

# **OF MONMOUTH'S** FRESHMAN CLASS **ARE FIRST GENERATION COLLEGE STUDE** IMAGE COMPILED by Dyamond Rodriguez

#### JAMILAH MCMILLAN CONTRIBUTING WRITER

Forty-eight percent of the University's incoming freshman for the 2014/15 academic year were considered first generation students, according to the University's Enrollment Management Division. This is a one percent increase from last year.

Being a first generation student means being the first in a family to attend college to earn a degree. Often the parents of first generation students lack degrees beyond high school diplomas.

In a poll consisting of 10 randomly selected University students, participants were asked to estimate the percentage of incoming first year generation ness marketing major responded

students from the current freshman class.

All participants guessed below the correct number of 48 percent, and the average of all the students polled was about 27 percent. Lisa Berko, a junior marine biology student and participant of the experiment said, "I am so surprised by that high percentage just because Monmouth is a private school, and it's not cheap.'

Lorraine Rydel, a junior business major is a first generation student here at the University. "I am not only the first generation to attend college out of my parents but also out of my entire family. My parents pushed me to go to college," said Rydel.

Efrosini Zambas, a senior busi-

to Ryde's comment. "I would have never of guessed you to be a first generation student. It's really hard to tell who is and who isn't first generation," said Zambas

The large number of first generation students is not a burden to the University, according to Michael Matza, a junior graphic design major. "That's awesome to hear that our freshman class consists of a lot of students being the first in their family to attend college," said Matza.

The level of parental guidance many first generation students receive when starting college may be different than that of a regular University students according to Dr. Robert McCaig, Vice President for Enrollment

#### Management.

"When I went to school my mom and dad were very proeducation. However, they didn't know how to coach me through the process. My parents didn't know that I shouldn't work thirty hours a week while going to school full time," said McCaig.

"They didn't know it was important to get involved or that I should find faculty mentors to help me find an internship," he said.

When asked what could be done to possibly better the assimilation of first generation students specifically into the University community, McCaig said, "For first generation students,

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## **Midterm Meltdown**

### CLARE MAURER CONTRIBUTING WRITER

If only the information bestowed upon students by their professors would somehow stay latched into their minds permanently, allowing a smooth transition into midterm exams.

Unfortunately, with 15 to 18 credits, clubs, sports, jobs, Greek organizations, social lives, and (somehow) sleep, this process is not easy.

With midterm exams right around the corner, students are panicking about how to succeed on these upcoming tests.

In an article found in Faculty Focus, it was shown that approximately 45 percent of students admitted to cramming for exams, almost half the campus. The definition of cramming, "the practice of working intensively to absorb large volumes of informational material in short amounts of time," brings to mind the classic image of a stressed out student sitting in a mound of textbooks in a library, feeling completely overwhelmed.

While the late night study sessions may be unavoidable, there are some other ways to study and retain the information needed for both the test, and the long run.

As hard as it can be to pencil in study time, it's viable to get that extra time in. In the wake of midterms, Stephanie Merlis, a sophomore business marketing major, has had five exams this week. While many of us would be losing our minds, she kept it together.

Merlis, reveals that her key to studying success: "I like Luke McKinny, a writer for the website Cracked and former psychics student, found that "one thing I noticed without fail was that students would 'study' by piling up work all around them, then sit there wasting time and being miserable until the clock said they were finished." I too am guilty of this, I pack up all my textbooks and notebooks, add a few granola bars as provisions, and

# **Book Store Prices Stretches Affordability**

#### ALYSSA GRAY ACTING MANAGING EDITOR

Within the past five years textbook and bookstore merchandise pricing has steadily, and noticeably, increased due to the rises in economic pricing. However, the University has been in the process of implementing alternative, cheaper methods for providing students with reasonable pricing when it comes to textbook and other schooling supplies.

According to the Vice President for Finance William Craig, the average textbook costs have risen between five and seven percent in the past couple of years, which naturally have had an effect on the prices charged at the university bookstore.

The reason for the textbook raises, according to Craig, stems from the vendors and their pric-

from various vendors depending on the products being offered, and as a result of the demand these vendors can change over time.

"Every effort is made to provide student with lower cost options," Craig said. "Whenever possible the bookstore obtains used books for class offerings, [and] several years ago a rental option began to be offered."

The additional measures to make textbooks the bookstore's main priority stems from the fact that textbooks make up over 75 percent of the sales at the university store, and apparel, clothing and other merchandise making up about 15 percent, Craig said.

He added that when students of her classes the reare looking up textbooks for their respective courses online, there is a comparison tool available that compares the bookstore the two years I've been

options. By using this tool Craig said students have the option and knowledge, knowing what other vendors are charging and are free to decide where they are going to order their textbooks from.

However, some student's argue that not all textbooks are affordable through other vendors, and they have no choice but to order through the school store unaware if the price is necessarily fair. Lauren Casten, a sophomore political science major, has found that for some quired text was only available through the bookstore. "So far in

ing. Since the bookstore orders prices to other available online here I have only needed to get two books that were only offered through the bookstore, but the prices for those exclusive books are steep to me. One book was

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PHOTO COURTESY of Kiera Lanni

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# Book Store Looks to Provide Cheaper Alternatives

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pretty ridiculous," said Casten.

In addition to textbooks sold in the bookstore, a new and expanded assortment of apparel and Monmouth University athletic logo clothing is now available. The merchandise featuring the new Monmouth logo is available both in-house and at the online store which can be accessed from the Athletics homepage.

Eddy Occhipinti, Assistant Athletics Director for Marketing, said when designing and determining the price of the ics logo, Occhipinti has found new apparel, Athletics relied on the help of outside design vendors run through the bookstore or Monmouth's licensing agency. "Many people had a role in deciding that it was time for a new identity for the Monmouth University Athletics Department. Coaches, administrators and student-athletes, all under the direction of Vice President and Director of Athletics Dr. Marilyn McNeil, collaborated

Occhipinti.

Junior Tim Kase, a business a math workbook that was and marketing major, likes the over \$20 and I thought that was new merchandise in the store and thinks that the pricing is fairly reasonable considering the incorporation of the new Athletics logo. "I've been hearing some people complain about the logo but I don't really mind it. I think it looks pretty sleek. Plus from a marketing standpoint I think the new branding for Athletics makes sense since we're now in the Big South and trying to amp up our athletic prominence," Kase said.

Despite some of the criticism surrounding the new Athletthe general reaction to the logos as positive and supportive. "The overall reception to the new logos and marks has been overwhelming positive," said Occhipinti, "We understand that it may take some time for people to get used to, but so far we have seen people, both on and off campus, really take to them."

According to Casten, while the prices in the bookstore have on the process in the creation obviously gone up and will conof our new logos and marks. We tinue to fluctuate each year, she needed to create a more modern believes the respective price and fierce-looking Hawk, one tags are expected. "Some of the that showed more action," said Athletic clothing and workout



PHOTO COURTESY of Kiera Lann

The average textbook costs have risen between five and seven percent in the past couple of years, according to Vice President for Finance William Craig.

but it's nothing really outrageous. I think the quality is flect that for the majority of the things sold there," she said.

Furthermore, any profit made from the bookstore goes to paying for the merchandise sold and the remaining proceeds go

gear can get a little expensive right into funding for the University.

"Since the University operpretty good and the prices re- ates its own store, any surplus that is generated by the operation of the bookstore goes to the University and reduces the need for higher tuition and fee costs to students," said Craig.

"I never really thought about end somewhere," said Kase.

where it [the money] was going when I bought anything there [at the bookstore], but if it's really going back into the school for things like lowering certain costs for students, I guess I don't really care if I pay \$30 for that textbook or whatever. It seems to all balance out in the

# Private Colleges Experience Decline in Enrollment

#### **KAIETA FARLEY** CONTRIBUTING WRITER

Private college enrollment has decreased over recent years. According to the National Center for Education Statistics Projections, undergraduate enrollment at private colleges increased 38 percent over the past eight years, and is expected to increase by only 10 percent in the next eight years.

The center also says that a smaller portion of college students will be within the age range of 18-23.

Students under age 25 cur-

Monmouth University's small campus and all it has to offer.

"I love everything about the University, but this school is extremely expensive. People may be hesitant due to the high tuition," said Ciavarella.

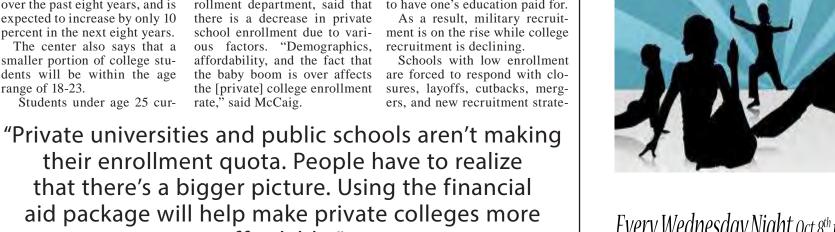
Robert McCaig, Vice President of the University's enrollment department, said that there is a decrease in private school enrollment due to various factors. "Demographics, affordability, and the fact that the baby boom is over affects the [private] college enrollment rate," said McCaig.

said that she really appreciates role with the decrease of enrollment in private schools because society claims that college isn't worth the enormous amount of college debt for young people.

Due to the high tuitions of college, especially private institutions, a lot of potential students are joining the military because that is an opportunity to have one's education paid for. As a result, military recruit-

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ROBERT MCCAIG Vice President of the Enrollment Department

affordable,"

rently make up 60 percent of the college population. However, this can possibly decrease to 57 percent by 2021.

"Monmouth University is worth the expensive tuition because the school offers smaller classes compared to other schools. This gives students more of a "one on one" time with their professors while receiving a great education, said Dominique Mariano, a senior communication major.

Some public colleges within the state, such as Rutgers University, are known for their large class size. "I have friends who attend Rutgers University and when I ask them what they are learning in their classes, they never know what to say." Mariano added.

Cara Ciavarella, a freshman communication major,

The demographics represent the high school students who aren't college ready, or are choosing to attend community college first and the rate is declining in the Northeast area. Demographics play a vital role with this issue because it determines the number of potential freshman.

"Private universities and public schools aren't making their enrollment quota. People have to realize that there's a bigger picture. Using the financial aid package will help make private colleges more affordable," said McCaig.

"After receiving financial aid, a student can possibly save money attending a private college compared to colleges that have a cheaper tuition," said McCaig.

Society is also playing a vital

gies. Many see these as the first signs of reorganization within the industry.

Private college enrollment has generally risen in economically stable periods and fallen when households' incomes were hurt by financial hardships, according to the National Center for Education Satistics Projections. A majority of these affected

schools will have to learn to live with less.

Some schools have raised prices, hoping to receive more revenue from those who are rich and can afford it while offering more financial aid for others.

This strategy means te perstudent net revenue is flat or decreasing at a lot of schools. Students and their families have become smart shoppers. As incentives grow, so do expectations.

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# College Debt: Leaving Recent Graduates Struggling

#### MAURA LERNER MCT CAMPUS

Ashley Hall remembers clicking yes on the loan application and, inexplicably, laughing.

Maybe it's because the number seemed so surreal. Or because no one else in her family had done this before. But there she was, borrowing nearly \$75,000. For her first year of veterinary school at the University of Minnesota.

Even now, two years later, it's time she graduates in 2016, she'll owe more than \$300,000.

Hall, a 28-year-old from Georgia, never planned it this way.

But like many ambitious students, she's been swept up in a tsunami of debt that only seems to grow more ominous. "I will be paying off my loans for the rest of my life," Hall says with a wry smile. "I probably will die with a loan debt."

Today, the typical college stustudent loans.

to what Hall and other graduate and professional students are borrowing to get an education. At the University of Minnesota vetexpensive in the country, the avto \$188,000.

Those kinds of numbers are stoking national anxiety that student debt has gotten so out of hand that it threatens to drag down an entire generation.

Hall, who has a husband and 6-year-old son, is understandably obsessed with the subject. She wavers between outright despair

Shazam, a 20-year-old quarter horse, is in his "recovery room" at the Leatherdale Equine Center on the university's St. Paul campus. hard for her to believe. By the Hall, the veterinarian in training, dips her shoes into a sterilizing bath as she trails Dr. Jenny Brown into the treatment stall to check on her patient.

> Nearly a month after brain surgery, Shazam looks a little battered and listless. One eye is temporarily sewn shut, and IV bags hang from es, and didn't care, when I met her," an overhead girder. But today, he's going home.

Hall is transfixed, soaking up the details of his medical treatment.

This, after all, is what she's come dent graduates with \$29,400 in for, why she's been willing to borrow the equivalent of "a mortgage But that pales in comparison on a mansion," as she puts it, to get animals," she says simply. "It's my passion."

Once Shazam gets the all-clear to erinary school, one of the most leave, Hall watches sympathetically as his owner tries to coax the skiterage student debt in 2013 soared tish horse into the trailer for the ride home.

"That's the hard part of being a veterinarian," Hall says. "It's your job to be able to read the animal and see what they're not telling you."

Growing up in Georgia, Hall recalls, becoming a veterinarian wasn't on her radar; she barely expected to finish high school.

She was raised by her grandparents in a small house on the outskirts of Atlanta. Both her mother and grandmother dropped out of school and cleaned houses for a liv-

With little encouragement at home, Hall says, she was a rather aimless C-student by age 15.

Then she met a teenage boy who convinced her she was selling herself short.

"She was failing a lot of her classsaid Alistair Hall, the teenage boy who eventually became her husband.

It was he, his wife says, who planted the idea that she could go to college. "He kind of inspired me to see myself in a different light," she said. "I kind of just flipped a switch."

Once she started applying herself, she found that schoolwork came easily.

'Before I knew it, I was taking AP Spanish," she said. She raised her GPA from 1.9 to 3.4, enough to fees are \$58,000, more than triple

qualify for Georgia's HOPE Schol- what she'd pay in Georgia. arship, funded by the state lottery, to pay for her college education.

When she realized what she was capable of, her husband said, "it was like a drug. She just wanted to be the best." She became an honors student at Georgia Southern University.

One day, while in college, she arranged to shadow a veterinarian at a small-animal clinic. "Within two seconds of being there, I knew I was exactly where I wanted to be," she said.

She made up her mind to apply to vet school.

But there were obstacles. And money, at first, was the least of her worries.

Newly engaged at the start of her senior year, she discovered she was pregnant with their son, Devin. So she put off the application process for a year. Then, despite graduating from college cum laude, she was rejected by vet schools two years in a row.

Undeterred, she redoubled her efforts, working as a veterinary assistant to build up her resume, and waiting tables for extra money. The third year, she got in almost everywhere she applied.

The University of Minnesota was by far her most expensive option. For out-of-state students, tuition and

University Mourns Loss of fellow Hawk, Elizabeth Rozek

But Minnesota was the only vet school in an urban area, with plenty of job opportunities for her husband, an engineer. Back in Georgia, during the recession, he had found himself cleaning houses to earn money.

In Minnesota, he got a job offer from an engineering firm right away; and as young parents, they loved the Minneapolis school system. "It just felt like the right thing to do," Hall said. "We figured it would all work out."

They learned that, under federal rules, she could borrow nearly \$75,000 in governmentsubsidized loans to cover tuition and living expenses that first year. They decided to take out the maximum.Looking back, she said, they didn't fully appreciate what that meant.

Now, depending on her repayment options, it could cost her up to \$2,400 a month for 20 years to pay for her four years of training. "I was thinking, 'This is just

what you do, it will be fine,' "she said. "You don't process the debt right away. All you can see is the big goal. The dream."

As a rule of thumb, experts say, students should not borrow more than they reasonably expect to earn, in annual salary, after graduation.

# First Generation

it is really important to engage them early, connect with them Monmouth, need based aid from early, help them understand that there are all types of different ways for them to get help from caring people who want them to be successful."

Mary Anne Nagy, Vice President for Student Life and Leadership Engagement, believes the University provides many useful

First Generation continued from pg. 1 University. "If you are a smart low income student you can get a merit scholarship from Monmouth, a Pell Grant from the government, and a TAG grant from the state government.

In this type of situation you could easily afford Monmouth, just like Rutgers University," he said

Although a student is first generation, this does not necessarresources for students in need of ily mean that they are also low

"When I went to school my mom and dad were very pro-education. However, they didn't know how to coach me through the process. My parents didn't know that I shouldn't work thirty hours a week while going to school full time."

> ROBERT MCCAIG Vice President For Enrollment and Management

#### **BRIANNA MCCABE** ACTING EDITOR-IN-CHIEF

#### **FABIANA BUONTEMPO** NEWS EDITOR

Elizabeth Rozek, a 21-year-old senior health studies student, passed away unexpectedly on Sunday, Sept. 28 at Monmouth Medical Center.

Due to a predisposed condition in her brain that wasn't detectable, Rozek had a brain aneurism while driving, causing her to graze a utility pole on the 500 block of Norwood Avenue at 8:11 am Sept. 27.

President Paul Brown sent out an email on Monday, Sept. 29 informing the campus community of the tragic news. "The University regrets the untimely death of a member of our community and extends its deep sympathies to her family and friends at this most difficult time. The loss of such a young person is truly tragic," the email read.

Rozek was born in Freehold Township, but resided in Jackson Township most of her life. While atending the University, Rozek lived in Pier Village with fellow friends and students.

physical education, taught Rozek in her "Lifespan Development and Health" class last semester. She said, "I was heartbroken when I heard what happened. Liz was a wonderful student. She was very curious and full of enthusiasm. My heart goes out to her friends and family. She will be greatly missed.'

Mary Anne Nagy, Vice President for Student Life and Leadership Engagement, said, "While I did not know Elizabeth personally, it is always painful for us to see a young life end. She was a good student, interested in going into the medical field and actually worked in several places to help prepare her for a career in the health/medical profession. This is certainly a difficult time for her family and all who knew her here at Monmouth and we will continue to keep them in our thoughts going forward."

Members of the Hawk community were respectfully invited by Nagy via email to attend her visitation on Thursday, Oct. 2 at the George S. Hassler Funeral Home in Jackson Township. A funeral service was held on Friday, Oct. 3 at er, Nicholas, her maternal grand-Prince of Peace Lutheran Church in parents, Victor and Dorothy Simon, Howell, NJ.

vices, a "Liz Rozek Funeral Fund" was created on GoFundMe.com. As of Oct. 7, over \$15,200 was raised by over 340 people in the past six days, surpassing the original goal of \$10,000.

"This page is dedicated to a truly amazing person, Liz Rozek, who was a sweet, kind, and beautiful young lady. Liz had a smile that could light up a room," stated Tyler Kent Humphries, creator of the funeral fund.

"Unfortunately Liz was taken way too soon and without any warning... Death is an unexpected thing sometimes, which is why we are asking for donations to help Liz's family through this difficult time and help them with the proper burial for this angel," Humphries continued.

In addition to the funeral fund, Nagy said at the family's request, contributions may be made in Rozek's memory to sponsor scholarships in health studies at the University.

Elizabeth is survived by her parents, Andrew and Cathy, her broth

such support.

She said that as a first generation student herself, she understands the obstacles faced by many first generation students.

"The biggest issue to me is the 'newness' of everything you face. Living away from home in a residential environment, understanding how a course of study is constructed, why there are general education requirements, navigating financial aid, etc. are all new experiences,' said Nagy.

According to a majority of the polled students, the University is characterized as an expensive institution affordable for very few. "Monmouth does have a stereotype that only wealthy people come here giving an inaccurate belief on a lot of things," said Berko.

for low income students at the that," he said.

income. Only a quarter of the 2014/15 incoming class was eligible for state and federal financial aid. That is nearly two times less than the number of incoming first generation students.

College is made of individuals with different ethnicities, nationalities, and cultures. Of the incoming freshmen 24.9 percent were from underrepresented backgrounds, meaning they were of a non-Caucasian ethnicity.

"College is a unique experience for everybody. We just bring unique backgrounds to those challenges," McCaig said. He believes that students should be taught the ability to learn from individuals from different backgrounds in the college classroom and environment.

"Let college be the laboratory for the world. I think universities McCaig said that there is aid have a moral obligation to do

Andrea Hope, an assistant professor in the department of health and

In order to help pay for the ser- cousins.

and many aunts, uncles, and several



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# MONMOUTH UNIVERSITY

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### **Be Inspired:**

### A Foreign Service Odyssey

A Presentation by

### Thomas P. Gallagher '62

Wednesday, October 8 Date: Time: 10:30-11:15 am Location: Wilson Hall Auditorium

Gallagher is a retired U.S. Foreign Service Officer who served as Consul General in Ecuador where he was the youngest chief of a major diplomatic mission, and later as American Consul in Belgium and Spain, and country officer for Sudan and the Democratic Republic of the Congo. He will be awarded the 2014 Distinguished Alumni Award at the Founders' Day Convocation.





# First Annual Internship Fair

Wednesday, October 15<sup>th</sup> 1:00 p·m· - 3:30 p·m· Anacon Hall, 2<sup>nd</sup> floor, Student Center

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New Jersey State Parole Board North Jersey History and Genealogy Center Pierson Commercial Real Estate Seller Cloud SS White Dental Target Corporation The Arc of Monmouth The Historic Village at Allaire The Vitamin Shoppe **Two River Pictures** Urner Barry VIE Healthcare Visual Computer Solutions, Inc. WCBS-TV/WLNY-TV Wegmans Food Markets ZAIS Group LLC

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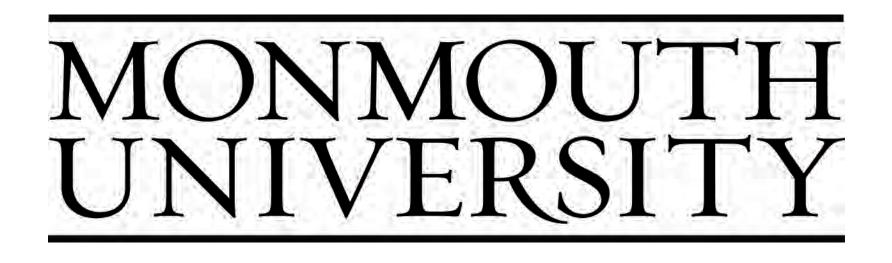
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#### PLEASE TAKE NOTE OF THESE IMPORTANT DATES FOR THE JANUARY 2013 GRADUATION:

- **November 1<sup>st</sup>, 2012:** Deadline to submit Graduation Applications through e-FORM's
- November 15<sup>th</sup>, 2012: Deadline to submit any additional e-FORM's requests (i.e. Substitutions, Waivers, Declare/Remove Minor, etc.) \*\*Please note: e-FORM requests received after the deadline dates will not be processed\*\*





# FOUNDERS' DAY CONVOCATION

## Wednesday, October 8, 2014 2:15 PM The Multipurpose Activity Center

This event will also be streamed live in the Rebecca Stafford Student Center.

**Convocation Address** 

Paul R. Brown, Ph.D. President, Monmouth University

## **SCHEDULE OF EVENTS**

Thomas P. Gallagher, '62 Presentation: "Be Inspired - A Foreign Service Odyssey"

> 10:30 AM - 11:15 AM Wilson Auditorium

## 2:15 PM **Convocation Ceremony** The Multipurpose Activity Center

### 3:30 PM Reception The Multipurpose Activity Center 2nd Floor

All members of the Monmouth University community are invited to all events.

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## THE OUTLOOK

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Kelly Hughes	C
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Heather Muh	С
Kiera Lanni	Ρ
Matt Marino	Т
Evan Mydlowski	Т
Matthew Toto	Т
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### College Campuses Stress the Workload

#### THE OUTLOOK STAFF

Post-secondary education is often the first taste individuals have for assuming the roles as an adult. Whether a community college, 4-year institution or other, after high school, students are beginning to assume roles of greater significance. But, are these new roles the cause of greater stress and mental illness among students?

The Outlook believes that through the requirements and demands of colleges and universities on students, the postsecondary education system has essentially created factories tasked with creating stressed individuals. Classroom prerequisites, club and social obligations and more combine to make for higher levels of stress and mental illness among university goers than in the past.

Dr. Franca Mancini, univer-Director of Counseling sity and Psychological Services, viewed students as seemingly more stressed now than ever. She said, "College is inherently stressful, and it seems that current students are showing even more signs of poor stress management and a need to acquire better coping skills.'

Mancini said, "The pressure of academics, combined with social, family and financial concerns in a very busy world makes it hard to find time to clear one's mind and relax. Learning stress management

techniques is essential, and it's never too late to start."

In contrast, Dr. Kathy Maloney, Director of Health Services, said, "Modern education is just as stressful as it has been in the past. In fact, years ago, it was perhaps even more stressful for students because they did not have access to the amount of information that is now available at their fingertips."

She continued, "Decades ago, students had to conduct all of their research manually. We can view technology as a double-edged sword. It has allowed us to access information within seconds. Due to the power of technology and the volume that is created, we have to do more shifting of pertinent information.'

consensus that upon entering college an increase in stress is almost expected to occur as students take on greater responsibilities. Compounded with the fact that the college years are often seen as the time to build the foundation for the rest of one's adult life, students struggle to find ways to effectively manage their anxieties.

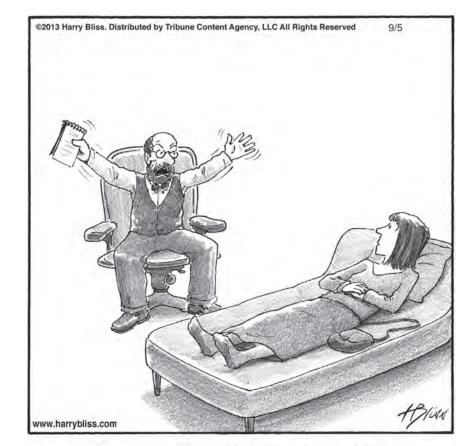
One editor said, "I never really worried about work in ror] best explains [college] behigh school, but [in] college the work is harder, more time consuming, and I feel like it means more. What and how you do in methods that work best for us college foreshadows your fu- and are our particular circumture and career." This sentiment stances and stresses."

draws on the drastic difference between high school and collegiate work, which students are often unprepared [for]. Combined with the stress of living away from home, many students are left to find the means to manage their stress on their own

Luckily universities offer a plethora of services to aid in mental well-being. One member of The Outlook editorial staff recalled a Monmouth specific program that happens around the final exam time. "...I've heard good things about [the programs]. I went to one freshmen year before finals that had puppies you could pet. It's impossible to be stressed out when you're petting puppies," the editor said.

Thus, there is a level of cre-*The Outlook* reached the ativity to beating the stress that is seemingly unavoidable in college. While traditional services and programs are useful, students often need to think of tailor-made ways to overcome daily pressures; The Outlook staff finds music and exercise as beneficial in de-stressing from weekly pressures.

One Outlook editor stated that college is "trial and error." The editor continued, "[trial and ercause we find now that when things don't work we don't do them that way again. We find



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# Social Media? More Like Anti-Social Media For This Generation

#### **KELLY COFFEY** CONTRIBUTING WRITER

Now I admit it, I am on my iPhone just as much as everyone else: I check Facebook almost every hour, I am constantly updating photos to my Instagram account, and I am always checking Twitter to see what my favorite celebrities are up to, but how much is this really helping my social skills? Sure, it is called social media for a reason. It helps you keep in touch with your family, friends, celebrity icons, and even your favorite department stores and brands, but what many people don't think about, is how social media is ruining our generation.

Everywhere you look, someone is always on a phone. Take a look to dinner with your family, walking to class, in your doctor's waiting room, I guarantee you will see at least one person on a phone. This is what our generation has come to. is always on a phone.

This is affecting people's social others like they used to. Some people even use their mobile devices and social media as a form of comfort.

Dr. Michele Van Volkom, a lecturer of psychology, said, "Based on recent research conducted by myself and my co-authors, I cannot say just yet if our communication is 'ruine,' "but it had definitely changed."

According to Dr. Anthony Curtis, a mass communication professor at the University of North Carolina, social media was first developed in 1969, but it did not start to affect people's social skills until MySpace, which launched in 2003, genuine person.

and Facebook, which launched the sites were a huge hit, especially with teenagers. MySpace started to die down once people started finding out about Facebook in 2008. Facebook took off, but this was only half of the problem.

Apple released the iPhone in 2007, which, according to Michelle Malsto, author of Eweek was the "dividing line in the history of mobile phones, separating all that led up to the iPhone from all that came after."It is a big convenience for people especially since it has everything right there in front of them, including text messaging, a calendar, a calculator, email, a camera, the internet and of course the social media apps.

According to John Heggestuen, around you. Next time you are out a Research Analyst at Buisness Insider, one in every five people in the world own a smartphone.

As described by a graph from The Statista" website, which is referred to as the world's largest statis-No matter where you turn, someone tic portal, 19.8 percent of Americans own an iPhone.

Although we all do not own an lives. People do not interact with iPhone or Android, a majority of us atleast own a smart phone, and we know that with all of the social media apps available on smart phones, we can check Facebook or Twitter whenever and wherever we want. Because smart phones are so convenient, it is very easy for people to get distracted, which does not help our social skills.

> Knowing how to have face-torace relations is a huge skill needed for the future. We need to know how to interact with others in real life, and not just over social media, especially for interviews, to maintain relationships, even just to be a

Because of sites like Facebook following year. Both social media and Twitter, people are losing the inperson connection that one needs to have in order to maintain a personal relationship.

Dr. Van Volkom and her co-authors wrote in their upcoming paper, "Revisiting the digital divide: Generational differences in technology use in everyday life": "when asking if they use technology to avoid talking with someone face-to-face, young adults were significantly more likely to use technology to

avoid talking with someone face-todace than both middle aged adults and older adults, and middle aged adults were significantly more likely to report using technology to avoid talking with someone face-to-face than older adults. The problems are starting with our generation.

Several people look to social media as a form of comfort. Rather than interacting with their loved ones about a problem, some post it on Facebook or Twitter. Those who do so look for attention to make



PHOTO TAKEN by Kelly Hughes Social media is at the tip of our fingers, literally. Due to its convenience, the use of social media has become a habit.

#### themselves feel better.

Looking at Facebook as a form of comfort is what is making our generation lose the ability to interact with others. Instead of venting to their parents or spouse, they post a Facebook status. They look to see how many people "like" the status as a sign of sympathy. Our generation is changing, and not in a good wav.

Just recently, a JetBlue Flight filled with smoke after the starboard engine had blown. All of the passengers began to panic as they reached for the oxygen masks. One passenger, Scott Welch, after reaching for his oxygen mask, decided to do something different. Welch took a video of himself, and even made sure he got shot of a "smiling selfie." This is the typical 2014 generation. This is the epitomy of what we have become.

Instead of just living in the moment, social media and "selfies" are always on our minds; even if it is in the midst of a disaster. Just like writer Alex Williams, of The New York Times, said, "To live the moment or record the moment? It's becoming a defining dilemma of the iPhone age"

I know social media is a trend that is going to be around for a long time, but just take a minute and think about how often you check your social media platforms. Do you check way more often than you should? Do you text while out with your loved ones? Do you talk to people on Facebook more than you talk to people in person?

Try and put the iPhone down and enjoy life a little more. Treasure the moments you get to spend with your family and your friends. Your phone can wait.

#### Appreciate Your Internship Veganism Health Hype Is Overrated

#### **KATHERINE JAFFE** CONTRIBUTING WRITER

Many people who consider themselves to be "vegan" have been very misinformed as to exactly what being a true vegan means and are potentially putting themselves at risk.

Since the food trend started about a year ago, people have been giving up all animal products and by-products in order to maintain a healthier lifestyle. What these people do not realize is that they're not actually vegan, they just have a vegan diet.

According to The Vegan Society, veganism defines as "a way of living which seeks to exclude, as far as is possible and practi-

might be best to get rid of those cute leather boots and fancy wool coat.

While veganism preaches that we should feel guilty about "exploiting" animals in our daily lives, it fails to discuss the health risks that come with being a vegan. It is very gracious of those who choose to be vegan to be kind to the animals of the world, but what about them?

Are vegans not living creatures, too? Don't they need the proper care that the animals they are so desperately trying to save need as well?

According to the article "Top 5 Reasons Why a Vegan Diet is a cable, all forms of exploitation Terrible Idea" on authoritynutriof, and cruelty to animals for tion.com, it is common for most France faced murder charges food, clothing or any other pur-vegans to have a slew of vitamin because the mother's choice to deficiencies. The one vitamin the article stresses is crucial to your diet that vegans, as well as vegetarians, lack is Vitamin B12. The article claims that Vitamin B12 cannot be found in any plant life for the exception of some algae and that the only way we can get this in our systems is by eating meat. After doing further research on this important nutrient, I found that the article's findings were accurate. The National Library of Medicine (NLM) clearly states, "Plant foods have no Vitamin B12 unless they are fortified." The NLM goes onto say that Vitmain B12 is important for one's metabolism, the development of red blood cells and maintaining the central nervous system.

ion tutorial. So if you're think- without truly understanding the ing of becoming a vegan, it facts. Yes, they are saving the animals from being turned into delicious steaks or even nuggets, but at what cost?

In an article from Headlines and Global News (HNGN), it was discovered that veganism and vegetarianism is particularly detrimental to young children. The NLA says that Vitamin B12 is essential in metabolism development and how are children supposed to maintain a healthy metabolism without the proper tools? Would you go into a sword fight with a butter knife? No, so why would you want to maintain a diet that can potentially harm you?

In fact, the article found that in 2011, a vegan couple from breastfeed led to the death of their newborn child. HNGN said that the lack of essential vitamins in the mother's breast milk was the ultimate cause of death seeing that the child did not possess the qualities of a well-nourished child. I hope that you have taken away something valuable from reading this article. I hope that those of you that are vegan or thinking about becoming vegan really think about your choices. I hope that if you choose to live your life this way, I have prepared you for what you are getting into. I am by no means judging you for your way of life, but simply I am providing you with information that I hope keeps you safe on the path that you choose to take. For all of my meat loving readers out there, I hope that you are making yourself a cheeseburger or heating up a plate of chicken nuggets. You deserve it.

#### **BILL ROMBA** STAFF WRITER

Internships have become a major part of the college experience. Here at Monmouth, students cannot graduate unless they complete at least one of them and gain some experience working in their respective fields.

At first, I saw this as nothing more than an inconvenience; something else school-related I had to complete that would only eat up more of my free time. And it's not even going to pay, so what's the point? But after completing my first internship this summer, I see how valuable these experiences can be.

As a communication major, I initially thought about interning at a place like the Asbury Park Press or the Star Ledger. But after meet- track cares about giving back, but ing with John Morano, a professor of they also helped boost attendance communication and advisor to The Outlook, he suggested I look into working at the New Egypt Speedway as well. As a big race fan, this was the first place I applied. I started on the night of one of the biggest races of the year; the night when the World of Outlaws 410 sprint car series came to town. My duties involved answering phones and putting wristbands on drivers and fans at the pit entrance. Initially, I really couldn't see what this had to do with my major, but after performing these jobs on a more regular basis, I realized how much my communication skills had improved. To say that I'm quiet would be a serious understatement, but having to deal with the public on a regular basis really helped me become more outgoing; something that journalists and public relations professionals need to succeed. Speaking of public relations, I had taken a few classes surrounding this field at Monmouth, even though my main focus has been on journalism. ingly ordinary places.

When I got to New Egypt Speedway, however, I really got a good taste of how important grassroots public relations campaigns can be.

The speedway is not the biggest operation, so these promotional events usually consisted of myself, the track's General Manager, Allyse Wolfinger, and a few others setting up a table with some giveaway prizes and track schedules with a few show cars off to the side.

Having a visible presence in the community and getting our name out there has had an effect because we saw attendance numbers steadily increase as the season progressed.

I also helped with several fundraisers at the speedway to benefit charities like the Wounded Warrior Project and Toys for Tots. These events not only showed me that the because a number of fans turned out to help donate to these worthy causes.

pose.

So what does this mean for the "vegans" out there? Basically, they are not exactly what they make themselves out to be. Yes, their diet is free of anything animal related, but what about the rest of their daily lives?

Part of living like a vegan involves making sure every aspect of your life is free of any form of animal "exploitation." You may be wondering why I put quotes around "exploitation." Well, let's just say I didn't know that wearing wool could make a sheep feel exploited. I apologize to you, sheep.

Thankfully, the animal rights advocates over at PETA (People for the Ethical Treatment of Animals) has provided the vegan version of "What Not to Wear" on their website. Every article of clothing you could possibly imagine wearing, minus underwear and bras for some reason, is highlighted on this mini fash-

So what does this mean for vegans? Well, they are intentionally putting themselves at risk

I was also given the opportunity to cover an event and do a write up about it.

So while I wasn't writing for a newspaper or magazine, I still had the opportunity to use what I had learned in school about journalism in a real life application. I was able to cover the event, compose a story under deadline and see the public's reaction when it was posted to both the track's website and Facebook page.

Working at New Egypt Speedway was a privilege. Not only did it afford me the opportunity to be involved in my favorite sport all summer long, but it also gave me the chance to learn a great deal about journalism and public relations.

An internship may seem like just another school requirement, but my time at New Egypt showed me that sometimes you can learn some extraordinary lessons in some seem-

# Christie Vetoes Smoking Ban at Beaches and Parks

### BRENDAN GREVE STAFF WRITER

vetoed bill S1772 that would nities in NJ and across the counban smoking from public parks and limit smoking at beaches ing in public places.' across NJ on Sept. 10. According to NJ.com, the bill, which had Sept. 10, one of the bill's sponoverwhelming support in both sors, State Assemblywoman, houses of the New Jersey State Legislature, proposed that violators would receive a \$250 fine preventable death in this country for a first offense, \$500 for the and everyone is well aware of the second, and \$1,000 for a third offense.

According to NJ.com, the bill received a lot of admira- discarded cigarettes do to our altion from environmentalists and ready fragile ecosystems is also and prevent fires.

the Department of Nursing, said, lic's best interests." "Passive smoking is divided into mainstream and sidestream of in his veto message that his smoke. Mainstream smoke is the reasoning for vetoing the bill smoke exhaled by the smoker. was that he didn't want a uni-Sidestream smoke is the smoke form ban. He said that the use from the burning end of a ciga- of centralized powers to place rette. Both cause increased cases restrictions on a public policy and multiple sclerosis."

second-hand smoke a carcinogen should be left to local officials. in 1993. Also smoker's children

are more likely to get respiratory infections. Jannone said, "It is surprising the Governor would NJ Governor Chris Christie veto this when so many commutry have already banned smok-

> In an official statement made Valerie Vainieri Huttle, said, "Tobacco is the leading cause of dangers of second-hand smoking in this day and age."

She continued, "The damage anti-smoking advocates because well-documented. I... hoped the they believe that it will prevent Governor would have joined the second-hand smoke, reduce liter, overwhelming majority of the legislature who supported this Dr. Laura Jannone, Chair of bill by standing up for the pub-

Christie explained in the text of lung cancer, type 2 diabetes, matter is outside of the scope of his governorship. He added that The Environmental Protection implementing a smoking ban is Agency (EPA) officially declared a local policy matter, and as such



IMAGE TAKEN from newjersey.gov Governor Chris Christie addresses beachgoers in Belmar, NJ on Aug. 10, 2014. He held a press conference during this visit to promote healthy beaches to increase tourism.

into place. However, the vetoing processes for state governments are different than those at the federal level. Gregory Bordelon, a lecturer of political science, For now, the bill will not be put said, "New Jersey's Governor,

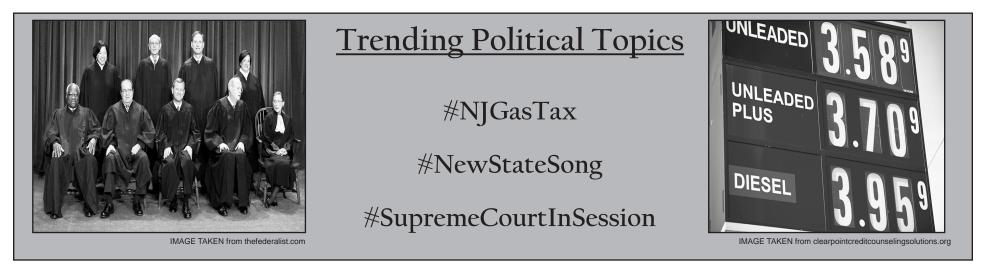
like many other state chief executives, has somewhat more latitude in how to deal with legislation presented to them by their state legislatures as opposed to get the two-thirds vote to overthe US model. The President of ride that veto."

the United States can only veto a bill in its entirety or sign it into law."

He continued, "At the state level, the flexibility given to the New Jersey Governor in the 1947 State Constitution allows for legislation to be enacted much more efficiently. The Governor has something analogous to the lineitem veto, called the conditional veto. A conditional veto allows the Governor to strike portions of a bill, make suggestions and send it back to the state legislature. The State Legislature can then make changes based on the governor's recommendations and send it back to him for signature."

Thus, state governors comparatively have more power in their individual states than the President has over the Senate and House of Representatives.

This is even more apparent with governors like Christie that are on a different part of the political spectrum than their state house. Bordelon said, "The partisan divide currently in state government, however, has revealed Christie using the absolute veto power quite often. The Democratic State Senate and Assembly have never been able to



# Student Loan Interest Rates Reach A Dead End

### IZIAH THOMPSON STAFF WRITER

Senator Elizabeth Warren's "Bank on Students Emergency Loan Refinancing Act", proposed in May 2014 was shot down. The bill sought to "allow most individuals with student loans (both federal and private) to refinance those loans into new federal direct loans at interest rates specified in the bill," according to the Congressional ties, but did not begin to address Budget Office (CBO).

move, pitting students against 7.1 percent interest, owe in agthe wealthy. This is because of the provision within the bill in which the drop in interest will be covered by the wealthiest Americans.

During summer 2013, Congress almost allowed the interest to double from 3.4 percent to 6.8 percent. The outcome was an interest rate fixed on a 10 year treasury note. This was seen as compromise by the parthe growing problem of student

gregate 1.2 trillion dollars, owing an average of 30,000 dollars each. The U.S. Government clears four billion dollars each year from student loans.

Private lenders, however, can raise interest rates as high as 20 percent. The picture is clearly a dismal one for college students as well as graduates. How could it get this bad for students, when there was a time an American could work his way through college?

more in tuition, but then offer students significant discounts in the form of grants and scholarships."

This is evident, looking at the more than 500 percent tuition increase in both private and public schools since 1985, as reported by Bloomberg. At the same time the rise is five times higher than the consumer price index. So students take on more dent loans have put on students debt than ever, at higher interest and their families is immense, rates and the job market has not and the effect is evident.

According to US News, the University of Chicago has eliminated student loans for its incoming freshman class and beyond. Student loans will now be replaced by grants and a financial fund raised by the University of Chicago campaign. There are among 50 universities around the country that reduce or eliminate student loans. The pressure stu-

been there to cushion that blow. Alasio said that the future for

The proposal was voted down debt. by Senate Republicans who claimed the bill was a political students who take out loans at

According to Businessweek,



IMAGE TAKEN from occupy.com After earning a degree students are finding themselves saddled with enormous financial burdens.

According to mintpress. com, the student loan crisis has worked as a vicious cycle. When loans poured in for students, tuition cost was allowed to rise because of this easy money. More loans mean higher tuition to pay for more amenities. Additions are meant to attract more students and therefore more tuition dollars.

Claire Alasio, Director of Financial Aid, elaborated on the difference between financial aid at private and public institutions. Alasio said, "Public colleges and universities are subsidized by the state and, as a result, typically have tuition rates that are significantly lower than those found at private institutions. The lower tuition is the primary discount that the public schools make available to their students and there are little to no institutional scholarships. Private institutions usually charge of years to be completed."

Community Relations and Government, said, "It does not appear likely that Senator Warren's bill will be approved in the Senate and the House, under Republican leadership, [they] would not bring up a student refinancing bill paid for by increased taxes on the wealthy."

He continued, "At this time, it appears that the best chance for this issue to be addressed is within the reauthorization of the Higher Education Act. The Higher Education Act is the major law that governs federal student aid, and in its initial inception, it increased federal money to universities, created scholarships and provided low-interest loans for students."

However, Dement added, "The process of reauthorizing the Higher Education Act just began in June and could take a couple

Paul Dement, Director of student loans is not easily discernable. She said, "As [interest] rates are influenced by the global economy and financial markets, it is impossible to predict whether they will decrease in the foreseeable future."

For now, Monmouth students' income-based repayment of federal loans allow graduates to pay only what they can, based on their income. The Obama Administration has implemented a plan which allows graduates who work for the government to have their loans relieved.

Mike Frisse, a senior business accounting and real estate major, was at a crossroads with the problem. "I guess the government does need a way to cover its bases with interest [when it comes to student debt]. But shouldn't also education be a priority? Students are the future." He said. "Look how Germany has free education now."





# THE PROS AND CONS OF "DESTINY"

#### JOHN MORANO CONTRIBUTING WRITER

There are few video games more popular than "Halo," and few game developers more well-established than Bungie. When Bungie sold "Halo" to create "Destiny," they promised gamers the stars, literally. Now, "Destiny" has been out for a month, and the question is: did Bungie deliver?

My answer is that it depends on what you want from "Destiny." If you loved everything about "Halo" and you're a fan of multiplayer first-person shooters (FPS), then "Destiny" may very well be game-of-the-year. However, if you're here for the story, or the supposedly MMO-inspired character progression, then there's a very good chance you'll be disappointed. For what it is (a multiplayer FPS with roleplaying elements) "Destiny" is outstanding; the problem is that Bungie presented it as more than that.

What "Destiny" does best, above all else, is the player-versus-player (PVP) combat (which should come as no surprise to fans of "Halo"). The controls are two will eventually respawn. This prefect and the selection of weapons and abilities allow for widely varied playing styles. Vehicles and turrets are well executed, and I've never played a game with a better sense of verticality. Jetpacks and other similar movement abilities allow for complex maneuvering during combat and some devastat-

yourself for a melee kill is tons of fun. The ability to summon a vehicle into combat allows you to get to enemies more quickly, and offers more versatility in combat. My fondest memory of this system was using a motorcycle-like vehicle to get me to a turret. The turret had been picking off my team, so I dropped a grenade on its occupant.

My only criticism for multiplayer is that, like with the rest of "Destiny," loot drops are completely random. This means that someone who died ten times and got two kills could get a legendary drop, and the person who carried the team might get nothing. Sure everyone gets equal treatment, but what's the point of trying if you're barely rewarded for it?

I personally thought that, overall, the player-versus-environment (PVE or co-op) mode was quite fun, but it definitely has some flaws. "Destiny" is generally forgiving of player deaths. If every member of a team dies at once, the team is forced to restart from a previous objective. So long as one member survives, the other eliminates most of the tedium of having to redo content after making a mistake. I have no issues with this system, but some have complained that it makes content too easy.

One part of PVE that seemed poorly executed was several of that when you shoot something a few times it should die. However, in the case of group bosses, Bungie disagrees (unless you consider 10,000 auto rifle rounds to be a reasonable number). While you're emptying your ammo into the boss that other enemies are spawning, some of them have to be shot over 100 times. To put it in perspective, one of these bosses took me and two other players 45 minutes to beat (and that was a single attempt).

With this in mind, one would think the rewards would be extravagant. They weren't. I had failed twice prior to succeeding, once due to disconnecting mid fight, which rubs more salt in the wound. This brings me to another point: if you don't have a good internet connection, "Destiny" is virtually unplayable. It seems like a wired connection is generally okay, but Wi-Fi often has issues.

What Bungie did worst was the story mode. First off, the story itself isn't bad; the premise is actually quite interesting. However, the plot as a whole seems threadbare. When Bungie was marketing "Destiny," the words "expansive" and "evolving" were often used. Let's start with "expansive." As

far as story and setting goes, expansive isn't appropriate, not remotely. The story took me at most 15 hours, and I completed every side mission available, along with the group boss battles (specifically the main story. Only two of those

content. (I'm probably being generous.)

That said, I thought that the sounds and graphics used to present the story were outstanding. The most talkative character in "Destiny" was voiced by Peter Dinklage (who plays Tyrion in "Game of Thrones"). Some criticized his delivery, but I personally feel that, considering he was voicing a robot, he did fine.

In terms of the setting, like in most MMO's, there are a series of open maps where you do missions, fight enemies, and harvest resources. However, apart from when you're inside a single city, you will encounter no neutral NPC's (nonplayable characters). You won't harvest more than one resource type per planet. Loot will be difficult to find, and often lackluster when you find it. You will run the same missions over and over and hope for better loot.

Character progression is satisfying at the start of "Destiny," but it plateaus very quickly. One claim that Bungie made was that players would be able to buy ships in game; they neglected to mention that these ships are nothing more than loading screens. I personally think "shallow" would be a more appropriate term for "Destiny's" setting and story rather than expansive. This is not "Halo" meets "World of Warcraft," this is "Halo 2.0.'

Now let's talk about Bungie's

ing kills. Using a jetpack to boost those fought during raids). I think 15 hours were meaningful plot other favorite word, "evolving." As far as I can see, this is true. They do plan to release more content (story, guns, armor colors, limited time events) as the game goes on. In theory, this is great. However, most of this content will take the form of paid expansions. I've already paid \$60 for "Destiny" — why should I have to pay another \$15-20 every couple of months? It feels as though I bought an incomplete product, and am being charged to make it whole.

Bungie spent a lot of money making and promoting "Destiny" (approximately \$500 million). That's almost double what "GTA V" cost. With that in mind, why does "GTA V" have so much more content than "Destiny?" Frankly, it feels as though I paid more for less (though I find myself in the odd position of still thinking that "Destiny" was worth it). At the end of the day, despite my criticisms, I would argue what "Halo" does well, "Destiny" does better.

"Destiny" is difficult to score, as I think there will be an equal number of haters and fans. With that in mind, I'm going to give three scores. The first is my reasonably objective score. If you're like me, with a moderate enjoyment of mul-tiplayer first-person shooters, then I'd give "Destiny" an 8. If you're enraptured by "Halo," or a FPS addict, 9.5 is more appropriate. However, if you're here because of the story, or you expect "Destiny" to be more like an MMO, 6.5 is what I would score it.

# NINTENDO RELEASES SMASHING NEW GAI

#### PHILIP BLIZZARD CONTRIBUTING WRITER

On Oct. 3, Nintendo released the fourth entry in its successful "Super Smash Bros." series on Nintendo 3DS. For anyone unfamiliar with this name, "Smash" is a fighting game starring characters from Nintendo's iconic franchises duking it out in frantic four player action until only one is left standing. Players select one of these characters, and using a variety of attacks and special moves, attempt to rack up enough damage to send their opponents

include famous Nintendo icons such as Mario and Link, non-Nintendo characters such as Mega Man, Pac-Man and Sonic the Hedgehog, and even lesser known Nintendo personas such as Mr. Game & Watch and the Duck Hunt Dog.

This new version offers several first time features aside from new characters. Smash Run allows players to run through environments, defeating enemies and collecting power-ups for their selected character, while competing against three

climbing a tower, to running a race, or anything in between.

Another new mode that takes advantage of the 3DS's Street Pass function is Street Smash. In this mode, players select a token based on a character they have unlocked and do battle with others in a borderless arena. Each token is moved around the field and rammed into other tokens, attempting to knock them out of the arena until only one remains. Winning grants coins and equipment that can be used in the third new game mode, character customization. Character customization is by far the strongest addition equipment in Smash Run, Classic or Trophy Rush, the player can apply them to any character and gain benefits to one of three stats, Attack, Defense, or Speed. Typically, equipping something to boost one stat gives a decrease in another stat in a rock-paper-scissors type of relationship. Attack raising items reduce defense, defense increasing items reduce speed, and speed enhancing items reduce attack. One can cuseven tomize the special moves

ring. Characters in this version who gets the most KO's, to ent versions they've collected. crease the difficulty, and a new Now anyone can take a fighter they like and truly make it their own.

> You can even build your own fighter from the ground up in the form of a Mii Fighter. By using digital avatars saved on your 3DS system, you can create a fighter from three distinct archetypes, a hand-to-hand fighter, a swordfighter, or a gunner, and select special moves in the same way as you all of Nintendo is. The game would a customized fighter. is available for purchase at re-You can even select different tail and as a digital download.

prize wheel designed to give players rewards often yields nothing, causing them to get no bonus after a hard fought battle against Master Hand.

Even with these few drawbacks, and the overall frustrating nature of the game at times, "Smash" for 3DS is an incredible buy for people looking for a game with friends, or to just settle who the best fighter in outfits to customize your fight- For those who want to try the

flying out of t h e

other opponents. After five minutes, all fight-

e r s

a r e brought together for a final challenge ranging from a timed battle

to see

er's appearance and put yourself in the game, literally!

"Smash" for 3DS also offers a to the series. By collecting robust online mode where players can fight with their friends or anyone in the world. They can play for fun in a variety of matches where no statistics are kept, or play "For Glory," with stricter rules in which the wins and losses are recorded for evervone to see. Those who don't want to play can act as a spectator on other matches and bet on winners to get gold that can be spent on trophies and in other game modes.

"Smash 3D" is not without its drawbacks, however. The online mode suffers from loading issues that can cause the action to slow down or even momentarily stop. Classic mode has been overhauled to allow playof each fighter ers to choose their own advenbased on differ- ture, but it costs coins to in-

game, a demo is available in the Nintendo E-Shop as a preview. Now get Smashing!



IMAGES TAKEN from videogamesblogger. com and en.wikipedia.com

The Nintendo 3DS console is a handheld gaming system with innovative 3D features and internet capabilities.

# ABC's "Selfie" Has Potential

#### **BRIDGET NOCERA** CONTRIBUTING WRITER

The new ABC sitcom "Selfie," created by Emily Kapnek and starring Karen Gillan and John Cho, is interesting, to say the least. The show, based on the "My Fair Lady" take of George Bernard Shaw's "Pygmalion," follows Eliza Dooley (Gillan), a social media obsessed young woman who suffers from an embarrassing viral video that plays with some clevdestroys her reputation among her so-called "friends," followers, and co-workers. Hoping to rebuild her image, she enlists the help of marketing expert nation of her and co-worker Henry Higgs desires, (Cho), who will hopefully turn curities, her into a respectable and selfaware member of society.

The beginning of the pilot episode does not cast the brightest light on "Selfie." The set seems. Henup for the premise is done too ry, who is first quickly, and the introduction of lead character Eliza is particularly off-putting. While we are than-thou, is slowly not supposed to really relate to revealed to have his Eliza at all, she is still too an- own flaws. noying and self-absorbed to like or develop interest in. Even between Eliza and the embarrassing situation that Henry also proleads her to seek help from gresses. At first Henry does not really evoke any sympathy until later.

Taking on an interpretation of Eliza is uncomfortan already known work could ably sexist for such also be its detriment. With a modern times. But as familiar premise, it is hard to the characters learn really set the show apart in its more about each other

who turned off "Selfie" after the first commercial. It does not start off very funny, the use of various social media lingo is cringe-worthy, and it takes a while to really get started.

As the pilot continues, though, the series does show some potential, as it gives us more information about our lead characters and er comedy. Through voiceover, we learn more about Eliza, and her expladesires, inseand fears shows that she is not as vapid as she

shown as intelligent yet holier-

The relationship glance, Henry's agreement to "fix"

pilot. I would not blame anyone and begin to relate, the show reveals that it may be more than just Henry changing Eliza, but Eliza changing Henry as well.

The rest of the episode also has some great comedic moments. Its humor is inherently quirky, shown when Eliza

asks for some from help her hipster neighbor and her singing friends, and attends a corporate wedding (David Harewood), and Bryn where some strange yet hilarious vows are given.

Gillan is a great fit for the title character. She is unafraid as Eliza, but never goes too over the top. For those who know her

from her role as Amy Pond on the British television series "Doctor Who," the charm that she exemplified there shines here as well, even through a character like Eliza.

Cho is excellent as well. It is great to see him in a lead role, and he portrays Henry's superiority

complex with sincerity. The two actors also seem to have great chemistry right away. They play off each other well. and both Gillan and Cho have impressive comedic timing together.

Despite only a few short appearances, some side characters have potential as well — especially Eliza and Henry's overenthusiastic boss, Sam

(Allyn Rachel), Eliza's unorthodox neighbor.

It will be interesting to see how "Selfie" will progress as a full series. Led by Kapnek, creator of ABC's recently cancelled "Suburgatory," there is the possibility for a fun, standout series to emerge. "Suburgatory" also began awkwardly, but grew out of its flimsy premise. It focused more on its characters and let its similarly quirky humor shine, and developed into a truly great series before ending. If Kapnek does the same for "Selfie," there is only good to come.

Overall, viewers should give "Selfie" a chance. For audiences who want a light, romantic comedy to fill their time, this show looks like it could turn into a great one. Its cast is game for anything, and with Kapnek's writing skills, there is the possibility of some really interesting, unusual humor that is not the traditional sitcom slapstick. If viewers can overlook the unfortunate first half of the pilot and its silly title, there is a lot to like about "Selfie."

IMAGE TAKEN from canada com Kapnek's quirky comedy, "Selfie," premiered on ABC on Sept. 30. It follows Eliza (Gillan, left), and her quest to reform herself after a social media mishap with help from co-worker Henry (Cho, right).

ONCE UPON A TIME" IS FROZEN OVI

#### KELLY COFFEY CONTRIBUTING WRITER

The small New England town when Season 4 of ABC's hit series, "Once Upon A Time," premiered on Sunday, Sept. 28.

The show's storyline revolves around classic fairytale characters that lose their memories and are transported to our world after a curse created by the Evil Queen, Regina (Lana Parrilla). Even though the curse was broken at the rible storm. Their mother decides end of Season 1, each episode is has restored everyone's memories, we are torn between who is good, who is evil, whom we should root for, and whom we root against. Characters like Snow White, Charming, Prince Rumpelstiltskin, Belle, Robin Hood, Captain Hook, and many more, are still peacefully living in the small town of Storybrooke --- but those who watch the show know that trouble is about to start. In the Season 3 finale, Emma and Hook returned home after being taken back in time to Storybook Land, the original residence of the fairytale characters. While there, Emma freed Maid Marian (Christie Laing), from the Evil Queen's fortress. Emma felt that if she left Maid Marian there to die, she would never be able to live with herself — but by doing so, she complicates the future timeline: Robin Hood (Sean Maguire) is shocked by the reemergence of his previously-deceased love interest. With Maid Marian's return,

what will happen to viewers' new for a different reason. favorite couple, Robin Hood and Regina?

Last season saw not only the reof Storybrooke was 'frozen' over turn of Maid Marian, but the emergence of a figure with a blue gown and ice powers. This could only mean one thing: Queen Elsa (from the hit animated film, "Frozen") has joined us in Storybrooke.

The Season 4 premiere opens in Storybook Land, with Elsa (Georgina Haig) and Anna's (Elizabeth Lail) parents aboard a ship in a terto write a letter to her daughters to still packed with drama. Now that explain why they were aboard that Emma Swan (Jennifer Morrison) ship. She tosses it into the ocean right before the ship goes down, and both parents are killed.

Back in Storybrooke, Elsa finds herself confused and frightened by her new surroundings. Elsa was in search of Anna just before she was brought through the portal to our world with Emma and Hook, which we saw at the end of Season 3. Elsa cannot control her ice powers while scared, and begins freezing Storybrooke.

With Marian back in town, Robin Hood tells Regina that he can no longer continue their relationship because Robin Hood had made a promise to stay with Rumpelstiltskin casts a magical Marian "until death do us part." Regina becomes infuriated and promised Belle he would give up.

reaches out to a long lost friend, Sidney (Giancarlo Esposito), also known as the Magic Mirror, who we have not seen since Season 1. Regina hatches a plan to go back in time and make it so Mairan never existed.

Another one of viewers' favorite couples, Rumpelstiltskin and Belle, were married at the end of Season 3. In the Season 4 premiere, we see Belle bring Rumpelstiltskin to a vacant house where they can spend their honeymoon. Once Belle goes to sleep, spell with his dagger, which he

Of course, there are still a ton of unanswered questions: Will Emma and Captain Hook become an official couple? How will Snow White and Prince Charming handle being new parents now that they have a second chance at it? Will Belle and Rumpelstiltskin split once she finds out his secret? Will Regina go back in time and erase Marian's existence so that she and Robin Hood can finally be together? This season is going to be full of drama, fights, deaths, finding true love, and so much more.

"Once Upon A Time" airs on ABC, Sundays at 8:00 pm.

We then flash to modern day Storybook Land, where we see Anna and Elsa are planning Anna's wedding in the small town of Arendelle. While Anna is trying on her mother's wedding dress, Elsa finds a secret diary from her mother that reveals the real reason for their journey on the ship: they were scared of Elsa and her ice powers. Anna refuses to believe this, and brings Elsa to her soon-to-be in-laws, the trolls. Grandfather Troll tells the girls that, although he does not know the real reason behind the trip, he does know their destination: Mist Haven.

Anna decides it would be best if they traveled to Mist Haven to get more answers, but Elsa disagrees; she cannot leave Arendelle because she is queen. Later we find out that Anna sneaks away to prove that their parents were not scared of Elsa and that they left



IMAGE TAKEN from etonline.con

After being released in 2013, "Frozen" became the highest-grossing animated film of all time. "Once Upon a Time" embraced the craze by introducing the film's two main characters, Anna (Lail, left) and Elsa (Haig, right), in the Season 4 premiere.



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# Apple Orchards Around the State for Your Fresh Fruit Needs

ALISON GOERKE STAFF WRITER

it's time for one thing besides pumpkin spice latte's: it's time to take a trip to the local orchard.

a few apples to bring back to Monmouth and my mom always When autumn rolls around, likes to get a fresh Apple Walnut Pie from the Farm Market. The key to Terhune Orchards is grabbing a bag of cider donuts as soon as they come off of the



IMAGE TAKEN from NJ com

Terhune Orchards in Princeton, NJ, could be a road trip for Monmouth students who want to pumpkin or apple pick. This destination would be perfect to make a day of it on an autumn day off.

orchard in the fall are a tradigives multiple opportunities and places for the public to get their fix of cider, in donut and drink form, and many more au- activities for all ages. There is tumn staples.

Whether you live around Monmouth University, and can major, recommended. "I loved take a trip to Delicious Orchards the corn maze, I went with my or Battle View Orchards, or farther away to Terhune Orchards, the apples and other fruits are ripe and ready to be picked.

As a local resident of Princeton, my family takes a trip to

In New Jersey, trips to the truck from the bakery. They're slightly hot but you can wash tion. Living in the garden state them down with the apple cider, making the perfect sugary combination.

Terhune Orchards is full of a corn maze which Bryanna Recanzone, junior health studies niece over the weekend," Recanzone said. Plus, there is a wine tasting. Terhune has all of their leaf colored bases covered.

Terhune Orchards also in-

I stock up on cider, donuts and mum patch, along with apple ing until the end of October, and gourd picking. Fresh bags of apple cider donuts are consistently being brought to the smaller stands around and their farm market. The same donuts are available every day, year round for people looking to get the taste of fall even in the summer.

According to the website, 'Every week brings bands, wagon rides, food, pony rides and great times at Terhune Orchards.'

Although the corn maze may have been one of Recanzone's favorite things to do at Terhune, the day offered something a little more memorable. Recanzone's boyfriend picked Terhune and one of its patches of mums as his spot to propose over the weekend.

"I ran over to the mum patch," Recanzone said. "I picked my mums and then set the pumpkins down next to them to take a picture. He told me to move to the other side to take the picture, and got down on one knee.'

On the other side of New Jersey are places like Delicious Orchards and Battle View Orchards. Kayla Horvath, a senior communication major, has been to both but said that she most recently has been to Battle View.

'Battleview Orchards is hands down my favorite place around here for pumpkin picking, apple picking, or other fun fall stuff. They have hayrides and it's all pick your own. They also have this little shop with homemade goods and fresh produce. They have the world's best apple cider donuts."

According to Battleview's website, Battleview has been open since 1908. Battleview Terhune Orchards every year. cludes a pumpkin patch and a offers apple and pumpkin pick-

and group picking which needs to be scheduled ahead of time. They also offer a senior citizen discount on Monday and Thursday and hayrides throughout the fall season.

Delicious Orchards offers both Apple Fest and Pumpkin Fest, with Apple Fest being in September and Pumpkin Fest coming up on October 13. Pumpkin Fest is free and will include pumpkin painting and decorating, games, an antique tractor display, live music and free food samples, according to the farm's website.

Perhaps the most enticing part of taking a trip to the orchard is the wholesome quality of these items.

There is no doubt that there is just an extra rewarding feeling of choosing from the freshest quality.

Mary Harris, a certified holistic health coach and specialist communication professor, said, "Picking apples (or any fruit) locally is always a better option because the apples have not had to travel far and are still packed with nutrients, whereas non-local apples are picked, stored, and shipped, often sitting in boxes or on shelves for a prolonged period of time.'

"The fresher the food, the better. Supporting local farms is a nice thing to do, in general. Small farms especially need support from local consumers to stay in business," she said.

Whether you visit Terhune, Battle View, Delicious Orchards, or any other Jersey orchard for that matter, it's tempting to indulge in the Garden State's perks of fresh ingredients and fruits- especially in the fall.



IMAGE TAKEN from newyork.seriouseats.com

Delicious Orchards is another option closer to MU, in Colt's Neck, NJ, for those who want to spend a few hours at the orchard.

# So Long Summer, Hello Autumn: The "Cool" Fashion This Fall

#### **KERRY BREEN** CONTRIBUTING WRITER

As the seasons change, so do the styles. As fall sets in, tank tops and sundresses are replaced by cute jeans and cozy sweaters. It's easy to find evidence of this changing style on the streets of cities like New York and Paris – two cities known for their fashion and taste – but this change is just as noticeable on college campuses.

and brightly colored sandals of summer as the temperatures begin their one can wear it and look good, it's decent towards the cold of winter. comfy and cozy, and it's cute. It wins Combat boots in a variety of styles in every category possible." and colors - mainly black - have surged in popularity again, with women. They can be found just as their versatility making them the staple of many closets. These shoes, especially in their basic black, can be worn with everything from yoga pants to dresses. They're available in more than just standard black, as well - unique colors like maroon or dark purple can be used to give an outfit an interesting twist. Katharine Dix, a freshman political science major said, "Combat boots are wonderful because they go fabulously with any outfit, and then you feel ready to take on the world." Another cold weather friendly apparel is flannel which is just as easy to mix and match as combat boots. Tied off at the waist, it can be worn with a skirt and leggings or just create an overall more pulled-together look. It can also be worn loose and unbuttoned, giving off a more casual impression.

tank top or camisole again gives off that casual, lazy-day look, or it can take the edge off a more structured blouse. This also works with almost every other item of clothing – it can be worn with jeans or a skirt, and it can even be layered over certain dresses for a unique look. The most common style seems to be loose, paired with a graphic tee and jeans, but its versatility offers endless options for almost any occasion.

According Liz Roderick, a fresh-Gone are the light, breezy dresses man psychology major, "Flannel is the epitome of good fashion. Any-

Flannels aren't just popular for

It's more than just the style of clothes that are changing - accessories and makeup evolve as well, changing to match the seasons. According to Vogue, the trend this fall is about statement jewelry, including necklaces in bright colors, earrings with daring shapes, and chunky bracelets.

As outfits lean towards more neutral tones and uniqueness, these bright pieces, especially necklaces, can be used to add a welcome pop of color, so you can dress down, but still feel fashionable.

"Statement necklaces are trending right now, but I have always worn them. Since I like to wear clothes that are on the plain side rather than patterned, a statement necklace makes these clothes pop. With the added jewlery, it makes me look more professional for coming to work, not like I'm just going to Target," said Kristine Simoes, a specialist communication professor.



Another similar growing trend is the statement earring. This can be worn in a variety of ways, but the main theme is to have one earring draw more attention than the other. In most cases, this is achieved by wearing one large, ornate earring, and either leaving the other ear bare or using a small stud.

Fashion blog Refinery29 has offered some more street-style options for this as well, such as mix and matched studs - for example, a black stud in one ear and then a bright color that matches the rest of the outfit in the other. This more subtle version seems to be growing in popularity, especially as the season goes on.

The bucket-purse will remain in tyle although the bright colors from summer are being traded out for darker shades that are more seasonally appropriate, such as browns and some dark greens. These oversized, unstructured purses again match the versatility shown by other popu-lar fall items. They can be dressed down or up, depending on the outfit they're worn with. Ålso popping up in dark colors this season are jeans. Skinny jeans in maroon, brown, auburn, purple and dark green are available at cheaper yet fashionable stores like Forever 21 and H&M. These items seem to be the staples for fall fashion this year, and can be seen spreading across campus. Some items, such as flannels and combat boots, are simply returning to their more popular stages, although they're sure to fade out again when temperatures rise. Other trends, like statement earrings, are beginning for the first time, and will probably stay around as the spring and summer come about.

It can also be paired with a variety of different shirts underneath -a top store choice for college students.

easily in the men's sections of most stores, and they don't lose their versatility. Tyler Vandegrift, a senior political science major, said, "Flannel can be worn by everyone, whether you're a hipster, or into the outdoors, or just following the trends. It's also nice to have something to throw on as it gets colder, besides a sweatshirt."

Besides flannels, long, flowy cardigans are also in style for a more girlish look. Sheer and neutral, cream colors are easy to spot in stores like Urban Outfitters. These light, flowy sweaters that hang below the kneecaps are ideal to wear over a sleeved shirt to brave the brisk air. Pair these with skinny jeans and short cut heeled boots.

In general, more "chic" clothes are apparent now. There is an emphasis on standing out rather than fitting in. This is why stores like Urban Outfitters and Free People, who offer a variety of styles perfect for fall, are a

IMAGE TAKEN from http://www.tumblr.net/search/combat+boots Combat boots are a fall favorite. They can be worn casually with yoga pants or dressed up with skinny jeans for a night out.

# To Cram or Not To Cram: The Answer To The Age Old Question

#### Cramming continued from pg. 1

head off to squirrel away in the library for hours before exams. In the sacred studying space, I still manage to accomplish next to nothing.

McKinny added, "In times of stress, a student can spend over an hour crafting the perfect study nest to defend his or her self from guilt. It all has to be just right, from lighting to coffee, because every single thing that needs to be fixed is another reason not to actually study yet. Some students spend longer trying to reach the perfect setup than Buddhist Monks spend trying to reach Nirvana, and with less tangible results. Students get so wrapped up in the idea of studying that they distract themselves from the actual act of studying."

McKinny also stressed the importance of engaging the material. Rather than just flipping through your notes or staring at a textbook page. "Do something, anything, which tests your knowledge or makes you actually think, then use your notes to find out what you'd forgotten. Then do the problem again, instead of sitting and reconfirming, "Yep, I sure can read this the grade I think I'm going to language all right!"

Some students have realized the negative effects of cramming and are adapting to better study habits.



Cramming for tests, especially midterms and finals not only stress students out, but don't let their minds retain any of the information.

political science major, contends are a good thing. that, "I do not study for exams because when I cram, I don't mine the knowledge of stustudy ahead. I get more stressed out because I'm worried about the professors' guidelines and get.'

By squeezing in study hours over a longer period of time, at all. Miller has more success on her exams. That being said, she ness of various study methods Natorye Miller, a sophomore doesn't necessarily think exams indicates that cramming does

"I don't think exams deterdents," Miller points out. "I feel the participation a student does in class better determines that." Dr. David Payne, associate professor of psychology, doesn't believe in the cramming method

"Research on the effective-

not help people remember for very long, and so even if it does get students through a test they will take a couple of hours later, they will still have to study that information all over again for a later test (such as a cumulative final exam), almost as if they never studied it before. In contrast, studying it spaced out in time OR in a different way than get plenty of sleep, we can nail you read it (not just re-reading our midterms and get back to the book or class notes) helps having fun.

you learn it for the long term, in case you ever need it again." said Payne.

Payne continues, "Possibly the most effective method for most people is to practice remembering the information, as with PROPERLY USED flash cards (no peeking at the answers!), even though people feel as if they know it better if they just re-read it instead of practicing remembering. That advantage is called the "testing effect."

"Our minds fool us into feeling as if we are better prepared by re-reading rather than by practicing how to recall the material, but the research shows otherwise. Not only is cramming stressful, but you also walk into the test not really having any way to be sure what you do or don't know - a pretty good way to set yourself up for a surprise (often an unhappy one) when you get your grade. Although I would not advise changing something that is already getting them good grades and producing long-lasting memory, if you think cramming does that for you, your are probably wrong, etc. and asking for trouble."

As midterm exams approach us, we students have to start preparing as soon as we can. If we study a little bit every day, engage our material rather than just flipping through notes, and

# **Jhe Good**, THE BAD, And The Ugly: Students Spill All About Their First Jobs

#### VICTORIA KEENAN FEATURES EDITOR

At this point in our lives, most of us have had a first job. It could have been working for our parents, it could have been babysitting the neighbor's kids, or it could have been filing papers in an office. Whatever our first job was and whether we liked it or not, at the time we were probably just happy that we didn't have to ask our parents for money anymore. Some of us still might ask our parents for money, but that's another story.

My first job was at a little family owned ice cream shop a few blocks from my house. What 15-year-old girl doesn't want unlimited ice cream? This girl did. So I scooped ice cream and made the occasional milk shake and banana split - served with a

found, don't have common retail jobs, like I did, or restaurant jobs, like everyone else I knew did.

"My first job was being a janitor. I waxed floors, cut the lawn, painted walls and cleaned bathrooms. I got the job because my mom works in the school district where I worked. It taught me how to clean," said Jeremy Corrente, a freshman homeland security major.

Dylan Hughes, a freshman criminal justice major, was first employed as a garbage man, something you wouldn't really think of a student doing.

"Being a garbage man was very difficult; my mom's boyfriend was the head of the DPW

I worked five days a week, nine hours a day. It was a tough job for a 17 year old kid, but the money was worth it," said Hughes.

Senior history and education major Eric Szkodny still works at the first job he had. "My first job was a summer catering job that I got through a friend when I was 15. When I accepted the job, I didn't know that the company was mainly involved in working at concerts and festivals. My first event with the company was Rock The Bells on Governor's Island in NYC. I was given a lemonade stand in the middle of a field and after a quick demonstration of how to make fresh squeezed lemonade I was left, by

ing nice to people. Some people, I in my town and got me the job. myself, for the whole concert."

Szkodny continues, "While I was getting the stand set up for the long day ahead of me I was approached by a group of people for lemonade. These were my first customers so I was a little nervous and when I looked up I couldn't believe my eyes. Method Man from the Wu Tang Clan (who was performing at the festival) was my first customer! I was shaking while making the lemonade and gave it to him free of charge and in response he said "My man!" and gave me a fist pound. I still have this job and work for every summer. I've been front row at Drake and Lil' Wayne concerts and back stage at county music festivals, but noth-

ing will compare to my first day on the job."

Robert Scott, a specialist professor of communication, explained that most of his life has been spent on and off fishing boats, from commercial to private to charter, which are all very different styles.

"All the boys started hanging out on docks and waited for boats to come in to clean them, it would be a competition. We were called wash-down boys, we'd sometimes help fillet the fish and clean for the tired fishermen. This gave you your first shot at working on a boat," said Scott.

"I also worked on a lobster boat when I was very young until I got my first shot at working on the fishing boat. I did it professionally and just for fun. I would be on the boat full time for seven or eight months in Florida, the Ca-

dirty look for making me do extra work and wash extra dishes.

When no one was there I would read books or watch movies. A pretty peachy first job, but it didn't teach me how to deal with many different kinds of people. One would think everyone going to get ice cream would be happy and cheerful. This is not correct. In fact, most people coming to get ice cream were miserable. The all you can eat ice cream made up for it, though.

The ice cream shop eventually closed down because people in my town don't eat ice cream in the winter. I know, I don't understand it either. So I moved on with my high school career and went through office and retail jobs.

Nothing I had ever done was too unusual. Of course, weird things happen at every job, but at work revolves around me be- who they are today.



IMAGE TAKEN from fbnstatic.com

most of everything I've ever done Students first jobs teach them life lessons, such as communication and independence, and help shape

ribbean, etc. and whenever we got days off, which was rare, we would fish for fun. I was still doing it every summer up until last year," Scott continues.

Most of us have moved on from our first jobs, while some of us might continue working at these places today. No matter where you may have worked, good or bad, your first job probably taught you communication skills, money smarts, and most of all, independence.

Opening that first paycheck gives you an accomplished feeling, and as the years you go on, you realize every paycheck feels that good. Working for your own money is a satisfying feeling and the thought helps you get through the week a little easier. No matter how you may have felt about your first job, you can probably agree that it was a learning experience and has helped you get to where you are today.

# Will The Approaching Cold Weather Cause Students to **Freeze Up** or CHILL DUT?

### ROBERT ZADOTTI CONTRIBUTING WRITER

There is something about life on campus that just exudes the comfort; whether students are walking to class with friends as autumn leaves flutter from trees, throwing a football around on the quad, going out on the town or going to the beach. Students have freedom here: the ability to settle in, study and enjoy their new home.

However, no summer warmth lasts forever. Winter is coming. In the approaching months, cold weather will arrive and affect the entire campus. But once winter's chill gets it's grasp on Monmouth, how will the students be affected? Do the cold months have a different effect on upperclassmen than their juniors?

First, let's look at the facts. Once it gets colder, there are fewer activities for students to do and be distracted by. Less hanging out outside and more being confined to dorm rooms, due to either snowfall or cold temperatures in general.

For the fall semester, the closer we get to finals, the colder the weather gets. This is almost symbolic of the approaching pressure of going to the beach or hanging placed on students. That way students will (hopefully) goof off while the weather is warm and classes are just beginning. However, if the habit persists, students will have both the cold weather and in times of cold weather, students exams to deal with. So, how the last might actually become more studimonths of the year affect students ous. This holds well academically, won't buckle under pressure in the



College students are less likely to do physical acitivites and more likely to stay indoors and study during the cold months at school.

is entirely dependent on how much more or less they study in the colder times of the year.

"I'd actually say students study more in the cold months," said Kenneth Mitchell, an associate professor of political science. "There are way less distractions in cold weather, so without the option out around campus, some students are inclined to stay in and get their work done.'

That certainly seems possible. With a lack of activity on campus

students to study, it can also drain them so much they don't do anything at all.

Mitchell continues. "Our school also tends to shut down easier if it ever snows, seeing as how we're more of a beach-culture at West Long Branch. With more days off and staying in, students can be just as tempted to goof off as in warmer times. When the coldest weather comes, that's usually the time for exams. The easier, introductory stuff comes in the warmer months.

Hopefully the student body

but be warned: if the cold can force colder months. As we all know, frozen things break more often than they bend. Yet some students might take a hint form their more primal instincts and opt for hibernation.

IMAGE TAKEN from hsc.harvard.edu

"I am extremely lazy so I will leave later for class, rarely go to the dining hall, and try to not walk anywhere when possible," said Hannah Lavia, a freshman marine biology major.

It seems that the cold weather can inspire laziness as much as it can inspire a drive to work. The desire to go down to the beach or hang out around campus could simply be replaced with the desire cally happen just because it's cold."

to stay in bed and not go outside. But could that just be a freshman's thoughts? Could an upperclassman have a different response to the cold weather?

"People just don't go outside as much," states senior political science major Tyler Vandegrift. "Instead of going to the beach, they might just watch Netflix or something.'

This proposes an interesting theory. Students might not get any more studious or lazy once the weather gets cold, they may just have their "warm" interests replaced by activities suited to the colder weather. In the end, it appears that it just depends on the student's own work ethic and laziness

When the weather gets cold, students will stay inside and either study due to a lack of options, hang out just as much in new weathersuited ways, or just do as they normally do, with no more or less studying or goofing off regardless of the new temperatures.

Cold is just cold, and despite what may come academically or socially in those months, students will approach them in whatever way suits their own personality. So as a word of advice to all Monmouth students: try to take advantage of the cold weather and get some work done

Or, as Vandegrift adds, "If you didn't have the drive to stay in and study before, it's not going to magi-

# Professor Ping Zhang Gets Down with 62 Questions

#### NICOLETTE ACCARDI CONTRIBUTING WRITER

The Outlook got a chance to sit down with Ping Zhang, an adjunct Chinese and foreign language professor. Zhang was asked 62 rapid fire questions without time to give much explaination. This is what she said:



Outlook: What is your favorite place in China to visit?

- PZ: Xi'an, my hometown. Outlook: What do you miss the most about China?
- PZ: My family members and
- Chinese food. Outlook: How is the culture dif-
- ferent from America? PZ: In America, things are done
- via email, while things are done on the phone and at the meetings. Outlook: Do you ever go back?
- PZ: Not recently. Outlook: Does your family still
- live there? PZ: Yes.
- Outlook:Where did you go to college in China? PZ: Beijing.
- Outlook: What did you study in college?
- PZ: Business English.
- Outlook: What made you want to

#### PZ: I am still learning.

Outlook: If you could be fluent in another language what would you stead? pick?

#### PZ: French.

- Outlook: When did you come to America?
- PZ: Four years ago.
- Outlook: Why did you choose to come to America?
- PZ: Prior education experience. Outlook: How is the physical appearance of China different from
- America? PZ: Huge parking lots with less
- people in malls.
- Outlook: What made you want to live in New Jersey?
- PZ: My job.
- Outlook: Do you like New Jersey? PZ: Yes.
- Outlook: What is your favorite place in New Jersey?
- PZ: The beach.
  - Outlook: Have you lived in any

Outlook: If you weren't teaching Chinese what would you teach in-

#### PZ: International Business.

Outlook: If you had another profession other than teaching what would it be?

#### PZ: A position related to international business.

- Outlook: Since Monmouth is right near a beach, do you ever visit it?
- PZ: Yes.
- Outlook: Are there beaches in China?
- PZ: Yes.
- Outlook: What are some of your hobbies outside of teaching?
- PZ: Cooking, Tai chi, reading, listening to music
- Outlook: Do have any interest in the activities here at Monmouth? PZ: Yes.
- Outlook: Is there a Chinese club on campus?
- PZ: Is Chinese Student Associa

Outlook: If so, what are they? PZ: Chinese festival celebra-

- tions & Foreign Language Festival in November.
- Outlook: When are they?
- PZ: Mid-Autumn Festival in September and Chinese New Year in February.
- Outlook: Do a lot of students participate in the activities?
- PZ: A lot of Chinese students.
- Outlook: Do other faculty members participate?
- PZ: Yes.
- Outlook: Why should students take Chinese?
- PZ: To discover appreciation of another culture, become openminded, and to become competitive in the job market.
- Outlook: What profession/professions do you think has the Chinese language in demand?
- PZ: International business, interpreter/translator. ESL/ Chi

PHOTO COURTESY of Nicolette Accardi Ping Zhang is an adjunct Chinese professor who moved to The United States from China four years ago to teach.

Outlook: What part of China are you from?

#### PZ: Beijing.

Outlook: How many years did you live there?

#### PZ: More than 40 years.

Outlook: Did you live in any other parts of China?

#### PZ: Yes.

Outlook: What is your favorite memory while living in China? PZ: The people and the food.

PZ: Because of my interest in other states? English.

Outlook: Did you attend any schools here in America?

#### PZ: Yes.

Outlook: Did you teach in China before coming to America? If so, what did you teach?

#### PZ: Yes, English.

Outlook: What made you want to be a teacher?

#### PZ: I like to work with students.

Outlook: What made you want to leave China?

#### PZ: My interest in the English language.

Outlook: When did you learn to speak English?

#### PZ: Grade six.

Outlook: Is English a dominate language in China?

PZ: Not an official language, but a popular 1st foreign language.

Outlook: Was it hard for you to learn?

#### PZ: No.

Outlook: How long did it take?

#### PZ: Yes.

Outlook: If you could live in any other place where would it be?

#### PZ: Virginia.

Outlook: What made you choose to teach at Monmouth?

#### PZ: The Chinese program and the inviting professors and staff.

Outlook: How long is the commute from your home to Monmouth?

#### PZ: Within 10 minutes.

Outlook: *How long have you been* teaching here?

#### PZ: Three years.

Outlook: What is your favorite thing about Monmouth?

#### PZ: The warm smiles at the MU

#### campus

Outlook: What is your least favorite thing about Monmouth?

#### PZ: The pizza.

Outlook: What is your favorite lunch spot here?

#### PZ: Student center.

Outlook: What do you order? PZ: Salad.

#### tion considered a club?

Outlook: Do students have a hard time learning the language?

#### PZ: The American students do. Outlook: Do you get a lot of stu-

dents willing to learn the language? PZ: No, only seven-12.

Outlook: What is your favorite kind of student?

#### PZ: Open-minded and ready to explore in different culture.

Outlook: What is a pet peeve that some students do?

PZ: Student's comment: "that is strange." It means students are not ready to understand and appreciate different cultures in global settings.

Outlook: Why do you like being at Monmouth?

PZ: Wonderful, supportive professors, the administrative staff and the beautiful campus.

Outlook: Are there any activities that go on at Monmouth that are dedicated to Chinese culture? PZ: Yes.

#### nese teacher

Outlook: Is Chinese a common language in America?

#### PZ: In cities where there is a big Chinese population.

Outlook: Are there study abroad opportunities in China for students here at Monmouth?

PZ: The summer program with Prof. Wang from the Computer Science Department.

Outlook: *Who is eligible?* PZ: MU students.

Outlook: What university in China is it affiliated with?

PZ: Nanjing University of Science and Technology, Xi'an University of Posts and Telecommunications and Xi'an University of Science and Technology.

Outlook: What part of China is it in?

#### PZ: Nanjing: east part of China; Xi'an: central part.

Outlook: To end, what is your favorite Chinese word? PZ: 开心 (kai xin) - Happy

# Austin Renfroe Quad Concert Rocks the University

#### ALYSSA TRITSCHLER CONTRIBUTING WRITER

Up-and-coming musician Austin Renfroe performed at "Stars and S'mores," an event co-sponsored by the Residence Hall Association (RHA) and the Student Activities Board (SAB), on Tuesday, Sept. 30 on the Residential Quad. The event featured music, multiple bonfires, s'mores, and hot chocolate for all University students.

Renfroe is known as a soulful singer and songwriter from Atlanta, Georgia. He tours colleges and universities around the country. Starting off his quad concert, Renfroe captured the hearts of the University community by singing covers of Disney songs including pieces from "Tarzan" and "The Little Mermaid."

"The artist did a lot of interesting covers and really brought spirit to the quad," said Amber Nolan, a sophomore criminal justice major and Vice President of Advocacy for RHA.

SAB President and junior business administration major Dylan er. Vargas said he saw Renfroe per-

National Association for Campus Activities (NACA). After seeing his showcase, the executive board decided he was a good fit for a campus event "because he gave off a good vibe," according to Vargas.

"The quad was well lit by the bonfires, which gave the event a relaxed and pleasant atmosphere," said Cristina Rauco, a junior Engl- tickets for their upcoming event, SAB have decided to work togeth-

form at their national conference, and had an exceptionally high attendance for a Tuesday night concert," said Tom Egan, junior business administration major and vice president of SAB.

> SAB tabled at the event to sell CD's for \$8 and t-shirts for \$20, both featuring Renfroe. Proceeds from the merchandise went directly to the musician. SAB also sold

dent Activities and Student Center clubs on campus, such as RHA, to Operations, Megan McGowan. McGowan was approached by SAB about the event, which she then followed up with an approval. McGowan, working cooperatively with Alicia Thompson, advisor of RHA, helped kick start the planning of the event.

"I'm really happy that RHA and

"I'm really happy that RHA and SAB have decided to work togehter on our coffee house series this semester. They have some great things planned this year that I highly recommend students come to and check out the events."

#### **MEGAN MCGOWAN**

Assistant Director of Student Activities and Student Center Operations

experience at the event.

Students filtered in and out of surrounding the bonfires to keep warm, make endless s'mores, and enjoying the first of the fall weath-

place on Friday, Oct. 3.

"We have been having great the quad throughout the night, turnouts this year and have stepped up our game as far as event quality. We can't wait to see what's to come in the future," Vargas said.

Overseeing "Stars and S'mores" "This event was very successful was the Assistant Director of Stu-

sih major, when asked about her "Groove Boston," which took er on our coffee house series this semester," McGowan said. "They have some great things planned this year that I highly recommend students come to and check out the events.'

> remainder of his executive board plan to continue pairing with other the semester.

promote unity while also encouraging a larger crowd of students with dual promotion techniques.

Carly Trill, a sophomore social work major, "I supported RHA and spent time with friends while watching a great performer."

The outside concert also gave freshmen students a chance to complete part of the S.H.A.D.O.W. program. Every year, the Office of Transitions and Leadership Programs in the Division of Student Life organizes the S.H.A.D.O.W. program, encouraging first-year involvement on campus. It is a nine-week challenge. S.H.A.D.O.W stands for Service and Leadership, Hawk Pride, Academics, Diversity, Organizations and Involvement, and Wellness.

The program gives first-year students the opportunity to become involved on campus by attending events hosted by several organizations. "Stars and S'mores" counted within the Organizations and Involvement category. Upon comple-For future events, Vargas and the tion, first year students are entered into prize drawings at the end of

# Delta Phi Epsilon's ANAD Vigil Raises Awareness

#### **ERIN ALLY** CONTRIBUTING WRITER

Delta Phi Epsilon (DPhiE) held their annual Anorexia Nervosa and Associated Disorders (ANAD) Vigil to raise campus awareness of eating disorders on Wednesday, October 1.

Sam Rivera, a senior business management major and sister of DPhiE, opened the ceremony by speaking about the purpose of the ANAD Vigil.

"Its purpose is to raise awareness to those who may not fully understand the devastation of eating disorders," Rivera said. "It allows people to understand and relate to the stories and experiences of those who actually suffer from these disorders."

The vigil began with a video clip that informed the audience of statistics such as 81% of 10 year olds are afraid of being fat, and 80% of women say media make them feel insecure. The purpose of the video was to promote body confidence and share the startling truth about eating disorders.

DPhiE also provided three speakers who shared the stories of their own struggles with eat-

ing disorders, explaining to the audience that those who are affected by eating disorders are often right in front of us.

"I was completely blown away by the speakers' testimonies," said Alexis DeCarvalho, senior sister of Alpha Omicron Pi who attended the event. "One of the most important things I learned from each testimony is that there's not just one representation of what an eating disorder looks like."

Another video clip was shown at the vigil from the Dove Real Body Image. The clip involved an artist, drawing a woman, without seeing her, as she described herself. Then the artist drew the woman again, but this time based on a stranger's impression of her.

When the two pictures were shown side-by-side, the drawing based on the woman's description of herself was less attractive than the way the starnger described her.

"The video clips were ex-tremely powerful," said Alexis Aceti, a senior biology major and sister of Zeta Tau Alpha "It really shows that as women we tend to only see our imperfections



Delta Phi Epsilon sisters support their philanthropy at their annual Anorexia Nervosa and Associated Disorders (ANAD) Vigil.

and see ourselves differently than the way others see us."

This year, being the third year this event has been held, DPhiE decided not to charge admission, but still raised \$300 in donations benefitting the sorority's philanthropy, ANAD, to support those suffering with eating disorders.

"Since 1976 ANAD has been dedicated to the prevention and awareness of eating disorders by providing many multifaceted programs, such as vigils, auc-

tions, and walks," said Rivera. "ANAD looks to support and help suffering individuals and their families, and has centers all over the nation so that people can get the physical, mental, and emotional help that they need."

"The event was able to bring light to a problem that is often kept in the dark," said Aceti.

"I would absolutely recommend anyone to attend this event," said DeCarvalho. "Whether you're healthy, struggling with the disease yourself, or know someone who finds themselves battling it, it's extremely important to raise awareness and become educated about it."

"If you are struggling with an eating disorder and seeking help," Rivera said, "Student Psychological Services on the third floor of the Student Center provides counseling for any type of struggle a person may be going through."

### PHOTO COURTESY of Sam Rivera

# CLUBAND GREEK ANNOUNCEMENTS



Phi Sigma Sigma's Monmouth Idol event will be held on Wednesday Oct. 22. This great event is where people can volunteer to sing a song of their choice on stage and to just have fun! Proceeds from the event go towards Phi Sig and their philantrhopy. If you are interested in signing up to participate in the competition contact Nicole De-Sarno at s0940407@monmouth. edu



Zeta Tau Alpha's Think Pink Week supporting Breast Cancer Awareness & Education starts Monday! On Monday October 6th we'll be selling pink lemonade and baked goods on the Student Center Patio 11-5, Tuesday will be Fall Into Pink, silent auction and festival cosponsored with PRSSA on the Student Center Patio from 11-5, and Wednesday night will be a Pink Out Soccer game at 7pm on Hesse Field."



The Student Alumni Association (SAA) is celebrating Shadow's Birthday on Monday, October 6, 2014 to kick off Spirit Week. Join SAA and Shadow to celebrate the occasion with food, games and giveaways. The party will be in the Student Center Dining Area (back by the fireplace) at 7pm.



Do you love to write? Contact Caitlyn Bahrenburg at s0904759@ monmouth.edu.



Interested in joining the new Track & Field/ Cross Country Club? Please attend a meeting on Friday at 1 p.m. in the Green Room of the MAC, located on the 1st Floor, in the back hallway. We will make plans for practice sessions and upcoming opportunities to train and compete. For more info contact club advisor Joe Compagni at jcompagn@ monmouth.edu or group leader Alexis Knowles at s0933478@monmouth.edu.



Would you like to learn more about Human Resources and the growing career opportunities within the field? Join the Student Chapter Human Resources Club and learn about an exciting profession that employs individuals from all majors. Our club is active and exposes its members to industry professionals through a variety of events. If you would like to know more about the club, please contact Ellen C. Reilly at ereilly@monmouth.edu.





If you could go back in time, who would you meet? COMPILED BY: KIERA LANNI



#### **TOP LEFT:**

STUDENTS CHECK OUT THE SELECTION AT THE UPDATED PROVISIONS ON DEMAND (POD) CONVENIENCE STORE IN THE NEW HALL DORM BUILDING ON-CAMPUS. (PHOTO COURTESY OF ALYSSA GRAY)

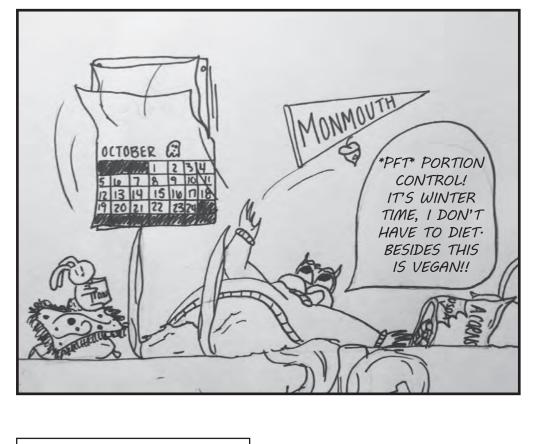
#### **TOP AND BOTTOM RIGHT:**

STUDENTS OF ALL YEARS AND MAJORS JAM OUT TO HOUSE MUSIC AT THE STUDENT ACTIVITIES BOARD GROOVE BOSTON EVENT, WHICH TOOK PLACE THIS PAST FRIDAY IN THE MAC.

(PHOTO COURTESY OF VICTORIA RIVERA)

# COMICS

### "MISGUIDED UNDERSTANDINGS" BY ALYSSA GRAY





Sabrina Freshman

"I would meet my grandmother because I never got to actually meet her since she passed away when my mom was a kid."



Andrew Senior

"I would meet Siddhārthta Gautama, who is also known as The Buddha."



Taylor Junior

"Picasso just because I want to see how his mind works, and how he went from

A SO-YOU-SAY COMIX #51

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doing such elaborate paintings when he was young to doing the most simple things when he was older."



Beth Gilmartin Lecturer- English Department

"I would probably meet Lady Gregory, who was a writer that I did my dissertation on, so I could ask her if I was right."

# Hawks Football Steamrolls Robert Morris University

AL TILLERSON STAFF WRITER

needed to prove that they would be okay without one of their star players, they made a quick statement as they dismantled sure started up front with their their former Northeast Confer- defensive front seven, who deence foe, the Colonials of Robert Morris University by a score of 51-20. The Hawks improve last. Sophomore outside linetheir record to 4-1 for the first time since 2006 while RMU drops to 0-5.

Even though the Hawks' up-tempo offense was in full effect, the defense stole the show by forcing six turnovers. The defense also placed a ton to their defensive efforts with of pressure on Colonial quarterback Derik Abbott, sacking him a season-high seven times as well as accumulating 12 tackles-for-loss. In back-toback possessions in the second half, the Hawks intercepted errant Abbott passes, one of was by sophomore Kevin Butler for Abbott, which led to two forced a 40-yard score in the fourth fumbles that really dictated the quarter, the Hawks' first picksix since 2010.

continued his stellar play in his ing the quarterback," Callahan rookie campaign by hauling his third interception of the season seven times and forced him into and returning it 56-yards deep into Robert Morris territory. His forced turnover led to a six stantly and he put the ball on the yard scoring plunge by sophomore sophomore running back defense is something we need Zach Welch.

prime field positions and our made his first career start and offense took advantage of that made himself known by scor-If the Hawks' football team and put points on the board. It was a very good team win collectively.

> The Hawks defensive presliver bone-crushing hits from the opening start until their backer Payton Minnich led the way for with the Hawks with 11 tackles while junior linebacker John Sieczkowski contributed with nine tackles of his own. Basile and junior linebacker Tyler Thompson also added eight tackles and several hellacious hits.

> However, senior defensive lineman Zak Irizarry had a career day with five tackles, three tackles-for-loss, including 2.5 sacks. Irizarry also delivered some body-rattling blows to flow of the game.

"I thought our defense live Freshman Mike Basile also line did a great job of pressursaid. "We got him on the ground some bad throws and bad decisions. We hounded him conground. That type of tenacious to continue to have and improve

"I thought the defense made an awful lot of big plays and turned some of them into touchdowns. They gave the ball to our offense in prime field positions and our offense took advantage of that and put points on the board..."

> **KEVIN CALLAHAN** Head Coach

Getting to know...

trip out here to Robert Morris. I was particularly pleased with the schedule." the way our offense and defense seemed to feed off each other,"

"It's a great win on our final upon as we move forward and get ready for the remainder of

If there was ever any doubt that the Hawks would be able said Monmouth head coach to sustain its offensive out-Kevin Callahan. "I thought the put without the presence of ceiving yards. defense made an awful lot of senior running back KB Asbig plays and turned some of ante, it did not take long to si- also had contributions from them into touchdowns. They lence those claims. Sophomore fifth year senior Lamar Dav-

gave the ball to our offense in running back Lavon Chaney ing in remotely different fashion in the first quarter. On the Hawks' second possession of the game, the offense drove the length of the football field and scored when senior quarterback Brandon Hill found Chaney on a screen play to the right as Chaney followed the convoy of blockers into the end-zone for the seven yard score.

On the ensuing drive, following a Colonials' turnover, MU picked up where they left off by using their up-tempo offensive attack en route to a two yard plunge up the middle by Chaney. Chaney would add another score via a 23-yard run in the third quarter.

With Asante's absence from the running back rotation, the Hawks needed to lean on Chaney to shoulder the load. His added workload meant more opportunities for various backs such as Welch and the emergence of junior Ed Royds, who was playing in the defensive secondary and special teams as of last week. The sophomore running back, Welch, chipped in with 51-yards on six carries, including his six yard score in the fourth quarter following Basile's interception. Rovds, a transfer from Navy, took nine carries for 48-yards.

"Lavon is someone we have the utmost confidence in," Callahan said. "We were very confident that once he got the opportunity to demonstrate what he could do, he would take advantage of it and I think that is what we saw today. Not only did he rush the ball and make some big plays, he was very effective catching the ball. I'm very happy with what he did. The younger guys behind him stepped up and got some carries themselves in Zach Welch and Ed Royds."

Chaney would finish the contest with 163-all-purpose-yards, including 113-yards on 22-carries as well as 50-yards on four receptions. Senior receiver Neal Sterling led the aerial assault with 144-yards on five catches. It's worth noting that Sterling is 58-yards shy to move into second place all-time for career re-

During the game, the team



PHOTO TAKEN by Taylor Jacksor Sophomore Lavon Chaney collected a total of 163 yards and scored three touchdowns in his first collegiate start.

enport (3-catches for 21-yards), fense is clicking on all cylinders sophomore Darren Ambush as the weeks leading up to their (2-catches for 32-yards), sophomore Matt Choi (2 for 27-yards), senior Eric Sumlin (2-catches for 22-yards), senior Hakeem Valles (a catch for 16-yards) and senior Jake Mauro (1-reception for 19-yards).

Hill continues to churn up impressive passing numbers as the weeks continue to pass. Hill, who completed 20-of-37 passes in the game, finished with 331-yards and two scores: a first quarter screen to Chaney and a perfectly thrown 31-yard rainbow to Sterling in the third. With four 300-yard passing performances in his career, Hill ties Kyle Frazier for MU's first all-time in that regard. Hill now has thrown 11-touchdownpasses to 3-interceptions. As a whole, he led an attack that posted 523-yards on 78-plays. Needless to say, the Hawks' of- Carolina State.

Big South opener are drawing closer.

After winning two-of-three in their "Tour de Pennsylvania," the Hawks will return home and prepare for their contest against the Lions of Columbia University (0-3) for the University's Homecoming game. Kickoff at Kessler Field is set for 1:00 pm.

Following the Columbia game, the blue and white will have a week off before they finally take part in their first conference game as members of the Big South.

It will be a tough test to open up the conference part of their schedule as the team will travel to South Carolina to take on a Presbyterian team who is currently 3-2, with both losses coming against FBS powers Northern Illinois and North

	Hometown?	Soccer team?	Dream vacation?
	San Pedro de Montes de Oca, San Jose. Costa Rica	Liga Deportiva Ala juelense (Costa Rica) and Everton (Internationally)	Renting an igloo in Finland under the northern lights
E E E	<b>Favorite movie?</b> The Lion King	Favorite book? Into the Wild	<b>Celebrity crush #1?</b> Emma Watson
DAVID ACUNA CAMACHO	If it weren't for soccer, what sport would you play? Basketball	When did you start playing soccer? Since I had memory! I got into an actual soccer academy by the age of 7	If you could be a super hero, who would you be? Iron Man
Midfielder Junior			

# Field Hockey Edged by No. 20 Michigan State

JOE RUGGIERO STAFF WRITER

On a rainy Saturday afternoon, the Hawks faced the nationally ranked Spartans of Michigan State on So Sweet A Cat Field to conclude their five game home stand. MU had the momentum early in the 22nd minute as senior forward and team captain Amanda Schoenfeld scored the first goal of the game. Three minutes later, a first half, from playing good decontroversial call gave Michigan State a penalty stroke. Unfortunately for the Hawks, Alli Helwig put it past starting goalie Christen Piersanti to tie the outshot the Spartans 13-5, but score at one leaving momentum up for grabs.

teams were looking for that next goal. The Hawks opportunity came in the 31st minute when seniors Schoenfeld and Trish O'Dwyer seemed to be passing the torch to freshman forward Meg Donahue when the two seniors passed it back and forth leaving Donahue open for an easy goal giving the Hawks a 2-1 lead. MU's defense continued to play well holding the Spartans to minimal scoring chances.

in the first half, junior midfielder Cori Allen set up the two seniors once again as she sent one into the circle. O'Dwyer tipped a pass to Schoenfeld who quickly passed it back to O'Dwyer who had an open net after she faked out the Spartans' goalie and knocked in her fifth goal of the year. The Hawks went into half time up 3-1.

'We had a really balanced fense to balanced midfielders to great attackers," said head coach Carli Figlio.

In the first half of play, MU the second half went in favor of Michigan State. With just With the game tied again both over fifteen minutes left in the game, the Hawks were able to maintain the lead. The Spartans then turned things around, scoring two goals at the 10 and five minute marks bringing the game to a tie at 3-3. Late in the second half, the Spartans scored again producing a 4-3 lead, but after a talk between the two officials the goal was called off and the game remained tied.

and Spartans went into over- start. The game's first 15 min-

decisive goal. With the win, the Spartans improve to 7-4 while the Hawks fall to 4-6.

Coach Figlio believes that if the second half performance could match their first half dominance, the Hawks would have pulled out a win against the nationally ranked no. 20 Michigan State.

"I think putting two halves together is really important for us, just finishing the game and making sure the other team cannot come back," said Coach Figlio.

Although the Hawks did not win against the Spartans, they were able to earn their fifth victory of the season when facing the Villanova Wildcats on Sunday evening.

Courtesy of O'Dwyer's hat trick, the Hawks posted a 4-1 victory and improved to 5-6 on the season while Villanova is currently 3-8. O'Dwyer, who not only leads the program with 26 assists, also posted seven points for the second time in her career in Sunday's game.

Although the Hawks came Still tied at 3-3, the Hawks out as victors, they had a slow

With the clock winding down time. Michigan State scored the utes showcased a dominant Villanova team as they outshot MU 8-1 and gained a majority of the corner opportunities. The Hawks gained momentum and were able to be first on the board with an unassisted goal from O'Dwyer in the 19th minute of play.

O'Dwyer lead the charge again in the 27th minute as she passed the ball to Donahue who scored giving the Hawks a two point advantage.

Villanova came revamped after half time as they scored their first and only goal five minutes into the second half via a penalty stroke. O'Dwyer answered the Wildcats goal with one of her own pushing the lead to two once more. With less than three minutes on the clock, O'Dwyer scored the final goal of the game and secured the Hawks' win.

MU freshman goalkeeper Christen Piersanti made seven stops to gain her fourth win of the year.

The team will compete in their last non-conference games as they face Penn on Thursday, Oct. 9 in Philadelphia, PA and Sunday, Oct. 12 against Rutgers at So Sweet A Cat field.



Freshman forward, Rachelle Ross, was named the MAAC Rookie of the Week for women's soccer this past Monday, October 6.

Ross had a goal and two assists in the Hawks 8-0 win over St. Peter's Wednesday, October 1, and it is the second time she's recieved the Rookie of the Week award this season. Ross currently leads the team in total points, with 15, and goals, with six. She also is tied for the team lead with three assistss.



Freshman safety Mike Basile was named the Crons Brand Big South Freshman of the Week for his

play against Robert Morris this past Saturday, October 4. It was the third time this season Basile was given the honor.

For the game, Basile recorded eight tackles, and also grabbed an interception that eventually led to an MU score. He currently leads the Big South with three interceptions on the season.



The men's golf team finished 10th out of 16 teams at the Binghamton Invita-

tional this past weekend. Senior Brady Goodling led the way for the Hawks by shooting back to back rounds of 72.

### UPCOMING GAMES

Wednesday, October 8 WTEN vs. Drexel W. Long Branch, NJ 3:00 pm

MSOC vs. Manhattan\* W. Long Branch, NJ 7:00 pm

WSOC at Manhattan\* Riverdale, NY 7:00 pm

Thursday, October 9 FH at Pennsylvania Philadelphia, PA 4:00 pm

Friday, October 10 WGLF at Rutgers Invitational New Brunswick, NJ 8:00 am First Round

Saturday, October 11 WGLF at Rutgers Invitational New Brunswick, NJ 8:00 am Second Round

WTEN at URI Tournament Kingston, RI 9:00 am Day One

# Vomen's Soccer Dominates Saint Peter's

#### MICHELLE GONZALES STAFF WRITER

The women's soccer team made a statement on Hesse Field this past Wednesday, Oct. 1 as they conquered the Saint Peter's University Peacocks in a dominant 8-0 victory. This puts MU's record at 2-1 in the Metro Atlantic Athletic Conference (MAAC) and 7-4 overall. Coming off of a tough conference loss at Canisius on Saturday, the Hawks needed to prove their presence in the MAAC. Fortunately for MU, they did just that, posting their sixth shutout this season amongst five different goal scorers.

"We were coming off a disappointing performance on Saturday in which we didn't deserve to win. The other team wanted it more and that was very disheart-Krissy Turner.

The Hawks came to play from the first whistle. Just 2:28 into the first half, freshman forward box awaiting a cross from se-Rachelle Ross crossed the ball into the box to find sophomore forward Alexis McTamney ready off of the goalie's deflection. Just moments later, the Hawks struck

Away

again. Another underclassmen D'Agostino and the Hawks' deduo, freshman midfielder Sophia Centi and sophomore forward Julie Spracklin paired up to put another on the board. It was at 19:15 into the game when the Hawks became a triple threat. Senior defender Kristen Brett passed the ball wide to sophomore forward Erica Murphy who touched it into the box and crushed the net. The Hawks had a solid lead of 3-0 less than 19:30 into the first half.

As the clock read 19:58, junior defender Cara Poole found Spracklin for her second of the night and fourth of her career. In the 24th minute Ross took the ball to goal herself earning her sixth career goal. By the 25th minute mark, the Hawks had solidified their lead to 5-0.

With five minutes left in the ening to us," said head coach first half, MU proved they were not yet finished on their offensive attack. Sophomore forward Madi Grieve stood tall in the nior midfielder Breynn Collazo. Grieve headed Collazo's cross to earn her first collegiate goal and the sixth goal of the night. MU

Nicole goalkeeper

Indianapolis

fense saw little offensive action from Saint Peter's as D'Agostino made just one save. In the second half, sophomore goalkeeper Sydney Lavan replaced D'Agostino and made her first collegiate appearance.

With the responsibility to maintain the shutout on the team's shoulders, Coach Turner motivated the Hawks to keep their heads in the game, regardless of the score. "I think the approach to the second half was that we needed to keep playing. We needed to get better and I think they responded well. We played a lot of players. Everyone had the opportunity to contribute," she said.

The Hawks remained resilient and relentless in the second half, coming out the gate hungry. An individual effort from Murphy began the second half in just the 61st minute. In the 79th minute, junior midfielder Brianne Boyle sailed a shot just high of cage and off of the crossbar, shaking up the SPU defense. MU would hold a 7-0 lead over the Peacocks until the 82nd minute of play. The Collazo-Grieve duo performed

again to finalize the shutout at 8-0.

In shots alone, the Hawks outweighed the Peacocks 33-3. MU attacked the net 15 times in the second half alone, while the Peacocks could not find the net once. Saint Peter's goalkeeper Lauren Solene stopped the MU offense seven times while her reserve Molly O'Halloran made no saves.

A total of nine reserves saw the field on Wednesday night, many of them earning first time appearances. The victory over the Peacocks goes in the books for most wins over a single program with 20, but the game also marked MU's strongest margin of victory over the Peacocks since 2005.

The Hawks take on MAAC Manhattan College next in Riverdale, NY this Wednesday, Oct. 8 at 7:00 pm. MU hopes to maintain its winning streak in the MAAC and repeat its 6-0 defeat of the Jaspers last year.

The Hawks will return home to Hesse Field at The Great Lawn on Saturday, Oct. 18 for senior night against another MAAC foe, Quinnipiac University.

New York

Chicago Carolina Denver Dallas Panthers

Cowboys

Bears

contender

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U	ſГЫ	Home	Houston Texans	Cincinnati Bengals	New York Jets	Atlanta Falcons	Seattle Seahawks	Philadelphia Eagles
PICKS		e Zelinka orts Editor (13-7)	U.					
NFL P	9 St	lie Battis aff Writer (7-13)						
		e Walter ports Editor (14-6)						
WEEKLY	Athletics	e Taylor Professor Residence	U					

SB at St. John's/ Stony Brook Queens, NY 10:00 am

Football vs. Columbia W. Long Branch, NJ 1:00 pm

MSOC vs. Fairfield\* W. Long Branch, NJ 7:00 pm

WSOC at Fairfield Fairfield, CT 7:00 pm

Sunday, October 12 WTEN at URI Tournament Kingston, RI 10:00 am Day Two

FH vs. Rutgers W. Long Branch, NJ 1:00 pm

Wednesday, October 15 MTEN at ITA Regional Championship New York, NY 8:00 am

\*conference games



# ALSO IN SPORTS

Football wins easy over Robert Morris... Page 18Getting to know David Acuna Camacho... Page 18Field hockey falls short against Michigan State... Page 19

The women's soccer team was dominant in an 8-0 win over the Peacocks of St. Peter's University this past Wednesday, October 1. Five different players scored goals in the win, including three who found the back of the net twice.

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Photo taken by Taylor Jackson