Hawk Network’s Digital World

The University is soon to invite students to the "Hawk Network," a digital community for professional networking and development available to undergraduates and alumni alike, on Mar. 2.

Users will be able to search and filter fellow Hawks by industry, professional experience, general location and more. Built-in video conferencing tools, as well as connection through email and text, allow the site's users to "build meaningful mentoring relationships," the official Hawk Network FAQ states.

William Hill, Assistant Dean of Career Services, considers the Hawk Network to be a "game-changer for Monmouth."

"This system harnesses the potential networking power of tens of thousands of alumni and students in a robust yet user-friendly website," Hill said. "Over time the possibilities for career connections and advice is nearly endless. Initial response from alumni has been overwhelming, with over 700 signing up in the first two weeks since launch. I am confident Hawk Network will have an important impact on our current and future students' professional success."

Jeffery Mass, Assistant Director of Career Services, considers Hawk Network to be a tool which will allow students and alumni to succeed before, during and after Monmouth.

"Students are able to gain networking contacts by connecting with alumni and friends of the University. Hawk Network also offers resources to help budding professionals as well as a forum for users to discuss how they have navigated their own personal career development."

NETWORK. cont on pg. 2

Students Protest

Divisive Dramatization

A group of social work students peacefully protest the screening of an anti-abortion film organized by the Campus Catholic Ministry (CCM) in the Wilson Hall Auditorium, on Monday, Feb. 17.

The film, titled Unplanned, is a 2019 drama based on Abby Johnson's memoir of the same name.

Johnson was a Director at a Planned Parenthood facility, but after assisting with an ultrasound guided abortion, she became an anti-abortion advocate.

Kailey Monteiro, a junior social work student, organized the protest.

She said: "As a social work student, I am held to a strong ethical and evidence-based position on reproductive justice from the National Association of Social Workers (NASW) Code of Ethics.

"We have to abide by these laws and I feel like this as a social worker, and my friend who is also here also agrees... This says a lot about what we stand for as a community at [Monmouth University] and I don't think that's representative of all people that are here."

The screening was promoted via the University'sPROTEST. cont. on pg. 3

Toni Morrison Day Highlights Historic Literature

Monmouth University's first annual Toni Morrison Day celebrated the life and legacy of the African American novelist, Nobel Prize winner in fiction, and Nobel Prize winner in literature, on Tuesday, Feb. 18.

Sponsored by the Department of English, the Guggenheim Memorial Library, and the Honors School, the honorary event was first planned in September, a month after Morrison's death in August.

"We thought that this was a really fitting celebration of her legacy," said Beth Swanson, Lecturer of English, and English and faculty advisor of Sigma Tau Delta, the English Honor Society. "This something we actually had a thought about since the fall semester but we really didn't start to put into motion until January."

The all-day event began with a welcome speech by Courtney Werner Ph.D., Assistant Professor of English, opening remarks by Swanson, and a keynote address from Walter Greason Ph.D., Associate Professor and Chair of Educational Counseling and Leadership.

Other exhibitions included a presentation on the works of Toni Morrison given by Anwar Ubaru Ph.D., Assistant Professor of English, a screening of the 2019 film Toni Morrison: The Piece I am, a pedagogy panel titled "Teaching Toni Morrison" facilitated by Assistant Professor of English Alena Graedon, and a marathon reading of Morrison's 1973 novel Sula by student and faculty volunteers.

"I was really interested in involving [Sigma Tau Delta] in a way that would showcase the talents of our English majors by having our students do a readathon," said Swanson. Melissa Lauria, a junior English student and president of Sigma Tau Delta, helped organize and promote the reading. She said, "The Sula reading was wonderful. There is a stunning lyric quality to Morrison's prose that truly shines when it's read aloud. I'm so grateful to all of the students and faculty volunteers who helped us to finish the novel." The reading began at 11:45 am and concluded at about 4:10 pm.

Josephine Gargiulo, a junior English student and member of Sigma Tau Delta, participated in a 15-minute reading of the novel. She said, "I thought it was a great experience and I was actually really nervous... everyone was so encouraging and I felt more confident afterwards."


MORRISON. cont. on pg. 3

OUTLOOK.MONMOUTH.EDU February 19, 2020 VOL. 92 No. 14

FEATURES
Celebrating Black History Month with BSU
Monmouth’s Black Student Union hosts various events on campus to celebrate Black History Month.

NEWS
MLB Comes to Sports Industry Club
Courtney Coppetelli spoke to members of the Sports Industry Club about her experiences in the MLB.

ENTERTAINMENT
The Eagle Huntress
Lands at the World Cinema Series
The highly reviewed motion picture will be shown in Pollak Theatre Feb. 26.

PHOTO TAKEN by Melissa Badamo

The University commemorated Toni Morrison in the Guggenheim Memorial Library.

INSIDE:

INSIDE:

INSIDE:

INSIDE:
**New Online Community Connects Students With Alumni**

Amanda Klaus, Executive Director of Alumni Engagement and Annual Giving, detailed the upswings of 20 groups soon to populate the site and the usefulness of these miniature communities.

*"Let's say, there's a scholarly article or a cool post that comes up online that somebody wants to put out there. [With the groups function] people comment on it," Klaus said. "It helps people to critically think and have meaningful discussions, may be based on a topic, a shared interest or an industry. We continue to populate them as this rolls out."

You create a profile in a similar vein to LinkedIn, but users select preferences to indicate the type of experience they are seeking, Klaus said. "You may be open to having a mentor, or just someone open to having a chat and bouncing ideas off with."

The site then asks a further question concerning the specific criteria a user needs help with, whether it be an opinion on the quality of a resume or tips for mock interviewing, Klaus said. Users can also search for one another utilizing a "heat map," in which you are able to see other users near the physical area you reside in.

The network’s Job Referral Board allows for users to explore job opportunities seen only by those within the confines of the site, even going so far as to allow users to attach their resumes and receive alerts when job postings align with their specific criteria. "It’s all about the element of ‘who you know,’” Klaus said. "It’s a really easy and convenient way for folks to post job opportunities, and you as a student to explore them in a very casual setting. It’s not a formal posting they need to go through, and career services is our partner on that feature."

The Hawk Network came to fruition as a result of Robert D. McCaig, Vice President for Enrollment Management, and his retention team’s data analysis concerning the state of the student population and the ways in which the University keeps graduated students connected.

*"We needed to be in the space that current [and students] are in, which is the digital world," Klaus said. "I didn’t have any kind of platform or outlet to allow for all of this to happen. To bring together the retention team and their efforts, and in speaking with career services and our collaborations, we noticed there’s a couple platforms out there that other Universities are using for this. We decided to utilize, allowing for all of this to happen organically. Whether it be from your mobile device or from your computer, people engage with each other more often than waiting for an event to happen or a career fair to occur. These things can happen and they can be useful.*

The University eventually found a match with software company People Grove to create a Monmouth-branded digital community over the past 8 months. A soft launch was tested in January with a group of alumni, employees, faculty and staff, as anyone who develops a new software you need to make sure it works properly,” Klaus explained. The focus of the soft launch was to create a robust and diverse population of users related to a wide array of industries before students entered the site, Klaus said. This method will allow the "search and filter" function of the site to prove more useful in the early days of the network.

*"At the end of the day, the reason Monmouth University exists is to educate and propel our students into a successful career," Klaus said. "We want them to have experienced a well-lived life out of college, to have a degree from an undergraduate or graduate degree here. Yes, going to college is an investment, but what’s your return on investment? Should it be the life long connections that you make, Monmouth doesn’t just disappear after you get your tassel, Monmouth is going to be a lifelong relationship.*
Social Work Students Protest Anti-Abortion Documentary Outside of Wilson Hall Auditorium

Students protested outside of the Wilson Hall Auditorium during the screening of Unplanned, an anti-abortion documentary, sponsored by the Catholic Campus Ministry.

Celebrating Toni Morrison at Monmouth

MORRISON cont. from pg. 1

Graedon’s pedagogy panel on Sula featured a lecture on narrative voice in the novel. Graedon said, “We were talking in that teaching panel about the canon and what constitutes it. I think that there’s a neutral stance on this topic in order to make all students feel accepted and comfortable,” she said.

Abby Miller, President of the Catho lic Campus Ministry and a senior social work student, explained that she expected some form of protest at the event. “I think it’s good to have different opposing views, and it [the protest] doesn’t bother me,” said Miller. “I’m open to discussion. As long as we’re civil, it’s fine. We’re screening this to bring awareness to the Pro-Life movement,” she said.

Macaluso added that “As a social worker I believe that we need separation of church and state clearly labeled out within our profession because if you have a client that walks in saying that they are pregnant, you need to give them all options.”

“Opinions are strong and amazing to have but within our profession they need to be left on the back burner when connecting with clients,” she said.

Miller continued, “As a social worker, I think it’s really important to stand with our clients, and having an event like this creates a bigger divide than that.”

Celine Powell, a junior communication studies major, contrary to what a Catholic social work student, explained that she supported the protest because “I have a strong belief that everyone has the right to their own opinion, and the right to defend their opinion continuously. I do believe however that there should be a separation of church and state. For example, the Catholic Ministry having a screening against abortion on campus gives the students the idea that if they are not pro-life they are not welcome in the Catholic community. If our campuses are supposed to be about inclusiveness, and having an event like this creates a bigger divide than that.”

Ruby Branyan, a freshman music production student, said, “I am vehemently pro-choice. Pro-choice is about choice, freedom, so if you don’t want to get an abortion you don’t have to, but that doesn’t mean you can tell me what I can do with my body or tell anybody else what to do with their body.”

Students Present Research in D.C.

LOWELL KELLY-GAMBLE 312F APW

Biology students Jive Jacob and Sabih Soni presented their research on the effects of manuka oil on the viability of cancer cells at the American Society for Cell Biology (ASCB) annual meeting in Washington, D.C. in December.

Soni and Jacob began this project while enrolled in the 2018 Summer Research Program under the supervision of Biology Department Chair, Dr. Dorothy Lobo. The project was an extension of work being conducted in the laboratory of James Mack, E.D.D., Professor of Biology, who had been analyzing the anti-bacterial properties of several essential oils.

“Dr. Mack gave us a list of all of the essential oils he works with in his lab where he tests their effects on different bacteria species,” said Soni. “From this list, we looked up which oils had or had not been used in previous studies dealing with cancer cells.”

Soni continued, “There are no studies on Manuka oil and its effects on cancer cells lines, so after further research on Manuka oil we discovered that it has many properties that work to inhibit the proliferation of cancer cells.”

Manuka essential oil is found in a variety of kinae produc ts and has known anti-inflammatory properties, but the effects of this oil on specific cancer cells has not been made clear. Jacob and Soni’s work shows that manuka oil decreases the proliferation and viability of two different cancer lines (HT1080 fibrosarcoma and HeLa cervical adenocarcinoma cells) and normal fibroblast cells.

“I was so excited to have the opportunity to go to the ASCB conference,” said Soni. “To be surrounded by so many experts in my field, all having intellectual conversations about their individual research projects was really eye-opening and definitely reassured me that I was in the field I meant to be in.”

“All throughout college I have always enjoyed my biology classes the most, so I’m glad that I chose a field that I enjoy learning and putting to practice,” she explained. “I aspire to go to medical school and become a physician after Monmouth, so having the opportunity to work with human cells and tissue was what really interested me about this project.”

Jacob attended the meeting receiving an undergraduate research award which was evaluated on the quality of research submitted, the rigor of the research, and recommendation letters from research advisors.

The award was sponsored by the ASCB (American Society for Cell Biology) and was open to undergraduate students performing research in cell biology.

Following graduation, both Jacob and Soni aspire to continue their education in either graduate or professional school.
Hawk Network Takes Flight

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Editorial Staff

Job hunting. It’s stressful, time-consuming and sometimes a constant battle to outshine your peers. As a college student anything you can do to make the search easier, you will.

With the rise of technological interfaces and platforms such as LinkedIn and Indeed make applying for jobs and finding professional connections available from the comfort of your screen. Now, current students and Alumni of Monmouth University just got another advantage in the job employment by creation of the Hawk Network.

Hawk Network was created by Monmouth University, and according to the university’s website is a “new digital community for professional networking, mentoring, connecting, and posting job opportunities, and connecting with classmates.”

Although other college campuses have alumni networks, many editors have not seen a network offered like this from other universities.

One editor said, “I do not know of other schools that do this, and I think it is a great way to help students interact and make connections with alumni who are in their field.”

One editor learned about these networks at a previous job fair experience. “I remember sitting in an exit interview with HR where I interned over the winter break and the recruiter discussed with me how some alumni networks in the state are better than others.”

Although Monmouth University’s Career Services office actively helps students with taking their next steps after Monmouth, Hawk Network is “another layer of connecting with alumni,” said an editor.

An editor explained that networks such as these, will get rid of the “middle man” that Career Services is. “For ambitious students who know a thing or two about networking, it’s a great option,” said the editor.

Compared to Career Services, Hawk Network “might be more beneficial, because it allows for direct connection and communication with fellow alumni. Nevertheless, I still think career services is a substantial help to students with things like resumes, interviews, internships, jobs, etc,” said another contributor.

As another way to make professional connections, editors have the ability for Monmouth University students to get ahead through utilizing the “It’s not what you know, it’s who you know,” said another editor.

Although fairly new, some editors feel that they will use this network to their advantage. “I will definitely check out the Hawk Network and connect with alumni that could give me insight into the future career I desire,” said one editor.

Another editor said, “I think it will be useful for reaching out to former faculty or classmates that you don’t have or think it is a good way to reach out to other networks like LinkedIn. The social work school does send a lot of job postings to the general email chain so this might be helpful for finding that process.”

Although the Hawk Network is a more current way of finding connections, one editor explained why they feel it is important to utilize every system available at Monmouth when searching for employment.

“Try to use every outlet you can at Monmouth. Whether it is Career Services, Hawk Network, or Monmouth’s LinkedIn page, we have a lot at our fingertips. It’s just on us to actually use it,” said the editor.

Because Monmouth University is a tight knit community, there are many stories that circulate campus of alumni using the Monmouth database to re-connect with students and hire them as employees.

After becoming an established professional, some editors felt that they would enter their information into the database to connect with current students.

“If I were a professional already, I would be using this service. I log into LinkedIn once or twice a week to see if I get updated on what my fellow Hawks are up to, so I can see if there are any opportunities on the Hawks Network as well,” said an editor.

Another editor said, “I would definitely try to connect with younger students if I ever decide to open up my own business, to give an opportunity to young students searching for a job.”

For another editor Hawk Network may not be their first choice. “I find and connect with companies that are reaching out to me, enter my name into the database, but I don’t think it would be my first choice. With LinkedIn and Career Services already in existence, many Hawks would have a better chance at networking,” said the editor.

Another editor explained their usage of the network would depend on the size of the business they were working for. “If I were to be on the network working at a small firm, I could serve as a mentor to someone entering the workforce, where I can give advice or write letters of recommendation. Regardless, alumni should be on LinkedIn to offer either or to fellow hawks.”

According to LinkedIn, as of 2019 the application had nearly 660 million users in over 200 countries worldwide. “Jeff Mass is a great help,” said an editor. “Although Career Services could definitely try and connect with alumni that could give me insight into the future career I desire,” said one editor. “I would enter their information into the database to connect with them.”

Only time will tell the benefits of Hawk Network, but it is worth a try for aspiring professional Hawks.

How to Submit Articles or Letters:
The Outlook provides the Monmouth University community with information concerning issues and in and around the University while serving as a forum for expression of the ideas of its readers.

Contributions must be submitted (email outlook@monmouth.edu) by 12:00 p.m. Sundays to The Outlook office, 2nd floor, room 260, Plangere Center.

All copy must include the author’s full name and contact information. The Outlook accepts articles and graphical material from students, faculty and administrators, and reserves the right to edit or reject any material which they determine is not suitable for publication or its readers. Copy and advertising appearing in The Outlook do not necessarily reflect the views of Monmouth University or The Outlook.

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Conquering Fear

SHANNON MCCORTY
STAFF WRITER

Zig Ziglar once said, “F.E.A.R. has two meanings. Forget every-thing and run or face everything and rise, the choice is yours.” When thinking about fear, people often associate it with being para- lyzed and unable to complete, but that’s not the only thing fear can do.

Yes, fear can hurt you, but it can also help you. Most people are afraid of heights, clowns, or spiders. What many people do not consider is the uncommon fears that they have. These un-common fears are more often than not the reason we are able to push ourselves.

One fear that people face every day is the fear of letting people in. The true fear in this is not letting them in or who they are but the reality that they might leave and hurt us. What scares people most about getting close to someone is the fact that that person has the freedom to leave whenever they want. The thought of being left is what can cause people to build walls.

If you keep them away, you can’t get hurt, but really pushing people away is not going to keep the pain away because you are just creating your own pain. Be- ing left is a scary thing, but never having anyone and always being alone, relying only on yourself, is scarier.

Another thing people avoid is taking risks. The unknown is scary and potentially results in something you do not want. But the results could also be every-thing you have ever dreamed of. If you do not take risks, you will never know what you are capable of.

Your comfort zone is safe. You know what to expect, who there is, and have plans for what to do if something was to happen. Outside of your comfort zone is scary. Sometimes it is so scary that you play it safe by sticking to what you know. Taking risks, do-ing something you never thought yourself capable of, can lead you to chances you would not have otherwise had. By stepping out-side of yourself you are rewarded by learning how there is so much more to experience.

Today everyone has multiple passions, multiple hobbies. I am not saying that that is a bad thing, but what if you refuse to focus solely on one because you are afraid you will not be good enough or missing a chance with the other? We want to know ev-erything and do anything and if we believe, we are missing some-thing we feel unfulfilled.

What if that is the reason you spread yourself too thin? The fear of not being good enough holds many people back from many things. You can’t get good at anything without attention to too many things can take away from the one thing you could be great at.

Yes, fear can hold us back, but can push us forward too. That is the funny thing about fear, we see it as keeping us from something. But sometimes, if you are scared, fear is the reason you face the scary things in life. You might be wondering how, if we are scared to do something, fear can cause us to do it. Well, the answer is simple.

We might be afraid of the task, but we are more afraid of what we will miss if we do not take the plunge. As humans, our fear of missing out is usually far greater than any other fear we hold.

Why You Should Travel the World

HUNTER GOLDBERG
CONTRIBUTING WRITER

Within the past 365 days, I have been to four countries and four states. Traveling is something I highly recommend and believe everyone should do if, it funds allow. I know traveling can be expensive but it is worth every penny. When traveling you get to experience, learn, and observe different cultures. You get to try new cuisines, people watching, and communicating in new languages.

This past year, I studied abroad in Florence, Italy. While studying abroad I traveled to Croatia and even stopped in Germany on the flight in. Even though the layover was not long, I still experienced a new airport and different foods.

The airport had smoking rooms and the food was not the typical American food I am used to. Even McDonald’s was different. American airports prohibit any type of smoking inside the airport or airplane. This is something that I had no idea about and was a welcome surprise to me.

Florence, Italy was a life-changing experience. When immersed in a new culture for about a month you notice so many differences from the United States. A major difference was the cuisine in Italy. It was to die for! The ingredients were so fresh and not processed at all, unlike in America.

My friend, who is lactose-intolerant, had dairy in Italy with little to no problems. Having fresh produce and food literally from farm to table is something we strive for in America but rarely achieve.

One of my classes took a field trip to a local farm and we learned about the different vegetation systems and products grown on an Italian farm. The farmers even prepared some dishes with their foods and it tasted so much better than food on the shelf back home. A first-hand experience like this is important to see and understand the diversity in the world.

While abroad, a bunch of us traveled to various locations within Italy and even ventured out to Croatia. Each major city in Italy was unique in its own way. For example, Venice is built on water and the only form of transportation is on boats. There were police, fire, and ambulance boats. No cars or trucks whatsoever in the town.

Croatia was such a beautiful country; we went to the ocean and even to a national park. The different currency, food, language, and activities were much different from the States and Florence or even Italy in general.

This past winter break I went to Canada with the Monmouth University Snowriders Club. The temperature was the polar opposite in Canada, below freezing on most days. Canada is an interesting mix of French and American culture. Half the cuisine is American and the other half is French.

Experiencing different countries and even different states gives diverse perspectives on cultures and life in general. You can notice a large variety of differences and even some minor similarities to your own culture. Thus, finding a new understanding of the culture and tradition more than you have in the past.

Having this knowledge of the world is important and even looks good on resumes. Potential employers like to see their employees to be adventurous and not too comfortable in their typical environment.

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Saliba Sarsar Ph.D. Publishes Book on Middle Eastern Peacebuilding

MELISSA BADAMO FEATURES EDITOR


Titled Peacebuilding in Israeli-Palestinian Relations, the 164-page book surveys the many and varied relationships between Israelis and Palestinians and focuses on understanding peacebuilding at the individual, group, and national levels. The book includes examples of peacebuilding and role models such as Dr. Martin Luther King Jr. and Mahatma Gandhi. The objective of the book is for Israelis and Palestinians to learn from and support grassroots movement for peace.

Sarsar has authored and edited a dozen books and multiple scholarly articles, in addition to more than 40 journal articles, and given countless public lectures in support of peace, especially as related to the Middle East.

Before graduating with his Ph.D. in political science from Rutgers University, Sarsar received a B.A. in political science and history interdisciplinary major from Monmouth. The book is edited by, among others, the prolific Palestinian science teacher Stamatia Tsatsaroni, who states that special emphasis, “is placed on the key actors, issues, and events, which are explicated through targeted readings that apply the dual-narrative method and films from the perspectives of both Palestinians and Israelis.”

Hania Sarsar, a graduate student at Rutgers, Sarsar’s daughter, said, “I’m so proud of my dad and all the work that he’s accomplished. It’s something that not only I and other students, but for other people to know more about Israelis-Palestinians conflict. It’s nice to see people like my dad who try to be hopeful and actually take action. I’m excited to see what will come next.”

Dr. Sarsar is also teaching PR 462, “Palestinian-Israeli Relations,” a senior-level, interdisciplinary perspective course. He states that special emphasis, “is placed on the key actors, issues, and events, which are explicated through targeted readings that apply the dual-narrative method and films from the perspectives of both Palestinians and Israelis.”

Graduate student Zaneta Rago-Craft, a communication student in Sarsar’s Palestinian-Israeli Relations class, said, “He’s a very intellectual professor. He does a very good job at presenting both sides of the argument. He’s a firm believer of peace in the Middle East.”

One book Sarsar uses in the course is called Side by Side: Parallel Histories of Israel-Palestine. The book is edited by, among others, Palestinian educator Sami Adwan and the late Israeli Jewish social psychologist Dan Bar-On. Interestingly, Sami and Dan served as Fulbright scholars in residence at Monmouth thirteen years ago.

A film Sarsar asks his students to watch is “The Lemon Tree,” which was screened on Jan. 28 by MU’s Global Cinema Series. Directed by Eran Riklis and released in 2008, it tells the story of a Palestinian Arab woman’s struggle to keep her lemon grove when Israeli’s defense minister acquires a nearby property.

Sarsar remarked on the movie, “I think Dr. Sarsar’s said, ‘I’m just so proud of my dad and all the work that he’s accomplished. It’s something that not only I and other students, but for other people to know more about Israelis-Palestinians conflict. It’s nice to see people like my dad who try to be hopeful and actually take action. I’m excited to see what will come next.’”

The film is symbolic of the relationship between Israel and Palestinians in particular. There was an urgent need for dialogue and empathy but instead a huge wall was erected between the two sides.

The same day as the film screening, President Donald J. Trump announced his “Peace to Prosperity” plan between Israel and Palestine. Scholars and others have criticized the plan as one-sided and a dead end for not involving the Palestinians in its development.

“The hope is that the two nations will understand and learn more about each other,” said Sarsar.

Speaking on her father’s focus for writing, Hania said, “It’s not only a subject. It relates to his family and how he was growing up in Jerusalem. He’s taking that and telling more people about it.”

Hania added that her father inspires her except to excel not only in the classroom, but also in her leadership position of Station Manager for Hawk TV.

During his 35th year teaching at Monmouth, Sarsar not only motivates his daughter who mirrors his hard work and passion, but he also leaves a lasting impact on students.

“He’s a big inspiration,” Hania continued. “He’s one of the smartest people I know. I’m really lucky that he’s my dad. He always tells me to do something you’re passionate about. Seeing him so passionate about his work made me want to pursue media production.”

In fact, the club has grown under her presidency as she utilizes her leadership to encourage more students to take a prominent role in BSU. Moxie concluded, “The club is important especially since Monmouth is a PWI (Predominately White Institution), so it’s not as heavily focused on. Since there’s such a small community of black students on campus, it’s really important to know they’re welcomed and being prioritized.”

PHOTO COURTESY OF Monmouth University
February 19, 2020

LIFESTYLES

Is Your Facial Roller a Skincare Gem?

ALISON DEGRUSHE CONTRIBUTING WRITER

In recent years the beauty industry has developed an obsession with skincare, from tweens to middle-aged adults, people are dying to talk about their routines. Recently, a new trend has emerged in the skincare world: facial rollers. A facial roller is made with two stones, either jade or rose quartz, on either side of the handle that work to massage and enhance several features of the face.

According to Energy Muse, a blog focused on educating the public about crystal energy, the jade stone is the “ultimate good luck charm.” Jade works to calm and nourish the soul, as well as protect it from harm. Although jade rollers have been used one of the best beauty products by lifestyle magazines such as Allure, and Cosmopolitan, there is still doubt about the product by shoppers.

Junior English student, Emma Varga, recently purchased a jade roller because she, “hoped it would reduce facial swelling.” However, she hasn’t seen much progress.

Currently, there is no concrete evidence that shows that the addition of the gemstones to your skincare routine will have better results than a normal facial roller would.

Kayla Lewis, Ph.D., Associate Professor of Physics, said, “I can’t think of any plausible skin chămen by which using these rollers would be better than getting an ordinary facial massage.”

Furthermore, Lewis cited an experiment consumers can use to determine if jade and rose quartz rollers are more beneficial than an ordinary facial roller.

Lewis said, “One way to test whether the rollers are efficacious would be to do a “double-blind” study: Make it so that neither the people getting the treatment nor the people administering it can tell whether they are using a jade roller or a fake roller made to look the same. Then later, the data could be decoded and analyzed statistically to see if there’s a real effect beyond what would be expected from, say, using wooden or metal rollers.”

Something else to take into consideration is that jade and rose quartz rollers may be, as Schreiber mentioned, a “pseudoscience,” meaning that beliefs override factual evidence. A pseudoscience, “is used to sell new consumer products, especially in the area of cosmetics,” said Schreiber. Including the words “jade” or “rose quartz” could be a scam because people are willing to try anything that claims to work better than previous products they have used.

Companies like Herbivore Botanicals and Bee Dewey, sell gemstone facial rollers that use real jade and quartz. There are several companies that sell “fake” jade and rose quartz rollers for profits.

Bee Dewy, a skincare company selling facial rollers whose mission is to carefully source their products that will benefit your skin rather than do harm, warns against buying these “fake products.”

The company’s website states that there are rollers made out of materials like plastic and glass that can cause defects in the skin. Bee Dewy’s website states that if you find a jade roller for under $20 it is mostly likely made out of plastic, and will break easily.

Although there are many consumers who have seen results from jade and rose quartz rollers, remember to always research any product before purchasing.
Because at least I'm good looking. So who cares? Sonic has an appealing, friendly look. And Sonic News Network - Fandom
Enter Shikari's long history of genre melding. The group's new single, 'The Dreamer's Hotel,' is due out on Feb. 26, 2020. The track manically turns on a metaphor that the hotel is a fictitious place that we'd all love to settle and stand the test of time. It's going on a rampage. The band tries to capture the world's current polarizing climate in the new single. "It's trying to encapsulate the vibe in the world right now, which is one of polarity," said Rou Reynolds in an interview with BBC Radio 1. "Annie Mac is a highly popular DJ and radio host on BBCRadio 1. She has interviewed many famous artists, and this is a unique opportunity for Enter Shikari to showcase their music to a wider audience. The band is known for their high-energy live performances and unique blend of genres, which is expected to resonate with the listeners of Annie Mac's show. This announcement comes with the announcement of the band's upcoming tour dates. The group's latest album, 'The Dreamer's Hotel,' is scheduled to be released in the near future. Fans of Enter Shikari can expect new music and exciting live shows in support of their latest work. The band is also planning to release an EP, which will feature acoustic versions of their popular songs. Fans who are interested in the band's upcoming releases can follow them on social media for updates.

The Irishman and Marriage Story become part of the Collection

Too soon for criterion? The Irishman and Marriage Story become part of the Collection

The Criterion Collection is a place where film connoisseurs can go to see which movies have been given the titles of "classic" and "contemporary." If you look through their website, you'll find a sea of titles from around the world that have been released for the public to view and appreciate. And sometimes, these films have been released on their streaming service, DVD, and Blu-Ray. Film fans look forward to seeing what new masterpieces will be added to the Collection every year and their most recent claims have been director Martin Scorsese's The Irishman and director Noah Baumbach's Marriage Story.

After hearing this announcement, it makes you wonder: how can two films that just came out on Netflix be considered classic and contemporary already? Professor of History and Anthropology Thomas S. Pearson, Ph.D., mentioned, "I think the phrase classic is overused in speaking about movies. It's not always clear what ones will stand the test of time." It can be such an easy word to throw around, but the film has to back it up. So for the film community, is it too soon to be considering The Irishman as a classic film? Pearson expressed his thought as this: "I think there's a lot of pressure on filmmakers these days to be considered a "classic" film. It's not always clear what one is, and the pressure to achieve this title can often be overwhelming. It's important to remember that films are not created in a vacuum and that their impact can be measured in many ways beyond just critical acclaim. It's possible that The Irishman could become a "classic" film, but it's too soon to say for sure. It will take time for people to reflect on the film's impact and to decide if it deserves to be considered a classic. Ultimately, it will be up to the audience to decide if The Irishman is a "classic" film. In the meantime, it's important to appreciate the film for what it is and to allow it to become something special in its own way."

The Phoenix

The Phoenix is an evening newspaper published in the United Kingdom and is known for its coverage of entertainment and cultural events. The Outlook is a student publication at Monmouth College in New Jersey. It's a great source of information about the college community and provides coverage of local events and news. This particular issue features an article about Enter Shikari's new single, 'The Dreamer's Hotel.' The band is known for their high-energy live performances and unique blend of genres, which is expected to resonate with the listeners of Annie Mac's show. This announcement comes with the announcement of the band's upcoming tour dates. The group's latest album, 'The Dreamer's Hotel,' is scheduled to be released in the near future. Fans of Enter Shikari can expect new music and exciting live shows in support of their latest work. The band is also planning to release an EP, which will feature acoustic versions of their popular songs. Fans who are interested in the band's upcoming releases can follow them on social media for updates.
For the Democratic Party, the Iowa caucus was supposed to be their first real test of the upcoming se-

month, with Iowa setting the tone for who would choose their candidates to take

President Donald Trump. Instead, it turned into a picture of chaos, with failed mobile voting apps and unorganized voting processes playing out on national television on Tuesday, Feb. 3.

A week later, former South Bend, Indiana Mayor Pete Buttigieg was declared the winner, with over 18 percent (13 delegates) of the vote, barely squeaking out a win over Vermont Senator Bernie Sanders, who garnered 26.1 percent of the vote (12 delegates).

The only other candidates to gain more than 10 percent of the vote were Massachusetts Senator Elizabeth Warren with 18 percent (8 delegates), former Vice President Joe Biden with 15.8 percent (6 delegates) and Minnesota Senator Amy Klobuchar with 3 percent (1 delegate).

The reason for the week-long delay in results was due to a combination of low voter turnout and the fact that Iowa does not represent the diversity of the country. According to political experts, it is the biggest reason for calls to change the current system of Iowa being first on the election season.

“Just 170,000 out of more than 600,000 Democrats and 700,000 independents showed up,” Murray explained. “Considering how much money campaigns spend there and the really high influence of the press on the process, the first contest should have a significantly high-

erature. Not only does it not represent the diversity of the Democratic Party nationwide, but the people who show up at the caucus do not even represent all Democrats in Iowa.”

Criticism of the technical problems was shared by nearly every Democratic candidate, including Sanders, the narrow runner-up in the contest, who said the technology had been unfair to everyone in the race.

Trump, who won the Iowa Republican Caucus with 97 percent of the vote after running mostly unopposed, mocked the Democratic Party when speak-

ing to reporters, saying, “They couldn’t even take a simple tabulation and yet they’re telling you how to run the country and how to run health care.”

While the results have fi-

ally been determined, protests against the Democratic Party’s handling of the Iowa caucus has not just been about technology, with some questioning if cau-


vices, where voters must go to a meeting instead of voting on a ballot to participate, are out of touch in the modern political system.

Officials have claimed that Iowa, a state with a population that is approximately 90 percent white, is not an accurate represen-
tation of the diverse Demo-


cratic voting base.

Stephen Chapman, Ph.D., an Assistant Professor of Political Science, agreed that the system of caucuses could place certain additional burdens on voters, but also saw problems with the possibility of abandoning the Iowa caucus.

“The Iowa caucus has had a historically important role in the process,” Chapman said. “State party leaders within the Democratic Party may be wary of shifting away from the status quo as it may cause them to be seen as less important, as we’ve seen with recent discussions concerning a national primary.”

Chapman also stated that, de-

spite the short-term embarrass-
ment that the Democratic Party suffered as a result of the techni-
cological difficulties in Iowa, it was unlikely to have any lasting effect during the election sea-

don. As for upcoming predictions about the race for Democratic nomination, Chapman saw it as a three-way race between Butt-

gie, Sanders, and Biden, with Sanders projected to win more delegates than the other two candidates in upcoming primaries and caucuses.

In a Monmouth poll from last month, 58 percent of Democrats supported a national primary, where all state would hold pri-

mary elections on the same day.

Yendeli Bello, a senior political science student, gave her sup-

port for a national primary as opposed to separate primaries and caucuses, giving the exam-
ple of the New Jersey primary not being until late in the pri-

mary season.

“More often than not, pri-

mary races are usually decided before the end of the primaries, meaning that states with early primaries have a huge influ-

cence.” Bello said. “By the time New Jersey has their primaries in June, the race will already have been decided.”

Under the leadership of Ivanka Trump, over 12 mil-

lion women under this or-

didate. With women now making up over 50 percent of voters, it is important to be good to global citizens and help each other.

“In the US and abroad, women are still excluded from the labor force for many rea-

sons,” McGovern explained. “It would be great to see a similar investments made in education, training, and sup-

port of some of the most vulner-

able groups here.”

Timothy Foley, a junior communication student, had a different perspective on Ivan-

ka’s work heading the W-GDP. “I think it’s great for women all over the country and it shows women who haven’t been helped yet that there is hope and that there is work to be done to support them in coming more financially sta-

table and have more economic freedom,” he said, stating that the United States is getting a step closer to equality.

Several professors in the Department of Political Sci-

cence and Sociology had not heard about W-GDP and was decided not to comment on the topic because of this.

Eleanor Novak, Ph.D., Pro-

fessor of Communication and a journalist, explained why this topic may not have been popularized.

“As a journalist, I would have to say anything we know how to wrangle the news coverage in his favor, and he knows how to do it,” said Gonzó.

“Yendeli Bello, a senior political science student, gave her support for a national primary as opposed to separate primaries and caucuses, giving the example of the New Jersey primary not being until late in the primary season. “More often than not, primary races are usually decided before the end of the primaries, meaning that states with early primaries have a huge influence.” Bello said. “By the time New Jersey has their primaries in June, the race will already have been decided.”

The state of Iowa uses a caucus system for primaries, whereby voters form groups for candidates.
New Members Welcome!

If interested, please contact:

Club President: Kyle Wavro
s1163184@monmouth.edu

or

Advisor: Maureen Slendorn
mslendor@monmouth.edu

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Contact: Caroline Mattise, s1102099@monmouth.edu, or Professor Morano, or the Outlook, Outlook.monmouth.edu
APPLY NOW: UCI Summer Research Grants

Proposals Due March 13

The Urban Coast Institute (UCI) welcomes Monmouth students and faculty of all disciplines to apply for funding through its Heidi Lynn Sculthorpe Summer Research Grant program. Funding is available for projects proposed by students with a faculty mentor or by faculty members with students conducting research.

Projects should further the UCI’s mission/goals and may cover topics including:

- Assessing and Communicating Coastal Community Vulnerability/Risk
- The Social/Economic Impact of Climate Change on Communities
- The “Blue” Coastal and Ocean Economy
- Coastal and Ocean Ecosystem Protection, Restoration and Management
- Enhancing Community Resilience and Adaptation Planning in the Face of Sea Level Rise and Coastal Storms
- Furthering U.N. Sustainability Goals
- Coastal Community Engagement to Address Climate Change
- Enhancing Consideration for Social Justice and Equity Considerations in a Changing Climate
- Coastal and Ocean Law and Policy
- Marine and Environmental Arts and Humanities

APPLY & MORE INFO:
monmouth.edu/uci

Contact: Dr. Thomas Herrington
therring@monmouth.edu
732-263-5588

MONMOUTH UNIVERSITY
URBAN COAST INSTITUTE
**Women’s Lacrosse Soars into the Season**

**SOPHIA GALVEZ**

The Monmouth University women’s lacrosse team opened their 2020 season with an 11-5 win over Sacred Heart University on Saturday Feb. 15. This is the second time the team has won their opening game in the last three seasons under head coach Jordan Trautman.

Within the first six minutes of the match, Monmouth was leading 3-0 over Sacred Heart. Junior attacker Caroline Bleck scored the first goal for the Hawks just two minutes into the first half to put Monmouth on top 1-0. Freshman midfielder Madde Murphy executed a free position shot which awarded Monmouth another goal just one minute after her Vs, followed by senior attacker Nicole Ceraso assisting fellow senior attacker Allisson Turturro in scoring the third goal.

Sacred Heart got on the board due to junior midfielder Anna Mesham scoring off an assist from freshman midfielder team-mate Emma Kittredge. This advanced the Pioneers to 3-1 trailing Monmouth, and was Mesham’s first career goal.

Shortly after Sacred Heart found the back of the net, Monmouth responded with another three goal run in the span of about six minutes. Ceraso scored again off a free position shot followed by a goal carried out by senior attacker Sarah Gillogly, and with an assist from Ceraso to senior midfielder Rachel Mills the Hawks were up three more shots over the Pioneers.

Kerr-McGee Field, Sacred Heart senior attacker, interrupted Monmouth’s scoring streak with a goal for the Pioneers to put them up 2-2.

Entering the second half of the match, Sacred Heart brought the momentum with a goal within the first four minutes scored by Ceraso assisted by freshman midfielder Mikala Eacrett. However, the Hawks countered with another three goal streak in the fourth quarter, Ceraso scored yet again on a free position shot to send Monmouth halftime up 7-2 over Sacred Heart.

In the top of the seventh, Hopeck singled and moved to second on a groundout. Monmouth fouled out and struck out three batters. The Hawks tied the game in the top of the seventh, Monmouth had an impressive four home runs coming from senior infielder Deangie Jimenez, senior first baseman Kayla Rosado, senior designated hitter Amanda Hopeck, and Mizzari.

Ceraso made her first win of the season, while pitching a complete game with six strike-outs.

In game two on Saturday, the Hawks started strong with a 4-0 lead against Southern Illinois. The Salukis answered quickly coming back with five runs in the fifth and three more in the final two innings. The Hawks ultimately fell to 8-5 in the fifth.

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Monmouth moves on to compete in Georgia Southern's Eagle Round Robin Tournament next weekend in Statesboro, Georgia.

**Softball Rounds the Bases in Florida**

Monmouth softball opened the 2020 season in the Madeira Beach Invitational in Madeira Beach, Florida this past weekend with a record of 6-2.

Monmouth was unable to pull off a win in game one of the doubleheader to kick off the season against Mercer on Friday afternoon.

Senior pitcher Alyssa Irons pitched all nine innings against Mercer, not giving up a run until the eighth inning and striking out four batters.

Junior catcher Erika Coreth sacrificed a bunt, sending junior catcher Morgan Mazzari to third. Senior infielder Sam Tomassetti secured an RBI double, sending Mazzari home. Mercer answered in the top of the ninth with a pair of RBI singles, taking control of the game. The Hawks fell 4-1 in the end.

Monmouth took on Presbyterian Friday night and was able to come back from their loss earlier that morning, securing a win over the Blue Hose, 7-3.

Junior catcher Erika Coreth led the Hawks with two home runs, four RBI's, and two runs. Freshman pitcher Kylee Gleeson earned her first career win, while she pitched six full innings giving up just two runs.

“Overall, it was a solid first day on the field. In game one, Alyssa threw very well, getting us into extra innings,” two-year coach Shannon Salzburg. “To their credit, Mercer found a way to drop balls into small openings in our defense, and that proved to be the difference. In game two, I thought Kylee pitched well and had a nice outing. Our defense was solid behind her, and the offense picked up from where we left off against Mercer. Erika had a huge day for us. We’re excited to get right back to it tomorrow and continue to grow.”

Monmouth went on to face Purdue and Southern Illinois Saturday and were able to come out victorious over the Boilermakers, but fell to Southern Illinois.

Against Purdue, Monmouth had an impressive four home runs coming from senior infielder Deangie Jimenez, senior first baseman Kayla Rosado, senior designated hitter Amanda Hopeck, and Mizzari.

Irons earned her first win of the season, while pitching a complete game with six strike-outs.

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“What I loved about it is that we weren’t perfect, but found a way to fight through,” said Salzburg. “Our offense was on fire, which was exciting. Some things to work on, but I’m excited about the direction of the team. There is tons of energy and potential.”

To close out the weekend in Florida, Monmouth fell short in Sunday’s doubleheader.

The Hawks faced South Dakota on Saturday morning while Irons pitched six innings, giving up three runs, and striking out three batters.

In game two on Sunday against Georgia State, Tomassetti had a two-run homerun, the 13th for her career.

Monmouth was trailing for most of the game. The Panthers led 5-1 in the top of the fourth, and added three more runs in the top of the fifth. Georgia State led 8-1 in the fifth.

Monmouth quickly added three runs in the bottom of the fifth. Mazzari hit a lead-off single, while Tomassetti brought her home two batters later, with her home run.

The Hawks went down fighting in extra innings to the Panthers, 8-4. “Today we didn’t play our best ball,” said Salzburg. “The good news is that everything is easily correctable. We look forward to tweaking a few things this week and getting right back to it on Friday.”

Monmouth moves on to compete in Georgia Southern’s Eagle Round Robin Tournament next weekend in Statesboro, Georgia.

**CARLY STEAKIN**

ASSISTANT SPORTS EDITOR

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Baseball Splits Weeken in NC

MARK D’AQUILA/STAFF WRITER

Monmouth men’s baseball began their three-game road trip with an 85-71 victory at Canisius before dropping game two of the trip to Niagara, 72-77.

Junior guard George Papas was the talk of the Metro Atlantic Athletic Conference (MAAC) after scoring a career-high 32 points while draining seven three-pointers in Friday night’s win. This was the second time in as many games that a MU scorer reached this mark after junior guard Deion Hammond scored a career-high 32 points and drained seven three-pointers in Monday night’s win at Niagara.

In their first game against Canisius, the Hawks wasted no time getting on the board as junior outfielder Jalen Jenkins scored a run on a sacrifice fly. The Hawks then went on to score two runs on a double and later scored. Jenkins also drove in his first career run in the bottom of the fifth to give the white and blue a 2-0 lead. The Hawks would hold on to the lead and win their second consecutive game.

Sophomore left-handed pitcher Rob Hensley pitched a fantastic game as he threw seven shutout innings while only allowing two hits. Sophomore right-handed pitcher Ryan Bearnse made his collegiate debut and threw 11 shutout innings.

“Tough one today,” said head coach Dean Ehehalt. “We fell behind early and couldn’t keep them off the board. Over the course of the four games, definitely a lot of positives to come out the weekend. We played some excellent defense, pitched well and showed some toughness during our first three games.”

The Hawks will play three games next weekend as they head to the University of South Carolina (USC) Upstate on Friday at 4:00 p.m., Presby- terian on Saturday at noon and face off against Wofford on Sunday for their first road game of the season.

UPCOMING GAMES

Wednesday, Feb. 19
Wixs vs Long Island University
West Long Branch, NJ 2:00 p.m.

Thursday, Feb. 20
Women’s Basketball at Niagara
Niagara University, NY 7:00 p.m.

Friday, Feb. 21
Softball vs Maryland
Georgia Southern Round Robin Statesboro, Virginia 2:00 p.m.

Baseball vs USC
Upstate
Spartanburg, SC 4:00 p.m.

Softball vs Georgia Southern
Georgia Southern Round Robin Statesboro, Virginia 7:00 p.m.

Women’s Tennis vs Merrimack
West Long Branch, NJ 7:00 p.m.

Men’s Basketball at Marist
Poughkeepsie, NY 7:00 p.m.

Women’s Bowling vs MEAC
Pennacola, Florida TBA

Saturday, Feb. 22
Men’s Lacrosse vs Delaware State Long Branch, NJ 11:00 a.m.

Softball vs Furman
Georgia Southern Round Robin Statesboro, Virginia 11:30 a.m.

Baseball vs Presbyterian
Spartanburg, SC 12:00 p.m.

Women’s Basketball at Canisius
Buffalo, NY 2:00 p.m.

Softball vs Georgia Southern
Georgia Southern Round Robin Statesboro, Virginia 4:30 p.m.

*conference games

Men’s Basketball Goes on Road Trip

JACK MURPHY/STAFF WRITER

Baseball traveled to North Carolina to open up their season this weekend as the Hawks defeated New Jersey Institute of Technology (NJIT) on Saturday for their first win of the season 4-3, split a double-header with Bucknell winning 3-1 and losing 5-4 and fell to Penn State by a score of 14-2 on Sunday.

In their game against NJIT, Dan Klepchick got the nod to start the season. This is his second consecutive season where he was the starter on opening day. Klepchick pitched 5.2 innings of two run ball while striking out his second consecutive season high with seven strikeouts.

After giving up an RBI double in the top of the fourth, the Hawks quickly re- sponded in the fifth as senior outfielder J.P. Walsh drove in a run for the team-lead in rebounds and stroke out three in Saturday’s 3-1 victory against Bucknell.

Sophomore right-handed pitcher Nick Houghton was credited with the save, the third of his career. As Nick made the second game of the double header, Bucknell got off to a quick 3-0 lead on six early hits. The Hawks began to work a little bit of magic in the top of the second to cut the deficit to only one due to a bases loaded walk and an infield single off the bat of senior infielder Johnny Zega.

By the ninth inning, the Hawks were down 5-2 and were starting a rally. They loaded the bases due to two errors by Bucknell’s pitcher and a walk. The Hawks cut the lead down to one due to a single off the bat of Walsh. Monmouth was unable to score the equalizer, losing their first game of the campaign.

In their final game of the weekend, the blue and white held the Nittany Lions to a low-scoring 9-7 victory at Penn State.

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Senior captain Nicole Ceraso dominated Saturday’s home opener against Sacred Heart with an impressive hat trick and a game-high seven points in the 11-5 win.