

http://outlook.monmouth.edu

April 2, 2014

most lucrative job opportuni- from the University's website. ties once they graduate.

Alyssa Riley, a sophomore accounting major, said, "When I first started college, I had wanted to be an art major but everyone's reactions when I told them my potential plan kind of discouraged me. All I heard in response was 'How are you going to find a job?""

Because of this uncertainty, students like Riley often choose to postpone their major decision. Approximately 50 percent of incoming University students enroll as undeclared

Danielle Schrama, Director of Advising, said, "I think a lot of times students have an idea of what they want to do but just don't want to commit and be confined by it. If they do end up committing early on they often change their mind and switch, sometimes even more analytical abilities." than once."

However, despite the concerns of students, many professionals are trying to debunk the myth that the career you will have for the rest of your life is directly related to your college major.

William Hill, Assistant Dean for Career Services, said, "Most of the employers from job fairs and other career-related events held on campus are not looking for prospective employees to have a particular major. They want someone who is wellrounded with good communication skills, problem solving and

According to the United States Census Bureau statistics, only about 30 percent of Americans earned a bachelor's

College Major cont. on pg. 3

Dangerous Trend: Smoking Alcohol

ALYSSA GRAY COMICS EDITOR

There is a dangerous new trend making itself known on college campuses across the nation that allows people to become intoxicated by inhaling alcohol vapor, which is commonly known as smoking alcohol.

According to an episode on the "Dr. Oz Show" released March 6, smoking alcohol is defined as inhaling alcohol instead of drinking it. The vapors create an instant high without a hangover, Dr. Oz said.

"I'm surprised because it's only one shot of alcohol but I'm inhaling it," said Dr. Oz after smoking the vapor of one shot of vodka on his show. "As you inhale it into your lungs you feel the effect almost immediately."

There are a number of reasons why people are turning to smoking alcohol opposed to drinking it in order to get a buzz.

Suanne Schaad, substance awareness aoordinator, said smoking alcohol has been on the rise in the recent months and should be addressed.

Major Decision; **Minor Result**

ALYSSA MAURICE CONTRIBUTING WRITER

significant role in determining a person's future career, although this is generally the number one question that students are asked.

Choosing a major has become an increasingly daunting task for college students, especially Many debate whether or not when it is believed to dictate having a college major plays a their lifelong profession. In today's competitive job market, many students are conflicted between choosing a major they are genuinely interested in and choosing one that will offer the each year, according to data

Spring has Sprung but Snow Costs Linger

Snowfall this winter has cost the University about \$130,00 in removal versus the normal budget of \$35,000 - \$40,000.

TAYLOR COPP ASSOCIATE CLUB & GREEK EDITOR

a dramatic amount of snowfall lines to compensate. According from J.F. Kiely, a construction this semester, leading to the quick depletion of the snow removal budget and numerous \$35,000 to \$40,000, but so far tract with them for two years school closures. Patricia Swannack, Vice Pres- was spent. ident of Administrative Services, said this year's total snow- and other employees have the when they are overwhelmed fall has been much higher than it has been in recent years. Be- ing and salting the parking tract with the University states

has exceeded their snow removal too great for the University (when needed) while on call. budget line and has had to trans- grounds crew. The University experienced fer monies from other budget According to a representative to Swannack, the snow removal company in Long Branch, NJ, budget line is normally between the University has had a conthis semester, about \$130,000

of snow, Facilities Management sometimes the task becomes ately respond to snow removal

J.F. Kiely crew members pro-

vide their own equipment to

PHOTO TAKEN by Jessica Lavito

University primary responsibility of plowcause of the increased amount lots, Swannack said. However, that J.F. Kiely must immedi-

to assist in snow removal exclusively. The company assists groundskeepers the University groundskeepers

with snow removal. The con-

assist with snow removal. The University pays the construction company based on the number of workers needed and the type of equipment they use, said Swannack.

"The contract includes no precise cost; it depends on how

Snow Removal cont. on pg. 4

ine act of smoking alcohol first made itself known during a surge of media coverage in 2013. More recently, the act has become popular due to an increasing amount of uploaded You-Tube videos with more people questioning what it is and many

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Honor Society Seeks Bone Marrow Donators

MADELYNNE KISLOVSKY CONTRIBUTING WRITER

The Beta Beta Beta (Tri Beta) Biology Honor Society hosted a bone marrow drive in the Rebecca Stafford Student Center (RSSC) for students interested in helping people with bone tremely beneficial event and and join the registry, the higher plished by taking blood, she marrow deficiency diseases.

The honor society swabbed cheeks to test their DNA and determine if certain genes matched the genes of people who lack bone marrow due to illness. Certain diseases that cause a lack of bone marrow include cancers such as leukemia, lymphoma and myeloma.

The swabs were placed in an envelope and sent to the Delete Blood Cancer DKMS registry. If the DNA of a certain person is found to be a match, officials from the registry contact that individual and ask if they would be willing to donate their bone marrow.

giving blood or traditional bone marrow samples, though the process is extremely confiden- simple cheek swab," she added.

was to add more people to the bone marrow registry, which is a list of potential donors who are removed after they turn 61-years-old. "I thought that it was an ex-

tial.

The first bone marrow drive used to extract bone marrow. The goal of Tri Beta's drive hosted by Tri Beta took place two years ago. Fifty-two people registered and three of those people were found to be matches, which made them eligible to donate.

to extract bone marrow directly from the donor, which can be a painful process. However, most people are unaware that today about 80 to 90 percent of The more people that sign up the time the process is accom-

"Only two percent of the US population is on the whole bone marrow registry. You want to broaden that range to possibly find a match."

> KANDRIA LEDESMA Beta Beta Beta President

very accessible for University the chances are for creating a said, which is the least painful students," Casey Inguagiato, a business student and registered donor, said. "It was quick and took little effort so it was very effective and easy to get students to participate.²

The event was a great learn-People can donate by either ing experience, Inguagiato said. "I never knew how much information you can retain from a

match. Kandria Ledesma, the Tri Beta President said, "Only two percent of the U.S. population is on the whole bone marrow registry. You want to broaden that range to possibly find a match."

According to Ledesma, one reason why many people are hesitant to donate is because of the methods people believe are I just do it," Ledesma says.

method.

Registering to donate is even less painful, Ledesma said. The process takes a few minutes and only requires swabbing the inside of a person's cheek and answering a few questions. "If there's something I can do that can benefit someone in any way, I don't even think about it.

"I felt good about registering Previously, needles were used to donate because hopefully I could be a match for someone,' Madelyn Mauterer, a member of Tri Beta and a biology major, said. "My grandmother is currently fighting leukemia and my high school track coach's 10-year-old daughter is as well, so I've seen how blood cancers affect the lives of those infected and their families."

Mauterer said she does not worry about the pain of donating if she ever does get matched. "I know it's more than worth it to save someone's life and is nothing compared to the pain they're going through fighting cancer," she added.

A total of 24 donors registered at this year's bone marrow drive. "We need more people to know about this drive because there are many bone cancers out there," Ledesma said.

With such a small amount of time left in the semester, Tri Beta hopes future members will continue the drive in the coming years, at least once per semester.

Smoking Alcohol May be More Dangerous than Drinking

Smoking Alcohol cont. from pg. 1

giving it a try.

Two senior University students, who wish to remain anonymous, said they first tried smoking alcohol out of curiosity after hearing about it. In order to vaporize the alcohol, the students took a wine bottle and Without Liquid (AWOL) that was inserted a bike pump through the a custom vaporizing kit meant to

practiced method, there are many other ways, such as pouring the alcohol over dry ice and inhaling, setting the alcohol on fire and inhaling the fumes or inhaling through a hookah.

Sifferlin also said there was a specialized device called Alcohol

"The law covering [underage drinking] does not state that the alcohol must be consumed by drinking it. Any form of consumption, in this case smoking it, while under 21 is against the law."

> WILLIAM MCELRATH Chief of MUPD

some of the alcohol was vaporized and inhaled the gas to inhale the alcohol.

However, their attempt at smoking the wine was not successful. One of the students said, "It looked like there was a better method to doing it.'

in her 2013 TIME article, there are in order to receive a buzz. other methods that people are using

cork. They then pumped the air until make smoking the liquid easier. The product came out in 2004 but was quickly banned in the US shortly after its emergence. Although another product called the Vaportini entered the market in 2009 and has been legally sold in the US ever since.

Custom vaporizing kit or not, there are still people either experi-According to Alexandra Sifferlin menting or actively smoking alcohol

Daniella Roma, a junior health

quently, but not just for the effects of getting drunk. "I remember she would tell me she was doing it so that she wouldn't get fat. She swore that by smoking the beer or vodka or whatever it was, it let her get all buzzed and get the drunk sensation, but without having to worry about taking up any extra calories that comes with drinking," said Roma. According to Dr. Robert Glatter

in a Forbes article, if you are feeling the effects of the alcohol from smoking it then you are also absorbing some of the calories from it as well. "Although you may not absorb the added calories of the sweeteners or mixers if you vaporize pure spirits there are still calories absorbed," said Glatter.

While there have not been any conclusive studies that determine or describe negative health effects, there are some known outcomes that the smoking and consumption of alcohol in general can have on the body

"If you can imagine just pouring a bottle of alcohol into your lungs and the effects it may have, some may then think twice about this dangerous practice," said Glatter. "Inhaling dry ice [with the alcohol] which is difficult to humidify inside the lung tissue, could potentially lead to a burn of the lining of the lung. Overall, this practice could be even riskier for those who smoke, or have asthma or COPD (chronic obstructive pulmonary disease).²

the body is also not able to respond accordingly to let the person smoking know when they've had enough. "If a cup of alcohol is poured into a bottle and then vaporized, the drinker cannot tell if they are inhaling a few sips or the whole cup since the liquid remains in the bottle," she said.

Whether the alcohol is smoked or drank, William McElrath, Chief of the Monmouth University Police Department (MUPD) said that anyone consuming or attempting to consume alcohol underage is subject

to arrest.

"The law covering this does not state that the alcohol must be consumed by drinking it. Any form of consumption, in this case smoking it, while under 21 is against the law," said McElrath. "The student would also be held accountable under the University Code of Conduct as well.'

While this is a trend that seems to be on the rise, McElrath said that there have not been any incidents of smoking alcohol abuse reported to the MUPD.



in order to smoke alcohol. While studies major, said she knew of a

Sifferlin said not only can smok- Smoking alcohol is a dangerous alternative to experiencing the using an air pump is one generally friend that would smoke alcohol fre- ing the booze harm the lungs, but effects of consuming alcohol without experiencing a hangover.



Bowling Alley Predicted to be Completed by this May

CASEY WOLFE SENIOR EDITOR

The new four-lane bowling alley in Boylan Gymnasium began construction and is expected to be completed by mid-May.

Plans for the bowling alley began in spring 2013 and were said to be completed by Aug. 2013, according to Patricia Swannack, Vice President for Administrative Services. There have not been any major changes from the original plan, she said.

Once completed, the lanes will be open to the University bowling team as well as the student population for

campus will lead to faculty participation and Greek life events. There is also the possibility of potential physical education classes for students

"The addition of this bowling alley is going to be a great asset to all Monmouth University students," said Kevin Gilsenan, President of Tau Kappa Epsilon (TKE). "The brothers of Tau Kappa Epsilon especially look forward to utilizing it in the near future for events benefitting our philanthropy, St. Jude's Children Hospital."

The funds for the lanes were donated by Patrick Ciniello, a Univerevents, competitions and recreation, sity alumnus who graduated in 1967.

"Once it is up and running, I am 100 percent sure there will be an overwhelming positive response to the project and the opportunity to bowl right on campus."

> DR. MARILYN MCNEIL Vice President and Director of Athletics

said Swannack. The bowling alley will also be open to the surrounding community.

Dr. Marilyn McNeil, Vice President and Director of Athletics, said the existence of a bowling alley on campus.

Ciniello was the former president and chairman of the International Bowling Museum and Hall of Fame. His interest in bowling inspired the idea to build the bowling alley on

Currently there is not a men's bowling team at the University but Kaylin Grannis, a senior and member of the women's bowling team hopes that the lanes create interest among students and possibly inspire them to create a men's team. "Hopefully this will encourage others to look at the sport as more than just a hobby," said Grannis.

According to the National Collegiate Athletic Association (NCAA), men's bowling is not recognized as an official sport. However, colleges recognize men's bowling as a sport, therefore a men's team is possible.

The University women's bowling team is ranked at number 18 on the NCAA's media poll with an 18-17 record. This past season they traveled to tournaments in PA, DE, VA, FL, TX, and TN as well as other NJ locations.

Grannis believes that having lanes on campus will be more convenient for the team. The bowling team practices four days a week during the season between October and April. Currently, their bowling venue is the Bradley Bowl, located in Bradley Beach.

"Right now we have to work around another bowling center's hours in order to practice," Grannis said, which can become difficult for the team.

"The bowling alley is going to have top of the line equipment that



A bowling alley will soon be completed in Boylan Gymnasium for students and the community to use at their leisure

is going to allow us to have a more productive practice," Grannis said. "[It] is going to have open hours for the students on campus to enjoy as well."

The bowling team will also have more storage for their equipment once the lanes are completed, which the team is also looking forward to.

Grannis explained how rare it is for a college or University to have bowling lanes on campus. "There are a lot of NCAA Bowling programs that do not have lanes on campus and to be able to say we are able to have them is an amazing feeling," said Grannis. "We are very lucky to have an athletic department that supports the growth of the sport and our program."

The lanes have not yet become a big topic of conversation on campus, according to McNeil. "As far as faculty and student response, I am not sure there is a great deal of knowledge about the project," said McNeil. "Once it is up and running, I am 100 percent sure there will be an overwhelming positive response to the project and the opportunity to bowl right on campus."

Where Will Your Major Take You After Graduation?

College Major cont. from pg. 1

degree in 2011. This gives anyone with a four-year degree an edge in the job market, regardless of their major.

"Liberal arts majors have so much opportunity in the market because the skills they learn are transferable," said Hill, who oversees the operations of career services.

Hill also explains that students that are not happy with the jobs they get right out of college should not panic. "This generation is much more mobile in the job market and they have plenty of time to gain experience and change paths along the way," he said.

While a college major may be flexible and allow students to diverge into various fields of study, there is also a negative tions available to those students side to being unsure about what to declare. For certain fields, their major. such as more technical occupa-

directly correlates to their career. Being undecided or switching majors during the year may cause setbacks later on.

Schrama, who supervises ad-vising, said, "Being undecided may put you at a disadvantage if you end up choosing a structured major that has a very strict sequence. You may have to take summer classes or 18 credit semesters to catch up."

Careers such as nursing or education, for example, require a very specific amount and type of courses. "If you want to go to graduate school for something in particular, there are going to be certain prerequisites that are required so it is important to have a plan early on and choose a major that will fulfill these requirements," said Schrama.

However, there are still opwho are not entirely sure about

tions, a student's college major students talk to various profes-

sors and recent graduates who have experience in the job market in order to gain some insight to help them make an informed decision

Nicolette Kontor was an in international relations major at The College of New Jersey (TCNJ) but is now working in human resources and marketing for a software company called FAST.

"My major helped me to be more analytical, perceptive, and sensitive to other cultures, which are skills I have applied to my work here," said Kontor. "But I still feel a specialized 'practical' or 'technical' degree would be much more useful for college students in today's job market."

According to Kontor, a connection between what you learn in college and the job you have post-graduation is essential. While I learned what I do here Career Services suggests that at FAST through experience and the help of my managers and coworkers, knowing the basics when I started could have saved a lot of time, effort, and uncertainty. And I would have been more valuable from the get-go," she said. Ultimately, however, this decision is dependent on each student's unique and specific situation. The University provides a multitude of services that help students get the necessary information to choose a major that best suits them. University advising recommends that students take an online career test called FO-CUS which matches students to compatible careers based on their characteristics, attend career fairs, and enroll in different introductory classes to have a better understanding of each field of study. In addition, the school offers one-on-one undeclared counseling as a resource for undecided students.

The NJ Marathon is Looking for Volunteers

The Novo Nordisk New Jersey Marathon is looking for "Ask Me" team members to volunteer during marathon weekend on April 25, 26 and 27. The "Ask Me" team is a group of volunteers that answer questions that athletes might have before or after the race.

The team members will be separated into different groups according to the days they are able to volunteer and the times they are available. There are three days available to volunteer (April 25 and 26 at the Health and Fitness Expo and April 27 on race day). There will be two time slots to volunteer per day (morning and afternoon). Ideally it would be great to volunteer all three days, although we appreciate every second that you are able to help!

Each of the volunteers will undergo a training session explaining the common questions that they will be asked. The volunteers will also be given an awesome "Ask Me" volunteer shirt and a packet of questions and answers that they should have with them at all times while volunteering.



PHOTO TAKEN from collegemajors.co Choosing a college major is a difficult decision that most college students face because they think it will determine their career.

The Novo Nordisk New Jersey Marathon is a local race created in 1997 that involves the surrounding towns. The race started as a 700 person race in 1997 and is now an estimated 12,000 person race which includes a full marathon, half marathon, half marathon relay and Shaping NJ 5k race. The race includes eight shore communities in Monmouth County and supports hundreds of organizations to raise money through fundraising.

If you are interested in becoming an "Ask Me" volunteer, please contact Angela Ciroalo at ajciroalo@ gmail.com. Please be aware of the days and times that you are available to volunteer.

For more information about the Novo Nordisk New Jersey Marathon, log onto their website: www. usroadsports.com/Signature/NewJersey

University Students Spend Spring Break Completing Construction on a School in Guatemala

CASSANDRA FIGUEROA ASSISTANT NEWS EDITOR

Twenty University students traveled to Guatemala for seven days to participate in community service efforts in the town of Xepocol during Spring Break. The students, along with three professional staff members, completed the roof of a school that students began building on previous volunteer trips three years prior.

"At the worksite, we did hard manual labor that the people do daily," Dan Pizzimenti, a sophomore business major, said. "We had to shovel rocks and sand, we were sifting rocks, making and moving concrete, cutting rebar and bending it. It was hot and tough work but working together as a team makes everything bearable," he added.

Construction for schools in Guatemala promote education for those living at or under the poverty line because it enables the students in the area to learn closer to home. Salud y Paz, the organization the group traveled with, aims to help their country through the help of international

hands by building health and education clinics. According to their website,

"Salud y Paz currently operates two health and dental clinics that primarily serve the Mayan population in Guatemala. Seventy-five percent of the rural Mayan population lives in extreme poverty... or approximately \$360 per year." The website adds, "...we have opened a preschool with 50 students who receive early childhood education, as well as nutritious meals and snacks throughout the day."

Poverty is both widespread and severe in Guatemala, according to The World Bank. "Almost 58 percent of the population have incomes below the extreme poverty line, which is defined as the amount needed to purchase a basic basket of food."

Erin Hughes, a sophomore psychology major, said the poverty in Guatemala was apparent during the trip since they were surrounded by the people who were living in poverty. "The most influential part is seeing the families of Guatemala who are struggling through severe pov-

how important family and love is in getting through the difficult times."

"They survive with as low as a dollar a day," Miguel Rios, a senior health studies major, said. "I remember visiting an extremely poor family's house in the middle of the mountains and realizing how lucky I am to have the life I have."

While in Guatemala, the group was able to raise around 3,700 quetzal (the Guatemalan form of money, which is equivalent to \$500) for one of the struggling families they met. These funds bought the family new wood framing for their homes, a metal roof and a toilet.

Pizzimenti explained that during a group discussion after one of the work days, he was able to realize the hope they were providing for Guatemala. "Selvin, our translator, said that he saw hope in the future in the kids as they got older... that's when I realized what I was doing there," he said. "Although what we did might not have an immediate impact, we're changing the future of these children for generations to come. We were giving them an opportunity to make

erty. A recurring theme for them is a better life for themselves and their events such as the Holiday Bazaar, families.'

Though the University students worked from early morning until 4 pm each day, they were also able to use their spare time to visit families, churches, markets, and go site- trip was able to attend.

the Frozen Fun Run, a Magic Show, and a \$5,000 donation from the Student Government Association.

Regardless of the financial aspect, every student selected to go on the

"Although what we did might not have an immediate impact, we're changing the future of these children for generations to come. We were giving them an opportunity to make a better life for themselves and their families."

> DAN PIZZIMENTI Sophomore

seeing.

To participate in the community service trip, the students competed with other students at the University through an interview process in October with the advisor for the trip, Corey Inzana. After the interview process, students joined in fundraising, weekly meetings, and overall preparation on health and travel before leaving.

"The Monmouth University Alternative Spring Break and its success is fueled by the students and their passion to serve others," Inzana said. "Each of the 20 people who attended the trip had different motives or personal reasons for wanting to be a part of this experience. However, the common thread that they all shared was the selfless decision to serve others during their spring break."

The trip, costing around \$1,200 per person, was paid for by the students through their own funds and money raised through fundraising at them at recess."

Hughes said the experience was worthwhile. "Guatemala has been one of the single greatest experiences of my life. Never have I come away from anything so impactful as this," she explained. "Despite your circumstances, as long as you have love and family, you will be okay. Knowing how blessed I am is a lesson I will never forget. The people of Guatemala have changed me for good."

Inzana said the team set out to help others but soon realized "the Guatemalan people actually help them gain a better appreciation of life.'

Dylan Vargas, a junior business major, said, "I will never go a day where I don't think of them and their appreciation of us, the want for us to be there and the enjoyment they got from us. I will never go a day where I don't wish I could wake up in Xepocol ready to start my day and see them [the children] and play with

PHOTO COURTESY of Lauren Walsh The University students pose for a group shot on a hill overlooking Antigua, a city in Guatemala.

The Snow Removal's Impact on University Budget

Snow Removal cont. from pg. 1

many people are assigned to plow and for how long," said ice removal is never perfect, but these regulations, the govern-Swannack. "For example, if we our employees work tirelessly to receive two inches of snow the cost is minimal. If we receive campus as safe as possible." 20 inches of snow, the cost can

can travel throughout the campus," said Swannack. "Snow and do the best they can to make the Thomas Pearson, Provost to Pearson.

safe environment where people 14 weeks, or 2200 minutes of has caused severe corrosion to corrosive, other ice melting mainstruction per semester. If the University does not comply with ment can hold sanctions against the University, including the pulling of federal aid, according

"... If we receive two inches of snow, the cost is minimal. If we receive 20 inches of snow, the cost can

the staircases on the residential side of campus.

Ethan Gazda, a freshman business major who has to walk by the corroded staircases everyday, said, "In the past the stairs used to be partially blocked off but now they are totally blockaded, causing an inconvenience when you have to walk to and from class."

on the residential side of cam- cilities Management is also pus have been corroding for exploring finishes that will not years and Facilities Manage- cause staircases and roadways ment has been doing its best to to deteriorate under extreme patch them up. Although salt is temperature changes.

terials have been used and have not had the same negative effect that salt has.

Moving forward, Swannack said that she hopes to correct deteriorating conditions to infrastructure around campus; Facilities Management has planned to correct the conditions for this spring, or as soon as the weather warms up and Swannack said that the stairs remains warm, she added. Fa-

easily run up to \$10,000.

PATRICIA SWANNACK Vice President of Administrative Services

easily run up to \$10,000."

If the University receives seven to eight inches of snow or more, or if the snow is heavy, the University equipment is limited and incapable of plowing all the parking lots within a short period of time, Swannack said. "Snow cannot always simply be plowed into a mound because it members and the local police. reduces the number of parking spaces we have," added Swannack. "Sometimes, it has to be physically moved by putting the of students as the primary consnow into a truck bed and dumping it on an athletic field."

prides itself on its groundskeeping, when it comes to snow removal they believe that safety is a top priority.

and Vice President for Academic Affairs, said that there are many snow-related factors that contribute to the closing of the University. If there are four or more inches of snow on the ground, low temperatures and poor road conditions, he consults Swannack, other board After which, they make a decision as to whether or not to open the University, with the safety cern.

"I believe in the value of run-Although the University ning classes," said Pearson. "It is more enthralling to see stu- has placed a great emphasis on dents performing in class."

The University must adhere to federal guidelines that re-"We do our best to create a quire classes to meet for at least salt used to aid snow removal

Although Pearson's rule of thumb is to keep the University open, he understands there are times when it is not in anyone's best interest to open the school. Thanks to advances in technology, students are able to receive instruction while away from the classroom.

"Professors have found more creative ways to instruct their classes by using things like E-Campus and Powerpoint. These advancements have offered professors great flexibilities to conduct their classes," said Pearson. While Facilities Management removing snow from roadways and walkways to ensure stu-



PHOTO TAKEN from eaglelawnandsnow.com dents attend classes safely, the Large amounts of snowfall causes the University to hire a local construction company to assist in snow removal.



The Board of Trustees of Monmouth University requests the honor of your presence at the Inauguration of

Paul R. Brown, PhD

as the eighth President of the University On Thursday, April Tenth Two Thousand Fourteen at two o'clock in the afternoon outside steps of Wilson Hall*

All classes will be dismissed at 1:45 p.m. (and resume at 4:30 p.m.) so that faculty and students may join administrators, staff and guests in celebrating this special event in the life of the University.

*rain site Pollak Theatre

Prof

Editorial

THE OUTLOOK

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California Dreaming

THE OUTLOOK STAFF OPINION

When coming to Monmouth it is the common expectation that learning is going to take place. No surprise there. Yet hawks of all years and majors are often surprised to learn that the University owns one house in CA.

As the often unheard story goes the CA house was left to the University in an alumna's will after they had passed, and University obtained the house sitting on it, not really knowing for the students to stay at.

how to make use of it. The Well. Outlook editorial staff has a few ideas and recommendations as to what the University could do with

the West Coast property. While there were several ideas tossed around, one suggestion that the majority agreed upon was that the property could serve as a good place for students to travel to during the semester, like the semester at Washington D.C. program offered to students.

As one of the editors pointed out, a great advantage that this option brings is that it could be a very good resume addition for students. Even better, the experience could make the students more marketable when they go in search for a job. Another editor hypothesized that the successful effects seen in the Washington program could suggest similar achievements in CA.

it is to have students get housing and internships out of state, there is a high success rate of students getting a job out of the program," the editor said.

While the University does not actually own any property in Washington for the students involved in the program to stay at, instead the University rents property, the house in CA would be a good option for programs that's pretty much it. Since the like the one in Washington because the school would not have some years back they have been to worry about renting a place

> "Overall though, *The Outlook* staff has found that having the University just hold this CA property is not doing any good."

> > ity of the staff agreed upon was using the CA house as a place for students to stay at if they got internships in CA. As some of the staff said, it would be a great way to encourage students to go out of their comfort zone and make connections, expand the University's visibility across the country and show that they are actively using all of their resources for their students.

Yet at the same time the possibility of having the CA house as an internship location leaves some asking more questions before they get really excited about the prospect of using the house as a place to stay for internships across the country. Questions "Using the Washington center such as what type of house is it, vided, and to better themselves.

as an example of how important how many students could live there and where in CA is the house located? One editor raised another question, and if it was used for internship opportunities would the students have to pay an increased tuition.

Though, there was also the prospect brought up by another editor that there would be a good chance that having the property might raise tuition for all University students. "Think about it, after buying property, they would have to pay staff, not just utilities. They would need a building manager, a cleaning

staff at least between each tenant and then we all how know [the University] values landscaping. Plus, there is no guarantee

A second option that the major- that 'X' number of kids would even get an internship in that city every year, so they can't assume that they can pay their staff based on students paying to live there," said the editor.

Overall though, The Outlook staff has found that having the University just hold this CA property is not doing any good. Whether sold or rented out, a plan of action should be made with the house in a way that will better the University and its students. Mostly it can be said that this West Coast property brings many exciting prospects that students should be allowed to take advantage of in order to remember one of the great opportunities that the University pro-





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The Obsession with Bumper Stickers

WILLIAM ROMBA STAFF WRITER

Bumper stickers: simple adhesive strips that can be easily attached to any car and enable people to express their opinions on a variety of topics, from religion to politics to sports in just a few sentences.

These days we can determine whether someone loves or hates President Obama, whether someone's child is an honor student, or whether someone else believes their dog is smarter than that honor student. But where did this simple invention get its start? How did something this simple rise to such prominence?

An article from the University of Kansas' website features an interview with Whitney Baker, the associate librarian at the university's libraries. "It's generally accepted that they were developed in the late '40s and early '50s," she said. "Most people attribute the creation of the adhesive family running from a figures. bumper sticker to a man named Forest P. Gill, who was a screen printer from Kansas City, KS. So I think we can claim the bumper sticker as a Kansas invention."

Through the years, bumper stickers have become much more commonplace in popular culture. They can make us laugh, make us think, make us angry, or make us wonder what the person in front of us was thinking when they put that sticker on his/her car.

These simple strips of vinyl have also spawned several new trends in automotive decals. I think the chief of all bumper stickers has to be the stick figure family.

Today, these stick figures seem almost as ubiquitous as the tradi-

create them. They also come in a wide variety of different styles; from just plain figures, to ones that have each family member's name or favorite hobby under their respective figure.

There are also stickers where each family member is wearing a pair of Mickey Mouse ears or the cap and jersey of their favorite sports team. I've even seen a "Star Wars" family, where each member wears a white storm trooper helmet.

There are many people who get a kick out of seeing them and view these redundant stickers as cute and fun, which is no doubt why they are so popular.

However, there is also a group of people who look at these decals from the other side of the fence. Their view is best summed up by another sticker I've seen that said, "Nobody cares about your stick figure family," with a picture of an

tional bumper stickers that helped monster truck. I laughed out loud. Cute and funny as they may be, some of us really don't care if mom likes to shop, if little Bobby plays soccer, if your family has been to Disney World, or if you have a pet. All of that stuff is great, but why stick your family and your pets on the rear window of your car to advertise it?

There is a family up the street from me with a set of these popular stickers. They have so many children, the family runs just about the length of the rear window. I'm sorry but that is just excessive.

These families essentially do what a traditional bumper sticker would do with a catchy slogan or a cool graphic, except the stick figures are cuter of course.

Cute as they may be, there are some of us, including myself, who find them somewhat annoying and feel that people should stick with traditional stickers rather than stick



Humorous bumper stickers express people's views and opinions on everything including other bumper stickers.

Are We Really Listening or Just Hearing?

NATALI GRECO STAFF WRITER

Whether it is during class, at home, or during an argument, as young adults we are constantly being told to listen and pay attention.

Most of us will automatically respond that we are already listening. However, how many actually realize what is being said to us? Not too many have the ability to acknowledge the difference between

hearing and listening. Hearing is defined as "the fac-ulty or perceiving sound." Listening, on the other hand, is defined as "to give one's attention to a sound." Google could not be any more accurate at describing the two.

As human beings, we do not have the choice of hearing. If we were lucky enough to be born with healthy hearing, we cannot control what sounds make it to our ear drums and which don't. Nevertheless, we do control which of those sounds we recognize and which we do not.

The art of listening is a wonderful one that not all are privileged to have, and those who do, do not always appreciate it. Take listening to music for instance. How many of us can have our day completely flipped because of the lyrics of a song?

Listening gives us the opportunity to relate to life in a sense that is unexplainable even to us. It gives us a chance to express our emotions when words are not enough. Listening also allows us to communicate with one another.

"All is Fair in Love and War"

An Older Sibling Perspective on Sibling Rivalries

Yes, speech is what gets our point across, but listening is what allows us to communicate and come to an agreement with a second and even third person.

How many times have you had an unresolved argument and walked way angry? Even in the steamiest of arguments, if you just open your ears and listen to the words being spoken to you, an unnecessary nasty confrontation can be avoided.

I must admit, I am quite a stubborn person and I often tend to not listen to what I am being told because I feel like I am always right. Yet, as much as I hate to admit it, when I stop and actually listen, I grasp on to the reality of being wrong.

It is not so much about being wrong or right, though. It is more so about compromising and giving the other person the opportunity to express themselves and connect with what they're saying. It is about giving someone the respect and attention they are giving you.

Listening is a beautiful art. It allows us to communicate, to express ourselves, and to relate to one other. Listening can turn our frown upside down, can help us mend a broken heart, and can help us prevent shedding a tear.

The art of listening is not appreciated enough in my opinion, and that is something society desperately needs to work on. Think about, how do we expect to voice our opinion, if we are not giving someone else the chance to voice theirs?

Positive Minds Live Positive Lives

ALISON GOERKE CONTRIBUTING WRITER

In a place where one is constantly stressed, it's hard to maintain a positive outlook, but it's not impossible. Maintaining a positive attitude, even when you're not happy, is key.

It's easy to have something not go your way and just feel like your world is falling apart. In reality what we are stressing over is typically minor and we are just being overly dramatic. It might sound cliché to say, but laughing things better about a bad situation. Try to ever you're stressing over.

Take pride in the little things in

for yourself, instead it's about being proud of who you are and what your future holds.

You may hit some rough patches, but just remember that none of it is permanent. There is always a light at the end of the tunnel and out of every bad situation comes good.

If you believe you deserve a happy ending, or something good to happen to you, you will get that happy ending; you will get the good news you deserve to hear.

Even if you just find yourself not being able to do any of these off is a genuine method of feeling things, put a smile on your face. Always smile. Your smile may find something funny about what- turn around someone else's day, and that's a reason in itself to feel good. Everyone needs to remember that positivity and happiness starts from within. If you can truly feel for you isn't always a big deal to happy about something, anything, it will reflect in everything you do. If you project positivity, you will get it in return. Try not to seek happiness in others; find it within

KAYLA HORVATH STAFF WRITER

PHOTO TAKEN from auctiva.com

There is nothing in the world that compares to family. For many of us, no one knows, understands or loves us like our siblings and other family members.

However, no matter how much we love them, sometimes there is no one who gets under our skin more than our own family.

Sibling rivalries are a tale as old as time; sisters battling over clothes and shoes, brothers duking it out over a girl or constantly trying to one-up another, and it seems like there's always the annoying elder sibling being way too protective ily always have the answer.

I believe one important thing to remember is that while our siblings are some of the closest people to us, our own flesh and blood, they are still their own person and may be very different from us in many ways.

What we liked or did and how

"As the older sibling especially, it is easy to become very over protective over our

On the other hand, younger siblings could benefit from acknowledging that sometimes we cannot help but act like the "annoying older sibling" but we only do it because we care.

We watch our younger siblings grow up from bottles and diapers to cars and college, and sometimes we would prefer to hang on to the earlier and easier times.

Like a mom or dad, I just want what is best for my younger brothers and I want to see them succeed in every aspect of their life. I am sure any elder brother or sister can relate to that.

I believe that at times, it is equally difficult to be the younger or older sibling. Just remember, blood is thicker than water. Siblings will probably always argue, compete and disagree, but the love they have for each other will outweigh those things. So for those who are older siblings like myself, remember that our younger brothers or sisters are their own person and may not always make the same decisions we did. As older siblings, we need to let our younger siblings make their own mistakes and learn from them, if they aren't already learning from their older siblings' mistakes. For all the younger siblings, remember that we older siblings just want to protect you and want the best for you. You are welcome to learn from our mistakes, that's what we are here for. I know we sound like parents but it is the truth.

life. It's the little things in life that have an impact on us without realizing it. Someone holding the door some, but when it does happen, be appreciative.

If a stranger smiles at you or says hi or you drive through all the traffic lights without any of them turning red, use it as a boost. Things like that may put a small find yourself, where you are figursmile on your face, but those ing out who you are and who you things can turn your day around, even if it's one of your worst days.

If you feel like you don't have a clue what you want to do in your future, have hope. If you have hope that something is going to happen the way you want it to, you have a better chance for it to be that way. In life, optimism is key. Remaining optimistic is essential to success. If you build your life chances are things will all fall into place.

Life isn't all about feeling sorry through it no matter what.

yourself first. College is a place where you want to become. There's no place better to have a positive outlook on life. After all, college is where your life really begins, so why not begin this new part of your life with a smile on your face and your best foot forward. It will change your life, and the lives of others.

This could be easier said than done, but try to look at the glass half full, not half empty. Most imaround your happiness and joy, portantly, remember that you are not the only one going through a difficult time and you will get

or a younger sibling niding in a shadow.

As the oldest in a family of three younger brothers, I can relate to many of these struggles. As hard as it may be to admit, sometimes we may just need to cut our siblings some slack.

When we are young, we fight over toys or silly games; who gets to ride shotgun in the

car; who wants to watch which channel on television or what type of breakfast everyone wants mom to cook.

Then we grow older and fights occur over more adult issues; someone owes money, someone said something hurtful or does not agree with life decisions that are being made.

As the older sibling especially, it is easy to become very over protective over our younger siblings and develop the mentality of "I know best." However, we may not necessar-

younger siblings and develop the mentality of I know best."

we got by growing up may not work for our siblings.

No matter how close we are with our siblings, we still need to let them be their own person which is not always easy to do. Especially once we are all growing up and becoming adults.

Younger siblings probably have a hard enough time trying to live in their older siblings' shadow and live up to whatever accomplishments they achieved, the least we as older siblings can do is let them be their own person.

Asbury Park Beach Replenishment Program is Doing More Harm than Good

JESSICA ROBERTS CO-POLITICS EDITOR

Major backlash has come from the environmental damages and dangers created from the Jersey Shore replenishment plan founded by the U.S. Army Corps of Engineers.

The U.S. Army Corps of Engineers developed a plan for beach replenishments along the Jersey Shore due to post-Sandy damages. From Asbury Park to Avon, beaches will be pumped with more sand in order to extend where the water meets the landline. This extension will act as a buffer to protect the to the replenishment project, beach towns from extreme storm damages. The project estimated to cost \$18.3 million dollars, which was approved by Congress for Sandy Relief.

The replenishment program will last until 2048, according the Asbury Park Press, with the sand being pumped onto the beaches every six years. The Asbury Park Press also released that the project covering from Sea Bright to Manasquan Lake Flume. will cost around \$300 million dollars, with roughly \$100 million of it coming from NJ taxpayers pockets.

Replenishments also bring about environmental damage to the ecosystems and the marine life within these beach areas. Protestors from environmental orga- and Loch Arbour are all bordered nizations, civic groups, surfers, on the Flume. If there is no control

town gathered in Asbury on Friday March 21, to rally against the project.

Dr. Michael Phillips-Anderson, assistant professor of communication said, "The beaches are obviously a huge part of the shore's economy. The environmental concern is that what might make the beach better to sit on will hurt the overall environment and wildlife. With significant public attention and education, it is unlikely that residents will get a say in the Army Corps of Engineers' plan."

The group called for a change claiming that every beach has a different need for it to be repaired. For their beaches, according to the Asbury Park Sun, they were against the "groin modifications, known as notching," a process that calls for the removal of sections of rock found, typically the jetty, closest to the beach. The town worries that this removal will cause a blockage to The Deal

Blockage to the Flume will cause damages to the costal areas. Having control over the flow through the Flume is important for the towns of Asbury Park, Ocean Township, Neptune Township, Deal, Allenhurst, Interlaken,

then it could cause a flood like the one in 1990s. The towns experienced flooding in 1990s due to, too much water during high tides and an eight-day span of rain.

Dan Roman, a junior political science major said, "We shouldn't try to control the environment."

Congressman Frank Pallone is a supporter of the replenishment and addressed the protestors concerns in a statement released on March 21. In his announcement he said, "I have also heard concerns regarding sand building up in the Deal Lake Flume, causing a blockage of the flow between the lake and ocean.'

Pallone continued, "I have raised this issue with the Army corps and they are planning to monitor the flume and clear any sediment buildup that occurs throughout the project. We will also look at the possibility of reconfiguring the placement of sand in the area adjacent to the flume. One long-term solution may be to extend the Deal Lake Flume to limit the amount of sand that can block its flow."

"One of the issues that makes this difficult is the multi-jurisdictional set up in New Jersey. When so many towns share one body of water it can be hard to coordinate actions. It also makes it difficult to communicate effectively with the sand replenishment process

anglers and residents of the beach over the waterways of the Flume the public. Environmental issues have been a concern following Sandy, but it seems to fail to generate much media attention," said Phillips-Anderson.

According to nj.com, the project has had influence over the Deal Lake Flume, which is an 85-year-old tube that flows water between the lake and the Atlantic Ocean. If the groin modification is successful then the areas around the lack have an increased risk in flooding and a decrease in fish

If the Flume was blocked, then the fish would no longer be able to gain access to the lake. This causes an upset for the ecosystem that is developed. According to nj.com, the flume is a breeding ground for herring, which the largemouth bass has become dependent on for food, in return the bass have become popular among the town anglers.

Notching would also create dangerous environments for the blackfish, stripers, and fluke that form their habitats around the submerged areas of the jetties. Also when the modifications are made the removal of the stones would be at the jetty's base, a take away the access to fishing off of them from the anglers.

More than just the fishing industry will be affected, however,

will ultimately make the ocean more dangerous to swim in. Through filling in the shore, replenishment causes a change in where the ocean bottom and the shoreline clash, making a curt change in the ocean bottom for swimmers. According to Asbury Park Press the sand will form a sort of cliff that will trap people in during high tide, and potentially injuring swimmers, surfers, and kayakers.

Pallone commented, "Many of you in attendance have reached out to me to express your concerns with the proposed project. I understand your concerns with respect to notching the groins in this area and the impacts this may have on recreational fishing. I am discussing this issue with the Army Corps of Engineers and trying to find a resolution that does not negatively impact fisherman in the area."

In the statement Pallone asked all concerned to express in a formal submission through e-mail to Jenifer Thalhauser of the Army Corp Engineers, with a deadline on March 26.

An anonymous senior political science student said, "It is being hastily done, we need to examine the enviormental impacts more along with alternative methods that won't cause such impacts.'

Westboro Baptist Church Founder Fred Phelps Dies Family Members Refused to Hold Funeral for Fear of Picketers

IZIAH THOMPSON

Fred Phelps leader and founder of the Westboro Baptist Church (WBC) passed away Wednesday morning at the age of 84.

Phelps founded the Church in Topeka, KS in 1955. Using the title of Baptist Preacher, he and the church have embodied the most intrusive anti-gay movement in America, protesting public events, and even picketing the funerals of gay veterans

According to civil rights leaders in Topeka, Phelps was a prominent, and wildly successful civil rights attorney in the 1960s. He took on numerous cases for black Americans, that many attorneys would not touch.

those of the LGBT community. According to CNN, they first made headlines in 1998 when the church picketed Matthew Shepard's funeral. Shepard, a college student in WY was tortured and beaten to death for being homosexual. The church held signs about the boy burning in hell, and others the likes of "GOD HATES FAGS." The pinnacle of the church's movement came in 2006, when they were sued by the family of a U.S. Marine for picketing his funeral. The WBC claimed that he died because of the nation's tolerance of gay people. The case went all the way to the supreme court, where the justices found the church's speech to be protected, it was an not invasion of privacy, because they opposed a national issue, nothing specific to the fallen soldier.

dubbed the "Most Hated Family in America," by BBC (referring to the 13 children and relatives of Phelps within the WBC) has been the focus of enmity for many in the LGBT community among others.

A liquor store in OK, Moore Liquor, known for humorous signs, put up a sign this week that read, "FRED PHELPS 1929-2014... CHAMPAIGNE 10% OFF...NOT A COINCIDENCE".

Earlier this week, the daughter of Fred Phelps tweeted that the WBC would be protesting Phelps's funeral. News reports revealed that the Twitter account was hacked, by a consistent persistent agitator of the church.

Dr. Joanna Foster, an assistant professor of sociology, said that she could understand why some human The Phelps along with his church rights advocates may find it hard to aggressively and openly opposing who organized social movements tary, often at their funerals to advocate denial of civil rights for LGBT people. When asked about these groups proactive reactions Foster said. "I. myself, would not advocate protesting his funeral, both because it seems to me that such an action only gives legitimacy to the very behaviors that his opponents found repulsive, but because I think in this current political climate of real gains for LGBT rights, it would be strategically unwise to stoop to the lowest common moral denominator." Foster continued, "I certainly do not think that the public demonstrations of hatred against LGBT people as organized by the WBC are inconsequential. Like the Klan rallies that are protected as free speech, these demonstrations are not only statements of political and moral convictions but they walk the line of harassment and hate speech, in my opinion."



have received national attention for feel sorrow for the death of a man Fred Phelps (top left) and other members of the church protested against LGBT in the mili-

Reactions around the country have varied. His congregation

Melia Owens, a junior so-

cial work major, thought that the that "turning the other cheek" is churches action are result of, "upbringing."

"[Some people] actually fear homosexuals. Fear what they don't know or understand. Hate crimes, and other inconsiderate actions; It's all related to ignorance. People are so close minded. But I can't blame them, for the way they were raised." She continued, "Now I don't agree with the churches beliefs. I do believe they should be able to voice their opinions. We all deserve that right."

Owens went on to say that it would be wrong to picket the funeral of Phelps as some LGBT groups were preparing to do. She said, "His hate should be met with respect and compassion. There is no need to stoop to the level of the [WBC]. It's about being the bigger person here."

not the morally right thing to do. Mukunda Alladi a junior accounting major, was initially undecided on whether people should picket Phelps funeral.

Alladi said, "The use of the word 'fag' and [judgement] of their sexuality. Don't they deserve revenge?" He thought if a person was to show such hatred that they would not be respected in fair and just communities. He thought of the one here at monmouth.

Alladi concluded, "But, maybe the best thing to do is to show the [WBC] humanity. I look at the civil rights movement in the 60s. African Americans and whites stood together against the hatred. Homosexuals and heterosexuals have to stand together in the face of hatred."

When asked about LGBT reaction to learning of Phelps's death There seemed to be a sure sense he had this to say, "It was Martin

Luther King that said love can drive out hate. It's not always easy [to love]. But it is worth it."

Foster took an positivist approach, while looking at the church's past. "I think that they could be effective in wrongfully shaming LGBT people at the same time that they may be effective in getting people of good conscience to take a stand against homophobia when they see something so outrageous as a sign that says "God Hates Fags" and people refusing to let LGBT people rest in peace, and their families mourn the loss of loved ones."

Concluding all the controversy Phelps life and death was defined by, it has been the church's decision not to hold a funeral.

Shirley Phelps Roper, daughter of Fred Phelps told CNN that they would not hold a service because, "We do not worship the dead."

NJ Anti-Smoking Bill Looks to Ban Smoking on Public Beaches and Parks Across the State

CHRISTOPHER ORLANDO MANAGING EDITOR

NJ Bill A1080 passed the Assembly and would prohibit smoking on public beaches and in public parks. This bill would be an extension of the "New Jersey Smoke Free Air Act" and would go into effect 180 days after its enactment.

Valerie Huttle, said in a press release regarding the bill, "The prohibition of smoking at public parks and beaches would better preserve the natural assets of this state by reducing litter and increasing fire safety in those areas, while lessening exposure to secondhand tobacco smoke among the public. This is the right thing to do."

Dr. Patricia Sciscione, a specialist professor of nursing, is in favor of the bill and believes it could help public health. "Cigarette butts are a form of toxic waste since they contain many chemicals that are known carcinogens, yet they are frequently discarded into the sand or onto the ground. Immediate risks include the possibility that small children, birds, animals, and fish may ingest these butts which could be lethal for them due to the possibility of choking and/or poisoning due to the toxic chemicals they contain," Sciscione said.

She continued, "Long-term risks exist because the filters are made of a substance that is not biodegradable and they can exist in the environment for decades causing harm to marine life, land animals, and the environment."

Kimberlee Noordyk, a freshman social work major, was a smoker for six years but hasn't smoked in three months. She said if she was still a smoker she would be against this bill but since quitting, she is "100 percent for it." Noordyk said, "I would probably say that they should make designated smoking areas on the beaches like they do in amusement parks so that smokers can still smoke, but not in front of children or anyone else who gets bothered by it. Even as a non-smoker, I would still recommend the smoking areas because I can tell you from experience, if a smoker wants a cigarette, they will find a way to do so."

and physical education major said, "I'm in favor of the bill because with the research that's already been done; it's obvious that second hand smoke is dangerous and can smoking itself. Hopefully we can outlaw smoking outright."

cause cancer even if you're not the one smoking."

Kinghorn continued, "If people want to smoke and deal with their own health problems, that's their right. But non-smokers should be allowed to go for a run around the park or lay on the beach without smoke flying into their face."

The bill states that the supervi-Bill sponsor, Assemblywoman sors will be responsible for enforcing the law. A violator will be fined \$250 for a first offense, \$500 for a second offense and \$1,000 for every subsequent offense. Municipal courts will oversee all cases for these offenses.

> Ray Bogan, a senior communication major and lifeguard at Sea Girt beach believes that beach personnel should not be used for monitoring the violations. "As a lifeguard I have more important things to do than watch for smokers if they choose to make lifeguards enforce this law. My focus is the safety of those in the water."

> Sciscione said, "I fear there will be a lot of vigilante behavior during the initial period of adoption to the bill resulting in arguments between smokers and non-smokers. It will be forcing a change in human behavior, something that does not come easily. There are strong opinions on both sides-smokers feel they have the right to smoke in outside areas and non-smokers contend that even though these are outdoor areas, the cigarette smoke is easily smelled even from long distances. I do believe that over time the bill will get easier to enforce as the smokers adapt to the forced change, and some may even quit because of it, which would be an added benefit."

> Rahmonn McMillan, a freshman fine arts/animation said, "I'm a non-smoker who hates the smell of smoke, but I think this bill is unnecessary. Parks and beaches are usually wide open spaces. If I'm bothered by smoke, I can move somewhere else on the beach or park."

Sciscione said, "This law is in the interest of public health for everyone, non-smokers and smokers alike, and should be vigorously enforced. Many children play in our parks and on beaches and we need to protect Ryan Kinghorn, a junior health them not only from exposure to the second-hand smoke and the possibility of handling and ingesting the discarded butts, but also from witnessing the act of

start to decrease the number of future smokers in our state. As a nurse, I know that there are many chronic heart and lung disorders that result from smoking and too many risks inherent in secondhand smoke to justify that nonsmokers should be exposed to it if there are ways to protect them. It's a "win-win" for all."

The bill's other primary sponsor, Assemblywoman Angelica Jimenez said in a press release, "This is common sense approach to maintain the beauty and pristine quality of our parks and beaches while also protecting public health. We're all be better off if we get this done."

Professor James Nickels, a marine scientist for the Urban Coast Institute, said that the impact of this bill would also be environmental. "Many people don't realize that when it rains, water flowing through our streets, down our drains and through our storm water pipes ends up in our harbors, beaches and rivers. Storm water is not treated so all litter and cigarette butts carried by storm water are dumped directly into these waterways.'

According to Nickels, 95 percent of the litter on beaches comes from suburban streets through the storm water system and this litter can cause harm to marine life.

Nickels continued, "Cigarette butts can take up to 12 months to break down in freshwater and up to 5 years to break down in seawater. Birds and aquatic animals can mistake the butts as food, resulting in serious digestive problems that may lead to death. Butts have been found in the stomachs of young birds, sea turtles and other marine creatures."

Dr. Alan Steinberg, an adjunct professor of political science who teaches environmental policy said, "I think this appears to be a bill designed for quality of life reasons. Smoking definitely has a negative effect on quality of life... It's not only a negative effect on the smoker but also the secondary impact on the people who are dying nearby them who don't smoke. It would also help keep the beaches clean from cigarette butts that are thrown aside by smokers on the beach."

Adam Sharkey, a senior business administration major said, "This is a very roundabout way of trying to

Top Ten Items Over 25 Years

RANK.	DEBRIS ITEM	NUMBER OF Debris items	PERCENTAGE OF Total Debris items
1	CIGARETTES/CIGARETTE FILTERS	52,907,756	32%
2	FOOD WRAPPERS/CONTAINERS	14,766,533	9%
3	CAPS, LIDS	13,585,425	8%
4	CUPS, PLATES, FORKS, KNIVES, SPOONS	10,112,038	6%
5	BEVERAGE BOTTLES (PLASTIC)	9,549,156	6%
6	BAGS (PLASTIC)	7,825,319	5%
1	BEVERAGE BOTTLES (GLASS)	7,062,199	4%
8	BEVERAGE CANS	6,753,260	4%
9	STRAWS/STIRRERS	6,263,453	4%
10	ROPE	3,251,948	2%
	TOP TEN TOTAL DEBRIS ITEMS	132,077,087	80%
	TOTAL DEBRIS ITEMS WORLOWIDE	166,144,420	100%

IMAGE TAKEN from www.vapor4life.com

Cigarette butts were 32 percent of all trash items found in the ocean over the past 25 years. 52, 907, 756 buds were found.

Pat Layton, a junior communication major said, "I think it's a good idea because I think it will clean up our beaches a little. One time in Belmar, I had a lady light up a cigarette who was sitting 10 feet away from me, and it blew right in my face."

Sciscione said that secondhand smoking is a major source of pollution and health problems. "There is no 'risk-free' level of secondhand smoke and no segment of our population that is not at risk-exposure causes risks to cardiovascular health and many types of lung disease including lung cancer. There are risks to pregnant women who are smokers or who are live with smokers, such as having an increased incidence of premature births and a higher risk of their infants dying from sudden infant death syndrome."

Sciscione continued, "Children exposed to secondhand smoke on a regular basis have a higher incidence of respiratory disorders, ear infections, and asthma and in general get sick more often than children of non-smokers. Lawmakers have a public health obligation to protect the rights of non-smokers who want to enjoy the outdoors without the exposure to this toxic substance."

Brad Rubin, a senior crimi-

nal justice major, said, "I think it would make the beaches more enjoyable if smoke-free. I hate laying on the beach and the guy next to me decides to light up a cigar with no regard for the people near him.'

However, this bill will definitely be opposed by many, especially those being the smokers of the beach and park visitor population. It will certainly receive some flak by this group because they want to be able to light up and enjoy the beach with everyone else. However, as previously stated, I feel that these people (not to overgeneralize) don't have much regard for others and how they feel about secondhand smoke and its health risks."

Rubin does have reservations whether the bill will be enforced. "I know that not all laws are strictly adhered too. Everyone breaks the law at some point in their lives. This kind of a law will definitely be broken a lot. I feel that many people will simply not care and will smoke anyways. The benefit of this would be increased revenue for the towns from those who are cited by the local police/park police. Maybe after a period of time where everyone is aware of the law, more people will adhere to it especially if it strictly enforced (posted signs, etc.)."

NJ State Senator Introduces Recreational Marijuana Bill

VICTORIA RODRIGUEZ ASSISTANT POLITICS EDITOR

NJ state Sen. Nicholas Scutori recently introduced a bill that would legalize the sale as well as possession of marijuana for recreational use and allow people to grow there own.

Scutori said in a press release, "Legalizing, regulating and taxing marijuana for those who are age 21 and older could bring in considerable revenue for the state at a time when it is struggling to meet its financial obligations. The states of WA and CO have already implemented marijuana laws."

WA State began issuing its first marijuana business licenses this month. CO began allowing recreational marijuana sales to adults on Jan. 1. CO initially expected to bring in \$67 million in tax revenue from marijuana this year, voters in NJ favor decriminaliza-

but projections are now as high as \$107 million due to higher-thananticipated sales. Legalization is also expected to create thousands of jobs in sales, production and related services in that state, a result that could be duplicated in NJ."

The Daily Caller explains, "Decriminalization simply removes criminal and monetary penalties for possessing any amount of marijuana, including the "manufacture," transportation, or storage of the substance. It does not address in any way the actual usage of marijuana, the sale of it, taxation, quality, driving under the influence, age restrictions, etc.'

Noah Lipman, lecturer of history explained, "The bill will be controversial because many legislators are afraid of the legalization process. Polls indicate that many

tion over legalization."

'Gov. Chris Christie has also indicated that he would veto any bill that was passed concerning legalization so most legislators feel there is little benefit for them if they vote in favor of the bill," according to Lipman.

Drew Wellenusher, a sophomore communication major said, "Governor Christie, putting a halt to everything, with every attempt people make to legalize marijuana, Christie has stepped on their toes, he doesn't really listen to the public's wants."

Lipman said, "Marijuana is controversial because there are many who see it as a gateway drug. There is also a strong lobbying effort from the alcohol firms that see marijuana as a threat to their business. Given time, however, I believe several other states will legalize marijuana because they see the tax revenue potential."

Wellenbusher said, "If it's legalized it keeps the public away from drug dealers and the unsafe environments they are found in. By legalizing, you take away the opportunity for drug dealers to have people try more dangerous substances."

Wellenbusher is pro-legalization because the state would profit from it due to taxes that would be placed on it.

Lipman said, "There is a big difference between the passage of the 18th amendment, which prohibited the sale and distribution of alcohol, and the legalization of marijuana. While marijuana was legal in America until the early 1920s, it was never widely accepted by the population. Alcohol, on the other hand, was and is a major component of everyday life in America."

"History has taught us that Americans will not stop using something they want merely because the law says they can't. In that way you can equate it to speeding. When the oil crisis hit Âmerica in the 1970's the national government pushed the speed limit enforcement down to 55. It proved to be a complete failure, even though it did prove to save lives and fuel. American's just wanted to drive faster and thus were unwilling to obey the law. Driving today on the parkway, even with a speed limit of 65, proves that all over again," according to Lipman.

Wellenbusher believes marijuana is more dangerous compared to alcohal. He said, "Right now its [marijuana] more dangerous because the level of criminal activity that it cause through the distribution/ buying/selling is sketchy."



The Turníng Poínt In Your Day Restaurant Offers Unique Menu and Beachside Dining Experience

EMILY SHAPIRO CONTRIBUTING WRITER

It is hard enough waking up for an early morning class, let alone doing it with a smile on your face. You are running too late to get coffee, lines at the Dining Hall or the Rebecca Stafford Student Center are too long and those granola bars you bought two months ago have lost their flavor. The promise you made to yourself to get a bagel after class comes to a even order your food. quick halt when you realize you are sick of the same old thing.

If this sounds like you then The Turning Point, located just hot chocolate. You can have it a few short minutes from campus, is about to change your life. Open seven days a week in Pier Village from 8 am to 3 for the flavorful breakfast and pm, The Turning Point shows people breakfast and lunch in a whole new light.

A senior health studies major Molly Maher said, "I think The Turning Point is a great place to go to lunch with friends. The food is always good and the service is great. There is another location in my hometown that I am excited to try as well."

restaurant, the smell of espresso enters your nose and wakes you right up. With a full espresso nana Foster Waffles, which inbar, this place has got it all for clude split bananas, rum sauce, their breakfast choices. Oat-

You should try a Hershey's Hot Chocolate with whipped cream and chocolate drizzle to finish Bruschetta which is a mixture it off. At just a low \$2.35, this is something hard to pass up. Different flavored teas are also available for those to enjoy.

When it gets too hot to even think about coffee or hot chocolate, the menu includes smoothies, iced tea and even frozen hot chocolate. Your day will begin to take a turn from that miserable 8 am class before you

A sophomore chemistry major Christina Giuliano said, "I love The Turning Point's frozen in the winter and summer and it's always just as good.'

The drinks are just a pregame lunch offered. From French toast to sensational salads, brunch has never looked so delicious.

Customers have the choice to start off with fruit parfaits, a small salad or homemade soups, which even includes chili as a selection.

Then comes the main course. The opportunities to make you full are endless with options As soon as you walk into the like waffles, omelettes, pancakes, salads and wraps.

coffee lovers. Not into coffee? homemade waffles and pecans. meal and egg white omelets strawberry reduction for dipping.

The menu offers a Fresh Fruit of diced pineapple, mango, strawberry and mint. This is served with a side of cinnamon pita points for convenience and tastiness.

If you are not in the mood for breakfast, the Lobster Quesadillas is a unique lunch option. Filled with lobster, avocado, spinach, mangos, onions, cilantro and cheeses, it is worth the \$14.95.

You may not be adventurous enough for the quesadilla, but there are other options. A classic at The Turning Point, the Chicken Pesto Panini has grilled chicken, zucchini, roasted red peppers, fresh mozarella and a basil pesto spread. There is also a wide selection of burgers, wraps and even vegetarian options

Megan Eustice, a sophomore health studies major, thinks the Turning Point has the right concept in mind. She said, "I like The Turning Point's concept of breakfast, lunch and brunch. It is convenient with morning classes, and the food is really good."

Trying to stay in the fit fam-A house favorite is the Ba- ily? The Turning Point offers a "Good For You" section under

Looking for something light? make for better choices when feel you are at a resort instead you want to lose those few extra pounds that the Dining Hall food has made you pack on.

With its beachside location, the restaurant will make you fast or a meal right after class want to stay even longer to ad-With 100 seats inside, and 50 Point is bound to turn your day seats outside, you may begin to around.

of a restaurant right near the University.

The Turning Point is the perfect place for an early breakor a run on the beach. No matmire the atmosphere and view. ter when you go, The Turning



IMAGE TAKEN from savory-bites.com

Stuffed French toast consists of cream cheese filled whole wheat bread topped with blueberries and mangos and comes with a

EAT AND DRINK WELL AT INKWELL

BRIANNA MCCABE CLUB & GREEK EDITOR

Inkwell Coffee House - serving you the best coffee topped off with whipped cream and drizzled with hippie-ness in a mason jar.

enue only minutes away from we get those customers dying the University, Inkwell Coffee House takes you back in time to a place where life is relaxed, you – and oh yeah, lots of food.

Inkwell is unlike your oractual house. You walk on the porch, loop around the house. and enter through a side door located on the right.

The walls are a little raggedy, and there's graffiti shouting at addition to the elongated hours when most people tend to close that differentiate itself from other local restaurants in the area.

Olsen said, "We're open after the bars close. At the beginning of the night we get the teenagers who don't feel like going home but can't yet hang out at bars, Located on 665 Second Av- and then at the end of the night for some fried food and coffee after a long night of drinking."

Inkwell Coffee House is open everyone is calm, nothing but Monday through Friday from positive energy encompassing 11:30 am until 2:30 pm, then reopens from 7 pm to 3 am.

On Saturday, Inkwell opens up dinary restaurant. This coffee to its fans at 5 pm and stays open house is located inside of an into the late hours of the night until 3:30 am. Even on Sundays

restaurants early, Inkwell manages to beat out the competition and open 5 pm to 3 am.

"Every type of person comes to the Inkwell," Olsen said.

Jessica Ketch, a junior psychology student, just visited Inkwell Coffee House for the first time as a University student this year. When asked what made her delay her cherry-pop of the Inkwell, she joked, "Because I am an idiot apparently."

Ketch described her initial reaction of Inkwell, "When I first walked in, I was in awe with the decorations, especially the relaxed atmosphere. The entire

place gives off a cool, calm vibe which makes you feel at ease."

Ketch ordered a peanut butter inkachino, which is a combination of iced coffee, peanut butter, dessert and sweet goodness that makes your taste buds tingle and jump up and down.

Unlike Ketch, Trevor Lastella, a freshman at Brookdale Community College, has been going to Inkwell Coffee House for approximately five years.

Lastella loves the food, but most importantly, the Dutch coffee, which seems to be the most highly raved about item on the menu. Lastella described the graffiti in the bathroom, and the Dutch coffee as a rite of passage into the Inkwell family.

Lastella said, "Basically, the Dutch coffee is a caffeine infused gulp of heaven served in a mason jar. Inkwell's food and coffee has their own unique taste and I love every second of it."

Olsen feels most people are compelled to order the more renowned items on the menu, and fail to recognize the hidden beauties of Inkwell. "Our chicken salad is honestly a hidden gem. I don't even like chicken salad and I absolutely love the Inkwell's," she said.

"If the awesome art on the walls, graffiti in the bathrooms, board games, take a book/leave a book section and crazy fun staff aren't enough to make [a newcomer] want to check [Inkwell] out, I would probably tempt them with our ridiculously extensive menu options," Olsen said.

you, and for a second, you might think you mistakenly ended up at a haunted house; but then you are reminded by the lovely hostesses that you have entered one of Long Branch's coffee house landmarks.

You are then seated at a table and handed a menu listing approximately 100 items, ranging from the infamous mac and cheese bites for \$6, to a buttery, buffalo-y chicken wrap with extra kick to it for around \$10.

The menu at first can seem overwhelming, and for someone with a never-ending appetite but a starving wallet, it can be a debacle. But nevertheless, whichever option you choose, both your belly and your bank account will thank you over and over again.

Julia Olsen, a junior English major and Inkwell worker, feels Inkwell has been so consistently successful over the years



Inkwell is a step-up from a diner and focuses mainly on comfort food paired with amazing coffees. The ambience is dark, cozy and young-spirited, making it the perfect place for a group of friends to come and spend a few hours talking about life and indulging in rare delicacies.

If you go to Inkwell, don't go in a rush. Make sure you want to spend a few hours embracing the uniqueness of this coffee house that has been around since the 70s. The service can be relaxed at times, so go on a day where you are ready to camp out and take a breather from life.

If Woodstock somehow got bundled up into a time travelling machine and warped into 2014 and ended up in Long Branch, that would be Inkwell Coffee House.

Olsen said, "The Inkwell is more of an experience than a restaurant."

because of this atmosphere in **Inkwell Coffee House** is a great place to grab a cup of coffee and listen to music near campus.



HAVE YOU SEEN OUR CLUES IN THE SCULPTURE GARDEN? Can you guess who will be performing at springfest?

COME TO THE SPRINGFEST ARTIST REVEAL ON APRIL 2ND AT 3:30 PM STUDENT CENTER PATIO!



Gove

Enter to win a meet and greet with the artist! Refreshments will be served.



The Outlook 11

IT GRADUATE SPOTLIGHT: Fred Strahl

"I would not have been able to start my business without a minor in IT." Fred Strahl: Class of 2012

Current Job: Owner of Larchwood Marketing

"I would not have been able to start my business without a minor in IT. Leaving college and going into the competitive job market is scary. Give yourself a leg up on the competition with an IT minor. Technology plays a major role in business with the importance of a web presence growing every day. Without the basic skills, you could fall behind."



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- build live websites, and design/build database systems for local business and non-profit clients)







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The Provost's Film Series for 2013-2014 will focus on "Fateful Choices: Power and Identity in the Promised Land" The films to be shown will explore the critical decisions people make where power and identity often collide on a daily basis. Family ties, ethnic heritage, gender, religious teachings, and historical experience-all converge to make life challenging, sometimes tragic, but always unpredictable. Host: Thomas S. Pearson, Provost / Vice President for Academic Affairs "A Bottle in the Gaza Sea " (2011) NR • Tuesday, April 8, 2014 at 7:30 p.m. Monmouth University • Pollak Theatre Tai is 17 years old. Naim is 20. She's Israeli. He's Palestinian. She lives in Jerusalem. He lives in Gaza. Only 60 miles separate them but how many bombings, check-points, sleepless nights and bloodstained days stand between them? Plot summary is based on the IMDb website Free of charge and open to the Monmouth University community and the general public. Organized by the Provost's Office and the Office of Global Initiatives. Part of Monmouth University's Institute for Global Understanding Convention.

MONMOUTH UNIVERSITY

where leaders look forward

PRAISED POET IN POLLAK

tion.

KEVIN HOLTON STAFF WRITER

inaugural poet Richard Blanco on Tuesday, March 25. Speaking in Pollak Theater, as opposed to the usual Wilson Hall auditorium, he served as the most recent installment in the visiting writer's series as well as one of the most prestigious speakers to come to campus in the last few years. This event was co-sponsored by the honors school.

Blanco is an awarded poet and civil engineer who lives in Maine. He was the first immigrant, first Latino and first openly gay inaugural poet in history (he read at Obama's second inauguration). His mother fled Cuba while seven months pregnant, gave birth to him in Spain and then moved to the USA when he was a baby. Growing up in the "cultural purgaalways conscious of the divide between the version of America he saw on TV, the America he lived in, and his parents, who frequently reminisced about the life and family members they'd left behind. His attempts to find the balance between these worlds influence the majority of his work.

The evening started off with an almost full house and an intro-Associate Dean for the school of humanities. "Blanco's poems are a testimony to the duality of identity," Thomas said.

With this, Blanco took to the podium. Beginning with more general statements about his life and his take on poetry, he shared with the audience the emotional and culwriter's job is to share something about real life," he said, mentiona mirror for what is really happen- amazing," Blanco said. ing in the world.

the most self-indulgent endeavors," he laughed, "but in some ways, it is the most selfless."

Throughout the event, he showed pictures from throughout his life, beginning with his first baby photo: the one used for his green card when he first immigrated to America. He talked about girls who lives there. how this is a symbolic representation of who he would later become during which he talked about how and that it serves as a reminder of how far he has come.

home in Florida, he reminisced the inauguration, feeling as though about how he felt adrift between he now "has permission" to write

Blanco then went on to talk about his life as an engineer, and The University was host to the how confused people tend to get when he tells them he's also a poet. Explaining that his work as a poet came from how he fell in love with language while compiling engineering reports, he spoke about how his poems come from both a creative side and an analytical exactitude. To emphasize, he read "Papa's Bridge," in which he discussed his ailing father, the bridges that connect people physically and emotionally.

Moving on to more distant relatives, he talked about growing up under his grandmother's watchful eye, saying that she had very strict rules about what men were supposed to do and that any deviation was "gay," such as drinking soda with a straw or joining the cub scouts. His poem "Queer Theory According to my Grandmother" tory" of Westchester, Fla., he was came off as humorous to many, especially with lines like, "If I see you in a ponytail, I'm cutting it off." Blanco acknowledged that many find it funny, though it is a scathing indictment of her bigotry, which forced him to hide his sexual identity for years.

He also talked about the inauguration itself and read his selected piece, "One Today," saying that it was "almost scripted" that he'd duction from Michael Thomas, read at the event since he'd been asking "What is my place in America?" since he was a boy. He also laughed about the "amazing" reaction after, saying that people would stop him on the street to cry, talk, hug him, and similar things after being so moved by his piece. "We crashed three gmail accounts," he laughed (with 'we' being his team tural foundation of his work. "The of agent, photographer, and social media coordinator).

"The response, when people ing how poetry should function as give modern poetry a chance, is

He went on to read "Like You" "In some ways, to be a poet is and "Boston Strong," the latter of which was requested after the Boston Marathon Bombings last year. Blanco also talked about his work with a friend of his who runs an orphanage for abandoned girls, helping them to express themselves through poetry, and read "Counting," a piece written by one of the

A Q&A followed the reading, he didn't have a first language, having grown up bilingual and Moving then to discuss his how he changed emotionally after the America of which he didn't poems more about America and

HEARTBREAKING BAND BREAK UPS

CASEY WOLFE SENIOR EDITOR

When it comes to alternative, punk, pop-punk and other subgenres of rock music, fans are diehard. These people, who have formed their own culture, come together for a common cause: to support their favorite bands, who some fans claim have done as much as saved their lives through music. With fans so invested in this music and the performers within it, every headline in Al*ternative Press* is breaking news: new albums, record deals, tour dates, break ups.

It's a visceral experience for fans when their favorite band calls it quits. Their entire time spent with that genre of music that they have essentially lived by and grown with is forever influenced. For some, you can equate it with losing a loved one: you'll think of that show where you caught the lead singer's guitar pick, the meet-and-greet you paid an entire summer's savings for, the song that got you through those tough times during your angst-y teen years, but repeating those experiences suddenly becomes impossible.

Just last year, NJ-native alternative rock band My Chemical Romance (MCR) announced that they would break up after 12 years of making music together. It was a devastating blow for MCR junkies to hear the band's famous last words, "We've gotten to go places we never knew we would. We've been able to see and experience things we never imagined possible. ... And now, like all great things, it has come time for it to end. Thanks for all of your support and for being part of the adventure."

These words were posted on their website nearly a year ago, but many fans and followers are still reeling from them. "My Chemical Romance got me through a lot of dark times," said Jess Johnson, a Brookdale Community College student. "Their words seemed dark, but there was an underlying light to them. Sometimes it was morbid and beautiful." Now, a year later, MCR released a final album of their greatest hits as well as some unreleased material titled "May Death Never Stop You." Then it's so long and good night to MCR.

Of course, band break ups are nothing new. Musicians have tans since the age of The Beatles. Joe Rapolla, Chair of the Music to bear. Instead of an immediate and Theatre Arts Department, recalls the uproar of disappointed



My Chemical Romance and Anberlin fans have had to experience the pain of their favorite bands breaking up.

fans after the announcement. "I, of course, was very young, but at the time that was very big news and devastating to millions who couldn't relate to something like this happening," said Rapolla. "Many people felt such a connection to the Beatles and couldn't understand what they would want to end something that was so good. But after a while the shock fades and people learn to cherish the magic that was created."

Don't panic, however, if your favorite band decides to stop making music. It doesn't always lead to their imminent death. Take rock band Breaking Benjamin for example: Frontman Benjamin Burnley ditched his guitarist and bassist in 2011 after an argument about a remix of one of their songs to be released on their greatest hits album. Initially, the split seemed permanent.

Despite the ongoing issues within the band however, Burnley announced on Breaking Benjamin's website in 2013 that he had won the legal battle for the band's name and rights to their songs. Breaking Benjamin will continue on, minus former bassist and guitarist, and has hinted through photos on their social media that fans can expect either new music or a new tour in 2014. Though their future is uncertain, Breaking Benjamin is not broken.

been breaking the hearts of their the process of splitting up can regardless of the band's divide. be one of the hardest heartaches

However, if the longevity of a band has come to an end, most fans ask that they provide some kind of closure. Nothing is more mind-boggling, and sometimes disappointing, than when a band drops the dreaded term: hiatus. Most hiatuses are indefinite, meaning that a complete split is very likely, but it also leaves fans with the hope that they might someday return. The most infamous example of today's alternative rock era is Fall Out Boy, who, despite making straight forward statements that they would not be reuniting, came back with full force last year, having an album ready to release and performances already lined up. Fans were ecstatic, and the band has had more album sales now than ever before their hiatus.

Another highly anticipated reunion was announced in March by Fleetwood Mac. Beginning Sept. 30, the British rock band will be touring once again after a 16-year break. This ignited a surge of excitement from fans of the band's unique blues-rock sound. This tour is a welcome revival of music from past generations.

While some musicians who break from their bands are never heard from again, many of them go on to pursue solo projects. If a fan is truly dedicated to that art-Watching a band go through ist's music, they will stay tuned, Follow the musicians in the new paths they take. You may be surprised to find you like them in new groups," said Robert Boyd, adjunct of music and theatre arts. "A good example would be Sting. The Police were a super-group that had a great chemistry together but Sting also went on to create quite a prolific body of work." Part of being a dedicated fan of any musical artist is knowing that nothing lasts forever. While we can't put the pieces of a broken band back together, we can soak up the nostalgia of what they left behind in a positive light. "Fans should just accept, and perhaps appreciate, that partnerships in art, like in business and relationships, do not need to be perpetual," said Rapolla. "That may actually be the beauty of it, and what makes it special. Accepting that may allow fans to appreciate the music that's been, or being made as a result of a momentary unity of creative talents."

feel a part and his parents' Cuba, to less about himself. which he couldn't go. This led him trayed a happy, ideal reality that he might one day find.

He also read a variety of poems, both humorous and serious. His first was "Betting on America," in which he recounted his family taking bets on which woman would his grandmother acting as the bookie and his grandfather saying one woman would win because, "she's got great teeth, like a horse," Blanco both captures a real moment of his past and an accidental satire of such events.

Following this, he spoke about his mother's influence on his life. and how she served as his lifeline to Cuba, both in reality and in his imagination. This influence prompted him to write "Mother Country," one of the three pieces he wrote for Obama's inaugura-

Paul Brown, President of the to fall in love with TV shows like University, was especially im-"The Brady Bunch," which por- pressed by Blanco. "That mix of engineering is a really fascinating thought," he said. "Combining fine arts with a really technical field is a great insight."

Senior Brianna Winters found him very astute as well. She said, "I felt like he captivated the audiwin the Miss USA pageant. With ence in a way that other visiting writers haven't. I really enjoyed the way he created the theme of What Poetry Can Do by showing the relevance of poetry in his life.'

'His tone and diction kept my attention throughout the reading, especially as I tried to catch the unintended humor in his poetry," Winters, an English major, added.

Blanco is just one of the many well-known figures to speak at the University. Pulitzer Prize winner Louise Glück will be reading on April 24. Check Monmouth.edu/ arts for details.



PHOTO TAKEN from loopele.com Breaking Benjamin's frontman Ben Burnley just gained the legal rights to the band's name. He'll continue with a new guitarist and bassist.

farewell announcement, some artists decide to drag it out and give their fans one last hoorah. Alternative rock band Anberlin decided to do just that this year, soon after they were announced for 2014's Van's Warped Tour lineup. The band posted a video on their website, explaining their decision and promising fans one more year of music and performances. In 2014 they will release a final album and tour the world one last time before ceasing to exist as a band.

Now, diehard Anberlin fans are crippled with the anxiety for the rest of 2014 that a band they followed so faithfully is ending, and they may not get a chance to see them during their year-long farewell. Though it will be a powerful celebration for the band, I would rather they just rip the Band-Aid off, not leaving fans with a dull, lingering pain.

SONGWRITERS BY THE SE2 PROFESSIONAL AND AMATEUR SONGWRITERS ENTERTAIN A PACKED POLLAK THEATRE

NICOLE MASSABROOK ENTERTAINMENT EDITOR

Pollak Theatre was filled on Saturday night with a crowd ready for some acoustic music from local songwriters. Songwriters by the Sea is a series of concerts hosted by musicians Joe Music and Theatre. The roundrobin style concert brought together three local professional musicians to play with D'Urso and Rapolla, while three university students opened up for the songs.' professionals.

"I'd like to take credit for that, but that's just natural talent and good hard work."

JOE RAPOLLA Chair of Department of Theatre and Music

and Erin Holmes all received some huge applause from the audience. I sat next to some 14-year-old girls who were brought along by their parents, and they seemed a little smitten with Haring and thrilled that his music was available for free on bandcamp.com.

Of course, they weren't the D'Urso and Professor Joe Ra-polla, Chair of the Department of openers. Connor Healey, a music major, enjoyed the Blue Hawk Records artists, stating, "The student performers were wonderful. Bryan, Erin and Natalie all did a great job, and I really enjoyed their

The three went around playing a Natalie Zeller, Bryan Haring mix of their own songs and covers. Zeller kicked off the show with her original "Bipolar" while Holmes played a sultry cover of Feelin' Good" and Haring dedicated an original song to his girlfriend. Each played a couple songs before ending with a cover of Muse's "Madness."

Zeller said that Rapolla had been the one to let the students in on the fun. Zeller explained, "Professor Rapolla told Bryan, Erin and I about the idea for the show, asked us if we would be interested in it and immediately, we all jumped on it. To be able to share a stage with such great, professional performers is crazy for me being just a student but it was a really, really good experience."



PHOTO TAKEN from monmouth.edu Marshall Crenshaw, David Johansenn and Alison Moorer played the event with hosts Joe Rapolla and Joe D'Urso.

Rapolla seemed thrilled with his students' performance. The Music and Theatre Department Chair told the audience, "I'd like to take credit for that, but that's just natural talent and good hard work. Maybe it's the program a little bit."

After a short break, a DJ from 99.5 Brookdale Public Radio (who co-sponsored the event) introduced Rapolla and Joe D'Urso who brought out Marshall Crenshaw, David Johansen and Alison Moorer. Each has quite the singers would talk and joke and

resume. Johansen was the frontman for New York Dolls. Crenshaw was nominated for a Golden Globe for writing the titular track for "Walk Hard" in 2007. Moorer was nominated for an Academy Award for the song she wrote for "The Horse Whisperer" in 1998. The professionals brought their A game to Pollak.

The round-robin set up made the show feel less like an auditorium and more like a living room. The bounce energy off each other. Moorer mentioned that she liked this more than playing solo. "You're giving me a lot of ideas," she said to Johansen.

Each musician played an acoustic guitar (except Johansen who had an accompanist playing an acoustic guitar), but often the other musicians jumped in. Rapolla had a tambourine, Johansen piped in with his harmonica and others would play their guitars to compliment an artists' song. It didn't seem planned, but it sounded really great. It's easy to see why D'Urso and Rapolla have been hosting Songwriters' circles such as this one since 2008.

It obviously held everyone's attention because it was dead silent when each artist played, but as soon as they hit their last note, the audience made some serious noise to show their appreciation.

Audience member Lynne Fenton of Lanoka Harbor won her tickets through a contest on 105.7 The Hawk radio station. While she didn't have any knowledge of the artists beforehand, she entered the contest "to experience it." She ended up having a great time. Fenton said the performers were "very talented. I enjoyed it. [It was my] type of music."

For similar events in Pollak Theatre, check out Monmouth. edu/arts.

LOUD NOTHINGS PUTS LISTENERS ON CLOUD NINE.

PETER QUINTON STAFF WRITER

In a world where indie music runs the gamut of quirky synth pop, lavish baroque pop, and guys wearing suspenders who sell lots of albums, it's hard to forget that, for a while, indie rock wasn't hard to define – grungy, sloppy, yet heartfelt rock music a sloppy, yet heartfelt rock music a "Attack on Memory" its blunt bunch of guys probably wrote in force trauma sound) sitting this their friends basement.

Few other bands understand that as well as Cloud Nothings, and their latest opus, "Here and Nowhere Else," serves as a hard slap in the face to those who think you need suspenders to be "indie."

Cloud Nothings was initially the thicker and more serrated than man Dylan Baldi before mor- otherwise would have been left, phing into a full band to record and Jason Gerycz's gymnastic 2012's masterful "Attack on Memory." Where Cloud Nothing's early material consisted mainly of scrappy, catchy lo-fi pop rock Baldi conceived out of boredom. "Attack on Memory" was a fully fleshed out barrage of post-hardcore angst and massive ory Pt. 2," is the way the band's hooks that would be an enormous challenge for just about any band to follow up. However, "Here and Nowhere Else" not only lives up to the task of succeeding one of the decades best indie rock albums, it pretty much tops it. Though it only clocks in at a half hour, "Here and Nowhere Else" is densely packed with savage riffs and some of the strongest hooks Baldi has ever written, interweaving the two seamlessly into an album that is endlessly listenable and a front to back blast.

Cloud Nothings wouldn't be able to top itself, as it almost seemed like a fluke the band transformed from a poppy one-man project to a powerhouse rock band. The band also experienced a few changes this time around, with guitarist Joe Bayer leaving the group and legendary producer Steve Albini (who helped give record out, so there certainly was room for skepticism.

Listening to "Here and No-where Else," however, you'd barely notice any of these changes at all, as the band actually sound even more savage this time around. Baldi's guitar, which now Hailing from Cleveland, Ohio, has to stand on its own, sounds



"Here and Nowhere Else" is the second release for Cloud Nothings, who are currently touring. The band will stop in Philly this Saturday at Union Transfer before they head over to NYC to play Bowery Ballroom on April 12 and Music Hall of Williamsburg in Brooklyn on April 13. Check out cloudnothings.com for ticket info.

one-man music project of front ever, filling in any spaces that and "No Thoughts," for instance, sion, introducing itself as the ob- best when Cloud Nothings are aren't as monsoon-inducing as vious single Once those first 45 just being Cloud Nothings. This is especially true with "I'm Not Part of Me," the album's last and "Wasted Days" or as purely fun seconds pass, however, the band as "Stay Useless," but instead feverishly kicks up the tempo and barrels forward for the rest of the debatably best track. Though reltake the best elements from both sides of the spectrum and comtrack with relentless intensity, atively straightforward, the track bine them to make a string of with Baldi's nasally voice transis a microcosm of the band's best endlessly enjoyable tracks that forming into a blood-curdling aspects condensed into one little track that could, with the hooks offer the best of both worlds to scream for most of the track. The band also manages to surlisteners. morphing and building on one This focus on consistency, prise with the nearly eight-minute another to make something however, could be seen as a bless-'Pattern Walks," albeit in a less equally fierce and catchy. Believe ing or a curse for the band, as deliberate fashion. Starting with me when I say there's no way you won't be singing "I'm not I'm not bringing everything together so the most gnarled bass riff the tightly could also mean for a more band has ever produced, it would you / You're a part of me, You're a predictable album that sacrifices be safe to assume – based on its part of me" after only one listen. first few minutes – that the track any spontaneity or surprises. But With his cheeky, bespectacled Cloud Nothings are certainly not would follow in the footsteps of grin and nasally voice, Dylan "Attack's" eight-minute romp above throwing listeners for a Baldi is a musician who's all too loop, and when this is pulled off easy to underestimate on the sur-"Wasted Days" and dissolve into on "Here and Nowhere Else," it's an onslaught of feedback and face. But just one listen to the angst. But in its last minute or so, nothing short of magnificent. sweltering yet irresistibly catchy Take "Psychic Trauma, for exindie rock he crafts with Cloud the band builds the track not into ample, one of the first songs writsomething terrifying, but cel-Nothings is enough to silence ten for the record and an early sinebratory, pushing the noise away any skeptic from judging a book gle. With its shimmering guitar in favor of something much more by its cover. Cloud Nothings are rift and tender, almost ballad-like splendorous and even beautiful. a force to be reckoned with, and pace, "Psychic Trauma" makes Despite all this, "Here and No-"Here and Nowhere Else" is the an all-too friendly first impreswhere Else" might just be at its perfect document of that force.

It's not unreasonable for fans to have been a bit worried that

drumming is just as massive and manic without any help from Albini's mixing.

But what makes "Here and Nowhere Else" really stand out against its predecessor - rather than just being "Attack on Memapproach to songwriting has balanced itself out. As consistent as the "sound" of "Attack on Memory" was, the songs often played on varying sides of a spectrum, with some songs being particularly noisy and terrifying ("Wasted Days," "No Sentiment"), while others were irresistibly catchy and pop-punky ("Fall In," 'Stay Useless")

On "Here and Nowhere Else." however, everything finally starts to pull more towards the center, as pretty much every song on the album maintains a flawless balance of noise and pop. Tracks like "Quieter Today," "Just See Fear,"

THE BEST PLACES ON CAMPUS TO REST YOUR HINEY

TAYLOR COPP ASSOCIATE CLUB & GREEK EDITOR

sometimes be a risky gamble. You can either have a pleasant experience fully equipped with an attendant, or smell the foul odors courtesy of the person before you and the poor ventilation can knock you 10 steps back before you brace yourself and force you to hold your breath for 30 seconds.

Restrooms are traditionally a place to privately take care of personal business, however, in college there's more to it than of the club offices, as well as the that. They serve as a temporary escape, or a 10 minute vacation, without the sandy beaches. We go to restrooms to "tweet," gossip about that cute boy or girl in I find it strikingly odd that there is class and use the mirror to make sure we look as good as we did when we left for school in the women. The poor ventilation does morning and don't forget those not help the cause either, because bathroom "selfies."

Because the restroom is such an important place and plays a colossal role of our daily lives, I have decided to outline the University's premier restrooms and the ones you should avoid at all costs. This lically accessible restrooms located in academic buildings, the Dining Hall and the Rebecca Stafford Student Center. After visiting the restrooms on the academic side of campus I didn't have the stomach to research the restrooms in all of the dorms and suites.

WORST

5. Howard Hall - First Floor Right outside of the 24-hour lab in Howard Hall are what feels like the smallest restrooms on campus. The single-person lavatories are so tiny inside that it is almost a TV tray table in case you want impossible to move without slamming into a wall. It makes even and a wicker shelf that housed the most basic functions of a bathroom, like washing your hands or and plenty of liquid soap. If flushing, nearly impossible. These bathrooms lack the space that it constantly worries if there is needs to be considered a luxuritibule that serves as a waiting area although to me it reminds me of is constantly crowded with people a facilities management storage

enter the jail-cell type restroom bathroom. that it discourages students from attempting to wait in line. This re-Walking into a restroom can stroom does serve its purpose for those students who need to take a quick leak while up all night studying or finishing their term papers.

4. Student Center – Third Floor

Although it is a cozy and decently sized restroom on the upper level of the Student Center, its downfall is that it's the only one up there. The third floor of the Student Center is home to most Office of Counseling and Psychological Services. With so many offices and people that will be potentially fighting over toilet time, only one single-person restroom on that floor for both men and once there's a lingering smell in these bathrooms don't count on it going anywhere fast.

3. Edison Hall - Second Floor

article exclusively considers pub- men's and women's restrooms, I was suddenly bombarded with childhood memories of my elementary school and the little boy's room there. The paint colors used in my elementary school restrooms significantly resemble the paint used to color the stalls of the restrooms in Edison Hall. Both the women's and men's room are outlined with blue tile, which leads me to believe that they were both used as men's rooms at one point. The women's room did have a few amenities that were found nowhere else on campus: to cram for a test before class, over 20 rolls of toilet paper you're one of those people who enough toilet paper for you, this ous bathroom. Moreover, the ves- might be your go-to bathroom,

2. Rechinitz Hall

If you have ever been in the new art building, you may have noticed that the floor plan is hard to navigate, which has a negative impact on the placement of the restrooms on the list. Trying to locate the bathrooms in Rechnitz Hall makes you feel like a mouse in a maze trying to get to the cheese; having to go upstairs, then downstairs, then through the Art Gallery, (if it is unlocked), then through a classroom mid-lecture and finally down a hallway. It is a complete burden, especially while doing the pee-pee dance the whole time. I would recommend avoiding the building as a whole, even if you need to use the restroom during class in Rechnitz Hall. It's easier to just walk to Plangere or the Student Center than finding your way around the building, which is just as easy to navigate as a Jackson Pollock painting.

1. Magil Commons – Dining Hall

This is a no brainer. Hundreds, When I walked into both the maybe thousands of students utilize the Dining Hall everyday, and a good majority of them use the bathroom either before or after their meal. There just isn't enough manpower from facilities management or ARAMARK to keep it clean. Elizabeth Bennett, a senior, expressed her dissatisfaction with the restrooms by saying, "I just feel like they never are clean or they just seem like they're [dirty] because they are so old and ugly." If privacy is your thing, these restrooms are not for you. With so many people coming in and out, its not exactly discreet. Remember, what goes in, must come out and these restrooms look like yesterday's dinner.

BEST:

5. So-Sweet-A-Cat Field

Although the "So-Sweet-A-Catbox," the field hockey's playing field, possesses every quality of a horrible restroom, it narrowanxiously waiting their turn to closet with a complimentary ly makes it to the best list. The

restroom that undoubtedly bears a resemblance to an outhouse has a capacity of one at a time, and gets dirty really easily. But putting all the negatives aside, it is a score. If you are part of a team that practices there, field hockey namely, I'm sure you hold this bathroom in high regard. Prior to building of the lavatory on the field, players coaches and spectators of games had to use Port-A-Pottys, which are infinitely worse than the current facility. This restroom makes the list because if vou are in the area and need to "go," it is the only place to do so in what feels like miles.

4. Guggenheim Library -Second & Third Floors

Countless late night study sessions equate to plenty of coffee; which ultimately means more bonding time with the bathroom. The Guggenheim Library has a bathroom on each of its levels, but the second and third floors seemed to be the roomiest. The best thing about the library is that you never have to worry about being interrupted due to the quiet policies that are always enforced, and there is no shortage of reading material to bring into the stalls with you. If you ever need a break from studying, especially with midterms approaching, the Guggenheim is vour best bet.

3. Edison Hall – First Floor

What a difference a floor makes. If you're ever in Edison Hall and need to use the bathroom it pays to take the trip to the first floor restrooms. The new state-of-the-art restrooms took me by surprise. With stainless steel stalls and automatic sinks and toilets, it makes for a relaxing environment. Admittedly, the women's room is more impressive because it has eight stalls and is larger than the men's room, however both of these restrooms make for great environments for those bathroom "selfies." I'm sure Thomas Edison would be honored to take a number two here.

2. Wilson Hall – Basement You would think that the older

the building is, the more appalling the condition of the bathrooms are, right? Nope. Wilson Hall is home to easily the most elegant bathrooms I have ever seen; it is the 'Royal Flush!' They all emit feelings of peace and tranquility, but the ones in the basement appear like restrooms you would find in a high budget film from the 1980's... "Annie" perhaps?

"The bathrooms in Wilson Hall's basement ... Look straight out of Harry Potter," said senior Zachary Werkmeister. He continued, "I have to go at night though so no babes see me."

1. Magil Commons - Club Room

After four years it is time to reveal Monmouth's best kept secret. Everyone uses the restrooms in the Dining Hall, but has anyone ever thought to go outside, down the ramp and use the restroom in the building adjacent to the Dining Hall? If you really needed to, you could find me in there twice a day, because it is hands down, my favorite place on campus to be. It is a gem because not too many people know about it. The Magill Commons Club Rooms are usually empty if there is not a conference or event going on, so it's a safe bet that nobody will interrupt you. Occasionally, I play music loudly from my phone, or enjoy the silence, either way I can guarantee the restroom in Magil Commons is clean, well stocked and a perfect place to spend your free time, discreetly.

Overall, I am content with the fact that all of our buildings have a place where we are able to do what we have to do. While it is evident that some buildings are a tad worse than others, I have a complaint that extends to each and every bathroom; please, raise the toilet paper holders. I either hurt my hand reaching to get toilet paper, or constantly rip the paper, which annoys me to no end. If the toilet paper holders are more easily accessible, I will be happy with every restroom, no matter what it looks like. Hopefully this list steers you clear of those low-end lavatories, and gives you a new place to flush your troubles, and other waste, away.

Are You Afraid of the Dark? OUR COGNITIVE ABILITY TO SEE MOVEMENT IN PITCH BLACK CONDITIONS

MOMNA AYUB STAFF WRITER

Imagine being in a pitch movements of the experiment amputations induce an effect

a moving target, our eyes produce smooth movements. In order to record the eye as well. Often missing limbs or

The incidence of this illusion is seen in other instances



black room wearing an industrial strength blindfold being clearly unable to see. Surely such conditions would not allow for any movements to be movements of volunteers who perceived due to the lack of light.

How is it then that when tions. subjected to these conditions, cognitive experiment volunteers reported seeing movecognitive study which sug-gests the mind is able to trick the eyes into perceiving motion that is truly unperceivable.

When subjected to situations in which we are unable or complete lack of light at the when we are able to focus on seeing in the dark.'

volunteers, computerized eye trackers were employed. This advanced technology was able to confirm the smooth eye claimed they were able to see movement in pitch black condi-

Interestingly enough, not only do smooth eye movements detect motion, but because they ments? The answer lies in a only occur when our eyes are following a target, the volunteers were able to clearly follow their arms moving in front of them.

Siri Chintapalli, a sophomore biology major, said, "I feel that it is possible to see such moveto see, our eyes make rigid and ments in the dark because you jerky movements. This occurs instinctively know where all due to the eyes' inability to fo-cus because of the deficiency combined with how many times you've seen your own arms, time. In the presence of light would allow for the illusion of

of a phantom limb. Phantom limb is described as the sensation that missing body parts or organs are still attached to the body and are continuing to move accordingly with normal body movements.

Dr. Brad Ingebrethsen, professor of physics, said, "Some-how this doesn't surprise me. If the brain can experience phantom limb sensations or hallucinations, it would seem capable of filling in the missing piece in a set of linked sensations that it has experienced every day over a lifetime.'

The incredibly strange workings of the mind continue to baffle us in this regard and the cognitive science behind it offers many possible explanations.

Our perception of vision arisof visual signals that occurs in

the retina and the optic nerve. There is a structure at the back of the eyeball known as the optic disc which is the point at which nerve cell axons exit the eye and travel down the optic nerve toward the brain. The optic disc a region void of all photoreceptors, receptor cells which detect light, and is therefore referred to as "the blind spot."

Kerianne Fuoco, a sophomore clinical lab science major, said, "The location where optic nerve exits the eye creates a blind es from the intricate processing spot. However, individuals may not experience a hole in their

vision due to the brain's ability to fill in the missing visual information. Therefore, the results of this experiment are not so surprising that the brain is able to fill in that visual information even in the absence of light.'

It is quite amazing what our minds are able to accomplish in conditions which are supposedly unfavorable. And with discoveries such as these, we see that there are truly no limits to what our cognitive abilities are capable of.

LET ME SHOW YOU HOW COUNTRY FEELS

WESLEY BROOKS STAFF WRITER

Country music has come to be very popular across campus recently, as it has been a hot that there is a certain feel that topic throughout conversations and even club meetings.

Bryanna Recanzone, a sophomore health studies major, it touches upon topics such as feels that part of this is because many of the topics discussed in the songs are very relatable to everyday life. "It appeals to everyone and I happen to like it sic puts out a lot of feel-good because it talks about love a lot of the time," she said.

Bekah Varin, a sophomore in general." agrees. "A lot of songs deal with relationships and other feeling where people can let very important aspects of life loose and escape the issues they which is why I also enjoy it." Some students are not quite lives. Gabi Meyer said that

a fad. Lena Kaplan feels "I am in this style of music. not sure why it has become a fad, but know it is very popular to hear about in conversations."

Rachel Fox, a junior, said country music has that makes it appealing to the college crowd. "I think it is popular because family, faith, and love... topics that many people can relate to," she explained.

Fox continued, "Country musongs about being young and carefree and about enjoying life

Country music has a special may be dealing with in their sure why this has become such there is something unique with-

[like] it talks about things that everyone can relate to and also provides a party style feel when one listens to it in a group," she said. Many of the singers in this genre are also very young, making it even more relatable.

Louis Flores, Spanish professor, knows that this is becoming a popular style in the U.S. but not so much in other parts of the world. "In Spain country music is not popular at all like it is in the U.S. While I do not like it personally, I am also not sure why so many students are getting into it. Perhaps because of its party style sound," Flores said.

Danielle Walsh, a junior, believes there are many other reasons that country music is popular. "I feel that a lot of people go to country concerts because they are fun but also the fact that people can drink there which is why it is overwhelmingly popular," she said.

At the college age, there is a desire to see who the latest artists are and what fads they are promoting. These range from boots and cowboy hats to the new top hit single on the charts. The bass and loud instruments can play a role in this as well because they provide a dancelike atmosphere.

Even small venues such as the Stone Pony have attracted sizeable crowds to come join in the fun and even have the chance for fans to shake the artist's hand. For the college student, this is a lifetime opportunity as many of the venues are standing room only and dance floor style, allowing for an atmosphere similar to a club.



A country fan poses near Luke Bryan's equipment truck outside of the PNC Bank Arts Center ampitheater.

Jenn Urmston, a freshman, knows how much fun both small and large venues for this could "Small venues provide a be. more personal atmosphere to enjoy the music and dance on the dance floor. I also love big outdoor venues because there is often a lot of space to dance on the lawn and enjoy a fun time music has become increasingly with friends," she said. Both popular among college-age stutypes offer a unique experience dents.

and fun time for all.

The thought of summer is also prevalent. Amy Maginnis, a sophomore, said, "Country music gives the feeling of summer and time off from school with friends which is why I love to listen to it."

PHOTO COURTESY of Christopher Orlando

Whatever the reason, country



Country band Florida Georgia Line came to PNC Bank Arts Center last summer for Luke Bryan's Dirt Road Diaries tour.

PREPARING FOR BATTLE: A PARKING LOT SAGA

ADRIANA EISELE CONTRIBUTING WRITER

screeching to a halt; horns honking nonstop. The yelling, the arguing; I can hear it already and I'm not even on campus yet.

Welcome to the modern day battlefield: the Monmouth University parking lot.

It's like the scene in "Mean Girls" when Cady Heron imagines the cafeteria turning into a jungle in Africa, except instead of people running wild, it's the machines that are animals, weighing 10 tons each and being driven by barbarians on the hunt for a good spot.

The early risers, being better pre- be spots galore. But of course not, pared, are guaranteed better spots, the rush of students leaving the class but still, there is always struggle. Not to mention, they've now eliminated more space for parking with the construction that is going on. As if the competition wasn't high enough. It's like cutting down the rainforest!

Cutting into our natural resources, necessities.

And before the hunt even begins, Blinkers clicking furiously; tires a smooth drive to campus can't even be promised. Our commutes consist of traffic, detours and lines at the local coffee shop, hoping there is enough time to grab a breakfast sandwich to go with that double espresso to get you through the day.

I've learned from past experience that I would end up in the overflow parking lot, sprinting to class if I arrive to campus with only 10 minutes to spare. So, I've just pulled onto campus with 20 minutes until class starts. The hunt is on.

I start circling, row after row, and not a spot is in sight. Really?! I got myself as I see more cars pull in and It's survival of the fittest out here. here early thinking that there would out of spots from across the lot. Evthat ends before mine hasn't been let out yet. So I still circle, creeping slowly up and down each aisle. I feel like a lion trying to steal a cheetah's kill.

luck. Two rows away from me, the row closest to Bey Hall, a car pulls out and drives away. A driver who just pulled onto campus pulls into the spot without a problem. He is smiling from ear to ear. What a relief he found such a great spot so effortlessly, right? So, I continue to circle. Left or right? Should I just settle and take a spot in the last row? No way, I did not wake up half an hour earlier than normal just to settle for a mediocre spot.

I watch the time on my car tick closer and closer to the time class starts. I now have 10 minutes to find a good spot. I scream profanities to

I'm still ahead on time, but still no tation such as that so I'll let this one again, no on-coming traffic, and

"Agghhhhhhhh" I scream at myself as I slam my hands on my steering wheel and keep driving. Parallel to us in another row I hear honking. A girl furiously screams, "That's my spot!" She won't let off her horn. "Get over it," retorts the boy, as he gives her the finger and whips his Audi into the spot.

since I was so focused on arriving

I'm driving up the second row

to school early for once.

I refuse to settle for giving my car to the "valet," and worse, the dreaded overflow parking lot. fect. There aren't even painted lines to show where the spots are in that far away place. To park somewhere that might be a spot and then walk across the entire parking lot that rain. I grab a bagel and coffee and feels bigger than the Sahara Des- head upstairs, still ahead of time. ert? No, I don't think so. I'm up the stairs, still smiling, proud of myself for getting a good It has now begun to rain, how great. I didn't know rain was in the spot, getting breakfast and coffee forecast today. The last thing on and even having minutes to spare. my mind was to check the weather,

it looks like there is a spot ahead. Could it be? I speed up in anticipation; smiling so hard I must look like the Cheshire Cat. Smart Car. It was a Smart Car, unbelievable!

As I turn into the third row a car starts to pull out. Ah, finally! I found a spot and it's not that far. I can settle for the third row. I park and brace myself to run through the rain to safety. I still have more than five minutes until class, per-

I get into the building and there is no line for coffee. Today looks like it might be a great day despite the 10 minute hunt and unexpected

Fifteen minutes until class starts.

eryone is just at the right place at the right time, except for me.

I pull into the second row now and a car is pulling out. Yes, I can settle for this, I'd consider this winning! But nope, I failed to see the car on the other side with its blinker

already on. I'm not one for confron-

Then I see it; a note on the door. No it couldn't be, could it? I get close enough to read, "10 am class cancelled."



PHOTO TAKEN from inautonews.com

Finding a parking spot is a daily struggle for students on campus who do not arrive early and it can cause them to be late to their classes.

Monmouth Hawks Dance Together: Benefiting Childhood Cancer and Blood Disorders

BRIANNA MCCABE CLUB & GREEK EDITOR

The University's Shadow PR Firm and Public Relations Student Society of America (PRSSA) chapter is hosting the inaugural "Monmouth Hawks Dance Together," a six-hour dance-a-thon on Friday, April 4 from 6 pm midnight. The dance-a-thon is from the University, PRSSA acaimed at benefitting The Valerie Fund, a not-for-profit organization that seeks to provide comprehensive health care and support for children with cancer and rare blood disorders in the tri-state con Hall and the goal is to raise

"I think everyone has a soft spot for children and no child should ever have to go through the trauma of dealing with cancer ... These kids are our neighbors and we have the opportunity to help them."

> KRISTI SILVER Senior

Kristi Silver, Co-President of PRSSA, said, "I think everyone has a soft spot for children and no child should ever have to go through the trauma of dealing with cancer." Silver believes if the University comes together for this event to help a few children receive treatment just a few blocks complished its goal. "These kids are our neighbors and we have the opportunity to help them," she added.

The event will be held in Anaat least \$10,000 for The Valerie Fund Children's Center for Cancer of The Unterberg Children's Hospital at Monmouth Medical Center. Currently, over \$4,200 has been raised for "Monmouth Hawks Dance Together," with 20 registered teams and an estimated total of 100 participants.

The leading team, Team McKenna, has currently raised over \$1,500. The team leader, Kyle McKenna, a junior public relations student, was inspired to seek out donations and become involved in the cause by Bunny Flanders, Director of Marketing and Communications for The Valerie Fund, when she visited the University's PRSSA chapter this past fall. He said, "The video she showed just really hit me. I could feel for those kids." McKenna was also driven by a close hockey teammate of four years that he lost to brain cancer last year. "I think you can see 0my motivation there," he added. According to Kelly Brockett,

Co-President of PRSSA, the biggest sponsors of the event include Kohl's, who will be donat-

ing \$1,000 upon completion of the event. Buffalo Wild Wings of Monmouth Mall, who donated \$100 to Team McCabe, and a combined \$100 donation from Dr. Chad Dell, Chair of the Communication Department, and Dr. Eleanor Novek, an associate professor of communication.

University President Dr. Paul Brown said, "I am very proud of the compassion and initiative of our students, faculty, and staff who are helping to raise awareness and money for The Valerie Fund... The dance-a-thon is a wonderful example of how Monmouth University supports and is connected to our community." Brown believes the dancea-thon is a worthy cause and can be a transformative experience, which shows a real testament of character by those involved in organizing the event.

Flanders said there are more than 4,000 kids that are treated each year for cancer and blood disorders in NJ. "It is especially important for young adults to understand that giving back to others should be a part of everyone's life," she remarked.

Brockett said the chapter has been planning the dance-a-thon since May 2013. "I wanted to leave a legacy behind after completing my presidency of Shadow PR Firm and PRSSA and start something new on campus, in addition to playing a hand in getting the chapter more recognition on campus," she said. Brockett believes "Monmouth Hawks Dance Together" is offering University students the opportunity to have event-planning and public relations experience outside of the classroom.

Events that will be occurring at "Monmouth Hawks Dance Together" include a DJ

competition where participants can vote for their favorite DJ of the night, a music trivia game, a craft station where guests can make cards for both the children and families of The Valerie Fund, and a silent auction where participants can bid on items like an autographed Carmelo Anthony New York Knicks jersey and a Nook.

Mary Harris, co-advisor of PRSSA, said, "I think the dancea-thon is going to be successful and spread awareness of The Valerie Fund in this very small and humble way. Harris is thrilled to for this opportunity to work alongside fellow professors, staff, and students to build school spirit and help a local cause.

"I know personally that I get really emotional thinking about the children that we will be benefiting from these services, and I plan on dancing most of the time because I know I am dancing for a great cause," Harris continued.

To publicize the event, PRS-SA has been posting on social media sites including Facebook and Twitter, displaying flyers in campus buildings, and spreading word of mouth to encourage participation.

You have a chance to be a part of an inaugural event at the University, and something that could possibly raise over thousands and

PHOTO TAKEN from www.perfettephoto.com Children of The Valerie Fund benefit from University students' fundraising efforts.

thousands of dollars in one single day," said Silver. To register, those interested can pay a minimum of \$10 electronically at thevaleriefund.org/mhdt or are welcome to come the day of the event and pay at the door. The event is limited to 325 participants.

Brockett said, "The Valerie Fund is very important to me because I have lost friends and family due to cancer and have known others that have been diagnosed. It means a lot to me that I am able to help out another child or family that is going through this tough time so they hopefully do not have to experience a loss like I have."

Chris Tobin to Speak at University Shadow PR Firm/ **PRSSA** Chapter **Speaker Series**

West Long Branch, NJ- Long-time Monmouth University veteran, Chris Tobin, will be the second speaker of the semester, for the Monmouth University Shadow PR Firm and Public Relations Student Society of America (PRSSA) Chapter's Speaker Series. The event will take place during the PRSSA meeting on Wednesday, April 9 at 2:30 pm in room 234 of Plangere Center.

CLUB AND GREEK ANNOUNCEMENTS

Alpha Sigma tau

Alpha Sigma Tau will be hosting their annual Love Struck event on April 16 at 10:15 pm. The event is run like a dating game show with prizes for the winners. We will be selling tickets closer to the event for \$5 in advance, or you can buy them for \$7 at the door. All proceeds will be going toward one of our philanthropies. Please come out and support the lovely ladies of Alpha Sigma Tau. Contact Jessica Stern if you are interested in participating in the event. Her email address is s0881955@monmouth.edu.

the Running club

The Running Club will be meeting this semester on Tuesdays and Thursdays at 4:30 pm. For now, we will meet at the track in the Multipurpose Activity Center (MAC). Contact Club President Mitchell Parker at s0888670@monmouth.edu for more information.

gift card. All participants will re-

Accounting Society

Accounting students mark your calendars! On April 17, the Accounting Society will be hosting its first annual networking event in Wilson Hall. You will have the ability to interact with accounting professionals, alumni, and faculty.



ceive candy and Rita's water ice. Hope to see you there.

Tobin began his career at Monmouth University, serving as the Assistant Director of Communications. In 2006, he was promoted to his current position as Associate Athletic Director for Communications, where he is responsible for all communications for the athletics department. Tobin is an active member of Monmouth's athletic community, and is the sports supervisor for the women's soccer program. In addition to his Monmouth attributes, Tobin has served as Public and Media Relations Manager for the Trenton Thunder Baseball Club, and has worked for the Lakewood Blue Claws, for the past 12 years.

For more information about the Speaker Series, contact Kelly Hughes, Director of Communications, at s0822208@monmouth. edu or Dr. Sheila McAllister, faculty advisor, at smcallis@monmouth.edu.

The Shadow PR Firm is a non-profit, public relations firm, comprised of emerging public relation professionals from Monmouth University. The firm, along with the PRSSA, provides students with valuable, hands-on experience, in public relations. The Speaker Series was instituted to provide students and professionals with networking opportunities in the field. PRSSA meets for general meetings every Wednesday at 2:30 pm in Plangere Center.



We were just accepted into the NCSA (National Club Softball Association) Mid Atlantic North conference for their 2014 - 2015 season! This means we will play schools nearby, such as Rutgers, Rowan, SJU, TCNJ, Lafayette and others. For now, we have open weekend scrimmages with schools who over to play with us!



Tryouts for the 2014-15 Dance Teams will be held on Saturday, May 10 beginning at 9:30 am in Boylan Gymnasium. For more information please contact Kristen as kisaksen@monmouth.edu.

munity and is free of charge!

Theresa Lam Confronts the Issue of Sustainability

ANGELA CIROALO NEWS EDITOR

Sustainability in this country is becoming more and more of an issue as chemicals, toxins and waste float throughout our ecosphere's air, water and soil.

Theresa Lam, the Public Policy and Advocacy Committee Chair of the Northeast Organic Farming Association, confronted the sustainability issue as the guest speaker during the Monmouth Area Vegetarian Society's vegan potluck on Sunday, March 30.

Sustainability is providing resources for our needs today while preserving our environment for future generations, Lam explained. The issue in America is that society is not preserving the environment for future generations, therefore the safety and beauty of the environment is diminishing.

Pew Research found that the global population is expected to increase 38 percent by 2050 and reach a total of 9.6 billion people, opposed to the current population of 6.9 billion. A question many people ask is whether the popula-

tion size is attributable to the environment's harm.

Lam mentioned Ian Angus and Simone Butler's book, "Too Many People," was created to provide the tools necessary to dismantle the myth of overpopulation. "There are people out there that believe that population is not the problem," Lam said.

The three main topics Lam focused on to explain how to become sustainable included waste, energy and food.

Many people are not aware of the waste that they leave in the earth every day. "All plastics ever created still exist today," Lam said. "Whether they have been recycled or not, they are not biodegradable." It would take thousands of years for any plastic created to break down, Lam added.

Plastic that is in this earth take many forms including in our clothes, (nylon and acrylic) in our food packages, (plastic bags, containers) in our face wash, (beads in facial scrubs are plastic) and in our coffee K-cups, just to name a few. "If you take all the k-cups sold in 2013 they would wrap around the earth 10.5 times," said

Lam. "So that's just one little piece of trash that people are using every day."

The plastic that is not recycled ends up in landfills or in vortexes in the middle of ocean due to currents and winds. "And that's where they stay," Lam said. "We've heard stories about all of these sea otters eating this and dying and the birds think its food and they eat those plastic pieces and it ends up in their stomachs," which forces them to die from malnutrition.

The different forms of energy in the country used to create electricity also cause many environmental dangers. Energy production processes such as fracking, mining and oil use immerse chemicals into the environment when there are created, processed and used.

The issue is that we have become so dependent on these forms of energy that it is difficult to abandon them. "Do we still take those flights to California? Do we still drive our cars? Yes we do. We are addicted to oil. We are addicted to this energy," said Lam. There are many alternative en-

ergy solutions, Lam explained. Solar power, wind power and geothermal power are just a few.

The production of food today is also creating hundreds of pounds of waste in the environment. "They centralized the food and farming system," Lam said. "They've decided it's cheaper and easier to make farms big and produce on a massive monoculture scale."

They believe it is easier to control food that way, although they are using pesticides, herbicides and genetically modifying our food while also increasing the use of fossil fuels to create food this way, Lam explained. "It is not sustainable," she said.

"Genetically modified foods are transgenic, they are genes taken from one organism and placed into another organism to create a certain type of benefit ...," said Lam.

Some of the chemicals used in

genetic modification are Roundup Ready seeds, which is an herbicide that has the chemical glyphosate in it. "Almost anything green it will kill it," said Lam. Therefore imagine how it is impacting the body when eaten.

"Roundup is a systemic herbicide which means it can penetrate every single cell in that plant." Therefore, washing off this herbicide is impossible because it is in every cell, Lam explained.

Another chemical used in food, more often used in corn, is Bt Toxin. "It is produced from bacteria," said Lam. "It kills the larva stage of the root worm of the worms that eat the corn." The toxin is in every cell of the corn and chemical companies claim that the toxin is safe.

Most of the corn that you buy in the supermarket if it's not organic it has the Bt Toxin in it or the Roundup Ready toxin, Lam said. Therefore the only way to avoid these toxins is to eat organically.

There are many ways that people can become more sustainable Lam explained. A few tips she mentioned include growing your own organic garden, bringing families and children to local gardens or farms, buying from local farms and also buying food that are in season.

Supermarkets today offer tropical fruits and vegetables all year round because they are transported hundreds of miles to be sold in your grocery store. "The average food travels 15,000 miles," Lam explained. Therefore, she refrains from buying bananas, oranges and pineapples in the winter. Instead she eats winter vegetables from her garden.

There are also ways to preserve your food and use winter foods in the summer and summer foods in the winter, Lam said. Fruits and vegetables can be frozen and fermented.

Food and items can also be reused through composting, which can be used to create a natural soil for fruits and vegetables. Items that are biodegradable and can be used in compost include food

"If you take all the K-cups sold in 2013 they would wrap around the earth 10.5 times ... So that's just one little piece of trash that people are using every day."

THERESA LAM Northeast Organic Farming Association Chair

remains, cotton clothing, coffee grinds, leaves and many other resources.

A few other sustainable solutions Lam mentioned to use less plastic were using alternatives to Ziploc plastic bags, storing food in preservation jars or glass containers and using products that are created out of a sustainable object such as a bicycle or silverware made out of bamboo.

"It really makes you think more in depth about a lot things especially our near future," Kyle McKenna, a junior communication major said after attending the potluck.

There are many ways that people can get involved locally in becoming more sustainable also. Lam suggests residents get involved in their town's environmental commission and urge law makers to enforce more sustainable laws in their towns and state. Residents can log onto nj.leg. state.nj.us to learn about the current bills up for discussion in New Jersey regarding environmental issues

"The people have to do something," Lam explained, "We can't just wait around ... Don't be afraid to speak your mind.'



LOUIS GARBARINI STAFF WRITER

Last November, University faculty, students and guests were offered a spring break trip to Florida. Just last week, they all packed their bags and spent a weekend in Walt Disney World in Orlando, FL.

by the Student Activities Board first time at Walt Disney World, and (SAB) and the rest covered by the attendees, supplied students with roundtrip airfare, ground transportation, a four-night stay in a Disney resort, a three-day Disney park hopper, and a majority of their meals. Additionally, it provided students an ing this workshop the group moved opportunity to attend a leadership workshop.

ment skills and discover how to inspire team excellence.

PHOTO TAKEN by Angela Ciroala

"I thought the Disney experience was amazing and very inspirational. It was really interesting and inspiring to see what happens behind the scenes. I learned a lot about what it means to be a leader and over all enjoyed the experience," said soph-The package deal, partly funded omore Priali Abah. It was Abah's

ing. "Each person is truly a piece to the Disney puzzle working on projects such as shows, parades and overall making the guest experience better. It was great to be able to see that."

Students were able to see where and how all of the costumes are made for all of the Disney characters. Disney carries over 800 different costumes for their employees





Theresa Lam believes sustainability and growth can co-exist.

Participants of the workshop learned Disney management skills during the program, but instead got and business strategies for becom- to experience a backstage experi-

the sophomore believed the trip was well-worth the price of the package.

The workshop is marketed as a way to build a college students résumé and get a unique experience from the Walt Disney Park. Duraround the park doing activities in different locations. Student didn't partake in any Disney attractions

"I now have a newfound appreciation for Disney and am going to implement the things I've learned in my everyday life." DANIELLE WALSH

Sophomore

ing effective leaders which included ence at Epcot. specially designed activities to help students explore their entrepreneur- amazing vacation that I will never

"Disney for Spring Break was an ial, communication and empower- forget," said junior Caroline Keat-

and range from a woman's size two to a man's size 60.

Sophomore Danielle Walsh stated that when she was first offered to go to the Disney Leadership Workshop, she was apprehensive. "I honestly didn't know what to expect and what I was getting myself into, but it ended up being an amazing experience and one I will never forget," she said.

Walsh learned how Walt Disney became a leader, and was exposed to the qualities that he possessed. "Not many people get the privilege of (learning) that and it really changed the way I saw Disney," she continued. "We tend to forget how much hard work and effort goes into every detail. I now have a newfound appreciation for Disney and am going to implement the things I've learned in my everyday life."

As a perk to University students for attending the leadership workshop, they are to be refunded \$50 within two weeks of returning to campus after the spring break trip.

Students attended a leadership conference in Orlando, FL to learn the qualities that leaders such as Walt Disney possess.

not offered every year to students but instead is based on a bi-yearly schedule. SAB also hosts other break trips during the fall during the University extended weekend break, usually to Sleepy Hollow or to the Boston area.

Other trips that SAB offers are trips to Broadway shows, local theme parks, sports games, New York City and more.

SAB Advisor Megan McGowan chaperoned the spring break trip believes the trip gave students from

The Disney Spring break trip is all different classes and majors the opportunity to connect. She said, "The Disney trip is always a great success and it's always a pleasure to talk to the students before departing to the airport to see how they spent their week and what magical experiences Disney gave them. We pride our students who decided to participate in the Disney leadership program because of the amazing and useful benefits that they can take away from it and put them to good use here back at Monmouth."

VIEWPOINT



What is a word that you think more people should use?

COMPILED BY: ALYSSA GRAY



Rose junior "Groovy."



Lexi

junior

"Chill."



Stephanie sophomore "Hip."



Jeffery sophomore "Rad."



Keone sophomore "Ugly."



Ken junior "Turnup. It's a stereotype that white people call it turnip, but I literally just called it turnip."



George senior "Bucked."



Katie senior "I get made fun of this all the time. Instead of using a mean word I call people fresh."



Derek junior "Bazinga from the Big Bang Theory."



Aaron communication professor "I think rad. Do people even use rad anymore?"

SC&I Graduate Programs Open House

APRIL 17, 2014 • 6:30 P.M.

Alexander Library, 4th Floor

More than a program — your path to career success!

It's not too late to start earning your master's degree this fall! Our programs focus on bridging theory and practice so you can learn to be more strategic in your actions in the workplace – and more successful in your career.

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Meet our faculty and staff, get an inside perspective from current students, and learn how you can design your own program on campus, online or both. Your program — your way!

Attend in person or online via live stream. Find out more and register now at **comminfo.rutgers.edu/monmouth.**



School of Communication and Information

Rutgers, the State University of New Jersey

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Where? Kessler Stadium/Track When? Sunday, April 13th 9:30 AM - 12:00 PM

\$5 entry with plenty of raffle ticket prizes, a silent auction + music!

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For additional information, please call the Financial Aid Office at 732-571-3463, or stop by the office in room 108 of Wilson Hall.



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Dog	s, Burge Sha	rs, Other kes & Dr	Great Eats, Prinks OPENTILL 2 AM ON THURSDAY, FRIDAY & SATURDAY
Hot Dog \$3.15 Cheese Dog \$3.85 Bacon Dog \$4.15 Bacon Cheese Dog \$4.15 The "66" Chili Dog \$4.15 With Chili, Mustard & Onions Add Cheese \$4.85 Grilled Chicken Breast \$4.85 Grilled Chicken Breast \$4.69 Caiun Chicken Breast \$4.95	ShakesReg. 53.95Lg. 54.50 Vanilla-Chocolate - Strawberry Black Chery - Rayberry - Bublegum Peach - Cool Mint - Root Beer Drintsin FountainReg. 51.99Lg. 52.99 Cole: Diet Cole: Cole Zero Sprite- Dr. Proper Fanto Change - Immade - Proverade V-8 Splash, Mooster Bottled Water	Fried Chicken Wings Butfalo, BBD, Sweet Chill Teriyaki, 5 for \$4.99, 10 for \$9.99, 15 for \$13.99 Watch out for a new wrap and salad menu and much more. COMING SOON BREAKFAST!!	10% OFF for all
Grilled Cheese	Supremo56.95 With Peppers, Onions, Mustard Potatoes Crispy Grilled Chicken Club55.89 With Lettuce, Tomato, Mayo, Bacon Chicken Parm Sandwich57.59 Veggie Burger55.99 Sausage & Peppers or Parm56.9		MU students,
Chili Cheeseburger	Spicy Chicken Sandwich\$4.95 Pork Roll and Cheese\$4.39		faculty & staff!









TOP RIGHT:



A SO-YOU-SAY COMIX #42

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A STUDENT FINDS ONE OF THE RED BULL PROMOTION BOXES WHILE ON HER WAY TO CLASS IN THE PLANGERE BUILDING. (PHOTO COURTESY OF ALYSSA GRAY)

BOTTOM LEFT: SENIOR DEBATE HAWK MEMBERS POSE WITH THEIR COACH PROFESSOR PATTEN AFTER THEIR FINAL COLLEGE DEBATE IN CALIFORNIA. (PHOTO COURTESY OF JESSICA ROBERTS)

HEY MONMOUTH!

INTERESTED IN SHARING YOUR MOMENTS? SEND YOUR PHOTOS TO ANY OF THE FOLLOWING EMAILS AND YOU JUST MIGHT HAVE THEM FEATURED IN THE "MOMENTS AT MONMOUTH" SECTION!

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Baseball Splits Weekend

MAGGIE ZELINKA SPORTS EDITOR

The baseball team recorded one win and one loss this weekend against the Niagara Purple Eagles and the Wagner Seahawks this weekend

MU registered their first MAAC loss on Friday, March 28 in the series opener. On the mound for the Hawks was senior southpaw Andy McGee who picked up his fourth loss of the season. After 2.1 innings and five earned runs, head coach Dean Ehehalt replaced Mc-Gee with sophomore lefty Frank Trimarco.

Niagara pulled ahead quickly as they scored four runs in the first inning. McGee surrendered a walk to the Purple Eagles first batter to start their rally. Niagara's left fielder, Kevin Paulsen, then reached first on a muffed throw putting two runners on. Third baseman Greg Rodgers then sent a triple out to left center scoring both men on base. The following batter singled which scored Rodgers from third. McGee was able to strike out the next batter, but then first baseman Danny Avella flied allowed a double to right center out to end the inning. which plated Niagara's fourth run of the inning.

MU chipped away Niagara's led with two runs of their own in the bottom of the first when Craig Sweeney hit a home run to score junior Steve Wilgus and brought the game to a two run margin.

Niagara furthered their lead back to four as they scored two runs in the bottom of the second thanks to an MU error and a single from Rodgers. The Hawks scored another run in the bottom of the second when junior catcher Kyle Perry was brought home off Wilgus's sacrifice fly bringing the score to 6-3.

Unfortunately for the blue and white, Niagara continued their scoring streak in the third. Outfielder Taylor Hackett, who went 2-for-3 for the day, singled to right field on an 0-2 count. He was then brought home by shortstop Geoff Seto who singled to center.

The scoring halted during the bottom of the third and top of the fourth, but then started up again as MU showed a one run fourth inning. Senior Joe Bamford led off the inning with a double to left center which was followed by a Wilgus strike out. Senior second baseman Jake Gronsky recorded the second out after he grounded to third base. Sweeney swung for a RBI single to center playing Bamford from second. Senior

The Hawks tallied their final run in the fifth after Wilgus drew a RBI walk to plate senior shortstop Jon Guida.

Due to inclement weather, the game had to be called after the sixth was concluded. The final score read 7-5 in Niagara's favor.

The series was supposed to conclude on Sunday, March 30 with a double header but due to rain, it was pushed back to Monday, March 31. The games were once again cancelled on Monday afternoon after the field was deemed unplayable.

With three days of no baseball, the Hawks lost 4-1 to the Wagner Seahawks on Tuesday, April 1.

Junior TJ Hunt was given the start, but was pulled from the game after surrendering two runs off four hits in the first inning.

Hunt stayed in for a one, two, three second inning, but was relieved in the third by junior Chris McKenna.

MU had a chance to even the score in the third inning when Bamford came to the plate with a bases loaded situation. Working a full count, Bamford fouled out to first base to end the inning.

Wagner's first three batters were once again put away in the fourth, however, the Seahawks furthered their lead in the fifth due to a wild pitch thrown by MU junior Adam Yunginger.

Wagner added to their score in the sixth courtesy of a RBI single from designated hitter Brendan Benecke who went 2-for-3 in the game.

MU scored the final run of the game during the eighth when Gronsky hit a single to right field and brought home senior Jon Gui-

Sweeney and McGee Earn NJCBA Honors

PRESS RELEASE

Outfielder Craig Sweeney (Middletown, N.J./Middletown South) and pitcher Andrew McGee (Toms River, N.J./Toms River South) have earned weekly honors from the New Jersey Collegiate Baseball Association after their performances last week that included a sweep over Marist. McGee was named NJ Pitcher of the Week, while Sweeney picked up New Jersey Player of the Week accolades.

Sweeney hit a whopping .600 on the week in five games, helping Monmouth to a series sweep in the first weekend of MAAC play over Marist. He hit in all five games, including multi-hit games in four of the five. At Saint Joseph's on Wednesday, Sweeney hit a double to the wall in dead center field to score a run, and came home to score on a wild pitch. He got the Hawks on the board early at Towson on Thursday, lacing a two-run double to left center.

On the weekend, he was on base all three times in Game One including two hits, and drove home a big insurance run in the fifth with a base hit back through the middle. Finally, on Sunday, his line drive single up the middle gave MU a 4-1 lead that would be all Monmouth needed. All told, Sweeney went 9-for-15 in five games, including a run scored and five RBI's. He was also a part of a Monmouth defense that did not record an error all week, notching 10 putouts in right field.

McGee threw a complete game shutout on Saturday in the series opening win over Marist, striking out six and allowing just five hits. He retired Marist 1-2-3 five times in nine innings, and completed his 15th career game, third all-time at MU.

He also won his 22nd game, moving into a tie for second alltime at Monmouth with Ryan Buch, who is currently pitching in the Colorado Rockies system. He anchored a pitching staff that fired three complete games on the weekend and didn't walk a batter in the three contests. MU gave up only two runs overall on the weekend as a staff, led by McGee who won his second game of the season and threw his third complete game.

Baseball No Longer Number One in America's Eyes

MAGGIE ZELINKA SPORTS EDITOR

With football finished until fall and baseball just beginning, one can make an argument that America is transitioning from one beloved sport to the next beloved sport, but the question is which is America's favorite?

According to a poll taken by CBS Sports in the beginning of 2013, football is more popular in America than baseball by 16 percent. Most have begun to believe that the reason for football's supremacy over baseball is due to college football.

Matt Snyder of CBS Sports said, "According to a study by Scarborough Research, 109.3 million people, or 48% of U.S. adults over 18 years of age, watched, attended or listened to an MLB game from February 2011 through March 2012. That compares to 92.6 million, or 39% of adults, who watched, attended or listened to a college-football game during the same period."

Even with this said, is it really factual to say baseball is dying? Major League Baseball has been around since the 1800's

or are the people who are watching the game changing their preference.

With this modern age of technology, people all over the world get what they want when they want it making our attention span shorter. If vou want to listen to music, you do not have to find a radio anymore, just look it up on your phone. If you want to find out what the temperature is going to be that day, you do not have to watch the weather channel on TV, but instead, just look it up on your phone. With such a high demand for instant action in this day and age, it is only logical that football would become the preferred sport of Americans.

On every play, football has a visible element. There is a catch, a crash, a run, a fumble; there is something that everyone can see and understand whether they are a fan or not. In baseball, there is a thinking element to every play. If a pitcher throws a ball and the batter does not swing, it looks like nothing happened on the play. Only baseball would understand that either the batter was waiting for his

pitch or the pitcher intentionally is the batter into a certain situation For this reas o n alone, football is more comprehensible to the nation. Rachel Fox. а

junior education major, weighed in on the topic of the different pace of baseball and football.

"Football is quick and involves more physical contact, thus making the experience of watching the sport more entertaining. Although baseball is entertaining as well, many Americans enjoy the rough and tumble nature of football," Fox continued. "Basically, baseball is still the favorite sport of Americans, but football serves more of an entertainment purpose."

Furthermore, with the current attention span rate of each individual dwindling, time plays a tremendous factor in which sport is preferred by Americans. One of baseball's biggest complaints has always been the length of the games. This length has recently increased courtesy of the newly enforced baseball review rule which allows challenges much like there are in football.

The University's Assistant Athletics Director/Marketing, Eddy Occhipinti said, "Growing up, baseball was the biggest thing in my life. I could recite lineups, stats, every- that durthing about every player," he con- cold winter, football gives tinued. "As I've gotten older, that them something to look fortrying to force has shifted more towards football. I think that might have something to do with the fact that football is timed, for the most part you know how long a game is, while baseball could last anywhere from two hours to four or five. It is very difficult to pick one over the other, but I'd have to say that it's football." Another great division between the two sports is defined by their leaders. Bud Selig currently holds baseball's highest position as Commissioner. Bluntly put, Selig is not a good leader. While in office, he had to deal with the obstacle of many players using performance enhancing drugs. Even though this was a stressful time for baseball, he was not strong enough to pull through. The NFL's Commissioner, Roger Goodell, was also given a stressful mission as reports continuously state football is directly tied to concussions as well as death from these head injuries. Unlike Selig, Goodell did not cave and instead reacted

quickly to these messages. Goodell also excelled in creat-

ing a vast media package for the NFL while Selig lagged to jump on the media wagon. Goodell has made it possible to watch any game being played through various outlets while Selig has done similar but has not been as effective. Another media outlet propelling football is fantasy sports. It is much easier to check on one's fantasy team weekly rather than in baseball when one would have to check the site daily and make changes to their roster daily.

Then there is always the element of the seasons which come into play. Some fans c a n s e e

ing the ward to every week. Others may say that the warm weather makes them eager to sit back for three hours and just relax. One characteristic that baseball has and football will never get is the fact there is a game every day. To some, this is reassuring to know that baseball will always be there. If you had a rough day, a great day, or a relaxing day, you always know baseball will be there for you once you get home. Football, however, plays once a week for 16 weeks and for some fans, this is just fine. When football is being played, it usually calls for some sort of reunion where everyone comes together for just that day "The fact that football games are weekly rather than practically daily makes a huge difference because it allows fans to follow the NFL much more closely," senior Sarah Yung said. "I don't know too many people that have enough time to watch every single game in a baseball season

just because of the fact there are 162 regular season games per team compared to 16 games during the regular NFL season per

team."

The absolute final and probably most important aspect when comes it to deciding whether base-

and the actual of game of baseball has been around even longer. There have even been accounts of President George Washington participating in many games similar to the modern day version of baseball. So let's rethink if baseball is dying

ball or football is America's favorite sport is how they conclude their seasons

Baseball finishes with anywhere from a four to seven game series while football ends with one big show, the Super Bowl.

Kristi Silver, a senior studying communication, said that her favorite sport is baseball, but football has taken over Americans' hearts for one main reason. "The Super Bowl is such a big deal whereas the World Series is really only watched by true baseball fans and fans of the teams that are in it, where everyone watched the Super Bowl."

While the argument of whether football or baseball is America's most beloved sport can go on for ages, there can never be a definite winner. Instead, it is simply said that baseball is America's pastime, but football is America's future.

PHOTO TAKEN FROM FANGRAPHS.COM AND DAILYREPUBLIC.COM

Toussaint Leaps into Record Books

KYLE WALTER ASSISTANT SPORTS EDITOR

When Mariah Toussaint, a senior multi-position Track and Field star, made the decision to transfer to Monmouth for her junior year, she naturally experienced some apprehension and anxiety.

"When I first transferred I was a little shy and nervous," explained Toussaint. "I had never been to such a big school and I didn't know where I would belong."

Coming from her hometown of Tulsa, OK, Toussaint spent her first two college years at Midland University in Freemont, NB, and before that attended Brooke Point High School in Stafford, VA. Midland's enrollment averages just over 1,100 students while slightly over 1,700 students attend Brooke Point annually. When you com- jump at the event was good sonal motivation. pare this to the nearly 7,000 students at Monmouth, and take into account the vast difference in location, it is easy to see why Toussaint felt some uneasiness.

Despite her initial trepidation of meeting new people, finding her place and getting accustomed to a new area and culture, there was one place that always felt like home, and took no getting used to: the track.

'Track and Field is just something that makes me happy," said Toussaint. "It is just something I really enjoy, and I always go out there and have fun."

Toussaint's comfort in all areas of track and field was evident from her first day at MU, as she found immediate success at her new school. In her first year as a Hawk, Toussaint was the list. named the 2013 Northeastern Conferences Indoor Women's Most Valuable Performer, and als. I got first place in all four also earned spots on the NEC's Indoor Women's All Conference First Team for the 200 meter and long jump. To finish out her first year, Toussaint was named to about three months," Toussaint the NEC's Outdoor All Conference First Team for long jump.

University, Toussaint has continued to thrive. She has earned of Monmouth Track and Field multiple Performer of the Week Awards, was a 2014 All-East selection for the long jump, and recorded a personal best 20' 8" I've accomplished a huge goal." mark in the long jump at the

Blue/White Invitational.

In addition to being a career best, this jump turned out to be truly special for Toussaint because it was the 10th longest jump in the nation, and, as a result, Toussaint became the first MU athlete to qualify for the NCAA Women's Indoor Track and Field Championships. Tous- experience her competitors may saint didn't stop at just qualify- have, Toussaint more than makes

that she's been training and competing for most of her life, but this isn't the case. In fact, Toussaint has only been a part of track and field since her senior year of high school.

Although she lacks the amount ing; however, as her 19'8" long up for it through desire and per-

"I always go out there and give everything I have because I am not only competing for me ... I believe I have a gift, and to waste it would be useless."

MARIAH TOUSSAINT Senior Long Jumper

enough to earn her a spot as a second team All-American.

Joe Compagni said he, along with the rest of the team, was very proud of Toussaint, and was quick to point out the magnitude of her feat. "Qualifying for this meet with the best of the best from 300+ Division I schools, and earning All-American Honors, is a very difficult task," explained Compagni. "Her efforts cap off arguably our best season of Indoor Track."

Trying to decide where this milestone ranks among the rest of her accolades and accomplishments is extremely difficult, and completely speculative, but Toussaint herself didn't hesitate in saying it was at the top of

'My proudest moment was the day I qualified for indoor nationof my events (High Jump, Long Jump, 200 meter, and 60 meter) and broke the long jump record after not having jumped for explained. "It feels fantastic to be the first to qualify because Now in her second year at the no one else has done that before, and I know that I will be a part History. I never thought I could be a Division I All-American, but being named one feels like

"I always go out there and

give everything I have because Track and Field head coach I am not only competing for me, but also for my team, family, friends, boyfriend, God, and everyone else that believes in me." said Toussaint. "I believe I have a gift, and to waste it would be useless.'

> As another motivating and guiding factor, Toussaint will often look to some of her athletic idols. "Wilma Rudolph, Flo-Jo, and Allyson Felix are my three biggest role models," she explained. "They are very prevalent athletes in the world of track and field, but are also great people outside the sport. They exemplify dignity, teamwork, compassion, and strength of mind."

> These various motivators continue to push Toussaint to not be content with what she has accomplished so far and feed her desire to set and attain larger goals

> "For this outdoor season I want to break the 200 meter and long jump record," Toussaint elaborated. "I also want to go to outdoor Nationals for the first and final round in long jump, and hit personal bests in all of my events."

Toussaint isn't just expecting a lot of herself this coming spring. She also has high expectations The amount of success Tous- team I hope for a lot of personal acy.

The first 12 minutes of the

match went back and forth as today's win were winning the

saint has had to this point in her bests, for us to be undefeated at career may lead some to believe home the entire season, to win the conference championships, and just continue to be spirited and passionate for our meets."

Toussaint's goals do not just focus on her remaining time at the University, and while she may have started competing late she doesn't plan on stopping anytime soon. According to Toussaint, she plans on continuing her track and field career after she graduates this May, and is preparing to try out for the 2016 Summer Olympics in Brazil.

Lofty goals like these show just how determined Toussaint is to be great. Fittingly, the motto "We Will" used by the MU track and field team may best define this determination. According to Toussaint, this motto is used to create and describe a team oriented mindset because it focuses on the 'We.'

"It is basically saying and showing that there are no single champions on the team, but rather everyone as a whole contributes to all of our wins and triumphs."

While it may be used to exemplify the importance of team, this saying can certainly be applied to Toussaint individually. It describes her desire to be the best she can possibly be, and her belief that "She Will" be successful in attaining all of her future aspirations.

For an individual who felt some uneasiness before arriving at MU, Toussaint has certainly accomplished an enormous amount, and has definitely built a resume that will be remembered for years to come.

Although she has been here for less than two years, there is no question that Toussaint has earned the respect and admiration of all those she's built relationships with. Compagni may have summed up Toussaint's time and impact at th University best when he simply said, "She's been tremendous for the program. We wish we had her for more than two years, but she's certainly made the most of those two years, for sure."

With one outdoor season still remaining in her college career, it's safe to say Toussaint will for the team as a whole. "For the only continue to build her leg-

"I thought the two keys to



"When the National Labor Relations Board ruled Wednesday that football play-

ers at Northwestern University can unionize, it drew even more attention to the dichotomy on display during March Madness between colleges and universities with athletics programs based on a professional model and those based on an amateur model. From my perspective, as president of Monmouth University, the gulf between the two competing models continues to widen."

- President Paul Brown



senior Victor Pugliese on Saturday, March 29. With the 4-3 win over MAAC conference rival, the Niagara Purple Eagles, them team reached .500 overall with a record of 6-6 (2-0 MAAC).

Prior to Pugliese's match on Saturday, the teams were evenly tied at 3-3.

Fortunately for MU, the french born athlete was able to win provide the winning point via his seventh straight No. 1 singles match.

The Hawks will open their seven game home stand with Villanova on Wednesday, April 2. First serve is set for 2 pm.

UPCOMING GAMES

Wednesday, April 2 MTEN vs Villanova W. Long Branch, NJ 2:00 pm

SB at Saint Joseph's Philadelphia, PA 3:00 pm

WLAX vs Quinnipiac* W. Long Branch, NJ 3:00 pm

Thursday, April 3 WTEN at Lehigh Bethlehem, PA 3:30 pm

Friday, April 4 WSOC vs Wagner W. Long Branch, NJ 5:00 pm

MSOC vs Rutgers Piscataway, NJ 7:00 pm

Saturday, April 5 **TEN vs Saint Francis** W. Long Branch, NJ 10:00 am

WLAX vs Niagara* W. Long Branch, NJ 12:00 pm

BSB at Saint Peter's* Jersey City, NJ 12:00 pm

Women's Lax Win First MAAC Match

EDDIE ALLEGRETTO STAFF WRITER

women's lacrosse team defeated shots. the Siena Saints by the final score of 16-9. With the victory, the Hawks as the junior goal- by Rakowitz's game-tying goal the blue and white improved to keeper saved a total of eight with 16:33 left in first half. 4-5 overall, and are now 1-0 in shots, and sophomore goalie the MAAC, while Siena fell to 2-8 with an 0-1 MAAC conference record. This game marked the women's lacrosse team's inaugural appearance in the Metro Atlantic Athletic Conference. Leading the way for the Hawks was junior midfielder Allison Stathius. Stathius tallied six totals points for the game, including a career-high five assists. Senior attacker Stephanie Anderson added three goals in a season-high four point effort. Junior midfielder Danielle Rakowitz scored three goals, while senior attacker Cassie Campasano and sophomore attacker Michelle Gonzales each contributed a pair of goals. Schrof also contributed with 20 plus minutes, and finished one goal for the Hawks. The with two saves on the game.

score was Schrof's first on her young career.

As a team, the blue and white both teams traded goals and kept draw and how patient the of-On Saturday, March 29 the shot 3-for-4 on free position it close. However, the Hawks fense played," said Head Coach

then broke the game open on Denise Wescott. "Siena threw a

Katie Donohoe got the win for an 8-0 run which was sparked

"I thought the two keys to today's win were winning the draw and how patient the offense played."

DENISE WESCOTT Head Coach

Caroline Huelster also got on halfway through the second the books with a save in the fi- frame. Anderson highlighted nal minute.

As for the Saints, Alyssa Treanor and Maddie Devine led their team with two goals each. Samantha DePasquale played just under 40 minutes in net for the Saints, and recorded four saves. Ashley Holdridge re-Freshman attacker Julia placed DePasquale for the final

Sienna's Treanor scored two of the Saints three consecutive goals to cut the lead to 13-6 with just 14:40 remaining in the contest. However, the Hawks would continue with their pace and keep the game out of reach with the final score of 16-9.

an 8-0 run which was sparked	number of different defensive
by Rakowitz' s game-tying goal	looks at us and I thought the
with 16:33 left in first half.	offense read them and created
That run gave MU a 13-4 lead	some good looks. Having 10 dif-
e	ferent players score today was
o keys to today's	huge. Siena is very aggressive
o Reys to today s	and I thought we stepped up and
he draw and how	handled that. Kristina [Vangeli]
	had six draw controls and that
ense played."	really helped us gain possession
ense playea.	and get good looks on the offen-
ESCOTT	sive end of the field."
oach	The Saints outshot the Hawks
	27-26 but MU net minder Ka-
halfway through the second	tie Donohoe corralled six saves
frame. Anderson highlighted	earning her fourth victory of
the run with a season-high three	the year. Siena also held a 16-11
goals, and Rakowitz added two	lead on draw controls.
of her own.	The Hawks return to action on
Sienna's Treanor scored two	Wednesday, April 2, when old
of the Saints three consecutive	conference foe, the Quinnipiac
goals to cut the lead to 13-6 with	University Bobcats, come to
just 14:40 remaining in the con-	West Long Branch. The Bobcats
test. However, the Hawks would	recently recorded their first win
continue with their pace and	of the season with a 12-11 vic-
keep the game out of reach with	tory over Manhattan. The game

is scheduled to begin at 3 pm.

SB vs Marist* W. Long Branch, NJ 1:00 pm MTEN vs Wagner* W. Long Branch, NJ 3:00 pm MLAX vs Quinnipiac* W, Long Branch, NJ 3:00 pm SB vs Marist* W. Long Branch, NJ 3:00 pm Sunday, April 6 MTEN vs Siena* W. Long Branch, NJ 11:00 am BSB at Saint Francis Jersey City, NJ 12:00 pm* SB vs Siena* W. Long Branch, NJ 1:00 pm WTEN vs Siena* W. Long Branch, NJ 1:00 pm SB vs Siena* W. Long Branch, NJ 3:00 pm *conference games



Also in Sports:

What is America's favorite sport? Baseball continues conference play Women's lacrosse gets first MAAC win ... Page 22 ... Page 22 ... Page 23

Mariah Toussaint made history this winter when she became the first MU woman to be named an All-American at the NCAA Indoor Championships. The senior transfer has competed all throughout the country in her track and field career, but she seems to have found a home at Monmouth.

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