



# THE OUTLOOK

MONMOUTH UNIVERSITY'S  
STUDENT-RUN NEWSPAPER SINCE 1933

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## MU and Brookdale Clean Up Local Lake



PHOTO COURTESY OF Kaitlyn Kanzler

**The garbage dredged out of Lake Takanassee includes a rusty bicycle, an old fish tank, and other assorted refuse.**

KAITLYN KANZLER  
STAFF WRITER

On Saturday, March 1, Monmouth University's chapter of N.J. Community Water Watch in collaboration with Brookdale Community College's chapter of Water Watch cleaned up Lake Takanassee.

Organizer for Water Watch. "The lake, like many coastal lakes in Monmouth County, is severely impaired by overdevelopment and pointless roadside litter. By involving both the campus and the community, we can raise awareness through our cleanup about the poor water quality in our State and encourage people to be

students, the N.J. Chapter of the Sierra Club, Surf Rider, and even four students from Neptune High School's TEAM GREEN.

University president, Paul G. Gaffney II, even stopped by to pick up a bag of trash and to encourage the students and volunteers before leaving.

"There are millions of pounds

things found at Lake Takanassee. Various water bottles, plastic shopping bags, Styrofoam, and other debris were pulled from different sections of the lake. Freshman Candace Jahn pulled out a boogie board and three bicycles and a gerbil aquarium was found with the plastic house still inside.

According to a biological assessment of the Whale Pond Brook watershed done by the Urban Coast Institute's Assistant Director John A. Teidemann and his research associate Jessica Lisa, Lake Takanassee has a large amount of pollution. An evaluation of the aquatic invertebrates within the watershed showed only highly pollutant tolerant invertebrates, like scuds and worms were able to survive. Not only are these invertebrates in the lake, it has to be stocked with trout every year because it is hard for other species of fish to survive in the polluted water.

Things such as flooding, channelization, shoreline erosion, and degraded water quality and habitat quality are among the major problems. Pollution is not the only thing that affects this important

waterway, but one of the biggest. According to Feeney, urbanization is the main cause for pollution in this water system.

The Lake Takanassee area is familiar with urbanization. Recently, it has been surrounded by controversy because the Takanassee Beach Club property was sold and the buyers want to use it to build nineteen luxury residences and five public parking spots.

While Water Watch is concerned with the urbanization of the area, their main goal is to clean up the water, not to get involved with the political battle that surrounds it.

"It's not about the political side, we just want clean water," said Feeney.

"NJPRIG's Community Water Watch, as an AmeriCorps Program, is at Lake Takanassee today to empower students and community members to be aware of our poor water quality statewide and be active stewards of their local waterways," Ashley Chandler, an intern for Water Watch said on Saturday. "Being active in our communities will help protect out most precious resource for future generations."



PHOTO COURTESY OF Kaitlyn Kanzler

Volunteers of N.J. Community Water Watch pick up garbage at Lake Takanassee

**"The lake, like many coastal lakes in Monmouth County, is severely impaired by overdevelopment and pointless roadside litter."**

KATIE FEENEY

MU Campus Organizer for Water Watch

"Lake Takanassee is very close to MU; in fact, the Whale Pond Brook, which we are working to protect on campus, flows into this coastal lake," said Katie Feeney, Monmouth University Campus

involved and actively protect the waterways in their own backyards."

Fifty-three people came to help clean up the lake from various organizations. Volunteers included

of debris that go into the ocean every year," Gaffney said. "And about 90 percent comes from humans. About 30 percent, believe it or not, is from cigarettes."

Cigarettes were not the only

## Food for the Soul, Holistic Health and Healing

ALLISON LACASKEY  
STAFF WRITER

Can you count how many diets you have been on in the past year? How many times has your New Year's Resolution been to lose more weight, or eat healthier?

On Wednesday, February 27, holistic health counselor Stephanie W. Martel presented "Food for the Soul," a discussion to in-

form people how to live healthier lifestyles. The event took place at 2:30 in Young Auditorium.

What exactly is a holistic health counselor? "I help people figure out the food that works for their life and their bodies, how it makes them feel, and if it's working for them," Martel, a former graduate assistant at Monmouth, said.

Students and faculty alike

attended to learn how to live healthier. "I have a lot of health problems in my family, especially involving cancer and diabetes," one audience member said.

How can you live a healthier lifestyle? Instead of dieting, Martel suggests you change your lifestyle. With diets, certain foods are off limits, dieters feel punished, and the amount of time for most of them is limited. By

changing your lifestyle, no foods are off limits; your choices are simply different.

"I have a 90-10 rule. Ninety percent of the time I eat what's good for me, and 10 percent of the time I eat whatever I want" Martel said.

Martel stressed the point that people need to listen to their bodies to determine if the food they are eating is working for them.

Some indicators she says to look for include; consistent headaches, waking up with puffy eyes, skin rashes, mood swings, and being constantly tired.

The Standard American Diet (SAD), according to Martel, consists of saturated fat, chemicals, and refined sugars. She adds that Americans drive more than they

Health continued on pg. 14

	Wednesday 53°/32°
	AM Rain
	Thursday 50°/36°
	Mostly Cloudy
	Friday 48°/38°
	Showers
	Saturday 47°/27°
	Few Showers
	Sunday 41°/30°
	Sunny
	Monday 46°/27°
	Partly Cloudy
	Tuesday 44°/31°
	Sunny

### News



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# More Than Meets The Eye

*A student's reflections on fraternity, brotherhood, life, and a year and a half battle with cancer*

JERRY MESSANA  
CONTRIBUTING WRITER

In the fall of 2005, I made a decision that would dramatically change my time at Monmouth University by joining Sigma Pi Fraternity. At first, I was hesitant, but knowing that my best friends would go through the process by my side was a reassurance to say the least.

Now, more than two years later, I realize it was the best decision I have made in my life.

People typically stereotype fraternities as a drinking club full of wild party animals with no regard for themselves or the people around them. This is the total opposite of what Sigma Pi is all about. They are a family

the art treatment at Memorial Sloan Kettering Hospital in New York City. Looking at me now you might notice my hair loss but there is much more to the story that meets the eye. Now one year in remission, I believe it is time to tell my story.

The point of this article is not to inform the school of my disease or struggle but to give recognition and appreciation to Sigma Pi and the Greek community in general here at Monmouth University.

When the news spread to the members of my fraternity, obviously they were devastated. The brothers were heartbroken and wished me the best for a speedy recovery.

At this point in my life all wanted to do is be with my friends, be back to that perfect

of hats to try on and make me feel more secure about my hair loss.

I also recall Mike, one of my pledge brothers, driving in the rain from Philadelphia to come see me. When he arrived I was totally shocked to see him. He told me that he heard the news, got in this car and just started driving north, not knowing where he was going.

The last visit that I recall was when Warren, my Big, came and saw me; he was almost in tears to see me in this state. I do not recall crying much throughout my battle with cancer, but when I saw him, I could not fight the tears.

The brothers of Sigma Pi were always there for me, cheering me on, and making sure my head stayed high.

This was not an easy task, but the small things that they did such as these visits definitely helped me keep a positive outlook and know that one day I would be back to that lifestyle I had once before.

The little things like constant text messages and Facebook wall posts and messages sometimes might have been thought as insignificant, but in reality I thank those people who never lost touch with me in my time of illness.

Daily, I would check my Facebook profile and see comments such as "We Miss You", "Hope all is well", "Can I do anything", and so on.

Again, these little things had such impact and made me know that I truly had great friends behind me. I knew I could beat this disease.

Just about the time I was getting my legs back and out of the hospital was homecoming here at Monmouth University. In the years past, I enjoyed and looked forward to this celebratory event, but suddenly I was reluctant to go to due to my appearance. I had no hair, bad skin color, and weighed 135 lbs.

I repeatedly told myself I was not going to go, but my friends would not let me stay home on the couch. I made my way to homecoming and was greeted by a mob of people. Not being able to stand for a long time, I took a seat and took in the sight of the people around me.

I was met with hugs, tears, stories of the past, and people who just wanted to be with me.

This was a touching moment and finally made me realize that even though I was gone a year, no one forgot about me,

and everyone awaited my return. I was than determined to make it back to start the next year of school.

A couple of more hospital visits and rounds of chemotherapy then ensued. While

brothers, and a wonderful girlfriend.

To the men in my fraternity, I could not thank you more and I'm proud to associate myself with each of you. The support that was shown to me through

***"There is much more to the story that meets the eye. Now one year in remission, I believe it is time to tell my story."***

***"Several hospital visits to Columbia Presbyterian, along with a 20 day stay, resulted in diagnosis of Neuroblastoma... a life threatening cancer of the nervous system that needs to be treated as soon as possible."***

filled with love, concerns, and compassion for each other.

After I pledged, I was living the dream and perfect life as a 20 year old college student. I was in a great fraternity, had great friends, hung out with the best girls, and achieving good grades. After the spring semester ended, I was looking forward to summer, but in my heart I just wanted to be back in school.

Things were going as planned-my summer consisted of the beach and working when I can, in that order. August came and I was getting packed up to eventually move in with some of my fraternity brothers later that month.

My excitement came to an abrupt halt with one doctor's appointment.

I went to a local doctor with complaints of back pain. Living an active lifestyle, the doctors and I assumed this was a muscular injury. We both assumed wrong.

After taking a cat scan, the doctor came back with the results saying that I need to see an oncologist.

At this point I had no idea what oncology was, but then the doctor explained that I had a cancerous mass in my abdomen.

Several hospital visits to Columbia Presbyterian, along with a 20 day stay, resulted in diagnosis of Neuroblastoma on September 9th 2006.

Neuroblastoma is a life threatening cancer of the nervous system that needs to be treated as soon as possible. Since then, I have undergone two surgeries, seven rounds of chemotherapy, and several rounds of different state of

life that I once had, but the cruel reality was that this was impossible. My friends knew this and made it their best interest to keep my spirits up.

In my time of illness there was so much outpour and concern, but a few visits stuck out the most. I recall one time, when I was first diagnosed, two of the brothers came to the hospital and just stayed and talked to me.

This meant the world to me, I had not seen these guys all summer and they came to reassure me that everything will be alright and that they missed me.

One of my friends, Steve, who was a football player in high school, gave me a neck-

***"he was almost in tears to see me in this state. I do not recall crying much throughout my battle with cancer, but when I saw him, I could not fight the tears..."***

JERRY MESSANA TALKING ABOUT WHEN HIS SIGMA PI "BIG" WARREN VISITED HIM IN THE HOSPITAL

lace when he visited me. He emotionally told me that he wore this necklace every game in high school for luck and to keep him safe.

He handed me this old, beat up, string tied necklace and I broke down in tears. I wore this necklace throughout my recovery and just recently was proud to give it back to him as a survivor.

Another visit was from my old roommate Oliver. Due to the chemotherapy, I had lost all the hair on my head. Oliver knew from speaking to me many times that this was bothering me, so when he visited me he bought me a couple

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# Step Troupe Performs at MU

ASHLEY HARMON  
CONTRIBUTING WRITER

The Bronx's P.L.A.Y.E.R.S. Club Step Troupe visited Monmouth University's Pollak Theater to entertain students with their impressive step moves on February 28. The anti-violence group has seen great success in the 12 years they have been together.

These New York City "step entertainers", as they call themselves, are multi-time champions of the Apollo, 11 to be exact. They have opened for numerous artists including Alicia Keys and Usher. They are the only step team to perform at the White House, the first step team to make it to the America's Got Talent finale, and were cast in the hit stepping movie, Stomp the Yard.

Stepping is a traditional African-American percussive dance that includes intricate foot stomps, hand claps, and often times chanting. Stepping dates back to 19th century slaves when foot stomps and hand claps were often the only way of communicating. Modern day stepping is still a form of communicating and storytelling but with a hip-hop twist.

The P.L.A.Y.E.R.S. step troupe is a multi-talented group in dancing, stepping, and entertaining. They have been performing together for about twelve years. According to Ed Nelson, they are like a family. "With other things going on in our lives, we practice every day for two hours."

The manager of the troupe is Martin Knight, a peace ambassador for the UN. The P.L.A.Y.E.R.S., which is an acronym for Part in the Lives Among Youth to Educate and Restore Society, are a for-profit group whose purpose is to entertain and be

positive role models for youth.

The founder of the group, Ed Nelson, and his troupe of four other men and one woman, put on quite the show Thursday night. The group mixed humorous acts with their stepping to create a thrilling and entertaining show.

Between acts, the group would explain to the audience the history of stepping or put on humorous skits. There was a lot of audience interaction, with several audience members dancing up on stage. The steppers took the time to teach the audience several basic steps, and this was both amusing and enjoyable.

The steppers did not miss a single beat throughout the entire performance. When the six performers stepped at one time, it was incredible to watch. Ed Nelson, the leader of the group, considers him and his step troupe as "a human drum machine."

During one point of the show, the steppers performed to music from different cultural backgrounds; including Latin, hip-hop, and traditional African music. They also imitated the music from hit movies such as Coming to America and Stomp the Yard.

Stepping requires an extreme amount of endurance and stamina. When asked about the physical toll that stepping takes on their bodies, they said they have become accustomed.

"The constant slapping on the thighs, hands, and chest used to burn my skin, but we're used to it."

The stepper's performance was a great time. If given the chance to see them, I would encourage all students to check them out. They are a truly talented step team.

# The Underground Hosts Singer Libbie Schrader

DIANA CAPPELLUTI  
CONTRIBUTING WRITER

Singer and songwriter Libbie Schrader offered nighttime entertainment at Monmouth's Underground on Wednesday, February 27 beginning at 9:00pm. She played an hour and a half set, featuring original pieces as well as a few cover songs.

Schrader performed solo on both the piano and acoustic guitar, possessing an alternative pop-rock style. Her interaction with the audience kept spectators laughing and clapping along to the music throughout the entire set.

The songs played featured true to life topics such as love, sex, pregnancy, and break-ups. Song titles included: "It Breaks Today," "On the First Try," "Wish You Were the Woman," "Come When I Call," "Blood Red Moon," and "War on Science."

About halfway through the show, Schrader played her own ballad rendition of Bruce Springsteen's "Dancing in the Dark." "There's no way I'm coming to the Jersey Shore and not playing any Springsteen," she said before the performance.

During the set, Schrader jokingly asked if Monmouth was a Catholic university before presenting her original composition "Blood Red Moon," a song about pre-marital pregnancy. She interacted frequently with the audience, breaking up songs with questions and jokes for the crowd.

Schrader played a couple of songs on the acoustic guitar, both involving girls in less-than-perfect romances. She told the



PHOTO COURTESY of David Downing

Libbie Schrader entertained students in The Underground with original and cover songs.

audience that, on the guitar, she often writes about young women "getting themselves into situations they should never get themselves into."

After the set's conclusion, Blair Fink, a sophomore, anthropology major at Monmouth University, talked about her enjoyment of Schrader's performance. "I loved her voice—it's so pretty—and the music was so relaxing," she said.

Dave Downing, the Concert Chair of SAB and senior at Monmouth, organized the event and was in charge of calling Schrader's agent, booking her, and advertising for the show. He revealed that SAB found Schrader at the NACA showcase, which occurs every fall and spring.

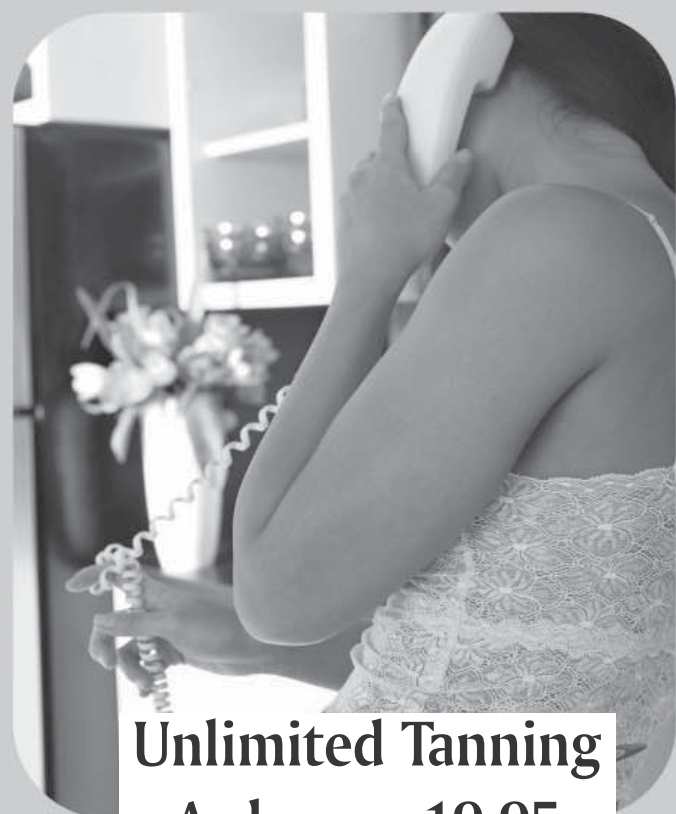
According to Downing, booking Schrader a gig at MU was unanimous, since everyone enjoyed her

music.

Schrader's musical influences incorporate a wide variety of artists and genres, including U2, Sarah McLachlan, Tom Petty, Fiona Apple, Tori Amos, Radiohead, Azure Ray, and Franz Schubert, and her writing and vocal style is something of a mix of these.

Fans of Libbie Schrader can also see her on Thursday, March 6, 2008, performing at the Knitting Factory in New York City on the Spin it Indie Tour. Admission is for those 18 and older and costs eight dollars per person. More information on this tour is currently available on her band's website.

For more information on upcoming tours and to sample the sounds of Libbie Schrader, check out her band's website at [www.libbieschrader.com](http://www.libbieschrader.com) or Myspace page at [www.myspace.com/libbieschrader](http://www.myspace.com/libbieschrader).



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## Counseling and Psychological Services Spring 2008 Program Schedule

### March

- Wednesday, 3/5-2:30PM-4:00PM. *What's Love Got to Do With It?* Young Auditorium, Bey Hall. The audience will view excerpts from various films that depict relationship abuse, domestic violence and assault, followed by an interactive discussion with counseling staff.
- Wednesday, 3/26-2:30PM-4:00PM. *Bias Incidents and Hate Crimes on the College Campus*. Young Auditorium, Bey Hall. Detective David D'Amico from the Bias Crime Unit of the Monmouth County Prosecutor's Office will talk about incidents on campuses throughout New Jersey and how members of the community can respond.

### April

- Thursday, 4/3-12:00PM-5:00PM. *Anxiety Screening*. Stafford Student Center, Room 202A. Students may participate in this screening by filling out a brief questionnaire that screens for anxiety and other mood disorders. The professional counseling staff will provide results immediately. Videos and literature available.
- Tuesday, 4/15-7:00PM-9:00PM. *CPS Film Series: Transamerica*. Wilson Auditorium. In this engaging film, a conservative transsexual woman and her long-lost teenage son explore the definition of the modern American family. Interactive discussion with counseling staff to follow.
- Wednesday, 4/30-2:30PM-5:30PM. *De Stress Fest*. Stafford Student Center, Anacon Hall. Our favorite day! Enjoy massage, yoga, games, prizes, videos, food and fun as you prepare for the FINAL stretch! Take a break! Bring a friend!

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nity on campus at this fun night of entertain-  
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CEO and Co-Founder, Red Bank Veterinary Hospital

**Bernadette Dunphy, RPT**  
Dunphy's Physical Therapy, Red Bank, NJ

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- Foreign Medical Schools – Drs. Mack, Dorfman, Hutter & Naik

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Contact Marilyn Ward.

**Public Relations Assistant**  
A non-profit organization with several community health centers is looking for help with marketing and public relations. Students will develop an online newsletter, create press releases and help to plan special events.  
Contact Marilyn Ward.

**Public Relations/Marketing Assistant**  
Interns will assist in all aspects of public relations as well as fundraising for the Girl Scouts of the Jersey Shore. Some knowledge of public relations and/or experience is a must.  
Contact Kathy Kennedy.

**Coastal Environmental Intern**  
Located on Sandy Hook, this paid internship involves leading hands-on outdoor education programs at a variety of locations. Interns will assist in researching, writing and designing programs for the general public. A background in marine biology, marine science, coastal ecology, or a similar field is a must.  
Contact Kathy Kennedy.

Marilyn Ward  
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mward@monmouth.edu

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The Outlook provides the Monmouth University community with information concerning issues in and around the University while serving as a forum for expression of the ideas of its readers.

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# The Power of Words

JACQUELINE KOLOSKI  
*EDITOR IN CHIEF*

Language is powerful whether written or spoken. You can convey a lot through words and can impact someone greatly by your choice of words. I have never been a public speaker, which is probably why I am a writer. I find the written word to be powerful because as people read what you write they can interpret the message in their own way. They can see a different perspective that someone may not have thought of. That is the beauty of language. A person can interpret your words in so many ways and form their own unique perspective.

You can use words to convey the exact emotion that you are feeling. Then, it's up to the listener or the reader to understand what you are feeling. Words can be persuasive and try to entice a group of people to believe in what you are saying. They can be inspirational during times of crisis and help get people through trials and tribulations go-

ing on in their lives.

Language is apart of our every-day lives as we communicate with people that we go to school with, work with, have relationships with, etc.

I thought about this topic in my Political Communication class because we were discussing the

speaker delivers a speech. They get your undivided attention without even trying. I always wish I was a better public speaker. I get nervous just at the thought of speaking in front of a large group of people. I admire anyone who can public speak with no fear. I feel my message to people, however, is better

***That is the beauty of language. A person can interpret your words in so many ways and form their own unique perspective.***

retorical perspective and how persuasive language can be. There are some speakers who are just so inspirational that when you hear them speak you can not hear anything else except what they are saying.

Even though I have never been a fan of public speaking, I can't help but be captivated by the way a good

translated through words.

As a journalist, I am an avid believer of the written word and how it can affect people. Writers put their deepest and personal thoughts on paper and when people read them and are impacted by those words, there is nothing better. That, after all, is what every writer dreams of.

*The Outlook is currently looking to fill associate and assistant editorial positions. If you are interested, please attend Monday general meetings at 8 p.m. for additional information.*

*Interested in writing, editing, photography or layout & design? Join The Outlook! General meetings are Mondays at 8 p.m. in The Plangere Center Room 260.*



*Did you know... your cartoon or picture can be here next week! It can be about anything but should be related to the Monmouth community, student life, or something going on in the news that week. E-mail submissions to [outlook@monmouth.edu](mailto:outlook@monmouth.edu) and it will be printed here. How cool is that? Very.*

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# Painted Canvas

BRIAN BLACKMON  
STAFF WRITER

Why does an artist desire to paint? It is similar to the hunter who seeks game in the wilds of Africa, with his trusty rifle to bag his prey. The painter, armed with his or her paintbrush, paint, and canvas, stalks the spiritual and physical world to capture—with quiet brush strokes—a trophy from an aesthetic hunt. Painting has always been an important part of my life and will always remain as such. My mother is a painter and growing up around her work made painting a natural way to express myself artistically. Like other art forms, painting is a process that begins with inspiration and leads, after significant steps, to completion.

Inspiration can come from a diverse number of sources, the most common of which is personal observation. Watching the sunset while enjoying time at the beach offers tremendous potential; the way the dying rays hit the water as the rust hued sun sinks into the inky depths of the ocean, sprinkling the waves with millions of shiny pennies of light, or how the clouds brighten in God’s glory and darken in dream. These scenes demand to be captured on canvas and mounted in the den. It is important for the artist to carry around

a sketchbook at all times to sketch out scenes he or she may stumble upon in the course of a day (a plain notebook is perfect).

With a sketchbook full of drawings, it is time to go home (or rather, to the artist’s studio) and begin transferring inspiration to canvas. It’s a good idea to first sketch your drawing onto the canvas in pencil, allowing you (the artist) to play around with the composition of the picture. Layout is extremely important to a painting—good layout invites the viewer’s eye into the work.

After penciling is completed the artist can begin painting, but tools are required. A palette is needed to mix your colors; brushes of various widths are required, lending diversity to your line; a cup of water is essential to clean your brushes (which should be done frequently), a paper towel to dry your brushes; and a type of paint (or medium) must be decided upon. Traditionally, many artists enjoyed using oil paint, which allowed for a greater variety of colors to work from. The disadvantage of working in oil is the strong odor, which can be very harmful to individuals with allergies. A work executed in oil will also takes months to dry, leaving the work susceptible to every manner of accidental damage. I prefer working with acrylic paint since it lacks a strong odor

and dries in only a few hours. Art supply companies are currently manufacturing acrylic paints in a wide variety of colors; it is now possible to achieve the richness of oil through acrylic.

Now, with your canvas either resting on an easel, or balanced in your lap, it is time to paint. The brush is dipped into the water, dried on the paper towel, dipped in the paint, applied to the canvas. The steps are repeated, the flow of color taking shape into the desired form. The goal is to capture a moment, an emotion, a setting, a philosophy; the only limit is your own imagination.

When finishing a painting, possibly the most important step is knowing when to stop. One more branch on a tree, another bird in the sky, or thicker eyebrows on a portrait, can greatly throw off the balance of your painting’s layout.

Having completed your work of art, and giving it ample time to dry (for acrylic paintings, I like to let it sit overnight) all that is left to do is select a frame and find a suitable place to display your work. Whether your painting hangs in the Princeton Art Museum between a Renoir and a Van Gough, or in your own living room, the artist can feel a sense of satisfaction at the resulting trophy from yet another successful hunt.

# I Believe in America

GREGORY SWINDASZ  
CONTRIBUTING WRITER

I believe in America; not the political unrest, or the ailing economy, but the dream. Lately I have been finding myself in discussions of a serious nature about America, its future, its past, and it’s present. These talks are most likely due the constant onslaught of presidential campaign coverage. Too often, though, the general idea among my peers is that it is not the individual politicians, but rather the country itself that harbors the true fault. I couldn’t disagree more.

Quick to bring up dark times in our nation’s past, it failures, and its quite recent appetite for war. They seem to be very short sighted when it comes to the true essence of the American Sprit. Now I will be the first to admit that America bashing is very easy with the current administration still in power, but we the people are not defined by any one president, no matter how prolific.

I believe in the America of opportunities, the America of freedom, the America of safety, the America of equality: this is why I believe in Barack Obama. But we know better then to believe in campaign promises, hype, and shiny new politicians that tout radical change in Washington. We know that the vast majority of things said on the campaign trail die there. And yes as far as the official stance on things, he and she are scarily similar. I don’t believe in the “hope” that he sells, nor do I see him with the rock star awe that most 18 to 25 years olds do. Then what is it?

I had the great honor of Seeing Mr. Obama speak at the Saint Peter’s College rally on January 9, 2008. At the time my vote was still undecided. When I went to see him speak I was already aware that he was a tremendous orator, and was convinced to listen only to his points. He was two hours late. There wasn’t enough room in the gymnasium to hold the over 2,500 that were there to hear him speak; he had first gone outside to thank those who came to support him, and say a few words before coming inside to the already roaring crowd.

Listening to him speak, I was assured that he and Mrs. Clinton had very similar stances on most issues. As the time went by I began to get a broader picture. Barack Obama is not just a candidate for democrats; he is a candidate for America. I found no malice for the right in his speech, in fact it seemed to be replaced by a sense of a much over due reconciliation. He spoke, not to vilify the right, or even Mr. Bush, but to say that we are in serious need of a different

way of doing things and we have to make that difference happen together.

This is a man of the nation, the whole nation. Upon further research I found reason to believe that he has a deep understanding of leadership. For example, we live in a capitalist society and it is very common for politicians on the left to ostracize big business to garner support from the common man. Mr. Obama was quoted as saying “Big business will have a place at the table, they just won’t be able to buy all the seats.” The understanding that big business is a big part of our way of life is very important in an American leader, as well the ability to tell big business no.

There are those who are quick to challenge his experience, saying that his age and years on Capitol Hill somehow limit his ability to make decisions. That somehow more years writing and reading bills and proposals will make him a better leader. That in some way more exposure to the lobbyists that he so publicly fights against will wizen him to the ways of military and foreign polices. I think that they forget, the best leaders are not made, they are born.

There is something about him, a presence that he holds himself with. It is in this presence that I personally can see the American spirit. The spirit of the revolutionaries, the spirit of the would be women voters of the 1920’s, of those who fought on the beaches on Normandy, of those seven who went to school in Little Rock, of the first men to set foot on the moon, the spirit of the American Dream itself. That dream is decidedly different in 2008 then it was 1908, or 1980 for that matter, but it is far from dead. I believe that Barack Obama has the power to not only save the dream, but to breathe new life into it; to give families and all Americans the chance to thrive in this new century. It would seem that he also has the ability to unite us, not in tragedy as we have so often in recent years, but in celebration, admiration, and mutual respect.

I believe in America, I Believe in Barack Obama. Not since I have been alive has there been a candidate to capture not only the votes of so many across party lines, but the hearts and minds of the voters as well. As the governors of three Midwestern red states said in a *Wall Street Journal* article “We have an amazing opportunity here in Mr. Obama, let’s not pass it up.” On that day in January at Saint Peter’s I heard something that made no sound, small at first, but it grew until it was as loud as the chants of “Yes We Can”; it was the American Dream ready to be reborn.

## Letter to the Editor

In New Jersey, overdevelopment of land greatly affects our waterways. Storm water runoff carrying pesticides and fertilizers contaminates water that flows to the ocean. Besides contaminants, flooding, erosion, and sediment build up impair and threaten our water quality.

Overdevelopment around Lake Takanassee, one of Long Branch’s important coastal lakes, is systematically destroying the water quality and the surrounding area. The neighboring Beach Club property is one of the last undeveloped coastal areas that we have left. Experts say that in 20 years, New Jersey’s water could run out.

Wondering whether or not our water is safe should no longer have to be an issue. No new development around the Lake Takanassee area should occur because of the danger it poses to the environment, especially our water.

If it only takes one person to start change, imagine what an entire community could do to protect something as valuable as water.

Kaitlyn Kanzler

A concerned Monmouth University Student

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Political Debate: Should Affirmative Action be Continued? (Week 1)

Here students debate political issues of the day. Week 1 students make their initial argument followed by Week 2 in which they respond to their opponent.

Side 1: “Negative Action”: Discrimination in Education

NICOLE C. KAVANAUGH  
PRESIDENT, MONMOUTH UNIVERSITY  
HILLEL

Affirmative Action was first used in an executive order by President John F. Kennedy who said that government contractors should be required to take “affirmative action” to promote and create equal treatment of applicants and employees “without regard to their race, creed, color, or national origin”. Executive Order 10,925 as it is know as has become the birthing grounds for Affirmative Action legislation. In the most landmark case in Affirmative Action, *Regents of the University of California v. Bakke* in 1978 (438 U.S. S.C. 265 1978) the Supreme Court of the United States held that UC Davis Medical School did violate the equal protection clause of the US Constitution by using a quota system of admitting underrepresented minorities. This seemed like the end of Affirmative Action, however in the same case the Supreme Court decided that race could be one of the factors used in University admissions, seemingly negating that having any criteria based on race would not be true to Executive Order 10, 925, which is the most commonly cited beginning of Affirmative Action.

Affirmative Action establishes a visible line between what experts and politicians consider a “privileged white majority”, in-

cluding Asian Americans, and the underprivileged minorities which include Hispanics, Native Americans, and African Americans, among others. Affirmative Action does not move to take into account that being white, or Asian American doesn’t automatically mean that you have a privileged life. Many of the countries poverty stricken people are part of the “privileged white majority”. Equality is not separation by a visible line, which is palpable with the tension of years of discrimination. The experts and politicians call Affirmative Action reverse discrimination. Calling it reverse discrimination is to say that to discriminate on the “privileged white majority” is a joke, and not deserving of being called regular discrimination.

While there may be hundreds of thousands of “privileged white majority” in our country who could care less if the underprivileged minorities in the country get into College or not, that is not what is being implied here. Anyone who intends to get into College should earn that equally on all levels with their peers, white or otherwise. You can’t give racial preference to one group of people in the educational setting, and then not to the other. This is true discrimination, and it further thickens the racial lines which divide us.

The intended purpose of Affir-

mative Action was to create opportunities to those people who were qualified, and not to discriminate on anyone based on their race, creed, color, or nation or origin. However, Affirmative Action as it is used most in this country doesn’t create opportunities to those most qualified not based on race, or color, but it instead does the opposite. The point has been lost somehow, and it is time to pass legislation that truly stops discrimination, especially in education. In a study done last year by student contributors to the Northwestern Law Review it was found that if Affirmative Action was removed from Law School Admission consideration the change in underrepresented minority groups that would graduate Law school would only drop on average by three hundred students. The study also showed, that as it is, the students who got into top 30 schools (not with top 30 school credentials), which implies that some form of Affirmative Action was implemented in the application and admission process, passed the bar exam at a lower rate then their “privileged white” counterparts, and had lower income rates after graduation. (The Northwestern Law Review Issue 101 No 4. 2007). It is evident just in this one study that Affirmative Action isn’t living up to what it originally stood for, which was not to discriminate at all.

Side 2: Everyone Isn’t Born Equal

TRENNIA FIELD  
PUBLIC RELATIONS, POLITICAL SCIENCE  
CLUB

Affirmative Action. “A policy designed to redress past discrimination against women and minority groups through measures to improve their economic and educational opportunities.”

My opponent would say that there is no need for affirmative action. After all, everyone’s equal, right? The actions of our ancestors are no longer our problem. If we did not commit the crime, why should we have to continue to apologize and continue to pay for it? Racism no longer exists, gender inequality is a myth, and people should be judged based on meritocracy rather than their race, ethnicity, or gender.

Sadly, those are false beliefs. Equality? It is just a fairy tale word that people believe. Thomas Jefferson wrote it into the Declaration of Independence that America is where all “men are created equal” at the time when the only men who were created equal were property owning, white males. Since our nation began, people of minority groups were continuously oppressed. Although laws were put in place to end legal discrimination, more needs to be done because everyone is not equal.

The Civil Rights Act of 1964 attempted to solve the problems of discrimination in the work place, in the education system, as well as other public places. It was supposed to guarantee the equality of people regardless of race and gender. Affirmative Action was born under this act, seeking to rid the nation of discrimination against women and minority groups. However, some people view it as an act that creates reverse discrimination against white males.

Shouldn’t people get a job or get into college based on merit? In order for this to happen, it would need to begin at the earliest lev-

els of education. Although employers and colleges are looking for diversity in their institutions, diversity cannot happen without elementary schools given the right materials. This would mean allowing the poorest schools to receive the same materials as the schools in suburbia. This would mean allowing schools in the inner city to offer the same programs as the schools for the more privileged. This would mean giving the same education to children across the nation, regardless of where they lived or how wealthy their families are. It is difficult to base a college education on meritocracy because people do not choose where they are born. People would not choose to live in a place or go to a school that is not granted the same opportunities as elsewhere. Going to school in the inner city would not grant a child the education and support system they deserve that would give them the supposed merit that could allow them to go to a college or university. As for the workplace, it is difficult to get a job based on merit without a college degree, and sadly the people likely to get college degrees are the ones who were given the right materials when they were young children.

If America is a country where people believe in equality, then equality should be given to everyone, not only the people who can afford to buy it through the institutions that allow them to accumulate the wealth that they now have. Discrimination is not a problem of our ancestors. It is an issue that is sadly overlooked because once again, people believe “if it is out of sight, it is out of mind.” People choose to ignore it and blame reverse discrimination rather than taking an accurate look at it and discovering that a world based on meritocracy is like a world based on equality, simply a fairytale.

*Hello everyone! For those interested in writing for the Political News page of The Outlook, please contact Daniel Wisniewski, President of The Political Science Club to get started! You can contact him at daniel.j.wisniewski@monmouth.edu. All topics and viewpoints are welcome! Thank you!*

Castro Steps Down as Cuba’s President

ANDREW DORMAN  
SENIOR, POLITICAL SCIENCE CLUB

From “Fidel Castro Resigns Cuban Presidency,” *USA Today*: The long time Cuban President resigned his presidency on February 19<sup>th</sup>, ending his near 50 year reign as leader of Cuba. The 81 year old Castro announced his resignation through a letter published in the Granma, Cuba’s state run newspaper. In line to replace Fidel is his younger brother Raul Castro. Raul has been leading Cuba on a day-to-day basis since Fidel fell ill in July of 2006, and underwent surgery. Cuba’s National Assembly formally elected Raul Castro President on February 24. Many world leaders are unsure of what to expect from Raul. As he has only served as Fidel’s Vice President, he has never taken a position in the spot light.

During his trip through Africa, President Bush responded to Castro’s resignation by conveying a message

of hope for a democratic transition in Cuba. Bush is quoted as saying “The United States will help the people of Cuba realize the blessings of liberty.” Many Cubans, who are now living in America, hope that the current Cuban government will crumble with Fidel’s resignation, but many experts on Cuba say that there are new generations of hard liners in the government that who will not be eager to relinquish their power.

Fidel’s ability to control his country has rarely waned. Even during the Cuban missile crisis of the 1960’s Castro was able to maintain control with the backing of his security forces. In recent years Fidel has been able to inspire a new generation of radical leaders in South America, namely Hugo Chavez of Venezuela, who has on several occasion visited the senior leader in Havana.

In recent days Raul Castro has been meeting with world leaders who hope to convince the new leader to go ahead with free and fair elec-

tions, which were prevented under his brother’s rule. Many of these world leaders are hoping that the new Cuban leader will take steps towards rectifying past human rights violations, and establishing free press. At his first Presidential reception Raul’s guests were not the expected foreign leftist extremist, but one of Cuba’s most vocal opponents, the Vatican. After his visit, the secretary of state of the Vatican explained that their meeting shows Raul’s willingness to work with world leaders and rebuild Cuba to its once glorious status as a tourist center. However, many scholars debate whether there is real change happening in Cuba, and say that little if anything has or will change. In the next few weeks the world will have to watch and see if Raul will create the democratic society that the international community hopes for. Overall Cuba’s future has a big question mark after it, and no one can predict with accuracy what will happen.

Political Quotes

*“The more you read about this politics thing, you got to admit that each party is worse than the other. The one that’s out always looks the best.” – Will Rogers*

*“Politics is not the art of the possible. It consists in choosing between the disastrous and the unpalatable.” – John Kenneth Galbraith*

*“I seldom think of politics more than 18 hours a day.” – Lyndon B. Johnson*

All quotes from Quotationary by Lenoard Roy Frank



# Belgium Offers More Than Waffles

**KRISTEN MCMONAGLE**  
OVERSEAS CORRESPONDENT

Greetings from London! I cannot believe that it's already midterms, time flies! The weather is warming up, the flowers are starting to bloom and Regent's Park has never looked so beautiful!



PHOTO COURTESY of Kristen McMonagle

The Grand Place in Brussels is a main part of the city and a large tourist attraction.

However, the weather that I experienced this weekend in Belgium was slightly different, so as I take a much needed break from writing papers let me fill you in on those adventures.

It's amazing how a fairly quick and easy train ride brings you over to another country here! A two hour EuroStar ride took myself and three friends from London to the Bruxelles Midi station in Brussels, Belgium.

A little bit of map reading and question asking led us to our hotel where we quickly unpacked and hit the town.

Brussels' streets are all cobblestone, so while it's gorgeous to look at, it's hard to walk on when it's raining. With my traction-less flats on, I had quite a fun time slipping and sliding all the way to the Grand Place, our first place of exploration.

The Grand Place in Brussels is a giant cobblestone square surrounded by buildings that date back to the late 1600's. The architecture and detail of the buildings were out of this world.

It felt like we were looking at a painting and not a real place. Even the rain couldn't make it look anything less than gorgeous.

We wandered around the square and into a candlelit lounge with a live band, home brewed Belgian beer and spent the night pretending to know the French lyrics to the songs they sung.

Unlike our chaotic world in the U.S., Belgium has a more relaxed and laid back style which is refreshing. However, we were all antsy Americans when our lovely Friday afternoon lunch turned into a three hour event. It was quite an experience. After finally getting the attention of our waiter, who kept walking outside of the restaurant, we headed over to a famous fountain that dates back to the 8<sup>th</sup> century called the Manneken-Pis.

Oddly enough, the fountain is of a little boy going to the bathroom, and tourists were going crazy to get pictures in front of it. Apparently the statue is sometimes dressed up in different outfits, including a raincoat, but we caught him on his naked day.

We snapped some pictures, laughed a lot, and ventured on to find some waffles.

Brussels has waffle stands like New York City has hotdog stands. My waffle was covered in homemade melted chocolate and fresh cut strawberries and bananas. I have never tasted anything so phenomenal. This waffle puts everything else I've ever eaten to shame.

While enjoying our treat, intense rain and umbrella-breaking wind came out of nowhere. We went back to our hotel that night and listened to the monsoon outside while playing cards and watching television.

Luckily the next morning the rain had passed and we had dry skies during our visit to the Atomium, a steel replica of an atom that stands at 335 feet tall.

This structure was part of the 1958 World's Fair and we were able to climb inside and go all the way to the top. It was a little scary, especially since I could feel the atom swaying around, but a very cool experience indeed.

Our last night in Brussels was spent at a place called Delirium, which is really popular with backpackers and young travelers such as ourselves.

This place holds the Guinness World Record for the most types of beer for sale. It has exactly 2,004 different beers on the menu. I even saw someone drinking out of a boot, just like in the movie *Beer Fest*.

It was a fun night and we mingled with many people who continuously commented on how Americans have the nicest teeth.



PHOTO COURTESY of Kristen McMonagle

The famous fountain of Manneken-Pis which dates back to the 8th century.



PHOTO COURTESY of Kristen McMonagle

The Atomium from the 1958 World's Fair still stands tall and is available for tourists to climb.

I must say, I'm having a pretty fantastic time being a nice-toothed American tourist enjoying the highlights of these European countries. I suggest you try it sometime!

Cheers!

**Correction:**  
*In last week's issue of The Outlook a photo caption on page 9 stated that the above photo was Canterbury Church. The photo actually depicted the Christ Church in Ireland. We are sorry for any confusion or inconvenience this may have caused readers.*

# Screaming Orphans Bring Culture To Monmouth University

**MEGAN LABRUNA**  
STUDY ABROAD EDITOR

On Wednesday February 27, Pollok Theater was taken over by Ireland's own Diver sisters more popularly known as the Screaming Orphans. The band, consisting of four sisters Marie Therese (keyboard/accordion/vocals), Grainne (guitar/vocals), Angela (bass/fiddle/vocals), and Joan (drums/bodhran/vocals) was part of the performing arts series here at Monmouth.

Members of the audience such as Monmouth Alumni Bill Koch were first notified of performance in the press and then again by word of mouth. Students at Monmouth were also encouraged to experience this unique group through posters and emails from teachers.

Although the Diver sisters are originally natives of Donegal, Ireland, they currently reside in the East Village of New York as of 2003. Grainne explained, "We moved over here because when we separated from Warner, we had become disillusioned with the English music scene. We didn't want to start trying to do the same old circuit again and we always wanted to go back to America. We just loved America. We loved the atmosphere, we loved the people and the people are very good at supporting you here."

In 2005 Screaming Orphans released their CD *Circles* which contains many of the songs they performed at the concert such as "Liar" and "Circles." They also performed several other original songs not featured on their CD including "Radio", one of the band's favorites to perform, "When We

Were Young", a song about how Joan Diver was in love with a boy from the ages of four to fourteen, and "Sunday Morning" which is their father's personal favorite.

When asked how performing with family members was different than performing with other band mates, Grainne stated "You know what buttons not to push. With family we have a bond. I think it has made us closer, but in a strange way it knocks a bit of your personality off because you tend to become one."



PHOTO COURTESY of www.google.com

The Diver sisters Grainna, Angela, Joan, and Marie Therese are more commonly known as the Irish pop/ rock group Screaming Orphans.

The band referred to this earlier during a Q & A session with students from the Music Industry Department, mentioning that when they create their songs, they are now at a point of being able to compose a piece of music all together without even realizing they're doing it.

The Q & A session was set up by Dr. Burke, a professor at Monmouth University who had met the Screaming Orphans at a convention in New York. After their show he managed to force his way backstage to ask them to participate in this enlightening opportunity.

When asked about his im-

mediacy to book them for the Q & A, Dr. Burke replied "They're doing what a lot of our students want to do and they're not 60 years old doing it. They're not far from the student's age."

The Diver sisters aside from performing their original music are also very popular for playing traditional Irish tunes. The Screaming Orphans perform at numerous Irish festivals every year and have mentioned that playing both traditional music along with playing their own original music has helped to set them aside from other Irish bands who only play traditional or original music.

The girls' influence in these traditional songs came from a family friend who gave the sisters old tapes of Irish songs played on the radio that had been recorded and collected by her husband.

Many of the Irish tunes performed during the concert were popular favorites of all ages such as "Black Velvet Band", "Whiskey In the Jar", and "A Fig For A Kiss."

The Diver sisters also entertained the audience with a beautiful four part harmony of an Irish Christmas song which when translated talks about peace and good will.

During these songs, the girls kept with the Irish tradition by accompanying the melodies with a fiddle, accordion, and bodhran, which is an Irish drum. Lauren Watdich, a sophomore at Monmouth said of the experience, "I never listened to Irish music before, so it was different. It was new and I liked it a lot."

Band continued on pg. 14

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# Timberlake Set to Star in Summer Blockbuster Love Guru

TAYLOR CORVINO  
ASSISTANT ENTERTAINMENT EDITOR

Justin Timberlake has successfully rocked our bodies and brought sexy back, but can he be a box office hit? Timberlake is set to co-star alongside Hollywood veterans Mike Myers and Jessica Alba in the comedy *Love Guru* due out this June.

*Love Guru*, written by funnyman Mike Myers along with Graham Gordy, is the story of an American (played by Myers) left at the gates of a secluded Indian community as a child that was raised by gurus. Myers' character, Pitka, moves back to the United States later in life in hopes of joining the ranks of the rich and famous by promoting a career as a self-help and spirituality expert.

Pitka's first assignment in America is to save the failed marriage between Toronto Maple Leaf hockey star Darren Roanoke, played by Romany Malco, and his estranged wife. The movie takes a dramatic turn of events when Roanoke's wife starts dating rival hockey star Jacques Grande of the Los Angeles Kings, played by Timberlake, in order to seek revenge. As a result, Roanoke's chaotic personal life begins to impact his career. The Maple Leaf's owner, played by Jessica Alba, along with the team's coaches, advise Pitka to mend Roanoke's marriage in an effort to salvage the Maple Leaf's season.

This will be Mike Myers' and Vern Troyer's, first time playing an original character since their *Austin Powers* days. Troyer plays the Maple Leaf's head coach but is best known for his role as "Mini Me," which quickly became a household name in the late 90's.

Timberlake has dabbled in motion pictures a couple times but with not much success. His first feature film dates back to 2006 in a straight to video release of *Edison Force*. Fellow actors of the film included Morgan Freeman, Kevin Spacey, and LL Cool J. Timberlake's second attempt in Hollywood came with the film *Alpha Dog* that came out in January of 2007 and only brought in a total of \$15,242,450 in the United States. Based on a true story, *Alpha Dog* depicted what happened to a group of privileged Southern Cali teens who let their rich kid imitations of "thug life" go too far.

Timberlake's most popular role thus far was his role as animated character "Prince Charming" in *Shrek 3*. Timberlake worked alongside *Love Guru* writer and star Mike Myers, Cameron Diaz, Eddie Murphy, and Antonio Banderas, as a part of *Shrek 3*'s star studded cast.

In early February Timberlake announced his next film, called *The Open Road*, however the release date has not yet officially been set. Timberlake will play the role of a young man trying to reconnect with his father, played by Jeff Bridges, while his mother faces a terminal disease back home. *The Open Road* is rumored to have already begun filming in Louisiana late this February.

Will Timberlake be able to dominate the box office just as he dominates the music industry? Only time will tell, so be sure to check out *Love Guru* when it hits theaters June 20<sup>th</sup>, and be the judge yourself.

# What it Costs to Have a Dream In The Heights

A review of the new hit Broadway Musical, *In the Heights*.

MORRIS BEYDA  
STAFF WRITER

"Lights up on Washington Heights, up at dawning and I wipe down the awning, hey yall good morning...in the heights I find my coffee and I go, In the Heights I Turn on my radio...you here that music in the air take the train to the top of the world and I'm there, I'm home." These are just some of the witty lyrics in the opening song "In the Heights" from the new hit Broadway musical, *In the Heights*. The hip-hop and salsa-infused Broadway musical is now in previews, and will officially open on March 9th when it is expected to be an overnight sensation. During its Off-Broadway run at 37 Arts, *In The Heights* quickly became an audience phenomenon and a critical success.

After going to see the show on Sunday February 22, 2008 I really felt like I was part of Manhattan's most vibrant and colorful community. The show possesses an upbeat pop style score by an up and coming talented young composer, Lin-Manuel Miranda and its conception originates from the book by Quiara Alegria Hudes. The energetic actors and lively music is totally infectious and it just makes you want to get up and dance.

The story revolves around Usnavi (Javier Munoz) a simple, ambitious, sweet local bodega manager in Washington Heights, Manhattan. The audience gets taken on a ride through the Dominican streets and observes his daily life activities and all the unique, loud and pleasurable characters he comes in contact with. The important characters or in this case *familia* that he meets consist of: *Abuela* Claudia (Olga Merediz) who is Usnavi's sur-

rogate grandmother, whose purchase her daily lottery ticket at his bodega, Camilla and Kevin Rosario (Priscilla Lopez and Carlos Gomez) who run the gypsy cab company next door to Claudia's home, Benny (Christopher Jackson) who is their most cherished employee, their daughter, Nina (Mandy Gonzalez), and lastly the owner of the hair salon next to Usnavi's Bodega, Daniela (Andréa Burns).

The mesmerizing story revolves around having hope and self discovery and through the use of ingenious songs and incredible dances the daily life in the Latin *Barrio* is portrayed. Munoz' portrayal of the character of Usnavi is what I feel made this show a success. His zest for life and his rapping skills were flawless. The simplicity of the songs meanings also helped the audience members who don't speak Spanish relate to the characters on stage. Anytime any of the characters would sing it would usually be about simple things that make them happy while living in the heights. For example when *Abuela* Claudia sings about the stars in the open sky, or the *Piruga* guy describes his job, or Nina remembers the feeling of living at the top of the world when she was on her fire escape when she was *una nina* looking at the lights on the George Washington Bridge, the imagery is unforgettable.

The set had so much detail all the way down to the Spanish flags hanging from each fire escape. Anne Louizos, the set designer did an amazing job portraying Washington Heights. The set included a hair salon, bodega, a car service, and an apartment porch all way to a back-drop with a lit up George Washington bridge. The set resembled the modern day show of *Rent* and by it resembling any random simple street location in Washington Heights it gave it a more realistic and no-

nonsense feel. The set changes were also done exceptionally well through the use of blazing salsa music and dancers engulfing the stage to distract the audience.

The actors had the most amazing pure voices heard on Broadway and through the use of Latin music which was never used as a focal style on Broadway it really helped set this show apart from others. The dancers were also phenomenal and specifically Graffiti Pete (Seth Stewart) who looked like he was moving on air. Through the use of hip hop and contemporary moves the dancers captivated the audience with huge dance routines in the songs: "In the Heights," "The Club," "Sunrise," and of course the immense "Finale." The show itself consists of 24 high octave numbers, each sung through describing a different slice of life. The most impressive song was done by *Abuela* Claudia called "Hundreds of Stories" which explained all of the stories she came across from living in Cuba and how she uses them to teach others on a daily basis around the Latin *Barrio*. She belts out this passionate song while standing in an ominous spotlight on the street.

Bills everywhere are saying, "*In the Heights* is your ticket into a world where the coffee from the corner bodega is light and sweet, the windows are always open, and the breeze carries the rhythm of three generations of music." This family friendly musical does contain a few unmistakable *bad* words but overall the tale of how a person's home no matter where it may be is special and how this tight knit community, at the top of Manhattan is striving to survive and on the way trying to figure out who they are as a people, will truly move you and make you really feel and understand what it means to be home.

# Jim's Breuniversity Tour Hits Pollak

KRISTEN RENDA  
MEGAN LABRUNA  
ENTERTAINMENT EDITOR & STUDYABROAD EDITOR

Last Friday fans gathered from near and far to see Jim Breuer perform live right here at Monmouth University, which is part of one of the stops on his "Breuniversity" tour. The show took place in Pollak Theater, and was packed to almost maximum capacity. The audience was filled with a plethora of fans ranging from students, alumni, community members, supporters from other states and even a fan from Australia!

Michael Patterson, associate director of Student Activities and Student Center operations shared his thoughts about the shows turnout. "We got very close to selling out which I'm very pleased with. It's so great to see so many students come out on a Friday night and get themselves involved in campus life."

Living in New Jersey, Jim said he was really excited to be performing at Monmouth. He said, "It's like playing in my back yard." He started off the show by talking a little about living in Jersey,

which he referred to as the "dead deer capitol of the world." He also shared great insight into a normal day at the Breuer house which consists of waking up at 6am to hearing three young children already energized and ready for the day. While many of these real life home situations were hysterical, the crowd also got a few laughs from listening to the hearty laugh of a few crowd members, which seemed to roar above everyone else and made such an impact that Jim himself even commented on the distinct laughter by stating, "For two people in the audience, it was the best thing they ever saw." When asked about his thoughts on the night's performance he added "For everyone else I'm not sure, but I enjoyed myself." Other crowd members such as Mary Dimerla, a friend of Jim's from Jackson, NJ agreed "it was great, his shows are always great."

Jim said that he grew up in an environment where the people around him were really funny. His family was hilarious, but he was the only one to actually go professional with his

ability to make people laugh.

It has been ten years since Jim Breuer has been known as goat boy on SNL, which was a concept he came up with himself. He said he originally pitched it as a movie similar to Teen Wolf, but the kid would have turrets and begin to act like a goat instead of a wolf. It turned into the skit that we now all know and love on SNL. Jim shared with the crowd that old fans still manage to see him and reference to that skit by letting out a goat sound. Newer fans such as Fred Rubenstein, a freshman at Monmouth who had heard through email that Jim Breuer would be playing here mentioned he'd discovered Jim Breuer from seeing him on MTV and Comedy Central.

Jim was lucky enough to be on a great era of SNL where the other cast members included, Chris Kattan, Will Ferrell, Molly Shannon, Colin Quinn, Cheri Oteri, Ana Gasteyer, Darrell Hammond, and many more brilliant comedians. However, besides his era, he said he really enjoyed watching the early 90s era with Chris Farley and David Spade. What a great group of people

to be working together.

Aside from reliving old skits, Jim shared a story about owning a kangaroo to make him look famous and demonstrated by hopping around the stage. The joke was funny at first, but as the show went on he kept continuously referring back to that skit by randomly hopping around the stage which made it funnier the more he did. This reference method was a favorite of audience member Sara Morrison who is a senior at Monmouth. Jim also shared his thoughts on baseball, humorously saying that professional players such as Matsui and A-Rod had been captured and forced to play for the Yankees.

Breuer ended the show with a few finger puppet jokes which seemed to be the favorite of some fans such as Paul Maracic from Sydney, Australia who stated "I liked the finger puppets, especially the three armed umpire." Clearly the skit was also a favorite to one of the distinct laughers in the crowd, because they laughed so hard that even Jim Breuer couldn't stop laughing, and as a result had to end the show without fin-

ishing the last finger puppet, because he couldn't contain his own laughter.

After the show, audience members were allowed to attend a meet and greet with Jim Breuer, and when asked what makes his university tour different from his other shows he replied "[College shows] are by far the best to do, because you guys are the most brutally honest. If you stink, they don't laugh, if you're funny, they give you it all." Clearly the audience gave it all because the show overall was hysterical and pleasantly affordable. If laughter is truly the best medicine, then everyone went home that night feeling 100% healthy!

If you want to hear more Jim Breuer, he has a show on Sirius satellite radio, which is loves doing because there is no limit. He said, "[In stand up], you go in, kill, and you leave, but you can go as far as you want on satellite."

Jim did have a message for college students, and that was, "Take the pressure off yourself...[college] is the most stressful time of your life." He also said not to worry about all the nonsense, because it's not worth it.





# This Season on Idol



VERONIQUE BLOSTEIN  
STAFF WRITER

This past week has been the most talked about week on *American Idol*. From a standout performance by David Archuleta, to a disappointing night by the ladies, to one of the most emotional result shows yet, the series continues to take twists and turns.

The boys took the stage last Tuesday night, belting out tunes from the '70s. Some people showed major improvement. Danny Noriega certainly made up for his horrendous performance the week before. Judge Paula Abdul said, "You've got amazing vocal skill," and judge Simon Cowell expressed his delight at how Danny stands out from the crowd, calling him "interesting" and saying, "You look terrific on camera."

David Hernandez wowed the judges and the audience with his rendition of "Papa was a Rolling Stone" by both The Undisputed Truth and The Temptations (the song was recorded by both groups in the '70s). "Now THIS is David Hernandez that we fell in love with!" exclaimed judge Randy Jackson. Abdul said, "Your voice is so pure, it pierces right through the heart," and Cowell commended him on treating the criticism from the previous week as a challenge. "You've risen to the challenge," said Cowell.

Chickezie was another male contestant who showed much improvement. His performance was real and he looked like a real artist on stage. After he finished his performance, Jackson yelled, "Chickezie is back, America!" Cowell also noted how much better he did this past week.

The star of the week was Archuleta, as he sang a heartfelt rendition of John Lennon's "Imagine." He made the song his own, and his vocals were phenomenal. A teary-eyed Abdul told him his per-

formance was "one of the most moving performances I've ever heard." Cowell declared him as "the one to beat." (The guy already had fans screaming for him when host Ryan Seacrest introduced



PHOTO COURTESY OF [www.americanidol.com](http://www.americanidol.com)  
Alaina Whitaker tearfully sings her final song after being eliminated on *American Idol*.

him *before* the performance!) As for the rest of the guys, a lot was left to be desired.

The next night was ladies night, and Carly Smithson opened the show with Heart's "Crazy on You," a nearly flawless performance with an amazing start and finish. Abdul praised her by saying, "It takes a fine singer to sing those big notes." Even though Cowell still wasn't sure if Smithson had connected with the right song yet, he admitted, "I think you are – and I'll put it on record – and incredible singer."

However, from there, the rest of the night was very disappointing for the ladies. Star vocalists Syesha Mercado, Ramiele Malubay, and Asia'h Epperson all did not do as well as usual. "I was put off as soon as you started it," said a disgruntled Cowell. For most of the ladies, incorrect song choice was to blame, as the judges kept saying over and over again.

Cowell did express a liking for Brooke White and Alaina Whitaker, who he referred to as "one of the dark horses in

this competition." Unfortunately, no one reached the bar that Smithson set for last week, and the guys certainly had the girls beat. But who would be going home?

Thursday's results show, as previously mentioned, was one of the most emotional episodes yet. In the first half of the show, Jason Yeager and Alexandra Lushington were sent home (which I agreed with).

On a lighter note, Seacrest announced the return of *Idol Gives Back*, a special episode where celebrities join *Idol* in order to raise money for underprivileged people overseas and in our own nation. Then it was back to the results, and America witnessed one of the most heartbreaking eliminations on the show.

The two remaining girls with the lowest votes were Whitaker and Kady Malloy. Just when it seemed like Malloy was going home, Seacrest announced that the journey had ended for Whitaker. Tears rushed to the poor girl's face, and she announced that she couldn't sing and expressed her embarrassment. Abdul explained that she was one of the better vocalists in the competition and that she had nothing to be embarrassed about. The rest of the girls joined her on stage to help her sing, but she ended up belting out "Hopelessly Devoted to You" by Olivia Newton John phenomenally! (Seriously, people?! Alaina over Amanda Overmyer?!)

Afterwards, Robbie Carrico was sent home. (I'm not disappointed he was sent home, but I must say that Luke Menard better go home next week!)

Make sure you VOTE to keep the best singers in the competition. Tune into *The Outlook* next week to find out what happens this week on *American Idol* and who the top 12 finalists will be!

## Article A Rocks M Squared Live

MEGAN LABRUNA  
STUDY ABROAD EDITOR

"Check your pulse and if you feel that racing it's the adrenaline rush of M Squared Live." Frankie Morales, executive producer best summed up this semester's first M Squared Live production. The show took place last Monday featuring the North Jersey band Article A. Frankie said of his earlier statement, "I think that was the pure honest truth, everyone left being part of something that they won't ever forget."

Article A consists of four members who all bring immense energy and excitement to the band. Christian LaGrotteria (vocals), Joe Haight (bassist) and Evan Gallipoli (drummer) have known each other since childhood, and found their guitarist Gary Kramer at a show four years ago. Each member contributes to creating the meaningful lyrics and solid melodies that can be found in Article A's music. Gary explained this process as a compromising type of relationship, "We all bring an idea to the table, and sometimes the idea will be taken and changed a little bit, but we all have different views which is cool, because the band's sound becomes more than one dimensional." Despite sometimes having different beliefs in their own sound, the guys do have a few bands that they all love, such as the Beatles, Fall Out Boy, the Foo Fighters, and Nirvana, just to name a few.

The band performed many of the songs off of their new album *Stay Now* for M Squared Live such as "Dedication", "What's the Point", and "Find a Way", which happen to be a few of the

bands favorites to play live. During one of their slower tunes, they even had the audience members waving cell phones and lighters in the air. Jessica Torsiello, Monmouth student and member of WMCX said of the experience, "They were great, I've never seen them live before so it was awesome." Frankie added "I feel like I say this every time, but it seriously was probably the best show we ever had. There was an inclusion of so many new elements to it such as lights and the jib which is like a moving crane camera. The energy was immeasurable." Even Joe, the bassist for Article A agreed "Monmouth was awesome, the studio audience was crazy!"

Although Jimmy Sult an audience member from Sayerville NJ cleverly dubbed the band "Article Awesome", the A in the bands name actually stands for Airplane. Christian, lead singer for the band explains, "We shortened it to A because we didn't like the word airplane, but the whole concept behind the name is that an article is something you read, something that informs you and an airplane takes you somewhere. So if we can do that, take you some where with our music and bring you emotionally to where we are, then we've communicated what we're saying to you."

During one of their tours in a particularly memorable incident, which took place at the La Quinta Inn in Virginia, the band learned a few tips for the future. Joe recounted the experience, "We finally find a hotel with a room, so of course we park in the shadiest section in the back (the only place where our trailer would fit). We go up to our

room and I start getting a bad feeling, so I go back downstairs and all these guys were surrounding the trailer, so I walked over, just hopped in the trailer, drove back to the front and I walk in to tell the front desk that there's all these guys standing around our trailer. They go "it's the gypsies" and I'm thinking gypsies, what? So now when we tour we have to park in the front where we're very visible so that gypsies don't steal our stuff."

Aside from playing colleges and having a run in with gypsies Article A, which signed with independent label 785 in 2006, is also playing at several Hard Rock Cafés along the east coast next month and according to Evan are very excited to be performing at Bamboozle this year at which time the band will be unveiling a big secret! Until then, the near future in store for the band can best be summed up by Monmouth student and loyal fan Stephanie Ramos. "Article A is probably one of the best bands out there right now and everyone should pick up their new album when it comes out."

*Stay Now* will be available March 18, along with Article A making an in-store appearance at the FYE in Paramus NJ. For those of you who can't wait until then, be sure to check out the band's MySpace ([myspace.com/articlearock](http://myspace.com/articlearock)) for their original music and future tour dates. As far as the future of M Squared Live, Associate Producer Courtney Flores states, "It's kind of up in the air right now, there's a lot of hype about the show though, which is really exciting for us".

## On the Road to *High School Musical*... Pit Stop at Auditions!

MORRIS BEYDA  
STAFF WRITER

Deal Park, NJ -- Next!!... Good Job... Show me some more energy and personality... It's your right foot not your left, my gosh, switch them... nice tone... the dates of the show are... don't worry you will be in the front row... you have a callback... am I in this song?... how many lines do I have?... the cast list will be posted tomorrow at noon.

For anyone who has ever dreamed of shining like star on a grandiose stage, or even on the small screen, you would have had to have gone to an AUDITION! The dreadful word can be heard all around the globe, but nothing can be as outrageous as hearing that word in the Axelrod Performing Arts Center in Monmouth County, New Jersey. Auditions at the Center involve crazy kids, fanatical mothers and extreme situations. For three performing arts professionals that word haunted them from the day they agreed to be part of *High School Musical* (The Stage Version) experience.

Walking down the carpeted aisles High School Musical can now be seen on stage. passing the 500 burgundy seats to get to the actual stage is something really special. For any performer with a love of theater, being on an empty stage and just breathing in the fresh air is such an incomparable feeling. For me, auditions and casting are the worst part of putting together a production. You will automatically have crushed hearts, smiles and tears of joy and sadness, most of the tears of sadness come from the director, assistant director and choreographer, which you guessed it, is yours truly.

It's 6:20 pm and all three of us set up the theater for the auditions by putting scripts, radio's, microphones, lyrics sheets and registration forms on the stage. It's 6:30 pm and the doors behind us slowly open and within minutes this quiet hallow hall turns into a room full of chaos and disarray. I felt like I was in *The Lion King* on Broadway almost being trampled by a herd of wildebeests, but in this case they all were a bunch of little children, the horror of it all. You would think that would be the worst part, but trailing slowly behind the 80 or so kids were... dum dum dum the *stage mothers*, again, the horror of it all.

After I gained my composer from the rush of kids into the theater the fanatical auditions began. We always begin every rehearsal the same way, with the director speaking to all the people auditioning and their "stage mommies" and then filling out audition sheets. Something that is always fun to see is when the young children go to the bottom of the audition sheet and actually circle 5's in the singing, dancing and acting categories not realizing they are for the professionals to score them, or perhaps they do realize. Never underestimate a kid, especially these "younglings". I then proceeded to get all the excited auditionee's on stage which was a daring feat on its own.

Who knew getting into a *chorus line* across the stage could be so difficult, right? We began with the dance portion of the audition, so naturally I got

up in the front of the stage and taught a combination and then I watched everyone do it and I graded them accordingly. Meanwhile, off the stage you could see all the stage mothers looking intently at their children and their child's spot on the stage and after finally finding them it was only natural for their Medusa death eyes to move to me. In order to be a stage mom you must do two things: one, complain about your kid being in the back row and two, complain about your kid being in the back row, so as anyone can see it's not so tough to be a stage mother.

After the dancing segment we went on to the monotonous singing segment of the audition. Many might ask why use the word monotonous, that's such a strong term to use to describe the children. Well, realize what I had to do and then you'll understand the use of that word, I had to press play and rewind over 80 times, so I think that word is absolutely necessary and plausible. "Living in My own World, I Didn't Understand..." STOP, REWIND "Living in My own World, I Didn't Understand..." STOP, REWIND "Living in My own World, I Didn't Understand..." There is nothing not to understand here, hearing the same song, no, the same verse over and over does effect someone in the end and just when I thought it was over and we were on the 79<sup>th</sup> kid... 5 more "singers" stroll in, "Give me a break," I thought to myself.

After we heard the "tardy" kids sing it was on to the acting portion of the night. It was about 7:45 pm and we were ending auditions at 8:30 so I just kept looking at my watch waiting for each minute to go by. So each kid got on stage and read a part from the script and was graded just like the other two categories. At this point I actually had a chance to sit and watch instead of pressing play on a radio or teaching kids what a chorus line was, but of course at any audition you never get to unwind. Just as I sat down one of the infamous stage mothers decided to sit next to me and preach to me about their child, "My kid is an amazing dancer and she has been dancing since she was three" (which was only like, 3 years ago) how serendipitous that this private meeting would occur at this time, just my luck.

I dismissed the mother, rather quickly by saying I have to watch all the kids to give them a fair chance, (not just your spoiled brat) and that's when that same ice cold stare that was previously given to me as a lovely gift before by all the other mothers in the room arose on her face. After that entertaining experience another one was ready to crawl up from under the seat behind me and tug at my shirt. Who knew that that would become a reality? A little girl who was not auditioning for the show came up from under the seat and pulled on my red and white "Wildcats" shirt asking if she could help me grade *her* sister on her dancing skills, I laughed. After a wild night of auditions, who would have thought that a little 4 year old girl who was not even auditioning for the show, would make me realize that auditions are just one step to the final successful production and most importantly how much I love my job!?

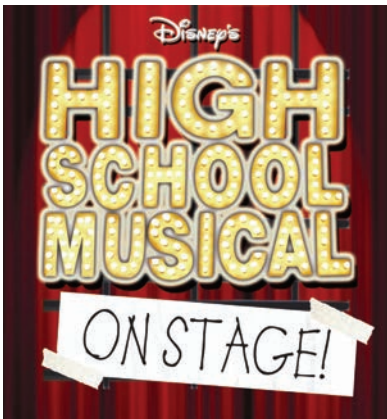


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# Happy St. Patrick's Day!

*Here are some fun tips and fast facts about St. Patty's Day!*

TIRA HANRAHAN  
CONTRIBUTING WRITER

You do not have to be Irish or live in Ireland to celebrate St. Patty's day! You can make the most out of this holiday by getting together with some friends, and decorating and indulging in some St. Patrick's Day festivities. You can celebrate in the simplest way by wearing green, or go all out and decorate your dorm or house in shamrocks and pots of gold. So, get in touch with your Irish roots and celebrate!

**Try an Irish twist on shortbread cookies with these Oatmeal Shortbread, courtesy of Better Homes and Gardens:**

**Prep Time: 15 min.**  
**Cook Time: 25 min.**

**Ingredients**

- 1-cup all-purpose flour
- 3 tablespoons sugar
- 1/2 cup butter
- 1/3 cup quick cooking rolled oats

**Directions**

In a medium-mixing bowl combine flour and sugar. Using a pastry blender put in butter until mixture resembles fine crumbs and starts to cling. Stir in rolled oats. Form mixture into a ball and knead until smooth.

**To make shortbread rounds:** On a lightly floured surface, roll the dough to 1/2-inch thickness. Use a 1-1/2-inch cookie cutter to cut 24 rounds. Place them 1 inch apart on an ungreased cookie sheet and bake in the 325 degree F oven for 20 to 25 minutes. Makes 24 rounds.

**To make shortbread strips:** On a lightly floured surface roll dough into an 8x6-inch rectangle about 1/2 inch thick. Using a knife, cut into twenty-four 2x1-inch strips. Place 1 inch apart on an ungreased cookie sheet. Bake in the 325 degree F oven for 20 to 25 minutes.

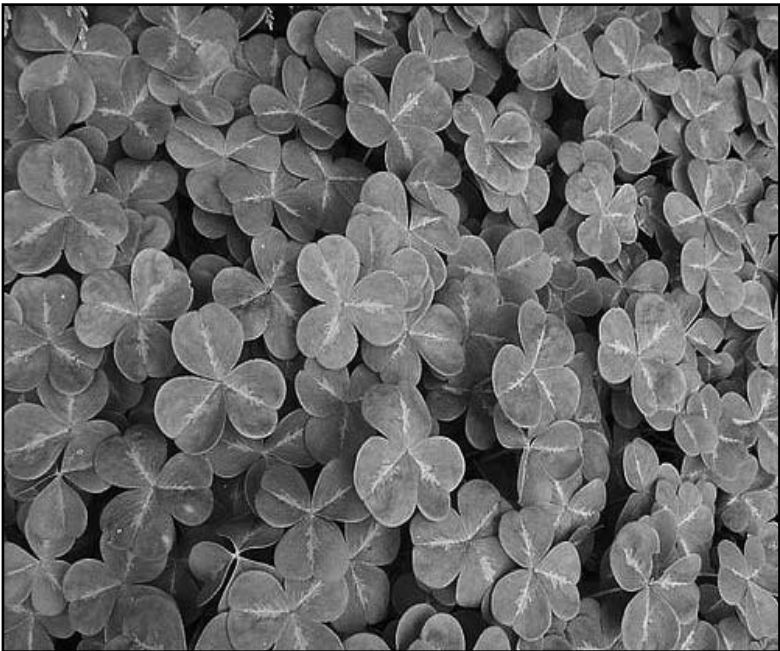


PHOTO COURTESY of google.com

A four-leaf clover can bring you lots of luck according to the Irish!

**If sweets are not your thing, then you can celebrate with these traditional, Fool Proof Mashed Potatoes, courtesy of Better Homes and Gardens:**

**Ingredients**

- 3 medium baking potatoes (1 pound), such as Yukon Gold, russet, or rounded white
- 2 tablespoons margarine or butter
- 2 to 4 tablespoons milk or light cream
- Salt and pepper

**Directions**

1. Wash, peel, and quarter the potatoes, making sure to remove any bruises or eyes. Place the potatoes in a large saucepan filled with boiling, salted water (about 3 to 4 inches). Return to boiling; reduce heat. Cover and cook over medium heat for 20 to 25 min-

utes or until potatoes test tender when poked with a fork. (Remember to check the potatoes occasionally while they are cooking so they do not boil dry.) Drain.

2. Transfer the hot potatoes to a medium-mixing bowl. Mash with a potato masher or beat with an electric mixer on low to medium speed until potatoes are smooth.

3. Add the margarine or butter, and season to taste with salt and pepper. While mashing or beating the potatoes, gradually add enough of the milk or cream to make the potatoes light and fluffy. Makes 4 side-dish servings.

**Did you know?** ...Check out these facts about St. Patrick's Day (thanks to kaboose.com and ok50.com):

- For every four leaf clover, there are about ten thousand regular 3 leaf clovers!

• According to the Guinness Book of World Records, the highest number of leaves found on a clover is 14.

• Each color; green, white and orange, on the Irish flag stands for something. The green symbolizes the people of the south, while the orange stands for people from the north and white represents the peace that brings the different peoples together as a nation.

• The color green usually is associated with Ireland because it is also known as "the Emerald Isle."

• It has been said that each leaf on the clover stands for something: the first is for hope, the sec-

ond is for faith, the third is for love and the fourth is for luck.

• Before 1970, Irish laws forbade pubs to be open on March 17. In Ireland, St. Patrick's Day has traditionally been more of a religious holiday.

• Patrick, the patron saint of Ireland wasn't actually Irish. He was born around 373 A.D. in either Scotland, near the town of Dumbarton, or in Roman Britain.

I hope this has helped you get ideas how to celebrate St. Patrick's Day, or inspired you to come up with your own ideas! Have fun and also a very Happy St. Patrick's Day!



## All about Leprechauns, and How to Find Them!

The Leprechaun is an Irish fairy. Full grown leprechauns are reported to be about 2 feet tall. They will frequently be clothed in the garb of a shoemaker, with a cocked hat and a leather apron. Frequently scowling, leprechauns are said to resemble small, grumpy old men.

According to legend, leprechauns are unfriendly, and live alone. They spend a great deal of their time making shoes. Most importantly, each and every leprechaun possesses a hidden pot of gold.

Treasure hunters should listen for the sound of a shoemaker's hammer, when looking for leprechauns. If caught, the leprechaun must reveal the whereabouts of his pot of gold. But be careful! Keep your eyes on the tricky leprechaun every second. He will try to trick you into looking away, and if you do...PooF! He vanishes and all hopes of finding the treasure are lost.

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# Eat Healthy, be Healthy

Health continued from pg. 1

walk, work more, leaving less time for eating healthy, and eat faster, which results in consuming more.

Refined sugar is the biggest suppressant in our diets and our immune system, according to Martel. She also says it is the most common “energy zapper” and the most commonly reached for snack food.

To eliminate refined sugar from your diet, Martel suggests drinking more water, eating more sweet vegetables (such as carrots or beets), using gentler sweeteners (like honey), and getting more rest.

Some “super foods” Martel suggests people add to their diets include walnuts, whole grains, salmon, sea vegetables, and goji berries. According to [www.altmedicine.about.com](http://www.altmedicine.about.com), goji berries are found in the Himalayan Mountains, and help eyesight as well as protect the liver.

Eating better is not the only way to live a healthier life. Martel introduced attendees to the concept of “primary foods”. These are the areas in your life that “feed you”, but are not the things you eat. Areas such as your career, relationships, spiritual practices, and exercise play a major role in your health.

“These areas determine how you view yourself in the world and how you feel about where you’re headed,” said Martel.

If you are looking to increase your energy, the first thing Martel suggests reducing or eliminating your caffeine intake. Although your morning cup of coffee may wake you up, it will also dehydrate you and cause more frequent blood sugar and mood swings. Martel also suggests drinking more water and eating more vegetables, just like our mothers say to. Instead of sugar, she suggests using raw honey or maple syrup; anything not processed. Martel’s final suggestion for increasing your energy? Spending time with people who energize you.

For more information on eating and living healthier, visit Martel’s website at [www.vibranthealthandwellness.com](http://www.vibranthealthandwellness.com).

# Screaming Orphans

Band continued from pg. 9

Although there was a smaller turn out than most shows performed in Pollok, having such an intimate setting helped to make the show seem more personal for the audience and the Diver sisters, especially Joan who stated “It was beautiful playing here in such a gorgeous theater, and having such an attentive audience is such a great thing, any artist would love it.”

Members of the audience included Monmouth students and staff along with community members and alumni. Kate Borsuk, a sophomore at Monmouth shared her take on the experience. “It’s nice to hear something that’s a little different from the norm.” Sophomore Erica Valdes agreed, “I thought they were really good. I was surprised, I thought it was going to be all Irish music, but they mixed it up really well.”

Other audience members such as John Stark, a junior at Monmouth mentioned that he would definitely go see the Screaming Orphans again. Jane Erbe, part of the Monmouth community agreed saying “I thought it was fantastic. I would absolutely see them again, right now!”

All in all the show was a very enjoyable and entertaining night of fun, music, and heritage. Gráinne, guitarist and vocalist for the band, even managed to leave some sage words of advice for the students of Monmouth University who plan on venturing down the same path in the near future “Don’t worry about tiny little silly things, like what amps you have. Just play anything, grab any instrument, music is supposed to be great and expressive.”

# Open Mic Night a Smash Hit

SARAH ALYSE JAMIESON  
ASSISTANT OPINION EDITOR

On Thursday, February 28<sup>th</sup>, starting at 10pm, the Office of Substance Awareness along with the Residential Hall Association (RHA), hosted the February Open Mic Night, in Elmwood’s Underground.

“Open Mic Night is a great opportunity for students to come out and perform. The crowd is big tonight, and the event should be a fun evening!” Devin Menker, a freshman Criminal Justice and Forensics major, one of the head hosts of the night, said.

The first performer of the affair was an MU freshman ... major, Bill Palmer. Bill sang a joking hit about Looney Tunes. It was a very lighthearted song, compared to his other albums that were previously recorded, which he says, “are more serious.”

On a more poetic side, next up was Chad Esposito, an MU junior, Psychology major, who

read a self-written, touching poem, “Broken Family.”

“Let it Be,” a well-known Beatles melody was played and sang by Nick Lezoli, an MU junior and History major.

“This was quite a stellar performance!” stated Tommy Dellanno, an MU junior, Criminal Justice major.

The crowd clapped out of control, for Nick.

“This was an awesome night! I’m so glad I played here; I enjoyed it!” Nick stated, after his performance.

Next “Vanilla Shake” was played by He Man. Then the first drawing occurred, and Sunaina Kausha, an MU junior, walked away with a \$10 gift card to Einstein Beagles and chocolate bars.

Elizabeth Rictiardi and Lauren Philippi were selling \$2 “Don’t Drink and Drive, do it For Kylie” bracelets. Kylie was the victim of a drunken driving accident which happened recently. All the proceeds of this bracelet sale

will go to Melissa Pinheiro’s family, a senior MU student, to help her with paying for her medical bills from surviving this drunken driving accident.

“Support our cause; do not drink and drive!” Elizabeth strongly announced.

The White Shark, Billy Burgin, a Public Relations and Communication major, sang his hits. He went crazy and had the crowd going wild; what a performance! Billy stated after his performance how he had a great time!

AJ Penta, a Graduate student, Corporate Communication Major, performed a song that he had written that very day. “I wrote this song today, so if I forget the words, you understand” he announced to the event’s guests.

“AJ did a good job!” Tommy Dellanno stated, after AJ’s act.

“Shiny Hoarse,” a self written and performed song by Michael Dante Summonte, a senior Music Industry major, a regular Open Mic Night musician, was sung next. “You’ll like this, and

if you don’t, well...” Confident Michael announced to the audience.

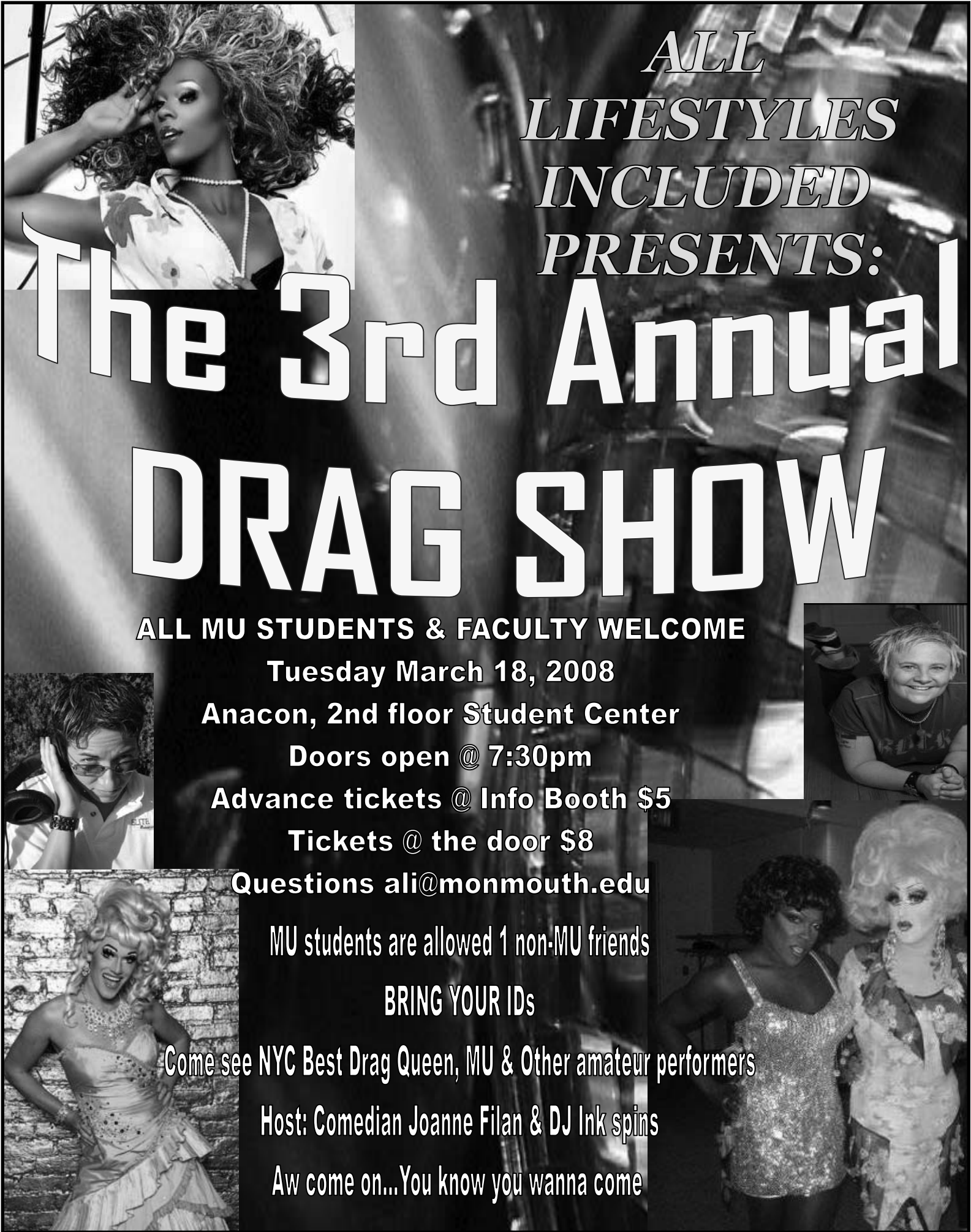
The trumpet was played by Matt Monkan, a sophomore Software Engineering major.

Russell Carstens, a 2007 Grad, who performed that night, stated, as Matt was playing his instrument, “I thought that it was unique that Matt played his trumpet at Open Mic Night! That’s never been done before.”

The next performers of the night, Charlie Decaro, a TCNJ student, and Robert Freeman, played an original song written by Charlie “Fist Full of Dynamite.”

Standard musicians continued to approach the stage and kept the show going. Summonte and Palmer jammed to end off the night! “The evening ended early, but what a great night it turned out to be!”

Devin acknowledged ending the night off with. “The 27th of March is the next Open Mic Night. See you all then!”



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# Where does the Rain Garden go?

JAMIE KINARD  
STAFF WRITER

So now you that you know what a rain garden is, where does it go? Planning where your garden goes is one of the most important steps in this process; the garden cannot go just anywhere. One of the most important things to remember in deciding a location is to remember the function of the garden. The garden is meant to purify rain water runoff, and to drain water from areas with a lot of water. Thus, a good place to put a rain garden is a place where there is a lot of rain water runoff, possibly with a large amount of puddles and water in one area. Usually, a rain garden is placed at the bottom of a sloped area, because when it rains the water will make its way down the slope, and collect at the bottom. This leads to standing water and puddles, which can attract mos-

quitoes and cause other problems. By placing a rain garden at the bottom of the slope, then water that would have collected is now being filtered through the soil, which helps to take out the pollutants from the water and filter it back into larger bodies of water. Places to avoid would be around areas of heavy foot traffic and near areas of heavy development, such as too close to houses. This is because the amount of activity near these areas causes the soil to be deeply compacted, causing water flow to be difficult. Also, it is not entirely beneficial to place a garden in an area with little water flow, such as in the middle of a flat field. The lack of water flow means that there is very little for the rain garden to purify, and flooding can still occur in other areas.

In the past week, we observed where the rain garden will be placed on campus. About a min-

ute walk from Pollak, right by the Athletic building, the garden will be placed between the two telephone poles closest to the theatre. This a perfect place to put the garden because the parking lot itself is a hall, forming a deep slope. This is a great place to put a rain garden because the collected water at the bottom of the hill is collecting in large puddles, causing problems for the parking lot. Also, all the sediment and debris from the parking lot is being carried to the bottom of the hill, leaving to build up over time. By putting a rain garden there, all the sediment from the lot will be filtered through the soil, and the amount of collected rain water will reduced significantly. In finding a place to put a rain garden, it is crucial to remember that the garden should go in place with a lot of sediment and rain water buildup.

# AST Hosts Beauty and the Greek

VERONIQUE BLOSTEIN  
STAFF WRITER

On Monday, February 25, 2008, the sisters of Alpha Sigma Tau sorority put on their event, Beauty and the Greek in Pollak Theatre.

The event was based on the reality show, *Beauty and the Geek*, as seen on the CW11. On the show, contestants are paired up (one beauty and one geek), and each week they compete in challenges in order to become the Beauty and the Geek by the end of the season.

Proceeds collected from Beauty and the Greek will benefit Suicide Awareness and Prevention, one of the philanthropies of the Beta Omega chapter of Alpha Sigma Tau. Sisters of AST also held a bake sale in the Pollak Theatre lobby during the show to help raise money as well. The sisters raised a total of \$1,137.50.

The event was planned by AST Event Co-chairs Jenna DeLozier and Nicole Russo. DeLozier and Russo also hosted the show, along with Jimmy Laski of Sigma Tau Gamma.

DeLozier said, "All the work we put in was well worth it because we started an event on campus that incorporated both Greeks and student activities to raise money for a good cause."

For the event, fraternity and sorority members were paired up with non-Greeks to make six teams. For the first challenge, one team member had to stick their face in a whipped cream pie to find the egg, then without using his or her hands, give it to the other team member, who could use his or her hands. This person then had to crab-walk to the edge of the stage, find the box with his or her team number on it, and

then assemble the puzzle pieces that were inside. The first four teams to complete the challenge moved on to round two.

In round two, all the brothers and sisters formed one line, while the non-Greeks formed another. Each group took turns answering questions. Non-Greeks were asked about Greek life, while Greeks were asked about other clubs on campus. The winning two teams would move on to the final. As there was a tie, a tie breaker had to be used to determine the finalists.

To prepare for the last round, the fraternity and sorority members had to teach their partner everything they could about their organization during the 15-minute intermission. The final challenge consisted of a mock recruitment. One-at-a-time, each non-Greek had to try to recruit the opposing Greek member to join his or her organization. The judges tallied points based on questions asked, whether correct responses were given, and if proper sorority recruitment rules were followed.

Judges for the night included Eric Mochnacz (AST Advisor), Teresa Chico (AST Alumna), Jon Skudera (President of Tau Kappa Epsilon fraternity), Peggy Jones (Greek Senate President and Phi Sigma Sigma sister), and Brandon Bosque (President of Student Government Association and brother of Phi Sigma Kappa). After the final tally, Whitney Place from Alpha Sigma Tau and Brandon Wood of the football team prevailed as the winners.

All contestants received Red Bull consolation prizes. Prizes for the winners were donated by David Katz of Bonita Marie International.

## SIFE

Hey all, hopefully you have noticed over the past few weeks that SIFE is a group with a mission and that is ready to make a difference. We are an active club with nothing but active members who work to make changes in the lives of people anywhere we can. Our projects are being implemented all over the world; here on campus, in the local communities, and internationally. If you want some more details make sure to check out some of the previous issues of the outlook at outlook.monmouth.edu. Over spring break, SIFE will be launching our ethics program in the country of Hungary, so look for details for how it went after we get back. SIFE is ready to be "club awesome" and if you want to be part of it, or to just know more about our projects email us at [SIFE@monmouth.edu](mailto:SIFE@monmouth.edu) or come to our meetings at 3pm in Bey Hall Room 229. Have a great spring break!!

## Alpha Xi Delta

The ladies of Alpha Xi Delta would like to congratulate Danielle Minkin, Allie Briscione, and Heather Kelly on their appearance in the Vagina Monologues. You ladies were amazing!!! The ladies would also like to thank everyone who contributed to our bake sale for Bella's Blessing. We would like to wish a happy and healthy Spring Break! Hope everyone enjoys themselves!! For more information check out this spot or check out our Facebook group Interested in Joining Alpha Xi Delta. Much Xi Love to All!!

## Delta Phi Epsilon

\*\*Come support Delta Phi Epsilon on Wednesday, March 18, in their new event, "You Think You Know Me." This show parallels the newlywed game;

However, it tests the knowledge of best friends rather than couples. This fun filled event starts at 9:30 in Pollak Theatre. Many sororities, fraternities, and sport teams are involved. Tickets will be sold before the 18th for five dollars, or you can purchase them at the door for seven dollars. Thanks for your support and hope to see you there

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Many other volunteer opportunities are available. Search "**Volunteer Directory**" on the MU website for a complete listing. Questions? E-mail [volunteer@monmouth.edu](mailto:volunteer@monmouth.edu) or stop by the Office of Service Learning and Community Programs, Room 301c in the RSSC.

# HAWK 12 TV

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M Squared	4:00
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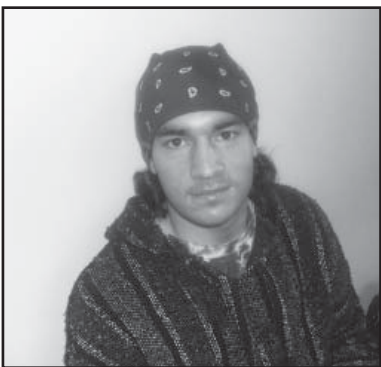
# What are your plans for Spring Break?

COMPILED BY: SARAH ALYSE JAMIESON



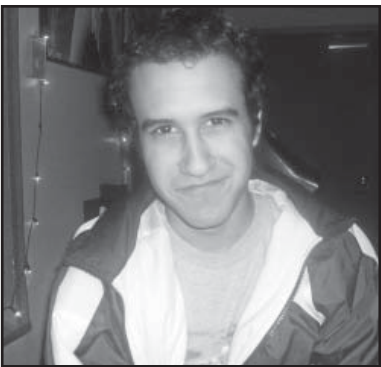
**Anthony**  
*sophomore*

"I plan to visit a friend in Maine."



**Zachary**  
*sophomore*

"I'm going home to chill in the woods of Western P.A."



**Matt**  
*sophomore*

"I plan to make out with many fine ladies!"



**Chad**  
*junior*

"I going to go to Arizona with my Father and meet up with my 27 year old girlfriend and his girlfriend."



**Mary**  
*sophomore*

"I'm going to work a Rose Garden Nursing Home, in Toms River."



**Matt**  
*senior*

"I'm going to work at Fort Monmouth."



**Heleen**  
*freshman*

"I'm going to visit my cousin at the University of Cincinnati."



**Aaron**  
*senior*

"I will attempt to find the state of Michigan on a map."



**Brandon**  
*sophomore*

"I'm going on a trip to Massachusettes with my Dad, then I'm going to Florida with friends!"



**Rielle**  
*junior*

"I'm going to Puerto Vallarta, Mexico to babysit my cousins."

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Basketball

Hawks Barely Make the Field of Eight

Men back into NEC Tournament with St. Francis' (Pa.) overtime loss to FDU

ERIC WALSH  
SPORTS EDITOR

With only two games left in their season the men's basketball team found themselves stuck in last place in the NEC, on the outside looking in for a spot in the postseason NEC Tournament. The Hawks had to win both games to give themselves a chance to even make it into the top eight. They got off to a good start with their victory over St. Francis (Pa.) 73-64 in Boylan Gym on Thursday night, but could not defeat Mount St. Mary's in their last game of the season on Saturday night, going down 81-67, and losing control of their postseason destiny.

However, with their defeat of St. Francis (Pa.) on Thursday night, and with Fairleigh Dickinson's defeat of St. Francis on Saturday, the Blue and White were in a four-way tie for the eighth and final spot in the NEC Tournament. It all came down to the four teams' head-to-head records, and it turned out that Monmouth was the team that got the nod for the eight seed.

In their last home game of the 2007-08 season, the Hawks welcomed St. Francis (Pa.) to Boylan Gym. With both teams fighting to stay alive in the NEC Tournament, it was bound to be a hard-fought contest.

Monmouth, after opening the game down 6-5, went on an 11-2 run to take a 16-8 lead with 13:44 remaining. Whitney Coleman hit consecutive baskets at the 9:30 mark to increase Monmouth's lead to 23-12.

The Red Flash answered with a run of their own over the next 4:36, cutting their deficit to only three, at 30-27. However, the home team battled back and ended the first half on a 7-3 spurt, taking a 37-30

advantage into the halftime intermission.

St. Francis came out of the locker room looking to cut into the seven-point Monmouth lead, and it looked positive after two free-throws for the Red Flash; but, the Hawks responded with a 17-4 scoring run, going up 54-35 with 13:32 left in the game.



PHOTO COURTESY of MU Sports Information

Yaniv Simpson was the leading scorer in both games this week for the Hawks, averaging 19 points.

The Red Flash came right back with their own spurt, making the score 61-51, as Monmouth could only hit two shots over a nearly nine-minute span. They trimmed the lead to 69-60 with 2:56 left in the contest, but a Nick DelTufo three-point play at the 1:34 mark put the Blue and White ahead for good.

For the first time all season, MU had two players register 20 points in the same game. Both Coleman and Yaniv Simpson reached the 20-point mark in leading the Hawks to the must-have victory.

For the season finale, the Blue

and White traveled to Mount St. Mary's to take on the already tournament bound Mountaineers on Saturday, March 1. In another must-win game, the Hawks fought hard, but could not pull out the victory, losing 81-67.

Getting off to a slow start, the Hawks called on Simpson to come in off the bench to spark the scor-

Monmouth answered with an athletic jump shot from Nunner and a deep trey from Simpson to cut the lead to 29-26.

Another basket from Nunner, this time a trifecta, cut the home team's lead to 33-31. After a break away lay in for the Mount's Kelly Beidler, R.J. Rutledge hit a three-pointer to cut the Monmouth deficit to only one. As the whistle blew for the end of the first half, the Mount held the advantage 37-34.

Monmouth was led by Simpson, who came off the bench to lead the team in scoring with 13 points, hitting 3-of-4 from downtown. Both teams were hot in the opening half, with each shooting close to 50 % from the floor.

The Mount went up by seven, 42-35, after a three-pointer, just two minutes into the second half. The Mount extended their lead to nine before Coleman hit back-to-back treys to make the score 46-41 with 15:20 remaining.

Down 62-53, Coleman and Simpson hit consecutive buckets to cut the lead to five with just over seven minutes left. Just when it seemed like the momentum was swinging Monmouth's way, Cajou hit a three-pointer and cut to the basket for a lay up to increase the Mount lead to 10 with 5:45 left in the game.

Monmouth could not claw back from 10 down, eventually losing by 14. Simpson and Coleman led the team once again with 18 points apiece, while the Blue and White shot 49% from the floor.

The Hawks end the season with a 7-23 overall record, 4-14 in the NEC. The team will travel to Moon Township, Pa. to take on number one seed Robert Morris on March 6, in the NEC Quarterfinals.

Final NEC  
Men's Basketball  
Standings

1. Robert Morris\*  
(16-2)
2. Wagner \*  
(15-3)
3. Sacred Heart\*  
(13-5)
4. Quinnipiac\*  
(11-7)
- Mount St. Mary's\*  
(11-7)
6. CCSU\*  
(10-8)
7. Long Island\*  
(7-11)
8. Monmouth\*  
(4-14)
- St. Francis (PA)  
(4-14)
- St. Francis (NY)  
(4-14)
- FDU  
(4-14)

\*Clinched NEC  
Tournament Berth

Blue and White Clinch Postseason for Seventh Consecutive Year

ANDREW SCHETTER  
CONTRIBUTING WRITER

After the Hawks defeated the number 1 team in the North East Conference Quinnipiac last week, they came out this week with confidence and won both their games against NEC rivals locking up the 6th seed in the NEC tournament. On Saturday afternoon they beat Mount St. Mary's on the road 70-66 and came home Monday night to defeat St. Francis (Pa.) 65-50.

At Knott arena on Saturday afternoon against Mount it was the perfect scenario for a let down game, the Hawks had just beat the number 1 team in the conference and had to wait 5 days for their next game, so they came out flat. In fact the Hawks were down 21 points at one point and still pulled off the victory. In fact at the end of the first half they were down 44-26. Their amazing comeback in the 2nd half had them outscore the opponents a remarkable 44-22.

Forward Jennifer Bender led the team as they took the lead so decisively in the second half based on their stellar play on the glass. They out rebounded Mount 45-23 and an impressive18-4 on the offensive end alone.

Whatever Coach Baxter said at halftime certainly resonated with the Hawks as they came out and immediately went on a 10-1 run to start the half. The Blue and White came out hot from beyond the arc as Nyaimah Ware drained



PHOTO COURTESY of MU Sports Information

Jennifer Bender recorded two double-doubles last week on her way to 10 for the season.

one from the left corner, followed by Veronica Randolph stroking one from deep, and even Jennifer Bender making her 2nd career three point basket. Then suddenly after this offensive explosion the

Hawks had cut it to a 4 point lead with 12 minutes to play.

They took the lead with 5:34 to play off of Rachel Ferdinand's put back bucket. From their on they road the seesaw and pulled it off in the final minutes of play. Jennifer Bender led

all Hawks with 23 points and 11 rebounds recording her 9th double-double. The Hawks shot over 51 percent in the 2nd half of play. Marisa Jimenez scored 13 and guard Marbely Montas contributed with 10 points of her own.

The Hawks on Monday night against St. Francis (Pa.) decided it was much easier to lead a game from start to finish then come back from an 18 point deficit at half as they defeated the Red Flash 65-50.

Monmouth shot 40 % from the field and with stifling defense held

St. Francis to a dismal 28.8 %.

The Blue and White were once again led by Forward Jennifer Bender as she recorded her tenth double-double of the season scoring 13 points and bring down 12 rebounds. Emily Bollinger led all scorers with 18 points in the game for the Red Flash. However, her contributions came up short on this emotional night for Monmouth.

The Hawks came out motivated on their senior night as they honored seniors Veronica Randolph, Kim McCloskey, Nyaimah Ware, Brianne Edwards and Lindsey Zegowitz. Zegowitz was the story of the game as she started and played the first four minutes despite having ACL surgery less than 2 and half months ago.

Everyone will now have a chance to prolong their college careers in the NEC tournament as the Hawks enter as the 6th seed and square off against 3rd seeded Sacred Heart at Long Island on Saturday Night. Monmouth lost 64-55 the last two times the teams faced one another but with this 3 game winning streak giving the team newly found confidence a tournament run would no longer be a surprise to anyone.

Final NEC  
Women's Basketball  
Standings

1. Quinnipiac (16-2)\*
- Robert Morris (16-2)\*
3. Sacred Heart (14-4)\*
4. Long Island (13-5)\*
5. FDU (9-9) \*
- 6.. Monmouth (7-11)\*
- St. Francis (NY) (7-11)\*
8. Mount St. Mary's (6-12)\*
9. Wagner (5-13)
10. St. Francis (PA)) (3-15)
- CCSU (3-15)
- \*Clinched NEC  
Tournament Berth



# A Word on Sports

## Greater Than Great

ALEXANDER TRUNCALE  
STAFF WRITER

Last week, the great Henry Aaron (who I still believe to be baseball’s all-time home run king) told the Atlanta Journal-Constitution that Tiger Woods is the most dominant athlete of any sport at any time. While Tiger Woods’ greatness in the game of golf is not in question it got me thinking about the most dominant players in the history of sports; those who were greater than great.

What does a player have to do to be considered “dominant” in their respective sport? Is dominance based on purely stats, or do championships factor in? And just how much better than the rest of the competition does one have to be in order to be considered “dominant”?

Aaron’s claim of Tiger Woods is certainly viable. Yet, there are many figures throughout the history of sports who could possibly vie for the title of “most dominant”. For example, Wilt Chamberlain once scored 100 points in a single game (not surprisingly, against the Knicks), averaged a triple-double in the 1961-62 season, and in addition to sleeping with over 20,000 women, found time to average 23 points and 30 rebounds a game over a 14 year career. Those numbers are unheard of by today’s standards, where 20 and 10 makes a player a perennial all-star.

Bill Russell played during the same period as Chamberlain, and while his career stats (15 points and 22 rebounds

per game) came up just short of Wilt’s, he did lead the Celtics to 11 (yes, 11) NBA titles from 1957-1969, including eight in a row. In other words, Wilt has the stats, but Bill has the rings.

Michael Jordan is widely regarded as the greatest basketball player ever, better than the two previously mentioned. He led the Chicago Bulls to six championships in eight years, and might have won eight in a row had he not spent two years playing baseball. Right up until his game-winning shot over Bryon Russell in the 1998 NBA Finals, Jordan was in his prime. He retired with five MVP awards, 14 All-Star game appearances, and is still the NBA’s all-time leader in points per game, both in the regular season and playoffs.

And what about Wayne Gretzky? He is perhaps the greatest hockey player of all-time (hence the nickname “The Great One”) and is the only player in NHL history to record 200 points in a season (he did it four times). He led the league in scoring ten times, collected nine MVP awards and won four Stanley Cups. He once scored 50 goals in 39 games, and that same season, went on to record 92 goals, a record that has yet to even be approached. When traded to the Los Angeles Kings, he was single-handedly responsible for sparking new interest and attendance records in a traditional non-hockey town.

Barry Bonds and Roger Clemens are considered the most dominant players of the modern era, but since they both cheated, their dominance is tainted. Baseball historians

will argue that Babe Ruth was miles ahead of everyone else when he played. When Ruth set the single-season homerun record of 60, the previous record stood at 23.

And that brings us back to golf, and Tiger Woods. Any golf fan knows that players are judged by how many majors they win. Right now, the leader in the clubhouse is Jack Nicolas with 18. Woods has 13 majors to his credit and I believe it is not a question of if but when he will pass The Golden Bear in career major victories.

It is difficult to compare different sports and different eras within those sports. But to me, the two most dominant players of any sport at any time are Tiger Woods and Michael Jordan. Stats, individual accomplishments and championships are great, but both Woods and Jordan have and had a quality that no other sports figure ever had: they are and were bigger than the game. The PGA Tour needs Tiger Woods more than he needs the PGA Tour. When he doesn’t play in a tournament, ratings plummet. The NBA needed Michael Jordan more than MJ needed the NBA. When he retired in 1998, the league’s ratings fell, and David Stern and Co. realized just how important he was.

Unlike the players mentioned above, only Jordan and Woods can say that their respective games revolved around them. When an athlete reaches that echelon, they are beyond great. They are dominant.

# Track and Field Earns Five Qualifying Marks at NYU

*NYU Fastrack was last meet before the IC4A/ECAC Division I Championships next weekend*

PRESS RELEASE

Monmouth University’s men’s and women’s track and field teams earned five qualifying marks for next weekend’s IC4A/ECAC Division I Championships on Friday night at the NYU Fastrack at the historic NY Armory.

“The women’s DMR had to race by themselves almost from the start and really did a tremendous job to qualify for ECACs,” said MU Head Coach Joe Compagni.”It was a strong meet for us overall with more than a dozen season-best or lifetime best performances. We have a great group headed to IC4As and ECACs next week.”

The women’s DMR team of Christine Altland, Michelle Losey, Aracelis Lantigua and Cailin Lynam finished first at the event with a school record time (12:01.23), which qualified the squad for next week’s ECACs. Ryan Madrid took home second place in the 1000m, cross-

ing the tape at the 2:30.95 mark. Latasha Leake placed third in the high jump, clearing 5’5”.

The Hawks took seventh and eighth in the 200m dash, with senior Chris Vuono finishing just ahead of sophomore Chris Taiwo.



PHOTO COURTESY OF MU Sports Information

Chris Vuono qualified for the IC4As in both the 200m and the 400m events at the NYU Fastrack.

Vuono crossed the line in 22.13 while Taiwo finished in 22.21. Vuono’s marks in the 200m and 400m qualified him for the IC4As. Patrick McCarney was the ninth

collegian in the 500m, while Bill Doherty took seventh in the 800m (1:54.53).

Larry Lundy ‘s IC4A qualifying shot put throw of 51’ 11” was good enough for fourth with freshman Tom Ciccoli finishing in seventh place with his distance of 49’ 9”. MU alum Jon Kalnas blew away the competition with his first place throw of 63’ 4 ¾”. Lundy also finished fifth in the weight throw, registering a toss of 55’ 4 ¼”. The men’s DMR squad of Madrid, McCarney, Doherty and Pete Forgach finished fourth with a time of 10:17.84 but more importantly qualified for IC4As next week. Alex Bowers placed in the long jump for the second straight week, finishing eighth with a mark of 22’ 1 ½”.

The meet was the final tune up before next weekend’s ECAC/IC4A Division I Championships, held in Boston.

# Lacrosse Wins Two Straight to Open ‘08

PRESS RELEASE

The Monmouth University lacrosse team won their second straight game to open the 2008 season 17-10 over Atlantic-10 opponent La Salle on Sunday afternoon at Kessler Field.

Just a game after the squad defeated Columbia 10-9 to open their season, the Hawks returned to Kessler Field for their second straight game to take on La Salle.

Ashley Waldman scored the game’s first goal 21 seconds in to give the Hawk’s an early lead. Megan Nutter then added to the Monmouth lead with goal off a spin move 40 seconds into the contest. Ali Pollock followed suit with a spin move stick side goal at the 26:29 mark for the Hawks.

Freshman Carissa Franzi scored her first collegiate goal as she split two La Salle defenders and scored at 24:30 for the Blue and White. Waldman scored again on a one-timer to boost the MU lead to 5-0 after a Renae Hill assist.

La Salle got on the board with an Emily Bonczek free position goal at the 20:01 mark of the first half, but Nutter answered for MU with back-to-back free position goals.

MU’s Shawn Evans then scored from Waldman 14:58 of the first half

Nutter then threw a shoulder fake on her defender at the 14-yard line, went to the net and beat the La Salle goalie high side at 14:16 to make the score 8-1 Monmouth. With the tally, Nutter moved into sixth place on Monmouth’s all-time career goals list with 124 tallies.

La Salle’s Bonczek then navigated through the Monmouth defense for an unassisted tally to cut the MU lead to six.

The Explorers got another tally from Kelly Heiss on a free position with 9:29 left in the first half. Waldman’s free position tally at 5:48 halted La Salle’s two-goal run. Rachel Feirstein answered

for Monmouth with an assist from Megan Brennan at the 3:52. The tally was Feirstein’s first collegiate goal.

La Salle then went on a three-goal run to end the half, started by Erika Matthews on an assist from Nicole McCurdy with less than three minutes left in the half. Bonczek finished the half with two straight goals, the second from the free position, with 1:15 left in the half.

The second half began the same way the first one ended, with a Bonczek goal, this time assisted by McCurdy 41 seconds into second half. Nutter stopped the La Salle rally with an unassisted tally with 27:00 left in the contest. The back and forth scoring continued when La Salle’s Stefany McKee scored off an assist from McCurdy, and MU’s Pollock found the back of net, off a feed from Feirstein for the answer.

Bonczek continued her scoring with a tremendous individual effort to score and cut the MU lead to 11-8. Nutter continued her stellar day with an unassisted goal courtesy of a spin move, and Brennan followed that with a score from a Waldman assist 16 seconds later.

La Salle’s Allie Venuti would add an unassisted goal for the Explorer’s final tally, making the score 14-10. Brennan would score the final two MU tallies, the second off a find from Nutter, and the senior would finish the day off with her sixth goal at the 2:10 mark of the game.

Nutter led MU with six goals, while Waldman and Brennan added three scores apiece. Pollock scored two goals for Monmouth, and Monica Johnson made 10 saves in the net for the Hawks to earn her second straight win.

Franzi added three ground balls to go along with her goal scored, as well as three caused turnovers.

Monmouth returns to action on Friday, March 7 when they travel to Syracuse for a 3:00 p.m. showdown with LeMoyne.



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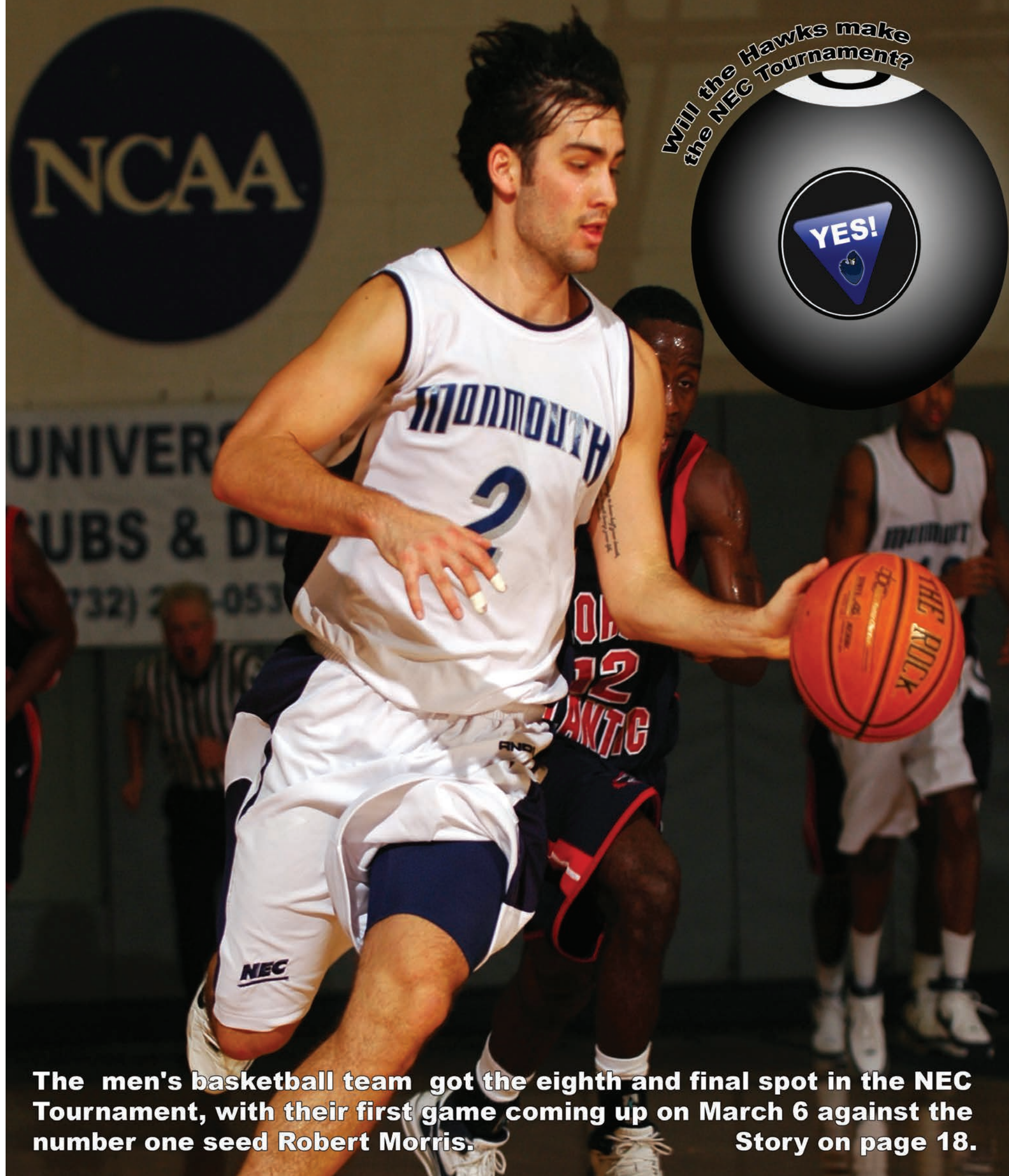
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# NEC TOURNAMENT BOUND?



**The men's basketball team got the eighth and final spot in the NEC Tournament, with their first game coming up on March 6 against the number one seed Robert Morris.**

**Story on page 18.**