your body language, be friendly to everyone you meet.”

Preparing answers to interview questions gives you an edge over the competition.

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Baseball Comes Back to Win Series Against Canisius

ANDY STUDNA
STAFF WRITER

Following a series loss at the hands of Marist, the Monmouth University baseball team looked to rebound in their first four home games of the season.

Last week, the Hawks split decisions in four home games which included a matchup with Hofstra and a three-game set with Canisius.

The Hawks’ first home win of the season came in a 4-2 victory in the opening game of the series against Canisius. The Golden Griffins jumped out to an early 1-0 lead after a run batted in (RBI) double in the third inning. The blue and white wasted no time in responding in their half of the third.

The inning started with a lead-off double courtesy of senior infielder Justin Trochiano. Junior outfielder Kyle Norman capitalized on a successful sacrifice and laced an RBI single up the middle to tie the game at one. Senior infielder Shane Hughes capped the inning off by driving in a run on a groundout, giving the Hawks the lead at 2-1.

Senior right-hander Ricky Dennis threw six strong innings, allowing his offense to go to work late in the game. Dennis struck out four and allowed only two earned runs in what turned out to be his second victory of the season.

“We’ve been working on having a plan and Ricky came through big,” said Head Coach Dean Ehehalt.

The Hawks offense went to work in the fifth. Sophomore outfielder John LaRocca busted a double that led to a rally that ultimately failed to first was off-target. It allowed outfielder Kyle Norman capitalizing on a successful sacrifice and driving in a run on a groundout, giving the Hawks the lead at 3-1.

Senior right-hander pitcher Austin Counsellor pitched two innings in the 4-2 win on Friday and three on the 9-3 win on Saturday.

Senior right-handed pitcher Austin Counsellor pitched five shutout innings in the Canisius series. Counsellor pitched two innings in the 4-2 win on Friday and three on the 9-3 win on Saturday.

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Softball Sweeps Fairfield in Two Games

SOPHIA GALVEZ
STAFF WRITER

Softball crushed preseason Metro Atlantic Athletic Conference (MAAC) favorite Fairfield University with a 6-2 shutout in game one, and 8-2 in game two in opening games of the MAAC conference on Saturday afternoon.

In game one, senior right-handed pitcher Amanda Riley was a menace on the mound, pitching a complete game with 12 strikeouts, while sophomore right-handed pitcher Megan Staufer picked up the game two win also pitching a complete game.

Head Coach Shannon Salsburg commented on the girls’ pitching performances. “Both pitchers threw outstanding today. Amanda [Riley] really shut them down in game one, and Megan [Staufer] came in for game two and just got ground ball after ground ball. I couldn’t have been more pleased with their start.”

The Hawks took the lead early in game one with sophomore first baseman Kayla Rosado hitting a run batted in (RBI) single to right field, allowing senior outfielder Chloe Novak’s double, making the score 2-0, and again in the top of the fifth inning when senior outfielder Katie Baron hit a single and sent her home.

In the top of the sixth, the Hawks made the score 6-0 shutout that they would eventually win with, starting with sophomore utility infielder Amanda Hopeck’s solo home run ignited the inning. Later, Rosado scored sophomore outfielder Sam Tomasetti on a groundout with bases loaded. Monmouth once again got the early lead in game two by scoring three runs in the top of the second inning. Sophomore shortstop Deanie King walked with bases loaded, freshman outfielder Morgan Mazzari hit an RBI single, and Tomasetti building some momentum from this experience.”

Some of those positives center around the ability for Monmouth to generate chances. The Hawks took a total of 27 shots compared to Marist’s 30 with 20 of those shots on goal. Furthermore, the team was able to take a total of nine free positions with six of those in the second half. The issue was that Monmouth was unable to convert any of those high-quality chances.

Additionally, Marist’s Goalie Gill Delaney can be credited with an impressive performance. Delaney was a stalwart in net all day long, with a total of 17 saves when it was all said and done.

Other news, Smith was named as the MAAC Atlantic Division student-athlete of the week. This was following an impressive performance against Quinnipiac where Smith recorded four goals in the win. Smith currently holds a 3.8 grade point average and is expected to graduate in May with a degree in Biochemistry.

This is not the first time Smith has been recognized for her academic efforts. Smith was named to the Intercollegiate Women’s Lacrosse Coaches Association Academic Honor Roll and MAAC All-Academic team last year. Furthermore, Smith has 17 straight games and is 12-0 on goals list in Monmouth’s History.

Monmouth will look to return to winning ways with two matchups this week. First, they will take on Fairfield at 3:00 p.m. on Wednesday April 4th in West Long Branch. Then on Sunday, they will travel up to Buffalo to face off against Canisius at 11:00 a.m. Both games will be broadcast on ESPN3.

Chris Fitzsimmons
Staff Writer

Women’s Lacrosse Falls to Marist 14-3 on Saturday

Women’s lacrosse team dropped their matchup over the weekend against in conference rival Marist, 14-3. The Hawks now stand at an overall record of 3-8 and 1-1 in Metro Atlantic Athletic Conference (MAAC) Play.

Marist registered the first goal of the game in the 25th minute taking advantage of a Monmouth yellow card. Monmouth quickly responded with a goal from sophomore midfielder Chloie Novak a minute later. At this point both defenses buckled down and no team let up a goal for the next six minutes.

Marist would break the scoring drought with two goals each within two minutes of each other, to take the 3-1 lead. Monmouth’s senior midfielder Alexis Smith and sophomore midfielder Allison Tururaro each scored to bring the Hawks to even with ten minutes left in the half.

Marist snatched back the lead moments later and Monmouth appeared to have tied it again off a goal by Smith, but it was recalled due to a crease violation. The Red Foxes pushed their advantage with three goals over the remainder of the half and it stood 6-3 Marist.

The narrative at this point was that both teams were evenly matched and neither able to grab a substantive lead. Both teams were nearly dead even in the statistics department. For instance, Monmouth recorded 14 shots compared to Marist’s 30 with 20 of those shots on goal. Furthermore, the team was able to take a total of nine free positions with six of those in the second half. The issue was that Monmouth was unable to convert any of those high-quality chances.

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UPCOMING GAMES

Wednesday, Apr. 4
W Lax vs. Fairfield*
Kessler Stadium
West Long Branch, NJ 3:00 p.m.

W Tennis at Quinnipiac*
Hamden, CT 3:00 p.m.

Softball at Delaware
Newark, DE 3:00 p.m.

Softball at Delaware
Newark, DE 5:00 p.m.

Thursday, Apr. 5
Baseball at Princeton
Princeton, NJ 3:00 p.m.

Track & Field
Colonial Relays
Williamburg, VA TBA

Saturday, Apr. 7
Softball vs. Rider*
West Long Branch, NJ 12:00 p.m.

Softball vs. Rider*
West Long Branch, NJ 2:00 p.m.

Baseball at Quinnipiac*
Hamden, CT 12:00 p.m.

Baseball at Quinnipiac*
Hamden, CT 3:00 p.m.

M Lax vs. NJIT
Kessler Stadium
West Long Branch, NJ 1:00 p.m.

*conference games
Going into the seventh inning down by one, the Hawks exploded with seven runs to make the eventual score 9-3. Sophomore catcher Zach Schild reached on a fielding error that gave them two of the seven runs.