

Martin Luther King Day Celebrated in Anacon Hall

PAIGE SODANO SENIOR EDITOR

On Tuesday, January 27, the Children's Festival was held from 10 a.m. to 12 p.m. in Anacon Hall to celebrate Dr. King's achievements.

Each year the festival coordinates with local elementary and middle schools to have children visit the campus and learn from Monmouth students about the legacy of Dr. King, by holding arts and crafts, dance, music, and other activities.

Many of the clubs and organizations participate in this event, by setting up tables around Anacon Hall and having students from those groups volunteer to help out the children.

Some of the clubs and organizations that were included in this year's festival were

CommWorks, Student Govern- tival.

ment Association, Pep Band, Zeta Tau Alpha and the Dance ity was called "Freedom Hands" Team.

annual Martin Luther King Jr. rector of Student Activities for For the Study Abroad Club, kids They wrote their name and their

Habitat for Humanity's activwhere kids traced their hands year, like the past, DPHIE made Heather Kelly, Assistant Di- and wrote what their dream is.



PHOTO COURTESY OF JIM REME Anacon Hall was transformed into a children's arts and crafts center in celebration of the Martin Luther King, Jr. Children's Festival

Delta Phi Epsilon, Habitat for Multicultural and Diversity Ini- were able to look at maps and Humanity, Study Abroad Club, tiatives, is in charge of the fes- flags from around the world to learn about new places.

Delta Phi Epsilon member Amanda Klaus said, "This "Kufi Hats", with the children.

hero's name on pieces of construction paper and we made hats for them. They love making things they can wear. The kids were so sweet and loved to tell the sisters who their heroes were and why."

Klaus also commented on the SGA table saying, "The Martin Luther King Festival was very interactive this year. Heather Kelly did an amazing job with the diverse tables and games for the children. Everyone walked out with a new appreciation of 'having a dream' and a 'hero'."

Other areas included a face painting table and an area for combat, where dance leaders led the kids in a Brazilian dance called "Capoeira".

MLK Day continued on pg. 11

Software Engineering, Computer Science and Information **Technology Honor Students Inducted into International Honor Society**

LISA BHOLA CONTRIBUTING WRITER

The evening of November 21st, 2008 marked Monmouth history University and achievement by the installation of the newest chapter of Upsilon Pi Epsilon, the International Honor Society for the Computing and Information Disciplines, serving to unite and strengthen members who share a common academic interest at Monmouth University. Amidst an atmosphere of reverence and intellectual milieu, Software Engineering,



Computer Science, and Infor- Left to Right: Dean Michael Palladino. Prof. Maureen Paparella, Dr. Orlando Madrigal

The Virtual Immigration Series Comes to the 800 Gallery

SARAH ALYSE JAMIESON OPINION EDITOR

The Monmouth University Department of Art and Design is currently presenting Annu Palakunnathu Matthews Virtual Immigration Series.

Matthews was born in India, and she moved to America in 1992. She wanted to show the virtual immigrant way of life in her show.

"In India, workers have to act American when they are at work, but when the day is over, they return to their families and live the Indian way of life once more.' Matthews said.

When viewing Matthews' art work, the Indians are presented in their American work attire, but they are also presented in their Indian culture when you look at the art in a different way. Her works are all centered on two separate views of Indian life styles.

'I understand this show more now; the country of India has been globalized due to technology," Adaer Melgar, a senior art major said. Melgar explained how his parents migrated to the United States from Elsalvador. "I can personally relate to assimilation of the American culture. This is an awesome show; it has a great message, there are so many different ways of life."

"Matthews' lecture, focusing on this show, was very interesting," said Whit-ney VanVoorhis, senior art major after the lecture. "We heard about her culture ties between America and India, and her reasoning to create this show, to present those ties. In this show, she shows Indians living in America, but still sticking with their cultural background, and

mation Technology honor stu- dents and faculty members, noted for their outstanding achievements and high schol- arship, marched ceremoni-	Dr. Bill Tepfenhart, President the Magill Commons, to be	over 200 national and inter- national colleges and univer- sities, including Chapters in	was Dr. Orlando Madrigal,	that is great." Scott Knauer, Monmouth University's Director of Galleries and Collections,
ously into the dimly lit Room 108, located at the far end of	Chapter. They join seven oth- er New Jersey universities and	Bulgaria, Mexico and Japan. Officiating at the ceremony	IT continued on pg. 11	Art Show continued on pg. 11
Wednesday 24*/14*	News	Features	Entertainment	Sports
AM Snow Showers Thursday 25°/20° Mostly Sunny Friday 38°/30° Partly Cloudy Saturday 46°/35° Partly Cloudy Sunday 52°/33° Partly Cloudy	RELAY FOR LIFE		SUPER BOWL	MED. OF DEALERS.
Monday 43°/35° Cloudy	MU gets psyched for Realy for Life with Kick-off party	Read about one students experience at the Inauguration.	See the top 10 picks for best Super Bowl commerical.	The men's basketball team pushes its away record to 0-12.
Tuesday 41°/31° Showers	2	10	12	22

Relay For Life 2009 Begins With Kickoff Party

GINA COLUMBUS NEWS EDITOR

To prepare for the massive fundraising event, The Relay For Life Monmouth University Kickoff Party took place in the faculty dining room at McGill Commons on Wednesday, January 28th at 6 p.m.

Relay for Life is an annual event hosted by the American Cancer Society, in which millions of people come together to join the fight against the cancer. During the event, people remember loved ones they have lost, and pray for those currently struggling with the disease. Several cancer survivors also participate in the function.

As students, faculty and staff arrived at the Kickoff party, they were encouraged to sign up and put teams together for the yearly overnight occasion, which will take place from April 17th to April 18th, 5 p.m. to 7 a.m.

All of the tables were filled in the faculty dining room, and many other people were standing alongside the walls. Music and video were provided by Paul Sikora and Nestor Roldan, hosts of the WMCX-FM show Thursday Nite Spotlite. Pizza was also served to everyone who attended.

This year, which is the 25th anniversary for Relay For Life, Monmouth will be sporting an 80's theme.

Kathleen Gelchion, Director of Special Events of the American Cancer Society, said, "Every Relay For Life event has their own theme; however, every Relay

across the country is celebrating sis for his age, Messana has been Relay For Life's 25th birthday. The Monmouth University students decided 80's since Relay For his tumor removed and attended will be walking for all of the peo-Life began in 1984."

Those in at-

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through several successful surgerthe

ward to finally being able to walk ies and radiation treatments, had at this year's Relay For Life, and Memorial Sloan-Kettering ple who are not standing in his ia ceremony where we remember



PHOTO COURTESY of Frank Good Mes-Mallory Rapisarda, President of Colleges Against Cancer, spoke to the audisana was dience about Relay for Life 2009 on Wednesday. agnosed at 19

> Nicole Pierce, Advocacy Chair, spoke about three people in her life who have been affected by cancer.

A video documenting last year's Relay For Life at Monmouth was also shown to the audience.

Relay For Life at Monmouth is planned by Colleges Against Cancer, which is a group effort chapter of students, staff and faculty that works to put an end to cancer and follows the programs initiated by the American Cancer Society.

Mallory Rapisarda, President of Colleges Against Cancer, feels it is a great accomplishment to be taking on such a significant role in the event.

"Being able to establish the chapter at Monmouth University was great and it will only enhance the success of Relay for Life. As it gets closer to relay I will take on the position of chair and be the organizer of the event along with my fabulous committee of students, faculty, and administration," Rapisarda stated.

Sharon Smith, Advisor of Colleges Against Cancer, said that Relay For Life 2009 has been in affected us all, whether directly preparation since this past November.

Specific events that the organization arranged was the Great touched them or someone they American Health Check, where love. Being a part of Relay For people were encouraged to live a healthy lifestyle and to quit smoking and had the chance to sign up a "Relay team" for free, and a "Blitz Week," where different events took place each day, including a speaker can say that who addressed the accomplishments of Relay For Life 2008, and a caregiver who told the story of her daughter's battle with cancer. "Last year, there was only six weeks to put together, this year we have more time," Smith said. This is going to be Smith's ninth year working on the event. The itinerary for the two day global movement is filled with a variety of events. "Our activities and entertainment chair have been working to secure bands and fun 80's activities for the relay so it is definitely going to be a good time. Everyone will also be taking part in the different ceremonies that we cel-

Messana said he is looking for- ebrate at Relay including opening ceremonies where we acknowledge our survivors with a lap and medallion ceremony, the luminarthose we have lost to cancer or those who are still battling, our fight back ceremony where participants make a pledge to fight back against cancer, and our closing ceremony where all of the teams hard work pays off with awards and prizes," Rapisarda stated.

This is the second year that Relay For Life will be on the Monmouth campus. In the past, all students, faculty, staff and administrators were at Freehold.

Smith said that it is better on campus, because now faculty and students are working together, and they can "see them step up and become leaders."

"I have relayed for five years now and it has helped me understand how to be a stronger person. Relay after Relay, you see faces of survivors that have been through more than I can imagine and yet they still walk around with smiles on their faces. You can learn so much just from talking to a survivor or a care - taker," Rapisarda stated.

In 2006, over 3.5 million people participated in Relay For Life, and the numbers continue to increase each year. 14 Relay For Life events are put together throughout Monmouth and Ocean County of New Jersey, including Brick, New Egypt and Georgian Court University. Last year at Monmouth, over 300 students joined the event and raised over \$40,000 dollars.

Gelchion said that it is a pleasure to work to make a difference in the fight against cancer every day.

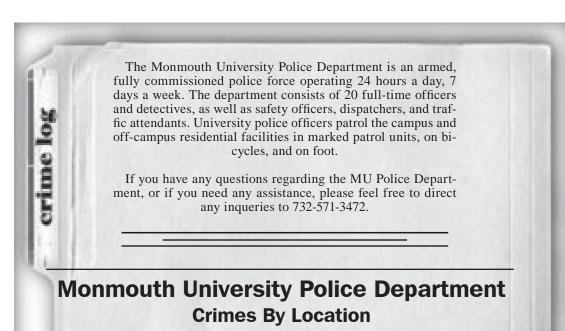
"Relay For Life spirit is contagious. Once you have one excited, passionate individual it spreads. You can see this with the Relay For Life of Monmouth University, it took a group of five passion people and five weeks to make the event a success. This year there is over 18 dedicated, excited, and passionate individuals who are leading the Monmouth community to a very successful event. This group of leaders would not have been possible without spreading the mission and spirit of Relay For Life.'

Many believe that its critically important for college students to get involved with Relay For Life.

Rapisarda stated: "I believe it is very important for college student to get involved because at one point or another cancer has or indirectly. Everyone I have spoken to about Relay For Life always has a story about how cancer has Life is a way for students to fight back against a disease that has affected so many."

MUPD Crime Blotter

basketball. Since his rare diagno-



back pain. When his results came He awaits one more set of body back after a hospital visit, Mes- scans this week, after which if sana was told he had a tumor in results come back clear, he will his abdomen the size of an NBA be completely finished with treat-

ment.

ing doctor appointments for daily Cancer Center in New York City. place.

Date	Time	Location	Crime				
1/25/2009	0030 - 0800	Willow Hall	Theft of an IPOD				
1/26/2009	2111	Rear of Willow Hall	Underage Poss of Alcoholic Beverage				
o/w 1/27/09 - 1/29/09	1000-952	Dining Hall	Theft of wallet from unattended purse				
1/30/2009	1205am	Laurel Hall	Underage Poss of Alcoholic Beverage				
1/30/2009	1249	Elmwood Hall	Criminal Sexual Contact				
1/31/2009	152	Laurel Hall	Underage Poss of Alcoholic Beverage				
1/31/2009	227	Laurel Hall	Underage Poss of Alcoholic Beverage				
1/31/2009	335	Cedar Hall	Underage Poss of Alcoholic Beverage				
1/31/2009	339	Quad	Criminal Mischief				
2/1/2009	1209am	Pinewood Hall	Theft				
2/1/2009	1219am	Willow Hall	Underage Poss of Alcoholic Beverage				
2/1/2009	127	University Rd	Underage Poss of Alcoholic Beverage				
1/30/09-2/1/09	1500-1745	Elmwood Hall	Criminal Mischief				
2							

"Truthfully, everyone can say they have been affected by cancer," Smith said.

Gelchion thinks the most important part of getting involved with Relay For Life is community.

"The most important part of Relay For Life is community. Relay gives a community the unique opportunity to come together for one day, one night, for one fight; the fight against cancer. The way the community celebrates survivors, remembers those they have lost, and pledge to fight back makes Relay For Life."

To register as a team member for Relay For Life, a \$10 donation fee is required.

For more information on Relay For Life of Monmouth 2009, go to www.relayforlife.org/monmouthuniversity.

Over-Connect-ED: School Closing Causes Confusion

FRANK GOGOL EDITOR-IN-CHIEF AND CHRISSY MURRAY ANAGING EDITOR

Due to inclement weather in the early hours of January 28, Monmouth University issued closing notifications via the Connect-ED system, which malfunctioned several times causing confusion as to whether or not the school was closed and as to what time it would reopen.

Connect-ED is Monmouth University's primary emergency notification system. It enables students, faculty and staff to have emergency alerts sent to any registered phones and/or e-mails. Students and faculty are automatically signed up for the system when they are registered with the University, but it is their responsibility to provide contact information beyond their home telephone number. In total, it allows you to have six phone numbers, two e-mail addresses, and one number to send a text message to. Students can also put their parents on the calling list just in case. Reasons for notification include bomb/terrorist threats, school closings/delays, or inclement weather

are more aware after and it has enhanced. That was a national event."

'[Monmouth University] began with Rave Wireless, it was our initial system. Four years ago we made the switch to Connect-ED and this is currently our third year. There is a lot better overall coverage," said Dave Bopp, the Associate Vice President for Telecommunications and Network Operations.

According to President Paul G, Gaffney II, the University was aware that it would snow the night before the closing. At about 4:30 a.m., President Gaffney began monitoring several information outlets, such as television, Internet, and police frequencies, to gain a perspective on the severity of the situation. At that point, the storm was just over Atlantic City and would continue to move northward throughout the early hours of the morning.

It became apparent that the snow would have passed by at about 8:00 a.m. and sleet and freezing rain would follow for another hour, then the weather would clear up. Taking this information into account, President Gaffney, at approximately 5:15 a.m., made the decision to close the school until 12:00 p.m.

Once the decision was made, the

"Looking back I probably should have closed it only until ten in the morning because everything was pretty clear around here and it would have allowed classes to resume without the confusion."

> PAUL G. GAFFNEY II President

William G. Craig, the Vice Presi- Connect-ED system was utilized to dent of Finance said, "[This system] began in 2006 before the tragic in- delay. When the first message was cident at Virginia Tech, but people sent out, however, at about 5:30 a.m.,

notify students and faculty of the



MU had a delayed opening this past Wenesday and closed early on Tuesday due to inclement weather.

many students answered their phones to silence.

This was cause by two variables. The first was the length of the message. Messages with lengths less than 20 to 25 seconds, because of the way in which the system is set up, do not work. The second reason is that different cell phones have different voicemail programs with varying lengths of time before the actual message is recorded, and this can effect whether the message is recorded or not.

When it was discovered that the first message did not reach all of the students and staff, several more messages were sent out to ensure that at least one would reach each person registered for the Connect-ED service.

Another issue arose after the message had been successfully sent and received. There was much confusion

about the 12:00 p.m. delay. Many students were unsure of the opening time due to the fact that some classes begin at 11:30 a.m. Students with classes at this time did not know if they were supposed to come in for these classes when the school opened or if their classes were cancelled altogether.

Ashley Davis, a senior Communication major, was one of these students. Her class was scheduled for 11:30 a.m., but because of the closing she was not sure if her class had been cancelled, she explained. Upon checking her e-mail, she found that her professor was still holding class that day and offered extra credit to those students who were able to attend.

"Looking back I probably should have closed it only until ten in the morning because everything was

pretty clear around here and it would have allowed classes to resume without the confusion," Gaffney said.

To prevent a misunderstanding such as this in the future, President Gaffney explained, classes will begin with the next class block after the weather clears up.

One of the major criticisms of the Connect-ED system is that the calls and text messages are sent too early in the morning. While President Gaffney admits that for those living on campus or in the surrounding area it can be irritating to receive calls very early in the morning. He also reminds student and staff that some individuals are commuting from two or more hours away and that the system cannot cater to all individuals



Aramark Adds Flair to Student Center Servery

LAUREN GILDE

Aramark Dining Services has recently changed the menus customer traffic and increase sales.

the addition of new products, Student Center. the moving of old ones, and especially during economic retail space. challenges," said Kin Tang, an The compa

new food promotions. "We set-up of the servery in order want to add more options rather to maximize retail space. Arathan take away options to add mark moved the crackers and and concepts featured in the more variety and flare to the cups from the soup counter machine is now located at the type pricing and are consistent Rebecca Stafford Student Cen- operation. Changes occur to since it is the first thing custer servery, in an effort to build keep things fresh and exciting, tomers see, making it prime-

The company has added more



Some of the changes include Aramark retail manager in the grab & go products, otherwise Wednesday during the semes-ne addition of new products, Student Center. Known as "impulse items" ter. Options include sesame to attract customers who are chicken, beef and broccoli, looking for a quick on-the-go General Tso's chicken, and othsnack. This includes cookies, er popular menu items. Costs yogurts, chips, etc. A popcorn are comparable to other entréesoup counter to counteract the with the current sushi program. pre-packaged options with a Prices range from about \$6 to freshly made

"We would like

we can possibly

get guest chefs

from other

venues down the

road."

KIN TANG

Aramark Retail Manager

snack. Also on the menu are pre-packaged to see a program salads. Due to the numerout of this where ous requests from customers, they are now available for individual sale.

One of the most visible additions is the new "action station", located directly behind the soup counter.

right in front of their eyes.

"Where else can you watch munication major. you watch your boneless buffalo wings get tossed in your favorite sauce, a freshly made and artichoke dip, hummus and omelet of waffle topped with your favorite topping, or a potato turned into mashed po- ing the rest of this semester, tatoes right in front of you?" asked Tang.

Aramark hopes to begin running consistent promotions on will be having a guest chef fry and rolling sushi live, every ties," said Tang.

OPEN TO ALL MONMOUTH UNIVERSITY STUDENTS GENERAL MEETINGS: MONDAYS @ 5:00 P.M. & 9:00 P.M

\$8 dollars.

"We would like to see a program out of this where we can possibly get guest chefs from other venues down the road," said Tang.

"I usually only stop by the Student Center for a sandwich, but the stir-fry caught my attention and I

The station allows customers decided to order that instead. to watch their meal be created It was really good. I will definitely be getting it more often," said Jena Vargas, a Junior Com-

The changes are not done yet. Other requests include spinach fresh carvings. Based on the popularity of the stations dur-Aramark hopes to expand and add even more food options for their customers.

"We like to think that we see certain days of the week. They and hear what the customers want and we try to accommofrom Go Wasabi cooking stir- date to the best of our abili-

The Rebecca Straford Student Center, which made changes to menus and service concepts recently to improve comstomer service and increase sales.







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HOW TO SUBMIT ARTICLES OR LETTERS

The Outlook provides the Monmouth University community with information concerning issues in and around the University while serving as a forum for expression of the ideas of its readers.

Contributions must be submitted (email outlook@monmouth.edu) by 12:00 p.m. Mondays to The Outlook office, 2nd floor, room 260, Plangere Center. All copy must include the author's full name and contact

One People, **One Stuggle**

FRANK GOGOL EDITOR IN CHIEF

Every person to have ever lived has been faced some sort of challenge or some sort of adversity and no matter how small or large the obstacle before them was, each one of these people has been presented with a choice: let the impediment hold them back or rise to the occasion and overcome their obstacle.

Recently, we celebrated Martin Luther King Day and we are reminded each year on this day about one man's contributions to one group's struggle. While many people took part in the Civil Rights Movement, we remember Dr. King for being one of the most iconic leaders of the movement.

The truth is, however, Dr. King was simply doing what he felt was right. He was doing what every other man, woman, and child involved was doing and with no more heart than any of his fellow advocates. I think that the bigger reason we celebrate Martin Luther King Day is not to remember the man, who admittedly made great strides in the fight

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for African American civil rights, that one person can make.

black, white, Asian, handicap, wealthy, and students alike, faces a new struggle: cancer.

it is a growing one with countless causes and only a handful of treatments. These treatments, however, were able to be developed because of the efforts and hard work of doctors, fundraisers, and other advocates.

The Monmouth University community is privileged in that we are involved with the "Relay for Life" each year and we can make our contributions toward ending this worldwide epidemic.

The only problem is that while could be you or a loved one. this opportunity to help make a difference is right in front of us, many of us do not make the effort to help.

"Relay for Life," I think, is viewed by some as a waste of time. This could not be further from the truth. Most people do not know this, but students and staff here at Monmouth University are the beneficiaries of within out reach.

"Relay for Life" funds as are the but more to recognize the difference families of your friends and professors, coworkers and neighbors. Can-Today, humanity as a whole, cer's effects are far-reaching, but so are the effects of this event.

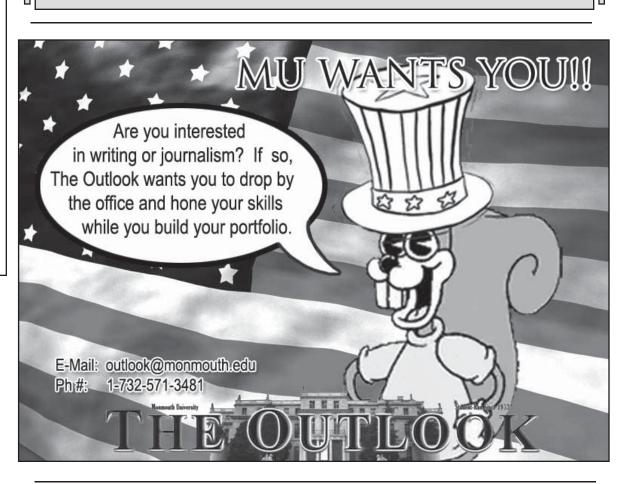
I've heard a lot of people say that "Relay for Life" is lame and that Cancer is not a new problem, but no one goes to it. However untrue as that may be, if you go that's one more person who is there and the more people who step up, the bigger and better it will get.

This is truly a struggle that affects each and every one of us and will continue to until we all make a stand and do the right thing. "Relay for Life" is just one opportunity to do the right thing. Taking this opportunity may help create a new opportunity for someone else in the future, and who knows, that person

In the words of author Shelby Steele, "opportunity follows struggle. It follows effort. It follows hard work. It doesn't come before." So, we've got our struggle, now I challenge you to make the effort and work hard so that we may all have the opportunities

LP.

Interested in writing, editing, photography or layout & design? Join The Outlook! General meetings are Mondays at 7:30 p.m. in The Plangere Center Room 260.



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Did you know... your cartoon or picture can be here next week! It can be about anything but should be related to the

Monmouth community, student life, or something going on in the news that week.

E-mail submissions to outlook@monmouth.edu and it could be printed here next week.

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The Outlook 7

10 Days Until Valentine's Day

SARAH JAMIESON OPINION EDITOR

That time of year is coming again; Valentine's Day is 10 days away, for the year 2009. It seems like every Valentine's Day, everyone gets so stressed out. It can be an awkward day if you have no one to share it with, but one can always celebrate it with friends and family members. When I am single, I hang out with my friends on that day; I love them all!

though, it always seems like a tough day to plan; what can you do to make your girlfriend or boyfriend happy? I'm here to the 2 of you, a nice evening out give you all some good advice to dinner, or to go out and do everyone!

a special day, with that certain done together before. special person in your life.

First off, boys, don't stress; your girlfriends will love anything that you do for them, I promise. Anything that my boyfriend does for me, no matter what, is special, because it took the time to think of me and he wanted to make me happy.

However, make sure that your gift isn't commercial; Valentine's Day is a very easy day If you are in a relationship to be simple with flowers and candy, but you should always do something meaningful.

Girls like jewelry, pictures of

to make your Valentine's Day something that you have never

Girls appreciate everything that your man does for you on Valentine's Day and make sure he knows how special the day is and how much he means to you

Some good ideas are to make him a unique card, make him a nice dinner or just something that he likes along with him. No matter what, you and your significant other do for the particular day is romantic. My boyfriend and I are simply going out for dinner, but it will be nice, because we'll be together!

Have a great Valentine's Day

What Red Bull Gives You **Besides** "Wings"

ALYSSA MARIANO CONTRIBUTING EDITOR

They claim to "Ignite Your Mind," "Give You Wings" and help you "Party like a Rock Star." Energy drinks can give you more than a rush; they are dangerous and can cause serious health risks.

Energy drinks have been linked with reports of heart palpitations, high blood pressure, and emergency room visits. Energy drinks may make you feel jittery and give you a nervous feeling.

According to Red-Bull.com, "Red Bull Energy Drink has al-

than just a hot secret for the night owl and the nonstop party animal. It is appreciated by a wide range of people, such as the overworked taxi driver, the exam-anxious student and the pressured journalist. It is used by surfers in the summer and snowboarders in the winter.'

Red Bulls' website lists the many "benefits" of their product but they fail to mention the many dangers of their drink. Energy drinks are marketed towards young people, from college stu-Roland Griffiths of the department dents to athletes.

RedBull.com claims that Red Bull, "increases performance, increases concentration, improves vigilance, improves emotional status, and stimulates metabolism." Why has Red Bull been banned in France,

hours of the night.

Monmouth University's refrigerators are fully stocked with energy drinks, and it is a common site to see students with a book in one hand and a Red Bull in the other.

They contain large doses of caf- mg of caffeine. The label says that it feine, Taurine, sugar, and other legal contains Guarana and Ginseng but stimulants like ephedrine, Guarana, it doesn't state the amount, instead it

Coca-Cola, yet the caffeine amounts are often unlabeled and few include warnings about the potential health risks of caffeine intoxication,' A 16 oz can of Sobe contains 78

containing the equivalent of 14 cans of

says, "Daily value not established."

> "Without adequate, prominent labeling; consumers most likely won't realize whether they are getting a little or a lot of caffeine. It's like drinking a serving of an alcoholic beverage and not knowing if its beer or scotch," says

The two dollar energy drinks... are flying off the shelves. College students rely on these drinks to keep them up through all hours of the night.

ways been, and always will be, more and ginseng to give you a boost of en- Griffiths. ergy

They may contain from 80 mg to 250 mg of caffeine per can, which is the same as a strong cup of coffee. The FDA recommends that beverages contain less than 65 milligrams of caffeine for 12 ounces of liquid, but caffeine has the FDA's Generally Regarded as Safe status, so the agency doesn't provide a daily recommended allowance.

"Caffeine isn't innocuous," says

"It's important to recognize that [caffeine is] a drug. But there's no hard-and-fast rule for how much is problematic." **ROLAND GRIFFITHS**

Department of Neuroscience

Johns Hopkins University

Caffeine is a stimulant, and a main ingredient in energy drinks. It is a diuretic like alcohol which causes fluid loss. High intake can cause heart palpitations, dehydration, nervousness and insomnia.

There is little known about the effects of Guarana and Taurine. Ephedrine is a stimulant that is used in decongestants. When it is mixed with caffeine it has been proven to cause serious heart problems.

These ingredients do not seem to be

extremely harmful alone, but there has been only minimal research on the combination of how these ingredients react together. Mixingalcoholand energy drinks are a bad combination. It is common to see people drinking vodka and Red Bull and they probably don't know Energy drinks make you more alert and counteract the drowsiness of the alcohol. Mixing alcohol, a depressant with an energy drink, a strong stimu-

I Need To Believe

JOHN FELDMANN CONTRIBUTING EDITOR

monumental sight to behold. a steak knife into the table I watched the inauguration at which he was seated. in Pollack Theatre, reasoning that an historical event such as this deserved more two million souls composed choice. Not only has she reers and, of course, his po- can public and played every gated to attend.

of people reminded me of she is the very symbol of the Ro-

man Legion and the organization of crowds the at turn of the 20th century. It was true unification the likes of which have not been seen in a long time. But is this national unity based on illusion? The im-

age surrounding

Barack Obama is not iden- Under any other circumtical to the man. The image stances I would not be is an almost god-like mani- bothered by the child-like festation.

of over three-

hundred million

men, women and

children.

pect a new age to dawn the destinies of over threeupon America. They expect hundred million President Obama to heal all women and children. With of the mistakes of the Bush the economy in severe re-

these divine expectations. for childish fantasy. President Obama promised us the politics of change. a nuclear Iran, this is not He presented himself as a the time to play games. If political outsider; someone we fail to criticize Presiwho would not continue dent Obama for his fail-"politics as usual." To the ings (and of course give contrary, his politics are a him due respect for his repackaging of old tradi- triumphs) he will begin

Consider President himself. Obama's pick for White House Chief of Staff, Rahm nificance of this moment Emanuel. He served as a and the promises made. senior advisor to President Judge him solely on his ac-Clinton in 1993 to 1998. tions and policies.

Rahm Emanuel is known for his fierceness. He listed names of political op-The grand inauguration ponents and pronounced of President Obama was a them "dead," as he jabbed

Rahm Emanuel is certainly not the person to forge bipartisanship in Washingthan a twenty seven inch ton. Hillary Clinton repretelevision. Just fewer than sents another antagonizing the sea of his loyal support- peatedly lied to the Amerilitical rivals who were obli- crooked card in the deck in a desperate attempt to at-The images of the throngs tain the Presidency, but an error

that was "Under any other promised to circumstances disappear I would not be with the bothered by the setting of the child-like faith sun. I can placed in this certainly unman. However, derstand the emothis man controls the destinies

tional connections millions of Americans h a v e created with Presi-

d e n t Obama.

faith placed in this man. Millions of people ex- However, this man controls men, cession, it is not the time The man cannot live up to to risk real, stable security

With the possibility of to mistake the shadow for

Forget the historical sig-

tions.

Administration.

Sweden, Denmark, Italy, and Norway if it is so "beneficial" to you?

The two dollar energy drinks, in- University. cluding Red Bull, Sobe, Monster, recognize that it's a drug. But there's Gorilla Juice, etc. are flying off the no hard-and-fast rule for how much shelves. College students rely on these is problematic. The caffeine content drinks to keep them up through all of energy drinks varies, with some lant, can make you dehydrated and many calories as well, which cause risks too.

"It's important to

unaware of how intoxicated you are.

Energy drinks are also dangerous of neuroscience at Johns Hopkins the risks involved which is dangerous. in sporting contexts; they are often confused with sports drinks. Energy drinks can cause dehydration, which you want to prevent. They also con-

weight gain.

When caffeine consumption stops, withdrawal can lead to headaches, sleepiness, and you may feel a crash when the "buzz" wears off. I definitely believe that energy drinks give you tain large amounts of sugar, therefore more than a rush; they give you health





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General Meetings: Monday @ 7:30



Political Debate: To Close or Not to Close?

Here students debate political issues of the day. Week 1 students make their initial argument followed by Week 2 in which they respond to their opponent.

Side 1: It is a Good to Close the Guantanamo Bay **Detention** Camps

KUREÉ CAIN CONTRIBUTING WRITER

Under the Bush administration, The Guantánamo Bay Detention Camp has been allowed to operate for almost the past eight years. Our current Presi- his plea bargain, one released dent, Barrack Obama, issued an prisoner was forced to withdraw executive order on his second

day of office, to close down this detention camp. Closing Guantanamo Bay is one if the first steps that Barrack Obama has taken to break from the Bush era. I fully agree with President Obama's decision to Guantánamo close Bay and I believe that it the right course of action to take to

its reputation of being a country that promotes freedom and equality for all.

Many claims have been made that the detainees being held at Guantanamo Bay are not entitled to all of the protections Guantanamo Bay will only reunder the Geneva Conventions. The Geneva Conventions are the four treaties that set the standards internationally on keep the detainees. In my opinhow prisoners of war should be treated. If these claims are true, then the United States is

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going against everything that it stands for. Many prisoners who have been released from Guantanamo Bay have made accusations of torture, sexual degradation, religious persecution, and forced drugging. As a part of these allegations. If The United

I personally trust that [Obama] has made the right decision and I will continue to support him throughout the difficult process of closing Guantanamo Bay.

ensure that America upholds States has nothing to hide then has made the right decision why are they forcing people to keep quiet? To anybody who has an ounce of common sense, this looks like cover up.

Many argue that even with allegations of torture, closing sult in more problems for the United States because we will still have to find someplace to ion, they should be kept in U.S. prisons and treated just like any other prisoner in the U.S. Sim-

ply because these prisoners are accused of terrorism does not mean that they should be treated any differently than any other prisoner. They should still be treated like human beings and should not have to worry about being tortured, etc. Many also make allegations that this is only an attempt by

the Obama administration to accomplish something within the first hundred days. These allegations are completely false and there is no factual evidence to assume otherwise.

Americans trust President Obama, which is why they elected him. I personally trust that he

and I will continue to support him throughout the difficult process of closing Guantanamo Bay. This is obviously something that he feels passionately about since he put a plan into affect his second day of office to close down the camp. I sincerely believe that Barrack Obama has a made a decision that he believes will be beneficial to this country in the long run and I will stand by him 100%

For those interested in writing for the Political News page of The Outlook, please contact Bryan Tiscia, President of The Political Science Club to get started. You can contact him at s0656427@ monmouth.edu.

Side 2:It is Not Good to Close Guantanamo Bay

BRYAN TISCIA CONTRIBUTING WRITER

Since 2001 and the beginning of the Iraq War, there has been a definite stigma surrounding the Guantanamo Bay Detention Camps. This is for several reasons, for the conditions the prisoners are kept in, the protections (or lack of) that are given to the detainees, and most importantly at these camps. It is important to understand that the people held in these camps are not your average criminals. These are crimihave been deemed to be terrorists or to some extent have been associated with terrorists. In regards to the conditions that the prisoners are kept in, they are terrible, and furthermore most These prisoners can be kept indefinitely, because the US government does not view them as the Geneva Conventions. This colors of any nation or act under any government's authority. They are simply warriors against the stability of nations.

The new Obama administration has called for all activities at Guantanamo bay to cease and conditions and most detainees are strategy by the Obama adminis- around the world.

tration to accomplish something in the fist hundred days, and less for the rights of other human beings. Second, this is going to lead to a host of problems, are these detainees really going to be tried with all the rights that a US citizen has, or is it simply going to be a trick of smoke and mirrors where it seems as though the defendants are getting a real trial, but it ends with them being placed in a maxthe people who actually are held imum security prison where they will be treated as bad or worse then when they were at Guantanamo Bay. Or, will they be tried as war criminals, even though the nals that the U.S. government United States has clearly objected to these prisoners being depicted as such.

The bad air that surrounds Guantanamo Bay will only get worse with its closing, at this point, I do believe that something detainees are subject to forms must be done about the detenof torture to obtain information. tion Camps, however the plan of action now seems far to sudden to be for anything more than personal gain. Too many times prisoners of war as depicted in have we seen "war criminals" go to "trial" where everyone knows is because they do not where the from the outset what the end decision will be. This closing is only being used as an illusion of change to distract the people and make them feel as though these detainees are really being treated fairly. If the United States is going to close down a camp with that the base is to be closed down one of the highest concentrations within the year. As I stated above of terrorists, then there has to be the camp operates under extreme be a comprehensive plan were in the end justice prevails. This plan tortured, however the closure of represents none of those things the camps will only lead to more and will be nothing more than a hypocrisy by the USA. First, it is crushing blow for the civil rights my opinion that this is simply a of the detainees and for people

attention students!!

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Start Saving now for the SGA Charity Auction! On February 11th (right before Valentine's Day) from 2:30-4 PM in Anacon

We are auctioning off donations from the Jets, Tickets to the Two River Theater Company, Romantic Dinners at Local Restaurants, and so much more!!!

THIS WEEK OVERSEAS... **REFLECTIONS: MEMORIES OF LONDON**

KRISTEN MULLER CONTRIBUTING WRITER

Studying abroad has opened my eyes to so many different things that I would never have gotten the chance to experience if I never came to London. I mean, studying abroad always sounded cool but I just felt like I would never get around to doing it.

Well, by the time my junior year rolled around, I realized that this is a once of a lifetime opportunity, and I started really thinking about doing it. However, I was already a junior and most students study abroad their sophomore or junior year. The only time I had left was to do it my senior year.

This was a huge conflict because I knew I wanted to be here for my last semester with all my friends, but I didn't want to go away in the fall and miss all of the New York Giants games, I had never missed more than a game a season, and yes, this problem almost stopped me from coming.

However, after much convincing, my Dad made me realize that there will be many more years of going to the games, and that I am just missing one season, but this is a one time opportunity. Nevertheless, I applied shortly after.

learned more than I could have ever imagined, and I classroom. I went and vis- ize that there is more in this ited seventeen different cit- world than New Jersey. ies throughout England, Ireand Italy. In all seventeen think that my most memorable cities, the sights, the people, experience was my ten day met so many different kinds travelling from the North of the beaches of Capri. I have of people from all over the Italy to the South. world, and talking with them



Being in London, I have Study Abroad students Michelle Zystev, Kristin Muller, Kathleen Braine, and Megan McClure enjoy the canals of Venice during her spring break in Italy.

I think that this whole expe-

ten days I went shopping in friendly and land, Spain, France, Holland rience was unbelievable, but I Milan, saw the Coliseum and treat Pantheon in Rome, rode a gon- like dola in Venice, saw Michelan- even if you the food, and my experiences break in Italy. My three close gelo's David in Florence, the are Ameriwere all very different. I have friends and I spent ten days ruins in Pompeii, and swam in can. never eaten so much gelato in hardest part We started in Milan, and my life, but it was the most of

did not learn them in the has opened my eyes to real- made it to Venice, Florence, amazing trip I have ever been much more than that. Rome, Naples, Pompeii, Sor- on. Italian culture was my fa- I realized everyone from rento, and Capri. Over these vorite; the people are warm home was still doing the same

> you gold, I think the of going abroad was missing my friends and loved ones It was hard think about a11 my friends at school and

I have met so many different kinds of people from all over the world, and talking with them has from home. opened my eyes to may never at first to realize that there is more in this world than New Jersey.

thing, go-ing to the same places, while I was travelling all over Europe, experiencing and seeing things I have never seen before and perhaps see again. I realized that once studymy ing abroad experience was over. it would be over, but my friends and



PHOTO COURTESY of Kristen Muller

Study Abroad students Kristin Muller, Melanie Petulla, Jessica Reddington, Michelle Zystev, Megan McClure and Jennifer Colby enjoy the view from the Cliffs Of Mohr in Ireland.

at home, going out and doing things with-

KRISTEN MULLER MU Senior

out me, but then I realized family would still be there that I was doing something so when I got home.

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Yes, I Will Be a Part of History

DANTE BARRY CONTRIBUTING WRITER

when my friend texted me at two in the morning about going to the inauguration. It turned out to not be a joke and my two friends and I randomly decided, However, there wasn't a single at 3:30 in the morning, to drive sign placed to direct individuals down to Washington, D.C. for the historic inauguration of Bafated GPS system.

The three of us went to D.C. didn't have a charger for the GPS our fifteen minutes of fame with extra batteries for our cameras, part of history.

South.

We finally arrived at the nation's capital at 7:15 a.m. with no direction as to where we were I thought that it was a joke supposed to go without any tickets. All along the street posts were signs with colored labels pointing to directions for people with different colored tickets. without tickets.

At one of the main roads in rack Obama. And with an ill- front of Capitol Hill, we saw ABC 7 news reporters calling out to people who did not have without any preparations. We tickets. So three of us received system, failed to bring food or the reporter asking us why we drove down from Monmouth and we did not have tickets for University at 3:30 a.m. withthe inauguration. But that was out inauguration tickets on the lice were directing the millions not stopping us from being a first day of the new semester. of people walking alongside us We wanted to witness the his- to National Mall and the ticket tory that was being made in our lines.

fidently say that times have changed and I can obtain the highest of goals and dreams. Barack Obama paved the way for millions of black children and young adults of the future.

This event was not only significant or emotional for blacks in the United States but for all ages, backgrounds, and ethnicities across the country. This moment solidifies and encourages the perfect ideals that our forbearers set long ago that all are equal no matter of what background or heritage they come from.

We continued to walk around Capitol South for hours looking for some type of destination. The D.C. and military po-

On one intersection, we spotted Alicia Keys walking beside us in the opposite direction with her bodyguard. It was interesting to notice that when she besides my friends-Torre, Dave, and Inoticed that she was there.

For the first time ever during her tenure in the national and international spotlight as a celebrity, this day wasn't for signing autographs or performing. This day was for all Americans welcoming change and most importantly, a new leader of our beloved country. Like my two friends and I, as well as those millions of people, Alicia Keys walked miles to get "front-row" seats to watch the Presidentelect swear-in and deliver his inaugural address.

PHOTO COURTESY of Dante Barry For most in attendance, the jumbotron offered the only

Hundreds of people in a single America. intersection attempted to make their way out to find an avail- tury abolitionist, Frederick able metro station. It felt like Douglas, once said, "If there we were in the midst of a major is no struggle there is no proggroup hug because that was how ress." For decades, thousands walked by, no one else close each individual was on the of Americans have fought for

DOPERATIO

decent view.

street.

The famous nineteenth centhe rights of blacks and women

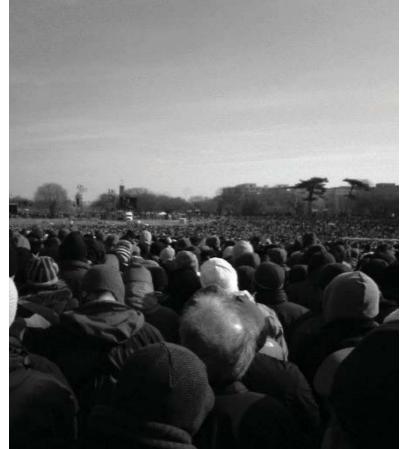


PHOTO COURTESY of Dante Barry

Although the temperatures dropped to below freezing, the tightly packed crowd kept things warm.



PHOTO COURTESY of Dante Barry President Obama and Vice President Biden took their oathes on the steps of the Capitol.

our GPS system lost its charge, the first black president. This nation and climbed through so we were in the dark for our was an experience that hopedrive back to Monmouth. The fully, one day, we will be able to further we drove passed Balti- tell to our children and grandmore, the more we passed by children. closed metro stations at maximum capacity. So the three of appreciate President Obama's toilets which were only availus ended at Landover Station candidacy and his victory on able there. and took a metro to Capitol November 4 as now I can con-

Once we got past Baltimore country by the inauguration of

We finally found our destithousands of people and walked thirty blocks to get into the National Mall. At the Mall, we finally were able to As an African-American, I use the "Mr. Bob's" portable

Then we quickly walked towards the Washington Monument to get to enjoy the inaugural ceremony. With the help

President

Obama's

swearing-in

tional Mall.

I recall one woman joking in this country. As a nation, we

of two jumbo-trons in about how we didn't need to have all greatly progressed since front of us, we saw feel cold anymore because ev- the civil rights movement in the



PHOTO COURTEST of Dante Barry

Washington was flooded on Inaguration day as millions took the pilgrimiage to watch the Inagu.

Bush be seated.

We stood in the closed, so we walked for four our first black president. mass of the millions hours looking for an alternaof people who walked tive station.

to the Mall. Cheers were made as people tion at 4:30 p.m. to head back to ington to commemorate how saw Barack's motor- Landover Station for the drive far we have come as a councade drive to Capitol Hill, or even as inside the metro station, for-Michelle, Sasha, and mer presidential candidate and Malia Obama walked through the halls of the Capitol. It was walked by and gave us some enjoyable to watch excitement for the drive back and witness Vice home.

President Biden and The drive back proved to real-Obama's and had a GPS system to guide our at a local restaurant can now way back to school. This was address. However, we dreadan experience of a lifetime and ed the craziness that I appreciate the spontaneity of soon followed as we the decision to see this historic road, the journey isn't over, but headed out of the Na- inauguration of our first black we are steps closer towards represident and new beginning for newing America's promise.

congressional leaders, eryone was pushing up on one 1960's. The day after the counpast presidents and another. When we got out of try remembers the service of the first ladies, and Presi- the group hug at the intersec- renowned civil rights leader, dent Bush and Laura tion, we discovered that three Reverend Dr. Martin Luther of the metro stations were King, Barack Obama becomes

> Regardless of if they voted for Obama or not, people at the We finally found an open sta- inauguration came to Washback to Monmouth. On the way try. As President Obama said during his inaugural address, "This is the meaning of our Democratic National Commit- liberty and creed-why men tee chairman. Howard Dean, and women and children of every race and every faith can ioin in celebration across this magnificent Mall, and why a man whose father 60 years ago ly be a road trip as we no longer might not have been served stand before you to take a most sacred oath.'

We have traveled on a long

Art Show in 800 Gallery

Art Show continued from pg. 1

stated how this was the first event in the South Asia celebrating series at Monmouth, and he was very excited for it to come. "It was great to talk with Annu and create this show along with her," Knauer said.

Diana Huang and Christina Sarris, two freshman at The College of New Jersey, who had come to the event with the professor of their Photography and India class, are currently studying Matthew's art work.

"This show is very interesting; it is a very neat idea to be artistic about, the difference of cultures," Huang said, pleased to be attending the show all the way from TCNJ.

Shawn Robinson, a senior Monmouth student, spoke of how neat it was to see how Matthews splices the American and Indian cultures.

"This show describes how American the world is becoming today," Tiffany Rainey, a Monmouth junior said. "It's kind of sad; American culture is so dry." Rainey explained how it would be cool to somehow fuse the two cultures.

"These pictures are very cultural, unique and a viewing of something that I would not ordinarily see," Sabrina Elkington, a Monmouth freshman said. "Great job Annu.'

"Although it may not have been done intentionally, the exhibition demonstrates the difficulties many must have when transitioning from their native culture to one foreign to them," R.J. Gaynor, a Monmouth senior English major, said, concerning the show. "Many of these sub- University Art Department, were until March 13 for all to view.



PHOTO COURTESY of Sarah Alyse Jamieson

Adaer Melgar, senior Art Student at MU, viewing the Virtual Immigration Series art gallery show.

jects permeate a greater sense of both so great to work with here, and confidence in their traditional garb, and an undeniable awkwardness in show turned out," Matthews said. the American clothing."

er, Professors of the Monmouth next to the Jules Plangere building,

I am very pleased with the way this

Matthews' Virtual Immigration "Andrew Cohen and Scott Knau- Series will be up in the 800 Gallery,

MLK Day Celebrated

MLK Day continued from pg. 1

The university holds the festival for the intent of an educational fair with "booths" containing interactive activities focused around Dr. King's life, diversity, internationalism, social justice, race, volunteerism, and human rights.

black college students started in when Dr. King spoke here at the 1960 to protest segregation at department store lunch counters.

Shoemaker also added, "The elementary students who attend the festival help us act out the event and hopefully feel empowered by their theatricalized protest. In past years, they've helped us perform re-enactments of Rosa Parks refusUniversity, on October 6, 1966.

"It's good to see the Monmouth community giving back to the surrounding area. I think the Martin Luther King Festival was effective in promoting the diversity that Monmouth University promotes. The children were truly interested in the stations the various organi-



Students Inducted into Honors Society

IT continued from pg. 1

California State University, Chico, Dr. Michael Palladino, Dean of the MU School of Science, Technology and Engineering, Dr. Bill Tepfenhart, Chair of the Software Engineering Department, Professor Maureen Paparella, Director of Program, Professor Richard Clayton of the Computer Science Department, and Mr. Michael Herand a senior, minoring in Information Technology and majoring in Education and History.

During the ceremony, Dr. Madrigal explained that the computing and information sciences reprein which The Upsilon Pi Epsilon University. Association, founded for students and faculty who exhibit superior scholastic and professional achievement in the computing science curriculum, remains the only National Honor Society for the computing and information disciplines, and is recognized as such by the Association for Computing Machinery (ACM) and IEEE Computer Society. He pointed out that in 1997, Upsilon Pi Epsilon was admitted as a member of the Association of College Honor Societies - the parent organization North America. In his explanation of the three historical symbols of the discipline, the One, the Zero, and the Abacus, he stated that "The heritage of computing stems to the origins of humanity. The Abacus, the earliest and most used calculating device, symbolizes this heritage. The members of UPE pledge to respect the contributions previously made and to in our heritage is self-evident in the great advances made in the Computing and Information Disciplines."

Students and faculty initiates and guests were surrounded by the symbolism that traditionally accompanies the formal customs of a University induction ceremony. Guests viewed a large model of a key that was inscribed with eleven ones and zeroes, a binary code for which the rigor of the participants' academic disciplines enabled them to interpret, without explanation. Accordingly, eleven white candles were arranged on a long draped table, with only the first four, the middle, and last four lit or "on", message of their common binary cation.

language. Students recognized that the lit, or "on" candles, represented ones, and the unlit, "off" candles, represented zeroes. Using multiples of two as place values and using just two digits, one and zero, just as the prefix "bi" implies, students quickly translated the number to its decimal format: 1967, the year of the founding the Information Technology Minor chapter. In addition, the audience faced a roll book for which honorees would formally sign as part of the closing activities of the cerbert, President of the MU Chapter emony. Finally, as they took their seats, participants faced six empty chairs, arranged in a slight semicircle and symbolic of the many discussions held by the original six students of the first chapter of UPE, chartered and recognized on sent a young academic discipline, January 10, 1967 at Texas A & M

Following the ceremony, inductees were applauded by Dean Michael Palladino. In addition, he implored them to move forward to actively promote interest and growth in the computing disciplines. "We have seen a national decline in student enrollment in these majors in recent years." Dr. Palladino reminded the audience of their responsibility to establish significant partnerships with other chapters external to Monmouth University. Dr. Palladino, Dr. Tephenhardt, and Professor Paparella for all academic honor societies in all expressed their gratitude to Dr. Madrigal, for traveling across the country to be present at the ceremony, and to student President Michael Herbert, for "his exhaustive work in assisting the Software Engineering Department in meeting the Chapter requirements."

Student inductees included twelve students minoring in Information Technology and 2 students majoring in Software Engineerbuild upon that foundation. Pride ing: Michael Herbert, Jason Mendelson, Andrea Grafton, Maura Breiner, Phabiana Stanzione, Brianna Kipnis, Lucia Aristote, Ashley Bell, Eddie Rshty, Amanda Borlan, Allyssa Hayek, Janna Koch, Jason Schramm, and Dianna Hnat. Faculty inductees included Dr. Michael Palladino, Dr. Bill Tepfenhart, Professor Maureen Paparella, Professor Richard Clayton, Professor Jamie Kretsch, Dr. Jay Wang, Dr. Eugene Simko and Professor Guillermo Santamaria.

Following the ceremony, inductees joined in a celebratory dinner, followed by a presentation by Professor Maureen Paparella, regarding a research initiative on the utilization of the electronic reader to further illuminating the same advance pedagogy in higher edu-

PHOTO COURTESY of Jim Reme

The MU Dance Team performs at the Martin Luther King Day Festival.

Dr. Deanna Shoemaker, Assistant Professor of Communication/ Performance Studies, and Faculty Advisor for CommWorks, said, "I was there to take part in civil rights historical re-enactments with "CommWorks: Students Committed to Performance," the student dren's Festival is part of the Dr. group I advise. We've taken part in Martin Luther King Jr. Tribute the festival for the last four years. This year, we re-performed the fa-

ing to give up her seat on the bus zations had set up, and I think that to white passengers. One student, Aracelis Lantigua, also created a "Mother May I" civil rights trivia game that the younger students love."

The Martin Luther King Chil-Annual Celebration which is held every year. This year also included mous "lunch counter sit-ins" that the forty-second anniversary of

they took away a positive experience from the day," said Senior Kristopher Redzinak.

The Martin Luther King festivities also included the Tribute Celebration, on January 28, which recognizes the work of the Children's Festival volunteers, as well as, the students, employees, local community members, and organizations that volunteer throughout the year.

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SAB HOSTS POP ART EVENT

JOHN D'ESPOSITO STAFF WRITER

that started to spread throughout America in the 1950's and 60's. Spearheaded by such artists as Andy Warhol and Roy Lichtenstein, Pop Art made a huge impact on society and changed art forever.

This huge impact made its way to Monmouth University on January 28 in the Student Center, supplying over 65 students with their own pop art portraits. Novelties chair John D'Esposito hosted a free Pop Art event in which students could have themselves and friends put into framed Pop Art portraits.

Each student received a four panel picture with each panel portraying the students in a different color; similar to the artwork like Pop Art has been done and of Andy Warhol. This innovative I look forward to the next SAB and fun event was crowded from beginning to end.

Jheris Jordan, freshman said, "I had a really great time at pop art, SAB. If it is anything like Pop Art of some spectacular and I can't wait to hang it up in my room."

Not only was this event fun, it special. also managed to give students a little extra decoration for their ing for new members Pop Art is the artistic movement dorm rooms. An exciting and enjoyable give away that managed to get students involved while also giving them the chance to meet some new people.

It is events like Pop Art that get students involved and give a friendlier atmosphere on campus.

If you're looking to get more involved and meet some new friends the Student Activities Board is the group to join.

The Student Activities Board once again brought another great event to campus with Pop Art.

It was entertaining, free and something everyone could be a ary 25. part of, just like the rest of SAB's events.

Sophomore Stephanie Dib said, This is the first time something event."

So keep your eyes open for the next great event sponsored by involved and be a part you are sure to have a good time events. and walk away with something

SAB is always lookand is excited to hear some fresh ideas from incoming members. Pop Art is one of the many events to come from SAB this semester.

Be sure to check out other upcoming events which include a Valentine's Day party on February 7, a photo booth in the dining hall on February 11, Brazilian Martial Arts on February 18, and Comedian Eric O'Shea on Febru-

If you're interested in being a part of SAB make sure to come to the meetings every other Thursday in the Student Center starting February 5th.

It's a great way to get



PHOTO COURTESY of John D'Esposito

Students who attended Pop Art were able to take home four panelled pictures portraying themselves in different colors, similar to the artwork of Andy Warhol.

Get Off My Lawn and Go See *Gran Torino*

ANDREW SCHETTER ASSOCIATE SPORTS EDITOR

Certain films achieve greatness based on a certain actor being the perfect fit. It's extremely hard to picture Forrest Gump without and his family from gang vio-Tom Hanks, Rocky minus Stallone, and even Anchorman with no Will Ferrell. The same can now be said for Gran Torino and Clint Eastwood.

is Oscar worthy.

a new generation of viewers. Kowalski is a Vietnam veteran who lives in Detroit, but his neighborhood has changed while he has remained the same bitter, racist, conflicted man. A recent widower, Kowalski's two sons have moved into the suburbs, leaving Walt in an empty house with his dog Daisy.

Walt seems to throw around racist remarks without a hint of remorse. At

Walt catches Thao in the act, he tries to make a man out of him, her life as well. and in the process protect him lence.

The film has some very strong supporting performances. Christopher Carley is wonderful as Father Janovich, a young priest Eastwood's portrayal of Walt who had promised Walt's wife Kowalski, a man who is every bit he would take care of him after as blunt as the handle of his rifle, she passed away. Janovich is a refreshing character in a Hollywood Gran Torino is Dirty Harry for film as he is a priest who actually stay away from my dog". Without

Torino as a task he must perform wonderfully by Ahney Her. Sue to be initiated into a local Asian also runs into her problems with gang his cousin belongs to. After street gangs, and of course Walt finds a way to work his way into

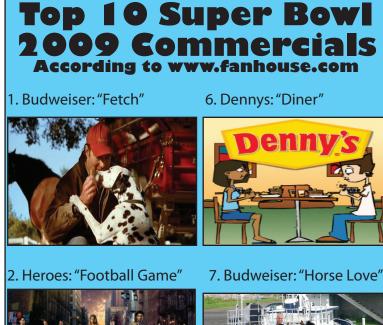
> Unlike her brother, Sue is a very confident and independent person. When encountering Walt she is not intimidated, which is something her neighbor respects.

> After getting Walt to begrudgingly come over to eat one afternoon, (which he only accepts when he knows there will be beer) she tells him there will be plenty of food. Walt replies "just

a seconds hesitation Sue responds "don't worry we only eat cat".

Another quality effort was given by John Carroll Lynch who played Barber Martin in the film. He provides some of the better one-liners you will be quoting with your friends after the film.

Barber Martin is one of Walts oldest friends and gives the audience a better look at the man behind the snarl. Lynch is wonderful in his comedic roll and is one of the tiny parts that make Gran Torino worth the ten dollar ticket. Gran Torino cruises through its two hour running time. I was actually surprised that it was as long as it was. The thing that makes the film work is the range of emotions you will feel throughout the feature. You will cringe at the racism, laugh at the stubbornness, relate to certain characters, and cry at the senseless violence. Gran Torino is a gripping ride that will leave you affected by its powerful story telling. Its genius though is that you will not only enjoy it for a night but it will be something that moves you even in hindsight.





3. Budweiser: "Clydesdale"



8. Cheetos: "Gossip Girl"





first the audience is put off by what simply seems like pure unfiltered hatred by Kowalski. However, it is a credit to the performance of Eastwood that gradually the viewers notice the layers of Walt as a man, and the reasons behind his blackened heart.

Kowalski's neighborhood has slowly transformed into a ghetto where local gangs run the streets. The plot takes off when his neighbor Thao, played be Bee

Lang, a Hmong teenager, tries to steal Kowalski's most prized possession, his 1972 Gran Torino.

Hmong is explained as a Chinese section that fought on the American side during the Vietnam War. Thao's family moved to America to seek a better life.

Thao attempts to steal the Gran

PHOTO COURTESY of www filmofilia com Gran Torino is a gripping ride that will leave you affected by its powerful story telling.

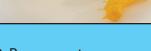
> has nothing but good intentions. Carley plays the character with youthful hope in the church and Mr. Kowalski who continually shoots him down, even calling him a "fresh out of the seminary virgin" at different points of the film. This crude talking does not discourage Janovich, and makes you root for his character in the process.

Thao's sister Sue Lor, is played

4. Bridgestone: "Moon Dancers"



5. Coca Cola: "Picnic"



9. Paramount: "Transformers"



10. Monster: "Moose"





E GROUND

FRANKIE MORALES STAFF WRITER

"This has been said so many times that I'm not sure that it matters'

The crowd is building up right in front of the stage. Others coming on and off as opening acts, while technicians run in and make sure that all the equipment is up to standard. The crowd is getting restless, some chanting, others standing on their tippy-toes to see over the massive audience and towards the stage. A silhouette moves on stage and the crowd goes wild, yet, it's only a stagehand making sure that the instruments are in place. The crowd then immediately goes mild.

That is, until a spotlight turns on from behind the stage and faces the audience, making the crowd shrill again. The performers take the stage to some ironic piece of music, look out into the crowd and see the many faces that came to be apart of this night. They strike a chord and see many scream in delight, many high five, many start to crowd surf, many... not saying a word in their own fashion forward way. This is "The Scene(?)"

Typically, The Ground Floor is your place your new artists who hit the ground running, ground breaking developments and ideas that are covering new grounds. However, it's never truly been much about topics that have been run into the ground. Yet, in recent weeks, the internet community-atlarge are at wits in trying to decipher what happened/is/will it take to stop "the scene." As a matter of fact, those five letters do more to invigorate/infuriate/innovate the musical landscape that any others in recent memory. Yet, day after day, the same group of people who are fed up with the musical choices people make are categorically bunching everything into one lump sum. Well, I hate to break it to all those who like to equate words like "emo" (a whole DIFFERENT argument) with "the scene," but as a member of AbsolutePunk.net made very clear "The Scene is dead."

You see, "The Scene" is a cultural movement, originally having nothing at all to do with black hair and skinny jeans. No, it was more about what The Ground Floor stands for: being exposed to music no one has ever heard of but became big fans HT" and Co. It's those attributes of an in-turn becoming a family that make people hate music, be- her carrot-top do.

go see that band perform in another state. It was a group that did not try to preach its "gang-like" attributes of having to wear leggings to concerts or diagramming the proper way to enjoy the concert: standing in the background looking too cool to care but really "loving the music."

However, long gone are the days where kids would trade mixtapes of their new bands with friends.

who would travel 4 or 5 hours to cause honestly, a lot of it is interchangeable. It's also what saturates whatever is left of "the scene" with cookie-cutter girls imitating what they see and pretending to be fans. My best example of this comes from a night in early 2006 where I went to go see Straylight Run perform at Toms River's Ritacco Center. The line-up that night was pretty eclectic; headlining were Simple Plan, followed by the growing in sensation Plain White T's to



PHOTO COURTESY of www.scene-haircuts.blogspot.com Scene is a cultural movement that orginates from kids who like to be exposed to music no one else has heard of before.

A time where word of mouth was a little unknown band from Frankmy clue to check out a band, not the latest MTV commercial. Long gone are the days that made Jersey staples as Skate and Surf such an experience because although no one in the mainstream knew the names, those same bands were the hearts and souls of many, not a gimmick machine that some music is today.

Now, don't get me wrong. I've carried the banner for many bands who are guilty of the neon explosions we see on the current 'scene." However, my allegiance falls into their music and their flaws are pointed out, not whether or not they'd be the perfect poster children for "OMGTHESECLOT HESROCKCUZTHEY'REBRIG

lin, Tennessee: Paramore.

Now, don't get me wrong, Hayley Williams is an incredible vocalist and their music is nothing to really scoff at, as they carved their own sound, but I remember girls in the crowd that night that did not know who they were. That's fine, no one expects you to know every band in the world. Yet, when they took the stage these same girls who said "Who wants to see Paramore? We never even heard of them" turned around and said "I love Paramore!" It wasn't because of their music, (they hadn't played a note yet), but because of this one phrase that scarred me for life "I'm going home and doing that to my hair!' Williams took the stage and sported her fire red hair, the step before

Now, some might say, its not fair for me to group them in as the "standard" of fans these days and I'd say you be right, if it didn't keep happening everywhere I go. Point blank, "the Scene" was about the music, not the fashion. It was about singing your heart out, not blending in the background with your arms folded at a concert. If you spent the money to go to the concert, then put that money to use or give that space to someone who really enjoys it. I can't tell you how many friends I've created simply by singing the verse to a song at a concert.

Bands left and right mock "the scene," and then instantly become its poster boys because their "fans" are none the wiser. Panic(!) at the Disco, when they came into the spotlight in late 2005, immediately made fun of "the scene," in their song "London Beckoned Songs About Money Written by Machines," where they "demand" to be made "it," "hip" and "scene," while telling other bands to back up their songs with more than good hooks and looks. Next thing you know, dress shirts and ties are the coolest fashion for bands and "fans" alike. Fall Out Boy, a band notorious with being apart of "the scene" in the negative sense by non-fans criticizes the scene every chance they get: "Thriller," "Get Busy Living or Get Busy Dying," "The Music or the Misery,"

etc. Yet, Fall Out Boy was a member of the original scene, where 100 kids would fill a Chicago basement to hear them for the first time. Where their name came form a kid in that very basement yelling it out and my knowledge of them came from a friends mix-tape in 2004.

Bottom line, music has changed, has evolved and has become to many more about the trends and the fashion and the name-recognition than about the lyrics, the riffs or the emotion. If you love a band because they evoke emotion in you, great! If you hate a band because of how much they make you hate "the scene," so be it. If you're going to a concert to show off how "scene" you are, you're ruining music. Then again, you already killed "the scene." That's an idea that as a music fan just leaves me "floored."



History Month Film

Where: Pollak Theater Time: 6-8 p.m.

Late Night Lounge!

Open Mic Where: The Underground Time: 10 p.m.-12 a.m.

FRIDAY Spa/Relaxation Night!

Where: The Underground Time: 7 p.m.

SATURDAY PRSSA Region-al Activity Where: Plangere Time: 9 a.m. \$10 for students



Action Packed Taken Hits The Box Office

GREGORY EGAN Imagine if your daughter was abducted in a foreign country and it was up to you to rescue her. This is the task that Bryan Mills has to accomplish within 96 hours. Throughout this time frame he endures car chases, explosions, prostitutes, and fights against the men who have forced his daughter into the slave trade. Fortunately, as a former soldier he possesses a specialized set of skills which can work to his advantage including hand-to-hand combat when trying to defeat the girl's kidnappers. Bryan's 17-year old daughter, Kim, and her free-spirited friend, Amanda, take a trip to France to begin following a music band's tour around Europe. At first her father disagrees with her decision, but after a heated argument Bryan grants his consent pending that she abide by a few guidelines. Shortly after their arrival the teenage duo are befriended by a young local man, Peter, who speaks English

with a French accent. He is viewed by the gifts as sweet, charming and innocent. When Peter departs the young women's apartment, the audience becomes suspicious. As he is walking away, he is talking to an unknown person on his cell phone in another language, although previously he spoke English with the teenage friends. Meanwhile, back at their temporary residence the teenagers are such in awe of the country's scenery that Kim disregards her fathers requests. This angers Bryan when he contacts his daughter several moments later, while her counterpart is, not surprisingly, blaring music in a separate room. During her phone call Kim looks outside her window and witnesses a horrifying scene. On the opposite side of their suite Amanda is being captured by a pair of men dressed in black. Emotionally distressed Kim attempts to conceal herself from the kidnappers. While still communicating with her father, Kim is eventually taken by the men.



Now Bryan is forced to put his

PHOTO COURTESY of www.bevondhollvwood.com Check out Taken in theaters now.

craft back to work in order to salvage the girls.

Taken provides slick entertainment from beginning to end, although we have seen this type of movie before. The film contains numerous plot holes, but if you can

to be enjoyable. character, Bryan

ignore them it still manages

Mills, carries the weight of the film. He is perfectly cast in the role as the protagonist.

However, at the same time his character seems flawed in the sense that he beats up and kills everybody in his path. Understandably, a person of Bryan's caliber is expected to carry out this type of duty. But Bryan is observed as indestructible to the point that he is reminiscent of James Bond or Indiana Jones!

Despite the realism of the scenes, they can be tough to swallow. A paltry amount of the film's time is devoted to what our antagonists do to the teenagers, though they leave a lasting impression. If you consider yourself an avid viewer of action thrillers then Taken is directly up your alley. Otherwise, it's advised to watch the movie when released on DVD.



Festivals/Concert Event Where: Anacon Time: 6 p.m.





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Is He That Into You?

Find out with a peronal reading from our **RUNES READER**



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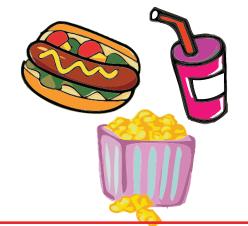
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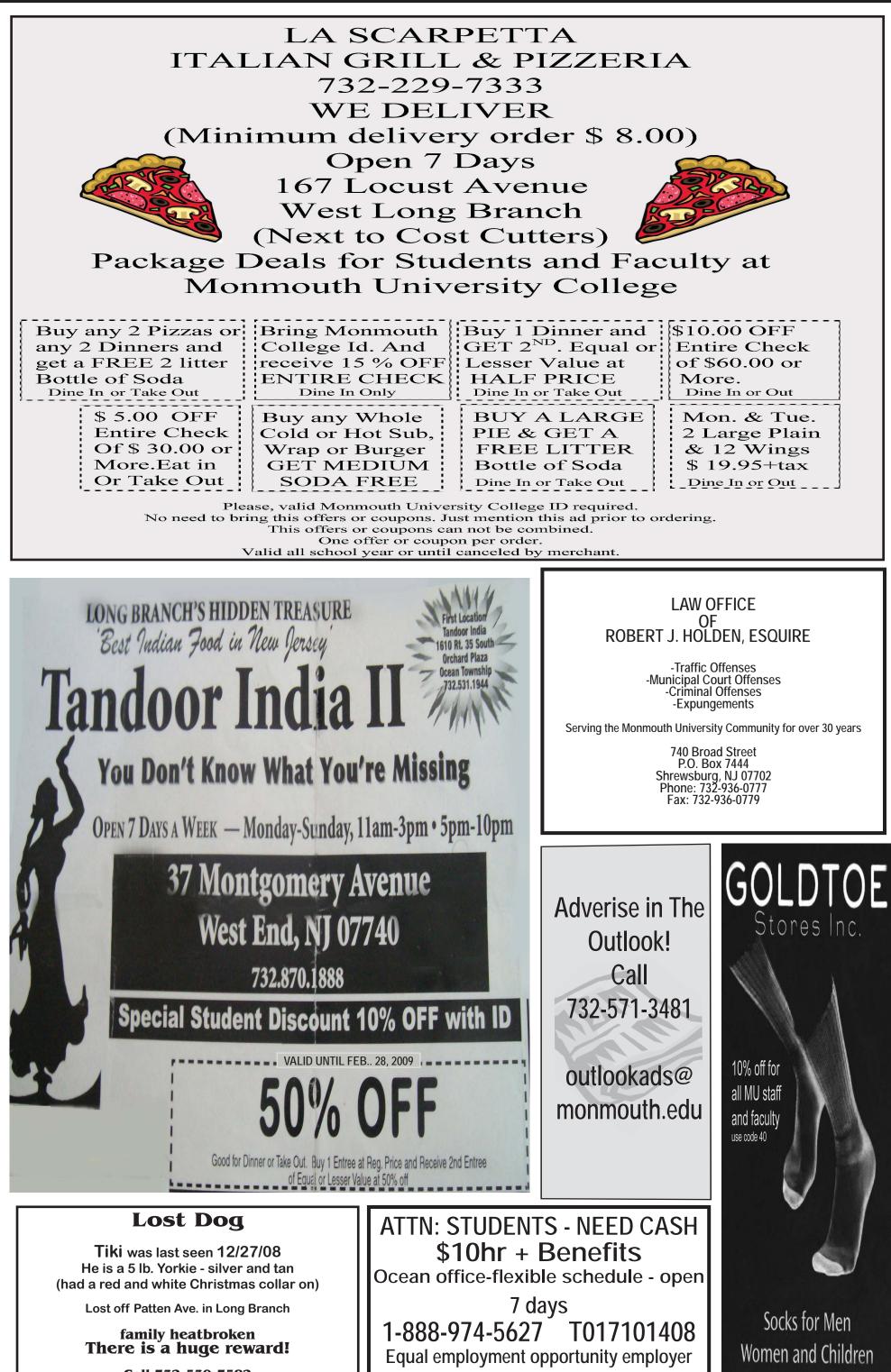
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COMPILED BY: SARAH ALYSE JAMIESON





Sarah sophomore

"I didn't have a favorite part; the Eagles didn't play."

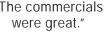


"The commercials

Allison

sophomore







John sophomore

"The moment when Anthony Reiner owed me \$10 on a serious bet."



Theresa freshman "The half time show."



Shawna freshman "The singing of the Nathional Anthem."



Rob senion "The half time show: Bruce is the man."



Andrew junior

"The entire fourth quarter."



Pat sophomore

"Larry Fitzgerald's fade

route a touchdown."

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Winterball Tix on SALE! 2/2- 2/12: 11AM-3PM • RSSC & 4-8PM (7PM weekends) • Magill Mondays • Adoration of the Blessed Sacrament 7:30PM. (need to sign up) • Pray the rosary for the purity of America 8:30PM • Catholic Centre Mass • Tuesday at 12PM • Thursdays at 12PM • Wilson Chapel Mass • Wednesdays at 7PM • Sundays at 7PM • Catholic Center Exhibit: Mark Ludak and Anne Leighton Massoni, "Digital Capture" 1/26 - 3/13

Wednesday, February 4

Documenting Our Presence •2:30-3:30 PM • RSSC 202B Off-Campus Complex Info Session • 3:30PM & 6PM • The Underground Why Believe Series? • 7:30PM • Catholic Centre

Thursday, February 5

IFC Bid Pick Up • TBA• Carol Afflitto Digital Capture Lecture •6-7PM • Wilson Auditorium Reception • 7-9PM • Ice House Men's Basketball vs. Bryant • 7PM •Boylan Gym Late Night Lounge: Open Mic •10-12AM• Underground

Friday, February 6

New Member Welcome Ceremony •7PM • Anacon Spa/Relaxation Night •7PM •Underground

Saturday, February 7 Public Relations Regional Activity • 9AM • Plangere •\$10 students



to pick up an application!





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Kevin sophomore "The 'Go Daddy' commercial."

"The fact that the Steelers won the Super Bowl."

Anthony sophomore

Campus Even

Catholic Centre Retreat •10AM-5PM •TBA Women's Basketball vs. St. Francis •3PM •Boylan Men's Basketball vs. St. Francis • 7PM • Boylan "Shore Looks Good" Fashion Show • 7PM •Wilson • Tickets are \$10 in advance, \$15 at the door. ?'s contact Donna Mancini at 732-571-3482. Festivals/Concert Event • 6PM • Anacon Hall

Monday, February 9

New Member Period Begins Housing Deposits Collected • 11:30AM-1:30 PM • Magill Off-Campus Complex Information Session • 4PM • Underground Women's Basketball vs. Bryant • 7PM • Boylan

Tuesday, February 10

Housing Deposits Collected • 11:30 AM-1:30 PM • Magill Before You Can Say "Jackie Robinson": Black Baseball & NJ in the Color Line Era • 1-2:15pm• Anacor Craft Night • 7:30 PM • Catholic Centre

Wednesday, February 11

Film: Monsoon Wedding • 2:30 PM • Pollak SGA Auction • 2:30 PM • Anacon Why Believe Series? • 7:30PM • Catholic Centre Coney Island Photos • 4-7PM • Magill Housing Deposits Collected • 9AM-12PM • Underground

To have your campus-wide events included, send an e-mail to hkelly@monmouth.edu.

Free SPA NIC For Men and Women Free Oxygen Bar Fri., Feb. 6 7-10pm The Underground

And More!!!

"Shore Looks Good" Fashion Show

Saturday, February 7th 2009

Wilson Great Hall . Doors Open 6:30 PM Tickets \$10 in advance and \$15 at the door **Featuring** Proven Clothing Liar Liar Jeans Kill Brand Boobies & Co. and many more!

For the 5th year, Hawk TV, WMCX, The Outlook, and the PRSSA are hosting a fashion show featuring local designers and Monmouth Student's modeling the clothing. All proceeds are donated to a local charity, including the profit made through our gift raffle.

You can help this great cause

by donating a gift basket or gift card to be raffled off. For any questions please contact Lauren Costello at Hawktv@monmouth.edu





We are searching for our 2009 Orientation Leaders! Do you have what it takes? Meet new students and... help them prepare for college academics and life, share the Monmouth you know & love with them, make them feel welcome at MU, and have fun while you are doing all of it!

OL Training would be May 13-15 & June 28-July 3 Orientation Programs would be July 7-July 24



Interested? Want to find out more? Stop by the Office of Student Activities, 2nd Floor Rebecca Stafford Student Center to pick up an application!



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March I

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April 15 All other programs

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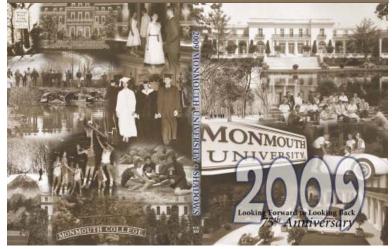
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Questions call 732-571-3586 or Email activities@monmouth.edu

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PEP BAND

Hey Pep Banders!

Lots of excitement coming up: Our next games are Thursday, Feb 5. at 6:30 PM, a double header on Saturday, Feb. 7 - 2:30 PM women's game and 6:30 PM men's game, and a 6:30 PM game on Monday, Feb. 9, each in Boylan Gym. Our next rehearsal is Thursday, Feb. 12 at 7:15 PM on the 3rd floor of the student center. Need help remembering these dates? Check the school paper weekly, MU Pep Band Facebook group, request a hard copy of the schedule from Aimee, or navigate to our webpage from gomuhawks.com and click on our button in the Spirit/Traditions tab. On Saturday, March 14th, we are attending the South Amboy St. Patrick's Day Parade. This is during Spring Break. Please let Aimee know by February 6th if you plan on attending; you will be paid a small amount. Don't forget, cash prizes are still available to members who recruit new folks. Also, if anyone has any suggestions for a fundraiser we can do this year, please let one of our officers know. If anyone has other goals for the band this semester or next year, don't hesitate to let us know your thoughts. As always, we are excited with the opportunity to recruit new members; if you or anyone else is interested in joining, please stop by at any of our rehearsals or come out and join us at one of the basketball games! Have fun and keep up with your schoolwork!

HABITAT FOR HUMANITY

For Monmouth University's annual Martin Luther King Jr. Children's Festival, Habitat for Humanity helped out with the event by holding an arts and crafts table. The kids were able to trace their hands with markers on construction paper, then cut out the outline of their hands and write what their dream is. As for other projects going on with the club, there is nothing planned as of yet, but the members of the group are hoping to get something going very soon. President Marina Wagner and Vice President Paige Sodano will graduate in May and are looking for two students to take over the positions. If anyone if interested, please contact habitat@monmouth.edu, or feel free to join the club's Facebook group called, "Habitat for Humanity @ Monmouth" and Marina or Paige will be in contact with you. If you are interested in joining, Habitat for Humanity is always looking for new members! It doesn't matter if you're a junior, because it's never too late to help out and it looks great on a resume! Hopefully as the weather gets warmer, the club will be more involved with the community but right now there is not much going on due to the cold weather. If anyone has heard of anything around the community, or know of people in need we are always will-ing to help out, even if it doesn't involve building. We are always open to new ideas, because we are very aware that there are people in need around the community, so feel free to e-mail us with suggestions or concerns. Thank you to Kris Redzinak, Lisa Esposito and Drew Rayner for helping out at the Children's Festival on Tuesday, January 27. Your help was much appreciated!!

RESIDENTIAL HALL ASSOCIATION

Residential Hall Association is an organization dedicated to changing and improving campus life for all resident students, who are automatically members. RHA seeks to develop solutions for problems which may occur within the residence halls. The RHA also addresses concerns with safety, convenience, and social needs for the entire campus. Winterball presented by RHA will be held on February 21st from 7pm-12am in Wilson Hall. Tickets go on sale February 2nd-13th from 11am-2pm in the student center and 4pm-7pm in the Dining Hall. Late Night Lounge will be on February 5th from 10 pm-12am. It is presented by RHA and the Office of Substance Awareness. Bring your talent and be sure to come out for a wonderful evening!

> Mass Every Wednesdays and Sundays 7 pm at the C.C.

Daily Mass Mondays, Tuesdays and Thursdays at 12 pm in the Wilson Hall chapel (downstairs)

> **Eucharistic Adoration** Mondays from 7:30-8:30 pm and Thursdays from 1-2 pm

> > Rosary Mondays at 8:30 pm

Women's Bible Study Wednesdays at 2:30 pm

Why Believe? Series Wednesdays at 7:30 pm

Valentine's Day Party Thursday, February 12 at 7:30 pm

Activities Night Thursday, February 19 at 7:30 pm

It is not too late to register for the PRSSA Regional activity, "Inside PR: Getting the Inside Scoop on What you Need to Know," being held this Saturday, February 7, at Monmouth (the Plangere Building), from 10:00 a.m. until 3:00 p.m. Do not miss the chance to attend informative panel discussions, participate in mock interviews and get useful resume tips. The cost for PRSSA Members is \$10, Affiliate Members is \$15 and Non-PRSSA Members is \$20. Cash or Check, checks made out to Monmouth University. Please drop completed registration forms and payment in the envelope on the door of Professor McAllister-Spooner's office in the Plangere Building (rm 210). Do not miss this opportunity to network with PR professionals!

NATIONAL COUNCIL OF NEGRO WOMEN

National Council of Negro Women will be hosting a Bus Trip to the Black Wax Museum in Baltimore, Maryland on February 28th. Also we are throwing a party February 27th called The Black and White Unite Party from 9pm-1am. We are also involved in many various community service projects. Come out and support! The National Council of Negro Women's purpose shall be to foster a wide student interest and participation in activities by providing leadership, programs, and services. Meetings are Sundays at 6pm.

DEBATE TEAM

Interested in Debating? Do you enjoy arguing your point to prove you are right? Come to a meeting for the brand new debate team! We meet Tuesdays at 3:45pm in Bey Hall 230... Please stop on in and get some more info!!

STUDENTS IN FREE ENTERPRISE

Students in Free Enterprise meets every Wednesday in Bey Hall at 3:00pm in room 225. The mission of SIFE is to provide members the best opportunity to make a difference and develop leadership, teamwork and communication skills through learning, practicing and teaching the principles of free enterprise. SIFE educates others about market economics, success skills, entrepreneurship, financial literacy, and business ethics. We deal with all majors and help local entrepreneurs, schools, and cooperate with big businesses to make a better world. For more information, sife@monmouth.edu



Soup Kitchen Volunteering Third Sunday of every month- Meet at the CC at 9:30 am to carpool

> Mardi Gras Party Tuesday, February 24 at 7:30 pm

Ash Wednesday Services Wednesday, 2/25 at 11:30 am & 12:30 pm Wilson Auditorium & at 7pm at the CC Tuesday, February 24 at 7:30 pm

Stations of the Cross Friday, February 27 at 5pm followed by dinner at 6 pm

Catholic Centre at Monmouth University 16 Beechwood Avenue 732-229-9300 Gate to our house is in the rear corner of Lot 4, next to the Health Center. All are welcome!FOOD ALWAYS SERVED! www.mucatholic.org

ATTENTION CLUB AND GREEKS!!! GOT ANY NEWS ABOUT YOUR ORGANIZATION THAT YOU WANT TO SHARE WITH THE REST OF CAMPUS? EMAIL OUTLOOK@MONMOUTH.EDU WITH SUBMISSIONS BY MONDAY NIGHTS. THANK YOU!

"We help people... But only with your help" -SVdP

Seabrook Village: Seabrook is a retirement community located in Tinton Falls. Seabrook is looking for volunteers to assist in a wide range of activities and programs. For more information, contact Ann Marie Matthews at 732-643-2000.

Search "Volunteer Directory" on the MU home page for more opportunities.

Questions? E-mail volunteer@monmouth.edu or stop by the Office of Service Learning and Community Programs, Room 301c in the RSSC.

"In order to motivate others, you must first become a source of motivation by yourself. It simply means that if you want to get anything done through others, you must first do it yourself." - Hazrat Ilyas Attar Qadri

Horoscopes

To get the advantage, check the day's rating: 10 is the easiest day, 0 the most challenging.

Aries • (Mar. 21 - April 19) - This week is a 7 You're not crazy but you feel like it as this week progresses. Drama is all around you. Make sure you deal with it with a smile or else you'll lose yourself in it. This weekend, go out and really use up your energy and free time.

🔘 Taurus • (April 20 - May 20) - This week is a 9 Everyone wants a piece of you. Answer them in due time or else they will keep calling you. This weekend is a big one for you. Enjoy it but remember, everyone may not be having as easy a time at it as you are.

Gemini • (May 21 - June 21) - This week is a 6

You're busy but as long as you took care of everything you had to in the beginning of the week, you can actually enjoy yourself. Unfortunately that enjoyment doesn't last. Disappointment is coming your way but that doesn't mean stop dreaming.

Cancer • (June 22 - July 22) - This week is a 7

Losing your temper because people keep coming to you with questions is not smart. If you take a deep breath you will find that you are finally finding time for yourself. Just because an idea is working out well now doesn't mean it will always so do not boast until it's finished.

🈼 Leo • (July 23- Aug. 22) - This week is a 9

You live in your dreams. Start writing them down and bouncing them off of people. Once a pattern emerges or an idea seems to stick, run with it. As the weekend ends you realize you have done the right thing. Now spend some time rebuilding your relationships. They may feel a bit neglected lately. Don't worry, it won't be hard work

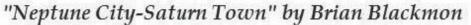
Virgo • (Aug 23 - Sept. 22) - This week is an 8 Work it out. There are situations that need to be dealt with and you know exactly what is necessary. Do that and things will go smoothly through the weekend. Your friends are there for you; don't forget that. You very well may need them. Keep an open mind as the weekend comes to a close.

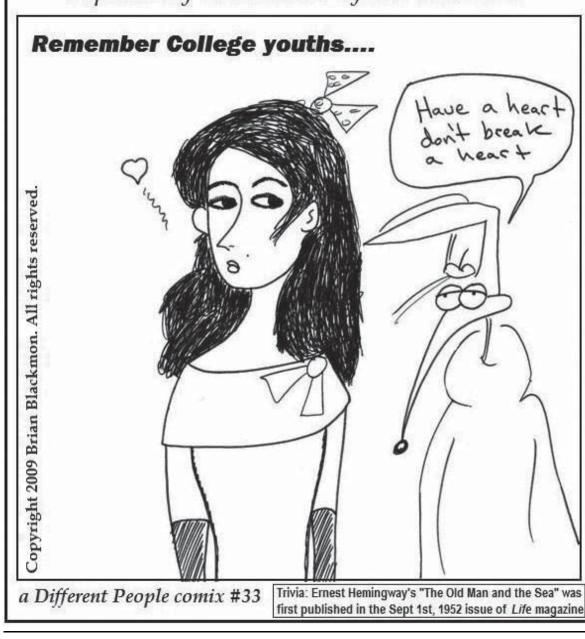
Libra • (Sept. 23 - Oct. 23) - This week is a 5 People keep telling you things that you can't quite grasp. Really

look at your life and listen carefully to what people are saying. Maybe you're talking to similar minded people, or maybe they see something you do not. It isn't easy so take a step back and a deep breath. Look to the small things and take the weekend to recouperate.

Scorpio • (Oct. 23 - Nov. 21) - This week is an 8 Dreaming big about getting away and having fun has been all over your mind. Perhaps now you will finally take a step towards booking that getaway. Do your research and there should be nothing to stop you. Your focus over the weekend is more business than pleasure but that's okay. It needed to happen sometime.

Sagittarius • (Nov. 22 - Dec. 21) - This week is a 9 It's nice to let others take control. It's okay and as long as you keep asking questions you will get the same information or more than if you had taken the lead yourself. This weekend is about having some fun! Enjoy yourself.





Crossword

- ACROSS
- 1 Chamber 5 Tidy any loose
- ends
- 10 Lawn waterer
- 14 Ms. Bombeck 15 Surfaced
- 16 Ms. Fitzgerald
- 17 Ceases to
- function 18 Graveyards
- Dusting powder, 20 briefly
- 21 Bound
- 22 Incarnate
- Shaq of the NBA 23 Like a haunted 25
- house
- 27 Nationalistic
- 30 Flier
- 34 Besets
- 36 Skier's
- transport
- 37 Stallone, to
- friends The Greatest 40 Guillemot's 41
- cousin 43 Wail like a baby
- 44 Promissory

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2/4/09

32

🐼 Capricorn • (Dec. 22 - Jan. 19) - This week is a 4 It seemed like this would be a good week from the start but take caution. As the week progresses, something you say could end up making a very big mess. Tread lightly and if you do happen to detonate an explosion, try to calm it down as soon as possible. This weekend, be careful as well. Not every idea you have is a good one and it doesn't seem that many people are watching out for you at the present moment so you have to watch out for yourself.

🗮 Aquarius • (Jan. 20 - Feb. 18) - This week is an 8 Life isn't boring, that's for sure. You're meeting people (yay!) and getting out there. Physical exertion in various forms is great and energizing for you. Things get strange as the weekend approaches and they just keep getting weirder. So be it!

Pisces • (Feb. 19 - Mar. 20) This week is an 8 The week started off well but you feel a little touchy at the moment. That's okay and you'll snap out of it quickly. You may have even learned something while in your mood. The weekend promises to be fun. You have to spend a bit of time getting work done but that's okay. The social enjoyment will make you forget you had to dedicate the morning to work.

HOROSCOPES ARE STRICTLY FOR ENTERTAINMENT PURPOSES.

 57 Flash of light 9 One Fonda 58 "I Love Lucy" 10 Marshall or Hoover 61 Retirement letters 12 Snow glider 64 Centerward 13 Not difficult 65 Type of seizure 19 Give forth 67 Fat-free milk 24 Bart's sister 68 Gradual diminution 28 Norway's capital 70 Leak slowly 29 Taiwan's capital 71 Roman tyrant 72 Binge 32 Train unit 73 Tacks on 33 Make an effort 35 Japanese wrestling 1 Colorful grass 2 Journalist Fallaci 39 M-m-m good! 3 Brunch order 4 Lash coating 5 Speed-of-sound number 77 Fat-free milk 24 Bart's sister 88 Gradual 26 Cream-filled dessert 99 Taiwan's capital 90 Leak slowly 29 Taiwan's capital 91 Colorful grass 2 Japanese wrestling 37 Take a chair 32 Journalist 42 "Fu" 91 Colorful grass 45 Part-time athlete 92 M-m-torder 48 Singer Etheridge 	61 Retirement 11 Jumble	
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- 58 Daily start 59 Fencing tool 60 Take to the sky 62 Ceremonial act 63 Dull pain 66 Flatfoot



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<u>Basketball</u>

Men Drop Two Games, Fall To Eighth **Place in NEC Standings**

ERIC WALSH SPORTS EDITOR

Despite the high-level of play from the trio of Monmouth freshman in two contests this passed week, the Hawks could not pull out a victory in NEC play on the road, falling to last place St. Francis (Pa.) and first place Robert Morris.

The Blue and White continue to struggle away from Boylan Gymnasium, still looking for their first win away from their home venue. With the pair of losses, MU falls to 6-17 overall and 4-7 in league play.

On Thursday, January 29, the Hawks traveled to Pennsylvania to take on SFU. Against the Red Flash, Monmouth freshman guard Will Campbell scored a career-best 21 points, connecting on four threepointers in the game. With the Hawks' poor shooting percentage of 26.7% in the second half, Campbell was the lone bright spot scoring 16 out of the team's 26 total points.

The visiting team went nearly five and a half minutes without scoring a single basket in the second stanza, going down by as many as 17 points to SFU. The Blue and White shot only 29.6% from the floor in the contest, giving up 54.2% to the Red Flash. This statistic turned out to be the determining factor as Monmouth lost its eleventh straight game in a row on the road this season, falling 65-51.

Fellow Monmouth freshman Travis Taylor recorded his team-best sixteenth game in double figures in only his first start in a Hawk uniform. 31. The forward had 11 points and eight

MU, totaling 19 points.

The Red Flash were led by Marquis Ford who had 19 points. Devin Sweetney added his fourth doubledouble of the season with 16 points and 10 rebounds, while Cale Nelson had a game-high nine assists.

Coming up short in their best opportunity to win a road game this season at last place St. Francis (Pa.),

rebounds. Besides Campbell and bell, Taylor, and Mike Meyers Keitt Taylor, only four players scored for each scored in double figures to pace the Hawks in the 75-62 defeat to the Colonials. Taylor led the team with 19 points, while Campbell chipped in with a 14-point effort, including three field goals from behind the arc. Meyers Keitt rounded out the freshman trio with 10 points.

Monmouth kept the contest close throughout the first half, going into the locker room only down 41-32.



PHOTO COURTESY of MU Sports Information

Travis Taylor scored 11 points and eight rebounds in the losing effort against the Red Flash on January 29.

Robert Morris on Saturday, January

The freshman trifecta of Camp- ning by 13 points.

the Hawks traveled to NEC leader However, RMU pushed its lead to 60-42 just halfway through the second half and never looked back, win-

Taylor, in notching his seventeenth game of the season in double-digits, added six rebounds and four assists. Campbell, who went 3-for-4 from downtown, scored in double figures for the third consecutive game.

Robert Morris, with its defeat of MU, has won nine consecutive games, and leads the NEC with a record of 9-1. The Colonials are 15-7 overall on the season. RMU was led by Jeremy Chappell's game-high 25 points.

With the loss, Monmouth is still in the top eight in the conference standings, tied with NEC and in-state rival Farleigh Dickinson for the last spot in the postseason NEC Tournament.

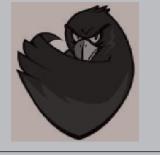
The Hawks have been plagued by injuries the entire season, as leader and leading scorer Whitney Coleman was lost for the season in the first game of the season due to a knee injury. Forward Dutch Gaitley has also battled through injury this season, as he is still rehabbing a knee injury and is eyeing a return against St. Francis $(N\dot{Y})$ on February 7. The freshmen have stepped up in the absence of Coleman and Gaitley, but there is still a missing link in the team's makeup without the upperclassman on the floor to act as leaders.

With just eight games remaining in the season, seven of which are NEC contests, the Blue and White must find a way to win on the road if they expect to make the tournament, as three of the seven conference games are away from the Boyler Room.

The Hawks welcome out-of-conference opponent, Bryant University to Boylan on Thursday, February 5, for a 7 p.m. tip off.

Schedule 2/5Bryant 7:00 2/7St. Francis (N.Y.) 7:00 2/12@ LIU 7:00 2/14Mount St. Mary's 7:00

Basketball Upcoming



After Five Straight Victories Women Drop Two Straight

ANDREW SCHETTER ASSOCIATE SPORTS EDITOR

Riding the wonderful wave of a five game win streak, the Hawks entered the Sewall Center on Saturday, ready to take down the two-time defending Northeast Conference tournament champion Colonials. Despite a great game by Jennifer Bender who finished with 18 points and 12 rebounds, the Blue and White came up just

and in a gutsy move drew up a Lakia Barber had a solid 13 point and seven rebounds. play in which Bender would shoot performance and Scott chipped the three for the lead. The shot just in with 12 points, five rebounds did not fall and after some clutch and three assists. Marisa Jimenez in Northeast Conference play with



On Monday night the Blue and White looked to get back on track a win at St. Francis (Pa.). Sad-

ly, the Blue and White were put in an early eight nothing recover, dropping the game utes left to play. 64-48. The Hawks drop to

first struggling on the offensive side of the court. St. Francis on the other hand scored the first seven points and improved their lead to 34-22 with just over 15 minutes to play. From there, St. Francis never looked back as they widened their hole and were never able to lead to 53-38 with only seven min-

Despite the loss the Blue and 10-11 on the season and 5-6 White had a few bright spots one in league play, while the Red being Barber, who led all scor-Flash, who led throughout the ers and tied her career-high with

a little short, as RMU left a 61-55 winner.

The game was back and forth for the majority of the contest, and it appeared that Robert Morris was pulling away late, as they made it a 55-49 game with just over two minutes to play. Monmouth known for their big plays in big moments as of late, got a huge three point basket on the wing from freshman sensation Alexis Scott. The clutch basket made it a one possession game, with plenty of time to go.

Down three with just a minute left in the ball game the Hawks gave the ball to Bender, she was fouled in the act of shooting and stepped to the line, looking to make it a one point ball game. Bender made the first one but hit iron on the second giving RMU the ball back with a 57-55 lead.

After a missed jumper by Monet Johnson and a huge rebound by the Hawks it looked as if victory was in reach for the away team. rebounds, there were many other Coach Gaitley, called a timeout Hawks with big contributions. and Williams, who added 19 points half the same way they did the on Valentines day.

PHOTO COURTESY of MU Sports Information Jennifer Bender had 18 points and 12 rebounds in the loss at RMU.

free throw shooting for the Colonials the game was over.

Although, Bender led all scorers for Monmouth with her fourth double-double of the season, scoring 18 points and pulling down 12

scored six points, pulled down five rebounds and dished out a teamhigh four assists in the game. MU shot 32.8% for the game while Robert Morris hit 39.2% of its field goals. RMU was paced by Logan, who scored a game-high 21 points,

contest improve to 8-13 and 6-4 in conference play.

fire from outside the arc with both Britney Hodges and Allison Daly connecting on long range bombs. Just five minutes into the ballgame the home team had built a 12-1 advantage. The Hawks put up their the lead to 12-10 thanks to some solid offense by Barber, who continues to be a pivotal season. Saint Francis looked like they may have been in Johnson hit a buzzer-beating

jumper to give the Red Flash a 27only gave her team the lead heading into the locker rooms for half time, but also swung the momentum in favor of the Red Flash.

22 points. The senior also pulled down 10 rebounds to log her sec-The Red Flash came out on ond double-double of the season and the fourth of her career. Marisa Jimenez added eight points; Scott contributed five points and seven rebounds.

The Hawks also have things they must improve upon, if they want to make and have an impact best fight of the game cutting in the NEC tournament, as they shot a dismal 30.5% for the game and committed 14 turnovers. The Hawks also shot 10-22 from the part of the Hawks offense this foul line. SFU was led by Daly's 16 points while Britney Hodges added 14. The Red Flash shot trouble before the end of 41.8% from the floor for the game, the first half, until Quinessa including 47.4% (9-for-19) from three-point range

Monmouth looks to get back on 22 advantage. Johnsons shot not track with some home cooking when they take on St. Francis (NY) on Saturday afternoon in Boylan gym. They then take on Bryant on Monday, and battle Mount St. The Hawks started the second Mary to wrap up the homestand,

A Word on Sports

The Superbowl Shuffle: From the Game, to the Commercials, to the Halftime Show

ERIC WALSH

AND

BRIAN GLICOS STAFF WRITER

Sunday evening, the stage for Super Bowl XLIII was set. The week leading up to the annual clash of conference champions was filled with banter about factors that would decide the victor, predictions and a lot of doubting the ultimate underdog (Arizona Cardinals).

Prior to the game, the state of New Jersey had more reason than the rest to feel gitty about the highly publicized event. The heartwarming story of Kristy Lynch deserves just as much publicity as the players taking the field Sunday night. Lynch is a sign language teacher from Bergenfield, NJ. She had a lifelong dream come true when she was selected to interpret "America the Beautiful" during the pregame festivities, which was performed by Faith Hill. Lynch was so determined to carry out this honor; she paid her own way to Tampa for the opportunity. She spent over one thousand of her own dollars for airfare. Those in the professions similar to Lynch get little to no recognition for there courage and generosity. On the eve of the arguably the most publicized event in sports, the true hero is Kristy Lynch and the class of citizens she represents.

Leading up to game time, Las Vegas had the AFC champion Steelers beating the Cardinals by a considerable amount less than the average football fan would have suggested. However, as the terrible towels swarmed Raymond James Stadium, one thing was certain. The Cardinals deserved to be in a position to win the Super Bowl. The anticipa-

our national anthem. When it came time for kickoff, all hype, predictions, bickering and betting came to a halt.

For the few seconds that the ball soared above the heads of fans, and across the screens of televisions across the nation, it signified the beginning of a game that most people will never forget. The Steelers had chance to strike first. An opening drive of 71 yards landed the Steelers in Cardinal territory, at the 1 yard line. For most spectators, a Pittsburgh touchdown was inevitable. On third down, from the 1, Ben Roethlisberger scrambled to the right for a touchdown... or what appeared to be a touchdown. The Cardinals head coach, Ken Whizenhunt was quick to challenge the play and had his way. The touchdown was over ruled and the Steelers were forced to settle for a fourth down field goal. The game was already living up to the hype.

The Cardinals received the ball with high hopes, but failed to take advantage of the opportunity. In a few mediocre plays, they were punting the ball back in to the Pittsburgh Steelers' possession. A great amount of Cardinal fans hopes and dreams were deflated when the Steelers drove for 60 plus yards down the field once again. This time, however, the Steelers were able to punch through the Cardinals goal line defense for a touchdown. It seemed as if the Steelers were going to run away with the game, starting with a 10-0 lead.

After an 83 yard drive, and a touchdown orchestrated by Kurt Warner, the two teams spent the majority of the time left in the second quarter in a defensive struggle. The widely known defense of the Steelers was well in control of the dynamic Cardinal offense. And after a rocky start, the Arizona defense began to step up to the task of handling Ben Roethlistion mounted through the introduc- berger and the weapons of Pittsburgh. If Rolle had stepped aside, Fitzger-

late in the second quarter with Big Ben throwing a deflected interception to, Arizona Linebacker, Karlos Dansby at the Pittsburgh 34 yard line. Showing signs of veteran grit and determination, Kurt Warner swiftly executed a few short completions and gained the Cardinals' way to the Steeler 1 yard line. To close out the half with a touchdown would be a tremendous moral victory for the Arizona Cardinals. It would most definitely signify the hard work, competitiveness and "never say die" attitude that the Cardinals had demonstrated all season long. It simply was not to be.

At the one yard line, Steeler star linebacker James Harrison (the defensive player of the year) dropped back in to coverage. Warner either did not see, or did not anticipate Harrison and his athletic ability. Harrison stepped in front of Warner's pass to receiver Anquan Boldin, and returned the interception for a Super Bowl record 100 yards as the time ran out for the first half.

The play was reviewed and sustained as a Pittsburgh touchdown, an incredible momentum changer. The replay of Harrison's return shows something that most fans were unable to see during the viewing of the game. As all-pro receiver Larry Fitzgerald chases James Harrison down, he is impeded by one of his own teammates. Fitzgerald ran in to Arizona cornerback, Antrel Rolle. Close attention to the play would make one question quite obvious. Why was Rolle, a defensive player for the Cardinals, on the field? The answer is quite simple. He wasn't. Rolle was standing just barely off the field (when players are required to stand at least 5 yards from the field), causing Fitzgerald to be unable to avoid his presence. Fitzgerald caught Harrison eventually; however, it was one yard too late.

tion of the teams and the singing of It seemed as if the tides were turning ald may have been able to catch the nated with a 1-yard Larry Fitzgerald Steeler Pro-Bowler at any point before the end zone. With the clock already at :00, the Steelers would have been awarded no points, and the game may have been completely different.

> With the lackluster first half in the books, the real show (up to that point of the broadcast) took the stage. The Boss, New Jersey rock icon Bruce Springsteen and the E Street Band rocked the Super Bowl crowd with four songs, starting with Tenth Avenue Freeze Out, continuing with arguably his most popular anthem, Born to Run (BTR for Boss fans), then taking a song from his newest album called Working on a Dream, and finishing with the crowd rocking Glory Days. At age 59, the Boss rocks harder than all of the acts today that are half, and possibly even a third his age. While his critics may hate him out of jealousy and his ability to do what he does for so many of his adoring fans around the world, there is no denying 4th quarter comeback, there was just that he currently is and will continue to be the greatest rock show on earth.

> After the firework smoke cleared, and the stages and fans were removed from the field after the spectacular halftime show, the teams took to the gridiron again and finally put on the show that the crowd was waiting for. It still appeared as though the Cardinals were finished as the Steelers were driving with a ten point lead. There was 3:32 remaining, it was first-andgoal from the 4. Somehow the Cardinals held Pittsburgh to a field goal, and it seemed that the momentum rounding the former Ohio State thug. slightly swung towards Arizona, as it I'm sorry I am biased because I am a appeared at first that a Steeler TD was inevitable.

As the fourth period began it seemed like the Steelers would hold on and ride their Steel Curtain defense to Sulike the game would ride off into the a great drive together which culmi-

TD catch and put the Cardinals in the game with just over 7:30 to play. The Cardinals got the ball back but were held and were forced to punt, pinning the Steelers inside the 2-yard line. It appeared that the Steelers had been stopped in the end zone for a safety when Willy Parker was tackled at the goal line, but the ball was placed at the one.

It looked like Big Ben got Pittsburgh out of trouble again with a 20-yard completion to Santonio Holmes, but a safety was given as there was a hold in the end zone, making the score 20-16 with just under three minutes remaining. On the next drive it was Super Larry catching a pass from Warner and sprinting 64 yards down the middle of the field for the go-ahead score to put Zona up 23-21 with 2:37 left to go. Even though it seemed like the Cards were destined to win after the miraculous too much time on the clock for Roethlisberger to work with.

After a long 40-yard catch and run by Holmes, the Steelers were on the 8-yard line with 49 seconds remaining. Just before his miraculous catch, it appeared that Holmes may have been the goat, letting a sure-fire TD catch go through his hands in the corner of the end zone. However on the next play he solidified himself as the MVP with a great catch that should have been knocked down by the THREE Cardinal defenders sur-Michigan fan, but all in all it was a good grab.

In summation, the game was a huge disappointment until the last eight minutes of the fourth quarper Bowl history. But just as it looked ter, with some good plays sprinkled throughout. The best part of the Suunexciting sunset, Arizona finally put per Bowl XLIII for me: the halftime show.

Gold Achieved at Delaware Thomson Invitational

PRESS RELEASE

A pair of Monmouth University track & field athletes turned in top performances at the 2009 Thomson Invitational, hosted on the campus of the University of Delaware.

Freshman pole vaulter Bran- claimed fifth place. don Cabral won his event after clearing 14' 9", equaling the freshman record set by teammate Pete Matano just a week ago. Sophomore Julio Rodriquez continued his strong season by taking home the gold in the high jump with his 6' 4 1/4" effort. Matano and a third freshman vaulter, Jason Timmons, tied for third in the pole vault at 13'3.5'. Sophomore Kollan Reevey was fourth in the long jump (21' 6 1/4"), while Ben Hutterer's run of 4:29.28 in the mile was sixth. Victor Rizzotto and Jeremy Gordet earned sixth and seventh place, respectively in the shot put. Sophomore Eric Fay took home eighth place in the 400m. Freshmen also came up big on the women's end, with rookie Symmone Fisher taking third in the weight throw (48' ³/₄") and fourth in the shot put (39' 3 ¹/₄"). Vaulter Michelle Telofski was third in the pole vault, clearing her best of 10' 6", with

a distance of 43' 10". Rookie Jessica Toritto placed in two different events, with a fifth place performance in the weight throw (44' ³/₄") and a seventh place mark in the shot put $(36' \ 8 \ \frac{1}{4}'')$.

Monmouth's 4x800 relay team of Aracelis Lantigua, Jessica Jones, Laura Embrey and Sarah Frenette



time of 3:09.65 for the event. Sixty teams and over 800 student athletes competed at Delaware including Delaware State, College of New Jersey, Coppin State, East Stroudsburg, La Salle, Loyola, Navy, New Jersey Institute of Technology, Rider, Saint Joseph's, St. Peter's, Temple, and Towson among others.

The Hawks also sent their multi-event athletes and two sprinters to the Bucknell University Bison Open. In the women's pentathlon, Monmouth had four entrants in the 20-athlete field. Freshman Lindsey Walsh finished 5th in the 5-event competition with a score of 3,076 points. Sophomore Mary Wilks was 6th, scoring 3040 points. And junior Kelly Dantley, winning the shot put in the pentathlon with a 37'1.5" throw, finished 9th with a score of 2,908 points. Walsh's performance is the #8 score in school history. Two sprinters excelled for the men's team at Bucknell, with Dave Martell taking 6th in the men's 60 in 7.18 seconds; and Chris Tanzola taking 7th in the men's 60 hurdles with a time of 8.72. Monmouth's men and women, the pre-season favorites to win the Northeast Conference (NEC) Championships again this winter, will compete at the Bob Giegengack Collegiate Invitational at Yale University on Friday and Saturday, and the Princeton University Open next on Saturday.

Qualifying Marks Reached at Penn State National Open

PRESS RELEASE

and women's track & field teams Kevin Merrigan, Rutherford, Regcompeted against some of the nation's best at the Penn State National Open on Friday and Saturimpressive marks.

Blackshear, Crystal Stein and Mi- were IC4A qualifying times.

Sophomore Tom Ciccoli was 10th overall in the shot put with his conference leading toss of 53' Monmouth University's men's 9". The men's 4x400 relay team of gie McLeod and Jason Kelsey ran a time of 3:18.49.

Freshman Chris Rutherford day, with the Hawks hitting some clocked in seventh place in the 500m with his time of 1:05.03 Monmouth's 4x400 relay team while Chris Taiwo was ninth in of freshman Ajda Dotday, Illiana the 200 with a time of 22.20. Both

PHOTO COURTESY of MU Sports Information Brandon Cabral won the pole vaulting event, tying a freshman school record in the process.

Freshmen Colleen Rutecki took home seventh in the 500m with her time of 1:21.90. Jones was eighth senior captain Laura Myers right in the mile (5:27.10), while Frenbehind her in 4th at 10'. Junior ette was eighth in the 1000m, with Samantha Hegmann took sixth in her time of 3:09.64 and Embrey the weight throw, checking in with was right behind in ninth with a

chele Losey recorded the fifth best

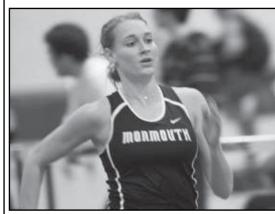


PHOTO COURTESY of MU Sports Information **Crystal Stein** was a part of the women's 4x400 relay team that recorded the fifth best time in school history.

time in school history (3:50.56), which also earned them a bid to University of Pennsylvania and the ECAC Division I Championships next month. Cailin Lynam was eighth in the 3000m, finishing in 10:11.97, which was one of the tational (Yale) and the Princeton top five times in school history.

Chris Vuono, running unat-

tached, was third overall in the 500m crossing the tape in 1:04.76. Chris Keller, also competing unattached was fifth in Friday's weight throw. In Day One of the prestigious Millrose Games, Monmouth alum Jon Kalnas was fifth overall in the shot put.

Competing Penn State were a number of teams including Central Florida, Florida Villanova, State, Bucknell, Ohio State, Princeton,

Virginia Tech among others.

The Hawks will compete at the Bob Giegengack Collegiate Invi-Open next weekend.



Vaulting OVER the Competition



Freshman pole vaulter Brandon Cabral won gold and tied a freshman school record after clearing 14' 9" at the Thomson Invitational at Delaware. Full story on page 23.