



THE OUTLOOK

MONMOUTH UNIVERSITY'S
STUDENT-RUN NEWSPAPER SINCE 1933

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UNIVERSITY
NEWSPAPER
OF THE YEAR

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University Announces First Doctoral Program in Nursing

LAUREN GARCIA
ASSISTANT NEWS EDITOR

Beginning during the summer of 2011, the University will offer its first doctoral program, the Doctor of Nursing Practice (DNP).

"Monmouth University is thrilled to offer its first doctoral program," said President Paul G. Gaffney II. "The DNP program will help to educate New Jersey's future leaders in nursing and nursing education."

The new doctoral program is a post master's degree that will address the complexities of healthcare systems. It seeks to ensure that future leaders in clinical settings will excel in the complex and rapidly evolving medical environment of

today. According to the brochure for the DNP, students "will synthesize and integrate their learning in professional practice where they can advocate for, and deliver, quality healthcare to diverse populations."

"We are proud to offer the DNP program," said Janet Mahoney, Dean of the School of Nursing and Health Studies. "This program will prepare nurses at the highest level of nursing practice to be leaders in applying research to practice."

The program was developed by the Doctor of Nursing Program in response to the new regulations set by the Commission of Collegiate Nursing Education (CCNE), the American Association of Colleges

for Nursing (AACN), and the recommendations outlined by the Institute of Medicine.

"The need for the DNP program grew from a decision by the AACN to change the current level of preparation necessary for advanced practice nurses from the master's degree to the doctoral level by 2015," Mahoney said.

The program has been designed to join the theoretical and practical work done both in and out of the classroom and will be a requirement for all those enrolled. According to the DNP brochure, "the current information age has cre-

Doctoral continued on pg. 3

SHU Assistant Named as New Women's Head Coach

DAN GUNDERMAN
ASSISTANT SPORTS EDITOR

BRETT BODNER
MANAGING EDITOR

With the surprising departure of Stephanie Gaitley on March 31, the University was forced to search for a new head coach. After weeks of pursuing, the Hawks named Seton Hall University Assistant Coach Jenny Palmateer as their new Head Coach for Women's Basketball on Wednesday.

"In another robust search, it seems we have found our clear cut match after over 50 applications, and we're ready to move forward with a new national class leader in Jennifer Palmateer," said Director of Athletics Marilyn McNeil.

Palmateer met with the team for the first time on Wednesday afternoon and was introduced to the public and the rest of the University

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PHOTO COURTESY OF MU Athletics
Palmateer was introduced at Wednesday's press conference.

Hawk Walk Raises Over \$38,000 for Students

COLIN SERGENT
STAFF WRITER

The University's Office of the Annual Fund is pleased to announce they have completed the first phase of the Hawk Walk Brick Campaign. The campaign has raised \$38,530 for the University and its students.

The money was awarded to the Student Government Association (SGA) and the Student Alumni Association at a presentation ceremony on March 30, 2011. Dr. Jeffery Mills, Vice President for University Advancement, presented two separate checks, each for \$19,265, to representatives of

each group.

"The Hawk Walk is a great opportunity for alumni and friends to have a permanent marker on the historic Monmouth campus, while supporting Monmouth students," said Dr. Mills.

With their share of the money raised, the Student Alumni Association will use \$15,000 to help establish an endowed scholarship. The Association will use the rest of their portion to directly support students.

SGA will also benefit the students with their share. The organization will be using a portion of their funds to create a monetary student award. In addition, they will use the remaining funds to support student life and enhance

extracurricular student activities on campus.

Current and future graduates are buying bricks and leaving their mark on the University campus. When asked if she would buy a brick after graduation, senior Telma Demaria said, "Yes, I would buy one. It would be a reminder of my hard work through the semesters and my dedication to my education, and I'd get to help my classmates, too."

The Hawk Walk is a way to honor and remember University alumni, graduating students, and friends. The bricks are

Bricks continued on pg. 4

Former Astronaut to Speak at 2011 Commencement

NICOLE FERA
STAFF WRITER



PHOTO COURTESY OF NASA.gov
Charles F. Bolden Jr. became a NASA Administrator in 2009.

This year marks the 78th Commencement Ceremony at the University, which will be held May 18 at PNC Bank Arts Center. This year, Monmouth is privileged to have the honorable Charles F. Bolden Jr. as the commencement speaker and recipient of an honorary degree.

Bolden is not only a former astronaut and member of the U.S. Astronaut Hall of Fame, but also a former Marine Corps Major General. After 34 years of service in the Marines, Bolden retired with prestigious honors, including the Defense Superior Service Medal and the Distinguished Flying Cross.

He also has extensive experience as a member of NASA and has been

in orbit on four missions and been the commander of two of them.

Commencement continued on pg. 3

Writer Discusses Japan Crisis

MEREDITH VIOLI
STAFF WRITER

The University welcomed Marie Mutsuki Mockett to talk about the crisis in Japan. Mockett is a published writer and recently wrote an op-ed piece for the *New York Times* about the Japan tragedy. Although the writer comes from the United States, she grew up speaking Japanese with her mother who is a native of the country.

Mockett has family in Japan, and she came to the University to discuss her most recent trip to the devastated country, as well as give an inside point-of-view on the feelings of the Japanese people.

"The mood in Japan is re-

ally very somber," Mockett said, "This is normally a really optimistic, beautiful time in Japan because it's springtime. This is when people start new jobs and the cherry blossoms start blooming."

Mockett talked a lot about the cherry blossom season; which is ironic because of what the cherry blossom has symbolized over the centuries. According to Japanese literature and history, the cherry blossom represents many aspects of humanity. During World War II, the cherry blossom was used as a motivational tool for the Japanese people. It was meant to increase nationalism and milita-

Japan continued on pg. 2

University Adds Interactive Media Minor

LAUREN GARCIA
ASSISTANT NEWS EDITOR

This fall, an Interactive Media minor will be offered to University students interested in working with the technical equipment and software being developed today, while building an understanding of this new media form and its technological advancements.

"The Minor in Interactive Media is open to any Monmouth

University student regardless of their major," Professor Andrew Demirjian, a specialist professor of Radio/TV and the Screen Studies minor coordinator, said. "There are very few academic disciplines that have not been radically altered by interactive media, so it was important to have this minor allow any student to deeply engage in the technical

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News

The MUPD is investigating theft of personal belongings from classrooms and offices.

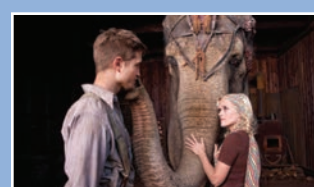
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Opinion

One student vents about the ongoing 2012 conspiracy theory.

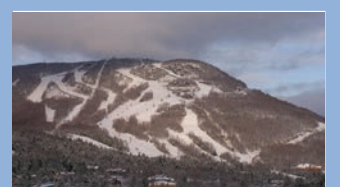
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Entertainment

Water for Elephants, starring Robert Pattinson and Reese Witherspoon, hit box offices Friday.

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Club & Greek

The Outdoors Club traveled to Hunter Mountain for their last trip of the academic year.

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MUPD Investigating Thefts and Flat Tires

COLIN SARGENT
STAFF WRITER

University Police are currently investigating cases of campus thefts and individuals finding nails in their tires. Sergeant Kenneth Kennedy e-mailed two safety alerts for University students and faculty.

In the case of the thefts, unoccupied offices and classrooms are being entered and personal items are being stolen. Chief of University Police, Bill McElrath, said there is nothing to worry about.

“There has been no big surge of these break-ins, just a few have taken place. The majority of crimes that happen here at Monmouth are what we call ‘crimes of opportunity.’ Someone leaves the door to their dorm room open, someone else walks by and sees, and walks in,” said McElrath.

Kennedy’s e-mail was sent as a reminder that the break-ins have occurred steadily in the past, to be sure all University employees and students are not leaving personal belongings unattended, and ask that all suspicious activity be reported. In the same e-mail, Kennedy stated that an arrest had been made, but McElrath was unable to release information other than that it was a student.

University Police have also received several reports from individuals who have found nails in the tires of their personal vehicles. The reports had come from those who had parked in lot 11. Patti Swannack, Vice President of Administrative Services, did not have

all the information, but stated, “To date we have not received any reports of nails in student’s tires, only employees.”

However, after the safety alert was sent out, University Police received more reports, including those from students. Kennedy is investigating these reports, but was unavailable for comment.

University Police are still unsure whether this is an act of intentionality, or just coincidence. McElrath went on to say, “After the e-mail was sent out, we received more reports of the nails. Some individuals found nails in the side of their tires, which led us to believe it was vandalism. But I know Corp. Layton and Sgt. Kennedy have gone so far as to reach out to places that change tires for information, and they told us it is possible for a nail to go in sideways if picked up on the road.”

The reports show that the nails were discovered on different dates throughout the last month. Police do not know if the nails were picked up in the parking lot, on a University road, or on roads off of campus. However, the common link remains to be parking Lot 11.

University Police are asking all students and employees to check their personal vehicles for any foreign objects in their tires. Report any suspicious behavior or persons, and notify the police if any nails or foreign objects are found in campus parking lots.

If you have any information, or would like to report an incident, contact the Monmouth University Police at 732-571-3472.

New York Times Reporter Speaks About Japan

Japan continued from pg. 1

rism within the population.

Additionally, Japanese pilots would paint cherry blossoms on the side of their planes, or carry a branch from the tree on board. According to Kerri Sakamoto, author of *One Hundred Million Hearts*, the painting of the blossoms on the side of the bomber “symbolized the intensity and ephemerality of life.” To be ephemeral is to be brief, fleeting, and short-lived. A common phrase often heard in a time of loss or disparity is “life is too short”, which is exactly what Sakamoto was saying.

However the most symbolic representation of all is the connection to life and death. Khoon Choy Lee wrote in his book, *Japan-Between Myth and Reality*, “The transience of the blossoms, the extreme beauty and quick death, has often been associated with mortality.”

It is purely coincidental that the cherry blossom season brought such tragedy and loss of life with it. Mockett witnessed this tragedy first-hand, although she was not able to travel to the areas with the greatest devastation since transportation was limited.

“I got off the plane and everyone was in black, like they were dressed for a funeral,” she said, “and you really could feel how in shock everybody is and how sad they are because it’s the sort of thing that has affected so many people.”

Mockett gave the audience the shocking numbers of people dead or missing. To date, there have been 14,238 confirmed deaths, and 12,228 people are still missing.

This earthquake was the strongest to hit Japan, and one of the top five earthquakes the world has ever experienced. The quake was followed by an unexpected tsunami that consisted of waves over 30 feet high.

“It was a very strange disaster because they drill people in Japan for earthquakes all the time,” said Mockett, “and there are warnings for tsunamis all the time and this was such a huge, huge disaster and it was hard to be prepared for it.”

Still, the death toll, missing people, and devastation are only some of the issues the country has to deal with. Right now the population has to worry about radiation poisoning. Mockett’s family is fully aware of the nuclear concerns.

“I talked to them while I was there, the last time I talked to them they said they finally had water, had electricity, and really the big worry for them right now is the radiation,” said Mockett.

The radiation level has been compared to the levels discovered after the nuclear disaster at Chernobyl, the Silver Anniversary of which passed yesterday.

Outside of the lecture in the University’s Anacon Hall, a table was set up with students selling folded origami paper cranes for a dollar each. All of the proceeds go directly to Japan relief efforts.

Heather Kelly, Assistant Director of Student Activities for Multicultural and Diversity Initiatives, as well as organizer of the event, buys a new crane every day.

“We’ve had tons of different student groups helping to fold the cranes as well as individual stu-

dents,” Kelly said, “and I think it’s a beautiful reminder and symbol of what the University is trying to do and how they’re hoping to make someone’s day a little bit better over in Japan after all the tragedy they’ve seen.

Mockett explained the significance of the origami to her audience.

Years ago, a Japanese girl, Sadako Sasaki, was diagnosed with leukemia, a direct result of the radiation from the atomic bombing in Hiroshima during World War II. Her wish was to fold one thousand paper cranes because, according to a Japanese saying, those who folded one thousand paper cranes were granted a wish. Her only wish was to live. She was able to fold 644 cranes before her death. Her friends completed the remaining 356 cranes and buried them with her.

Since Sasaki’s story, the origami crane has become a symbol of hope and world peace, which is exactly what the University is trying to invest in Japan.

“I think it’s wonderful that we’ve got students and administrators who see that there’s something horrible that’s happened in the world and really want to make a difference. It says a lot for the type of community that Monmouth is,” said Kelly.

The cranes will be on sale on the first floor of the University Student Center for a few more days, as well as signs on the bulletin boards giving information to students and faculty about good sites to visit to help Japan further their relief efforts.

Job-Seeking Students Attend “Careers in Business” Panel

MEGAN DOOLEY
STAFF WRITER

Students attended a business panel discussion last Thursday to learn more about how to seek employment once they receive their business degrees.

Dr. David Paul, who came up with the idea to host a “Careers in Business” panel eight years ago, began the process two years ago when Dr. Michaeline Skiba, another professor in the Leon Hess Business School, got on board. Both of these professors hoped to contribute towards the successful futures of their students and utilize this panel as an annual event to further polish and prepare business students.

Skiba had two pieces of advice for the students in attendance. First, he said executive recruiters are sick and tired of applicants coming in and saying “I need” or “I would like,” when what they really want to hear is what can be done for them. Second, whether it is a public or private business, students will be entering into a community and those in charge of hiring are looking for someone who will fit and offer something to their community.

Seven University business alumni filled the seats in the front of the room and began with a short description about their careers. These speakers included Rita Nuzzolo, Nick Fideli, Anthony Campanile, Christine Esposito,

and Ryan Folsom. Their jobs ranged from opening a tutoring business to a pharmaceutical sales representative.

After a brief overview was given on their jobs and their day-to-day responsibilities, the floor was open for questions. When the topic of internships was raised, the panelists’ views varied on the subject. Many said that internships were absolutely necessary and that some places would not even consider graduates if they had no experience. Others responded by saying it was not the end of the world if students have not had one, but there was one reply that held true across the board - internships are undeniably helpful. Not only can they be used to deter-

mine what undergraduates want to do, they can also help them figure out what they do not want to do. Moreover, internships can turn into a real job if students excel at their position.

Another piece of advice from Esposito to students was to apply as early as possible for a position, and not to wait until the semester before. This could lead to students being overlooked, as many applicants have already sent in their information.


Anthony Campanile is a sales manager at a general agency of The Guardian Life Insurance Company of America. After being with the company for one year, Campanile made it through their fast-track management program

and is now training students at universities.

Campanile and other panelists stressed the importance of how candidates present themselves during the interviewing process. He stated that some companies, such as his, watch applicants from the moment they park the car until the time they leave, because “you can tell a lot about someone when they think no one is watching,” said Campanile.

“I was pleasantly surprised by how helpful this event actually was, said student Kelly Keefe. “The panel provided a lot of insight into what the companies we will potentially be applying to work with are looking for in their ideal candidate,” she said.

CRIME BLOTTER



THEFT
4/22/11 - 2:40 AM - 4:25 AM
SHADOWS

ARSON/CRIMINAL MISCHIEF
4/22/11 - 12:00 AM - 10:00 AM
ELMWOOD HALL

ARSON
4/22/11 - 10:30 AM
CEDAR HALL

THEFT
4/22/11 - 12:45 PM - 12:55 PM
ELMWOOD HALL

STUDENT MISCONDUCT
4/23/11 - 1:25 AM
GARDEN APARTMENTS

WED.

THURS.

FRI.

SAT.

SUN.

MON.

TUES.

4/20 - 4/26

Puppies to De-Stress Students at Annual Fest

BRITTANY HERRMANN
STAFF WRITER

The De-Stress Fest, sponsored by Psychological Counseling Services at the University, in collaboration with Academic Foundation, Aramark, Student Activities, and Student Operations, is an event created to help students get their mind off of the stress they encounter as the semester ends.

This year, the event will be held on the University’s “Reading Day,” the 24-hour study period given to student’s in between the last day of classes and the first day of finals. Reading Day at the University is May 3rd, and the De-Stress Fest is being held in the Student Center and Anacon Hall (A&B) from 1:00 pm to 4:30 pm.

Dr. Franca Mancini, Director of Counseling and Psychological Services and the Director of the De-Stress Fest, strongly encourages all students to come out, take a break, and attend the event which was put together for them.

Games, food, massages, door prizes, a yoga session, making your own Zen sand trays, and even hugging puppies are all a part of this year’s De-Stress Fest. The door prizes are assortments of 25 to 30 prizes consisting of local restaurant gift certificates, smoothies, nail gift certificates, and more.

The free yoga session will be held from 2:00 pm to 3:00 pm in Anacon. The shoulder massages will be given out throughout the entire event. Zen sand trays are often used as a relaxation tool and new to the De-Stress fest. The event staff for the De-Stress

Fest felt it was appropriate to give students the opportunity to take something back with them to calm them down when feeling overwhelmed by their intense study sessions.

Also, puppies are a new addition to the De-Stress Fest. “Puppies, dogs, and other pets are known to release a happy, calming atmosphere, which is why we decided to have them at the event,” said Mancini.

Patty Smith, Administrative Assistant, works closely with Mancini on each year’s De-Stress Fest said. “It’s nice to see the generosity from the community,” she said, speaking of community restaurants, such as The Turning Point, Richard’s Deli, and Scala’s, who continuously donate annually to the event.

Smith, the event coordinator, has been working behind the scenes for the De-Stress Fest since it began 10 years ago. As for why Smith puts so much time and energy into coordinating this non-profit event, she said, “Because to think back to the beginning, it has been such a happy and beneficial event for the students.”

Students attending this event can receive a massage valued at \$40, participate in a yoga session valued at \$35, and win door prizes worth anywhere between \$5 and \$50. However, placing a numerical value on what is available to the students is not the point. “The De-Stress Fest in the end is priceless,” said Mancini. “The De-Stress Fest is about the wellness, balance, and peace of mind that the students receive from this event that gets their minds away from the stress that has been building on them.”

University Offers Doctoral Program

Doctoral continued from pg. 1

ated a vast potential for dramatic healthcare improvements in procedures, medications, and behavioral change interventions,” resulting in nurses enrolled in the program to be required to have the knowledge to promote safety standards and to have an understanding of public policy, informatics, business practices, and consumer expectations.

In order to be accepted into the DNP program, students must be graduates of an accredited Master’s in Nursing Program. Students must have an active RN license, a national certification in a specialization of nurse practitioner or nurse executive, a cumulative graduate GPA of at least 3.2, and a complete graduate research course with knowledge of graduate statistics in order to

be considered for admission. In addition, nursing students must submit: a completed application, a letter of intent indicating professional goals and a vision for improved healthcare, a résumé, two professional and/or academic letters of recommendation, official transcripts of all previous college work, and must complete

The program will be offered on-line with three on-campus days required twice per semester. There will be a clinical focus on direct care and healthcare leadership. The program, according to the brochure, will feature “a practicum experience and capstone project.”

The DNP program is for nurse practitioners and nurse executives

who wish to enhance their professional futures and take part in improving the complex contexts in which healthcare is delivered.

There will be an orientation for DNP

“The DNP prepares nationally certified nurse practitioners and nurse executives for the increasingly complex world of healthcare.”

JANET MAHONEY
Dean of the School of Nursing and Health Studies

a personal interview.

“The program is 36 credits completed in six semesters,” Mahoney said. “The DNP prepares nationally certified nurse practitioners and nurse executives for the increasingly complex world of healthcare. The program focuses on health leadership.”

students on April 29 and April 30. For students interested in applying to the University as a doctoral student, please visit www.monmouth.edu/gradute to contact a graduate admission counselor to review academic histories or for more information, go to www.monmouth.edu/dnp.

NASA Administrator to Speak at Commencement

Commencement continued from pg. 1

These missions included the Hubble Space Telescope mission and the first joint U.S. Russian shuttle mission. More recently, Bolden was nominated by President Obama and confirmed by the U.S. Senate for a second stint with the nation’s space agency.

This makes him the first African American to head an agen-

cy on a permanent basis, which is an extremely influential and honorable accomplishment on top of his many others.

“Although I have never heard of him before, his life sounds absolutely fascinating and I’m sure he will have a lot of great advice and things to say on this very special day,” Casey Petrocy, a graduating senior said.

Also receiving an honorary

degree from Monmouth this year is Alfred J. Schiavetti Jr. who is President of Navesink Associates, a self-formed business firm, and an elected member of the Monmouth University Board of Trustees since 1977.

Schiavetti has worked his way up the Board, starting with a notable distinction as Treasurer in 1998, Vice Chair in 2004 and finally as Chair from 2007-2010.

Pollak Theatre



R. Strauss
Capriccio
Sat | Apr 23 | 1 pm
Encore:
Fri | May 6 | 7 pm



Verdi
Il Trovatore
Sat | Apr 30 | 1 pm
Encore:
Sun | May 22 | 7 pm



Wagner
Die Walkure
Sat | May 14 | 12 pm
Encore:
Sun | Jun 3 | 6 pm

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Spring Education Symposium Held in Anacon Hall

ELIZA MILLER
STAFF WRITER

The Spring Symposium was an event held on April 15, 2011. This event invited current and future teachers to hear speakers talk about certain issues one can face as an educator.

The program began with keynote speaker Lee Mun Wah. There were six different morning workshops and four different afternoon workshops one could attend. Assistant Professor Dr. Tina Paone, Assistant professor, hosted one of the work-

shops which included the influence of the obsession of body image. To prove a point about body image, Paone then showed a YouTube video called, “The Mirror Anorexia.”

Paone also discussed different activities students can participate in, which will help their self esteem rise about body issues. Many of the activities included great ways for students to boost their self esteem.

One of the afternoon workshops, “How to Use WEB 2.0 Tools to Help Create Student Online Learning Communities” was also very informative. This workshop

was presented by Media Specialist, Angel Somers. She explained about the use of blogs and different measures teachers should take when using blogs. Some interesting points she brought up with the use of blogs was that students should refrain from using their full name and rather put their initials when commenting or writing on a blog for safety reasons. She showed us examples of blogs and explained all aspects of them which were very effective.

Teachers can post assignments or pictures that students have done

on the blogs for others to see. Also, students can comment and post different projects they have completed on the blogs. A teacher has the ability to moderate comments and filter through them to make sure everything that is presented on the blog is appropriate. Additionally, a teacher can make the blog however he or she may like. For example, the teacher can decide if he or she wants pictures to be able to go on the blog or just comments are the blogs purpose. The blog can be used for any reason the teacher wants. In one of the examples of

a blog, a student posted his or her poem and then there was a button you could click and you were able to hear the student say his poem out loud.

Furthermore, Miss Somers explained about different aspects of blogs such as self-evaluation, use of hyperlinks, citing sources, and writing brief comments is best to do on a blog. The difference between Wikis and these blogs are they allow equal power and control over websites, as compared to blogs where one person is in control of setting up and controlling the website.

Leaving a Legacy on Campus

Bricks continued from pg. 1

placed along the walkway to the Cedar Avenue underpass in front of the University’s Wilson Hall. The second phase and installation of bricks will take place just in time for the 2011 Homecoming event on October 30, 2011.

When you purchase a brick, you can put your name, the name of your favorite alumnus or another special someone. With each brick laid, your name will have a lasting legacy on the historic University campus. “Whenever you are on campus, you will see a reminder of your academic accomplishments and good times,” said Dr. Mills.

“I’m not sure if I were still a student that I would buy a brick. I was paying my own way through

undergrad, so \$200 and \$300 is pretty extravagant for a student in my opinion. But now, I would probably buy one. Monmouth is a great school, was good to me and I’m glad I got to go there. I think something like this, a walkway with student names, is a cool way to give the campus character,” said Janine Nealon, a University alumnus.

If you’re looking to buy your own brick, a 4” x 8” brick is \$200, and an 8” x 8” brick is \$300. Each brick bought is tax-deductible and will be installed along the walkway to the Cedar Avenue underpass in the second phase.

You can order your brick today online by visiting www.monmouth.edu/bricks, or you can contact the Office of the Annual Fund at 732-571-7528.

New Interactive Media Minor

Minor continued from pg. 1

and theoretical aspects of this field.”

The minor will feature web-based interactivity of both static and dynamic, and non-web based interactive such as physical computing. There will be a shift in focus from exclusively using keyboards and mice to incorporate the use of media such as multi-touch screens, voice activation, and game controllers like Kinect and the Wii. Students will be able to program and design media experiences that would involve the participant’s interaction and engagement in the media with gesture, touch, feel and motion of a response. Through the creation of programs like HTML, ActionScript, JavaScript, and Max/MSP, students will develop basic computer code writing literacy.

“Interactive media is a media that uses an interface to engage and respond to user input. So it covers everything from websites to multi-touch screens to game controllers,” Demirjian said.

“Interactive Media crosses several different media,” Michael Richison, a specialist professor in the Department of Art and Design, said. “The one thing that holds these media together is the presence of a screen. Film and web-based media obviously fall under this category, but so do the media of phone-based apps and video installations. One of the main

thrusts of this minor is the idea of interaction. The student will be asked to answer the following kinds of questions: How does the audience or recipient interact with the information? How will the recipient be able to manipulate the information?”

The Interactive Media minor will consist of 19 credits. The five three credit courses required include: Web Design Studio (AR 178), Light and Lens (AR 181) or Intro to TV Production (CO 145), Introduction to Screen Studies (CO 241), Web Dynamic (AR 284), and Responsive Media (CO/AR 404). Students can then pick three of the four offered electives: Maya Animation (AR 286), Motion Graphics (AR 290), Online Journalism (CO 333), and Advanced Video Production (CO 338).

“Two classes focus on the technical and aesthetic issues behind static and dynamic website development AR 178 Web Design Studio and AR 284 Web Design Dynamic,” Demirjian said. “The class CO/AR 404 Responsive Media teaches students how to use input from the physical world to create interactive media. This includes hacking a Kinect, PS3 or Wii to control audiovisual projections for instance or using motion tracking, color tracking or the volume of someone’s voice to trigger a visual response.”

“Another required class is CO 241 Introduction to Screen Studies,

it is a theory course that analyses the language of cinema and new media,” Demirjian said. “The last required three-credit class is the student’s choice of AR 181 or CO 145 Introduction to TV Production. These classes teach the fundamental elements of producing high quality lens-based images. There is also a one credit Independent Study in Interactive Media where the student puts everything they’ve learned together and makes a real knock out piece.”

“Next year we would also like to add the Software Engineering class SE 402-01 Human Computer Interaction to our list of electives because it introduces key concepts in User Experience Design and Evaluation. One of the strengths of this Minor it is interdisciplinary, drawing from classes in both the Communication and Art and Design Departments so it is a great way to meet new students to collaborate with,” Demirjian said.

According to Demirjian, the Interactive Media minor was created to encourage the study of how the importance of involvement in media has affected the ways in which it is used.

Richison teaches motion graphics, history of graphic design, and typography and is an artist who uses different kinds of media and approaches, such as graphic design, video, sculpture, printmaking, drawing, and installation.

“Day for Japan” Raises Over \$400

PRESS RELEASE

A committee of students and staff organized “Day for Japan” on Monday, April 18, 2011. The event included a dress-down day fundraiser for staff, a speaker Marie Mutsuki Mockett, paper crane sales, and a theme dinner in the Magill Commons Dining Hall hosted by Aramark. Over \$400 was raised for the Japan Society which filters the money out to local organizations working toward disaster relief.

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A Reflection of Our Changing University

THE OUTLOOK STAFF OPINION

History. Memories. Tragedies. Commencements. Crime. Technological advancements. Four Loko and drugs. Discrepancies in Athletics. Construction. Renovations. Brian Williams...the list goes on. With the close of the semester just a mere two weeks away, the 2010-2011 academic year at the University was certainly one to be remembered.

When we started in September, half of us fell to our knees, so happy to back on campus, while the other half were begging and pleading to be back on the beach with no textbooks in sight. But let's hold the flip flops and sighs of relief, and back-track ourselves through this past year, just for a minute.

As a whole, the University has had quite a memorable eight months. We had the first Winter Commencement (with another one set and planned for next January). The new residence hall, Mullaney Hall, was finished and opened to house 190 first-year students. In addition, Edison Hall has been undergoing renovations since October. An online journalism lab was created in the Jules L. Plangere Center, as well as office space for Public Relations Student Society of America. The University also recognized a new organization, the Monmouth Oral Communication Center. Awards were given to numerous departments, individual students, and more, showcasing all the talent the University holds.

Student retention is at the highest it has been and this can be attributed to the increase in weekend programming as well as an increase in a first-year audience at the events. Perhaps it will change

the 'suitcase school' reputation the University has had for years.

Special guests arrived throughout the year, one of the most memorable being *NBC Nightly News Anchor*, Brian Williams, as the recipient of the Monmouth Award for Communication Excellence. Others included Mary Robinson, the first female President of Ireland, and musical guests Bob Dylan, Disturbed, Korn, and Sevendust. This year's Spring-fest will welcome musician, Kate Voegelé.

On a more serious note, the University has also endured tragedies and a few unpredictable events. We came together as a Univer-

sity to mourn four deaths within our community. Life Trustee W. Cary Edwards, first-year student Janelle Moorehead, Safety Officer Michael Lerakis, and most recently, English Professor Dr. Christine Severson will all be remembered fondly. They were all prominent members of the University who touched the lives of so many of us, and will be kept in our hearts as years pass. The marks they have each made here will never be erased.

All in all, cheers Monmouth. The Hawks seem to be soaring higher and higher each year.

Athletics saw the departure of both the men's and women's head basketball coaches. One perhaps more expected than another, but the changes in employers will dramatically affect both teams. We wish them, as well as all MU Athletics teams, the best of luck in their current and upcoming seasons.

Students were also met with troubles and some restrictions throughout this school year. Four Loko, a controversial alcoholic

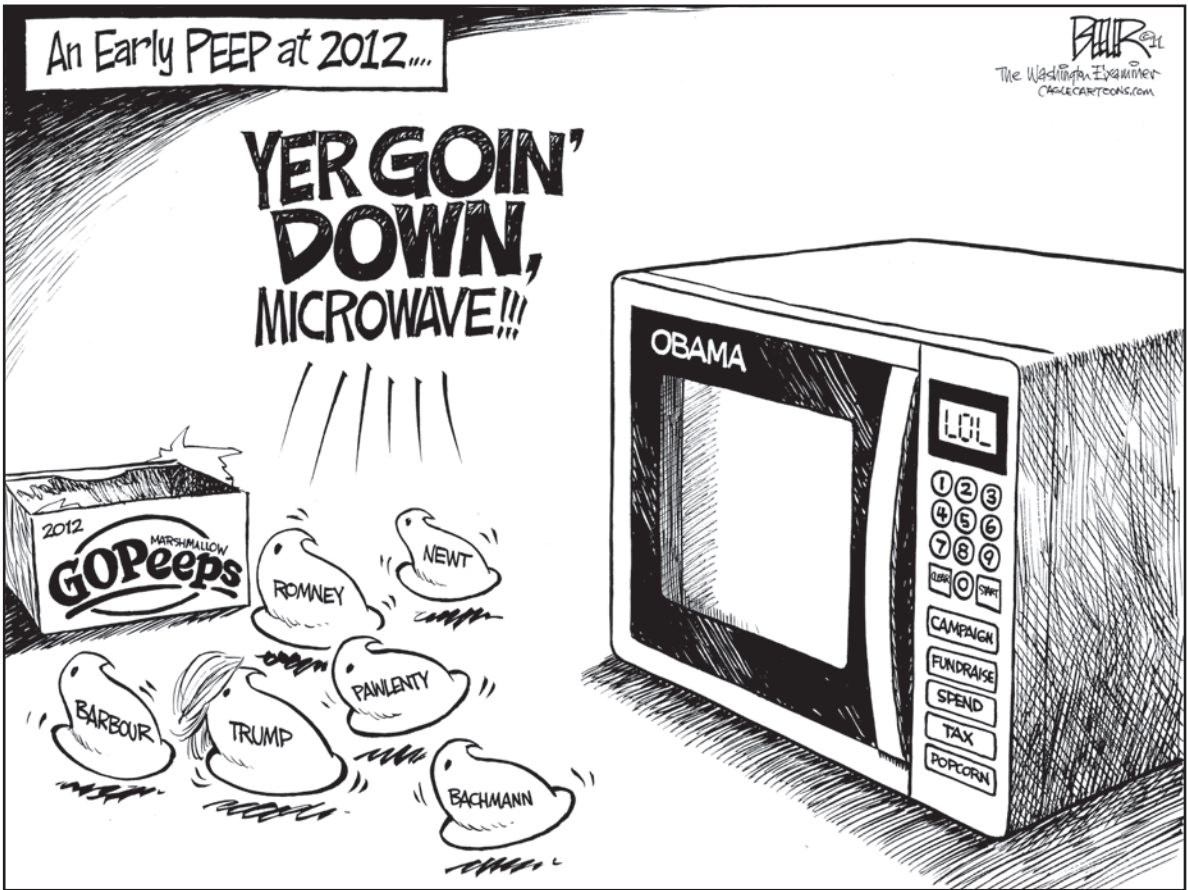
energy drink, was banned across many college campuses, including ours. Moreover, chemicals were banned in products such as K2, Spice, Red Dawn and Blaze.

With the opening of Mullaney Hall, it was feared that the beautiful condition would not last. By November, there had already been 11 reported counts of criminal behavior in the new facility. Bulletin boards were lit on fire, exit signs dismantled from the walls, and underage drinking were at the top of the list. The damages cost the University \$9,080 – a fee that could have been easily prevented. We can only hope, as a community, that our students will be more responsible in the future and appreciate the University's physical appearance.

Students have also struggled with unexpected classroom conditions due to the Edison renovations. The trailers, reported by students to be noisy, uncomfortable and not quite room temperature, haven't exactly cost the price of tuition students paid for. As the 800 building will get knocked down and, of course, students will be having classes in more trailers come September, it is only hoped these conditions will be improved, even slightly, to better accommodate them.

All in all, cheers Monmouth. The Hawks seem to be soaring higher and higher each year.

The landscapers are outside grooming the campus for an anticipated summer, and in hopes of an even better academic year in the fall. That should be our cue to push through the last bit of our classes and final exams, pull out those shades and stare into the bright future that our University has us waiting for.



Correction: In the 4/20 issue, the Student Employee of the Year photo was inaccurately credited to Ray Bogan on page one. The credit should have been given to Jim Reme.

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Global Warming: We Are the Problem and the Solution

ASHLEY CATTANO
STAFF WRITER

Thirty-five trillion dollars is the note that has been labeled, or stamped, onto the value of what nature offers for us. This is vastly more than the mere 18 trillion dollars that comprises the entire global economy.

As time has progressed, mankind has chosen to deviate from nature and instead has falsely assumed that nature is an eternal element to life. This assumption has ultimately led us to our own demise; due to our over consumption and neglect we are the cause of our failing ecosystems.

In the last century, as humans, we have dramatically increased our impact on planet Earth. One element that has emerged and made us even more destructive is our accelerated disconnection from nature. Our disconnection from the environment is causing extensive damage to our climate and all other natural systems.

The over-consumption of fossil fuels, the threat of ocean stagnation, and the rising global temperatures are just three concerns that mankind should be more efficiently addressing.

Fossil fuels are a primary energy source whether for transportation, power or manufacturing purposes. However, the problem with our methods is that our choices for energy conductors are unsustainable and in return give us emissions in the form of greenhouse gases, which have detrimental effects on our natural ecosystems.

Furthermore, this unsustainable consumption of fossil fuels has led our planet to the brink of expansion and almost to the point of no return.

The current level of carbon emissions in our atmosphere is 387 parts per million. Researchers from the 350 organization have said it should be of great importance for our nation to take part in helping our level of carbon emissions reach 350 parts per million. They have also stated that if we go beyond 400 parts per million, we will have reached the point of no return where the effects of greenhouse gases on our ecosystem will then be irreversible.

Another effect we have burdened our planet with is the threat of ocean stagnation.

Many people are unaware that oceans act as a carbon basin and what this provides is, basically, the transfer of carbon dioxide to oxygen. This can be compared to the photosynthetic process performed by trees on land.

Monmouth: You Can Keep the Books, We'll Take the Memories

MELISSA ROSKOWSKI
OPINION EDITOR

ROBYN FLYNN
ASSOCIATE OPINION EDITOR

Seniors graduate every year, it's happened three times already during our time at Monmouth and this year it will be us. Looking back, we recall professors encouraging us to get involved on campus and get pieces to add to our portfolios. And while it's nice to have something for our portfolios, our time here has meant infinitely more than that.

When winter break rolled around, we were focused on graduation and were excited to move onto the next chapter of our lives (as cliché as that sounds). Now, however, as the day rapidly approaches us, and we spend our last few days on this beautiful campus, we regret all those days we wished would fly by. Lately, we find ourselves torn between being excited about the future and being sad to leave the place we've called home for the past four years. Suddenly, it seems everything is being thought of as a "last," and since this our last issue of *The Outlook*, it seems appropriate that we say our good-byes.

As Communication majors, we are grateful that we have had the opportunity to work with so many great people by taking part in the organizations that this department has to offer.

PRSSA, the Public Relations Student Society of America of this University was the first thing we both got involved in, after Professor McAllister-Spooner's relentless encouragement. Sara, Cassie, Kimmy and Heather, you girls made PRSSA E-board meetings a highlight of our week. We are so grateful to have been able to work with you all throughout our numerous fundraisers and campaigns.

Hypothetically, if the Earth's temperature were to continue to rise, the conveyor cycle which provides life in our oceans would be shut down. This situation would cost mankind most of the biodiversity we are provided by the oceans. Ultimately, mankind would not only lose the ability to explore sea life but our climate, as a whole, would be drastically affected and could potentially drive parts of the northern hemisphere into a miniature ice age.

Finally, it is said that a three degree change in the overall earth's temperature can result in the difference between a tropical era and an ice age.

Many people do not understand how critical a role the temperature plays in our climate, sea levels, natural disasters, and migration habits of insects. Furthermore, it is crucial to realize that these issues can have extreme adverse effects on humanity.

Roughly 20 years from now, approximately three-quarters of the Earth's population will be living on a coastline.

Monmouth activities are not always very exciting. We don't have big-name concerts, and if we do, it's often when we're not in school. Some weekends there is literally nothing to do on campus, which is tough on students without cars.

Until I recently sat down with Emily Curry, the Student Activities Board (SAB) President, I was annoyed, and sometimes even angry, about the lack of activities on campus. However, after speaking with Curry, I am enlightened to how SAB actually works, and now I have to commend their efforts.

There's one big chunk of information that many students, myself included, misunderstand: SAB is not affiliated at all with the Student Activities office. SAB, is completely student-run with a faculty advisor, while Student Activities, is run by administrators.

But, because the names of these organizations are so similar, most people either confuse them or lump them together as one unit. SAB E-board members have even discussed changing their name to differentiate the two organizations.

I confess that I'm not entirely pleased with our activities. I will also confess that I've only been to about two SAB meetings and did not offer any suggestions. Additionally, I never go to events like the coffeehouses or comedy nights in the student center.

I, like other students, want changes, but never voice my opinions.

When I spoke with Curry, I told her straightforwardly that I did not like the activities. This was a response she was used to hearing.

What no one really knows is that SAB faces obstacles beyond their control. The problems can be labeled as two-fold.

would occur if in an instance, miles of shoreline were to be depleted.

In addition to the rising sea levels, the increase in Earth's overall temperature would cause the ocean's temperature to increase as well. This would further supply the already powerful tropical storms and tornadoes we have been experiencing the past two decades. Since hurricanes are essentially created to transfer heat, the higher the temperature in the ocean, the more suitable the conditions for a hurricane become.

Scientists have observed that in recent years, insects which have only been previously found in tropical areas like Florida, have been finding their way north to parts of the country like Delaware and New Jersey. They have linked this migration to the overall rise in Earth's temperature, and have found that areas which were once uninhabitable by tropical insects are now favorable.

Aside from insects being a general annoyance, due to the fact that they mostly come from still water locations where disease is predominate, when they do migrate, they carry their viruses with them. This spread of foreign bacteria onto crops, individuals, and animals is dangerous to the ecosystem as a whole.

It may seem that one person's actions would be insignificant in the overall scheme of fixing this ever-growing environmental problem; however that assumption couldn't be further from the truth. In order to begin to change our deeply ingrained methods, we as a people, must come together and unite to push for this idea of sustainable living.

Currently purposed methods for green energy such as solar power, wind power and hydro-power all contribute to the change for sustainable energy. What this ideology provides is the ability to generate energy from a source that is essentially recyclable, meaning that the cost for extrapolating and consuming such energy sources would be minimal, considering the cycle would be endless.

So, what are some ways individuals can begin to act on the shift from fossil fuels to green energy?

There are endless possibilities as to how you can begin to contribute and make a difference on an individual basis. Things as simple as maintaining the proper tire pressure in your vehicle, converting to compact florescent light bulbs, and purchasing energy star appliances can initiate the change from this insane overuse of our resources.

It's up to us to make things right again. We need to reunite ourselves with nature the way our ancestors did so we can maintain a healthy environment for centuries to come because the Earth has all the time in the world, but we do not.

Take a Second Look at SAB

CAROLINE BABULA
STAFF WRITER

With the opening of the MAC, the University decided to partner with Concerts East. Concerts East is an outside company that needs to approve all concerts to be held in the MAC. Last summer's Backstreet Boys and this past winter's Korn and Disturbed concerts were all planned by Concerts East, which also made the decision to schedule these bands while most students weren't on campus.

"We are not at all responsible for these concerts," said Curry. She also said that SAB could help sponsor the tickets, which would lower the cost for students, but they chose not to be affiliated with these concerts.

Students "think everything is up to us, and it's not up to us

The lesson all Monmouth students need to learn here is to speak up; SAB is the Students Activities Board – without students, there's no input.

at all," said Curry, referring to Concerts East's control over scheduling acts.

Concerts East, said Curry, is also responsible for many blunders. She said that SAB has been close to booking more popular pop stars and comedians but last minute, Concerts East said the artists could not be booked, after originally saying that they could be.

Also, SAB is given an annual, undisclosed budget. This budget makes it difficult to bring more desired acts to campus.

"We would love to bring more people," said Curry, but the costs are simply too high. The alternative would be to book more popular talent, but then SAB could not offer discounted tickets to the students, which might lower event attendance.

Moreover, using their budget is like putting together a puzzle.

SAB wants to have a lot of pieces to the puzzle, but still have everything fit within their budget.

"We don't want to blow our budget on one big event," said Curry. She also said they want to plan events that people will attend; otherwise it results in hard work going down the drain.

SAB has good intentions. They work hard year-round, ranging from months to weeks in advance, in order to bring acts and performers to Monmouth.

They constantly wrestle with Concerts East to bring performers students request.

Some students "write off [the performers] because they don't see them on TV," said Curry.

But that doesn't mean the performers that do come are not good.

Last year, Safety Suit was the main act at Springfest and while relatively unknown at the time, they ended up having a number one single, said Curry.

Knowing how SAB operates provides an insight to unhappy students.

Curry relayed that SAB is very responsive to student opinions. "If you're ever dissatisfied, write something to someone," she said.

The lesson all Monmouth students need to learn here is to speak up; SAB is the Students Activities Board – without students, there's no input. If you don't like something, raise your voice and change it, either by becoming a general member or even applying for a chair position.

How Going Organic is Beneficial (and Affordable)

MELISSA ROSKOWSKI
OPINION EDITOR

I'll be the first to admit that when everyone hopped on the organic bandwagon, I missed its departure. Organic produce and products have always sounded like a good idea – natural things generally tend to be better, in my mind – but hefty price tags always made me shy away.

Especially in college, it seems a bit high maintenance to be buying organic food, solely because of the cost. Literally living off a can of beans really isn't very appealing, organic or not.

The first time I ever carefully contemplated the difference between organic and inorganic foods was when I started gardening; it wasn't anything big, just some tomatoes and basil in the backyard. Using chemicals directly in the growing process made me a bit wary, but I figured I had already been eating this stuff anyway.

Since then, I've looked into the growing process and what exactly is wrong with inorganic fertilizers and pesticides; turns out, there's a lot.

By now, most of us are familiar with pesticides and the fact that they are used regularly in our food... and most of us remain complacent as pesticides threaten our health nearly every time we sit

down for a meal. But, why? Maybe because it's not a visible threat, or maybe because we have a lot going on and we routinely put our health on the back burner. Whatever the reason, I've learned that taking the time to understand how our food is grown is pertinent to our overall health.

For starters, Sustainable Table, an organization that promotes a sustainable diet, explains that the pesticides used most often are, "insecticides (to kill insects), herbicides (to kill weeds), rodenticides (to kill rodents), and fungicides (to control fungi, mold, and mildew)." All inorganic food is exposed to these pesticides and the Environmental Protection Agency verifies that laboratory studies have linked pesticides with various health problems, including birth defects, nerve damage, cancer, and "other effects that might occur over a long period of time." That last part makes me nervous; what are these "other effects"?

The benefits of organic foods have recently taken hold in mainstream America, but scientific data had been lacking for a while. This is probably why many people have considered organic food to be some kind of trend – something that was in style and wasn't substantial. The Environmental Working Group (EWG), an organization that works

to expose threats to our health and environment, reported that scientists are now aware of the long term consequences of pesticides to our health and give advice that promotes minimal consumption.

If you're one of those people, like I was, who rinses off produce before using it and assumes it's safe, you're wrong. EWG tested a number of fruits and vegetables for pesticides. All produce was washed before it was tested and it made no difference to the data; pesticide levels aren't affected by washing with water or vegetable washes. EWG emphasizes the fact that if pesticides are put into the soil any plant grown there will have pesticides running through it, no amount of washing will make a difference. Their website also mentions that, with some produce, peeling can help. However, valuable nutrients will be lost which defeats the purpose of eating your fruits and veggies. The healthiest route really is to buy organic.

Fortunately, cutting down your exposure to pesticides doesn't have to be costly - if you go about it the right way. EWG realizes that people should eat organically, but that it is not always feasible. Thus, the shopping guide above was made to help us figure out what produce should be bought organic and which are okay to buy inorganic, if

DIRTY DOZEN™ <i>Buy These Organic</i>			CLEAN 15™ <i>Lowest in Pesticides</i>		
WORST	1	Celery	BEST	1	Onions
	2	Peaches		2	Avocado
	3	Strawberries		3	Sweet Corn
	4	Apples		4	Pineapple
	5	Blueberries		5	Mangos
	6	Nectarines		6	Sweet Peas
	7	Bell Peppers		7	Asparagus
	8	Spinach		8	Kiwi
	9	Cherries		9	Cabbage
	10	Kale/Collard Greens		10	Eggplant
	11	Potatoes		11	Cantaloupe
	12	Grapes (Imported)		12	Watermelon
		13		Grapefruit	
		14		Sweet Potato	
		15		Honeydew Melon	

PHOTO COURTESY of giantveggiegardener.com

Environmental Working Group outlines pesticide levels in produce.

Conspiracy Theories Aren't Just a Thing of the Past

EUGENIA BROADUS
STAFF WRITER

Conspiracy theories are an eerie concept. To believe that the end of humanity will end at an instant is creepy and astonishing. The end of the world is supposedly occurring in 2012, according to the ancient Mayan calendar. The Mayan calendar ends on December 21, 2012 and up until this point their predictions have been relatively accurate. They predicted things such as the natural disasters in Japan or the attacks at The World Trade Center with the prediction, "Great Birds will come from the sky and end a great city to the north at 9/11/01."

Eerie, right? Yes, but Y2K was supposed to be the end of the world at the end of the year 2000, but look at us now. We're wondering yet again if the world will end in a fiery explosion. Everyone has their own personal reasoning of life and death of how and when things will seize to exist but in the mean time everyone is pledging their allegiance to their respective sides.

The Bible is compiled of prophecies, some of which are coming true, depending on how you perceive them. Every concept of life can be interpreted differently and this topic is no different. In a room full of 20 people you could get 30 different opinions on conspiracy theory.

The Book of Revelations informs us that the world will be plagued with natural disasters and famine. While there are natural disasters occurring and famine in third world countries exist some argue that it is just apart of life.

The Mayans tell us that in our last days the seasons will become blurred and the days will blend together. Mayans were advanced in mathematics and astronomy so their reasoning and ideas are respected, but they never said the world would be over in 2012, their calendar just ended. Some theorists suspect that they might not have been able to continue their calendar. So just like any argument, the debate continues.

The founder of the Illuminati,

Adam Weishaupt, was heavily involved in the occult. The order was founded on May 1, 1776 (May 1st is "Grand Climax," an important day for Satanists). Weishaupt's philosophy of Illuminism called for a one world government and a population controlled by religion. Private property was to be abolished and its master plan was to be carried out secretly. The Rothschilds, Rockefeller, Morgans, DuPonts and the Bush family are thought to have been involved.

Some people speculate that the Illuminati are creating a New World Order for one global society to have only one government and one religion. The Illuminati are those who have elite power and wealth such as political leaders or members in a secret society.

Secret societies such as the Free Masons are believed to be in the process of conducting the evils of the world. Free Masons branch from the Illuminati, but act independently. They are known to be one of the oldest cults known to man.

Music artists that have been accused of being apart of the Illuminati include: Lady Gaga, The Black Eyed Peas, Jay-Z, and Kanye West. The word Illuminati is translated to mean the enlightened ones. In the music industry these would be the artists who are successful and lead the industry in music production and popularity.

Websites such as Vigilant Citizen, have been responsible for the ongoing coverage and synopsis of all the symbols in music videos. They break down the hidden symbols, messages, and concepts videos depict. Artist such as Lady Gaga and Kanye West are often the main targets of conspiracy theory. Kanye West has been under heavy scrutiny for his videos such as "Power" which is literally a motion picture of him with an illuminated eye.

Artist such as Kanye West and Jay-Z wear a Jesus piece around their necks but allegedly they are wearing the head to mock Jesus. They do not wear crosses anymore but rather Jesus' head on a chain

of pesticides and doing some organically savvy grocery shopping, we can lead more healthful lives and still have the money to make it out for happy hour.

These artist lyrics are even more suspect if the videos do not grab your attention enough. Through the slight auto tuned music, to the cult like beat, the songs are beginning to sound like a chant. The lyrics always imply a need for money but that's arguably all of mainstream music. The lyrics always mention two sides and use us as an audience to choose one. Possible reference to the last supper in Jay-Z's "Run This Town" lyrics, which would imply the rift between God and Satan.

Surely, I do not believe that Kanye West or Jay-Z are the demons or that his music is trying to hypnotize me, but oddly enough the Vigilant Citizen website made compelling arguments about his approach and symbolism that I would not have noticed had they not pointed them out. I guess that's the point of a conspiracy; with enough coincidence one can perceive falsity for the truth.

The Need to be Your Own Best Friend

BRIAN BLACKMON
CONTRIBUTING WRITER

"Since thoughts of thee doth banish grief/when from thee I am gone/will not thy presence yield relief/to this sad Heart of mine" –James Watson, Old Long Syne; 1711.

Graduation. That extra special time of year when whatever lifelong friends we thought we had successfully made during our college existence suddenly march

Every year of college has been a repeat of this exact scenario for countless sentimental students (myself included). Perhaps there will be an occasional e-mail or text here and there, but in this throwaway society of ours the day will eventually come when the airwaves between both parties goes silent for good. In an age of major telecommunications breakthroughs which allow the entire globe to become more and more interconnected, how can anyone

ticulous sham; a cruel prank to shake one's faith in human kindness for all time? Perhaps. But to be fair, the motivation of individuals in this respect will be as varied as the unique personalities you are attempting to deal with, and will travel the complete gambit from downright, lowdown meanness and selfishness all the way to the higher echelons of complete stupidity and obliviousness.

As a non-drinking, born-again Christian with possible Ned Flanders tendencies (or maybe I'm closer to an evangelized Bob Dylan?), my friendships have never been forged in the drunken depravity of the college party scene like so many of my peers. Did this negatively impact my social life? Maybe. But I've always sought quality over quantity in life.

I have met many people in my time at Monmouth that I have truly cared about (even some members of the drunken party scene when they were sober), and I really do think some of them actually cared about me to some

degree although you would have to ask them for their side of the story. Regardless of the friendship we might have shared, it does not prevent them from dropping off the face of the universe once they graduate; mean or oblivious? You take your pick.

All of this silly nonsense has taught me a valuable lesson in life which I would like to share with you, loyal *Outlook* readers. The best and most dependable friend a person can ever have is their own self. In the absence of those special people in your life whose fate only God knows for sure, don't mope over what should have been.

No sir, it's the time to pick yourself up by those boot straps and start being the encouraging force you need in your own life. Dust off the grimy clouds of rejection from people too stupid to recognize your self-worth, and start discovering the outstanding person you are all on your own. Who else will give you any validation out here? Trust in yourself, kats.

This isn't to suggest that you

should move to the wilds of Appalachia and live like some hermit whose chief delight is humming "Waltzing Matilda" to a crowd of woodland chipmunks (there are worse possible fates after graduation). Everyone deserves a friend, but wait for one who is genuine and lasting. I won't be changing myself for anyone else. You have to celebrate yourself out here. The right friends will recognize you are awesome one day, and they'll be with you for the long run.

Gorgeous and multi-talented actress Fairuza Balk once told me "If it is truly in your heart to write and make art then you must do it." This article was in my heart, and I am honored to have gotten back up on my trusty soapbox in the pages of *The Outlook* for one last pep talk. Don't sink your destiny (or well being) in college friendships which might prove all too superficial and fleeting. Start believing in yourselves and maybe Pomp and Circumstance will start losing its ominous ring. Happy trails folks.

The right friends will recognize you are awesome one day, and they'll be with you for the long run.

in file directly out of our lives to the haunting tune of Pomp and Circumstance (that harbinger of change). Yes, "we will always be friends," they might assure us solemnly. We just will never talk to or see each other again for the rest of eternity (possibly longer).

explain a supposed "friend" unable to drop you a line every century or so? No friend at all is the answer. Even Spock would agree with that logic.

Yet what is the reason for this eventual disconnect? Was this guy's or gal's friendship all a me-

Students Will Play a Big Part in the 2012 Presidential Race

ASHLEY CATTANO
STAFF WRITER

Although it's a little early to be looking for a new President since the primary elections aren't until August of 2012, the rumors for Republican candidates have begun and they will start committing to the race in a week or so.

This election will undoubtedly reign in the youngest generation of voters, just as in the 2008 election.

The same issues are in question as in the last election, appealing to a younger generation. For example, the cost of higher education, health-care, and the job economy are issues important to college-age students.

As of recently, there are only four people who have declared their candidacy for the 2012 Presidential race. This is an unusual occurrence when comparing it to prior elections, for example President Barack Obama declared his candidacy in February 2007, and Hillary Clinton very soon after.

Perhaps candidates are delaying their commitment to candidacy out of respect for President Obama. In reality, in 2016, Obama will officially be off the Presidential ticket.

According to political analysts, there is speculation that President Obama is going to rake in over a billion dollars in fundraising money, which is a scary number to compete with. If these speculations serve to be true, this will be a tough race for any Republican candidate.

The factor making these Republican candidates stand out from President Obama is the country's \$14 trillion national debt, and since the country is spending more than we take in for federal tax dollars, we

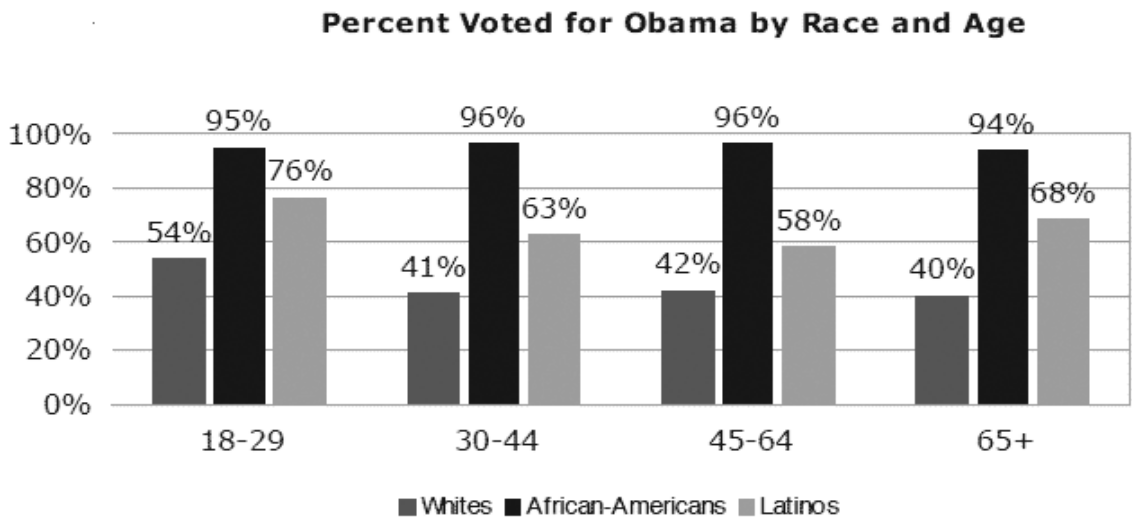


PHOTO COURTESY of 1.bp.blogspot.com
In 2008, 18-29 year-olds played a major role in the 2008 Presidential election. Experts believe the 2012 election will also have a big voter turnout of young people, especially college aged students.

“If he [Trump] is really going to run for office a lot of Republicans are going to be mad because everyone is treating him like a celebrity, not a candidate.”

KEVIN SANDERS
SGA President

are constantly adding to this debt.

Republicans are going to want big tax cuts and reductions in government spending, while President Obama will argue for modest spending decreases along with the Bush tax cuts for wealthy individuals, to expire.

These opposing ideas may be the game changer in this upcoming election between who will support President Obama and his modest decreases and who will believe that big cuts will lead to big changes?

Those that feel Obama is spending this country into disaster will want a change, but the Americans that can look back to the Clinton administration where taxes were higher and we had no deficit might have faith in Obama's plan.

Those with faith will help him

grab another term in office and hope to see the change he's been promising since 2008.

According to Politico.com, Republicans throughout the country will get their first look at how some of their candidates present themselves, as well as learn how they engage with one another, on May 5. *Fox News* and the South Carolina GOP will host the first race's kick-off debate in Greenville.

Minnesota Governor Tim Pawlenty, former Pennsylvania Senator Rick Santorum, Texas Representative Ron Paul, and former Louisiana Governor Buddy Roemer are the only candidates that are confirmed to be at the debate in two weeks.

Other potential candidates are Minnesota Representative and tea

party advocate Michele Bachman, Governor of Mississippi Haley Barbour, Governor of Indiana Mitch Daniels, Former House Speaker Newt Gingrich, former Governor of Arkansas Mike Huckabee, former Governor of Utah Jon Huntsman, former Governor of Alaska Sarah Palin, former Governor of Massachusetts Mitt Romney and rumors have been flying that real estate mogul and television personality Donald Trump may be looking for a running mate as well.

Donald Trump has flirted with the idea of a presidential run before, but always stops before forming any realist candidacy.

Student Government Association President Kevin Sanders said, “If he is really going to run for office a lot of Republicans are going to be mad

because everyone is treating him like a celebrity, not a candidate.”

Sanders also said, “most of his actions thus far have been for attention grabbing quotes in the media, rather than serious political statements.

During the Republican primaries, he may serve as a distraction instead of a serious contender.”

Some people are saying that if Trump runs for office he'll cause a distraction from real issues, such as unemployment and health care, because he has used his political exposure thus far only to draw attention to the topic of President Obama's birth certificate, which is a fringe issue.

Consequently, thus far the republican ticket is quite a mystery, but everyone's questions and suspicions will be answered very shortly.

The Scott Sipprelle Saga Continues

DENNIS MIKOLAY
STAFF WRITER

When Scott Sipprelle, a successful Princeton businessman and conservative activist, decided to run for Congress as a Republican last year, he had no idea he would be so inspired by the dedication, selflessness, and patriotism displayed by his volunteers.

His candidacy mobilized supporters from all walks of life, and even attracted voters who were

“I was looking for a way to keep the glue together. I thought, why not start a political club?”

SCOTT SIPPRELLE
Former Congressional Candidate

traditionally apathetic towards the political system.

Sipprelle's populist appeal gave Rush Holt the toughest re-election campaign he has ever faced, and while that November the Democratic Representative ultimately won re-election, one can't really say that Sipprelle was “defeated.”

His campaign inspired hundreds of conservative and libertarian activists, many of whom were unwilling to simply surrender to the Democrats following the election.

“I met a lot of great friends and supporters during the campaign,” said Sipprelle. “So I was looking for a way to keep the glue together...I thought, why not start a po-

litical club?”

And so Sipprelle began seeking for a way to transition his existing political base into a new organization.

“I thought it might be better to work within the context of something already set up,” said Sipprelle. “We had a small club called the Republican Association of Princeton, but we weren't generating a whole lot of traction.”

Sipprelle had a vision for the Republican Association's future, one that was largely out of step with its existing ideals.

He decided to change the organization from within; he ran for, and was ultimately elected to, the position of President.

He submitted a new constitution and bylaws, and broadened the mandate to appeal to a wider array of supporters.

Thus, as the Republican Association of Princeton faded into the history books, the Lincoln Club of New Jersey, a unique and innovative organization, entered the fray.

Unlike most political clubs, Sipprelle is proud to point out that the Lincoln Club is an independent entity that doesn't answer to any political party.

Thus, members don't have to cope with commands from the traditional Republican chain of command.

“We answer only to our membership,” said Sipprelle. “Nobody is going to dictate our governance.”

Sipprelle believes that the Lincoln Club can unite not only former volunteers and Republicans, but also conservatives from all walks of life, to address issues that are largely ignored by the political establishment.

“There are a few issues we are



PHOTO COURTESY of sphotos.ak.fbcdn.net
Scott Sipprelle, previous candidate for Congressional office, has started a political organization called the Lincoln Club of New Jersey.

keenly focused on,” said Sipprelle. “What can we do to improve the climate for job and economic growth in New Jersey? How do we fix the imbalance between revenue and expenses? How do we control government debt?”

The argument has often been made that the majority of Americans are actually fiscal conservatives. The problem lies in the fact that such conservative often become disenchanted with party politics, and find themselves without any means of influencing the national political discussion.

With a dedicated organization like the Lincoln club, Sipprelle believes he can awaken this traditionally apathetic and forgotten majority, and provide them with the infrastructure needed to actively combat the danger presented by over-spending, big government, and the rising debt.

“The stakes are really high,” said Sipprelle. “These are important arguments to have, and we need to have them now! The main issue is whether we address these problems, or wait until they future when they become bigger. I

have never encountered a problem in my life that became easier to deal with by ignoring it.”

Sipprelle's organization is open to all conservatives who are interested in combating big government, over-spending, and the impending debt crisis.

He urges those interested to look up the Lincoln Club of New Jersey on Facebook, or to e-mail lincolnclubnj@gmail.com.

“Both parties are playing with fire by ignoring these problems,” said Sipprelle. “America is ready to have a real debate on these issues.”

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Eat Your Way to a Bikini Body

JACLYN GUYER
STAFF WRITER

Well, it's almost that time again. With summer just about a month away, it is time to take on the yearly challenge of getting that perfect "bikini body." Whether it is to look great in your bathing suit, or even to get in shape for outdoor sports, the "bikini body" is an intimidating goal, but with hard work and dedication, it can be done. What better way to jump-start your new look with a few new healthy summer recipes?

Not only does the whole-wheat penne pasta turn this into a healthier dish, it is also under 500 calories, and has 21 grams of protein. Squash and zucchini are very versatile in the kitchen. They can be used in a roasted vegetable side dish, or even in a summer soup. According to the Self Nutrition Data Website, the two veggies are also very low in saturated fat and cholesterol. They are a great

source of protein, vitamin A, Thiamin, Niacin, Phosphorus, copper, Dietary Fiber, Vitamin C, Vitamin K, Riboflavin, Vitamin B6, Folate, Magnesium, Potassium and Manganese. They burst with summer flavor, and add a colorful twist to any meal.

Another great summer dish loaded with 39 grams of protein and less than 500 calories is Fitness Magazine's Cilantro- Lime Shrimp Fajitas. I've come to find that there are two types of food lovers out there- those who love cilantro, and those who hate it. Personally, cilantro is one of my favorite additives that brings a fresh burst of flavor to a variety of dishes. Also known as Chinese parsley, cilantro is actually the leaves of the coriander plant, according to gourmetsleuth.com.

Besides its distinct flavor, the health benefits of cilantro have been researched for centuries. According to the Global Healing Center, cilantro has been effectively used to help

remove heavy metals and other toxic agents from the body. It has powerful anti-inflammatory agent capacities, promotes digestive balance, and helps lower blood sugar. The extensive list of cilantro's health benefits can be found at globalhealingcenter.com

There you have it, two delicious and flavorful, high protein meals under 500 calories to incorporate into your healthy summer "bikini body" plan. In the perfect world, eating healthy would be the only key to that perfect beach body everyone desires. However, the reality is that the bikini body is achieved through an all around healthy lifestyle. This includes not only diet, but exercise as well. A great book called *Bikini Bootcamp* by Melissa Perlman and Erica Gragg, is a motivational start to healthy eating, exercise, meditation, and motivation techniques for an overall healthier life style. In the process of *Bikini Bootcamp's* plan,

readers will engage in a turn around plan of two weeks, followed by a long-term maintenance program for the optimal experience.

Good luck to all of those working towards the 2011 bikini body. Keep a healthy, focused mind, and most importantly, healthy diet!

Recipes

Lemon Basil Pasta with Summer Squash

Ingredients:

- 2 ounces (2/3 cup) dry whole wheat penne
- 1/2 cup chopped zucchini
- 1/2 cup chopped yellow squash
- 1/2 cup canned white beans, rinsed and drained
- 1 lemon, juiced
- 1/4 cup chopped fresh basil
- 1 tablespoon Parmesan cheese
- 1 tablespoon olive oil

Directions:

Cook pasta according to package and drain. Toss with remaining ingredients.

Cilantro- Lime Shrimp Fajitas

Ingredients:

- 1/2 cup sliced onions
- 1 cup sliced multicolor bell peppers
- 1 tablespoon olive oil
- 1 garlic clove, minced
- 1 teaspoon ground cumin
- 4 ounces precooked frozen shrimp, thawed
- 3 tablespoons chopped fresh cilantro
- lime, juiced
- 2 whole grain tortillas

Directions:

Sauté onions and peppers in oil with garlic and cumin for 6 to 8 minutes, until tender. Toss thawed shrimp, cilantro and lime juice with hot vegetables. Fill tortillas with mixture.

A Student's Journey Down Under

KACI BRANNICK
CONTRIBUTING WRITER

Trying to reflect on an experience like studying abroad in Australia for over five months in just one essay is impossible. The friendships you make, challenges you face, and education you receive can only be explained by experiencing it yourself. When I think back to my plane ride into Sydney, I remember everything I felt while passing the breath-taking view of the Opera House. I felt anxious, excited, and scared... but I knew, no matter what I felt, I was ready to take on Australia.

I have always had a love for traveling and the fact that I had never traveled further than Greece guided me to choose to study abroad in Australia. I live only 20 minutes away from Monmouth University and this was my chance to be more independent and face the real world on my own.

So my friend Nicole and I turned in our application and hoped for the best. Thankfully, we were selected to be a part of the 17 students to go to Australia.

In the last month leading up to the departure to Australia, I spent numerous hours researching everything possible while trying to find a way for my luggage to be under the weight limit (which wound up being, of course, overweight anyways).

By now, we've had meetings where we learned all about our housing, university, and area in Australia and we have already talked to previous study abroad students to gain more knowledge on those topics. However, all the research and knowledge in the world cannot prepare you for the experience you are about to have when you step off the plane in Australia.

The first thing you notice about Australia is how welcoming and friendly the people are. This is a relief

because you've already endured the exhaustion of a day or more of traveling. After you've landed and made it through customs, you gather your bags, or never get them like half of my group, and continue your journey to the Macquarie University Village.

The very first night we were greeted with goon, a cheap wine that we all grew to love and hate, a tasting of Vegemite, and a good old game of beer pong. This was only the start of "Team Jersey" and crazy semester we were about to face. There are some differences when comparing the United States and Australia like business hours, currency, diet, the system of measurements, sports, education, and public transportation.

However, these differences never stopped me from enjoying my time in Australia. I actually miss my leprechaun coins and play money (what we called the Australian currency).

The traveling I did while I was in

Australia was amazing. I traveled up to the Gold Coast, Byron Bay and up the coast from Brisbane to Cairns, including the Whitsundays, Fraser Island, and the Great Barrier Reef. The first weekend in Australia, our group went to the Blue Mountains and abseiled and explored the famous Jenolan Caves.

One weekend, after classes ended, some of us took a weekend trip up the Central Coast and stayed at a friend's house. Before returning to the United States, 14 of us took a trip to Fiji for one week. I am so happy I chose Australia to study abroad in because the traveling I did within it and on the way home was so memorable.

Leaving Australia, I experienced both gains and losses. The friendships and memories I have gained outweigh the losses by an extreme amount; however, those losses remind me of the challenges and things I learned about myself, as

well as the rest of the world. Every country is different and it takes time to adjust and learn it's culture. By studying abroad, I learned not only about Australia's culture, but about cultures from all over the world.

My roommates were from India, Japan, and Korea and by the end we grew very close and had learned many things about each other and each person's country of origin. Living in another country helps expand your mind and knowledge and gives you the chance to experience so many different things.

Australia has helped shape me into the understanding, mature, independent, and patient person I am now. If you're on the fence about whether or not to study abroad, even if you're not thinking about Australia, just do it. Don't hesitate because this will be the best experience you will ever have and you will not regret it.

The Work Never Ends, But College Does

MARIANNE VERNA
LIFESTYLES EDITOR

It's hard to pick the right words for such an important goodbye. Although I am not an *Outlook* veteran like many of the other fabulous writers and editors that make up the staff, over the last year writing for the *Outlook* has been one of my favorite experiences. Starting off in September as a contributing writer and ending my year as Lifestyles editor was definitely an exciting experience. If you have thought about about writing for *The Outlook* but you weren't sure, join. It is easily the best way to meet new friends and build an experience for yourself that not everyone takes advantage of. First I want to thank everyone at the *Outlook*, you all made me feel so welcome and I loved spending my Monday after-

noons with you, and I am truly going to miss that a lot.

Coming to Monmouth as a transfer student my junior year it's sometimes hard to find a place where you think you belong. *The Outlook* was the perfect spot for that. I loved being able to write about all different topics and seeing my hard work every week. I always love Wednesdays, being able to pick up the paper and see the all the great work that everyone did. Not only was *The Outlook* a great experience, it really helped me figure out where I wanted my life to go, it showed me that I really do love journalism.

Gina, you really work hard and make sure to keep everyone on their toes. Even though I ask you a million questions every week you are always there to help without hesitation. I love how you and I have a bond over Brit-

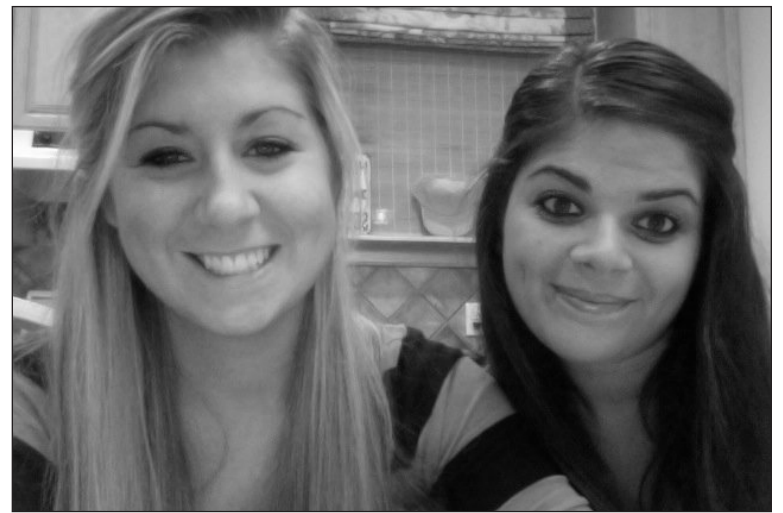
ney Spears that no one else seems to understand. As for the rest of *The Outlook* staff members, you guys are all rock stars, and I know that you are all going to continue to be amazing next year. I really enjoyed hanging out with everyone. You all have contagious personalities and are a pleasure to be around.

As for the Communication Department we are lucky to have some of the best teachers I have ever had. First off Professor Morano, not only was Writing the Review one of my favorite classes I truly enjoyed hearing your crazy stories and I learned a lot in your class, not just about movies but life too. You are an awesome advisor for *The Outlook* and we are so unbelievably lucky to have you.

After taking three classes with Professor Taylor, I have never had a professor with the energy and charisma that he shares. He is one of only professors that I have had that comes to class with a huge smile on his face and it stays there the entire time. He was able to make every class I took with him interesting and I always left class being in a good mood.

Professor Novek was the first professor I had at Monmouth. After taking two classes with her, she has easily become one of my favorites. She is smart and always has a lot of information about whichever topic we are discussing.

Last I want to thank all of my friends at MU. My two roommates are my life. Jen, I never would have thought that we would go from 2nd grade all the way to college together. I am so lucky to have you as a friend and thank you for getting me to



Monmouth. Without you I may not have ended up here. We have literally been through everything together and I don't see us stopping anytime soon.

Jill, I never would have thought the first time we met that we would end up being best friends. I don't even know how to sum up our last two years, but you have become such an amazing friend to me. I am going to miss our dinners, and spending hours in Howard hall the night before we have huge papers due. I don't need to tell you how much I am going to miss you, and maybe one day we will actually finish everything on our to do list. Me, you and Jen are the greatest combination of roommates ever and moving back home is just not going to be the same.

Last but not least, Lana. We obviously had an instant friendship since the first time we met and you have continued to be there for me every

time I needed you. My Friday afternoons are going to be so boring without you since I will have no one to waste time with anymore! I am so happy that you are our unofficial roommate and I'll miss our morning conversations after nights out. I know that the four of us are going to stay just as close and the three of you are the most important people in my life.

For my final sendoff, I feel like I don't need to wish the future *Outlook* staff any more luck. You guys are in such good hands and the plans you have for next year are only going to make the paper even better than it already is. Jaclyn, I know you are going to be an awesome Lifestyles Editor, and continue writing those recipes because they are awesome. Once again, I want to thank the whole *Outlook* staff and the Communication Department for giving me the tools and the confidence to go out into the "real world" and start my life.



How to Save Money at the Gas Pump this Summer

MARIANNE VERNA
LIFESTYLES EDITOR

You're sitting at the gas station and you can't help but stare as your 10 dollars worth of gas is slowly getting you no where...literally. You can feel your heart breaking as you leave the gas station feeling helpless and angry about how much gas is and how little you are getting in your tank. With summer quickly approaching you and your friends want to be planning road trips,



PHOTO COURTESY of mygtv.net
Will gas prices ruin your summer plans?

beach days, and enjoy the freedom of being out of school. Well, you might not be doing too much travel this summer with the current prices of gas rising to almost \$4 a gallon. Luckily for you, there are many ways you can save on gas and still be able to do everything you had your heart set on for this summer. Technology has stepped its way into helping people save money on gas by creating Smartphone apps, and websites to assist in helping you find the cheapest gas in your area or to the places you plan on traveling. If you haven't already visited [gasbuddy.com](#) I suggest you try it immediately. This website provides you with the gas prices in your area. All you have to do is enter your zip code and it will give you the top gas stations with the lowest price in the past 24 hours. It even gives you the exact location of where these gas stations are located so it makes it even easier for you to get there. The purposes of this website is to help people compare prices between gas stations in the same neighborhood so you can decide which one would be best for you. Not only do they list the prices of the gas it also includes the average cost of gas in your area and price trends. Some other websites that are similar are [GasPriceWatch.com](#) or [FuelMeUp.com](#), these are more ways that you can easily plan your trips to save you the most money next time you are at the pump. If you and your friends are planning any road trips this summer you might want to try planning a route carefully. By planning out the

shortest ways to travel you will save money on gas. There are tools like [fuelcostcalculator.com](#) from AAA that will help you estimate how much you will spend on gas state by state. You can also use it to plan the most direct route to your destination. Another way to do this is traveling at a time when there will be no traffic. This way you don't have to sit and have your car run unnecessarily. When traveling its also important to keep in mind what kind of vehicle you are going to use. If you are planning a long road trip it might not be the best idea to take an SUV since those cost a lot to fill up. Your best choice would be to use a smaller car or see if your friends have a more fuel-efficient car to use. According to the U.S. Department of Energy, they estimate that fixing a car that's out of tune or has failed an emissions test can improve its gas mileage by an average of four percent. Keeping your tires properly inflated boosts your mileage by 3.3 percent. And using the manufacturer's recommended grade of motor oil will cause a one to two percent jump. There are also many things you can do while you are driving to help save on gas. This next one may be difficult, but slow down. Every five mph you go above 60 mph is like paying an extra 24 cents per gallon, according to the Energy Department. "Aggressive driving in general wreaks havoc on gas mileage. Rapid acceleration and braking can lower mileage by 33 percent on highways and five percent on city streets.



PHOTO COURTESY of yorkblog.com
According to current estimates, gas prices may reach over \$4 this summer.

"A smoother driving, less aggressive style will often pay dividends, even in a high-performance car, said Robert Hills, education program manager for the Universal Technical Institute, which specializes in automotive technology education." Once you get to your destination of choice, leave your car in the parking lot. By using public transportation, walking, or even renting a bike you can save money the whole time during your stay. By walking or renting a bike not only are you getting great exercise while vacationing it is also a different and exciting way to sight see your vacation spot. Whether you plan on driving across the country or down the street, you should try and save money any way you can. Even if you can't try all of these ways even one or two will make a change in the amount that you will be paying next time you make a trip to the gas station.

Reality Television, Coming to a Class Near You

JILL BENANTI
STAFF WRITER

Reality television whether you like it or not, is something that is here to stay. With shows like the "Jersey Shore" and "American Idol" bringing in millions of viewers weekly, this relatively new programming has become a pop culture phenomenon. It seems that there is a reality show for almost any topic ranging from "Keeping up with the Kardashians" to "West Coast Chopers." There is really a show for everyone. One can assume that everyone and anyone watches reality TV, but is that safe to say? This year a new question was added to the SATS which is causing uproar among students. The question has to do with reality television. Students across America are divided over this new controversy. The question states: How authentic can [reality] shows be when producers design challenges for the participants and then editors alter filmed scenes? Angela Garcia, executive director of the SAT program, said she did not think it was an unfair question to ask students. Garcia told the *NY Times*, "The primary goal of the essay prompt is to give students an opportu-

nity to demonstrate their writing skills." Garcia goes on to explain that this particular prompt was intended to be relevant and to engage students, "It's really about pop culture as a reference point that they would certainly have an opinion on." The problem that most students are having with this question is that it assumes that all students have a television, watch reality television and or care enough about the programing to distinguish between reality and scripted programs. One student told *The New York Daily News*, "I guess the kids who watch crap TV did well. I was completely baffled; I watched 'American Idol' four years ago." The website College Confidential asked students their opinions on the matter. One student wrote, "This is one of those moments when I wish I actually watched TV. I ended up talking about Jacob Riis and how any form of media cannot capture reality objectively. I kind of want to cry right now." Some students are not having as much difficulty as others, one student wrote "I talked about 'American Idol' (how it can push people to strive towards better singing skills) and 'The Biggest Loser' (How it influ-

ences people to become healthier), wasn't that hard from what I thought." Was a question about pop culture an unfair question to ask? Although it was wrong to assume that all students watch television and follow pop culture, including a question about such a phenomenon happening right now across the world can benefit students in many ways. Pop culture is stronger and more relevant than it has ever been before. Every college and university offers classes based on media literacy and communication. Being a communications major, pop culture and media is a huge part of my learning process. In almost all of my classes since I entered college my professors have shown clips from various television shows to demonstrate an example of the subject we were discussing. Whether they are from a scripted program, a reality show, or a clip from YouTube, professors use these clips to force their classes to think outside the box in many ways. This is not to

say that individuals who do not follow pop culture should start, but it is a way to connect what you are learning in school to what is happening in the world right now. And while the fact that our country is at war is obviously much more important

than what reality show is most popular this week, it does not change the fact that pop culture is huge and there are valuable lessons that can be learned from it. Rather than ignoring it, use it to learn and teach yourself from real world examples.



PHOTO COURTESY of thephoenix.com
Could reality television be a new tool for teachers to use in class?

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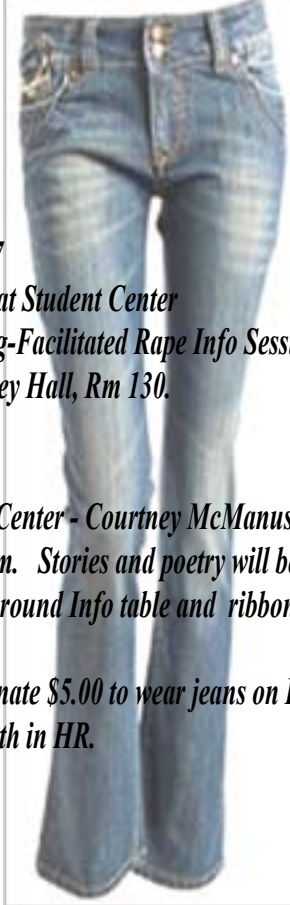
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2:30-3:30 - Drug-Facilitated Rape Info Session by Ellen Bloom , Bey Hall, Rm 130.

Thurs, 4/28
11-2 at Student Center - Courtney McManus, Survivor, to speak at 12:30pm. Stories and poetry will be read. 180 Turning Lives Around Info table and ribbons available for a donation.
*Employees: donate \$5.00 to wear jeans on Denim Day, contact Sharon Smith in HR.

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The American Cancer Society, Infinity Chiropractic and Wellness
Center, Stress Care of New Jersey AND MANY MORE!!!



New Foo Rocks Back to the Band's Roots

BRETT BODNER
MANAGING EDITOR

After taking two years off to work on side projects, the Foo Fighters are back in full swing with their new album "Wasting Light".

Up until this point, lead singer and guitarist Dave Grohl had been busy working on his side project Them Crooked Vultures and drummer Taylor Hawkins had been off playing in his three piece cover band, Chevy Metal. Hawkins also helped out Slash on his solo album that was released last year.

In August of this past year, Grohl, Hawkins, bass player Nate Mendel, and lead guitarist Chris Shiflett, went back into the studio to record their seventh studio album. The band was also joined by former rhythm guitarist Pat Smear, who once again became a full time member of the band.

This reuniting with Smear allowed the band to capture some of their old sound that fans fell in love with back in the '90s. Since they were inspired to go back to their old roots with this album, the band decided to record it in Grohl's garage studio. This is a place he says is "ballad free".

The new album was highly anticipated and when it was released on April 12, fans were not disappointed.

The overall sound of the album resembled their first two albums, which in my opinion were their best up until the release of "Wasting Light". After giving it a few listens, I believe it's fair to say that this one is up there with their self-titled

album "Foo Fighters" and "The Colour and Shape".

The album kicks off with the song "Bridges Burning". The song basically starts off with some strumming of the guitar and then the rest of the band kicks in, bringing with it a ton of energy. The song is loud and fast and Hawkins's drumming really keeps the song moving in a fast

Whether you are a Foo Fighter fan or even just a rock fan in general, you have to check out this album.

tempo. It is definitely one that is going to get the crowd moving when they play it live.

The second track on the album is the first single off the record called "Rope". The song features a catchy guitar riff and chorus, with a booming conclusion to end the song. Rolling Stone says the song "has a chopped surge that evokes mid-Seventies Led Zeppelin, then straightens out for a later-vintage payoff." I would have to agree as most Led Zeppelin songs start off slower but towards the end of the song it speeds up and has a sort of "in your face" ending.

One of the most interesting tracks on the album would have to be the fourth one, which is titled "White Limo". The song sounds like something that came straight off an old Metallica re-

cord. It's fast, heavy, and Grohl screams most of the song, which is uncharacteristic of the band as of late.

A special guest appeared on the album, which had most Foo Fighter fans (as well as many rock fans) excited. For the first time since the early '90s, Grohl teamed up with former Nirvana bandmate Krist Novoselic who played bass on the song "I Should Have Known." Novoselic wasn't the only Nirvana presence, as producer Butch Vig, who produced Nirvana's breakout album "Nevermind", produced "Wasting Light".

In addition to reaching out to some Nirvana roots, the album does not fail to deliver on the other tracks on the album. Songs like "These Days", "Arlandria", and "Back and Forth" can easily be radio hits in the future. Even songs I wasn't too crazy with on the album like "Miss the Misery" and "Dear Rosemary" were still decent enough to listen to.

The way the album ends is near perfect as well. The song "Walk", which happens to be my favorite on the album, is a great way to close out the album. The song sort of resembles everything the band has been

through over the years, while in a way declaring that they've been through some stuff but they got through it and now they are back. The album ends with the lyrics "Learning to walk again I believe I've waited long enough. Learning to talk again, can't you see I've waited long enough?"

Whether you are a Foo Fighter fan or even just a rock fan in general, you have to check out this album. I promise you it will not

disappoint. The band still features some great guitar riffs and Hawkins's drumming is still up there with the best of them in rock and roll today.

It's been almost four years since the Foo Fighters released an album (not counting their "Greatest Hits" that was released in November 2009), but it is safe to say that they are back and are once again ready to rock the world.



PHOTO COURTESY of vitalnoise.com

The Foo Fighters' new album, "Wasting Light" features an appearance by former Nirvana bassist Krist Novoselic on the track "I Should Have Known." The album was also produced by Nirvana's "Nevermind" producer, Butch Vig.

My Final Outlook Entry

MORGANNE FIRMSTONE
SENIOR EDITOR

As I look back on my time at the University, I can't help but think how quickly it has all gone by. Beginning my collegiate career back in 2007, with no idea what lie ahead—I can honestly say I could not be happier with the opportunities I have been given here at the University.

I was unsure of what to major in graduating high school, and was leaning toward the pursuit of an English degree. I was a decent reader, an OK writer, and enjoyed my time doing both. However, I found that my inquisitive mind found multiple areas of discipline interesting. How could I choose just one? Then, a light bulb went on one day—journalism; the study of essentially everything. Why hadn't I thought of it before? The news covered sports. The news covered politics. The news covered technology. The news covered people. Topics in journalism are seemingly endless. I knew I had found my home.

Fast-forward to sophomore year. I began to write for *The Outlook* on occasion, submitting an article here and there for the

practicum credit. Junior year I wrote more frequently, submitting an article almost every week, and really took advantage of having a small student-run newspaper on campus. The knowledge and skill I gained from simply writing every week was more help to me than any class I took. Practicing is truly the best method for maturation in the journalism field. After a substantial amount of writing, I was lucky enough to be granted the position of Entertainment Editor my senior year, where I have served you, the readers, for the past two semesters. I was also granted the position of Senior Editor for this past spring semester.

Being promoted to an editorial position has been an amazing experience. It is a much more design-oriented approach to journalism. As the editor of an all-color section, I have worked hard to bring the University audience a bright, eye-catching, creative entertainment layout every week. Again, with continuous practice my knowledge and skill in newspaper design took flight.

Practice is not the only thing that makes perfect, however.

Without the continued guidance and constructive criticism from my teachers, and the unwavering encouragement of my fellow *Outlook* staff members, I would not have grown as substantially as I have in my writing and design skills. My experiences at *The Outlook* give me confidence in pursuing a future in journalism.

So, without further ado: To Gina, our Editor-in-Chief, one of the hardest working undergraduates I have met, I want to thank you for believing in me almost a year ago when you proposed the position of Entertainment Editor. Although I was taken aback at first, you made me feel confident in my abilities and you helped guide me in my transition from writer to e-board member.

To our faculty advisor, Professor Morano, and our Office Coordinator, Sandy, thank you for keeping such a great student organization running smoothly.

I am extremely grateful to you two for allowing us to attend the journalism convention in Los Angeles this spring, it was truly one of my fondest memories at the University, and I will take the skills I learned at the conference with me wherever I end up. Lastly, thank you for your consistent guidance and support.

To my writers, thank you for filling up my section with such creative and diverse stories. They truly enriched both the entertainment section and the newspaper as a whole. Without you, I would have had to do a whole lot of writing and would have had a lot less free time.

To all of the section editors and our lovely graduate assistants, we have spent many a long night scrutinizing over the newspaper together. I want to thank you all for your help in allowing *The Outlook* to hit stands week in and week out. I had so much fun with you all in Los Angeles, and I wish continued success to each of you.

In conclusion, I would like to thank you, the readers. Without you there would be no us. Thank you for your readership, and to my fellow seniors, congratulations!

Water for Elephants Has Some Worthy Attractions

MATTHEW FISHER
OUTLOOK FILM CRITIC

Water for Elephants is a movie where it helps to have a date. This isn't to say singles can't see the film but it helps to have someone to share this love story with. At my showing, I saw plenty of couples ready to watch this romantic drama as well as a few Robert Pattinson fans I'm sure. While the film's setting of the Great Depression and traveling circus helped add interest, the love story has some struggles to deal with in itself.

Francis Lawrence's (*I Am Legend*) direction is okay but nothing special when compared to his other films. He keeps the film's momentum alive but certain scenes lack sparks. When characters converse in a speakeasy, more drive and intensity could have brought the emotion to life than just letting the camera record the moment. Lawrence acknowledges the love of the main characters but it feels like it stays on the screen with them and less for the audience. However, Lawrence does at times return to his sci-fi/fantasy direction, which gives the movie another flavor. When Jacob Jankowski (Robert Pattinson) grabs a knife to attack someone, Lawrence uses tight spacing to build suspense and present a moment of uncertainty that is quick and dangerous. This scene has life and interest like the circus performances, but the lighter moments don't fair as much.

Water for Elephants, based Sara Gruen's novel, is about Jacob, the son of Polish parents, who is finishing his studies at Cornell University for veterinary science. As he begins his final exam, he learns that his parents were in a deadly accident. With the bank owning his parent's property and business (veterinary medicine), Jacob has no choice and takes what little he has en route to Albany in hope of finding a job.

One night in the woods, he spots a train and jumps in it. When he gets into the car, the passengers are ready to throw him back out, but one man stands up for him. The next morning, Jacob discovers that he is with the traveling Benzini Brothers Circus and finds work ranging from shoveling manure to keeping out cheap-skates. Later, during a performance, Jacob sees Marlena (Reese Witherspoon) preparing for her act by practicing with her horses when Jacob notices something wrong. Marlena quickly ignores him but Jacob can't stop thinking of her.

Soon, Jacob is introduced to Marlena's husband, the circus grandmaster August (Christopher Waltz) and lies about having graduated from Cornell to become the Benzini's vet. When one of Marlena's horses falls for the worse, she gets a new act with Rosie the elephant (Tia). While Jacob is charged with training Rosie, he begins to spend more time around Marlena and his feelings for her grow, which presents the risk of getting on August's bad side.

Pattinson does a bit better here than in *The Twilight Saga* but not by much. It seems at times like he is acting the same way, with restrained emotion that would be better seen than hidden. Pattinson tends to wear a blank expression on his face during certain moments that could be ripe for emotion like when Jacob asks Marlena to make an important decision about their future. He has some drive but



PHOTO COURTESY OF fanpop.com

Robert Pattinson and Reese Witherspoon star as Jacob and Marlena, who meet by chance in a traveling circus company.

can do much more with expressions and actions. Alas, Pattinson presents more emotion in his role by showing sadness when he sees his parents one last time, and concern when he sits by a tired Rosie in a dark lit room (nicely photographed by Rodrigo Prieto). Still, it can't help but feel that another young actor might have done more as Jacob like Andrew Garfield or James MacAvoy.

Witherspoon does well to place her character in the early 20th century with her flapper haircut and wardrobe. While Marlena starts off cold and empty, Witherspoon is able to better develop her as the movie progresses. She helps to give Marlena more contexts and plays her as a conflicted woman, torn between Jacob and August. Additionally, Witherspoon works well alongside her animal co-stars and presents Marlena as a genuine circus performer. When Marlena enters the circus on the elephant for the first time, Witherspoon has a composure that makes it seem like this isn't the first time she has done this. Marlena might not have been completely interesting, but Witherspoon helps to fix this a little.

Yet, Waltz excels by making August be as much a grandmaster in life as he is in the circus ring. From his first appearance in the spotlight, Waltz has a wonderful motion in all his scenes to make his role come alive and feel fully developed. Although Waltz plays the villain of the film (again), it is hard to look away at the best performance in *Water for Elephants*. He has August be the character you love to hate, as August jabs Rosie the elephant when she doesn't listen and becomes overbearing toward his wife. Waltz knows the right attitude and presentation to make his role both exciting and attentive like when August uses Jacob and Marlena to direct a new circus "act." Waltz has a stern grasp on the situation as August directs them both, from how to touch one's face to slowly dancing. This scene shows that Waltz know the right direction to take to give his character energy and disdain from the audience.

Having not read *Water for Elephants*, it is hard to say if anything

what was changed. Richard LaGravenese's script from the beginning has a similar structure to films like *Titanic*, where the main character is old and retells their personal story (this gives Hal Holbrook a few good screen minutes as Old Jacob). LaGravenese uses the historical backdrop to showcase elements like prohibition, jazz, and flappers; there are also speakeasies with all the life and excitement you would expect them to have. The authentic looking costume designs also help in this respect. Nicely, LaGravenese develops the circus as the main source for entertainment during the Depression. At times, the circus feels larger than life.

Now, the love story takes a while to develop so certain scenes feel dragged out. This lets characters grow and change but it gets tiring waiting. Of course, the love at first sight is clear immediately and the conclusion itself can be somewhat predictable, but LaGravenese makes sure to not make it all smiles with the right dose of tragedy. While the story is about caring for Rosie, it is easy to forget that until Rosie shows up again. When Jacob is with Marlena, Rosie seems secondary. It feels like the elephant should have had an equal role in the love story to make this tale complete rather than feel slanted.

This movie is for romance fans, like Nicholas Sparks adaptations, with its sentimental undertones and love story. However, it doesn't have that same excitement and spirit that other running-away-to-the-circus stories have such as *Bronco Billy* albeit as a cowboy rodeo. Still, for those that like the circus, the film makes good use of this and Tia is a joy to watch as Rosie walks around the circus ring wonderfully. With excellent elephant handling and wrangling, it looks like cinemas have a new pachyderm to acknowledge next to Bo Tat, (*Operation Dumbo Drop*) and Vera (*Larger Than Life*).

Water for Elephants isn't the greatest love story nor is it the worst. The setting is ripe for exploration, but certain elements prevent the movie from flowing smoothly from start to finish. This is one of those romantic films that would have a perfect home on the Hallmark Channel but it isn't something to run to the theater for. Still, if a couple is looking for a movie to share, *Water for Elephants* is worth a try but it may not be everything they hope for.

The Sounds of Summer

NICOLE MASSABROOK
STAFF WRITER

Summertime means a lot of things: tanning, beach time, vacation. However summer isn't just beach season, it's also concert season. After kicking the summer off with Kate Voegel's free concert on campus at Springfest on May 1, there are plenty of other shows to see (though, unfortunately, these aren't anywhere close to free). With so many artists touring, there is a little something for everyone.

Fans of pop music have everything to look forward to this summer. Katy Perry takes the Prudential Center stage on July 19. Pop princess Britney Spears is playing the Izod Center on August 5. The Glee Live! Tour will also make a stop at the Izod Center on June 16 and 17. Selena Gomez is playing PNC Bank Arts Center on August 20. Rihanna will be at the Izod Center with Cee Lo Green on July 21. Bruno Mars and Janelle Monae will be at Susquehanna Bank Center on May 7. If you want to sit back and relive your childhood with 90's pop boy bands, New Kids on the Block and the Backstreet Boys will be playing June 12 and 13 at the Izod Center.

For the rockers, Three Doors Down is playing Susquehanna Bank Center on May 22. Vans Warped Tour will also be making a stop there with A Day to Remember, 3OH!3, Gym Class Heroes and tons more on July 21 as well as at Monmouth Park Raceway on July 24. Daughtry is also heading to Susquehanna Bank Center with Lifehouse on May 15. Kid Rock is playing the PNC Bank Arts Center on July 12.

If you like rock from the 1980s, this summer is going to be great for you. Def Leppard is playing PNC Bank Arts Center on July 13, but you might not want to wait for that show as they will have Heart playing with them on June 26 at Susquehanna Bank Center. Journey, Foreigner and Night Ranger will be taking the PNC stage on August 24. Deep Purple is also heading to the same Holmdel arena on June 10. Also on June 10, Phish will be playing Susquehanna Bank Center. Peter Gabriel will also play that arena on June 25, and Motley Crue, Poison and the New York Dolls will all

play that stage on July 16. U2 will be playing the Lincoln Financial Field in Philadelphia on July 14.

Country fans have plenty of shows to hit up as well. Rascal Flatts will be playing Susquehanna Bank Center along with Sara Evans, Easton Corbin and Justin Moore on July 9. On May 14, Sugarland will also play the Camden arena with Matt Nathanson and Little Big Town. One of country's biggest names, Taylor Swift, will be playing not one, but four dates all at the Prudential Center in Newark. You can see the blonde country star on July 19, 20, 23 and 24. Kenny Chesney will be playing with the Zac Brown Band and the New Meadowlands Stadium on August 13. Keith Urban will play the Prudential Center on July 14.

If you're a fan of rap or hip-hop, it seems you're choices are a bit limited this summer. Usher and Akon are playing a show together on May 7 at the Prudential Center. You can catch Nicki Minaj opening up for the Britney Spears show mentioned before. Wiz Khalifa is playing June 4 at Festival Pier in Philly. Mike Posner will be at Six Flags Great Adventure on July 27. You can also catch Lil Wayne this weekend at the Bamboozle Festival.

That brings us to music festivals. One ticket to a music festival lets you see tons of bands in one day which makes it an awesome deal. Bamboozle is this weekend at the New Meadowlands Stadium with headliners Motley Crue and Taking Back Sunday in addition to Lil Wayne and plenty of others. The Dave Matthews Band Caravan is June 24-26 at Bader Field Airport in Atlantic City with, of course, Dave Matthews Band as well as The Flaming Lips, O.A.R. and others. There is also the Festival for Humanity on May 27-30 at Mountain Creek in Vernon. The festival features Good Charlotte, Third Eye Blind, The Misfits and plenty of others. Metal fans can get their fill at the Rockstar Mayhem Festival at PNC on July 27 and in Camden on July 31, featuring rock giants Disturbed, Godsmack, Megadeth, In Flames, and more.

There really is something for everyone. So while you're enjoying your summer, go see a concert. It's one of the best parts of summer.



PHOTOS COURTESY OF chhpak.com, nashville.com, lenewshit.wordpress.com, and new.music.yahoo.com
Godsmack (top) will be performing as a part of the Mayhem Festival on July 27. **Keith Urban** (left) and **Katy Perry** (bottom center) will be at the Prudential Center on July 14 and 18, respectively. **Lil Wayne** is set to perform at the Bamboozle Festival this weekend.

Thrifty Student Traveling: Boston

MARTYNA DOBKIEWICZ
FEATURES EDITOR

I think I left my heart in Boston the day I had to leave. Must have dropped it somewhere in a cobblestone alleyway near the former home of poet Robert Lowell.

Maybe it's that appeal of New England in general – the combination of history and the sadness in the form of endless blankets of snow in winter, and houses the color of dark sea green and blue.

The downfall to the city that pulls me back is that it can cost a good amount to get there – but as we know, some experiences are just worth the price tag. Transportation to Boston is available by bus, plane, train, and car. Taking the bus or driving is the easiest way to save money.

A bus from New York City via BoltBus can cost between \$30 and \$40. I prefer getting a group of friends together and going on a road trip; you can slow it down and really enjoy the drive through New England.

With the current high price of gas, it's good to go in a group to split the costs. One of the best parts about driving to Boston is that the city is unlike New York in the sense that you can actually drive around town – parking garages will still charge you a ridiculous amount, but the streets are free for you to explore.

While finding someplace to stay, unless you're willing to spend over \$150 for a hotel room for one night, stay away from the city, and move to the outskirts.

Going to New Hampshire is a great option that is nearby. Not only does it give you another state to explore, but also, finding a hotel there will cost less than staying in Boston.

Once you're ready for a day of exploring, follow The Freedom Trail, a mostly brick path that goes through downtown Boston that leads to many historic sites in the city; most are free or suggested donations to visit.

The trail is a great way to get a crash course in history, allowing you to pick and choose where you want to stop.

In the area, be sure to check out Faneuil Hall Marketplace, a famous

with 35 food stalls that offer delicacies that are both local and from all over the world. There are also 14 restaurants and pubs, along with 49 shops and boutiques that provide a large selection of unique gifts, acces-

visitors wishing to experience Boston and the intensity of New England sports fans. For \$12, you can be guided on a 50 minute walking tour of the ballpark.

The Samuel Adams Brewery is another popular attraction for students. The tour lasts an hour and is free, but there is a suggested donation of \$2 that benefits local charities. You will learn about the history of Sam Adams along with the brewing process. Oh, and as always, there are plenty of samples to go around.

Get smarter by stopping by Harvard! While the University and its well-known Harvard Square is actually in Cambridge, Massachusetts, it is still a worthwhile stop for visitors in the Boston area. The Square is a commercial center for Harvard students so stop by and breathe the air in the hopes of becoming a genius!

The Boston Museum of Science is one of the top rated attractions of the city for \$21. There are 500 exhibits and live presentations through out the day. There is also a planetarium, butterfly garden, and 3-D digital cinema. Also, you can visit over 100 rescued animals that now have a home there.

Relive your childhood days with a trip to the New England Aquarium. The priciest suggestion on the list, \$22.95, lets you visit over 70 exhibits –check out the Atlantic harbor seals in front of the building, the African penguins hanging out when you enter, and the green anaconda that you'll surely see people running from.

While the city of Boston is amazing to explore, one of the best qualities is its location and placement in New England. Go out and explore what else the surrounding area of Massachusetts has to offer.



PHOTO COURTESY of promptguides.com

Visit Samuel Adams Brewery for free samples and to learn about the brewing process.

Some of the significant stops are Boston Common, the Massachusetts State House, the site of the Boston Massacre, the Bunker Hill Monument, and the USS Constitution.

and historic shopping and dining experience. When it comes to food, New England is all about using local ingredients.

At Faneuil Hall, they do just that

sories, jewelry, and clothing.

Sorry Mets and Yankees fans, Fenway Park is the oldest Major League Baseball stadium still being used today – and a must see for

Hidden Behind a Smile

JENNA INTERSIMONE
CLUB AND GREEK EDITOR

If you are a Communication major, you have probably had Lauren B. in class. She is the woman in her 40's with the auburn hair, the one who is sitting in the front row with a smile on her face and her hand raised. She easily stands out from the traditional 20-year-old students, the only person not texting and always dressed to the nines.

However, besides her age difference Lauren stands out in other ways too. She has had a life that strays far from the ordinary, including an acceptance to Yale and a year of blindness.

When Lauren was 16, she attended a six-week summer session at Carnegie Mellon University in Pittsburgh, Pennsylvania for Theatre. She was subsequently chosen as the one student to be recommended to go to Yale University.

However, when her parents divorced, her father, being vindictive and bitter, told her that she was not allowed to go on the day of her high school graduation in 1981.

But Lauren refused to give up learning and her dreams of theatre. "Theatre studies the human condition," she said. "We all have such a fascination with each other. We are a bunch of little humans trying to figure each other out, and that's what theatre does; it helps us figure each other out."

So, Lauren said, "I am going to do the next best thing." And with that, she attended Stella Adler Studio of Acting in New York from 1981 to 1982.

Then, she attended the American Academy of Dramatic Arts in New York from 1982 to 1984, which is comparable to the London Academy of Acting.

When Lauren was 23-years-old, she began to feel extreme pain in

her joints and her doctors thought she had lupus. She moved to Palm Beach, Florida, in 1984 to be close to her mother and her sister. During one of her periods of feeling well again, she worked as a corporate trader for Barnett Bank.

However, working there, she was hardly the easy going, smiley person that she is now. "Everyone called me Hitler because I ran such a tight department of 45 people. I didn't care about anybody, and it was that ambition that helped me work my way up in eight months to four different positions," she said.

This rocket to the top did not last long, though. Her adrenal glands failed three years later and she was diagnosed in 1993 of fibromyalgia at

phine, which she is allergic to.

But, unknown to her doctors, since she could not show any signs of responsiveness, Lauren could see and feel everything going on around her.

Apparently, her coma was not as deep as the doctors thought, so they did not put her on any pain medication. To this day, she remembers everything that happened to her during those two weeks.

"When I awoke, they were horrified that they had thought I could not feel anything, so they ignored it. A doctor told me, 'Let's not speak of it, just go on with your life and pretend this never happened.'" So, Lauren did. She felt that she needed to just try to forget about it and move on

“When I was in the wheelchair and I couldn’t walk and I couldn’t see, the one thing I had left was my mind. I told myself that as long as I had that, I could go on.”

John Hopkins University. She was put on high dosages of steroids so that the diseases would not worsen and attack a major organ.

However, the steroids caused her muscles to wither away. This had kept her in a wheelchair from 1991 to 1993 and blind in 1992, since steroids cause cataracts in the eyes.

Lauren attributes her sickness to her high ambitions. "If I did not get sick, I would have been a successful businesswoman that just kept on going and stepping on people. I sometimes think that this happened to humble me."

After one of her 27 surgeries in 2003, which ranged from gynecological to the knees and back as a result of complications, Lauren entered a coma after being administered mor-

with her life.

However, even as doctors told her that she was going to die because of her failing adrenal glands (which protect the body), she knew that it was not her time and would just tell herself, "You need to go on."

Lauren started to get better in 2003, and she immediately decided she wanted to get her degree, despite her age of 38-years-old. "When I was in the wheelchair and I couldn't walk and I couldn't see, the one thing I had left was my mind. I told myself that as long as I had that, I could go on."

Her father, sister, and two brothers were not very supportive of her going back to school. They felt that college would be "just a hobby" for her.

mer comes around because she is out of class, and she does not work because she is currently on disability. Her obsession is her GPA and earning all A's.

She said, "My A's tell me that I have made it through another semester and I still have my mind to define me. My mind is my one perfect thing in my imperfect body."

She said she does not feel bitter for the time that she lost while she was sick. "I feel more of a sadness, like I lost somebody, but I can't allow myself to get that way because I want to be grateful for what I have now, and I just need to go on."

Professor Robert Scott, Lauren's Mass Communication professor, said, "She is not shy about voicing her personal opinion, even when she

knows she might be in the minority. As a professor, I appreciate this level of enthusiasm and participation."

However, there is one thing about school that Lauren does not like. She said that this semester has been rough for her because her 20-year-old peers have not been accepting of her, going as far as to snicker when she speaks in class.

"I feel hurt as if I was an 18-year-old again, and I go home feeling hurt, which is weird because of my age. I feel sad that they would act that way because I wouldn't do the same to them."

Besides this challenge, she also has to balance being an adult with being a full-time student taking 15 credits. "Sometimes my day starts at 3:30 am, because I have to get my homework done then, since I do not have the energy to do it after I get home from classes because my body is still so weak," she said.

For Lauren, time is no object and she sees no reason for it to stand in the way of her dreams. After graduation, she plans to move to Colorado Springs and attend Regis University, where she will get a liberal arts degree while working on writing a full-length play, which will be turned into a production after she completes her degree.

She said, "I want to be able to teach part-time, write when I want to, and I want my house to be surrounded by nature. What I really want is apple trees and lambs to take care of every morning. That's what I really want and I would be perfectly content for the rest of my life."

Professor John Morano, Lauren's Intro to Journalism professor, said, "...She's certainly not limited by ability, intelligence or work ethic. She's pleasant to be around, generous with a smile, incredibly sincere. Lauren has a plan.... I'm rooting for Lauren. Her future looks very bright."

4-20: The Legend, The Myth, The Origin That Nobody Knows

ANTHONY PANISSIDI
CO-NEWS EDITOR

It’s that time of year again. April – the month of Easter. Easter – the holiday on which kids awake to find baskets filled with candy, sitting atop a supporting layer of artificial green grass.

But many who arise on the 20th day of this month are looking for something else. Their basket might be a glass piece or a sheet of rolling paper, and their grass is as natural as the flowers beginning to bloom.

Much like Super Bowl Sunday, 4-20 is an undeclared national holiday amongst today’s marijuana-lovers. Bloodshot, glassy eyes, permanent smiles, uncontrollable laughter, and mellowness are just some of the abundant scenes on April 20th of every year.

But this day’s origin as National Pot Smoking Day seems to have gone up in smoke, as many of its celebrants don’t know why they’re rolling a blunt, smoking a joint, packing a bowl, or hitting a bong.

The Blind Followers

Cody Watters is a junior here at the University who has celebrated 4-20 in the past, but refrained from doing so this year because he had too much homework. “Do you have any idea why people celebrate 4-20?” I implored him.

“I don’t know the whole story,” he responded, “I just know it has nothing to do with smoking.”

Sorry Cody, but it has everything to do with smoking.

Bob Davis is a phone representative for the Cannabis Career

Institute (CCI), which is the first marijuana business seminar in the U.S.

CCI has been traveling around the country and instructing people on how to establish legal, medical marijuana businesses since March of 2009.

“Mr. Davis, do you know why people celebrate 4-20?” I asked him, just moments after speaking with Cody.

“Well, April 20th was chosen as National Pot Smoking Day because 4-20 used to be the code that cops used when people were smoking,” he replied.

Wrong again. Sorry Bob, but 4-20 has nothing to do with a cop code.

The True History of 4-20

High Times is a New York-based monthly magazine devoted to marijuana and a favorite amongst pot smokers. This past 4-20, their website featured an animated history of National Pot Smoking Day, which was narrated by a nameless cartoon character with brown hair that ran below his pectorals.

The chill, bug-eyed animation told me that the 4-20 concept was created in 1971, by a group of teenagers who attended San Rafael High School in California. These high school students referred to themselves as “the Waldos,” because their favorite place to hang out was by a wall. 4-20 was their secret code and indicated the time that they would meet every day to smoke marijuana.

Eventually, 4-20 spread through word of mouth and grew popular amongst the “Dead-

heads,” otherwise known as the fans of the legendary band, the Grateful Dead. Lighting up when the clock struck 20 after four became part of the Deadheads’ countercultural ritual, and a “universally understood invitation to get high.”

4-20 continued to survive through oral tradition until 1990, when a mysterious flyer promoting the date arrived at *High Times*’ offices in New York. The flyer had come all the way from a Grateful Dead concert in Oakland, CA.

High Times published the text of the handout in 1991, which said that 4-20 originated in San Rafael because that was the police code for marijuana smoking in progress. It wasn’t until 1998 when the magazine finally debunked this myth and attributed the dawn of the 4-20 era to the Waldos.

Even so, since 1991, *High Times* has taken it upon itself to spread the word about 4-20, and has used its monthly publication to inform the rest of the country. “And now, 40 years later, 4-20 is no longer a secret. It is a powerful force in the stoner world,” said the Jesus-like figure.

The Stoner’s View

Jason Scoby works for Therapeutic Happa, a non-profit, member-only organization that dispenses legal, medical marijuana in Santa Ana, Orange County, CA. “On 4-20, we medicate [smoke], eat, and enjoy each other’s company,” he told me during a phone call, when I asked him whether or not Therapeutic Happa does anything with its cus-

tomers on National Pot Smoking Day.

Scoby, who was somewhat familiar with the story of the Waldos, thinks of 4-20 as a symbol of marijuana smokers’ own social network. “It’s our day to celebrate. It’s a day of collectiveness,” he said.

“What about in comparison to other holidays, such as Thanksgiving and Christmas?” I asked him. “How do you feel about people celebrating 4-20 when they don’t even know how it started?”

“Well, I guess you can’t really compare it to other holidays, like Thanksgiving, which has rationale and hundreds of years of history behind it,” responded Scoby.

However, Scoby stressed the existence of holidays that have widely known beginnings, but yet stray from their original traditions. “Do gifts really have anything to do with Christmas?” he asked me, rhetorically. “No, they don’t. Gifts are just evidence of how that holiday has become more commercial,” said Scoby, answering his own question.

The Psychologist’s View

Dr. Kyle Barr is a consultant and psychological counselor at the University. While familiar with 4-20, he was previously unaware of the day’s popularity amongst the student population until I enlightened him.

Barr believes that 4-20’s timing is convenient, as it occurs just days prior to final exams. “Students may rely on pot as a form of stress relief because they are

overwhelmed with the amount of work they have to do at the end of the semester,” he said.

When thinking about it from this perspective, the origin of 4-20 doesn’t matter since University students are celebrating for their own personal reasons.

Regardless of 4-20’s origin, Barr believes that pot smokers use the day as permission to smoke marijuana all day. “They’ll use the excuse, ‘it’s okay, it’s 4-20,’” he said. Moreover, smoking pot on 4-20 appears even more acceptable because it seems as if everybody else is celebrating too, said Barr.

Barr cited many reasons as to why University students should refrain from celebrating 4-20, including, most notably, the fact that smoking weed is illegal in New Jersey. Furthermore, combining marijuana with other substances, such as alcohol, can have consequences, such as abnormal levels of anxiety in those who don’t smoke regularly.

The Cop’s View

Detective Lieutenant Steve Peters of the Ocean Township Police Department has been a police officer for 24 years. “4-20 has no meaning to society, other than to those who smoke marijuana,” he said.

“Do you care whether or not somebody who is smoking pot knows the origin behind 4-20?” I asked him.

“4-20 is certainly not an excuse for circumventing the law and there is nothing prohibiting us from taking action, since smoking marijuana is a violation of the law,” responded Peters.

Thrifty Student Traveling: Philadelphia

MARTYNA DOBKIEWICZ
FEATURES EDITOR

One of the beauties of being a resident of the state of New Jersey is that no matter where you live - north, central, or, south, you’re close to a city.

While driving through South Jersey, the signs for Philadelphia are beyond enticing, and like New York, it is a place that many of us are familiar with.

A day spent in the historic city will cost you significantly less than going into the Big Apple. For starters, the travel fare is much more decently priced.

While it depends on where in the state you live, the price to get to Philadelphia’s 30th Street Station via train from Metropark-Iselin (Central Jersey), costs about \$18 round-trip.

Driving is also another popular option due to the fact the city is fairly close, and not as clogged with traffic as New York. Upon arrival, there are many things to check out – some that are considered “local” and others that may be touristy, but should not be overlooked.

For somewhat of a *Weird NJ* experience, stop by the Eastern State Penitentiary in the Fairmount area. The prison was operational from 1829 until 1971, and housed inmates such as Al Capone. Currently, it is a National Historic Landmark and is open to the public for tours seven days a week, and students get in for only \$8.

Another *Weird* experience can definitely be had at the Mütter Museum, not exactly a common destination for first time Philly travelers, but perfect for Jersey residents that live nearby. It’s a

medical museum that has antique medical equipment, wax models, anatomical specimens, among other things.

Some of the exhibits include the tallest skeleton displayed in North America – a nine-foot-long human colon, a wax model

of Philly, stop by Independence Hall and the Liberty Bell – both are for free. The Hall is part of the Independence National Historic Park, and is the sight where both the Declaration of Independence and Constitution were debated and adopted. It is a great

dependence on July 8, 1776.

Philadelphia is home to one of the largest art museums in the country, the Philadelphia Museum of Art, which makes it a very popular attraction. There are over 225,000 objects in the Museum, in 200 galleries.



PHOTO COURTESY OF iaapa.com

Visit Al Capone’s cell, above, at the Eastern State Penitentiary in the Fairmount area of Philadelphia.

of a woman with a horn growing out of her forehead, and a piece of thorax tissue removed from the throat of John Wilkes Booth, Abraham Lincoln’s assassin. To see some of these oddities, check it out – students get in for \$10.

To see a little bit of the history

way to find out more about American history.

The Liberty Bell is also a popular historic stop; it is a great symbol of American Independence. Historians believe that it was one of the bells that rung to mark the reading of the Declaration of In-

Its American collections span three centuries of painting, decorative arts, and sculpture. Students have access to both the Main and Perelman Building for just \$12.

Edgar Allan Poe fans can stop by his red brick home for free, to see where he wrote *The Black*

Cat and published the famous stories of *A Tell-Tale Heart* and *The Fall of the House of Usher*. You can walk through the three-story house that has exhibits about Poe’s family and his literary achievements.

If you’re looking for the ultimate summer concert venue, check out Susquehanna Bank Center. Technically, it is located in Camden, but is literally right next to Philadelphia. It’s partly an outdoor amphitheater and indoor theater so there’s lawn seats available for cheap.

For \$25, I saw No Doubt, Paramore, and The Sounds, for \$30, I saw Coldplay. There’s nothing that beats a summer night spent standing outside with 40,000 people listening to good music.

Kelly Drive is another popular destination for people who want to just enjoy the city by exercising, whether by just walking, running, playing frisbee, or bicycling. It is a four-mile road that runs along the Schuylkill River, and is closed off to vehicle traffic.

You can’t leave Philly without eating the perfect cheesesteak. Jim’s Steaks is an absolute must, and there are three locations - South Street, Northeast, and West Philadelphia. Not only are the steaks and hoagies among locals’ favorites, but the price is right too. For about \$5 you can get a foot long cheesesteak and a drink.

There’s an endless amount of things to do and see in Philadelphia – especially for individuals who want to learn more about America.

Most of these sites are either free or very affordable, so when you run out of things to do this summer, try spending the day getting lost in history.

Find Out Who You Are and Try Not to Be Afraid of It

GINA COLUMBUS
EDITOR-IN-CHIEF

The weather is sweltering, high 80's with no breeze grazing the nape of your neck. The sun is beating down on you as you stumble along the unpaved dirt roads. The city is pleasant, but it's no twinkling New York City skyline.

The poverty is noticeable, but you've probably seen worse. The people are more than cordial and act like they've known you for years. And right at the center of those gracious, hard-working people is 22-year-old Octavia Okoe-Quansah.

Okoe-Quansah, a Monmouth University senior studying social work, can safely say she's seen a lot of good and bad, with most of her family living in Ghana. Bad for the conditions she's seen people suffer through, but good for the better person it's made her become.

Born by parents who grew up in the African country, she embraced the family and scenery that floated in and out of her life. "I lived in Brooklyn for three years, then went to Irvington, New Jersey for 12 years, and have now lived in Belleville for the past 7 years. My parents first moved to Germany after they were married because my dad's job transferred him there. My two older brothers were born there as well, but after a few years my parents shipped them off to Accra, Ghana to live with my grandparents."

Doesn't it sound a bit strange, to send your siblings off to another country? "It's actually very common. Not like they get sent off because they're bad kids, but it's just for them to understand where their family has been and to be disciplined a little better," she explains.

Octavia leans back on the couch in her Garden Apartment, in the complex where she is the Apartment Manager, as she delves into the perplexing background that she finds completely ordinary.

Her rich, dark chocolate skin, giant silver chandelier earrings and a black t-shirt that reads Monmouth University African-American Student Union are what pop off of her at first glance, but there is more going on beneath the surface.

Octavia's father, Asabley (or Eddy, his American name) works at Continental Airport and has seven other children from previous relationships. Her mother Elizabeth, works as a nurse in New York. Both are currently visiting Ghana.

In total, there are 23 grandchildren in the family. From her mother's side, only six of them have visited America since the majority of them reside in England. "That's just how it is in Ghana. If you want to get out of there and better yourself, you either move to England or the United States. My family was the first of all of us to choose here."

Accra, the capital of Ghana, is where most of Octavia's family resides and the spot she has visited four times. "Oh my gosh...it's like a whole 'nother world," she says as she shakes her head. "You have to boil water for a hot bath!"

However, Octavia does feel at home when she visits Ghana. "It is beautiful, very humbling actually. I see what I have here – and I know not to take it for granted. It's a part of who I am." She smiles at the bracelet on her right wrist which holds her native colors.

"Red is the blood we shed for the people, green is for the land we live on, yellow is for gold and the black star is the unity and connection of all our people."

She was also taught Ga, Ghana's native language, from her family. "My brothers know all of the curs-

es, of course," Okoe-Quansah says.

"But you know what's funny? Parts of my life, my dad wouldn't speak any English to me because he didn't want me to lose the language. He would order chores for me to do around the house and I had no idea what he was saying. So I would repeat it to my mom, who would say 'he means dustpan.' I ran and got the dustpan, then I would come back and he would give me a new word. I repeated the same, this time getting a broom. I finally put the two together and thought 'Oh! I

According to Octavia, her father brings Ghana home a little too often. "My dad wants me to get married, but only if he's from Ghana. My response? I say only if he's hot!"

Growing up, her father even pushed for a Ghanaian education. "He gave my elementary teachers permission to beat us in order to discipline us, because that's how it is in Ghana. Of course my teachers said, 'I'm sorry, we don't do that here.' But I'm surprised they didn't threaten me! I was always such a

mouth.

This "whole 'nother world" also holds a touch of royalty for the Okoe-Quansah family. "My aunt Eva, who is also my godmother, is the Queen Mother near the Accra region. A Queen Mother acts as a 'sub queen' and a leader on social issues in her governing area. It's actually disrespectful to call her anything other than her royal name. I can't even call her Auntie Eva anymore when I visit. Now it's Nana Setchabia."

Of the seven eligible sisters, all

"This guy was walking towards me and told me to go home and change. He didn't have to tell me that, but since everyone just has a family connection with each other, he felt like he could."

For visits, Octavia's family has their own house about two to three hours away from Accra in Lataberakeshi. "Oh no...the *journey*," she groans. "When we visit, we have to travel that distance every day to see them. But I love my parents' house—it's beautiful. It's a gated community that was recently built...they plan on permanently moving there once they're both retired. That makes me sad because obviously, I want my children to know their grandparents."

There is, however, one thing that makes Octavia sadder than that. The President of the Monmouth University African-American Student Union chokes up from witnessing the country's broken fortune.

"Of course there's poverty, but there should first be better schools. I wouldn't be able to concentrate in a broken down, one room classroom. When we drive through the city, there are young street vendors selling us gum and water. They should be students working to get their education."

As for her own education, Octavia had to make a decision whether to attend college in the United States or her family's homeland. Her father had offered to pay for a Ghanaian college, but she knew Monmouth was the best choice for her financially, and for her studies. Octavia will be the first of her immediate family to graduate from college.

Overall, Octavia is absolutely crazy for Ghana. "I love it. I'm actually taking a year off of school when I graduate before I go back for my master's [in social work]. I'm going back to Ghana for two months just to help out wherever I can. That's my family, you know? All I can do is give back."

Others have noticed Octavia's generosity. Her best friend, Adeshola Obafemi admires her kind heart the most. "I've never met someone so willing to lend a helping hand to anyone who was in need, no matter her relationship with them or lack thereof."

Okoe-Quansah confesses her heritage has mildly enhanced her drive to study social work. It's her love for children and the desire to protect them that overcomes everything.

"I want a badge that says 'social worker' just so I can take kids away from bad situations. My dream job is to work for DYFS [Division of Youth and Family Services]."

She reminisces about Ghanaian children with the brightest smile. "Many times, they will run up to me and ask 'Do you know Puff Daddy, or Beyonce?' It's so cute!"

As an African-American student at a primarily Caucasian University, Octavia chortles at the subject of diversity at Monmouth.

"It's gotten better since my freshman year. We now have Alpha Kappa Alpha, the first African-American sorority Monmouth has ever had. But seriously, it's so weird when we're talking about a 'black' thing in class. Everyone turns around and looks at me. Why? I was not around during the Civil Rights Movement."

Expect to see much more of Octavia even after she departs from campus. She insists she could never live in Ghana and be so far away from the life she's made in Jersey.

"I was born and raised here. I don't mind visiting, but my life is here in America right now. When my parents retire I will be visiting more often, but for now...I'm just not ready for heat yet!"



PHOTO COURTESY of Octavia Okoe-Quansah

Octavia Okoe-Quansah, a University senior studying social work, will be the first of her immediate family to graduate from college.



PHOTO COURTESY of Octavia Okoe-Quansah

Octavia Okoe-Quansah and her mother Elizabeth (pictured above) visit Accra, Ghana, where most of their family resides.

get it. He wants me to sweep."

Carolina Motsi, Octavia's sole cousin residing in America (Bayonne, New Jersey), agrees the language is important to the culture. "Octavia was so lucky to be raised here, but still have her family teach her Ga. We are so proud to be Ghanaian. I'm so proud of the language, proud to be where I'm from." Caroline also says her and Octavia act like sisters. "She's never let anything stop her, and she has always gone all the way for her education."

loudmouth."

The cultured student describes Accra as "very city-like. It's very upbeat and is a modern village. But my grandmother's house which is in the same city...man. There is no A/C, and the bugs...it's not horrible. I'm just not used to it. I ended up buying a mosquito coil which never did any good anyway."

She does, however, enjoy the food. "It is so delicious, and so fresh!" she giggles as she imitates spooning banku, cooked corn dough, into her

declined the royalty title except for Eva. "She took it because she likes attention," Octavia smirks. "But if her children decline it once she passes, it will probably be offered to me. But I don't think I'd want it either. It's too much of a hassle."

Those who reside in Ghana, Octavia says, couldn't be any nicer. "Everyone is family. One day I was walking with a friend, wearing a skirt. And let me tell you, it was not short. Do I seem like the type who wears short skirts?" she laughs.

Hold On Tightly, Let Go Lightly

MARTYNA DOBKIEWICZ
FEATURES EDITOR

There are certain moments in life that you will never forget. Realizing that you're in love for the first time, having to say goodbye to someone before you're ready, accomplishing something you thought was impossible.

Four years ago, I was told that these would be the best years of my life. Were they? The process of growing up is never easy, but eventually, time catches up with all of us. Looking back, it's hard not to sum up my college experience in the cliché "bittersweet" way.

While walking on campus, I carry those unforgettable moments with me. In some way, Monmouth will always be intertwined with experiences that have defined who I am today.

Meeting some of my closest friends by studying abroad, falling in love via text message in Wilson Hall, still quoting a poem that was assigned by a professor long ago.

Since I was nine years old, writing was how I expressed myself. Nothing has changed since then, and while there are too many people to squeeze into black and white space and a tight word count, I can't express enough gratitude to them.

First, I would like to thank all of the professors in the English Department who have taught me to not only interpret and study, but love, literature.

Thank you to Dr. Starke, for revealing the beauty of sonnets, to Dr. Laoye, for taking me beyond the Atlantic Ocean, and to Dr. Waters, for teaching me the importance of each letter, in each word, in each line.

An endless amount of thanks to Professor Morano in the Communication Department, who has expanded my knowledge beyond literature and creative writing, to journalism. My portfolio thanks you. Without your support, my feet would have never led me to the offices of *The Outlook*.

"Never go against the family" is the best way to sum up how I feel about *The Outlook* team. Stand

behind your stories, writers, and most importantly, friends.

Gina, I couldn't have asked for a better Editor-in-Chief to work under. Thank you for devoting countless hours to teaching me how to layout a page, answering every question that I asked, sometimes twice, and encouraging me when I didn't know if I could do it.

From the second I saw a Jets sign hanging above a computer,

ing to class on Thursdays, and peasants. Things just won't be the same...

Joanna, somewhere between life threatening turbulence, Nicki Minaj, Maya and Maja, and bad Polish rap songs, we became friends. Jenna and Sandra, being escorted into Level 3, enough said.

To Morganne - for Nike and baseball caps; for reminding me of the most beautiful, confident

to fix, well, everything, and making the most amazing back pages, and Amanda for talks of vampires and an eye for catching anything I miss with a red pen.

Beyond my *Outlook* family, is a group of people that I can't imagine never having met. Without them, growing up would make even less sense, and with them, even the worst of times eventually get better.

Mike, come home faster. Here's

Here's to the amazing ladies I have in my life that would bring Carrie, Miranda, Samantha, and Charlotte to shame.

Kimmy, to all of the situations only we can get into together. From making cross-state road trips and E.R. visits in the name of love, to meeting Spanish purse-snatchers and angry TSA agents, we're most brave when we conquer the impossible together.

Anna, I can't believe I have gone so long without meeting my twin. All my life, I have felt like there was something missing, and since the day we've become friends, that feeling has disappeared. Time and time again, you fill those empty spaces.

Taylor, here's to proving astrology wrong and finding the perfect balance between a Taurus and a Gemini. Here's to each second that you keep me laughing harder than anyone else, here's to a friendship that continues to make life fun to live.

Kasia, this won't do you any justice. Thank you for standing there when everyone else left, for picking up the pieces when no one had the effort to, for proving that a friend can become a family member. I thank whoever and whatever aligned our stars together.

Last but certainly not least, I'd like to thank the people that have made the pursuit of my dreams possible - my family.

Paulina, you are the greatest role model a little sister could ask for. Thank you for the moments that you stand up for me even when I am wrong, for all of my flaws that you accept, and for all of the support you give me, an ocean away.

Mom and Dad, thanks for letting me do what I love. Mom, for giving me your gift of creativity; I dream of being able to use it to its full potential. Dad, thank you for teaching me that when life shuts the door on you, to find another way in by climbing through a window.

We all find ways to leave our mark on the world. Here's to leaving my mark by writing, until I just can't write anymore.



PHOTO COURTESY of Martyna Dobkiewicz

"Never go against the family" is the best way to sum up how I feel about *The Outlook* team. Stand behind your stories, writers, and most importantly, friends.

and heard "If It Means A Lot to You" blasting from speakers, I knew I was in the right place with the right person.

Brett, I hope you never lose that infectious laugh, or that energy that keeps everyone going. You're the heartbeat of the newsroom. Without you there, things just seem to stop.

Oh, Legacy. You had me at hello (not really). Here's to waking you up while napping on the office couch, blasting dubstep to start off the morning right, walk-

woman I know, and Matt, for the comics that make people escape reality.

Melissa and Robyn, I couldn't ask for better roomies. As the graduating seniors, let's give these kids something to talk about!

Finally, a special thanks to the people that oversee everything that goes on at *The Outlook* - Sandy, Chris, and Amanda. Sandy, thanks for being the happiest person in the office on a Monday morning, Chris for knowing how

to the minutes we've spent in silence because we understood without speaking, the songs that have become the soundtrack to our lives, and the countless pages of verbal graffiti. I'm forever grateful to have you in my life.

Jason, you are both the sun and the storm that comes around afterwards. You brought creativity into my life, taught me what it was to feel, and how to write it down. We're nowhere near where we started from, but thanks for that unforgettable beginning.

Thrifty Student Traveling: Pittsburgh

MARTYNA DOBKIEWICZ
FEATURES EDITOR

The city of Pittsburgh has established quite a reputation. Mostly known for its six-time superbowl winning Steelers team, it's safe to say that it is in the running for the city most in love with a nice game of American football.

Upon my many trips there, I would venture to say that it's perhaps one of the most overlooked cities in the country. In fact, when choosing a city to travel to, it is not one of the first places that most students would look to, asking, "What's so special about Pittsburgh?"

Forbes and Yahoo! voted it the most livable city in the U.S. in 2010, showing that it deserves more recognition as a travel destination. One of the most attractive qualities about Steel City is its "small town" attitude.

Unlike the overwhelming feeling some travelers experience while visiting a city like New York, Pittsburgh offers the beauty of skyscrapers, but with a more relaxed and welcoming atmosphere.

To travel into the city, the most efficient way is by plane. According to Expedia, for the upcoming month of May, most tickets are selling anywhere between an aver-

age of \$150 to \$250.

While this may seem costly, with the rising price of gas, driving is a questionable option, especially since it could take about seven hours to arrive there from NJ.

Hotel prices in the Pittsburgh area can cost in the upwards of \$150 per night, but there are many inns that charge starting at \$70, including Red Roof Inn and Econo Lodge which received three and a

quite loyal to Wawa, until they see the fresh, fast food snacks being offered at Sheetz, along with freshly prepared Starbucks-esque drinks.

The historical Duquesne Incline in downtown Pittsburgh is an absolute must for travelers wishing to see one of the best views of the city.

For just \$4.50, you take a ride in a cable car on one of the only remaining inclines in the country. Once you reach the top, you not

they feature new popcorn flavors with the small sizes starting at about \$4. Starting April 29, it's all about "vanilla almond," "fruity loop," "buffalo wing," and "zesty ranch."

Primanti Brothers Restaurant is another spot that is considered a "Pittsburgh institution." Their sandwiches are famous, causing lines to form outside of the door of this diner-like eatery. The most expensive combo's are only \$7, and

single-artist museums in the world. Students are admitted for \$8, and can see more than 8,000 works of Warhol - everything from paintings to photographs, film to sculptures.

When it comes to going out in Pittsburgh, the best part of the "small town" attitude is that you will find both a good amount of pub-like places and dance clubs, whichever you prefer.

The city's residents are very laid back, and easy to mingle with. For live music check out Lava Lounge, New Amsterdam for non-stop house, Firehouse Lounge to relax at, and Diesel to have the ultimate dance experience. Prices for drinks are comparable to any NJ spots.

Pittsburgh is the ultimate destination for a student who wants to spend time in a city, but not be as overwhelmed with constant chaos. Eventually, the city does go to sleep - allowing travelers to have a chance to actually relax on their vacation.

With the many things the city has to offer for an excellent price, there is no reason why one should not visit. However, the best advice one could give a first timer to Steel City is stay away from the topic of football, unless you're rooting for black and yellow.

The best advice one could give a first timer to Steel City is stay away from the topic of football, unless you're rooting for black and yellow.

half, and four out of five stars, respectively, according to Google.

Once settled into the city, there are endless possibilities of things to do, and better yet, things to do without having to spend a lot. The city's many attractions are not expensive and very accessible.

Start by stopping at a Sheetz convenience store. While this may sound like a ridiculous suggestion, it can lead to quite a fun argument between friends over which is better - Wawa or Sheetz.

NJ residents seem to remain

only get to Pittsburgh, but there is also a museum of the history of the city.

In Steel City, you will never go hungry. Take a walk through The Strip District, also known as downtown Pittsburgh's "The Strip," for some of the most original mom and pop type stores and food markets. With one hand in an antique store, you'll find the other in all of the original food shops.

The Pittsburgh Popcorn Company is a popular spot to stop by in this area for a treat. Each week,

definitely worth the wait.

Whether you are a Giants, Jets, or Eagles fan, sometimes it is nice to keep your "enemies" closer. Check out Heinz Field, which was opened in 2001 and is home to both the Steelers and University of Pittsburgh Panthers.

For \$6.50, you can go on a 90-minute tour that takes you beyond the field and into the private suites, press box, and much more.

For those interested in art, the Andy Warhol Museum is a must; it is one of the most established

It Takes More Than a Little Rain to Stop the Outdoors Club

NICK HODGINS
ASSISTANT CLUB AND GREEK EDITOR

I stood atop the mountain looking down. The 260-foot-tall waterfall roared in front of me. As I stood between the falling water and the mountain side, on nothing but a thin ledge, I began to wonder if this hike was such a good idea. The hail began to fall harder and the makeshift garbage bag “jacket” I wore did little to ward off the freezing rain.

The Outdoors Club left the University at 8:00 am on April 16. Everyone showed up groggy as they piled their belongings onto the bus. After waiting around for the stragglers, we finally took off towards Hunter Mountain, New York, arriving at 11:30 am.

We rushed off the bus excited to finally stretch our legs and set up camp. Some of the students made it a priority to find the perfect tent locations before they were taken; others began setting up the grill, while some began unloading the bags.

As we gradually established our camp site and ate our freshly grilled cheeseburgers, the rain slowly began to drizzle. We thought nothing of it, surely we did not wake up at 8:00 am and travel three hours to let it be spoiled by a little rain. We decided to go on a hike at one of the nearby trails.

Kaaterskill Falls is a dual cascading waterfall which is one of the tallest in the eastern United States. As the rain slowly began to turn to hail, we made our way up the mountainside.

The trail twisted and turned up the mountain challenging us with rocks, fallen trees and a few ice patches. Sections of the trail seemed no more innocent than your average

forest hike; other parts were thin and steep; a wrong step or a loss of footing could have you tumbling a very unforgiving distance down the mountainside.

The roaring of the falls became more apparent the higher we got. We approached the lower portion of the falls with awe. It became un-

spiring. I, on the other hand, could not figure out if this was the coolest or the stupidest thing I have ever done. The patches of ice along the ledge, topped with the freezing rain, made me question my own sanity; as I gaped at the beauty of what I was really seeing.

We finally returned to the camp-

A cabin with three bedrooms and about six beds soon housed about 20 members of the club. Sleeping bags were sprawled across the floor as everyone packed in, simply grateful to be out of the rain.

Meanwhile, a small portion of the club stayed out in the rain camping out in their dry tents. Paul Mandala, founder of the club, decided to stay up through the night and keep an eye on the nearby river. Around 3:00 am, the river began to overflow and those students camping out had to evacuate. They traveled inland and slept on the ground of a small arcade on the campground.

After surviving through the night, we woke up bright and early at 7:00 am for the main event of the trip; the Hunter Zip-Lining Experience.

After the safety speech from the guides, we made our way into the trees. First, we walked across a rope bridge within the trees to a platform on the first tree. I stood there, 75 feet in the air, up in a tree, looking down at the river flowing beneath me. The guide gave me the go-ahead and I jumped out of the tree, putting all my trust into the pulley system holding me up.

We finished up zip-lining and made our way back to the campsite to clean up. The sun had finally decided to come out. We enjoyed the warm weather as we straightened up the camp and eventually made our way back onto the bus.

A special thanks goes out to professor William Reynolds and professor Jamison for all the hard work they did to make this trip possible, and making things as comfortable for everyone as possible despite the weather. Greg Cenicola, second-year student, also put in a ton of time and work in planning the trip.



PHOTO COURTESY of Paul Mandala

A member of the Outdoors Club stands atop the roaring Kaaterskill Falls.

clear whether we were soaked from the freezing rain or the mist of the falls ahead of us. Although the trail was less apparent at this point, a few of us decided to trek our way higher up.

We reached just below the top of the falls standing between the falling water and the mountain side. Brett Gilmartin, a second year student, could only describe being within the falls as epic and awe-in-

site, soaked from all the rain, which began coming down very hard. We crowded under the tents we had set up in an attempt to stay out of the rain. Everyone worked together to prepare dinner.

As the night approached and the rain got worse, many of us wondered what we were going to do; over half the tents were leaking. The advisors of the club had rented one cabin on the site in case of rain.

S.O.A.R. Awards Recognize Clubs’ Achievements

NICK HODGINS
ASSISTANT CLUB AND GREEK EDITOR

The Univesity S.O.A.R (Supporting Outstanding Achievement Through Recognition) Awards were on April 20. Awards were given to clubs throughout the University for their hard work over the past year. Each award had a winner as well as a few runner-up nominees.

The first award given out was the Promotional Award. The Promotional Award is open to all clubs and recognizes the group who placed a strong emphasis on promoting their organization and sponsored programs.

This year two individuals were nominated for the award; Francesca Emma of the Italian Club and Carolyn Walker of the Student Activities Board (SAB). Neither one actually won an award because they did not fit the criteria.

Following the Promotional Award was the Diversity Award. The Diversity Award honors the club that is devoted to bringing together the diverse members of the University. The runners-up this year were the National Council of Negro Women and CommWorks.

The winner was All Life-styles Included (ALI). ALI has held a vigil for Tyler Clementi, homosexual student who committed suicide in 2010.

The Service and Philanthropy Award was created to honor the club that has worked to improve connections with the community. The runners-up were

Students in Free Enterprise, the National Council of Negro Women, and the Social Work Society.

There was a three way tie between the winners: SAB, the Psychology Club and the Community Service Club.

The Collaboration Award honors student groups who work with and reach out to form positive relationships with each other. The runners-up were Theta Xi, the Sociology Club and SAB.

The winners of the award were HawkTV, WMCX, PRSSA, *The Outlook*, and CommWorks.

Following the Collaboration Award was the Outstanding Small and Large Organization Award. This was awarded to the Pep Band with the nominees being Snowriders and the Catholic Center. Four years ago, the Pep Band had only eight members, but now have grown to 36. They are also recording a full-length CD.

The Outstanding Large Organization Award went to SAB, with the other nominees consisting of HawkTV, *The Outlook*, and SGA. No other organization is geared towards pleasing not only those who attend the University, but every niche within the community.

Excellence in Advising had four runners-up and two first place winners.

The runners-up were Sharon Smith of Colleges Against Cancer, Suanne Schaad of Theta Xi, Donna Dolphin of HawkTV, and Megan McGowan of SAB.

The first winner was Dr. Mary Lee Bass of the Interna-

tional Reading Association. Dr. Mary Less Bass is dedicated to community service, raising literacy awareness, and uniting people in the community. The other winners were Vaughn Clay and Heather Kelly of SGA.

The Outstanding Member Award was given to members of clubs who do a great deal in helping the club but are not on an executive board.

The runners-up were Sara Sanguliano of the Pep Band and Tess La Fera of SAB.

The winner of the Outstanding Member Award was given to Anna Chamberlain of HawkTV. Anna is a first-year student at the University who quickly got involved in HawkTV and has been an asset to the club ever since.

The following award went to Outstanding Executive Board Members. The winners of this award all displayed a strong sense of leadership while serving on the executive board of their club.

The runners-up were Angela Rosa of Snowriders, Victor Nazario of Theta Xi, Octavia Okoe-Quansah of AASU, Mike Brown of HawkTV, Alexandra Matz of the Sociology Club, Emily Curry of SAB, Mychal Mills of SIFE, Samantha Kofsky of SAB, and Jaqueline Reed and Nicole Levy of SGA.

The winner was Nicole McQueen of Social Work Society. As President of the Social Work

Society, McQueen has used her leadership skills to recruit new members, organize events, promote the club off-campus, as well as devote time to the improvement of the club.

The Event/Program of the Year rewards clubs who have

SAB for the Winter Ball. The winners of the award went to the Social Work Society for their Eighth Annual Teach-in, Colleges Against Cancer for Relay for Life and SGA for The Big event.

The Program of the Year is



PHOTO COURTESY of Nick Hodgins

Megan McGowan, above, presents the S.O.A.R. Award for Outstanding Member to first year Anna Chamberlain of HawkTV.

sponsored a program for the entire campus community between March 2010 and March 2011.

The award was judged on attendance, use of budget, promotion and overall effectiveness.

The runners-up were Snowriders for their ski and snowboarding trip to Canada and

meant to recognize some of the regular sized events on campus.

The winner of the award went to SAB for the Sexual Assault Awareness Program. SAB brought in speaker Stacey Lanert who shared her story of sexual abuse and even inspired others to step up and speak about their own experiences.

Animal Representatives of Monmouth University: Adopt Dolly!

Meet Dolly. She is two-years-old and came from down south with her five puppies.

Dolly is a boxer mix who knows how to have fun, and at the same time knows how to be gentle and affectionate.

Dolly would love to have someone to lean on and give lots of kisses to.

Dolly just had puppies, but that doesn't stop her from having fun.

She also enjoys playing with stuffed toys. She already knows the commands, “sit,” “stay,” and “come.”

Come to the Monmouth County SPCA to meet Dolly. She would absolutely love the company.

The MCSPCA is located at 260 Wall Street, Eatontown, NJ 07724. Or call for more information about any of their animals at 732-542-0040.



PHOTO COURTESY of Animal Representatives of Monmouth University

Dolly is a two-year-old Boxer who came from down South.

Monmouth Oral Communication Center Becomes Official Organization

JENNA INTERSIMONE
CLUB AND GREEK EDITOR

The Monmouth Oral Communication Center (MOCC) officially became an organization on campus two weeks ago. The object of this student-run center is to help students become better public speakers by pairing them one-on-one with a student who has received an “A” in Public Speaking, has two faculty recommendations, and has a high GPA.

Even though the class that is primarily associated with MOCC is Public Speaking (CO-220), students from all departments are invited to use its resources. In order to raise awareness about the new organization, MOCC has introduced its program to faculty across campus so they can refer students who are preparing presentations.

Professor Christy Hetzel, the advisor for MOCC, said, “We have had excellent feedback from students who visit the center. Students who are already good at public speaking report that they improve aspects they wanted to address or even that they did not know they needed to improve. We have had students who ‘fear’ public speaking resolve those issues as well.”

When an outside reviewer came to the University to look at the Department of Communication

in spring 2010, they were baffled that the University did not already have some type of peer tutoring available for public speaking.

Hetzel, Professor Lorna Schmidt and Professor Rebecca Sanford, as well as a group of students, piloted the Educational Opportunity Fund (EOF) Summer 2010 Forum. This will take place again this coming summer.

Hetzel said that in doing this, she realized that there was no other program quite like this, and it was one that was needed because public speaking is a skill and not just an academic subject. Hetzel and her group of students worked out a constitution for Student Government Association to begin the process for becoming an official organization.

To help students, Joan Fahrenkrug, senior and President of MOCC, said that first the tutors build a rapport with the student to get them more comfortable. Then, the tutors can help with speech outlines, PowerPoint presentations, impromptu speaking, and practicing speeches.

Fahrenkrug said that she has been tutoring one student who was originally required to attend tutoring sessions for her class, but has now returned twice for help because she enjoys getting feedback on her speeches, even though she is now a more confident public speaker.

“Public speaking is a skill set that not everyone is comfortable with. However, no matter what job you go into, at one point you will have to speak in public,” said Fahrenkrug. “The MOCC provides students with the chance to perfect their public speaking skills so they can hold themselves up high in the real world. This is a chance for business, education, and any other major to receive communication assistance they might not receive in any of their major classes.”

During the past year, MOCC was located in the Center of Student Success (CSS), but it is being moved to Plangere so that there can be constant hours and a stable location. Walk-ins will be accepted in the fall semester, but afterwards an appointment will be required, which can be made via TutorTrac.

Students from any major can become a tutor for the MOCC, as long as they have taken CO-220 and received an “A.” According to Fahrenkrug, “It is a great chance to come out of your shell and really grow into the person you would like to become. After all, that’s what college is all about. Without the MOCC, I would not be the confident, secure individual that I am today.”

For more information, you can contact Professor Christy Hetzel at cschmidt@monmouth.edu.

Club and Greek Announcements

Senior Class

The Senior Class officers are selling Senior Week tickets. They are being sold on a first come, first serve basis so don't miss out on your favorite event! Check your e-mail to see what Senior Week events are offered this year. We are also selling Senior Class of 2011 T-Shirts for \$12 to \$14 dollars and car magnets for \$4.

If you are graduating and have been inducted into Pi Sigma Alpha, the political science honor society, then please come to Bey Hall 241 and pick up your medallion to wear at commencement.

Monmouth Review

The Monmouth Review is hosting Monmouth Arts Festival on April 27 in the Wilson Hall Gardens from 2:30 pm to 6:00 pm. This is a music, art, and poetry festival so all students interested are invited to read, play and display work. There will be free food, henna tatoos, airbrushed t-shirts, and artists. Anyone interested should email Chelsea Palermo at s0436672@monmouth.edu.

Hillel

The Hillel Organization would like you to participate in our events that are full of fun. We meet every Wednesday for exciting discussions about social events and making a better college experience. Our dedicated board members are Daniel Goldenberg: President, Jonathan Goldstein: Vice President, Joshua Stein: Vice President of Affairs, Yoni Salem: Treasurer, and Sharon Marciano: Secretary. In addition, Hillel would like to thank our advisor Ruth Jamnik for the limitless support and Dr. Ansell of Jewish Cultural Studies Program for his contributions to the Hillel organization. Come and join us. You may contact Hillel by e-mailing us at hillel@monmouth.edu.

Circle K

Interested in making friends and helping out your community? If you said yes, check out Circle K. We are a community service organization affiliated to Kiwanis. We do lots of work in the community and beyond. Our next big service project is the March of Dimes Walk on April 30.

Comedian Andy Hendrickson Performs

ANNA CHAMBERLAIN
STAFF WRITER

The Student Activities Board (SAB) invited comedian Andy Hendrickson to perform at Java City on April 20. Hendrickson talked about everything from relationships and family to different jobs and running a 13k race.

His main target was his mother, who he consistently poked fun at during the show. The event was planned on a weekday, so Java City had a fairly decent amount of students who came to enjoy some laughs.

“The comedian was hilarious,” said Lauren O’Donnell, second-year student. “I love how he incorporated the Java City customers. He was a very sarcastic comedian that used real life situations. Overall, I loved his style. I enjoyed how he talked to the audience and got us involved with the jokes. I would love to see him again. I downloaded his CD just to hear his jokes again.”

From the start of the show, Hendrickson interacted in the audience and had conversations with members, which created a laid back and fun atmosphere.

There were a few people who were in and out of Java City, but that did not stop Hendrickson, who made fun of everyone who ordered any type of frozen drink. “Thanks for interrupting my show! Hope you enjoy your drink!” he said, when a student had ordered a milkshake.

He made sure that everyone was included and made fun of himself if his own joke was not a hit.

“He was pretty funny,” said Tess La Fera, first-year student and member of the SAB. “I liked that he was easy to relate to, and that if he messed up on a joke he just let it roll off his shoulders and go right into a

new joke. Laughter is the best kind of medicine, and at this point in the semester when everyone is stressing over finals before summer, it's the perfect event to have. As an audience member, you walk away feeling revived. The reason it was so successful probably had to do with advertising and the rest had to do with the venue. Perhaps it was because of the fact that it was on a weekday, but we have during-the-week activities that some people don't show up to. Maybe it was because there wasn't much else going on around campus that night.”

Andy Hendrickson has made his name known. He has performed in many televised comedy festivals and made the finals of the Great American Comedy Festival last June and was on an episode of the hit NBC show 30 Rock last April.

So far, he has visited over 100 colleges as well as comedy clubs and is regularly seen at the famous Comedy Cellar in New York. He has also performed in several countries all over Europe and for the troops in the Middle East, and has had multiple appearance in the Bob and Tim radio.

His next show will be on April 29 at Stitches in Lancaster, PA. If you really like his material, join the mailing list to download his CD *You Idiot* for free.

As the year is coming to a close, if there are any ideas that you want to be seen for this year or next year, SAB is always looking for new members and fresh ideas for student activities.

If you are interested in joining the Student Activities Board, there are meeting every Thursday at 3:30 pm in the Carol Affilitto Conference room on the third floor of the student center.

Also you can email the Activities Board at sab@monmouth.edu.

SGA President’s Letter

Fellow Hawks,

This will be the last time I get to talk to the student body. It has been my pleasure being the President of Student Government. I have been proud to represent the students at the highest level so that positive change can occur.

Nicole Levy and Oscar Sanchez will soon become your newest SGA leaders. I want to take this opportunity to recap the past year and highlight what SGA has accomplished for our students.

Our events this year have been wonderful. The Big Event was an extremely large community service event that incorporated hundreds of students going to a number of work-sites for one day. The feedback we got from this event was highly appreciative for the work that students did. Our other community service event was our annual auction to benefit Michael’s Feat, a charity to aid and comfort families of severely ill newborns. We were able to raise over \$1,200 for the charity. SGA chairs for our auction were able to go to Michael’s Feat’s annual fundraising gala and were able to fully appreciate what the organization does. It made us extremely proud to be a fundraising partner for this charity.

SGA also put on two of the biggest events the University has had during the year. The first was Homecoming. Though our football team did not come away with the win, it was extremely successful. From what I saw, everyone was happy with the turnout and the day’s events. In December, SGA also put on its first Holiday Bazaar in which students and faculty were able to purchase gifts for their loved ones. We thought it was extremely successful and hope to put the bazaar on again next year. On May 1, SGA will lead the organization of

our annual Springfest. This year’s theme is New York, and SGA, along with RHA, SAB, and PRSSA have been work hard to put on an amazing event. As a bonus, Kate Voegelé will be performing.

As we also look forward to the Student Awards Ceremony and swearing in of SGA’s new President and Vice-President, it is great to think back on all the good SGA has done for its students.

First, we were able to secure more funding for clubs with the passing of the budget for next year. SGA worked with Vice President Nagy, President Gaffney, the President’s Cabinet, and the Board of Trustees to raise the amount of funds given to SGA to release to clubs while not raising the comprehensive fee. With this raising of revenue, SGA will also be able to finally fund club sports on a limited basis. They will have their own funding source through SGA so that their requests become separate from regular clubs.

We have worked through Aramark’s leadership transition to improve the conditions and quality of food in the Dining Hall and Student Center. We now has two new Aramark leaders and SGA has seen nothing but positive signs. Also, our Student Affairs committee chair has met with other officials on campus including the Vice-President for Administrative Services, the Associate Vice-President for Student Services, the Director of Health Services, and the Chief of Police to discuss issues regarding campus services to students. For example, from our conversations, Vice-President Maryanne Nagy directed that a survey for the Health Center be created to garner student opinion regarding this vital service.

SGA has been instrumental in getting a ATM placed on the residential side of campus. It will be located in

Shadows and could be in place before the end of this year; if not, then certainly by next school year.

SGA has reached out to local government officials to make sure they have another means of communication through which to voice their concerns. Also, SGA has taken part in some community taskforce meetings and township meetings in West Long Branch, Long Branch, Ocean, and Deal which lets our neighbors know that we are committed to being a part of the community.


SGA has met with President Gaffney on a variety of occasions to discuss student issues. President Gaffney was very gracious to allow us to have lunch with him at the Doherty House to talk about ways to improve the school.

SGA was instrumental in helping to get the Monmouth Mob off the ground with help of the Athletics Department. We hope that the Mob will be in full force for next year’s football and basketball seasons. An Ad-Hoc committee was created to ensure a set conversation during each SGA meeting regarding sports and spirit initiatives.

It gives me great pleasure that SGA will move forward on all of these issues and more in the coming years. I know that SGA is in excellent hands as those of us who have been here for a number of years move on from SGA and from Monmouth. I hope that you all are able to see some of the improvements that SGA has made over the course of the year. I hope that you all have an enjoyable remainder of the semester. For those of you graduating, I wish you well in all future endeavors. And as always:

Go Hawks!

Kevin Sanders
SGA President



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May 11th — 8:45 am - 7:00 pm

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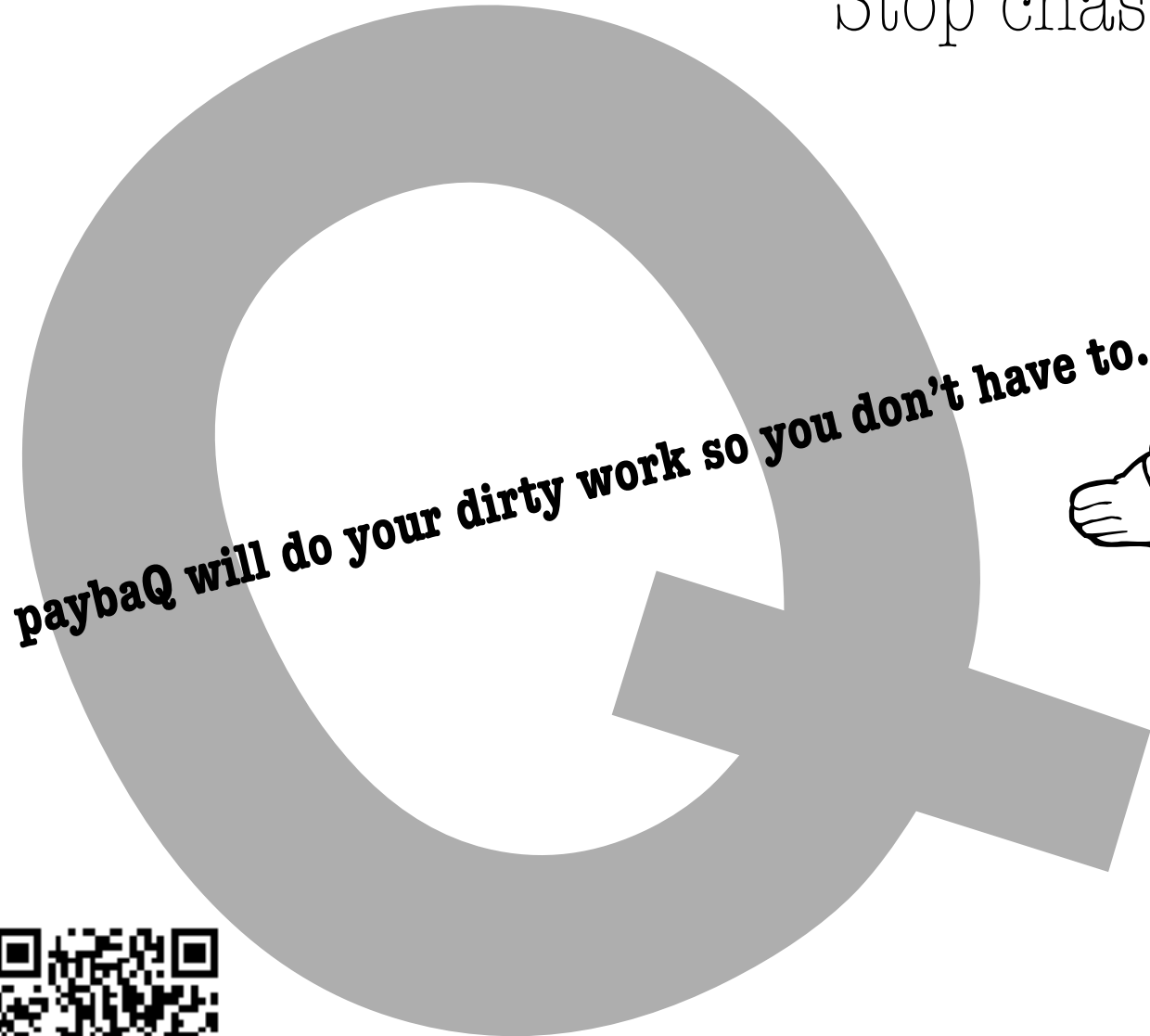
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What do you miss about MU during the summer months?

COMPILED BY: ROBYN FLYNN



Joe senior

"There's no open buffet at home like at the Dining Hall."



Danielle senior

"Seeing all my classmates and professors on a daily basis."



Erin freshman

"Living in the same town as my friends."



Deeptal sophomore

The quesadillas from the Student Center."



Kathryn freshman

"I miss the clubs and activities I participate in on campus during the school year."



Marilyn senior

"Coffee breaks in the Student Center."



Anthony senior

"Coming to the Student Center to hang out and see everyone."



Tamari junior

"The students from the Political Science department."



Cathy junior

"The smoothies from Java City."



Nicholas junior

"I always miss the social aspect of the school year."

Campus Activities This Week

wednesday, april 27

FLW: Professional Workshop 11am-2pm Anacon B
Spoken Word by George Watsky 7pm Anacon B
Pancake Breakfast 10pm Spruce Basement
Farewell to First Year 2pm Res. Quad

thursday, april 28

Denim Day 11am-2pm RSSC Patio
FLW: Wilson Hall Auditorium 8:30pm Wilson Hall Auditorium
LNL Poetry Night 10pm Oakwood Lounge

friday, april 29

*FLW: Student BBQ 1pm Res. Quad (Rain Date)
Mocktail Happy Hour featuring Status Green 6-8pm Res. Quad
Student Awards Ceremony 7pm Pollak Theatre
Movie: No Strings Attached 7pm & 11pm Oakwood Lounge
Glow in the Dark V-Ball 8pm Res Quad Court

saturday, april 30

Softball vs. CCSU 1pm Softball Field
Il Trovatore – Verdi (Live in HD) 1pm Pollak Theatre
Outdoor Movie: The Roommate 8pm Res. Quad
*Rain site: Oakwood Lounge

sunday, may 1

Springfest Shadow Lawn (Rain site RSSC)
Opening: Annual Student Show 1pm 800 / Ice House
BBQ 3pm Catholic Center

monday, may 2

Classes End

tuesday, may 3

Reading Day
DeStress Fest 1-4:30pm Anacon
Late Night Breakfast 9:30pm Magill Dining Hall



Showings are in
Oakwood Lounge
7 & 11 PM



April 29
No Strings Attached

WEEKEND
MOVIES

April 30
The Roommate
8pm
Residence Quad
Rain Site: Oakwood Lounge



All Lifestyles Included club
2:30pm, Mullaney Lounge
SAB 3:30pm, Carol Afflitto Conf. Room
SGA 2:30pm, SGA Suite
Enviromental Club 3pm, 3rd floor RSSC
IRA 7:30pm, McAllan Hall 123

Meetings Cont.

Tuesdays
CommWorks: 2:30pm Plangere 235
Thursdays
Friends of Socrates 11:30am McAllan, #230

Clubs Send in Your
Spring 2011 Meeting Times!
activities@monmouth.edu

★ Friday, April 29 6pm - 8pm
Live Performance by Status Green
Mocktails being served by SAB
★ *Rain Location: RSSC Cafeteria

Weekend on the Quad
★ Friday, April 29 8pm
★ Glow in the Dark Volleyball

★ Saturday, April 30
★ Outdoor Movie:
★ The Roommate 8pm
★ *Rain Location: Oakwood Lounge

To have your campus-wide events included, send an e-mail to activities@monmouth.edu
The Office of Student Activities and Student Center Operations • 732-571-3586 • 2nd Floor, Rebecca Stafford Student Center

Frankenstein's Monster is Alive in Comic Books

MATTHEW FISHER
COMICS EDITOR

When Mary Shelley created Frankenstein's monster in 1818, it was never thought of that he would appear in comic books. However, it did for a few comic book writers and artists as the Frankenstein monster has been presented in as many titles as the body parts he is composed of.

Marvel Comics had their adventures featuring this creature with "The Monster of Frankenstein," and DC Comics presented one version of the Frankenstein monster in a 1948 issue of "Detective Comics," but another has come back to the forefront from superstar writer Grant Morrison.

Introduced in Morrison's epic "Seven Soldiers of Victory" maxi-series, the monster was recreated as a hero traveling to places like Mars and aiding the secret organization, Super Human Defense Executive (S.H.A.D.E.). DC's monster has been utilized in events like "Final Crisis" as well as the upcoming "Flashpoint" tie-in miniseries, "Frankenstein & the Creatures of the Unknown."

While it seems obvious Marvel and DC would develop their own input to the Frankenstein's monsters, independent publishers have also taken a liking to this walking collection of human body parts. For each company, the title monster is unique in these series, distinctive from his comic brethren.

One example is an adaptation of author Dean Koontz's tale of Frankenstein's monster in "Dean Koontz's Frankenstein: Prodigal Son" Volume Two at Dynamite Entertainment (Volume One was published by Dabel Brothers Publishing).

The series features the title creature as he travels to New Orleans to deal with his creator, who has gone mad cutting up innocents to bring to life a new creation. Additionally, the monster becomes amiable with a local detective.

The series is written by Chuck Dixon, based on Koontz's novel and drawn by Brent Booth (Vol-

ume One) and Tim Seeley (Volume Two), who work to represent this tragic monster as a lost being trying to find meaning in his life.

On Koontz's website, the author gave his impression of the comic adaptation. "Every time I get an issue of these beautiful comics based on my Frankenstein novels, my bone structure changes, my body morphs, the lines smooth out of my face, and I am a kid again, full of glee and wonder and expectations of spooky thrills," he said.

However, comics with Frankenstein's monster don't have to come from contemporary literature, but the thrills and themes of Shelley's original tale. Horror writer Steve Niles ("30 Days of Night") and artist Chee, used this train of thought to present a modern day Frankenstein story in the chilling 2004 tale, "Wake the Dead."

According to the comic's description on Amazon, "Steve Niles, the acknowledged master of horror comics, turns his sights on the Frankenstein story in this terrifying tale, illustrated by new sensation Chee. College student Victor works to reverse death, not knowing what a can of worms he's opening up. But he'll find out..."

The intense writing and darkly gorgeous art brought forth a present day tale of defying death to become like a god and having to deal with the consequences.

Yet, like any Frankenstein tale, Niles presented the right emotional tone to make this undead creature feel isolated and distant in a world he has to navigate through. This feels especially true when the reconstructed creature sits on a bus and stares out the window, feeling like he has no place in it. (A "Wake the Dead" film adaptation is planned but no release date is known).

One more Frankenstein monster comic to consider is "Doc Frankenstein," which was developed with assistance from *The Matrix* filmmakers. Created by Geoff Darrow and Steve Skorce, written by the Wachowski siblings, and drawn by Skorce, this comic book features the monster as a hero that

has lived through the ages similar in vain to DC and Marvel's approach. This take on the character came from Burlyman Comics, also by the Wachowskis, and features the title character after the events in the novel as he lived up to his father's name as well as earned a doctoral title and education. Doc Frankenstein has dealt with his fair share of historical moments from conflicts like World War II to political issues such as Roe v. Wade. While he made a name for himself, Doc also garnered a number of adversaries that shadowed him over the years.

In a newsarama.com interview with Burlyman Comics editor Spencer Lamm (via a Burlyman Entertainment press release), he explained how this series would stitch itself differently from other versions.

He said, "What people sometimes forget is that the monster himself was never an idiot in the novel. So, in the comics, we see that he has lived for a couple of centuries, has an incredible intellect, and has done pretty well for himself. He has money, political influence, and a lot of things people don't normally consider when they think of Frankenstein's monster. That's the monster being introduced here."

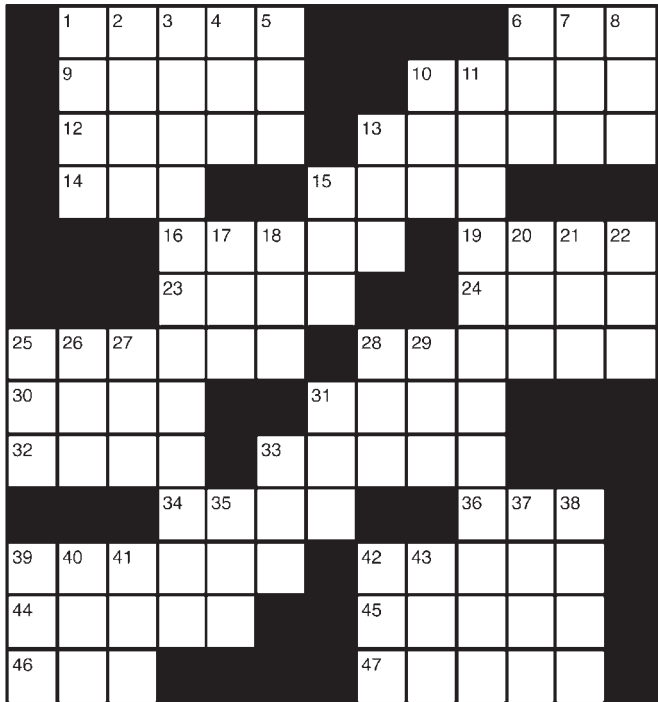
"Doc Frankenstein" featured the monster fighting werewolves, secret religious organizations, and even the Almighty. The series premiered in 2004 but only six issues have been published between then and March 2010. The status of the series is unknown at the moment. Regardless, it doesn't change the fact that it takes an imaginative approach to make Frankenstein's monster new again and the Wachowskis did that and then some.

The role of Frankenstein's monster in comics shows that he doesn't have to behave or look like the creature portrayed by Boris Karloff with clog boots and neck bolts. If a comic creator has the right epiphany he can bring life to a new, unique, and altered presentation of this iconic being and say the magic words, "It's alive!"



THE TV CROSSWORD

by Jacqueline E. Mathews



ACROSS

- 1 "Dad"
- 6 Brenneman or Winehouse
- 9 Sugar substitute
- 10 Farr of "M*A*S*H"
- 12 Strong winds
- 13 Roberts and Louis-Dreyfus
- 14 Took a chair
- 15 "Two and a ___ Men"
- 16 "I Left My Heart ___ Francisco"
- 19 Late actor ___ Foxx
- 23 ___ Patrick Harris
- 24 One of the Great Lakes
- 25 Mobs of people
- 28 John Dye's role on "Touched by an Angel"
- 30 "Divine Secrets of the ___ Sisterhood"; Bullock/Burstyn film
- 31 Actor Sandler
- 32 "The Farmer in the ___"; children's song
- 33 San ___, CA; home of the Padres
- 34 Actor Richard of "Spin City"
- 36 "Live and ___ Die"; 007 movie
- 39 Ms. Lansbury
- 42 "Hearts ___"; John Ritter series

- 44 Actress & singer ___ Bailey
- 45 Actress Anderson and her namesakes
- 46 Flow back
- 47 Ms. Drescher and others

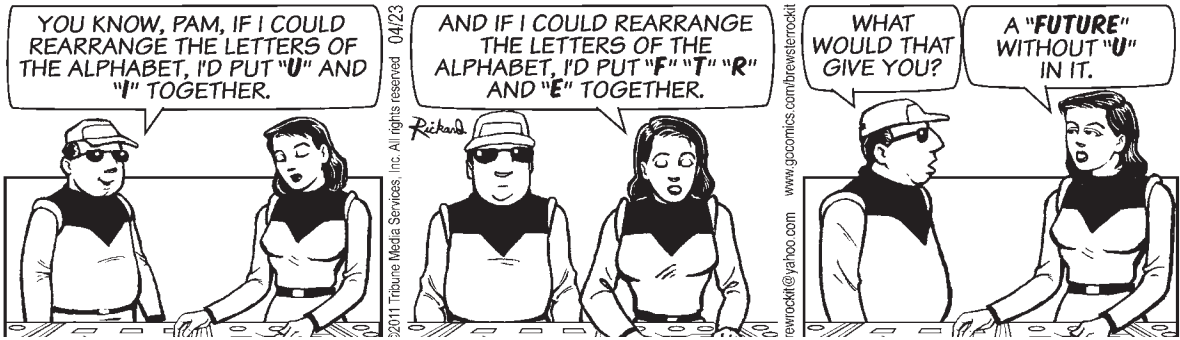
DOWN

- 1 Tilly and Ryan
- 2 Light greenish-blue
- 3 Dave Annable's role on "Brothers & Sisters"
- 4 Bit of cereal grain
- 5 Monogram for Stevenson who wrote "Kidnapped"
- 6 "What Kind of Fool ___?"
- 7 Farrow or Kirshner
- 8 "Say ___ to the Dress"
- 10 Summer month; abbr.
- 11 Ricardo Morales' portrayal on "Law & Order: Los Angeles"
- 13 One of the girls on "The Brady Bunch"
- 15 Holbrook or Linden
- 17 "___ and Stacey"
- 18 Rudy Huxtable, to Theo
- 20 Make a boo-boo
- 21 "___ Hard"; Bruce Willis movie
- 22 Morning grass blade moisture
- 25 Actress ___ Charisse
- 26 Charlotte ___ of "The Facts of Life"
- 27 Popeye's Olive
- 28 Lemony drink
- 29 Henpeck
- 31 Assistance
- 33 FBI crime lab evidence
- 35 "___ Fly Away"
- 37 Moran of "Happy Days"
- 38 Actress Harper
- 39 King Kong, for one
- 40 "The Cornhusker State": abbr.
- 41 Talk on and on
- 42 Sitcom alien
- 43 "Grounded ___ Life"

Solution to Last Week's Puzzle



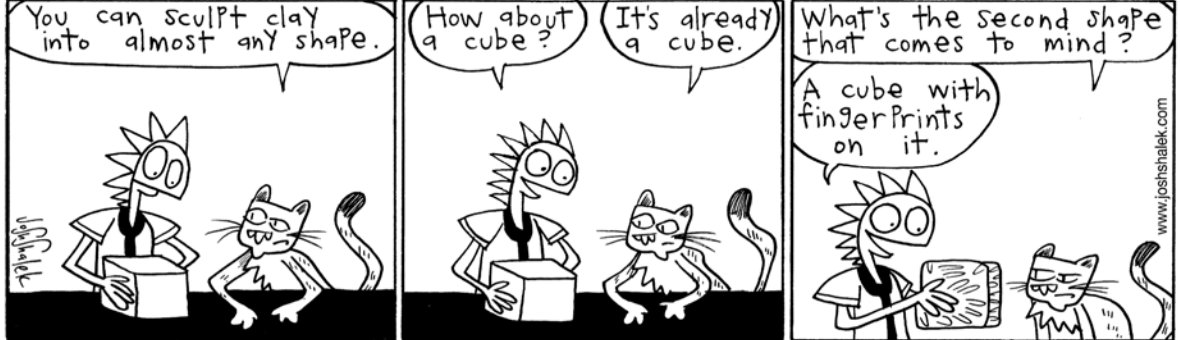
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Calamities of Nature by Tony Piro



Welcome to Falling Rock National Park by Kid Shay



Baseball Team Extends Winning Streak to Ten

DAN GUNDERMAN
ASSISTANT SPORTS EDITOR

Although the weeks of the semester are winding down, that is not what the Monmouth baseball team is doing. Having won six games in a row, the Hawks looked to continue their streak in last week’s games. They were set to face St. Peter’s College, Princeton and Iona. Due to inclement weather, the Saturday Iona game was cancelled, but all in all, it proved to be a phenomenal week for the team. Winning each game they played, the Hawks extended their win streak to 10 games, where it currently lies.

In another dominant offensive outing in the Saint Peter’s game on Tuesday, the Hawks pulled away with a 11-3 victory. Stephen Frey unveiled another impressive performance, throwing six innings of no-hit relief. Also, providing the offensive sparks for the Hawks were Danny Avella and Nick Pulsonetti, who each went yard on the day. Following the victory, the Hawks set its record at 21-13 and also compiled a record of 12-2 at home.

Saint Peter’s tested the Hawks early, scoring three first inning runs off of the starter John McDonald. But the Hawks would get on the scoreboard just an inning later, as Danny Avella hit his eighth home run of the season. Soon after, Jon Guida recorded a sac-fly which scored Nick Pulsonetti. Following that, Josh Boyd poked a single through the

right side, scoring the catcher Cal Costanzo. Then, Jamie Rosenkranz doubled, scoring outfielder Josh Boyd. In summary, the Hawks scored four in the inning, and took the lead, 4-3.

A Cal Costanzo sac-fly in the third scored another, and which pushed the lead to 5-3. In the fourth, the Hawks would prove again to show no mercy, as they piled on the lead after a Jamie Rosenkranz double scored Josh Boyd. Then Nick Pulsonetti came through again with a two-run single as the Hawks put the game pretty much out of reach. By the time the inning came to a close, the Hawks led 8-3.

In the bottom of the seventh, just when everyone may have thought the offensive barrage was over, Pulsonetti connected on a three run homerun; which was his fourth of the year and gave MU an 11-3 lead.

Stephen Frey collected his second win of the season coming out of the pen, going a nearly perfect six innings. Andrew McGee struck out the side in the eighth and Pat Light struck out two in the ninth.

Andrew McGee who came on in relief and struck out the side, has continued to impress. As the closer, he’s compiled a season record of: 4-1 with an impressive 1.31 ERA and six saves. Scott Stump, of the Toms’ River Patch, compiled an article this month on McGee’s importance to the team, and said that his adjustment to collegiate baseball has went ex-

tremely well as he’s developed different pitches and speeds. “At Monmouth, he’s shown the ability to pitch on consecutive days and remain effective,” said Stump.

McGee coming out of the bullpen has proven to be effective for MU. “I just keep doing the same thing as in high school---attacking with the fastball,” said McGee. With that, Monmouth has proven to have a top-notch relief pitcher, which has helped immensely in the 10 game win streak that has been accumulating throughout April.

With bullpen tools in mind and a stellar Monmouth offense of late, the next day the Hawks increased their win streak total again as they took on Princeton. In the third inning, the Hawks would start the game their customary way, striking first offensively. Josh Boyd came through with an RBI single scoring freshman Tim Bickford. Only two batters later, while Princeton’s reliever Michael Fagan was on the mound, he threw a wild pitch which scored Jon Guida. With that, they took a 2-0 lead.

The only run Princeton would score came in the fourth inning on an RBI single to left by Alex Flinc. But the fifth inning proved to be another inning of scoring when Nick Pulsonetti singled, scoring Ed Martin. Then, with the bases loaded, Princeton allowed a walk to Tim Bickford, who earned an RBI with the base-on-balls. By the time the inning came to a close, the Hawks led 4-1. In

the sixth, Josh Boyd would add another insurance run, coming across on a wild pitch while making the score 5-1.

Junior Chris Perret went six innings, striking out four and Nick McNamara, Matt Frazier and Andrew McGee combined to close the game for the Hawks. The solid relief pitching allowed MU to seal the game at 5-1, and with the win, they earned their 22nd victory on the season.

On Friday, the Hawks were penciled in for a double header versus Iona, and they took both games from the Gaels. Following the two victories, Monmouth pinpointed their record at 24-13 on the year.

In the first game, Ryan Terry connected on a homer in the third which earned him two RBI’s. James Beck then homered off of Hawk’s pitcher Nick Meyers in the fourth which cut the Hawks’ lead in half. MU’s five-run fifth inning proved to be the difference maker in the game though, proving again that the Hawks can put on an offensive show. Highlights of the inning included: a Nick Pulsonetti RBI single, a Cal Costanzo RBI single, a Jon Guida base-hit which was mishandled and allowed two Hawks to score and an Ed Martin RBI double. Now they owned a 7-1 advantage.

Another five-run inning came in the seventh, as Jamie Rosenkranz had an RBI double and Danny Avella connected on his ninth home run of the season, which scored three. A 12-1 lead was more than Iona could answer

to, and they fell by that score. Nick Meyers picked up his sixth win of the year, striking out eight and Nick Vallilo pitched a scoreless one and a third innings out of the pen for Hawks.

In game two, the Gaels scored early, as James Beck took a Dan Smith pitch and connected on an RBI double. But the Hawks were quick to respond, when Nick Pulsonetti recorded a two run single and Owen Stewart recorded a sacbunt. Finally, Jon Guida had an RBI single, giving Monmouth a 4-1 lead.

Just an inning later, Jamie Rosenkranz scored on a wild pitch and Ed Martin scored on a fielder’s choice put into play by Danny Avella. Now the Hawks retained an impressive five-run lead, 6-1.

To finish up the day for the Hawk’s scoring in the fifth, Jamie Rosenkranz had a sac-fly and Ryan Terry earned an RBI single. When the pain ended for Iona, the score was 8-1. Nick Pulsonetti, who went two for three with two RBI’s, hit a milestone in the contest, recording his 200th career hit.

Dan Smith’s ace-like performance aided the Hawks in the win, as he went for his second complete game of the season while striking out six and only walking one. He picked up his third win along the way as well. The next game the Hawks will partake in is scheduled for April 26th, as Monmouth will host Seton Hall in a non-conference matchup.

Letter from VP Nagy

Dear Student:

On Sunday, May 1, 2011 from 12:00 pm to 6:00 pm the Student Government Association, Student Activities Board, PRSSA, and the Residence Hall Association will host the annual program Springfest on the Shadow Lawn (rain site: the Student Center). The Springfest Committee members have spent a great deal of time planning the events and activities that make up this year end celebration. The day will include live music, carnival food, festival games, and giveaways. No alcohol will be served or permitted on the Shadow Lawn or the rain location of the Student Center. Springfest 2011 will have everything you need and it should be a great way for us all to celebrate the end of another year at Monmouth University.

While your attendance at Springfest is a key part of what continues to make this event so popular, it is also important that you remember to practice common sense and good decision making before, during, and after the festival. Your respect for the rules and regulations of the University and your willingness to take care of one another are all essential elements to the success of this day. Therefore, I ask that you spend a few moments reviewing the following guidelines that will be in effect for Springfest 2011.

1. If you plan to attend Springfest 2011, you should know that pets/animals, open-containers, squeeze bottles, bags, backpacks, and/or similar items WILL NOT BE PERMITTED. Any student that attempts to bring the above listed items to the event will be asked to leave the festival area, while they are in possession of such items.

2. Students living in any of the on-campus housing units are not permitted to host a social gathering

during or after Springfest, which occurs on Sunday May 1st. Students that wish to hold a party on Saturday, April 30 must complete the Office of Residential Life’s Social Affairs/Policy Application by Wednesday, April 27, 2011 – 12 noon.

3. Parking in the Great Lawn and Garden Apartment Lots will be strictly enforced on May 1st. If you plan to drive to campus for the festival and do not have a valid parking sticker for the Garden or Great Lawn parking lots, you MUST park in the Commuter parking lot by the Student Center. No exceptions permitted. Students should enter the campus from the Larchwood Avenue entrance.

For those students who live off campus, I would also remind you that the local communities have a zero tolerance for any quality of life disruptions in the local residential neighborhoods. Should you decide to host a social gathering before, during or after Springfest please make sure that it stays within the limits of common sense, respect for one’s neighbors, and all applicable laws and ordinances within your community.

I hope that you will take an active role in assisting the Student Government Association, the Student Activities Board, the PRSSA, Residence Hall Association, and Monmouth University in our effort to present Springfest 2011 in a safe and positive manner. Your commitment to making this event a celebration of the year’s achievements is critical. I know I can count on you to do so!

I look forward to your anticipated cooperation and I hope to see you at Springfest. Best wishes on your final exams!

Sincerely,
Mary Anne Nagy
Vice President for Student Services

Jenny Palmateer Named New Women’s Basketball Coach

Palmateer continued from pg. 1

in a press conference on Thursday afternoon.

“Palmateer was staffed on teams whose focuses were held in the classroom and on the court and she helped coach quality players over the years,” said President Paul G. Gaffney II in the press conference.

Palmateer became the seventh head coach in the history of the program and it will be her first ever head coaching job. Up until this point, she has been an assistant coach for over 16 years.

“This is a tremendous opportunity, and this hiring had to be a special opportunity for me to be pulled away, and I feel like this job is an outstanding opportunity,” said Palmateer on her hiring.

She is a New Jersey native, having grown up in South Amboy. Here, she attended Hoffman High School where she played for the women’s basketball team for four seasons. Palmateer played a big role in leading the team to four straight New Jersey State Championships. She graduated from Hoffman High School in 1989 and moved onto North Carolina State University, where she would play for four seasons.

She began her coaching career in 1995 at Meredith College. After three seasons here, she moved on to the University of Virginia to serve as an assistant coach under Hall of Fame coach Debbie Ryan. Palmateer spent three years in Virginia, until she moved on to her alma mater North Carolina State.

Palmateer spent 10 years at North Carolina State as an assistant coach under Hall of Fame coach Kay Yow. Her primary responsibilities were recruiting new players, scouting, and developing perimeter shooters. She also monitored the player’s academic progress.

Last season, Palmateer served as recruiting coordinator at Seton



PHOTO COURTESY OF MU Athletics

President Paul G. Gaffney II stands with Jenny Palmateer, who became the seventh head coach in the history of the program.

Hall University. She has faith in her recruiting ability and looks to continue to bring talented players to the University. “I have a wonderful recruiting advantage being back in Jersey and I know that many talented players will be coming here and coaches will be thrilled to send their players here,” said Palmateer in Thursday’s press conference.

As far as her style of play goes, she wants to make the team focus more on defense and the scoring that can result from playing good defense.

“Her game plan seems to be very compatible with the style of play that I am used to,” said sophomore guard Alysha Womack. “It’s nothing I haven’t seen before. I do believe that this program will continue to build on what has been established. It’ll continue to keep stepping up and going forward to make history.”

Palmateer seems to be very hap-

py with the current roster and feels that the team will be able to build on what they accomplished last season. ““I am very happy with the team now and know they will play to continue the success of last season. Our roster features a lot of returning talent and upon playing hard, we can go beyond the success of last season, as they were only a game away from a championship last season.”

The team has a lot of returning talent next year and they all have hopes they will be able to take the next step by winning the NEC. Womack believes that Palmateer is a good fit and will continue to help the program grow. “I think Coach Palmateer seems to be the kind of coach that is personable and knows the game of basketball. With the experiences that she’s had at her previous schools, I see the basketball program flourishing more than it already has. It’ll continue to soar.”

Softball Team Looks to Improve as End of the Season Approaches

ED MORLOCK
ASSISTANT SPORTS EDITOR

The Monmouth University Softball team sits seventh in the NEC standings with a record of 6-8 in the conference (15-18 overall). With only a couple weeks remaining in the season, the Hawks hope to improve their position in the NEC and make a run in the conference tournament.

Coach Louie Berndt believes there is room for improvement. She said, “Well at 6-8 I would hope we do change things such as our hitting with runners in scoring position. We are leaving way too many runners on base. I would also like to see our pitching close out a game. Our defense is doing a good job. We just need to get our hitters putting the ball in play with runners on base and cutting down on the strike outs.”

The Hawks offense has been a problem for them in their recent losses. The entire team, however, has not been struggling from the plate.

Emily deLong leads the team with a .392 batting average. She is also tied for the team lead in homeruns with Kate Kuzma, with six a piece.

Kuzma, batting .333 on the season, leads the team in RBIs with 26. She is followed by deLong, with 21 RBIs. Opposing pitchers have proved to be intimidated by Kuzma. She has drawn 15 walks on the season, leading the team in that category.

Christine Scherr and Kuzma lead

the team in hits with 32 each. Scherr is also second on the team with a .337 batting average.

Pitching and defense has been a strength for the Hawks all season. The team has used three pitchers this season: Lauren Sulick, Michelle Rapp, and Dara Palms.

Lauren Sulick is the team’s ace. She leads the team in ERA (2.10), strikeouts (92) and wins (14). Sulick has also thrown 18 complete games. Opponents are only batting .223 against her.

Monmouth’s defense has been strong most of the season. Ten players on the team have a fielding percentage over 90 percent. In 33 games this season, the Hawks have committed 56 errors.

Inclement weather has also been a thorn in the Hawks side all season. Eleven games have been postponed or cancelled due to rain/threat of rain thus far. It’s tough for a team to develop consistency when games are getting cancelled every two weeks.

The Hawks aren’t going to let the rain be their excuse for inconsistency. Berndt said, “Well as they always say take advantage of the opportunities you have because you don’t know what tomorrow may bring. I don’t think the weather has helped or hurt us. Obvious we want to play and continue to work on things but you can only control the things you can control and the weather is not one of them. You get into a rhythm with hitting during pre game warm ups

and you go from there. Hitting is contagious and when you have the right mind set and attitude it rubs off on your teammates.”

Lack of consistency has led to the team having some highs and lows on the season.

The Hawks’ highest high came on March 26. They swept a double-header against Robert Morris (currently the third-place team in the conference). The games were won 1-0 and 4-2. Emily deLong carried the offense with a strong day, including a walk-off homerun in the first game. Lauren Sulick pitched both games to lead the Hawks to victory.

Lows have come just as often for Monmouth this year. The team’s lowest point has been the last four games. Before these games, the Hawks were 6-4 in the NEC and in good position for the conference tournament. Now, they are tied for the seventh seed and have to fight the rest of the year.

Two teams ahead of the Hawks in the NEC standings remain on the team’s schedule. Central Connecticut State comes to West Long Branch on April 30 for a doubleheader. Monmouth visits Wagner for two games on May 1.

Berndt knows how important these NEC games are for the team. She said, “Well we need to win all games. We have no room for mistakes. We need to capitalize and score runs when the opportunity is there, play solid defense and our pitching needs to shut down their hitters. With the time off



PHOTO COURTESY of MU Athletics

The softball team will look to pick up some big wins down the stretch after a week of cancelled and postponed games.

the players should be well rested and ready to compete.”

These are four crucial games for Monmouth if they want to improve their position in the NEC. The Hawks could jump both Wagner and CCSU and land themselves the fifth seed in the conference.

Obviously, the Hawks want to finish this season with a stretch of wins and end on a high note. “We only have two seniors since Melissa Mehrer is being red shirted. I believe the younger players are getting great experience. I was very impressed with this year’s sophomore class as they played

all games last year and what a difference a year makes,” said Berndt. “The maturity and just understanding the game at this level. Our juniors have improved as well, so I think with the experience all the youngsters are getting I can only hope we will be more mature, more understanding of the game and that they understand that getting ready for the season starts in the fall, not the spring.”

As the team looks to have a strong finish to the 2011 season, the 2012 season is right around the corner and Hawk fans have plenty of reasons to hold high expectations.

Women’s Lacrosse Falls to Quinnipiac and Misses NEC Tournament

EUGENIA BROADUS
STAFF WRITER

On a brisk foggy afternoon, the Lacrosse team hosted their final regular season match-up against the Quinnipiac Bobcats. Coming into the game Monmouth owned a 13-3 record all-time against Quinnipiac, including a 7-1 history on Kessler Field.

On senior night there were eight student athletes and one manager honored before the NEC contest. Out of the 16 years as a program, this senior class makes up one of the largest classes of all-time.

Dedicated fans piled up on the puddled bleachers as they watched the game from under their umbrellas and colored ponchos. Cheering on the Hawks was Catherine Belinsky, 54 of Tinton Falls. “This game is pivotal. They need the win and I had to come show my support for the girls, despite the rain,” said Belinsky.

Rachel Feirstein, a senior from St.James N.Y. knew the importance of the game; knowing it could potentially be her last game. After the lost she said, “It’s hard knowing that our playoff chance, is not in our hands.”

Senior, Kaitlin Freeney from Baltimore Maryland, said, “Today we wanted to go all out. As a team we were pumped about senior night and trying to make playoffs.” Freeney thought they played hard but fell short on some key plays.

Monmouth trailed going into the half 7-5 after four unanswered goals by the Bobcats.

Late in the game the Bobcats capitalized on a number of Monmouth’s turnovers which the lady hawks never recovered from. Quinnipiac scored the last five unanswered goals in the 2nd half starting at the 17:41 mark.

The final score was 13-8 in favor of the Bobcats.

Head Coach, Denise Wescott said



PHOTO COURTESY of MU Athletics

Molly O’Brien finished the season with 43 points, which includes 31 goals and 12 assists.

“Our tradition here at Monmouth is strong and although we didn’t win, I’m pleased with our performance today.”


Wescott believed that despite their lost they played hard but missed some key opportunities down the stretch. The draw controls were ultimately the difference in the game. “We needed to control on some key draw plays but came up short,” said Freeney.

Kaitlin Freeney, who added two goals in the loss said, “The difference in the game was our draw control. We missed crucial opportunities.” She added that in last game situation the momentum shifted drastically and that they just so happened to be on the unfavorable end.

Sacred Heart lost to Mount St. Mary, 10-9 eliminating all chances for the Hawks to make the playoffs. Since the beginning of the North East Conference Tournament this will be the first time Monmouth will not be participating. Before this season, Monmouth has been the only team to make 13 consecutive appearances in the tournament.

Monmouth finishes the season 10-7 overall and 5-4 in conference dismantled from a three game losing streak which ultimately ended their hopeful season.

Quinnipiac sealing the win against the Hawks secured a first place bid and will host the NEC conference tournament.




DE-STRESS FEST!!!

TUESDAY, 5/3

1PM-4:30PM

STUDENT CENTER, ANACON A&B

Door prizes
Food
Massages
ZEN Sand Trays
Games
Puppies!
Yoga 2:00-3:00



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For special accommodations, please contact Counseling and Psychological Services prior to the program at 732-571-7517



A PERFECT 10



With wins over Saint Peter's, Princeton, and Iona the baseball team extended their winning streak to 10.

Full Story on page 26