



THE MONMOUTH UNIVERSITY'S STUDENT-RUN NEWSPAPER SINCE 1933

OUTLOOK



PHOTO COURTESY of Kim Grier

The "L" from the sign on Mullaney Hall was missing when students returned from winter break.

Repairing Mullaney Costs University \$9,080 in Damages

ANTHONY PANISSIDI
CO-NEWS EDITOR

As residents of Mullaney Hall returned from winter break, one missing "L" from the word "Mullaney" on the building's front served them with a reminder of the various acts of vandalism that took place within the residence hall last semester, costing the University \$9,080 in damages. Paying to fix the "L" and put it back where it belongs, above the entrance to Mullaney Hall, will further add to the money

the University has had to spend repairing its newest residence hall after the twelve counts of criminal behavior its residents engaged in last semester. Thomas V. Dellanno and Timothy W. Fichtler, both first-year students who used to live in Mullaney Hall, were charged last semester with one count of arson for removing papers from a bulletin board and lighting them on fire, according to Detective Corporal Jeffrey Layton of the University Police Department. They were also charged with one count of criminal at-

tempt for placing a stack of newspapers in a microwave in Laurel Hall, and one count of criminal mischief for burning posters, writing on walls, and urinating on furniture in both Mullaney and Laurel Halls, also according to Layton. Both Dellanno and Fichtler were caught because of witnesses and the new video cameras that were recently installed in the lobbies of the residence halls during the

Damages continued on pg. 3

Remodeling of Edison Hall in Progress

JOANNA ZIETARA
CO-NEWS EDITOR

The beginning of the new semester saw the demolition of Edison Science Hall, as the University has begun making way for the new Information Management addition. The renovation will add 11,000 square feet which will house all of the University's Information Management employees in one location.

As of today, the Information management employees are spread throughout campus, most of them being located on the first floor of Howard Hall.

After the employees are moved to the new additional space in Edison Hall, the University will convert the free space in Howard Hall into "a combination of classrooms and academic offices," said Patricia Swannack, the Vice President for Administrative Services.

According to Swannack, the total project is costing \$3.6 million.

Edward Christensen, the Vice President for Information Management, said, "The addition will consolidate the majority of the Information Management staff from Howard Hall and the library, will improve on information services continuity by moving the data center above sea level, and will further the

enhancement of our network infrastructure."

Trailers have been installed for use next to Howard and Edison Halls as classrooms because, according to Swannack, "Safety regulations prohibit us from performing construction above areas that are occupied."

As a result of the construction, 10 classrooms cannot be used in Edison Hall until the projected date of completion in August, 2011. "We wanted to be certain they [the trailers] were convenient for students while we continue to improve the quality of our facilities," Swannack said.

But to some students, the trailers are the opposite of convenient and many students are complaining about the University using trailers as classrooms.

Junior Chelsea Lorentz has two biology classes in trailer one, which she attends three times a week. "We always hear the class next to us and it's really annoying and disturbing," said Lorentz. "The ramps leading up to the trailers sound like someone brings a rolling backpack up and down a million times before each class," Lorentz continued. "They are freezing as well, I don't think the thermostats work," she added.

Edison continued on pg. 2

HERO Ceremony Honors Students' Sober Choices

JACKLYN KOUEFATI
CONTRIBUTING WRITER

The University welcomed its second annual Designated Driver HERO of The Year winner on January 25, 2011 at 4:00 pm in the Magill Commons Club Lounge.

"Be a HERO. Be the life of the party" is the new slogan for the Ensign John R. Elliott HERO Campaign for Designated Drivers.

The HERO Campaign was founded by William Elliott in honor of his son John Elliott. In May of 2000, John graduated from the United States Naval

Academy. Two months later on an early morning in July, John was killed by a drunk driver. From that day forward, Elliot made it his mission to prevent this tragedy from happening to parents across the United States.

The University came across this campaign back in 2007. President Paul G. Gaffney II was drawn to it because the HERO Campaign was promoting the use of designated drivers, rather than trying to eliminate alcohol consumption. Suanne Shaad, the

HERO continued on pg. 2



PHOTO COURTESY of Jacklyn Kouefati

Left to right: Bill Elliott, Suanne Schaad, winner Thomas Adair, and Drew Von Vargen pose after the ceremony.

Index	
News	2
Op/Ed	7
Politics	9
Lifestyles	10
Entertainment	12
Features	14
Club and Greek	17
Comics	21
Sports	22
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News

The renovations on Edison Hall are underway and are said to be finished by August 2011.

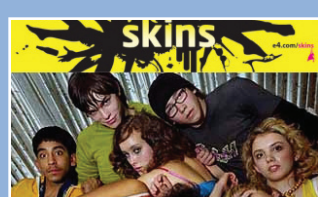
page 2



Opinion

The Super Bowl causes hype among all ages every year, but why?

page 7



Entertainment

"Skins" is the newest program in MTV's lineup and has been causing quite a stir.

page 13



Club & Greek

"Meet the Greeks" was scheduled this week for students, but a storm warning intervened.

page 16

Edison Renovations

Edison continued from pg. 1

Junior Chelsea Otton has a statistics class in one of the trailers and is not satisfied with the way the University handled the lack of classrooms due to construction. "The class I have in there is probably one of my most difficult classes this semester. The class next to us always gets out early, and the doors slam so loudly that the professor has to stop class for a good five minutes," said Otton.



PHOTO COURTESY of Kim Grier
The trailers are located next to Howard and Edison Halls and are serving as temporary classrooms until the reported construction completion date in August 2011.

enough for the math problems we will be learning," Otton said. While many students are complaining about the situa-

tion, some are staying positive and unfazed by the trailers on campus. "They have coat racks, spaciousness, easy navigation between the desks, and they are aesthetically pleasing. I don't see any other option that the University has in this situation," said junior Andrew Bachmann.

Tyler Bischoff, a junior, said the trailers are not a problem to him and that the students are overreacting.

"They even have projectors in them like any other classroom," Bischoff said.

For Conrad Sawicki, seeing the trailers on campus and finding out that one of his biology classes is located in trailer two was a shocking revelation. "I can't believe I'm paying 30 grand to learn in a trailer, while freezing my butt off," Sawicki said.

"The other day she [the professor] asked for a whiteboard to be brought to the room, but it never showed up. Apparently the chalk board is not big

enough for the math problems we will be learning," Otton said. While many students are complaining about the situa-

tion, some are staying positive and unfazed by the trailers on campus. "They have coat racks, spaciousness, easy navigation

The Catholic Center

Sunday Mass ~ 7 PM

Eucharistic Adoration ~ Mondays at 7 PM followed by Rosary at 8 PM

Daily Mass ~ Mondays through Thursdays ~ 12 PM in Wilson Hall Chapel

Bible Study ~ Wednesdays at 7:30 PM

Social Nights ~ Thursdays at 7 PM

**4 PM Service at the Catholic Ctr.
7 PM Mass & Ashes at the Catholic Ctr.**

Soup Kitchen Volunteering ~ the 3rd Saturday of every month ~ Meet at the Catholic Ctr. at 10:30 AM

**Catholic Centre at M.U.
16 Beechwood Avenue ~ 732-229-9300
Gate to our house is located in the rear of Lot 4, next to the Health Ctr.**

Check us out on the web: www.mucatholic.org & on Facebook: Monmouth University Catholic Centre

Designated Driver of the Year Announced

Hero continued from pg.1

University's Substance Awareness Coordinator, decided that students needed to learn more about this life-saving campaign.

Last year, the University named its first Designated Driver HERO of The Year winner, John Tronolone. He was nominated by his friend, Judy Onday. This year, he was a speaker at the second award ceremony.

Along with Tronolone, there were several other speakers. Schaad delivered the opening speech and gave some history about the HERO Campaign, Gaffney spoke on behalf of the University, and Elliot closed the ceremony with the following statement: "I just want to say on behalf of my family, I salute you, we salute you." Pam Tyson, part of the HERO Campaign, showed a few videos further explaining what message the campaign is trying to address.

Out of many participants and nomination essays, three finalists were picked: Candace Jahn,

senior, Alex Marino, first-year student, and Thomas Adair, senior. All finalists were nominated by either their friends or by themselves. The winner was not announced until the day of the ceremony.

When Marino was asked about what she did to earn this honor, she said, "I never saved a life, I just wanted my friends to get home safely." Marino is a full time student and an athlete on the lacrosse team.

Because of the number of participants, an honorable mention was given to one student who did not make it to the top three, senior Yvonne Bridell. After she was presented with the award, Schaad and Elliott announced the winners. Jahn placed third, Marino placed second, and Adair was awarded first place.

Third place received \$75 to the Monmouth Mall, a t-shirt, a certificate, and notarization proving the contestant won the award. Second place received the same items except \$100 to the Monmouth Mall and first place

received \$200 along with the previously listed items.

However, first place received more than just a monetary prize. Adair had been to a photo shoot previous to the ceremony and the pictures taken will be placed on two billboards; locations have yet to be announced. He will also have an opportunity to meet NFL players and MLB players from the Phillies. The Phillies were the first MLB team to sponsor the HERO Campaign and last year, they were involved with several commercials alongside the HERO winner.

"I'm excited to see what happens next," Adair said. His teammate on the soccer team, Drew Von Vargen, senior, nominated Adair for this award. Von Vargen read his nomination essay for Adair and said, "He'll go the distance for any one of his friends, so I feel obliged to reciprocate."

"I love this because it is a chance to showcase students making a positive decision about drinking and driving," Schaad said.

The HERO Campaign was created to make people more aware of their responsibilities when they partake in the consumption of alcohol. It is beginning to expand throughout northern New Jersey. Elliott announced that they will

be meeting with William Paterson University located in Wayne, New Jersey later on this week to promote the program. Elliot hopes that the HERO Campaign will reward every true hero behind the wheel.



PHOTO COURTESY of Jacklyn Kouefati
Finalist Alex Marino attended the ceremony with her family.

CRIME BLOTTER

THEFT UNFOUNDED/ITEM FOUND AT HOME
1/26/11- B/W 9:00 AM-1:00 PM
LIBRARY

CRIMINAL MISCHIEF
1/27/11 - 1/28/11 4:00 PM- 9:59 AM
MULLANEY HALL

PULA/STUDENT MISCONDUCT
1/30/11 - 2:13AM
ELMWOOD HALL

BIAS HARASSMENT
1/30/11 - 3:13 AM
OAKWOOD HALL

PULA/STUDENT MISCONDUCT
1/30/11 - 2:21AM
LAUREL HALL

PULA/STUDENT MISCONDUCT
1/30/11 - 3:30 AM
MULLANEY HALL

WED.

THURS.

FRI.

SAT.

SUN.

MON.

TUES.

1/26-1/30

Dr. King Celebrated in Anacon

ELIZA MILLER
STAFF WRITER

In order to celebrate Martin Luther King and his impact on civil rights, the University held their annual Martin Luther King Children's Festival on Tuesday, January 25 in Anacon Hall from 10:00 am to 12:00 pm.

The MLK Children's Festival was attended by children from six different local schools. The children were able to enjoy crafts and activities offered to honor and learn about Martin Luther King. Around 240 children attended the event this year.

There were 23 different organizations and clubs who held booths this year including Student Government Association, CEC, IRA, Psychology Club, Tau Kappa Epsilon, Study Abroad Club, MU Review, All Lifestyles Included, Latin American Student Organization, Greek Senate, Delta Phi Epsilon, African American Student Union, National Council of Negro Women, Dance Team, Alpha Xi Delta, Kappa Delta Pi, Social Work Society, Comm. Works, SIFE, Sociology Club, and African American Heritage Museum of N.J.

Each sponsor had their own booth set up where they each had different activities for the children who attended to enjoy. The IRA club had a quilt activity and they donated scarves to charity. The Dance Team taught roots of African dance to children. Greek Senate had students make African masks. SIFE had a projection slideshow for children to watch.

A member of Tau Kappa Epsilon, Brian Haliskoe, said,

"Our booth allowed for children to be creative and celebrate diversity by being able to use different colors to finger paint. One of the children that finger painted put a different color on each of her fingers and then made a hand filled with different colors to show diversity in the world which was very creative."

Other activities that students could enjoy at each booth included diversity tattoos, coloring pictures of Martin Luther King, Capoeira Dancing, making blankets for infants, diversity keychains, diversity pictures frames, make your own unity wreath, making Kufi hats, make birthday cards for children in the hospital, and peace bracelets.

Heather Kelly, the Assistant Director of Student Activities for Multicultural and Diversity Initiatives, set up the event. "The MLK Children's Festival went well this year and I was very impressed with all of the student groups. Every year we hear back that the children enjoyed the event and had a good time," Kelly said.

"The Children complained when they had to leave because they were having so much fun at each booth. I always feel that the children are always warming up and then it goes by so quick and they have to go. Overall the children definitely enjoyed themselves and were able to honor Martin Luther King in a fun way," Kelly added.

At the conclusion of the event, many of the children took a tour of the University. By allowing for these children to see the University, the admissions staff gave the children insight into what college entails.

More U.S. Freshmen Feeling Overwhelmed, Survey Finds

LARRY GORDON
MCT CAMPUS

This year's college freshmen report feeling higher levels of emotional and financial stress than their predecessors did, according to a national survey conducted by researchers at the University of California, Los Angeles.

The annual "American Freshman" report, released Thursday, showed that only about half of current first-year students, 51.9 percent, rated their emotional

health above average or higher, down from 55.3 percent last year and the lowest since the question was first asked 25 years ago. Just 45.9 percent of women in the class described themselves as emotionally strong, compared with 59.1 percent of the men.

In addition, nearly two-thirds of this year's freshmen, 62.1 percent, said the recession had affected their choice of college, and 73.4 percent, up from 70 percent last year, are depending on grants and scholarships to help them through. The young people, interviewed just before they started classes in the fall, also reported relatively high rates of parental unemployment.

"What it means is that going into college, students are already feeling more stress and feeling more overwhelmed and

have lower emotional reserves to deal with that stress," said John H. Pryor, lead author of the report and managing director of UCLA's Higher Education Research Institute, which operates the survey.

First given in 1966, the annual survey is considered the nation's most comprehensive assessment of college students' attitudes. This year's report was based on the responses of more than 201,000 incoming freshmen at 279 four-year colleges and universities around the United States.

Pryor said he was struck this

games. The girls are more likely to be helping out with chores at home," he said, citing responses to other questions in the survey.

But on the positive side, record high proportions of the freshmen said they expected to participate in clubs and community service in college and to receive good grades. A strong majority, 57.6 percent, said there was a "very good chance" they would be satisfied with their college experience, the highest share since 1982. Pryor said he found that optimism to be heartening.

The report also looks at political attitudes of students, finding that 46.4 percent describe themselves as middle-of-the-road, 30.2 percent liberal or far left and 23.5 percent conservative or far right.

Researchers say that shows a modest shift from the liberal and left side of the spectrum to the middle, and may indicate a slight waning of the enthusiastic youth activism surrounding President Barack Obama's election in 2008.

In a new question this year, the survey found solid support among students for the legal right of gays and lesbians to adopt children, with 76.5 percent agreeing strongly or somewhat. That included a majority of freshmen who described themselves as conservative or far right politically.

"Going into college, students are already feeling more stress and feeling more overwhelmed and have lower emotional reserves to deal with that stress."

JOHN H. PRYOR

Managing Director of UCLA's Higher Education Research Institute

year by the gap between young men and young women in discussing whether they frequently felt overwhelmed by all they had to do at school, home and jobs as high school seniors. Nearly 39 percent of women said they were often overwhelmed, more than twice the share of the men. Overall, more than 29 percent said they had felt such stress, up two percentage points from the year before.

The gender gap, Pryor speculated, may be attributed to what young people do at home. "The guys are spending more time in stress-relieving activities, like watching TV and playing video

University Spends \$9,080 On Repairs

Damages continued from pg. 1

summer of 2010.

"Their charges are currently pending action in Superior Court and they have also been referred to [the University office of] Judicial Affairs," said Layton.

Neither Dellanno nor Fichtler live on campus and are no longer registered students, according to Shannon Killeen, Assistant Vice President for Student Services from the Office of Judicial Affairs. Killeen could not reveal the reasons as to why the students are not registered.

While Dellanno and Fichtler were not sued by the University, the court has been asked to order restitution.

"The reason the [cost of the] damages is so high is that since the furniture involved is used in a dormitory setting, it cannot be thoroughly cleaned," explained Layton. "Cleaning would deteriorate the fireproofing on the furniture, meaning the soiled furniture had to be thrown out and replaced."

In Laurel Hall, the University spent \$1,665 to replace five sets of seat cushions and \$200 to clean. In Mullaney Hall, the University spent \$3,297 to replace three love seats, \$2,918 to replace two sofas, \$600 to have the new furniture delivered, and \$400 to install it, according to Layton.

While no arrests were made for the four exit signs that were ripped out of the ceiling and found dangling by the wires one morning last semester, each exit sign cost the University roughly \$26 each to replace.

After November 1, 2010, Mullaney Hall began to see a turn-

around in the behavior of its residents.

Brad Bennett, the Residence Hall Director (RHD) of both Mullaney and Maplewood Halls, believes that the decrease in criminal behavior can be attributed to the keeping of two Resident Assistants (RAs) on duty every night, a policy that was first enacted midway through October last semester. "I feel like that strategy worked. Our staff was vigilante and visual, and the number of incidents dropped. I think we only had one incident last semester after putting two RAs on duty every night," said Bennett.

The University Crime Log Update, however, reported that Mullaney Hall had three reported counts of criminal behavior between mid-October and the end of the semester.

"The number of incidents did decrease once we had two people on duty every night," said Stefania Flecca, who served as one of the RAs on the first floor of Mullaney Hall last semester, but is now an apartment manager in Maplewood Hall. "Once the students were addressed about their behavior at a floor meeting, the incidents decreased," said Flecca.

According to both Flecca and Bennett, Flecca's move from Mullaney Hall to Maplewood Hall was not related to the criminal behavior that occurred last semester. "Honestly, I really enjoyed being an RA in Mullaney. Though there were a few incidents, a majority of the residents in that building were great residents. I am happy to be in a more challenging position and I have full faith that the RAs in Mullaney, new and old, will be able to

handle whatever comes their way," said Flecca.

Currently, the policy of having two RAs on duty only applies to Thursday through Sunday, while just one RA is required to be on duty Monday through Wednesday, according to Bennett.

Bennett and his staff also plan to continue using recreational programs to keep Mullaney Hall residents engaged in campus life and discourage the potential for criminal behavior. "The RAs are still required to host their programs which require a minimum number of students to be counted as a program," said Bennett. "Also, the Center for Student Success and the Tutoring Center will be sponsoring workshops in the building that deal with time management, study skills, effective note taking, and other things like that."

"I think this semester the Mullaney residents will be smarter about their actions," said Kaitlyn Mastrolillo, one of the first-year students who resided in Mullaney Hall last semester and has returned for a second one. "Of course there will always be problems here and there," continued Mastrolillo, "but now residents are used to living in this new environment and are no longer letting the excitement get to them. The residents have also learned their lessons from the other students who have caused problems in the past," she added.

From 2007-2009, the University had 207 arrests for liquor law violations and 30 arrests for drug abuse violations, according to the Office of Post-Secondary Education (OPE), a division of the U.S. Department of Education that pro-

vides statistics regarding safety on college campuses nationwide.

Rider University was the only other private, four-year, New Jersey college with 5,000-9,999 students enrolled that came close to Monmouth in these categories. It also had 30 arrests for drug abuse violations and 178 arrests for liquor law violations from 2007-2009, according to the OPE.

On the contrary, Princeton University had just 11 drug abuse violations and 20 liquor law violations in its on-campus housing facilities over that same three year period. Additionally, Stevens Institute of Technology had no arrests in either category from 2007-2009.

Mary Anne Nagy, Vice President for Student and Community Services, believes the OPE's high numbers regarding criminal offenses at the University are a good sign, as she called them "indicative of safety that shows the enforcement of Monmouth University policies. It's unusual to have a full fledged police force on campus. It serves to our advantage," she said.

Nagy contrasted the University with Rider University, the latter of which she mentioned relies on the police force from the township in which they are located as well as a public safety security staff. Unlike MUPD, public safety officers are not sworn officers and cannot make arrests or charge people criminally, according to Nagy.

"One reason our numbers are higher than other schools is because we have a very good and responsible staff at the Office of Residential Life who report underage drinking," said Chief of University Police William McElrath. "We also have

a very visible and sworn police department that can take action when they come upon such instances."

So far this semester, Laurel Hall has had one case of student misconduct and two cases involving a person under the legal age arrested, while Mullaney Hall has had one unfounded case of domestic assault and one case of criminal mischief, according to the University Crime Log Update.

"I hope that they act responsibly, watch out for each other, focus on their studies, and enjoy their Monmouth University experience," said Layton, expressing his hopes regarding campus residents in light of what happened last semester in Mullaney and Laurel Halls.

As for the missing "L" on Mullaney Hall, it had nothing to do with vandalism or criminal misconduct of any sort.

"It simply fell off the building during one of our storms," said Layton. "It was found on the ground in the area from which it fell and it's waiting to be reinstalled," he continued.

"The 'L' fell off during winter break after a chunk of ice hit it," said Bennett.

In the event of an emergency, Bennett can be reached by phone at 732-263-6029, through his e-mail address which is bbennett@monmouth.edu, or in his office located in the lobby of Mullaney Hall Monday through Friday from 9:00 am to 5:00 pm.

Statistics regarding criminal behavior on college campuses nationwide can be found on the Office of Post-Secondary Education's website at <http://ope.ed.gov/security/index.aspx>.

IT Professor Uses Facebook as a Learning Tool

SWATHI KORNATIREDDY
CONTRIBUTING WRITER

"Is there anyone in the class that does not have a Facebook account? Great. Could you open it up, please? I have something to show you," said Maureen Paparella to her 150 IT students.

The students were astounded. Before Paparella had the opportunity to implement her unconventional and novel lesson plan to use Facebook in a manner that not any of her students had ever experienced before, she captured their attention with shock and awe.

Student Sarah Cornell, stated, "It was really surprising to hear a professor ask students to open Facebook...we are just so accustomed to being asked to close it."

The faculty members were just as flabbergasted.

"When I heard that Professor Paparella was on Facebook, I almost fell off my chair," said Dr. William Lawless, an Information Technology colleague of Paparella's in the Department of Computer Science and Software Engineering.

Following a chuckle, Dr. Lawless explained, "Professor Paparella has been warning us of the dangers of social networks at faculty training sessions for years." Just as a 2009 issue of Facultyfocus.com warned college faculty, "If you want to start a lively debate with your colleagues, just say one word: Facebook."

With constant media acknowledgement that Marc Zuckerberg, founder and CEO of Facebook, is the world's youngest billionaire at 26-years-old, according to Forbes.com, and more recently, that he was the subject of the box office success, "Social Network," one might wonder if this could be all about the old ad-

age, "if you can't beat 'em, join 'em?"

Now supported by over 500 million users worldwide, and according to the "60 Minutes" report on Sunday, December 5, 2010, the most visited site on the Internet beating even Google, it is a college student favorite. According to Anderson Analytics 2009-2010 GenX2Z American College Student Survey, Facebook is "the only social networking site that really matters." The research concludes that Facebook is fast becoming "not just" a social network, "but a mass medium."

Paparella, the Director of the Information Technology Minor and Certificate Program at the University, points to this research in her explanation that her "best opportunity" to reach her students with course curricula is in the place where they consume most of their leisure time.

Paparella found that as of a few semesters ago, every "traditional" student in each of her classes has had a Facebook account. She found only two students who did not have a Facebook account, both of whom were also members of the faculty.

When surveyed to determine how much time her students spend on Facebook in a given day, the students indicated an average of two hours per day. Beginning this semester, Paparella asked students to consider her request to connect, or "like," in Facebook lingo, a page created by the the University Chapter of Upsilon Pi Epsilon, the international honor society for the computing and information disciplines, for which Paparella is the advisor.

Upsilon Pi Epsilon, whose mission is to engage in activities that support the computing disciplines, was excited to pursue the idea brought to them by Paparella. Maura Breiner, UPE President, said, "All of us learn

so much from the information contained on this page. It forces all of us to stay current."

The new Facebook page is named "Monmouth University Information Technology Minor and Certificate Program" and the page is updated regularly to hold information about current topics in technology, an important part of the content of Paparella's course. "Every student who 'likes' this page receives this information in their news feeds every time they log into Facebook."

"It's great," says student Sarah Oseroff, "I am learning the material without feeling as though I am working...learning this material is stress-free."

Paparella feels that it is important not to violate the students' interest in Facebook as a "social" site. In a memo to the IT faculty, she requested that they not "friend" students in the midst of this trial. She points out that "the boundaries for the faculty-student relationship emulate the manager-subordinate relationship." In addition, she warns faculty that "students should never be required to 'like' the site," as such a decision may violate the students' interests.

Paparella believes that the success of this trial has been that students "own" the decision to "like" the site or ignore it, just as any other account on Facebook. She believes that "our ability to constantly reach students with pertinent information during their down time represents an opportunity for teaching and learning that cannot be ignored."

Dr. Eugene Simko, Associate Professor of Management for the Department of Management and Marketing in the School of Business concurs. Also a member of Upsilon Pi Epsilon, Simko believes this is an "unprecedented prospect" that he

"never imagined would present itself to the higher education community."

While some studies have concluded that students who use Facebook feel more social support in college and are better able to facilitate connections to study groups and research, such as in a recent Michigan State University (MSU) study purporting a "social capital" theoretical framework, others have indicated cause for concern.

An April, 2009 Ohio State University (OSU) study reported that Facebook users have lower grades and spend less time studying. To these findings, Paparella responds, "all the more reason we should attempt to be accessible to students to remind them of the pertinent content of their coursework."

Paparella concedes, however, that the faculty time consumed by maintaining such a site can be daunting. Even with UPE assistance, she confesses that she has needed to intercede to be certain that the site is kept current.

"If I wasn't entering the data here, I would be uploading it to my course management system. Current information in the computing disciplines is critical," said Paparella.

Paparella also explains that even though she is using Facebook "for professional productivity" and "intermittently" for her own ability to connect to her large family, she continues to warn students and faculty of the dangers of using Facebook or any other medium without attention to safety.

"Just as we buckle our seatbelts and strive to drive our cars defensively, we need to consider the risks to our privacy and other safety concerns when utilizing social networks," she said.

Paparella admits that such con-

cerns kept her away from such sites until October 2009, when she believed she had no choice but to "understand the place where my students live."

Indeed, research confirms that college students do live in a digital world.

Research conducted by the International Center for Media & the Public Agenda (ICMPA) and students at the Philip Merrill College of Journalism at the University of Maryland in the spring of 2010 concluded that teens and young adults today "place an unprecedented priority on cultivating an almost minute-to-minute connection with friends and family." The study reported that "much of that energy is going towards cultivating a digital relationship with people who could be met face-to-face – but oftentimes the digital relationship is the preferred form of contact: it's fast and it's controllable."

The ICPMA study indicated that college students are even more digital than teens; approximately 200 students participated in the study and many reported sending 5,000 text messages per month, with one reporting 9,000 text messages per month.

Paparella credits Dr. Catherine Duckett, the Associate Dean of the University's School of Science, who joined the faculty a little more than a year ago, for inspiring her to use Facebook in a professional capacity.

"Dr. Duckett has used Facebook successfully to advance the activities of the School of Science as she maintains several pages she invited me to 'like.' As I had just joined the medium only a short time before her invitations, I immediately recognized the value of the information I constantly observed when viewing the newsfeeds," explained Paparella.

SCHOOL OF SCIENCE Career Choices Roundtable

When: Tuesday, February 8th (5PM-8:30PM) **Where:** Magill Commons, Club Rooms 107, 108, Lounge, and Dining Room

The Career Choices Roundtable is a chance for students from Freshman to Seniors to broaden their horizons and learn about different careers and job choices in the real world!

Speakers from many different science, math, & health professions will speak about programs such as:

- Cryptography
- Using World of War Craft to solve modeling problems
- Culture of transgenic cells

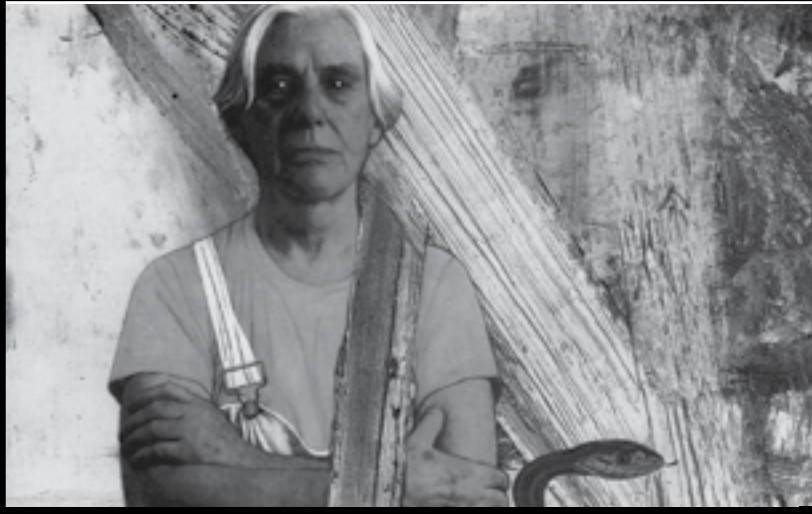
Plus sessions on general workforce readiness, resumes, and cover letters

Are you not sure what you want to do after Monmouth?

Learn about different choices and how to position yourself for the career you want!

Center of Distinction for the Arts

AT MONMOUTH UNIVERSITY



Edward E. Jankowski: Art & Influences
Selected Works from 1971 to 2011 Collages,
Paintings, Sculpture and Collected Aartifacts
January 24 - March 11
Lecture: Fri | Feb 4 | 6 - 7 pm | *Wilson Hall Auditorium*
Reception: Fri | Feb 4 | 7 - 9 pm | *Ice House Gallery*



Ailey II
Masters of Dance
Sun | Feb 13 | 7 pm
Pollak Theatre

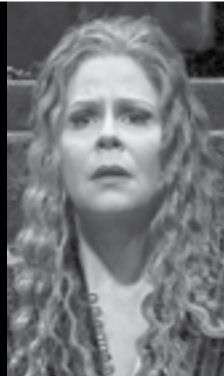


Leahy
Celtic-Scottish Performers
Fri | Feb 25 | 8 pm
Pollak Theatre

The National Theatre of London, Live presents:
Danny Boyle's production of **Frankenstein**
A play by Nick Dear, based on the novel by Mary Shelly
Thurs | Mar 24 | 7 pm
Pollak Theatre



Adams
Nixon in China
Sat | Feb 12 | 1 pm
Encore:
None
Pollak Theatre



Gluck
Iphigénie en Tauride
Sat | Feb 26 | 1 pm
Encore:
Sun | Mar 13 | 7 pm
Pollak Theatre



The Department of Music and Theatre Arts presents:
Godspell
Thurs, Feb 24 - Sat, Feb 26 | 8 pm
Sun, Feb 27 | 3 pm
Wed, Mar 2 & Thur, Mar 3 | 8 pm
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New Year's Resolution or a Temporary Solution?

THE OUTLOOK STAFF OPINION

"As soon as the New Year starts I'm going to (add some sort of self-improvement here)." Does this sound familiar?

Each year, people all over the world set New Year's resolutions or some sort of goal for themselves once the New Year begins. Sadly, after a few weeks pass people seem to forget about these resolutions and they slip into old habits.

For example, a common New Year's resolution is to work out and get into great shape. Many people work out for the first couple of weeks, but then they slowly begin to trail off from their goal. This can be seen in the gym in the MAC. When the semester begins, the gym is loaded with tons of people. However, as classes begin to pick up and we get deeper into the semester, the crowd at the gym dies down greatly.

Many New Year's resolutions fall off in the same way and it seems to be a recurring pattern that happens year in and year out. The question is: Why do most people set these goals and then do not carry them out? We found several reasons why this occurs and we were able to pin point a few.

A few possible reasons why this occurs is because of overwhelming workloads students face throughout the course of the semester, it is easier to come up with ideas than to actually carry them out, wishful thinking in setting unreachable goals, and people go about resolu-

tions in the wrong way.

When people set these resolutions, most of the time they are on break for the holidays and are just sitting around without having to do school work or go to work. Once people return to these priorities, they easily forget about their goals and get right back into their old routines. Here at Monmouth, the old routines consist of constant bombardment of school work that lasts until the very last day of finals. This leaves students with very little time to do what they originally intended on doing to better themselves.

As the saying goes, some things are easier said than done. With that being said, it is much easier to say you are going to do something in the New Year than to actually do it. Anyone can come out and say they are going to lose 15 pounds in the New Year, but it takes hard work and dedication to actually make it happen. Unfortunately, people do not have enough time and they get away from their plan for the New Year. Sometimes everyday life can feel more important than a resolution and this is a big reason why people are so quick to drop them and forget about what they had once set out to do.

Sometimes people just set their goals way too high and at the first sign of failure—they drop it. For example, if a person comes out and says that he or she hopes to lose 40 pounds in the new year, they have to realize that this is a huge goal and in order to achieve it, they are going to have to work at it every

day. Most people have a lot going on in their lives and they cannot devote that amount of time to reaching their resolutions. Instead of setting huge goals like this, people should just take a step back and think about how to reach it by going slow and taking baby steps.

People use New Year's resolutions as an excuse for motivation. It is wise to reevaluate yourself at the end of the year to see how you could have done things differently or better throughout the year. However, they shouldn't set a resolution to change, but instead they should simply alter little things about their lifestyle.

It is in this manner, that New Year's resolutions can be a good thing. If people change certain things in their life and they continuously work hard and are committed, then there is no reason that one cannot achieve their goal. If people plan out their goal by making a schedule or even setting up a calendar, then it adds that much more motivation for one to do what they wish. This also adds a list of small steps which makes the path to achieving your goal that much easier.

So when one decides to set a New Year's resolution for him or herself, they are going to come to a crossroad. You can either go down the road to reaching your goal and make plans to reach it, or you can join the numerous people each year who decide to drop their resolutions not even a month into the New Year. The choice is up to you.



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Why Sunday's Super Bowl is One for the Books

ROBYN FLYNN
ASSOCIATE OPINION EDITOR

What makes for a good Super Bowl? Is it the game itself? An exciting fourth quarter that has everyone on their seats, like we saw in Super Bowl XLII with Tyree's winning catch? Is it when we have a big name celebrity player playing, such as last year when Peyton Manning was starting? I find that it could be a combination of these two but it's more than that. What makes a great Super Bowl is pretty simple; it's the story behind the teams. That's what the fans and general public would rather hear about, such as the phenomenon that was experienced when the New Orleans Saints won last year.

This year will have the same effect. Pittsburgh and Green Bay, say the names of these two towns and football is the first thing that comes to mind. These are two cities with foot-

ball embedded in both their history and their modern culture. They are not the only legendary teams in the National Football League but they certainly are the two that do the best job of representing their respective cities.

Think about the history, there's a reason they are calling this the "Blue Collar Super Bowl". As for packing plants and steel workers, you probably won't find too many in Green Bay nor will you have much luck in Pittsburgh. What you will find however, is a city that is rich in their respect for what once defined them as a city. Not many cities can say that.

Another thing that sets these two teams apart from the rest of the league is the loyalty seen

among both the players and owners alike. For instance, Pittsburgh has not fired a head

coach in over 40 years. There is a certain "home town" feel that these two teams will bring to the game that is unparalleled in

enjoyable to watch.

Both the Packers and the Steelers also have a history with the Super Bowl itself. This Sunday, Pittsburgh will fight to come out of the game with their franchise's seventh Super Bowl win, the most in the league since the beginning of the Super Bowl. Speaking of the beginning, Green Bay was the team that took home the very first win from the game, also the second, so making it to this point in the season is special to their franchise as well, as they won the original game.

Fans like to watch a football game that has not only great plays, but one that has a spirit you can feel, one that makes you root for either team even if your team didn't make the first round of the playoffs. That's what these two teams will bring to the Super Bowl this year, and that's why this Sunday we will see a great game that is one for the books.



PHOTO COURTESY of <http://assets.sbnation.com>

NFL fans are looking forward to a "Blue Collar Super Bowl" on Sunday.

everywhere appreciate the history behind these teams and what they bring to the game, because that is what makes it

Is Dropping Your Pants a True Sign of Team Spirit?

EUGENIA BROADUS
CONTRIBUTING WRITER

Sports fans are generally law-abiding members of society but sometimes they become disoriented drunken streakers; eluding police in their glory dash across fields. Diehard sports fans wear nothing but their birthday suits and some colored paint, often breaking tackles and dodging taser guns. Males are usually the pesty culprits, but women too are now streaking across tennis courts, golf courses, and football and baseball fields.

These daring fans' latest task has been coating their bodies in appalling messages while showing support for their respective teams. Abs are not included and often, there is actually a gut required.

Professional athletic events have heightened security on the field to ensure average drunken college students won't make ESPN's Sports Center Top Ten for exposing themselves. The

footage of the streakers running through the out of shape security staff is hysterical, but families with their children don't find the stunt appealing. The suspects are always apprehended but usually only receive a slap on the wrist in the judicial system and become a YouTube phenomenon over night. However, some franchises have banned the nude fans from ever attending another game, along with a reasonable fine.

One offender was charged and labeled as a sex offender after he dashed onto the field. Does the punishment fit the crime? Are streakers sex offenders?

Sure, they are stupid for exposing themselves on such a particular woman

actually ran on the field during a soccer game while the teams were playing and scored a goal. These occurrences add to the allure of streaking and peoples' desire to take part in the chaos, when in reality, streakers are an inconvenience to the game being played and disturbing. Still, some cheer on the commotion. The antics they provide serve as a cheap source of entertainment, right? Well, maybe not. The intentions of the naked sports fan aren't exactly harmful, but this has the National Football League (NFL) and Major League Baseball (MLB) holding long meetings about how to control the new epidemic of streakers.

Since then, dancing around in little or no clothes has placed a number of people in the back of police cars. The MLB has adopted the new policy of using the taser gun to apprehend the streakers, in order to avoid the 10 minute scuffle that normally ensues as security chases the offender.

Streakers are a spontaneous bunch of individuals who have enough nerve to expose themselves in front of millions of people. Most people have trouble speaking in front of small groups and to think these people are brave enough to prance around in their birthday suits is impressive. Maybe alcohol is to blame or maybe they lost a bet, but whatever the case is, streakers are now becoming game time entertainment. This takes the idea of playing shirts and skins to an entirely different level.



PHOTO COURTESY of deadspin.com

Streaker gets tackled during a rugby match.

public stage without real reason; as if any reason would be

but this has the National Football League (NFL) and Major

New Jersey May Lack the Same Common Courtesy Found in New York

ALAN KAHN
CONTRIBUTING WRITER

People aren't considerate these days. I don't know what happened to common courtesy, but it seems like people...well...mostly people from New Jersey, aren't practicing it. You know those days when everything just seems to go wrong? Living in New Jersey, I have learned to love those days. The days where I wake up, find that I'm out of milk, and spill my coffee all over my car seat which makes me late for work/school. I know on these days that I have to take deep breaths.

I really am amused by bad days. They're the days that I feel like I become endowed with psychic powers where I can predict exactly when and which car will cut me off, along with exactly what will go wrong next.

I frequently climb in upstate New York. It can get pretty crowded in the mountain preserve with people traveling from all over the world. The New Yorkers are great, they look at you, smile, and say hello as they walk

past. But I can always tell who else is from New Jersey, because I will say hello and they will stare right back at me, confused, and keep walking.

I'm used to being treated like a lesser human being from my time working at a gas station. People always drive up and hand me their credit cards without saying anything and look at me as if I can read their minds. Some people drive up, hand me money, and close their window to talk on their cell phone without specifying what type of gas they need. I get people asking for odd numbers like

86 cents of regular gasoline, and then have them hand me 58 cents; just enough money to piss me off.

person who is fairly young, but should have never been given a license.

They're easily identifiable as

the cars that pull onto the highway without even slowing down to look to see if cars are whizzing by. They're also the cars that will be courteous enough to give us the finger when we need to merge into a lane, and will often break check us when we are within five yards of their bumper.

Peoples' driving skills have forced me into paranoia.

Any honk that lasts longer than half a second becomes a signal of rage. In order to appease those who are in line during a merge, I

have to make eye contact, wave, and smile in order to show them I'm not a threat.

Now it seems that anyone who drives slower than me is a moron and anyone who drives faster than me is a maniac. I am not satisfied when driving the speed limit unless I see a cop car sitting in a speed trap. I am also not satisfied when speeding through a green light unless it turns yellow as soon as I go past, forcing the car in back of me to come to a stop.

As a proud New Jersey resident, I am calling other New Jerseyans to action.

We need to change the way we think, the way we drive, the way we interact with other human beings. In order to keep us sane, and from being very lonely, we need to learn how to be considerate.

So next time you're walking past a stranger, why don't you say hello? When you're on the highway, how about giving that "maniac" or "moron" the benefit of the doubt? We all have bad days, we should work together to make them good ones.



PHOTO COURTESY of electrical-designer-guide.com

New Jersey residents should work together to make the best of a bad day.

We all know an old person who definitely should not be driving anymore, as well as a

It's Time for New Jersey to Pass Anti-Gang Legislature

Budget Cuts that Affect Police Departments Make Matters Worse

DEREK DELUCA
STAFF WRITER

Gangs continue to be a widespread force in New Jersey, as the New Jersey State Police reported that in the past year, 45 percent of municipalities and all 21 counties had some kind of gang presence.

In its fourth such survey, titled "Gangs in New Jersey: Municipal Law Enforcement Response to the 2010 NJSP Gang Survey," State Police identified 244 distinct gangs and 1,575 gangs operating throughout New Jersey.

Authorities surveyed nearly all 566 municipalities, with only Elizabeth declining to participate.

The report indicates that 30 new towns reported some kind of gang presence in 2010. Nine towns that reported a gang presence in previous years reported no presence in 2010.

Of the gangs reported, 10 were identified to have the widest reach in New Jersey. Their

Bloods (73 towns), MS-13 (67 towns) and Grape St. Crips (51 towns).

Dave Jones, President of the State Troopers Fraternal Association, said anyone who doesn't think gangs are getting worse "has their head in the sand."

"It's become more visible and more palpable," he said. "This is a clear and present danger."

Jones said cuts to police departments have made it more difficult to combat gangs and their influence.

Gangs have a corrosive effect, he said. Budget cuts should not affect police departments, because citizen protection should not be vulnerable as the economy builds itself back up.

"The people who do this view human beings as little more than cattle," he said. "They fatten them up for slaughter."

He said gangs are no longer an urban problem. "Counties who think crime stops in Newark or stops in Camden aren't reading their own police reports," he

how to stay under the radar of law enforcement. They know where business opportunities reside, and are aware that they offer services that people want, whether these include drugs, guns, or prostitution.

With that said, I think it is imperative that we begin to look at the towns that have never had gang activity before but are only just beginning to see it.

Parents must educate their children about the hazards of being involved with gangs and without a doubt, I think that the state, counties and individual towns have to put in place strong anti-gang legislations.

I would support life in prison just for being a member of a gang as a possible deterrent.

Also, cutting police departments' budgets does not solve anything.

The gang presence in New Jersey illuminates the fact that all public policy is connected. Gun policy can be mirrored to economic policy and educational policy.

Gangs are the major cause of juvenile delinquency. Gangs prey on people, especially children who have a lack of strong family ties, lack of education, lack of self worth and lack of money.

The breakup of the American family is a major contributor to the rise in crime and especially juvenile crime. Most kids who have a strong family, go to school, have a part-time job and have strong self confidence do not have many reasons to engage in crime, more specifically gang related crime.

I love when people say fault lies within the Second Amendment, when it comes to gun violence. People in gangs do not procure firearms through legal background checks and the like.

They get them from a "black market" which would exist with or without the Second Amendment. It's not like the gangster is filling out paperwork in between shooting people and selling crack. Give me a break.

I believe extremely harsh

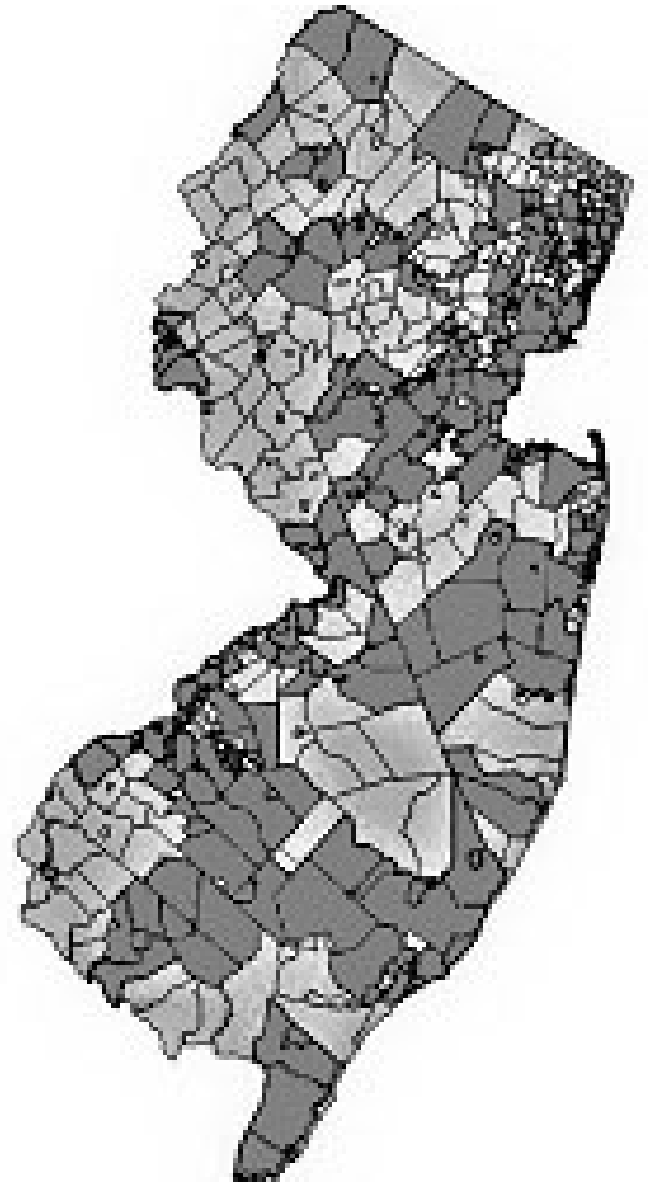


PHOTO COURTESY of cliffviewpilot.com

The darker shaded portions of the map represent the areas where gang activity is present and recorded. Gang activity is present throughout more than half of the state.



PHOTO COURTESY of nj.com

N.J. State Police transported a Latin Kings gang member to the Newark National Guard Armory. State Police reporting 45 percent of municipalities and all 21 counties having some kind of gang presence.

extent was listed by police as follows:

Latin Kings (106 towns), Sex Money Murder Bloods (95 towns), Nine Trey Bloods (86 towns), Pagans Motorcycle Club (79 towns), G-Shine/G.K.B

said.

The towns with the worst gang presence are Keansburg, Asbury Park, Eatontown, Long Branch, Freehold, Neptune, Howell and Ocean Township.

Members of gangs know

prison terms for gang members, strict juvenile justice programs, educating children about the brutality and illegality of gangs, strong anti-gang legislation and better parenting overall might mitigate the problem of gangs because, let's be honest, we will never eliminate gangs.

But we can take a nice chunk out of their power away.

Parents should not be afraid to send their children to school because they feel they will either become involved with a gang or

be a victim of gang related activity.

Nor should police departments be short staff members due to a pressing deficit.

Legislative officials should find a healthy medium to control the size of public programs.

Loss of life should not be the indicator New Jersey lawmakers need to do something about cutting down on violent activity throughout urban, as well as suburban areas of the state. Something must be done now.

University Debate Hawks Win Trophy at John Jay College Debate Tournament

PRESS RELEASE

The Monmouth University Debate Team, the Debate Hawks, won a trophy at the John Jay Debate tournament in New York City on January 29-30, 2011.

The tournament included 42 teams from 12 universities including Cornell, The West Point Military Academy, NYU, and West Virginia University to name a few. Political Science majors Greg Morga and Arielle Giordano earned a trophy for making it into the octofinals, going 4-2 at the tournament. The students debated the following resolution:

Should the United States government substantially increase the number of and/or substantially expand beneficiary eligibility for its visas for one or more of the following: employment-based immigrant visas, non-immigrant temporary worker visas, family based visas, human trafficking-based visas.

Monmouth University entered four teams in the tournament, including Greg Morga and Arielle Giordano, Alli Matz and Brandon Karkovice, Tamari Lagvilava and Parker Ritzdorf, and Olivia Mills and Jennifer Hom. Each two person team is re-

quired to compete in six rounds of debate, three on the affirmative and three on the negative, with each debate round lasting approximately two hours. The Debate Hawks will next be competing at The University of Central Florida in Orlando in mid-February.

The Monmouth Debate Hawks were named the 2010 Northeast region Policy Debate Program of the year by the Society Advocating More and Better Argumentation (SAMBA) housed at Cornell University (Ithaca, NY).

The Debate Hawks also helped create a debate team at Asbury Park High School and currently mentor Asbury students every Tuesday afternoon in preparation for their second tournament this weekend in Newark, NJ. This debate mentoring program is co-sponsored by the Institute for Global Understanding and is fully funded from an outside grant of \$7,000 received last spring from TD Bank.

Please contact Dr. Joseph Patten at (732) 263-5742 or through e-mail at jpatten@monmouth.edu if you are interested in joining the debate team. No experience is needed and all newcomers are especially welcome.



PHOTO COURTESY of Dr. Joseph Patten

The Debate Hawks and advisor, Dr. Patten pose at John Jay College after winning the college tournament.

What the State of the Union Means for Students

Obama Discusses Innovation, Research, and Recovery

SANDRA MEOLA
POLITICS EDITOR

President Barack Obama spoke to the people of the United States during his second State of the Union address last Tuesday night. The main focus of the President's 61-minute speech focused on the notion of "us," working together, and "winning the future."

First, the President set the tone of his speech by reflecting on the tragedy in Tucson, Arizona and urging bipartisanship.

Obama put an emphasis on investing in making America's economy more competitive in a more challenging world.

He spoke on planning to double exports by 2014 to compete with India and China and will enforce trade agreements to promote jobs in the United States.

"We need to out-innovate, out-educate and out-build the rest of the world," he said.

Republicans, who took control of the House in the mid-term elections, blamed the President for not focusing on cutting government spending.

Obama claimed that the stock market is roaring up, the worst of the recession is over, and competition for jobs shouldn't discourage us, rather it should challenge us. He went on to compare how the job market used to be.

He took his listeners on a walk down memory lane in which one used to be able to have a secured job for life at a factory, competition was your neighbor, and a degree was not needed.

He stressed re-

form, responsibility, and innovation.

To cut spending throughout the nation, Obama plans to freeze government workers' salaries for two years and freeze annual domestic spending for five years.

There was an obvious attempt to shift away from the economic recession and toward economic revitalization during the speech.

Obama aims to conjure a bipartisan effort to improve the competitive nature of America through technological innovation and smart financial investments.

In terms of jobs, the President said, "the worst of the recession is over," which is good news for

recent and future college graduates.

In regards to innovation, Obama addressed digital tech-

"We need to out-innovate, out-educate and out-build the rest of the world...We will win the future."

BARACK OBAMA

President of the United States of America

nology and clean energy investments.

He hopes for everyone in America to be connected to the digital age in order to increase educational statistics and post-modern awareness.

order to invest in clean energy research and development.

"By 2035, 80 percent of United States energy will come from clean sources," Obama said.

The President also reassured his listeners that thousands of jobs would be derived from clean energy research as the country moved away from the dependency on foreign oil.

While there were some big plans and policy proposals, funds enacted will depend on Congress to pass them. Obama also displayed willingness to amend his healthcare reform bill. He said he is "willing to do away with the bookkeeping burden that would be placed on small businesses." As for us students, the healthcare bill currently guarantees coverage on our parents' health insurance plans until the age of 26.

This will buy more time to find a secure job where benefits are provided.

Along with health care reform, the President addressed exactly what students wanted to hear, including a tax credit plan to make higher education more affordable and the availability of more jobs.

Some students at the University do not follow political news on a daily basis but the State of the Union always seems to draw attention in even the most civically clueless. Some hear the words, "State of the Union" and think of the endless sound of clapping.

While there are no assigned seats in Congress, the event has partisan seating.

One side is feverishly applauding the President while those on the other side sit with stern looks on their faces and arms crossed, or may even boo the President.

Senator McCain told CBS' "Face the Nation," "It might be nice to cut back a little bit on all the jumping up and down."

This is undoubtedly an inevitable distraction that may push viewers away who do not normally follow politics.

But this year was different. Over 60 members of Congress sat with another that wasn't in the same party. Political analysts are referring to it as "Date Night." Obama commented on this during his speech and said that you can't just sit together to get things done.

On the other hand, Obama's speech was directed right into the living rooms of the American people, characterized by the stories he told and the language he used.

Obama once again used his talent of being a great orator to make the American people feel good and motivated for the times ahead. All in all, Obama's second State of the Union speech was well-received.

Although, the President spoke more about what his ideas were, he left out critical details regarding how he would actually carry out and enact public policy.

This is often the critique to many State of the Union addresses but much weight will be put on Obama's soldiers in the upcoming months as the 2012 campaign season will begin.

The promises to freeze spending, lower the corporate tax rate, veto earmarks, support our troops, improve education, and reform the tax code will become clear when Obama presents his budget to Congress in a few weeks.

The annual speech to Congress brings together the three branches of government on Capitol Hill for an assessment of where America stands and where it is heading.

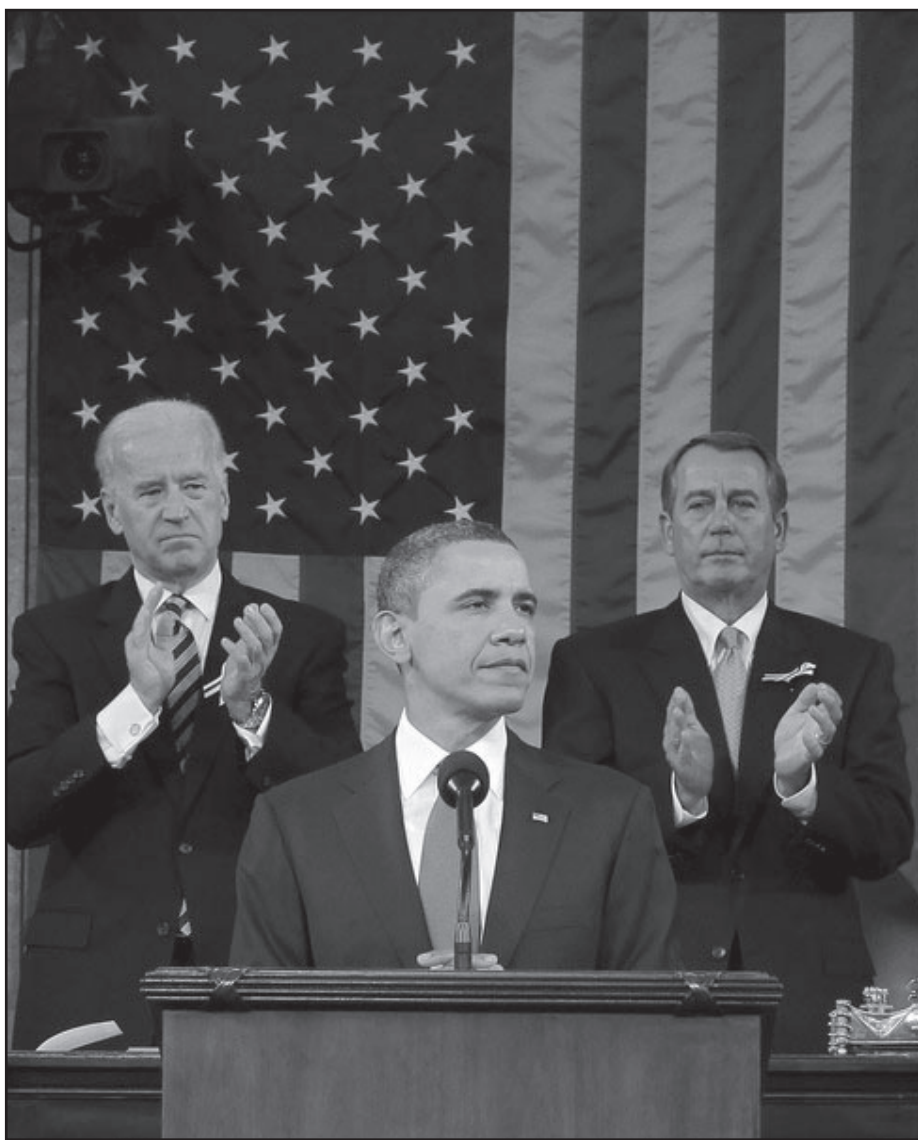


PHOTO COURTESY OF usahotworld.com

Vice President Joe Biden and Speaker of the House John Boehner, clapping behind the President represent the change and bipartisanship Obama is striving for.

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The Lives of Others (2006) Rated R

Wednesday, February 9, 2011; 7:30 pm - Pollak Theatre (in wide screen)

Panelists: Provost Thomas S. Pearson and Dr. Frederick McKittrick

In the early 1980s, the successful dramatist Georg Dreyman and his longtime companion Christa-Maria Sieland, a popular actress, are big intellectual stars in the former socialist state of East Germany, although they secretly don't always think according to the party line. One day, the Minister of Culture becomes interested in Christa, so the secret service agent Wiesler is instructed to observe and sound out the couple, but their life fascinates him more and more. Academy Award for Best Foreign Language film for 2007.

Contact 732-571-3526



Don't Be a Chicken, Make These Easy Meals

JACLYN GUYER
STAFF WRITER

Chicken. Grilled, fried, baked, broiled, roasted, sautéed, and the list goes on. For the non-vegetarians out there, chicken is a commonality of the kitchen, whether dining in or out. After a while our taste buds often become weary of its repetitive taste.

However, chicken is one of the easiest meats to experiment with. The array of recipes available offer countless flavor combinations and are sure to satisfy even the pickiest of eaters. Best of all, they are affordable, healthy, and practical for busy college students or just about anybody to make.

With just over a month of the new year underway, the common 'weight loss' resolution is still in full force, evidenced by the University's consistent gym crowdedness and many of my friend's admittance to overall healthier eating and lifestyle changes.

The atmosphere has motivated me to discover tasty and healthy recipes that are easy to cook on a busy schedule. Each of them begins with grilled chicken.

The best thing about grilled chicken is that it is easy to make, and can last up to a week when properly stored. It is basic, yet can transform into the star of so many recipes.

Begin by cleaning and grilling boneless/skinless lean chicken breasts (I find that electric grill top appliances work great, especially for college students). Before grilling, make sure the grill is heated thoroughly, and rub the chicken in a small amount of olive oil. Sprinkle each side with a pinch of salt

Recipe

Grilled Chicken Fajitas

Recipe courtesy of Jaclyn Guyer

Ingredients

- 2 pieces grilled chicken breast, cut into strips
- 1 1/2 cup of chicken broth
- 1 package of taco seasoning
- 2 bell peppers, cut in strips (either green, red, yellow)
- 1 small onion, sliced thinly
- Whole wheat tortillas

Directions

Bring 1 cup of the chicken broth, taco seasoning, bell peppers, and onion to a simmer until the sauce thickens and the vegetables are tender. Add the pre-grilled chicken breast strips and the remaining 1/2 cup of chicken broth to the sauce, and allow to simmer for 10 more minutes.

Add the pre-grilled chicken breast strips and the remaining 1/2 cup of chicken broth to the sauce, and allow to simmer for 10 more minutes.

While the sauce is simmering, lightly brown whole-wheat tortillas over low heat in a frying pan.

Once the chicken and vegetable mixture has thickened and the tortillas are lightly browned, the fajitas are ready for assembly. Spoon the chicken and vegetables into browned tortillas. As side accompaniments, I recommend shredded lettuce, cheese, salsa, guacamole, and sour cream. Mexican rice and beans is a great side dish for the meal, and can be made easily with boxed and canned items from the grocery store.

Recipe

Asian Chicken Salad

Recipe courtesy of Giada De Laurentiis

Ingredients

Salad:

- 1 large carrot, peeled
- 3 cups shredded Napa cabbage, from 1 small cabbage
- 3 cups shredded romaine lettuce, from 1 small lettuce
- 1 small red bell pepper, seeded and devined, thinly sliced
- 2 tablespoons fresh Thai basil leaves or fresh mint leaves, chopped
- 2 cups thinly sliced store-bought rotisserie chicken (about 2 small chicken breasts)

*Substitute for Grilled chicken breast

- 1/2 cup slivered almonds, toasted
- 1 tablespoon toasted white or black sesame seeds
- 1/2-cup chow mein noodles, for garnish

Dressing:

- 1/4 cup peanut or vegetable oil
- 2 tablespoons low-sodium soy sauce
- 2 tablespoons rice vinegar
- 1/2 teaspoon granulated sugar

Directions

For the salad: Using a vegetable peeler, shave the carrot and add to a large salad bowl. Stir in the cabbage, lettuce, pepper, Thai basil, chicken, almonds, and sesame seeds.

For the dressing: In a small bowl, whisk together the oil, soy sauce, vinegar, and sugar until smooth. Season with salt and pepper, to taste, if using.

Pour the dressing over the salad and toss well. Garnish with the chow mein noodles and serve.

and pepper.

Cooking times will vary depending on the size and means of grilling, but doneness will be determined by cutting into the thickest part of the chick-

en where juices should run clear. On an electric counter top grill, it should take no longer than 10 minutes.

Once your chicken is grilled, it is now time to explore recipe options

for the week ahead. I find that grilling chicken on a Sunday evening before the chaos of the coming week guarantees at least two nights of meal options.

The first recipe is courtesy of food-network.com, followed by my own rendition of chicken fajitas. I especially enjoy these two dishes, as did my roommates who are always willing to serve as my taste testers.

The first recipe comes from Giada De Laurentiis, and is one of my favorite salads for a satisfying lunch or dinner. The tastiest part of the recipe is the Asian inspired dressing which is light, yet perfectly coats the salad. Note that the recipe calls for rotisserie chicken, however I substituted by cutting up two pieces of the pre-grilled chicken into strips.

While this recipe includes a few gourmet ingredients that may require a little extra money and finding, they will most likely become new occupants of your cabinet for many more salads to come.

The crispiness of the Napa cabbage, carrots, and peppers, the sweet tanginess of the dressing, and the crunch of the chow mein noodles make this salad irresistible. Not to mention, the juicy grilled chicken that adds protein and sustenance for a great light meal.

The next recipe is a perfect interactive meal for college students living with roommates. Again, you already have your grilled chicken, and maybe even some left over peppers from the Asian Chicken Salad. This is a recipe I have developed just by experimentation and cravings for a quick and fulfilling meal.

These flavors will open your pallet to new ideas and inspirations. The chicken fajitas are very easy to make and a sure hit, especially amongst college students.

The Truth About Tanning

MARIANNE VERNA
ASSISTANT LIFESTYLES EDITOR

By now you are ready for all the snow to be melted and be on your way to warm, sunny weather and days by the beach. Since we are still a few months away from being able to lie out in the sun, some people try to think of alternatives to the warm summer air.

One of the most popular choices is to go to a tanning salon, so they can keep a bronze glow on their skin all year long. On average, one million people are tanning everyday throughout the United States.

Although you may like the way your skin looks after a few trips to the tanning bed, you may not realize the damage that is happening to your skin.

According to an article found on msnbc.com "One in nine teens to young adults use sunless tanning lotion in addition to going to a tanning bed."

Some people may wonder what the fascination is with being tan, even in the middle of winter when you obviously have not been lying out in the sun.

We have been exposed to the dangers of tanning for several years now, but it doesn't seem like this is a trend that is going to die down anytime soon. With shows like "Jersey Shore" who trademarked phrases such as "GTL" (gym, tan, laundry) it is encouraging young teens and adults, sending the message that they should add tanning to their daily routine.

Since so many people are aware of the dangers of tanning it makes you wonder what the appeal is. According to a study done by Cosmopolitan magazine, "if you tan indoors before the age of 30 you increase your risk of cancer by 75 percent." This is a risk that many young adults are increasingly becoming subject to.

What many people may not know is that the owners of individual tanning salons may be lying to their customers. Many times the UV rays exceed what the salon advertises, therefore making them reach unsafe limits.

According to Dr. Oz "UV radiation damages our skin and adversely affects our immune system. One blistering sunburn increases your risk of developing melanoma, which is a very dangerous and lethal skin cancer."

Your skin isn't the only thing you have to worry about. Going into a tanning booth also has an effect on your eyes. Too much UV exposure can lead to eye damage and cataracts.

An article from healthcentral.com states that "Using a tanning bed more than 10 times a year made people seven times more likely to develop malignant melanoma than those who did not use tanning beds as often. The risk of melanoma was increased by 300 percent for those using tanning beds occasionally and by 800 percent for those using tanning beds more than 10 times a year."

There are many reasons why people go tanning. When I asked a few Monmouth students for the reason why they go tanning, they said that they feel as if it makes them look healthier. Others claim that it helps clear up their skin and get rid of

blemishes.

You may be happy at the time, when you have a nice bronze complexion, but before you go tanning you should make yourself aware of the risk that may follow. It doesn't seem like having a slightly darker skin tone is worth the possible risks that you are subject to.

If you are still in need of that sun-kissed glow, there are a few safer and healthier options that you can take to achieve what you are looking for.

Although sunless tanning lotions can be hard to use and can get messy, it's a much safer decision than spending 10 minutes in a tanning bed.

Many tanning salons also offer spray tans, although they only last a week or so, it is definitely the better choice over the UV rays.

By using other methods not only are you going to be saving yourself from future skin damage, but you are also saving a lot of money. The prices of tanning can be really expensive so it's better to use your money for something that is not going to cause permanent damage to yourself.



Tanning beds can cause serious health problems including melanoma, a form of skin cancer.

PHOTO COURTESY OF EXAMINER.COM

Counseling and Psychological Services Spring 2011 Diversity Programs

February:

Friday, 2/11 **Annual Diversity Awareness Day**
Part I-BREAK THE CYCLE, BE THE CHANGE 9am - 10:30am Student Center, Anacon A&B. Part II -JOURNEY INTO DIVERSITY 11am-4pm MAC, Varsity Club (Part II is by invitation only). (SNOW DATE - 2/18)

Thursday, 2/24 **SafeZone Training**
2pm - 4pm Student Center, Afflitto Conference Room.

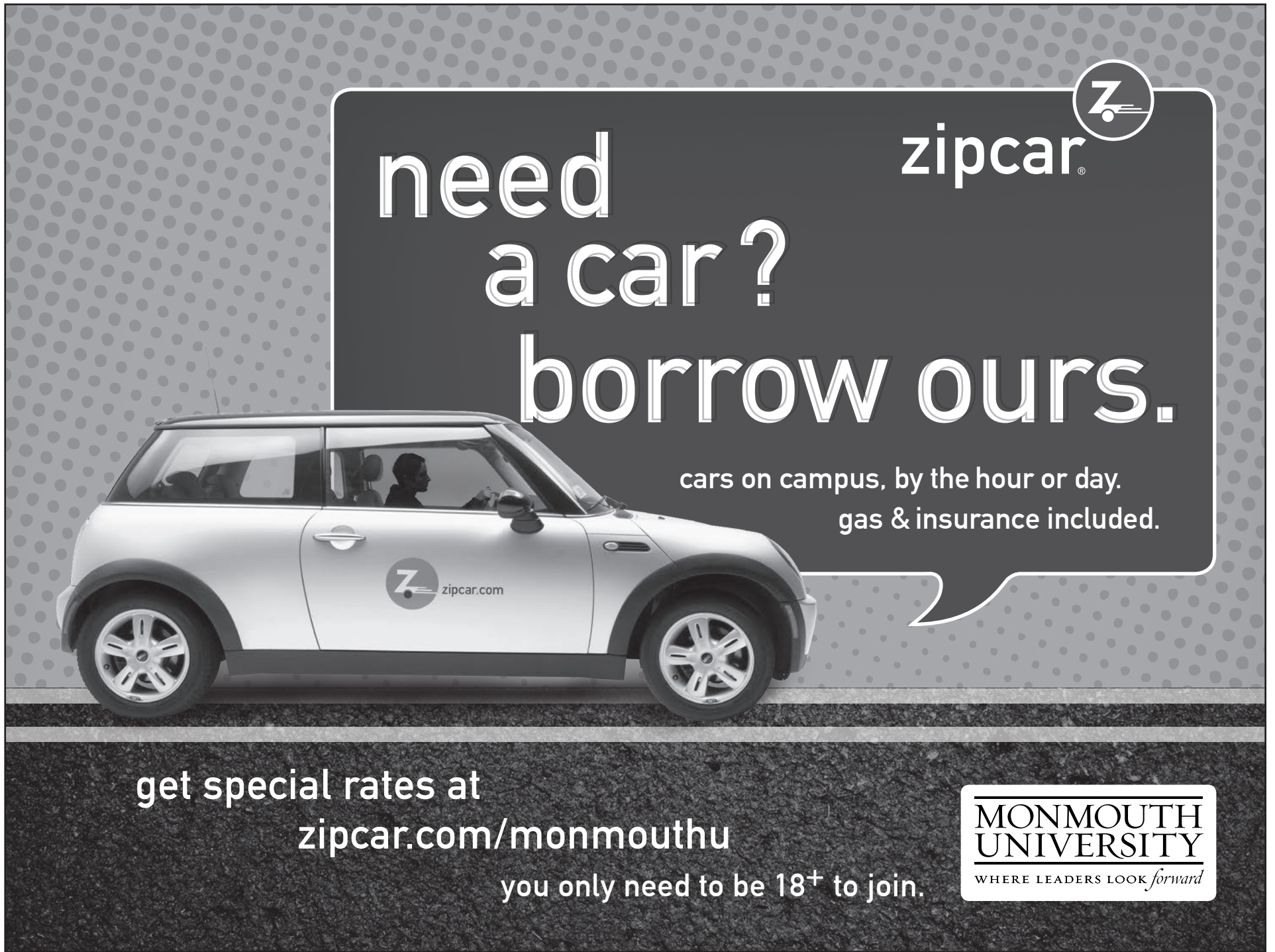
March:

Tuesday, 3/22 **Hate and Prejudice on Campus**
2:30 pm - 4pm Wilson Auditorium. Guest Speaker- Detective Dave D'Amico.


April:

Wednesday, 4/6 **My Child is Transgendered**
Part of the Global Understanding Convention
2:30pm-4pm Student Center, Afflitto Conference Room.
Guest Speaker: Karina Mari

**FOR MORE INFORMATION ON THESE PROGRAMS, PLEASE
CONTACT KATE MEMOLI AT 732.571.7517 OR
KMEMOLI@MONMOUTH.EDU**

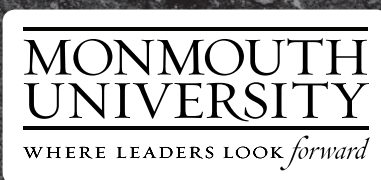


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Cold War Kids' "Mine is Yours" Album Gets Mixed Reviews

ALEX FILLIMON
STAFF WRITER



PHOTO COURTESY OF austintownhall.com
The **Cold War Kids**, of Long Beach, CA, released their third album on January 25.

On its third album, Long Beach's indie rock quartet takes a more personal approach lyrically and gets a little more blues oriented musically—all while retaining its modern-rock sound. The pop/rock quartet, Cold War Kids, released "Mine is Yours" on January 25, 2011. The album has thirteen tracks, which include two bonus tracks ("Don't Look Down on Me" and "Fashionable") and a bonus track if pre-ordered from iTunes ("Goodnight Tennessee").

From Long Beach, California, members Nathan Willett (vocals, piano), Jonnie Russell (guitar, vocals, keyboard), Matt Maust (bass guitar), and Matt Aveiro (drums) have been playing together since 2004. With the recent success of their first two albums ("Robbers & Cowards" and "Loyalty to Loy-

alty"), "Mine is Yours" is destined to become another hit. Unfortunately, the reviewers didn't think so. According to *Slant Magazine*, "Mine is Yours" is not just the questionable effort of a once-promising band, but perhaps even worse: a work of obviously borrowed ideas from a group highly capable of succeeding with their own. Cold War Kids has abandoned what remained of their naked irreverence on "Loyalty to Loyalty" to essentially co-opt the straight-up rock sounds of Arcade Fire, the National, and Kings of Leon, and predictably so."

Rolling Stone says that on the new album, "the Cali quartet swing for the fences — it's as if CWK, once a sharp band with retro leanings, have been gorging on Springsteen and Kings of Leon. (KOL producer Jacques King oversees "Mine is Yours.") Willett has a wind-turbine voice, and on "Bulldozer," his band

mates whip up a mighty pop-rock racket. But the songs are tedious and overbearing — they feel much longer than their average four-minute length."

After reading these reviews, I started to doubt this band as I began to listen to their material. I looked up one of their songs, "Louder than Ever," and I was somewhat intrigued by their sound. The vocals that are performed by Willett are unique and melodic and the overall song is very well done. Sure, there are parts in the song when it sounds like Kings of Leon, but I do not think that destroys the song at all. It's not like the Cold War Kids completely copied Kings of Leon's music and lyrics. Despite all of the negative reviews, "Mine is Yours," got some positive reviews also.

Clashmusic.com scored the album eight out of ten. According to the website, "This excellent third

album has an expanded sonic gravitas. And bigger is better; the punch of 'Royal Blue', the angry desperation of 'Skip The Charades' and the pummeling sing-along 'Bulldozer' all seem destined for festival anthem status. Nathan Willett digs deep into fractured relationships for inspiration and the resultant openness, coupled with King's deft nurturing of Willett's soul-searching, has created the finest Cold War Kids album yet. Mission epically accomplished."

It just goes to show that you shouldn't always listen to what the reviewers and critics have to say. Sure, they can be helpful, but what really matters is what the listener thinks. That is why I almost never listen to critics. I think that the listeners should be the critics and they can judge whether or not a band is good. I know that is how I listen to music.

The New York Times: The Most Biased Name in News?

ANTHONY PANISSIDI
CO-NEWS EDITOR

If it's fairness, balance, accuracy, and objectivity you seek when gathering the news, then the once prestigious *New York Times* is the newspaper to avoid, according to William McGowan, author of "Gray Lady Down: What the Decline and Fall of the *New York Times* Means for America."

"Gray Lady Down" places a heavy focus on the reporting quality of the *Times* in the post-9/11 era, shedding light on the many problems and controversies the newspaper has suffered over the last decade or so. McGowan, who once consistently read the *New York Times* and has been published on its op-ed page and in its magazine, makes known the many reasons people have lost faith in the news source which was once regarded as the gold standard in the journalism industry.

"My aim is not to embarrass the *Times* or to feed a case for 'going Timesless'..." says McGowan in his book's prologue, "But if 'These Times Demand the *Times*,' as the paper's advertising slogan goes, they also demand a better *Times* than the one we are getting, especially at this fraught point in our political, social, and cultural history."

McGowan attributes the newspaper's change for the worse to Arthur Sulzberger Jr., its current publisher. Sulzberger Jr. inherited his position from his father Arthur Sulzberger, the latter whom presided over the paper during what McGowan calls its "Golden Age."

Sulzberger Jr., whom the reader is told always held viewpoints that opposed those of his father, was eager to diversify the reporters and editors of the *Times* through practices such as affirmative action. Unlike his father, McGowan describes Sulzberger Jr. as a "micromanager" who "very visibly got involved in almost every facet of the paper and relished being in the middle of battle."

By embracing the philosophy of diversity, Sulzberger Jr. ignored its potential of "fragmenting newsrooms along racial, ethnic, and gender lines," says McGowan. Sulzberger Jr.'s policies led to more minorities in the newsroom being promoted to senior leadership positions years before they were ready and ahead of white men and women who had worked at the *Times* for years, some of whom chose to leave.

"Other accomplished midcareer 'Timesmen' left too, taking with them vital experience, institutional memory and a special old-fashioned

Times sensibility and culture," says McGowan during his recounting of the newspaper's history.

Moving on from Sulzberger Jr. who is seen in "Gray Lady Down" as the root of the *Times* newfound troubles, McGowan proceeds to dovetail through specific events that have negatively affected the credibility of the *Times*. These occurrences include the plagiarism scandal involving Jayson Blair who was hired through a "minority-only internship," and the public anti-Bush administration rant at Radcliffe College by reporter and Supreme Court correspondent Linda Greenhouse, which exposed her political views and compromised her objectivity.

Moreover, McGowan cites the habit of the *Times* falling for multiple frauds and hoaxes which has further damaged its reputation and led to multiple correction boxes on its pages. One such hoax was that of Margaret Jones whom the newspaper reported as a success story who had climbed her way to a college scholarship and degree after being raised in a world full of gang violence, only to later find out she had lied. Her real name was Margaret Seltzer and she got her stories

from various people she met in Los Angeles coffee shops.

Furthermore, "Gray Lady Down" focuses on the generalities that have come to define the *Times* of today, such as bias, double standards, and a sense of being anti-American.

"Rather than maintain professional detachment and objectivity, the paper has embraced activism," argues McGowan prior to giving the reader an in-depth look at the paper's failures reporting affairs dealing with race, immigration, war, terrorism, gays, and cultural differences.

McGowan portrays the *Times* as at-

tempting to advance a liberal agenda, as he points to many instances where the paper's reporting methods and the stories it chooses to report are an indication of its opinion.

In regards to race, McGowan claims the *Times* has become eager to portray minorities as victims, as the paper is the first to report on racial crimes against African-Americans, but seldom raises a finger when the roles are reversed.

One example occurred in Decem-

ber when he was attacked by a gang of African-American teens who chased him into traffic, causing him to be struck and killed by a car. While other New York newspapers devoted coverage to this story, such as the *New York Post* who referred to the gang as a "wolf pack," the *Times* ignored it. On the contrary, in the 1980s, the *Times* provided "wall-to-wall coverage" when an African-American man was chased

into traffic by

a white gang in a Queens neighborhood. Other notable areas of biased reporting tactics by the *New York Times* are highlighted by McGowan in the newspaper's coverage of Islam and the War on

Terror. For example, when Major Nidal Malik Hasan, a member of the Islamic faith, killed 13 and wounded 30 others after going on a shooting rampage at Fort Hood, Texas, in November 2009, McGowan once again finds fault with the coverage of the event by the *Times*.

Both the *New York Post* and the *Washington Post* reported the story the following day while drawing attention

to a PowerPoint presentation Hasan had given while he was a medical resident. "He gave a PowerPoint presentation not on a medical topic but on 'The Koranic World View As It Relates to Muslims in the U.S. military,'" McGowan tells the reader. In it Hasan claimed it was getting harder for Muslims to serve in the military and even included "some basics of Islamic thought and teaching, such as: 'We Muslims love death more than [sic] you love life!'"

The reporters at the *Times*, ac-

ording to McGowan, did not report Hasan's ties to the Islamic faith until well after other newspapers already had. Moreover, they did not investigate claims by fellow military personnel who knew Hasan and claimed the danger he posed was overlooked because his superiors feared being accused of racial profiling.

Instead, the *Times* reported Hasan as being a victim of "anti-Muslim discrimination and second-hand combat stress from an illegitimate, incompetently waged war," says McGowan.

Race, terrorism, and Islam are just some of the areas in which McGowan finds the *Times* guilty of biased reporting that is laced with double standards.

In "Gray Lady Down," McGowan has compiled an overwhelming amount of evidence against the *New York Times*. However, McGowan remains sensible and fair throughout his book, making it clear he does not wish to see the *Times* fade into extinction.

"Yet, even in its fallen state, this newspaper is important...and so its decline is something that anyone with a gene for public affairs should care about," McGowan says in his conclusion.

However, one thing McGowan did not do was go beyond in his book to look at bias prevalent in other news sources where it unquestionably exists. Rather than just compare the *Times* to other news sources, he could have also mentioned their problems as well. While other news sources may not be nearly as guilty of the amount of biased reporting seen in the *Times*, it is still important to warn readers of all media that attempt to advance some sort of agenda.

By any means, McGowan has provided a scary but necessary insight as to the changes that have been affecting the *Times* over the last ten years. Furthermore, McGowan has specified areas of the *Times* that need patchwork, arguably beginning the long road to improvement that lies ahead.

"Gray Lady Down" is available in stores and online. McGowan has also written "Only Man Is Vile: The Tragedy of Sri Lanka" and "Coloring the News: How Political Correctness Has Corrupted American Journalism." Additionally, he has edited the *Washington Monthly* while reporting for *Newsweek International*, the BBC, the *Washington Post*, the *New Republic*, the *National Review*, the *Columbia Journalism Review*, and the *Wall Street Journal*. McGowan also frequently provides commentary on MSNBC, Fox News, and CNN.

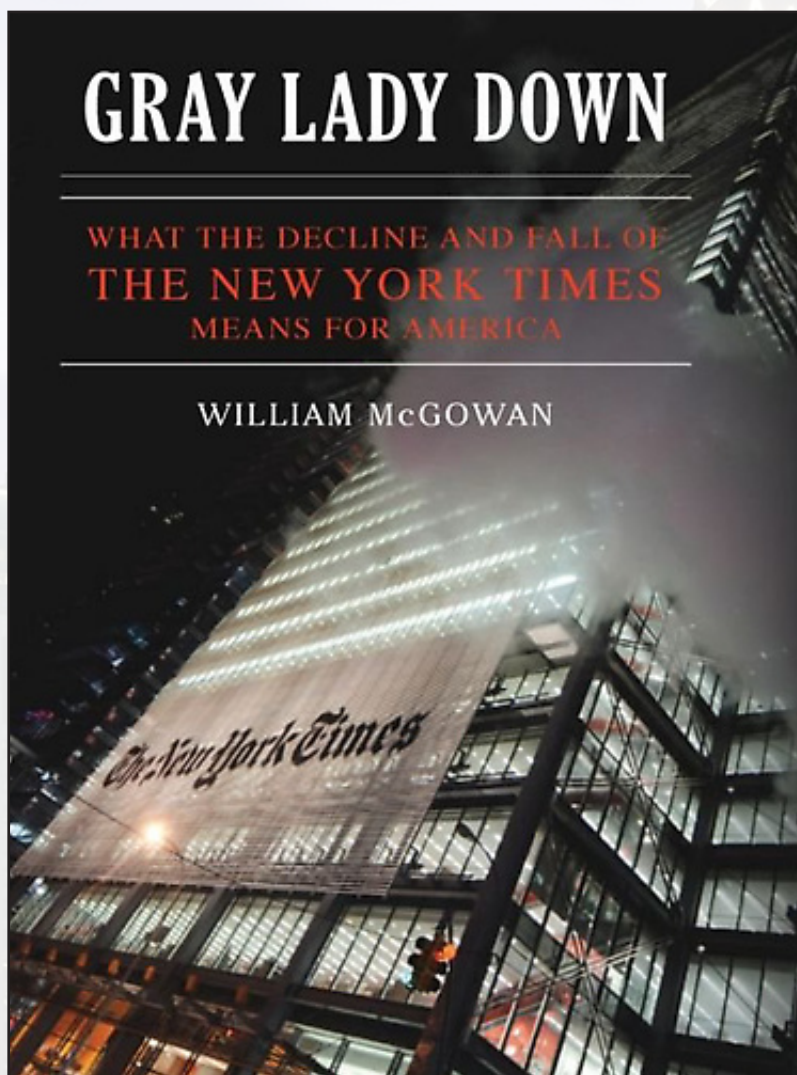


PHOTO COURTESY OF hartford.cbslocal.com

William McGowan, author of "Gray Lady Down: What the Decline and Fall of the *New York Times* Means for America," scrutinizes the quality of reporting in the *Times*, attributing a large portion of the decline to current publisher Arthur Sulzberger Jr.

ber 2000 when Jonathan and Reginald Carr, two African-American men of Wichita, Kansas, murdered five white men and women after robbing them of their money and forcing them to perform sexual acts on each other. This story, undoubtedly newsworthy according to McGowan, was neglected by the *Times*, unlike two years earlier in 1998, when it reported the story of James Byrd, an African-American male from Texas, who was dragged behind a truck by racist whites.

Similarly, in April 2006, a New York University student was on his way to visit a friend in Harlem, New York,

Jeff Daniels Answers Students' Questions and Performs in Pollak Theatre

RAY BOGAN
CONTRIBUTING WRITER

Jeff Daniels, an accomplished actor and singer/songwriter, performed in Pollak Theatre last Friday. He also visited with acting students in the Hawk TV studio for a question and answer session. At age 56, Daniels is a very accomplished actor and is now touring the United States as a musician.

Friday afternoon in the Hawk TV studio, Daniels gave advice to acting students. At first sight, Daniels looks like any other regular guy. He had a thick winter beard, wore a hat, an old button down shirt with jeans and snow boots. He sat down in the chair underneath the lights and started sipping on his coffee. Admitting to being tired from a tough drive, he had a comfort under the lights; it was obvious that he had been there many times before.

The studio began rolling and Daniels began answering questions for two hours. The acting students very much enjoyed hearing advice from a man who has starred in films like "Gettysburg," "Dumb and Dumber," "The Squid and the Whale" and "Terms of Endearment." As much as the students enjoyed it, Daniels shared that he enjoyed it just as much. He expressed how inspired he was to share all of his experiences and advice because when he was a student he appreciated when qualified actors would come and talk.

Daniels first acting experience came when he was in junior high. His chorus teacher, trying to pass time, had the students act out a skit. Daniels played the part of a politician trying to give a speech while attempting to hold up his falling pants. His chorus teacher immediately told his parents to get him involved in theater because he clearly had a special talent. Daniels admits that in the beginning "I was really never quite sure of what I was doing, I just remember doing it." Over time, he did get seriously involved in theater and was in "The Music Man" and "Fiddler on the Roof," in which he got his first big part as Tevye. He admitted

that he still wasn't quite sure what he was doing but he tried as hard as he could and played the role in the best way he felt he could. Not only did it work, but it drew a lot of attention and got people talking about his talent.

His talent led to him to meet director Marshall Mason. Mason offered him an opportunity to be his apprentice in New York. While Mason could not guarantee that Daniels would make it big, he did say that acting is most definitely what he should do with his life. So Daniels took his first of multiple risks and skipped his last year of college to move to New York. He worked hard, but only had \$1,200 in his bank account and had to pay a monthly rent of \$700. He was really struggling to make it when he received a call to audition for "Terms of Endearment," which came out in 1983. It was during the seven minute audition for this movie that Daniels says he got his first big break. Since "Terms of Endearment," Daniels has either starred or co-starred in over 30 major films.

To keep money flowing early in his career, Daniels shot commercials for big companies like Pepto Bismol and McDonald's. These were not his favorite jobs, but they kept money in both his pocket and the pocket of his agency. Commercials were always nice because he would continue to

get paid every time that commercial went on the air. These checks also helped him stay with his agency, the same one he is with today.

Daniels is best known for his role in the 1994 comedy, "Dumb and Dumber," where he plays Harry Dunne—an incredibly stupid but good-hearted man with an I.Q. of

"Speed" and Bernard Berkman in "The Squid and the Whale." He is also very well known for playing both Tom Baxter and Gil Shepherd in "The Purple Rose of Cairo."

Daniels said that a great way to become a better actor is to write plays. Writing helps you get to know the character and learn more about how a story develops. Writing music also helps Daniels become a better musician. Daniels started writing music over 30 years ago and continues to write today. He writes about real life stories and tries to take things that actually happen and turn the story into a song. Today Daniels takes these songs out on the road to help raise money and promote the Purple Rose Theater. Located in Chelsea, Michigan, the Purple Rose Theater is owned by Daniels and is a theater that only shows new, never before seen plays.

The stage for his musical show in Pollak Theatre was simple: a chair, a stool, two microphones and a monitor. Daniels played solo on a right handed acoustic-electric Martin. Despite the small crowd, Daniels put on a good show and kept his sense of humor and passion throughout the night. He walked out and bowed before he sat down and said "Thank you very much, I'd like to introduce you to the band." Going in, no one really knew what to expect, especially

after he said "Hi I'm Jeff Daniels, I know you're all thinking this could be really bad and I won't lie, it could be." Everyone laughed and Daniels had the crowd from the beginning. The audience really got into it. He was able to carry the show well and he definitely made some new fans. He sat and talked to the crowd and then started to play. He showed the same comfort he had that afternoon, cracking jokes and talking about his theater company.

Daniels said "I love blues music, one could argue that all music stems from blues music." With that he told the story about the crossroads of Mississippi, where at the intersection of routes 61 and 49, Robert Johnson sold his soul to the devil for fame and guitar genius. Daniels then played his own version of the song "Crossroads" called "Forgive Me, Robert Johnson" where he told the story of his own trip to the crossroads and his failing to become the guitar genius that Johnson did.

Daniels played all original songs including the crowd favorite about a blind date called "How 'Bout We Take Our Pants Off and Relax". During this song he told the story of a blind date gone bad. Daniels was able to get the audience to sing along with him "If you believe that opposites attract, let's take our pants off and relax." He played songs that people could relate to—getting your first car, teens learning how to drive, road trips and family. He even played songs that were special to him, like having the honor of being killed by Clint Eastwood in a movie and his bad experience in a cheap motel while filming "Terms of Endearment" called "Allen Parkway Inn."

The show went on for two hours with a 15 minute intermission halfway. He played 15 songs, made about 100 jokes, and gave the audience a great night. This night was driven by his great attitude and demeanor and great stories and showmanship. Overall, it was an entertaining show and the audience really enjoyed it. Jeff Daniels is definitely a good artist to look into no matter what style you like.



PHOTO COURTESY of bryanreesman.com

Jeff Daniels, actor of "Dumb and Dumber" fame and flourishing musician, performed for an intimate audience in Pollak Theatre last Friday.

exactly eight. Daniels said that taking the part of Harry was one of the biggest risks of his career. The night before shooting started he was getting calls from his agents and managers giving him all the reasons why he should not do it. Over the years, Daniels has played a wide range of characters including Colonel Joshua Chamberlin in "Gettysburg," Detective Harry Temple in

Is MTV's "Skins" Baring Too Much?

NICOLE MASSABROOK
STAFF WRITER

MTV's "Skins" has been drawing a lot of attention lately. Every other commercial shown on the channel is a promo for the new episode, so there's no doubt that you've seen it: the high school kids dancing, drinking, taking drugs and groping each other, sometimes in their underwear.

MTV planned for the show to get a lot of attention, even airing a new episode of "Jersey Shore" before the series premiere to make sure people tuned in. Well, MTV execs got their wish, but they should be careful what they wish for because now "Skins" is getting the wrong kind of attention.

The Parents Television Council (PTC) has sent a letter to the chairman of the U.S. Senate, House Judiciary Committees, and the Department of Justice asking them to investigate the show for potential child pornography and exploitation. Unlike most shows depicting teenagers, "Skins" uses actual teenagers

ranging from 15 to 19-years-old in order to be more realistic.

However, the PTC seems to be forgetting something: it's on basic cable! MTV can't show much at all. These kids aren't having actual sex. They're kissing. They have clothes on because MTV can't show much nudity either. It's acting. As for the claims that MTV is exploiting these actors, the actors aren't young children. When you're 16-years-old, you know what you're doing. If you audition for a show that's mostly about sex, drugs and the awkwardness of being a teenager, you know that you'll probably have to participate in the portrayal of such things.

This letter and all of its claims come after the first episode, where the only one who gets groped and close-ups of her cleavage is 18-year-old actress Rachel Thevenard as Michelle. So a legal adult did indulge in some risqué sexual behavior on the show in the first episode, but others really didn't.

Student Nick Rossi said, "It's ridiculous. No one is ever visibly naked or

having sex so it can't be pornography if neither of those components are involved."

Of course, the logic for these accusations are coming from same council that claimed sexy photos in GQ magazine of Glee stars in their twenties "pedophilic."

However the Parents Television Council also decided to recommend that parents boycott "Skins" sponsors, such as Taco Bell. Taco Bell has since pulled their ads from running during the program and released the following statement, "Upon further review, we've decided that the show is not a fit for our brand and have moved our advertising to other MTV programming."

Wrigley followed Taco Bell's lead stating that "[we] decided to suspend any advertising during MTV's 'Skins' as it was never our intent to endorse content that could offend consumers."

Subway, GM, and Schick Hyrd also made the same decision to pull their commercials from "Skins" as well.

In all honesty, the drama isn't particularly good. All the actors are brand new, this being the first role for most. So the acting is far from superb

as is the so-called "realistic" writing. If you're offended by the lack of talent or the lack of clothing, the answer is simple: don't watch.



PHOTO COURTESY of gossipberry.com

MTV's "Skins" was originally a product of the U.K. In 2009, MTV landed the broadcast rights to the award-winning program.

Spread Love Through the Love Quilt

MICHELLE COSTA
CONTRIBUTING WRITER

A new website is targeting couples and singles across the country all because of one story and one idea. Kyle McDougal, creator and founder of TheLoveQuilt.com, attends the University of Cincinnati and is studying accounting and finance.

Aside from his dedicated studies, McDougal strives for his website to “to be filled with endless love-shouts and stories.” “The site started because in a span of three years I lost three grandparents. I remember for the longest time after my grandpa passed away, I wanted to tell him how much I loved him,” McDougal said.

In a short time, he did just that. With his strong passion for computers and will to start a company, 20-year-old McDougal launched a website that would soon display endless affection.

TheLoveQuilt.com, launched on August 19, 2010, received requests on that first day. Since the initial start, the website is now free, whereas each box was \$1.

By the end of November, 2010, over 300 boxes were posted and 500 fans were reached on Facebook. “It’s not just for people

Mike Harris, also a student at the University of Cincinnati, co-runs the website with McDougal and is mainly responsible for the writing content and promotion. “We are working to spread the word about our site through online advertising, newspapers, radio stations, twitter, and a Facebook campaign,” Harris said.

McDougal hopes this can become a place where endless love can be displayed. He wants the website to be a place where hiding love and emotion is not an

“It’s not just for people you lost in your life, but for the ones you don’t want to lose as well. Every single box has its own story and meaning.”

KYLE MCDUGAL
Founder of The Love Quilt

option, but an encouraging and meaningful environment for all. “They all come together to make something that relates to the concept of a quilt,” McDougal said.

The website, full of big red hearts and plenty of “I love you’s,” forms a picturesque concept of a quilt, emphasizing

tial to become the next young entrepreneur.

“Even though it seems unrealistic to many people, it is not unrealistic to me, and I will not stop working until I get this site to that point,” McDougal said.

The Love Quilt is the quintessential new way of making an ever-lasting impression. One box post essentially holds the capability of letting someone know you love them without having to make direct contact. Although maybe not the style for some,

hundreds have jumped on the bandwagon and are expressing away.

“There is something impersonal about this, but it also has a cool approach that someone was comfortable enough to publicly display their love for you,” Samantha Ward, a University student said.

“This is definitely a different idea, but who knows, now a day anything is possible. Maybe expressing love to someone through a box is the next big thing, it’s worth checking out for sure,” Keri Roberto, another student said.

The Love Quilt is currently working on new ideas and hoping to expand their name by creating personalized gifts, including blankets, t-shirts and coffee mugs.

From husbands to sisters to grandparents to girlfriends to secret admirers, The Love Quilt shares daily stories that are sure to bring a smile to anyone. Romantic and silly, there are certainly no limits when it comes to what love means to you.

“I think this is a cool trend that will last a little while but it will be interesting to see if there will be a continued fan base,” junior Alexandria Fitzgerald said.

“We are working to spread the word about our site through online advertising, newspapers, radio stations, Twitter, and a Facebook campaign.”

MIKE HARRIS
Operator of The Love Quilt

you lost in your life, but for the ones you don’t want to lose as well. Every single box has its own story and meaning,” McDougal said.

The website offers a form that can be personalized by the user, by adding pictures, images and fonts of their choice. Once each message is submitted, it goes through an evaluation process to ensure appropriate and accurate content.

the combination of seams. The seams of the quilt act as the division and separation of personal stories, each differentiating who is special to them. “I want this site to be the biggest keeper of love stories ever,” McDougal said.

McDougal’s ultimate goal is to reach one million posts on the site. With each story and contribution, his dream quilt will grow; McDougal has the poten-

rants in the beachfront towns of New Jersey, especially Monmouth and Ocean Counties.

While some tourists believe that the money spent by these “Bennies” is what keeps the towns alive during the long winter months, this is questioned by locals, who sometimes feel the money is not worth the hassle.

There are many theories of how the term came about. “Benny” supposedly originated because most tourists would come down to the Jersey Shore with \$100 bills – bills with Benjamin Franklin’s portrait.

Some believe that the term “Benny” is short for the word “benefit,” symbolizing the benefits that came from a day in the sun. However, the most popular is still the acronym theory, or locals angrily labeling “outsiders” from the north.

Along with “Benny,” “Shoobie” is also a popular term used to describe the day trippers that come to soak up the sun at the Jersey Shore. However, unlike “Bennies,” “Shoobies” were much easier to spot.

According to the locals of the beachfront towns, “Shoobies” were the tourists that would wear

sneakers or shoes on the beach, while most locals would go barefoot.

However, according to legend, similar to that of “Benny,” the term also describes those tourists who took the train to the shore. The train used to offer lunches that came in shoe boxes, making it easy for locals to spot those who had taken the train to get the beach.

Since the early days at the Jersey Shore, the phrase “Benny Go Home” has been a popular slogan amongst beach town natives. Written on everything from billboards to bumper stickers, the slogan remains popular.

But is the slogan really necessary? As a student at Monmouth, I can understand where the hatred of most new comers comes from, but is it really necessary to hate all tourists?

As a native New Yorker who visits the Jersey beaches a few times a year, I truly do not understand the absolute detestation of all vacationers, since they can be seen as crucial to life at the Jersey Shore. But I guess I won’t ever need to know, since I will always just be a “Benny.”

Don’t Hire That Slouch

GEORGIA GARVEY
MCT CAMPUS

When it comes to landing a new job, finagling a good deal or getting a hot date, new research shows your posture could make all the difference.

A study released this month out of Northwestern University shows an assertive but calm posture may mean even more than actually being in charge of a situation. Professor Adam Galinsky and doctoral student Li Huang compared 77 men and women who were told to sit in either hunched-over or open postures in different settings. Those in the so-called power positions were more likely to behave assertively, giving them an edge in the interactions.

The findings have obvious implications for job-hunters seeking to impress employers, but experts say the information could be relevant in other parts of life, from buying a car to making a good impression on a crush.

Researchers found that sitting in an expansive posture, chest high and arms open, worked so well that it wound up being more important than actually having a powerful role such as boss, manager or interviewer. The expansive posture Galinsky describes transmits self-assuredness in what can be a virtual aphrodisiac for employers.

“Confidence, and, genuine confidence, is huge,” said Courtney McDonough, senior recruiter for Chicago-based Groupon. One key indicator she’s looking for in a candidate: “Are they comfortable?”

Someone sitting slouched over transmits the impression that he or she is not taking the experience very seriously, McDonough said. An overly casual or nervous demeanor, such as interviewees she’s seen toying with pens or twirling hair, can be a hint the person “doesn’t believe what they’re saying.”

It’s all part of our process of sizing people up, experts say, something that doesn’t happen just in job situations. Sitting across a table from someone on a date, peo-

ple we encounter are just as likely to be forming opinions based on our body signals.

“We get these very immediate reads,” said L.A.-based relationship and dating coach Lisa Shield. Our brains are working fast on first impression, she said, to learn whatever we can. “We’re taking in all the cues. On a date, that stuff can speak volumes.”

Shield remembers one client who was confused when a man she was dating stopped calling. Shield said the client, who had become annoyed with the man’s choice of restaurant, might have unintentionally broadcast negative signals.

“Their body language can communicate that they’re not excited,” she said.

Whether we’re deciding which school to attend or negotiating a contract, body-consciousness through posture improvements, deep breathing and meditation can relax us, said Gail Sussman-Miller, a Chicago-based executive coach and speaker. She notes the connection between the way our bodies work and the way our minds work.

“Very black-and-white thinking” can be stifling, Sussman-Miller says.

If “we can get into our body more, we can bring in more intuition.”

Those unconscious messages people send definitely are being received, McDonough said. In fact, though she puts emphasis in someone’s skill set, meeting a job candidate in person is “extremely important,” she said. Someone might not be a good fit in the company, she explained, and no one would know until the applicant showed up in person. “I try not to judge a lot on what’s on paper.”

But don’t go too far, Galinsky cautions. He says trying to sit higher than an interviewer or in an aggressive posture can be deemed threatening. It’s important to get it just right.

“There’s that fine line,” he said. “I just tell people to be the Goldilocks of posture.”

Benny Go Home?

ANGELA GENTILE
STAFF WRITER

As a New Yorker attending school in New Jersey, I have had to quickly pick up and get used to many terms and phrases that I have never heard of before.

Out of many, hoagie is probably my second favorite term, since, to me, it is a made up word used to describe a sub or a sandwich. My first though, is the acronym, “BENNY.”

The term is used by residents of the Jersey Shore area to describe all of the tourists that come from the towns of “Bayonne, Elizabeth, Newark and New York,” spelling out “BENNY.”

Originally, each city was a train stop that took summer travelers from their homes down to the Jersey Shore. Year-round residents of the beach front communities use this word to describe the rude tourists from these places that would travel to and pollute the beaches in New Jersey, take up “the locals’ space,” and just be obnoxious, annoying the locals around them.

Generally, this term applies to all non-residents who clog up the roads, beaches, stores and restau-



PHOTO COURTESY of ar15.com

“Benny Go Home” is a popular slogan used by beach community residents to “unite” locals. Websites such as Bennygohome.com set out to “defend the Jersey Shore.”

“I See You Driving ‘Round Town With the Girl I Love and I’m Like...”

MARTYNA DOBKIEWICZ
FEATURES EDITOR

Breakup season is in full swing, just like the winter. As the snow days pile up, so do the “single” statuses on Facebook. Things quickly spiral downward as cute couple photos disappear, and in their place, heavyhearted lyrics as status updates – “it’s heartbreak warfare.”

Once December hits, it seems that we expect for this to occur, and once one “single” status pops up on our feed, we know there will be plenty more that will follow shortly after.

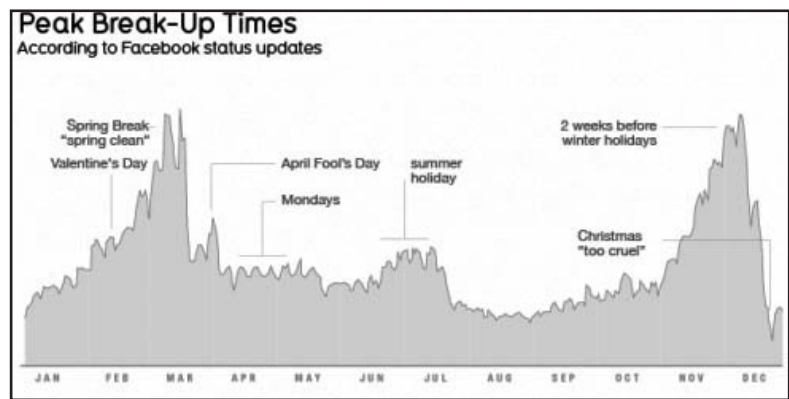


PHOTO COURTESY of crushable.com

Breakup Season is in full swing again as Valentine’s Day and Spring Break approaches. In 2008, British journalist David McCandleless lead a year-long survey involving more than 10,000 individuals and their relationship status updates on Facebook.

Hollywood is also no stranger to this; the media has publicized each major breakup in the past two months. The list goes on and on with Scarlett Johansson and Ryan Reynolds’ divorce, Matt Kemp and Rihanna’s fizzled out fling, and “Dexter’s” Michael C. Hall and Jennifer Carpenter’s

done deal and awkward return to playing brother and sister on set.

Where is the love? According to a study done by British journalist David McCandleless and his team of researchers in 2008, we are reaching a peak in post-holiday romance fallouts.

The survey, consisting of 10,000 status updates on Facebook over the span of a year, concluded that the danger zones for love were right before the winter holidays, Valentine’s Day, and Spring Break.

Couples are spending the holidays apart, or lying low for the month of January before unleash-

ly therapist and sociology professor at the University of Michigan, “pretending that everything is great and being a couple in front of family and friends is not beneficial for you or your partner. It’s difficult pretending to be in love.”

In other words, especially around Christmas and Valentine’s Day, when everyone is interested in the plans you have with your loved one, the pressure is on, and sometimes, it’s just too much. Couples are more likely to go their separate ways, starting off their spring and early summer seasons as single.

While singles have just been observing the romance crashes from a far, maybe even gossiping a little about whose newly free, those who used to be in relationships are left standing solo, as either the dumper or the dumpee, wondering where to go next. As we know, hearts do not break even, and the overall process can be difficult, as you transition into a single life.

Experts offer many tips to get through this season, if you are just getting out of a relationship. It is important that you give yourself time to lick your wounds, and evaluate the situation. There is nothing wrong with not feeling like yourself, as “we” becomes “I”.

It is a path of re-discovery that you must go through. Did you really like rooting for the Celtics, or was it just because your ex was from New England? Is your favorite snack still Tings corn sticks, if he or she introduced them to you? These are all little or even silly examples of some things you’ll come to realize.

Make sure to spend time with your friends and family, as they will keep your mind off of the situation and give you an opportunity to have some fun. It is important to hear advice from people you trust.

Going out is also crucial during a breakup - but beware of one tequila, two tequila, three tequila, floor. Hasty decisions can cause for a regretful morning.

Clear your mind and life by cleaning and organizing. In the beginning, this step may be the farthest from your mind as you draw attention to working out for that vengeful comeback of looking good, or partying with your friends, but eventually, you’ll want to clean up what experts

it is crucial to keep grounded by taking care of your physical and mental health.

Eating properly and exercising helps relieve stress and boosts self-confidence. Keeping a journal or finding a way to release all of your thoughts and feelings also helps the process.

Finally, sometimes the most difficult step is really letting the person go. While the smallest things can remind you of them, try not to “hate” these memories. As hard as it may seem, the fact that they watched “Grey’s Anatomy,” wore vans, or listened to Coldplay will fade away.

At first, it is good to be distanced from all of these thoughts, until you feel that you are ready

“If you love something, set it free. If it comes back to you, it is yours. If it doesn’t, it never was.”

call “emotional sickness,” starting with your bedroom.

Fill up your time with new hobbies and activities that you may never had a chance to do while you were in a relationship. Sometimes, change can be good.

Pick up a new responsibility or take a vacation during the summer. Feel accomplished by making a list of all the things you’ve done since separating from your ex, things that he or she would even be surprised to hear about.

Staying healthy whether you’re in or out of a relationship is always important, but particularly now with emotions running high,

to face them. Some day, you will no longer associate that person with all of these memories.

We may be in the middle of a breakup season, but it does not mean that we should give up all hope, as new relationships will bloom, sometimes even with the same people.

Whether it is time to move on and eventually find someone else, or simply not the right time for this relationship at this point, as time goes by, it is important to believe. “If you love something, set it free. If it comes back to you, it is yours. If it doesn’t, it never was.”

Switching Up the Zodiac Signs

JENNIFER DWIGGINS
STAFF WRITER

How can you be a Gemini one morning, getting ready for work while reading your horoscope, but the next morning, come to find out that you are now a Taurus?

On January 13, 2011, some surprising news was released, that proposed just that. *The Minneapolis Star Tribune* published an article suggesting that the zodiac signs that we have all come to know have redistributed themselves, and people do not

thousand years ago. The signs are the different symbols that represent different sections of the Zodiac.

The Zodiac itself is a group of constellations that line the imaginary path the sun takes around the earth each year. This zodiac is divided into 12 sections, which is why there are 12 different signs.

Your sign depends on when you were born, and where the constellations and sun were on that day. The original 12 signs are Aquarius, Pisces, Aries, Taurus, Gemini, Cancer, Leo, Virgo,

the Eastern System, which was created in India. Most people outside of India do not follow the Vedic system.

“The Minneapolis Star Tribune” suggests that the zodiac signs have been pushed back one month, and that a new sign has been added. Parke Kunkle, an astronomer who is quoted in the article, says that there is a re-alignment of the earth with the sun.

Due to the “wobble” of the earth being caused by the moon, the zodiac signs have been pushed back a month. Kunkle, a board member for the Minnesota Planetarium Society, understands the craze that this has caused, but assures that he is looking at this from only a scientific angle.

In *The Washington Post*, Kunkle says, “I can tell you what the science is, but I’m not going to tell you what your personality is based on the location of things.”

Kunkle also claims that there is a new sign, so instead of the zodiac being divided into 12 sections, it now has 13. The new sign that was recently introduced is called Ophiuchus, said to be your sign if you were born between November 30 and December 17.

Supposedly, this sign was considered in the ancient times, but was discarded by the western system and embraced by the eastern system. While this has seemingly shocked the public, it is important to remember that the information is not new to the astrological world.

In a quote given to *The Kansas*

State Collegian, astrologer Shelley Ackerman says, “this doesn’t change your chart at all, I’m not about to use it. Every few years, a story like this comes out and

past 3,000 years, but this difference does not change a person’s zodiac sign. This “wobble” only affects the eastern system, which is again mostly used in India.

“This doesn’t change your chart at all, I’m not about to use it. Every few years, a story like this comes out and scares the living daylight out of everyone, but it’ll go away as quickly as it came.”

SHELLEY ACKERMAN
Astrologer

fall under the same sign that they thought they did.

While some choose not to believe or get wrapped up in their zodiac signs or horoscope, for those that do believe, the article came as a shock.

The system of astrology is considered a pseudo science. It is not an exact science, meaning it is not backed by facts and cannot be proven. Originally, zodiac signs were invented by the ancient Babylonians roughly three

Libra, Scorpio, Sagittarius, and Capricorn.

Each sign is associated with an element - fire, water, earth, or air, and there are two different systems for determining zodiac signs. The first and most commonly used system is the Tropical Zodiac System, better known as the Western System.

This is the system horoscopes are based off of. The other system is called the Vedic Astrology System, sometimes called

Sign	Old Dates	New Dates
Capricorn	Dec. 23-Jan. 20	Jan. 9- Feb. 15
Aquarius	Jan. 21-Feb. 19	Feb. 16-Mar. 11
Pisces	Feb. 20-Mar. 20	Mar. 12-Apr. 18
Aries	Mar. 21-Apr. 20	Apr. 19-May 13
Taurus	Apr. 21-May 21	May 14-June 19
Gemini	May 22-June 21	June 20-July 20
Cancer	June 22-July 22	July 21-Aug. 9
Leo	July 23-Aug. 21	Aug. 10-Sept. 15
Virgo	Aug. 22-Sept. 23	Sept. 16-Oct. 30
Libra	Sept. 24-Oct. 23	Oct. 31-Nov. 22
Scorpio	Oct. 24-Nov. 22	Nov. 23-Nov. 29
Ophiuchus	Not a Part of the Zodiac	Nov. 30-Dec. 17
Sagittarius	Nov. 23-Dec. 22	Dec. 18-Jan. 8

PHOTO COURTESY of buzzhollywood.com

Ophiuchus is the newly proposed thirteenth sign (November 30 - December 17), between traditional zodiac signs Scorpio and Sagittarius.

scares the living daylight out of everyone, but it’ll go away as quickly as it came.”

Many astrologers know that the earth and sun have been re-positioning themselves over the

The eastern system is the system in which the new sign will be added. In other words, for those living in the U.S., the signs have not changed and the horoscopes have been correct all along.

Hidden Talent at University Comes Forth at RHA Open Mic

First Open Mic of the Semester Co-funded by the Office of Substance Abuse and Awareness

NICK HODGINS
CONTRIBUTING WRITER

Monmouth University Office of Substance Awareness and the Residence Hall Association (RHA) kicked off their first open mic last Thursday, January 27 in the Oakwood lounge. The night featured performances from Ray Bogan, Dylan Wadler, and Bill Palmer.

After some confusion about whether the Residence Hall Association was going to show up or not, the performers took the night into their own hands. Lefty guitarist Ray Bogan took the mic. He played three covers and one original song; "Maggie May" by Rod Stewart, "Change the World" by Eric Clapton and "Bell Bottom Blues" also by Eric Clapton.

Bogan is a first year student at the University and has been playing guitar for two years. Having just transferred in this spring semester, he was anxious to perform when he heard that an open mic night was being held.

"It's great to play in front of an audience. It's a night to do what I want at the mic and a great way to meet other students," he said.

Bogan had a powerful voice and there did not seem to be a note he could not hit. It was clear that he has a passion for music and would have played all night if he could.

A few songs into Bogan's set, the host of the night, Devin Menker, did show up and apologized for being held up at the Hawks basketball game.

The second performer of the night was Dylan Wadler, sophomore student. Wadler was all

smiles at the mic and performed two cover songs; "Everlong" by Foo Fighters and "Simple Twisted Fate" by Bob Dylan. Despite his friends trying their hardest

The final performance of the night was Bill Palmer on his electric guitar. Palmer is a communication major at Monmouth with a concentration in TV/ra-

Palmer said, "I go to the open mic nights because it's a chance for me to not only play my guitar live, but I also get to show people who I am through the songs that I've written, and I get to see people's reactions to my songs. I am never truly done revising a song, until I play it live."

Afterwards, the host took the mic to thank all the performers for coming and for their hard work. Menker spent the night not only introducing the performers but being an entertaining host and really getting the audience involved with the night's events. He held a raffle throughout the night giving away two pairs of MU gloves, a Monmouth t-shirt and two gift cards to Einstein's Bagels.

Menker has been hosting open mic nights for the past four years and has seen it grow over time. He said, "The open mic nights are a place where students can express themselves while showcasing their talents in front of their peers."

The next open mic night is scheduled for Thursday February 24 in the Oakwood Hall lounge area at 10:00 pm. Open mic nights are a great place to hang out and meet some cool and talented people.

Whether you want to perform or just stop by to watch it will definitely be a fun time. Everyone is super friendly and supportive of all the performers so do not be shy and be sure to stop by and check it out.

Those interested in being a part of Residence Hall Association can attend their meetings at 8:00 pm Wednesday nights in Mullany Hall.

"The open mic nights are a place where students can express themselves while showcasing their talents in front of their peers."

DEVIN MENKER
Senior

to distract him from the audience, he still managed to perform both songs flawlessly and enjoy himself along with everyone else in the room.

The pace changed when one student took the stage and graced the audience with her incredible poem about peace, or lack thereof.

The poem dealt with the topic of peace and the irony of how we have to fight for it. She was very passionate at the mic and

dio.

Palmer walked up with his guitar displaying a strong aura of confidence and anyone could tell he was going to rock the mic. He performed one original song and one cover song. The original was called Drunken Haze and it had the audience laughing at the clever lyrics as everyone listened to Bill create a story that many college kids could probably relate to. The second song was a well-known

"It's great to play in front of an audience. It's a night to do what I want at the mic and a great way to meet other students."

RAY BOGAN
First-Year Student

captured the audience's attention through strong volume control and hand gestures. She was fast paced and articulated each word as she rapped her thoughts to the audience.

song that everyone could sing along to; "All the Small Things" by Blink 182. Palmer strummed the final chord of the night and everyone applauded at the great performance.

Get a Rush at "Meet the Greeks"

Opportunity for all Students to Learn about Fraternities and Sororities on Campus

JORDAN FUREY
STAFF WRITER

Greek life will be hosting "Meet the Greeks" in Anacon Hall in the upcoming weeks. Due to the threat of inclement weather scheduled for Tuesday evening, the Greek Senate chose to cancel the event.

This is a great opportunity for students who are thinking about joining a fraternity or sorority to get a better sense of what Greek life is all about.

Any student who has at least 12 credits and a grade point average of at least 2.5 is eligible to join a fraternity or sorority. At the University, there are five fraternities and five sororities.

Eliza Miller, member of Phi Sigma Sigma, said, "Meet the Greeks" is a great way to learn a little bit about each organization. Each fraternity and sorority has their own values, priorities, and concerns so it's important to know where you see yourself fitting in before the recruitment process begins."

The inter-fraternity council organizations offered at the University are Phi Kappa Psi, Sigma Pi, Sigma Tau Gamma, Tau Kappa Epsilon, and Theta Xi.

Phi Kappa Psi fraternity was founded in 1852 and raises money for The Boys and Girls Club of America.

Sigma Pi fraternity was founded in 1897 and collects money for the SAM Spady Foundation.

Sigma Tau Gamma, founded in 1920, donates to the BACCHUS/

lects money for Multiple Sclerosis and Habitat for Humanity.

The Panhellenic council organizations, or sororities, offered at the University are Alpha Sigma Tau,

for Humanity.

Alpha Xi Delta, founded in 1893, collects money for Autism Speaks.

Phi Sigma Sigma was founded in 1913. They contribute money to The

1898 and contributes to the Breast Cancer Education and Awareness.

Brittany Ziemba, member of Delta Phi Epsilon, said, "I really love being a part of Delta Phi Epsilon. It is a great way to get involved on campus and it's a really fun way to give back to the community."

There is also a multicultural Greek council organization available for women called Lambda Theta Alpha Latin Sorority. This organization holds their own event in the beginning of the school year called Meet the Lambdas.

There is also a professional and academic organization named Alpha Kappa Psi which is a co-ed organization.

The sororities and fraternities on campus hold different events open to all students to raise money for their philanthropies. These are usually fun events that students can participate in. They also participate in many community service activities to benefit the surrounding community.

At "Meet the Greeks," each fraternity and sorority will have their own table where they will have information about their organization. Students can walk around and talk to members of the different organizations and learn what they are all about.



Members of Delta Phi Epsilon pose at a Greek Life event.

PHOTO COURTESY of Jordan Furey

Gamma and Books for Kids.

Tau Kappa Epsilon was founded in 1899 and raises money for Saint Jude Children's Research Hospital and also the Alzheimer's Association.

Theta Xi, founded in 1864, col-

Alpha Xi Delta, Phi Sigma Sigma, Delta Phi Epsilon, and also Zeta Tau Alpha.

Alpha Sigma Tau was founded in 1899 and donates to the Pine Mountain Settlement School and Habitat

National Kidney Foundation.

Delta Phi Epsilon, founded in 1917, raises money for Anorexia Nervosa and Associated Disorders and the Cystic Fibrosis Foundation.

Zeta Tau Alpha was founded in

Animal Representatives of Monmouth University: Adopt Charlie!

Come in and meet Charlie! Charlie is a tiny three-year-old male.

He likes to play with other cats and would love some brothers and sisters.

Charlie loves to play with toys. He enjoys human companionship and especially loves people who pet him.

Charlie just wants a loving home and would be a great addition to any family.

If you would like more information on Charlie, please contact an adoption counselor who works at the Monmouth County SPCA.

Charlie would love a visitor, and love it even more if he was adopted by a family.

If you or someone you know is interested in Charlie, you can reach the MCSPCA at 732-542-0040. Or come visit Charlie at 260 Wall St., Eatontown, NJ 07724.



PHOTO COURTESY of The Animal Representatives of Monmouth University

Adopt Charlie, a three-year-old cat who loves other cats and human companionship and would like to find a family in time for Valentine's Day.

February is Premiere Month at Hawk TV!

	Wednesday	Thursday	Friday	Saturday
12:00-2:00 AM	• News • EP • PG	• News • EP • PG	• News • EP • PG	• News • EP • PG
2:00-6:00 AM	• Going the Distance • The Town	• The Town • I Love You Man	• I Love You Man • Going the Distance	• Going the Distance • The Town
6:00-8:00 AM	• Issues and Insights • Think Talk • M ²	• Issues and Insights • Think Talk • M ²	• Issues and Insights • Think Talk • M ²	• Issues and Insights • Think Talk • M ²
8:00-9:00 AM	• M ² Live	• M ² Live	• M ² Live	• M ² Live
9:00-11:00 AM	• Easy A	• The Break-up	• Salt	• Ghost
11:00-1:00 PM	• News • EP • PG	• News • EP • PG	• News • EP • PG	• News • EP • PG
1:00-5:00 PM	• The Break Up • P.S. I Love You	• Ghost • Salt	• The Break-up • Ghost	• Easy A • P.S. I Love You
5:00-7:00 PM	• M ² • M ² Live	• M ² • M ² Live	• M ² • M ² Live	• M ² • M ² Live
7:00-9:00 PM	• News • XP • PG	• News • XP • PG	• News • XP • PG	• News • XP • PG
9:00-11:00 PM	• I Love You Man	• Going the Distance	• The Town	• I Love You Man
11:00 PM-Midnight	• M ² Live	• M ² Live	• M ² Live	• M ² Live

Club and Greek Announcements

Delta Phi Epsilon

Welcome back Delta Phi Epsilon! We hope that everyone had a wonderful break and would like to wish everyone a great semester to come!

Thank you to everyone who came to Deeper Dude. We raised a great deal of money for our Cystic Fibrosis Foundation and could not have done it without all of you.

Have a great semester and thank you!

Pep Band

Welcome students! The Monmouth Pep Band is always looking for new members to fill out our ranks. If you play an instrument and are looking for a great place to play, come be a part of what we do!

The Pep Band is one of the busiest performing groups on campus performing between 50-60 performances on average every year.

Played in high school? Awesome! Continue making music with us.

For more information, please contact the director, Professor Bryan Jenner at bjenner@monmouth.edu or stop by the Pep Band office on the third floor of the Rebecca Stafford Student Center to talk to one of the directors.

Economics and Finance Club

The Monmouth University Economics and Finance Club is having their first meeting for Spring 2011 on January 26 in Bey Hall Room 231 at 2:30 pm. Pizza and refreshments will be served.

According to the University website, the purpose of the club is to "combine similar interests of economics and finance through various activities such as guest speakers, field trips, projects, course work, tutoring, and social activities.

For more information about this meeting and other meetings in the future, feel free to visit our website at muefc.wordpress.com.

Field Hockey Club

The Field Hockey Club is looking for new members! No experience is necessary.

If you are interested in being a part of the Field Hockey Club, please email Kerri Bohse at s0689678@monmouth.edu for further information.

Student Activities Board

The Student Activities Board would like to thank everyone for two successful past events—the Welcome Back Black Light Dance Party held on Friday, January 21 and the Winter Carnival held on Saturday, January 22.

If you would like to be a part of the Student Activities Board, come to our meetings at 3:30 pm every Wednesday in the SAB office, located on the third floor of the Student Center.

PRSSA

The Public Relations Student Society of America (PRSSA) will be meeting Wednesdays at 3:00 pm in the Jules Plangere building room 234.

Phi Kappa Psi

We would like to urge all interested members to attend IFC Round Robin, which will be taking place in the Young Auditorium in Bey Hall at 10:15 pm.

This is an opportunity for us to meet all of you. Also, you can have a chance to learn what Phi Kappa Psi is all about.

Alpha Sigma Tau

We would like to welcome our six newest members.

Alpha Sigma Tau's Annual Suicide Awareness Week was very successful. We raised over \$200 throughout the week for the American Foundation of Suicide Prevention.

The sisters of Alpha Sigma Tau also went to Rutgers and participated in AFSP's "Out of the Darkness" walk in memory of those lost to suicide. We also worked with the Ashley Lauren Foundation to raise money and build scarecrows with children affected by cancer and their families.

For Homecoming this year Alpha Sigma Tau and Phi Kappa Psi participated in the float building contest and won second place. We have many plans for this semester.

All Lifestyles Included

Become an ally of the LGBTQ community! Come to the ALI meetings on Wednesdays at 2:30 pm in the Mullaney Hall Lounge.

If you have any questions, please contact Club President Yuri Albertao at s0701349@monmouth.edu.

Yoga Club

Yoga Club meets every Monday night at 9:00 pm in the Magill Commons Club, Room 108.

Mats are provided for those who do not own their own. Weekly meetings include a hatha yoga demonstration and a brief discussion of club activities at the University.

Sigma Tau Gamma

Sigma Tau Gamma Fraternity is proud to announce that we have initiated six new brothers: Mike DiBerardino, Henry Siebecker, Chris Trotta, Deep Patel, Dan Bracey, and Max Signore. Congratulations!

The fraternity also has a lot going as we have recently placed first in float building for this year's Homecoming and co-sponsored Substance Awareness' Alcohol Screening. We also plan to help with "Project Pride," an event where prisoners share their stories on how their choices concerning the use of alcohol and drugs got them put in jail.

Hawk TV

If you are interested in being a part of Hawk TV, then please come to our meetings located in the Hawk TV studio at 3:30 pm every Wednesday.

If you would like to be a part of our News team, then please come to our meetings at 3:00 pm every Wednesday in the Hawk TV studio.

SGA President's Letter

Fellow Hawks,

I hope that the start of your new classes is going well. Hopefully it has not been hard to get into the groove with all the snow that we have had!

Student Government Association had to cancel its meeting last week because of the inclement weather.

We are in the process of selecting our new Senators through an interview process. Those new members will be in place for this week. Student Government Association is happy to have them aboard!

Also in Student Government Association news, our Senate will be sending six members to the Conference on Student Government Associations from February 26 until March 1 at Texas A&M University!

It is an exciting time for all who go as they will be learning more about the student life at numerous colleges and universities across the United States.

As a former Conference of Student Government Associations representative, I know they will have a fantastic time down in "Aggieland"!

Coming up, Student Government Association will start to gather information about the student experience in the dining hall, Rebecca Stafford Student Center, and other places to eat

on campus. This is all in our effort to improve the food and atmosphere on the Monmouth campus.

Obviously, no system or company can be perfect. However, Student Government Association is committed to making sure that the system in place meets the high expectations for all who go here.

If you wish to comment on your dining experience at Monmouth or if you are part of a club or organization who has ordered catering services from Aramark, please email Student Government Association at sga@monmouth.edu as soon as possible.

It is our hope to ease the number of complaints and make the student dining experience better.

Also, make sure that you go out to the basketball games on campus in February. Both teams need your support!

The men's team will be playing in the Multipurpose Activity Center on February 9, 17, and 19 against Fairleigh Dickinson, St. Francis, and Robert Morris as they finish up their 2010-2011 season. The women will play



in the Multipurpose Activity Center on February 14, 19, and 21 against Fairleigh Dickinson, Robert Morris, and St. Francis University (PA). The women's basketball team is doing really well this year and will compete to play in the Northeast Conference tournament in early March! Make sure you get out and show your best support!

Once Student Government Association is able to hold a meeting, I will have updated information about all Student Government Association initiatives available. For now, GO HAWKS!

Kevin Sanders
SGA President



What is your favorite thing about Super Bowl Sunday?

COMPILED BY: ROBYN FLYNN



Matt
senior

"Watching the game."



Eleni
junior

"The food, drinks and commercials, everything except the actual game."



Mike
senior

"Wings!"



John
sophomore

"I watch the 'Puppy Bowl' on Discovery Channel instead."



Mike
junior

"Getting together with friends and family to have fun."



Tori
junior

"All the great food at parties."



Nicole
senior

"Making money at my job at a bar."



Amy
senior

"I love to see all the new commercials."



Katie
junior

"I'm a Jets fan, so this year I'm looking forward to the commercials."



Mallory
senior

"I'm not a football fan, but I love the social aspect of the parties."

Campus Activities This Week

wednesday, february 2

University Sponsored Off-Campus Housing Info Session, 2:30pm Young Auditorium
IFC Round Robin, 10:15pm Bey Hall

thursday, february 3

Study Abroad 1st Step Meeting, 4pm RSSC, 202B
Shakespeare's King Lear (Live in HD), 7pm Pollak Theatre
Coffee House: Diego, 7pm Java City Café
Yoga, 9pm TBD

friday, february 4

University Sponsored Off-Campus Housing Info Session, 4pm Young Aud.
Ice Hockey vs. Rider, Ice World, Howell, NJ
Lecture: Edward E. Jankowski: Art & Influences, 6pm Wilson Aud.
Opening: Art & Influences, 7pm 800 Gallery
Movie: Paranormal Activity 2, 7pm & 11pm Oakwood Lounge
Date Auction TBD

saturday, february 5

MU Track Meet, 11am MAC
Ice Hockey vs. Lafayette, Ice World, Howell, NJ
Ultimate Sports Challenge, TBD Boylan Gym
Movie: Love and Other Drugs, 7pm & 11pm Oakwood Lounge

sunday, february 6

Track Youth Meet, 7am MAC Indoor Track
BHM Movie: Do the Right Thing, 7 pm Oakwood Lounge

monday, february 7

Study Abroad 1st Step Meeting, 4pm RSSC, 202B
PHC Formal Recruitment Bid Pick Up

tuesday, february 8

Calm Down!, 7:30-8:30pm Mullaney Hall
Java Talks, 7:30pm Java City Café

Showings are in
Oakwood
Lounge @
7 & 11 PM



Feb. 4
Paranormal Activity 2

**WEEKEND
MOVIES**

Feb. 5
Love & Other Drugs
Free
Admission &
Popcorn



Wednesday

All Lifestyles Included club
2:30pm, Mullaney Lounge

**CLub
mEEtInGS**

SAB (Student Activities Board)
3:30pm, Carol Afflitto Conference Room

SGA (Student Government Association)
2:30pm, SGA Suite.

Thursday

Friends of Socrates
11:30am
McAllan Hall #230

Clubs Send in Your Spring 2011 Meeting Times!
activities@monmouth.edu



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To have your campus-wide events included, send an e-mail to activities@monmouth.edu

The Office of Student Activities and Student Center Operations • 732-571-3586 • 2nd Floor, Rebecca Stafford Student Center

Wanted:

Wedding photographer

wanted for 9/16/11 in Sandy Hook, New Jersey from 2pm to 10pm. Please call Dan if interested (908) 358 6049.

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Stan Lee Continues To Create New Heroes

MATTHEW FISHER
COMICS EDITOR

Comic book maestro, Stan Lee, has co-created some of the most prolific superheroes such as Spider-Man and the X-Men. However, that does not mean he has stopped creating more heroes to save the world from destruction.

Since October 2010, Lee has given Boom! Studios some new heroes to assist in developing a new comic book universe for this independent comic company.

These would not be the first superheroes to inhabit this publisher as hero-turned-villain Plutonian stars in "Irredeemable" while the villain-turned-hero Max Damage headlines "Incorruptible."

Even Pixar's superhero family, The Incredibles, has a series here.

However, what sets this new brand of heroes apart is having the iconic Lee present these characters through books that are headlined "Stan Lee's..."

The heroes that he has helped to create with Boom! are Soldier Zero, Starborn, and the Traveler.

"Soldier Zero" is about Stewart Trautmann, a college student confined to a wheelchair who comes into contact with an alien organism that gives him super powers and changes his life forever.

Now, in a suit of high-tech armor, Stewart is soon placed into a fight between aliens that have picked Earth to battle on and confronts them as Soldier Zero.

"Starborn" features an average man who learns of his role in an empire deep within space while he contends with fighting five other extraterrestrial species.

"The Traveler" tells of an unknown time traveler, who fights against adversaries from the fu-

ture simply known as the Split-Second Men.

At last summer's Comic Con International, Lee talked about what the collaboration process has been like at Boom! Studios as he helps these creators present these new heroes to the comic fanbase.

According to Comicbookresources.com, he said "They create the books, but then they bring 'em to me, say 'What do you think of this idea, how do you like this bit? How do you feel about this art?' It felt like I was back in the Bullpen again like I used to be at Marvel, and I've never had a better time."

Although Lee's role was helping to create these characters, he is not writing their tales. Instead he has his own of league of superhero writers delivering his ideas to the page.

Mark Waid is writing "The Traveler," Paul Cornell is on "Soldier Zero" (writers Dan Abnett and Andy Lanning will take over the series starting with issue #5), and Chris Roberson has the scripting duties for "Starborn."

Cornell explained to newsramp.com what it was like writing a title with the legendary comic book creator at his side.

"Stan's been giving us notes from the start, and this was written based on his format. I always say this is rather like Rick Rubin's work with Johnny Cash; there's nothing retro or pastiche about it, we're just using modern techniques to let Stan's eternal virtues shine through," he said.

The introduction of these "Stan Lee" heroes presented some good business for Boom, especially with "Soldier Zero."

A Boom! Studios media release on Comicast.com said that "Sol-

dier Zero" #1 sold enough copies to become the best book that the publisher had printed to date last October.

Lee might be working to add new heroes to the comic book universe, but this is not the first time he has worked with another company outside of Marvel.

Back in 2001, Lee worked with DC Comics to reinterpret their heroes in his own image in a series of one-shots known as "Just Imagine Stan Lee's..."

He focused on a number of heroes from Superman and Batman to Aquaman and Wonder Woman. In each issue, Lee presented the characters fans knew but altered them a bit.

For example, in Lee's DC Universe, the character of Robin works as a villain and is tasked with killing this version of Batman.

As for the world beyond comics, Lee is currently working with the National Hockey League (NHL) to create their own brand of heroes. The NHL and Lee's SLG Entertainment have joined forces to present a new group of heroes with The Guardian Project.

According to NHL.com, "The Guardian Project, which will encompass the creation of 30 Guardians (one to represent each NHL team) as a new series of superheroes, with a creative concept that organically and authentically incorporates various NHL elements but is not set in the world of hockey."

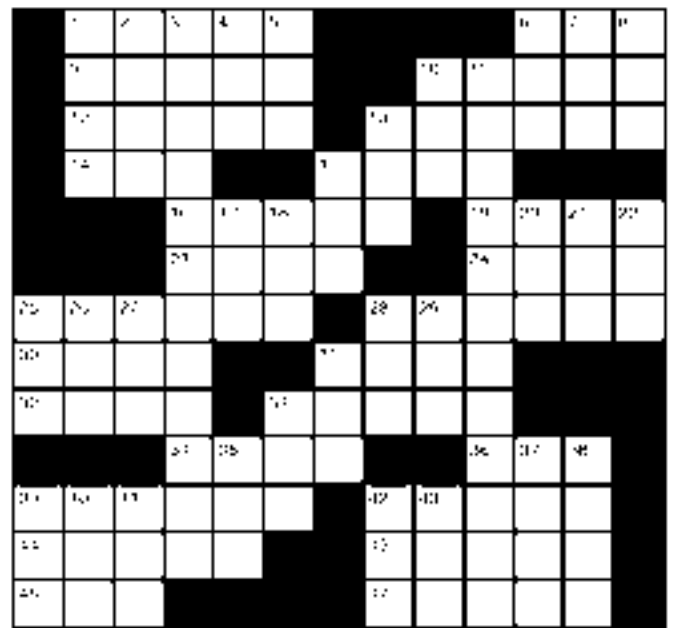
Two heroes listed in the Guardian Project are the Pittsburgh Penguin and the Los Angeles King.

"The Traveler" #3 was released last week, but watch for new issues of "Soldier Zero," "Starborn," and "The Traveler" later this month.



THE TV CROSSWORD

by Jacqueline E. Matthews



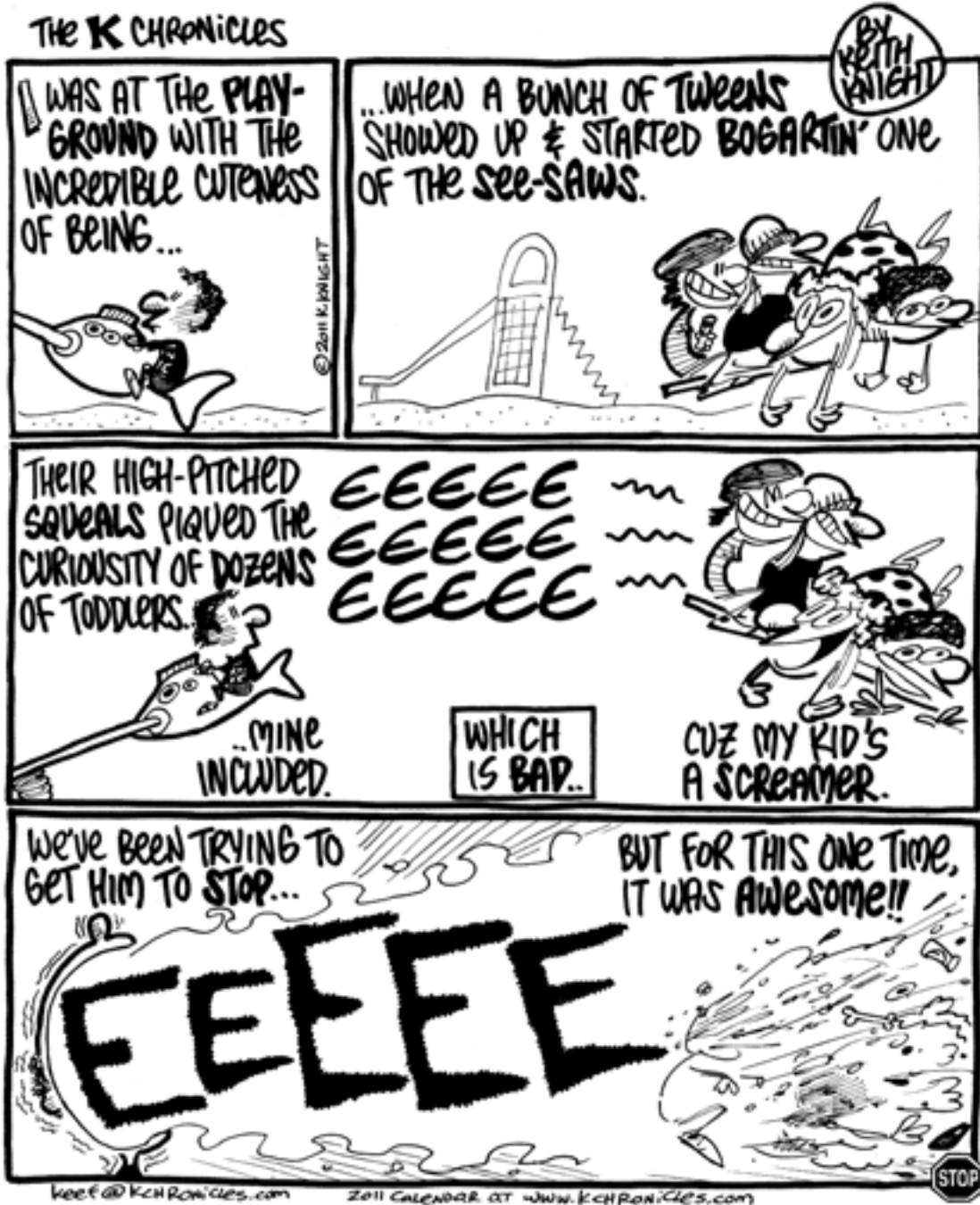
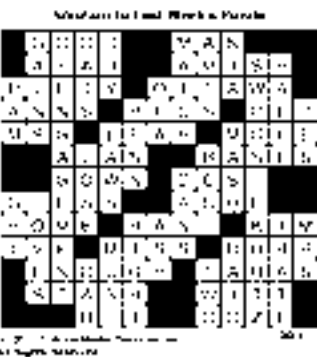
ACROSS

- 1 Mandy
- 6 Cindy and Dana
- 9 Jennifer Garner adventure series
- 10 K&A
- 12 "Can You Squeal?"
- 13 Mandy on the
- 14 Alamy on the show
- 16 Howard and Phil
- 18 Matt Lauer's program
- 19 "The Greatest Story Ever"
- 23 Janis Joplin
- 24 Boston
- 25 Series on the Boston port
- 28 "Criminal" when Felt's seen
- 32 Mingo's hatbox
- 33 "We'll be in the Sun"
- 34 "Where's the... Anyway?"
- 35 Company that moves day trades
- 36 Sherman's money's worth
- 38 Tales for Comics and other
- 39 American "Jill" with Underwood
- 40 Sister of "The Merchant"

- 44 God America song sung by Kiley Smith
- 45 Sheela on
- 46 Acta Caesar
- 47 Wachowski's Cinema

DOWN

- 1 "The Lord of the..."
- 2 Douglas... Queen
- 3 "January"
- 4 "Sun" Susan Rice-McIntyre
- 5 "The..."
- 6 "One of John Boy's brothers"
- 7 "The..."
- 8 "Piper"
- 10 "The..."
- 11 "How on 'Brothers & Sisters'"
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Hawks Fall in Connecticut, but Dominate Televised Game

DAN GUNDERMAN
ASSISTANT SPORTS EDITOR

Last Monday, the women's basketball team, who have been on a role as of late, traveled to New Britain, Connecticut to take on Central Connecticut State University. The game was another conference matchup for the Hawks, who had been 5-2 in conference play leading up to Monday's matchup.

The game proved to be another Monmouth shootout, as both sides took and relinquished leads throughout the game. Monmouth also took a two game winning streak into play Monday, led by the strong scoring efforts by Alexis Canady, Alysha Womack, Gabby Singer and Erin Rooney. This battle again came down to the waning minutes of the game, as Monmouth was down only three with less than a minute left.

Looking and eventually receiving a brief change in momentum, the Hawks forced a CCSU turnover. On that very possession, Chevannah-Paalvast was fouled on her take to the basket, and the sophomore was sent to the line. She missed on the first attempt, but came through on the second, cutting the CCSU lead to only two points.

The Hawks' luck quickly faded and Central Connecticut's Kerianne Dugan was fouled and sent to the line to increase the Monmouth deficit, unfortunately for the Hawks, she made both attempts and the game became an increasingly difficult four point deficit. On the next Hawk offensive possession, on a field goal very near the three point line, Carly Thibault again drew Monmouth closer, making the game a very do-able

two point deficit. (47-45).

The Blue Devils responded quickly, as Dugan was fouled and sent to the line for a 1 and 1. She connected on the first and missed the second, but on the final possession, Alexis Canady's shot was blocked by CCSU's Jessica Babe. Following the re-

added seven points for Monmouth, coming off the bench for the Hawks. The Hawks' contributions early were led by bench players, who outscored the Blue Devil bench 15-2 in the first 20 minutes of the game. CCSU was led by a solid team performance, where they shot 41 percent from the

Hawks came up against a 12-7 Long Island squad who were eager for a victory at the MAC. The game was televised on MSG (Madison Square Garden Network) and saw a good fan turnout. For the Hawks' sake, the right game was televised, as they held a lead from the opening tip off

points. Canady added 13 points and four assists, Erin Rooney added 12 points and three assists, Abby Martin had 15 points and eight rebounds and Gena Broadus added 10 points and five rebounds. In total, the five players just mentioned combined for 66 points as another dominant Hawk performance earned them their 14th victory on the season. (Also improving to 6-3 within the NEC).

Three point field goals from Rooney, Womack and Canady were a strong factor in the Monmouth victory, but also a solid performance on the boards also contributed greatly to the eventual win. LIU forward Ashley Palmer scored 15 points in the opening half, keeping the Blackbirds in the game and cutting away at their lead. But as Monmouth shot 51 percent from the floor in the first half, their confidence carried over to the second half, as they quickly built up their lead.

The dominant lead taken by the Hawks would peak out at 30 points, as Monmouth continued to connect on three after three. They set a season high with 11 three pointers made on the night, and shot an impressive 55 percent from three point land. Keeping LIU distant was their 36 percent shooting effort on the night.

Palmer would barely contribute for the Blackbirds in the half, and ended the night with 16 total points. All in all, the dominant performance proved Monmouth is a force to be reckoned with in the NEC and they will look to continue their dominant three point shooting in the upcoming matchups. They will pick up action again against St. Francis, as they try to obtain their 15th victory on the season.



PHOTO COURTESY OF MU Athletics

Alexis Canady had 13 points, four assists, and four rebounds in Saturday's win over Long Island University 72-54.

jection, the Blue Devils sealed their victory over the 13-5 Hawks.

After the sounding buzzer, the Monmouth stat sheet was filled by Erin Rooney, who had nine points for the Hawks. Canady added another solid eight points to the total. Sophomore Guard Adriana Allen

field, but they were paced by Gabrielle Oglesby's game high 14 points. The CCSU attack proved to be too strong and Monmouth couldn't come through with the conference road victory, falling to 13-6 total on the season, and 5-3 in conference play.

On Saturday, January 29, the

until the sounding horn. They won the game in dominating fashion 74-52.

In a balanced first half, the Hawks only led the Blackbirds by four points at halftime. Five Hawk players stuffed the stat sheets for the Hawks, who were led by Alysha Womack's 16

Monmouth Announces 2011 Football Schedule

PRESS RELEASE

Monmouth University Head Football Coach Kevin Callahan has announced the team's 2011 schedule, which includes non-conference tilts against playoff participants Lehigh University and Villanova University.

"The home portion of our schedule is particularly exciting" said Callahan. "We have home games against both Lehigh and Colgate, and we have the opportunity to play some of the league's top teams at Kessler Field."

For the second straight season MU will host six teams at Kessler Field, including non-conference tilts against Lehigh University and Colgate University. Monmouth will also face Villanova University in addition to eight Northeast Conference contests. The schedule marks the first time in the 19 year history of the program that MU will face three teams that participated in the Football Championship Sub-division playoffs the season before.

"The non-conference portion of the 2011 schedule is as challenging as we have ever had at Monmouth" said Callahan, the only coach in the history of the program. "Two of the teams, Lehigh and Villanova, were FCS playoff teams in 2010. Both won games in the playoffs, and Villanova was one win away from playing for the national championship. Colgate, from the Patriot League, has been a perennial playoff contender."

The Hawks open the season with a home game against Lehigh University on Sept. 3, 2011 in the third ever matchup between the two teams. Lehigh, which won an opening round playoff game last season before losing to eventual National Champion runners

up Delaware, finished with a 10-3 record and a Patriot League Championship. The Mountain Hawks defeated Monmouth in the two previous meetings, in 1999 and in 2005. It will be Lehigh's, which finished last season ranked 14th in the FCS Coaches Poll, first visit to Kessler field.

A bye week follows in the second week of the season before Monmouth travels to Villanova on Sept. 17 to take on the 2009 National Champion Wildcats. 'Nova finished last season ranked third in the Coaches Poll after winning a pair of playoff games before losing to eventual National Champion Eastern Washington in the semifinals. It will be the first meeting between the two teams.

The Hawks open up Northeast Conference play on Sept. 24 with a road tilt against Central Connecticut State. MU will look to avenge back-to-back one point losses to the Blue Devils, including last season's 49-48 double overtime setback. MU will face its third playoff participant in four games the following week, when it hosts defending NEC Champion Robert Morris at Kessler Field. Last season the Hawks missed an extra point and a field goal in the final minutes of the game against the Colonials to end up falling one point short to the eventual conference champions.

The Hawks wrap up the non-conference portion of the schedule on Oct. 8 when they host Colgate University for the first time at Kessler Field. Colgate owns a 2-1 series record against Monmouth, including last season's 30-29 victory in week one. Monmouth last won against Colgate in 2006.

Back-to-back road games against Bryant and Sacred Heart

follow for the Hawks. MU has never lost to Bryant, posting a 3-0 record against the newest NEC member. Last season Sacred Heart snapped a seven game losing streak against the Hawks with a 26-25 victory at Kessler Field.

Monmouth will play three of its final four games at home, starting with an Oct. 29th game against Duquesne. MU is 4-1 all-time against the Dukes, which finished third in the NEC last season. Monmouth wraps up the 2010 road portion of its schedule against Saint Francis (Pa.), a team which it has won five straight against and 16 out of the last 17 meetings.

The Hawks will conclude their quest for a sixth NEC Championship and an automatic berth to the FCS Playoffs with a pair of home against conference rivals Albany and Wagner. MU has dropped four straight contests to the Great Danes, a team that is one of only two conference foes that Monmouth has a losing record against. The Seahawks have won two straight against the Hawks, including a 31-20 victory last season on Staten Island. The teams, which are slated to meet on Nov. 19, are deadlocked at 9-9 in the series history.

"As we have seen in recent years, the NEC is extremely competitive and there is a great deal of parity," said Callahan. "Every game is important as each of the league's nine teams are competing for the conference's automatic berth in the FCS Playoffs."

All times are still yet to be announced.

Monmouth will announce its newest recruiting class on Wednesday, February 3, 2011. More information on that signing class can be found on www.GOMUHawks.com.

2011 Football Schedule

Date	Opponent (Conference)	Place	Time
9-3	Lehigh (Patriot League)	West Long Branch, N.J.	TBA
9-10	BYE WEEK		
9-17	Villanova (CAA)	Villanova, Pa.	TBA
9-24	Central Conn. State (NEC)	New Britain, Conn.	TBA
10-1	Robert Morris (NEC)	West Long Branch, N.J.	TBA
10-8	Colgate (Patriot League)	West Long Branch, N.J.	TBA
10-15	Bryant (NEC)	Smithfield, R.I.	TBA
10-22	Sacred Heart (NEC)	Fairfield, Conn.	TBA
10-29	Duquesne (NEC)	West Long Branch, N.J.	TBA
11-5	Saint Francis, PA. (NEC)	Loretto, Pa.	TBA
11-12	Albany (NEC)	West Long Branch, N.J.	TBA
11-19	Wagner (NEC)	West Long Branch, N.J.	TBA



PHOTO COURTESY OF Monmouthfootball.blogspot.com

The 2011 football schedule was announced on Monday afternoon by Head Coach Kevin Callahan.

Winter Track and Field Team Ships up to Boston

BRETT BODNER
SPORTS EDITOR

The men and women's Track and Field team traveled to Boston this past weekend to compete in Boston University's Terrier Invitational. Here, the Hawks put on a very strong performance, as they have done for the entire season thus far. The men's team came into the weekend ranked fifth in U.S. Track and Field and Cross Country Coaches Association Mid-Atlantic Regional rankings, while the women's team was ranked 12.

The meet began on Friday and the women's team got off to a great start thanks to graduate student Christina Nelson, who finished in first place in the 800 meter run with a time of 2:11.46. Nelson broke the University record in the run, passing previous owner of the record, Taryn Phelps, who recorded a time of 2:15.66 back in 2001. With the run, Nelson was able to qualify for the ECAC Championships in March. Sophomore Emily MacEwen also broke Phelps' record on Friday when finished in seventh place with a time of 2:15.59.

Freshman Rachel Aliotta continued the women's strong showing by finishing in first place in the shot put once again. The reigning NEC Field Athlete of the Week had a mark of 44'7", while sophomore teammate Sandra Jean-Romain finished in third place with a throw of 43'1". Sym-

one Fisher also had a solid performance, as she finished in third place in the weight throw with a mark of 47' 3.5". Rachel Watkins was also able to take second place in the high jump with jump of 5' 4.25".

Not only was Nelson able to qualify for the ECAC Championships, but the women's 4x400 team was able to as well with a second place finish. The team consists of first-year student Laura Williams, Colleen Rutecki, Ajda Dotday, and Rachel Watkins. On Saturday afternoon, the women's medley team also finished in second place with a time of 11:53.77. Sophomore Amanda Eller, graduate Christina Nelson, sophomore Rachel Watkins, and sophomore Emily MacEwen make up the medley team.

The majority of the men's team competed on Saturday and they too had a good amount of success this past weekend.

First-Year student Bayaan Oluyadi finished in fourth place in the 500 meter dash with a time of 1:04.56. After this finish, Oluyadi was able to qualify for the IC4A Championships. Oluyadi is also a part of the 4x400 team along with first year Joe Dibianca, Jon Marques and senior Jason Kelsey, and they too were able to qualify for the IC4A Championships.

Vincent Elardo, who was named NEC Field Athlete of the Week last week, won his seventh straight shot put event. Elardo had a throw of 57' 2.75", which easily

gave him first place. Sadly, he was unable to keep his winning streak alive in the weight throw as he finished fourth overall with a toss of 58' 6".

A few other notable men's performances were junior Brandon Cabral's second place finish in the pole vault and rookie Tommy Butler's share of second place in the high jump after jumping 6' 6".

The Terrier Invitational was not the only track event over the weekend. A few track athletes participated in the Bison Open at Bucknell University in Lewisburg, Pennsylvania.

The Hawks were able to compile several strong finishes, including landing a few top three spots.

Junior Lindsay Walsh took first place in the heptathlon after tallying 3563 points, which qualifies her for the ECAC Championships as well. Sophomore Rich Bills was able to capture third place in the heptathlon by compiling 4309 points. Sophomore high jumper Nick Waltman won third place with a jump that cleared 44' 10.25". Ed Kramer found himself in second place in the high jump thanks to a mark of 6' 4.25" and his teammate Jake Bartlett placed right behind him with a jump of 6' 2.25". Alison Day was able to capture first place in the women's high jump.

The track teams will be back in action on Saturday, February 5 when they host the MU Blue-White Invitational. The meet is set to begin at 10:00 am.



PHOTO COURTESY OF MU Athletics

Christina Nelson broke the school record in the 800 meter run with a time of 2:11.46.

Despite Losing Season, Men's Basketball Team Continues to Fight

ED MORLOCK
ASSISTANT SPORTS EDITOR

The Hawks' men's basketball team played a few good games this past week. They had games against Bryant, St. Francis, and Long Island. Monmouth was able to win one of these games, in an overtime nail biter. Even though the Hawks only won one of the games this week, they were playing more competitive basketball.

On Saturday, January 22, Monmouth went to Bryant for what turned out to be a great game. The Hawks came away with a win in this game, 81-76, and it took overtime to decide the victor.

Five Hawks scored in double figures this game. Jesse Steele led the way with 19 points. Ed Waite also had a strong performance, a double-double with 13 points and 12 rebounds. James Hett had six assists to go along with his 10-point performance. Matthew Lee and Cecil Gresham combined for 52 points for Bryant in this game.

Three-point shooting was very important for MU in this game. Monmouth was able to connect nine of 17 attempts from long range. They were led by Steele, who was five of seven from three-point land. Bryant also relied on the long shots in this game.

The Bulldogs attempted 42 three-pointers in this contest. Seventeen of those shots went in. The Hawks had a strong second half, scoring 39 points, to send the game into overtime. Once in the extra period, Monmouth was able to out-score Bryant and secure the win. This was a complete team effort for MU and was a solid win on the road.

St. Francis came to the MAC in Monmouth's next game. The Terriers were able to get the better of the Hawks in this game, winning 62-

61 in a NEC battle.

St. Francis won the game on a last second free throw to break the tie. Monmouth was losing in much of the second half and battled hard to tie the game late.

Marcus Ware had a good game for MU, leading the team with 18 points. The Hawks struggled with three-pointers in this game, shooting under 25 percent from beyond the arc.

The Terriers were led by guard Ricky Cadell, who was the games leading scorer with 20 points. Justin Newton won the game with his foul shot to break the tie; he had one point in the game. Monmouth stayed at the MAC for their final game of the week against Long Island. They have a record of 16-5 and 8-2 in the NEC. The Hawks

fought hard with them until the very end, but came up short. Long Island won the game 74-69.

Monmouth had three players score in double digits. Marcus Ware led the way with 20 points for the Hawks in 26 minutes of playing time. The Blackbirds had four players score in double figures. Kyle Johnson led the way with 14 points. The Hawks can learn from this loss. They played a close game and proved they can hang with the best the NEC can offer.

Despite losing two of three games this week, the Hawks took a step forward. Monmouth has been playing close games and have had a chance to win. They have games coming up this week on the road against Mount Saint Mary's and Wagner.



PHOTO COURTESY OF MU Athletics

Marcus Ware led the Hawks with 20 points in 26 minutes of play on Saturday afternoon in a loss to Long Island University.

The Outlook Staff's Super Bowl XLV Picks

Brett



Anthony



Ed



Morganne



Joanna



Martyna



Gina



Dan



Gavin



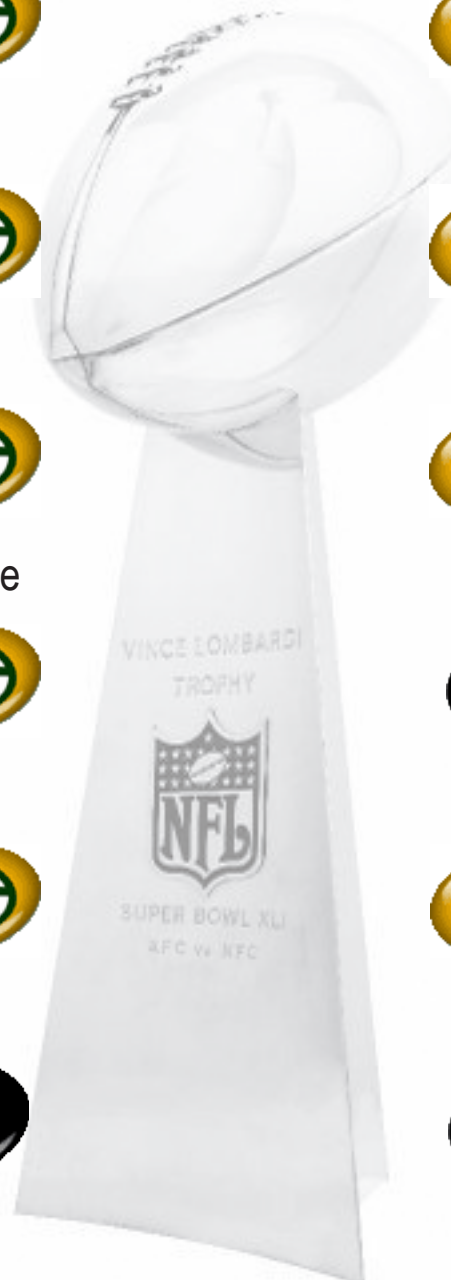
Jenna



Matt



Sandra



SPORTS

THE OUTLOOK
MONMOUTH UNIVERSITY



FROM THE MAC TO MSG

Women's basketball decimated Long Island University 72-54, live on MSG.
Full Story on page 22