



THE OUTLOOK

MONMOUTH UNIVERSITY'S
STUDENT-RUN NEWSPAPER SINCE 1933



HTTP://OUTLOOK.MONMOUTH.EDU

October 2, 2013

VOL. 85 No. 4

How Will Obamacare Affect Students?

CHRISTOPHER ORLANDO
MANAGING EDITOR

The Affordable Health Care law, better known as Obamacare, will require everyone in America to have health care coverage or be faced with a fine by Jan. 1, 2014. The enrollment process for Obamacare will be provided on Oct. 2 until Mar. 31, 2014.

Kathy Maloney, Director of Health Services, said that 80 to 85 percent of the student population has health insurance through their parents or employment so this law will only affect "15 to 20 percent of the student population tops."

Maloney said having access to health insurance is important for many reasons. According to Maloney, it allows access to care without paying out of pocket. "Young adults never think they are going to get sick. They are at that age and stuff happens and it can be catastrophic and it can quickly bankrupt you."

Mary Anne Nagy, Vice President of Student and Community Services, said that healthier students lead to an overall better college experience. "The healthier students are and the healthier they stay, they are more likely to be successful in the classroom and anything else they do and if they are sick and can't afford to

pay out of pocket because they don't have insurance, it forces them to miss class or miss work or involvement because they are sick; it's not good."

Nagy continued, "Whereas, if they are healthy, they can go to class, get their work done, do internships, and get involved, which is important for them being successful."

According to the Center of Medicare and Medicaid Services, some of the benefits of Obamacare to students are that it does not allow health insurance companies to limit or deny coverage based on a pre-existing condition, it must cover preventative measures with no copay and allows young adults to remain on their parents' health care coverage until they are 26-years-old.

The Center of Medicare and Medicaid Services also points out that 41 million people are eligible yet uninsured, there are 17.8 million 18-35 years old uninsured. In that group, 58 percent are male, 26 percent are Latino and 18 percent are African American.

Dan Roman, junior political science major, believes that Obamacare will help students and young adults greatly. "By

Obamacare pg. 8

Hawks Rock to Find Relief for Hurricane Sandy Victims



PHOTO TAKEN by Tara Egenton

Joe Lacalandra (above left), one host of Rock 'n Relief introduces musician Bri Merriman (above right).

JACKLYN KOUFATI
EDITOR-IN-CHIEF

Hawk TV hosted Rock 'n Relief to raise awareness about Habitat for Humanity which involved various bands, singers and other attractions this past Friday.

Hawk TV not only hosted the event but created it too. They

were accompanied by Public Relations Student Society of America (PRSSA), WMCX, Alpha Sigma Tau and the Music Alliance.

Katie Meyer, station manager of Hawk TV, took charge of the event as executive producer, while Andrew Bern, program director of Hawk TV, was the associate producer and assis-

tant director. Meyer said, "To prep for Rock 'n Relief, Hawk TV spent a month acquiring artists, contacting people for interviews and gearing up for three hours of music and raising money for Union Beach."

Rock 'n Relief took place in

Rock 'n Relief continued on pg. 4

E-Cigarettes: It's More Than Just Water Vapor

PAUL WILLIAMS
STAFF WRITER

A recent rise in the use of electronic cigarettes among teenagers is attracting national attention based



PHOTO TAKEN from wordpress.com

Electronic cigarettes have risen in popularity over the past few years.

on the effectiveness and potential dangers.

The percentage of middle and high school students who have used electronic cigarettes has more than doubled from 2011 to 2012, accord-

ing to a report from the Centers for Disease Control and Prevention (CDC) issued on Sept. 5. The report also states that in 2012, 1.78 million students tried electronic cigarettes.

Suanne Schaad, University substance abuse counselor said that since e-cigarettes were first introduced in 2008, they have doubled in appeal every year since.

Electronic cigarettes are battery-operated devices shaped like cigarettes that are marketed to simulate the act of smoking without the harmful side effects of traditional cigarettes. Instead of smoke, an electronic cigarette user exhales an odorless vapor formed from inhaling the ingredients inside the device through its battery-powered filter.

Schaad feels that e-cigarettes may be beneficial to those who wish to quit smoking. "It could be used as a step down method," said Schaad. "The only issue is not knowing the

exact amount of nicotine that is being delivered."

Little is known about the long-term side effects of using electronic cigarettes, which leaves questions about their safety and effectiveness unanswered, as well as the possible risks of addiction.

Proponents of electronic cigarettes argue that because they lack the many toxins found in traditional cigarettes, electronic cigarettes serve as a safe alternative to smoking.

Dr. Franca Mancini, Director of Counseling and Psychological Services at the University is concerned that using electronic cigarettes can lead to a nicotine addiction. "Nicotine has an adverse effect on the body and can lead to a variety of physical and psychological problems, although, the producers of e-cigs say that the small amounts contained in their product present

no long-term harmful effects."

Schaad explained that while e-cigarettes may be beneficial for those quitting traditional cigarettes, "potential risks associated could be that people start with e-cigarettes and move to a regular cigarette."

Schaad added, "There has been a lot of controversy as to whether it is marketed to young people, especially since there are some flavored e-cigarettes."

Electronic cigarettes contain five ingredients; propylene glycol (PPG), glycerol, nicotine, water, and flavoring, according to The Tobacco Vapor Electronic Cigarette Association (TVECA), an advocacy group for electronic cigarettes.

Mancini explained that the reasoning that teens find e-cigarettes attractive because "younger people

E-Cigarettes continued on pg. 4

Index

News	2
Op/Ed	6
Politics	8
Lifestyles	10
Features	12
Entertainment	14
Club and Greek	20
Comics	25
Sports	26

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News

"Take Back the Night" highlights stories of sexual assault and violence.

page 2



Opinion

Would you be able to disconnect yourself from technology?

page 7



Entertainment

Dawes, a folk rock band performed a concert in Pollak Theater on Sept. 25.

page 14



Club & Greek

Outdoors Club hosted a beach party for all members with a variety of activities.

page 20

Take Back the Night Event Helps with Movement to End Violence and Assault

MARISSA CORNFORD
CONTRIBUTING WRITER

The University celebrated their annual Take Back the Night campaign where students participated in a march to end violence on Wednesday, Sept. 25th. Students gathered on the steps of Wilson Hall where a candlelit vigil was held to begin the march. The students walked throughout the campus, making numerous stops to discuss violence and sexual assault statistics and facts. Students had different reasons for attending the march, such as athletic teams uniting together, first year students earning the letter “W” for the Shadow program, and even students who have been personally affected by violence or assault. “Honestly, I went to Take Back the Night because my roommate wanted to go, since it was a personal matter to her,” said freshman Sarah Baker. “Also, the event addresses the major flaw of sexual assault in our society that needs to be corrected worldwide.” John Guth, political science major, explained that he attended Take Back the Night because of the prevalent issue of violence and sexual assault. “It is important that people acknowledge this problem so that it can be resolved,” said Guth. Take Back the Night, previously

known as Reclaim the Night, was first recognized in the United States in October 1975 at a rally in Philadelphia. Since then, it has become internationally known through groups such as the International Tribunal for Violence Against Women, which ran between 1974 and 1977 in Brussels, Belgium. National and global campaigns such as these have been at work to end violence for the past 35 years. The New Jersey Coalition Against Sexual Assault (NJCASA), and 180 Turning Lives Around, who tabled the event and helped lead the march, are services in New Jersey that cater to victims of sexual assault or violence and are also a part of the movement to take back the night. After stopping below the residential quad, 180 Turning Lives Around revealed some facts and statistics about violence and its victims. A specific fact was that one out of four girls and one out of six boys will experience sexual assault or violence before they turn 18. As the march continued, the 180 Turning Lives Around representatives also announced that 73 percent of sexual assault crimes are committed by strangers, although it is still more likely that the perpetrators will be acquaintances or intimate partners. Fifty-percent

of sexual assault or violence cases have occurred either at or within a mile of the victim’s home, according to the organization. According to 180 Turning Lives Around, the effects prove to be devastating. Statistics stated that victims of sexual assault and violence are three times more likely to become depressed, three times more likely to abuse alcohol, 26 times more likely to suffer from Posttraumatic Stress Disorder (PTSD), and three times more likely to commit suicide. Monmouth University Police Department (MUPD) attended the event and took part in the march with the students. During a stop at Spruce Hall, Joe Hanson, University Police Officer, gave advice to the students on how to stay safe at night. He said that students should travel in pairs or groups when walking at night. “I have been fortunate enough until this year to not know too many people who have been affected by sexual assault, but after going to Take Back the Night, I am even more passionate about the cause than I was before,” Baker said. If you or someone you know has been a victim of sexual assault or violence, please refer to NJCASA, 180 Turning Lives Around, and other services offered in New Jersey.

WMCX Celebrates College Radio Day

CASEY WOLFE
FEATURES EDITOR

The University’s radio station, 88.9 WMCX, hosted a 12 hour broadcast in honor of College Radio Day from 9 am to 9 pm on Tuesday, Oct. 1. The event featured student radio shows as well as live performances from local bands. According to Aaron Furgason, advisor of 88.9 WMCX, the goal of college radio day is to let people know that college and high school radio exists while increasing awareness of the programming that is not available on commercial radio. During College Radio Day, regularly scheduled student radio shows aired along with live performances from bands such as American Pinup, Wild Rompit, The Sunday Blues and Rick Barry, WMCX station manager, Nicole Calascibetta said. Also, each of the bands were interviewed by new and returning WMCX students. The 88.9 WMCX radio show streams live to anyone with internet access all over the world using a website called Radio Flag. Calascibetta described the website as Twitter for college radio and small radio, and said that last year WMCX was trending at number one. Last week, Pat Layton and Jonathan Weisman, hosts of weekly radio show, “The Other Side,” also trended number one for DJs on Radio Flag. Furgason said that the camaraderie between students was one of the greatest parts of College Radio Day. He was excited to see many new students willing to participate and get involved with the event and increase the overall awareness of WMCX. He added that students also became aware of other students’ radio shows that they had not known about prior to the event. The new student turnout was much greater than expected, Calascibetta said. “I’ve had an amazing amount of new students coming up to me asking what WMCX is and how can they be involved with the station,” she added. The bands that performed during College Radio Day came from areas such as New York and Philadelphia. A few of the bands plan to tour this fall season, while others have been featured on websites such as *mtv.com*. American Pinup has played at well-known music festivals including Vans Warped Tour, The Fest, SXSW, Move Music Festival and more. According to Calascibetta, the entire WMCX executive board participated in the event, along with all general members and some freshman who wanted to show off their interviewing skills. The preparation



PHOTO TAKEN by Casey Wolfe

Bands such as American Pinups came out to support WMCX on college radio day. for this event took over a month, she added. “I just took a lot of time kind of putting down the right bands for the radio station, who would be interviewing them, and setting up times, and setting up food and parking, preparations and promotions,” Calascibetta said. The WMCX duo, Layton and Weisman, hosted “The Other Side,” which features indie and alternative rock music. Weisman said their style of music sounds much like Green Day, Weezer and Nirvana. Their show, which is regularly scheduled on Tuesdays from 9 am to 11 am, was aired from 10 am to 11 am for College Radio Day. The variety of radio shows on WMCX is what makes the station standout, said Layton. “What other station can you have that would have a rock show followed by a rap show, or a Spanish program show followed by news,” Layton said. “College radio really allows for multiple formats on one station and it’s really cool that WMCX allows for people to have shows about whatever they want.” Weisman said that hosting “The Other Side” with Layton has been a way to relieve stress. “This is only my second year of doing the radio. It’s probably one of the best decisions I’ve made here at Monmouth,” said Weisman. “I love every second of being on the air.” Layton also encouraged students to get involved early. “If somebody is a freshman or just wants to get involved with The ‘X,’ just do it, as the Nike slogan says,” Layton said. “It’s really a great idea to get involved your first semester, even if you’re not a radio, TV major.”

COREiculum is Coming Back

In Spring of 2012, John Buzza’s Entrepreneurship Class developed Monmouth University graduate, Andy Stern’s, workout plan into a collegiate fitness company, COREiculum.

COREiculum offers “The 1st Semester,” a two-dvd workout program fit for the college student to make the “Freshman 15 an Elective.” Now available in the University Bookstore, on Amazon.com and on COREiculum.com

COREiculum’s latest project is launching right here at Monmouth! In part as a fundraiser for PRSSA, COREiculum is introducing the Valedictorian Challenge. This eight-week weight loss will help you burn fat, build lean muscle and define your CORE.

Need even more motivation?


One Monmouth University student will win a FREE VACATION.

Imagine not having to pay for your Spring Break Trip AND having the body you want to show off on the beach!

More information will be provided during a FREE workout! On Wednesday, October 16th at 5pm in Anacon Hall, COREiculum brings us COREientation!

Come try one of the hottest new workout programs and learn more about the Valedictorian Challenge! E-mail any questions to INFO@COREiculum.com

CRIME BLOTTER



WED.	THURS.	FRI.	SAT.	SUN.	MON.	TUES.
STUDENT MISCONDUCT 9/24/13 - 1:21 AM BEECHWOOD HALL	CONSUMPTION OF ALCOHOL BY PERSON UNDER THE LEGAL AGE / STUDENT MISCONDUCT 9/25/13 - 10:23 PM PINWOOD HALL	CONSUMPTION OF ALCOHOL BY PERSON UNDER THE LEGAL AGE / STUDENT MISCONDUCT 9/27/13 - 1:40 AM MULLANEY HALL	CONSUMPTION OF ALCOHOL BY PERSON UNDER THE LEGAL AGE / STUDENT MISCONDUCT 9/28/13 - 2:30 AM QUAD / OUTSIDE TUNNEL	CONSUMPTION OF ALCOHOL BY PERSON UNDER THE LEGAL AGE / STUDENT MISCONDUCT 9/28/13 - 3:48 AM MULLANEY HALL	THEFT 9/28/13 - 1:20 PM MAC	CRIMINAL MISCHIEF 9/28/13 - 2:05 PM ELMWOOD HALL
						STUDENT MISCONDUCT (SIMPLE ASSAULT) 9/29/13 - 2:15 PM OFF CAMPUS

Students Learn About Fire Safety and the Importance of Designated Drivers at HERO Campaign Day

ERIN MCMULLEN
ASSOCIATE NEWS EDITOR

The University held a Safety and HERO Campaign day on the residential quad on Wednesday, Sept. 25 to encourage students to make safe and smart decisions. Students were invited to attend the event sponsored by the Howell and West Long Branch Fire Departments, Monmouth University Police Department (MUPD), the Office of Residential Life, the Office of Substance Awareness, the University’s Fire Safety and HERO Campaign, and the New Jersey Manufacturers Insurance Company.

The HERO Campaign is a national non-profit organization that was created in 2000 after John Elliot, a graduate of the Naval Academy, was killed by a drunk driver. The objective of the campaign is “to promote the use of sober designated drivers to prevent drunken driving tragedies throughout our country,” according to the organization’s website. The HERO Campaign partners with law enforcement agencies, schools, restaurants, the U.S. Navy, and various other organizations across the country in an attempt to encourage people to volunteer as designated drivers (DD) for friends.

“The message of the HERO

Campaign is for everyone, not just students. It is a real life message,” said Suanne Schaad, Substance Awareness Coordinator. “We market it as a positive thing to be a DD for your friends and promote it accordingly. We want people to remember to thank their DD’s and appreciate what they are doing,” she continued. The University is a proud partner of the HERO Campaign, and

“...It was really scary to see what it feels like to drive drunk
...It’s terrifying to think that people get behind the wheel of a car like that.”

SARAH MCGRAIL
Sophomore English Major

holds a Safety and HERO Campaign day each year to encourage students to get involved. Students who attended the event were given free food and t-shirts, and were able to participate in a few fun activities. Students learned proper fire safety from Howell and West Long Branch firefighters. They also used a drunk driving simulation where drunk goggles were worn while trying to maneuver a golf cart through a small course that was set up on the quad. “The drunk driving course

trol car. Graham said, “I think it [the HERO Campaign] definitely improves campus safety. It’s proactive policing; it’s proactive, period.” According to The Century Council, a non-profit organization that fights drunk driving and underage drinking, 31 percent of all vehicle traffic fatalities were caused by drunk drivers in 2011. “We’re just trying to say that you don’t have to not drink, but you should be safe about it. Have a designated driver, be smart,” said Jaime Robinson, a graduate

student who is currently interning in the Office of Substance Awareness at the University. Schaad explained that anti-drinking messages aren’t always well received, especially with college students. So as a way to promote designated driving and safe drinking habits among University students, the HERO Campaign holds a “Designated Driver HERO of the Year” contest each school year. “It is hard to exactly measure how many lives this message saves, but we believe it makes people think twice. This type of thinking before you go out can be contagious...and that is what we are seeing. We want people to be talking about it,” Schaad said. “A lot of bars and restaurants downtown are hooked up with the HERO Campaign,” Robertson explained. “I know that Jack’s, for example, will give you free soft drinks if you’re a designated driver for the night.”

Also present at the HERO Campaign day were representatives from the New Jersey Manufacturers Insurance Company. As a part of their Don’t Text and Drive Campaign, the group was trying to collect signatures for the cause. Louis Alcuri, Promotions Coordinator for the group explained, “For every pledge that NJM receives this year from someone who pledges not to text while driving, we’re going to donate \$1 to charity.” The group is attempting to collect 50,000 signatures by the end of the year, and so far, they’ve acquired 27,000. “We’re well on our way,” Alcuri said. Not only that, but NJM has also donated 55 driving simulators to high schools across the state as a way to set up a program for safe teen drivers. With organizations like NJM and the HERO Campaign partnering up with schools across the nation, safe driving has become a top priority. For University students looking to become a designated driver, the HERO Campaign meets once a month in Java City. “We ask all first year students to get a local cab number in their cell phones, use the new shuttle, come by the Health Center for a cab voucher, and volunteer to be a DD so we can increase safety on and around campus,” Schaad said.

The University Reacts to Recent Mass Shootings

BRITTANY HARDAKER
STAFF WRITER

In the wake of a devastating amount of recent mass shootings throughout the U.S. and abroad, many are questioning whether these types of incidents are on the rise. Still reeling from losses in places such as Newtown, CT., the Navy Yard in Washington, DC., and Aurora, CO., Americans are beginning to question their safety. According to the FBI’s website, a mass murder is defined as four or more murders with no “cooling-off” period in between. A mass murder typically occurs in a single location where a number of victims are killed by one individual or more. According to the Congressional Research Service (CRS), there have been an estimated 78 pub-

“...most active shooters have made comments or left clues that, if properly acted upon, could have prevented these incidents from taking place.”

Bill McElrath
Chief of Monmouth University Police Department

lic mass shootings in the United States since 1983. Mass shootings have occurred at an average rate of one per month since 2009. However, the FBI website explains that mass shootings are a small portion of overall gun related deaths. In 2010, around 8,775 people were murdered with firearms in the United States and less than one percent of those victims were killed in mass shootings. Following the Newtown, CT. tragedy, a handful of states including Connecticut, New York, and Maryland have expanded their bans on assault weapons. Also, at least 17 other state legislatures have moved towards tightening gun-control laws in an ef-

fort to prevent such atrocities. Despite local and federal efforts to curb the use of guns, 12 people were killed and eight others were injured in a mass shooting at the Washington Navy Yard on Sept. 16. This incident marked the fifth mass shooting in the U.S. this year, an article from the *Examiner* explains. Homeland Security Professor John Comiskey of the Criminal Justice Department said, “Mass shootings are no more common than they have been in past decades, despite the impression given by the media.” While many media organizations continue debating whether or not mass shooting events are actually rising, Comiskey said, “There have been a small number of high-profile active shooters as of late, but there is no rise in mass

shootings in our country.” Comiskey, a retired New York City Police Lieutenant, explained that many of the recent shootings in our nation can be considered “Columbine-like” in that they have similarities to the 1999 Columbine High School massacre where two active shooters killed 12 fellow students and one teacher. Many lessons learned from the Columbine incident have caused law enforcement to intently discuss how to deal with active-shooter type situations, Comiskey explained. In these types of situations, law enforcement often takes affirmative action in taking down an active shooter.

Comiskey also discussed how this month’s Nairobi Mall shooting in Kenya brings up U.S. Homeland Security concerns that copycat groups or lone terrorists could recognize the efficiency of such an attack here in America. “With Black Friday coming soon, this will be a concern for U.S. merchants. Private security and police will most definitely step up in the wake of Nariobi,” he said. “We might soon see a call for arming security guards and a definite increase in security for large events like the upcoming NYC Marathon and 2013 Superbowl,” Comiskey explained. University Police Chief, Bill McElrath gave some insight as to how the University could take action if faced with an active-shooter situation. He said, “I think the first step to preventing something like this from happening on our campus is to acknowledge the possibility that it can take place here.” He explained that the University Police have many policies for responding to an active shooter incident. “The MUPD have conducted numerous drills; both live exercises and tabletop exercises, on how best to respond. We have policies on Emergency Notification to the campus, as well as Lockdown Policies,” he said. Junior political science major Dan Roman said, “As an Resident Assistant I have gone through countless hours of training in case of an active shooter on campus.” He continued, “I think that MUPD and the University as a whole have done an incredible job reaching out to students and providing the possible lifesaving information. Monmouth makes sure it places the safety of students before anything else and I feel extremely safe here on campus.” When faced with a mass shooting of any severity, the first ques-

tion asked by thousands, involved or not, is why? “It is tempting to look for the reason why people commit extreme violent acts like mass shootings – we want to blame it on something, whether it be mental illness, extremist ideologies, histories of victimization, playing violent video games, or simply some innate evil in the perpetrator,” Dr. Jamie Goodwin of the Psychology Department said. However, she continued, “In truth, it is likely a futile effort to find one factor to blame.” According to Goodwin, the reasons may be complex. Goodwin said “The vast majority of people who suffer from mental illness are not violent or dangerous, but there are some symptoms of mental disorders

that could potentially add fuel to aggressive urges that lead to mass shootings.” She continued, “Psychotic symptoms such as delusions (like those purported to have driven the Navy Yard shooter) may cause a person to feel persecuted or attacked, so the shooting is perceived as retaliatory or self-defensive.” Goodwin described that depressive symptoms may cause a sense of hopelessness that makes the shooting feel like the only option for retribution or restoring a sense of power in the person’s life. Unfortunately, there is not one answer as to why a perpetrator would engage in a mass shooting, although local, state and federal officials, as well as the victims involved, continue to seek answers.



PHOTO TAKEN from gazett.net

The University is increasing knowledge and awareness about active shooter scenarios.

University Holds Auditions for National Anthem Singer

ALYSSA GRAY
COMICS EDITOR

Auditions to find a national anthem singer were held by the University Athletics Department this past Wednesday, Sept. 25 in the Multipurpose Activity Center (MAC) from 6:30 to 7:30 pm.

According to Maggie Martini,

director of community relations and promotions and member of the athletics marketing staff, this is the second year that Athletics held auditions for the national anthem singer role. Martini said, “We held the national anthem auditions both this year and last year to give students, faculty and staff of Monmouth University as

well as anyone in the local community, the opportunity to come audition to sing the national anthem at home MU athletic contests for the 2013-2014 seasons.”

In order to choose the right singer from the 30 auditioning contenders, who ranged from students to local community members, the singers took their turns performing their renditions of the anthem for their audition in front of the Athletics Marketing Staff.

Martini thought that there was a great amount of talent displayed and was glad there was a chance for people of the University community to showcase their skills. “Myself, as well as other members of the athletics marketing department did hear everyone who auditioned this year. It is great to give students, faculty and staff at Monmouth the opportunity to show their talent and audition for these opportunities,” said Martini.

Once all the auditions were complete, the staff selected a handful of singers who were selected to fulfill the change. Once

selected, the singers are scheduled to sing at particular University sporting events during the 2013 to 2014 seasons held at the University.

Requirments for the singers include arriving to the respective games 30 minutes prior to the start of play to ensure that the game begins on time, that all technological problems should be avoided, and that the singer may conduct a microphone and speaker check before singing the anthem live for the players and spectators.

Although the national anthem singer is not on the field playing the game and scoring the goals, according to sophomore Daniel Weisman, the game is not the same without having somebody sing the coveted song and set the mood.

“It would be like missing something essential once you realize it’s gone,” said Weisman. “I haven’t played sports since high school, I mainly just watch the games now, but even now having somebody who is able to step out

onto that field and remind everyone, and every player, that for a second they are all aren’t about to compete against one another is a pretty cool thing. It’s a factor that makes the sport great,” Weisman said.

Junior Lisa Barka is not a big sports fan but she can relate to Weisman on the importance of having someone set the mood at a game. “My little sister sang the national anthem at a lot of sporting events at [Berkley Heights], she’s an amazing singer, and you could see how many people appreciated it,” said Barka. “It’s a great talent that’s nice to see incorporated into sports and it’s nice to hear that a couple of people are going to be able to share their talent at other Monmouth events.”

Martini said that monmouth athletics is hoping to have the selected national anthem singers sing live at many home games starting as soon as possible. A schedule for the singers to perform at particular games is underway.



PHOTO COURTESY of Jim Remo

Jenna Kanaley sang the national anthem before the women’s soccer game vs. New Jersey Institute of Technology on Sept. 9.

Hawk TV Joins Habitat for Humanity at Rock ‘n Relief

Rock ‘n Relief from pg 1

front of Jules L. Plangere Center for Communication. The event featured several student artists, such as Joey Affatato, Guy Battaglia, Joe Sullivan, Bryan Haring, Bri Merriman, and Natalie Zeller. They performed a free show on a stage placed on the lawn in front of the academic building.

Donna Dolphin, co-advisor of *Hawk TV*, said that the musicians were great. “We needed them to be flexible and they were,” she said. “We had to adjust set lengths on the spot, that’s just how it goes in live broadcasting. They were so cooperative and are all so talented. It took a great deal of stress off of the production.”

There were also tables giving away food or different association products and were accepting donations rather than charging students. PRSSA provided baked goods while *Hawk TV* featured hot dogs and a prize wheel.

Kelly Brockett, senior and Co-

President of PRSSA, explained that PRSSA did more than just organize a bake sale. “[PRSSA] developed flyers about where an attendee could donate online if they wanted to donate a larger amount,” she said.

“PRSSA also tried to get the crowd involved in the social media conversation about the event by creating the hashtag #RockNRelief and displaying [Habitat for Humanity’s] existing hashtags and handles. PRSSA also live tweeted from the event to help create awareness and spread the word about Habitat for Humanity,” Brockett said.

Hawk TV filmed the event and broadcasted it live throughout campus on channel 12.

Nick Sommons, production manager of *WMCX*, broadcasted the whole event live and also created a promo for it. Even though Nicole Calascibetta, senior general manager of *WMCX*, was unable to attend the event she said that she is proud of *Hawk TV* for putting Rock ‘n Relief together. “Rock ‘n Relief was *Hawk TV*’s idea from the very beginning and

I think they did an excellent job executing their vision,” she said.

Meyer explained that Union Beach is still suffering from Hurricane Sandy. She said “Union Beach still has 500 families without homes. [The] University is sponsoring a [Habitat for Humanity] build there in October. Former President Jimmy Carter and his wife will be there to raise awareness...”

Bern said, “[Rock ‘n Relief] served as a unifying experience for all involved and I am hopeful we can ride this momentum for the rest of the semester.”

Dolphin referred to Meyer and Bern as “consummate professionals.” “They absolutely killed it,” she said.

“I think [Rock ‘n Relief] went extremely well. I was thrilled with the turn out and the amount of money raised...” said Meyer.

Four hundred dollars was collected in cash but Dolphin said that because donations were encouraged to be made online as well, there really is no set number as to how much money was raised.

Brockett said, “I think *Hawk TV*



PHOTO TAKEN from www.nj.com

Student organizations set up tables during Rock ‘n Relief and gave away food and other items, while encouraging donations for Habitat for Humanity

took the reins on this one and did an excellent job organizing and broadcasting such a unique event that

both raised awareness about Habitat for Humanity as well as advertised what amazing talent we have.”

The Pros and Cons of Smoking an E-Cigarette

E-Cigarettes from pg 1

are very susceptible to addiction since the element of peer pressure is so strong at this developmental stage.”

Mancini did note that the University has not encountered any issues on campus regarding the e-cigarettes, although “smoking in general on college campuses is a huge issue, although students rarely see it as a problem.”

Although PPG may be best known as a common additive in antifreeze, which is unsafe for human consumption, the TVECA stated on their website that “PPG has been in the U.S. food supply since the 1930’s,” including some brands of frozen yogurt, ice cream bars and citrus flavorings.

A report from ABC News last week stated a recent Food and Drug Administration (FDA) study that found nine possible contaminants in an unnamed brand of electronic cigarettes, while traditional ciga-

rettes have nearly 11,000 known contaminants. The potential side effects of the contaminants are not known at the moment.

Schaad said that as a result to the remaining side effects found in the e-cigarettes the FDA is being urged to put a ban on them by the Attorney General’s Office.

Dr. Sheila McAllister, associate professor of public relations, believes more research and regulations on electronic cigarettes are necessary to fully understand their effects. “There’s not enough info out there. These kids who are [using them] are basically part of a larger experiment of whether these cigarettes have long-term health effects, and we might not know until they turn 40 or 50 years old.”

McAllister, a mother of two college-aged twins, is a former smoker and understands the rationale of the younger generation using electronic cigarettes. “If they were around when I smoked in high school and college, I think I might have bought the line that they are safe and don’t cause cancer. Maybe that explains why they are buying them. I would think I could still be cool, but I’m not going to get cancer. And they don’t leave that smell of smoke that

their parents can pick up on.”

University students, smokers, non-smokers, and former smokers alike, seem to echo the concerns about becoming addicted to a device of which the long-term health effects of are still unknown.

Freshman music major, Matt Jordan, a smoker himself, said, “Electronic cigarettes could be even worse than regular cigarettes, because then you don’t know how much nicotine you are inhaling.” He added, “When a cigarette is done, it’s done. But an electronic cigarette could be dangerous for kids to smoke because they probably don’t count the puffs. You can use e-cigarettes until the battery runs out, and that lasts for a long time.”

Jordan said he hasn’t used electronic cigarettes and he wouldn’t consider smoking them instead of a regular cigarette. “It’s especially worse if you don’t smoke first, because then it’s just a habit for the sake of a bad habit. We all know nicotine is terrible for you. But at least an adult who makes the choice to smoke does it knowing the full effects. We don’t know everything about electronic ones.”

A junior advanced chemistry

major and daily e-cigarette user, who wishes to remain anonymous, feels that the e-cigarettes still give her the enjoyment of smoking something, while slowly weaning herself off of nicotine addiction. “...You can definitely tell that there is less nicotine present because each inhale is not as strong.”

Diane McQuay, office coordinator in the Communication Department also uses e-cigarettes. Although she occasionally does smoke regular cigarettes she is trying to permanently switch over to e-cigarettes.

As a smoker, she notices the differences between the two cigarettes. “Even though it’s vapor, when you feel the drag you know it’s water, it’s wet.”

Senior Nick Dolphin, a former smoker, doesn’t believe electronic cigarettes are an effective tool to help a smoker quit smoking. “The best way to quit is cold turkey and just cut all the nicotine off.”

Dolphin said, “As a former smoker, I can say that it’s not a good habit. We don’t know about the negative effects electronic cigarettes could have on someone yet because they are so new.”

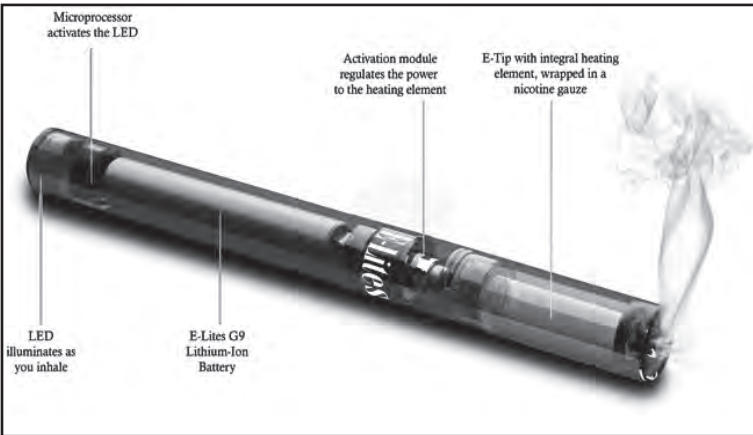
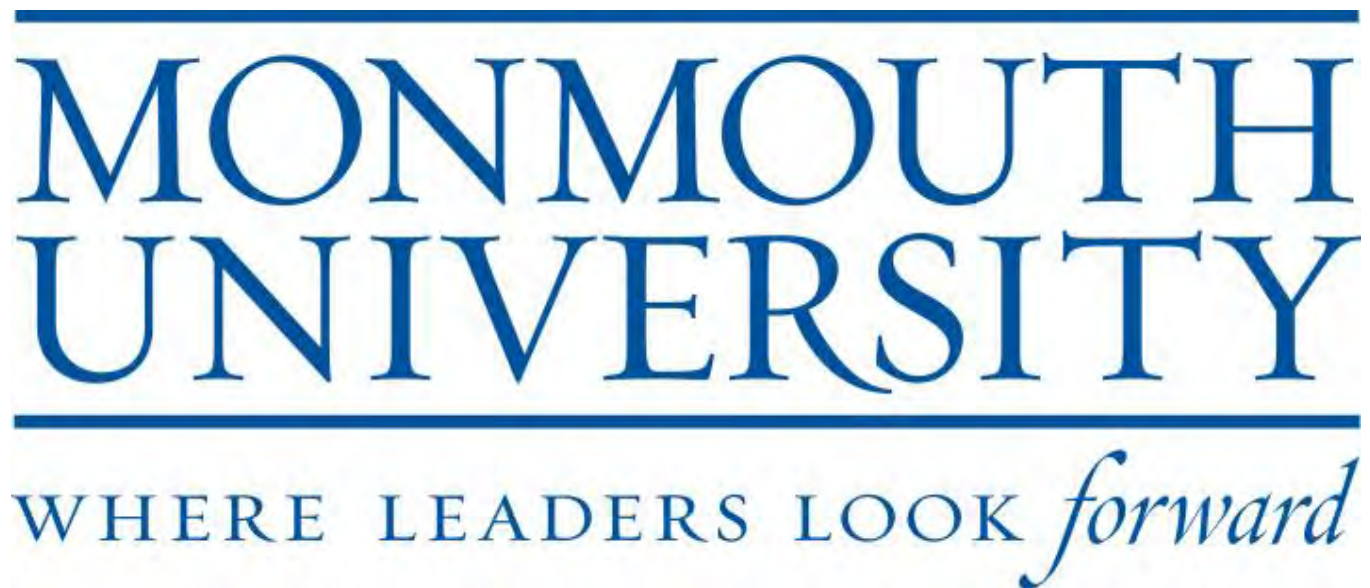


PHOTO TAKEN from organiccommonsense.com

The model above displays the different components of an electronic cigarette.



FOUNDERS' DAY CONVOCATION

Wednesday, October 9, 2013

Pollak Theatre, 2:30 PM

This event will be simulcast in the Rebecca Stafford Student Center.

Convocation Address

Mary Ann Christopher

President and CEO, Visiting Nurse Service of New York

SCHEDULE OF EVENTS

2:30 PM

Convocation Ceremony

Pollak Theatre

3:45 PM

Reception

Great Hall, Wilson Hall

**All members of the Monmouth University community
are invited to all events.**

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Outlook masthead designed by Kimberly Lynn Mallen
Back page sports logo designed by Nick Hernandez

Student Center Offers New Cuisine Options

THE OUTLOOK STAFF OPINION

Once again, the Rebecca Stafford Student Center has attempted to make changes to its dining services in hopes for more pleasurable feedback from those who visit the area. The Student Center now offers a few new options, along with a new look, and although these changes are a step in the right direction, there will always be room for improvement.

This year the Student Center brought Jersey Mike's and Greens to Go as a few new stations to offer to the students and professional staff. While some people really enjoy these food choices, many find problems with certain aspects of the changes.

The Outlook staff favors the new station, Greens to Go because of the variety of options offered in the 'Build it for you' salads. In addition, the staff enjoys Jersey Mikes overall but is conscious when making a decision to buy a sub from there based on its high pricing.

One editor said, "We don't need big name companies like Jersey Mike's, just affordable, good food."

Another mentioned, "...[ARA-

MARK] should have kept the Panini station and gotten rid of adding Jersey Mike's because it's overpriced."

One selection at the Student Center that has not received any changes but may need to be re-worked are the pre-made meals, such as the sandwiches and sushi which both, according to The Outlook, are overpriced.

Those using their meal plans do not mind the pricing, although it does become an issue when the student is charged extra for protein, one editor explained.

Regardless of these opinions, there are those who do enjoy the Student Center, especially when comparing it to the Dining Hall. One editor said that she preferred the Student Center over the Dining Hall because it was more convenient when going from class to class, and it is cleaner.

The Student Center's new look has definitely caught the attention of the students and staff. Some have said it is a "fresh update" and that it is a nice change. Though, one editor said, "There is nothing wrong with light colored paint to brighten a room but I feel like when I walk inside I am now blinded by the walls."

Some Outlook staff members point out that there are some

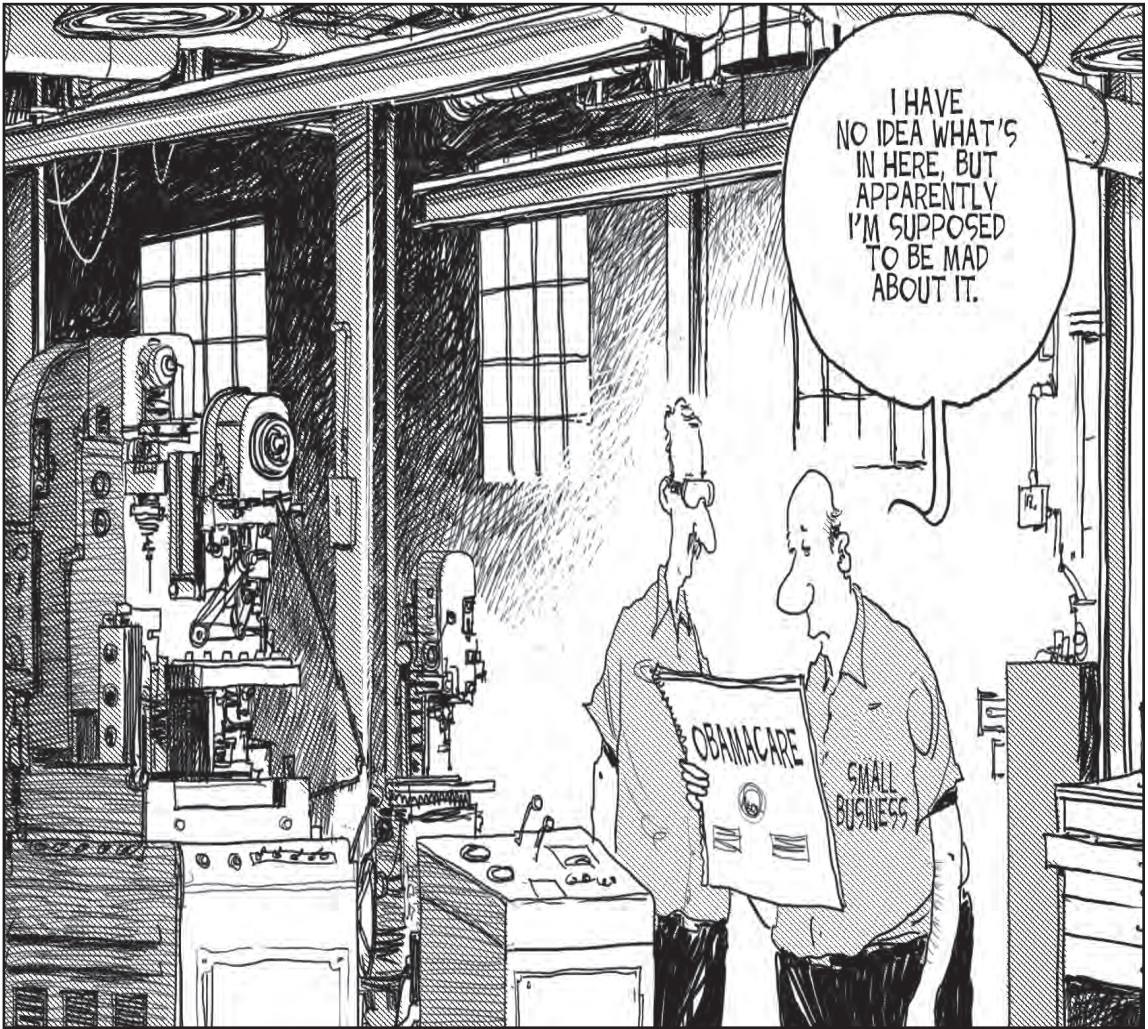
things that should have been left alone.

The Outlook wants Java City back in the Student Center, or at least the latte drinks and the cozy-relaxed atmosphere that it brought with it. "Wawa coffee is great, but I'd like to be able to get lattes and what not," a staff member said. "Java City was the cafe on campus where people could go have a coffee with friends, do homework, or just relax in the cafe atmosphere. Ever since they took it out and replaced it... it's not the same," another said.

Something else the Student Center should take into consideration is their variety of lactose-intolerant, vegan and vegetarian options, which seems to be a small and yet significant issue to some of the Outlook staff as well.

Obviously it is difficult to adhere to the preferences of each individual person on and off campus. Over the years, ARA-MARK has made strides to make their food and dining services more enjoyable. Because of this, The Outlook recognizes the need for cohesion in making decisions on what to keep or change, which is why it is important for ARA-MARK to continue to learn from the needs of the students and other University members.

CORRECTION: Last week, in a story headlined "Visiting Writer Series Introduces Katie Ford," The Outlook reported that Jeffery Jackson was an adjunct professor of English, but he in fact is an assistant professor of English. If, for any reason, this inaccuracy has caused misunderstandings or problems, The Outlook regrets that.



HOW TO SUBMIT ARTICLES OR LETTERS

The Outlook provides the Monmouth University community with information concerning issues in and around the University while serving as a forum for expression of the ideas of its readers.

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All copy must include the author's full name and contact information. The Outlook accepts articles and graphic material from students, faculty and administrators, and reserves the right to edit or reject any material which they determine is not suitable for publication or its readers. Copy and advertising appearing in The Outlook do not necessarily reflect the views of Monmouth University or The Outlook.

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Disconnecting from Technology

One Student Tells His Story About His Phone-less Experience

PAUL WILLIAMS
STAFF WRITER

The answer is yourself, as I recently learned how splendid the effects of distancing yourself from the inundation of technology can be while I was half a world away from home.

My wife Vicki and I took a trip across the pond to England this summer. We crammed our itinerary with tourists stops: Stonehenge, Big Ben, Windsor Castle and plenty of pints at the pub.

But a week before we left, Vicki noticed we forgot to buy an international cell phone plan. When she enlightened me of this oversight, I instinctively reached for my phone, akin to a parent covering their child’s ears to protect them from an offensive epithet.

I could see my entire social networking life—everything from AIM away messages to Miley Cyrus tweets—flashing before my eyes.

What self-respecting tourist would dare travel without the capacity to Instagram their experience?

If I couldn’t share my trip in real-time with my friends and run-of-the-mill internet stalkers, what was the point in even going?

After some deliberation, we decided to forsake the extra cost of an international phone plan and take the plunge into the world without electronic contact.

Vicki did devise an emergency communication system for

us. I don’t recall what it was, but I’m pretty sure it involved some kind of smoke signal.

But something special happened as I turned my phone to the dreaded airplane mode: I paid attention to my surroundings in a way I hadn’t in years, almost as if I was now viewing the world in high definition.

I could see my entire social networking life-everything from AIM away messages to Miley Cyrus tweets-flashing before my eyes.

Without the ability to use my phone as a crutch to occupy any free time, I was forced to observe and absorb everything in greater detail.

Instead of merely glancing at passengers on the plane, I took note of their otherwise innocuous features, such as the color of their clothing and whether their shoes matched their outfit (Vicki has me well-trained).

After a few days of traveling around London and witness-

ing buildings and monuments older than our country, I gained an even greater appreciation of perceiving our planet without the assistance of a smartphone.

Instead of viewing my life behind a 5 inch piece of glass and plastic, I was just soaking everything in and gaining an actual memory of my experience instead of one stored on a phone’s hard drive that could crash at any time.

Perhaps the most memorable point of my world without WIFI was when Vicki and I stood on the bank of the River Thames and watched the historic Tower Bridge open; an occasion that only occurs a handful of times each year.

I remember it vividly: the overcast skies and cool, misty rain coated the railing we were pressed up against.

I chuckled to myself as numerous spectators recorded the opening of the bridge with their iPads and iphones, and couldn’t help but think about how liberating it was to perceive such a rare occasion with my own natural senses.

My arm was already around Vicki’s shoulder, but I pulled her a little closer anyway and gave her a bigger hug, sealing a physical stamp on a once-in-a-lifetime memory. There’s no app for that.

Next time you travel, try to put the phone away for a few hours while sightseeing. You’ll be amazed at how the world looks when you actually stop to appreciate it in its natural beauty.

The Debate Over Minimum Wage

KAYLA HORVATH
CONTRIBUTING WRITER

I would go out on a limb and say that most of us work pretty hard for our well-earned cash. Now, would you work even harder if you were offered more cash? Of course you would.

Money is not everything and no, money does not buy happiness. Let’s be realistic; it does buy gas, food, clothes and other important things that are basically necessities.

Many young adults and college students are just starting out on their own two feet, struggling with having to pay their own bills and supporting themselves all while balancing a job with their education.

So understandably, more money is an incentive to work even harder. The point is that it’s time minimum wage is increased.

Many basic or entry level jobs are the ones paying minimum wage; a measly \$7.25 per hour.

However, the biggest dilemma we are faced with is the current economic hardship and an even more competitive job market where you must have the skills and experience to get a decent job while earning big bucks.

That however, puts many young, educated but frankly inexperienced individuals at a serious disadvantage. Young adults step out of college and are often left with a huge amount of debt in loans.

They are then faced with the daunting task of not only finding a substantial career to be able to start paying those giant loans back, but establishing some credit to maybe purchase a new car or place to live.

Furthermore, in order to do all of those things, you have to already have money, credit or something to show. Again, when young people are just entry level employees, many times they are receiving minimum wage or comparable.

Since many employers utilize minimum wage employees, it becomes the base line off which other employers set higher wages.

In other words, even if you are just starting out and you are indeed making more than the ludicrous \$7.25 per hour, and lets hope that you are, the rate or salary you are earning may still be lower than it should be, or even has the potential to be because minimum wage is so low.

Another negative contributing factor is that in the past four years since the last time minimum wage was increased, household expenses have increased dramatically.

I am sure we can all agree these things are necessities. So, if prices are being driven up, then minimum wage should too – right? Apparently not. It is unrealistic to believe that a certain standard of living can be met at that rate.

Not only is it unrealistic to think that people can support themselves on the current minimum wage, but an increase in minimum wage would also create better employees who take pride in their work, have ambition to grow, and contribute more to their companies and corporations.

In the current economic state, increasing minimum wage would do far more good than harm and would benefit not only young adults or recently graduated college students, but everyone.

The Confusion with Public Relations and Journalism

Does this Communication Concentration Limit Students?

MAGGIE ZELINKA
SPORTS EDITOR

Public relations specialists are often referred to as “spin doctors” by journalists. Journalists are often referred to as “blood suckers and liars” by public relations specialists.

If the two do not bring out the best in one other, then why does Monmouth University pair them under one concentration for a Bachelor of Arts in Communication?

Albright College in Reading, PA, has a degree in public relations and advertising, a tactic used in marketing. The college has made a separate degree for those who wish to major in journalism.

Similar is the case of schools out west such as Utah State University who pairs public relations and marketing.

The University of Tennessee instead has public relations mixed with advertising/marketing for a degree option and journalism is paired with electronic media.

If this trend is being seen nationwide, why is Monmouth University an exception?

“The crucial ‘publish and be damned’ culture of journalism is the very antithesis of the carefully controlled messaging of the PR world,” journalist Steve Loynes wrote in a *Huffington Post* article which was published last year.

With this line, Loynes’ essentially settles a long argument on the similarities and differences between journalists 0000.and public relation specialists.

A journalist is willing to do nearly anything to find a story, lead or get an insider to give them the scoop.

A public relations specialist works to cover-up any story which could put their organization, or an organization they work for, in harm’s way.

While it is understandable that the two professionals must *understand* the other’s job, they should not have to be able to *perform* the other’s job.

Instead, public relations should be paired with a more useful degree such as marketing. The same theory applies to journalism.

Recently, journalists have been required to become accustomed to the digital masses as their job now requires the use of social media, film and the internet.

In this sense, the concentration of journalism should either be paired with digital media courses or include just one digital media course as a requirement. Even the Introduction to Television course the University already provides could further a journalist’s skills.

Gina Columbus, an alumna, is now fully employed by *The Asbury Park Press* (APP). Columbus graduated with a degree in communication and a concentration in

public relations and journalism. She believes that digital media expertise is essential for the modern journalist. She even said that she is required to use digital media in her everyday work atmosphere.

“There is no way around digital media if you’re a journalist in this day and age. It’s just not possible. It’s understood by print media that

too).”

Columbus added that as a journalist, you must quickly learn how to use these media skills because it is what is now expected by editors.

“Here’s the kicker, you have to be able to do it from anywhere, not just at your desk. If you graduate and are looking for a job in [the journalism field] but have no plans to take

digital into consideration, you’re already behind when you haven’t yet begun”, Columbus said.

Gidget Zidik, a junior majoring in PR/journalism, said it appears the same situation is happening in the public relations side of the concentration.

“I was planning to apply for a public relations internship for Burton Snowboards, but that wasn’t an option. Instead, all of the public relations responsibilities

such as writing press releases and strategically planning social media tactics was listed under the marketing internship position.”

Zidik furthered her point by stating she has not taken a marketing class yet, but she feels she has to because the two professions often work in close quarters.

I find this situation to occur

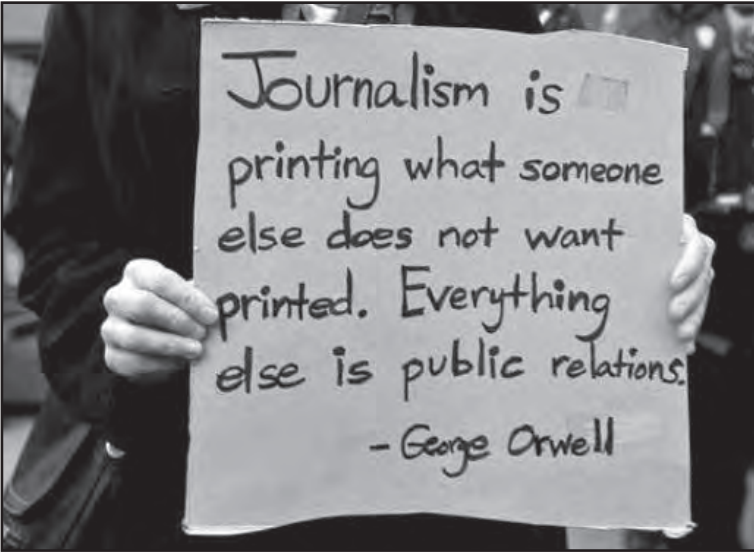


PHOTO TAKEN from brianhayes.com

At the University, public relations and journalism are offered as a combined concentration for communication majors. However, not every student believes they are similar enough to be clustered together.

not as many people are subscribing to their daily papers because of how incredibly fast and convenient it is to read news online - whether it is through a website, through Facebook and Twitter, you name it,” Columbus said. “You have to know how to use social media professionally and you have to be able to shoot photos and videos (and edit them

Dr. Aditi Dey Visits University from India

Dey Will be Guest Lecturer in Politics in India Classes at Undergraduate and Graduate Level

JESSICA ROBERTS
ASSISTANT POLITICS EDITOR

This month, the University welcomed a visiting international scholar, Dr. Aditi Dey, from Calcutta, India. Dey will be guest lecturing in the undergraduate course Politics in India, and the graduate course Public Policy in India. She will be at the University until October 9.

Dr. Rekha Datta, professor of political science was the one to nominate to have Dr Dey come to campus. "I have known Dr. Aditi Dey for over three decades. I always knew that she loves teaching and has a wonderful rapport with her students. When I nominated Dr. Dey for the position of Visiting International Scholar, my hope was that she would interact with students, faculty, and campus constituents in such a way that there is a vibrant exchange of ideas and thoughts," Datta said.

Dey received her Ph.D on Indira Gandhi's leadership in India's Democracy at Calcutta University. She has been teaching Politics in India, Public Administration, and Political Theory for 29 years at Shri Shikshatan College.

Also she is principal of the college, which she explained to be similar to our provost here at the University. As principal of the College, she is in charge of more administrative work, focusing on the improvement of teaching and curricular aspects of the college. At the college, there is a large demand for travel, tourism, and human rights courses

from the students who are registered for their three- year undergraduate programs.

As principle, Dey hopes to put an addition on the College, expanding the amount of space on campus to accommodate to more students, which currently has 3,000 students. She also wants to include more courses to the extra-curriculum along with certificate courses that would be more job oriented. In her time as principal the school has had full air conditioning, is Wi-Fi enabled, and is graded with an 'A' by the National Assessment Accreditation Council.

Students traveling with Datta over winter break to India will have the chance to see Dey's campus and interact with her students.

Dey is a published scholarly author, with publication in the Politics in India text book which has been updated three times now. In the text book, she wrote about the complex party system which India has grown into over the years. Also, she recently wrote on Democratic Governance in West Bengal which will be released in six months.

At the University, Dey has been enjoying her time spent with students and faculty in the Political Science Department.

Dey said, "I came here to lecture on political contemporary India along with Dr. Datta who is giving the course for the first time. I have already taught two classes on the Indian national political system and have thoroughly enjoyed the lecture discussions and interactions with

students."

Katrina Boyle, junior political science major, a student who sat through one of Dey's lectures said, "Since Dr. Dey lives in India, it has been so interesting to hear what she has to say about its history and politics."

Datta said, "Dr. Dey has done presentations in classes so far. The time she is spending interacting with students and the campus community in general bears testimony to her love for students, curricular aspects of university teaching and research. She seems at ease at the University

as she is on her own college campus."

"She is also an added resource for students who want to travel abroad, and has provided important insights to students planning to visit India. Reminiscent of de Tocqueville's observations about American political culture in the 1830s', as he traveled through the country, Dr. Dey notes that the American spirit of giving and of civic duty has impressed her," Datta continued.

There have been discussions on how to get students at the University more involved with international ac-

tivities with Dey's students in India.

Datta explained, "We are exchanging ideas of starting an ideas exchange program and debate workshops with her students, where our students will debate with hers; and other ways her college and the University can interconnect."

Datta concluded, "Half way through her stay at Monmouth, she has already connected with students beautifully and has generated an intellectual and cultural excitement about learning more about India, and college life in countries outside of the U.S."



PHOTO TAKEN by Jessica Roberts

Dr. Aditi Dey has been the Visiting International Scholar and assisting with the class, Politics in India taught by Dr. Rekha Datta.

Colleges and Universities Across the Country Prepare for Obamacare

Obamacare from pg. 1

putting young healthy people into exchanges, many companies will want to be able to provide them insurance, since kids will most likely not get sick (saving the insurance companies money). Because companies will compete with each other to provide for those kids, the price of the insurance will go down exponentially," said Roman.

Michael Hamilton, senior political science major, believes that there is a huge age gap between those who think Obamacare is a good idea and those who do not. He said, "If anything, I believe Obamacare will fail but that's not a bad thing because it will now create an existing system that can adapt to a more socialist system of healthcare."

He continued, "In my opinion this is what [Chief Justice] Roberts saw in adapting the penalty as a tax. If that precedent is set to tax for not buying healthcare then legislation for a system where instead of buying insurance it is a tax provided by the government could be possible. There are definitely downsides to having a socialized healthcare system, but I think that it will become more accepted eventually.

Michael Rosas, senior communication major, said, "An investment in our health insurance for the young may be a good one. Healthier people may bring costs down. We've seen time and time again the failure of austerity in many countries and when it comes to the health of

our people, we shouldn't try to short change it but find solutions that doesn't only charge our debt but also help us financially and physically.

Melissa Burro, an alumnus of the University who works as an investigator for the state on insurance regulations sees flaws with Obamacare. "Premiums are going to be painfully high and it

with this law was the time it was passed. "By July, universities and colleges have arranged contracts with insurance companies and have begun enrolling students so the schools are essentially trapped for this academic year."

The University, according to Maloney, now offers students a choice when it comes to health insurance. There is still Univer-

will be a tax penalty of \$95 or one percent of a person's annual income, which will increase each year.

Maloney warns those who decide to go without health insurance. "That's your choice but realize the risks that are involved. This includes office visits, medication and emergency visits all of which can put you into debt," she

Maloney. "This plan gives the lower class health insurance, which there will be subsidized plans and access by expansion of Medicare. However, the middle class may be stretched."

Maloney explains that, according to Obamacare, full time employment is 30 hours, which is making small business employers cut hours. Now they can avoid paying for health insurance and are paying for health insurance with less revenue.

"It is a great idea for everyone to have health insurance. I understand politically why they are doing it; I question why do this now during a period in our history while we are still in a recessionary period," said Maloney.

There are certain hidden costs, according to Maloney. For preventative care, there are certain procedures that have an age requirement to qualify for the no co-pay and reimbursement program offered. If you do not meet the age requirement, it will be an out of pocket expense, according to Maloney.

"The goal of Obamacare is to give access to health care. In order to reduce health care expenditures, the way they are trying to push preventative care to treat those with chronic conditions," said Maloney.

"The expectation of Obamacare is that college students will purchase premiums with less utilization therefore supporting others who will use it," said Maloney.

Maloney said that the object of Obamacare is, "If you make it accessible and affordable, people will go get care earlier."

"It is a great ideal for everyone to have health insurance. I understand the politically why they are doing it; I question why do this now during a period in our history while we are still in a recessionary period."

KATHY MALONEY
Director of Health Services

won't be easy to qualify for the tax credits. Students will have to stay on their parents' plan, if possible, purchase only a catastrophe plan, or just take the penalty and not have insurance."

Maloney said that the University is dealing with student insurance coverage differently this school year due to a bill passed in the New Jersey in July 2013. According to Maloney, Governor Christie and the New Jersey Legislature lifted the requirement for all undergraduate students to have health insurance in the state of New Jersey. Most schools were given exceptions until the next academic year, but Georgian Court University and Monmouth decided to go along with the Governor's plan for this academic year.

Maloney said the problem

sity sponsored insurance through AIG, according to Maloney but by January 1, "Everyone will have coverage through the federal government anyway." The University is required to make sure two groups of students are covered and that is intercollegiate athletes and international students.

The University's plan through AIG is very "affordable and is a good plan," said Maloney. The plan has a maximum cap of half a million dollars for coverage with premiums being \$1,373 a year. Broken into monthly payments, Maloney describes it as, "not bad." Maloney reminds students that the last day to enroll in the University sponsored health insurance is Oct. 2.

For those who decide to go without health insurance, there

said.

Maloney points out that there is a 24-hour window between when the federal exchange options are available for viewing and when the University's health insurance plan enrollment expires for the year. The federal exchange becomes available Oct. 2 and the University's health insurance plan enrollment expires Oct. 1.

Maloney believes this will not change the services provided by the Health Center. "We dealt with people without health insurance... we do as much as we can here and when we have to get assistance from other areas, we try and find a low cost opportunity," said Maloney.

The health care system developed under Obamacare does multiple things according to

What Are the Effects of the Government Shutdown?

Many Services Offered by the Federal Government Will Not Be Reinstated Until Deal is Made

IZIAH THOMPSON
CONTRIBUTING WRITER

On Tuesday October 1, 2013 at 12:01, the federal government could not reach an agreement on a budget and as a result, led to a government shutdown.

This is not a new thing the US Federal Government shut down in 1995 and 1996. It lasted 28 days and included putting non-essential government workers on furlough and the suspension of non-essential services. We should expect a similar result this time.

Professor of economics and finance, Dr. Steven Pressman, said that a shutdown could result in slower economic growth, “but it should not lead to any major economic catastrophe (assuming that the situation ends shortly after Oct. 1 because people are so upset with Congress).”

When the day came for the shutdown, there was not one major event but a chain of events. Most essential federally funded operations will remain untouched, like post offices, military personnel and coastal services. National Parks, Museums, and monuments will close, along with major delays the acquiring of federal loans, permits, and passports due to the shutdown.

According to CNN, non-time sensitive government jobs will see furloughs paid and others not. The longer the shutdown lasts the more of an effect it will have on an average American.

Political Science and Sociology Professor, Dr. Thomas Lamatsch thought the actual chance of the shutdown was, “unlikely.” He said

Congress (the Republicans and the Democrats) always argue and that this was another tactic used to coerce the other side.

“The last time this [shutdown] happened, the Republicans were blamed and were hurt badly in the election that followed.” said Lamatsch.

“No legislator wants to return home and answering questions about why “they” let such a thing happen. It seems this time is no different,” said Lamatsch.

According to a CBS News/NY Times Poll, more people will blame House Republicans for the shutdown than President Obama. The poll said that 44 percent of Americans will blame the Republicans in Congress while 35 percent will put more of the blame on Barack Obama and the Democrats in Congress. 16 percent volunteer that they will blame both sides equally.

This is similar to the 51 percent of people that blamed Newt Gingrich and Republicans in Congress in 1995, with Bill Clinton only taking 23 percent of the blame.

Back then, the fight was over Medicare in the budget. Again it seems healthcare spending is the motivation. Senate has passed a budget that includes the Obama care spending, while the House’s passed bill cuts the Patient Protection and Affordable Care Act spending.

Chemistry major Wesley Cunningham said, “I don’t think it matters whether you agree with it [Obamacare] or not. What I do think is that most people are fed up with the bickering that goes on within our government. Democrat and Republican need to transcend



IMAGE TAKEN from themoneyupdate.com

Republicans and Democrats in Congress did not come to an agreement by Oct. 1 which forced the federal government to shutdown. The most prevelant issue is the funding of the Affordable Health Care law.

all of that for the greater good of our country.”

As the shutdown progresses Congress has to make up its mind.

Pressman said that there are two things really going on and it is important to keep them separate.

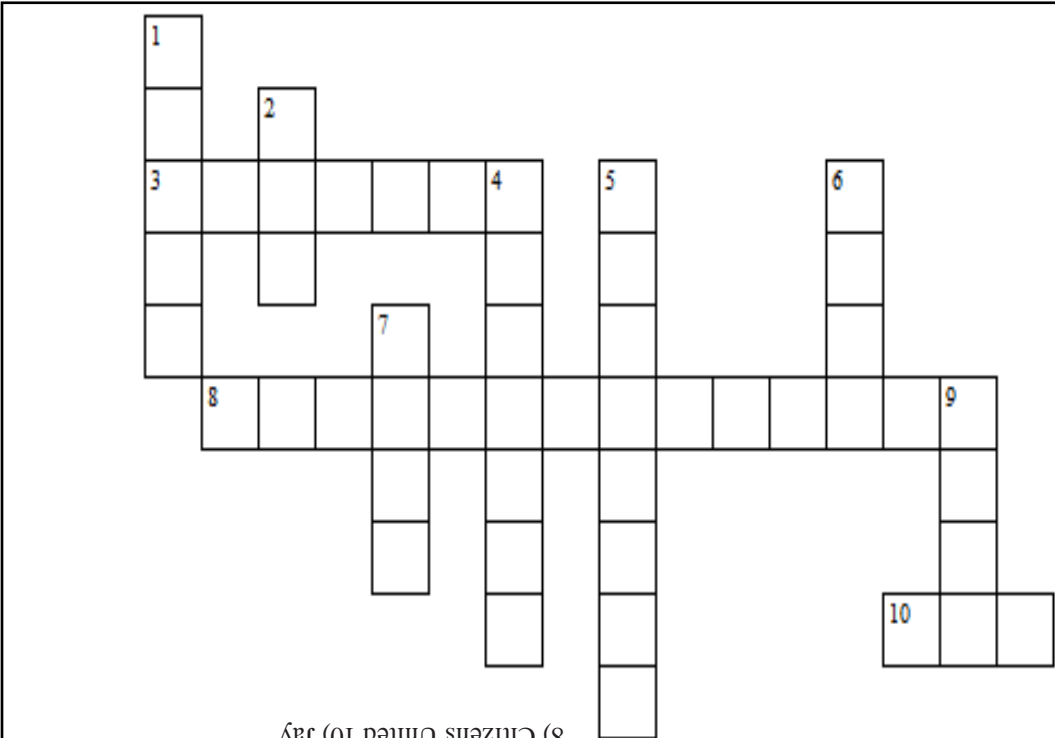
“My biggest fear is that the debt ceiling (or the government’s ability

to borrow more money) does not get increased by the end of October. In that case the government will not be able to pay its bills and will have to default,” said Pressman.

This disagreement in Congress will have much more dire consequences. Borrowing cost will be

raised, for the government, businesses and consumers. Pressman explained how this could eventually lead to higher loan costs for college students as well. The failure to raise the debt ceiling could also have immediate and long term negative effects on the country’s economy.

United States Supreme Court



Answers
DOWN: 1) Brown 2) Roe 4) Roberts 5) Marshall
6) Taft 7) Nine 9) DOMA ACROSS: 3) O'Connor
8) Citizens United 10) Jay

Down

1. The plaintiff in the case that establishing separate public schools for black and white students unconstitutional.
- 2 . Plaintiff in famous abortion case in 1973.
4. Chief Justice of the United States Supreme Court.
5. Chief Justice of the United States who was part of the Marbury v. Madison decision.
6. He is the only person to ever be President of the United States and Chief Justice of the Supreme Court.
7. The number of justices currently on the United States Supreme Court.
9. Recent decision that struck down infamous federal law regarding same-sex marriage.

ACROSS

3. First female Supreme Court justice.
8. Supreme Court case that led to election finance laws changing in 2010.
10. First Chief Justice of the United States Supreme Court.

Stayed Tuned for Next
Week’s “Famous New Jersey
Politicians” Crossword

Autumn Orchards Near and Far

RACHEL GRAMUGLIA
STAFF WRITER

Summer has officially ended and now is the time when people start to get into fall mode. Fall is the season full of chilly winds, spiced teas, and apple pie. Apple pie is a fall staple that no one can turn down. Who could ever turn down a hot piece of apple pie with vanilla ice cream on top? Your mouth is watering by just thinking about it.

However, in order to perfectly construct an apple pie, you need apples. This brings us to the topic of where to go apple picking. It is the ripe time to go apple picking and get the best apples that orchards have to offer. There are many places near and far where you can go apple picking.

Apple picking defines the fall season. It's the time when family and friends head to their favorite apple orchard and pick the ripest apples, brightest pumpkins, and the tastiest apple cider donuts. Apple picking is like the pre-season to the holiday season.

However, for many college students it can be hard to get home to go apple picking with their families. We feel like we are missing out a bit. However, going apple picking with friends can be just as much fun. Here are a few orchards that are worth the travel and will allow you to make plenty of memories.

If you want to make a day trip and travel a little futher, Shady Brook Farms in Yardley, Pennsylvania is the place to go. Shady Brook was founded by T. Herman

Fleming in 1913 as a wholesale farm growing crops for markets in the Philadelphia area. The orchard has haunted attractions, an Annual Easter Egg Hunt, giant Corn Maze, and a Holiday Light Show. Today Shady Brook Farm is being run by the fourth generation of Flemings.

Dr. Rebecca Sanford, a communication professor at the University, has been to Shady Brook Farms. Sanford has nothing but good things to say about the orchard.

"Shady Brook also has pumpkin ice cream," Sanford said, "It's totally worth the drive."

Shady Brook Farms is about an hour and a half drive from Monmouth. So if you and your friends or family are willing to make the drive, you won't be disappointed. Plus, who could ever turn down homemade pumpkin ice cream?

However if you are not feeling up for the drive all the way to Pennsylvania, there are plenty of orchards close to Monmouth that you could go to get your apple-picking fix.

Battleview Orchards in Freehold, New Jersey (right next door to us) is also a popular pick amongst the crowd. If you're craving some homemade apple cider donuts, this is the place to go.

The orchard does have group tours that provide hands-on-experience as you and your family pick you own apples and pumpkins. However group picking must be scheduled. Battleview Orchards also has a "Pick Your Own" Membership Card that needs to be purchased

in order for families to pick on their orchards. But it is not going to break the piggy bank; it is only \$1.00 per family or group.

But Battleview Orchards doesn't stop at apples. The orchards have peaches, pumpkins, and hayrides that have just started on September 21st.

However, if you are looking for an orchard that doesn't have admissions fees, Eastmont Orchards in Colts Neck, New Jersey would be your perfect spot. Eastmont has apples, peaches, and pumpkins. The pick-your-own season began around mid-July and won't end until the last week of October.

Tiffany Correa, junior communications major, claims that this orchard is the first orchard that comes to mind.

"It's close and convenient, and really has good apples, pumpkins, and peaches," she said.

So, if you're looking for a place that doesn't require an admission fee and has a variety of apples, peaches, and pumpkins just waiting to be picked, Eastmont Orchards would be a winner.

If you are going to visit Eastmont Orchards, just be sure to call prior to your arrival for available varieties of what the orchard still has. Also note that their business hours are heavily dependent on the availability of the product and the weather conditions.

There you have it, a few orchards near and far for your apple and pumpkin picking pleasure. Whether you want to stay close to campus or go for a longer ride, there are a ton of places for you to choose from. Happy picking!

DIY Pumpkin Crafts

TAYLOR KELLY
LIFESTYLES EDITOR

You may want to use your newly found treasures for something other than eating. The second best thing to eating is crafting. With the holidays just around the corner, it's time to decorate. By using simple steps, you can make décor that looks straight out of a magazine.



PHOTO TAKEN from pinterest.com
Lace pumpkins add simple sophistication to autumn decor.

There are tons of twists on the classic pumpkin or Jack-O-Lantern. If you want a more elegant look for your fall display, try spray paint. Use metallic silver or gold paint to automatically transform it into something chic. Add glitter to vamp it up even more.

For a textured look, use doilies as stencils. After you spray the

pumpkin with a base color, place the doilies on and spray away. In a matter of minutes, your pumpkin will look like it's covered in lace. Who knew pumpkins could be vintage?

Girls aren't the only ones who like bling, pumpkins do too. Use rhinestones from any craft store or website to create a sparkly design. Get creative and make swirl patterns or create classic stripes. Your pumpkin will be sure to stand out when it's covered in crystals.

Senior communications major Carlye Burchell said, "I love bling and will definitely use it on my pumpkins this year."

Cover your pumpkin in black lace for a sophisticated, elegant look. Paint the stem black to keep with the theme and you have an immediately transformed decoration.

You can never go wrong with paint. Channel your inner child and go wild with color and design. Create an ombre pumpkin by fading one color from light to dark, or make different sized stripes, chevron patterns, or classic polka dots.

Senior business management major Nicole Adamusik said, "I like to paint pumpkins with my friends because it's a fun activity that you can only really do at this time of year."

It's obvious that there are tons of ways to decorate your pumpkin without having to break out the carving kit. With simple supplies and imagination, you can create the perfect pumpkin décor.

Many Apple and Pumpkin Recipes Sure to Please

CAITLIN GOLDEN
CONTRIBUTING WRITER

So, now you know where to go in search of perfect pumpkins and sweet apples. But, what should you do with them after you bring them home? Obviously, the best option is to eat them. Tradition pumpkin and apple pies are great, but overdone. With so many recipes and ideas in circulation thanks to social media and inventive minds, the sky is the limit for your fall food creations.

Fall is the perfect time to try a new recipe with pumpkins or apples. These go beyond your grandma's classic pumpkin pie.

especially for keeping the doctor away. Still, they are sweet (or sour depending on your preference) and useful when it comes to cooking.

Chemistry professor Merilly Ervin also teaches a cooking class at the University.

Ervin said, "I love to use pumpkin and apples while cooking in the fall, they are so nutritious, tasty and versatile! While they are most frequently found in desserts, both are also great in savory dishes."

She added, "For example, I like to add apples to beef stew and vegetable salads. A classic is a Waldorf salad made with apples, celery and wal-

Fall is the perfect time to try a new recipe with pumpkins or apples. These go beyond your grandma's classic pumpkin pie.

Try a new twist this season with healthy, yet tasty options.

Senior elementary education and Spanish major Jen Stessel said, "I'm all about classic apple pie, but I would definitely try out new recipes."

Some great recipes are pumpkin protein shakes, pumpkin pancakes, pumpkin oatmeal and apple crisp oatmeal. The best part about these recipes is that they are healthy along with being delicious.

Pumpkins are full of fiber and low on calories. They contain potassium, vitamin A and C and are even recommended for weight-loss and as a post-workout snack.

Apples are obviously known for their nutritional benefits,

nuts. Pumpkin can be added to macaroni and cheese, roasted and combined with arugula or kale in a salad, stewed with chickpeas and lentils, or used as a soup base, to name but a few of the savory ways to use pumpkin."

It is obvious that there are many ways to use your apples and pumpkins this season. These autumn inspired recipes will turn your pumpkins and apples into so much more.

Whether you picked pumpkins or searched for apples, there are ways to utilize both. With a little imagination and a few fall-inspired ingredients, the possibilities are endless. For more recipes, check out Pinterest.

Recipes Using Pumpkin

Pumpkin Protein Shake

Ingredients:

- 6 oz milk
- 1- 2 tbsp pumpkin puree
- 2 tbsp vanilla Greek yogurt
- 1 banana
- 1 scoop vanilla protein powder
- Cinnamon and pumpkin pie spice to top

Directions:

- Blend and enjoy

Pumpkin Pancakes

Ingredients:

- 1/2 cup oats chopped
- 1/2 cup pumpkin puree
- 1 scoop whey protein
- 2 egg whites
- 1/2 cup almond milk
- 1 tsp cinnamon
- 1 tsp vanilla
- 1 tsp Stevia or sweetener of choice

Directions:

- Mix
- Grill on a skillet

Pumpkin Oatmeal

Ingredients:

- 1/2 cup oats
- 1 cup water
- 1/2 cup pumpkin puree
- 1 packet sweetener
- 1 tsp cinnamon
- 1 tsp pumpkin pie spice
- 1 tbsp pecans

Directions:

- Combine oats and milk in microwave safe bowl
- Stir in pumpkin until it is blended
- Microwave on high for 1 minute
- Stir
- Microwave 1-2 minutes more
- Stir in sugar and pumpkin spice
- Top with chopped nuts if desired

Courtesy of pinterest.com

Recipes Using Apples

Apple Crisp Oatmeal

Ingredients:

- 1/4 packet oatmeal
- 2 tbsp unsweetened applesauce
- 3 tbsp Silk Milk or any milk, creamer, etc. (can use water but not as creamy)
- 1/4 apple, chopped or diced
- 1/4 tsp cinnamon
- dash of salt
- 1 tsp flaxseed (optional)
- 1/4 tsp vanilla
- Stevia or sweetener

Directions:

- Mix all ingredients
- Bake in oven at 350 degrees for 30 minutes
- Sprinkle cinnamon on top and serve

Apple Butter

Ingredients:

- Apples (enough to fill slow cooker 3/4 of the way)
- 2 1/2 - 3 cups sugar or 1 cup honey
- 2 tsp cinnamon
- 1/2 tsp allspice
- 1 tsp nutmeg
- dash of salt
- 1/2 to 3/4 cup water

Directions:

- Let simmer in slow cooker for about 24 hours or at least overnight
- Jar and refrigerate it
- Serve on toast or muffins

Toffee Caramel Apple Dip

Ingredients:

- 1 tub caramel dip
- 1 package cream
- 1 bag toffee bits
- Granny Smith apples

Directions:

- Layer pie plate with creamcheese
- Add caramel on top without mixing the 2
- Sprinkle toffee bits on top
- Cut apples into pieces and dunk into the dip

Courtesy of pinterest.com

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A Safe Haven for Study Struggles

CASEY WOLFE
FEATURES EDITOR

There is a big exam coming up in your toughest class and you didn't understand the homework. Your professor's office hours do not work with your heavy class schedule and this test counts for half of your grade. Before you decide to withdraw from the class, leaving your transcript with a big 'W' for the rest of your college career, be sure to make use of all of the available resources that the University offers. For example, visit the Tutoring and Writing Services located in the Center for Student Success on the lower level of the student center.

Dorothy Cleary, Director of Tutoring and Writing Services, has been working to help students with their academic difficulties for the past two years, this semester marking the start of her third year. Prior to joining the University staff, Cleary had worked in the K-12 tutoring

request a tutor for a specific class online and Cleary works to match them with another student who has taken and excelled in the class. All peer tutors have a 3.0 GPA or better and were hired based on invitation, according to Cleary.

On a normal day at the office, Cleary oversees the peer-to-peer tutoring between the 83 student tutors, five faculty tutors and a wide variety of struggling students. She also teaches skill workshops for students who need help in areas such as organization, time management, note taking strategies, test taking strategies, college reading strategies and email etiquette. Cleary also works closely with First Year Advising.

Cleary said that Tutoring Services has grown significantly in her three years at the University. "I've got a wider variety of students asking for a wider variety of subjects to be tutored, which has been kind of my goal," said Cleary. The number of subjects



PHOTO TAKEN by Casey Wolfe

Tutoring and Writing services is a free resource that students can use to study for exams, write papers and learn skills such as email etiquette, time management and note taking.

"I have a great staff of students. They are very responsive to me, they are respectful and they work with me and they help me do my job. I couldn't do it without them, I really couldn't."

DOROTHY CLEARY
Director of Tutoring and Writing Services

industry for 11 years. She wanted to move up to the University level, and interviewed for the position after seeing an ad in a local newspaper. "I enjoy it," Cleary said. "It's hard sometimes, but overall I enjoy it."

Tutoring and Writing Services is a free resource for students who need help understanding their class subjects. They can

tutored has increased from 100 to 173 in the past three years, according to Cleary.

The most rewarding part of the job for Cleary is seeing the students who requested help succeed and feel more comfortable with the subject after spending time with a tutor. "When I can find them [students] the right tutor and when I

can find them the right resource and get them the answer and the help that they need, the relief of them going, 'I feel better now,' or 'I'm on the right track,' it gives me a natural high," said Cleary. "It's like a puzzle and you listen to the pieces."

Senior Taylor Kennedy, math major, has been working for Tutoring Services since her sophomore year. She said that math is a subject that students frequently need tutoring in. "Being in college, I have witnessed many students come to tutoring services in a panic. By having free tutoring available on campus, students are able to ease their anxiety and hopefully begin to feel more confident," said Kennedy.

Tutoring is just as rewarding for the peer tutors as it is for Cleary. "I absolutely love working for Tutoring Services," said Kennedy. "I also enjoy the fact that I am helping fellow students in need. All students are very appreciative when they come to me for help," she said.

For Cleary, the people she

works with are one of the best parts of her job. "I have the privilege of being up front here because I get to see all the smiling faces coming through. So I like the traffic and I like the questions and talking to people, the whole bit. It's a very active kind of place," said Cleary. "The whole day is based around the phone, people coming to the front desk, questions, meetings, teaching workshops and things like that."

Midterm and final exam time is an especially busy period for Tutoring Services. "Students are a little bit more stressed, so I try, near exam time, to alert my tutors that it's exam time and that, the requests that I'm sending them, realize that they [tutees] are taking exams, so as you, but be aware of that...the pressure is on everybody," said Cleary. There are also workshops each semester for midterm and final preparation.

Cleary has full confidence in her tutors, however. "I have a great staff of students. They are very responsive to me, they are respectful and they work with

me and they help me do my job," Cleary said. "I couldn't do it without them, I really couldn't."

Writing Services also help students with papers for their classes. There is one-on-one peer assistance as well as workshops on different writing formats such as MLA, Chicago style and APA. They also hold workshops on how to avoid plagiarism. "We try to run a variety of times and places for different topics so students can take advantage [of the workshops]," said Cleary.

Cleary emphasizes to students that Tutoring and Writing Services are a free resource on campus. She said that students should utilize both Tutoring and Writing Services because they are both at their disposal. "Take advantage of them early and take advantage of them often," Cleary stressed. To make an appointment for a peer tutor or writing assistant, students can go to the Center for Student Success or make an appointment online at tutortrac.monmouth.edu.

Reducing Prejudice Through Cultural Activities

MOMNA AYUB
STAFF WRITER

Studies conducted by psychologists at Stanford University show that engaging in cultural activities can not only reduce implicit prejudice but also create lasting effects of this change. Prejudice and stereotyping are learned attributes which generally take root at younger ages.

It is a point to note, however, that these qualities are learned. Therefore, as we all experience, it is very possible that with proper action, prejudice and stereotyping can be unlearned. Luckily, this action may be something as simple as participating in some kind of cultural activity.

The average American is exposed to a massive and varying amount of diversity occurring in daily life and especially through the advent of advancing technologies and social networks. With the internet narrowing global boundaries and blurring the lines of inequality, we might expect a significantly higher tolerance for difference among race, culture, or creed. However, the online interactions that are increasingly prevalent in present and upcoming generations cannot suffice for genuine

and real participation in a culturally diverse environment.

Stanford research shows that to personally engage in cultural events in the presence of people from that specific culture will produce the longer lasting, and perhaps permanent restraint from prejudice. Fortunately for us as members of the University community, there are a wide array of campus events available to students that provide the perfect opportunity to perhaps spark our curiosities while increasing our cultural competency.

Geography professor at the University, Vincent Joyce, said, "Most first-year psychology students know that one of the most important elements for friendship, acceptance and interpersonal relationships is proximity and by having a healthy mix of diversity here at Monmouth University, we can be assured that many lasting relationships will be formed in study groups, social clubs, and in the classroom."

Joyce added, "Prejudice is the fear of the unknown and by having daily encounters with others of different hues, religions, and sexual orientations we all can knock down that wall of bias."

Sophomore medical technology major Kerianne Fuoco

agreed that, "The results of this research can be seen directly at Monmouth University, since there are numerous clubs that give students a chance to become immersed in new cultures. Becoming actively involved in these unique cultural experiences reduces prejudice and improves people's perceptions of other cultures because it allows students to appreciate the differences and similarities between their own culture and the other cultures that are prevalent in the campus community."

Furthermore, the initial prejudice that we practice is primarily a result of ignorance and whatever various preconceived notions we attain through our life experiences. To transcend those barriers of ignorance, students should take advantage of the events hosted at the University. Such events would include the upcoming Eid celebration hosted by the Muslim Student Association, signing up for Latin dance lessons, participating in the events associated with Hispanic Heritage Month from Sept. 15 to Oct. 15, looking in to various study abroad programs, applying for the University's spring break trip to Guatemala or attending the Annual International Festival.



PHOTO TAKEN from earthhabitat.wordpress.com

The University hosts many clubs, activities and events that help students understand other cultures and reduce prejudice in a diverse campus.

What Can Grad School Do for You?

ANNA CHAMBERLAIN
STAFF WRITER

What do you want to do after you get your undergraduate degree? That seems to be an age-old question that makes almost every student cringe when it comes up in conversation. It is scary to think that after four years, it is expected of us to be thrust into the work force, ready to hit the ground running. However, there are other options after graduation for students, such as graduate school, which student Jessica Kimball has taken advantage of to further her education.

“For me personally, it was just easier to transition into a Master’s program where I received my undergraduate. I knew the school, and I didn’t have to go searching because we do have good programs here,” explained Kimball, 23, who is currently working on getting her Master’s of Business Administration (MBA) at the University. “The problems with the economy and the job market is what helped me in deciding to pursue graduate school. That and my graduate assistantship.”

The Leon Hess Business School at the University holds an Association to Advance Collegiate Schools of Business accreditation, which is the top accreditation possible. Because of this factor, Kimball decided to transfer to the University from Ramapo College to receive her undergraduate in Business Administration, and now her graduate degree.

“Ramapo was just receiving their AACSB while I was there, and I knew that it wouldn’t re-

ally have any weight on my degree there like it would here,” said Kimball.

With the cost of private colleges averaging at around \$43,000, a year for an undergraduate according to collegedata.com, staying in school for an extra two to three years may seem crazy. Luckily with graduate programs, most students have the option of applying for graduate assistantships, which helps cover the costs of their tuition by working in different departments of the University.

“It really does help with the expense of getting my Master’s,” Kimball said. She is currently working as a junior admissions counselor and as a graduate assistant for the Marketing and International Business Department of the Business School. “I have several responsibilities with the admissions office with planning events. Right now I am currently helping plan Open House and hiring students to work for the day.”

Kimball is also the high school visitation coordinator for the office, working with different schools that want to bring students to the university to visit, along with the daily tasks of working in the business school. On top of all these responsibilities, Kimball also has to manage her time for her courses.

“I work from nine to five Monday through Thursday at the school, and then go to my classes from 6:30 to 9:15 three nights a week. I am a lot busier, but I do have a lot of freedom when it comes to my classes. Two of them are hybrids so we meet once every other week, so the course work is a lot more

independent. It really isn’t any different from being an undergraduate student, just longer days,” she said.

Still, even with her hectic schedule and course load, Kimball is determined to receive her MBA and encourages others

that are interested to take the leap for a higher degree.

“I would say for anyone who wants to go to graduate school to just do it, especially now. It is easier to pursue a Master’s degree while you are still in the groove of being in school

instead of working and trying to go back later on,” Kimball stressed. “You really need a Master’s degree to get a job nowadays. It will definitely help later on and make you more marketable as a possible employee.”



PHOTO TAKEN by Anna Chamberlain
Jessica Kimball (above) works as a graduate assistant in the admissions office to help offset the cost of college.

Out With Shining Armor: Chivalry Does Not Mean Equality

ALYSSA GRAY
COMICS EDITOR

Stop a handful of women walking down the street and ask them if chivalry is dead. More often than not their response would fall along the line of a laugh accompanied by a snort, a shake of the head indicating a “yes,” or a feeble attempt at defending males with a weak statement about that guy who one time held the door open for them.

Now, some would say that this loss in gentleman-like behavior is a result of the modern-day man simply being lazy and not putting forth the effort to court a lady. However, this very well might not be the case ladies.

Before looking into the meat of the matter, perhaps people should take a look into the meaning of chivalry itself.

As defined by Dr. Nancy Mezey, Associate Professor of Sociology, chivalry is the idea that a man should go out of his way to treat a woman with protective respect.

Mezey further points out that because knights were the ones who used to be acting in this manner, chivalry is a gendered term. Therefore in today’s society when chivalry is discussed, it is most commonly used when referencing a man.

More recently, it would appear that men are acting with an absence of their chivalric duties, or so some women say. Freshman Daniella Fulton said that nowadays, the norm has become that women almost expect men to not act in a gentlemanly fashion.

“You hear a lot of jokes about guys just being jerks from your

friends, the older women in your family, and especially in the media and on T.V. At first it might just seem like joking, but because it happens almost everywhere and all the time, you just start to believe it, especially once you see a guy do something rude. It kind of solidifies the idea,” said Fulton.

While Fulton brings up the point that media is often the blame for certain social influences, Mezey also believes that there could be another social cause behind the proposed lack of chivalry displayed by men today.

Mezey said that the recent rises in power of the modern-day women, as well as the whole feminist ideology, could very well be a driving force in the absence of chivalry. “Because gender relations are changing, the rules of dating and gendered interactions are changing as well. So young women and men do not always know what actions will insult or please someone else,” said Mezey.

This uncertainty explained by Mezey in male-to-female social interaction is a cause that several can see, whether it be on the political scene or the interpersonal scene.

As junior Kyle Catialli said, it serves as an “invisible social line” a man has to be wary of. “Usually when I am out with a girl I try to be a gentleman, that’s just how I was raised, but sometimes you feel like you have to hold yourself back from doing or saying something so not to offend her. It’s honestly difficult because you never know if a

good intention could turn into an insult in her eyes,” said Catialli.

Men are trying to be chivalrous, even holding themselves back from saying and doing things they believe to be offensive in order to not insult anyone, but does this mean that chivalry should still return even though some might see it as demeaning to women?

“If you are asking if I think returning to a time of chivalry would be better because fewer people would be insulted, my answer is no,” said Mezey. “I can say without question that I would rather live in the current times than return to medieval times. Although gender inequality most certainly exists in 2013, we have come a long way toward equality since the Middle Ages.”

Because of the strides in society since the first development of the term chivalry, Mezey instead suggests that respect should be the general rule for everyone, regardless of their gender. “Taking care of or protecting someone should not be the job of men over women. Instead, if someone needs help, regardless of their gender or age, we should help them, not to be chivalrous, but to be helpful and respectful, and to be good citizens, neighbors, and friends,” said Mezey.

So while the chivalry debate might still be up in the air for a while now, as shown by Catialli, the wish to still do good and act as a gentleman is not absent in men, just repressed out of the caution of insulting another. Yet as Mezey points out, this act of respect is not something that should be seen as insulting, but



PHOTO TAKEN from cmex.uz
Chivalry is not dead, contrary to popular belief, but is being repressed because of increased gender equality and independence.

it also should not be gender specific, but gender universal.

While the code of chivalry might be outdated in serving as

a code of honor amongst men, respect is a trait that can be seen as admirable amongst modern men and women alike.

Dawes Rocks Pollak

CHRISTINA FISHER
CONTRIBUTING WRITER

Folk-rock band “Dawes” performed at Monmouth’s Pollak Theater Sept. 25, along with opening act Johnathan Rice and Hayes Carll.

At the start of Rice’s very mellow performance, the crowd looked like what I expected: every group of middle-age friends had a row to themselves. Rice’s performance stuck mainly to the songs, with few breaks for some intimate stories with the audience. When Rice did speak, his Scottish accent combined with a slurred tone conjured up some amusing statements: “I’ve never been to college...I guess this is as close as it’s gonna get.”

Hayes Carll’s set started quickly after Rice’s, and now the seats were starting to fill up. It is sad that a majority of the crowd missed Rice’s set and came at Carll’s because Rice was better. Unfortunately, the only thing that kept me awake during Carll’s repetitive set were his personal and entertaining stories about his son and travels. The audience was more receptive to Rice too. Audience member Justin Rayan from Fort Rivers stated, “I’ve never heard of [Johnathan Rice] before but I thought he was really good...I thought the band backing him was really good...I’ll be sure to check out some more of his music.”

As Carll’s set ended and Dawes started setting up, I looked back (my seat was towards the front right of the theater) and saw that there was barely a seat empty. The whole theater was packed in anticipation for the band. The lights dimmed and the crowd started to



PHOTO TAKEN from loosemusic.com

Dawes, a California-based band, played to a packed Pollak Theater with Johnathan Rice and Hayes Carll.

holler and whistle, but the band added extra suspense by not yet appearing.

After about the third dimming of the lights, Dawes’ vocalist, Taylor Goldsmith, appeared first. He was followed by the rest of the band, as well as an explosion of applause from the crowd. The rest of the band consists of younger brother Griffin Goldsmith (drums), Wylie Gelber (bass), and Tay Strathairn (keyboards). They opened with a more mellow song compared to the rest of the set, and by the third song, people were already giving standing ovations and dancing at their seat.

The show was very steady up until the middle of their set, where they unleashed this amazing song

that clearly affected the band, as well as the audience. The lights were flashing from color to color, and incredible guitar, piano and drum solos were played with so much passion and intensity that I almost considered getting up to dance.

The rest of the crowd did not consider; they got up and danced around. This was the moment when most fans disregarded their seat and ran towards the front of the stage. Everyone was shaking their hair, along with their hips, from a couple in their 20’s, to families, to women who had finally escaped a night from their kids. From that point on, the show captivated a mood of rock, rhythm, and moves. The energy stayed up

when Hayes Carll appeared for a jam with the band; it was so much better than his actual set.

They played a reasonably long set and closed the show with two surprise encores. The energy was way up, and everyone was screaming, clapping, and standing during their last three songs. After the house lights went up, you could sense the flow of great vibes

in the air and see it for yourself at the merchandise table line.

Dawes had very good stage presence. Taylor Goldsmith was smiling from the first note to last, and he entertained the swooning fans by looking into the crowd during more love-like songs and just acting very charming overall. Nothing was more entertaining than watching his brother make the most extreme facial expressions during his drum solos or just a fast-paced part of the song.

Dawes must be used to seeing familiar faces because these fans are very dedicated. Justin Rayas has seen the band “double digit times” and Van Pauls from Keyport, NJ exclaimed that he “love[d] it, I love these guys...I’ve seen them two times.”

Dawes does not just attract adults, but their clean performance attracted families as well. Nine year old Matthew Patel said, “I was really excited to see them [for my first concert] cause I really love the band Dawes.” When asked if he was really excited about the two encores, he responded with a very enthusiastic “Yes!”

So if you are into folk rock and love awesome guitar solos and rockin’ instrumental parts, then Dawes is the right band for you. Be sure to check out their most recent album “Stories Don’t End” and you will not be disappointed.

Check out outlook.monmouth.edu for an online exclusive review of the “Puppeteer” video game.

Follow @OutlookEnt on Twitter for all entertainment news.

“Rayman Legends” Trumps Original

PETER QUINTON
STAFF WRITER

In an age where video games are becoming more gritty and realistic, hardly anyone would have guessed that what may be one of the year’s best games would be absolutely nothing like that.

Developed by revered game developer Michel Ancel’s UbiArt team, “Rayman Legends” is a vibrant splash of color and life that feels vital in today’s gaming landscape. Its fast paced platforming challenges, bizarre worlds, characters and all-too loveable sense of humor makes it a clear stand-out amongst the competition. Yet what makes it so great is just how much fun is packed into every crevice of the game.

“Rayman Legends” is the sequel to 2011’s widely acclaimed “Rayman Origins,” which attempted to revive the dormant Rayman platforming series after almost a decade (not counting the “Raving Rabbids” games, which have taken a life of their own). With its hand drawn cartoon style and wildly creative personality, “Rayman Origins” breathed new life into not just the Rayman series, but platformers in general, proving that they still had a place in today’s maturing game world.

“Origins” was a fantastic game in its own right, and on the surface, “Legends” wouldn’t seem much different. You’re still running, jumping on platforms, pummeling enemies, utilizing the same abilities, and playing many of the same characters.

Yet “Legends” is far from a carbon copy, as nearly every detail of “Origins,” from gameplay to artwork to overall scope, has been drastically refined. It trumps the original in almost every way, making it perhaps the ultimate “Rayman” experience.

One of the first things noticeable about “Legends” is its serious graphic leap. Where “Origins” looked strictly two-dimensional and cartoony, “Legends” sports a smoother, more rounded graphical presentation that blends 2D characters and levels with dramatic 3D backgrounds and environments. The game just has this brighter, more colorful radiance to it that will often leave you breathless as you run through new levels.

The story of “Legends” is not entirely nonexistent, but it barely factors into the overall experience. Basically, some evil entity has invaded the Glade of Dreams, captured a bunch of creatures called Teensies, and filled the Glade with nightmares.

Not too engaging, I know, but just like nearly every Mario game, the insanely fun gameplay makes up for the lack of story. For the most part, “Legends” operates as a platformer in the purest of the sense of the word. The objective of almost every level is simply to get to the end of the level while collecting teensies and lums (used as currency). You essentially stick with the same abilities throughout the whole game. The developers certainly tightened the screws as far as controls go. “Legends” feels far less floaty than “Origins,” but the principles are similar.

However, the way that “Legends” plays with the platforming formula is mindbending, which is perhaps

its greatest upgrade. The variety of challenges packed into “Legends” is incredibly surprising. Some are just straightforward platformers, but others require you to alter the level clear paths and reveal secrets, run through levels as quickly as possible, synchronize your actions to music, and even utilize stealth. It feels like you’re never doing the same thing more than once, all without straying from the platformer mold.

Various other changes enhance the experience in subtler ways. “Legends” has a much greater focus on boss battles this time around, as each world concludes with an epic showdown with a giant enemy. There are also lucky tickets that you can win by beating levels, which allow you to win more lums, teensies, monsters that give you money, and even levels from “Origins.”

The biggest changes, however, are most apparent on the Wii U version of “Legends,” which was initially supposed to be the only version until it was delayed (and the version I played). This is due to how the Wii U’s touch screen gamepad is integrated into the experience, as it allows you to interact with each level with the character Murphy. This includes stunning enemies, clearing obstacles, turning gears and many other ways.

This might seem more like a hassle (especially when by yourself), but the gamepad mechanics, as well as the character AI, are surprisingly dependable and functional. I rarely had a problem completing tasks due to technical difficulties. Each world also varies up the tasks that need to be completed using the gamepad as

well, keeping things from getting redundant throughout.

I would suggest trying this with a friend, however, because “Rayman” makes for a surprisingly fun multiplayer experience. Having one person on the Wii U gamepad while you’re running through the level can be incredibly helpful, and while having four characters on a screen at once can seem hectic, it actually helps liven up the game even more than it already was. That and the game’s forgiving nature makes dying multiple times not so strenuous when playing with others.

What makes “Rayman Legends” feel like such an achievement, however, is just the overall presentation of everything. Each level is full of quirky, humorous little details that bring about a charm and personality like no other major console game out there. It’s almost impossible not to smile while playing it.

But it takes watching the game in action to truly understand the art be-

hind it. Being as fast-paced as it is, “Legends” might not be the most challenging platformer out there, but the way levels flow so smoothly and beautifully as you charge through them makes each world feel like a painting or an orchestra, with each detail coming together so soundly it feels profound. It’s hard not to want to stand up and yell “Bravo!” after watching Rayman platforming in full synchronization to a string quartet.

It might be tempting to pass up “Rayman Legends” this fall, what with all of the new games and consoles that will be making a huge splash, but don’t let its quirky, cartoony disposition throw you off. “Rayman Legends” is an absolute monster of a gaming experience that any casual or hardcore gamer will love, and I doubt you’d find another game that celebrates unadulterated fun the way Rayman does.



IMAGE TAKEN from bigredbarrel.com

“Rayman Legends” offers vivid hand drawn cartoon graphics and an addicting game play experience.

"Massachusetts" Comes to Monmouth

CHRISTOPHER PRECIOSE
CONTRIBUTING WRITER

Upon walking in on the “Massachusetts” art exhibit in Joan and Robert Rechnittz Hall, you’ll be greeted by a wide array of art styles. Some paintings are dark and ominous, others are surreal, depicting reality in supernatural ways. Despite differences, each piece invokes you to come closer for further inspection. The exhibit is a combination of works from nine artists in total, each bringing their unique flavor to the Vincent DiMattio Gallery. DiMattio is also a professor of art at the University.

The commonality that brings these pieces together isn’t found within the art itself, but within each contributor’s relationship to the state of Massachusetts. All but one of the artists graduated from Massachusetts College of Art during the mid 1960s. The other received a Master of Fine Arts degree from Boston University. After graduating, most of the artists went their separate ways. Regardless of the path they chose, they all found success in the arts. This special class has reunited to showcase their works to the public.

One of the first artists’ works you’ll be greeted by is Enrico Pinardi. His paintings lure you in with a sense of familiarity, but you’ll notice something strange: a plate floating slightly off the table, a shadowy figure in the background or a cracked floor underneath a clean white table. It seems as if the paintings are trying their best to show you that everything is fine, but instead reveal that something is missing.

In the painting “Night Games,”

Pinardi combines the good natured fun of darts, dice and cards with the seriousness of a frayed rope. This stark contrast reveals some people’s attitude toward lynching: it was just a thing to do on an uneventful night. His sculptures also depict this feeling of oppression. The figures are hunched over, as if their backs are warped from carrying so much weight on their shoulders.

A stark contrast to Pinardi, Candance Walters’ contributions are colorful and bright. In “Where the Fate Leads Us,” Walters drew inspiration from her travels to create what feels like a living scrapbook. Postcards and souvenirs are peppered throughout her piece. Unlike Pinardi, Walters seems to be more interested in reflecting than making a statement. Her works are beautiful for the sake of being beautiful, instead of worrying too much about what they are trying to say.

Adjacent to Walter’s are the works of Steve Smalley. Smalley uses “There Are No Places Like Home” and “My First School” to largely reminisce on his childhood. Both contain a large amount of empty space but contain a handful of childhood symbols: a jungle gym, Mighty Mouse, baseball cards. When you are young, only a few things truly capture your attention and Smalley’s paintings embody this childlike perspective perfectly.

Towards the center of the exhibit rests the surrealist paintings of Brenda Atwood. Two of her paintings, “Moonchild” and “Rings of Fire” play off of each other well. “Moonchild” is about embracing the comforts of nature. A lone woman is depicted embracing herself among a flock of large red birds. The birds seem to acknowledge the woman’s presence but aren’t looking at her.

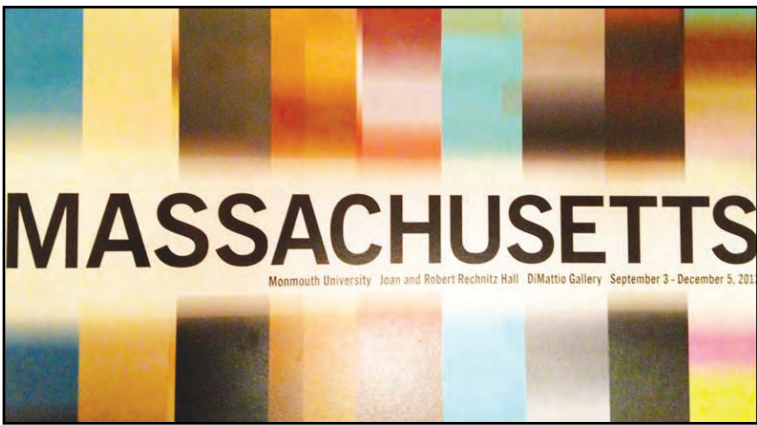


PHOTO TAKEN from facebook.com/Monmouth-University-Department-of-Art-and-Design
“Massachusetts” was assembled by art professor Vincent DiMattio and features his work alongside many of his former classmate’s work.

Instead, they seem to be on the lookout for potential threats, possibly those depicted in “Rings of Fire.”

In this painting, the protagonists find themselves surrounded by humanoids instead of animals. These human-like monsters have bent the women to their will by forcing them to jump through fiery hoops as they watch in amusement. In the corner of the picture, others watch this grave injustice taking place but do nothing. Atwood makes the statement that nature is accepting and comforting in “Moonchild.” It is beyond nature’s ability to judge. In “Rings of Fire,” Atwood depicts how society forces us to conform.

Suzanne Howes-Stevens chose to let nature do the talking for her. The inspiration for her paintings was from her travels through wetlands in a canoe. They often depict the meeting of land and water, such as a swamp or a lake in the middle of a forest. Her paintings are calm, welcoming and stray from using overtly dark or light colors. The paintings themselves are gorgeous, and the fact that they exists

somewhere makes them even more magical.

Scattered around the exhibit are the terracotta statues of John Stevens. Stevens takes inspiration from people’s affections for cats. Most of his sculptures depict a person who seems to be overwhelmed by felines. It is almost as if they are being controlled by the natural allure of the cat. They look like they want to get up, but are worried about disturbing the cats: a common predicament for any cat owner.

Upstairs are the works of Robert Stein, and Robert Cumming, and DiMattio. DiMattio’s “Ancient Walls” series look like something you would perhaps see in a cave painting. He uses bright colors and uniquely crafted characters that result in a painting that is not only eye-catching, but mysterious as well.

Robert Stein has the most interesting showcase. One of his works “Low Tolerance Product,” consists of a plain picture of himself, digitally modified to give off a purple hue with the title “Low Tolerance Product” in a small box on the

bottom. Throughout his work, Stein makes use of symbols for a wheelchair and a baby bottle, perhaps signaling he is caught in the middle of the young and old stages of life. Out of the exhibit, his pieces are the least traditional. His works aren’t grounded in nature, and it is tough to decipher the meaning of each work. While his paintings induce the most head scratching, they will also be the paintings most discussed.

Then there is the work of Robert Cumming. At first glance, one may be tempted to look away from his pieces. However, they will be missing out on a powerful lesson. Cumming chose to work with live models to create his drawings for the exhibit. His paintings depict nude older women, often in positions that reveal everything. The women radiate confidence and pride. The models were not self-conscious, even if they aren’t what society classifies as beautiful. The truth is everyone is naked, but some of us still try to cover ourselves up. Cumming’s portraits say no to that notion. Do not hide who you are. You would only be doing yourself and this world an injustice.

As a whole, the exhibit can be overwhelming. You may be initially attracted to the bright colors of Waters’ work, only to get to the feeling that someone is watching you, courtesy of Pinardi’s display. Each work needs to be viewed separately. This isn’t a collaborative exhibit. Instead, it’s a celebration of the careers of nine fantastic artists, each of which deserve attention.

The exhibit was revealed Sept. 3 and will be available until Dec. 5. Admission is free.

"Breaking Bad" Comes to a Close

BRIANNA MCCABE
CLUB & GREEK EDITOR

Showrunner Vince Gilligan concluded the AMC series, “Breaking Bad,” in a 75-minute finale on Sunday, Sept. 29. Millions of viewers tuned in to watch the airing of “Felina” at 9 pm, which reinforced “Bad” as one of television’s greatest drama series.

Five seasons and 62 episodes later, Walter White, the loving cancer-stricken high school chemistry teacher who transformed into the maniacal blue methamphetamine manufacturing drug kingpin, finally met his fate. Gilligan said during an interview on the after show “Talking Bad,” “This show was intended all along to be very finite. It’s a story that starts at A and ends at Z, as it were. It’s a very closed-ended thing.”

The stunning finale opened up with Walt in a car: weak, dying, and alone. His diminishing drive to live made it appear to viewers that it was over – but then he found the energy and desire to tie loose ends. He was fueled to go back to New Mexico and embrace both his fate and identity as Heisenberg. It is both odd and depressing seeing Walt on our television screens hit a low, for he is always portrayed as strong and intimidating.

Every move Walt made from that point forward seemed almost flawless and perfectly calculated. He first stopped at Elliot and Gretchen Schwartz’s residence, the owners of the prosperous “Gray Matter Technology” who stole Walt’s research and publicly announced that Walt was

useless to the establishment of such a company.

Walt would have normally handled his rage at the Schwartz’s by creating a blood bath and reaffirming that he “is the one who knocks,” however, he approached this situation differently in a way that was shocking to the viewers and a tad anti-climactic - he forced the couple to transfer his \$10 million profit from his meth business into a trust for his children.

He confirmed this deal by fooling the couple into thinking there would be fatal repercussions from top-notch hit men for not going through with his demand. The alleged “hit men” ended up merely being Walt’s past street dealers, Skinny Pete and Beaver. It was comical when these dealers said they didn’t feel “morally right” for tricking the Schwartz’s, but in actuality, the business they are in isn’t “morally right” either.

With his children’s futures practically sealed, Walt visited one of the least popular characters on “Bad,” his wife, Skyler (Anna Gunn). He explained that he was only partially telling the truth for entering the drug business; Walt would consistently say that he did it for his family so they would never have to worry financially, but he finally admitted: ““I did it for me. I liked it. I was good at it, and I was alive.”

It was quite comforting knowing that Walt finally came to grips with his true self. The viewers have known that all along Walt was trying to persuade everyone around him that Walt was his identity and Heisenberg was his “front.” We have been waiting nearly six years as viewers for this moment when Walt finally released this from his chest, and a sense of relief encompassed us.

It was unveiled that the ricin Walt uncovered from his desert-

ed house in the beginning of the season was for Lydia Rodarte-Quayle (Laura Fraser), who he later discovered was holding Jesse Pinkman (Aaron Paul) as a meth-slave in order to run her international drug business. We all would’ve liked to see Lydia go out in a more gory fashion, but at least she is gone for good.

There was one last thing Walt needed to do before he could accept the consequences of his actions for being Heisenberg, and that was to avenge the death of his brother-in-law, Hank Schrader (Dean Norris).

Walt created a rotating machine-gun contraption and placed it in the trunk of his old beat up, raggedy car. It is interesting and almost skeptical that a high school chemistry teacher could somehow fandangle together a monstrous killing machine.

With this killing machine, he entered the territory of the hitmen who killed Hank and who were holding Jesse. Although Walt initially planned on offing Jesse towards the beginning of the season, he tackled him to the ground just seconds before letting the bullets fire off. Jesse was completely below the line of fire, but Walt suffered from a gunshot wound in the crossfire.

A DEA agent couldn’t off Walt. A gang of hit men couldn’t off Walt. But a gunshot wound from his own contraption could off Walt? That seems unlike any scenario that would happen to Walt, but we’ll take it. It’s better than seeing Jesse and Walt go head to head in a death match.

With the entire gang of hit men dead, and the only two people left

in the room being Walt and Jesse, it was time for face off... Or so we thought. Walt, the big, mean, killing machine, wimped out and gave Jesse the opportunity to shoot him by tossing him over a handgun. “Do it. You want this... I want this,” Walt said.

Jesse refused to end his life, and instead drove away and embraced his freedom – although, we all know he never truly will be “free”. Jesse will always be a prisoner of his own thoughts and battle the psychological effects from his years of being partners with Walt.

The scene pans out with a shot of Walt. Dead. Lying in a pool of his own blood. Smiling.

Badfinger’s “Baby Blue,” whose lyrics say, “The special love I have for you, baby blue,” played as “Breaking Bad” came to an end, referring to the love Walt had for his blue methamphetamine. The upbeat song gave viewers a sense that this circle of life that Walt created finally came to a full 360.

The title “Felina” was interpreted by some fans as the chemical symbols for Iron (Fe), Lithium (Li), and Sodium (Na), or “blood, meth, and tears.” “Bad” fans did not want to part with the show, but if it were to be extended any longer, the show would’ve lost its flavor – and this spectacular finale ended the show in a way that did the series justice.

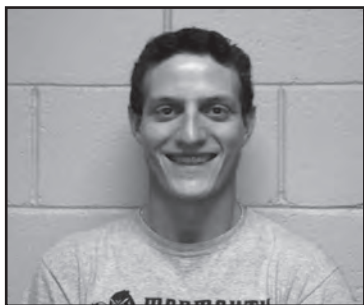
Walter White may have died, but his legacy as Heisenberg that he created for nearly six years, will live on as being one of the greatest characters a drama series has ever had in one of the greatest drama television shows ever seen.



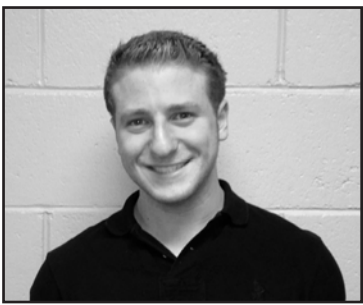
PHOTO TAKEN from stories.illinoisstate.edu
“Breaking Bad” completed its final season on Sept. 29 on AMC after five seasons of critical acclaim.

HOMECOMING COURT NOMINEES FOR 2013

KING



*Carmine
Ruocco*



*Lorenzo
Russomanno*



*Michael
Udayakumar*



*Mike
Migliaro*



*Phil
Nappen*

QUEEN



*Ashley
Pacifico*



*Eva
Rosamilia*



*Kelly
Craig*



*Kristia
Takacs*



*Krysten
Rosamilia*



*Meaghan
Brändt*



*Megan
Van Tine*

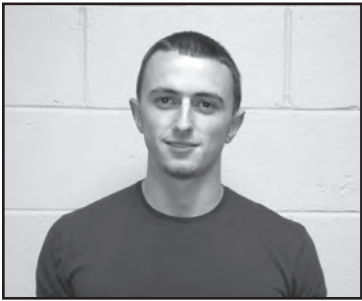


*Renee
Oleniacz*

The elections will take place online though the Monmouth University email account from:
MONDAY, October 7th, 12 PM through TUESDAY, October 8th, 12 PM.
The winners of the Freshmen, Sophomore, and Junior and top three candidates
for King and Queen elections will be announced at the Pep Rally.
The winners of King and Queen will be announced at the Saturday football game.

HOMECOMING COURT NOMINEES FOR 2013

PRINCE



*Joe
Pennisi*



*Luigi
Lombardi*



*Tom
Beaufort*

PRINCESS



*Alexa
DeRosa*



*Ashley
Suppa*



*Ayla
Yildiz*



*Casey
Inguagiato*



*Colette
Mitola*



*Jackie
Leming*



*Lena
Suarez*



*Mara
Cige*



*Samantha
Hermans*

LORD



*Chris
Chinn*



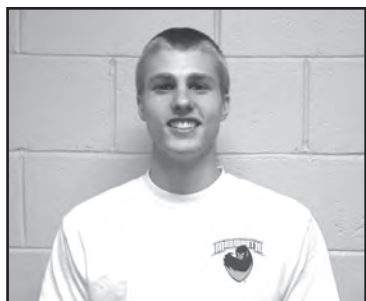
*Garrett
Brown*



*Josh
Manning*

HOMEcoming COURT NOMINEES FOR 2013

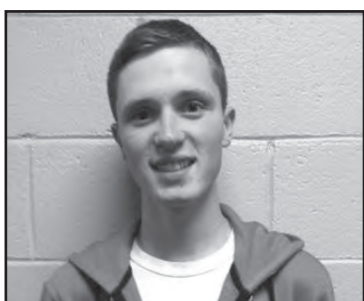
DUKE



*Andrew
Hall*



*Brian
Bartone*



*Eric
Brewer*



*Mike
Qualiano*

DUCHESS



*Alyssa
Scardelli*



*Alyssa
Tritschler*



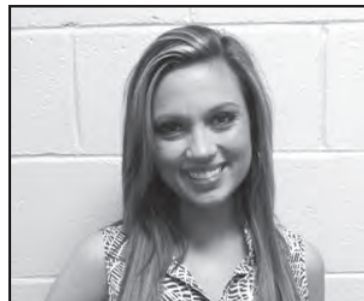
*Amanda
Caruso*



*Emily
Rodrigues*



*Jenn
Lee*



*Katarina
Kneer*



*Samantha
Barnwell*



*Sami
Savona*

LADY



*Courtney
Davis*



*Kaylie
Mazza*



*Rachael
Thalheimer*



Homecoming 2013



MONMOUTH THROUGH THE AGES

#MONMOUTHHC13

OCTOBER 18th : PEP RALLY

OCTOBER 19th : HOMECOMING



PARADE @ 12:00pm

GAME @ 1:00pm





NBC's "Stand Up for Diversity" Comedy Show

SAB Brought Comedians Rob Haze and Arvin Mitchell to Pollak Theatre

BRIANNA MCCABE
CLUB & GREEK EDITOR

Stand-up comedians Rob Haze and Arvin Mitchell created laughs amongst approximately 100 students at NBC's "Stand Up for Diversity" comedy show on Saturday, Sept. 28, from 8 – 9:30 pm in Pollak Theatre. The free event was hosted by the Student Activities Board (SAB).

"I seriously couldn't stop laughing," said Kristen Tullo, junior bio-chemistry and advanced chemistry double major. "If SAB hosts more events like this, I will definitely go. I didn't realize how fun some events can be."

Haze took the stage for the first 45 minutes, cracking jokes about celebrities such as 2 Chainz, Lil Wayne, and Miley Cyrus' infamous "twerking." He also poked fun at New Jersey drivers and their infamous road rage, communal showers in college dormitory buildings and intoxicated women.

Haze, an Atlanta native, began his stand up career while at the University of Georgia, where he performed at talent shows, pageants, and step shows. After winning the Athens Last Comic Standing contest, Haze furthered his career by performing at various lounges.

According to StandUpNBC.com, "There are no racial or age limits to Rob [Haze]'s comedy as he likes to bring people together rather than tear them apart."

Haze's comedy is full of word play and pop culture references.

"I wish [Haze] had a more fluid performance," said Tullo, "but otherwise it was very enjoyable. He had me cracking up

on several occasions."

Mitchell appeared once Haze concluded and he immediately had students laughing at his jokes about airports, college classes, and at each other in the audience.

Jonathon Nunez, transfer student from Middlesex County College, said, "Mitchell was absolutely hilarious. He was engaged with us [the audience] the entire time and there was not a dull moment in his performance. I got a serious abdominal workout from laughing at his stand-up routine!"

Mitchell's comedic skills debut was on BET's *Coming to the Stage* in 2003. This St. Louis born performer has appeared on television on more than one occasion since then and has travelled the comedy club circuit in New York and Los Angeles with outlets including The Laugh Factory, The Comedy Store, and Comic Strip Live.

SAB paid and booked the performers at last year's National Association of Campus Activities (NACA) in Nashville, Tennessee.

Megan McGowan, Assistant Director of Student Activities and Student Center Operations, said, "When we went to NACA, the five students who came along with me from SAB thought that this was hands down their favorite performance."

McGowan said there are approximately one hundred different top-notch performers doing the college circuit across the country at this convention, including performers from shows like "America's Got Talent."

"To have one event at NACA

stand out says a lot, and the SAB representatives really wanted this one," added McGowan.

Joe Pagnatto, Vice President of Finance and Administration for SAB, was deemed responsible for budgeting and selecting this performance to be featured at the University.

This is NBC's tenth consecutive year presenting Stand-Up NBC. Each year, NBC selects three to five cities across the country and holds auditions showcasing the top diverse talents from those areas. At the end of each search, comedians are brought back to Los Angeles to perform at NBCUniversal. Finalists have the opportunity to perform at NACA and get invited to join the NBC Stand-Up for Diversity College Tour.

This comedy show was publicized through social media outlets including Instagram, Facebook, and Twitter, as well as through email. It grew attention among freshmen especially because it was part of "The S.H.A.D.O.W. Program" which encourages first year students to attend events of six categories: service and leadership, hawk pride, academic resources, diversity, organizations and involvement, and wellness. First year students who attend these events are entered into a prize drawing at the end of the semester.

"Casino Night" on Saturday, Oct. 5, is the next event hosted by SAB. Students, along with their relatives during Family Weekend, are invited to join the club's members and mimic the environment of a casino by playing card games and entering prize raffles.



PHOTO TAKEN by Brianna McCabe

Stand up comedian Arvin Mitchell generated laughs among approximately 100 students in Pollak Theatre on Saturday, Sept. 28.

SAB encourages students to become involved and help plan events like Stand-Up NBC and "Casino Night." Weekly meetings for general members are

held on Wednesdays at 2:30 pm on the third floor of the Rebecca Stafford Student Center in the Carol Afflito Conference Room.

Splishin' and Splashin' at the Bi-Annual Beach Bash

The Outdoors Club Hosted its Beach Party at Brighton Avenue

REBECCA ZIDIK
CONTRIBUTING WRITER



PHOTO COURTESY of Michelle Mullins

Students had a blast at the Outdoors Club bi-annual beach bash party at Brighton Avenue on Saturday, Sept. 28, from 12 - 6 pm

Over 30 students attended the Outdoors Club bi-annual Beach Bash Party this past weekend on Saturday, Sept. 28 from 12 – 6 pm on Brighton Avenue.

Tyler Vandegrift, junior political science major and an active member of Outdoors Club, said, "The event was great. It's a good time, and the weather is perfect!"

Along with the 75 degree weather, there was food and an array of different beach activities that members and students could partake in. Games included corn hole, ladder ball, Frisbee, and football. Students also took full advantage of the ocean.

David Aviles-Sarargo, senior software engineering major, said, "Charging out the kayaks with the new members and freshman of the club was my favorite part of the event. It really gave them the Outdoors Club experience first-hand."

Sarargo attended the event "to get away from Monmouth and enjoy the beautiful beach and awesome people."

In addition to kayaking and swimming, Peter Chace, marine biology and chemistry major, went scuba diving. This E-board member has been scuba diving for five years now. "I started here in Jersey in the Manasquan River," said Chace.

Chase would like to see the

Outdoors Club incorporate scuba diving into programs and events; however he understands that it is an expensive sport that requires special certification.

While playing in the ocean seemed to be the main attraction at the beach bash, it was not the only activity that sparked interest. Outdoors Club members also laid a 20-foot slack line on the beach.

A slack line is a nylon webbing that is held up by two anchor points at each end of the line, and students were asked to balance themselves and walk across this tight-rope like structure.

Brittani Hrehorovich, sophomore psychology major, said, "The slack line is very hard, yet very fun at the same time."

The activity may seem easy to those who have never participated, but to new students like Hrehorovich, it seemed to be one of the most challenging sports around.

Vandegrift is more experienced with the slack line. He said, "I have been slacking for about a year and a half now. I am not even close to mastering it, but it's enough to impress people."

The Outdoors Club hosts its beach bash parties in order to raise awareness of the club. E-board members want to expose students at the University to all of the activities and new opportunities that come along with being a member of the club.

Nicole Rubino, junior E-Board member, said, "This party com-

pared to the spring 2013 party is better by far." Rubino thinks that the outcome has improved due to the change in location from Pier Village to Brighton Avenue, which is closer to students living on campus in dormitory buildings.

"This [change in location] allows us to have more freedom to do activities without bothering other beach goers. We keep getting more new members [at] each party, which is awesome," added Rubino. "The beach bash parties seem to increase in popularity among students looking to join the club."

President of the Outdoors Club Mike Kulik said, "With more funding from Monmouth University, we were able to purchase more games and food, which in turn means a more successful beach bash."

According to executive members of the Outdoors Club, the fall beach bash "was a huge success. New members came out and experienced how the club offers students the chance to experience nature in a fun and friendly environment."

"The club is a great way to meet new friends and get away from the day-to-day schoolwork," said Rubino.

All students at the University can join. Students are invited to the Outdoors Club weekly meetings on Wednesdays at 3:30 pm in Bey Hall to learn more about upcoming events.

Alpha Xi Delta Walks at Annual “Autism Speaks” 5K

NICOLE NAPHOLZ
CONTRIBUTING WRITER

The University’s chapter Alpha Xi Delta volunteered at the annual “Walk Now for ‘Autism Speaks’” 5K walk/run outside of Pier Village on Saturday, Sept. 28 to raise money for the “Autism Speaks” foundation.

According to Lauren Havanki, the director of field division for “Autism Speaks”, the turnout this year was better than previous years, with approximately 4,500 participants in attendance.

A huge sum of donations was made towards the cause. Havanki said, “The event brought in approximately 250,000 dollars”

Local residents including students in nearby high schools supported this walk in addition to Alpha Xi Delta.

Alpha Xi Delta’s philanthropy is “Austism Speaks.” Each year, their chapter helps out with the walk by doing a numerous amount of jobs and responsibilities to help the walk run as smoothly as possible. Approximately 50 members of the sorority showed up to help

Stephanie Naishtut, Alpha Xi Delta’s philanthropy chair, said, “We broke the sisters up into three shifts: setup, afternoon, and cleanup. Each sister was assigned a different job throughout the day and had a job to help out.”

The morning setup crew arranged all of the tables which were designated for stations including check-in, food, and merchandise.

Heather Muh, junior member of the Alpha Xi Delta, said, “It

was awesome being able to be a part of something so special and being able to cheer on the participants while they ran in the race.”

Around the event, they also had many fun and entertaining attractions for the little kids. There were Star Wars impersonators that the kids could take pictures with, in addition to having a few bouncy houses. Many of the children who attended the walk were affected by autism.

Jackie Leming, junior member of the chapter, said, “It was amazing seeing all of the kids running around and having a great time. I love volunteering at this walk every year just to see the joy it brings to everyone.”

According to “Austism Speaks,” a child is diagnosed with some form of Autism every 11 minutes. Also, one in 88 children in the United States is diagnosed with autism. At the walk, many of the sisters posed with “Austism Speaks” cards with certain facts about autism on them throughout the walk for people to read and learn more about autism awareness.

Havanki said, “I have been involved with “Austism Speaks” since 2006, but not because I personally know anyone with autism. It was more of a gradual growth in the field over the years. It became a passion I would have never have expected.”

She was very dedicated to the walk from start to finish and was running around nonstop to make sure everything ran perfectly.

Naishtut also took charge



PHOTO TAKEN by Nicole Napholz

Sisters of the University’s chapter Alpha Xi Delta (left to right) Lauren Santimauro and Katelyn Basile volunteered at the annual “Walk Now for ‘Autism Speaks’” 5K walk/run on Saturday, Sept. 28.

over Alpha Xi Delta chapter and overall was very proud.

According to Naishtut, the event was an overall success. The girls from Alpha Xi Delta were all thrilled to be back

and be able to help out with the walk once again.

This is just only of the ways Alpha Xi Delta shows their commitment to philanthropy. They also donated a large

sum of money to the “Austism Speaks” foundation thanks to their fundraising efforts. Some of their other events at the University are “Karaoke for a Cure” and “Xingo.”



CLUB AND GREEK ANNOUNCEMENTS



WMCX

“The X” 88.9 FM is celebrating its 40th anniversary May 1 to May 2, 2014. If you have any questions, contact Aaron Furgason, advisor of WMCX, at afurgaso@monmouth.edu or log on to wmcx.com for more information .

Latin American Student Organization

Latin dance lessons will be held on Thursday, Oct. 3 from 6 to 8 pm in Anacon. All are welcome to attend free of charge. Come show us your moves!.

Outdoors Club

Thank you to everyone who came out to our Beach Party on Saturday. There will be no general meeting this week, but here are some upcoming events. This weekend, we will be hosting a picnic at Shark River Park on Saturday during the day. On Saturday night, we will be hosting a trip to Fields of Terror. We will also be having a trip to the Green Mountains in Vermont during fall break from Oct. 10 - 14. Any questions, contact Pay Layton at s0814938@monmouth.edu.

Eye to Eye

Eye to Eye is a mentoring program that mentors children with learning disabilities and ADHD at St. Jerome’s School. The program pairs mentors from the Department of Disabilities Services with children who have similar disabilities. The goal of the program is to help the students feel empowered when it comes to being in the classroom. The children express themselves through art projects and this ultimately helps them learn about themselves. This program is run on Wednesdays at 2:30 pm. If you have any questions about getting involved email Christina Gonzalez at s0819331@Monmouth.edu.

Social Work Society

The Social Work Society needs volunteers for its 9th Annual Teach-In on Tuesday, October 29, from 3 to 7 pm. If you are interested, please contact club president Tess La Fera at s0779102@monmouth.edu.

Running Club

Meetings are every Tuesday and Thursday at 2:45 pm in front of the MAC.

University Pep Band

We are looking for additional members in all sections. If you play flute, clarinet, saxophone, trumpet, mellophone, trombone, baritone horn, tuba or percussion, we want you!

The Verge

The Verge is an online magazine specializing in original content. If you’re looking to become apart of this growing team, email the Editor-in-Chief, Dan Gunderman at s0784904@monmouth.edu.

Phi Sigma Sigma

Phi Sigma Sigma presents Monmouth Idol on Wednesday, Oct. 23, in Pollak Theatre at 10:15 pm to support our philanthropy, school, and college readiness. Interested contestants can register by contacting Renée Oleniacz at s0789194@monmouth.edu or Marissa Iradi at s0885338@monmouth.edu. Tickets will be available for \$5 presale or \$7 at the door. If anyone has any further information or questions, please do not hesitate to contact one of the sisters via email. Hope to see you all there!

President Brown Invites Students to the Opera at Pollak Theatre

WEST LONG BRANCH, NJ – Monmouth University’s new President, Paul Brown, has extended an invite for ten Monmouth University students to join him in the viewing of the simulcast performance of Tosca on Saturday, Nov. 9 at 1 p.m.

In order to give a fair chance to every student enrolled at the University, President Brown has decided to have a contest. In order to enter, a student must log onto www.surveymonkey.com/s/opera50 and write why they should be picked to accompany President Brown to the opera in 50 words or less. The deadline for responses is on Wednesday, Oct. 9. If chosen, the student will be notified by Friday, Oct. 25.

“Opera is great entertainment, but unfortunately too many students have not been exposed to it. In fact, my love of opera came about from studying German at Franklin and Marshall College, so I thought this was a great way to payback. The winning students will enjoy Tosca and a brunch before the performance with us – and what better way for me to meet more MU students,” President Brown said.

Monmouth University is a leading private institution that offers a comprehensive array of undergraduate and graduate degree programs. The University provides students with a highly personalized education that builds the knowledge and confidence of tomorrow’s leaders. Located in West Long Branch, New Jersey, Monmouth University’s magnificent and historic campus is approximately one hour from both New York City and Philadelphia and is within walking distance of the Atlantic Ocean shoreline.

If anyone has any questions, contact Amy Bellina, Director of Student Activities and Student Center Operations at her email, abellina@monmouth.edu.



What is your favorite thing about the fall?

COMPILED BY: ALYSSA GRAY



*Chris
sophomore*

"Probably the weather and how you can just wear jeans and flannels."



*Olivia
junior*

"My favorite thing about the fall is everything pumpkin flavored."



*Kelsey
senior*

"It signifies the start of a new school year. I feel that the summer is too lax."



*Marissa
sophomore*

"The leaves changing color."



*Amanda
senior*

"I love the scarves, the boots, the weather, everything."



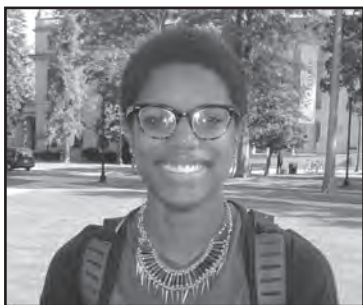
*Amir
junior*

"It's the start of La Liga season in Spain."



*Sammie
sophomore*

"The weather. It's not too breezy or too sunny. It's a happy medium."



*Ciana
senior*

"The fact that it's an obvious change and I like the colors."



*Ashley
sophomore*

"I think just seeing the leaves changing and seeing all of the different colors."



*Tonila
freshman*

"It's football season. My favorite team is the Giants."

Why Do You Want to Attend the Opera with President Brown?

President Brown would like to extend an invitation to attend the November 9th, 1pm simulcast performance of TOSCA at Pollak Theatre with him. Here is your opportunity to share something new with our new president and fellow students.

Ten students will be selected for this opportunity. To be considered, go to www.surveymonkey.com/s/opera50 and tell us in 50 words or less why you want to attend the opera with President Brown.

Deadline for submission is Wednesday, Oct.9th. Ten lucky students will be notified of winning by October 25th. Winning entries will be published in the OUTLOOK Newspaper.

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Log onto wmcx.com for detailed information

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Attend one of the following
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Wed. Sept. 18 @3:30pm Student Center 202B
Tues. Sept. 24 @1:00pm Student Center 202A
Wed. Sept. 25 @3:30pm Wilson W-3
Wed. Oct. 2 @2:30pm Student Center 202B
Thurs. Oct. 3 @11:30am Student Center 202B
Mon. Oct 7 @11:00am Student Center 202A
Tues. Oct 8 @3:00pm Student Center 202A
Wed. Oct 9 @11:00am Student Center 202A

OR

Contact Jessica Kimball in the office of
Undergraduate Admission at 732-263-5877
or jkimball@monmouth.edu

COMBAT TO CAMPUS

An interactive workshop addressing the challenges veterans face when transitioning from the military to college campus.



Tuesday, October 8th, 2013
Club Rooms 107 & 108
2:00 – 3:30


All faculty, administrators, students, and community are welcome!

MU veteran students will answer questions such as:

What are the unique needs of veteran students?
What advantages/disadvantages do we face as veterans?
What are some of the roadblocks we face when transitioning to college?
What are some common misconceptions about military service?
How do we relate to other college students, faculty, & administrators?
Where do society and the college campus succeed or fall short from our perspective?

Audience members will be given the opportunity to ask appropriate questions.

Hosted by the Office of Veteran Services & MU Student Veterans Association
Questions: (732) 263-5258, jhood@monmouth.edu



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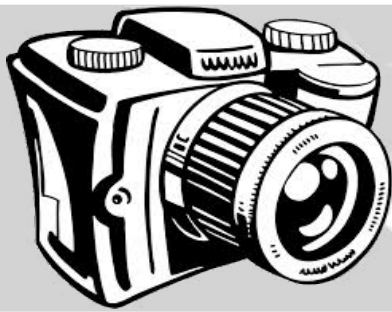
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MOMENTS AT MONMOUTH



LEFT:
PROFESSOR MICHAEL DONATO HELPS A STUDENT MAKE A CANVAS
(PHOTO COURTESY OF ALYSSA GRAY)



BOTTOM CENTER:
NATALIE ZELLER PLAYING AT HAWK TV'S ROCK 'N RELIEF EVENT
(PHOTO COURTESY OF OLIVIA CARUSO)

MIDDLE CENTER:
JOE SULLIVAN AND HIS UNNAMED BAND ROCK THE STAGE AT ROCK 'N RELIEF
(PHOTO COURTESY OF OLIVIA CARUSO)

BOTTOM RIGHT:
A LINE OF STUDENTS WAITING TO GET THEIR COFFEE FIX
(PHOTO COURTESY OF ALYSSA GRAY)

MIDDLE RIGHT:
ALEXA DEROSA AND BRIAN BOEHLER HOST ROCK 'N RELIEF
(PHOTO COURTESY OF OLIVIA CARUSO)



HEY MONMOUTH!

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COMICS

"MISGUIDED UNDERSTANDINGS" BY ALYSSA GRAY



A SO-YOU-SAY COMIX #26

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The Outlook Celebrates its 80th Anniversary

Stay tuned for upcoming details about *The Outlook's* 80th Anniversary contest and how to win fabulous prizes!



Football Tramples Columbia for Second Win of Season

CHARLIE BATTIS
CONTRIBUTING WRITER

The Monmouth University Football team continued their stellar play when they defeated the Columbia University Lions, 37-14, at Wien Stadium on Saturday, Sept. 28. The Hawk's win improves their record to 2-3 while the loss drops the Lions to 0-2.

"I thought we played very well," said head coach Kevin Callahan. "It was as close to a complete game as we have played yet this season."

The Hawks dominated almost every aspect of the game as they collected 461 total yards to the Lions 226 yards. "Offensively and defensively, we complimented ourselves very well," Callahan said. The Hawks more than doubled the Lion's time of possession.

MU defense was stifling as they held Columbia to only 108 passing yards while also creating three turnovers, two fumbles, an interception, and giving the offense an advantage in field position.

The defense was driven by their defensive ends. Junior Pat O'Hara had five tackles accompanied by two sacks, three forced fumbles, and a fumble recovery while red-shirt freshman, Darnell Leslie, had four tackles, two sacks, a forced fumble, and an interception.

Callahan commended his defense's play, "Defensively when you're able to get some turnovers you provide the offense with good field position. Although it took us a

little while to get going on offense, I think once we did, we were able to turn those opportunities into points."

Once again the dynamic running back tandem of junior Julian Hayes and senior Kwabena Asante led the Hawk's offense. Hayes finished with 34 carries for 127 yards and a touchdown. Asante added a career-high 132 yards, on 15 carries, and a touchdown. For the third consecutive week, the potent

duo each eclipsed the 100-yard mark.

Callahan realizes the privilege of having two exceptional running backs. "We have got two very talented backs who are tough physical runners," Callahan continued. "Being able to alternate them allows us to always keep a fresh player at that position."

Columbia took an early 7-3 lead when the Lion's running back, Marcus Garrett, scored on a 41-

yard touchdown run. The Hawks answered in the first quarter with a 5-yard touchdown run from senior wide receiver Thaddeus Richards. Monmouth would not relinquish the lead. Although they only led by 10 points at halftime, the Hawks took complete control of the game outscoring Columbia 24 to 7 during the second half. Hayes opened the scoring in the second half with a 17-yard rushing touchdown early in the third quarter.

Junior quarterback Brandon Hill had one of his superior games of the season completing 17 of 37 passes for 214 yards and a touchdown. Hill threw a 13-yard touchdown to senior wide receiver Lamar Davenport early in the fourth quarter, which extended the Hawk's lead to 30-14.

The Hawks concluded their scoring with a 13-yard rushing touchdown from Asante late in the fourth quarter.

Despite the impressive win on the road, Callahan believes that there is still room for progress. Coach Callahan said, "There were some opportunities that I thought we left out there on the field. We need to improve a little bit so that we can capitalize on them."

Callahan hopes that the success of the last two weeks will propel the team forward. "The success of the last two games is certainly something that we can build on," stated Callahan.

Hayes echoed the sentiment of his head coach. "We continue to see progress each week. It helps the offense's confidence so much when the defense can continue to make stops. I think we are really going in the right direction right now," said Hayes

The Hawks will look to continue their winning streak at Kessler Field when they take on former Northeast Conference rival the Robert Morris Colonials on Saturday, Oct. 5. The game's start time is 1 pm.



PHOTO COURTESY of Jim Reme
Sophomore John Sieczkowski made three tackles in the win against Columbia University.

Soccer Defeated, Lose to CCSU Second Consecutive Year

MAGGIE ZELINKA
SPORTS EDITOR

Men's soccer lost to the Central Connecticut State University Blue Devils, 1-0, on Saturday, Sept. 28. The Hawks dominated the entire game with an advantage on corner kicks, 10-2, and outshot the Blue Devils 13-4.

"We're struggling. The record is a reflection of some things we need to correct and we need to grow as a program," Head Coach Robert McCourt said of his 2013 Hawks.

MU controlled the first half with five shots to CCSU's two shots, but the Blue Devils managed to score a goal early on in the game.

During the sixth minute of play, CCSU's Keir Hannity passed the ball from the sideline into the box where teammate Eddy Bogle

was able to jump a little higher than the MU defender and put the ball past Hawks junior goalkeeper Stephen Graziani to give his team the 1-0 advantage.

One of MU's best chances to score came in the second half when senior forward Francois "Paco" Navarro was given a direct kick after freshmen forward Dave Nigro was fouled outside the box. Navarro struck the ball straight for the goal, but MU's offense did not get to the net in time to head it in as CCSU goalie, Josef Abele, recorded his third save of the game.

"We definitely need to step it up," said freshman forward Dave Nigro. "We're coming out slow in the start, we need to be acting like we are down a goal the entire time because that's when we start to play. When our heads are down,"

Nigro had one shot on goal for the game, as well as several other encounters around the net. His most impressive act of the night was when he slid near the sideline chasing a ball sent from teammate junior back Derek Luke. Nigro sent the ball back in the box, but no Monmouth player was able to get on the receiving end of the ball, and nothing was made of the opportunity.

"The bottom line is we just can't score goals right now. In order to win games, we have to score goals," McCourt said of his teams missed opportunities.

MU eventually did get the ball into the net with 12 minutes left in the game, but the referees retracted the goal and gave the Blue Devils a free kick. After this moment, the Hawks began to pick up speed and physicality.

A couple minutes later MU ju-

nior defender, Matt Jeffrey, was given a yellow card for pushing as did CCSU's Manny Nobre.

With nearly three minutes left in the game, sophomore back John Egan was fouled on CCSU's half. Freshman goalkeeper, Eric Klenofsky took the free kick, but the Blue Devils gained quick control of the ball. The Hawks last opportunity came in with 1:19 left in the game. Another foul resulted in Luke taking a kick in CCSU's territory. He struck hard and direct, but the ball sailed right over the crossbar sealing the Blue Devils victory.

Luke led MU's opportunities with three shots on goal while Jeffrey and Navarro followed with a pair each. Klenofsky recorded two saves in the night, both of which occurred in the second half, while junior goalkeeper Stephen Graziani saved one goal














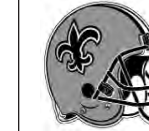







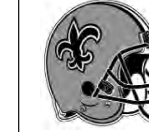
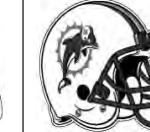










in the first half and allowed CCSU's lone goal.

"I think after this game, we just need to start brand new," Nigro said.

With the loss, the Hawks fall to 1-5-2 while the Blue Devils advance to 3-4-1. The Hawks are in 8th place in the Metro Atlantic Athletic Conference (MAAC). At this point in 2012-2013, the Hawks were 5-3-1.

MU will next travel to Fairfield, Connecticut to face the third place Fairfield University Stags on Saturday, Oct. 5 at 7 pm. The Stags current record is 3-2-1 for the season with a 1-1-1 record at home. The Hawks have an 0-4 record on the road.

The contest will be the Hawks first conference game of the season, and will mark their first ever conference game as members of the MAAC.

<div></div>		Away								
		Philadelphia Eagles	Seattle Seahawks	Cincinnati Bengals	Denver Broncos	New Orleans Saints	Baltimore Ravens	Houston Texans	New York Jets	
Home		New York Giants	Indianapolis Colts	New England Patriots	Dallas Cowboys	Chicago Bears	Miami Dolphins	San Francisco 49ers	Atlanta Falcons	
WEEKLY NFL PICKS	WEEK 5	Maggie Zelinka Sports Editor (15-9)								
	Charlie Battis Writer (16-8)									
	Kyle Walter Asst. Sports Editor (13-11)									
	Eddy Occhipinti Asst. Athletics Marketing Director									

FH Dominates Nationally Ranked Delaware

THADDEUS RICHARDS
STAFF WRITER

The Hawks' field hockey team pulled off their most notable win of the season on Sunday, Sept. 29 in a thrilling 2-1 victory over the Delaware Blue Hens on So Sweet A Cat field.

"It was really important for us to win today, but it was more important for us to actually work hard for the 70 minutes just to prove that we can do it as a team," said MU head coach Carli Figlio. "If we just listen to the small things and organize our self on the field, we can do anything we want this season."

MU moved to 3-6 on the year with the win, while the Blue Hens fall to 6-3. Delaware had been ranked as highly as 16th nationally in the Penn Monto/NFHCA polls. Their two previous losses were to ranked opponents (No.4 Penn State and No. 13 Boston).

"We knew we had tough competition in front of us, so we knew we had to come out harder than we ever have," said junior Amanda Schoenfeld.

The Hawks notched the first goal of the game 20 minutes in

when freshman Alyssa Ercolino sent in a corner that connected with the stick of senior Alex Carroll. Carroll then sent the ball to fellow senior Trish O'Dwyer who fired a shot past Delaware goalie Sarah Scher. MU was able to hold onto the lead going into half with the help of a great sliding save by junior goalkeeper Amanda Westerweller that redirected the shot off the left frame of the goal.

MU held the lead until five minutes into the second half when Delaware's Kasey Prettyman delivered a pass to Esmee Peet. Peet was able to get her shot just above the outstretched right leg of MU's Westerweller to bring the game to a tie.

The Hawks and Blue Hens then traded possession continuously until the 46th minute of the game when the Hawks started to apply pressure with multiple shot attempts. MU was able to force back-to-back corners, but was not able to pull ahead after a couple of beautiful saves by Delaware's Sarah Scher.

"We knew this was our game. We just had the mentality that we were going to finish it and

we were going to win," said Schoenfeld.

With 21 minutes remaining, the Hawks were able to break the tie when junior Hannah Loux sent a beautiful pass to the middle of the field where Schoenfeld didn't hesitate in sending a rocket past Scher to give MU the lead.

"She's (Schoenfeld) been fantastic for us," said Figlio. "She's really a product of hard work. She's made herself into a great hockey player."

The goal was Schoenfeld's third in the past three games and her fourth of the season. "My teammates have been helping me by getting the ball up the field allowing me to score in the circle. It's been a complete team effort," said Schoenfeld. "I wouldn't be able to do it without them."

The Blue Hens almost tied it again when a shot from Peet went slightly right of the goal with 16 minutes left in the game. After the near miss, MU was able to control the ball and the clock. The Hawks were close to extending the lead when Loux got a shot past Scher, but it clanked off the right post.

MU was able to garner three more corners in the last four minutes to kill the clock and secure the upset.

"We want to progress from here and take steps forward," said Schoenfeld. "We want to recognize what we did right and keep doing it and fix what we did wrong in practice."

The Hawks were outshot 16-10 on the day, but the Hawks played stingy defense and Westerweller was able to come up with eight saves. MU had eight penalty corners on the day, while the Blue Hens had five.

"We credit this game to 100 percent effort," said Figlio. "We stressed it from the beginning of the game to the last minute, it was just pure effort."

Looking forward, the Hawks have yet to participate in inter-league play in their new division, the Metro Atlantic Athletic Conference (MAAC), but they still have a difficult schedule ahead.

They will next face a daunting task when they travel north on Sunday, Oct. 6 to take on the No. 5 ranked Syracuse Orange. The Orange's record is 8-1.



FILE PHOTO COURTESY of Jim Reme

Field hockey improves to 3-6 for the season after they defeated nationally ranked No. 20 University of Delaware on Sunday, Sept. 29.

Women's Soccer Scores Another Win

EDDIE ALLEGRETTO
STAFF WRITER

The women's soccer team defeated conference rival, the Canisius College Golden Griffins with a score of 2-1 on Saturday, Sept. 28 at The Great Lawn. The Hawks improve to 8-1 overall and 2-0 in the Metro Atlantic Athletic Conference (MAAC) while the Griffins fall to 3-8-1 for the season and 1-2 in the conference. With the win, the Hawks remain in first place for the MAAC women's soccer standings.

The Hawks opened the game in dominating fashion with MU senior forward Monique Plescia scoring the game's first goal in the 17th minute of play. Plescia had four shots, two of which were on goal, in the match. The goal marks her second of the season.

"Dana (Costello) passed it towards the line with a nice flick and I put a touch in and just crossed it and Mo (Plesica) followed it in and scored," freshman forward Alexis McTamney explained. McTamney was awarded the assist.

The blue and white then suf-

fered a defensive breakdown as Canisius tied it up in the 28th minute. Canisius seized the opportunity as Brianna Smith scored an unassisted goal marking her seventh of the season for the Golden Griffins.

MU had a chance to gain the lead at the end of the first half after they were granted a free

"Our success comes from using our athleticism and our skill to make the field as big as we can make it..."

KRISSY TURNER
Head Coach

kick., Senior forward Dana Costello took the kick for MU from roughly 30 yards out, and sent a line drive toward the net. However, several Golden Griffins defenders jumped up to deflect the shot and denied the goal. The game went into halftime tied at 1-1.

"Our message at halftime was that we created so many chances, we just have to finish them," said head coach Krissy Turner.

"There were point blank shots from inside the eight yard line, we were either hitting everything right at the keeper or not getting a shot off."

The Hawks reflected Turner's message in the second half as they quickly scored to regain the lead. As the clock read, 46:23, McTamney netted her sixth goal

of the season. Junior back Alexa Freguletti was given the assist on the play.

"Alexa kicked it over to me, and I just one touched it," McTamney continued. "The goalie hit it off her hand and it went in."

McTamney led the team in shots with 11, four on goal, and 76 minutes for the blue and white.

With McTamney's goal, MU

secured the final score of 2-1 and their third consecutive win.. McTamney's strong play earned her the Metro Atlantic Athletic Conference (MAAC) Women's Soccer Rookie of the Week Award for the third time this season. She was previously named Rooke of the Week on Sept. 3 and Sept. 9.

The Hawks heavily outshot Canisius 29-4 in the match, forcing Golden Griffins keeper Megan Tock to make 10 saves for the day. MU also controlled corner kick action as they held an 8 to 3 advantage over the Golden Griffins.

"Our success comes from using our athleticism and our skill to make the field as big as we can make it," Turner continued. "I think if we can just start putting some chances away teams will have to come out at us more and that will open up more at the other end."

The Hawks return to action on Wednesday, Oct. 2 when they host the Manhattan College Jaspers. The Jaspers are 3-7-1 for the season and have only won once when on the road. The game is scheduled to begin at 7 pm on The Great Lawn.

SIDE LINES



The University's men's tennis team competed in the Men's Invitational at the USTA Billie Jean King National Tennis Center on Friday, Sept. 20-Sunday, Sept. 22. MU sent five players to the semi-finals.

Junior Victor Pugliese, sophomore Brant Switzler, and junior Freddy Marcinkowski advanced for the men's singles. Freshmen Bee Kumthontittikul and Christian Viera represent MU for doubles in the semi-finals.

Pugliese fell to Bucknell's Nick Bybel in the semi-finals, 6-4, 6-4.

Switzler and Marcinkowski were both defeated by Boston College after making it to the quarterfinals.

Kumthontittikul and Viera bested Saint Francis and Saint Peter's, but eventually fell to Fairfield University.

The men will next compete Sunday, Oct. 6 at the Columbia Invitational in New York, NY.



The men's cross country team remains nationally ranked at 14th for the second consecutive week by the U.S. Track & Field and Cross Country Coaches Association (USTF-CCCA) regional polls.

Although they did not compete the weekend of this past weekend of Sept. 27, the men will be back in action Saturday, Oct. 5 as they compete in the Paul Short Run at Lehigh University. The race will begin at 12:15 pm.

Former MU basketball guard, Alysha Womack signed to play professional ball with Eintracht Braunschweig of Germany's Damen Basketball Bundesliga second division. She made her professional debut on Saturday, Sept. 21.

UPCOMING GAMES

Wednesday, Oct. 2
WSOC vs Manhattan*
The Great Lawn 7:00 pm

Saturday, Oct. 5
MCC and WCC at Paul Short Run at Lehigh Univ.
Bethlehem, PA 12:15 pm

MSOC vs Fairfield
Fairfield, CT 7:00 pm

WSOC vs Fairfield
The Great Lawn 7:00 pm

Sunday, Oct. 6
Men's Golf
First Round of Binghamton Invitational
Apalachin, NY 8:00 am

Men's Tennis
Columbia Invitational
New York, NY 9:00 am

Field Hockey vs Syracuse
Syracuse, NY 2:00 pm

Monday, Oct. 7
Women's Golf
First Round of the St. John's Invitational
Long Island, NY TBA



Taming The LIONS



Also in Sports:

- Men's soccer bested by CCSU Blue Devils ... [Page 26](#)
- Field hockey wins over UDel, 2-1 ... [Page 27](#)
- Women's soccer remains in first place ... [Page 27](#)

MU defensive back Pat Gray played his part in the 37-14 victory over the Columbia Lions. Gray had four tackles total in the contest, three of which were solo.

Full Story on page 26