



# THE OUTLOOK

MONMOUTH UNIVERSITY'S  
STUDENT-RUN NEWSPAPER SINCE 1933



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## University Welcomes Provost Moriarty



PHOTO COURTESY of Petra Ludwig

Dr. Laura Moriarty is succeeding former Provost Dr. Thomas Pearson as of Sept. 2.

**BRIANNA MCCABE**  
MANAGING EDITOR

Dr. Laura Moriarty, a criminal justice scholar with over 25 years of experience leading academic programs, has been named provost and Vice President of Academic Affairs at the University, effective as of Sept. 2.

Moriarty said, "I am very fortunate to be part of such a great community and look forward to moving the University forward in the years to come."

President Paul Brown said he was impressed with Moriarty's skills as an administrator and her commitment to academic excellence. He commented, "She brings tremendous management experience to Monmouth."

Moriarty joins the Hawk community from her previous position as a tenured professor and Vice Provost for Academic and Faculty Affairs at Virginia Commonwealth University (VCU), a

public research university serving more than 30,000 students and 2,000 faculty. She is succeeding Dr. Thomas Pearson, who stepped down on August 29 after 22 years in the position.

Brown believes because of her years of experience with higher education combined with her understanding of what it takes to translate a plan into action, "she brings a fresh perspective and practical experience to the position of our chief academic officer."

According to Brown, the process of selecting a new candidate to fulfill the position as provost began in March shortly after Pearson decided to return to the faculty as a full-time professor in fall 2015.

Brown said a comprehensive national search for the new provost drew in a pool of almost 70 highly qualified applicants. The candidates were reviewed by a seven-member advisory panel

made up of faculty members and deans across a number of schools and departments.

As stated in an article published in *The Outlook* on April 30, some of the members of the advisory group consisted of Nahid Asla-beigui (professor of economics), Grey Dimenna (Vice President and General Counsel), Rekha Datta (professor of political science), Robin Mama (Dean of the School of Social Work) and David Marshall (Chair of the Mathematics Department).

"Much like the presidential search process, three finalists were invited to campus for interviews and open meetings with faculty and staff members," said Brown.

After the on-campus sessions, members of the community and advisory board provided feedback on the finalists through conversations and surveys. "At

Provost continued on pg. 3

## MU Responds to National Focus on Sexual Assault

**CASEY WOLFE**  
EDITOR-IN-CHIEF

One out of five college age women will be the victim of a sexual assault according to Mary Ann Nagy, Vice President for Student Services. Of those women, only one out of 10 will report the incident. Additionally, two thirds of assaults are by someone known to the victim and 38 percent of offenders are a friend or acquaintance according to the Rape, Abuse and Incest National Network (RAINN).

Sexual assault is defined by the United States Department of Justice as "any type of sexual contact or behavior that occurs without the explicit consent of the recipient." This is a crime punishable by a maximum prison sentence of 20 years if the accused person is convicted.

While the topic of sexual assault is broad, there is a lot of concern surrounding sexual assault on college campuses in particular. "I think it's a very important issue because it can without a doubt derail someone's college experience whether you are the victim survivor or you are the alleged perpetrator," said Nagy. "I think it's important that we talk about it. I think it's important

that we address it." Newfound freedom and new social situations also increase the risk for assault, Nagy added.

According to the 2013 Clery Report only three cases of sexual assault were recorded at the University. The campus population is made up of 60 percent women. If the national statistic that 20 percent of those women are sexually assaulted is considered, the number of victims who do not report the incident is substantial, according to Nagy.

The Clery Act amended in 1992 and last reformed in 2008 requires colleges and universities to "publish an Annual Security Report (ASR) by Oct. 1, documenting three calendar years of select campus crime statistics including security policies and procedures and information on the basic rights guaranteed victims of sexual assault." The act also requires academic institutions to provide a public crime log.

Title IX is another law that prohibits sex-based discrimination in education. It addresses sexual harassment which is defined in the act as "attempted or completed rape or sexual assault, as well as sexual

Sexual assault continued on pg. 3

## The Outlook Wins ASPA Award

**BRIANNA MCCABE**  
MANAGING EDITOR

The University's student-run newspaper, *The Outlook*, was named "Most Outstanding Newspaper," in addition to first place with special merit, by the American Scholastic Press Association (ASPA) for the third time in the past four years in its annual national competition.

Professor John Morano, the paper's faculty advisor, said, "To achieve this recognition, back-to-back no less, really brings home the point that hard work and dedication to sound journalistic principles is worth the effort. The students who produce *The Outlook* are a special breed, and it looks like the paper is reflective of that." Morano feels

it is both rewarding and an honor to see that the ASPA recognizes the work that is accomplished in *The Outlook* newsroom.

Judges awarded the paper 1970 points out of a possible 2000 in categories that included editing, creativity, art, advertising and others. Under the leadership of the former Editor-In-Chief, Jacklyn Kouefati, *The Outlook* received perfect scores for content coverage, page design and general plan.

"You (*The Outlook*) have an excellent school newspaper, which shows the creativity and journalistic knowledge of your editors, writers, photographers, layout/graphics designers and advisor," one judge wrote.

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The University's annual Involvement Fair attracts hundreds of students to the Library lawn.

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### Opinion

Advice from University seniors as to why your last school year should be spent working hard.

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A student's review of the second season of "Orange is the New Black."

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### Club & Greek

Alpha Omicron Pi (AOPI) welcomes students back for the new school year.

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# Welcome from the President

Dear Students:

As you make your way to and from class this year, you will see evidence of the exciting changes underway on campus, from the busy construction of Pozycki Hall and the renovations of the Science Building, to the construction of our newest residence hall, and a new soccer turf field just behind Wilson Hall.

All of this activity has just one purpose—to build a better Monmouth University for you. I am excited about the transformations yet to come as we strive to provide you with an educational experience that is outstanding and comprehensive.

Every member of our dedicated faculty and staff is here to help you succeed. I encourage you to make the time to get to know your professors, coaches, RAs, advisors, and administrators. Please don't be shy about asking for help along the way, especially if you are a first-year or transfer student new to campus.

Get involved with clubs and organizations; attend one of the many exciting events throughout the year—we have everything from exciting Division I sports to the best of the Metropolitan Opera, all right here on campus. But also be sure to look for opportunities to get real-world experience through internships and community service off campus. When you take a break from your studies, I hope you will also enjoy the unique benefits of our location. Take a walk on the beach or visit local landmarks—history and recreation are at your doorstep.

You are the heartbeat of the University community, and I look forward to spending the coming academic year with you. You have my best wishes for success in every new opportunity, both inside and outside the classroom.

Sincerely,  
Paul R. Brown, Ph.D.  
President



# Welcome from the Vice President for Student Services

Dear Students:

Welcome to the newest members of Monmouth University – members of the Class of 2018 and our new transfer students! Welcome back to our returning students! You are all a part of our campus community, and I hope you are looking forward to a great year ahead.

Throughout the course of the summer, we have been working hard to plan for your arrival. Last year President Brown joined us; this year, we welcome Dr. Laura Moriarty as our new Provost and Vice President for Academic Affairs. Dr. Moriarty and the faculty look forward to your active participation in the rigors of our academic community.

Wherever you go on campus, you will see signs of investment in the campus. We have completed the construction of a new residence hall specifically designed for second-year students. The grass soccer field on the Great Lawn has been replaced with field turf and re-named “Hesse Field” in recognition of the generosity of Trustee Marianne Hesse, donor of the new soccer field. A new and larger C-Store will open shortly in our new residence hall. I know this facility, which is P.O.D. (Provisions on Demand), will be a hub of activity for students. Finally, you will notice that a significant amount of progress has been made on Pozycki Hall, which will open in October 2015.

You will also find a wealth of opportunities for you to involve yourself in the life of the campus. New clubs abound. Our fraternity and sorority system is growing and looking for your active participation. Come see our football team take on new opponents as they open their season in the Big South Conference. And don't forget the arts, theatre, and film series that are available as well. All of these opportunities are here for you to ensure you have a well-rounded college experience. Take advantage of all that we have on campus and in the local community.

Finally, I want you to be challenged by your experience here. I want you – no, I need you to take care of yourself and each other. We are a community and members of a community commit themselves to giving back to the community by making positive contributions and caring for the members who share that experience with them.

All of us at the University, no matter our role, exist because of you. We are here to help you, teach you, challenge you, and mentor you. Contact us at any time and have a great semester!

Sincerely,  
Mary Anne Nagy  
Vice President for Student Life and Leadership Engagement





# MU Professor Wins the Distinguished Teacher Award

FABIANA BUONTEMPO  
ASSISTANT NEWS EDITOR

Biology professor Dr. James Mack, EdD received the Distinguished Teacher Award on May 14, recognizing him for his teaching excellence and contributions to the University

All professors throughout the University, regardless of their department, are eligible to receive the Distinguished Teacher Award.

Held at the end of the most recent spring semester, former Provost Thomas Peason revealed the award to Mack during a luncheon in Wilson Hall for all University professors.

Mack said “I am both honored and humbled to have received the award.” Not only has he been a professor at the University for more than four decades, but he is also an alumni.

Mack stated in his acceptance speech about his journey at the University, “I remember when I was a student at Monmouth; we used Pompeii and Versailles rooms as our cafeteria. During my 45 years as a student and professor, I have been privileged to witness the metamorphosis of Monmouth College to Monmouth University.”

Mack studied at the University back in the late 1950s before the school gained the title of University.

In 1962, Mack received his BS in biology from Monmouth College and from there he continued

his studies at William Paterson University, formerly known as William Paterson College, where he received his MA in biology in 1966. His educational pursuit continued to strengthen, which encouraged him to attend Columbia University and eventually graduate in 1971 with his EdD.

Returning to his hometown roots, his career in biology began when he started teaching at Shore Regional High School, where he taught advanced biology for six years. After his run at Shore Regional, Mack returned to the University, now as a college professor in 1973.

Mack’s teaching was focused in the areas of cell physiology, biochemistry and anatomy and physiology. Even in his early years of teaching at the University, Mack greatly influenced and inspired the lives of his students, both at the undergraduate and graduate level.

Brianna Wesley, a graduate student of Mack’s, described him as “the best mentor, professor and friend” she could have. She continued, “Dr. Mack inspired me and helped me achieve everything I had hoped to achieve at Monmouth. I congratulate him on his award because he truly deserves it.”

To describe his love for teaching and helping others, Mack said, “In and out of class, I help my students develop and use critical thinking skills to prepare them to be successful now and in the future. I

also expect them to possess the qualities of integrity, trust and dependability which are very important for success in the real world.”

Mack did not waste any time getting involved as a new professor at the University. He went on to be appointed the position of the Chair of Faculty Council in 1977 where he maintained that title for seven years.

In 1981 Mack also served as Chair of the Department of Biology for three years.

Mack went onto become a founding member of the Pre-Professional Health Advisory Committee, where he provided 38 years of his service as director.

Since 1985, the biology professor has also been a member of the University Alumni Board of Directors. Adding to his list of involvements, Mack provided his time and service to communities outside of the University.

In 1983 NJ Governor Thomas Kean appointed Mack as a leader within the NJ Clean Water Council and the Monmouth Country Water Resources Association where he was involved from 1986 - 1991.

Aside from the Distinguished Teacher Award, Mack has a wall in his office filled with past awards he has received including three Student Choice Awards ranging from years 1988 - 1998. He was also a recipient of the Alumni Association Award in 1999 as well as the Donald Warncke Award pre-



PHOTO COURTESY of Dr. James Mack  
Assemblywoman **Mary Pat Angelini** presented Dr. James Mack with a State of NJ Joint Legislative Resolution on Aug. 6.

sented in the same year.

On Aug. 6, 2014 Assemblywoman Mary Pat Angelini presented the Joint Legislative Resolution to Mack at the University in recognition of his teaching, research and significant contributions in Benefit of the Community.

Mack’s office was filled with personalized notes and cards from present and former students thanking him for the influence he

had on their lives and careers. He said, “E-mails and letters from Monmouth alumni since 1974 make the teaching profession for me so gratifying.”

Junior biology student Gabriella Leuzzi said, “This semester is my first time in Dr. Mack’s class. On the first day of class I was able to tell that I was going to like him, aside from all of the great things I have heard.”

## Provost Moriarty Continues the University’s Strategic Planning

Provost continued from p. 1

the end of the process, faculty and staff clearly communicated their choice of Dr. Moriarty,” Brown added.

Pearson helped Moriarty in August with her transition to the new position by providing her with some orientation to the annual schedule of the provost, the organization and culture of Academic Affairs, and the contractual responsibilities of the provost and Vice President for Academic Affairs. “I am very confident that she will do very well in her new position,” he said.

Leah McGonigle, a senior history student, said, “I do feel that Provost Moriarty does have big shoes to fill just because I know that Dr. Pearson is the type of person that pulls out all the stops to do his job and did such in his position as provost.” McGonigle hopes Moriarty will continue to uphold and improve the academic programs at the University. She commented, “I’ve had nothing but good experiences here so I would hope that the high standards both students and professors are held to will continue.”

Moriarty has held the positions of

Department Chair/Director, Assistant/Associate Dean, Associate Vice Provost, and Vice Provost, totaling over 16 years of progressive administrative responsibility.

A respected leader in academia, Moriarty specializes in the field of criminal justice with a focus on victims’ issues. She is the author/co-author, editor/co-editor of eight scholarly books and numerous refereed academic journal articles. Moriarty is the past president of the Academy of Criminal Justice Sciences (ACJS) and a 2013 recipient of the ACJS Founders Award for outstanding contributions to criminal justice education. “I certainly feel my criminal justice faculty background will serve me well in this post,” she said.

Most recently Moriarty oversaw the creation, implementation, and approval of entrepreneurial programs centered on professional development at VCU that brought new revenue streams to the university. “The provost must increase private support and support from local, state, and federal sources through increased grant and contract activity,” Moriarty said.

“There are ample opportunities for Monmouth University to create niche programs that increase revenue and stature,” she added.

Additionally, Moriarty participated in the evaluation and implementation of a university-wide strategic plan at VCU, “Quest for Distinction.” Under Brown’s leadership, Monmouth University is also underway in its own strategic planning process, with final stages expected to be completed in October, in which Moriarty will be expected to help implement.

Brown said, “As we prepare to implement a new strategic plan for Monmouth University it was also important that our provost had a demonstrated record of outstanding executive and academic leadership experience. As a university, we need to move quickly to not only stay competitive with our peers, but also accelerate the trajectory of success that

[the University] has experienced over the years.”

As the University’s Chief Academic Officer, Moriarty will also have the broad responsibility for leading the University’s academic life across eight schools and five centers of distinction. Moriarty said there are many goals to be accomplished in her first year serving at the University, but her main focus will be on the strategic plan and the reaffirmation of the University’s accreditation.

According to Pearson, the strategic planning process that began execution during his last two years as provost will continue to include significant strategic review and development of the graduate programs.

Michael Kelvy, a senior history and secondary education student, said, “I feel that with all the changes the University is implementing, the new provost is just another change toward the future. Hopefully [Provost Moriarty] has some positive ideas that will bring more popularity to the school and she has the drive to want to do as well as Dr. Pearson.”

Pearson hopes that within the next five years Provost Moriarty will lead the University in defining the programs and providing the necessary guidance and support. With these goals, Pearson believes Moriarty can take the University to a higher level in terms of its academic reputation and its value to students. He said, “We have a strong faculty and very qualified students in place and I hope in the next year she will develop a good knowledge of our University culture in order to lead the way in the coming years.”

Moriarty feels the outreach of the community before officially beginning her service as provost and since arriving has been an incredible experience, which has aided her in advancing to the next level of her administrative career. She said, “Monmouth University was described to me as a ‘family’ while I was interviewing, and I am beginning to experience that feeling on a daily basis.”

## Universities Look to Prevent Sexual Assault

Sexual assault continued from p. 1

harassment, stalking, voyeurism, exhibitionism, verbal or physical sexuality-based threats or abuse, and intimate partner violence.”

Nina Anderson, Director of the Office of Equity and Diversity ensures the enforcement of Title IX as well as other acts such as the Violence Against Women Act (VAWA) and the Campus Safe Act.

Laws regarding sexual assault are created by state legislators but driven by a larger political activism, according to Dr. Gregory Bordelon, lecturer of political science. While the federal government cannot directly prosecute individuals charged with sexual assault, they do influence state and local policies. “The federal government is certainly at the forefront of it in the media. This is good since it creates awareness about the problem, and awareness can lead to action,” said Bordelon.

The federal government uses “the power of the purse,” according to Bordelon, making federal education funds to colleges and universities dependent on the action taken for sexual assault incidents. “This is seen as perhaps a more effective way to deter sexual assault than individual criminal prosecution,” said Bordelon.

While an academic institution cannot create new laws regarding sexual assault, they can mandate the penalties for alleged student offenders. This can include negative reports on their records or academic expulsion.

One source of information that the University provides publicly for students is the Victims Bill of Rights which lists a student’s rights to resources, campus intervention, legal rights and statutory mandates.

Nagy said she hopes for stu-

dents to become more educated on these resources in order to prevent situations where they may be sexually assaulted. “I would really like students to read a lot more about what our policies are and what our procedures are,” Nagy said. “We’ve beefed them up in terms of a couple of things. But I would also like to see students step in earlier, more frequently, to help their peers avoid situations such as this going forward.”

Upon the report of a sexual assault incident at the University, there is a chain of contact to make sure that the proper faculty and administrators are aware of the situation and that the victim receives the attention they need. Informing the victim of their options after the situation is also a priority according to Nagy. These contacts include the Residential Life staff, President Paul Brown, Monmouth University Police Department (MUPD) and Nina Anderson, the University’s Title IX Officer.

Counseling and Psychological Services is also available to the victims to help them deal with the aftermath of a sexual assault. “There may be shock, disbelief, fear, misplaced guilt, shame, and a number of other feelings,” said Dr. Franca Mancini, Director of Counseling and Psychological Services. “These feelings can lead to withdrawal, anxiety, depression, and even post-traumatic stress disorder (PTSD).”

Though the government has made sexual assault a prominent focus in college communities, Nagy said it cannot be eliminated completely. “The idea is to educate or prevent and intervene if necessary to try to change the behavior,” she said.

The University will host a number of programs on the topic of sexual assault during the first week in October. Nagy encourages all students to participate.

“Monmouth University was described to me as a ‘family’ while I was interviewing, and I am beginning to experience that feeling on a daily basis.”

DR. LAURA MORIARTY  
Provost and Vice President of Academic Affairs



# Involvement Fair Draws in Crowd

EMILY SHAPIRO  
CLUB & GREEK EDITOR

Over 100 clubs, organizations, and Greek life chapters congregated on the Murry and Leonie Guggenheim Memorial Library lawn on Friday, Sept. 5 from 4 – 6 pm for the annual Involvement Fair.

The Involvement Fair is an event that pertains to not only freshman but also to upperclassmen and transfer students in order to “step out of their comfort zone and get involved in the various organizations the University has to offer,” as stated by Megan McGowan, Assistant Director of Student Activities and Student Center Operations.

Students gathered on the library lawn and approached numerous tables that belonged to different clubs. Amongst the clubs and organizations were *The Outlook*, Baseball Club, Chabad Club, and the Residence Hall Association (RHA).

When approaching tables, club members gave brief descriptions of their organization’s contribution to the University and what is expected of active members to prospective students.

Some of the clubs used marketing tactics to entice new members to their tables. Giveaways such as t-shirts, coffee travel mugs, and even candy was spread out on tables trying to lure students into a new experience. Additionally, social media was used by clubs in order to create an online presence.

Once students felt an interest in a club, they were asked to provide club presidents with their information on the sign-up sheet. By doing so, students opted into receiving e-mails stating where and when weekly meetings are held as well as insight into critical events that a specific organization will potentially be sponsoring in the future.

Erika Pisano, a freshman com-

munication major, said, “I like how I can sign up for things I am interested in [at the Involvement Fair] and then later on choose which ones I actually go to.”

This year, the fair was on a Friday, which is different from previous years, according to McGowan. McGowan stated that having the fair on a Friday allowed for more flexibility. “Other schools usually have their involvement fair within the first week of classes. On Fridays, classes usually end early.” She also said that by having the fair earlier in the school year, it gave students an opportunity to get involved and make friends earlier,” she said.

Usually the Involvement Fair takes place on the third Wednesday of the school year, according to McGowan.

Megan Eustice, a junior health studies major, feels that changing the date to a Friday was an improvement to the Involvement Fair. “Usually the fair is going on when I am unable to make it, since I am a commuter. By having it on a Friday, and not too early, I was able to go to classes and then head over to get involved before going home,” she said.

Several other changes were made to the fair including the addition of food trucks and live entertainment. Music Alliance provided the fair with music performed by its members. 99 *Regrets*, along with other bands, filled the library lawn with songs that “kept the fair upbeat,” as stated by Pisano.

Dozens of students commented on the immense turnout of the Involvement Fair. One enticement this year was the continuation of the S.H.A.D.O.W. Program.

The S.H.A.D.O.W. program is designated to get first years students to attend events around campus. S.H.A.D.O.W. represents six categories of events: service and leadership, hawk pride, academic resources, diversity, organizations and involvement, and wellness.

# The Outlook Named “Most Outstanding Newspaper of the Year”

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Kouefati said, “What makes *The Outlook* stand out are a combination of so many things, but its passion that makes it stand out the most. The people behind it truly, truly care about the content and their audience.”

Casey Wolfe, current Editor-In-Chief of *The Outlook*, feels pressured to carry on the title of “Most Outstanding Newspaper of the Year,” but aims to accomplish this again by continuing to be consistent. “Previous award-winning Editor-In-Chiefs set a high bar, but they also showed me how to lead a newspaper that is worthy of a national title. I think they left me with a lot to work with so I’m going to do my best to push myself and my staff to keep producing the best newspaper we can,” Wolfe said.

Having worked with *The Outlook* for four consecutive years, Wolfe

said the paper has high standards for reporting and aesthetic, so the staff will not settle for producing anything less than they did the week (issue) before. “We cover topics that people want to read. We take pride in covering topics that can sometimes be controversial honestly and ethically. We don’t shy away from the tough stuff and we keep the traditional aspect of print journalism intact,” commented Wolfe.

Dr. Chad Dell, Chair of the Department of Communication, said, “[*The Outlook*] is the newspaper record for our community and so it can ask important questions, it can deal with critical subjects that face us as an institution and as members of a community. I feel better knowing that *The Outlook* is there asking and getting answers for these important questions.”

Wolfe feels the support not only from the journalism professors but

the entire University community strengthens *The Outlook*, as well as creates a healthy support system for all of the paper’s contributors.

“I am always almost in awe that it gets done [at *The Outlook*] every week,” Morano said. “The students set the bar, from what I can see, pretty high and they work very hard to get it at that level and usually surpass it.”

Dell expects *The Outlook* will continue to work to the best of its ability, to ask good questions, and serve the readers and University as a whole. He said, “I hope and expect that *The Outlook* will not rest on its laurels but it will push itself to be even better. There are plenty of measures of quality and we always have to push ourselves to not be satisfied and to challenge ourselves to take that extra step and I’m confident that *The Outlook* will continue to do that.”



PHOTO TAKEN BY Brianna McCabe  
The 2013-14 *Outlook* Staff celebrated the paper’s 80th Anniversary in the University’s Multipurpose Activity Center (MAC).

### CAMPUS EVENTS

Make sure to look at the Campus Events Calendar for all of the events planned this semester!

### ALTERNATIVE BREAK INTEREST MEETING

9.10	Spring-Guatemala 2:30P / Winter -Hati 3:30P Young Aud.
9.11	Winter -Hati 8P / Spring-Guatemala 9P Mullaney, 1st Fl. Lounge

### SATURDAY NIGHT SCREENINGS

8P & 11P OAKWOOD LOUNGE

9.13	Think Like a Man Too
9.20	22 Jump Street
9.27	Tammy

### MONMOUTH HAWKS

9.13	Football vs. Wagner 1P Kessler Field
	M. Soccer vs. Holy Cross 7P Great Lawn
9.14	W. Soccer vs. Lafayette 6P Great Lawn
9.19	Field Hockey vs. Northeastern 4P SSAC Field
9.21	W. Soccer vs. Hofstra 1P Great Lawn
	Field Hockey vs. Davison 12P SSAC Field
9.24	W. Soccer vs. Sienna 7P
9.26	Field Hockey vs. Fairfield 4P SSAC Field
9.28	Field Hockey vs. Cornell 1P SSAC Field

### Events Presented by The Student Activities Board:

- • • Monmouthpalooza 4P Res. Quad 9/13 • • •
- #SABswag 2:30P RSSC Cafe 9/24
- • • Las Cafeteras 7P Res. Quad 9/26 • • •
- Dakaboom Comedy Duo 8P Res. Quad 9/26
- • • Psychic Fair 10P Wilson Hall 9/27 • • •
- Stars and S’mores with Austin Renfroe 8P Res. Quad 9/30

## JOIN A CLUB!

Check Out All The Organizations To Get Involved In @ <http://www.monmouth.edu/university/clubs-and-organizations.aspx>



The Asics logo, featuring the stylized 'a' symbol followed by the word 'asics' in a bold, lowercase sans-serif font.A black and white advertisement featuring a male runner in a long-sleeved shirt and shorts, wearing Asics Gel-Nimbus 16 sneakers, running up a set of stairs. In the background, a large, close-up image of a football player's face wearing a helmet is visible, creating a sense of competition and endurance.

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# Alumni Affairs



## Welcome Back Students! Welcome to Monmouth, Class of 2018!

On behalf of the Office of University Engagement, we hope you have a fantastic year. Before you know it, you will graduate and become a Monmouth Alumnus! It is never too early to get involved and there are plenty of ways to do so as an undergraduate:

**Network with Alumni Mentors**  
We pair current students and alumni with volunteer mentors who provide career advice and job search tips. Mentors work one-on-one with students and alumni who are seeking professional guidance. They provide guidance on career opportunities and steps that must be taken to capitalize on those opportunities. Mentors help with feedback on job search strategies and interview skills. Whether it be in person, over the phone, or through e-mails, mentors share experiences and insights about what it is like to have a meaningful occupation. The mentor program motivates students to work toward long-term goals, through full-time employment, graduate school, internships, and other networking forums. For more information or to be paired with a mentor, email [alumnimentors@monmouth.edu](mailto:alumnimentors@monmouth.edu).

**Join the Student Alumni Association (SAA)**  
The Office of University Engagement is proud of our Student Alumni Association and encourages all current students to join! The SAA offers the opportunity to meet and connect with Alumni before you graduate. The club sponsors a variety of great on-campus events throughout the year for students and includes SAA members in almost every Alumni event. SAA members are in a position to learn the benefits of being an alumnus long before graduation! To join, email us at [alumni@monmouth.edu](mailto:alumni@monmouth.edu).

**Apply for the Legacy Scholarship**  
Students having a parent who is a graduate of the University can apply for an Alumni Association \$1000 scholarship exclusive to “legacy” students. The Office of University Engagement urges you to take advantage of this opportunity. Pick up a form at Alumni House, or email your request to [alumni@monmouth.edu](mailto:alumni@monmouth.edu). The application deadline is June 30, 2015.

**Stop by Alumni House and say hello!**  
Our office is open Monday-Friday, 8:45am-5pm. We love meeting students so stop by “the house!” We are located near Lots 16 and 25.  
If you have any questions, please feel free to contact our office at 571.3489 or at [alumni@monmouth.edu](mailto:alumni@monmouth.edu).

Go Hawks!  
The Office of University Engagement

# School of Nursing and Health Studies

## Welcome back everyone!

We are excited to share a number of developments in our School. Students just began as the first of many cohorts in our two newest programs at the graduate and undergraduate levels, respectively: the **Physician Assistant (MS) Program** and the **Four-Year Nursing (BSN) Program**. We are also happy to introduce five new full-time faculty to our School this fall: Professor Andrews (HEPE), Professor LaMandre (PA), Professor Lynch (PA), Professor McSherry (NU), and Professor Myers (HEPE). Look for these new professors around campus and in the classroom!

Whether you are interested in one of our programs, would like to meet with faculty, or would just like to say hello, please pay us a visit in McAllan Hall. Best wishes for a productive and healthy academic year!

The Marjorie K. Unterberg School of Nursing & Health Studies

# Office of Career Services

## Welcome Back from The Office of Career Services!

As the new academic year begins, Career Services is looking forward to working with you and assisting with all facets of your career development.

The Career Services team has prepared exciting programs and events for the 2014-2015 year which are critical to successful career planning. Our mission is to assist students in all aspects of career exploration and preparedness through a variety of opportunities and resources. Creating a strong resume, crafting a persuasive cover letter, learning to be prepared for an interview and providing access to service learning, internships and full-time employment are examples of how Career Services assists students and alumni as well.

It is never too early to begin planning for your career and life after Monmouth. We encourage every student to attend our workshops, schedule an appointment with a staff member or simply to stop by and learn more about our services. Our office is located in the lower level of the Rebecca Stafford Student Center and additional information can be found on our webpage at <http://www.monmouth.edu/university/career-services.aspx>. Hours of operation are from 8:45 am-5:00 pm, Monday through Friday, and we are open until 6:00 pm on Wednesdays during the academic year. Please call 732-571-3471 for more information or email us at [careerservices@monmouth.edu](mailto:careerservices@monmouth.edu). Join The Official Monmouth University Career Services Group on LinkedIn and make sure to read the emails you receive from Career Services to keep up with all the latest information.

Welcome back and we look forward to seeing you!

# Department of Music and Theater

There have been many preparations and behind-the-scenes activities going on at Monmouth University’s Department of Music and Theatre this summer. Some of our Music Industry students have traveled to Italy with Professor Rapolla for two weeks, promoting their Blue Hawk Records label. While there they collaborated with Italian Music Academy students to perform concerts to capacity crowds in the beautiful medieval mountain villages across the Abruzzo region.

We have expanded our partnership with Lakehouse Music Academy & Studios, where production courses are taught, students intern and Blue Hawk Record projects are recorded. We are upgrading the sound systems in our classrooms, ordering a new dance floor and enhancing the student lounge by adding a new student work center. Work has also continued on completing our own, in house, recording studio at Woods Theatre. We’ve had many new and prospective students visit over the summer; our faculty has been busy performing, presenting at various venues, taking workshops or enjoying international travel and...now suddenly here it is...time for new classes, auditions and new shows!

Check out our Department of Music and Theatre’s Facebook page to learn about the outstanding activities and productions that will be available for you. We have music, we have dance, we have one on one private instruction, we have our own record label and we have theatre. Sometimes we have karaoke and pizza parties just for fun. Stop by and visit, sign up and be part of our productions in the cast or crew or join in as an enthusiastic member of our audiences. Clearly, *Something Is Happening Here!*

## We are pleased to announce some of our upcoming events:

### Industry/Alumni Networking Event

October 8, 2014, Woods Theater, 7pm  
The Monmouth University Music and Theatre Arts Department and Blue Hawk Records in cooperation with the Music Alliance is offering a unique opportunity to meet and network with alumni and professionals working in the Music and Entertainment field.

### Grammy Museum Affiliation Reception

October 10 2014, Woods Theater  
Monmouth University was designated as an official Grammy Museum Affiliate – one of only 5 in the entire country and the only one on the east coast. With our partnerships we’ll be developing new courses, offering internships and workshops in LA, hosting great events on campus...and going to the Grammys!

**Annual Founder’s Day celebration** on Oct. 8th when you can hear our Chamber Orchestra, Chamber Choir, and Concert Chorus in performance at Pollak Theatre.

### OUR TOWN

Dates: November 5 – 9 and 12 – 15, 2014, Woods Theatre  
A University-wide production of the classic Pulitzer-Prize winning play by Thornton Wilder, Our Town tells the universal story of small town America. Though taking place in the first decade of the 20th century and written in 1938, Our Town has consistently been hailed as a theatrical masterpiece. A New York production won the Tony Award for best revival in 1989 and an off-Broadway presentation in 2009 won accolades from critics and audiences alike and ran for nearly 3 years.

### ‘TIS THE SEASON, A HOLIDAY CONCERT

Thursday, December 11 at 7:30 p.m., Wilson Hall Grand Staircase  
An evening of seasonal music for choir, orchestra, and hand bells performed in the majestic and festive atmosphere of Wilson Hall. The concert is conducted by Professor Michael Gillette and Dr. David M. Tripold and features the Colts Neck Reformed Church Exultation Ringers conducted by Maggie Tripold.

### URINETOWN, THE MUSICAL

Dates: March 4 – 8; March 10 – 12, 2015, Woods Theatre  
From the American town in the early 20th century of Our Town, presented in the fall, we flash forward to a future dystopia where a severe water shortage has made public pay-per-use toilets a legal necessity. Urinetown was a hit Broadway musical in the early 21st century, running for two and a half years. The show is a satirical take on social change (the police are represented by Officers Lockstock and Barrel), corporate greed (the pay toilets are run by “Urine Good Company”), and Broadway musicals themselves.

### SOMETHING’S HAPPENING HERE SPRING SHOWCASE

Thursday, April 16 at 7:30 p.m., Wilson Hall Grand Staircase  
A musical cavalcade featuring the Monmouth University Chamber and Concert Choirs, Chamber Orchestra, Jazz Ensemble, student bands and soloists. The concert is conducted by Professor Michael Gillette and Dr. David M. Tripold.

Additional information on the Glee clubs, Pep Band, Jazz Band, Pit Band, Choir, Chamber Orchestra, the Music Alliance or Blue Hawk Records, etc. are available in the Woods Theatre Main Office and online.

We are looking forward to seeing you soon!

The Faculty & Staff of the Music & Theater Arts Department at Monmouth University

Joe Rapolla, Department Chair



## Facilities Management

To our new freshmen, “Welcome!” and to our upperclassmen, “Welcome Back!” We’re excited to have you bring your life and vitality to campus as you pursue your academic and research goals. Facilities Management is here to help. Our staff maintains and operates the physical, environmental and mechanical facilities of our campus so that you can focus on your studies.

Facilities Management is the department that operates the buildings and grounds of the University. If you need help with routine building maintenance or repair, you may request our services quickly and conveniently with our on-line service order. Our service order can be accessed at:

<http://www.monmouth.edu/serviceorder>

To keep you informed about the status of your requested work, our service personnel will attempt to contact the person who requested service at the time that they perform the work. If they are unable to directly contact you, our service personnel will leave a door hanger on the entrance to the area for which work was requested, informing you of the status of the work.

Our regular office hours are 8:00 a.m. – 5:00 p.m., Monday – Friday. **Emergency services** (e.g. leaks) are the only services that should be requested over the telephone.

**During regular business hours, call us at extension 3425**

**For after-hours emergency help, call extension 3472**

We’re looking forward to helping make your studies at Monmouth safe, convenient and enjoyable!

Best Regards,

Patricia Swannack  
Vice President for Administrative Services

## School of Humanities and Social Sciences

Dear Incoming Students,

Welcome to Monmouth University! We are thrilled that you selected this wonderful institution of higher education to be your academic home. You have made an excellent choice! MU is a vibrant, welcoming, inclusive, and exciting place to stretch your minds, make new friends, find your passion, and safely expand your intellectual and social comfort zones.

So how can you make the most of your time at MU? Here are some suggestions:

**1) Get out of your intellectual comfort zone:** Take classes in subjects you think might be interesting but don’t know much about. Some of the most transformative moments in our lives often come from experiences we hesitantly (and even nervously) step into.

**2) Choose a major because you love the subject matter, not because you think it will get you a job:** According to Forbes (2013), the top skills that employers are looking for include the ability to

- work in a team
- make decisions and solve problems
- plan, organize, and prioritize work
- communicate verbally with people
- obtain and process information
- write and edit written reports

The good news for you is that as long as you are willing to work hard and be an active learner, any major you choose at MU will provide you with these top skills.

**3) Get involved: Join a club or student organization, work with a professor, find an internship (or two), travel abroad, and attend cultural events, lectures, films, and other activities on campus.** Don’t wait for your professors to require you to attend; take the initiative on your own. You can learn a lot from attending campus events. In fact, one of these events might just be what ignites your intellectual passions.

**4) Remember that going to class is not the hard work:** The hard work is the work you will be doing outside of class so that you can be an active and engaged participant when you go to class. So make sure you leave time outside of class to do your work.

**5) Find your place in the world:** Doing so will ultimately help you be more confident about who you are and help you in your future endeavors. But before you find your place, you need to understand the world around you. Take advantage of what MU has to offer in order to help you learn about the world beyond you, and how you fit into that world.

So welcome to Monmouth University! Be active, draw on your passions, get involved, and be willing to work hard to realize your dreams. MU is here to guide and support you as you embark on this intellectual journey; but the hard work and end result is ultimately up to you. So we invite you to make the most of your time here and wish you all the best in this and upcoming semesters.

Most Sincerely,

Stan Green, Dean, School of Humanities and Social Sciences  
Michael Thomas, Associate Dean  
Nancy Mezey, Associate Dean  
Judy Ramos, Assistant to the Dean  
Lynne Clay, Office Coordinator

## Counseling and Psychological Services

Welcome back!

Regardless of if you are a first year student living away from home for the first time or an upperclassman anxiously awaiting graduation, dynamic experiences will be a part of your life at Monmouth. These times can be exciting but sometimes stressful, upsetting, and/or confusing. If you or a friend needs help, there are many members of the campus community here to help. Just say something.

Counseling and Psychological Services is located on the 3rd floor of the Student Center. The CPS office is typically open Monday to Friday from 9:00am until 5:00pm with additional hours on Tuesday and Wednesday evenings until 7:00pm.

Stop by the office or give us a call at 732.571.7517 or email us at [mucps@monmouth.edu](mailto:mucps@monmouth.edu).  
Good luck this semester!





## Pre-Professional Health Advisory Committee (PPHAC)

Dear Pre-Health Careers Students,

Welcome to campus! If you are considering a professional health career (medicine, PA, dentistry, veterinary medicine, optometry, physical therapy, or others) and are not registered with our office, please be sure to stop by the Pre-Professional Health Advisory Committee Office (312 Howard Hall). Upcoming events on entrance test preparation, shadowing opportunities, and information sessions on health careers and professional school admissions will be held throughout the semester. We especially encourage new students to connect with us – early planning and preparation is key to future success in professional school. See below for some FAQ from pre-health students:

- How can I find out more information about my particular area of interest? **Check out the PPHAC's webpage:** <http://www.monmouth.edu/school-of-science/pre-professional-health-advising.aspx> where you'll find links for Profession-specific information and links to websites, i.e., American Dental Education Association ([adea.org](http://adea.org)) for dental information.

- How many hours of shadowing are required? **It depends on your program of interest. PAs typically require more than other professional schools. The type of shadowing should be varied as well: Doctors Office, Clinical Setting, etc. Check the website of the professional schools you're interested in for specific details.**

- What about entrance exams (MCAT, DAT, GRE, etc)? **It is recommended to take the required entrance exam for your professional school during the Spring of your Junior year. Consider a Prep Course and plan on approximately a minimum of 3 months of study time.**

- How can I become a better candidate when applying to a Health Professional School? **Achieve no less than B/C in all prerequisite courses (check your schools website for specifics), get involved with research, volunteering, internship opportunities; stay informed on your career choice via websites, news, etc.; visit a school of interest; study for entrance exams.**

- Does the PPHAC send Letters of Recommendation to health professional schools? **YES**

- Please come to our meetings to find out more!

We wish that you have a happy and successful semester!

Dr. Bernadette Dunphy and Dr. Dottie Lobo, Co-Directors PPHAC

## MU Grads Tie the Knot



Sarah Alyse Jamieson and James Kiernan, class of 2009 MU Grads, were married on May 31, 2014 at St. Rose Catholic Church in Belmar New Jersey. James and Sarah met and fell in love while attending Monmouth University.

TUTORING & WRITING SERVICES

# MONMOUTH UNIVERSITY

WHERE LEADERS LOOK *forward*

Dear MU Students,

Welcome! Monmouth's Tutoring and Writing Services provides support as you pursue academic success. From peer tutoring to writing assistance, as well as supplemental instruction for advanced classes, Tutoring and Writing Services has more than 100 individuals who provide a wide variety of services and resources free of charge.

Please feel free to contact us with any questions and if you need to book an appointment please go to [www.tutortrac.monmouth.edu](http://www.tutortrac.monmouth.edu).

Best wishes for a successful school year,  
Dorothy M. Cleary  
Director, Tutoring and Writing Services

## Bursars' Office

### IMPORTANT INFORMATION FROM THE BURSARS' OFFICE

Receive your **refund faster** by signing up for **Direct Deposit** through **Monmouth University E-Refund**. Any student can do it. **You do not have to have a PNC account**, and there is no charge to take advantage of this convenient service.

**You will receive your refund in your account within 72 hours** of it being processed and will be notified by email when it is in your account. It's easy!!!! Go to

[www.paymentportal.pnc.com/mon](http://www.paymentportal.pnc.com/mon) and click into **Monmouth University E-Refund**.

## Art and Design Department

Welcome Back!  
Dr. Andrew Cohen  
Chair, Art and Design

With the new academic year you have so many new opportunities to experience and explore. Seeing exceptional visual arts is among the many wonderful events available to you. Art allows you to see through others eyes, feel what others feel—it helps you to become an empathetic person.

We invite you to visit our galleries at your leisure and attend our artists' talks. The first exhibit in DiMattio Gallery, Rechnitz Hall features an extraordinarily talented artist, Mavis Smith, who paints with egg tempera, a rarely used medium these days. Definitely worth seeing!

Our Fall schedule is:

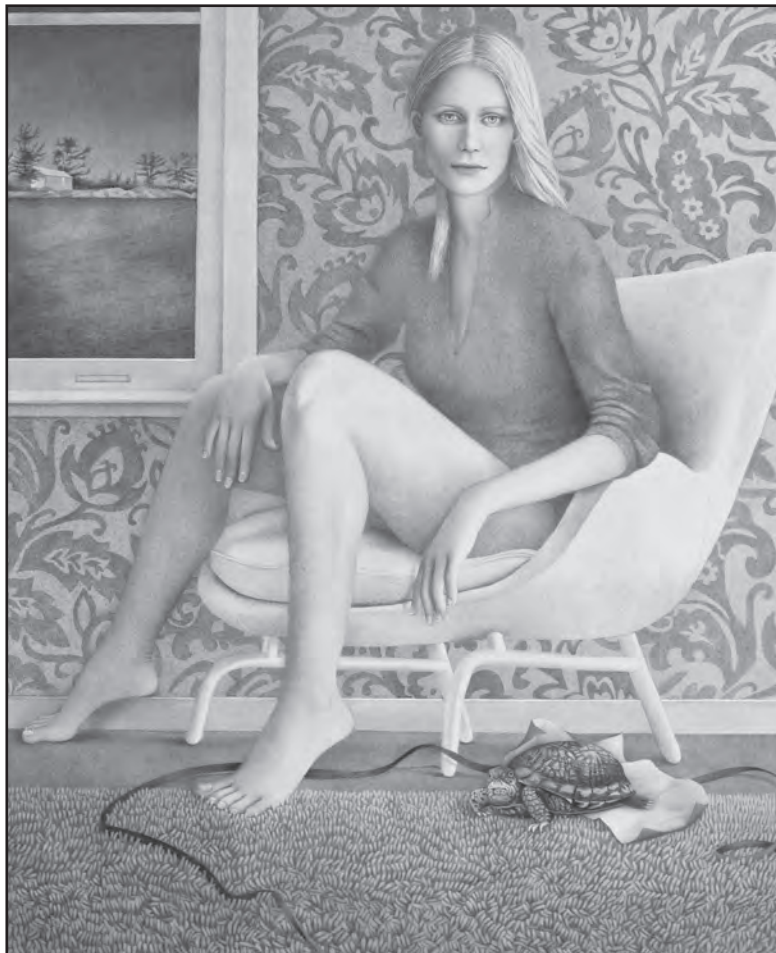
DiMattio Gallery – First Floor  
**MAVIS SMITH / THINK AGAIN** Mavis Smith, egg tempera on panel, 37"x24"  
September 2 – October 17, 2014  
**Opening Reception:** Friday, September 19, from 7:00 – 9:00 p.m.  
**Gallery talk with the artist:** Thursday, October 2nd, 2:30 p.m.

DiMattio Gallery – Second Floor  
**Robert Mueller: Selected Works From the Monmouth University Permanent Collection**  
September 2 – October 17, 2014

DiMattio Gallery  
**Evelyn Leavens: A Retrospective of the Artist (1924 – 2013)**  
November 7 – December 19, 2014  
Opening Reception: Friday, November 14, from 7:00 – 9:00 p.m.

Ice House Gallery  
**David H. Wells: Foreclosed Dreams**  
September 2 – November 14, 2014  
Opening Reception: Thursday, September 25, from 5:30 – 7:00 p.m.  
Illustrated lecture: Wilson Hall Auditorium, 4:30 – 5:30 p.m.

Ice House Gallery  
**December Senior Show**  
November 28 – December 5, 2014  
Opening Reception: Friday, November 28, 7:00 – 9:00 p.m.





# Upcoming Events

## September '14

8/31 **Midnight Breakfast!**  
(Freshmen Only)

9/2 **Classes Begin!**  
**Birthday Celebration**

9/8 - 9/21 **Add \$100 Hawk Dollars**  
**or more & get a 10% Bonus!**

9/13 **BBQ on the Quad**  
**Monmouth Palooza**

9/16 **Smoothie Bar at Lunch**

9/17 **Tex-Mex Dinner**

9/19 **Wing Bowl**  
**Battle of the Buildings**

9/24 **High-Five a Vegetarian!**

9/30 **Smoothie Bar at Lunch**

\*all events occur at Magill Commons unless noted otherwise

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DINING SERVICES

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## Did you apply for graduation?



### ⚠ ATTENTION STUDENTS ⚠

The Office of the Registrar would like to take the opportunity to welcome you back to campus...

**Welcome Back!!**

In order to be on target to complete your degree requirements and graduate, we urge you to apply for graduation no later than 1 year prior to your anticipated graduation date. By applying early, you have the opportunity to receive an official notice from the Registrar's Office if you are Not On Target (N.O.T.) for program completion. If you are N.O.T, having this additional time allows you the opportunity to adjust your registration and/or submit appropriate substitutions/waivers.

Good luck with your coursework this semester!

**PLEASE TAKE NOTE OF THESE IMPORTANT DATES FOR THE JANUARY 2015 GRADUATION:**

⚠ **November 1<sup>st</sup>, 2014:** Deadline to submit Graduation Applications through e-FORM's

⚠ **November 15<sup>th</sup>, 2014:** Deadline to submit any additional e-FORM's requests (i.e. Substitutions, Waivers, Declare/Remove Minor, etc.)

\*\*Please note: e-FORM requests received after the deadline dates will not be processed\*\*



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Outlook masthead designed by Kimberly Lynn Mallen  
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BECOME A FAN

“To be Prepared is Half the Victory”

CASEY WOLFE  
EDITOR-IN-CHIEF

September has arrived and with it, the excitement of students getting back into an academic routine. Seniors have begun their last first day of school. Freshmen nervously begin to find their place on campus. The line for the book store is as long as our syllabi and the new faces in our classrooms start to become familiar.

In addition to working toward academic excellence, students also strive to make the most of their short time at the University. Ernest Hemingway once said, “It is good to have an end to journey toward, but it is the journey that matters in the end.”

These words speak volumes for the college experience, and as a senior beginning my last year as an undergraduate I can say that a journey begins with getting involved. While my college career is nearing an end, this year I embark on a new journey with my entire staff as Editor-In-Chief of *The Outlook*.

Each semester the University sets new goals and works to improve an institution that already achieves excellence, and that is what I intend to do for *The Outlook*. I have had the privilege of working under three dedicated leaders during my involvement with the newspaper, each who has set a great precedent for the next to follow.

These past Editor-In-Chiefs who I am lucky enough to call my friends and mentors left behind a newspaper that maintained tradition while still progressing in the modern world of journalism. Though they held many of the same values I have seen *The Outlook* evolve with each new leader.

In my predecessors’ time at the University, they covered important events such as a presidential election, Superstorm Sandy, the inauguration of a new University

president, national health concerns and other campus developments.

Now it is my turn to help my staff find the hardest hitting stories on and off campus and cover them honestly and ethically as *The Outlook* has always done. The newspaper has been a trusted source of information for the University for 80 years and I hope to deliver stories that will best serve students, faculty, staff and the surrounding community. My goal is to inform readers of topics and issues that they may not otherwise think twice about.

Additionally, I want the campus community to respond to us. If there are any pressing issues or information we may not be exposed to that can help the

make this goal a reality.

While it is more important now than ever to strengthen the quality and readership of print media, *The Outlook* will continue to advance in the technological realm. This means a more in depth focus on social media outlets and a more accessible online presence. We are currently in the process of updating our website to a more user friendly platform. Through this, I hope to be more interactive with our readers.

With a more aesthetically pleasing website in the works, I want to experiment with new design ideas for our print newspaper. We have a talented group of staff members working with graphics and photography and I believe they will be a real asset to

While my college career is nearing an end, this year I embark on a new journey with my entire staff as Editor-In-Chief of *The Outlook*.

staff inform and educate readers I want any student, administrator or faculty member to feel comfortable reaching out to us. All lines of communication to *The Outlook* are open.

In the spirit of upholding tradition, one of my larger goals as Editor-In-Chief is to manage a newspaper worthy of the national title that each Editor-In-Chief I have worked under has achieved. Last year, *The Outlook* was named “Most Outstanding Newspaper” by the American Scholastic Press Association (ASPA) for the second year in a row and the third time in four years.

While winning the title for a third year in a row is unlikely, it is not impossible. I am confident that my staff is up for the challenge and will do their best to

the publication.

The title of Editor-In-Chief comes with great challenges and responsibilities but I have the utmost faith in my staff that we can overcome any obstacle. We have excellence guidance from our advisor, John Morano, and are privileged to have a wonderful support system from faculty and administrators.

Even with the most well thought out goals, an entire year of newspaper production cannot always go as planned. I am excited to see what game changers and opportunities present themselves this year. In the words of Walt Disney, “We keep moving forward, opening new doors and doing new things because we’re curious and curiosity keeps leading us down new paths.”

Best In Show



by Phil Juliano

HOW TO SUBMIT ARTICLES OR LETTERS

The Outlook provides the Monmouth University community with information concerning issues in and around the University while serving as a forum for expression of the ideas of its readers.

Contributions must be submitted (email [outlook@monmouth.edu](mailto:outlook@monmouth.edu)) by 12:00 p.m. Sundays to The Outlook office, 2nd floor, room 260, Plangere Center.

All copy must include the author’s full name and contact information. The Outlook accepts articles and graphic material from students, faculty and administrators, and reserves the right to edit or reject any material which they determine is not suitable for publication or its readers. Copy and advertising appearing in The Outlook do not necessarily reflect the views of Monmouth University or The Outlook.

**DISCLAIMER:** All articles appearing in the Op/Ed section of *The Outlook* are solely the opinions of the authors and do not reflect the views of *The Outlook*’s editors (unless otherwise noted) or any and all advertisers. Opinion articles are run unedited and the content is the sole responsibility of their authors. All students and faculty are welcome to respond to any opinion piece that appears on these pages, and everyone is encouraged to submit an article for consideration. *The Outlook* reserves the right to withhold any articles deemed inappropriate or otherwise unfit to print in the Op/Ed section. Due to legalities, *The Outlook* will no longer print anonymous articles.

The Outlook

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# Ten Commandments College Freshmen Should Follow

HARMONY BAILEY  
CONTRIBUTING WRITER

There are many things people don't tell you about college life. Some things are small, trivial matters that just annoy every upperclassman on campus. Other things can change your entire college career if you keep an open, focused mind. Here are ten helpful tips for our incoming peers.

**1. Making new friends is good; walking around campus in a group of 10+ people is bothersome.** The excitement of meeting new people and making new friends can become overwhelming the first couple of weeks as a freshman. Be mindful that, although you like walking around in a pack with your new self-proclaimed college crew, large groups take up a fair amount of room and should be mindful of other people using the sidewalks and/or space around them.

**2. College food isn't that great.** Granted most—if not all—freshman will have a meal plan their first year, don't go overboard with all the pizza, cheeseburgers, fries, and sandwiches that you desire. Try to maintain a conscious and healthy diet because the notorious "Freshman 15" is NOT a myth. Also, be aware of those late night greasy cravings that so many businesses around campus cater to. Do you

really need that 12-piece Buffalo chicken order at 3am?

**3. Wearing a lanyard is a public proclamation that you are a freshman.**

Ahhhh yes! Ask any upperclassmen how to spot a freshman and they'll answer with "The ones wandering around campus wearing lanyards." It's not a fashion statement in any regards. Trust me, just ditch the lanyard.

**4. Everyone will be doing their laundry on Sunday night.** If you don't hold off on laundry to bring home for you mom to do, than guaranteed Sunday night the 5 washing machines in the basement of your dorm will be in use. Try finding time when you aren't in classes to take advantage of a free machine, maybe a Wednesday afternoon. After all, laundry is an important responsibility.

**5. Your roommate does not have to be your best friend.**

Some people will become instant pals with their roomie; others will be civil or just flat out ignore their designated room partner. Whatever the situation, remember, it's only temporary, and your RA is always willing to solve any disputes or problems. Having a roommate is a great life experience as long as you both make it work.

**6. Parties . . . social gatherings of drunken debauchery.**

Let's be real here, why else do freshman flock to frat parties? You want some fun, may-

be hookup; get drunk, there's a myriad of reasons. No one is saying that it's entirely bad, but be careful! Stick with your friends for safety and if you do drink always pour your own, and never accept anything that you don't know the contents of. Use common sense. The drinking age is 21 and you can get an underage ticket.

**7. College is stressful. Develop a routine for your workload.** You may need to restructure your life a bit to adjust to the college setting. Unlike the typical high school day schedule, college schedules vary every day. Finding time to balance everything is important in being successful during your college career. Investing in an agenda planner is an ideal solution along with practicing those time management skills.

**8. Go to class. End of story.** Even if you are hung-over, the professor doesn't have a strict attendance policy, or if you just don't feel like it. GO! The only person who does not benefit from missing out on class is you. And in some majors or classes missing just one could mean missing out on 1-3 chapters of coursework. Also, it's tuition money that YOU are paying for getting wasted for what, an extra hour of Netflix? Go to class. It's the only way you are going to pass.

**9. Develop a library habit and keep up with it.**

The library is an overlooked



PHOTO COURTESY of Kelly Hughes

Wearing your lanyard around your neck can be considered a "rookie mistake" and a "dead giveaway" to upperclassmen that you are a freshman.

but important resource on campus. Spending a few hours a week there can greatly benefit your academic career. Making it a habit throughout the semester will pay off when finals week approaches and the library is crowded to capacity with students cramming to study. Making an effort early on will help towards the end of the semester.

**10. Be involved.** Student involvement on campus is one of the greatest

experiences to have during a college career. You can befriend upperclassmen who will help and guide you. Even professors and advisors can help students' performance and involvement by mentoring them. It may be scary to break out of your shell and dive into student activities, clubs, organizations, or sports, but if you find the courage to make your college career worthwhile, it really will be the time of your life!

## Take Advantage of MU: Advice from an Upperclassman

BRIAN MARTIN  
CONTRIBUTING WRITER

I still remember what it was like to step onto the campus of a "college" for the first time, the smell of freedom was stronger than ever, and I felt like the world was mine for the taking.

Now, looking back on that freshman, there are a few things I wish I could tell him. The first of which being, oh god why were you wearing that?! The second thing would be to take things a little more seriously. I don't mean, "don't have fun on weekends," rather, realize the time and opportunities you have in front of you and how fleeting they truly are. Here is what I think you need to do in order to take full advantage of college.

**1. Get to know the campus**

To be completely honest with you, I am not the type of person who walks into a situation and feels like they know what is going on. There is something beautiful about being lost, because that means at some point, you have to end up finding a way.

Getting to know the campus and what it's like to move from classroom to classroom, or knowing what it's like to walk across the arctic tundra that is Shadow Lawn in the dead of winter; is a vital part of college. Its moments like these where we have to remember what we heard as kids, "make sure you bundle up, it's cold outside!" We learn how to take care of ourselves and how to navigate the world around us.

**2. Get to know the people** This is both a positive and negative experience. I have heard

and actually have been guilty myself of saying the people of Monmouth are not the best sometimes. Realize this is the case any place you go.

Part of your challenge is to find the people that you can connect with and grow with during your time here. Yes, you will make mistakes. You will make enemies. That's all part of it, and that's something everyone has gone through. You will meet the best friends you have ever had, and share some of the most exciting memories with them. So yes, it's easy to say things like "everyone sucks," but finding the good in others and being open-minded will be some of your greatest assets to make it through. It also never hurts to smile!

**3. Get to know you** This is probably the most im-

portant on this list, is the real reason you came to college. Let's put aside that degree ambition for a second and the super awesome job you're going to get after you walk across that stage.

Think about it. You are here because you want to see what you are made of. You want to have "the best four years of your life" and maybe do a little learning on the side. Most learning that you will use in life happens outside the classroom.

As someone who is applying for grad schools and has been heavily involved on campus, I can say that my skills in the classroom are nothing compared to my people skills gained through my extra-curricular experiences. This is a time for you to step outside of your comfort

zone, to do things that you never thought you would do. It's moments like these where you learn who you are and you begin to become the person you were always meant to be.

Was I successful at seeing these three reasons, as I was first going through them? Of course not; we rarely are. Looking back at the good and the bad in college, I'm so thankful for it all. It brings you to where you are today, and who you are is wonderful.

Life after college still looks a little scary, but after taking advantage of all that Monmouth has to offer, I feel much better about the challenges and victories that lie ahead. After all, "Monmouth Hawks Fly Together" doesn't end after we graduate. So grab that backpack, open your door, and go explore.

## Advice from College Seniors: Senior Year -The Perfect Time to Persevere, Not Give Up

KELLY HUGHES  
LIFESTYLES AND OPINION EDITOR

MAGGIE ZELINKA  
SPORTS EDITOR

As we begin our senior year, many of our fellow students have already invested in the luxury of a four class schedule with plenty of time to kill. We see our friends casually drinking on weeknights and going to the beach on weekdays. While we too have some time during the week, we have taken the liberty of keeping our hectic schedule in order to grasp a full appreciation of our college life.

A friend who recently graduated consistently goes to social media to complain how much he misses the college lifestyle and even his out of school responsibilities such as participation in clubs and his fraternity.

We realize that we are fortunate enough to be part of three major

clubs on campus and did not want to drop these activities just to more freedom during our senior year.

Being leaders for two of our clubs' majors on campus has taught us that being involved and staying involved is a learning ex-

sibilities just because it's your senior year, then a future employer may think you could do the same during your career. With this said, it is never too late to join an organization. Both of us went around the Involvement Fair this past weekend and joined some clubs

and so many ways to be involved.

With this said, we also realize that as a senior, you should not spread yourself too thin. You certainly do not want to take six courses, be on five e-boards, and have three jobs; however, you do want to be somewhat involved so

responsibilities on top of a social life and your normal course load, take it from us, you can.

Plus, being so heavily involved with campus clubs has even earned us credits in place of free electives so in the long run, it pays off. With our involvement on E-board for PRSSA and *The Outlook*, we get to swap credits through the clubs instead of an extra class

With this being said, to the seniors: we understand that you want to have the time of your life as you enter the final year of freedom, we do too! There is nothing wrong with realizing that you should take full advantage of your last year of college.

At the same time, just keep in the back of your mind what a gratifying experience on-campus involvement can be on top of letting loose every night of the week. One day you might look back and wish you would have treated your senior year with more enthusiasm.

**At the same time, just keep in the back of your mind what a gratifying experience on-campus involvement can be on top of letting loose every night of the week. One day you might look back and wish you would have treated your senior year with more enthusiasm.**

perience that pays off. It looks much better on your resume if you stay in an activity because it shows commitment and dedication which can then be translated to a future job.

If you diminish your respon-

that we never even thought of as an option in prior years. We do not want an opportunity to slip through our hands, hence why we have decided it would be best to be as involved as we can be. There are still so many people to meet

you still feel like a college student. Regardless of our many titles and courses at the University, we still have the time to go out on the weekends with our friends, head to the beach, and simply relax. If you think you cannot handle club



# U.S. Journalism Goes Abroad: The Islamic State

BRANDON JOHNSON  
CO-POLITICS EDITOR

The Islamic State (formerly the Islamic State of Iraq and Syria) has beheaded a second American journalist within the past two weeks. In addition to the loss of James Foley 40, Steven Sotloff 31, has become a victim of international politics.

According to *Reuters*, Foley covered topics such as public demonstrations in Aleppo, Syria, just as Sotloff “spent years in the Middle East writing for publications including Time and Foreign Policy” as per the *Wall Street Journal*.

On Saturday May 31, 2014, the White House administration facilitated an exchange with Taliban terrorists, a deal involving Bowe Bergdahl and five detainees at Guantanamo.

The US Government has an inherent stake in protecting troops abroad, no such protection exists for journalists. Dr. Eleanor Novek, professor of communication said, “Organizations like the Committee to Protect Journalists and Reporters Without Borders attempt to raise public awareness and support for journalists in danger zones around the world. But these are nonprofit groups with limited funds.”

The problem becomes even more specific when dealing with freelance journalists, as in the case of Foley and Sotloff.

Novek continued, “A large

news organization may be able to provide legal help for a journalist who has been detained. But in recent years, some news organizations have been pulling out of danger zones, leaving independent journalists to cover the most dangerous areas, and they have no protections.”

Foley and Sotloff were able to illustrate pictures of warfare that Americans only had the slightest glimpse of through their writings. These journalistic exploits regarding foreign issues however create little political motivation. Novek explained, “When [freelancers] tell stories that capture the public’s interest and indignation, they may inspire people to mobilize in support of an issue and demand change from their elected officials.”

She continued, “but Americans are often not interested in international news because they mistakenly perceive it to be irrelevant, so news coverage may not lead to any policy change.”

According to the Committee to Protect Journalists, Syria ranks as the deadliest country for journalists. In 2014 Syria has been confirmed as the location for the murders of 7 journalists.

Also according to the CPJ, the journalists killed in the Middle East were covering a variety of topics, including warfare, business and corruption, as well as sports and culture.

The next obstacle for the U.S. to surmount is the prevention of subsequent killings. When asked

about the manner in which the Islamic State should be confronted, Dr. Saliba Sarsar, professor of political science, offered a view beyond the scope of the U.S.

“The killing of a single life is unacceptable, let alone the destruction of many lives, livelihoods, sacred sites, and property. What the Islamic State (IS, formerly, ISIS)—a Sunni jihadist group in the Middle East—is doing is both criminal and sinful.” The crisis in the Middle East, according to Dr. Sarsar, spans across national ties.

He continued, “its brutal actions—ethnic cleansing, religious persecution, sexual violence against women, indoctrination of children, and war crimes—run counter to basic human values and practices.”

Rezwan Ahmed, a political science and business major said, “I think the murders demonstrate the brutality of IS, and that it’s a group you genuinely cannot negotiate with.”

Sarsar added, “it behooves the world community to address this horror immediately, not only in terms of joint diplomatic and military campaigns to neutralize IS, but also in an educational, socioeconomic, and interfaith movement to inspire the youth and others towards human dignity, peaceful coexistence, good governance, and prosperity.”

Samah Khalifa, a political science major with a concentration in international relations, said “All extremists groups like Al-Qaeda, Tali-



IMAGE TAKEN FROM WORDPRESS.COM  
**The Islamic State** is quickly expanding its footprint in the Middle East.

ban, and ISIS gain legitimacy by people within the state and the international community fearing them.”

She continued to reason that the U.S. cannot remove international reporters because that

is a representation of fearing the enemy. “If the United States were to limit the movement of journalists in their reporting then ISIS has successfully created fear not only in Syria or Iraq but Western States as well.”

# Case Study: Ferguson, Missouri

IZIAH THOMPSON  
STAFF WRITER

Trust—it goes without saying that populous cities like Cincinnati, where the death of Timothy Thomas incited public outrage in 2001, or in Ferguson, where teenager Michael Brown was shot in an altercation with an officer. Trust has been replaced with fear in these very troubled cities. People fear officers who take to the streets with little oversight. Driven by aggressive policies of leaders trying to deal with high crime rates, police fear the people they have sworn to protect. As Paul Butler of the *New York Times* put it, they have become “armed agents who feel unaccountable to citizens.” Left behind are citizens who would rather ignore the stench of marijuana on their own corners, and never dial 911 for fear of harassment. Left behind are a majority of good cops who are looked upon as the enemy in places where they are needed the most.

This summer when an unarmed teen was shot by an officer, there was a barrage of actions and reactions as more and more details on

the event were revealed. A lack of transparency initially incited outrage including activists, students, and Ferguson’s supporters. Outrage began as peaceful protest, but the protests were overshadowed by riots. Riots were met with force as the nation watched on. The looting, protest and force used by police may have sent shivers through those who are old enough to remember the race riots of the 60’s. From New York to Chicago, discriminant police brutality, and the death of Martin Luther King culminated in days of violence. Though it is interesting to note, while Washington, Chicago, and others cities burned, St. Louis remained the calm city sitting by the Mississippi. The Michael Brown shooting appears to be more or less “the last straw”. Arrest numbers increase every day as social media is flooded with pictures and videos of cops in Avon. Along with these pictures, there were others of people running out of stores with goods in their hands. In a place where the Department of Defense deemed it necessary to equip the police with a MRPS, a 16 ton military vehicle that

got it’s name protecting soldiers from mines in the Rhodesian Bush war, there is a problem. When blacks make up less than two thirds of the driving age population, but account for 85 percent of the police stops, there is a problem. Is rioting really the fix Ferguson needs?

The evidence shows that the rioting only exacerbates the already inflamed condition. Looters not only add to the volatility, they destroy jobs and the community. The peaceful protest became marred by violence, distorting an overall message of peace and understanding.

Rioting only prompts more of the aggressive tactics and heavy armament that the people are calling to end. Thomas Sowell of WND posed that aggressive police tactics are the most effective way to deal with riots. He points to the Westside Chicago riots that went on for three days in 1966. They were only calmed by the use of police and troops, and only yielded two deaths. The much gentler tactics of the Detroit police during riots resulted in a drastically higher death toll. There is a connection between the use of force and lives lost during riots. Hooligan like disruption, after injustice opens the eyes of many across the country, is not for the greater good.

When men and women—boys and girls, of all colors held hands and sung “We Shall Overcome” in Selma, Alabama, it had a grand impact. When children marched through Birmingham as Commissioner for Public Safety Bull Connor turned police dogs and water hoses on them. People around the world saw a reality that scared them and immediately called for change. Stealing from stores and shooting at cops does not have the same power that peaceful protest does, nor does it have the same aptitude for change. To leave fear behind and to find trust again, we will need a lasting change that begins and ends with peace.

BRANDON JOHNSON  
CO-POLITICS EDITOR

Rioting, looting and violence are not the means by which to unify a community. Every time I hear about Ferguson, MO, I get flashbacks to eerily similar occurrences. First it’s spring time 1992 in Los Angeles. Next it’s winter 2012 in Sanford, Florida. Then later that year it’s Anaheim, California. In all four of these cases there are intrinsic relationships: Rodney King (L.A), Trayvon Martin (Florida), Manuel Diaz (Anaheim) and Michael Brown (Ferguson) were all members of minority communities.

Similarly, the harm caused to these individuals created spates of violence that served to fragment communities along ethnic borders. The examination of these cases is not to trivialize the matter of police brutality, the lives lost to dispute the facts of the cases. However such an examination does call forth scrutiny of the public reaction towards these cases.

When Darren Wilson shot Michael Brown midday August 9, 2014 in Missouri, he ignited a wave of riots the first day of which, according to the *USA Today*, culminated with 30 people arrested. Schools closed, business owners were in fear and civil unrest mounted. Sound familiar?

This same scenario occurred over the course of a week in 1992 Los Angeles. Following the beating of Rodney King by a group of LAPD officers in March, the city waited on the trial results for nearly two months. Fast forward to April 29, 1992 and the city sees the acquittal of the four officers charged with Rodney King’s

beating, sparking days of violence and interracial conflict.

Passionate responses to tragedies are expected. However, rioting, looting and destroying one’s own community while mourning the loss of an individual merely defaces his image. Instead of banding together and painting a picture of Michael Brown that would give solace to his mourning parents and relatives, the Ferguson community decided to put life on pause and create a State of Emergency as noted by the *Washington Post*.

Comparatively, let’s examine public behavior after the loss of Trayvon Martin. When the news broke that an unarmed 17 year old black male was allegedly shot by George Zimmerman, the U.S. collectively held its breath. Similar to the Rodney King case though, communities across the nation postponed hate driven riots until Zimmerman’s acquittal.

The *Huffington Post* noted that even when “[s]everal cities braced for riots in the event of an acquittal... most of the marches were peaceful demonstrations of the verdict.”

In this regard members of the Ferguson community need to reconsider the approach to representing the image of Michael Brown. This is by no means a call for Ferguson to accept Brown’s death. Instead, this is a call to move away from the “hate the police” movement towards a stance of remembrance and support for the victim and his family.

In recent years it has become all too common for violence to precede total understanding of a given issue.

Remember, in the wake of his police brutalization, even Rodney King asked for peace.



IMAGE TAKEN FROM BUSINESS INSIDER  
Police and pedestrians standoff in Ferguson.



# Two Perspectives: The Hillside Rat Slayer

VICTORIA RODRIGUEZ  
CO-POLITICS EDITOR

Recently you may have heard of a case being brought back into the spotlight by Andrew Ruvuolo’s documentary, that accounts an event dating back to August 1994 “The Rat Slayer of Hillside”.

Frank Balun, 69-year-old resident of Hillside and the owner of a garden filled with various types of jersey tomatoes, had an issue with rats constantly eating his crop. In lack of being able to get pest control to come to his house, he took matters into his own hands and took a broom several times to the rat resulting in its death.

Balun’s Court Summons courtesy of the Newark Humane Society’s Lee Bernstein stopped this common man dealing with a pest in his tracks. That’s when things took a turn to Balun’s rise in fame as the rat killer. The municipal court was filled with 150 people, Balun’s prosecutor Chris Howard, The Judge Albert Parsonnett and Executive director of Associated Humane Societies, Lee Bernstein, Balun risked gaining fines up to 1,250 dollars and six months in jail, caused by killing a rat. Which looking from afar appears absurd in this day in age looking back at

1994, because of today’s privacy rights. But, analyzing beyond the surface I think it should be emphasized that a “Nuisance animal or any animal deserves a quick and painless death” According to *The Inquirer*. Taking into account the importance of his prized tomatoes, it still shouldn’t give someone the go ahead to beat an animal.

In the time this case was brought to rise things were blown way out of proportion, while it is important to exercise your rights to freedom of speech, I don’t think it was necessary to place the crucified body of a muskrat a cherry tomato in its mouth, on the front lawn of Bernstein’s home in the Union Beach, Monmouth County,” according to *The Inquirer*, a present from the fans of Balun to state their opinion.

This should be looked at through the lens of sensibility, think about what would happen if we all took the standpoint that “the world would indeed be a better place for all of us if even a rat mattered.” According to *The Inquirer*. I hope you take a moment to think about if this was reversed and we were the pests, wouldn’t we want to be killed as painless and humanely as possible.

BRENDAN GREVE  
STAFF WRITER

Frank Balun, who was a resident of Hillside, NJ, was an aerial gunner in World War II. He actually survived his plane getting shot down in battle. He has received multiple metals for his service and is a war hero. However, if you googled his name the first thing that would come up would be “the Rat Slayer.” The decorated World War II veteran will go down in history as the infamous “Rat Slayer.”

So how did this happen? Well 20 years ago. Balun was tending to his garden and noticed a rat was poking around. So he killed it. Well he wound up getting charged for it and wound up on the cover of the *New York Times* and other newspapers as well. He was faced with \$1,250 in fines and could’ve spent a possibility of six months in jail.

The fight against Balun was led by the Humane Society which was led by Lee Bernstein at the time. Bernstein’s overreaction and strict policy on animal cruelty only made things worse. According to a *Star Ledger* article, Bernstein had his lawn littered with muskrat and chicken parts. At one point someone actually nailed a rodent to a



IMAGE TAKEN FROM OF NJ.COM

Frank Balun, a war veteran was nicknamed the “Rat Slayer” for killing rats that were destroying his garden.

cross with a tomato in its mouth and put it on Bernstein’s lawn. So if Bernstein’s goal was to prevent animal cruelty, it didn’t work out that well. Angelo Bonanno, a former administrator for the Hillside Health Department, said, “We encourage people to kill rats because they carry disease.”

Eventually, Balun’s charges were dropped. However, the reputation of a decorated war hero was defamed and additional animal cruelty was the result.



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## U.S. Kills Top Somali Terrorist; Islamic State Leaders Next, Obama Says

JAMES ROSEN  
MCT CAMPUS WIRE

An American air assault killed the head of an al-Qaida-linked Somali terrorist group in East Africa earlier this week, Pentagon officials said Friday.

Ahmed Abdi Godane, who led the al-Shabab terror network and had a \$7 million U.S. bounty on his head, was killed Monday in an attack by both drones and piloted planes.

“Removing Godane from the battlefield is a major symbolic and operational loss to al-Shabab,” Rear Adm. John Kirby, the Pentagon press secretary, said Friday, confirming that the Somalia terror kingpin had died in the assault.

A buoyed President Barack Obama on Friday warned leaders of the Islamic State, which has terrorized portions of Iraq and Syria, that they will suffer the same fate as Godane and Osama bin Laden.

Using Washington policymakers’ preferred acronym for the Islamic State, Obama, on the final day of the NATO summit in Wales, said: “We are going to degrade and defeat ISIL, the same way that we have gone after al-Qaida, the same way we have gone after the al-Qaida affiliate in Somalia, where we have just released today the fact that we

have killed the leader of al-Shabab in Somalia and have consistently worked to degrade their operations.”

Godane led a terror network that had claimed responsibility for numerous deadly attacks, among them the September 2013 assault that killed at least 67 people at a Nairobi, Kenya, shopping mall.

McClatchy learned that at least two other terrorists died in the bombing raid on Godane’s camp and a vehicle convoy near there, south of the Somali capital of Mogadishu. Army Col. Steve Warren, a Pentagon spokesman, rebutted claims from witnesses and an al-Shabab member that six people, including Godane, had died in the U.S. strike.

“I’m only aware of three total,” Warren told McClatchy.

In addition to carrying out attacks in other countries, al-Shabab is trying to overthrow Somalia’s Western-backed government by bombing or shooting up local and federal offices. In Mogadishu, Somalia President Hassan Sheikh Mohamud on Friday said the U.S. airstrike had been conducted “with the full knowledge and agreement” of his government.

“This is an international battle against the scourge of terrorism,” Mohamud told reporters. “The gov-

ernment and the people of Somalia greatly value the support of our international allies, whether it be direct intervention such as on this occasion or longer-term capacity building through the training and equipping of our reconstituted Somali security forces.”

Mohamud offered al-Shabab fighters amnesty if they reject violence and renounce their links to the group within 45 days.

“Godane is dead, and now is the chance for members of al-Shabab to embrace peace,” he said.

Aymenn al Tamimi, a jihad expert with the Middle East Forum, a Philadelphia-based conservative think tank, downplayed the significance of Godane’s killing, partly because of what he described as the failures of Mohamud’s government.

“I don’t believe that Godane was all that important for al-Shabab’s ability to function on the ground,” Tamimi told McClatchy. “The key to scoring long-term success against al-Shabab is whether the current government, which still ranks as one of the most corrupt in the world, can successfully reach out to locals in areas from which al-Shabab is driven out.”

Nevertheless, the successful military mission to take out Godane was the biggest American anti-terror



IMAGE TAKEN FROM BLOGSPOT.COM

Unmanned drones have a growing presence in U.S. military strategy

coup since the May 2, 2011, nighttime raid that killed bin Laden in Abbottabad, Pakistan.

Republican lawmakers, who have criticized Obama for a weak response to the rise of the Islamic State menace in Iraq and Syria, appeared loath to give him any praise for the killing of Godane. Most were silent, and the few who hailed Godane’s death left Obama out of the credits.

“I applaud the U.S. military and intelligence professionals who made the Godane strike a success,” tweeted Sen. Kelly Ayotte, a New Hampshire Republican.

Rep. Ed Royce, a California Republican who chairs the House Foreign Affairs Committee, said in a statement that the death of Godane “should deal a serious blow to the al-Qaida-affiliated network, which has been a growing threat to U.S. national security.”





## “DÉJÀ VU” FOR CLASSIC ROCK FANS AT THE MAC

CONNOR WHITE  
CONTRIBUTING WRITER

While the people of Monmouth County were wrapping up their Fourth of July weekend this past summer, Monmouth University sparked some fireworks of their own by hosting Crosby, Stills & Nash in concert on July 6.

The auditorium was vast and almost silent as I climbed the upper-tier section of the MAC for an opening act-less 7:30 show time. The lights were dimmed as I found my seat, the only noise coming from the anxious grumblings of anticipation from a restless crowd surrounding me.

Suddenly, a flash of light illuminated the faces in the arena. The band, playing atop their infamous Persian rug flooring, filled every crack and crevice of the building with one of their most famous songs, “Carry On/Questions.” I was shocked as people of all ages stood up and swallowed me whole in my seat, dancing and swaying to a record released over 40 years prior. Who says rock is dead?

“Yes they may be older guys, but they are in the Rock n’ Roll Hall of Fame,” Vice President of Student Services Mary Anne Nagy, said. “We thought it was going to be a good show from

the beginning, and we were very pleased with the ticket sales.” Nagy led the forefront of workers who helped book and set up the show, and made sure it ran as efficiently and safely as possible.

With Monmouth being only the fourth date on the 2014 tour, Crosby, Stills & Nash produced a sound that was both fresh and electric. Though not all of the 40 years of music have been entirely easy, consisting of break-ups,

solo records, and losing a crucial member, Neil Young, one would not have guessed it from this performance. The trio complimented one another with highest regards, transitioned smoothly from song to song, and kept the atmosphere of the show positive, as if they had not one dispute in their careers.

The set-list for the show was a refreshing combination of new and old material, along with

some Buffalo Springfield hits including “For What It’s Worth” that kept the fans on their toes. Despite the reality of most concerts, where new material is accepted with apprehensive uncertainty, the lyrical mastery of Graham Nash, David Crosby, and Steven Stills kept any sense of worry at bay. The songs were welcomed with open arms, leaving the audience teeming with excitement for more.

“They can still harmonize, and so effortlessly,” said Sharon Codd, Assistant to the Vice Principal of Student Services, when asked what she thought of the performance. “And what did I do the next day? I ordered the ‘Déjà Vu’ CD. I have it on an album, but I don’t have a turntable to play it on.”

Aside from the band’s spectacular road crew, who managed to run a new guitar on stage for the members after nearly each song, the show did seem effortless. The band took one 20-minute intermission in the middle of the three hour event, letting the crowd and the band stretch their legs and talk amongst one another. To quote Nash, who wore no shoes for the show, it also gave them time “to pee.”

After finishing up the show with a rendition of “Love the

One You’re With” that left a Monmouth University crowd, myself included, roaring on their feet, the band politely said their ‘thank you’s’ and headed for the exit. However, they barely made it past the stairs when they decided to leap back onstage for one more.

Overall, the MAC Center proved to be a great venue for both the band and the fans alike. Small enough to be intimate and project sound clearly and loudly, but large enough to get the overwhelming excitement given off by larger halls.

“It’s much more intimate than the other [venues],” Codd said of the MAC. “I’ve been to PNC [Arts Center] for a lot of concerts. I much prefer the MAC.”

When the encore was finished and the music was over, all members got in a line and took their bow together. The house lights appeared, shaking fans out of their trans-like trip down memory lane and shoving them back into reality. Before exiting the stands, a man with lines of experience on his face leaned over to me and said, “Take notes, kid. They don’t make ‘em like this anymore.” I walked out into the sticky July night, past the vendors and through the parking lot knowing he was right.



PHOTO TAKEN from app.com

Graham Nash (left), David Crosby (right), and Stephen Stills (not pictured) have all been inducted into the Rock and Roll Hall of Fame.

## 5 Seconds of Summer

### AUSTRALIAN BAND MAKES POP-PUNK MAINSTREAM

CHRISTINA FISHER  
STAFF WRITER

This summer was filled with many new obsessions, like dumping ice on your head and buying more clothes that are originally from the 80s; however, the music scene had a different type of breakout star. Four boys from Sydney, Australia have made their way into the eyes of the public with their self-titled debut album, “5 Seconds of Summer.” More importantly, these boys have brought pop-punk music back onto mainstream radio stations, and even back onto award shows. The band consists of Luke Hemmings (lead vocals/guitar), Michael “Mikey”

Clifford (guitar), Calum Hood (bass/vocals), and Ashton Irwin (drums). These 18 and 20-year-old guys have been making their mark on the billboard charts and radio stations around the world.

The album was released in America on July 22, and debuted number one on the Billboard 200 charts. The album opens strong with their incredibly catchy first single, “She Looks So Perfect.” The song is fun to sing along to, beginning with a string of “hey’s” before moving into your typical pop-punk sound. The next song on the album, “Don’t Stop,” is another single released by the band, and it’s just as catchy as the first. At this point, the listener probably realizes

that this album is going to be four teenage boys singing about pretty girls in a catchy, but not necessarily lyrically complex, way. This listener’s theory is confirmed when the next songs that follow are called “Good Girls” and “Kiss Me Kiss Me.”

“Kiss Me Kiss Me” was co-written by Alex Gaskarth, the front-man to popular pop-punk group All Time Low. Gaskarth also helped write “End Up Here” and “Long Way Home,” two tracks that show up later on the album. You can definitely hear the influence that Gaskarth had on those three tracks, because they have a very similar vibe compared to most All Time Low’s songs.

“End Up Here” is probably one of the more punk songs on the album. It starts off with a small drum solo, then a slower sung verse. The chorus suddenly breaks out into this faster, stronger part of the song. You get to hear directly about the band’s music taste, one of the lines being “You said you liked my Cobain shirt,” in reference to Nirvana’s Kurt Cobain. The bridge of the song adds some claps to the chorus, making it another fun one to sing along to.

The album closes with “Amnesia,” one of the two slow songs on the album. Hood gets to show off his vocals by being the main singer in this song, with Hemmings and Hood singing the chorus to-



PHOTO TAKEN from buzznet.com

Irwin (far left), Hood (middle left), Clifford (middle right), and Irwin (far right) are all from Australia.

gether. It is a song about that one person you wish you could just forget about, because the memories hurt; something that most teens can relate to. The band recently performed this song live on MTV’s Video Music Awards, and were the first band to play their instruments live on that award show since Green Day in 2012. The band also walked away with an award for best lyric video, beating Demi Lovato.

Overall this album is very catchy, and will make all the fan girls scream when they hear four cute boys singing about love and loss. There are a few tracks on the album that fall a bit behind, such as “18” and “Everything I Didn’t

Say.” Those two tracks tend to blend in comparison to the rest of the album’s strong choruses and catchy rhythms. Lyrically, this album is pretty basic. After all, it is just song after song about how these 18-year-old boys really want to be with some girls. However, the boys deserve major credit for blowing up in the music scene after being a band that started on YouTube in 2011. There are already tickets for their 2015 World Tour on sale, and the album is available on iTunes. If you are interested in All Time Low, We the Kings, or The Summer Set, then I strongly recommend checking out 5 Seconds of Summer. You will not be disappointed!



PHOTO TAKEN from buzznet.com

“5 Seconds of Summer” are scheduled to tour across the U.S. in the summer of 2015.



# THE "GUARDIANS OF THE GALAXY" SAVE THE UNIVERSE ...AND THE SUMMER BOX OFFICE

AMANDA GLATZ  
ENTERTAINMENT EDITOR

The heroes currently guarding our galaxy aren't exactly heroic: the dysfunctional team introduced to us in Marvel's newest blockbuster is made up of outlaws, thieves, traitors, and (in some cases) genetically-modified creatures. They come together for a selfish purpose, but a quest to cash in on a mysterious orb ultimately unlocks a sinister plot to destroy the realms. In forcing its characters to discover their own virtues and establish a new definition for the term 'hero,' "Guardians of the Galaxy" became the fresh, funny, and unexpected hit of the summer.

Like most Marvel movies, "Guardians" requires a healthy dose of mythology before it can kick off the story. We begin our journey on Earth, where a young Peter Quill watches his mother die before being swiftly sucked up into the night sky in 1988. We reunite with Peter two decades later, where he has adopted a new name (Star-Lord), and is more-or-less partaking in a terrestrial treasure hunt. The self-proclaimed "legendary outlaw" is brought to life by Chris Pratt, who (despite starring in his first

leading role) has a commanding screen presence.

In a complicated turn of events, Quill finds himself with a bounty on his head, and being hunted down by the odd group of hopeful reward-collectors that will become the Guardians: Zemo (Zoe Saldana), the green-skinned, surprisingly moral assassin; Rocket (voiced by Bradley Cooper), a trigger-happy raccoon with a knack for machinery; and Groot (voiced by Vin Diesel), a benign talking tree that has only mastered three words of the English language ('I,' 'am,' and 'Groot,' exclusively in that order.). Along the way they meet Drax the Destroyer (Dave Bautista), a no-nonsense brute on a quest for revenge.

After a short stint behind bars, the gang decides to stick together just long enough to cash in a reward for the ominous orb that Peter discovers in the film's opening scenes. The plot, beyond that, gets a little confusing: several alien baddies are also after the orb, one of which wants to use it to destroy the galaxy altogether. In typical Marvel fashion, the film suffers from trying to stuff too much of the comic books into a two-hour movie, and the result is a lot of conveniently-placed nonsense

that works out in the end only because of the audience's trust in the ensemble.

Despite the recycled good vs. evil plotline, the script (penned by James Gunn and Nicole Perlman) is full of surprises. Rocket is one particular standout, armed with an arsenal of both weaponry and insults, but cleverly humanized by the end of the film through relatable insecurities and an adorable friendship with Groot. The film is full of these little moments, like Drax putting aside his revenge and defending Gamora, or a Nova agent reuniting with his family after the final battle. Even the scenes that border on corny (like Quill and Gamora's will-they-won't-they romance, or the ultimate face off between hero and villain) are grounded with a quirky one-liner or a well-executed dance move.

Any film whose hero bursts into song during the final showdown has to be considered a risk, but in "Guardians" case, it was a risk that paid off big time: the franchise's kick-off crushed its opening weekend with \$94 million in ticket sales, which is currently the largest August opening since "The Bourne Ultimatum" was released in 2007, and third largest opening of the year. As of Labor Day weekend,

"Guardians" has grossed \$2.81 million in the U.S., and currently holds the title of highest grossing film of the year. The film's soundtrack, a collection of 60's and 70's pop called Awesome Mix Vol. 1 that Quill carries with him at all times, topped the Billboard 200 charts this summer.

"Guardians" has been so successful because it took the classic Marvel formula and spun it

on its head, choosing to focus not on some unreachable definition of truth and justice, but the idea that we are all capable of heroism. It helps that the main characters act as a kind of intergalactic Breakfast Club, with relatable familial trauma and sharply funny quips, that ultimately comes together (just as John Hughes' characters would), to find hope and salvation among one another.



PHOTO TAKEN from ultimateclassicrock.com

A sequel for "Guardians of the Galaxy" is in the works, and is currently slated for release in 2017.

# "ORANGE IS THE NEW BLACK" SEASON TWO IS CRIMINALLY ENTERTAINING

AMANDA GLATZ  
ENTERTAINMENT EDITOR

Season One of "Orange is the New Black," Netflix's breakout dramedy about a women's correctional facility, was raw, hilarious, and fearless - and it was just the beginning. The show's second installment, available online as of June 6th, goes deeper into the lives of everyone's favorite convicts as racial lines are drawn in the sand of Litchfield Penitentiary. The arrival of new inmates shakes up alliances, and it's every woman for herself in the show's highly-anticipated second season.

Originally based on the memoir of the same name written by Piper Kerman, "Orange" follows a fictional Piper Chapman (Taylor Schil-

ling), and her transition from yuppie Smith graduate to fish-out-of-water in a woman's prison. After carrying a suitcase of money across international borders for her drug smuggling then-girlfriend Alex Vause (Laura Prepon), Piper drastically changes course and spends the next decade building a picture-perfect life with dorky fiancé Larry Bloom (Jason Biggs). When she is ultimately indicted for her criminal involvement in a drug ring, Piper is sentenced to fifteen months at a minimum security prison, where she confronts painful truths about herself and her relationships.

The series has received a lot of hype since its debut last year, and for good reason: Jenji Kohan and her writers took an unproven streaming service and delivered a powerhouse story that

not only criticizes an archaic prison system, but digs deep to prove that we are all more than the bad decisions we make. "Orange" is unprecedented in its vast and diverse female ensemble, all of whom have backgrounds and storylines of their own. Its writing is sharp and funny in a completely unconventional way, and as recognized by the Academy with four Emmy nominations this past summer, it features some winning acting performances.

Last season left us with an agonizing cliffhanger, and a reminder that in prison, the stakes are always high. Piper's character arc throughout "Orange's" first chapter was a brilliant descent into the life of the rare female antihero, one who (despite her education, entitlement, and wealthy background) ends up in a bloody brawl outside in the snow during the prison's Christmas pageant. After a year of torturous speculation (Did Piper kill Pennsatucky (Taryn Manning)? Will her sentence be extended?), Season Two mercifully provides some answers.

The premiere is an artfully-crafted bottleneck episode that takes place a few weeks after the incident and many miles from Litchfield. Helmed by returning director Jodie Foster, it's equal parts dramatic and hilarious, and ends with a game-changing twist. It kicks off with Piper's sudden release from solitary confinement and unceremonious shuttling onto a plane in the middle of the night. When she mysteriously arrives at a correctional facility in Chicago (after some entertaining conversations with seat-buddy Lolly, played by a wonderfully quirky Lori Petty), we're left with more questions than answers. Fortunately, Alex

is there to provide some information: no, Piper didn't kill Pennsatucky, and no, this trip has nothing to do with her sentencing.

As it turns out, Piper and Alex are in Chicago to testify against a former drug lord, and in a bizarre twist of events, Alex's testimony absolves her from the rest of her sentence. She walks free, and Schilling shows off her acting chops as Piper rattles the bars in front of her like a trapped animal.

With Prepon being unavailable for most of the season's filming, the show shifts focus from its previous central love triangle and picks up back in Litchfield, where Piper has glumly returned (now as a self-declared "lone wolf"), and new inmates are causing trouble. There's the eager and ever-so-annoying Soso (Kimiko Glenn), who looks to Piper for advice and acts as an important reminder of how far our leading lady has come, and Vee (Lorraine Toussaint), the falsely sweet drug dealer that manages to make the term 'family' sound like a threat. It's Vee who drives the plot this season, as she faces off with Red (Kate Mulgrew) and Gloria (Selenis Leyva) for control of the prison's contraband trade. Along the way she involves Taystee (Danielle Brooks) and her friends, and ignites a racial clash that leaves Litchfield bursting at the seams.

In typical "Orange" fashion, the linear narrative coincides with flashbacks of the inmates' pre-prison lives. This season puts the spotlight on Suzanne's (Uzo Aduba) adoption and childhood, Morello's (Yael Stone) relationship with Christopher, Taystee's surprising connection to Vee, and Rosa's (Barbara Rosenblat) background

in bank robbing.

Season Two also keeps up with subplots of the entire ensemble: Bennett (Matt McGorry) and Daya (Dascha Polanco) struggle to hide her pregnancy, and run into trouble when Mendez (Pablo Schreiber) declares his love; Pennsatucky is ostracized from her friend group, but finds a new bond with a misguided Healy (Michael Harney); and Larry (newly single) strikes up a questionable relationship with Piper's best friend, Polly (Maria Dizzia).

With all of this packed into one season, it's certainly fair to worry that maybe "Orange" is overdoing it - but Kohan and her writers juggle the ensemble so effortlessly that things rarely fall through the cracks. Season Two is as entertaining as ever, and contains some of the best-written dialogue of the summer. The plot does stall occasionally, and seems less structured without the Piper-Alex-Larry storyline to drive it. Though Piper's transition from naive newbie to seasoned inmate has logically made her more of a secondary character this season, I'd like to see Season Three make better use of her narrative, and use her story as a framework for the rest of the plot.

There are a lot of impossible things about "Orange": it's got a ridiculous amount of characters, it doesn't air on a network, and it takes huge risks in its tone, humor, and dialogue. Yet, not only does it work, but it thrives. It's not without its flaws (this season was a lot less realistic, and occasionally lacked direction), but it's refreshing, socially relevant, and incredibly entertaining. In the end, it just may be the best show not quite on television.



PHOTO TAKEN from popsugar.com

Prepon (left) and Schilling (right) filmed the premiere of Season Two in a maximum security, fully-active prison.



# Follow These Few Simple Steps: Summer to Fall Fashion Guide 2014

KELLY HUGHES  
LIFESTYLES AND OPINION EDITOR

There are a million reasons to be stressed coming back to school. One of those reasons you should not worry about is what to wear to school. Finding an appropriate outfit after a summer of skimpy cover ups, swim suits, and shorts might seem like an annoying transition to begin. The adjustment from summer to autumn can be simple when you learn how to pair both seasons’ trendiest pieces together.

Since it’s still hot, you do not want to jump right into winter apparel. We often mistakenly associate the school year with fall right away but thats not the case. Well into the first month of school, light dress wear is necessary. Flip flops, sandals, shorts, tanks, short sleeves, and even bathing suits (at MU) are all still very much appropriate for the weeks following Labor Day.

Lorna Schmidt, Director of Advising for communication majors, said, “I’d consider it very much accepted and appropriate to wear shorts and summer wear until its too cold to.”

Whether you expect to continue your summer wear or not, its useful to know what type of clothes are best for this time of year. So far, this past week of September has felt even hotter than most of the summer. If you want to keep cool but you want to dress suitably for classes, a combination of lightweight apparel is possible to choose from. You just have to know the easy way to go about this.

One of the comfy but cute fashion trends this summer was the kimono. The kimono is very much still in, as it can be paired with your favorite summer tank you aren’t quite ready to pack



IMAGE TAKEN from Cosmopolitan.com  
The kimono is a robe-like summer fashion trend that will remain well into the fall fashion season. Pair it with a tank and jeans.

away. What is perfect is this light robe-like garment can be used for a variety of occasions. Heading to the beach after class and need a quick cover up? Wear your kimono over a bikini. Going out to a bar that has an open patio? Wear the kimono with a light shirt under, so you’re not too chilly on a breezy night. Many of these summery kimonos come in light colors and light patterns. With fall in route, you can start to find these in darker colors as well. Though summer pattern kimonos should begin to go out of style before the weather gets completely cool, you can adjust these darker colored kimonos to fit in more to fall fashion .

“I like kimonos because they combine the perfect amount of girly and edgy fashion in one piece. They are also super versatile in that you can wear them in many different ways,” senior marketing and finance major Kyle O’Grady said.

You can find these pieces at the Monmouth Mall at stores like Charlotte Russe and Forever 21 for under \$25.

Other summer favorites you might want to make more autumn-like include maxi dresses and skirts. Pair with a leather belt to make an outfit change from summer. Also, throw a sheer cardigan over top of the maxi dress or skirt to ensure a more fall-ish feel.

Besides clothes, there are shoes that work well for this time of year too.

While its still pretty hot out, you might want to continue wearing sandals. If you are going to

still rock your sandals for the next few weeks, ones with straps around the ankles are generally a better choice for walking on campus.

If you don’t like to walk on campus in flip flops, however, an ideal pair of shoes would be Keds or Tom’s. Keds are an affordable and quite comfortable option and they come in different colors and patterns. Keds make a summer outfit look school ready. You can find these at affordable stores like Payless or unofficial brands like H&M.

If you don’t mind spending a little more money, Tom’s are also a nice summer to fall transition shoe. These light shoes slip on and come in a variety of colors and materials like lace. Even though Tom’s are a bit more pricy, your money actually is donated to a good cause so its not totally useless. The money spent on Tom’s shoes also gives a pair of shoes to children in underdeveloped countries.

Senior communication major Rebecca Zidik owns a few pairs of Tom’s and she stands by the brand.

“I like Tom’s, especially around this time of year, because they are lightweight and comfortable. They are made really well and can be machine washed and stay in tact without the shoe being ruined,” she said.

Take these summer to fall dress code tips and avoid getting your brain cluttered with fashion-confusion. You can still use up those summer leftovers well into September 23- which marks the official start of fall.

# New Nail Polish Created By College Kids Can Detect Date Rape Drug

MAGGIE ZELINKA  
SPORTS EDITOR

Undercover Colors. These two words have been put together by four undergraduate students for their new product: a nail polish for women that can detect certain rape-drugs.

Studying in the Materials Science and Engineering department at North Carolina State University, the four first displayed their product in an entrepreneur competition held at their school. Students were told to create a project which could solve real-world issues. For their creation, Stephen Gray, Ankesh Madan, Tyler Confrey-Maloney, and Tasso Von Windheim took home first place and around \$12,000.

They continued to build upon the Undercover Colors idea and featured the product in K50 Startup Showcase. From their product illustration at the showcase, the team received \$100,000 from an investor.

With the money, the four have expanded their science project into an actual business. The one drawback: the nail polish is not for sale yet. “One of our main priorities is to ensure that we develop a product that tests for a comprehensive set of drugs before we release it. Our proof-of-concept research has been very promising and we want to continue to build on this early success before we officially release a product in stores,” the students wrote on their product’s Facebook page.

The product’s fame has been catching on quickly as its Facebook page has already accumulated over 112,000 likes. Frequently visited websites by college students have also been publishing pieces about the product, such as *Elite Daily* and *BuzzFeed*. Before the product has even been offi-

cially introduced to the market, it is quickly reaching the right target audience.

As of now, the nail polish can detect a few date rape drugs such as Xanax, GHB, and Rohypnol, the latter of which is the most common rape drug according to womenshealth.gov.

When in use, women can discreetly stir their drinks with their

keep checking my drink if I was out,” she said.

Senior art major Nicole Comito also believes that the product may be a hard sell. “I would try it, but I don’t think many people will use it until they learn that it has positively helped others,” she said.

On the other hand, Becca Zidik, senior communication ma-

on the product. In a report by Gail Sullivan of *The Washington Post*, two main issues with the nail polish were brought to surface. The first being alcohol is one of the primary sources for rape cases, not necessarily the drugs. The second concern is women may be blamed more than before if a rape crime was to occur since they have a better

tion Lecturer Shannon Hokanson said.

“Regardless, the date rape nail polish also represents a way for women to empower themselves against predators, and is a product that anyone who intends to drink in college environments should be interested in.”

Though these are considerations the four students and their investors will have to take in as food for thought, the nail polish product will most likely help in many cases.

“I think [Undercover Colors] can be beneficial for many people all over the world, especially college students,” Comito said.

Pat Layton, a senior communication major, also supports the project’s intentions, especially when it comes to college students.

“I think on paper it’s a great idea,” he said. “It seems like a great solution to a significant issue.”

According to a program called One in Four, one in every four college woman have been in a rape situation. The U.S. Department of Justice’s National Crime Victimization Survey (NCVS) reported that there is an average of 237,868 rape and sexual assault cases a year.

In attempts to get their product on the shelves as soon as possible, the students are taking donations through PayPal. In the future, they do intend to use Kickstarter, a crowdfunding platform website, to gain sufficient funds.

“Our audience will be the first to know if and when this campaign launches,” the creators wrote on their Facebook page.

The objective for the undergraduate students is to create a fool proof nail polish line in many different colors. Once they finally do gain enough funds to make their dream a reality, people will be able to access the product.



IMAGE TAKEN from Cosmopolitan.com  
The new “Undercover Nails” nail polish created by North Carolina State University students could give way to female empowerment along with prevention against sexual assault.

nail polished finger and if the nail polish changes colors, then it signals that a rape drug is present in the drink.

Although it seems rather simple, Jackie van Wagner, a senior communication major, is unsure of its effectiveness.

“I feel like it sounds like a good idea but realistically, I do not think I would remember to

jor, thinks the nail polish could be limiting itself by being promoted as a woman’s product.

“Since the undergraduate students invented a clear coated nail polish as well, men can also gain the benefits of the product,” she said.

While in theory the nail polish sounds like a good idea, some journalists are raising red flags

chance to prevent the rape from happening simply by wearing nail polish.

“It is always an unfortunate byproduct of rape culture when date rape victims themselves are held responsible for their own victimization, but victim-blaming is a problem that women contend with now and will likely need to contend with in the future,” Communica-





What do you hope to achieve this school year?

COMPILED BY: KIERA LANNI



Ali  
junior

"I want to learn to manage my schedule better so I have more time and be a good advising mentor."



Brennan  
junior

"I plan on improving my scheduling skills, this way I can keep up with all my activities and do well at school work."



Megan  
junior

"I hope to achieve a stress free year."



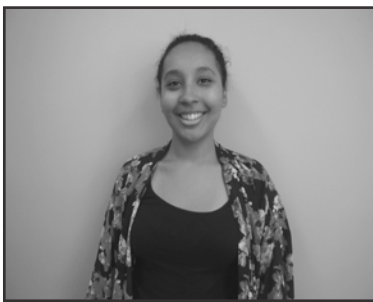
David  
sophomore

"I want to learn about the music industry and how it works, to get good grades and work on some new music with my band."



Sara  
junior

"I hope to achieve my first year at Monmouth and experience what it has to offer."



Stephanie  
junior

"To put my best effort forward for each class."



Owen  
freshman

"I would like to pass all my classes and learn something new."



Valerie  
junior

"Managing my own time between school and my bowling team."



Mark Ludak  
Specialist Professor

"I want to create a new portfolio of work over the next year and I want to improve the way I teach and improve the experience for students."



Mike  
freshman

"By the end of the school year I hope to find a permanent place in the Monmouth community, and form a network of close friendships."

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# A Senior's Guide Through Freshman Year

## Upperclassmen Give Tips to Freshman for Their First Semester

VICTORIA KEENAN  
FEATURES EDITOR

The first week back to college: a week of reuniting with friends, catching a few more beach days, and relaxing before the semester's work begins.

For freshman, the first week can be a little different. In fact, it can be overwhelming, scary, and very, very confusing. They might not know their roommates, they definitely don't know where their classes are, and this is probably their first time living away from home.

Walking around campus, especially as a senior, I can spot freshman off the bat. They look a little more lost, confused and panicked than the rest of us. They also look much younger. Did I look that young three years ago? No. Definitely not. Probably.

For a moment I felt the nostalgia of high school, being the oldest on campus. Except being a senior in high school meant you were off to college soon. Being a senior in college means you are off to the real world soon. Not as cool of a feeling.

As a group of freshman walked past me, lanyards around their necks, frantically looking from schedule to building, I smiled. I remember being in that position. We were all, at one point, in that position. So fear not my freshman friends, it definitely gets easier. Just to help you out though, here are some things I wish people told me.

**Go out of your way to meet new**

**people.** I know, this is obvious; of course you will meet new people. You have a new roommate, you have multiple classes full of new people, and you see new faces at parties. If you came to college with a group of friends, you might stick to them for comfort and think hey, I have my group of friends. Don't get me wrong, this is awesome and they will have your back when things are tough, especially in the beginning. But it definitely doesn't hurt to reach out and find new friends too.

People say you meet your best friends in college and it is absolutely true. I have met some of my best friends here. It might be a bit awkward at first, but think about it, if you feel awkward, chances are everyone else does too. So talk to the person sitting next to you. Ask them where they are from and what they think about the class. If someone new invites you to the dining hall, go with them. You'll probably have more things in common than you thought.

**Get involved.** This is huge, especially at a smaller school. Getting involved helps you meet new people (see above) and experience things you wouldn't have otherwise. There are so many things to do in college and there is probably a club to fit any interest you have. From Greek life, to outdoor clubs, to team sports, you can get involved in anything if you go out and try.

This is something I wish someone told me. Or, maybe more so something I wish I listened too. My



PHOTO TAKEN by Kiera Lanni

Freshmen learn how to connect and engage in new activities at the Involvement Fair.

parents definitely told me to go to events and to see what was out there, but freshman year I had a "too cool for school" attitude. I thought I didn't need to do anything but go to parties and take naps in my twin XL dorm bed. Nope. Wrong. If anything, being involved makes freshman year much easier and much less stressful. And hey, it doesn't hurt to put on your resume that you were involved in something all four years of college.

**"Take advantage of going to the beach while it's still warm out!"** says Michelle Levash, a senior English major. "How many people can say they go to school just down the road from the Jersey shore?"

Seriously. Go to the beach! The beach is beautiful all year around, even when there is snow covering it. In fact, a snow-covered beach is

really cool to look at. I have also found that the beach any time of year is extremely peaceful. Whenever you are feeling stressed out, especially mid-semester, take a walk. Take a breather. Get your thoughts sorted out. Trust me, it works. And enjoy it while you can, not too many people get to live down the shore all year long!

**"Prioritize; it will make or break you,"** said Malik Johnson, a junior communication major.

Short, sweet, and to the point, but probably the most important lesson there is. Don't be like me and procrastinate. Don't be like me and wait until hours before a paper is due to start it. If a paper is due in a month, look at it beforehand. Research it a little more than necessary. I promise you will get a better grade this way, and I promise you will save many sleepless nights.

You might have received a planner the first week of school, and if you are like me my freshman year, you might have thrown it out. Do not be like me and throw it out. Write in that planner. Keep track of homework, assignments, quizzes and papers due in that planner. Take that planner to class with you. Make that planner your friend! This planner will help you prioritize and help keep track of what is due, when. Keeping track of everything gets very stressful, especially if you try to do it all in your head. If you write everything down, you will be organized and your life will be easier.

"It ends," said Aaron Ferguson, Associate Communication Professor. "You better have a plan as soon as you start, don't wait until your done."

I could write an entire book on tips for freshman year, but I think I should end this off with the final tip being **enjoy it**. Freshman year really is the best year in college. This is the time to meet some friends that you will keep forever. This is the time to go to parties and have fun and live on your own without too much responsibility. This is the time to start your life.

You will learn so many things and have so many new experiences that will shape and change you. And it is all amazing. Enjoy it while you can, before you know it, you'll be a senior too. And it's okay everyone, I still get lost between Edison and Howard too.

## Not Your Typical American Girl

RACHEL GRAMUGLIA  
STAFF WRITER

On April 17, 1975, as the Khmer Rouge seized the capital of Phnom Penh, the life of a six-year-old girl named Bopha Yonge was changed forever. Her family was driven out of their village of Bătdămbâng and with millions of others, was forced straight into Hell. In a country that is less than half the size of CA, leader of Khmer Rouge and paramilitary dictator Pol Pot sought out to purify Cambodia and eliminate educated people in order to nationalize peasant farming. More than one million people died.

Now, 34 years later, Bopha reflects on the memories of living, experiencing, and escaping the hardships her and her family faced during the Khmer Rouge reign. Bopha Yonge was her original name before the Khmer Rouge clutched the capital. It was her name before hostility and greed stepped into control. It was her name before the word "lifeless" could be seen on the people of Cambodia, dead or alive. It was her name before the vivacious life of Cambodia was blown out; it was her name before Pol Pot announced that every birth certificate, passport, and other forms of identification were going to be burned.

"It's like you no exist no more—your past erased and no one knows," said Bopha as her eyes darted toward the floor. She sat silent for a few moments; breathing evenly, her breath was calm despite her panicked eyes.

Every civilian in Cambodia received a new name and burden. Bopha's father had passed away before she received her new name, Chrep. And eventually received a new last name when her mother married her stepfather. Bopha's new identity was Chrep Chhouth, pronounced as Shhrep Chthruith. Her new name did not hold the significance of her original, even though her new birth

certificates and new forms of identification had her new name written on them.

"I'm Chrep to some and Bopha to others, like two people but one person," Bopha said. Her eyes lit up ever so slightly, as if she was smirking with them as she made a little joke.

Millions were forced to leave their cities and villages to live on farmland to work for Pot. People

**But water wasn't good enough to keep people alive. People would die due to the heat, the labor intensive farming or would be killed if they could not do the work.**

worked mandatory 16-18 hour days to help gain resources to benefit the regime. Some days would be hot, stifling breath without being able to enjoy the refreshing taste of water as it quenches thirst.

"Even though the water is dirty, it taste pretty good," said Bopha, "We didn't get much, so we did what we do at the time."

But water wasn't good enough to keep people alive. People would die due to the heat, the labor intensive farming or would be killed if they could not do the work. Within all the murders, deaths, and the stifling presence of the Khmer Rouge, there was a light at the end of the tunnel for Bopha. It was so close, she even demonstrated reaching out in front of herself to grab the light that was ahead of her. Instead of smirking with her eyes, she smiled with her mouth, showcasing her deep dimples on both her cheeks. She likes to say that it was all luck when her family escaped from Cambodia.

"Well," Bopha said as she touched her finger to her bottom lip and graze it ever so subtly, "I remember Vietnamese military groups came in and started shooting—*bang bang bang!* That was opportunity to get out—run. My

family walked day and night to Tai Land refugee camp on border of Tai Land and Cambodia."

With the help of the United Nations Children's Fund, also known as UNICEF, the people of Cambodia were able to finally reach the light at the end of the tunnel, and feel its warmth hitting their fingertips. In Bopha's case, she felt the ocean breeze caress her skin as she boarded the boat to come to

in the 1990 census, only 14 percent arrived before the 1980s) the proper education was a necessity. For Bopha, school eventually got easier.

"I still had to sit back, but dis time I knew da answers," said Bopha as she wagged her dark caramel index finger and stuck out her bumble gum pink tongue.

Although America wasn't Bopha's homeland, it did provide her with new beginnings to make it feel

America. A church sponsored Bopha's family to come to America, and before they knew it, they were in the city of skyscrapers.

"We saw big buildings and thought, 'My God dis city was mayd of gold,'" said Bopha.

Her eyes widened and her smile reached across her face from ear to ear, even the freckles across her nose sparkled. Bopha and her family landed in JFK on September 21st, 1984, after almost 10 years of living in destitute farmland in Cambodia, they finally reached the city of lights, the city of freedom.

Bopha's footing in America wasn't exactly even. She started seventhgrade in the back of the classroom, and that's where she stayed. Everyday she was taken into the back of the class and sat with another teacher to learn English. The lessons were slow and it was hard for her to fit in with the other students because she was deliberately separated from the others.

"It was isolated, very hard to understand da lessons—I always felt uncomfortable," Bopha said. With many Cambodian refugees coming to America in the early 1980s (of the 118, 823 that were in the U.S.

like home. America offered her opportunity, freedom, education, and a new name—Rosie. The story behind her name change is actually pretty simple. When immigrants come to America to become a citizen, they have the option to change or keep their name. For some, keeping their name is a symbol of pride of their country and for others, it's just a matter of pronunciation.

"No one could ever pronounce my name in school, they say my name like 'Trip' instead of 'Chrep'—like 'shhrep', see? No hard to do," Bopha said.

Annoyed with the mispronunciation of her name, little Bopha had changed her name again. This time it was a name of her choosing that no one else gave to her.

"My real name 'Bopha' mean flower or rose, so I decided to name myself Rosie in honor of my roots," said Rosie, "I'm proud American now."

Rosie beamed, her smile radiated contagiously, I couldn't help but smile with her. It was then that I realized that I was really present with her. Throughout the interview I was lost in her words and her emotion that I had forgotten my own feelings, her feelings became mine. Despite America's warmth and

Rosie's new name, there were flashbacks from time to time. Rosie would recall seeing grey lifeless bodies with no more light on their cheeks. She'd think back to times of constant malnutrition and suffering; the heat of the sun stifling her breathes, as she'd be farming out in the fields.

"People would point gun at you—mentally very disturbing—I got very emotional and cry a lot," said Rosie.

After 34 years, Cambodia has made a comeback and Rosie's village of Bătdămbâng is the main hub of northwest Cambodia. Bătdămbâng is the second largest city and is now quite peaceful and pleasant with plenty of tourist attractions, according to Bătdămbâng's tourist website (with the slogan "Kingdom of Wonder" as the header). However despite the turn around that Cambodia was able to do, not all countries that experience gruesome genocides are able to make the same turn around. There are genocides occurring all over the world today that we are unaware of.

For Rosie, it hits home when news stories air about current genocides due to her first hand experience. Rosie tries not to focus on all the violence that is occurring in the world, although she volunteers when she can to help out those who suffer from genocides (she maintains the connection with UNICEF). Rosie is married with four children and lives in Brooklyn, New York. She thinks about Cambodia from time to time, but one thing is for sure as Rosie leans forward and winks at me, her ear-to-ear grin makes another appearance.

She whispers, "I don't miss Cambodia, America is better." And as she said that, I felt the warmth of the sun gleam through the window as it gently sailed across my arm. Rosie had found her light in America, and it seems as if her light had found me.



# A Look Through The Camera Lens

CASEY WOLFE  
EDITOR - IN - CHIEF

Her Tumblr page is overflowing with photographs of animals of different species, diverse landscapes, uniquely captured human moments and ordinary objects. What do these photos have in common? Jordan Richards is in every single one of them. While her golden-green eyes may not be the subject of every shot, they are the lenses through which these pieces of art were created.

Jordan, 20, a junior at Arcadia University in Glenside, PA prefers to stay behind the camera, capturing the images she sees in front of her. Growing up in a household full of art projects crafted by her mother in pursuit of a Master of Fine Arts (MFA), Jordan was exposed to art at a young age. She enjoyed the art classes that her elementary and middle school had to offer and finally discovered photography at age 14.

“As silly as it sounds, it was all because of an online forum I was a part of. On that forum, there was a group for photographers. I looked through everything that those people did and decided I wanted to do it too, and I have been doing it ever since,” Jordan explained.

Jordan’s mother Christine Richards recalls the day she realized her daughter was truly passionate about photography.

“Jordan started her photography obsession in the eighth grade when she stole my birthday present,” said Christine. “That year was her brother’s senior year and he was playing football. I wanted to get some really good pictures so I asked for a really good camera... and I haven’t seen it since... at least

in my hands I haven’t. It was the best present I ever asked for.”

With her camera in hand, Jordan can be found in a variety of places, from her own backyard all the way to the hills of Scotland, where she traveled with her university during her first year. She recalls it as her favorite experience as a photographer.

“We stayed in Edinburgh, so I was in heaven with those beautiful cobblestone streets and old architecture,” she reminisced. “But, the day that truly stood out the most was the day we took a bus tour of the Scottish border. If I told you to imagine picture-perfect grassy green hills and a bright blue sky with fluffy clouds, your imagination would probably get somewhat close how beautiful that day was, but not quite, because not even my pictures could show you that.”

Jordan cradles her camera, adjusting the manual settings and reviewing her unedited work. To her, real photography demands much more skill than taking “selfies” on a smartphone.

“It requires so much more than clicking a button. You need to consider the subject, how you want to shoot it, how you want it to turn out in the end. There’s so many layers to get that final image, how can it not be considered an art form?” Jordan said.

Beauty is in the eye of the beholder, or in this case, the camera holder. Through her images Jordan is able to give viewers a taste of how she perceives things.

“She sees beauty in the things most people would think strange,” said her mother.

While her current portfolio is full of photographs she has taken as a campus photographer at Arca-

dia, Jordan’s favorite photos have been mostly personal projects that come with tremendous stories. Animals are her favorite subjects, though she said that she does not have the opportunity to shoot them often. However, Jordan had the chance to capture the beauty of the horses she rode at a farm in NJ. In a photo titled “Nursing,” she captures the miracle of a foal nursing from its malnourished mother. The owner had starved the horse because it was too difficult to feed her in the snowy winter.

“In the image, you can see the mother’s bones showing, which is something you should not see so easily in a horse,” explained Jordan. “She was nine months pregnant, skin and bones.” Despite the odds, the mother survived and was even able to supply nourishment to her baby, as seen in the photo.

Another project that Jordan is particularly fond of is one she completed last semester titled, “Home.” When her parents sold Jordan’s childhood home and moved into a condo about 20 minutes from her hometown, she used her photography to document her discontent about being uprooted.

“To sum it up, it’s basically documenting all the small flaws in the new condo I live in that no one else would notice. But I notice them because I never wanted to leave my old house so I see everything wrong with this new place,” Jordan explained. “I think this project just kind of helped vent out some anger I had.” This is her first completed body of work, which is part of the reason she is so proud of it.

For such a young artist, Jordan has received a lot of recognition for her work. She was recently featured in the Kimmel Center



PHOTO COURTESY of Jordan Richards

Jordan Richards uses her love and passion for photography to express herself in images like “Painted Lady” (pictured above).

in Philadelphia, PA as part of the College Night Art Exhibition. She has also had a total of four photos featured on Ocean County Camera Club’s website for her second and third place awards. Her biggest triumph in terms of viewership, however, was from her photo blog on the website, Tumblr. One of her photos was on the “radar,” meaning that it shows up on every user’s dashboard and on the log-in screen when users enter the site.

“This gains tons of exposure for my work. I went from 388 followers to over 1,100 over night! It was absolutely insane, I still don’t know how to handle it,” Jordan said excitedly.

Though she is uncertain where her camera will take her in the future, Jordan will continue to show people the world the way she envisions it. As of right now, she had been met with much approval, motivating her to explore the realm of photography on an even deeper level. While the art form brings her immense personal satisfaction, she thrives off of the admiration of others.

“Every compliment is a great one. It means to world to me when someone just appreciates what I do,” Jordan said. For this student photographer, everything has the potential to be extraordinary; it’s just a matter of how you look at it.

# Romantic Comedies Ask: What is “Love Actually?”

RACHEL GRAMUGLIA  
STAFF WRITER

You’re at a Starbucks, ordering your mocha-frappa-latte-chino concoction with sweet caramel drizzled on the frothy foam. The man in front of you is yelling to the barista about how he can taste the whole milk in his latte-mcfrapp drink, when he had originally asked for skim. As the arrogant whole milk tasting customer exits the coffee shop, he drops a 20-dollar bill on the floor which you pick up and put in the tip jar. “Karma’s a b\*\*\*h,” you say to the barista as a smile caresses your face.

This is the moment right before you meet the love of your life. Sounds like the start of a romantic comedy, doesn’t it? If you’re familiar with the movie *Monster In-Law* featuring Jennifer Lopez you’d know that it’s the scene right before she bumps into the love of her life, Michael Vartan.

Romantic comedies can come in all different shapes and sizes. They can have really complex story lines, like *He’s Just Not That Into You*, or really traditional ones, like *Clueless*. Robert Scott, Specialist Professor in the Communication Department has taught a class for an entire semester dedicated to the films that capture our hearts, make us laugh, and inspire us to find true love—a class dedicated to romantic comedies.

“Romantic comedies, my interpretation of them, are anything that’s romantic and has comedic elements, that’s a ‘rom-com,’” said Scott.

It seems simple, but rom-com plots twist and turn to the developing relationships in the movie and need to be taken into consideration. But is dating really as easy as romantic comedies make it seem?

Twenty-somethings’ today are looking for relationships, especially college women. In a study conducted

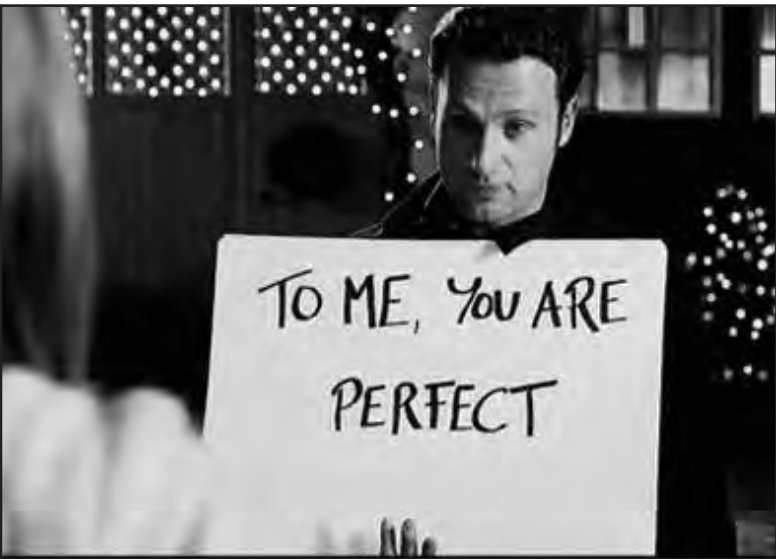


IMAGE TAKEN from hereisthecity.com

Scenes like this are common in the typical romantic-comedy movie.

by Lisa Daily, Dating Expert and Author of *Stop Getting Dumped*, most relationships form after six to eight dates. Yet in the “hook-up culture” of college, going on six to eight dates seems to be a stretch according to Daily’s study.

Emma Johansen, a sophomore business major, believes that the hook-up culture ruined the dating scene in college.

“I don’t think I’ll ever understand how men work, but hook-ups are hook-ups and if a guy wants to date you, he’ll make it known,” said Johansen. “If I went on six to eight dates with a guy here at school, it’d be a miracle.”

So do romantic comedies ring true to today’s society and how the relationship world works? In a rom-com, the formula is pretty simple,

“It’s usually boy meets girl, boy gets the girl, boy messes up, then a love triangle happens, and then guy gets girl back,” says Scott.

Conversely, in Daily’s study she

found that the “boy meets girl, boy gets girl” formula is not as laid out as it appears. The boy actually doesn’t get the girl until about 14 dates, whereas her study suggests that men perceive themselves as getting the girl by date three.

A common theme for rom-coms is the casual and yet passionate-filled one-night stands. In the rom-com *Love Actually*, actress Laura Linney plays Sarah, a working girl trying to take care of her brother who is institutionalized while trying to care for herself at the same time; that also includes trying to get the man of her dreams. With the weight of the world on her shoulders, she falls madly in love with Karl, played by actor Rodrigo Santoro. Daily’s study is opposite of this romantic comedy because Karl and Sarah did not go on any dates before they had a one-night stand.

In a study conducted by Anne Campbell, psychologist at Durham University in England, it is very possible to develop positive feelings from

a one-night stand. For men, 80 percent had developed positive feelings after a one-night stand, while for women it was 54 percent.

Ryen Baeza, a junior communication major, is on the fence about developing positive feelings after a one-night stand.

“Usually, I don’t know, guys don’t think about that stuff; sex is just sex,” Baeza said. “I mean, yeah it feels great, which I get having positive feelings for, but those positive feelings definitely aren’t like, relationship feelings; there’s a difference.”

Researchers Robyn Fielder and Michael Carey conducted a study about female hookups in their first semester of college, finding that 60 percent of college students engaged in random hookups by the end of their first semester, none of which resulted in the formation of a long-term relationship.

Another common theme that occurs in romance films is taking the ugly duckling and making her beautiful, thus worthy of winning prince charming. In the teen rom-com, *She’s All That* starring actress Rachael Leigh Cook and actor Freddie Prinze Jr., it wasn’t until Rachael’s character Laney took off her glasses and patted on a little makeup to then be considered beautiful. According to a study conducted by Chemistry.com, women are approached six minutes more quickly if they have makeup on. Everyone bust out the red lipstick.

Romantic comedies have the habit of transforming youth culture and spinning it to be something of a fantasy. Take for instance the notable scene of Noah Calhoun from *The Notebook* as he constructs a house from his bare hands, with the sun beating down on his tanned skin, and as sweat drips down his body. Compose yourselves.

Just as much as there are the Noah Calhouns in romance films; it can be hard to be able to pick them out in

real life. “Romantic comedies make a bigger deal out of things that don’t normally happen,” said Johansen. “What’s even worse about romantic comedies and reality is that you can’t decipher who’s your prince charming and who’s your villain—because the villain has gorgeous blue eyes, thick brown hair, and a charming smile.”

So why are romantic comedies so prevalent in the lives of college students, specifically college women? With so many over exaggerations why do women follow what they see in the movies?

“In many genres of movies, we are asked to suspend belief—to look at it and say, ‘I don’t care if this happens in real life, this is entertainment,’” said Scott. “We need the distractions from our own lives, that’s why we turn to movies. Everyone wants a bit of rom-com in their lives, and in it’s own way, it works out—but not like it does in the movies.”

For Scott he wants his students to realize that its confidence that is beautiful and not the Hollywood makeup that is shown in the movies.

“You can’t walk into a party and think ‘Why am I not Sandra Bullock?’” said Scott. “College is about self discovery and falling in love with yourself first—don’t rush into things because after all, they are just movies.”

So there you are, turning to exit the coffee shop, with your mocha-frappachino caramel delight in one hand and your car keys in the other. As you turn around to leave, you bump into a guy reaching for a napkin and collide. Your \$4.08 coffee spills everywhere, runs down his arm and just barely gets you wet. Your eyes meet his and for a second you’re lost in the depths of his trance, and all you could do is let one breath escape your mouth as you manage to utter, “hi.” Whether it’s a movie or not, you better get some more napkins.



# Alpha Omicron Pi

Alpha Omicron Pi would like to first and foremost extend our warmest welcome back to the students of Monmouth University!! Kicking off our 2nd full year here on campus, we are very much looking forward to returning to MU for a busy and fulfilling semester!

AOII really encourages all students at MU to immerse themselves into all that our school has to offer, because finding a home away from home while in college is not only an amazing and fun experience, it is essential to being able to flourish and grow as we grow up and enter the real world. The places and people you find and call home can and will create a life changing college experience!

Since our colonization in April of 2013, Alpha Omicron Pi has done just that. It has given our members the privilege to learn and grow as individuals and has provided a true home away from home experience. It has been an incredibly fulfilling year and a half for each and every one of our sisters-and we would love to share a few reasons why.

Sisters of AOII have taken advantage of leadership opportunities offered here on campus and beyond with the love and support of their sisters always behind them. Our members can be seen at Monmouth guiding freshman through their transition to college as New Student Orientation leaders, in the dorms as Resident Assistants, all over campus as MU Ambassadors, and throughout other campus organizations as members of the executive boards of MU clubs such as SAB, Student Government, Hawk TV & many more. We encourage all of our members to Exceed the Expectation, and we extend that to all students here at Monmouth as well. There is so much offered to students on campus (and even off campus) to help build leadership experience that will help you in the future. So jump right in, get involved, and make long lasting experiences!

In addition to our accomplishments as leaders in the community, our sisters are committed to the service of others. Our philanthropic efforts as an organization lie in part in our national philanthropy, Arthritis Research, for which we raised more than \$2,000. We want all of you to take advantage of the volunteer opportunities out there because you really can make a big difference in the smallest of ways. Look out for our upcoming philanthropy events on campus this year to help you get involved!

The sisters of AOII are very grateful to be able to share a little bit about our experiences here at MU and what we as an organization have to offer, and we are so excited for this next year of opportunities to grow as individuals and as a chapter, and to finally kick things back into gear after a long and relaxing summer! We hope that all students and faculty take advantage of every opportunity that comes their way and make the best of the year to come!

And last, but certainly not least, GO HAWKS!!

Wishing everyone here at MU the best year yet,

Alpha Omicron Pi

# Delta Phi Epsilon

The sisters of Delta Phi Epsilon would like to welcome all new and returning students. As fall semester starts to get busy quick we would like to let you know about a few exciting things we have coming up. One of the philanthropies we support is ANAD (National Association of Anorexia Nervosa and Associated Disorders). We will be holding our annual ANAD Vigil this semester where anyone is welcomed to share their story and how they overcame any hardships. Along with the ANAD Vigil we will be spreading awareness about Fat Talk Free Week where we take a silence against complaining about body image. To learn more about these events, when they will take place, and how to get involved follow us on social media or feel free to message us on Facebook with any questions. Good luck and have a great fall semester!

Facebook: Delta Phi Epsilon Delta Omega Chapter  
Twitter: Delta Phi Epsilon @dphie\_mu  
Instagram: dphie\_deltaomega  
Tumblr: dphiemonmouth



# CLUB AND GREEK ANNOUNCEMENTS

## Monmouth Pep Band

The Monmouth Pep Band would like to welcome all our new students and welcome back all our returning students to Monmouth University.

We still have very limited openings in most of our sections. One section we would like to fill up is our tuba section. If you have played tuba before and want an opportunity to perform again, we want you! Please contact Professor Bryan Jenner at [bjenner@monmouth.edu](mailto:bjenner@monmouth.edu) for more information.

## Chabad

MU Chabad has sushi every Wednesday in the student center from 3:30 - 4:30 pm. We have Friday night dinners at 8 pm and a grill and chill every Sunday from 5 - 7 pm.

Contact our president Liz Perkel with any questions about MU Chabad at 862-485-8865 or [s0939767@monmouth.edu](mailto:s0939767@monmouth.edu)

## National Council For Negro Women

Our Back to Business Party which will be on September 12, 2014 in Anacon from 9 pm to 1am! We will be having pizza as well as DJ TAJ from BET, 106 & Park!

Tickets are \$3 for students and five dollars for guests. \$5 dollars for people who do not pay before the day of the party.

## Outdoors Club

MU Outdoors Club Bi-Annual Beach Bash:  
When: Saturday, September 13  
Where: West End Beach  
Time: 12 - 5 pm  
Includes FREE ocean kayaking, food, music, games, surfing Camping and Kayaking at Bass River State Forest, NJ (LIMITED SPOTS!):  
When: Friday, Sept. 19 to Sunday, Sept. 21  
If interested, please contact Rachel Fox [s0832002@monmouth.edu](mailto:s0832002@monmouth.edu)

## PRSSA

Thank you all for stopping by our table at the involvement fair! Don't forget our first meeting is this Wednesday, Sept. 10 in Plangere 236 at 3 pm.

We will be discussing our upcoming event, Fall Into Pink, which benefits a non profit organization called the People's Pantry.

Lastly, our club is open to all members, not just public relations. Anyone can join at any point of their college career!

## The Verge

Do you love to write? Dream of seeing your work published? Then The Verge is the place for you!

Please join us at our interest meeting Wednesday, Sept. 17 at 2:30 in JP 206.

For questions contact Caitlyn Bahrenburg at [s0904759@monmouth.edu](mailto:s0904759@monmouth.edu).

## Monmouth Area Vegetarian Society

Welcome Back! Please join us at our kickoff event on Sunday, Sept. 28, 2014 at 1 pm in Wilson Auditorium.

Film Screening of the life-changing documentary Bethany's Story. There will be a vegan potluck at this event + a raffle for prizes! Free and open to the public.

To RSVP or for more information about MAVS, please email [mcharris@monmouth.edu](mailto:mcharris@monmouth.edu)

## Pre-Law Club

The Pre-Law Club will be holding its first meeting of the semester on Wednesday, Sept. 10 (today) at 4 pm in the Student Center, room 202B.

If you're interested in law school, how your undergrad experience leads you to law school, inter-collegiate mock trial or moot court competition among other legal profession things, stop by and sign up for the pre-law club!

## CommWorks

Students Committed to Performance invites all MU students who want to explore and share their creativity to attend our fall member meetings on Wednesdays, 2:30 - 3:45 in Plangere 235.

Contact faculty advisor Dr. Deanna Shoemaker at [dshoe-mak@monmouth.edu](mailto:dshoe-mak@monmouth.edu) for more information.

## Human Resources Club

Would you like to learn more about Human Resources and the growing career opportunities within the field? Join the Student Chapter Human Resources Club and learn about an exciting profession that employs individuals from all majors. Our club is active and exposes its members to industry professionals through a variety of events. Please come to our first meeting which will be held on Monday, September 15 at 4:30 in Bey Hall, room 226. If you cannot attend the meeting or would simply like to know more about the club, please contact Ellen C. Reilly at [ereilly@monmouth.edu](mailto:ereilly@monmouth.edu). Welcome back and we look forward to meeting you!

## IEEE/ACM Student Chapter

The IEEE/ACM Student Chapter would like to welcome new faces to our introductory session.. Find out what we have done recently, what we have to offer in the future, and meet some of the best and brightest students in the CS/SE department! Open to all those with an interest in Computer Science, Software Engineering or Information Technology this Wednesday at 2:30 in Howard Hall Room 208.

## Zeta Tau Alpha

Welcome back to school on behalf of the sisters of Zeta Tau Alpha! We hope to see you at our Breast Cancer Awareness events throughout Pink Week, held Oct. 5-11.

## MUPNA

The Monmouth University Professional Nurses Association (MUPNA) is a networking resource for all nursing students at Monmouth University. A big welcome and good luck to the Class of 2018 students who are beginning their journey in the brand new pre-licensure BSN program. MUPNA would like to invite all nursing students to our Fall Social on Monday, Oct. 6 at 6:30 pm in the Club Dining Room where we will be discussing Nursing Leadership and Political Power. Please RSVP to Keilynn Alicea, MUPNA President, at [s0772872@monmouth.edu](mailto:s0772872@monmouth.edu).

## Catholic Campus Ministry

Catholic Campus Ministry would like to welcome all new and returning students! We hold mass every Sunday at 7 pm at the Catholic Center (located behind the Health Center) and daily mass at noon in Withey Chapel (located in Wilson Hall).

If you have any questions, please contact club president Eryn Siddall at [s0834614@monmouth.edu](mailto:s0834614@monmouth.edu).

## 5678 Dance Club

Do you love to dance? An interest meeting of the 5678 Dance Club will be held soon!

For more information email club president Hannah Hilbrandt at [s0947700@monmouth.edu](mailto:s0947700@monmouth.edu).



# Going Greek: What You Should Know

EMILY SHAPIRO  
CLUB & GREEK EDITOR

Thinking about joining a fraternity or sorority this semester? The University is home to eight fraternities and eight sororities, which are all nationally recognized organizations.

When it comes to getting involved on campus, Greek life is usually something that comes to mind. Whether students come into school thinking they want to join, or if the Involvement Fair is what gets them going, students soon realize they could never have enough brothers or sisters.

Alpha Kappa Psi (AKPsi), Delta Tau Delta (DTD), Phi Kappa Psi (PhiPsi), Sigma Pi (SigPi), Sigma Tau Gamma (STG), Tau Delta Phi (TDPHi), Tau Kappa Epsilon (TKE), and Theta Xi are all fraternities with a history at the University. With TKE being the University's first national fraternity, and PhiPsi being established in 1852, there are many reasons these fraternities have stuck around.

Each organization has their own unique way of standing out. While AKPsi, a professional business fraternity, is open to both men and women, DTD has a national partnership with the Juvenile Diabetes Research Foundation.

Sororities seen around campus are Alpha Kappa Alpha (AKA), Alpha Omicron Pi (AOPi), Alpha Sigma Tau (AST), Alpha Xi Delta (AXiD), Delta Phi Epsilon (DPhiE), Lambda Theta Alpha (LTA), Phi Sigma Sigma (PhiSig), and Zeta Tau Alpha (ZTA).

All sororities are extremely involved around campus. Whether it's AST participating in Greek Week, or Phi Sig hosting their an-

nual mother/daughter brunch, staying busy is never hard for these chapters.

On top of being involved on campus, members of Greek life also take time to work with their organization's individual philanthropy.

"We do a lot to raise money and attention for our national philanthropy, Autism Speaks," said Gen-na Moscato, the president of AXiD, and a senior psychology and criminal justice major. "We participate in the 'Walk Now for Autism Speaks' walk every year, and are constantly on campus tabling and having bake sales to spread awareness."

The process of becoming a member of any Greek organization can be long, but it can also be worth it. The first steps were attending the Involvement Fair, which took place on September 5, and attending Meet the Greeks, which took place on September 9. At both of these events, students were able to get a better look at what each organization does.

Before going any further than Meet the Greeks and the Involvement Fair, potential candidates are encouraged to check out the requirements stated in the Fraternity and Sorority Life Handbook.

Some requirements students will come across will include minimum GPA, policies set by the University for Greek life, and the informal inquiry process for fraternity and sorority activities. The University also requires that students have a semester's worth of credits before they are eligible to go through recruitment, meaning freshmen cannot "go Greek" until at least the spring semester of their first year. This is known as a "deferred recruitment model."

"Our deferred recruitment mod-



IMAGE TAKEN from monmouth.edu  
Greek life members gather in front of Wilson Hall. Thirteen percent of students are part of Greek life.

el at Monmouth University allows first year students the opportunity to get adjusted to the lifestyle while learning about all of our options for fraternity and sorority life," said Jon Buchalski, the Assistant Director of Student Activities for Fraternity & Sorority Life. "Joining a Greek letter organization is a lifetime commitment so we hope that students take the time to figure out which organization is the best fit for them."

Demi Bogosian, a junior business management major, said that for her, the best part of joining Greek life is that she now has a set group of people she can go to for

anything.

Some events that new Greek life members can look forward to after initiation include chapter formals, charity and philanthropy events, and brotherhood/sisterhood events, just to name a few.

Eric Anderson, sophomore said, "We are very laid back. There are always good vibes all around whenever we have social events."

Something people get nervous about while rushing is hazing. The University has a strict anti-hazing policy, which is clearly stated in the Fraternity and Sorority Life Handbook. The University defines hazing as "any action or situation,

on or off campus, which includes any mental or physical requirement, request or obligation placed upon any person (pledge, new member, associate member, member, affiliate, guest) which could cause discomfort, pain, fright, disgrace, injury, or which is personally degrading or which violates any federal, state, local statute or University policy."

Almost all Greek organizations have social media accounts where students can keep track of what events are going on. Check out [www.monmouth.edu/university/chapters-at-monmouth](http://www.monmouth.edu/university/chapters-at-monmouth) to learn more about the Greeks.

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## Fall Break Haunted Road Trip

Salem - Boston - Plymouth Rock  
Travel Dates: October 16<sup>th</sup> -19<sup>th</sup>

**Trip Price Includes:**  
*Coach Bus Transportation*  
*Hotel Accommodations:* Hawthorne Hotel, Salem MA  
Double Tree, Boston MA  
*Breakfast at the Double Tree*  
*Salem Ghost Tour*  
*Salem Day Pass Trolley Ticket*

**Deposits Due by September 15th**

**STUDENT ACTIVITIES BOARD**  
**MONMOUTH UNIVERSITY**



**Counseling & Psychological Services**


**Fall 2014**

**Wednesdays**  
Oct 8 to Nov 19 & Dec 10  
8:00p - 9:00p  
**Yoga**  
Cedar Basement

**Weds 3:00p-4:00p**  
**Thurs 11:00a-Noon**  
Sept 3 -17  
**Snack & Chat**  
CSS Conference  
Lower level, Stu Center

**Wednesdays**  
Oct 15, 29 & Nov 5  
3:00p-4:00p  
**Alternatives to Anxiety**  
202B, Stu Center

For special accommodations, contact Counseling & Psychological Services at 732.571.7517 prior to the program




**Auditions for *Our Town***  
The classic play  
by Thornton Wilder

WHEN: Sunday, Sept. 14, Monday, Sept. 15, Tuesday, Sept. 16,  
at 7:30 p.m. each evening  
(Callbacks Sept. 18, if needed)

WHERE: Woods Theatre, Room 2

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12:45 PM

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**OPEN INTEREST MEETING**

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Come join *The Outlook* in  
Jules L. Plangere Jr. Center  
for Communication  
Room 260  
on Wednesday, September  
17th at 4:00 PM!

Snacks will be served!

## Fall 2014 Calendar

### Office of Substance Awareness

September

5<sup>th</sup>- Involvement Fair Day, Library Lawn @ 4-6pm

12<sup>th</sup> - Sandwiches & Serenity -Students in Recovery, Wilson Hall 103 @ 12:45pm

24<sup>th</sup> –HERO Campaign & Safety Day, Quad @ 12-3pm

October

24<sup>th</sup> - Sandwiches & Serenity -Students in Recovery, Wilson Hall 103 @ 12:45pm

November

14<sup>th</sup> -Sandwiches & Serenity -Students in Recovery, Wilson Hall 103 @ 12:45pm

December

1<sup>st</sup>- Accepting Nominations - Designated Driver HERO of the Year - Check your email for details!

3<sup>rd</sup> - Project Pride, Pollak Theatre @ 4-5pm

5<sup>th</sup> -Sandwiches & Serenity -Students in Recovery, Wilson Hall 309 @ 12:45pm

*If you need any special accommodations or have any questions, please contact the  
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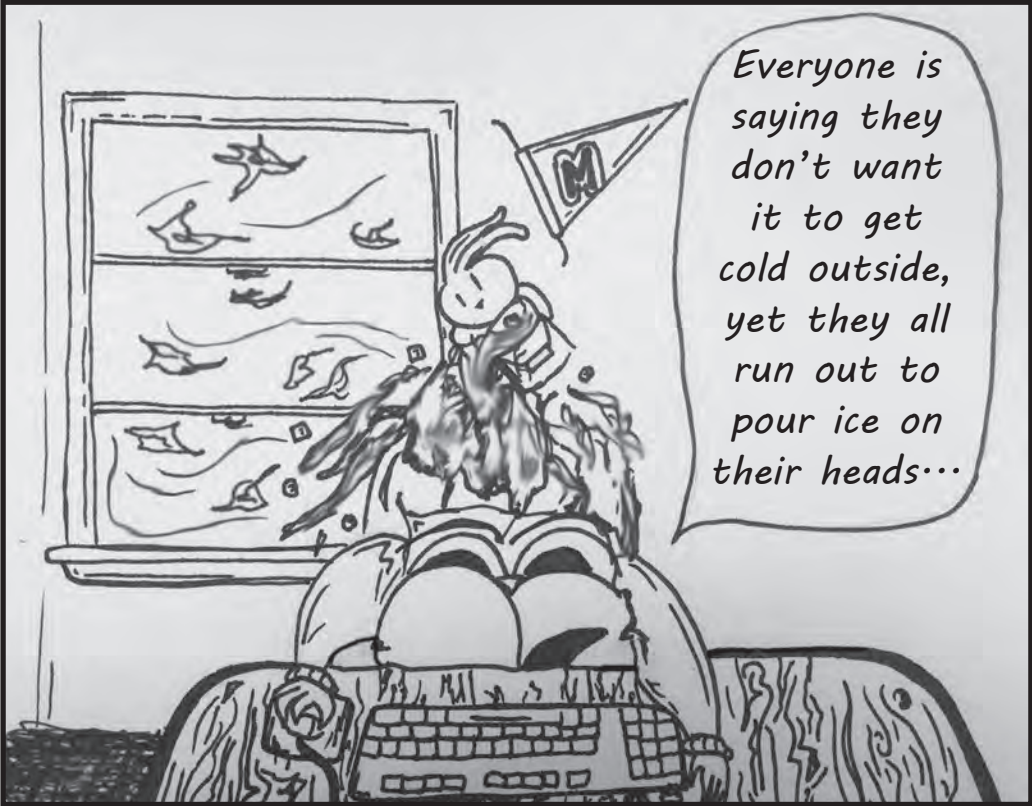
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# COMICS

“MISGUIDED UNDERSTANDINGS” BY ALYSSA GRAY



A SO-YOU-SAY COMIX #47

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**LEFT:**  
STUDENTS RAISE SOME NOISE FOR THE INCOMING FRESHMEN IN THE FIRST YEAR OFFICES IN THE STUDENT CENTER.  
(PHOTO COURTESY OF KRIS IENTILE)

**CENTER LEFT:**  
DR. JUDY NYE AND ASSISTANT VICE PRESIDENT BEA ROGERS POSE FOR A PICTURE WITH THE PLA TEAM LEADERS AT THE 2014 PLA TRAINING.  
(PHOTO COURTESY OF KRIS IENTILE)

**BOTTOM LEFT:**  
SENIOR VICTORIA RIVERA PREPARES MATERIALS FOR THE FIRST YEAR SEMINAR CLASSES.  
(PHOTO COURTESY OF ALYSSA GRAY)

## HEY MONMOUTH!

INTERESTED IN SHARING YOUR MOMENTS? SEND YOUR PHOTOS TO ANY OF THE FOLLOWING EMAILS AND YOU JUST MIGHT HAVE THEM FEATURED IN THE “MOMENTS AT MONMOUTH” SECTION!

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# Cross Country Begins with Annual MU Kick-Off



Junior Kevin French finished the 3.1 mile course at Thompson Park in 19:16.4 minutes.

MIKE MORSE  
STAFF WRITER

The men’s and women’s cross country teams started off their season with a bang, both winning their first meet, the Monmouth XC Kick-Off on Saturday, Aug. 30. This annual competition is hosted by Monmouth as the first meet of the season. Held at Thompson Park in Lincroft, NJ, the meet allowed schools to gauge their performances for the future, while incorporating some friendly competition in the process.

Both the men’s and women’s teams showed their strengths as they defeated their competitors by large margins. The men’s squad finished with a team score of 17 points, far ahead of competitors Lafayette at 65 points, Seton Hall at 75 points, Wagner at 100 points, and St. Francis (N.Y.) at 135 points.

Senior runner Alex Leight and juniors Domenick D’Agostino and Kevin French were the first three to finish in a field of 76 runners. Their times for the hilly Thompson Park course were 19:09.7, 19:11.4, and 19:16.4 respectively.

Sophomore Kevin Summonte and freshman Ben Dillon rounded out MU’s top five finishing in 19:23.2 and 19:29.7. Thomas Day of Lafayette was the lone runner to separate MU’s top five. Head coach Joe Compagni explained the importance of this early meet as he said, “We don’t focus too much on preparing for

the MUXC Kick-Off itself, but it is an early season barometer for us. After a summer of training and a week of heavy volume during our pre-season camp, a low-key meet lets us see where we stand as a team.”

The women’s team performed exceptionally as well. Compiling a score of 26 points, the women’s squad was trailed by Seton Hall who had 52 points, Lafayette with 75 points, Wagner at 81 points, and St. Francis (N.Y.) with 150 points. Freshman Danielle Leavitt was the first Hawk to cross the finish line for the women, completing the course in 14:59.8.

Sophomore Jenna Cupp was right behind Leavitt with a time of 15:02.1. The two placed third and fourth respectively in a field of 81 runners.

Rounding out the women’s top five were freshman Allie Wilson with 15:17.6, junior Sydney Engelberger with 15:21.2, and sophomore Lennon Cooper with 15:25.4.

With their victories, the cross country team set a standard for the rest of their fall season.

“A lot of what we do during pre-season as well as with the MUXC Kick-Off is designed to help the freshmen make the transition to college training and racing. Several of them showed that they followed our advice and did some great training this summer, and that gives them an opportunity to make an immediate impact in a new environment,” Compagni said.

The cross country teams once again proved that their diligent summer training paid off at the Fordham Invitational at Van Cortlandt Park, NY. The women placed fourth of eight teams while freshman Allie Wilson provided the team with a fifth place overall finish with a time of 19:52.96. The next Hawk to cross the line was Cupp whose 20:02.39 time gave her a tenth place overall finish. Freshman Maggie Hanlon placed 17th overall at 20:20.81.

The men, who only had part of their team compete, were led by junior Zach Iannarelli. The junior finished with a time of 28:32.18 for a 27th place finish. Freshman Jake Howell was the next Hawk to cross the line at 29:14 earning him 35th place.

As the teams enter their second year in the MAAC (Metro Atlantic Athletic Conference), the importance of depth has grown.

“The MAAC has a great deal of depth in cross country, with a nationally ranked program leading the way and many excellent programs reaching for that level as well,” said Compagni. “We learned last year that we need to be very strong and very tough to excel in the conference, and we always want to go beyond that and reach a higher level at NCAA Regionals and ECAC/IC4As as well.”

That being said, the Hawks will next compete on Saturday, September 20 on their home turf at Thompson Park in Lincroft, NJ.

## Surf Conditions for Upcoming Week

RYAN GALLAGHER  
STAFF WRITER

With the new school year knocking on our door, the time comes to wave goodbye to the soft sand, warm summer breeze and ocean scent. While the lives of most college students will change drastically, those who attend the University will endure new levels of stress trying to balance beach time and academics. For surfers this means early sessions before that 8:30 am class or catching the last sliver of sunlight after a 4:30 pm course.

Surfers at the University are coming into this semester after some of the best waves a summer has yet to offer. Historically, summer is a time of long, sand-

filled days, late, warm nights and an absence of surf. Many people assume the opposite, after movies like “Endless Summer” have glorified surfing in the summer time.

Contrary to popular belief, the real surf season starts when the hot summer ends and the leaves begin to fall. With anticipation building from last swell, the beginning of the fall season is one of the most exciting times for a surfer. With hurricane season at its absolute height, every surfer is frothing for that next paddle out, that next wave, and that sweet satisfaction.

I was able to catch up with my good friend Tyler Sankey when I got back to campus on move-in day. Our first topic of conversa-

tion: Hurricane Cristobal. Little Cristobal was born right off the coast of Africa and started out as a strong tropical wave. Cristobal began to work its way north toward our great country.

On its way up it gained more power and on August 24, the system was named Tropical Storm Cristobal. As Cristobal sustained its Atlantic coast track it strengthened to a category one hurricane as it went up the American east coast.

Sankey was able to surf in Ocean City, NJ when the storm moved past our region.

“Down in South Jersey, Cristobal gave us big solid swell,” Sankey said. “Everyone was out for hours all day and overall it was one of the better days to

surf this summer.” In his recollection, all the surfers of the area knew the storm was heading for them.

Sankey also added, “The surf this summer has been much better than in the past. I’m looking forward to a fun fall and winter.”

As a surfing community, we always look forward to what is next and how we can attain the same high that was reached in a prior session. For this week, MU surfers should be ready for some fun waves early on. A small bump in the forecast is slowly turning into what could be a very memorable fall swell. The forecast begins to rise on Monday afternoon and should peak at around 10 am on Tuesday with shoulder to head high waves and

a ripping Northeast wind.

The swell should hang around for a day or two and give us waves on Wednesday as well. The wind should start to calm down Tuesday afternoon, which will clean up the choppy water for a sweet Wednesday session.

Although, the swell will be at its maximum height on Tuesday, the best day right now is looking like Wednesday, preferably in the morning.

If the wind dies down even a little bit, everyone could benefit by scoring some incredible fun waves in the beginning of this week.

Remember, always surf with a buddy, get your homework done, and get stoked about being at a school right on the beach.

WEEKLY NFL PICKS

WEEK 2

										
		Away	Pittsburgh Steelers	Detroit Lions	Arizona Cardinals	Seattle Seahawks	Kansas City Chiefs	New York Jets	Chicago Bears	Philadelphia Eagles
		Home	Baltimore Ravens	Carolina Panthers	New York Giants	San Diego Chargers	Denver Broncos	Green Bay Packers	San Francisco 49ers	Indianapolis Colts
WEEK 2	Maggie Zelinka Sports Editor									
	Charlie Battis Staff Writer									
	Kyle Walter Asst. Sports Editor									
	Aaron Furgason Associate Professor									



# Men’s Soccer Rallies to Beat Albany

KYLE WALTER  
ASSISTANT SPORTS EDITOR

The men’s soccer team came away with a come-from-behind road win over the University of Albany Great Danes this past Sunday, Sept. 7 by a score of 2-1 in double overtime.

After coming off a 2-0 loss at the hands of Lehigh and falling behind 1-0 in the first half, the Hawks showed their toughness and determination by battling back to get the win with a late second half goal from junior defender Derek Luke, and overtime game winner from junior forward Jelani Williams. With the win, MU moved to 2-1 on the season while the Great Danes fell to 1-1-2.

“I’m really proud of these guys,” said MU head coach Robert McCourt after the game. “I thought we deserved the game today so I was really proud of their performance. It was a complete team effort.”

Albany got off to a quick start to open the contest, as the Danes were able to get two shots in the first ten minutes of play. However, they were unable to capitalize on either opportunity, with both of the attempts sailing high over the goal.

The Hawks luck ran out, however, when Albany’s Bernardo Mattos took a ball in from teammate Philip Persson, and headed it into the top left corner of the net in the game’s 21st minute.

Things did not get any better for the Hawks following the goal as the Great Danes continued to pressure MU’s defense. In the 26th minute, Albany’s Martin Gorrie nearly increased his team’s lead by two, but Hawk sophomore goalkeeper, Eric Klenofsky, made the save to keep the lead at one.

Neither team had many great chances to score the rest of the half, and the two teams went into their



Junior Jelani Williams scored his first goal as a Hawk while facing Albany. His goal also accounted for MU's second win of the season.

respective locker rooms with the Great Danes still leading 1-0.

MU picked up play after the second half opened, and began generating more scoring opportunities that resulted in seven shot attempts

throughout the half. The Hawks seventh attempt proved to be the charm when junior defender John Egan gained control of a ball and put it past the keeper to finally get his team on the board, tying the game at

one in the last minutes of play.

Klenofsky played a key role in the half by allowing the blue and white a chance for the equalizer with two saves.

With only minutes remaining after the score, neither team could break the tie, and the game headed into overtime.

In an extremely physical first overtime period, that featured seven fouls in only 10 minutes, neither the Hawks nor Great Danes saw any legitimate scoring opportunities, and the game headed into the second overtime still knotted at one.

Only one scoring chance was seen in the second OT, but it proved to be the deciding goal. With only five minutes remaining before the game’s end, MU was able to complete its comeback effort when Williams took a pass from senior midfielder, Bryant Avalos, and beat the Great Dane’s keeper to send the Hawks home with their second win.

On the night, MU managed to outshoot Albany with 11 shot attempts compared to nine from the Great Danes, but both teams had an equal amount of shots on target with four. Klenofsky totaled three saves for the contest while his Albany counterpart stopped two MU attempts.

After the win, the Hawks will look to keep their momentum going this Saturday, Sept. 13, when they welcome Holy Cross to West Long Branch. MU hopes to keep Holy Cross winless, as the Crusaders are currently 0-1-1 on the young season. Kickoff is set for 7 pm on The Great Lawn.

MU will also look to solidify its spot among the Nation’s Top 30 after receiving votes in the College Soccer News Poll. The Hawks are currently ranked second in the NSCAA Northeast Regional Rankings.

# What It Means to be a Student-Athlete

CHARLIE BATTIS  
STAFF WRITER

Many people perceive that a college athlete’s sole responsibility is to perform well on the field. While there is undoubtedly pressure to maintain a certain level of performance in their respective sports, there are several off the field obligations that athletes must fulfill. In addition to coping with the rigors of their playing schedule, athletes are expected to perform academically and act in a respectful manner while representing their University off the field. College athletes must handle all of these expectations in order to embrace the role of being a student-athlete.

“First and foremost as an athlete you have a bit of a burden,” said Tom Bieber, Director of Athletics Academic Support. “You take the burden of representing Monmouth University as a whole; on campus, off campus, when you compete away, and when you compete at home. Athletes are an extension of the University.”

A central objective for college athletes is to perform well academically. “We certainly want athletes to put academics in the forefront. As much as I understand athletics is a big piece of what athletes do here and in a lot of instances athletes are obligated to perform and perform well because of athletic scholarships, from my departments area we want athletes to take academics as serious as possible,” explained Bieber.

The National Collegiate Athletics Association or NCAA institutes several academic requirements that athletes must pass in order to be eligible for their season. According to the NCAA, athletes must have a full-time schedule which is a minimum of 12 credits every semester, they have to pass at least six credits every

semester, they are required to pass 18 credits each academic year, and they must have at least a 2.10 GPA in their major after completing 80 credits. In addition to the rules imposed by the NCAA, Monmouth University has a policy that it’s athletes complete five hours of study hall every week that class is in session.

While these restrictions may not seem difficult, the amount of time that athletes work on refining their playing skills can negatively impact their school work. “Sometimes the athletic competition, particularly

student athletes to learn. Without it, there is no way you can balance everything on your plate successfully,” said Lauren Horner, captain of the field hockey team.

“Time management is the one thing you need to be good at in order to be successful in college,” Wilgus said. “It is only magnified as an athlete because you have a tighter schedule to manage.”

Although some athletes struggle to manage their time correctly and satisfy their academic requirements, Taylor believes that athletes at the

letes are expected to act in a respectful manner because we represent our school. We have encounters with many people from other schools because of the numerous teams we play.”

Even though athletes are exposed to various pressures as a result of playing a sport, it does not necessarily mean that their college lives are more difficult compared to normal students. Taylor described what athletes deal with as a unique situation. “I wouldn’t call it more pressure I would call it different pressure,” said Taylor. “General students have increasingly more pressure on them too. Sometimes they have to pay for school. Sometimes they have family obligations. The different kind of pressure that student-athletes are under is that they have these expectation to physically perform and to practice while also being full time students.”

How student-athletes perform on the field is not indicative of how successful they will be in life. While student-athletes have the responsibility of representing their schools on and off the field, they also should have the desire to learn and grow academically.

Every college athlete has aspirations of playing professionally but that is not a realistic goal for everyone. “Chances are 90 to 95 percent of our athletes will not go on to be professional athletes,” said Bieber. “The vast majority of Division I athletes do not go professional. That being said, the emphasis has to be put on academics with the concentration that you will have a viable career after Monmouth University.”

While being a student-athlete warrants several off the field pressures, if handled correctly these pressures could potentially prepare them for the future.

“You have practice in the middle of the day. You have class all day. Sometimes you have class after practice and then you have to find time to do school work.”

STEVE WILGUS  
Student-Athlete

when they’re in season, the demands of it throws that academic and athletic balance out of whack,” said Claude Taylor, Athletics Professor in Residence.

“There are days where you have no time,” said Steve Wilgus, centerfielder for the University baseball team. “You have practice in the middle of the day. You have class all day. Sometimes you have class after practice and then you have to find time to do school work. It is a lot of pressure especially when you get down to this time of year near finals.”

It is crucial for student-athletes to manage their time effectively so that they can complete their academic obligations. “Time management is probably the most important skill for

University, for the most part, complete their academic duties. Taylor said, “Overall, it is my impression that the vast majority of Monmouth student-athletes handle the demands of academics and athletics very well.”

While academics are an essential aspect of being a college athlete, there are also expectations to act in a courtesy manner off the field while representing their University. “Athletes are a symbolic representation of Monmouth,” explained Taylor.

“Athletic events provide a way for athletes and non-athletes to support teams and feel connected to other students. I think that the athletes are representative of Monmouth both on and off the field,” said Horner. “Ath-

## SIDE LINES



The women’s soccer team gained thier second consecutive road win as they defeated NJIT, 2-0, on Thursday, Sept. 4. Freshman Rachele Ross scored her first career goal for the blue and white while senior Alexa Freguetti scored her third goal of the season. Sophomore Alexis McTamney had the assist on both goals.

The Hawks outshot their opponent 25-5 and had three more cornerkicks than NJIT.

With the win, the team improves to 3-2 and records their third shutout of the season.



In their first game on the road, the University’s field hockey team defeated Lehigh University, 3-1, on Sunday afternoon.

With the victory, the Hawks improve to a 2-2 record. The women will return to action on Sunday, September 14 as they travel to Norfolk, VA to face the 1-3 Old Dominion team.



Senior running back Kwabena Asante and junior kicker Lucas Santangelo were awrdrd Big South Player of the Week honors for their assistance in the 52-21 win over Delaware State on Saturday, August 30. Asante scored four touchdowns; Santangelo kicked three field goals and five extra points in his first appearance.



MU Golf alumni, Ian Thimble, received his first professional victory by winning the 105th Massachusetts Open this past summer.

At the tournament’s end, Thimble was in a four-man tie which called for a three-hole playoff. Thimble bested his opponents as he birdied the 16th hole and saved par on the final two holes.

Thimble graduated from the University in 2013 with a degree from the Buisness School.

## UPCOMING GAMES

**Friday, September 12**  
WSOC at Fairleigh Dickinson  
Teaneck, NJ 7:00 pm

**Saturday, September 13**  
Football vs Wagner  
Kessler Field 1:00 pm

Coed Sailing (Club)  
Laser North Qualifier 2:00 pm

MSOC vs Holy Cross  
The Great Lawn 7:00 pm

**Sunday, September 14**  
FH at Old Dominion  
Norfolk, VA 1:00 pm

WSOC vs. Lafayette  
The Great Lawn 6:00 pm

**Tuesday, September 16**  
MSOC at Rutgers  
New Bruinswick, NJ 6:00 pm

**Friday, September 19**  
MGolf at Rutgers  
New Bruinswick, NJ 8:00 am

FH vs Northeastern  
So Sweet A Cat Field 3:00 pm





Tied

IN A NEW YORK MINUTE



### Also in Sports:

- Cross country has a fast start to season ... [Page 26](#)
- Some good in summer's end for surfers ... [Page 26](#)
- A look into what it takes to be a college athlete ... [Page 27](#)

After trailing nearly the entire game against the Albany Great Danes this past Saturday, the Hawks were able to tie the game in the last minute of regulation, and eventually earn the win in double overtime.

*Full Story on page 27*