



THE OUTLOOK

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STUDENT-RUN NEWSPAPER SINCE 1933

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University Members Comment on SOPA Act

TIFFANY MATTERA
STAFF WRITER

Attempts to control copyright infringement and distribution is nothing new. The Digital Millennium Copyright Act of 1998 criminalized services, with the purpose of circumventing measures that control access to copyrighted works.

This act had exceptions towards materials used for educational purposes; it also stated limitations on the liability of online service providers for copyright infringement when engaging in certain types of activities, according to the US Copyright Summary. Recently, however, governments have become stricter and this past year introduced several new acts in this area.

The Stop Online Piracy Act (SOPA) was introduced by Texas Republican Representative Lamar Smith with 12 co-sponsors on October 26, 2011. In short, SOPA allows the Justice Department and copyright holders to seek court orders against websites that aid in copyright infringement; included is anything from torrent

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What the 2012 State of the Union Address Means for STUDENTS

LAUREN GARCIA
ASSISTANT NEWS EDITOR

College just may become more affordable and less of a hassle for graduate students concerned with paying back their loans. For those who watched President Obama's State of the Union Address last Tuesday, Obama proposed a number of ideas that could help college students breathe easier. He said that he intends to find ways to extend tuition tax credit, keep student interest rates from rising, and keep

tuition down. However, while the ideas may seem attainable, they were only suggestions and ideas with no specific plans to carry them through.

Dr. Michael Phillips-An-

"Salaries are not very high, so right now it makes sense to hire graduates rather than more experienced professionals who cost a lot of money."

BENEDICTE REYES

Chair of the Department of Economics, Finance and Real Estate

derson, an Assistant Professor of Applied Communication, expressed concern over how Obama's plan for the economy may affect future University graduates. "There really isn't that

much the President can do to affect the economy. Interest rates are at historic lows, but businesses aren't borrowing. The President did not call for large scale stimulus spending which is what economists like Paul Krugman have argued is the fastest way to get the economy growing," Phillips-Anderson said.

In regards to interest rates on student loans, Obama highlighted that they are set to double in July unless Congress acts against it.

According to Claire Alasio, the Associate Vice President of Enrollment Management and the Di-



PHOTO COURTESY of deathandtaxesmag.com

President Barack Obama's State of the Union Address contained future plans involving college tuition, student loans, and more.

Obama continued on pg.3

Grad Student Recounts Chaos Aboard the Costa Concordia



PHOTO COURTESY of inquisitr.com

With MU graduate student Addie King on board, the Costa Concordia sank after the vessel struck a rock off of the island of Giglio.

GINA COLUMBUS
EDITOR-IN-CHIEF

It was a trip meant to be the memory of a lifetime, but not the way most people thought it would be. On January 13, 2012, the Costa Concordia, the largest Italian cruise ship in history, was five days into its Mediterranean cruise when the vessel struck a rock off the island of Giglio. A passenger aboard the Costa Concordia, University graduate student Addie King, 26, recalls her blissful vacation-turned-tragedy as pure "pandemonium."

King and her husband, Mi-

chael Stoll, began their trip in Barcelona, Spain to visit King's sister. They descended onto the cruise (her first) January 9, unaware of the adventure that awaited them. They had stopped at different ports, including Sicily and Rome.

According to telegraph.co.uk, the timeline of the night's events occurred as follows. The granite outcrop had torn a massive hole in its hull at 9:42 pm, when the married couple was enjoying their dinner on the second-floor dining room of the Costa Concordia. The captain allegedly went off-course in the cruise, tak-

ing the ship closer to shore than usual. With the hull opened up, water began pouring into the bottom of the ship. Instantly, silverware, plates and glasses began flying off the tables. Lights immediately went out, and came back on. "And things started to tilt," King remembers.

Within three minutes, passengers were raising concern but had not received any signals from the captain. Crew members were encouraging passengers it was simply an electrical problem, and to stay inside and have

Chaos continued on pg. 14

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Delta Phi Epsilon set up a new website to promote awareness about eating disorders.

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Poet Visits University in Conjunction with MLK Tribute

DIANA KUMPF
STAFF WRITER

As part of the Dr. Martin Luther King Jr. Tribute celebration, award-winning poet Marilyn Nelson came to the University last Wednesday night to read her published works and pieces from a new manuscript.

Marilyn Nelson is an African-American poet born in Cleveland, Ohio, in 1946 during the time of segregation. Her father was in the air force so she grew up around military bases. Her mother was an African-American teacher with all white students, and always thought of her daughter as a poet.

In 1966, Nelson lived in Chicago and worked with the Civil Rights Movement. Much of her poetry reflects her perspectives on racism and equality, and her personal experiences growing up in a segregated America.

Nelson earned her B.A. from the University of California-Davis, an M.A. from the University of Pennsylvania, and her Ph.D. from the University of Minneso-

ta. She has published more than 12 books, and has won numerous awards including the 1998 Poets' Prize, two creative writing fellowships from the National Endowment for the Arts and is a Robert Frost Medal recipient. She is currently a professor emeritus of English at the University of Connecticut.

At the MLK Tribute event, guests sat at round tables eating cream puffs and fudge cake. Nelson, dressed head to toe in royal blue, walked up to the podium and stared at the audience over her glasses.

She began reading her po-

ems that depict moments of her childhood. Every piece read worked with themes such as rac-

is an elegy written as a crown of sonnets about the lynching of Emmett Till, a 14-year-old

every sonnet written so the last line of one sonnet becomes the first line of the following sonnet. On the 15th and final sonnet, Nelson took all the first lines of the previous 14 sonnets and formed its own acrostic sonnet spelling out RIP EMMETT TILL.

After Nelson's reading, the four recipients of the Dr. Martin Luther King, Jr. Unsung Hero Award came to the stage to collect their plaques. The recipients rewarded for keeping King's spirit alive were Moleen Madziwa, Professor Mary Swigonski, Mary Szacik and Louis Yuliano.

Nelson stayed after the reading to talk to students and sign copies of her books. Senior Kayla Helfrich was one of the students who stayed after to get her copy of *A Wreath for Emmett Till*, autographed by the writer.

"Marilyn Nelson's poetry, other than *A Wreath for Emmett Till*, was something I had never read before," Helfrich said. "It was really moving and gave you a sense of what it was like for her growing up during the Civil Rights Movement."



PHOTO COURTESY of Kim Grier

Poet Marilyn Nelson reads her works that depict her childhood and deal with themes such as racism, segregation and equality.

ism, segregation and the desire for equality.

Nelson also read her book *A Wreath for Emmett Till* in its entirety. *A Wreath for Emmett Till*

cle. This event helped encouraged the Civil Rights Movement in the late 1950s.

Nelson used Petrarchan sonnets to write about Till. She has

Internet Censorship Act Garneres University Responses

SOPA continued on pg. 2

sites to spoofs of pop music on YouTube. Additionally, SOPA includes an anti-circumvention clause that mandates the removal of links to copyrighted material that appear on social media websites. If the sites fail to remove the link, they then face the potential of being shut down.

Cnet.com is a website that provides technological news. On November 15, 2011, it carried reports that representatives of LinkedIn, Yahoo, AOL, Google, Zynga, Facebook, Twitter, Mozilla and EBay wrote a letter to the Senate and House of Representatives regarding SOPA. They called it "a serious risk to our industry's continued track record of innovation and job creation, as well as our nation's cyber security."

Similarly, the Protect IP Act (PIPA) was introduced by Vermont Senator Patrick Leahy on May 12, 2011. PIPA is often grouped alongside SOPA, but it is more specific in that it applies to

domain name system providers, ad networks and financial companies. SOPA, in comparison, broadly applies to all Internet content.

A massive protest against SOPA and PIPA occurred on January 18, 2012. Popular sites opposed to the bill blacked out or warned of how SOPA would affect their site, should it be passed. Participants included reddit.com, wordpress.com, theOatmeal.com, xkcd.com, IGN.com, tumblr.com and explosm.net. According to sopastrike.com, there were 10,000 signatures on an official petition against SOPA, over 3,000,000 emails sent to government officials and over 115,000 sites participated, making it the largest online protest in history.

Mary Harris, a Specialist Professor of Communication at the University, took note of the protest. "The SOPA protest was a huge eye-opener for Americans. Consider what it would be like with strict government control over the Internet. We are in a society

where most corporations, non-profits, small businesses and individual citizens use the Internet daily and, in doing so, rely on it for work, education, entertainment and the list goes on. The Internet protest that took place on January 18 demonstrates the power that can arise from free, shared knowledge," Harris said.

Matt Marciano, a sophomore, also is against SOPA. "As a college student with not a lot of money, it's amazing to be able to have access to anything for free. Why spend

\$14 for a CD on Amazon or \$100 on software for class when you can download it off of a torrent site," Marciano said.


Anthony Morello, also a sophomore, hopes that the Internet stays free by giving citizens the option to view whatever content they please. "SOPA would allow the government to choose what Internet media we watch, since just about anything can be pinned for copyright infringement. The Internet gives anyone the freedom to make their own content

and anyone can become a sensation. SOPA will eliminate this and force you to watch what they want you to watch. SOPA is one step closer to Big Brother becoming a reality," Morello said.

SOPA has been shelved indefinitely since January 20, 2012. Joseph Coyle is an Associate Professor and Director of Financial Mathematics. "Had SOPA gone through, it would have had an effect on say, everyone who uses Google, by changing the search result," Coyle said.

"The SOPA protest was a huge eye-opener for Americans. Consider what it would be like with strict government control over the Internet."

MARY HARRIS
Specialist Professor of Communication



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ELMWOOD HALL

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ELMWOOD HALL

PULA/STUDENT MISCONDUCT
1/29/12-2:45AM
MULLANEY HALL

WED.

THURS.

FRI.

SAT.

SUN.

MON.

TUES.

1/25-1/31

Communication Professor Named NJ Sportscaster of the Year

RAY BOGAN
STAFF WRITER

Matthew Harmon, professor of communication, was named New Jersey Sportscaster of the year for 2011. This was Harmon's second time winning this honor; he previously won in 2007. Harmon is the play-by-play announcer for the University's football team and color analyst for the men's basketball program.

While Harmon's love of sports has been with him his entire life, his love for broadcasting began as an undergraduate here at the University. Harmon joined WMCX after suffering an injury as a member of the football team. He loved it from the start and eventually became the sports director for WMCX in the fall of 1995. This was also the first time he began getting experience as a broadcaster, calling games for the University's football and basketball teams.

Harmon worked hard to gain experience working for both WMCX and *The Outlook* as a play caller and giving sports updates. He also gained tremendous experience as an intern at WFAN.

"I wouldn't trade my experience at MU and WMCX for anything," Harmon said. "The opportunities are endless and it provided me with a great learning spot to develop my own style."

During his time at Monmouth, Harmon developed a great relationship with Men's Football

Head Coach Kevin Callahan. "Monmouth football means a great deal to Matt," Coach Callahan said. "As a former Monmouth player, he respects the dedication and commitment of the student-athletes, and he is proud of the tradition of Monmouth University football."

"He has always been so supportive and appreciative of the work I do for Monmouth and the football program," said Harmon. "I have a tremendous amount of

a genuine interest in the athletes who are competing."

Harmon's dedication is also appreciated during basketball games. "Matt brings a unique energy to the sidelines," said King Rice, Head Coach of Men's Basketball. "He is passionate and engaging. I am glad to have him on our team."

"It seems evident that being credited by his peers shows that he is someone that gives 110 per-

tries to let the moment dictate what happens and what he says. The same goes for the classroom. "I am very fortunate to have the backing of the Communications Department with the sports communications minor," Harmon said. "It is something to mesh the two things I love together."

The sports communication minor has now been offered for two years and Harmon hopes that it will draw students in from all

ter through his own experiences.

"Number one, it's not easy, there is a lot of competition for these jobs and always someone willing to work harder than you if you allow that to happen," Harmon said. "Number two, you have to be prepared; and number three remember your audience."

Harmon has been a lifelong resident of Monmouth County, growing up in Wall Township. He has been able to root for his home team now for more than 15 years. "I want nothing more than my school to succeed and for the surrounding communities to realize how great the athletics programs are here at MU," Harmon said. "It is a Division 1 school right in my backyard and I wish more people knew about it."

"From the second that Matt stepped foot on Monmouth campus he realized he would have a long relationship with the school and he has done a very good job of juggling family, business, career with his passion which has become broadcasting sports, especially Monmouth sports," Timothy Harmon said. "I know I definitely speak for our entire family."

Harmon also has been actively involved in public service to Monmouth County for many years. He has been a lifeguard for 24 years and is currently a lieutenant for the Sea Girt Beach Patrol. He and his wife Megan are the parents of three sons - Daniel, Cooper and Luke.

"Matt's success as a sportscaster is a direct result of preparation and professionalism. He is on top of the teams he covers and he has a genuine interest in the athletes who are competing."

KEVIN CALLAHAN
Head Coach of University Football Team

respect for him."

"I had always hoped to become involved with Monmouth athletics after I graduated and have been fortunate to continue my work at Monmouth, now calling games," Harmon said. "It makes for a great connection to have worked and seen so many games in my time as a student, and now professional broadcaster and faculty member."

"Matt's success as a sportscaster is a direct result of preparation and professionalism," Callahan said. "He is on top of the teams he covers and he has

cent all the time in his preparation for his broadcasting career," said Timothy Harmon, Matthew Harmon's brother. "I know that he thoroughly enjoys Monmouth University and was ecstatic when made a full-time professor."

Harmon remains thankful for the real life experience he received at the University that helped shape him into the broadcaster he is today. "I still have tapes of games I did while a student," Harmon said. "It's amazing to hear how much I have changed."

During the games Harmon

majors, not just communication. As he described, the only thing you need to get started is an interest in sports.

"I have learned a lot from Professor Harmon about the sports broadcasting field both on and off the air," Gary Kowal said, Communication major and WMCX Sports Director. "He is very good at what he does and there is no doubt in my mind that he deserves this award."

One of Harmon's favorite parts of being a teacher is helping young broadcasters become bet-

Assessing the 2012 State of the Union Address

Obama continued from pg.1

rector of Financial Aid, the interest rates on student loans are what lenders charge students to use their money. If Congress were to stop the interest rates from doubling in July, however, it would not affect graduating students, as this plan seeks to help students set to take out loans for the 2012-2013 academic year. In order to make this plan work, Congress must pass a bill and find funding to replace the money they will lose from decreasing interest rates.

"If the government is planning on millions of students retaining their loan at 6.8 percent, that is going to make a certain amount of money for the government. If someone decides to charge students only 3.4 percent, while that's great for the students, someone is going to have to make up for the money that they are going to lose," Alasio said.

"Low interest rates are good for students, but the President and the Congress are failing to go far enough to bring back Pell Grants and help with loan forgiveness for those who have already graduated," Phillips-Anderson added.

Although paying off student loans is a significant factor in the life of a student who has recently graduated, a top priority would be finding a job in order to repay their loans. Finding a job directly out of college, however, is widely debated amongst students and faculty, despite Obama's positive outlook for the economy.

"As interest rates jump, it becomes more and more difficult for students to repay their loans. If students can't repay their loans, the government isn't going to get any money. Would you

rather have less money or zero money?" Alasio said.

"There are certain elements that will get through, but it is a modest plan that will, at best, likely produce modest results," Phillips-Anderson said. "For our graduates to find success in the job market, they need to be willing to relocate out of New Jersey and leverage their skills into fields they may not have considered previously."

Thomas Campora, a biology and education major, is not confident in the plan for the economy. "The prospects for finding a job right out of college for most will be bleak considering the fiscal state the country and world is in," Campora said. "It will depend heavily on what field of study the student chose. Fields of study which focus on more practical and industrial career elements (like science, medical, engineering, trade skills, etc.) will fare better, but perhaps marginally so until conditions are changed which will allow the economy to grow."

Daniel Fitzpatrick, an English and education major, however, is more optimistic. "It is most certainly possible to get a job outside of MU with a degree. There have been depressions and recessions before and the key to getting a job during those times was to think outside of the box. A piece of paper, a degree, alone will not get you a job," Fitzpatrick said. "Diligence is the key and that is how anyone is going to get a job outside of college. Is it easy? No. Possible? Anything is."

Dr. Benedicte Reyes is an Associate Professor of Finance and Chair of the Department of Economics, Finance and Real Estate. She said that graduates, particularly those in the field of finance,

have a good chance of finding a job after college. For other fields, however, she pointed out the possibility that students have to be willing to relocate or commute in order to find a job.

"Salaries are not very high so right now it makes sense to hire graduates rather than more experienced professionals who cost a lot of money. So there's always a market for newer graduates who have done work before, which means internships," said Reyes. "The trick is to try to get a summer job so that you can show diversity and that you are willing to work as a new employee."

Dr. Joseph Patten, Chair of the Political Science and Sociology Department, said, "The reality of it is that presidents do not fully control upticks or downturns in the economy. To stimulate the economy, presidents can influence fiscal policy by trying to put more money into the economy by increasing federal spending and cutting taxes. Presidents can also try to negotiate trade agreements with foreign nations, beneficial to American companies. The federal reserve board, not the President, is in control of interest rates."

According to Patrick Murray, Director of the University Polling Institute, Obama understands that the issue of finding jobs is a primary concern among voters. "The number of times President Obama mentioned the word jobs in his speech is a clear indication that he understands how important this issue will be in his bid for reelection this fall," Murray said. "While he didn't gear his message specifically to young voters, it should have an appeal to recent graduates and students getting ready to enter the job market."

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College Freshmen Reported to be More Serious About Degree

LARRY GORDON
MCT CAMPUS WIRE

Seeing their parents struggle with unemployment and other money worries over the last few years, the nation's current batch of college freshmen increasingly view a bachelor's degree as a necessary ticket to better jobs, according to a University of California, Los Angeles survey being released Thursday.

In responding to the "American Freshman" poll, 85.9 percent of first-year students across the country said that being able to land a good job is a very important reason for attending college. That is the strongest response to that question in the 40 years it has been asked and is sharply higher than the 70.4 percent reply in 2006, before the recession began.

The survey asks freshmen to select reasons they are pursuing higher education. For a generation, the most popular one was "to learn more about things that interest me." This year, 82.9 percent said that was a major motive. But since 2009, the concern about jobs has been on top.

Also setting a record was the response to a query about whether becoming very well off financially is an "essential or very important" objective. The survey showed that 79.6 per-

cent of the students described such affluence as a compelling goal, up from the pre-recession response of 73.4 percent in 2006 and double the levels during the more counter-cultural 1970s.

"I think it's understandable. Like everybody in the country, these students are reacting to a time of recession," said John H. Pryor, managing director of UCLA's Higher Education Research Institute, which conducts the annual survey.

But he cautioned that it would

Compared with classes ahead of them, today's recession-era freshmen reported being more studious and sober during high school.

be wrong to assume that the students want to make money just for luxurious lifestyles. In fact, the report also shows that, compared with students 40 years ago, current freshmen say they are much more interested in having children. So, Pryor said, they may be more aware of what it costs to raise and educate a family.

"They may want to make sure their kids can go to their first-choice colleges without a lot of loans, as opposed to buying the plasma TV and the BMW," he said.

Begun in 1966, the poll is considered the nation's most comprehensive look at college stu-

dents' attitudes. Nearly 204,000 incoming freshmen at 270 four-year colleges and universities decided to participate at the start of the current school year.

Compared with classes ahead of them, today's recession-era freshmen reported being more studious and sober during high school. These students may fear that bad grades and rejections from good colleges could lead to economic insecurity, analysts said.

Those who reported that they studied or did homework for six or more hours a week as high school seniors rose to 39.5 percent, up from 34.7 percent in 2009. In the same period, the share of students who

said they drank beer frequently or occasionally in high school dropped from 39.5 percent to 35.4 percent and those who said they spent some time "partying" every week during high school declined from 69.7 percent to 65.3 percent.

Liberal social causes are becoming more popular on campuses, with supportive responses to many of these questions on the rise.

For example, 71.3 percent said they supported gay and lesbian couples' right to marry, and 60.7 percent said abortion should be kept legal. Additionally, 49.1 percent backed the legalization of marijuana.

Catholic Centre

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NOTE:

Sunday Mass on Feb. 5
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Back page sports logo designed by Nick Hernandez

In Sports We Trust?

THE OUTLOOK STAFF OPINION

The 2011 NFL season has been overflowing with "Tebowmania." The unorthodox quarterback of the Denver Broncos has pulled off miracle wins throughout the course of the season and he has not sheltered his religious beliefs from the media. In press conferences he's sure to thank "the Lord" for each win and he has become famous for getting down on one knee during games and praying to God.

He has been praised about being a great role model for kids. Many people love the idea of having a "good Christian boy" that several people through the world can look up to.

This has sparked an issue that has not been present in the media for quite some time. It is the idea of the role of religion in sports and whether or not it belongs there.

First off, Tim Tebow is not the first athlete to make his religious beliefs known. For example, pitchers in baseball have been seen giving themselves the sign of the cross before they step on the mound and when batters hit a home run, how many times have you see that athlete touch home and point up to the sky? Basically, these religious gestures are something that occur all the time.

So if they occur all of the time then why has Tebow taken the world by the storm? The answer is simple. He always talks about his beliefs in God and has been one of the most if not the most outspoken professional athletes in regards to religion.

Everyone was made aware of his religious beliefs back when he was playing for the University of Florida. Our University has its own take on combining religion and sports.

According to Dr. Marilyn McNeil, Director of Athletics at the Univer-

People should judge athletes on how they play their respective sports, and not so much as what their personal beliefs are.

The idea of athletes showing their religious side is not that outrageous. Religion is something that guides people's beliefs and helps them get through situations that come about in their lives. Too many times nowadays do you see athletes getting into legal trouble, being unfaithful to their wives, or cursing out the media. Tebow has sort of painted this new image of a good moral lifestyle that many people have caught on to and one that several athletes clearly do not go by.

In a way, it's kind of sad how this whole idea of Tebow has captured the interest

of so many people. For example, say there was an Islamic wide receiver in the NFL and after each touchdown he bowed down to the God he believes in. America would be critical of this celebration because it's not the traditional idea of Christianity everyone believes in.

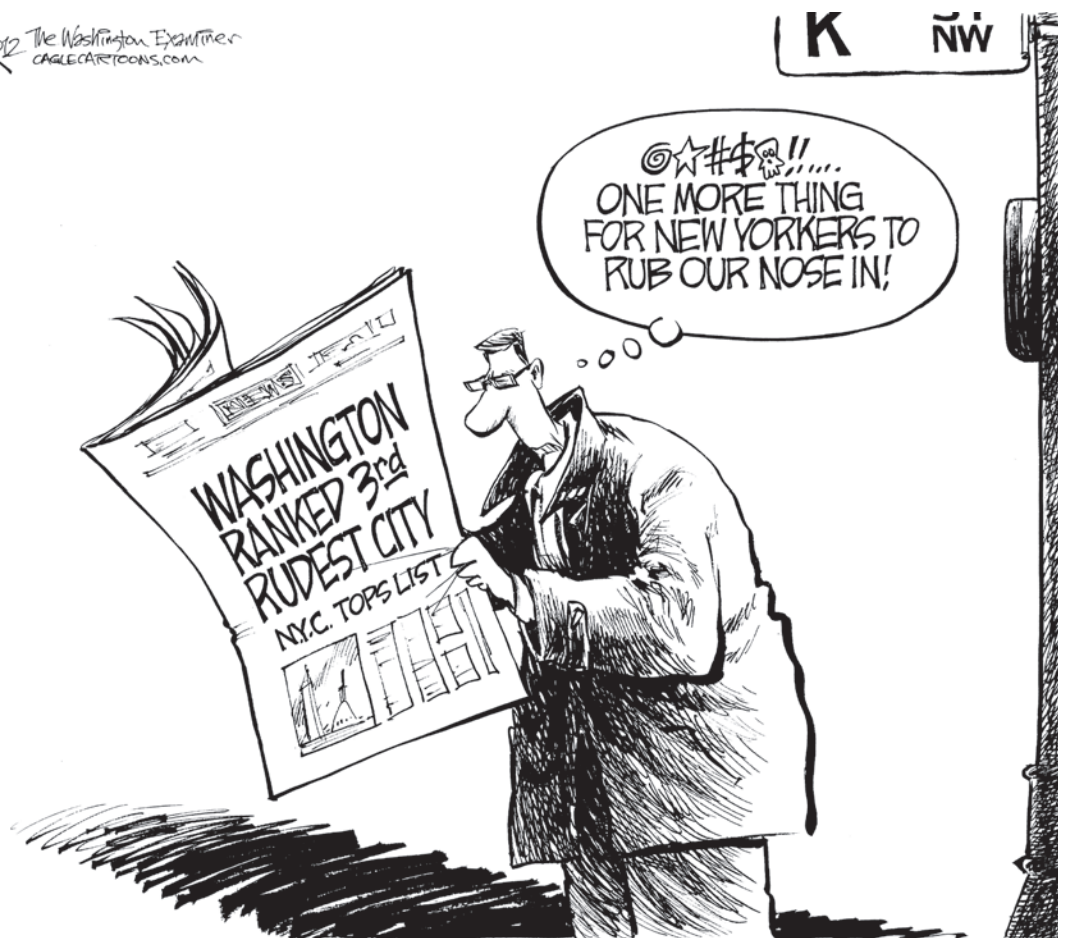
At the same time, we may have all witnessed a beginning of something new in 2011. Athletes may be voicing more of their religious beliefs, thanks to what Tebow does on a weekly basis, even if you don't see it on a collegiate level. Does religion have a place in the sports world? The answer will differ depending on who you ask.

Athletes may be voicing more of their religious beliefs, thanks to what Tebow does on a weekly basis, even if you don't see it on a collegiate level.

sity, student athletes can talk about their religious beliefs if they choose to do so. Since this is not a faith-based school, athletes are not required to participate in any religious ceremonies. Religion is a personal value and will continue to be personal unless the athletes willingly choose to discuss it.

Athletes should be able to display their personal beliefs because the First Amendment gives them that right. People are allowed to voice their beliefs and do not have to answer for why they feel that way. A person's beliefs should not have to meet the expectations of others.

Bill R 2012 The Washington Examiner
CARTOONS.COM



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BECOME A FAN

Corrections:

In the 1/25 issue of The Outlook, an article on Provost Thomas Pearson was printed with some inaccurate dates. The correct dates are as follows:

The Provost became the History Department Chair in 1981 and served in that role until 1992, with the exception of the academic year 1988-1989 (when he was on sabbatical for fall 1988). He began his service as Provost in 1992 and is in his 20th year (not his 31st the story indicates).

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Diversi-what?

NINA INCORVAIA
STAFF WRITER

In lieu of Black History Month, the topic of diversity is more aware among the students.

This time of the year, I usually sit back and reflect on the diversity at the University.

I am sure you remember orientation, when it was stressed that the University has a diverse campus.

Diversity here has been one of the University's selling points in the last 10 years.

Unfortunately, many students look at the university's claim of diversity as a ploy for enrollment.

Students laugh at the thought of campus being incredibly diverse, but despite popular belief, I disagree.

According to dictionary.com, diversity is the state or quality of being different or varied. Wait, what? Diversity isn't just the differences between races?

The common misconception is that diversity is only the difference in peoples' race.

This is where some students are extremely naive.

Not only does diversity account for differences in race and ethnicity, it can account for a slew of other traits in a person.

Diversity can be a difference in physical appearances, ideas, learning styles, abilities, personality, fashion, etc.

Now knowing that diversity can be measured by attributes other than race, the University does not

seem to be lacking in diversity, and neither does the rest of the world.

As we all sat through those orientation sessions, most of us giddy with excitement, others yawning because they got up extremely early that morning, we couldn't help but hear that the University is diverse.

Okay, we get that now, but why do we care?

Believe it or not, the University is not the first school to promote diversity on its campus.

Hundreds of colleges across the country are working on enabling its students to recognize diversity

Another reason why we learn about diversity is the difference in the college environment and home.

Being from a small town in Northern New Jersey, I never made a conscious effort to recognize diversity. I am from an Italian-American family that is as normal as a family can be these days.

The town population is mostly individuals of Caucasian descent, but as I stated earlier, diversity is not solely measured by race.

Unfortunately, I do not have the luxury of walking through my town, like we stroll through campus, in order to recognize these diversities around me.

The college lifestyle allows students for growth and development in diversity.

If you think about it, going to college can open individual's eyes to all different kinds of people.

Just walking around campus on a Monday you may encounter many different kinds of diversity in the form of fashion, religion, race, and personality.

Perhaps the most prominent element of diversity is dorm living. In a dorm you may be forced to live with another individual or two.

That living arrangement can cause extreme culture shock.

So remember the next time you hear someone saying that campus is not diverse at all, ask them to take a walk around campus and show them diversity is not only measured by the color of someone's skin.

Whether it is at school, the supermarket, or in a high profile office in New York City, you will most definitely encounter diversity.

around them to further educate its students in the social aspect of the real world.

Many students sit here and ask themselves, "Why do I have to have diversity thrust in my face while I am at school?"

The reason the University and all other higher education establishments drill diversity into the heads of their students is simple: diversity is everywhere around us.

Whether it is at school, the supermarket, or in a high profile office in New York City, you will most definitely encounter diversity.

Even while talking a casual walk down the street you can encounter individuals with different levels of diversity.



Diversity can be found in numerous places, but many people do not realize that it is much more than just a person's race.

PHOTO COURTESY of salvationarmyaustin.org

That Awkward Moment When... Your Boyfriend Leaves You to be Eaten by Jaws

AMANDA REMLING
GRADUATE ASSISTANT

My hands glide through the water as I pretend to not clumsily paddle deeper into the ocean.

The foam surfboard is underneath me, the sun beaming high above me, and my boyfriend's glistening in sweat and salt water a couple feet beside me.

My bikini has never looked so good against my smooth tan skin.

I sit up straddling my board and look back towards shore.

It's the most perfect day a girl

could ask for.

I gaze at my boyfriend as he paddles to catch a wave; his arms outstretched showcasing his hardworking muscles.

His wet hair whips back as he jumps up on the board and rides effortlessly to shore.

I'm immediately thrown into a daydream where I'm a helpless city girl visiting the beach who gets swept away. My boyfriend must swim after me, his arms paddling viciously against the cruel ocean.

Wave after wave crashes over me as time dwindles on his life

saving mission.

He finally reaches me, his hands strongly taking hold of my weak body. "I've got you," he whispers in my ear as he guides me back to land.

Reaching the sand, he carries me to safety, my body too weak from its battle with the ocean.

He gently lays me on the sand, holding my head in his lap.

"You look like you could use some CPR," he says with a wink before he slowly brings his mouth down on mine.

My train of thought is interrupted as he paddles back to

Music and Your Mood

DIANA KUMPF
STAFF WRITER

Music has power to alter the moods of all those who come to hear it. In the past, some types of music have had the ability to start riots, while other kinds can promote peace. Some tunes can make someone fall in love, while other songs can encourage hate.

Does music have some mind-altering power? I absolutely think so.

Since the spirit of music is so influential, it is vital to deliberate what style of music is appropriate in specific situations.

There is a time and place for gloomy, soulful songs and that is during your own deep personal reflection. Songs such as Adele's "Someone Like You" can comfort a person going through a break-up by giving them that feeling that they are not alone.

However, if this same person keeps sad tunes on repeat, they can keep themselves in that depressive funk for a longer period of time.

Music can either resolve or fuel a fight.

For example, say two friends have found their relationship strained...metal music can result

Songs such as Adele's "Someone Like You" can comfort a person going through a break-up by giving them that feeling that they are not alone. However, if this same person keeps sad tunes on repeat, they can keep themselves in that depressive funk for a longer period of time.

First step in judging what music is most proper is to consider all types of music. There is a time and place that fits all music whether it's rock and roll, rap, hip-hop, soul, R&B, electronic, or soft instrumental Jazz!

The second step is to scan the area in which the music is going to be played.

The atmosphere in the room should somehow reflect the music playing. After attending many music festivals, I have seen this phenomenon first hand.

While hopping from shows to see a variety of different bands, I have seen how the music can change an attitude in a heartbeat.

Music can influence people into having a good time or do the very opposite.

For example, imagine the college party scenario. In a group, it is key to create a playlist of music with a solid dance beat and catchy lyrics.

If the group is displeased or unfamiliar with the tunes playing, the vibe in the room can become quite dull.

That same theory applies to finding fitting music to play in bars. When alcohol is a factor, good songs to play for this scene could be some hits from the 90's, or popular rap music.

Drunks love nothing more than to sing along to songs from their past (that explains why karaoke is so popular in bars).

Sad, emotional songs can bring up painful memories resulting in wasted tears, so you better be cautious.

in a brewing of hatred for each other that can cause catastrophic damage to friendship. A quick way to resolve a fight is to put on a calm, happy music like Jack Johnson.

Try fighting to any Jack Johnson song. It's nearly impossible.

Luckily for us, music can motivate. Exercising is not even an option without some stimulating tracks to encourage me.

Based on personal taste, creating a playlist of your favorite blood moving songs can help you to run faster or longer!

Our own favorite music has the ability to make us move.

If music can make a person run faster, wouldn't that same theory also apply to a person's driving speed?

The song playing in your car can have massive effects on your driving.

Unfortunately, fast music is not a reasonable excuse to give cops for speeding. Imagine it... "Sorry Officer, I didn't realize how fast I was driving! That song 'Sexy and I know it' by LMFAO came on and I was really feelin' it."

Since music has this ability to change our moods and produce action, it is something to consider in all situations.

Bad music (more so unfitting music) can cause boredom, anger, or become an annoyance in social spots.

Nonetheless, when you are alone or with close friends, listen to whatever you would like! That is what music is all about, listening to what you want.

me hard in the face.

Five feet in front of me is a predator longing for my tasty tan flesh.

I look to my boyfriend a couple feet beside me and instead of a calm articulate sentence, I yelp "FIN!"

He looks at me and says tranquilly, "Slowly paddle to shore."

In the instant that I turn to look at the creature who has decided to put me on his lunch menu and back at my boyfriend, he has already paddled to shore.

That S.O.B. Thank God it was only a dolphin.

Christie Puts Gay Marriage Equality Up to Voters

SAM MAYNARD
STAFF WRITER

Last Tuesday, January 24, Governor Chris Christie stated that he would veto any bill from the legislature that would legalize same-sex marriage. Instead of allowing the New Jersey state legislature to address the issue, he stated that the controversial measure be decided by referendum. This naturally drew controversy from New Jersey democrats, as well as gay rights proponents throughout the state, who claimed Governor Christie was trying to avoid taking a concrete position on a

polled stated that it is discriminatory to deny gay Americans that right. At first glance, this data looks promising. However, traditionally these rights have been granted through court decision or a legislative measure. As mayor Cory Booker of Newark addressed Christie's response he stated, "No minority should have their rights subject to the passions and sentiments of the majority." These governmental institutions have been put in place to guarantee just that. A citizen's basic rights should not be left in the hands of those ill equipped to make



PHOTO COURTESY OF POLITICO.COM

Governor Chris Christie at a rally in October.

crucial civil rights matter. The governor, along with Republican advocates, claim that a direct vote from citizens is the best way to handle the question of marriage equality democratically.

The response from Christie and his fellow Republicans seems like an honest and fair appeal to the voters, but the question remains: Is a direct referendum really the best way to handle a civil rights issue as monumental as marriage equality? The last referendum held in New Jersey was in 1915, to decide on women's suffrage. The majority rejected the measure by a significant 51,108 votes according to NJ WomenHistory.org.

Also, gay rights proponents emphasized that of about 30 initiatives to strengthen homosexual civil rights, nearly all of them have failed to do so (one example being Proposition 8 in California).

With those facts being considered, it is historically not the best idea to let the general public decide on the civil rights of other citizens. Imagine if the Civil Rights Act of 1964 was decided by the general public by a national direct election, and not passed as a bill through the congressional process. The results could be harmful to society at large.

A recent poll conducted by Quinnipiac University states that 52 percent of NJ voters had the opinion that homosexual couples should be granted the right to marry. While 53 percent of those

proper, impartial judgments upon their fellow citizens. This goes against the very nature of our democratic freedoms. James Madison warned of the tyranny of the majority in Federalist 10. If New Jersey disregards the idea that the simple idea that the majority simply cannot impose their desires on another group, then the intentions of our founding fathers will be rendered insignificant.

According to the logic of Christie and NJ Republicans, it is okay to leave the fate and livelihood of a population up to the general if one study suggests the initiative may pass by a slight margin. This referendum business is simply a barrier to distance the governor from the traditionally "non-conservative" idea of gay marriage, and create the mirage of the public's will being imposed.

It is a truly comfortable position for Chris Christie, given the fact that gay rights measures have been overall unsuccessful and draw more conservative voters to the polls. If this issue is not left up to our elected and appointed officials, it creates the risk of having more important New Jersey decisions being left up to a referendum.

Essentially, New Jersey and the governor must avoid tyranny of the majority and leave civil rights issues not in the arena of public passions, but in the appropriate hands of law makers and justices.

Christie Sets New Agenda for NJ

DEREK DELUCA
STAFF WRITER

After tackling pensions and health care benefits, Chris Christie is setting his sights on taxes and education reform all as the New Jersey governor signals interest in a 2016 Presidential run, despite sitting out this year's race.

Christie, who is getting a taste of presidential politics this season as a high-profile surrogate for Mitt Romney, used his State of the State address earlier this week to unveil his ambitious plans, as he heralded the arrival of the "New Jersey comeback."

Whether or not the state is experiencing a renaissance, the charismatic and YouTube-ready governor may still be poised to use New Jersey as a lab of sorts for some of his party's boldest ideas. Should his experiments succeed, there's little question the notches on his political belt will serve him well in a Presidential run.

"It's hard to run for national office if you've had an unsuccessful governorship," said Larry Sabato, director of the University of Virginia Center for Politics. "Chris Christie is moving toward accomplishing a great deal in the first term."

Asked whether Christie is likely to mount a Presidential run in 2016, should President Obama win this fall, Sabato said: "Yes, yes and yes."

Christie, who turned down appeals to run in 2012, signaled in an interview with Oprah Winfrey last week that he's got his eye on the next cycle. Though it depends on how things turn out this fall, Christie said he'd be "much more ready four years from now."

Cristina Marzilla, a Political Science student here at Monmouth University, said that "I think Christie would be a viable candidate for the Presidential election in 2016. As Governor, his steadfast commitment has been indicative of his dedication to representing the people of New Jersey. His prior experiences will undoubtedly serve him well, should he win the nomination in 2016."

Christie, in an interview on Fox News, downplayed the idea

of him settling for Vice President should Romney win the nomination and ask him to join the ticket.

"I don't think I have the personality to be Vice President," Christie said. "Certain people are good at being number two and certain people are better at being number one."

On the question of a Presidential run, he dismissed the idea that his time with Romney is schooling him on the ins and outs of the trail. "I don't think I have an idea of what it's like to run for President any more now than I did before," he said.

Christie said he expects to be Governor after Election Day.

In that role, Christie is pushing for a host of new changes. Last year, he was able to push through legislation that raised the retirement age for future state workers, increased the amount workers pay for health insurance and made other changes to curb costs.

In his address Tuesday, Christie called for a 10 percent, across-the-board income tax cut. He also proposed restoring a tax credit for low-income residents, which he earlier had taken away.

But the most detailed proposal concerned tenure reform. He called for a new evaluation system, one which would allow schools to strip tenure for poor-performing teachers and grant it to those who do well. And he called for ending what's known as "last in, first out" a policy that in practice hits newly hired teachers with layoffs before more senior teachers.

But Christie still faces a Democrat-controlled legislature in Trenton and powerful unions.

Skepticism was widespread over his Tuesday speech.

John Wisniewski, chairman of the state Democratic party, accused Christie of blocking his party's proposals to spur job creation the state's unemployment rate is at 9.1 percent, above the national rate. Wisniewski also pushed back on the governor's call for a sweeping income-tax cut, with the state's fiscal house hardly in order. The state's bond rating was downgraded by Fitch last

summer.

"For all his rhetoric about responsible budgeting, he has set New Jersey on an unsustainable fiscal path," he said in a statement. "To suggest to the people of New Jersey that we may be able to afford tax cuts in light of our approaching fiscal crisis is the height of irresponsibility. At a time when New Jersey needs a leader, we have a showman."

The Star-Ledger wrote in an editorial that while Christie has curbed the growth of property taxes, the state still has the highest property taxes in the country. "A real 'comeback' would be property tax bills that actually got smaller," the paper wrote.

Sabato said the Governor can at least claim he made progress. But he said Christie's gotten a taste of national politics, "and he likes it."

Gov. Chris Christie announced that he has accepted an advisory committee's plan to overhaul medical education in the state, including a revamped University of Medicine and Dentistry of New Jersey in Newark, and an expanded research university in South Jersey by combining Rowan University and Rutgers-Camden.

The new Health Sciences University in Newark would be renamed New Jersey Health Sciences University, and the publicly owned University Hospital would be run by a private management company.

Christie said the plan would "refocus" UMDNJ's Newark-based schools, and grant autonomy to the School of Osteopathic Medicine in Stratford, the University Behavioral Health Care in Piscataway, and the Public Health Research Institute in Newark.

If President Obama is re-elected for a second term as President, there is a strong belief that Governor Christie will run for the Republican Nomination in 2016.

He is one of many who will go after the nomination including: Florida Senator Marco Rubio, Representative Paul Ryan of Wisconsin and Governor Bob McDonnell of Virginia. Among others who may join the race would be Michelle Bachmann, Jon Huntsman, Rick Perry or even Donald Trump. The field is wide open and very competitive.

SGA Minutes

The Student Government Association met on January 18, 2012. At this meeting, SGA President Nicole Levy discussed that parking tickets will now be able to be paid online, and that an official e-mail from the University will be coming shortly. She also announced "The Distinguished Teacher" nominees Rosemary Barbera, Stanley Blair, Laura Kelly, Gary Lewandowski, Kathryn Lionetti, Kenneth Mitchell, Mohammad Obaidat, Tina Pacione, Michaeline Skiba and Sue Starke.

Also present at the meeting was Amy Bellina who is Director of Student Activities and Student Center Operations. She filed a motion to change the hours of the Student Center on Friday and Saturday nights. She wants to change the time from 12 am to 11 pm.

This change is because of the lack of students there at such hours. Some Senators raised

concern when in need of items but Bellina said that the Student Center would still have extended hours during midterms and finals.

The advisors were also present at the meeting. Advisor Clay, Kelly and Nagy came in to represent multiple organizations on campus. Clay stated that he will be hosting the Off-Campus Housing Fair and recommends anyone interested in living off campus should come by.

Advisor Kelly stated that the 7pm early movie in Oakwood was not doing very well and is changing the time to 8pm in Oakwood. She also announced that next Wednesday, poet Marilyn Nelson will speak at a celebration of Martin Luther King Jr celebration. Kelly is also looking for a cast for the popular "Vagina Monologues" so those interested are encouraged to speak to her.

Advisor Nagy complimented the great job done during com-

mencement in January and was very impressed. She told the SGA that the band Daughtry will be performing April 20 in the MAC.

During the elections/recruitment part of the meeting, it was announced that there are four available spots to serve on the Senate.

It was also brought to SGA attention that two new bike racks were installed on campus. It was also stated that there would be a refilling station with filtered water, encouraging reusable bottles.

Another suggestion offered was bringing a CPR program to Monmouth because it saves many lives. It was suggested to contact the American Red Cross, police department or nursing school.

It was mentioned during the meeting that a covered bike rack may be built during the warmer months to give more help to students.

State of the Union Party Draws a Crowd

Communication Department Holds Viewing Party During President's Speech

BRITTANY HARDAKER
CONTRIBUTING WRITER

On Tuesday, January 24, 75 students from a wide variety of majors came out to attend the University's second annual screening of the State of the Union address. Organized by Dr. Phillips-Anderson of the Communication Department, the screening had significantly larger student turnout compared to last year. During the screening, a fun filled game of State of the Union bingo was played, using frequently used words that were presented throughout President Obama's speech.

Throughout the 2012 State of the Union address, President Obama outlined a comprehensive list of his priorities and objectives for the upcoming year. While the speech was predominantly based on economic concerns, the President touched upon many important concerns belonging to the American public.

The President explained his desires to create a blueprint for the future of the United States, including an economy that works for all Americans, one focused on bringing back American manufacturing and promoting homegrown and alternative energy sources.

Some of the other concerns he mentioned included income inequality, unemployment, development of alternate sources of energy and resources, defense spending, free trade, education, the housing crisis, bank bailouts, and the withdrawal of United States armed forces from overseas.

For decades, middle class citizens have been forced to watch their economic security unravel right in front of their eyes. American jobs that were once a source of stable livelihoods and financial security have been shipped overseas. While the upper class watched their paychecks

increase and their yearly incomes skyrocket, the majority of Americans dealt with salaries that stayed the same and a cost of living that continued to rise exponentially.

President Obama addressed these issues, claiming that we, as American citizens, need to promote new skills and better education so that all Americans can be prepared to compete in a continually growing global economy.

His policies on education were best exemplified when he expressed that every state should require their students to remain in high school until they turn 18 years of age or earn their diplomas. By requiring students to stay in school, the President is promoting the values of hard work and determination that our country was founded on.

However, Obama said, "When kids do graduate, the most daunting challenge can be the cost of college. At a time when Americans owe more in tuition debt than credit card debt, this Congress needs to stop the interest rates on student loans from doubling in July."

Obama demanded that states make higher education a top priority in their agendas. Thus, under his administration, a tuition tax credit will be made in order to save the middle class families of America. He proposed that if universities continue to raise their tuitions each year, they would no longer be able to receive taxpayer funding.

"Higher education can't be a luxury. It is an economic imperative that every family in America should be able to afford," Obama said.

However, the President announced that we must also remember the hundreds of thousands of talented, hardworking students in this country that face the challenge of not yet being American citizens. Brought here as small children, the President ex-

plained, these people are Americans through and through, yet are forced to live everyday with the threat of deportation.

Conversely, the President said that, "I believe as strongly as ever that we should take on illegal immigration. That's why my administration has put more boots on the border than ever before. That's why there are fewer illegal crossings than when I took office."

However, he explained that if he and Congress cannot develop a comprehensive plan regarding this issue, they must "at least agree to stop expelling responsible young people who want to staff our labs, start new businesses, and defend this country. Send me a law that gives them the chance to earn their citizenship; I will sign it right away," Obama said.

Ryan Franconi, junior Political Science major at the University expressed his feelings towards immigration. Like many Americans, Franconi believes that it is "unfair to deport eager young people who want to be here and want to gain an education." Similar to President Obama's beliefs, Franconi continued by saying, "I believe in a pathway to citizenship."

Another issue that the President addressed was a need for new emphasis on American manufacturing. While thousands of Americans remain unemployed, Obama proposed that we must refocus our corporate tax structure to reward businesses that work to keep jobs in America rather than outsourcing their work overseas, and ending tax incentives for corporations that still continue to outsource. "My message is simple. It is time to stop rewarding businesses that ship jobs overseas and start rewarding companies that create jobs right here in America. Send me these tax reforms, and I will sign them right away," Obama said.

Throughout the President's speech, he addressed several issues, bills, and reforms in which he requested Congress to take action. His priorities were not strictly economically based, however. President Obama also explained how we must start to promote homegrown energy by finding new ways to develop natural gas reserves within the United States. This too, he believes, will allow for new ways of creating clean energy jobs in America.

The President ended his speech memorably, by showing his pride in American citizens, along with a devout sense of nationalism. "Each time I look at that flag, I'm reminded that our destiny is stitched together like those fifty stars and those thirteen stripes. No one built this country on their own. This nation is great because we built it together. This nation is great because we worked as a team. This nation is great because we get each other's backs," Obama announced.

President Obama went on to say that if we, as the American public, hold to the truths that we can work together in a common bond of nationalism, pride, and teamwork, that "in this moment of trial, there is no challenge too great; no mission too hard. As long as we're joined in common purpose, as long as we maintain our common resolve, our journey moves forward, and our future is hopeful, and the state of our union will always be strong."

The conclusion was not the only part of the President's speech that resounded within millions of Americans. Throughout the address, President Obama used military analogies, implying that the American people can learn a thing or two from our military's ability to work together in order to achieve their goals.

"For the first time in nine years, there are no Americans fighting in

Iraq. For the first time in two decades, Osama bin Laden is not a threat to this country. Most of Al Qaida's top lieutenants have been defeated. The Taliban's momentum has been broken. And some troops in Afghanistan have begun to come home," Obama said.

He went on to explain how these achievements are a "testament to the courage, selflessness, and teamwork of America's armed forces [...] Imagine what we could accomplish if we followed their example."

Dr. Phillips-Anderson of the Communication Department organized the live screening of this year's address and explained that this year's screening at the University nearly doubled in size from last year. Also, he was surprised that there was such student turnout, especially considering that it is the beginning of the semester.

Phillips-Anderson also shared his feelings about this year's State of the Union address. He explained that he liked how the President used military analogies within the introduction and conclusion of his speech, all surrounded around the idea that Americans should follow the military's powerful examples. Phillips-Anderson similarly expressed how he liked how the President "acknowledged that it will be difficult to enact those proposals."

However, he thought the speech was a bit scattered and lacked coherent theme. "I wish that he said a little bit more about the Arab Spring and was a bit more clear in explaining his policies concerning it." Similarly, Phillips-Anderson expressed that while President Obama proposed that universities need to stop raising tuition costs or they will no longer receive government funding, "the President did not come up with any proposals as to how we can do that."

Pre-Law Club Holds First Meeting

Club Has High Expectations for the Spring Semester

CHRISTOPHER ORLANDO
POLITICS EDITOR

The Pre-Law Club had their first meeting for the spring semester on Monday, January 30. This club is run by Dr. Gregory Bordelon and is planning a very exciting spring. The meeting started off with a clip from the movie *The Paper Chase*. This semester also brings in a new set of officers. The club is now run by President Jess Rohr, Vice President Dan Roman, Secretary Karina Bandy and Treasurer Karina Nayowski.

The club is taking a new approach this year. Bordelon wants to focus more on community service. He referred to community service as a "duty of this profession". One idea offered by Rohr was creating a "Relay for Life". This event is one about supporting cancer survivors and guiding those who suffer from the disease through it. She advised all those interested to come to the "Relay Kick Off" meeting on February 2. This type of event is considered a pro bono event which is considered community service within the law community. Bordelon said how important community service is and keeps everyone humble. The club plans to be other events of this kind this semester. "I expect Pre Law club to be active on campus", said Rohr. We have a lot

of talent here and this club gives them a great opportunity to experience what the process of applying to law school is like," said Rohr. Rohr herself hopes to attend Rutgers Law School, Seton Hall Law, and New York Law School.

Other events that the Pre Law Club mentioned was that on Thursday, February 2, Seton Hall Law School in Newark would be holding a "Discovering Law Day" from 4pm to 7pm All those interested are asked to see Bordelon as soon as possible. Another event is at Drexel University on Thursday, February 9. They are holding a "Pennsylvania Law Schools Day". Among the schools attending are Villanova, Penn State Law and Pennsylvania Law School. This event will allow you to meet professors at these institutions and see what these types of schools are looking for.

Events that the Pre - Law Club is running include "Careers in Law" program in February. The speaker will be Leslie LaMacchia, a 2004 alumnus of the University. She has been praised for her work in litigation. The objective of this is to show what a degree in law could turn into for students. During the month of March, Bordelon plans to have law schools visit the University campus. This was done last November but this helps to ex-

pand students' horizons. This is one event Bordelon looks forward to. His reasoning being, "Students looking into law school can see what their degree will turn into and the impact of attending law school." "It's nice to know some people from Monmouth became lawyers. It shows it's not just Ivy League students who get in," added Rohr.

Students interested in applying to law school are encouraged to contact Dr. Bordelon. He is collecting a spreadsheet to help give every student the best opportunity to get into the school they desire. His hours for advising are Tuesday 10 am to 12 pm and Wednesday 12:30 pm to 2 pm but everyone should email him prior to meeting him. "All students interested in law school should know the resources we have," Bordelon said. He added, "We get so much information from law schools and it's important for students to know about these resources." Bordelon also recommended that students interested in law school take advantage of the vast resources that Professor Napen and he offer. There is also a table in between their offices in Bey Hall with a lot of resources which can help students at any level.

With new events and new officers, the Pre - Law club hopes to become a staple at the University.

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Quick and Easy Recipes for College Students

ALICIA MOLLENKAMP
STAFF WRITER

Spring semester is here, and for many of us it means saying goodbye to home-cooked meals and the luxury of having your meals already prepared. As many of us indulged in delicious holiday meals over the winter break, many of us are dreading our meal options over the upcoming semester.

Especially with schoolwork, clubs and activities and work, it can be difficult finding time to cook a meal that requires little effort. On the plus side, stirring up a meal will also save you some cash from dining out and tends to be healthier.

Food critic Michael Hill states in one of his reviews, "Restaurant food has up to 200 percent more calories than advertised."

Luckily, there are many quick, easy recipes you can utilize over this semester.

Breakfast, lunch, and dinner will be broken up into different sections to give you an array of meal options that can be made quickly. Two meals will be given for each different mealtime.

However, if you don't find any of these recipes useful, there are great cookbooks available online on sites such as Amazon.com and bookstores such as Barnes and Noble. These cookbooks are easy to understand and geared at college students.

There are also many online sites dedicated to quick, easy recipes such as supercollegechef.blogspot.com and squidoo.com.

The following recipes listed below display quick breakfast meals that will give you the energy you need to get you going through your classes.

For starters some basic breakfast ingredients that are commonly used for breakfast meals include: milk, eggs, bread, different types of spreads (i.e. butter, jelly, peanut butter), a variety of vegetables and fruits.

These ingredients can be used quite often in the breakfast department, and together most of these create a delicious meal to get your day going.

The following two recipes can be found at delish.com, and are just two of the many delicious breakfast recipes located on the website.

The first breakfast recipe is known as **Shantay Sisk's Veggie Scramble**.

Time: 15 minutes to prep and make
Ingredients: 1 large egg, ¼ cup sliced mushrooms, ½ cup of sliced peppers and onion medley, 1 turkey

sausage, ¼ cup of cheddar cheese.

Alterations: This meal can be altered to your preference and can have any additional vegetables/meat/cheese of your choice substituted or added in additionally with the ingredients.

Directions:

1. In a small skillet, cook sausage over medium heat, breaking it into small pieces.

2. When almost done, add the mushrooms and your vegetables of choice to the skillet and cook for 2-3 minutes, or until heated thoroughly.

3. Pour the egg into the skillet and stir it in thoroughly.

4. Remove skillet from heat and top the dish with your choice of cheese, until the cheese is completely melted.

The next breakfast recipe is a dish known as **Granola-Yogurt Parfait**.

Time: 5 minutes

Ingredients: ½ cup of fresh/frozen raspberries (or your own choice of berry), ¾ cup vanilla yogurt, 2 tablespoons of granola.

Directions: With a parfait glass spoon some raspberries, vanilla yogurt, and granola. Continue to repeat layering the ingredients until all ingredients are used.

Now that breakfast is complete, onto the next meal of the day: lunch. If you are crammed for time during the day, luckily there are many recipes available that require little preparation/cooking time to make.

The following two lunch recipes were located on BettyCrocker.com, as are a variety of other recipes.

The first dish is known as **Adobe Chicken Wrap**. This dish is great if you have leftover chicken and are looking for a way to zest it up into a meal!

Time: 10 minutes

Ingredients: 1 and 1/2 cups chopped, cooked chicken, ½ cup

Chunky Salsa, 1 can of black beans, rinsed and drained, 1 can of whole kernel corn drained, 8-10 inch flour tortilla, 1/3 cup sour cream.

Alterations: This dish can be served hot or cold and can be served with cheese or extra spices for more taste.

Directions:

1. In medium-sized bowl, mix the chicken, salsa, the beans and corn.

2. Spread the mixture to within 2 inches of bottom of each tortilla.

3. Top each with sour cream.

4. Fold both ends of tortilla and serve.



PHOTO COURTESY of bettycrocker.com

BettyCrocker.com has quick, easy recipes from sandwiches all the way to four-ingredient pizzas.

The next lunch dish is known as the **Roasted Turkey Sandwich**. With a few extra ingredients, a typical turkey sandwich turns into a more delicious, gourmet sandwich in just minutes.

Time: 10 minutes

Ingredients: 1/3 cup mayonnaise, 1 table spoon chopped or fresh basil leaves, ¼ teaspoon garlic powder, your choice of sandwich bread (recommended: sourdough bread), 8 large spinach leaves, ½ pound of turkey breast, and ½ cup drained, roasted red bell peppers.

Directions:

1. First, mix together the mayonnaise, basil and garlic powder in a bowl and then spread the mixture on each piece of bread.

2. Next, layer the spinach, turkey and bell pepper on the bread. Top the sandwich with the pieces of bread.

After a long day of classes and

work it, may be inconvenient and frustrating to make a meal for dinner.

Say goodbye to ordering out, because with these next two recipes found at BettyCrocker.com, a satisfying dinner can be made in 10 minutes or less!

The first dinner dish is known as **Grilled Picnic Taco Nachos**. These nachos will satisfy your hunger in just minutes, and will leave your mouth watering for more.

Time: 15 minutes

Ingredients: 5 cups of tortilla chips, 1 can of black beans (rinsed and mashed), 1 can of Old El Paso chopped green chiles, drained, 2 teaspoons of taco seasoning mix, 2 tomatoes (chopped), 2 green onions sliced and 2 cups of shredded Monterey Jack cheese.

Directions:

1. Spray and set up a foil pan with cooking spray and disperse chips on the pan.

2. In a bowl, mix the beans, chilies, taco seasoning, and pour this mixture on top of the chips. Finish the chips off by topping them with tomatoes, onions and cheese.

3. Place pan on the grill on medium heat dish for 8-10 minutes (or until cheese is melted). Serve when done cooling.

The next dish that is great for dinnertime. It is known as, the **4-Ingredient Pizza Bake!** With only four simple ingredients, this may be the easiest, fastest way to cook up dinner.

Time: 10 minute prep / 20-25 minutes of baking

Ingredients: 2 pouches of Bisquick Complete buttermilk biscuit mix, 1 jar (14 ounces) of pizza sauce, 1 cup of water, 1 package of sliced pepperoni and 2 cups of shredded mozzarella cheese.

Directions:

1. Preheat the oven to 375 degrees. In medium bowl, stir Bisquick mix and water until soft dough forms.

2. Drop half of dough by spoonfuls evenly in bottom of baking dish. Next, drizzle the pizza sauce over the dough and top the sauce with the pepperonis and cheese. Repeat the layers until the mix is done.

3. Bake for about 20-25 minutes. Cut into squares and after cooling serve.

Now that you are done cooking, why not treat yourself with some dessert? This dessert is the perfect ending to a meal.

The dessert dish is known as **Chocolate Chip Cheesecake Swirl Cupcakes**. This dish requires more ingredients, and time than the previous dishes but after you bite into these cupcakes, you'll be happy you took the time and effort to make them! For more dessert recipes, visit BettyCrocker.com.

Time: 30 minute preparation/ 30 minute cooking = 1 hour total.

Ingredients: 1/2 cup of sugar, two 3 oz packages of cream, 1 cup of semisweet chocolate chips, 2 ¼ cups of all-purpose flour, 1/4 cup of cocoa, 1/2 cup of vegetable oil, 2 tablespoons of white vinegar, 2 teaspoons of baking soda, 2 teaspoons of vanilla, and 1 teaspoon of salt.

Directions:

1. Preheat oven to 350 degrees. Beat the sugar and cream cheese in an electric mixer until the mixture is smooth. Add in eggs, and chocolate chips and continue to beat. Remove the bowl and set this mixture aside.

2. With another empty bowl, add and beat the remaining ingredients on a high speed for three minutes. Once all the ingredients are mixed up, remove the batter from the mixer and fill the muffin pan with a tablespoon of batter in each muffin cup.

3. Top the cupcakes with the reserved batter that was set aside before. Bake for 30-35 minutes.

There you have it, seven recipes available for you or someone you know to utilize over the semester.

These are only a few of the endless amount of recipes available and there are so many different types of recipes, especially through Internet searching.

Not only is cooking a great hobby and skill to take up, but it is also a great way to save money and calories. College is a great time to learn independence in the kitchen, and a fun way to learn new foods you may like.

Cooking is also something for friends and family to do together! Enjoy these recipes, and with practice you may even become a top chef.

Campus Relationships: A Guide to College Dating

CASEY REIDY
STAFF WRITER

As New Year's resolutions and celebrations begin to fizzle out, many students here at the University may start to notice a theme circling about in numerous stores in the area. This would be the next big event on many calendars: Valentine's Day.

Cherished by some, dreaded by many, this "Hallmark Holiday" is encroaching upon us and whether you love it or hate it, there is no avoiding it.

Shipments of flowers, cards and candy have begun to flood the Hawks Nest and University Store. Romantics all around will soon begin to search for the perfect ways to show that they care.

However, in college this can be a particularly hard task to complete. Many questions can arise when considering this topic, such as what exactly is 'dating'?

Is it different than a relationship? How do you know if feelings are mutual or if you are just a friend? What makes a pair exclusive?

After asking several students here at the University, I was able to get some opinions on these questions that may help lighten the load of this task.

Amy Rodriguez, senior, says, "Dating is casual. You could be dating several people at once. For me, I

saying, "A pair is exclusive if it is understood that neither person is going on dates with other people. It's especially difficult to determine in college because it seems like people actually going out on formal dates is an extremely rare occurrence in college."

When it comes down to dating, the question to ask is just this: Is chivalry dead? Do dates consist now only of trips to the Dining Hall or a night out at a house party? What could some possible explanations to the lack of relationships on college campuses be?

think of dating as spending time together whether it be going to dinner or seeing a movie." She continues to say, "Relationships on the other hand are different. If you are in a relationship with someone, it is exclusive. Neither person should be going out on 'dates' with someone else."

Another senior Jessie Sinai agrees

When it comes down to dating, the question to ask is this: Is chivalry dead? Do dates consist now only of trips to the Dining Hall or a night out at a house party? What could some possible explanations to the lack of relationships on college campuses be?

"The relationship game among

college-age adults today is a muddle of seemingly contradictory trends. Recent studies indicate that traditional dating on campuses has taken a back seat to no-strings relationships in which bonds between young men and women are increasingly brief and sexual," says Sharon

Jayson in a *USA Today* article titled, "More College 'Hookups,' But More Virgins, Too."

Relationships can also take a lot of work, and this may not be something many students want to put effort into at this particular point in their lives. Kate Memoli, a counselor at the University Counseling and Psychologi-

cal Services says, "I think that the difficulty in maintaining intimate relationships in college is connected to college life. The most common issue I have found is that people want to have lots of different experiences while in college and being with one person may feel limiting."

Memoli suggests, "The way to work through this is to make sure that both individuals are 'on the same page' in terms of 'rules' for the relationship. The most significant issue for any couple is a lack of communication so it is important to talk to your partner and come to an agreement about what is ok and what is not ok in the relationship."

So whether you are single, in a relationship, or it's just 'complicated' right now, dating can be a difficult task at all colleges.

Students wishing to discuss any personal issues regarding relationships of any kind can seek support and guidance through seminars and workshops offered by the Department of Counseling and Psychological Services, located in the Rebecca Stafford Student Center.



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Art Faculty Exhibition Brings Professors' Talents Out of the Classroom

DAN STE. MARIE
STAFF WRITER

The Rotary Ice House Gallery hosted an opening reception for the Art Faculty Exhibition on Friday night that was attended by fellow faculty, students, friends, and family members.

The Gallery was filled with paintings, sculptures, photography and interactive art created by professors of the Art and Design Department. Each professor's art was elegantly displayed, set up neatly to show their collection in one area along with materials used and date created.

Michael Thomas, Assistant Dean of the McMurray School of Humanities and Social Sciences, was in attendance and thought the exhibit helped him understand who the professors are and a new level of respect. "As a colleague it's the opportunity where I get to really see what's really going on creatively with professors and colleagues... seeing them other than teaching, advising or other array of duties," said Thomas. "I get to know them better, like seeing Vincent DiMattio's art and then understanding that intense, concentration and process that he has."

DiMattio, professor of art and design, has some great art drawn on various napkin materials, showing guests that all one needs to create art is a pen, some kind of paper and an imagination.

Over a period of a week, DiMattio, who jokingly called his art "excessive" to fellow colleagues, created various pieces of art that have been collaborated into one wall of greatness.

Gina Colasurdo, a freshman art education major, thought it was "amazing" to think that the professors can teach classes and never "realized how much work they put into their own work outside of class."



PHOTO COURTESY of Dan Ste. Marie
Gina Torello, Art and Design adjunct, brings her artistic thoughts to life with her piece, *Get Out of My Head*.

One of her favorite paintings at the exhibit was Michael Donato's, Art and Design adjunct, piece, *Cupid Riding a Lion*.

"I can look at my own professors' work and know they definitely did that, that looks like something they would definitely do," said Colasurdo. "Like Professor DiMattio's piece, I can just see him creating that, it looks like him."

Mary Ann Costa, a junior art major, could see some techniques in the art that she was taught in class, like Dahlia Elsayed's, Art and Design adjunct, use of maps and text like in *Dwell (Bla, Bla, Bla)* that showed the mundane and routine life of rooms.

"It's interesting to see the perspective on how they create things and what they put out to show students and everybody else," said Costa. "It's just interesting to see the hierarchy of the people we are looking up to, who are

teaching us and what they are putting out."

Photography by Anne Leighton Massoni, specialist professor of art and design, was beautifully serene, photos of strangers with a background of the ocean in her collection called *Strangers in Irons*. Some looking peaceful and calm in the Jersey shore breeze, others caught in a moment of life and spontaneity. Mark Ludak, compliance officer, technical specialist of Art and Design, and Andrew Cohen, Art and Design Chair and professor, had supreme photos of things people would not consider art, like Ludak's *Camden Scrap* or Cohen's *Halong Bay*.

Gina Torello, Art and Design adjunct, also had some photos on display of oak seedlings that she had found in her backyard among the oak trees. She

also had a sculpture art piece on display called *Get Out of My Head* that showed the inner struggles of death and bills, and accomplishments like her children and a key of honesty, loyalty and truth that is stuck inside her head. Torello said she was inspired by a song by Max Richter, playing through the sculpture, and also inspired by her students.

"It makes me feel like they've been where I've been, they're developing their creativity the same way that we do," said Marisa Sottos, a junior photography major. "(Torello) is very inspiring herself, she's very relatable and you can talk to her and get advice."

Ferdinando Del Guercio, designer, technical director of music and theatre arts, also had some amazing and different kind of sculptures on display, many of which was created with

found and fabricated objects. Like *4th Grade Day Dream* that used a 1950's elementary school chair and attached an old fan, a tray with a glass Coke bottle and some licorice. There was also *Good Ship Eloise* where Guercio used a rebuilt violin and made a ship with mice as it's seamen.

There was plenty of art and photography on display in its usual still manner, but the exhibit also displayed documentaries created by multi-media professor, Mike Richison, including *Operation 800* and *Destruction 800*.

Operation 800 was a great documentary of student artists creating on white walls, tiny pieces slowly coming together and making one great room of booming art. *Destruction 800* had many of the visitors in a standstill, left in awe as the old art building is demolished, exclaiming "Oh my god" with each passing image.

Richison also created some interactive art using the images from *Destruction 800* that allowed visitors to create their own art with the use of their hands. *Altbauten Aufbauen (Building Old Buildings)*

used Microsoft Kinect technology (like the X-Box Kinect), along with a software program created by Zachary Seldess, that gave the participant five different images of destruction as a basis for their work.

While the Gallery showcased the creative and hard work of the professors, the reception was a friendly gathering where students, fellow faculty, and family members enjoyed each other's companies. They gave each other pleasant compliments, students chatting with their professors and friends catching up with each other.

"It's a celebration of the art, of this community of artists and their students, I see other professors, I see people from the surrounding community, students and friends of the artist. It's a celebration," said Thomas.

The Faculty Exhibition will be on display at the Rotary Ice House Gallery until March 9. The Gallery is open Monday through Friday 9:00 am to 5:00 pm. For more information on this exhibit, contact Scott Knauer, Director of Galleries and Collections, at 732-923-4786 or by e-mail at sknauer@monmouth.edu.



PHOTO COURTESY of Dan Ste. Marie
Good Ship Eloise by Ferdinando Del Guercio, designer, technical director of music and theater arts, transformed a violin from a musical instrument into a ship for mice in this sculpture.

Batman: Arkham City Offers More Insanity Than Arkham Asylum

NICK SEGRETTO
STAFF WRITER

Batman: Arkham City was easily one of the best presents I got for the holidays. There's a very good reason that everyone is calling this game the best Batman game ever. Only the Batman game on the original Nintendo Entertainment System comes close to this one in terms of good game play and overall fun.

When *Batman: Arkham Asylum* came out two years ago I thought it was a good game, but it just lacked the replay value. It didn't really pull me back into the game once I beat it. *Arkham City* not only has more to do to keep you coming back, it almost challenges you to come back and try to complete it.

I would love to talk about the story, but I really shouldn't. The story in this game is very good and chockfull of classic characters, friend and foe alike. To even list anyone would be a potential spoiler.

All I can really say is if you want a good, dark, and compelling Batman story, *Arkham City* won't disappoint you. Also, if you wanted to see your favorite villain make an appearance, chances are they probably will.

Arkham City uses the same graphics engine that *Arkham Asylum* used. It looks amazing to say the least. I would strongly recommend playing this game on an HD TV if you have one. You don't have to, but I will say that it can definitely make a difference, especially if you're trying to scope out an area in the game.

Both the voice acting and in-game



PHOTO COURTESY of somewhatawesomefilms.com
After being sent behind enemy lines in Gotham City, Batman confronts a slew of Arkham Asylum inmates as well as his rouges gallery in the exceptional *Batman: Arkham City*.

music are amazing. It sounds very much like the 1990's cartoon, "Batman: The Animated Series," which should be a plus for any fan of the animated series.

Kevin Conroy returns as the Dark Knight, and really, that alone makes my case when I say the voice acting is fantastic.

The music is dark, intense and chaotic, but at the same time heroic.

The game play itself is great. Batman can glide around the city, but unlike in *Arkham Asylum* he can drop down and use the momentum to fly further up into the air. With a good set of fingers, Batman can stay up in the air for several minutes before he has to land on the ground.

When dealing with the criminals of Gotham City, there are two different situations. One is a big brawl with everyone against Batman. The goal is simply to beat everyone unconscious. It's like a mixture of the 90's style beat em ups of the arcades, blended with the hack and slash style of this generation. You need to be tough and aggressive, but you also have to play defense and avoid enemy attacks.

It's a free flow style of fighting, but it does have the occasional instance where you overestimate where one of your own attacks will take you. Sometimes one of Batman's acrobatic kicks to the teeth put him right in front of another bad guy who takes the opportunity to slug you.

For the most part it isn't a major problem, but be on the lookout and keep your fingers on the controller.

The other way to deal with enemies is sneaking around them when they are armed with guns. You hang off of gargoyles, in ventilation shafts and other hiding spots throughout the rooms of the city to take out armed enemies.

Just remember that they might realize what you're up to and take measures against it. It requires skill as well as wit and it actually makes you feel like Batman.

Another big part of the game is the boss battles. Unlike *Arkham Asylum* where most of the bosses were generic Titan thugs, in *Arkham City* you actually fight against the various super villains of the Batman lore. As said earlier I won't spoil who you fight because it'll only ruin the surprise.

There are also many other side quests that happen in the city. They can be done at any point during the game, either during the main story or afterwards. Most of them deal with lesser known Batman villains and their schemes. They definitely add to the playtime of this game and give more incentive to explore the city.

The main side quest that will keep you occupied is the Riddler challenges. When you solve riddles in the main game you unlock extra challenges in Riddler's challenge mode. They are endurance rounds of both all out fights and sneaking fights.

The catch is that they also have

extra modifications that have to be used sometime during the challenge.

Some of these modifications are helpful, like regenerating health. Most are not so helpful, like enemies are more aggressive, or you can't use detective mode which lets you see where the enemies are.

Don't be ashamed if you don't immediately succeed at completing all of these challenges. After all, they wouldn't deserve the name challenges if they were easy.

The only other gripe I have with the game is the Catwoman feature. Although she was promoted as being a huge part of the story, she's just a DLC code that you only get if you buy the game new. Otherwise you have to pay extra for her. But hey, at least you can actually explore *Arkham City* with her.

There was also new DLC where you can play as Robin and Nightwing, but only in the Riddler challenges. Too bad you can't explore the city with them; that would be pretty cool.

There are other Batman outfits you can download as well. The one that actually made me want to download them was the "Batman Beyond" suit. When you can fly through *Arkham City* in this special costume, you know you're playing an awesome game.

Batman: Arkham City is a very worthwhile buy. There's no way you can finish this game in one weekend, nor would you want to. It's a game that requires dedication to truly complete and makes you feel like the Dark Knight himself.

Daughtry Will Get the MAC Rocking in April

ALEX FILLIMON
STAFF WRITER

As part of their Break the Spell tour, the alternative/grunge rock band, Daughtry, will hold a concert in the Multipurpose Activity Center (MAC) on Friday, April 20 at 7:30 pm. Special guests include the American pop/rock band, Safetysuit, and rhythm/blues artist, Mike Sanchez.

The concert will be produced by Concerts East, Inc. and AEG Live.

Daughtry is an American rock band from North Carolina, created and fronted by "American Idol" Season Five finalist, Chris Daughtry.

Mary Anne Nagy, Vice President for Student and Community Services at the university, helped arrange Daughtry to perform at the MAC. "The University works with a concert promoter, Concerts East Inc. and AEG Live to get shows in the MAC," Nagy said. "We were contacted some time ago by them to see if we were interested in Daughtry and obviously we were."

According to musicstop.org, Daughtry declined an offer by Fuel to be the rock band's lead singer, and "on July 10, 2006, it was announced that he had signed with 19 Entertainment and RCA Records" to form his self-titled band.

The original band consisted of Jeremy Brady (guitarist), Josh Steely (lead guitarist), Josh Paul (bassist), and Joey Barnes (drummer).

The current band members still consists of Daughtry, Steely, and Paul, but Brian Craddock has joined the band as a guitarist, and Robin Diaz replaced Barnes as

the drummer, musicstop.org continued to report.

As for the decision to name the band, Daughtry said, via artistfacts.com, "We could have come out with a really obscure name, but coming from a TV show and having name recognition, it was easier just to go with my last name."

Daughtry was released in 2006, and according to billboard.com, it reached number one the week of February 7, 2007. Some notable radio hits off the album included "It's Not Over" and "Home."

The site also mentioned that *Daughtry* was named the number one selling album of 2007.

In 2009, the band released their second album, *Leave This Town* and billboard.com reported that it reached number one on the Billboard 200. The site continued to mention that this album became number one on both the Digital Albums Chart and the Rock Chart.

Recently, Daughtry released their third album, *Break the Spell*.

According to "Idol Chatter" on usatoday.com (via Nielsen SoundScan), "Daughtry's third album, *Break the Spell*, debuted at No. 8 with 129,000 sales..."

Brielle Sneed, a senior, was a fan of Daughtry during "American Idol" and still is today. "From what I saw on the show, he was a really sweet, down-to-earth guy that just so happened to be talented. If I could, I'd go to see the concert just because he seems like a great person," Sneed said.

Daughtry has also worked with bands such as SR-71, Shine-down and many others, accord-

ing to artistdirect.com.

Jamee Shea, a senior who has been a fan of Daughtry since he was on "American Idol," said, "Chris was my favorite contestant during the season. I even saw him perform at the 'American Idol' live concert series. [He] was my favorite artist because he had great tonal quality, style, and emotion in his voice."

Although Brian Morelli, a DJ for WMCX, is not a fan of Daughtry, he is impressed that they are performing at the University. "I think that it is interesting to have a major label rock act perform at Monmouth," Morelli said. "Given the fact that their singles are included on heavy rotation on mainstream radio and with so many hit singles, it's really cool to hear that they're making the trip to West Long Branch."

Not only are students excited for Daughtry, but Nagy is too. "I think it is great to get an act the caliber of Daughtry. They are four time Grammy nominees and based on ticket sales so far, this will be a great show! As of [January 30], over 2,000 tickets were sold." Nagy said.

While April is a couple of months away, tickets started going on sale January 27 and can be purchased through Ticketmaster.com, phone charge at 800-745-3000, the MAC and Pollak The-



PHOTO COURTESY OF COVERALIA.COM

Daughtry, the alternative/grunge rock band created and led by "American Idol" finalist Chris Daughtry, will be playing at the MAC April 20 while on their Breaking the Spell tour.

atre box offices, or select Ticketmaster retail outlets.

Prices for the concert, based on seating, are \$42.50 for upper bowl and bleachers and \$52.50 for floor and lower bowl.

Additionally, the Student Activities Board is sponsoring limited student discounted tickets for the concert that became available this past Monday.

The price is \$20 per ticket with a valid student ID required at

time of purchase (students can buy a maximum of 2 tickets per ID).

The night of the Daughtry concert, the parking lot opens up at 5:30 pm while the MAC will allow concertgoers to enter at 6:30 pm.

For more information about Daughtry, visit www.daughtryofficial.com, and for details on the event itself, go to www.monmouth.edu/macmonmouth.

Broadway Shines on Primetime with "Smash"

NICOLE MASSABROOK
STAFF WRITER

"Smash" is the perfect show for any musical theater lover. The NBC drama premieres February 6 at 10:00 pm and revolves around the making of a Broadway musical about Marilyn Monroe. (The first episode is currently available to watch online at nbc.com.)

The show follows Karen Cartwright (Katharine McPhee), a struggling actress vying for the part of Marilyn. She has yet to make her big break and makes money waitressing. Karen is an Iowa native whose parents continually urge her to give up her dreams and aim for a more realistic job.

While auditioning for the role, Karen is pitted against a more experienced actress, Ivy Lynn (Megan Hilty), and the producers struggle over whether to go for the talent, Karen, or the name recognition, Ivy.

First, though, the show needs to be written. The show is being rushed due to the first song demo being released. The great buzz generated is forcing the show to go through and be quickly finished. The idea originally was just something that writers Julia (Debra Messing) and Tom (Christian Borle) were just toying with.

Meanwhile, Julia had plans to adopt a child with her husband, something that would require her to slow down her career. She had promised her husband that she would not take on another job, but she just couldn't drop the idea, causing plenty of tension within her family.



PHOTO COURTESY OF blog.orlandosentinel.com

In the new NBC drama, "Smash," aspiring actress Karen Cartwright (Katharine McPhee, right) is competing against established star Ivy Lynn (Megan Hilty, left) for the lead in a new musical about Marilyn Monroe.

Lastly, we meet producer Eileen Rand (Anjelica Huston), who is sorting out her divorce settlement. The production company she owns with her husband and all of the funding has been frozen until they can come to an agreement on how to divide it. She takes on the play without letting anyone know that she doesn't exactly have the financial means to produce the show.

"Smash" is continually being compared to "Glee," but they aren't similar at all. While both have the musical aspect and themes of be-

ing the underdog, "Smash" is very much an original show.

The promotional music video for "Smash" features McPhee singing Christina Aguilera's "Beautiful," but don't expect the show to do too many covers.

The show will feature an original song every week, written by Tony and Grammy award winning composers Marc Shaiman and Scott Wittman. Similarly to "Glee," you'll be able to purchase all of the songs heard on "Smash" on iTunes.

Watching McPhee and Hilty

belt out original numbers with amazing choreography makes the television show really feel like a Broadway show. It isn't surprising that it feels like a real Broadway show when you look at who is behind the scenes.

Creator Theresa Rebeck has written various Broadway shows, most recently and notably, *Seminar*. The pilot episode's director is as well as consulting producer is Michael Mayer who is most well known for directing *Spring Awakening*. They also have Steven Spielberg producing, who isn't

exactly a Broadway name but still tends to turn most things he touches to gold.

The acting is fantastic. Houston (an Oscar Winner) and Messing (an Emmy winner) were both great, but that was expected from the veterans. Expect the Broadway talent to continue with various guest stars including Bernadette Peters (*Gypsy*) and Uma Thurman (*Kill Bill*).

McPhee and Hilty, playing the actresses on the show, are both newcomers themselves. Both do a great job portraying the anxiety and determination of their characters. McPhee has managed to make the crossover from reality TV (she is an "American Idol" alum) to acting really well.

The writing is really good as well. While it is about the making of a musical, it is almost a domestic drama, too. It shows how a musical affects the personal lives of everyone involved. The writers make you care about every character.

While it would seem that viewers should initially want sweetheart, newcomer Karen to play Marilyn, after seeing Ivy work so hard for the part, the viewers will be torn.

The show feels real, which is probably the best part of it. The drama isn't overdone and the scenery is real. Both Karen and Ivy's apartments are realistically compact. Plus, "Smash" is filmed in New York. It isn't some backlot in Los Angeles designed to resemble the city, and that really helps the show feel authentic.

If the show continues to be as good as its pilot, it's safe to say that it will be a "Smash" hit.

The Games Against the Social System

A Look at the Individual Versus the System in the Hunger Games Trilogy

CASEY WOLFE
STAFF WRITER

Warning: May Contain Spoilers. In *The Hunger Games* trilogy by Suzanne Collins, Katniss Everdeen and her family live in an impoverished dystopia; one of 12 districts under control of the Capitol, their totalitarian government system. The Capitol randomly selects two children from each district annually to enter the Hunger Games, which is a fight to the death. The last survivor wins, according to the rules, until Katniss and her fellow District 12 contestant Peeta Mellark defy them and both make it out alive. Since the first novel, Katniss and her family, friends, enemies,

and other district residents have fought against the Capitol and in most cases, defeated them. However, like in any war, there were losses. Family and friends of the main character were killed; players in the Games have been mentally scarred. So who ultimately won? We approach the sociological question of individuals versus social systems.

As to which side is more influential, Dr. Killian Searles, sociology professor, said, "To me, this is sort of like this question: which is more a fruit - an apple or an orange? 'Society' as a social system has a life of its own. One cannot chop down half of the trees and declare that the forest doesn't exist anymore."

From one perspective, the Capitol has controlled the District and forced individuals to fight against each other to the death in the Hunger Games for years. Clearly, at this point, the government had control. And by pitting the individuals against one another, the society was unable to change the system themselves. Only when Katniss became a contestant did anyone try to rebel against the capitol.

Alyssa Gray, first-year student, said, "It's the reactions and ideas of these people that spur the Capitol's every move. The social system's governing power will go to any stretch in order to maintain their hold on society."

By having read the trilogy, Gray believes that both the individuals and social systems have equal opportunity and may influence each other exponentially. Dana Martin, first-year student, agrees that individuals are not powerless.

"Without citizens, there is no society, no matter how hard leaders try and control their people," she said.

What motivates citizens, in the novel or in real life, to initiate a change? Besides the obvious drive to support and protect her mother and sister, Katniss displays strong traits that spark a rebellion. Searles said that bravery, motivation, "stick-to-it-tiveness," perseverance, vision, and compassion can drive a person to act. When more people join the cause, it will then create a snowball effect and have more of an impact.

In the third novel, this along with personal motivation makes Katniss a leader in a war against the Capitol.

Even before the Hunger Games she participated in, she had to go to drastic measures to feed her family, such as trespassing on illegal grounds to hunt. The only interaction that she had with fellow contestant Peeta Mellark at this time was an incident at his family's bakery in which he purposely burned a loaf of bread so they could not sell it and Katniss could take it. He was then punished by his mother for his actions. As the readers, we feel sympathy for Peeta because his wrong-doing seemed morally justified.

Gray said, "Despite the fact that he intentionally burnt the bread in order to give it to Katniss, his overall intention was good and pure, which would overshadow the harm of the deed."

Martin, however, said, "I feel as though it was alright for him to be punished. Plus, the bakery business was the only way Peeta's family was able to make a living in District 12, so to his father and mother it was not just a simple mistake. He essentially wasted profit."

The justification of Peeta's wrong-doing is emphasized to make the reader take the side of district citizens. This is what they have to go through because this is what the Capitol forces. They provide no help.

Searles said, "It is hard to imagine a society without prescriptions for what is legal and illegal. Understanding a crime still does not excuse it. The response can certainly shift, however. The 'punishment' could be

a creative response such as helping others."

The Capitol uses fear as a way to persuade the districts to do as they want. In the annual Hunger Games alone, they kill young adults and torture the others until they are permanently scarred. It is effective in Suzanne Collins' trilogy, and in real life. Searles said it also helps to define a leader.

She said, "Fear is so powerful, particularly when unacknowledged. It influences any of us to change our behavior, to act or not act for fear of what could result. Often those we admire most, the leaders who rise to prominence, are risk-takers who don't respond to their fear in the same way others do."

Katniss responded to her fears much differently than most others. After the death of her sister, disappearance of friends, and jeopardy of love interests, she still defeated the Capitol; whether she won what she was looking for, however, is a matter of opinion. She loses her family, best friend, and her home is destroyed. Almost everything she was fighting for is gone. The trilogy does, though, end on an optimistic note, and most readers, including Martin, believe that she has won the war for the rebels.

She said, "Even though many of Katniss' loved ones were killed off, I feel as though she had won because she had shown the Capitol that she will continue toward rebellion without stopping. By not slowing down to mourn she is giving inspiration to other members in other districts to someday take her place or start their own rebellion."



PHOTO COURTESY of thedome.ua.edu

In "The Hunger Games," Katniss Everdeen attempts to rebel against a skewed social system of forcing people to fight to the death.

Back on Campus, MU Grad Student Discusses Costa Concordia Ordeal

Chaos continued from pg. 1

a drink, King recalls. The entire time, King and her husband stayed outwardly calm, but internally panicking. "We were trying to weigh our options, and [Mike] was saying we could swim ashore if we needed to. We were just waiting for some sort of direction, which took a long time."

The married couple ran to their room, grabbing a few sweatshirts and thankfully, her purse containing her keys and credit cards. "But all the items you buy and pack for a cruise, that all had to be left behind." King and Stoll quickly put their lifejackets on underneath their clothes, in order to not spread panic to the other passengers.

King recalls that the half-hour orientation the crew members gave at the start of the cruise was a short video similar to that of an airplane safety demonstration. According to King, several passengers did not even attend the training for such emergencies. "We were not taught which lifeboats to go to... it was very minimal."

The coastguard had been notified after a passenger on the Costa Concordia had called home, and when the coastguard spoke with the captain, Francesco Schettino, he assured him it was an electrical problem and the situation was being taken care of. Ten minutes later, the coastguard made a second phone call to the captain who then admitted that water was entering the ship, yet there was no emergency or reason for concern. King says the crew remained professional, in light of "waiting for direction that never came. They're trained in emergency procedures but they're not trained to be coastguards and things like that.

They were just as afraid as we were."

Once King held onto a pipe to keep from slipping at the angle the ship was tilting, she immediately realized the situation was much bigger than she imagined. "This can't be an electrical problem. The boat doesn't tip this far," she says. "Even when we got off the boat, we didn't know it was going to sink totally until we watched it from the shore."

Fifty minutes after the ship had run aground, the captain was pressured to send a Mayday signal; another 20 minutes later, he sent a signal for the ship to be abandoned, according to telegraph.co.uk. "When they finally started letting people out, it was chaos. People were shoving and pushing," King says.

King and Stoll couldn't fit on the lifeboat they were waiting for, but they managed to squeeze onto a second one. The unspoken rule of women and children being rescued first was not strongly implemented, King says, who also worked hard to not frighten the children. "We were trying to let the kids go first. Everybody was speaking different languages,

so nobody was really communicating with each other." There were 126 Americans out of the 4,200 passengers on board, according to news.sky.com.

In attempting to tie relations to the event, King says the ordeal was "not as extreme as Poseidon, but as we were waiting, the movie *Titanic* was going through my head."

There were two moments King felt

portedly got into a lifeboat at 11:40 pm while many passengers, including women and children, were still on board. With the captain off ship, the coastguard assumed responsibility of the situation.

In hearing about the charges being brought against the captain, King believes they are justified. "We didn't know that he abandoned ship

until the next day, and didn't hear the audio tape until many days later. He is responsible for everyone on that ship."

The crew members, including bartenders and dancers, she says, were the last people on the ship, making sure all passengers were in lifeboats before they got in themselves. "I think that if he [Schettino] stayed on, there wouldn't be any lives lost." The death toll of the Costa Concordia tragedy had reached 17.

They were on the lifeboat heading to the dock, and then had to get onto a ferry for another two hours to get to the nearest hotel in Tuscany, which King wasn't thrilled about doing. They were brought to a hotel in Rome and waited for more communication, but heard nothing. "We were pretty much dropped off

and left." They then took a taxi to the Embassy for an emergency passport, went to the airport and booked the first flight out. "We were lucky we had a credit card on us, because most people don't carry things like that on them on a cruise," King says.

Once she and her husband were safely landed on shore, she ran to the nearest payphone to contact her father, who was not yet aware of the catastrophe.

Several precautions and alternate plans could have been made to prevent the pandemonium, but King's advice? "The captain should have called the coast guard right away. There should have been a better plan, and a new captain!" she laughs.

Overall, King appreciates the life lessons the Costa Concordia disaster taught her. "Go with your gut. If you feel like something is wrong, listen to yourself, even when the authority figures are telling you it's ok. Be overly cautious and pay attention to emergency procedures. Just trust yourself."

As to how she's coping with the aftermath of the Costa Concordia, King says only time will tell. "We're just grateful to be alive, really. We have a really good support system of my friends and family, and even professors have been understanding with me as I try to get my focus back."

Will King ever set forth on another cruise? "No. First and last," she sadly smiles.

King is in the psychological counseling graduate program, anticipating graduation in January 2013. She is completing an internship with Ocean Mental Health in Bayville, within the Crisis Diversion Program. She also serves as the Vice President for Wag-on-in, a dog rescue organization for Monmouth County.



PHOTO COURTESY of Addie King

Addie King, above with husband Mike Stoll, experienced chaos aboard the Costa Concordia on January 13.

uncertain if she would make it out alive. "When we were waiting, I thought the ship would just fall and we would be stuck inside. And then when we were on the lifeboat, I thought we could just fall. I remember *Titanic*...the ship falls and people fly off...that was still in my head."

It is a captain's duty to be the last man on ship; however, Schettino re-

Stay Away From the Ladder

What Makes Friday the 13th Unlucky

JENNA INTERSIMONE
SENIOR EDITOR

Three times this year, many people will be especially careful to avoid stepping under ladders, spotting a black cat, or being associated with the number 13. Their steps will be a little more careful and their minds a little more on edge. So why is this? Because in 2012, there will be three Friday the 13ths.

The first unlucky day of this year started off with January 13, and will be followed by April 13 and finally July 13, all 13 weeks apart. But the reason why this random day is considered unlucky in the first place is a little more of a mystery.

Unfortunately, no one really knows exactly why the day is unlucky, and is more based on modern hype combined with the superstitions of many cultures.

According to Christian beliefs, there were 13 disciples present at the Last Supper, one of whom betrayed Jesus and set the stage for the Crucifixion, which also occurred on a Friday.

So, 13 is considered the “devil’s number,” and oddly enough, Jack the Ripper, Charles Manson, Jeffrey Dahmer, Theodore Bundy and Albert De Salvo all have 13 letters in their names, according to urbanlegends.com.

Plus, it was on a Friday that Eve tempted Adam with the forbidden fruit, leading them to be banished from Paradise. Friday stands in for many other unfortunate days in the Christian faith, such as the start of the Great Flood, and the destruction of the Temple of Solomon.

It is in other religions and cul-

tures as well that Friday or the 13th is unlucky. There are 13 witches in a coven and according to the ancient Egyptians, 13 symbolized death because there are 12 stages of life.

Some say that the number 13 is considered unlucky simply because 12 is the number of completeness in many instances, according to the International Business Times. There are 12 months in a year, 12 gods of Olympus, 12 hours on the clock, 12 tribes of Israel, 12 apostles of Jesus, and 12 descendants of Muhammad Imam.

So now we have to ask ourselves, is Friday the 13th really bad luck? Or is it all just a bunch of historical hoopla? According to a study done in the South West Thames region of the United Kingdom, the risk of hospital admission by vehicular accident is increased as much as 52% on Friday the 13th.

Also, there are quite a few unusual occurrences that take place on the devil’s day. In 1989, the Dow Jones Industrial Average dropped 190 points, the second-largest drop that ever happened at the time. In 1989 as well, the “Friday the 13th virus” infected hundreds of IBM computers, destroying files across Great Britain and causing widespread panic. In 1970, a huge South Asian storm killed 300,000 people in Chittagong, Bangladesh, and created floods that killed one million in the Ganges delta, according to B96 Radio.

With the huge pile of unfortunate events that take place on the 13th, some seem to take heed and stay inside on the day. A phobia called Paraskevidekatriaphobics is associated with the fear, which affects



PHOTO COURTESY of metro.co.uk

Friday the 13th can awaken the illogical superstitious fears of up to eight percent of Americans.

eight percent of Americans, according to the North Carolina Stress Management Center. Some people refuse to go to work, some don’t go to restaurants, and many would refuse to even consider having a wedding on the day. Both Napoleon Bonaparte and President Herbert Hoover were rumored to have suffered from the phobia.

According to Tom McCarthy, University psychologist, people who are in a certain culture or religion may be more predisposed to be superstitious, going along with the theory of nurture versus nature.

“Anxious people may also be

more predisposed. Anxiety is borderline superstition, like the worry of, ‘If I stop worrying that I am going to get in a car crash, then I will definitely get in a crash.’”

McCarthy, who doesn’t consider himself superstitious, “although [I] would not pick up a penny if it was on tails,” said that like most disorders, superstition can become a real problem when it starts interfering with daily life.

Most University students, though, don’t seem to be buying into the superstition. Megan Pereira, sophomore communication major, said, “I think that people believe what oth-

ers tell them and they get worried about things they shouldn’t be worried about. Superstitions should be the last thing on a college student’s mind.”

According to Andrew Dichiara, junior criminal justice major, Friday the 13th is actually considered a lucky day in the Italian culture. He, personally, has experienced good luck on the day.

However, Nicole Sidari, junior photography major, is a believer. “Superstitions give reason for things that otherwise wouldn’t make sense. Even though it’s not logical, some things just can’t be explained.”

A New World in the Holy Land

Traveling to Israel on the Birthright Trip

MICHELLE GILMAN
STAFF WRITER

When I went to Israel, I went with a group of Jewish students that were on a Birthright trip, which consisted of 40 students and eight Israeli soldiers. The trip was completely free for Jewish students, who were given the opportunity to experience Israel for the first time so that they could learn about the culture, the country, and the history.

To me, Israel is a beautiful country that is unlike any other. It is only the size of New Jersey and yet there is so much culture, geography and beauty. There are so many places to see, things to do, and so much to learn about this beautiful place.

Upon our arrival to Israel, my group spent a few days in the North in Tiberias. This part of the country is hilly, with forests and mountainous terrain. We spent some time hiking in the mountains and really getting a feel for the geography. Our visit was during January, so the weather was about 60 degrees.

“The weather was great for the time of year we went, which is usually sunny and brisk. It was the perfect weather for the activities we were going to do,” said Jess Laso, senior at the University of Rhode Island.

After a few days we travelled through Jerusalem where the land is dry, with mountains of dirt and desert for miles and miles. Jerusalem is on a mountain and has places that are thousands of years old.

There are so many places in Israel that are worth visiting, such

as the Western Wall, also located in Jerusalem. It is enormous, and a person can just feel the power and history emanating from this magnificent wall.

Derek Moses, junior at The College of New Jersey, said, “I made my religious grandfather proud, who I’m named after but never met, by wearing his yamaka and putting on tefillin at the wall.”

Millions of people travel to this point every year to pray for their loved ones who have passed and for those who need guidance. No matter what your religion, this place is sacred.

“I had the opportunity to leave a note in the wall for my family who has been suffering through some hardships. As I placed a note inside the wall it gave me hope that I haven’t had in a long time; hope that things are going to get better,” said Moses.

There are many other interesting sights to see in Jerusalem. Just walking through any part of this city is worth a person’s time. The city is splendid, and its

charm will attract anybody that goes there.

“It is packed with people dancing and singing on random streets. Someone would just show up with

with its ocean-front night clubs, palm trees, and neon lights.

Kayla Nennecke, senior at Seton Hall University, said, “Tel Aviv was an unbelievable city that was very similar to South Beach in Miami, Florida. It offered a ton of night life. The streets were filled with clubs and bars.”

Another not so hidden gem that Israel has is the Dead Sea. The Dead Sea is one of the most intriguing places on earth. It is the lowest dry land on earth, and so most spots require a minor hike down a sandy mountain.

“The water is completely clear and a warm temperature. It is a beautiful turquoise blue that sparkles,” said Heidi Bernknopf, 21, senior at Pennsylvania State University.

Instead of encountering rocks and sand when getting into the water, a person must climb over giant salt rocks that will slice your feet open unless you’re wearing water shoes.

Bernknopf said, “I was tying my friend’s bathing suit and I flipped over and fell on a salt mound and cut my leg up. I then lost my contact and the salt water was burning my eyes.”

The water is so high in salt that

your body will float buoyantly as if you are lighter than air. Unlike regular water, the sea has an oily texture that leaves your skin feeling soft and silky.

“I felt like I just applied an entire bottle of lotion to my skin; it was so soft,” said Bernknopf.

While visiting a part of the country near Jerusalem, we had the opportunity to ride camels. This was an experience to say the least. The camels were about the size of a large horse.

“The 20 camels were sitting there so calmly waiting to take the 40 of us on our first adventure through the bare desert. The ride itself, although not as comfortable as I had expected, was incredible,” said Bernknopf.

They were grunting and snorting as we all climbed up onto their backs. “The camels made me feel even more immersed in the culture than I already was,” said Bernknopf.

The beauty that this country holds in its geography, its people, and its wildlife is just surreal. The culture in Israel is so powerful; and tourists can’t help but feel welcome wherever they go. The people will talk to anybody willing to listen about their love for their country and the place they call home. After traveling to many places around the world, I had never seen a country with so much pride and love for one another and for the place they call home.

If you are a Jewish student that is interested in attending a Birthright trip to Israel, contact Yaakov Greenberg at Yaakov@chabadshore.com or go to Mayanotisrael.com today.



PHOTO COURTESY of Michelle Gilman

Israel is a country that is only about the size of New Jersey, but is packed with sights, culture and beauty.

a boom box and start blasting music,” said Nennecke.

Tel-Aviv, another Israeli city, is on the water and was about 70 degrees in January. Many have compared this city to Miami,

The Great Trip to the Great White North

University Snowriders Travel to Mt. Tremblant Canada

ALEXIS ORLACCHIO
STAFF WRITER

The Snowriders Club went on a snowboarding and skiing trip to Mount Tremblant in Quebec, Canada over winter break. The trip lasted from January 8 through 13.

"Mount Tremblant is one of the best mountains, and if you are able to experience it, it is truly life changing," said Angela Rosa, President of the Snowriders Club. "Fresh powder with trails that are four miles long which is amazing." Rosa has been President of the Snowriders Club for two years.

After a seven-hour bus ride, the Snowriders Club arrived in Canada. There were 31 club members on the trip in total, which was a decrease in the 102 members that attended the trip last winter break. "I was actually very pleased of how amazing this trip actually was," said Rosa. "Since it was such a small group, everyone on the trip became very close."

The Snowriders Club meets three times a semester to organize fundraisers and prepare for the trips as well as interest meetings. The Snowriders had no budget this year, according to Rosa, which made it difficult to put the trip together and cover the all of expenses. Although, according to Professor William Reynolds, a faculty advisor on the trip, the Club did receive \$1,278 in special funding.

"My team and I worked together to do fundraisers and anything we could to get the trip to be as



The Monmouth Snowriders Club went on a snowboarding and skiing trip to Mount Tremblant in Quebec, Canada over winter break. The trip lasted from January 8 through 13.

PHOTO COURTESY of William Reynolds

cheap as possible," said Rosa.

The trip was \$559 dollars, which covered transportation, lift tickets for four days, condo style apartments and extra activities like ice skating and tubing.

The club makes an annual trip to Canada, but has also been to other locations in the past. The club is currently working on put-

ting together fundraisers so they can travel to Vermont and possibly Breckenridge Ski Resort and Vacation in Breckenridge, Colorado. The Snowriders Club will be having a rose sale fundraiser on Valentine's Day.

Bernadette Dunphy, professor of the biology department and main advisor for the Snowriders

Club. The two faculty advisors that helped chaperone this trip were William Reynolds of the computer science and software engineering department and advisor of the Outdoors Club and Anthony Jamison, adjunct professor of the Criminal Justice Department.

"This year, 15 of us plus the

advisors actually all went ice skating one night and we had a huge snowball fight!" said Rosa. Some students participated in other activities such as snow tubing and dog sledding. Some students traveled to Montreal to experience the city life. "Every night all the students got together and went out to enjoy the night life that is in the town," said Rosa.

"The experience on the mountain for someone who is devoted to the sport is unbelievable," said Rosa. "Friendships were formed and experiences were made that will never be forgotten."

Reynolds has helped with chaperoning the trips to Canada for the last three years. He is available to the students to "discuss and solve various problems."

Reynolds began working with the Snowriders Club after his teaching assistant and former Snowriders Club officer, Marcello Composto, asked him to help out.

"You'd be surprised how many on them come to the advisor each day, sometimes just to share what a great day they had on the slopes or to sit and visit over a cup of hot chocolate," said Reynolds. "We also play a lot of Rummikub (a number-based tile game)."

"The Snowriders Club is an important part of the various student organizations at Monmouth," said Professor Reynolds. "Our students are able to come together with others who have a passion to enjoy snowboarding and skiing. These are some very serious athletes."

Club and Greek Announcements

Men's Lacrosse

The University men's lacrosse program enters its third season of competition in the Liberty Conference of the NCLL. The Hawks, in their first season under Head Coach Jerry Dohn, went 2-0 in fall competitions in 2011, notching a 5-4 win against Rowan and a 7-6 victory over pre-season #12 TCNJ.

Led by senior captains Vin Sodano, Joe Milano, and Michael Asprocolas, the Hawks seek their first ever playoff berth and look to compete for the Liberty Conference Championship.

Be sure to witness the team's rise to national prominence this spring in home contests against Rutgers-Camden, Rowan, La-Salle, Cabrini, Arcadia, TCNJ, St. Joseph's, Temple, Delaware Valley, and Rider.

Go Hawks!

RHA Movies in Oakwood

This Friday in the Oakwood Lounge, RHA will be doing two showings of the movie *Puss in Boots* at 8:00 and 11:00 pm.

On Saturday, also in the Oakwood Lounge, they will be showing the movie *The Twilight Saga: Breaking Dawn Part One* at 8:00 and 11:00 pm.

College Republicans

The College Republicans are looking for college students that are concerned about our future. During these economic hardships, many recent college graduates are having difficulty in finding jobs in which they are qualified for.

The upcoming presidential election is an opportunity to change that with a slate of candidates that are can change the status quo.

Please join us if you are concerned about the future economic outlook, including the country's \$15.2 trillion deficit which could have consequences for our generation's future.

Economics and Finance Club

The Economics and Finance Club will be meeting every Wednesday at 2:30 pm in Bey Hall, room 231.

Students can check out our website for further information as well as our calendar of events at muefc.wordpress.com.

CommWorks

CommWorks: Students Committed to Performance has a new weekly meeting time for Spring 2012!

Visit us on Thursdays 1:00 to 2:15 pm in Plangere room 235.

Begin by Believing

Begin by Believing is having a general club meeting Wednesday, February 1 at 3:30 pm in the Student Center's Carol Affiliate Conference Room. We will be talking about spring events.

All Lifestyles Included

ALI is sending a warm welcome back to the University's returning students and newcomers!

Just a reminder that ALI meets every Wednesday on the third floor of the Student Center (in the corner near the Affilito-Conference Room) at 3:30 pm.

We have a lot of exciting events and fun social gathers this semester including our fabulous, annual drag show and so much more!

Come check us out, we are always doing something entertaining and getting everyone involved!

Lambda Theta Alpha

February 21, we are having an event called Meet the Lambdas where both Lambda Theta Alpha Latin sorority, Incorporated and Lambda Theta Phi Latin Fraternity, Incorporated will be present.

Did you apply for graduation?



ATTENTION STUDENTS

Welcome Back!! At this time, we also recommend that you begin to consider how your career at Monmouth University will end.

In order to be on target to complete your degree requirements and graduate, the ORR urges you to apply for graduation no later than **1 year prior** to your anticipated graduation date. By applying early, this affords you the opportunity to receive an official degree audit from the Registrar's Office indicating if you are 'anticipated complete' with your registered courses. If you are not 'anticipated complete', having this additional time allows you the opportunity to register for any additional required courses or requirements.

Good luck with your coursework this semester!

~The ORR

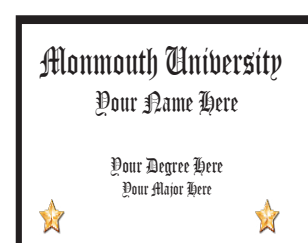
PLEASE TAKE NOTE OF THESE IMPORTANT DATES FOR THE

MAY 2012 GRADUATION:

⚠ **March 1st, 2012:** Deadline to submit Graduation Applications through e-FORM's

⚠ **April 15th, 2012:** Deadline to submit any additional e-FORM's requests (i.e. Substitutions, Waivers, Declare/Remove Minor, etc.)

Please note: e-FORM requests received after the deadline dates will not be processed



Speak Up and Spread Love

Delta Phi Epsilon Creates Website to Raise Awareness on Eating Disorders

COURTNEY CIANDELLA
CONTRIBUTING WRITER

“Love yourself unconditionally just as you love those closest to you despite their faults.”

This is just one of the many quotes that the girls of the University's Delta Phi Epsilon sorority have displayed on the new website they developed to raise awareness about the commonality of eating disorders.

“I just want to spread awareness and let people know that you're not alone; you can get better,” said website creator and Delta Phi Epsilon's Vice President of Programming, junior, Marisa Meiskin.

Meiskin created the website and it has been revamped a few times since then. Upon returning from Winter Break, the website went through Head of Greek Life, Tyler Havens and then Delta Phi Epsilon's headquarters before a press release was written about the site and it went out on the national website.

“I feel like every girl experiences body issues, you just have to learn to cope with it,” said Meiskin.

The website includes a main page with pictures of the girls of the Delta Phi Epsilon Chapter including sayings like “No body is perfect” and “Don't let anything get you down...especially when you have so much to live for.”

There is also a section titled, “Speak Up” where there are pictures of both women and men holding index cards with written sayings on them about being beautiful and facts about eating disorders.

“This site helps to promote positive body image and self appreciation. And most importantly to show that recovery is possible through the numerous lives touched and changed,” the Delta Phi Epsilon Delta Omega Chapter says in the “About” section of the website.

They also recognize the three main eating disorders: Anorexia Nervosa, Bulimia Nervosa, and



Delta Phi Epsilon member Marisa Meiskin developed the website as a project for the National Association of Anorexia Nervosa and Associated Disorders (ANAD). PHOTO COURTESY of <http://www.wix.com>

Binge Eating Disorder (ANAD), to inform the public about the types of eating disorders that many people deal with today.

The website also contains a “Contact” page and a “Spread Love” page so people can leave comments about the site and post stories and experiences of their own anonymously.

“It's like a support group where people can e-mail and post anonymously,” said Delta Phi Epsilon Sorority President, junior, Kaitlyn Muller.

Videos are also posted on the site for people to view about eating disorders as well as a link to an article that tells you how to show support to people you may know with an eating disorder.

“This is what I put all my love and focus on,” said Meiskin. “Everyone has been supportive.”

Other sororities such as Phi Sigma Sigma have really responded to the website as well as Delta Phi Epsilon sororities from other schools.

“I would ideally like it to go beyond Monmouth,” said Meiskin.

The girls are hoping to one day be able to talk about their website on a talk show like Good Day America or Ellen to really branch out in creating awareness.

“I don't plan on stopping anytime soon,” said Meiskin. “The bigger we can get it, the better.”

Meiskin also says that she really wants to reach out to parents as well so they can work with their child who might be going through an eating disorder.

“I'm proud of her for stepping up and doing it and going above

and beyond,” said Muller.

On Sunday, February 26, Delta Phi Epsilon will be holding a vigil in Anacon Hall from 4:00 to 6:00 pm. The vigil will include speakers who will talk about eating disorders, a video will be shown, and they will go through and discuss the website.

The website can be found at <http://www.wix.com/dphiedeltaomega/speakupspreadlove>. If you would like to speak at the vigil, please contact Marisa Meiskin at s0739784@monmouth.edu.

Shadow PR Talks Sports

PRESS RELEASE

WEST LONG BRANCH, NJ – Zack Rosenberg, Director of Sponsorship for the Lakewood BlueClaws comes to the University on Wednesday, February 8 at 3:00 pm to discuss with Shadow PR members about their PR skills and working in sports.

“As a sports communication minor, I believe it is a wonderful opportunity to have Mr. Rosenberg speak to the chapter. Hearing about sports PR from someone who is in the industry will be beneficial as I approach graduation,” states Ali Nudo, one of Shadow PR's account executives.

Rosenberg has been with the BlueClaws since 2006 when he started as a marketing manager. Then in 2009 he moved up to assistant director of sponsorship. Finally, in 2011 he became the director. Prior to his work with the BlueClaws, he gained experiences at Octagon as an intern.

Rosenberg's relationship with Shadow PR is new but he has already helped the firm get on their feet by connecting them to their first official client, the Lakewood Chamber of Commerce where he serves on the board of directors.

The PRSSA bi-monthly Speaker Series was instituted in 2009 to provide networking opportunities for public relations students and professionals. To stay up to date about who is speaking when follow us on Facebook at www.facebook.com/speakerseries. For more information about the speaker series or Monmouth's PRSSA Chapter go to www.monmouth.edu/prssa or contact Amanda Erdmann, Communication Director, at s0756510@monmouth.edu, or Dr. Shelia McAllister-Spooner, Faculty Advisor, at smcallis@monmouth.edu.

Monmouth Area Vegetarian Society (MAVS) to Host Water Documentary and Hado Speaker

PRESS RELEASE



What: Free Community Event open to the MU campus community and to the public; includes a film screening of Water: The Great Mystery, a vegan potluck and a special presentation by Hado guru Lindsay Kemp of Love Bottle

When: Sunday, February 19, 2012 at 1:00 pm

Where: Magill Commons Dining Room at Monmouth University

For More Info or to RSVP: Professor Mary Harris, mcharris@monmouth.edu



What are you doing on Superbowl Sunday?

COMPILED BY: JOANNA ZIETARA



Andrew senior

"I'm going to a party to watch the game and celebrate the Giants winning."



Sam junior

"I'm not a fan of the two teams but I will watch the game just for the amazing commercials."



Stefan junior

"I'm watching the game at the Fire Department that I volunteer at."



Andrew junior

"I hate both teams and I hope the game gets cancelled."



Sam sophomore

"I am watching the game and celebrating with my sorority sisters."



Kristin senior

"I'm going out to Jacks to watch the game with my friends. Go Giants!"



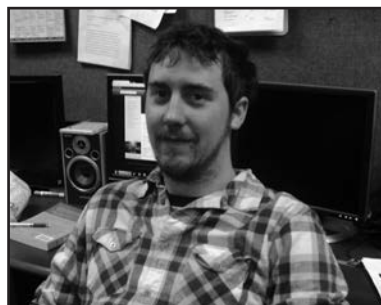
Nik senior

"I'm working at a pizzeria. I hope the Glants win so that the business is good that night."



Ashley

"I am an RA so I'll be on duty making sure everyone is safe."



Nick

"I'm laying in my bed with a pillow on top of my head."



Dan senior

"I'm watching it at my house. My dad builds bleachers in my house, its a pretty big deal."

Carolina Chocolate Drops
FRI. FEB. 17 | 8 PM

POLLAK THEATRE
SPRING 2012

Cowboy Junkies
FRI. FEB. 24 | 8 PM

Dead On, Live
FRI. APR. 13 | 8 PM

A Note For Note Performance of
The Grateful Dead's Workingman's Dead & American Beauty

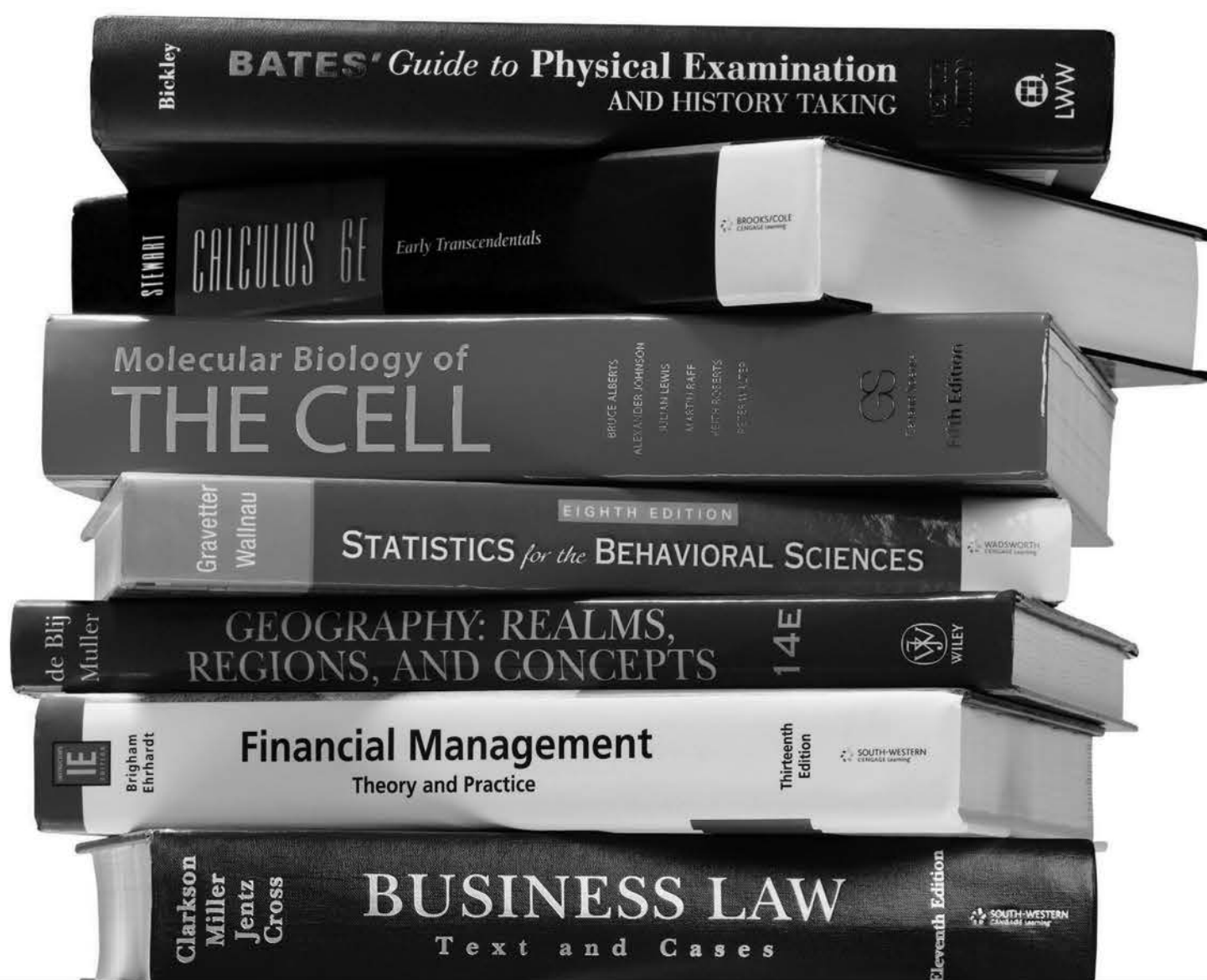
Adam & Anthony
from RENT SAT. APR. 21 | 8 PM

STUDENTS GET FREE TICKETS!

*All Monmouth University full-time students are entitled to one free ticket to any two performing arts events, excluding Concerts East events. After the two free tickets have been used, the student cost will be \$5.

For the full schedule of Spring 2012 events visit our website.
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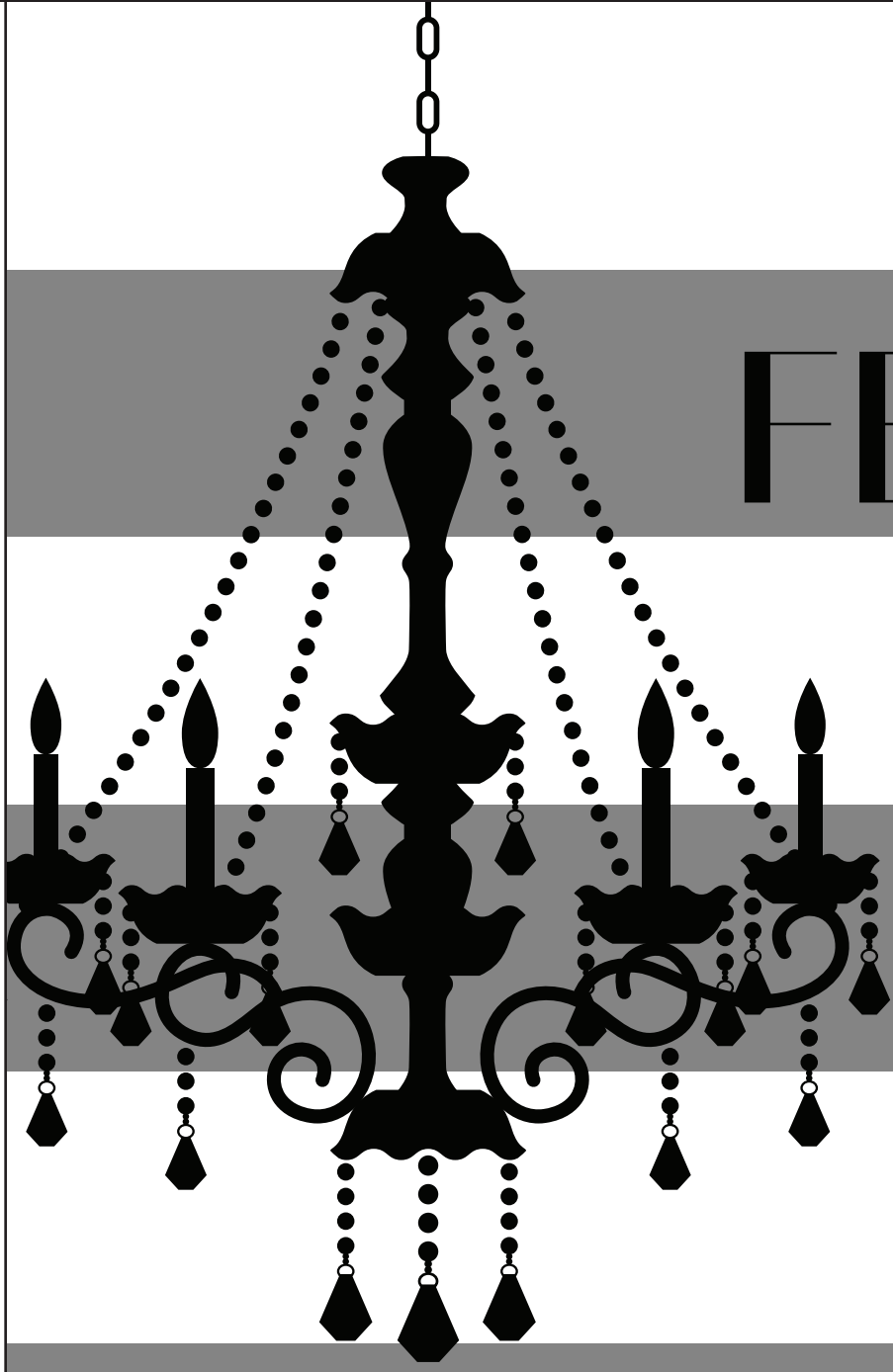
Offer Details: Applies only to new physical textbooks sold by Amazon.com. Textbook purchase must be made by 11:59 pm (Pacific Time), February 4, 2012. MP3 credit expires 11:59 pm (Pacific Time), March 5, 2012. Amazon may modify or cancel this offer at any time. Limit one per customer. Offer may not be transferred or resold. Void where prohibited. Offer limited to customers located in the U.S. Must agree to Amazon Digital Services, Inc.'s MP3 terms of use. Additional terms and conditions may apply, see www.amazon.com/mp3andtextbooks for details.



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Darth Maul, Qui-Gon Jinn Never Left This Galaxy

MATTHEW FISHER
COMICS EDITOR

With the re-release of *Star Wars: Episode 1- The Phantom Menace* in 3D arriving next week, it's hard not to start thinking about characters from the film such as the tattoo-faced Sith warrior Darth Maul, the skillful and intelligent Jedi master Qui-Gon Jinn and even the annoying amphibious creature Jar Jar Binks.

However, while these characters have survived and been seen on DVD for years and once more on the big screen, the comic book universe never really forgot about them.

Beyond the four-issue comic book adaptation of *Star Wars: Episode 1- The Phantom Menace*, Dark Horse Comics has published a variety of series featuring characters from this film.

One of the more memorable titles featuring *The Phantom Menace* characters was the four issue limited series, "Star Wars: Darth Maul" by writer Ron Marz ("Artifacts") and artist Drew Struzan in 2001.

The story, set prior to *Episode 1*, has Darth Maul set on a mission to destroy the head of Black Sun, a criminal organization.

In addition to telling a story featuring one of the best and most underused characters in the Star Wars universe, "Star Wars: Darth Maul" had the honor of bringing this Sith warrior to the comics for the first time.

According to the amazon.com description for the "Darth Maul" trade paperback, "'Star Wars: Darth Maul' is the first-ever graphic-novel adventure of the ultimate Sith enforcer, an explosive tale of intrigue, mystery, and blistering action."

This one particular tale has been reprinted in other comic collections such as "Rise of the Sith Omnibus."

Beyond the early appearance

of the Sith, another element of *The Phantom Menace* was being introduced to the cool, calm, and strong Jedi Master Qui-Gon Jinn and his Jedi padawan, Obi-Wan Kenobi.

This master-apprentice storyline always seemed ripe with further adventures and Dark Horse saw that with miniseries such as "Star Wars: Jedi Quest" by writer Ryder Windham and artist Pop Mhan and "Star Wars: Qui-Gon & Obi-Wan: The Auroient Express."

However, the adventures of Qui-Gon doesn't stop there as Dark Horse also presented more of Qui-Gon Jinn's origin in last year's miniseries, "Star Wars-The Dark Side" by writer Scott Allie and artist Muhmad Asrar.

The series took a deeper look into the mythos and man that is Qui-Gon Jinn as he learns to further work with the force as well as train a padawan named Xanatos before Obi-Wan.

In an interview with comic-bookresources.com, Allie explained how he wanted to approach Qui-Gon Jinn, a character who left enough to be explored following his one and only appearance in the film.

Allie said, "We know very little about him, but we know who he is at the time of *Episode 1*. And at that time, I think he can mainly be described as stoic. So how do I make a compelling character in a comics series who, when next we see him will be summed up in the word 'stoic?' What does he go through to become that way? Who is that guy?"

"Star Wars- The Dark Side" has been the only recent appearance of this masterful Jedi as well as a tale featuring young Obi-Wan and himself was presented within the pages of "Star Wars: Republic."

"Star Wars: Jedi Quest" was also included in the comic book collection, "Omnibus: Menace Revealed."

Now, last and somewhat least, is the character more detested by fan boys than the Sith, Jar Jar Binks. While most of Jar Jar appeared in the adaptation of *Episode 1* (and *Episode 2*), he also appeared in his own original tales within "Star Wars Tales" #20, an anthology of stories from across the Star Wars universe.

The Jar Jar story by writer/artist Peter Bagge was called "Failing Up with Jar Jar Binks," and featured the Naboo native creating more havoc in the Galactic Senate.

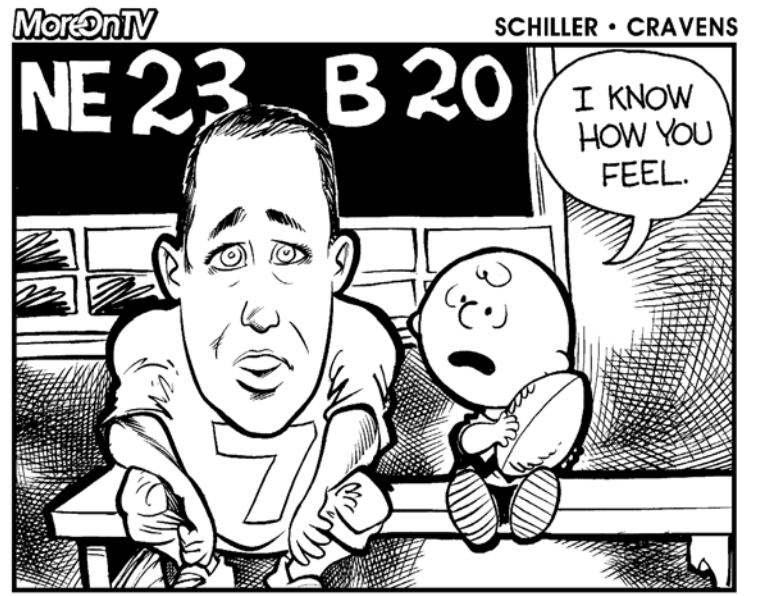
The following story involved Jar Jar's father in "George R. Binks" by writer/artist Tony Millionaire within the same issue. "George R. Binks" featured the senior Binks sailing around Naboo, fighting sea creatures, and surviving on a desert island in a short comic that looked like something from Jules Verne.

When "Star Wars Tales" #20 was released in 2004, a review from thefourtrail.com's Randy Lander read, "In the original solicitation, I was given to believe that the focus of this anthology was going to be on that most-hated of Star Wars characters, Jar Jar Binks. In fact, there are only two Jar Jar Binks stories, but they're both quite entertaining."

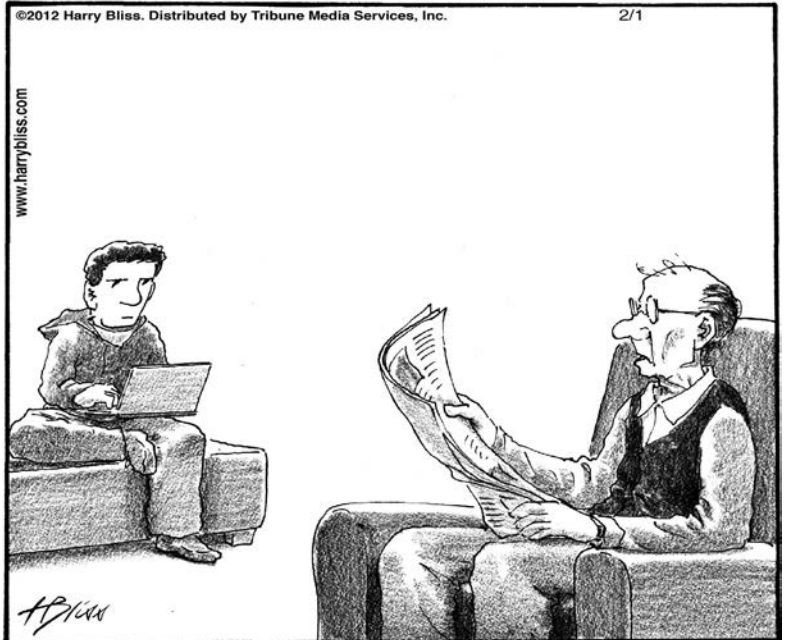
He continued to write that he enjoyed the serious, sea tale by Millionaire and Bagge's humorous story.

Although these particular characters have lived on past their cinematic appearances, they aren't the only ones to further develop their lives as Padme Amidala and Mace Windu have had stories featured on their exploits before and after this episode.

So, while fans gear up to see *Star Wars: Episode 1- The Phantom Menace* in 3-D, they should realize these characters haven't disappeared for years but found a new place to live.



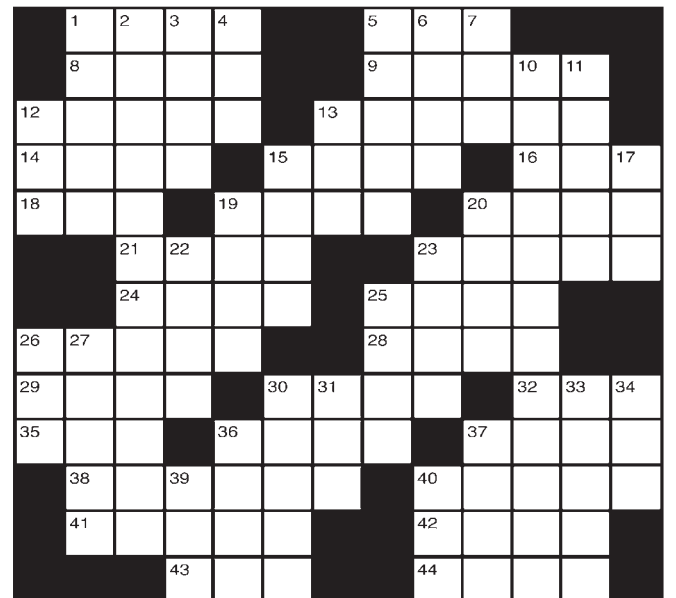
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"In my day we didn't 'scroll down' — we turned to Page 16, Section D!"

THE TV CROSSWORD

by Jacqueline E. Mathews



Created by Jacqueline E. Mathews

12/25/11

ACROSS

- 1 "Whose Line ___ Anyway?"
- 5 "American ___!"
- 8 Rogers or Kennedy
- 9 Fails to include
- 12 Stewart or Garner
- 13 Ted of "The Mary Tyler Moore Show"
- 14 "___ You Babe"; signature song for Sonny & Cher
- 15 "Close Encounters of the Third ___"; Richard Dreyfuss movie
- 16 Period in history
- 18 "___ in Trees"
- 19 Hayworth or Moreno
- 20 Sitcom about Deacon Frye
- 21 "See No Evil, ___ No Evil"; film for Richard Pryor and Gene Wilder
- 23 Like caramels and granola bars
- 24 Actor Estrada
- 25 Part of the leg
- 26 Opposite of hollow
- 28 Actor Brad
- 29 Kathryn of "Law & Order: Criminal Intent"
- 30 Hawaiian taro root dishes

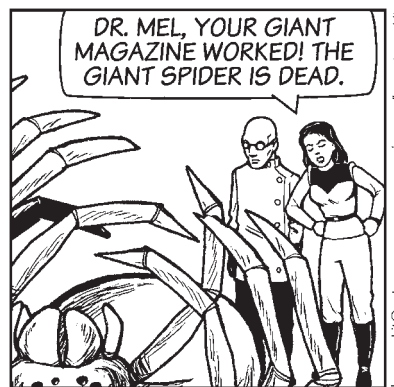
- 32 Biting reptile
- 35 Edison's monogram
- 36 Iowa export
- 37 Guinness or Baldwin
- 38 "Jeopardy!" host
- 40 Jennifer Garner spy series
- 41 Wading bird
- 42 "___ Man Standing"
- 43 Pauser's syllables
- 44 ___ in one's pants; nervousness

DOWN

- 1 Spitting ___; exact likeness
- 2 Actor on "The Big Bang Theory"
- 3 "How ___ Your Mother"
- 4 "... the season to be jolly..."
- 5 Laura Prepon's role on "That '70s Show"
- 6 Surrounded by
- 7 Like, hippie-style
- 10 Series for Simon Baker
- 11 Scatter
- 12 Nabors or Belushi
- 13 Caboodle's partner, in phrase
- 15 Douglas or Cameron
- 17 "___ Given Sunday"; film for Al Pacino and Dennis Quaid
- 19 Surprise attack
- 20 Make ___ with; impress favorably
- 22 One of the Great Lakes
- 23 Greek letters
- 25 "___ City"
- 26 ___ up; arrange
- 27 Give a speech
- 30 Wordsworth and Longfellow
- 31 Mork's planet
- 33 Does an usher's job
- 34 Mac alternatives
- 36 Short-distance two-way radio user
- 37 Actor Rachins
- 39 Prior to
- 40 State whose capital is Montgomery; abbr.



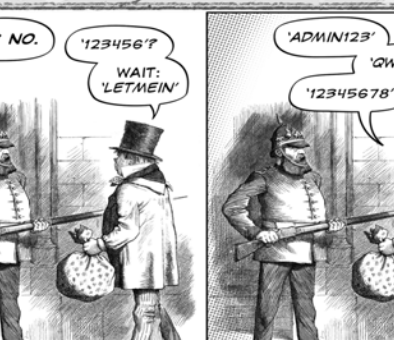
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Calamities of Nature by Tony Piro



WONDERMARK BY DAVID MALKI! free access to WONDERMARK.COM



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Road Warriors

Hawks Win Back-to-Back Games on the Road

ED MORLOCK
ASSISTANT SPORTS EDITOR

While students were away for Winter Break, the Men's basketball team had a couple of matchups with nationally recognized programs.

The Hawks traveled to North Carolina to face the sixth ranked Tar Heels on New Year's Day. Freshman Andrew Nicholas was up to the task, as he scored 22 points. Junior Jesse Steele also made an impact, scoring 17 points. MU lost to the Tar Heels 102-65, but not many teams are going to go into Chapel Hill and come away with a win. Head Coach King Rice and some of the other coaches are former players at North Carolina.

"That was a great trip. It was a great trip for our school, it was a great trip for our team to be able to play down in North Carolina," said Rice. "It was great for our staff, just to go back and be able to see all the people down there. Wish we could have won the game but our kids played really well."

Monmouth also hosted 25th ranked Harvard on January 10th. With just over six minutes remaining in the game, the Hawks were down 57-56. From here, Harvard took over and won 70-61. Steele led the way with 16 points, Marcus Ware was right behind him with 14.

"One of the hardest things for our guys to understand is that we work as hard as anybody, so we can beat any team in the country when we focus and do the things that we are supposed to do," said Rice. "I'm proud of our kids in

"One of the hardest things for our guys to understand is that we work as hard as anybody, so we can beat any team in the country when we focus and do the things that we are supposed to do."

KING RICE
Head Coach

the Harvard game. Harvard is a very, very good team. They play the right way. It was great for our kids to play well, but we want to get over the hump and beat those teams."

With 10 conference games remaining, and the Hawks sitting at 4-17 (2-6 in the Northeast Conference), Monmouth needs to im-

prove.

"I want to see us get better everyday, and I'm seeing that. We're competing more consistently," said Rice. "I'd like us to be able to play for 40 minutes every night and if we have to go to overtime, still continue to battle."

Thursday against Central Connecticut State, coach Rice's hopes came true. Not only did the Hawks fight for 40 minutes, they went into overtime and beat CCSU 58-56. Allowing only 56 points is one of Monmouth's best defensive efforts of the season. "I am so proud of our kids tonight," said Rice. "Their defensive effort was incredible."

Steele led the Hawks in scoring with 12 points. Dion Nesmith contributed 11 points, going three of five from three-point land. Steele also led the team with five assists.

This was coach Rice's first road NEC win with Monmouth.

Coach Rice picked up his second road NEC win Saturday when the Hawks traveled to Bryant. MU won 78-68 to improve to 6-17 (4-6) on the season.

"We were able to get two



PHOTO COURTESY of MU Photography

Marcus Ware looks to put up a shot against the 25th ranked Harvard Crimson on January 10.

straight road wins, which is great. Bryant made a huge push to get the win, but we were able to make the plays down the stretch," said Rice. "I am proud of the way this team continues to improve."

Steele had one of his best games of the season, shooting seven of 17 from the field and scoring 22 points. Nesmith and Austin Tilotson each added 11. Steele led the team in assists with four, and Nesmith paced the Hawks with six rebounds.

Monmouth is tied for sixth in the NEC at the moment.

They look to continue their winning streak with home games this week against conference opponents Sacred Heart and Quinnipiac. Sacred Heart comes to town on Thursday February 3, and the Hawks welcome Quinnipiac on Saturday February 4. Both games are at 7:00 pm. Both of these teams are tied in NEC standings with Monmouth, sporting 4-6 conference records.

Women's Basketball Winning Streak Stops at Eight

MAGGIE ZELINKA
STAFF WRITER

Hard work often leads to success in the sports world. For Lady Hawks basketball team, this old adage rings true. The Hawk cagers started their season poorly struggling through a 3-8 record prior to the long winter break. Regrouping, the team put together a good run and currently stand with an 11-9 record. The women have high hopes of ending the season with a championship trophy sitting on their mantle.

Being able to bounce back from such a poor record truly shows the Hawks are prepared to put up a battle for their title. When asked why she believed the ladies have been playing so well, freshman Danica Dragicevic said "I think that we are winning because our team sticks together."

The Monmouth Hawks had the chance to improve their winning streak to ten games with this past weekend since they played Bryant University on Saturday and Central Connecticut State on Monday. They fell to Bryant University this past weekend with a final score of 55-49 snapping their eight game winning streak.

When asked what sparked the streak to begin with, Coach Palmateer believes, "It was a culmination of the hard work the players have been putting in since the start of the season, the renewed energy the team came back with after Christmas break and great focus and determination. We faced some early season challenges coupled with a very tough non-conference schedule," Coach Palmateer said, "The result was some tough early season losses but in the long run I feel those challenges have made us stronger as a team."

During the first half, both teams

could not bring about their full attention to the game. Between Monmouth and Bryant, three-pointers were a common mistake and there were a total of 27 turnovers in that half alone. The two teams were tied at 14-14 during the first half but Bryant was able to pull away with 11 of the next 13 points to put Monmouth at a 25-16 disadvantage. At half time, the Bulldogs had a seven point advantage at 27-20.

It was difficult to determine who would win as the second half was under way. Although Monmouth never once gained the lead, they had their spurts of energy all throughout the second half of the game. At the four minute mark, the score was 43-42 in Bryant's favor, this is closest Monmouth had gotten to taking over the lead during the second half. When the timer read 1:22 left in play, the ladies only had a two point deficit with a score of 47-45. The Hawks were unable to get any closer to winning and Bryant seized control scoring eight points against Monmouth's four points. Highlights of the game included Alysha Womack's team high eleven points and Betsy Gadziala's team high six rebounds.

Fortunately, the Hawks had a chance to redeem themselves on Monday night when they traveled up north to play Central Connecticut State. Through out the game, it was apparent the teams were equally matched. Monmouth never gained more than two point lead during the first half of play. The Hawks and Blue Devils were neck and neck for the first ten minutes but then CCS was able to pull away and with eight minutes left on the clock, they had a comfortable eight point lead.

It was not until another three minutes either team would score

and fortunately for the Hawks, they were the ones able to put the ball in the basket. Out of the next 19 points, Monmouth had accounted for 12 of them. By half-time, the Hawks were only down by a two point deficit with a score of 26-24.

The second half of the CCS game proved a challenge for the Hawks, similar to the first. Within two minutes, the Blue Devils took a ten point lead. The Monmouth ladies were able to cut Connecticut's advantage down to two points with 11:48 left to play. By then, it was obvious this game would show no clear winner until the buzzer sound. The teams were tied with 5:44 left in play at 48-48 and tied again with 31 seconds left to play at 56-56.

The most exciting event of the night was not the back and forth ongoing battle between the two teams but it was Monmouth's star player, Womack, who was able to sink a three pointer with :01 left on the clock. The women won the game 59-56 sending them back on a winning streak and increasing their record to a comfortable 12-9 and a 7-3 for the NEC. Womack finished the game with 19 points, 13 of them coming in the second half. With eight regular season games to go, the ladies will verse rival Quinnipiac at home this Saturday. Tip-off is planned for 3:00 pm in the MAC.

As the season is winding down, these upcoming games will surely set the tone for what Monmouth's postseason play will look like. When asked to comment on what she thinks this season has meant thus far for the team, Coach Palmateer stated, "I feel like this is a building season and that this is a team that could win it all. As a team, we are working toward being able to win that champion-



PHOTO COURTESY of MU Athletics

Chevannah Paalvast drives to the net in last weeks match-up against St. Francis (Pa.).

ship; this team is very capable of accomplishing that goal, she continued, "They understand what needs to be done and they are very driven and determined to make that happen. When we bring our A game, we can compete with

anyone." Hopefully this stands true as the Hawks are preparing to face the number 1 and 2 teams in their conference this weekend. Monmouth will host both Quinnipiac on Saturday and Sacred Heart on Monday.

Several Track Athletes Qualify for ECAC and IC4A Championships

GAVIN MAZZAGLIA
STAFF WRITER

The men's and women's indoor track teams competed at the Bison Open at Bucknell University while some competed at the Terrier Classic at Boston University.

"At Bucknell, we had the most ECAC qualifiers ever for one meet between the men and the women," said Head Coach Joe Compagni. 14 athletes from both the men's and women's team qualified for the ECAC and IC4A Championships. 10 of the qualifiers were from the women's team, which set a record for the most qualifiers in a single weekend in school history. The Bison Invitational was held at Bucknell University in Lewisburg, Pennsylvania.

Some of the top finishers in the meet included a first place finish in the high jump from Ali Day, who posted a mark of 1.70 m/5'7". In the men's high jump, Jake Bartlett came in second place with a mark of 1.99 m/6'6.5". Also for the men, Ed Kramer tied for third in the high jump with a mark of 1.94 m/6'4.25". In the long jump, Stevenson Cajuste placed in third with a mark 6.60 m/21'7.75".

In the Terrier Invitational at Boston University, the distance medley relay team of Amanda Eller, Colleen Rutecki, Emily MacEwen, and Jennifer Nelson finished in second place with a time of 11:54.02, good enough to qualify the group for the ECAC Championships.

On the men's side, Vince Elardo came in first place in shot put with

a mark of 17.61 m/57'9.5". Errol Jeffery followed with a fifth place finish with a mark of 15.93 m/52'3.25". Taylor Bernstein came in eighth in the shot put with a mark of 15.62 m/51'3", good enough to qualify him for the IC4A Championships. Elardo came in second in the weight throw with a mark of 18.44 m/60'6". Jeffery followed with a sixth place finish with a mark of 16.30 m/53'5.75", which qualified him for the IC4A's.

"The competition has been well the last couple of weeks. It's going to be especially tough this weekend. There are going to be a lot of big name schools, including Texas and Florida," Elardo explained.

In the 4 by 400 relay, the team of Ben Boyd, Joe DiBianca, Bayaan Oluyadi, and Jon Marques came in seventh place with a time of 3:18.55, which qualified them for the IC4A's. In the 1,000 meter run, Ford Palmer finished in second place with a time 2:23.65. Palmer's time was the school's second best ever time for the 1,000 meter run.

"This will be my third year qualifying. I wasn't really thinking about it at the time. I was just trying to win the race," Palmer explained.

In the 500 meter dash, Oluyadi finished in seventh with a time of 1:05.36 while DiBianca finished in eighth with a time of 1:05.50.

Both the men's and women's team are ranked eighth according to the first edition of the U.S. Track & Field and Coaches Cross Country Association Mid-Atlantic Regional Index.



PHOTO COURTESY OF MU Photography
Ford Palmer recorded the University's second best time ever in the 1,000 meter run.

"It's good to be at this point this early in the season. It's also nice to be ranked in front of many of the other schools that we face," Compagni stated.

The Hawks will participate in the Moonlight at the MAC meet today. The events will begin at 4:00 PM and is scheduled to end at around 9:00 PM. Also, this weekend, some members of the team will be heading to New York City to compete in the New Balance Collegiate Invitational. The meet is scheduled for Friday and Saturday.

"We've been performing better than our expectations," said Laura Williams. "Starting from last year, we have become a lot faster and stronger."

Keeping MU's Women's Basketball Team Alive

DARIA DELUCCIA
STAFF WRITER

After 16 years as a collegiate assistant coach, Jenny Palmateer has become the University's seventh head coach for the women's basketball team. With the teams recent eight game winning streak, Palmateer seems to have stepped in to her new coaching position very successfully.

The New Jersey native grew up in South Amboy where she first started her basketball career. In high school, Palmateer led her team to four New Jersey State Championships, including the first ever girl's Tournament of Champions Title as a senior. Making the game winning shot in the TOC Semifinals against Pascack Valley was only the beginning step in her road to success with basketball.

Attending North Carolina University, Palmateer was the co-captain of the Wolfpack women's team her junior and senior years. After reaching the NCAA Tournament Sweet 16 twice, they were ranked eleventh in the country during the 1989-90 season. This placed them fifth in N.C. State's ACC regular season championship. During that same season, the Wolfpack won nine consecutive road wins, leaving a mark that still remains in Raleigh.

When asked if she had always seen herself coaching, Palmateer simply replied, "I didn't want to." She decided to take a different route upon graduating from North Carolina State. The basketball sensation elected to take up a career at IBM in the marketing department for about six months after graduation. The

star began missing the game that she loved so much and became involved in coaching as a volunteer at North Carolina State. Continuing to stay involved, Palmateer found herself in Virginia and coaching full-time. Palmateer then spent 10 years on the coaching staff at North Carolina State, followed by a period at Seton Hall as the recruiting coordinator.

With an eight game winning streak under their belts, the Hawks are having quite a successful season with an 11-9 record to date. "The winning streak was phenomenal," stated Palmateer. "Things are coming together and the team is working very hard." It is apparent

"With 13 active players and only five spots on the court at a time, they continue to work together without animosity towards people playing."

JENNY PALMATEER
Head Coach

that the team's hard work is paying off and they deserve each win that comes their way.

Being a N.J. native, Palmateer is more than happy to finally be back in her home state. Having a lot of family in this area is a great support system for the new head coach. Aside from being back in her home state, she is very pleased to be part of the University's coaching family. "I love it," explained Palmateer. "I couldn't have asked for a better place to start my head coaching career." With her family nearby and the support of the University's coaching staff, Palmateer feels very fortunate to have been given this opportunity.

Although Palmateer is coaching at a new facility, it does not mean that

she has given up on her coaching style. She may have felt that it was an interesting transition coming to the University; however, "I've stayed true to who I am. I believe in teaching, empowering, and encouraging," stated Palmateer. She feels very special to have been accepted so well by the staff that has been worked with her. Palmateer also feels very lucky to have a team of girls who not only work hard on the court, but also with their schoolwork. "There has to be a balance between the two," described Palmateer. "They all understand the balance between basketball and school."

When describing how she felt about her first season so far, Palmateer used "relieved" and "proud" to describe the feeling. Coming into a team that has already had success can be intimidating.

However, Palmateer was not afraid of stepping in to bring the team even more success. Not wanting any setbacks, Palmateer made sure to push her team trying to not let the new changes affect the girls' playing. With all of their continued success also comes pride in her team. "Each player has been working very hard," explained Palmateer. "With 13 active players and only five spots on the court at a time, they continue to work together without animosity towards people playing."

Coach Palmateer continues to pass along the advice and wisdom that was passed along to her throughout her basketball career. As a coach and a person, she tries to instill a positive mentality into her players about not only coaching basketball, but also about teaching life lessons.

Women's Lacrosse Hires New Assistant Coach

PRESS RELEASE

Brooke Foussadier has been added to the Monmouth University women's lacrosse staff, head coach Denise Wescott announced on Thursday.

Foussadier comes from nationally ranked Johns Hopkins, where she played attack for the Blue Jays. While at the Baltimore school, Foussadier helped lead Hopkins to a No. 17 ranking and was named Inside-Lacrosse.com Division I National Attacker of the Week for her part in upending then second-ranked Northwestern.

"I'm excited to have Brooke join our staff," said MU's Wescott. "I think her experience from Hopkins, a top-20 program, is going to bring a lot to this team. As an attack player, she brings a lot to the table, she is def-

initely going to raise our stick skills. I love her passion for lacrosse, I think she is a great addition to us."

The Turnersville, N.J., native will work with the Hawk attack as well as handle some recruiting and camp duties. Foussadier coached at the club level with the highly successful South Jersey Select team. While with S.J. Select she developed practice plans, managed team travel and registration and helped plan and run clinics.

Foussadier finished as the 20th most prolific scorer in Hopkins history with 61 career points. She completed her playing career as the Blue Jays' 17th all-time leading goal scorer (47) and is 12th in free position goals (15). Foussadier graduated from John's Hopkins in May of 2011 with a degree in public health.



A Look at Super Bowl XLVI and its Campus Buzz

DAN GUNDERMAN
STAFF WRITER

Can you name one sports moment that is quite vivid in your memory and you know you'll hold onto? How about the David Tyree catch against Rodney Harrison in Super Bowl XLII. If that clip still runs goose bumps down your spine, then you might be in luck. You may have the chance to relive that experience...

As we sit just days away from Super Bowl XLVI in Indianapolis, the Big Blue will soon get another shot at the title. They will play for their second Super Bowl championship in four years against the New England Patriots. Sound familiar? Well this was the same matchup as Super Bowl XLII where the Giants beat the 'Pats 17-14 in arguably the best Super Bowl ever played.

This year, the Giants carry much of the same momentum as they had in 2007. Rallying behind an explosive defense and the play of an elite Eli Manning, Tom Coughlin will lead his squad to Indianapolis against Bill Belichick and his always-trustworthy quarterback Tom Brady.

The 2007 road-warrior ideology reigns strong in the locker room today for the Giants as they have already beaten top-seeded Green Bay and 13-3 San Francisco to earn their spot in the Super Bowl. The Patriots, also 13-3, are still led by Brady who will be playing in his fifth Super Bowl.

One of the major developing stories out of this matchup, before a down has even been snapped, is the feat of Tom Coughlin. At mid-season, the Giants went from a top tier NFC team to a lower rank, .500 squad. But now, Coughlin has the opportunity to earn his second Super Bowl as a head coach of the Giants and possibly a Hall of Fame bid.

Obviously, the team cannot overlook the Patriots, who have continued their legacy as one of the greatest teams of the modern era. In his fifth Super Bowl start, Tom Brady will look to earn his fourth title. Players like BenJarvus Green-Ellis, Wes Welker, Rob Gronkowski, Aaron Hernandez and Julian Edelman will be instrumental for the Patriots on the

offensive side while Jered Mayo, Brandon Spikes and Vince Wilfork will solidify the nearly-impenetrable Patriot defense.

Here at Monmouth, students hold all kinds of valuable opinions about the game. As Super Bowl Sunday is nearly a national holiday, they remain very passionate about the matchup and added respectable input. Sophomore Gregg Cambareri remarked, "considering how the Giants season has gone, it will without a doubt come down to the fourth quarter." When asked of his prediction, Cambareri said, "the game may be won not by who played better but who gets the ball last."

"Both teams are on such magical runs, it's nearly impossible to pick a clear winner. The turnover battle will be crucial in determining that," he said. A lot of opinion coincides with that, as sophomore Shawn O'Conner added, "It's going to be a high-scoring game this time around, with the Giants winning 38-27."

As a non-Giants fan, O'Conner said, "I don't like the Giants, or their fans, and I don't like the Patriots, so I feel neutral about this game but I know it will be a good matchup."

Another sophomore, Tyler Hunt, remarked that he passionately thinks the Giants will lose but that "they have momentum, which could give them the game." Prediction-wise, he said, "if I had to choose, I think the Patriots will win."

Finally, MU student Matt Morchel contributed that he thinks "the Giants are going to lose in a close game because the Patriots are just too strong." When asked about the classic coaching matchup of the game Morchel said "both coaches took techniques from Parcells' coaching styles (as they were both assistants under Parcells' Giants), so you know it will be a good game."

The campus is buzzing with hype and opinion going into Sunday, and as far as I can tell, opinion is mixed. New England fans are quickly grouping against their New York buddies and one can expect an all-out war to take place at Lucas Oil Stadium. My opinion is a 24-21 New York Giants victory, but to all you New England fans, I come in peace.



WHEN THE GOING
GETS TOUGH
THE TOUGH GET GOING



Also in Sports:

Several track athletes qualify for ECAC and IC4A tournaments.

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The men's basketball team has fallen on some hard times this season but has found their winning touch, winning both of their last two games.

Full Story on page 22