



THE OUTLOOK

MONMOUTH UNIVERSITY'S
STUDENT-RUN NEWSPAPER SINCE 1933

HTTP://OUTLOOK.MONMOUTH.EDU

September 12, 2012

VOL. 84 No. 1

New Art Building Set to Open in November



PHOTO COURTESY of Blaze Nowara

The Joan and Robert Rechnitz Hall will be complete with an expanded gallery as well as more spacious classrooms.

SAGE FONSECA
STAFF WRITER

This November is the planned opening for the new Joan and Robert Rechnitz Hall Art Building on campus. The building, currently under construction, will boast 20,340 square feet of classrooms and faculty offices as well as a three-story gallery.

Robert L. Cornero, Associate Vice President of Campus

Planning & Construction explains that the construction had a delayed start because of waiting on approval for last minute changes. These changes included the structure, technical issues, heating system, lighting revisions, foundation revisions, ceiling revisions and different trim and tile patterns.

The project was no small undertaking with numerous different people working on the

building since construction began.

"We have averaged approximately 15 workers per day since the project started last December," said Cornero.

"At first there were heavy equipment operators and laborers, then there were concrete masons, then iron workers and so on," he said.

During the last phases of the project, Cornero says they have

been using more contractors who specialize in finishing trades, such as carpenters, electricians, tin knockers, tile setters and painters.

The new larger gallery is planning to be the center piece of the building with classrooms and offices around it. This will give everyone who enters the building a chance to see not only the works of students, but also outside artists.

According to Ed Johnston, Specialist Professor - Animation, Department of Art and Design "one of the first exhibitions in the new building will involve artwork inspired by the influences of the old building."

Incorporating the old and the new gives everyone who enters the building a chance to experience the new while appreciating

Art Building continued on pg. 3

Swipe for a Meal in Student Center

BRETT BODNER
EDITOR-IN-CHIEF

The days of only being able to use meal swipes in the McGill Commons are over. Starting this fall students will be able to swipe for a meal in the Rebecca Stafford Student Center.

"It gives students far more flexibility, far more choices and gives them the ability to use a lot more of their meals," said Vice President of Student Services, Mary Ann Nagy. "For example, if you have a meal plan with 225 meals then at the end of the semester you should have zero meals left and should not be taking a lot of money your pocket either."

The new swipe plan is called the meal exchange and each station in the student center establishes what would be a meal

equivalent. According to Nagy, a meal swipe in the student center at the pizza station would be two slices of pizza, a salad, a piece of fruit, chips and a fountain beverage or 20 ounce bottle of Dasani water.

TO SEE OTHER
ARAMARK CHANGES,
SEE PAGE 3.

Nagy recommends if people are only a little hungry they grab a smaller meal at the student center, but if they are very hungry then they should head over to McGill Commons where it is still all you can eat after you swipe in.

Molly Chamberlain, District

Marketing Manager for Aramark would like to see students put their meal plans to full use.

"We're hoping students catch onto this quickly and take advantage of the fact they can swipe for meals in two locations on campus," Chamberlain said.

Chamberlain said in addition to giving students the opportunity to swipe for meals in the student center, Aramark has also made a number of changes.

"We have a brand new management team in place, so we're really excited to create a new image here on campus and to build relationships with the students," Chamberlain said.

The center island in the student center has also been taken out in order to open up space. There are also four cash registers

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President Search Continues

LAUREN GARCIA
ASSISTANT NEWS EDITOR

Just as the nation is preparing for a presidential election, the University is in the process of finding a new president to take the place of President Gaffney who will be retiring in June 2013.

Following President Gaffney's announcement of his plan to retire last semester, the University established a search committee to find the best candidate to lead the school toward the future it deserves.

Dr. Grey Dimenna, Vice President and General Counsel, is responsible for the staff work of the Presidential Search Committee, a 16-person search committee. According to Dimenna, several

steps have already been taken to prepare for the choosing of a new president. Of these steps, one is a Leadership Statement, which can be viewed on the University website.

"The search committee developed a leadership statement, which is a document that tells potential candidates about the University, what the challenges facing the new president will be, and what the characteristics in a president the University is searching for," said Dimenna.

The Leadership Statement, which was first drafted by Dimenna and later incorporated input from the Board of Trustees, the President's Cabinet and

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See how you can start the new academic year off on the right foot.

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Entertainment

Musical artists Train and Jackson Browne performed at the MAC over the summer.

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Club & Greek

Read about the Outdoors Club's summer trip to Tennessee.

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Welcome from the President



Dear Hawks:

Welcome back to class. This was my tenth summer at Monmouth and by far the busiest; not just for me but for the many staff, administrators and faculty who worked here over the last three months. From simple improvements to drainage in a few areas and brighter lights around Wilson Hall, to the newly constructed Rechnitz Hall (Art Building), to a new Trading Room in the Business School, to new ARAMARK dining options, and many more improvements, we continue to make the campus something about which to be proud.

We are in the final throes of opening graduate classes in the Monmouth Park Corporate Center, just less than two miles away. Psychological Counseling will open there this year and the new Physician’s Assistant program next year. This is big step for us. It also gives us a bit more elbow room on the main campus.

You will see changes in Howard Hall: a new home for Psychology. Expect continual changes this year to the labs in Edison Hall.

We have a full, new first-year class and several hundred transfer students. This is a terrific new class. I’ve met many of our new students and they are confident, from diverse backgrounds, and highly qualified.

The Olympics were a feature of summer TV. You saw Monmouth Alumna, Christie Rampone, compete in her 4th Olympics and win her 3rd gold medal. Athletic energy is contagious, I think. You will see Olympic-like spirit in our fall sports program. I hope to see you at Kessler Field and/or on the Great Lawn supporting our teams.

So it’s back to work, renewing friendships, making progress towards career success and getting involved with the University that you comprise.

Welcome back. As you start/re-start, take a moment feel great about yourselves. Take care of each other.

Sincerely,

Paul G. Gaffney II
President

VP Student Services

To the newest members of the Monmouth University community - the Class of 2016 - and to our new transfer students, a hearty welcome. To all our returning students, welcome back! It’s great to have you with us again. I hope your summer was productive and fun and you are now ready for an outstanding year here at Monmouth.

As in the past, the University has undertaken a number of projects this summer to improve your experience as a student. First and foremost, you will notice a new food service facility in the Stafford Student Center - Raising Cane’s. This chicken finger concept will be open six days a week to satisfy your hunger for chicken fingers. Stop by and see this cool new dining option. Java City has moved to the Plangere Center in a newly renovated space and will be open six days a week. I am happy to report that the Joan and Robert Rechnitz Hall Art Building is nearing completion. Also, a financial service trading room has been built in Bey Hall in support of the Leon Hess Business School. In addition, Oakwood Hall has been renovated. It has been a busy summer!

Related to our new food service facilities are some major changes to our meal plans. Students with meal plans may now use a meal swipe in the Stafford Center Food Court during breakfast, lunch and dinner. Meal options for this swipe will be available at every station to provide you with many choices. A new ARAMARK management team is in place, and I know you will be pleased with the dining changes.

You will also find a wealth of opportunities to get involved in the life of the campus. New clubs will welcome your participation and the Greek life system is always looking for strong students who want to form a common bond. Come out and cheer all the student-athletes who represent you and the University so well. Take advantage of the outstanding performing arts, theatre and film schedules. All of this is here for you – but you must choose to take advantage of them.

I want you to be challenged by your experience here. I want you to take care of yourself and take care of others. Commit yourself to being the best student and member of this community that you can be. Challenge yourself to be open to new opportunities. Get to know new people and appreciate the unique experiences and talents that we all bring to this community. Most importantly, contribute in whatever way you can to make Monmouth the best campus it can be.

We are all here to help you, to support you, to cheer you on and to challenge you to be the best. Please do not hesitate to contact us at anytime. Again, welcome to campus!



Sincerely,

Mary Anne Nagy

Vice President for Student and
Community Services

Art Building Awaiting Reveal

Art Building continued from pg. 1

the old.

“The new art building will be a huge asset both to the students and to the faculty. Students will have more space, more equipment, and better access to the gallery, lecture rooms and state of the art equipment. The flow of the curriculum, acoustics, lighting, space and flexibility of the studios will all be improvements in the new building,” said Pat Cresson, Department of Art and Design, Departmental CAP.

The process of selecting art for the new gallery will be similar to that of the previous building. It will include decisions from the department, Gallery Committee and Gallery Director as well as others. Art and Design students, faculty and any outside artists can all apply to have their work displayed in the building.

Though the Joan and Robert Rechnitz Hall Art Building may not open for another few months, students can look forward to an improved experience once the building opens for classes.

These many enhancements include spaces designated primarily for computer animation and motion graphics classes, according to John-



PHOTO COURTESY of Blaze Nowara

Robert and Joan Rechnitz , shown above, are the donors for the new art building.

ston.

He also says that the new art building will include places for students to record sound, set up and record video for motion graphic projects.

“The elegance and flexibility of the new galleries, lecture halls, studios and labs will enrich everyone’s experience. It will draw

more important exhibits and better house our collections and make them available to all on campus. Although we have sentimental feelings about the old beloved art build-

ing, we can’t wait to get into the new facility,” said Cresson.

The building is going to be an addition to the already growing campus with other building remodels having taken place over the past few years like Edison and Elmwood Hall on the residential side of campus.

“This amazingly generous donation by Joan and Robert Rechnitz will greatly enhance student learning at the University. With the expanded gallery we can bring exhibits previously not possible, thanks to increased space and security, elevating the gallery to a better teaching resource,” said Andrew Cohen, Art and Design Chair. “We are extremely grateful for this gift,” he said.

“My opinion, and this is only my opinion, is that the building has to work as designed for its occupants and visitors and it has to add to the beauty of the campus. It is going to be part of the campus for a long time. I think this building will do that and more,” said Cornero.

For those who cannot wait for the official arrival of the new building, there is a video of the current construction process that can be found on the University’s website www.monmouth.edu/resources/campus_planning/artbuilding.asp.

Aramark Brings Several Improvements to Campus

BRETT BODNER
EDITOR-IN-CHIEF

JACKLYN KOUEFATI
MANAGING EDITOR

Adding meal swipes wasn’t the only dining change which occurred on campus over the summer. The University and ARAMARK have brought forth new attitudes and new food to campus.

One of the first moves was Java City going from its location in the student center to the Plangere Center in place of Einstein Bros Bagels. Not all students are happy about the move.

“I personally dislike the change,” said Lisa Syphiewski, a junior student. “I loved Einstein’s and I think it had more to offer than Java City does.”

Vice President for Student and Community Services Mary Anne Nagy felt it was time for a change, as she noticed there was an annual drop in revenue and customers at Einstein’s.

“I know people had a real affinity for Einstein’s, but I think brands have cycles and I think we were out of that cycle,” Nagy said. “There used to be Einstein Bagels all around this area outside of the University and now there are none because it didn’t have the stability of a place like a McDonald’s or Wendy’s.”

With the Einstein’s franchise leaving, the University decided to bring in the Raising Cane’s Chicken Fingers franchise.

“We knew we wanted to put in some sort of a franchise concept, chicken being the lead because in surveys chicken is big here,” Nagy said. “Seeing Einstein’s was going down we moved Java and retook that area to make it Raising Cane’s and I think in the long run it’s going to be a great decision.”

Raising Cane’s had its grand opening on September 4 and celebrated by giving out free chicken to all students who were in attendance. There was also a soft opening on September 3, where faculty members were invited to test out the product so they can see how



PHOTO COURTESY of Blaze Nowara

Raising Cane’s is the new eatery on campus that can be found in the Rebecca Stafford Student Center where Java City once was.

the staff would react, how quickly they are getting product out.

“I’ve had the product, I think it’s a great product and I’ve been down there every day to talk to people to say what do you think and from what I hear is that people really like it,” Nagy said.

Over 500 portions of free lemonade were given out as samples at Saturday’s football game in order to promote the product.

Java City and Raising Cane’s will both be open six days a week, including Saturday. This gives students on campus more options for places to eat at, besides just the residential dining facility. It also allows students who have Saturday class to have the opportunity to pick up a coffee or a pastry from Java City before their class.

For night time dining, Shadow’s is now open seven days a week. Shadow’s is also composed of a brand new team of chefs, more workers and a new retail person. According to Nagy, it is the University’s goal to cut back on the waiting time of students looking to eat and to also deliver them a fresher product.

This change can even be felt in the McGill Commons dining hall. There is a completely new Aramark team on staff, which Nagy refers to as a refocused team.

“I think it is a team that gets that it is about the students and it’s about freshness, being friendly, and making it for you as much as we can,” Nagy said. “No longer are you seeing big pans of pasta, but instead pasta is being put into an individual dish and fresh parsley and parmesan cheese being put on it right there instead of slop.”

Aramark is also trying to be more active online. Students can now like their Facebook page which is called “MU Dining” and they have a website, which is www.monmouth.campusdish.com.

According to Molly Chamberlain, District Marketing Manager for Aramark, students will be able to stay in the loop more.

“Students will have the opportunity to go more in depth on our website and they will be able to see what is being served in the dining hall at that time,” Chamberlain said.

Many food changes have been put in place for this academic year, and Nagy has high hopes for all of them.

“Every day I focus on food service in some fashion because it is important and we’ve had a lot of blips and I’m very confident you will not see those blips in the future,” Nagy said.

University Mourns Loss of Art Student

BRETT BODNER
EDITOR-IN-CHIEF



PHOTO COURTESY of Facebook

Paul Chrzaszcz will be dearly missed by many.

The University lost some of its sunshine over the summer, as senior Paul M. Chrzaszcz died in a tragic drowning accident on June 19.

According to an article in The Star Ledger, Chrzaszcz and a friend were in a boat on Cheesequake Creek when they dropped a trolling motor into the water. He then returned the next day and went into the creek to retrieve the motor and authorities said he never resurfaced.

Chrzaszcz was a commuter student from South Amboy and an Art and Design major. He also worked as a fireman for the Mechanicville Hose Co. in South Amboy and the Melrose Hose Co. in Sayreville.

Art Professor Vincent Dimattio was very close with Chrzaszcz and said in all his years of teaching, he was one of the most caring young people he ever worked with.

“His signature was that he was put on Earth to help as many people as he could,” Dimattio said. “He cared about everybody, was always helpful, and was always there for people.”

Dimattio said Chrzaszcz was thinking of going to graduate school and was a man with many hobbies and interests. He was a fireman, a fisherman and a young artist.

“He was like a renaissance man-just interested in so many things and he had a unique way of involving himself with people,” Dimattio said.

John Zammit, who graduated in May, had known Chrzaszcz for all of his life as they both grew up together in South Amboy.

“I used to joke that with his smile and his great personality he could be the mayor one day,” said Zammit. “Paul was a role model and a great influence on others and had been giving the opportunity, he would have impacted our world in some shape or form in a way that only few can.”

Friends will remember Chrzaszcz for his work ethic and enthusiasm for life.

“Paul was such a hard worker and whenever he was around he was the life of the party, always so happy,” graduate student Alicia Leifken said. “He always took the time to stop and catch up, whether it is out one night or just a run-in at the student center, he was so interested and genuinely cared about what was going on in your life.”

“His glass half full approach to life was contagious,” said alumni Gene Henke. Paul made everyone around him a better person and it is a true shame what happened and that the world lost such a great person.”

Chrzaszcz loved being a part of the University and let others know just how he felt.

“We worked together in Pier Village and he got me so excited to begin at the University. He always spoke well of the school and I looked forward to seeing a familiar face on campus,” sophomore Alexis DeCarvalho said.

Chrzaszcz was born on February 16, 1988 and is survived by his parents Michael and Anne Chrzaszcz and his sister, Paige Chrzaszcz.

“It seems that there’s a trend amongst young people like Paul who pass,” DeCarvalho said. “Aside from the fact they are taken much too soon, their knowledge is unimaginable, their presence is extraordinary, and their smile remains unforgettable.”

Additional reporting for this story was done by Alyssa Gray and Jacklyn Kouefati.

“Green Machines”

Greenopolis Recycling Kiosks to Assist in a Recycling Effort on Campus

BRITTANY IRVINE
STAFF WRITER

The campus took one more step towards a greener initiative recently with the installation of two brand new recycling kiosks called the “Greenopolis Recycling Systems” in the Student Center and the MAC.

Not too long ago, the University was selected by *The Princeton Review* as a 2012 Green College.

According to the University’s website, “Monmouth University has contributed in many ways to making our planet greener and more environmentally friendly. We are committed to pursuing green initiatives on campus, and all of us here –from administrators to students – are active participants in this mission.”

The University community is able to approach a kiosk and immediately start recycling. The interface is simple to use and interact with. Not only is simplicity found in using the machine, but in spreading awareness about its presence on campus as well.

Vice President for Student Services, Mary Anne Nagy is optimistic about the new addition to an already energy and recycling efficient campus. “I think it is great for all of us to share in the responsibility of keeping our campus green,” she said.

When asked about the awareness of the machines to students, Nagy said that they were installed while most were away

from campus, but she has confidence that students will quickly learn and get behind their use.

The Recycling Kiosks have been provided by Waste Management and are in conjunction with Greenopolis. The machines located on campus have a simple concept, but still manage to pick up a couple of stares from across the room when in use.

“I walked into the cafeteria and watched some guy put a plastic

cal information questions.

According to the Greenopolis website, “Greenopolis pays you back for closing the loop by awarding points each time you use the... system to recycle, reuse, or conserve your personal resources.” Points earned can be redeemed for “discounts and coupons for entertainment, dining, travel, personal services and much more.”

According to the Greenopolis website, “it only takes 100 points to earn a reward for eligible activities.”

Outside of the machine itself, there are also opportunities to earn points towards rewards.

For example sharing experiences and ideas about recycling on Greenopolis.com.

“The concept is really cool, it’s a smart idea,” said Anna Chamberlain, a junior public relations/journalism major, “It promotes recycling and people will be less inclined to throw away their recyclables through the rewards, I hope it gets a bigger following.”

Feedback from the installation of the machines is met with positivity. “On an environmentally conscious campus like Monmouth, the response to the machines has been great,” said Swannack.

The machine accepts aluminum and plastic. It also encourages it’s users to “think green,” as written on the side of the machine itself.

With each machine being \$2,225 there are high hopes for the use of them in both locations.

“I think it is great for all of us to share in the responsibility of keeping our campus green.”

MARY ANNE NAGY
Vice President for Student Services

bottle into this big monster,” said Katie Meyer, a senior Communication TV/Radio major. “I didn’t know what it was at first.”

The recycling machines are located in the Rebecca Stafford Student Center and the MAC.

Patti Swannack, Vice President for Administrative Services, says that there are multiple ways to get involved with using the machines on campus. “Participation can be on an individual basis or can be used to fundraise for clubs, sororities or other groups.”

Taking steps towards becoming a more efficient individual has its advantages. Signing up for a rewards card either at a kiosk or online allows the individual to keep track of their recycling and earn more out of the experience. Simply enter an email, create a username and password and complete some demographi-



PHOTO COURTESY OF Blaze Nowara

Greenopolis Recycling Kiosks are easy to use. All one has to do is walk up to the machine and follow the simple onscreen directions.

For more information about the machines and Greenopolis, visit them in the MAC or Student Center. Also, visit <http://www.greenopolis.com>.

To find out more about the University’s green initiatives, visit <http://www.monmouth.edu/about/green>.

The Pursuit for President Presses On

President continued from pg. 1

the presidential search committee was formally adopted by the Board of Trustees in June and placed onto their website. The document includes lists of what challenges a new president will face and what characteristics are being sought in potential candidates.

According to the Leadership Statement, the challenges include: the future of the academic program, enrollment strategy, enhancement of financial resources, focus on student satisfaction and success, growth of alumni support, enhancing diversity, evolution of a University marketing strategy, meeting facility needs, strengthening community relationships, future use of Fort Monmouth, continuing development of the athletic program and partnering with an engaged board.

Characteristics that the Presidential Search Committee and the Board of Trustees believe to be most important, according to the Leadership Statement, are: dedication to the University’s academic and financial success; ethical, honest, open and fair with excellent interpersonal skills; outgoing, energetic, and confident; passionate in planning fundraisers; ability to connect with University community; genuine interest in students and their personal growth and development; decisive in contexts of listening, team building, ne-

gotiating, gaining consensus, and accountability; experience in academic environment; strategic and critical thinker with flexibility and creativity; insight on global issues; experience in leadership; financial acumen; skillful at recruiting and working with high-level talent; and a track record of networking in academic, corporate and governmental circles.

The University has contracted with a search consulting firm, Association of Governing Boards (AGBSearch), which is a nonprofit organization. The consultant is Ted Marchese, who had previously worked with the University in 2002-2003 for the search for President Gaffney. With the help of Marchese, the two co-chairs of the Search Committee, Dr. Marcia Sue Clever and Alfred J. Schiavetti, Jr., and Dimenna will be putting together an ad that will be published in several outlets that offer different higher education positions.

“The Chronicle of Higher Education is a weekly newspaper that deals with issues of higher education and people often advertise for positions in that paper,” said Dimenna of the publications they plan to advertise in. “There are other papers that focus on women, African Americans, and Hispanics and other minorities. We want to be sure we have a diverse pool of candidates.”

In addition to the Leadership Statement and the advertisements that will be published, the

search committee has sent out nominating letters to officials such as the governor, federal congressmen, senators, and local officials explaining that the University is in the process of searching for a new president and requesting that they recommend anyone whom they believe to be fit for the position, according to Dimenna.

Applications to apply for the new presidential position are due by the end of October to the beginning of November. The search committee will then narrow down the candidates to 10-15 people and interview them at an off campus location where the group will then be reduced again to three to four finalists. Those last few people will be required to meet with various groups on campus such as students, faculty, administration, alumni, and the Board. After receiving feedback, the Board of Trustees will make a final decision in February.

“This is a very confidential process,” Dimenna said. “People applying are in high profile positions and often, when they apply, they want to make sure their candidacy is confidential because often times they have not notified their employer. Their names are never released.”

Reviewing of applications begins on November 5 by the search committee. For more information, visit www.monmouth.edu/presidentialsearch.

Meal Plan Swipes

Meal Swipes continued from pg. 1

in there now, with one completely devoted to meal swipes. According to Nagy, these changes were made so that their students would not have to wait in line for long periods of time in order to get their food.

In addition to this year’s changes for the meal swipes, the plan in place for the entire dining area in the student center

both locations.

Junior Mike Migliaro is a commuter student who thinks having meal swipes available in the student center will be a great thing. “It gives everyone the option to get food from the Student Center or Dining Hall and it will give commuters a great reason to purchase a meal plan,” said Migliaro.

Every year, there are cost increases on certain food items and this year is not any different.

“It gives everyone the option to get food from the Student Center or Dining Hall and it will give commuters a great reason to purchase a meal plan.”

MIKE MIGLIARO
Junior

is to get it redone next summer. Nagy said they will be going for a sleek modern look with new chairs, tables, floors, paint and a brand new food court.

While there are plans for next summer, the effects of this summer’s changes were noticed on the first day of classes. According to Nagy, there were 300 meals swiped in the student center last Tuesday and the number increased up to 500 on Wednesday.

She is hoping as students get more used to it, they will be balancing their meal plans between

Nagy approves a percentage increase.

“We know food costs go up every year because of the product itself and because of the labor associated with making that food item,” Nagy said. “Did prices go up? Yes. Was it because of the meal exchange? No.”

Nagy added it is very possible meal swipes could be expanded into other dining areas like Raising Cane’s in the future.

“It’s something we will definitely be looking at, but we need to get students into the habit of using it this way first,” Nagy said.



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ATTENTION STUDENTS
The ORR would like to take the opportunity to welcome you back to campus...
Welcome Back!!
At this time, we would also like to recommend that you begin to consider how you will finish your academic career here at Monmouth University.
In order to be on target to complete your degree requirements and graduate, the ORR urges you to apply for graduation no later than 1 year prior to your anticipated graduation date. By applying early, this affords you the opportunity to receive an official degree audit from the Registrar's Office indicating if you are 'anticipated complete' with your registered courses. If you are not 'anticipated complete', having this additional time allows you the opportunity to register for any additional required courses or requirements.
Good luck with your coursework this semester!
PLEASE TAKE NOTE OF THESE IMPORTANT DATES FOR THE JANUARY 2013 GRADUATION:
 **November 1st, 2012:** Deadline to submit Graduation Applications through e-FORM's
 **November 15th, 2012:** Deadline to submit any additional e-FORM's requests (i.e. Substitutions, Waivers, Declare/Remove Minor, etc.)
Please note: e-FORM requests received after the deadline dates will not be processed

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WHERE LEADERS LOOK *forward*

Bursar Office

Welcome all new and returning Students!

The Bursar’s staff is available to assist you and your parents with your student account. If you have any questions, you may reach us at 732-571-3454 or email us at Bursar@monmouth.edu. We are located on the first floor of Wilson Hall, Room 110. Our hours of operation are Monday-Friday 8:45 am - 5 pm

Please note that in order to speak about a Student’s account, with anyone other than the student, a FERPA release e-FORM must be completed on your WebAdvisor. FERPA is a federal law that protects the privacy of student’s financial/educational records.

Visit our web page for all Bursar information, including our Frequently Asked Questions section. You may also want to familiarize yourself with our Withdrawal Refund Policy.

Please note these additional services that you can access 24hours/7days a week from your own computer.

- You can view your account online as follows:
 - o www.monmouth.edu
 - o WebStudent
 - o Account Summary
- You can also pay your account online by electronic check, credit card or savings account by:
 - o Logging into your WebAdvisor account and selecting “Account Summary”. If you have a balance due, a button will appear at the bottom of the screen to allow you to make an online payment.

Please be advised that it may take up to one business day for a payment made over the web to be posted to your student account. Therefore, please allow 24 hours for your transaction to be posted.

Have a wonderful year!!!!

Office of Equity and Diversity

Students:

The Office of Equity and Diversity welcomes all new and returning students. Monmouth University provides equal opportunity to all students and employees.

Our office monitors the University’s compliance with laws and regulations regarding Affirmative Action, Equal Opportunity, and Title IX of the Educational Amendments of 1972. Employees and students have a right not to be discriminated against because of race, color, religion, national origin, ancestry, age, gender, marital status, affectional or sexual orientation, atypical hereditary cellular or blood trait, liability for service in the Armed Forces of the United States, disability, or status as a disabled veteran of the Vietnam era. Monmouth University has appointed Julian R. Williams, Esq., Director of the Office of Equity and Diversity, as the ADA/504 and Title IX Coordinator.

Our web site can be found at <http://www.monmouth.edu/OED>. A copy of the procedure for filing complaints of discrimination/sexual harassment can be obtained from our office or <http://www.monmouth.edu/resources/HR/OED/harass.asp>. Any member of the Monmouth University community may report incidents of discrimination/sexual harassment to the offices listed below.

Julian R. Williams, Esq. Director of the Office of Equity and Diversity	Wilson Hall Room 304 (732) 571-7577
Mrs. Patricia Swannack Vice President for Administrative Services	Facilities Management (732) 571-3546
Mrs. Mary Anne Nagy Vice President for Student Services	Student Center Room 207 (732) 571-3417
Dr. Thomas Pearson Provost/Vice President for Academic Affairs	Wilson Hall Room 211 (732) 571-3405

First Year Advising

Welcome Class of 2016!

The First Year Advising Office is pleased to welcome you to Monmouth University. We hope that you are excited to embark on this amazing journey to realize and reach your academic, personal, and career goals. Our office is committed to assisting first-year students make a successful transition to college. The faculty academic advisors work one-on-one with students to customize a program that works best for each student, while helping make vital connections between life, academic, and career planning. Students are always welcome to stop by the First Year Advising Office with any questions, concerns, or for guidance. We hope to see you all soon, and good luck with your Fall semester!

The First Year Advising Office
Center for Student Success
Lower Level of the Student Center

Pep Band

The Monmouth University Pep Band (The Big Sound of the Jersey Shore), would like to welcome back all returning students and welcome all Freshmen and transfer students to our beautiful University. The MU Pep Band is always looking for additional members. If you play flute, clarinet, saxophone, trumpet, mellophone, baritone, trombone or tuba, we want you!

Contact Professor Bryan Jenner, Director of Pep Band & Instrumental Ensembles at bjenner@monmouth.edu for more information, or call ext. 4747 (on campus). You may also apply to become a part of the band from the apply button on the bands webpage, www.monmouthpepband.org

Hawk TV

Dear Monmouth University,

The Hawk TV staff and I would first like to welcome you all back to school, and I hope that all of your summers were exciting and full of adventure! Or, like many students you may have spent every day of your summer on the grind working every day, and are utterly ecstatic to be back around friends and not being a slave to your boss! Regardless, I want to take this time to invite you to come and check out Hawk TV on the first floor of Plangere. Our doors are always open, as are our arms, because we like new friends!

It doesn’t matter about your skill set; you don’t even have to be a Communication major. Whether you’re into sports, news, comedy, music, technology or just simply like being creative you are always welcome to come and be a part of what we do here. Two of our bigger productions you can look forward to within the first couple months of school are Rock and Register, an event covering voting registration, and our Homecoming game pre-show.

Look out for us around campus at promotional events, where you can talk to us in person and get any more information on the club. Our meetings are at 3:30pm on Wednesdays, and those interested are always welcomed to just show up. We are always looking for new faces, and we hope to see yours soon!

Sincerely,
Chris Down – Hawk TV Station Manager
Hawk TV Staff

Counseling and Psychological Services

Welcome back! Whether you’re a first year student living away from home for the first time, or an upper-classman anxiously awaiting graduation, dynamic experiences will be part your life at Monmouth this year. These times can be exciting but sometimes stressful, scary, and/or confusing. If you or one of your friends needs help, there are many members of the campus community you can turn to. Just say something.

Counseling and Psychological Services is a good place to start. The staff in CPS is here to help. Located on the 3rd floor of the Student Center, the office is open Monday to Friday from 9 am until 5 pm with additional hours on Tuesday and Wednesday evenings until 7 pm. Stop by or give us a call at 732.571.7517 or email us at mucps@monmouth.edu . Good luck this semester!

Tutoring and Writing Services

Tutoring and Writing Services would like to welcome all new and returning students to Monmouth University. Located in the Center for Student Success, this department provides free, personalized academic assistance to all students at the University. Students are able to review course material, develop skills, and ask questions in a friendly, informal environment in one-on-one and group tutoring sessions . Please feel free to call, write, or drop by with any questions. Best wishes for a successful academic year!

Sincerely,

Dorothy M. Cleary
Director, Tutoring and Writing Services

Neva Pontoriero
Assistant Director of Writing Services and Supplemental Instruction

On-Campus Employment/ Federal Work-Study

A reminder to all students and supervisors: no student can begin working without completing employment paperwork and filing a FAFSA (Free Application for Federal Student Aid) for the new academic year!

The Student Employment Office has open hours for students to complete and update all paperwork. Open hours are: Monday 9:00 – 11:00, Tuesday 12:00 – 1:00, Wednesday 2:15 – 4:15. Thursday 1:00 – 3:00 and Fridays 11:00 – 1:00. Open hours will be held in the Student Employment Office, First Floor. For more information visit: www.monmouth.edu/student_employment

As always, an alternate appointment can be made by calling 732-263-5706.

Department of Music and Theatre

Welcome to the Monmouth University Performing Arts productions!

As you plan your activities for the upcoming year, be sure to include the outstanding plays and music presentations from the Department of Music and Theatre. We are pleased to announce four new performances this year you won’t want to miss:

The first production is an outrageous comedy, *The Foreigner* by Larry Shue. Directed by Theatre Arts director Dr. John J. Burke, a group of local residents in backwoods Georgia encounter a “foreigner”, a man who (they think) does not speak or understand English. *The Foreigner* won two Obie (Off-Broadway) awards and two Outer Critics awards, including Best New American Play. The *New Yorker* magazine said, “I laughed from start to finish.” Don’t miss the hilarity, running November 8 – 11, and 14 – 17 at Woods Theatre.

The holiday season brings a return of the annual concert by the University’s choirs, bands, orchestra, and combined community choir and hand bell choir, under the direction of Dr. David Tripold, Professor Michael Gillette, and Maggie Tripold. “Holiday Joy” will be held in the main lobby of Wilson Hall, surrounded by lighted trees and holiday themed decorations, on December 6 at 7:30 pm.

Spring will bring two musical attractions: a brand new musical version of Shakespeare’s zany comedy “*Twelfth Night*” and the concert “*Giants of the Baroque*.” “*Twelfth Night*” combines high comedy with some of the subtlest poetry and beautiful songs Shakespeare ever wrote. It will feature original music by Professor George Wurzbach and be directed by Professor Nicole Ricciardi. “*Twelfth Night*” (or “*What You Will*”) will be presented in Woods Theatre on March 6 – 10 and 12 – 14, 2013.

“*Giants of the Baroque*” will feature three outstanding composers of the 18th century music world, the High Baroque Period. Under the direction of Professor Ron Frangipane and Dr. David Tripold, the music will feature *Orchestra Suite #2 in B-minor* and the *Double Violin Concerto in D minor* by Bach, *Antonio Vivaldi’s Gloria*, and arias by Handel. The concert will be presented in Pollak Theatre on April 18, 2013.

You can also get to see and hear our fabulous Chamber Choir and Pep Band at the Open House at the Woods Theatre on Oct. 7th. They will also be at the Founders’ Day celebration on Oct. 10th.

We hope to see you at these exciting arts events, to experience live performances, featuring your classmates and friends in the beautiful arts venues here at Monmouth University.

A special note to all Music/Theatre majors, minors, and interested students: There is a mandatory meeting at Woods theatre on Tuesday, September 18 from 7 – 9 pm at which we will share important information about how to participate in any or all of our exciting presentations this year!

David Tripold, Ph.D. department chair
John J. Burke, Ph.D director of theatre arts

Student Alumni Association

The Student Alumni Association (SAA) welcomes all students, new and continuing, back to campus! If you’re looking to be a part of an on-campus group that will continue to benefit you even after you graduate, join SAA! SAA provides a link between current students and alumni through various campus events and activities. E-mail alumni@monmouth.edu for more information and to receive our fall meeting schedule.

Study Abroad

The Study Abroad Office welcomes all new and returning students. Our office makes it easy to participate in one of Monmouth University's semester or summer study abroad programs. You will live and learn with other Monmouth University students and students from other colleges and universities located in America and around the globe.

Welcome back spring and summer 2012 students!

England:. Nicole Calascibetta, Matthew Carmel, Jacob Cohn, Shawn Diamond, Jennifer Diggins, Alexis Fox, Ryan Gilbert, Michael Hamilton, Amanda Howson, Meghan Hughes, Jason Kane, Melanie Martinez, Hannah Rang, Kathryn Riordan, Melisa Safchinsky, Matthew Scala, Andrew Sklover, Hannah Tichansky, Katherine Wells

Australia: Janine Averbach, Noelle Downing, Katherine Gibson, Brendan Mallon, Jason Weir

Italy: Vanessa Amaturio, Ali Askinas, Raymond Bogan, Amy Borgstrom, Jenna Casaletto, Kimberley Cellitti, Kaelyn Crede, Dina DeFabrizio, Samantha DeMarco, Christina DiBartolo, Laina DiMento, Christina DiPrisco, Taylor Dominguez, Kristina Estupinan, Genevieve Fasano, Cassandra Fortunato, Brittan Fuentes, Nicole Fullerton, Caitlin Hartie, Amanda Henry, Kristen Ingegnere, Jacklyn Kouefati, Brenda Lobb, Jessica Mazza, Evan Mydlowski, Alexis Orlacchio, Sarah Oseroff, Christina Rea, Leah Russo, Jared Slaweski, Lisa Sypniewski, Ariana Tepedino, Megan Van Tine, Dylan Wadler, Carolyn Walker, Brittany Wallace

CCIS: Italy: Lauren Halton, Samantha Pron, Felicia Taormina, Brooke Verdiglione, Gia Viggiano; France: Megan Holt; Ireland: Jaclyn Nathan

Good luck fall 2012 students!

Australia: Sinead Friel, Kerrin Haganey, Rachel Hamm, Rebecca Leitt

England: Alexandra Appolonia, Jillian Bender, Jessica Bogert, Kelly Cherry, Rachel Connors, Kelsey Currie, Gavin Gatta, Brittany Godburn, Jessica Gordon, Amanda Gruber, Nicholas Jobes, Lauren Lambert, Shauna McArdle, Elisabeth Medino, Vanessa Mielke, Lauren Pharaoh, Stephen Rogers, Michael Rosas, Alyssa Santopadre, Erin Smith, Brielle Sneed, Kaleigh Soles


Italy: Nicole Adamusik, Bianca Boniello, Vanessa Campo, William Carrigan, Angela Ciroalo, Eileen Connair, Juliana DePazza, Nicole Gafanha, Louis Garbarini, Andrea Gonzalez, Jenna Inter-simone, Rachel Kenny, Lixanya Lucas, Erica McCann, Brooke McCarthy, Colleen Thomas, Taylor Wilson

CCIS: Spain: Ayla Yildiz

Saliba Sarsar, Ph.D. Associate Vice President for Global Initiatives Professor of Political Science	Chris A. Hirschler, Ph.D., MCHES Faculty Director, Study Abroad Assistant Professor, School of Nursing & Health Studies
--	--

Robyn Asaro
Asistant Director, Study Abroad
Study Abroad Office is located in the Student Center, 1st floor

CRIME BLOTTER



SIMPLE ASSAULT, HARASSMENT / STUDENT MISCONDUCT 9/5/12 - 12:00 PM ELMWOOD HALL	HARASSMENT 9/5/12 - 1:00 PM PIER VILLAGE	CRIMINAL MISCHIEF 9/5/12 - 11:38 PM BEECHWOOD HALL	CRIMINAL MISCHIEF 9/5/12 - 11:39 PM ELMWOOD HALL	CONSUMPTION OF ALCOHOL BY PULA/STUDENT MISCONDUCT 9/8/12 - 12:31 AM SPRUCE HALL	CONSUMPTION OF ALCOHOL BY PULA/STUDENT MISCONDUCT 9/8/12 - 1:28 AM WILLOW HALL	CONSUMPTION OF ALCOHOL BY PULA/STUDENT MISCONDUCT 9/8/12 - 4:17 AM WILLOW HALL	DOMESTIC VIOLENCE SIMPLE ASSAULT / CRIMINAL MISCHIEF 9/9/12 - 2:39 AM GREAT LAWN APARTMENTS	CONSUMPTION OF ALCOHOL BY PULA/STUDENT MISCONDUCT 9/8/12 - 10:40 PM CEDAR HALL
WED.	THURS.	FRI.	SAT.	SUN.	MON.	TUES.	9/5 - 9/11	

Human Resources

Use Your Federal Work Study Award to Work on or off Campus!

Dear Students,

Welcome to Fall 2012!

What is Federal Work Study all about?

Using the Federal Work Study award in your financial aid package enables you to earn extra money while gaining a variety of job experiences that can be added to your resume! Each year over 80 on-campus departments hire student employees and over 35 community service agencies participate in Monmouth’s Federal Work Study Program. You may choose to work either on- or off-campus.

Last year over 890 students chose to work on campus where students obtained references, made a difference and had fun! Almost every department at Monmouth hires students and preferential hiring is given to FWS award holders. Some popular jobs include: Phon-a-thon associates, Athletic game management workers, desk assistants in Residential Life, and lab assistants for Information Support and Computer Science and Software Engineering.

Most jobs pay between \$7.50 and \$10.00. A bi-weekly paycheck is earned and we do offer direct deposit!

What is Federal Work Study and how does it affect me?

Having a Federal Work Study Award makes a student eligible for a student job before anyone else. All jobs are paid based upon job description, however the department where the student works only has to pay 25% of the hourly wage and the Federal government funds the rest. Therefore, it is much less expensive for departments to hire a FWS student rather than someone without a FWS award.

Where can I work off-campus through the Federal Work Study program?

Over fifty students chose to work at off-campus community service agencies last year. The interaction with future employers really makes a difference. Many of the students are social work, education, psychology and criminal justice majors and find working off-campus rewarding. The positions range from one-on-one tutoring and mentoring to office jobs to working with animals. Agencies that are looking to hire students this fall include the Family Based Services, YMCA, Monmouth Cares, SPCA, Family & Children Services, America Reads tutoring at local elementary schools and many, many more. If students are interested in using their FWS award to work at other agencies, the Student Employment Office is able to do an outreach for the student!

What other benefits does Federal Work Study employment offer?

Additional rewards of working through the Federal Work Study program include meeting and working with faculty and staff, meeting other students and participating in Student Employee Appreciation Week. A week in April is dedicated to students and give-a-ways. This past April 2012, over \$11,000 in prizes were given away to students from over 70 area businesses.

If you are still not convinced about using your Federal Work Study award, ask a student who is currently working and what they do or stop by the Office of Student Employment. Please ask to speak with Michele Lassen at 732-571-3560 or Rose Chasey 732-263-5706. We hope to speak with you soon. Please note that our office is located on the First Floor of the Rebecca Stafford Student Center.

All The Best This Year,

Aimee Parks
www.monmouth.edu/student_employment

Student Activities Board

Welcome Back on behalf of The Office of Student Activities and Student Center Operations. We have planned some great activities for you this semester in conjunction with the Student Activities Board. Make sure you get your Fall 2012 Events Calendar for a full list of what’s going on around campus. Feel free to stop by the office to learn about all the ways to get involved on campus. We hope that you join us in starting this year off with some high energy FUN at the Involvement Fair on September 19th!

Monmouth University Library

Dear Students:

Welcome Class of 2016 and welcome back to all returning students!

We invite you to come and visit the Library and get more out of your college experience. The library is located on the North side of campus, next to the residence halls. Commuter and visitor parking are located in Lot 6 for your convenience.

We continue to add to our collections and improve study areas and computer/laptop access. Our catalog and databases are now searchable via your mobile devices. In addition, you have access to 1.8 billion records of 10,000 libraries from 150 nations of the world through your smart phones. Our librarians and staff are here to help you with your research needs.

Our Research LibGuides provide you with a quick start on your research assignments. LibGuides for each academic department link you to the best resources for your discipline. A newly created Library Orientation guide introduces our library resources and services at <http://guides.monmouth.edu>.

Library hours: Monday – Thursday 8am – midnight, Friday 8am – 6pm, Saturday 9am – 5pm, and Sunday noon – midnight. Assistance with your research is just a call away to our reference librarians at (732) 571-3438 or you can contact us by email at reference@monmouth.edu.

We are all here to help you with your research assignments and offer you a comfortable place to study. Our best wishes for a great academic year!

R. N. Sharma, Ph.D.
Dean of the Library

Model UN

The Monmouth Model UN Team as run by Global Service Project would like to welcome all of its previous members and all of those interested in participating in Model UN back to Monmouth.

This coming year is looking very exciting with the Model UN team continuing fundraising efforts that are aimed at having the team participate in both the National Model UN conference in New York City and the Rome Model UN conference in Italy in the spring semester of this year.

An update will be given at the club’s first meeting relating to how fundraising efforts undertaken in the summer have gone, what plans for continued fundraising will be pursued in the fall semester, and the upcoming training and preparation for this year’s conferences. Any and all students are welcome to attend the first meeting which will take place on Friday September 7th.

Details on the exact time and place will be emailed to previous club members when confirmed. If any student is interested and also wants to be emailed details on the time and place of the first meeting please email the club President, Aziz Mama, at s0711896@monmouth.edu.

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OUTLOOK

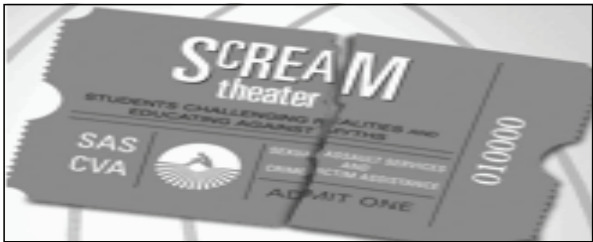


STOP BY THE PLANGERE COMMUNICATION CENTER
VISIT US IN ROOM 260

General Meetings: Monday @ 7:30

phone: 732-571-3481
fax: 732-263-5151
email: outlook@monmouth.edu
outlookads@monmouth.edu

SCREAM THEATER



Students Challenging Reality and Educating Against Myths

Wednesday, September 19, 2012
8pm-9:00pm
WILSON AUDITORIUM

This interactive theater program on interpersonal violence educates students and initiates dialogue about issues of interpersonal violence, sexual assault, dating violence, same-sex violence, stalking, bullying, and peer harassment.

Created and performed by Rutgers University students.

Coordinated in collaboration with Counseling and Psychological Services, Transitions and Leadership Program and Residential Life.

For special accommodations, please contact us prior to event at 732-571-7517 or mucounseling@monmouth.edu

First Year Transitions

Mondays 3:00pm – 4:00pm
(Starts, Sept 17th)

You may be away from home but you are not alone. College is tough. Meet others and learn how to switch gears from high school to college life.

Grief and Bereavement

Tuesdays 4:00pm – 5:00pm
(Starts Sept 24th)

Whether it was a big, little, sudden, or expected loss, you are welcomed in this atmosphere of support to process, grow, and learn.

Leading Under Pressure

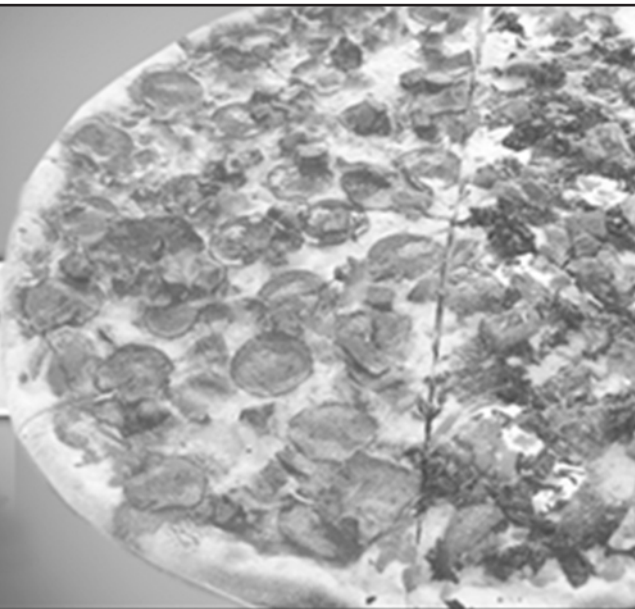
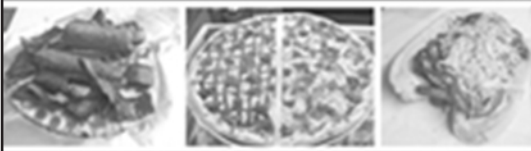
Thursdays 3:00pm – 4:00pm
(Starts Sept 24th)

Being a student is hard; being a leader is even harder. Join other student leaders in addressing burn-out, stress, and perfectionism.

***Discussion groups meet regularly throughout the semester when University is open.**

****For special accommodations or questions, please contact us at 732.571.7517 prior to the program/group ****

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Monmouth University
400 Cedar Ave
West Long Branch, NJ 07764

WEB: <http://outlook.monmouth.edu>
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ADS E-MAIL: outlookads@monmouth.edu

Outlook masthead designed by Kimberly Lynn Mallen
Back page sports logo designed by Nick Hernandez

Challenge Accepted

BRETT BODNER
EDITOR-IN-CHIEF

As the days are getting shorter, the weather getting cooler, and the leaves beginning to change, a new academic year is upon us. With the start of the new semester comes the promise of a fresh start and new challenges.

General George S. Patton once said "Accept the challenges so that you may feel the exhilaration of victory." It is this feeling of success and accomplishment that we all try to reach.

Challenges are faced by everyone--from a first year student all the way to the University's administration.

Each year, the University challenges itself to be the best university it can be. Whether it's making meal swipes available in more buildings for students or completely remodeling academic buildings, the administration is always striving to be better.

This year is going to be President Gaffney's last as president of the University, and now the administration has the challenge of finding a replacement to fill the big shoes he is going to leave behind.

The class of 2012 has to overcome the challenge of succeeding in their respective fields and beginning the next chapter of their lives, as the class of 2013 most likely does not want this current chapter to end.

I know I'm not ready for college to end, so instead I'll embrace the

tests and challenges that will come my way in my senior year.

The biggest of these challenges is, without a doubt, taking over as Editor-In-Chief of The Outlook. It's going to be a very big task but it is one I'm not afraid of.

I had the pleasure of working alongside previous Editor-In-Chief, Gina Columbus, who accomplished much in her two years as the boss. The Outlook won first place with special merit from the ACPA, rarely had any front page mistakes, and she brought the staff together like no one has before.

Running *The Outlook* is going to be no easy task, but with a strong support system, I have full faith in myself and the ability of my staff.

In May, she passed the torch on to me, leaving me with the task to build on what she had created, while also leaving behind my own legacy.

With this in mind, I have challenged myself and my staff to continue working at making The Outlook better than it has ever been before. We want to keep bringing the University interesting content which faculty and students will want to check out every Wednesday when The Outlook is released.

I want to continue to experiment with the front and back page and see what different kinds of things

we can do from a design perspective. The previous two editors both had their own unique style in doing things and I believe I too will find my own style after the first couple of weeks.

We are also looking to continue to build our website and develop even more of an online presence through Facebook and Twitter.

Running The Outlook is going to be no easy task, but with a strong support system around me I have full faith in myself and the ability of those around me. We have a great advisor in Professor

John Morano, a wonderful office assistant in Sandy Brown, and an outstanding e-board staff. Knowing all of this makes me feel a lot more at ease with this transition.

Something else I want to make known is that the doors to our office are always open (well most of the time). We encourage

anyone who is interested in joining a part of The Outlook to pop in and become a part of our staff. Again, if you have an interest in writing please stop by, send an e-mail over, or even call the office.

George Carlin once said "The only A's I got in school was their attention, their approval, their admiration, their approbation, and their applause and those were the only A's I wanted and I got them."

My staff and I hope to gain these same A's from all of you when all is said and done on the 2012-2013 academic year.



HOW TO SUBMIT ARTICLES OR LETTERS

The Outlook provides the Monmouth University community with information concerning issues in and around the University while serving as a forum for expression of the ideas of its readers.

Contributions must be submitted (email outlook@monmouth.edu) by 12:00 p.m. Sundays to The Outlook office, 2nd floor, room 260, Plangere Center.

All copy must include the author's full name and contact information. The Outlook accepts articles and graphic material from students, faculty and administrators, and reserves the right to edit or reject any material which they determine is not suitable for publication or its readers. Copy and advertising appearing in The Outlook do not necessarily reflect the views of Monmouth University or The Outlook.

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A First Year Student’s Guide to College

RACHEL GRAMUGLIA
STAFF WRITER

Why can’t the time period for back to school have more glamour, some more glitz? Everything can be cured with a little glitter. Glitter just isn’t for holidays, you know. It also doesn’t help that Billy Madison isn’t singing to us about going back to school, with our lunches packed up and our boots tied tight (I’m not ashamed that I know the lyrics). Whether we like it or not, it is time to get back on that academic grind.

But what if you are a freshman, new to the whole college experience? Well, being that I survived my first year of college, I’m pretty familiar with this song and dance. However, for the new froshies that are now on campus, there are quite a few things that people do not tell you for your first year in college:

Let us address the “Freshmen 15.” The whole concept, which everyone knows, is that the first year in college is when students are more prone to gain an extra 15 pounds; that, my new Monmouth loving newbies is NOT true. The “Freshmen 15” can happen during your sophomore, junior, and senior year. Just because you are a freshman, does not mean you gain an automatic 15 pounds. Unless you are eating insane amounts of mozzarella sticks (which will be spoken of later on) at 3:00 am, you probably won’t be gaining 15 pounds any time soon. Is it very easy to verge toward healthier

food? Only if you surround yourself by it. So be smart with what you eat and drink (wink).

Taking time out to venture by yourself or with friends is a great way to get to know the campus. Do not be afraid to explore and discover things on your own. Getting involved is another great way to meet people and make friends. Take advantage of the involvement fair and sign up for as many things as you want. The fair has everything from A to Z. Thanks to the involvement fair, I got involved with so many different organizations, and it allowed me to expand my horizons on campus. Being a part of clubs is always going to give you something to do and something to look forward to doing.

Make friends your fan and your bedroom window. Dorm rooms are hot and stuffy, which will then cause you to get all hot and bothered. When you are not in the room, keep the fan on medium-low, and let the air circulate the room. At night, make sure the fan is on the same setting, but keep the window open ever so slightly. This is a good system until the heat dies down before fall begins to set in and the temperatures get cooler. Waking up cranky and in a pit of sweat does not exactly say, “top o’ the mornin’ to ya!” Avoid the sweat, stay cool.

For the first weeks of school, leave your doors open. Having your doors open for the first few weeks gives you an opportunity to meet not only everyone on your floor but also every-

one in your building. Last year, everyone in my building (Hey, Pinewood Hall) would leave his or her doors open, and everyone would always pop in and say hello. I was able to meet so many people and make a lot of new friends.

Suit up... for the winter! I definitely underestimated the weather here at Monmouth University. So get ready to bundle up in layers and walk through spine chilling winds to get to your classes and to get food from the dining hall. Investing in a good pair of wellies (rain boots) will also help you as you truck along to your classes.

Let’s face it; you are going to succumb to the tasty fantastical deliciousness of Shadow’s food. More importantly, their mozzarella sticks. Beware of these delicious sticks of fried cheese because they will beckon to you during the late hours of the night. And around the time of finals, they will become your best friend and worst enemy. Shadow’s will be a major weakness, but it is too good to pass up. There is no escaping their tasty fried food grasp. So go ahead and have a mozzarella stick... or two... or three.

As a freshman, you are going to have to have a lot of patience. Being a freshman can and will get overwhelming at times, and you are going to want to speed things up as much as possible. But when times get tough, just relax and do not beat yourself up over stress.



PHOTO COURTESY of Alexis Orlachio

Freshmen should make an effort to get involved and take in the entire college experience.

The dining hall is where everyone (emphasis on the “everyone”) on campus comes to eat. You can either grab a take out box, or sit inside. That is, if you can find a seat. As the year progresses you will be able to figure out the times when the dining hall is not so busy, and the times when it is the busiest. Be prepared to say “hello” because you are going to see *everyone* you know.

Roommate situations are the luck of the draw. If you are friends with your roommate, or are civil with your roommate, then you got extremely lucky. Some students (it does not have to be just freshmen) have roommate troubles, and if you

do, you can go to your RA and see what they say (they are the greatest) or you can head over to the residential life building (attached to Pinewood Hall) and you can see what they can do to fix it. Res-life is always there to help.

Finally, just soak it all in. I’m serious; absorb everything like you are Spongebob Square Pants (oh yes, I went there). Absorb every little thing from the grass, to the buildings, to hey, even the aberrant amount of squirrels you can find on campus (they are everywhere!). Monmouth University has a lot to offer, so take a deep breath (because breathing is important) and dive right in.

Pout Heard Around the World McKayla Maroney's Facial Expression Takes on Life of its Own

ANNA CHAMBERLAIN
STAFF WRITER

From the third week in July to the beginning of August, I was glued to my television watching the Olympics every night like the rest of the world. As I was watching the women’s gymnastics individual all-around, there were a few things that surprised me. The first was McKayla Maroney’s pout that she had on her face during the medal ceremony, and the second was world’s reaction to it after the fact.

Since that moment when Maroney made that face, it has gone global on the Internet with humorous captioned photographs or “memes” appearing on Facebook, Twitter, and Tumblr. On the other hand, people have been commenting on it saying that it was “bad sportsmanship”. Honestly, these people seem to be making this a bigger deal than it really needs to be. So she made a face, I’m sure that she is not the first and certainly will not be the last Olympian to be disappointed by their final standing in an event.

That’s what it seemed to boil down to: disappointment in herself that she made that fatal mistake that caused her to get the silver by a one hundredth of a point. Her expression may have seemed like she was acting a little petty, but it comes with the territory of being an athlete. Maroney, like many others, has trained practically all her life to make it to the Olympics. She was a crowd favorite and demonstrated her amazing and unbelievable talent as she, like a rocket, went into the air on the pommel vault. It looked like the gold was going to be hers for the individual event. Then, it is taken away by a simple and unexpected mistake in front of millions of people. Wouldn’t you be upset as well?

I know she is supposed to be a representative of our country, and standing on the medal stand

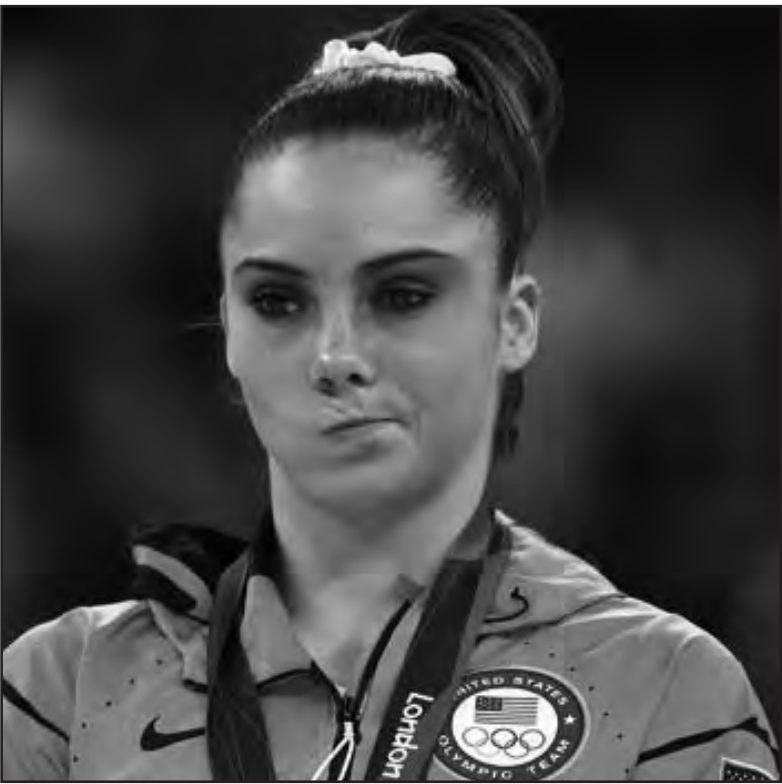


IMAGE TAKEN from buzzfeed.com

McKayla Maroney pouts as she accepts the silver medal at the 2012 London Olympics.

pouting is not exactly giving the greatest impression. Still, even though she is a professional athlete, she is still a kid as well. And as an upset sixteen-year-old girl she was quite calm. It is not like she went off ranting, crying, and screaming, or said something rude to the other competitors. Afterwards, she smiled, took a picture with her silver medal, and still congratulated the other medalists. Under the circumstances, she seemed to handle herself better than I expected. It doesn’t seem like she will be holding any grudges anytime soon.

Honestly, I think that the reason it was such a big deal in the media was that she was and still is representing our country, and there was hype behind her as an individual athlete. It seems pretty ludicrous that people judge athletes so harshly during the

Olympics. They are already under immense pressure to be perfect in front of a dozen cameras. Then, commentators nitpick every part of their performance and then criticize when they mess up. These athletes at the end of the day are still people like us, who will make mistakes. They want to be the best of the best, not only to prove it to themselves, but to also make their country proud and victorious.

I think McKayla’s little grimace is understandable after all, and she is taking the criticism in stride. After the pouting incident had been making some waves, she posted a picture on Twitter of her and her teammates standing with their hotel robes on with the infamous facial expression saying, “The pool is closed. We are not impressed.” At least McKayla can take a joke, so maybe we should cut her a little slack.

Starting School Right

VICTORIA JORDAN
STAFF WRITER

Three years ago, I was lugging my belongings up two flights of stairs into Willow Hall. I was about to begin my long-anticipated adventure of college life. It has been so much more than an adventure. My college years have seen me enter as an immature young girl and leave as a mature, young lady. As a senior, I am able to look back on each of those years at the University and view things in 20/20 vision. All of my habits, good and bad. My decisions, right and wrong. My expectations, high and low. I have one final year to prove that all of those mistakes, decisions, and expectations were worth making. I also have this year to create new stories to tell in my many years that follow graduation.

As I recollect my memories of my previous fall semesters, I have one simple phrase of advice to offer not only to myself but also to fellow seniors and underclassmen: start your semester on good terms. It is so simple to wander down new paths and get lost in a world of new faces, new schedules, and new drama. Trust me, I would know. It is exhilarating to be on your own, to do anything you please when and where you want. However, there is no time in your college career more important than the beginning.

Those of us who have experienced the first few weeks at the University know the temptations that lie ahead. Skipping class for the beach. Having a tad too many beverages on a Tuesday night. The list is endless, but you can still enjoy these endearing pleasures while keeping yourself on track for a successful start to the semester. Here are my top five tips for upper and underclassmen.

Tip #1: Go to class. For Pete’s sake, the semester just started! The class may not have anything to do with your major, but neither will you if you flunk out due to absence.

Tip #2: Keep the roommate issues between you and your roommate. I speak for females when I say that word spreads faster than you’d like it to. Emma Stone called it the “accelerated velocity of terminological inexactitude” in *Easy A*. She was ab-

solutely right. Sharing a room with someone- stranger or friend- can be an annoyance. Define your boundaries and come up with mutual agreements now before the guys down the hall know about your consistent one-night stands and unwashed bed sheets. (Just pay the \$2.00 to wash and dry!) Guys, make your peace in your “we’re-too-manly-to-talk-about-it” way. Bottom line is don’t just scribble your name on the room contract given to you by your RA without reviewing part of it together.

Tip #3: Catch your Z’s. I’ve had my fair share of 4 a.m. bed times, and in no way are they a fun time the next morning. Don’t get me wrong, staying out late is a blast! But try not to make it a consistent habit (see tip #2). Most college students complain about their lack of sleep due to mounds of assignments, papers, and studying. Although I know they are huge factors, I also know many other causes of sleep deprivation, and most are better off not written in ink. Rather than hitting the snooze button and skipping your morning class (see tip #1) or sleeping in class, give yourself *at least* six hours of sleep each night during the school week. And reserve the cat naps for after class.

Tip #4: Join a club. I don’t want to sound like mommy, but getting involved in *something* is better than nothing at all. You know what interests you academically, athletically, intellectually, spiritually- you name it. Most club meetings are held during the convenient time slot that the University kept open for everyone on Wednesday afternoons. Plus, you can make more friends! Isn’t that half the fun of college?

Tip #5: Use your calendar. It cost you money and a shopping trip to Staples, so don’t hide it under the clutter on your desk. Write your class schedule on it the first few weeks. Highlight test days and assignment due dates in different colors. It makes the calendar much easier on the eyes, and you might realize how helpful it can be!

From one colleague to another, I hope you find my advice to be helpful and that you utilize the tips to make the beginning of this semester your best.

Booker Bouts for Obama at DNC

New Jersey Mayor Becomes Rising Democratic Star at Convention

CHRISTOPHER ORLANDO
POLITICS EDITOR

Newark Mayor Cory Booker took the Democratic National Convention stage on Tuesday, September 2. Booker was selected by the Democratic Committee in an attempt to energize the party's base. Booker was one of two New Jersey politicians to take the national stage at a political convention. New Jersey Governor Chris Christie spoke at the Republican National Convention last week.

He spoke about the Democrats' platform and explained why incumbent President Barack Obama was the best person to lead the country.

The main point of Booker's speech was differentiating President Obama's economic vision and Republican candidate Mitt Romney's. "We choose American economic might and muscle, standing strong on the bedrock of the American ideal: a strong, empowered and ever-growing middle class," said Booker. Booker also advocated for small businesses. "It is our most fundamental national aspiration—that no matter who you are, no matter what your color, creed, how you choose to pray or who you choose to love, that if you are an American—first generation or fifth—one who is willing to work hard, play by the rules and apply your God-given talents—that you should be able to find a job

that pays the bills," said Booker.

Michael Rosas, communication major, was impressed with Booker. "Booker's performance was unexpected. Booker, recently receiving acclaim as the man who will say what is on his mind, even if it may be against his party, decided to stay on message. Some would say that Booker dropped his In-Your-Face rhetoric of criticizing and instead only praised the democrats beliefs. The idea Booker gave us that the Democratic platform is "not about partisanship but pragmatism" is brilliant," stated Rosas.

Booker mentioned how college is an essential part of the "American Dream." Booker stated, "Our president has already doubled Pell grants, raised education standards, invested in research and development at our universities and early childhood education in our neighborhoods. Our platform and our president state it clearly: our nation cannot continue to be the world's number one economy if we aren't committed to being the world's number one educator."

Michael Hamilton, a junior political science major, thought this was something that needed to be addressed.

"The investment into the American infrastructure and hope to raise small businesses and raise education stuck out to me the most." When asked how Christie's ideas on education differed from Booker's, Hamilton also stated, "Christie seemed to focus more on an elitist approach to education than the education for all approach Booker

"Being asked to pay your fair share isn't class warfare—it's patriotism."

COREY BOOKER
Mayor of Newark, N.J.

seemed to want to target."

Rosas was behind Booker's statements directed for college students, "As a college student, Booker reminded us about how the Democrats fought to raise the Pell grant (and to keep college interest rates down) reminding us that Democrats find that education is the greatest investment they can make while Republicans find that college students should find more affordable options which may even require working enough hours to afford all costs of college."

Dr. Don Swanson, professor of applied communication, said he was pleased with the steps that have been made for college students but feel more can be done. "It is unconscious-

able that the only ones who cannot declare bankruptcy are college students. It is also unconsciousable to make college students incur such debt when every other contemporary democracy provide their education for their young people," stated Swanson.

Booker took also on Romney and his objection to having the wealthy pay more in taxes. "Being asked to pay your fair share isn't class warfare—it's patriotism." The crowd

began chants of "U.S.A, U.S.A" following the statement. According to an NJ.com article, "Definitely a strong delivery of the national party platform," said Camden Mayor Dana Redd. "I can think of no better person to deliver it. The crowd was energized and definitely motivated."

During his speech, Booker pointed out Obama's record in attempting to hire troops as they return home. "For President Obama, 'home of the brave' are not just the last words of our national anthem, but also a call to action. This is why the president's policies and our platform include incentives to train and hire our troops returning home. Not only because of our moral responsibility, but because it makes

for a stronger, more secure American economy."

Both being from New Jersey, Booker and Governor Christie's speeches were compared. Some believe that Booker may oppose Christie in 2013 in the race for New Jersey governor but Booker denies these allegations.

According to NJ.com, "Booker scoffs at rumors that he is lining up statewide support for a run at Christie — a race that would capture national attention."

But Booker has not completely left out a run for the Governor's mansion. "People are speculating with me all the time," Booker said when asked about talk that he was locking down supporters among county party chairs and union leaders. "The answer that I give them is, let's get the president re-elected and then it will be the time to talk about the future. Right now, I have a significant role to play as a leader within the Obama campaign," according to the NJ.com article published on September 2.

Patrick Murray, from the University's Polling Institute was quoted in an article in the Asbury Park Press as saying, "Cory Booker has had some ups and downs, and it's not clear what his standing in the Democratic Party but certainly after this convention it became certain his political ambitions are being worn on his sleeve."

How Far Have We Come in 11 Years?

Arab/Muslim Relations With the United States Continue to Be a Struggle

SAMANTHA TARTAS
STAFF WRITER

The United States continues to find itself at crossroads with Arab and Muslim relations 11 years after the September 11 attacks and leaves the better majority of individuals thinking: can this all be just a dream?

Dazed and startled at the dizzying height of its power, the United States responded to the attacks by changing itself.

Policy changes continued throughout the past decade and singled out Arab and Muslim communities as groups of interest. There is always a group that suffers as consequence where emotional strife negates a standard for human etiquette, as in any period of war.

Dr. Frances Trotman, professor of psychology at the University, discussed his take on the relationship between the United States and Arab and Muslim communities.

"Many have begun to get past it, while others hold on to the animosity, often reflecting some ignorance and some scapegoating because of other difficulties. A complete answer that is more than just a generalization would require volumes to try to attempt a comprehensive explanation."

The larger question at stake identifies the relations between the United States and Arab and Muslim communities during the past 11 years and if time has had any positive change on their relationship.

To begin, the USA PATRIOT Act

was established in October 2001, and tapped into civil liberties while encouraging, whether intentional or unintentional, ethnic and religious stereotypes. Its original purpose was to "deter and punish terrorist acts in the United States and around the world, to enhance law enforcement investigatory tools and other purposes."

Dr. Louise Cainkar, Sociologist at the Department of Social and Cultural Services at Marquette University discussed 20 additional acts were established after the USA PATRIOT Act.

Of the 20 acts, the State Department issued a 20 day mandatory hold on all nonimmigrant visa applications. Although all applicants were subjected to standard secu-

rity clearances, stronger emphases were imposed on certain countries and regions.

The following month, the Justice Department established plans to interview approximately 5,000 nonimmigrant visa workers from Arab and Muslim countries since January 1, 2001. A second round of interrogations took place with another 3,000 nonimmigrant visa workers. All were questioned regarding their knowledge of terrorist activities.

The Justice Department also authorized local police departments to interview Arab residents and their knowledge of any terrorist activities, allowing police to become monitors of these residents instead of their protectors.

Along with domestic policies, Dr. Christopher DeRosa, associate professor of history at the University, gave a progressive take on the international development of Arab and Muslim relations with the United States since September 11.

"Several Arab nations contain the most plentiful and accessible proven oil reserves in the world [and] because it is relatively inexpensive to extract oil from these reserves, compared to other types of energy production, Arab states continue to figure heavily in the economic lifeblood of the United States." Dr. DeRosa continued, "However, the U.S. military intervention and subsequent scale-back in Iraq from 2003 to 2011, the nose-dive of the U.S. economy in 2008, the long-standing Israeli alliance and increased competition for oil from Asian markets all combine to reduce U.S. leverage over the Arab states. The U.S., having invested heavily in relations with antidemocratic regimes to order to protect its access to cheap oil, was also rather wrong-footed by the Arab Spring."

Governments that condone anti-democratic regimes only legitimize

their citizens' stereotypical behaviors.

Although there have been similar instances of stereotyping in earlier war periods, such as the Russians during the Cold War and the Japanese during World War II, Evelyn Alsultany, University of Michigan assistant professor of American Culture, gave her reflection on the changing portrayals of Arab and Muslim individuals.

Alsultany discussed changing present and future stereotypes of the Arab and Muslim communities.

She discussed how there were many instances examples of stereotyping behaviors: the war in Iraq and Afghanistan, detaining and deporting Arab and Muslim individuals and Guantanamo Bay.

However, there have been certain instances where the representation of stereotyping behavior takes on a different aptitude in the American mindset. Individuals acknowledge that the behavior is wrong, yet insist that it's in their best interest for national security to continue the discriminatory behavior.

Alsultany went on to explain how, "Arab and Muslim characters, who are every day people, [need to be viewed as] characters [that are] not limited to being good or bad in relationship to terrorism, but rather just being diverse human beings with diverse experiences."

Progression for present and future relations is only as prominent as a government deems it.

"I don't expect challenges for the U.S. in relations with Arab nations to abate, but I think the best American long-term approach would be: 1) be an honest broker in the Palestinian-Israeli conflict, and 2) an investment in clean alternative energy solutions at home—at least cleaner ones than drilling recklessly for inaccessible, unproven oil reserves," Derosa concluded.



PHOTO TAKEN from ubercomments.com

Eleven years ago terrorists attacked the World Trade Center, Pentagon. Over 3,000 people died that day.

Christie Brings New Jersey Attitude to Florida GOP Convention

BRITTANY HARDAKER
STAFF WRITER

New Jersey Governor Chris Christie delivered the keynote address for the 2012 Republican National Convention on Tuesday, August 28. While the overall convention theme was “A Better Future,” Christie focused on leadership, choosing respect over love, giving Americans the unvarnished truth, and why Mitt Romney is the right man for the job and for America.

Standing in front of the backdrop of a New Jersey postcard, the same one used on Bruce Springsteen’s album *Greetings from Asbury Park, N.J.*, Christie began his speech explaining how unbelievable it was for him to be on the stage of the Republican National Convention in the first place, as he is “from a state with 700,000 more Democrats than Republicans.”

Expressing his pride in his party, his state, and his country, Christie explained how the lessons his family taught him throughout the course of his life have impacted his everyday life.

“The greatest lesson Mom ever taught me, though, was this one: She told me there would be times in your life when you have to choose between being loved and being respected. She said to always pick being respected, that love without respect was always fleeting--- but that respect could grow into real lasting love,” Christie said.

Throughout his speech, Christie expressed how his mother’s wisdom helped him learn that respect is at the foundation of effective and memorable leadership. Making a reference to past and present leadership, he said, “We have become paralyzed by our desire to be loved.” Reflecting traditional Republican beliefs, Christie explained how America’s principles must be rooted in “strengths greater than the passions and emotions of the times.”

Making a jab at the Obama administration, Christie said, “Our leaders today have decided it is more important to be popular, to do what it easy, and say ‘yes’ rather than to say ‘no’ when ‘no’ is what’s required.” In an effort to inspire and rally the crowd, Christie explained how we must move away from the leadership popularity contest and take charge on issues

that are important to Americans.

Using the theme of respect over love, Christie said, “Tonight, we are speaking for ourselves and stepping up. We are beginning to do what it right and what is necessary to make our country great again.” He explained that it is possible to face hard truths and be honest with the American people while still being respected. After all, he explained, he was able to overcome such challenges as Governor of New Jersey.

When Christie came into office, he explained that rather than trying to be popular, he did the job that New Jersey elected him to do. While there were problems that his opponents claimed could not be fixed, such as an inability to cut taxes, balance the budget, or take on the teacher’s union in New Jersey, Christie explained, “We did it.”

As with New Jersey, Christie illuminated that problems that seem impossible to fix, such as our national debt and deficit, can be resolved with the right leadership and while making a comparison between the Republican and Democratic parties, Christie explained why the Republican party is the right leadership for America.

As is traditional with Republican National Conventions, the New Jersey Governor outlined the current problems that would be addressed upon election. “For make no mistake, the problems are too big to let the American people lose – the slowest economic recovery in decades, a spiraling out of control deficit, an education system that’s failing to compete in the world,” he said.

Christie described Mitt Romney and his Vice Presidential pick, Wisconsin Congressman Paul Ryan, as the team to put the country “back on the path to growth and create good-paying private sector jobs again in America.” While Christie ended an era of absentee leadership without purpose in New Jersey, he promises that Mitt Romney and Paul Ryan will be real leaders in the White House.

As his speech drew to a close, Christie said, “Our problems are big and the solutions will not be painless. We all must share in the sacrifice,” making note that it won’t be easy, but we as Americans must unite as one to overcome such obstacles.

Jason Wiemken, senior political science major, at the University offered his opinion on Christie and his keynote address to the nation. Wiemken explained that he likes Christie despite of the fact that he, as a student, personally leans more liberally when it comes to social issues. Specifically, Wiemken liked the points that Christie made about our education system and the difficulties that the teacher’s union presents.

“I have two teachers in the family who actually agree with Christie simply because once a teacher is tenured, there is basically no accountability. There are teachers out there who are inadequate and lacking but nothing can be done to them simply because they have tenure and the union would make a huge fit over it,” Wiemken said.

However, similar to many criticisms made by Americans surrounding Christie’s speech at the RNC, Wiemken thought it was odd that Christie didn’t even begin to discuss Mitt Romney until halfway through his speech.

Discussing a similar opinion, Dr. Michael Phillips-Anderson, Assistant Professor of Applied Communication, believes that if Christie’s intent behind the address was to promote the Republican Party’s nominee, he failed. “He rarely spoke about Romney. Christie was 1700 words into a 2600 word speech before he mentioned the Republican nominee,” he said.

Phillips-Anderson explained that it has often been the case with previous keynote addresses: That the speaker neglects to fully mention and give credit to the nominee throughout the course of the speech. For example, he said, “In 1988, Ann Richards delivered what many see as an excellent performance at the Democratic National Convention, but she barely spoke about the nominee, Michael Dukakis, coincidentally another governor from Massachusetts.”

Phillips-Anderson explained that while Christie should have been aiming to humanize Mitt Romney, instead he argued that it is better to be respected than loved; coincidentally, Ann Romney, Mitt Romney’s wife had spent her speech discussing the importance of love.

Similarly, although his speech was not all that effective in promoting and humanizing Romney,



IMAGE taken from politicker.com

New Jersey Governor Chris Christie gives the keynote speech at the Republican National Convention.

it did put Chris Christie, a New Jersey politician, on the national stage and promoted his potential future run for national office, Phillips-Anderson explained.

Phillips-Anderson believes that Christie missed an opportunity to speak about bipartisanship within our home state. “The Republicans and the Democrats of New Jersey may not particularly like each other, but with a Republican governor and the Democratic legislature, they have to work together. This just may not be the argument that Republicans want to promote nationally,” he said.

While New Jersey residents are known for having a unique, sometimes loud style of communicating, Chris Christie argues with a style of directness and truth telling, something that those outside of the Garden State may not agree with, Phillips-Anderson explained.

Historically, the Republican National Convention is the presidential nominating convention of the Republican Party of the United States, the convention’s website explains. It is convened by the Republican National Committee in order to nominate an official candidate in an upcoming presidential election, to adopt the party platform, and to establish rules for the election cycle. According to the convention’s website, the RNC signifies the end of a presidential primary season.

This year, the 2012 Republican National Convention was held during the week of August 27, 2012 in

Tampa, Florida at the Tampa Bay Times Forum. There, delegates officially nominated Mitt Romney for President and Paul Ryan for Vice President for this year’s election. Other prominent speakers besides Chris Christie consisted of but were not limited to; Ann Romney, Rick Santorum, Rand Paul, John McCain, Condoleezza Rice, Clint Eastwood, and of course, Mitt Romney himself.

The convention’s website reads, “History is being made in Tampa this week as 2,286 delegates and 2,125 alternate delegates from all 50 states, the District of Columbia and five U.S. territories gather together to nominate the next president of the United States at the 40th Republican National Convention.”

For those that would like to learn more about the Republican National Convention or would like to hear particular speeches/clips, the RNC website explains that there is a RNC YouTube page that “is filled with social conversations, social data, infographics, photos and videos to keep you informed of convention activities.” The website is <http://www.youtube.com/user/rnc>

As the time until Election Day dwindles, Americans are pitted in constant internal and external debate with questions regarding who is the best candidate for themselves as individuals, their companies, their families, and their futures. Perhaps the most important question, and the one least asked by voters, is which candidate will do the most for America.

SGA President Welcomes Students Back

Welcome back Hawks!
The SGA Team and I are so excited to get this year started. We’re already working hard on our two major fall events: The Big Event and Homecoming! The Big Event is going to be held on October 6, so clear your calendar and put on your work boots for a day of community service. Then, two weeks later we’ll have our “Showdown at the Shore” themed Homecoming events; complete with Spirit Week, Homecoming Court Elections, a Pep Rally, parade, and hopefully a big WIN against Bryant University.

Some things that SGA worked on last year that we’re happy to see on campus now include the Meal Plan Exchange at the Student Center and the covered bicycle rack on the North side of campus. All of our committees

are up and running so if you’re interested in joining any of them feel free to contact us at SGA@monmouth.edu.

We’re excited to continue being the voice of the students and look forward to a successful year!

Go Hawks!
Oscar Sanchez, Jr.
SGA President



ATTENTION
ALL THEATER & MUSIC MAJORS, MINORS,
AND THOSE INTERESTED IN BEING PART
OF OUR 2012-13 PRODUCTIONS:

There is a **MANDATORY** meeting on
Tuesday, September 18 from 7 – 9 pm.
in Woods Theatre
for information about participating
in our productions and more.

DON'T BE LEFT OUT OF THESE EXCITING EVENTS:

- the comedy *The Foreigner*;
- the annual winter concert, *Holiday Joy*
- the new musical version of *12th Night*
- *Giants of the Baroque* concert
- And info on other productions!

Train Rolls Through the MAC Facility

KEVIN HOLTON
CO-ENTERTAINMENT EDITOR

The widely loved pop band known as *Train* performed at the MAC on August 30 as part of their California 37 tour. Fans from all over New Jersey swarmed campus to get a glimpse of the famed musicians, whose performance was set to follow Mat Kearney and his band. The two artists have toured together previously.

Mathew Kearney, who was born in Oregon but now lives in Tennessee, has had songs featured on numerous “Top Selling” charts.

Train, which is stationed in San Francisco, consists of Pat Monahan (vocals), Jimmy Stafford (guitar) and Scott Underwood (drums). The band released their first album in 1998 and has since released seven albums, with their latest, *California 37*, coming out after a three year hiatus.

Some were there just for the experience of a live musical performance,



IMAGE TAKEN from themonestary.org
Train released California 37 in April of this year.

while others were life-long *Train* fans. “We’ve seen them over twenty times - and I saw them twice on my birthday one year,” said Leslie Brown-Correll, a local *Train* fan. She then added, “They haven’t done a bad show yet.”

Audience members were allowed in at 6:30 pm, and by that time the line had stretched down the sidewalk and around the corner of the facility.

Throughout the next hour, eager viewers steadily filed in, filling the hundreds of chairs as well as the stadium seating. Over 3,000 people came to the show.

The show started at 7:30 pm with Kearney and his musical accompaniment. Kearney has been performing since the early 2000’s, having released his first album in 2004. He blends light guitar and various instrumental elements with spoken word, rap and pop components. The lights flashed to the rhythm of his melody, making it feel like the MAC had become the setting of a music video.

Kearney played a number of his more popular songs, including “She Got the Honey” and “Count On Me.” The crowd went wild during “Runaway” as he leapt off the stage and went walking through the audience, circling most of the lower level.

After an hour of spectacular performance, Kearney left the stage and a brief intermission followed. A curtain was put over the stage so the staff could prepare. The room hummed with an electrified tension as everyone waited for *Train* to appear.

It wasn’t long before the MAC was rocked by exhilarated cheers. Signaled by the cry of a train whistle and the thun-

der of wheels racing along a steel track, the room darkened just in time for the curtain to drop (it was promptly whisked away by a group of stage hands).

Train took off at full steam with a performance of their hit single, “50 Ways to Say Goodbye.” Colored lights and an electronic graphics display added to the already impressive sight of the powerhouse group.

However, it wasn’t the music that made this concert memorable; the best part of the night was Pat Monahan’s overwhelming charisma. He wasn’t shy about getting close to the audience. Soon into their performance, he crouched down by the edges of the stage so eager fans could hand over their cameras and phones. He then took pictures of himself with the owner.

That wasn’t the only antic that Monahan would be involved with. He later threw shirts into the crowd, including the shirt he had been wearing. Inflatable beach balls were thrown from the stage as well, which he later autographed.

He did stop for a moment, though, when two lucky people got engaged in the middle of their hit single “Marry Me.” He smiled and commented about how awesome he thought it was.

He also commented that “all the best things happen in New Jersey.”

The mid-concert proposal wasn’t the only poignant moment. Near the end of the show, an acoustic guitar autographed by the entire band was given to an audience member that Pat Monahan felt inspired the band throughout the performance. The recipient was a young boy who had demonstrated particular enthusiasm, catching Monahan’s eye by danc-



IMAGE TAKEN from last.fm

International sensation, Train, rocked campus on August 30.

ing and cheering during the entire show.

In addition to the songs already mentioned, Train performed numerous other hits, such as “Drive By,” “California 37,” and “Hey, Soul Sister.” They also played a few songs for fans that had supported them since the beginning of their career, such as “Drops of Jupiter” and “Meet Virginia.”

“This is my third time seeing them,” says Jenna Horner, 17. “[Monmouth University] is a really nice venue as well. And it has great security,” Horner added.

Needless to say, there are no good ways to say goodbye to *Train*, but their concert was an experience fans will always remember.

Good Things Happen in E3s

KEVIN HOLTON
CO-ENTERTAINMENT EDITOR

Come every June, video game fanatics know the Electronic Entertainment Expo (E3), is sure to rock the foundation of the gaming community.

Whether you watched, didn’t watch or didn’t know it was happening, it is easy to get lost in the extensive coverage from the four days of this event. Most companies had their share of hits and misses, but a few announcements blew the audience away.

Nintendo had a few interesting comments, mostly revolving around their upcoming platform, the Wii U. This multi-platform gaming console comes with a tablet, allowing the players to control both the game and the television set - though players can buy a controller for the more traditional experience. *Pikmin 3* and *Super Mario U* have already been announced for this system.

“The next generation is a place where the best idea, not the biggest budget, will win,” says Satoru Iwata, President of Nintendo. He obviously had no qualms about unleashing the next generation of gaming. While no release date was given during the convention, most think it will be available this November.

Microsoft was on-point throughout, delivering a series of major game footage, including demos for *Splinter Cell: Blacklist*, *Black Ops II*, *Tomb Raider* and *Halo 4*.

Yet, these games are more than simple improvements on old, beloved formulas. *Splinter Cell: Blacklist* showcased a dynamic ‘slow time’ interface where players could highlight several different enemies, then sit back and watch Sam Fisher, the protagonist, take down a series of people in one swift sprint. This game will also feature a Kinect component, allowing the gamer to distract enemies by actually yelling at them. This should be released in March 2013.

Tomb Raider takes the rough-and-ready Lara Croft back to her



IMAGE TAKEN from fitasoccerblog.com

This year’s Electronic Entertainment Expo foreshadowed a new level of gaming experience

roots, allowing the player to take control of the inexperienced teen-aged woman. After being stranded in a remote area with little more than a bow and arrow, players will be forced to rely on cunning and conservation, rather than firepower, to survive. This is set to hit the shelves on March 5th.

Black Ops II is going to have branching storylines, with one taking place in the 1980s and the other in 2025 - players will have to be wary of the consequences for hasty decisions. This is coming to a store near you on November 13, 2012.

Halo 4 is going to be the first in a new trilogy - and unlike the former installments, the developers actually intend for it to be a trilogy this time! The plot features Master Chief dealing with a strange, hostile new environment and the now-rookie AI, Cortana, who no longer seems to be acting in his best interest. This will be available on November 5.

Along with these highly anticipated releases brought about talks regarding *Gears of War: Judgement* and *Resident Evil 6*. Both of these games have become known for their high-intensity action combat, but some mourn the loss of *Resident Evil’s* survival horror roots.

Judgement is going to be a prequel to the infamous *Gears of War* trilogy, where some well known

characters, like the snarky Baird, appear alongside some fresh faces to deal with Emergence Day, which marked the beginning of the war for mankind’s survival. It has no set release date. *Resident Evil 6* is set to be a massive game that spans three continents, involves at least four playable characters (each with their own distinct combat style), and ties old plot lines into new, action-packed circumstances where old friends and lost lovers are set against each other in a race against time. This game will be released on October 2.

To top it off, the company announced that it is developing a product known as Smart Glass, which will be able to sync with other electronic devices.

Sony got the audience in an uproar over news of the game *Beyond: Two Souls*, the newest project from developer **Quantic Dreams**, which created *Heavy Rain*, known for its “no game over” gameplay style. *Beyond: Two Souls* features lifelike visuals and the protagonist is voiced by Ellen Paige (*Inception*, *Juno*), guaranteeing an experience that no player will forget.

The plot follows Jodie Holmes as she struggles to survive overwhelming circumstances- including a team of SWAT agents that are bent on finding and possibly killing her. The odds are evened by the fact that she seems to share

her body with a spirit called Aiden, which can possess people and manipulate objects- often without her consent, a fact that severely complicates her attempt to live a normal life.

That didn’t overshadow *God of War: Ascension* or *The Last of Us*, both of which have received a great reception and seem packed with action of their own. .

Sony also unveiled the Wonderbook, a combination of the PlayStation Move and a tablet. It’s first game is *Book of Spells*, a Harry Potter game headed by J. K. Rowling herself.

Square Enix, a company well-known for their *Final Fantasy* series, unveiled *Final Fantasy XIV*. Though it got some negative reviews, the game is far from finished. This gaming titan also showed off the new Luminous Studio engine, a breath-taking, real-time graphics processor that will be a core component of the next generation Xbox and PlayStation consoles.

Electronic Arts, more commonly referred to as EA, held its own amidst the other companies. It announced *Dead Space 3* and *Need for Speed: Most Wanted*.

Dead Space 3 will feature Isaac Clark, the series protagonist, stranded on an icy planet covered with new and even more deadly necromorphs. This installment is bringing in a co-op mode. While most won’t need a reason to play with a friend, certain scenes will only be available in this mode, so you’ll have to if you want to see the whole story. This will be available on February 5.

Most Wanted is a remake of a previous *Need for Speed* title by the same name. This combines classic racing game elements, such as insane jumps and naturally occurring events, such as a bridge raising or earthquake occurring, with newer elements like giving the player points for destruction, not just for winning the race. This will be available on October 30th.

Electronic Arts also purchased the UFC rights from game company **THQ**, meaning that gamers who want to virtually slug their best friend in the face from time to

time will now get to do so courtesy of the high-quality nature of EA games.

An honorable mention goes out to upcoming **Ubisoft** title, *Watch Dogs*. Judged as the “Biggest Surprise” at E3 by the gaming magazine company, *Game Informer*, this title is set in a futuristic Chicago where CTOS, a computer system, controls the whole city. Players will take on the role of Aiden Pierce, a vigilante who can tap into the massive computer network to access personal information as well as hack electronic devices. In the demo shown at this year’s E3, he can control stop lights, jam cell signals and even raise draw bridges to cut off those who might be pursuing him while in cars or on foot.

“Some developers have the right idea about creating a very personalized experience with a smaller audience,” says Jeff Bakalar, writing for CNET, capturing the essence of why niche games like *Watch Dogs* and *Beyond: Two Souls* become hits.

In a nutshell, this year’s E3 conference featured some revolutionary new games, specializing in everything from neo-noir settings to graphics that set a new standard for high definition. Whether you prefer action, thrillers, shooters or RPGs, the coming year will be sure to bring you something great.

Nintendo may have beaten Microsoft and Sony to the next-generation finish line, but none of these companies are backing down.

“We’ve never been first, we’ve never been cheapest, it’s about being the best,” says Jack Tranton, President and CEO of Sony Computer Entertainment of America.

What will be the best idea, though? Will it be Smart Glass and the next Xbox, the Wii U and its dual-controller style, or the PS4, the features of which are shrouded in mystery? Either way, the next generation is sure to break the bank- and all current standards for the industry- so start saving now, gamers!

THE SUMMER OF SUPERHEROES

NICK SEGRETO
STAFF WRITER

When I think of summer, I think of the awesome superhero movies that are released during the season, and this was a good summer for superhero movies. We got the crossover blockbuster *The Avengers*, the reboot of *The Amazing Spider-Man*, and the final entry in the Chris Nolan Batman movies, *The Dark Knight Rises*.

We'll look at the big blockbuster, *The Avengers*, first. This film delivered what it promised; a whole bunch of superheroes banding together and doing what they do best. We have the ultra patriotic Captain America, the Norse god Thor, the Incredible Hulk, master archer Hawkeye, the dangerous Black Widow and last but not least the playboy philanthropist billionaire, Iron Man. These six heroes team up to battle the god of mischief, Loki, and take on his plans to take over the planet.

Did any of those names catch your interest? If so then *The Avengers* is most definitely worth watching. Every character does their part. Not a single hero felt unneeded.

The interaction between the characters was also well done. When they aren't fighting evil they like to bicker amongst each other. I'm not going to lie, Iron Man stole the show at these parts. We couldn't have asked for a better Iron Man when Robert Downey Jr. put on the suit.

The entire main cast was fantastic. I don't think I ever looked at any of these characters once and thought that they were not the actual superheroes. This movie was well acted, the action was great, and the characters and story were solid.

So who should see this? If you like any of these superheroes and if you like big, grand, epic storylines, then this is your movie. If you like serious storylines with a few laughs, this film has both. There's not much to dislike but if you only want one superhero in your movie, let us move on to *The Amazing Spider-Man*.

At first I wasn't going to see this one. I thought the last three Spider-Man movies did a mediocre job at telling his story and felt a reboot explaining his origins was rather unnecessary. However, after seeing the reboot I was very impressed with the new direction taken.

Andrew Garfield is now taking Tobey Maguire's place in the red and blue spandex. This kid has talent. He is going to be a star. Just like how Robert Downey Jr. captured the cocky and confident Tony Stark, Garfield captured both the socially awkward super nerd, Peter Parker, and also the wise cracking web slinger.

The story is pretty solid. The first half of the flick is setting up Peter to become Spider-Man and the second half is him dealing with the villain, The Lizard. It also has him juggling the life between Pe-

ter and the life of Spider-Man in a believable way.

There are two major differences from this remake and the three movies before it. This film's tone is notably darker and grittier while still covering the key aspects that defined Spider-Man, as opposed to the other three in their campier set up and tone. Ironically, when this movie has its funny moments with Spider-Man wisecracking while fighting crime, it does a better job than the other movies did with their attempt at comedy (I'm looking at you *Spider-Man 3*).

The other main difference is the characters. To my surprise, they are all incredibly likeable and believable people who you want to see stay around. Even the bully, Flash Thompson, is more memorable in this movie.

Also the characters were all extremely well played. A lot of the characters were played by actors that I wouldn't immediately think of. Case in point: Dennis Leary as the police captain George Stacy. But you know what; he's awesome in the role, as are just about everyone else.

Another plus of this film is when bad stuff goes down the characters act competently and realistically. Again, not to bash on the other three films, but most of the previous supporting cast just waved their arms around in terror when evil things happened.

The action was incredible. It was fast paced tense action and when Spider-Man took a hit we

saw how it affected him after the fight.

My only complaint was of a certain scene. Someone felt the need to make a scene replicating a scene from the other Spider-Man movies and it almost lost me because it was so far-fetched. Other than that, it was a solid film.

If you like your superhero movies more realistic and somewhat darker with good characters, this is your movie.

Now for those of you who want a super dark and super realistic superhero movie, you might want to see *The Dark Knight Rises*.

This film was definitely one of the most anticipated movies not only of the summer, but all of 2012. I'm not going to lie when I say this isn't a movie for everyone. If you're expecting a movie like *The Dark Knight*, where half of it is Batman doing what he does best, get ready to be sorely disappointed.

This film is very different in that most of the movie doesn't follow Batman, but Bruce Wayne and his struggle to return as Batman. It's still a really good movie, but it's awfully diverse from many other superhero movies.

The acting is, once again, fantastic. The returning supporting cast like Michael Caine and Gary Oldman are still top notch. The two new main characters are Catwoman and Bane. Both are great in their roles. Bane especially as the physically imposing and intellectually dangerous antagonist.

However, I had a major problem with the villains' plans. There were some seriously conflicting parts of their schemes as well as their motivations. I think the problem lies in the concept of Bane carrying out Ra's Al Ghul's plan from the first movie when it should have just been his own scheme, like in the comics.

I also disliked the progression of the return of Batman. They put so much time in Bruce Wayne's 'rise' as the dark knight that he didn't have any time to do much of anything else. I did not have a problem with the ending, other than the fact that they foreshadowed it too much. Otherwise it is a solid film, despite its flaws. I preferred *The Dark Knight*.

If you like a superhero movie with more of an inner focus on the man behind the mask, then this is your movie. If you wanted more of *The Dark Knight* where Batman beat the snot out of everyone, this might not be your film.

So what's in store next summer? For you DC fans, you'll be interested to hear that a Chris Nolan Superman movie is scheduled. That'll probably be the big superhero movie next year. If you liked the Marvel movies, this summer you'll be happy to hear that *Amazing Spider-Man 2* and *The Avengers 2* are in the works. Like *The Dark Knight Rises*, our expectations for these movies rise and if this summer is any indication, I'm confident that they will be met.

What to Watch: Fall TV Preview

NICOLE MASSABROOK
CO-ENTERTAINMENT EDITOR

Fall might mean that it's time to hit the books again, but it also means that new television shows are starting almost every night. This season, there is a little something for everyone.

"Revolution" (NBC September 17 at 10 pm) is one of the most anticipated shows of the fall. From "Lost" creator, J.J. Abrams, and "Supernatural" creator, Eric Kripke, comes a futuristic dystopian drama where electricity stops working. New governments form and society has to learn how to function without technology, which seems to result in a lot of people learning archery and swordplay.

The show takes "Supernatural's" road trip tone as our heroine Charlie (Tracy Spiridakos) who has to track down her uncle (Billy Burke) in Chicago after a group called The Militia to take her brother and kill her father. We watch Charlie travel, encounter enemies that her father has made, and learn what's lurking in the world outside of her quiet farm town. Electricity might not be as lost as everyone believes.

The show is almost guaranteed to be good. Abrams/Kripke might be the best sci-fi combo. Abrams can do big drawn out stories on an epic scale, as seen on "Alias" and "Lost," and Kripke, who also flawlessly mapped out "Supernatural's" first five seasons (also known as before "Supernatural" went downhill), is a mastermind of character development. At its core, the show will be about family and character development will end up being one of the most important things.

Another show about family is "The New Normal" (NBC September 11 at 9:30 pm), a new com-



IMAGE TAKEN from nchollywood.com

Tracy Spiridakos and Billy Burke lead the highly anticipated futuristic J.J. Abrams drama "Revolution."

edy from "Glee" and "American Horror Story" creator Ryan Murphy.

When Goldie (Georgia King) wants to make a better life for herself and her young daughter (BeBe Wood), she moves to California and volunteers to be a gay couple's (Andrew Rannells and Justin Bartha) surrogate in order to earn enough money for law school. Of course she and her precocious daughter end up way more involved in the guys' lives than they ever thought possible. "The New Normal" displays exactly how the typical definition of a family is changing.

The show is hilarious. Rannells was sidesplitting in Broadway's "Book of Mormon" and secondary characters played by Ellen Barkin and Nene Leakes have great one-liners. Murphy's raunchy sense of humor shines in this script, though one has to wonder if the show will follow the patterns Murphy has set with "Glee" and "Nip/Tuck": great first season and all downhill for the next few years.

Equally hilarious is "The Mindy Project" (FOX September 25 at 9:30 pm), Mindy Kaling's ("The

Office") new comedy about an OB/GYN who doesn't have much luck in love. At first glance, it looks a lot like it's lead in "New Girl," and while they share similarities, "The Mindy Project" actually glides over the bumps that "New Girl" hit last year. The show is fast paced, not only with the story but also with the humor. Mindy's character is very crass and honest. She has the personality that most shows seem to give the male characters, but it's really refreshing to see a female be confident and care more about herself than others.

"Beauty and the Beast" (CW October 11 at 9 pm) doesn't really do anything for gender stereotypes. "Smallville" alum Kristin Kreuk plays the beauty, Catherine, in this take on the classic fairytale, which is a remake of the series that ran on CBS in the late 1980s. They've made plenty of changes to this version.

The story takes place in modern times and Catherine is a homicide detective. The beast, Vincent (Jay Ryan), is a bit Hulk-like in this version though: Vincent is a man who only becomes a beast when

he gets angry.

What will the main plotline be? It's really hard to tell, but it's likely that it will be a tortured romance between Vincent and Catherine. The dialogue is boring, the acting is stiff and overall it just feels a bit too predictable.

"Nashville" (ABC October 10) is a soapy drama that looks like a new guilty pleasure. It follows fading country star Rayna James (Connie Britton) as she begrudgingly has to team up with a new teen country sensation Juliet Barnes (Hayden Panettiere) in order to keep her record deal.

Britton tends to be on shows that are worthwhile ("Friday Night Lights," "American Horror Story") and this doesn't seem to break that trend. She plays a strong country veteran attempting to keep her career afloat while Panettiere's Taylor Swift-like character does everything she can to destroy the veteran's reputation (expect backstabbing and seduc-

tion). "Nashville" is a must watch for country fans.

"Arrow" (CW October 10 at 8 pm) could be great or it could fail massively. The show is an adaptation of The Green Arrow origins mythology from producers of "Smallville." Stephen Amell seems like a great Oliver McQueen and the action sequences look really well done. However it could easily take the route of "Smallville" and twist the mythology a little too much, irritating comic purists.

The Green Arrow is a rich philanthropist who decides to become a vigilante to find justice for his family and right the wrongdoings of society.

The Green Arrow was actually shown on "Smallville," but this version seems to be much darker and grittier, and they've ditched the campy qualities of "Smallville." They appear to have a nice bit of romance sprinkled amongst the action and brooding.



IMAGE TAKEN from canoe.ca

"The New Normal" is hilarious and heartwarming show demonstrating the changing definition of a normal family.

How to Fit Eighteen Years of Your Life Into a 15’ by 11’ Room

ANNA CHAMBERLAIN
STAFF WRITER

Walking into my Pinewood room freshman year was one of the oddest moments of my life. As I looked at the bare white walls and the wooden furniture in the tiny room, a single thought immediately entered my mind: “Oh no. I think I packed too much stuff.”

One of the hardest things to do was decide how to pack 18 years of my life up and fit it into this new room, which I would own half of for the next nine months. It was a challenge, especially since I never shared a room before, and was used to having my system of organized chaos sprawled across my floor and desk at home. Luckily, my roommate at the time was very understanding and we were able to make our empty little room into a comfortable living space with a few trial and errors.

Making a dorm room or suite your own personalized living space is not that hard with these few tips that I have learned from living on-campus these past two years at Monmouth.

Bunk/loft your beds. This was probably the best thing that my roommate and I agreed about on move in day. By lofting or keeping the beds bunked, it creates a little extra floor room so you and your roommate are not tripping over one another. If you loft one of the beds, you can place your dresser or desk underneath for extra space as well.

Usually there are information cards in every room with a service that will loft the beds for you, so it might be useful to keep those. Just remember not to put your lofted bed(s) or bunk beds near the light in ceiling to avoid injury.

If you are not too keen on sleeping that high up, try placing the beds in an “L- shape” manner. This too will provide a little extra floor space as well as making the room feel a little less cramped. In this “L-shape” feature, it would be ideal to raise the beds in order to have under bed storage. With the beds raised, one’s printer, hamper, books, and even refridgerator can fit underneath creating a practical

solution for the small area.

Use every inch of closet space. Even though the freshman dorms have limited closet space, it can still be used to your advantage. One trick that we used freshman year and still use is to put the dresser in the closet. Also, any type of shoe organizer or storage bin will be very useful for extra clothing and accessories you may not wear right away in the beginning of the year. Storing clothing away as the seasons change will keep things tidy and will prevent overstuffing drawers and closets.

If you do not want to follow through with this idea, it is also practical to leave your clothes that do not pertain to the current season at home to save even more closet space.

Location, Location, Location. It will take time to get everything just right to make your room a comfortable living space. Do not worry if you feel like you are not settled in your new room within the first few days. It is a completely different situation that will take time to adjust. Also, do not feel like you need to have everything arranged perfectly the first day. If it takes six arrangements to get everything the way you want it, then that is how long it takes. You will know when things are finally settled perfectly. Just make sure that your roommate is on the same page.

Share with your roommate. More often than not, a single room that two people share only need one refridgerator and one television. Therefore, talk to your roommate and decide if you both really need to have your own fridge or televison. For girls, sharing something as simple as a straightener can save some space.

Even sharing something as simple as eachother’s clothes will add to your closet space because you would not have to bring as many clothes of your own. For guys, both of you do not need to bring your own gaming system; sharing will save a decent amount of space in your room.

Sophomore Ashley Navin believes that sharing is key to mak-

ing sure a room does not become cluttered. “(My roommate and I) share a printer, fridge, and a fan,” she continues, “We did not bunk our beds but we lofted them because you can fit stuff underneath and we also try to keep our room neat to make the room look bigger.”

Not a dorm, but a suite? Being in a suite easily creates more space since a common room is an added feature. Though it maybe hard at first to decorate a common room because there are seven other people’s opinions to consider, it will become easier as time goes on to get everyone in the suite’s approval of your selected decor.

If you are in a suite, it would be a novel idea to not clutter your room with an extra chair but instead, put that chair or extra furniture in the common area to create a comfortable environment.

Extra wall hangings can also be put on the walls of the common area instead of cluttering your own room.

Splitting Sides. Do not feel as if you and your roommate have to split the room and each have your own respectful sides. Sometimes, what works best, is actually to have both desks on one side of the room if the beds are bunked or even in an L-shaped form. It is possible to even put your dressers on the same side of the room. Keep your mind open to your own unique ideas rather than mimick the set up of other rooms you see.

Get creative. There are so many sites like Stumbleupon.com and Pintrest with all sorts of decorating ideas. Just make sure that there is nothing that would be considered a fire hazard or anything that would get you into trouble. Create a collage of pic-

tures from home on your walls and add to it as you create new memories here at the University.

Sophomore Allie Phillips states, “I brought pictures of my family, friends, and puppies of course! I also brought my keyboard so it creates more of a home feeling and a realistic feel than just a dorm.”

While saving space is essential, creating a comfortable environment should come first. Therefore, have a scoreboard with how many Monmouth events you and your friends can attend in a semester, or keep it simple with hanging a dry –erase calendar to stay organized.

Essentially, make your room a reflection of yourself. It will make your space look homier to you and more inviting towards others. The possibilities are truly endless to turn any regular room into a fabulous friendly hang out.



A popular space-saving style for setting up a sutie dorm room is the “L-shape.” PHOTO COURTESY of Kelly Hughes

Avoid the Dreaded Freshmen Fifteen thru Easy Steps

MAGGIE ZELINKA
LIFESTYLES EDITOR

Coming into college, most freshmen stress over leaving their home, friends and family. After a month, when they finally grow accustomed to their college life, they no longer feel the anticipation or fear of college.

As fall break approaches, they begin to think about what their old friends will think of them once they reunite at a group hangout or at their high school’s homecoming football game. They begin to think of how they will perceive their old friends. One thing leads to another and they will begin to think if any of their friends have gained the alleged freshmen fifteen, or even worse if they had gained it themselves. If this thought scares you, then here are some helpful tips on how to avoid the accursed freshmen fifteen.

Being away from home for the first time is going to test your willpower. Thankfully, Monmouth University offers many healthy options in its cafeterias. Everything must be

eaten in moderation. Eating a handful of potato chips can be bad if not paired with another healthy main course meal.

According to LiveStrong.com, eat at certain hours everyday and try to eat five smaller meals rather than three big meals per day. Both of these methods will help your metabolism. Most importantly, do not be drawn into making late night snacks an every night ritual. If you do like to snack at night, choose something healthy to eat such as fruit or carrots instead of what the vending machines offer.

Another helpful tip on how to avoid the freshmen fifteen would be to exercise. There are various ways you can carry out this advice, the most practical solution would be to take advantage of the Multipurpose

Activity Center (MAC) which is located behind the Student Center. The MAC has a pool, basketball courts, a well-furnished gym, and an indoor track on the upper level.

Sophomore Kyle O’Grady says that utilizing the MAC helped her avoid the weight gain from freshman year. “The MAC is never too crowded so there is always something to do and it’s cleanliness is a big draw.”

Twenty minutes a day would help you avoid the freshmen fifteen. If the gym is not for you, an alternative would be to run outside. With the beach right up the street, it would be practical

to get your exercise out of the way by running to the shoreline and then enjoying a nice beach day. A different option would be to join a team or a club team. You can pursue this option by attending the Involvement Fair Wednesday at 2:30 in front of the Student Center to learn more about the different clubs MU has to offer. Even walking around West Long Branch and to all of your classes is some form of exercise. The main thing is you must stay active.

A key recommendation in avoiding the freshmen fifteen would be to lay off the alcoholic beverages. Livestrong.com states that having one shot of Smirnoff’s popular Triple Distilled Vodka is equivalent to 69 empty calories, therefore having five shots is the same

as having a bowl of spaghetti. Furthermore, having three Budweiser 12 oz beers would also be equivalent to having a bowl of spaghetti. While most students are eager to go out and party, they do not realize that they are essentially having enough calories to classify as a second dinner whenever they drink.

It may sound crazy, but a wise idea would be to skip a night of partying and gain some sleep. Believe it or not, lack of sleep is a key role in weight gain.

NBC Today states that our bodies “... run on a 24-hour cycle. When our bodies aren’t in a regular sleep pattern, hormones that regulate whether we feel full or hungry get out of whack...” Thus your body may deceive you into thinking you are hungry when you are not.

Perhaps the most important tip on how to avoid the freshmen fifteen would be to set a goal for yourself come fall break and see it out to completion. Setting a goal is a great motivation to achieve whatever you desire. Utilizing these tips will help any freshmen successfully avoid the dreaded freshmen fifteen.

Quick Tips:

- 1.) Go Healthy - Eat in Moderation
- 2.) Exercise - Utilize the MAC
- 3.) Stay Away From the Alcohol
- 4.) Keep Good Sleeping Habits
- 5.) Set a Goal for Yourself Come Break



How do you feel about the addition of Java City in Plangere?

COMPILED BY: NICK HODGINS



Kelly
sophomore

"I didn't want them to take Einsein's out. I haven't been to Java City since they moved it."



Jason
junior

"It's slightly inconvenient because I'm always in this building so I used to go there all the time."



Wesley
junior

"I transferred from Middlesex County College, but it looks nice, I'll check it out."



Juliana
senior

"I miss Einstein's."



Laura
junior

"Last semester I always went to Java City at the student center, but it doesn't make a difference to me."



Bob
security guard

"I wish Einstein's was here and I want Linda back here too."



Chris
senior

"They removed Einstein's!?"



Zac
junior

"I've never eaten at either one, so I'm okay with it."



A.J.
junior

"I was a little upset to be completely honest. I was surprised, I was a big fan of Einstein's."



Eric
senior

"I miss the bagles, but Java City's coffee is good, so it doesn't really bother me."

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Researchers' Guide to the Galaxy

Guggenheim Library Offers Resources Accessible to Students Anywhere

CASEY WOLFE
FEATURES EDITOR

Many students have heard about the wealth of history behind the University's Guggenheim Library, but how many are aware of the wealth inside of it? Plenty of students have taken advantage of the free computer and printing and copying access that the library offers, as well they should. However, the University strives to educate its students about the resources offered to assist students in their academic careers.

"We have almost 300,000 books," said Assistant Librarian and Coordinator of Reference Services and Special Collections, George Germek, "and we have thousands and thousands of online databases, limitless really, too many to mention because they grow every day." These hundreds of thousands of online resources are products of the technological advances made in the 21st century. However, other old fashioned resources have not become outdated, and are not suspected to in the near future.

"We also have printed periodicals, too," said Germek. "Certain people in the humanities—English, history, people of that background—will still use print extensively."

Though printed resources are still widely used among students and faculty, certain areas of study are really benefitting from the online research aids available to them, according to Germek.

"Social studies and some of the maths in this world, they use a lot of digital depositories, but not everyone."

The University tries to ensure that all students are aware of these resources offered to them and introduce them to the people on campus who are there to help. Many classes require sources from academic journals for papers and assignments.

"Students don't know about it until they come in and learn," said Germek. "We have classes that will basically introduce students to how to do research in the library, and they come in during the first year. Teachers usually bring them

in and organize a class, so we teach a bunch of those classes, probably about 70 or 80 of them a semester."

Sophomore at the University, Mike Burke says he first took the library research course for an information technology class one year ago.

"The University has a vast collection of accredited articles, papers, and discussions on a variety of topics, all easily found by typing in a few key words," he said. "The resource has an extremely easy user interface and allows for quick searches to be made and refined."

Sophomore Shannon Yingst agrees.

"The library research class was an amazing help for research papers. All of the different ways to search for documents were unknown to me before that class," she said.

After students first learn about how to use the library resources, they often come back. Even if they do not physically return to the library, students can take advantage of the tools offered there from their own computer outside of the library and even off campus.

"They all [online databases] can be accessed with students' usernames and passwords," explains Germek. He also reveals some of the most popular and commonly used online databases.

"When students do [research] online, they use EBSCO's Academic Search Complete and they use Pro Quest Central. Those are multi-subject databases, they search everything. From newspaper articles to TV shows to real academic research, it's like the kitchen sink. It has everything. That's generally where new researchers begin."

More experienced researchers working on subjects that are less broad will go on to explore some of the more refined databases that the University library offers.

"As they go on," said Germek, "they do stuff in journal locator, where they look for specific journals. Like if they have to write a paper on Shakespeare, they really wouldn't want to use the multi-subject database because that can include too much and overwhelm them. So they

would come and maybe look for a Shakespeare studies journal or database."

If this plethora of books and databases does overwhelm students, the librarians on staff are more than willing to help and send them in the right direction according to their research subjects. The library is fully staffed every day, including weekends, allowing students as well as outside residents to find assistance and ask questions. Librarians can also be contacted via email or telephone, though most of their encounters with students are in person.

"We're really big on face to face contact, we're kind of relaxed and casual that way and people don't mind coming up to us," Germek said.

As for those students on strict schedules due to class, work, sports or other activities, the library hours are flexible. Every Monday through Thursday, while classes are in session, the library is open from nine in the morning until midnight. Reference librarians will be on staff to help students until at least two hours prior to closing. The hours change, however, on weekends and near midterms and final exams.

"Fridays the library closes at six, Saturdays it's open from nine to five, and Sundays it's open from noon to midnight," said Germek. "And we extend those hours when exams come up."

Though the Guggenheim Library is mainly an environment for studying and research, academic work is not the only purpose this building serves.

"There are plenty of people that even just come here to read in private, some use the databases, some cruise the internet, some are on Facebook, some are doing real serious literary research, it's a wide variety," said Germek. "Then we have people from the neighborhood who come in and do Google searching and so on and so forth as well."

One of the newest areas of research in the campus library is the ever growing rare books collection consisting of many original manuscripts and historical texts. Also continuing to grow are the online databases. The library staff de-

cides what online resources to add to their collection by seeing what students are finding most helpful.

"We monitor their usage and we buy new ones that we think students would use, so we are getting new resources all the time," Germek explained. "And then we use a thing called a Lib Guide. What the Lib Guide does is, if you want to take a class on communication, these are all individual, customized electronic research guides that students use in order to find books, articles, anything." These guides are custom designed to

exam times.

The University's library website also has an award winning plagiarism tutorial to teach students what qualifies as plagiarism and how to avoid it by citing materials properly. Some classes also require students to take the tutorial and print out the certificate of completion provided at the end.

A multitude of students from diverse majors and areas of study take full advantage of the resources offered by the University's library. Most, however, take for granted



PHOTO COURTESY of Casey Wolfe

Assistant Librarian and Coordinator of Reference Services, George Germek and his co-librarians assist University students in their research endeavors.

any class that a professor wants.

Plenty of computer space exists for students wishing to use the resources on campus. Computer availability has never been an issue. Students who cannot find a desktop are able to sign out a lap-top computer to use anywhere in the library. Germek said that the busiest hours of the day are between eleven in the morning and three or four in the afternoon, and then again around seven during

what they have access to, especially through the online databases.

"Students could never get those articles and documents in a typical Google search," states Germek. "If they're not logged into our Monmouth system you're never going to see all those articles. Those articles are proprietary, they're owned by publishing houses or electronic firms, and when you pay for your student tuition it pays for access to these databases."

Junk DNA Recycled From the Attic

SHAHARYAR AHMAD
SCIENCE EDITOR

With respect to the unprecedented advancements seen in genetics in the past few decades such as the Human Genome Project, the advent of gene therapy, and recently, the Human Epigenome Project, we are better able to begin traversing through the vast ocean of uncertainty that circumscribes our ancestry and our individuality. Through this journey, we are now beginning to understand the genetic basis for disease on a whole new level that is allowing us to treat patients on an increasingly personalized basis, one down to the very building blocks that makes up their genomes.

The genome, which consists of the aggregate sum of all the genetic information in our bodies, is composed of a tightly packed molecule known as DNA, a very small fraction of which we have known to actually code for protein. Until recently, its larger counterpart laid dormant as a gray area as we did not fully understand its function and, consequently, was labeled as "Junk" DNA.

30 research papers published last week in major peer-reviewed journals such as Science, Nature, and The Journal of Biological Chemistry, among others, contend that the vast majority of our genome, this so-called "Junk" DNA, does, in fact,

have some biochemical purpose, according to the *New York Times*.

The papers represent a decade's worth of work by an international collaboration of 440 scientists from 32 laboratories in the Encyclopedia of DNA Elements (ENCODE) project. ENCODE was launched by the National Human Genome Research Institute, according to the National Institutes of Health, back in September 2003 with the intention of identifying all functional elements of the human genome.

Daniel Goldenberg, senior psychology major at the University, thinks that the discovery of the function of such "junk" components of DNA is a

significant and worthwhile asset to the journey of human development. "Furthermore, it is a stepping stone from which we can be able to unlock the mystery behind it all."

Nick Kulka, a junior majoring in biology at the University, also sees the groundbreaking research by ENCODE's scientists to be "an exceptional discovery," one "that is sure to enhance our knowledge about the inner workings of DNA and gene transcription."

At the forefront of ENCODE's latest findings are stretches of Junk DNA that act as a series of genetic switches involved in a complex mechanism of regulating cells, tis-

sues, and organs – much like that of the interconnections of the endless stream of wires in server rooms, but a tad bit more complex.

ENCODE's efforts, "... along with other related projects, will give the scientific community a vast body of resources for future human genomic and proteomic studies," said Dr. Ellen Doss-Pepe, Lecturer Professor of Biology at the University. "Future studies will help to broaden and deepen the interpretation of the organization of and regulatory mechanisms of a gene, with significant implications and insights into human disease."

The implication, which almost im-

mediately can be studied, said the *New York Times*, is how alterations in non-gene components of DNA, namely Junk DNA, can contribute to human disease. Because changes in Junk DNA do not directly alter the protein encoding capability of DNA, ENCODE's advances should help shape the future of the rising field of epigenetics, which is the study of heritable changes in DNA (usually from environmental factors) without any changes in the actual DNA sequence.

In the case of identical twins for instance, epigenetic advances may help quantify the extent to which environmental influences can activate those regulatory switches and the effects such switches can hold on the individual's unique susceptibility to a particular disease as opposed to his or her twin who may have been reared in an albeit slightly different environment.

Errors and mutations in such switches, therefore, could have far reaching consequences for the regulatory mechanisms they uphold, leading to adverse reactions and disease. With proper funding into the continued research of this new venue, scores of new drugs, treatment therapies, and research methods can be developed, allowing patients in the near future access to a personalized medicine tailored to their genome.



IMAGE TAKEN from www.nyas.org

The groundbreaking discovery that four million switches found in Junk DNA hold key roles in the regulation of biochemical activity and gene expression will allow us to fight disease on a new front.

Realizations of an Addict

Former Addicts Explain Rock Bottom and Their Road to Recovery

MICHELLE CALLAS
STAFF WRITER

The disease of addiction is a vampire. It sucks the life out of every aspect of a person’s existence. Addiction takes over the body, the mind, and destroys the soul. Age, race, gender or occupation makes no difference to the disease. Its ultimate goal is to take your life, unless you make the decision to save it.

“The moment I realized I was an addict was actually when I had the spiritual awakening,” Michele I. said, requesting her last name be withheld. “I was at a New Year’s Eve party and I got this overwhelming feeling like if I took one more hit, one more sip, or one more bump of anything, I was not going to wake up the next morning.” She heard the crowd countdown to midnight from her bed in another room.

“The next morning I had to figure out how to get help,” Michele said. She had just finished her undergraduate studies in criminal justice at a university in New York state six months prior. She returned home to her parents’ house immediately after the holiday and endured a painful detox on the couch from alcohol, cocaine and prescription pills. Now, ten years later, Michele has not touched a drink or drug since that night.

For some addicts, it is not always a realization that leads directly to seeking help.

“I started doing heroin, and I didn’t even feel like I was an addict because my life was still together,” Kris said, asking that only his first name be printed. He continued to work and earn a living while his addiction festered. The first time Kris was sick from not using, he said he realized he was willing to do anything to get high. Kris robbed his sister’s piggy bank.

“Maybe I do have a problem,” he thought. Kris eventually began a methadone program that helped him pull things together again, but it did not last long.

The moment Kris realized he was an addict was when, “I picked up the needle,” he said. His drug use led to seven arrests in one year and he found himself in court facing the prosecutor. Kris had violated probation, turned in positive drug screens, did not pay his fines and was continually arrested for possession of illegal drugs.

“All those things that I denied for so long, and I was hearing the truth about me from someone that didn’t know me,” he said.

Listening to the list the prosecutor read through, he realized everything he had done in his life and Kris said to himself, “I need to get help now.”

After not using for a month while he sat in a jail cell, Kris found himself in a desperate state of mind.

“I had a shoelace tied around my neck and I was pulling it tighter and tighter trying to kill myself, and then something happened, something miraculous happened,” he said. “Then I realized I never have to live like that again, and that’s when I surrendered.” This suffering addict made the decision to never get high again when he got out of jail. Kris has been clean for over five years.

“Denial is common,” said addiction specialist who teaches at the University, Dr. Alan Cavaiola. “Most addicts feel that drugs

oin, she said, “It was at that point my desire to get clean was born.” It was not until the police caught her repeatedly with drugs, that she finally stopped using.

“At 19-years old, being arrested again for drugs, I decided that maybe I should give getting clean a shot,” she said. Rachel has been clean for more than nine years.

Each week at the University, Suanne Schaad, LCADC and substance abuse coordinator, sees about ten students per week in the Office of Substance Awareness.

“Most are still using and are not at the recovery support place,” she said. “The number of students I work with in recovery is much lower.”

Approximately 40 percent of the students Schaad works with come in on their own seeking help. Her sessions with students are confidential and do not affect

scribe someone who consumes large amounts of alcohol and completely loses their memory of what happened while they were intoxicated. She had been convicted of a DWI (Driving While Intoxicated) at age 19.

“I didn’t drive,” she said. “So that was my green light to just drink all day, every day.”

One night she went out to see a band, met the drummer and started a long-distance relationship with him. He took a trip from Tennessee to New Jersey to visit her, but she spent the time with him partying and blacking out. Halfway through the visit he finally sat her down and talked to her.

“Look, I came all this way to see you and you’re a mess,” he said. “You need help. You really have a problem,” Sara recalled. The visit would be the last time she spoke to the musician, but the

seling, and twelve step support meetings are available on campus to guide students through the struggle of substance abuse and addiction.

“The best part is getting students the help they want and seeing how their lives change due to changes in their use,” said Schaad referring to her job.

Recovery can be difficult, but not impossible.

“I believe that every addict has the ability to get clean and change their way of life,” Michele said.

Because of her decision to get clean, Michele graduated from the University in January of 2012 with a master’s degree in social work, passed her exam to become a licensed social worker (LSW), and she is also a certified alcohol and drug counselor (CADC). She has over seven years experience helping clients with a co-occurring diagnosis of addiction and mental health issues. Living a life where she has found self-respect and a family that is proud of her, she shared, “I’ve accomplished things that I never dreamed were even possible.”

Fortunately, the addicts in this story escaped addiction’s deadly intentions. Where Kris used to feel “trapped, sick and terrible every day,” he now said,

“I have a life that’s beyond my wildest dreams.” Kris is now happily married, gainfully employed and has a healthier relationship with his family.

Rachel has not used drugs in so long she explained, “I couldn’t image what my life would be like if I didn’t make that decision to get clean.” She added that her life is amazing today and she knows it would not be if she were still using.

Addictions, by nature, are chronic relapsing diseases and the key to recovery is to identify and manage triggers, Cavaiola said. At one time, Cavaiola had worked with a counselor who had been in rehabilitation treatment 13 times before he embraced recovery, he said.

“Don’t give up, you never know when things will click.”

“I realized I never have to live like that again, and that’s when I surrendered.”

KRIS
Former Addict

their standing at the University.

“More often, the case is the student will fail out or earn academic probation,” she added. Aside from giving students support, she also works to spread awareness through programs on campus.

During her freshman year of college, this addict heard from more than one person that they were concerned about her drinking.

“Two different sets of friends had written me letters stating that they couldn’t be my friend any longer because they were watching me kill myself, because of the amount of drugs that I was doing, and what I was doing to my body,” Sara said, an assumed name used to protect her anonymity.

Blinded by her using, the message was lost on Sara and she continued to drink despite blacking out every other night. A blackout is a term used to de-

first time she saw the actual consequences of her actions.

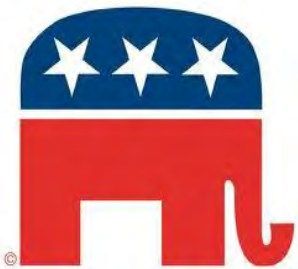
“Somebody actually stopped talking to me completely, and told me I needed help, [it] kind of made me realize that I really had a problem and had to do something different,” she said. After struggling with staying clean for several years, Sara has not used in over 3 years.

“Every active user affects up to eight people directly with their use,” Schaad said. It is encouraged to speak up if a friend or loved one’s using is affecting their life negatively. Schaad suggests letting the substance abuser know you are concerned and explain how their using affects you and your relationship with that person.

“Denial is so strong that [confrontation] can sometimes help with breaking it down a little,” she added.

Evaluations, short-term coun-

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RHA Hosts Late Night Lounge

ALEXIS ORLACCHIO
ASSISTANT CLUB AND GREEK EDITOR

The Residence Hall Association (RHA) hosted their first event of the fall semester, Late Night Lounge, on Thursday, September 6 at 7:00 pm on the Residence Quad. “It’s a fun event where students can come to showcase their talents,” said RHA member Thomas Beaufort, sophomore. From magic tricks to singing and performing original songs, Late Night Lounge is an event where students can express their creativity and talent. “There are a lot of gifted students at Monmouth so I really do expect a big turnout,” said Beaufort. Beaufort has been a general member of RHA for two years and currently serves as a Resident Assistant in Willow Hall.

Host Ashley Pacifico, junior, took the stage to welcome students to Late Night Lounge. “RHA is one of the biggest organizations on campus. We always make sure there is something to do,” said Pacifico. “We want to know what’s going on with the students and we want them to enjoy their time here.”

Freshman Guy Battaglia kicked off the event by playing a cover of “Everybody Talks” by Neon Trees on his acoustic guitar. “I didn’t really understand what it (Late Night Lounge) was on the welcome week sheet but then I got an email about

it last night that said ‘Open Mic Night’ and that caught my eye.”

Battaglia followed up his opening song by performing an original from his band 99 Regrets. “The guys in the band now have been with me for the past three years,” said Battaglia. Ed Cerner, fellow freshman came to watch Battaglia for “lots of moral support.”

Free food and drinks were provided to the students. Everyone that attended Late Night Lounge was eligible for the raffle prizes, which included a football, socks, a Monmouth T-shirt and gift certificates to Big Moe Taxi Services.

Eric Mochnacz, RHA advisor, encourages students to get involved and show off talents. Mochnacz has been working with the University for eight years and this is his fourth year advising RHA.

“It’s an alternative activity for students to do on a Thursday night,” said Mochnacz. “It is co-sponsored by substance awareness so we want students to know and believe and give them an opportunity to do something if they don’t feel like going out to party or they don’t feel like going out to drink.” He adds, “It’s just a good time.”

Jackie Scugard, freshman, stopped by Late Night Lounge after she spotted a flyer in the underground walkway that was advertising the event.

“I’ve always liked coming out to these kind of performances where

people go up and sing and show what they’ve got,” said Scugard. “Back in high school we’d have a Coffee Night and it’s very similar to this.” Scugard is no stranger to the stage, “I used to sing and do theater in high school.” She has been a part of stage productions such as “Sweeney Todd” and “My Fair Lady.”

“I’m an old pro at Late Night Lounges and Open Mic Nights,” said junior Jessica Severns. When asked what she was planning on performing she said, “I just kind of sing whatever hits me, and I just kind of go with the flow.” Severns is a big fan of jazz music, “‘At Last’ by Etta James is one of my favorite songs to sing. But people usually request Adele for me.”

Natalie Zeller received a standing ovation from audience members after she played guitar and sang two of her self-written songs “Bipolar” and “Blue Bird.” Zeller is a freshman and is a music industry major.

RHA will be hosting a number of upcoming events in the fall semester. Their next event is Battle of the Buildings, which will be held September 14 and 15. RHA also hosts Fall Fest, an annual event held on the quad and Winter Ball, which takes place every February. The first RHA meeting of the year will be held Wednesday, September 12 at 8:00 pm in Mul-laney Hall.



PHOTO COURTESY of Alexis Orlicchio
Guy Battaglia is a freshman at the University. Here he is performing a cover of “Everybody Talks” by Neon Trees.

South for the Summer *The Outdoors Club Visited Tennessee this Past August*

NICK HODGINS
SENIOR EDITOR

This past summer six members of the Outdoors Club went on a trip to Tennessee where they took part in various outdoors activities such as kayaking, white water rafting, zip lining and camping.

The idea for the trip and trip planning was organized mostly by the club’s advisor, William Reynolds. They spent about a week down south, with three members heading out a few days early to sightsee in Nashville.

Club president Greg Cenicola, along with club members Mike Kulik and Tyler Vandegrift, both sophomores, drove out two days early to explore the city of Nashville.

“Nashville was great,” Kulik said, “All the bars had live bands. One was playing ‘The Devil Went Down to Georgia’ and they had this girl on the fiddle. I didn’t know it was possible for a person to play an instrument like that. It was incredible.” The three also stopped at the Country Music Hall of Fame and Museum during their stay.

The Outdoors Club was also visited by former president Paul Mandala and former Vice President Joe York, who rode down with Reynolds and joined Cenicola, Kulik and Vandegrift in Gatlinburg, Tennessee. The six stayed in Great Smoky Mountain National Park where they set up their camp.

“It was my first time ever staying in a National Park System,” Cenicola said, “It was a good experience. We had running water as well as a bathroom there.”

He then went on to tell the story of their first night and what he referred to as, the soup experience. The group sat around the campfire heating up soup for dinner when they realized they had no bowls or cups with them. “You’d think one of the six of us would have remembered to bring bowls or cups, it’s not like it was our first time camping,” joked Cenicola. “We decided to cut the tops off some empty cans



PHOTO COURTESY of Zipline Family Adventures
Greg Cenicola, senior and current Outdoors Club President, ziplines through the Smoky Mountains forest suspended nearly 100 feet in the air.

we had with us and pour the soup into them. The only issue was they became too hot for us to hold. So there we were, the six of us, holding hot cans with our socks around them, eating soup; it was hilarious.”

The first official day for the complete group consisted of white water rafting in the upper section of the Pigeon Ford River. They rafted through stage three and four rapids. According to Cenicola, stage five is the most difficult level of rapids.

The six used Outdoor Rafting Adventures to take them out and provide them the gear necessary for their adventure as well as a guide to go out with them.

“Rafting the Pigeon Ford river was my favorite part of the trip,” said Reynolds, “It really got my adrenaline pumping.”

After a long day of rafting and swimming the group decided to purchase some fireworks, which unlike here in New Jersey, are legal in Tennessee.

“We were setting them off in a field outside this bar,” explained Cenicola, “And eventually all eight people who were in there came out to watch us. Later, this lady walked out with a box and in a real heavy southern drawl said, ‘You boys want to see something fun?’ She lit the box on fire, turned to us and calmly said, ‘Run.’ Needless to say, we ran away fast.”

The next morning the six enjoyed a day of zip lining through a forest not too far outside of a town called Gatlinburg.

“It wasn’t too different from our zip lining trip at Hunter Mountain, N.Y. last semester,” said Cenicola. They were suspended at heights varying from 10 to 100 feet, where they zip lined from tree to tree.

The zip line tour ended in Gatlinburg, “a touristy town,” described by Cenicola, where the 21 and older of the bunch got to try out some beer, wine and even moonshine tastings. The Ole Smokey Mountain Moonshine website writes,

“Our families were growing corn and making whiskey here before Tennessee was a state, and after years of having to hide from the law in the days of prohibition, we’re proud to finally be able to legally share the best spirits in the mountains.”

Afterwards the group decided to call it a night, but not before playing laser tag at one of the local establishments.

On the final day the club ventured back out into the rapids with Outdoor Rafting Adventures, although this time they rode inflatable kayaks which were referred to as duckies.

Mandala, the creator of The Outdoors Club said, “My favorite part of Tennessee was white water kayaking in duckies down the river. It was fun to be in your own boat with the freedom to check out what you wanted, at your own

speed, while at the same time staying near the group. I also found a random rope hanging out of a tree and as soon as I saw it I knew I had to climb up it. The rapids were pretty fun too, all of us got the chance to try out surfing a white-water wave. Seeing and being that close to a circular current was really cool.”

Reynolds and Kulik both notably enjoyed the atmosphere and welcoming local environment of Tennessee.

Kulik said, “My favorite part was meeting all the different people, interacting with the different guides and seeing how different life is in a place that is really relatively close to home. Laws are different, people are different, it just seemed like you could walk in anywhere and have a half hour conversation with any given stranger and hear things you just wouldn’t fathom talking about with someone in Jersey.” Kulik has been involved

with the Outdoors Club for a little over a year now.

Reynolds said, “We found the locals to be very welcoming and anxious that we enjoyed every minute spent in Tennessee.”

Mandala also enjoyed the company of the trip and being able to spend time with different eras of the club. “I can’t say enough good things about the guys. It was fun being able to see the past, present and future of a club all in one trip. It will be a special memory for me. I needed the trip to unwind a little because of all my training for my Ironman race; a weekend with the Outdoors Club guys was exactly what I needed.”

When asked if he planned to stay involved with the club, now two years post-graduation, Mandala replied, “Not only do I think that I myself will stay involved with the Outdoors Club, but because of some of the close ties we made over past trips I see an Alumni group in the makings. It’s great that something I started with a little backing of effort is not only expanding and thriving on campus but even spurred off an alumni group. I think the friendships we make will last a lifetime.”

Next summer Cenicola hopes to plan a kayaking trip to the Grand Canyon, but that’s still just an idea. For now, the club has a rafting trip planned for September 29 to 30, about 100 miles north of Albany. There is room on the trip for 40 students and the cost is \$75 each, which is less than half the normal price according to Reynolds. This includes, five meals, a bus ride, the campsite and admission to white water rafting on the Hudson.

In addition to that trip the club has a beach party planned for September 22. Here they will bring out all the toys, such as paddleboards, surfboards and kayaks. For more information on the club feel free to attend their first meeting of the year on September 12, which will be held in the back of the student center (near the pool tables) at 3:30 pm.

Club and Greek Announcements

Woods Theatre

I'd love to announce that "Boom Roasted Student Production Group" is looking for members who wish to be a part of Theatre. Our first meeting this semester will be on Wednesday 9/12 at 2:30 pm in Woods Theatre, room number four.

We are looking for any students, regardless of major, interested in acting in or working on shows in many different aspects of theatre.

Theta Xi

The brothers of Theta Xi Fraternity would like to welcome all students for the fall 2012 semester! Over this past summer, our executive board met with representatives from Theta Xi Nationals to plan and prepare for an exciting new school year! Brothers Joe Nardini, Eric Burke, Nick Mazzo, Victor Nazzario, and Andrew Lanza spent time at a conference working on team-building, leadership, scholarship, ritual, brotherhood and service exercises that will be applied within the Gamma Xi Chapter here at the University.

President of Theta Xi, Joe Nardini, is excited to help unleash the full potential of the fraternity this year.

"We are incredibly lucky to have been given the opportunity to work with Nationals one on one and deeply appreciate the support and guidance that have been given to us. It is going to be a great year."

Theta Xi is looking forward to welcoming our National Headquarters back to the University on September 20-22!

We know that the beginning of a new school year can be extremely exciting and overwhelming at times, so we wanted to remind students about some important dates coming up!

Meet the Greeks - Tuesday, September 18.

Fraternity Round Robin - Wednesday, September 19.

PHC Round Robin - Begins Friday, September 21.

Fraternity Interviews for Prospective Members - Monday, September 21 and Tuesday, September 25.

Alpha Sigma Tau

The sisters of Alpha Sigma Tau would like to welcome everyone back to another great school year, as well as welcome the incoming freshmen to the University.

Aside from the social aspect of our sorority and interacting with the other sororities and fraternities on campus, we also participate in and host many events that go towards a variety of different causes. This year, we look forward to planning a lot of events to stay involved with our philanthropies, such as raising money for the American Cancer Society, as well as promoting suicide prevention with our traditional Suicide Awareness Week.

We also look forward to participating in multiple service projects to help benefit the community. We hope you all have a great fall semester and we wish the freshmen the best of luck during their first year at the University! Hope to see you all at some of our events!

The College Republicans

The College Republicans would like to welcome everyone back. We are looking forward to a very exciting fall semester as the 2012 presidential election approaches. This is a great opportunity to decide who you feel deserves to be president for the next four years. We plan to host many wonderful events leading up to the election that will allow everyone the opportunity to find out who they are and allow others to find out how they lean politically. The College Republicans are looking forward to meeting with those students that want to have their voices heard on the issues and bring forth new ideas to the club's activities.

Alpha Xi Delta

On behalf of the University's Greek Community, the sisters of Alpha Xi Delta would like to welcome back our fellow classmates and extend a huge welcome to the incoming class of 2016!

College is the most crucial stepping stone in your social and academic growth as you start new classes, take on more responsibility and meet friends from all over. The University has so much to offer its students besides academics. Therefore, as a freshman, don't be afraid to try new things with friends that will last you a life time. We hope everyone had a safe and enjoyable summer and are ready to make this upcoming school year the best yet!

Dance Team

Dance Team Try-Outs will be held on Monday, September 17 at 8:00 pm in Anacon Hall.

Please come prepared with a 30 second routine in jazz or hip-hop style. For more information, please contact Kristen at kisaksen@monmouth.edu.

Alpha Phi Sigma

Welcome back for another great year here on campus!

Hey students, are you looking for something more to add to your list of activities and clubs? Are you a Criminal Justice major or minor with a GPA of 3.2 or higher? If so, our current members and I encourage you to consider joining Alpha Phi Sigma, the University's chapter of The National Criminal Justice Honor Society! We strive to promote academic excellence, a sense of community, the development of professional and personal leadership and encourage a greater love and understanding of the criminal justice profession. We try to hold and promote fun, unique ways of fundraising and other educational activities on campus.

One such event that we take pride in is our Vest-A-K9 fundraiser. We work closely with the Monmouth County Sheriff's Office to bring the K9 officers onto campus to showcase their skills as sworn officers of the law; the four legged officers are a treat to behold!

If you're interested and would like to know more don't hesitate to contact the Criminal Justice Department more information! Have a great school year and we wish you all the best.

End of the Summer Draft House Party

PRESS RELEASE

WEST LONG BRANCH, NJ--- The Public Relations Student Society of America is hosting an End of the Summer Draft House Party at Draft House on Thursday, September 13. Only \$5 to enter VIP area and receive student specials and half price appetizers, offered from 9:00 pm to 11:00 pm.

There will also be a special guest appearance from VH1's 20 Pack. All proceeds will go towards Monmouth University's PRSSA Chapter to raise money to go to the PRSSA 2012 National Conference in San Francisco.

For more information contact Victoria Jordan at (856) 725-0841 or s0746458@monmouth.edu

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The New Yorker
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NOVEMBER 11 @ 3 p.m.
in beautiful WOODS Theatre

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THURSDAY, DECEMBER 6 at 7:30 p.m.
WILSON HALL STAIRCASE

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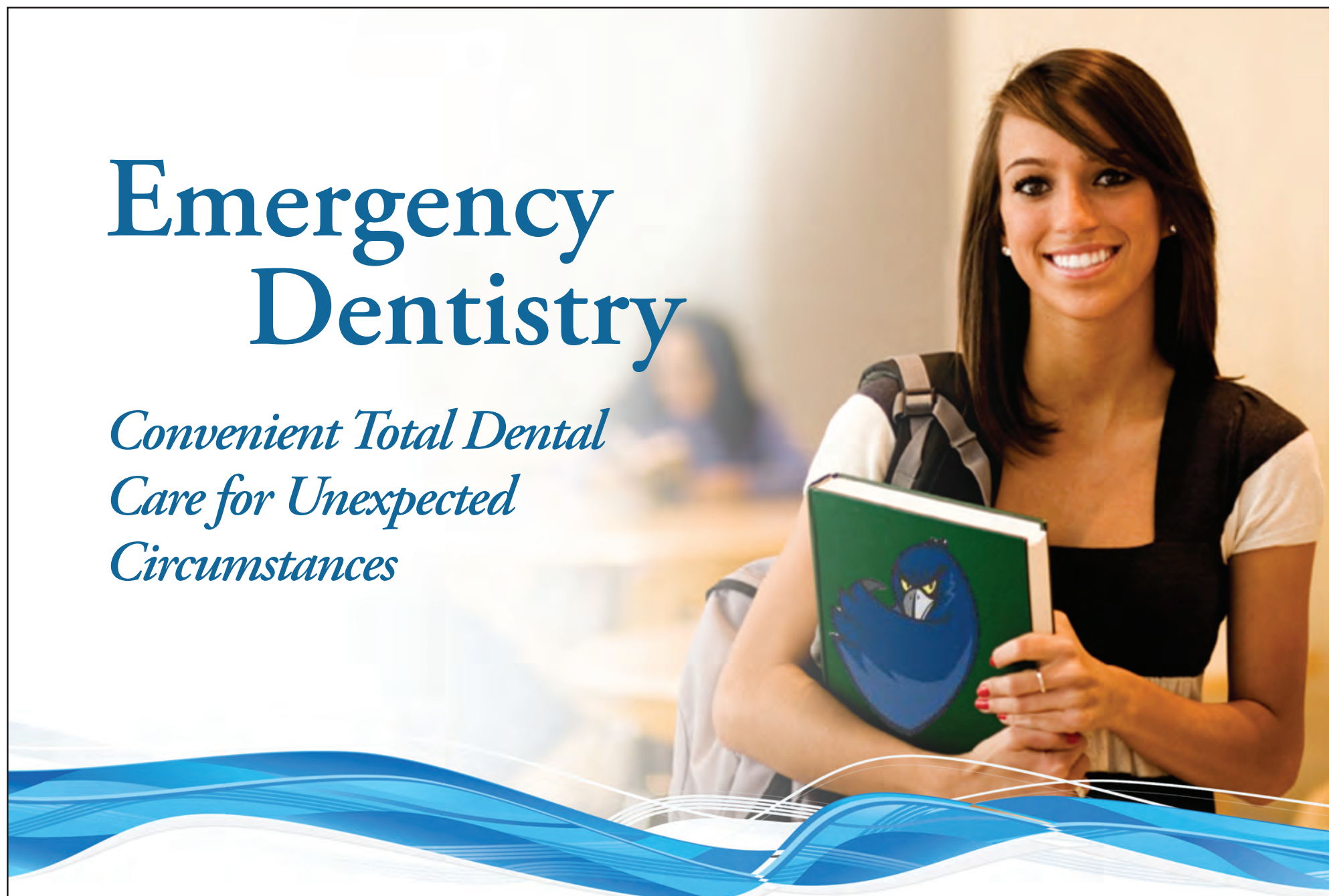


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Students Ryan Clutter (Senior) and Courtney Carr (Sophomore) represented Monmouth University at the HERO Campaign Golf Outing at the Sand Barrens Golf Club, New Jersey in May 2012.

The Office of Substance Awareness sponsored this outing to support the ongoing efforts of the HERO Campaign and its message to promote the use of Designated Drivers. These students were chosen from a number of student nominees who submitted an essay on how they would best represent the University and support the mission of the HERO Campaign.

Horoscopes

To get the advantage, check the day’s rating: 10 is the easiest day, 0 the most challenging.

♈ Aries • (Mar. 21 - April 19) - This week is a 9
Go out and do something that you’ve always wanted to do. Afterwards make some happy plans and create time for a little romance. Remember that a feminine touch goes a long way, but gather all your information first because you don’t have all of the facts just yet.

♉ Taurus • (April 20 - May 20) - This week is a 9
You can’t tell if it is true love but for the time being you just might want to keep your feelings to yourself. In the mean time inspiration is all around and friends are charming and charmed, so take a moment to simply appreciate the world around you for a while.

♊ Gemini • (May 21 - June 21) - This week is a 8
It’s a beautiful moment to relish. Be sure though that if you have something important to say to say it. It is because your gift with words that will leave them wanting more. You will have the perfect opportunity to do so at a social event, which just might provide a surprise or two.

♋ Cancer • (June 22 - July 22) - This week is a 7
It’s easy to find resources but a little research goes a long way. Also be prepared to keep a secret, for an old friend will repay a favor or debt because of it. Both outcomes prove beneficial.

♌ Leo • (July 23- Aug. 22) - This week is a 9
Get ready for brilliance to come at you with lightning speed. Capture as much of it as you can, and be sure to take good notes so you remember it all. Allow what you’re learning to sink in but be sure to make a little time for love, and get ready to keep a secret soon.

♍ Virgo • (Aug 23 - Sept. 22) - This week is a 6
Being graceful and grateful come in handy, especially now. By doing this and paying attention to others, you might just learn a different way of getting things done. So get outdoors, let go of the things that don’t serve you. and prepare yourself for a new set of skills.

♎ Libra • (Sept. 23 - Oct. 23) - This week is a 8
Get ready to fall in love all over again! Dip your oars into social waters, and row with gusto. Take advantage of your psychic senses. Remember that creative works pay well but don’t let them overwhelm you. However if you do you just might have to postpone an outing as a result.

♏ Scorpio • (Oct. 23 - Nov. 21) - This week is a 8
Put your heart into it this week, along with your other muscles. It will take a bit of inspirtation and perspiration but it will definitely be worth it. Play some Sudoku or another kind of math game to keep your brain exercised and well conditioned.

♐ Sagittarius • (Nov. 22 - Dec. 21) -This week is an 8
Your work is going to interfere with your playtime. Do it for love, not money, and don’t be afraid to ask for what your worth as a reminder to keep you going. Although an upgrade may be necessary the overall outcome is positive.

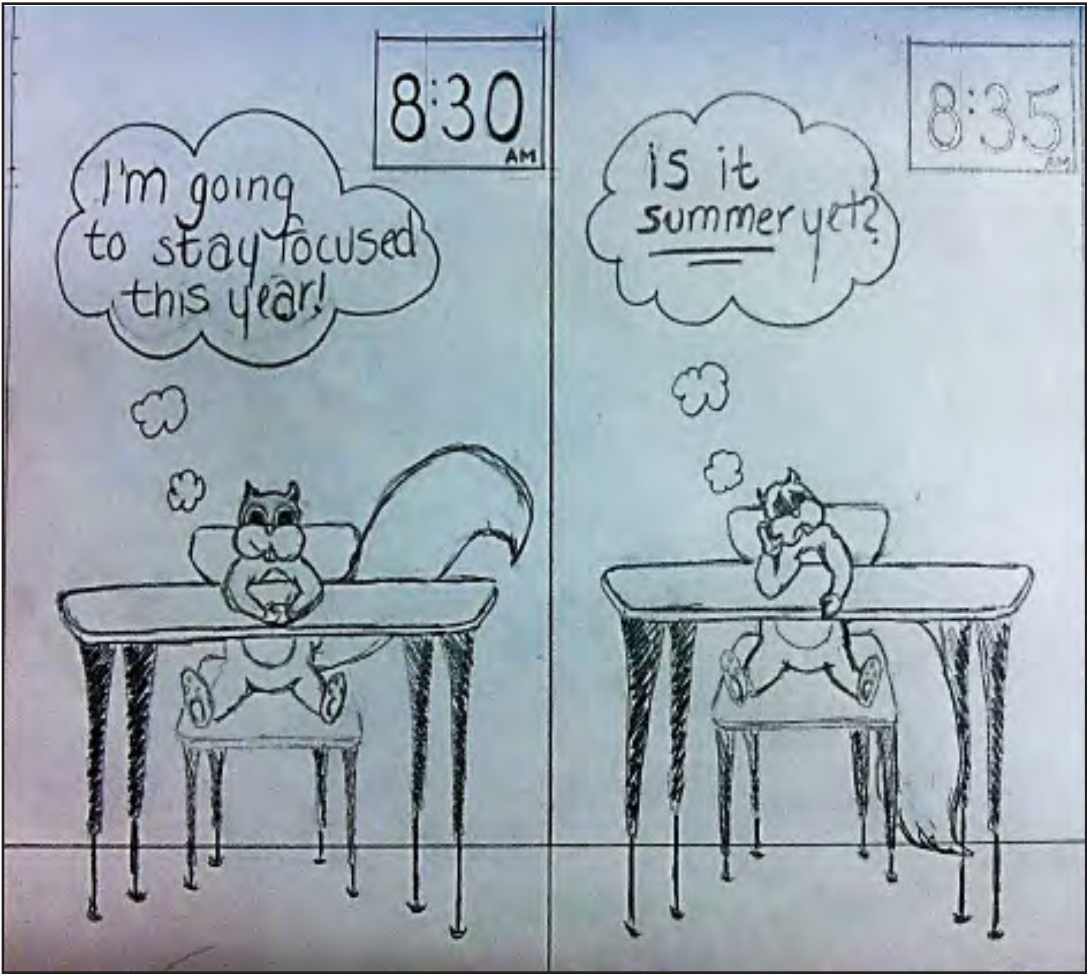
♑ Capricorn • (Dec. 22 - Jan. 19) - This week is a 6
Ask and you shall recieve. Consider what you’re asking for. Think over a friend’s suggestion very carefully and seek harmony in a little bit of romance. The odds are in your favor.

♒ Aquarius • (Jan. 20 - Feb. 18) - This week is an 8
Partnering and some cooperation is essential for two more days. Negotiate a little bit more in order to refine the plan, but keep in mind that relaxation helps. Accept an invitation from a special person and enjoy yourself a little, you never know what could come from it.

♓ Pisces • (Feb. 19 - Mar. 20) This week is a 7
You’re entering two days full of steady work effort and will profit from meticulous service and charm. It’s a winning combination. Through this you can find the resources needed in order to manifest a dream.

HOROSCOPES ARE STRICTLY FOR ENTERTAINMENT PURPOSES.

“Misguided Understandings” by Alyssa Gray



a So-You-Say comix #1

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Los Angeles Times Daily Crossword Puzzle

Edited by Rich Norris and Joyce Lewis

ACROSS

- 1 “Rumble in the Jungle” champ
- 4 Hanging on every word
- 8 Crumb bum
- 14 Actor Chaney
- 15 Dot on a map
- 16 Delphi’s claim to fame
- 17 Perspective-bending artist
- 19 “Beau Geste” novelist
- 20 Grade for a tween
- 21 Scottish hillside
- 23 Convent residents
- 24 Runner Sebastian et al.
- 26 Second and third in a sequence
- 28 Port relative
- 30 Sears rival
- 34 Subdue with a stun gun
- 35 Final Four initials
- 37 “Mercy!”
- 38 Penn Sta. users
- 39 Blues standard first recorded by Ma Rainey
- 41 KGB counterpart
- 42 Prettify
- 44 “Roots” author Haley
- 45 Game with a 32-card deck
- 46 “Never Give a Sucker an Even Break” star
- 48 How some beer is sold
- 50 Mil. plane for small runways
- 51 Civil wrong
- 52 Barbershop member
- 55 CNBC interviewees
- 58 Reverend’s residence
- 61 Pepsi alternative
- 63 Justice League publisher
- 65 Charm
- 66 Entry point
- 67 Kite on the links
- 68 “Who wants ice cream?” reply
- 69 Lid malady
- 70 Lamb mom

DOWN

- 1 Poor box donations
- 2 Focal points
- 3 More than
- 4 Having deeper pockets
- 5 Hibachi residue
- 6 Roman commoner
- 7 Okla. or Dak., once
- 8 Inept sheep keeper
- 9 Circle part
- 10 Beginning
- 11 Color of raw silk
- 12 Narrow valley
- 13 Mil. bigwigs
- 18 Five-and-dime, e.g.
- 22 Game player’s haunts
- 25 iPad-to-iMac activity
- 27 Fourth prime minister of Israel
- 28 It may be bendy
- 29 One of three in Coca-Cola
- 30 Locks up
- 31 Cable venue for vintage sitcoms

Tuesday’s Puzzle Solved

B	F	F		A	S	K	E	W		S	H	A	P	E	
O	U	R		S	L	I	C	E		L	I	N	E	S	
O	R	O		S	A	L	U	T		O	N	T	A	P	
N	O	D	O	U	B	T	A	B	O	U	T	I	T		
	R	O	O	M				A	B	C	S				
				P	E	P	P	E	R	S	H	A	K	E	R
S	P	A	S		R	E	X		C	E	T	E	R	A	
L	O	T		F	I	G	U	R	E	S		N	O	N	
A	S	W	A	R	M		L	A	N		H	O	S	T	
W	H	O	G	O	E	S	T	H	E	R	E				
				E	U	R	O			E	L	M	S		
	J	I	S	F	O	R	J	U	D	G	M	E	N	T	
N	O	T	A	R			D	E	B	R	A		T	E	A
C	A	R	G	O			I	D	E	A	L		E	E	G
O	N	Y	O	U			D	I	R	G	E		D	R	S

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- 32 Poland Spring competitor
- 33 Dublin-born poet
- 36 Pacifier site
- 39 Online tech news site
- 40 Parkway off-ramp
- 43 Meat- or fish-filled pastry
- 45 “Vamoose!”
- 47 Pin down
- 49 “Mercy!”
- 52 “Dracula” novelist Stoker
- 53 Peak
- 54 Fountain build-up
- 56 Track numbers
- 57 St. Andrew’s Day celebrant
- 59 Garbage barge
- 60 Salinger heroine
- 62 Apollo lander, briefly
- 64 Affectedly shy

Hawks Fly Passed Rhode Island 41-6

ED MORLOCK
SPORTS EDITOR

The Football team dominated Rhode Island on Saturday 41-6 to improve their record to 1-1 on the season.

Kyle Frazier had one of the best games of his career. He completed 18 of 28 passes for 264 yards, three touchdowns and no interceptions. He took control of the game with his feet as well, rushing seven times for 57 yards. Frazier didn't even play in the fourth quarter.

On the Hawks' first possession, Frazier led a 13-play, 85-yard drive for a touchdown to take a 7-0 lead. The fifth year senior quarterback was six of seven passing for 58 yards and a touchdown. He also ran the ball once for ten yards.

The Blue and White had lost their previous eight games at home, so starting strong got the crowd involved and confident for the first time in a while at Kessler Field.

Monmouth's offense was able to do whatever they wanted against the Rams (0-1) for the entire game. Everyone was involved and the team was clicking on all cylinders.

The Hawks totaled 539 yards of offense, with 272 coming on the ground.

Pete Nagy led MU with 82 yards rushing on eight carries, despite los-

ing a fumble at his own 12-yard line on the team's second possession. K.B. Asante carried 14 times for 64 yards, a healthy 4.6-yard average. Sophomore Julian Hayes took the ball 12 times for 59 yards and a pair of touchdowns, his second and third scores of the season.

Hayes, however, didn't take much credit. "A running back is nothing without an offensive line. They did a phenomenal job. I honestly feel that they are the core of this team," said the second-year running back. "When they are punishing people and putting them on the ground, it makes all our jobs easier. The line was more physical than them today, they out-manned them and that allowed us to get behind them and they carried us to the finish line."

Just like the running backs, a plethora of receivers contributed in Saturday's win. Frazier spread the

ball around and nine different receivers had at least one reception.

Neal Sterling and Tristan Roberts combined for eight catches and 85 yards, but neither of the two book-ends got into the endzone. Lemar Davenport had three catches for 44 yards and his first career touchdown. Asante was on the receiving end of a touchdown as well. Mike McLafferty had one catch for a 25-yard touch-down, which may have been the most entertaining play of the day.

With 5:57 left in the second quarter, the Hawks looked to extend their 17-3 lead and put the nail in the coffin. The Rams generated some pressure, but Frazier was able to avoid the rush and throw across his body to a wide-open McLafferty in the endzone.

"I had to shed away a defensive tackle and scramble a little bit and I heard Mike scream and wave his arms," Frazier said. "I turned my



PHOTO COURTESY of MU Photography

Sophomore running back Julian Hayes has scored three touchdowns this season and is second on the team with 97 yards on the ground.

head and saw him standing wide open in the endzone and thankfully I got it to him."

"It was originally designed to go to the right side. I didn't even think the ball would be coming my way. There was no one overtop of me so I found myself in the endzone," McLafferty said. "I saw Kyle was just scrambling so I tried to wave my arms, get his attention. I think I shouted at him, he said he heard me so it worked out."

The MU defense played a dominant brand of football as well, holding the URI offense to 197 total yards.

"Our defense did a very good job throughout the day," said Head Coach Kevin Callahan. "Other than the field goal at the end, the only other points they had was on an early turnover inside our 15."

The defense forced three turnovers on the day, including a forced fumble by cornerback Elijah Phillips and the first interception of linebacker Dan Sullivan's career.

Monmouth hopes to keep the ball rolling when they travel to Wagner next week for their first Northeast Conference (NEC) game of the season.

“Our defense did a very good job throughout the day. Other than the field goal at the end, the only other points they had was on an early turnover inside our 15.”

KEVIN CALLAHAN
Head Coach

Field Hockey Starts Season 0-6

GAVIN MAZZAGLIA
STAFF WRITER

The University field hockey team has started the season slowly, but head coach Carli Figlio and her girls know what it takes to get back on track. Figlio is in her sixth year as the head coach, so she has plenty of experience going through ups and downs in a season.

The team has started the season 0-6, but they are headed to Newark, Del. today to take on the University of Delaware in a non-conference matchup.

The Hawks began the season with a tough loss to Syracuse University, ranked seventh in the nation at the time. Monmouth hosted Syracuse with expectations for a tough game, but also an opportunity to prove something big. Unfortunately, they fell short by a score of 8-1. Despite what the final score said, having the opportunity to match up against a powerful squad like Syracuse is only good for the

Monmouth field hockey program. Playing up against tough opponents will only make them better.

Three days later, Monmouth traveled to Long Island to take on Hofstra University. It was another tough one, as the Hawks were held without a goal in the 6-0 loss. The Hawks wrapped up the month of August with an opportunity to host Rutgers University and add to the hype of the in-state rivalry. It was also the third year that the two schools have participated in the "Stick it To Cancer Game," where both teams play to support and fund cancer research. The past two years, the two schools raised over \$3,000. Rutgers came out on top with a 4-1 win.

Two days later, Monmouth hosted Fairfield University in the second game of a four game home stand in West Long Branch, N.J. Both teams fought hard to the ending, forcing overtime after a 4-4 deadlock. Only four minutes into the overtime period, Fairfield hit the game winning

goal to leave West Long Branch with a thrilling victory. Michelle Pieczynski led the way for the Hawks with two goals while Nicole Manziano added two assists. Pieczynski's two goals made her the first player in Monmouth field hockey history to surpass the 100 point mark.

On the second day of fall classes, Monmouth hosted Temple University in another non-conference matchup. Both teams exchanged goals throughout the game, but Temple sealed it in the end to pull off a 3-2 victory.

On Sunday afternoon, Monmouth hosted Virginia Commonwealth University in the final match of the home stand. The result was identical to the previous game against Temple, putting the Hawks at an uneasy 0-6 record.

So far this season, Pieczynski currently leads the Hawks in points with ten, including five goals. Amanda Scoenfeld has two goals and Tara Brown has four assists. Ali Askinas has



PHOTO COURTESY of MU Photography

































Michelle Pieczynski leads the team with five goals this season. She is the first player in Monmouth field hockey history to record more than 100 points.

three defensive saves while Nicole Manziano has two. Goalie Teresa Mathews has 37 saves and has allowed 29 goals on the season. She averages just fewer than five goals allowed per game.

The Hawks will continue to

face off against non-conference opponents for the next month and then will begin NEC play. Monmouth also faces a seven game road trip, starting next week against St. Joseph's University.

Outlook's Weekly NFL Picks - Week 2

	Away	Chicago Bears	Baltimore Ravens	Tampa Bay Buccaneers	Dallas Cowboys	New York Jets	Detroit Lions	New Orleans Saints	Washington Redskins
	Home	Green Bay Packers	Philadelphia Eagles	New York Giants	Seattle Seahawks	Pittsburgh Steelers	San Francisco 49ers	Carolina Panthers	St. Louis Rams
Ed									
Clutter									
Gavin									
Brett									

Men’s Soccer Undefeated Through Five Games

RYAN CLUTTER
CONTRIBUTING WRITER

It’s been a great start to the 2012 season for the Hawks men’s soccer team. Yet to be defeated, they are 4-0-1 and currently sitting second in the Northeast Conference. Coming off three straight NEC tournament titles and seven straight NEC regular season championships, Coach Robert McCourt’s team is eager to continue their success this year.

“Our goals every year are to set ourselves up to get an at-large bid in the NCAA tournament, to win the NEC regular season and to win the NEC tournament. Those are our three main goals,” said Coach McCourt. “We always feel that, as a program, anything less than that is a failure for us.”

Many changes have occurred since last season ended with a defeat to UCONN in the second round of the NCAA tournament. The Hawks welcome four international players who have all earned starting spots on the team and are already making a huge impact. Junior transfer Francois “Paco” Navarro, originally from Paris, France, leads the team in points this year, recording two goals and three assists in the five games.

“Coach McCourt has done a great job putting in a lot of new pieces,” said junior Jacob Rubinstein. “We have a lot of new people this year, a lot of new faces getting a lot of playing time, so he’s definitely done a great job putting everything together.”

Early on, the Hawks have been getting recognition for their play from the Northeast Conference. Two weeks into the season, a Monmouth player has been named NEC Player of the Week as well as NEC Rookie of the

Week each week.

The honors of Player of the Week went to Jacob Rubinstein for the week of August 27. Rubinstein scored the lone goal in the season opener at Towson University. A corner kick gave Paco Navarro the assist as Rubinstein put the ball in the back of the net. The goal was Rubinstein’s first since he netted the game winner against Saint Francis (PA.) in the 2010 NEC Championship game.

“That was great, a good feeling to be back and immediately help the team,” said Rubinstein, who missed last season to focus on academics. “I had a year off, so I had to work real hard over the summer. The hardest part was fitness because as I was used to playing soccer, it was definitely a lot of work getting fit again.”

Paco Navarro received the honor of Player of the Week on the week of September 4 when he totaled six points. Against Providence in the second game of the season, Navarro put the Hawks on the board in the 63rd minute to tie the game 1-1. Fifteen seconds later, Navarro was credited with an assist when he fed the ball into the box as midfielder Joseph Schmid put away the game winner. The third goal for the Hawks was scored by Navarro six minutes after the second, and Monmouth improved to a 2-0 record with a 3-1 win.

Reflecting on his first goal as a Hawk, Navarro said, “Derrick crossed the ball into the box, and I was just like ‘I need to be there.’ That’s the thing we work on during training sessions, so I knew I had to be there.”

Freshman David Camacho, originally from Costa Rica, was named Rookie of the Week the week of August 27 for his stellar defensive play against Towson in the season opener. His take-



PHOTO COURTESY OF MU Photography

Forward Edney Derrick battles for possession as the Hawks defeat Columbia 1-0.

away in the 88th minute sealed an opening game shutout. Ghana native and first year Hawk, Edney Derrick, was honored with NEC Rookie of the Week for the week of September 4 when he put together five points over a three game span, including three assists.

“We’re creating an awful lot of opportunities. We’re scoring some goals, we’re scoring more goals than we have in the past,” said McCourt. “I like to think going forward, we’re more dangerous than we’ve been at this point in the year versus past seasons.”

The third game, against Rider, resulted in a victory for the Hawks as goalkeeper Alex Blackburn turned in yet another shutout in a 2-0 win. Derrick and Matt Jeffery scored for the Hawks.

“The team looks really good, the further we go into the games,

we look in shape and I think we can go far this year,” said Navarro.

On a rainy night against Hofstra, Monmouth settled for a 1-1 tie after two overtimes. Rubinstein scored the only goal for the Hawks on a header in the third minute. Blackburn put together a seven-save effort in the tie.

After Saturday night’s game against Columbia was suspended due to weather, Monmouth suited up Sunday afternoon. Scoring chances came early and often for the Hawks, who were awarded free kicks on 18 occasions. The ball finally found the back of the net in the 37th minute when Ryan Clark sent a corner kick into the box. The ball ricocheted off defenders and bent in the net. The goal gave Monmouth a 1-0 lead.

The defense was spectacular, not giving Columbia many

chances. Columbia’s offense was held to just two shots, neither of which was very threatening. The Hawks went on to win the game 1-0. Coach McCourt continues to praise the defense for their play.

“The back core of this team has always been our defense,” said McCourt. “We’re pretty stingy on the defensive side of things. Stingy in the sense that we don’t give up cheap goals; we don’t give up a lot of goals.”

To continue to have success, McCourt says, “We just need to respect the opposition and we need to make sure that we understand every time we play against a team we get their biggest game. It’s a World Cup Final for all the teams that are playing against us.”

Monmouth’s next game is Friday at 7:00 pm against Seton Hall in South Orange, NJ.

A Look Back At The Spring Season

ED MORLOCK
SPORTS EDITOR

Many students left the University in the middle of May after finals to return home for summer vacation. The spring sports teams, however, still needed to conclude their seasons and try to win championships.

Starting with the baseball team, Monmouth came up just short of winning the Northeast Conference (NEC) crown. The second-seeded Pioneers of Sacred Heart defeated the Hawks 5-1 in the conference championship game.

Hawks’ baseball won 35 games on the season, eclipsing 30 wins for the second consecutive year and eighth time under the direction of Head Coach Dean Ehehalt.

nipiac to finish the season with a record of 24-20.

Chelsea Paprocki was named to the NEC All-Tournament for her efforts. She knocked in all of Monmouth’s three runs in the post season. She scorched a double down the left field line in the second inning against Robert Morris to plate a pair of runs. Against Quinnipiac, her RBI came on a single to left field in the fourth inning to cut the Bobcats’ lead in half and make it a 2-1 ballgame.

Softball won its final seven games of the regular season to finish fourth in the NEC and beat out Central Connecticut State and Bryant by one game for the final seed in the conference tournament.



PHOTO COURTESY OF MU Photography

The men’s track and field team won its fourth consecutive Northeast Conference Championship.

“We had some challenges and obstacles, and the meet was more competitive than ever overall, but we pulled together and executed very well.”

JOE CAMPAGNI
Track and Field Head Coach

Pat Light and Jake Gronsky were both named to the NEC All-Tournament team.

Light was drafted into Major League Baseball by the Boston Red Sox.

The softball team lost its only two games in the NEC tournament to Robert Morris and Quin-

Women’s lacrosse won the NEC tournament for the first time since 2007. The third-seeded Hawks defeated Mount St. Mary’s 11-3. The Blue and White’s defense allowed the fewest goals in the history of the NEC tournament, allowing only seven goals in its two games. The previous record

was nine.

“I thought we played well. I thought offensively we were a little tentative early but our defense put a lot of pressure on them,” said head coach Denise Wescott. “That allowed our offense to settle down and get some late goals. At the end Katie made some point blank saves too. Our defense has been solid all year. Offensively once we settled in we got some good looks.”

In the NCAA Play-In Game, the Blue and White’s lacrosse team fell to #20 Towson 15-5 to end their season. Kaleigh Gibbons scored two goals and tallied an assist for the Hawks. The women’s lacrosse team finished the season with a record of 9-11, 8-3 in the NEC.

The Hawks were very success-

ful in track and field last year, with both the men’s and women’s teams winning the Northeast Conference Outdoor Track and Field Championships at Mount St. Mary’s.

Vincent Elardo was named the Field Athlete of the Meet and the Meet’s Most Valuable Athlete. Elardo was the top seed in the shot put, hammer throw and discus. He won all three competitions.

Ford Palmer was named the Track Athlete of the Meet. Palmer earned the Hawks 18 points by setting a record and winning the 1500m run in 3:49:39 and placing second in the 800m.

Amanda Eller won a couple of events for the women’s team. She set a conference record winning the 1500m with a blistering time

of 4:27:91. She won the 800m as well, finishing in 2:13:21.

“We were really pleased with how well both teams responded today in every event area,” said Head Coach Joe Compagni. “We had some challenges and obstacles, and the meet was more competitive than ever overall, but we pulled together and executed very well.”

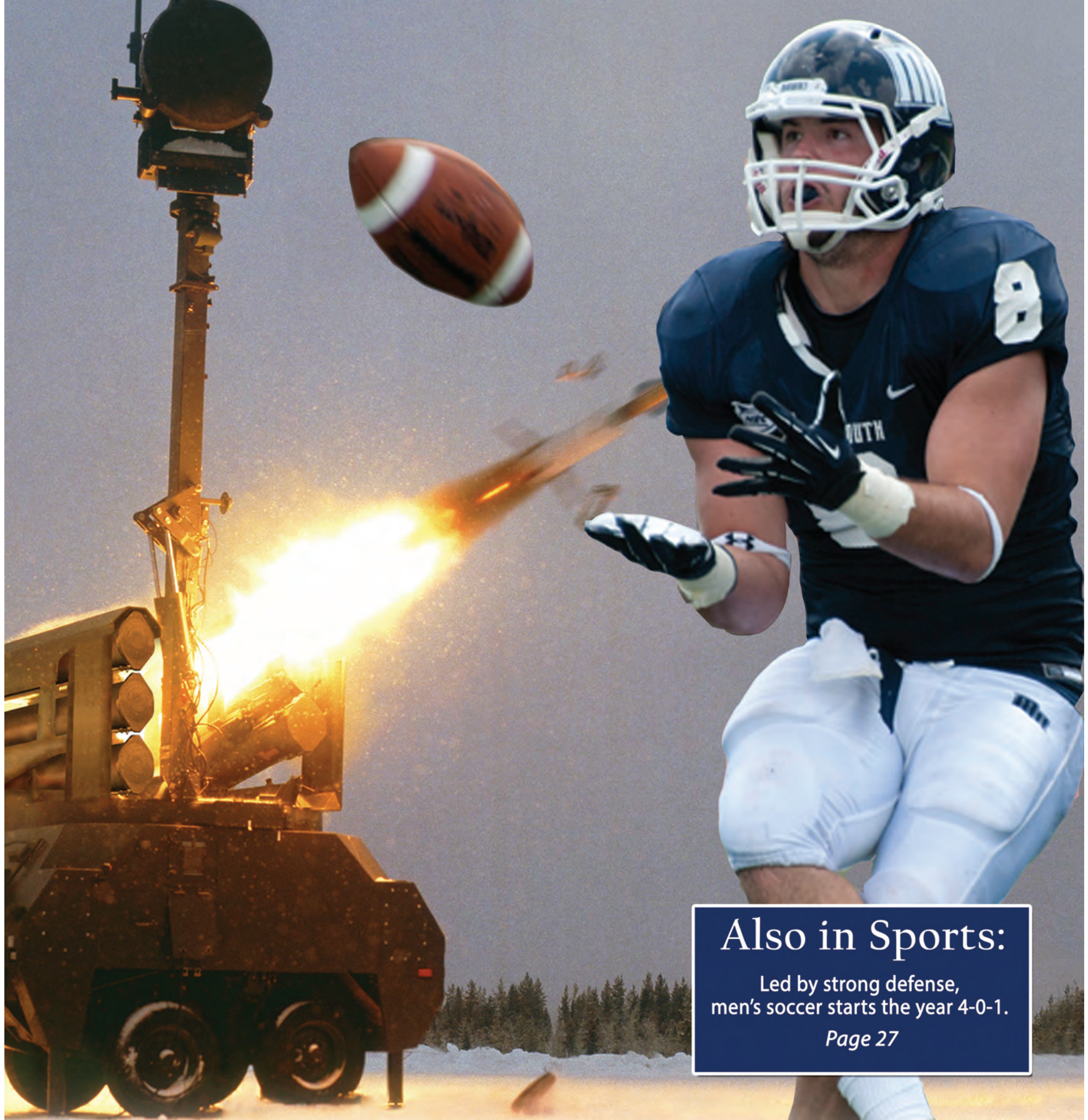
For the men’s team, this was their eighth team title in the last nine seasons. On the women’s side, this was their fifth title in the last eight seasons.

As a whole, the Hawks provided some memorable and championship performances throughout the spring season.

All of the teams will work hard to improve and come back stronger in 2013.



NO DEFENSE CAN STOP THE HAWKS



Also in Sports:
Led by strong defense,
men's soccer starts the year 4-0-1.
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The Hawks pile it on Rhode Island 41-6 as Mike McLafferty catches his first touchdown of the year.
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