**Professors Meet with United Nations Official**

NICHOLAS COSCARELLI / THE OUTLOOK

Two University professors met with Pramila Patten, the United Nations Special Representative on Sexual Violence in Conflict and Under-Secretary-General of the United Nations, on Thursday, Feb. 21.

In an hour-long meeting, Rekha Datta, Ph.D., newly appointed Freed Chair of Social Science, and an associate professor of sociology, discussed several issues surrounding sexual violence on the Yazidi women in the Sinjar region of Kurdistan in Northern Iraq with Patten.

The three, in addition Sherryzan Mirwala, Chair of Party for the Genocide Recovery and Persecution Program in Iraq, and Foster’s co-author in her work, also discussed the issues in Cox’s Bazaar in Bangladesh, where female Rohingya refugees are facing various forms of gender-based violence.

**Students Attend Women’s Tech Conference**

CAROLINE MATTISE / EDITOR IN-CHIEF

Monmouth software technology and computer science students attended the Women Engineers Code (WeCode) Conference at Harvard University from Feb. 22-24.

Seven students majoring in a variety of computer and technology studies attended the three-day coding seminar held at Harvard University’s Undergraduate Labs.

WeCode is largest student-run conference for women in computer science in the nation, according to their website. The program is designed for women in the technology industry to connect with other women, learn new skills, and share information.

Although the program is geared towards women in science and technology, all are encouraged to attend the conference. The students who participated in the conference attended keynote speakers, coding workshops, fireside chats, and yoga. Topics covered in the talks and workshops included web application security, data science, product management, and trading.

Lauren Niesz, a graduate information systems student, was one of the four female students who participated in the conference but also tend the conference but also find them to be enticing fields to go into myself in the future,” she said.

“Organizing this trip for students was an important trip. “The WeCode Conference honestly taught me so much. I learned about Neurolinguistic Programming (NLP) and Machine Learning, which are fields I was scared of initially, but, after the conference, I really understand them now and find them to be enticing fields to go into myself in the future,” she said.

**Students Approached by Religious ‘Cult’**

RAY ROMANSKI / CLUB & GREEK EDITOR

MEGAN RUGGLES / ASSISTANT NEWS EDITOR

An anonymous female student was approached in the Rebecca Stafford Student Center (RSSC) by two women affiliated with the World Mission Society Church of God who attempted to ask her to attend a “Bible Study” off campus on Thursday, Feb. 7.

This organization has allegedly been associated with human trafficking, abuse and neglect, “terror” recruiting, and being described by former members as a “cult,” according to reports from several media outlets.

The women wore black and were described as being in their twenties to early thirties.

The student confided in her Residential Assistant (RA), who also wishes to remain anonymous, that the church members began a conversation with her about their beliefs in Christianity and asked her about her religious views. The student claimed that the group members pushed the idea that God is a woman and then invited her to attend an off-campus meeting at a discreet location to further discuss this ideology. The student Google searched the address and found that the location was not a church, but an apartment complex.

An on-looking student notified Monmouth University Police Department (MUPD) and they subsequently questioned the woman and asked her to leave.

According to Bill McElrath, Director and Chief of MUPD, a call was received following the incident by an observing student in the RSSC and the officers were asked to investigate.

Mary Anne Nagy, Vice President for Student Life and Leadership Engagement, commented, “The MUPD did a subsequent search and found no illegal criminal activity.”

McElrath explained that because there was no immediate threat, the matter was closed.

**Monmouth University’s Student-Run Newspaper Since 1933**
Datta and Foster on Gender-Based Violence

NICHOLAS COSCARELLI
LONDON DIARY/POLITICS EDITOR

Six students from the University of New Hampshire (UNH) Team competed at the international tournament hosted by the University of Oxford and the Bermuda Institute of Oriental and African Studies (SOAS) in London, last Thurs.

Two keynote speakers who served on the Agricultural Committee, both won individual Speaker Awards.

Six students from the UNH Model UN Team competed at the international tournament hosted by the University of Oxford and the Bermuda Institute of Oriental and African Studies (SOAS) in London, last Thursday, Feb. 21 through Sunday, Feb. 24, taking home two awards.

Sophomore political science student Macarena Ricca, one of the team's captains who served on the Gender Committee in the tournament, and Nick Boice, a sophomore political science student, were the keynote speakers who served on the Agricultural Committee, both won individual Speaker Awards.

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Foster Presents “What Did ISIS Do to You?”

Dr. Johanna Foster presented a lecture entitled “What Did the Islamic State in Iraq and Syria (ISIS) do to you” where she presented her research on Yazidi journalists violated international standards for ethical reporting on sexual violence against Yazidi women.

She explained that Yazidi women were upset that headlines were spinning stories and that they were not receiving aid in return. Foster said that the “helpless” narrative being spun is oversimplified. "While it is true that Yazidi women are, indeed, calling for American or European soldiers to come to their rescue,” she commented, “I think women are calling for American or European soldiers to come to their rescue.”

Foster knows that reporters and editors “receive a story is presented,” with respect to “ethnic and international norms.” Foster explained that Yazidi women were upset that journalists were taking their stories and that they were not receiving aid in return. Foster said that the “helpless” narrative being spun is oversimplified. "While it is true that Yazidi women are, indeed, calling for American or European soldiers to come to their rescue," she commented, "I think women are calling for American or European soldiers to come to their rescue.”

"We always ask the women if they have thought about what they might want to do. Depending upon the answer, we provide them with local resources. If they are undecided, we refer them to counseling," Maloney explained.

"Women’s Clinic is a broad term and refers to episodic gynecological women’s services in addition to well-women’s care,” said Maloney. Last year, Health Services provided more than 765 well-women related services. Title X is legally designed to prioritize the needs of low-income families or uninsured people who might not otherwise have access to these health care services, including those who are not eligible for Medicaid.

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Analyzing the Cult Mentality

In The Outlook this week, we covered a story about an alleged luring of students on campus by a religious group to an off-campus location. Previous members have even referred to this group as a “cult.” According to Merriam Webster, a cult is defined as a small religious group that is not part of a larger and more accepted religion and that has beliefs regarded by many people as extreme or dangerous.

In response to this, some of the editors responded to questions about religious cults and cult mentalities.

When asked what constitutes cult behavior, one editor said, “I think people who join cults are most likely vulnerable and therefore susceptible to something that they believe will give them acceptance or validation. Group-think probably plays a big part in keeping people in line with the cult’s ideology, and fear is probably used to instill loyalty to the cult leader.”

Another editor said, “When I think of cults I think of brainwashing. There is one person in charge who persuades people to follow them and think the way they think.”

One editor noted, “I think that usually the people who get involved in these said, ‘I was broken in some aspect and they’ll cling to any belief, even a bad one, to find comfort and belonging.’”

Some of the editors are familiar with the idea of cults but cannot list too many. However, a few cults were mentioned. “The only religious cult I can think of is Jonestown and the ‘Kool-Aid’ tragedy,” said one editor.

The Jonestown Massacre involved a mass suicide of members of Jim Jones’ the People’s Temple, in which group members were encouraged to drink Kool-Aid that was laced with cyanide and sedatives.

Another editor said, “Well, I think the Manson family is definitely one of them.”

Focusing on how cults can indoctrinate people with false information, one editor mentioned a current example. “I recently watched a TED Talk about a girl who grew up in a religious cult and then left with her entire family,” the editor said. “She realized that the cult did not support strong, female leaders and pressed its own ideals on its members. What she was taught to believe was heaven was actually hell and she had to get out.”

A different editor said, “I have personally seen a lot of information circulating regarding the Church of Scientology, especially with allegations of rape and sexual misconduct among the high-ranking church members. Those that are able to escape from Scientology claim that the information they provided for the church in exchange for ‘spiritual enlightenment’ to then be used against them on the outside.”

Many of the editors agree that cults prey on insecurity to lure members. “For those who have completely lost faith, cults might take in at their weakest,” said an editor. “Also, I assume many cults promise some sort of after life or goal, but those in charge know there’s a more sinister agenda.”

The editors also agree that deception and extortion are used. “Using women is a way to lure individuals because typically women are perceived as trustworthy,” said an editor.

This luring was not mentioned with a warning by the University and the editors were not aware of any。“Monmouth should absolutely respond to these claims,” said an editor. “It is a major safety issue that people are attempting to lure students. If you experience any strange activity on campus, The Outlook strongly encourages our readers to call MUPD at 732-571-4444.”

HOW TO SUBMIT ARTICLES OR LETTERS:

The Outlook provides the Monmouth University community with information concerning issues in and around the University while serving as a forum for expression of the ideas of its readers.

Contributions must be submitted (email outlook@monmouth.edu) by 12:00 p.m. Sundays to The Outlook office, 2nd floor, room 260, Plangere Center. All copy must include the author’s full name and contact information. The Outlook accepts articles and graphic material from students, faculty and administrators, and reserves the right to edit or reject any material which they determine is not suitable for publication or its readers. Copy and advertising appearing in The Outlook do not necessarily reflect the views of Monmouth University or The Outlook.

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The Climates, They Are A Changin’

LAUREN SALOIS
STAFF WRITER

 Doesn’t it baffle you that people believe in climate change? The cause of the many drastic changes happening and the planet having been facing for years and is affecting every area of the planet. Climate change is the altering of the Earth’s climate through the increase in temperature and precipitation, and snow cover shrinking, ocean warming, rising, and acidification in wildfires due to droughts and rising temperature, etc. This is all primarily due to greenhouse gas emissions from human activities involving the combustion of fossil fuels. When hearing about the shrinking of glaciers, I always picture a polar bear stranded on a thin and thin piece of ice. It’s very saddening to see polar bears in their disappearing natural habitat. Polar Bears and other wildlife dependent on glaciers are at risk for endangerment as glaciers continue to shrink. Animals are being forced out of their natural habitats and if they cannot find a new place to properly live, they may become homeless and struggle to survive. The rising temperatures due to global warming is affecting the area around Monmouth University. The summers in this area will become warmer and the winters will too, therefore, a decrease in snowfall. And as humans, if we are used to the heat but hopefully, this area will not see summers with 100+ degree heat. The winters also could fluctuate with having warmer and colder days. Climate change has brought new extreme temperatures, new record highs and lows. This school year has been a cold one, with snow and being forced out of my natural habitat. I am myself putting on my rain boots and jacket in hopes of not getting soaked on my way to class too many times already. The increase in precipitation is due to climate change. The days of getting soaked on the way to class are not on the decline, we will continue to get use out of our waterproof shoes and clothes.

The ocean warming, rising, and acidification will also affect this area. The ocean becoming warmer, rising, and acidification will impact the shore just one mile from campus. The ocean water will continue to become warmer and ocean wildlife will be drastically affected by these changes. Ocean wildlife and plants will continue and certain species could become endangered and go extinct. The rising temperatures have majorly affected areas that already suffer from droughts. These areas have extremely dry and have found myself putting on my rain boots and jacket in hopes of not getting soaked on my way to class too many times already. The increase in precipitation is due to climate change. The days of getting soaked on the way to class are not on the decline, we will continue to get use out of our waterproof shoes and clothes.

The main cause of greenhouse emissions comes from factories and vehicles. In order to reduce emissions and to prevent or lessen further damage to our planet, we must reduce the number of emissions by placing preventive measures on the ground by developing new and better ways without pollution. The battle against climate change will be a difficult one, especially with the lack of the unity over the existence of climate change. As humans who inhabit this planet, we have the duty to take care of it. It is our fault that global warming is occurring, so it is our responsibility to fix the damage we have done. We must be impacting every living creature on Earth. Animals, plants and humans are suffering. We are harming ourselves with our current practices and that must change. I am hoping that, before it is too late, our society will make drastic changes to protect our Earth.
To Binge Watch or To Binge Watch

ELISSA SCANO
STAFF WRITER

Binge watch or go out? Um... Binge watch! Duh!

Binge watching is the new best thing to do and we can thank Netflix and HBO GO for that. I was never a fan of just sitting and watching TV all day until I discovered a true love for a binge in 2016.

The first show I legitimately binged was Gossip Girl. It’s a little cliché but I love it. I binge watch almost the whole time it’s on Netflix. Whether it’s a rainy day, a sunny day, a snow day... there is never a bad time to sit down and get lost in The House of Starchild.

After I discovered my love for binge watching, I moved on to Game of Thrones, which is on Netflix. Nothing like reliving your high school years (except much more lavishly in my case). It was January when I discovered this American drama series made up of six seasons. This is a good one to start when you have nothing but time to waste. Season one is made up of 18 episodes in itself!

My most recent binge was with Peaky Blinders on Netflix. Wow, I have nothing to say besides wow. I have heard that other people don’t feel the same way as me on this one, but I absolutely loved this show. I would watch it again and again. It’s a little hard to follow because of the thick accents, but that’s what subtitles are for! A lot less episodes than Game of Thrones but definitely an emotionally heavier show to watch.

Once I finished Peaky Blinders, I started Sons of Anarchy which I know is a crowd favorite. A little longer than Peaky Blinders and most definitely worth the watch. After Peaky Blinders, I wasn’t into Sons of Anarchy as much but I still really enjoyed it. I even tried being one of their members for Halloween. Hmmm... What came next? Oh! Big Little Lies with Nicole Kidman, Shailene Woodley. It’s only one season long but covers so many controversial topics regarding relationships and women. I tell all my friends to give it a try. My one friend actually got just as hooked on it as I did. The next season comes out later this year and I cannot wait.

Another good one I actually just finished was The Bodyguard. Also, only one season but jam packed with action and the way it starts will grab your attention immediately. I had no idea what it was about but was totally bazed on my way home from Florida so I downloaded episodes on the Netflix app and watched it on the plane. Tota- tally surprised but really happy I gave it a try.

I can’t believe I waited this long to tell you guys about this one... Power? 50 Cent stars in it, as well as partially produces it. My boyfriend told me to watch it for the longest time and just I would not give in (I’m a little stubborn) but I decided to give it a chance and I was absolutely hooked immedi-ately. Omari Hardwick is the main character and takes you through his journey as a successful New Yorker.

Give them all a chance if you haven’t already. Some I was hesi- tant about starting and once I did, I couldn’t get enough!

Athleisure: Practical and Casual Classwear

RILEY BRAGER
STAFF WRITER

Do you ever have those days when you just don’t want to roll out of bed in your pajamas and never take them off?

I am talking about those 8:30 classes where you hit your snooze button a million times and regret the decision to take the extra minute to get ready. Then you contemplate not going but do not want to lose those participation points that always make a difference determining you grade at the end of the semester. Therefore, you get up, look in your closet and pick whatever article of clothing you spot first.

During my first year of college, I discovered the art of looking put together but also comfortable. I pretty much lived in my sweatpants and sweatshirt because I play lacrosse at Monmouth and found myself too tired to care about how I looked. However, as time continued I discovered "athleisure" wear and let me tell you that changed things for me.

You may be asking yourself what athleisure wear is. The dictionary defines it as "a trend in fashion in which clothing designed for work-outs and other athletic activities is worn in other settings." This is taking clothes such as leggings and cute workout tops and wearing it in a non-exercise environment like class, hanging with friends, grabbing a bite to eat, etc. You can dress it up with some jewelry or some trendy sneakers.

This creates an illusion that you took time to get ready in the morning when really you are just as comfortable as you would be in your pajamas. This trend is booming especially with the college crowd. Positivity, because no one wants to be uncomfortable in class. Athleisure is not only limited to the fits population; many men have jumped on board with this trend. You can find so many fashionable joggers or cool sweat suits to class.

The next time you are stressed about waking up late for class and are panick- ing about what to wear, think about athleisure. There are many places such as, Marshalls, Target, H&M, and Old Navy that sell very affordable athleisure wear that are cute, comfortable and affordable. There are also online companies, such as Fabletics, that offer deals on the first pair of leggings purchased.

Athleisure is a fashion fad mostly worn by teenagers and college students, anyone can pull off the athleisure look. It’s the perfect alternative to sitting on your “Sunday best.” Throw on some fun leggings, a cute sweater with a soft-knit top and you are good to go.

Some people argue that the trend fits to everyones needs because it does not just fit one niche group of people. Whether you are an athlete or have never picked up a weight, this trend is right for you.

Stop by your local shopping center to check out the variety of online athleisure websites to get the latest in the comfortabe trend. This will allow you to find out what works best for you.

Go from lounging around your house, to class, to the gym, to dinner all in the same outfit. Its comfortable, fun, and functional.
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**Resume Writing Workshop**

**Wednesday, March 6**

**Presenting: Nancy Gallo**

**2:00 pm**

**Student Center 202A**

*RSVP to this event to sbrown@monmouth.edu*

Light refreshments will be served

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**MONMOUTH UNIVERSITY**

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**STUDENT EMPLOYMENT**

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**Career Services & Student Employment**
Blue Hawk Records Have Found New Voices

RACHEL WILSON  CONTRIBUING WRITER

Blue Hawk Records’ latest compilation album is underway and the Faces of Fourteen are finally here! Blue Hawk Records latest compilation album is underway and the Faces of Fourteen are finally here! The compilation album is being booked as the newly accepted artists are perfecting their tracks for future listeners far and wide. This album is being wrangled with the originality from artists of many backgrounds, majors, and styles never heard before at Blue Hawk Records. From EDM to Neoc Soul, there are varying sounds and artistic perspectives for every audience.

The compilation albums are released at the end of each semester on major platforms such as Spotify, Apple Music, and iTunes. Blue Hawk Records is pleased to announce the artists who will be featured on the upcoming album: Kristen Wilczewski, Francesca Fuentes, Max Adolf, Mani Kissing, William Biedebach, Roman Smith, and Justin Richards.

Featured guitarist, Max Adolf described his experiences as a performer, “I’ve always found that there is a lot of joy in music when shared.” Adolf has paired up with junior Francesca Fuentes for their song, “Jealousy.” The two began working together just this year when Francesca heard Max on the 13th Blue Hawk Album, Superstition. When she showed him the original she had been writing they decided to combine their talents.

“He started adding his own flavor to the arrangement and we were having so much fun with it we decided to audition. This song is different from my previous releases ‘P.T.L.’ & ‘Rock W Me’, so I’m anxious to start working” Fuentes said. Max also commented on the success of their duo, “We have really great musical chemistry... I am really excited to get some of that out there for people to see.” The song uses a serenading melody to tell the story of two women in love with the same man. Senior Music Industry majors, Mani Kissing and William Biedebach “B.J.” are also bringing their talent into the spotlight this semester with their song, “For the Soul.” Mani expressed her excitement to be involved in this project. “We’ve been making music for a little bit now and figured it would be cool to get one of our songs on the album. So we’re pretty pumped to be given the opportunity!”

With the wheels now turning, the industry program and featured artists are preparing to record, perform, and release an album that is sure to be a new favorite. So keep an eye out for the album release and get a taste of the refreshing talent around Monmouth University’s music community!
Lambert and the remaining performance from Adam experience with an opening
broke off her engagement, surrounding this year's Academy
Oscars last Sunday.

We finally made it to this year's
Center for the Arts film series
and provide him with the love
resonate with his sentiments
a German woman, Helene
1890 suicide, there would be
known that years after his
bouts of mental illness.

Vincent van Gogh was a greatly tormented
Dutch painter. His adult journey through
loneliness, alongside strong
soul who was followed by
Gogh was a greatly tormented
painter who lived and stayed in, from Paris
friends, and, especially towards
rejection throughout his life,
romantically having only one
relationship with a
woman, and, especially towards
sexual relationship with a
girlfriend, Irina Shayk was forced
not finished speaking.

The artist would have never
known that his years after his
life's work were followed by
the painter's legacy long after
his death so that the world
would continue to burn bright
into many other speeches,
other than the one about
women in Hollywood that
women empowerment found
its way into many other speeches;
therefore, many speeches at the
Oscars.

The Oscars did a great job
forgetting that we were lacking
women as presenters as well.

Another recurring theme
throughout was the support of
women.

Oh, and Lady Gaga recently
did not win any award this year!
For the amphitheater, it was
the only win for Leo's BlackKklansman.

This year's Oscars had a lot of
drama coming into it but
definitely sizzled out by the
end.

I would've liked some more
action throughout it, and even
at times thought it was boring.
It may not have been golden, but
it was worth watching.

Of Wheat Fields and Clouded Skies

Wheat Fields and Clouded Skies is the title of
Van Gogh's famous "Wheat Fields with
Clouded Skies" from 1889, which is
now on display at the Museum of Fine Arts
in Houston.

Van Gogh: Of Wheat Fields and Clouded Skies

Celebrated for his
engravings as well as his
art, Dutch painter Vincent van
Gogh is the subject of a new
screening at the Kröller-Müller
Museum in Holland.

The exhibition, titled "Van
Gogh: Of Wheat Fields and
Clouded Skies" from 2017, is
a stunning documentary
exploring the life and times of
Vincent van Gogh.

It showcases the
artist's life through his
works, which include
"Wheat Field with Cypresses,"
"Starry Night Over the
Rhone," and "A Night with
the Stars at the Eiffel
Tower." The exhibition
also features letters from the
artist to his brother,
Théodore van Gogh.

Vincent van Gogh was a
post-impressionist painter
whose work is now
considered among the
most important in the
history of art.

One of his most
famous paintings is
"Wheat Field with
cypresses," which
shows a field of
cypress trees at
sunset. The painting
was painted in
1888 and
is now
on display at the
Van Gogh Museum in
Amsterdam.

Van Gogh's
distinctive style
was characterized by
bold colors and
expressive brushstrokes.
His work is known
for its emotional
power and
expression of
light and
color.

Van Gogh committed
suicide at the age of 37
in 1890, but his
legacy continues to
inspire and influence
artists around the
world.

Today, the exhibition is on
display at the Museum of
Fine Arts in Houston, where it
will be on view through
March 25.

Screen series continues at
Potam Theatre throughout
the rest of this semester.
For more information,
please visit the
MOMA website.

Van Gogh's life and work are
highlighted in this new
screening at the Kröller-Müller
Museum in Holland.

A Night with the Stars at the
Eiffel Tower is one of Van
Gogh's most famous works,
which he painted in 1888.

The painting depicts the
eiffel tower at night with
the stars shining above.

The exhibition also
features letters from
Van Gogh to his brother,
Théodore, in which he
discusses his work and
his desire to continue
painting.

Van Gogh's life was
characterized by
extreme emotional
instability, and he
eventually
committed suicide
in 1890.

However, his work
remains highly
valued and continues
to inspire artists and
audiences around the
world.

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The new American reality singing TV competition series, The Masked Singer, premiered on FOX on Jan. 2. The new show is based on the South Korean reality show, King of Masked Singer. The show has 12 celebrities in a singing competition against one another and they sing their favorite songs when they are professional singers or not. The celebrities are dressed as a lion, alien, rabbit, deer, unicorn, monster, peacock, bumble bee, and raven. There’s even a pink poodle, unicorn, monster, peacock, as a lion, alien, rabbit, deer, and they sing their favorite songs in disguise.

The celebrities all range from professional athletes to singers and Hollywood stars. Thus far, the show has earned a consistent 6.983 million viewers. Also, the reality show has been winning at the race for the 18-49 age bracket, remaining neck and neck with Gordon Ramsay’s 24 Hours to Hell & Back.

I love watching The Masked Singer every week and even every Wednesday night to figure out who this week’s Masked Singer is!

The show has a constant autotune on their identities. There’s even a pink poodle, unicorn, monster, peacock, as a lion, alien, rabbit, deer, and they sing their favorite songs in disguise.

The show’s A-List judging panel consists of former PastryCarts frontwoman Nicole Sherzinger, comedian and actor Ken Jeong, TV personality Jenny McCarthy, and singer, songwriter, and producer, Robin Thicke. The loser has to unmask themselves and all of their clues are unveiled.

Terry Bradshaw made an appearance on The Masked Singer.

The celebrities perform and allows the judges to ask about two “yes or no” questions. If the celebrities are singing, then who is putting the clues together and judging their performance? The show’s A-List judging panel consists of former PastryCarts frontwoman Nicole Sherzinger, comedian and actor Ken Jeong, TV personality Jenny McCarthy, and singer, songwriter, and producer, Robin Thicke.

Toward the end of the show, two celebrities are placed in the bottom two and the live audience decides who goes home by voting for who put on the better performance.

I’m no detective, but it’s thrillingly enjoyable to put the celebrity’s different clues together and try to come up with someone and figure out their voice.

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The tour features stops in countries like the Netherlands, Italy, and even Iceland. The Wonderland Years performed a set spanning their three most recent albums. The band, with vocalist Dan “Soup” Campbell at the helm, transformed itself into an 1800s-style band on London. The show had about 40-50 percent of the audience that Sandler prefers because it’s a more intimate subject to talk about.

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Attention students of Monmouth University! Do you think you have what it takes to succeed in a professional interview setting? Think again...

Studies have shown that while some college graduates may have the right technical skills or may have plenty of experience in their field, many are actually lacking essential soft skills.

In basic terms, soft skills make up who you are as an individual. College graduates should be able to confidently maintain eye contact, shake hands well, think critically, communicate effectively, foster teamwork, have the ability to make decisions, and possess problem solving skills.

The Washington Post reported on this decline of soft skills and analyzed two tests, the College Learning Assessment Plus and the Association of American Colleges & Universities. The first study was "administered to 32,000 students at 169 colleges and universities. It found that 40 percent of college seniors fail to graduate with the complex reasoning skills needed in today's workplace.

The second study found that "would-be graduates said college armed them with the skills needed -ed for the job market." However, "employers disagree. On a range of nearly 20 skills, employers consistently rated students much lower than they judged themselves." Possible explanations for such a shortage of soft skills in individuals might include: not being taught at an early age at home, students not realizing it or caring enough, or the use of technology. The Huffington Post reported on this issue and interviewed Melissa Ortega, a child psychologist at New York's Child Mind Institute. "They don't know how to handle conflict face to face because so many things happen through some sort of technology. I can't imagine these kids sitting down in an interview and having a reciprocal conversation easily," Ortega said.

They haven't had these years of learning about awkward pauses. Being able to tolerate the discomfort is not something they're going to be used to, unless their parents make it a priority," Ortega continued.

Walt Bettinger, the CEO of Cappex, has a unique interviewing process. Bettinger takes the candidate out to breakfast to witness how they interact with others. "Unknown to the candidate, Bettinger informs the manager of the restaurant ahead of time to ensure the candidate's food order is messed up. Then, Bettinger watches how the candidate responds to it.

In an interview with The New York Times, Bettinger explains this tactic, "I do that because I want to see how the person responds. That will help me understand how they deal with adversity. Are they upset, are they frustrated, or are they understanding? Life is like that, and business is like that. It's just another way to get a look inside their thought process before hiring them.

Gerry Gibbson, who received his MHA from Monmouth University, is an accountant at many college to promote the importance of soft skills. "First impressions are very important, and as a professional setting. You don't get a second chance at first impression," stated Gibbson.

When he is interviewing a potential candidate for a job position, often times they are lacking the soft skills. For example, if the candidate provides a "dead fish" hand shake, or otherwise a poor hand shake, Gibbson is turned off. "He still gives the interviewer a chance, however, the bad impression is already pressed into his mind," explained Gibbson.

Gibbson personally remembers a 4-year-old acronym, PAAB, which simply stands for: personality, attitude, actions, and behaviors.

Gibbson says it's important to notice the impact versus the interview and its importance. Even though your intent may be good, that doesn't mean it's good if you show some awareness of your attitude, language, and body language is important.

Employers can be sneaky in their tactics; however, it does make you think true to yourself. Are they speeding into the parking lot and park in the handicap spot? Are they rude to the janitor or the secretary? Are they rude to the janitor or the secretary? These are just some of the considerations employers think about when deciding who receives the job.

The bottom line is that it's not too late to perfect your soft skills! The Human Resources club at Monmouth University is welcoming Gibbson to give a talk to students on how to develop these much-needed soft skills.

The event will take place on Tuesday, March 5, at 5 p.m., in Pozycki Hall. RSVP to the event by Monday, March 4, by emailing ereilly@monmouth.edu.

The hope of this event is to get as many students as possible to attend because it can make a huge difference in students' lives.
MEET DR. OZ!
MU Students are invited to a LIVE taping of THE DR. OZ SHOW

WHAT: See a live TV show in action! Includes VIP admission, priority seating, photo/meet & greet with Dr. Oz and Q&A with staff!

WHEN: MARCH 11

WHERE: Bus will leave the Student Center for NYC at 9 am with lunch on your own. Filming begins around 1:30 pm and we will return to MU when complete.

HOW: To sign up: email your name, class year & major to kbarratt@monmouth.edu by March 1.

Event tickets and bus ride are FREE, but space is limited!
WHAT’S UP AT CHABADMU?

SPRING SEMESTER
JANUARY-MAY 2019

GENERAL PROGRAMS

SKYZONE TRIP
FEBRUARY 17TH
Call to RSVP

CHALLAH BAKING WITH RIVKI
EVERY OTHER THURSDAY 8:00PM
Learn how to bake the most delicious Challah and enjoy dinner at MU Chabad

WOMEN’S YOGA & TORAH
WEDNESDAYS ONCE A MONTH
At MU Chabad

EDUCATIONAL PROGRAMS

SUSHI FOR THE SOUL
EVERY WED 3:30-4:30
Student Center (by pool table)
Join your fellow Jewish Students at this weekly social exploring provocative and fascinating topics in Jewish thought and living. Feel free to ask any question on Judaism while you enjoy sushi.

SHABBAT DINNER AT CHABAD MU
EVERY FRIDAY NIGHT
At 572 Westwood Ave
This week, turn Friday night into Shabbat. Join us for a 5-course home-cooked dinner! All you need to do is RSVP on Facebook, and bring some Jewish friends.

JEWISH DISCOVERY EXPERIENCE
TUESDAYS, 7:30PM
BEGINNING FEBRUARY 12TH
at the Student Center
The Jewish Course of Why Reveal your inner wisdom and strengths with an interactive 8-week course. A $250 Scholarship will be granted to those who fulfill the program requirements.

GENERAL PROGRAMS

BIRTHRIGHT
Are you Jewish? Are you between the ages of 18-27? If yes, then you qualify for a FREE 10 day trip to Israel! For more info visit www.MayanotIsrael.com

COFFEE BREAK
Something specific on your mind? Just want to chat? Schedule a coffee break with Rabbi Yaakov or Rivke at a place of your choice. Coffee break can be one-on-one or with a group of friends.

CHICKEN SOUP HOTLINE
Feeling under the weather? Call us for a taste of home, guaranteed to make things just a bit better! Best of all, its delivered right to your dorms.

MEZUZA BANK
Protect your dorm room or apartment with security from Above. Receive a loan Mezuzah. Free installation!

All activities take place at Chabad MU 572 Westwood Ave unless otherwise indicated.

For more info call Rabbi Yaakov at 732.829.7476 email: ChabadMU@gmail.com visit www.JewishMU.org

Chabad MU is a project of Chabad of the Shore.
How to Know Which Grad School is Right for You

SKYLAR DALEY
STAFF WRITER

For everyone in their undergraduate studies, you may be wondering: 1) if you are going to be pursuing graduate school, or 2) what type of graduate school is best for you.

There are a variety of different schools, all ranging from large-scale to small-scale attendance. Other elements may include weather, location, professor tostudent ratio, and price. In some cases, the graduate school you thought was best for you, may not even have your intended program. The decision is always tough, and the preparation brings you back to a similar feeling of junior year of high school, when you were prepped for undergraduate applications. For those willing to continue their education past a bachelor’s degree, here are some tips, tricks, and recommendations for finding the school best for you.

If you are having trouble finding the type of graduate school that fits your personality, you can always fall back to taking an online personality test that will decide your future. Simply type into the Google search engine: “graduate school personality test,” and click as many links as you wish to see where you were destined to go.

The results are not always going to be reflective of exactly what you need, but they are helpful in allowing you to centralize your education past a bachelor’s degree, here are some tips, tricks, and recommendations for finding the school best for you.

It is key to apply to at least eight schools and those should range from reach schools (low acceptance rates) to “safety” schools. A tip for applying to graduate school is to look to see the requirements for the programs you are interested in. For example, many English programs require proficiency in another language, while others have no language requirement. Always look at the fine print prior to sending in the application.

Starting to graduate exams early. It is beneficial to begin taking the exams at least a year before you plan to graduate. It is crucial to know the required exams for the schools you are applying to. Some will need the GRE or MATs, and some will need specialized exams, too.

On the other hand, some programs may not require standardized testing, but will ask to see a portfolio of your work. Make sure that you are aware of all these requirements, so that nothing is left until the last minute.

Without looking further than needed, conduct some research on Monmouth’s own graduate programs. Our school has over twenty programs (and counting). Our graduate school works best because, for students already in the undergraduate program, they have already formed close connections with professors in their field,” says Lauren Vento Cifelli, the Associate Vice President of Student Affairs and Graduate Studies.

Students can easily pick up where they left off and form stronger bonds with the professors they already know, with making their research better overall.

Cifelli spoke at the recent event “Your Master’s Matters,” which allowed students to meet the deans of each graduate program and learn more details about each subject. They were given an application fee waiver, as well.

Grad school decisions can feel overwhelming, but the stress can be avoided with proper research. Many Monmouth students take advantage of either the standard graduate program, or the five-year bachelor/master’s program. Gianna DeSantis, senior psychology student, is planning to start her graduate career at Monmouth. “Right now,” DeSantis explained, “I’m not sure if I want to attend grad school, so I chose it because I really love it here and I love all my friends, as well as the campus and a lot of the professors.”

While Monmouth is a great option for you to attend the same school, if you find your prepped for undergraduate applications, they are allowed students to meet the deans of each graduate program and learn more details about each subject. They were given an application fee waiver, as well.

“I decided against attending grad school because I was taught that, in the world of communica-” Ruggiero said.

Overall, grad school is an important decision, and you should not set aside the opportunity to attend grad school, and you do not need to feel pressured to attend the same school.

“Within the Monmouth community, you are bound to see at least one student walking to class, wearing the 2018 Sherpa trend! It’s the coziest material to wear until the temperatures begin to rise. Sherpa is also an animal-friendly layer for the vegan and faux fur advocates.”

The bear coat/Sherpa trend will continue this spring season; girls will continue to wear them for as long as they can.

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“My favorite spring trend has to be the difference in bottoms that are emerging, es-” Ayoubi said.

The transition from winter to spring calls for the creation of pastel colors, our all-black outfits for brighter ones. Springs colors range from pastels to neon. Spring not only calls for denim, it calls for the creation of pastel colors, our all-black outfits for brighter ones. Springs colors range from pastels to neon.

Jean jackets and other lightweight outerwear pieces, are essential to any spring wardrobe. Spring fashion is coming, filled with color, bright patterns, and excitement. Spring is the transitional sea-son from cold to hot. It is an in-between season and fashion is in-between bundling up and stripping down. Basics from denim jackets and sneakers. Denim, a basic in all of our wardrobes, makes a huge play in our everyday wardrobe. I wear a lot of denim jackets and white sneakers.

Traditional denim jackets often calls only for denim jackets, but also other lightweight jackets, such as leather and cotton. Leather jackets are a practical and cute way to elevate a spring outfit. Raincoats are also a must for spring when often there is more rain than sun. But raincoats do not have to be boring, instead of buying one in black, pick a colorful one to add a pop to those dreary days.

Stephanie Ayoubi from Stephey’s Solutions, a Lifestyle Nurturio-
Lifestyles

The Outlook

Ways to Go Green: Saving the Planet Edition

LAUREN SALOS
STAFF WRITER

We must realize that how we interact with the environment affects our future and the future of our generation. Every little change can make a difference and help save the Earth.

SCHARRINA BENCOSME
CONTRIBUTING WRITER

Nowadays, there is a lack of passion for writing. Information and communication devices, such as smartphones, have replaced writing letters. However, there are still a few positive changes that can make an impact and decrease our individual carbon footprints.

For the current generation, sending a message through an app, sending a text, or video chatting, there are so many other ways to communicate than writing letters. Leasing the singing and dancing of the phone instead of the pen, they are now used everywhere in our lives, but to combat the omnipresent killer there are non-plastic, reusable alternatives. Instead of plastic straws, we can utilize glass, steel, silicone, bamboo, and even metal straws.

Another way to conserve water is by cutting down on showers or baths. Washing your face daily equals gallons over time. Another way to conserve water is by using a reusable water bottle. Leaving the歌词 dancing and singing in your room and get in and out of the shower quickly.

Putting your emotions and thoughts on paper can have a major convenience factor but detrimental to the environment. Our oceans are screaming in pain for change as they are chocking on single-use plastics and need our help as well.

Therefore, the idea of sitting down, putting your emotions and thoughts on paper, can have a major benefit. For the current generation, writing letters can be a way to communicate and help save the Earth.

Why Would Anyone Write Letters?

When gives the chance to write a letter, it offers more than a monochanal conversa-
tion. Writing a letter to someone can not only give the writer clarity, but it can pro-
vide validation of their emotions.

Writing a letter connected to a personal relationship, but it can go be-
yond that if the friendship tie isn’t strong enough.

Write a letter to your best friend and let them know how much you love them.

Write letters to anyone, even if it is to your future self.

When asked if she ever writes letters, Shelly Calabrese, a freshman criminal justice student, said, “I only write for class, or I’d consider my emails letters.”

After asking her if she would write letters to personal people, she said, “Maybe. I think I would if my friend was going away… it [should be] that way, though. Maybe I’ll give it a shot this weekend or write a letter to some-

When, a freshman health studies student, re-
sponded to the question of whether she would write letters, she said, “I don’t have, but for class. I’m not big on writing in general unless I suppose I could start doing so as a form of journaling and practice; I’ve been trying to better myself in a way I can be consistent at for this year.”

Diaz also said that it is not just a way of communication, but of self-expression; another conduit to self betterment and for personal growth as well.

Professor Matt O’Brien, instructor of history, summarized the importance of writing letters. She said, “Yes, I still write letters. Whether you have a significant other or not, writing letters is a way of connecting to people.”

Writing letters is a simple hobby that can benefit one in a lot of ways.

Not just to strengthen the bond with people you care about, but to create better writers and explore our own emo-
tions.

Another great time to write letters is if you are in a long-distance relationship.

Putting your emotions and thoughts on paper and mail-
ing them to someone that you love is great, but the surprise and happiness they will feel when they see it in their mailbox is one that is unmatched.

Writing letters can be a way more person-

al than a text message, so take the time to write a letter, you won’t regret it.

Another reason why writing a letter can be fun is that you can write a letter to anyone you want. You can write letters to your favorite color pens or paper, you can write letters to your pets, and maybe even spray your perfume or cologne on it for that special feeling.

Hopefully after reading this you can realize we why writing letters. I should bring back the idea of writing letters. Not only can it be a new hobby but it can be a way to release emotions, or a way to make your loved ones feel special.

Give it a go and see its benef-
cits enhance your life too.

Ask Chloe

Where is the best place to take someone on a first date?

Anonymous

Anonymous—It can feel like there is an infinite amount of pressure being put on a first date because you want to absolutely be perfect, so you can land that second date. There are some general parameters you can follow for nearly any date and it will be successful. Of course, that also leaves the door open to a longer first date if it’s going well! I think the main thing is to think low stress and a chance to just get to know each other better.

The less stress, the more time you and your date get to focus on one another.

If you are not sure where to take your date around the Monmouth County area, Jennifer Shamrock, Ph.D., a lecturer of anthropology, suggests that although there is not one best place for a first date, you may start off by thinking of a neutral space to go to.

Bludau said, “For more quirky places the couple can just sit and talk (drink coffee, etc.), so a favorite coffee shop or cafe.” Going to a public place will give you and your date similar levels of comfortability because it is something you are trying out together.

Furthermore, Bludau said, “Daytime dates are good to start so that there can be a clear end time without pres-
desire. Of course, that also leaves the door open to a longer first date if it’s going well! I think the main thing is to think low stress and a chance to just get to know each other better.”

In my opinion, do not worry too much about your first date. All that matters is that you are yourself and if you can find someone to love you that you love then that is an added bonus.

Good Luck,

Chloe

If you would like to be featured in the “Ask Chloe” section, you can submit your question to s106449@monmouth.edu.
Is Your Glass Half Full?

Colleen Moretti
STAFF WRITER

"Don't talk to me unless I've had my morning coffee." That's a saying you probably hear a lot. Coffee lovers are their own club, exclusive and you're either a part of it or not.

Unfortunately, coffee is not the healthiest drink for you.

Coffee becomes an addiction, which means once you stop drinking coffee, you will experience withdrawal, and that’s not good. It’s also unhealthy to rely on it all of the time instead of your body’s natural source of energy. Shannon Oswald, a junior communication student, said, “I don’t drink coffee but as a source of energy I feel it is more important to eat a good breakfast.”

Eating a well-balanced, healthy breakfast can keep you energized throughout your day, and unlike coffee, you won’t shut down.

One example of an easy and healthy breakfast is avocado toast. Simply spread avocado on a piece of bread with a cup of water or orange juice.

Eating healthy snacks throughout the day can keep you full and energized.

The problem of the problems with coffee, when someone has a cup, they crash a few hours after and need more.

When you have a good breakfast you don’t need anything else until your next meal.

Madison Uurarro, a junior social work student, said, “I drink passion tea with sweetener in it. It gives me enough energy and is also super refreshing.”

Passion tea or any type of tea is a great alternative to coffee.

Coffee can make you energized when you’re jittery or shake, when it comes to tea it will keep you calm and if you’re a sugar awake for a long night of studying. If you do drink coffee, one problem could be the sugar rush that you feel. If you’re like your peers, you may add mocha, caramel, cream, and sugar. Not only are you asking for a lot more calories, but you’re also asking for the effects to wear off sooner than later.

Another great alternative to coffee is water, specifically coconut water. It’s a healthy drink that is quickly growing in trend.

People are drinking it because of the popularity that it is gaining, but there is actually a lot of great benefits to it. It’s naturally sweet, so there is no need to add anything artificial to it. It also contains a lot of enzymes and rehydrating electrolytes, which keeps you energized making it a healthier choice than coffee.

If you’re looking for a way to start your day with energy, but don’t want to drink coffee, a great drink to have is water with lemon. Water is the best thing for you, and the lemon adds lots of antioxidants that keep you healthy and energized.

Vitamin C plays a big role in your immune system, and is also great for clearing up your skin, and who doesn’t love that? Drinking juices or water can allow your body to get what it needs.

Another option to spice up your water is to add fruit to it. Cucumbers, mint, berries, and lemons, are all great ingredients to add to your water and keep you hydrated.

Alexis Nulle, a Specialist Professor, of the university’s Public Relations Student Society (PRSSA) chapter, said, “I have looked into alternatives to limit my daily caffeine intake, and the reports recommend good old sparkling water, especially if you’re not a fan of plain water.”

Sparkling water is a great alternative to coffee, it keeps you hydrated and isn’t as boring as plain water.

Nulle added, “While it’s not the most exciting beverage to some, sparkling water can be a refreshing alternative to coffee. Especially when it’s flavored with sugar-free, fruit extracts, it can be both delicious and hydrating.”

All in all coffee seems like a great idea to wake you up in the morning or keep you up writing a paper. It’s not the healthiest choice for you.

One of the best compliments to receive is "you look so happy" or "you really made my day," so do you want more compliments like that in your life? If so, spread sunshine wherever you go and remember how much of an impact your smile can have.

Every person has the ability to be positive, whether they know it or not. Having a positive attitude or outlook on life can overall allow you to have a brighter day. Not only does it bring happiness, but it’s also absorbing all the negative and you can make someone else’s day better. Be the person that makes the “glass half full” outlook on life.

You won’t regret it. We can all be a little more positive. Think about the good rather than the bad.

Part-Time Job Perks: Why You Should Do It
MATT DELUCA
STAFF WRITER

Falling victim to a 10-0 run in the fourth quarter, Women’s Basketball was defeated by Canisius 65-56 on Sunday afternoon in Buffalo, NY, slipping to 12-15 on the season and 8-8 in conference play.

Monmouth put three players in double figures, as junior guard Sierra Green led the way with 15 points, including four-three-point shots, while freshman forward Lucy Thomas scored 12 points. Junior forward Alexa Middleton added seven points while cor-
ralling ten rebounds.

The Hawks opened the scor-
ing on the afternoon, but the Golden Griffins responded with ten-straight points to take a 10-2 lead. Green hit a three later on in the game, but the performance was five points away from the Golden Griffins.

The Blue and White were fi-
mortality at 960-868.

Monmouth defeated Saint Pe-
ter’s 70-50 at the OceanFirst
Bank Center. Senior guard
McKinzee Barker led the
Hawks with 16 points, while
Middleton had 12 points and
17 rebounds. Friday night,
Monmouth topped Niaga-
ra 88-81 in Lewiston, NY.
Thomas scored a season-high
20 points in the victory. The Hawks will return
home on Thursday for their fi-
nal home game of the season.
Tip-off for Senior Night is
scheduled for 7:00 p.m., with
the game being broadcasted on ESPN+

PHOTO COURTESY of Monmouth Athletics

PHOTO TAKEN by Karlee Sell

“Women’s Basketball Wins Two of Three”

JODY CRAIG
Head Coach

“...and we have no one to look at but ourselves.”

Bowling Finishes Fifth in Second MEAC Meet

EVAN MCMURTRIE
SPORTS EDITOR

Bowling finished fifth over-
all out of eleven teams at their
division’s Mid-Eastern Athletic
Conference (MEAC) meet of
the season at AMF All-Star
Lanes in Greensboro, NC.

“We improved our over-
all average this weekend for
the regular season confer-
ence rounds, but still have
work to do to be at our best
for the MEAC Championships
next month,” said Director of
Bowling Karen Grygiel.

Monmouth, ranked 22nd,
ended the season strong with
three straight wins.

After conquering Nor-
fork State by a score of 869-
812 and Howard 901-765, the
Hawks earned a huge victory
over No. 6 Maryland Eastern
Shore. The 966-914 win was
also Monmouth’s highest pin
total in a match over the week-
end.

The Hawks dropped their
last two games in traditional
play, falling to the No. 14
University of Alabama at Bir-
mingham (UAB) 851-901 and
Coppin State by just twenty
pins, 869-889.

Monmouth continued their
losing form into week-
end as they are
set to host the Hawk Flight
Invite at King Pin Bowling
in Egg Harbor Township, NJ,
which will take place on Fri-
day, Saturday, and Sunday.

PHOTO COURTESY of Monmouth Athletics

Sophomore Camelia Coffman
led Monmouth as she
averaged 195.40 pins over
the 13th time in her
season, sitting three behind
the accolade of most pins in a
game for the Hawks last week-
end as she bowled a 220 dur-
ing traditional play. Day has
now accumulated ten 200-plus
games this season. Senior Haley Solberg also
put in two 200-plus perfor-
mances, totaling her to twelve
on the year, while freshman
Saige Yamada put in her
fourth 200-plus game of the season with a 203 finish.

Bowling will be back in ac-
tion this weekend as they are
scheduled to host the Hawk Flight
Invite at King Pin Bowling
in Egg Harbor Township, NJ.

Monmouth defeated Saint Pe-
ter’s 70-50 at the OceanFirst
Bank Center. Senior guard
McKinzee Barker led the
Hawks with 16 points, while
Middleton had 12 points and
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the game being broadcasted on ESPN+

PHOTO COURTESY of Monmouth Athletics

Senior forward Alexa Middleton led Women’s Basketball with 32 points on the week, includ-
ing a double-double in their 20 point win over Saint Peter’s on Tuesday, Feb. 19.

“You did not have the effort or focus it takes today to
put back-to-back road wins together. We missed an
opportunity here and we have no one to look at but
ourselves.”

Bowling Finishes Fifth in Second MEAC Meet

Monmouth Bowling with a team-high average of 195.40 pins over a five game stretch,
Track and Field Sends Athletes to U.S. Championships

SOPHIA GALVEZ | ASSISTANT SPORTS EDITOR

Track and Field sent four current athletes and one former athlete to Staten Island, New York to compete in the U.S. National Championships this past weekend at the Staten Breezeway Athletic Complex.

The women’s team sent both graduate student Alix Wilson and senior Brianna Stratz to compete in the 1000-meter run. The men’s team sent red-shirt seniors Corey Murphy and Bryan Sosoo to compete in the 60-meter dash and the 60-meter relay event.

Dylan Gross Jr. also made his first season appearance for the Hawks in the men’s 1000-meter run as he joined the Atlantic Track Club.

Both female athletes made their mark in the Metro Atlantic Athletic Conference (MACC) Championships last weekend. Wilson won the shot put event with a mark of 64’6” from New York to compete in the U.S. National Indoor Championships this past weekend at the Staten Breezeway Athletic Complex.

Wilson re-broke her season record in the 1000-meter run with a time of 2:21.55. This time qualified him for the IC4A. Freshman Randy Showmaker qualified times at the Last Chance 1000-meter heat on Saturday, Feb. 22.

“Having five of our athletes from USAs this weekend was a tremendous positive exposure for Monmouth,” said Head Coach Joe Compagni. “Allie handled the challenge of a fast pace and a world-class field very well. Dylan went after it, leading most of the race until a wild finish with seven guys finishing within a second of each other.”

The Hawks also had some athletes achieve Eastern College Athletic Conference (ECAC) and Intercollegiate Association of Amateur Athletes of America (IC4A) qualifying times at the Last Chance meet at the New York Armory on Friday, Feb. 22.

Freshman Randy Showmaker won the pole vault event with a mark of 15’5”, qualifying him for the IC4A. Freshman Mohamed Diagouraga ran a time of 6:37 seconds and placed third, which is his season-high time.

“Credit to Quinnipiac, they’re playing really good ball right now,” said Rice. “I think they’re making shots like that’s tough.”

The Hawks were unable to get things going offensively as they shot just 35.1 percent from the field with only two scorers achieving double-digits, combining for a mere 22 total points.

Traore was one of the players in double figures yet again with ten points while sophomore guard Marcus McClary led the team in scoring with 12 points and five rebounds.

It was still another career day for the senior Quinn who was honored before the game in apregame ceremony with fellow senior guard Trevor Gross Jr.

Quinn then went on to tie a career high with three blocked shots in the game which is the highest total by a Hawk this season.

Senior Chole Angeline cleared 1.60 meters in the high jump, which tied her for second. Freshman Matt Bodon placed fourth in the mile with a personal best time of 4:20.12.

This upcoming Saturday and Sunday, the Hawks will head up to Boston to compete in the IC4A/ECAC Championships. At last year’s ECAC Championships, the women finished fourth while the men finished sixth at the previous year’s IC4A Championships.

Men’s Basketball Suffers Late Season Losses at Home

MARK D’AQUILA | ASSISTANT SPORTS EDITOR

Men’s Basketball dropped down to sixth in the conference standings in the Metro Atlantic Athletic Conference (MAAC) after losing to Monmouth at home. The Hawks fell to 10-20 on the season and 9-8 in conference play.

Friday’s match-up at the OceanFirst Bank Center was won the mile with only two scorers achieving double-digits, combining for a mere 22 total points.

The Hawks were still able to get three players in double figures including Quinn, with sophomore guard Devin Hammond leading the way yet again with 14 points while junior forward Mustapha Traore tacked on ten points and eight rebounds.

Traore’s performance was the ninth in his career with double figures, seven of which have come this season. It was also the ninth time this year the Hawks battered the Hawks with a 10-point deficit at the half as they tallied eight or more rebounds.

Next on the docket was a quick turnaround for Monmouth who looked to recover from Friday’s nail-biter. The Hawks fell to the hands of senior center Dijon Quinn, who finished the game with a career-high 20 points and 18 rebounds.

Quinn, who tallied 13 points on the night to go along with eight rebounds had an opportunity to win the game following a forced shot clock violation by the Hawks defense. The shot was unable to fall however, as the Blue and White suffered the loss in the back and forth affair.

“Congratulations to Quinn,” said Head Coach King Rice. “They played 40 minutes and we did not.”

The Hawks were still able to get three players in double figures including Quinn, with sophomore guard Devin Hammond leading the way yet again with 14 points while junior forward Mustapha Traore tacked on ten points and eight rebounds.

Junior forward Mustapha Traore continued his consistent play, scoring double figures in back-to-back home games with ten points and eight rebounds against Canisius and ten points versus Quinnipiac.

UPCOMING GAMES

Wednesday, Feb. 27
Women’s Lacrosse at Sacred Heart Fairfield, CT 7:00 p.m.

Thursday, Feb. 28
Women’s Basketball vs Marist OceanFirst Bank Center West Long Branch, NJ 7:00 p.m.

Friday, Mar. 1
Softball vs Hartford Towson, MD 12:30 p.m.

Baseball at Florida Atlantic Boca Raton, Fl 6:30 p.m.

Men’s Basketball at Manhattan Riverdale, NY 7:00 p.m.

Women’s Bowling Hawk Flight Invite Egg Harbor, NJ TBA

Saturday, Mar. 2
Women’s Basketball at Saint Peter’s Jersey City, NJ 2:00 p.m.

Men’s Lacrosse at Saint Joseph’s Philadelphia, PA 3:00 p.m.

Women’s Lacrosse at Army West Point, NY 3:00 p.m.

Men’s Tennis at Army West Point, NY 3:30 p.m.

Men’s and Women’s Track MAAC Championships Boston, MA TBA

Sunday, Mar. 3
Softball at Yale Towson, MD 12:30 p.m.

Softball at Towson Towson, MD 3:00 p.m.

*Conference games
Freshman Lucy Thomas earned her second MAAC Rookie of the Week honor after guiding the Hawks to a 88-81 win over Niagara.