

HAWKS AND ESPIJ ANNOUNCE LIVE CONTENT COLLABORATION

CHARLIE BATTIS STAFF WRITER

In conjunction with ESPN, Monmouth University has an-The agreement was made official benefit us." on Sept. 12.

go through our program to go out do it," said Viscomi. "It began put on a full ESPN event and Dell. as ambassadors once they gradu- with an inventory of all the ate to expand the reputation that equipment that we were using we have already developed as a already. [ESPN] took a look at staff and students putting on this nounced that they will broadcast solid program," explained Dr. some of the stuff we were doing ESPN event. We will have the their home athletic contests live Chad Dell, Chair of the Commu- on Hawk Vision at the time and on *ESPN3* starting later this year. nication Department. "It can only

Monmouth and ESPN had been their list of potential schools and According to espn.go.com, in talks for sometime before the fostered the relationship until it Monmouth games to be streamed said that their priorities are foot-*"ESPN3* is a live multi-screen agreement was made official ear-digital network that provides lier this month. Greg Viscomi, ready to make a commitment on thousands of live events annu- Assistant Athletics Director of the equipment and all of that." ally, as well as replays of recent Communications and New Media, explained how the relationship Hawks' games will have the ap-"As a whole I think this oppor- was created. "It all came together pearance of an ESPN broadcast, University is investing considtunity will help the University when we joined the MAAC [Met- it will be entirely produced by erable money and resources in grow. It will help the University ro Atlantic Athletic Conference]. The MAAC reached out and said members. Viscomi explained, story of Monmouth University to who else do we think could pull "Our productions on ESPN3" a much wider audience, it will at- this off and Dr. [Marilyn] McNeil mean that there is minimum set us to elevate our game in terms

ply, and it will send students who think my crew could definitely ing to be going on is, we will we are able to put out," said Dr. thought that we would have the capabilities to do that. We got on you watch."

the idea is that the end user will have no idea that it is Monmouth same graphics look. It will look just like any other ESPN game

allowing Along with on *ESPN3*, *ESPN* is in the pro-ball, basketball, and baseball," cess of building a television pro-said Viscomi. "If I had to guess, got to the point where we were on ESPN3, ESPN is in the production trailer that will be given I am going to say that it would to the University to help raise the creation of athletic content. "The Monmouth students and faculty a television truck, in cameras, in replay equipment, and those sorts of things, which will allow tract more students who will ap- was in those meetings and said I by ESPN. Basically what is go- of the quality of the product that

Despite the agreement to put the Hawk's games on ESPN3 being finalized, the exact time and amount of sports that will be streamed has yet to be decided. "ESPN has the first call on the sports. They tell us what sports they want. They came to us and start no earlier than late October, early November." Though the University spent substantial money in order to obtain adequate equipment to produce an *ESPN* level program, the increased viewers and exposure

ESPN events."

expand its stature, it will tell the

Although the streaming of the

ESPN3 continued on pg. 2

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Dean's List: New Criteria Effective Fall 2015

FABIANA BUONTEMPO ASSISTANT NEWS EDITOR

Beginning fall 2015, the criteria for students to be named to the Dean's List will be changed. Rather than the criteria being based on a specific GPA, students' eligibility for the award recipients," explained formerwill be based on a departmental Provost Thomas Pearson in an GPA percentage.

"In each semester, under- July 28.

graduate students who receive grades that place them in the top 20 percent of their academic major, based on completing all courses, with no incomplete grades, at least 12 credits taken, and at least a 3.3 GPA shall be recognized as Dean's List email sent out to students on

also be eligible to be named to the Dean's List as they will be grouped together as if in the same major. Those in double majors can qualify as well for the Dean's List through either of their majors.

A student who "straddles" the 20 percent mark is not eligible to make the Dean's List. Further explained, if there are 20

Undeclared students will students in a major, the top four questioned if professors across the University were grading higher than others," said Dr. Christopher Derosa, professor from the history and anthropology department who chaired the Task Force on grade inflation from 2010-2011. "It was the suggestion of the Provost office

Dean's List continued on pg. 3

Gender Inequality Sparks Controversy in the Work Place

ASHLEY MAURICE CONTRIBUTING WRITER

Recent legislative proposals and media attention surrounding issues of gender inequality have ignited debate over the causes and ways to eliminate it.

Despite having the same education and past work experience, there are still inequalities between men and women in the workplace, one of which is a significant wage gap. Women working full-time earn 77 percent of what their male counterparts earn, according to the Bureau of Labor Statistics. This has become a growing concern for women in college preparing to enter the workforce. Kaitlynn Rossi, a recent graduate of the Leon Hess Business School, is worried that she will not have the same opportunities as her male counterparts.

Rossi said, "Not getting the job or the pay that I deserve is definitely a concern for me, especially being that I am a business major, which tends to be a maledominated field." The graduate plans to eventually start her own business. "I'm worried I won't be taken as seriously as a female entrepreneur," she said.

Many believe this discrepancy in workplace opportunities is due to home obligations. In a typi-

cal American household, women often dedicate more of their time to household chores than men. According to a 2013 American Time Use Survey from the Bureau of Labor Statistics, 83 percent of women "spend some time doing household activities such as housework, cooking, lawn care or financial and other household management," during an average day as opposed to 65 percent of men. For some women, these additional responsibilities have hindered their career advancement.

Michelle Gagliardi is a mother of two who had to put her career aspirations on hold. "I recently got a job at a catering company that I really loved but with both my husband and I working, someone had to be home for the kids. Because he was making more money, the logical solution was for me to be the one to leave my job and get the kids to all their after-school activities." As a Culinary Institute graduate, this was Gagliardi's ideal job.

"It's tough because once you leave a company, you have to start all over at a new place. It becomes almost impossible to move your way up in the field and it's difficult to demand equality at work when, unlike men, we don't have the privilege of making our career our first priority," Gagliardi said.

In recent years, there has been a push for government intervention in workplace inequality. The Paycheck Fairness Act, specifically, has been a topic of debate since it was drafted in 2009.

The proposed legislation will allow employees to discuss or issue complaints regarding wages without employer retaliation, hold employers who violate equal pay liable for compensation, and allow the Commissioner of Labor Statistics to collect data on women's pay.

While some believe this law is an obvious solution to an ongoing problem, others feel the policy implications will do more harm than good.

Gregory Bordelon, political science professor at the University, said, "I think the main concern is that the legislation will lead to endless civil lawsuits in cases when the pay differences may be for reasons other than gender." The bill's vague wording may require employers to eliminate wage gaps that are unrelated to sex for fear of being sued for punitive damages.

Despite the push for this proposed legislation by Democrats, it failed to pass when the Senate fell six votes short earlier this month. This marks the third time the bill has been blocked by Senate Republicans

Regardless of the outcome, the



PHOTO TAKEN from chronicle.co.zw

Full-time working women earn 77 percent of what their male counterparts earn, according to the Bureau of Labor Statistics.

bill did lead to political discourse realized that as a woman preparing and debate regarding the issue. A junior biology student, Trevor Rawlik said, "From a male's perspective, [equal pay] was never really something I had paid much attention to in the past. In all honesty, I didn't realize that it was still happening until it was covered in the news in recent months."

However, men are not the only demographic left in the dark on these matters. Imari Patel, a junior biology student, said she did not consider equal pay a serious problem. "I didn't really start to pay attention to the issue until recently. I workplace."

to enter the workforce, it's definitely something that affects me and that I should look into."

Her response to the controversy is similar to that of many. "I feel that gender just needs to be taken out of the equation completely. Wages should be based on factors like experience, education or performance for both genders and rather than pitting women against men or against their employers on the issue, all parties should work together to make sure everyone is held to the same standard in the

ESPN3 Broadcasting Agreement

ESPN3 continued from pg. 1

become more attractive to potential recruits. "Coaches will be able to take advantage of promore and student-athletes will get more coverage that they're probably deserving of," said Matt Harmon a Specialist Professor and announcer for the Hawk's Football and Men's Basketball teams.

"I am excited about it. Every player wants to play on ESPN at some point in their career and this gives us the opportunity to do so," said Chris Mck-Hawk's Baseball team. "Coaches at Monmouth will be able to recruit better players. As far as I know the only school that has this partnership in New Jersey is Monmouth, which could give Rutgers, Rider, and Saint Peters."

ulty members in both the Athletcould help athletics grow and ics and Communication Departments believe that it will help grow the University as a whole. The positives are almost imfiling their programs a little bit measurable. I think it will help athletics grow. It will help the University grow. It will give us an opportunity to really showcase what our students are doing. It is going to be a couple of staff members in my office and couple of staff members from the communication office but for the most part this is going run just like the Monmouth Digital Network. It is going to be on the enna a starting pitcher for the backs of the communication students at Monmouth. It is nothing but positive for the University,' maintained Viscomi.

"I think it is going to be a good thing for the Athletic Department. I think it could be an amazus an advantage over schools like ing partnership with the Commu-While the live streaming could could bring our Sports Commu-

help the athletics' program, fac- nication Minor to a whole other level. To me it is a total win-win for everybody," said Harmon. "As a communication department now we can open doors for students that they've never really had before. The one piece that we are missing a little bit is the live element of sports and TV and now that door is so wide open that the things that we are going to be able to do should be amazing."

The move to ESPN3 will seemingly create not only new opportunities for both the Athletics and Communications Departments, but the entire University. Harmon said, "It is a high profile relationship that does not exist at many schools. It is massive undertaking that will pay big dividends for the school." Monmouth will be the first member of the Metro Atlantic Athletic Conference to offer a full list of games nication Department. I think it on ESPN3 with ESPN production requirements.

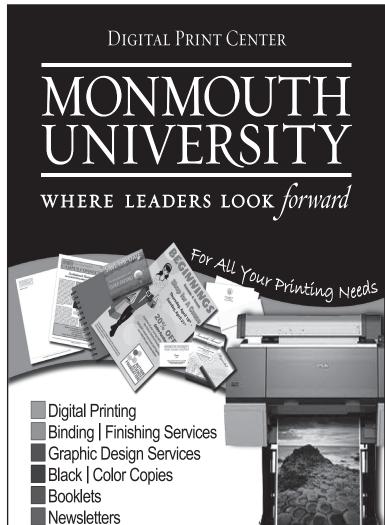




PHOTO COURTESY of Taylor Jackson Dr. Marilyn McNeil, Vice President and Director of Athletics, being interviewed during a ESPN3 pregame broadcast.

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Dean's List to be Based on Departmental Percentage

Dean's List continued from pg. 1

to look into the recent grade inflation."

"Although we were concerned, grade inflation is normal in other universities as well," added Dr. Datta Naik, Vice Provost and Dean of the Graduate School. Various tactics were considered to approach the issue of grade inflation.

We started with a series of other measures to allow restraint for giving out grades. Some departments raised the standards of A, B, and C grades to make it more challenging to achieve them," explained Derosa.

When this did not completely solve the problem because grading practices were not keeping pace, the faculty council considered different tactics to raise the bar on grading to make the Dean's List award more wor- council found that over ten-year 21.7 percent in 2001 to 32.4 per-

siderations for changing the criteria of the Dean's List became a focus instead," stated Naik.

a faculty council, made up of

thy. "It takes time for faculty to period, grades had increased cent in 2013. change how they grade, so con-steadily in various departments." "We tried The steady rise in grades over proach [changing the criteria the past several years allowed of] the Dean's List in various for a high percentage of students Appointed by Pearson in 2011, to achieve the Dean's List status. bar on the Dean's List was not

"We tried to carefully apways," said Derosa. Raising the The report stated that based something that occurred over

"We started with a series of other measures to allow restraint for giving out grades. Some departments raised the standards of A, B, and C grades to make it more challenging to achieve them."

> DR. CHRISTOPHER DEROSA Professor of History and Anthropology

nine members, including pro- on the Dean's List current crite-

fessors and academic admin- ria of requiring a student to earn istrators, began to assess this at least 3.5 GPA in 12 or more grade issue. After examining a credits completed in a semester; 2013 grading report, the faculty the numbers have risen from

night. "Changing the criteria of this academic recognition was a process of working through numerous recommendations," explained Derosa.

Derosa and the faculty coun- tion."

cil worked with Student Government Association (SGA) to carefully conduct new requirements for the Dean's List that will help address the concern of grade inflation and make the Dean's List more worthy without hurting students.

Christian Caruso, a junior business student explained his thoughts on the changes of the Dean's List, "This new criteria honestly seems pretty intimidating, however, I am new to the school so I would love to earn the honor of the Dean's List and have it on my resume.'

"Hopefully these new changes will motivate students as this recognition is an honor," ex-plained Naik. "The Dean's List will mean something more special now, as there may not be as many recipients, those who deserve it will earn the recogni-

Atlantic City: Storied Past, Grim Future

KEVIN HALL MCT CAMPUS

Sakia Hall lost her \$9-an-hour overnight housekeeping job at the Revel hotel and casino weeks ago, but she still cries about it. The single mother of a 12-year-old who also cares for a grown cousin is takes your money and sends you one of about 8,000 workers laid off here this year.

Forget about another casino job. Four casinos have closed this year in this New Jersey beach town and another may not be far behind. Hall, 33, was "working poor." Now she's just flat-out desperate and poor in a city whose 12 percent jobless rate was about twice the national average even before the mass layoffs.

"It's already hard if you are working for \$9 an hour to pay \$1,150 rent, and electric bills and stuff like that," said Hall, who works two and sometimes three jobs to survive. "After six months, if you haven't found a job, you're out of luck, you're homeless. A lot of people's parents is losing their jobs.'

Hall is a face behind the implosion of this famed gambling city, and the plight of thousands like her offers a cautionary tale for states across the nation debating casino gaming or having recently authorized it.

Maryland, Pennsylvania, West Virginia, New York, Ohio and Massachusetts have all added or are adding casinos, even as iconic Atlantic City casinos shrank toward this year's wave of bankrupt-

the economy," said Paul Davies, a senior fellow for the New Yorkbased Institute for Family Values, a nongovernment organization that opposes closing state budget shortfalls with gambling revenue. "It's sort of like a roach motel on your way."

Thirty-seven years after the inception of casino gambling, Atlantic City has become synonymous with economic and political rot.

"Casino living was easy. They paid the taxes, they created the jobs. . . . What else does a guy want?" Mayor Don Guardian said during an interview atop City Hall. We fell asleep. We stopped marketing ourselves. . . . If our brand got burned around the edges, we

industry that sucks money out of the Trump Plaza Hotel & Casino. To make matters worse, owners of the Trump Taj Mahal, who also chosed the Trump Plaza, have said they may close the Taj in November.

> "It's just going to be more grim. I don't see any way out of this situation," said Shohini Chowdury, an economist with Moody's Analytics in West Chester, PA., who expects the city's municipal bonds, already considered to be highrisk junk bonds by several ratings agencies, to be further downgraded. "It's just really bad."

> One symbol of rot is the stark contrast of severe poverty within blocks of the lavish hotels with casinos. Rundown homes in drug-plagued neighborhoods are a stone's throw from the \$2.1 bil

with Revel and like many seemed rest is coming. He wants to move to accept the nearby blight as just part of the scenery.

"In Atlantic City, there will always be this side and the other side of Pacific Avenue," Ortiz said. "That's inevitable. It's a fact of life.'

It wasn't supposed to be, though. Casino gambling was supposed to bring jobs and prosperity to both sides of Pacific Avenue. But on the "other side" of the street, poor residents, mostly African-American, stare nightly at the sparkle and opulence of lit-up casinos. To many of them, the wave of casino closings brings to mind another storied American city in

ruin. "It looks like it's turning into the next Detroit," said Brandon

back to Texas but must wait for his daughter to graduate from high school next spring. "I think a lot of people are

thinking, 'Sell drugs.' That is the wrong choice, I think, for me," he said. "They need money to live and pay bills. I think about me, I'll move on."

One of the few nice homes in the poor neighborhood belongs to Tony Dabney, 54, a lifelong Atlantic City resident. He lost his information technology job at Trump Marina four years ago when it fell on hard times and was sold, but he landed similar work with the city government. He knows that the plunge in casino revenue may soon mean mass layoffs of government employees.

"They've raised my taxes. Now they are talking about layoffs. Everybody is afraid. The police, the fire department. Nobody's safe," said Dabney, blaming city and state officials for not diversifying beyond gambling and criticizing Gov. Chris Christie. "He's at every other shore town in Jersey but he's never come here."

Christie actually has come to Atlantic City, but not for the highprofile town meetings and neighborhood walks like he's done in other shore towns hurt by the devastating 2012 Hurricane Sandy.

The Republican governor of New Jersey has presidential ambitions, and what happens in Atlantic City on his watch will be 2016 campaign fodder.

Christie made his name as a U.S.



Atlantic City's problems matter because its history is woven into our national fabric. In was known as America's Playground in the 1930s. The Miss America Pageant began there in 1940. The popular board game Monopoly, originally a tool to teach economics, is set in Atlantic City with its famous street names such as Atlantic Avenue.

More recently, the hit HBO show "Boardwalk Empire," in its fifth and final season, depicts the grit of the storied New Jersey shore community, through the tale of a prohibition-era, pre-casino mob boss.

Casinos opened in Atlantic City in 1977 to predictions of coming wealth and jobs. Yet the city ranks near the bottom of virtually every social and economic indicator and now faces a threat to its national relevance.

on gambling ... it's not an industry that grows the economy. It's an Showboat, Revel and on Tuesday PHOTO TAKEN from mediaphilly.com

Revel Casino is just one of the few casinos that recently closed, causing several hundreds of people to be out of jobs.

need to polish it. We got rusty." That's frank talk from a man who just took office in January, the month the casino collapse began.

"When I came in, I talked about being here to transition the city, not knowing that any casinos were going to close _ suspecting that we might lose either Trump Plaza or Atlantic Club in 2015 or 2016," he said. "Certainly not this year, and certainly not the other" casinos.

An estimated 8,000 people working in Atlantic City have "When you bet the whole farm lost their jobs at the four casinos that closed: the Atlantic Club, the

lion glass-and-glitz Revel, which opened in April 2012 and closed early this month.

"Of all the places that I've traveled in the world, and casinos, nothing has ever been like Revel, it was the biggest heartbreak of my life," said Jeffrey Ortiz, a gambler from Dover, Del., who, accompanied by his wife, Philomena, walked the boardwalk at night in a spiffy powder-blue suit and shiny white shoes that recall a past era. "I've never seen a hotel like that, ever."

Ortiz has come to Atlantic City to gamble for years, fell in love

Charleston, 34, slumped on wooden steps that led to the upper floor of a rundown two-story building in the shadows of the Revel and the Trump Taj Mahal. "That's what losing casinos in Atlantic City is. It's basically bankrupted our city."

Fernando Mangual, 38, sips an after-work beer from a brown bag along a tattered bulkhead that once was part of Atlantic City's boardwalk. He works, for now, at a company that supplies local hotels, and his meager earnings help his stepfather. He fears social un- actually happened."

attorney for New Jersey, prosecut ing corruption across the state and in Atlantic City. As governor he was intimately involved in find-ing financing for Revel when it ran into problems during its construction, and offered tax incentives. Its closing calls his efforts into question.

Christie held a private business summit in Atlantic City last week, with city officials, union leaders and casino owners asking for a plan of action in October.

"There was a real sense of urgency about making decisions. People are engaged in this seriously," said Bob McDevitt, president of UNITE-HERE Local 54, the largest union for casino workers in Atlantic City. "People in the room were high enough on the food chain that everyone in the room could make a decision for the people they represent. ... That's the him split a \$750 monthly rent with first time I know of that that's











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The Apple of My iPhone

THE OUTLOOK STAFF

The iPhone welcomed its newest members on Sept. 19 as Apple unveiled the iPhone 6 and 6 Plus worldwide. According to Apple's website, the new products boast a total upgrade from previous models including larger screens (4.7in for the 6 and 5.5in for the 6 Plus), an A8 processor, and support for Apple Pay, among other features.

Regarding initial sales, the iPhone 5 saw preorders of 2 million units within 24 hours according to Forbes, while the 6 and 6 Plus garnered 4 million preorders in the same time frame. Clearly the public is excited for the Apple's flagship devices.

This excitement, however, has not spread to The Outlook. Nearly every member of The Outlook editorial staff is an owner an Apple product, with the iPhone 5 5c and 5s being most common. MacBooks are also prevalent among the staff, albeit with less ownership than the iPhone

Why is it that The Outlook can favor the iPhone without being excited for Apple's newest creation? Apple's ecosystem is the reason. While the newest iPhones add varying levels of

functionality to Apple's exist- design philosophy. Another ediing lineup, Apple's previous (and still supported) products are able to offer a similar experience to current users.

The synergistic relationship Apple has created between its devices has made purchasing the newest iPhones less than desirable for The Outlook. One editor said, "I'm not that excited because I don't care to update my phone. I like the easiness of what I already have.³

Arguably no other mobile platform has the inclusivity of Apple products. By purchasing an iPhone 5, 5c 5S or 6, iPad, Mac, or other device, the customer is not only getting a high profile product, but is also joining an international community.

Apple has crafted their products to create a common way by which users can communicate. *The Outlook* notes that Apple products have a certain familiarity which allows for ease of use across multiple devices. While having access to various platforms, many iPhone users will feel comfortable using Macs whereas Android fans may find the switch incomprehensible.

Apple has crafted this ideal tactfully, building each new product off of its predecessors without drastic changes to the ture.

tor noted that while the iPhone 6 a plethora of new features, Apple has been espousing this mantra for years without too much deviation.

One of Apple's commercials, featured on its YouTube channel, is titled "Diversity - Inclusion Inspires Innovation." The minute long video features approximately one hundred people while a voice over describes Apple's "collective of individuals." This mindset extends itself to consumers who feel confident using Apple products that feature inclusive services like iMessage and FaceTime.

When The Outlook describes Apple, the most common word used is dominant. It has taken over a preexisting market by creating an ecosystem in which users are part of a greater mission. Instead of the Android approach which resembles a grassroots movement, Apple implements a tested formula that keeps buyers coming back for more.

Even though The Outlook is not jumping on the bandwagon of the iPhone 6, the truth remains that Apple will stay a global powerhouse for as long as it keeps its inclusive struc-

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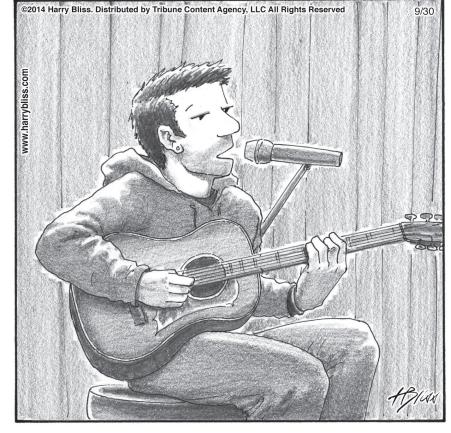
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Appreciate Autumn and All the Fall Festivities it Has to Offer

KAYLA HORVATH STAFF WRITER

Autumn - the bright and colorful leaves are falling; the temperature cools down to a crisp degree and lives fall back into their familiar and comfortable routines again as summer winds down and students return to school.

Also worth mentioning are comfy hoodies, Ugg boots, apple picking, haunted havrides and pumpkin spiced EVERYTHING. Those are just the few of many reasons why for me, it is so easy to fall in love with fall.

Let's face it, we're not children anymore, and for most of us summer simply does not mean what it used to. Gone are the long summers filled with days spent by the pool or at the beach and with no responsibilities. Now as working adults, summer is really nothing more than a time of the year when the weather heats up and the roads are packed with shore traffic.

Winter can be fun due to the excitement of the holidays; however, in my opinion it gets pretty old after about the third snowstorm. Snow just means I have to wake up an extra hour early in frigid temperatures to clean off my car and prepare to trek to school, work or wherever else I may need to go.

And spring is a beautiful time of the year. The flowers and trees bloom again and the promise of summer returns. But unfortu-

abundance of allergies and rain, I will pass on that.

To me, fall is just right. The weather is beautiful and there are endless possibilities for fun activities and events.

No matter how much you love summer, the heat, and sunshine (and believe me, I do too!) when to school. Although many of us fall begins, it offers a very refreshing change with its scenic foliage and cooler temperatures. Don't get me wrong, I despise having to bundle up in winter coats, hats, gloves and the works. I shudder at the thought of winter days so brutal that each time I step outside the door I run the risk of getting frost bite just as much as the next girl or guy.

Yet, I think that fall weather is the best, not too hot and not too cold. You do not have to sweat or freeze. It is perfectly appropriate to throw on your worn out jeans, cozy sweatshirt, and boots. You style!

Ladies, get ready for Ugg boots, moccasins, leggings, flannels, scarves, dark lipstick, and pumpkin spiced coffee; it's sweater weather! And gentlemen, two words, fantasy football. Or real football for that matter, and I will bet that fall is a real hockey fan's favorite time of the year.

Also, if they are anything like me, girlfriends everywhere are sure to go begin a three month long baking frenzy. Between the yellow trees to take a hayride out

nately, along with spring comes an upcoming holidays and delicious seasonal ingredients that are available fresh, there is just something about fall that inspires me to whip out my apron and bake up some indulgent treats. Who doesn't love a good pumpkin pie or an apple cider doughnut?

In addition, fall means back may have dreaded that statement as children, now it seems a much more positive thing. In college, some of the closest friends we make may live hours, miles or states away during the summer months when students return home

Going back to school for college students means being reunited with friends, a little more freedom not living at home, football games, and another semester closer to a degree. For me, a new semester in the fall is always especially exciting as well as refreshing.

Another reason fall is the best, will be very comfortable and in is all of the fun festivities that are associated with the season. From apple and pumpkin picking to fall festivals, haunted havrides to football games, Six Flags Fright Fest, to pumpkin carving contests, and camping to bonfires and s'mores. The possibilities for entertainment during these months are truly endless

> Some of my favorite fall days involve driving through the farm land and beautiful winding roads lined with bright orange, red and

through miles of corn fields, and get dropped off to fill our big baskets with pumpkins, apples, and gourds galore.

In addition, how do you beat going home and watching the football games, carving pumpkins, crafting a cornucopia and baking fresh apple pie?

So whether it is because of the

fashion, food, or the weekend fun, for me there is no greater time of the year than fall. Hopefully my fellow friends with fall fever will also be enjoying this autumn season while they can. I know that I will be savoring each and every football Sunday, apple pie, cozy sweatshirt, and pumpkin spiced latte from now until November.



IMAGE TAKEN from http://autumncozy.tumblr.com/

Autumn tends to be popular because its loaded with cozy clothes and pumpkin flavors for the girls and football for the guys.

Proclaimed "Hippie" Culture Today is Not Similar to the Sixties

KYLE O'GRADY STAFF WRITER

We all know those people. The self-proclaimed hippies of today (or sometimes referred to as hipsters) that walk around in overpriced clothes from Urban Outfitters, listen to Sublime, and have some affiliation with weed. They claim to be hippies and channel their ancestors of the sixties and seventies but in reality they don't know the first thing about what it meant to be a hippie fifty years ago.

watched the movies. Hollywood has preached to us all our lives just how cool the hippies were.

It's easy to listen to the Beatles, wear round glasses, throw flowers in your hair at a rave and get tattoos of Sanskrit. What is not quite as easy to share is the ideology and the passion the hippies of the yesteryears had. Sixties hippies wanted to remove capitalism and an American political sysand unrepresentative.

we've seen the pictures and not believe in. Back then, hippies were protesting the Vietnam War and the draft that sent their brothers and neighbors off to fight and ruin their lives. It was a confusing time, and nothing in society today has the same sense of urgency.

In today's day and age, we adopt causes the same way we adopt trends. For example, the ALS ice bucket challenge, it was cool for a week or two, but now it is over and no one retem they saw as authoritarian members it anymore. The same can be said for Kony 2012. In Although both take place in a

their hearts. They did not dress unconventionally for the times, and dance around the streets because they wanted people to think they were cool. They did it because they wanted to be heard.

I do not see any modern day hippies standing up or fighting for anything. They may talk about how they think weed should be legal, but that is hardly as pressing a matter as war. Some people try to compare the Iraq War and the Vietnam War.

opinions does nothing.

Millennials are aware. We know our lives are watched and we know we are judged based on what people see. It is why so much of our life is not authentic. Millennials are constantly searching for validation from people and try to convince onlookers that their life is more authentic than the others.

Todays "hippies" will post 'cool" photo after "cool" photo; trying desperately to get the message across that their life is more eclectic and meaningful than the next person. By doing just that, however, the exact opposite happens.

The difference between thisgeneration and the sixties' hippies is that back in the day, these people were not concerned with the validation of outside source. Everything they did was for themselves or those that the war was negatively effecting. No like or comment was needed to tell them that what they were doing was unique and meaningful. The point is, they didn't care if someone thought it was rad. If they truly believed in it, that was validating enough. So who is the modern day hippie? I think it is the people who truly live their lives for them. You simply will not see a true hippie posting tons of pictures online, waiting for some sort of validation from other people as to whether or not they are accepted. In a world that is telling us to conform and put our lives out there for everyone to see, a true hippie, in my opinion, will rebel against that. During a time that is filled with uncertainty, real hippies are sure of one aspect in life which is their happiness. Self fulfillment to these so-called hippies is all that really matters. At the end of the day, their identity definitely cannot be validated by a like,



IMAGE TAKEN from breakouteducationalnetwork.com Sixties hippies, as shown above, made history by fighting for what they believed in to make a difference during a time at war. Some young people today might compare themselves to hippies by participating in meaningless trends which can be seen as insulting.

In every decade you can see a rebel group that comes to fruition. There were the flappers, the beatniks, the punks, and the slackers. The rebels of these generations were more than the music they listened to or the clothes they wore. We think we know what hippies are because

ple channel the cool of the sixties but think it can be bought at a store. The same type of stores those hippies once fought against. Not only did hippies fight commercialism but they also fought an American government system that they did believed and wanted with all

It bothers me that these peo- this fast moving technological world, we tend to forget the meaning behind what it is to be passionate for a cause, rather than jumping on the latest bandwagon.

Hippies fought day in and day out against a cause they

time of uncertainty, hippies felt it was their duty to express their grievances by any means.

They wanted their voice to be heard; today posting a status on Facebook is supposed to be equivalent to the protests of the sixties. Well it's not. Hiding behind a computer and expressing comment, or retweet.

Political Science Welcomes Dr. Stephen Chapman

BRANDON JOHNSON POLITICS EDITOR

Stephen Chapman, Assistant Professor of Political Science.

The Outlook: Can you tell us a little about yourself?

Pennsylvania. I'm a native of any problems or anything like Easton, PA which is only about that. I've felt welcomed right an hour and a half from here. I from the start. did my graduate work at Binghamton University in upstate you foresee as a challenge here New York and now I'm here so at Monmouth? I'm pretty proud I kept in the tristate area.

ball fan, a big Phillies fan. I like search university, so they don't to have fun when I can. I like to really do so much as far as foshave a good time, which I try tering teaching expertise or adto transfer to my classroom at- vising or anything like that. It's mosphere. I didn't want to have more about learning the matea rigid professor-student line. I rial, learning the methods, and prefer to have it more fluid.

The Outlook: What drew you to Monmouth University?

Chapman: I knew when I years at Binghamton, which re-started my graduate work that I

Chapman: It was great. I came down here about three weeks before the semester started. Kris-The Outlook spoke with Dr. ten [Gillette], the secretary, has been amazing helping me out, Joe [Patten], the Chair [of the Political Science and Sociology Department], has really fostered Chapman: Well, I grew up in me, always asking if I'm having

The Outlook: Is there anything

Chapman: Well, when you do graduate work, especially at Other than that I'm a big base- Binghamton it's more of a redoing research.

teach a writing class for four

search and Writing in the Social republican states, we'll see a Sciences, and I'm also teaching American National Government.

The Outlook: Is there anything you'd like to see offered through Monmouth's political science department?

Chapman: I think [the political science department] has done an amazing job putting different programs together. Professor Bordelon runs Legal Studies, Professor Kloby has really been fostering the master's program in Public Policy, and I'd really like to pick up on that and strengthen it.

With my training in research methods I can bring in a lot of not only individual research but also collaborative research between myself and students. Really just strengthening the structure that is already in place.

The Outlook: Can you tell us a I was fortunate to be able to little about your research? Maybe your area of expertise?

Chapman: My dissertation fo-

"It's rare to see this sort of community. I know that's a theme of Monmouth University, that we have a community."

DR. STEPHEN CHAPMAN Assistant professor of political science

university. I knew that I loved vating my own research and beteaching. It's really more about ing able to build a rapport with what I can do for the student than students. I'd like to continue that for my own gravitas.

visit it blew me away. The cam- Student Success, developing adpus is beautiful, the facilities are vising skills, which I think are nice, and my department is great. I really didn't have any reservations after visiting here. After I teaching this year? got hired I told people I found my dream job.

The Outlook: How has your transition to Monmouth been?

wanted to end up at a liberal arts ally helped me, as well as cultihere at Monmouth. There is a lot When I came for the campus of great stuff at the Center for vital, especially to new faculty. The Outlook: What are you

Chapman: I'm teaching the senior [political science] seminar. I'm teaching the research methods class, which is entitled Recuses on representation. It looks at how the continuous partisan control of state institutions - so state legislatures, state governorships - how that affects the linkage between opinion in the state and policy outcomes that we see.

If we're in a state with continuous democratic control for multiple periods at a time we're probably going to see a liberal shift in policy. It might not be in line with the opinion of the state. Conversely, in continuously

conservative shift away from the opinion. What my dissertation really brings in is looking at how that representational bias exists, but also when you have an alternation between the two parties. That's when you're going to have policy resonate at the median.

But that's my dissertation topic, that's what I have a passion about. But I always consider myself a generalist. I like to dip into subfields in political science.

I have a working paper right now with one of my former colleagues that looks at the politicization of the justice department so using the justice department in corruption prosecutions as a tool of the president.

I also have a working paper looking at political polarization, examining how political knowledge influences levels of political polarization. So there is a lot. I like to wear a lot of different hats when I do research. If something interests me I go for it. I don't think of myself as stuck in my dissertation topic for the rest of my career.

The Outlook: How did you decide on teaching as a profession? Is there anything else you were considering before that?

Chapman: Sure. In finishing my undergraduate degree, I was split between grad school or pursuing law school. I had taken the GRE, taken the LSAT, and I had a decision to make. I actually did an internship for a lawyer, which made me realize I did not want to become a lawyer.

So, I did my first masters at East Stroudsburg University, where I did my undergrad, which gave me a year to not only learn how to do grad school, which can be hard for some people to become accustomed to, but it also gave me a year to think clear to me.



PHOTO COURTESY of Dr. Stephen Chapamr Dr. Stephen Chapman is teaching three courses in his first semester as a professor at the University.

about what I really wanted to do.

I did some tutoring and realized that teaching is really what got me excited. I like to see that light bulb moment in students, the glint in their eyes when they get it, that's what really drew me to teaching.

The Outlook: Is there any thing you wanted to add that we haven't talked about?

Chapman: To be honest I've really been blown away from the top down by Monmouth University as a whole. The students are great, they're ready, they're prepared, they have questions, they come to my office, which is not what you get in every institution of higher education.

It's rare to see this sort of community. I know that's a theme of Monmouth University, that we have a community. But it's one thing to say, and it's another thing to see it. In the short time I've been here it's really become

Campaign Finance Revitalized? Senate Halts Reform

BRENDAN GREVE

On Monday, Sept. 8, the US Senate missed allowing a vote to propose a Constitutional amendment to create limits on campaign spending by corporations. The amendment would overturn the 2014 Supreme Court ruling in Mc-Cutcheon v. FEC which held that individuals could donate an unlimited amount of funds Federal Election Committee's website. This amendment was unanimously rejected by Senate Republicans on Thursday, September 11. According to freepressonline.com, the amendment was sponsored by Democrat Tom Udall of New Mexico. The amendment would grant Congress and the states the power to regulate the amount of spending on campaigns from Super Political Action Committees (Super PACs). Political Science and Sociology Department said, "[Super PACs are] a new type of political action committee created after the "Citizens United" Courts cases in 2010 which

from corporations and unions ing the unlimited influence of and spend unlimited amounts of money in political campaigns."

He continued, "This is worrisome to many because wealthy individuals and organizations can now give unlimited amounts of "dark money" (unknown funding sources) and can have a disproportionate influence over individual races.

fought for financial spending ingful reform of our campaign reform. According to freepres- finance laws is achievable in a to campaigns, according to the sonline.com, Independent Sena- manner consistent with the First tor Angus King said, "The fun- Amendment." damental principle of American democracy has always been that view of how the issue should the people govern. But the massive amount of money that flows strengthening the transparency into our system today only undermines that by drowning out be able to make better decisions the voices of ordinary Americans." political science, said, "There money people spend on candihave been several vocal opponents of the decisions about ercise free speech by using their campaign expenditures like Citizens United and more recent ones on campaign contribution Joseph Patten, Chair of the cycles, such as the McCutcheon porters of this amendment and case from the Supreme Court's last term, including recently retired Justice John Paul Stevens." Bordelon said, "Stevens was adamantly opposed to the deciand "Speechnow" Supreme sion reached by the Court in Citizens United, writing one of his to overrule a U.S. Supreme allows PACs to now raise un- longest dissents in his 35-year Court decision - one is by conlimited amounts of money tenure on the Court, denounc- stitutional amendment (which The current Congress is enact- likely this will happen.'

money in federal elections. He took that discontent to also include the decision in McCutch*eon* when he testified before the Senate about the constitutional necessity for a limit after these cases to somehow restrict the federal courts' reliance on precedent.'

On the other hand, Republi-Many public officials have can Susan Collins said, "Mean-



Collins then talked about her be handled. She claims that by of the legal system voters will when voting.

Trevor Good, a junior said, Gregory Bordelon, lecturer of "There shouldn't be a cap on the dates because it is a way to exown money to back the candidate of their choice."

> Unfortunately for the supcampaign spending reform, the amendment could not pass through the Senate and it is unlikely any progress will be made anytime soon. Bordelon said, "There's really only two ways

Tom Udall is the Senate Democrat responsible for the Sept. 8 campaign finance limit proposal. Spending limits has created a rift between party lines.

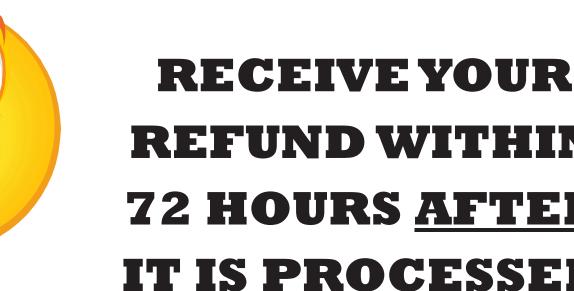
is unlikely) or when the Court ing a record low number of directly overrules a previous decision.

Patten said, "There have been over 10,000 proposals to amend the constitution throughout history and only 33 have passed through the House and Senate. ratification. It's extremely un-

bills because of partisan gridlock and the senate filibuster, and a constitutional amendment requires a two-thirds vote in the house and senate before going to the states for

IMAGE TAKEN from Facet











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Can't Stop Won't Stop: This Generation Should Start Snoozing Longer

KYLE O'GRADY STAFF WRITER

"Sleep on it" isn't just an old saying. Sleep enables us to feel recharged, full of energy, and generally in a better mood. The benefits to sleep are endless. Adequate sleep is a key part of a healthy lifestyle, benefiting your heart, mind, and weight. Yet, why is it that our generation chooses to put sleep below all other responsibilities?

This generation's lack of sleep is so severe that a study done by Trending Machine national poll found that millennials aged 18 to 34 are, in fact, much more likely than those 55 or older to forget what day it is. This is due to stress and the lack of sleep.

Jenna Hersh, a junior economics and finance major, said, "I think that in this generation it is drilled into our heads how important it is to live your life, get a good job, and have great friendships that we sometimes choose all of that over sleep... in reality though we are being slowed down by not getting enough sleep."

Millennials are told time and time again to not waste their youth, to live life to the fullest. The playful saying YOLO has in a way defined this generation. This incredibly ambitious and driven generation needs to remember you cannot live life to the fullest if you are not able to function after a good nights sleep.

Arianna Huffington, editor-inchief of the Huffington Post, puts our generation and sleep into perspective by explaining that when our smartphones reach ten percent battery we scramble to get them to a charger. Yet when we ourselves reach ten percent, we keep moving forward.

Sleep does wonders for the body that you would not even expect. For example, it improves

makes perfect, but what is unknown is that sleeping will help that go even further. While you sleep your body goes through a process called consolidation in which new skills can be committed to memory.

Sleep can also improve your grades. A study conducted at the University of Georgia found that college students who got six hours of sleep or less had a lower GPA than those who averaged eight hours of sleep a night. Rachel Fox, senior who majors in English P-3 with an endorsement in special education said,

"During the week I force myself to go to sleep at a reasonable hour." Rachel said that she knows how important sleep is to her being able to perform her best during the school week.

Although some students, like Rachel, see the importance of sleep, many do not. Nearly thir-

sleep deprived, some Americans getting as little as four to five hours of sleep every night. One of the unexpected side effects of sleep deprivation is premature aging. The results are drastic. Deep set wrinkles; dark permanent under eye circles; sagging skin due to the lack of cortisol; thinner skin; and duller hair. Still want to forgo those eight hours of sleep?

While recharging your mind and body, sleep also spurs creativity and sharpens attention. Researchers at Harvard University and Boston College found that people seem to strengthen the emotional components of a memory during sleep, which may help stimulate the creative process.

Yet, with all the positives sleep can offer, this age group is still more focused on achieving what they have their heart set on. Maeducation major with an endorsement in special education said this about her lack of sleep,

"My goals are to do the best I can on all my assignments, plus extra-curricular activities take up that much more of my time. I would say that I have reprogrammed my body to function on five to six hours of sleep a night."

Cieloch also said, "It was difficult in the beginning, but with time I have gotten used to it. I believe all college students don't get enough sleep and that it is just a component of college that students learn after their first few weeks"

Although almost all college students can agree they have in someway changed their sleeping patterns, this should not necessarily be tolerated. Research done by Neuroscientist Sigrid Veasey of the University of Pennsylvania found that irregular sleep pat-

memory. It is known that practice ty percent of all Americans are riola Cieloch, senior early history terns during the week can actually shrink people's brains over time.

The researchers studied mice and gave them similar sleep patterns to that of shift workers. They found that the mice wound up losing twenty-five percent of the neurons in the part of the brain that controls attention and focus, and this damage proved irreversible. The researchers plan to take their study further to better connect this to human brains. It is still scarv to think that these irregular sleep patterns in replace of pursuing goals could do the opposite of what was intended.

History Instructor Melissa Ziobro admitted that even she only averages about six hours of sleep per night. But knowing she does get less than eight does not stop her from greeting every day full of energy.

"I think you have to get up well before class. If you slide out of bed and into the classroom, your body may not get the message that you mean business. Leave your body time to wake up. Make sure you have a good meal; you can't start a car without gas, right?" Ziobro said.

Ziobro teaches 8:30's every morning. If in the morning you are dreading that 8:30 class, remember it is an hour and fifteen minutes closer to your goals.

'Being somewhere you want to be in the morning makes you long for your bed less. Me, for example, I sincerely love every second that I am in the classroom." she said.

So try to get as much shut eye as you can. Keep in mind that if you just put the books down at a reasonable hour you will wake up feeling more recharged the next day. A paper written after seven hours of sleep is going to be a lot better than a paper written until seven in the morning.



IMAGE TAKEN from Collegehumor.com Not getting enough sleep is a dangerous trend that is becoming almost a norm among this generation. Often, students underestimate the benefits of getting a full night of sleep.

Coffee Craze of College Kids and What the Caffeinated Drink Does

ERICA BONAVITACOLA CONTRIBUTING WRITER

Admit it. You stay up late. You eat an obscene amount of junk food. You hardly take your vita-

all of its glory. You drink coffee the age of eighteen consume cofto get by and survive the grueling daily routine that has become your life.

According to a report issued mins. You procrastinate. You are out of Harvard's School of Public

fee every single day.

Coffee is available to students in countless ways. Most universities have at least one on-campus site that brews and sells coffee to their students. Additionally, various coffee shops are strewn all over cities and towns alike. Coffee can be served at any hour in any way that is most convenient to the customer.

Rutgers student Billy Egan said, "I'll drink coffee every single day. Sometime it's once a day, sometimes it's three or four times a day. If I have a huge paper or exam to prepare for, I cannot even get started without getting myself a cup of coffee first. For me, it has become a psychological, emotional, and mental dependency. I love it". The Huffington Post reports the United States imports over \$4 billion worth of coffee a year. As coffee consumption rates steadily increase, health professionals are at constant battle over the positive and negative effects of regular coffee consumption amongst young adults. College students drink coffee for the instant effects that are often associated with caffeine intake: energy, alertness, and that jittery feeling that lasts anywhere from 30 minutes to a few hours. The Harvard School of Public Health claims that avid coffee consumption can possibly decrease the risk of certain diseases and ailments such as gallstones, liver cancer, cirrhosis, heart dis-

tioxidants, has been reported to actively lower sensitivity to insulin- an indicator that caffeine can actually lower the risk of Type 2 Diabetes.

While some students love coffee for the way that it makes them feel, others dislike the physical effects that caffeine has on them. Kristina Leale, a senior education major, has been reluctantly drinking coffee for years.

"I hate the way that coffee makes me feel. I drink it for energy but it makes me feel sick and restless. I shake, I ramble, and it but do not make me feel sick. I've aggravates my stomach and over- found the coffee that works for all sense of wellbeing. I can't believe something that prevents me from relaxing and sleeping can be good for me," she said. Similarly, Dr. Novek, Associate Professor of Communication. is also not a fan of caffeine.

living the collegiate lifestyle in Health, 54 percent of adults over fact, caffeine, which is rich in an- consume coffee are more likely to have a higher caloric intake that those who do not. Their reasoning behind this claim is that most people who drink coffee add milk, creamers, and flavorful syrups that are rich in caloric content.

> "Certain coffees are less aggressive on my stomach than others," Christopher Tossonoti, a freshman communication major "I've found that coffee at Starbuck's is way too strong for me. Dunkin Donuts flavored lattes give me the energy that I need



IMAGE TAKEN by Erica Bonavitacola Coffee is a common drink to be found in a college classroom. The caffeinated beverage is viewed as a pick-me-up for students.

"I drink decaf because caffeinated coffee makes my heart race. I drink it black with no sugar," she said.

Even if you find yourself among those who enjoy caffeine's effects, health specialists have also argued that avid coffee consumption can also have a negative impact on one's health. Coffee is known to attack the nervous system. Acid reflux, indigestion, ulcers, symptoms of IBS, and heartburn are all thought to be exacerbated by coffee. Those with sensitive stomachs are often advised to avoid caffeine consumption to relieve their symptoms.

The Harvard School of Public ease, and parkinson's disease. In Health also claims that those who the healthiest option.

me because I can't imagine not drinking it!"

In fact, many college students revel in the variety of coffees offered to them for the sheer fact that they can choose just how strong and potent their blend is.

"The stronger, the better," said Egan. "That's why I love Rook Coffee Roasters. They have awesome French Press coffee- the purest and richest form of coffee that wakes me up no matter what"

College students also have the option to order the "light" version of their drinks. There are countless sugar substitutes and low-fat milks available to count down the overall caloric intake. Dunkin Donuts even announced they will now offer almond milk.

Whether you deem coffee healthy or unhealthy- it's an undeniable part of the college culture. If you decide to order, take it easy on excessive add-ins for



The **Head Teacher** (Must have a B.A) is responsible for:

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- record keeping
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- lesson planning and implementation
- maintenance of safe and welcoming classroom environment
- building of relationships with the community and school

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Good luck with your coursework this semester! The ORR

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<u>Uz Releases New Album</u> WHETHER YOU WANT IT OR NOT

CLARE MAURER CONTRIBUTING WRITER

ter a few days ago, most thought band are "on the verge of ir-the tweets regarding the Irish relevance." While he probably band U2's new album, "Songs of Innocence," were a joke. How could every single iPhone have what occurred was a tremeninexplicably downloaded the same CD? Through the mysteri- lash. ous qualities of the iCloud, this bizarre situation really hap- power to download anything it the wake of the recent celebpened — and not everyone is happy with Apple's gift.

power of the iCloud to download the album to every de-vice. Bono, lead singer of the When students checked Twit- band, admitted that he and the assumed this free release would lead to a positive response, dous amount of negative back-

The fact that Apple holds the wants to its users' computers, rity nude photo scandal, where phones, and tablets is a big con- a hacker stole over a hundred On Sept. 9, Apple used the cern. Apple's website proudly private photos —

stated: "Apple and U2 are giving the new album 'Songs of Innocence' to over 500 million iTunes customers worldwide. Never before have so many people owned one album, let alone on the day of its release." Tim Cook, CEO of Apple, boasted that this move was "music history," and "the biggest release of all time."

This free download was in apparently



After U2's new album was uploaded to the Cloud without user permission, Apple published a guide to remove 'Songs of Innocence' from any device.

using the iCloud. After receiving such negative attention, it is strange that they are once again forcing their power on the people. While Apple provided a tool for users to remove the album, there is no telling what Apple will do next with its new power over technology. Samantha Marella, a sophomore business marketing major, contended, "The iCloud is just a part of modern technology. People ned to be more careful and roll with it — or get a flip phone."

Marketing wise, this move got U2's name back out there. "It's a great way of delivering their product because it's free advertisement to them," Marella explained. "They put it on people's phones, and those people tweet about it and post on social media. So now everyone is aware that U2, which was known as an outdated band, is making a comeback and becoming popular again."

A lot of students, whose phones are already packed with photos, calendar appointments, and important apps, were not all that pleased at Apple's generous donation.

"I think it's cool that people received an entire album for free, but if you're worried about your storage space, it's a hassle," Stephanie Merlis, a sophomore business marketing major, said.

Apple's foreboding reach into everyone's accounts has become a concern to many stu-

dents. Danielle Romanowski, a sophomore finance major, said, "It's an invasion of privacy and it's taking up space on my phone."

Most students seem to be in agreement with Alexandra Stambaugh, a sophomore music education major, who said, "I think Apple invaded its users' personal privacy. They shouldn't have abused their power."

Charles Arthur at "The Guardian" has an opposing view, and finds the Apple backlash to be a little strange.

"How very dare the music industry make something available for free that it usually gets people to pay for," he wrote. "And what a wicked notion to get the world's most valuable company to bear the costs of buying it — Apple is said to have kicked in \$100 million on this."

Just after this giveaway, Apple announced its two new phones, the 6 and 6 Plus. While people may be annoved at Apple for spreading the U2 love, they have not stopped supporting the company. The preorders for the new cell phones have skyrocketed, even though the Plus isn't available for a few months.

So what does this ordeal mean for the future? It means that U2 will sink back into the abyss of unpopularity, iPhones will still be clogged with the songs, and Apple will continue to make a whole lot of money.



ALISON GOERKE STAFF WRITER

September 15 came around, and that meant that it was finally time to see America's favorite doctors back on TV. These are the doctors of "The Mindy Project," who seem to barely speak their strangely entangled lives get even more complicated.

the way it should, with Mindy me of a Season 1 storyline from (played by the show's writer, "Grey's Anatomy," in which Mindy Kaling) and Danny Cas- Izzy (Katherine Heigl) becomes tellano (played by Chris Messina), finally being a couple. Anyone who watched more than one episode of the previous seasons knows that the show was always leading up to Danny and Mindy getting together. One would not expect Mindy, the loud, pop-culture obsessed, slightly independent woman, and Danny, who is usually an angry divorcee, to have the chemistry they do — but the writers and actors have done a good job at finding things for the two to bond upon. Mindy and Danny should in no way get along (as shown in the first two seasons), but are opposite, but is equally adored now in a committed relationship. by fans. Danny is quieter about

This episode had Mindy and Danny's first fight as an official couple, and in proper "Mindy Project" fashion, it was an unusual disagreement. It began with Mindy finding a thong in one of Danny's drawers, believing it was for another woman. Later in the episode, Mindy and about medical needs at all, but viewers discover that Danny had more about what happens when previously become a stripper to pay for med school.

While I am a fan of "The Min-This episode starts off just dy Project," this plot just reminds



a lingerie model to pay her way through med school.

While that plot might have otherwise felt slightly unoriginal, Kaling brings us Dr. Mindy Lahiri, who is anything but unoriginal. The character feels genuine, like someone I could be friends with. In a lot of ways she does remind me of myself: celebrity-obsessed, generally happy, and very loud. I have found that many people who watch the show agree with me that the character of Mindy Lahiri is an overall loveable one.

Danny in some ways is the

perfect hair, viewers can't help but fall in love with the character as soon as he provides a glimpse of happiness. Even when he has issues, like his long-standing hatred for his father, Messina has a way of making viewers feel comfortable and happy when Danny is on their screen.

episode), and is usually upset

or trying to play off his dislike

of something. Even so, Messina

brings a charm to the role. With

his leather jacket and always-

One of my only criticisms about this episode, besides the overall plot, was that it didn't focus scenes with Barinholtz. Barinenough on the show's support- holtz consistently delivers with

his personal life (as seen in this ing cast. This includes talented actors like Ed Weeks, who plays Dr. Jeremy Reed, and Adam Pally, who plays Dr. Peter Prentice. I first saw Pally as a scene-stealer on "Happy Endings," and he has proved to be equally impressive on "The Mindy Project."

This week's episode featured a new guest star: "It's Always Sunny in Philadelphia's" Rob McElhennev as the criminal cousin of Morgan Tooker (Ike Barinholtz). McElhenney came full of tattoos (including one on his neck of Bruce Jenner's face), and had plenty of stories and hilarious

his character, who says the most outrageous things, but is always forgiven because of his love for Mindy and the doctors he works with.

Overall, I found this episode of "The Mindy Project" enjoyable as a viewer and a fan of the show. The plot was a slight downfall, making it feel a little unoriginal, but the actors have good chemistry, and Kaling's writing is very quick and smart. The jokes are sometimes subtle and other times obvious, but always fit the character and scenario they are written for.

"The Mindy Project" airs Tuesday nights at 9:30 on FOX.

The actors have good chemistry, and Kaling's writing is very quick and smart.

PHOTO TAKEN from asi.csus.edu Last season of "The Mindy Project" concluded with a rom-com worthy episode in which Danny (Messina, left) and Mindy (Kaling, middle) finally became a couple.

*River Read Reading Series' Hosts Established Poets and Aspiring Writers

KEVIN HOLTON STAFF WRITER

The Manhattan Bagel in Red Bank, NJ, served as the host of this month's River Read Reading Series, coordinated by Linda Jade and Gregg Brown, on Saturday, Sept. 20. This community-focused event brings celebrated poets into a close setting with a few dozen eager listeners, letting them autograph their works for paying fans, and ends with an open mic for aspiring writers to share their own work.

Dr. Michael Waters, Professor of English, was in attendance, as was former University professor Lauren Schmidt, among a few University students. This installment featured Philip Memmer and Gerry LaFemina.

Memmer is the author of four books of poems, including "The Storehouses of the Snow: Psalms, Parables and Dreams" (2012) and "Lucifer: A Hagiography" (2008). His poems have appeared in journals such as "Poetry," "Poetry Northwest," and "Poetry London." He lives in upstate NY, where he directs the YMCA's Downtown Writers Center, and also serves as Associate Editor for Tiger Bark Press.

LaFemina is the award-winning author of 11 books of poetry and prose poetry, as well as a collection of short stories and a novel. His latest collection of poems, "Little Heretic," came out earlier this year, and recent poems have appeared in such magazines as the American Poetry Review and The Sun. He serves as Executive Director of Poets at Work, and directs the Center for Creative Writing at Frostburg State University, where he is an Associate Professor of English.

The event opened with Jade tak-

its members for their attendance on "this fluky summer day." She

then introduced Memmer, who spoke first, by noting that his poem "Psalm" was "so simply profound that it reminded me of the 'Cosmos' series. I had chills going down my spine."

Memmer began by talking about having grown up in Holmdel, and how some of his work is influenced by the local area. The first piece he read, titled "Psalm" (there were numerous poems sharing that title), was based on a strip mall that remains standing today. It evoked reverent yet decaying imagery, describing the building as "twice a week watered by hope, that again dropout." In another line, he says, 'I envy those trees the stakes and cables that hold them true," referring to the trees along the highway.

Having grown up with a Catholic upbringing, many of his poems feature religious ideas and Bible passages, such as a piece about three thieves who break into three separate houses — but the third, rather than rob it, finds the front door open "as it always was," and decides to straighten the place up, ultimately painting his name on the mailbox and deciding to live there. The poem concludes with, "You must find the kingdom empty and make it yours."

The final piece in his set was from the perspective of a god who tries to get his subjects to pay attention to his teachings, but "nothing worked [...] I came to you as wealth and famine, as thunder and as drought," without effect. In the end, Memmer says, "I came to you Jade thanked the poets and the as darkness and as silence. Enamored by absence, now at last, you see me. Now, at last, you hear me."

ing the microphone, briefly wel- phone to Jade, who repeated that ing, among a half dozen others, a coming the audience and thanking she had chills before introducing LaFemina, who had a similar background to Memmer and drew on related imagery, though his work was more prose poetry.

Beginning by talking about how longing has such a sense of history," he quickly established that, though from related backgrounds, they were very different writers, continuing this idea into a story of giving a former lover fifteen dollars to finance her crippling drug addiction.

"Michael doesn't believe in prose poems," LaFemina said, indicating Waters, "which is why my first book of prose poetry is dedicated to him." This light joke drew laughter, especially from those who knew the professor, and La-Femina segued quickly into "Sun-day Girl," where he writes about almost getting a phone number from Blondie, the former music artist, but their union is cut short by a car colliding with a hot dog vendor nearby.

LaFemina had no qualms about mentioning that his piece "Pancake House is Made of Pancakes" came from a former student yelling, This is impossible! Let's see you do it!" when she was told to write a poem based on that title. Later, he'd add, "I'm a firm believer in doing the assignment to stop their [the students'] insubordination."

His set ended with "Papyrus," a poem both about exploring Egypt and about exploring human nature, best emphasized in describing the Sphinx as "half man, half lion, no roar"

Returning to the microphone, group took a break for the poets to sign and discuss their work. Once this concluded, a variety of fledg-With that, he gave the micro- ling writers took the stand, includ-

sixteen-year-old girl named Stella and Christopher Bogart, a graduate English major.

"I suggest every student writer and every student poet take advantage of this," Bogart said. "I find what I did today very helpful."

Schmidt read a piece as well, one based on her experience volunteering in a transitional housing program for homeless mothers, during which a caretaker told her she couldn't have empathy for those women. The poem responds, "When I look at you, I understand the beast more plainly," and ends saying she'd rather be destroyed by empathy than resist it.

After, Waters said, "It was a great reading, and it was great to be able to see Lauren."

Brown noted that this program has been running for almost eight years, and that he is "always pleasantly surprised at the quality of the reading and the intimacy of the audience.'

Jade agreed, adding, "I'm grateful for everyone who came out." When asked about the younger audience members, she said, "An important part of learning to write is listening to poets and your peers."

The River Read series is held every Saturday from 2:30 — 4:00 in the Manhattan Bagel in Red Bank, NJ, found at 20 Water Road.

PHOTO TAKEN by Kevin Holton Author Philip Memmer has published four books of poetry, and his work has appeared in journals such as "Poetry London."



"This Is Where I Leave You" Hits Theaters

VICTORIA NELLI CONTRIBUTING WRITER

We all have that one memory of our family that just stands out among the rest. For the Altman's, it was the time their Dad died, and they were forced to sit Shiva, even though they aren't Jewish. "This is Where I Leave You" was overflowing with gifted performers, perfectly sculpted scenes, and beautifully written dialogue. Oh, and Tina Fey swears a lot!



much built up anger and hidden aggression; they are all ticking time bombs waiting to explode. They regret a lot of their childhood and blame their upbringing for a lot of the choices they've made throughout their lives. This moment in the film is perfect, and so subtle that it speaks mountains in the context of the film.

These unwaveringly selfish people are so brash and depressed that it was quite mesmerizing to watch. As a viewer, I couldn't help but feel an array of emotions from the instant I sat down in my cherry apple red recliner to the moment the credits started rolling. I hated these people, every last one of them. But at the same time, I loved them. I guess that's kind of the whole point of this film: even though at times you may hate your family, that doesn't mean you don't love them. Life doesn't always hand you that shiny happy ending that movies have promised us time and time again. Instead, it's sloppy, contradictive, and unpredictable. "This is Where Leave You" is the best film that I've seen in a long time. It didn't lie to me and show me what people hope life is like; it showed me what life really is, and the film displayed glorious, one hundred and four minutes.

This is Where I Leave You' is the gathering of a family in support after their father's death. The film focuses on the four Altman children and their significant others coping with not only the loss of their father, but in some cases, the imploding of their love lives. One person is dealing with infertility issues, another is dealing with her ass of a husband, one is fighting off adulthood like it's a disease, and the other is having a baby with the woman he hates most. Are you sold yet?

Each performer could carry this film on his or her own that's how impeccable they all are. They each crafted and perfected their roles so distinctly. Even the smaller roles gave phenomenal performances.

Charles Grodner (better known as "Boner").

Bateman, Fey, Driver, and Stoll (left to right) star as the Altman siblings in the film adaptation of Jonathan Tropper's best-seller about a dysfunctional family during a time of mourning.

Pan, making inappropriate jokes, acting out, and toying with Tracy's (Connie Britton) emotions. This was one of the first serious roles comedy queen Tina Fey has taken on, and she shined as the cynical daughter, Wendy.

Cory Stoll played Paul, the old-My personal favorite was est Altman who was incredibly "Parks and Recreation's" Ben strong and closed off. Paul and Schwartz, who played Rabi his wife, Alice (Kathryn Hahn) were dealing with the pain of his Adam Driver father's death, as well as the dif-

served as the film's resident Peter ficulties of not being able to con- possible to master. ceive a child.

> Hillary, played by the immensely talented Jane Fonda, stole the show at most parts; her one-liners and quick wit took over almost every scene she was in.

Lastly, the film's protagonist, Judd, is played by Jason Bateman, who brings the perfect balance of self-pity and angst to the role. He was both charming and irritating, a mix that is nearly im-

In one of the film's first scenes, there is a shot of the four children and Hillary. They are all sitting side-by-side in an empty and terrifyingly quiet house. They don't say anything to each other, but it's very apparent that they have so much they not only want, but also need to say to each other. That scene sets up the whole movie. Throughout the entire it in a wonderful, haunting, film they all have so much resentment towards one another, and so

The Generation of #BeastMode

VICTORIA KEENAN FEATURES EDITOR

I recently read a statistic saying that within the next 10 years or so, 85 percent of the United States will be overweight. I'm leaving out the fact that I read this while eating a large bowl of pasta. I questioned this a little, because in the next 10 years my graduating class that didn't my generation will be in their have a relationship with a lo-30s and because our generation is obsessed with going to the gym. It's not just our generation to be muscular and fit? either. Even when I go to the school gym, there are professors has portrayed woman to be penand other adults running on the cil thin and men to have huge treadmills.

craze now, will that die out as we get older, or will my generation and the other gym goers of In reality, exercising should be today be able to lower the future obesity rate of the United States?

While I was in high school, I don't recall too many people of cross fit and kickboxing spending hours at the gym until about senior year. This could either be because a huge gym opened in my town and offered nitely been a switch from girls dirt-cheap prices in the beginning, or because people wanted ing to have muscle tone, which to look good in their prom outfits. Regardless, the gym craze had started, and I was definitely a part of it. I would go from school to work to the gym without skipping a beat. Students and teachers alike flocked to this gym. But then, I started college. I realized the true beauty of fried Mac and Cheese at 2 am. I had three swipes a day at the dining hall. The gym slipped away from me and I happily waved goodbye.

dia, as people at home keep on like those people." grinding at the gym, while I ner. I couldn't understand it. How could they pick the gym over fried food? Nothing tastes as good as skinny feels? What about bread and pasta and potatoes? Was I the only person in cal gym? What was the sudden craze to no longer be skinny, but

"Over the years, the media muscles. Because of this, every-If we are all so into the gym one thinks they have to go to the gym for hours a day, and that will make them thinner/bigger. done on a daily basis, but in smaller doses," Keri Mullin, a senior accounting major, said. "There also seems to be a phase classes. While the whole pencil thin thing for girls has gone on long enough, there has defiwanting to be thing to wantcould be the result of more girls being obsessed with body building and lifting weights. But everything should still be done in moderation."

"Going to the gym has become a lifestyle and our generation is the first to fully embrace that lifestyle. I think a lot of it has to do with what the media has fabricated what a man and woman should look like, and therefore you have all these

Katie Dykstra, a senior comate ice cream waffles for din- munication major, said. "I also believe that a lot of people are obsessed with going to the gym because they love to talk about their "amazing yoga session" or their "11 mile run." People should go to the gym to be healthy but our generation seems to go because it's the popular thing to do."

Jennifer Shamrock, lecturer of communication, said, "From a social perspective, people are engaging in social comparison and seeing everyone around them get fit. People use gyms of fried and carb-loaded foods. a salad on the side.

hang out with friends, romantishare your passion for fitness there.'

By no means am I bashing going to the gym. I think it is wonderful that people are changing up the future assumptions of the world, especially in the United States, and are choosing healthy foods over fatty ones. I know a lot of people that have recently gone vegetarian and even vegan to live a healthier lifestyle. I am all about eating fruits and veggies everyday too, especially after the last three years me eating a cheeseburger...with

I watched, via social me- could possibly look something like Starbucks; it's a context to But don't think you'll ever see me turning something down becally, etc. You also know people cause "I can't, I have to go to the gym."

I also worry that, as my generation seems to do with everything, the gym craze is going too far and people are working out for all the wrong reasons. Going to the gym should be done because you want to be healthy, not because a magazine says "fit is the new sexy" and "skinny is out, this is what you have to look like right now or else you won't fit in." I hope I'm wrong. In the mean time, you can still catch

PHOTO COURTESY of fitn



people going to the gym so they **Gym classes allow people** to obtain the fit physique and remain socal with others.

Crushing With Confidence: A R@mantic Approach

OLIVIA CARUSO CONTRIBUTING WRITER

How many times have you found yourself somewhere nology and we can't always on campus locking eyes with that cute guy or girl across the room? It's not something we plan for, it just happens. All of these thoughts begin to run through your mind: What's his/ her name? Does he/she think I am attractive? What is his/her major? Is he/she going to come over and talk to me?

Suddenly this person appears everywhere on campus and curiosity strikes. Seeing that person is just not enough anymore and you realize you are now crushing on a complete stranger

face-to-face interaction with the guy or girl I like. But can we follow through with that?

We live in a world of techbring ourselves face to face with something we desire, even when we want to. Or maybe the timing just is not right. Or maybe no one has time in college.

As college students we are more inclined to search for an easy way out, especially when we are stressed out with a million other things, and that cute guy you saw in the student center cannot be one of them. Therefore, the approach is the defining matter in a situation like this. Or is there even going to be an approach? "Depending on time con-

So now you think, how can I straints, sometimes you have to get to know that person? People take a leap of faith if it's somemake decisions every day based thing that you think could be on what they want. If someone awesome." said Ryan Kelly, senior political science major.



catches your eye and has been running through your mind, you have a decision to make. To a whole lot, so if you're crushstep out of your comfort zone ing on someone, telling them is and contact that person or to let it go and tell yourself *if it is* meant to be, it will be.

make myself uncomfortable by taking a risk, I first contemplate cutie you are crushing on. Simthe best way to make a connection with a person. So many

"Four years in college isn't literally the only way to know what could be made of it."

With various social media I know that when I decide to apps, there are infinite ways to seek out information on the PHOTO COURTESY of howcast com

College students on today's campuses should brave the fear and reach out to their crushes to form new and exciting relationships.

somehow have your crush's phone number, you have the option of adding him or her on Snapchat.

Even dating apps come into play. Does my crush have good ratings on Lulu, a private datply open up your Facebook or ing experience app? Will we Twitter page and type in his or match on Tinder, the matchpeople say, I'd rather have a her name. Boom, instant back- making app? Whether you are

"Depending on time constraints, sometimes you have to take the leap of faith if it's something that you think could be awesome."

RYAN KELLY POLITICAL SCIENCE apps or simply sending a text message, it doesn't take much to get in contact with your person of interest. But believe it or not, most college students prefer the traditional method.

"In my opinion social media is a lame way to approach someone you have a crush on. Although it's probably easier to break the ice that way, to me, it is impersonal," said Carly Cimino, a junior communication major. "I personally like to start talking to a crush in a more natural way."

Maxwell Kenney, a senior communication major, likes the it's not meant to be, there will face-to-face approach. "I'm not probably be another cute guy or the kind of guy to use pickup girl on campus tomorrow who

ground information. Or if you connecting on social media rather talk to them in a normal setting like a classroom, gym, or around campus if we cross paths. The more you do that then the easier it will be to approach them when you do end up seeing them out at clubs or places like that."

So whichever way you decide to connect with your crush, do it with confidence. It's not how we approach that person we're crushing on, it's if we approach that person. Most of us have probably felt this way about someone at one point or another so why not take a chance and see what could happen? And if lines at bars or clubs. I would may just be your lucky charm.



SPORTS EDITOR

Walt Disney created a cartoon empire that has been admired since he introduced the world to Mickey Mouse in 1928. While it is nearly impossible for many to think of The Walt Disney Company in a poor light, most of their famous films have very dark roots.

Released in November of 1987, "The Little Mermaid" tells a tale of a mermaid princess named Ariel who falls in love with a human prince named Eric. In the end, the two live happily ever after, as most Disney princesses do. The is a loophole to her immediate original story, written by Hans Christian Andersen, was adapted by The Walt Disney Company and while the story began in the same fashion, not much else aligned. The little mermaid does save the prince from a shipwreck and she does seek out a sea witch to exchange her voice for legs.

Essentially, every other element of Andersen's tale was changed by The Walt Disney Company to appeal to their target audience. In Andersen's version, the little mermaid must die if she fails at making the prince fall in love with her while in Disney's version, she simply changes back into a iconic princess, also had a few mermaid. There is also a catch to gaining the legs: Andersen's little mermaid has the unpleasant sensation of stepping on by the Brothers Grimm, the shards of glass when she walks.

Much like the Disney rendition, the prince is involved in a wedding ceremony with another woman. In Andersen's tale, the prince ends up marrying ella herself, her stepsisters are

The Truth Behind The Fairy Tale: The Wicked World of Disney Stories



PHOTO COURTSEY of fanpop.com.

Disney fairy tales seem happy and age appropriate for all, but in reality the stories these Disney movies are based on are rather dark and gruesome.

little mermaid is then told there per, Cinderella's one stepsister the real plot twist: the king is death. Senior English major Rachel Fox said that she is most diturb by this original tale.

'The Little Mermaid' while a classic is hardly true to Andersen's tale. If she kills the prince with a knife and lets his blood drip on her feet, she can live. If she does not kill the prince, the sea witch kills her," Fox said. Unable to murder the prince, the little mermaid is commits suicide by jumping into the ocean at which point she turns to sea foam.

This is not the only princess tale which The Walt Disney Company has altered. Cinderella, perhaps Disney's most grim details removed before The Walt Disney Company produced their 1950 film. Written tale involves Cinderella being forced to cater to her stepmother and stepsisters.

Although their is no true gruesome act involving Cinderpression that she has failed, the order to fit into the glass slip- to twin children. Here comes in the tale could be seen as dis- of her story.

cuts off her toes while the other cuts off her heel.

Eventually, Cinderella and her prince do celebrate their marriage with an elaborate wedding, however The Walt Disney Company made another alteration to this part of the fairy tale. The two stepsisters realize they have to now cater to Cinderella since she is of royalty and attend the wedding to make their relationship better. Upon arrival, Cinderella's two stepsisters have their eyes pecked out by birds. Gruesome? Yes. Necessary? No.

According to a 2013 article published by The Huffington Post, Giambattista Basile's tale of "Sleeping Beauty" had to be changed for many disturbing reasons. Basile's story begins when a king wanders into Sleeping Beauty's castle and finds her unconscious in her bed. Rather than trying to wake her, he rapes her.

She does not wake up by a true love's kiss like the Disney version portrayed; she instead married to someone else. When the king's wife finds out about Sleeping Beauty, she tries to burn her at the stake. The wife also tries to have the twins killed, cooked and fed to her husband

Disney has even changed a true story to better fit their demographics. According to the National Park Service, Pocahontas did in fact save Englishman Captain John Smith by placing her head over his just like the Disney movie portrayed, however, not much more of the Disney tale rings true.

"I just wrote an essay about how much the Disney version of Pocahontas changed from the actual true tale of Pocahontas," a senior communication major Becca Zidik said. "She was eleven years old and was not beautiful. John Smith was captured right off the ship and Pocahontas saved him from being killed. That is how they met; there was no love interest between the two. I understand Disney needed a nicer story but the other woman. Under the im- guilty of a disgusting action. In wakes up after she gives birth to Native Americans, the twist though, remember the true tale



Most of the Disney princesses' stories have been altered, but The Walt Disney Company felt compelled to change other stories as well. Disney's "The Jungle Book" follows the adventures of a boy named Mowgli who was raised in the woods and sings songs with a dancing bear.

Rudyard Kipling's original tale also included Mowgli but in a much more depressing situation. After being raised in the jungle, Mowgli tries to return to society but is rejected by the town. Mowgli turns to an elephant for help and the animal winds up killing the entire town.

Associate English Professor Lisa Vetere suggested to view the works of Marina Warner for more insight on how The Walt Disney Company changed the classic fairy tales.

Warner, whose life work involves the study of authors such as the Brothers Grimm and Hans Christian Anderson wrote in her 1994 novel, From Beast to Blonde, "There is nothing in the least childlike about fairy tales."

Thankfully, Disney did decide to change these once torturous tales into pleasant movies that people of all ages can appreciate. If they had not, the world would never have seen Cinderella's castle in Disney World or may never have heard the catchy "Part of Your World" tune.

Disney has been a part of growing up for children around the world and the magic carries on into adulthood. Next time you see your favorite princess

Wake Up! The College Student Morning Routine

KERRY BREEN CONTRIBUTING WRITER

If there's one thing that almost all college students can agree on, it's that waking up in the morning is terrible, especially when you're facing an ing at your clock and realizing pus, is almost double the dis-8:30 am class. There's nothing that your first class starts in ten worse than being jolted awake by a blaring alarm, and the earlier the alarm needs to be, amount of alarms set, there Morning routines – dragging be like, several students shared their morning routines and how they spend the beginning of their day. Several students have said that the only way that they can wake up in the morning is with the assistance of an alarm – or two, or three, or even four. Liz Roderick, a freshman psychology major, said that she needs two alarms – one with the actual time she needs to be awake, and one that goes off fifteen minutes in advance. "This way, I can just sit in bed for that extra few minutes if I want, depending on how lazy I'm feeling." Roderick adds. In case of Liz's roommate Katharine Dix, a freshman political science major, it's at least three or four alarms to get her

class, the more alarms seem to be needed – there's no feeling in the world worse than lookminutes.

However, outside of the ence someone's morning routine the more intolerable it seems. seems to be little variation If you are the type of person in morning routines, whether who waits until the last minute oneself out of bed, getting male or female, freshman or se- to do homework, finishing asready for the day, and going off nior. After all, everyone has the signments moments before you first class. It's a lot easier to out of your eyes and prepare to class – can range from being same basic list of things to do need to leave for class, chances wake up for an 11:30 class than for the day ahead. Knowing a mild annoyance to the worst – get dressed, brush teeth, grab are you'll have to wake up quite it is for one that starts at 8:30." that everyone else is suffering part of the day. To get a clearer breakfast if there's time, cram a bit earlier than someone who Everything that follows that the same makes things a little picture of what mornings can in one last round of studying or finished their assignments the brutal wakeup call is a sim- easier too.

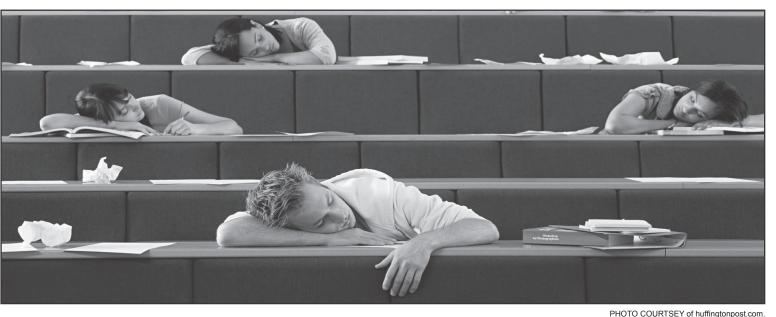
students the number can be finish off one last procrastinat- night before. even higher, including alarms ed assignment, and then make set to just go off at fifteen-min- it to class on time. It's that last ute intervals. The earlier the step that can effect a morning just as much as the time of your class – getting to Bey Hall, for example, at the far end of camtance of Wilson.

Another thing that can influis when their homework is done.

What seems to be the worst part of the morning is the action nice, rushing to get ready or of forcing oneself out of bed to face the day. According to Dix, she sets herself three alarms, one to actually get up.

"I usually just kind of sit up in bed and force myself to accept said. "And acknowledge that I have to do stuff now." The difficulty of that moment seems to up in the morning, struggling

ple morning routine, whether you're taking your time to look rolling out of bed in sweats. From the three people spoken to, two freshmen and one sealthough she waits until the last nior, there is little variation in the routine, showing that, outside of a few factors, many people seem to schedule their the fact that it's daytime," Dix mornings in the exact same way, preparing for the rest of the day. So when you're waking vary based on the time of one's to get out of bed, wipe the crust



out of bed on time, and for some Mornings for college students are the hardest part of the day, but no matter what grade a student is in, their routines are all the same.

Melissa Febos Kicks Off 2014-15 Visting Writers Series

CARLY LONG CONTRIBUTING WRITER

Every seat was taken in anticipation of the 2014-15 Visiting Writers Series commencement featuring Assistant Professor of Creative Nonfiction Melissa explain how this exposure urges Febos, last Tuesday, Sept. 16 in Wilson Hall Auditorium.

Melissa Febos is the author of the critically acclaimed memoir, "Whip Smart." Febos has been featured on NPR's Fresh Air with Terry Gross, Anderson Cooper Live, CNN, The Atlantic and Tin House online, Guernica, and New York magazine. Additionally, her writing has been published in Glamour, Kenyon Review, Post Road, Salon, New York Times, The Chronicle of Higher Education *Review*, and more. She received an MFA from Sarah Lawrence Hours", introducing the concept College and has taught writing at Purchase College, The New School, NYU, Sarah Lawrence, Utica college, as well as other institutions. Currently, Febos is an Assistant Professor of Creative Nonfiction at Monmouth University.

One hundred and forty-eight students, plus faculty and community members, packed Wilson Hall auditorium for the first led Febos to the MU Library's of four Visiting Writing Series. "I think this is the first time I've seen every seat taken," said Michael Thomas, Associ- my impulses and my process, ate Dean for the School of Humanities and Social Sciences. The Visiting Writers Series is they're going, I find that I have sity Center for the Arts. The tradition of the opening reader because I don't always know. I having a connection to MU think sometimes we don't know started with the beginning of the things we're looking for un-

Febos' work as an exposure of "secret and intimate worlds that we each occupy, but rarely reveal - desire, pleasure, pain, addiction, secrecy, change.' Professor Nappi continued on to readers to reconnect with their bodies and inner selves to find truth and honesty. In spite of the heavy and sometimes taboo topics that Febos writes about, her work occasionally induces laughter since she believes that every kind of laughter can be factored down to fear.

Febos read a "medley of creative nonfiction," consisting of excerpts from her memoir, "Whip Smart", essays, and works in progress. To begin, she read sections from a work in progress titled "The Book of of story. She later explained how childhood stories facilitated her literary career. "Stories have always been a kind of home for me, even before I ever wrote them," said Febos, explaining how she uses them to construct meaning for things that are difficult to understand or accept.

The writing process for "The Book of Hours," ultimately special collection where she discovered unexpected parallels to her work. "When I trust and let myself become curious about my own stories and where hosted by Monmouth Univer- a much more accurate sense of what I'm actually looking for

"I think sometimes we don't know the things we're looking for until we find it."

MELISSA FEBOS Author

the series ten years ago. Melissa til we find it," said Febos. Febos' reading is also part of a yearlong engagment titled "Artful Explorations of Gender," co-sponsored by MU Center for the Arts, Gender Studies, Student Activities, and Athletics, in which a range of work will examine boundaries of gender, imagination and John Keats, the gender inequalities, and the role poet, had this principle called of art in seeking justice for gender discrimination.

Anthropology

Febos proceeded to explain this notion, saying that the imagination is smarter than the mind.

Dean Thomas commented on this statement, "It is a beautiful thing about the work of the negative capability. Negative capability is this willingness to

sor Brooke Nappi introduced ingness to live in a state of suspension in uncertainty without, as he said, an irritable reaching after for fact and reason. I think if we allow ourselves to live in this suspended state like not always knowing the answer, not always knowing where we're going, not always knowing the outcome, that we actually experience something greater in our lives.'

An excerpt from her mem-oir, "Whip Smart", detailed a dark period during her undergraduate years when she was struggling with addiction and working as a professional dominatrix.

In this reading, Febos focused on the construct of different stories that people build to make meaning of their lives. Sometimes people latch on to "a particular character of ourselves" as a survival mechanism, even though it is not necessarily their truest or best version. The excerpt related to her own experience, specifically the initial stages of her realization that she could not sustain this particular story

When asked how she found the strength to change her own story from dark times to where she is now, Febos said that she had a dubious gift of her life depending on it. She explained that anticipation is the hardest part about being completely honest with oneself and taking that look in the mirror

Kevin Holton, a senior Eng-lish major, said, "I read her book straight through and it's one of the few I'd read again. Each line is heavy with poetic imagery and dark truths - even the jokes. The way she treats each line is, in a word, incomparable." The excerpt from "Whip

Smart" also introduced the concept of her name - a word she could whisper to herself and be reminded of everything she has ever been. Subsequently, Febos read an excerpt from an essay titled "Call My Name". Dean Thomas related Febos' theme of identity to The Odyssey, explaining that when Odysseus finally reveals himself, claiming his name, he discovers an entirely new voice, understanding, purpose for life, and sense of power.

Next, Febos mentioned that the hardest part about writing nonfiction is handling the lives of others. She has writ-



PHOTO COURTESY of Kevin Holton Author Melissa Febos signs copies of her critically acclaimed memoir "Whip Smart" while conversing with students.

brother, as it is very important and think only about writing not to hurt him by sharing his story, but a crucial way for her to understand certain events that have transpired in their lives. She read an excerpt from a work in progress, describing a particularly hard summer that ended with her holding up the world for her brother so it would not come crashing down around him.

Another excerpt from "Call My Name" concluded the event. Febos read, "My name is not a symbol, it is coded with all of this including the unseen, the nearknown, and the rather not known. It hurts to hear evervthing my name holds, but I choose to drink from that river now, to carry that tangled history. I no longer want to change my name, I never did really, I only wanted to know where I ended and everything else began, and I still do."

The reading was followed by a Q&A session in which Febos advised young writers to stop Profes- live in the imagination, a will- ten the least about her younger thinking about being published 4:30 pm.

their own story. To do this, she urges writers to avoid what others may think of their story. "Put in everything that might be important, because if you start censoring what you include in your story before you know what it really is, and you never know what it is until you finish, you might leave out its heart and its lung and you don't want to do that.

After the event, Rachel Fox, a senior English education major, said, "Not many people are able to be so completely honest about their past, so it was amazing to see her bravery not only reflected in her writing, but in saying it aloud to a room filled with colleagues and students. As one of her current students, she has inspired me to not be afraid to open up and be more honest in my nonfiction writing."

The next Visiting Writers Series will feature accomplished writer Joyce Carol Oates on Nov. 13 in Pollak Theatre at

CLUB AND GREEK ANNOUNCEMENTS

5678 DANCE CLUB

Do you love to dance? Come to the 5678 Dance Club's next meeting at 9 pm on Tuesday, September 30th in Anacon Hall. For more information email club president Hannah Hilbrandt at s0947700@ monmouth.edu. Hope to see you all there!

ZTA

On behalf of the sisters of Zeta Tau Alpha, we hope to see you at our Breast Cancer Awareness events throughout Pink Week, held Oct. 5 - 11.

AXID

On Sept. 27 we will be holding a flag football event open to all students. Teams of six are encouraged to sign up for \$7 a person. All proceeds go towards our philanthropy, Autism Speaks. Sign ups will take place in the Student Center Wednesday, Monday, and Tuesday. We hope to see you all there!



Sushi every Wednesday in the student center from 3:30 - 4:30 pm. We have Friday dinners at 8 pm and a grill and chill Sundays from 5 - 7 monmouth.edu.



The Student Alumni Association (SAA) is celebrating Shadow's Birthday on Monday, Oct. 6, 2014 to kick off Spirit Week. Join SAA and Shadow to celebrate the occasion with food, games and giveaways. The party will be in the Student Center Dining Area (back by the fireplace) at 7 pm.



Do you love to write? Contact Caitlyn Bahrenburg at s0904759@



The Monmouth University Professional Nurses Association (MUPNA) is a networking resource for all nursing students at Monmouth University. MUPNA would like to invite all nursing students to our Fall Social on Monday, Oct. 6 at 6:30 pm in the Club Dining Room where we will be discussing Nursing Leadership and Political Power. Please RSVP to Keilynn Alicea, MUPNA President, at s0772872@monmouth. edu.



Would you like to learn more about Human Resources and the growing career opportunities within the field? Join the Student Chapter Human Resources Club and learn about an exciting profession that employs individuals from all majors. Our club is active and exposes its members to industry professionals through a variety of events. If you would like to know more about the club, please contact Ellen C. Reilly at ereilly@monmouth.edu.

Outdoors Club Goes to Community Service Club Pulls Bass River State Forest Truck for Move for Hunger

CARLY LONG CONTRIBUTING WRITER

Monmouth University Commu-

nity Service Club (MUCSC) joined

approximately 200 people for the

First Annual Jersey Shore Truck

Pull, raising close to \$9,000 for Move

For Hunger last Saturday, Sept. 13 at

Fifteen teams competed in a

timed competition pulling a 17,000

pound straight box moving truck for

a distance of 100 feet. Participants

gripped a thick, knotted rope at-

tached to the truck and pulled their

way to the finish line. During the

first round of truck pulls, the rain

caused some participants to slip,

making the event an even greater

challenge. Each team was then given

the opportunity to compete for a sec-

ond time. Kayla Adamson, MUCSC

Accounts Executive, and Move For

Hunger intern said, "Usually, if it's

a rainy and cold day, people don't

show up, but Move For Hunger has

made such a difference in this com-

munity that people were still so ex-

cited to be there and it really made

The Headliner in Neptune, NJ.

HEATHER MUH ASSISITANT CLUB & GREEK EDITOR

Members of the University's Outdoors Club traveled to Bass River State Forest over the weekend, where they spent three days camping, exploring, and more.

campus Friday, Sept. 19 to carpool to Tuckerton, NJ, where they would spend the following few days and nights. The trip consisted of camping, kayaking, and even some offroading on the trails of Wharton State Forest.

"On Saturday we went to this cool water hole where we could jump off a bridge into the water or swing Forest was the first of many this year from the rope swing," said Jennifer for the Outdoors Club. Reynolds ex-

days was a part of Bass River State Forest.

"The campsite was awesome and we had great food, but there was a ridiculous amount of bees!" Urmston said.

According to the New Jersey Department of Environmental Protec-About 15 club members met on tion, "Bass River State Forest was the first forest acquired by the state of New Jersey in 1905 for public recreation, water conservation, and wildlife and timber management." The park is made up of 29,147 acres of trails, pine and oak forests, and water features in Burlington and Ocean counties.

The camping trip to Bass River

"We have a genuine commitment to everything adventurous and fun. Be ready for anything."

MIKE KULIK Senior

Urmston, a sophomore marine and environmental biology and policy major. "Later, we took some kayaks out on the lake. That was very peaceful."

Urmston explained her favorite of the trip was nighttime off-roading.

"It was intense and kind of scary. We thought we were going to see the New Jersey Devil," she said.

William Reynolds, the faculty advisor of the Outdoors Club, said the most memorable part of the trip for him was sitting around the campfire and listening to live music performed by some of the campers.

We had five members on this trip who play guitar, drums, and ukulele," said Reynolds.

The campsite that served as home to the club members during the three plained that the club has three more activities already planned for this semester, and five more planned for the spring 2015 semester will be a horseback riding trip to Pennsylvania.

"The trip was great," Urmston said. "A lot of new members came out. It was great getting to meet them."

This club is always welcoming new members to share adventures with.

"The Outdoors Club is the club that everyone is looking for," said Mike Kulik, senior political science major and former club president. "We have a genuine commitment to everything adventurous and fun. Be ready for anything."



PHOTO COURTESY of Move For Hunger Members of the MUCSC help support Move for Hunger

the event extra special."

There was close competition amongst various gyms, firemen, and businesses represented at the event. Move For Hunger had a goal of ten participating teams; however, fifteen teams wound up competing. The winners of the truck pull were ten males representing E&K Insurance, one of the signature event sponsors, with a time of 14.69 seconds. Neptune Fire Department followed up in second place with a time of 14.84 seconds. Lowy's Moving Service placed third, pulling the truck 100 feet in a time of 15.00 seconds.

MUCSC placed tenth, with a time of 24.59 seconds. Casey Allocco, senior communication major and President of MUCSC, said, "For a bunch of students going up against big fire fighters and personal trainers, we did pretty well at the event! We even beat a few of the other teams in the rain.'

The money raised from the event benefited Move For Hunger, which is a non-profit organization that picks up non-perishable food items from people who are moving and delivers it to food banks. According to Move For Hunger, approximately 128,290 people are food insecure in Monmouth and Ocean counties, equaling an estimated 10.6 percent of the population. Adamson said. "The mission to help end hunger is such a great cause because you don't realize how many people actually struggle daily to put food on their plates. Move For Hunger allows for these families to go to their local pantries and food drives and have accessibility to a surplus amount of food."

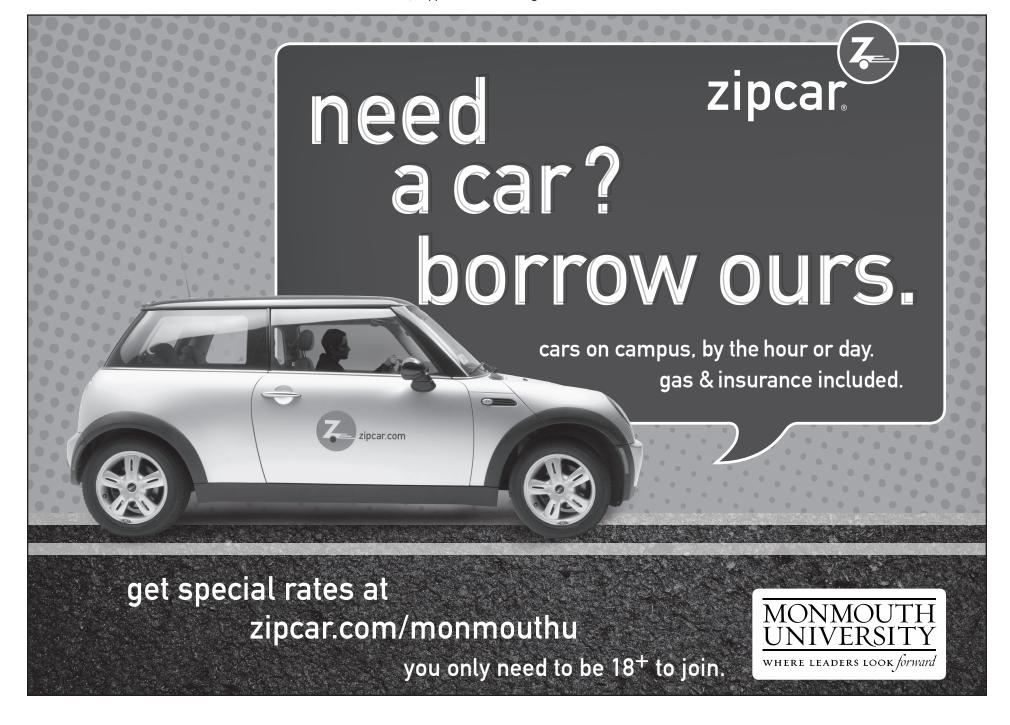
Move For Hunger was created by Adam Lowy in Neptune, NJ five years ago. By the fifth anniversary, Move For Hunger delivered over 3.5 million pounds of food to those in need. Goals for the upcoming year

include expanding the program to bring on additional participating movers who are committed to giving back, and to deliver two million pounds of food in one year.

The First Annual Jersey Shore Truck Pull kicked off Hunger Action Month. Kristy Redford, Director of Development for Move For Hunger, said, "Move For Hunger works with over 600 movers across the country to pick up unwanted food items during the moving process, so we had always wanted to do an event involving a moving truck. Our original idea for the event was to do a giant tug of war competition with teams. Eventually the idea developed to do a tug of war with the moving truck!" The event also featured prizes, vendors, live music, and raffles.

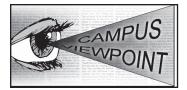
MUCSC members volunteered to set up the event, work the stopwatch, sell raffles, and help pull the truck for teams that did not have ten participants. Redford said, "The support of the volunteers from Monmouth was a huge reason for the success of this event from beginning to end. Move For Hunger has a very small staff of seven, so that's not a lot of hands to pull off a major fundraiser event. The volunteers were there first thing in the morning to help with the setup and stayed throughout the day to help with every detail of the event."

With the First Annual Truck Pull under their belt, Move For Hunger has already discussed a date for next year's Truck Pull and plans to make it bigger and better, as well as possibly work with others to hold the event in their community or on their campus. Allocco said, "Move For Hunger leaders mentioned the idea of maybe hosting a Truck Pull at Monmouth through Community Service Club in the spring. We're really hoping this is something we can do to raise money for such a great organization helping so many people."



What is your favorite thing about fall?

COMPILED BY: KIERA LANNI





Christina Junior

"I love that fall is the time when all my favorite shows come back. Also, pumpkin spice lattes are definitely a treat."



Taylor Junior

"Getting together with all my friends again and getting back into the routine."



Matthew Senior

"That it's getting colder and there are less bugs."



Nikole Sophomore

"I like the wind and the leaves."



Sandra Sophomore

"The color change that happens between October and November, and Halloween."



Cody Senior

"I guess seeing the leaves change is pretty cool."



Daniella Junior

"I like the leaves changing, and the colors."



Erin Senior

"Probably being able to wear scarves, and the 60 to 70 degree weather."



Barbara Conover Secretary- Dept. of Music and Theater

"I love that all the leaves change and spill down onto the street and circle like they're playing a mad game of tag."



Matt Senior

"Haunted hayrides for sure."



Share your Monmouth spirit and make some extra money! Welcome prospective students and families as they learn more about MU.

Attend <u>one</u> of the following mandatory informational meetings:

Mon. Sept. 22 @1:00pm Student Center 202A

Wed. Sept. 24 @2:30pm Student Center 202B

Tues. Sept. 30 @1:00pm Student Center 202B

Wed. Oct. 1 @2:30pm Magill Commons Club Lounge

Fri. Oct. 3 @12:30pm Student Center 202A

Mon. Oct 6 @1:00pm Student Center 202A

Wed. Oct 8 @1:00pm Student Center 202B

OR Contact Brielle Parady in the Office of Undergraduate Admission at 732-263-5875 or bparady@monmouth.edu

RESTAURANT

Phone: 732-359-8800

Comedy and live shows also!

4pm game (Bar area only) Live show after the game!

DAY

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THE X



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Ante council PARTE ON THE ARTS IN THE COUNCIL ARTS IN THE ARTS INTO A COUNCIL AND A CO

MONMOUTH UNIVERSITY





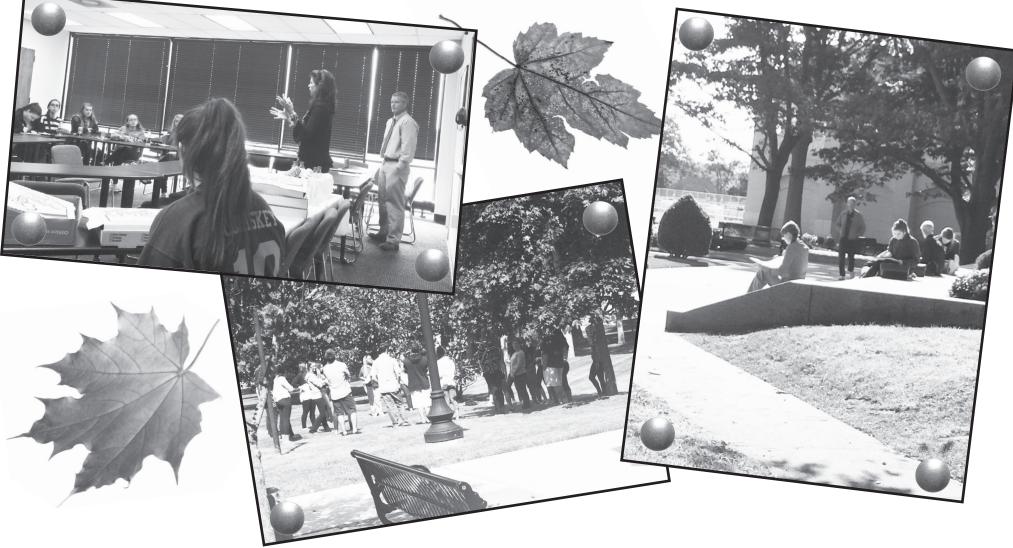
STUDENTS GET FREE TICKETS!

All Monmouth University students can enjoy one free ticket to two performing arts events per semester. After two free tickets are used, the student cost will be \$5. Student tickets are limited.

ALL SHOWS AT POLLAK THEATRE 732-263-6889 · WWW.MONMOUTH.EDU/ARTS

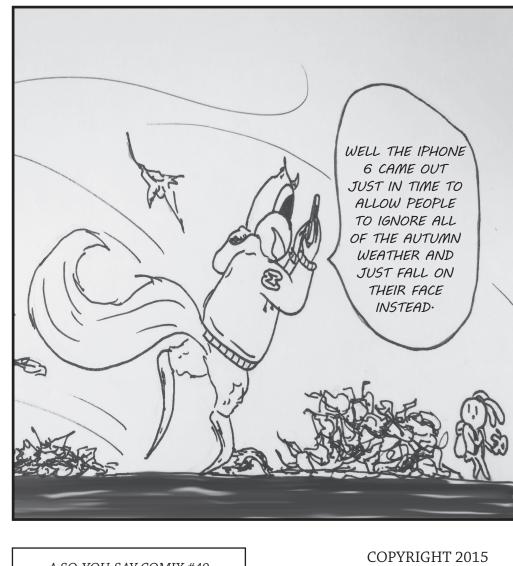


MOMENTS AT



COMICS

"MISGUIDED UNDERSTANDINGS" BY ALYSSA GRAY



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LEFT:

BEA ROGERS INTRODUCES TOM MCCARTHY OF PSY-CHOLOGICAL SERVICES DURING A PEER LEARNING ASSISTANT TRAINING SESSION THIS PAST FRIDAY. (PHOTO COURTESY OF ALYSSA GRAY)

CENTER:

AN AFTERNOON EDUCATION CLASS TAKES ADVAN-TAGE OF THE BEAUTIFUL AUTUMN WEATHER BY SPENDING CLASSTIME OUTSIDE. (PHOTO COURTESY OF ALYSSA GRAY)

RIGHT:

A FINE ARTS CLASS DRAWS SOME INSPIRATION FROM THE OUTDOOR FOLIAGE. (PHOTO COURTESY OF ALYSSA GRAY)

HEY MONMOUTH!

INTERESTED IN SHARING YOUR MOMENTS? SEND YOUR PHOTOS TO ANY OF THE FOLLOWING EMAILS AND YOU JUST MIGHT HAVE THEM FEATURED IN THE "MOMENTS AT MONMOUTH" SECTION!

OUTLOOK@MONMOUTH.EDU OR S0848553@MONMOUTH.EDU

A SO-YOU-SAY COMIX #49

Soccer is Domininant

KYLE WALTER ASSISTANT SPORTS EDITOR

record to 4-1-1 this past week, when they shutout in-state rival Rutgers 3-0, and then tied Villanova 1-1 in the team's second double-overtime contest of the in the 78th minute of play. season.

the middle of what may be the tested matchup when they took most difficult part of their regular season schedule, as the team played both games on the road against larger conference schools in Rutgers and Villanova. Despite the tough stretch in their schedule, head coach Robert Mc-Court expected nothing less than the usual from his players.

"I'm looking for the same thing I've seen so far from our guys, said McCourt about the matchups. "It's always difficult playing on the road in college soccer, and the fact that we're playing some local rivals makes it even more of a challenge, but ultimately we want to go out there, keep playing well, and pick up some wins."

MU was more than up to the challenge when they travelled to Rutgers on Tuesday, Sept. 16 to take on the Scarlet Knights. After 30 scoreless minutes of play, MU's senior forward, Dom Sarle, was able to register the game's first goal in the 32nd minute 1-1 draw. when he found the back of the net from the left edge of the box. Sar- tough stretch of games on Tuesle's goal would ultimately prove to be the game winner.

Sophomore goalkeeper, Eric another in-state rival. Klenofsky, and the rest of the Hawks defense was the story the MU will have a week off before rest of the day as they were able to shutdown Rutgers the entire second half to preserve the win renovated Hesse Field on The and shutout. Klenofsky made five Great Lawn.

saves on the night, three of which came in the second half. The Hawks managed to push across Men's soccer improved its two more goals in the second half with sophomore Dave Nigro adding a score of his own in the 64th minute and senior midfielder Bryant Avalos extending the lead

The blue and white found The Hawks' are currently in themselves in a more highly conon the Villanova Wildcats on Saturday, Sept. 20. After a scoreless 43 plus minutes of play, it appeared that both teams would head into the locker room tied at 0. However, Villanova's Aaron Dennis beat Klenofsky late in the 44th minute to give the Wildcats a 1-0 lead at the half.

Villanova continued to apply pressure early in the second period, but Klenofsky bounced back from the first half goal, and shutdown the Wildcats, with four of his six total saves coming in the second half.

MU finally broke through to tie the game at one in the 75th minute when junior forward Jelani Williams ripped a shot past the Wildcat goalkeeper from the right side of the box. Neither team was able to push across the deciding goal throughout the rest of regulation and overtime, and the game ultimately ended in a

The Hawks continued their day, Sept. 23, when they again hit the road to take on Seton Hall,

After taking on Seton Hall, they begin conference play by welcoming Canisius to the newly

Field Hockey Relies on Offense Lose to Northeastern, Bounce Back to Defeat Davidson

MICHELLE GONZALES CONTRIBUTING WRITER

The women's field hockey team had a trying weekend beginning this past Friday. The Hawks faced Northeastern University on Friday, Sept. 19 where they fell short 2-0, but made a statement on Sunday, Sept. 21 when they defeated the Davidson University Wildcats 3-1

After coming off of a loss on Sept. 14 at the hands of Old Dominion, the Hawks were determined to make a statement.

Although Northeastern walked away with the win on Friday, the Hawks beat the Huskies in saves while two freshmen, goalkeeper Tanja Kloock and midfielder Lauren Fried, made their collegiate debuts.

While MU did not execute on goal, there were many exciting opportunities. Freshman forward Meg Donahue came close to cage when Northeastern goalkeeper, Becky Garner, saved the ball at the baseline just ten minutes into the first half.

Junior midfielder Cori Allen powered through the circle during a first half. However, she was also denied by Garner.

The last hope for the Hawks during the first half came from midfielder grad student Trish O'Dwyer, but her shot was blocked once again. MU senior goalkeeper Amanda Westerweller outsaved the Huskies goaltender, 7-5, allowing the offensive various opportunities. Even though Westerweller attempted to give her team an

edge, Northeastern's defense The Hawk's offense outshot the held the Hawks for 35 minutes without giving them a corner in coach Carli Figlio and her team the second half. With only three could not have been happier shots on goal in the second half, the Hawks were outnumbered and outscored 2-0.

Things could only improve on Sunday when the Hawks faced the Davidson Wildcats on So Sweet A Cat Field. Seeking redemption, the Hawks came out on fire. In the first nine minutes of play, sophomore midfielder Alyssa Ercolino crossed the ball to senior forward Amanda Schoenfeld for a goal. Minutes later, the Hawks struck again hitting the pads hard for a rebounded shot. O'Dwyer dumped it off to Ercolino who took advantage of an empty net. The Hawks sealed the victory with a perfect corner at the 17 minute mark of the first half. Ercolino inserted to O'Dwyer to earn O'Dwyer her 37th career goal.

The Davidson Wildcats came to play in the second half proving it more difficult to maintain the Hawk's lead. In the 60th minute, Katherine English put the Wildcats on the board, making the score 3-1. In her first collegiate start, MU's Kloock remained strong in goal along with the rest of the young MU defensive unit.

At the end, the Hawks not only outscored their opponent, but crushed in both defensive and offensive statistics. MU's corners more than tripled those of Davidson's, 17-5, giving them ample opportunities to maintain high offensive pressure.

Wildcats 23-7 as well. MU head with the direction of Sunday's performance.

The Hawks turned on a switch after Friday's match up and saw things in a new light. Regarding the outcomes of Friday versus Sunday, Ercolino said, "We really focused this week on getting more attacking corners, executing on them and working on stepping up in the press to mess the other team up."

And that they did. Ercolino and the MU offense were hungry on Sunday, shown alone through Ercolino's stats on the day. Schoenfeld and O'Dwyer carried Ercolino and the rest of the Hawk's offense the way to victory.

Incidentally the Hawk's defense found it contagious. Although almost entirely composed of freshmen, they worked together as though they have had three years of chemistry. "Our defense is really new but working really hard together and stepping up together," Ercolino said. "We have three different goalies and each have had opportunities to play."

MU continues its hunt for an even record next weekend when they host MAAC's 4-5 Fairfield Stags, on Friday, Sept. 26 at 4 pm.

The Hawks will then meet Cornell Sunday, Sept. 28 at 1 pm on So Sweet A Cat Field and will finish their five game home stand on Saturday, Oct. 4 at 1 pm against Michigan State.

I'll Sleep When I'm Dead: Don't Deny a Good Wave

RYAN GALLAGHER STAFF WRITER

"Skunked"

Adjective

1.) When there is swell predicted for a certain date or time, and there is little to no swell.

We got skunked.

This past week, any surfer in chance for many great waves the Monmouth area could tell you this was the case. With Hurricane Eduard directly off of the east coast, everyone was preparing for some mid-September tubes. Instead, spots in South Jersey, North Jersey and parts of NY were given better waves. People in Central Jersey were dumbfounded. Why would the rest of NJ catch waves and not us? Well, when Eduard came up our coast, he drifted further east than anyone had guessed. As a result, any part of our coast that juts out to the east received better waves simply because of the proximity to the storm. All summer, when swell was predicted, it always seemed like Long Branch was getting the worthy waves while my friends and I were getting the scraps. This week it was reversed completely; the spot I surf in Wildwood Crest was going off, while Long Branch looked like a wave pool. As a surfer, you feel as though that day, but the forecast did board shorts and skated down to long-time friend Shane. We you have the worst luck. I can show a little bump on Wednes- the beach, questioning my deciguarantee that you are not alone. day of that week. Naturally, I sion. As I hopped off my board Everyone gets the, "should've did not expect much, but Tues- and walked onto the wooden been here earlier man," when day night I set my alarm for path laid before me, the salty an all-out sprint. Shane had to they are about to start a session. 8:00 am. As I arose from my breeze lifted my head to a glori-

all afternoon classes. It is really hard to not dwell on those facts and just reject being a surfer all together. To counter the love/ hate relationship that many of us have with surfing, it is better and a surfer goes to the beach to focus on one day where it all worked out.

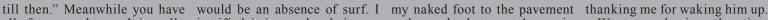
> For me, that one day was August 13. There was not a high

justified it in my head; it was my day off, and my only day to sleep in until the weekend. Slowly, the idea of a few more hours in my cocoon of warmth sounded better and better. As I began to drift off into a short hibernation, another side of me awakened.

I'll sleep when I'm dead.

and was back to my house in record time. I shook my sleeping brother, knowing that there was no way he would miss this. As he rolled over, Sean grunted in disapproval, his dormant mind refusing to believe me. I grabbed my new board and told him to leave as soon as possible.

On my way back to the beach, I threw on a long sleeve and I met up with my neighbor and



We were having the time of our lives, surfing the best waves of the summer with no one else in the water except for our friends, the surf instructors, who had the unfortunate task of work that day, while Shane, Sean and I had off.

I asked my friend Andrew Moon, a freshman at Monmouth, about his favorite surfing memory this past summer.

"The boys and I had seen the swell forecast building throughout the week and were stoked to finally score some warm summer waves. We arrived to the spot and watched with amazement as overhead bomb sets were consistently rolling through the lineup,' Moon said. "The first set wave that came through was right in front of me so I paddled into it and took the drop. After dropping in, I stalled and was instantly in a standup barrel; the greatest feeling of surfing. This is why locals love summer." Summer is a magical time, and when you score like Andrew and I did, it just can't get much better. Everyone has ups and downs, and surfers may feel like they have more downs. I think I speak for anybody who loves surfing: that one perfect day makes up for hundreds of weak sessions. In the end, surfer or not, you can apply this perfect day scenario to whatever you do. Don't dwell on bad days; one amazing day is worth the excitement! Look out for waves on Thurs-Even more often it is, "I'm surf- slumber, I contemplated shut- ous site. I was ecstatic. No rea- I was right behind him. Even day of this week, and find your-



ing later, it won't be any good ting my eyes figuring that there son to wait around, I slammed Sean was able to make it out, self that perfect session.

walked together onto the beach. As the first wave broke in front of us, our brisk walk turned into be in the water that instant, and

PHOTO COURTESY of Chris Norcross

Monmouth Shines at Annual Invitational

MIKE MORSE STAFF WRITER

Aside from the Annual XC Kickoff, Monmouth's Cross Country program hosts an additional annual meet early in the season. After giving an exceptional performance at the 19:51.0 respectively. XC-Kickoff at Thompson Park two weeks ago, the Hawks performed admirably once again at they had hoped, head coach the Monmouth Invitational on Sept. 20. This second invitational is held at the challenging course of Holmdel Park in Holmdel, NJ. The hilly course is feared by high school and collegian runners alike for its signature, 180 meter steep incline known as "the bowl."

Despite the posed, the men's squad placed first overall with a score of 28 points. Marist (66), Siena (98), Rider (100), and Quinnipiac (116) trailed the Hawks to create the top five. Junior Domenick D'Agostino was the first overall finish as he completed the Paul Short Run on Saturday, 8,000 meter course in 26:18.6 in a field of 156 athletes.

Bowen, who placed third overall with a time of 26:28.1. MU's men's top five was rounded out try teams in school history, and by Graham Huggins-Filozof, Ben Dillon, and Kevin Summonte. The three finished seventh, eighth, and ninth with times of 26:49.6, 26:50.2, and 26:55.8 respectively.

In the women's race, MU placed fourth with 95 points, just shy of Rutgers (93). Ahead they are ahead of that group at of them were Marist (71), and this point in the year, which finally Quinnipiac who won with 31 points.

5,000 meter race, sophomore son.' Jenna Cupp was the first lady hawk to cross the line in 18:57.4 - she placed 12th out of a field ing, and from the first early of 171 runners. Close behind results of this season, the men

Cupp was freshman Allie Wilson who placed 14th with a time of 19:00.6. Sophomore Molly McKeon was next to finish in 19:38.8, followed closely behind senior Mackenzie Rouche and sophomore Lennon Cooper who ran times of 19:43.0, and

Although the women may not have performed as well as Joe Compagni stresses how the Monmouth XC-Kickoff as well as the Monmouth Invitational serve as great gauges and barometers for the runners in preparing for future, more important meets.

The next big meet for the Hawks is the Paul Short Run challenges at Lehigh University. This annual meet brings together many competitive schools in the northeast, including many inter-conference rivals from the MAAC (Metro Atlantic Athletic Conference). Both the men and women will compete in the October 4 in Bethlehem, PA.

'Now in our second year in Right behind D'Agostino the MAAC, we expect to be was established senior Khari stronger. The men's team is a veteran group. Last year they were one of the best cross counthis year they could be the very best if they are willing to commit to that," Compagni said. "For the fun of it, we compared the women's performances this past week to the 2010 team, a group that was perhaps our best ever. The exciting thing is that tells us that they can have an excellent fall as well with con-In the fairly competitive tinued focus and work this sea-

> That being said, fans can see how well the team is prepar-



Freshman Allie Wilson was the second Hawk on the women's team to finish the Monmouth Invitational.

and women are on track to having excellent performances in the big championship meets, the first of which is the MAAC Championships on Friday, October 31 at Holmdel Park in Holmdel, NJ.

As the top runners continue to train, the younger runners are able to build experience in the collegiate running environment.

in the race in groups, and then have them be more aggressive later in the race to even with some of our people not racing, it was encouraging to see that they are ahead of last year as a group," Compagni said. "Everything for us is geared toward success in our championship meets at the end of the season, but it is certainly valuable to get off to a good start with "We race conservatively early strong races."

SIDE LINES Sophomore goalie,

Eric Klenofsky, was named the Wilson

MAAC Defensive Player of the Week for his play during men's soccers last two games. Klenofsky first shutout in-state rival Rutgers on Tuesday, Sept. 16, in a 3-0 Hawks win, and he followed up that performance with six saves against Villanova in what ended up being a 1-1 tie. This is the fifth time Klenofsky has received the award in his career.



The women's golf team finished 10th at Navy's Chesapeake Bay Invitational this

past Saturday and Sunday. Two freshmen led the Hawks to their top ten finish as the Blue and White scored 983 collectively.

Freshman Faith Garcia had the best finish for the Hawks as she placed 17th overall with rounds of 77, 81, and 80. Freshman Erin DiDonato placed 27th overall with rounds of 75, 85, and 81.

They will compete again on Tuesday, Sept. 30 in the FDU Quad Match at Franklin Lakes, NJ.



The women's soccer team lost their final non-conference game of the season, 4-1,

to Hofstra University. MU's sole goal was from sophomore forward Erica Murphy at the 55 minute mark. Junior Monique Goncalves received the assist.

The Hawks now move into conference play on Sept. 24 at 7 pm when they host Siena College.

UPCOMING GAMES

Wednesday, September 24 WSOC vs Siena W. Long Branch, NJ 7:00 pm (Hesse Field on The Great Lawn)

Friday, September 26

MGolf at Columbia Invitational Tuxedo Park, NJ 8:00 am

FH vs Fairfield So Sweet A Cat Field 4:00 pm

Saturday, September 27 MGolf at Columbia Invitational Tuxedo Park, NJ 8:00 am

SB vs. Columbia/Army W. Long Branch, NJ 11:00 am

WSOC at Canisius Buffalo, NY 11:00 am Football at Lehigh Bethlehem, PA 12:30 pm Sunday, September 28 FH vs. Cornell W. Long Branch, NJ 1:00 pm Monday, September 29 WTEN vs. Wagner W. Long Branch, NJ 3:30 pm **Tuesday, September 30** WGolf at FDU Quad Match Franklin Lakes, NJ 2:00 pm (High Mountain Golf Club) WTEN vs. Sacred Heart W. Long Branch, NJ 3:00 pm MSOC vs. Canisius W. Long Branch, NJ 7:00 pm (Hesse Field on The Great Lawn) Wednesday, October 1 WSOC vs. St. Peter's W. Long Branch, NJ 7:00 pm (Hesse Field on The Great Lawn)

Football Second Half Comeback Falls Short

ALFRED TILLERSON STAFF WRITER

The University's football team's second half rally against the contest, an 11-play drive the Dukes of Duquesne University came up short resulting in a 30-21 loss to their former Northeast Conference foe. With Hill found senior receiver Neal the loss, the Hawks fall to 2-1 while the Dukes improve to 2-2.

The Hawks fell behind at halftime, 24-7, and had to fight and claw their way back into the game in order to make a respectable showing. In most sports, you never want to fall behind because then you have to put forth extra effort and energy to escape with a win. This was no exception. In the second half, the Hawks outscored the Dukes, 14-6, but it just wasn't enough in the end. "I didn't think we played well enough in the first half to give ourselves an opportunity to win the game," said head coach Kevin Callahan. "In the second half I was happy the way our players fought back and got themselves back in it. We put ourselves in the position that it was a one score game and we had the ball. If we could have been able to get on the board at that point I think it could have changed the outcome. We didn't have the ability to make plays when we really needed to today. Duquesne did a good job along overall depth. the defensive line and we made it difficult for us to find any consistency in the run game. for 258-yards to nine different Without being able to run the receivers, found senior tight

ball, it made throwing the ball end Hakeem Valles for a two- Davenport led all Hawk receivall the more difficult.'

MU jumped out to an early 7-0 lead on their first drive of that took almost five minutes off of the game clock, when senior quarterback Brandon Sterling for a 17-yard scoring downhill for the Hawks from great field position. On the first

yard-score towards the end of the deficit to 13-points at 27gained from the score when, on intercepted Dillon Buechel's pass, and returned it 51 yards to

ers with five receptions for the third quarter, trimming 53-yards while Sterling, who missed the second half with 14. MU used the momentum an ankle injury, contributed with four catches for 53-yards the very next drive, sophomore and a first quarter score. The defensive back Teddie Martinez Hawks were hurt by the ineffectiveness of their run game as senior running back KB strike. However, things went set up the Hawks' offense with Asante rushed for 25-yards on 17-carries. Chaney led the rushing attack with 33-yards on "I didn't think we played well enough eight-rushes and added a fourth quarter touchdown. Duquesne found much more success with its running attack as the Dukes managed to gain 103 total yards on the ground on 31 rushing attempts, one less than the 32 attempts by the blue and white. It's worth noting that the Hawks were without two starters along the offensive line, senior Reece Johnston and junior Hunter McHugh, due to injuries and the offensive line required some reshuffling. Also, the Hawks continued to be plagued by costly penalties. For the contest, the Hawks accumulated nine penalties for 78-yards. The Hawks will take to the road this Saturday to play against the Mountain Hawks of Lehigh University (0-3). The game will be played at Good-

man Stadium in Bethlehem and

kickoff is slated for 12:30 pm.

This is a rematch of last year's home opener in which the MU

lost in dramatic fashion, 28-25.

The Hawks will look to im-

prove to 3-1 for the first time

opportunity to win the game. In the second half I was happy the way our players fought back and got themselves back in it."

in the first half to give oursevles an

KEVIN CALLAHAN Head Coach

there, as Duquesne scored 24-unanswered-points before returning to the locker room for halftime. In an effort to get back into the game during the second half, the Hawks leaned heavily on their passing attack, putting the game in the hands of Hill and their wide receivers, a position that is a strong point of the MU attack due to the amount of playmakers and

Hill, who finished the contest completing 24-of-42 passes play after the forced turnover, sophomore running back Lavon Chaney found pay dirt from six-yards out to trim the deficit, and really put pressure on the Dukes, making it a one score game at 27-21. Unfortuanetly for the Hawks, the Duquesne defense bunkered down, and kept MU from founding the endzone the rest of the game. The Dukes finally put the game out of reach when Austin Crimmins connected on a 24-yard field goal with 2:59 remaining in the game.

Senior wide receiver Lamar since the 2012-13 season.





Also in Sports:

Women's cross county competes... Page 22Men's soccer improves their record to 4-1-1... Page 22Memories of summer's best surf... Page 22Football handed their first loss of the season... Page 23

The Hawks split their weekend by losing to Northeastern University on Friday and defeating Davidson University on Sunday. Currently at 3-4, the team looks to even their record on Friday against the Fairfield Stags.

Full Story on page 22

Picture of Senior Amanda Schoenfeld Photo taken by Monmouth Athletics