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MUPD Safety Officer Injured by **Drunk Driver**

PAUL WILLIAMS
COPY EDITOR

been charged with drunk driving after colliding head-on with a University security vehicle, injuring a member of the University police force near the intersection of Palmer Avenue around 11:40 pm on Saturday, April 19, according to William McElrath, Chief of the University Police Depart-

The suspect, 32-year-old Francis Bebout, was driving a 2012 Dodge Charger southbound along Larchwood Avenue when he crossed over into the oncoming lane and slammed into the parked security vehicle, a 2008 Ford Escape. Safety Officer Michael Cittadino was sitting in the front seat of the security vehicle and sustained injuries from the impact.

Lawrence Mihlon, West Long Branch Police Chief, said Bebout traveled approximately 62 feet in A Long Branch resident has the wrong lane and pushed the Escape about 16 feet along the road before it smashed into a piece of the fence between Kessler Field and the baseball field. Mihlon said it's not known how fast the Charger was traveling at the time of impact.

After the collision, Cittadino called in to the University police by radio to indicate he was involved in an accident. Bebout also used the officer's radio to make sure the University police would respond to the scene, McElrath

University Sgt. Milton Morris, Patrol Officer Jim Gaul and Safety Officer Mike Tallarico responded

Crash cont. on pg. 4



PHOTO COURTESY of MUPD

MUPD Safety Officer Michael Cittadino was on duty this past Saturday night when he was struck head-on by a drunk driver. The full extent of Cittadino's injuries are still unknown.

Heartbleed Bug Breaches Security

ANGELA CIROALO NEWS EDITOR

One of the largest security vulnerabilities the internet has ever experienced allowed thousands of websites to be susceptible to hackers as a result of a flaw created in the open SSL server over two years

The Heartbleed bug had the potential to affect 66 percent of websites worldwide, Edward Christensen, Vice President of In-

The Heartbleed bug has the ability to send an invalid heartbeat message to a server and retrieve 64k of information stored in the memory, the computer science and software engineering department, said.

The information returned from the 64K that was stored may include the encryption keys for that network which, if retrieved, allows er would have the ability to access

the hackers to read the encrypted the information from all people information being shared, Rohn who log into the website using explained. The information that is shared through a network often includes a user's passwords and other the ability to retrieve the passpersonal information which would be accessible.

"What this flaw did was allow the potential for somebody to get the encryption key, which is really another way of saying they get the magic decoder ring and they can read all the messages coming in," Christen said.

formation Management, said in that is being communicated between used to hack into the server was an email to University students on the user and the server through the website has the possibility of being accessed as a result of the Heartbleed bug.

Christensen explained that if a hacker had access to the server flaw Jan Rohn, a specialist professor in and determined a way to intercept the messages being sent between the user and the website, the hacker would be able to obtain the informa- rector of Server Operations for tion being communicated.

Also through this server, the hack-

that server, therefore they now have the keys to that website and words of all the people that log in to it, Christensen explained.

So far, the Washington Post has confirmed one hacker that used the Heartbleed flaw to obtain information. A 19-year-old Canadian male, Stephen Arthuro Solis-Reyes, was arrested Therefore, all of the information on April 15 and the computer he seized. The Washington Post reported that the Canada Revenue Agency found that Solis-Reyes stole 900 social security num-

bers using Heartbleed. On a scale from one to 10, the Heartbleed bug has the potential to be a nine or a ten in terms of severity, Robert Carsey, Di-

Heartbleed cont. on pg. 3

Can Beats by Dre be Beaten?

CHARLIE BATTIS STAFF WRITER

Beats by Dr. Dre have become the preeminent headphone in the entertainment industry.

According to the retail analysts group NPD, Beats accounted for 64 percent of the headphones selling for over \$100 in the U.S. in 2012. Beats electronics owned 51 percent of the entire headphone market in 2012, according to beatsbydre.com.

The latest headphone developed by Beats Electronics is the Beats Studio, which is currently priced at \$299.95. With the value of Beats Electronics Company surpassing a billion dollars, there is some quality to their headphone but considering the steep price of nearly \$300, does the Beats Studio have the best value on the head-

phone market?

"The problem with the Beats headphone is more about the durability and the pricing." said Michael Clarke, a sales associate at Radio Shack. "If you compare Beats with other headphones like Skull Candy or Sol Republics, you can get pretty good headphones for at least \$100 to \$150 cheaper, whereas with the Beats, they are really good headphones, but they are really not worth 300 dollars,' said Clarke.

Stephen Nowack, a sales leader at Best Buy, offered a similar sentiment about Beats headphones. "In my opinion, Beats are a good quality headphone but I also think there are other headphones that are made with just as good of a build for less price," said Nowack. "The problem with the Beats headphones

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One writer believes that the excessive use of curse words can make them lose their meaning.

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This year's Springfest artist is Sammy Adams. Fans believe his music speaks to the college generation.



Club & Greek

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Matthew Lawrence Receives Home Grown Feature Award

JESSICA ROBERTS CO-POLITICS EDITOR

Specialty communication professor Matthew Lawrence was awarded the Home Grown Feature award at the Garden State Film Festival for his film "Two Pints Lighter" on March 23.

Lawrence, who teaches video

The Garden State Film Festival is hosted annually in Atlantic City to promote and celebrate the independent film genre.

The festival's mission was founded to promote the art of filmmaking on all levels by showcasing a wide variety of film, video and animated works as well as provide educational programs in

"Professor Lawrence is a very talented filmmaker, and this award is recognition of his considerable skill and creativity.

CHAD DELL Chair of the Department of Communication

production courses at the Univer- the creative arts to the public by sity, said he wanted to try directing and producing a feature for quite some time.

"Up to this point, I had produced several shorts, so this seemed like the next logical step," said Lawrence. "By sheer coincidence, around this time, I read a short screenplay that a friend of mine had written and really enjoyed the premise. I then developed that idea into what is now 'Two Pints Lighter' with the help of my best friend, Ryan Conrath, who also plays the lead in the film."

industry leaders," according to their website.

Dr. Chad Dell, Chair of the Department of Communication, said, "Professor Lawrence is a very talented filmmaker, and this award is recognition of his considerable skill and creativity."

Kim Shephard, a senior communication major who attended the viewing of the film, said, "I'm so happy for him winning this award; he deserves it. He is a great professor who exercises his passion in and out of the classroom."

his production experience, he did not anticipate how much of an undertaking the film would be. "The film took me about three years (of working on it consistently, mind you) from the initial idea to the first screening we had in Asbury Park last March," said Lawrence.

According to the festival's philosophy page, the film festival was created to "pay tribute to New Jersey's legacy as the birthplace of the American filmmaking industry in Thomas Edison's Menlo Park." The Home Grown Award category is given to recognize films that are shot in New Jersey.

Filmed on location in Asbury Park, "Two Pints Lighter," is described as a human story about a human monster. On the decision for the location, Lawrence said he grew up in Ocean and Monmouth County, therefore when he writes he often already knows where he plans on filming the scenes. "Some of these decisions are based on practical purposes (i.e. where I can get permission to shoot) while, at other times, some spaces are so aesthetically pleasing (or have been such an important part of my life) I want to preserve them on film," said Lawrence.

The film was produced by Dynamatt Productions and written and directed by Lawrence, star-

Rebecca Telle. Fitting into a horror-comedy genre, the feature film is centered on a vampire named Wade who gets himself into trouble after a "night of promiscuous feeding," according to the film's description. He moves to a small coastal town in order to change his ways and "end his nomadic lifestyle."

Shephard said, "The movie was unique and moving. The experience was great seeing Professor Lawrence showing off his personal work and it gave me a lot more respect for him in the classroom."

Dell said, "His film has been garnering great attention at film festivals this season, which speaks

Lawrence said even with all of ring Ryan Conrath and Hannah volumes for his talent. I'm delighted that Professor Lawrence is getting the appreciation he deserves."

When asked about providing advice for student filmmakers, Lawrence said, "Go out and make movies. The more you write (or shoot, or edit, etc.), the more you learn and the better your stuff

Lawrence also added that it is important to be kind to your cast and crew, and always remember to say 'please' and 'thank you.'

"You have to be your harshest critic, have high expectations of yourself and your work. Don't be afraid of failure, and don't give up in those moments when you feel you have failed," said Lawrence.



PHOTO TAKEN from vimeo.com

"Two Pints Lighter," a film about a vampire looking for a fresh start, was recognized at the Garden State Film Festival last month.

to Wildlife Deaths Household Rat Poison Linked

MARTHA GROVES

MCT CAMPUS

The mountain lion known as P-22 looked majestic just a few months ago in a trail-camera photo shot against the backdrop of the Hollywood sign.

But when a remote camera in Griffith Park captured an image of the puma more recently, it showed a thinner and mangy animal. Scientists sedated him and drew blood samples. They found evidence of exposure to rat poisons.

Now, researchers say they suspect a link between the poisons and the mange, a parasitic skin disease that causes crusting and skin lesions and has contributed to the deaths of scores of bobcats and coyotes. A National Park Service biologist applied a topical treatment for mange and injected Vitamin K to offset the effects of poisoning.

The condition of California's famous cougar is likely to intensify the debate over the use of rat poisons in areas of the state where urban living collides with nature.

Nearly 20 municipalities throughout California, including San Fran-said. cisco, Calabasas and Malibu, have not to purchase and businesses not to golden eagles, northern spotted owls sell "second-generation" anticoagu- and San Joaquin kit foxes.

lant rodenticides, said Jonathan Evans, a staff attorney with the Center for Biological Diversity, a nonprofit group based in San Francisco. P-22 was afflicted by two older "first-generation" rat poisons, which he probably ingested by eating other wildlife.

The maker of d-CON, a leading rat poison, is fighting efforts to ban sales of its product to consumers, arguing that it is safe when properly used. The company contends that by eliminating consumer access to one type of effective, affordable rodent control, California runs the risk of increasing the use of alternative products that contain powerful and potentially more harmful _ neurotoxins.

During nearly two decades of research in and around the Santa Monica Mountains National Recreation Area, park service scientists have documented widespread exposure in carnivores to common household poisons. Of 140 bobcats, coyotes and mountain lions evaluated, 88 percent tested positive for one or more anticoagulant compounds. Scores of animals are known to have died from internal bleeding, researchers

The poisons also affect protected passed resolutions urging residents or endangered species including

homes, rat poisons are designed to kill rodents by thinning the blood and preventing clotting. Many people who set bait traps do not realize the poisons work their way up the food chain, researchers say.

Los Angeles Councilmen Paul Koretz and Tom LaBonge have asked the city's Department of Recreation and Parks to report on the use of poisons to control rodents.

In Malibu, activists Kian and Joel Schulman of the Malibu Agricultural Society pushed for the local resolution and have used photos of distressed and dead animals to successfully lobby store managers and restaurateurs to stop selling or using rat poisons.

Kian Schulman routinely prowls the perimeters of shopping centers in search of broken bait boxes near trash bins filled with food waste. At her urging, Pepperdine University phased out the use of all rodenticides on its Malibu campus. It uses live traps and will consider installing raptor perches to encourage natural rodent control, said Rhiannon Bailard, with the school's Center for Sustainability, Governmental and Regulatory Affairs.

The California Coastal Commission this month approved new

In wide use in parks, schools and Monica Mountains that include a poisons, but older first-generation call for stopping the use of rodenticides. The plan also immediately bans in unincorporated areas the use of anticoagulant poisons that are the most harmful to bobcats, coyotes and mountain lions.

> The most sweeping action to date was taken in March, when the state Department of Pesticide Regulation signaled plans to halt retail sales of second-generation anticoagulant rodenticides to consumers. Under the rules, slated to take effect July 1, only licensed specialists could purchase and use them.

> Reckitt Benckiser Group, which makes d-CON, is seeking a preliminary injunction against the rules. The company said the "new regulation will unnecessarily put Californians at an increased public health risk from rodent infestation and place a greater financial burden on families and individuals who cannot afford professional pest control services."

Second-generation rodenticides are dangerous even when animals ingest them in sublethal doses. The anticoagulant makes them lethargic, wildlife experts say, so they are more likely to die from exposure or be hit by cars.

planning guidelines for the Santa centered around second-generation P-22 had killed an adult buck.

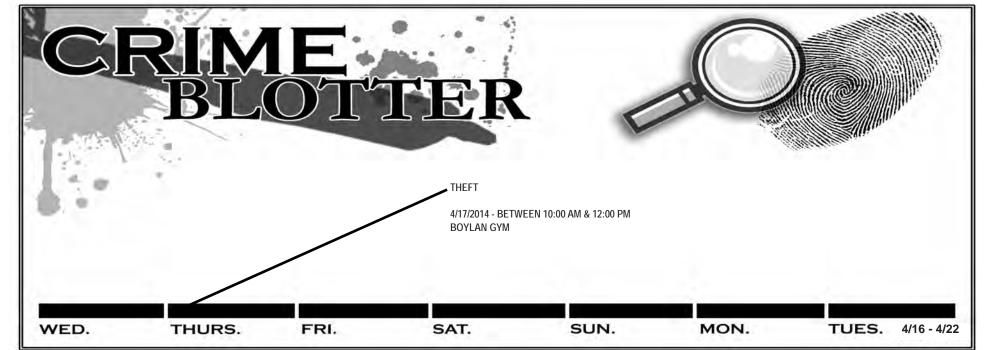
poisons also remain of concern. Those poisons were commonly used decades ago until many rodents developed an immunity. But first-generation poison can still be harmful to wildlife.

Mange is caused by a microscopic mite that burrows into the skin and causes itchiness and skin lesions. The afflicted animal loses fluids and nutrients through the skin. Complications including infection, starvation and hypothermia eventually lead to death.

The connection between exposure to anticoagulant rodenticide and mange is not fully understood, said Seth Riley, a wildlife ecologist with the Santa Monica Mountains National Recreation Area.

Mange in wild cats is rare. A decade ago, researchers documented two mountain lion deaths in the Simi Hills that they blamed on poisoning by anticoagulant rodenticides. Both had mange.

Scientists said P-22's condition does not appear to pose a safety threat to human beings. He continues to spend most of his time in the park's most remote areas, said Jeff Sikich, a National Park Service biologist who has tracked P-22's activity. The activism and regulation have Shortly before he was recaptured.



First NJ Students to take PRSA Certificate Test

JACKLYN KOUEFATI EDITOR-IN-CHIEF

Three University communication students will be the first in New Jersey to take the Certificate in Principles of Public Relations test through the University Accreditation Board (UAB).

Killian Ferdine, Jessica Rinaldi and Brittany Bogdan, all senior communication majors, will take the test.

Kristine Simoes, a specialist professor of communication and the President of the Public Relations Society of America New Jersey section (PRSA NJ), said that she has been telling her public relations students about the certificate and the three girls wanted to take advantage of the opportunity.

This certificate enables these emerging professionals a more competitive edge in the job market," said Simoes.

specialist professor of communication, faculty members from Seton Hall University, Dr. Kathleen Donohue Rennie and a PRSA member have been preparing the three students for the

"This is the first time this exam prep course is being offered with the support of two major universities," said Simoes. and take the test on their own University's public relations] programs are nationally accredited by PRSA which is rare as ter graduation. Simoes said the they are two of just 40 or so in students also had to pay a reg-

distinction."

The Certificate in Principles of Public Relations is viewed as a Pre-Accreditation in Public Relations (APR), Simoes said. She explained that people who are seeking an APR can use the Certificate in Principles of Public Relations as a stepping stone towards it.

The students' five week preparation for the test, which they must take within six months, has begun. Every couple of weeks the students meet on a Saturday morning with Simoes and Donohue at either the University or Seton Hall University, according to Rinaldi. "So far the exam [preparation] has been great," said Rinaldi. "We have a study guide that we go through chapter by chapter, talk about potential exam questions and then are expected to study on our own time."

Simoes said she and Harris had Simoes and Mary Harris, a to prepare handouts and specific materials for the students on topics that are going to be covered on the exam. Some of the topics include; the history of public relations, media relations, ethics and law, business literacy, social media, related public relations theories and research methods, Simoes explained.

Each student is able to study "[Seton Hall University] and [the schedule; meaning they take the exam whenever they want as long as it is six months afthe country to have earned such istration fee and attend the prep



PHOTO COURTESY of Kelly Brockett

Three senior communication majors, (left to right) Killian Ferdine, Jessica Rinaldi and Brittany Bogdan pose alongside University professors Mary Harris (top left) and Kristine Simoes (top right).

Ferdine is planning on taking the exam in August. "...Although [the classes] feel really short, [they] have been very helpful," she said. "The first class Dr. Rennie from [Seton Hall Universityl told us to get a binder, so I did. It now weighs about 10 lbs."

Ferdine added that she is taking this exam because she wants to learn as much as she can. "This was another way for me to make myself even better and take steps toward being an essential and indispensable asset in my future endeavors," she

There are certain requirements

can take the test. According to prsa.org, students must take the test within six months of graduation from an accredited college or university whose area of study is in public relations or a related area, and they must be members of the Public Relations Student Society of America (PRSSA) or a member of another Universal Accreditation Board (UAB) participating organization.

Students can apply for the test by filling out an application and attaching the amount of the fee. If someone fails the test, they are given 90 days after his/her examination results are received

students must have before they to take it again along with an additional \$100 fee, according to

Rinaldi was skeptical about taking the exam because she was unsure if employers would even know what it was. However, after she spoke to Simoes and Harris, she realized that the Certificate in Public Relations Principles will be beneficial.

"I am grateful to have been given this opportunity and glad I chose to take the exam. I am learning from some of the greatest professors and hope to be as successful as them one day. They are an inspiration to many," said

Server Flaw Leaves 66 Percent of Websites Vulnerable

Heartbleed cont. from pg. 1

Information Operations, said. "I think that most people in the IT community saw this potential and acted very quickly to plug up the security holes before many hackers had the chance to exploit

The Heartbleed bug was announced to the public on April 7 after the proper patches were created to secure the affected sites from being hacked. The Heartbleed bug was the result of accidental oversight by the Open SSL programmer, Carsey said, after viewing the actual code responsible for the security

"[The programmer] had submitted his work on December 31, 2011. His work was subsequently reviewed and approved by another Open SSL team member," Carsey explained, which lead him to believe that the server flaw was an accident.

The Open SSL v1.0.1, which contained the Heartbleed bug, was released to the public on March 14, 2012 as an update to The purpose of the Open SSL software is to send information through a network in a secure fashion, Jan Rohn, IT Program Coordinator, explained.

The reason that the Heartbleed bug is such a severe issue is because hundreds of thousands of websites and servers have this urging users to change their passflaw, Christensen said. "It is a flaw that is in a system that is commonly used all over the place," he added.

Mashable.com created a list of websites that were and were not affected by the vulnerability. Websites such as Google, Yahoo, Pinterest, Dropbox, and

American Funds are just a few a reliable source to fix the probof the many websites affected by lem. the Heartbleed bug, according to mashable.com.

Some bank websites that were not affected by the Heartbleed bug include TD Bank, American Express, Bank of America, Wells Fargo, and Capitol One, to name a few. Some other popular websites that were not affected include Paypal, Ebay, Target, and

To fix the Heartbleed flaw, technology professionals created patches to deny any access to secure transactions between the Christensen explained. "Infor- Monmouth password as a precau-

Carsey, who also believes that it is safe to change users' passwords, recommends users download the ChromeBleed app from the Chrome Web Store. "With this app loaded in Chrome, you'll be alerted if the site you're visiting is not patched. There may be similar apps for other browsers,' said Carsey.

The University Technology Department has patched the websites that were at risk of the Heartbleed bug on campus,

said in an interview on April 15.

Christensen said that the process of securing the University servers includes creating patches that close up the Open SSL flaw, release a new security certificate and lastly, they ask the University staff and students to create new passwords.

"Even though there is no evidence that any Monmouth servers were compromised as a result of Heartbleed, the University strongly encourages [students and staff] to change [their]

where the bigger risk was," he same password for every account and using similar passwords, Christensen explained.

A good alternative people can make is to have different passwords for each different type of service or website, Carsey, who uses four different passwords; one for banking, one for email, one for work, and another for everything else, explained.

"The idea is that if my password on Ebay or Amazon is compromised, I don't want that person to automatically have access to my email, which is usually needed in order to reset passwords on various websites," said Carsey. "And of course, I wouldn't want Microsoft or Gmail to know the password for my bank."

Mary Harris, a specialist proed the Heartbleed news to her students. "When the news about Heartbleed was released to the public, I was frustrated, but not surprised," said Harris. "I have always been mildly concerned about internet security and cyber threats, but to actually learn about this happening makes me wonder when the next issue might arise."

Harris said she changed some of her passwords, although she is still researching and waiting for website security reports.

Christensen advises students and staff to change their passwords at www.monmouth.edu/ university/Password.aspx, or by using the telephone password reset line at 732-923-4600 and follow the prompts.

To check if a website is compromised by the Heartbleed bug, you can log onto filippo.io/Heartbleed/ and type in a website to learn if it

"Even though there is no evidence that any Monmouth servers were compromised as a result of Heartbleed, the University strongly encourages [students and staff] to change [their] Monmouth password as a precaution."

> **EDWARD CHRISTENSEN** Vice President of Information Management

a software update that is usually made to fix a problem in software," Rohn said. "They are very common. For example, Windows updates are patches to the Windows operating system."

Websites that have completed patches to ensure safety are now words to ensure their password is safe. "They should do this after the software on the server has been updated with the patch," said Rohn.

A patch changes 20 lines of code in the Open SSL server to remove the flaw, Carsey explained. Therefore, the process is

the previous Open SSL server. server and the user. "A patch is mation Management has identified and patched all known vulnerabilities following vendor and information security best practice," Christensen said in the email to University students on April 21.

'We didn't have a lot of systems that were at risk at all," said Christensen. "Out of 120 we had less than 10 that had any risk and most of those risks were not the users (students or employees)."

Christensen also said a maiority of the servers at risk were within his staff in the Information Management Department. "We changed their passwords last

tion," said Christensen.

Christensen advises readers to change the password of all accounts that were at risk of Heartbleed and are now patched. If a hacker finds a password for one account, they can try that same password at any other account, he added.

"If I knew your email address and I knew your password to your email, I would try it on Ebay, I would try it on Facebook, I would try it at Capitol One, hoping that I would get somewhere," Christensen said, explaining the mentality of a hacker.

Some key things to avoid when

week, right away because that is changing passwords is using the is at risk.

HERO Night for Designated Drivers Held at Local Business

CASSANDRA FIGUEROA ASSISTANT NEWS EDITOR

The University's HERO Campaign Committee hosted their 5th annual event at Jack's Goal Line Stand on Thursday, April 17 to raise awareness about the need for sober drivers.

Gary Mejia, a designated driver and recipient of the HERO Campaign award in 2011, said it is important to make people conscious of the effects of drinking and driving, and what they can do to pre-

"The group is important because it raises awareness for a serious issue, which is drinking and driving, especially on college campuses where drinking is a part of the culture," Mejia said. "The more people that can get involved, the better the message can be transmitted."

During the event, members of the HERO Campaign asked guests to sign a pledge stating that they would not drink and drive. If participants signed, they were given a free slice of pizza from Jack's. The group also handed out wristbands, stickers, t-shirts and cab vouchers as prizes for games like skee ball.

Steve Dowens, a University graduate assistant working for the Office of Substance Awareness, said the group has a close relationship with Jack's Goal Line Stand, which helps the office to support their cause.

pledge, the HERO Campaign

prizes that further promotes des- DUI charges, herocampaign.org ignated driving," Dowens said. 'Jack's also offers free soft drinks for anyone who mentions they are the designated driver for the night and the drinks come in a HERO Campaign cup.'

Dowens believes the event at Jack's Goal Line Stand is one that has a positive influence on college students. "Promoting designated drivers at a bar has a different and hopefully stronger effect on people than if it were on campus," added Dowens.

Katey McElroy, a senior psychology major, agrees that having the event at a bar is beneficial. "Most of the time people are going to need a ride home because they've been drinking, and having the event at the place where it actually happens just reiterates the fact that we need to be smart about our decisions," she said. "It's right in our faces - if you drink, you need a sober driver."

The HERO Campaign for Designated Drivers is a non-profit organization that reaches farther than just the University's campus. In the past few years, the University's Office of Substance Awareness has worked to promote this campaign on campus through efforts such as the HERO awards, collaborating with local high schools and sharing the stories of designated drivers in the area.

The organization was created in honor of John Elliot, a graduate "When someone makes the of the Naval Academy, who was killed in 2011 by a drunk driver

states.

The website explains, "The HERO Campaign for Designated Drivers seeks to end drunk driving tragedies nationwide by promoting the use of safe and sober designated drivers. Our goal is simple: to register one million designated drivers and make having a designated driver be as automatic as wearing a seatbelt."

The University's HERO Campaign group began in 2007. The Fall 2007.

students who join must comply with a lifestyle that includes driving sober, being a designated driver, and not letting friends drive drunk. The HERO Campaign committee on campus meets Wednesday's at 3:30 in the Student Center.

Suanne Schaad, Substance Awareness Coordinator, said she believes the group has made an impact on students drinking and driving since the group's start in

Schaad said, "It is hard to capture the exact number of students who have changed their behavior, but we are hopeful the messages we promote do make a difference." She added, "...we're seeing students being more mindful and aware of drunk driving and wanting designated drivers.'

"No one really thinks [a drunk driving accident] will happen to them, but you never know, which is why it's so important to be safe," McElroy said.

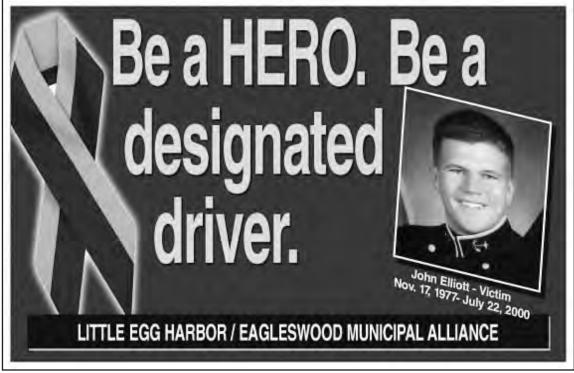


PHOTO TAKEN from herocampaign.org

John Elliot, a graduate of the Naval Academy, was killed in an accident involving a drunk driver in 2011. The honors that support with items or that was previously arrested on HERO Campaign was created in Elliot's honor.

LB Resident Crashes Into University Security Car

Crash cont. from pg. 1

to the scene of the accident, along with several West Long Branch police officers.

Cittadino temporarily lost consciousness, but was outside of the vehicle by the time police arrived, Mihlon said. He was administered medical treatment and taken to Jersey Shore Medical Center (JSMC) and not Monmouth Medical Center because JSMC is the regional trauma unit, according to Mihlon. Bebout did not sustain any injuries.

'The full extent of [Cittadino's] injuries has not yet been fully determined as Cittadino is still undergoing tests and treatment," McElrath said. However, he indicated that Cittadino has several bruises but does tence has the potential to be reduced not have any broken bones and is currently complaining of general

the University police force for about seven years. It is not yet known when into account during the sentencing cense suspension of seven to twelve he will be able to return to work.

Escape was taken to Artie's Towing in Long Branch.

The West Long Branch Police Department is currently conducting the investigation because the incident took place outside of campus borders. Mihlon said Patrolman Nicholas Ferrugiaro is leading the investigation.

Bebout was arrested and charged with driving while intoxicated and refusing to take a breath test, according to Mihlon. "I can't disclose too many details because we're still pretrial, but we got one breath sample from him, but he refused another breath test, so that constitutes a refusal," he said.

If Bebout is convicted, his senbecause he radioed into MUPD for help, according to John Comiskey, assistant professor of criminal jus-Cittadino has been a member of tice. "If [Bebout] is convicted, the The Dodge Charger is registered he called for help as a defense, but convicted.

to Bebout and was impounded. The rendering aid may help him with his sentence," Comiskey said.

Grey Dimenna, Vice President and General Counsel, said monetary recovery for the damage to the security vehicle would be handled by the University's insurance company, New Jersey Manufacturers. "The insurance company pursues getting reimbursed for any damages to the car...Plus, the officer, because he was on duty, would be covered under workman's compensation," Dimenna said.

Dimenna continued to say the General Counsel likely won't have a role in any of the proceedings. "However, the officer, theoretically if he wanted to, he could go after them for damages, though that would be up to him," he said.

Bebout was released on own recognizance to a family member the night of the accident and a court date has not been set yet, Mihlon judge would take all circumstances said. Each charge carries driver liphase. He couldn't use the fact that months and a fine of \$300 to \$500, if

Free Vegan Advocacy Presentation with Jon Camp

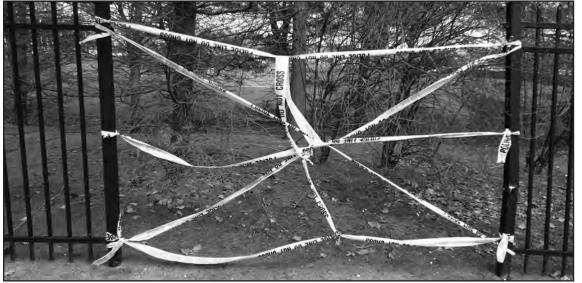
West Long Branch, NJ - The volunteers at the Monmouth Area Vegetarian Society (MAVS) arehosting a free vegan potluck followed by a presentation by Jon Camp from Vegan Outreach. Jon Camp is the Director of Outreach at Vegan Outreach, which is a nonprofit organization working to expose and end the cruelty of animals through the distribution of animal cruelty information. The event will take place in the Monmouth University Magill Commons Club Dining Room on Sunday, April 27 at 1 pm. The event is free and open to the public.

Camp is known for "leafleting" or handing out pamphlets about veganism and animal cruelty to college students; he recently handed out his millionth pamphlet. Camp has traveled to numerous colleges across America reaching close to one million students. During his vegan outreach discussion on April 27, Camp will explain why vegan advocacy has a large return on investment that saves many suffering animals per dollar donated.

Camp plans to discuss, "...why it's important that we focus our attention on the plight of farmed animals, the increasing receptivity that we're seeing in regards to vegan eating and farm animal issues, how to do outreach in a manner that's going to win hearts and mind, and effective vegan philanthropy."

Individuals who wish to attend the presentation and potluck are encouraged to contribute a vegan dish. Anyone interested in attending can RSVP by emailing Mary Harris at mcharris@monmouth.edu. To learn more about MAVS, please visit www.monmouth.edu/wellness/MAVS.asp.

The Monmouth Area Vegetarian Society (MAVS) is a non-profit, non-sectarian educational organization. MAVS promotes healthy lifestyle & diet options and compassionate living. The organization also provides numerous educational resources to inform the public about the advantages of vegetarian diets.



The broken fence between Kessler Field and the baseball field was crashed into after Francis Bebout, 32, collided into Safety Officer Michael Cittadino's car on Saturday, April 19 around 11:40 pm.

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A Love Letter to the University

THE OUTLOOK STAFF OPINION

Oh MU, let us count the ways that we absolutely love you. Each week The Outlook staff picks a topic we like to discuss for the editorial. The topic is usually something we would like to see changed or something we do not necessarily agree with.

For this issue, we decided to talk about what we love at the University. We like to give credit when credit is due. With this being said, the editors were asked to pick one thing we adored about the University. This is what we came up with.

1. Getting involved in departments outside of your major

Not every school would encourage students with specific majors to leave their department and branch out. The University wants us to discover what we like outside of our studies. There are several editors at The Outlook that are not communication majors and if they weren't able to branch out, the newspaper staff would be a lot less diverse.

2. The professors

The professors at the University are just so passionate about their field of study that it makes each class enjoyable. They even find time to attend events outside of class time which proves this even more. It also shows that students really do not have an excuse for not getting involved outside of the classroom. The professors' overall experience in their specific field is also admirable. Students know that they are learning skills from actual professionals, not just a person with a degree.

3. Workout facilities

Students and faculty are not just limited to using the machines at the Fitness Center to workout. They are able to use the pool in the Fitness Center, play basketball, run on the indoor or outdoor track, etc. We are appreciative that we are not limited to a few treadmills and ab machines. It's the little things, right?

4. The beach and the campus scenery

These are both usually obvious reasons as to why anyone loves the University. Really though, who could resist a school so close to the ocean? Or a school covered in not only gorgeous flowers that spell out MU but beautiful historical buildings that we actually have class in?

5. Small community feel

We appreciate that we are not just another number or another face in a giant lecture hall. Professors knowing us by first name and the small class sizes are nice and comforting. It makes us feel like we are part of a community only other students and faculty understand.

6. Willingness to expand

"As much as the execution is questionable, I love the fact [that] they [want to] grow and make more options available to their students,' said one editor. The construction is all worth it in the end.

7. The endless possibilities

Not only do we love that the beach is so close, but we love that there is so much to do outside of campus. Pier Village, the Monmouth Mall and West End are just a few places for people to go when they have free time. Some schools are located next to nothing, so we can appreciate not only the University but the surrounding areas as well.

8. Opportunities to travel

The University's study abroad program has a lot to offer with countries like Italy, England, Spain and Australia. However, students are able to travel through other programs and clubs. One editor that is a part of the debate team was able to travel to California with the club for a tournament they were competing in. There are many options through the University that students can

"The University is a home away from home for a lot of us. Every once in a while, we need to be appreciative of what we do have rather than complain about what we don't have."

take advantage of.

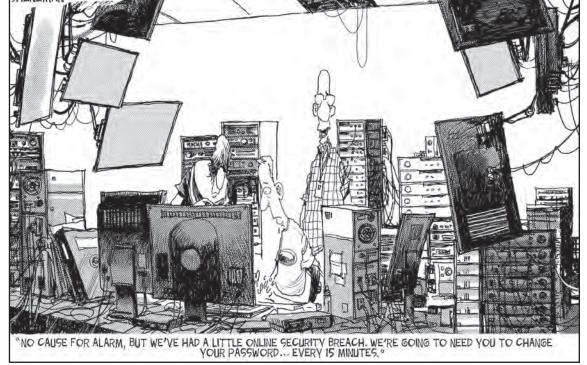
9. The friendly people

"Whether it is a professor, a student, an administrator, or someone on staff, everyone is so willing to offer a helping hand or to throw you a smile or a 'Hello,' said one editor.

10. The squirrels

Yes, this seems like a strange reason for us to put in here but the University would just not be the same without its crazy squirrels. "One time I was reading a book under a tree and a squirrel came by my feet and bit my shoelace," said one editor. "It was one of my favorite moments here; gosh, I love my four legged friends." The squirrels here cannot be found anywhere else and because of that, we love them.

The University is a home away from home for a lot of us. Every once in a while, we need to be appreciative of what we do have rather than complain about what we don't have. So MU, please know that *The* Outlook loves you.



HOW TO SUBMIT ARTICLES OR LETTERS

The Outlook provides the Monmouth University community with information concerning issues in and around the University while serving as a forum for expression of the ideas of its readers.

Contributions must be submitted (email outlook@monmouth.edu) by 12:00 p.m. Sundays to The Outlook office, 2nd floor, room 260, Plangere Center.

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Speak Up Against Violence

NATALI GRECO STAFF WRITER

Everyone has a voice, everyone has the ability to speak up, and absolutely everyone has the right to yell for help, but how many actually do either one?

Once upon a time, female abuse was in all types of media and headlines. It was an issue no one refused to be quiet about. However, as time has gone by, awareness on abuse against women has decreased.

When was the last time you heard about a domestic violence incident or read an article on trying to bring awareness to the

That's exactly my point. I would like to take a moment to remind us all of one of the major crimes that unfortunately takes place daily. The mere fact that we are blindfolded and cannot see it does not stop the abuse from occurring.

As I began to write this article, I was thinking to myself, "maybe the reason female abuse is not spoken or heard of as often anymore is because it does not happen as often," but as I did my research I quickly confirmed

According to the National Coalition against Domestic Violence (NCADV), one in four women will experience domestic violence in their lifetime. Can you imagine that?

I personally have three younger sisters, so we are a total of four women. Statistically, one of us is bound to experience domestic violence. When I think of it that way, I cannot help but request. freak out a bit.

our everyday lives, it hits harder and the crime no longer seems like such a stranger.

The National Coalition against Domestic Violence also reports that 85 percent of domestic violence victims are women.

That means women are the target of more than threefourths of all domestic violence cases ever reported (we can only imagine how much larger that number is if unreported

"The statistics on female abuse are in fact scary, but they are nowhere near as scary as reality."

cases were taken into consideration).

You might be thinking to yourself, 'how is it possible for statistics to be so shockingly high when you have never encountered anyone who has experienced any type of abuse?'

Reason for that is because most women will be embarrassed to speak up of such experiences and it most cases it will take years before they speak out.

Lucky for you, I know a marvelous young woman who openly offered her input without my

The abuse this young woman

When we relate statistics to experience caused a permanent damage on her perspective on life and those who surround her. She openly shared that the abuse "affected the way [she] thought about [herself] and men. [She] can hardly trust what other people say to [her]. It's like an everyday battle." Doesn't it astonish you how a single event can impact a per-

> My interviewee also admitted that, in agreement to what I previously mentioned, her abuse occurred at the age of eight and she did not speak out about it until she was 22, the first person she told being her mother.

son's entire life?

Like my interviewee, there is an uncountable amount of women in this world that experience different types of abuse. The statistics on female abuse are in fact scary, but they are nowhere near as scary as reality.

In reality, the number of women being abused daily is much larger. If you know anyone who is part of these statistics, do not be afraid to speak up.

When those who are being abused cannot speak, it is our job to have a voice for them. Want to help bring awareness of female abuse to others?

Join the Lovely Ladies of Lambda Theta Alpha Latin Sorority, Inc. Tau Chapter, 180 Turning Lives Around, Counseling and Psychological Services, Gender Studies, Office of Residential Life, and the Office of Student Activities on their Speak Out Speak Up event going on May 1 at the Rebecca Stafford Student Center Patio. Don't be another uncounted statistic, have your voice be heard.

The Shock Value of Cursing

ALISON GOERKE STAFF WRITER

If I was to begin this article with curse word after curse word, I'm not sure it would phase a lot of people. Cursing has almost become the norm on television shows, especially reality shows, and with that, it has become the norm in our society. Curse words are practically used as adjectives in today's vo-

Most people know where it is inappropriate to curse, but the lines have been blurred for the rest. People curse all the time, anywhere that they deem to be appropriate now. I'm not sure why this has happened, but in everyday settings, the shock value of cursing is basically

Even though reality television is all scripted, there is some reality in what people say on those shows. The dialogue between characters on reality television is one curse word after the next. From that, we are learning to see curse words being freely used, making cursing seem like it is the norm.

Not everyone curses, there are people that don't utter a curse ever.

Today people do not even bat an eyelash at someone having a sailor mouth. When people curse now in public and in general, no one really turns their head in disgust and shock anymore. For a lot of people certain curse words have become adjectives, verbs, and nouns all in one. They keep them at disposal for putting emphasis on any emotion.

At this point, curse words can help describe someone being angry, happy, sad, and excited. They can accompany any emotion someone is talking about and typically

I've heard people drop every curse word in the book and honestly, none of them surprise me anymore. Even the worst ones aren't even a big deal to say anymore in everyday conversations.

I think that's really sad. I curse too, I'm also at fault for making this the norm and I'm trying to stop. I've been cursing less lately and for a while I had to stop myself from cursing, but lately it's been much

It's not hard to stop cursing, and I'm probably not going to make an impact on other people, but now I probably won't drop a bad word in an inappropriate setting. It will be easier for me now to conduct myself like an adult in a work environment and other places that are inappropriate to use that language in.

Cursing is not an easy thing to stop doing, especially when most people drop them without even thinking. This is is exactly why the shock value is gone. It seems that the younger generations are cursing more and more, which is horrible for our future.

Back in the day if one was to curse in front of their parents. they would get a smacking. Today, I've heard people my age curse with thier own parents. That just crosses the line for me.

We can go back to what life used to be, when cursing wasn't the norm and people didn't do it on a daily basis. It's not too hard, but we should all try to stop cursing as much. If we remember that reason, maybe we can all curb our vocabulary for the better and stop cursing

A Letter to the Editor

I wanted to take the time to acknowledge the assistance of a group of "Good Samaritan" students who came to the assistance of a motorcyclist who was struck by an automobile last week. On April 17, 2014 at 8:07 PM, a motorcyclist had stopped at the red light just outside the entrance to the North campus. The vehicle behind the cyclist was unable to stop and struck the back of the motorcycle injuring the cyclist.

Upon hearing the crash, a group of MU students, some of them volunteer Emergency Medical Technicians (EMT's), immediately came to the aid of the injured party. They began to render first aid and secure the scene until the University Police, West Long Branch Police and First Aid responded and took over. The individuals involved were Bradley Rubin, Christopher Tappan and Andrew Ruckriegel.

As Chief of the University Police Department I naturally hear complaints whenever one of our students acts inappropriately. Sadly, we don't always hear of the many good things MU students are doing to positively impact the community, even though these positive actions occur far more often.

On behalf of the Monmouth University Police Department I would like to acknowledge and thank those students who selflessly came to the assistance of an injured motorcyclist. The individuals are a credit to their families and the University and best exemplify the spirit and service of our student population. Thanks again.

Sincerely,

William McElrath Chief of Police

The Struggles of Internships

ALYSSA GRAY

I hate internships. There I said it. That being said I have one.

It wasn't really a voluntary choice, unfortunately though, it has been drilled into everyone's head that goes to an institution of higher learning that interning will either make you or break you.

"You won't even stand a chance of getting a job without any internship experience," they say. "You'll be stuck at McDonalds with a bachelor's degree all because you just didn't take the time to get some field experience in your job," they hiss. Legend even has it that internships might even be more important than your college degree...just kidding. But the way that some people adamantly vouch for it makes me believe that it is.

It seems like a lot to ask full time students who have jobs, extracurricular activities, family responsibilities, papers, tests, allergies, romances, one night stands, a partridge and a pear tree to deal with, but somehow through the magic of the universe students are able to squeeze 120 hours of their time into completing an, often, unpaid internship.

That is unless you're a psychology major, then it's all just a mere 60 hours, or if you made the choice of criminal justice then it's a nice relaxing 80 hours.

Now I do not have anything bad to say about my current internship, in fact the people I work with, or rather for, are very nice and pleasant to be around.

However, I don't see why in eyes of the University, the job market and prospective employers, how

all, be all in foretelling my success in an entry-level position once I

Even more so, you cannot ignore the fact that interning is seen as the norm and required by most majors as an "EX ED" requirement in order to graduate.

I mean that is unless you decide to study abroad, but again you're going to be spending a lot of cash money just to satisfy a requirement which, in a very confusing turn of events, is a required course that is zero credits on your academic audit. Don't ask me why, I

Nonetheless, it does nothing to distract from the fact that I would often describe internships as torturous for the simple fact that students are being forced to do something they don't necessarily want

Even more so, forcing students to pay to for the thing they don't want to do and justifying it as a basic education requirement. A basic education requirement that the school isn't even providing.

It's like someone asking if you want chicken or fish, you say fish, they give you a bag of peanuts, charge you \$1,000 for it and tell you if you don't take it you've got to exit the plane mid-flight.

It is from all of this that I cannot help but think that forcing someone to pay to take a course to fulfill a zero credit requirement to intern, and all of that torture, is almost like a hazing process and "initiation" into the real world of careers, interviews, and bills, bills, bills.

While internships do teach you great networking skills and give you a glimpse into the job market

an internship should be the end that your specially selected major will allow you to dive into; they are also filled with exciting tasks of coffee runs, taking fun phone calls, verifying facts, stuffing envelopes, getting paper cuts, and making more coffee runs. All for free. They should probably call it community service instead.

Though, I guess what this really all boils down to is just the simple fact that nobody likes being told what to do, which is pretty com-

You come to college or go to a university and think that you are in control of your own future and will make the decisions that you see as fit to prepare you for the path

But here you are, paying uproarious amounts for an education just to be told what to do like you're in grade school all over again.

Ultimately, it makes you feel unequal to whoever is trying to direct and make commands of you. Frankly, it will finally result in utter resentment and just the plain feeling wanting to replace the artificial sugar in your coffee with something a little stronger to get you through the day. But maybe that's just me.

And that right there, ladies and gentlemen, is why internships are secretly, not so secret, stereotypical hazing platforms.

Yet, here you are not getting into a cool fraternity or sorority and receiving one of those fun lettermen jackets. You will receive a dent in your wallet and the barista at that coffee shop will be on a first name basis with you and will know how your supervisor's boss likes her

Hobby Lobby Case: Should Contraceptives Be Covered Under Health Insurance?

BRENDAN GREVES

Here we go again, yet another "Obamacare" controversy and another case of the federal government treating the Constitution like its toilet paper. On March 25, the Supreme Court heard its oral arguments from the owners of Hobby Lobby and the federal government. The issue is that the owners of Hobby Lobby are forced under the Obamacare mandate, to pay for contraceptives in their employees' health insurance. The mandate includes 20 forms of government approved contraceptives. The Green family is against covering four of those forms of contraceptives because they believe that they are similar to abortion, which is against their religious beliefs. Hobby Lobby's opposition argues that the company itself is violating the rights of its employees but that is not the case. In fact, the owners of Hobby Lobby's rights are the ones being infringed upon and here's why.

The first two clauses of the First Amendment state "Congress shall make no law respecting an establishment of religion, or prohibiting the free exercise thereof." Clearly this law violates the Free Exercise Clause. Hobby Lobby is a privately owned business which gives the owners the right to run it how they please, as long as it goes along with federal regulations. The Obamacare mandate is, of course, a federal regulation. However, the difference between this regulation and any other regulation like minimum wage, discrimination, or child labor laws is that none of these actually require anyone to go against their religious beliefs.

As for the Establishment Clause, the opposition argues that corporations cannot establish religion. However, the Establishment Clause means that Congress can't make a law respecting an established religion that all citizens must follow. It never says anything about banning companies from running their business according to their religious beliefs and values, because that would violate the Free Exercise Clause

Businesses run in ordinance with religious values all the time, and this does mean that they establish religion. Have you ever gotten Chic-fil-a on a Sunday? Well I promise you that you haven't because they are closed going clothes shopping in Ber- of a choice to me.

gen County on a Sunday, you are out of luck because most retail sale stores are closed because of the county's blue laws that give employees off on Sundays to ensure religious freedom. Actually, many stores are closed on Sundays everywhere for the same reason. Does this mean that all stores that are closed on Sundays force Christianity on their employees? No, of course not but many of their owners run them according to their religious beliefs.

Hobby Lobby is one of the many companies that operate this way. In addition to giving their employees Sundays off, the owners go beyond that to ensure that their managers only work five days a week and close at 8 pm to ensure that their employees have time to spend with their families. They provide anger management as well as financial planning classes. According to Becketfund.org, they also have increased pay for their part-time and full-time workers for four years in a row, and start their full time workers at 90 percent above the minimum wage. To me, this doesn't sound like their employee rights have been violated just because they refuse to cover certain forms of contraception.

The opposition has also brought up the concern of women's rights. I am also for women's rights but it is not a woman's right to take away religious freedom. Women already have the freedom to buy contraceptives without "Obamacare". If it is a woman's "personal choice" to do with her body as she pleases, then why would her employer be forced to cover that? People also leave out the fact that 77 percent of our country is Christian, which includes women who may also be against this law. To me, women's rights has very little to do with this case and it is definitely more important to ensure religious freedom than women's right to contraceptives.

Lastly, the law gives the company a choice of not providing health insurance which would result in paying a \$2,000 penalty for every employee. However, they want to pay health insurance for their employees. It could hurt Hobby Lobby if they suddenly decide to stop providing health insurance. They would have to make up for that by increasing their already high wages and by paying the penalty on top of that. So basically, Hobby Lobby's choice is to violate their religious beliefs or hurt their busion Sundays. Also, if you plan on ness. This doesn't seem like much KATIF MFYFR

As some of you may know (or may not know) the Supreme Court is hearing a case that could potentially give corporations the right to refuse some, or even all contraceptive services, on the basis that it is against their religious rights. When the Affordable Care Act (aka "Obamacare") went into effect, health insurance companies were required to cover all forms of birth control. As per the law, religious non-profits were exempted from having to provide birth control through their offered health care plans. The Hobby Lobby, a for profit organization, brought the case to court because the CEOs are conservative Christians, and they object to IUDs and the morning after pill, saying that they are forms of abortion because they prevent life from forming, according to NPR. The Supreme Court is expected to reach a decision in June.

Now that you have the facts, let me state my case. I severely hope that the Supreme Court will not find in favor of The Hobby Lobby. I am not saying this because I am a liberal: I am saving this because I am a woman, and I have rights too. The HIPPA (Human Information Privacy Protocols Act) laws state that I do not have to share any health information. My doctor cannot share any health information, unless I sign a waiver that says someone like my mother, father or sister can be informed, according to HHS.gov. What The Hobby Lobby case is asking for is for me to reveal private health information. My employer does not need to know whether or not I use any form of birth control. That information is between me, my doctor, and my significant other.

And let us talk about birth control. It is not just IUDs and the morning after pill. It is a pill that helps to relieve menstrual cramps, regulate cycles and hormones, and prevent or help ease acne. Sure, it also helps to prevent pregnancy, but it is not 100 percent effective. Other measures must be taken. And if corporations suddenly do not have to offer birth control through their health care plans, and if funds keep getting cut to Planned Parenthood, where a woman can get access to birth control, no questions asked, Dayton Daily News and NJ.com where exactly am I supposed to go for a pill that does more for me than just prevent pregnancy?

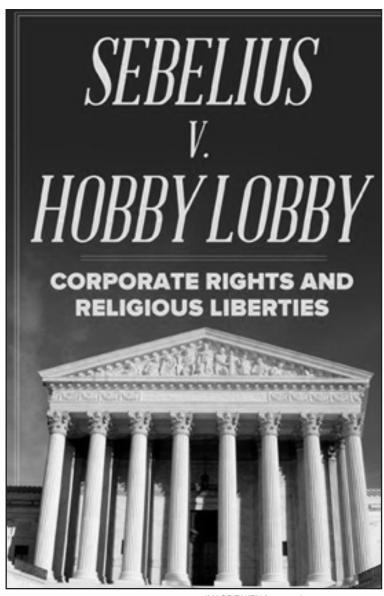


IMAGE TAKEN from roselawgroupreporter.com

The Hobby Lobby Case brings to question whether health insurance companies should be required to cover all forms of contraceptives.

The Hobby Lobby win, that men's health care will be cut? According to finweb.com, most health insurance companies will cover prescriptions for Viagra. Does this mean that employers will start asking men why they need this prescription? I mean, it is only fair that if I have to state why I need birth control, a man in the same position as me should have to defend why he needs Viagra.

I want to know where the line will be drawn. When will enough be enough? Why does religion have to be brought to the workplace? Whatever happened to the separation of church and state? What if I do not believe in a higher power (and I am not saying that I do not believe, just play along for argument's sake), can I get birth control through my company health insurance plan? Will an exception be made for me? According to reclaimdemocracy.org is it not bad enough that the Supreme And does this case mean, should Court decided that corporations just prevent pregnancy?

are "people" so they do not have to pay taxes, and can spend money on elections? Now they want to give corporations the right to religion too? What is next? The right to own weapons? In my opinion, corporations are not people and therefore do not deserve the right to freedom of religion. Corporations should be entities that provide jobs for people, and a product or service for society. That is all. Religion has nothing to do with that.

This case makes me nervous, and angry. I am a citizen of this country. I have rights. I have a college education. I am perfectly capable of working and providing for myself. Someday, I want a family. That day is not right now. What is so hard for some people to see women as equals to men? Why are women constantly being attacked? Why do I have to defend my right to a pill that does more for me than



IMAGE TAKEN from mediamatters.org

Monmouth University Poll Explains "Obamacare" and Its Impact on New Jersey

BRANDON JOHNSON

A poll from the Monmouth University Polling Institute found that 45 percent of New Jerseyans support the Affordable Care Act (ACA), while 49 percent oppose it. After compiling the data of 803 respondents between March 30 and April 1, the poll detailed the Garden State's response to essential questions dealing with the efficacy of both governmental figures, as well as the ACA itself

But what is the Affordable Care Act? According to the American Public Health Association the program is national health reform, which seeks to "expand [health] coverage to 25 million Americans by 2023." By providing increased coverage throughout the nation, the plan aims to rectify the high rate of uninsured Americans, of whom the Congressional Budget Office estimated there were 57 million in 2013.

Patrick Murray, Director of the Monmouth University Polling Institute, said that despite the statistics, New Jersey residents are still more confident about the ACA than residents from other states.

Murray said, "You have to keep in mind that New Jerseyans are a little more positive about Obamacare than the nation as a whole. They are just not as positive as they were before the enrollment period began in October." Much of the negativity towards the policy stemmed from the faulty launch of the ACA's website in October 2013.

Murray continued, "Glitches

with the website had a significant impact on public opinion." The defective implementation of the website essentially, as Murray said, "made a bad first impression, which can be damaging when the public doesn't have a solid base of experiences to go on

The poll also identified that New Jerseyans understood the crux of the legislation. When asked to identify the main portion of the policy, 73 percent New Jersey residents correctly answered that the law requires Americans to be insured or otherwise pay a

Despite New Jerseyan's general understanding of the law, the ACA is still largely theoretical. As the enrollment period ended March 30, 2014, the true force of the bill has yet to be felt. Kathy Maloney, Director of Monmouth University Health Services said, "The impact of the ACA will not be realized until several fiscal cycles have been completed."

Looking at the economic aspect of the ACA, the individual finances are extremely important. Since the policy requires most Americans to either pay for coverage or pay a tax, the policy takes no shortcuts in confronting individuals and their monetary situations. Maloney said, "The taxable component of the ACA allows citizens to weigh the cost of an insurance plan against the cost of the taxation penalty." She continued, "As the penalty amount increases, so does the incentive to enroll." Whereas the individual could formerly analyze opting into health coverage by consider-



PHOTO TAKEN from www.sodaheadd.com

On the health care reform battleground, Democrats and Republicans are struggling to see eye to eye.

physical condition, the American Care Act shifts the analysis to a cost-benefit comparison of one's financial standing, according to Maloney.

As reported by the New Yorker, young people are less likely to buy into the ACA as they tend to perceive themselves as (and typically are) healthier than much of society. So for young people, buying health care is less about individual wellbeing and more about the financial capability to purchase insurance.

In the eyes of students though, the ACA receives a mixed bag of reactions. Michael Hamilton, see that many people our age and

ing his or her own wellbeing and a junior political science major said, "I think healthcare should be left to the states because each state has its own individualistic needs. How do you account for all the micro-necessities unique to the states when it's a federal law?"

> Maria Pahountis, a senior health studies major offered another perspective, having extensive experience in the health services industry. "Working at a multi-specialty pain management facility for over six years I have seen extreme changes in the type of coverage patients have." She continued, "as a student I can

even into their late 20s are opting not to get health insurance because of its high costs." She believes that one major problem with the plan is the discrepancies between options available for different socioeconomic classes, with the ACA lacking assistance for the middle class.

Matt Lang, a junior political science major believes "The ACA was designed to help students." He said, "Now that college graduates are able to remain on their parent's insurance plans until they're 26, they can establish themselves in a desired career before having to worry about get-

Congresswoman Proposes Legislation to Toughen Laws Against Sexual Assult on College Campuses

TERESA WATABE

A California congresswomtroduce federal legislation to called an epidemic of sexual assault on college campuses.

In an appearance at the University of California at Berkeley this month, Rep. Jackie Speier, D-Hillsborough, said she would press for more aggressive action against sexual comprehensive data on the outcomes of cases.

She also said she would seek to require universities to interaddressing widespread concerns about inadequate investigations.

"The prevalence of sexual assault on campuses is an epidemic," Speier said in an interview. "It's going to take money, resources, enforcement and a dramatic change in the culture" to fix.

Speier met with media along with six UC Berkeley students who have filed complaints with the federal government against alleging a failure to adequately handle their cases.

Sofie Karasek, a junior study-

student leader she says sexually assaulted her during an offcampus trip in 2012.

But she said university ofan has announced plans to in-ficials never contacted her to take part in an investigation or toughen laws against what she to keep her posted on the progress of the case. She said she had to repeatedly reach out to officials for information and learned months later that the student leader had been put on disciplinary probation, given counseling and graduated early.

The U.S. Department of Eduassault with increased funding cation's Office of Civil Rights for federal investigators, an- is investigating the complaint nual campus surveys and more charging that Berkeley officials mishandled sexual assault cases, the Oakland Tribune reported April 18.

Karasek said she and other view students who file com- students were encouraged, howplaints of sexual misconduct, ever, by a meeting April 14 with UC Berkeley Chancellor Nicholas B. Dirks to convey their demands for stronger action.

> Among other things, the students asked that a certified rape crisis counselor be provided to victims, that education about assaults be expanded beyond a focus on alcohol and that fraternities and sororities be targeted for additional outreach.

"He gave us a chance to talk to him, which no administrator has ever done," Karasek said the university in the last year, of Dirks, "It was really quite a shock _ he was very polite."

Dirks could not be reached for comment, but UC Berkeley ing political economy, said she spokeswoman Claire Holmes filed a complaint against a said the university would con- ter, and we are committed to



PHOTO COURTESY of Tess La Fera

"The Vagina Monologues" was performed by University students earlier this year to promote education on sexual assult.

against sexual assault.

In recent months, officials have added two campus investigators, unveiled a sexual assault website, established a policy allowing students who report an assault to bring an advocate to hearings and appeal the outcomes, and are creating new positions to help victims through the process, among other actions.

"We know we can get bet-

tinue to strengthen its efforts improving in any way we can," Holmes said.

Speier said research suggests that one in five women is sexually assaulted on campuses but that nearly two-thirds of universities shirk their legal duty to address the cases. Yet, she said national momentum is growing to take stronger action against the problem.

The U.S. Department of Education has opened investigations nationwide, and the Obama administration has con- in the next month.

vened a federal task force to develop new approaches to combat sexual assault. Last month, the University of California announced new guidelines that require administrators to report more types of violence and harassment and provide more support to victims.

Speier said she would continue to seek input from victims and others about additional proposals for federal legislation, which she expects to introduce



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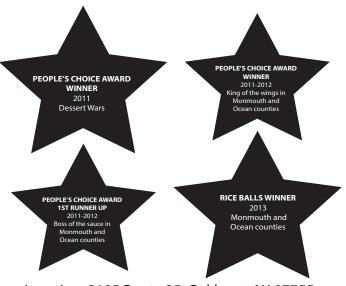
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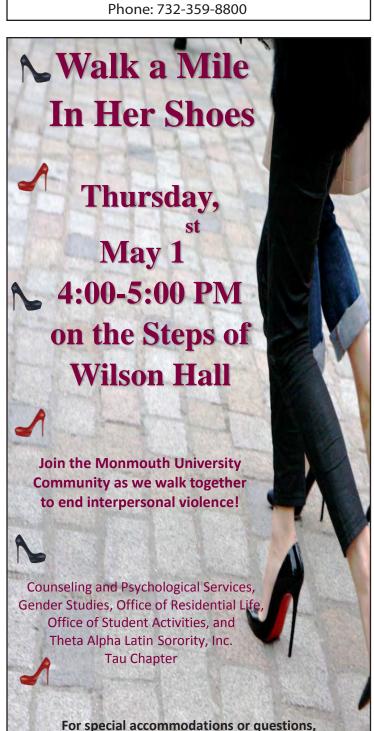
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Jon Camp

Director of Outreach for Vegan Outreach

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When:

Sunday, April 27th at 1:00 pm

Where:

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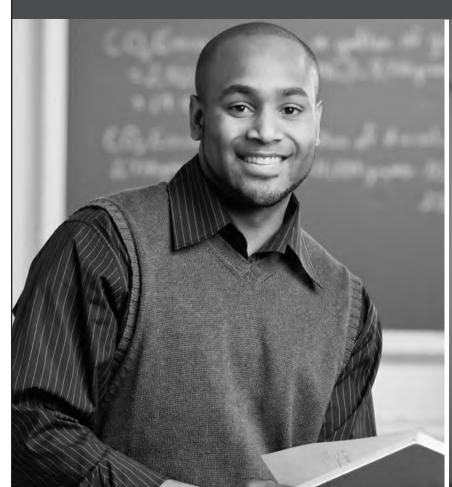
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THINK OUTSIDE THE MINI FRIDGE



TAYLOR KELLY LIFESTYLES EDITOR

We've all heard the stereotypes about "college foods." From late night Big Mac runs to Ramen noodles in your dorm room, these items become the staples of our four years as undergrads, as much as we try to deny it. By senior year, you may be so sick of canned soup and granola bars that you never want to see them again. But, these recipes will make you reconsider how you view the foods you once survived on.

A jar of peanut butter goes a long way. You can throw it under your desk and whip it out whenever you need a tasty topping on crackers, pretzels, celery, and pretty much anything else you can think of. However, the delicious spread can be used in many other ways than its conventional use.

tween your French toast and drizzle sweet breakfast treat. Slather it between bread, Nutella and bananas and fry it for a twist on grilled cheese. You can even use this concept in a quesadilla form using bananas or strawberries with peanut butter and chocolate.

For a more savory meal, incorporate peanut sauce into an Asian noodle dish or drizzle it on chicken

Ramen noodles don't only belong in the microwave. They may have

Unique Recipes That Utilize Typical "College" Foods

sessions, but now you can see them in a whole new light as hamburger buns. Cook the noodles without the seasoning, drain them, and break them up into four sections. Place them in lightly greased ramekins to mold them and refrigerate. When ready, take the patties out and fry them to a golden brown. Then, place your burger in between and add any desired toppings.

The Ramen noodle bun will serve as a crispy and crunchy version of the snack you have probably eaten from the styrofoam cup. You can also cook the noodles and mix them with flour, vegetables, seasoning packet, and beaten eggs. Take scoops of the mixture and place them in a pan with oil to fry up noodle pancakes. This can be served with peanut or soy sauce for extra flavor.

Britt Hendrickson, a senior an-Spread the smooth stuff in be-thropology education major, said, "I didn't even know Ramen noodle it with chocolate for the ultimate buns were a thing. It sounds very in-

> Canned soup has many possibilities past the bowl. For a Mexican casserole mix shredded chicken with Campbell's Cream of Chicken soup, sour cream, tomatoes, beans, and taco seasoning. Layer a casserole dish with the mix and place crushed tortilla chips and cheddar cheese on top. Bake in the oven for 30 minutes covered and 10 minutes uncovered to create a quick and tasty dinner.

You can even make the popular

help of Campbell's Cream of Chicken soup. Just mix the soup with white wine, shredded Swiss cheese, and cooked ham to create a sauce for chicken breasts.

We have all eaten cereal straight from the box, but there are better options. Layer your favorite cereal with yogurt and fruit for an instant breakfast parfait. You can also use pudding for a quick dessert.

Speaking of pudding, many of us have probably eaten the prepackaged containers when we were in the mood for something sweet. However, a healthier option of the classic treat is easy to make.

SC 100 Coordinator Merrily Ervin teaches a cooking class at the University. She said, "I like to use tofu, instead of milk thickened with starch, to make chocolate pudding. This is quick and easy, no cooking involved. Just combine a pound of tofu, 3/4 cup sugar and 8 ounces of melted semi-sweet or bitter-sweet chocolate in a blender. Blend until smooth, pour into serving cups and chill for a couple of hours. You can add other flavorings such as cinnamon, cayenne, vanilla, even a ba-

Who knew pizza could be made from cereal? Use crushed Rice Chex, sugar, brown sugar, peanut butter, vanilla and egg to make a firm mixture. Spread this on a pizza pan and bake for twelve minutes. Voila! You have a dessert pizza crust. Add

been your go-to for all night study Chicken Cordon Bleu dish with the marshmallows and bake for an additional five minutes. Then, add your favorites like chocolate chips and fruit and cut the creation into slices.

How many boxes of macaroni and cheese have you consumed in the past four years? It is a delicious and simple way to feel full, but it gets boring after a while. By adding a few ingredients, you can create a tastier dinner. Kraft suggests a Mac N' Cheese Pie that adds broccoli and ham to the meal. Boil the macaroni and mix in broccoli until both are cooked. In a bowl, beat four eggs and mix in the cheese sauce. Add the macaroni, broccoli and chopped ham to the mixture. Put all of the ingredients in a pie plate and top with additional cheddar cheese. Bake for 30 minutes, cut into slices, and serve for a twist to your favorite late night snack.

You may be sick of the foods you have eaten for years in college, but Ramen noodles, canned soup, and other go-to items can be used in a completely different way. With a little bit of creativity and a few added ingredients, you can make delicious meals that won't remind you of those late nights in the dorms at all.



IMAGE TAKEN from bettycrocker.com

Rice Chex can be used as a crust for a delicious dessert pizza.

THE COMMITTED PIG COMMITS TO GOOD EATS

Manasquan Restaurant Offers Unique Burgers and Breakfast Options

EMILY SHAPIRO

Who needs to be in a committed relationship when you can be committed to the next best thing; food? The Committed Pig, located in Manasquan, NJ, will make you wonder how you ever ate a hamburger somewhere else. A little over 30 minutes away from campus, the drive will most definitely be worth it.

criminal justice major, is always willing to travel the distance for some great food. "I

between the hours of 10 am and 3 pm, and reopens from 5 pm to 8:30 pm. On Fridays you can soup is another option when enjoy your meal until 9 pm.

When the weekend hits, the burger and pancake house opens Saturday and Sunday from 8 am straight until 9 pm on Saturdays and 8 pm on Sundays. With hours like these, there is plenty of time for you to make your way over to the small, yet charming restaurant.

Tonya Lee, an adjunct Art and Design professor, has this ing both brunch and dinner. restaurant on her favorites list. Committed Pig a couple of times, they are one of my favorite places in the area."

If you choose to go to The Committed Pig during their be full for the rest of the day. With options ranging from pork

able mouthwatering burger, sian dressing. you might need to unbutton your pants just to keep eating. Start your morning off with the cookie dough pancakes that consist of chocolate chip cookie-infused pancakes served with a side of bacon.

Maybe you're feeling a little toasty. Try the French toast with pecan toffee chips, and of course served with a side of bacon. While some people go to brunch for the breakfast, there Cynthia Estime, a senior are many who show up for the

The Committed Pig may sound like it only has food for love food and as long as it's those who eat meat, but right not too long," she said "I would on their brunch menu you can travel a long distance to try find a section filled with salads. The avocado salad has a blend The restaurant is open Mon- of mixed greens, tortilla chips, day through Friday for brunch tomatoes, onions, avocado, and a lime vinaigrette.

Grilled cheese with tomato you are not in the mood for a burger. But, these are not your typical grilled cheese sandwiches. The Fig-N-Brie tops bread with brie cheese and fig preserves. The People's Grilled Cheese is filled with fontina, gruyere, white cheddar, chicken, and avocado.

All of the burgers at The Committed Pig are offered dur-

When you don't make it to the She said, "I have eaten at The restaurant on time for brunch, dinner has just as many options for you. With over 10 burger options, you wont even be able to choose where to start.

The General is as basic as you brunch hours, be prepared to can get with American cheese on a potato bun. The Lilly-Dilly takes the same concept and

The Jersey Shore boasts melted blue cheese, avocado, and buffalo sauce, spicy enough to remind you of hot days at the

If you need to add more spice to your life, the jalapeno popper burger is perfect for you. With cheddar jack cheese, tempura jalapenos and cream cheese, your mouth will be on fire and will thank you for it.

Still in the mood for breakfast even though it's the afternoon? The Good Morning burger has pork roll, egg and Gruyere on top of a meat patty.

One customer favorite is the Steer Herder. Onion strings, cheddar jack cheese, and barbe- willing to wait fifteen minutes. mitted here.

cue sauce will have you asking for extra napkins all throughout the meal. Messy sometimes isn't a bad thing, especially in this case.

Each burger comes with choice of fries, waffle fries, sweet potato fries, or a side salad. And unlike many other places, The Committed Pig won't tack on extra charges for the side you choose.

Although the restaurant is known for its burgers, that doesn't mean you can't enjoy a classic entree. The menu offers options like meatloaf, macaroni and cheese, and spaghetti and meatballs. A chicken pot-pie is also made to order if you are

If you are fortunate enough to save room for dessert, brace yourself. With only a few sweet options, it still is not easy to choose which one to get. The Oreos, which are dipped in red velvet cake batter and fried to perfection, are a unique and tasty delight.

Kate Milazzo, a sophomore communication major, said, 'Fried Oreos in red velvet cake batter sounds like heaven on earth."

Whether you head over to The Committed Pig for brunch, dinner, or dessert, you are always promised a delicious plate of food to be placed in front of you. No wonder the pig is com-



IMAGE TAKEN from smallchicksbigdeals.com

roll and cheese, to an unbeliev- adds fried pickle chips and Rus- The Brie Burger has creamy brie, bacon, and fig preserves, shown here with sweet potato fries.







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Springfest Artist Sammy Adams

AMANDA KAPLAN CONTRIBUTING WRITER

On March 4, 2010, Boston's own Sammy Adams released his first ever album entitled "Boston's Boy." Nobody really knew who he was or where he came from. But he has come a long way collaborating with Mike college students prefer his sec-Posner and Pharrell Williams ond big hit, "Tab Open," about and will be performing here at the college life. the University on Sunday, May 4 at Springfest.

faking the numbers when the boy" but he raps harder than debut of "Boston's Boy" topped some of his competition. In look at him as someone they the iTunes hip-hop charts in 2010. No one believed this underground college singer could be that successful so quickly. He did produce the figures to show he wasn't lying and did not buy the records himself to get his album on the top of the charts. I think "haters" and critics are going to think twice about Adams now.

"Boston's Boy" shows Adam's skill as a pop-rapper. Any song on his album is good for driving around with the top down with your best friends in the summer time. His music and lyrics are very relatable to the younger generation as he sings about traveling, escaping the "haters," girls, relationships, and just being young.

"Driving Me Crazy," a single that Adams may be best known for, has a catchy dance beat and lyrics. You just want to sing along and have fun with your friends. While his songs are definitely hip-hop, they also can fit into the dance-pop category.

Drank" multiple times.

Adams is very straightforward in his songs, allowing for many young adults to relate to his music. He says that he knows who is buying his albums and recognizes his loyal college fan base. It's said many

Adams wants to be taken seriously as a rapper. He does come Adams had been accused of across as that geeky "white

com, "College kids don't want to hear about stuff they can't relate to...they want the truth," says Adams. "Chilling, hooking up with girls, getting hammered and waking up with a headache, these are things every college kid does every weekend." He connects with his fans and I definitely could feel that as I was listening to his music.

Just because some of his songs have that dance feel to it, I think both guys and girls can and are fans of his. Guys can

the party anthem "Swang Your 2010, Adams told popmatters. can be friends with and relate cluded "Blow Up," "Summerto exactly what he's singing about. Girls of course can relate as well but he is also pleasing to

Later in 2010, he created a deluxe version of his album with four extra tracks. These tracks include, "Still I Rise," "See Me Now," "Fly Jets Over Boston," and "Just Sayin." These songs fit right in with the others on his album.

Throughout 2011 and 2012, Adams released four promotional singles that were not on his album. These singles in-

itme," "Only One," and "All Night Longer." "Only One" was his first single to receive attention on mainstream radio. This song definitely makes you want to dance and rap the lyrics out loud. Adams lyrics are catchy and I think this was a perfect fit for a radio single.

The first single off his EP "Homecoming," (released November 15, 2013) titled "L.A. Story," features singer Mike Posner and was produced by OneRepublic's lead singer Ryan Tedder. This song became a hit and the video has over 2 million views on YouTube. The song is smooth, relaxed, and an easy listen.

His EP, "Homecoming" has six songs that debuted at number 45 on the Billboard 200. The EP was produced by RCA, a major record label, and allowed Adams to show he's back and ready to take the world by storm. The songs are easy to listen to, catchy, and relatable.

This EP was the start of the next step in his career. This year he will be releasing another full-length album with collaborations including Pharrell. He will also be going on tour and of course stopping here at the University along the way. His laid back, pop-rap style is definitely a good listen. I think college students especially, should give Adams a chance and see what he has to offer. Adams is one to watch. Adams stays true to himself through his music and wants his fans to never forget

See Adams perform on Shadow Lawn on May 4.



PHOTO TAKEN from fanart.tv

I found myself listening to the Sammy Adams is this year's Springfest performer. Adams is currently recording his debut album with Pharrell feel-good "Coast to Coast," and and can be heard on Enrique Iglesias' single, "Finally Found You."

BACK THE PAGES: SELF PUBLIS

There is a divide in the world we're not talking about the eand it has readers divided.

author skips having a pub- Holton said. ting self-published books in hurdle. Then the internet went and changed everything, as it seems to do so often.

their manuscript to a number of programs and have an ebook formatted and for sale in a matter of moments. They completely skip the traditional publishing process. The most famous self-published author is likely E.L. James, author of "50 Shades of Grey." Many authors have been jumping on the self-publishing bandwag-James (who was eventually picked up by Vintage Books, a subdivision of Random House), but have their hopes quickly taken away.

a choice he regrets. "Unless you're a marketing major, you'll likely find little to no success in of book publishing, and no, self-publishing because there's a huge stigma against it. Genreader debate. Self-publishing erally, such work (I found out is taking the internet by storm, after) is considered self-important, low quality, and not wor-Self-publishing is when an thy of traditional publishing,"

lisher and just prints their Holton won't even read books book themselves. This is a without some sort of traditional knows she didn't take an easy very expensive thing to do publisher. The English major path. Crosby said, "It's actuwith physical books, and get-said, "I don't read self-pub-ally a much tougher process, lished books because I've found actual stores is an even bigger this stereotype is often terribly true. If you're looking for quality books, stick to the stores and online, independent presses. Now authors can submit Any publication house is better than none.'

The problem is that many self-published authors put out books that are unedited, filled with grammar mistakes and generally not good. Of course, no one can generalize what is literally hundreds of thousands of ebooks.

Looking at Kindle's Top 100, not everyone shares Holton's on in hopes of being another opinion. It seems that romance novels are often topping the charts, and even self-published romance novels make it onto the list. At the time of printing, "The Fixed Series" by Laurelin Kevin Holton, a junior, has Paige held the third spot in Kinself-published mystery nov- dle's Top 100, sandwiched beels through Amazon's Kindle tween novels from "Divergent"

screen adaptation). Paige used the Kindle Direct Publishing Service to publish her romance

Tanya Anne Crosby is another romance author who found a lot of success with self-publishing. She actually left traditional publishers (where she became a New York Times bestseller) to publish independently, but she because I have to coordinate all aspects of it, but since no one cares more about this book than I do, I know it's going to get the proper treatment."

Crosby has a team of beta readers read her stories for content to make sure everything is consistent plus an editor and a proofreader. While she prefers publishing independently, she has had to learn many new aspects of the publishing world because she is essentially doing what a team of people does at a traditional publishing house, everything finding editors to marketing.

"It's tough to know where to put our marketing dollars, and we don't have the same avenues available to us as self-published authors that publishing houses do. That said, it's not guaranteed that the publishing houses will use it for each and every

Direct Publishing program. It's (the latest young adult book to author. It's up to their whim and there are no promises made," Crosby said.

Crosby occasionally takes out ads in publications focused on romance novels, and she is active on social media. She makes sure to interact with her fans via Facebook and Twitter. Crosby believes the connection she makes with audiences via social media is vital. She said, "I believe this is not only important, Creative Writing Club, said, but beneficial to me as an author because they are the ones I'm writing for. They can tell



"A Winter Sword" is an anthology of romantic novellas that is indepedently published.

like about my work, or don't like, and I can better write the kind of stories they want to read."

So far, though, the overwhelming acceptance of selfpublished authors seems to remain in the romance genre, while most fans of other genres seem torn over the debate. Matt Scala, founder of the "There are tons of conflicting opinions on self-publishing... I personally have read only one self-published book (my cousin's poetry). I think they are valid, but if anyone is looking to make some sort of profit that isn't really the way to go.'

Of course, most writers know this and (hopefully) get into the profession because they love writing, which Crosby cited as the most important aspect of self-published books. Crosby advised, "Be prepared to work harder, learn more, persevere, and edit, edit, edit! Aside from those things, write the books that fill your heart ... the ones you want to read. If you don't love your bound babies, no one else can love them either."

Crosby's latest ebook, a collaboration with two other writers, "A Winter Sword," was released on Amazon on April 21.

Annual Landau Exhibit Impresses Again

AMANDA KONTOR CONTRIBUTING WRITER

At the entrance to the "A Judgment of War" art exhibit in the library, a quote by the artist, Jacob Landau (whose selected works have been on display there since April 10) reads: "I am interested in art as advocacy of the human, as revelation of the tragic, as hope of transcendence."

With just 12 works in total, the exhibit may seem humble. But those 12 works by Jacob Landau, including his lithographs, wet pastels, and woodcuts, are all the exhibit needs to materialize the humanist artist's aforementioned quote. Works touching on human existence, the tragedy of war, and the hope of peace each wield a unique ability to deliver a powerful, thought-provoking punch in the world's history.

ages of the Holocaust (appropriate, considering Landau hailed in the exhibit for its large from a Jewish family), as well as Dante's circles of Hell. Most which stood in stark contrast of the lithographs and woodcuts to monochromatic pieces like with these themes are rendered in black, white, or grayscale, which complement the dark material and comment on the images, it is actually a vibrant

good, evil, and morality.

One such work is a lithograph titled "The Geography of Hell," from the Holocaust Suite of Jacob Landau. With overlapping clusters of bodies, haunting faces, and cavernous eyes, the artwork allows the

the Bible in which Jesus opens wields a gun, his word bubble four of seven seals on a scroll referring to a deceiving fascist in God's right hand, summon- enemy, Signor Barezzi: "There ing riders on white, red, black, is an old adage which says, and pale horses. These horses 'those who live by the sword... are said to symbolize conquest, will perish by the sword."

war, famine, and death, respec- The comic—more heartrend-"...the artistry and imagination of Jacob Landau" cannot only be a much-needed temporary break from writing papers...but also a thought-provoking journey that might permanently change your perspective on

viewer from the outside of the frame to look in on the chaotic scene and feel a kind of detached sorrow for the tortured, fearful subjects—the Jews during a terrible period

to the viewer.

A majority of the works in "A

Judgment of War" depict im
Horsemen of the Apocalypse," stood out most prominently size and wide range of colors, "The Geography of Hell." Although the pastel does not betray any overtly religious black, white, and gray areas of rendering of a story in the last

tively, and their riders are meant ing than amusing—evokes the to be the harbingers of the Last struggle of the common man

war, peace, existence, and morality."

The pastel channels the biblical story into its abstract conglomeration of overlapping horse heads, hooves, warrior heads, and swords, among other image outlines. This somewhat confusing mixture cleverly imitates the disorienting chaos of the event, and the apocalyptic theme challenges the viewer to take a look inside and reflect on their own morality.

"The Sniper" provides a change of pace from the more abstract works in the exhibit with its comic book design. The eponymous subject dons a from writing papers and pour-

against evil, especially that of the Jews during World War II.

With these three pieces alone, it is easy to see that there is a common thread of themes but different ways of materializing them. This is a testament to Landau's talent.

For this reason, if you have the opportunity to visit the exhibit while you are in the library, you should not pass it up. Surrendering your attentioneven if just for a moment—to the artistry and imagination of Jacob Landau cannot only be a much-needed temporary break

book of the New Testament of Robin Hood-like costume and ing over textbooks as finals loom on the horizon, but also a thought-provoking journey that might permanently change your perspective on war, peace, existence, and morality.

Of course, for some it may be challenging or tedious to explore the complex, heavy topics that Landau presents in his work. If this is the case, the variety of pieces at the exhibit are nice to look at if nothing else, and it is easy to absorb and enjoy the masterful technique behind the use of lines, symmetry, and colors in the artwork without investing too much thought or emotion.

With that being said, head over to "A Judgment of War" this week to make your own judgment of Landau's various works of art, before it's too late.

"A Judgment of War" is part of the Global Understanding Convention (GUC). Landau's work has been annually exhibited at the University as part of the GUC for the last five years. It is on display in the Library Seminar Room until Friday, April 25. To immerse yourself even further in the experience, you can participate in a docent tour by contacting Professor Susan Douglass for times. If you need any more convincing, it's completely free.

STREAMING SENSATION: TWITCH.TV

NEW SUBSCRIPTION SERVICE ALLOWS GAMERS TO STREAM EACH OTHER'S GAMES

PETER QUINTON STAFF WRITER

After enduring a long commute back and forth from school, Tommy Dietz, 21, a Rowan University senior and lifelong video game enthusiast, likes to unwind with a nice game of "Hearthstone: Heroes of Warcraft." What's strange about this, however, is that Dietz won't be playing the game himself, but watching someone else instead.

He's not alone, as millions of gamers around the world are putting down their controllers and logging on to Twitch.tv, a website which allows users to stream live video game content and commen- with the streamers while they play tary or watch and comment on makes you feel more connected other's video game streams, all than watching something pre-refree of charge.

"I watch Twitch somewhere normally," said Dietz, explaining how Twitch has become almost as big a part of his life as gaming has. "In a sense, Twitch has basically become TV for me."

Twitch.tv was created by Justin Kan and Emmett Shear and launched in June 2011 as a gaming-centric subsidiary of livestreaming website Justin.tv, which Kan and Shear also co-founded. According to Twitch's "About" page, the website currently garners more than 45 million visitors

Dietz first learned of Twitch in June of last year through another popular video-based website you may have heard of: YouTube. It was there that a number of online gaming personalities, such as Criken and TotalBiscuit (both of of thousands of views per video), began posting links to their Twitch streams, introducing Dietz to his

newest obsession.

"I remember the first thing I was a part of was a 'WoW' ("World of Warcraft") stream done by Criken where a good couple hundred people ran around the game trying to invade enemy cities," said Dietz, chuckling to himself. "It was goofy, but playing with someone you're a fan of, plus being a part of a big community working towards some goal, was really fun."

Though Dietz still follows many of his favorite gaming personalities on YouTube, Twitch, he argues, offers a more unique experience. "Communication is the best aspect by far," said Dietz. "The fact that you can chat and interact corded."

The types of streams Dietz between two to three hours a day mainly watches are known to gamers as "Let's Plays," where raw, often unedited gameplay footage is paired with the spontaneous, typically comedic commentary of the player as they play the game. Many of Dietz' favorite Twitch streamers, including TotalBiscuit and Criken, mostly stream "Let's

For Dietz, the entertainment he gets from these personalities stems not just from comedy, but insight as well. "I like to try to get a guided opinion of the games they are playing," said Dietz. "It's fun to learn something or see something from a different angle that you haven't seen before. Humor is fun too, but there is more than just jokes to the entertainment."

With this focus on the player's personality, the games themselves which regularly garner hundreds are rarely a draw for Dietz, especially since he is fully capable of playing them on his own. "I can

said Dietz.

Most Twitch users, however, would likely disagree with Dietz, as thousands of gamers log on to Twitch to watch people duke it out in their favorite online video games. According to the Official Twitch Blog, "League of Legends," a multiplayer online battle arena (MOBA) game, has consistently been the most viewed game the past year. This is largely due to frequent professional gaming tournaments, like the League of Legends Championship Series, which are often streamed on Twitch every weekend.

Amanda Kotz, 22, an avid "League of Legends" fan, has According to Dietz, it's all about been watching LCS tournament the "hub for gaming" Twitch usmatches on Twitch every week, ers create through streaming and it made in such a short amount accounting for most of what she chatting. watches on the site. "I follow a few 'League' players like Librizzi and RF Legendary, but I mostly watch for the gameplay," said Kotz. "It's so much fun watching the professionals go at it, and I can learn stuff, too."

Emilio Taillefer, 22, a Twitch user since it first launched, says that gamers not only use Twitch to watch their favorite games in action, but also games they don't have yet. Taillefer said that when you aren't sure if you're ready to drop 60 bucks on a new game say, for instance, the new "South Park" game – the best thing to do is to check out who's streaming it on Twitch to see if it's worth your

Those who have caught the Twitch virus typically don't just watch streams - they do their own, too. Dietz, for instance, began streaming games himself on Twitch back in Oct. 2013 as Honplay most games myself, so I don't eyCombSlim, and has since made

see the point in going out of my way to watch a particular game," it a weekly ritual to stream what-the strategy game "X-COM: En-ever game he fancy's to whomever emy Unknown." "Just interacting is interested.

Dietz's streams, which follow the "Let's Play" tradition, only average at about 10 or so views each, but internet stardom is hardly his motive for streaming, as he prefers his very small-yet-intimate following. "I'd just rather know I'm making a fan to communicate with rather than a bunch of people who I can't seem to get to cooperate," said Dietz. "But really, I will only do it as long as it's fun."

This, however, raises a big question: Why bother investing so much time and effort into streaming and watching streams when you can just play games yourself?

This feeling of connectivity, Dietz said, is at its strongest when he's engaging viewers in his streams, like when he was first able

with my viewers and trying to get people to laugh was incredible," said Dietz. "I don't know, you kind of get into a zone where you can just talk and play and have a good

But while millions of gamers are connecting with one another through Twitch today, how long will it be until tomorrow's nextbig-thing comes along to make Twitch obsolete? According to Taillefer, a GameStop employee for six years, Twitch will keep growing not only with gamers, but with the gaming industry at well.

"I have no doubt in my mind with the way things are going now that Twitch will get bigger, especially considering the strides of time," said Taillefer. "Even the PlayStation 4 and the Xbox One allow you to stream gameplay to Twitch with just the press of a button and a few clicks of a mouse. to entertain viewers on his own It's undeniable to me that gamers when he streamed himself playing will be streaming for a long time."



PHOTO TAKEN from digitaltrends.com

Twitch is an online subscription service for gamers.

How to Heal Your Hangover: A Step-by-Step Guide

TAYLOR KELLY LIFESTYLES EDITOR

the bed. At least you're in a bed. You have to rub your eyes a few times before they actually open. You're still wearing the same shirt as last night! How could you do such a thing? There's your shoes, sprawled out across the floor along with your wallet. You reach for your phone. It's 10 am and you've got four missed calls, 10 texts, and five percent battery left. You always charge your phone before bed! What were you thinking? Oh wait, you weren't thinking. And then you realize that it's too early and your head is pounding to the beat of some techno song you ning? I'm not sure if Olympic heard last night. Yup, you definitely should have resisted that last Tequila Sunrise.

Probably one of the worst feelings in the world, a hangover can sometimes trump the common cold or stomach flu. It's not recognized as an illness, but it definitely should be. For anyone who has ever experienced the wrath of a hangover, you probably agree—it is miserable. There is arguably no cure for the monster either, but there are ways to make it go away faster (or at least make yourself feel like it will).

1. Drink Water

It's pretty obvious that you drank one too many cups of Moscato last night. You may have temporarily forgotten what water is, but find a by greasy foods as a hangover big glass of the H₂O quickly. cure, so use this as an excuse to And drink it quickly. Nothing feels better the morning you just went for a run anyway. after alcohol consumption than consuming a day's worth of water. And add ice. Water always tastes better on the rocks.

2. Go Back to Sleep

This may be the first time You wake up on the wrong side of you're being given advice to actually return to your bed. Take advantage of this opportunity. Hit the snooze button if you don't have anywhere to be. What would be better to avoid a hangover than a dream about Ryan Gosling asking you to dinner? It'll be disappointing when you wake up and realize your mind made that whole part up. But, at least you'll feel a little better about last night.

3. Go for a Run

Does anyone really like runathletes even enjoy the sport. But, it's beneficial. Besides clearing your mind, running helps you to burn calories and keep your heart healthy (there are no guarantees for your liver). If you work up a sweat, you will feel the beer escaping from your pores and you will feel like a new person. Plus, you'll be proud of yourself when you've finished the mile.

4. Eat Carbs

Say goodbye to your no-carb diet for the day. Carbohydrate foods will allow your body to soak up all the alcohol lying around in there. Stock up on bread, whether it is in the form of a bagel or even a whole loaf of Italian. Many people swear pile that bagel with bacon. Hey,

5. Drink More

This is definitely not the smartest idea, nor the best way

However, it will ease the pain. Who doesn't love a good mimosa in the morning? It's or- en. Yet, you still feel horrible. ange juice! (And champagne...) Look to your good friend Advil Just know you've been warned, to turn your day around. It may this will only turn into another hangover later on when you're it's your best bet in curing the trying to do homework or watch reruns of "Friends."

6. Take Ibuprofen

This is the last straw. The

water bottle is empty. The run the one in your head, your stomis over. The Baconator is eattake a little while to kick in, but pain that comes along with a vicious hangover.

7. Depend on Time

Time heals all wounds. Even process all over again.

ach, and all over the rest of your body. Father Time is the only one who will assure your hangover is 100 percent cured. It'll also give you time to think about never drinking again, which will seem like the best idea ever. Until next Friday night when you're offered a free Mojito. At that point, refer to step one and repeat the dreadful



to try and cure your symptoms. There are many alleged ways to make your hangovers go away, but the ultimate cure is time.

Why Should I Study Abroad?

When and How to Take Advantage of the University's Travel Opportunities

WESLEY BROOKS STAFF WRITER

In today's society of ever-increasing competition, studying abroad is becoming a popular option. This helps students learn about other cultures as well as more about themselves.

communication major, had the actions, I ultimately learned pleasure to study in Australia about myself. Studying abroad and enjoyed every minute of allowed me to mature in way I learning about a new culture. didn't think I had to. I became "Living in Australia allowed me more independent, thought unlike the Monmouth Fall semesto see the world in a different about different aspects of life, ter, students are given a two week

light. I became more culturally considered new lifestyles, break between quarters as the logical Services, feels that the diverse, making friendships with people from all over the world, with completely different backgrounds than myself,' Morrison said.

Morrison added, "I learned about cultures and the many differences between those cul-Lexi Morrison, a sophomore tures, and through these inter-

thought deeply about my future, and overall became more wellrounded."

For Morrison, this changed her life and even way of thinking forever. The Australia program is offered in the Fall and Spring only which can be a major advantage for students as it allows them time to explore the country and transition into a new culture.

Morrison recommends this because it allows time for exploring, term started in the middle of July. "I also feel as though you don't truly begin to become part of a culture until well after six weeks. Those first weeks are the tourist weeks. Some may disagree, but I think you are still set in your American ways the first month you are abroad," said Morrison.

Morrison continued, "You may start adapting to their ways throughout those weeks, but you don't start living as a part of that culture until after the first month or two." This is often due to the culture shock of the transition one goes through when adjusting to a different country. While summer programs are an will never be forgotten for Moroption, they are often short lived rison. "The fall of 2013 will and do not allow enough time forever be one of the best times for exploration of the country as classes are condensed into a it was because of the people I

concentrated time frame. Morrison also encourages students to take advantage of their time away by exploring the host country and taking in all that they can. She also noted that class size was quite large compared to Monmouth. "I had lectures where there were 100 people or more in the class and attendance is not taken so it is just as important to know how to study effectively while abroad because the teaching style is often very different." While these grades are not recorded on the University transcript and are marked as transfer credits, graduate schools are likely to look at them heavily.

rector of Counseling and Psycho- tives in Bey Hall.

experience is very beneficial but is not necessarily advantageous when applying for a job. "It is a great experience for all, but it depends what type of job one applies for after graduation. This does not mean preference will be given either however students should consider this option when possible.'

Amanda Barnum, a junior social work major agreed. "It depends on what program you get into and the requirements for the job, but should be considered early if planning to go abroad."

This experience is very worthwhile and something that of my life and I truly believe traveled with, lived with, and met, that made the experience all it was," said Morrison.

Morrison added, "The Australia program is for the fall or spring semesters, a summer program is not offered. However, I think this is a wise decision. The summer sessions are only 4-6 weeks and I personally believe you cannot experience all of Australia and what is has to offer in that short period of time."

Students interested in studying abroad may want to attend a first step meeting to see which program is best. Check your student email for details or con-Tom McCarthy, Assistant Di-tact the Office for Global Initia-



PHOTO TAKEN from monmouth edu

The University's Study Abroad program allows students to travel to England, Spain, Australia and

Stress May Unlock Stem Cell Research

Imagine the anxiety and unease felt when you are undersituations. The discomfort experienced during those mois considered the complete opposite.

It is therefore incredibly surto stress can develop back into

of cell. This research has thus response to various stimuli. far been done on mouse spleen cells and has delivered positive to consider how well these

cells could allow for successful search, function very similarly life-saving regeneration treat- to human blood cells however, ments. These treatments would so there is plenty of hope for involve patients fixing damaged this work to prosper. areas of their bodies using their very own transformed cells.

method of transforming body keep the field of medicine so cells would allow for access to a exciting for me. It's amazing form of personalized medicine. to think that even things like This would involve individu- stress, which we believe to have al patients being able to have mostly negative effects, could treatment specific to each one lead to such life changing reof their health requirements, search. It will be interesting to and it would also eliminate see this research progress becomplications often faced by cause of all the beneficial contransplant patients whose bod- sequences it will entail." ies sometimes reject or have difficulty accepting cells from regenerative medicine that is outside sources.

ogy professor, said, "With this more clinical lab science major, breakthrough, a simple treat- said, "Blood cells are so preva-

of promise. The two major benefits are that it may allow for easier treatment if a patients' own cells can be used, preventgoing any number of stressful ing the immune rejection that als would be able to grow their tant research such as this." would accompany using stem own tissues. Also, regenerated cells from another source. Also, ments is not generally thought it removes the ethical dilemma of as beneficial and if anything, of using embryos to derive stem cells. For these reasons, this is really important work.'

Although these consequences prising that progressing stem of this research breakthrough cell research has shown that all appear positive, it is imporsome normal cells subjected tant to consider the downside as well. The research has not been their embryonic or stem cell shown to have a high efficiency rate, meaning consistency prob-While normal body cells have lems in the cells' responses to specific functions in specific the stress conditions. These areas (such as liver cells, cardi- problems could have much to ac cells, or muscle cells), stem do with the extensive amount cells are unique in that they are of information still unknown able to become any other type about the behavior of cells in

Furthermore, it is necessary findings will work on human Such a transformations from cell species. Mice blood cells, somatic or body cells to stem which were used for this re-

Shayna O'Connor, a sophomore biology major, said, "Dis-Furthermore, a successful coveries like these are what

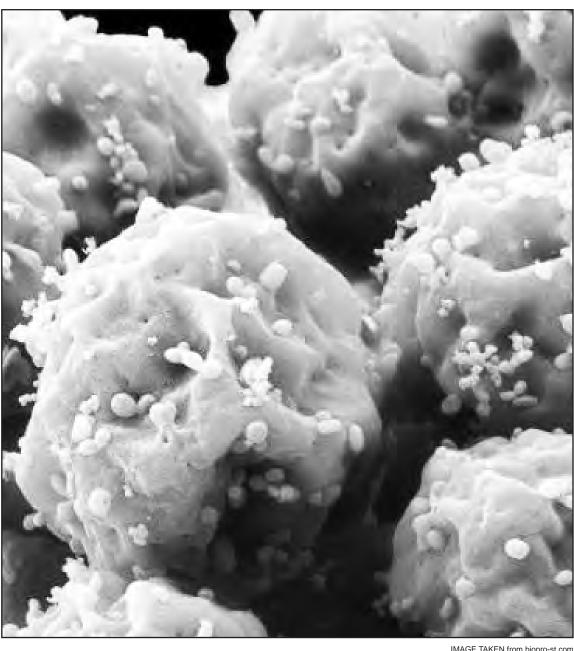
There is an entire world of waiting for research such as Dr. Dorothy Lobo, a biol- this. Kerianne Fuoco, a sopho-

possibly rid the need for organ transplants because individu-

lutionary concept. It could quite marginally cut costs for expenmoney could go towards impor-

Indeed, the probable conse- pable of.

become pluripotent. It has a lot be able to manipulate them into embryonic cells that allow us quences of this research, if it becoming stem cells is a revo- to create our own tissues would prevails, are astounding. As we apprehensively watch for sive surgeries and that saved where this research is heading, we must stop to appreciate the wonders that our bodies are ca-



ment can cause isolated cells to lent within our bodies that to **Research has shown** that normal body cells subjected to stress can revert back into their stem cell state.

Are Beats the Best Bang for Your Buck?

Beats cont. from pg. 1

higher price point on it just because of the name of it."

they believe make their headphones screws. They shaved 13 percent off Studio contains a 20-hour recharge-

offers several new features that they is that it is a very high price point. believe increase the efficiency of It is like any other brand; they put a the headphone. First and foremost, they addressed the overall feel of the headphone. According to beat-Beats electronics attempts to sbydre.com, "They streamlined the combat their competitor's prices by New Beats Studio with fast curves, ture of the headphone, the Studio incontinuing to add new features that smooth surfaces, and no visible

worth \$300. The new Beats Studio the original weight and gave it a able battery and a "visible Battery lighter, stronger and more comfortable headband. They created softer ear cups and an ergonomic bellow to create a flexible, custom fit for every head shape."

> In addition to the enhanced struccludes an increased battery life. The

Fuel Gauge" that enables the consumer to know exactly how much battery life is left. Along with these expansions, the headphone now automatically turns off after the cord is unplugged from a device, which further saves battery life.

The final addition to the Beats Studio is Adaptive Noise Canceling. Adaptive Noise Canceling essentially eliminates extraneous noises and allows the consumer to better concentrate on the content being played. outside. If you only want to use the headphone to cancel external noise, ANC only mode automatically increases the level of noise cancellation, for a quieter world," according to beatsbydre.com.

Although the additions to the Beats Studio have improved the headphones overall, there are other brands of headphones that offer more durability and similar features. "The way Beats are set up, if they are dropped, you will have small nicks and cracks that will make your headphone look awful," said Clarke.

While the Adaptive Noise Canceling is an impressive new feature, there are cheaper headphones that offer the same luxury. "I personally have the \$200 version of noise canceling for the Sol Republics," said Clarke, "whereas with the Beats it has to be powered noise cancelation, you do not have to power up the Sol Republics, it is just active noise can-

Despite agreeing that Beats headphones do not present the best value, Clarke and Nowack had differing opinions on which brand offers the best bargain. Clarke explained, "I would recommend either Sol Republics or Skull Candy because they are cheaper, more durable, and they offer better sound quality.'

"The best value for a headphone would be the Monster DNA," said Nowack. "You are paying \$100 less for the same quality."

Even though they are one of the "When you're listening to music, most expensive headphones on ANC (Adaptive Noise Canceling) the market, some people prefer the brand name and the sound quality tween your music and the world that Beats provide. Frank Trimarco, a health studies major, has owned a Beats headphone since its inception in 2008 and believes it is currently the best headphone on the market. "The Adaptive Noise Canceling is an effective feature that gives the headphone a new dimension. The brand and the quality of the sound are well worth the 300 dollars," said Trimarco.

> The choice of headphone is normally based on a consumer's preference but for people that are searching for a quality headphone at a reasonable price, Beats might not fit the criteria. "When it comes to a mid-range market for most teenagers that are looking for a regular headphone, you can get other headphones that will sound just as good," said Nowack. While it is a high caliber headphone that includes several enticing features, the Beats Studio may not offer the best value on the headphone mar-



IMAGE TAKEN from meltybuzz.fr

Beats by Dre are one of the most expensive headphones on the market, but consumers may be paying for a popular name rather than a quality product.



TRIP DETAILS

• WHO:

DEPARTMENT OF POLITICAL SCIENCE AND PRE-LAW CLUB

- *WHAT:
 - 10 DAY STUDY TOUR OF EUROPE
- WHERE:

LONDON, THE HAGUE, AMSTERDAM, BRUSSELS

- WHEN:
 - **JANUARY 2- JANUARY 12, 2015**
- WHY:

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Professor Greg Bordelon at bordelon@monmouth.edu

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WHERE LEADERS LOOK forward

^{*} Graduate students must take a minimum of six credits and must have earned a 3.0 or higher cumulative grade point average upon completion of their undergraduate degree.

Alpha Kappa Psi Gets Down to Business

ALYSHA ZIMMERMAN

Alpha Kappa Psi (AKPsi), the business fraternity, hosted their Second Annual Business Week April 15 - 17 consisting of five different professional events.

Tuesday night, McGill Commons was packed as the fraternity hosted a panel of six different University AKPsi alumni. The panelists spoke about their careers and gave advice to the audience on everything from the job search to what to expect brothers, once you land your first job.

"Don't be afraid to ask for help, and don't be afraid to offer help," alumni panelist Ray Slamb advised. The panelists also unanimously agreed that networking is the most significant thing a student can do in their search for a career.

Wednesday afternoon Young Auditorium with filled with brothers from AKPsi as they presented a check for \$2,085 to their philanthropy, Habitat for Humanity. These funds were raised through various events such as bake sales and AKPsi's Greek Feud, their large philanpopular game show that took place in March.

From working with Habitat, opportunity to help University Union Beach last fall as part of

devastated by Hurricane Sandy.

Raymond Gabler, a representative from Habitat for Humanity, explained his appreciation for the donation and stated how pleased he was to see young students work so hard to make a difference in the lives of others. He said that the Monmouth County Habitat for Humanity has helped over 80 families affected by Hurricane Sandy and it is only possible because of fundraising and donations.

Wednesday night, faculty, business councilmen, and students gath-In regards to the workplace, ered together to watch Dean of the Leon Hess Business School, Donald Moliver, become inducted as an honorary brother of Alpha Kappa Psi.

AKPsi Faculty Advisor William Gorman said, "This ceremony is testament to the positive relationship that the chapter has fostered and will continue to foster with the Business school on campus."

Moliver made a speech after the ritual and stated that he was grateful to be chosen to become an honorary brother. He hopes to help AKPsi brothers form a better relationship with the Unithropy event modeled after the versity's business council, as they have so many resources to help students.

Thursday night also consisted AKPsi brothers also had the of two events. First was a panel of Human Resource Specialists President Paul Brown rebuild in geared to help the student body learn more about the HR field. the Jimmy and Rosalynn Carter The University's Multicultural Project after the local town was and Professional Greek Council

cosponsored this event.

Following the panel discussion, a Ballroom Dancing class was hosted. This helped students familiarize themselves with different types of dance as well as allow for a fun, interactive event that is different from most held on campus.

Freshman AKPsi brother Liz Perkel attended Ballroom Dancing and was pleased with how it turned out. She said, "I liked that it was an activity that everyone could participate in." Perkel also enjoyed that she was able to bring with her a friend who is not a brother of AKPsi. "It was a bonding experience to learn together, especially since we had to dance with partners,' she said.

Lauren Cane, a senior and founding father of the University's AKPsi chapter, reflects on how proud she is to witness this year's Business Week. "I've had the privilege of seeing our fraternity grow. I am so happy that we got to hold our second annual Business Week, Cane said.

Cane is not only proud of the chapter's growth, but also the impact the chapter is having on University students. "It's important that we give back to the student body with what we strive for as future business professionals," Cane said.

concluded, Gorman thought Business Week this year went tremendously well and was so pleased with it. It truly shows what our fraternity

PHOTOS COURTESY of Graziella Ruffa

Donald Moliver (top), Dean of the Leon Hess Business School, became inducted as an honorary brother of Alpha Kappa Psi. Brothers of the fraternity (bottom) welcome Moliver to the brotherhood.

CLUB AND GREEK ANNOUNCEMENTS

Shadow PR Firm/ Public Relations Student Society of America (PRSSA) Chapter

"Alumni Day," the last meeting of the semester, will be on Wednesday, April 30 at 2:30 pm in Plangere Center room 234. Come to hear guest speakers Don Povia and Tiffany Miller, eat a lot of food, and refresh with some drinks. It is a great networking opportunity!

club Softball

We were just accepted into the NCSA (National Club Softball Association) Mid Atlantic North conference for their 2014 - 2015 season! This means we will play schools nearby, such as Rutgers, Rowan, SJU, TCNJ, Lafayette and others.

Dance Teams

Tryouts for the 2014-15 Dance Teams will be held on Saturday, May 10 beginning at 9:30 am in Boylan Gymnasium. For more information please contact Kristen as kisaksen@monmouth.edu.

LASO

LASO is hosting it's LAST Latin dance lesson of the semester! Tuesday, April 29 from 6:00 - 7:15 pm in Anacon.

Sociology club

The Sociology Club invites you to join them on the third annual Stratified Streets: A Visual Tour of Inequality trip to Seneca Falls, NY from Friday, April 25 - Saturday, April 26. Sign up in Bey Hall 241 by April 11. The cost is \$20 a person. For more information, contact Danielle Zabihialam, Club President, at s0919521@monmouth.edu.

WMCX

WMCX 88.9 FM is hosting "Major Butt Day" today in front of Plangere from 3 - 6 pm. Come out and see what all of the students are raving about. If you have any questions, contact Katherine Wight, General Manager of WMCX, at s0923491@ monmouth.edu. Hope to see you

Boom Roastea Productions

Want to hear songs from your favorite musicals? We will be having a cabaret tomorrow, April 24 in Woods Theater at 8 pm. See you there!

zeta tau Alpha

Zeta Tau Alpha is looking for male contestants for our Big Man on Campus event on April 30. If interested, contact Alexis Manzo at (609) 556-5237 or s0852941@monmouth.edu.

Sca Sharps ACapella Group

Sea Sharps will be having our Spring concert on May 3 at 8 pm in Woods Theater. We will have a couple guest groups joining us!

council for exceptional chilaren at Monmouth

Our seminar, "A Unique Experience for Aspiring Teachers," will be held today, April 23 at 30 pm in Young Auditorium in Bey Hall. All are welcome to come and learn more about the Special Education Field

catholic center

Catholic Mass is held at Withey Chapel at 12 pm Monday through Thursday. Tuesday and Thursday masses are in Latin. Catholic Mass is also held on Fridays at 11:30 am at Withey Chapel and Sunday Mass is held at the Catholic Center at 7 pm.

History and Anthropology club

The History and Anthropology Club will be having a career panel for History and Anthropology Majors in McGill Commons 109 on April 23rd from 6:00pm-8:00pm. There will also be a club meeting in HH109 at 2:30 the same day.

The Shadow PR Firm and PRSSA Host Alumni Day With Don Povia and Tiffany Miller

West Long Branch, NJ- Monmouth University Alum, Don Povia and Tiffany Miller, will be guest speakers for the University's Shadow PR Firm and Public Relations Student Society of America (PRSSA) Chapter's Alumni Day. The event will take place during the PRSSA meeting on Wednesday, April 30 at 2:30 pm in room 234 of Plangere Center.

Don Povia is Director of Sports and Entertainment for Carrot Creative, a social media agency in Brooklyn, NY, founder of the BWB digital sports media conference series, and founder and principal of HHR Media Group. Povia has developed a niche market working in sports public and media relations; through employing the skills and relationships he developed working as an online content producer, blogger and podcaster. With his expertise, Povia links traditional media and the social web for companies, brands and public figures. Povia has worked closely with top media outlets and brands including GQ, ESPN, SB Nation, Bloomberg Sports, T-Mobile, Google, and Pepsi Max. Povia graduated from Monmouth University in 2001, with a Bachelor's degree in interdisciplinary studies, with a focus in political science and history, and received his Master's degree in political management, from George Washington University,

Tiffany Miller, serves as account director for R&J Public Relations, and has been with the firm since 2006. In her position, Miller is responsible for strategic planning and program execution for clients of various industries including healthcare, real estate and non-profits. Miller serves as a member of the agency's Senior Management Committee, where she manages their account service teams, and assists in setting the agency's strategic direction. Miller graduated from Monmouth University in 2005, with a Bachelor's degree in communication, with a concentration in journalism and public relations.

For more information about the Alumni Day event, contact Laurel Weber, Vice President of PRSSA/COO Shadow PR Firm, at s0837442@monmouth.edu or Dr. Sheila McAllister, faculty advisor, at smcallis@monmouth.edu.

"It was wonderful to see fraternity and sorority members and their friends having a good time without liquor."

DOUGLAS STIVES Faculty Advisor for Alpha Sigma Tau



You got me Love Struck, Baby

HEATHER MUH STAFF WRITER

Alpha Sigma Tau (AST) hosted Love Struck, their annual Greek event, on Wednesday, April 17 at 10 pm in Anacon Hall. Approximately 200 students attended the event, helping to raise over \$1,500 for the sorority's national service project, Habitat for Humanity.

The premise of Love Struck was similar to a dating game show, where a bachelor or bachelorette had to pick a date without being able to see the other contestants. At the event, one bachelor and one bachelorette were set up with a group of five contestants that were hidden behind a curtain.

The bachelor or bachelorette were then able to ask the contestants multiple questions and eliminate whichever ones they didn't want, all without being able to see them. At the end of the "game," the bachelor and bachelorette were each left with one contestant who won a date with them.

The audience laughed along with the bachelor and bachelorette when they asked the contestants questions such as, "If you were a kitchen appliance which one would you be?" Or the clas-sic, "If you were trapped on a desert island and could only bring three things, what would they be?"

Love Struck lasted six rounds: three for the bachelor and three tants were eliminated after each round. The winners of the game were given a basket with popcorn, candy, and a gift card to the movies. Halfway through the event, there was a raffle drawing for door prizes, which included \$15 gift certificates to Scala's and Jr's.

Joseph Santini, a junior accounting major, was the bachelor of the night, who won a date with Kelly Chapman, a senior graphic design major. "I had a great time doing Love Struck,' said Santini. "I think the event went without a hitch. I was very happy to get matched up with Kelly Chapman, and I hope the other contestants had a good time as well.'

"I thought it was a lot fun," said Chapman. "The contestants were all really funny and had a good answer for everything. It's not only great entertainment for the audience, but for the contestants as well. We all were having a great time, and overall the event went really well and smoothly.'

When asked about her experience of winning the event, Chapman responded, "Winning was great! Santini was such a sweetheart and a gentleman. We got a bunch of candy and gift certificate to the movies."

The bachelorette of the night was Jen Stotle, who picked Kyle Hasslinger has her date.

ulty advisor, has attended Love tends to raise the most money.

for the bachelorette. Contes- Struck a number of times and said that the turnout this year was great and more than expected. "It was wonderful to see fraternity and sorority members and their friends having a good time without liquor," Stives said.

> According to Stives, the event is designed to share an hour of good-spirited fun with some friendly competition for the University community. "No one falls asleep at Love Struck," said Stives. "It is not like sitting through a dull class."

> Lena Suarez, a junior social work major and member of AST, was very pleased with the way the event turned out this year. "Our Event Chair, Jessica Stern, did a wonderful job getting the entire event together,' she said. "We were able to raise more money than last year and we would not have been able to carry out our event without the support of our fellow Greeks and Monmouth community as a whole. We thank everyone once again and look forward to our event next fall."

Suarez was proud of her sorority's efforts to help Habitat for Humanity. According to Alpha-SigmaTau.org, AST's official website, the sorority partnered with Habitat for Humanity in 2004. Since then, they have been working together to help people in need. AST hosts events in recognition of their national philanthropy each semester, but, ac-Douglas Stives, AST's fac- cording to Suarez, Love Struck

The panhellenic council celebrates 10 years of "mean girls"

HEATHER MUH

The University's Panhellenic Council hosted a "Mean Girls' movie night last Wednesday, April 16 for sorority members in honor of the movie's upcoming

10-year anniversary. At approximately Wednesday night, sorority girls flocked to Wilson Hall carrying

pillows, blankets, and snacks. On the bottom floor of the building, outside of the auditorium, there was a table and snacks set up for the girls to enjoy. Inside the auditorium there were rows of seats set up; however, many girls opted to set up their blankets and pil-

lows on the floor and watch the movie from there.

Panhellenic Council has been finding new ways to connect their members in light and fun activities to strengthen inter-organization bonds," said Jon Buchalski, Assistant Director of Student Activities for Fraternity and Sorority Life. "The event was a huge success with about 125 women with their pillows and blankets watching the very quotable movie. I was told by one of my students that her Twitter feed was filled with quotes from the sorority women all evening."

Buchalski said the brainstorming of the "Mean Girls" movie started with Fellowship Chair Carly Swanson, a junior communication major. "[We] decided that it would be fun to enjoy a cult

classic with the entire community,"

"Wilson auditorium was filled and everyone was quoting the movie and laughing together. I think these fellowship events are great for our Panhellenic commu-According to Swanson, the

"Mean Girls" movie night was a great way to promote Greek unity. It brought together girls from all different sorority chapters on campus to take part in something they all enjoyed.

"I loved the movie night and I think we should do it multiple times throughout the year," said Raven Lake, a junior secondary English education major. "It was so funny how we were all quoting the same lines, no matter what organization we were from.'

Ali Hart, a freshman education and anthropology major, was also very

thought that the movie night was such a good idea! 'Mean Girls' is one of my favorite movies, and I know everyone had fun watching it together and enjoying the snacks they provided for us.'

This was one of the first movie nights the Panhellenic Council has hosted, but considering its success, there might be more in the future. "I hope they (Panhellenic Council) do it again in the upcoming years because it was definitely worth going," said Hart.

"Mean Girls" was released on April 30, 2004. According to BoxOffice.com, the Mark S. Waters directed comedy made \$24,432,371 in the Box Office during opening weekend, and had a worldwide gross of \$129,042,871. The film is a huge hit due to the fact that SO

late to it, being that it represents every spectrum of the social popularity scale. It is movie that manages to be funny and teach messages about anti-bullying and self-acceptance at the same time.

"What girl doesn't like 'Mean Girls?" said Lake. "It is a movie our generation grew up loving and quoting.'

The University's Panhellenic Council's "Mean Girls" movie night was just one way that girls around the world will be honoring the anniversary of the movie. To celebrate the 10th anniversary of this beloved film, MTV is airing a "We Heart Mean Girls" weekend marathon from Saturday, April 22 to Sunday, April 23. The marathon will include screenings of the movie, as well as bonus clips

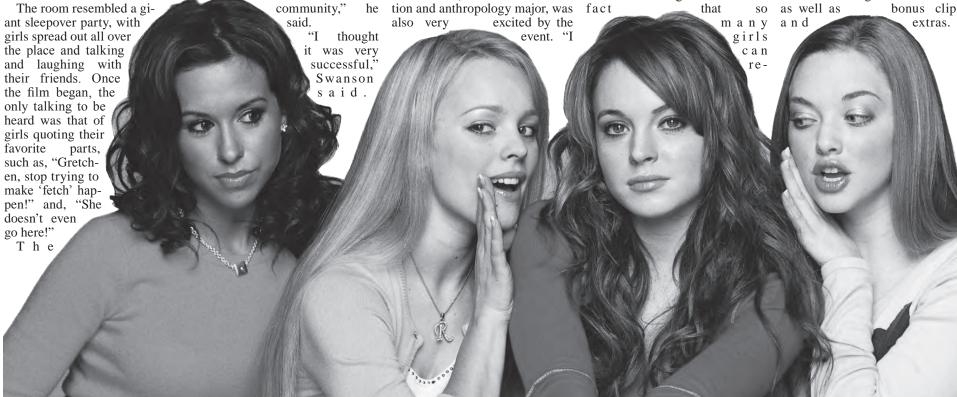


PHOTO TAKEN from drafthouse.com

"Mean Girls" is approaching its 10-year anniversary, so the Panhellenic Council decided to showcase this classic film in Wilson Hall last Wednesday, April 16.



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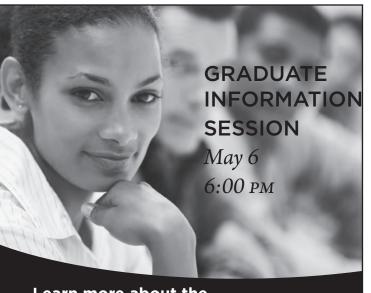
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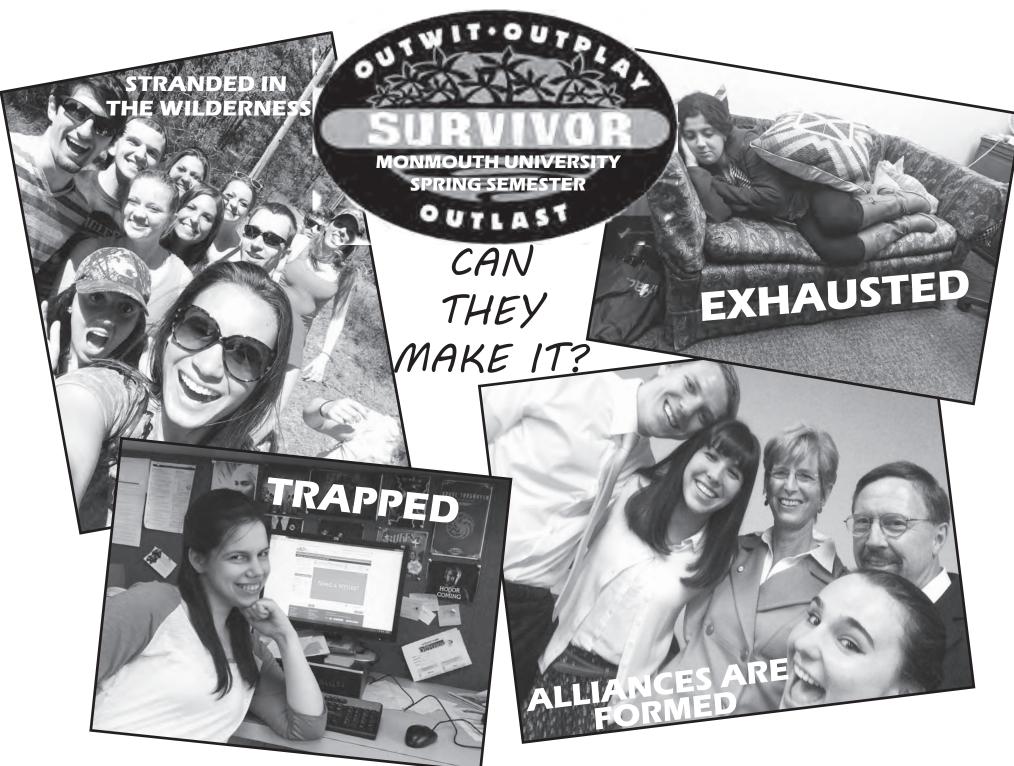
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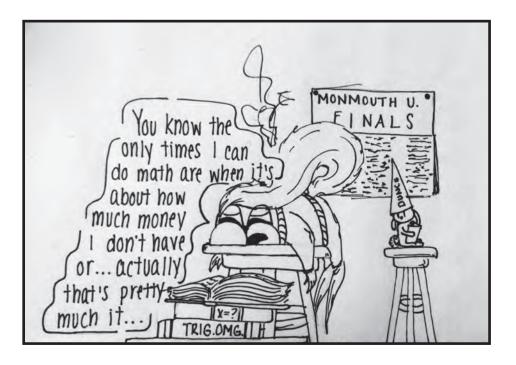


MOMENTSAT MONMOUTH



COMICS

"MISGUIDED UNDERSTANDINGS" BY ALYSSA GRAY



A SO-YOU-SAY COMIX #45

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A GROUP OF STUDENTS TAKE ADVANTAGE OF THE BEAUTIFUL SPRING WEATHER AND HAVE A GROUP PICTURE DONE WHILE ON A RECENT TRAIL HIKE. (PHOTO COURTESY OF NICOLE RUBINO)

BOTTOM LEFT:

SENIOR NICOLE MASSABROOK GETS READY FOR THE JOB MARKET AS SHE SHOWS OFF HER SNAPPY NEW BUSINESS CARDS. (PHOTO COURTESY OF ALYSSA GRAY)

TOP RIGHT:

JUNIOR MAGGIE ZELINKA CATCHES SOME ZZZ'S BEFORE GETTING BACK TO HER BUSY END-OF-THE-SEMESTER WORKLOAD. (PHOTO COURTESY OF ALYSSA GRAY)

BOTTOM RIGHT: STUDENTS JESSICA ROBERTS, MICHELLE GRUSHKO AND DAN ROMAN TAKE A QUICK SELFIE WITH PRESIDENT PAUL BROWN AND FORMER NEW JERSEY STATE GOVERNOR CHRISTINE TODD WHITMAN. (PHOTO COURTESY OF JESSICA ROBERTS)

**TOP CENTER LOGO TAKEN FROM CBS.COM

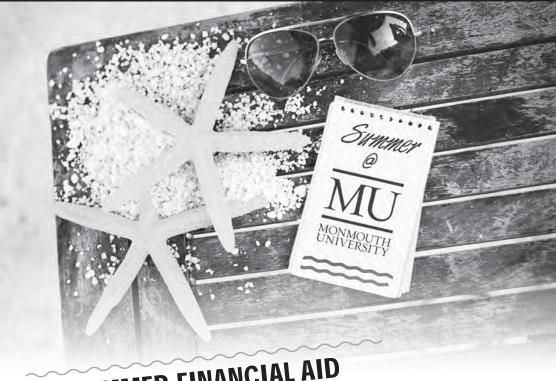
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Craig Sweeney: The Power Behind the Bat

CASEY WOLFE SENIOR EDITOR

Like many athletes, Craig Sweeney, an outfielder for the University's baseball team, has been playing the game since he could only hit the ball off of a tee. However, as a senior in his fourth season with the Hawks, Sweeney has far surpassed his little league level skills.

"I've played baseball ever since I was five years old when my dad got me into it and I just loved the game right away," said Sweeney. "Once I got to about middle school, that's when I knew I wanted to continue playing in college."

Dean Ehehalt, head coach of the University's baseball team, said that Sweeney's greatest strength is his offensive skills. He added that his experience as a ballplayer has contributed to not only his success, but the team's success. "He's a hungry player, a very good offensive player, an explosive player; He has the potential to be a game changer," Ehehalt said

Unlike many students, Sweeney did not have a difficult decision with choosing a college. Deciding to be a Hawk seemed like an obvious choice to him. From Middletown, NJ, he said that the location and the outfielder problems. close proximity of the University were ideal. Sweeney added that he was familiar with some of the players on the team before his freshman year as well. However, Sweeney said the ultimate reason he decided to play at MU was, "because they definitely gave me the best opportunity to play and they have a winning tradition here."

Sweeney's career thus far at the University can best described as a an upwards line.

RBI's in 28 games, 17 of which he started. In 2013, his average was .284 with 29 RBI's in 48 games, 47 of which he started. This season has produced Sweeney's highest batting average in his collegiate career thus far at .343 in 28 games, all of which he started.

Not only does he lead the team in batting average, but he also holds the number one spot in slugging percentage (.505), on base percentage (.409), RBI's (21), home runs (3), and total bases (50).

"We coach him in practice; he does what he's supposed to. He takes ownership in developing his skills and I just let him play in the game. We trust him in the game to do his thing," Ehehalt said of the outfielder's success and leadership.

With great talent and success comes great obstacles, and Sweeney has faced quite a few of them. Throughout his baseball career he has sustained about 10 injuries. Three or four of them required surgery. His senior year of high school was book shelved with injuries. In the beginning of the year, the outfielder hurt his shoulder and at the end of the year, he injured his foot. The latter injury required three surgeries and still continues to cause

"He's not 100 percent but he still works through it, never complains, just plays," said Ehehalt. "I think that's important as we move forward. It's a testament to him that he's been able to overcome some really bad injuries and contribute the way he does."

Like most college athletes, Sweeney's future in baseball is uncertain. While a player can work hard and play well, the ability to move forward with an athletic career after In 2012, he hit .288 with four graduation from college is out of



Outfielder Craig Sweeney leads MU with a .343 batting average.

their hands, according to Ehehalt. somebody selects them or not." "That's something that college kids don't control," he said. "That's under by the NCAA, only 9.7 percent of

According to a report released the control of someone else, whether collegiate baseball players become yet," Ehehalt concluded.

professional. This does not mean they make it to the 30 Major League Baseball teams, but instead, it means that they end up somewhere in the 30 teams' farm systems.

"As far as this year goes I would like to see him go out a winner, I would like to see him have a really good second half of the year and finish strong and be the best person he can be, and in a couple years, be the person that he's supposed to be based on what he's done up to this point," Ehehalt said of his outfielder.

What motivates Sweeney to finish the season strong is the game itself. He is driven by the desire to bring his team the most success possible.

"Whatever the situation is, if there is nobody on [base], nobody out, my goal is to get on base. If there are runners on base, my goal is to move them over or drive them in and play defense, keep the ball in front of me; get to every ball I can," explained Sweeney.

Ultimately, he strives to bring home a championship for the Hawks. "That would definitely be a proud moment," said Sweeney. "Individually I've had a couple of games obviously that were memorable, but I'd like to have a championship.'

While Sweeney plays his fourth season with the Hawks, Ehehalt said that he has seen much improvement, mentally and physically. He shows his dedication by playing every day, never making excuses for himself.

Though Sweeney has had some big moments on the field, Ehehalt has high hopes that the best of his career will be seen in the future. "Hopefully his most defining moment is yet to come. Hopefully we haven't seen his greatest moment

Baseball Loses Series to Fairfield, 6-7 MAAC Record

MAGGIE ZELINKA SPORTS EDITOR

After coming off a 10-0 win over Farleigh Dickinson on April 16, the baseball team lost their three game series to conference opponent, the Fairfield Stags, at Alumni Diamond in Fairfield, CT.

MU fell in the first game, 10-3, but initially held the upper hand after a three run first inning.

The first run was scored by freshman Grant Lamberton who, after hitting a double, was sent home by a double from Craig Sweeney. Senior Jake Gronsky was the next Hawk who crossed home, courtesy of senior Danny Avella who singled Gaetano's sacrifice fly to bring in Sweeney from third.

MU held this three run advantage

over the Stags until the fourth inning when Fairfield was able to plate two. Billy Zolga hit an RBI triple to center bringing home Jack Giannini from first and Rob LoPinto from

Fairfield evened the game at three in the fifth inning when Alex Witkus scored an unearned run on a passed ball.

One inning later, the Stags pulled ahead with a six run inning. Dean Sadik was the first to notch two RBI's, plating Giannini from third and Zolga from second, off his single to left field.

Head coach Dean Ehehalt then pulled starting pitcher senior Andy McGee from the mound and reup the middle. The final run of the placed him with southpaw sophoinning came off freshman Chris more Frank Trimarco. McGee's line ended at 5.1 innings pitched, with six earned runs on 10 hits. He was handed his fifth loss of the season.

ground out, but Ryan Plourde was able to make contact and singled down the left line to bring in Sadik and Sal Ciccone. Up next was Jake Salpietro, Fairfield's cleanup batter. Salpietro, who leads his team in batting with a .331 average, knocked one over the left field wall for a two run home run. Trimarco finished the inning by getting LoPinto to strike out swinging.

The Hawks had the bases loaded in the eighth inning but were unable to produce a run. The Stags secured their seven run lead in the eighth when Salpietro hit an RBI double to

The teams split the double header in day two of competition with the Stags winning the first game, 7-1, and the Hawks winning the second game, 2-0.

The Stags rattled junior right

Trimarco got his first opponent to hander TJ Hunt early on with a one three strikeouts. run first inning. Fairfield then furdue to Salpietro's triple to right cen-

> After an unsuccessful attempt to score in the second inning, Avella was able to put the blue and white on the board in the top of the fourth. Getting on base with a double to center, Avella then advanced to third on a wild pitch. Sophomore Connor White singled to plate Avella while junior Steve Wilgus grounded out to end the inning.

Unfortunately for the Hawks, Fairfield did not idly stand by, but instead tallied three more runs in the bottom of the fourth. The Stags final run came in the sixth as Sadik singled to right field to score Zolga.

With the loss, Hunt's record fell innings, six runs on eight hits, and the road.

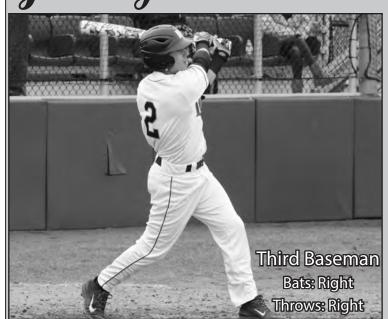
MU was able to win the series fithered their lead by two in the third nale behind the arm of junior right hander Chris McKenna.

McKenna threw seven frames in the shutout allowing five hits while striking out five. Senior southpaw Stephen Frey picked up his first save of the season. After Sunday's game, McKenna ranks as the University's top pitcher with a 3-3 record and a 2.62 ERA. Due to his performance, he was named College Sports Madness MAAC Player of the Week.

MU's two runs came in the first when Avella's double drove in Sweeney and in the seventh when senior Joe Bamford drew a walk to bring Lamberton home.

The Hawks' record stands at 11-20 (6-7). They will next play Lafayette on Wednesday, April 23 at Easton, to 3-5. He finished the day after four PA. The team has a 6-16 record on

Getting to know...



ROBBIE ALESSANDRINE

Favorite movie?	MLB team?	Role model?
300 (2007)	PHILADELPHIA PHILLIES	MY FATHER
Warm up song?	Guilty TV Pleasure?	Hometown?
GOIN' DOWN BY ACE HOOD	ANYTHING ON THE FOOD NETWORK	SEWELL, NJ
Celebrity crush?	Dream vacation?	Favorite food?
BLAKE LIVELY	ITALY	GENO'S CHEESESTEAKS
If you weren't playing baseball, what sport would you play?	If an actor played you in a film, who would it be?	If you could be a super hero, who would you be?
BASKETBALL	BRAD PITT	SPIDERMAN

Men's Lax: Winless

EDDIE ALLEGRETTO STAFF WRITER

The men's lacrosse team lost to visiting Marist College in a Metshowdown on Saturday, April 19 by a final score of 12-9.

With the loss, the blue and white fall to 0-12 overall with an 0-5 mark in the MAAC during their first season, while Marist improves to 4-8 overall including a 2-3 record in conference play.

freshman attacker Chris Daly who posted his first career four-goal game and totaled a season-high six points. Daly currently leads the Hawks with 14 goals and 22 points on the season.

For his efforts against Marist, Daly was named the MAAC Rookie of the Week.

The blue and white jumped out to an early 2-0 lead. With an unassisted goal at the 12:59 mark, Daly was the first Hawk to score the Hawks was scored by freshof a feed from freshman midfielder Eric Berger.

The Red Foxes answered right back with two goals from Joseph Radin to end the quarter with the score tied at two goals apiece. Marist scored the only goals of the second quarter as they took a 5-2 lead into the break.

The second half began like the first, with an unassisted goal by Daly just 57 seconds into the third quarter to cut the lead to 5-3. However, the Red Foxes responded with four straight goals to extend their lead to 9-3 with only 49 seconds remaining in the third period.

Daly scored his third goal of the game off of an assist from freshman midfielder Steve Murawski with 32 seconds left to cut the lead,

KYLE WALTER
ASSISTANT SPORTS EDITOR

past weekend against conference

rivals Saint Peter's Peacocks and

14-17 overall record, including a

The Hawks opened the week-

Alicia DeSanto was big for the

victories for the Hawks includ-

The first game was a pitchers'

duel as neither team was able to

push across a run through the

first four innings. After Under-

hill kept the game scoreless in

the top of the fifth, the blue and

white were finally able to break

through in the bottom half of the

inning and built a 2-0 lead head-

Schumacher got the rally start-

ed when she was hit by a pitch,

and two batters later sophomore

Nikki Sandelier singled to left to

give MU two base runners. Both

runners advanced into scoring

position on an MU groundout be-

fore DeSanto delivered a two-out

base hit to right to put the Hawks

"I was just going into that at-

bat thinking we haven't scored

yet, and really need these runs,"

said DeSanta about the hit. "The

pitcher was throwing me the same

ahead.

ing into the sixth frame.

ing a complete game shutout.

6-6 mark in MAAC play.

9-4. Although the Hawks, outscored the Red Foxes in the fourth quarter, 5-3, it was not enough to secure MU's first victory.

Junior attacker Ryan Schwartz ro Atlantic Athletic Conference started the offense's fourth quarter intensity with a goal at the 13:06 mark. The assist went to Berger. Junior midfielder and co-captain Zach Johannes scored an unassisted goal to cut MU's deficit back to 3 with the score being 9-6.

Marist's Colin Joka scored two goals and helped his club regain Leading the way for MU was a comfortable five goal lead with only 4:56 left in the game. A few seconds later, Daly found Johannes to cut the lead to 11-7.

The Hawks clawed back to be within four goals when Daly scored his fourth goal with 1:57 remaining. Freshman midfielder Tyler Keen accounted for the final goal of the game off an assist from Daly with 1:07 left to play, as the blue and white fell to Marist, 12-9.

"I am proud of the guys and the way they fought and competed in the contest. The next goal for right up until the end today," said MU head coach Brian Fisher. "We man midfielder Kevin Osback off played one of our more complete games to-date, but we had some stretches that were tough to overcome. We have to find ways to stop a team's momentum and prevent them from going on runs like that. But overall, we had great effort from our guys today."

> MU outshot Marist 41-37 in the game forcing Red Fox keeper Dave Scarcello to make 10 saves. Freshman goalie Nick Hreshko made five saves in the opening half for the Hawks, while junior net-minder Garrett Conaway made six stops in the final 30 minutes.

> The Hawks return to action on Saturday, April 26 when they host Detroit as part of their Senior Day. The game is scheduled to start at 1:00 pm and is the Hawks last home game in their inaugural season.

Men's Tennis No. 2

KYLE WALTER
ASSISTANT SPORTS EDITOR

The men's tennis team finished its regular season by defeating the Quinnipiac Bobcats 6-1 on Friday, April 18. With the win, the Hawks finished the year with a 15-7 overall record while going 6-1 in MAAC

MU began the day by winning two of the three doubles matches to earn the doubles competition point. Junior Victor Pugliese and freshman Christian Vieira earned an 8-4 win at the number one doubles spot to start the match, and the freshmen duo of Przemyslaw Filipek and Bee Kumthonkittikul sealed the doubles pull through and get the win."

and six spots from Marcinkowski, freshman Luke Adamus, and Vieira respectively. Marcinkowski won his sets 7-5, 6-2 while Adamus posted 6-3, 6-4 victories. Vieira capped it off with wins of 6-3, 7-5.

Kumthonkittikul had a bit tougher time at the number three spot after losing the first set 6-4, nonetheless, he battled back to take the second and third sets 6-4, 7-6.

Second year head coach Cory Hubbard was very pleased with his teams overall performance on the day. "I was worried our guys would come out flat after a tough loss to Marist," said Hubbard. "But the team stayed tough and were able to

"We need to recover and get reenergized this week leading up to the MAAC Championships."

CORY HUBBARD Head Coach

competition victory with an 8-1 win of their own at the number three spot. In the two slot, junior Freddy sophomore Marcinkowski and Ramy Bekhiet fell 8-6.

Pugliese continued his solid season at the number one spot in singles play and moved to 6-0 in conference matches, by beating QU's Kei Ezaka in a tough three set contest: 6-1, 4-6, and 7-6. The win was Pugliese's 13th straight on the season and moved him to 15-1 overall for the spring.

Filipek was the only Hawk to lose in singles competition for the match as he fell in straight sets at the num-

With the win, MU earned the second seed in the upcoming MAAC Championship tournament. The Hawks first match up in the Championships will be against the third seeded Niagara Purple Eagles who they defeated in a close contest earlier this April. The matchup will take place Saturday, April 26 and is set to begin at 10 am.

"It has been a long stretch of almost 15 matches in about 30 days," said Hubbard about the end of the season. "We need to recover and get reenergized this week leading up to the MAAC Championships. It will be a very competitive tournament, and we will have to play with more energy than we have all year. It's so exciting to be in this position to compete for a championship, and we are looking forward to the opportunity."

MAAC HONORS



The baseball team picked up two MAAC weekly awards officials announced on Tuesday.

Junior southpaw Jeff Singer was named the MAAC Pitcher of the Week for his seven perfect innings and five strikeouts against Farleigh Dickinson on Wednesday, April 16.

Freshman third baseman Grant Lamberton was named the MAAC Rookie of the Week. Lamberton's week included an average of .417, had two three-hit games, and committed no errors.



Softball players junior Kayleena Flores and freshman Sydney Underhill were both given

MAAC weekly honors. Flores was named MAAC Player of the Week as she hit for .500, had three doubles, two triples, eight RBI's and five runs scored over the week span.

Underhill was on the mound for all of MU's four wins during the week and in that week, she posted a 3.39 ERA and struck out 26 batters. She was named the MAAC Rookie of the Week.



Sophomore javelin thrower McLean Lipschutz was named the MAAC Track and

Field Performer of the Week for his accomplishments at the Greyhound Invitational. He out-threw the competition by 24 feet with a toss of 238'.



Freshman attackman Chris Daly was named the MAAC Rookie of the Week

for men's lacrosse. Daly had four goals in his season high six-point game against Marist. He leads the Hawks in goals and points.

UPCOMING GAMES

Wednesday, April 23 WLAX vs. Fairfield* W. Long Branch, NJ 3:00 pm

BSB at Lafayette Easton, PA 3:30 pm

W. Long Branch, NJ 3:30 pm

Thursday, April 24 TRCK at Penn Relays Philadelphia, PA 9:00 am

Friday, April 25 TRCK at Penn Relays Philadelphia, PA 9:00 am

GLF MAAC Championships Orlando, FLA TBA Lake Buena Vista, FLA TBA

TRCK at Lehigh Games Bethlehem, PA 3:00 pm

BSB vs. Temple W. Long Branch, NJ 3:00 pm

Saturday, April 26 TRCK at Penn Relays Philadelphia, PA 9:00 am

GLF MAAC Championships Orlando, FLA TBA Lake Buena Vista, FLA TBA

MTEN vs. Niagara Princeton, NJ 10:00 am MAAC Championships

SB at Niagara Niagara, NY 12:00 pm Double-header

MLAX vs. Detroit W. Long Branch, NJ 1:00 pm

WLAX at Marist* Poughkeepsie, NY 1:00 pm

BSB at Temple Ambler, PA 1:00 pm

*conference games

pitch all day, and I just jumped on it and it worked out that at-bat."

Saint Peter's put pressure on The University's softball team MU in the top half of the sixth by won three of their four games this loading the bases, but Underhill worked out of the jam to maintain the two run lead. The Hawks Quinnipiac Bobcats. With the added some insurance runs in weekend results, MU now has a their next at-bat when sophomore Raelynn Galindo came through with a two-run pinch hit single to increase the Hawk's lead to 4-0. Underhill then set the Peacocks end by sweeping a doubleheader against the Peacocks on Saturdown 1-2-3 in the seventh to seal day, April 19. Senior left fielder the Hawks' victory.

In the second game, both Hawks as she went 4-7 with five teams' bats seemed to wake up as RBIs total on the day. Freshman MU held on to win 7-6 in a high Sydney Underhill picked up both scoring contest.

The Hawks jumped out to an early lead when DeSanto delivered an RBI single to give the team a 1-0 lead in the first. MU didn't stop there, however, and the Hawks added two runs in the second and one more in the third to build a 4-0 advantage. DeSanto again played a big part in the scoring with a two RBI double in the second, and Galindo pushed across the fourth MU run by Senior first baseman Kaitie drawing a bases loaded walk in the third.

> Saint Peter's responded with a five run fourth inning to take their first lead of the day. The big blow came from the Peacock's Lee Harrison when she blasted a three-run homer that put Saint Peter's ahead 5-4.

> After going down quietly in the bottom of the fourth, the blue and white regained its lead in the fifth when sophomore Jill Freese showed her power, and blasted a two-run homerun that put MU back in front 6-5.

Once again, the Peacocks battled back when an MU error allowed Saint Peter's to push across another run and tie the game at 6.

Softball Goes 3-1 Over Weekend Stint

Unfortunately, for the Peacocks, MU wasted no time in jumping right back in front, and an RBI single from junior Kayleena Flores in the bottom half of the sixth gave the Hawks a 7-6 advantage that they would not relinguish.

MU did not have much time to celebrate as the team then had to travel to Quinnipiac to take on the Bobcats in another doubleheader just 24 hours later.

The quick turnaround did not ever, as they dominated OU in single to move the lead to 5-2 the first meeting, winning 14-4 in a game that was called after five innings because of the mercy

The blue and white jumped out to a commanding lead right away by scoring 10 runs in the top of the first highlighted by a Flores three run triple and freshman Rachel Shotzbarger's two RBI

With the score sitting at 10-0, the Hawks added to their lead in the fourth by plating four more runs including a two RBI single from Galindo.

QU managed to generate some offense with a four run rally in the bottom of the fifth, but they were unable to push across a fifth run to keep the game going.

The second game of the day began similarly to the first with the Hawks gaining a lead in the first inning. Freshman Justene Reyes got the scoring started for MU when she knocked in senior Shannon Fitzgerald with a two out single to give her team a 1-0 lead. Flores then increased the lead later in the inning with an RBI double to give the Hawks a 2-0 advantage.

Unlike the first contest, the Bobcats did not allow MU to gain any more momentum, and they answered with runs in the first and second to tie the game.

Both pitchers settled down in the third, but DeSanto once again come up big for the blue and white with a two run double in the fourth to put her team back in front, 4-2. She then played a part in extending MU's lead the next seem to bother the Hawks, how- inning as she scored on a Reyes

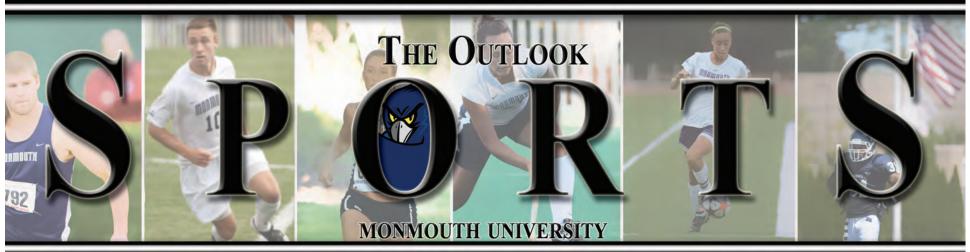
> The Hawks looked like the were well on their way to their fourth victory of the weekend as Underhill shut down the Bobcats in their next three at-bats, but gears changed in the bottom of the seventh inning. QU's Nikki Barba led off the inning with a homerun to cut the lead to two, and three more Bobcat hits resulted in three runs to give QU the 6-5 victory and a split of the doubleheader.

DeSanto went 3-6 with three RBI's and three runs on the day, and Flores chipped in with a 3-7 four RBI's effort.

Underhill was again MU's workhorse as she picked up both a win and a loss with just under ten innings pitched and three strikeouts total for both games.

MU next takes the field Wednesday, April 23 when they host the University of Pennsylvania Quakers. First pitch is set for 3:30 pm.

ber two spot with both sets ending The men were able to sweep the rest of singles play, including straight set wins at the number four, five,





The men's lacrosse team fell short in their comeback bid against Marist this past Saturday, April 19. Despite their 0-12 record, the team continues to show improvement and promise for the future as they finish their first year on the Division I level.