BRIAN CASSELTON STAFF WRITER

The University’s Urban Coast Institute (UCI) honored former New Jersey Governors Thomas Kean and James Florio at the 14th Annual Coastal and Ocean Champions Awards at Wilson Hall on Tuesday, Oct. 9. Florio and Kean received the UCI’s highest honor, the National Ocean Champions Award, for their advocacy in environmental and coastal protection in office and their current leadership in the New Jersey Climate Adaptation Alliance (NJCAA). The NJCAA is a network of partner organizations dedicated to enhancing New Jersey’s capacity to plan for and respond to climate changes.

“Governors Jim Florio and Tom Kean are well deserving of UCT’s National Ocean Champions award,” said Tony MacDonald, Director of the UCI. He explained that Florio and Kean’s many actions over the years have led to, “the reduction of marine debris, the phase out of ocean dumping, opposition to offshore oil and gas development, and support for protection of the Jersey Shore we all love,” which led to the UCI’s decision to honor the governors with this prestigious award.

MacDonald explained that for 14 years, the UCI has brought national and state leaders to the University in order to acknowledge and honor their work and commitment to coastal and ocean issues. “Hopefully, bringing leaders of this stature to campus will inspire our students and local leaders, as well as to reflect to the broader community UCT’s and Monmouth’s aspiration to be a center of expertise to inform ocean and coastal management efforts,” he said.

GOVERNORS cont. on pg. 2

Urbani Coast Institute Honors Former New Jersey Governors

Former New Jersey Governors Thomas Kean and James Florio were honored by the UCI for their work in environmentalism.

ZACH COSENA

STAFF WRITER

So Sweet A Cat Field and E. Todd Murray track inside Kessler Stadium received new surfaces for the Field Hockey and Track and Field Programs over the summer of 2018.

According to Marilyn McNeil, Ph.D., Vice President and Director of Athletics, the cost of the new field and track were combined. The funds for the projects came from the University capital project plan, which is used for projects throughout the campus.

So Sweet A Cat Field, home to the University Field Hockey team, received upgrades over the summer that were finished in time for their home-opener against Ohio University on Aug. 26. According to Monmouth Athletics, the field is “a new water-based turf. The Field Turf Hockey Gold Synthetic Turf System, is a tufted polyethylene surface designed for the highest levels of competition. The player-friendly product is built with a uniquely engineered polyethylene filament to allow it to retain memory and have exceptional durability.”

“So Sweet A Cat Field] is a showcase field and allows us to attract a high level of university competitors to Monmouth,” said McNeil. “We have scheduled teams such as Villanova, Bucknell and Vermont to Monmouth. That would not have happened with the quality of the field that we have installed. The field also helped in having an invitation extended to Monmouth to compete in the America East conference, which is one of the best in the nation for field hockey. We will begin our tenure with the America East in 2019.”

“I love [the turf] so much and the difference shows,” said senior forward Kelly Hanna. “The old turf had so many bumps and just was getting old. My fellow seniors and I are lucky to play on the new turf for our last year here.”

“So Sweet A Cat Field and E. Todd Murray track were upgraded for the start of the 2018-2019 school year.

ANTHONY ROSECS

STAFF WRITER

A Competent Community Initiative, a new federally-funded suicide prevention initiative officially launched at the University on Sept. 30, after a meeting with the leadership on campus on Sept. 26. The initiative aims to strengthen and broaden infrastructure to prevent suicide on campus. This initiative is designed to help young adults by strengthening their bonds with general health, mental health, and substance abuse services at the University, according to Scott. This is the second time that the University has been a recipient of the Garret Lee Smith Campus Suicide Prevention Grant. The award is worth $180,963 and will be renewable in three years, making the total close to eclipsing the $306,000 mark.

The "Connect to Wellness: A Competent Community Initiative" is being led by Michelle Scott, Ph.D., Director of the SRF Suicide Prevention Research and Training Project in the School of Social Work. “The focus of that 3-year grant was training campus members, key campus gatekeepers, and on- and off-campus mental health providers as well as to develop public awareness messaging and programming regarding mental health challenges, suicide risk and help seeking,” Scott explained of the goals of the three-year grant.

“Identifying and helping students who are at risk for self-harm as a result of this stress could potentially save lives,” said Jamie Goodwin-Uhler, Ph.D. Goodwin-Uhler, a specialist professor of psychology and counseling psychologist further explained the importance of suicide prevention programing “Programming and resources dedicated to preventing suicide among our students is essential,” stated Goodwin-Uhler. “Suicide remains one of the leading causes of death.”

PREVENTION cont. on pg. 2

Improvements Made to Athletic Facilities

So Sweet A Cat Field and E. Todd Murray track were upgraded for the start of the 2018-2019 school year.
Rennovations Made to Athletic Complex

FIELD cont. from pg. 1

program,” said Head Coach Carl Figlio. “With our transition to the MAAC and playing big opponents like Villanova and Lehigh, it’s important for us to have a track and field that allows us to host these teams and it will be a focal point moving forward.”

The university is also looking to upgrade the field’s scoreboard, which was last updated in 2005 and costs $30,000, which is being raised by fundraising. According to Mc- Neill, the current track and field stadium was currently raised since the spring of 2018 when the fundraising started. Work on the new scoreboard will begin once the funds are fully raised.

The new navy blue track en- circles the football field at Kessler Stadium, which was installed in 2005, replaced due to poor condition in “many areas” with the same materials and condition, according to Mc- Neill. It was refurbished by Beynon’s Sports HSS-1000 100mm Embed- ded, International Association of Athletics Federations (IAAF) Con- firmed Blue Polyurethane Synchronous Track surface. The same type of track surface is used at schools like Bucknell, Texas A&M, and Lehigh, according to Beynon’s website.

Senior track and field sprinter Bryan Page was excited about the new track before the season has started. “I love the track. The color scheme that was chosen perfectly. I think the new track comes with the whole ‘look good, do good’ saying and it will show with records that will be bro- ken with the overall wins that we will have at various opportunities this season. I enjoy the parts of the track as the runways as well as the straight-aways that allow us to have your direction depending on wind.”

Men’s and Women’s Track and Field Head Coach Joe Compagni said, “We are very excited about the new outdoor track and run- ning facilities. We are excited that first-class facility that is shock absorbent and provides great en- ergy return with every step. For the track & field team, for all the Kean and for the Monmouth community overall, this is a great addition to campus.”

It is a beautiful track that meets the needs of our 150 track and field student-athletes, plus the rest of the 500 student-athletes who use it for much of their conditioning. Mc- Neill said. “It’s used by the general student body, the commu- nity, and our physical educa- tion courses. Any student has access to this resources if they want.”

The beautiful new navy blue surface really adds to the whole campus project. The capstone effort for that part of the athletics facilities upgrades.”

The track and field will open up their season on the new track on Saturday, March 30th and willhost the Metro Atlantic Athletic Conference (MAAC) Championshions on May 4-5.

UCI Honors Governors

GOVERNORS cont. from pg. 1

“As an ocean research and pol- icy institute within ‘The Coastal University,’ we feel a special ob- ligation to share our knowledge and on- time marine issues. Each year this event brings nationally re- known authors and experts to Kean University for a valuable dialogue with our students, faculty, and com- munity members,” the said, Carl Vi- lacoba, the UCI’s Communication Director.

Vilacoba said that in the late 1980s, the Jersey Shore’s pollution problems were at their worst. “I’ll never forget the disgust I felt when I’d step off the boat and see the entire beach was off limits again because of red tides, raw sewage or seawater washes over our beaches.”

In addition, he explained that the event is a key fundraising event each year. Proceeds from the an- nual Coastal and Ocean Champion awards reception support UCI and funding for student research at the University.

“Kean and Florio,” said Smith, “are a senior marine and environmental biology and policy student, and a research as- asist at the UCI, explained that the event is aimed at inspiring at- tendees to contribute their own experiences to the “Rebuilding the Coastal Community” project.”

Kean and Florio added that the dedication of the six honorary members is better managed to reduce mental health problems are at their worst. “I’ll never forget the disgust I felt when I’d step off the boat and see the entire beach was off limits again because of red tides, raw sewage or seawater washes over our beaches.”

In addition, he explained that the event is a key fundraising event each year. The Outlook October 10, 2018

SUICIDE PREVENTION

Prevention cont. from pg. 1

among university stu- dents, who are not only sus- ceptible to all the mental health concerns of the gen- eral population, but who are also dealing with a time of great transition and, poten- tially, stress.”

The Substance Abuse and Mental Health Services Ad- ministration has been the main source of funding for the initiative. “Since SAM- HSA began funding these grants in 2005, only 8 per- cent of campuses have ever received the grant a second time,” said Scott. “Receiving this funding not once, but twice is a true testament to the work of Monmouth University and the com- mitment Monmouth has to student mental health and safety.”

“The Connect to Well- ness grant will institute a variety of approaches to help address the mental health needs of students with ad- ditional attention to military-affiliated and transfer students. By improving the mental health services on our campus through early identification, screening, and training, we hope to help our students thrive.”

Being away from their usual support system, coping with the stress of college and an uncertain professional future, navigating this great transition and, potentially, dealing with anxiety and depression. Scott also emphasized the need for crisis intervention.”

Scott stated. “In the second year, in collaboration with the Institute of Health and Wellness, we will be de- veloping the CONNECT- WELLMU web portal for all thing’s wellness for students, faculty and staff.”

Scott added. “I think we build on the awareness of mental health and substance use each year with the help of our own campus and online therapy assistance.”

In addition, Scott stated. “They are our win-Uhler. “They are our number one resource when it comes to helping students with all sorts of difficult feelings. Considering suicide may not always reach out for help, so the people in the Monmouth community – staff, faculty, and other students – are of- ten the first line of defense in identifying people who might be in trouble and getting them to a place where they can be helped.”

“For somebody considering suicide, I would remind Scott, if you or someone you know is in an emergency, call 911 im- mediately. However, those or experiencing difficult feelings or suicidal thoughts, call the National Suicide Prevention Hotline at 1-800-273-TALK (8255). For additional re- sources and training opportunities, please visit the SRF Suicide Prevention Research and Training website at www.monmouth.edu/ school-of-social-work/scr/.

Gigliotti continued. “Suicide prevention is important for helping those who are contempl- ing it, or for those who know someone who is.”

Monmouth has a great support already in place in the form of Counseling & Psychological Services (3rd floor Student Center, x7517), which provides free and confidential mental health services to all en- rolled students,” said Goodwin-Uhler.

They are our number one resource when it comes to helping students with all sorts of difficult feelings. Considering suicide may not always reach out for help, so the people in the Monmouth community – staff, faculty, and other students – are of- ten the first line of defense in identifying people who might be in trouble and getting them to a place where they can be helped.”

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Jess Rodriguez, a senior psychology student said, “I have learned about several coping strategies and de- ncesmeasures that can help better understand how people react in certain situations.”

“The first year of the Connect to Wellness initiative will fo- cus on enhancing the communica- tion between services and systems on- and off-campus and training key gatekeepers (such as residential life) and clinical providers in suicide risk assessment and manage- ment,” Scott started. “In the second year, in collaboration with the Institute of Health and Wellness, we will be de- veloping the CONNECT- WELLMU website for all thing’s wellness for students, faculty and staff.”

Scott added. “I think we build on the awareness of mental health and substance use each year with the help of our own campus and online therapy assistance.”

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Suicide Prevention Initiative Contained by Social Work Professor

The SRF Suicide Prevention Project, led by Michelle Scott (bottom left), Ph.D., aims to increase student connectedness with services available at the University.
DJ Spooky Performs at Pollak Theatre

NAME: DJ Spooky 

DATE: October 10, 2018

VENUE: Pollak Theatre

EVENT: DJ Spooky performed on October 2nd in Pollak Theatre. Miller came to the University to showcase his work on bringing music and climate change together in a concert. Miller aimed at maintaining a relaxed atmosphere throughout his performance and asked the audience to imagine themselves in his house in New York. “I want tonight to feel like a conversation you and your house in New York, and I’ve got a whole bunch of pillows out” he explained. Before remixing the pieces, the Shadow Lawn chamber players played the piece, so the audience was able to hear it. After it was played, Miller remixed it using his software apps, DJ Spooky and DJ Mixer. The software used to create the mixes, the DJ Spooky and DJ Mixer Apps, can be found on iTunes and have been downloaded by 15 million people so far. DJ Spooky explained, “This 
was a technique used to make certain sounds or melodies repeat themselves.” The pieces were played by DJ Spooky and his library of music including remixes of last year’s theme, “Place and Climate”. Miller aimed at maintaining a sense of connection when it comes to the theme of the show. Miller argued that there is a sense of connection when it comes to the theme of the show. “When people hear you sound you really have to think about interconnectivity,” said Miller. “As an artist, you always have a connection between devices and techniques.” Music is the most emotionally powerful,” commented Miller when discussing the performance of DJ Spooky. Corey Dzenko, Ph.D., and an assistant art history professor explained how the course committee chooses an event. “Every spring Art Now’s committee meets to find the biggest artists or our guests for the following year.” “Through brainstorming, we find the artists that we can use to connect our guests each season,” said Dzenko. Walter Greason, Ph.D., an Associate Professor and Chair of the Department of Art and Design had her sculpture I and Drawing III students create environments. “I want them to take away what’s physically explored on Campus. We can have limitations about ourselves as being only one thing, and studying art, or a photographer, today and how we share our work digitally, we are all engaged with each other.” Miller explained the process of how DJ Spooky came to the University to showcase his work. "Half the battle right now is getting people to realize that the music industry is a bad place. "I started my own campaign on campus named the P+I and I played all the music that I owned and I asked Miller. “My campaign on campus would be wildly popular and I organized a series of DJ’s. For a freshman or sophomore making $2,000 on a Friday night was like underground music. When I graduated, Miller moved to New York City to play in more diverse settings similar to the ones in his college days. DJ Spooky has been a DJ for 20 years, with a career ranging from working at parties and clubs to more recent work of bringing the world and promoting awareness about the environment. Miller has worked at the Sundance Film Festival and worked with National Geographic. Currently, Miller is planning on traveling to India for his next endeavor and will have an album coming out in 2020.

LAUREN SALOS
CONTRIBUTING WRITER

DJ Spooky’s performance was a unique blend of mathematics and music. Miller’s next endeavor will have an educational focus. Miller explained the process of how the University approached him. “As an artist, there’s always another drive behind his work. Miller aimed at maintaining a relaxed atmosphere throughout his performance and asked the audience to imagine themselves in his house in New York. “I want tonight to feel like a conversation you and your house in New York, and I’ve got a whole bunch of pillows out” he explained. Before remixing the pieces, the Shadow Lawn chamber players played the piece, so the audience was able to hear it. After it was played, Miller remixed it using his software apps, DJ Spooky and DJ Mixer. The software used to create the mixes, the DJ Spooky and DJ Mixer Apps, can be found on iTunes and have been downloaded by 15 million people so far. DJ Spooky explained, “This was a technique used to make certain sounds or melodies repeat themselves.” The pieces were played by DJ Spooky and his library of music including remixes of last year’s theme, “Place and Climate”. Miller aimed at maintaining a sense of connection when it comes to the theme of the show. Miller argued that there is a sense of connection when it comes to the theme of the show. “When people hear you sound you really have to think about interconnectivity,” said Miller. “As an artist, you always have a connection between devices and techniques.” Music is the most emotionally powerful,” commented Miller when discussing the performance of DJ Spooky. Corey Dzenko, Ph.D., and an assistant art history professor explained how the course committee chooses an event. “Every spring Art Now’s committee meets to find the biggest artists or our guests for the following year.” “Through brainstorming, we find the artists that we can use to connect our guests each season,” said Dzenko. Walter Greason, Ph.D., an Associate Professor and Chair of the Department of Art and Design had her sculpture I and Drawing III students create environments. “I want them to take away what’s physically explored on Campus. We can have limitations about ourselves as being only one thing, and studying art, or a photographer, today and how we share our work digitally, we are all engaged with each other.” Miller explained the process of how DJ Spooky came to the University to showcase his work. "Half the battle right now is getting people to realize that the music industry is a bad place. "I started my own campaign on campus named the P+I and I played all the music that I owned and I asked Miller. “My campaign on campus would be wildly popular and I organized a series of DJ’s. For a freshman or sophomore making $2,000 on a Friday night was like underground music. When I graduated, Miller moved to New York City to play in more diverse settings similar to the ones in his college days. DJ Spooky has been a DJ for 20 years, with a career ranging from working at parties and clubs to more recent work of bringing the world and promoting awareness about the environment. Miller has worked at the Sundance Film Festival and worked with National Geographic. Currently, Miller is planning on traveling to India for his next endeavor and will have an album coming out in 2020.

LAUREN SALOS
CONTRIBUTING WRITER

DJ Spooky’s performance was a unique blend of mathematics and music. Miller’s next endeavor will have an educational focus. Miller explained the process of how the University approached him. “As an artist, there’s always another drive behind his work. Even though Miller’s performance was delayed, it still falls under the theme for the series’ theme of bringing together climate justice and social change.” “His [Miller’s] The Book of Ice fits in this theme based on the themes presented in the learning experience of human impact on climate change with social justice,” noted Dzenko. Coreen McGee, a junior fine arts student and one of Callas’ former students, spoke in the impact of Miller’s work. “Miller put on a thought-provoking show about climate change and its effects on music with an overall amazing sensory experience,” commented McGee.

Miller grew up in Washington D.C. during the 1970’s and 1980’s, coming for politics and activism, in the words of Miller. He came from an uneducated family, with his father being a law professor and his mother a historian. Miller aspired to be a diplomat in foreign services and attended Bowdoin College. “I was never in my wildest imagination planning on being a musician, although I collected records,” stated Miller. What sparked an interest in DJ Spooky was the music industry was a bad place. “I started my own campaign on campus named the P+I and I played all the music that I owned and I asked Miller. “My campaign on campus would be wildly popular and I organized a series of DJ’s. For a freshman or sophomore making $2,000 on a Friday night was like underground music. When I graduated, Miller moved to New York City to play in more diverse settings similar to the ones in his college days. DJ Spooky has been a DJ for 20 years, with a career ranging from working at parties and clubs to more recent work of bringing the world and promoting awareness about the environment. Miller has worked at the Sundance Film Festival and worked with National Geographic. Currently, Miller is planning on traveling to India for his next endeavor and will have an album coming out in 2020.
Mental Health at Monmouth

Kathryn Cahill

Advancing Mental Health Awareness

While trying to balance school and other responsibilities, mental health issues can arise among college students. While managing my first year of college, I often experienced bad depression for about half of high school, and I currently struggle with anxiety.

Though not everyone experiences mental health issues themselves, it is important to recognize other people’s experiences and support them. One Editor said, “I was not aware that my friend was depressed until they reached out to me. They were one of the happiest persons I knew, so I was surprised to hear that they were dealing with depression.”

Oftentimes, it is difficult to discuss issues of mental health due to the cultural stigma that exists around these concerns. “I think it is changing for the worse,” one Editor noted. “[those with mental illness] are weathered with stereotypes and prejudice that result from misconceptions about mental illness.”

However, with new research emerging and celebrities publicizing their struggles, it may indicate that the cultural attitude is becoming more positive. One Editor recognizes this shift, “A lot of famous athletes and celebrities are opening up about their own struggles so that has made it a bit more ‘acceptable’ nowadays.”

With this, nuances in experience with mental health can be acknowledged, especially in terms of gender. One Editor said, “Society is starting to kind of swing in a way where men are encouraged to speak up about mental health issues that they are going through instead of being strong and silent.”

As people have unique experiences with common symptoms, coping styles may vary. Some may feel comfortable engaging in mindful exercises, while others may seek out counseling services. Depending on the severity of the symptoms, there are a multitude of resources to quell their effects.

One Editor mentioned that people they knew utilize creative talents to channel their pain into something positive. “Friends I’ve known have turned to reading, writing, [and] various forms of creative expression,” the Editor stated. “These outlets give the person who suffers a healthy outlet to channel their emotions.”

Another Editor echoed this idea, saying that they “draw in a sketchbook as a release of [their] energy and allow [their] creativity to flow feelings out.”

Along with conflicting in the people around you, it can also be a valid option to seek counseling services. The University has Counseling and Psychological Services (CPS), which provide great resources for students that are facing difficulties coping with mental health issues on their own.

“Some people may not feel comfortable opening up to family or friends at first, but if they reach out to these services so valuable, one Editor stated. “Once they make that first step, they might feel comfortable discussing it around the people who care about.”

In order to change the conversation about mental health, it is important to encourage those that are struggling and let them know that it is okay not to be living with their conditions. With open-mindedness and understanding, we can make the world an easier place to live in for those that face these challenges everyday.

We at The Outlook encourage anyone suffering from mental health issues to seek help in any way that they can, whether through talking to loved ones or going to CPS counselors on campus. “There is a sense of embarrassment for those who turn away with any mental illness,” one Editor noted. “We have to remind people that it’s okay not to be okay.”

HOW TO SUBMIT ARTICLES OR LETTERS:
The Outlook provides the Monmouth University community with information concerning issues in and around the University while serving as a forum for expression of the ideas of its readers.

Contributions must be submitted (email outlook@monmouth.edu) by 12:00 p.m. Sundays to The Outlook office, 2nd floor, room 260, Plangere Center.

All copy must include the author’s full name and contact information. The Outlook accepts articles and graphic material from students, faculty, and administrators, and reserves the right to edit or reject any material which they determine is not suitable for publication or its readers. Copy and advertising appearing in The Outlook do not necessarily reflect the views of Monmouth University or The Outlook.
Bagels are a staple of New Jersey as much as pork roll, or Taylor Ham, but we do not want to start an argument here.

Bagels are an art form, they come in all different flavors and sometimes all different colors. I am still looking to get my hands on a bagel with which to associate "rainbow bagels," if for no other reason than to snap a cool Instagram photo.

Next year as graduation approaches, I will welcome the question “what are your plans after college?” I will shock them all by saying that I plan on opening my own bagelery. In my hometown. I will call it Better, Best, Bagels.

Better, Best, Bagels
Narrow Republican Lead in Pennsylvania Congressional Race

October 10, 2018

MATTHEW ENGEL
CONTRIBUTING WRITER

The Senate voted 50-48 to send Judge Brett Kavanaugh to the Supreme Court on Saturday, Oct. 6.

After an extensive confirmation hearing that featured heated allegations of sexual misconduct and a supplemental FBI investigation, the so-called Brett Kavanaugh nomination was sworn in as an Associate Justice of the Supreme Court later Saturday evening.

Just 24 hours prior to the confirmation vote, there was confusion as to whether or not Senate Republicans had enough votes to confirm him to the Supreme Court. Kavanaugh's status was sealed when Senator Susan Collins, a moderate Republican from Maine who supports reproductive rights, announced that she would vote to confirm him, ensuring that he would not attempt to overturn Roe v. Wade.

In an interview with 60 Minutes, Collins stated that, while she felt one of Kavanaugh's accusers, Dr. Christine Blasey Ford, was credible, she had serious reservations about the alleged sexual assault. "I feel very comfortable that I made the right decision," Collins told 60 Minutes in their interview. "I could not come to another decision, based on the testimony and the evidence that I reviewed."

Joseph Patten, Ph.D., an associate professor of political science, pointed to the Kavanaugh hearings as proof of the deep rifts that exist in American society.

"In Kavanaugh's particular situation, Patten addresses the divisions among gender, as some female supporters of one of Ford, claiming that women are not being believed about sexual assault, and some male supporters of Kavanaugh believing that those who are accused are not being given a fair trial," Patten concluded.

Patten also explained that much of the tension in the current political climate stems from voters not particularly being loyal to the Democratic or Republican Party, but rather from voters strongly disliking the opposing party. "That's a political system that has become much more polarized and paralysed," he said. "That has even filtered down to the American people, we are getting more partisan."

"It is politically intentional, because I think [Trump] believes that this could help mobilize the Republican base in the midterm election," Patten said.

In an interview with the Wall Street Journal on Tuesday, Oct. 9.

Democratic candidate Mikie Sherrill holds a lead over Republican candidate Jay Webber in New Jersey's 11th Congressional District (NJ-11), according to a recent poll released by the University’s Polling Institute on Tuesday, Oct. 9.

According to the Cook Partisan Voting Index (PVI), the district has a score of R+2, meaning it tends to vote Republican.

Currently, Sherrill has 50 percent of the vote in the race, and Webber has 43 percent.

President Donald Trump won the district by one point in the 2016 election, but according to the poll, only 43 percent of NJ-11 voters approve of his performance in office.

"Even though Republicans have the edge in party affiliation, many are not happy with the president or key GOP initiatives such as the tax reform plan," Patrick Murray, Director of the University's Polling Institute, says in the report.

The poll reported that the Republican tax reform plan passed in December is particularly unpopular in the district.

Despite its largely wealthier demographic, due to the adverse impact of the plan's cap placed on the deduction for state and local income, property, and sales taxes in New Jersey, many voters in NJ-11 disapprove of the GOP.

34 percent of voters in the district "strongly disapprove" and 36 percent "disapprove" of the tax reform.

This is a tough year for Republicans in both swing states or in swing districts, particularly because the president is not popular in the first midterm election, says Joseph Patten, Ph.D., an assistant professor of political science.

"The democrats need about 23 seats to take over the House of Representatives, and by most estimates, they probably have about 45 percent of that hanging out of the house," he continued.

Patten also explained that another factor that can be reflected by the polls in this district is the predicted "pink wave" in this midterm election cycle.

"A record number of women running for Congress," said Patten. Currently, 57 percent of women voters support candidates of their party.

The Institute also found that 24 percent of voters in the district polled that healthcare policy is the most important factor in their choice for their representative.

41 percent of participants in a poll reported that they trust Sherrill more to work to keep health care costs affordable, compared to 29 percent who said that they trust Webber to do the same.

Amid National Controversy, Kavanaugh Confirmed to the Supreme Court

NICHOLAS COSCARELLI
CO-SENIOR/POLITICS EDITOR

Kavanaugh was sworn in as an Associate Justice at a private ceremony with his family on Oct. 6.

"Sexual assault trial could take weeks to try, here we are in a much-shortened version," Sewitch said.

Sewitch believes that it was no accident for the FBI to take this instance to do a criminal investigation on whether or not Kavanaugh had committed sexual assault.

"Sexual assault allegations aren't what they were a hundred years ago," Sewitch said. "They're much more robust, much more legal.

Sewitch also expressed concern about the distance of time between the original assault and the confirmation hearing, saying that she is confident that the hearings have not changed them. "A Senate confirmation hearing is a very poor venue by which to determine what actually happened and who is telling the truth."
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GLOBAL EDUCATION
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FALL 2018

OCTOBER

Monday 8th
WHEN WILL YOU STUDY ABROAD?
8:00PM-9:00PM MULANEY HALL

Tuesday 9th
ARGENTINIAN CUISINE NIGHT
5:00PM-7:00PM MAGILL DINING HALL

Wednesday 10th
STUDY ABROAD 101:
GENERAL INFO SESSION
2:45PM IN PZ 207

Wednesday 17th
STUDY ABROAD 101:
GENERAL INFO SESSION
2:45PM IN PZ 204

Monday 22nd
ABCs OF GOING OVERSEAS
8:00PM - 9:00PM OAKWOOD LOUNGE

Tuesday 23rd
AUSTRALIAN CUISINE NIGHT
5:00PM-7:00PM MAGILL DINING HALL

Wednesday 24th
STUDY ABROAD 101:
GENERAL INFO SESSION
2:45PM IN PZ 204

Wednesday 24th
UNITED NATIONS DAY
UN CLUB TABLES ACROSS CAMPUS
11:00AM - 3:00PM

UN SOCIAL & INTERNATIONAL
TASTE TEST
4:00PM-6:00PM MAGILL DINING HALL

Wednesday 31st
STUDY ABROAD 101:
GENERAL INFO SESSION
2:45PM IN PZ 205

NOVEMBER

Monday 12th- Friday 16th
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INTERNATIONAL EDUCATION THROUGH
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DISCUSSION, ACTIVITIES & TASTE TESTING

MORE INFO: GEO CALENDAR
(STUDYABROAD.MONMOUTH.EDU)

Tuesday 27th
SPANISH CUISINE NIGHT
5:00PM-7:00PM MAGILL DINING HALL

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FRI. OCT. 26TH
SPRING PRIORITY DEADLINE

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MONMOUTH UNIVERSITY
GLOBAL EDUCATION
Schedules are busy, time is limited, and stress levels are high. Without noticing, college can instantly become something that strips away gratitude and it can make us forget what is important in our lives.

If there is a loss of gratitude in your life, take proactive steps to embrace the little things that make you smile.

To do this, first, understand the meaning of gratitude. Gratitude is essentially the act of being thankful.

Instead of just saying what you are grateful for, put it into practice.

Being proactive with this will ultimately turn your life into an overall positive experience.

If you don’t know where to start here are some tips.

- Look at the glass half full.

Think of five things that you normally beg for.

These can be going to class, waking up early in the morning, or even having to put gas in your car, and write down why you are grateful for them.

For example, you can be grateful for waking up early to have the $3.60 classes because it can help you get a jumpstart on your day.

It takes you one step closer to achieving your dream.

Writing down uplifting aspects of things you feel to be negative will help you appreciate what you have in your life.

- Write it down, or say it out loud.

Before bed write down in a journal five things that happened during your day in which you are grateful for or five people you are grateful for, and why. If journaling isn’t your thing, you can even say it out loud.

You may not want to feel crazy for talking to yourself or put in the extra effort when you are just tired, but this experience will be cathartic.

Taking time to realize how great things can be a sigh of relief if you are feeling the stresses of life.

Now, let us provide a life hack. If writing is your outlet, look up The Five-Minute Journal. It is a great tool that will help you practice gratitude daily that is pre-formatted.

- Say thank you.

Part of practicing gratitude is also learning respect.

Throughout your day if you encounter someone who helps you out, serves you food, or even lets you cut in front of them while driving, say “thank you.” Letting others know you appreciate them will not only earn you mutual respect, but it will make you feel good inside.

- Make a gratitude journal. A junior communication student offered some insight into how she practices gratitude daily by simply being friendly.

Milélo stated, “I always make sure that I’m polite especially when people go out of their way for me. If someone holds the door for me, even when I am a few steps back, I say ‘thank you’ and hold the door for the next person.”

When walking on campus, you may notice the lack of people saying “thank you.”

With these actions, you can help others recognize and give out, radiate gratitude to those around you.

Hopefully, this has inspired you to appreciate just how much you have in your life.

- Write it down, or say it out loud.

When talking to others, it is important to be respectful and give gratitude. Hopefully your actions will cause others to do the same.

Coming from people who seriously thought the practice of gratitude would have no immediate effects, they can attest for its powers.

Always remember you get back 100 times what you give out, radiate gratitude my friends.

Lifestyle

Chloe Barone
Contributing Writer

Let’s face it, Monmouth is donninged with coffee shops and eats known for their location, Pier Village and being by the beach to help you make that meal or treat.

A go-to lunch spot is essential and convenient. While iced coffees from Dunkin’ Donuts are always on the run, the fast food industry is growing because they take advantage of this. But this local spot is perfect for a healthy but quick snack.

David Marshall, Ph.D. of the mathematics department stated: “I love Brennan’s Delicatessen on Monmouth Road. Great sandwiches and soups.” From breakfast to lunch, this place has it all.

But with prices still at a reasonable rate, it checks all the boxes.

They have many choices of omelettes, breads, melts, soups and soups. This is a cheap dinner or some milk shakes. The prices cannot be beat. They even have comfort classics, such as grilled cheese, mozzarella sticks and wraps.

All in all, there are many cost-effective but tasty spots to eat both on and off campus. Monmouth’s location definitely plays a primary role in the yummy spots that are not even five minutes away.

Hopefully, this has inspired a trip out of the dining hall to adventure some new, local eats.

Let’s Taco ‘Bout Some Good Eats

Amanda Balestrieri
Contributing Writer

Let’s face it, Monmouth is donninged with coffee shops and eats known for their location, Pier Village and being by the beach to help you make that meal or treat.

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If you drove by Citi Field in Queens, New York last Friday, you probably haven’t seen so many tents since last year’s abysmal Firee Fest. About 50,000 fans crowded out ahead of a concert for BTS that was held last Saturday night, so they could get the closest possible spot to their favorite band. BTS, which stands for Bangtan Sonyeondan, or Bulletproof Boy Scouts, is a Korean pop boy band that consists of seven members.

Their latest album, Love Yourself: Tear, released last May, reached Number One on Billboard’s 200 Chart. They’re currently on the North American leg of their international Love Yourself Tour, which started in Los Angeles on September 4 and concludes this last Saturday night at Citi Field.

Everywhere the band travels, thousands of adoring fans follow. But how did BTS and K-pop become so popular in a country where Korean isn’t the dominant language?

The first K-pop convention, known as KCON, took place in October of 2012 at Atlanta, Georgia’s Verizon Wireless Amphitheater. KCON supports the world of K-pop, which directly translates to the “Korean Wave.” At KCON, Korean culture is demonstrated through music, panels for food, TV shows, makeup and other popular workshops.

What started out as a one-day convention in Atlanta has grown into a three-day event in New York City and Los Angeles. Nowadays, the music has become a large part of KCON and the genre has gained popularity with mostly teen and young adults across the country. There are a few theories as to how K-pop took the U.S. by storm.

Some say actress Emma Stone sparked the country’s interest. In an interview on Conan, she said, “It’s the best thing you’d ever seen.”

This drove people to search for the group that was at the top of Stone’s playlist. But associate professor and K-pop expert Aaron Fuller, Ph.D., said the popularity of K-pop and its expansion is attributed to, “One simple answer: Worldwide Web.

We now have instant access to pop music produced outside of the traditional places [like the] traditional radio. Many K-pop groups have well over 50 million music videos views on their YouTube channels.

The music has also appeared on American TV and in movies like Fast and Furious 4 and the trailer for Fantastic Four. Even with a few lines transitioning a scene, the upbeat music instantly sparked interest at a party and the music to her own Asian heritage added greater weight to the message of K-pop.

From there, the genre has become international. Girls Like Wonder Girls, SNSD, CL, Exo and NCT.

The consistence in the music is that BTS is one of the most popular Korean boy bands. Many K-pop fans have become the new westernized boy band of choice.

With the Backstreet Boys and *NSYNC pulling out of the genre, BTS has become the new westernized boy band.

KCON’s success has led to the exposure of other Korean music and fans are just as enthusiastic.

BH.T have close to 8 million monthly listeners on Spotify. “K-pop suggests that because of the Internet, we are truly living in a new world for good or bad, depending on your musical taste.”

Many music videos for K-pop are dystopian in nature or robotic, which leaves us to believe that BTS may be the future.

What’s definitely in the future for BTS are more dates for their European leg of the tour. BTS will end their European dates on Oct. 20, then head over to Japan, where they will tour the country from Nov. 13 to Feb. 17.

For the hits to come, I’m sure you’ll see BTS and other bands of the genre pop up on the Billboard Charts.

## Dust Off the Snuffle Box: The Resurrection of Classic TV Shows

### ERIN MULLIGAN CONTRIBUTING WRITER

Remember those days of staying up late at night in elementary school past 10 to catch an old episode of *Full House* on Nick at Nite? Yeah, I’m daring to see Danny Tanner on the screen at such a late hour, but it was so worth it; especially when he butted heads with Uncle Jesse.

We see Uncle Jesse in those steamy Greek yogurt commercials, but now when you breeze through Netflix, the character appears next to a reboot of the show we all loved: Fuller House, which started in 2016.

Recently, many shows from decades ago have had reboots on TV and Netflix for the main reason of intellectual property. Is there a serious case of writer’s block spreading throughout the country? Is there a panic spreading through Hollywood? What could be the reasoning behind all of these TV show revivals?

Associate professor of communication, Chad Dell, Ph.D., shared his thoughts on the trend with us, “I have mixed feelings. As someone who is a boomer and watched those shows, it’s interesting to see them but on the other hand, I’d much rather see new stories about new characters.”

Dell continued, “What they’re doing is taking characters in a track and sales record and trying to sell them to us again which I find disappointing.”

Variety reported that multiple shows from the 70’s, 80’s, and 90’s are making their returns. For example, *Full House* came back on Netflix last fall. According to Forbes reporting that the show had drawn in 4.6 million viewers for its final episode.

The list also included *Battle of the Network Stars, The Gong Show, The Jettsons, Miami Vice, Roseanne, and Will and Grace.* Another notable show that has resurfaced after many years off the air is *Murphy Brown.*

Brown has been revived for 2 seasons and premiered on Sept. 27, just a couple weeks ago. The show is centered around the life of former alcoholic, Murphy Brown, played by Candace Bergen, who was an investigative journalist and news anchor for 10 years of *CBS Evening News with Frank. Brown is a tough, hard-headed woman who is considered the most famous hard-hitting news anchor in America.*

The show follows Brown and her friends as they humorously come back to work on her own morning show called *Murphy in the Morning.* The season will follow what happens while the two shows are scheduled to air against each other through the first 8 episodes. Considering the high viewer ratings, it doesn’t seem like these reboots are slowing down.

But what show will come back next?
DANIELLE MCCLELLAND
CONTRIBUTING WRITER

We have all experienced that one concert. It rankles your spirit and makes you want to run away and escape the pressures of societal norms. It makes you feel exhilarating and présent to concerts of a life-long scale.

Jackson is a hard-headed guitarist wrapped up in the world of sex, drugs, and rock and roll. On the other hand, Ally, played by Lady Gaga, is a determined waitress that spends her evenings belting out French songs in a nightclub alongside sleek drag stars.

The irony is that we all are aware of the power of music and the emotional resonance it can have on us. From a young age, we are taught to love music and to embrace the feeling of being in an electric guitar. The power of music is something that can bring us together and make us feel like we're part of something greater than ourselves.

Writer Odie Lindsey visits Monmouth

Writer and military veteran Odie Lindsey reads pieces from his most recent story collection, We Come to Our Senses, in front of a crowd of students, faculty, alumni and community members at Pollak Theatre as part of the school's Visiting Writers Series last Wednesday, Oct. 4.

Lindsey is currently a professor of practice at the Center For Medicine, Health, and Society at Vanderbilt University. Lindsey's message and presence in Pollak Theatre focused on an in-depth discussion of what qualifies a story as a "war story." Some of the concepts include interdisciplinarity among individuals, along with a necessary insight into how people audi the truth in order to reach others and, more often than not, themselves. Lindsey told students about his time as a Chevron Production Engineer in Brazil, during which he was given the task of digging in the jungle for a now-closed oilwell.

But besides "Colleen," We Come to Our Senses is filled with unique kinds of war stories focusing on the soldiers, military veterans, and heroes of all genders, and cultures whose stories don't get the value or attention they deserve for the priceless sacrifice they make.

Otherrefreshing and insightful works by Lindsey to provide a possible new outlook on life include the stories "Bird On Back," "Tiers," and "Darla." Lindsey's book, which is to be published by W. W. Norton, is forthcoming.

Writer Odie Lindsey offers a fresh way of telling war stories.

Photo by W. W. Norton

While there appears to be a stark difference between the two genres, each has the power to move the audience. The fact that we are able to write one word, or not write any words at all, you're still in the process of writing. You only write one word, or not write any words at all, you're still in the process of writing.
If you had the chance to time travel, where would you go?

COMPiled By: Nicole Riddle

Anthony DeAnni
Graduate Student
“I would love to go back in time and see bands like The Beatles or Led Zeppelin at the height of their career.”

Sam Infantino
Junior
“The future.”

Zandro Salomone
Sophomore
“If I could travel anywhere, I would have to choose the early 1990s. I want to experience an earlier generation of pop culture and music.”

Yazmin Belhdaj
Junior
“I would be at the table for The Last Supper.”

Vanessa Sullivan
Plangere Cafe Cashier
“I would love to go to Woodstock.”

Don’t see your picture this week?
Check back in next week’s issue for more Monmouth students’ photos!
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Associate Professor, African American Studies, Princeton University
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The Sports Studies Club is the newest club at Monmouth University, and we hope that it will provide a great benefit to the entire student body. The club plans to give Monmouth University students the ability to gain insight in the highly competitive sports industry.

Formed in the Spring of last year, the main goal of our club is to help sports interested students gain networking connections in professional sports and allow them to garner internships with professional sports organizations in the Tri-State area.

We are proud to announce this upcoming school year we are planning on partnering with organizations and personnel from the National Basketball Association (NBA), Major League Baseball (MLB), National Football League (NFL), National Hockey League (NHL), and the Major League Soccer (MLS).

Our specific plans involve having professional sports organizations arrange panels at Monmouth University to speak about their internship programs and plan trips to these sports teams' stadiums for private tours and meetings with front office personnel. Another idea is to set up a speaker series where we will have sports industry professionals speak at our club meetings to members about their current occupations, how they started their career and if they have any tips for college students who are interested in working in similar sports related fields.

The Executive Board consists of President Max Sobrano, Vice President Rob Disko, Secretary Alexandra Griff, Treasurer Robert Scott, and Field Organizer Kemal Kansu. Jordan Smith. We are also extremely glad to have four incredible advisors, Joseph Mosca, Ph.D. and Matthew Harmon, who are part of the Business School and Communications School respectively. The Sports Studies Club is open to students of all majors.

The inspiration to start this club after I have endured the harsh, drawn out journey of applying for internships for professional sports teams, I soon realized how difficult it is to find a job in the industry. Once I met and talked to a few other students who have experienced the same hardships with applying for these internships, we knew that we needed to do something to help out other Monmouth University students with the same or similar career interests. I knew that even if we could help out one single student land an internship in professional sports, this club would be successful.

Currently, Monmouth University does not have a specific sports major. For this reason, many students at Monmouth who are interested in a career in sports major andminor in a combination of Business and Communication. This is another reason why the Sports Studies Club will prove to be a valuable asset to any student who has an interest in sports in general.

The first official meeting of the club will take place Oct 10 p.m. and 3 p.m. in Bey Hall 201 (Turrell Boardroom). We will be discussing some of the important goals and plans we have for our members for the upcoming school year. Detailed emails will be sent out summarizing that week's meeting. If you or anyone you know is interested in joining please email Max Sobrano at s048458@monmouth.edu. Be sure to follow the Sport Studies Club Instagram page at @musportsportstudies for any upcoming events and news!
Alena Graedon’s Dystopian World

Alena Graedon is the author of The Word Exchange, a thriller centering around a dystopian world.

How to Get the Most Out of Your Fall Break

JENNA PUGLISI  FEATURES EDITOR

As the semester begins to feel hectic, with every assignment seeming like it’s due at the same time, we naturally begin to countdown the days until fall break. We will have no classes Oct. 15 and 16, giving us all some time to destress.

This four-day weekend is a great opportunity to have a mini vacation. With cities like Philadelphia and New York close by, a couple days of reality can be reached. If you’re willing to extend the duration of your road-trip a little bit, Washington, D.C. is about four hours away.

Sara Sikora, a senior communication student, said, “I’m spending my fall break in Washington D.C. On Saturday, I am going to the Maryland vs. Rutgers football game, and the rest of the break, I plan on exploring the nightlife in D.C.”

If you would rather stay local, there is plenty to see near campus. Sometimes we become so overwhelmed with school and our extracurriculars, that we forget to appreciate all the cool sights that we have in our area. A great local spot for a day trip is Pier Village. They have plenty of great shops and restaurants to try, and you’re right by the beach,” Sikora said.

If you don’t want to make any plans, you can still have a great fall break. Relaxation is key during fall break, and if a trip feels like too much stress, then it may not be the best option for you.

Nicole Notar, a senior communication student, said, “I don’t have any big plans for fall break, but I think everyone should just enjoy some free-time post midterm. A nice way to relax would be to have a spa day at Ocean Re- sort in Bradley Beach. Many teachers have their midterm exams and papers due before the break. In this case, you can use the break to let your mind recover from cramming for exams.

However, there are still some midterms that will be happening when we return from the break. Unfortunately, this means that some of us may be spending our break studying.

But again, don’t stress. The break means that you can put your full focus on studying and assignments. Without the regular hustle of having to get to class, you will have a clearer mind to absorb all of your course material.

Also, the studying shouldn’t take up your entire break; allow yourself breaks in between, so that you do not find yourself sliding down the slippery slope of midterm stress. Courtney Werner, Ph.D., assistant professor of English, provided some advice. ”In a good way, we put our own spin while using the voice of another author. It allows us experiment all the time,” Lai continued.

The connection between Graedon’s experience as an author and as a creative writing professor not only gives insight to students, but also to Graedon herself. “I love teaching, and I always have, I went to a small school growing up in the south that was very focused on peer collaboration. Teaching is just something that I think of as very much a part of my identity and as a part of a career path for my career,” Graedon said.

“The things I think I like the most is when I see that my classes can teach and show each other. It is in this moment, when people can figure stuff out for themselves,” Grae- don shares.

While inspiring her students, Graedon is also anticipating her future works. “I’m currently working on a second novel now, and I just recently put together a research plan for a third novel,” she said.

Graedon inspires her students and readers alike to persist in whatever craft they pursue. She heavily advises students to keep focusing on their work, no mat- ter what.

“I had a professor who was really influential, and he advised us that no matter what you were doing, it was better to do it honestly and with passion. I don’t think that he knew how much of an impact this would have on me,” Graedon said.
The Best Part-Time Jobs for Full-Time Students

JENNA PUGLISI STAFF WRITER

Being a full-time student is fulfilling, but it can be difficult. It is especially hard when you’re balancing a schedule that also includes a job. We all want the degree, but we also need money to get through the degree. While that may feel like a struggle, it’s not impossible.

There are many options when choosing where to work, specifically if it’s best for you to work on or off campus. If you choose to work off-campus, you do not need to travel far. A commute to work can be very time-consuming and if you have a full workload with your classes, time is the last thing you can afford to lose.

In addition to Monmouth Mall being close by, there are plenty of other off-campus options. There are the Book Coffee locations suitable for early birds, and various bartending options in Asbury for a night out.

If you are a commuter student, it may be best for you to select an off-campus job that is close to your home instead of school. Same applies to a non-commuter student, said, “I work at a local Tilted Kilt in my hometown. I commute to campus and live about 20 minutes away, so it would be a little crazy for me to drive back and forth.”

Off-campus jobs also allow you to immerse yourself in an atmosphere outside of campus. “I also really like the fact that I have time away from campus and another source of income and establishing relationships elsewhere,” Losurdo added.

If you are worried about off-campus jobs not balancing well with your school work, many managers understand that school needs to remain your priority. Upon being hired, ensure that you are honest about the limitations of your schedule.

“My managers know that school comes first for us, so they help out with scheduling as much as they can,” Losurdo said. If a manager is not willing to work with your schedule, it may be time to look for a different job.

On-campus jobs offer the main advantage of convenience for students, especially to those who live on-campus. Nicole Cimaglia, a mathematics and secondary education student, said, “My schedule is so busy and working on-campus allows me to work a bunch of shorter shifts throughout the week in between classes, rather than a full shift all at once. It gives me more time to do my homework and studying.”

While some off-campus jobs may present scheduling issues, on-campus jobs are always understanding that you are a student first. “Both of my jobs at school are set schedules for the week that I chose to work. I definitely think on-campus jobs are more accommodating because they 100 percent understand you are a student first and that you have your own course load,” Cimaglia said.

You can search for on-campus jobs online through Hawks Career Link. Monmouth offers jobs in many different departments around campus, so you can choose to apply to jobs within your major or interests. There are also opportunities to give campus tours within the admissions department.

Aimee Parks, Assistant Director of Human Resources for Student Employment, said, “Most on-campus departments offer job opportunities. There are currently 15 off-campus agencies offering Federal Work Study jobs to students.”

It is important to note that while Federal Work Study students will be given priority for employment, all students will have job opportunities. “Even with over 1,150 on campus jobs filled so far this semester, there are plenty of jobs still available online for all students,” Parks said.

On-campus jobs will offer you the chance to feel closer to the Monmouth community, working with professors, administrators, peers and outside clients is invaluable,” Parks added. Select your job wisely, and decide if your life is better suited for an on or off campus position. If you are realistic with your availability and always put your school work first, you will be able to find the perfect school and work balance.

SKYLAR DALEY STAFF WRITER

Halloween is getting closer every day and Monmouth University is quickly transitioning from the outside of campus through back-to-school posters to spooky events and exhibits. Monmouth’s Guggenheim Library is featuring its own exhibit, showcasing all of the classic horror and its impressive collection.

Located on the second floor across the hall from the university’s special library’s office, students will find a grotesque poster featuring a disturbing skull taken from Edgar Allen Poe’s The Fall of the House of Usher to get students in the spooky mood. The exhibit is going to be running from now until Halloween.

George Germek, the Director of the Special Collections and Rare Book Room, has created a list of classic horror stories and has assigned myself, as a graduate arts and humanities student, not official, to the Guggenheim. In Germek’s office is located on the second floor, in the offices in the microfilm section. You can reach out to him via email at ggermek@monmouth.edu.

Halloween display will be a Christmas themed exhibit. The spring semester usually has miscellaneous spreads that change every year.

Not only would you have access to limited editions, but the room is an excellent tool for research assignments. The physical copy of the book and its physical attributes are primary sources not only for your English class essay, but for other disciplines such as art, history, and science. The Mumford collection is filled with different genres and topics and can be set as your next essay apart from your peers.

If you find that you are interested in studying, analyzing, or just wanting to see the books in the flesh, come down to the Guggenheim Library and request to go into the Rare Book Room.

Germek would be happy to schedule an appointment and open the cases to books you want to look at. This includes the books featured in the horror exhibit.

The Library’s Literary Horror Exhibit will be on display until Halloween, featuring works from Poe.
Casielles stepped up for the kick. She was awarded the visitors a penalty. Monmouth handball in the box. Less than 15 seconds before the whistle. The floodgates opened for the Purple Eagles as they added two goals from distance in Monmouth’s 4-1 win over Quinnipiac on Saturday afternoon.

Women’s Soccer Takes Care of Quinnipiac, 4-1

MARK D’AQUILA
SPORTS EDITOR

Women’s Soccer extended their winning streak to five straight games with Metro Atlantic Athletic Conference (MAAC) victories last Wednesday at Canisius and on Saturday afternoon against Quinnipiac at Hesse Field on the Great Lawn. The Blue and White’s match-up at Canisius last week ended 2-0 in favor of the visitors. Senior forward Ali DeLuca scored her fifth goal of the year in the second minute off of a pass from senior midfielder Lexie Palladino. The assist extended Palladino’s point streak to four games, the longest of her career, which would come to an end in the week. Palladino now has 13 points on the season and 26 for her career. The Hawks took a 1-0 advantage into the half, and junior midfielder Jessica Johnson helped open the second half with a scoring with an assist to junior forward Madie Gibson who found the lower third of the net to double their advantage. The 2-0 score stood the rest of the way thanks to junior goalkeeper Amanda Knaub’s three saves as she collected her seventh shutout in 2018 and 27th for her career. “This was a good result for us after we faced a lot of adversity with our travel yesterday,” said Head Coach Kristy Turner. “I am very proud of the team for how they handled themselves in earning another shutout and getting three points on the road.”

Saturday afternoon’s handling of Quinnipiac began with the first of junior forward Dana Scheriff’s two goals in the 11th minute of the first half. The forward brought the ball to the byline out near the corner flag, swung another shutout and getting three points on the road.

Junior forward Dana Scheriff fired two goals from distance in Monmouth’s 4-1 win over Quinnipiac on Saturday afternoon.

“We have to be a ninety-minute team every time we play.”

KRISYY TURNER
Head Coach

Men’s Soccer Slides to Four-Game Losing Streak

EVAN MCMURTRIE
SPORTS EDITOR

Men’s Soccer fell to Fairfield after the Stags scored two goals in a little over eight minutes to come from behind and win, 2-1, at Hesse Field on the Great Lawn last Wednesday night. “It’s a little bit frustrating because we went up on a goal, but to be fair, Fairfield I thought played quite well,” said Head Coach Robert McCourt. “They’re a well-coached team, a veteran team, and we’re just trying to find our way, so we just gotta stick together and keep fighting.”

In the nineteenth minute, Fairfield nearly opened the scoring when junior midfielder Dario Simioni-Ponte skied a header over the crossbar from point-blank range. Ten minutes later, Monmouth took the lead against the run of play. A corner kick was swung into the box, headed towards the far post, headed back into the middle by freshman defender Michael Neff, and then headed into the back of the net by senior forward Luke Bromley. Though the Stags pressed for an equalizer, the Hawks took the lead into the break.

Junior forward forward A’Llah Moore found the back of the net next after the goalkeeper’s diving save landed at her feet. She tapped the ball into the open net to give Monmouth a 2-0 lead. The goal made Moore’s third of the year but first ever game-winner. “I thought we had a great first half,” Turner said. “The second-half we lost our focus and discipline which allowed Quinnipiac to create a lot of chances.”

Monmouth outshot the Bobcats eight to four in the first half, but were then outshot 11 to seven in the second. Scheriff bettered her game-opening effort in the 50th minute after receiving a pass from DeLuca just inside the right corner of the penalty area and unleashing a right-footed strike that hit the top left corner of the net. Gibson put a cap on Monmouth’s scoring less than a minute later, lining up the defender, cutting past with her right foot, and then shooting back across goal with her left to give them the 2-0 advantage.

Gibson was awarded MAAC Offensive Player of the Week recognition on Monday for her performances. Knaub had to make eight saves on the day to preserve the lead for Monmouth, despite allowing one goal to get past her late in the game. Quinnipiac’s 68th minute goal ended Knaub’s 473:01 shutout streak, but was not nearly enough to get the Bobcats back into the game. “We have to be a 90-minute team every time we play,” Turner said.

The first-place Hawks will now travel to Tenerny Stadium in Poughkeepsie, NY for a rivalry matchup under the lights against second-placed Marist. Monmouth will enter play leading the MAAC with a 10-3-1 record overall and 5-1-0 in the conference.

Meanwhile, Marist stands in a close second at 6-5-1 overall and 4-1-0 in the conference. Kick-off is set for 6:30 p.m. on Saturday night at 7:00 p.m.

Men’s Soccer Slides to Four-Game Losing Streak

Freshman goalkeeper Sean Murray made nine saves, including one from a penalty kick, in Monmouth’s 2-1 loss to Fairfield on Wednesday, Oct. 3.

ESPN3
Field Hockey Outscores Opponents 16-2 in Home Stand

CHRIS FITZSIMMONS STAFF WRITER

Field Hockey continued to roll with two home wins this past weekend, delivering a 10-0 performance on Friday against LIU Brooklyn and a 6-2 victory over Bryant on Sunday afternoon at So Sweet a Cat Field. An offensive onslaught on Friday saw eight different Hawk goals score against Bryant. Senior forward George Garden Bachop scored a hat trick in the win, earning her Metro Atlantic Athletic Conference (MAAC) Offensive Player of the Week honors for the second week in a row. “It does not mean too much to me,” said Garden Bachop. “As long as the team is performing well that is more important than any accolades.”

The Hawks were unstoppable, as both familiar and new names contributed in the win. Garden Bachop was the first to score, four minutes into the game as Bachop was the first to score. We have been practicing hard lately so it is nice to see that play out in our games,” Van Lange was named MAAC Rookie of the Week on Monday. Once again, Garden Bachop led the way for the Hawks, scoring the first goal of the game and setting up a hat trick as Monmouth cruised to a 6-2 win at home to Bryant. “It is really nice of course,” said Van Lange on her performance. “However, without my teammates I would not be able to score. We have been practicing hard lately so it is nice to see that play out in our games.”

Monmouth continued to dominate in the second as Garden Bachop made it a hat trick, burying a nifty reverse shot in the 95th minute of play. The Hawks scored three more goals in the end and walked off with a 10-0 shutout win.

On Sunday, Van Lange had the hot hand, scoring her first career hat trick as Monmouth cruised to a 6-2 win at home to Bryant. “It does not mean too much to me,” said Garden Bachop. “As long as the team is performing well that is more important than any accolades.”

Women’s Tennis Falls to UC Irvine in Home Match

ANDY STUDNIA STAFF WRITER

Women’s Tennis dropped a set of matches against both the University of California Irvine at the Outdoor Tennis Complex in West Long Branch and Providence College in the University of Rhode Island Invitational this past weekend.

On Friday morning, the Hawks hosted their fourth match of the season. In their three prior home matches, Monmouth defeated the likes of St. Francis Brooklyn and Delaware State before dropping their most recent one to Wagner. Looking to rebound and finish up the home stretch strong, the Hawks were unable to prevail over UC Irvine as they fell by a score of 6-1. In what was a rare matchup with UC Irvine, the Blue and White’s effort was headlined by the play of freshman Nicole Gasser. Gasser picked up the Hawks’ lone singles victory of the day by a score of 6-3, 6-3.

Outside of Gasser, seniors Alexandra Graff and Maria Ivanova, sophomores Chironney Gabriel, Sydney DeNardo, and Rachel Rosenhall all dropped their respective singles matches. Friday marked the first time that the two schools had ever faced each other in women’s tennis.

In doubles play, Monmouth was unable to get on the board with a victory. Gasser and her doubles teammate, Ivanova, dropped a 6-3 result in the first match. The No. 2 doubles duo of Graff and junior Caroline Matse lost by the slim margin of 7-5. The third doubles duo made up of Gabriel and DeNardo ended the morning with a 6-2 loss.

Following the defeat on Friday morning, the Blue and White traveled to Rhode Island on Saturday for the URI Invitational for a matchup with Providence. The Hawks’ Gasser once again highlighted the day for the program, picking up another singles victory by a score of 6-0, 6-2, and 10-3, as well as a doubles victory with her partner Ivanova by a score of 8-4. Gasser, the Middletown, NJ native has won five out of six singles matches to begin her collegiate career.

Outside of these results, Monmouth did not pick up another victory. Losses taking four of five matches and two of the doubles matches.

The Hawks matchup with the Friars on Saturday was the first time that the two schools have met since Oct. of 2008. The two programs have met four times since 2006, with Providence proving to be victorious in all four matches.

To wrap up the URI Invitational, Monmouth was scheduled to play the final match of the tournament, the University of Rhode Island on Sunday. However, rain prevented the match from starting and it was eventually cancelled.

The Blue and White’s next scheduled match will take place over the fall break. Monmouth will return to the court for a matchup with Lafayette in Easton, PA.

The last time Monmouth and Lafayette met was on Oct. 2016 in PA. In that match, the Hawks proved to be victorious by a score of 4-3. Ivanova and Mattise each had both singles and doubles victories en route to Monmouth’s win. The singles victory for Mattise that day was the first of her collegiate career.

Saturday’s meet away to Lafayette is set for a 4:00 p.m. start.

UPCOMING GAMES

Thursday, Oct. 11
MGCOLF vs 18 Holes
Hawk Invitational
Deal Country Club
Deal, NJ 1:15 p.m.

Men’s Tennis
ITA Northeast Regionals
Princeton, NJ

Friday, Oct. 12
M/W Cross-Country
Princeton Invitational
Princeton, NJ

WTEN at Lafayette
Easton, PA 4:00 p.m.

FH at Drexel
Philadelphia, PA 7:00 p.m.

Saturday, Oct. 13
M/W Cross-Country
Lafayette Invitational
Easton, PA 10:00 a.m.

FB vs Bucknell
Kessler Stadium
West Long Branch, NJ 1:00 p.m.

MSOC vs Canisius*
Hockey Easton, CT 7:00 p.m.

MSOC at Fairfield*
Fairfield, CT 7:00 p.m.

Sunday, Oct. 14
FH vs Sacred Heart*
St. Joe’s Field
West Long Branch, NJ 1:00 p.m.

WTEN at Holy Cross
Worcester, MA 3:00 p.m.

*conference games

Freshman forward Annick van Lange scored her first career hat trick in Sunday’s 6-2 win over Bryant, earning her MAAC Rookie of the Week honors.

Freshman Nicole Gasser clinched the lone win in Monmouth’s 6-1 loss to UC Irvine on Friday morning.
Women’s soccer defeated Quinnipiac, 4-1, on Saturday afternoon, pushing their winning streak to five games. Junior forward Madie Gibson racked up two goals and an assist this past week, earning her MAAC Offensive Player of the Week honors.