



THE OUTLOOK

MONMOUTH UNIVERSITY'S
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FEBRUARY 15, 2006

VOL. 77, NO. 18

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The Men's Indoor track team cap- tures NEC Title



For the second straight year, the Monmouth men's indoor track and field team has won the NEC Championship. Complete coverage inside.

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	Wednesday 52°/34° Mostly Sunny
	Thursday 54°/44° Partly Cloudy
	Friday 52°/27° Rain/Wind
	Saturday 35°/17° Partly Cloudy
	Sunday 32°/22° Partly Cloudy
	Monday 38°/31° Partly Cloudy
	Tuesday 37°/28° Few Showers

INFORMATION PROVIDED BY weather.com

Credit card thefts have campus on alert

LAUREN BENEDETTI
NEWS EDITOR

Monmouth University released a Hawk Alert on February 10, advising the university community about a series of credit card thefts that took place on campus by three unidentified individuals.

The university police received the initial report on February 6, of a missing credit card from the purse of Kristine Simoes, a specialist professor in the communication department, located on the second floor of the Jules L. Planigere Center.



Simoes' credit cards were used on January 31, by three individuals at stores in West Long Branch and the Monmouth Mall in Eatontown. The cards were later used

"I couldn't believe someone could get in and out of my office that quickly without anyone noticing."

KRISTINE SIMOES
Specialist Professor

on February 1, in Cherry Hill and Philadelphia.

Additional cards were reported stolen from the Edison Science Center and Bey Hall on February

10. The cards were used on the same days as Simoes' cards and by the same individuals.

According to Monmouth University police, Simoes' cards were used to purchase "thousands of dollars in cameras, iPods, video games and clothing." Surveillance videos obtained from the store revealed the three individuals on their cell phones while shopping in the store. Police believe the thieves may have been speaking to one another while watching out for security and/or police.

Credit continued on pg. 13

Monmouth University recognizes winners of MLK Jr. Unsung Hero/Heroine Award

JACQUELINE KOLOSKI
NEWS EDITOR

On January 30, 2006, Kathleen Smith-Wenning, an Instructor of Anthropology at Monmouth University, Ian Craig, a Monmouth sophomore, and Terri Blair, the director of the Long Branch Concordance were awarded with the Martin Luther King, Jr. Unsung Hero/Heroine Award at an annual tribute ceremony.

"We feel it is important to recognize the good that everyone is doing in the world," said Heather Kelly, Assistant Director of Student Activities as well as organizer of the tribute ceremony where the Unsung Hero/Heroine Award was presented.

The winners of the award received a plaque with an image of Dr. Martin Luther King Jr. that states that they are the Unsung Hero/Heroine. The nominees

also received a certificate at the award ceremony.

According to Kelly, the recipients were chosen based on a nomination process.

"We have a nomination process which will go out to all employees and students in the University for

"We feel it is important to recognize the good that everyone is doing in the world."

HEATHER KELLY
Assistant Director of Student Activities

Unsung Hero/Heroine Award," she said.

Kelly explained that after all



PHOTO COURTESY OF Jim Reme

Mary Anne Nagy and President Paul Gaffney (far left and far right) stand along side (left to right) Kathleen Smith-Wenning, Ian Craig, and Terri Blair, the winners of the MLK Jr. Unsung Hero/Heroine Award.

nominations are completed than a committee is formed to select the three winners of the three categories which are for a Monmouth University student, faculty member, and a member of the Monmouth community.

"This year we had a committee of five different students, faculty, and staff around the university. They read each nomination separately and voted separately so nobody saw who everybody else

was voting for. Then they ranked them," Kelly explained.

"The nominator was asked to explain how the person in question exemplified the spirit of Dr. King and were yet unsung," said Kelly of the criteria for the award. She added that the person being nominated was "not someone who was rewarded for the good things they did."

MLK continued on pg. 12

Residence Hall Association host 33rd annual Winter Ball



PHOTO COURTESY OF Suzanne Guarino

Students (from left) Aimée Babbins, Darnell Parker, Emel Senman, Christian Traum and Lindsey Pino attended the festivities.

NICOLE STEVENS
STAFF WRITER

Winter Ball in Woodrow Wilson Hall.

Monmouth University students dressed their best this past Saturday, February 11, as the Residence Hall Association presented Monmouth's thirty-third annual

The mansion was turned into an elegant ballroom, decorated to match the dance's Cinderella theme. A fancy carriage was placed on the stairs for photos and blue and white balloons lined

the archways.

Even each table, draped in blue linen, had a centerpiece with a glass slipper, pearl necklace, and pink rose atop a small blue pillow.

The night of dinner and dancing began at seven, as soft instrumental music played and appetizers of mozzarella sticks, fried shrimp, and chicken cordon bleu were served. A buffet dinner was then served at eight, with choices of baked ziti, baked chicken, salad, and an assortment of vegetables.

After dinner, the dancing floor was officially opened and quickly became packed with students eager to dance. The self-proclaimed "celebrity DJ" played a variety of music, including contemporary hip-hop, classic eighties hits, and even a few country songs.

Not surprisingly, "Cotton-eye Joe" and the "Cha-Cha" song

were two hits of the evening, as everyone tried the best to follow along to the dances. The DJ dedicated some songs to the female guests, including the popular song, "I Will Survive," which Monmouth's students enthusiastically sang along to. The slower dances, such as "Unchained Melody," brought couples onto the dance floor.

Another interesting aspect of the evening was seeing how nicely everyone dressed. The girls wore their fancy dresses, and the boys wore button-down shirts and ties with dress pants. Among all the lovely outfits, however, the winner of best celebrity impersonator undoubtedly goes to the guy wearing white gloves and a top hat, who shall remain nameless despite his adequate moon-walking abilities.

The dancing continued all night long, with songs such as Bon Jovi's "Livin' On A Prayer" and Def Leppard's "Pour Some Sugar On Me" finishing up the night. At the stroke of midnight,

Winter continued on pg. 17

200-Mile Conditioning Program



PHOTO BY Kerri Walker

Marta D. Neumann Athletics Exercise Psychologist pictured above.

KERRI WALKER
CONTRIBUTING WRITER

The Monmouth University Fitness Center has planned a 200-mile conditioning program that will take place during the spring semester. The three different conditioning programs focus on completing 200 miles by indoor walking, biking, or swimming in a seven-week period that began February 13.

Participants involved are Monmouth University students and employees. The general public, which includes members of Monmouth's fitness center, is not permitted to participate in the program because of space limitations.

It is meant to promote physical activity on a daily basis for healthy reasons. It is not meant for overexercise, as 200 miles over a seven-week period is a healthy amount of exertion for the average person. It requires participants to work out three to five times a week in order to complete their goal.

Monmouth's Department of Athletics Exercise Physiologist Marta D. Neumann runs the program. This year's training will be focused only on the inside facilities. Last fall, Neumann utilized the outdoor area surrounding Monmouth, and had participants

record their mileage at the gym once a week.

One hundred miles have been added to the schedule for this year's program. The extra mileage has not instilled fear. In fact, there are more people participating than ever before. Additionally, extra machines such as the elliptical have been added to the fitness center to increase people's variety in their activity.

According to Neumann, "There are technical and physiological benefits when you combine a vari-

"If people use it and they want to keep in shape, it will be beneficial to them."

JIM FINLEY
Monmouth Senior

ety of activities. Benefits are seen mentally and physically."

There are three different training agendas a person can choose to join. The first is cross training, in which participants will try to complete 200 miles of combined walking/running on the tread-

mill, and biking or stepping on elliptical machines. The whole program can be done on one machine, chosen by the participant. Biathlon conditioning program participants, meanwhile, will be required to complete 60 miles of walking/running on the treadmill, and 140 miles of biking.

The most challenging of the three is the triathlon conditioning, which requires running 45 miles, swimming five miles, and biking 150 miles. What is mostly driving these participants to their rigorous conditioning goal of completing 200 miles is the prize of a t-shirt upon completion.

When asked about the 200-mile program, senior communication major Jim Finley responded, "If people use it and they want to keep in shape, it will be beneficial to them."

There are a total of 30 people enrolled, more employees than students. Most are participating in the easiest program, cross training.

"People have different motivations for different goals," said Neumann.

As the fitness center's exercise physiologist since the center first opened in 1993, she is responsible for creating exercise for individuals.

Outside of the gym, Neumann teaches three-credit wellness and fitness courses, including yoga, basic conditioning, pilates, and weight training which "help to create healthy lifestyles, and are tools to reduce stress."

Physical fitness has always been a concern of hers. When she was younger living in Poland, Neumann completed an internship at a skiing camp in Tatne, Poland. Her love for challenge and an array of physical activities such as skiing, dancing, and exercising to music all inspired her to get involved in the fitness industry. Attending high school in Poland under communist rules did not prevent Neumann from doing what she liked to do.

Neumann graduated and received her P.h.D. from the Academy of Physical Education in Wroctauv, Poland. She now lives with her husband in nearby Middletown, New Jersey.

Leadership Symposium

SARA WERNER
CONTRIBUTING WRITER

On February 3, while many students were packing for the weekend, representatives from Monmouth's clubs headed to Anacon Hall for the spring Leadership Symposium. This semester's key speaker, George Obermeier, said the goal of the symposium was to teach the future leaders of these clubs how to "make leadership fun."

Obermeier motivated the group through loud inflections, games, and stories. In between discussions about altruism and positive attitudes, he gave advice on having happy demeanor. "If no Ah Ha . . . then no HaHa," says Obermeier in speaking of the natural humor existing in all of us that leaders should be enlightened to.

He said leaders need to "use humor because of its magic that brings people together with understanding ourselves, our strengths, and weaknesses." Trying to get his point across, he remarked, "You should always have a rubber chicken in your desk drawer, so when your boss comes looking for the

paper that you have not completed, you can pull it out normally like a piece of paper to add to the surprise and lighten the mood."

In order to start acting as a leader, Obermeier said it was necessary to take "small positive risk taking, small enough to come out of your comfort zone, just by asking a question in class." This perspective, according to Obermeier, will have the positive result that "people will appreciate you adding positive energy to their lives" from not only your courage to share in class, but the fact that what you shared will add to the classroom experience.

After Obermeier gave his blessing and shared his dance to "I Feel Good," the students were able to select two sessions from five choices that would help them become better leaders: "Transition 101," "Mission: Membership," "Stress Management," "When the Tough Get Going, the Going Get Tough: How to Deal with Opposition," and "Delegating: How Far is Too Far."

Brandon Bosque, Chief Justice of SGA and member of Phi Sigma Kappa, and Kevin Liguori, Treasurer of SGA and member of Sig-

ma Tau Gamma, led the "Opposition" program by first asking what were the biggest problems facing the organizations. The 10 student representatives came up with collective issues of attendance, lack of initiative, and apathy. Brandon then led the white board discussion of demonstrating the two sides of a group, "Ideal Leaders," and "Devil's Advocates." Bosque and Liguori shared their own club's method to deal with opposition, using the three big C's, "coolheadedness, confidence, and compromise."

"Opposition is not always bad," said Bosque. "Without it, we wouldn't see less popular views, and then what would the point of meetings be?" Liguori added that suggestions at club meetings should "always be polite and constructive."

After a 40-minute brainstorming session over why opposition is so prevalent, Francine Johnson from Alpha Sigma Tau sorority stated the conclusion best: "People are afraid of change."

The session on "Delegat-

Symposium continued on pg. 3

MU IN THE KNOW: WEEK IN REVIEW

Federal government surplus hits \$21 billion in January

ALEXANDER TRUNCALE
ASSISTANT SPORTS EDITOR

According to a report in the February 10, edition of *The Washington Post*, the federal government had a \$21 billion surplus in the month of January. According to the Treasury Department, the U.S. government spent about \$209 billion, but their tax receipts totaled

\$230 billion, and thus accounting for the surplus. The Feds continue to spend more every year. This January, the federal government spent 7.9% more than it did in January of 2005. The tax receipts, however, were also up 13.7% this January from a year ago.

Nor'easter hits Northeast, dumps 30 inches of snow in some places

ALEXANDER TRUNCALE
ASSISTANT SPORTS EDITOR

A classic Nor'easter pounded New Jersey, New York City, and almost all of New England this weekend, according to a report in the February 13, edition of the *Asbury Park Press*. The storm had a major affect on the West Long Branch area, causing beach erosion, localized flooding, and power outages. According to the paper, low-

lying streets in Sea Bright, Oceanport, and Monmouth Beach, were flooded and police were forced to remove several cars that had been damaged. Beach erosion was also a problem, especially along Long Beach Island. The storm also left over 7,000 people without power for all of Sunday afternoon.

Cheney involved in hunting accident

NATALIE B. ANZAROUTH
ASSOCIATE NEWS EDITOR

While hunting in Texas on Saturday, February 11, Vice President Dick Cheney fired a shot that inadvertently hit another hunter, the *latimes.com* reported on February 13. The hunter, Harry Wittington, a lawyer from Austin, was taken to the hospital suffering from shotgun pellet wounds mounted in his chest and face.

White House Press Secretary Scott McClellan said that following the accident Kathrine Armstrong, a bystander in the shooting, and another hunter contacted the

Corpus Christi Times about the shooting on Sunday with the consent of Vice President Cheney.

No official statement from the White House was released until Monday. White House Press Secretary McClellan said that the delayed statement was due to unclear information about the shooting and ensuring the well being of Wittington's medical care.

Wittington is said to be in stable condition at the Christus Spohn Hospital in Corpus Christi.

Tenth church fire in Alabama

NATALIE B. ANZAROUTH
ASSOCIATE NEWS EDITOR

In the tenth series of church fires since February 2, the Beaverton Freewill Baptist Church was set on fire on Saturday, February 11, according to a February 13, report by the *WashingtonTimes.com*. Authorities say these were acts of arson.

No arrests have been made, but according to eyewitness

accounts the suspects are thought to be two white males and possibly injured.

Investigators said that they do not have information on whether the acts are racially motivated. These fires hit five black and five white Baptist congregations in mainly rural areas.

Annual art show features faculty



PHOTO BY Allison Goodwin
The faculty art show will be open until March 2 in the Ice House Gallery.

ALLISON GOODWIN
CONTRIBUTING WRITER

The annual faculty art show opened in the Ice House Gallery on Friday, February 10. Running until March 2, the show includes various sculptures, paintings, mixed media, and print work from the Art Department faculty. More than

20 professors contributed to the display, which is currently open to the campus community. This show could be of particular interest to art majors. The gallery gives students an opportunity to view the personal and professional work done by their instructors right on campus. The Ice House Gallery is open daily until 5 p.m.

USA Break Dancers perform for students at Anacon Hall

CHAD ESPOSITO
STAFF WRITER

The USA Break Dancers came to Anacon Hall Wednesday, February 8, to perform for the student body. The Student Activities Board (SAB) sponsored this event, led by Catherine Heredia, the Diversity Chair on the board. The USA Break Dancers are known throughout the country for their talent and professionalism. Dance Spirit Magazine Editor Susie Eisner Eley said, “If you want to see break dancing, go to any local hip-hop club. If you want to see a break dance performance at its best, you need to see the USA Break Dancers.”

The USA Break Dancers started performing in 1995, and now consists of members William Sanchez, 22, Julio Santiago, 37, Christopher Mununz, 19, and José Calon, 16. Santiago, however, started performing in 1980, when the break-dance boom just started. The group began as street performers in Times Square, and currently travel to many different colleges and organizations to help show the diversity of dance culture.

“We organized the event in hopes of bringing something diverse and urban to the students, and the event definitely did,” said Heredia.

“We organized it with the AASV for black history month to help spread diversity and culture throughout the student body. I feel the event was a definite success, with a decent turnout as well,” she added.

The performance opened with the Monmouth University Capoeira Club giving a brief background of what capoeira was all about, and then performing a sample of what they had taught the audience. Afterwards, the USA Break Dancers came out and performed a few break dancing intervals, and then

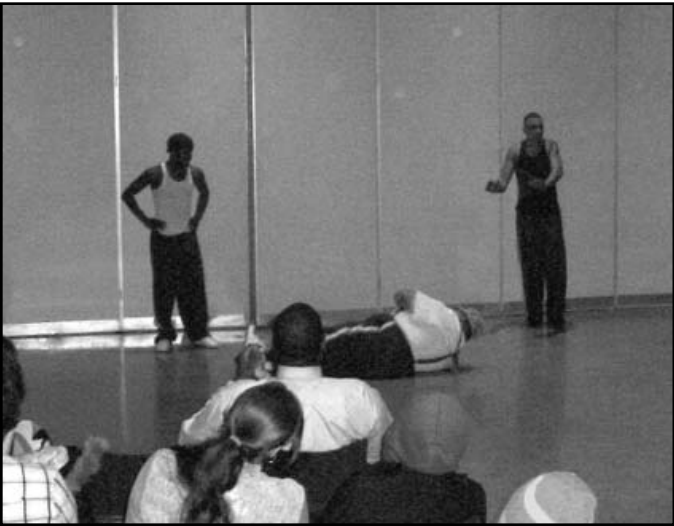


PHOTO BY Chad Esposito
The performers show off their talents to the crowd in Anacon Hall.

spread it out with some stunts - like one break dancer jumping over four people.

Junior Matt Murray said, “The show was amazing. I didn’t know the human body could move like that.”

During the show, there were refreshments available to the public. There was even audience participation, with a dance-off they had where they invited four audience members to come up in front of

the audience and show off their moves.

To conclude their performance, Santiago, the manager and leader of the group, came out in front of the audience and did “the worm” as everyone cheered him and the USA Break Dancers on their show.

Sophomore Andrew Giaconne said, “This was the best break dancing I have seen since the movie *Breakin*.”

Symposium for leadership

Symposium continued from pg. 2

ing,” was presented creatively and strongly by Katie Croce. Croce taught how to take initiative through a series of activities that reflected obedience or taking a stand, such as the activity she opened the session with. She asked the students to draw a piece of paper that either contained a “d” for delegator or a “tm” for team member, she then asked whomever had a “d” to lead a series of activities

feels undervalued or underappreciated.” She also said to, “always have a common goal to aim for,” so ideas don’t get lost in translation. “Don’t be bipolar; you want to be an equal delegator,” said Croce on how to be a non-tyrannical leader but one that is remained fondly.

At the end of the conference, everyone left with new hope for their organizations as they took what was suggested by Obermeier in his closing remarks as, “the energy from the event and will strive

“Maintain lines of communication, so no one ever feels undervalued or underappreciated.”

KATIE CROCE
Monmouth University senior

that “tm’s” would follow. After the students’ realized that no one had a “d”, they saw her point that a person still needs to make an effort when you think someone else is there to lead. In order to get work done she said to, “Maintain lines of communication, so no one ever

to be leaders all of the time.”

Reflecting Monmouth’s slogan this year, “Where leaders look forward,” the club representatives left the symposium looking into the future with the hope that the wave of apathy that most students feel will subside.

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Meet MU: Tom Battaglia

See how one man has made Monmouth University’s athletic program stronger than was ever thought possible

KERRI WALKER
CONTRIBUTING WRITER

Monmouth University strengthened the athletics program eight years ago by hiring Conditioning and Fitness Center Coordinator Tom Battaglia. When you walk into the fitness center, you can see that every once in a while the athletes go to Battaglia for encouragement on their workouts and ask him for advice.

In today’s corporate American society, everyone is not just looking for results, but fast, noticeable ones. To do this, people go to many extremes, especially in sports. Nowadays we see so many professional athletes being tested for steroids, and occasionally being thrown out of competition.

Besides getting mandatory NCAA drug tests, it can be said that a strength and conditioning program helps students to want to naturally get stronger, faster, and quicker; thus helping the student-athletes, coaches, and school’s athletic program. By having a stronger athletic program the school is put on the map.

Battaglia knows how important it is as an athlete to work hard outside of team practice. He played high school football in Sayreville, New Jersey. During his teenage years, Battaglia did a lot of weight training, which enabled him to play offensive guard and linebacker on the team and inspired him to become a strength and conditioning coach.

Although Battaglia would like to see more strength coaches obtain their certification through the National CSCS (Certified Strength and

Conditioning Specialist) he said, “There are no real requirements to becoming a certified strength coach.”

Battaglia received an undergraduate degree in both nutrition and exercise, and exercise physiology at Purdue University. He continued his studies at Purdue to receive his master’s degree in exercise physiology in 1988.

Before coming to Monmouth University, he put in more time at Purdue as a Graduate Assistant Restricted Earnings Coach. He then worked at Fordham University for

works with all of the varsity teams on campus, he must accommodate all of the coaches and players’ quirks.

While working at Monmouth, Battaglia said that he takes most pride in, “getting as much done here in a 2,500 square foot facility as the athletes at Purdue got done in a 16,000 square foot facility. It is a real testament to the athletes given these limitations on size and scheduling.” The varsity teams are in the gym working out two to four times a week depending on if they are in the competitive season.

When he is not in the fitness center, Battaglia is an active member of Team in Training, a health education and support program for leukemia. This is his second year as an involved coach for Team in Training. He got involved because the nephew of one of his training partners died of leukemia.

Team Survivor is an education and support group for women affected by cancer. Battaglia is on the advisory board, in which he provides sport information on activities. He is involved in running and coaching clinics and in September he’ll be competing in The Danskin Triathlon Series in Sandy Hook to help raise awareness on Breast Cancer. Battaglia has participated in Triathlons for six years, and has completed about 25 to date.

Battaglia has great expectations for the future of the athletic program at Monmouth, and the fitness industry. He believes that the new Multi-Purpose Activity Center (MAC), which is being proposed by Monmouth University, will divide our athletes from the general population.

“There was a coach that did not want to use the strength and conditioning services, because it was hard enough getting teams to attend the practice program.”

TOM BATTAGLIA
Conditioning and Fitness Center Coordinator

two years where he coordinated their first strength and conditioning program.

When Battaglia first arrived at Monmouth, he explained, “There was a coach that did not want to use the strength and conditioning services, because it was hard enough getting teams to attend the practice program.”

This was Monmouth’s first strength and conditioning program, and there were certainly obstacles to overcome. A challenge that students face at Monmouth is that they are limited on space since they share the only exercise facility with the general public. Since Battaglia

Up close and personal with Tom Battaglia



PHOTO BY Kerri Walker

Tom Battaglia is the Conditioning and Fitness Coordinator at Monmouth University.

Favorite Sports Team: Purdue, his alma mater.

Favorite Food: Depends on mood.

Role Model: I have never had one, I have always been self motivated.

Place he would most like to travel: Italy.

A quote you live by: Everything in moderation.

What are some notable achievements:

USA age group nationals for triathlon, ITU world championship in Hawaii, starting two division one strength programs at Monmouth University and Fordham University.

If you were a superhero who would you be and why:

Captain America, because he is basically mortal and he does everything for the good of the country and always works to the best of his ability.

SGA President’s Corner

Hello Monmouth University!

The SGA discount cards are here! After a slight typo last week from the printer, we finally have the corrected ones to disburse. All clubs and organizations: check your mailboxes to find cards for your members. We will have stands all around campus so that everyone can pick one up! The following businesses are on these FREE complimentary cards:

- Stingers
- QuiznoSubs
- Ming Ying
- Dunkin Donuts
- Brighton Pizza
- Blue Swan Diner
- Avenue You
- Lube it All
- All Mixed Up!
- Sunkissed Tanning
- Adpro
- Student Travel Services.

Thank you to everyone who participated in SGA’s Random Act of Kindness Campaign. Due to its success, we are going to continue this project so that everyone can send friends thank you notes across campus, just to say thank you for being you.

Congratulations to Stacey Ciprich who planned the Winter Ball this past weekend. The Residence Hall Association sponsors this annual event and Stacey and her committee were able to turn Wilson Hall into a winter wonderland – it was definitely snowing and raining outside! If you missed it this

year, be sure not to miss it next year!

Four SGA senators will be attending the Conference on Student Government Associations in two weeks. They will travel to Texas A & M University to learn about organizational operations and how to better each university. Good luck to our delegates who will be presenting a one hour workshop to other school across the country entitled: When the going get tough, the tough get going – How to deal with opposition. This is a great way to get Monmouth’s name out among the crowd and teach other schools lessons that we have learned about inter-Senate interaction, relationships with students, and relationships with our surrounding community.

As we approach spring break time, SGA would like to remind everyone to be safe and careful whether you’re are leaving the state or country, or simply going home. Relax, have fun, but be aware of your surroundings. Last year my friends and I encountered some scary situations during the day as well as late at night (the destination will remain nameless), so just remember to use your head, stay in groups, and trust no one.

Have a great week and remember – Seniors: less than 90 days until commencement!

Best regards,

Alyson Goode
SGA President
x4701



Last to find out?

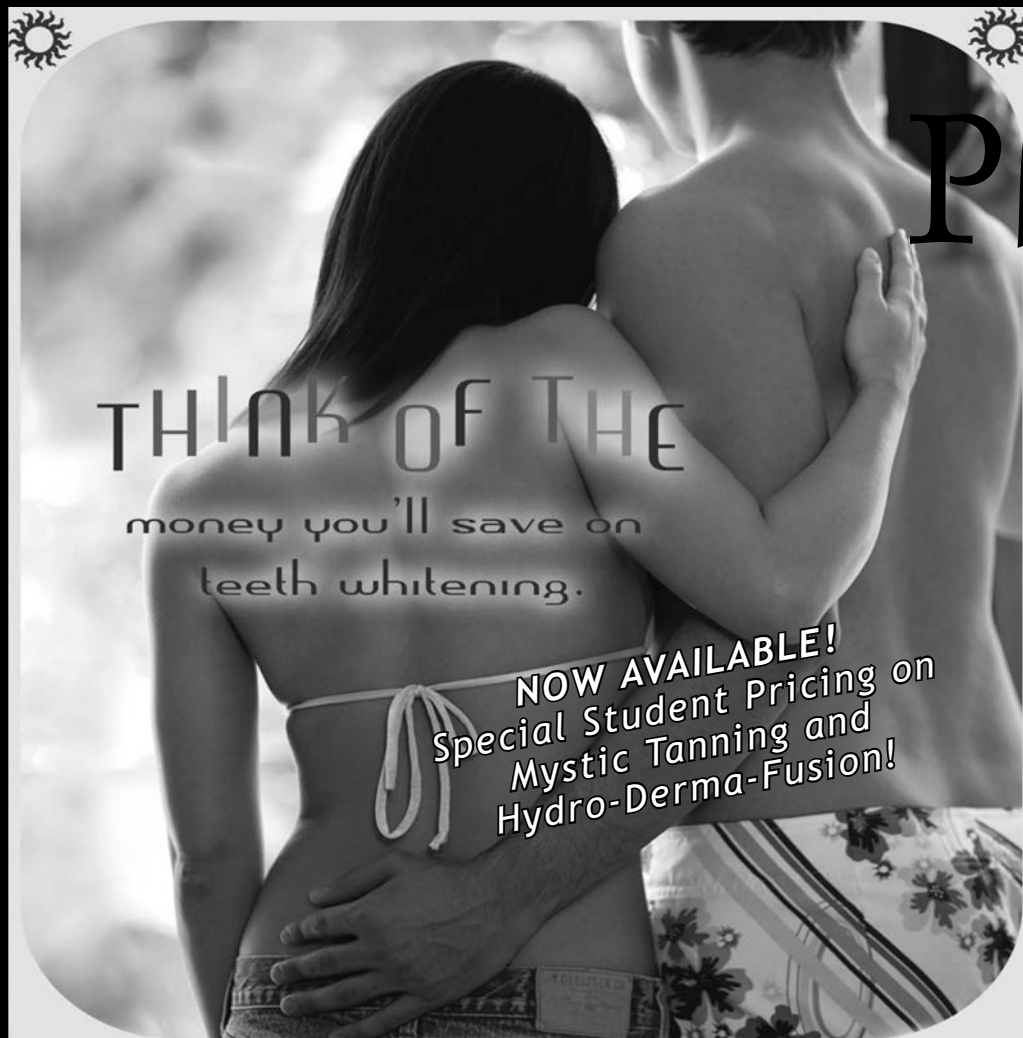
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UPCOMING STUDENT EVENTS

Wednesday, February 15

Decorate a Cake
12:00-4:00 PM, RSSC Lobby

Jazz Band

1:00-4:00 PM, RSSC Cafeteria

Thursday, February 16

Women's Basketball vs. Quinnipiac University
7:00 PM, Boylan Gymnasium

Friday, February 17

Happy Hour with Bernie McGrehan
7:00 PM, RSSC Anacon Hall

Weekend Movie Series - JARHEAD

8:00 PM, Young Auditorium, Bey Hall

Saturday, February 18

Weekend Movie Series - JARHEAD
3:00 PM & 9:00 PM, Young Auditorium, Bey Hall

Medieval Times Trip

Tickets Available (\$40 for students)
Bus Departs @ 4:30 PM

Monday, February 20

Men's Basketball vs. Fairleigh Dickinson Univ.
7:00 PM, Boylan Gym

Robert Kelly - Comedian

8:00 PM, Java City Cafe

Tuesday, February 21

Lunch with Father Joe
1:00 PM, Magill Club 107

Black History JEOPARDY!

7:00 PM, RSSC Anacon Hall

Wednesday, February 22

Movie & Discussion - CRASH
7:30 PM, Young Aud.

Singled Out! (Tent.)

10:00 PM, Pollak Theatre

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REAL WORLD

Survival Guide 101



LAUREN NAPOLITANO
FEATURES EDITOR

May 17, 2006. For some, this date is just another day on the calendar. For you seniors, though, it's the end of one chapter in your lives, and the start of another.

Since we were wee-little tykes trying to color within the lines in pre-school, our entire lives have consisted of waking up, going to school, coming home, completing tedious homework assignments, and then falling into a deep slumber, only to rise the next morning and repeat the cycle.

Now school is ending and the comfort of our everyday routine is quickly coming to a halt. You've been applying for jobs, or maybe already landed one at your compa-

ny of choice, and will be propelled into the real world in a few short months. What happens now? How do you go on from here?

Here are some tips from careerbuilder.com for graduating seniors on how to transition from the world of professors and exams to the world of bosses and deadlines.

Acquire a new look: In college, on most days, we are used to rolling out of bed, half-asleep, grabbing the nearest pair of sweats or crumpled up jeans and throwing them on before heading out the door for the first class of the day. This won't do well in the work world.

We are adults now! Learn how to dress yourself! A professional image is crucial while you're es-

tablishing yourself at work. Learn what your company's dress code is, and shop accordingly. To avoid sending yourself into debt before you even begin your career, start small by buying a few key, basic pieces you can work into your existing wardrobe. Continue to build your closet a few pieces at a time, and invest in better quality clothing with each purchase.

The first impressions: Imagine you're the CEO of a large corporation and you're conducting interviews to hire a new manager. Are you going to hire the interviewee who walks in wearing a nice, clean suit and is poised and controlled or the interviewee who wanders in looking sloppy and like a lost puppy, fidgeting and visibly nervous? That's what I thought.

Looking inappropriate, disorganized, tense, or anxious will give the impression you lack confidence in your abilities, and therefore are unable to perform to their highest standards. Even if you already have landed the job, you don't want them rethinking why they hired you in the first place.

Always be on time, and make sure you dress to kill, are alert, friendly, courteous, and carry yourself well. Avoid chewing gum and engaging in annoying fidgety habits such as rapidly tapping your pen on your desk. You don't want to give your co-workers the feeling that you are a nuisance to work with.

Be inquisitive: Face it, even though we may think we are all-knowing, we really aren't. Don't be afraid to ask questions.

According to a recent

careerbuilder.com survey, hiring managers say that one of the top mistakes new grads make when entering the workforce is not asking questions.

Never assume anything. Whether it's how to perform a particular task, the company's dress code, or how to use the fax machine, just ask. It's better to avoid an embarrassing situation than asking a simple question you may feel embarrassed about.

Expect gopher responsibilities: Yes, you have landed a real job and you no longer have to act as a slave as an intern, but that doesn't mean you still aren't at the bottom of the food chain.

As an intern, you may have been told to make a coffee run, but as a lower level employee, you may be asked to do so for a few of the other employees. Don't say no. The best thing to do is to smile and bear it. If this goes on for an extended period of time and you feel like you're being taken advantage of, then you should step up and voice your feelings.

Other responsibilities all employees should employ out of courtesy are filling the paper in the copy machine if you use the last of it, refilling the staple gun if it's empty, and other office tasks. This isn't demeaning; it's simply helping around the office.

Under-promise and over-deliver: Don't bite off more than you

can chew. If your boss wants you to take on a new project but you're already jam-packed with other obligations, politely say you would love to, but you have other projects that need to be completed. If you say yes, you will end up doing a mediocre job or miss the deadline.

Susan Morem, author of 101 Tips for Graduates, suggests over-delivering, or setting a more reasonable deadline and working hard to finish ahead of schedule.

To accomplish this, don't procrastinate. Procrastinating will cause you to run out of time, or do a poor job. When faced with a large project, block off a chunk of time to work on it, ensuring you have time to get it done. Then, break it down into smaller, more manageable tasks.

The company party is not a party: The word "party" doesn't constitute acting like you were back at the fraternity house doing keg stands and screaming, "TOGA, TOGA!"

Think of company parties or after-hour outings as an extension of your office—your behavior is still being judged. Be careful how much alcohol you drink, what you say, and always dress appropriately.

Also, make sure you actually show up for events. This shows you're a team player, you care about your company and your co-workers, and that you can be counted on.



PHOTO COURTESY OF www.movie-gazette.com

The classic workplace movie Office Space (pictured above) portrays exactly what not to do in an office environment. It shows the inefficiency of a company that is poorly managed, causing the employees to act poorly during their work day. Upcoming graduates can learn a lot from this film, as well as get in a few good laughs.

Do majors matter?

LAUREN NAPOLITANO
FEATURES EDITOR

According to the U.S. Department of Labor, the average person changes careers three times in his/her life.

Seventy-five percent of students change majors at least once during their college years, according to Randy Miller, chairman of the student counseling website Readyminds. Do these numbers scare you a little? Tempted to run down your dorm's hallway screaming, with your hands tugging at your hair out of fear that you actually don't know what you're going to do for the rest of your life?

Don't worry! According to Donald Asher, career consultant and author of "How To Get Any Job With Any Major," the biggest secret in career development is that you can get a

job with any major. He states that although all majors don't equally prepare you for all jobs, no job is out of reach just because of your major.

Many students are under the impression that they are

...the biggest secret in career development is that you can get a job with any major.

stuck doing whatever it is they picked to study as their major. Some end up hating their majors by the end of their college careers, and realize they have a love in another field, but are afraid

they are unable to pursue it because of that small piece of paper they feel they are indebted to. However, you have more options than you think.

When applying for a job, employers look at other factors other than your major. Although it is an important part in the application process, other skills such as communication abilities, teamwork skills, honesty, motivation, work ethics, flexibility, and self-confidence play a large role as well.

Here are some examples of real people who found work outside of their majors:

- **Carly Fiorina**, former chairperson and CEO of Hewlett-Packard Company, received a degree in medieval history and philosophy from Stanford.

- **Hugh Hefner**, founder of Playboy magazine, majored in philosophy at the University of Illinois.

- **Brad Pitt**, actor and heartthrob, is two credits shy of a journalism degree from the University of Missouri.

- **Jon Stewart**, actor and TV personality, majored in psychology at William and Mary College.

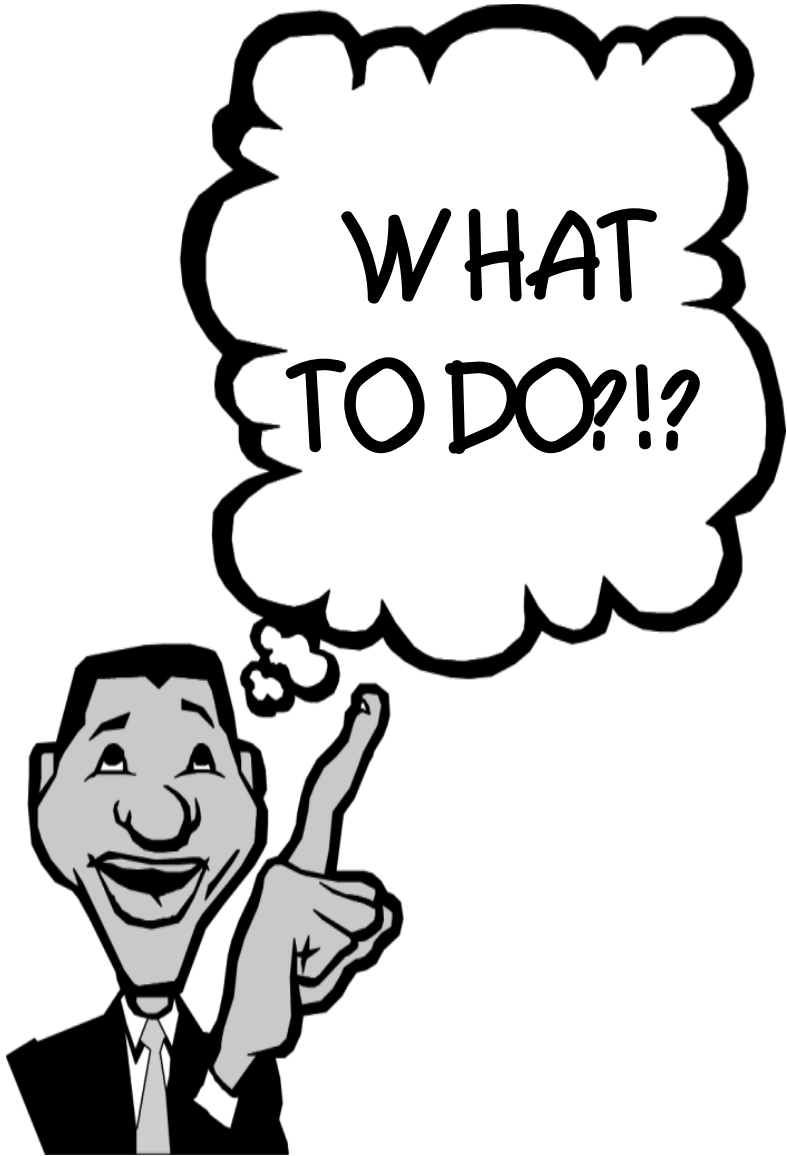
- **Mick Jagger**, lead singer for the Rolling Stones, majored in economics at the London School of Economics.



PHOTO COURTESY OF Google

While Brad Pitt attended the University of Missouri, he posed for the "Men of Mizzou" pinup calendar. In 1987 (his senior year) he left, two credits short of graduation and went to California.

Grad school versus work experience:



DEBRA PACHUCKI
STAFF WRITER

Whether you're a college senior preparing to graduate or a freshman who's still deciding which field to major in, you'll eventually have to decide whether to go to graduate school or begin a career once you obtain your bachelor's degree. It's one of the biggest decisions for an undergraduate to make, and is also one of the hardest. How can we anticipate whether an advanced degree will be better or worse for our career goals?

The first step is to consider why you would be interested in applying to graduate school after college in the first place. This is often the most crucial aspect of the entire decision-making process because, if you choose this path for the wrong reasons, you will inevitably set yourself back.

According to an article posted on the Texas A&M University-Kingsville Web site, students who choose graduate school because of

"pressure from friends, parents, or professors," or because they want to "postpone the inevitable job search," should "think twice" before making such a commitment.

On the other hand, bypassing graduate school can be detrimental to students because "some occupations require an advanced degree even for 'entry-level' positions," says www.quintcareers.com. Be honest with yourself as you determine your own goals, abilities, and obligations, as well as the options available to you with a bachelor's degree.

Once you've decided whether graduate school is right for you, how will you know when to go? In some instances, it's better to attend graduate school immediately after college, while in other cases, it's best to develop some work experience first.

There are also many benefits and drawbacks to each decision. Carefully consider each option with the help of the following information, courtesy of

www.tamuk.edu (Texas A&M University-Kingsville's official website), www.quintcareers.com, and the Monmouth University guidelines for undergraduates seeking a graduate scholars program.

Varying Job Opportunities: One of the first things students want to know is what kind of job they can get with an advanced degree. The truth of the matter is that it depends.

In some instances, going to graduate school will give you "the edge over competition in the job market," according to the Monmouth University guidelines for undergraduates seeking a graduate scholars program. And according to the Texas A&M University-Kingsville Web site, "A master's degree can be an entry point for new and better job opportunities in business, industry, government and education."

Certain jobs require at least a master's degree, while other job opportunities are broadened with an advanced degree. A master's degree, for example, makes the difference between being a teacher and being a principal, or between being a general employee and being a supervisor.

A doctorate degree makes an even bigger difference: researchers from Texas A&M University-Kingsville point out that "statisticians who work for the Census Bureau, psychologists who work for advertising firms, historians who work for museums, and chemists, engineers, physicists, and other scientists who work in science-based industries or government-funded research laboratories" all hold Ph.D.s in their respective fields.

Most times, it is better for students who want to hold scholarship, research, and development positions to apply for graduate school right after college while they're "still accustomed to being a student," have study skills that are still "sharp," and "have few obligations," according to www.quintcareers.com. The same is true for those who want to sidestep the entry-level positions and go straight to work in a profession that requires advanced degrees, such as medicine, law, and psychiatry. In these instances, postponing graduate school might make going back all the more difficult once you enter the workforce.

On the other hand, there are times when going straight to graduate school would be a mistake. Certain jobs favor work experience over advanced degrees, meaning

that holding a master's degree with little or no job experience can hurt you more than anything else.

Engineering, for example, requires both; but most firms are more willing to take on a candidate who has had a number of recent internships than a candidate who just received a master's degree but has no field experience.

Additionally, certain companies and organizations will reimburse their employees for going back to school and obtaining an advanced degree, which means you won't even have to worry about how to fund your post-graduate studies. In these instances, it pays to hold out on graduate school and to begin a job that your bachelor's degree qualifies you for first.

Difference in Job Salaries: The second biggest question on students' minds is the difference in salaries that an advanced degree will make.

According to the Monmouth University Guidelines for undergraduates seeking a graduate scholars program, "data shows that individuals with advanced degrees earn an average of 56 percent more than graduates with bachelor's degrees."

The www.quintcareers.com website points out that "in 1998 the average worker with a bachelor's degree earned \$40,478 while a worker with a master's degree earned \$51,183 and a worker with a doctorate earned \$77,445" during their first years.

Essentially, you'll make more money if you have an advanced degree, but it will take you longer to begin making that kind of money if you go straight to graduate school upon graduation. If you begin a career right after college, however, you can begin to earn income and possibly be reimbursed for graduate school (so that you can start to make the big bucks) while gaining valuable work experience at the same time.

Ultimately, the better choice boils down to what your own personal goals, abilities, and obligations are. Both graduate school and working after college have their own benefits and drawbacks, but as long as you are able to make a decision that is right for you, you can't go wrong either way.

Knowledge of yourself and the job market are your best allies in making the decision of whether or not to go straight to graduate school. As long as you make a carefully informed decision, either path can be beneficial to you.

How much?

LAUREN NAPOLITANO
FEATURES EDITOR

These days, employers are paying more in starting salaries overall than they did with the class of 2003-2004, according to the spring salary survey from the National Association of Colleges and Employers (NACE).

Curious what you might be making when you start your new career? NACE conducted a salary survey in the spring of 2005 to find out what the different starting salaries of graduates in various fields were. Here are some of their findings:

Computer science: \$51,292	Consulting: \$49,781
Business administration: \$38,357	Sales: \$37,130
Marketing: \$37,519	Accounting (public): \$41,039
Architect: \$34,000	Financial/Treasury analysis: \$45,596
Chef: \$9.86- \$19.13 an hour	Software design/development: \$53,729
General communication jobs: \$31,900	Design/construction engineering: \$47,058
Accounting (private): \$44,564	Registered nurse: \$38,775
Advertising: \$50,450	Liberal arts: \$30,337
Management trainee: \$35,811	Information sciences: \$43,732
Teaching: \$29,733	Electrical engineering: \$52,009



PHOTO COURTESY of Google

Classroom teachers are paid less than those who work in other professions requiring similar education and responsibilities.

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Outlook masthead designed by Kimberly Lynn Mallen
Back page sports logo designed by Nick Hernandez

HOW TO SUBMIT ARTICLES OR LETTERS

The Outlook provides the Monmouth University community with information concerning issues in and around the University while serving as a forum for expression of the ideas of its readers.

Contributions must be submitted (email outlook@monmouth.edu) by 12:00 p.m. Mondays to The Outlook office,

2nd floor, room 260, Plangere Center.

All copy must include the author's full name and contact information.

The Outlook accepts articles and graphic material from students, faculty and administrators, and reserves the right to edit or reject any material which they determine is not suitable for publication or its readers.

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Tell it like it is

Editorial

LAUREN BENEDETTI
EDITOR IN CHIEF

One of the most satisfying parts of being an editor at *The Outlook* is walking down through the student center at 1:00 on Wednesday and seeing every person you pass with the paper in hand, anxiously flipping through the pages. As my term as editor-in-chief of *The Outlook* comes to a close, I'd like to highlight the important role a student-run newspaper plays, especially at a school as small as Monmouth University.

A free, student-run college newspaper is truly an amazing thing. Think about it. Today, colleges and universities are run like giant corporations, with large communications staffs handling their public image and numerous consulting firms advising administrators on the next step to take. Yet, colleges like Monmouth still provide tens of thousands of dollars every year to fund publications like *The Outlook*, even though they have no control over the content. This dedication to freedom of the press, even at private institutions that are particularly concerned about their image (as they should be), is a testament to the importance of open dialogue and freedom of expression on college campuses.

School newspapers play a vital role for every member of the college community. The primary function is as an unfiltered distributor of information. By "unfiltered," I mean a source of information that has not been crafted, twisted or modified by school administrators. An independent news source is important because it provides information without the spin of educational politics.

At Monmouth, *The Outlook* has continuously filled this role. Since

I arrived at Monmouth in 2002, the community has learned a lot through the pages of *The Outlook*. Our staff has fulfilled its responsibility to present factual information without bias and without regard for the interests of the administration. This is a key aspect of maintaining our independence.

Recently I have heard a number of students complain about the lack of controversy in *The Outlook*. We are here to report the truth a not just rake muck. As a student-run publication, every writer and editor at *The Outlook* is also a member of the Monmouth student body. We are charged with reporting the news truthfully; yet, we also have a stake in the continued success of the college. Think of a professional comparison. Imagine if 95 percent of the articles in every issue of the *New York Times* or *Washington Post* were about the inner workings of the newspaper, stories about the colleagues reporters passed in the hallways and the higher-ups they greatly respected. How would the reporters handle writing honestly about such familiar, personal topics, especially when the stories were unflattering? Now think about Monmouth University, an intimate community where students are exposed to the same people, students, professors, staff and administrators, day after day.

The Outlook predominately covers campus events, which we, as writers and editors, inherently have a personal connection to. Separating our own interests and opinions from the stories we publish is perhaps our greatest challenge. Members of our staff are very proud to attend Monmouth University and are glad to be spending their college years here.

As the college newspaper, however, we have an obligation to honestly inform the members of the Monmouth community about what is going on. We report truthfully, and as a result, sometimes get criticized by alumni, students and faculty.

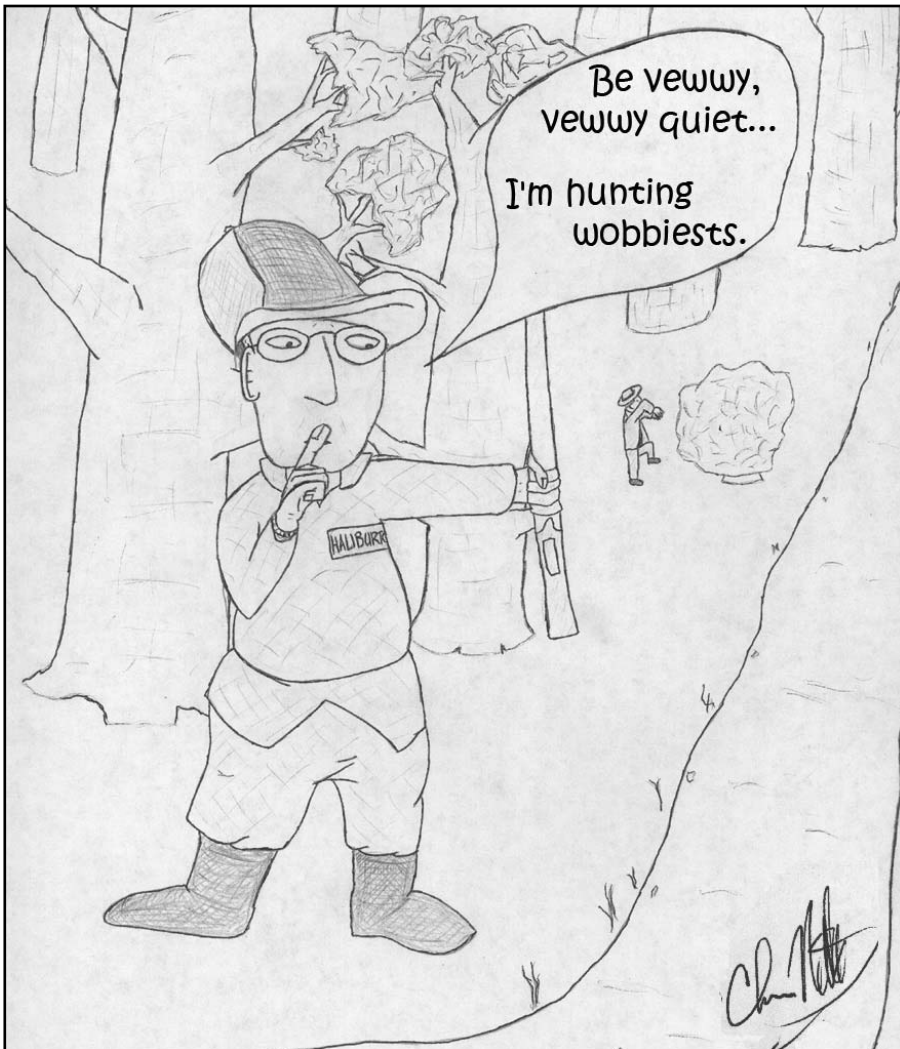
It is difficult for us to write things that hurt Monmouth because we are so closely linked to the institution, just like it would be difficult for professional journalists to knowingly hurt their own publication, their colleagues and superiors. I am proud to say, however, that we do not cave in to the pressure. We fulfill our obligation to the Monmouth community by informing them of the truth, from the beginning of the controversy (that we do publish) to the end.

Conflicts of interest will continue to plague future editors of *The Outlook*. As much as we would like for Monmouth to be free of controversy, negative stories will undoubtedly arise, whether large or small, and we will continue to tell students, faculty, staff, administrators, alumni and other readers the truth, **nothing more** and **nothing less**.

College newspapers at Monmouth and at schools across the nation have an obligation to their readers not to be the pawn of the administration or a propaganda tool for the interests of the institution. We need to strike a balance between being representatives of the school and neutral bystanders calling the shots as we see them. This is the responsibility of college journalists, to separate our competing interests and be a source of unbiased information, regardless of the story. I believe *The Outlook* has done a fine job fulfilling this responsibility, and I look forward to it doing so in the future.

AMUSED

BY: CHRIS NETTA



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1944 headlines with a 2006 spin

SEAN QUINN
STAFF WRITER

The more I listen to the negativity and sensationalism coming from the Democratic Party and the Main Stream Media (seems like one in the same) the more I wonder, what happened to the party and the media. There once was a time when Democrats like FDR, Truman and Kennedy stood up for national defense, American pride and personal responsibility. There once was a time when papers like the New York Times ran patriotic stories about the war effort and op/eds that actually supported America. Then I imagine what things would have been like if the blame America first attitude had been prevalent back then. I imagine that the head lines would have looked something like this:

JAPANESE ATTACK WAR BASE AT PEARL HARBOR, DNC CHAIR URGES UNDERSTANDING, INSISTS WE FIND OUT WHAT WE DID TO MAKE THEM ANGRY

ROOSEVELT KNEW ABOUT PEARL HARBOR! WANTED TO GET US INTO WAR! NO BLOOD FOR FUJI CAMERAS!

JAPAN ATTACKS AMERICA, BUT ROOSEVELT SENDS US INTO PREEMPTIVE WAR WITH GERMANY?? WHAT'S THE DEAL?

ROOSEVELT REPORTS THAT DOOLITTLE'S PLANES HAVE ATTACKED JAPAN, ENEMY STATES THAT

TOP LIBERAL ACTIVISTS BOTH DECLARE FDR A WAR CRIMINAL

AMERICANS UNILATERALLY INVADE SOVEREIGN NATION OF NAZI OCCUPIED FRANCE, SOURCES SAY FDR DID IT FOR THE CHEESE AND WINE, NO BLOOD FOR BRIE!

THE FEELINGS OF AN ARMY PRIVATE, RIGHT NOT TO BE OFFENDED SUDDENLY DISCOVERED IN CONSTITUTION.

HUMANITARIANS ARE OUTRAGED WHEN HITLER IS FORCED TO COMMIT SUICIDE WHEN HE IS SURROUNDED BY RUSSIAN AND AMERICAN TROOPS, SHOULD HAVE BEEN GIVEN BATTLE PLANS BEFORE HAND.

THOUSANDS OF AMERICAN POW'S DEAD WHEN JAPANESE REFUSE TO FOLLOW GENEVA CONVENTION, LIBS SAY WE SHOULD STILL RESPECT THAT ASPECT OF THEIR CULTURE.

AMERICANS UNLEASH NEW SUPER WEAPON OVER HIROSHIMA JAPAN, TRUMAN STATES THAT IT SAVED MILLIONS OF JAPANESE AND AMERICAN LIVES BY AVOIDING INVASION. TRUMAN IS A WAR CRIMINAL.

Naturally, the above was satire and partially inspired by another satire on a comedic website, but I am sorry to say that this is how ridiculous the media and the leading Dems. sound. America might not always be right, but we are also not always wrong.

...the negativity and sensationalism coming from the Democratic Party and the Main Stream Media (seems like one in the same) [makes me] wonder, what happened to the party and the media

THEIR ISLANDS ARE IMMUNE TO ATTACK...ROOSEVELT LIED!

FDR VOWS TO HELP ENGLAND FREE EUROPE FROM NAZI RULE, ANALYSTS SAY HE IS ONLY PANDERING TO THE ENGLISH-AMERICAN VOTE IN '44

AMERICAN BOMBER RAIDS TO CRIPPLE NAZI WAR MACHINE ALSO HURT CIVILIANS, HITLER AND

AMERICANS STALLED FOR TWO WHOLE HOURS ON OMAHA BEACH, TAKE 70% CAUSALITIES, MEDIA DECLARES WAR A QUAGMIRE.

GERMAN "INSURGENTS" BRAVELY FIGHT AMERICAN INVADERS WHILE PROTECTING THE LAND THAT THEY ARE OCCUPYING.

MEDIA CHIDES GENERAL PATTON FOR USING FOUL LANGUAGE AND HURTING

U.S. must keep pace with the world in math and science

MARGARET SPELLINGS
U.S. SECRETARY OF EDUCATION

KRT ARCHIVES

This month, millions of American students will watch the world's best athletes fiercely compete for gold in the Winter Olympics. Many will dream of gold and greatness themselves.

Little do they know, they're already engaged in a fierce world-wide competition.

The United States is the world's economic leader. But the rest of the world is catching up, fast. The spread of freedom is spurring innovation at an unprecedented pace. And innovation's wellspring is education.

That is why President Bush has proposed the American Competitiveness Initiative. It will help prepare students with the problem-solving and technical skills needed to succeed in higher education and the highly competitive global marketplace.

There is no doubt we need to act. Inspired by our example, other nations have invested heavily in education, technology and R&D. Their students are starting to outperform ours, particularly in the future-friendly fields of math and science. In one recent test, U.S. 15-year-olds ranked 24th out of 29 developed nations in mathematics literacy and problem-solving. In another international test measuring math achievement, just seven percent of our 4th- and 8th-graders reached the "advanced" level.

Make no mistake, this is a workforce issue as well as an education issue. Whether filling "white collar" or "blue collar" positions, employers seek workers with "pocket-protector" skills _ practical problem-solvers fluent in today's technology. About 90 percent of the fastest-growing jobs of the future will require some postsecondary education.

It is...unacceptable that less than half of the 2005 senior class graduated ready for college-level math and science...

It is therefore unacceptable that less than half of the 2005 senior class graduated ready for college-level math and science, according to reports _ or that just one in five recent high school graduates in the workforce say they were challenged with high expectations in high school.

To keep up with this changing world, schools must accelerate their progress. In 1983, the landmark A Nation at Risk report called on high schools to require at least three years of math and science from students to graduate. And yet, only 22 states and the District of Columbia require this bare minimum from the class of 2006.

We have to act fast _ but also act wisely. Our students cannot "cram" overnight for success, any more than a skier or figure skater can sit on the couch for

four years and then hope to compete. Like elite athletes, students must work hard each and every day from an early age, accumulating small victories and adapting to change. And schools must guide them by instituting high standards and holding them accountable for results.

This was the purpose of the No Child Left Behind Act (NCLB).

Now four years old, the law, targeted to grades 3-8, is working. Test scores in reading and math are up, and the achievement gap is finally narrowing. The

law has helped teachers innovate through scientifically proven instructional methods and best practices from around the country. While our children learn, educators learn the very best ways to teach them.

The American Competitiveness Initiative complements this effort. It would create a

From kindergarten through graduation day, schools must prepare students to compete and win in the 21st century

National Math Panel, modeled after the influential National Reading Panel, to identify the most effective ways to teach math. It would help struggling older students at risk of dropping out while keeping younger students on track to pass algebra. It would train 70,000 new teachers to lead Advanced



"There are no wise few. Every aristocracy that has ever existed has behaved, in all essential points, exactly like a small mob."

Henry Adams
(1838 - 1918)

"Only sick music makes money today."

Friedrich Nietzsche
(1844 - 1900)

"Always do sober what you said you'd do drunk. That will teach you to keep your mouth shut"

Ernest Hemingway
(1899 - 1961)

"Politics is war without bloodshed while war is politics with bloodshed."

Mao Tse-Tung
(1893 - 1976)

"Wise men profit more from fools than fools from wise men; for the wise men shun the mistakes of fools, but fools do not imitate the successes of the wise."

Cato the Elder
(234 B.C.E. - 149 B.C.E.)

"Most people are other people. Their thoughts re someone else's opinions, their lives a mimicry, their passions a quotation."

Oscar Wilde
(1854 - 1900)

"If it weren't for Philo T. Farnsworth, inventor of television, we'd still be eating frozen radio dinners."

Johnny Carson
(1925 - 2005)

"Moral indignation is jealousy with a halo"

H.G. Wells
(1866 - 1946)

"Facts are the enemy of truth."

Miguel de Cervantes Saavedra
(1547 - 1616)

"I just told you the facts, sir. The quality of the air is cleaner since I've been the president of the United States.."

George W. Bush
(1949 -)

*All quotes taken from
www.brainyquote.com
and others*



BY SUZANNE GUARINO

Some feel that Valentine’s Day is a Hallmark holiday that makes us feel obligated to spend money in order to show love. Others see the importance of this holiday. **“What do you think?”**



Laura senior

“I recognize what the meaning of the day is but we have lost it. It has become a day to profit off of consumers. If you want to show someone you care, it’s better to have the element of surprise in doing it on a random day rather than when it’s expected.”



Tom sophomore

“This is a day to show your appreciation for your significant other. Kind of like a Mother’s Day. In today’s high paced society it is imperative to have a day marked to really recognize the person that’s most important to you.”



Lauren freshman

“I think Valentine’s Day is good in the sense that you can express how you feel to someone you care about but I don’t like the commercial aspect of it. I don’t think you need to buy someone a diamond ring to say you love them, just say it.”



Pete junior

“Valentine’s Day is either a fight with the girlfriend, expensive, or lonely. It stinks and I don’t like it. It’s definitely a Hallmark holiday.”



Jenny junior

“I think it has become too much about products and gifts. Then again, I like getting gifts so I can’t complain.”

(Not) Another Hallmark holiday

JOSH STRAUSS
STAFF WRITER

I’ll be honest, when Ms. Guarino first posed this question, I didn’t know what to make of it. I didn’t have an opinion and I even tried to change the subject and in that case, the question. Now you may be asking yourself, what the hell is this guy writing an opinion column, if he has no opinion. Well I thought about it, and it became clear to me, you just have to ask yourself...

What is a Hallmark Holiday? Well according to Wikipedia.org it is “a mocking term used to describe a holiday that exists primarily for commercial purposes, and lacks a deeper historic or cultural justification. The name comes from Hallmark cards, a company that presumably benefits from such manufactured events.” So, as much as you may hate this day because you are single, or for that matter in a relationship, technically speaking, Valentines Day is *not* a Hallmark Holiday. This is due to a little something called history.

You see, “according to one legend, St. Valentine actually sent the first ‘valentine’ greeting himself. While in prison, it is believed that

Valentine fell in love with a young girl -- who may have been his jailor’s daughter -- who visited him during his confinement. Before his death, it is alleged that he wrote her a letter, which he signed ‘From your Valentine,’ an expression that is still in use today.” But don’t take my word for it; this is straight from the horse’s mouth, historychannel.com.

What else do they say? Something rather interesting: “Pope Gelasius declared February 14 St. Valentine’s Day around 498 A.D.”

Now if we take a look at the history of Hallmark, the company didn’t form until the early 1900’s. I think time is on the side of St. Valentine and his day of love.

Now I’m not saying Hallmark doesn’t enhance the holiday and make a pretty penny every February, but for the folks who think it’s a made up “Hallmark Holiday,” think again, this is as real as it gets. I mean after all, a Pope named it, how much more official do you need.

However, when you look at the facts, I can see an argument. According to historychannel.com,

Hallmark continued on pg. 12

Letter to the Editor

Dear Editor:

As we celebrate Black History Month and the significant contributions of African-Americans to our country’s history, New Jersey Blood Services (NJBS) would like to highlight the life-saving work of Dr. Charles Drew.

Beginning in 1940 Dr. Drew made important contributions to the science of blood and blood banking through his research and documentation of a technique for long-term preservation of blood plasma. His efforts revolutionized the medical profession and created the world’s first blood bank.

Patients in New Jersey hospitals must rely on volunteer blood donors for an adequate blood supply. In particular African American blood donors are critically needed to meet the medical needs of state residents with sickle cell disease (SCD) – a hereditary disease that mainly affects individuals of African descent. Approximately 80,000 Americans have SCD with more than 2.5 million generally healthy citizens having the sickle cell trait in their blood and could pass the trait or disease on to their offspring.

Patients with SCD often require frequent blood transfusions to treat this life-threatening disease. After multiple transfusions, SCD patients can develop immunity to different kinds of blood “antigens” (proteins in blood) and must then receive rare “compatible” blood transfusions. Such blood is most likely to come from donors of the same ethnic or racial group.

To address this need, New Jersey Blood Services has an initiative called “Precise Match”. This program’s goal is to ensure that our increasingly diverse patient population has ready access to precisely matched blood to include patients with SCD who may require many blood transfusions to combat the disease. The necessity of receiving compatible blood for SCD patients heightens the imperative for African Americans to become regular blood donors.

NJBS is thankful for the pioneering work of Dr. Charles Drew. In his memory NJBS encourages all eligible New Jersey residents – including African-Americans - to donate blood on a regular basis. To help residents with sickle cell anemia, we seek African-American donors and organizations interested in holding blood drives to call.

732-220-7101. To donate blood go to www.nybloodcenter.org Be a life-saver!

Maggie O’Shea
Executive Director
New Jersey Blood Services

Top ten response

VANESSA GOMEZ
CONTRIBUTING WRITER

After reading the 10 Reasons why Monmouth is not a real college in the January 25th issue, I could not help but get infuriated. I have one simple suggestion: If you do not like it, leave. It is really disturbing when I walk around campus and I hear students say “I hate Monmouth, It’s not like [insert another institution’s name].”

I for one am very aware that Monmouth does not compare to any other institution. Before I attended Monmouth, I went to a very well-known institution in NYC. First off, if you like the notion of being just a number, go ahead and transfer to an institution that has too many students to count. If you like being disregarded every time you approached a professor with a question, the more power to you. Let’s go over your countdown and review why I think Monmouth IS a real college:

1. I am glad that you admitted to doubting your admission into Monmouth. Actually, it shows that Monmouth just does not look at grades, they look at the individual as well.

2. What’s wrong with the Student Center being the “hot spot”? I think it is the perfect communal place that students, commuters, residents, faculty, and staff can come together. It is the perfect place that visitors can go to and see Monmouth at “work”.

3. Attendance policies occur everywhere. For instance, in the work place. I can’t imagine a company that will accept that you’re calling out every time there was a great surf day. Just like most companies, Monmouth allows more than one absence without penalty. Companies will allow several vacation and sick days, anything beyond that is unpaid and can be cause for termination.

4. What?

5. This is school, want to drink? Go out. You are underage you say? Ask your mom or dad to host a party.

6. So the sign needs some work. So what? At least it is there.

Ok, here is where I have to defend the administration at Monmouth. There are so many people that work extremely hard to create a great academic curriculum, a great place to study, a great place to be. Wilson Hall is a big part of Monmouth, isn’t that why you came here? It’s where you meet the people behind the scenes that make it happen. It’s the home to the people who make decisions, like if you are eligible to graduate.

8. We still show more school spirit than a lot of other schools. Does it really matter where we sit?

Top Ten continued on pg. 11

A Dick Cheney Ditty

DAN ROTH
STAFF WRITER

[To be sung to the tune of “Grandma got Run Over by a Reindeer”]

Dick Cheney shot a man while hunting,
Searching for some quails one fine day,
You can say he’s not a vicious hypocritical homophobic,
But as for Democrats we disagree,

He’d been drinking too much moonshine,
Bush begged for him not to go,
He forgot to look through the sight,
And shot a man that day,

When we found him bribing the poor hunter,
Who took some pellet shots in the face,
He offered to give the man millions,
But the man wanted more from this vice presidential disgrace,

Dick Cheney shot a man while hunting,
Searching for some quails one fine day,
You can say he’s not a vicious hypocritical homophobic,
But as for Democrats we disagree,

They tried to settle it with him,
As to not make a presidential mockery,
But then look at the white-house,
It’s an oxymoron you can see,

Dick Cheney shot a man while hunting,
Searching for some quails one fine day,
You can say he’s not a vicious hypocritical homophobic,
But as for Democrats we disagree,

Now it’s all over for the moment,
Until the cabinet screws up again,
Shouldn’t be a long wait for that one,
Two idiots occupy the white-house every day,
Makes you wonder why we couldn’t have elected a liberal,
At least then he’d have gotten his Monica Lewinsky,

Dick Cheney shot a man while hunting,
Searching for some quails one fine day,
You can say he’s not a vicious hypocritical homophobic,
But as for Democrats we disagree,



Two sides of the same coin

Political discourse from the students of Monmouth University



The NSA and Domestic Wiretapping; the legalities, vagarities and reasons behind it

KEVIN NORTH
STAFF WRITER

President George W. Bush has been wiretapping American citizens for the safety and security of this country. The problem is he's been doing it illegally, behind the backs of the judicial system, without the benefit of a warrant. This is a problem because, as our president, he is entrusted to enforce the laws of this country, both those contained in the constitution and those passed by congress. The fact that president cannot operate under those same laws that he has sworn an oath to uphold is definitely cause for legitimate concern.

The Foreign Intelligence Surveillance Act (FISA) of 1978 was enacted to regulate foreign surveillance separately from the standard legal system. This act established courts to oversee the issuing of warrants allowing for the use of counterintelligence measures, including but not limited to wiretapping, in order to keep the United States safe from espionage, sabotage, terrorism or any other hostile threat. This means that there is a legal way for the Department of Defense (DOD) to gain the permission to place wiretaps on individuals that it sees as being suspicious, yet they chose not to in many of operations.

The real question here is not why they should tap phones, but how they should go about doing it. If the DOD is allowed to place taps on individuals without being regulated by any sort of court system, they will basically be able to do whatever they please. The US government was founded on the idea that no amount of power should go unchecked to ensure no powers were being abused. The DOD may only be tapping citizens they have a legitimate cause to investigate,

but they may not be. There is no way to tell. This is unsettling in a very Orwellian way (think 1984). As Lord Acton once noted, "Power tends to corrupt, absolute power corrupts absolutely." Allowing the DOD absolute power to determine who deserves to be wiretapped by not stepping in and taking control now is tantamount to encouraging further corruption in a group that has already shown that is willing to break the law.

Some say that Article II of the United States Constitution gives the power to do whatever he sees as being necessary to ensure the safety of the union in a time of war. This is true, but the current military situation in Iraq is not an officially declared war, meaning that an actual war was never declared by congress, just the use of military force. Furthermore, Article II says that the president is charged to "take care that the laws be faithfully executed." President Bush has clearly failed to ensure that all laws be enforced, since he is the one who ordered DOD officials to break them. Being that the president has failed to uphold his duties under Article II, it only follows that the proper constitutional measures be taken to punish him. Failing to acquire a warrant from a FISA judge before authorizing a wire tap is a federal offense, and according to Article II, "The president, vice president and all civil officers of the United States, shall be removed from office on impeachment for and conviction of, treason, bribery, or other high crimes and misdemeanors."

No matter what defense is offered, President George W. Bush's authorization of DOD wiretaps violated federal laws. That makes George W. Bush a criminal. He took an oath of office in which he promised to "preserve, protect and defend the Constitution of the United States." He failed to uphold that oath.

SEAN QUINN
STAFF WRITER

Let me get this straight, if the President wants to send in a cruise missile to kill Osama Bin Laden he doesn't need any sort of authorization. But if he wants to listen in to his international phone calls, he needs a warrant?

Anyone who has taken an American National Government class knows that the law falls under a hierarchy. The US constitution is at the top, with Federal and state laws following that. What does this have to do with the NSA "wire tap" "scandal"? It matters because nothing, not even the Foreign Intelligence Surveillance Act (FISA) of 1978 can supersede the US Constitution and the authority it gives to the President. The Inherent powers under Article II of the Constitution names the President as the Commander in Chief of the Armed Forces.

He has the right to order the intelligence agencies that report to him to do what is necessary and proper to protect American interests. One of the arguments echoed by liberals is that without a warrant, these wiretaps are illegal. By their logic, if this surveillance was authorized by a court, they might support it.

What they fail to realize however, is that the FISA law and the President's authority to make surveillance on known terrorists has been reviewed by the federal courts on several occasions.

The courts have ruled in favor of the Chief Executive and therefore, the programs are allowed. A court ruling and a warrant are both orders authorized by a judge, so the liberal logic, or lack thereof, that the President

is doing this without the courts is fatally flawed, the situation should be finished. What keeps the issue going however, is the hypocrisy and sore loser attitude plaguing the Democratic Party. Where was the New York Times when Clinton's Deputy Attorney General Jamie Gorelick testified in front of the Senate Intelligence Subcommittee that it was OK for her boss to do the same thing Bush is doing now?

Where were the leaders of Democratic Party then, screaming things like "the president is a felon?" Although when Clinton lied under oath about the Lewinsky scandal he was the felon. Liberals are screaming that the President is listening in on our phone calls. This is only true if you are on a terrorists watch list and making an international phone call, or you are speaking to someone who is. If that is the case, then we had better be listening in.

What we have here folks, is a President who, like most Americans, was devastated after 9/11 and vowed that never again would something like that happen under his watch. He is doing what he must, and should do to prevent further attacks. There are some who would like to hide their heads in the sand and pretend that this is not a real war.

The Khobar Towers, the first WTC attack, the USS Cole and 9/11 were acts of, and declarations of War. A person who does not realize or want to admit this, is probably the same type who still believes in Santa Claus, the Easter Bunny and that professional wrestling is real.

"President George W. Bush's authorization of DOD wiretaps violated federal laws."

- KEVIN NORTH



PHOTO CREATED by Chris Netta

The National Security Agency has been tapping phones without warrants at the authorization of President Bush. Some claim it is illegal while some say it is a valuable tool against terrorists.

"[The President] is doing what he must, what he should do to prevent further attacks."

- SEAN QUINN

Hallmark

Hallmark continued from pg. 11

"192 million Valentine's Day cards are exchanged annually, making Valentine's Day the second-most popular greeting-card-giving occasion." Let us be honest here, as cliché as it is, St. Valentine may have gotten the girl, but Hallmark is the company making out like a bandit and laughing all the way to the bank.

Here is another interesting fact, really nothing to do with nothing, but I liked it, so I decided to share it. Nearly 60 percent of all Valentine's Day cards are purchased in the six days prior to the 14th of February. What does that mean? It means this holiday is a procrastinator's wet dream, that's all.

So you might be reading this, and asking yourself, what exactly is this guy's opinion? He told us it isn't a "Hallmark Holiday" because of history, but at the same time it is because Hallmark is making billions off of it. Ok, so perhaps I don't have an opinion on it after all. But what I can say is that I believe if you want to give flowers or chocolates or a card to that special someone, you can do it any day of the year. You don't need a pope or a saint or Hallmark to tell you to do it on February 14th. Do it on August 6th, or September 18th, or my personal favorite, July 8th. However, keep St. Valentine in mind when the 14th rolls around. Oh, and one more thought; make your own cards the old-fashioned way, and this "Hallmark Holiday" issue, will be an issue no longer.

Top ten...

Top Ten continued from pg. 11

9. Institutions grow and change. With that, the message we are sending must also change. Monmouth: "Where Leaders Look Forward" I think it fits.

10. I made it to 10. And I will make it much farther once I graduate because of Monmouth.

The beauty of Monmouth is... the experience

The beauty of Monmouth is not the parties (or lack thereof), it's the experience. To be able to tell one's grandchild the experience of what it felt like to escape a "bargin' party" because the cops had come to break it up. How about telling them how it felt to hide as the cops searched the house for underage drinking? That beats telling them how passed out you got.

My suggestion still stands. Don't think Monmouth is a real college? Leave. Good luck trying to find one.



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MLK award

MLK continued from pg. 1

Kathleen Smith-Wenning, an award recipient, said that she found out about winning the award through a letter she received in her mailbox. She said that a past student she taught nominated her. Smith-Wenning has done many acts of volunteering. “I created an environment for my students to get to know the immigrant community by providing something they sorely need which is English instruction. We are meeting the needs of the underserved community,” she said. She added that that the students of Monmouth University who assist her in the program “do a great job.” Smith-Wenning also said that they do Meals at Noon as well as contribute time to the Long Branch Concordance. Upon winning this award, Smith-Wenning said that she was “hum-

bled...I was actually speechless.” “It is apart of my everyday life,” said Smith-Wenning of serving her community. “Through the Long Branch Concordance, it is a network of people who care about the community so anytime there is an event we are usually all there together anyway representing different organizations.” “I was very excited when I found out. It was an awesome honor,” said Ian Craig of winning the Martin Luther King, Jr. Unsung Hero/Heroine Award. Craig said that he began volunteering a lot during his high school career with NHS. “When I was a senior and about to go into college, I organized the Disney VoluntEARS Program at the Disney store in New Jersey

and we did a lot of walk-a-thons, beach clean-ups, food drives, costume drives, and bowl-a-thons,” described Craig. He added that his store won Disney VoluntEAR store of the year one year. When Craig arrived at Monmouth University, he formed the Community Service Club and so far has said the club has been involved with a variety of sales as well as the annual Big Event. Craig said that while he was in Florida participating in the Disney College Program, he volunteered with Give Kids the World and as

well over the holidays helped with Toys for Tots. “It is very important to make a difference in the world and in other people’s lives,” said Craig. “It’s something I feel is good to do. It gives you a good feeling inside.” After several attempts, Terri Blair was unable to be reached for comment. Heather Kelly said that she was once again pleased by the winners of this year’s award. “We have a phenomenal group of people being nominated and a phenomenal group of people who are winning. We really do exemplify the best of the best,” commented Kelly. President Paul Gaffney II said, “I was pleased to see such variety...student, professor, community member.” Vice President of Student Services Mary Anne Nagy also commented on her reaction to this year’s award winners. “As for the members of the community we honored, it’s wonderful to know that we have in our midst people who care as much as they do and go so far beyond what they need to help others,” said Nagy. “They are great role models for all of us.”

“It is very important to make a difference in the world and in other people’s lives. It’s something I feel is good to do.”

IAN CRAIG
Monmouth Sophomore

Dr. Martin Luther King, Jr. Annual Tribute Celebration

SONYA PERRY
CONTRIBUTING WRITER

Dr. Martin Luther King, Jr. annual Tribute Celebration Monday was held January 30 at Anacon Hall. The event was a tribute to honor the life and legacy of Dr. King. It was an evening filled with distinguished guest and alumni. The dinner and tribute honored King as a great humanitarian of social change, Dr. King stood for peace and justice. The evening was also a chance to acknowledge unsung heroes/ heroines in our midst. The “Dream Alive” is an incredible live commentary by Joe Rogers, former Lieutenant Governor of Colorado. The commentary showcased the enormous contributions of Dr. King and the civil rights movement leaders. The presentation reminds us that their wisdom and visions are timeless. Joe Rogers’s rendition of the “I have a Dream” speech can only be summed up as extraordinary. His chilling similarity in voice and mannerism put you right in the movements of the 1960s as if you march along side the great civil rights leaders. Joe Rogers received a standing ovation as he shouted “Free at last, Free at last, Thank God almighty we are free at last.” Amongst the Unsung Heroes nominees were Sheila Baldwin, Curriculum and Instruction, former student he also worked with The Outlook, Joe Corcione, now working with Princeton Media Association. Beverly Peterson, Communication. The Unsung Hero/Heroine Award Recipients were Terri S. Blair, Long Branch Concordance, Ian Craig Student, Kathleen Smith-Wenning, History and Anthropology. The N.J. Drum Major Award for Youth Impact went to Connie Stanton, Division of Youth and Family Services. During dinner special slides were shown of student engaged in community service. Also all on hand got the chance to view the exhibit displayed dedicated to John H. Johnson founder of Johnson Publishing company, Inc the most prosperous Black publishing company in America, he created the Jet and Ebony magazines. The display was presented by the American Heritage Museum of Southern N.J. The guest speaker of the event talked positively about many strides that have been made in the name of progress for African American, but not to ever lose sight of hope for a better world. President Paul Gaffney was also amongst the distinguished guest and he said, “I am honored to be a part of a great tribute, Dr. King was a great humanitarian for social change. I am also proud that the anniversary of Dr. King speaking here at Monmouth University will be 40 this year and we are planning another great event to celebrate.” Dr. King was the conscience of his generation. A southerner, a black man, he gazed on the great wall of segregation and saw the power of love could bring it down. From the pain and the exhaustion of his fight to free all people from the bondage of separation and injustice, he wrung his eloquent statement of his dream of what America could be. He helped us over come our ignorance of one another. The evening marked another milestone for peace and equality. And a wonderful time was had by all.

DON'T BELIEVE THE HYPE



MOST MONMOUTH STUDENTS ONLY DRINK ONE TIME A WEEK OR LESS IF AT ALL

SPONSORED BE THE SUBSTANCE AWARENESS DEPARTMENT, FUNDED BY THE NJDHS, DAS

Credit card theft

Credit continued from pg. 1

Currently no arrests have been made and police are asking anyone with information to contact them.

“We are following up on all leads but have not as yet identified anyone,” said Chief McElrath. “We believe that it is someone who would not arouse suspicion by being in the areas where the thefts took place.”

According to a report from Monmouth University police, the individuals involved are between the ages of 20 to 25 years old. The first individual is described as a “heavy-set black female,” who at the time was wearing “a white bandana, a white Philadelphia Eagles sweat-shirt, a puffy dark vest, jeans and sneakers.” The second individual, is a female described as “Hispanic or having a light complexion,” who was wearing, “dark clothing, puffy jacket, brown hair with a bleached top pulled toward the back.” The third individual is a male with a dark complexion and large build. He was wearing, “a King Kong sweatshirt, jeans and sneakers.”

Since the victims weren’t aware of the theft until receiving bills or using their credit cards days later, Monmouth University police advise students and faculty to examine the belongings in their wallets.

Currently the police department is aware of \$5,000 being charged to the credit cards. Chief McElrath anticipates more charges when credit card bills are received.

“We are requesting that all students and employees keep their belongings in locked desks or lockers

instead of leaving purses and possessions unattended in public view,” said Chief McElrath.

According to Simoes, the individual or individuals who stole her MasterCard and Visa cards must have been in her office while she was directly down the hall teaching.

“I couldn’t believe someone could get in and out of my office that quickly without anyone noticing,” she said. “The comm. department is a pretty tight-knit group and there’s always students and faculty in that area.”

Since the incident Simoes has been cautious about leaving her office door open.

“I now close and lock my door even to just go to the ladies room or down the hall to the mailboxes,” Simoes said.

Although Simoes is upset the incident took place somewhere she considered trustworthy she says that students have been overly supportive.

“I was amazed at just how angry and proactive students were. I had two graduates e-mail me that they heard about it one way or another and were available for anything I needed,” Simoes said.

One student who is an employee at the Staples were the stolen credit cards were used has offered her assistance with identifying and locating the receipts.

Simoes said that she was encouraged by the support from students and colleagues.

“People do care and make you feel good about yourself, it’s not taken lightly here,” she said.

Credit Card Theft Prevention

Important things you should know

- If you believe that your credit card was lost or stolen, or you have charges that you did not make,contact your credit card company and the police immediately. The faster the reporting, the better the chance for credit card companies and the police to prevent any more charges and apprehend the thief.
 - Review your monthly statements immediately and report any charges you do not recognize to your credit card company. The faster an unauthorized charge gets reported, the better the chance of minimizing additional losses. Quick reporting of thefts to police greatly helps the investigation and the chances of catching the thief.
 - Memorize your PIN (Personal Identification Number). DO not carry your PIN in your wallet. Do not write the PIN on your card or on a piece of paper. The PIN will allow a thief to gain unlimited access to bank machines around the world.
 - When using your card, watch to be sure that extra imprints of your card are not being made. Making another imprint of the card and filling in the information later is a common occurrence.
 - When a merchant returns your card to you, make sure that it is your card. Mistakes can happen, and cards get switched. The person who gets your card may not be as honest as you.
 - Avoid signing blank charge receipts. Always insist that the exact amount be entered on the receipt before you sign. Always sign your receipts with an ink pen.
- Information provided by the Ohio University Police Department

Marijuana: Top 10 Things To Know

SUANNE SCHAAD, MA, LCADC SUBSTANCE AWARENESS COORDINATOR

1. **Marijuana affects the brain, especially our memory.** THC, the active ingredient in marijuana, affects the nerve cells in the part where memories are formed. Short term and Long term memory loss is associated with marijuana use.
 2. **Smoking Marijuana is more dangerous than smoking cigarettes.** Marijuana has more carcinogens (cancer causing agents) than tobacco. One marijuana joint affects your lungs as much as four cigarettes.
 3. **You can become addicted to marijuana.** Research shows you can become both psychologically and physically addicted to marijuana.
 4. **Most Monmouth University students do not use marijuana.**
 5. **Marijuana affects your sense of time and coordination.** Injuries, falls, burns, drowning and car accidents often happen as a result of marijuana use.
 6. **Marijuana can be “laced” with other drugs without your knowledge.** Sometimes it may have substances such as cocaine, PCP, or embalming fluid.
 7. **Marijuana use increases your risk of developing a mental illness.** Depression, anxiety and schizophrenia have been linked to marijuana use.
 8. **Most Monmouth University students do not use marijuana.**
 9. **Marijuana use may result in “Amotovational Syndrome”,** where the user loses motivation, judgement, interest in activities or sports, hygiene habits, and social interests.
 10. **Long term use of marijuana** may result in loss of facial hair for men, and an increase in facial hair for women.
- If you or someone you know would like to learn more about alcohol or drug use, contact the Substance Awareness Department. It’s free and confidential! Call (732) 263- 5804.

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IN SEARCH OF HIP-HOP

JENNY ROBERTS
STAFF WRITER

To say *Time is Money* has been an album in a making is an understatement. In 2003, right in the middle of promoting the album, Styles served an eight month bid in jail which halted the plans for releasing the album. After having trouble with his record labels, Styles had to push the release date all the way to April 2005. On November 11, 2005, a day before the album finally dropped, Styles P and Sheek Louch appeared on Hot 97 to talk with Angie Martinez. Styles insists politics are what kept the album from coming out. With 50 Cent being on the same label, Fall 2006

The album itself is a bit of a different direction for Styles. He wanted to be able to still do Styles but involve the ladies more and make hits. Like the song with Carl Thomas "I do the street thing too but the ladies buy the records too," said Styles.

The second track and the one that

has had a lot of radio time is "Can you believe it" featuring Akon. These days whatever Akon is on, whether you like him or not, usually becomes a hit. Styles and Akon are a good match, after finding success with last year's "Locked up." The beat is amazing and Styles makes the song better than the average rapper would. It kind of makes you feel like you are with him wherever he is when he is talking about it. Especially in the second verse when he says "Basketball tournament, pitbullup, puring Cris' in cups."

The background in the third track "D-Block Boys," has a country feel to it, with a harmonica playing in the background. My favorite line Styles says in this song is "Give it a little time I have the country soul cause' I did more dirt than a country road."

A song that speaks about race and does so in taste is track six, "I'm Black." Floetry is featured on the track singing "I'm so proud to be who I am" and I think it is a positive mes-

sage. Styles raps on his experience as a black man and with his culture. "I'm black whether I'm poor or rich or rich or poor know it's all the same sh*t," says Styles. I think that says a lot, that perhaps even with fame there is still struggle with being considered a minority. Styles also targets the media when he says "They focus on the negative attention, do something positive and it never gets mentioned." The media is prone to report on negative things to begin with, and when it comes to the black race, there are more instances than less where the media exposes a negative thing and ignores a good event or situation. This can paint a poor, distorted picture, one where others can generalize. Styles is really touching on a subject that all races and cultures face differently and that is a broad stereotype being applied to all members of that group.

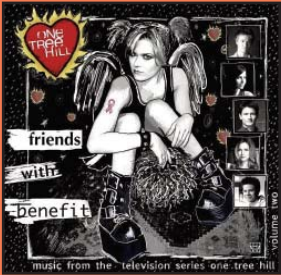
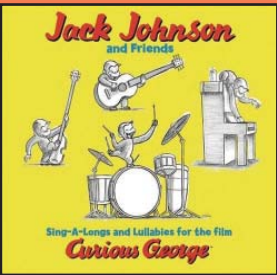
The album has features like a wild interview on Hot 97 and a remix over the late Big-Pun's "It's so



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[HTTP://STYLESAPONLINE.COM/](http://stylesponline.com/)

hard." Using that as a background isn't exactly groundbreaking. I've heard it used so many times on mix tapes especially. But it is so hot that I can understand why they used it. Another track that uses a popular beat is track 13. "Turn the lights off" was a song Missy and Tweet were on last year and it is definitely one the best beats out there. I again don't blame him for using it, he is trying to make money and do well for themselves and their family. And despite the fact that they have to eat, Styles sounds good on the track and makes it even better in some ways. Styles is also commenting on how people basically want to have his style. There are always new rappers trying to mirror someone else and get rich off of what they do. Styles says "I got to switch my style,

a lot of (rappers) bitin' it, their (stuff) sounds like mine, I might as well be writing it." Personally, Styles is growing a long with the album. In the Hot 97 interview, Styles said "We street dudes, but we family oriented too. I'm damn near married." They said even their kids play together and girlfriends are close. It's a family thing in the L.O.X. "We came in broke together, chipping in for the fourty and the liquor, that's where we come from." "We still chipping in today!" said Sheek Louch. What makes Styles P a very worthwhile artist is the fact that he is still down with the people and you can feel that in the music. "We ain't above nobody. We understand the struggle. We're not so industry that we're above all that."



LISA PIKAARD
STAFF WRITER

Yes, it is true; Jack Johnson released yet another album. This album, however, is a bit more childish and fun than some of his other works due largely to the fact that this release is the soundtrack to the film *Curious George*. *Sing-a-longs and Lullabies* is actually an album that I could find myself listening to. The album contains all new Jack Johnson tracks as well as a cover of the White Stripes "We're Going to be Friends." His newest single, "Upside Down" is undeniably catchy and appeals to audiences of all ages. "Broken" is lyrically an adorable song about being broken without someone. The song has a great beat and isn't geared towards children as one would expect the entire soundtrack to be. However, "Jungle Gym" is a bit immature for my liking, but that is to be expected. One of the slower tracks on the disc is "Supposed To Be." The song is heavy in piano which isn't always the case in Jack Johnson songs. It's a nice change and really works for him and the album. The album is cute and has a few songs worth listening to which is more than expected with a children's movie soundtrack. A major plus if you have younger siblings is the album also comes with a coloring book!

Needless to say, for those of you with little siblings or that watch children, this album will be one that you both wouldn't mind listening to.

Matchbook Romance is back with a new sound and a few hits on their newest album, *Voices*. The most interestingly titled song on the album is "My Mannequin Can Dance." It also is an interesting sound. The song is intense to say the least and is definitely a song to blast to let out frustrations. "Goody, Like Two Shoes," is probably the most original track on the album. The song has a mellow keyboard, light drums, and wonderfully blended vocals. The song keeps building then finally gets more intense and does so gracefully by simply adding heavy guitar and more intensity vocally. The song is definitely one of the most valuable on the album. Surprisingly, a large number of tracks on the album are very mellow and calming. The final track on the album is "I Wish You Were Here" and it seems like a lullaby more than anything else. "Monsters" is most like what Matchbook Romance listeners have come to expect from the band. The track is probably the only real up-tempo crazy song. The album would have been better if there were more tracks like this on it. "Portrait" is most likely the band's best bet at a real hit off of the record. It is intense but it moves unlike a few other tracks on the album that just seem to stall. The album as a whole is mediocre but there are a few songs that have potential.

For avid *One Tree Hill* watchers the new soundtrack is a must have. *One Tree Hill Vol. 2* provides the listener with a soundtrack to the lives of Lucas, Nathan, Dan and all of the other characters that make the show such a hit. This disc is a soundtrack of popular music of the past year with tracks by hit artists like Jimmy Eat World with the song "23," Fall Out Boy with "I've Got a Dark Alley and a Bad Idea That Says You Should Shut Your Mouth," and Bethany Joy Lenz who plays Haley on the show with her newest song, "Halo." The album also brings about a few unknown artists such as Jack's Mannequin which is a band formed around the singer of Something Corporate. "The Mixed Tape" by Jack's Mannequin certainly has the sound Something Corporate is famous for but with a bit more edge. A new acoustic Gavin DeGraw track, "Jealous Guy," is featured on the album and is an emotional ballad. Gavin DeGraw works wonders on the piano and puts together a very effective song that seems to sum up the show so far. Nada Surf, another relatively unknown band is on the album with "Always Love." This tune is a bit of a rock/pop tense song that conveys a lot of emotion. This band is going places fast. Overall this album contains mostly pop/rock songs but really covers a range of very talented artists. The proceeds of the album will go to The National Breast Cancer Association.

Correction: In the January 25 article "April Smith: Star in the Making," the late musician Jeff Buckley was named as Smith's co-performer when he should have been recognized as one of Smith's influences and a comparable artist for fans.

Celebrity Birthdays



2/15
Brandon Boyd - 30



2/16
Ice-T - 48

2/17
Paris Hilton - 25
Joseph Gordon Levitt - 25
Jerry O'Connell - 32
Denise Richards - 35



2/18
Dr. Dre - 41
Matt Dillon - 42
John Travolta - 52

2/20
Majandra Delfino - 25
Brian Littrell - 31



Backstage with: Tony Danza

KRISTEN RENDA
STAFF WRITER

On Thursday, February 9, 2006, I attended a taping of *The Tony Danza Show*. If anyone wants to be in the audience of a fun talk show, *Tony* is the one to go to.

The taping I went to was for last Friday's (February 10) show, which was taped on Thursday afternoon at one o'clock.

The audience has to wait outside from 11:30 a.m. to 12 p.m. before finally allowed inside the studio.

Once inside the studio, you are seated based on what colors you are wearing, and basically if you would look cute on television. The section I sat in was the section that the cameras are on a lot so no men were allowed to sit nearby. The people in charge of seating said this seating section is called Tony's "housewives section."

The stage set was much smaller than I had expected it to be. On the left is where the piano is located, the middle is where he chats with his guests and does his opening

monologue, and then all the way on the right is his tiny kitchen that houses his cooking segments.

Even the "Extravadanza" board is much smaller than it appears to be on television. Many people were wondering where exactly the board was, because it was not set up when we were first seated. A little while before the show begins, the crew brings out giant curtains

to put in front of the kitchen, then they roll out the "Extravadanza" board to put in front of that.

When everyone is seated and ready for the show, a member of the staff entertains us and tells us what is going to happen during the show while we all wait for the taping to begin. During this time, another member of the staff came into my section and asked if any-

one wanted to be the special audience participant for "Extravadanza." Luckily enough, I was chosen and got to help play the game as well as make my television debut.

During the commercials, Tony was extremely nice. He answered any questions the audience had and even told us some jokes. Once the show was over, we were all asked to stay while they taped a

short interview with actress Melinda Clarke from *The OC*. This interview will be aired on Friday, February 17.

I have been in the audience for a couple talk shows in the past, but this one was by far the most fun.

So if you ever get a chance, send away for tickets to *The Tony Danza Show*. You will definitely not be disappointed.



The Tony Danza Show - weekdays at 10 a.m. on ABC 7

[HTTP://TVPLEX.GO.COM/BUENAVISTA/TONYDANZA](http://TVPLEX.GO.COM/BUENAVISTA/TONYDANZA)

From: ONE TREE HILL To: HEADLINE BILL

JACQUELINE KOLOSKI
NEWS EDITOR

He portrays scheming musician Chris Keller on The WB's *One Tree Hill*, but by listening to Tyler Hilton's own album *The Tracks of Tyler Hilton*, you may not have guessed it was the same person singing about finding true love and dealing with heartbreak.

The Tracks of Tyler Hilton is a compilation of songs that are about love and relationships, both good and bad. This album features both up-tempo and mellow tracks as well as showcases Hilton's guitar skills.

"The Letter Song" is an up-tempo song that talks about a guy's attempt to win a girl back by writing a letter telling all of his feelings for her. It is a witty song that talks about his attempts at being romantic and even says it is not a good idea for him to be thinking this much into the subject because he winds up pushing the girl away from him. In the song, Hilton sings about how it would just be easier getting all of his thoughts across on paper as opposed to just telling her.

Another track entitled "Glad" is one of the more slow songs on Hilton's album. He sings about how the girl's life is better now that they are together. Another slow track on the album is "Our Time." On this track, Hilton sings about the reflection of a past relationship.

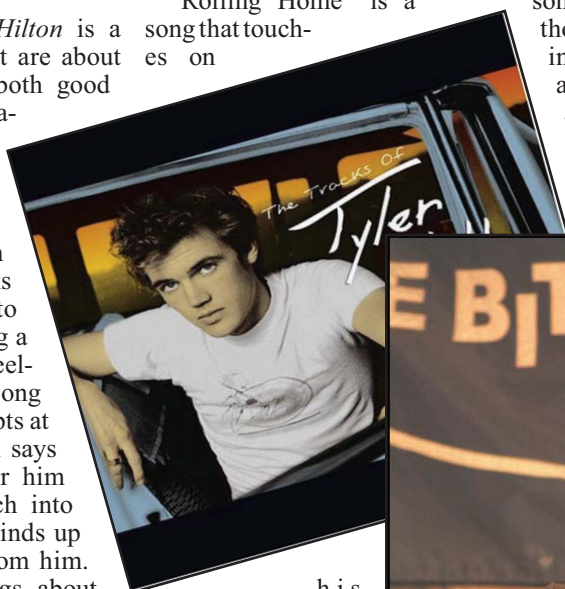
"Pink and Black" is a track that reflects on a love that was lost. It features original lyrics and also shows Hilton's range as a vocalist.

He also has two songs featured on the album that stray away from the topic of love for a minute.

"When it Comes," his first single off of the album *The Tracks of Tyler Hilton*, is one of many tracks that feature his amazing guitar ability. It is a catchy song that you will find yourself singing along to the lyrics even if you are not a fan of his music. Some of the words he uses in the song reflect his old soul personality.

"Rolling Home" is a song that touches on

bum is about love, it is an album worth taking a listen to because of its creative lyrics and his unique voice. Not only will he impress listeners with the dynamic of this album, but will also win them over with the fact that each song on this album is still different in its own way. Each track has a unique sound and because he pens almost every song on the album, you feel as though you are getting a glimpse inside of his own life. He is one artist that is currently on the rise and with this album hopefully makes a profound impact on the music world.



his experiences of being on the road and traveling from place to place going from performance to performance. In the song, Hilton says though sometimes it can be hard being alone and constantly away from home you meet all types of new people and encounter interesting experiences along the way.

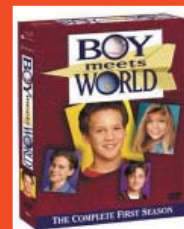
Though a lot of Tyler Hilton's al-



Maverick © 2004

WWW.TYLERHILTON.NET/

I LOVED THE 90s



BILL STECH
STAFF WRITER

It usually takes about twenty years for nostalgia to sink in. In the 70s there was a big 50s revival with *Grease* and *American Graffiti*. In the 80s all the sudden *The Doors* and "hippies" were back in style. Well lets jump the gun by a few years and remember the great and not so great about the decade most of us grew up in.

Remember when Michael Jackson was weird, but not that weird? He was always on the top of the charts, and the albums weren't even that good. Does anyone really listen to "Heal the World" anymore? Of course, around 1993, things got really weird for Jacko and he had to pay some kid millions of dollars for reasons we're all too familiar with.

Remember grunge? Yes, grunge was the last rock movement to have any significant impact in the last twenty-five years. Bands like Pearl Jam, Alice in Chains, and Nirvana made flannel cool. Music since then hasn't really stirred up any real interest that lasts more than a few months.

Remember when a girl in school would hear an Ace of Base song and swear it was about her and her friends? What about all that dance-techno-pop that came out just in time for your prime of roller skating rink days, singing "I'm a skatman" and "come on ride the train" without shame?

What about the TV? Full House was in its prime until 1993, and kept adding characters. Boy Meets World introduced us to Kevin Arnold's little brother, and begged the question, "who was better looking, Topanga or Winnie Cooper?" Then there was Family Matters, which just started to get weird with Urkel's transforma-

tion chamber. *Clueless* was a monster movie hit, and even had a spin-off TV series that no one watched. Alicia Silverstone faded into obscurity; maybe she should do another Aerosmith video. And for those of us who miss Titus, there's always *The War at Home*.

MTV went from playing videos occasionally to being a reality show network. Total Request Live made Carson Daly a star for a few years, and somehow made a career out of Good Charlotte. Jenny McCarthy made Singled Out huge, briefly, and Carmen Electra sent it into cancellation. Madonna kept making hits, but by the time the decade was over, she had to make out with the girls who could be her kids just to get her record played.

The movies were unforgettable. Who can forget Preston's love for Amanda in *Can't Hardly Wait*? What about Chevy Chase's memorable performance in *Vegas Vacation*? Did you know Angelina Jolie married her co-star from *Hackers*, Johnny Lee Miller? She gets around. The Blair Witch Project showed Hollywood that people will flock to see real people die, then word got out that it was fake, and also that the movie was terrible. There were two, two, Brady Bunch movies, the second of which showed what we all knew: Greg wants Marsha. And of course we cannot forget *The Super Mario Brothers Movie*, *Streetfighter*, and both *Mortal Kombat* movies, all classics based on video games.

The 1990s were a time of confusion. Did Clinton really need to get impeached for what he did? Was O.J. that bad of a guy? The answers are up to you. Just remember to keep the 90s in your heart.

Any 90s references I may have missed, please feel free to email me at s0496004@monmouth.edu

Wear your bikini with pride

LINDSAY WEISS
STAFF WRITER

If you are tired of squeezing into a bathing suit that is two sizes too small, then try the following 6 easy steps to losing weight, and having fun while you do it. For all the aquarius and pisces out there you will definitely enjoy this water workout.

By choosing to workout in the pool, you are combining a cardio and resistance training all in one, and you do not even have to lift a weight. Did you know that water provides about 15 times more resistance than doing the same moves on a flat surface? Accord-

complete three sets of knee lifts, but rests for 15 seconds between each set. In order to burn more calories try to include 3 minutes of high knee lifts between sets. Repeat the entire workout 3 days a week, and eventually you will feel confident enough to wear a string bikini.

The next part of the work out will require you to do several dips. Place your palms flat on the pool edge, do a small hop and try to raise yourself as high as you can by straightening your arms. It is important that you keep your elbows close to your body, and lower yourself until your elbows form 90-degree angles.

“The harder you press during an exercise, the more resistance the water provides, and you can tailor the workout for how you feel at the moment.”

ing to Mary Sanders, Ph.D., and an associate professor in exercise at the University of Nevada, Reno, “the harder you press during an exercise, the more resistance the water provides, and you can tailor the workout for how you feel at the moment.” Research has demonstrated that exercising in the water improves flexibility while relieving stress. Also, if you are suffering from back injuries, a water workout is ideal for you because not only does it tone the entire body, but it also relaxes you as well.

Before you begin your water workout, you will need to warm up in order to prevent cramping and abdominal pains. Try to walk as fast as you can in the pool for 5 minutes, and after you have completed your warm up,

Do you feel trimmer yet? Do not give up because eventually you will reach your goal weight, and all the knee lifts will be well worth it. The next exercise is the arm curls, which help to strengthen your biceps and triceps. In order to perform this exercise properly you will need to stand with your feet slightly turned out and far enough apart in order for your shoulders to be partly submerged. Make certain that your palms are facing your chest, and are several inches away in order for your fingertips to touch. Then, extend your arms out to your sides so your palms now face forward and your arms are parallel to the pool floor. It is recommended that you do 20 repetitions in order to notice results.



PHOTO COURTESY of Google

Water exercise is a fun alternative to the gym.

After you have completed your arm curls, move on to your lower body. A majority of girls, myself included become panicked when it comes time to bare our legs. Here is a solution your dilemma. The leg curls not only firm your hamstrings, but also define and tone your calves as well. Your bathing suit woes will before in no time and you will be able to shed your cover up, and don a string bikini that will show off your chiseled and defined thighs. In order to receive maximum results, you will need to stand with your legs together, and extend your arms out to your side. Bend your knee for 30 repetitions, and repeat with your other knee.

Another crucial part of your body that a majority of girls are self-conscious about is their abdomen. The leg lifts are a great way to tone your abs. Sit on the edge of the pool with your legs straight down. Try to lean back slightly, with your hands behind you for support. Keep your legs straight, and lift them above the surface in order to form a V with your body. Point your toes and keep your legs together at all times.

You should be in bathing suit shape after following these exercising tips, and next time your friends ask you how you lost the extra pounds, you can reveal your diet secrets, unless you want to keep them all to yourself.

Feeling blue? Depression is more common than you think

LINDSAY WEISS
STAFF WRITER

Are you tired of feeling unsatisfied with your life, and constantly depressed? You are not alone, because one out of every eight people suffers from depression. Depression affects people of every color, race, economic status, or age.

Sometimes friends or family members can recognize that a person is depressed, and they may offer to listen if the person wants to talk to someone and is in need of help. But not everyone recognizes depression when it happens to someone they know. Some people believe that if a person is depressed he or she is unable to get out of bed in the morning and will never recover from their illness. People who do not understand how the depressed individuals mind works may react to the depressed person's low energy with criticism. Some people mistakenly believe that depression is simply an attitude a person can change or a mood they can alter, but unfortunately it is not that simple.

There is no single cause for depression; however, numerous factors play a role in depression including genetics, environment, medical conditions, and life events. Research has discovered that depression runs in families and suggests that some people inherit genes that make it more likely for them to become depressed. But not every person who has the genetic makeup for depression becomes depressed. Many individuals who have no family history of depression can become depressed and suffer from anxiety.

Family and social environment play a crucial role in depression, and a stressful, or unhappy family atmosphere can affect a person's self-esteem and lead to depression. For some teenagers, undiagnosed learning disabilities, hormonal changes, or physical illness could lead to depression if the person is left untreated.

For some people, depression can be intense and occur in short periods

of time that last for several weeks at a time. For others, depression can be less severe but can remain at a low level for years.

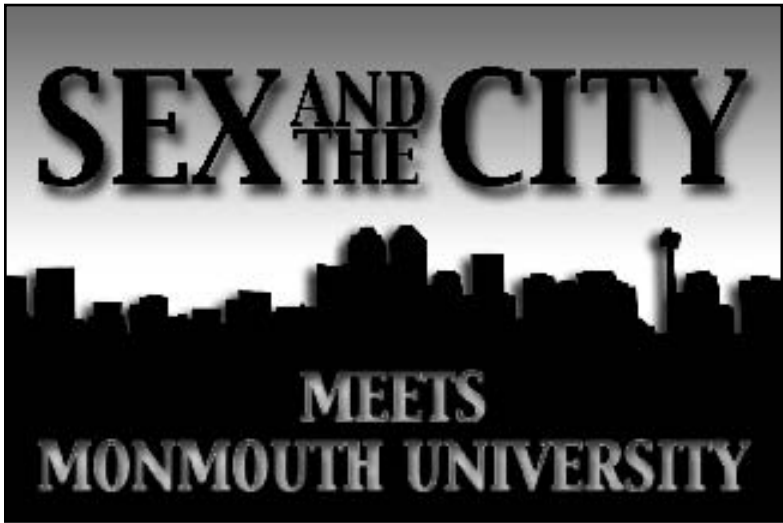
There are three types of depression. Major depression which is short lasting, dysthymia, which lasts longer, but is less severe, and adjustment disorder, a type of depression that deals with a depressed mood and usually occurs when there is a death in the family, or divorce. A common type of depression is known as bipolar disorder, which is also referred to as manic depression. This type of depression is difficult to conceal, because the individual's moods change frequently, and are accompanied by an increase in hyperactivity.

There are several symptoms which accompany depression, and tell tale signs you should look for if you or someone you know is suffering from depression include, lack of energy, depressed mood, and extreme sadness. Depression also causes anxiety, anger, inability to concentrate, significant weight loss, and sleep deprivation.

If someone you know has five or more of the symptoms most of the time for two weeks or longer, then that person could be suffering from depression. If a student is missing a great deal of classes, and has a low mental energy caused by depression he or she should seek help immediately.

Depression is one of the most common emotional problems, however, the good news is that it is also one of the most treatable conditions. About 80% of people who get help for their depression have a better quality of life.

There is hope, and treatment can help improve the quality of your life. Treatment for depression can include therapy, medication, or a combination of both. Therapy sessions help people understand depression and what they can do to overcome it. Remember, you can make a difference in your life, and seek help, because it is never too late to improve your lifestyle.



REBECCA HEYDON
COLUMNIST

And so the end of the semester is among us. Some of us are graduating and starting to search for that career we want. Over winter break I took a break from the text book reading and read *Lipstick Jungle* by Candace Bushnell. There were many memorable parts that really made me think. One particular page included Nico O'Neilly, one of the main characters and a CEO of a very successful, fictional magazine. She says, "All her life, she'd been striving and striving to become this thing that was herself. And then, one morning, time had caught up with her and she had woken up and realized that she was there."

In my apprehension to be graduating, I do not want to be Nico-I do

not want to wake up in 40 years and realize who I am; I would like to realize the discovery process as it takes place. Nevertheless, right now- let me just tell you that you are not alone if you don't have a large clue of what career you want. I work full time now, but I know I don't want that job after I graduate. I don't really know what else I *want* to do, but I know a bunch of other things I *don't* want to do. In my confused state, what did I do? That's right, I bought a book- Be Who You Are and I thought that this must be fantastic! A book that would ask me a whole bunch of questions, help me figure out what kind of person I was and what career path I should go on?

Simpler said than done. Although the book acknowledges that some people reading it might be graduating seniors from college, it focuses

largely on people already in the work force that just don't like their job. As I started to read the questions and try to decide if I was an introvert or an extrovert, I thought- well, a lot of times people would call me an extrovert, I don't hold much back(except when better to hold back), but I do enjoy gathering my thoughts and collecting myself, alone. What am I at work? Well, again, definitely an extrovert, but sometimes it is exhausting. After working a 12.5 hour shift(because of classes I have to work long days) I am exhausted and kind of tired of people.

Then, I had an epiphany I guess. Yes, this book has given me insight into what qualities I possess that are similar to an extrovert and introvert, and what careers might be suitable for me. However, I'm only 22 and I really don't know exactly who I am. I know how I act and what I have to work on, but I definitely don't know exactly who I am and therefore should and can not focus on a career that would require me to be who I am. Panic came upon me a little bit, because-don't companies want someone who is secure and confident and knows who they are...or what they're about? Calm-I know what I'm about, just not exactly who I am.

"Life is a journey always worth taking," and you can't discover who you are until you've truly endeavored on life, "real" life. Just because you're graduating, doesn't

mean you have to know what you want or who you are, especially since what you want and who you are at 22 may not be who you are and what you want at 45. LUCKILY, there is no book that will tell you who you are(what would be the fun in that anyway?). Go out there, be confident that you are discovering who you are with every passing moment, and you'll do fine on every interview and in every job you take. From here on out, you are no longer committed to anything you don't want to be committed to. You think you want to be an accountant? Definitely take that amazing job the accounting firm is offering you. Don't like it after 3 months. Leave. You are young and have very minimum responsibilities and you will never be in this situation again. People who care about you, will realize that and understand that

you won't know what jobs you like and don't like until you try them. If you take on job "tasting" with the same vigor you probably took on beer and alcohol "tasting" when you arrived at college as a freshmen, you will not only survive but do fabulous, just like you have done here! Relax, enjoy the ride.

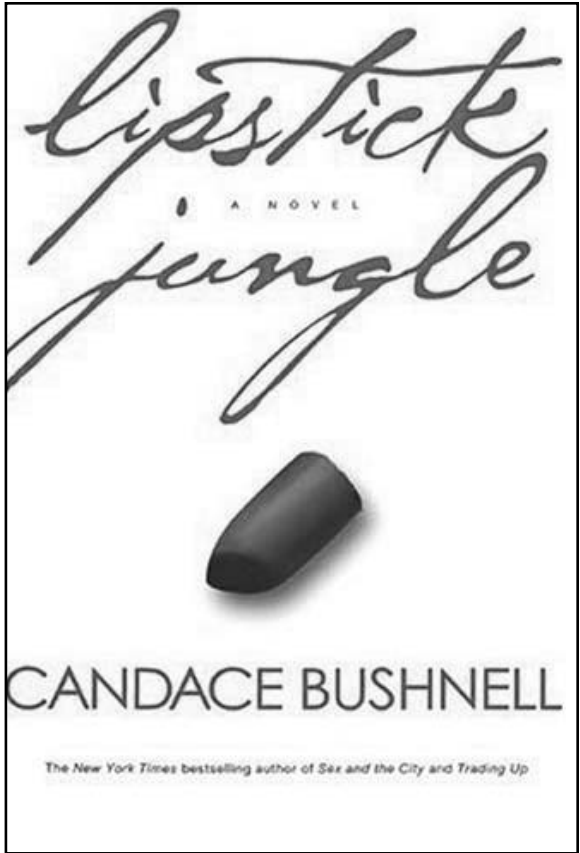


PHOTO COURTESY of amazon.com

Winter Ball

Winter continued from pg. 1

the final song finished playing, and the dance floor began to empty, ending the fun-filled night.

Monmouth students agreed that the night was as enchanting and as fun as they had hoped it would be. "The Winter Ball was a fun dance in general," said freshman biology major Meghan Shaw. "The music, food, and company were great, and Wilson Hall was decorated really nicely."

Celia Melina Roche, a freshman communication major, agreed that it was a great night. "We didn't let the snow ruin our spirits. It even made the evening more charming," she commented. Resident Hall Director Erich Mochnacz, who chaperoned the dance, also said that the ball was a success.

Monmouth students walked out of Wilson Hall with new memories of

their special night, and not even the cold and snow spoiled the evening. It indeed was "A Night of Enchantment."



PHOTO COURTESY of Sara Werner and Suzanne Guarino

President Gaffney and Vice President Nagy (left), Dan Spengeman and Christina Guarino (right) were present at the Winter Ball.



PHOTO COURTESY of Ryan Scally
Students enjoy a white weekend as the East Coast rides out winter's first Noreaster.

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The Statewide Emergency Food and Anti-Hunger Network (SEFAN) has launched a web site to help address the growing problem of hunger in New Jersey. By logging onto www.sefan.org and clicking onto "Pantry Link" you can find out about local food pantries, soup kitchens and shelters that serve meals in your community. The web site lists volunteer opportunities as well as items needed such as non-perishable food and baby products.

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"Here kitty, kitty."

You'd think it would be easy to spot a kid with a vision problem, but the signs aren't always so obvious. One in four children has a vision problem, but only an eye doctor can tell for sure. And, since 80 percent of all childhood learning is visual, good grades and good vision go hand in hand. For more information, visit www.checkyearly.com.



HOROSCOPES

By Linda C. Black,
Tribune Media Services

Today's Birthday (Feb. 15th)

Fix up your place this year, with an eye to luxury. You can have a cozy nest, and you should. It'll help you relax.

To get the advantage, check the day's rating: 10 is the easiest day, 0 the most challenging.

♈ Aries • (Mar. 21 - April 19) - Today is a 6

Continue with the drudgery, trying not to complain. You'll be able to get what you need, and even store something away.

♉ Taurus • (April 20 - May 20) - Today is a 8

If you're flirting on company time, take care. The boss will not be amused. Set up a date for later.

♊ Gemini • (May 21 - June 21) - Today is a 6

Clean up your place. Fluff up the pillows. Romantic conditions are going from OK to fabulous, for the next couple of days.

♋ Cancer • (June 22 - July 22) - Today is a 8

Surround yourself with love. That's the most important thing. If you don't have the human kind, get a dog or a cat or a bird. Or even a fish or a plant.

♌ Leo • (July 23- Aug. 22) - Today is a 6

Doing work you love pays especially well now. They say the money follows when you're happy, and it does.

♍ Virgo • (Aug 23 - Sept. 22) - Today is a 8

You're charming and you're lucky now. You're also quite attractive. Forget past differences and renew a loving bond.

♎ Libra • (Sept. 23 - Oct. 23) - Today is a 7

Discover hidden treasure, possibly in your own closets. This is especially fun because you put it there yourself.

♏ Scorpio • (Oct. 23 - Nov. 21) - Today is an 6

You can make the connection you seek, but not all by yourself. This is a good time to get around by the back way.

♐ Sagittarius • (Nov. 22 - Dec. 21) Today is a 7

Accept another assignment. You're getting to be capable of doing more than before in less time. This will multiply your income.

♑ Capricorn • (Dec. 22 - Jan. 19) - Today is an 6

This is a lucky day for you. Quick action is required, to take full advantage of an opportunity. You snooze, you lose!

♒ Aquarius • (Jan. 20 - Feb. 18) Today is a 7

Buy something for your home to increase your comfort level. This shouldn't be hard. Just replace whatever's causing pain.

♓ Pisces • (Feb. 19 - Mar. 20) Today is an 6

A critic forces you to examine your premise and check for errors. This will help you become even more perfect.

MU Students:
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LTBATODREDSITD
NACATEROCTERE
EETAYNNEAAVET
GNINEDOPAYAMD
ANEWATOERARLO
OMARSERACSTAGS

Wednesday's Puzzle Solved

ACROSS

1 Labels
5 Glacial ice mass
10 Khayyam of Persia
14 Woody's son
15 Muse of poetry
16 On the ____ (declining)
17 Angels' place
20 Yeast
21 Louis or Carrie
22 Golfer Trevino
23 Fragrant compound
24 Lode's yield
26 French psychoanalyst Jacques
28 Souse's syndrome
29 Formulated belief
31 Latvian, e.g.
32 Post-workout woes
34 Moralizing tales
36 Angels' place
39 Catches
40 Salacious stares
41 Cross letters
42 Spud
44 One NCO
47 Countrified
49 Old draft org.
50 Earth tone
52 Poetic pasture
53 "____ a bird..."
55 Lady at a luau
56 Angels' place
60 Nice concept?
61 Follow as a consequence
62 Kind of poker
63 Protuberance
64 Cultural values
65 Playwright Hart

DOWN

1 Set aside for later
2 Type of warrant
3 Acts the bad winner
4 Italian table wine
5 In stitches?
6 Notable period
7 Bit of hope
8 Expiated
9 Facsimile
10 Part of BYOB
11 Daily high point during basic training
12 Hardened by heat
13 Acting monarchs
18 Aachen article
19 Sushi staple
24 Hydrox alternative
25 Consequences
27 Monastery superiors
29 Storage box
30 Bid
32 Open courtyards
33 Fidel's comrade
35 Broadcast

Two Dudes

by Aaron Warner

I'VE LEARNED SOMETHING THIS YEAR IN COLLEGE, DUDE.

LIFE IS FULL OF MYSTERY.

MEN BURP, SCRATCH, AND EAT ENTIRE MEALS WITHOUT UTENSILS AND GIRLS STILL WANT TO GET MARRIED.

A College Girl Named Joe

by Aaron Warner

I DON'T KNOW WHAT I'D DO WITHOUT MY CELL PHONE.

IF I SEE SOMEONE THAT I DON'T WANT TO TALK TO, I ACT LIKE I'M TALKING ON MY PHONE UNTIL THEY GO AWAY.

THAT'S RUDE.

OOPS. I THINK I JUST GOT A CALL. HELLO?

HARD NOGS BY LOUIS CAPROLA 2-7-06

I'M JUST NOT INTO FOOTBALL LIKE OTHER MEN. BUT THAT DOESN'T MAKE ME LESS MANLY.

SEE, I PLAYED FOOTBALL IN HIGH SCHOOL AND I ALMOST KILLED SOMEONE. I WAS QUARTERBACK.

AND YOU KILLED SOMEONE?

ALMOST. HE WAS AFTER ME BECAUSE I WAS SO HANDSOME.

YOU TACKLED HIM?

I SLAPPED HIM.

HARD.

PAUL BY BILLY O'KEEFE WWW.MRBILLY.COM

MAN, I CAN'T DATE SOMEONE DUMBER THAN ME...

CAN I??

FEELING NOSTALGIC? YOU KNOW, AS LONG AS I'M NOT MARRIED, IT'S NOT CONSIDERED-

WELL, YOU'RE NOT ESPECIALLY GOOD AT DATING PEOPLE WHO ARE SMARTER THAN YOU, IF OUR LITTLE FLING WAS ANY INDICATION.

CHEATING? YES IT IS. IT'S ME, CHEATING ON COMMON SENSE IF I EVER DATED YOU AGAIN.

YOU AND YOUR EMBELLISHMENTS. I TELL YA.

I BET YOUR DUMB GIRLFRIEND DIDN'T TEACH YOU THAT WORD.

WE LOOKED IT UP TOGETHER AFTER HEARING IT ON "COPS." WANTED TO MAKE SURE WE WEREN'T MISSING ANYTHING BIG.



"What's the most extravagant thing you've done to show someone you care?"

BY: SUZANNE GUARINO



Luis
sophomore

"I put rose pedals up the stairs to her room where I had all her gifts surrounded by more rose pedals."



Joe
sophomore

"Drew her mother a hot bath."



Alex
freshman

"Decorated her car with flowers before she came outside in the morning."



Ryan
freshman

"In high school I decorated a girl's locker and gave her flowers."



Dave
junior

"Got a limo to take her to and from school, a rose in each class, and a bouquet waiting for her at home."



Tom
sophomore

"Poked her on facebook."



Dave
freshman

"Serenaded my girlfriend."



Chris
sophomore

"Shared my nuggets."



Samantha
sophomore

"Paid for a cruise to the Bahamas."



Amanda, Dee and Lindsay
freshman

(Lindsay) "Got a blank deck of cards and write a reason why I love them on each card."



What will they have longer,
their trophies or their injuries?

Physical activity is a great way for kids to build strength and stay healthy. Unfortunately, it can sometimes lead to injury. Broken bones require immediate attention, but what about sore shoulders or swollen knees? If not taken seriously, many youth injuries can become chronic later in life. So before your child gets hurt, visit aaos.org or nata.org. Practice prevention and give all injuries proper attention.

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Student site Facebook raises some eyebrows

PATRICE HUTTON
KRT ARCHIVES

Wichita State University junior Anne Weierich learned the hard way the pitfalls of the popular Web site Facebook.com. Facebook, with 11 million users around the world, has revolutionized the way students socialize by allowing them to post anything about themselves they want others to know. But it can have unintended consequences. Last fall, a friend of Weierich used Facebook to announce a party at Weierich's house. But the friend didn't tell Weierich, and strangers unexpectedly showed up at the house.

It was an awkward evening, nothing more, Weierich said. It hasn't scared her away from using Facebook.

"Facebook lets you control the amount of privacy you desire, so I continue to use it with no problems," she said. "After all, I was not the one who made the 'public' event announcement."

Harvard University student Chris Hughes and two friends created Facebook nearly two years ago to allow students to share more than they could in a traditional school directory.

"The idea was to take an information directory and put it online and give students control over what information they wanted to share with each other," Hughes said.

It began as a college-only service that students access using their school e-mail accounts. It has expanded to allow high school students to sign up originally at a college student's invitation, but now at the invitation of any high schooler who uses the site.

The details that some students post raise security concerns.

Facebook profiles often contain a student's school, dorm room number, interests, relationship

status, photos, event invitations and the names of online groups they belong to with other Facebook users.

The Washington Post reported recently that some Washington-area private schools have prohibited students from using their school e-mail addresses to register on Facebook.

The schools were concerned about more than students' revealing too much about themselves online to strangers. College recruiters could use Facebook to discover

MySpace," he said. "People can trace anything you said to a very real person on Facebook, so there's no way to hide anything you said."

That includes hiding from school officials.

A group of students at Kansas State University, for example, were caught violating the school's honor code last winter when school officials found them sharing course work on Facebook.

Students use Facebook for the typical activities of campus life.

Wichita State freshman Sara

"The risk isn't because of the site but because of the way that students are using it," she said. "They're too quick to post their addresses, phone numbers and photos."

PARRY AFTAB
Director of WiredSafety.com

unflattering things about students, potentially hurting the students' chances of being accepted.

Parry Aftab, director of the Web site WiredSafety.com, shares the security concerns to a point.

"The risk isn't because of the site but because of the way that students are using it," she said. They're too quick to post their addresses, phone numbers and photos.

But that doesn't necessarily mean they're in danger.

"No one has, to our knowledge in the United States, ever tracked down somebody from a Facebook page to do them harm," she said. "There is a way to have a profile page and still be safe about it."

Hughes said the solution is to use common sense.

"There aren't necessarily those shadowy stalkers that there might be on a large network like

Turner uses it to reconnect with old friends.

"I've gotten back in touch with people who I haven't talked to for years and went to elementary school with," she said.

Marc Langston, a sophomore at the University of Kansas, posts messages for his student political organizations.

"As a student senator I always look at my enemies' profiles to see who their friends are, and to deepen my understanding of their background," he said.

But campus life and students can be a little crazy. Some of what's on their pages could shock parents.

One group of Wichita Southeast High School students calls itself the Southeast Varsity Drinkers. Another group's name uses an obscenity that refers to sex and the school's mascot, the Buffalo.

Southeast principal Leroy Parks

declined to comment about Facebook. District spokeswoman Susan Arensman said the district can't control what students do outside of schools.

"There are certain sites that are blocked from the district, but if students are doing this at home, anybody can type anything," she said. "If they are doing all of this off school grounds, we encourage parents to know what their kids are doing as well."

Unlike their college counterparts, high school administrators are not able to access Facebook unless a student has invited them to join.

But many high schoolers are just using Facebook to socialize.

"I don't use it that often, really," said Caitlin Harper, a senior at East High School. She just delves into Facebook when people leave messages on her "wall"—the spot on a student's page where friends can post messages.

"There are a lot of questions and contact information on there

that reveals a lot of information about you," she said. "If you think something might happen by putting that information on there, then don't put it on there."

Victoria Nguyen, a senior at East High, said she uses Facebook to "check up on old friends... Facebook isn't as personal as an online journal, so I like it better."

But her mother, Kathleen Nguyen, was unaware that her daughter uses Facebook.

"I'm kind of concerned because personal information is on it," Kathleen Nguyen said. "I don't want anybody to steal her or my personal information."

Aftab said parents probably don't need to worry, overall.

"I tell parents not to freak out when they read what kids have written," she said. "They might talk about being drunk or having wild orgies when they've really been home coloring with their 5-year-old brother. It might not be true, but it makes them look cooler."

Orthodox Christian Fellowship

Beginning his 22nd year as Greek Orthodox Chaplain at Monmouth University, Archimandrite Father Ephraem extends his personal blessing to all Eastern Orthodox students, faculty, and staff for a prolific scholastic year and hopes all will be active in the Orthodox Christian Fellowship. Father is available at any time to minister to the spiritual needs of all Orthodox Christians on a 24-hour basis, for prayer, confession, or just someone to talk to.



Father Ephraem can be found on campus, or he can be reached by calling: 732-671-5932



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Every Wednesday 6-8pm

ASL
(American Sign Language)
*Class Every Thursday
7:30pm*

Understanding your
Faith Series: Generation
Life Monday
February 20th 7:30pm

Valentine's Day Party
*February 9th 8:30pm
(after Asl Class)*

Lunch with Fr. Joe Farrell
Topic: Friendship: The Basis of Spirituality
*Tuesday, February 21st 1-2pm
Magill Commons, Rm 107
Bring your own Lunch, Dessert Served*

Pro-Life Mass
*Saturday, February 25th, 9am
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For more info or directions, call Chabad: 732-229-2424
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Blast from the past

Childhood fads and faux pas

ANDREA TIBALDO
FASHION EDITOR

Imagine this: Your radio alarm goes off tomorrow morning playing ‘Straight Up (Now Tell Me)’ by Paula Abdul. You jump out of your bed that’s covered in Smurf themed linens. If you’re a female, you tease and hairspray your permed/ crimped hair as high and wide as possible; if you’re a male then subtract the perm, add a mohawk or mullet and add more hairspray. Guys throw on a neon colored shirt and stone washed Levi’s jeans with Reebok High-top sneakers. Girls will dress themselves in spandex, an oversized

t-shirt tied to the side, slouched hot pink socks and Keds (don’t forget fingerless gloves). The term ‘paint your face’, in reference to makeup, is proper since the colors you will use will be bright and frosted. Red lipstick, ultra pink cheekbones and bright blue eyeshadow meant glamour. Don’t worry, the 80s isn’t coming back into style anytime soon and when you wake up tomorrow morning you won’t be back in 1987. The majority of students at Monmouth were born in the 1980s. We all have the embarrass-


ing school and family pictures to show off how evil our parents were concerning the ways we were dressed and styled; how can someone really think parachute pants, Jordache jeans or worse yet, spandex, would be cool? Were our parents attempting to keep us in vogue or in constant torment from other children in the school yard? Depending upon who you ask, some people say the 80s was a great decade, others are just happy it’s over. One thing you can’t deny are the numerous conversations you’ve probably had with friends reminiscing about




your favorites toys or games. How often have you started a sentence with ‘When I was little...?’ How about those of you who can’t help but sing along to old school Bon Jovi or Pat Benatar’s ‘Love is a Battlefield’. Karaoke wouldn’t be the same without those cheesy yet unforgettable songs. Don’t deny your childhood; embrace the bad fashion, bad hair and eccentric possibilities.

1980s Style: Hard to believe we turned out normal


Women's Hairstyles



Teased, bright blonde locks with feathered bangs.




The side ponytail is why so many of us cringe at the sight of grade school yearbook pictures

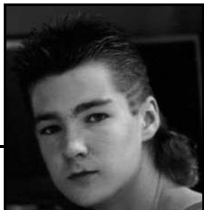


Permed and teased short hair, held up by an infinite amount of hairspray. Thank Madonna for this look.


Men's Hairstyles



The mohawk was made popular by punks.




Notice the M.C. Hammer/Vanilla Ice inspired shaved lines into the side of this mullet.




This messy 'poof' is very 'Flock of Seagulls'. Many guys looked to rockers for their own style inspiration.


Women's Fashion



Leg warmers were all the rage in the 80s and are even back in style now.




Jelly/rubber bracelets were like today's bangles. They were worn in bulk and in rainbow colors.




Lace gloves weren't just worn for special occasions; from school to the mall they were Madonna-inspired accessories that every girl had to have.


Men's Fashion



Denim jackets, plaid shirts and aviator sunglasses were all the rage.



Denim jackets, plaid shirts and aviator sunglasses were all the rage.



Wearing your favorite band across your chest was totally 'in'.

1980s Slang Dictionary

- Awesome:** Another word for 'cool'.
- Bodacious:** Used by men to describe a girl with a nice body.
- Bogus:** Something that is unfair or not correct.
- Bomb:** Something that's in favor.
- Clydesdale:** Used by preppy girls to describe an 'all-American' guy.
- Dipstick:** An idiot; Someone who lacks intelligence.
- Dweeb:** Loser; nerd.
- Eurotrash:** Wealthy Europeans who were regulars to the club scene
- For sure:** To stress what is said; right on.
- Party Hearty:** Excessive partying; over the top.
- Psych:** Another way to say 'just kidding'; usually said when one is fibbing.
- Slamdance:** Dancing in a moshpit.
- Stoked:** Excited and ready to do something.
- Tubular:** Something cool.

1980s Pop Culture

- Movies:** Pretty in Pink ('86), Sixteen Candles ('84), Top Gun ('86), Risky Business ('83), Ferris Bueller's Day Off ('86), Flashdance ('83), Scarface ('83), Dirty Dancing ('87), Beatlejuice ('88), Teen Wolf ('85)
- Music:** Love Shack-B52s, Livin' on a Prayer-Bon Jovi, Girls Just Want to Have Fun-Cyndi Lauper, Red Red Wine-UB40, Borderline-Madonna, Cruel Summer-Bananarama
- Toys:** My Little Pony, Transformers, G.I. Joe, Strawberry Shortcake, Rainbow Bright, Teddy Ruxpin, Cabbage Patch Kids, Light Brite, Guess Who, Teenage Mutant Ninja Turtles, Power Wheels, Puff-a-lumps, Mr. Potatohead, Care Bears, Big Wheels
- Games:** Uno, Trivial Pursuit, Battleship, Pac Man, Nintendo, Boggle, Crackers in my Bed, Outburst, Pictionary
- Television:** Bosom Buddies('80-'84), Growing Pains ('85-'92), The Golden Girls ('85-'92), Alf ('85-'90), Cheers ('82-'93), Perfect Strangers ('86-'93), Small Wonder ('85-'89), Family Ties ('85-'89), MacGyver ('85-'92)
- History Lesson:** 1980- 22nd Olympics take place in Moscow and over 50 nations boycott, 1981- Muhammad Ali retires from boxing, 1982- Argentine forces invade the Falkland Islands, 1983- MASH ends after 251 episodes, 1984- India's Prime Minister, Indira Ghandi, is assassinated, 1985- Severe winter in Europe kills more than 100 people, 1986- Space Shuttle Challenger explodes after take-off, 1987- Microsoft's Bill Gates becomes microcomputings first billionaire, 1988- Iran and Iraq accept a UN peace plan, 1989- The Berlin Wall crumbles and East and West Germany are re-united

WHAT MU THINKS

Do you have a memorable or nightmarish childhood outfit from the 80s?

"I had a black spandex jumper with a multi-color neon body suit underneath. Not only was it ugly, but it was hard to get out of, especially when I had to go..."
Dana Benedetti
Senior

"It is definitely parachute pants. I had about three pairs that I would wear to school regularly."
Kevin Joyce
Senior

"I pretty much spent three years or more of my life with my hair in a side ponytail."
Kristine Nalbhone
Senior

"All I can remember is for some reason my mom thought bright turquoise and red pants needed to be in the rotation."
Ryan Piscatelli
Senior

"Probably large printed floral spandex, stirrup pants with an oversized T-shirt tied to the side and a oversized bow to tie it all together."
Courtney Hoefer
Junior

"I remember when I was a kid, the coolest thing to have was a faded jean jacket. Looking back on it, what the hell were we thinking if that was the best we could come up with?"
James Moffitt
Senior

"I had the big hair that the 80s was known for."
Jennifer Bodyl
Senior

College students reunite in New Orleans

NATALIE POMPILIO
KRT ARCHIVES

They didn't have to go back. Many of them had no ties to the area, no property, no relatives nearby.

The city they would return to would be very different from the one they fled months earlier. The carefree attitude was gone, and the physical beauty that captured the imagination of legions of writers and artists had been altered, perhaps forever.

But thousands of college students from across the country, given the chance to return to Hurricane Katrina-battered Louisiana in recent weeks, did just that.

"Even though we might be temporary residents, we care about the city," said Kristen Buxton, 19, of Marlton, Pa., a sophomore at Xavier University, who took classes at the University of Pennsylvania

during the fall semester. "I see hope for the city."

The large numbers of students returning to the city's four main private universities surprised even administrators. All of the campuses had been affected — in the case of Dillard University, every building save the chapel had been damaged, with repairs estimated to cost \$450 million.

That meant traditional student life, across the city, would be changed; Dillard students, for instance, would live and take classes in a hotel. Some Tulane University students would sleep on a cruise ship or in trailers. All of the universities slashed faculty and staff, though some professors have been hired back. All schools say they are working to ensure the cutbacks do not harm either the students or their educations.

Still, Tulane reported that 10,000 of its 12,500 students returned in January. Loyola University said 87 percent of those registered for fall 2005 4,880 came back. Xavier has 3,188 students, about 75 percent of its pre-Katrina size. About half of Dillard's 2,155 students returned and are living and taking classes in the downtown Hilton hotel.

"We were expecting about 500, so we doubled what we expected. We're excited," said Wendy Warren, a Dillard spokeswoman. The excitement was contagious: Many say the student influx was just what struggling New Orleans needed.

"There are quite a lot of people in the city who are beaten down," said Tom Smith, interim vice pres-

ident for student affairs at Loyola. "Just to have this infusion of young, energetic, positive people has been a shot in the arm."

It's more than their attitudes. The students are volunteering, cleaning roadways and helping residents. They provide businesses with customers and workers, filling hourly wage jobs at restaurants and shops.

They're bringing life to streets that have been virtually empty for months.

"When we got our students back, the population of New Orleans increased by 10 to 20 percent," said Mike Strecker, a Tulane spokesman. "A lot of businesses pegged their openings to the return of our students. We expect the students to be a big part of rebuilding."

The challenge, for the universities, is keeping the devastation of Katrina from devastating their students. They're doing that by doing all the college things: hosting movie

nights and going forward with fraternity and sorority rush. They are incorporating the storm into their lessons and encouraging students

to help with the cleanup.

"It's a challenge to avoid becoming Katrina University, where everything is about the storm," Loyola's Smith said. "Kids crave normalcy."

Still, he said, the university's counseling center has "been doing a pretty brisk business."

"A lot of kids have come back and had a chance to see the reality of the place, and it can be a bit daunting," he said.

Becca Wallace, 20, a Loyola sophomore who attended St. Joseph's University in Philadelphia last semester, went on a school-sponsored bus tour of the devastated city. What she saw surprised her: Damage was not limited to one or two isolated areas. It was everywhere.

"It's good to make the students aware of it. A lot of students are telling their families and friends and being active and telling government officials and helping rebuild," Wallace said.

"There still aren't many people, and a lot of businesses are closed, but walking around, you start to hear music and you start to see people. It's coming back slowly, but it's coming back."

But it still has a long way to go.

"It wasn't a reality to me before," Buxton said. "Actually seeing it for myself, it's just amazing that a storm can do so much damage to a city."

Love Is In The Air

Valentine's Day

Reading Hour

Presented By

COMMWORKS Theater

Tuesday

February 21, 2006

Plangere 235

2:30 PM

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Mass with a Beat—Find rhythm in religion.



Notice to May 2006 Graduates



from the Office of Registration & Records

Please be aware that the deadline for submitting any necessary paperwork (i.e. substitution forms/waivers, change of grade forms, transfer credits, etc.) necessary for graduation is:

Wednesday, March 1, 2006

Don't jeopardize your May graduation date. Get your paperwork in on time!



Editor Note: The Club and Greek page contains articles written by the student members of these organizations. The Outlook is not responsible for the content of these articles.

Phi Sigma Kappa

So de odda night ... the brothers went to Hoboken...Hurley aka Derek Zoolander aka Fashion Expert aka Super Model Hurley, blows away the competition at the bar with his stunning suit and flawless hairdo...Cheese should take some lessons..Pink polo under a button down is a big “Ish don’t think so”.. Honky gets slapped by a 60 year old woman after Schlaeffer bets her 10 dollars and never pays up.. Precious gets a ticket from General Tso because jumping up and down in the street is obviously a crime..In other news , the brothers decide to teach English to Spanish children.. Thanks to Cheese some kid now knows how to order a Big Mac..Thanks to Schlaeffer some kid still only knows how to speak Spanish...Thanks to Scrotum some kid now thinks its cool to wear the same pair of white pants every day..Thanks to Grease some kid now knows the phrases “Hey yo baby” and “Fuhgetta bout it”.. Thanks to Krusty some kid becomes traumatized after hearing Krusty laugh...Launchpad takes GI Jane out for Valentines day... Scrotum aka Night Lurker aka Vampire aka Queen of the Night, sleeps all day so he can dance all night to house music... Donkeylips is faced with three choices when asked if he is 21 .. A) Run out the back door. B) Do simple math and make up a birth date to verify his age C) Get ridiculously nervous and blurt out a random birthday that would make him 16 years old... he chose C....This is Farva signing off DAMN PROUD!!

Theta Xi

This week Gooch is livin la vida loca, Taint gets the red light. We all missed Vibrator not dropping it like it’s hot. It blows our mind how- Sharmuta and EBIV can not walk or talk, but can stay on the table for 15games. Ladies don’t be fooled, that was a sock in Kips thermals, Snuffycontinues to claim he’s not drinking tonight. For me, Hanson, OTOS, andVibrator, boy was the fungus amoungus. The Psi class is currently pending investigation on multiple counts of stupidity. Muff loves his littlebella snuggle bunny smooches xoxo. Fish is out with the crew so hishands don’t shake. Abe now has an excuse for talking enough for two.Simmons needs to stop taking on so much responsibility before his hair.... ummm never mind. This is Bison, reminding you who you daddy is.

Phi Sigma Sigma

CONGRATS TO OUR BEEE-AUTIFUL ALPHA THETAS!!! WE LOVE YOU!! Sixteen girls to pour more sugar on! It doesn’t get much better! HAPPY BIRTHDAY TO OUR BEAUTIFUL JEWEL AND PARISA!!!Little I love when the only thing your gut tells you is that you need more rum!!-Elle Dan-thanks for the great fall takin down 4 of us, Jackie love the talks so much-owe you! Miss you Jerz this wknd-Stellina. Great mixer ladies..yea! nice chit chat Blahnixx, keep fighting!-Parisa Whitney-Love you!!! Love your big. Cant describe how crazy the mixer was-still scrubbing off my stomach. 307- were going to diiiisneyworld!!!!- Jacinta. Steph-LOVE you, ur BIG!!! Alpha Zetas-its been a year, I love every single one of you so much!! Camcrew what?! PIC love ur life- Bradshaw. To my beautiful Lil Jess-missed you at the mixer-love your big. Lil Amadora-you’re my heart. I love you- Amore. Lunabelle-can you FALL one more time...I don’t think that 6 times was enough. Ps. Karma comes back around. DeZire- no more sharpies...enough said. Pre must def be taken down a notch..so much fun! Love it- Caliente. Alpha epsilons, PIC, little love you long time. 256 gonna be a bangin year- Love Paradise. Thanks for making my 21st amazing! I love you girls counldnt ask for better sisters- Dolce. Parisa-your gonna get drowned in alky this wknd- PREPARE yourself for Alpha Deltas hittin up AC!! WE love you.- AD’S. Theta Xi- Thanks for another absolutely amazing bid mixer!! 25 newbies!! That’s more than our last bid day combined!!

Delta Phi Epsilon

I love you Venus and Trinidy-my favorites xoxo-Divinidy –umm I think I’m totally in love with my fantasies and my lovely family. Dilger, I think I’m in love with you too! –Trinidy. Congrats Alpha Xi ! In love with the tree, the age, and Xi. TKE amazing mixer-Venus. Client- I will continue to wear outfits you’ll question-gotta keep it interesting. Happy Bday

Erin and Dilger! Luckie-Vday date! Love you, congrats Alpha Xi! TKE great mixer xo! Sunset Happy Bday to my future roomie and buddy Luna- Love, Starlet. Twinny-dance parties like woah love you forever! Best birthday ever! Love my sisters! Biggie you’re the best. I have the tolerance of a zebra. Anna is bananas! So happy to be back love you all-congrats Alpha Xi sooo not xoxox, Riley. Twinny-peace up A town down-bam! Sunset! Starlet-love rockin out to Nsync with you haha! Love Shimmer. Congrats Alpha Xi! I love you all! Love your mama, Solaia. Extreme-Thanks for the bite marks all over my mouth and face...you fall I fall right...well that’s what you told me! Luv, Riggs. Welcome back to the world biggie big. Caliente plus depp equals you’re jealous. I heart Holly in a big way-Eternidi. April rocks as prez-factor. Stubbs and Dilger have the same 21st? Haha. The shot heard round the world was a success! Thank you girls for being part of the magic! Yes Dilger you and me do have the same 21st and Big Riggs we always go down together-Jolie we are now dating-Extreme. Rainbow Rambo and Galactic Pirate hooker will dunkin donut you! *Moose bow* I love you soo much my partner in randomness! Happy birthday to you and me you mooch of a friend! Congrats Alpha Xi- you girls are the hottest! I love 3/5’s: Caliente, Serendipity, neveah-mixer with TKE was insane- I love dphi e Love Nevaeh. Happy Vday Sweet-hearts, you are my life and love. Congrats Alpha Xi- you girls are

Alpha Sigma Tau

Riff, Stitch, Harmony, Trix, & Mystic SURE do enjoy red BULL with iPods in the kitchen. Matey found a new career on bid day. Storm comforts stitch while she’s crying for no apparent reason. Pearl, Belle, and Glamour take a cross-country trip to find a pizza hut. Boo and Belle boycott mixer theme and show up in military. Paradise ditches Boo on their big/ Little date. Stitch rescues Lady and Catalina on the side of the road when they realize that there is no “back up tank.” Gia & Stitch hit up Monmouth Mall mafia style.. nahmean?! Harmony lost her other hat. Trix loves lamp. Storm and Marcel take down 308 in the snow. Pearl & Gia curse blame the up-chuck reaction on “the bees”. Harmony and Trix go crazy at Jacks AFTER the superbowl. Storm gets

double-teamed by 2 men in denial. Storm & Mairead reunite for one last hoorah. Callisto lives up to her favorite Def Leppard song and Breaks a Bottle. Serenity follows in her Big’s footsteps. Riff & Maia get closer than ever when they raise the bar. Gia & Pearl miss Catalina when they go on their monthly sky-diving expedition. YAY ALPHA Xis! AST pumps it up.don’t you know pump it up! IF YOU WANNA SEE A TRUE ALPHA SIG IN ACTION, RENT THE DVD! Payce!

Tau Kappa Epsilon

ay yo washu doin? Hope everyone had a nice V-day, I know I did. Luv ya babe!- Quagmire. Best mixer of all time!- Quailman. “I’m from the ghetto homie, I was raised on bread and bologna!”- Mr Shaggy Slave Hasselhoff aka Bundt Cakes. Greastest mixer of all time!! Thanx to the gals of D Phi E. Johnny 5, Shrek, and Pee-wee make a trip to Wawa- Pee-wee. Penguin Happy B-day and good stuff jumpin the the back of some dudes pickup truck, in the snow angel position outside the bar and throwing the pot- Charlie from Charlie and the Chocolate Factory. Happy Birthday Penguin-Farva. Penguin gets that good 22 down... wawa ride with Shrek n Co. at 4 in the morning. Took 2 hours in the snow and did a 180 on the parkway. We were whylin! Whatever, check is good- Johnny 5. Stingers sucked! Penguin hits 21, but takes down 22. Wiggum needs to stop sharing girls with guys. Best mixer in my 4 years. Quailman screws the pig- Moby. Support TKE and the Stone Pony this Thursday night, and every Thursday night. Once again girls, if you didnt get the picture thanks a million for arguably the best mixer of all time!!! CHECK IS GOOD!!!

Zeta Tau Alpha

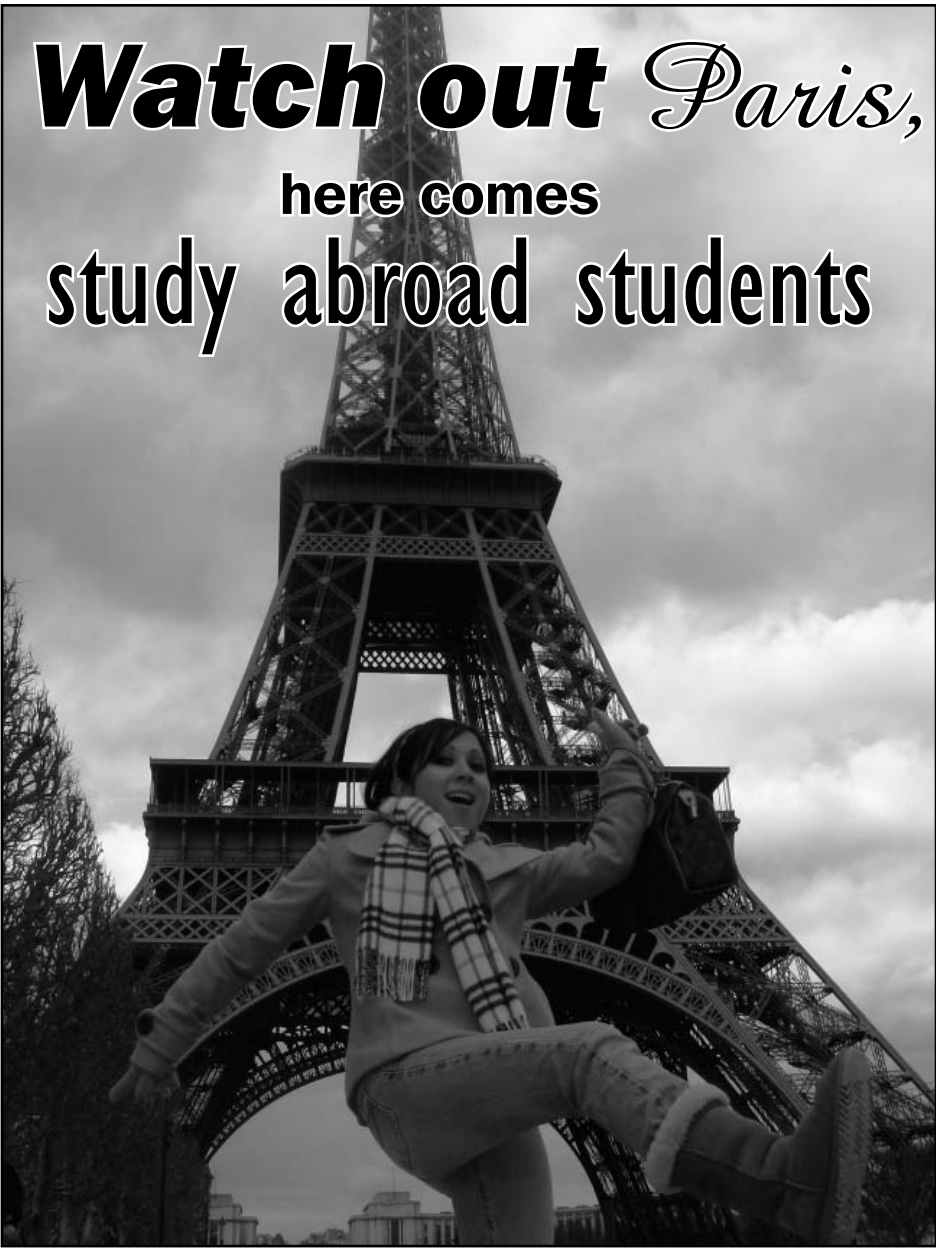
To my Zetas- like us and you’ll grow to love us, hate us and we just won’t care. You can’t beat us and you sure as hell can’t join us. Love my little and my brats.

Kisses and a pretty face- Kay-bee. To my co-recruitment chair- we are truly amazing, love you punky- Kaybee. Last week was nuts, mastering the draft? Might take a minute! Rain I love you till the end! Brats- why is it that every time we go out together craziness is sure to follow? Thursday. Nuff said. Love my little bear, you the best little anyone could ask for!!!- Esmeralda. Horizzon- yo quiero taco bell, love you big. McGuire- you’re my other half. Much love to the e-board, hollar lambdas!!! Savannah- our lives are pure insanity!!! What team is this jersey for? Little Camellia love your life great job with sister activities!! Love my sisters- Tulip <3 Little Paris- you amaze me everyday! Should have been a Zeta! You girls are my life!- Miss Prez Camellia and Clyde I flipping love you like woah!- JuiczZetas, you re all my world, I love you all and everyday I am thankful for this wonderful organization and the opportunity to call you all sisters. Here’s to a wonderful semester. <3 Angelina. To my Zetas- You girls amaze me everyday, I love us! Big- I miss you, Come back so we can continue “doing whatever we want!” Triple threat (Gia, Posh, Puma)- 2 hot to handle! – 3 hot zetas + way 2 many boys = always a good time! Love you girls! Savannah, Tulip, Sparkle, Angelina, can’t wait for our house, its gonna be crazy! Love you all! <3 Puma.Iotas- TGIF Fridays 5pm? Yeah lets go? Love you girls! I’ve missed you girls so much last semester xo Horizzon Horizzon- you’re a crazy lady- Irish soda bread! Sunriise- you’re beautiful, Lil Nala- you’re the pepper to my salt- love you! Lambdas forever! <3 McGuire. Only been back a few weeks and already makin’ moves, always a good time! Love my Rain, Esmeralda, Pixie and Trixz xoxo Roxxie Sunriise- Thanks so much for your help – I love you little- I’d be lost without you- Rockstarr. Bonnie and Clyde- I love you with all my heart. By far the best little I could ever ask for. Love my badass girls. All my heart, Lucky Star Tulip and Savannah- I love you girls- you are my sanity <3 Lucky. Sparkle- Thanks so much for taking care of me Saturday night love big. Sparkly and Horizzon thanks so much for all the fun at unit 5. Big- I love you more then life! Puma, what the hell is blue ribbon? Posh I’d be lost without you. Nu’s love you.

MU’s student run television station’s schedule, tune into channel 12. For more info x5274

	12:00 AM	1:00 AM	2:00 AM	3:00 AM	4:00 AM	5:00 AM	6:00AM	7:00 AM	8:00 AM	9:00 AM	10:00 AM	11:00 AM		
M/TH	A Clockwork Orange			MYOU	NATLAMPOON		GHOST		M-Squared	TITANIC			NEWS	
T/F	NATLAMPOON			M-SQ-Live	A Clockwork Orange		NATLAMPOON		M-SQ-LIVE	NEWS	GHOST		MYOU	M-Squared
W/S	Do the Right Thing			M-SQ-Live	NATLAMPOON		Glory			Rampage/Circle		M-Squared	M-SQ-Live	GHOST
SUN	NATLAMPOON			TITANIC				NATLAMPOON		M-Squared	NEWS	Rampage/Circle	MYOU	M-SQ-Live

	12:00 PM		1:00 PM		2:00 PM		3:00 PM		4:00 PM		5:00 PM		6:00 PM		7:00 PM		8:00 PM		9:00 PM		10:00 PM		11:00 PM				
M/TH	M-Squared		GHOST				M-SQ-Live		MYOU	NEWS	M-Squared		Rampage/Circle		M-SQ-LIVE		GLORY				NATLAMPOON						
T/F	M-SQ-Live		Rampage/Circle		NEWS		TITANIC										NEWS		MYOU	Do The Right Thing				GHOST			
W/S	Ghost cont'd		MYOU	M-Squared		Rampage/Circle		NEWS		MYOU	M-Squared		M-SQ-Live		NEWS		Rampage/Circle		MYOU	M-SQ-Live		NATLAMPOON					
SUN	Nat'l Lampoon				Do The Right Thing				MYOU	NEWS	M-SQ-Live		A Clockwork Orange				M-Squared		M-SQ-Live		GLORY						



Sophomore Pam Quillamor poses in front of the Eiffel Tour.

PHOTO COURTESY of Bob Danhardt

BOB DANHARDT
OVERSEAS CORRESPONDENT

Spent (this week): Approx. £72.5 + 115€ ≈ \$281

(This figure is inclusive of sight-seeing, mailing, food, general entertainment, batteries, souvenirs, laundry and transportation).

“Garcon”- waiter. However, do not use this word. It’s only used in movies. Refer to your server as “serveur” (pronounced *sehr-verr*).

Fact- The Eiffel Tower has over 2.5 million rivets, 15,000 iron pieces, over 40 tons of paint and there are 1652 steps to the top.

The Eiffel Tower, the Arc de Triumph, Notre-Dame, Concorde, the Pantheon...With these and so

many more attractions in Paris, how could one ever see them all? Well, we did and did so in one weekend! All you need is an idea of what is around you so that you can go there. If I can make one recommendation it would be to get a Metro card. This card was a life saver for us. You pay a one-time flat rate, and then you have unlimited access to the buses, trains, and the Metro. You’ll save a lot of money and time in the long run. Also make sure you go to the bathroom either before you leave or where ever you are because it actually cost money for most public toilets and even in some other places you’ll visit!

We started the weekend off by

going to the Sacré-Coeur, a beautiful basilica on top of a monstrous hill! It can clearly be seen from many parts of Paris once you get above the buildings. Next we saw the Arc de Triumph where the world’s largest roundabout is located, making it one of the most dangerous places to walk/drive in Paris! However, what’s a day in Paris if you haven’t seen the Eiffel Tower?! Our event of the night was just that, and if you’re going to only be able to see it once I would say do it at night. It’s when the term “the city of romance” comes alive! We were all in disbelief, first of all, that we were even in

Paris, but more so that we were on our way to the Eiffel Tower! At the top you can see the whole city of Paris. This is good if you’re planning to go exploring later on. This way you at least get an idea of where things are.

The next day we got up early just so we could fit more in! We started off at Notre-Dame Cathedral, which was spectacular both inside and out. I must say that the Disney movie was very accurate (No hunchback running around though)! Next we saw the catacombs where more than six million people were buried, eerie but fascinating place all at the same time! After an interesting French lunch (be careful on taking chances you may just be eating something you didn’t expect!) we made our way back to the Eiffel tower to see it during the day and made

After getting home it was bed time because of course tomorrow we wanted to go out with a bang!

Sunday was our Louvre day! However, I decided this was also my “see everything else I want to see before I go” day! We branched off on our own separate ways and planned to meet each other at the Chunnel later for our voyage home. I saw a lot of things from the outside, but they were impressive just the same. The list of things included the Palais Royal, the Grand Palais, the Hotel de Ville (which had a cool little ice skating rink out front of it), Concorde, the Conciergerie, the Palais de Justice, and Ste Chapelle. One thing I did go in was the Pantheon. This building houses the tombs of many famous French-men from Voltaire to Jean-Rousseau, since it was formally a church. The day ended with the Musée de Lou-

“We were all in disbelief, first of all, that we were even in Paris, but more so that we were on our way to the Eiffel Tower! At the top you can see the whole city of Paris.”

for better pictures, some of which I’m sure you’ll be seeing soon enough as facebook pictures! We followed this by going the Arc de Triumph. This time we climbed to the top! We all needed some rest, and so relaxed for a while in order to be ready for our only night out in Paris!

The first stop in our travels was the Moulin Rouge. However, due to the high costs of shows in combination with being poor college students, we decided a picture of the outside was enough to satisfy! Then it was off to Bastille, the reputed area of nightlife. After visiting a couple cool places, meeting some awesome Aussies and having a fantastic hot dog, we had to start heading back before the Metro stopped running. Unfortunately, we got off at the wrong stop...I’m sorry guys!...and so we got a little lost, but we made the best of it. It was kind of an adventure getting home! You can learn a lot about a city by getting lost!

vre. This place is massive! You could spend a week in there if you really wanted to! There is so much in there, so make sure you kind have an idea of what you’d like to see from the beginning because time does really go fast.

The best part of seeing all these attractions is that almost all of them have student rates which make in some cases almost 50% off regular admission. You do, however, need proof that you are a student, but Robyn has that covered to with the ISIC card that you get before you go to study abroad!

All in all Paris is great. With its rich history and amazing architecture, it is definitely a “must see” city. Like I’ll say every week though, the above only begins to tell the story. So as always, feel free to forward any questions to either me s0576051@monmouth.edu or Robyn Asaro rasaro@monmouth.edu

Next Week: Torino, Italy for the Olympics!



PHOTO COURTESY of Bob Danhardt

Study abroad students Pam Quillamor, Sean Stever, Sarah Van Curen, Zach Lichaa (Rhode Island), Alayne Picinic take in the sight of the Bascilica, Paris.

STUDY ABROAD GET OUT THERE!

Live and learn in *Spain* for Summer 2006
England or *Australia* for the FALL 2006 Semester!



Madrid, Spain



London, England



Sydney, Australia

Attend a ‘First Step Meeting’ for more information, including applications and class offerings abroad

Please note that Monday & Wednesday meetings will focus on the London Program and

Tuesday & Thursday meetings will focus on the Sydney program.

Friday meetings will be of general interest to students unsure about where they may want to study abroad.

The Summer 2006 Madrid program information will be available each day/time.

We also offer Monmouth students the option of 80+ programs in 30 countries through our membership in CCIS

All meetings held at the Study Abroad Office, Student Center, Room 301D.

January 2006				
Monday	Tuesday	Wednesday	Thursday	Friday
	<u>17</u> SPRING SEMESTER BEGINS	<u>18</u> 1:30- 2:00 pm	<u>19</u> 11:30- 12:00pm	<u>20</u> 3:30- 4:00 pm
<u>23</u> 2:00- 2:30 pm	<u>24</u> 11:30- 12:00 pm	<u>25</u> 1:30- 2:00 pm	<u>26</u> 10:30- 11:00am	<u>27</u> 2:30- 3:00 pm
<u>30</u> 1:30- 2:00 pm	<u>31</u> 3:00- 3:30 pm			

February 2006				
Monday	Tuesday	Wednesday	Thursday	Friday
		<u>1</u> 2:30 - 3:00 pm	<u>2</u> 11:00- 11:30 am	<u>3</u> 1:30- 2:00 pm
<u>6</u> 2:30- 3:00 pm	<u>7</u> 10:30 - 11:00 am	<u>8</u> 2:30 - 3:00 pm	<u>9</u> 1:30- 2:00 pm	<u>10</u> 11:30 - 12:00 pm
<u>13</u> 10:00- 10:30am	<u>14</u> 3:00- 3:30 pm	<u>15</u> 11:30- 12:00 pm	<u>16</u> 10:30- 11:00 am	<u>17</u> 2:30- 3:00 pm
<u>20</u> 11:30- 12:00pm	<u>21</u> 1:30- 2:00pm	<u>22</u> 4:00- 4:30pm	<u>23</u> 11:30- 12:00pm	<u>24</u> 1:30- 2:00pm



PHOTO BY Jim Reme

Brianne Edwards improved play has been key to the young Hawks having a breakout season. She is averaging 8.4 points per game for Monmouth, who is 10-3 in the NEC and 13-9 overall while starting four underclassmen, including Edwards, for the majority of the season.



The Hawk File:

Brianne Edwards

ALEXANDER TRUNCALE
ASSISTANT SPORTS EDITOR

Brianne Edwards knows what she wants in life. Perhaps that is what led her to attend Monmouth University. “In my decision making, basketball was important but education was the key,” she says. “I wanted to major in biology to pursue my goal of going to Med School and I thought that the science

here were decent. I felt that MU had the best of both worlds in terms of their athletics and academics.”

Edwards was born in Toronto, Ontario. Her hometown is Bloomfield, Connecticut. She was a standout basketball player at her high school, Suffield Academy, and grabbed a lot of attention from college coaches throughout the Northeast. One of them was Michele Baxter, Head Coach of the Monmouth University Women’s Basketball team. “We had received another article about her, and my husband and I, who is my assistant, went up to see one of her games, when she was at Suffield Academy, and she dominated the game.”

“She’s been huge for our team.”

MICHELE BAXTER
Women’s Basketball head coach

As a freshman, Edwards played in all 28 games last season. This year, she has worked her way into the starting five, and her presence has already been felt. At the end of close games, her excellent free-throw shooting ability comes in handy and has sealed many games for the Hawks this season. “She’s been huge for our team,” says

Coach Baxter. “At the end of the game, she’s taking care of the ball.” Baxter estimates that Edwards is shooting an amazing 95 percent from the free throw line in the final minute of a game. “At the end of the game, she does not miss.”

Edwards is the quiet leader of the team; she chooses to lead by example. Whether it’s diving for loose balls, or making the extra pass, it seems as if Brianne can do it all. The Hawks are 10-3 in conference play this year, and are right in the thick of things in the NEC. As the team comes down the stretch of its regular season, Edwards will be a key player as the Hawks move into the NEC tournament.

Name: Brianne Edwards

Hometown: Bloomfield, Conn.

Major: Biology

Favorite Teammate: “It is kind of difficult to pick just one teammate because I love all of them. We’re one great big family. I think they are all special in their own way. All of them seem to know how to bring out the best in me and I thank them for their support and guidance.”

Biggest Rival: Robert Morris. “They are the only team to beat us twice. It is also very likely that we may meet up with them in the NEC tournament of which I know we will prevail.”

Most Memorable Moment at MU: “I would say one of my most memorable moments was when MU played Sacred Heart last year, I was fouled with about 5 seconds left up on the clock. MU was ahead by one point. I hit two important free throws to put us up by three points and to win the game. For a freshman, it is a lot of pressure to hit two big shots at a crucial time in the game.”

Did you know? As a freshman, Brianne was an 82.5% free throw shooter.

Next week: Track and Field thrower Kyle Hirschklau

Women’s Basketball

Hawks clinch fifth straight NEC Tournament Berth

CRAIG D’AMICO
ASSOCIATE SPORTS EDITOR

With three weeks left to go in the Northeast Conference regular season, the Monmouth Hawks have already assured themselves of a spot in the annual postseason tournament. Now the Hawks can work on positioning, as they look to clinch one of the top four seeds and host a first round game for the second consecutive year.

The sprint towards the regular season finish line began with a rematch with the last place Wagner Seahawks last Saturday afternoon at the Spiro Center in Staten Island, NY.

The Hawks had defeated the Seahawks the week before 77-44 at Boylan Gym on Women and Sports Day. In fact entering Saturday’s game, the Hawks had won their last seven in a row against Wagner, by an average of 16.7 points.

It was a big game for both teams, as the Hawks were looking to extend their two game lead over Long Island and Mount St. Mary’s for the fourth seed, and keep pace with Quinnipiac, Sacred Heart, and Robert Morris. Meanwhile Wagner, despite a 1-10 conference record and a nine game losing streak, were only three games out of the number eight seed in the NEC.

Monmouth picked up right where they left off the previous week, scoring the first eight points of the game. Wagner had trouble getting themselves set out of the gate, turning the ball over seven times in their first eight possessions.

The Hawks were able to extend their lead to as many as 13 in the first half, before Wagner mounted a charge. The Seahawks came all the way back, and pulled within one

point with five minutes to go on a Joy Gallagher three.

Wagner then proceeded to take the lead on Ali Ridge free throws, before Monmouth answered back with a small run to take a slim 35-33 halftime lead, which was quite a difference from the 40-16 halftime the Hawks had against the Seahawks the week before. Wagner, who had trouble in finishing their down low opportunities the first time around, shot a blistering 55 percent in the first half.

“They played us zone defense,” said Hawks head coach Michele Baxter, “That and they made their shots this time around. It’s always tough playing a team fighting just to get in the tournament.”

Wagner scored the first basket of the second half, but Monmouth went on a 14-8 run to get some breathing room, and they would not relinquish the lead again. Wagner had their chance late, as down three points with 17 seconds to go, Gallagher had an open look for three from the right side. She missed the shot, and freshman Marissa Jimenez gathered the rebound and made a free throw, to put Monmouth up two possessions, as they held on for a 67-63 win.

The Hawks were led by Veronica Randolph’s career high 17 point performance, her previous career high 16 point game came in last years season finale at the Spiro Center. For the sixth straight game, the Hawks had at least three players in double figures, as Rachel Ferdinand and Nyaimah Ware had 10 a piece.

For the Seahawks, Gallagher, who two years ago was amongst the best in the nation with 99 three points on the year, cashed in more than Hallmark and Russell Stover’s

on Valentine’s Day, with a 19 point performance. It included four threes in the second half, and two huge ones in the final two minutes to get Wagner within three before she missed the potential game tying shot. She had struggled in the first meeting by getting in early foul trouble, which was not a problem on Saturday. Ali Ridge finished a rebound shy of a double-double, with 17 points and nine rebounds.

Up next, the Hawks will host the NEC leading, Quinnipiac Bobcats on Thursday night at 7pm at Boylan Gym. The Bobcats last visit to the Boyler Room was last March when they eliminated the Hawks from the NEC Tournament in the first round. Despite 30 turnovers, the Hawks were able to defeat the Bobcats in Hamden, CT back on January 14th 54-50. They were also able to hold NEC Women’s Player of the Year candidate Monique Lee to only eight points and eight rebounds.

“I think maybe it was just a case of us looking ahead to the Quinnipiac game a little bit,” Baxter said referencing the Saturday game while looking ahead to the Bobcats, “We were able to beat them in their place earlier on and now we are going to go back to work this week and get ready for them to come to us on Thursday.”

Before the Bobcats lost at Robert Morris on Sunday, they had rolled off nine consecutive wins since that loss to the Hawks, and that served as their only conference loss of the season. The Hawks are game and a half back of first place in the NEC.

Following Quinnipiac the Hawks travel to Emmitsburg, MD to take on Mount St. Mary’s, which will tip-off at 3 p.m. Saturday, and will air 1 p.m. Sunday on CN8.

Men’s Indoor Track repeats as NEC Champions

Dennis leads Hawks to second consecutive title

PRESS RELEASE

The Monmouth University men’s indoor track and field won their second consecutive Northeast Conference Championship on Sunday in Landover, Md. The women’s squad was just edged out by two points in the team standings by Long Island University, in an effort for its third consecutive championship.

The men’s squad totaled 134 points to best second-place Robert Morris, which totaled 113.5 team points. Long Island finished in third with 106 points, St. Francis (Pa.) garnered 92 points and Mount St. Mary’s gained 76.5 points to round out the top five in the team standings.

Troy Dennis concluded his stellar indoor track and field career with a tremendous overall performance. After winning the long jump on day one with a leap of 23’ 5 ¼”, the senior placed in four events on Sunday. Dennis finished fourth in the 60-meter dash with a time of 6.93, posted a fifth place finish in the 200 meter clocking in at 22.40, placed fifth in the triple jump with a leap of 44’ 8 ¼” and was a member of the 4x400 relay team that finished second clocking in at 3:20.48. Dennis was joined by fellow seniors Jeff Elisca and David Wiley, as while as sophomore Chris Vuono.

The Hawks garnered three individual champions led by Fabrice St. Elme as he continued to dominate the 60-meter dash tying a school record time of 6.83 in his title effort. Senior Nick Gilanelli defended his pole vault championship besting Mount St. Mary’s sophomore Josh Dyzak in a jumpoff to win his second consecutive title. Sophomore

Chris Keller rounded out the Blue and White champions as he bested his teammate sophomore Ed Skowronski in the weight throw as the tandem finished 1-2 in the event. Keller’s throw of 59’ 6 ¾” was almost three feet farther than Skowronski’s toss of 56’ 9 ¼”.

The Blue and White placed three in the 800 meter led by Dave Gaines who finished third with a time of 1:57.04. Freshman Ryan Madrid finished seventh, with a time of 1:59.17, just ahead of sophomore Bill Doherty who finished eighth with a time of 2:05.23. Madrid had a strong showing at his first NEC Championships as he also placed in the mile run, finishing in sixth place with a time of 4:25.03.

Seniors Matt Dahms and Andrew Allen finished 4-5 in the 60m hurdles with Dahms finishing in fourth with a time of 8.35, only .03 seconds ahead of Allen’s fifth place finish in 8.38.

The Hawks return the track this Saturday, February 18 at the Princeton Invitational. The meet is set to start at 11:00 a.m.



PHOTO COURTESY OF MU Track and Field

The 2006 NEC Indoor Champions after winning their second straight title in Landover, Maryland.

Men’s hoops hold strong in 2nd spot in NEC after win over Wagner

Hawks sit 2 games behind FDU at 10-4 in league play

EDDY OCCHIPINTI
SPORTS EDITOR

With four games left in the 2005-2006 regular season, the Monmouth University men’s basketball team is all alone in second place in the Northeast Conference, the same position they were in a season ago.

Last year, the Hawks went onto win their second straight NEC regular-season championship, and the first outright title in school history. This year, in their final four games, they play Fairleigh Dickinson, the NEC leader, twice, as well as Mount St. Mary’s and St. Francis (NY) once apiece. If Monmouth runs the table the rest of the way, they will clinch the number one seed.

They have the possibility finishing anywhere from first through eighth, even though somewhere between those, closer to first, seems the most likely scenario.

In their latest action, Monmouth defeated a never-say-die Wagner Seahawk ballclub 61-55 this past Monday at Boylan Gym. Monmouth held a 23-point lead early in the second half, and hung on to hold off a strong second half effort from the Seahawks for the six point victory.

“It wasn’t pretty, but we got the win,” said Monmouth head coach Dave Calloway. “They’re a tough team and they fought hard to come back. Our seniors came up big tonight.”

The Hawks held a 33-17 advantage at halftime, as the

Monmouth trademark 1-2-2 match-up zone defense held Wagner to 26 % (8-of-30) shooting from the floor in the first half. Monmouth raced out to an 8-2 lead early behind back-to-back three-pointers from Marques Alston and Chris Kenny.

The Hawks pushed the advantage to double-figures, 21-10 when Dejan Delic converted on consecutive drives to the basket. Tyler Azzarelli assisted on Monmouth’s firstthree m a d e f i e l d goals of the game. Reigning NEC Rookie of the Year Mark Porter brought Wagner to within 28-17 with just under a minute remaining in the half before Azzarelli dropped in five consecutive points in the final 40 seconds, connecting on a reverse lay-up and three-pointer, to give Monmouth the 16-point cushion at the half.

Monmouth pushed the lead to its biggest, 23 points at 42-19, early in the second half when Azzarelli connected on his second three-pointer of the game. They held a 44-21 advantage shortly after Brent Wilson connected on a baseline jumper. Wagner cut the lead to 46-28 when Jamal Smith hurried downcourt and converted, but the Hawks responded with a Mike Shipman lay-up off the baseline, as the freshman was all alone down low after a nice pass from John Bunch out of a double-team.

The Seahawks stormed back, as Wagner rattled off an 11-point run, while holding the Hawks scoreless for three minutes, to cut the lead to single digits, 50-41, and trailed 54-49 when Durell Vinson connected on a lay-up. Wagner, which forced seven Monmouth turnovers in the spurt, capped a 30-12 run with the Vinson basket. Monmouth got the answer they needed to push the lead back to 57-49 with three minutes left as Kenny connected on a three-pointer from the top of the key.

Wagner trimmed the lead to 59-55 when James Ulrich made two free throws with 19 second left, but Whitney Coleman’s two foul shots with 14 seconds left sealed the deal for the Hawks. Kenny led the way for the Hawks as the senior chipped in 14 points. It marked the second straight game Kenny has been the leading scorer. Alston had 12 points, while Azzarelli contributed 10 points. Shipman came off the bench and had a strong showing as the freshman tallied six points and six rebounds.

“My shot has been feeling better,” said Kenny. “The basketball is coming off my hands cleaner and I’m getting solid looks at the basket.”

Kenny’s improved marksmanship has been a key for the Hawks in the latter stages of the season. Over his last eight games, Kenny has shot 38 % from three-point range, and 46 % from the floor, while going 15-16 from the free-throw line.

Conversely, the Hawks were buried by hot-shooting from Long Island in their previous game as poor perimeter defense and less than average foul shooting by MU led to a 78-72 loss at the hands of the Blackbirds.

LIU made 16 three-point field goals in the game, their most made 3-point field goals since the run-and-gun Charles Jones led team of 1998. Monmouth had chances to come back into the game, but shot under 68 %, 19-of-28, from the charity stripe in the second half and 22-of-33 for the game. Kenny was the lone bright offensive star for the Hawks for most of the game with 20 points, seven rebounds, six assists and three steals. He had 14 points in the first half. Alston added 14 points and five rebounds and Delic added 11 points, six rebounds and three assists.

The Hawks return to action this Saturday as they travel to Emmitsburg, Maryland for a showdown with Mount St. Mary’s. The Mount defeated Monmouth earlier this season 64-54 at Boylan Gym.

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Tyler Azzarelli & Niamh Dwyer Earn Academic All-District First Team Honors



PHOTOS COURTESY of MU Athletics

Tyler Azzarelli and Niamh Dwyer have both enjoyed great seasons on the court and in the classroom.

PRESS RELEASE

Monmouth University basketball standouts Tyler Azzarelli and Niamh Dwyer both earned spots on ESPN the Magazine Academic All-District II University Division men’s and women’s teams, respectively, as voted on by members of the College Sports Information Directors of America (CoSIDA)

Azzarelli, who in Monmouth’s 74-58 win over Wagner last Monday became just the sixth Monmouth player to start 100 games since the program moved to Division I, is averaging 10.1 points and 3.9 rebounds per game. The senior co-captain also has 36 assists and 23 steals on the season. Azzarelli missed 10 games due to a foot injury, but on the season has played in 13 games with 12 starts. He currently ranks fourth on MU’s career steals list with 161 and seventh on the assists chart with 278. He was tabbed the Carrs/Safeway Player of the Game in Monmouth’s 80-68 win over Southern Illinois in the opening round of the Great Alaska Shootout, hitting 6-of-9 from the field, including 3-of-4 from 3-point range for a game-high 22 points.

Azzarelli, who owns a 3.91 cumulative grade-point average in business marketing, was also a member of the 2005 Academic All-District team last season. Other members of this year’s Academic All-District II team included Johannes Herber of the University of West Virginia, Steve Danley of the University of Pennsylvania, Chet Stachitas of Saint Joseph’s University and Chris McNaughton of Bucknell University.

Dwyer, a senior co-captain, is a two-time All-Northeast Conference performer earning second-team honors and 2004 and first-team honors in 2005. This season, she leads the Hawks with 14.0 points and 3.38 assists per game and ranks second in rebounding, averaging 4.8. Her averages for scoring and assists rank sixth and eighth, respectively in the Northeast Conference. She also ranks third in the league in assist-to-turnover ratio (1.34) and eighth in free throw percentage (.733). This season, she has played in all 21 games, including 18 starts

For her career, Dwyer ranks seventh on Monmouth’s all-time scoring list with 1,162. She also ranks third in 3-point field goals made with 147 and 12th on the steals chart with 159 in just three seasons played.

The native of Ireland has earned Choice Hotels NEC Player of the Week honors on one occasion this season. She garnered the spotlight after her performance at the Florida Atlantic University Tip-off Classic. She logged Monmouth’s second-ever triple double with 23 points, 14 rebounds and 10 assists in a win over Navy and added six points, seven rebounds and five assists to be named to the all-tournament team and garner her third career league player of the week laurel.

Dwyer, who owns a 3.5 cumulative grade-point average in business management, was also a member of the 2005 Academic All-District team. Other members of this year’s Academic All-District II team included Shay Doron of the University of Maryland, Amber Hein of Saint Francis (Pa.) University, Faith Schutte of Saint Joseph’s University and Nicole Sinclair of Duquesne University.

Azzarelli and Dwyer will both move on to balloting for ESPN the Magazine Academic All-America honors. CoSIDA selects Academic All-America teams in 12 programs: football, women’s volleyball, men’s soccer, women’s soccer, men’s basketball, women’s basketball, baseball, softball, men’s track & field/cross country, women’s track & field/cross country, men’s at-large and women’s at-large. The University Division consists of Division I and I-AA schools. District II is comprised of Delaware, District of Columbia, Maryland, New Jersey, Pennsylvania and West Virginia.

Information from this atricle was received from the Northeast Conference website. www.northeastconference.org



PHOTO BY Outlook Staff

Whitney Coleman skies high for a dunk before getting fouled in recent home action. Coleman is averaging 7.9 points per game and is tied for second on the team with 28 steals. He has won the NEC Rookie of the Week award twice this season.

MONMOUTH HAWKS ATHLETICS

EE SPORTS

BACK 2 BACK



The Men's track team ran away from the competition this past weekend and captured their second straight NEC Indoor Championship. *Full story on page 26*

Complete men's and women's basketball coverage and an all-new Hawk File inside