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# PHOTO TAKEN by Brianna McCabe

Willow Hall is an on-campus suite-style residential building. During the fall 2014, it will only be available for students who are a part of Greek life.

#### **BRIANNA MCCABE**

CLUB & GREEK EDITOR

Beginning in the fall of 2014, Willow Hall, an on-campus residence hall, will be reserved for fraternity and sorority members. Through an application process, the suite-style dormitory building will be open for sophomore Greek life members and have potential space for juniors as well.

Jon Buchalski, Assistant Di-

rector of Student Activities for fraternity and sorority life, notified the Greek life community of this transition by email on Monday, Feb. 17.

According to Buchalski, the application process will allow members of the Greek life community to apply for the different suites available in the building. He said the first priority will be to fill the building with as many rising sophomore members as possible.

"Our goal is to give a suite to each group before allowing any organization a second suite," said Buchalski. If one organization cannot provide enough members to fill a suite, Buchalski said another Greek organization can claim multiple suites. Since the primary goal is to

Willow Hall cont. on pg. 4

## Immigration and College Education Affordability

KATIE MEYER STAFF WRITER

In his State of the Union address in January, President Barack Obama declared that it was time for Congress to pass immigration reform legislation yet Democrats and Republicans cannot seem to agree on the correct way to go about changing immigration policy. And this has caused legislation to stall including legislation that will affect college students.

Part of this indecision comes from Senate and House Republicans, who claim that they do not trust Obama to follow through on tighter border security and to enforce laws that are passed. Speaker John Boehner seemed enthusiastic to work on immigration reform, but has also expressed his concern that this bill, if put to a vote in the House, will not pass because many Republicans in the House are up for midterm elections according to The Washington Times. A recent poll showed that voters in Iowa would not vote for a Republican candidate that supported immigration reform. Like most of the legislation these past few years, the vote is being left up to the states.

One of the reforms that is being left up to the states is a bill called the Development, Relief and Education of Alien Minors (DREAM)

The DREAM Act gives college students, who are in the US illegally, monetary help for college tuition. Students applying for the DREAM Act must meet a list of requirements to qualify for any kind of monetary aid. Some of the requirements include having entered the US before the age of 16, living in the US five years before the bill was enacted in that state, and having completed high school, obtaining the GED or is attending college.

There is a screening process for the DREAM Act, and not everyone receives funding; it is similar to applying for a scholarship for college. Certain requirements (monetary, grades, GPA, recommendations) must be met before you can get approval. So far, 14 states have passed the DREAM Act. According to Paul Dement, the Director of Community and Government Relations at the University, "There are currently 14 states that have their own versions of the DREAM Act, which deal with tuition prices and financial aid for state universities. These states are TX, CA., IL., UT, NE., KA., NM, NJ, NY, WA., WI., MA., Md, and MN. The Md DREAM Act was approved by state-wide ballot, winning 59 percent of the vote on

Immigration cont. on pg. 8

#### The College Diet: Eat First, Think Later

#### ANGELA CIROALO NEWS EDITOR

Pizza, French fries, chicken nuggets, cheese steaks and burgers are dietary staples for college student, Melanie Mecha. These foods are easy, inexpensive and can be eaten on-the-go or late at night, Mecha, a St. Peter's Unisaid.

pork roll egg and cheese or sau- college. sage egg and cheese.

For lunch I'll have something light like a salad, and for dinner Ι

usually have a heavy-unhealthy meal like a burger and fries or a cheese steak." Mecha added.

Mecha believes that eating habits, like hers, are common among college students of all ages and can lead to damaging health ef-

A study published in the Journal of Exercise and Physiology versity criminal justice senior, Online suggested that the greatest increase of obesity occurs be-In the morning, I'll usually tween the ages of 18 and 29, while in higher percentages of young eat a breakfast sandwich, like a many young adults are attending adults with diabetes and risk

> The research study, which

was completed in 2009 by the Department of Physical Therapy at the University of Massachusetts Lowell, stated that approximately 35 percent of all college students are overweight or obese, with many at risk for weight gain during their college years. The study also stated that the number of overweight, obese adolescents and young adults is continuing to increase, resulting factors for heart disease.

Unhealthy dietary habits during a college career create a basis for future eating habits, Dr. Merrily Ervin, chemistry, medical technology and physics professor, said. "You look around and there aren't that many overweight college students, but it's these eating habits they are establishing that will cause them to be overweight later," Ervin said.

Ervin teaches a food science course which requires students to complete a diet analysis project, allowing

her to learn what students are eating. "I see a lot of chips, a lot of crackers," said Ervin.

Ervin has also observed that students, particularly women, are not eating enough fruits and vegetables, which Ervin explains can cause future illnesses.

According to the Centers for Disease Control and Prevention, most American youths do not consume the recommended

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News Faculty and guests welcomed first-year students into Phi Eta Sigma.



**Opinion** Read one writer's opinion on celebrities having their children be victims of paparazzi.



Entertainment "Little Shop of Horrors" sells out in Woods Theatre.



Club & Greek ALI held its fifth Drag Show "Apocalipstick" in Anacon Hall.

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#### Documentary Brings Awareness to Eating Disorder Dangers

CASEY WOLFE SENIOR EDITOR

Annually, 30 million people in the US suffer from eating disorders every year, including anorexia nervosa, bulimia nervosa and binge eating disorder, with the majority of victims in their teens and twenties.

Kristen O'Gara, a Licensed Clinical Social Worker (LCSW) and recovered anorexic, presented a documentary in Magill Commons on Thursday, March 6, titled, "Someday Melissa," about a girl who died of bulimia complications at age 19. O'Gara closed the screening with an informative presentation about eating disorders.

Bulimia is defined as an eating disorder characterized by binging, or eating a large amount of food at one time and purging by way of vomiting. Other bulimia factors inlcude undergoing excessive exercise, as well as the use of laxatives, diuretics or fasting, according to eatingdisorderinfo.org.

Anorexia is different in comparison to other eating disorders in that the victims starve themselves, causing extreme weight loss. Binge eating disorder, the newest clinically recognized eating disorder, according to O'Gara, is eating a large amount of food in a short amount of time without purging.

In the film, Melissa showed many

of the signs of bulimia as well as cations of bulimia include vitamin on a promotion because she did not other indicators such as anxiety and depression, lack of self-control, poor self-esteem, and withdrawal from social activities from the time she was 13 until she died six years later. The cause of death was cardiac arrest due to irregular heartbeat, a common effect of eating disorders.

Jaclyn Griffith, a freshman social work major, is considering working with eating disorder patients in the future. "[It was surprising] how sad it was and how [Melissa's] family did everything they were supposed to do and it still didn't work in the end," said Griffith, speaking about the film.

Dr. Franca Mancini, Director of Counseling and Psychological Services, said that it is important for students to be aware of the dangers of eating disorders because college is often the first time that they are caring for their own dietary needs. The desire to "fit in" in a new environment is also a contributing factor to unhealthy eating and exercise habits, according to Mancini.

According to the National Association of Anorexia Nervosa and Associated Disorders, 91 percent of college women in the US have tried to control their weight through dieting and 25 percent suffer from an eating disorder. Some studies suggest higher statistics.

Some other serious health compli-

and mineral deficiencies, gastrointestinal problems, irregular bowel movements and constipation, tears in the lining of the stomach, kidney problems and tooth decay. Anorexic patients experience health problems such as the cessation of a woman's menstrual cycle and shrunken or-

O'Gara said 66 percent of people with eating disorders also have depression and/or anxiety, 40 percent have obsessive compulsive disorder, 12 percent are bipolar and 30-60 percent suffer from post-traumatic stress disorder (PTSD). A quarter of eating disorder patients also have a history of substance abuse.

Shannon Newby, a freshman said, "I never knew that [eating disorders] were actually a disease. I always just thought that people chose to do that because they didn't like the way they looked, I didn't know it was almost like a drug addiction."

Physically, bulimia sufferers can appear normal. People who suffer from bulimia generally stay in a normal weight range, fluctuating occasionally, according to O'Gara. This was also the case for Melissa in the film.

Cultural beauty standards have a major impact on women's dieting habits, O'Gara said. She told the audience that a banker she regularly works with for her business lost out wear makeup. This woman also did not have much money to buy expensive work clothes.

Family and relationship problems can also play a role in eating disorders. In the film, Melissa's parents went through a divorce and she was constantly overshadowed by the success of her older brother. These experiences contributed to her selfloathing, another influence on the downward spiral of untreated eating disorders, according to O'Gara.

Treatment is the key to recovery, O'Gara said. Throughout the film, Melissa was constantly in and out of treatment because her health insurance would not allow her to stay in a rehabilitation program for an extended period of time. "If there is one thing you take away from this it's that eating disorders need to be treated," O'Gara added. "Not only for the body...but also the psychological aspects of an eating disor-

"[Treatment] could involve psychotherapy, nutritional therapy, medication and/or a combination of all of the above," said Mancini. "Certainly getting to the root of the problem through psychotherapy and developing healthy eating habits can go a long way. Some individuals will require hospitalization, and relapse is frequent."

O'Gara said that recovery is a life

long struggle and that there is no simple cure for eating disorders, but there is hope. "I think we recover for the rest of our lives," she said. "And I say that actually being really positive because we need to have that memory and that felt sense of what it was like back then."

Eating disorders, according to O'Gara, are coping mechanisms. Someone could be recovered for many years but can relapse much later in their lives. For example, some women relapse when they get married and want to fit into a certain wedding dress. O'Gara said that some of the mentality of losing weight is normal, but the process of achieving that weight loss is not.

"[It's] just like someone who is an alcoholic," O'Gara added. "Can they ever become a bartender and be okay with that?" She admitted that there are days that she "feels fat" and is harder on herself, even though she knows fat is not an emotion.

Mancini said that the counselors in Psychological Services have some training in eating disorders and students are encouraged to visit them if they are experiencing trouble regarding their mind and body. If there is a serious problem that needs to be addressed, the counselors will refer students to professionals in the community who can help

#### Freshmen Recognized for Academic Achievement

CASSANDRA FIGUEROA

The Phi Eta Sigma National Honor Society inducted 139 firstyear students with a 3.5 grade point average or higher on Saturday, March 8 in Pollack Theater.

Mathbor, advisor for the honor society, said the ceremony helps to reward and encourage superior scholarships among freshman after their first semester of college. "First semester of their first year at the University is a big transition from high school to university. Therefore, recognition of freshmen for their hard work and academic know I will continue to work just

excellence makes them feel cared [for] by the institution they have chosen to pursue their higher education," Mathbor said.

Throughout the US, more than one million freshmen have been inducted into the society, promoting academic excellence among freshman in over 200 chapters.

Jackie Duvally, an inductee and undeclared freshman, said, "Being able to be a part of Phi Eta Sigma definitely gives me motivation to perform better during the rest of my time at Monmouth. Knowing the effort I put in during my first semester got me to this point, I as hard to keep my grades up." Vincent J. Bove, Board Certified

Protection Professional, Leadership, Character and Security Educator spoke during the ceremony and explained that these students have the ability to "resuscitate" the nation. He provided examples of the many students around the US who get involved with drugs, alcohol and violence, and expressed that the students of Phi Eta Sigma can be the ones to change this course through their "character and academic achievement."

Rianna Rae, an inductee and international business major, said she enjoyed Bove's speech. "He really engaged the audience with his use of current, real world issues. I think it's very important to recognize that the world can be a better place and our generation can be the change the world needs.'

Rae continued, "I got chills seeing friends and family of inductees standing and applauding us knowing that they believe we, as inductees, can really make a difference on campus, in the local community and the world if we so choose."

Phi Eta Sigma Historian and sophomore, Taylor Bernosky, also spoke at the event, stating the three qualities she believes should present in the new members: "a well-disciplined mind, a well- ter, it identifies them as having slide were featured at the event as cared for body and an unimpeach- exceptional academic abilities to well.

able character." She said, "I believe that these three qualities together form a well-rounded person and someone that sets forth great examples for others.'

Over the years at the University, the Phi Eta Sigma students have been contributing to the betterment of the school. "In the most recent years, the students have been quite active and have taken advantage of the University's resources. They have participated in Relay for Life, the Big Event and other smaller scale volunteering opportunities," said Alexis DeCarvalho, Vice President for Phi Eta Sigma and a junior communication major.

Unfortunately, there has been a decrease in the number of inducted members in the past few years. "We had a smaller freshman class this year, so although the membership went from 230 to 175, the percentage of eligible students in relation to the first-year population remained the same," Lisa Henry, Office Coordinator for First Year Advising, said.

Regardless of this, Henry added that the society provides the students with different opportunities throughout their membership. "With this membership comes the Monmouth University chap-

graduate schools and potential employers, and it gives the executive board members the chance to attend the national convention and leadership workshop," Henry said.

Mathbor expressed his hopes that students will continue to maintain academic excellence in their future careers. "The biggest takeaway the students receive is how to take care of each other, maintaining academic honesty, integrity, and becoming a person of character. As I said to new inductees, remember, character is your destiny," Mathbor said.

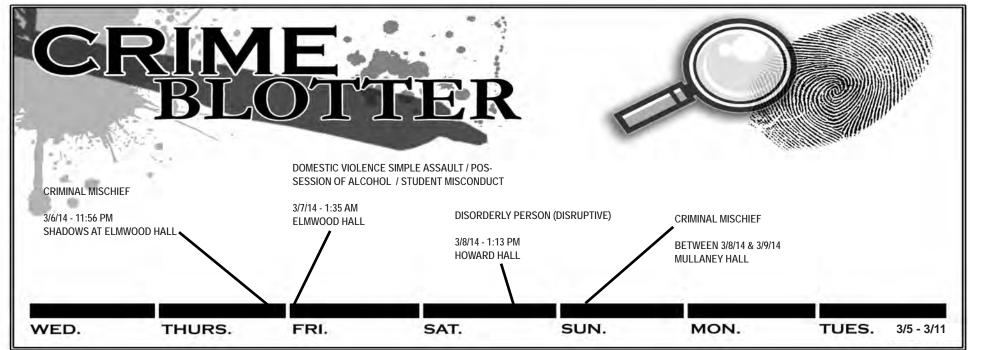
The University established the 272<sup>nd</sup> chapter of Phi Eta Sigma in 1987, according to Dr. Golam M. Mathbor, Associate Dean of the School of Humanities and Social Sciences.

Phi Eta Sigma was organized at the University of Illinois in 1923 as a men's fraternity, and in 1975 began accepting female scholars. The society stands by the motto 'Knowledge is Power."

Phi Eta Sigma inducted the new members on Saturday at the ceremony, with the exclusion of 36 new members, along with their family and friends, Phi Eta Sigma officers, the induction ceremony opportunities to be active within committee, and the guest speaker. Refreshments and



The Phi Eta Sigma national honor society poses for a group shot during their induction on March 8.



#### Vegetables or a Cheese Burger? It's Your Decision

College Diet cont. from pg. 1

daily amounts of 2 ½ to 6 ½ cups of fruits and vegetables a day, or the minimum two to three ounces of whole grains. Instead, the study found that youths eat more than the recommended daily amount of salt, and consume a majority of their calories from added sugar and solid

Ervin explained that a lack of vitamin C, which students can only get from fruits and vegetables, can cause their immune system to weaken and create a higher chance of sickness, creating difficulty concentrating and often missing class.

Furthermore, students are not eating carbohydrates or complex carbohydrates. Marta Neumann, health and physical education professor, said students will become sluggish and lack energy, also causing difficulty concentrating and completing work in school.

Megan Squires, nursing professor and certified dietitian, explained that there is a lot of misinformation and confusion about the adequate amount of nutrients students should eat each day and how carbohydrates relate to energy and body weight.

Squires explained that carbohydrates do not make people fat. She said anything in excess of what your body needs makes you fat, this includes carbohydrates, proteins and

"In terms of carbohydrates, your body and your brain need them to function," Squires said. "In addition, carbohydrate is a source of energy for the body. It's the type of carbohydrate that you choose that makes a difference.'

Another misconception about college students, more commonly among men, is that 'bulking up' on protein will create muscle, which Squires explained is untrue. While women, in contrast, are more concerned with losing weight and slimming down, "and will typically choose foods lower in calories and fat," said Squires.

#### Why Students are Eating Unhealthy

In an attempt to lose weight and slim down, students are often eating less, Neumann has noticed. She believes there is a greater problem with what students are not eating, rather then what they are eating. Neumann said most college students do not eat enough, at the right time and are not eating the right foods, which is contributing to their health.

Courtney Davis, a freshman mu- jor, said. sic industry major, explained that lack of time causes her to eat less throughout the day while in college. "I'm busy some days so I never feel the need to eat, and I'm a picky eater so I don't eat that much anyway,"

Davis explained she often skips breakfast. When she does eat breakfast, she eats whatever is in her room, including cereal, granola bars, fruit snacks or leftovers from the dining hall, she said.

Neumann, who teaches a Healthy Strategies for Living course, began her class by asking students what they ate for breakfast. "More than half did not eat anything, it was a 10 o'clock class," Neumann said. "They did not have a breakfast yet, and the rest of the class looks like they ate a healthy breakfast."

Neuman said many college students are not eating breakfast, which, she believes, is a big problem. She explained that because the body is unable to process energy for the brain and body in the morning, students will lack energy which will, in turn, impact their performance in

One reason Ervin believes that students are not eating breakfast or keeping up with a healthy diet is due to a lack of time. "It's a little bit more prep, not as convenient," Ervin said. "The fast foods and chips, it's so easy to buy a package of them and eat them. And with healthy foods, they generally do require a little preparation."

Alysha Zimmerman, a junior business major, believes students eat unhealthy because it is convenient. "I think the busy lifestyle that college students have causes them to eat unhealthy," said Zimmerman. "It's easier and less expensive to eat healthy, and drinking also contrib-

#### **Food Services Notice Unhealthy Habits**

College dining halls often take the blame for unhealthy student diets. In reaction to the dining hall stigma, the ARAMARK Corporation, the University's food provider, created the Healthy for Life campaign in September 2013 to promote healthy eating in colleges and schools nationwide.

"[The campaign] came about through ARAMARK's research, student feedback, trends and research from other schools," Rachel Fisher, ARAMARK marketing in-

The campaign's mission is to create more knowledge about healthy eating, and the main objectives are to provide good food, nutrition information and wellness programs to benefit student's overall health.

The University Dining Hall and ARAMARK dining halls across the nation now feature an online menu of foods served at every meal each day, a section for healthy options, nutrition facts at every meal station and tags to show students which foods are "low calorie," "vegetarian," "good for you," "whole grain" or "vegan."

Fisher said, since her freshman year, the Dining Hall has changed in many ways. "There's more healthy options, there's more vegetables, they don't have butter all over them, and the options look more appealing and taste better," Fisher said.

Kevin Yerves, ARAMARK Supervisor and Lead Cook for 22 years, said he cannot count how many changes he has seen over the years. "It's done a complete 360 from the management level and down," said Yerves. He explained that the menus have changed completely.

Edward Gomez, ARAMARK Food Director at the University, said that across the country, student's interest in healthy eating sparked the idea for the new campaign.

'We have 190 campuses and it's a huge move now, especially with some of the special dietary needs and healthy options," Gomez said. 'Whatever students ask for, or the communities ask for, we provide."

Gomez explained that students were looking for more options other than pizza, burgers and pastas, therefore, ARAMARK provided more options to meet student's needs. "We now have more loaded salad bars, more composed salads, clean vegetables with no sauce, and options besides fried food," said Gomez.

Also new is the Chef's Table station, Gomez explained, full of gluten free, vegetarian and other healthy options. "That station went from doing 50 servings a day to almost 200. It almost tripled in number from the time it began," said Gomez.

Mary Anne Nagy, Vice President of Student and Community Services, visits the university Dining Hall often and has taken notice of the changes. "I do know that ARAMARK has made a number of changes this year to help educate students on what they are consum-



Two students enjoy fried food as a quick meal in between their classes.

to the Dining Hall a card at each entrée with what the dish is and all of the nutritional content," said Nagy.

#### **Healthy Eating is not a Priority in College**

Nagy explained that as a result to the ARAMARK Corporation's changes in college campuses nationwide resources and finances are not the cause of unhealthy college student eating. "I think it is a combination of time and lack of information," said Nagy. "I don't see it as a financial issue if a student has a meal plan because of the multitude of choices you have in the Dining Hall (soup, salads, protein, fruit, veggies, etc.) and even in the Stafford Center vou can eat healthy as well." It is about what students choose as much as what they are offered or provided, Nagy continued.

Marcus McKenzie, 21, a Penn State University senior communication major, said students are eating what they can just to get by. He said the process of eating unhealthy overrules healthy eating while in college.

"I believe it's hard to not be educated on healthy eating habits," McKenzie continued. "It's all you see on social media. Right now I think it's almost taboo to think otherwise because the facts are out there on what's beneficial to your body and what isn't."

Fisher, who also maintains a healthy diet while in college, believes that unhealthy college student eating is due to willpower. "It is your responsibility to choose, okay do I want one spoonful or two spoonfuls

...It's just your choice of what goes on your plate because when you grow up and you don't have someing because I see every day that I go one to make your food for you, it's

all up to you."

#### Health Professors' Advice to a Healthy Diet

Neumann said students know the difference between unhealthy and healthy, but do not follow it. Neumann suggests that all college students eat a healthy breakfast every day and adds that starting their day with oatmeal, cereal, eggs, or toast, and fruits and nuts is beneficial. Eating this breakfast, Neumann explained, stays in your system and provides energy in your body lasting energy, while creating brain power for learning.

Ervin suggests students snack throughout the day and eat more fruits and vegetables. She suggests students eat easy on-the-go fruits and vegetables two to three times a

"I recommend a well-balanced diet focused on whole grains, fruits, vegetables, low fat and fat free dairy, lean meats, fish, beans, legumes, nuts, and seeds," Squires said.

She also recommends that students visit choosemyplate.gov to learn the most recent healthy eating guidelines.

To prevent unhealthy eating habits in college, Squires, Neumann and Ervin suggest that all students, in college or high school, take a nutrition course. "Everyone has to eat to stay alive and we all should have the knowledge to be able to make healthy food choices," said Squires.

"By making healthy choices, you reduce your risk of [heart disease, stroke, diabetes, cancer etc.] and maintain a healthy body weight," Squires said. "Which is one of the single most important things you

#### Alpha Epsilon Delta Kisses Brain Cancer Goodbye

**ERIN MCMULLEN** ASSOCIATE NEWS EDITOR

Alpha Epsilon Delta, the Pre-Professional Health Honor Society, raised over \$200 for the Kortney Rose Foundation during the third annual Kiss Brain Cancer Goodbye Fundraiser on Friday, Feb. 28 in the Rebecca Stafford Student Center (RSSC).

Those who donated at least \$1 to the cause were able to fill out a pink piece of paper featuring an image of a pair of lips that read, "[person's name] Helped Kiss Brain Cancer Goodbye." These papers are currently hanging in the window by the entrance to Edison Hall in a heart-shaped formation. This fundraiser is usually held on Valentine's Day but was postponed this year due to the snow.

Alpha Epsilon Delta also held a bake sale and sold bracelets and flowers in conjunction with accepting donations.

Kristen Gillette, secretary of the and Sociology, created the Kort-

ney Rose Foundation in 2006 after cording to the foundation's webthekortneyrosefoundation. org, the nonprofit organization "is dedicated to raising funds to support research and education related to the treatment and cure of pediatric brain tumors.'

"Most people don't know that brain tumors are the number one tumor cause of death in children 20 and under," said Gillette.

According to the American Brain Tumor Association's (ABTA) official website, there are two types of brain tumors: primary brain tumors, which begin in the brain and tend to stay in the brain, and metastatic brain tumors, which begin as cancer elsewhere in the body and spread to the brain. Primary brain tumors are much more prominent in children. ABTA's website also stated that in 2013, approximately 4,300 children younger than age 20 were diagnosed with primary Department of Political Science brain tumors, of which 3,050 were under age 15.

year, Gillette explained, less than four percent of the entire research budget comes to all forms of pediatric cancer, whereas adult cancers receive 96 percent.

As a result of the lack of research on brain tumors, previous Alpha Epsilon Delta president, Bryan Martin, decided three years ago to host the Kiss Brain Cancer Goodbye Fundraiser.

The honor society's current president, Shayna Popkin, a senior biology major, feels just as strongly about the cause as Martin did. "As a member of the close-knit Monmouth community, I cannot think of any better organization to raise money for. Not only are we helping support pediatric brain cancer research, we are also supporting an important member and co-worker of Monmouth University," said Popkin.

Popkin described the students involved in the honor society as people who "live a life devoted to

Regardless of the fact that brain helping others." By putting such a a rare brain tumor caused the death tumors are the cause of death for large effort into their fundraising of her nine-year-old daughter. Ac- thousands of young children every events, those who are a part of this honor society were able to contribute to a worthy cause and fulfill their desire to help those who need it, she explained.

Michael Napkori, a junior psychology major and the current Vice President of Alpha Epsilon Delta, feels it is important to support the Kortney Rose Foundation. "...As future leaders of healthcare, it is important to help out in any way that we can."

Gillette, who established the foundation named after her daughter as a way to "channel her grief into something positive," sincerely hopes to make a difference for all of the people whose lives have been negatively impacted by pediatric brain cancer.

"With the help of local NJ legislators, a resolution was written up and passed in 2009 naming May as Brain Tumor Awareness Month in the state of NJ," explained Gil-

This year, the Political Sci-



PHOTO COURTESY of Shayna Popl

**Students Kissed Brain** Cancer Goodbye by donating money to pediatric brain cancer research.

ence Club, the Sociology Club, and the Student Government Association (SGA) will be sponsoring the fifth annual Kortney Rose Foundation 5K on Friday, May 2 at 1 pm.

To donate or learn more about the Kortney Rose Foundation, visit thekortneyrosefoundation.org.

#### Students Recognized as Designated Driver HEROs

ALYSSA GRAY COMICS EDITOR

Three University students won the Designated HERO award for their decision to be designated driver and practice responsible behavior regarding drinking and driving at the fifth annual Designated HERO of the Year awards ceremony on Friday, March 3.

According to Susan Schaad, the Health Services Substance Awareness Coordinator, the HERO award is a prestigious honor presented to an individual at a participating HERO Campaign place of higher education. The nominees demonstrate the high values and standards that underline the HERO Campaign theme of "Be a HERO. Be a Designated Driver."

Aziza Ahmed, a sophomore health and physical education major and a thrower on the University track team, was named the winner of the Designated HERO of the Year award for 2014. She received a \$300 gas President and Director of Athletcard, a HERO campaign t-shirt ics, said, "We are not surprised and a plaque.

"My initial response to receiving the award was excitement," said Ahmed, "I was so honored to receive such a great award."

Ahmed was followed by freshman lacrosse player Nick Hreshko, who took second place, and senior football player Stephen Andes, who was awarded third.

Hreshko and Andes both walked away with prizes. Hreshko received a \$200 gas card and Andes a \$100 gas card. Both students were also given a HERO campaign t-shirt and a plaque for their achievement.

Aside from the top three award winners, runner-up nominees was killed in a head-on collision were also honored, including with a drunk driver. He said the experience as a former winner.

Jackie Burzo, Robert Panasuk and Samantha De Almeida.

Schaad said over 60 nominations were received from students for the award. After compiling each of the entries, Schaad said the HERO Campaign Student Group voted on the finalists.

"The winner is expected to display the characteristics of a leader and role model, academically and socially through making honorable decisions, staying true to themselves and display a high level of respect and maturity amongst their peers," said Schaad, "The HERO of the year has demonstrated these attributes through their actions and have been recognized by their peers as an outstanding individual and a true friend."

Unlike previous years, Schaad stated that the top three winners were all student-athletes, and Hreshko was the first lacrosse team member to place at the University's HERO awards.

Dr. Marilyn McNeil, Vice of the nomination of our studentathletes for the HERO awards. We believe that much of the focus of the award-teamwork, cooperation, looking out for each other, and responsibility, are the very values that our coaches instill in our students every day. We are proud of these athletes and applaud them on their notable contributions in this area of student life."

Creator of the HERO Campaign, Bill Elliott, spoke and welcomed an audience of nearly 80 attendees. Elliot said the HERO award reminds him of John Elliott, a Navy Ensign of NJ, who



PHOTO COURTESY of Jim Reme

Aziza Ahmed, (center) was acknowledged as the HERO of the year award winner and received a \$300 gas card, HERO campaign t-shirt and a plaque for her achievement.

campaign has now become a nationwide effort dedicated to preventing drunk driving accidents.

Elliot emphasized that the event was focused on celebrating the great decisions the finalists were making, and recognizing and encouraging their efforts.

After Elliot's speech, the Community Award was then presented to NJ Assemblywoman Mary Pat Angelini, while the singing group, The Sea Sharps, sang Stand by Me."

The finalists were then presented to the audience by Schaad. After the winners were presented, Gary Mejia, the 2011 HERO

"I hope this award brings awareness of how bad drunk driving is to students," said Ahmed. "I know that my friends, who nominated me and even came to the ceremony, really know how bad drunk driving is

According to Ryan Clutter, an University alumnus and former recipient of the HERO award, the feeling of pride over the award does not seem to fade. Clutter said after receiving his award he has come to fully realize the impact of the campaign.

"Receiving the HERO award was a tremendous honor. I was award winner, spoke about his always the designated driver to wear and who is going to be for my friends purely for their DD.'

well-being, and reliable so they never had to make a bad decision. It was very humbling to be recognized with a certificate for my actions and I'm proud to be a HERO. That certificate is hanging on my wall right now and it's a moment I'll never forget," Clut-

Overall Schaad hopes that this year's nominees and future candidates will feel similarly to Ahmed and Clutter. She said, "I hope it shows students they can make a choice and it will be rewarded and appreciated. I hope it becomes part of the planning of the night ...where to go, what

#### Residential Building Makes Room for Greek Life

Willow Hall cont. from pg. 1

fill all of the suites, an organization that can only fill half a suite will be placed lower on the priority list.

If an organization is granted a half suite, however, they will have the option to pull in students of their choice, or residential life will coordinate roommates for them. Buchalski said, though, it is not in his plan to combine fraternities and sororities with multiple organizations in single suites.

Raymond Gonzalez, Associate Director of Residential Life, said, "I think that it can benefit the Greek life community to further build relationships between organizations and with the University. Having the opportunity to share a living space and hopefully share in some sort of community governance of the building will help strengthen the organizations."

Michelle Melzl, a brother of the Alpha Kappa Psi (AKPsi) business fraternity and a sister of Alpha Omicron Pi (AOII), believes the Greek-only dormitory building will benefit and possibly encourage students to become involved with fraternities or sororities. The senior health studies student said, "I think it will provide [students] with a better sense of what Greek life is about and give them the picture of it being more of a community.'

Griffin Martin, brother of Tau Kappa Epsilon (TKE), is not as optimistic as Melzl. He said, "For a campus that wants to expand Greek life, even though being in an all-Greek building seems like said if fraternities and sororities a nice incentive to want to join, it takes away from recruitment by limiting the interaction of exist-

ing members and potential new members."

Gonzalez reminded Greek members that in order to initially be considered as a potential resident of Willow Hall, housing deposits of \$150 were to be submitted by Friday, Feb. 21. Upon receiving the housing deposits, applications to live in Willow Hall were accepted until March

Other factors that will be used in the application process to demen do not believe this will be said, "We still want to provide having a "Greek Row" (a conan issue. According to Buchalski, there are approximately 730 students involved in Greek Life, and most of them will be living on campus during the 2014-2015 school year.

"We have seen an increase in Greek life over the past three years. I see this as a piece of this progression," said Mary Anne Nagy, Vice President for Student and Community Services.

students who are not in a fraternity [or] sorority the opportunity to reside in a suite-style building, so we only are using one."

Residence Assistants (RA) will be present in Willow Hall, and Buchalski would prefer to have RAs that are both affiliates and non-affiliates of Greek-life in order to create a balance.

The Head RA of Willow Hall will be a non-affiliated student, Due to the University being Chris Kelly. "I think it will be an

centrated area of fraternity and sorority houses) or Universitysponsored off-campus housing,

Buchalski responded that this pilot program has no relation. "The state of NJ and its individual towns have zoning laws and fire codes that prevent residential properties from becoming fraternity and sorority houses without the proper regulations," he said.

Jaelyn Tucker, a non-affiliated junior criminal justice major, supports Willow Hall being designated for Greek students, although she thinks most non-Greek students will feel indifferent about it. "I think [the University] is giving [Greek members] the option of being with more of their fellow Greeks... It is a nice thing to do for people who feel like part of a big family," she said.

In addition to Willow Hall, Buchalski plans to provide a better experience for the University's fraternity and sorority members by offering more opportunities for students to get involved, increasing leadership roles in the community, being more sustainable, and creating connections to the values of all of the University's organizations.

Melzl said, "I can truly say [being a member of Greek life] has been one of the best decisions I have ever made. It is more than just community service, Greek events, and socializing; it is having a home away from home. Greek life means always having someone to turn to for whatever you need. This experience has made my college experience unforgettable, and I think that's something everyone deserves to

"Since a sense of community is one of the most important factors while living on campus, I hope to develop an enhanced sense of community not only for the Greek students, but for the Monmouth community as a whole as well."

Willow Hall Head Resident Assistant

termine if an organization is eligible to live in Willow Hall include good standing with the Greek Senate, academic standing, and Greek Excellence Packet Score.

Ultimately, the decision as to which Greek organizations will be granted the ability to live in Willow Hall will be determined by the Office of Residential Life. "There is no guarantee that every organization will be represented [in Willow Hall]," Buchalski said.

Both Buchalski and Gonzalez cannot fill the entire building, the University will open the suites to other students. However, both

able to guarantee housing for all first and second year students on campus, the idea to permit a Greeks-only residence hall was discussed in February to cater to this growing segment of the University's population.

"With the addition of a new residence hall for next fall, we wanted to start to explore different thematic housing options that we could provide to our students," Gonzalez explained.

Willow Hall was eventually chosen as the Greek residence building at the discretion of the Office of Residential Life because it is one of two sophomore

interesting opportunity as this is the first time there will be this style of housing on campus," said Kelly. "Since a sense of community is one of the most important factors while living on campus, I hope to develop an enhanced sense of community not only for the Greek students, but for the Monmouth community as a whole as well.'

Gonzalez believes Willow Hall may lower the potential for groups to move off-campus early in their college career, with freshman and sophomores having their

needs better served on campus. When asked if Willow Hall is suite-style buildings. Gonzalez symbolic of a first-step towards

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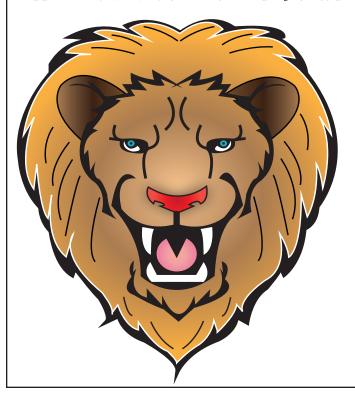
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Mailing Address:

The Outlook Monmouth University 400 Cedar Ave

West Long Branch, NJ 07764

WEB: http://outlook.monmouth.edu

E-MAIL: outlook@monmouth.edu

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#### The Benefits of General Education Courses

THE OUTLOOK STAFF OPINION

At the start of every new school year, eager college freshman say goodbye to their parents and enter their new unfamiliar, uncharted territory that is college. Within the walls of their new dormitory rooms, a sense of freedom seems to creep up their nostrils and empower these freshmen to discover who they truly are deep at the roots, reveal these identities, and bring to light this new person that is ready to bloom.

The reality of finally being able to take classes that strictly pertain to their desired area of study are here. These freshmen are ready to embark on their four-year journey and immediately dive head-first into classes for their major. Or so they think.

Why is it that colleges require students to continue to enroll in general education classes that students have already touched upon in the past years of education, instead of diving head first into their field of study?

The Outlook believes general education classes are required and necessary for a college degree because they give you a well-rounded education and the opportunity to explore topics at a much deeper level than one thought. The material that you crack open again in college, and look at from a completely different scholarly perspective, will shape you into a versatile individual that has a wide array of knowledge on various topics.

First-year advisors hand freshmen their anticipated class schedules derived from what is required according to their academic audits. Some political science majors find a rude awakening when they realize they need to take a form of art appreciation. Then there's the group of English majors that cringes at the thought of having to take an IT class. *The Outlook* believes though that these classes are beneficial to all students regardless of what major.

Freshmen have not quite yet "freed" themselves from their shackles of the dreaded required general education classes they once found tedious and boring while cooped in the desks of their high schools. But the editors believe this knowledge will convert into skills that can be applied to virtually any profession.

Taking an introductory English class can help you improve your writing skills. Enrolling in history can better your decision-making skills, using examples from the past, relating to your situation, to help form logical courses of action. Entry-level math classes can relieve the stress that is in incurred mental math, which will diminish the need of a calculator, and ultimately save time

Even though the staff believes that general education classes are important, we do not necessarily agree with the amount of required gened courses. For example, instead of having to take three different English courses, one should suffice. Some of us feel that one

class in a specific field of study should be required and taking more in the same field could be used as electives.

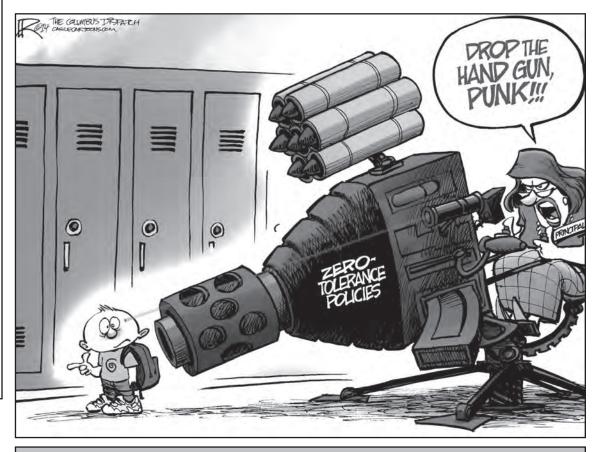
One editor said, "Someone told me once when I was complaining about [geneds] that without those classes, [the University] would be a trade school, and I think that is so true. I never thought of it that way... They are what have made me so open-minded over the course of my college career."

By making students study things that they most likely would've ignored throughout the duration of their college careers, the University is, in fact, molding you into a well-educated and productive citizen of the world that knows how to handle situations in a way that might not have been possible without the proper education.

Another editor said, "If we stick to one focus, we don't allow ourselves to become flexible in our abilities. You need to explore everything to really get a well-rounded view of the world."

Although some students may argue it is a waste of time, credits, and money, *The Outlook* feels the benefits of general education courses will far exceed the negatives.

By learning another language, exploring the art of, studying cultures of people that you never really knew about or reading books above your comfort level, you are expanding who you are and creating this package of a person that knows how to look at multiple angles in this multiethnic, competitive world.



**CORRECTION:** Two weeks ago, in a story headlined "The Outlook Celebrates 80 Years" The Outlook reported the wrong spelling of a name. Jeffrey Newenhouse should have been Jeffrey Newman. Also, in the same story, Newman was quoted saying "stake-outs" but the correct information is "sit-ins." If, for any reason, these two inaccuracies have caused misunderstandings or problems, The Outlook regrets that.

#### HOW TO SUBMIT ARTICLES OR LETTERS

The Outlook provides the Monmouth University community with information concerning issues in and around the University while serving as a forum for expression of the ideas of its readers.

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#### Everyone Should Leave Barbie Alone

KYLE O'GRADY STAFF WRITER

In 1959, Mattel introduced a new toy at the NYC American Toy Fair, Barbie. With blonde hair, red lips, dark eyeliner, and a tiny waist, she was the "it" toy. Barbie has had a 55 year long sucessful career.

Barbie was first introduced to inspire young girls to be successful in careers of their choice, and not being a housewife. If Barbie could do it, so could you. Barbie had it all; a career, sisters, a hunky boyfriend and friends. When I was growing up, that is what Barbie stood for.

As young girls, we spent hours dressing up Barbie in her bikini, placing her in her hot pink convertible, pretending she was driving to the beaches of Malibu. As a young girl I did not pay attention to the thin body Barbie had, I just wanted to play with her.

Unfortunatley, today in our image driven society, people have started to look beyond the true purpose of Barbie. People are associating young girls' body image issues with the infamous doll. Recently, there have been numerous inspiration for how they should "normal Barbie" campaigns appearing everywhere.

Animator Nickolay Lamm has so much disdain for Barbie that he has created a new doll, named Lammily, to market to young girls as more image in years, but I cannot think that friendly. Nickolay claims that girls' expectations of what their bodies look like are severely altered due to the unnatural proportions of Barbie. Although, hundreds upon hundreds of vicariously through her. She got

Clearly Barbie, with her plastic torso and rubber legs is what is giving young girls body issues. Okay Nickolay.

When I read the article "The New Barbie: Meet the Doll with an Average Woman's Proportions" in Time about Nickolay Lamm and his new doll Lammily, I was so angry. First off I would like to ask Nickolay, did he ever play with a Barbie? I cannot once

"I cannot once remember playing with my Barbies and thinking, 'Wow, I wish I had the same body that Barbie does."

remember playing with my Barbies and thinking, "Wow, I wish I had the same body that Barbie

Girls do not look at Barbie as look, girls look at real women for inspiration in what they hope to look like. I wonder if anyone has actually asked little girls what they think about Barbie's body.

I haven't played with a Barbie the generation gap has become so large that little girls playing with Barbies now look at them in awe of their bodies.

I played with my Barbies living stick thin women are shoved asked on dates, had a great ca-

into little girls faces everyday. reer, an awesome house, plus tons of awesome clothes and accessories. Sometimes my Barbie was a mom, sometimes a CEO. Whatever I felt like that day, my Barbie could become it. She is a way for little girls to express their imaginations for what their futures will hopefully look like.

Barbie is a beautiful fantasy toy and that is just it, she is a toy. Girls grow up surrounded by average bodied women; their moms, teachers, aunts and friends' moms. These are the women that little girls look up to. Girls are smart enough to know that a piece of plastic with pointy toes and gravity defying breasts is not what any real women look like. Please give us girls some credit.

We love our Barbies; we live out our little girl fantasies of adulthood through them, then we tear their heads off and grow up. We eventually enter reality and think every woman we look at in any type of media has a perfect body.

This is where girl's distortion of a woman's body image comes from, not from an innocent child's toy. If girls are so "affected" by this image, perhaps making an average looking super hero is the next point on some animator's agenda? Because boys are just as subject to body shaming as are

Do not wreck little girls' psyche at an early age by shoving a curvy doll in their face telling them they need to be aware of how their body looks and how it's okay. Childhood is the only chance in life you get to live in complete bliss, so leave little girls, and Barbie, alone.

#### Paparazzi, Please No Photos in the Playroom

ALISON GOERKE CONTRIBUTING WRITER

There's no question that tabloids and gossip magazines cross the line from time to time. Lately, celebrities are fed up and finally beginning to stand up to these magazines in regards to the exploitation of children.

Celebrities are making these tabloids and blogs realize that reporting on and photographing their children is wrong and un-

New parents Kristen Bell and Dax Shepard have openly discussed their indifferences toward entertainment news sites and their use of children as subjects of stories.

Paparazzi get into lawsuits with celebrities all the time. In today's society it seems it is part of the norm for photographers to harass and sworm around celebs and their children.

It is to the point that if a celebrity steps outside with their child, they are not only putting themselves in danger, but the child as

Yes, the celebrity chose to be in the spotlight, but the child didn't. The parents should not have to worry about even taking their children to the grocery store just because they're in the limelight.

Why should I know the name of Tom Cruise and Katie Holmes' daughter and exactly what she looks like, let alone what she is

The little girl is less than 10 years old, yet there are websites and magazines reporting on what where she is going to school and which ice cream flavor she likes. I cannot be the only person that thinks that's creepy.

It is even worse that there are people who pay for these pictures. There are people that make a living out of taking a picture of Suri or Blue Ivy.

It is unethical for a random person to photograph an unknown child, and there could be serious charges pressed. So why doesn't the same go for celebrities and their offspring?

There are celebrities who are boycotting certain magazines and sites, taking a stand to protect their children. I believe this is completely necessary; someone needs to change this nonsense. In my opinion, the fact that people even have to take that stand is

Just because someone is famous, they shouldn't have to worry about being in public. Parents tell their children not to talk to strangers, but these kids need to take this much more seriously than normal children. Just because their parents are famous, they need to be extra cautious. This is wrong.

Many other celebrity news sites have given their say on this topic now, like blogger Perez Hilton saying that he will be more cautious of what he does.

Perez and some other tabloids and blogs are giving the celebrity-parents more room for comfort, but when you're famous, that comfort isn't always guaranteed.

#### Time to Re-evaluate the Current Majors

KAYLA HORVATH STAFF WRITER

When you were young and thought of what you "wanted to be when you grew up" your ideas for police officer, actress, astronaut or zookeeper. However, as we become adults and pursue higher education, those career paths may change into something not quite as exciting, but just as important and relevant.

As the years go by, times change along with job industries and demands. Consequently, when choosing to attend college, the deciding factor for today's students comes down to whether or not they offer a competitive program that appeals to

Some more modern jobs that may not have exsisted 10 years ago, include mobile or internet marketing, app developers, data scientists, cloud computing and cloud service specialists, and the list goes on.

So how does the University stack up with unique programs? According to MU's website, some of our 48 undergraduate programs include Art, Communication, Fine Arts, Criminal Justice, Math, Business and Sociology to name a few.

MU offers seven programs relating to music or the arts, but on the other hand, only four in business. Here at the University we have over ten programs relating to the sciences, compared to three relating to computer sciences or technology.

The University undoubtedly offers a wide array of programs in many different fields, but are each of the programs necessary or truly beneficial to current and prospective students? I believe there is room to

While every major and area of study is equally important, in the current job market, some may be more competitive and in turn more attractive to students.

Additionally, technology advanca future career may have included a es rapidly everyday, and it could be extremely beneficial for students to maybe have more IT or computer courses offered to them.

Not only would offering some of these new areas of study benefit students in their future careers, but they could in turn also benefit the University itself. Developing new and cutting edge programs has definite potential to bring in more students and can also help recruit the best and brightest of them.

If graduates of Monmouth possess a cutting edge and trendy skill set that gives them a competitive advantage in the job market as a result of their education, it only gives a degree from the University even more

Even if it means just expanding and growing in the current offered majors. It would also be wise to reevaluate each current program and possibly eliminate those that are not as popular, to make room. In my opinion it would definitley be a positive change.

It is imperative to stay competitive in the ever-morphing job market as an individual student or even collectively as an institution. In order to do that, we need to be aware of new job titles emerging, new skills necessary to do such jobs and changing demands in the market.

The University already has a great reputation. Adding to its programs and adapting with the job market to better educate its talented student body could only further enhance this reputation in the long run.

#### There's No Such Thing as a Girl's Sport or a Boy's Sport

WILLIAM ROMBA

"Anything you can do, I can do better, I can do anything better than you." These famous Irving Berlin lyrics are very applicable outside of the musical, "Annie, Get Your Gun" they were written for.

To that point, women's sports have always struggled to garner the same amount of media coverage as men. Whether its women's tennis, golf, soccer or basketball, female athletes have always played second fiddle to their male coun-

What about the rare instances where women have entered male sports and vice versa? These situations are few and far in between, but there is an obvious double standard depending on which sex crosses over into which sport.

Take Keeling Pilaro for example. In 2012, he became the second boy to play field hockey at a varsity level. This is because Pilaro was raised in Ireland where field hockey is predominately a men's sport.

A story from 2013 in Newsday said that when he returned to Long Island, Pilaro was allowed to play on the Southampton High School junior varsity team because of Title IX, a section of the Education Amendments of 1972 that states, in part, "No person in the United States shall, on the basis of sex, be excluded from participation in... any education program or activity receiving federal financial assis-

Newsday also said that "In spring 2012, Pilaro was barred from playing after a mixed-competition committee determined he became 'too

skilled' to compete against girls. NY's guidelines allow boys to play girls sports as long as there is no adverse effect on the girls.'

His family fought and eventually got the decision overturned, but the field hockey standout will not be attending boarding school in VA, where he will no longer compete in the sport he loves.

On the other hand, take Samantha Gordon, a nine-year-old girl from UT who plays little league football. Like Pilaro, she's scary good at the sport she plays.

The only difference is that instead of being banned because she's better than the boys she competes with and against, General Mills put her face on a Wheaties box.

Gordon was asked on ESPN's the boys and the boys being like, afford boys the same opportunity.

'Dangit, I just got beat by a girl!"

Why is Gordon allowed to play a boys' sport and have those around her cheer her on, while Pilaro is prohibited from playing his favorite sport because it is only offered as a girl's sport in the US?

On a professional level, there are not many co-ed sports stars other than Danica Patrick. In 47 career races to date on the NASCAR Sprint Cup Series tour, she has one top 10 finish.

Since Patrick was the first woman to lead a lap in both the Indy 500 and the Daytona 500, she's considered a trailblazer, and is rewarded with a fully funded, competitive car

It's great that Title IX affords girls the opportunity to get a start "SportsCenter," what she liked in playing in boys' sports and prove most about football. She said, "Be- that anything boys can do, they can ing the girl out there and scoring on do better. However, it also needs to



Keeling Pilaro playing field hockey amongst a team of female

#### Political Showdown: Is Fracking an Environmental Issue or Economic Stimulus?

Pro- Fracking: Shale Gas is Most Effective Form of Energy

**IZIAH THOMPSON** 

Hydraulic fracturing "Fracking" is a process where the injection of water along with other chemicals into well boreswhich creates fractures in rock deep into the ground. The fractures can free up natural gas, petroleum, and shale gas, allowing for the creation of well used to extract the resources. Fracking has been most known for:

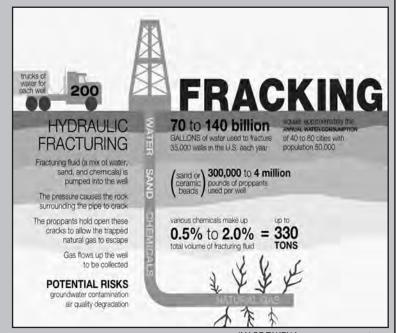
1) Growing the shale gas industry

2) Its connection to environmental and health concerns. With all the media attention and controversy that Hydraulic Fracturing has aroused the question remains: Is fracking a harmful and dastardly process that we should fight to end, or is it a safe and reliable way to ensure energy independence for the US now and in the future?

From protesters surrounding drill sites, to multiple documentaries, fracking has created quite a stir. But has the opposition, the likes of Matt Damon and Rolling Stone looked at the full picture when it comes to the net value of

There is no doubt that the extraction of natural gas can have negative consequences for the local environment, but this is a common hazard of any fossil fuel extraction. The most telling place to look for solid evidence is Pennsylvania.

The Marcellus Shale which runs predominantly under most of the state has been seen as a "mecca" for natural gas. The geological formation is estimated to have enough natural gas to fuel American homes for 50 years. As for the communities within Penn, there has been no evidence of chemicals seeping into the drinking water which is drilled hundreds of feet underground. The shale deposit sits thousands of feet underground, nowhere near



Fracking involves the injection of water into well bores underground which can cause environmental issues.

drinking water.

As for the people of the state, hydraulic fracturing doubled job growth in 2010 and 2011. In 2012, the energy sector provided 103,000 jobs in the state. By 2035 this number is expected to be 387,000 jobs. according to the US Energy Information Administration.

Politicians and people alike are looking for ways to create job growth and to economic stimulus; the answer may just be shale gas extraction. From a national outlook, cheap and abundant natural gas can not only boost the economy but make gas more affordable for families around the nation. It is estimated that \$900 will be put back into the pockets of American families with the surplus of natural gas, according to the US Energy Information Administration.

The natural gas boom also has geopolitical benefits. When we look at how much of international relations is based off of energy dependency, countries such as Saudi Arabia, Iran, and Russia lose leverage and international influence with US energy independence, according to the Oxford Energy Forum.

My last point is to look at the alternatives. With greener energy sources such as solar and wind being promising but distant resources, we currently use natural gas, coal, or nuclear energy. The terror of nuclear mishaps is not far off in our memories with the Fukushima disaster in 2011. Not to mention nuclear energy waste presents a major issue of radioactivity.

Then there is coal, a known contributor to global warming. for each unit of energy coal produces, it emits two times the carbon emissions natural gas does. It comes down to an empirical outlook; renewable sources of energy are not technically sound and the complications are great. Right now, we have a way to make energy affordable and create thousands of jobs lifting the US economy along the way. There are impacts on the environment, but shale gas is the safest and most efficient energy source price and quantity wise. Next time you turn on a light, plug in your computer or watch "Gasland" on Netflix, think of where this energy is coming from, and if you could do without it.

#### Negative: Fracking Causes Major Environmental Issues

MARIA DISPENZIERE

The Up-shot

While the positive aspects of fracking and gas-drilling may seem appealing to those searching for domestically produced and protected sources of energy, the negative impacts these practices have upon the environment, the economies, and the people who exist locally and nationally are too big to ignore. In evaluating whether or not fracking is a viable option in changing America's energy dependence, there cannot be a unanimous decision made without seriously evaluating the negative effects fracking has.

Until legislation can be passed and practices can be perfected, fracking should be kept as a backburner option in trying to establish energy dependence. Without a healthy environment, a successful economy and an invested population, fracking will really serve no purpose, as there will be no outlet for the fracking's energy to flow.

#### **Safety and Health:**

The health and safety risks associated with fracking are insurmountable and should be taken seriously. Air pollution, earthquakes, global warming emissions and associated health problems arise from the process of fracking, impacting residents surrounding such areas both environmentally and medically.

In a peer-reviewed study by Duke University, referenced by John Rumpler, senior attorney at Environment America and Tufts University professor, who teaches an experimental course, "Fracked Out: Understanding the New Gas Rush," Rumpler said that, gasdrilling operations were cited as being linked to leaking chemicals including methane into surrounding water sources, which ultimately ends up in drinking water. Additionally, a 2012 University of Colorado study found that those who live within a half mile of gasdrilling sites have been linked to a greater exposure of cancercausing chemicals, including benzene emissions.

Finally, Dean Bill Chameides of Duke University's Nicholas School of the Environment included in a 2011 TheGreenGrok article that, considering nearly 4 million gallons of water are propelled deep underground in the fracking process; this could amount to almost 20,000 gallons of chemicals also being injected into the ground with 29 of these chemical formulations being either known or possible human carcinogens, or hazardous air pollutants.

#### **Economics:**

Contrary to the belief that fracking and gas-drilling would provide economic benefits to the surrounding businesses and residents, communities are forced to pay millions of dollars to clean up post-drilling messes fracking can leave behind.

In a report released by Environment New York Research and Policy Center in 2012, costs are placed upon those surrounding gas-drilling areas in order to clean contaminated water, repair damaged roads, and replacewells and well-water systems for residents affected by fracking. The study states that truck traffic necessary to deliver water to a single fracking well causes as much damage to local roads as 3.5 million car trips, and states are required to approve milliondollar funding legislation in order to combat infrastructure damage caused by fracking.

Additionally, the study noted that in certain instances, million-dollar hunting and wildlife industries would be financially drained due to the clearance of land to make way for gas-drilling structures and wells. Livestock losses have also been noted, due to the exposure of fracking wastewater spills and increased difficulty in obtaining clean, fresh water sources for animals.

## The DREAM Act Could Help Illegal Immigrants Obtain College Education and Citizenship

Immigration continued from pg. 1

Nov. 6, 2012. New Jersey passed the law and it was signed by Christie on Dec. 19, 2013."

Dement said that the DREAM Act has been passed from one Congress to another since its introduction in 2001. "The act would affect roughly 2.1 million children and teens, according to immigrationpolicy.org." Dement said, "U.S. Secretary of Education Arne Duncan has stated that passing the DREAM Act will allow "these young people to live up to their fullest potential and contribute to the economic growth of our country." According to the White House website, the DREAM Act will play an important role in the nation's efforts to have the highest proportion of college graduates in the world by 2020, something that is vital for America to remain competitive in today's global economy.

Dr. Eleanor Novek, an associate

teaches Gender, Race and Media at the University, said, "For undocumented young people who entered the US as children, it (the DREAM Act) means a chance to achieve citizenship in a reasonable amount of time if they complete two years of college or two years of military ser-

It is true. One of the DREAM Act's main goals is to give immigrant students a chance to give back to the community they grew up in, according to dreamact.info/students. When the DREAM Act passed in Washington state last month, students were quoted as saving to reporters that the passing of the bill, "means the world" to them because it gives them a chance to live out nancial Aid said, "There is no ditheir dreams. Daniel Roman, a junior political science major said, "The DREAM Act is going to have a great impact on college students. Many immigrant kids will now have the ability to attend college, and havprofessor of communication, who ing a more diverse campus is going to apply for state aid (TAG grant)

to be beneficial not just to minority students, but for everyone."

Last month, the DREAM Act passed in New Jersey and was signed into law by Gov. Chris Christie. This means that immigrant students who live in New Jersev and are looking to apply to in-state universities will be able to pay in-state tuition fees. Christie threw his support behind the bill before his re-election in November, but was recently quoted as saying that he opposed the clause that included financial aid for immigrant students. Ultimately, the DREAM Act passed in New Jersey without the financial aid clause, according to NJ.com.

Claire Alasio, Director of Firect impact to MU students, as we are an independent institution and thus not subject to the provisions of the DREAM Act with regard to tuition. An undocumented student at MU would, however, be eligible

iust the same as any other student. There will also be an indirect, adverse impact on all MU students in that the Governor has not indicated in his budget where the funds to cover TAG grants to DREAM Act students will come from. It stands to reason that if there are more students eligible for the same amount of funds, the awards will be decreased

Democratic leaders have promised to continue to fight for immigrant students so that they may apply and be eligible for state and government financial aid and "I was very surprised that the DREAM Act passed in New Jersey," said Roman. "I was positive that Christie would

Roman and a few others suspect that Christie signed the bill because he is courting minority votes. It is true that during the last leg of his campaign, Christie was quoted saying that he supported "tuition equality," but was very vague as to how he would go about fixing tuition equality, according to NJ.com article "Chris Christie and N.J. Democrats reach agreement on DREAM Act."

Roman suspects that Christie signed the bill because he still has his eye on the White House in 2016. Whether or not this is true remains to be seen regardless, the DREAM Act will be going into effect within the next few months.

The next immigration debate to hit the state legislatures will be whether or not illegal immigrants can apply for a driver's license. In The Star Ledger article, "Immigrations in the country illegally could legally drive in NJ under bill,"it has been acknowledged that many illegal immigrants apply for driver's licenses using false identification, and they are uninsured. States are now considering allowing illegal immigrants to apply for legal identification so that they can pay car insurance, and make the roads a little safer for everyone.

#### A Conversation About Unrest in Ukraine with Dr. Charles Cotton

**JASMINE RAMOS** 

Dr. Charles Cotton, an adjunct political science professor, sat down with me to explain and discuss the current situation happening in Ukraine.

**Jasmine Ramos**: What exactly is happening in Ukraine?

Charles Cotton: Well, there obviously was some civil dissatisfaction with the previous government that was backed by the Russian government and thus, this lead to some civil unrest in the capital, Russian-backed leader fleeing the country.

During the whole maul of things, he was also kicked out by the parliament, from what I understand and a more pro-western government is now currently in place. The civil unrest in Kiev has for the most part subsided.

There were a few days during the Olympics where things were getting quite out of hand and things escalated out of control very quickly, but then also died down very quick-

What you have now, in Crimea, which boarders Russia, has been a pretty autonomous region since the end of the Cold War. What is key here is that this is where the Black Sea Fleet is located and that is where Russia has a very strategic Navy Base, which they also share with the Ukrainians. But what is important is that Crimea is about sixty percent ethnic Russian, so this is why you see more support there for not only an independent state, but to become part of a Greater

Why this is so important to Rus-Fleet and there military presence in Ukraine.

**JR**: Is this why there has been talks about Russia invading Ukraine at this point?

**CC**: Well there is not necessarily an invasion of the entire Ukrainian state, in my opinion. Because of where Ukraine is, people are talking about it being the connection be-

they talk about Turkey, for example, being that connection between Europe and Asia. This is known a type of connection between Europe and

Arguable so, because there is a significant natural gas pipe line, which goes through the Ukraine and send natural gases to Western Europe, which they [Western Europel are highly dependent on. This is a significant monetary reward for various parties at hand.

So, will Russia invade the Ukraine as a whole? No. Does Russia want to maintain its presence in Crimea, especially as it relates to its military presence there? Absolutely.

This is not mentioned but the Kiev which ultimately lead to the United States would do the same thing should its oversea military bases in, say, Okinawa [Japan] or Pacific Islands or elsewhere, somewhat be compromised. We see this in the military bases in South Korea, for example, and the relationship with North Korea and the military exercises that go on there.

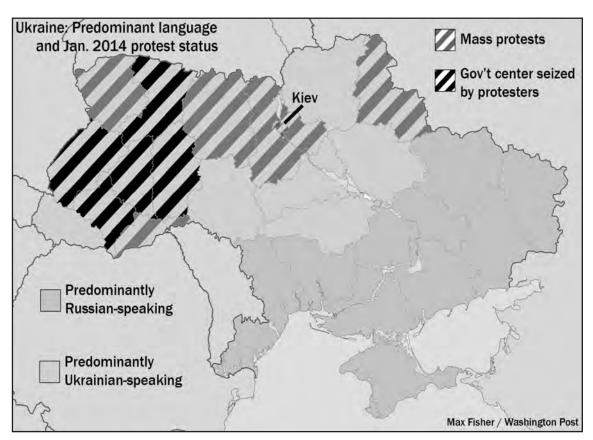
During the Olympics, the Russians were carrying out military exercises the same way we carry out these same types of military exercises with the South Koreans, closer to North Korea, and we do it because it shows we have the mili-

Essentially, Russia is doing the same exact thing, showing that they still have the military capability, the hard power if you will, that they are not going anywhere. Do I think Vladimir Putin wants to "gobble up" the Ukraine and make it part of Russia? Not at all.

JR: So, what does the mean for the United States in this situation?

CC: The United States and the politics in the United States, and this is what you've been hearing sia is the history of the Black Sea a lot of, is that the Cold War is not over, or that the Cold War has been reawaken. And I disagree with that one hundred percent.

The Cold War was based on political ideology. This was democracy and capitalism versus communism more than anything. [What is happening now] is not a war of ideology. The Russians and the United States no longer have contrasting political ideology like they did when the Russians were known as tween east and west, the same way the Soviet Union. Does Putin abuse late into something more serious?



The map (above) shows where in Ukraine protests are breaking out and the role that language is playing.

his authority and manipulates the democratic structure of the Russian Federation? Without a doubt, which has been done so, and has proven in the last several years. But in no means is this Cuban Missile Crisis

It's the United States, which is the world's sole hegemon, and it is Russia, that is led by a leader that is both loved and feared in his state, trying to show that they are somewhat still relevant 25 years after the Cold War. It is a power play; it's about blowing up and puffing up your muscles.

or anything of that nature.

I think the United States has done the right thing for letting Putin get everything off his chest. They aren't overreacting to the situation.

To a certain extent, I think Putin was kind of hoping for that, that there was going to be an overreaction, not only from the United States, but the rest of Western Europe and there has not. I think because the United States and Europe as a whole recognized it is never Putin's intention to violate the sovereignty of Ukraine.

**JR**: Do you think it could esca-

CC: No, and I think the main reason is that there are more people in the Ukraine who are much more opposed to any type of conflict whatsoever, and do not want to side with either the Russians nor the West and have no reasons whatsoever to justify any type of civil war and the breaking up of the country.

Yes, the country is divided somewhat between Ukrainian speakers and Russian speakers and so much has been as about how an ethnic divided the Ukraine is, how the West is mostly Ukrainian and the western Christians and the East is mostly Russian. But it is not as homogenous as we think it is and it is not split that clear cut. Also in the South towards the Black Sea, there is a small Muslim population, it is roughly of 10 to 12 percent, and that is significant as well because of Russia's relationship and experience with its Muslim minority. I don't think you'd find many Muslims in Ukraine, no matter where they are, supporting any Russian dominance by the state.

There is definitely resistance. Although I would say there are a lot of Russian speakers in the Ukraine, unlikely.

that doesn't necessarily mean they have a strong allegiance or they necessarily want to become Russian within the Russian state. They are fine being Russian speakers but also have a Ukrainian identity. And I think there are more people in the Ukraine who want peace instead of

At the end of the day that is what will win out, is the desires of the Ukrainian people themselves and not the West wants.

JR: Do you think there is a solution to what is happening inside of Ukraine? Since the violence in the Ukraine has been happening since November.

CC: It has been going on since November, but you haven't really seen conflict outside the capital. There is the example of when it did escalate quickly, people were like "Oh wow. This may be too much." and people were very upset about it. Ukraine is one of the largest countries in Europe so that being say, the possibility of war being spread to all four corners of the state are

#### The California Six: Petition Filed to Split CA into Six States

#### Proposed Split Looks to Increase Tax Revenue but Could Weaken Representation in Congress

VICTORIA RODRIGUEZ CONTRIBUTING WRITER

There is a petition started by Tim Draper, founding partner of DraperFisher Jurvetso, to split California into six separate states claiming that California is too large of a state to govern.

The question is frequently asked: will the splitting of California really solve the numerous issues that are occurring? Or will the State fall into anarchy?

California's population and diverse culture has led the state to become practically ungovernable. All the different religions, cultures, and each city having their own niche of ideals has made it a great impossibility for the government to have control, according to the Huffington Post

When Professor Gregory Bordelon, lecturer of the political

to govern he responded, "Con- succession." cededly yes. Every entity to go through any state shouldn't be man political science major the driving source for a succession movement. The separate sections of the state have more things in common than separate to make a split. Californian presence in the Congress will weaken if they separate. If they lose that, they will not have a strong influence. No one will want to go to California."

Water, seems so available, yet there has always been the issue of The Northern parts of California transporting water to The Southern parts. If that cycle were to stop. California would go back to looking like flat-desert land. When asked if the division of California into states would help the issues with water shortages Bordelon said, "Sacramento would have a difficult time succeeding. The science department, was asked best solution for the state is to need all components to agree if diversity makes a state harder stay whole; it is far easier than and congress to approve. State has created many ideological ences," said Inselberg.

Mallory Inselberg, a freshsaid, "I believe this bill will inevitably reach an escalation for the national government to get involved. Whether the water rights were discussed and solved, the state has many other issues within its borders that need to be addressed in order for the state to maintain its ability keep peace and enact legislation for the betterment of the entire state and all the people".

If the bill does pass, what is going to happen to California's students? Are they going to be bombarded with Out-Of-State taxes because they will technically not be In-State students if the separation into six states happens/is carried out? Bordelon states that "as a general matter. Likelihood of this happening is impossible. They would

legislators are trying to con- differences within its border. vince congressional California legislation not to go anywhere." When asked why Professor Bordelon thinks California should stay in one piece he responds, " it would be unpractical, groups that want to secede off logistically concerns, on their own... have to reassess that this kind of change isn't cheap to set up."

Economically, California is the "eighth largest economy in the world," according to an article in the Huffington Post which is quite a strain on the states government. Bordelon said, "Cluster of states locked together for a reason." Meaning while they are trying to solve other issues they are forgetting why they are grouped as one. A lot of things would have to change.

Inselberg said, "California's population has grown exponen-

This is probably the primary reason for its desire to split into six states. With greater diversity within the single state, it becomes harder for the state to enact legislation that appeals to the vast majority of the people."

Inselberg continued, "Despite its potential benefits, California will suffer as a result of separation. Change is imperative for progress; however this is a drastic measure that can result in the dissolution of the integrity of the state as opposed to the creation of six new, well-equipped states that are prepared for the ordeals that acquiring statehood entails." Inselberg believes the bill will pass. "Although diversity and population growth is essential for continuing prosperity, it makes it harder for the state to control the people and maintain a firm grasp over the tially in the past decade, which expanding ideological differ-

#### Parades Around the Area Pay Homage to Saint Patrick

**KELLY HUGHES** 

Are you looking to truly "March" on this month? Then spend your Saint Patrick's Day at a local holiday parade this spring break. Since the Irish celebration occurs during our week off, there are numerous parades happening across the state for everyone to partake in.

One of the biggest and perhaps most famous St. Patrick's Day Parade is in NYC. As a tradition for over 250 years now, the parade is normally held on the actual holiday, March 17, unless it falls on a Sunday. This year, the holiday occurs on a Monday, which is when the parade will be taking place. The procession can be viewed on 5th Avenue between 44th Street and 79<sup>th</sup> Street. The marchers begin at 11 am but it is suggested you get there ahead of time because of crazy crowds.

major, said, "I went to the St. over the state. It's interesting to Patricks Parade in the city when I was a senior in high school. I remember it was really crowded, but everyone was dressed up and having a great time. My dad was there, and since he's a police officer I was able to walk through closed streets to get an awesome view of the parade."

If you would prefer to miss the madness and watch from home, NBC streams the parade

before the holiday, on Sunday, March 16. Those attending the parade are welcomed to also attend mass at the St. Patricks Church beforehand. Similar to the time span of NY's, this parade has been around for over 240 years. With a heavy history of Irish settlers in the Philadelphia area, the parade has been quite historic in honoring the heritage. The Parade begins at noon on 16th and JFK Boulevard The CW Philly will cover the parade on TV, so those who want to remain home have the option of viewing the celebration from their couch.

You might be looking to go to a parade on a smaller scale. Thankfully, there are options to avoid mass city parades.

Amanda Enright Unanski, a faculty member in the Chemistry Department, said, "The local parades are fun because they bring organizations and Nicole Comito, a senior art Irish marching bands from all see how much Irish pride there is right here in NJ."

> If you are located north of Monmouth, West Orange is holding their 63<sup>rd</sup> St. Patrick's Day Parade on the holiday. Mass is held before the parade which kicks off at 12:15 pm and shuttle busses are available.

In Warren County, Hackettstown puts on a parade on Sunday, March 16 starting 3:30 pm. Known to be the biggest event Another grand parade takes in the town, according to the place in Philadelphia. This Best of NJ website, it features

year, the parade is held the day over 70 groups, Irish bands and dancers, organizations within the community, bagpipes, drums, horses, the fire department and rescue squad. A float contest is also part of this pa-

> Morristown, NJ will be holding their annual parade on Saturday, March 15 at 1 pm near the corner of South and James Street. There will also be a mass prior to the parade at 10 am at the Church of the Assumption of the Blessed Virgin Mary. An estimated 70,000 people will be in attendance.

Located more central in the state, Trenton holds its ceremony on March 16. The march begins at 1 pm and an after party at Rho Waterfront Restaurant is available to participants with no cover charge and free appetizers.

Also with the same date and start time as Trenton's parade is the Atlantic City St. Patrick's Day Parade. The parade had its debut in 1986. It was created by the owner of the Circle Tavern in Brigantine and a bartender at Surfside in Margate.

Whether you're seeking a huge or small St. Patty's celebration, the NJ region has op-

No matter what your location will be this spring break, NJ natives can be sure to enjoy St. Patty's day by attending at least one parade.

Take advantage of having the entire week off by attending events in honor of the Irish culture and Saint Patrick.

## Get Your Shamrock On Hot Makeup I Hot Makeup I Trends for Spring

**EMILY ZETTELL** CONTRIBUTING WRITER

The winter blues are coming to a close and finally spring and summer are quickly approaching. Many beauty trends seen both on and off the runway are easily achievable in the comfort of your own home. A lot of this season's trends involve makeup that most people have sitting in their beauty drawers at home and can be done in no time at all.

You can never go wrong with a classic smokey eye. This season, we are seeing more of a brown smokey eye as opposed to the usual black and grey combination. This brown smokey eye trend allows you to still play up your lips along with your eyes. Always remember that the trick to a smokey eye is big lashes. Benefit Cosmetic's "They're Real!" and Stila's "Major, Major Lash" mascaras give you this look. The perfect pairing to a smokey eye is a nice pink pouty lip. The lip gloss "For Keeps" from Smashbox can help you achieve this flawless look.

Everybody wants to know how to perfect the natural beach look. Most people do not like to go to the beach with a full face of makeup on, and certain products can help you get the effortless look.

Try using a BB Cream, or tinted moisturizer, instead of a full foundation. Most BB Creams, such as Smashbox, have SPF already in them, which is perfect to protect your skin from the sun's harmful rays. Finish off the look with long lashes. It is even better when the mascara is waterproof. "Cannonball" mascara from Urban Decay is 100 percent waterproof, so go ahead and swim all day, your lashes are not going anywhere.

This spring and summer's nighttime looks are unlike anything we've ever seen before. Metallic eyes are all over magazine covers and runways this year. Stila's "Metallic Foil Finish" eyeshadows are the ideal finish to a basic eye.

Erika Villanueva, a seasoned makeup artist at Impuse Beauty, said, "These foils are my favorite and they are my go to on all of my clients who want a fun look."

It is a quick and easy way to transform your look from day to night in an instant. Smashbox's al style.

cream shadows have a 15-hour wear period and can help you pull off the metallic eye look.

Another trend seen this spring is the classic red lip. Something a lot of people do not know is that red lips can make you look like you just had a professional teeth-whitening procedure. They also make your lips appear larger and fuller right away. MAC Cosmetics has a matte lipstick called "Brave Red" that is the perfect deep red hue. If you prefer a bright red lip, try Bare Minerals' lipstick labeled "Call the Shots."

Meagan McDermott, freshman history education major said, "Red lips are a must have, they highlight one of the best features on women."

Matte nails are the hot item people want this year. A lot of styles show a black French manicure done with matte nail polishes.

Butter London and Nails Inc. both have amazing matte polishes that wear very well. They tend not to chip easily and even dry quickly for an on-the-go, quick fix manicure.

Along with all of these trends, many companies came out with new products that absolutely cannot go unmentioned. In December, Urban Decay introduced their new and much anticipated "Naked 3" palette featuring pink and natural colors. It was such a hit that it sold out nationwide in minutes.

Karissa Benson. a freshman health studies major said, "The Naked 3 palette is my favorite yet, it has a lot of versatile colors and gives me the freedom to do my makeup however I want.'

In February, Too Faced released its "Chocolate Bar" palette made with cocoa powder. It is a mix of shimmer and matte shadows that you can use for both day and night.

At the end of March another new palette is set to hit the market. It is called "Electric" and features 10 new neon, bold and eccentric colors.

This spring will see some new beauty trends, but a lot of these are just taking a new spin on the classics.

The new trends are ones that can be done by anybody and are easily achievable. Always remember to just have fun with your makeup, it is a way to express yourself and your person-

#### Noodles & Company Provides Good Eats Close to University



Japanese pan noodles are both spicy and vegetarian friendly.

CONTRIBUTING WRITER

No matter how many times vou walk around the food court at Monmouth Mall to get your free samples, your options will not change. If you take just a few short steps away from the food court, you will find yourself at one of the newest additions to the mall; Noodles & Company. A restaurant that opened in Nov. 2013, Noodles & Company allows you to take a journey through noodle heaven. Whether one is in the mood for some Japanese pan noodles or the traditional Italian spaghetti and meatballs, this place has got you covered.

As college students we look for three specific things when choosing food that is not part of our meal plan—cheap, tasty

For a small pasta dish at Noo-

low \$4.69. To upgrade to a regular side, all you have to do is find another \$1.20 lying around your room. Taste plays a huge part in the food we consume. but there is no worrying about that here.

The flavors that go into each dish make your taste buds want to thank you. There is a perfect amount of each ingredient in all dishes, and if you need more there is a special "add meat or tofu" option for all orders. When you are pressed for time, Noodles & Company allows ordering to be done online so it is ready for when you pick it up. At other times when you just want to have a quick bite with friends, the food is still brought out pretty quickly.

Lecturer in the Communication Department Jennifer Shamrock has had her own experience at the restaurant. "This place is a great option for dles & Company, the price is a people who want quick, tasty,

have a quick meal and not feel bad afterwards for consuming 2,000 calories," she said. Another great thing about

healthier food. You are able to

this place is that you have the calorie count right on the menu. Unlike other restaurants, each item has the amount of calories you will be consuming under each dish. Having this information right in front of you allows healthier choices to be made. Also on the menu, you will see that some items have pictures next to them.

A little pepper can be seen next to some, indicating the dish is a little on the spicy side. Others have a "V" next to them informing you that the meal is vegetarian. Certain dishes even have instructions as to which add-in goes best with the dish. Whether it is grilled chicken breast for those wanting to be healthy, or organic tofu for nonmeat eaters, there are options for everyone.

When pasta just won't hit the spot for you, Noodles & Company is not all noodles. You have other choices that include soups, salads, sandwiches, edamame, pot stickers and even cheesy garlic bread. The wide variety of choices makes you want to keep coming back to try something different.

Elizabeth Packman, a senior math and education major said, "Noodles & Company sounds like somewhere I'd like to go."

Instead of standing in lines at crowded restaurants, you can enjoy fresh food for a great price at Noodles & Company.



IMAGE TAKEN from thebeautylookbook.com

The Naked 3 Palette offers many shades from pink to dark brown.

RSVP to Jean-Marie Delao at

jmdelao@monmouth.edu.



FEBRUARY, 2013

#### AT A GLANCE

#### NEW

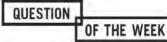
Charity Event: April 5, 2014

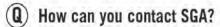
#### COMPLETED

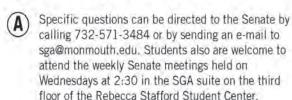
- · Breakfast stays out later in dining hall
- . 30 minute parking spots in the commuter lot
- Fixed Laundry Card Machines

#### ONGOING

- Parking Lot assignments
- · Blinds in the gym
- New Equipment in the gym (Olympic Bars)
- Ice Machine in the dining hall
- . Working with the Provost on calendar/advising issues







Monmouth SGA



MonmouthSGA

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Do you know how to register for classes?

The Center for Student Success is offering

WebRegistration Workshops for students!

#### Prepare to register for

#### Summer classes!

Tuesday, March 4, 10-11:00AM Thursday, March 6, 2:30-3:30PM

#### Prepare to register for

#### Fall and Spring classes!

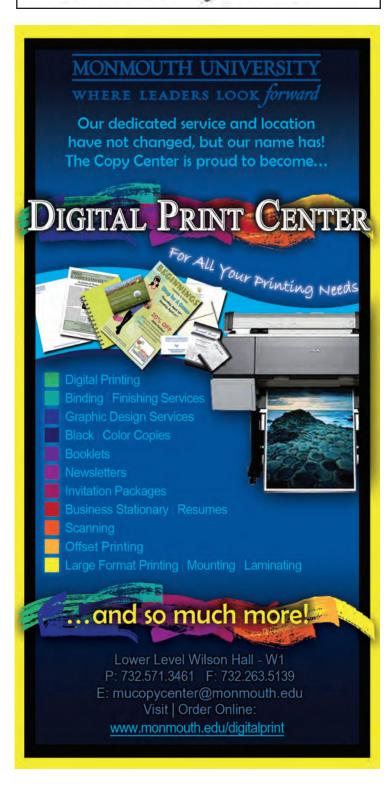
Tuesday, March 25, 10-11:00AM

Thursday, March 27, 10-11:00AM

Monday, March 31, 2:30-3:30PM

Wednesday, April 2, 10-11:00AM

Location: Howard Hall, Room 306





#### STOP-MOTION ANIMATOR VISITS UNIVERSITY

AMANDA GLATZ STAFF WRITER

The final installment of Monmouth's "ART NOW" series came to Wilson Hall on Thursday, Feb. 6, showcasing the work of accomplished stop-motion painter, Jennifer Levonian. Much like the previous guests of the visiting artist series presented by Professor Michael Richison, Levonian's work is accomplished through multiple mediums. Her presentation, which involved both a lecture and interactive workshop, highlighted the process of animating paintings to produce short

Levonian first became interested in this unique medium while she was studying painting at the graduate level and signed up for an animation course taught by recent Oscar nominee David Sousa. This introduction to the world of short film opened up new doors for Levonian, who quickly fell in semester and was spending her tation of the common transition love with the medium.

She began painting puppets that required multiple moving parts, which were then filmed and edited to give the illusion of motion. Using this stop-motion technique, Levonian went on to create films that have been featured in places powerful themes in this sevenlike the Philadelphia Museum of minute short, and each one of Art and the National Portrait Gallery.

Some of these short films were screened during the presentation on Thursday, including a very relatable piece called, "The Poetry Winner." This short featured per titles and ordinary cash regisa character named Caitlyn, who ter functions. For many students, had just finished college for the this was a very accurate represen-



Jennifer Levonian's "The Oven Sky" (pictured above) was a stop-motion short that chronicled of actual events that happened in Levonians's Philadelphia neighborhood.

summer as a grocery store clerk. The story culminates with Caitlyn's declaration to a fussy customer that she is, in fact, a poetry winner, thus validating herself among a mundane hometown life. Levonian dealt with a lot of

them had something that all colprominent was the discernable gap between the teenage years and adulthood, showcased by the juxtaposition of philosophical pafrom a childhood home to. a dorm

"I work retail every summer, so 'The Poetry Winner' made a lot of sense to me," said senior Kevin Wells. "There's a real difference between life at college and life at home, and I think the film really captured that."

While "The Poetry Winner" lege students can relate to. Most had universal themes, Levonian's next short was directed more toward women and told a story from a feminist perspective. This short, set during a bridal shower, was called "Her Slip is Showing." Levonian explained that her goal was to highlight female friend-

ships, which she accomplished by using flashbacks to show how the relationship between two women had changed over time.

This commitment to strong female characters was inspired by The Bechdel Test, which passes or fails movies based on an adherence to the following characteristics: the movie has two or more female characters, the female characters interact with each other, and the female characters interact with each other about something other than a man.

To one student, telling a story through a feminine voice is a very worthwhile cause.

"I hadn't heard of the Bechdel

Test before today," explained Maddie Renner, a junior, "but it was amazing to hear how many movies actually didn't pass the test. I really admire [Levonian] for sticking to the Bechdel guidelines and featuring female characters in her stories."

Levonian went on to screen two more shorts, each from a uniquely entertaining perspective. The first was "The Oven Sky," a testament to real occurrences in Levonian's neighborhood in Philadelphia. The final short screened was called "Buffalo Milk Yogurt," which featured a humorous look at the happenings of an innocent grocery store. Both films were well-received by the audience, and helped to expose many students to an up-and-coming medium that isn't yet represented by popular culture.

"I'm not really into art," said freshman Brian Olson, "so I didn't think I would get a lot out of this program. But a lot of the shorts were pretty funny, and they really held my attention. I was surprised by [Levonian]'s work."

The "ART NOW" series, as a whole, was designed to expose students to transcendent new mediums, and Levonian's work has surely done this. Her impressive use of multiple mediums serves not only as an artistic marvel, but also a distinctive and powerful storytelling voice. After Levonian's lecture and extensive work shop, one can only hope that the audience was inspired to pursue this medium, and use it as a vehicle to tell their own stories in the future.

DALLAS LEWIS-BRYANT CONTRIBUTING WRITER

Pharrell Williams (also known as Skateboard P) is back at it again, hoping to gain much more positive exposure with his second solo album "GIRL," reso good within the eyes of the critics and his fans. Now, at the on the right track with his newly released single "Happy" after it ready know the entire song. shot to number one on the music charts.

Although radio stations play the song to death, it still makes me want to scream and shout "because I'm happy" and next thing you know it I'm either blasting it in my car or dancing around my house. Throughout the album you can hear nice guitar lines, which bring funk with a taste of the R&B singer Prince.

The first track on the album "Marilyn Monroe" is not a track you want to skip over. It has a great beat and a bumping bass line alongside the interesting lyrics about a helpless romantic and the perfect lady. Pharrell sings, "Not even Marilyn Monroe (Marilyn Monroe)/ Who Cleopatra ('Patra Please)/ Not even Joan of Arc (Joan of Arc)/That don't mean nothing to me/I just want a different girl." The meaning behind the lyrics is that he not too fond of the beauty queens of history, and that he is just into girls with their own at-

titudes and personality.

The second track on the album "Brand New," featuring Justin Timberlake, has a mixture of vocals and movable beats that make you want to grab somebody and just get up and dance the night away. "Brand New" is personally leased on March 5. His first solo my favorite track on the album album, released back in 2006, and leaves you feeling refreshed "In My Mind" didn't turn out and brand new. Pharrell made a wise decision collaborating with Justin Timberlake because their age of 40, he's hoping for some vocals are so in harmony and positive results, and he is headed the lyrics are so catchy that after only hearing one verse, you al-

on the album has the same cool beats like the rest of the songs but with a twist of funk and groove that kind of reminds me of a mixture of Prince and James Brown. Critics say "Gosh," which is the fourth track on "GIRL," reminds some people of Prince's "Black Sweat" but more of a better, modern version than Prince's song.

On most albums, only the first couple of songs are good, but then once you get to the bottom half of the album, the songs start to fade from being decent to just okay. However, Pharrell manages to keep my interest on the second half of the album with a track featuring Miley Cyrus titled, "Come Get It Bae," where you get to hear Miley less raunchy voice. Despite some people hating Miley, she actually makes the song sounds 10 times better with her vocals on the track.

Pharrell changes the beat up with "Gust of Wind," with his you won't be disappointed.

third collaboration with Daft Punk. According to Billboard.

com, the track features a rush of Zimmer strings that sounds like, well, a gust of wind. Daft Punk is credited as contributing vocals, but the creepy computerized hook sounds more like Pharrell himself climbed into one of the robot helmets. Pharrell seems to have a variety of love songs on this al-

bum, and "Love Queen" stands out from the rest because in the background. You can hear hand drums and humming, which is different from the rest of the "Hunter" is the third track tracks within the album. Then, there's this love song featuring Alicia Keys titled "I Know Who You Are" where you get an idea of Pharrell's sensitive side when he sings, "I know who you are and I know what you're feeling.'

Pharrell closes the album with "It Girl." The premise behind this track, according to Billboard.com, is that this song is an ode to the creative (also, sexual) power of muses and contains the line "your waves wash all over

Overall the album was filled with beats and a lot of inspiration from pervious soul and R&B artists such as James Brown, Prince and even some Michael Jackson. However, if there is one thing that I learned from this album: Pharrell really loves women and many have been the inspiration behind this worth listening to album. So, with that being said, make sure you pick up a copy of "GIRL," and I promise you that



PHOTO TAKEN from popsugar com

Pharrell Williams (left) is known for his collaborations, so it makes sense that he would feature artists like Justin Timberlake (right) and Miley Cyrus on his latest album, "GIRL."

## Little Shap at Harrars Slays Audiences



ANNA CHAMBERLAIN

love with girl, boy finds mysterious plant from outer space girl. While this may not sound which opened on March 5 in domination. Lauren K. Woods Theatre.

The setting of "Little Shop" takes place in a flower shop II" he finds at an exotic plant ated as a comedy in 1960 before

shop in another part of town.

At first, the plant is withered and dying until Seymour cuts Boy meets girl, boy falls in his finger and sees that the plant needs human blood to survive, and gives it enough to flourand feeds it humans in order ish. Soon, "Audrey II" generto achieve success and keep ates an astronomical amount of local and even national suclike the typical love story, it cess for the shop until Seymour is what happens downtown in finds out that the plant is actuthe University's spring musi-cal "Little Shop of Horrors," and has another craving: world

What most people don't know about "Little Shop of Horrors" is that it takes the same journey on Skid Row, a rundown street as Mel Brooks' "The Produclost in the ever-growing urban ers" and John Water's "Haircity in the 60's. The owner of spray." All three of these comthe flower shop, Mr. Mushnik edies were originally movies played by Nick Zaccario, is on that were turned into musicals. the verge of closing due to no Once all of these cult classics business on Skid Row. How-ever, Mushnik's "ward," Sey-way, their musical adaptations mour, played by junior Bran- were then again recaptured on don Wiener, shows him the the silver screen. "Little Shop" strange and unusual "Audrey in particular was originally cre-

it was revamped into an Off -Broadway musical in 1982.

The University's adaption of "Little Shop of Horrors" was well done and has been one of the best department productions I have seen here in my four years at Monmouth. One of the aspects that impressed me the most was the set design, which was built by the student crew along with the help of professionals and supplies from Eagle Theatre.

Personally, I had never seen the stage that full before, but it worked to give that crowded city look, bringing visitors more into the story as the performance went on. Along with the set design and cast, I appreciated that the audience was always engaged from the preperformance "turn off your cell phones" speech by the winos, to the note Mr. Mushnik belted out during "Ya Never Know", and the unexpected yet entertaining dance number during "Mush-

pleasantly with good comedic timing and pace.

It was easy to see the amount of chemistry on stage and all the actors played off each other well. Wiener encapsulated the hapless, awkward yet charming Seymour with his female cohort, senior Brooke McCarthy as Audrey. McCarthy captured Audrey's honest humor, outgoing attitude, and "city accent" presenting a delightful opposite to Wiener, which created a good balance between the duo.

Besides the two leads, every cast member held their own on stage whether it was a small role like Mrs. Luce, played by Zoe Bulitt, or a larger role such as Orion, played by Michael Rosas, Audrey's sadist, painloving, dentist boyfriend who kept the audience roaring with laughter. A personal favorite mouth.edu/arts or by calling of mine were the ladies playing the doo-wop trio Ronnette, Chiffon and Crystal, played Tickets for students are free.

nik and Son." The show flowed by Jasmine Walker, Devon Henry, and Mahalia Jackson, who were essential to the plot movement of the play, and added a little flair of attitude to the performance. And, of course, Nick Rossi as the sarcastic and menacing voice of "Audrey II" reminded me of Levi Stubbs, who played the plant in the movie adaption of the musical in 1986.

> Overall, the show was well done with a cast that brought not only the show, but also the audience to life with the performances. If the theatre department keeps this rising talent going, I may just have to come back as an alumnus next year to see it.

> "Little Shop Of Horrors" will close on Thursday, March 13 at 8 pm in Woods Theatre. Tickets are available at monor visiting the MAC or Pollak box offices at 732-263-6889.



NICOLE MASSABROOK ENTERTAINMENT EDITOR

March might be big for basketball, but it's also big for music. The big South by Southwest (SXSW) festival is happening in Austin. TX for the next few weeks. SXSW is for music, film and interactive (apps, social mediaetc.) industries to show off what they're working on and interact with others in their industry. The festival has been attracting bigger names recently (Coldplay, Lady Gaga and 50 Cent are all scheduled to play), but the festival is known for pushing some of the best new bands and artists into the spotlight. These are some of the bands that I'll be looking out for in the future (you know, when I'm not crying about how far away TX is).



The Saint Johns are Louis Johnson and Jordan Meredith, a Nashville-based folk duo that writes beautiful duets. His rock voice contrasts really wonderfully with her delicate, breathy vocals. Plus, their lyrics are incredibly honest and relatable. These two have the potential to fill the folk-duo void left from The Civil Wars' breakup.

**Download:** "Your Head and Your Heart," "Josephine"



Mary Lambert is known to many as the girl in Macklemore and Ryan Lewis' "Same Love," but don't blow her off as a backup singer. Her own music is more orchestral and way more emotional. Her song "Body Love" combines music and spoken word and will probably make you cry. Plus, her voice is *phenomenal*.

Download: "My Moon." "She Keeps Me Warm"



**NGHBRS** is an alternative rock band from Long Island with a fun sound. Their song "Hold Up Girl" has a fun, infectious hook with an even cooler Instagram-inspired music video to go with the song. Luckily, these boys will probably be returning to our area after SXSW. They regularly play in NY.

Download: "Hold Up Girl," "Love, Come Down"



**Alex Vargas** is an English singer songwriter with a killer vocal range. He can hit the high notes and convey a lot of emotion in his voice. His sound is different, a blend of soul and rock. Plus, his covers (he posts on YouTube regularly) are also amazing. Here's hoping SXSW is just the first of many stops in the States for the Brit.

Download: "Tears in the Water," "Sweet Nothing"

#### No Plans? No Problem! How to Spice Up Your Spring Break

ANNA CHAMBERLAIN STAFF WRITER

As we hit the mid-point of the spring semester (if you can even call it spring), students are navigating through midterms, and of course gearing up for spring break. If you are like me, those nine days are full of glorious naps, Netflix binging and The museum takes donations possibly a little spring-cleaning. Others are packing their bags and heading for warmer sort of donation you can spend However, if you have no plans seeing the same piece twice. whatsoever, have no fear, for there are plenty of local trips lem. Many towns within the and activities to partake in during spring break.

One of the many great things area is there are several day trip activities that you can take. is also Jay and Silent Bob's Se-With Philadelphia and NY only a train ride or car trip away, the area along with multiple there is no reason you have to restaurants and thrift stores. sit at home during spring break. For music lovers such as my-While day trips may not be as exciting as Cabo or FL, if you Park has a Sunday showcase evare limited to where you can ery week. If you are from out of go, it can turn a boring week at state or not from the local area, home into a series of mini ad-

of your daily schedule is a treat your neighborhood. and should be appreciated," said Robyn Asaro, Assistant Direc- are taking the week to help out. tor of Study Abroad. "Whether "It's nice finally having the it's bike riding on Sandy Hook time to do community service,"

in the moment and seeing life through 'new eyes,'" she said.

you can do, especially on a budget. If you love the arts, the Metropolitan Museum of Art Guatemala. anxiously waiting for summer, in NYC is filled with different and centuries from the Egyptians to the Renaissance era. instead of having ticket prices, so along as you make some waters for some fun in the sun. hours in the Museum, never

Not a fan of NYC? No probarea have places to go and hang out for the day. Buddy Valastro, or better known as the "Cake about living in a metropolitan Boss" recently opened up a new bakery in Red Bank, and there cret Stash comic book store in self, the Stone Pony in Asbury you can always check your ventures with friends or family. town's community calendar to "Anything that takes you out see what events are going on in

There are also students who

lia. One benefits by living more who is going to be working at soup kitchens over the course of the break. Along with this And there are several things act of kindness there are groups of students who are taking the annual school sponsored trip to

Along with these acts of kindpieces spanning across cultures ness, spring break can also be a life." time to re-connect with family members.

"I plan on visiting my grand- a vacation to the tropics, there mother over break down in are several ways to enjoy your Florida," said Nash Weiner, a spring break, even on a budsophomore. "I don't get to see her very often, so I when I get However, there is one thing we the chance I spend as much time all must remember: no matis such a special person in my

So whether it is day trips, community service, or taking

get or without transportation. with her as possible because she ter where we go or who we are with, do not worry about capturing everything on Instagram or twitter, just simply enjoy the moment and relax.



Day trips to NYC can help turn a spring break at home into a series of fun adventures. The Metropolitan or studying abroad in Austra- said Kelly Chapman, a senior, Museum of Art can occupy a full day of a student's break.

#### The Seven Deadly Sins of College

**BRIANNA MCCABE** CLUB & GREEK EDITOR

The lifestyle of any college student can be difficult to conceptualize in its entirety. From cursing at your alarm clock for not allowing you to attain more than five hours of sleep, to trying to find the perfect time to cuddle up next to the more "likes" on a picture to apremote controller, college is often a tug of war game between what students need and what students

There are constant forces in play that are guiding students in their decision making processes. So with a tip of the hat to Dante selves better than the rest. Alighieri and his Divine Comedy, here are the seven sins that seem to of marionette strings and manipulate them like dolls throughout their four years.

#### Lust

The obsession with personal selves to shape their impressions." gratification or pleasure, that doesn't necessarily need to be sex- munication major, said, "Social you can't seem to take your eyes lives every single day. With that off of as you see him sprint off to comes great envy ... Whether it's the locker room or the sorority girl whose triad of letters glistens in the sunlight as she prances to class.

Every person has desired a fellow classmate because some aspect catches their eyes more than any other. Whether it is a simple hook-up or an urge to embark in a committed relationship, students lust for attention.

According to Dr. Gary Lewandowski, Chair of the Psychology Department, a sociological study using the General Social Survey comparing hook-up rates among today's students with students from a decade ago found that both groups reported similar rates of hooking up. He said that 31.9 percent of students from 1988 - 1996 reported having more than one sexual partner in the past year, differing only by 0.3 percent today. Regardless of the decade, this excessive sexual appetite for the campus cutie seems intoxicating.

The mean, green, jealous machine. Envy is having an unusually obsessive fascination with another individual to the point of developing a strong jealousy towards them.

This underlying competition is best exemplified by the growing use of social media. Trying to get pear more desirable or attempting to one-up your roommate who consistently receives more notifications or retweets than you. Students are consumed by social media, and seem to be engaged in a competition of presenting them-

Dr. David Strohmetz, professor of psychology, believes social capture college students into a web media can affect the way students perceive others. He said, "Through social media we can purposely design the types of information we want others to learn about our-

> Robert Robinson, a senior composting a picture of a new car [a friend] got or a status about money, you're jealously is around us all the time." Instead of getting jealous of a friend, embrace your own, unique individuality. Your lucidity will thank you later.

#### Greed

The tendency to want more than you actually need is greed at its core. Wealth, power and sex are just a few of these symbolic desires.

The person that strives for the 'A' but doesn't necessarily work for it is guilty of greed and seems to be bound by the sin's shackles.

Specialist professor of communication, Mary Harris, shakes her head at students who exert no real effort into assignments and fall victim to the easiness of such practices. She said, "Students who participate in plagiarizing or cheating lack respect for themselves and their own potential. It is a shame that some students choose to par-

take in this behavior, but luckily, it office of the Dean. In order to seek longer know your name and exact is not something that I've encountered much."

#### Sloth

Extreme laziness. Slothful students sleep for most of the day, and then lounge around for the remainder, lacking any motivation to do anything. Students are lazy. It is as if sloth has become a vital characteristic of a college student's identity at one point or another.

A student that stays up until 4 am to complete a homework assignment that you had a few weeks to complete, but instead chose to use that time to catch up on the latest episodes of "The Walking Dead" is a prime candidate and should probably run for President of Sloth-ville.

Kristen Tullo, a junior biochemistry major, admits to feeling drained as a result of her overbearing workload but avoids procrastinating. She said, "I think the majority of students do tend to procrastinate, however, because them] trying to enjoy their time at college without having something that they are working on at all hours of the day."

Students that procrastinate and sloppily hand in assignments and/ or fail to hand in assignments on time, suffer the consequences. Harris said, "Teaching students the importance of deadlines is something they will encounter during their careers, so college is good practice for building time management skills."

Get out of your cocoon of blankets, crack open your textbook, and show the sloth monster that you can't be tamed anymore.

#### Wrath

Wrath is the uncontrolled hatred for someone or something, and the desire to seek revenge. A person that is wrathful is so consumed by this emotion that revenge is the only real solution to manage this anger.

A wrathful student is one that challenges grades that they deem to be "unfair" and takes this to the

revenge on professors, students will evaluate their professors at the end of the semester and score them harsher than they themselves have been scored on their own assignments. Oh, how the tables have turned.

But the revenge doesn't stop there. Students will go on to Rate-MyProfessor.com and construct horrible reviews, which can tarnish a professor's reputation and detract students from ever wanting to enroll in a class with him/her.

#### Gluttony

Absorbing or depleting an object until nothing is left. Two words: meal plan. Somewhere in between local on-the-go food businesses to the burritos in the Rebecca Stafford Student Center (RSSC), our idea of "moderation" is thrown out of the window. This habit then follows you to your late night 2 am drunken food runs to McDonalds to indulge in the consumption of \$1 Big Macs or fat sandwiches from Nelly's.

According to Suanne Schaad, ual, is lust. The football player that media has a huge influence on our it is very stressful [in addition to Substance Awareness Coordina- are prideful in an attempt to provoke tor, alcohol is a carbohydrate that others to want to join or perhaps turns into sugar in the body. The more alcohol you drink, the more blood sugar levels rise. In an effort to combat this increase, the body releases insulin to lower these levels. Schaad explains the reason for late-night munchies, "As the night of partying comes to an end, and the drinking has stopped, the body sends out hunger pangs to alert you to eat more and raise your blood sugar levels back to normal range."

Students fall under the spell of gluttony when entering the party scene. Schaad added, "Once we rely on the substance to get through a social situation it becomes a different story and it can be a warning sign there is a problem." These negative coping skills can lead to problems of addiction.

Students can battle with excessive alcohol addiction. Put the red Solo cup down, throw away your late-night delivery menus, and start the new glutton-free diet. The Papa John's delivery service should no order for every Saturday night.

#### Pride

The over-exaggeration of one's abilities or accomplishments is pride. This over confidence can lead to inflated egos, which causes students to consider themselves far more important and superior to the rest of their classmates.

Students have learned about it in their basic literature classes, with examples of Macbeth and King Oedipus sharing the tragic flaws of being prideful, students are warned of the negative effects associated with excessive admiration of the personal self.

Robinson, a student athlete, notices some students involved in organizations such as Greek life or athletics to be exhibiting too much pride, especially on social media. He said, "Everyone is aware that being a part of [an organization] is a privilege and something special; however, some people... talk and show-off a lot." Robinson believes individuals simply to stir up jealousy.

Some people overly enjoy flaunting their sins. It is one thing to have pride in yourself and your work, but it is another to rub those achievements into the remains of your peer's suffering self-confidence.

#### **An Ethical Guide**

Some students fail to understand the seven deadly sins are still relevant today, especially in the context of college. Father Tomlinson of the Catholic Center said, "... Human nature is basically the same as it was when the sins were first described. We still face the same challenges and make the same mistakes."

In order to achieve pure human happiness, one must act moderately according to reason.

Just remember, these sins are deadly for a reason, and if not carefully controlled, will turn into lonely nights with the cat, resentment and a beer gut that even Jillian Michaels can't fix post-grad-

#### Movin' On Up: Preparing for Sophomore Year

#### **Declaring Majors, Minors and More**

WESLEY BROOKS

In a few short weeks students will be picking their new classes for the 2014-2015 school year. For freshmen this is especially important because this also means transitioning to a new academic advisor and possibly changing or declaring a major.

Misty Hinshillwood, a freshman, explained that she came to the University undecided, but quickly chose a major. "When I started here, I was unsure what I wanted to do but then I saw how all the humanities courses fit together," she said. "This made me decide to choose to major in politics and minor in philosophy even though I have enjoyed all the courses in this area."

**Monmouth University Curriculum** 

The first year in college is an opportunity for many students to try different courses to see what area of study will and strengths and try to help them decide on a potential major to declare prior to becoming a sopho-

more. While the University does not require that students declare a major until the end of their sophomore year, the sooner they start, the

The office of first year advising services helps students decide on which major is best for them if they are unsure and allows them to take career and interest inventory tests to help them decide on a possible major. When freshmen prepare to become sophomores, they have an advisor from their respective major. Sometimes a faculty member from the major area will be the advisor if one is declared prior to starting college.

Assistant Dean of the School of Humanities, Golam Mathbor noted that he sees a significant increase in a student's confidence level from freshman to sophomore year. "I feel students have a smooth transition because they know more about the resources available to help them," said Mathbor.

This is an important step as the student/advisor relationship becomes more geared towards the intended major and possible paths within it. Many don't realize this until later in the year, but it is important to realize this sooner than later since the beginning of a student's time at the University is the time to discuss options such as experimental education, study abroad and other possible course clusters.

Matt Spinnelli, a junior, said, "When I was a sophomore last year, best fit their interests I had frequent contact with my advisor to discuss options because it was a major transition from freshmen year with many options to con-



The Center for Student Success (above) can help underclassmen decide on their academic paths during their freshman year.

portant as freshman year because many students still have mainly general education requirements such as Information Technology or Foreign Language to complete and are beginning their major courses as a result. This is also a time where any academic issues must be resolved from freshman year where abbreviated summer classes can help close the gap.

Some students have already taken several introductory advanced school and were able to get a head start in upper level classes. For example, some high school courses such as AP English 12 and AP Psychology can transfer in as college credit courses upon successful completion of the AP Exam.

Annie Siegel took advantage of this because it allowed her to come in to the University having completed the necessary introductory course in her major. Those credits of college has been completed, but also fulfilled several other general important to see that new challeng-Sophomore year is just as im- placement (AP) courses in high education requirements. "This will es await in the coming year.

allow me to graduate in two and a half years," Siegel explained. She continued, "This is one of the reasons I chose to come here because I was able to get right into my major courses in my first year." As a result, it is possible to obtain sophomore status in the second semester of freshman year and get a head start in the major.

It is exciting to know that a year

#### STORING DATA IN DNA

SHAHARYAR AHMAD

From a blade of grass to the wing of a falcon, to the seed of a coconut to the stem cells in your bone marrow, almost all known life uses DNA as an instruction manual of sorts to carry out its representative functions. Recently, a team of biomedical engineers at Harvard led by Nick Goldman has successfully stored 739 kilobytes of harddisk storage into synthetic DNA, sequenced it, and recovered the accuracy, according to Nature.

acid, a double-helical molecule that is found in the nucleus of our cells. Its hereditary nature manifests itself as one copy of a person's genes are inherited by his or her mother, and the other from the father. Genes are linear segments

on the DNA molecule that provide a blueprint of protein synthesis accomplished by an intermediary known as RNA, ribonucleic acid from an alphabet of four nucleic bases known as A, T, G, and C. The proteins synthesized therein take control of a myriad functions inside our body such as antibodies for the immune response to pathogens, enzymes for metabolic regu-

the respective location in the general code. The system was managed in such a way that the data

lation, and hemoglobin for oxygen delivery, to name a few. Goldman's team encoded 5.2 million bits of information into original content with 100 percent DNA and developed a new code in which every byte (a string of So what really is DNA? It is eight ones or zeroes) was reprean acronym for deoxyribonucleic sented by a word of five letters that were each A, T, G, or C. The team broke the DNA into overlapping strings, each 117 letters long and indexed the information to show

With a potential storage capacity of 2.2 petabytes per gram, DNA may revolutionize the storage media of tomorrow.

was encoded in partially overlapping strings such that any errors in one string would be cross-checked against the other three strings. The strings were synthesized by Agilent Technologies in Santa Clara, CA and shipped to the researchers who were then able to reconstruct the files with complete accuracy.

Goldman's team reported a projected storage capacity of 2.2 petabytes per gram of DNA in the Nature article as they were able to store 757 kilobytes of data into 337 picograms of DNA. That equates to 2,200 terabytes per gram or 2.2 million gigabytes per gram, a result of the complex interfolding of DNA into a super-dense form.

What struck me most," said Dr. Joseph Coyle, Associate Professor and Director of Financial Mathematics, "was the willingness to experiment with the idea that may not see any 'real-world' results or success immediately." Employing synthetic DNA in this endeavor to store information was "creative and innovative," remarked Coyle.

Shivam Patel, a senior biology major, said, "This innovative technology is extremely useful in modern society. With a storage device that may fit in our cells, we may be able to expand our capacity of memory with further research in biotechnology."

Nick Kulka, also a senior biology major, added, "This is an extremely impressive advancement in technology. The applications are awe inspiring and futuristic. One could potentially store information in organic material which can open up many doors in the area of biotechnology."

This past decade is replete with examples of how storage media have evolved. We had the floppy disk capable of 1.4 megabyte storage at the turn of the millennium be replaced by compact disks boasting 700 megabytes. Recently blu-ray disks have commandeered popular storage with upwards of 50 gigabytes of storage per disk, not including the terabyte caliber hard-drives integral to today's high end PCs. But in the end, none of these media edge the precipice that is DNA, capable of storing the equivalent of about 46,000 blu-ray dual layer 50 gigabyte disks per gram.

Despite the outstanding storage capacity, immediate concerns such as cost must be considered. One researcher in the team estimated that the cost to be about \$12,400 to encode every megabyte of data, and \$220 to read it back. But because the "Cost of reading and writing DNA has changed by a million-fold in the past nine years, which is unheard of even in electronics," said George Church, a Harvard geneticist, in an article in the journal Science, the technique could be manageable for archives-based long-term storage that will rarely be accessed.

Goldman said in an interview with the Wall Street Journal, "In ten years, it's probably going to be about 100 times cheaper. At that time, it [will] probably become economically viable.'

The true pragmatism of DNA as a medium for information storage however, stems from both its ubiquity and its longevity. Because you can "stick the DNA in a cave in Norway for a thousand years and we will still be able to read it,"

archivists who are forced to keep investing in the latest equipment to update their archives in modern formats may experience significant savings, according to Nature.

As Goldman noted, DNA should also be "Apocalypse-proof." He added that after a hypothetical disaster, future generations might eventually find the stores and be able to read them and quickly notice that this isn't DNA like anything they've seen due to the absence of repeats and the constancy of the length of the code. "It's obviously not from a bacterium or human... maybe it's worth investigating.'

"Being involved in computational chemistry research here at Monmouth University, I am aware of the computer space and expense associated with storing data," said Samantha Silvent, a senior chemistry major. "I feel that this discovery shows the incredible advancements and capabilities of current technology. However, I believe that anything based off of the human genome can be subjected to ethical considerations. I feel that it will be worrisome to individuals who already feel threatened by the over-use of technology in modern day society."

The testament of DNA's longevity was expressed in Steven Spielberg's Jurassic Park where dinosaur DNA from a mosquito fossilized in amber several million years ago was used to clone a T-Rex. Granted our perseverance into this endeavor, exciting organic-based technologies that utilize information on new horizons may be at our grasp sooner than you

#### NCNW Hosts Glow in the Dark Dance Party

TAYLOR COPP ASSOCIATE CLUB & GREEK EDITOR

The National Council of Negro Women (NCNW) hosted its annual "Glow in the Dark" dance party in the Rebecca Stafford Student Center (RSCC) on Saturday, March 8 from 9 pm -1 am, with music from DJ Taj of 106 & Park.

Approximately 200 students vertising." attended the dance party, helping NCNW raise approximately \$650. Students were able to purchase tickets for \$3 before the party and tickets were sold was allowed two guests each, who also paid \$5 at the door.

Kaila Lane, President of out was pretty good.

NCNW, said, "This 'Glow in the Dark' party is similar to the hosting this party help fund 'Back 2 Business' party that we hosted earlier in the year. My goal is to make this the 'party of the year' and allow students to have a [venue] on campus to have fun."

Previously, NCNW has hosted a party at the beginning of each semester, with special guest DJ Wallah of HOT 97. 'Although we enjoyed having DJ Wallah at our parties I felt it was time for a change," said Lane. "DJ Taj is just as wellknown as Wallah because he is on 106 & Park; plus, Taj is only makes it that much cooler to have him here."

DJ Taj, who played an assortment of music throughout the evening including Hip-Hop, R&B and Reggae, was excited about hosting the event at the University. "It's just a good feeling seeing people of all are part of the African Ameriages enjoying the music," said DJ Taj. "I had no idea that this was a party crowd. When I first came here I thought I was just It's good that we co-host events going to be at another boring party, but when I actually started playing music, it was a lot we are not the same," said Lane. better than I imagined."

To promote the event, NCNW placed an extreme emphasis on advertising. "Advertise, Advertise, Advertise," said Lane. "We sent e-mails out almost every day, we hung up posters around campus and we relied on social networks like Facebook, Instagram and Twitter. Even the DJ promoted the event himself. There is so much power in ad-

Merissa Jones, advisor of NCNW, was pleased with the effort the members of the club placed on holding the event. Jones also said that despite the for \$5 at the door. Each student e-board being new and considering it is a Saturday night and an alcohol-free event, the turn-

our service projects as well as trips and events we attend throughout the year," said Jones. The NCNW participates in the Adopt-A-Family program during the Christmas season. NCNW also attends the "Black Solidary Conference" at Yale University and the African American Museum in Philadelphia throughout the academic

Lane hopes this event raises awareness about NCNW and encourages other students to become part of the organizaa high school student which tion. "I wanted to use this event to advertise NCNW and potentially get more boys to become part of the club. I know it's the National Council of Negro Women, but we used to have more boys in the club and I just would like to get back to that."

"Students also think that we can Student Union (AASU), and that's why we wanted to host our own event for once. with other clubs on campus, but we want to show students that

Upon arrival, students and



"Everyone still keeps talking about the party, the DJ, and how the lighting was amazing...This event was a great way for students on campus to interact..."

> KAILA LANE President of NCNW

guests were required to show valid identification and leave their respective identification at the door. Guests were also given glow sticks and a raffle for the door prize.

All attendees of the event alcoholic beverages or containers inside the RSSC.

Brittney Wade, a junior com- an event like this again because ronment," said Lane.

munication major, said," It was organizations on campus don't really nice to see a big group of usually host parties like this. the black community come out Overall, it's a fun event to parand not have drama. It was definitely worth the \$3."

were prohibited from bringing DJ played a good assortment event was a great way for stu-

ticipate in."

"Everyone still keeps talking J'lyn Martin, a junior com-munication major, said, "The the lighting was amazing. This of music for the party and got dents on campus to interact and the party hype. I would attend meet each other in a fun envi-



## The "Apocalipstick" is Coming: ALI Holds Fifth Annual Drag Show





PHOTO TAKEN from IsuHorizon.com

Drag queens danced in Anacon Hall in celebration of the fifth annual drag show being brought to the University.

ANNA CHAMBERLAIN

All Lifestyles Included (ALI) held their fifth annual Drag show, "Apocalipstick," in Anacon Hall of the Rebecca Stafford Student Center (RSSC) to raise over \$1,000 for The Trevor Project on Friday,

"I highly doubt that many people here at the University have gone to a drag show," said Melissa Galvin, co-President of ALI. "So coming to a drag show on campus is really interesting and gives members in our club a chance to shine."

This year's drag show theme was "Apocalipstick," reigning in a futuristic feel to the show with over 200 people in attendance. As the main part of the event, ALI contracted out four drag queens that came and worked it out on stage for the audience, performing dance routines.

"ALI is several things. It is a support group for people who are gay, lesbian, and transgender and allies those who are in support of these groups. It is also a group to raise awareness and show people things that haven't necessarily seen before on campus. ALI is also a support group, which, I think is really one of the wonderful things about it," says Heather Kelly, advisor of ALI and Assistant Director of Student Activities for Multicultural and Diversity Initiatives. "It's great for diversity

for the world we are sending people out into now."

The performers did not disappoint the ticket payers as they danced and lip synced to popular hits such as Katy Perry's "Roar" and Lady Gaga's "Show me your Teeth" in array of chic costumes and sassy attitudes. There were diva on stage as they participated mixed reactions as some were new to the culture while others where hooting and hollering, cheering the performers on.

"To be completely honest I am completely blown away by the things that they do," said senior Meaghan Brandt, who has attended the show for the past two years. "It blows my mind that they have all these challenges that they are overcoming, and it's just crazy.'

In the planning of the event, the group went through months of planning contracting the space, DJ, lights, food, and the performers. Through the annual drag show, ALI has developed a relationship with some of the drag queens including Victoria Cortez and Jolina Jasmine.

"I love coming back here every year. It is a wonderful, wonderful thing that goes on yearly here and I happy to be apart of it," explained Cortez who also does work to help raise funds to assist those living with HIV and AIDS. "For [the students], it spreads a level of awareness and a level tolerance. I see a

and multiculturalism, and it's great lot of faces here tonight of people who are straight, gay, trans, and it is a night of entertainment and for people to enjoy themselves and let loose without thinking about the whole 'gender, sexuality' deal."

> Along with the drag queens making the audience cheer, some of the student body also harnessed their in in a dance-off and mini-drag show, along with a raffle for the chance to win a Visa or Chipotle gift card.

> "I come to this activity every year, and I love the energy and the confidence," said international business student Melis Gore. "My favorite part would be when the student body itself was involved too. I like the fact that students here got on stage and danced and felt more confident in themselves, so that was nice to see."

> All the funds raised from ticket sales for the drag show went toward the Trevor Project, which according to TheTrevorProject.org, aids in suicide prevention among the lesbian, gay, bisexual, transgender, and questioning (LGBTQ) community.

> Kelly said, "LGBTQ youth are at the highest risk for suicide, running away out of the high school and middle group as well. It is a very important cause and I know that in the past years there has been media advertised suicide and things that have gone on, even at the college

#### SURVEY SAYS ... "GREEK FEUD" IS A UNIVERSITY HIT

AYLA YILDIZ STAFF WRITER

Alpha Kappa Psi (AKPsi) hosted their first philanthropic event of the semester, "Greek Feud," in Pollak Theater on Wednesday March 5 from 10 pm - 12 am, raising \$1,500 for Habitat for Humanity.

"Greek Feud" was a spin off of the game show, "Family Feud" and AKPsi ran their event simidifferent members from each fraternity and sorority who competed against one another in a series of rounds.

Kappa Epsilon (TKE), Phi Kappa Psi (Phi Psi), Delta Tau Delta (DTD), Sigma Tau Gamma (STG), Alpha Sigma Tau (AST), Alpha Omicron Pi (AOII), Alpha those events because I believe in Xi Delta (AXiD), Zeta Tau Alpha (ZTA), and Phi Sigma Sigma (Phi Sig).

Brothers of AKPsi business fraternity Michael Lopes, a senior business administration major, and Michelle Melzl, a senior health studies major, hosted the

of Phi Psi, accompanied the hosts with music throughout the event.

Each host asked a series of questions every round. For each event, I think we pulled it off! "regular round" there were different questions. The questions lanthropy, Habitat for Humanity, of each round varied, such as asking what people tend to buy without trying on, something females get excited over, and some-

thing you typically see at a college football game.

The male team got a majority of the questions in each round correct, including "Name something girls get excited about."

The final score of the game was 146-72 in favor of the fraternity men. The fraternity men then entered the final round called "fast money," in which two team members had to answer a series of questions and score a total of larly to the show. There were five 50 points in order to win a \$50 gift card to Bagel Guys Deli.

The two "fast money" round participants were Matty Cox, a brother of Phi Psi and Joe Del-Contestants were from Tau lera, a brother of TKE. Dellera, a senior political science major said, "I think it was fun. For the first time running the event they did a good job. I'll always be at philanthropy and I'm a huge supporter of anyone's philanthropic events. Most importantly, I'm glad that I won because I hate losing but besides that, the prize to Bagel Guys was nice and it'll be grand to rip a 'Hangover Special' sometime in the near future."

Graziella Ruffa, a sophomore DJ Mark Bernardo, a brother marketing major and brother of AKPsi, said, "This was AKPsi's first event and based on the time and effort that went into this We raised [money] for our phiand that's what this event was all about; to raise money for something bigger and better then our-



The Greek community gathered in Pollak Theatre to compete against one another in "Greek Feud."

Garbarini, a senior majoring in communication and founding father of DTD. "The event was really fun, but a lot of the answer did not make sense. I would love to know who they surveyed for those answers. As the first founding father overall to participate in an event for DTD, it was an amazing feeling and I felt honored to represent my fraternity."

Alexis DeCarvalho,

number of other fraternity members to make sure the event went smoothly, but I owe a lot of credit to my philanthropy chair, Megan Haraz and the committee.' Casey Inguagiato, a junior

business marketing major and sister of ZTA, said, "I thought it was a very well put together event. It was a good turn out for AKPsi's first Greek event as well. I thought it was very unique and Sorority Life.

"I mean really, who doesn't President of philanthropy for that the proceeds were donated to like Family Feud," said Louis AKPsi, said, "We worked with a Habitat for Humanity. It is a great organization and I was happy to donate and be at the entertaining event."

"It was a successful event. It was well planned and very efficient and everyone had fun. It was great to see the Greek community come together to support each other for a good cause," Jon Bulchaski, Assistant Director of Student Activities for Fraternity

#### Debate Hawks Win Nine Awards at Western Championship in California



The University's Debate Team won nine team and individual awards at the Western National Debate Championship at Sacramento State University in California on the weekend of March 7 - 9. Dylan Maynard took a first place speaking award and Saliha Younas received the 2nd place speaking award in their division of approximately 40 debaters. Fourteen Monmouth students competed at the tournament. The teams of Jessica Roberts and Ryan Kelly and Dylan Maynard and Saliha Younas also made it to the semifinal round after going 5-1 at the tournament before eventually falling to Weber State and Pepperdine University respectively in the semi-final round. Monmouth had two of the final four teams in the semi-final playoff round.

The tournament included debaters from 10 universities including Pepperdine University, Cal State Fullerton, Weber State, and Cal State Northridge to name a few. Each year a topic is picked to be debated at every tournament. The topic for this year is: Resolved: The United States Federal Government should substantially increase statutory and/or judicial restrictions on the war powers authority of the President of the United States in one or more of the following areas: targeted killing, indefinite detention, offensive cyber operations, or introducing US Armed Forces into Hostilities. Some Monmouth teams created a case limiting the President's authority in the area of drone strikes and others focused on indefinite detention.

Each two person team is required to compete in six rounds of debate, three on the affirmative and three on the negative, with each debate round lasting approximately two hours. There were two rounds on Friday night, four rounds on Saturday, and teams that made it into the playoffs debated in single round eliminations on Sunday. Monica Santos and Danielle Doud went 4-2 at the tournament and made it to the quarterfinal round. Joe Talafous and Nick Whittaker also made it to the quarterfinal round. Jessica Roberts also earned a 4th place speaking award and Ryan Kelly received a 9th place speaking award. Michael Hamilton and Angela Ryan also went 3-3 at the tournament, falling just short of making it to the playoff rounds. Dan Roman and Kelly Craig and Sam Maynard and Michelle Grushko also scored impressive victories while debating in the upper division that includes advanced debaters, some of whom are on debate scholarships. Kelly Craig earned a seventh place speaking award in this division.

#### CLUB AND GREEK **ANNOUNCEMENTS**

#### Alpha Sigma tau

Alpha Sigma Tau will be hosting their annual Love Struck event on April 16 at 10:15 pm. The event is run like a dating game show with prizes for the winners. We will be selling tickets closer to the event for \$5 in advance, or you can buy them for \$7 at the door. All proceeds will be going toward one of our philanthropies. Please come out and support the lovely ladies of Alpha Sigma Tau. Contact Jessica Stern if you are interested in participating in the event. Her email address is s0881955@monmouth.edu.

We were just accepted into the NCSA (National Club Softball Association) Mid Atlantic North conference for their 2014 - 2015 season! This means we will play schools nearby, such as Rutgers, Rowan, SJU, TCNJ, Lafayette and others. For now, we have open weekend scrimmages with schools who over to play with us! We're really excited to have started this club and to finally start playing again!

#### commworks

CommWorks meets on Wednesdays at 2:30 pm in Plangere room 235.

#### Alpha Psi omega

Alpha Psi Omega, the National Theatre Honor Society, will be inducting our first pledge class on March 27.

#### The Running club

The Running Club will be meeting this semester on Tuesdays and Thursdays at 4:30 pm. For now, we will meet at the track in the Multipurpose Activity Center (MAC). When it gets warmer, we will run outside more often. Contact Club President Mitchell Parker by emailing s0888670@monmouth.edu for more information.

#### university catholic center

Catholic Mass is held at Withv Chanel at 12 nm Monday through Thursday. Tuesday and Thursday masses are in Latin. Catholic Mass is also held on Fridavs at 11:30 am at Withey Chapel and Sunday Mass is held at the Catholic Center at 7 pm.

#### Accounting Society

Accounting students mark your calendars! On April 17, the Accounting Society will be hosting its first annual networking event in Wilson Hall. You will have the ability to interact with accounting professionals, alumni, and faculty. Don't miss out on this rare opportunity to connect with many industry professionals and learn more about public and private accounting.

#### Italian club

Festa Italiani will be held on April 2 from 11:30 am - 1:00 pm in Wilson Auditorium.



#### What should students experience before they graduate?

COMPILED BY: ALYSSA GRAY



Nick senior

"Any kind of extracurricular activity. I feel that everyone here needs to experience life outside of the classroom."



Gabrielle junior

"Probably living on-campus. It gives you a sense of independence and some responsibility for yourself instead of running to your parents."



Kc senior

"Every student should experience one club or some sort of activity. You can meet a lot of people with the same interests as you."



Katie senior

"Go to West End probably because it's a part of the Monmouth culture and community."



Jason senior

"The opportunity to study abroad if they can do so."



Mike sophomore

"Experience Greek life because it's a way to make connections and friends for the future."



Natalie sophomore

"I'm in a sorority and I love it so Greek life is definitely a good thing. You get to meet a lot of people."



Christina sophomore

"Studying abroad. I've met a couple of friends who've studied abroad and said it was the best experience of their life."



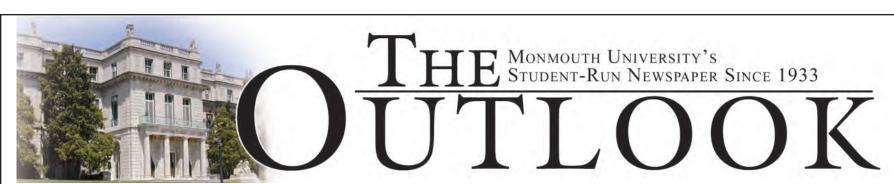
Derek junior

"The different atmosphere on-campus and the different buildings. Go to each one even if you don't have a class there and see what it's like."



Dominique freshman

"Greek life because personally I wasn't going to do greek life but as you go through the process of it you make great connections with people."











Newspapers come out every Wednesday! Email: outlook@monmouth.edu (732) - 571 - 3481



Residential Life is now accepting applications to live at Pier Village and the University Bluffs through March 3rd

Find the application at monmouth.edu/reslife

Email questions to imiele@monmouth.edu

















## Music & Madness

Tuesday, March 25th 7:00p—8:30p Woods Theatre



A Journey through Bipolar Illness in Music & Stories by Rob Chaseman

Sponsored by Counseling and Psychological Services
For special accommodations, please contact Counseling and Psychological Services prior to event at 732-571-7517 or mucounseling@monmouth.edu

#### IT GRADUATE SPOTLIGHT: Melissa Leitch

Melissa Leitch: "I cannot stress enough the importance of obtaining an Information Technology degree."

May 2013: MBA

May 2011: BS Business Administration with concentration in Marketing

"As a Marketing Major and Information Technology minor, I was equipped with the necessary tools and skillset needed to open the doors for success in the business world. In fact, the first position I received right out of college as a Marketing Coordinator would not have been awarded to me without my knowledge of html source code/website building."

Melissa's success story is just one example of the IT Minor jumpstarting a career.

There are opportunities in any major. Just take a look at your phone...













From Facebook to fashion, tweeting to textbooks, video streaming to stadium seating technology – such as mobile app and web site development - is hot.

Pair your major with an Info Tech Minor for maximum potential.

Contact your advisor about taking an IT class, or email Prof. Kretsch at jkretsch@monmouth.edu

IT100/IT102/IT150 - Information Technology

IT200 – Advanced Information Technology

IT250 – Internet and Network Technology (Web Design & Development)

**IT300** – Windows Applications: Program Design and Implementation

IT450 – Information Systems Project Management (experiential ed - build live websites, and design/build database systems for local business and non-profit clients)



### **MOMENTS AT** MONMOUTH





#### **COMICS**

"MISGUIDED UNDERSTANDINGS" BY ALYSSA GRAY



A SO-YOU-SAY COMIX #40

**COPYRIGHT 2014** All Rights Reserved STUDENTS OF ALL YEARS GET READY TO HEAD TO THE COMMUNICATION CAREER EVENT HELD IN WILSON HALL. (PHOTO COURTESY OF ALYSSA GRAY)

**TOP RIGHT:** 

GUMBY DECIDES TO TAKE ADVANTAGE OF NICE WEEKEND WEATHER AND WALK HIS DOG DOWN CEDAR AVENUE. (PHOTO COURTESY OF BRIANNA MCCABE)

BOTTOM LEFT:

DYLAN MAYNARD, FIRST PLACE, AND SALIHA
YOUNAS, SECOND PLACE, WERE AWARDED TWO
TOP SPEAKER AWARDAY AT THE PROPERTY. AWARD WHILE AWAY AT THEIR DEBATE IN SACRAMENTO, CA. (PHOTO COURTESY OF JESSICA ROBERTS)

#### **HEYMONMOUTH!**

INTERESTED IN SHARING YOUR MOMENTS?
SEND YOUR PHOTOS TO ANY OF THE
FOLLOWING EMAILS AND YOU JUST MIGHT
HAVE THEM FEATURED IN THE "MOMENTS AT
MONMOUTH" SECTION!

OUTLOOK@MONMOUTH.EDU OR S0848553@MONMOUTH.EDU

#### MU Women Make it to Second Round of Playoffs

**EDDIE ALLEGRETTO** 

soared past no. 8 Niagara by the final score of 66-62, in the first round of the MAAC Championthe win, the Hawks were set to face top-seeded Iona on Friday, March 8. The Purple Eagles ended their season at 10-20.

Freshman forward Christina Mitchell led the way for the blue and white, posting a double-double of a career-high 14 points and 13 rebounds. Among those was a pivotal rebound and put-back in the closing minute of the game.

Senior forward Chevannah Paalvast compiled 12 points and four rebounds, while freshman guard Helena Kurt added 11 points and four assists. Sophomore guard Jasmine Walker and freshman guard Mia Hopkins both chipped in with eight points.

As for Niagara, Chanel Johnson MU by the score of 57-49. had 14 points and six rebounds. Meghan McGuinness posted 13 points, while Taylor McKay and Val McQuade contributed 11 points apiece. Kelly Van Leeuwen dished out a game-high nine as-

game's first four points. They then increase the lead to 62-59. McKay added to the lead off of a transi-

lead with 12:18 remaining in the first. With MU still trailing by four, The women's basketball team freshman center Sophie Beaudry hit a free-throw that started a 10-0 run for the Hawks

Sophomore guard Kasey Chamships on Thursday, March 7. With bers knocked down a three-pointer from the top of the key to tie up the game at 21-21 with just over five minutes before halftime. With 3:35 left in the half, the blue and white gained their first lead of the game thanks to senior forward Shira Shecht's two free-throws. Kurt added a lay-up to complete the 10-0 run increasing MU's lead to 27-21 with 1:43 left in the first.

Johnson scored the final three points of the half to chip into the Hawks lead. At the break, the blue and white led 27-24.

The Purple Eagles started off the second half with a three-pointer to tie the game. This half had a lot of back and forth until Niagara jumped out to an 8-0 run and led

With 7:01 remaining in the game, the Hawks went on a 7-0 run and cut the lead to 57-56. Junior forward Sara English scored off of a post move to put the blue and white ahead 60-59 with 3:07 left.

With just over a minute to go, The Purple Eagles scored the Hopkins nailed a 14-foot jumper to was sent to the line and hit 1-of-

tion turnover, holding a six point 2 free-throws with 1:03 left. The I'm really happy that we're able to the game at 6-6. Adams broke the Hawks used the entire 30 seconds to set up a play, as Paalvast took a jumper at the buzzer but, Mitchell grabbed the rebound and scored off a put back to give the Hawks a 66-60 lead with 31 seconds remaining. Johnson hit two free-throws to trim the deficit to 64-62. Hopkins also reer. She became the 17th player

stay another day and experience this great MAAC Tournament."

The Hawks then fell to Iona by the final score of 71-56.

Paalvast led the way for the blue and white scoring 13 points including her 1,000th in her cahit a pair of her own, to end the in Monmouth Division I history to

#### back jumpers to cut the lead, but, Iona went on a 7-0 increasing the lead to as many as 12 points. By half time, the Hawks were down 33-25. The blue and white trailed by nine, with 17 minutes

left in the game, until they capped a 7-0 run. Walker started things off with a three; Kurt followed with a steal and knocked down a jumper. Walker ended the run with a lay-up

8-8 tie with a jumper at the 16:08

mark in the first; the Gaels would

Paalvast and freshman forward

not trail the remainder of the half.

Jenny Horvatinovic answered an

Adams three-pointer with back to

with 15:38 to play.

The run extended to 13-3 when Paalvast hit a three-pointer, and Beaudry scored on a conventional three-point play to give MU their first lead of the game 42-41 at the 13:13 mark in the second half. Their first lead was thanks to a 17-4 run in just over five minutes.

With the game tied 48-48 with 7:47 remaining, the Gaels went on an incredible 23-8 run to end the game with the final score of 71-56.

"I'm really disappointed. We came into this game with high hopes," said Coach Palmateer. "We ran out of gas a little bit and they're a team that can take advantage of that, and take advantage in a hurry. But I'm really proud of our team.'

#### "I'm really disappointed. We came into this game with high hopes ... But I'm really proud of our team."

JENNY PALMATEER **Head Coach** 

game at 66-62.

For the game, MU outshot Niagara, 41.8 percent to 35.9 percent from the floor and 77.8 percent to 69.2 percent from the free-throw line.

"I'm just cloud-nine excited right now. I'm really happy for this group. We've been through a lot this year," said head coach Jenny Palmateer. "It's been a lot of ups and downs. As the newbies to the conference and to be able to pull off a win against a very-talented Niagara team that has just caused us fits all season long, it's really great to be advancing in the tournament.

score 1,000 career points. Kurt also contributed 13 points, which ties her season-high. She also dished out three assists. Walker tallied her third double-double of the season with 12 points and 10 rebounds.

For Iona, Joy Adams scored a double-double of her own compiling 29 points and 16 rebounds, eight of which were on the offensive glass. She also added five steals. Damika Martinez scored 23 points and grabbed five rebounds.

In the beginning of the game, Iona jumped out to a 5-0 lead, but the Hawks answered back scoring six of the next seven points to tie

#### Hawks Eliminated from MAAC Championships

KYLE WALTER ASSISTANT SPORTS EDITOR

The men's basketball team was eliminated from the MAAC Conference Tournament this past Thursday, March 6, when they fell to Rider University 71-60 in the tournament's first round. With the loss the Hawks 2013-2014 season officially comes to an end.

MU ended their season with an overall record of 11-21, and a 5-15 conference record in their inaugural season in the MAAC.

"This league is an every day, every play league," said head coach King Rice when asked about the season. "We had some very very exciting nights, and I

Despite the loss, three Hawks managed to notch double-digit points on the night. Junior guard Deon Jones led the way with 18 points on 5-8 shooting on the game. Jones was also a perfect 8-8 from the free throw line. Freshman point-guard Josh James chipped in with 11, and junior guard Andrew "Red" Nicholas was right behind him with 10 of his own. James also led the Hawks with six assists while Nicholas grabbed a team high six rebounds.

The Hawks started the game off well with a quick run that put the team up 6-0 with just three minutes gone by, but Rider anthink we learned some valuable swered right back with ten points

lessons. Tonight we just got beat in less than a minute and a half to by a better Rider team." in less than a minute and a half to go ahead 10-6 at the 15:30 mark grab a 46-38 lead with around 11 get closer the rest of the game as of the first half.

> Play then evened out for the next ten minutes with both teams trading baskets. Trailing by three junior guard, and team captain, Max DiLeo knocked down a shot from beyond the arc to bring MU even with Rider at 19, and three more baskets then gave the Hawks a 25-21 lead with 5:24 remaining in the first half.

> From that point on the Broncs were able to seize momentum, however, and a 14-6 run gave RU an eight point advantage as both teams headed to the locker room.

MU again played well to open up the half, this time in even more dominating fashion, as the blue and white went on a 21-5 run by Daniel Stewart put the Broncs work and get better.'

minutes left to go in the game. Jones got the run started when he turned a James steal into a slamdunk, and three-point play, that got the rest of the Hawks fired up. During the run Jones, James, and Nicholas accounted for 19 of the 21 points.

The Hawks lead did not last long, however, and at the 8:29 mark an Anthony Myles three capped off a 10-0 Rider run to put the Broncs back in front 48-46. Jones managed to tie the game at 48 with two free throws just 15 seconds later, but Jimmie Taylor hit another three for RU to give them back the lead.

Just a few moments later a dunk

Rider hit seven free throws down the stretch to seal the victory.

The loss marks a disappointing end to the season for the Hawks who were 10-10 on Jan. 23, but then suffered a nine game losing streak to fall back in the standings. However, MU was extremely young on the year, and, with all of their players returning, the team looks to have more success in the future.

"We definitely want and need to win more games," said Rice about the future. "But our program is going in a great direction, and I love these kids. We have a great group of kids. I'm proud of this group, and we'll continue to

#### Track and Field Post Strong Finishes at ECAC/IC4A

MIKE MORSE

The men and women's track ille, eighth out of 86 teams. These are the highest finishes at the ECAC/IC4As by both MU's men and women in program history, marking a major milestone for the athletes, and the program.

Competing against some of the most competitive athletes and institutions in the north east, MU managed to produce All-East Honorees in 12 events.

"Finishing among the top teams at this championship has always been a big goal for our program, and this team made some history this weekend," head coach Joe Compagni said.

In the IC4A's, freshman Dylan Capwell had one of the most impressive finishes of the run with a time of 1:50.16. To qualify for a regional event as a nearly impossible.

strong showing when he, along with junior Andrew Langsophomore Domenick and field teams both had record D'Agostino, and junior Alex finishes in the ECAC/IC4A Leight ran a 4x800 meter relay Championships at Boston Unitime of 7:23.75, good enough for versity this past weekend. The second place in the event and an more

Capwell had yet another a distance of 65 feet, 6 1/4 inches enegbe. setting not only a school record but securing him an Allplaced third in the shot put. Ju-

men placed fifth out of 100 MU school record. This was the joined Jeffrey in All-East honteams and the women placed second time the men's 4x800 ors for the shot put placing

#### "Finishing among the top teams at this championship has always been a goal for our program ... "

JOE COMPAGNI **Head Coach** 

was on Saturday, March 8 when the men ran 7:28 to qualify for the finals.

Aside from the middle distance events, Jalen Walker also posted an impressive finish in the sprints, placing fourth in the 60 meter hurdles with a time of 8.03 seconds. All of the year as he won the 800 meter mentioned received All-East Honors.

For the men's field, it was sefreshman is rare, and to win is nior Errol Jeffrey once again, freshman McKenna Coakley,

broke a school record. The first sixth and seventh respectively at 55'9.25" and 55'9".

The ECAC's provided just as impressive performances as the men. Junior Kate Frye placed sixth in the 60 meter hurdles with a time of 8.91 seconds, earning All-East honors. Frye also assisted the 4x400 meter relay team to fifth place in a very tight race.

MU's other relay members included senior Laura Williams, who won the weight throw with and freshman Antoinette Isek-

The women's field events, senior captain Tilah Young placed East honor as well. Jeffrey also fifth in the weight throw, senior Rachel Aliotta placed sixth in the shot put, and junior Lauren Taylor Bernstein and sopho- McDonald placed sixth in the Tevin Kirby-Stewart pole vault. These women all received All-East nonors as well, rounding out the men's and women's totals of 14 All-East athletes across 12 events.

The Hawks will send senior Mariah Toussaint to the NCAA Division I Women's Indoor Track & Field championships in Albuquerque, NM on March 14 to compete in the long jump.

"We've had a few women make it to the NCAA Div. I Women's Outdoor Track & Field Championships, most notably Rachel Watkins, who earned All-America honors last year in the 400 hurdles, and Tisifenee Taylor, who earned All-America honors in the long jump in 2007," Compagni continued. "The Indoor Championships are the hardest to make, as they only accept 16 athletes per event from across the country. When you look at the schools that have athletes qualified this year in different events, you can see we're in good company!"

#### Notable Performances...

Mariah Toussaint has jump top 10 and will become the first MU athlete in program history to compete in the NCAA Women's Indoor Championships. She also becomes the first ECAC Indoor Track & Field Champion in school history.

MU's previous best IC4A/ECAC was in 2011 when the women finished in 17th place with 21 points and in 2012 when the men finished in ninth place with 27 points. This year, MU placed eighth in the ECAC and fifth in the

**Seven** is the total number of IC4A Championships men's track and field team have

**Jon Kalnas** is the only previous Monmouth University male athlete to qualify for the NCAA Indoor Championships.

#### MU Baseball Ends 1-2 in Navy Tournament

MAGGIE ZELINKA SPORTS EDITOR

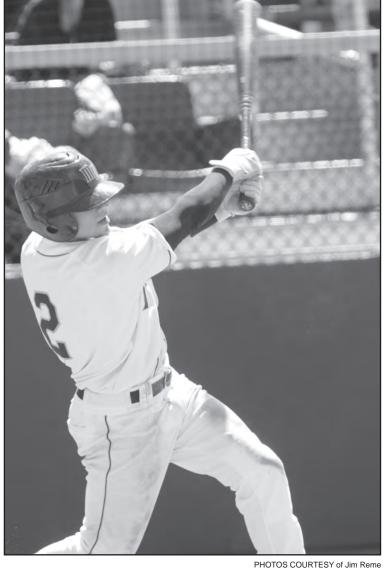
The baseball team travelled to Max Bishop Stadium in Annapolis, Maryland for a tournament against Towson University, Navy, and University of Pennsylvania this past weekend. With the two losses and one tournament win, the men currently post a 2-7 record.

The Hawks began the tournament with a loss to the Towson University Tigers on Friday, March 7. Starting pitcher senior Andrew McGee was able to hold the Tigers' offense to four hits and no runs until the fifth inning. Towson broke the scoreless game when junior Peter Bowles doubled down the left field line and drove in two runners. Senior Dominic Fratantuono continued the streak with a single to centerfield plating Bowles

MU had a decent chance to earn some runs in the third inning when senior Joe Bamford tripled to right center. However, sophomore Robbie Alessandrine then grounded out to first while junior Steve Wilgus grounded out to short. With two outs, senior Jon Guida grounded out to third.

We did strand some opportunities," head coach Dean Ehehalt said. "I think as we start to practice more and get outside more that will kind of take care of itself.

The Hawks were given another prime opportunity to advance their runner in the fourth when senior Jake Gronsky doubled down the line to start the inning. Sophomore Danny Shea followed with a deep fly to center which was caught by Towson. Senior Danny Avella advanced Grosnky to third on a sacrifice bunt which brought junior Craig Sweeney to bat. Sweeney was able to connect and send the ball out to left Navy, March 8. The game was field, but it was caught by Towson. The blue and white left a ever, it was not enough as Navy total of six runners on base during the game.



Robbie Alessandrine (above) has started at third in every game this season and leads the team in RBI's with four.

With the loss, MU fell to 1-6 while Towson improved to 7-3. This now marks Towson's best opening record since 2001. The Tigers' win also propels their starting pitcher, junior righthander Chris Acker to 13.1 consecutive scoreless innings. Mc-Gee is now 1-2 for the season.

The Hawks tried to push past the Towson loss as they faced the tournament's host team, tied three different times; howwon 4-3 via a walk off double from Robert Currie.

"It's a typical Monmouth verse Navy game. One run typically wins those games and they take advantage of every mistake you make," Ehehalt said. "We took advantage earlier in the game of a mistake they made. It was a good baseball game and someone had to lose, unfortunately it was us."

Sweeney carried the team as he scored one of the three runs and two of MU's six hits. Junior TJ Hunt started for the Hawks and last 5.2 innings giving up three runs while fanning four. Sophomore Frank Trimarco set for 3 pm.

threw the following 2.2 innings giving up one run on four hits. Trimarco was also given the loss. Navy's starter Stephen Moore was on the mound for eight innings giving up two runs, one earned off four hits. Navy's Currie and Drew Hayes had the most hits of the day as each went 3-for-4. The loss snaps MU's three game winning streak against Navy.

The Hawks finished the tournament with a 7-5 win against the University of Pennsylvania Ouakers on Sunday, March 9.

UPenn held an early advantage as Marshall Harden connected for a double which sent teammate Austin Bossart home in the first inning.

The blue and white retaliated in the fifth when they were able to load the bases. Alessandrine was the first to receive an RBI with a base hit to tie the game. Freshman Grant Lamberton then cleared the bases with a double to left center giving MU

a three run advantage.
The Hawks scored three more runs during the eighth inning. Senior Jake Gronsky and Avella started the rally by gaining back-to-back walks. Sweeney connected for a single bringing Gronsky home. Jacobson was able to increase MU's lead with a RBI double. The men scored their final run of the game when Alessandrine drew a bases loaded walk.

UPenn answered with three runs of their own in the bottom of the eighth but couldn't do enough damage to earn the win. The final score was 7-5 in the Hawks favor.

Starting pitcher, junior Chris McKenna, picked up his first win of the season allowing only one run on four hits. Sweeney and Jacobson led MU offensively with two hits a piece while Lamberton plated the most run-

The team will be back on the field Friday for a three game series at George Washington University (3-9). First pitch is



The women's bowling team finished 20 out of

29 teams this at the Music City Classic hosted in Nashville, TN this past weekend. The Hawks were led by sophomore Kaitlyn Reth who finished 16th overall with a 201.3 average.



Softball split their weekend with an 8-7 loss against Cornell and a 3-0 win against George Mason all while play-

ing in the Mason Invitational. Junior Breanna Sniffen threw five innings against Cornell allowing three runs

off seven hits and two walks. Freshman Sydney Underhill pitched the final two innings and gave up five runs on four hits. Sophomore catcher Jill Freese led the Hawks offensively with a grand slam.

While Underhill was attributed with the loss against Cornell, she bounced back and helped defeat George Mason.

Pitching a complete game shut out, Underhill struck out five during the contest.

After the weekend, the teams record stands at 4-5.

Freshman midfielder Claudia LaMarca has been named the MAAC Rookie of the Week after MU's 13-4 win over the Wagner Seahawks.

LaMarca scored on two of her three attempts in Saturday's game. The pair of goals moved her to fourth on the Hawks top scorers this

#### **UPCOMING GAMES**

Friday, March 14 Bowling at USBC Sectionals

TRCK at NCAA D1 Champs. Albuquerque, NM TBA

SB at Santa Barbara Tourney Santa Barbara, CA TBA

BSB at George Washington Washington, DC 3:00 pm

Saturday, March 15 BSB at George Washington Washington, DC 12:00 pm

WLAX at Towson Towson, MD 1:00 pm

MLAX at Canisius Buffalo, NY 3:00 pm

SB at Santa Barbara Tourney Santa Barbara, CA TBA

Sunday, March 16 BSB at George Washington Washington, DC 12:00 pm

Women's Golf C&F Bank Intercollegiate First-Round Williamsburg, VA TBA

MGolf Spring Trip Port St. Lucie, FL TBA

Monday, March 17 MTennis at Morgan State Baltimore, MD 1:00 pm

Women's Golf C&F Bank Intercollegiate Second-Round Williamsburg, VA TBA

#### Lacrosse Off to a Rocky Start

#### Women Earn First Win

**EDDIE ALLEGRETTO** STAFF WRITER

The women's lacrosse team ing in the game. overpowered the Wagner Seahawks on Saturday, March 8 the Seahawks on the board when at Kessler Field. With the win, she scored an unassisted goal the Hawks improve to 1-3 while with 18:30 left to play. The trio of wagner lalls to 2-3

Stephanie Anderson, Danielle 13-4. Rakowitz and junior midfielder Allison Stathius each scored three goals to lead the Hawks to their first win. MU is now 18-0 all-time against their former Northeast conference rivals.

The blue and white jumped out of the gate by scoring four goals in the first five minutes of action, including two goals from Anderson. Rakowitz scored the first goal of the game at the 28:35 minute mark off an assist from junior midfielder Emily Barbieri.

Freshman attacker Alexandra Stambaugh put the Hawks up 5-0 when she scored her first career collegiate goal. MU would tally three more goals in the first to go into the half with an 8-0 lead.

The Hawks were not done yet; their lead expanded to 10-0 after freshman midfielder Claudia La-

the game. Sophomore midfielder Marial Pierce scored on a freeposition shot with 22:50 remain-

Wagner's Jessica Roberts put Anderson, Rakowitz, and Stathi-MU controlled the game from us scored three more times in the start to finish. Senior attackers final 16 minutes to ice the game

Hawks junior net-minder Katie Donohoe tallied 12 saves on the day. The blue and white outshot the Seahawks 30-27, including 20-7 in the first 30 minutes of

'We were really hungry for a win. We worked well together and I think we went after the ball a lot harder today. We fought for the draw a little bit more, I thought we handled their pressure in the midfield to get the ball up the field and our attack woke up today,' said head coach Denise Wescott. "I thought our defense played very well just working together keeping their drivers off the goal cage. Katie's a good goalie, she made some really great saves

The Hawks return to action and will face No. 11 Towson on Satur-

#### Men Lose 20-4 against RU

MAGGIE ZELINKA

The men's lacrosse program has started off their inaugural season 0-4 as the Hawks fell 20-4 against Rutgers University at High Point Solutions Stadium match. MU's starting goalie, on Saturday, March 8.

"Rutgers came out of the gates fast and made some nice plays early on that, combined with some simple fundamental mistakes on our end, put is in a hole," said head coach Brian Fisher. "They are a very good team and certainly made us pay for those mistakes throughout the game."

Rutgers pulled ahead early in the match with a 6-0 lead in the first quarter. The Scarlet Knights scored two more goals before MU got on the board. With 11:56 left in the first half, freshman Kevin Murphy made an unassisted goal, his third of the season. The Hawks were down 11-1 at halftime.

The Scarlet Knights furthered their lead as they scored six more goals in the third period. Before the third ended, MU's freshman Tim Kemner answered with an unassisted goal of his own making the score 17-2. Freshman Eric Marca scored her second goal of day, March 15 at Unitas Stadium. | Berger opened the fourth period is scheduled for 3 pm.

with another score pulling the Hawks to a 14 point margin at 17-3. The blue and white's final goal came from freshman Tyler Keen. The game ended at 20-4 in Rutgers' favor.

MU was outshot 55-26 in the freshman Nick Hreshko, made 12 stops in net during the first half. Transfer from Essex/Howard Community College, junior Garrett Conaway, was in the net for MU during the second half and made five saves of his own. With the win, the Scarlet Knights improve to 4-2.

As of now, freshman Chris Daly leads the Hawks in total points with his four goals and two assists. Freshman Dan Bloodgood also has four goals and is in a seven way tie for second in assist with one.

Freshman Marco Mosleh is the Hawks best face off representative winning eight of 34 in the four games he has played.

Conaway leds the Hawks in net with 32 saves and a 9.71 goals against average.

The Hawks return to play on Tuesday, March 11 at Monmouth Stadium to face the Bryant University Bulldogs (3-2). Start time





The baseball team took an early lead in their final game of the weekend against the University of Pennsylvania Quakers, and held on late to get their second win of the young season. They'll look to use this momentum as they head into the meat of their schedule and begin conference play.