



# THE OUTLOOK

MONMOUTH UNIVERSITY'S  
STUDENT-RUN NEWSPAPER SINCE 1933

ASPA  
2009  
UNIVERSITY  
NEWSPAPER  
OF THE YEAR

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## Chemicals in Spice, K2 and Other Synthetic 'Pots' Banned

RAY BOGAN  
STAFF WRITER

Five drugs were recently added to the Schedule One List. These drugs are now illegal to possess and being in violation of this law is a third degree crime punishable by up to \$15,000 fine and up to five years in prison.

Chemicals banned were JWH-073, JWH-018, JWH-200, CP-47, 497 and cannabicyclohexanol. Creating the ban on these products was considered by the Drug Enforcement Agency, to be necessary to prevent an imminent threat to public health and safety. These chemicals can be found in



the products Spice, K2, Blaze and Red Dawn in the form of herbal incense. These products contain at least two different designer drugs called synthetic cannabinoids. The chemicals that are listed have not been tested on humans and are not considered to be safe. They are also believed to be

FOR MORE ON THE  
CHEMISTRY OF THESE  
DRUGS, SEE PAGE 4.

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## Students Honored at Employee of the Year Ceremony

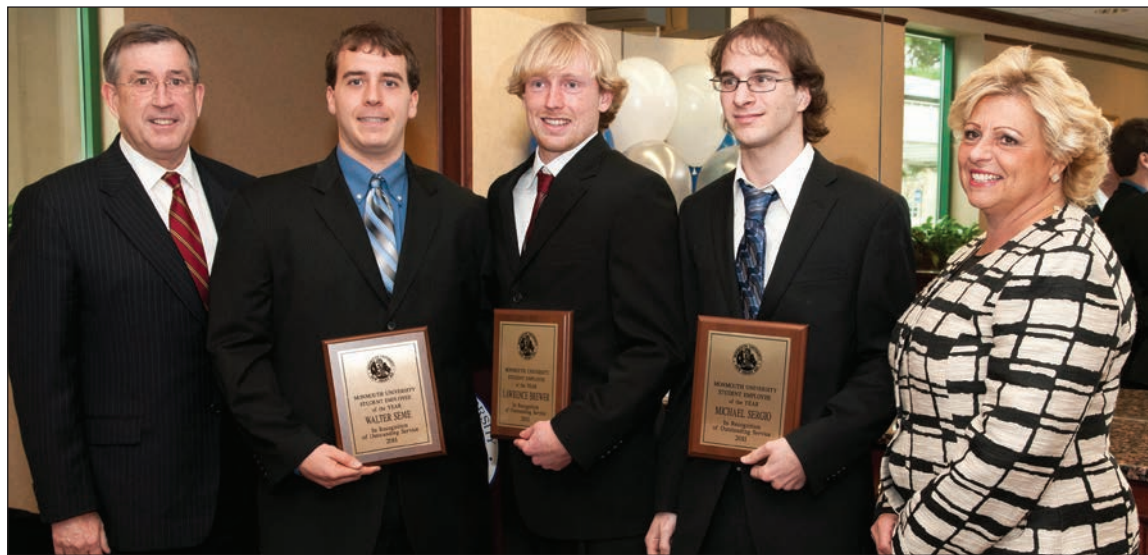


PHOTO CREDIT of Ray Bogan

President Paul G. Gaffney II poses with Student Employee of the Year recipients and Vice President for Administrative Services Patti Swannack at Friday's ceremony.

RAY BOGAN  
STAFF WRITER

The Student Employee of the Year Reception was held last Friday. Seventeen nominees were honored, each from different departments, for the Student Employee of the Year Award, Supervisor of the Year Award, Community Service Award, and Honorable Mention. The ceremony was the conclusion to the 15th Annual Student Em-

ployee Appreciation Week.

In order to be nominated for Student Employee of the Year, supervisors had to write an essay as to why their student should win. Supervisors constantly vouched to show support for the student that they nominated.

According to Aimee Parks, Assistant Director of Human Resources for Student Employment, there are 1,234 students employed at the University, along with 200

supervisors. Fifty students also work off campus through Federal Work Study.

"Student employment becomes an extension of the classroom," said Parks. "Students can bring different perspectives and good energy."

"It is an amazing program that puts Monmouth in a great light," said Patricia Swannack, Vice Presi-

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## Relay for Life Raises \$57,000 and Annual Awareness

CHRISTA TAMININI  
STAFF WRITER

ELIZA MILLER  
STAFF WRITER

The University hosted its fourth annual Relay For Life in an effort to raise money for the American Cancer Society (ACS). While the American Cancer Society's Relay For Life is held to spread cancer awareness, the main goal of this event is to raise money for cancer research.

"Cancer Never Sleeps" is the motto that this event follows, so those that attend stay at the fundraiser all night and sleep in tents. The University and the ACS welcomed individuals to join together in remembering those who lost their lives to cancer, while honoring the lives of both cancer victims and survivors.

Jenna Mordaga, a senior at the University and member of the sorority Delta Phi Epsilon, shared her reasoning for participating in the event. "This event means a lot to me because I have personally known somebody with cancer," said Mordaga. "There was a great turn out for the event and every year it is a huge success in raising money."

During Relay for Life, participants and team members camp out, barbecue, dance, listen to music, and walk around a track in an effort to raise funds to fight cancer. The commemoration was open to anyone interested and was a chance to bring together the University's community to fight the battle against cancer. Although a very cold

TO SEE HOW RELAY  
FOR LIFE SPENDS ITS  
DOLLARS, SEE PAGE 3.

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## Tibetan Buddhist Teaches Students to Meditate

MEGAN DOOLEY  
STAFF WRITER

Many students and University employees gathered to witness the Tibetan Buddhist, Geshi T. Dakpa, speak on Wednesday April 13 at 7:30 pm in the Magill Club Room.

Dakpa had a very difficult adolescence, growing up with a large family in Tibet and facing every day hardships. He fled Tibet in 1959 after having his house and everything he had known as a child taken away from him when the Chinese government invaded his town. Later down the road, Dakpa took the path of studying as a Buddhist monk for 10 years, followed by receiving a bachelor's degree in Buddhist philosophy from a Mahamakut Buddhist University in Bang-

kok, Thailand.

Dakpa currently serves as a spiritual leader to the 300 families that belong to a Tibetan Buddhist temple in Howell, New Jersey named Tashi Lhunpo, after the name of the historically significant monastery in Tibet. He first came to his Howell assembly in 1977 and has kept a loyal following of many over the years. A Monmouth alumnus, Jason Alberto, became interested in not only the religion of Buddhism, but also the lifestyle that goes hand-and-hand with it.

The Buddhist monk outfitted in a red robe that he claimed was less than comfortable, spoke in a peaceful tone of the ideals of Buddhism and why it

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### News

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### Opinion

Read one student's voice on violence against women.

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### Entertainment

The long anticipated *Scream 4* was released in theatres this past weekend.

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### Club & Greek

The Monmouth University Pep Band recorded their first album.

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# English Professor Suddenly Passes

## University Mourns the Death of Dr. Christine Severson

GINA COLUMBUS  
EDITOR-IN-CHIEF

Dr. Christine Severson, Lecturer in the Department of English, suddenly passed last Tuesday due to a brief illness. At 43-years-old, she was beloved and admired by administrators, staff, faculty, and students campus-wide.

Severson began as a lecturer in the fall 2007 semester. She was also an adjunct professor from the fall of 2003 to the spring of 2004, and from the fall of 2006 to the spring of 2007.

Dr. Sue Starke, Chair of the Department of English, said Severson was an exceptionally creative and dedicated teacher. “She would always be reading or assigning something new and interesting. She loved to introduce people to obscure or underappreciated works. One of her main passions was to share her joy in reading and the power of language. Her enthusiasm inspired everyone around her,” Starke said.

Severson obtained an undergraduate degree from Buena Vista Uni-

versity, an MA from the University of Rhode Island in 1993, and a Ph.D. in Literature and Criticism from Indiana University of Pennsylvania in 2007.

Starke met Severson back in 2006. “We used to laugh because we were about the same age and had both grown up within 20 miles of each other in Southeastern Minnesota, and we had somehow found ourselves not only living in New Jersey of all places but working together. What were the odds? She was a great colleague and an extremely generous person. She never said, ‘No, I can’t do that’ if asked to help out,” Starke remembered.

For the spring 2011 semester, she was teaching Literature II, Literature II Honors, and American Literature I. In the past, she also taught College Composition I, College Composition II, Literature I, Language and Linguistics, and developed the first-year seminar program, “The Working World: College and Transition.” She also served on the First Year Composition Committee and Writing Awards Committee.

“She brought a quality of lightness and fun to the department and to her classroom, while still having high standards for herself and others. She was a warm, supportive presence in class and out,” Starke said.

Students campus-wide were extremely saddened by their professors’ deaths. “I thought that Professor Severson was a terrific teacher, who really had a love for literature and her students. I always enjoyed going to her class because she was able to keep me interested on even the driest or more complex topics that we covered. Professor Severson and her passion for literature that she shared with her students will be greatly missed,” said sophomore Craig Dudek.

Severson also taught in the Honors School for three semesters, where Pearson said she was also a very valued teacher. “My most vivid, recent memory relates to the pride that she demonstrated at last year’s Honors Awards banquet in presenting one of her student writers who received an award. Her

dedication, excellence, and smile will be missed at Monmouth.”

Outside of the University, Severson was the Lead Instructional Designer for Telcordia Technologies from 2000-2002, the Curricular Developer for Indiana University of Pennsylvania from 1998-2002, and the Learning Resource Specialist at New Hampshire Technology College from 1993-1996.

Severson was known for continuously revamping and revising her strategies for the classroom, in an effort to continually improve her instructional strategies. She brought a diversity of experience to the University, having worked both in the business world and different institutions within academia. She is also remembered for being student-centered and passionately committed to sharing her love for language and literature.

Her research interests included nineteenth-century American women writers, literary sculptors, working-class literature, culture and gender studies, American studies, and biography.



PHOTO COURTESY of monmouth.edu  
**Dr. Severson** began teaching at the University as an adjunct during the Fall of 2003.

Starke overall admires many things of the late professor. “She was a gentle but very strong person. She was a real fighter. After her stroke in 2008, she fought so hard to return as soon as possible to the things she loved - teaching and writing. She never gave up. That’s what I admire most about her.”

# 74 Employers Attend University’s Spring Career Day

TIFFANY MATTERA  
STAFF WRITER

Career Services held their annual Spring Career Day last week, an opportunity for employers and potential employees to connect. Students in formal attire navigated Anacon Hall, which was packed with 74 employers.

Some of the regulars included Arc of Monmouth, an organization whose mission is to improve the lives of persons with intellectual and developmental disabilities and their families, Target, Kraft Foods, the largest confectionery, food, and beverage corporation headquartered in the United States, *Asbury Park Press*, and Northwestern Mutual, a company that helps people achieve financial security.

There were several new visitors to the event as well. The combination of the return employers and the new employers provided a representation of future jobs for all majors. For example, CVS Caremark offers full-time and part-time employment opportunities in information systems, tech support, finance and accounting, health care services, their legal department, loss prevention, merchandising, marketing and ad-

vertising, pharmacy operations, and real estate.

Most of the employers’ tables displayed basic information about what their company does and why students should consider it as a career option. Along with this were free gifts, like Target bags and Kraft cookies. Papers advertising LinkedIn were also distributed. LinkedIn is a business-oriented social network for reconnecting with colleagues, building inside connections when looking for a job, and getting advice from industry experts willing to share advice, according to their website, <http://www.linkedin.com>. The Atlantic School, the leading provider of insurance education in New Jersey, is another career resource that was showcased at the Spring Career Day.

Over 300 students attended the Spring Career Day. “It was a well put together program, with a wide variety of different job markets for different majors,” said Orin McKay, one of the graduate students in attendance. “It’s comforting to know that when I’m closer to graduation, there will be plenty of available options to choose from for job and internship hunting,” said Beth Gilman, a first-

year student.

Spring Career Day was sponsored by Career Services. William Hill, Assistant Dean for Career Services, found this year’s event to be a success. “Two months after the event we call back companies to see if they hired alumni. On average, 20 percent of them do. I think we will do better this year, due to the increase in the number of employers in attendance,” Hill said.

The Office of Career Services will continue to hold workshops through the end of April. Career Services is always available to talk one-on-one to students about resumes, possible internships, and employment opportunities. According to Hill, the office is also available to offer advice throughout the summer. To ensure maximum job placement, even after seniors graduate, they can continue to receive full time job listings by emailing the office of Career Services to be added to the alumni mailing list.

Before attending a Career Day or Job Fair, students can consult the University’s website for the section “Helpful Hints for Career Day.” Also available on the website is a list of the employers that will be present.

# Three Students Win Employee of the Year

Students continued from pg. 1

-dent for Administrative Services. “Students get to know people, bond, and have people to get support from,” she added. Swannack also noted that almost all the students were given a position by October, which is a big success. “I am proud to be associated with student employees.”

This year’s Supervisor of the Year award was given to Professor John Buzza. Buzza, who graduated from the University in 1971, is a Specialist Professor in Management and Marketing. Melissa Leitch, a senior, presented the award to Professor Buzza. “He is an amazing boss, mentor, and person,” said Leitch. “His confidence and strength astounds me and he has an enthusiasm for teaching that inspires students to reach their full potential,” she added.

When receiving the award, Buzza was not afraid to show his emotions. “We function on emotion and I am a very emotional person,” he said. “An award like this means very, very much to me.”

The Student Employee of the Year Award went to a team of students that work for the Rapid Response Institute. Lawrence Brewer, Walter Seme, and Michael Sergio, all seniors, have been working for the Rapid Response

Institute and developing a training tool for Emergency Service workers like police officers and firefighters for the past two and a half years.

The project is called the All Hazards Exercise Training Tool and team members are working on getting it patented. Before this system, groups had to train using real people to act out the situations. This way, however, had many problems and took an extremely extended amount of time to plan. The idea originally came from Professor William Tepfenhart to build a tool that will help Emergency Service workers train in their own environment. Brewer, Seme, and Sergio all worked on separate pieces of the project and then brought them together. The simulations that trainees will see are made on a computer and resemble real world entities that are event driven.

Honorable Mention was given to Shamika Rice, a senior, who works in Residential Life.

The Community Service Award went to Sarah Opatovsky, a senior, who works for the Long Branch Free Public Library. “She has an enthusiastic dedication to her work and an unflappable nature,” said Linda Wurzel, Long Branch Library Children’s Room Manager. “She is a master of multi-tasking.”

# CRIME BLOTTER

**THEFT**  
4/14/11 - 8:00 PM - 9:00 PM  
LOT 8

**THEFT OF KEY**  
4/14/11 - 4:00 PM - 6:00 PM  
IFO PINWOOD HALL

**PULA**  
4/17/11 - 4:42 AM  
PINWOOD HALL

**CRIMINAL MISCHIEF TO AUTO**  
4/17/11 - 1:00 PM - 5:00 PM  
LOT 6

WED.

THURS.

FRI.

SAT.

SUN.

MON.

TUES.

4/13-4/21



# Relay for Life: Where Does the Money Go?

**ANTHONY PANISSIDI**  
CO-NEWS EDITOR

The University raised nearly \$60,000 for the American Cancer Society's (ACS) Relay for Life, but how can those who donated be sure that their money is helping fight cancer and not paying a CEO's salary? Kathleen Daly, the Senior Director of Special Events at ACS's branch in Shrewsbury, NJ, said the University's contribution is considered local money, and supports ACS's local programs. "Of that money, less than 10 percent of it is used to host Relay for Life on Monmouth's campus," said Daly, who has been with ACS for four years. However, donors have resources that can be used to double check this claim.

CharityNavigator.org is a non-profit organization in Glen Rock, NJ, that evaluates more than 5,550 American charities. It is dedicated to guiding donors in making intelligent donations, based on a charity's expenditures. It analyzed ACS in terms of revenue and expenses.

During the fiscal year of 2008, ACS accumulated \$1,094,703,145 in revenue, of which \$759,543,500

(72.8 percent) was used for program expenses, \$72,136,173 (6.9 percent) was used for administrative expenses, and \$210,677,135 (20.2 percent) was used for fundraising expenses. The remaining \$52,346,337 constituted the ACS's profit. Representatives at ACS's National Call Center in Austin, TX, could not provide answers as to what their charity does with this remaining revenue.

Charities are supposed to strive to spend the majority of their money on program expenses, as they exist primarily to provide services, according to Charity Navigator. Some of ACS's services include providing cancer patients with rides to treatment, cancer education classes, and the Cancer Survivors' Network, which is an online meeting place for cancer patients and their families. As the ACS's revenue has increased every year from 2005 to 2008, so have its program expenses.

Amanda has been a donations specialist with ACS's National Call Center for six years; she is forbidden by company policy to reveal her last name. According to Amanda, 15 percent of ACS's program expenses go towards research, 17 percent to

prevention, 27 percent to patient support, and 13 percent to detection and treatment programs.

On the contrary, low administrative and fundraising expenses are signs of an effective charity. Administrative costs are constituted by the money used to pay a charity's employees. This was the lowest of ACS's expenses for 2008, according to Charity Navigator. John Seffrin, its Chief Executive Officer (CEO), made \$685,884 for that year, which is equivalent to 0.06 percent of ACS's revenue. Donald Thomas, the Deputy CEO, made \$1,027,306, or 0.09 percent of the revenue.

Charity Navigator gives ACS a fundraising efficiency of \$0.20, meaning it makes \$0.80 for every \$0.20 spent. CharityNavigator.com says charities "Do not exist to raise money. Givers support charities for their programs and services, not for their ability to raise money." However, ACS spent one fifth of its revenue on fundraisers during 2008.

Sandra Miniutti is Charity Navigator's Chief Financial Officer (CFO) and Vice President of Marketing Operations who has been with the organization since 2002. "In

comparison, of the 5,500 charities we rate, the vast majority spend at least 75 percent on programs and 10 percent or less on fundraising. So the ACS spends more than most organizations on fundraising," she said.

"ACS adheres to Better Business Bureau's standards, and according to them we're okay," said Amanda, in regards to this matter.

Better Business Bureau is an organization of several private businesses based in the U.S. and Canada, who are dedicated to establishing trust in the marketplace. They provide an overview of ACS's expenses on their website at bbb.org. They report much lower expenses than Charity Navigator because the Better Business Bureau bases their numbers on audited financial statements, while Charity Navigator's totals are based on Tax Form 990. The latter includes both the reported expenses of ACS's national headquarters, as well as most of its chapters, which leads to much higher numbers, said Miniutti.

Dr. Chris Hirschler, an assistant professor in the School of Nursing and Health Studies, has participated and donated to Relay for Life. He considers himself a philosophical

supporter of ACS's mission. "There is certainly potential that they [ACS] are pocketing some of the money they raise. It's hard to keep track of the millions they make, but something like Charity Navigator definitely helps," he said. Hirschler thinks that Charity Navigator causes charities to be more responsible because they are being monitored.

Linda Lysakowski, the President and CEO of Capital Venture, a full service fundraising consulting firm located in Reading, PA, agrees with Hirschler. While she is not familiar with Charity Navigator specifically, Lysakowski uses other evaluative websites, such as Guide Star. "Charities don't have a choice when their information is put online because they are required to file the 990 forms. I think it's great that the public has access to such information," she said.

The financial expenditures of ACS can be viewed online at charitynavigator.org. Charity Navigator can be contacted by phone, 201-818-1288, or by e-mail, info@charitynavigator.org. ACS can be contacted at 800-227-2345, and its Shrewsbury office at 732-758-8259.

## University Raises \$57,000 for American Cancer Society

Relay continued from pg. 1

night, participants spent time taking part in the many events offered.

The person who raised the most money for the event was Grey Demina, who raised \$2,508. Demina said, "I Relay because I want to join people around the world in celebrating those who have survived cancer, remembering the people we've lost, and fighting back by sup-

porting the lifesaving mission of the American Cancer Society."

The Relay began with a Survivors' Lap, when survivors are invited to circle the track together, recognizing their victorious battles against cancer. Survivors play an important role in the Relay for Life, as they symbolize that cancer can be defeated.

While there were many events at the Relay for all participants, many were specifically for those

who have survived cancer. A survivor dinner was held at 5:00 pm on Kessler practice field and all survivors were encouraged to attend. The dinner was an opportunity for individuals to come together and share their experiences battling their illnesses.

Many University students from different classes and organizations formed groups, each raising money for the cause. Nicole Andretta, a junior at the University and PRSSA mem-

ber, spoke of her participation. "I helped to raise over \$800 for my team and PRSSA," Andretta stated. "I want to give back to all the survivors and help raise money for cancer research and patient care. This event has been a huge success and I am so happy that I have helped to make an impact on those that fight and have survived cancer."

At nightfall, a Luminaria Ceremony was held in which participants gathered in a candle-

light vigil and walked around the track in silence, honoring those who lost their lives to the disease. Glow sticks were placed inside bags that were filled with sand, bearing the name of a person whose life has been affected by cancer.

Roughly 500 University students and employees participated in this year's event, raising \$57,000. The University's four-year, fundraising total is estimated to be over \$175,000.

# Pollak Theatre

**! Attention Students & Employees !**

Full time students are entitled to 1 free ticket to 2 performing arts series events each year. Part time students are entitled to 1 free ticket to 1 performing arts series event each year. Student tickets for additional events and for the Met or National Theatre of London are only \$5. \*Employees are entitled to a \$5 discount off the regular ticket price to any Performing Arts Series Event.

**Get Your Tickets NOW!**

\*Discounts do not apply to the Met Opera or National Theatre of London LIVE in HD



**“Two Monuments”**

two “monumental” works by Beethoven and Mozart

Sat | Apr 15 | 7:30 pm



**Colin Hay**

Frontman, songwriter and lead vocalist

Pre-show | Q&A | 6 pm

Sat | Apr 16 | 8 pm



Rossini  
**Le Comte Ory**

Encore:

Sun | Apr 17 | 7 pm



R. Strauss  
**Capriccio**

Sat | Apr 23 | 1 pm

Encore:

Fri | May 6 | 7 pm



Verdi  
**Il Trovatore**

Sat | Apr 30 | 1 pm

Encore:

Sun | May 22 | 7 pm

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# Financial Literacy Week to Educate University on Financial Aid

JACKIE KOUEFATI  
STAFF WRITER

The Altruistic Campus Experience (ACE), presented by the Sigma Pi Fraternity, will be holding a Financial Literacy Week from Monday, April 25, to Thursday, April 28, to teach students and faculty more about financial aid. Joe Lopardo, a senior, came up with the idea. “Because it is my last year at Monmouth, I was looking to go out with a bang,” said Lopardo. The events will start on April 25 with a keynote speaker in Wilson Hall Auditorium at 6:00 pm to 7:30 pm. The speaker will open Financial Literacy Week by talking to the student body about various basics in finance, as well as different techniques to overcome daily financial struggles. On April 26, there will be a barbecue in the quad from 1:00 pm to 4:00 pm. Along with food, beverages, and music playing, there will be representatives from diverse financial magazines, such as *Money Magazine* and *Fortune*. They will

be walking around speaking to students and other people who are interested about the advantages of subscribing to their magazines. The rain date for the barbecue is Friday, April 29. On Wednesday, April 27, there will be a Professional Workshop in Anacon B in the Student Center from 11:00 am to 2:00 pm. Students will have the opportunity to work with professionals like bankers, financial advisors, real estate agents, and career specialists. The closing of the week will take place on April 28 in Wilson Hall Auditorium at 8:30 pm to 10:00 pm. There will be a panel of professionals discussing various topics such as healthcare, budgeting, credit cards, and student loans. There are 150 Chapters of Sigma Pi worldwide and each chapter

is given the responsibility to create a campus program, or series of programs, to give back to the campus community. “What those programs look like or focus on is entirely up to the chapter, but the idea is for the chapter to provide

“I have my own debit card and every month I try to look over my bank account using my receipts, but I always have problems. It’s like no matter how hard I try, I can never get it right.”

ELISABETH MEDINO  
First-year Student

some educational component to the campus,” said Tyler Havens, the Assistant Director of Student Activities for Fraternity and Sorority Life. Lopardo felt that Financial Literacy Week is the best way to give back to the University and educate the students in an important way.

“This event will prepare students with basic financial knowledge,” said Lopardo. This week will teach students everything from debt and credit cards, to financial aid in schooling. The event is aimed at students, but Lopardo explains that the faculty could benefit also. Elisabeth Medino, a first-year student, said, “I have my own debit card and every month I try to look over my bank account using my receipts, but I always have problems. It’s like no matter how hard I try, I can never get it right.” Financial Literacy Week aims to help with this problem and any other problem students may face. In previous years, the University held the “Senior Reality Check” program. It was similar to the ac-

tivities that will be held during Financial Literacy Week, but was solely geared toward graduating seniors. The low attendance of the program caused the University to re-evaluate the course. Now, Sigma Pi is providing not only for seniors, but underclassmen as well. Sigma Pi has been involved with the ACE Project for years. In the past, Havens said, “Our chapter has put on programs on alcohol awareness that led to the development of the University Good Samaritan Practice, has worked with our Facilities Management Department to assist in campus beautification, and is now ‘tackling’ a new topic in fiscal awareness. This chapter has had great successes with the ACE Project in the past and this program has the potential to be award winning, like some of their previous efforts,” said Havens. Before this event was announced, Lopardo had to talk to many different professors, as well as President Paul G. Gaffney II. “The President loved the idea,” Lopardo said.

## Chemicals Found in Synthetic ‘Pots’ Banned

Drugs continued from pg. 1

to be addictive. According to Detective Corporal Jeffrey Layton, Monmouth University Police Department, when a drug is on the Schedule One List, it means it has a high potential for abuse and no accepted medical use in the United States, or lack of accepted safety for use in treatment under medical supervision. Schedule One drugs are the most restricted substances under the Controlled Substances Act and include marijuana, heroin and cocaine. The ban on these chemicals is a temporary scheduling action and will remain in effect for at least one year. There is also an option for a six month extension on the ban. Throughout the course of this time, the DEA and the United States Department of Health and Human Services will determine whether or not these substances should be permanently controlled. John W. Huffman, PhD, invented JWH-018 in his lab at Clemson University for experimental purposes in 1995. “Nobody knows anything about how these new compounds act in the human body. Anecdotal reports say they stick around in the body for quite a long time,” Huffman told WebMD. “It is like Russian roulette to use these drugs. We don’t know a darn thing about them,” he added. According to various news reports, a press release from the DEA, and an anonymous student, users of the drugs can feel a marijuana like high. According to Suanne Schaad, Substance Awareness Coordinator, side effects of the drug include: sleepiness, relaxation, and changes in blood pressure. At high doses, there are hallucinations and delusions. “How it is a little different than marijuana is the fast heart beat, dangerously elevated blood pressure, pale skin, agitation, and vomiting, which leads us to think

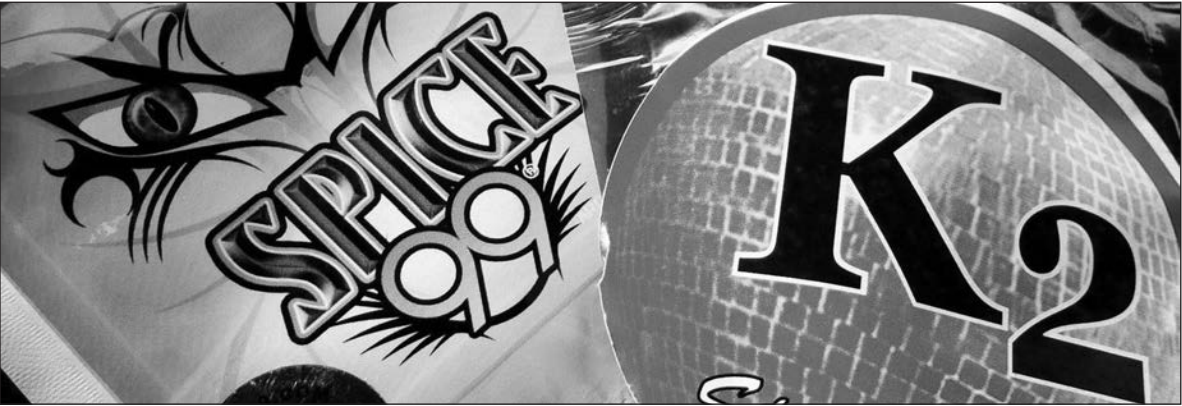
it affects the cardiovascular system of users. It also is believed to affect the central nervous system because it can cause life threatening seizures and hallucinations,” Schaad said. These drugs have become increasingly popular in teens and young adults. “I’ve only smoked it a few times because it was a new drug to try,” said a junior biology major, who wished to remain anonymous. Although the products are labeled not for consumption, students still smoke them for the effects they experience, the student said. He explained it was easy to purchase because it was legal, so it could be bought in stores. “It was worth trying once but not worth continued use because of the risk, especially now that it’s illegal,” he said. “A concern is that users of K2 and other forms of ‘fake pot’ will turn to even more dangerous drugs,” said Dr. Christopher Hirschler, Assistant Professor of Health Studies. “There are so many ways to get high in life - helping others, joining the Zumba Fitness party, or being out in nature, students might take this opportunity to reassess why they use drugs and explore healthy alternatives,” Hirschler added. Before the Schedule One ban, K2 was legal in 44 states. According to a representative from Pipe Down, a pipe store in Long Branch, Spice and K2 products were sold for \$15 dollars for one gram and \$70-\$80 for 10 grams. These prices are from before March 1, when the products were legal. According to Schaad, “K2 has been sold since 2006 as incense or potpourri for about \$30 to \$40 per three gram bag - comparable in cost to marijuana.” “Young people are being harmed when they smoke these dangerous ‘fake pot’ products and wrongly equate the products’ ‘legal’ retail

availability with being ‘safe,’” said DEA Administrator Michele M. Leonhart in a press release. “Parents and community leaders look to us to help them protect their kids, and we have not let them down. This action, while temporary, will reduce the number of young people being seen in hospital emergency rooms after ingesting these synthetic chemicals to get high,” she added in the release. The University was aware of the presence of these drugs on campus and aware of the growing problem, but did not ban them because they were still legal. Although they are not good for students, it is tough to ban a legal product, said Mary Anne Nagy, Vice President for Student and Community Services. Nagy also noted that no students had issues with the drugs and no one had to be taken to the hospital. Nagy said the University wants to stay proactive when informing the students and educating them about illegal drugs. “We want to be public about it, that is the fair way to ensure there are no surprises for our students,” she added. If at the end of the one year ban, the drugs become legal again, the University is uncertain as to whether or not the drugs will remain banned on campus. According to Nagy, the University will look into the cause for the ban, take into account the information the DEA provides and make a determination. Until then, no decision will be made. Nagy advised that any student currently possessing these or any illegal drugs should get them off campus immediately. If a student feels that they have problems with these or any drugs they can contact Schaad at 732-263-5804 or email at sschaad@monmouth.edu. Any and all meetings are free and completely confidential.

## Breakdown of Illegal Chemicals

SHAHARYAR AHMAD  
SCIENCE EDITOR

The five chemicals JWH-018, JWH-073, JWH-200, CP-47, 497 and cannabicyclohexanol are, as of now, classified as Schedule One Drugs deemed illegal to possess for any reason. The action is based on a finding by the Administrator of the DEA that such placement of these substances is mandatory to halt the imminent danger to public safety. Consequently, the complete effect of the CSA, in accordance with its implementing regulations including criminal, civil and administrative penalties, sanctions and regulatory controls of Schedule One substances, will be imposed on the manufacture, distribution, possession, importation, and exportation of these synthetic cannabinoids. A cannabinoid is a class of chemical compounds in the marijuana plant that share morphological similarities. The Cannabinoid 9-tetrahydrocannabinol, or THC, is commonly known as the main psychoactive integral of marijuana. On a similar note, “synthetic” cannabinoids are a class of chemicals that attest convergent similarity to THC. Due to an amalgamation of complex marketing strategies, substances like Spice, K2, Blaze, and Red Dawn, among others that contain synthetic cannabinoids similar to THC, are perceived as “legal” alternatives to marijuana despite the fact that, according to the DEA, “they are typically advertised as herbal incense or plant food (Bonsai- 18) by Internet retailers, tobacco shops, head shops, and other domestic brick and mortar retail venues, and labeled ‘Not For Human Consumption.’” K2 is composed of a three herb-blend and smells like incense and cigarettes when smoked. The most common route of doing so is by smoking using a pipe, a water pipe, or rolling the cannabinoid spiked plant in everyday cigarette papers. One 20-year old patient, in a study, reported having smoked Spice Gold everyday for eight months straight. He developed tolerance and quickly increased the dose to three g/day. After feeling a continuous desire for the drug, the patient continued taking the drug. On hospital days four-seven, the patient developed inner unrest, drug craving, nocturnal nightmares, profuse sweating, nausea, tremor, and severe headaches. His blood pressure elevated for two days (up to 180/90 mm Hg) along with his heart rate pumping upwards of 125 beats per minute. The patient admitted to having experienced a similiar syndrome in a period of abstinence due to short supply of the drug, a period that quickly subsided after resuming the consumptin of Spice again. After referring to the ICD-10 and DSM-IV, German doctors concluded that the physical withdrawal syndrome of Spice closely resembles that seen in dependence on non-synthetic marijuana. In accordance with numerous findings in scientific literature, K2 and Spice can be retained in the body for extended periods of time. The long term effects of such substances, however, are not yet fully known. Numerous hospitals, state and local health departments, and poison control centers have cited that the smoking of these synthetic cannabinoids for the purpose of achieving the psychoactive effects and intoxication as one of many reasons behind emergency room visits. The National Drug Court Institute described the issue as “significant and disturbing” based on information from many of the nation’s major private toxicology laboratories. The findings of such research laboratories showed that “from drug screens for the period of July 2010 through November 2010, over 3,700 specimens tested positive for either JWH-018 or JWH-073. They also indicated that they were finding 30-35 percent positivity for specimens submitted by juvenile probation departments.” The DEA disclosed that it is not aware of any recognized therapeutic uses of such synthetic cannabinoids in the United States.



Spice, K2, Red Dawn, and Blaze are the four products recently put on the Schedule One list.

PHOTO COURTESY of cronkitenews.asu.edu



# Tenth Student Science Research Conference Held in Wilson

KIM KRAVITZ  
CONTRIBUTING WRITER

The University’s School of Science held their 10th Student Research Conference on Friday, April 15 in Wilson Hall. Starting at 8:00 am, faculty members, students and custodians helped setup each booth for the 18 groups that were representing their work and long-term research. The representatives at each booth had a great deal of information to share with their visitors and had many of them stay throughout the entire event. After the project presentation at 4:30 pm, the chairs of the Departments of Biology, Chemistry and Mathematics decided on three winners that would achieve the Dean’s Award of Excellence at the reception that evening. The first-place award went to students Vincent Marchese, Saleen Khan and Mena Gaballah, the second-place winner was Carissa Maurin and in third-place was a tie between students Nicole Starin-

sky and Jared Rosenblum. Assistant Dean and Director of the Marine and Environmental Biology and Policy Program, John Tiedemann, coordinated a great deal of the events that took place that afternoon and evening. Tiedemann will be adding plaques with the winners’ names to the Dean’s Award of Excellence collection in Edison Hall. The event required a collaborative exchange of time, effort and patience between the students and their respective professors. Most presentation groups consisted of two or more students and one mentor, a professor who guides the students through performing real scientific investigations. Students have spent anywhere from one to three years researching their data, experimenting and building the project itself as a start to their career in the sciences. The poster presentations are broken down through the three departments of science: Biology, Chemistry and Mathematics. Some of the

presentations required not only the available laboratories and equipment from the school, but also other local facilities in the area, such as Index Engines of Holmdel, Zooplankton in Barnegat Bay and various state parks throughout New Jersey. Most of the student research presented was based off of current ordeals that scientists are still investigating every day such as bacteria resistance, cancerous cell migration, sea-life nourishment and stem cell research. Third-place winner Nicole Starinsky, senior, did her project on the effects of Ocean Acidification on the Predator Avoidance Behavior or Larval Fish. She said, “After three years of working with Dr. Ursula Howson on this project, it has allowed me to be objective, to draw unbiased data and to be able to make my own scientifically-proven conclusions. The project presentation itself was as simple as taking some plastic and cardboard and that was all I needed to display the research I have gained.” Another third-place winner and also Monmouth Medical Student Scholar, Jared Rosenblum, junior, noted, “I am grateful for my mentor, Dr. James Mack, because the professors are nice enough to put what they are doing on hold for the sake of research and gaining scientific insight on these subjects. It is remarkable how when Dr. Mack and I are collaborating ideas, his interests easily tie in with my own.” Although each project had a different area of study, students find that their projects inevitably take a multidisciplinary route. For example, in Rosenblum’s study of the resistance of bacteria, he said, “It started out as simple biology, then turned into biochemistry and finally became a study of organic chemistry. In the time I spent preparing for this project, I have learned that the FDA has become considerably strict over the last few decades and I can refer back to my research as to why

that is the case.” Another group of students, who did a study on the Influence of Culture Density of Fibroblasts, have participated in a national and regional research conference as well. Turning out to be the first-prize winners of the Dean’s Award of Excellence for this conference, First-place winners Vincent Marchese, Mena Gaballah and Saleen Khan, juniors, had begun their research and core biology classes in the summer of their first year at the University and their research project was eventually released to the American Society of Cell Biology in Philadelphia and also in Long Island Stony Brook University.

A group of four junior girls worked on the history and application of Olefin Metathesis. One member of the group, Gillian Shaw, junior, said “we have learned that in order to achieve a goal within a timely fashion, we must all be extremely helpful to one another.” Another member of the group, Lauren Bonfiglio, junior, said that “within our group, everybody had taken on a different project so that we could utilize each person to a different skill. By separating each task, we were able to get work done more efficiently. We couldn’t have completed our work without the help of Miriam Basiouny and Alyssa Teehan.”

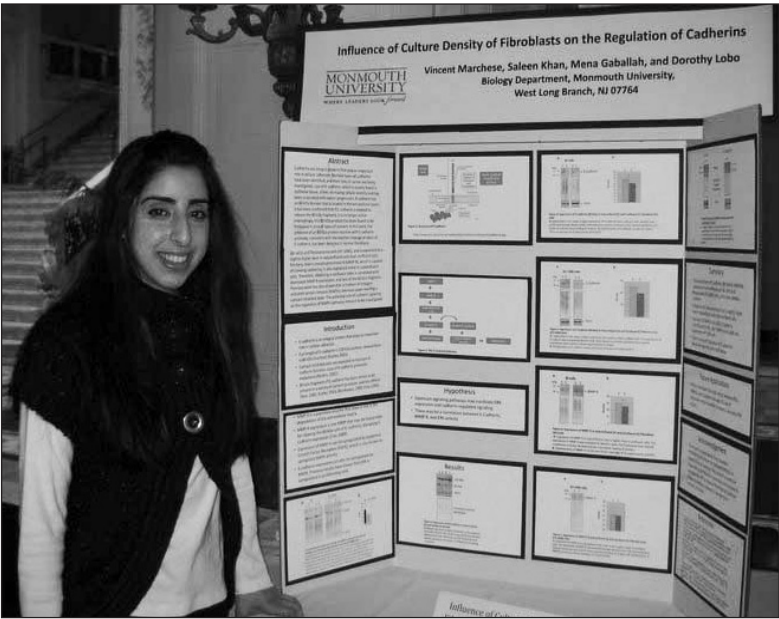


PHOTO COURTESY of School of Science Facebook page  
**First place winners** Saleen Khan (pictured above), Mena Gaballah and Vincent Marchese researched the influence of Culture Density of Fibroblasts on the Regulation of the Cadherins.

## Stress Relief Before Finals: Students Learn to Meditate

Buddhist continued from pg. 1

is so important to take time out of the day to let your mind be in a state of peace. With meditation being one of the many core values of this religion, Dakpa told his audience, those who follow the religion of Buddhism meditate 21 times throughout the day. During meditation sessions, one is to concentrate on breathing. When the session with Dakpa was coming to a close, he had the audience meditate with him. He mentioned the importance of meditating in association to stress, hatred and other negativity. Dakpa giggled at the concept of depression medicine, when meditation to him seems the

obvious better selection. The first thing to know about meditation, Dakpa said, is that you cannot meditate properly if you are angry or too full to correctly execute the breathing. Meditators must be in a calm state of mind, or the battle is too great to turn off all the other thoughts in the brain, or our “computers,” as he called them. As the audience began to meditate, listening to only Dakpa’s words, they were told to visualize the front of a Buddha. The Buddha was to start out at the mere height of one foot in the audience’s minds, and continue to grow to about nine feet, then shrink back down as the meditation carries on. Although many in the audience

looked around aimlessly, after giving in to Dakpa’s request to meditate along with him, the crowd looked more at peace once it was done. “I think the Buddhist presentation was uplifting and inspirational. I’ve never met a Buddhist monk and it was intriguing listening to him speak so powerfully about his religion. I can’t wait to try meditating, especially because Geshi Dakpa said he promises it will relieve all stresses; I am definitely in need of a stress reliever with finals around the corner,” said junior Jessica Larkins. Along with highlighting the significance of meditating, Dakpa also spoke of the strong relevance of consciousness. He told the audience that, “We are just guests here temporarily. The mind has a permanent perception.” A common Buddhist belief is that we need a better understanding of what we think as well as being more in touch with why others do or say the things that they do. The more well-known concepts of reincarnation and karma were also discussed. It was stated that in order to be reincarnated into a “good” life, the person must have done positive things, had a strong sense of consciousness and truly believe in their hearts that reincarnation is a true phenomenon. After an interesting introduction of the religion and philosophy of Buddhism, Dakpa signed off with the advice to take care of ourselves and to overcome our thoughts.



PHOTO COURTESY of Pasquale Simonelli  
**According to Dakpa**, meditation can bring stress relief and bring a state of peace to the mind.

### Satellite Tutoring in Writing Center

PRESS RELEASE

Sleep all day, cram all night: isn’t that the life of your average college student? It may not be the ideal schedule, and professors may not want to accept it, but we know it to be true. If you are a fellow night owl, you’ll be relieved to hear that you can still study late and will now be able to get any help you may need along the way. As of April 12, the Writing and Tutoring Centers will both offer extended hours at satellite locations. With sessions being conveniently held at Mullaney Hall and the library, it’s impossible to find a reason not to hit the books. Satellite tutoring will occur as follows: Mullaney Hall: Writing assistance is available on Tuesdays from 9:00 pm-10:00 pm in Room 136A. Math tutoring sessions are available on Wednesdays from 8:00 pm-10 pm in the same room. Library: Writing assistance is available on Tuesday and Wednesday evenings from 7:00 pm-9:00 pm in the first floor Group Study Room. Writing Assistance is available on a walk-in basis. The Tutoring Center will offer specific content tutoring on Tuesday and Wednesday evenings, also from 7:00 pm-9:00 pm, in the second floor Group Study Room. Please note that if you are interested in taking advantage of the Tutoring Center’s extended hours, you will need to send in a Tutor Request Form or contact the Tutoring Center. So if you’re willing to miss that repeat of One Tree Hill to get a jump on those end-of-the-semester assignments or study for those looming final exams, stop by these locations before May 4 and get the boost you need.

### Careers in Business Panel

PRESS RELEASE

Six Monmouth University graduates return to speak about their careers on April 21, 2011 at 6:30-8:30 p.m. The location is Wilson Auditorium. Event hosted by Drs. Paul and Skiba, of the Leon Hess Business School. Free pizza and soda will be provided. MUST RSVP - Call Heidi Stein at (732) 923-4676 or hstein@monmouth.edu.

### The Catholic Center

Sunday Mass  
7 PM

Daily Mass

Tuesdays through Thursdays ~ 12 PM in Wilson Hall Chapel  
Eucharistic Adoration  
Wednesdays from 2:30-3:30 PM

Bible Study  
Wednesdays at 7:30 PM

Social Nights  
Thursdays at 7 PM

Rosary  
Last Thursday of every month at 6:30 PM

Guest Speaker from “Silent No More”  
Thursday, March 3 at 7 PM

Training for Eucharistic Ministers  
Sundays at 5:30 PM

Catholic Centre at M.U.  
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Check us out on the web: [www.mucatholic.org](http://www.mucatholic.org) & on Facebook: Monmouth University Catholic Centre



# Education Could Help End Violence Against Women

ANTHONY MAURO  
STAFF WRITER

On April 7, filmmaker, Scott Blanding, lectured and presented his documentary “Women in War Zones: Sexual Violence in the Congo” in the Samuel Hays Magill Commons Club as part of the Tenth Annual Global Understanding Convention. Blanding’s presentation took an in-depth look at the harsh realities women in the Congo face every day.

Though the practices and beliefs of those from the Congo may seem foreign to us, it is important to spread awareness on the cruel and merciless acts that take place there. This necessity stems from that fact that the majority of women exposed to violence in the Congo need much more help than can be readily provided to them, and their society as a whole is largely uneducated.

In the Congo, women of virtually every age are frequently raped by multiple men from outside their village. Foreign objects, such as sticks, broom handles, bayonet knives, and even bullets, are often introduced to the woman’s body afterwards. This sustained violence leaves a wom-

an incontinent (unable to control bladder and bowels) and subject to infection. Surgery is the only way to repair this atrocity, and the recovery process is lengthy and excruciating for the women. Many of them have suffered such damaging physical violence that more than one surgery is required to repair the body tissue.

Since women need a three-month recovery period between each surgery, it is not uncommon for women’s treatment to take anywhere from three to eighteen months. Most of the women undergoing this treatment at Panzi Hospital in the Congo required three surgeries, which translates to about nine months in treatment.

According to Blanding, “Sexual violence rips families and communities apart. Women are the backbone of Congolese society. They work the fields, raise the kids, and take care of the family. By attacking women, the aggressors disrupt the very core of the community in order to gain control.”

When women are raped, they are regularly stigmatized and looked down upon by their husband, family, and the rest of their community. They are looked down upon as

dirty or as if it is their fault. Men often reject them out of concern for sexually transmitted disease and unwanted pregnancies, claiming they do not want to be responsible for another man’s child, particularly if that man might return for that child.

After experiencing such horrific physical and psychological violations, the women and the community are left in a demoralized and vulnerable state.

Most Congolese live together in villages and walk to fields to farm and collect firewood and water. The majority of women are attacked on their way to one of these chores. In some instances rebels make raids near harvest time and steal the food just as it’s ready to sell, depriving the families of their primary source of subsistence and income. The women are afraid to leave their villages to continue managing the fields and concerned about sending their daughters on walks to school.

Furthermore, once being attacked, women are often abandoned by their husband and community and left to find a way to make money on their own. Receiving an education is difficult for raped women who are incontinent because it usually prevents them from going to school. Their inability to get an education keeps them from getting better jobs and progressing economically.

Sexual violence these women face has deeply troubling emotional and psychological consequences. Women who have been raped suffer nightmares and hallucinations as a result of the attacks. Shame and social pressure often prevent women from talking about and dealing with their trauma in a healthy way. Resources for these women to get help are also limited.

They can start believing what their families and communities say about the rape being their fault. Since they were used as an object, they can feel worthless and

think that they are somehow less than human.

Blanding’s documentary primarily focused on two women. Helene Wamuzila was 22 at the time the documentary was filmed

age brought about from the rape and trying to integrate back into society can be equally difficult to repair, and is extremely important to overcome.

Although both the physical and psychological damages would be hard for anyone to cope with, it is even worse for the women in the Congo due to their lack of re-

sources. Their surgeries are not as effective and efficient as they might be in the U.S. because of this unfortunate lack, and the women who become victims often do not have a counselor or someone to talk to before being thrown back into a society that now looks down upon them.

Not only does the Congo’s lack of resources make it difficult for women there to recover from such traumatic events, but their society’s lack of education only adds fuel to the fire. How can a rape victim’s family truly believe the victim wanted to be raped, it’s their fault, and view them as dirty? Because that is how uneducated they are.

These same people are misled by politicians who are only educated enough to secure votes by making false promises. These uneducated politicians are voted into the highest authoritative positions without genuinely wanting to help the Congo’s people and only looking out for themselves. Even if they did want to make a change, they don’t have the knowledge to do so anyway.

This sets the scene for a land full of corruption, violence, and struggling over power. Rebel groups form in resistance to government or society, and seek power by raiding helpless villages and victimizing its women. They are able to commit such horrific acts of violence with no remorse because they lack the knowledge of the true repercussions of their actions.

Virtually all of the Congo’s problems stem from their lack of education and they are in dire need of help.

## Sexual violence these women face has deeply troubling emotional and psychological consequences.



PHOTO COURTESY of Melanie Blanding/Women in War Zones  
**Congolese women** endure both physical and emotional scars.

# Beach-goers: Unite and Save Our Shore

MARISSA WEBER  
ENVIRONMENTAL REPORTER

Ask any MU student why they chose to come to Monmouth, and chances are “it’s close to the beach!” will be in the top three reasons. Pier Village, Seven Presidents, and other local beaches are popular destinations for visitors from New Jersey, and other nearby states. Monmouth students are lucky enough to be a stone’s throw away, but we really need to put our appreciation of the shore into action.

On Saturday April 30 from 9:00 am to 12:30 pm, Clean Ocean Action will be holding their annual spring Beach Sweep. With dozens of locations, including Long Branch, Belmar, Highlands, and Pt. Pleasant, the 26th Annual Sweep is a great way to welcome the beach-going season. It won’t be long until we’ll be surfing, swimming and tanning on our beaches, and of course we want a clean, beautiful spot to lay down our towels.

Unfortunately, the beaches we know are not like the picturesque beaches we see on postcards, with nothing but footprints in the sand. On the contrary, our beaches are filled with litter: plastic pieces, cigarette butts, food wrappers, cigar tips, plastic bags. These are just a few of the more common debris types collected during Beach Sweeps, but everything from golf clubs, guitars, IV bags, and soiled clothing have been found

Plastic is most commonly found, accounting for 80 percent of collected marine debris. It is also the most harmful to the environment and marine animals because it does not biodegrade. Instead, it “photo-degrades,” meaning it continually breaks down into smaller pieces, but never actually disappears.

A recent study published in the scientific journal Marine Pollution Bulletin, showed startling results. A whopping 35 percent of fish in the study, caught off the coast of California, had plastic pieces in their stomach. It doesn’t take a scientist to realize what this means for animals, and consequently, humans that are higher up on the food chain.

The statistics keep getting worse for marine life. According to Surfrider Foundation, an estimated 100,000 marine animals are killed each year from swallowing plastic bags that they mistake for their typical prey, such as jellyfish. When you think about it, free-floating plastic bags filled with water do kind of resemble jelly fish.

Another common type of beach litter is cigarette butts, with trillions littered globally each year. Contrary to popular belief, cigarette butts are not made of a cotton-like substance, but instead are composed of a plastic known as acetate. These, too, take a long time to breakdown, and as they do they release the hundreds of toxic chemicals the filters were

made to absorb. These chemicals, including arsenic, benzene, lead, and butane, reach our waterways and even our underground water supply via storm drains and urban runoff.

Now, collecting 180,317 (the total collected by volunteers in the 2009 Spring Sweep) pieces of debris by hand from our beaches may seem like a tedious task and well, it is. Beach Sweeps cannot be the ultimate end-all to our litter and pollution problems, but

they are a starting point.

The underlying goal of Clean Ocean Action’s Beach Sweeps has always been to encourage “naturally clean” beaches, rather than just collect people’s “pointless” pollution. This means reducing, reusing, and recycling as much of your trash as possible, and properly disposing of the rest.

Clean Ocean Action serves as a resource to educate citizens on how to decrease their amount of “pointless pollution,” and has

downloadable “10 Tips” cards via their website.

Let’s rally all the MU students together, united over our love for the beach, and take back the image of the “Jersey Shore.” You only need to dedicate one or two hours of your Saturday morning, but the payoff is worth it. Our beaches deserve to be clean, and we deserve clean beaches.

For a list of clean-up sites for the sweep on Saturday April 30, visit [Cleanoceanaction.org](http://Cleanoceanaction.org).



PHOTO COURTESY of dailymail.co.uk  
**Plastic bags** are mistaken for jellyfish by marine life, such as this dolphin.



# Political Science Students Inducted into Pi Sigma Alpha

SANDRA MEOLA  
POLITICS EDITOR

Sixteen political science students were inducted into the National Political Science Honors Society, Pi Sigma Alpha, of the Iota Lambda Chapter, last Tuesday in the Magill Commons Club Rooms.

The Political Science Honors Society first began at the University as a combined honors society joined with the history, sociology, and geography departments. The society was called Pi Sigma Beta. According to Dr. Enoch Nappen of the Political Science Department, the department branched away from the others and was able to join the national organization of Pi Sigma Alpha.

Prior to the separation of the departments, Pi Sigma Alpha

would not permit political science students to be part of the national organization because other students were already in the combined organization of Pi Sigma Beta.

Pi Sigma Alpha was chartered at the University in 1979.

The first induction ceremony required initiated members to complete, what students thought to be, an extremely difficult exam after being inducted.

“The theory behind the test was supposed to show students that they reached this position to qualify for the honors society, but there is always more to learn,” said Dr. Nappen.

President of Pi Sigma Alpha, DJ McCarthy, introduced the new members of the honors society. He said, “I’ve had the privilege to sit in class with the best

and the brightest.”

The inductees recited the pledge of Pi Sigma Alpha and each was given a candle to represent their continuing quest to achieve academic excellence, and presented with an official Pi Sigma Alpha new member pin.

The honors society’s purpose is to “to stimulate scholarship and intelligent interest in political science.”

McCarthy introduced the guest speaker of the ceremony, Dr. Alan Steinberg, professor of the Political Science Department and scholar on Middle Eastern relations. He spoke about the challenges the inductees will face as they graduate and become the future leaders of the United States.

“With societies like these, I am confident in our future...I view the society as leadership for a generation requiring very difficult decision making ahead,” said Steinberg.

Steinberg spoke of seven challenges in particular.

He believes the Pi Sigma Alpha inductees and the “Millenniums” as a generation will have to develop a coherent foreign

policy, strive for competent public services, secure entitlement benefits, seek alternative energy, secure equal opportunity for all, deal with the challenge of ethics and corruption, and to accelerate the pace of environmental protection while still moving forward with industrial development.

“It’s up to you, my friends,” Steinberg said. He described when President Dwight D. Eisenhower was asked who he envies the most, Eisenhower replied, “my eight-year-old grandson” because of the promise the future held for him.

“I envy you. You’re membership in this society represents that you have the knowledge and determination to combat these challenges,” said Steinberg.

Steinberg attended Northwestern University for his undergraduate degree and graduated Wisconsin Law School at the age of 24.

He has served two decades in government service, as the Executive Director of the New Jersey Meadowlands Commission under former New Jersey Gov-

ernor Christie Whitman. He then served as the Region Two Environmental Protection Agency (EPA) Administrator during former President George W. Bush’s administration.

After Bush left office, Steinberg retired from the position and began writing and teaching at the University.

He said, “My experience at the University reminds me of a famous saying of Rabbi Yehuda HaNasi: “I learned much from my teachers, more than that did I learn from my colleagues, but most of all from my students.”

If interested in being initiated next semester, the requirements to be inducted in Pi Sigma Alpha are a completion of at least 12 political science credits, with at least nine credits taken at Monmouth University; a minimum 3.0 GPA in political science; and a minimum 2.75 overall GPA. Applications can be found online.

Contact Dr. Rekha Datta, the faculty advisor for Pi Sigma Alpha for more information at [rdatta@monmouth.edu](mailto:rdatta@monmouth.edu) or stop by the department offices in Bey Hall.



PHOTO COURTESY of Sandra Meola  
**Spring inductees of Pi Sigma Alpha**, the Political Honors Society, were initiated last Tuesday.

# The Trial of the Century: Genocide in Yugoslavia

DENNIS MIKOLAY  
STAFF WRITER

Europe has certainly seen its share of conflict. World War I, widely viewed as the “war to end all war,” was a bloody catastrophe that crippled the continent and ultimately resulted in the fall of the Russian Monarchy. World War II and the Holocaust caused more violence and destruction than anyone could have imagined possible.

Many view the Holocaust as the end of European barbarism. While

had existed as a federation of six Slavic republics, including Serbia and Bosnia.

Ethnic tension had always existed between the inhabitants of the various republics, but it wasn’t until the late 1980s that an ultra-nationalistic fervor took hold.

While entire books have been dedicated to explaining the history of Yugoslavia’s ethnic strife, it should be noted that this volatile environment gave rise to several nationalistic figures, including Bosnian President Radovan

try’s ethnic minorities didn’t end at simple vocal condemnation.

He was largely accountable for the War Crimes committed during the infamous four-year-long siege on Sarajevo, a devastating attack that left Bosnia’s capitol city in ruins.

It wasn’t simply warfare that solidified Karadzic as a figure of global contempt. Indeed, today he is best remembered for introducing the concept of “ethnic cleansing” to the masses.

By the time he fled office in 1995, his genocidal policies had claimed some 200,000 innocent lives.

After several years in hiding, Radovan Karadzic was finally apprehended in 2008. Bosnian Muslims and Croats breathed a collective sigh of relief, hoping that the man responsible for unfathomable bloodshed, terror, and destruction, would finally face justice for his crimes.

Today, Karadzic is incarcerated at The Hague, where he is currently standing trial for war crimes. It should be the trial of the century, but no one in the West is watching.

While *Russia Today* and other European channels have covered Karadzic’s trial extensively, the Western media has given little airtime to the former Bosnian president. America’s apathetic attitude towards the trial is unsurprising; most Americans have never even heard of Karadzic, and even fewer realize he has been apprehended.



PHOTO COURTESY of glogster.com  
**Racial tensions** have been exhibited in Bosnia and Yugoslavia. American diplomats have been accused for not intervening.

“Even when the genocide in Bosnia was happening there were no interventions. Nobody intervened until issues with Kosovo occurred in Serbia, and for different political reasons America became involved.”

DR. MARINA VUJNOVIC  
Journalism Professor

history textbooks usually present Adolf Hitler as the last of the European genocidal maniacs, this is far from true. Racism didn’t end with the liberation of Auschwitz; quite the contrary.

Some 50 years later, genocide again reared its ugly head, this time in the former Yugoslavia.

For several decades, Yugoslavia

Karadzic.

Few individuals have been responsible for as much bloodshed and terror as Karadzic, who spent the majority of his time in office exploiting ethnic tension within his country, feeding the public’s fears regarding Muslims, and preaching a hard-line nationalist philosophy.

Karadzic’s plans for his coun-

Marina Vujnovic, a Journalism Professor at the University, is not surprised by America’s lack of attentiveness. Having grown up in Yugoslavia, Vujnovic is familiar with the West’s neglect.

“Most people who were there at the time thought that we were ignored for a long time,” said Vujnovic. “Even when the genocide in Bosnia was happening there were no interventions. Nobody intervened until issues with Kosovo occurred in Serbia, and for different political reasons America became involved.”

In many ways, even though the genocide is over, America continues to ignore the atrocities Karadzic and his accomplices

committed.

Aside from a recent Richard Gere movie (“The Hunting Party”), the American media has remained entirely apathetic to the genocide in Bosnia. Karadzic was able to elude the CIA and the U.N. for over a decade; both organizations have been accused of being lax in their efforts to apprehend him.

The crusade to bring the Bosnian war criminals to justice won’t end if Karadzic is convicted.

While his accomplice, former Serbian President Slobodan Milosevic, died in custody in 2006, the enigmatic General Ratko Mladic, widely regarded as the architect of the ethnic cleansing programs, remains at large.



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# Tips For Making Finals Week Stress Free

**GINA COLUMBUS**  
EDITOR-IN-CHIEF

Oh no...not again. You glance at the clock and to no surprise it reads 1:30 am. What are you doing up? You're buried up to your neck in textbooks, with papers scattered across the desk, the bed, the floor, etc. You have a coffee in one hand, your cell phone in the other. Sure you have your Microsoft Word document open for your 10 page paper, but you also have Facebook, YouTube, and iTunes blinking in the corner of your laptop. Where has all the time gone in the day; or better yet, what have you done with your time?

Students' study habits have now resorted to procrastination in writing a term paper or studying for a final exam until the night before. According to an article "How Do Students Really Study (and Does It Matter)?" by psychologist Regan A. R. Gurung, there are four different categories of study skills students can utilize. These include: repetition-based (flash cards and mnemonic devices) cognitive-based (studying with friends) procedural (organization, time-management) and metacognitive (self-quizzes on the material).

Let's be honest; with balancing classes, a job/internship, and extra-curricular activities, how many of us have the time to practice these study skills?

Dorothy Cleary, Director of the Tutoring, says to write everything down that you know has to get done each day. "Write down how much time you need to do it. Evaluate what is important, make a schedule, put it in a planner, and refer to that planner daily. Also, use your syllabi from your professors and plot out on a monthly calendar dates of projects and tests so

that you can see "the big picture". This may seem like a lot of work but many students, in my experience, realize how much free time they actually do have and find it worth the effort."

Cleary insists on reading the textbook, listening effectively, and "juggling all that is demanded of you." When students fail at keeping these skills, they experience all-nighters. "All nighters do not work. It only takes doing this once to realize that your lack of sleep translates into a drop in performance the next day. You need sleep to understand and remember the material, therefore "cramming" all night will potentially backfire on you. Best advice, study during the day, sleep at night," Cleary says.

David Strohm-etz, Associate Vice President for Academic and Institutional Assessment, discusses how students see short-term benefits rather than long-term ones when it comes to studying properly. "There is the belief that students work better under pressure, but it's an urban myth. Cramming isn't effective; we are not working optimally then."

Strohm-etz also brought up multitasking, which is also called "switching the tension." When students are

writing a paper, listening to their friends talk, and having the television blare in the background, they are not studying effectively and not minimizing their distractions. "You need to keep your eye on a good education; everything else is secondary to that," Strohm-etz emphasizes.

On average, Strohm-etz says stu-

as study groups, not social groups. "Have each member be responsible for teaching the rest of the group a different topic from the course?"

For those worried about extra credit, Strohm-etz advises students to take that time they would spend doing extra credit, and instead study the course material. "Focus on what you need to do for the course to succeed. Try to keep these long-term goals."

It is because of these poor study skills that students' overall performances in and out of the classroom begin to suffer. They're getting six hours or less of sleep, carrying a coffee mug everywhere they go, and they're eyelids feel as heavy as a 50 pound dumbbell. They're stressed to the max – but is it too late to turn around before the semester ends?

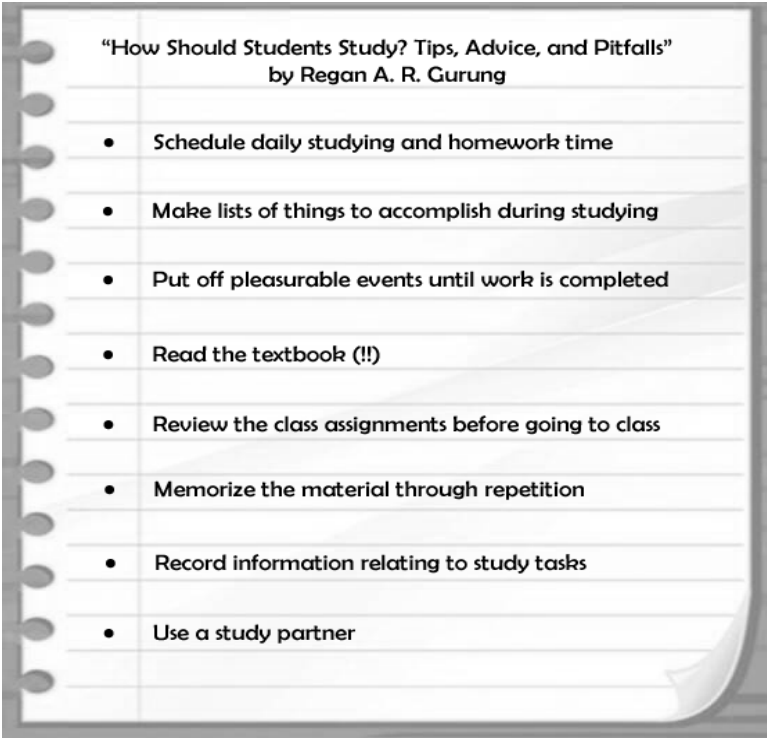
Dr. Franca Mancini, Director of Counseling and Psychological Services, says many students are not prepared to manage the demands and freedom that a college experience suffers. "I find that students procrastinate a great deal with their coursework and then underestimate how much time they will really need to get their work done. They find it difficult to make room for academics, socializing, work, physical activity, friends, and

family in a balanced way and often impulsively go with what's presented without evaluating what's realistic based on what has to get done."

It's understandable for an all-nighter to happen once in a blue moon, but it eventually will have a negative effect on students. "It's normal for a college student to keep unusual hours, but when that occurs on a daily basis, over a long period of time, performance is affected, stress and anxiety goes up, lack of concentration and focus can follow, and we also notice behavioral signs such as irritability and mood changes," Mancini says.

Mancini informs that students need to control stress before it goes too far. "If stress gets out of hand, you will begin to notice a shift in the student's typical level of performance on every level: academic, social, personal, and even with regard to employment. Grades start to slip, relationships are compromised, and frequent illness is common because stress wears on the immune system. We frequently see different degrees of depression that result from prolonged stress because the student feels overwhelmed and helpless, unable to make changes that can get them back on track. Perhaps the symptom that is most damaging is that there is nothing that can change the situation, when in reality, with appropriate support, and that can be academic or psychological or even medical, there is always some option that can be identified. We are always very frustrated when students come to us very late because as time goes by, the options become more limited."

For the remainder of the semester, Strohm-etz suggests taking your most important course and improve your study habits for it with these tips. "Try to keep your long-term goals. Take one bite at a time and prioritize them."



## Brain Food for Thought

**JACLYN GUYER**  
STAFF WRITER

The time has come again for group projects, final papers, and most importantly, final exams. Occasionally, glimpses of the semes-

ter seem like smooth sailing, then all of the sudden a flood of deadlines fill up the pages of our planners leaving many of us overworked, stressed, and anticipating summer vacation more than ever. Though avoiding these assignments and academic re-

quirements is impossible, it is certainly possible to maintain a healthy mind and focus with the proper food intake.

It is no surprise that caffeine provides an instant energetic jumpstart. Most people kick-start their morning

with a cup of coffee. Like everything in moderation, caffeine can provide that essential energy and contribute to focus and concentration. According to webmd.com, however, too much caffeine can make you jittery and uncomfortable. Too much coffee, and your too hyper to function; not enough and your brain stays in sleep mode.

So how much is too much caffeine, and what is not enough? Recently, I have incorporated matcha green tea powder into my diet as alternative to coffee for my caffeine fix. Described by teavana.com, matcha is the green tea leaf in its entirety. Consuming the entire leaf is much richer in vitamins A, C, potassium, iron, and dietary fiber. According to teavana, the high levels of powerful antioxidants act as cancer-fighters and immunity boosters. The website also indicates that clinical studies show matcha may help reduce stress, increase energy, and improve mental alertness.

Less stress, increased energy, and improved mental alertness? Count me in! Not only does matcha provide these benefits, but if you like the taste of a strong cup of green tea, there is a good chance you will enjoy the following recipe for a Green Tea Latte.

Another wonderful food that pro-

motes brain health (among one of its many benefits) is the blueberry. According to womensfitness.net blueberries contain anthocyanin, selenium, vitamins A, B-complex, C and E, the zinc, sodium, potassium, copper, magnesium, phosphorus, and manganese, among others, that can prevent and heal neurotic disorders by stopping the degeneration and death of neurons, brain-cells, and also by restoring health of the central nervous system. Studies also show that diets rich in blueberries significantly improve learning capacity.

Who knew that such a tiny, delicious little fruit could be loaded with benefits far beyond that of vitamins? Blueberries are so versatile, so whether you like them on your pancakes, or as a sauce for a steak (yes, I have actually had blueberry steak sauce before), they are delicious and healthy. Here's one of my favorite recipes for a simple and creamy blueberry breakfast.

Though I cannot make the next few weeks of the semester wiz by without any tests, papers, or projects, I share these recipes and food tips in hopes of a stress-free, delicious, healthy, and intellectually stimulating end to a hectic semester.

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# Recipes

### Iced Matcha Green Tea Latte

Recipe courtesy of matchasource.com  
Blend a chilled matcha green tea latte using a classic martini shaker.

- Sift 2 teaspoons of matcha green tea powder into a martini shaker (or blender)
- Melt the matcha powder by adding 2 oz hot water or milk and stir until matcha becomes a smooth paste
- Fill shaker with 1 cup ice
- Add 6 oz milk- can be regular milk, almond, or soy- whichever you prefer.
- Shake well to blend green tea powder with milk

### Blueberry Blast Smoothie

Recipe courtesy Ellie Krieger- foodtv.com

Ingredients

- 1/2 cup nonfat or 1 percent low fat milk
- 1/2 cup non fat plain yogurt
- 1 cup frozen blueberries (unsweetened)
- 1 teaspoon honey

Directions

Put all ingredients into a blender and blend until smooth.



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# Snoop Dogg Releases 11th Album, "Doggumentary"

ALEX FILLIMON  
STAFF WRITER

Releasing his 11th album, "Doggumentary," Snoop Dogg continues his career as one of America's most well-known rappers. Since its release on March 29, the album has received mostly positive reviews from music critics.

In 1993, Snoop Dogg announced a sequel to "Doggystyle" during a studio session with hip hop producer and rapper Swizz Beatz. The two artists compiled 18 tracks.

Snoop Dogg called off plans to release the sequel to his classic debut "Doggystyle," instead opting for the title "Doggumentary" for his 11th studio album which was predicted to be released in March 2011.

According to Naijanedu.com, an online entertainment website, Snoop commented, "I have been in the game for so long and still have the same passion I did when I first started. I want



PHOTO COURTESY of theaudioperv.com  
**Snoop Dogg's** latest album features collaborations with T-Pain, R. Kelly, Kanye West, Wiz Khalifa, and Willie Nelson.

my fans to ride with me on this one and know that I am so focused on bringing good music to them. It's called 'Doggumentary' because this is my life and I want to share my music, and my process of making it, with the fans."

Well, that is exactly what the rapper did in this album. Throughout his life, Snoop Dogg has had trouble with the law due to gang-related activities and dealing cocaine. He was later convicted for cocaine trafficking while still in high school. The conviction led Snoop Dogg to jail at least three times after he graduated. Throughout the tracks, the rapper tells his story.

"Doggumentary" consists of 21 tracks with an extra iTunes bonus track. There were many musicians and producers that took part in this album. Kanye West, Wiz Khalifa, and even Willie Nelson had a huge part in the recording of the album.

There were certain tracks that were pre-released, such as "Platinum." "Platinum" is the third promotional single from the al-

bum which features R. Kelly. Released on February 22, the single was produced by Lex Luger.

Snoop Dogg talked to MTV about the collaboration between R. Kelly and Snoop, "I think me and Kells understand who we are and what we do to make each other better," Snoop said. "He has a deep love for music, and sometimes he goes over the head of the people that's listening just like myself, because we're too in-depth with music. We don't just listen to our genre. We find ourselves enjoying all walks of music."

Overall, the tracks are some of Snoop's best work. My favorite was "Boom," which featured T-Pain. The song has a sick beat to it and it fits with the lyrics nicely. T-Pain makes a great contribution to the song, which is the hook (the chorus). The hook really defines the meaning of the song. Rap songs need to have a mes-

sage, which is one of the many qualities that I look for in this type of music genre. Fortunately, the other songs in the album manage to do that. In my opinion, "Doggumentary" successfully fulfills that quality.

My one critique is that a lot of the songs seem to be way overdone. Even though there were many artists involved, there may have been too much involvement. The album could use some editing to cut it down to a leaner, more manageable listen. A jumbled cluster of strings and horns waste guest appearances from Young Jeezy and E-40 on "My F\*ckin' House," while Snoop's sequel to "Sexual Eruption," "Wet" is an auto-tune song with a strange beat over a slowly thumping bass that lacks the vibe of the original.

Despite the few problems that this album has, "Doggumentary" is a worthwhile album to listen to and should be part of the collection of all Snoop fans.



## Smallville Flying Off the Radar

*After 10 Seasons, the Show has Come to an End*

NICOLE MASSABROOK  
STAFF WRITER

It's a bird! It's a plane! It's—Oh wait, Clark Kent has yet to fly, so it probably is a bird or a plane. He hasn't quite gotten the hang of that particular power yet on *Smallville*. The CW's incarnation of Superman.

*Smallville* tells the story of Clark Kent (Tom Welling) becoming Superman. The series has followed him since he was a high school freshman through college and into life as a reporter at the *Daily Planet*. The veteran show, now in its tenth season, will be finishing its run May 13 at 8:00 pm on The CW.

Ten seasons later, and Clark Kent still is not Superman. It sounds a little ridiculous and I'll admit that the show has been drawn out quite a bit. The writers of *Smallville* really took their time. Clark's powers have continued to grow throughout the series.

So I guess it isn't really a surprise that they would save the best and most infamous power for last.

Former executive producers and creators Alfred Gough and Miles Millar always had a "no flights, no tights" rule, but when Brian Peterson and Kelly Souders took over the show in 2008, they made it clear that wasn't exactly a rule they would follow. Yet so far, they've abided by it pretty well.

What hasn't been abided by quite so well is the original Superman mythology. Plenty of changes have been made. This definitely made some purist fans angry. Clark and Lex were friends in the beginning? The villains are people infected with kryptonite? Lana Lang is Clark's true love for seven years? Clark calls himself The Blur (referring to the way he is a blur when running with his super speed) before Superman? The Justice League started before Clark was even Superman? None of this was in the comics!

While these changes have often been drastic they've been equally welcome. The show still has a strong fan following: season one's finale ended with three million viewers and season 10's ratings are only a little under that.

It's surprising that the show has managed to keep that many viewers for so long considering all the changes the show has gone through. The aforementioned change in executive producers happened in season seven, but actually revived the show by taking it in a new direction. There aren't many actors who want to stay with one job for 10 years either. Only Tom Welling as Clark Kent and Allison Mack as sidekick Chloe Sullivan have remained through the whole series, and even Mack left for the first half of the current season to pursue other projects.

The biggest disappointment was the departure of Michael Rosenbaum's Lex Luthor in season seven. How can Superman exist without arch nemesis Lex Luthor? Appar-



PHOTO COURTESY of ipadfiends.com

**Tom Welling** plays Clark Kent in The CW's *Smallville*. The show chronicles Kent's journey to becoming Superman.

ently Rosenbaum was finally convinced that such a thing would be impossible because he has agreed to return for *Smallville*'s final episodes this May.

I know what you're thinking, "So this show has dragged on for 10 years with tons of changes and a storyline that's gone nowhere?" No, not exactly.

While the actual "becoming Superman" storyline has dragged on, plenty of other storylines have gone on as well. Clark has saved the earth and a couple other planets a number of times now. Those changes in the cast have always been a great way to introduce new storylines with new characters.

The slew of famous guest stars has certainly helped. Christopher Reeve and Margot Kidder, the Clark Kent and Lois Lane from the original *Superman* movies in the 1970s, both made appearances as well as Dean Cain and Terri Hatcher, from

the 1990's *Lois and Clark: The New Adventures of Superman*, and Lynda Carter (Wonder Woman) and Helen Slater (Supergirl).

*Smallville* is fairly action-packed and fast-paced when looking at all the other storylines. It has kept the surprises coming for 10 years, so you can be assured that *Smallville* will probably fly out with a bang (pun intended).

Every generation has their own Superman. Our grandparents have George Reeve, or parents have Christopher Reeve, our older siblings have Dean Cain. Maybe some consider this generation's Superman to be Brandon Routh from *Superman Returns* or others may adopt Henry Cavill from the upcoming Superman movie. There are plenty of choices, but if you've been watching *Smallville* for 10 years now, chances are that your Superman is Tom Welling. You can say goodbye to Welling's Superman in the two-hour finale on May 13 on The CW at 8:00 pm.

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# Scream 4 Me One More Time, Please

**MATTHEW FISHER**  
OUTLOOK FILM CRITIC

Welcome back to Woodsboro! Returning to this scenic town for *Scream 4* is like walking down memory lane. Only a few years ago I said goodbye to Sidney Prescott (Neve Campbell), Dewey Riley (David Arquette), and Gale Weathers-Riley (Courtney Cox) as they put ominous phone calls and Ghostface killings behind them. Seeing this reunion was one of the pleasant aspects of this mildly entertaining *Scream* installment.

Watching Arquette, Campbell, and Cox reprise their roles was fun and appealing as they effortlessly returned to their signature roles. Campbell still makes Sidney a strong, independent heroine as she confronts Ghostface again, giving her energy and determination to fight back like she's Buffy Summers (another '90s icon). Arquette and Cox continue to make their horror couple one that pushes each other away to solve a mystery but come back together when things get heated. However, in regards to their current situation, hearing dialogue like "It's you and me. Forever." from Dewey to Gale does seem awkward.

*Scream 4* begins as Sidney promotes her book, "Out of Darkness," which details her story of survival. However, things turn sour when Sidney finds a cell phone, knife, and photos of her with blood smeared on them in her publicist's, Rebecca Walter's (*Community*'s Allison Brie), trunk. Meanwhile, Sidney's cousin, Jill Roberts (Emma Roberts) has broken up with her boyfriend and has also gotten strange calls at night asking, "What's your favorite scary movie?" Her friends, Kirby Reed (Hayden Panettiere) and Olivia Morris (Marielle Jaffe) have also gotten similar calls. Things get worse when two of their fellow classmates are pronounced dead and terror strikes the town.

Yet, panic for the kids is just the scoop Gale needs to make her life exciting again. Since retiring from reporting, she stayed home and tried to write fiction as her husband, Dewey, protects Woodsboro as the sheriff. Soon, the town is trying to prevent these killings from escalating as Sid-

ney, Dewey, and Gale find themselves in another murder mystery as Sidney also tries to protect the little family she has left.

Beyond the *Scream* vets, *Scream 4* features a who's who of young Hollywood stars (like Anna Paquin and Kristen Bell in an oddly humorous opening scene where their characters talk about horror movies). Roberts is one of the few that takes Jill and makes her more than a victim. With the confidence she presents toward Ghostface, it isn't hard to see Jill as Sidney when she first had to deal

**Every time viewers think they have a clue to the killer's identity, a new element changes everything.**

with this menace. When Sidney finds her cousin talking to Jill's ex, Trevor (Nico Tortorella), about their relationship, Sidney says, "You remind me... of me." Roberts does well playing her character as the Sidney of the new decade with her own distinction.

Erik Knudsen and Rory Culkin as Robbie Mercer and Charlie Walker also keep the story alive as the necessary film geeks, who offer their knowledge on horror and contemplate the killer's motivations and targets. Knudsen has nice energy as Robbie, who continuously films his life while Culkin has a quiet restraint as Charlie. However, when each one talks, it isn't hard to imagine them as caricatures of director Wes Craven and writer Kevin Williamson explaining horror movie semantics.

Panettiere as the sassy best friend, Kirby, and Jaffe as the sexy friend, Olivia, seem to play to these descriptions and reinterpret past *Scream* characters instead of feeling new and making them unique.

Craven's task of presenting a killer running after victims with a knife is well-handled and uses interesting camera angles to build suspense.

When Rebecca walks through a parking garage at night and gets a call from Ghostface, he makes the scene tight and scary. Tenseness comes when Rebecca gets out of her car and the camera is underneath it, showing only her ankles. This generates fear as, nah, it is better to find out by watching. Craven works nicely setting up scenes in close quarters like a barn or a bedroom to get viewers worried about characters.

Craven also deals with classic suspense/horror moments when a character appears and looks in all directions until the killer finally appears. Sometimes in *Scream 4*, it feels predictable that Ghostface will pop out behind a door but Craven takes viewers off guard by playing against these expectations like when Sidney is running away from Ghostface on a roof.

While *Scream 4*, like other slasher films, has a killer attacking teens, this franchise is unique because it discusses such movies like *Friday the 13th*. Williamson's script, based on his characters, does well to bring these characters to the present by talking about Face-book and the *Saw* series. More so, he illustrates this when Robbie and Charlie host a special Cinema Club meeting for Sidney and talk about new rules in horror films like "the unexpected is the new cliché" and "reversals are the new standards." With all the horror films that have premiered since *Scream 3*, Williamson examines where horror is today and even discusses reboots or as Sidney says, "You forgot the first rule of remakes. Don't f-k with the original."

Williamson also

comments on sequels by satirizing *Scream* as *Stab* with six sequels. In a clever introduction, he has various characters discuss horror itself and *Stab* by discussing why some worked and others didn't (i.e. time travel in Part Five). It is not often that writers can make fun of the genre they are writing, so Williamson continues to take a smart approach to it. The humor is funny and poignant by talking about continuations and what still scares people.

Overall, Craven and Williamson know how to plant red herrings in the movie; every time viewers think they have a clue to the killer's identity, a new element changes everything. It just shows how well this team can play mind games and take audiences off track.

*Scream 4* is for horror lovers and *Scream* fans. For example, when Kirby gets the infamous phone call, she answers horror movie trivia about things like Jason's weapon and the first slasher film. It's not hard to imagine

horror fans thinking I know this or nodding their heads when a character gets a question wrong. This film is interesting, depending on one's love for movies, since people can watch and feel like they've had a long conversation about horror films or movies in general as when Deputies Hoss (Adam Brody) and Perkins (Anthony Anderson) discuss cop movies and elements like how the rookie cop with the pregnant wife faces danger.

While Ghostface remains a familiar icon and *Scream 4* offers Sidney a new mystery, it doesn't leave any major dents against the original trilogy. It felt like another chapter rather than a monumental change for these characters. Still, the end was wonderfully surprising while the reunion of Arquette, Campbell, and Cox made the film a continuation rather than a complete reboot. If Dimension Films decides to take a trip back to Woodsboro with a *Scream 5*, I might not buy a ticket right away but I would be curious about what else they prepare.



PHOTO COURTESY of allmoviephoto.com

**Emma Roberts** plays Jill Roberts in the new *Scream 4*. Jill is Sidney's (Neve Campbell's) cousin, who comes face-to-face with Ghostface.

## A Trip Down Under with Colin Hay

**JENNIFER LOPES**  
CONTRIBUTING WRITER

From the parking lot, people were frantically running through puddles that resembled the depth of baby pools, umbrellas were being blown inside out, and thunder shook the sky. It was a complete disaster outside. But, as soon as every body poured in from outside into Pollak Theatre that Saturday night, Colin Hay's voice warmed us as if we were sitting in front of a vibrant and familiar fireplace. His performance took us out of the rain and into a cozy, comfortable place; a real "land down under" if you will.

"This music saved my life... it distracted me from the terrible hip-hop, rap, and pop, and other music that was out there," the announcer echoed in disclosure throughout the theatre.

I guess that's when you know you are about to witness an amazing performance, when the announcer admits a personal connection like this. I was aware of a few of his more popular songs I had heard on the radio and a couple from the movie *Garden State* and the television show *Scrubs*.



PHOTO COURTESY of Greg Tishelman

**Colin Hay** is a Scottish-Australian musician who made his mark in the 1980s as lead vocalist of the Australian band Men At Work.

As I sat in my seat listening to him play, Hay's music truly entranced me and made me regret only knowing a handful of his songs.

Hay stood on stage with four acoustic guitars and a smorgasbord of effect pedals that surrounded the feet. Before and after each sound, he tapped his left foot in an assuring manner about five to

six times to get the sound right.

During "Ghosts Fade Away," he actually recorded himself while performing, and looped the track so he could solo over it. He played these acoustics like they were simply another appendage to his body, and started his set by explaining, "There's something that is often biographical about my songs..." and went straight into "My Bril-

liant Feat."

Sometimes when you go to see an artist, there may not be much interaction with the audience and the performer plays their set and leaves. This was not at all how Hay planned out his performance. It was like sitting by the campfire, having your close friend telling you stories of their past and ringing in with the occasional sing-a-long. He told us stories of his father and his family, expressing, "I'm a very lucky person...I've lived a very charmed life."

Hay also had the audience hysterical in laughter, offering anecdote after anecdote. He shared with the audience a slew of personal stories and memories from his youth. One in particular pertained to Hay and a few of his housemates living together in their early twenties. Without being blunt or straightforward, I'll include that the time period he described was, in fact, the 70s. Their neighbors had mentioned that they understood and approved of their "lifestyle choices," but they had to keep the grass cut. Without actually processing the request, Hay and his roommates thought of the easiest and effortless resolution to their

landscaping problem. Of course going out and purchasing a goat fit all the criteria they mapped out and discussed. This story had the audience, and Hay himself, bursting with laughter.

Hay kidded once again with the audience stating, "This is a new song. It's only 17 years old..." before he softly knocked on the belly of his guitar to the start of "Waiting For My Real Life to Begin."

Hay played out his claims to fame as well, his acoustic version of Men At Work's "Down Under" and "Who Can It Be Now?" This was just flat out amazing. He engulfed himself into the song and at the same time, the audience submerged themselves into it too. Towards the end of the song, the whole crowd sang the "ohh's" in unison like there was some sort of cue somewhere to start and stop.

All in all, there was something very soothing and calm about the combination of the way he projects his prominently accented voice, and the complexity and choice of chord progressions that made his performance intimate and homely.



# Thrifty Student Traveling: New York

MARTYNA DOBKIEWICZ  
FEATURES EDITOR

It's been almost three weeks since I got into a fight with a NJ Transit ticket machine. That's right, a ticket machine. I have never met anything more evil, more conniving than that square box that sits on the Aberdeen-Matawan station platform.

Up to that point, I had never spent more than \$22 on a train ticket to the City, and even that was a lot. But on this particular Friday, the machine demanded \$32. Had I really not been to New York in that long?

My friends watched me stare at the number in disbelief; I felt like it was mocking me. As the shock cleared away, and anger took its place, they knew to quickly remove me from the situation before it progressed. After all, who wants to be seen with their friend who just got into a fight with a stationary object?

I felt like I had just been robbed, but I had already committed to a spontaneous day of exploring the City with my friends. With our pricey tickets in hand, we hopped on the train with no particular plan in mind, except to do as much as we could, with the little money we had left to spend.

The City has a great deal to offer beyond the predictability of museums, but some of these places are too good to pass up. The American Museum of Natural History, one of the top contenders, has a "suggested donation" as the adult admission price, meaning it's only optional, so you choose how much you would like to pay.

We decided on The Museum of Modern Art (MoMa) for our first stop. For \$12 admission (full-time students with I.D.), hipsters

and the like can roam MoMa for hours.

We spent most of our time lingering through the photography exhibit and hunting for Warhol's iconic Marilyn Monroe pieces.

Warhol's "Orange Car Crash Fourteen Times," was enough to

Next stop, Trash and Vaudeville at St. Mark's Place. Whether you're planning on doing any shopping or not, this legendary punk rock clothing store can give you a laugh, or a pair of high-lighter yellow skinny jeans, if you're interested.

We weaved through the upstairs store to try on hot pink wigs, military style jackets covered in patches, and black t-shirts covered in anarchy symbols.

Downstairs, we saw possibly every kind of Chuck Taylor sneaker ever made, and looked

Wo Hop for take-out and N.Y. Noodletown for sit down dining on Mott Street are some of the best and most decently priced places to eat at. We decided on Wo Hop; I couldn't find much to complain about my \$5.50 chicken lo mein.

After running around for most of the day, it was time to slow things down with our last two stops. This next one is a personal secret, and it gives you one of the best overlooking views of Times Square – the Marriott Marquis on Broadway.

We took the elevator to the ninth floor, walking towards the large-scale windows in the back. Looking out, the center of the City was bustling beneath us. Sometimes, you are lucky enough to arrive at the hotel when it is less busy, so you are able to look out on the chaos in peaceful silence.

Finally, it wouldn't be a complete day in the City without having an adventure through Central Park.

After discovering the creepy tunnel from Jody Foster's movie, *The Brave One*, we later accidentally stumbled upon the *Alice in Wonderland* sculpture, one of the most popular attractions in the park. It was the perfect escape from all of the New York noise.

On the way back to Penn Station, I realized that besides paying for a few trips on the subway, a ticket to MoMa, and lunch, I had made it out with money still left in my pocket – a huge accomplishment on my part.

While walking toward our track, we suddenly stopped when we saw a man standing at one of the machines, cursing at how much it costs to get to New Jersey. Glad I'm not the only one who is willing to fight a stationary object.



PHOTO COURTESY of bridgeandtunnelclub.com

**NJ Transit** fares will increase 25 percent starting May 1. This month, the NJ Transit Board of Directors have approved plans to not only raise the price for one-way tickets, but also eliminate off-peak round-trip discounts.

keep my interest - a giant orange rectangular canvas, hanging on a white wall, with a silkscreened image of a fatal car accident, over and over again.

During the 1970s and 80s, the store dressed musicians such as The Ramones and Debbie Harry. The location is actually two stores, one on top of the other.

through Gwen Stefani's new L.A.M.B. collection.

For our third stop, we decided it was time for some grub, so we made our way to Chinatown.

## Dr. Golam Mathbor: Promoting Global Awareness on Campus

JENNIFER DWIGGINS  
STAFF WRITER

The University's Global Diversity program has grown exponentially in the last several years; Dr. Golam Mathbor is one of the major contributors to that process.

Born in Bangladesh (a naturalized U.S. citizen), Mathbor grew up and attended The University of Dhaka, where he received his Bachelor's and Master's degrees in the field of Social Welfare with a concentration in Coastal Communities. He also obtained his Bachelor of Law degree from the same University.

Mathbor became interested in the field of social work, mostly due to the influence of his family, who encouraged him to study the philosophy of social service, and serve for the greater good of humanity.

After receiving his higher education, he worked for an international bank for two years and moved to a local bank with a higher position.

During his banking career, he obtained a post-graduate diploma in banking and received two promotions. His thirst for higher education pushed him to compete for the Bangladesh Civil Service exam.

Mathbor became a Lecturer of Social Welfare with the Ministry of Education for the Government of Bangladesh after being recommended by The Public Service Commission. He taught social work courses to both undergraduate and graduate students at three government colleges.

During this time, he also served as Professor under Officer of the Bangladesh National Cadet Corps (BNCC, Reserve Force-Second

Line of Defense) as Second in Command and Commanding officer of two separate BNCC contingents. Mathbor successfully completed a Pre-Commission officer's training course conducted by the Bangladesh Military Academy.

After he received his degrees from the University of Dhaka, Mathbor decided to continue his higher education in Canada. He obtained his second Masters in Social Work from McGill University, Montreal in 1995.

While working as a Sessional Instructor, Dr. Mathbor received his Ph.D. in Social Policy Analysis from the University of Calgary,

In order to be an effective administrator, he successfully completed the "Management Development Program" at Harvard University, Cambridge in 2007. Dr. Mathbor said that since he has arrived at Monmouth, the standard for students has been raised, and as global awareness grows on campus, he is proud of the school's progress.

Throughout his 12 years of working at the University, Mathbor has contributed much of his time and effort to the school outside of the duties involved with his job. From 2005 to 2007, Dr. Mathbor served on the President's task force for the Center of Global Understanding.

Concentration from 2000 to 2006.

The program was given an award by the Council on Social Work Education as the best program in the U.S. for its splendid record of integrating global components in social work education and curriculum.

In terms of educating students on the importance of global awareness, he said "ignorance, prejudice, bigotry and other stereotypes are socially constructed problems that continuously threaten our human rights and social and economic justice until addressed. International social work education prepares students not only by acquiring the necessary

Beyond the University, he is also an active member of the surrounding community. In Long Branch, Mathbor is the founding president of the Long Branch Concordance, a non-profit organization that helps with community service in Long Branch. He remained the President of the organization for three years.

In the academic community outside of Monmouth, Mathbor has many accomplishments. He was the Commissioner of Global Social Work Education Commission of the Council on Social Work Education from 2001 to 2010. Mathbor was also both Vice President and President of the Canadian Association for the Study of International Development.

Currently, he is the Vice President of the American Institute of Bangladesh Studies (AIBS) and holds a Vice President position in the International Consortium for Social Development (ICSD).

As a great asset to the University, Mathbor is the author of *Effective Community Participation in Coastal Development*, and has published extensively on disaster relief, community preparedness, social development, coastal zone management, migration, health, economics, and international social work education.

He has taught around the world in Bangladesh, Canada, Latvia, Kosovo and the U.S., and continues to inspire fellow peers and students with his strengths of fairness, prudence, citizenship, gratitude, and persistence, among others.

His efforts in promoting the University internationally and working in the field of global understanding deserve great recognition.

**"Ignorance, prejudice, bigotry and other stereotypes are socially constructed problems that continuously threaten our human rights and social and economic justice until addressed."**

DR. GOLAM MATHBOR

Associate Dean of the School of Humanities and Social Sciences

Canada in 1999.

He started his career at the University in 1999 as an Assistant Professor in the now School of Social Work. He then became Associate Professor with tenure in 2003.

In 2006, Mathbor became the Associate Dean of the School of Humanities and Social Sciences while simultaneously becoming a full Professor in 2009 in the School of Social Work, taking on the role of founding Chair of the Department of Philosophy, Religion, and Interdisciplinary Studies from 2007 to 2010.

Starting in 2002, Mathbor contributed to Monmouth's Global Understanding Project, which became the Institute for Global Understanding in 2008. He served as Chair of Global Understanding Conventions in 2007 and 2008, during which he was rewarded the Outstanding Leadership Award.

Academically, Mathbor has also been very involved with the University. From 2003 to 2004, he was the Chair of the Faculty Council of the University. He also coordinated a Master's Program in International and Community Development

knowledge base but also by learning the skills to become advocates for the vulnerable constituents of our global population."

Stressing the importance of education, Mathbor has also been an advisor for the Social Work Phi Alpha Honor Society and is currently the advisor for the National Freshman Honor Society, Phi Eta Sigma (PES).

Bryan Martin, the current President of Phi Eta Sigma said, "Dr. Mathbor is an understanding, intriguing, service oriented, compassionate advisor."



# Welcome to the Guido Revolution

**MICHELLE GILMAN**  
CONTRIBUTING WRITER

Whether it's the *Jersey Shore*, the fist-pumping techno, or the invention of spray tanning, the guido revolution has begun.

They've even taken over our television, with *Jersey Shore*, *The Real Housewives of New Jersey*, *Jersey Couture*, and *Jerseylicious*. All of these shows feature Italian-guido families from New Jersey, and America is obsessed.

If you own a big gold chain, velvet track suit, and have a blow out, it's safe to say that you are following the guido trend.

A typical guido is tanned, Italian, resides in the tri-state area, and is generally decked head to toe in Ed Hardy and Armani Exchange.

They can be found at the beaches of Belmar in the summer and hibernating in a tanning bed throughout the winter. All year round, they beat up the beat to techno, trance, and house music in their BMW's.

The trend exploded when MTV's hit TV show, *Jersey Shore*, first aired during December of 2009. The show features eight young

Americans living under the same roof in Seaside Heights, New Jersey.

The show is filled with drama, partying, sex, and full cups of Grey Goose. The show has been said to be controversial, which adds to its popularity.

A guido's most important feature is his or her hair. The guys rock big blow outs while girls gain four inches in height with their poofs.

Some guidos, like Pauly D from *Jersey Shore* spend an hour on their hair, styling it into the perfect blowout, just to look like they stood behind a jet plane before takeoff.

Some guidos deck themselves out in massive amounts of gold "bling," perhaps as a desperate attempt to attract the ladies. Others, like *Jersey Shore*'s J-Wow, apply wet Altoids to their lips to give them a white look.

I wonder if they could explain why they spend hours upon hours darkening every single inch of their body with spray tans, only to whiten their lips.

The only time any one of these guidos ever noticed politics was

when Obama raised the tax on tanning to 10 percent. You can imagine the mobs of angry orange-hued Italians there must have been picketing outside the White House.

If there's one thing a guido never forgets to do, it is to go tanning. In the summertime, if you're looking for a guido, there's one place they are sure to be: a Seaside club.

Head over to Seaside's latest addition to its strip, Karma, and you'll find hundreds of fist pumping juiceheads beating up that beat to a Tiesto remix.

These Italian stallions are the only men on earth willing to dance with each other in a circle, throwing up their fists in a rage, and they still bring girls home every night (well maybe not every night).

There is no doubt that some tanned guidette who's skirt is too short and tan is too orange will be swinging around a pole on a platform, waiting for her dream juicehead to come rescue her.

Another place that guidos can be found is at the gym pumping iron. These Italians work mainly on their arms and back, toning every muscle known to man, getting bigger and bigger. They will go

in herds and spot each other until every single one has developed muscles on their muscles.

The girls will stand around looking pretty, socializing, and perhaps walking on the treadmill at two miles an hour for 10 minutes (any excuse to stare at a bunch of tanned gods lifting weights for an hour).

The next place these guys will head after the gym is straight "home" to enter the kitchen and eat anything in sight that contains protein.

Ever wonder who on earth actually purchases those two gallon "Whey Protein" shake mixes from Costco? Well, now you know it's the guidos.

Take a walk over to Jenkinson's on the boardwalk in Point Pleasant and there's no doubt you'll be going to an unofficial guido festival. The girls go for the cheap drinks and a chance to show off their Sunkist fake tans.

But the guys follow them there for a chance to get one of them drunk enough to not notice their sun damaged skin (and the fact that they are 30 and still bar hopping).

But the best way to identify a

male guido is through witnessing an act of "roid rage." These guys aren't called juiceheads for no good reason and once some other guy hits on their girl of the moment, these Italian-Americans from New Jersey suddenly regain their thick "New York" accent. Once the cursing and the slang come out in that thick Brooklyn drawl, you know it's on.

Jersey Shore has generated terms that are now used in nearly every American household, such as "GTL" and "grenade." The concept of "GTL" (Gym, Tanning, Laundry) has become the motto of every Guido.

"Grenade" was developed during the first season of *Jersey Shore* to describe an unattractive female. In the most recent season of *Jersey Shore*, the cast developed the "grenade horn" which is an actual instrument used to notify the house that a grenade is present.

Stores such as Five Below are now selling this item known as the "grenade horn" and it is all the (roid) rage. The fact that these terms are actually becoming common just further reinforces that the guidos are here to stay.

# The Embodiment of Motivation

**ANTHONY PANISSIDI**  
CO-NEWS EDITOR

It's easy to find a college freshman who lacks the motivation to go to class and get involved. Many first-year students fall prey to the temptations they encounter in their newfound freedom and prefer getting drunk, smoking pot, and sleeping as opposed to excelling.

However, generalizations always have their exceptions, and Raymond Bogan is the antithesis to everything parents fear when sending their precious children off to the corrupting college environment.

Ray has a weekly schedule that hardly permits time to eat. He hosts his own radio show on WMCX 88.9, is a news reporter for Hawk TV, and a staff writer for *The Outlook*.

Even more astonishing is that Ray is a commuter and drives 25 minutes to and from school every day. The only thing he has in common with my freshman year is the 15 credits he's taking.

"I wanted to get involved because I knew I would be a commuter and I wanted to make friends," said the 19-year-old Sea Girt resident and native.

"The caring and acceptance of Hawk TV, *The Outlook*, and WMCX's current members have facilitated my growth and allowed me to break in easily."

Ray is the second oldest of four children, as he has an older sister and two younger brothers. He comes from a traditional Catholic family that attends Church every Sunday. Ray is just three months into his first semester of college, but can already speak of the same accomplishments as many college seniors.

Cara Viscardo, the producer of Hawk TV News, half-jokingly believes that Plangere will be renamed "The Ray Bogan Center" in light of Ray's involvement.

"Ray has thrown himself into his positions and is way ahead of himself. It's good to have someone who's young and willing to learn. Ray's always there when you need him and even when you don't," said Viscardo.

"He is highly enthusiastic with a unique ability to apply things he's learned in one area to a new context. He has a cross-disciplinary perspective," said Dr. Rebecca Sanford, who is Ray's first-year advisor and professor for Deception, a first-year seminar course.

Sanford describes Ray as down-to-earth, talkative, and participatory, while always slipping in a good joke here and there. "Ray is definitely one of the best freshmen I have ever taught and he will have some well-rounded experiences to offer future employers," said Sanford.

Ray's achievements may make him sound like an intimidating figure, but he only stands five feet and six inches tall and favors a preppy appearance.

amount of thought he had put into the idea. However, "Ray Bogan's Monday Morning Show" was just a few days old when its host decided he was disappointed with its direction.

"I was only talking about negative news and that's not what people want to hear, especially when they're trying to start their week off right," said Ray passionately.

Ray resolved to report only good news after relaying the information that Libyan leader Muammar Gad-

one can help "keep the momentum goin' and the good karma flowin'" by tuning in to Ray at 88.9 FM on Monday mornings from 10 a.m. to 12 p.m.

By no means, however, is Ray's radio show the only way he is helping people. Bogan has actually been *saving* lives since the summer of 2008, when he became a lifeguard at Sea Girt beach.

"How many people have you saved?" I asked him curiously, as

of the water pissed because the accident could've been prevented. But I still feel fulfilled thinking I was able to help someone and save a life," said Ray, who's excited about entering his fourth summer as a lifeguard.

Besides saving lives and reporting the news, Bogan has a passion for music. He plays piano, left-handed guitar, and sings. To date, he has written 15 songs and is contemplating creating an album.

"My songs can be classified as rock n' roll with a heavy blues influence," said Bogan, who began writing music during his junior year of high school. This flashback to high school, however, brought back some bad memories for Ray, as it was a time when Ray was a mere shell of what he is today.

"I got real sick with mono and Lyme's disease during my sophomore year and it really took two years for me to get better. I didn't feel like myself again until senior year," said Ray who ran cross country, as well as indoor and outdoor track prior to getting sick.

"Those illnesses prevented me from getting involved in high school and there was a time when that affected my attitude towards college and made me not want to go." Bogan since then has began considering a future in the music industry.

Ray's mother, Mary Ann, allowed Ray to find his own way through this turbulent time. "I let him be because I knew that once he got better, he would change his mind," said Mrs. Bogan.

However, it took a slight push from Bethanne Wishbow, Ray's up-the-street neighbor and friend of three years who graduated from the University in 2010, to help change his pessimistic view of college.

"Her good words about M.U. really affected me and I weighed them heavily," said Bogan. "Knowing Ray's personality and his interests in music, theatre, and radio, I knew he would find M.U. to be a good fit," said Wishbow, who has moved to California since graduating.

As we wrapped up our conversation, I asked Ray what he hopes to do. "What's the point of all your involvement? Where do you hope it'll bring you?" I asked.

"I want to be the future anchor of "NBC Nightly News,"" he responded without hesitation. "However, if an opportunity in the music industry presents itself, I won't deny it."



PHOTO COURTESY of Ray Bogan

**Ray Bogan** takes a break from his busy campus schedule to mellow out by playing guitar.

He was wearing a bright red Polo Ralph Lauren shirt, gold chain, and blue jeans as I interviewed him in the conference room in the *The Outlook* office.

Ray told me about his Monday morning radio show as the Yankee game played in the background, slightly louder than the voices of the editors who were working in the newsroom.

"I started my show in February and wanted to do something that would be fun and appropriate for Monday mornings," said Ray in a professional voice that indicated the

dafi had fired upon his own people, a thought that was too much for Ray to bear.

Since adopting a new approach in reporting the news, Bogan's new catchphrase that he says throughout his show is "Keep the momentum goin' and the good karma flowin'." Now, Ray focuses on interesting, feel-good stories, such as a recent effort to hire unemployed people to install solar panels.

Additionally, Ray covers sports scores, including baseball, basketball, football, and hockey at both the professional and college levels. Any-

this was the first time I had heard of his summer job in the month I had known him. "I'd say around 50," he replied with his hands interlocked behind his head as he leaned back.

My jaw dropped. "Ever save anybody from sharks?" I asked. "No way!" Ray responded laughingly. "If they got sharks, they're on their own."

Ray then clarified that he has saved countless people who have either gotten trapped by a rip current or swam too far from shore and lacked swimming abilities.

"More times than not, I walk out



# Rockin’ Out Against Cancer

## Hawk TV and WMCX Host Rock ‘n Raise

RAY BOGAN  
STAFF WRITER

Hawk TV and WMCX collaborated in the Plangere Center to host Rock ‘n Raise on Friday, April 8. The battle of the bands event raised money for Relay for Life and was broadcast live on both WMCX and Hawk TV.

The afternoon consisted of band performances by Johnny Moon, Black Tooth Grin, Whale Pond and Suburban Groove. There were also performances by comedian Max Timko, senior, and a magic performance by Ross The Magic Man Bernstein, first-year student.

Throughout the lobby of the Plangere Center there were televisions with Guitar Hero and other fun activities, including a ring toss. Popcorn, cotton candy, and Hawk TV and WMCX merchandise were being given out for free, but a donation to Relay for Life was greatly appreciated. Volunteers working the tables and games were members of the Relay for Life teams, “Desperate Mama’s” and “Desperate Students.” Overall, \$1,161 was raised.

“We wanted to have a big spring event and had a lot of ideas,” said Danielle Guagliardo, Rock ‘n Raise Executive Producer and Hawk TV Program Director. “After numerous meetings, we decided that a Battle of the Bands event would work out best,” continued Guagliardo. Both Hawk TV and WMCX members helped plan for Rock ‘N’ Raise. Guagliardo, however, was the in charge of the plan-

ning. “It’s the biggest live event we’ve had in the studio in the past four years,” said Dan Villanova, junior and Hawk TV Station Manager.

Prizes for the bands included Avid Protocols Nine for first place, four hours of recording time at Metro Music for second place, a \$25 dollar gift certificate to Sam Ash for third place,

Overall, the bands received great feedback and were even asked to play longer than scheduled. The good attitudes from those working the event also helped from the start and echoed throughout the night.

“I’m feeling confident and ready to go,” said Chris Spirito, junior and co-audio director for Rock ‘n Raise. “I’ve never gone live on TV before but I go live

how things work during a live television setting. Kat Perez, junior and Hawk TV promotions director, described the event as an interactive experience for everyone who participates. “They will be able to see how everything works in the studio,” said Perez.

With all the fun that was being had, no one lost sight of the reason the event was taking place, which was raising awareness and finding a cure for cancer.

WMCX did a large amount of advertising for the event. “We’ve been prepping for over a month, advertising and raising awareness,” said Trevor Marden, WMCX General Manager.

Professor Chris Cavallaro, Hawk TV advisor and WMCX Chief Engineer, had a major role in both setting up and co-directing audio for the event. “This is the most complex show because of all the different elements,” said Cavallaro. “This is the best show we’ve done, the only way it could have been better is if we raised more money,” he added. Cavallaro also talked about the enormous amount of work to get to the live moment and how so many people were involved. Cavallaro gave a special mention to Danielle Guagliardo for her work and her ability to get so many people involved.

Overall, Rock ‘n Raise was a great event filled with fun for those who participated. It was also a learning experience for those who helped put on the live broadcast. The event certainly raised awareness and brought the cure to cancer one step closer.



PHOTO COURTESY of Hawk TV

Hawk TV and WMCX raised \$1,161 for Relay for Life.

and a \$20 dollar gift certificate to Junior’s for fourth place. All of the prizes were completely donated, said Guagliardo.

Voting for the bands took place throughout the event by putting money in buckets and guitar cases for each band. Black Tooth Grin took first place, Johnny Moon took second, Whale Pond took third, and Suburban Groove was fourth.

often when DJing,” added Spirito.

“I’m very excited; it’s always difficult to plan when you’re going live,” said Joan Fahrenkrug, senior and director for Hawk TV. “I’m very happy to be able to direct for such a great cause,” she added.

Attendees of the event had the opportunity to not only have a great time, but were able to see

# From the Stage to the Studio

KIM KRAVITZ  
CONTRIBUTING WRITER

The University Pep Band is proud to announce their upcoming CD, which is their first taste of recorded history. The Pep Band spent the day in Pollak Theatre recording on Saturday, March 26. At 11:00 am, the band congregated at the school theater, found their seats, set up their microphones and recording equipment, and the rest was smooth sailing. For band members, this was to be an opportunity like no other.

For more than a decade, the band’s purpose has been to assist in providing spirit and enthusiasm at home games and to entertain the fans with quality music. The Pep Band is fortunate enough to have a range of instruments available to them—brass, woodwind, and percussion, to name a few. The members are a compilation of students that volunteer to represent the school in this positive way.

This growing organization, linked with the Department of Music and Theatre Arts, Student Government, the Athletic Department and the Cheerleading Squad, has had the privilege to perform for many different events in the past few years. The band has been asked to attend several post-season events, including the NCAA Basketball Tournaments in Florida and North Carolina and the Gridiron Football Classic Bowl. Although the school band is fortunate enough to have had these opportunities, the Pep Band often sets up right here on campus and for other special events such as the upcoming Student Employee Appreciation Day or at Monmouth Mall functions.

Now that the Pep Band has had their first breakthrough in recording musical history, this takes this pres-



PHOTO COURTESY of the Monmouth University Pep Band

The Pep Band has performed 44 times this year.

tigious organization to a whole new level. On the day of record production, Professor Bryan Jenner, Director of Pep Band and Instrumental Ensembles, was there with Professor Ron Frangipane from the Department of Music and Theatre Arts who would be the producer for the album. Recording engineer was Mike Frelund from Music Man Productions.

“What an honor to have someone with the experience and award recognition in record production to produce our CD as Ron Frangipane,” stated Jenner, who is in his second year as the director of the band.

Over the six hour session, the band performed 12 selections that will be included on the recording. The University fight song, “Fight for Dear Old Monmouth,” and the Alma Mater were recorded along with “Seven Nation Army,” “Don’t Stop Believin’,” “Magnificent 7,” “Malaguena,” “Soul Man,” “Crazy Train,” “Zoot Suit Riot,” “Land of 1000 Dances,” were

digitally recorded that day. Editing will take place over the next couple of weeks along with the CD cover design, which is being developed by members Jon Goldstein and Ashley Stroin, and is being further designed and printed by the University Copy Center.

“We hope to press 500 copies and sell them to everyone at a reasonable price of \$10,” stated Jenner. “I am confident that this will be something that the members will look back on over the years and be able to be proud of all they accomplished.” As of now, the CD is unnamed and the title will be released in the near future.

The Pep Band has performed 44 times so far this year and concluded their performance schedule on April 13 by performing at Student Employment Appreciation Day. Recruiting members for next year is already underway and the entrance into the band is through a very relaxed and informal audition.

# SGA President’s Letter

Fellow Hawks,

We are nearing the end of this school year. It has been a fantastic year for all and I hope you feel the same way.

First, I would like to thank everyone who voted in this year’s SGA elections. Over 850 students voted this year and Student Government could not be happier with the turnout. I would also like to thank all of the candidates for a very action-packed and intriguing race. They all worked extremely hard to get your vote and it showed. The races were extremely close in the end. Next year, however, your President of Student Government will be Nicole Levy and your Vice-President will be Oscar Sanchez, Jr.

I am very confident that these two will do everything in their power to help move SGA along and seek to improve the University for its student body of over six thousand. They are very dedicated, organized, motivated, and talented individuals. The student body is lucky to have them both working as the top two leaders of Student Government.

The letter will be brief this week, since the school year is coming to a close. I only have a few reminders for you all. The first one is that Aramark will be at the SGA meeting today. I mentioned last week that anyone could come up to voice their opinion. If you could not make it, however, you can send your comments to the SGA Facebook page or email your

comments to [sga@monmouth.edu](mailto:sga@monmouth.edu). At the very least, we can get you a response to your question or comment. I feel as though the new directors of Aramark have done a great job in reaching out to the student body. Therefore, getting answers to students’ questions should be very easy.

The second reminder is about the Student Awards Ceremony. It will be held on April 29 in Pollack Theater. Invitations were sent out if you were fortunate enough to receive an award. Please try and come out to the ceremony! It is a very special night for all students. Additionally, the new President and Vice President of Student Government are sworn in.

Finally, Springfest is also right around the corner! It will be held on May 1 on Shadow Lawn, the lawn closest to the residence side in front of Wilson Hall. It is a New York theme this year and SGA has been working extremely hard in getting everything together. Also, we have heard that a fairly big band might be making its way to Springfest as well! Its official, you have to come out on May 1!

I hope everyone is doing what they can to make it through to the end of the semester. Unfortunately, now is the time for students to begin to feel burnt out. Try and push through to the beginning of May. The year is almost over!

# Dining to Donate at Applebee’s

PRESS RELEASE

PRSSA will be hosting a fundraiser at Applebee’s in Tinton Falls on Wednesday, April 20 from 5:00 pm until 8:00 pm. Proceeds from dining checks will benefit PRSSA for upcoming and future events.

In order to donate on behalf of PRSSA, please bring a flyer to the restaurant and present it with your bill. The flyer cannot be combined with any other promotions or discounts.

Directions to the location in Tinton Falls can be found on the flyers located in all campus buildings and the Plangere Center.

# Environmental Club

PRESS RELEASE

Come and celebrate Earth Week with the Environmental Club! On Wednesday, April 20, Earthfest will be from 1:00 pm to 4:00 pm at the Student Center. There will be bands, poets, eco-friendly vendors, and giveaways. On Thursday, April 21, there will be a screening of “Blue Gold” in Anacon Hall at 8:00 pm. This focuses on the global water crisis. On Friday, April 22, it is Earth Day! The club will be planting 3 cherry trees in the Community Garden, located between Beechwood and Brookwillow.

For more information, contact [muenvironmentalclub@gmail.com](mailto:muenvironmentalclub@gmail.com).

Go Hawks!  
Kevin Sanders  
SGA President



# Hawk TV Debuts New Show “Academic Audit”

ANNA CHAMBERLAIN  
STAFF WRITER

Hawk TV recently debuted a new original show called “Academic Audit,” starring its creator, Max Timko. The show is a very quick witted and comical late night comedy news show that informs, entertains, and mocks world news and media.

“Academic Audit” talks about almost every part of the media to ensure that no one is left out. According to the show’s Facebook page, “Academic Audit” is “Monmouth’s University Comedy Parody News Program that mocks World News, Entertainment News, and everything involving mainstream media.” The show is set up in a “Weekend Update” style where Timko and his co-hosts, Michael Corsey, Trevor Marden, and Andy Schmid, sit at desks and discuss and joke about the media world.

The show includes segments like “Media Relapse,” which talks about artists and celebrities, such as Lady Gaga and Charlie Sheen. There is also a sports segment, called “Safety,” and a rant about foreign affairs, called “Ask the Expert.”

“I always had wanted to do this type of format for a show, be-

fore I had always worked on field operations outside of the studio. I admired shows like ‘Tosh.0’ and I wanted to put my own spin on it. I come up with my material off the bat while reading a news article and immediately come up with a joke,” he said. Timko, who has a special segment of his own, called “Nailed to the Wall,” which consists of a group of fast

is a lot of quick pre-production, but at the same time a lot of fun. Many people like the ‘Nailed to the Wall’ segment.” It seems that the show has picked up some interested viewers who enjoy the show. “This is my last year here, so this my farewell show, I hope that Andy will take it and do the same type of show,” said Timko.

And the show seems to have gotten off to a good start this semester with some of its viewers. “It is a witty comedy show,” said Danielle Guagliardo, senior. “Some parts remind me of Tosh.0, but Max does it differently and he finds a good way to appeal to the student audience.”

Kate Nawoyski, sophomore, said, “I thought it was hilarious. It was diverse in the way that the anchors dressed differently and do different types of segments. It has a type of humor sometimes only college-age students will appreciate and understand.”

The show is currently working on filming its fifth episode of the season. “Academic Audit” airs every night at 11:00 pm on Hawk TV which is on channel 12. The Facebook page for “Academic Audit” has more details and episodes that can also been found on the Hawk TV website.



PHOTO COURTESY of Max Timko

“Academic Audit” is a new show on Hawk TV that is similar to “Tosh.0” on Comedy Central.

one-liners about media people or groups.

“I write the auditing jokes and the ‘Nailed to the Wall’ jokes. My co-producer Andy Schmid writes three for every show and we combine our ideas. Because of the format, it is very quick-witted. It

## Club and Greek Announcements

### Student Alumni Association

We will be having our next meeting on Thursday, April 21, at 7:30 pm in the Alumni House. Dinner will be served. Please email saa@monmouth.edu to RSVP.

### Senior Class

The Senior Class officers are selling Senior Week tickets. They are being sold on a first come, first serve basis so don't miss out on your favorite event! Check your e-mail to see what Senior Week events are offered this year. We are also selling Senior Class of 2011 T-Shirts for \$12 to \$14 dollars and car magnets for \$4.

### Circle K

Interested in making friends and helping out your community? If you said yes, then come check out Circle K. We are a community service organization affiliated to Kiwanis. We do lots of work in the community and beyond. Our next big service project is the March of Dimes Walk on April 30. Our next meeting is Thursday, April 14 at 7:30 pm in Room 202C in the Student Center.

### Hillel

The Hillel Organization would like you to participate in our events that are full of fun. We meet every Wednesday for exciting discussions about social events and making a better college experience. Our dedicated board members are Daniel Goldenberg: president, Jonathan Goldstein: vice president, Joshua Stein: Vice President of Affairs, Yoni Salem: trasurer, and Sharon Marciano: secretary. In addition, Hillel would like to thank our advisor Ruth Jamnik for the limitless support and Dr. Ansell of Jewish Cultural Studies Program for his contributions to the Hillel organization. Come and join us. You may contact Hillel by e-mailing us at hillel@monmouth.edu.

### Monmouth Review

The Monmouth Review is hosting Monmouth Arts Festival on April 27 in the Wilson Hall Gardens from 2:30 pm to 6:00 pm. This is a music, art, and poetry festival so all students interested are invited to read, play and display work. There will be free food, henna tatoos, airbrushed t-shirts, and artists. Anyone intersted should email Chelsea Palermo at s0436672@monmouth.edu.

# DELIVERY ON OR OFF CAMPUS

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What is your favorite thing about spring?

COMPILED BY: MELISSA ROSOWSKI



Lucia  
freshman

"The transition from cold to hot weather."



Tilah  
freshman

"Being able to barbeque and waiting for all the new summer dance music."



Daniel  
junior

"When the weather gets warmer you can see the stars at night."



Christina  
sophomore

"I like seeing students actually leaving their dorm rooms."



Tylar  
freshman

"I like that with the nicer weather I can actually enjoy the outdoors."



Joe  
sophomore

"The beginning of baseball season."



Michelle  
sophomore

"Being able to go outside and watch the Yankees."



Samantha  
sophomore

"I love that I can open the window in my dorm room more."



Mike  
freshman

"The semester is wrapping up and getting closer to summer."



Dustin  
freshman

"All the summer clothing."

Campus Activities This Week

wednesday, april 20

SOAR Awards 2:30pm Magill Club  
Read In 3:30-6pm Wilson Hall Steps  
Comedian: Andy Hendrickson 7pm Java City Cafe

thursday, april 21

Yoga 9pm Cedar Basement  
Lacrosse vs. Sacred Heart 3pm Kessler Field  
Late Night Mullaney: Psychic Readings 10pm Mullaney Lounge

friday, april 22

Late Night Mullaney: Look for an activity in your Residence Hall  
Baseball vs. Iona 1pm & 3:30pm Baseball Field

saturday, april 23

Honors School Research Conf. 8:30am Young Auditorium  
Baseball vs. Iona 1pm Baseball Field  
Lacrosse vs. Quinnipiac Senior Day 1pm Kessler Field  
Shuttle to Monmouth Mall Departs Birch Hall 12-7pm  
Capriccio - Strauss (Live in HD) 1pm Pollak Theatre

sunday, april 26

Visiting Writer: Jennifer Grotz 4:30pm Wilson Aud.  
Softball vs. Manhattan 3pm Softball Field  
Baseball vs. Seton Hall 3:30 pm Baseball Field  
Graduate Info. Session All Programs Wilson Auditorium

Shuttle to  
Monmouth Mall  
Departs Birch Hall circle  
12-7pm on a continuous Loop  
Saturday, April 23

Comedian  
Andy Hendrickson  
FREE

Java  
City



4/27-7pm

Wednesday

cLub  
mEEtInGS

All Lifestyles Included club  
2:30pm, Mullaney Lounge  
SAB 3:30pm, Carol Afflitto Conf. Room  
SGA 2:30pm, SGA Suite  
Enviromental Club 3pm, 3rd floor RSSC  
IRA 7:30pm, McAllan Hall 123

Meetings Cont.

Tuesdays  
CommWorks: 2:30pm Plangere 235  
Thursdays  
Friends of Socrates 11:30am McAllan, #230

Clubs Send in Your  
Spring 2011 Meeting Times!  
activities@monmouth.edu



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GEORGE wAtSky

WEDNESDAY, APRIL 27TH  
7PM - JAVA CITY  
FREE

To have your campus-wide events included, send an e-mail to activities@monmouth.edu

The Office of Student Activities and Student Center Operations • 732-571-3586 • 2nd Floor, Rebecca Stafford Student Center



# CLASS OF 2011 SENIOR WEEK

**TUESDAY, MAY 10**

**BAR A: \$ 17**

Spend time with friends, relax and enjoy!

This includes your cover charge and an all you can eat barbeque from 9pm-12 am. Three shuttles to Bar A leave from the Student Center parking lot starting at 8 pm. The last shuttle home is at 1:30 am. Shuttles hold 13 passengers each, so plan your return home accordingly.

2 forms of photo ID will be required at the door. Must be 21.

**WEDNESDAY, MAY 11**

**BOWLING: \$ 10**

Enjoy 2 hours of bowling at Bradley Lanes. Price Includes free shoe rental, 5 players per lane, 2 pizzas per lane, and 2 soda pitchers per lane.

Bus leaves the Student Center parking lot 6pm and will be departing Bradley Lanes at 9pm.

Must be 21.

**THURSDAY, MAY 12**

**OVERNIGHT TRIP TO ATLANTIC CITY**

Pre-registration was already required.

Bus leaves the Student Center parking lot at 1pm. Departs Tropicana 10am Friday, May 13.

Must be 21.

**FRIDAY, MAY 13**

**GREAT ADVENTURE: \$26**

Enjoy a day at the park at a reduced admission price!

Bus leaves the Student Center parking lot at 1pm and leaves Great Adventure at 8pm.

**SATURDAY, MAY 14**

**SENIOR RECEPTION**

Come for a FREE Semi-Formal Event hosted by the President and Mrs. Gaffney!

This event is going to be held at the Doherty House from 6 pm – 8 pm. If a rain site is needed you will be notified.

Space is limited, so pre-registration is required for this event at the Office of Student Activities.

No guests are allowed, as space is limited.

**SUNDAY, MAY 15**

**NYC TRIP: \$ 10**

Come and enjoy the sights and sounds of New York City!

This includes your transportation to and from NYC . With a top 10 things to do guide. The bus for NYC will be leaving at 11am from the Student Center parking lot and will be departing from NYC back to Monmouth at 6:30 pm.

**MONDAY, MAY 16**

**DAVE AND BUSTERS: \$28**

Enjoy a buffet lunch and game time at Dave and Busters in Philadelphia.

Price includes \$10 game card and all you can eat BBQ buffet .

The bus leaves the Student Center parking lot at 10am. The bus departs Dave and Busters at 4pm to return to M.U.

Must be 21.

**TUESDAY, MAY 17**

**WEST END SHUTTLE: FREE**

This includes your FREE transportation to and from the West End. Shuttles to the West End leave from the Student Center parking lot starting at 9 pm. The last shuttle home is at 1:45am. Shuttles hold 13 passengers each, so plan your return home accordingly.

Local establishments will ID for 21 at the door.

**TUESDAY, MAY 17**

**CAP AND GOWN PICK UP**

Cap and Gown pick up for May Graduates. Look for details in your mail or email.

**WEDNESDAY, MAY 18**

**GRADUATION DAY  
PNC BANK ART CENTER**

Congratulations graduates!  
Thank you so much for making Monmouth a part of your memories!  
We hope you enjoy your Senior Week!

*~Officers of Senior Class 2011~*  
Bill Taylor, President  
Robin Craig, Vice President  
Katy McChesney, Secretary  
Courtney Lake, Treasurer

Any questions, please call the Office of Student Activities (732) 571-3586.

TICKETS FOR SENIOR WEEK 2011 WILL BE SOLD APRIL 4 STARTING AT 11 AM UNTIL APRIL 22 AT 12 NOON IN THE OFFICE OF STUDENT ACTIVITIES, LOCATED ON THE 2ND FLOOR OF THE STUDENT CENTER.

ONLY SENIORS GRADUATING IN MAY 2011 OR JAN. 2012 MAY BUY TICKETS .

TICKETS FOR SENIOR WEEK ARE NON-REFUNDABLE AND CAN BE PURCHASED WITH CASH/ CHECK. TICKET PURCHASERS MUST SHOW PROPER ID.

ALL TICKET PURCHASERS MUST BE 21 OR OLDER TO ATTEND, UNLESS NOTED OTHERWISE. ONE GUEST PER STUDENT ID, UNLESS NOTED OTHERWISE. SPACE IS LIMITED FOR MANY EVENTS. *ONLY SENIORS GRADUATING IN MAY 2011 MAY STAY IN THE RESIDENCE HALLS DURING SENIOR WEEK.*

## Monmouth University Library



**Extended Library  
Hours For Final  
Exams!  
Spring 2011  
2010!**

### April 25-May 5, 2011

**Monday - Thursday  
4/25 – 4/28: 8am-1am**  
**Friday, 4/29: 8am -7pm**  
**Saturday, 4/30: 9am - 6pm**  
**Sunday, 5/1: Noon – 1am**  
**Monday – Thursday  
5/2–5/5: 8am - 1am**

### ***May 6 - 9***

**Friday, May 6: 8am - 8pm**  
**Saturday, May 7: 9am - Midnight**  
**Sunday, May 8: 11am - 1am**  
**Monday, May 9: 8am - 1am**



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# Heroes With Roots to Mother Earth

**MATTHEW FISHER**  
COMICS EDITOR

Superheroes work to save Earth from destruction, but sometimes the planet itself fights back (I'm looking at you, Captain Planet). There are heroes known as elementals whose bodies are made up of moss and vines and have a strong connection to this world.

Both DC Comics and Marvel have presented their Earth heroes in adventures that deal with the supernatural and environment itself via Swamp Thing and Man-Thing. While these characters have sat on the sidelines for years, today Swamp Thing and Man-Thing are making a comeback in their respected universes.

To begin, DC's Swamp Thing, created by Lein Wein and Bernie Wrightson, was created in 1971 and first appeared in "House of Secrets" #92. The story featured scientist Alex Olsen, who was changed into a swamp thing after a lab explosion.

However, it was in 1972 when "Swamp Thing" #1 changed Alex Olsen into Alec Holland, a scientist working on an environmental project when his work is ambushed by a bomb. After it goes off, Alec runs into the swamp and disappears, only to return later as a plant creature in this biome.

Swamp Thing fought villainous creatures that were mainly mutants such as the Un-Men and the Patchwork Man.

However, when writer Alan Moore that took over Swamp Thing, he changed the character from Alec becoming Swamp Thing to Swamp Thing being an earthly entity took over Alec's personality. From here, Swamp Thing transitioned from DC to Vertigo, the mature imprint of DC, where the character was planted into more existential tales.

Now, Swamp Thing has made a comeback to the DC Universe in the pages of "Brightest Day." The series dealt with resurrected heroes in the aftermath of "Blackest Night" and Deadman's quest to find a hero to take up the role of

White Lantern to watch over life on Earth. His surprise return occurred in "Brightest Day" #23.

While talking to newsarama.com, co-creator Wein gave his impression of Swamp Thing's reappearance and his thoughts on what he thinks it means. "I like what appears to be their intention to reintegrate Swamp Thing and Alec Holland into one being again. I think that's cool. But beyond that, I don't know more than anyone else."

Following his reappearance in the DCU, Swamp Thing will have his own miniseries that explores his new responsibility as the being determined to guard over Earth in the three-part series, "Brightest Day Aftermath: The Search For Swamp Thing."

A note about Swamp Thing's return, though, is how it is plays with elements Moore presented during his tenure on this series, specifically the role of Elementals.

According to Comicbookresources.com, "...the idea of earth Elementals in the DC Universe was expanded beyond Swamp Thing's service to the Parliament of Trees introduced by Moore. Most notably, the '80s series 'Firestorm' saw its lead hero become the planet's Fire Elemental serving The Parliament of Flames as other characters took similar positions with the Parliaments of Waves, Stones and Vapors."

As Swamp Thing is reinstated into the DC hero community, he isn't the only swamp monster to reappear in their proper universe. Over at Marvel, the publisher has found a way to utilize the hideous and silent Man-Thing alongside heroes and villains alike.

To rewind, Man-Thing was originally Dr. Theodore Sallis, a scientist working on trying to recreate a super soldier formula but is attacked by the evil organization, A.I.M. (Advance Idea Mechanics). He takes his work away with him and decides to test it on himself as he crashes into a swamp. There he is forever changed as his consciousness vanishes and body transforms into the massive,

mute beast with red eyes known as Man-Thing. A creature so terrifying that he can burn anyone who fears him with a simple touch.

In 1971's "Savage Tales" #1, Man-Thing first appeared with "The Origin of the Man-Thing" by writers Roy Thomas and Gerry Conway and artist Gray Morrow.

Later this character would appear in titles like "Fear," "Man-Thing," which featured an interesting run by writer Steve Gerber, and "Giant-Size Man-Thing" (this included a "Howard the Duck back-up also by Gerber).

Recent series featuring Man-Thing have included "Legion of Monsters: Man-Thing" and the Marvel MAX miniseries, "Dead of Night," where writer Roberto Aguirre-Sancasa presented a darker origin for Man-Thing.

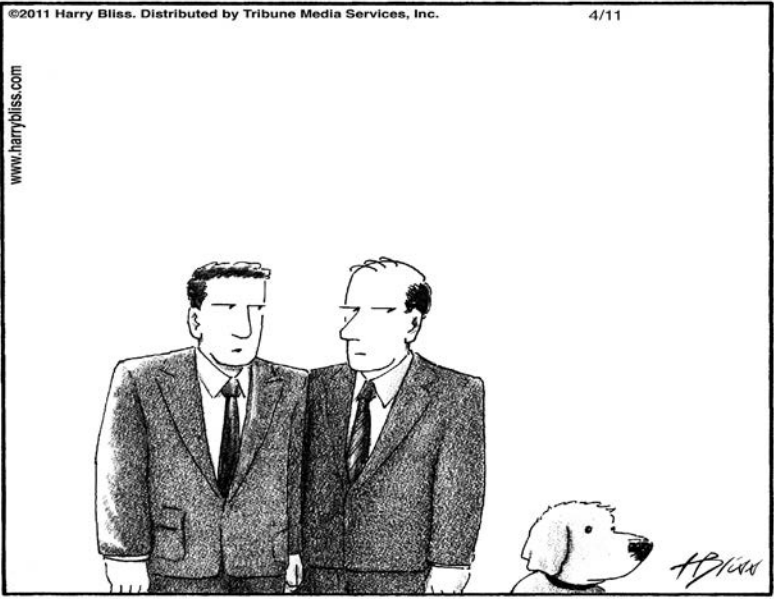
Right now, Man-Thing has been added to the Thunderbolts, a team of supervillain run by the government and watched over by Luke Cage. He was established as a teleporter that would help the Thunderbolts travel anywhere in the world they are called to go.

"Thunderbolts" writer, Jeff Parker, prior to his run, told *USA Today* how he planned to present Man-Thing as a member of this group. "...What does Man-Thing have to do with anything? He's just lumbering around in a swamp all the time! Not now, man. He's out front and center getting involved with everything," he said.

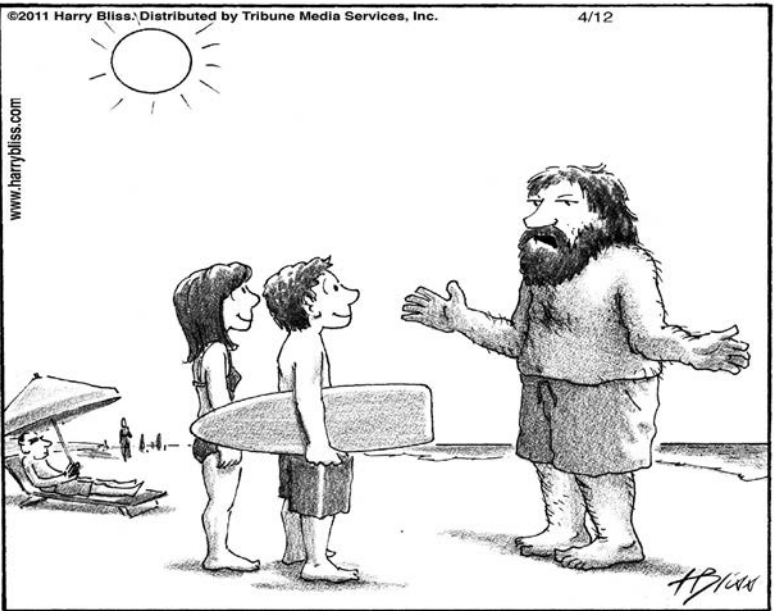
Such action has included searching for Terrigen crystals, which allow the Inhumans to gain powers and dealing with the ninja clan, the Hand, in the sewers of New York City during a tie-in story to the miniseries "Shadowland."

While Man-Thing might not have been as popular as Spider-Man in the past, Parker is showing that Man-Thing is more than a silent behemoth but a monster with a dark past to be reckoned with.

Swamp Thing and Man-Thing are two good examples that heroes don't have to come from other worlds or use gadgets to save the planet. Sometimes, they can just come out of the Earth itself.



"That's Hicks from the corporate office. He's adorable, but trust me – when it comes to acquisitions, he's an animal!"



"For the last time, I'm not Bigfoot – I'm Larry from Vermont!"

## THE TV CROSSWORD

by Jacqueline E. Mathews

1	2	3	4	5	6	7			
8					9		10	11	
12					13				
14				15			16		17
18				19			20		
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41							42		
			43				44		

4/17/11

**ACROSS**

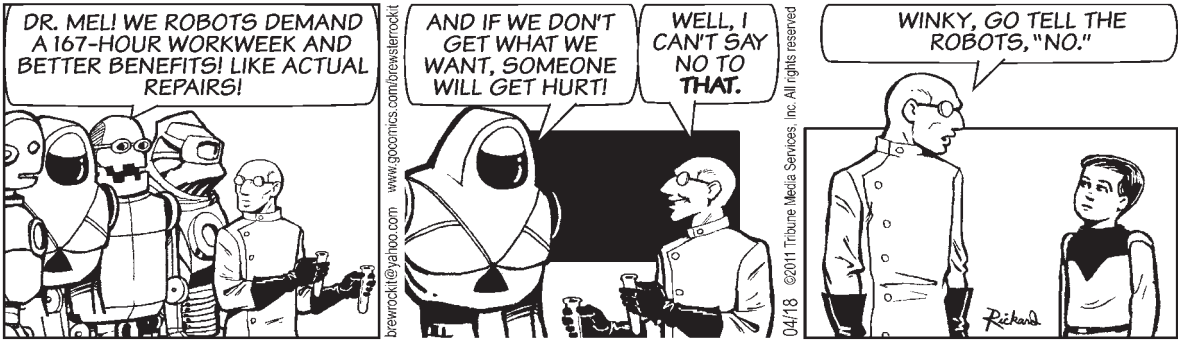
1 "The \_\_\_ and the Beautiful"  
5 Ted Danson's role on "Cheers"  
8 \_\_\_ vera; skin lotion ingredient  
9 Chuckles or Bozo  
12 "You must remember this, \_\_\_ is still a kiss, a sigh is just..."  
13 Long-running adventure series about a collie  
14 Actress \_\_\_ Campbell  
15 Stage and screen actor Motel  
16 "\_\_\_ Blooper's & Practical Jokes"  
18 Jackie Onassis' hubby  
19 Seeger or Sampras  
20 Actress \_\_\_ Perlman  
21 "Cat on \_\_\_ Tin Roof"  
23 Make a second attempt  
24 Bartók or Lugosi  
25 Actress Remini of "The King of Queens"  
26 "Car 54, \_\_\_ Are You?"  
28 Eric \_\_\_ of Monty Python  
29 Sharpen  
30 Peruse  
32 Mrs. in Mexico  
35 Twelve-month periods: abbr.

**DOWN**

1 Simon \_\_\_; star of "The Mentalist"  
2 Role on "Law & Order: SVU"  
3 "Win, \_\_\_ or Draw"  
4 \_\_\_ Moines, Iowa  
5 "Let's \_\_\_ Jessica to Death"; mystery horror film  
6 "The Sun \_\_\_ Rises"; film for Tyrone Power and Ava Gardner  
7 Jan., Feb., Mar., etc.  
10 "Dancing \_\_\_"  
11 "Tomorrow \_\_\_ Dies"; 007 movie  
12 \_\_\_ Ortiz of "Ugly Betty"  
13 "\_\_\_ It Be"; song for The Beatles  
15 Catherine \_\_\_-Jones  
17 "You Don't \_\_\_"; old game show  
19 Warsaw resident  
20 "The \_\_\_ McCoys"  
22 "I'm a Celebrity...Get Me Out of \_\_\_"  
23 Foxx of "Sanford and Son"  
25 Actor \_\_\_ Neeson  
26 For what reason?  
27 Singer Lena \_\_\_  
30 All prepared  
31 Item at a sushi bar  
33 Quaid or Travis  
34 "\_\_\_ You Smarter Than a 5th Grader?"  
36 "Star Trek: \_\_\_ Space Nine"  
37 Former stadium for the Mets  
39 Letters after a dentist's name  
40 "Murder, \_\_\_ Wrote"

Solution to Last Week's Puzzle

B	E	T	T	E		A	L	F
O	T	H	E	R		A	S	N
S	T	O	N	E		H	A	W
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			S	E	A	N		S
D	R	A	G	O	N		S	P
A	U	D	I		O	P	I	E
S	N	O	B		F	R	A	N
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S	N	O	O	P	Y		S	A
L	O	R	N	E		U	L	T
Y	D	S			M	A	Z	A



### Welcome to Falling Rock National Park by Kid Shay





# Track and Field Has Solid Performance at Greyhound Invitational

**BRETT BODNER**  
MANAGING EDITOR

The Men’s and women’s track and field team had a very strong showing this weekend at the Greyhound Invitational at Moravian College on Sunday afternoon.

Sophomore Vincent DuVernois took first place in the javelin for the second straight week with a throw of 230’8”. Currently, he is ranked first overall in the NEC in the javelin.

Laura Williams and Rachel Watkins also had strong performances, as they finished one-two in the hurdles. Tommy Butler finished first place in the high jump with a jump of 6’ 8.25” With this he qualified for the IC4A Championships in May.

Sophomore Shane Carle finished second in the shot put with a throw of 50’11” while teammates Daniel D’Amato and Tom Ciccoli finished in fourth and eighth. Ciccoli currently is ranked number one overall in the NEC in the shot put.

Carle believes the team is

heading in the right direction and hopes the team will have success in the approaching weeks. “We have guys competing great in all aspects of their game. We have lots of guys doing their jobs and the coaches are getting us primed to compete,” said Carle. “I’m expecting we do pretty well in the upcoming weeks and at conference.”

The 4x400 relay team, which consisted of Senior Zach Krupka, Geoff Navarro, freshman Jon Marques, junior Eric Fay, finished in first place with a time of 3:18.43.

Krupka also finished in fifth place in the 400 meter dash, and he ranks third overall in the NEC. Krupka felt he had a good performance, but there is still room to get his time lower. “Individually, I’ve had some solid performances but I need to keep

dropping time to qualify for IC4As and take a top place in the conference,” said Krupka.

Some other strong performances on the men’s side were Jalen Walker who finished third in the 110 meter hurdles and Bayaan Oluyadi finished second in the 400 meter hurdles, and is

“We have guys competing great in all aspects of their game. We have lots of guys doing their jobs and the coaches are getting us primed to compete.”

SHANE CARLE  
Member of the men’s track and field team

ranked second overall in the 400 meter hurdles in the NEC.

Sophomore Rich Bills finished in seventh place overall in the 110 meter hurdles with a time of 15.50.

Junior Geoff Navarro cleared 22’ 7” in the long jump to finish fourth, while classmate Stevenson Cajuste finished in fifth

with a mark of 21’ 11.75”. Joshua Lewis took seventh with his jump of 21’ 10.75”.

On the women’s side, junior Lindsey Walsh finished second in the long jump with a jump of 18’ .25”.

Freshman Mackenzie Roche earned third place in the 1500 meter run with a time of 4:52.32. Sophomores Amanda Eller and Danielle Toritto finished in third and fourth in the 800 meter run.

Watkins also finished in first in the high jump, with a jump of 5’7. This first place finish allowed her to qualify for the ECAC Championships in May.

Teammate Alison Day cleared 5’5” to finish in second place in the high jump, right behind Watkins.

The women’s team also had strong showings by Senior Mary Wilks and Allyson Cardullo

who finished in first and second place in the javelin with throws of 139’ 11. Rachel Aliotta finished in first place in the shot put with a throw of 44’ 11.5” followed by sophomore Sandra Jean-Romain. Ashley Cuvilly also earned first in the triple jump as the senior cleared 36’ 5.5”.

Junior Symmone Fisher finished in second place in the hammer throw with a toss of 169’ 9” followed by Jessica Toritto who registered a mark of 153’ 7”, good for fourth place overall.

The NEC Championships are slowly approaching and Krupka believes the team has a very good chance at making something happen there.

“As our team gets closer to the NECs, we’ve been realizing the need for better performances, and this weekend we saw that across every group. We’re coming together as a team now and were hopefully going to keep it going in our last few meets,” said Krupka.

The Hawks return to action next weekend, April 22-23, at the Larry Ellis Invitational hosted by Princeton University.

# Baseball Team Wins Four Games in a Row and Completes Sweep Over Wagner

**DAN GUNDERMAN**  
ASSISTANT SPORTS EDITOR

After a Tuesday rainout against Rider, the Hawks were slated for a weekend set versus the Wagner Seahawks. The Hawks came to play and they showed up on both offense and defense. Pitching was also key throughout the weekend, and when it was all said and done the Hawks came through with a sweep over Wagner.

In the Friday game, Nick Meyers took the hill for the Hawks and did not disappoint. The game remained scoreless until the sixth inning when Wagner took the first lead. John Lucas had an RBI double for WC, and Nick Alfano had an RBI single, effectively making the score 2-0 WC.

The bottom of the sixth inning proved to be MU’s time to retaliate and following Jake Gronsky reaching base, Ryan Terry knocked a ball up the middle that was misplayed, allowing Gronsky to score and Terry to advance. Soon after, Nick Pulsonetti hit a double scoring Terry, and Ed Martin reached on an error. This play allowed Pulsonetti to cross home, making the score 3-2 in favor of the Hawks.

Next inning, Wagner’s Eddie Brown silenced the Monmouth crowd with a solo shot to left field, tying the score. But with things knotted up in the eighth inning, Ryan Terry hit a two-bagger and later reached third following Danny Avella’s base knock. Clutch-performer of the day Nick Pulsonetti followed with an RBI single up the middle, scoring Terry. When Owen Stewart’s spot in the lineup was called, he squeezed off an infield single which allowed Avella to score. Following this quite impressive inning, the Hawks led 5-3.

Coming in to pitch in the ninth inning was freshman Andrew McGee, who pitched a scoreless ninth and preserved the win for the Hawks. Although McGee managed to compile the scoreless ninth and give Monmouth their 17th victory, he did it in exciting fashion. The entire inning proved to be somewhat controversial; as he fanned two WC batters on controversial strike-three calls. Wagner fans were quick to jump on the home plate umpire’s back on the call, and as Monmouth celebrated on

the field, WC coaches yelled in protest.

The WC third base coach approached the umpire, clearly disappointed on the outcome of the game following two strike-three calls with pitches inside at the letters and another at the ankles. Wagner Head Coach Joe Literrio had some pretty vivid words for the ump as he exited the field, yelling: “Terrible ending to such a good game!”

In attendance at the game was Gregg Cambareri, a MU student and avid baseball fan who commended the ump on his call. “Although somewhat iffy, he made a good call on the third out. The pitch was way too close to take,” said Cambareri. Fan reaction alike was quite similar throughout, but parents and fans on the Wagner side left in utter disappointment.

After a few WC players got some words in edgewise, the team exited the field and Monmouth celebrated the win following McGee’s impressive save. Meyers, who went seven strong innings, ended up fanning 10 Wagner batters. Matt Frazier picked up the win after Meyer’s no-decision, and pitched a scoreless inning, striking out one. But soon after, they were looking forward to Saturday’s matchup.

The originally scheduled afternoon game was moved to 11 am and even with the game-change, the Hawks showed up for work. The blue and white poured ten runs onto the Seahawks and dominantly took this one, 10-1.

Hawk’s starter Andy McDonnell got tagged early for a run, but Monmouth would pour it on, beginning in the second inning. Nick Pulsonetti hit his third home run of the season, which also scored Danny Avella.

In the third, Ryan Terry earned a sac-fly and improved the MU lead to two runs. Fourth inning insurance runs came from a three-run triple by Josh Boyd and by that time, the lead was 5-1. In the fifth, McDonnell was pulled but Nick McNamara and Matt Frazier got the Hawks out of a jam. In the fifth, Ryan Terry hit a solo home-run and Ed Martin reached on an error which scored Nick Pulsonetti. Following an RBI single by Owen Stewart, the Hawks soon led 8-1.

In the bottom of the sixth, things

kept going Monmouth’s way and Ryan Terry blasted another homerun. The shot scored Jake Gronsky, who reached on a base hit of his own. McDonnell earned his third win of the season, allowing one run on five hits in four and a third innings pitched. Matt Frazier picked up the save with his 2.1 innings of work. Dale Hering, who was clipped for ten runs by MU, earned the loss for Wagner.

Sunday’s games helped seal the four game sweep for MU, which would push its record to 20-13 by the end of the day. The sweep was also MU’s first since 2008, and proves to be helpful for them within the NEC standings.

In the first game, a 0-0 game was broken in the fourth when Cal Costanzo reached on a bases-loaded fielder’s choice which scored Danny Avella. Then, Monmouth converted on a risky double steal with Costanzo and Pulsonetti, effectively plating a run. Finally, Josh Boyd earned an RBI single, and soon Monmouth’s lead was 3-0.

In the fifth, Ed Martin scored on a Pulsonetti triple, and then Owen Stewart scored Pulsonetti soon after with an RBI of his own. Things got testy in the fifth, as Dan Smith loaded the bases, but freshman reliever Andrew McGee came in the game and got the Hawks out of the jam. Although the Seahawks would have a four run seventh inning, McGee would hold strong and earn his sixth save in a 5-4 victory. Dan Smith earned his second win, and pitched five and a third innings while striking out three.

In the second game on the afternoon, both teams would bring their offense. In the first, Ryan Terry hit his third homerun of the season, which squeezed past the foul pole, and scored Ed Martin and Jamie Rosenkranz.

In the second, Tom Valichka (who made his first start of his career) earned his first hit in Monmouth blue and white; an infield single. He was eventually moved over to third and Jamie Rosenkranz followed with an RBI single, making the score 4-0.

The next two innings proved to be shaky for MU starter Pat Light, who slowly gave the lead away, and soon the Hawks trailed 6-4.

After Pat Light lost a head of steam and Wagner took command



PHOTO COURTESY OF MU Athletics

**The baseball team** improved their record to 20-13 (15 - 5 in the NEC).

of the game, going up 6-4, pitcher Stephen Frey entered the game in a big spot. “As the inning became a bit of a struggle, I was able to come in and do what I had to do to get us out of the jam.” Frey said. “I’ve felt the pressure before but eventually I just got us out of a jam which could’ve made things a bit worse.”

But the bottom of the fifth was redemption time, and Nick Pulsonetti had an RBI single scoring Ed Martin. In the sixth, the Hawks would finally inch even closer. Jon Guida had an RBI double, scoring Owen Stewart and tying the game.

As the game remained close, tensions stemming from Friday’s events and the homerun call earlier in the game were eminent for Wagner fans as they continued their barrage on the home plate umpire. He received all sorts of offensive remarks throughout the game, but Monmouth’s eventual offensive explosion silenced most of the fan section and a lot of the Wagner bench.

As things got dicey in the seventh, the game was turned over to Nick Vallilo, who struck out two to keep the game knotted at six. An offensive barrage followed for Monmouth in the seventh, as they scored seven runs while sending eleven batters to the plate. Wagner’s David Rees; an apparent key to the WC bullpen, couldn’t find the strike zone for WC, as he walked three in a row which highlighted part of the inning. By the end of the inning, Monmouth had snagged a 13-6 lead.

An RBI double and groundout in the eighth added two more to the Seahawk tally, but they would not come back and Monmouth would hold on to win 13-8. Highlights on the game included Ed Martin’s three runs and Tom Valichka’s two runs in his first game.

Vallilo earned the win for MU while starter Pat Light pitched four and a half innings while giving up three unearned runs. Stephen Frey, who entered the game at a big spot, manage to hold off the WC bats when Monmouth was still mounting a comeback, and again proved to be a solid talent for Coach Eehalt (following his Lakewood performance) while he threw one and a third scoreless innings. In the final two innings, Nick McNamara pitched, allowing one run.

In the coming week, Monmouth is scheduled to start play versus Saint Peter’s on Wednesday at 3:30.



# Women’s Tennis Goes 1-1 in First Day of NEC Tournament

## PRESS RELEASE

Monmouth University women’s tennis team opened up the 2010-11 Northeast Conference Tournament with a win over Saint Francis in the outbracket before falling to second-seeded FDU in the quarterfinals.

The Hawks defeated the Terriers 4-0 in the morning outbracket match to move on to the quareterfinals. Monmouth got wins from Dana Ferrari (Saddlebrook, N.J./Immaculate Heart) at the No. 3 spot, senior Katie Tierney (Berkeley Heights, N.J./Gov. Livingston) at the No. 4 spot and Jessica Slinger (Tinton Falls, N.J./Monmouth Regional) in the sixth spot for three singles victories against the Terriers. All three MU players won 6-0 , 6-0. Monmouth swept the doubles matches, with Teirney and fellow senior Reciel Arribе (Hillsborough, N.J./Hillsborough) along with Ferrari and Slinger winning the second and third doubles by 8-0 scores.

Monmouth, the seven seed, fell 4-0 in the afternoon to the second-seeded Fairleigh Dickinson. The Hawks will now face Robert Morris in the consolations tomorrow beginning at 9 am.

Monmouth 4, St. Francis (NY) 0 04/15/11 at West Windsor, NJ (Mercer County Tennis Center)

**Singles competition**

1. LIPPENS, Nicole (MU) vs. OPALA, Ewa (SFNY) unfinished

2. VERDIGLIONE, Brooke (MU) vs. VAL SLUYTMAN,Arianna (SFNY) unfinished

3. FERRARI, Dana (MU) def. SLAY, Shakaya (SFNY) 6-0, 6-0

4. TIERNEY, Katie (MU) def. WARNER, Renee (SFNY) 6-0,



PHOTO COURTESY of MU Athletics

**Jessica Slinger** picked up a win over Saint Francis in the number six spot on Friday morning at Mercer County Park.

- 6-0
5. GOLDMAN, Shelby (MU) vs. LAWRENCE, Angel (SFNY) unfinished
6. SLINGER, Jessica (MU) def. DOUGLAS, Shimiere (SFNY) 6-0, 6-0
- Doubles competition**
1. LIPPENS, Nicole/VERDIGLIONE, Brooke (MU) vs. OPALA, Ewa/VAL SLUYTMAN,Arianna (SFNY) unfinished
2. TIERNEY, Katie/ARRIBE, Reciel (MU) def. WARNER, Renee/SLAY, Shakaya (SFNY) 8-0
3. FERRARI, Dana/SLINGER, Jessica (MU) def. LAWRENCE, Angel/DOUGLAS, Shimiere (SFNY) 8-0
- Match Notes
- NEC Tournament Outbracket Match**
- Fairleigh Dickinson 4, Monmouth 0
- 04/15/11 at West Windsor, NJ (Mercer County Tennis Center)
- Singles competition**
1. BOTES, Elmine (FDU) def. LIPPENS, Nicole (MU) 6-0, 6-0
2. PRANTL, Julia (FDU) vs. VERDIGLIONE, Brooke (MU) 6-2, 3-0, unfinished
3. DEMENTYEVA, Irina (FDU) def. FERRARI, Dana (MU) 6-0, 6-0
4. MORINA, Egzona (FDU) def. TIERNEY, Katie (MU) 6-0, 6-0
5. LEME, Manuela (FDU) vs. GOLDMAN, Shelby (MU) 6-3, unfinished
6. NAPIER, Emily (FDU) vs. SLINGER, Jessica (MU) 6-3, 2-0, unfinished
- Doubles competition**
1. BOTES, Elmine/DEMENTYEVA, Irina (FDU) def. LIPPENS, Nicole/VERDIGLIONE, Brooke (MU) 8-0
2. PRANTL, Julia/MORINA, Egzona (FDU) def. TIERNEY, Katie/ARRIBE, Reciel (MU) 8-0
3. LEME, Manuela/FERHAT-BEGOVIC, Dzana (FDU) vs. FERRARI, Dana/SLINGER, Jessica (MU) 4-2, unfinished

# Men’s Tennis Falls to Sacred Heart in NEC Semifinals

## PRESS RELEASE

The Monmouth University men’s tennis team, seeded fourth, fell to top-seeded Sacred Heart University, 4-2 in the semifinals of the 2011 Northeast Conference Tennis Tournament on Saturday at the Mercer County Tennis Center. The match between the two league rivals took three hours and 43 minutes to complete.

This season marks the third straight year that the Hawks have fallen to the Pioneers in the NEC Tournament, including the 2009 finals and the tournament semifinals a season ago.

The Hawks advanced to the semifinals for the fifth straight year after defeating fifth-seeded Robert Morris University, 4-0 on Friday.

NEC Semifinals: Monmouth vs. Sacred Heart

**Singles competition**

1. KASYANOV, Kirill (SHU) def. HEADS, Laurence (MU) 6-0, 6-2

2. UJKIC, Chris (SHU) vs. SUBASIC, Amar (MU) 4-6, 4-5, unfinished

3. BHALLA, Harveer (MU) def. MAZZARESE, Nick (SHU) 6-2, 3-6, 6-4

4. SHERWOOD, David (MU) def. SYER, Michael (SHU) 6-1, 2-6, 6-1

5. SULLO, Chadd (SHU) def. TERPILOWSKI, Ian (MU) 6-7 (5-7), 6-3, 6-4

6. CONRAD, Cole (SHU) def. SUBOLESKI, Steve (MU) 6-1, 6-2

**Doubles competition**

1. KASYANOV, Kirill/SULLO,

Chadd (SHU) vs. HEADS, Laurence/TERPILOWSKI, Ian (MU) 6-5, unfinished

2. UJKIC, Chris/SYER, Michael (SHU) def. BHALLA, Harveer/SHERWOOD, David (MU) 8-4

3. CONRAD, Cole/MAZZARESE, Nick (SHU) def. SUBASIC, Amar/SUBOLESKI, Steve (MU) 8-1

**NEC Quarterfinals: Monmouth vs. Robert Morris Singles competition**

1. HEADS, Laurence (MU) def. HORILLE, Ricardo (RMU) 6-1, 6-1

2. SUBASIC, Amar (MU) vs. COIRO, Andre (RMU) 7-5, 1-0, unfinished

3. BHALLA, Harveer (MU) vs. LIMON, Jose (RMU) 1-6, 1-3, unfinished

4. SHERWOOD, David (MU) def. NEVES, Igor (RMU) 6-1, 6-2

5. TERPILOWSKI, Ian (MU) vs. KISHAN, Tarun (RMU) 6-4, 4-3, unfinished

6. SUBOLESKI, Steve (MU) def. HAAS, Aaron (RMU) 6-4, 6-1

**Doubles competition**

1. HEADS, Laurence/TERPILOWSKI, Ian (MU) def. NEVES, Igor/HORILLE, Ricardo (RMU) 8-1

2. SHERWOOD, David/BHALLA, Harveer (MU) def. COIRO, Andre/LIMON, Jose (RMU) 8-4

3. SUBASIC, Amar/SUBOLESKI, Steve (MU) def. KISHAN, Tarun/HAAS, Aaron (RMU) 8-6

# Softball Team Drops Four Straight Games

ED MORLOCK  
ASSISTANT SPORTS EDITOR

The softball team is going through a very tough stretch. This week they had two double-headers at home, and lost all four games. NEC rivals Farleigh Dickinson and Bryant were able to get out of West Long Branch with two wins a piece.

In the first game against Farleigh Dickinson, the Hawks lost a heartbreaker. The game went into extra innings, and the Knights came out on top, 4-3.

Lauren Sulick pitched all eight innings for Monmouth. She allowed four runs (three earned) and nine hits to go along with her five strikeouts.

Monmouth scored all of their runs in the bottom of the third inning. Emily deLong got the Hawks on the board with a single up the middle, scoring Christine Scherr. Kate Kuzma followed that by knocking in Tish Derer to put Monmouth on top of FDU 2-0. Kayla Weiser then tripled to left-center field, scoring deLong and giving the Hawks their third and final run of the game.

The Knights tied the game by scoring one run in each of the last three innings. In extra innings, they continued their streak. They took a 4-3 lead in the top of the eighth by putting together a couple of timely hits. Monmouth couldn’t answer in the bottom of the frame and took the loss.

In the second game of the double-header, Farleigh Dickinson

had a strong game at the plate. They tallied 11 hits resulting in seven runs. They defeated the Hawks 7-4 in this contest.

Dara Palms pitched six innings for the Hawks in this one. She allowed nine hits and six runs. Michelle Rapp pitched one inning. She gave up one run and two hits, along with a strikeout.

The offense never really got it going in this game. They scored four runs, two of which came in the final inning when the game was out of hand. Alicia Desanto led the Hawks with three RBI’s in the game.

The Bryant Bulldogs came to West Long Branch on Sunday for an afternoon double-header. The first game was an offensive battle, with Bryant winning 12-7. In the second game, extra innings were needed to decide the winner. Bryant came out on top, 3-2.

Michelle Rapp pitched the entire first game of the day. She allowed 12 runs, although only six were earned.

Kayla Weiser led the Hawks on offense. Weiser went two for four and knocked in four runs. Alicia Desanto also had a good game. She went three for four from the plate, scoring two runs and knocking one in.

The Hawks managed to score seven runs in this game. Their 11 hits combined with three Bryant errors were not enough to outscore the Bulldogs in this contest. The Hawks fell 12-7.

Rapp stayed on the mound for the second game. She pitched all eight innings. She allowed three



PHOTO COURTESY of MU Athletics

**Alicia DaSento** went three for four with two runs scored and an RBI in Game 1 of the Hawks double-header against Bryant University.

runs, none earned, to go along with nine hits.

“Michelle did a great job. She came in and did her part,” said Coach Louie Berndt of her pitcher’s performance.

With two outs in the eighth innings, Bryant was able to put some hits together after an error and take a 3-2 lead. Monmouth was unable to respond in the bottom of the inning.

Tish Derer and Kayla Weiser both went two for four in this game with an RBI each.

“We are playing people out of

position, we have a lot of injuries, not to take anything away. Our offense did not show up. When you don’t hit and have opportunities and you leave that many people on base. You have to execute. We didn’t execute on offense so our offense has to do a better job in order for us to win ball games,” said Coach Berndt about the way the team played.

Something needs to change for the Hawks the rest of the season. What needs to change? Coach Berndt says, “Offense, you have to score runs. Plain and simple. You have to go after good pitches. You have to have a game plan, you have to stick with it, and you have to execute. If we don’t execute we aren’t going to score runs. Our defense is not losing us ball games. Unfortunately, we just aren’t hitting.”

The Hawks are now 15-18 overall and 6-8 in NEC play. This week the Hawks go on the road for a pair of double-headers. They travel to Princeton to face the Tigers, and Maryland to battle Mount St. Mary’s.





# On the Road to Victory



Track and Field takes another big step on its way to the NEC Championships.

*Full Story on page 22*



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Philanthropic Diversity Needed  
Among Hawk Nation

THE OUTLOOK STAFF OPINION

Every year, thousands of children, teens, college students and community members participate in a Relay For Life event in their area.

By now, we are all familiar with Relay For Life, sponsored by the American Cancer Society, and have more than likely participated ourselves once or twice. College events across the nation raised an average of \$27.7 million in 2010, and our University is a major contributor. Last week, the Monmouth community was able to add just over \$57,000 to the pending 2011 total.

As one of the leading causes of death in this country, cancer has almost undoubtedly affected every one of us at some point. It is perhaps for this reason that "Relay," as some call it for short, was able to grow in popularity.

Relay is a great way to show support for cancer patients, and honor survivors while also being able to remember those we have lost to the disease.

The success of Relay For Life is unparalleled at the University, but it makes us wonder how many other great causes are being overlooked?

With countless non-profits out there, there are many more causes that we, as a University,

can help to sponsor or participate in on behalf of the University, the same way we do Relay For Life.

You may not be aware that Relay For Life was not always the annual spring event at the University that it is today.

This huge event didn't exist on our campus until three years ago when a University alum, a student at the time, formed the connection between the University and the American Cancer Society.

The University community pours out onto the Kessler practice field every spring for a great

nate to be attending a university that takes pride in philanthropic efforts but many students do not take advantage of it the way they should.

The majority of the time these efforts come through the participation of a fraternity or sorority or through class work, but they don't have to.

Any student can approach the Student Activities Board with an idea for an on-campus club or organization or to start a onetime fundraiser, we just need to come together to make it happen.

As proud as Relay For Life makes us about the compassion that our community exemplifies on that night and the months prior, it is imperative that we start looking towards other causes to support in addition to the annual Relay.

In 2010 heart disease surpassed cancer as the leading cause of death in the United States while cerebrovascular diseases, such as strokes, respiratory diseases, alzheimers and multiple sclerosis are also claiming more lives than ever.

These aforementioned illnesses could also benefit from a fundraiser comparable to Relay For Life in terms of both monetary donations and awareness raised, as will University students through participating in an enriching philanthropic experience.

The success of Relay for Life is unparalleled at the University, but it makes us wonder how many other great causes are being overlooked?



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