

# Conference Held for the Future of New Jersey's Ocean Economy

## MARISSA WEBER ENVIRONMENTAL REPORTER

"We can no longer build a is located. sustainable future with the environment in one corner, and business in another," said Chris Daggett, President of The Dodge Foundation and keynote speaker at the conference: "Building a Sustainable Future for New Jersey's Coastal and Ocean Economy" on Friday, February 11 in the Wilson Hall Auditorium.

The conference featured representatives from state and local governments, non-profit organizations, and shore-related industries including fishing, boating, and tourism. The goal of the conference was to create ronment, equity, and education. an agenda for a sustainable future for the shore and businesses that rely on a healthy ecosystem to prosper.

legacy of New Jersey's indus-trialized past," Daggett said, adding that the state has more superfund sites than any other

state in the nation. Superfund sites are uncontrolled or abandoned areas where toxic waste

The Jersey coastline is vital to the state's economy, directly generating \$4.7 billion in 2004 and providing almost 90,000 jobs. The coastal ecosystem also offers billions of dollars in Natural Capital (the value of goods and services provided by the natural environment) such as flood control, water filtration, and long-term storage of greenhouse gases.

"We need to address new and existing demands with coastal zone management strategies,' Daggett continued, stressing the four E's: Economy, envi-He mentioned that this "pow-erful platform for change" has diverse supporters, including restaurant owners and surfers. I know all too well the toxic An essential part of the platform is to create "local green

Ocean continued on pg. 4

# "Break the Cycle, Be the Change" Annual Diversity Day Held on Campus



PHOTO COURTESY of Blaze Nowara

Diversity training took place in on campus through small groups and workshops last Thursday and Friday for Annual Diversity Day

### **ANTHONY MAURO** STAFF WRITER

### **GENA BROADUS** CONTRIBUTING WRITER

The American Conference on Diversity presented "Break the Cycle, Be the Change" as part of the Alliance for a Diverse Campus' Annual Diversity Training on Friday, February 11.

The sixth annual program was coordinated by the Office of Counseling and Psychological Services alongside the Office of Affirmative Action, Human Re-

lations, and Compliance, with support from the Human Relations Advisory Council. It was an interactive program open to all members of the campus community on a first come, first served basis. It examined various forms of prejudice, social conditioning, and the connections that exist between personal and global behaviors and actions.

was split into two parts. The first part, "Break the Cycle, Be the Change," was an educational presentation held from 9:00 am to 10:30 am. Through skits, roleplays, and facilitated dialogue, the audience members were able to consider connections between different forms of prejudice. Participants gained awareness on how to become proactive at their schools, homes, workplaces, and in their communities with the goal of promoting equality and inclusion.

The second part, "Journey into The diversity training program Diversity," was held from 10:45 am to 4:00 pm. The five-hour educational experience in diversity

Diversity continued on pg. 2

# **PR Class Campaigning** for Local Non-Profit Organization

### **GINA COLUMBUS** DITOR-IN-CHIEF

Assistant Professor of Public Relations/Journalism Dr. McAllister-Spooner, Sheila along with the students in her Advanced Public Relations class, are creating and implementing a campaign for local in Corporate and Public Comorganization Hispanic Af- munication, will be sponsor-fairs and Resource Center of ing HARC with their strategic Monmouth County (HARC) planning elements during the this semester.

career assessment, computer classes, employment placement, tenant and landlord information, economic and finance services, and more.

The students in Advanced Public Relations, a three cred-it graduate-level course offered in the Master's Program next few months.

The organization "provides "Now, more than ever it is assistance and advocacy for important to provide students hensive public relations campaign. By having the students work with an external social

# University to Host 2011 Distinguished **Business Leaders Award Dinner** Leon Hess Business School Also Receives Premier Chapter for Second Consecutive Year

JOANNA ZIETARA

The University will hold its 27th Annual Distinguished Business Leaders Award Dinner on Thursday, March 10 in Wilson Hall. The event will start at 6:00 pm with a cocktail hour, which will be followed by a welcome speech and a dinner. According to the University's website, the award was established in 1983, as part of the University's 50th anniversary celebration to pay tribute to the

important contributions of the en to Gary T. Puma, the president dividuals and groups that have made important contributions to the tri-state business community through exceptional leadership. The recipient is picked by a recommendation process that includes the Dean of the Leon Hess Business School and the Business Council members, which is then forwarded to President Paul G. Gaffney II for final approval. This year, the award will be giv-

business community in the de- and chief executive officer of velopment of the University dur- Springpoint Senior Living. This ing its first 50 years. Since then, non-profit organization provides the award has been honoring inservices and serves over 5,000 residents in 26 communities. Puma joined the organization in 1978 and was appointed the CEO in October 1997. According to the University's website. he "initiated a strategic development that led to dynamic growth in continuing care, assisted liv-

the Hispanic community," as with opportunities to develstated on their website. They op and hone their skills. The also offer a wide variety of class requires that the students services, including: income create and execute a compretax preparations, birth certificate assistance, literacy classes in Spanish, Spanish classes to English speaking, bilingual support groups, parenting classes, passport applications,

Campaign continued on pg. 3

## Business continued on pg. 3

## Index

News	
Op/Ed	
Politics	
Lifestyles	
Entertainment	
Features	
Club and Greek	
Comics	
Sports	
1	

12 14

17 21

22

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News

HERO Campaign Night took place last week in the MAC during the men's basketball game.

page 2



Opinion

There is humor in the little things in life, according to one student.



## Entertainment

"Just Go with It," starring Adam Sandler and Jennifer Aniston was the newest release this week.





## Club & Greek

Students were given tips on relieving stress this semester in Mullaney Hall.



# Hero Campaign Raises Awareness at Basketball Game

## BRITTANY HERRMANN CONTRIBUTING WRITER

The HERO Campaign hosted the University men's basketball game against Fairleigh Dickinson University on February 9 to promote the use and importance of designated drivers.

on the campaign, bumper stickers, and "Be a HERO" bracelets that we're handing out to students in bags," said Suanne Schaad, the University's HERO Campaign advisor. Along with the bags handed out at the table, they encouraged students to each fill out a raffle ticket for a chance to win a \$25 cab voucher, redeemable at Shore Cab. "We have HERO t-shirts that will be thrown out at half-time as well." Schaad said.

HERO campaign members have noticed during their time with the group that their message seems to get misunderstood amongst the student body.

and drive' as well as 'be responsible, have a designated driver planned'," explained Breanna Johnson, a junior at the University. "The message isn't telling in their events. "It's always a anyone 'Don't drink at all,' that's a big misconception about our more motivated to come. campaign that we try to get everyone to understand."

"We just want people to be re- campaign by accompanying the sponsible that decide to drink by enforcing to always have a designated driver planned." Both Abate and Johnson have been with the HERO campaign group since their freshman year. They both support the message and encourage their peers to be smart "We have information packets about the choices they make in the presence of alcohol.

> Ashley Cuvilly and Christopher Rau are also members of the HERO campaign group who attended the event. Cuvilly is a senior who joined the group for her senior seminar class. Though a class requirement, she says she is happy with her decision to have chosen a club that is designed to raise awareness amongst students who are often surrounded by alcohol.

Rau, also a senior, has been with the group since the spring semester of his sophomore year. "We do a lot around campus to get our message out as often as possible," Rau said. "Promo-"The message is 'don't drink tions include designated driver awards, raffles, and contests." Rau also mentioned the group often gives out cab vouchers to those who attend and participate good tactic for getting students

Mike Caravella. Matt Leonardis, and Victor Nazario, all Jackie Abate, also a junior and members of Theta Xi fraternity, will be hosting a bake sale on member of the campaign, added, also showed their support for the March 23, located at the Student

HERO group members at the table. The fraternity brothers took it upon themselves to accompany Schaad, who is also Theta Xi's advisor.

"Suanne is a great role model for us," said Caravella. "When Theta hosts parties, we always have brothers standing by the door making sure there are responsible, sober designated drivers leaving."

Theta Xi takes pride in their support behind the HERO campaign. They plan to continue taking the issue of getting students under the influence off of the road one step at a time. "If we ever see anyone with keys that looks like they have had a drink, one of our brothers are ordered to take the keys away," said Leonardis.

Senior Gary Orlando recalls seeing the HERO campaign numerous times around campus through all four of his years here. "It's great that a club on campus dedicates their time and effort for such a good cause." Orlando said. "I have always voiced my opinion to my peers about my strong opposition when it comes to drinking and driving," he continued, "as long as friends take turns being the designated driver, there will never be a problem."

Monmouth's HERO campaign



The Hero Campaign educated Hawks at a basketball game about the organization and the importance of designated drivers.

www.herocampaign.org, or get mouth.edu.

Center from 12:00 pm to 3:00 involved with the group on campm. For more information on pus. Contact Suanne Schaad for the national campaign, log onto further details at sschaad@mon-

## The Catholic Center Sunday Mass ~ 7 PM

Eucharistic Adoration ~ Mondays at 7 PM followed by **Rosary at 8 PM** 

Daily Mass ~ Mondays through Thursdays ~ 12 PM in Wilson Hall Chapel

Bible Study ~ Wednesdays at 7:30 PM

Social Nights ~ Thursdays at 7 PM

4 PM Service at the Catholic Ctr. 7 PM Mass & Ashes at the Catholic Ctr.

Soup Kitchen Volunteering ~ the 3rd Saturday of every month ~ Meet at the Catholic Ctr. at 10:30 AM

## Catholic Centre at M.U.

16 Beechwood Avenue ~ 732-229-9300 Gate to our house is located in the rear of Lot 4, next to the Health Ctr.

Check us out on the web: www.mucatholic.org & on Facebook: Monmouth University Catholic Centre

## Diversity continued from pg. 1

reduction, and human relations skills built upon the information presented in "Break the Cycle, Be the Change." Through experiential activities, simulation exercises, case studies, and small group discussions, participants were given the cio-economic status. opportunity to take a look at the

complexities of discrimination and bias that have potential to divide classrooms, individual peer groups, and the overall University community.

Participants acquired valuable

problem-solving skills, as well as to increase their awareness of how experience in group dynamics and conflict management, intergroup and intragroup relations, and communications and advocacy.

Junior Jacklyn Sweet attended the event and said, "The American

the importance of a collective community."

Diversity Awareness Day

Participants gained the knowledge and skills necessary to create a more inclusive University community in areas including ability status, ethnicity, gender, race, body image, religion, sexual orientation, and so-

of the community to be involved.

The Alliance for a Diverse Campus is made up of students, faculty, administrators, and staff. It is the only organization at any college in New Jersey whose participants continue their affiliation with the American Conference on Diversity. The group developed as a result of The program allowed participants the first diversity training conducted

by the American Conference on Diversity in February, 2006.

The goal of the Alliance for a Diverse Campus is to promote inclusiveness and

develop awareness of differences within the campus community. Those trained have the opportunity to serve as co-facilitators in future trainings.

There is an ongoing commitment of members within the campus community to join in creating a safe campus for all through potential

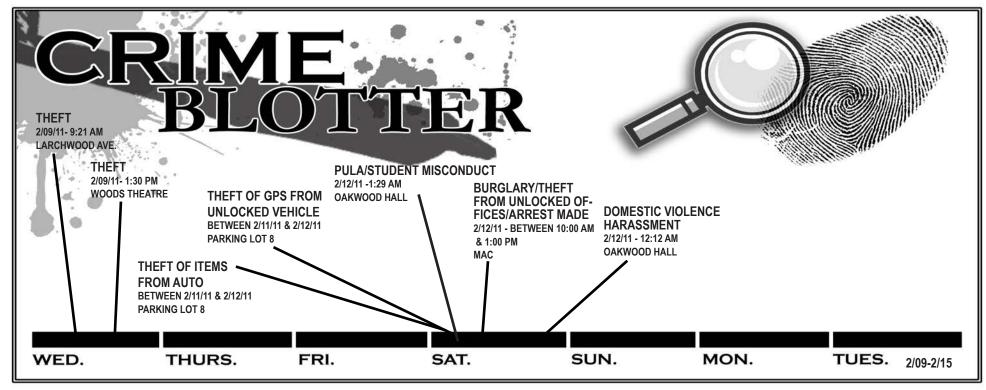
"Everyone needs this experience to fully understand the importance of a collective community."

> JACKLYN SWEET Junior

attitudes, beliefs, behaviors, and language can affect the relationships between students, staff, faculty, and administrators in our community.

They were encouraged to develop strategies to involve others, increase Conference on Diversity should be community cohesiveness on campus mandatory because everyone needs throughout the academic year, and

this experience to fully understand empower and motivate all members projects and programs



# Distinguished Business Leaders Dinner

### Business continued from pg. 1

-ing, and affordable housing opportunities." He has also been active in senior housing issues, testifying before the United States Congress and the New Jersey Legislature about affordable housing financing.

of Leon Hess Business School sity's website, "This significant versity chapter is recognized as a

and Director of the Real Estate Institute, nominated Puma. who received his MBA from the University.

"He [Puma] is the head of organizaan

tion that provides more senior achievement indicates the high of such an outstanding group of housing than any other entity in value placed on scholarship at New Jersey," Moliver said.

Moliver's office assists in finding and cultivating donors named a premier chapter beprogram, and help sell tickets to the event.

"The event shows that we have a partnership between the school honors society. and the business community. Many of our students will ulti- Gamma Sigma at the University part of it will help jumpstart my mately find employment in the qualifies for Beta Gamma Sigma career," Room said.

tion between the two entities is University will also be invited to

been recognized by the international honor society Beta Gam- Chapter award. ma Sigma as a premier chapter for the fourth consecutive Gamma Sigma is an honor and Don Moliver, the Interim Dean year. According to the Univer- to think that the Monmouth Uni-

The event shows that we have a

the business community."

DON MOLIVER

Interim Dean of Leon Hess Business School

Monmouth University.'

world of business so the connec- scholarships for next year. The very important," Moliver said. nominate the chapter advisor for The Leon Hess Business the 2011 Outstanding Chapter nominate the chapter advisor for School's honor society has also Advisor award and will be considered for the 2011 Outstanding

"Just to be associated with Beta

premier chapter is nothing short of sensational. partnership between the school and It's a feather in the cap of our professors and of course our students. I am very proud to say I'm a part

young men and women," said John Buzza, a professor in the

Business Department. Daniel Room, a member of that being a part of the society will help him meet potential employers.

"I'm honored to be in a pre-As a premier chapter, Beta mier honor society and being a

# Problem Drinking in Teen Years is a Bad **Omen for Future**

## SHARI ROAN MCT CAMPUS

Drinking problems in adolescence may be passed off as "just a phase" that a person may outgrow. But a study suggests instead that problem drinking in someone at age 18 helps predict alcoholism at age 25.

A questionnaire called the Rutgers Alcohol Problem Index is used ing and socioeconomic factors. to assess drinking-related problems among teenagers. In the new study, researchers looked at whether those scores predicted anything about the future drinking behavior of a person. They assessed 597 Finnish twins at age 18 using the questionnaire. They then interviewed the same people at age 25 with a differand dependence.

The people who were experiencing drinking-related problems at 18, which included things like getting into a fight or having school problems due to alcohol use, were search.

more likely to be diagnosed with alcoholism at age 25. The link was stronger in females than males. Overall, the study found there was a 74 percent chance that adolescent scores were higher among people diagnosed with alcoholism at age 25 than for those who were not. Because the study involved twins, the researchers were able to rule out factors such as the parents' drink-

The researchers said they could not explain why some people who scored high for drinking-related problems on the questionnaire at 18 did not become alcohol dependent and others did. But that does not undermine the value of the measurement tool, they said.

'Identifying adolescents at high ent measure to assess alcohol abuse risk for alcohol dependency is an obvious, important priority," the authors wrote.

The study was published Tuesday in the journal Alcoholism: Clinical and Experimental Re-

# Monmouth County Non-Profit Organization Sponsored by PR Class

Campaign continued from pg. 1

service agency, the students are giving back to Monmouth's extended community, gaining practical experience, and showcasing their talents," McAllister-Spooner said. In the past, the professor said the students were of seeking inrequired to create either real or formation and strategic public relations campaigns.

According to McAllister- their lives that Spooner, the students are are otherwise "thrilled" about working on this campaign.

"Their energy and commitment is contagious. The class to learn how the is conducting original research to assess public perceptions, attitudes, and knowledge about the organizations. Based on the data that we collect, the class is developing an image campaign which will provide the client tremendous resource for my with a new log, and templates mother, who was struggling to similar to getting an internship. that can be used for collateral communication materials. The self. The organization offers group is also helping to plan and assistance with notary, employpublicize a fundraising event, ment, and technical services. Learning and Community Pro- ries and concepts to the practice ing, but exciting!"

of the organization," McAllister-Spooner said.

nication Graduate Assistant, and student in the course Alexis Nulle, said the organization is an excel-

getting help for certain things in out of their control. She said she was excited class was going to help create a new image for HARC.

"On a personal level, this organization would have been a raise three young girls by her-

which will feature the renaming The HARC also offers services grams. Ward visited with the of public relations. for youth support, drug and alcohol prevention, women's re-Corporate and Public Commu- sources, and abuse prevention," Nulle explained.

Graduate student Matthew Miller is also excited "to have lent resource for those in need hands on experience with an we discussed was effective com-

> "By the end of the semester, the students will possess practical experience on how to plan, execute, and evaluate a strategic public relations campaign."

> > DR. SHEILA MCALLISTER-SPOONER Assistant Professor of Public Relations/Journalism

> > > actual client, rather than simply learning from a textbook." He also referred the campaign as

McAllister-Spooner was referred to the agency by Marilyn lister-Spooner said the students Ward, Coordinator of Service will learn how to apply the theo-

Executive Director of HARC Beatriz Oesterheld to discuss the agency's needs and how HARC and the University may work

collaboratively. Ward said, "One of the areas

munication, McAllisterfor recommendations, Hispanic Affairs immediately came to mind. Hispanic Affairs provides ESL and other important services to lo-

cal residents so this partnership benefits the community and provides hands-on learning for students.'

From this experience, McAl-

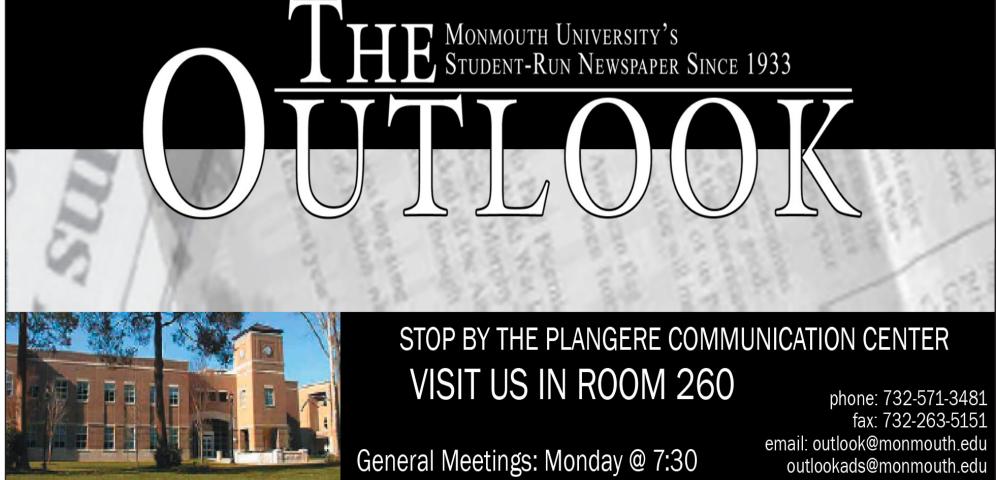
<sup>6</sup>By the end of the semester, the students will possess practical experience on how to plan, execute, and evaluate a strategic public relations campaign," the professor said.

Additionally, Nulle said "Each PR campaign you work so when Dr. on brings a new experience and outlook to both the organization Spooner asked and the practice. A PR campaign entails in depth research on the organization, planning, and strategic development. Everyone in our class is working hard on this campaign, so HARC can continue and better serve the community.

HARC has three locations in the Monmouth County area: Red Bank, Asbury Park, and Freehold. For more information on the organization, visit www. harcnj.org or call 732-774-3282.

Overall, McAllister-Spooner said everything is going very well with the project.

"It is very exciting. Exhaust-



Beta Gamma Sigma has been to underwrite the dinner and cause at least 85 percent of all Beta Gamma Sigma, believes those students who qualify for membership have agreed to become lifetime members of the

# University Awarded for **Committment to Green Environment**

### **MIKE MARTIN** STAFF WRITER

The University was recently awarded with a certificate of environmental stewardship, acknowledging a commitment to lower the impact of our campus on the environment. The stewardship was awarded by the of New Jersey Department of Environmental Protection (NJDEP).

Since 2008, NJDEP has been evaluating organizations that ex- the certificate ceed regulatory requirements dur- in the mail. ing their routine inspections, as part of what they call The Environmen- something we tal Stewardship Initiative. Accord- were doing for ing to their website, the intent of the an award," he initiative is to "encourage the regulated community to evaluate their current operations and consider incorporating stewardship initiatives wherever possible." They hope that by showcasing the achievements of members, it will encourage others bare minimum of their environmen-

tal performance

In knowing this, schools and businesses have been upping their stake in order to do more than just pass inspections. But Jim Ferris, the Director of Facilities Management for making towards improving the en- Energy Use Reduction, Renewable

the school, was not even aware NJDEP's stewardship initiative until he received "This is not said, adding, "It is the right thing to do."

stalled a major solar-powered system on campus that helps the community by lightening the load on the

In 2009, MU entered into a Memo- tion Award. randum of Understanding with the United States Environmental Pro- for six of their stewardship categotection Agency (EPA), which docu-ries: Green Building Implementation, ments the efforts the University is Water Use Reduction, Transportation

"We help the whole region environmentally but when a University takes a responsible environmental position, it is noticed by the future leaders of our society."

> PAUL G. GAFFNEY II President

Back in 2006, the University in- vironment. NJDEP got their information from some of these reports (which are available to the public on power outages at peak moments. year for an Environmental Protec- been saved by investing in green even more important.

Energy Use. Enhancement Projects, and Volun-EPA tary Programs. Projects that Ferris and his Facilities Management have been working on for the past few years have contributed to each of these

categories. The newly implemented Zipcar service, which allows students to rent out vehicles, helps by reduc-

and renewable energy. There is a NJDEP deduced that we qualify new drought-resistant water system that only waters when it needs to, and doesn't require as much irrigation. And, of course, the solar-powered energy system and new solar lighting do their part in reducing the school's carbon footprint.

While being adamant that none of this was done to receive any recognition, Ferris admits that it was nice to be acknowledged, and said, "It shows our students and employees that we are trying to do the right thing, and are successful." President Gaffney agrees with this statement. When asked about the certificate, the President said, "I think NJDEP's recognition of our good environmental stewardship is terrific for the University. We help the whole region environmentally but when a University takes a responsible environmental position(s) it is the University website), as well as ing the number of cars on campus. noticed by the future leaders of our to follow suit in doing more than the power grid, which results in fewer from an application submitted last Green house gas emissions have society [our students]; that may be

# Professor Speaks of Playwright's Life and Legacy

### LAUREN GARCIA ASSISTANT NEWS EDITOR

Professor Darrell Lawrence Willis, a devoted fan of the work of August Wilson, gave his audience a detailed description of legacy during a lecture that took son that had a place at 1:00 pm in the Samuel degree Hays Magill Common Club the Pittsburgh Room, as was arranged in honor Public Library. of Black History Month.

"August Wilson came along that was true at a time that was very near and dear to me," Willis said. "One thing that stands out about Au- yes.' I tried to gust Wilson is that there had to sit there and I have been at least 150 other peo- tried to stump ple in the room with me, but he him on every had the ability to make it seem kind of poslike he was talking to me. He was sible question talking to me and nobody else. that I could We were the only two people in moment, it was a beautiful moment.'

erick August Kittel, Jr. in Pitts- reason he was kicked out of to a German baker and African busted for plagiarism. He wrote American cleaning woman. He a ten page paper on Napoleon for

mother's, Daisy Wilson's, maidplays, two of which were Pulitzer and "The Piano Lesson" (1990).

from I asked him if and he said 'absolutely possibly think

said.

"He got kicked out of school lis continued. August Wilson was born Fred- when he was a sophomore. The

his name and chose to use his and said that it couldn't possibly Cycle" as nine of the plays took be his work. And that's when place in Pittsburgh with one in en name. He wrote 10 Broadway he got kicked out of school. So, what he did was he got up every Prize winners: "Fences" (1985) morning and went to the public library to make his mother think

the famous playwright's life and fact that he was the only per- said what he basically did was he you read his plays, they read like "One thing that stands out about August Wilson is that there had to have been at least 150 other people in the room with me, but he had the ability to make it seem like he was talking to me."

> DARRELL LAWRENCE WILLIS Founder of the Dunbar Theatre Company

the room. I'll never forget that of - he knew everything," Willis read every book that was in the good when you read it, it's al-Pittsburgh Public Library," Wil-

Wilson declared early in his career that he would write a cyburgh, Pennsylvania in 1945 high school was because he got cle of 10 plays, the first of which would take place in 1904. The plays are known as "The Pittslater dropped the Fredrick in his sister and the English read it burgh Cycle," or the "Century right away," said Willis.

Chicago, and each play took place in a decade later than the previous.

But novels. ready by an acting stand point, because when in an August Wilson play, they're wonderful, wonderful parts, and you're so happy you got the part, you're almost numb. The part's so

most like being in love... then you wake up and realize you have to

Claude Taylor, a lecturer on Applied Communications, said after the presentation, "I thought it was mind expanding for those of us who know of August Wil-'One reason why actors love son and have experience with "I had to ask him about the he was going to school. And he August Wilson is because when his plays, to hear it from the perspective of someone else and what they took from it - what you have to be certain plays stand for and represent. It was interesting to expand our horizons and our perspective of what a form of art you get the part means by hearing someone else talk about it. I don't know if a lot of students know or have heard about him, but there are things that they probably know about August Wilson that they didn't realize were a part of his work."

Darrell Lawrence Willis graduated from Long Branch High School in 1970. He received his B.A. in Theater Arts from Susquehanna University in Selinsgrove, Pennsylvania, and his masters in Theater Studies from Montclair State University. He is tory Theater Company and has past 40 years as an actor, director, and producer.

# **Conference Held on Sustaining** Environment Through Economy

do your homework. That's what happens in August Wilson plays. a founder of the Dunbar Reper-Whenever I direct one, I tell actors that as soon as you get the been a theater veteran for the play, start memorizing your lines

**Ocean** continued from pg. 1

jobs and the supporting policies to anchor these positions in the state."

Curtis Bashaw, principal of Cape Advisors, Inc., a hospitality frantourism industry, the health of the environment, and what his business is doing to help the cause.

"Beach closings are front page news,' he said, adding that tourists want coastal resources to be active

to 1816, making it one of the nation's oldest. Bashaw, who owns one of these historical resorts, noted that in order for the industry to thrive. economic and environmental sectors need to be united. To this end, Cape Advisors, Inc. has purchased local farmland to grow food for its restaurants.

Another business that relies on a life.

sustainable coast is the local maritime fishing industry. Daniel Cohen, President of Fishermen's En- er be part of the solution, than the ergy, is concerned about energy use problem. and already thinking ahead.

Fishermen's Energy is a group of trying new measures before other chise in Cape May, described the representatives from various East states," said Michael Catania of

## "New Jersey has been known for trying new measures before other states."

### MICHAEL CATANIA Member of Conservation Resources, Inc.

and "hands on." Cape May's tourism industry dates back Coast fishing companies that is developing an off-shore wind turbine off the coast of Atlantic City. If finished on schedule, it would be the first of its kind in the United States.

The group, who was initially against wind energy, performs weekly surveys as part of their research on the effect of the proposal on the marine ecosystem and wild-

We don't have any other options," said Cohen, "and we'd rath-

"New Jersey has been known for Conservation Resources Inc., referencing the

statewide bill known as the Fertilizer Bill. The bill, which is the first of its kind in the nation, was signed into law earlier this year and regulates the content and use of fertilizers, which are known to cause pollu-

According to Catania, it's a good thing that New Jersey often takes these first initiatives because with the rising sea levels, we will literally be "treading water" if we stand around debating global warming and other issues.

tion.

"These are lessons we need to learn sooner than later," Catania said.



PHOTO COURTESY of Blaze Nowara

Panelists from the conference answered questions from the audience regarding the state's economy and ecosystem.

# Wall Township-based Northwestern Mutual Office Seeks to Add 14 Financial Representatives in 2011

## PRESS RELEASE

Jersey Shore Financial Group, a Northwestern Mutual office in Wall Twp, NJ, aims to add 14 financial representatives and 10 financial representative interns in 2011. The effort is part of the nationwide effort by Northwestern Mutual to recruit more than 2,000 financial representatives and more than 2,500 financial representative interns in 2011.

More Americans are taking action to address their financial needs today, with nearly 70% claiming that "Getting my financial house in order is a priority for me in 2011," according to a December 2010 Harris Interactive survey commissioned by Northwestern Mutual.

As a result, Northwestern Mutual is taking active steps to grow its field force to keep pace with the growing demand for financial security guidance, products and services. Jersey Shore Financial Group is adding new qualified financial representatives and interns at a fast pace.

"More people in Monmouth County are looking for financial guidance and they're flocking to companies like Northwestern Mutual that have been consistently financially strong," said Richard McGarry, Managing Director of Jersey Shore Financial Group. "We're hoping to add professionals to help keep pace with the strong demand among consumers for financial advice and financial security.'

Northwestern Mutual expects that more than half of new financial representatives will be "career changers," professionals who believe that they have reached the ceiling in their current occupation and are looking for an opportunity to grow.

"Today, pay freezes are more frequent than promotions, and many professionals are looking for new careers with better incentives," said Richard McGarry. "Every day, we see people who want to continue growing their career, but can't in their current role. They're also interested in making an impact on people's lives by helping them achieve their long-term financial goals."

Northwestern Mutual offers one of the best training programs in America, according to Training magazine's 2010 "Training Top 125" list. Its field force is an industry leader in credentials, with more than half of all career financial representatives holding at least one professional designation.

"We offer one of the best training and development programs in New Jersey, and that's appealing to both clients and career candidates," said Richard McGarry, adding that the company's accolades speak for themselves: Northwestern Mutual offers the top career in its industry, according to two surveys published by Glassdoor.com and Selling Power magazine in December 2010.

The company was recognized as one of the "Best Places to Launch a Career" (Sept. 2009) and one of the "Best Place to Start" an internship (Dec. 2009) by Bloomberg BusinessWeek magazine.

For the 14th consecutive year, Northwestern Mutual's financial representative internship program is one of the top 10, according to the 2010 Vault Guide to Internships within the financial services industry.

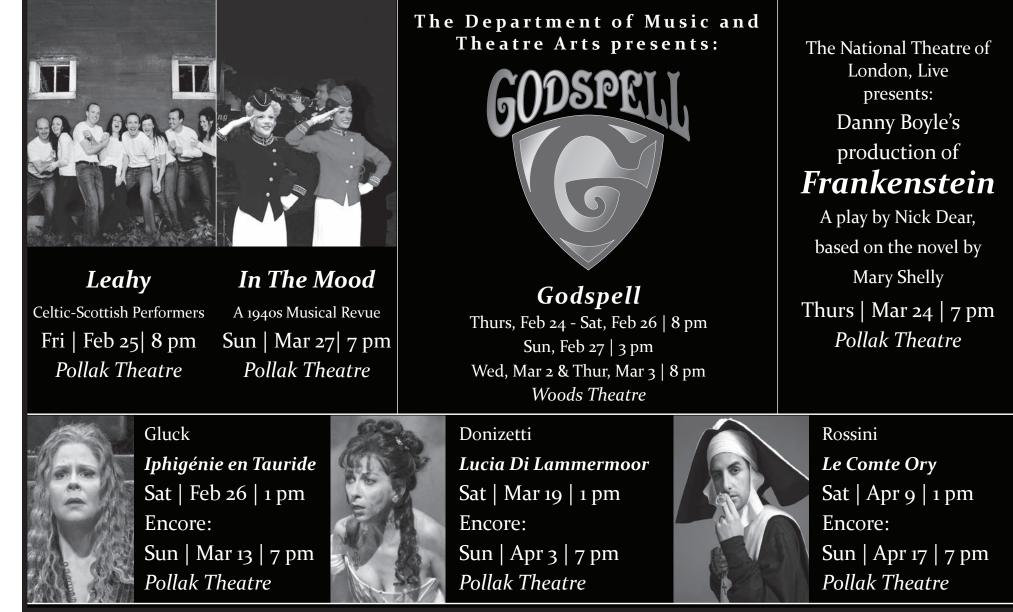
The Northwestern Mutual internship program puts interns in the driver's seat, offering independence, opportunity for growth and virtually unlimited potential for impact and income. One in three graduating interns makes the transition to become a full-time financial representative. Many of the company's most successful financial representatives and nearly half of its senior field management (45 percent) are former interns

The Northwestern Mutual Life Insurance Company – Milwaukee, WI (Northwestern Mutual) has helped clients achieve financial security for more than 150 years. As a mutual company with \$1.2 trillion of life insurance protection in force, Northwestern Mutual shares, where possible, its gains with policy owners and delivers consistent and dependable value to clients over time. Northwestern Mutual and its subsidiaries offer a holistic approach to financial security solutions including: life insurance, long-term care insurance, disability insurance, annuities, investment products, and advisory products and services. Subsidiaries include Northwestern Mutual Investment Services, LLC, broker-dealer, registered investment adviser, member FINRA and SIPC; the Northwestern Mutual Wealth Management Company, limited purpose federal savings bank; and Northwestern Long Term Care Insurance Company; and Russell Investments.

For further information, contact: Bette Lubas at 732-938-7700 or bette.lubas@nmfn.com.



# Center of Distinction for the Arts JAT MONMOUTH UNIVERSITY





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# Students Ponder Effects of Diversity on Campus

## THE OUTLOOK STAFF OPINION

As members of the University community, and society on a much larger scale, The Outlook is proud to celebrate diversity on campus. For instance, just this very month we printed articles regarding Black History Month and the events the University has held to celebrate it, such as keynote speaker Michael Jeffries. Furthermore, we cover the Global Understanding Convention which takes place every spring and places a spotlight on how the University connects to the rest of the world.

However, despite the University's current efforts, many claim that diversity is absent from campus life. They base this observation by looking at the student population which, admittedly, consists of mostly white, middle-to-upper class students. Some even go as far as to say that the only place they see diversity is when watching the University's sports teams, giving them the impression that sports is the only place where diversity matters.

Firstly, this claim is wrong. There is plenty of diversity on this campus and just because many non-white members of this University happen to play sports doesn't mean they should be overlooked. Obviously, the University did something right in recruiting them to come here and they definitely count towards the diversity present here.

It's also important to realize

can be communicated through the various programs the University holds, such as the aforementioned Global Understanding Convention, a week-long program that brings speakers from all different parts of the world to campus to express the viewpoints and beliefs of other societies. Just last vear, Darijo Cerepinko, an independent Public Relations consultant from Croatia, spoke to the University about the foreign perception of U.S. journalism, and whether it is viewed as objective or biased in the eves of the rest of the world. This had nothing to do with the different races represented in the student-body of the University, but still introduced students to a diverse view that they wouldn't normally hear.

It's also fair to say that the University is held to unrealistic expectations based on its size. This isn't Rutgers University, as we only have 5,000-6,000 students enrolled, nowhere near the number of 29,000 that attends Rutgers. Obviously, you aren't going to see the same level of diversity here that you would see at larger colleges.

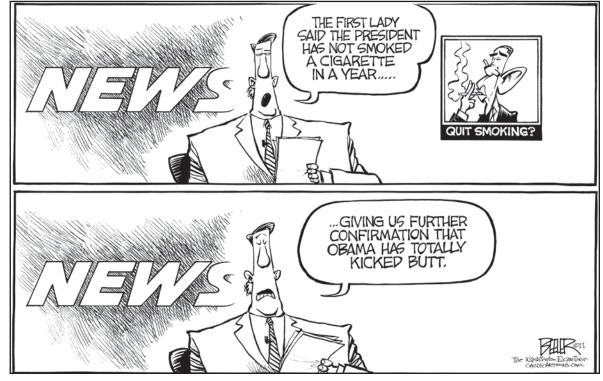
But at what point does striving for diversity become too emphasized? Is diversity really that important to campus life and learning? Would a classroom filled with a representative of every race affect a professor's level of teaching, suddenly that diversity isn't just a theme making his or her class more benefi- of thinking is one of many.

dictated solely by the number of cial? Or would that professor's level races present in a given popula- of teaching be exactly the same as if tion. Diversity is a message that he or she were teaching a classroom full of all white students?

Maybe you believe that diversity doesn't affect the classroom experience in terms of a professor's teaching style, but rather helps expose students to many different views through various races and cultures. This might be true, but it's an assumption largely dependent on how outspoken members of these other races and cultures are during class discussions.

Don't forget however, that we live in the 21st century, a time during which the Internet dominates the computer screen. We have the world at our fingertips and, at anytime, can find out what other races and cultures believe by simply doing a Google search. Moreover, we can diversify our own education by checking out national news websites, which provide us with a direct glimpse into happenings in other parts of the world, such as the revolution in Egypt.

The bottom line is this: diversity is a choice on the individual's part. It is not solely the responsibility of the University to provide us with diversity by recruiting members of different races to come here. It's also up to us as people to learn what our brothers and sisters from halfway across the world believe in and why. We shouldn't need a day called "Annual Diversity Awareness Day" set aside to remind us that our line



## HOW TO SUBMIT ARTICLES OR LETTERS

The Outlook provides the Monmouth University community with information concerning issues in and around the University while serving as a forum for expression of the ideas of its readers.



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## Contributions must be submitted (email outlook@monmouth.edu) by 12:00 p.m. Sundays to The Outlook office, 2nd floor, room 260, Plangere Center.

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Did you know... your cartoon or picture can be here next week! It can be about anything but should be related to the Monmouth community, student life, or something going on in the news that week. E-mail submissions to outlook@monmouth.edu

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# Conquering Your Fear Head On

### **ALAN KAHN** CONTRIBUTING WRITER

I believe that it is possible to overcome any fear. I have always been terrified of heights. When I was 4-years-old, I was walking in a shopping mall with my father, mother, and two siblings. This mall had five floors and the escalators were very exposed.

I would always take the elevator because I wasn't able to see how ment's panic, I high up I was. But this day, my ran to go find family split up. My mother went to take a shopping cart down in the elevator, while my father and siblings take the elevadecided to take me on the escalator. tor down. As I They convinced me that it wouldn't be scary, so I followed.

As I saw my father go down the in the crowded escalator to chase my sister who was plaza, I asked eager to go down to the toy section, I froze. I remember that I couldn't they knew my bring myself to take a step down the mother. escalator. I stood on the top looking

down the escalator. Instead I saw them all leave me. It was then that I probably linked heights not only to fear, but to a feeling of abandonment.

In a momy mother who I knew went to passed by hundreds of people strangers if

the other side to come help me go the elevator.

This was a reoccurring night-

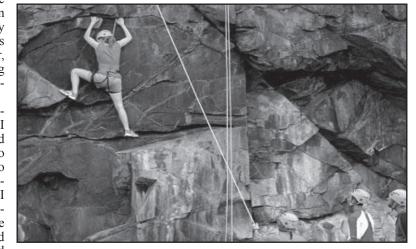


PHOTO COURTESY of outwardbound.org Fear of heights or acrophobia, is one of the most common fears.

People started staring at me and mare throughout my childhood. race up the wall in order to get a re- commitment in order to be fearless. down at my dad waving for me to made me even more uncomfortable. Even though escalators didn't really follow. What I didn't realize at the On the verge of tears I finally found become much of a problem as I got to race me and I agreed to the chal- lator, I look down.

time was that my father went around my mother right before she entered older, I think subconsciously I was lenge under peer pressure. always afraid of being helpless. In order to avoid those bad feelings,

> I avoided rollercoasters as I grew up, and would never look over the balcony while I was in a mall.

About two that a couple of my friends started climbing. rock me, but my fear of heights always kept me bogged down. There's a summer camp I go to every year

He got up the wall in 45 seconds, while it took me almost two minutes because of my fear. When I got back from the camp, I kept thinking about how my fear slowed me down. I didn't climb again until my friend had his bachelor party at a rock climbing gym six months later.

Eventually, a group of us got years ago I heard hooked into climbing regularly. I got addicted to the idea of conquering my fear. Eventually I got used to climbing, and when I went back the The idea intrigued following summer to the camp, I got a record score of 10 seconds, putting me in the top five of all time. The best feeling to me was that I set my mind to conquering my fear, and it actually went away.

Eventually the nerves dissipated, to help out. They and instead of being afraid, I achave a rock climb- tually enjoyed getting up high. I ing wall there. realized that what I needed wasn't You are able to confidence, but rather experience in cord time at the camp. A friend dared So now, not only do I go up an esca-

# For the Love of Laughter

### MATTHEW FISHER COMICS EDITOR

I believe in the power of laughter. I like to laugh at jokes wheth- I heard underneath his crackling er they are funny or silly because it is a natural reaction for me. I love when my vocal chords produce this unique sound, something guaranteed to at least create a smile. Humor has always been in my life, guiding me wanted. through stressful times, espe-

he could not see clearly yet he would always laugh and tell jokes. I loved this about him because it showed that one may not have much but could be rich in laughter.

Whether we went to the doctor's or an early dinner, he would chuckle with others and mention if they knew Jack Armstrong, a baseball player he taught in fourth grade. I found this a bit embarrassing but he was just be- ing. I found ways to smile and say sighing under my breath. Yet, neither my dad nor I could stop him, and I am happy about to get it back. There was also the that. Today, I have these memories of him laughing with people my parent's door in the middle about how they were doing and life itself

Even toward the bitter end, ets before a trip to Arizona.

when I last saw him in the hospital, he still managed to tell a and gave me something to enjoy joke

I will never forget the laugh voice as it made me feel better and imagine a sense of hope that he would recover. I told him that I bought five dollars worth of a lottery jackpot, and that I would buy him all the things he ever

A few days later, he passed cially because of my grandfather. away and I began the grieving Internet. I came across an epi-His last years were difficult as process. However, something sode of "Mystery Science The-

> He recalled hilarious moments in my grandfather's life that made the situation a bit better; it might not have fixed things but it eased the grief I was feeling.

when my father was giving the eulogy. He recalled hilarious moments in my grandfather's life that made the situation a bit better; it might not have fixed things but it eased the grief I was feeling himself. "Grandpa," I would even chuckle hearing about how my grandfather lost his parkway ticket and was chasing the wind time he and my uncle knocked on of the night because they forgot their house keys and plane tick-

These anecdotes were comical even if I was distressed. I realized it was this attitude that my grandfather lived with, to always have a good laugh. While I tried to feel this, it was difficult especially as his body was placed into the ground forever.

As days went on, I tried to get through life the best I could. I was very upset, but then something happened as I was on the

ater 3000" that made me laugh in a way I thought would never happen again.

From this, I felt some happiness during this mourning period that took me out of the depths of a miserable world as I realized life

happened during his funeral would get better. It was as if my grandfather was sharing the amusement he had in life with me, trying to help make things better. He found ways to make me laugh in spirit.

Even today, I will find jokes he wrote as a school teacher that, although corny, act as a way of saying "lighten up".

My grandfather laughed even when times were bad because it relieved the pressures in life. It seems he always had a prescription for laughter on hand, and now I hold onto it just in case I forget.

# ducation is Power

### LEAH MOLINO CONTRIBUTNG WRITER

Thirty years ago my mom was a college freshman at Stockton educated person may struggle in University with a ton of dreams and her whole life in front of her. Two years into school she met my father, fell in love, left school, and got married. For a long time ucation. In the toughest of times, she lived a picture perfect life as a house wife, but like many marriages now a days, hers also ended in divorce. Since then my mother has worked extremely hard to provide our family with a good life. But she has encountered many obstacles along the way, because she never finished college. Although we are never in need, my mom has had to work twice as hard for everything we have. I've learned many lessons from my mother like the value of hard work, being independent, and never giving up, but most importantly I've learned that education is power and the key to a successful life.

People say that knowledge is power, and that is absolutely true, but education is the difference between just having the knowledge and being able to apply it. We all know a good education is symbolized by a college educate ourselves, and once we so hard to get a job in general, higher education. College is no having to settle, and always belonger an option when choosing a career, it is a necessity, but cation is the difference between education is about so much more a difficult life and a good life. than career advancement.

I've learned that education ensures stability. While it doesn't negate hard work, it ensures we will always be able to work. An a tough economy to find a job, but they will never be without options and they are ultimately at an advantage because of their edan education will serve as a security blanket.

Most importantly, something my mother reminds me of every day, education is the first step to independence, whether that be independence from our parents or a spouse. For many years, my mother found herself dependent on someone else, because she did not have a college degree. While this worked for some time, it ultimately held her back, which is why she has taught me that a person with an education will never need to depend on someone else for support. Instead, education puts us in control of our own destiny

And lastly, education is one of the few things in life that once we earn, we can never lose. No one can take away our education, it is something that is solely and eternally ours. We work for years to degree and is a requirement for have achieved that education it most jobs. In a time when it is never leaves no matter where life may take us. Education means it is nearly impossible without a always having options, never ing in control of our lives. Edu-Education is power.

# Letter to the Editor

### Dear Outlook,

As a former staff-writer for The Outlook who had the wonderful experience of working on this great paper for three whole years, I always look forward to each new issue (as I'm rusha chance to hear from the new voices being shared with the groups being persecuted. Monmouth University campus.

across Danielle Djamoos' opinion piece "Religion Makes Peace on Earth Impossible," (February 9th 2011 p 7) I was really disappointed.

Anyone who has taken the most basic debate course knows that a professional argument should always present balance. It should always possess a recognition of, and a degree of respect for, the other party's opinions.

Instead, readers of the article find an extremely biased attack on religion, which blames religion (and the religious) for such societal problems as discrimination and war.

What the article misses is that intolerance for any reason (such ing to my MBA classes), to get as the anti-religious bias offered by Djamoos) is the cause of other

How many Christians, Jews, This week, when I came Buddhists, and every other kind of people have been murdered and abused under Communism in places like China and North Korea? The chief principle of Communism is to do away with religion. Is it really religion that is at fault (the Communist regime of North Korea sure isn't religious). or is it really that there are evil people out there who want to hurt other? Djamoos fails to acknowledge this well reported fact.

Many world religions teach love your neighbor as yourself). Just because tyrants can hide behind a belief to win a following (like Communists hiding behind atheism) doesn't mean they are practicing the actual teachings of that religion. Quite the contrary, they are often condemned under the same principles they pervert, and are finally brought to justice and judged for their crimes through principles based on religious teachings (the Ten Commandments is an important one). dressed by The Outlook in another writer's viewpoint?

Anti-religious intolerance should be recognized as just as harmful, hurtful, and offensive as "religiously" backed intolerance.

as anyone else, but The Outlook publish and how to publish it.

I hope that the next issue will attempt to present a balance to Djamoos' piece. The Outlook is better than that. Don't cost your- awards." While the paper does self future awards.

### Best wishes, Brian Blackmon

### Editor's Note:

The writer asks, "Why wasn't How can Djamoos miss this this point addressed by The Outpoint? Why wasn't this point ad- look in another writer's viewpoint?" It was, yours. Other than that, it's unrealistic to expect the per's content and continue to paper to cover every viewpoint value the contributions he made of every issue its writers touch as one of the paper's writers upon.

The writer suggests, "...The ies.

I certainly was offended. Outlook should have standards principle of ethics and compassion Djamoos should have a chance on what to publish and how to for one's fellow human beings (to to express herself just as much publish it." For a former staff writer to suggest that there are should have standards on what to *no standards at The Outlook*. now that he is no longer a staff writer, speaks for itself.

Lastly, the writer cautions, "Don't cost yourself future not use potential awards as the measuring stick to gauge editorial policy, it is however, our experience that using the paper as a vehicle for responsible free speech and a responsible open forum for ideas, generally reflects sound journalistic judgment,

We welcome Mr. Blackmon's, and others, responses to the paduring his undergraduate stud-

# The Donald has been Hinting at a Presidential Run

**DEREK DELUCA** STAFF WRITER

least gossip to many of us, but it seems that businessman and socialite Donald Trump may actually throw his hat into the ring for the Republican Presidential nomination next year. Donald Trump has made some noise tages. One, he is not a serious about three times since the 1980's about running for President, but none of those attempts perience. garnered much support.

being clogged with so many possible Presidential candidates, Trump is probably figuring "What the hell, I'll give it a try." Personally I think he should run for Mavor of New York City in 2013. He will have much more luck there, maybe success.

major advantages. One is his Party. immense fortune of more than three billion dollars; only Mitt political beliefs as pro-life, Romney has something close to that amount.

air time and hire the best consultants when conducting his campaign. He has been an administrator, unlike some others, through good times and some bad. Another major plus for him is his name recognition.

He is widely known in busi- Afghanistan wars. ness, political, real estate and entertainment circles

he owns seems to have his name on it and every book he has It may seem like a joke or at written starts off with Trump.

> but I don't see "President Donald Trump" becoming a household title any time soon.

He also has several disadvancandidate, in my opinion. He has no political or military ex-

He does have an impressive Now with the political arena business and entertainment resume, but that is not what it takes to be leader of the most powerful nation on earth.

In the 2000 election, Trump considered running for president as a member of the Reform Party. In 2004 and 2008, he speculated about running Donald Trump has several for President in the Republican

Donald Trump describes his anti- gun control. He advocates for the repeal and replacement He'll be able to buy a lot of Obama care and he is against foreign aid.

He believes Communist China should be treated as an enemy and subjected to large import leading the Trump Organization tariffs. Trump has surprisingly contributed to Rahm Emanuel's candidacy and has refused to take a stance on the Iraq and his presidential plans in June.

He advocates for the execution of the private who allegedly He surely knows how to ad- gave information to Wikileaks; funds are allocated.

vertise his name. Every building something I strongly agree with

If Trump wants to be President in 2012, he will have to He'll garner a lot of press that have a strong stance on those might give him a boost early, two wars, either for or against them.

> This nation cannot sustain anymore celebrity- politicians who carry no substance and only want to leave an imprint on our national history, whether it is good or bad.

> We do not need Presidents who need on- the- job training or have spent only three years in the Senate; two of them spent campaigning for President.

> Trump has given a lot to New York and New Jersey in terms of casinos, hotels, and business revenues in general, but he should not run for the presidency.

> Rather, he should start out running for a mayor position if he has any political desire.

> According to a yahoo.com poll, three out of four voters (75 percent) say Trump would not make a good president, including 71 percent of Republicans. Trump was one of several possible 2012 candidates who spoke at CPAC, the Conservative Political Action Conference last week.

He said he would announce Whether or not he will conduct a successful campaign will be



PHOTO COURTESY of www.independent.com

determined when and where his **Donald Trump** will announce in June whether or not he will be running for President in 2012.

# Monmouth Debate Hawks Soar in Orlando

### PRESS RELEASE

The Monmouth University Debate Team, the Debate Hawks, won five trophies at the University of Central Florida's Debate ment. Tournament in Orlando, Florida on February 12-14, 2011.

baters from a number of col- a sixth place individual award, leges and universities including and Brandon Karkovice received such schools as the University

Miami, thus were only one victory away from debating in the final round for the tournament championship. The same Miami team went on to win the tourna-

Arielle Giordano also received a fourth place individual speak-The tournament included de- er award, Greg Morga earned a ninth place individual speak-

Giordano, Alli Matz and Bran-Mills and Michelle Koeck, Delila Osmankovic, and Miriam Peguero, James Seip and Tyler Breder.

Each two person team is required to compete in six rounds

The Monmouth Debate Hawks

Monmouth University entered create a debate team at Asbury and is fully funded from an outsix teams in the tournament, in- Park High School and currently side grant of \$7,000 received last cluding Greg Morga and Arielle mentor Asbury students every Tuesday afternoon in preparadon Karkovice, Tamari Lagvila- tion for their second tournament ten at (732) 263-5742 or through va and Parker Ritzdorf, Olivia this weekend in Newark, New e-mail at jpatten@monmouth. Jersev.

This debate mentoring prostitute for Global Understanding ers are especially welcome.

spring from TD Bank.

Please contact Dr. Joseph Patedu if you are interested in joining the debate team. No experigram is co-sponsored by the In- ence is needed and all newcom-



PHOTO COURTESY of Dr. Joseph Patten Left to right, Debate Hawks Arielle Giordano, Greg Morga, Brandon Karkovice, Alexandria Matz earned trophies at a tournament in Orlando, Florida last weekend.

PHOTO COURTESY of Dr. Joseph Patten The Debate Hawks pose in front of palm trees in Orlando after winning five awards.

# Obama's Healthcare Reform Changes Take Effect How Will Students be Affected by the New Law?

### DAVID KUGELE CONTRIBUTING WRITER

of that year's graduating class sured and nearly 600,000 who ance Program. will be looking towards the future and to the start of their careers. Five months prior, on January 1, the majority of the Obama-Biden Health Care reforms will have taken effect. These graduates will face a newly reformed healthcare system.

On March 23, 2010 the Patient Protection and Affordable Care Act (PPACA) was signed into law by the President. The act represented the first half of the administration's health reform package.

A week later, the package was completed by the signing of another act which constituted the second half, the Health Care and Education Reconciliation Act of 2010.

The two acts aim to raise the quality of living through healthcare and education while lowering the taxpayer's monetary burden.

After reading the many changes to the healthcare system included in the bill, a few key-points become unavoidably clear. This bill is designed to get insurance to people that have none, be it from lack of funds or lack of desire.

In the workplace, the bill allows for eligible small businesses to receive tax credits that will make employee insurance premiums more affordable.

Children will be allowed to remain on their parent's plan un- is meant to deter families from til their 26th birthday extended resting on the crutch of governcoverage through the difficult ment funded healthcare which is, first years when they are out on of course, funded by the taxpaytheir own.

According to the Obama-Bidden online brochure, "Up ing conditions will be able to re- prevent the customers from not to 2.4 million young adults, up In May of 2014, the students to 1.8 million who are unin- Pre-Existing Condition Insur- from day one. purchase coverage in the indi-

ceive insurance through the new receiving the proper coverage

The insurance program, which plans must cover approved pre-

AOL > news

# **Poll Results**

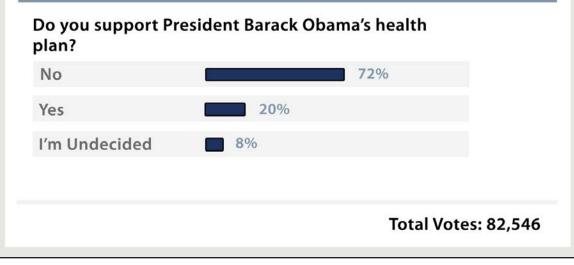


PHOTO COURTESY of marginalized action dinosaur.net

According to a recent AOL poll, 78 percent of people oppose Obama's healthcare plan. Some of the new changes will take effect in the upcoming months.

erage through this provision of the new law."

Those who do not have health insurance will pay a tax penalty each year unless they fall into the categories of hardship or religious exemption.

The relatively small penalty

vidual market, could gain cov- will be based on each region's ventive care and checkups withgoing rate of insurance, is meant to be an affordable and readilyavailable backup plan throughout quired to reveal details about

the United States. for the insurance companies to take coverage away.

are prohibited from dropping law also provides for an appeals ny's mistakes. process for coverage determi-

◬

out co-payment.

The insurers are also re-This bill also makes it harder spending in an effort to make any underhanded dealings more visible. Enhanced methods of Under the new law insurers fraud detection are to be implemented preventing legitimate policyholders when they get insurance customers from paysick. And for new customers, the ing for the insurance compa-

Lastly, as a somewhat implied amended.

The uninsured with preexist- nation and claims. This is to goal of the bill, the government will spend less money on healthcare while getting more for the citizens. This last goal All existing health insurance has caused a somewhat expected divide along party lines, being the most reasonable point to argue.

> The Congressional Budget Office has estimated that this bill will affect the national deficit, currently at \$14 trillion, by cutting \$143 billion in the first decade and in the second, \$1.2 trillion.

> These estimates have been criticizes for attempting to predict the economy twenty years down the line with a level of certainty that is near impossible.

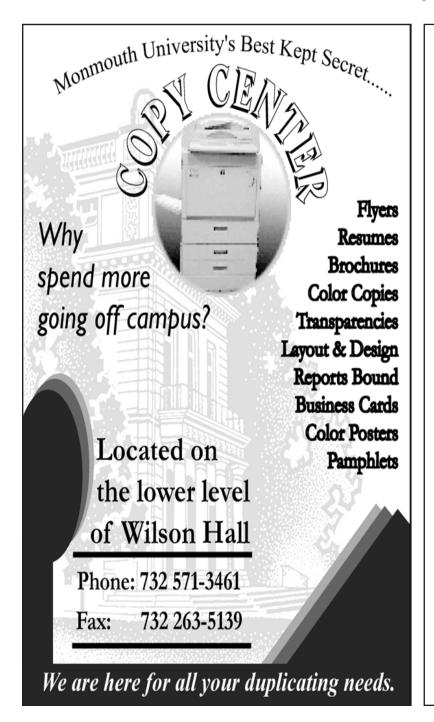
> There are also numerous members of the house and the senate who have stated that this bill will actually raise the national deficit by billions as opposed to lowering it by a trillion

> Others in the medical industry say that the bill doesn't accurately calculate costs of proper medical care which in the long run will skew the numbers and force amendments to the bill in order to cover the miscalculated costs.

> Undeterred by the claims, the President and most democrats stand by the numbers offered up by the CBO.

While the future of the deficit administrative and executive is in a state of flux no one seems to be able to predict, one thing is certain.

> In the years to come the multitude of Americans not receiving proper medical coverage or any at all will be finally getting the treatment they need, if Obamacare is not





In order to be on target to complete your degree requirements and graduate, the ORR urges you to apply for graduation no later than 1 year prior to your anticipated graduation date. By applying early, this affords you the opportunity to receive an official degree audit from the Registrar's Office indicating if you are 'anticipated complete' with your registered courses. If you are not 'anticipated complete', having

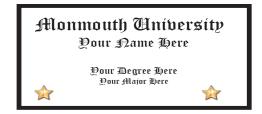
this additional time allows you the opportunity to register for any additional required courses or requirements.

> Good luck with your coursework this semester! The ORR

## PLEASE TAKE NOTE OF THESE IMPORTANT DATES FOR THE **MAY 2011 GRADUATION:**

- March 1<sup>st</sup>, 2011: Deadline to submit Graduation Applications through e-FORM's
- April 15<sup>th</sup>, 2011: Deadline to submit any additional e-FORM's ⚠

requests (i.e. Substitutions, Waivers, Declare/Remove Minor, etc.) \*\*Please note: e-FORM requests received after the deadline dates will not be processed\*\*



# How to Dress for Success on Your Next Interview

LAUREN BOYLE LIFESTYLES EDITOR

So you got an interview. You've made it past arguably the most difficult step in finding a job or internship. Now you have the opportunity to show them why you're the right person for the position. Sure you have the experience, the qualifications and the recommendations, but do you have the appearance to match?

First impressions are strong factors in any decision about a person, and job interviews are no different. Especially since companies are likely interviewing several people for one spot, you need to be sure you're showing the best version of yourself at the interview. The wrong outfit or an unkempt appearance could have an impact on whether you land that internship or job.

While there may be other things preoccupying your thoughts before a job interview, like: What questions will they ask? How qualified am I? How do I best represent myself?, you should also consider what your interview attire says about you.

Experts say that there are certain the employees ways to dress for a job interview to be taken seriously and be seen as a professional. Business attire is typically the way to go. "The Job Hunting Handbook" by Harry Dahlstrom recommends, "The classic white-collar outfits. For men - navy blue blazer, gray slacks, white shirt, striped tie,

charcoal gray or navy pantsuit, white feel initially uncomfortable, but it also en should apply makeup sparingly, blouse, necklace, with black pumps... communicates to your interviewer and both should be careful not to wear black belt and a simple black bag.'

viates from the 'norm' in terms of sional. attire will automatically be rejected for a job position? Not necessarily, but when competition is steep, you want to en-

sure nothing is left to chance. That includes sending the right message about your attitude and interest in the position.

Perhaps the company you are interviewing for is more casual or artistic, and you think that

may not follow business attire guidelines. While it may be tempting to just throw on jeans and a cool top to show off your individuality or artistic expression, you're probably better off playing it safe.

Showing up for an interview overdressed, wearing a suit and heels in hair. It makes a huge statement about black lace up shoes, black socks and an office where flats and cardigans your overall hygiene and cleanliness." ability when it comes to interview shine on your interview.

a black dress belt. For women - a are more prominent, may make you that you are taking the opportunity Is this to say that anyone who de- seriously, and that you are profes-

Men should be sure to shave, wom- clothes. Retailers like Banana Retoo much cologne or perfume, especially if it is a pungent scent. You don't want the hiring manager to reenact a

from scene "Anchorman: The Legend of Ron Burtoo powerful.

Perhaps too soon for you to even be thinking about applying for a job or internwhat you'll be to an inter-While view. it may be a ways away for some of you, it's never too early to be

prepared.

If you don't

public sell good quality clothing that will last a long time and look very professional.

A pair of black or gray dress pants listed on bananarepublic.com sells for \$79.50-98.50, with a matching blazer selling between \$158.50-198.50. While this may seem expensive, the quality of the pieces will gundy" if your always be in style and you may find fragrance is that these fashion staples will come in handy for other situations.

A mid-range retailer like New you think it's York and Company also has a wide selection of business attire to choose from. Dress pants and a blazer from nyandcompany.com are priced at \$46.95 and \$59.95 respectively. More affordable options are offered ship, let alone at retailers like H&M, where many separates can be matched together to wearing make a suit. If there is time before an interview, though, look out for sales so that you can get the best deal on the best outfit.

Already have the clothes to dazzle them on an interview? Well, have you taken a good, scrutinizing look at them lately? Several days before the interview you should try on the outfit exactly how you are going to wear it on that day. This way you can notice any stains, rips, missing buttons, or wrinkles well come along unexpectedly, and you ahead of time and address them accordingly.

After following these few tips you'll have the confidence to really



PHOTO COURTESY of fashinolia.com Proper attire is important when trying to make a good impression.

important that your appearance is

neat and clean. Try a simple hairstyle,

trim and clean your nails, and be sure

to shower. According to Dahlstrom,

Shampoo your hair. One of the first

things the manager will look at is your

Aside from the clothing, it's also have any proper interview clothes,

# Emerging Careers in Social Networking

### **MARIANNE VERNA** ASSISTANT LIFESTYLES EDITOR

Let's face it, our world is rapidly becoming obsessed with Facebook and Twitter and many other social networking sites. You can't watch television, go to the food store, or even sit in class without seeing or hearing about either of them. It has become the new form of communicating with companies, celebrities, small businesses and so many more outlets. It's no surprise that get instant access to an upcom- openings last month compared

### companies have been jumping ing promotion. If you are someon the idea of hiring employees to take care of this end of their business.

You might be wondering why a job like this is necessary. Now more than ever companies are growing right from their Facebook and Twitter pages. It is an unbelievably easy way for brands to market themselves for free. How many times have you "liked" a store or restaurant on Facebook and you were able to year ago. That's nearly 1,220 job

one who can't keep their eyes off of their Facebook news feed or need to know what's happening on Twitter, than a job in social media might be your dream come true

In a USNews.com article they stated that, "Three times as many jobs with "social media" in the title were indexed in November by Indeed.com, a search engine for jobs, compared with a

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2009."

you might want to consider doing

some shopping in the near future.

Who knows, a great opportunity may

don't want to be scrambling for some-

There are several levels of afford-

thing mediocre to put on in a pinch.

what companies do, and that's good news for job seekers in a market that—admit it—you know is brutal," says Bernhard Warner, editor of Social Media Influence, a London-based industry newsletter.

A job in social media isn't about sitting behind a desk all day and updating your status. There are a variety of different directions that this job can take you. They range from actually building these campaigns, creating Facebook applications and Blackberry, and Droid systems.

Since social media is a young industry, there aren't many professionals with years of experi- ed about knowledgeable, hardence. "This is a terrific opportunity for new grads because they're coming into the work- The career opportunities for beforce for the first time in de- ing a social media manager is recades understanding more about ally growing and the resources something than the people that are hiring them," says Emily been increasing tremendously. Bennington, who helps college However, you have to have a solgraduates transition into careers id foundation in industry basics through her company, Professional Studio 365. Our generation has the opportunity to take advantage of post on your Facebook and Twitcareers such as these. Don't be fooled though, just because you on these sites should be a reflechave over 700 friends on Facebook or you are getting re-tweet- are. "There are many career oped by your followers, doesn't make you a perfect candidate for around just researching people the job. Companies are looking online pre-employment. Know for employees who can single what information is out there for handedly make their business grow from these social media tive in maintaining your online presence" websites. If social media is something that you could see yourself wanting to start a career in, you are in luck. Monmouth now offers a special topics class called Social Media. Senior Alie Kokkinos who is currently in the class said. "The social media class is great, we are actually learning how to market ourselves through social media by making a strategic pub- log into one of your favorite solic relations plan to help us make cial networking sites you might a mark in the social media world. be helping yourself create your Helping us make an impression future career.

with nearly 400 in November on the particular area we are interested in one day working in. "It's becoming a vital part of I like that we are learning how to do something more with social media rather than just keeping in touch with our friends and celebrities.'

> Sophia Fuka, a Specialist Professor, who teaches the social media class, shared with me the importance of social media for this upcoming generation and what kind of future it holds for potential job opportunities.

"There is tremendous opportunity out there in many industries. Most social media managing usually falls under the public remaking mobile apps for iPhone, lations team, and it's not as easy as making up something to post on Facebook or Twitter. I think in general, companies get excitworking digitally savvy (and social media savvy) applicants. given to digital support have first and foremost. Fuka also shared the importance of being aware of what you ter pages, and that what you post tion of the kind of person you portunities out there that center the public to see and be pro-ac-Most students would have never thought that they could put "proficient in social media" on their resumes but now it seems that having these skills is something that could further your chances of getting the job you want. Facebook and Twitter are clearly not fads that are going to be over soon. So next time you





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Dr:Seuss

# Few Jokes You Can't "Just Go W

MATTHEW FISHER OUTLOOK FILM CRITIC

It was another slow week at the multiplexes. However, in choosing a film, Adam Sandler's newest romantic-comedy, "Just Go With It," seemed to be the best choice, but not by much.

Most of the funnier jokes were in the trailer for "Just Go With It," and it was easy to sense the ending. It was another predictable romanticcomedy where the conclusion felt set in stone. While director Dennis Dugan does okay, he doesn't deter from making it seem things will happen differently. In between the titles and the credits, there are a few comical bits and chuckles to be found. Being a PG-13 Sandler film, "Just Go With It" tries to get in the occasional raunchy joke while staying within its boundaries. Even with two surprise guest stars, the film does drag rather than reach its obvious resolution sooner.

"Just Go With It" features Danny (Adam Sandler), who learned that his wife was cheating on him as he was getting married in 1988. Upset, he heads to a bar where he meets a woman who sees his wedding ring. Danny lies about his "married" life to hook up with her. Years later, he is a plastic surgeon and continues wife

When Danny goes to a party with his cousin, Eddie (Nick Swardson), Danny meets Palmer (Brooklyn Decker), a beautiful school teacher. Walking on the beach, they share an attraction that lasts until sunrise. Yet, things go awry when Palmer finds Danny's "wedding" ring. When Danny sees Palmer again he explains he's splitting up with his wife and getting a divorce. But before things can progress, Palmer wants to meet Danny's ex, Devlin.

Danny gets Katherine (Jennifer Aniston), his assistant/receptionist, to pose as Delvin, and her kids as their own for this lie. As Danny plays out this lie longer, things get complicated when hidden feelings arise during a visit to Hawaii.

Sandler's performance is agreeable but nothing special, doing his usual shtick of silly voices and physical comedy. The humor can be stupid, but Sandler has made a career out of playing silly, goofy characters that learn a lesson in the end. One of his better scenes has Danny negotiating with Katherine's kids to pretend to be his children. He makes the scene funny, and always ends on a wise crack as he settles a deal to pay for Maggie's (Bailee Madison) acting classes and to play this ruse of bedding a new an X-Box with games for Michael

woman with another lie about his fake (Griffine Gluck). It's a ridiculous situation that works under the Happy Madison banner, despite Danny being one of Sandler's less engaging characters.

> Aniston knows how to play with the film's humor and is able to present her jokes well. Some of Aniston's best moments, though, are when she is flustered and can't really get her thoughts out quick. For example, when Katherine sees Danny with Palmer, she can't really think and it makes her character funny. This added more flavor to her performance but for the most part it felt like Aniston kept it at one setting.

> Decker, in her film debut, does fair. but that is about it. Palmer feels like a character from start to finish, instead of a person. Basically, Palmer is a plot device to get Danny and Katherine closer. Still, she situates herself well alongside Sandler and Aniston.

> Swardson, as Eddie, steals the show. Eddie gets into the lie by pretending to be Katherine's new boyfriend, Dolph Lundgren (no, not that one), who sells sheep. Talking in a German accent, Swardson's energy and enthusiasm add humor to the film. One involved changing the lyrics of "Piano Man" to be about Danny while another had him giving a sheep the Heimlich. Swardson was hilarious in this supporting role and his wily sensibilities made his storyline better than the main plot.

Dugan presents "Just Go With It"

Ups." His direction was fine but not anything special. Yet, a hike through a Hawaiian jungle felt like the audience was watching a "Lost" adventure, harboring some chuckles like crossing a delicate bridge or falling in the mud. Other scenes felt dull as nothing felt needed, thus slowing down the momentum.

works but feels stressed, especialwatch characters stare into the distance thinking about their lives. It doesn't come as natural like in "Big Daddy" (also directed by Dugan), when Sonny must grow up himself. Eventually, the audience might get tired and think that Danny and Katherine should just kiss. This could have shaved 20 minutes of its 110 running time to move quicker.

Ultimately, Dugan's direction script by Allan Loeb and Timothy Dowling based upon the screenplay, "Cactus Flower" by I.A.L. Diamond, a stage play by Abe Burrows, and a French play by Pierre Barillet and Jeane-Pierre Grédy.

Putting so many stories together might have sounded good, but when looking at a movie based on two plays rocking and helped liven up scenes.

to look similar in style to his other and one screenplay, it appears too Sandler flicks like "I Now Pronounce much. While I can't compare how You Chuck and Larry" and "Grown this film plays against what it was based on-since I didn't even realize this-it might be interesting to see each story told on its own. This could be why when the characters travel to Hawaii it feels like it was part of a large canvas and that another story was meant to be told back in L.A.

Additionally, the dialogue had a bit too many pop culture references, There is a dramatic push that from N\*Sync, Twitter, and Seventeen magazine, which can be distracting. ly when music plays and viewers At the same time, certain jokes get stretched out and stay sprinkled in the film like an observation about the age differences between Danny and Palmer or the term, "Devlin," to describe bodily waste.

Sandler fans may see "Just Go With It" as one of Sandler's less humorous films. The comedy is stupid, but there is nothing wrong with that. Hearing a kid say he watches "Californication" on Showtime was is affected by the less than solid a funny example of silly, good humor. Still, Sandler's other Hawaiian-based romantic-comedy, "50 First Dates," felt more complete than his newest picture.

> For now, "Just Go With It" ranks toward the bottom of Happy Madison movies. At least the soundtrack, which included The Police and Rihana, was

# "VISIONS OF WISON layed in the lee llouse Gallery

### **MEREDITH VIOLI** CONTRIBUTING WRITER

Annie danced down its stairs. Woodrow Wilson sunbathed on its balconies, and Miles Austin trudged to class through its halls. The place that has attracted these famous folks and many more is none other than the University's Wilson Hall.

The National Historic Landmark is currently being featured at the University's Ice House Gallery. "Visions of Wilson Hall" is a series of paintings by local artists Scott Nickerson and Timothy Jahn

"I just really love the building and thought it was really well thoughtout and it's a majestic, beautiful place," Jahn said.

"It was funny 'cause I've lived only a few miles from here for 11 years now and I passed here all the time," Nickerson said, "and I've just never been into Wilson Hall at all."

The two artists formally met through the development of this exhibit, although they were althe true texture of the subject matter or the texture of the light, as Rembrandt may have done."

It is obvious that Nickerson takes pride in his textures by looking at his favorite piece in the exhibit, a detailed painting of a mantle on Wilson's famous marble staircase, with silhouettes of people in the background to show perspective.

Another area Nickerson focused on was the rooftops. He painted two large canvases depicting the gargoyles on the corners of the roof looking out over the campus.

"I just thought they had to be a direct part of the show because it was a

ings were incomplete to me," he said. "The space was meant to be a home, and that would be filled with an everyday sense of living."

He felt that his paintings should help tell a story, and should resonate the beauty of the Hall in other ways.

"So from a story-telling, picturemaking standpoint, the images don't quite resonate to the viewer," he explained. "I felt it necessary to bring people into the picture."

Jahn used friends and family as living subjects in his pieces to portray the "homey" atmosphere. To depict the time period, he had a friend who is a costume designer help him dress his models.

> "That's the fun of painting, you can bring friends, family, and other people into it and bring them into another context," he said. "The gentleman in my paintings was actually one of my apprentices."

> Jahn's favorite piece featured someone very close to him, "The tall one with my wife in it. That one was my favorite," he said, "that one was just a lot of fun." Although the painters had their different views of Wilson, they agreed on one thing. "The thing that I loved about it the most is the light with the sky-lights," Jahn said. Nickerson agreed, "In my paintings I want this tangible light source that really will catch any of the light that was hitting it." Wilson Hall gave Nickerson a variety of light sources to work with, "it kind of made the paintings glow a little bit more," he said.

# "Shadow Puppies" Bring New Sound to the University

### ANDREA DOOLEY CONTRIBUTING WRITER

There is a fine line between music and noise. Music we love to listen to, and noise we can't get away from fast enough.

There is also a strong connection between what we hear and what we see. When they are put together so the two.

"Shadow Puppies," an act that is a part of the "ART NOW: Performance, Art, and Technology Series" at the University, is anything edge trio who take much pride in exploring the relationship between music and technology, and the connection between the sounds we hear and the images we see.

As musicians, they stand somewhere in the middle of the line that is drawn between music and noise, and they are explorers of the technological world.

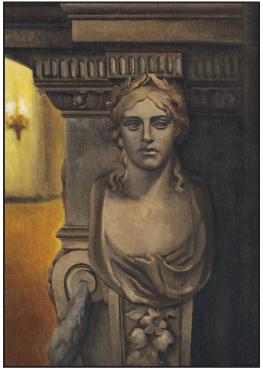
ment, but not necessarily a musical



PHOTO COURTESY of tammen.org perfectly, it is hard to differentiate "Shadow Puppies" is a musical trio that combines technology, imagery, and music to create an original masterpiece that stimulates both the ear and the eye.

but traditional. They are a cutting your head; you begin to hear sounds and see images on the screen that are just figments of your imagination.

The 45 minute session was interesting to say the least; something like "Bohemian Rhapsody" for the new age. There was not a single pause throughout, but the sounds changed from calm and peaceful; like nature in a forest, to loud and intense; like a murder scene; in a matter of seconds, Each member plays an instru- and the visuals corresponded to the sounds



ready Facebook friends.

"We were friends on Facebook and had no idea," Nickerson said.

"I use Facebook a lot to keep in touch with friends who are artists," Jahn said. "What I like about it is that I can control the dialogue."

It turned out that the two colleagues were working on the same part of Wilson at the same time: a statue on a staircase pillar. This is ironic, considering the size of the Hall. According to the University website, "The building encompasses some 130 rooms on three main floors, plus rooftop and lower-level rooms. In the main portion, there are 96 rooms, which include what once were 17 master suites and 19 baths.'

Although the two were painting the same venue, they managed to portray their individual differences on canvas.

Nickerson focused mainly on textures. "As far as most of the paintings I do, I deal with textures, whether it's

PHOTO COURTESY of jahnstudios.com "Maiestic Presence." by Timothy Jahn. is an oil on linen image of a statue in Wilson Hall.

nice thing that most people wouldn't see from this vantage point looking out," he said, "also the scale of the gargoyles is smaller from ground level."

While Nickerson was focusing on statues, Jahn had other subjects in mind. "As I was painting Wilson Hall the way it is now, I realized that the paint-

The artists worked on this exhibit for two years, and their

paintings can be seen on the first floor of the Ice House Gallery. Their apprentices contributed some of their own depictions of Wilson Hall as well, which can be viewed in the downstairs section of the Gallery.

The exhibit will be open to the public until March 11.

one. Guitarists Nick Didkovsky and Hans Tammen take their instruments to a whole different level.

Didkovsky and Tammen both play with their guitars laying flat on the table in front of them. They do not string the guitar keys with a pick, but instead with random household objects. According to Didkovsky "It is nice to take an instrument with which you are very familiar, and develop your own techniques."

Video artist Kurt Ralske brings the static sound of a cell phone mixed with the strings of a guitar to life on a large projection screen. He uses an XBox360 camera and a Mac computer to take the images of his fellow band mates, and translates the sounds into visuals, using effects in real time. "If the music has depth, the camera must have depth," he says.

The combination of the sounds you hear and the visuals you see have a way of really messing with

Both guitarists feed off each other while they are playing, which causes the many changes in sound and tone. According to Tammen, "I listen very carefully for changes in texture, that leads to instantaneous sound in the music; the changes are not planned."

The artists say they found their voice within the electronics; that they are able to speak through the sounds they create. They believe in going further into the sound then most people would; to see what you could really get out of the instrument.

At times, the 45 minute session was uncomfortable. The sounds were too loud and too harsh, but then in a matter of seconds, the atmosphere changed, and it was soft and serene. The visuals also changed with the sounds; distorted images accompanied the distorted sounds, and clear images helped to bring the tranquility of the sounds to life.

"Shadow Puppies" is nothing short of original; and passionate to say the least.

# "A Thousand Clowns" \_\_\_\_\_Maybe They're Here?

# LAUREN BIES CONTRIBUTING WRITER

your secrets. In the theatre, for a few hours, all of us - the auabsurd, and lying somewhere other. Taking in between the two, are clowns. A solitary clown can move one of props (all to tears, and two or more, in uniquely repreabandon play, can do the oppo- sentative of the site. After all, "Practical jokes 1960's), furniare the best way to stay alive." Herb Gardener's "A Thousand actors, Clowns" has come to town, ray takes commaking its stop at The Two mand of the River Theatre Company in Red stage like a drill Bank from February 1-20. This sergeant comreviewer counts herself lucky to have seen this comedic, yet poignant play, well before the tents are broken down and moved on.

"A Thousand Clowns" received its 1963 Tony Award nomination when it was Herb Gardner's Broadway theatre debut. In 1965, it received Academy Award nominations Broadway and in the film ver- tional, trying sion. While the 1960's raged on to explain why - dealing with the Soviet Union, it's important Cuban missile crisis, human for children to rights issues, and the Vietnam know "about War - Americans questioned that sneaky litthe useless expectations of con- tle reason why ventionalities in the midst of so you were born a much unrest. The question re- human and not mained during the 1960's, where a chair." Murdoes our loyalty lie: To others? ray looks upon Or, to ourselves?

"A Thousand Clowns" is a with longing, stark and honest portrayal of a as Nick for the free-spirited and unemployed first time rechildren's show writer, Murray veals a child's Burns (Michael Nathanson). Burns runs the risk of losing his sibility of hav-12-year- old whiz-kid nephew, ing to leave his Nick, to Social Services due home. to never having filed appropri- adult, whether ate legal adoption papers. Was they have parnarcissism the reason the papers ented or not, were never filed? Did Murray's enjoyment for a care-free lifestyle become more important look of simply than caring for others? Or, was not wishing to it Murray's way to rebel against be "lost", which society imposing upon him the sat ached upon necessity of playing by the rules? Nicks face. The

Under the brilliant direction of stage became David McCallum (the ring-mas- silent and still. ter to this exceptional ensemble The audience cast), we are privies to the flaw- did too, and in lessly pontificated use of Gard- understandner's script, effectively accented able union...we with traditional Italian comedi- sighed, looked an dell'arte. This theatrical art at one another. form, typifying clowning, fool- and... knew. ing, and mad-scenes, has the potential, if not carefully directed, worker, of taking on slap-stick qualities delivers rather than the intended absurd. threatening However, never fear. Director news, is played McCallum does not allow his ac- wonderfully any haphazard manner. Director McCallum maintains a per- acter. fectly orchestrated production truly means.

the serious, quickly becomes the from one side of the stage to the from our vision."

full advantage ture, and other Murmandeering his troops for the

day. Matthew Gumley (as Nick Burns), an adorable, exceptionally talented actor with numerous vide more physicality to the cast 1950's, 1960's, with the Chuckles need help to stop the hands of Broadway credits to his name, helps Murray seek employment following the rules set down by Social Services.

The chemistry between these for Best Screenplay and Best two Broadway veterans seemed Picture for the film adaptation, so viable that during one memora- that her becoming our well-mean- televised show. Is it possible starring Jason Robards both on ble scene, Murray becomes emo- ing champion to save Murray for Murray to withstand a man newspapers

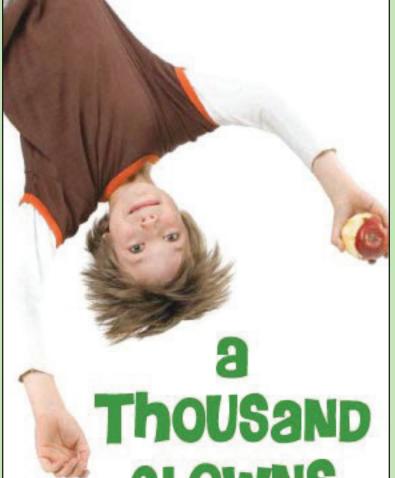
> a defeated Nick fear of the pos-Every could identify with the raw

is a powerhouse of theatrical in- ize that if we did, no one would ize that Nick's future is uncertain, sign, with hanging tiffany lights terpretation of the scripted word, be there to hear us, and Albert is if not lost. Of all these clowns, offering a warm, homey feel, yet and present in every scene in the moved to realize he has made no the one to take the single great-"Home is where you can tell hour and fifty minute production. effect on Murray at all. "You will est stock in is Leo (Nick Sullivan) As I sat in the second row, as an never change. All because you A.K.A. Chuckles the Chipmunk. actor and playwright, I can ap- are so sure of what you believe. diences, the actors, the writer preciate the technique needed to This is why none of us can ever Howdy Doody, Buffalo Bob team - all become a little more real maintain that focus. Gardener's change. This distorted picture of the 1940-1960's, except Leo together than we were when we many monologues for Murray of this world, where we become dresses as a chipmunk, and hops were apart." What first begets encompassed an almost march so sure of our sight. God save us around trying to make children

> Director McCallum maintains a perfectly orchestrated production between all the technical applications, proving once and for all what effective collaboration truly

## means.

gist Sandra (Crystal Finn), to pro- going straight back into time...the the play began. Did someone and storyline. When she cried, the Chipmunk song playing in-we gulped back tears, and when cessantly in the back ground. If she laughed, we did the same into Murray is to decide to conform, for persons to hang their coats shoulder, shoving rounds of ap- and to keep Nick with him, his on as they came in. But still, plause. That was the first scene... and she got even better! Add to to writing once more for Leo's



His character could typify your laugh. (He despises children,

because he just knows they despise him too). and his life. audience many today's gone by. The viewer feels as though

Enter well-meaning physiolo- we're watching a television show,

and speech. A medic thing instinctive that flows effortlessly.

Jessica Ford typified suits. erything old is struggle. new again was tume the men were wearing. Sound design (Mark Bennett) all reflected Cooke, and a rendition of One *Fine Day* by The Chiffons. There Murray's brother Albert (Lou with telephone rings, door rings, Nathonson's Murray Burns to be saved, the rest of us real- the greatest contrast for us to real- incorporated into the scenic de- ment." Rare, indeed.

providing additional stage-light. With one set that encompassed three days, with some days indicating several different times of day, lighting became a valuable piece of instruction for the audience.

The scenic design (Jason Simms) can be described best as Edgar Allen Poe goth, until Sandra redecorates and Laura Ashley moves in. There was Leo is disgust- furniture of weathered crates to ed with him- sit and eat on, as well as a large self, his work, elevated wooden bed, and high on tall book shelving ends where Upon his stage one may walk under to pass to entrance, Leo the kitchen and bathroom. A recalls to the tall grandfather's clock caught my eye immediately. Directly protruding from the center of the face of the clock was an artificial hand, palm up. I pondered the relevance of that even before time? Go back? Slow it down? cessantly in the back ground. If It turned out that it was utilized chance for employment lies only this playwright seeks to know a deeper meaning!

Scattered magazines and were abound who despises throughout the apartment as children? One well as numerous games and who sums up toys much too young for Nick the value of his to enjoy. A gag opens the show life in despair, each morning, as Murray opens saying, "What the one and only window in the are we? Just apartment that has no view other trying to make than a brick wall. Murray calls a buck out of the "Weather Lady" each day to being a chip- check the weather, to which he munk?" Sulli- carries on a conversation each van is a gifted day to a recorded message; yet actor of voice truly, no one would ever guess.

I had imagined I would contalent for co- clude my review concerning timing people's rights to be free, while is not always valuing one's responsility tosomething that wards others. And so yes, I can be learned, write this now, a firm believer in but Sullivan is compromise, believing that no a natural; he one person's life should be valposesses some- ued above another's...But, my passion for the theatre moves me to a different plateau which, in its elusiveness of occurrence, I Costumes by find I must share it with you.

Theatre, in its purist form, exall were repre- ists when realization occurs of sentative of the understanding, or of questionera. Designing ing, in just one, single, "mo-Murray in ca- ment." That moment is the very sual flip-flops stillness that exists in between his breathing in and out. At the clifree-spirit per- max, dénouement, I was privisona, while all leged to experience that moother male cast ment ... A spotlight shines upon members wore Murray sitting sideways on the Oddly window sill, looking off high up enough (or per- into the sky. A sky that offers haps not so), the no view...but still he searches saying that ev- for one - some answer to his Sounds of the streets below dead-on in cos- begin softly, with cars honkdesign. ing intermittently with music tors to lose focus from the prop- anal as your typical Tony Randle/ and Nick. She finds herself fall- Sandra's clothing is something and the pulsating sounds of life; you would see women wearing in signs that Murray is still alive. offices today, as well as the suits As Murray's monologue continues on, his voice breaks with his pain, his tears follow, and a siren tells the girl (could Murray be the 1960's, with songs from Sam from below begins to build in urgency, as Murray's unanswered cry of not wishing to lose Nick was a multitude of sound effects, or himself reaches its rise. The spotlight softens upon him. The As Albert tries to help Murray Liberatone), who is also his agent, a speakerphone, and the one and stage goes soft and warms into a is the catalyst for the climax of only window in Murray's apart-firelight glow. The audience is plications, proving once and for life, Murray remains obstinate in the play. It is Liberatone's calm ment which when opened flowed still, and we feel his pain. All of sounds of street-life from below. it, for all it is. For in empathy, Lighting (Matthew Richards) was we have experienced, a "mo-

А social who the

er form of comedian dell'arte. Felix Unger type character; in-It is pure joy to behold. Each capable, yet desiring to provide whispered phrase gives rise to a warmth to another. Albert (Brad carefully directed movement to Heberlee), another stock characemphasize all worded meanings. ter (not unlike every stock char-This art form speaks to the ac- acter or clown in this play), was tor for improvisation but not in one of the smallest roles, but held strong insight into Murray's char-

between all the technical ap- reconsider making changes in his all what effective collaboration his views. And then realization restraint to the vocal dissonance occurs that while some of us cry

PHOTO COURTESY of niartsmayen.co

**"A Thousand Clowns,"** is currently in production at the Two River Theatre in Red Bank, NJ. The show will run until February 20 and a complete list of show dates and times can be found at www.trtc.org.

> ing in love with our unemployed writer who understands that there are too many Sandra's running around in her mind, and simply falling in love too?) not to worry so much..."only go to reality as a tourist!'

> of Murray's responses that draws

# \$13.5 Billion Gateway Project Plans for a Better N.J. Transit

### JENNIFER DWIGGINS STAFF WRITEF

Each day, thousands of commuters use the New Jersey Transit trains in order to get to work in New York City or to visit for a few hours.

With so many train stations in New Jersey, the train is the easiest and most direct way to get into the city, without having to drive. While this is a great quality of the Transit system, there are many issues that commuters encounter.

The people who commute often know that the transit trains and stations tend to not be the cleanest places in the world. You can find left over trash scattered on the floor of the train and sitting on the seats that no one will pick up.

Also, if you have to go to the bathroom, you might as well just wait until you reach your destination.

On the train, you never seem to be riding with the most courteous people either. Passengers do not take into account the other people on the train. Some might block the aisle with their belongings, no matter if there are three people on board, or if the whole train is full.

Others scream to each other as they are having a conversation loud enough for passing trains to hear the commotion. Some will have their music on loud enough that your seat vibrates with the music. These people make the ride very awkward and uncomfortable.

During peak hours in the morning and afternoon, the trains to and from the city get overcrowded, making it impossible to find standing room, let alone an actual seat.

This makes it especially hard if

train to be a little too expensive.

When I tell my friends that I am going to New York for the day and that it is going to cost fifteen dollars, they automatically assume that the cost is for a round trip able due to the massive amounts ticket, but I guess you can charge excessive amounts when your

are in a big group. I also find the Transit system. In an article pub- time during peak hours." lished by The Courier Post Onsix years.'

These delays are understandof snow that New Jersey received during the month of January, but

Delays can force someone to line, "January was N.J. Transit's reschedule important events or worst month for train delays in make it so they arrive late to last year by Governor Christie work. They can also cause problems for people from out of state who have been planning a trip for have built another tunnel under a long time and have everything the Hudson leading from New planned out.



PHOTO COURTESY of NJ.com

The Gateway Project proposes to install two new railroad lines going from New Jersey to New York, under the Hudson River. This plan would increase the amount of trains going in and out of the City from its current total of 62 to 92. The project will cost about \$13.5 billion to complete.

tion in and out of New York.

Even though people from New Jersey have to take the train all the time, the ride can sometimes be an inconvenience your entire day.

company is the easiest transporta- the delays still caused many problems.

The article, "N.J. Transit Rail Delays Worst In Six Years," said "N.J. Transit's Northeast Corridor solved, but one plan that New Jertrains between Trenton and New sey and New York are debating also be a step in solving one of the This past January was espe- York City were hardest hit, run- over may decrease the congestion many problems facing the Transit you are traveling with children or cially rough for the New Jersey ning late nearly 25 percent of the problem on the trains.

Delays also make the passengers crankier than they were to begin with. Some of these problems will probably never be

This new project is called the "Gateway Project." It resembles the plan that was thrown out titled the "Access to the Region's Core" plan that, if passed, would Jersey to New York.

According to an article in The Wall Street Journal, titled "Amtrak, N.J. senators propose new Hudson rail tunnel," the original plan was going to reduce congestion, but was thrown out due to the price of the project, which was estimated to cost around nine billion dollars.

The new "Gateway Project" will be partnered with Amtrak in order to help cover some of the costs of the multi-billion dollar project.

The new project would install two new railroad lines, going from New Jersey to New York, under the Hudson. This would change the number of trains that come in and out of the city each day from its current total of 62 to 92

This plan could cost up to \$13.5 billion dollars when it is complete. Some are worried that the cost will cause taxes or gas prices to rise.

Another problem is that Amtrak, co-sponsoring the railroads, would also have access to the new tunnel which means that the number of New Jersey Transit trains into the city would not increase as much as the "Access to Region's Core" plan would have.

However, if this plan is approved, the projected completion date is 2020. This plan would not only help improve commuter congestion, especially in the north east section of New Jersey, but would system.

# Global Warming: Cause for Major Winter Weather?

## MICHELLE GILMAN CONTRIBUTING WRITER

The recent slew of snowstorms in New Jersey have left residents cold and dumbfounded. Does this weather contradict the idea of global warming, or is global warming responsible?

Neither is quite true, according to Alan Robock, Professor of Meteorology at Rutgers, and Associate Director for the Center for Environmental Prediction.

"This is just the natural variability of weather. It is cold beperatures."

tion that affects jet streams over weather phenomena by increas-They, too, determined that the mid-latitudes of North American ing the strength of the storms. extreme weather patterns were and parts of Europe and Asia. "Because of global warming, the advisors in an attempt to dispel

rollercoaster ride for U.S. tem- pattern of atmospheric circula- still be playing a part in recent



But Robock is no global warming skeptic. Last December he visited with Governor Christie's Christie's global warming doubts. Though he was not able to meet directly with the Governor, his message was, "Global warming is real. Humans are causing it. There's no question.'

Christie said he has seen evidence on both sides of the argument, but is yet to come to his own conclusion. The U.S. government, however, began researching and responding to climate change over 20 years ago with the U.S. Global Change Research Act of 1990. Like Gov. Christie, University student Ryan Arcaini is not yet convinced. "We had crazy storms like this like 10 years ago, and nobody got all 'global warming' about it," he said, adding that he does not really believe in humaninduced climate change. But Robock, who has been studying the human impacts of climate change for over 30 years and has written more than three dozen papers on the subject, warned of future long-term weather patterns due to global warming: rising average temperatures and sea levels around the globe, stronger thunderstorms, drought in the western U.S., and more precipitation in the Polar Regions. As for short term weather patterns, "It is unpredictable," Robock cautioned. New Jersey, along with the rest of the world, will just have to wait and see.

cause it is winter," Robock said, explaining that the wind patterns in the upper atmosphere, known as jet streams, have caused a lot of snow these past two winters. "But before that, and in the future," he continues, "it will be different."

The snowfall in January set a record for New York, and marked the second consecutive year with intense wintry conditions. The big storm that took place from January 9-13 was considered a Category 3, or "major" snowstorm, according to the Northeast Snowfall Impact Score (NESIS).

The scores are determined by the area affected by the snowstorm, the amount of snow, and the number of people living in the path of the storm. Categories 4 and 5 are "crippling," and "extreme," respectively. In 2010, the National Oceanic

and Atmospheric Association (NOAA) published an analysis of the previous year's strong seasonality, calling 2009 a "wild

Snowfall in January set a record for New York, marking a second consecutive year with intense wintry conditions. According to the Northeast Snowfall Impact Score (NESIS), the storm that took place from January 9-13 was considered a Category 3, or "major" snowstorm.

warming, but rather a mix of El Niño and Arctic Oscillation.

Arctic Oscillation refers to a

be credited to a phase of Arctic Oscillation.

Global warming, however, may

not due to human-induced global The well known "nor'easters" can oceans evaporate a little more water into the atmosphere," Robock said, noting that this would have just a small effect on the storms.

PHOTO COURTESY of dailytribune.com

# The Hallmark Holiday

### **MICHELLE GILMAN** CONTRIBUTING WRITER

Valentine's Day was created to make anyone single feel like peanut butter without any jelly. This so-called holiday can make or break any relationship, stable or not. The only idiots really celebrating this holiday are the CEO's of Hallmark and Russell Stover.

From rose scented toilet cleaner to heart-shaped pepperoni, everything is about love once February hits. Any other time of the year we can ignore the fact that we are unwanted, unattractive, and unhappy.

But come the end of January, the commercials for Victoria's Secret lingerie (that only Heidi Klum can pull off) start to air on TV. Hallmark will debut their newest fuzzy teddy bear that every girl must receive if her boyfriend truly loves her and every kiss will begin with "Kay." What says "I love you" more

than a 3,000 calorie box of chocolate? Boyfriends purchase these red tacky hearts filled with unsaturated fats, sugar, and love handles to make their girlfriends feel appreciated.

Not only are they fattening, but what is fun about biting into 30 chocolates, each one with a sticky mystery inside?

If he really loved you, he wouldn't be purchasing the assortment box, he would know that you want a giant box of Godiva's white chocolate truffles with the little specs of coconut on top

"Will you marry me?" is a question that no female wants to be asked on February 14. Proposing on Valentine's Day is the ME." least original thing a man can do since putting the ring in a piece of cake.

Day proposal is tying the knot. Nothing is cheesier then a Valentine's Day wedding (except a big

block of Gouda). During this time, the easiest way to end a relationship is by giving your significant other a box of chalk flavored Sweethearts candy. No one actually wants a florescent colored candy that reads "U R A 10" and "HUG

day.

A website that benefits from this money maker of a holiday is the infamous Match.com. What better way to show your creepy side than putting up a 10-yearold picture (when you were 30 pounds lighter), hoping to meet that perfect date that will put out. Women migrate to this site

is to ride around Central Park behind a gassy horse and shriveled old man.

Whoever thought that a horse and buggy would get you any action was clearly from colonial times. A hot date in a red Maserati is more like it.

There are two types of girls on Valentine's Day: ones who have a minute. during this time of year with boyfriends and therefore have



PHOTO COURTESY of chicago.grubstreet.com

Valentine's Day is a \$16 billion business. According to a survey by the National Retail Federation, this year's consumers planned on spending an average of \$116.21, up 11 percent from last year.

give up and sell out, yet every f cake. year the Sweethearts arrive on One of the least romantic things Valentine's also se What's even worse than a V- the shelves just in time for the big a man can plan on Valentine's Day into two categories.

hopes to find that George Cloo- dates, and the single ones who want to get lucky.

It is time for this company to nev of a husband, while men just stay home with their best friend, Ben and Jerry's Chunky Monkey. Valentine's also separates men

There are those dumb enough to spend a fortune on a fancy dinner and flowers to possibly receive a reward at the end of the night (if you know what I mean). Then there are those who were dumb enough to forget it altogether and end up alone calling the single's hotline for 99 cents

The most absurd place a man can get a gift is at a local drug store. Just because CVS claims that they have a gift your woman would love does not mean it's true.

Does anyone actually want another white teddy bear holding a giant heart that reads "LOVE"? Soon women will be renting storage units for all of the stupid gifts they get and feel bad throwing away.

A necklace from Wal-Mart in a David Yurman box isn't fooling anyone, and you now gave us the perfect reason to find someone new before Christmas.

What is faker than a card that reads "I love you so much it hurts" with a horrible, sappy poem on the inside from someone you have been dating for a week?

A card that says "I'm having fun right now but I don't know if you're the one" is more like it. Nothing says a lie like a Hallmark card.

The concept of Valentine's Day should not be a one day a year occurrence. Just because you bought your special someone a watch and a crappy box of chocolate doesn't mean you're off the hook for the other 364 days.

One day of expressing how much you love someone is never enough. Switch it up and surprise your loved one all year long with gifts like heart patterned snuggies and lingerie. Nothing says "I love you" like a red shake weight.

# Make Memories at New Jersey's 14th Annual Marathon

### ANGELA GENTILE STAFF WRITFR

Time is running out to register for the New Jersey Marathon! On May 1, the New Jersey Road Runners Youth Foundation will be hosting its 14th annual weekend long marathon starting and ending on Ocean Avenue, right here in Long Branch.

The runners travel through seven different neighborhoods and four different business districts to complete the course. If you have the ability to finish the course in less than six and a half hours, than

better lives, The Family Promise Club of Monmouth County, helpof Monmouth County, which pro- ing children living in difficult envides food, shelter and services vironments.

zens and families of Long Branch dren and their immediate family less runners (and walkers!) who ages. The day consists of several and its surrounding areas to create members," and The Boys and Girls

come out every year to give them races, including a three mile "Fun" a hand. Along with the fun and excitement of the marathon, the New Jersey Marathon Festival will also



Run/Walk and a "Kids" 1.2 mile Marathon. Other activities include clowns, face painting, music, carnival games, crafts, and awards.

To register for the family fun, beginning at 7:45 am and going nonstop until noon, one can register through one of the several following charities: New Jersey Road Runners Club - Youth Foundation, Family Promise of Monmouth County, The Kortney Rose Foundation, or The Sudden Unexplained Death in Childhood (SUDC) Program.

If racing is just not your the there are still other ways to get involved! The New Jersey Marathon takes over 1,000 volunteers each year to help with everything from race registration to the organization of the start and finish line area. Each and every volunteer makes a difference to those around him or her, even by handing out water bottles or supplies to the athletes. Along with feeling satisfied by helping make the race such a success, all volunteers will receive volunteer t-shirts. So if volunteering is more along the lines of what you are interested in, you can email the Course Management Team and Coordinator at coursemanagement@njmarathon.org. If your plan for this spring is to do something worth your time, register for the New Jersey Marathon and make memories that will last a lifetime. The registration price for the full marathon is \$110 and the half marathon is only \$90, but act fast because they will increase on March 1.

you are more than welcome to register for this year's race!

The New Jersey Marathon in Long Branch has been hosted since 1997, and replaced the Jersey Shore Marathon, which had been held from 1972 to 1985, in the month of November. However, it was held too close to the New York City Marathon and ended in 1985.

Finally, on April 27, 1997, over 1,000 runners came out, and 800 of them finished the first annual New Jersey Marathon. In 2006, the marathon was moved from Sea Bright, New Jersey, to the city of Long Branch.

Today, the 13.1 mile course that the New Jersey Marathon is run on is considered only a half marathon and must be completed twice, equaling 26.2 miles, to be considered the full marathon, which begins at 8:00 am.

Branch Concordance, a local non-

The New Jersey Marathon will be hosted on May 1, starting and ending on Ocean Avenue, in Long Branch. The Marathon, beginning at 8:00 am, equals 26.2 miles.

The Beneficiaries of the New to the homeless, Autism Family Jersey Marathon include: The Long Times, who strive to "provide customized, therapeutic, educational profit agency that works with citi- travel programs for autistic chil-

These, along with the many other beneficiaries of the New Jersey Marathon greatly appreciate the support given to them by the fear-

be sponsoring the Family Running Events and Mini Fair on April 30. That Saturday will be filled with family fun for kids and adults of all

PHOTO COURTESY of flickr.com

# Holocaust Survivor Shares Her Story Catholic Center Invites Ruth Rosenberg to Speak About Her Experiences

# JOHN COSTELLO CONTRIBUTING WRITER

Personal stories help people connect names and events by providing unique insights and perspectives. The University's Rosenburg, a Holocaust survi- until the war ended. vor, for a presentation

on this past Tuesday, February 8. The event drew a small audience and was held at the Java City Café inside of the Student Center cafeteria.

For an hour, the audience listened as she recounted the story and showed them pictures of people and places that held significant meaning throughout her life. She shared both historical and personal information that helped the audience relate to her experience. She began by providing a brief overview of her past.

in Poland in 1940, during the early years of World War II. She and

her sister, separated from their parents at an early age, went into hiding to avoid discovery. At first, they hid with a Polish innkeeper who knew their father. The innkeeper and their father had met at Communist Party Years later, Ruth discovered that enced other courageous people stractions people feel when con-

After a short period of time, they traveled across the border by train to Czechoslovakia. had been obscured by the lack of of her parents, taken before the There, two Christian sisters, Anna and Julia, each agreed to house one of the sisters. Ruth Catholic Center invited Ruth and her sister stayed with them nition for her protectors' noble the war. These items helped re-

ter them at their father's request. in Israel, had been continuously searching for her and her sister. They helped fill in details that documentation.

> Meanwhile, Ruth made numerous applications to obtain recog-

PHOTO COURTESY of Diana Zambrano

Rosenburg was born Ruth Rosenberg (center), Holocaust survivor, was invited by the Catholic Center to come to the University and talk about her experiences.

orphanages. Finally, they were award. adopted by an American family. meetings and she agreed to shel- her extended family, now living such as the innkeeper who housed fronted by such disasters.

With the help of a Zionist or- spoke at the award ceremony courage despite the situation. ganization, the two sisters were recognizing her sister, Julia, as transferred to France, the two a posthumous recipient of the nect past and present actions sisters spent time in five French Righteous Among the Nations through words and images. Each

the sisters, was one of the tangible connections to past events.

Other items included a picture war cost them their lives. Ruth also brought a picture of one of the houses where she hid during actions. In August of 2010, she inforce the connection between events and those involved.

Despite lost documents and missing information, enough surfaced that enabled Rosenberg to tell as complete a story as possible. This event allowed the audience to connect a historical tragedy to a survivor's recollections.

Rosenburg's recounting of the events that took place remind people of the risks taken by those seeking to preserve lives. Despite the possibility of dis-covery, these people took her in and kept her safe so that she might tell others what happened.

Her story reminds us that people can show

The pictures and the speech conindividual story holds deeper This speech, which also refer- meanings, and gets past the ab-

# Animal Representatives of Monmouth University: Adopt Tito!

Tito is a one-year-old male domestic short-haired Tiger cat.

Tito will play with any toys you throw his way. He loves to play with other cats, so he would love a feline brother or sister.

Tito absolutely loves people; he feels like he is in heaven when people pet him.

He is also very affectionate. Tito really needs a home where he can relax, have fun, and not worry about the stresses of shelter life.

Make Tito's day! Bring him some toys and come visit him at the Monmouth County SPCA located at 260 Wall Street, Eatontown, NJ 07724. Or you can call and speak to an adoption counselor about one of the most loving cats at 732-542-0040.



tives of Monmouth University

Adopt Tito, a one-year-old cat who loves to play with his toys and other cats.

Taking a Breather in Mullaney Hall

### JORDAN FUREY STAFF WRITER

Dr. Franca Manici, Director and counselor of Counseling and Psychological Services, hosted "Calm Down" in Mullaney Hall on Feburary 8 at 7:30 pm. This program focused on teaching students about deep breathing and how they can learn to focus on relaxing.

Manici did exercises with the students to teach them ways to unwind and relax in stressful situations. Thirteen students attended the program.

Manici had all of the students who attended the program achieve focus and a state of clarity through the power of suggestion. The students had the will-

## through guided visualization.

The exercises that Manici went through were exercises that can be done at home and at any time to achieve relaxation. These exercises can also be done alone or in groups. The exercises can help bring down blood pressure and also slow down the respiratory rate. They can be helpful during stressful times such as midterms and finals for college students.

Manici demonstrated two different exercises. The first exercise was a deep breathing exercise where the students would breathe in through the nose and out through their mouths, taking deep and long breaths. Deep breathing can help with anxiousness and the mind, leaving ingness to let Manici relax them the participant feeling peaceful,

### calm, and centered.

The students were instructed to roll their shoulders and find a breathing exercise, Manici had all of the participants stretch out their bodies.

ci went through with the students exercises can also help give better was going through a descriptive setting creating a safe peaceful place for the students in their present in their lives. minds. The setting was on a green field in an open place. The students were directed to close their asleep and said they felt much eyes and follow Manici's voice. more relaxed than before attend-Mancini repeated the phrase "I feel calm, I feel peaceful, I am re-laxed." This exercise was meant dents get the ability to achieve to create peacefulness and tran- better quality of life through self quility.

ticipants an easy way to relax eryday life."

quickly by using certain pressure points on the body. By squeezing finger tips and pressing on certain comfortable position. Before the spots students can help their bodies to relax. These exercises are meant to improve quality of life. Manici said, "They have no cost The second exercise that Mani- and they are very effective." The self-awareness and help people be more alert to what is already

During the "Calm Down" program, some of the students fell ing the program.

awareness and self understand-Manici also gave the par- ing, enabling them to manage ev-

These exercises are another form of holistic health care. Deep breathing is a form of meditation and can be an alternate form of self medication.

Holistic healthcare, an ancient form of health, concentrates on the mind, body, and soul. It is more of an approach to life and concentrates on the overall well being of the person. Some other forms of holistic healthcare that can be used to help the body and mind are acupuncture, chiropractics, and yoga. Holistic healthcare includes natural, alternative, integrative, and complementary medicine.

If you would like to learn more about holistic health care alternatives you can go to The American Holistic Health Association at www.ahha.org.

# Students and Professionals Join Together for an Open Mic

### **NICK HODGINS** CONTRIBUTING WRITER

The Student Activities Board (SAB) will be hosting an Open Matt Koziol, a 22-year-old musi-Mic for their Coffee House series this Friday, February 18. The event will be held in Java City at the Student Center at 7:00 pm.

Kelly Rose Printon, a firstyear student at the University and concert chair of the Student Activities Board, helps to book the acts heard at the University as well as organize events such as this upcoming show their support regardless Open Mic.

Printon said, "This is an open performers. mic event, therefore any students are encouraged to perform. He grew up listening to classic rock or she can sing, recite poetry, and first performed live at the

play an instrument-basically age of 14 at a coffee house open cian." anything that will showcase their creative talent!'

The event will be hosted by cian who lives right here in New Jersey.

There are a handful of students signed up to perform ranging from freshmen to seniors.

"Considering most of the performers will have friends coming to support them, the turnout is expected to be pretty big," said Printon. Of course all students are encouraged to go and of whether or not they know the

Koziol, the host of the night,

mic much similar to the one being hosted here at the end of the week.

Koziol was quoted on his website, mattkoziolmusic.com, saying, "It was amazing to me to see the state of complete solitude these musicians went into while playing. It was like they were in a different world, and I wanted to see what that world was like!"

He has credited musicians such as James Taylor, Stevie Ray Vaughan, Jimi Hendrix and Eric Clapton as his inspiration.

Koziol said on his site, "All these musicians played for the moment and that's what pushed further into my career as a musi-

He has performed at venues such as the Stone Pony in Asbury Park as well as Sullivan Hall in New York City,.

Koziol recently released his second EP titled "Grace Matters." On his website he discusses the EP saying, "This CD is a taste of what is to come. I wanted to bring the 'moment' back into the hearts of listeners. I want people have a chill run down their arm at the end of a CD like I had when I listened to Billy Joel's 'Storm Front' for the been around for a long time and it's time for a second lap."

This and all his other work can performing in between sets at formers and enjoy the show.

the open mic this Friday so be sure to check it out.

The Student Activities Board has hosted past events such as Springfest, Homecoming, and the Winter Ball.

The Student Activities Board meet every Thursday at 3:30 pm in the Carol Affilitto Conference Room on the third floor of the Rebecca Stafford Student Center. New members are always encouraged to get involved and stop by.

Be sure to keep an open spot on your calendar for this Friday first time. That 'moment' hasn't night. The event will start 7:00 pm at Java City and is expected to be a lot of fun.

Head over and show your supme over the edge and pushed me be found on iTunes. He will be port to your fellow student per-

# Victim of Abuse Speaks at the University

Presentation From Stacey Lannert, Who Killed Her Father and Spent Eighteen Years in Prison

## ANNA CHAMBERLAIN CONTRIBUTING WRITER

The Student Activities Board will be sponsoring "Speaking Out," a presentation by Stacey Lannert at Pollak Theatre. Lannert is going to be talking about how she spent 18 years in jail because she killed her father.

Stacey was born in 1972, the daughter of Tom and Deborah Lannert who also had another daughter named Christy.

Lannert seemed to have a normal childhood to the outside world, but that was not the case.

Lannert killed her father because he had been sexually abusing her since she was eight-years-old.

She continued to be abused, even after her parents' divorce, until she was 18. This is when she killed her father in 1990 by shooting him when he was asleep.

Even though she pleaded self-defense, she was convicted and sentenced to life in prison. However, after the Court of Appeals reviewed her case in 2009, former governor Matt Blunt decided that he believed her accusations of abuse so he gave her clemency and shortened her prison sentence to 20 years in prison.

leased after serving 18 years in that she has suffered through a prison.

Her story has been featured on shows such as "Oprah Win-frey," "20/20," "Larry King pm. Live," "American Justice" on A&E, and in Glamour magazine

This is an upsetting story with controversial content, speaking up, telling the truth so why is Lannert coming to speak at the University?

Activities said, "We thought that she can still be antiquated in how

"I think people will walk out

with a different perspective on

the realities of assault and abuse

and will be changed."

CAROLYN WALKER

Student Activities Board member

and help others who are deal-

ing with the same problem and

bring awareness about sexual

assault and abuse. It is more

common than people think.

Others need to know that

there are people who can help

She said, "I think people

will walk out with a different

perspective on the realities of

changed. I hope people will

feel her emotions and the pow-

them.'

er of her story."

Lannert was recently re- courage to speak about the pain portion of her life. She will be speaking at Pollak Theatre on Wednesday, March 23 at 3:00

She will be discussing topics such as how to spot sexual and emotional abuse and what to do about it and the importance of and never being ashamed of who you are, the power of hope, Carolyn Walker, Student forgiveness and helping oth-Board member, ers, and the legal system that it deals with sexual

> abuse and women. The Student Activities Board is also having a guest lecture with Bakari Kitwana called "The Culture of Hip Hop" on February 23 and an Open Mic as a part of their Coffeehouse Series on February 18,

would be a powerful speaker which will be hosted by Matt to inspire others to reach out Koziak.

For more information on the Student Activities Board and the events they are holding in the future, visit their page on the University website. There is also a page on Facebook where students can RSVP and learn more about upcoming events.

If you are interested in joining the Student Activities Board, meetings are held assault and abuse and will be every Thursday at 3:30 pm in the Carol Affilitto Conference room which is located on the third floor of the Student Cen-Lannert has a great amount of ter.

# **Club and Greek** Announcements

## Zeta Tau Alpha

The Kappa Nu Chapter of Zeta Tau Alpha would like to congratulate their nineteen new members; Bree Aceti, Kim Butler, Nicole Chiszar, Gabby Coffey, Kelly Curci, Annelise Delemarre-Brand, Tara Esposito, Laura Garcia, Michelle Greico, Sofia Mandia, Cheley Newman, Maria Rafferty, Mary-Anne Ricca, Jackie Schadewald, Samantha Silvent, Stefania Tattoli, Megan Van Time, Hannah Walbert and Theresa Witek. **Congrats Girls!** 

Zeta Tau Alpha sister, Colleen Russel, has set up a scholarship fund with her family and friends in memory of her brother, Marcus Ruta, who was killed in a tragic car accident earlier this month.

Marcus was one of those people who lit up a room. He was always smiling and kind to every person he met. This scholarship will be intended for young men just like him.

In order to raise money for this scholarship, Russel will be selling What Would Marcus Do (WWMD) bracelets.

These bracelets will serve as a reminder that we should all live life with a big smile on our face. Bracelets will be sold for \$3 a piece for the next two weeks.

If you would like to support this cause please contact Colleen Russell at 201-873-3029 or s0729523@monmouth.edu.

Thank you so much for helping the memory of Marcus Ruta live on.

## Pi Sigma Alpha

Pi Sigma Alpha, which is the National Political Science Honor Society, will be holding its induction ceremony on April 12. If you would like to become a member, there is still time to qualify. The deadline for accepting applications for the Spring 2011 induction ceremony is February 28.

The requirements for Pi Sigma Alpha are: no less than 12 political science credits with at least nine credits taken at the University, a minimum 3.0 GPA in po-2.75 overall GPA.

If you think you meet the eli-

## International Reading Association

The International Reading Association (IRA) has its first meeting of the semester on February 23 at 7:30 pm in McAllan Hall 123. All are welcome!

## Hillel

Do you like pizza? If so, come join Hillel every Wednesday for pizza, sponsored by the Chabad, in the Student Center at 3:30 pm.

## Alpha Sigma Tau

We would like to welcome our six newest members.

Alpha Sigma Tau's Annual Suicide Awareness Week was very successful. We raised over \$200 throughout the week for the American Foundation of Suicide Prevention.

The sisters of Alpha Sigma Tau also went to Rutgers and participated in AFSP's "Out of the Darkness" walk in memory of those lost to suicide. We also worked with the Ashley Lauren Foundation to raise money and build scarecrows with children affected by cancer and their families.

For Homecoming this year Alpha Sigma Tau and Phi Kappa Psi participated in the float building contest and won second place. We have many plans for this semester.

## Phi Eta Sigma

Phi Eta Sigma Induction Ceremony 2011 of Monmouth University Chapter will be held in Pollak Theatre on Sunday, March 20 from 3:00 pm to 5:00 pm. The requirements for Phi Eta Sigma membership are to be a full time freshman for Fall 2010, registered full time for spring 2011, and to have a cumulative grade point average of 3.5 or higher on a 4.0 scale at the end of the fall semester. A letter to all qualified inductees will be mailed out soon.

The advisor for Phi Eta Sigma is Golam Mathbor. The officers are Bryan Martin, President; Matthew-Donald Sangster, Vice litical science, and a minimum President; Lori Mueller, Secretary; Sonya Shah, Treasurer; and Aziz Mama, Historian.

# SGA President's Letter

### Fellow Hawks,

I hope you all had a wonderful Valentine's Day, Single's Awareness Day, or whatever ing to talk about you may call February 14! the 2008 Campus Also, I hope you are all looking Climate forward to the warm tempera- conducted at the tures we are supposed to be University. basking in on Friday. Appar- survey showed reently West Long Branch will be sults from quesin the 60's! Also, spring break tions given to Uniis quickly approaching. Soon versity we will be able to take a much of all

Human Resources came to the Student Government Association meet-Survey The students genders,



deserved break. Finally, as a races, personal favorite, spring train- ties, and religions. ing has begun for Major League Some Baseball. The trash-talk will ing results were soon be able to commence and before you all know it, you will certain student's be watching my Phillies in the comfort levels at World Series!

Anyway, Student Government Association is starting improved. However, if this is to get very busy with special not the case, every University event funding requests, club budget requests, new club approvals, and upcoming events like our charity auction and Springfest. We are all excited for all of our work. However, I still do hope that any concerns that you may have about these conditions. Monmouth will be directed to us at sga@monmouth.edu so that we can address them. We enough to have President Gaffare here to serve you and make ney coming up to our meeting your experience the best that it to discuss next year's budget. can be.

from Affirmative Action and the school. However, it is not

ethniciconcernshown regarding

Monmouth. It is our hope that in 2011, these results will have student should do what they can to let every fellow student feel welcome. The University should be an environment that is free from prejudice, hate, and unease. We as fellow students should work to rid our school of

Today, Student Government Association is fortunate The budget is obviously some-Last week, Ray Rodriguez thing extremely important to

something usually noticed by students. We have been fortunate enough to not have our tuition raised in extreme amounts like some schools have. We hope that next year's budget does not include a dramatic increase but does include room for improvements to Monmouth's classrooms and campus.

The basketball seasons are finishing up. Make sure to get out and catch some games while you still can! It will be over sooner than you know it. Also, get ready for spring sports which will be starting within the next couple of weeks! Go Hawks!

**Kevin Sanders** SGA President

gibility requirements, please submit an online application by Monday, February 28. The online application address is: http://www.monmouth.edu/academics/political\_science\_and\_ sociology/application.asp

Each application will be evaluated and those students that meet the requirements will be notified about being inducted into Pi Sigma Alpha, the National Political Science Honor Society.



Yoga Club meets every Monday night at 9:00 pm in the Magill Commons Club, Room 108. Mats are provided for those who do not own their own. Weekly meetings include a hatha yoga demonstration and a brief discussion of club activities at the University.

PRSSA

PRSSA will be meeting in Plangere Room 234 everv Wednesday at 3:00 pm.

We have speaker series, career building sessions, and many other awesome events. Hope to see you there!

## **Student Activities** Board

The Student Activities Board would like to thank everyone for two successful past events- the Welcome Back Black Light Dance Party held on Friday, January 21 and the Winter Carnival held on Saturday, January 22

If you would like to be a part of the Student Activities Board, come to our meetings at 3:30 pm every Wednesday in the SAB office, located on the third floor of the Student Center.

What makes you think our generation is obsessed with social networking sites?

COMPILED BY: MELISSA ROSKOWSKI





Vanessa sophomore "People spend more time on a phone or computer than actually interacting with people."



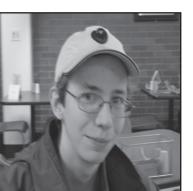




Joan senior "I think it's the trend now and we look for peoples' ap-



Cameron junior "People are always going out of their way to mobile upload."



Michael senior

"You can be connected with anyone at anytime, which is both good and bad."



Paul junior

"University officials can get people in trouble by looking through their Facebooks."



Sara junior "They have come out with a

car that will read you your Face-

book updates.'

Stephanie

jünior

library, more than half of the

computers are on Facebook."

"When you walk into the

Matthew junior

"It's a nomenclature-'Facebooking'. It's taken away from personal conversations.'



Rebecca junior

"People don't even have real conversations anymore. They would rather talk on Facebook."

# Compus Activities This Week

wednesday, february 16 MSW Information Session, 7-9pm Wilson Auditorium Love Struck, 10pm Pollak Theatre

# ihuraday, february 17

LGBT & Questioning Meeting, 1pm Afflitto Conf. Room Men's Basketball vs. St. Francis (PA), 7:45pm MAC Yoga, 9pm Cedar basement

# friday, february 18

Movie: Megamind, 7pm & 11pm Oakwood Lounge

# saturday, february 19

Lacrosse vs. Fairfield, 12pm Kessler Field Women's Basketball vs. Robert Morris, 3pm MAC Men's Basketball vs. Robert Morris, 7pm MAC Winter Ball, 7pm Wilson Hall

## SUNday, LOARNAR

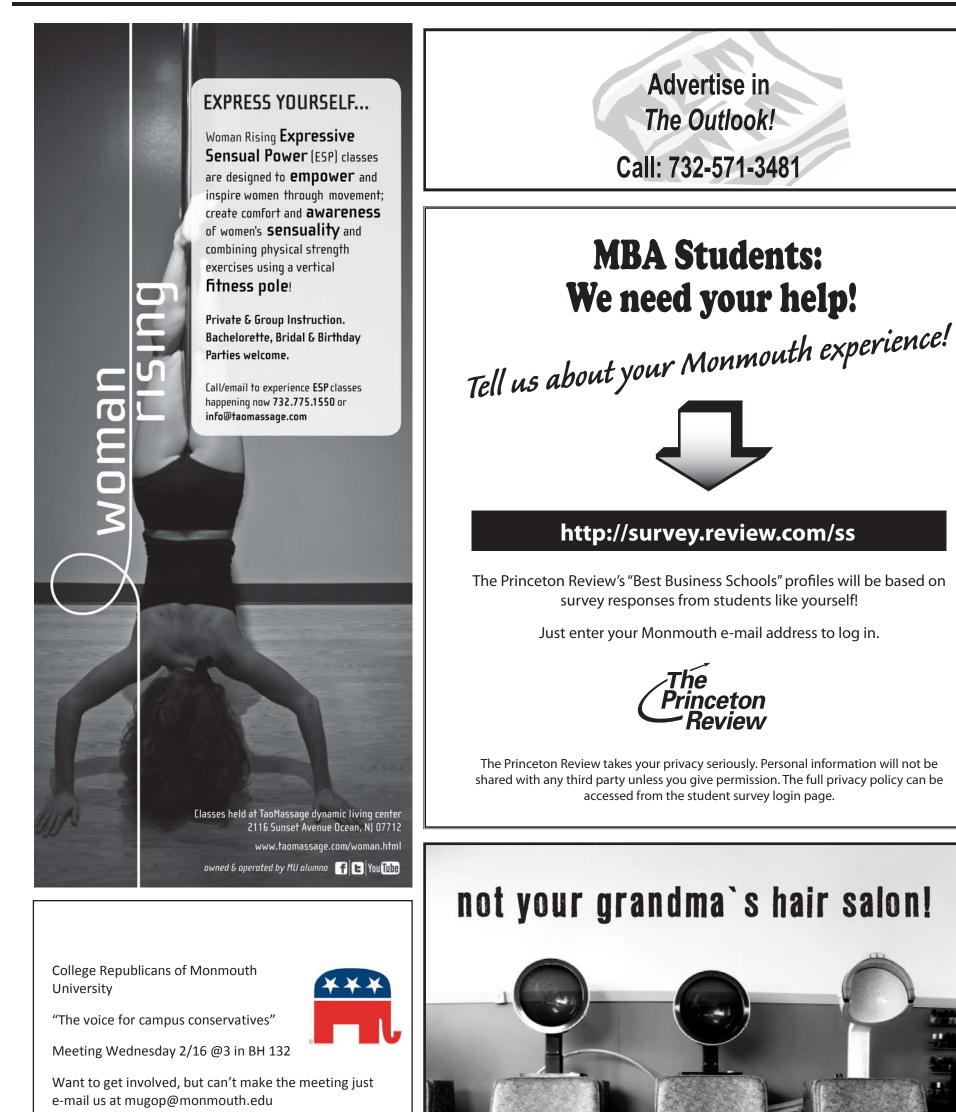
Men's Tennis vs. Temple, 3pm Tennis Courts BHM Movie: Good Hair, 7pm Oakwood Lounge,

# monday, <u>february</u> 21

Visiting Poet: Aracelis Girmay, 4:30pm Wilson Auditorium Women's Basketball vs. St. Francis (PA), 7pm MAC



Open Mic Night with Host Matthew Kogiol, 8pm Java City	<u>ਤੇਪਾਹਣਕੀਕਪ</u> , <u>fo</u> ੀਤੇਸਾਪਕਸਪੂ 22 University Sponsored Off-Campus Housing Info Session, 2:30pm Wilson Auditorium	Admission Admission Recamine Recommende Reco			
All Lifestyles Included club 2:30pm, Mullaney Lounge SAB 3:30pm, Carol Afflitto Conf. Room SGA 2:30pm, SGA Suite. Enviromental Club 3pm, 3rd Floor RSSC	Meetings Cont. Tuesdays CommWorks: 2:30pm Plangere 235 Thursdays Friends of Socrates 11:30am McAllan, #230	Clubs Send in Your Spring 2011 Meeting Times! activities@monmouth.edu			
OPEN MIC NIGHT 8PM JAVA CITY FEBRUARY 18TH WITH HOST MATT KOGIOL					
To have your campus-wide events included, send an e-mail to activities@monmouth.ed The Office of Student Activities and Student Center Operations • 732-571-3586 • 2nd Floor, Rebecca Stafford Student Center					



## "Sweets for my Sweet... Flowers for my Flower"



We are selling Flowers Bears, and Candy to benefit Relay for Life

Location: Plangere, lower level Time: 10 a.m.— 3 p.m.

**Opportunity Days are here!** 

Promotional Pricing for MU students at the area's hottest salon with Vicky. BRUSH SALON 129 BRIGHTON AVE. Long Branch, NJ 07740 P. 732/222/3026 WWW.BRUSHSALONNJ.COM

2812

Contact Salon or view website for details.







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# $\bigcirc$ • .

MATTHEW FISHER COMICS EDITOR

This past week, Spongebob Squarepants entered his way into comic book stores alongside heroes like Batman and the Hulk.

Yes, Nickelodeon's Spongebob Squarepants, created by Stephen rive in stores every two months, Hillbenburg, now has his own title to present more tales of his life as a fast-food chef under the sea.

"Spongebob Comics" will be printed by United Plankton Pictures, Inc. and circulated by independent publisher Bongo Comics.

While people might be unfamiliar with Bongo, they will recognize the licensed properties they own. Since 1993, Bongo has been publisher of "Simpson Comics."

They have also printed "Futurama Comics," as well as spin-offs ("Bart Simpson Comics") and crossover tales ("Futurama/Simpsons: Infinitely Secret Crossover Crisis' and "Simpsons/Futurama: Crossover Crisis II")

In addition, Bongo has allowed comic creators to present original material, too. One was "Roswell, Little Green Man," which Spongebob Squarepants is having more fun followed an alien whose under the sea in his new comic book series. (Not arrival on Earth corre- actual cover) lated to the Roswell/UFO

incident. Another was "Heroes Anonymous" where heroes talked about their personal issues.

While "Spongebob Comics" will be the first property for the comic to print after "The Simp-sons" and "Futurama," it isn't the first time Spongebob has been in a comic book or strip.

According to a press release Comicbookresources.com, on "Although SpongeBob, Patrick, Squidward, and the rest of the underwater inhabitants of Bikini Bottom have previously appeared in the pages of Nickelodeon Mag-

azine and in Tokyopop's Cine- own Spongebob stories. Manga series, SpongeBob Comics #1 marks the first time the characters have appeared in their own comic books in the United States and the first time that Hillenburg is authoring his own books.'

'Spongebob Comics" will arwhich is in tune with "Bart Simpson Comics" and "Futurama Comics" shipping schedules.

The press release goes on to say

PHOTO COURTESY of animatedtv.about.com

An article on bleedingcool.com explained, "Creator Steven Hillenburg will be creating stories, as will a stack of indie creators, Joey Weiser, James Kochalka, Hilary Barta, Graham Annable, Gregg Schigiel and Jacob Chabo.'

Chad Nevett, of Comicbookresources.com, reviewed the first issue and gave it three out of five stars.

Nevett said, "For a debut issue, 'SpongeBob Comics'

> is effective at capturing the tone of the show and allowing the creators to present their own takes on the characters at times. It suffers sometimes from not being able to rely on the strengths of animation and, hopefully, will take advantage of the things that comics can do that animation can't, adapting its style to this medium more."

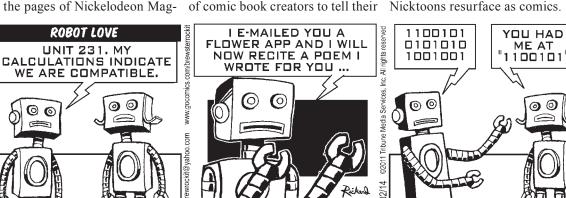
> This wouldn't be the first time that a TV channel has put its cartoon characters between the panels.

> From 1998 to 2000, the Rugrats had their own comic series published by Nick. Other toons like "The Fairly Odd Parents" and "Hey Arnold" have had comic strips featured in Nick Magazine.

Meanwhile, Cartoon Network published comics featuring '90s favorites in "Cartoon Network Presents" like Dexter from "Dexter's Lab," Cow and Chicken, and Johnny Bravo.

DC had printed comics of newer toons as well in "Cartoon Network: Block Party" (i.e. "The Grim Adventures of Billy and Mandy") and action-oriented programs with "Cartoon Network: Action Pack" (i.e. "Ben 10").

Depending on the success of Spongebob Comics" #1, it could be a matter of time until more Nicktoons resurface as comics.



that each issue will be 32 pages.

Within its pages will be long ad-

ventures, quick stories, and games

In "Spongebob Comics #1,"

stories inculde a nightmare of

Spongebob's, Squidward present-

ing his workspace with the finer

points of music, and Mermaid

Man dealing with a particularly

ing this project, he isn't telling

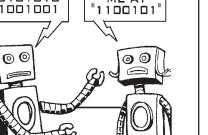
more stories of his cartoon cre-

ation alone. Bongo has a number

While Hillenburg is overlook-

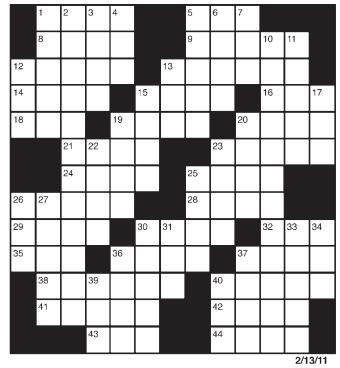
for all readers to partake in.

strange fan.





# THE TV CROSSWORD by Jacqueline E. Mathews



## ACROSS

- "The Big Theory'
- 5 Actress and director \_\_ Ullmann
- 8 Ms. Samms
- 9 Huge worldwide aluminum co. Gold"; Peter Fonda film 12
- 13 Happy, Dopey, Doc & the others
- 14 Groucho, Chico, Harpo, Gummo
  - or Zeppo
- Ortiz of "Ugly Betty" 43

41 Beer mug 42 Actor Sean

- 35 NNW plus 180°
- 36 "Well, here's another nice
- you've gotten me into." (Ollie)
- "it's \_\_, Mad, Mad, Mad World"
- 38 Still existing, as old writings 40 Singer Campbell and others



## Welcome to Falling Rock National Park by Kid Shay



16 German articleTo ched but in the streets of Laredo"DOWN19 Affleck and Stein20 "The King"; Yul Brynner film21 "The Sonny and Comedy Hour"1 Bartok and Lugosi23 "Touched by an"2 " Top Model"23 "Touched by an"3 Albuquerque's state: abbr.24 Car from Germany6 Grassy areas25 Fey of "30 Rock"7 DVD player's forerunner26 Charlton Heston's role in "The Ten Commandments"6 "Now me down to sleep"28 Designer Cassini12 Actress Thurman29 Rather and Aykroyd13 Ameche or Johnson30 Nabors and Belushi15 Hatcher of "Desperate Housewives"26 Charlton Least Week's Puzzle17 NothingDolution to Last Week's PuzzleCBLCIDSolution to Last Week's Puzzle17 NothingIPieces of hospital room furniture20 ON EACICACIDSCACIDSCACACACIDSCACIDSCACACACACACBCNACCACA	15 Danza	44 precedent; do something that
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# Men's Basketball Notes Win vs. FDU

### EDWARD MORLOCK ASSISTANT SPORTS EDITOR

It's rivalry week in college basketball. The Hawks had a home and home this week against opponent Farleigh Dickinson. Monmouth put everything together this week, and swept the season series. In their last few games, Monmouth has played competitively but came up short in close games. Unfortunately for the Knights of FDU, MU got over the hump this week and came away with two victories.

In their first meeting, FDU came to the MAC for an NEC battle. The Hawks were able to get a double-digit win in this of Hackensack, NJ with another affair. Monmouth won by the score of 68-57.

Forward Marcus Ware had a great game for MU. Ware was scored 62 points, winning by the the game's leading scorer with 24 points on nine of 15 shooting from the field. He also took all of Monmouth's free throw at- scoring in this game. He had 15 tempts, going six of seven from the charity stripe.

Mike Myers Keitt also had a good game for MU, scoring 15 points and shooting 50 percent from three-point range. Jesse Steele was a good setup man in this one, tallying six assists.

Farleigh Dickinson had a few players score in double figures. Terence Grier and Mike six of seven from the field in 32 Scott each had 15 points for the minutes. Galvin also had seven Knights. These two combine to rebounds to go along with his go five of ten from three-point scoring. Mike Scott scored in look to continue winning.

range. As a team, the Knights double figures as well for FDU, of them.

Bench scoring was a big factor in this game. FDU did not get much help from their bench. Their four players who came off the bench were only able to combine for three points. Monmouth was able to get 18 points from led these players for the Hawks with eight points on four of six shooting.

Monmouth went into enemy territory for the next meeting between these two teams. The Hawks were able to come out double-digit win. MU played great defense, holding the Knights to 51 points. Monmouth same margin as the first meeting.

Myers Keitt led the Hawks in points to go along with three steals and four rebounds. James Hett contributed to the win, scoring eight points and going two for two from three-point range. Hett also contributed seven assists, playing all 40 minutes and never leaving the court.

John Galvin led the Knights in scoring with 13 points. He was

were more active from the free making three three-pointers and throw line. They had 15 at- a foul shot to total ten points. tempts and came through on ten He shot a very low percentage, however. Scott was only able to make three of his 13 shots from the field.

Bench scoring was key in this game as well. Farleigh Dickinson's five players off the bench were only able to total 12 points. The Hawks three bench playtheir bench players. Ed Waite ers played excellent, totaling 34 points. Jesse Steele, Ed Waite, and Phil Wait all scored in double-digits for Monmouth. These three players were able to shoot a very high percentage. They combined to shoot 14 of 23 from the field.

The Hawks have limited players due to the suspensions earlier in the year. Even with a short bench, the last two games proved that MU is strong in that area. If Monmouth can continue to outplay their opponents off the bench, they will have a good opportunity to continue winning down the stretch.

This week, Monmouth has two home games against NEC opponents. These are the last two home games of the year, so get out to the MAC and show the Hawks support.

On Thursday, Saint Francis comes to West Long Branch for a game at 7:45 pm. Saturday, Robert Morris comes to town for a game at 7:00 pm. These are two important games as the Hawks



Sophomore Jesse Steele was amongst the players who scored double digits against FDU.

# Hawks Don't Pull Through in Emmitsburg, but Outwit FDU

### DAN GUNDERMAN ASSISTANT SPORTS EDITOR

Last Monday, the Hawks traveled to Emmitsburg, Maryland to take on Mount St. Mary's at the Knott Arena. The Monday night matchup saw the streaking Hawks fall to the Mount 51-45. With the defeat, Monmouth fell to 15-8 overall and 7-5 within and six rebounds. the NEC.

opportunity for the Hawks to capitalize and gain another NEC victory, but the Mountaineers put up strong resistance against Monmouth, led by Sandra Andresson who had a career night.

Sophomore guard Erin Rooney also had a career night, scoring 21 points for the Hawks. Abby Martin also added seven points

With less than four minutes

Monmouth was forced to start fouling, and Mount St. Mary's converted on their free throws, pushing the game to 48-43, and farther and farther out of reach. At the sounding horn, the Hawks had fallen again on the road.

Sandra Andresson was lights out early for the Mountaineers, but on the other side of the coin, the Hawks got contributions by Gabby Singer, Carly Thibault and Chevannah Paalvast.

The Mountaineers shot nearly 50 percent early on, helping their cause in the winding minutes when trying to sustain their lead. Monmouth did manage to grab a lead in the second half, but dominant play by Andresson and her fellow Mount players forced the

Once MSM regained the lead (although Monmouth managed to keep it scarcely close) they never relinquished it. Andresson ended the night shooting 10-17 for the Mountaineers, which ended up being an extremely large contribution to the Mountaineer cause. Coming off the loss, the Hawks looked to redeem themselves in Teaneck, NJ in a matchup against the Fairleigh Dickinson Knights. The Saturday, rivalry week matchup at Stratis Arena was another close one for Monmouth, but this time, they got the better end of the deal. At the sounding horn, they had topped the Knights by five points (59-54). The Knights fell to 12-12 overall and 5-8 in the NEC, and the Hawks improved to 16-8 and 8-5 in the NEC. Numerous lead changes and ties again were included in this game...a typical asset of Monmouth women's basketball of late

two minutes remaining, FDU managed to chip away at the close, managing to get the MU Monmouth lead, but Adrianna lead to just a point at halftime. Allen buried a clutch three for Alyssa Mayrose was a big part Monmouth which sealed the deal for the Hawks.

Alysha Womack also came through towards the end, coming up with a block on FDU's Jordan Sykes. Gena Broadus then got an with four quick points, and then assist to Womack on that very an 8-0 run put the advantage at

As a last ditch effort, Knights and Hawks. With only Monmouth lead early on. Mariyuh Laury and FDU kept it of the run by FDU, scoring eight points in the paint in the first half

> In the second half, Gena Broadus increased the Hawk lead





PHOTO COURTESY of Monmouth University Athletics Sophomore Alysha Womack scored 18 points in the first half of last Monday's game against FDU.

The Mount victory handed the Hawks their second straight defeat on the road versus an NEC matchup. The struggling Mount improved their record to 5-18 on the season and 2-10 within the NEC.

This hard loss was a golden eer lead to one.

remaining in the game, Rooney converted on a three point play, bringing the game to only a one point advantage for the Mountaineers. Then the two teams went back and forth, where Rooney again cut the Mountain-

With the win, the Hawks were awarded the Codey Trophy, which is given to the winner of the season series between the three pointer, increasing the lace scored 10.

PHOTO COURTESY of Monmouth University Athletics Sophomore Erin Rooney scored 21 points against Mount St. Mary's at the Knott Arena.

possession to increase the MU eight points. Adrianna Allen lead. Alvsha Womack added 18 total points for Monmouth, and Erin Rooney scored all of her points (11) in the first half. Alexis Canady also con-

scored nine points and Alexis Canady scored eight points, and these contributions eventually got Monmouth the win.

Alyssa Mayrose scored a total tributed for MU with a clutch of 14 points for FDU, Ester Wal-

# MU Hosts Invitational Event and Finishes Fourth at NEC Championships

### DAN GUNDERMAN ASSISTANT SPORTS EDITOR

The men's and women's track teams hosted the first annual Blue-White Invitational February 6. The event was held at the MAC and contained over five teams, making it the biggest

meet held by MU. Lindsey Walsh finished first in the long jump, and Colleen Rutecki took seventh. Sandra Jean-Romain got 42'2.75" in the shot put to take home second place. Rachel Aliotta also finished third in the event while Monmouth also took its share of sixth place. Heleen Riggs vaulted 8'11.75" and earned herself a share of third place. In the 60 meter hurdle event, Mary Wilks took fourth place for Monmouth. The mile run was dominated by Lucia Montefusco and Stacey Lepes. Kelsey Maher also took fifth place for the same mile run.

In the triple jump event, Monmouth took a respectable third place finish, and also rounded out the pack with a ninth place finish.

In the high jump, Allison Day took first place with a jump of 5'4.25." Monmouth also came in with a tie for second place. Laura Williams took first place in the 400 meter dash and Rachel Watkins took eighth place with a time of 1:00.78. In the 800, Monmouth did not finish too well, coming in at seventh and eighth, but still put up respectable times. Williams took home first place in the 200 meter dash, Jen Nelson finished first in the 3000 meter run. Monmouth also took first place with their distance medley team, with a time a great round and retained first of 12:53.66.

For the men's squad, Tom Cic-Ciccoli also took home "gold" for Monmouth in the weight hurdles, Jalen Walker finished



PHOTO COURTESY of Northeast Conference

From left to right: Christine Altland, Courtney Spratford, Mary Wilks, Ashley Cuvilly, Michelle Losey, Erin Szulewski, and Heleen Riggs.

throw. Sophomore Ryan Snyder third. Sean Harnett took first in lete Vincent Elardo was named took fifth. Jason Kelsey and Josh Lewis finished 1-2 in the long jump and Rich Bills finished fifth. Pete Matano vaulted place for the Hawks with a vault of 15'. Nick Waltman took seccoli took first in shot put, while ond place in the triple jump, and Shane Carle also took third. Geoff Navarro took first in the 60 meter dash. In the 60 meter

the mile run for Monmouth as they proved to take first in many of the day's events.

In the most recent Monmouth Track and Field notes, the men's Squad finished fourth at the ing out Sacred Heart and Long NEC championships. The meet Island). The Hawks were not far took place Sunday afternoon at behind and tallied 102.5 total the Prince George Sports and team points. Saint Francis fin- ship trials, the squad will con-Learning Complex. During the ished with a distant 63 points tinue action in the Princeton In-

Field Athlete of the Meet, and did so for a second year in a row.

Coming in with 114 points, Central Connecticut State University took the NEC title. (Beat-Island). The Hawks were not far championships, Monmouth ath- while Mount St. Mary's and Rob- vitational.

### ert Morris neared one another's score with 52.2 and 50 points. Rounding out the NEC were St. Francis (N.Y.) with 23, FDU with 17 points, and Wagner with 12 and Bryant University with 11 points.

Elardo took first place in the weight throw, gaining a mark of 59' 5.75." This feat was followed by Tom Ciccoli who finished in seventh place but earned a respectable 50' 4.5." Onto the high jump event, Monmouth was led by a pair of freshman athletes; Ed Kramer, who finished in fourth, and Tommy Butler who cleared the same 6'5" mark but came in sixth place overall. Julio Rodriguez and Jake Bartlett also added sufficient marks for the Hawks and shared seventh place in the event.

When the events turned from the weights to the sprinting, Geoff Navarro finished second in two events. (60 and 200 meter dash). In the longer distanced, 400 meter dash, Zachary Krupka crossed the finish in 50.77 seconds and took sixth place for MU. He also finished eighth in the 60 meter dash. When it came time for the 500 meter dash, Jon Marques took seventh for MU at this NEC championship. Patrick Egan, Jon Marques, Christopher DelFattore and Garth DeBlasio finished sixth place in the medley event. (The squad tallied a time of 10:23.19 for MU).

The 4x400 meter relay team consisted of: Eric Fay, Jason Kelsey, Krupka and Bayaan Oluyadi finished in fifth for the Hawks with another respect-able output of 3:24.72. Finally, freshman Jalen Walker retained fourth place in the 60 meter hurdles, and Stevenson Cajuste took home sixth place.

After these NEC Champion-

# Monmouth Men's **Tennis Picked Fourth** in NEC Preseason Poll

### PRESS RELEASE

SOMERSET, N.J. – The Monmouth University men's

## fourth singles.

Also back is first singles participant Laurence Heads (Stockton-on-Tees, England / Repton School), who went 9-9 tennis team has been selected a season ago. The 2009 NEC fourth in the 2011 Northeast Rookie of the Year went 4-3 Conference Preseason Poll, in NEC play last year. Junior conducted by the league's head David Sherwood (Little Egg Harbor, N.J. /Pinelands), who competed at second and third singles in 2010, is also back after posting a combined 12-7 relected as the league's preseason cord as a sophomore, including a 5-3 mark in the conference. Senior Ian Terpilowski (Mount Macedon, Victoria, Australia/Braemar College) returns for his final campaign in West Long Branch. The Hawks begin conference play on March 26 when they host Sacred Heart at 1:00 pm.

# President Obama: An Authority in Sports?

### ANTHONY MAURO STAFF WRITER

More and more often I read or hear about conflicts and corruption within the United States Government. I turn to sports as an escape from the disastrous state of our government. When I turn on ESPN, I just want to hear the latest sports news - not hear from another political figure. The negative aspects of our government are only reinforced and seem inescapable when sports media outlets decide to let President Obama weigh in on the latest sporting event. Not only does he have much more important matters to attend to, but he is no more of a credible expert or authority on sports than you or I. Shortly after Obama was elected, I remember hearing how he liked basketball. Now, why would the average American citizen have any interest in whether or not the President likes sports? Better yet, why does anyone care what the guy does in his free time at all? Wait, maybe I misspoke with that last question. The American public should be greatly concerned with what our President does in his free time. After all, he is the elected leader of our country who is supposed to represent us and make improvements to the place we live. I'd like to know if the President favors shooting hoops over trying to come up with an intelligent plan to "change" the abysmal state of our economy in his free time.

shooting around with the University of North Carolina basketball team as if it was some sort of big deal. Even ther of Bushes nor Clinton on ESPN, worse, right before the 2010 NCAA Final Four tournament, there was an entire segment of Sportscenter devoted to Obama filling out a bracket and from 1989 to 1998, but I never saw going over picks with college basket- any sports media outlets looking to ball analyst Andy Katz. People made Bush during his presidency for coma huge fuss over LeBron James and ments on the Texas Rangers, baseball and his decisions. While "The Decision" was over-the-top without question, at least James is a professional athlete whose words had a significant impact on the sports world that night. Obama's Final Four bracket decisions were irrelevant, unnecessary, boring, and had absolutely no impact on the world of sports whatsoever. ESPN.com published an article on January 26 talking about how Obama was "crushed" when the Green Bay Packers defeated his hometown Chicago Bears to win the NFC Championship. Is it news that the fan of a team eliminated from the playoffs was disappointed or upset afterward? I guarantee every Bears fan was just as "crushed" as Obama, if not more. The article goes on to say, "President Barack Obama says his team will even the score next year," as if it is now written in stone because the almighty President said so. Obama most importantly, it reflects poorly should stick to what he knows best, and if that's football it's time he re- and they're the media's target audisigns. ESPN should stick to what they ence.

Last year, I remember watching ES- do best too, using credible reporters PN's Sportscenter and seeing Obama and analysts to deliver news and offer insight.

I don't ever remember seeing eiand I liked it that way. It is a wellknown fact that George W. Bush was co-owner of the Texas Rangers "The Decision," but not over Obama in general, or sports at all. No one cared about the President's opinion on sports then, and no one does now. In fact, the idea of the President weighing in on a sporting event never even crossed my mind because I always assumed he had things of much greater significance to deal with. I hope my assumption is correct. So why does the media suddenly seem to have a vested interest in the President's take on sports ever since Obama was elected into the White House? The media already does enough agenda-setting as it is, and sports media only makes Obama look far less intelligent than someone in his occupation should (which is President, NOT sports analyst/ reporter). Asking the President for commentary on sports makes the media look bad in general, sports media in particular, and the network that does it specifically. Lastly, and on the American public as a whole,

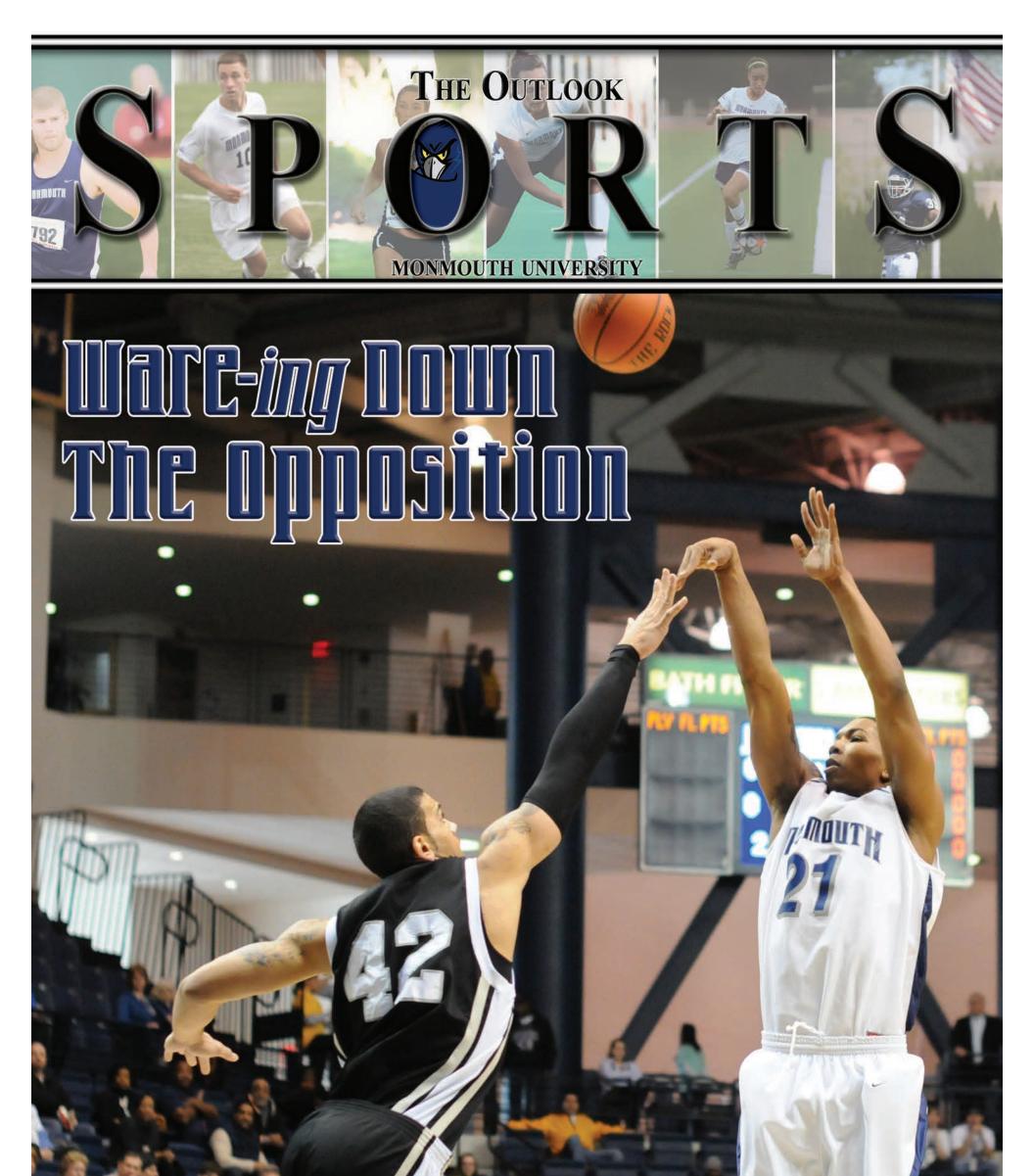
coaches, the conference announced on Monday.

Quinnipiac, which received five first-place votes, was sefavorite. Sacred Heart and Fairleigh Dickinson, which each received two first-place votes, was selected second and third, respectively. Mount St. Mary's was picked fifth, while Robert Morris was selected sixth and Saint Francis University was chosen seventh. St. Francis College and Wagner rounded out the poll.

The Hawks, who advanced to the conference semifinals last season, return their top four players from a season ago, including First Team All-NEC Fourth Singles competitor Harveer Bhalla (Buckinghamshire, England /Dr. Challoner's Grammar School). Bhalla went 16-7 last season, including 7-0 in league play and 7-1 overall at

The 2011 NEC Men's Tennis Preseason Poll is:

- Quinnipiac (5) 1.
- Sacred Heart (2) 2.
- Fairleigh Dickinson (2) 3.
- 4. Monmouth
- Mount St. Mary's 5.
- Robert Morris 6.
- Saint Francis (PA) 7.
- 8. St. Francis (NY)
- 9 Wagner



Men's basketball, led by Marcus Ware's career-high 24 points, rallies in the second half to defeat NEC division rivals FDU 68-57 in their first game of the Garden State Rivalry Series.

Full Story on page 22