

THE OUTLOOK

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Dr. Golam M. Mathbor with Professor Laura Ortega Garcia in Mexico City for his lecture.

PHOTO COURTESY of Dana Silverman

Social work professor lectures in Mexico City

DANA SILVERMAN
CONTRIBUTING WRITER

Dr. Golam M. Mathbor, Associate Professor and Coordinator of the International and Community Development Concentration in the Department of Social Work, was invited to lecture on "International Curriculum Development for Social Work Education" by the National University of Mexico (UNAM), National School of Social Work (ENTS) in Mexico City on March 10, 2005. Between six and seven hundred students, faculty, and practitioners attended the

lecture and exchanged dialogue and ideas regarding curriculum development in a globalized world.

Dr. Mathbor opened the presentation by citing the following words by Pope John Paul II expressed on December 15, 2003: "In today's world, it is not enough to limit oneself to the law of the market and its globalization." He then went on to share an additional quote, relevant to Mexico, of Pope John Paul II which describes the detriment of this hegemonic structure within the new world order, "Solidarity must be fomented

avoiding the evils that stem from capitalism, which put profit above the person and makes the person victim of many injustices."

Dr. Mathbor built upon these quotes by stating that a development model that does not take into account and address these inequalities cannot prosper. He further explained that market is extremely important to analyze as it creates good and services exposed to global forces. However, market should not set the social priorities. The determination

[See SOCIAL on page 3]

GUP annual convention coming soon

This year's focus placed on making a difference through local and global connections.

The Global Understanding Project is set to host their fourth annual, week-long convention from April 11-16 featuring over 50 events including various panels, keynote speakers and films presented under the theme set forth by this year's title "Making a World of Difference: Local-Global Connections."

"The Global Understanding Project is designed to bring about awareness and understanding of global issues and bringing about, hopefully, empathy and connectedness with the rest of the world, including the United States," said Dr. Saliba Sarsar, Associate Professor of Political Science and Associate Vice President for Academic Program Initiatives. He has been a driving force of the Global Understanding Project (GUP) and its annual, week-long conventions for the last few years.

"The focus is set on how local individuals, organizations and even nations can make a difference.

For us, global is not just what is beyond the border of the U.S. Global issues affect us here in our New Jersey communities," said Sarsar.

Gillian Sorensen is scheduled to deliver this year's keynote address following the welcoming remarks

from President Gaffney on Monday, April 11 at 10:00 a.m. in Wilson Auditorium. Currently, Sorensen is Senior Advisor and National Advocate at the United Nations Foundation. She has devoted about 25 years of her life to working with and for the United Na-

tions, holding several different positions. Her address is titled "Humanitarian Relief: Saving Lives, Changing Lives."

"Her experience with the United Nations is priceless," said Dr. Gilda Agacer, Chair of Department of Accounting and Business Law and co-chair of the Global Understanding Convention committee.

[See GUP on page 4]

"The GUP is designed to bring about awareness and understanding of global issues."

DR. SALIBA SARSAR
Associate Vice President for Academic Program Initiatives

I'm Rich! Beeyatch! Tour comes to MU

SUZANNE GUARINO
CONTRIBUTING WRITER

PRITI OJHA
COPY EDITOR

Last Wednesday, the Student Activities Board (S.A.B.) hosted the Spring Major Event in Polak Theater with the "I'm Rich! Beeyatch! Tour," starring comics from the popular *The Chapelle Show*.

Featuring Donnell Rawlings, Bill Burr and Charlie Murphy, the event sold out to a crowd of more than 700 M.U. students, of which many arrived promptly at 8:15 p.m. for the doors' opening.

Unfortunately, however, the comedians arrival was delayed due to inclement weather. The show, which was set to begin at 9 p.m., commenced 50 minutes late, after a series of unfortunate events for the S.A.B. Executive Board.

As time had passed and students were waiting, the audience grew wildly impatient, yelling comments such as, "I've got class in the morning!" and "I still have homework to do!" The sound of

people moaning "boo" resonated throughout Pollak.

In hopes of appeasing the audience, the S.A.B. E-board introduced themselves one-by-one and then initiated a game in which students could win an event t-shirt.

"Originally we were just going to toss them to the audience," said Christine Schumann, organizer of the event. "But because the performers were late, we played the game in order to keep the audience busy."

The game was based on audience members possessing certain unique items, like a picture of their mom or eyes that were two different colors. The person with the item that was first to the stage won a t-shirt.

Afterwards, frisbees, beach balls, and stress balls in the shape of fish were thrown into the audience. Of those that caught the various goodies, some kept them for themselves, while others threw them throughout the audience to "play." Some people threw the items back onto the

stage, hoping to make it clear that all they really wanted was for the show to finally begin.

"I think it's absolutely absurd that we've been waiting since 8 p.m. We've got things to do," said junior Will Zepeda. "This doesn't reflect well on SAB."

Just as the students seemed to have had enough, "boo's" turned to laughs when Joe Lizza, President of S.A.B., introduced Donnell Rawlings to the stage. With jokes about rappers cursing and the effect masturbation has on prostate cancer, Rawlings certainly had the audience laughing.

As Bill Burr graced the stage around 10 p.m., it seemed as though the laughter was endless. Burr discussed topics like what it is like to be white walking through a black neighborhood, high school math, and the Olsen twins.

"You can't weigh 32 pounds and have your eye balls take up 28 of that," Burr commented.

Rawlings then returned to stage, talking about relationships and war.



PHOTO BY Jeff Humbert

The comics took time to do an interview with The Outlook after taking the stage.

At 10:45 p.m., the headliner, Charlie Murphy, was introduced to the stage. With music blasting and a standing ovation, the "storyteller" began his slow-paced act, in which he discussed the Michael Jackson case, the tsunami,

and steroids. He also joked about being Eddie Murphy's brother.

Although the show had a rocky start, it was a complete success once the performers took the stage.

[See COMEDIANS on page 20]

SCREAM Theater addresses dating abuse

JOE CORCIONE
OPINION EDITOR

Counseling & Psychological Services sponsored SCREAM Theatre Wednesday, March 23, 2005 at Wilson Hall Auditorium.

SCREAM (Students Challenging Reality and Educating Against Myths) Theater is an interactive theater program that is created and acted by Rutgers University undergraduate students from various fields of study. The skit performed addressed themes of sexual assault, dating violence, and interpersonal violence.

The actors portrayed a heterosexual couple within a circle of friends. The man in the relationship was physically and verbally abusive toward the woman. The man was also physically and verbally abusive to a male friend when confronted about being abusive toward the woman.

The skit used strong language to help capture feelings of abuse. After the skit, actors remained in character and answered questions from the facilitator and the audience. "Relationship abuse can be verbal, emotional, or physical, and often a combination of these," said Megan Price, facilitator of SCREAM Theatre and coordinator of Peer Education at Rutgers University.

The skit addressed the different forms of abuse and the issues that arise in abusive relationships. The issues of power, control, and entitlement lead to violence from the abuser, which escalates between the three stages of the battering cycle- the tension building stage, the acute explosion stage, and the honeymoon or recapturing stage.

"It's difficult to make sure the victim is getting the support needed so they feel empowered to leave the abusive situation," said Price. "It's not as easy as just telling them to walk away, because relationships deal with lots of commitment, trust, and love, so the cycle of violence enables the perpetrator of the abuse to pull the victim back easily."

SCREAM Theater's powerful message brought awareness to the dangers of dating violence and left a strong impression upon the audience. "SCREAM Theater made me realize that a lot of my friends have been in denial of their

own abusive relationships, and I pictured my friends as I watched," said Jennifer Milgraum, a senior year student at Monmouth. "I think college students are at an age where they are dating more than ever, so they are even more susceptible to threatening situations. I would love to see students at Monmouth start a group like SCREAM Theater and bring light to issues like this."

SCREAM Theater hopes to emphasize the seriousness of relationship abuse, something that is accompanied by many misconceptions but often goes without much discussion.

"I hope that those who attended SCREAM Theatre acknowledge that abuse exists, is very common, and that this is a problem," said Dr. Franca Mancini, Director of Psychological Services at Monmouth. "We need to come out of the silence, admit dating violence exists, and take responsibility for our behavior. Even when you blame the perpetrator, the victim is still partially to blame because they can choose to step away from the abuse."

The coordinators of SCREAM Theater hope that people understand the extent and severity of dating and relationship abuse.

"Programs like SCREAM Theatre deliver a message we all need to hear and deals with issues we all need to embrace," said Dr. Mancini. "Dating violence is not funny, it's not cute, it's not macho, it's not just a male violence issue, and it's not a small thing- it's abuse. Students tend to think this doesn't apply to them, but when you are the brother, sister, parent, or even a friend of someone being abused, it does apply to you."

SCREAM Theater travels the United States to educate groups and initiates dialogue about issues of interpersonal violence, including sexual assault, dating violence, same-sex violence, stalking, bullying, and peer harassment. The skits are developed for specific communities such as high school students, college students, community groups, social service agencies, and law enforcement.

For more information on dating violence or SCREAM Theatre, visit <http://sexualassault.rutgers.edu> or contact Counseling & Psychological Services at (732) 571-7517.



PHOTO COURTESY of Lindsay Shaner

Freshman Serena Markman won a free American Airline round trip ticket that she used to fly to California for Spring Break.

Student wins free plane ticket through Aramark

LAUREN NAPOLITANO
ASSISTANT NEWS EDITOR

Freshman Serena Markman won a free American Airlines round trip ticket in January after filling out the Aramark Campus Dining Styles Survey for the fall semester. The survey is conducted every semester to better the food service for the campus population.

Every semester the Dining Styles Survey is conducted through e-mail to students on and off campus, faculty, and staff. The survey is made by an independent company Aramark hires to post on the web for students on campuses all over the country.

Eric Savoie, Food Service Director of Aramark, said, "It's a link that gets sent to us by this independent company and then that's what gets sent in the invitation to the students to fill out," said Savoie.

"My company, which is Aramark, hires this company to do the same thing at every school in the nation. So it is not just a Monmouth survey. The same survey is conducted in 1,000 different universities and colleges."

Before this spring semester, Aramark was unable to send out a mass e-mail to all Monmouth students due to restrictions administered on the survey. Savoie said past surveys were not well responded, acquiring about 100 student responses due to the lim-

"I was shocked, but really happy. Plane flights are expensive and I found out just in time for spring break."

SERENA MARKMAN
Freshman

ited e-mails they were allowed. For this spring semester, Aramark was able to send out a broadcast e-mail, resulting in a response of about 600.

During prior surveys, Aramark posted reminders all over the university inviting students to go on the web to fill out the survey to generate feedback for the company.

MEET MU: Susan Stehle

Instructor at the Guggenheim Library

JACQUELINE KOLOSKI
ASSISTANT FEATURES EDITOR

Susan Stehle is the instructor in the Guggenheim Library at Monmouth University. She has worked at Monmouth University for four years.

At the Guggenheim Library, her primary responsibilities are teaching and reference.

"I do reference desk eight hours during the day and all librarians work one evening which is a 2 p.m.-10 p.m. shift because we provide reference services from 9 a.m. till 10 p.m. Monday through Thursday and then 9 a.m. -5 p.m. Friday. We hire adjuncts for the weekend," explained Stehle.

Stehle is originally from New York City and attended college and graduate school there as well.

"I went to Hunter College in New York City. I also have a master's degree from Hunter in Spanish," said Stehle. She also stated that she taught Spanish in New York City at the high school level years ago.

In 1988, Stehle returned to school where she received her Library Science degree from Rutgers University.

Prior to coming to Monmouth University, Stehle worked at AT&T and NCR doing competitive intelligence work.

"Before I worked here, I worked

for both AT&T and NCR doing competitive intelligence work which basically means that I worked for product and project managers providing them with information on our competitors,"

"I think that if you enjoy each day and you try to get the most out of each day it just makes your life a lot happier."

SUSAN STEHLE
Library Instructor

explained Stehle.

Stehle is married and has three children, three step children, and 7 and a half grandchildren.

She has a variety of hobbies that include travel, reading, sports (she is a baseball and hockey fan), and is interested in Southwest art, Native American art, and pottery.

As far as traveling goes, she has traveled some in Europe and throughout the United States.

"I have traveled throughout the

United States. We have done a lot of traveling in the Southwest which we really love and actually have a trip planned for May that will take us back to the Grand Canyon and to Santa Fe which is one of my favorite places in the entire world and to Taos and Bryce Canyon and several sites in the Southwest," she said.

Stehle said that whenever they get a chance to visit the Southwest they really enjoy it. Her favorite television show is Jeopardy which she happened to appear on.

"I appeared on it a very long time ago and actually won the first day I was on," said Stehle.

Stehle said they she enjoys most types of movies. However, if she had to name her all time favorite movie she would say "*Some Like It Hot*."

"I really like most kinds of music. I like jazz piano tremendously," said Stehle when asked about what her favorite genres of music are. She also said that she enjoys listening to Rock 'n Roll and her favorites include the Rolling Stones, Bob Sieger, Bruce Springsteen, and U2.

When asked if there is anything she hopes to achieve in the future, Stehle said that she is happy where she is at the present time. "I think I am really happy with where I am at my life at this point and with what



PHOTO COURTESY of Jacqueline Koloski

Susan Stehle, instructor at the Guggenheim Library assists students in finding books and references

I am doing. This was a third career basically and it has turned out to be a very happy one," said Stehle.

Stehle has an interesting philosophy of life that she says fits her well. "You need to live each day to the fullest and enjoy it."

"I think that if you enjoy each day and you try to get the most out of each day it just makes your life a lot happier," explained Stehle.

Stehle said that what she enjoys most about her job is working with

"I was unable to send [the survey] through the e-mail so what we had done is put up posters," explained Savoie. "To some extent I don't know if it really was necessary to send [an e-mail] to every student because there were posters all over campus, table tents everywhere, and we were handing out to every single customer and every single operation a little reminder to please fill out the survey and people were still not responding to it."

Savoie further explained, "It's about a ten minute survey, asking about where do students live on campus, if they are a commuter, what kind of food items would they specifically like to see. It's split up in different categories. "Basically the survey asks 'If you're not eating on campus, where do you like to eat?' 'How much money do you spend off campus?' 'What would you like to see on campus?'. Those types of questions really geared towards food service.

The survey is about the trends of what students do. Once the information is gathered, we then go by what the answers were. We will see where our specialties are and we will try to enhance on the program based on those answers."

Savoie stressed the importance of filling out the surveys, saying it determines how good the food service program is here at Monmouth. "When your pool of people (those responded to the survey) is only 90 or 100 people out of how ever many students are coming in and out of the student center, it's certainly not a clear picture to what the general consensus is. It's in everyone's best interest to fill it out."

Markman took advantage of her good fortune and used her gift certificate this past spring break. "I went to California to see my boyfriend. He's in the military so going out there was the first thing I thought of when I won since I hardly get to see him," she said.

She was thrilled when she found out she was the winner. "I was shocked, but really happy. Plane flights are expensive and I found out just in time for spring break."

the students.

"I think what I enjoy the most is working with the students," said Stehle. She explained that though it has been a long time since she taught, it was something that she never seemed to forget how to do because she enjoyed it so much.

"It really is fun and gratifying to help people find not only the information they need but also to give them the skills to do it themselves," concluded Stehle.



The World According To MU

The Final Frontier: Vacations in space?

JENNIFER KNOEPEL
NEWS EDITOR

By the end of the decade, Virgin Galactic is planning on making it possible for almost anyone to travel into space at an affordable price. This is the chairman of the Virgin Group and entrepreneur Sir Richard Branson’s newest adventure.

Virgin Galactic is a company that was established by Branson’s Virgin Group. The purpose of Virgin Galactic was to undertake the challenge of developing space tourism for ordinary people.

There are people that think this is a reality television stunt done by Branson. However, Monmouth University physics professor Louis Kijewski said, “I think Branson wants to do something that puts his name in the history books. And he has money to do something big. I believe he is curious about things and interested in machines that take people off of the ground.”

Space travelers will use reusable spaceships like SpaceShipOne which has the potential to allow travelers to visit, work and play in space. Traveling in the SpaceShipOne will be as easy as hopping aboard a jet airliner.

Virgin Galactic plans to have their first flight planned to begin in two and a half or three years. They will begin taking deposits for those who wish to



Image of the Virgin Galactic Spaceship which will carry passengers into space.

WWW.THEAUTOCHANNEL.COM

travel into space early next year.

According to the Virgin Galactic website Branson said, “We’ve always had a dream of developing a space tourism business and Paul Allen’s vision, combined with Burt Rutan’s technological brilliance, have brought that dream a step closer to reality. The deal with Mojave Aerospace Ventures is just the start of what we believe will be a new era in the history of mankind, one day making the affordable exploration of space by human beings a real possibility.”

Until now it has been thought impossible to design an affordable rocket ship. Existing spaceships

are complicated and not robust enough to carry commercial passengers. This spacecraft has adjustable wings for easy re-entry and powered by an inert nitrous oxide and rubber fuel. These developments in technology and safety have enabled Virgin Galactic.

Safety is also an issue. Kijewski said, “I believe that it will be dangerous. The spacecraft has to be as light as possible to use less fuel, which has weight.”

There is a website (www.virgingalactic.com) dedicated to this venture. The website answers questions and includes updates, press, and how to contact Virgin Galactic.

Social work professor lectures in Mexico City

[SOCIAL from page 1]

of the social priorities must be with the civil society and the government that is accountable to this civil society.

Dr. Mathbor was delivering these quotes to the perfect audience: socially conscious Mexicans concerned about their culture, their country, their people, and their land. The Mexican people have been victims of neo-liberal policies of market and government before the Revolution of 1910 and again under the 1982 Structural Adjustment Package (SAP) prescribed by the World Bank, sponsored by International Monetary Fund (IMF), and implemented by the national government of Mexico.

As multi-national corporations became the partners motivating national economic policy, the well-being of the social development of the Mexican people was neglected. The Mexican people in general, as well as Mexican industrialists, became further marginalized from social and economic opportunity as only those who had access to equipment and finance to enter the “bigger is better” paradigm inherent in neo-liberal capitalism were allowed to take part in the new modernization model of economic development.

As Monmouth University’s Department of Social Work and the National School of Social Work (ENTS) at the National University of Mexico (UNAM) united to exchange ideas, best practices, concepts, and pas-

sion for social and economic justice and human rights, two neighboring institutions can share many collaborative opportunities, such as faculty and student exchange, curriculum sharing and development, and joint research projects.

This potentially provides partnerships that will foster transformative international relations. The power of such an exchange deserves exemplary recognition.

It is to be mentioned here that Dr. Mathbor’s entourage included the following International and Community Development MSW students: Elena Digiovanna who provided invaluable interpretive services for the lecture, Rabbi Fred Karp, Julie Hudson, and Dana L. Silverman.

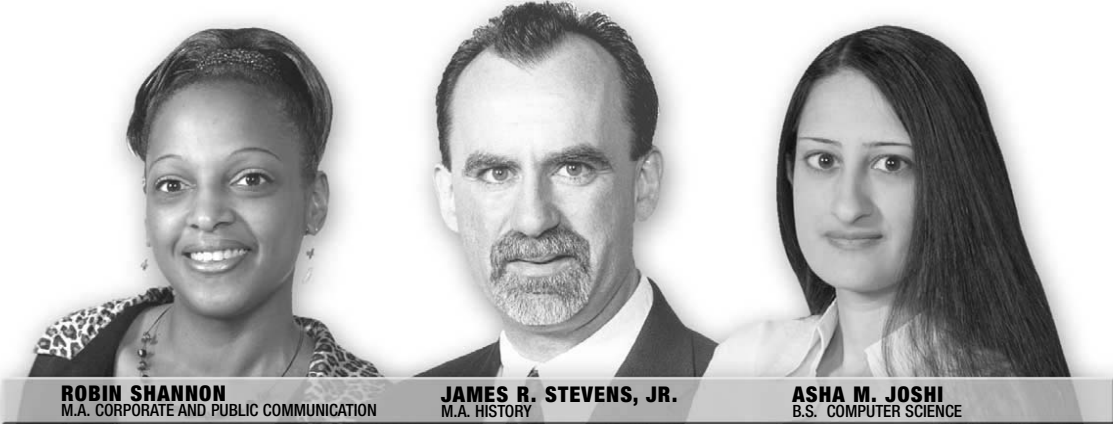
In a final affirmation of a new, international relationship, the full auditorium gave a standing ovation upon hearing the following quote from Gandhi as cited by Dr. Mathbor:

“I do not want my house to be walled in all sides and my windows to be stuck. I want the culture of all lands to be blown about my house, by my house, as freely as possible but I refuse to be blown off my feet.”

May this be the way we, as future leaders in our society, envision and shape a free world. Let the word “freedom” not end once the word “market” is attached to its end. Rather, let the right of self-determination of the people and the word “freedom” continue until all people thrive under freedom’s name.

Monmouth University

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Graduate Information Session

Wednesday, April 6 7 P.M., Student Center – Anacon Hall

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Spring 2005 Pre-Professional Health Careers Meeting Wednesday, March 30, 2005 Room E-215 2:30 PM Refreshments

Special Guests:

- Robert D. Bazley – PT**, Bazley Physical Therapy Associates
- Carol Biscardi, PA-C, MS** – Program Director, Seton Hall University’s Physician Assistant Program
- Joseph L. Monaco, PA-C, MS** – Director of Clinical Education, Seton Hall University’s Physician Assistant Program
- Scott Serbin** – Coordinator of Research and Education –The Emergency Medical Association

Pre-Professional Health Advising Office – LCAC

Pre-Health Registration Form & E-mail notices

Affiliation Agreements

Requirements for Admission to Professional School:

- | | |
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| <ul style="list-style-type: none">▪ GPA▪ MCAT/DAT/GRE, etc. Scores▪ Demonstrated Interest in a Health Professional Field | <ul style="list-style-type: none">▪ Courses Outside Major▪ Research▪ Online Services, e.g., AMCAS▪ Volunteering, Internships etc. |
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Strategies for Verbal and Writing Sections of Tests (MCAT, DAT, etc.) – Dr. Mary Lee Bass

Preceptorship at CentraState Medical Center

Letters of Recommendation for Fall 2005

When to Start the Application Process

The Interview

The Monmouth Medical Center Medical Scholar’s Program

Foreign Medical Schools

- Drs. Mack, Naik and Dorfman

Pre-Professional Health Advisory Committee (PPHAC)*

Dr. James Mack, Professor, Biology and Director of PPHAC (732) 571-3687

Dr. Donald Dorfman, Professor, Biology (732) 571-4434

Dr. Datta Naik, Professor, Chemistry; Dean of Grad. School & Continuing Edu. (732) 571-7550

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David P. Paul III, D.D.S., Ph.D. (Assistant Professor of Marketing, and Co-Director, Health Care Management Program) (732) 263-5336

Dr. Mary Lee Bass, Department of Education (732) 571-4490

*Started 1974 to Present.

GUP convention now in fourth year

[GUP from page 1]

“How she sees what’s happening in the world, to me, is important.”

Freedom and democracy are themes explored through this year’s GUP Convention. But also environmental issues, community building and empowerment, forgotten peoples, and national security will be looked at during the week of April 11-16.

This year’s convention will feature a total of seven films pertaining to global awareness.

“World of My Perfect Teacher,” playing Monday, April 11 at 4:30 p.m. in Anacon B, is sponsored by the Two River Film Festival. In the fall of last year, the partnership between Monmouth and the festival was solidified with signing of a long term agreement to continue the developing relationship between the university and the TRFF.

“All of them are excellent films,” said Sarsar. “We have our own faculty and administrators like President Gaffney and Provost Pearson partici-

pating as well,” he added.

Look for Gaffney, Dr. Sarsar, Jeffrey Laurenti (Monmouth University’s Public Servant and Senior Advisor to the United Nations), and Dr. Mustafa Aksakal (Assistant Professor of History and Middle East Expert) on the

Full Schedule of Events: MONMOUTH.EDU/GUP/GLOBALCONVENTION.ASP

panel “Security, Peace, and Democracy in the Middle East” at 2:30 p.m. in Anacon.

Aside from hosting the annual convention, the GUP engages in different activities such as lectures, film series’ and field trips throughout the year to expand the knowledge of those participating. “All of it, in a sense, culminating in a convention that will showcase the subject matter,” said Sarsar.

Planning the annual Convention

One of the sub-committees in the umbrella organization known as the Global Understanding Project (GUP) is dedicated to developing this annual Convention.

This year’s convention is almost a year in the making; talks of theme began at a GUP retreat on May 17,

2004.

“On May 26 we sent out a call to all those interested in participating as members of the sub-committee,” said Agacer.

“We ended up with around 10 to 12 people that became the core of the

Global Understanding Convention,” said Agacer, adding that those

involved were so committed and passionate about the venture and the convention that her role was very simple.

“We have to make everybody aware,” said Agacer. “Students should really go to these activities voluntarily,” she said, noting the trend of professors nudging students to attend and giving incentives. “I hope it will come to a point where we don’t have to do that.”

Sarsar is pleased that professors are spending time during the week of the GUP Convention to open their classes to discussions about global affairs in hopes that this focus on worldwide issues becomes more and more prevalent each year.

The breadth of these issues is vast, lending itself to any curriculum. For example, economic affairs apply to business classes while social work courses examine human rights. All of these issues affect every person and the GUP Convention is an effort to touch on all of them.

“Monmouth is very interested in globalizing its curriculum and connecting to the world in serious ways,” said Sarsar, adding that one way this is accomplished is through the Study Abroad program.

“The GUP Convention is one way by which we make global affairs known on our campus,” he said, adding that it gives students and faculty the opportunity to discuss these issues in an academic, intellectual, but also very practical, fashion.

“If we look at this and compare it to other universities and colleges across the U.S., it is one of the best to my knowledge,” said Sarsar.

The future of the GUP

As the Global Understanding Project continues to progress in upcoming years, Dr. Sarsar hopes to see the annual convention executed by a “Global Understanding Institute” of some kind that will carry on the good work of the GUP. This movement to develop the GUP further is part of Monmouth University’s Strategic Plan, which can be viewed at monmouth.edu/strategic-plan/index_flash.html.

The future advancement of Global Understanding at MU is still to be designed and passed through the proper channels, according to Sarsar.

All events are open to the public, but individuals outside the MU community wishing to attend must register for events through the GUP website at monmouth.edu/gup/globalconvention.asp.

Abrided Highlights Schedule for GUP Convention

~ Monday, April 11 ~

10:00 a.m. - Wilson Auditorium

Keynote Address: Gillian Sorensen will give the opening lecture, titled “Humanitarian Relief: Saving Lives, Changing Lives,” in. Ms. Sorensen is senior adviser and national advocate at the United Nations Foundation. Since 1993, she served as special adviser for Public Policy for Secretary-General Boutros Boutros-Gahli, then as assistant secretary general, head of the Office of External Relations for Secretary-General Kofi Annan.

2:30 p.m. - Anacon Hall

Panel discussion “Security, Peace and Democracy in the Middle East.” Panelists include Paul Gaffney II, Jeffrey Laurenti, a senior advisor at the United Nations Foundation and Monmouth University’s Public Servant; Saliba Sarsar, professor of Political Science; and Mustafa Aksakal, assistant professor of History.

4:30 p.m. - Wilson Auditorium

Film “Words Of My Perfect Teacher” presented by The Two River Film Festival by acclaimed Halifax-based documentarian Lesley Ann Patten, director of the multiple-award winning film “Loyalties.” Patten follows the great Buddhist teacher Dzongsar Khyentse Rinpoche as he globetrots from Bhutan to London, England, in a quest to bring knowledge and awareness to a whole new generation of enlightenment-seekers.

~ Tuesday, April 12 ~

2:30 p.m. - Wilson Auditorium

Debate: “Will Democracy Flourish in Iraq?” Students from Monmouth University and St. Peter’s College will debate topic.

7:00 p.m. - Student Center Café

Poetry Slam and Reading Night will feature readings from award-winning poet Helena D. Lewis, authors of the Monmouth Review and an open-mic for poets. Helena D. Lewis recently appeared on HBO’s Def Poetry and has her own one-woman show titled “Just Me.”

~ Wednesday, April 13 ~

11:30 a.m. - Magill Commons, Room 108

Panel discussion: “From Plato to Summers: Are Women Innately different than Men In Local and Global Contexts?”. Rekha Datta, chair and associate professor of Political Science, will lead a this panel discussing if there are innate differences between men and women and whether these affect their professional and daily lives. Panelists include Paul Gaffney II, Patti Swannack, vice president for Administrative Services, and Monmouth University political science students Eric Oldman, Farheen Haider, and Keriann Rotanda.

1:00 p.m. - Wilson Auditorium

Panel discussion: “Voices From Outside the Margins: African Women, Activism, and Writing at the Grass Root.” Facilitated by Oty Agbajoh-Laoye, associate professor and director of Africana Studies at Monmouth University and Bonnie Mullinix, instructional design specialist. This panel features contemporary African women activists/writers from the grassroots of the continent.

6:00 p.m. - Bey Hall’s Young Auditorium

Panel Discussion: Members of the Long Branch Concordance (LBC), a grassroots collaborative that formed in March 2004, will host a panel discussion to discuss how the group can best support the families and children of Long Branch.

~ Thursday, April 14 ~

11:30 a.m. - Bey Hall’s Young Auditorium

Seeing The Holocaust Through The Eyes of Holocaust survivor Fanya G. Heller. Students will read Mrs. Hellers’ book, Strange & Unexpected Love – A Teenage Girl’s Holocaust Memoirs, during the lecture.

~ Friday, April 15 ~

10 a.m. - Wilson Auditorium

“The gift of eyesight: the local-global connection.” A discussion led by Peter Dellera, Jr., head of the Oceanport Lions Club, will focus on the role of the Lions Club in the “gift of eyesight” program by organizing eyeglass collections in the community.

12:00 p.m. - Wilson Auditorium

Panel discussion and multi-media presentation titled “Achieving Global Understanding Through Media Literacy.” Six diverse 1/2 hour presentations with opportunities for audience participation and questions.



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SENIOR WEEK 2005

Tuesday, May 10 at Stingers \$25 per person

Kick-off Senior Week with your friends and enjoy a premium barbeque from 8pm until 10pm. DJ and a two hour open beer and wine bar will be available. Shuttle service begins at 7:30pm from the Student Center Parking Lot.

Wednesday, May 11 at Jenkinson's \$20 per person

Enjoy a day on the beach with Jenkinson's Senior Week Beach Party from 1pm until 5pm. Two hour open beer and wine bar (1pm-3pm). Shuttle service leaves the Student Center Parking Lot at 12:30pm and returns at 5pm.

Thursday, May 12 Casino Night \$5 per person

Spend six hours in Atlantic City at the Tropicana Hotel and Casino! Receive a \$10 casino voucher. The bus will leave for Atlantic City from the Student Center at 4pm sharp!

Saturday, May 14 Delaware River Cruise \$30 per person

Cruise the Delaware River on the Spirit of Philadelphia! The beautiful lunch cruise will include a cash bar and a \$10 Powercard to Dave & Busters. Before returning to campus, guests will be able to have fun at the Dave & Busters arcade on Columbus Avenue. Buses leave the Student Center parking lot at 8:15am sharp!

Sunday, May 15 AIDS Walk in Asbury Park at 2pm

Shuttle Service will pick up Seniors in the Student Center Parking lot at 1:30pm. Free food will be available to all walkers.

Monday, May 16 at Bar Anticipation \$20 per person

Spend time and relax with friends at a first class barbeque and open beer and wine bar (8pm-10pm). We have Bar-A to ourselves until 12pm that night to share memories and renew friendships. Bar Anticipation Shuttle Trolley begins at 7pm from the Student Center Parking Lot.

Tuesday, May 17 at Jack's (FREE SHUTTLE SERVICE)

Spend one last night of Karaoke at Jack's. Shuttle bus will be available at the Student Center parking lot from 9pm until 2am.

TICKETS FOR SENIOR WEEK ARE NON-REFUNDABLE. TICKET PURCHASERS MUST SHOW PROPER ID. ALL TICKET PURCHASERS AND THEIR GUESTS MUST BE 21 OR OLDER TO ATTEND. ONLY GRADUATING SENIORS MAY STAY IN THE RESIDENCE HALLS DURING SENIOR WEEK. DUE TO LIMITED TICKETS, THE ATLANTIC CITY AND SPIRIT OF PHILADELPHIA TICKETS WILL ONLY BE SOLD TO SENIORS WALKING IN MAY.

THE SENIOR CLASS WOULD LIKE TO THANK THE SGA, THE ALUMNI ASSOCIATION AND THE CLASS OF 2005 FOR MAKING SENIOR WEEK POSSIBLE.

An Evening In Casablanca

Scholarship Ball

JACQUELINE KOLOSKI
ASSISTANT FEATURES EDITOR

A tradition that has been with the university for more than 20 years, the Scholarship Ball, held in Wilson Hall, is an event that raises money for student scholarships. According to Jan Connolly, Director of Special Events and Programs at Monmouth University, “the first Monmouth University Scholarship Ball was held in 1982, to coincide with the premiere of the movie “Annie,” which was filmed in Monmouth’s Wilson Hall.” April 30, 2005 will mark the 22nd Annual Scholarship Ball.

Loretta Huddy is this year’s chairperson for the Scholarship Ball. Huddy became involved with the event when both her children attended Monmouth and she was asked to join the committee. She said that through this opportunity she was able to be a part of various committees at the university as well as meet many people whom now she calls friends.

“This for me is one of my elixirs for life. It gives me the opportunity to be creative, make new friends, have fun, and most of all raise money for students in need,” explained Huddy.

This year’s theme for the Scholarship Ball is “An Evening in Casablanca.”

Huddy explained why that particular theme was chosen for this year’s ball.

“If you want attendance to grow, you need to create excitement and interest and select a theme that will appeal to a broad spectrum of people,” said Huddy. “There are many galas in the area so the most important thing when selecting a theme is how we can make it a memorable experience.”

“In addition, the theme must be one that can be created in a cost effective and time efficient manner and fit within the ambiance of Wilson Hall,” she added.

Huddy said that it is important for those attending to have a “memorable experience” so they will return the following year as well as invite others to accompany them. She, as well as her committee, thought that “An Evening in Casablanca” met that criteria.

Connolly explained the purpose of the Scholarship Ball.

“To raise funds for student scholarships and ensure deserving students get a chance for a college education,” explained Connolly. Connolly also added that more than \$1,278,000 has been raised overall in the entire existence of the Scholarship Ball.

At this year’s ball, two individuals will be honored for their service to the university as well as to the community.

“Bill and Sandy Mullaney will be honored for their service to the University and the community at large,” said Connolly.

Loretta Huddy, chairperson of the Scholarship Ball, believes that this may be the first time that a couple has been honored.

“They [Bill and Sandy Mullaney] have been long time supporters of not only the university but also the community in general,” said Huddy. “They are a generous couple who give of themselves time and time again and Bill is an alum.”

At the Scholarship Ball this year, the event will include dinner, dancing, a 50/50 raffle and a live auction. According to Jan Connolly, some items that will be auctioned at the live auction will include a hot air balloon ride, a dinner for 20 in the Versailles Room, located in Wilson Hall, and a summer party for 35 in Erlanger Gardens located on the University’s campus grounds.

Some special touches that will be seen at this year’s Scholarship Ball include a Rick’s Café American room and a Casbah Bazaar which will be where the silent auction is located, according to Jan Connolly. Loretta Huddy added that the ball will also feature a Casablanca Cocktail Bar and “Sam” the piano player which were both featured in the movie.

Huddy described some of the décor that will appear at this year’s ball.

“We will be using indirect lighting and theater lighting to color the walls and to create shadows by up lighting palms,” said Huddy. She said that they are hoping to project the “exotic and romantic” feeling of the movie.

Various people attend the Scholarship Ball each year.

“Donors, trustees, friends of the university, alums, parents, corporate and civic representations, members of the community and anyone who likes to have fun,” described Connolly of people who make up the attendance of this lavish event at the university.

Both corporations as well as individuals serve as benefactors to the Scholarship Ball.

“Many of the area corporations are generous supporters of the ball, along with some wonderfully generous individuals,” she said.

Examples of the benefactors that she listed included Breaker Electric, DNA Contracting & Waterproofing, C.J. Hesse, Inc., Mr. Joseph Thummess, Mr. & Mrs. Bill Mullaney, Sovereign Bank, Macy’s West, PMK Group, Mr. & Mrs. Philip Lane, Premier Communications, B. Harvey Construction, Commerce Bank, H2L2 LLP, The Segal Company, Easton Architects, LLP, and D&D Utility Contractors, Inc.

There is a whole team of committees that are involved with the arranging of the Scholarship Ball. A few committees that Connolly named included Ad Journal who is chaired this year by Vaune Peck, who graduated from MU in 1987 and is Monmouth University’s director for performing arts, silent auction, live auction, decorating, and underwriting.

Jan Connolly mentioned one goal for this year’s Scholarship Ball.

“We hope to raise more than \$100,000. We’d love to meet or beat last year’s record of \$129, 000,” said Connolly.

“Carats and Caviar” was the theme for 2004’s Scholarship Ball and this event raised \$129,000.

Loretta Huddy said that as chairperson she has the same goal as chairpersons of the past.

“To raise as much money for student scholarships as possible, to grow the base of attendees and benefactors, to provide a memorable evening that is both a FUND raiser as well as a FRIEND raiser for Monmouth U, and to make this a fun experience for our wonderful volunteers so they will join us again next year,” concluded Huddy.

PHOTO COURTESY
of Jan Connolly

ANXIETIES

You might be experiencing it
without realizing it

PRITI OJHA
COPY EDITOR

At some point in time, most of us have probably said to ourselves, “I think I’m having an anxiety attack!” Oftentimes, it will be before an exam or presentation. But what exactly is an anxiety attack, and are most us, in fact, experiencing them?

Anxiety attacks, more commonly referred to as panic attacks, are related to a subtype of anxiety disorders. Anxiety itself is a treatable mood disorder, which is characterized by symptoms including restlessness, fatigue, difficulty concentrating, irritability, muscle tension, and sleep problems. Life circumstances can also be a determining factor.

Several subtypes of anxiety exist. Anxiety attacks are related to Panic Disorder.

According to National Institute of Mental Health (NIMH), panic attacks are often unexpected and result in physical symptoms including “chest pain, heart palpitations, shortness of breath, dizziness, abdominal distress, feelings of unreality, and fear of dying.”

“You can always identify a panic attack because you feel like you’re going to die,” said Dr. Franca Mancini, Director of Counseling and Psychological Services. “There’s nothing physically wrong with you, but you feel like you’re going to die,” she noted.

People with Obsessive-Compulsive Disorder (OCD), another sub-type of anxiety, have anxious thoughts or routines which they feel are uncontrollable. Examples range from washing hands several times to continuous counting.

The name of this disorder stems from the definition of each of the words. The thoughts are referred to as obsessions, and the actual ritual activities are called compulsions.

Post-Traumatic Stress Disorder is a subtype in which symptoms appear after experiencing a traumatic event, such as rape, war, or child abuse.

Phobias, both social and specific, are also characterized as anxiety disorders. According to Mancini, social phobias are common on the MU campus.

Social phobias, also referred to as social anxiety disorder, “involve overwhelming anxiety and excessive self-consciousness in everyday social situations.

“People with social phobia have a persistent, intense, and chronic fear of being watched and judged by others and being embarrassed or humiliated by their own actions,” writes the NIMH.

The other type of phobia, which is characterized as being specific, involves having “an intense fear of something that poses little or no actual danger.” Such phobias include

Anxiety itself is a treatable mood disorder, which is characterized by symptoms including restlessness, fatigue, difficulty concentrating, irritability, muscle tension, and sleep problems.

those of heights, water, flying, and blood.

The last type of anxiety disorder affects more than 4 million people in the United States in any given year. Generalized Anxiety Disorder (GAD) is characterized by “constant, exaggerated worrisome thoughts and tension about everyday routine life events and activities, lasting at least six months...almost always anticipating the worst even though there is little reason to expect it; accompanied by physical symptoms, such as fatigue, trembling, muscle tension, headache or nausea” are common to GAD.

In diagnosing anxiety, several factors are involved, related to the biological/physical, psychological, as well as social aspects of one’s lifestyle.

“We take a lot of different aspects into consideration when we start to determine if we’re actually looking at a person experiencing a period of stress, mild anxiety, severe anxiety, or generalized anxiety,” said Mancini.

If you are unsure of whether or not you are suffering from an anxiety disorder, Mancini advised to seek help “if the anxiety that you’re feeling starts to interfere with the activities that you’re involved in on a daily basis, related to your physical, social, academic, or sexual wellness.

“You may not be in a situation where you need treatment, but something is going on.”

Treatment options range from talk therapy and behavioral changes to medication. The medication is used to “reestablish an appropriate balance in terms of the neurotransmitters and neurochemicals that are involved in anxiety, many of which are involved in depression as well.”

Medically speaking, anxiety occurs as a result of the sympathetic nervous system pumping epinephrine throughout the body at a constant rate. The parasympathetic nervous system, which usually calms the fight or flight response, malfunctions, resulting in a state of hyper-vigilance.

According to Mancini, several of the available medications re-stabilize the release of these neurotransmitters and neurochemicals so as to return the patient to a calmer state of mind.

If you, or anyone you know, are experiencing the symptoms described above, you are encouraged to utilize one of the many resources available on campus. Three licensed counselors are available in the LCAC.

Also, the LCAC will be hosting Anxiety Screening Day on Monday, April 4 from 10:00 a.m. to 4:00 p.m. in Room 202A of the R.S. Student Center. The screenings are free of charge and completely confidential.

There is also an abundance of free literature available in the LCAC on anxiety disorders and depression. For more information on any of these resources, please contact the LCAC at (732) 571-3487.

national honor societies

Recognizing academic achievement and fostering scholarship, leadership, and commitment to profession.

BEVERLY NEVALGA
FEATURES EDITOR

JACQUELINE KOLOSKI
ASSISTANT FEATURES EDITOR

Continuing our efforts to promote better awareness about the honor societies on campus, read on and you might be a qualifying candidate.

Lambda Sigma Tau is the most prestigious honor that can be obtained in Monmouth University. To qualify for membership, you must have earned at least 58 college credits, at least 32 of them in MU; have a GPA of 3.5 or higher; pass the writing proficiency exam; and be a full time undergraduate student. Lambda Sigma Tau stands for “Leadership, Service, Truth” and is the academic honor society for this university. LST works closely with the honors program to promote academic success on campus. Contact Stuart Dalton at sdalton@monmouth.edu for further information about the academic honor society.

“Kappa Mu Epsilon is a national mathematics honor society,” said Dr. Betty Liu, advisor of Kappa Mu Epsilon. “The NJ Gamma Chapter of KME at Monmouth University was started three years ago.” Dr. Liu added that there are presently over 70 members in KME.

The requirements to be a member of Kappa Mu Epsilon, according to Dr. Liu, are “a minimum overall GPA of 3.0, a minimum math GPA of 3.0, and the completion of three math classes at Monmouth, including calculus.”

Liu said that goals for the honor society would be to express an appreciation and interest in math to students.

“The goals of Kappa Mu Epsilon are to express to the students an appreciation of the art of mathematics. We host a number of workshops throughout the semesters to show the students just how interesting mathematics actually is,” explained Dr. Liu.

An interesting fact about Kappa Mu Epsilon that Dr. Liu offered was that there are not just math majors that serve as members.

“KME does not only enjoy the presence of math majors at Monmouth but it also has members who represent a variety of majors including chemistry, biology, computer science, etc.,” said Dr. Liu.

The next and last event for Kappa Mu Epsilon will be their induction ceremony to be held in April. For more information about Kappa Mu Epsilon, contact Dr. Betty Liu.


Lambda Pi Eta is the Communication honor society that recognizes, fosters, and rewards outstanding students in communication studies. The organization strives to promote and encourage professional development among communication majors. LPE members in semesters past have arranged media professionals to address MU students, have invited the Montclair State University chapter to share their experiences, and raised funds by selling flowers during Valentine’s Day.

The requirements to be a part of LPE include a major in communication, 60 overall credits completed, 12 completed credits in communication, a 3.0 overall GPA, and a 3.5 GPA in communication.

Lambda Pi Eta’s most recent and successful achievement was the suit drive for “Dress For Success.” LPE, along with Hawk TV and The Gender Studies Program, have collected over 100 items including business suits, blouses, pants, skirts, and other accessories. The drive will benefit the Jersey City affiliate of the named charity.

New members will be inducted in the upcoming Communication Dinner on May 1st, where their hard work and dedication will be recognized in front of family, friends, and colleagues.

For more information about LPE, contact advisor Rebecca Sanford at (732) 263-5533 or by e-mail at rsanford@monmouth.edu.



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31-Mar	M2	NL	News M2 Live	NL	M2	NL	Closer	Shaun of the Dead	M2	NL	News M2 Live	NL	Mean Creek	Closer	Shaun of the Dead	Mean Creek	Closer						
1-Apr	News M2 Live	NL	M2	NL	News M2 Live	NL	Top Gun	Mean Creek	Closer	News M2 Live	NL	Shaun of the Dead	Top Gun	Closer	Top Gun	Mean Creek							
2-Apr	Top Gun	News M2 Live	NL	Shaun of the Dead	Closer	News M2 Live	NL	Mean Creek	Top Gun	Shaun of the Dead	News M2 Live	NL	Closer	Mean Creek	Top Gun								
3-Apr	Top Gun	News M2 Live	NL	Shaun of the Dead	Closer	News M2 Live	NL	Mean Creek	Top Gun	Shaun of the Dead	News M2 Live	NL	Mean Creek	Closer	Shaun of the Dead	Mean Creek							
4-Apr	M2	NL	Closer	News M2 Live	NL	Shaun of the Dead	M2	NL	The Grudge	Mean Creek	News M2 Live	NL	Shaun of the Dead	The Grudge	Mean Creek	The Grudge							
5-Apr	The Grudge	M2	NL	News M2 Live	NL	Mean Creek	M2	NL	Shaun of the Dead	News M2 Live	NL	The Grudge	Mean Creek	Shaun of the Dead	The Grudge	Mean Creek							
6-Apr	News M2 Live	NL	Shaun of the Dead	M2	NL	The Grudge	News M2 Live	NL	Mean Creek	M2	NL	Troy	Without a Paddle	Clueless	Troy								

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HOW TO SUBMIT ARTICLES OR LETTERS

The Outlook provides the Monmouth University community with information concerning issues in and around the University while serving as a forum for expression of the ideas of its readers. **Contributions must be submitted (email outlook@monmouth.edu) by 12:00 p.m. Mondays to The Outlook office, 2nd floor, room 260, Plangere Center.** All copy must include the author's full name and contact information. The Outlook accepts articles and graphic material from students, faculty and administrators, and reserves the right to edit or reject any material which they determine is not suitable for publication or its readers. Copy and advertising appearing in The Outlook do not necessarily reflect the views of Monmouth University or The Outlook.

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Star Ledger for Free at MU!

Utilize another viable campus resource for students.

When students returned to campus in January, they were greeted by several stacks of newspapers placed through out the campus. While students were off celebrating the holidays, it seems the university was busy arranging for the Star-Ledger, the largest daily newspaper in New Jersey, to be distributed to students in the health center, dining hall, student center, Plangere Center, and Bey Hall. The Star-Ledger and the New Jersey Nets have partnered to pay for just under 200 copies to arrive at MU every weekday, free of cost.

The daily newspaper has a circulation of over 400,000 readers and covers everything from local news to international news. One can find stories on state politics, local school systems, and the war in Iraq through out the pages of the Newark based

publication. So far, it seems that the papers are a hit on campus and that they are being read almost as soon as they hit stands. By the end of each

“These newspapers can help students become more informed and ultimately more successful in life.

day, very few, if any are left to be discarded.

While it may seem hard to find time to read the Star-Ledger, it is important. The benefits of reading a newspaper are three fold. To start, reading a daily paper will keep you informed on the happenings of the world. It will also get you in the habit of reading a newspaper, which will

help as you grow older and venture into the professional world. Finally, reading helps improve one's vocabulary which is beneficial for everyday life as well as for exams like the GREs.

According to Vice President Nagy, bookstore profits have not been harmed by the free distribution. She says they never really sold all that many newspapers to begin with. Also, facilities management has been very cooperative in the recycling of the newspapers at the end of the day.

The contract between the school, the Star-Ledger and Nets is indefinite. Though one can only hope that it will continue next year, as the program has been widely successful. The distributions of these newspapers can help students become more informed and ultimately more successful in life.

NOTICE: The editorial is, traditionally, the first piece to run in the Opinion section of a newspaper. It runs without a byline (author name and title) because it is intended to be the collective opinion of editors on staff. Under certain circumstances, an editorial will only reflect the opinion of select editors. The weekly editorial featured in the Opinion section of *The Outlook* does not necessarily represent the opinions of any or all editors.

Re: Athletics Over Academics?

The university does its best to reach desired balance.

AMY HENDERSON
CONTRIBUTING WRITER

I would like to take the time to respond to a small section of the Op/Ed page in the March 23 edition of The Outlook. Apparently there is at least one person who feels that the university is confusing its priorities and favors athletes over other students. I don't want to anger more people, but as a student athlete I feel that there are some things that need to be said to clarify the subject.

There were complaints made about certain 'privileges' that athletes are given. Athletes receive excused absences for competitions that take place during their class times. The athlete is expected to make up that class work in a timely fashion. There have also been professors who have assigned extra work on top of what non-athletic students are assigned in order to make up for this missed class time. The time that is spent outside the classroom during this excused absence is spent in competition. Please do not think that we are just out messing around at the mall or wasting time. It is not the athlete's fault that a game or meet is scheduled at this time; we simply have to deal with it. Another complaint that was made was the scholarship money that athletes receive. Contrary to what some may think, not all athletes at Monmouth receive scholarship money for their efforts. There are many who do not receive any at all. (To these athletes, I commend you for your dedication.) Monmouth does offer an academically based scholarship to all entering freshmen. This scholarship is based upon the high school GPA and SAT scores. Therefore, the ratio of students receiving money for academic ability to those receiving money for athletic ability actually favors academics. The third complaint

made about athletic privilege is priority registration. This is a necessity for the student athlete due to the various competition seasons and practice schedules of the various teams. I know that I personally have practice five days a week at 2:45. This means that I cannot take a class anywhere between 2:30 and 6:00. This rules out many classes that are offered. Other teams have different practice sched-

“Next time someone decides to complain about a certain part of the school, please do your research...the university has done a great job of trying to satisfy all parties.”

ules and must alter their class schedules accordingly. Unfortunately this cannot be avoided sometimes. That is when you will see athletes getting excused absences. So you see, you complain about us having excused absences, yet you want to remove the one thing that can prevent it. That doesn't make much sense to me.

Another topic that was brought up was the allocation of funds. There are a variety of reasons that athletics receives money. First, the money that the various athletic events bring in has a tendency to stay in the department. That means that the profits from football games, basketball games, home track meets, and other athletic events hosted at Monmouth end up contributing back to athletics. Secondly, there are alumni who donate to the university. These alumni designate where they want their contributions to go to. The university is not allowed to use the funds for sprucing up How-

ard Hall if the alumni say they want the donation to support the football team.

One other thing I want to clear up is the issue of Monmouth confusing its priorities in terms of building developments. The MAC is not the only construction project that Monmouth is working on. There are hopes for a new residence hall to be built. Several town meetings have been held

on this very topic. There were plans to break ground this past summer/fall, but due to the objections of the surrounding community, Monmouth did not receive approval to start construction. There are more board meetings to be held. As an RA I cannot stress how important it is for members of the Monmouth community to get out to these meetings and support this effort. This goes out especially to those who are disgruntled about the lack of on campus housing. The control over building any new

structure does not lie in the power of Monmouth administrators, but in the town, so please do not blame athletics for taking construction funds away from other areas.

Lastly, the anonymous source who wrote last week's piece said many things that contradicted one another. There was no decisive argument behind the article and the general conclusion was somewhat lackluster. Next time someone decides to complain about a certain part of the school, please do your research. Many people were upset by the piece. The author suggested that the answer to satisfying all members of Monmouth University is balance. Unfortunately, there will never be a situation where everyone is happy all the time. The university has done a great job of trying to satisfy all parties. In the future, try coming up with positive solutions instead of making uninformed complaints.

DISCLAIMER: All articles appearing in the Op/Ed section of *The Outlook* are solely the opinions of the authors and do not reflect the views of *The Outlook's* editors (unless otherwise noted) or any and all advertisers. Opinion articles are run unedited and the content is the sole responsibility of their authors. All students and faculty are welcome to respond to any opinion piece that appears on these pages, and everyone is encouraged to submit an article for consideration. *The Outlook* reserves the right to withhold any articles deemed inappropriate or otherwise unfit to print in the Op/Ed section. Due to legalities, *The Outlook* will no longer print anonymous articles.

Re: Athletics/Academics

BOBBY YORK
CONTRIBUTING WRITER

I am a senior track and field athlete and the President of MSAAC (Monmouth Student Athlete Advisory Committee). I preside over 400 student-athletes and we all speak together in saying that last week’s article was not the correct representation of the student-athlete at this university. I agree with the article that athletics are indeed important to a university and it does provide entertainment to the student body and the surrounding community. Having said that I would just like to respond to the statements made in the article and shed some light on the subject. “Those who play for our athletic teams are permitted to miss many classes each semester without punishment.” Yes, athletes are allowed to miss classes for competition, but not MANY classes. If they were going to miss many classes, they would not register for that class and they would choose a time that is adequate for their schedule. Athletes do have the extra task of balancing their classes with their practice and competition schedule and the benefit of priority registration is awarded to us. “Because of their obligations to the team, these absences are excused and due dates are sometimes pushed back.” The due dates are NOT pushed back and most athletes must submit their work early and take their exams a couple days earlier in order to fulfill the needs of both student and athlete. “Many students are given large scholarships.” I am one of those student-athletes who receive a scholarship and that is due to my hard work on the track in high school and that is something that should not be challenged by any article that looks at it as a negative to a university. This article is also correct in stat-

ing that there is currently a proposal on the table that if passed would create the MAC, a multipurpose athletic facility that would benefit the ENTIRE university. Yes, this project would cost millions of dollars and in the four years I have been here, Monmouth has spent large amounts of money on facilities for all students, not just student-athletes. Examples include The Jules Plangere Communications building, McAllen Hall, and the underpass to allow students to cross Cedar Avenue safely. Monmouth is also working FIRST to build a new Residence Hall so students would not have to reside in the Esplanade Hotel, so I disagree with the writer’s statement that Monmouth does not have its priorities straight. The comment that our gym looks like something out of high school, well to answer that bluntly, Boylan Gym was voted the toughest place for a visiting team to play their road games by the Northeast Conference. Our fans have brought our “high school gym” a great deal of energy and have been a huge influence in the success of our women’s and men’s teams. I totally disagree with the statement that Monmouth is a university with a poor academic ranking? If these are the words coming from a Monmouth student then maybe you should have considered other universities when you were in high school. I truly believe that Monmouth is providing a great deal of balance to this university. It believes in the welfare of every student and it does all that it can to provide a safe and extensive environment for those who are enrolled. If the writer of the previous article would like to sit and discuss the life of a student-athlete, I can be reached anywhere on campus or you can contact the Athletics Department and ask for me.

Social Security: Change for the Young

HEATHER BACHMAN
STAFF WRITER

In the not so near future, I will be looking for my social security to pay for myself and my husband’s retirement years. However, according to Senate Majority Leader Bill Frist, M.D., Americans in my age bracket believe more in U.F.O. existence than the idea that money will be there when it’s their time. This is a mistrust that needs to be taken care of immediately even though a light at the end of the tunnel is beginning to exist. Republicans lead by President Bush are introducing changes for the system including making it voluntary and allowing the money to go into personal accounts instead of in the hill’s budget. Looking beyond the other side of the aisle, I watch the news channels covering the subject these days and instead of seeing balance being fed, negativity is born. Recently, our esteemed President visited my home of New Jersey attempting to persuade the public of the proposal he has for this issue. My personal perspective of the idea will be discussed later but I do have to say that the local news organization showed their blue monster that is liberal bias as they did more stories on the protesters against the policy than the ones there for it; although I am sure they were numerous supporters. Afterward, they had open discussions yet their titles showed a viewable hint of leaning before the speakers for it could take a breath. Now for my personal perspective: I like all the ideas not because I am a republican (and proud of it), but because I have aging parents and friends and family who will need the money just as much as me and many deserve it more than me. My father,

for instance, works over 10 hours of the day for his electrical contracting business with such little help that my grandfather is his best assistant. If he ever retires, I want him to have all the money he has a right to have. Technically, the idea of privatization believe it or not is not as new as the bastard child Democrats are treating it as. In fact President Franklin Roosevelt (ahem...democrat) was quoted talking of social security carrying privatization and voluntary abilities. Democrats from the word reform have fought against the President on these perspectives. Called “The party of no” by Republican Bill Frist, there were hints of battle for the party than for the people. Especially so many threats of filibusters or other holds before the ink on the paper was even dry. Knowing the possibility of an immature reaction from the Democrats, Republicans respond they have no problem getting to the compromise table and really discussing what’s best for the nation and for ailing factor. But so far, Democrats still give the threats. Despite all this, the right still fight to have the left at the table, and the reactions still keep coming. The end of social security is near, but the end to the anger doesn’t. I say to the Democrats look at yourselves; Remember who placed you on the hill and who your real bosses are. If you want us to go down to your level then remember that members who do not bring credit to the constituents don’t have a great chance of re-election. Rising up, go to the table with us and not the letter next to your name. D or R doesn’t mean anything when America is at risk. As Ronald Regan said: We are all Americans.

Re: Athletics Over Academics?

Athletics is a driving force on campus, not a problem.

ED OCCHIPINTI
STAFF WRITER

I am writing a response to last week’s article on athletics over academics. People, it’s time to grow up. There are some old misconceptions that need to be put to rest, immediately. Allow me to go step by step. The idea that athletes get to miss tons of classes for games and practice is absurd. The truth is that the student athletes here at Monmouth are just that, student athletes. They have the responsibility of juggling their academic workload with their practice and training. Anyone who thinks that is easy needs to think again. Instead of downgrading the athletes and taking shots at them, why not support them? We all play for the same team, so to speak. We all go to the same school, we all take the same classes, and we all eat the same dining hall food. The next point made in last week’s editorial was that the athletes here at Monmouth are given large scholarships for their participation in sports. That fact is about as far from the truth as one can be. My preconceived notion when I first arrived here was that as well, that all the athletes go to school for free. Well, it isn’t true, in fact, it’s way off base. While it is true that some of the athletes receive large scholarships, the majority of athletes are just like the rest of us, trying to receive grants and loans to help pay for school. For example, the football team competes on a Division I-AA level, which for

those who are not aware, and apparently counted in that is the author of last week’s editorial, is partial-scholarship. The football team is one of, if not the, biggest teams on campus, and they do not have tons of money to spend on scholarships. That is a testament to not only the student athletes, but the coaches, who recruit good players that are also good academically. And, unless I’m mistaken, doesn’t everyone have the ability

another thing they weren’t aware of. Then, in the same piece, writes that our current facilities are akin to a “high school gym.” While I agree that the MAC would be a nice addition, nothing compares to a packed Boylan Gym on the night of a basketball game. And also, why complain about the price of the facility, then complain about how antiquated our current gym is? First off, make up your mind, second, our current gym is fine, and if the MAC doesn’t happen, it wouldn’t be the worst thing in the world. I’ll end on this note. The author pleads for balance in their editorial. While that is true, athletics is a big part of college life. Aside from it being a social event that brings the school together, it gives people a reason to have school spirit. Not to make fun of anyone or any department, but when was the last time that 2,000 people were crammed together in the computer lab doing an experiment? The truth is, athletics drive many institutions and are the reason new academic buildings are made. Improvements to the school should come for both athletics and academics, but please don’t badger one particular department because you don’t agree with what it stands for. When writing about anything related to this school or just writing in general, please research your facts. That editorial is a step backward for the university, and one of the reasons people don’t gather together to watch a classroom discussion like they do a basketball game.

“When was the last time that 2,000 people were crammed together in the computer lab doing an experiment?”

to receive a hefty scholarship based on other factors, such as grades and academic performance? I don’t see there being an outlash against kids who studied hard in high school, why pick on athletes? The next point I want to address is the MAC. Having a new facility would not only heighten awareness of the university to the local community, it would open up the opportunity for the school to make more money. Local high school games, tournaments, and other events could be held here at Monmouth, which would bring in more people and sponsors, and therefore more money. In last week’s editorial, the author complains about the cost of the MAC, which is already paid for,


Re: Athletics Over Academics?

DEVON GOTTSHALK
SPORTS EDITOR

On behalf of the Sports Staff of *The Outlook*, in no way do we support, agree with, or believe in the statements of last week’s “Athletics over academics?” article. We were just as surprised by this editorial as any other *Outlook* reader, and feel

as though it unfairly represents the thoughts of *The Outlook* staff. Monmouth’s athletic program is an entity that betters our school and enriches campus life. No one would say that a member of *The Outlook* or another organization has special privileges because of the benefits gained from campus involvement, and it is not only inaccurate but unfair to say

that of a student athlete. We applaud our student athletes for what they do on the courts and fields and off, and for what they have accomplished in the past and will continue to do in the future. Though page 8 of last week’s paper may not reflect it, thank you for giving us something to write about and be proud of each week.



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Monmouth University

Wilson Hall
April 16, 2005
7:30 pm - 1 am

MU Students \$3.00
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Beginning his 21st year as Greek Orthodox Chaplain at Monmouth University, Archimandrite Father Ephraem extends his personal blessing to all Eastern Orthodox students, faculty, and staff for a prolific scholastic year and hopes all will be active in the Orthodox Christian Fellowship. Father is available at any time to minister to the spiritual needs of all Orthodox Christians on a 24-hour basis, for prayer, confession, or just someone to talk to.



Father Ephraem can be found on campus, or he can be reached by calling: 732-671-5932

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How to cure a hangover
Overcome a less fortunate side of partying.

LAUREN NAPOLITANO
ASSIST. NEWS EDITOR

It's the end of the semester and all you can think about is partying. Last week I gave you some tips on how to stay motivated until the end of the semester, but let's be realistic, it's really hard.

For those of you who actually begun following my advice and are determined to stay on the straight and narrow road until the last day of classes, congratulations! For those of you with opposite plans, scheming up ways to just get by while living it up, dinking until you can't see straight, here are some tips from www.soyouwan-na.com on how to cure a hangover so you won't feel like a truck ran over you ten times the next morning.

Understand what alcohol does to your body: Grandpa's old medicine is debilitating rather than curative like most medicines. Basically it is deadly if you put too much into your body.

It's not the alcohol itself that you should be worried about but the deadly by-products in the alcohol, especially one deadly chemical called acetaldehyde.

When ingesting alcohol, your body breaks it down into acetaldehyde, among other chemicals, before converting it into less harmful substances. The acetaldehyde discombobulates your brain while at the same time a host of depleted minerals are short-circuiting your nervous system. This is in addition to low blood sugar and the typical headache and dry mouth symptoms caused by dehydration. This results in jittery nerves, nausea, pessimism, and a temporary suspension of the laws of gravity.

The severity of a hangover depends on how much you drink in a given period of time, your enzymatic capacity to deal with the poisons, your weight, and your age. Basically the more you drink in a short amount of time, the worse you will feel the next day. If you weigh less and if you are older, you will also feel the alcohol more the next morning.

Prepare for the night ahead: Before you head out for a crazy night of oblivion, you should prepare in preventing the dreaded hangover.

Never go out on an empty stomach. No one expects you to be able to eat a healthy, well-balanced, three course meal while you are primping for your big night out, however, just grabbing a little something will make a world of difference the next morning. Food is so important in avoiding hangovers because it will soak up some

of the alcohol, preventing it from all going in to the bloodstream.

Another important preparation is to stay hydrated throughout the day and night. Alcohol acts as a diuretic (I'm sure you have all experienced the classic breaking the seal i.e. running to the bathroom all night after the first time you let loose). You need to replace that liquid. It's beneficial to drink lots of juice and water to keep fluid in your body.

Know what to do while you're drinking: Make sure you choose your booze with care. Nasty chemicals called congeners, which naturally occur in all fermented drinks, contribute to an

in your system. Take the pills in the morning, not before going to bed when the alcohol is still prominent in your system. However, taking a multivitamin before passing out can help replenish some of the B vitamins you peed away during the course of the evening.

Survive the morning after: So you feel like you have been hit on the back of the head with a mallet about 20 times? Go back to bed! If it is a workday or you have an early morning class, call in sick or skip the class. Now I am not promoting irresponsibility, however, you body needs the rest as it struggles to repair itself.

Steer clear of caffeine. Even though you're extremely tired and a cup of coffee seems like the best way to wake you up, try to stay away from it. Coffee is a diuretic, dehydrating you more and won't be easy on your stomach. Milk and other dairy products will also cause you to feel queasier.

I have strongly stressed throughout this article that water and juices are optimal choices in replacing lost liquids and electrolytes, however, ginger ale can also help. The morning of your hangover you may experience nausea. Flat ginger ale is a good remedy to soothe your stomach if you feel water or juices might cause you to feel worse.

Honey can also soothe the dryness in your throat. Add some of the sweetness to your cup of tea or swallow a tablespoon of it. You can also spread a little on some toast, which will also ease any queasiness.

Another effective remedy is to lie in a dark room with a cool compress on your forehead. This will help ease the pain of your pounding headache. You can also try an icepack or a bag of frozen vegetables wrapped in a towel, 20 minutes on your head and 10 minutes off.

Now remember these remedies and tips on how to avoid a deadly hangover, which were provided by www.soyouwanna.com, work differently for everyone so experiment and see what works for you.

I leave you off this week with a short poem from George Ade, an American humorist and dramatist best known for his newspaper sketches and books which attracted attention for their racy and slangy idioms and for their humor and shrewdness: "Those dry Martinis did the work for me; last night at twelve I felt immense, today I feel like thirty cents. My eyes are bleared, my coppers hot, I'll try to eat, but I cannot. It is no time for mirth and laughter, the cold, gray dawn of the morning after."

“People believe it is beneficial to swallow pain killers before bedtime...taking a multivitamin before passing out can help replenish some of the B vitamins you peed away during the course of the evening.”

ugly hangover. The rule of thumb is darker drinks such as red wine, bourbon, scotch, and brandy have more congeners than lighter drinks such as white wine, vodka, and gin. However no matter how light or dark the drink is, if it is cheap alcohol, the more congeners are in it.

While you are drinking, it's a good idea to alternate alcoholic drinks with non-alcoholic drinks. This will keep you hydrated. A fruit juice is especially good at rehydrating the body, making it an especially good choice.

Try keeping your drink consumption to one an hour. Your liver breaks down at a rate of one beer per hour. Spreading out your drinking will most likely lessen the severity of your hangover the next day.

Know what to do when you get home: Immediately when you return home from your night of craziness gulp down a big, tall glass of water. Then refill and drink some more. This might get a little uncomfortable since you might feel bloated after drinking alcohol, but it must be done. It is better to drink room temperature water as opposed to hot or cold. If you prefer, drink orange juice or Gatorade instead to replenish lost electrolytes.

Many people believe it is beneficial to swallow pain killers before bedtime, however, this can be dangerous. Aspirin upsets the stomach and aggravates the symptoms of a hangover. Do not have acetaminophen-based pills, such as Tylenol; these can be dangerous when mixed with the alcohol

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Stress Overload, Responsibility Excess...eeek!

Stress is an issue facing many students but it is not receiving nearly enough attention or recognition.

Being a student can be really overwhelming and demanding at times. You have so many responsibilities and people to answer to, especially if you commute and live with parents, are a resident with a lot of roommates, are part of at least one campus organization, or hold a job whilst studying. Simple tasks like cleaning your room and keeping up with the chores take back seat to papers, projects, running late for work, and even naps when exhausted from all the items on your to-do list.

Personally I have been under an intense amount of pressure with classes, work, and family demands (I commute), etc. and have really been struggling to keep everything balanced. People consider me to be an involved student and wonder how I manage to keep up, but I often find myself wishing I could do more and wondering how others manage to keep up with everything they do.

Those of us who work hard for our diplomas will really earn them. They won't just be a slip of paper- they will represent massive amounts of hard work, late nights, early mornings, and long days spent labouring over assignments and studies.

All of this work does not guarantee lifelong success; however, anyone who is determined enough to keep in swing with a heavy workload can surely extend that momentum into the workforce and climb their way to the top (or so we hope). And then there are those from the last generation who reassure us that we will one day look back upon our college days and cherish the memories of the best time of our lives.

All the double shot white mocha soy lattes and earl grey teas with honey and citrus do not replace the sleep some of us forego in pursuit of our dreams. It's lovely making friends and trying to make a difference on campus, but it's also draining beyond belief. Ah well, maybe one day I'll eat my words...along with some baked nacho tortilla crisps from Utz of Hanover.

The following letter receives the official Joey C blessing. This girl is utterly fabulous in every respect- gorgeous, fit, well-kept, witty, intelligent, energetic, and charmingly unique...and still she can't find a good guy. I'm sure she'd say all the same wonderful things about me and you don't see a band of gold on my finger either so just as well. Till then, thank goodness for Kylie Minogue concert DVDs, dark chocolate anything, and airbrush tans.

Dear Joey C,

About a month ago, I found out my now ex-boyfriend was cheating on me. Then, recently I was seeing a new guy- we talked on the phone every night, sometimes hours at end. Things were going great, and there were occasions when I hoped our situation might turn into something long term.

When he returned from his Spring Break in Mexico, he started blowing me off. I found out he started hooking up with someone from his past, who also happened to be in Mexico.

Why are guys treating me like this? Why can't they just be honest? Where does this leave me now? I'm a good girl and hate being left a broken-hearted manhater!

Lonely and depressed,
LCB

Dear LCB,

Join the friggin' club, honey. Sigh.

I regret hearing you've had a bad luck spell as of late, but the important thing to remember is that dating these days is not like it was when our parents were our age. People are busier, internet profiles have become a common way of connecting, and people have more personal issues than you have of your favourite magazine.

Sadly, guys won't be doing a mass sorting of their convoluted heads anytime soon, so you've got to just hold out for the hero till then. Keep looking and feeling great about yourself and don't let this blind you to the next seemingly decent guy that comes along. I would sweep you off your feet myself, but nature had other plans. I wish you well, my dear.

Till next time kids, keep an open eye, an open mind, and an open heart. And when in doubt, Joey C's got the cure. Holler at your Hawk! ;-)

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King of Coasters arrives at Six Flags

Great Adventure's newest attraction, Kingda Ka, breaks coaster records.

SAMANTHA YOUNG
ASSISTANT ENTERTAINMENT EDITOR

Amusement parks, especially those in the United States, have been attracting millions of people to their entrance gates each year for decades. Their guarantees of fast rides, wide varieties of food, and family enter-

“Six Flags Great Adventure has unveiled the largest expansion in our 31-year history. It’s our first step in transforming the world’s largest regional theme park into a true family destination.”

RICK MCCURLEY
Vice President and General Manager

the hype of the latest thrill ride lives up to the reality.

The most recent cause of excitement at Six Flags Great Adventure in Jackson, New Jersey is the launch of Kingda Ka, the “King of Coasters,” a roller coaster which is shattering records across the board. Standing at an amazing 456 feet and reaching top speeds of 128 miles per hour, this coaster dwarfs the competition. In fact, it has been named the tallest and fastest roller coaster on Earth.

Previously, the title for the world’s tallest and fastest coaster was held by Dragster at Cedar Point in Sandusky, Ohio. It stood at 420 feet with a maximum velocity of 120 miles per hour.

So what are you in for with Kingda Ka? Representatives for Six Flags promise park visitors a 50.6 second ride that will not be easily forgotten. According to theme park executives, “a hydraulic launch rockets riders horizontally from zero to 128 miles per hour in three and a half seconds, before vertically catapulting them 45 stories into the sky at a 90 degree angle into a quarter turn. After a brief moment in the clouds, riders descend

418 feet back down to Earth in a 270-degree (three-quarter) spiral. Then the train swoops down a valley and climbs a 129-foot ‘camel hump’ hill, leaving guests feeling weightless before making a left turn and gliding back into the station.”

With a ride of this magnitude, there were important safety issues that needed to be taken into account and resolved before the attraction would be deemed secure for passengers. Six Flags took no chances when they designed the safety

precautions for Kingda Ka. This roller coaster has what is called a “redundant safety system.”

Each of the four trains have shoulder harnesses that contain “two locking devices- hydraulic cylinders and a ‘check strap’ that fastens into the shoulder harness.” It also includes a Dispatch Inhibit System (DIS) that ensures passengers are secured before the ride commences.

Kingda Ka is not the only new attraction to be seen at Six Flags this



WWW.SIXFLAGS.COM

The view of Kingda Ka's looming peak from the launch station.

spring. The roller coaster is the cornerstone of The Golden Kingdom, a mythical new jungle-themed land within the main theme park.

Other features in the kingdom include a “new children’s adventure area called Balin’s Jungland; Temple of the Tiger, an entertaining and educational exhibit featuring the original Broadway-style show, *Spirit of the Tiger*; exotic animal ambassadors plus new shopping and food service conveniences,” said park of-

ficials.

When asked for a statement about the ever-growing theme park, Rick McCurley, vice president and general manager stated, “Six Flags Great Adventure has unveiled the largest expansion in our 31-year history. Our guests will experience unparalleled thrills and family entertainment with outstanding guest service. It’s our first step in transforming the world’s largest regional theme park into a true family destination.”

A massive bite of chaos erupts at Convention Hall

ED SCHIRO
CONTRIBUTING WRITER

What happens when two different amazing rock tours combine forces to put on one massive show that mixes heavy metal bands with some mainstream hard rock/punk bands? You do not get just a taste, but you get a massive bite of chaos!

That is exactly what happened on the second show of the two day stint at Asbury Park’s Convention Hall on February 27 when the first ever Taste of Chaos Tour, featuring The Used, Killswitch Engage, A Static Lullaby, Underoath, and Senses Fail, came together with the Thick as Thieves Tour featuring Atreyu and Unearth.

Massachusetts’ own metal-core band Unearth opened the show to a sold out crowd of many unsuspecting teenage girls who probably came to see The Used and had never heard of Unearth before. I understand the power of a band like Unearth so I was expecting some of these girls to pee their pants when the band started to play. To my surprise, the crowd

roared in excitement when the lights went out and Unearth took the stage. There were definitely more of their fans in attendance than I initially thought which is pleasing for any metal-head to see. Unearth did not disappoint and performed like the metal gods that they are. Being a big fan of theirs, yet having never seen them live, I was really looking forward to their performance and hoped that they were as good live and had the same energy as they do on their records. Their live show reached far beyond my expectations. Guitarists Ken Susi and Buz McGrath, drummer Mike Justian, and bassist John “Slo” Maggard performed their set flawlessly and had the energy to back it up. I couldn’t help but think that the kids watching Susi and McGrath shred away on their guitars with blistering dual harmonies was comparable to when kids witnessed guitarists like Adrian Smith and Janick Gers of Iron Maiden dominate their instruments. Their mastery of the rhythmic breakdown is what sets Unearth apart from the pack of the “New Breed of American Heavy Metal.”

Unearth dominated the crowd and vocalist Trevor Phipps commanded their attention. Unfortunately, they had a very short set and only played five songs, all from their latest release on Metal Blade Records, *The*

Oncoming Storm.

I missed the sets of Senses Fail, A Static Lullaby, and Underoath to check out the acoustic stage sponsored by My Space. This stage was fairly boring and uneventful, with the exception of ex-Far/Onlinedrawing front man, Jonah Matranga’s new band, Gratitude. Matranga was a great front man in Far. The small intimate crowd that gathered for their performance was singing along to the words while Jonah’s emotional performance captivated them. Gratitude played songs off of their self-titled Atlantic Records debut which hit shelves March 8.

I returned back to the main stage for rock/metal/hardcore band Atreyu’s set and was very impressed with their energy. Their guitarists, Dan Jacobs and Travis Miquel, and bassist, Marc McKnight were very entertaining with their synchronized movements and behind the back solos. What also sets them apart from other bands is the fact that drummer, Brandon Saller, is the melodic vocalist in the band, Phil Collins style. Then there is the “screamer,” Alex Varkatzas, who was all over the stage and took control of it. Their showmanship is something you do not want to miss, even if you don’t like the band. They played a 30-minute set consisting of crowd favorites “Lip Gloss and Black,” “Right Side of the Bed,” “The Crimson” and other songs off of their two Victory Records releases called *The Curse* and *Suicide Notes & Butterfly Kisses*. To the audience’s delight, they closed their set with a rendition of “You Give Love a Bad Name” by Bon Jovi.

Next up was one of the bands leading the pack of the “New Breed of American Heavy Metal,” Killswitch Engage. The classic metal horns could be seen positioned high above the crowds heads throughout Convention Hall. I have seen them four

times now and they seem to get better every time and have more people at their shows. This show was no different. Convention Hall exploded with excitement when the band took the stage. Again, this is a band consisting of very skilled musicians. Dual guitarists Adam Dutkiewicz and Joel Stroetzel are inspiring other groups to really practice their instruments so they can shred hard like these guys. Dutkiewicz provides a lot of entertainment with his hilarious on stage antics. He runs around the stage like a madman and just has a whole lot of fun. At one point he got on the microphone and jokingly proclaimed to the abundance of teenage girls that he wants to have all of their babies. The crowd ate his jokes up as he chimed in occasionally with a funny remark. As a band, they are one of the best bands I have ever seen live. They really have a great style, mixing a lot of hard core and metal riffing and drum work with big poppy choruses that stand out and get stuck in your head for hours. Lead singer Howard Jones, who replaced previous vocalist Jessie Leach, is one of the best lead singers in the game. He is classically trained and has a very strong voice that he can switch from brutal screaming to beautiful melodies in an instant. The sold-out audience at Convention Hall sang along with him to crowd pleasing songs like “Rose of Sharyn,” “The End of Heartache,” “My Last Serenade,” “Fixation on the Darkness,” and many others off of their two Roadrunner Records releases *Alive or Just Breathing* and *The End of Heartache*. They received a great crowd response from New Jersey and left the stage knowing that they stole the show. This is a band that everyone needs to check out as soon as possible because if you like heavy music with big catchy melodies you will enjoy Killswitch Engage.

The patient teenage girls waited all

day and night to see tour headliner’s, The Used, and they were shown gratitude with all of their favorite hit singles like “The Taste of Ink,” “Buried Myself Alive,” “Blue and Yellow,” “Take It Away,” “All That I’ve Got,” and more songs off their two Reprise Records releases *In Love and Death* and their self-titled debut. They put on a decent show and the crowd loved them but I was disappointed in the songs that they chose to perform. I do not mind a few slower songs here and there but I don’t like it when bands have awesome live songs they can play but choose their ballads instead to appease the teenyboppers. Some of their true fans who like the more energetic songs would rather not hear them play the “girlie” material. But I can’t criticize them too much because they write good solid songs and are becoming very successful at what they do. Lead singer Bert McCracken is a true front man who knows how to put on a good show. Hey, I have got to give respect to anyone who can pull off a back flip while performing.

The first ever Taste of Chaos Tour mixed with The Thick as Thieves Tour proved to be a winning combination for all in attendance. It was great to see a show that finally mixed genres together successfully. For once, heavier music like Killswitch Engage, Atreyu, and Unearth, got to show off their musical talent to a different crowd than they are used to playing for. The response was undeniable in Asbury Park. Is heavy metal moving more into the mainstream? Only time will tell, but one thing is for sure: Good heavy metal is alive and well today. It is new and fresh and it shows no signs of slowing down as it reaches new and more mainstream audiences around the country. The metal horns owned Asbury Park on this night.



PHOTO BY Ed Schiro

Guitarist Buzz McGrath of the band Unearth.

Indie rock band Massimo emerging on the Jersey Shore

VANESSA GRUSZKA
CONTRIBUTING WRITER

Are you looking for a new band to listen to? If so, go ahead and check out Massimo, an Indie Rock band from Edison. Massimo has been around for a while but has recently begun playing shows along the Jersey shore at venues close to Monmouth University, such as The Brighton Bar and The Saint.

Their upcoming show is at The Saint on Sunday, April 3, 2005 and they will be taking part in Jersey Shows' Sixth Annual Battle of the Bands. There are currently 164 bands already registered to play. Check out the Jersey Shows website for more information on bands and times at: <http://www.jerseyshows.com>.

"I've seen Massimo play twice already and I think the band gets better each time. When the band plays on stage they really bring their songs to life, it's great to get lost in their songs,"

said Peter Melchionne, student from Quinnipiac University.

"My songs are largely taken from my own experience," said lead singer Michael Massimo. "I'm dealing with things that go on in my life and that I think go on in other people's lives too. It's my job as a songwriter to encapsulate those feelings which other people feel but can't put their finger on."

Massimo's music can be compared to bands like Live and the Goo Goo Dolls, but overall they have their own style.



Massimo will be playing this Sunday, April 3, at The Saint in Asbury Park.

Through a career that has included three independent releases and over 1,000 performances from college campuses and night clubs all over the United States, Massimo has been able to continually receive accolades from fans.

"I recently saw Massimo play at the Brighton Bar around the corner from school. It was the first time I saw them play and I was skeptical at first but I wound up picking up their CD and I can't get it out of my stereo," said Meghan

Thorry a Monmouth University junior.

To find out more about Massimo go to www.massimomusic.net to listen to clips from songs and to also find out where else they will be playing in the upcoming months!

Local band Skyler aims at the big time

ALISON MCSHERRY
EDITOR IN CHIEF

As I drove up to the iconic Stone Pony in Asbury Park to see the band Skyler perform, I was struck by how much of the mystery and romance of the club is lost during daylight. From the outside it is simply four walls and a roof. One would never be able to know that this is a piece of Jersey Shore history where the likes of Bruce Springsteen and the Asbury Jukes got their start.

I was there to see a band hoping to one day be added to the list of musicians who got their start in this tiny club. Skyler, a pop punk band of college guys, was competing in The Break, a competition that could land them a spot in the three-day concert event, The Bamboozle Festival.

The band, consisting of Jamie Bassford on guitar, lead singer and guitarist Andrew Petracca, drummer

Weiland is then hoping to get the band a deal with RCA records

Jamod Walker, and Rob Clarke on bass, spent the time before they performed talking to friends, girlfriends, and the occasional fan. They fussed with their equipment and worked out any final details. The guys laughed together and didn't seem very nervous.

"We're beyond nerves," Bassford, a communication major at MU says. He went on to talk about the band's dynamic. "Instead of being on stage with people who are your business partners, we're all best friends. We never put an ad in the paper saying 'guitarist wanted' or anything like that."

As he mingles, Bassford walks around the club drinking vodka from a Poland Spring bottle, representing his generation. What the Jack Daniels bottle was to Slash, the Poland Springs water bottle is to the current youth of America. It's a discreet way to catch a buzz.

An hour before they were scheduled to play, the drummer was nowhere to be found. Apparently this is normal for him.

"Jamod disappears all the time!" Bassford laughed. "Once we played at CBGB's and all day we couldn't find him."

Walker never made it to that show, but he resurfaced at the Stone Pony

just in time to go on. As it turns out, he was in the car digging up copies of the group's CD to sell after the show.

Soon enough the band, decked out in jeans and Hurley shirts, took the stage in the dingy, nearly empty club.

Their infectious pop punk blared through the club, at first abrasively, but then smoothly. Their sound is similar to the likes of Simple Plan and The Ataris.

As they played their catchy ditties, the crowd grew from a small lot of 15 to a group of 40 or so excited people.

By the end of the set, a bra had been thrown on stage and several teenage boys had begun a mini mosh pit near the stage. It's not a bad crowd for a Sunday afternoon.

"If this were North Jersey," Bassford said after the show. "You'd see a hell of a lot more fans."

Skyler, hailing from Glen Ridge, formed two years ago. Since then, they

have recorded an album with JLS Records and been signed to Soft Drive Records by Scott Weiland of Velvet Revolver.

On a fluke, Petracca's mother sent the band's demo to a friend in California a few months back and it ended up in Weiland's hands.

"Basically we're going to go out (to Los Angeles) for a week and he wants to re-record the best five songs to make production changes," Bassford said.

According to him, Weiland is then hoping to get the band a deal with RCA records and eventually produce their first major label album.

"We want to be famous, like flat out famous," Bassford laughed. "It would be cool because nobody wants to work. Being famous is like a big vacation. It's all one big party and it'd be cool to be making all of your money playing music."

As the show concluded, the band members were surrounded by people eager to meet them or get their autographs. They smiled and obliged, clearly enjoying the attention.

Skyler's motives are clear, their dreams big, and their bond tight. If they keep their nose to the grindstone and their spirits high, Skyler may be added to the list of successful musicians who got their start at the Stone Pony.

Rival networks battle it out for midseason TV ratings

Samantha Young
Assistant Entertainment Editor

Since *Friends* ended its 10-season run last May, NBC has been struggling to keep their viewers watching, even with the success of the series' spin-off *Joey* and *The Apprentice*. Right now, the CBS network is now dominating the primetime slots on Thursday nights. With *Survivor: Palau* and *CSI: Crime Scene Investigation* generating an average of 20 million viewers per week, other networks are desperately trying to stay afloat. In response to the midseason lull, FOX has decided to debut a new series on the biggest night of the week in order to boost ratings and steal viewers.

Life on a Stick

The previews say everything that needs to be said about this show. It centers around several teenagers who work at "Yippee, Hot Dogs" in a mall food court. The main characters are an 18-year-old boy named Laz (Zachary Knighton), who is unsure what he wants to do with his life now that he has graduated high school, his best friend and accomplice Fred (Charlie Finn), Lily (Rachelle Lefevre), the object of Laz's affection, and Molly (Saige Thompson), Laz's 16-year-old stepsister who is very angry and antisocial.

The premise for the show is simply this: Laz's dad Rick (Matthew Glave) and stepmother Michelle (Amy Yasbeck) want him to move out of the house and into the real world. But, like most teenagers today, he is comfortable where he is and scared to leave the place he has known all his life. Meanwhile, Michelle is constantly trying to make her daughter Molly more like her, a "girl's girl" who lives purely for boys, makeup, and clothes. Her numerous tries

prove futile because the only person she talks to is Laz. Upon realizing this, Rick and Michelle decide to let Laz stay in the house if he promises to hang out with Molly and take her out in order to improve her social skills. Laz readily agrees and gets to work.

The show is funny, but not enough to keep viewers. Those who do watch will turn the channel because they will most likely grow tired of the inconsistent writing, the off-color humor, and annoying cast.

The writing is not bad, but poorly

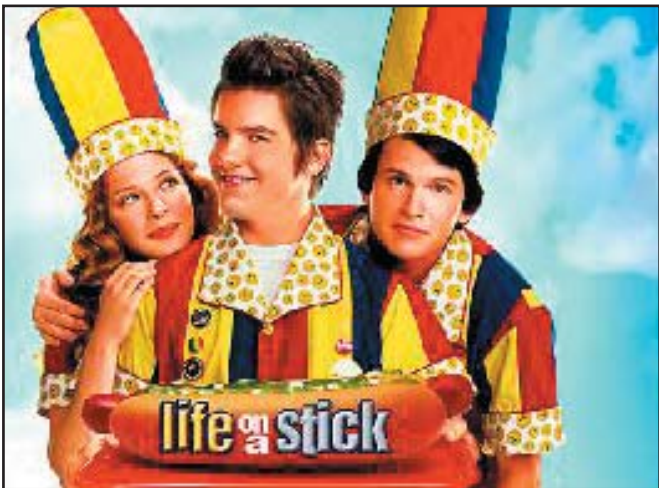
This is not the picture of tact.

As stated before, some of the jokes are funny. However, the deep-frying of their boss's office supplies is hardly what constitutes as humor, let alone a major punch line. Other examples of this dim-witted humor are when Laz and Fred are relating Spartacus to their teenage lives, Rick and Michelle are doting on their eight-year-old child Gus (Kurt Doss), whom they believe is perfect in every way, and when Fred is making comments about the tush of Laz's stepmother.

The cast might have been able to save this show if they had comedic timing and/or screen presence. Unfortunately, these youngsters don't have what it takes to carry a television on their own. The characters of Molly and Gus are very annoying. The roles of the understood teenager who is really a good person at heart and the perfect child who can do no wrong have been exhausted. Fred seems to be on the show purely for comic relief because most of the jokes come from him. He has no

depth and seems to aimlessly follow Laz through all of his endeavors. No one knows anything about his life or his family.

Under any other circumstances, this show wouldn't last more than eight episodes. Luckily, the season finale of this show is supposed to air on May 18, which means the good people at FOX had the decency and foresight to only order nine episodes of this mess. To have ordered a whole season would have meant lost revenue for the FOX and lost brain cells for the viewers. Until the day this nightmare ends, it can be seen on its regular night, Wednesdays at 9:30 p.m.



Lily, Laz, and Fred are the main characters on Fox's new sitcom, *Life on a Stick*.

adapted. In trying to talk like teenagers do, the writers of the show have lowered the IQ of the average American teenager by about 50 points. The lines are delivered slowly, as if not to lose anyone, and spaced out in order to allow the laugh track to play. Some of the jokes are relatively funny, but they are also scarce. Another problem with the writing is character development. In one particular scene, Molly is complaining because she is not as pretty as Lily. It is then the writer decide to tell the audience Lily is working at "Yippee, Hot Dog" because her father is unemployed and she is trying to pay her disabled brother's medical bills.

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April 22, 2005

Keynote Address

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Dr. Sylvia S. Martin,
Monmouth University
Dr. Randy L. Seevers,
University of Houston-Clear Lake

Director
Lynn Romeo

State of NJ Professional Development
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Program Schedule

8:30 am - 9:00 pm

*Exhibits
Posters
Registration
Refreshments*

Anacon Hall, Student Center

9:00 am - 10:15 am

*Keynote Address
Wilson Hall*

10:30 am - 11:45 am

Workshop I

11:45 am - 12:15 pm

*Exhibits
Posters
Refreshments*

12:15 pm - 1:30 pm

Workshop II



Workshop I

Using Multicultural Non-fiction Texts To Enhance the Curriculum Grades 1-5.
Wendy Nagle, Brick Public Schools
Greater Science Literacy and Social Studies Literacy through Integration Grades 7-12
Marlene Hurley & Jean Spears, Monmouth University
Integrating Literacy in the Elementary Math Classroom Grades 1-5
Jill Edwards, Holmdel Public Schools
The Creative Classroom: Using Art as a Teaching Tool for all Learners. All Grades
Judy Harzer, Brick Twp Primary Learning Center
Inclusion: What Principals Have to Know to Make it Work (double workshop)
Glenn Morgan, Monmouth University

Workshop II

In-Class Support for Inclusion Classes
Kim Oade, Monroe Twp High School
Teaching Math for Understanding in an In-class Support Classroom
Donna Chiera, Perth Amboy Public Schools
Vicky Pullaro, Perth Amboy Public Schools
Creating and Fostering a Literacy Environment Across Content Areas. Grades K-4
Christine Keleman, Marlboro Twp Public Schools
Writer's Workshop: An Integrated Approach Across the Elementary Curriculum
Kim Beyer, Monmouth University
Phonological Awareness: What, Why, and How? Grades 1-5
Janice Migliazza, Monmouth University

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Students who do not obtain advisor approval will not be able to self-register using WEBregistration and will need to register in-person at their academic department, the LCAC if advised by the LCAC, or at the Registrar's Office.

Full details are listed in the information and instructions dated 3/1/05 and e-mailed to your MU email account.

WEBstudent Screens for Registration :

- Course Schedule Information
- Sections Offered by Term
- WEBregistration Approvals / Blocks
- Course Prerequisite Worksheet
- WEBregistration

WEBstudent screens also helpful during Registration:

- Academic Audit
- Student Schedule
- Online Forms

Questions . . . contact
registrar@monmouth.edu

Student athletes are encouraged to go abroad in the summer

BRITT TRAVIS
Staff Writer

Many MU students feel athletes here are tied down to their respective sport during their time at Monmouth; to participate in D1 sports, our athletes need to practice throughout the year, not just during the playing season. With that said, many athletes are under the impression all they can do is something locally. They can attend sporting events, concerts, classes on MU's main campus, but certainly not study in a foreign country; however, this is far from true. MU athletes are encouraged to participate in Monmouth's Study Abroad Program; because a semester away would not be feasible for our athletes, the five week summer program to Madrid, Spain is perfect for these devoted students. Dusty Archer, a key player on the woman's softball team, took advantage of the opportunity to spend part of her summer in Spain in 2004, and she plans on doing it again this summer.

As a very active member of the Monmouth community (member of the softball team, campus tutor, lab assistant, peer leadership, secretary of the Spanish club, athletic advisory committee, and much more) Dusty absolutely wanted the chance to participate in the Study Abroad Program; with the support of the athletic department, professors, friends, and her family Dusty signed up with Robyn Asaro to participate in a home stay in the heart of Madrid with a retired film star, Maycar.

While living with Maycar Dusty proudly exclaims she went from being a beginner in Spanish to becoming fluent in reading and writing the romance language; though she admits she needs to work on her pronunciation, she is consciously aware of it and intends on fixing the problem when she returns to Spain this June. Unable to decide whether or not Dusty truly wanted to minor in Spanish, the program abroad helped her realize it was something she absolutely wants to do. She now hopes to one day get a job where she can apply her language minor with her other minor, Info Tech, and her Communication major.

As a platinum blonde in Spain, Dusty admits to often sticking out; this made it a little harder for her to fully fit in abroad, but she didn't let that ruin her good time! From traveling to Barcelona to Ibiza to Toledo, from going to football (soccer) matches to enjoying the nightlife, Dusty maintained an amazing, open, and positive attitude. When asked what one of her favorite moments abroad was, her answer was one most would not expect. "When I got lost my first night. I was supposed to be back at Maycar's house at 8:30 PM, but just got completely lost. It wasn't bad because I learned so much! I learned so many street signs, and I was forced to talk to people. I couldn't let the insecurity I still felt about my language skills get to me because I really needed to get home!"

Asked if she was scared about the situation Dusty eagerly replied, "I couldn't be! If I got scared I would freak out. You can't panic in a situation like that. I knew it wasn't the end of the world, and that I could get back

home if I just spoke to people on the streets." Her positive attitude allowed Dusty to enjoy every bit of her experience abroad. Those who study abroad learn how to map their way around cities, how to interact with those from different cultures, and learn how to fit in a very different society. It is an achievement that will last with the students for a long time.

Aside from perfecting her Spanish, she seemed more pleased with the fact this is a program athletes can take advantage of. "I know student athletes who couldn't go abroad during the semester because of their sport. The Madrid program is so great because it allows us to go abroad and experience all the awesome things there, but we can still be part of our team."

"There are so many student athletes who rule out studying abroad before even looking into it because they don't think it's a real possibility, but I am here to tell you it is a possibility, and one you should definitely do while studying at Monmouth!" exclaims Dusty. Because of the Madrid program, Dusty was able to gain 6 credits, fulfill her desire to go abroad, and remain an active part of the softball team (and all her other activities too!) The summer session did not interrupt her practice schedule nor did it interfere with any other obligation she needed to meet during the regular semester.

As an obviously active member of the Monmouth community, Dusty really wanted to experience as much as she could. Getting the chance to study abroad was just one of them. Now she advises anyone she can to go abroad. "Whether you are an athlete, vice president of a club, or just a part of the Monmouth community, going abroad is a must! Words cannot express how amazing this opportunity is. I am so glad I finally did it, and I can't wait to go back this summer!"

Though Dusty is just one face of the hundreds who have participated in one of three Monmouth University Study Abroad Programs, she represents a unique type of study abroad. She is an athlete who did what most did not think she could do; she found a way to take advantage of this opportunity. If you are in class with Dusty (or any other past study abroad) ask about the time abroad as she would be glad to talk to you about it.

Going abroad is an absolutely amazing, incredible, wonderful experience. If you are a student athlete you are encouraged to speak with the athletic department about going abroad in the summer. Robyn Asaro (office located on the 3rd floor of the Student Center) also would be able to help you out with some information. This is an opportunity every student at Monmouth, whether an athlete or not, should take advantage of. You get to spend time in three of the most amazing cities in the world! London and Sydney are offered for semester long programs, and Madrid is offered for a 5 week summer session. As the cliché goes: If there's a will, there's a way; if you have the desire to spend time abroad—forget about being nervous, if that desire is there, look into the programs offered and become part of this growing program at Monmouth.

SPAIN



PHOTO COURTESY of Britt Travis

Madrid study abroad students (left to right) Jackie Millman, Danielle Peng, Stephen Woelfer, Corina Hart and Lynsey White pose along the streets of Puerta de Sol.

Australia



PHOTO COURTESY of Britt Travis

Australian study abroad students (left to right) Josh Strauss, Laura Dissinger, Joe Gesuale, Katie McDonough stand along side a waterfall after swimming in the pool below.



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CAMPUS VIEWPOINT

BY: SUZANNE GUARINO

“What lesson in love took you the longest to learn?”



Corey - senior

“Never live to love in leiu of loving to live”



Lori - sophomore

“It’s best to get to know the person and be friends first before being in a relationship”



Nikki - freshman

“The only way you can truly experience love is to open yourself up to it entirely with devotion”



Marianna - senior

“Never compromise yourself for someone you love”



Pat - sophomore

“Calling her by the right name is pretty important”



Tobi & Kate - sophomores

“Communication goes a long way. We both learned that. Hard.”



Kelly - sophomore

“No matter where you go in life you never forget your true love”



Dan - junior

“That the best love is the one your currently in”



Dan -junior

“The woman is always right”



Charles - sophomore

“Loving myself more than the other person always messes stuff up. lol”

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Edison Hall 215, 2:30 p.m.
- Quadfest: Hula Hoopla
Bungee Challenge, Bouncy Boxing, Music Recording
Booths and More
Residential Quad, 12:00 - 4:00 p.m.
- Big Man on Campus
Pollak Theatre, 10 p.m.
- Thursday, March 31st**
Pajama Jamm
Oakwood Lounge, Time TBA
- Friday, April 1st**
Movie - Lemony Snickets: A Series of Unfortunate Events
Young Auditorium, 8 p.m.
- The Doo Wop Extravaganza Concert
Pollak Theatre, 8:00 p.m.
- Saturday, April 2nd**
Movie - Lemony Snickets: A Series of Unfortunate Events
Young Auditorium, 3 p.m. & 9 p.m.
- The Big Event
Meet @ 10:00 a.m. - Rebecca Stafford Student Center
- Softball vs. St. francis (PA)
1:00 p.m.
- Baseball vs. Sacred Heart
12:00 p.m. & 3:00 p.m.
- Sunday, April 3rd**
Softball vs. Robert Morris
12:00 p.m.
- Baseball vs. Sacred Heart
12:00 p.m.
- Greek Week Begins
- Monday, April 4th**
Anxiety Screening Day
RSSC 202A/RSSC Info. Desk Lobby, 12-4 p.m.
- Tuesday, April 5th**
Greek Talent Show
Pollak Theatre, 10 p.m.

2005 GREEK WEEK EVENTS

Good Luck to all the chapters!

March 28th-March 31st
Penny Wars

Saturday, April 2nd
The Big Event, 10 a.m.

Monday, April 4th
Banners Due, 1:00 p.m.
Arm Wrestling, Pit @ 4 p.m.
Academic Bowl, Pollak @ 10 p.m.

Tuesday, April 5th
Billiards & Darts, RSSC @ 4 p.m.
Talent Show, Pollak @ 10 p.m.

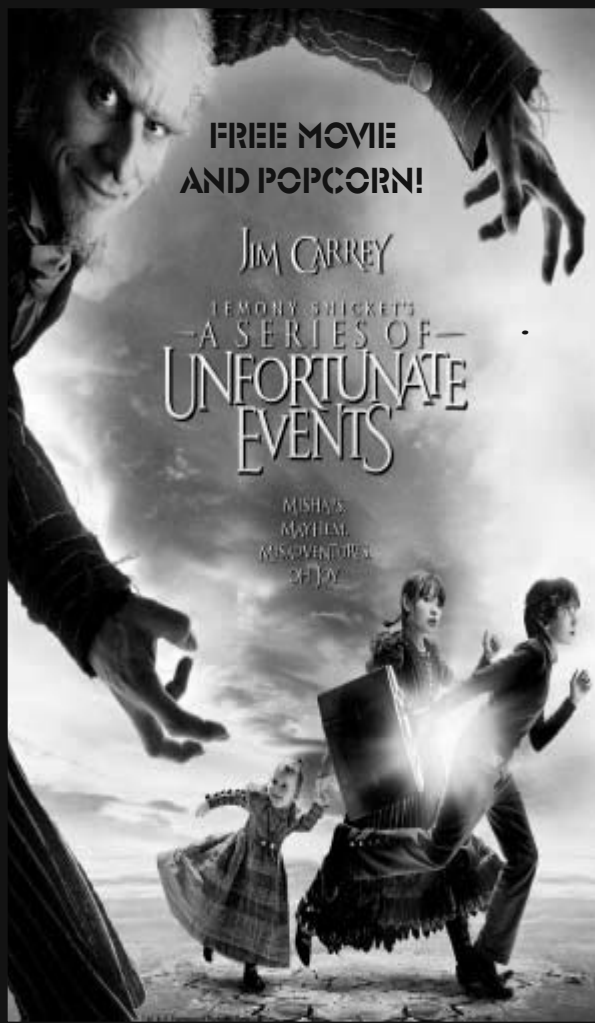
Wednesday, April 6th
Kickball, Great Lawn @ 10 a.m.
Greek Photos, Wilson @ 2:30 pm.
Ping Pong, Oakwood @ 4 p.m.
Basketball, Boylan @ 10 p.m.

Friday, April 8th
Volleyball, Boylan @ 9 p.m.

Saturday, April 9th
Quad Games, Quad @ 1p.m.

Sunday, April 10th
Football, Great Lawn @ 1 p.m.

Thursday, April 7th
Track, Kessler Field @ 6 p.m.
Swimming, Pool @ 10 p.m.



Spring Film Series
Young Auditorium, Bey Hall
Friday, April 1 @ 8 p.m.

Saturday, April 2 @ 3 & 9 p.m

SLAM

Share your stories and hearing others. An opportunity for the expression of self....

FEATURING:

HELENA D. LEWIS

Tuesday, April 12
7:00 p.m.
Rebecca Stafford Student Center
Java City Cafe'

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Office of Student Activities & Student Center Operations

Moonmouth Review

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Established P.R. firm relocated to Red Bank from NYC seeking editorial assistant to -

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Student must be organized and well-spoken; have good computer & Internet skills; and be a strong writer & editor comfortable with deadlines. Good preparation for job in journalism. Minimum 6-8 hours/week, 2 days per week. \$8-10 per hour, depending on experience. See website www.klimley.com Send resume to April Klimley, President, aklimley@aol.com or fax at 732-530-4870.
[Office Phone: 732-530-1639]

Winter Rental
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Split Level,
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Call 212-575-0045
or
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New 5 Bedroom, 2 1/2 Bath
Located Close to Campus
• New Furniture
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• Private Driveway
• No Pets
Available from Sept. '05 thru May '06
Call 718-375-8883
917-612-5176 (cell)

Rehab Tech Position Available
OP ortho physical therapy clinic looking for FT/PT rehab tech. Exercise knowledge a plus, but not required. Please forward resume to
732-741-7100

Babysitter Wanted ASAP!
Work-at-home mother looking for responsible, fun-loving student to care for 3 girls (5, 2 1/2, and 2 months) in Little Silver home.
10-20 hours per week/year round.
Experience and References Required.
If Interested please contact,
732-741-1395

Winter Rental
Monmouth Beach - 3 Bedroom, Eat-In Kitchen, W/D, Central Air, Deck, No Smokers, No Pets.
Sept. 1 - June 30
\$1,750 Per Month
732-222-3913

Extremely cute, well-trained, loving, and protective bull-terrier is in need of a home. George, is a 45 lb. brown brindle pit, neutered, healthy, and was the runt of his litter. His owner is moving and can not give him the love and attention he deserves. Call Matt 908-489-4816 to meet George and fall in love instantly.

Winter Rental
Monmouth Beach - 9/1/05 to 6/30/06
\$1,750 a month
5 Bedrooms, w/d, Eat in Kitchen, Dining Room, No Pets, No Smokers
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GRAPHIC DESIGNERS NEEDED!!!
Local Promotions co. seeks
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Per Session
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No Session Fee
Students Must Have Valid I.D.
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AUDITIONS:
Tri-State Productions is seeking women of all ethnicities for modeling, both print & video.
Call 732-610-5527

Water Safety Instructor
Need a Great paying summer job!
Looking for experienced WSI to teach private swim lessons in the Manalapan surrounding area. Must have transportation. Call: Amy (732) 890-7162

Receptionist Wanted
For Bed & Breakfast in Spring Lake, NJ

Do you want a challenging job with the opportunity to earn, learn and have fun in a beautiful work environment near the ocean and beach?

Ashling Cottage Bed & Breakfast in Spring Lake, NJ needs a receptionist to work part time, starting immediately, through the summer & fall seasons. Hours can be somewhat flexible when coordinated with the flex-hours of the other receptionists.
See website: www.AshlingCottage.com

- Skills & experience preferred:
 - o Familiarity with office equipment & processes such as:
 - Computers – Windows navigation, Word, Internet, Mail
 - Fax machine
 - Phone voice mail
 - Copier
 - Printers (ink-jet color & laser jet black & white) for documents & labels credit card machines
 - o Interpersonal skills for:
 - Answering phones
 - Taking reservations
 - Responding to questions of perspective guests
 - Checking-in guests upon arrival
 - Checking-out guests on day of departure
 - Giving tours to interested individuals

The owner and experienced receptionists will provide on-the-job training to teach the office processes, tools & techniques. The owner will offer competitive pay rates depending on experience.

Call Ashling Cottage at 732-859-3329 for more information and to set up an interview. You can also e-mail the owner at: adsorders@verizon.net

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WWW.SEFAN.ORG: WEB SITE TO HELP FIGHT HUNGER
The Statewide Emergency Food and Anti-Hunger Network (SEFAN) has launched a web site to help address the growing problem of hunger in New Jersey. By logging onto www.sefan.org and clicking onto "Pantry Link" you can find out about local food pantries, soup kitchens and shelters that serve meals in your community. The web site lists volunteer opportunities as well as items needed such as non-perishable food and baby products.
By helping your local emergency food provider, you will be helping to fight hunger in your community and in New Jersey. So log onto www.sefan.org and click on "Pantry Link" today!

HOROSCOPES

By Linda C. Black,
Tribune Media Services

Today's Birthday (March 30th)

Travel beckons this year, and it looks like an excellent idea. Select a destination that stirs your passions and imagination.

To get the advantage, check the day's rating: 10 is the easiest day, 0 the most challenging.

♈

Aries • (Mar. 21 - April 19) - Today is an 8

The goal you've been after for so long is almost within your reach. Conditions are in your favor, finally. There's not a moment to lose..

♉

Taurus • (April 20 - May 20) - Today is a 6

Tally your resources and figure out what you have and what you don't. You're in for at least one pleasant surprise, and you'll know where to focus attention.

♊

Gemini • (May 21 - June 21) - Today is a 10

You're wise to keep your opinions to yourself for a little while. The odds are not good that you will, but it would still be wise.

♋

Cancer • (June 22 - July 22) - Today is a 5

A change in how you do a job will free up a lot of your time. It's OK to get assistance, that's not cheating in any way. If you're running late, delegate.

♌

Leo • (July 23- Aug. 22) - Today is a 10

Your relationship grows stronger the more stuff you do together. Declare your intentions then ask the questions that lead to a solid commitment.

♍

Virgo • (Aug 23 - Sept. 22) - Today is a 5

You're close to making a change that you've been contemplating for ages. It has to do with your home, family or possibly your dicor. You'll know when the moment is right.

♎

Libra • (Sept. 23 - Oct. 23) - Today is a 8

Don't be stopped just because you have no idea what you're doing. You're a quick study, especially now. Hurry up, before anyone knows.

♏

Scorpio • (Oct. 23 - Nov. 21) - Today is a 6

Keep pushing, your reward is closer now than ever before. Accept more responsibility, and the included benefits..

♐

Sagittarius • (Nov. 22 - Dec. 21) Today is an 9

You're lucky in games because you've got a few tricks up your sleeve. Amaze them with your fabulous sense of humor, too. You're the star.

♑

Capricorn • (Dec. 22 - Jan. 19) - Today is a 4

Push to get a household job wrapped up in the next day or two. You get extra points for using stuff you already have in storage. Be creative.

♒

Aquarius • (Jan. 20 - Feb. 18) Today is a 8

You're in an excellent frame of mind to learn an amazing trick. Something that was impossible is about to become commonplace. Be on the leading edge.

♓

Pisces • (Feb. 19 - Mar. 20) Today is a 6

The effort you've put in earns you more than a fatter pay check. You also are granted more respect and, quite possibly, a promotion..

ACROSS

- 1 Costume jewelry
- 6 Stereo adjuncts
- 10 Wineglass part
- 14 Negative particle
- 15 Electrical cable
- 16 Verdi masterpiece
- 17 Business order
- 20 Dijon donkey
- 21 Meal scraps
- 22 Property claims
- 23 Herring's kin
- 25 Poetic tributes
- 27 Political order
- 33 Meditative ones
- 34 NY gambling parlor
- 35 Create lace
- 36 Feeds the pot
- 37 AARP members
- 38 Terre __, IN
- 40 Half of B.S.
- 41 Food from taro
- 42 Buffalo team
- 43 Military order
- 47 Fine spray
- 48 Valuable stones
- 49 Go with the flow
- 52 Actress Gilbert
- 54 Lend a hand
- 57 Class order
- 61 Citrus drinks
- 62 Lays down the lawn
- 63 Twirler's stick
- 64 Fancy schmancy
- 65 Golfer's gadgets
- 66 Snatch

DOWN

- 1 South American rodent
- 2 Some time hence
- 3 Male parent
- 4 Zenith
- 5 Rock producer Brian
- 6 Tony, Oscar and Edgar
- 7 Kitchen glove
- 8 Separates before laundry

QUIGMANS



"Check out Paris Hilton, dude ... I hacked into her brain with my pirate satellite, and now she's running for senator."



Everyone thought Bill Junior had a lot of great ideas, but actually he was just too cheap to buy a lampshade.

You Are Here

By Aaron Warner

MU Students:

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2 Dudes



By Aaron Warner

Wednesday's Puzzle Solved

3/31/05

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P	O	S	T	E	S	H	S	S	W	I	E
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A	I	D	A	N	O	I	N	M	E	R	E
P	A	S	T	E	A	M	P	S	S	T	E

The Family Monster by Josh Shalek



www.joshshalek.com kid_shay@joshshalek.com

I'm Rich! Beeyatch! Tour

[COMEDIANS from page 1]

Charlie Murphy seemed pleased with the outcome of the show. He later commented, "Nobody threw a tomato at us so..."

When asked about what it was like to work with the famous Dave Chappelle, Donnell said, "He's one of the only people at the super star level that still trusts you and lets you make your own decisions, do your own thing and try new things."

With a new season of *The Chappelle Show* on its way, and with DVDs already in production, these three comedians are indeed on their way to true stardom. To see more of Donnell Rawlings, Bill Burr and Charlie Murphy, visit the comedy clubs in New York City. You can find them performing at The Comic Strip, Caroline's, Comedy Cellar, and The Stress Factory.

WANTED: Old Eyeglasses to Save Lives

PRESS RELEASE

In the spirit of this year's theme for the Global Understanding Convention, "Making a World of Difference: Local – Global Connections," Monmouth University, in conjunction with the Oceanport Lions Club, will collect old eyeglasses and has placed eyeglass collection boxes in the following locations: 1) Student Center Information Desk, 2) School of Business Administration Information Desk, First Floor, Bey Hall and 3) Office of Dr. Saliba Sarsar, Associate Vice President for Academic Program Initiatives, Wilson Hall Room 205. (A fourth collection box will also be placed on the information table during the Global Understanding Convention from April 11 – 15, 2005).

For 80 years, Lions clubs have offered people the opportunity to bring sight to the world by collecting old eyeglasses for distribution to the needy in developing nations. Many young children are denied an education because, without eyeglasses, they are unable to see the blackboard in the classroom

and are sent home. Many parents who are unable to see well enough to perform their duties at work are replaced and, without employment, are left unable to support their families unless they receive the gift of sight.

The eyeglass collection project began in 1925 after Helen Keller addressed the Lions at the international convention in Cedar Point, Ohio. She challenged the Lions to become "knights of the blind in the crusade against darkness." From this time, Lions clubs have been actively involved in the collection of old eyeglasses for donation to those in need throughout the world by Lion volunteers and other organizations hosting optical missions in developing countries.

Hopefully the world has learned from such an inspirational woman as Helen Keller, who was born blind to teach us to see that for those we try to help with sincerity and love in our hearts, even if in a small way, our efforts are like rays of light from our soul to theirs. Like her teacher who broke through the darkness and silence

that imprisoned young Helen, we too must work for others in need. To make a difference in the lives of the many who cry out for help in today's world, it is our love and compassion that these people need more than bread or money.

To all those at Monmouth University who care, you are encouraged to participate in this noble undertaking by donating your old eyeglasses and sunglasses at the locations listed above to help give the gift of sight. All types of eyeglasses and sunglasses, prescription and non-prescription, are acceptable. Reading glasses are also very useful because many recipients are in need of visual correction to help them perform close-up tasks. Sunglasses are needed for people living near the equator in order to shield their eyes from the sun's damaging rays.

With your help, we will be "making a world of difference" at Monmouth University.

For more information contact Peter A. Dellera Jr. at 732-222-3925 or by e-mail at pdellera@monmouth.edu.

Monmouth holds annual Career Connections

CHRIS NETTA
STAFF WRITER

On Wednesday March 23, between the hours of 2:30 p.m. and 6:30 p.m., Monmouth University's Alumni Association, in conjunction with the Business Advisory Council and the Placement offices, held their annual Career Connections event. Despite the rain that soaked the Monmouth campus all day, many students came to Anacon Hall in order to network with business leaders and discuss career opportunities.

During the event, Anacon hall was turned into a meeting place of current and future business leaders. Tables were set up in a large circle, where employees from many companies sat down and talked to students about their futures. Business leaders from companies such as Tyco and Merrill Lynch were present, many of whom were Monmouth alumni.

Among them was Merrill Lynch financial advisor Jeff Quinn, who received a degree from Monmouth University through night classes while he was working full time. He was one of the co-chairs on this event, along with Jack Wagner, and helped to organize this year's Career Connections.

"We wanted to get in front of students and give them an opportunity to network with business leaders,"

VIKKI FAULER
Business Advisory Council

"What we are trying to do is basically put students in touch with people in the workplace, in many cases giving them a leg up so they understand the industry they are trying to get into a little better," said Quinn. "In many cases we offer shadow programs where we offer the students the opportunity to follow us around for a couple of hours a day."

Although the weather was not on the event's side this year, Career Connections still drew an impressive crowd. At some points it was difficult to hear because of the many voices communicating throughout the room about employment and careers.

This event was similar to a job fair; however, the differences are important to note as well. It allows students to speak to professionals in an informal setting, where they can speak to each other openly and advice can be offered. The event was open to students of all majors, but there were heavy concentrations of communication, law, and finance professionals.

"We wanted to get in front of students and give them an opportunity to network with business leaders," said Vikki Fauler from the Business Advisory Council, one of the people who worked on the event.

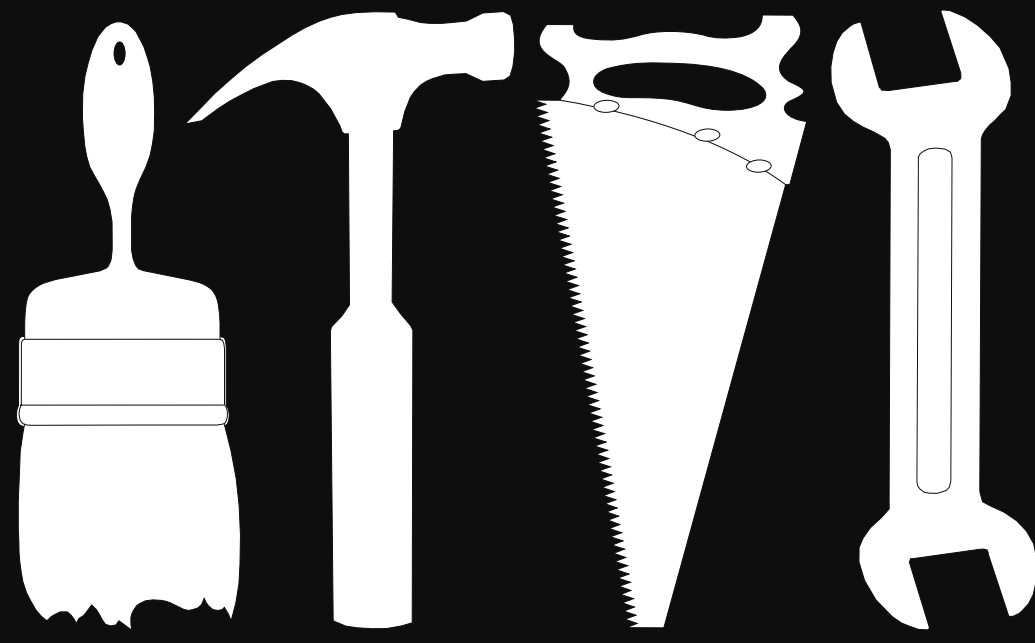
The theme of the afternoon was one of planning for the career after college. Monmouth University can only take you so far by itself, although a Monmouth University degree will not hurt, believes Jeff Quinn. "I think that a degree from Monmouth University is certainly going to put you heads and shoulders above the competition, especially in comparison to other schools from New Jersey."

THE BIG EVENT

SATURDAY, APRIL 2, 2005



VOLUNTEERS WANTED!

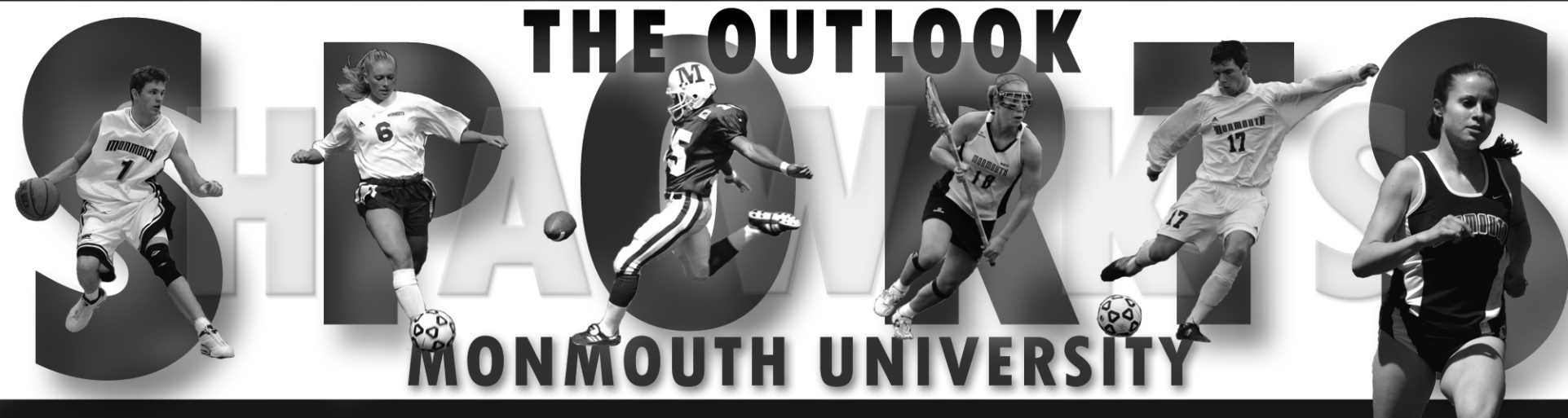


The BIG EVENT has become a tradition at Monmouth University where students, staff, faculty, clubs, team members, Greeks spend a day volunteering in the local communities. The Big Event, quite simply, is a day of caring.

Big Event volunteer registration forms are available through SGA, and can be picked up on the 2nd floor of the RSSC.

Volunteers will receive a light breakfast, transportation to the work site, lunch and a Big Event t-shirt.

For more information call SGA at 732-571-3484.



Golf Back in Action for Spring Season

Warmer climate and promissing results for the Hawks

KELLY FITZGERALD
SPORTS STAFF WRITER

It seems as though it's that time again, when the weather gets warmer and the golf course gets greener- if you travel to South Carolina or California.

"We should have a good chance contending for the conference this year after what we saw in South Carolina."

ANDY BEITTEL
Men's Golf

Both the Monmouth University Men and Women's Golf teams did respectively well in their first tournaments over spring break, considering that the courses here were recently covered in snow.

The men's team traveled down to Hilton Head, South Carolina to compete at the 1st Annual Lonnie Barton Memorial Classic at the Haig Point Golf Club.

Senior Brian Pepe said, "It felt good to get out onto a course. We haven't played since October, so we were a little rusty, but overall we played pretty well."

On Saturday the Hawks earned a score of 338, and on Sunday they scored a 324 for the day.

Freshman Anthony Campanile had a team best round of 78 on Sunday and finished the weekend with a two-day score of 163, which earned him a tie for 22nd place overall.

Campanile's older brother Gregg, a junior, also did well by firing two rounds of 82 and 83 to earn a 27th place finish overall.

Junior Brian Hart finished in 32nd place with a score of 166.

He said "It was good for us to

get back in competition and this tournament will help us for the conference tournament in May."

The Hawks ended the tournament as a team with a 7th place finish, which makes sophomore Andy Beittel thinks the Hawks "should have a good chance contending for the conference this year after what we saw in South Carolina."

On the women's side, the Hawks traveled a bit farther than the men to play a few rounds of golf. They went over to the West Coast to play on the par-72, 6,061 yard Coto de Caza Golf and Country Club Course in the Anteater Invitational hosted by UC-Irvine. The standout for the Hawks was Junior Rae Johnson

who shot rounds of 86, 84, and 83 throughout three days of competition. This helped her to earn a 49th place finish.

Senior Anne Marie McMillan was also impressive with her round of 77 on the last day to claim a 57th place individual finish.

"It was good for us to get back in competition and this tournament will help us for the conference tournament in May."

BRIAN HART
Men's Golf

Freshman Rylee Plitz scored a three-day total of 270 to get a 59th place.

The Hawks finished overall with a 10th place finish in California.

They hope to improve as the season progresses and can't wait to get back out on the green in the next few weeks.



WWW.MONMOUTH.EDU/ATHLETICS
Freshman Anthony Campanile led the Hawks with a round of 78 for a two-day score of 163.



WWW.MONMOUTH.EDU/ATHLETICS
Junior Rae Johnson shot rounds of 86, 84, and 83 at the Anteater Invitational in California.

Men and Women's Tennis Start Season

CRAIG D'AMICO
SPORTS STAFF WRITER

After almost six months of waiting since the fall season ended, the Monmouth Hawks Men and Women's tennis teams return to action to open spring season play this week.

The snow has finally melted off the tennis courts and ready to be played on again, and it couldn't come soon enough for the Hawks women's team, who will be looking to pick up right where they left off in the fall.

The team is led by Abel Lampa, who plays both first singles and first doubles.

The Hawks were 6-4 in the fall season, with home wins against Drexel, St. Peter's, and St. Francis PA, and road victories at Delaware St., Wagner, and St. Francis NY.

The team will be highlighted by sophomore Ashleigh Johnson, who won NEC player of the week in September. She had a perfect week with two singles wins and a win in a doubles match.

There will also be senior leadership a plenty, as the team is led by Jen Taylor, Kelly Phoebus, Lauren Harms, and Kelly Fangmann.

Coming into the season, the team was ranked fifth in the NEC pre-season poll. To start the spring season, they will have a tough test as they travel to the USTA National Tennis Center in Flushing Meadows (home of the US Open) to play the second team in the preseason poll, and last years NEC Tournament runner up, the LIU Blackbirds on Saturday, April 2nd at 11am.

On the men's side, they will be looking to improve on their one win in the fall, when they play on Wednesday in Baltimore when they travel to play the Greyhounds of Loyola College at the Butler Courts. The Greyhounds will be coming off a make-up match with Rider they day before.

For the men's team, their lone win of the fall came on October 8th against the St. Francis NY Terriers at the USTA National Tennis Center 5 matches to 2.

The men played on February 12th against Lehigh and Howard and were swept by both teams 7-0.

The team is led by Abel Lampa, who plays both first singles and first doubles. His partner, Jason Letchko, is also second singles on the team.

The Hawks were picked to finish seventh in the NEC pre-season poll. Monmouth Director of Tennis Jeff Kutac is completing his first year as Hawks men's tennis coach.

70GOLF
MEN'S

at Hofstra Invitational (Harbor Links GC)
at Hofstra Invitational (Harbor Links GC)
at Hofstra Invitational (Harbor Links)
at Lafayette Invitational@Center Valley Course
at Lafayette Invitational@Center Valley Course
at George Washington Invitational (Bethany Beach)
at Mount St. Mary's Invit.
at Mount St. Mary's Invit.
at St. Peter's Invit. (Neshanic Valley GC)
at Deal Quad Match@Deal Country Club
at NEC Championship (Pittsburg PA.)
at NEC Championship (Pittsburg PA.)

April 4 TBA
April 5 TBA
April 5 TBA
April 8 TBA
April 9 TBA
April 11 TBA
April 16 TBA
April 17 TBA
April 19 01:00 p.m.
April 26 TBA
May 2 TBA
May 3 TBA



Wilson Looking to Make the Most of Senior Campaign

WILLIAM K. DEPOE
SPORTS STAFF WRITER

After a rough practice, senior Kristin Wilson sits across from another in the upstairs section of the Monmouth University Student Center. Still in her practice attire, she answers questions about her life and



WWW.MONMOUTH.EDU/ATHLETICS

Senior Kristin Wilson leads MU with a .446 batting average, .615 slugging percentage, .471 on base percentage with 14 runs scored, and 29 hits including 3 doubles and 1 homerun.

softball career from someone who only writes about it.

Born, August 18, 1983, and raised in Belleville, N.J. (now living in Little Falls, N.J.) and a graduate of Belleville High School (Class of 2001), Wilson is in the early stages of her fourth and final season for the Hawks softball team. In Wilson's years at Monmouth, she has been at the center of the Hawks scoring with her timely hitting and aggressive base running.

A Communication Major, Wilson began playing softball in fifth grade. She loves the game itself, the team working together, and it not being an individual sport. When she was a kid Wilson loved playing any sport she could with the boys. In high school, Wilson was a three-sport standout, playing volleyball, basketball (Also got four letters in high school), and of course, softball.

Of the three sports she played at Belleville High School, softball was the sport Wilson got the most recognition for. She earned four letters in softball, hitting .500 her senior year, and was also named Essex County Player of the Year and named to first-team All-New Jersey by the Star Ledger and Bergen Record.

When Wilson looks back on her final season at Belleville High, she doesn't think about all of her individual accomplishments, but the all important sectional state championship for her team.

"They (awards) are nothing," said Wilson, who added, "I think Cinderella story. My high school won the state champion-

ship and that's all."

Wilson led Belleville High School to the Group IV North II Sectional State Championship in 2001, defeating Morris Knolls, the school that beat Belleville the year before. She talked about how her high school coach had quit after losing to Morris Knolls the year before. The team was devastated, but the coach would come back to lead the team past Morris Knolls in Wilson's final year.

Motivation to play softball on the collegiate level came from her mom, coaches, teachers, and love for the game.

"There was no doubt in my mind that I wanted to play," said Wilson, who added, "I mean it's been my life since I started playing."

Wilson's, who has an older sister, considers her mother Mary to be her hero.

"My mother is definitely a hero, been through a lot and has given us a lot and is my number one supporter," said Wilson.

Monmouth University was Wilson's choice for college for many reasons. She likes being near the beach and with the University not being as big as others, you are more likely to see people you know on campus.

"I like seeing familiar faces on campus. I don't like going somewhere and not knowing who anybody is," said Wilson, who also chose Monmouth, because "The girls (team) were nice when I came and it's only an hour away from home."

Monmouth University Softball Head Coach Carol Sullivan was a coach for the North

Jersey Shilohs when she first saw Wilson playing in that same league at 13 years old. She knew then just how talented Wilson was. When Wilson began playing for Monmouth, Sullivan realized what the team had.

"I knew we had one of the best centerfielders I have ever had the privilege to coach," said Sullivan, who also mentioned that Wilson's hand speed, great eye at the plate, and foot speed (which forces infielders to play in) make her so tough.

Wilson was nervous in the fall of her freshman year, but stated "The one thing about being a freshman, is that you go in there with no expectations, no fears," said Wilson, who says that you're not thinking about how well you did against a certain college in the past, because you're a freshman and you don't have a past, playing against other colleges.

As a freshman, Wilson was named to the All-NEC second-team, batting .364 with a .407 slugging percentage. As a sophomore, Wilson would play

her best softball, hitting .411, good for second in the NEC, and would lead the team with 60 hits, 22 runs scored, a .419 on-base percentage, and nine stolen bases, despite battling tendonitis injuries in her legs.

"I would be able to run full speed to first base, but then I would have to limp right after,"

"It would be an experience I would never forget if... or should I say, when we win the NEC Championship."

KRISTEN WILSON
SOFTBALL PLAYER

said Wilson, who has had varicose veins removed from her right leg in the past, and still has tendonitis in both legs.

Tendonitis in Wilson's shoulder also kept her from pitching past her junior year in high school.

"I just didn't think it was worth pitching in my senior year of high school and risking my college career for that," said Wilson, who would play short-stop in her senior year of high school and her freshman year at Monmouth, but has played outfield since.

Wilson is going into her final

season with Monmouth with a different attitude than years past. Last year was a very disappointing season personally and overall for Wilson, except for her team making the NEC Tournament.

"My legs are always an issue, but this has been my healthiest year so far," said

Wilson, as she knocks on a wooden table.

Wilson trains all year around. The team has workouts over winter and summer breaks. Even though these workouts are not as intense as they would be during the season, Wilson insists that they are essential in order to be in shape by the time the season starts.

As far as her teammates goes, Wilson is close with all of them and feels that everybody gets along.

"We don't bring anything on the field," said Wilson, who added, "Everybody is there to play."

The Hawks are doing more

than just playing; they are winning, currently sitting at 11-6 on the young season. Wilson, who wears No. 31 and was named NEC Player of the Week on March 14, is currently batting .446 (second in the NEC), has 29 hits (first), a slugging percentage of .615 (third), an on base percentage of .615 (third), 14 runs scored (first), seven stolen bases (third), and has a 14-game hitting streak.

Wilson has been a Regional All-American and NEC Player of the Year candidate, but would definitely give all that up for an NEC title.

"I don't care if anyone knows my name, I mean just for my team to win the NEC, that's been a goal since I've been here," said Wilson, who added, "That should be a goal of everybody's. It would be an experience I would never forget if...or should I say, when we win the NEC Championship."

Wilson is not sure what will happen when she leaves Monmouth, but hopes go to graduate school or possibly coach somewhere.

The softball, college atmosphere, living on her own, and having a set schedule is what she will miss most about Monmouth.

"I am going to have so much free time, I don't even no what I'm going to do with it," said Wilson, who added, "I don't even think I want that much free time."

Hawks Start NEC Schedule with FDU Split

ED OCCHIPINTI
STAFF WRITER

The college baseball season is a long and grueling one. It spans from the howling wind and bitter cold of March to the summer breeze and warm afternoons of May and everything in between. The players go from piling on as many clothes as possible to stay warm to rolling up their sleeves in the heat to try and cool off.

It's because of the long season that the Monmouth University baseball team has traditionally been one of the more successful teams on campus since Head Coach Dean Ehehalt arrived in West Long Branch. His even-keeled demeanor and perseverance have reflected on his team as long as he has been the head man of the program, and the success has come as a result of that.

Ehehalt's teams have been to the Northeast Conference Tournament an astounding seven times in a row. That is an even more amazing accomplishment when you consider that only the top four teams make the conference tournament.

The early season for Ehehalt and the Hawks is always difficult, how else could a coach measure his team for the upcoming season? The Hawks are 5-10 right now, but they are not far off the pace that previous teams have set. Last year's squad started 2-10, and rallied to make the postseason.

Coming into the season, pitching was a big question mark for Monmouth. Some of those questions received resounding

answers in the Hawks 3-2 loss at La Salle last Tuesday.

Sophomore Brett Connor struck out a career-high 10 batters in five solid innings of work. Connor's 10 punch outs, combined with Matt Marc-Aurele's six strikeouts in relief, gave Monmouth 16 as a team for the game out of a possible 24 outs. Connor was making his second start of the season and had a very respectable line, going five while allowing seven hits and sitting down the career-best 10 batters.

The Hawks are now 1-1 in the NEC, and return to action this afternoon as they travel to Rider for a nonconference tilt with the Broncs.

The loss dropped Connor to 0-2 on La Salle got the scoring started in the bottom of the first, taking a 1-0 lead on Connor and the Hawks.

Monmouth tied the game, but again found themselves down 2-1 going into the top of the fifth inning when Senior Brett Hardie blasted his first home run as a Hawk would tie the game at two all.

The Explorers scored what proved to be the winning run in the bottom half of the fifth, and

hung on for the win.

Marc-Aurele threw the final three innings for the Hawks, allowing one hit, while striking out six, which was also his career-best. Senior Jon Lewis contributed two hits and stole two bases from the lead-off spot for the Hawks, while Nick Massari, Fran Rotella and Hardie accounted for the final three Hawk base hits.

Monmouth opened Northeast Conference play this past Saturday against Fairleigh Dickinson by splitting a doubleheader with the Knights. The game's were rescheduled and moved from Friday at FDU to Saturday at West Long Branch due to snow fall around the Knight campus, which is located in Teaneck, New Jersey.

Monmouth dropped the first game 10-1, but came back in the second contest to win 4-1 behind a strong pitching performance from Senior Frank Pilitowski. The lefty went six innings and struck out seven Knights.

Fran Rotella accounted for the lone Hawk run in the first game with a solo home run in the bottom of the second inning.

Monmouth's offense in the second game came on Justin Braun's third home run of the season and a successful Mike Husa safety squeeze scoring Massari.

The Hawks are now 1-1 in the NEC, and return to action this afternoon as they travel to Rider for a nonconference tilt with the Broncs. First pitch is set for 3:00 pm.

Hawks carry on winning tradition at season opener

DOMINICK RINELLI, JR.
SPORTS STAFF WRITER

On Saturday, the Blue and White Men and Women’s Outdoor Track and Field squads opened their 2005 campaign by hosting the 10th Annual Monmouth University Season Opener at Kessler Field.

Among the schools that participated in the event were: Delaware, Fairleigh Dickinson, Hofstra, Wagner and another handful of others

“Our focus going into the meet was on trying to perform with good early season marks as well as defending our winning streak at home,” commented Head Coach Joe Compagni.

“Our men’s team has not lost at home since 1996 and the women have only lost once since then,” Compagni continued.

Both the men and women’s teams went undefeated on the afternoon as each side tallied a 9-0 score.

Leading to the victorious outcome for the Hawks were the fourteen first place finishes that the team combined for; nine for the women and five by the men.

“Even though some of our running times and distances came short of what we had hoped for it was nice to finish that high in many of the events,” said Compagni. “Going 9-0 on each side is a great sign and creates optimism for the rest of the outdoor season.”

Sophomore Ashley Huffman led the way for the Blue and White at the Season Opener with two first place finishes of her own.

She took first in the 100m hurdles with a time of 15.41 and first in the long jump with a leap of 18’3 ¾”.

Freshman Elaina Christmas took third in the 100m hurdles (16.43) as did teammate junior Tisifenee Taylor in the long jump (17’9 ¾”).

In the 400m event, the Hawks had two top five finishers as senior Suraya Kornegay crossed the line to take first place in 57.41 and junior Toria

Williams earned fourth (58.59).

Kornegay also competed in the 200m in which she broke the tape in 26.52 for fourth place.

Junior Kristin Wallace finished the 5000m in 17:57.90 to take first place.

The other first place finishes on the women’s side in track events were: sophomore Latasha Dickson in the 400m hurdles (1:04.36), the sprint medley relay team of sophomore Deanna Paulson, freshman Nicole Reed, sophomore Latoya Morton and senior Danielle Lyons (4:21.11), and the 4x400 Relay team of Reed, Williams, Kornegay and Dickson (3:57.53).

“Our men’s team has not lost at home since 1996 and the women have only lost once since then.”

JOE COMPAGNI
Head Coach, Men and Women’s Track and Field

Also finishing behind Dickson in the 400m hurdles were teammates sophomores Lauren Torelli (1:04.82) and Asha Arneth (1:06.00).

Finishing in the top six in the 1500m were junior Katina Alexander and sophomore Malia Lyles. Alexander took third with a time of 4:54.40 as Lyles took fifth (4:58.49).

“Kornegay, Wallace, and the entire team put on an impressive performance on the track despite facing the cold and windy conditions,” Compagni said.

The Hawks also took first place in two field events as freshman Tiffany Hahn tossed the javelin a distance of 130’7” and senior Katie Pachuta threw the hammer 161’3”.

Pachuta also took third place in the discuss throw with a distance of 128’11”. Torelli took second in the triple jump (34’11”).

The men’s track team also put on an outstanding performance on Saturday as they tallied five first place finishes.

Sophomores Charles Simmons and Nick Williams, junior David Wiley, senior Bobby Smith, and the 4x100m relay team were responsible for the top place finishes in their respective events.

Three of the first place results came in the track events.

Simmons took first in the 400m with a time of 48.37 as freshman Chris Vuono followed quickly behind in third and York took fifth.

Wiley ran a time of 1:57.28 to take first in the 800m and the 4x100m team of sophomore’s Fabrice St. Elme and Chris Fleming, Simmons, and junior Troy Dennis ran a time of 42.02 for first.

“For the first time in his career, Wiley ran in the 800m event and was able to take first place despite running in one of the slower heats,” said Compagni.

In other track events: Simmons finished third in the 200m (22.30), senior Nick Pellegrino, sophomore’s David Gaines and Larry Schau took second to fourth place respectively in the 1500m, freshman Thomas Merring took second in the 110m hurdles (15.40) and junior Matt Dahms ran a time of 15.54 for fourth place.

Merring also finished fourth in the 400m hurdles with a time of 56.67 and junior Jeff Elisca took fifth in 56.70.

The sprint medley relay team consisting of St. Elme, Fleming, Noel and Gaines took second as they crossed the line in 3:37.77. The 4x400 meter relay team of Simmons, Elisca, Vuono and York earned a second place finish in 3:24.65.

The two first place finishes in the field events came as Williams threw



PHOTO BY Jim Reme

Junior Katina Alexander took third place in the 1500m with a time of 4:54.40.

the shot put a distance of 50’10 ¼” and Smith the javelin a distance of 182’6”. Sophomore Kyle Hirschklau followed close behind Williams in the shot put earning third place (46’11”). Williams also took second in the discuss (154”).

Monmouth also had three second place finishes in other field events. Sophomore Guy Jackson in the high jump as he cleared 6’4 ¼”, senior Chris Cashin in the pole vault (12’5 ½”) and Dennis in the long jump as he leaped a distance of 21’6 ¾”.

The Hawks also gained two early qualifiers for the ECAC/IC4A Championships. Pachuta qualified for the ECAC’s in the hammer throw and the men’s 4x100m relay team for the IC4A’s/

Next weekend, the Blue and White will be sending split squads to compete at the Wagner Invitational in Staten Island, New York and the University of Maryland Invitational in College Park, Maryland.

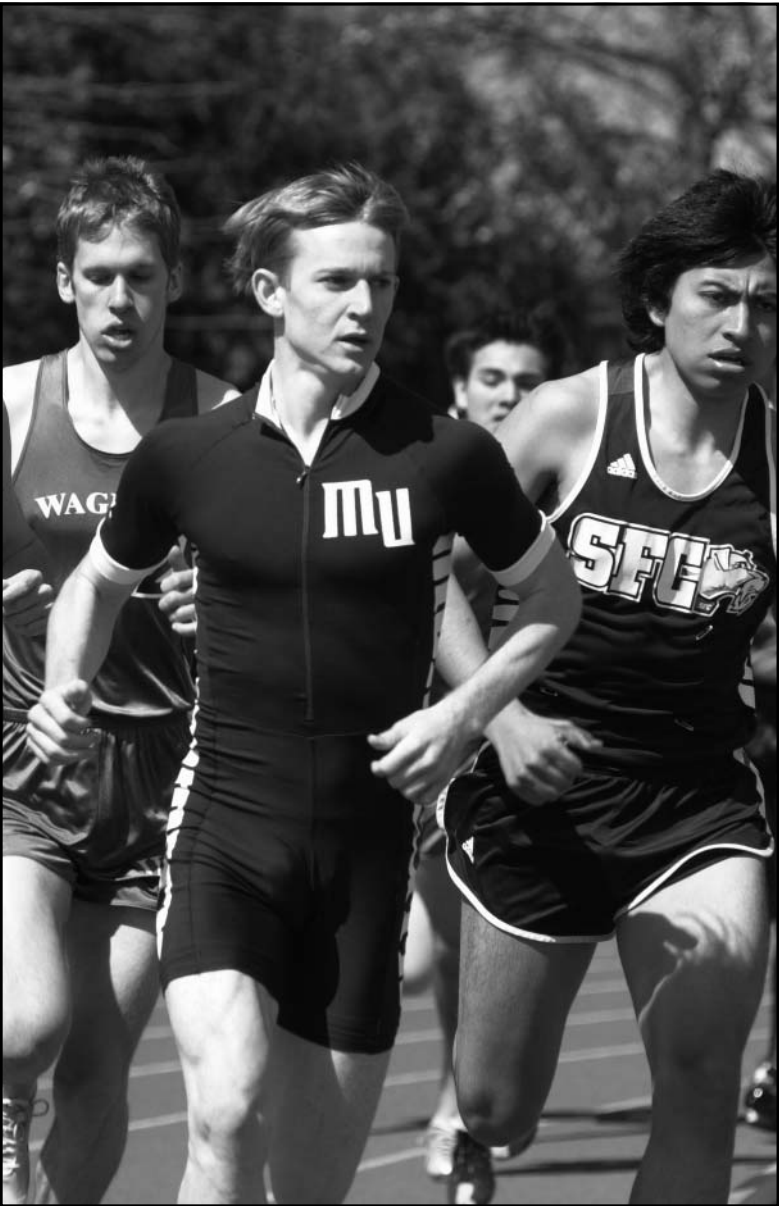


PHOTO BY Jim Reme

Outrunning the rest, MU scored better than all other schools participating.

Voice Your Opinion!

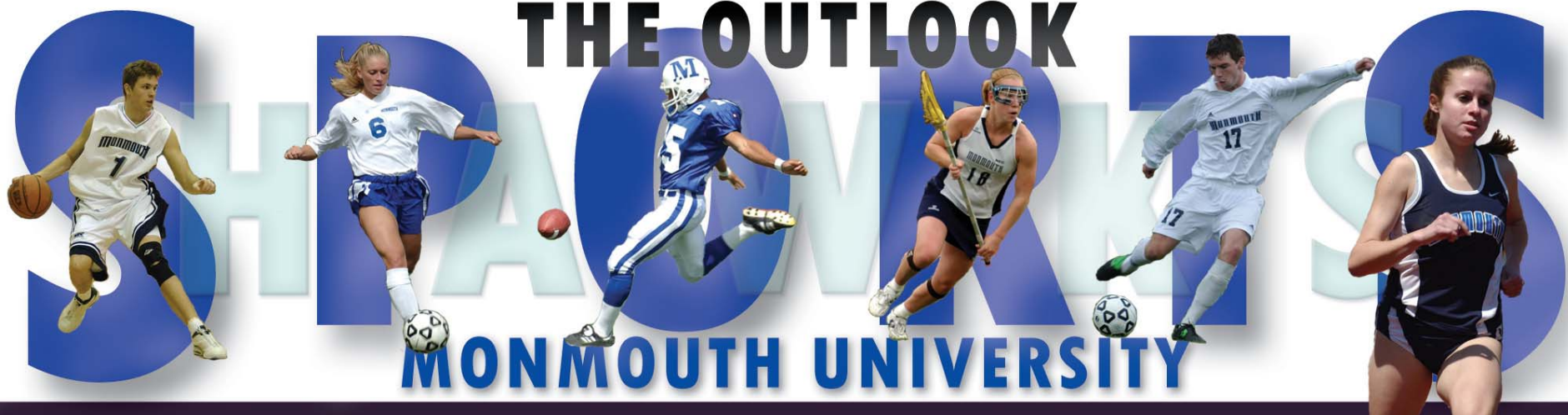
If you are a first-year or senior student who recently received a copy of *The College Student Report* and have not responded, please do so today! Respond **before April 11** to *The College Student Report* to be eligible for a drawing for **great stuff!** Items will include:

- Loews Cineplex movie tickets
- Six Flags Great Adventure tickets
- Monmouth University parking decals (commuter & resident)
- free ARAMARK meals
- a change in lottery category for the MU housing lottery, and an iPod!

Monmouth University is interested in how are you spend your time and what you gain from attending the University. The survey only takes 10–15 minutes. You can respond by mail or online.

Be Heard, Make A Difference!

THE OUTLOOK



Clearing the Competition



Walid Ali competing
in High Jump

Track & Field
sweep events **9-0** to win the
Monmouth Invitational
Season opener.



CREATED BY DEVON GOTTSALK AND JEFFREY DEAN HUMBERT. PHOTOS BY JIM REME. DESIGN BY JEFFREY DEAN HUMBERT.



Track & Field victorious at
Home, a look at
Kristin Wilson of the
Softball team, Baseball and
Golf get moving, and Tennis
starts the season.

