The University’s Stand Up to Vote campaign and the Political Science Club hosted the first of two Rock the Vote events in front of the Rebecca Stafford Student Center, on Wednesday, Sept. 26.

The event succeeded at getting more than 160 students on campus registered to vote, and featured free pizza, t-shirts, and a star-spangled dinosaur mascot. Joseph Patten, Ph.D., an associate professor of political science, and one of the coordinators of the Rock the Vote campaign, explained that the event was organized by a volunteer group, consisting of students, faculty, and administrators from all six schools, as well as University President Grey Dimenna, Esq. “All six schools gave contribution to help fund the effort,” Patten said. “Our goal is to register 400 students on campus this semester.”

In order to plan the event, the Political Science Club held meetings once a week on Wednesdays to come up with fun and creative ways to get students registered to vote. “A lot of the ideas come directly from the students,” said Patten.

One of the ideas that has been utilized has been the “classroom barnstormers,” about 20 students who are going through classes on campus to help raise awareness about elections and helping to register students that way. Landon Myers, a senior political science student with a minor in economics, and President Dimenna and Vice President Nagy during the voter registration event.

University Launched New Institute for Health and Wellness

ZACH COSENZA    EDITOR-IN-CHIEF

The University announced the establishment of its new Institute of Health and Wellness (IHW), a campus-wide initiative that will serve as a central health and wellness resource for the University and surrounding community, on Tuesday, Sept. 18.

The IHW will leverage the University’s existing academic programs in the health fields and regional partnerships with hospitals and other community-based partners, and will be an organization for education, research, and community engagement.

Belinda Anderson, Ph.D., the new Director of the IHW, explained that a significant part of her job includes getting funding, managing projects, and creating and strengthening partnerships with other organizations. “My job as Director will involve shaping the Institute’s focus and goals,” she said. “The Institute’s activities will encompass education, research, community service and collaboration, and will be interdisciplinary. I am responsible for collecting feedback from internal and external stake holders to collectively benefit from internal and external stake holders to collectively shape the Institute’s focus and goals,” she said. “The Institute’s activities will encompass education, research, community service and collaboration, and will be interdisciplinary. I am responsible for collecting feedback from internal and external stake holders to collectively

News

Spanish Heritage Celebrated

Pg. 3

Entertainment

Sea.Hear.Now Festival

Rocks Asbury Park

Pg. 10

Features

The Memoirs of Melissa Febo

Pg. 16

INDEX

1

News

2

Editorial

4

Opinion

5

Sports

18

Features

16

Entertainment

10

Lifestyles

9

Viewpoints

12

Politics

6

Election

8

Entertainment

10

The Outlook

Vol. 91 No. 4

October 3, 2018

OUTLOOK.MONMOUTH.EDU
Anderson Named First Director of IHW

My goal is to develop the IHW so that it embodies the concept of the Institute for Health and Wellness. Palladino said that he could see a new graduate degree in public health as a potential educational goal that the IHW would pursue.

"We are very pleased to welcome Dr. Anderson to this role, as she brings a wealth of knowledge and experience traversing many aspects of academia, research, and management following a nearly 30-year career in higher education," said University President Grey. Dimenta, Esq., General Counsel for the University, added, "Healthcare is ultimately about helping people to lead happy and healthy lives, and having been a clinician, I understand what that involves in working one-on-one with patients."

Dr. Anderson said, "I always wanted to be a faculty member as a professor because they don't always understand each campus. They have a teaching style that I'm not used to having it hard. I sometimes do well in class."

Some students struggle with the administrative styles of new professors, with their main concern being their grades. Henning argues that the best way to combat issues with new professors, as well as old professors, is getting to know them. "What all [Monmouth] students should do is get to know their professors," advised Henning.

"Spend time with them or reach out to them other than just when they're [the students] just listening to them or interacting with them."

The new faculty hired have a lot to bring to the table, in terms of what they can offer students. They are bringing their experiences outside of the University into their classrooms and giving students a new perspective on various topics. President Dimenta has high hopes for them and believes that they can fill the shoes of faculty members the University has lost. "They [new faculty] are very diverse in their backgrounds which I think is very important for the University. Also, they are very enthusiastic which is an important characteristic for a teacher."
Hispanic Heritage Month was celebrated through musical performances and a keynote speech by Wilda Diaz.

The University held the first ever opening ceremony for Hispanic Heritage Month on Monday, Sept. 17, marking the beginning of a series of events that will run through Friday, Oct. 19.

The event began with a lively musical performance and dancing in front of Wilson Hall, followed by a flag parade to Anacon Hall in the Rebecca Stafford Student Center for a keynote speech by Wilda Diaz, Mayor of Perth Amboy, and an dance performance by Alborada, a Spanish dance company based in New Jersey.

The event was organized by the Hispanic Heritage Month Committee with the sponsorship of the Office of the President, the Office of the Provost, the School of Humanities, Social Sciences, Gourmet Dining, and the Educational Opportunity Fund Program among others. The theme of the series of events is “One Endless Voice to Enhance our Hispanic voices, especially in our political climate,” said University President Grem Dinnem, Esq., who is an Alborada’s Dancer. “One of the greatest opportunities you have here at the University is the ability to meet people from different backgrounds, different cultures, different religions, and get a better understanding of the people that make up wonderful country.”

“I think it’s really important that we celebrate diversity and the most importantly celebrate who we are as students,” said Diaz in her keynote speech, highlighting that the month of events was a great step in appreciating the Latino culture that she proudly represents as the only Latina mayor in New Jersey. “We can’t continue to allow the current president’s administration to diminish and be so disconnected with the people of this nation that only come here to live the American dream and to make this country the hard work,” Diaz continued.

“Events like these are important because it helps students who normally don’t interact with Latinx people to take a step outside of their comfort zone and ask questions they have always wanted to ask,” said Daily Mots, a junior criminal justice student. “I think especially in our political climate for people to view Latinx people as human instead of political actors.”

“I think [that events like this ceremony] are important because it gives our students the opportunity to showcase the diversity that exists here at Monmouth University and the different cultures that exist within the Hispanic-Latino community and be able to celebrate it and appreciate it in a very unified process,” said Alborada’s Director of Educational Opportunity Fund (EOF) and member of the Hispanic Heritage Month Committee, Delgado, said this event holds a special significance to celebrate Latino scholarship, traditions, and contributions to society. The month of events will allow people to move beyond stereotypes and generalizations to gain more awareness about what it means to be part of the Latino community, explained Delgado. He also emphasized the importance of Dinnem taking an active role in the festivities, which shows how seriously the University takes diversity and inclusion.

Diaz encouraged members of the audience to continue to strive for a sense of community and service to the less fortunate, as part of the responsibilities associated with the celebrations. “Just keep dreaming, keep fighting, and don’t forget where your families are from. They worked really hard to get you here and they’ve always been supportive of you,” she said. Stressed that it is important to speak up against those who would rather silence Hispanic voices, especially during these trying times. “Hispanic heritage to me means to be proud of your culture and who you are, and of those who came before you,” said Motas. “Coming to Monmouth University can sometimes be very isolating, and celebrations like this and seeing other pears.”

Hispanic Heritage Month is on Oct. 19 in the Becky Stafford Student Center between 2:30 p.m. and 4:30 p.m. and to help fellow students register to vote. "Of course, I think it’s important for anyone to exercise their informed opinion. However, much of the way I app-
The Importance of Voting

Kathryn Cahill

Election Day is Nov. 6, and the University has already begun getting students registered to vote with its nonpartisan “Rock the Vote” campaign, hosted by the Political Science Club on campus. As the 2018 midterm elections approach, The Outlook has been talking about the importance of voting, and getting involved in all levels of active citizenship. All of the Editors are registered to vote, except for one, who said: “I do believe that voting is important. However, politics is something that I do not pay attention to, and something I am not educated on, at my own choice.”

Evidently, these doubts are not uncommon among voters. Whether it be because they feel uninformed on the issues or because they are not confident in the candidates, nearly 43 percent of eligible voters abstain from voting, according to the U.S. Elections Project.

As Americans, we are granted the right and the immense responsibility of electing others to represent us at all levels of government, from local school boards and state assemblies to the United States Congress and the presidency.

“It is important to vote because it is your way for your voice to be heard in decisions that will affect you,” one Editor said. “I am a firm believer in the idea that your one vote counts.”

“As a woman, it is particularly important to me, since we went without the right to vote for so long,” another Editor said. “The day when registered to vote, I felt like I wasn’t just doing it for myself, but for every woman who fought for that right before me.”

However, despite the importance of our own vote, many Americans still feel that their voice does not count at the ballot. Partisan ship plays a large role in the disincentive to vote. Many constituents are represented by a politician who does not share the same political affiliation as they do; and many voters live in districts that vote overwhelmingly for a specific party. “It is important to vote, but I can understand why people feel discouraged,” one Editor said.

“When my town elected an all Democratic council for the first time in decades, I felt a sense of difference. However, when I vote against Congressman Smith and see that he still wins by 70 percent, I feel my vote is wasted,” the Editor continued.

Another Editor suggested that one should always vote, despite the odds which they are voting against. “In American democracy, we value the choice to vote who is in; office; it allows us to have a say in what happens in the political world,” they said. “If your candidate doesn’t win, at least you can live with the fact that you voted for who you thought was best.”

While many eligible voters may have doubts when making their decisions, younger demographics, especially college students, feel significantly apathetic toward voting. “I believe that many young voters abstain from voting because they are either unenthused by the candidates or they do not believe that politics immediately affects them,” one Editor noted. “Many young people are also just not registered to vote or they don’t know how to do so,” they continued.

Going to the polls to cast a vote also becomes difficult when student voters are living on campus with no means of transportation or are living outside of their own district or their home-state. Situations like these are when absentee ballots and voting by mail become an important link to the election process.

Because they have never voted while outside of their home-state, many of the Editors were unaware that voters could apply for an absentee ballot if they are living outside of their own voting jurisdiction.

“I’ve never been out of state during elections. I have, however, mailed my ballot in with plenty of time to spare,” one Editor noted.

One Editor said that accommodations such as voting by mail and applying for absentee ballots are something that they have looked to learn more about, since they wish to live outside of the university in the future.

Although deadlines for voter accommodations differ, any registered voter may apply for an absentee ballot and vote by mail. In New Jersey, applications for an absentee ballot must be received seven days before Election Day, by mail, or by 3:00 p.m. the day before Election Day in person, according to the New Jersey Department of State. All voted ballots are due by the close of polls on Election Day.

Many of the Editors will be casting their vote on Election Day this year, and we encourage all registered voters to do the same, especially students and young people. Because government depends on the consent of the governed, we have the right to expect our voices to be heard and our votes counted, and our votes to count in making a difference. So whether you are voting Democrat, Republican, or Independent this election cycle; just be sure to make your voice heard at the ballot and vote!

HOW TO SUBMIT ARTICLES OR LETTERS:

The Outlook provides the Monmouth University community with information concerning issues in and around the University while serving as a forum for expression of the ideas of its readers.

Contributions must be submitted (email outlook@monmouth.edu) by 12:00 p.m. Sundays to The Outlook office, 2nd floor, room 260, Pfragere Center. All copy must include the author’s full name and contact information. The Outlook accepts articles and graphic material from students, faculty and administrators, and reserves the right to edit or reject any material which they determine is not suitable for publication or its readers. Copy and advertising appearing in The Outlook do not necessarily reflect the views of Monmouth University or The Outlook.

Serving the Monmouth community since 1933

Follow us on: @Outlook4

DISCLAIMER: All articles appearing in the Op/Ed section of The Outlook are solely the opinions of the authors and do not reflect the views of The Outlook’s editors (unless otherwise noted) or any and all advertisers. Opinion articles are run unedited and the content is the sole responsibility of their authors. All students and faculty are welcome to respond to any opinion piece that appears on these pages, and everyone is encouraged to submit an article for consideration. The Outlook reserves the right to withhold any articles deemed inappropriate or otherwise unfit to print in the Op/Ed section. Due to legalities, The Outlook will no longer print anonymous articles.
Fall Break? Fall Break.

RILEY BRAGGER
CONTRIBUTING WRITER

As October is finally here, there is one thing I’m sure most of us are thinking about... Fall Break. The semester is starting to pack up and classes are becoming busier and busier. The summer days are finally winding down and we are fully immersed in classes and extracurricular activities. We have stopped counting the hours of sleep we are getting or the cups of coffee we are consuming. The due dates of assignments start to appear faster and the anxiety of classrooms and final exams are coming to an end in fall swing.

Fall break gives students and faculty a time to catch their breaths. In such a fast pace society, we sometimes forget the power of breaks. There are many schools that do not give full breaks because they do not feel it is necessary to take more time out of the academic school year. Emma Stuckenber a senior at Monmouth University said, “Fall break is important especially to freshmen who are transitioning into college. It is most likely their first time being away from home and it allows them to spend time with their family and refresh before continuing on as a college student.”

The Monmouth Plague is in full effect right now. Think to yourself how you have been feeling lately. As the temperatures start to fluctuate there starts to become more sicknesses roaming around campus. Especially, when living in the dorms it becomes a Petri dish of sickness. Having a break does not only help your mental health but also your physical health. Getting away from your dorm rooms for a few days can improve your health immensely.

Mental health is a very prevalent issue for college students in today’s society. There is great pressure of performing at high levels in the classroom. This stress can cause students to spend time not only in short but also long term. A study done by the Associated Press said, that eight in ten college students have experienced some type of stress in their daily lives. As a result, stress can cause students to perform at lower levels because the pressure is crippling.

While most schools do not have fall break, Monmouth values the physical and mental health of their students. Maryn Hubak, a sophomore transfer student said, “Having this opportunity of a fall break makes me more relaxed because I know I’ll have the time I need to catch up on work and sleep. Also, I am excited to be able to go home to see my family as I value family greatly.” Fall break is something that gives you a break from your studies whether it is to catch up on work or relax.

A major draw that Monmouth offers other universities is the fall break. Students who choose to go home often have the time to give their students breaks. Every school should make it a priority to give their students breaks. This is an investment in the students. This is not only a time for the students to relax but also a time for them to catch up on work. Students who choose to work over fall break make the most out of the break and are able to get ahead.

Imagine a world where technology has completely taken over. It isn’t as far fetched as you may think. Though it may be difficult to admit, especially for the younger generation, the concepts surrounding social media are quickly shaping the ways in which we think and go through our everyday lives. The impact that it has is the reason why I feel so strongly that we, as a society, spend too much time on social media.

Back in 2013, comedian and actress Charlene deGuzman wrote and starred in a YouTube video entitled “I Forgot My Phone.” The video captures the disheartening reality of social media’s control over our lives, or rather the control we allow it to have.

The video depicts deGuzman going through her day being surrounded by both loved ones and strangers alike who have an unhealthy infatuation with their cell phones. Whether it was during a lunch outing with friends, a concert or even being in bed with her boyfriend at night and during the morning, she is sidetracked by everyone around her. The saddest part is how understandably real this video’s depiction is.

If I’m standing in line waiting for food at the Student Center or even when I manage to get to class a few minutes early, it is almost guaranteed that there will be people hunched over their phone screens in order to avoid interaction with the people around them. Admittedly, I’m also guilty of the mindless scrolling that social media offers. It’s easy in moments of silence to turn to something that provides us with so much noise.

I think we also have this idea that we need to prove to others that our lives are worth paying attention to. We’ve all heard that social media is simply the highlight reel of people’s lives, but has it really sunk in yet? Why is it that we try so hard to paint such a perfect online life?

As a society, we have become addicted to our phones and the apps that fill them. Social media is such a big part of people’s lives, but when is it too much?

Is Social Media Taking Up Too Much of Our Time?

SAMANTHA RIVAS
CONTRIBUTING WRITER

As a society, we have become addicted to our phones and the apps that fill them. Social media is such a big part of people’s lives, but when is it too much?

When in reality, that Instagram post about your anniversary with a significant other is hideous. Seeing the fights you had with them this morning, or that salad in your jacket, or the cackler, etc. The drive-in catering to the wants of each and every type of diner; the romantic, the cheapskate, the heavy snacker, the whisperer, the cackler, etc. The drive-in caters to the wants of each and every type of diner; the romantic, the cheapskate, the heavy snacker, the whisperer, the cackler, etc.

Pointing them to the wants of each and every type of diner; the romantic, the cheapskate, the heavy snacker, the whisperer, the cackler, etc.

As the temperatures start to fluctuate the Monmouth Plague is in full effect right now. Think to yourself how you have been feeling lately. As the temperatures start to fluctuate there starts to become more sicknesses roaming around campus. Especially, when living in the dorms it becomes a Petri dish of sickness. Having a break does not only help your mental health but also your physical health. Getting away from your dorm rooms for a few days can improve your health immensely.

Mental health is a very prevalent issue for college students in today’s society. There is great pressure of performing at high levels in the classroom. This stress can cause students to spend time not only in short but also long term. A study done by the Associated Press said, that eight in ten college students have experienced some type of stress in their daily lives. As a result, stress can cause students to perform at lower levels because the pressure is crippling.

While most schools do not have fall break, Monmouth values the physical and mental health of their students. Maryn Hubak, a sophomore transfer student said, “Having this opportunity of a fall break makes me more relaxed because I know I’ll have the time I need to catch up on work and sleep. Also, I am excited to be able to go home to see my family as I value family greatly.” Fall break is something that gives you a break from your studies whether it is to catch up on work or relax.

A major draw that Monmouth offers other universities is the fall break. Students who choose to go home often have the time to give their students breaks. Every school should make it a priority to give their students breaks. This is an investment in the students. This is not only a time for the students to relax but also a time for them to catch up on work. Students who choose to work over fall break make the most out of the break and are able to get ahead.

Imagine a world where technology has completely taken over. It isn’t as far fetched as you may think. Though it may be difficult to admit, especially for the younger generation, the concepts surrounding social media are quickly shaping the ways in which we think and go through our everyday lives. The impact that it has is the reason why I feel so strongly that we, as a society, spend too much time on social media.

Back in 2013, comedian and actress Charlene deGuzman wrote and starred in a YouTube video entitled “I Forgot My Phone.” The video captures the disheartening reality of social media’s control over our lives, or rather the control we allow it to have.

The video depicts deGuzman going through her day being surrounded by both loved ones and strangers alike who have an unhealthy infatuation with their cell phones. Whether it was during a lunch outing with friends, a concert or even being in bed with her boyfriend at night and during the morning, she is sidetracked by everyone around her. The saddest part is how understandably real this video’s depiction is.

If I’m standing in line waiting for food at the Student Center or even when I manage to get to class a few minutes early, it is almost guaranteed that there will be people hunched over their phone screens in order to avoid interaction with the people around them. Admittedly, I’m also guilty of the mindless scrolling that social media offers. It’s easy in moments of silence to turn to something that provides us with so much noise.

I think we also have this idea that we need to prove to others that our lives are worth paying attention to. We’ve all heard that social media is simply the highlight reel of people’s lives, but has it really sunk in yet? Why is it that we try so hard to paint such a perfect online life?
The University of New Jersey Policy

The program was created to provide a venue for public officials to share their expertise with students and the campus community at large, “writes University President Greg Dimon, Esq., in an email inviting students to attend the forum.

Paul Dement, the Director of Government and Community Relations, orchestrated the event on behalf of the Office of the President.

He believes that pensions are an important issue for the state of New Jersey and, “The panelists must be accountable to communicate that,” he said.

When asked Dement if he thought of pensions to be more important than other issues facing New Jersey residents, such as the current property tax issue, he said that he considers all of these issues to be connected.

“I am not saying that [the pension] issue is necessarily more important than any other issue, or more important of the current issue for the state,” Dement explained.

“Instead of the ‘free reign’ of popular opinion, the administration must be held accountable for the current pension crisis: government officials failed to accept responsibility and that state employers have lax in putting money away annually for their workers’ pensions.”

In addition to Kyrillos, the first panel included New Jersey Senate President Stephen Sweeney (D-Gloucester); Richard Aveekey, a former-Budget Director and Comptroller for New Jersey; Tom Byrne, former-Chair of Senate Investment Committee; Peter Rennert, Esq., Director of the University’s Kislak Real Estate and Finance Institute; and a member of the Fiscal Policy Working Group; and Gordon MacInnes, a federal judge, the current State-Senator, and President of Chief Executive of New Jersey Policy Perspectives.

The program continued to bridge the current partisan divides in politics.

President Donald Trump issued new tariffs on approxi-$200 billion worth of Chinese goods, on Monday, Sept. 17.

The first round of 10 percent tariffs were set to take a rate of 25 percent by Jan. 1, 2019, and could increase to the $50 billion worth of goods that were already taxed earlier this year.

With the first round of tariffs, China countered by implementing their own tariffs on $50 billion worth of US goods.

As a result, the Trump administration enacted the new tariffs. Nearly half of all Chinese imports to the US now have levies or tariffs on them.

The tariffs will only affect certain Chinese goods; selectively, the economy.

President Donald Trump is studying the impact of the tariffs on the US economy, and is gathering input from experts.

As a result, the Trump administration enacted the new tariffs. Nearly half of all Chinese imports to the US now have levies or tariffs on them.

The tariffs will only affect certain Chinese goods; selectively, the economy.

President Donald Trump is studying the impact of the tariffs on the US economy, and is gathering input from experts.

As a result, the Trump administration enacted the new tariffs. Nearly half of all Chinese imports to the US now have levies or tariffs on them.

The tariffs will only affect certain Chinese goods; selectively, the economy.

President Donald Trump is studying the impact of the tariffs on the US economy, and is gathering input from experts.

As a result, the Trump administration enacted the new tariffs. Nearly half of all Chinese imports to the US now have levies or tariffs on them.

The tariffs will only affect certain Chinese goods; selectively, the economy.

President Donald Trump is studying the impact of the tariffs on the US economy, and is gathering input from experts.

As a result, the Trump administration enacted the new tariffs. Nearly half of all Chinese imports to the US now have levies or tariffs on them.

The tariffs will only affect certain Chinese goods; selectively, the economy.

President Donald Trump is studying the impact of the tariffs on the US economy, and is gathering input from experts.

As a result, the Trump administration enacted the new tariffs. Nearly half of all Chinese imports to the US now have levies or tariffs on them.

The tariffs will only affect certain Chinese goods; selectively, the economy.

President Donald Trump is studying the impact of the tariffs on the US economy, and is gathering input from experts.

As a result, the Trump administration enacted the new tariffs. Nearly half of all Chinese imports to the US now have levies or tariffs on them.

The tariffs will only affect certain Chinese goods; selectively, the economy.

President Donald Trump is studying the impact of the tariffs on the US economy, and is gathering input from experts.
MONMOUTH UNIVERSITY
CLUBS & DEPARTMENTS:

PROMOTE YOUR EVENTS WITH
THE OUTLOOK NEWSPAPER

10% FREQUENCY DISCOUNT FOR
3-5 RUN DATES!

Visit our website at:
outlook.monmouth.edu
to download ad form.

Complete ad form and return to:
outlookads@monmouth.edu.

PLANGERE CENTER FOR COMMUNICATION
SECOND FLOOR, ROOM 260
PHONE: (732) 571-3481

Monmouth Global’s
Study Abroad Fair
Friday, Sept. 28
Erlanger Garden
2pm-6pm

Parent Info Session
Wilson Hall
Room 104
RSVP: GEO@monmouth.edu
dinner provided
HELP WANTED

MIKE DUFFY’S PERSONAL TRAINING, Oakhurst NJ
Seeking a motivated, bright, friendly Front Desk Receptionist
Job entails: Greeting clients Computer entry
Touring guests Appointment scheduling & Sales Calls
*HS diploma and College coursework required
*Proficient in Microsoft Word and Excel
*Strong verbal and written communication skills
*Outstanding customer service *Organizational skills
Approximately 17 hours per week, Three shifts 8am to 1pm/3pm Tuesday, one afternoon shift 12pm to 4pm and Thursday 4:30pm to 7:30pm and Saturday 8am to 12pm. Additional shifts available.
This is a fun positive work atmosphere! Fitness perks- boot camp classes, personal training at cost and work out in club on off hours.
Please email resume to Carolann@mikeduffyspt.com
Thank you very much!

CRIME BLOTTER

6/6/18 - 9/24/18
0900 - 1130
Pollack Theatre
Theft

9/2/2018
1742
Maplewood Hall
Harassment

9/29/2018
0013
Elmwood Hall
Ps ULA w/ alcohol/ Student Misconduct

WINTER SESSION AT TCNJ
January 7–25, 2019
Travel, Blended and online courses may start sooner.

WINTER SESSION AT TCNJ
January 7–25, 2019
Travel, Blended and online courses may start sooner.

Visit: winter.tcnj.edu
Check for summer courses, too
A Quick View on How to Ace That Interview

AMANDA BALESTRIERI CONTRIBUTING WRITER

“Tell me about yourself” is the dreaded interview question. The process of applying for positions and preparing for interviews can be a full-time job itself. It’s important to be prepared for an interview and ready to tackle the question face to face or over the phone.

When you’re preparing for the interview, make sure you have the ability to elevate your mood and alter your mindset.

Stay Active

Monmouth University has a variety of resources that can help students with their college workload. The Ocean First Bank Center is home to the fitness center that is free to students by utilizing that as an excuse to not exercise. Monmouth University offers a multitude of intramural, recreational, and club sports where students can find an activity that they find enjoyable while potentially making new friends and relational connections. Take advantage of the area. Living so close to the beach gives its perks. The surrounding area has minimal hills, which makes it easy for easy running. Grab a friend or put in your headphones, go for a walk or jog, walk along the beach. The possibilities are endless.

A Balanced Diet

It can be hard to stay healthy without home cooked meals. The dining hall and student center can be full of temptation, especially on chicken finger Wednesday’s. Students have the luxury of not having to leave that side of campus. The Hawk’s Den Fitness Center, located in Oakwood Hall is easily accessible as well as a fitness lounge in Mullen Hall.

The campus’s indoor and outdoor track are also available for use. In addition to personal training, the fitness center also offers various group fitness classes that students are encouraged to attend.

Don’t want to leave the residential side of campus? Are you looking for healthy options available on campus for students with medical needs? The importance of putting the right food in your body is so significant that it can become a reality and affect your lungs and overall health.

Moving away from the healthy dining for a second, she continued in saying, “Smoking, vaping, and juuling are essential to your health too because they can affect your lungs and overall health.”

With temptation all around, students can bring to the job.

Talking about yourself highly important. Mention your plans during or after college and really bring up with interviewers are essential to your health too.

When answering questions, just think about your answers and don’t try to be someone that you are not. Make sure you have the real you, they will like the real you.

Just let the confidence and enthusiasm shine.

When answering questions, think about your answers and don’t try to be someone that you are not. Make sure you have the real you, they will like the real you. Just let the confidence and enthusiasm shine.

Answers for questions should be a few sentences at most and should reflect what you feel you can bring to the job. Talking about yourself highly important. Mention your plans during or after college and really personalize yourself to the employer. At the same time, asking the employer questions is not a bad thing. It shows engagement to the job and an interest.

The website is full of advice and resources.

Best of luck.

PHOTO TAKEN by Cassandra Capozzi-Smith

AMANDA BALESTRIERI CONTRIBUTING WRITER

Interviewing is a process that many people do not enjoy. But at the end of the interview, be sure to thank the employer for their time and ask for a business card, as William Hill said this is a great tip.

The website is full of advice and resources.

Best of luck.
SEA.HEAR.NOW FESTIVAL Rocks Asbury Park

DYLAN SURMONTE CONTRIBUTING WRITER

Asbury Park’s First Annual Sea.Hear.Now Festival packed in 20,000 fans. It was a wonderful display of music, art, and Jersey Shore culture that took place last weekend on Sept. 29 and 30.

The festival was made up of three stages: Surf Stage on the north beach, Sand Stage on the south beach by Convention Hall, and Park Stage in Bradley Park. The Battery Electric kicked things off on Saturday afternoon at 1 p.m., followed by the Preservation Hall Jazz Band at 1:30 p.m.

The headliners on Saturday were Blondie, Ben Harper & The Innocent Criminals, and Incubus, who played on the Surf Stage.

On the other hand, The English Beat, Frank Turner and the Sleeping Souls, and Brandi Carlile were on the Sand Stage. Finally, on the Park Stage, Deer Tick and Highly Suspect played their act for the night, Bruce Springsteen closed the festival.

The weekend on Sept. 29 and 30.

The festival features three stages: Surf Stage on the north beach, Sand Stage on the south beach by Convention Hall, and Park Stage in Bradley Park. The Battery Electric kicked things off on Saturday afternoon at 1 p.m., followed by the Preservation Hall Jazz Band at 1:30 p.m.

The headliners on Saturday were Blondie, Ben Harper & The Innocent Criminals, and Incubus, who played on the Surf Stage.

On the other hand, The English Beat, Frank Turner and the Sleeping Souls, and Brandi Carlile were on the Sand Stage. Finally, on the Park Stage, Deer Tick and Highly Suspect played their act for the night, Bruce Springsteen closed the festival.

10      The Outlook Entertainment

L

they exploded in screams and

along, playing three songs – one

their night, Bruce Springsteen played

Finally, on the Park Stage, Deer

Carlile were on the Sand Stage.

1:30 p.m.

at 1 p.m., followed by the

south beach by Convention Hall,

north beach, Sand Stage on the

three stages: Surf Stage on the

weekend on Sept. 29 and 30.

Shore culture that took place last

20,000 fans. It was a wonderful

display of music, art, and Jersey

TOWNSHIP'S THE LITTLE BROTHERS

PHOTO TAKEN by Jenna Puglisi

Asbury Park, in Toms River.

Asbury Park, in Toms River.

the ambiance the organizers

This essay is the one that Jim

This play is based on the true

Emily warns him that the essay

Jim sends to John.

displays the days passing by, as

reminded him that the essay is

Jim is overly eager to prove

There is a screen on stage that

There was also a nice smaller

were held at the Stone Pony and

Tangiers Blues Bar that featured

Preservation Hall Jazz Band,

Danny Clinch, Ben Harper, Jack

Johnson, members of Incubus,

Blondie, Nicole Atkins, and

many more.

There was also a nice smaller

section for local, up and coming

bands like Asbury’s This, That,

and the Others and Ocean Township’s The Little Brothers Band.

Seeing these local bands perform was refreshing, because it shows how festival organizer Danny Clinch and his team really worked hard to make this festival accessible to all kinds of people.

Bruce Springsteen closed the festival with Social Distortion last Sunday night.

The Lifespan of a Fact

Is In Fact Worth Checking Out

JENNA PUGLISI FEATURES EDITOR

Taking place in the iconic space of Studio 54, The Lifespan of a Fact is a play, starring Daniel Radcliffe, Cherry Jones, and Bobby Cannavale.

If Radcliffe’s name looks familiar, it’s because he also played the little-known role of Harry Potter.

Radcliffe is not a stranger to the stage; he has been in several New York and London productions.

I have previously seen him in the musical How to Succeed in Business Without Really Trying, as well as the play The Cripple of Inishman.

Both performances were triumphant, and this play is no exception from Radcliffe’s superb acting skills.

In The Lifespan of a Fact, Radcliffe plays Jim, a young Harvard graduate who is now a fact-checker for a magazine.

The play opens with a meeting with his editor, Emily, played by Jones, in which she asks him to complete an assignment to write an essay before it is published.

Emily warns him that the essay is by a popular author and the job is not a small undertaking.

This play is based on the true story of John D’Agata’s, played by Cannavale, essay “What Happens There,” about the Las Vegas suicide of teenager Levi Presley.

This essay is the one that Jim is assigned to analyze, but John’s arrogance causes him to reject all suggestions from Radcliffe’s character.

The play’s unexpected turn comes when John calls Emily to complain about Jim’s nervousness.

When the lights come up, it is revealed that Jim is sleeping on John’s couch.

He said he show up in the middle of the night to check if the house actually has a draft, since that’s what the essay states, but he flew from New York to Las Vegas to accomplish the obsessive task.

One of best moments is when Jim presents a chart that he made, to decide if one detail in the essay could really be described as a “traffic jam.”

Emily gives a crude explanation of the math that he did, proving that there could have never been enough cars on the highway to qualify as a “jam.”

John watches him with a

alike, youth included.

When I asked two festival attendees, Robby Kneerl and Kirk Snyder, what they thought about the festival, they were both impressed by the experience. Kneerl said it was, “An incredible trip through time, sitting and watching blossoming new bands like This, That, and the Others on the stage, then walking up to the beach to see Blondie and The English Beat.”

“I always thought I would have to travel to Woodstock or Firefly to experience something like this,” he added.

Somehow, I stumbled back stage for Jack Johnson’s set, and his performance as a singer-songwriter and performer at this festival was perfect for the ambiance the organizers intended.

After all, the Sea.Hear.Now festival wasn’t only a festival for music, but for surfing and the arts as well.

Clinch was born just south of Asbury Park, in Toms River.

The organizer’s profession as a photographer and artist shows in the way produced this festival.

Aside from all of the musicians, there were also professional surfers like Sam Hammer, Rob Kelly, and Cassidy McCallin competing.

Additionally, the spaces in between the stages were filled with different paintings and murals by local artists like John Glenn.

I had the chance to mention the Transparent Gallery, Clinch’s own art gallery in Asbury, where Jack Johnson, Brandon Boyd, and Chris Stein displayed their art.

No one could disagree with Danny Clinch Sunday evening when he said, “At the inaugural Sea.Hear.Now Festival, dreams come true.”

Last weekend was a success for the surfers, the art, and for Asbury Park.

The Sea.Hear.Now festival was promoted as Asbury Park’s First Annual, and after such a bountiful production by Clinch, as well as great music from Blondie to Jack Johnson and all the different art, there is no reason it shouldn’t return next year.

When asked about playing at the Sea.Hear.Now Festival, Kenny Vest of This, That, and the Others said, “It was like a cool breeze was waving down the dames, it really was a fine day to play some tunes.”

Distorted expression, and the entire audience erupted with laughter.

Emily then flies out to Vegas to settle the dispute.

There where he does end up hiding away? In a cupboard under the stairs.

This served as a very funny full-circle moment for Harry Potter fans.

A unique feature of the play is that it is only one act, running for about 95 minutes with no intermission.

I worried about the lack of intermission, but the production is very fast moving, and I was so engrossed in the plot that my mind didn’t even consider taking a bathroom break.

Overall, the small cast of three was well promoted, but Radcliffe was the true star. He brought most of the laughs out of the audience, as well as the most engaging story of the end. His timing is impeccable, and he steals every scene.

The play is currently in previews, and its 16-week limited engagement is scheduled to end on Jan. 13.

If you’re lucky like me, you’ll have a cool breeze to ask. Jones even has a ticket with a price.

Not to mention the Transparent Gallery, Clinch’s own art gallery in Asbury, where Jack Johnson and all the different art, there is no reason it shouldn’t return next year.

When asked about playing at the Sea.Hear.Now Festival, Kenny Vest of This, That, and the Others said, “It was like a cool breeze was waving down the dames, it really was a fine day to play some tunes.”

The play features stars Bobby Cannavale (center), and Daniel Radcliffe (left), Hawks.

In the Lifespan of a Fact, the play’s unexpected turn comes when John calls Emily to complain about Jim’s nervousness.

When the lights come up, it is revealed that Jim is sleeping on John’s couch.

He said he show up in the middle of the night to check if the house actually has a draft, since that’s what the essay states, but he flew from New York to Las Vegas to accomplish the obsessive task.

One of best moments is when Jim presents a chart that he made, to decide if one detail in the essay could really be described as a “traffic jam.”

Emily gives a crude explanation of the math that he did, proving that there could have never been enough cars on the highway to qualify as a “jam.”

John watches him with a
The World is Yours
At Monmouth's World Cinema Series

The World Cinema Series, a passion project of history professor Thomas Pearson, Ph.D., celebrates its fifth year at the University this semester.

The theme of this year’s films is “Thirty Years After the Fall of the Berlin Wall (1989-2019): Hopes Abandoned,” and seeks to invite discussion about the influence of the event and its aftermath on international events.

Pearson began featuring films in 2008 with the start of his Provost Series, which continued until he stepped down from the position in 2014.

Since its genesis, the series has undergone an immense growth. Pearson commented that he now has about 15 board members who determine the theme, pick films, and ensure that each event runs smoothly.

Each year, the movies center on a certain theme that encourages discussion about worldwide topics.

After each movie, Pearson brings in a commentator who will lead discussion and answer questions about the film. Pearson believes that this aspect is the most valuable of the series. “You get caught up in the story, but the film is actually chosen to focus on a storyline, and intended to get the audience to think and ask questions,” he said.

When asked about his primary goal in continuing the series, Pearson stated, “students that go to these films are going to discover that there is a whole world of film out there that is not shown at the blockbuster movie theaters.”

Pearson continually emphasized the importance of global perspective to young people, and that these films seek to encourage students at the University to, “begin to look at the world, to look at other people outside their own experiences and to appreciate the histories and perspectives on global issues.”

Pearson seemed delighted that last year’s attendance to the films was much greater than that of any year before, and he is hopeful that this trend will continue.

Each movie screening will note that they are often surprised by the amount of insight that they gain from watching the movies.

Brooke Kamps, a sophomore psychology student, said, “The film I saw gave me more insight into American life from different cultures perspectives. It opened my eyes in a way I wasn’t expecting it to.”

Caitlin Clarke, a sophomore English education student, agreed, and said, “I see people of other cultures and in other countries in a different way now. They’re not strangers, they’re just people.

The films are a group of diverse genres that all relate to the issue of democracy and restriction. This is what Pearson thinks, “could be more fitting in the current international and political climate.”

Shown on Oct. 8, NO focuses on a marketing executive’s advertisement campaign during the 1988 referendum in Chile over Pinochet’s position as dictator.

Brooke Kampf, a sophomore in political science, said, “I think this film is great because it gives us a different perspective on the story of a policeman and a dictator. It is correct in real life, and the story of a policeman and a dictator.

The second flick on Jan. 23, Stands Tall in its Season Premiere.

The Outlook      11

On the talk show, Allen mentioned that Mike is known for his conservative views, which leads to disagreements with his wife, and Vanessa then says that it might be shown Monday, Oct. 8.

“Last Man Standing” earned high ratings last Friday on FOX.

Last Man Standing Falls in Its Season Premiere

Tim Allen’s hit TV show Last Man Standing premiered on FOX Friday night, Sept. 28, after its cancellation from ABC last May.

On its seventh season, Last Man Standing follows the life of Mike Baxter, played by Tim Allen, and his family.

Baxter, played by Tim Allen, and Boyd are a conservative couple in living in Nazi Germany.

Mike is known for his conservative views, which leads to disagreements with his wife, and two of his daughters.

Ellie is the youngest and most like Mike because she’s athletic, in the air force, and shares his conservative beliefs.

The family has differing views on several topics and issues, which makes for humorous banter.

Last Man Standing was on ABC from its premiere, Oct. 1, 2011, to May 2017.

On May 10, however, ABC announced the cancellation of the sitcom, following comments made by Allen that he considered offensive and since he made on Jimmy Kimmel Live!

On Friday, ABC said that Allen compared living in Hollywood as a conservative to living in Nazi Germany.

Allen said, “You get to be real careful around here. You get beat up if you don’t believe what everybody else believes. This is like ’50s Germany.”

Allen’s comments spurred a debate across the country.

Many thought that Allen was brave to stand for his conservative values in liberal-leaning Hollywood, while others were upset that he undermined the Holocaust.

When Allen was ABC executive and producer, Channing Dungey, claimed that the cancellation had nothing to do with politics.

Exactly one year since its cancellation, FOX CEO and Chairman, Dana Walden, announced that the network would be picking the show up for an eighth season.

The show’s executive producer, Kevin Abbott, spoke with USA Today and shared his thoughts on why Tim Allen’s character stands out.

Abbott said, “You really don’t see a conservative character who isn’t an idiot or a villain [at the center of the show].”

During its sitcom’s comeback premiere, the characters took jabs at their former network, underused.

In the opening scene, Mike and Vanessa’s son-in-law, Kyle, is watching for his favorite show on TV, but couldn’t find it.

Vanessa then says that it might have been cancelled with Kyle’s response being, “Why would they cancel a popular show that everyone loves?”

This is when Mike walks out and says, “Maybe they’re a bunch of idiots!”

Kyle then notices that it’s on a different network and Allen’s character says, “Am I wrong or is it way better on this network?”

Even though the show makes political jokes mocking the left, “Last Man Standing” is a sitcom that explores how American families deal with today.

Politics is affecting every aspect of the show’s entertainment, family, and sports.

In the show, Mike and Vanessa’s oldest daughter, Kristin, is married to her husband, Ryan, with whom they’re just people.

Ryan becomes so stressed about the outcome of the 2016 election, he wants to move himself, Kristin, and Boyd to his native Canada.

Boyd realizes how serious his father is about moving and is sick of everyone fighting, so he runs away to the Outdoor Man.

The whole family comes together to look for him, and eventually Mike finds him at the outer man.

Their family crisis brought them all together as a family, politics, and Allen’s character even suggests that Ryan become an American citizen.

The show seems to be just as conservative as it was on ABC.

The only change is the broadcasting network and a couple of re-castings.

The original Manny, who was played by Molly Ephraim, and the original Boyd, played by Flynn Morrison, decided to not return to the sitcom.

Cinema Blend reported that the premiere episode achieved a strong 1.8 Nielsen rating, with an audience of 8.01 million viewers in the 18-49 age range.

Considering the season 6 premiere, “Last Man Standing” earned great ratings with a Nielsen rating, their current rating holds the highest viewership of the show.

TVByTheNumbers said that this episode almost beat out every other Friday night primetime show, but CBS’s Blue Bloods kept their spot at the top with 8.69 million viewers.

With these statistics, Last Man Standing is predicted to potentially be FOX’s biggest show of the year.

The sitcom gets the conservative voice out there by showing a typical conservative family who has family members with differing views.

It displays what life is like in today’s America, which makes the program incredibly relevant.

Everyone is constantly bickering back and forth about which party is correct in real life, and Last Man Standing brings that to life in a home and family setting.

The season eight premiere episode was able to represent how family and listening to one another is much more important than politics.

Last Man Standing airs every Friday at 8:00 p.m. on FOX.

The Outlook      11
Where in the world would you most like to travel?

Compiled by: Nicole Riddle

James Goldbeck
Junior
“Borneo.”

Sarrah Schneider
Junior
“Bora Bora.”

Nick Goranites
Sophomore
“I’d love to visit France! Being a fan of French culture and history, it would be amazing to visit the place that I’ve dreamt of going for so long!”

Karalyn Hoover
Sophomore
“I love to travel! I would love for Greece to be my next adventure because of its beauty and culture.”

Robert Scott
Specialist Professor
Department of Communication
“I would travel to Australia to fish the Great Barrier Reef.”

Moments at Monmouth

Left: Senior Amanda Smith celebrating Parents’ Weekend at the iconic Wilson Hall steps. Photo taken by: Amanda Smith

Right: Guard Trevon Gross Jr. going for the basket during Men’s Basketball practice in the OceanFirst Bank Center. Photo taken by: Karlee Sell

Left: Members of the Student Government Association (SGA) open “The Nest”, an on-campus food pantry that fights against food insecurity in the campus and surrounding community. Photo courtesy of: Student Government Association

Right: Veterans Scott Tillander (left) and Chris Backus (right) visit the campus for Frontline Paper, a community initiative focusing on veterans’ empowerment. Photo taken by: Nicole Riddle

Don’t see your picture this week? Check back in next week’s issue for more Monmouth students’ photos!
WANT TO MAKE $$$

Apply to work Open House 2018 and share your Monmouth Experience!

1. APPLY ONLINE

https://www.monmouth.edu/hawks-career-link/
For Federal Work Study: Use Job #3637
For Student Help: Use Job #3636

2. ATTEND AN INTEREST MEETING*

Friday, September 14 at 3:30 pm- Student Center 202B
Tuesday, September 18 at 1:00 pm- Student Center 202B
Wednesday, September 19 at 3:30 pm- Student Center 202B
Wednesday, September 26 at 3:30 pm- Student Center 202B
Thursday, September 27 at 7 pm- Mullaney 1st Floor Lounge
Monday, October 1 at 7 pm- Mullaney 1st Floor Lounge
Tuesday, October 2 at 4:15 pm- Student Center 202B
Wednesday, October 3 at 3:30 pm- Student Center 202B

*Attendance is mandatory to complete the application.

3. WORK SUNDAY, OCTOBER 7 2018

Contact Kristin Waring with questions: KWaring@monmouth.edu

---

OPEN AND DELIVERING
11AM - 4AM

NOW HIRING

Close to Campus
Apply in person or online

JRSDELIVERS.COM

732-229-9600
75 D Brighton Avenue
Long Branch, NJ 07740

732-345-0100
17 West Front Street
Red Bank, NJ 07701
FOUNDERS’ DAY CONVOCATION • THREE O’CLOCK IN THE AFTERNOON

MAURICE POLLAK AWARD
FOR DISTINGUISHED COMMUNITY SERVICE
Barry H. Ostrowsky, Esq.
President & CEO
RWJBarnabas Health

CONFERRAL OF HONORARY DEGREE
H. William Mullaney
Class of 1960

CONVOCATION SPEAKER
Zakiya Smith Ellis, Ed.D.
Secretary of Higher Education
State of New Jersey

FOR MORE INFORMATION, VISIT MONMOUTH.EDU/FOUNDERS-DAY

Looking to lead a business as they search for a FRESH(ER) PERSPECTIVE?

Join First Atlantic Federal Credit Union’s Student Advisors as they create the next generation of leaders in the financial industry.

WHAT YOU GAIN
- Help develop new and existing products and services
- Gain job experience
- Hone and refine your entrepreneur skills
- Market yourself using social media

IF INTERESTED
Contact S1158480@MONMOUTH.EDU
or visit FAFCU.COM
Join

The Outlook

The Outlook is currently seeking help in the following departments:
- Staff Writers*
- Copy Editors*
- Photography
- Layout (Using Adobe InDesign CS6)

Students from *any* major are welcome to join, experience is *not* necessary.

Feel free to visit the office on Mondays or Tuesdays and/or contact the Editor-in Chief, Zach Cosenza at s1052751@monmouth.edu.
The Memoirs of Melissa Febos

Melissa Febos is an award-winning memoirist who has written two books: Whip Smart and Abandon Me.

PHOTO COURTESY of Monmouth University

Everything I Know, I Learned From My Mother

SAMANTHA LOSURDO
CONTRIBUTING WRITER

As cool and as interesting as a concept it would be, we aren’t born with any kind of knowledge. Everything we know, whether it be knowledge on life or our formal education, we’ve learned from somewhere.

In some cases, someone close has been a life teacher and showed us the ropes of life. In other cases, it could be someone famous, one that there is no physical connection to, that has had an influence on our lives.

Those who learn everything in life from become a major part of us. Not only do we forever have their wise words etched into our minds, but we also hold a very special place for them in our hearts. Their words become our words to pass along to others in life.

For senior communication student, Ellie Scano, everything she knows she’s learned from her mom. “Whether it was something I liked or didn’t, I took it and applied it to my life in the best way it could be for me,” Scano said.

Personal, I’d have the same response. My mother is the one who gives me extreme amounts of love but also knows how to deliver tough love when I need it. When I become frazzled with the splash from the water balloons life throws at me, she’s there to help clean me off. Or, sometimes, she joins in with a laugh and throws another water balloon at me.

Senior communication student, Samantha Rivas, said that she has learned the most from her mother as well.

“Most of the life lessons I’ve learned, good and bad, I’ve always been there to explain it to me,” Rivas said. “Regardless of what happens in my life, my mother has been a main character for people who have taught me everything. Whenever I’m going through tough and stressful times, she has the answers for me. Or, she herself goes through those times and I learn from her experiences.

Those who’ve we learned most from in life have been like our own personal tour-guides to help provide the very best information on whatever situations we come across. I come from a family of three; my parents and I. They are two of the most selfless people that I have come across within my 19 years on earth, and they are always full of the best advice.

Kathryn Nogueira, professor of communication, said that her mother is the one who has taught her everything she knows and continues to stand out to her more now that she’s just had her own child and has followed in her mother’s footsteps by becoming a teacher.

“The way she taught me how to be a mom and a teacher, how to juggle the two. I’m very like my mom,” Nogueira said.

Parents and guardians have gone through their fair share of life tumbles already and so, it’d be best for us to listen to them every once in a while. Even though it’s easy to want to tune out our parents, they’ve already been where we are now, and they normally do really know best.

When someone is in the process of becoming her own person, the person who has given her the knowledge that she needs to transition into adulthood and is a compass to guide her.

Outside of just my mother, I learned everything that I know from my family. When you have a crazy, loud and oversized family, you’re bound to learn something from the mass amount of people.

Something that my family as a whole has taught me is that there is something good in every situation. There is always something to learn from your new lesson to be taught. It’s important to remember that everything happens for a reason.

Life is short. It’s important to take advantage of who you have in your life and what others can teach you.

Everyone has something to offer the world. Sometimes, it’s a new study or way to look at things in life for someone who is open to what others can teach you.

Whether they’re your mom or someone else, take a minute today to thank whatever person names this thought for you: “Everything I know, I learned from…”

Our mothers are some of the most influential people in our lives, always teaching us important lessons.

PHOTO COURTESY of Samantha Losurdo
How You Know You Chose the Right Major

MELISSA BADAMO
STAFF WRITER

Choosing a major when you’re undecided may feel like a weight on your chest that never goes away, but once you go with your gut feeling, the decision process will be easier than expected. It’s also perfectly fine to change your major before finding where you fit like a perfect puzzle piece. In fact, junior English student, Caitlyn Hartigan, had this experience: “I was two different majors before I finally settled on English,” she said. “I was psychology, and then I did education for two semesters. When I was thinking about switching to English, I just felt like a major that could be creative, because that’s my strongest ability and I love writing and reading.”

When reflecting upon your major, or deciding which one to choose, consider the phrase “do what you love”. Your skills and interests will guide you to the major that was meant to be.

Dylan Griswold, a junior computer science student, said, “There’s a lot of stuff you can make with a computer science degree, whether it’s coding, video games, simulations, or Artificial Intelligence. It really opens up my very creative mind.”

You don’t have to be an expert at a subject to major in it. The classes you take in your major will help you build your skills and grow your appreciation for the subject. “I’ve always been good with computers, but when I came here to Monmouth, it was the first time I actually did coding. But as soon as I learned how it was structured, it became like any other subject,” Griswold continued.

When deciding upon your major, speaking with your advisor is the best way to determine which classes reflect your interests and what career paths you can follow with each major. Each major goes deeper than the surface, and you may be surprised at what careers would be the best fit for your major.

The Center for Student Success, located in the lower level of the student center, offers resources for those who are still undecided. As stated on Monmouth’s website, academic advising focuses on the student’s “development of his/her educational goals, objectives, consistent with personal interests, abilities, and values.”

If you still can’t guess whether your major is right for you, ask your friends for advice. Sometimes, our friends know us better than ourselves and can give valued guidance. Listing the pros and cons of each major is also a helpful tool in considering a major.

Because everyone has different interests, everyone has a different major and everyone makes as well. Some may know right away what they want to do in life, while others are still searching. Everyone grows at their own pace, so don’t worry if you haven’t quite declared a major yet.

College is the perfect opportunity to try whatever you want to eventually guide you on the path to your perfect major. That’s the best thing about college— doing what you love and meeting likeminded people who will naturally help strengthen your skills.

You enjoy going to your classes every day, you receive assignments that you are actually talking about your major to your friends, and you can’t see yourself not doing the work. That’s when you know you chose the right major. A major that perfectly reflects who you are and who you want to be will never feel like a chore for a college student. Our majors help shape who we are, and when we pick the right one, we are bound to reach success.

Why Internships are Important

SKYLAR DALEY
CONTRIBUTING WRITER

Monmouth students are used to opening their email inboxes to find information about internship opportunities. However, among the overwhelming amount of emails students get every day, interns should be aware of the importance of internships may get lost in a digital sea of spike-ball tournaments and academic workshops.

Joking aside, these emails may just be the most important ones you receive, especially if you are a sophomore or junior, so make sure to pay attention to them. Sophomore and junior years are the best times to start applying to internships, so that you can create a resume that stands out in the crowd. Every future college graduate needs to make themselves unique. Employers look for field-related experience that also emphasizes your personality and academic interests.

Yes, you have gone through the motions of college. You have written your papers and sat through all your Gen Eds, but an employer will look for more. What is going to set you aside from the next applicant with the exact same history? Experience. Build your resume. This might seem trivial because the purpose of internships is to gain experience. But stay focused on scoring an internship that is within your major or interests because that will help you in your future career; do not settle for an internship that will simply fulfill a requirement.

 Aim high with your internship applications, and you may end up employed for a company that you’ve always dreamed of working for. This was the case for senior communication student, Christi Ruggiero, when she interned with KRD Music, a division of Sony Music, last year. “I found out about it through Monmouth; they sent out an email to the department of communication. They needed people to make accounts on different social media platforms,” Ruggiero said.

“It was interesting to be able to do the internship remotely. We had to do weekly conference calls with about 60 different people from all over the nation, and we were able to listen in on calls with people who are in the workforce before you are. I truly felt as though I was a part of a full-time position. Some internships are paid, while others are unpaid and will only offer credit. These are factors to consider when researching internships. There are also events that you check the hours that the company expects you to intern every week, so that you do not put too much on your plate.”

The benefit of summer internships is that your schedule may be more open for your internship. So, if you’re planning to complete an internship in the fall or spring semesters, be realistic with your schedule. The Whirlpool internship is exciting, school work should still always come first. Internships are a great way to get a better idea of what you want to do after graduation. Career Services can help you find your passions. Jeff Mass, Associate Director of Career Services said, “We encourage students to think outside of their major. Interning for an organization that helps students learn how their classroom knowledge applies to real situations. If you’re not sure if this is the right career for you, doing an internship is a great way to try to test it out.”

Think of majors as trees: every branch is a focus or concentration, then every leaf is an occupation. You have the power to search through all those job opportunities and find the one that best suits you. But you can’t know your true feelings unless you completely immerse yourself into that environment. Internships are free, and they likely will only last for a semester, so it’s not a permanent commitment.

Internships are the perfect way to see what the workforce before you are like. You are around the high of a full-time position. Some internships are paid, while others are unpaid and will only offer credit. These are factors to consider when researching internships. There are also events that you check the hours that the company expects you to intern every week, so that you do not put too much on your plate.”

Career Services can help Monmouth students boost their resumes by finding them dream internships.
Field Hockey Kicks Off MAAC Play with Win at Rider

CHRIS FITZSIMMONS
Chief Writer

Field Hockey racked up another victory in non-conference play, handing in-state rival Rider a 2-1 loss on Friday night in Rider Stadium. The Hawks continued their unbeaten Atlantic Athletic Conference (MAAC) play with a victory.

The determination that the team came into the game with was impressive,” said Head Coach Carl FiGligo. “This was a complete team effort and I am really proud of the composure of a really young team in a big game.”

Senior forward Georgia Garden Bachop continues to show why she was named 2018 MAAC Preseason Co-Player of the Year. She scored both goals for Monmouth on Friday night as the team improved to an overall record of 6-5. Rider opened the scoring in the 16th minute when a nifty pass from midfielder Kat Conroy, left senior midfielder Jessica Randazzo a wide-open net for an easy goal.

The Hawks quickly regrouped after trailing. Three minutes later, a shot from the circle by senior forward Kelly Hanna was deflected by Bishop into the net. With the assist, Hanna has moved into the program’s top ten all-time assist holders.

The score remained deadlocked at 1-1 through to the half time break.

The Hawks threatened immediately after the second half. A corner attempt was followed by a shot that was kept out by freshman goalkeeper Kate O’Hogan. O’Hogan made a total of three saves in the game en route to her second win of the season. The Hawks, not to be outdone, came right back down the field and ripped four quality shots in a row. Yet, they were unable to convert on any of their chances.

A green card in the 48th minute issued to sophomore defender Hannah Schiavo gave Rider a quality opportunity to go up on the Hawks.

However, it was Monmouth that was able to generate the better chances. As both Hanna and Bachop took shots while killing off a penalty.

With the clock dwindling down, a green card on the Broncos with four minutes remaining was given to the Hawks the chance for some last-second heroics. As if it were scripted, Bachop found herself on a breakaway and buried her second goal of the game with a little over two minutes left to go.

All was not over yet as the Hawks had one more scoring chance left in them. With time expired, a corner opportunity was awarded to the Hawks.

A shot was recorded by Conroy, but O’Hogan made the save as the Hawks walked off in triumphant fashion.

Monmouth has now won seven in a row against Rider and has outscored their in-state conference rivals to the tune of 25-9 over that period of time. For Bachop, the win was her third multi-goal game this season and she now has six goals in the past four games.

The New Zealand native has a total of seven goals on the year in the MAAC conference and is three goals away from eclipsing her season tally of ten last year.

On Monday, Bachop was named MAAC Offensive Player of the Week for her performance in Friday night’s win. Monmouth will continue MAAC play with two conference games at home next weekend.

First on the docket is LIU Brooklyn with a Friday afternoon showdown showdown, televised on ESPNU. In last season’s meeting, the Hawks comfortably beat the Blackbirds 10-1.

On Sunday, the Hawks will welcome Bryant to So Sweet Stadium for a 1:00 p.m. matchup. In the 2017 season, Monmouth played the Bulldogs on the road and were victorious by a score of 4-1.
Women’s Soccer Opens Conference Play with Two Losses

Evan Mcmurtie Sports Editor

Men’s soccer fell to Manhattan and Siena in their first two Metro Atlantic Athletic Conference (MAAC) games of the season this past week, slipping to 2-6-1 (0-2-0 MAAC).

Monmouth kicked off their conference schedule on Wednesday night at Hesse Field on The Great Lawn against Manhattan, where they were defeated by a goal to nil. “They’re older, experienced, a lot of international guys, and they were a good team, so it was going to be a big challenge for us,” said Head Coach Robert McCourt. “I thought we did a good job of limiting their opportunities.”

Though Manhattan dominated possession of the ball and created multiple scoring chances, the two teams entered the half time break at stalemate thanks to a solid defensive performance from Monmouth.

In the 56th minute, the Hawks generated most of their opportunities.” said Head Coach Krissy Turner. “We did a good job of limiting the other team to execute to beat us and not us give them opportunities.”

In the 100th minute, junior forward Dana Scheriff won a goal opportunity coming down the right sideline and setting up the play inside to give the visitors the lead. McCourt said, “Our goal before the game was to force the other team to execute to beat us and not us give them opportunities with our mistakes and I thought we did that. The guys scored a really nice goal, you have to give credit, a moment of magic.”

Junior forward Dana Scheriff won the game for Monmouth with a goal in the 100th minute away to Manhattan on Wednesday, Sept. 26.

PHOTO COURTESY OF Monmouth Athletics

SOPHIA GALVEZ

Women’s Soccer Edges Manhattan with Overtime Goal

Sopha Galvez Staff Writer

Women’s soccer posted two overtime games. Monmouth has Head Coach Krissy Turner.

Monmouth’s 1-0 loss to Manhattan on Wednesday, Sept. 26.

PHOTO COURTESY OF Monmouth Athletics

“Men’s Soccer Opens Conference Play with Two Losses”

UPCOMING GAMES

Friday, Oct. 5
WTEN vs Canisius Outdoor Tennis Complex
West Long Branch, NJ 10:00 a.m.
FH vs LIU Brooklyn* So Sweet a Cat Field
West Long Branch, NJ 4:40 p.m.

Saturday, Oct. 6
M/W Cross-Country Blue & Gold Invitational
Newark, DE 9:30 a.m.
FSOC at Quinnipiac* Hesse Field on The Great Lawn
West Long Branch, NJ 1:00 p.m.
WTEN vs Providence Kingston, RI 2:00 p.m.
MSOC at Niagara* Niagara University, NY 7:00 p.m.

Sunday, Oct. 7
WTEN at Rhode Island Kingston, RI 11:30 a.m.
FH vs Bryant* So Sweet a Cat Field
West Long Branch, NJ 1:00 p.m.

Monday, Oct. 8
MGOLF at First Round Bucknell Invitational
Bucknell Golf Course Lewisburg, PA 9:00 a.m.

Tuesday, Oct. 9
MGOLF at Second Round Bucknell Invitational
Bucknell Golf Course Lewisburg, PA 9:00 a.m.

*conference games

Senior forward Noah Amissah found some space on the left and ran up and volleyed a shot into the net, and the game ended 1-0. Through Manhattan dominated possession of the ball and created multiple scoring chances, the two teams entered the half time break at stalemate thanks to a solid defensive performance from Monmouth.

Monmouth was able to hold the Saints’ effort to hold Monmouth to just one goal in the end. Monmouth will travel to Buffalo, NY today where they will be fine.” said Turner. “We just gotta keep moving, and although we had chances to finish them, we just kept going and didn’t give up.”

Junior midfielder Chris Scheuerman sent a shot just wide of the post in the second half of Monmouth’s 1-0 loss to Manhattan on Wednesday, Sept. 26.

PHOTO COURTESY OF Monmouth Athletics

Monmouth will continue their MAAC campaign tonight against Fairfield at Hesse Field on The Great Lawn. Kickoff is set for 7:00 p.m. and the match will be televised on ESPN+.
Senior wide receiver Reggie White Jr.’s 84-yard touchdown broke Monmouth’s all-time receptions record with 213 catches and won the game against Wagner with less than two minutes left in regulation on Saturday afternoon.

SEE STORY ON PAGE 18

PHOTO TAKEN by Karlee Sell