

"Houseless Not Hopeless" Gives an Insight to Poverty for Students

"We decided

to make it a

for students to

come out and

of our events."

SHANNEN WILSON

Student Coordinator

TIFFANY MATTERA STAFF WRITER

Twenty-five percent of homeless people are under the age of 18, according to a statistic posted around campus last weekend.

The First Year Service Proj-

its attention specific on agencies, but last year it evolved into specific islike sues. hunger and homelessness.

Shannen Wilson, sophomore, is in her second year as one of the project's student coordinators.

"This year

given me the opportunity to final card read "We're joining work with my other workers to 730,000 other people with no brainstorms ways to make our events bigger and better," she participate in all of our events."

Members of the project split into teams of four to 10 people. Each team was awarded points nated, best shelter, number of food banks the following day. people who spent the night out-

displaying their names, while another attached a tarp roof to a light pole for height. Teams that finished early lent a helping hand to those lagging behind and the top four shelters were awarded points.

Following this was a scavect held Houseless not Hope- enger hunt, where teams were less for the second consecutive racing to the quad to absorb year on Friday, October 7 to aid as many poverty statistics this portion of the population. posted on signs as they could. Originally, the project focused A few examples of the statistics were, "23

percent of the homeless are US military veterans," "30 percent competition to of homeless have experimake it enticing enced domestic violence," "20 to 50 percent of the homeless sufparticipate in all fer from mental illness," and "In New Jersey one out of three people receiving emer-

being a student coordinator has gency food is a child." The place to sleep tonight.'

At the conclusion of the said. "We decided to make it a scavenger hunt was the soup competition to make it enticing line dinner, where students for students to come out and were given cups of noodles and hot chocolate.

Next, teams competed in the peanut butter and jelly tournament. They made at least 100 for various competitions, in- sandwiches, all of which were cluding the most goods do- packaged for donation to local

Annual Open House Brings in 1,400 Prospective Students

LAUREN GARCIA ASSISTANT NEWS EDITOR

Prospective students and their families wandered around campus in summer-like warmth under a sunny, cloudless blue sky during the University's annual open house last Sunday.

"I'm glad it's such a nice day because I feel like when people look at colleges, they remember the weather," Melisa Safchinsky, a sophomore, said. Approximately 1,400 families

visited the campus during the event, which is comparable to its attendance for the past two years. Over 200 students and 200 faculty, staff, administrators, and administrative services personnel assisted the Office of Undergraduate Admission in hosting the event, said Lauren Vento Cifelli, the Assistant Vice President of Enrollment Management.

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PHOTO COURTESY of Blaze Nowara Vice President for Enrollment Management Bob McCaig meets with a prospective student at Sunday's Open House.

How to Use Your First Credit Card

JENNIFER DWIGGINS STAFF WRITER

College and money troubles go hand-in-hand with each other. College puts a great quantity of stress on a student's wallet. College debt, eating out, and activities on the weekend can all add up. When faced with so many expenses, some students choose to resort to a credit card. Others get a credit card because they are trying to build up a good credit score before they get out of school. But whether they're feeling the burn in their wallets or planning for the future, college may be a time when students apply for and receive their first credit card. According to a 2004 study published would take 12 by MSN.com and conducted by years and nine Sallie Mae, a student loan corporation, the amount of undergraduates with credit cards has risen to 76 percent. The results also reported that in 2009, the percent had risen to 84. At first, many people look beyond the risks of a credit card and go straight for the rewards. but being reckless with a new credit card can cause long term

problems. Debt can begin to rack up and a bad credit score doesn't disappear overnight. Dr. Robert H. Scott, Associ-Professor ate of Economics, calculated that if students racked up \$1,000 in credit card debt and with 18 percent interest, with only paying the minimum on the debt, it



PHOTO COURTESY of J

people who spent the night out-side, the peanut butter and jelly movie outlining the true storelay, and a scavenger hunt.

hour to build a stable and deccluding cardboard, duct tape, plastic, and markers. One team used sparkled note cards

ry of Liz Murray, was shown Teams were allotted one following the sandwich relay. This movie covered many isorative shelter. Participants sues plaguing modern sociwere given basic supplies in- ety including drug addiction,

Houseless continued on pg. 3

off. According

But to avoid these downfalls, dents should take before and af- est rate and no annual fees. ter receiving a credit card.

Before you get a credit card, there is some fine print that you

months to com- According to a study, 84 percent of underpletely pay it graduate students have at least one credit card.

to Scott, you would have ended need to watch out for. Students up paying \$1,115 just in interest. should pay specific attention to the interest rate and annual fees. there are many precautions stu- The optimal card has a low inter-

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Find out why the University just got rid of the valet parking service for students.

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Gear up for "Gears of War 3" and hear the pros and cons from a fellow student.





Club & Greek

If you didn't attend, read up on the Greek Senate trip to the Bronx Zoo last weekend.

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University Reacts to New Fall Break

SAMANTHA WARD STAFF WRITER

This fall semester, students do not have to wait until Thanksgiving for a break from their hectic class schedules. The University has decided to create Fall Weekend Break from October 14 to 16, which results in the cancellation of Friday classes.

Some students question why the University has scheduled this threeday break when several students do

not have Friday classes. Residence halls will be closed during this break and all students must leave campus unless they are granted permission to stay.

Mary Anne Nagy, Vice President for Student and Community Services, ex-

in incorporating the new break into this year's schedule. "The fall break it included more than one day of is intended to help break up the cancelled classes. "I think this Fall long length of time from the start of Break is an excellent idea, although school to Thanksgiving," she said. "We have seen an increase in room- impact on the students' schedules mate conflicts, behavioral issues, if maybe two days of class were and illnesses; we think that this cancelled, or even if there was a break will help with these issues."

had not incorporated any days off for a more exciting fall break." in its fall semester schedule until Thanksgiving

Break. Students who reside on campus agreed and disagreed with some of the reasons that Nagy gave as to the

necessity of the break. "Personally I have not seen too many roommate conflicts this semester," said Ashlyn Holliday, Elmwood Hall Resident Assistant.

of sick students in my building. I think this 'fall break' will be good for the students to get off campus and clear their heads, especially before midterms start.'

Kristina Capriotti, a sophomore, lives on campus. "I think the only issue is the amount of people on Sunday, October 16 at noon. Recampus that are sick," she said.

break that has some students upset tober 7.

is the planned closing of residence halls and other facilities, such as the dining hall. Students are required to leave during the break unless they have permission to stay from the Office of Residential Life. For example, out-of-state students and student athletes may stay on cam-

Capriotti said that she does not favor the idea of the new break which will leave her without a place to sleep.

"I think this break is a total in-

convenience,' she said. "I "I don't have a live about two hours from ride home for the campus and don't weekend, so I have my car here. I don't have to crash on my a ride home friend's couch." for the weekend, so I have to crash on friend's my

have

in-

one

KRISTINA CAPRIOTTI Sophomore

ASHLYN HOLLIDAY

Holliday plained the University's intention added that she would have stronger support for the new break if I feel like it would have more of an two day break in the middle of the In past years, the University week," she said. "That would make

couch."

However, the reason that the

break cludes "I think this Fall day of cancelled class Break will be good is to keep the for the students to University's academic get off campus and schedule on pace in light clear their heads, of the upcoming holiday especially before season, Nagy said. "The inmidterms start." tention is to have a break each year as **Resident Assistant in Elmwood Hall** long as the

lows and it "There is, however, a crazy amount does not push final exams too close to the Christmas holiday," Nagy said.

According to the Office of Residential Life's Facebook page, all residence halls and apartments will be closing on Thursday, October 13 at 7:30 pm and will reopen on quests to reside on campus during One issue associated with the the break were due by Friday, Oc-

Prospective Students and Families Get a Taste of Monmouth

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Some of those who helped run the event noticed a wide range of interest among the prospective students, such as Barbara Reagor, the Director for the Rapid Response Institute and a member of the School of Science. "A lot of students have been interested in all of the different fields," Reagor said. "For me, I think it's gone even better than last year in terms of the number of people. I think we've had a nice attendance today for the number of students that have come."

Prospective students began the day with registration at 11:30 am and then received a welcoming speech by President Paul G. Gaffney II in the Multipurpose Activity Center in the afternoon. Informative sessions about the University's different academic departments were held from 1:00 to 2:40 pm.

There was an Admission/Financial Aid tent in front of Wilson Hall where families were able to learn what was needed to become a University student. Campus tours, inclusive of the residence halls and Guggenheim Library, were provided by students every 15 minutes.

There also was a Department and Student Support Services Fair where academic and administrative offices in Wilson Hall were represented by students, faculty and staff, who provided information about programs and services available at the University.

"This year, we adjusted the schedule to include more activities for families who arrived early," Cifelli said. "We are happy to have offered these activities and plan to continue a morning schedule next year."

Student clubs and organizations soaked in the day's sun and sat at

PHOTO COURTESY of Blaze Nowara President Paul G. Gaffney II welcomed prospective students and their families during an afternoon address at Open House.

tables in Erlanger Gardens outside she wanted to get involved in the of Wilson Hall. They gave visitors an idea what the University has to offer from the perspective of current students.

"Feedback from families has been very positive," Cifelli said. "They were thoroughly impressed with the beauty of our campus, the welcome they received from our students and faculty, and the organization of the day. We hope to see more students applying to Monmouth as a result."

According to Cifelli, there are a great number of first-year students who help at Open House. "Each year we have a great turnout from first-year students, Cifelli said. "This is typically because they remember attending this event just a year ago and are excited about having chosen Monmouth University."

Brielle Wanamaker, a first-year student, said she helped because University community. "I thought it would be something interesting to do, to get involved on-campus and to help out," she said. "I hope it goes well; I think it's good that everybody comes and is able to get the information that they need before they make the decision to come here."

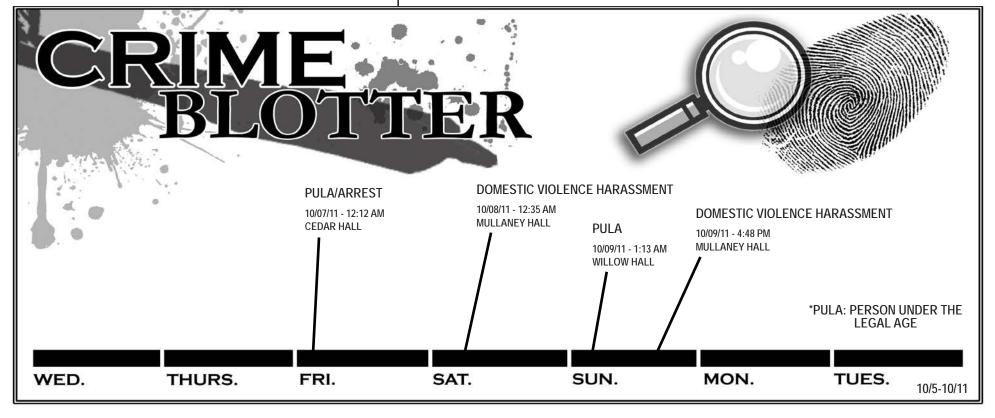
Upperclassmen also have noticed the participation of first-year students in running the event. "It is really good to see freshman involvement," said Jessica Eme, a senior. "I have seen a lot of freshmen helping with Open House, so I think this is helping them get involved."

Cifelli said she enjoys participating in the event because she gets to show how proud she is to be a member of the University community. "Open House is a time for us to share our MU pride by showcasing our programs, offerings, and students," she said.

PHOTO COURTESY of Blaze Nowara



Student Ambassadors gave tours of the campus during Open House. Interested students and their families visited academic buildings, such as Wilson Hall.



Valet Parking Service Cancelled for Students

BRETT BODNER MANAGING EDITOR

MICHELLE COSTA CONTRIBUTING WRITER

University announced on October 4 that its valet parking service with Advanced Parking Concepts would be cancelled on October 5.

"We were valeting 15 to 20 cars in lot 25 when there's 75 spaces open in other non-residential lots," said Dean Volpe, Captain of the Monmouth University Police Department.

The University reached its decision by taking surveys of the parking lots every two hours, Volpe said.

academic building, but there is sufficient space in other non-residential lots," Volpe said.

He mentioned on-campus parking lots that offer additional parking to commuters, such as lots 13, 14 and 18. In addition to these main lots, students e-mail regarding driving on are permitted to park in lot 23 located near Woods Theatre and lot 25, located near Athletics.

Volpe also said that students can call the parking advisory hotline at 732-263-5901 for updated parking lot information.

The University will continue to use Advanced Parking Concepts for special events, such as concerts in the Multipurpose Activity Center, Volpe said

will continue to use the valet It is alarming, but that is what service in lot 16 for employees. to the According

Monmouth University Parking and Driving Campus Handbook, the University has the right to make changes and regulations without prior notice.

The University's following With one day's notice, the of this policy in regards to its former valet service has left some students surprised, such as commuter Keri Roberto. "I did not see that coming," Roberto said. "The valet was there not to be abused, but to be a comfort to students when the parking lot was a complete mess."

Commuter Maria Carvalho said cancelling the valet service was a mistake, especially after the renovations made to the main commuter parking lot. "To think that parking is not "It's nice to park next to your an issue is honestly delaying any progress to make the lots work efficiently," she said. "It is nerve-wracking to have to leave the house with plenty of time just to get a spot all the way in the back.

Volpe sent out an additional campus and student violations against codes and rules on October 7.

students, including Some commuter Demi Parente, said they have witnessed the violation of these codes countless times in various on-campus lots. "Driving in and out of the lots sometimes seems more dangerous than driving on the turnpike," she said. "You have people flying by, while others are backing out, just to roll through Furthermore, the University the stop sign and get that spot. happens when ample spaces are 2011 not provided."

Students Experience Homelessness Through Project

Houseless continued from pg. 1

treatment of disease, dangers in group homes, holes in the education system and overcoming obstacles.

The teams that stayed overnight participated in other activities, such as the making of no-sew blankets to be donated and decorating a team presentation board. They also accepted donations of paper goods and food all night.

The event concluded at 7:30 am. Rachel Conners, a sophomore and another student coordinator of the project, was on the winning team.

"My team came in first and won the grand prize of \$100 in declining balance which we got to split between us," she said. "It's a unique experience that is im-

gain an appreciation for all the there." luxuries we have and we learned some important information about homelessness. It's a great cause and together we all helped to make a difference in helping those who are homeless in the Monmouth County area.'

Susan Damaschke, Coordinator of First Year Student Retention, was satisfied with this year's turnout and hopes that students gain a better understanding of the purpose behind the event.

"It's a multipurpose event that I hope will sensitize them to what life without a home would be this one-night experience is not exactly like living as a homeless individual, but is more symbolic vember 3.

portant to have because you really in that the idea of discomfort is

Wilson said that she experienced this discomfort.

'It was a challenging night to go through, but one that has made me realize how truly blessed I am for all that I have," she said.

Rachel Conners said she enjoyed the experience for the second straight year.

"It was way warmer since last year's event was in November and there was a better turnout so it was a lot of fun," she said.

The First Year Service Project will continue to sponsor events throughout the semester that like," she said. "Keep in mind, count towards the SHADOW Program, including Break the Cycle: Be the Change on Thursday, No-



PHOTO COURTESY of Kim Grier

University students who participated in this year's First-Year Service Project learned what it's like to be homeless for a night. Above, students eat cups of noodles and drink hot chocolate after the night's events.

Hawks Receive Info on Degrees at Majors Fair

BRIAN HALISKOE CONTRIBUTING WRITER

The Center for Student Success (CSS) sponsored its annual Majors Fair and Ex Ed Expo last Wednesday, October 5 in Anacon Hall from 11:00 am to 2:00 pm, where all academic departments and schools were represented.

The fair's goal was to provide awareness of the school's various majors and minors, and to give undeclared students the ability to communicate with representatives from each department.

The fair benefited dents who are undeclared the

jian said. "For future job growth, or help with combining majors and minors, or even to help employers see the essential skills necessary for a job."

Peter Matano, a senior and Computer Science Major, said that undeclared students should attend the fair

'It's important to pick a field that you love or that you are passionate about, so you don't get tired of it," Matano said. "Don't be afraid to apply, or try for an internship. It's important to understand that a job is a mutual agreement and that employ-

productive because it is one of the even learn about professional edict, to the multiple workshops that their few times all the departments are gathered into one location, available students that have not completed their Ex Ed credit can find out what Study Abroad is, what their likes and

when looking for a job.

Jean Judge, Assistant Dean of the the eyes of students to all possibilities at the University.

CSS employees said that they recdislikes are for internships, and can ommend that undeclared students go and Mullaney Halls.

department offers for undecided students, as well as declared students for students to interview with. Also CSS, said that the fair greatly opens who wonder what types of jobs are open to them. Workshops will be offered on the lower level of the Student Center, as well as in Elmwood



"It is important to stupick a field that you are looking for

and explore their options.

ers are looking for you, just like you them.

Evelyn

Hampton, Sec-

retary in the

Chemistry,

and

De-

most, because professors and students within the major were available to speak with, according to the Dean of Center for Student Success (CSS). Mercy Azeke. Handouts

love or that you are passionate about, so you don't get tired of it." PETER MATANO Senior

Medical Technology Physics partment, said that her department is in need of students.

from the departments were given to help students identify what they are interested in and how to get started. Most of the conversations were about internships and how to pursue prospective jobs.

The fair included sections for each of the University's academic schools, as well as experiential education opportunities, such as class projects, cooperative education, internships, service learning, and study abroad.

Andrew Demirjian, a Specialist Professor of Communication, said he thinks that the fair is important.

"Students don't realize what a resource the faculty can be," Demir-

"There is a national shortage of medical technicians," Hampton said. "In addition to jobs being widely available to students who major in this department, there is a large tuition reduction because the fourth semester is done on site as a medical technician intern."

Students who graduate from this department also tend to have high starting salaries and advancement in the field is quick. Hampton added. Dr. William Schrieber, also of the Chemistry, Medical Technology and Physics department, said students are getting what they need here.

According to Azeke, the fair is

Find out more by visiting www.tcnj.edu/graduateprograms Or call 609.771.2300





Online Calculators May Help Parents

Students Will be Able to Calculate the Exact Cost of Their Possible Schools

LAUREL ROSENHALL MCT CAMPUS WIRE

Students applying to college this fall have a new tool to help them compare costs at various campuses. This month, so-called "net price calculators" will ap-pear on the websites of colleges nationwide, giving students and parents an idea of how much financial aid they could receive months before a formal offer arrives.

The idea behind the calculators which are required by federal law to be posted on college websites by October 29 is that many students are discouraged from applying to a university when they see the price. A year of tuition, books, room and board now totals \$30,000 at many public universities and north of \$50,000 at many private ones.

But that's what experts call the "sticker price" the amount paid by students who don't get any financial aid. At many schools, the typical student receives aid and pays less than the school appears to cost. The "net price" the new devices calculate is the sticker price minus grants the student include grants a student would could expect based on family finances and, in some cases, academic performance.

"I think it's really good for net price to be a concept that's out there, for more people to understand that the sticker price is not the price they usually pay," said Sandy Baum, an economist at the George Washington School of Education and Human Development who specializes in college costs.

But while the online calculator is helpful, she said, "it's not a perfect tool."

Whether the new calculators will revolutionize the college search or add more confusion to the process remains to be seen.

Some are hard to use because they require students to input extremely detailed financial information. Others are hard to find because they're buried deep on a college website.

Colleges even vary in what they call the calculators names include financial aid estimator, student aid calculator and net them can be tough.

theirs up for a few months. I was able to plug in the current year info and compare the calculator results to the actual package we rcvd very similar. This gives me a lot of relief in knowing that I can use this calculator to predict next year's pkg with some degree of accuracy. Wish this had been developed a few years ago!"

Others weren't so enthralled. "It does not work for me," wrote Nugraddad who said he lives in the Chicago suburbs.

"I filled out the U of MN calculator, and it indicates that our family should pay @ \$7,000 per year we can actually afford \$0.00, AND my son needs to take out \$7,000 in loans. It also does not include any way of entering and/or estimating merit/ scholarship money, and my son should qualify for big money."

The tools do not offer an apples-to-apples comparison. For example, the calculator for Santa Clara University, a private school, shows how much scholarship money an applicant could receive, while the University of California calculator does not receive because of academic or athletic talent it only gives information on aid based on family finances.

The California State University system has not posted its calculator yet. Spokesman Michael Uhlenkamp said the calculators will likely appear on CSU websites toward the end of the month.

UC, on the other hand, was ahead of the curve when it posted its calculator in 2008. It was among a handful of universities nationwide that launched the calculators three years before the federal requirement kicks in, said Nancy Coolidge, associate director of student financial support.

"We don't want to tell everybody just the sticker price, because more than half our students don't pay the sticker price," she said.

But users need to remember that the calculator gives an estimate of financial aid not a promise, said Katy Maloney, director price calculator so searching for of financial aid at the University of California, Davis. The num-Jill Yoshikawa of Sacramento bers on their formal financial aid then properly fill out their financial aid application.

Hero Walk Will Have First Run in Ocean City

NICOLE FERA

The University is taking a stand against drunk driving this year by joining The Hero Campaign and participating in its first annual "Hero Walk." The event will be held at the Ocean City Boardwalk on Sunday, October 23.

According to the organization's website, The Hero Campaign, which originated in 2001, is an organization that promotes always having a designated driver to help save lives across the country es-

pecially on college campuses.

The organization began after a drunk driver, who had been arrested and released for a DUI charge just hours before, tragically collided with

John Elliot, a naval academy graduate. The collision killed both Elliot and the driver and severely injured Elliot's girlfriend.

Since then, Elliot's family, including his father who is a Monmouth Alumnus, have dedicated their lives to ensuring that no one goes through the sadness and grief that they face every day from an accident that could have been avoided.

In remembrance of Elliot and the hopes that another tragedy like this could be avoided, New Jersey passed to impound DUI offender's vehicles

for 12 hours and issuing responsibil- aino said. ity to those taking custody of these offenders.

its own team for the Hero Walk. Stumoney for this important cause.

The Hero Campaign's message, "Be a Hero, Be a Designated Driver," speaks to a majority of this college plained the event is intended to show campus, including faculty, because it is a situation and choice that most and drive while intoxicated.

The University has established its own team for the Hero Walk. Students, faculty and staff will be walking and collecting donations to raise money for this specific cause.

> people are faced with at some time in vouchers so students can use them their lives.

By showing support for this event, the University is demonstrating and raising awareness for just how important it is to make the right choice dents to nominate a sober driver. The when it comes to driving drunk.

Tina Peraino, senior, will be taking part in the Hero Walk along with billboards throughout New Jersey." her family.

through family and friends that live near Ocean City and it seemed like and be a part of all its hard work of such an important cause that my raising awareness, please attend the "John's Law," a law requiring police family and I decided to participate next Hero Meeting at Java City on

The University's Hero Campaign will also be holding other important To show support the office of sub- events throughout the year includstance awareness and the Hero Cam- ing its annual "Hero Day," which paign, the University has established will take place on October 20th. This will take place in the quad dents, faculty and staff will be walk- where students will get the chance ing and collecting donations to raise to drive around golf carts while wearing "fatal vision goggles."

Susan St. Germaine, the Substance Awareness Coordinator, exstudents just how difficult it is to try

Free stickers. bracelets and tattoos will be given out and there will be a hot dog cart and bake sale with proceeds going to the campaign. A raffle will also be held to win \$5 cab

to get home safely after a night of drinking. St. Germaine also mentioned the Hero of the Year award.

'In the spring, we will ask the stuchosen student will be honored in a ceremony and have his/her face on

To join in the Hero Walk, donate "I heard about the Hero Walk or become a member of The Hero Committee here at the University and raise money for the event," Per- Wednesday, October 12 at 4:00 pm.

"Fat Talk Free Week" to Start on October 16

PRESS RELEASE

Fat Talk Free Week is a body image awareness campaign that has been launched in universities nationwide since 2008. The University will promote our first Fat Talk Free Week this October 16 to 22.

The campaign's premise is that our conversations have a relationship with our body image, and in many cases these conversations negatively impact the way we view ourselves. Fat Talk has become a customary form of communication. Lines like, "I wish I looked like..." or "I hate my hips" are so commonplace that they are a form of everyday small talk.

Fat talk gives women the opportunity to create solidarity among friends. If she demeans her body image, it appears that she does not put her self-image above those of her friends. It creates a sense of equality and common ground. Similarly, compliments based on appearance add to the negativity of fat talk. Women become fascinated by their physical appearance as a form of acceptance and positive feedback, rather than their intellect or behavior.

Lisa Bloom, author of "Think: Straight Talk for Women to Stay Smart in a Dumbed- Down World," has explained that this phenomenon starts early for women. A woman's fascination with her physical appearance is one that society encourages her to accept from an early age. The way we talk to young girls, such as complimenting them on how cute they are or forgetting ignoring conversations with substantial topics, encourages young women to foster this preoccupation with their physical appearance.

In 2011, ABC News reported that almost half of all girls between three and six years old are concerned that they are fat. Research has indicated that this preoccupation with body image negatively impacts a woman's self-worth, confidence levels, and self-satisfaction. It is within the structures of society, the conversations that we carry and the mindsets that we hold, that this feminine ideal continues to harm the health of women. That being said, these insecurities are hardly limited to women, as negative body image can certainly impact the health and livelihood of men. In fact, the results of a 2006 survey show that 46 percent of men and women would rather give up a year of their life than be fat. For the University, this story has become clear in Women's Health classes over the past years. Dr. Andrea Hope, Assistant Professor of Health Studies, asks her students to write about their personal experiences with their body image. Similar to the national statistics that have been publicized, the responses on our campus were astounding. The experiences with students that Dr. Hope has had prompted her to make our campus community involved ad aware of this epidemic of body image dissatisfaction and eating disordersFat Talk Free Week is our first campaign to encourage University faculty, staff, and students to change conversation. Whether it is a quick coffee run or a dinner table conversation, we encourage you to take the focus away from the aesthetic and turn it towards your mind. This week, we challenge you to change your conversations and eliminate fat talk! In order to help you do so, we have organized a series of events that recognize the mind, body, and spirit. For the mind, blog access will begin on October 16th, and it will allow you to post your experiences with body image awareness anonymously. On October 18 at 5:30 p.m., a free Zumba class in Bolan Gym will promote the healthy, fit body. On October 19 at 2:30 p.m., a free yoga class will be offered on the South Side of Boylan Gym for the spirit. There is no experience required for either of the class. Just wear comfortable clothes and bring your student ID. If you have a yoga mat, bring it along as well. Throughout the week, student volunteers will be tabling around campus and in the dorms to raise awareness and help you get involved with the campaign. The week's events are supported by Dr. Hope's Grant-In-Aid for Creativity with help from individual students, Counseling and Psychological Services, the Gender Studies Program, Delta Phi Epsilon sorority, The School of Nursing and Health Studies, and Eta Sigma Gamma.

recently began using the tools in offer could be vastly different, counseling high school students she said, if people put erroneous in the college application pro- information in the calculator,

cess. "There is so much variety. Some are pretty elaborate, oth-Marbles Consultancy. But, she said, the calculators are worth there," Maloney said. plugging through because they 'give families a reasonable estimate.'

That estimate is useful for of users. planning, Baum said, whether students are starting college in a year or five years.

On chat boards where people dissect the college application process, parents are posting mixed reviews of the new calculators.

"This tool is one of the best innovations in financial aid," a may lead to a more precise net user with the handle Rockville- price estimate," the report says. mom wrote on CollegeConfidential.com.

"My son's university has had

"I think it's a good thing overers are pretty basic," said Yo- all as long as people understand shikawa, who runs Creative it's totally based on the accuracy of the information you put in

And that leads to another inconsistency with the calculators: How much information they ask

A Bay Area student advocacy group called the Institute for College Access and Success analyzed more than a dozen net price calculators. It found that some ask users about 10 questions, while others ask more than 40.

"Asking dozens of questions "But it can discourage students from finishing the process and getting any estimate at all.

EXPLORE

YOUR OPTIONS!

GRADUATE SCHOOL FAIR

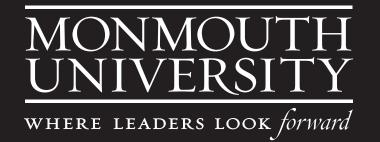
Wednesday, October 19 4-5pm, Wilson Hall

- ► Anthropology ^{New!}
- ► Computer Science
- ► Corporate & Public Communication
- ► Criminal Justice
- ► Doctor of Nursing Practice (DNP)^{New!}
- Education (MAT, Accelerated MAT, MEd, MSEd, Endorsements & Certificates)

- ► Financial Mathematics
- ► History
- ► MBA/Accelerated MBA
- ► Mental Health Counseling
- ► Nursing (MSN)
- Psychological Counseling

► English

- ► Public Policy
- ► Social Work (MSW)
- ► Software Engineering



Be sure to stop by!

House Music Mania

BRITTANY HERRMANN STAFF WRITER

Gone are the days of Lil Wayne and Drake monopolizing the music industry with their raps about drugs, alcohol, cars, money, and girls. What has caused this new revelation? Two words: house music. House music is the latest music fad to hit airwaves. With its ever increasing popularity among the public, the newest music craze shows no sign of fading out anytime soon.

Madonna, Taylor Swift, Justin Bieber, U2, Lady Gaga, and Jay-Z are some of the world's biggest and talented stars. The underlying commonality between them is their ability to have performed sold-out shows at Madison Square Garden. The most recent of acts to sell out the 20,000 seat arena within one hour of pre-sale and regular sale combined is Swedish House Mafia.

Swedish House Mafia, madeup of three established individual disc jockeys and producers, Axwell, Steve Angello, and Sebastian Ingrosso, decided to combine their talents by forming the group in late 2008. Only a few years later, the group has become one of the biggest names in house music Having been the genre's sole home them" were just three songs that hit radio airwaves, "Found Love," among the public.

The sold-out concert signifies the group of DJs, but it shows ty of the public cannot get enough. lar, causing even established en- house music.

that house music has made a huge name for their genre in today's entertainment industry.

heard solely in clubs are far gone. erything," and "Party Rock An- wagon. The star's newest single to

"Save the World," Afrojack's col- music world. laboration with Pitbull, Ne-Yo and The days of house music being Nayer on the track "Give Me Ev- jumped on the fist-pumping band-

Swedish House Mafia's hit tertainers to break into the house

Rihanna has most recently

encing our favorite mega-stars musically, they are also cashing in by influencing the public's spending habits as well.

Selling out show after show, DJs are managing to turn concert venues into their own personal night clubs. It's astonishing how much fans will pay to see their favorite DJs sets live. Before this craze, DJs would spin in clubs, and "packing the house" would be an accomplishment. Now, selling out concerts is beginning to be the norm.

Not only is house music influ-

Dropping hundreds to see their favorite DJs throw an occasional hand in the air, while the other is mixing and holding onto their headphones, is a new concept for the American culture. I am extremely curious to see if this will stick, or if people will realize that turning the volume up on iTunes or YouTube has the potential to be just as satisfying; while keeping the cash in your wallet.

Regardless, whether you are spending the money to see them or saving it and making use out of speakers, the interest in house music is undeniable among the public at this point in time. America needed a change in their music taste anyway. There are only so many curses to edit out of songs on the radio before all you hear is the background music.

PHOTO COURTESY of thechuckness.com

Swedish House Mafia is just the start of DJ groups becoming popular in today's music.

for quite some time, they are now could easily be named "songs of is fully influenced by house mubreaking new ground in the world the summer." The house music innot only specifically success for of radio. It seems as if the majori- fluence is becoming notably popu- an established star in the genre of

"To me white girl wasted equals

for oneself, and a way to get atten-

tion," says senior Maria Opirhory,

21. She has recently discovered

dated drunken

networking

gives people the

ability to joke

about it when,

in reality, it's

ing the defini-

white girl wast-

ed, I thought of

the girls from

disgusting.'

book.

"Social

DIANA KUMPF STAFF WRITER

While on the train to New York Penn Station one Sunday, I sipped my coffee and eavesdropped on the conversation that took place in the seats before me. There sat three girls, no older than 16. They were dressed in tight knit tops tucked into thin mid-waist miniskirts.

They were on their way to an Enrique Iglesias concert at the Prudential Center. Each had a large bottle of Gatorade in one hand, while they passed around a second bottle filled with some kind of clear liquor. One girl took a long swig of the clear bottle, chased with orange Gatorade and said, "We're totally going to get 'white girl wasted' tonight!" Her face was scrunched with bitter excitement.

"White girl wasted?" The new phrase caught me off guard. I glanced at my friends to be sure what I had heard was correct; it

was. We kept our laughter hushed Twitter page include, "Money can- to simply have fun." until the girls stumbled off the not buy happiness, but it can buy train, shuffling in five-inch heels drinks," and "blacked out twice in low self-confidence, lack of respect with upper thighs exposed, exiting 24 hours. Mission accomplished." at Newark Penn Station.

ing has blown up among the adult young community as a way to describe someone who is obnoxiously intoxicated that may make decisions he/ she will regret or completely not remember. This term is not only lim-

Facebook.

/hite Girl What?

Stephanie Luckowsky, a senior So what does getting "white girl at the University, knows the saying wasted" mean exactly? The say- is merely a joke but still does not the saying from captions under up-

> "In essence it is derogatory towards white females. It is basically saying that white girls can't handle their alcohol nor have enough class to simply have fun."

STEPHANIE LUCKOWSKY Senio

ited to drunk Caucasian females, agree with its meaning. "I really the train. Each one was young and but can refer to anyone regard- am on the fence about it. It doesn't naïve, on top of being half-clothed early and it can lead to dangerless of their sex and race. Getting hurt me nor does it sit right," she "WGW" (white girl wasted) even said. "In essence it is derogatory tohas its own page on Twitter and wards white females. It is basically saying that white girls can't handle Comments on the "WGW" their alcohol nor have enough class

dangerous mix for someone wandering around the streets of Newark, New Jersey. I tried to walk out of my house pointed.

in a miniskirt when I was about 14years-old. My parents stopped me on my way out the door for school. "Where do you think you're going dressed like that? You think you look good?" my father said, outraged.

Explaining to my father that photos on Facethis was the style and that all my friends dressed this way still did not change his mind.

When girls are young, they will do almost anything for some attention. "It will only attract the wrong kind of attention," he lectured while sending me back to my bed-After learnroom. My mom nodded and gave me an agreeing stare. At the time, tion of getting their comments infuriated me. I stomped back into my room to put on a pair of frumpy jeans that made me feel significantly less sexy.

Girls often try to mature too and highly intoxicated. This is a ous situations. I wonder how the girls' night went, but maybe I am just overreacting. I'm sure their parents would be awfully disap-

Reality Television is Anything but Reality MTV's "The Hill's" cast has ex- flaring antics. Realistically, people with news to his wife that he's lost realization that the economy doesn't

NICK ANDRFW

CONTRIBUTING WRITER

Reality television is beginning to bring Mulholland Drive to a street near you. It's no surprise that our generation is fixated on instant gratification and the finest return on investment that involves the least amount of work. The old California dream, the leap of faith into the vicious guts of Hollywood are phasing out and giving way to a new and more unrealistic concept of fame.

Keeping up with the Kardashian's latest drama can be a full time job for its viewers. Being socially linked in via a Twitter account can help us spy on the stars and follow their every move.

It's exciting to know what they had for breakfast and what their biggest dilemmas of the day are. Reality starlet Kim Kardashian tweeted on September 29, "Every year I pick a wrapping paper theme. Last year was silver & white, the year before burgundy & gold. What should this year be???"

pensive eyes yet live comfortably in are homeless and dying. A fraction his job.

Hilton

gold.

YouTube

becoming

cific Ocean, all

while technical-

ly unemployed.

apparently "glows" at her

VIP table in Las

Vegas wearing

some sort of

make-up con-

Meanwhile,

kids are skip-

ping school to

videos in hopes

the next Internet

According to

The New York

Post, Mike "The

Situation" Sor-

rentino is esti-

sensation.

taining

film

of

Paris

hillside villas overlooking the Pa- of one episode's pay for Mr. Sorren-

You can be rich and famous for

doing absolutely nothing in today's world, and this message is loud and clear to our generation. "I know you're so against these reality shows, but if you had the chance to party for a living and get paid, wouldn't you do it?" asked Brett Oliverio, a Monmouth Alumni. I pretended his question was rhetorical, and didn't answer.

Honest, hardworking students part from their universities with

want us, but meanwhile Nicole Polizzi, better known as "Snooki" from MTV's hit show "Jersey Shore" is making more on one episode than most doctors and lawyers make in a year. Whether or not audiences are

laughing with or at the cast of "Jersey Shore," they're encouraging, or helping to usher in the death of the real job as well as the death of the actor.

How far does the rabbit hole of reality television really go? Is it simple, mindless entertainment but reasonable to enjoy at face value? Gone are the days of prestige. Why spend years in medical school or law school when you can be famous for having fun, gossiping, fighting and getting drunk for a living?

Money, power, and sex sell well in the media, but the message that reality television is sending is no different from early Roman gladiator filled stadiums. Justifying despicable behavior at the expense of entertainment.

PHOTO COURTESY of nymag.com The "Jersey Shore" is known for its partying ways that viewers just can't get enough of.

mated to have grossed almost 10 tino could help the hard -working high hopes of landing desirable million dollars from his six-pack American man who comes home jobs, most of which come to a quick



How Will Political Science Prepare Us for the Job Market?

TAMARA SYBEL CONTRIBUTING WRITER

Life after graduation marks a moment in time when one phase of life ends and a new one begins.

Many people mark this new beginning once they have successfully secured a job for themselves out in the real world.

In the job market today, it pays to have a desirable degree in your grasp. No one wants to be waiting by the

phone twiddling their thumbs and hoping for a call back.

So the question comes down to, has the degree one has chosen made them desirable to prospective employers?

And more critically, do Political Science majors really have an edge over today's job market?

For the past couple of years, the unemployment rate in the country has been substantial.

According to Voice of America, the U.S. unemployment rate is currently 9.10 percent. New Jersey has an unemployment rate of 9.4 percent.

Obama recently addressed the nation concerning a new bill that would extend unemployment benefits, cut payroll taxes, and allow public works projects to be funded, according to CNN. In times such as these, what one knows defines what they are able to achieve.

Amidst the pool of other degrees, Political Science stands out in more ways than one.

"It emphasizes leadership through service, good citizenship through civic engagement, and career preparedness through internships," said Dr. Rekha Datta, a Political Science professor.

It is through these traits that Political Science is able to transform and mold its graduates into attractive can-

didates in the employment world. Employers are looking for graduates with a wide variety of skills that can be utilized and expanded upon.

These students go on to intern at such places as the White House and other government establishments. Who would not look twice at a resume boasting such credentials?

"The department here does an amazing job placing students in internships. In fact, about a dozen students, including myself, will be involved with a program called the Washington Center. This program places students in internship programs that range from CNN to the White House," Fred Strahl, a Political Science major said. The support of the faculty within the department is overwhelmingly helpful according to Strahl and has inspired his plans once he graduates.

He, along with a few other students, will be placed in internships where they will work alongside professionals in the field.

"Many employers that I have talked to believe that Political Science majors have very good critical thinking skills that are extremely helpful to any business," Fred Strahl said.

What is it that makes these graduates so appealing amid the thousands of others with differing degrees?

One factor that is highly regarded is speaking and writing.

'The major emphasizes writing, research, and speaking skills through policy debate and Model UN, and engages students in the local and global communities and agencies," Datta said.

The University's Debate Team has gone to places such as Florida this past spring and won several trophies and individual speaking awards.

These skills instill within gradu-

UNITED STATES UNEMPLOYMENT RATE 10.5 10.5 10 10 9.5 9.5 9 9 8.5 8.5 8 Jul/09 Jul/10 Jan/10 Jan/11 Jul/11

GRAPH COURTESY of tradingeconomics.com

This graph portrays America's unemployment rate since the economic recession began in 2009. The unemployment rate is currently 9.10 percent.

ates the aptitude that can be used widely and diversely throughout many different careers and fields of interest

"Political Science is actually a wonderful 'hybrid' discipline; a great major for a variety of careers," Datta said.

Today's job market is a harsh and treacherous road that needs to be navigated with more than just a resume and a sunny disposition.

Speaking and writing skills, and being able to think critically and analytically is what makes the difference in the end.

"These critical thinking skills prepare students for the volatile job market by making them good at critical thinking and problem solving, strong writers, and communicators knowledgeable about the world," Datta said.

The major preps students for the harsh realities that await them once the walk for graduation is over.

It is because of this preparation

"The department here does an amazing job placing students in internships. In fact about a dozen students, including myself, will be involved with the Washington Center. This program places students in internship programs that range from CNN to the White House."

> FRED STRAHL Senior Political Science Major

graduates are getting hired.

The skills acquired from four years of study is the ground work to build for a career in politics, the government, or whichever field of work one chooses to pursue.

Whether it be going into law, gov- venture down.

and real world experience that these ernment, education, business, or continuing on to higher education, Political Science has shown just how varied its skill set can be.

> When it comes down to it, Political Science graduates have such a wide selection of career paths that they can

What Will You Be Doing Next Semester?

SANDRA MEOLA POLITICS EDITOR

As the job market continues to become more and more competitive, students are searching for ways to set themselves apart from all the rest. One way to have an edge over other job seekers is to complete a professional internship in our nation's capital, through the Washington Center this spring.

The Washington Center is a great way to jump start a career and pick up the necessary professional skills that employers are seeking among recent college graduates. After completing the semester in Washington, a student will receive 15 credits that will be transferred to the University.

According to the Washington



Roll Call: Words from the SGA Senate

November 11.

The Hawk Walk Brick Campaign has been very successful so far. It has given the school about \$20,000 in revenue. The Campaign will be putting in 225 bricks before Homecoming which will be their second installation. The hope is to keep this tradition growing.

The Wrestling Club and Baseball Club constitutions have been received and will be up and running soon.

is under way. SGA's goal is to have student coupons for local restaurants initiated by the spring semester.

Aramark is scheduled to dis-

Veteran's Day will be held on Big Event and t-shirts are being

Spirit Week prior to Homecoming will be as follows:

Monday- Jersey Day and the Meet and Greet with the Football Team in the Dining Hall will be held from 5:00-8:00 pm. It will cost eight dollarsfor those who do not have meal plans. Flyers will be given out about Homecoming soon.

Tuesday- Support your cause/ philanthropy day. Sororities, fraternities, and any other The student discount program clubs and organizations to table to help raise money for their cause.

> Shadow's birthday party will also be held in the Dining Hall on Tuesday night.

ordered soon.

Center website, the internships available feature some of Washington's many government agencies, international organizations, non-profits, and for-profit companies. Previous students have interned full-time in the White House, the Environmental Protection Agency, and the Federal Deposit Insurance Corporation (FDIC).

Students will be placed in work sites based on need and availability. About 12 students from the University take advantage of the opportunity each year, alongside students from Rutgers, Seton Hall, and other New Jersey colleges.

Nine out of 10 entry-level hires today have completed at least one internship or co-op experience, according to the Washington Center website. Most academic curriculums at the University require a three credit experiential education class which can include an internship or study abroad. The Washington Center is the complete package.

Students participating in the Washington Center program have the opportunity to intern in the Capitol Building, among many other city spots.

al for students looking for careers in Washington D.C. Many of our students have secured prestigious positions after participating in the Washington semester," said Dr. Joseph Patten of the Political Science Department and advisor for the placement program.

According to a statistic from the Washington Center, 98 percent of current interns believe the program will significantly strengthen their career prospects.

Students who study in Washington hold an edge over others and may secure a full-time job offer after interning. Students will also have the opportunity to practice networking skills and build contacts that will help with job searching after graduation. The program is not specifically tailored for political science students.

"The Washington Center is ide- available to students studying journalism, science liberal arts, international affairs, education, and many more.

Studying outside of the University is also a great life experience as well as a professional one. Housing is guaranteed for all interns, along the Metro lines leading downtown where most of the office sites are located.

Students can expect to have a completely unique experience by deciding to study in Washington alongside America's influential professionals and other students who have the same interests.

Alexandria Matz, a University senior is planning on interning in Washington next semester said, "I haven't spent much time in D.C., so I was looking for an opportunity to live somewhere new."

She said the Political Science A variety of internships are Department was very helpful cuss any issues or concerns expect the President and Vice nounced. President doing periodic checks in the dining hall now.

Fall break is this Friday. SGA GA. is hoping to extend it to a four is a way to do so without extending finals week.

Tabling has started for the tively.

and made sure that students were aware of the opportunity early on in their college careers. Matz said she has been planning to go to Washington since her sophomore year.

"I am so excited. It will be a perfect opportunity to explore the valuable work experience. My expectations are to just be very busy the entire semester," Matz said. She plans on interning in the international relations field. TWC is very involved in making sure

The Homecoming Committee regarding food services due to is still working on planning an recent complaints. Students can event for the pep rally, to be an-

> SGA is now on Twitter and can be followed @MonmouthS-

The Fresh Start Committee day weekend eventually if there will be breaking up into groups so the Holiday Bazaar and Giving Tree can be run more effec-

> that the internships offer valuable work experience. After graduating, Matz plans to apply for a Master's program in Political Science. The deadline to apply for the upcoming spring semester in Washington is November 15.

To apply, visit TWC website area with friends while getting at http://www.twc.edu/. Students must have a minimum GPA of 2.75 to apply.

If interested or looking for more information, contact Dr. Patten at jpatten@monmouth.edu or stop by his office in Bey Hall, room 248.

Who's Who in SGA: Tyler Bischoff Treasurer and Senior Senator

Tyler Bischoff is a senior from Vernon, New Jersey majoring in political science and minoring in both history and legal studies. Bischoff decided to get involved in the Student Government Association as a sophomore and served as a Senator.

He also served as a Junior Senator last year.

"I really wanted the opportunity to be the voice for the student body. Too often you hear people voice concerns in conversation about things at the school and I wanted to be the liaison for the student body so our concerns were actually heard," Bischoff said.

He thought getting involved would be a great leadership experience and would give him an opportunity to network. His involvement as a student leader has helped Bischoff throughout his college career by allowing him to take on new responsibilities within an organization that he's passionate about.

Bischoff will be pursuing an rience," Bischoff said. internship with the Washington Center in Washington D.C. next semester.

He has high hopes of attending law school after graduat-

organization. Student govern- tors aboard and allowing them ment is a great opportunity to to take on new projects. make important decisions, plan great events, and meet a lot of



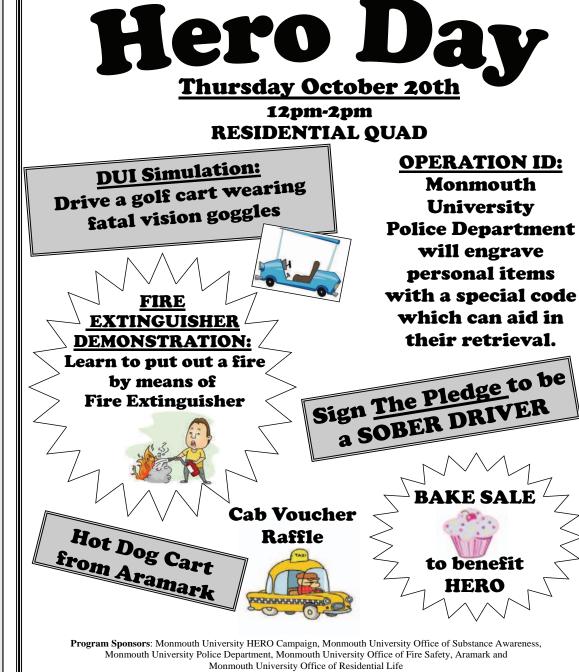
PHOTO COURTESY of Tyler Bischoff Bischoff currently has the position of Treasurer in SGA. He plans to intern in Washington D.C. next semester.

thing you're passionate for and pursuing it is important. It will really define your college expe-

Bischoff is looking forward to what the rest of the semester has to offer. SGA is continuing to expand itself and trying to build upon its already success-

ing. ful events. "All first year students He said SGA members are should get involved with an excited to have our new sena-

The Senate is encouraging all students to come by the office new people. Just finding some- and check out the organization.



This is an official SHADOW Program (W)

Catholic Centre

Sunday Mass 7 PM in Withey Chapel (downstairs in Wilson Hall)

Daily Mass Mondays and Tuesdays at 12 PM in Withey Chapel

Adoration Thursdays at 12 PM in Withey Chapel

Social Night



LAST CHANCE TO GISTER

Thursdays at 7 PM

Ask the Priest Night Tuesday, Oct. 11 at 7:30 PM in Java City Cafe (coffee is on us!)

Pumpkin Carving Thursday, Oct. 20 at 7 PM (sign up by emailing us or signing up at the CC)

16 Beechwood Avenue (Gate to our house is located in the rear corner of Lot 4- next to the Health Ctr.) 732-229-9300 www.mucatholic.org On Facebook: Monmouth University Catholic Centre CatholicCentre@comcast.net

NJ Voter Registration **Deadline is** October 18!!

Need a form? Stop by the Office of Service Learning and Community Programs in the Center for Student Success (RSSC), or the **Office of Political Science** in Bey Hall, or visit <u>http://</u> www.njelections.org



Election Day is Tuesday, November 8th.

Staying Healthy With Good Mood Foods

ASHLEY ANTON CONTRIBUTING WRITER

University students know that there is nothing like starting the day with a fresh cup of coffee and bagel toasted with cream cheese from Einstein's. Likewise, there is nothing like going out late night to McDonald's for the one dollar Big Mac ers" into your diet such as vegspecial. While these indulgences are great in the moment, do you ever feel like afterwards you have a tough time concentrating on your work, and overall feel fatigued? Chances are it is due to the tough time your body is having digesting that coffee, bagel, and Big Mac combo. According to justeatthis.com, everything you put in your body has a chemical effect, which is why food affects your mood.

"Good Food Good Mood" an article from Be Smart, Eat Smart, Live Smart online, states that eating under stress can cause digestive disorders and avoiding fat, especially oils, can cause hormonal imbalances that result in irritability and quick tempers. With hectic schedules and living away from home, college students commonly make these mistakes and as a result, their stress levels increase and good moods decrease. The secret to feeling better: good mood foods. Good mood foods provide the key ingredients to a happy personality, and allow for a much healthier lifestyle.

Without certain key nutrients

our mood has the potential to a natural sleeping aid and antiimprove, thus allowing for a successful day. This is something that we have all learned in our basic science classes, but tend to disregard and cave into our cravings instead.

Justeatthis.com suggests incorporating "mood supportetables, fruits, fish, nuts, beans, non-fat dairy products, egg whites, and whole grains for vital nourishment. These foods provide nutrients that support the chemistry within our bodies, and if eaten in moderation, help reduce the risk of depression and promote a healthy sleep pattern. So instead of having that high carb bagel loaded with cream cheese for breakfast, try one of Einstein's under 400 calorie selections, like the bagel thin sandwich with egg whites, Swiss cheese, and asparagus.

The Science Daily, a website devoted to news and articles in to health, science, environment, a dose of and technology, indicates that vitamin D omega-3 foods, such as salmon, walnuts, and kiwi provide many bodily benefits. Such foods enhance our brain memory and the sun is performance, which can be critical for a college student focused on their studies. Why not our enjoy a grilled salmon steak for dinner, or snack on mixed nuts livestrong. and fruit for a snack? Not only do these foods taste good, but they will make you feel good as ing well.

Another pattern in a college salmon, our bodies do not know how student's life is lack of a healthy cheese. to function and feel deprived. amount of sleep. Livestrong. e g g s

oxidant, to help regulate sleep. Manufacturers provide vitamins of melatonin, however natural alternatives consist of almonds, sunflower seeds, tomatoes, tart cherries, and other fruits such as bananas, pineapples and oranges, according to the Be Smart, Eat Smart, Live Smart website. Including these delicious treats in your diet will help you mellow out at the end of a long school day, and allow you to stay asleep instead of sporadically waking up throughout the night.

'Vitamin D aids in the absorption of calcium, a mineral that is crucial to your body's skeletal

and dental health,' livestrong. com indicates. One of the easiest ways attain is via sun rays. However, since not always shining at convenience,

gests foods such as

com

When we eat the right meals, com suggests using melatonin, tuna fish, and milk, in proper sources of vitamin C. amounts to supplement the sun's absence.

> According to the article "Benefits of Vitamin C" from TLC. com, there are now scientific studies proving that vitamin C is beneficial for more than just a person's immune system. It healing wounds and skin damage from UV rays because it aids in collagen production. Lack of proper amounts of vitamin C, stress, and an improper diet increase the risk on an unhealthy immune system, which is simply not a risk a college student can take. Oranges, broccoli, red and green peppers, and strawberries are all excellent and delicious dinner.

Consuming these foods in moderation will change the way students act, feel, and function throughout stressful collegelife routines. They will help improve hormonal balance, sleep habits, and over all physique. Don't wait until the school year also plays an important factor in is almost over to get on track to a happier and healthier lifestyle. Begin preparing meals with proper nutrients and vitamins to keep a smile on your face.

Provided is a delicious recipe from wholeliving.com that contains healthy antioxidants, sources of vitamin C, and is great for either lunch or a light



College Student's Guide to Fall Entertaining

ANDREA DOOLEY STAFF WRITER

Fall is that sort of picture perfect time of year. The weather could not be crisper, the sun could not feel warmer, and the leaves could not be more colorful. It's the time for sweaters, pumpkins, apple cider, and having fun with your friends and family. Spending time outside is ideal, because in only a few short months it will be too cold to get out of bed in the morning. But once all the pumpkins are picked, and the apples have made enough pie and cider to last you all winter, what's next? If vou are in the mood to take on a fun project, think about having a as black and orange jellybeans, or few close friends over for a fabulous fall gathering.

be stressful for any host, and if you low or orange candle in the middle and your guests, throwing some with those same candies. store bought frozen h'ordeuvres in the oven, and combining them mini orange lights beneath a glass with soda and iced tea, isn't really going to cut it. Skip the traditional three-course meal- it's time con- the corners to each table leg with suming and expensive. Instead try a spread of finger foods that reflect those well-prepared three courses. Throw in some seasonal drinks, and decorate simply, yet festively. You will have yourself a get together you can be proud of, and one that your guests will rave about. A successful party, no matter what time of year it is, can be greatly influenced simply by the décor. Since we are in college, spending the money we don't have on decorations doesn't seem practical. However, there are a few easy ways to transform any space into Erica Murray, a Monmouth sean autumn abyss without blowing your budget. To start, candles alone can make a great difference. Thanksgiving wraps are a cus-Stop and Shop Food Store in the tomer favorite. "It's so simple

two for five dollars. They come in a wide range of scents for fall, and with just two of the same scent, you can really warm up a room.

According to Sarah Leedy, of Leedy Interiors in Colts Neck, using various sized pumpkins in key places such as on the fireplace mantle, bathroom counters, or next to the kitchen sink can add fall touches throughout the house. "Using fake leaf vines to connect them give off that pumpkin patch effect, which is a very simple way to bring the fullness of fall into your house," said Leedy. She also suggests filling various sized glass jars with festive candy, such candy corn.

A similar idea, according to Having a small get together can about.com, is to place a large vel-

natural soy blend candles priced at She explained it more or less as quick, easy, and delicious." a Thanksgiving dinner inside a single wrap. It includes sliced deli turkey, swiss cheese, a layer of stuffing, brown turkey gravy, and an optional spread of cranberry sauce. Cut the wraps in half to offer smaller portions for guests so they don't fill up too much on one wrap.

Another tasty fall finger food is a twist on the classic favorite mac or make it yourself) and place the and cheese with "mac and cheese apple on a buttered baking sheet. cups." "My mom always makes Then leave the apples in the rethem during the fall," said Samanfrigerator for 15 minutes so the caramel can harden, resulting in a tha Berry, a Monmouth senior. "They're just as easy as regular delicious dessert that's perfect for mac and cheese, and taste just as fall and fun to eat. good, if not better. You make reg-Looking to add a cocktail to the ular mac and cheese as you normix? Hot apple cider is perfect alone, or with dark rum. Mike Pilmally would, with whatever brand you prefer, then scoop into muffin la, head bartender at Avenue Rescups, add some breadcrumbs on taurant in Pier Village, suggests be extravagant and it doesn't have top, bake in the oven until they a simple yet delicious fall cockwant to make it memorable for you of a low bowl, and fill the space hold together, and serve. They're tail, which Avenue calls "Spiced fall gathering

If you're looking for something sweet to add, why not try making your own caramel apples. I love making homemade caramel apples by cutting the apples in half, cutting out the seeds, and placing a craft stick in the middle of each half. I then dip each half into caramel sauce, (you can use either store bought caramel sauce,

Pear." "It's fall in a glass," said Pilla. "The drink contains simple ingredients: Sailor Jerry Rum, pear Berentzen liquor, pear puree, lemon juice, and a dash of cinnamon to garnish. "I can't give you the measurements, but it's not too difficult to figure out on your own," said Pilla, with a big sarcastic grin.

So there you have it. A few simple suggestions for a creative get together with close friends. A little décor, a few tasty bites to eat, and a sweet ending make for a festive evening to be appreciated by all. Check out the local dollar store for decorations, chip in with your roommate for some food, and turn your off campus house (or dorm) into an autumn gettaway for the evening. It doesn't have to to be expensive to be a fabulous

About.com also suggests taping table top, covering the table with sheer or silky fabric, and tying orange ribbon. Turning the lights on in a dimmed room will create a seasonal warm glow. A good place to search for these few items is the dollar store, which is usually filled with fun and inexpensive fall dé-

Making food for this occasion doesn't have to be complicated, time consuming, or expensive. Delicious finger foods that your guests can pick at throughout the night can often be more enjoyable than a sit down dinner. A very appropriate item for any fall festivity is the "Thanksgiving wrap." nior, works at Bagel Basket Café in Spring Lake Heights, where West End of Long Branch carries and so delicious," said Murray.

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Wilson Auditorium Gets a Visit From Nick Flynn

CASEY WOLFE CONTRIBUTING WRITER

The University's Visiting Writers Series presented its second author of the year by bringing Nick Flynn to Wilson Auditorium on Thursday, October 6. The audience was comprised of students and professors alike, who were both eager to understand the mind and works of this accomplished writer.

Among Flynn's published works are poetry collections like "Some Ether" and "Blind Huber" as well as two memoirs.

His earliest memoir, "Another Bullshit Night in Suck City," was published in 2004 and tells the story of Flynn and his unanticipated encounter with a father who, until then, has been in prison for robbery. In the upcoming year, this literary work will appear as a feature film, currently called Being Flynn, starring Robert De Niro, Julianne Moore, and Liv Tyler and directed by Paul Weitz.

While at the University, Flynn shared his thoughts about seeing his story reenacted on set and the inspirations behind many of his other works.

Michael Thomas, Director of the Visiting Writers Series and Assistant Dean of the School of Humanities and Social Scienccrowd and introduce Flynn.

For those unfamiliar with the Thomas gave a brief introduction with high regard to Flynn's writing and talked about the writer's fiction.'



PHOTO COURTESY of poetryfoundation.org

Author and poet, Nick Flynn, visited Wilson Auditiorium as part of the Visiting Writer Series where he discussed his life and literature.

Cullough, a writer and professor from Brookdale Community College, who presented an eloquent poems. introduction referencing one of Flynn's poems from his collection, "Blind Huber." "From bees come honey; from art comes sometimes es, was the first to welcome the a way to go on," she said, characterizing the themes of his work.

author's poetry and memoirs, his character from his best-selling memory and emotion in his eyes memoir and started describing his out of body experience while on set. Reenactments became a recur- and relatable human being when "renowned sense of poetry and ring theme throughout his entire comic relief seemed necessary. presentation. The crowd viewed He was humble, joking that we dolls home and boiled them for ber 8.

The next speaker was Laura Mc- this again when he talked about should all have been protesting Amir, an ex- detainee from Istanbul in reference to another of his

Flynn wrote how Amir stood up with his arms out as if he had been crucified on a cross. "The scribe has nothing to write; the painter has nothing to paint," he read aloud in reaction to Amir's Flynn approached the podium as pose. The audience could read the as he read his experiences aloud.

However, Flynn became a real

on Wall Street rather than listening to him speak and briefly mentioning his daughter and family at home.

Reading his poem, "Box of Dolls," Flynn shared his "rubber faces" to emphasize their fakeness, as well as men-

sanitation.

Flynn proved his ability to make real situations feel like a dream through his writing. He alluded to the Catholic tradition of Lent, though he himself is not Catholic. He was not aware that Lent had started until a member of the cast came to set with the ashes on her forehead, marked by a priest. They filmed for 40 days straight, the length of time many people give up something for lent. Flynn writes: "Welcome to the desert; here comes the rain."

On the set of Being Flynn, Flynn was an inspiration. Liam Broggy, the actor who played young Nick Flynn in the film looked up to him, asking how someone becomes a writer. Flynn gave the simple answer of telling him to write in the styles and genres he likes to read, an obvious answer for Flynn. He spoke about his writing out of honesty rather than pride, while still keeping a deep connection with his work.

When people would ask him how he came up with the character of his father in the memoir, it would bother Flynn that they believed that the story was fictional and that the events and people portrayed in the film were unreal.

Seeing Flynn in person showed Flynn shared his this talented writer as a personthoughts on becoming a father. able man and happy father, too. The imagery used to describe His memoirs or poetry are availthe dolls in a parenting class able for reading, and stay on the represented the unrealistic feel- lookout for Being Flynn, which is ing he felt. He used terms like set to be resleased sometime in the next year.

The next writer scheduled for tioning dialogue with the in- the Visiting Writer Series is Mistructor about how she took the chael Waters on Tuesday, Novem-

How to Succeed in Repleteing Demiel Rectalifies on Brockwer Darren Criss and Nich Jonas to Take Over Leading Role Next Year

NICOLE MASSABROOK STAFF WRITER

Last spring, Broadway revived the classic musical comedy How to Succeed in Business Without Really Trying with much success.

Jd

The musical centers around J. Pierrepont Finch, a window washer who works his way up the corporate business ladder with the help of a book aptly called "How to Succeed in Business Without Really Trying." Stars John Laroquette and Daniel Radcliffe have received much critical praise for their performances. Although Radcliffe was overlooked for a Tony Award nomination (some even say snubbed), Laroquette was nominated and won for Best Performance by an Actor in a Featured Role in a Musical. However How to Succeed has to at least partly thank *Harry Potter* star Daniel Radcliffe's fan base for the wonderful ticket sales. With Radcliffe stepping down from the role of J. Pierrepont Finch on January 1, 2012, who has enough pull to keep the ticket sales up and attract the interest of a younger crowd? Why, none other than a "Glee" star and a Jonas started with his friends from col-Brother, of course.



of attention. Even a soon. It's ironically Jake in 2001. fitting that one Harry other.

Blaine really attracted a lot of attention.

friends who didn't see with dark hair and loads of teenand getting quite a bit Jonas of the Jonas Brothers.

Jonas isn't making his Broada third installment is Broadway appearance was in supposedly coming Annie Get Your Gun as Little

Potter is replacing an- appeared as Chip in Disney's Beauty and the Beast, and in However Criss is 2003 the youngest Jonas Brothcurrently starring on er appeared in Les Miserables in real life, hence his own Disney Channel show, flocks of adoring teen- and make a couple of Disney esting," Tshudy said. age girls), and this is Channel movies to become evobviously where he ery tween girl's dream guy. of left field, however. Jonas appeared in a production of Les mer, this time as Marius, a supporting role as opposed to the minor ones he had on Broadway. In August, Jonas appeared in his first leading role in a prolywood Bowl as Link Larkin. playing a teen heartthrob was smart business move. too hard for him).

share with family and 22. So what other actor is short Pacifico, a sophomore at the University and a Jonas fan, hopes that the show live, but it age girls who will come to drool this will further Jonas' career. "I ended up going viral over him? That would be Nick think it's going to be great to get to see him in a different element and away from the Disney persosequel was made and way debut though. His first na. He is extremely talented, and sometimes I feel like he doesn't get as much credit as he deserves because he's has this stereotype The following year Jonas as a 'Disney Star.' So hopefully this puts him in a better light where he can be respected by a wider audience," Pacifico said.

Jenna Tshudy, also a sopho-"Glee" as gay teen as Young Gavroche. Then of more and Jonas fan, is a little Anderson course the New Jersey native more apprehensive. "He hasn't (Criss has made it took a break from Broadway to been a lead yet, and it's also a clear that he is straight put out a few albums, tour, film very different kind of show from what he's done. So it'll be inter-The show itself doesn't exactly sound like something teen-Going back to his Broadway age girls would be dying to see. roots isn't exactly a move out Still, How to Succeed is actually a very funny and enjoyable show for people of all ages, even if the Miserables in London last sum- synopsis alone doesn't exactly grab teenagers' attention. There probably aren't a lot of teen girls who are excited to hear of a musical about a guy in the 1950's breaking into and movduction of Hairspray at the Hol- ing up in the corporate world, so grabbing their attention with (Somehow it doesn't seem like Criss and Jonas is probably a How to Succeed will most like-On January 24, Nick Jonas ly continue to thrive on Broadwill step into Finch's shoes in way while filling seats with teen-How to Succeed and will stay in age girls for at least the first half of 2012.

"Glee's" Darren Criss will first succeed Radcliffe and move his singing and dancing from screen to stage on January 3.

While this will be his Broadto the stage. He has his own cal. Chicago-based theatre company, Starkid Productions, which he put the musical up on YouTube to uary 3 and will finish on January

PHOTO COURTESY of aceshowbiz.com Darren Criss, who plays Blaine on "Glee," will

make his Broadway debut in How To Succeed In Business Without Really Trying after Daniel Radcliffe leaves in January.

lege.

was enrolled in the University of Michigan's theatre program, he first gained notoriety by writing the music for and starring in the Harry can't miss too many episodes of way debut, Criss isn't a stranger Potter parody, A Very Potter Musi-

He and his friends originally just

Criss fans seem to approve of this role. "I think he will be an excellent addition to the Broadway commu-

nity! He was amazing and lovely in A Very Potter Musical and I love his portrayal

of Blaine on 'Glee.' I'm definitely While the San Francisco native asking for tickets for Christmas!" said sophomore Melissa Safchinsky.

> As a full time cast member, Criss the hit show, therefore his run as J. Pierrepont Finch will only be three weeks. Criss begins his run on Jan-

the role until July 1.

Nick Jonas' fans have mixed opinions about the role. Ashley the Al Hirschfield Theater.

How to Succeed is playing at

Cooking Up Drama at Pollak Theatre

RAY RANOUS CONTRIBUTING WRITER

Just a few years ago, not many people in New Jersey would have thought about going out to see a live play, especially in London, England. With the revolutionary National Theatre Live, a company that broadcasts performances to cinemas all around the world, watching a live play in England without leaving Monmouth County is now a regular occurrence.

The Pollak Theatre at the University filled quickly with moviegoers of all ages the evening of Thursday, October 6.

From children and college students to parents and grandparents, they could not resist entering the auditorium in anticipation of the fall's second National Theatre Live presentation, Arnold Wesker's The Kitchen.

Set in 1950's London, a seemchefs, waitresses and porters - comprised of English, Irish, German, Italian, French and Jewish men and women, struggle to maintain the sanity in their kitchen. The performance included 30 actors and actresses, and maintained a very intense, fast-paced story throughout the duration of the two-act play.

The Kitchen, which has appeared in theatres in over $\frac{30}{30}$ countries worldwide since its debut at London's Royal Court in 1959, was performed live from National Theatre's Olivier Stage in London. Combining the highstress environment of working in the kitchen of a highly successful English restaurant with time at all to develop any charac-



PHOTO COURTESY of guardian.co.uk The hustle and bustle of cooking with others was captured in the revival of The Kitchen, which was broadcasted in Pollak Theatre last

the clashing personalities of the ters, except for some events that characters, the tension in the play was thick enough to be cut with a knife, drawing the audience right into the kitchen with the staff.

week.

Peter (Tom Brooke), a Geringly mismatched group of man cook in love with Monique. a married waitress, struggles to realize what it is he truly wants from life, while the woman he loves is not sure whether she wants to divorce her husband to be with him. Meanwhile, a new cook searches for a way to fit in with the ragtag group of kitchen staff while they bustle about during a typical work day of nonstop service.

The cast, led by Brooke (Pirate Radio), Katie Lyons (The Imaginarium of Doctor Parnassus) and Samuel Roukin (Harry Potter and the Deathly Hallows), put on a performance that kept viewers on the edge of their seats.

The first act did not take much

had taken place in the world of The Kitchen prior to the telling of the story. It was mainly focused on exposing the viewer to the agitation and high-stress environment that many kitchens around the world feel on a daily basis, which was one of the goals of Wesker when he originally wrote the play in the 1950's.

Peter was very excited about working in such conditions, and was not afraid to show his delight as he performed his duties as quickly as he could. However, this could have been his flaw because he did not seem to know how to slow down once the work first, slowing from the fast-paced Hodge about an imaginary enwas completed.

Due to certain restrictions of performing on a stage, the actors could not actually cook real food as props. Instead, they chose to pantomime the food they were cooking, as well as the cooking itself. Jeremy Lee, the scenes, said of the actors during his dream is, and at the very end a 10-minute break between acts, of the play he still does not have "These actors were totally committed to learning how to cook. he breaks down violently and ac-We practiced on real food so they could learn the way chefs really do it in the kitchen. I am really proud of their dedication to this about plot and story as it was performance."

At the end of the first act, Peter asked his male coworkers, who were finished for the day and relaxing after a hard shift in the kitchen, what their dreams were. The answers he got were typical of that type of discussion, centering on money, wealth, and women. When the question came back to Peter, however, he found that job portraying their charache did not have an answer. This ters." Meanwhile, Guido said, alluded to Peter's inability to decide what he wanted to do with actors] learned how to do all the the rest of his life.

The second act took a hard left turn from the momentum of the Collaborators, a play by John

"These actors were totally committed to learning how to cook. We practiced on real food so they could learn the way chefs really do it in the kitchen."

> JEREMY LEE **Cookery Consultant**

work environment to a slow, almost dead workplace. Some of the characters took that time to ponder themselves as Wesker delved deeper into the personalities of the more prominent characters.

counter between Joseph Stalin and Russian playwright Mikhail Bulgakov, and William Shakespeare's Comedy of Errors.

Anyone who wants to come to the shows should visit the box office at the MAC or go to mon-

Peter spends the rest of the sec- mouth.edu/arts.

lls towa EARS OF WAR 3 CONCLUS

NICK SEGRETTO STAFF WRITER

I have been waiting for Gears of War 3 for a good three years. This game has finally hit shelves and it's time to finish the fight against the Locust.

This game is rated M for Maall its gore and cursing.

Don't pick this up expecting a fun family adventure (but then again, why would you expect that from a game called Gears of War?).

The Gears of War series has graphics and when the cut scenes but it isn't a big deal. funny moments of dark humor rent set up? and the music is representative of what is currently happening. However, the music doesn't try to steal the glory, opting instead to compliment the action, or gloom, happening at the time. The story is still very strong, and while I liked Gears 2 so much because you felt connected with Dominic Santiago's quest to find his missing wife, here the star of the game is Marcus Fenix. Dom is in depression, the human army is falling apart, and Marcus's father, Adam Fenix is revealed to be alive and has the solution to end the war. The story does a good job bringing the player in and sympathizing with the characters, this time very much so with Marcus. You really feel like he and Delta many other shooters, but you earn self, trust me, you're better off

Squad are the last hope for humanity as enemies approach from all sides.

As far as game play is concerned, I'd say there is both a step forward and step backward. Anyone who has played Gears of War knows that it is unlike many other shooter games out there, going for ture and deserves this rating for a third person perspective with a strong emphasis on taking cover.

In Gears 3, it is easier to switch from covers, and you can continue aiming down your scope when you exit cover, something that wasn't in the other games.

One downside of the game is always had impressive visuals, that picking up items now rebut very often during cut scenes, quires you to stand over the item you'll see less detailed images. and hold down the button for two modes in versus, like "cap-Basically, the game has to load the seconds. In the earlier games, it ture the leader." It's like capmerely required a button tap. In ture the flag, but instead start, it may not be finished. This some instances, this adds depth take the leader of the other is still a present issue in *Gears 3*, and required you to strategize. Do you risk standing out in the open The audio is just as good as the to pick up a new weapon, or do change of pace that can't other two. The characters have you stay in cover with your cur-Another fault of the game is when you take too much damage, you go into a "downed" state. You aren't dead, and an ally can come along and pick you up, but in Gears 3, it doesn't work all of the time. You can be standing directly over the person holding down the button, the icon to pick them up is flashing, but it doesn't work. This is something that mandates a patch, but I've yet to see one. Aside from that glaring fault, there is a strong amount of replay value in this game. The campaign now supports four players (in the others it was two). An arcade mode competition is also included, where the players compete for the best score.

points to level up in all game modes, including campaign, which is pretty helpful. You don't get to use things like perks and classes, but you do unlock weapon skins as well as characters from the other games. Of course, everyone wants to get to level 75 so they can get good old Anthony Carmine.

Online versus is still just as much fun as before. With new weapons like the retro lancer which is stronger than the regular lancer but has less range, there are more weapons to start with.

There are also a few new team hostage and bring them to your base. It's a cool be provided by first person shooters. Horde mode is also back and looks like Epic Games took a page from Call of Duty, because horde mode is now much more in depth as well. The premise is the same, 50 waves of enemies, and the only way to progress is to destroy all enemies. This time around you earn cash for your participation. The cash can be put towards buying new weapons and ammo, or towards defensive purposes. You can set up barriers to keep enemies out. decoys, turrets to take down bigger baddies, and sentry turrets to help out in the fire fights. Teamwork is still an essential part of the gameplay. If there is one cowboy who thinks he can take on the entire horde by him-



cookery consultant behind the ond act trying to figure out what an answer to that question after cidentally injures himself in the process.

The play was not so much about displaying the repetitive daily routines that normal people go through.

University seniors, Leo Wong and Frank Guido, attended this broadcasted performance and said they found it enjoyable.

Although Wong had to get used to the accents, overall he said, "The actors did a great "I thought it was cool how [the cooking for the play."

Future performances include

There is a level up system like in

PHOTO COURTESY of videogamewriters.com

Humanity confronts the benevolent Locust one last time in the highly anticipated sequel, Gears of War 3.

without him. When every 10th most feared Locust of all, the wave includes a giant boss enemy, you really want every player helping to hold down the fort.

opposite of horde mode. Here, you are the Locust and you have to kill the humans within a time limit. You start off with weaker creatures, but as you build up your score, you can play as better Locusts, like the reviving head priest Kantus, or the rocket launcher wielding Boomer.

However, for those who give the game their all, by end game you can choose to play as the big, the bad and the ugly. For those who unlock the feature, they can choose to play as an indestructible Armored Kantus, a barrier breaking Savage Boomer, or the

Berserker

Like horde mode, teamwork is essential here too. Without good There is a new mode available team chemistry, don't expect to called beast mode, which is the reach the 10th wave. Sure there are only 12 waves, but that's not the point.

> Gears of War 3 may be the end of the storyline, but unlike Call of Duty or Halo, I wouldn't mind if more side games came out. This game is straight up fun and if you want a change from the 2000 first person shooters out there, here's your answer.

> Gears of War 3 gets 9.5 out of 10. Once those minor issues I've talked about are patched up, this game will be even better than before. This is a fun game with huge replay value that I'm sure you'll want to keep playing.

Looking Through the Other Side of the Lens Meet Jim Reme and Blaze Nowara, the University Photographers

AMANDA REMLING GRADUATE ASSISTANT

Deep in the basement of Wilson Hall is the University's "best kept secret on campus"... the Copy Center. But buried within the Copy Center, hidden in their kitchen area, is the University's dedicated Photography Department. Jim Reme, the University Photographer, has been taking pictures on campus for 17 years, but his passion for event on campus. photography started a long time before that.

'My father was a photograabout eight-years-old." The Belmar native attended Faircourse in photography," said Reme, "I knew most of what I'd learn."

Before working Monmouth, Reme used to own a photography studio in Spring Lake, worked as a photographer for the Asbury Park Press, and was a photographer for the NFL for 23 seasons. In 1994, when Reme began working at Monmouth, he was still doing photography on Sundays for the NFL. Luckily for him, the crazy schedule of photographing Monmouth football on Saturdays and then the NFL on

has while on campus.

The Photography Department is responsible for pictures in University promotional literature and publications, news releases, web pages and any other printed material. While Reme might be a talented and dedicated photographer to the University, he is certainly no Houdini. With the help of Blaze Nowara, Assistant Photographer, Reme is able to capture every "photography requested"

"The fall is very difficult," said Nowara, a graduate of James Madison University. "There are pher," said Reme, "So I've been a lot of athletics on the weekends doing photography since I was and events. When the academic events coincide with the athletic events it gets very busy." On a field University as a marketing particularly long day for Reme, major. "I didn't need to take a his day on campus begins at 6:30 am and he anticipates on leaving campus around 10:00 pm.

> "This morning we were doing at head shots," said Reme. "Tonight we're shooting some stuff in the Hawk TV studio, an event over in the MAC, and then we're doing something really kind of different tonight. We're shooting a group picture of all the athletes for the athletic department." While Reme will be safe on the ground, Nowara will have the pleasure of boarding a cherry picker to photograph the over 490 student athletes on the soccer field.

Nowara, who has been working Sundays helped prepare him for for the Photography Department the packed schedule he usually for three years, is not only the As-

sistant Photographer, but a student then the year in the University's Corporate and after that he Public Communications Graduate was on Sat-Program. Currently, Nowara is creating a short film for the graduate Live,' programs capstone project about Al- Reme. "Govternatives to Violence, a non-profit ernor Chrisorganization. The organization, tie has been which Nowara has been volunteering at for over a year, works to re- times, so I duce levels of violence found in our have photosociety by introducing people to graphed him peaceful ways of resolving conflicts.

Nowara is also currently working on a website that documents his eight-day trip with his sister to climb Mt. Kilimanjaro in Africa. Justclimbedkili.com allows adventure enthusiasts to check out pic- ing tures and videos of his trip, reflect on their own past adventures climbing and "prepare for the big trip."

Between the sports games, concerts at the MAC, and cherry pickers, it seems like it would be hard than just cool for Reme and Nowara to pick what photo their favorite part of the job is, but the answer comes easy to both of them. "I like the diversity of the wife job," said Nowara, "The work is said always different every day. I really enjoy shooting concerts at the married like MAC. I think I like Alice In Chains three the best... the energy of the crowd, ago." the colors, the lights, the band."

'We both fought over the Back- his now wife, street Boys," added Nowara, "but Jamie Mitch-Jim won that one." Reme reflected ell, back on some of his favorite events English professor, for years while that he shot on campus. "I photographed this guy named Chris Rock that did a performance here, and "You should take her course."

urday Night said here a couple and then you think like. 'holy cow he could be President," said Reme, laugh-

Reme got a little something more out of the University opportunities. "I met my here,' Reme, "I just got weeks Reme had known

Adjunct

And Then There Were Ten

So the next time you see Reme working at the University. "She's or Nowara with their cameras really terrific," Reme adds in, around campus, be sure to flash them a big smile.

PHOTO COURTESY of Monmouth University Photography

Reme (left) has been working as a photographer

on campus since 1994, while Nowara (right) started

working at the University three years ago.

What to do With Your First Credit Card

Credit continued from pg. 1

Some cards even offer zero percent interest rates, but they can be misleading. An article on Creditcards. com, titled "Seven Tips for Handling Your First Credit Card," says that some credit card companies offer a zero percent interest rate; however, it is often only the introductory rate, of time, the rate will increase. Scott adds, "Even if a card advertises low rates, as soon as you fail to pay off the line banking to manage credit cards immediately."

In regards to the annual fee, there are multiple cards that offer this perk and it is best to take advantage of it. The

but soon it will catch up to you.

Another important rule for students to follow when using a credit card is to pay their bill on time and in full. This eliminates any chance of a late payment or acquiring debt. Scott adds that both situations can hurt your credit score, and/or retailers can decline your card for purchases.

"If you get a credit card, start out meaning that after a certain amount by charging very little with it until you get comfortable paying it off every month" says Scott, "Using ontotal balance the rates will increase is great." By going online, students can always keep

track of the balance on your card.

should also be weary of their card limits. De-

LAUREN GARCIA ASSISTANT NEWS EDITOR

She came running and racing and dancing and chasing and leaping, heart pounding, hair flying and splashing and reeling and finally feeling that now is when her life begins. And between escaping her tower, befriending ruffians and thugs, discovering she is the lost princess, and finding true love, life for Rapunzel and her 70 feet of healing, magical hair, has indeed before she arrives, we need her emony. begun. Only be-

gun, in fact.

Last weekend at Kensington Palace Students in London. in the presence of the nine other Disney princesses and thoupending on your sands of Disney credit card disfans from all over the world, Rapuntributer, fees can differ. Bankrate. zel was crowned com reports that as the tenth official \$29 and \$35 are Disney princess common "overand was welcomed the-limit fees." into the Princess Hall of Fame. With a small limit, those fees can "I actually thought zel was one of the ington Palace in London.

all dressed as their favorite princesses.

Rapunzel Becomes Tenth Official Disney Princess

The crowning ceremony began with Cinderella's fairy godmother introducing each of the princesses: Snow White, Cinderella, Aurora, Ariel, Belle, Jasmine, Pocahontas, Mulan, and Tiana. But before the belle of the ball could be brought out, a certain someone was due introduction.



and were joined by young girls the background, Flynn Rider produced the tiara of the lost princess from his satchel and crowned Rapunzel as Disney's tenth princess.

After many near romantic kisses between Rider and the newly crowned royalty throughout the duration of the song, Rider left the stage with a kiss to Rapunzel's cheek. The fairy godmother then had the audience stand up and curtsey to Disney's newest "Rapunzel is on her way. But princess, thus concluding the cer-

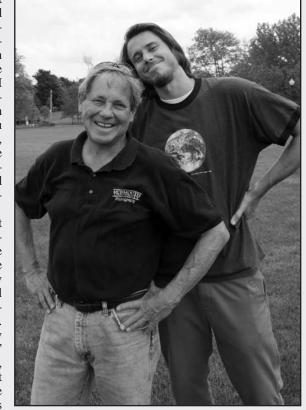
> "If you look at the princesses from each era you can really see society's view on gender roles and views for young girls," said Ashley Szarek, junior.

> > "She's a good

role model for little

kids," said Olivia

Rosiello, junior.



annual fee on a card is simply known as the fee a card company charges you for using their card.

Overall, Scott recommends getting a card that is widely ac-

cepted and offers good rewards.

After you have scoured through all of the different types of cards and have discovered the best type for your uses, there are simple things to always do to stay on top of your money and debt. According to the article on Creditcards.com, setting a budget is essential. There should be a certain amount of money that you feel comfortable paying back; this should be based on how much money you earn or how much you have saved.

One of the tips offered in the article on Creditcards.com lists that students should not use the credit card for more than can be paid back. You might be able to defer paying for that sweater you have been eyeing,

comfortable paying it off every month."

"Start out by

charging very

little with it

until you get

ROB SCOTT Associate Professor of Economics

be a hefty chunk of the bill.

But opposed to the cons, getting a credit card does have its perks. According to sophomore Kati Latina, her credit card was a great help when she came to school. "I am able to purchase necessities even if I am low on money, and so far I have been able to stay up to date with all of my payments."

Overall, there should be a line between purchasing necessities and spending recklessly. If you make your payments (and on time), you can build up a good credit score. This can help you in the future when buying a house, a car or making the decision to take out a loan. As long as precautions are taken, credit cards can be an advantage to college students.

about the outside world. She wasn't helpless either. She was pretty well rounded, knowledge-wise. She was objective and always asked questions."

royal creation, led a procession of horse drawn carriages to the palace followed by her fellow princesses in chronological order with Tangled's quirky, hair glowing star bringing up the rear. Upon arrival, the royals lined up on the stairs of the palace song "I See the Light" played in Disney channel.

Rapun- Rapunzel was crowned as an official Disney princess at Kens-

her liberation from her ignorance princes and princesses, I present to you and please welcome, Flynn Rider!"

The dashing thief snuck his way to the stage through the crowd, winks and waves handy to Snow White, Walt Disney's first his adoring young admirers until his princess was announced.

Rapunzel bounded through the white curtain in a long purple cloak, her 70 feet of gold hair bound and braided with flowers. While the Tangled's signature

PHOTO COURTESY of disney.com

Rapunzel was well known for her resilience, her charisma, and her determinathroughout tion Disney's 50th

more interesting animated feature. Disney princesses," said Brandon prince!" the fairy godmother The character, who had been Hayes, junior. "Her story was about cried. "Ladies and gentlemen, kidnapped by a vain, evil witch for the magical healing powers of her hair, is seen as an intelligent, trusting young woman who works her way to getting what she wants and deserves.

> "When I was younger, I loved The Little Mermaid," said Kyle San Andres, junior. "But 10 princesses. Eleven will be coming up around some point."

> In the spring, a short film on the marriage of Rapunzel and Flynn Rider will be broadcasted on the

Is Graduate School Worth it?

Weighing Your Decision to Get Your Master's Degree

MICHELLE GILMAN STAFF WRITER

Getting a master's degree can Leadership open doors, but the amount of debt it brings can also lead to devastation. Many people believe that having a master's de- isn't gree can make a big difference in anteed a job the professional world.

John Genovese, University graduate student, said that in this ate school, he economy, students who graduate or she should with a bachelors degree should try and enter the working world right out of college. But if a student isn't being offered a position, he or she should then apply to graduate school.

"Graduate school gives you a chance to add to your skills and make yourself more marketable for potential employers," said Genovese.

Genovese said that graduate school will give students the opportunity to further their knowledge in their field. It will allow the student to tackle more University are complex topics in much greater aware of all depth. A graduate degree is a huge commitment but it will al- and budgetways shows that you have a thirst ary issues infor knowledge and are able to take your abilities to the next level, he said.

"Time management skills are master's procrucial to surviving in the work force. There is no way someone can get through graduate school without the ability to juggle mul-

vese

graduate student, said that if a student guarright out of undergradugo back to school to further their education.

"I believe master's my was worth it in the long run because I already know a lot more about public education. The professors at Monmouth the new laws volving public schools. When my

gram is comcrease," said Colte.

Cardillo, Donna

tiple things at once," said Geno- Monmouth University graduate Education is only one factor but fessor in Accounting, points out student, said that every student an important one. Melissa Colte Educational should attain a master's degree at

"It has made an enormous dif-



Potential graduate students should first figure out what their goal will be before making the commitment to get their master's degree.

plete, I will receive a pay in- some point. A bachelor's degree eral studies graduate student, is

Put Down That Phone! The Dangers of Texting and Driving

ANGELA GENTILE STAFF WRITER

We've all done it. As you're driving, you hear your phone ring. You check the text, reply, and throw it back onto the passenger seat, all while keeping a steady speed. No one died, right? No harm done. Plus, you can drive while texting, you know what you're doing.

Well in those five seconds it took for you to answer that text, you may have traveled the length of a football field.

Seems a little dangerous to do without really paying attention, doesn't it?

while driving had not been legal."

According to CBS News, 97 percent of Americans agree that the habit should be illegal.

President Obama signed an Executive Order directing federal employees not to engage in text that text you got isn't as impormessaging while driving government-owned vehicles; when using electronic equipment supplied by the government while driving; or while driving privately owned vehicles when they're on official government business, as reported by the Office of Public Affairs.

Tom Dingus, Director of the Virginia Tech institute, agreed with President Obama and the Office of Public Affairs that tex-Up until recently, texting ting while driving "should be il-

With your help, texting while driving can be eliminated.

A revolution only needs one person to start it; eventually others will follow. Just remember, tant as your life, so put down the phone.

ference in my more myself and the world around better prepared to make an even more positive impact in the world," Cardillo said.

Cardillo said that graduate school is a small price lifelong benefits. professional.

"My higher education was a wave that was propelling me forward and contoday," Cardillo.

Lily Lupo, Rutgers University lib-

alone will never get a student a currently on hiatus from gradu-CPC job or ensure a successful future. ate classes at the university because she feels it is not required at this time. Lupo is currently in debt from her undergraduate dewould be better to first pay off her current loans before creating more debt.

city, making great money as a secretary for a law firm and I feel I will go back to school and finish my degree when the economy gets better and I pay off all of my loans. Currently I am not in line for a big promotion, so a master's certificate is not my top priority," said Lupo.

Linda Flaming, Associate Pro- and goal," said Genovese.

that while graduate school might not be needed for a student's first job out of college, when it comes life. I know time for a promotion, the student about with the advanced degree will usually get the benefit.

"Students need to get out into me. I am more the world, and get hands on expeconfident and rience. If the job isn't there, then they should go ahead to graduate school," said Flaming.

According to the University website, the current price of graduate school is \$868.00 a credit. However, in order to begin working towards a master's degree, a student must acquire a bachelor's degree first.

Sara Dizenhaus, University Graduate Alumni in the Master to pay for the of Arts in Teaching, said that most of her friends will be payboth ing off their graduate school personal and loans for the rest of their lives.

"My total cost for 36 credits comes out to around \$35,000,' said Colte.

Dizenhaus highly recommends students to go back for their masters degree right after receiving their bachelors degree, because tinues to do so in this economy, the jobs are exsaid tremely limited in every field.

> "Rather than sitting home wondering why you aren't employed, I suggest students start taking classes towards a master's degree if they have the opportunity,' said Dizenhaus.

Dizenhaus said that her master's degree cost about \$36,000. Until the economy improves, the certificate will not pay for itself. gree and feels in this economy it Enhancement in the economy will lead to an increase in pay and sometimes better positions.

"When you're going through a "I am currently working in the graduate program, you are faced with more complex assignments that force you to think more indepth about various topics. The degree facilitates a student in developing valuable skills while also sharpening the skills you already possess," said Genovese.

"Don't get a masters degree just to get it. There has to be a purpose



PHOTO COURTESY of the City University of New York

taken very seriously. But since there were about 6,000 deaths caused by distracted driving in 2009, people have begun to realize how dangerous texting while driving can really be; and have tried to stop it.

Studies done by the Virginia one of the leading vehicle safety investigation institutes in the world, showed that while a teenager is texting behind the wheel, he or she spends at least 10 percent of that time outside the driving lane they are supposed to be in.

The study also showed that drivers using a hand held device are four times more likely to be in a serious crash than those that are not distracted while driving. At that point, why even risk it? I'm sure any information you were going to get from that text can wait until you are safely parked and off the road.

If the President of the United States is getting involved, you know this is a big deal.

Yes, answering that text you just received while still driving may be convenient at the time, but it is just not worth it.

Not only is it dangerous for Tech Transportation Institute, you, but also for the drivers around you.

> Studies show that for every six seconds of driving, a driver sending or receiving a text spends at least 4.6 of those seconds not looking at the road, making texting the most distracting cell phone task.

This, along with many other reasons, is why states across the country are now trying to make texting while driving illegal. Although many police officers believe that catching someone texting while behind the wheel is more difficult than catching someone, for instance, talking on the phone or not wearing a seat belt, it must still be done.

"John's writing engages new audiences, and serves to make complex issues accessible for individual and

community reflection and action."

- Joy Ackerman, Chair, Environmental Studies Department, Antioch University.



For their first ever Faculty Artists Series FAMCO will present Professor John Morano author of The Morano Eco-Adventure Series, the popular book series that features endangered wildlife and imperiled habitats as main characters and settings.

Prof. Morano will discuss the writing/publishing process, environmental themes in his work; Flocks of One: a novel in progress and answer questions from guests.

For further information about Prof. Morano's work, visit JohnMorano.com.

Poetry Slam Rocks the Quad

CommWorks Comes Together with NCNW, RHA and AASU to Host Open Mic Night

ALEXIS ORLACCHIO STAFF WRITER

University students and alumni performed in the poetry slam hosted by CommWorks entitled "Bum Rush the Stage," in the Quad on Thursday, October 6.

CommWorks is a group on campus for "students committed to performance." Students do not have to be Communication majors in order to participate in CommWorks and students get to choose how involved they become with CommWorks.

The Residence Hall Association, The National Council of Negro Women, and the African-American Student Union also promoted this poetry slam.

CommWorks started off the night with a team huddle and chant. Student Michael Corsey of CommWorks, who recited some poetry of his own, hosted "Bum Rush the Stage."

Corsey explained how the audience could react to certain things they were going to hear, if they felt moved by something, the audience would say "Go in," if they liked something, they would snap their fingers.

President of CommWorks. Brian Morelli, also recited his own comical poem about playing Xbox 360.

"Poetry slams give students the opportunity to perform their works in a judgment-free zone," said Nicole Vitale, senior.

To prepare for the poetry slam, CommWorks met the day before to get their "creative juices" flowing. Each member of CommWorks brings material of their own, or already published poems and practices reciting them in front of an audience. They provide constructive criticism and give suggestions and tips on how to improve their presentation.



PHOTO COURTESY of Alexis Orlacchio

Michael Corsey on stage in the Quad on Thursday night. Corsey, in addition to hosting, also performed some poetry of his own.

members are new, and they really showed us their writing talent and performance talent for the first time... I can definitely see some future CommWorks leaders at our meetings," said Vitale.

Participants ranged from University undergraduates, alumni, and even former undergraduate students. They sang, recited poetry both original and published, played instruments, and rapped.

"Jaclyn Kouefati (sophomore) told me about the poetry slam and back.'

This year CommWorks collaborated with Late Night Lounge, so there were more musical performances then normal.

The poetry slam was judged by Samantha Hopkins, junior, Erin Smith, sophomore, and Katherine Dranoff, sophomore.

There was a representative

major success; a majority of our da Zwiggy, "It's exciting to be from substance awareness handing out raffle tickets for those mance studies by providing opwho came out. Those with wining raffle tickets received free tshirts.

> Seats were filled to capacity, and as the night carried on, the crowd grew. By the end of the committed to the study of pernight, there were groups of people standing along the back of the chairs.

There was free hot chocolate and hot apple cider available to help counteract the crisp air.

"It's a perpetual cycle of creativity and that's really something magical," said Vitale. Friends and family came and showed their supports for the participants. "You see all types of people at the poetry slams, from football players to the quietest people on campus," said Vitale, "...It really brings people together."

The winner for best musical performance was Melissa Buchanico, freshman, with her performance of "Landslide" by Stevie Nicks of Fleetwood Mac.

Crowd favorite went to DJ Fountain. Nick Summons won best original performance with his poem titled "Just A Number." Lena Suarez took the award for best performance of a published work.

There will be another Late Night Lounge on November 3 in Oakwood Hall.

CommWorks was founded in the Department of Communications for those interested in the pursuit of excellence in performance to work together as a group in the planning and execution of performance events.

The organization encourages students interested in perforportunities to explore and expand their performance skills in a wide variety of venues and contexts. CommWorks is open to all students at the University who are formance. CommWorks meets on Tuesday's at 3:00 pm in the Plangere Center in room 235.

since I did it last year, I decided to participate this year, too," said "I thought our practice was a former University student Aman-





PRESS RELEASE

OCTOBER 17-21

Monday-Thursday all day: Vote for "save a breast, bare your best" at the tables in the Student Center or the Dining Hall.

Monday-Thursday all day: Sign up a team at the tables in the Student Center or the Dining Hall to participate in our annual Think Pink volleyball game, which will be held October 21 at 9:00 pm.

Wednesday 2:30-4:30 pm: Attend Pink-a-Palooza outside the Student Center! Events include Pink Pie a Zeta, yogurt eating contest, pink tie-dye, free giveaways, pink cotton candy, a DI and more!

Thursday: ZTA new member info session on campus.

Friday 9:00 pm. Boylan Gym: Our annual Think Pink volleyball game. Winners of the "save a breast, bare your best" contest will be announced.

Please come support Breast Cancer Awareness and Education. All proceeds will go towards the Zeta Tau Alpha Foundation Inc. If you have any questions or are interested in participating in any events please contact Colleen Hayes at s0737278@monmouth.edu.

Surf Club is Totally Gnarly Dude

First Official Surf Outing of the Year at Phillips Beach

NICK HODGINS CLUB AND GREEK EDITOR

The Surf Club had their first official outing this past Friday and Saturday at Phillips Beach in Deal. The club provided two surfboards, two paddle boards, a skim-board and three kayaks. The water was beautiful as well as the weather, everyone had a great time.

The Surf Club has always been around at the University but never too active. This year the Surf Club was absorbed by the Outdoors Club and taken over by Steven Steger, junior and new President kayaks and one two-person kayak. and captain of of the Surf Club.

the Surf Club more active," said Greg Cenicola, Secretary of the Outdoors Club, "Absorbing the Surf Club really allowed Steve to take the club in a direction they have always wanted to go in, but never had the opportunity to."

The weather both Friday and Saturday was nicer than anyone could have asked for on a mid October afternoon. Bright sunny days in the low 80's, coupled with the warm ocean water really allowed for a great time.

the surfboards, paddle boards and skim-boards while also using a few kayaks courtesy of the Outdoors Club.

In the summer time, Steger runs his own surf and paddle boarding lessons in his home town of Cape May.

It was really a great opportunity through the waters.

for Steger to bring his talents to the University and teach willing ing is as close students how to master the ocean. as you will ever He was friendly and helpful to anyone who came out. Regardless of their experience, Steger is no feeling couldn't have been happier to get like standing, people out there in the water trying something new. The club had eight students at sea, enjoy-

come out on Friday and six on Saturday. There were enough boards and kayaks supplied allowing everyone who showed up to have something to do.

There were two one-person onpane, junior Paddling out in the ocean wasn't "It was really a great way to get too difficult, but getting past the initial breaking waves proved to be somewhat of a challenge for some.

> Paul Mandala, Alumni and marine biology major, as well as founder of the Outdoors club had said, "The idea is in the ocean is to keep the kayak pointing straight not something at the wave, if you aren't facing directly at the wave, you're going to get tipped." Quite a few students learned that lesson the hard way, but no one was hurt.

The paddle boards were a huge Steger was able to provide all hit over the weekend. A paddle board is basically a very large surfboard which you paddle out into the ocean on. Once out there you can stand up on its gripped surface. With both feet facing forward and your balance slightly towards the back of the board, you use the paddle to direct yourself

get to walking on water. There out over one hundred yards ing the sun, nice breeze and company of your friends.

Paddle board-

Lauren Buthe dance team, said, "I had a really great time and I'm glad you guys Monmouth convinced me to come out. Kayaking out I thought I'd be doing two weeks into October, let alone ever, but it really was a ton of fun."

At one point there was a whole caravan of students far out into the ocean on the kayaks and paddle boards, floating there enjoying the sun and each other's company. Quite a few members even jumped in to cool off in the water.

Victoria Dell'Aquila, sophomore, said, "I had such a great time! a beautiful day and everything you could have needed was supplied. There was no reason not to.'

Steger hopes to plan a surf trip to Montague, New York in the spring but as of right now it is only speculation.

getting people together who not ger said.

I don't understand why more stu- only love surfing, but all aspects dents didn't come out. It was such of the water and getting together to have a good time."

PHOTO COURTESY of Steven Steger

He made it clear that he did not want students feeling discouraged because they were inexperienced or new to surfing. Everyone is welcome. "With a school so close to the beach, why not take advan-Steger said, "The club is about tage of a great opportunity?" Ste-

Lions, Tigers, Giraffes and Monkeys, Oh My!

TAYLOR KELLY CONTRIBUTING WRITER

The Greek Senate sponsored an open trip to the Bronx Zoo on Saturday, October 8.

Over 20 students set off on an adventure to the hidden treasure set in the heart of the Bronx. Yet. when we arrived at our destination, the two hour state-to-state commute felt like an escape into another world.

With sunny skies and the notion of a brisk October day, we were ready to explore.

The zoo boasted exotic creatures from Asia to Africa, all encompassed in one place. There were houses for mice and sanctuaries for birds. Crocodiles swam with fish while monkeys swung from tree to

environments that were created. Outdoors, sea lions put on a show in a pool as a crowd of viewers marveled, and peacocks roamed

freely, showing off their brilliantly colored feathers. A lion and lioness lounged in a field closer than expected to a group of gazelles, and the lioness made her presence known with thunderous roars.

Zebras showed their stripes as giraffes showed their spots to various onlookers. A polar bear took a midday nap and a few grizzlies grazed in the grass.

However, the tigers proved to be shy creatures instead of ferocious beasts, as they were nowhere to be found at their exhibit.

silence replaced their infamous feasted on pumpkins. Everywhere chuckle. Surprisingly, turtles and Although not in their natural tortoises came out of their shell, and habitats, all of the animals looked some even swam around in tanks. right at home in the artificial indoor From a tiny frog to a monstrous

mammal, there was no shortage of wildlife residing at the zoo.

Yet, the most interesting creatures were not the zoo animals themselves. Playing along with the holiday spirit, the zoo offered "Boo at the Zoo," complete with hayrides and haunted safaris.

Children of all ages engaged in the Halloween festivities by dressing up as their favorite characters. Princesses and ladybugs were in abundance, and one child even came as a bottle of Elmer's glue.

The entire zoo was decorated with hay stacks and pumpkins to keep with the ghoulish theme, and candy apples were offered as a sweet treat.

Bats hung from the ceiling in The hyenas were also timid as a dark room and various animals

Club and Greek Announcements

Italian Club

The Italian Club will be hosting a bake sale on Tuesday, October 18 from 10:00 to 4:00 pm in the student center.

Come help support us by buying some Italian cookies as well as your All-American specialty desserts!

Economics and Finance club

The Economics and Finance Club will be meeting every Wednesday at 2:30 pm in Bey Hall Room 231.

Students can check out our website for further information as well as our

Delta Phi Epsilon

Delta Phi Epsilon will be holding their fall 2011 lip sync on Wednesday, October 12 at 10:00 pm in Pollak Theatre.

Tickets are seven dollars at the door and five dollars in advance and the event is open to all students.

Pep Band

The Monmouth University Pep Band, the Big Sound of the Jersey Shore, is still looking for additional members.

Specific needs are for brass players (trumpets, mellophones, trombones, baritones and tubas) but will consider any student who plays a band instrument. Please contact Professor Jenner at bjenner@monmouth.edu or stop by the Pep Band office, floor three of the student center anytime during the day an speak to an officer.



Surf Club President Steven Steger catches a wave with junior Colleen Hayes sitting on

the paddle board.

tree.



A giraffe at the Bronx Zoo helped himself to some greens while eating his lunch on this October afternoon.

you turned there was something interesting to look at, whether it be man or beast.

"Going to the Bronx Zoo made me forget all of the stresses of college and it allowed me to go back to my childhood for a few hours," said Taylor Kennedy, sophomore and English Education major.

"It was cool that the school offered a trip there because I've never been to the Bronx Zoo before and I had a really good time,' agreed Madison Pinto, sophomore and Math Education major.

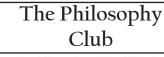
The Greek Senate trip to the Bronx Zoo proved to be an immediate success. A first for some and a blast from the past for others, it was a unique experience that was close to campus yet a world apart.

The seasonal activities made the occasion even better, and it seemed as if the entire crowd completely enjoyed themselves. With lions and bears, and even a lack of tigers, the Bronx Zoo trip was enough to make everyone say "Oh my!"

calendar of events at muefc.wordpress.com.

NCNW

NCNW will be having a general meeting Sunday, October 16. Our meetings are bi- weekly so the next meeting will be October 30. All general meetings take place in the student center in one of the conference rooms from 6:00-7:00 pm. All are welcome! For more info contact NCNW president Jacklyn Sweet s0738488@monmouth.edu



The philosophy club will be holding a Mission: Philosophy rally on Wednesday, October 19 at 2:30 pm in room 202 B of the student center.

A philosophical discussion on Friday, October 21 will be held at 4:00p.m. on the third floor of the student center.

The Outdoors Club

The Outdoors Club will be having a meeting on Wednesday at 3:30 pm in Bey Hall room 132.

This meeting will discuss all last minute things before the fall break trip this weekend; including what you will need to bring and what to expect.

You will also be required to bring any remaining money you owe for the trip or your spot may be compromised.

For anyone hoping to get a spot on the trip, it is worth attending in case any spots open up.



What is your favorite class and why?

COMPILED BY: JACKLYN KOUEFATI



Kerry sophomore "History because it is the most interesting."

Sherri

junior

"Broadcast Workshop because

my class worked together."



Ryan freshman "First Year Seminar because we talk about teen movies."



Edward senior "Teaching, Coaching, and Team "First Year Seminar because it

Development because we get to work with kids."



Kaitilyn sophomore

was fun."

MILLIN



Brian junior "Spanish Seminar beause it's only a half hour long."



Ashley senior "Public Relations Trends because the teacher is really involved."



Joe junior "Intro to Screen Studies because we talk about movies."



Christina junior

"News Writing because I feel like I'm working towards what I want to do with my life."

SCHOOL OF SCIENCE Dr. Michael Palladino, Dean

FALL 2011 **Pre-Professional Health Careers Meeting**

Wednesday, October 19, 2011

Wilson Hall Auditorium ♦ 2:30 – 4:00 PM ♦ Refreshments

WELCOME Dr. Datta Naik, Acting Director - 2:30 pm

ADVISING INFORMATION

Dr. Jim Konopack- 2:40pm-2:50pm

SPECIAL GUEST SPEAKERS

Paula Watkins, M.A.S., Director of **Enrollment Services**, UMDNJ-SOM

2:55pm-3:15pm

Christopher Hanifin, PA-C, Department of Physician Assistant, Seton Hall University

3:15pm-3:35pm

Ryan Scally, DMD, Monmouth University Alumnus 2006, UMDNJ New Jersey Dental School 2010, Pediatric Dental, Resident 3:35pm-3:55pm



Monmouth University's Gender Studies Program

Fall 2011 Events

• October 16-22, 2011 is "Fat Talk Free Week"! Join us in various campus programming events as we promote awareness about body image dissatisfaction in a national campaign

- Pre-Professional Health Advising Office Howard Hall, Room 312
- Pre-Health Registration Form & E-mail notices contact PPHAC Member
- Strategies for Verbal and Writing Sections of Tests (MCAT, DAT, etc.) contact Dr. Bass
- · When to Start The Application Process to Professional Schools -contact PPHAC Member
 - Letters of Recommendation Supplementary Information Form
- Foreign Medical Schools contact Dr. Naik
- Affiliation Agreements: contact Dr. Naik
 - Seton Hall University Physician Assistant Program
 - * University of Medicine & Dentistry of New Jersey School of Osteopathic Medicine (UMDNJ-SOM)
 - * Monmouth Medical Center Scholars' Program Drexel University College of Medicine
 - * Universidad Autonoma de Guadalajara School of Medicine

PPHAC Website - http://www.monmouth.edu/academics/pre-professional_health/default.asp

Pre-Professional Health Advisory Committee (PPHAC)	
Dr. James Mack, Professor, Biology and Director of PPHAC (on sabbatical)	(732) 571-3687
Dr. James Konopack, Assistant Professor, School of Nursing & Health Studies	(732) 923-4674
Dr. Massimiliano Lamberto, Assistant Professor, Chemistry	(732) 263-5698
Dr. Datta Naik, Vice Provost and Dean, Graduate School & Continuing Education, Professor	, (732) 571-7550
Chemistry, Acting Director, PPHAC	
Secretary, PPHAC – HH 312	(732) 571-3687
Additional PPHAC Support	
Dr. Mary Lee Bass, School of Education	(732) 571-4490

 On Tuesday, November 8, we will host filmmaker Jennifer Seibel Newsom and screen her new documentary, Miss Representation, which got a standing ovation at the 2011 Sundance Film Festival and will debut on Oprah Winfrey's new network channel, OWN

Where and When:

Film screening: 10:00-11:15 am, Wilson Hall Auditorium Talk with Director: 1:00-2:15 pm, Wilson Hall Auditorium

Would you like the opportunity to be a student leader, collaborate with other student groups on campus, take field trips, and work closely with Gender Studies faculty on campus? Come to this year's first meeting of the Gender Studies Club and connect with like-minded men and women! Refreshments will be served!

Where and When:

Thursday, October 27, 2011 at 4:30 pm, Library, Seminar Room

Questions? You can find Monmouth University Gender Studies Program on Facebook or contact the Gender Studies Executive Committee at: mugenderstudies@gmail.com

AT THE POLLAK GALLERY

19TH CENTURY MARITIME ART: OUR HISTORY IN PAINTINGS

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Did you apply for graduation? A ATTENTION STUDENTS A

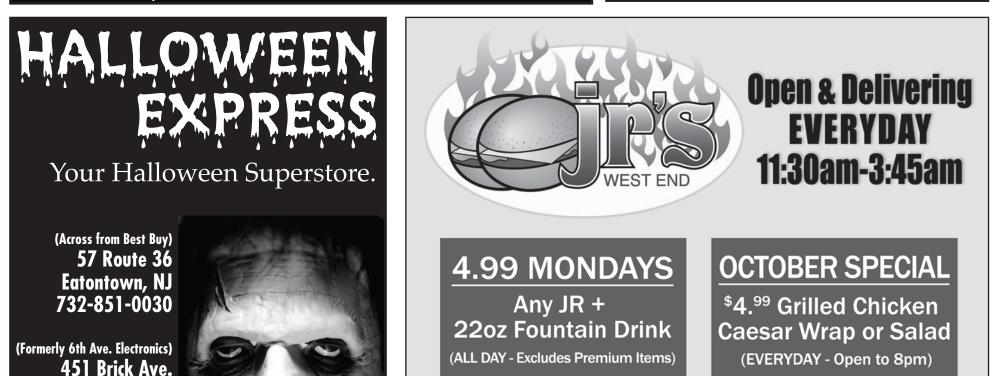
In order to be on target to complete your degree requirements and graduate, the ORR urges you to apply for graduation no later than 1 year prior to your anticipated graduation date. By applying early, this affords you the opportunity to receive an official degree audit from the Registrar's Office indicating if you are 'anticipated complete' with your registered courses. If you are not 'anticipated complete', having this additional time allows you the opportunity to register for any additional required courses or requirements.

Good luck with your coursework this semester! The ORR

PLEASE TAKE NOTE OF THESE IMPORTANT DATES FOR THE JANUARY 2012 GRADUATION:

- November 1, 2011: Deadline to submit Graduation Applications through e-FORM's
- November 15th, 2011: Deadline to submit any additional e-FORM's requests (i.e. Substitutions, Waivers, Declare/Remove Minor, etc.) **Please note: e-FORM requests received after the deadline dates will not be processed**

Alonmouth University Your Name Here Pour Degree Here Dour Maior Horo



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(Inside Central Jersey Pools) 4235 Route 9 North Freehold, NJ 732-637-2697

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'Dark Horse Presents' a New Anthology Volume

MATTHEW FISHER COMICS EDITOR

Comic books are all about telling new, interesting, and/or other worldly stories. However, sometimes one issue isn't enough, which is where anthology comics come into play. Here, readers are able to enjoy a handle of stories from different writer and artist MDHP was that we didn't ask for combinations about virtually anything.

Throughout the years anthology comics have come and gone with old series like EC Comics' "Tales from the Crypt" and "Suspense Stories" to new titles like Marvel's "Strange Tales I and II." Today, readers get another anthology with the relaunch of "Dark Horse Presents."

"Dark Horse Presents" first entered the comic book industry in 1986 and ran until 2000. During this time, new comic book characters like Concrete appeared and became an icon for Dark Horse Comics. The series by writer/artist Paul Chadwick featured a man who is abducted by aliens and has his mind transferred into the body of a concrete hulking. However, in a world where super heroes and villains don't exit, he's left to ponder his new existence.

Another concept that began in "Dark Horse Presents" #51 and has gain notoriety was the "The Hard Goodbye," the first story in Frank Miller's "Sin City" series.

After the cancellation of "Dark Horse Presents" Volume One, another volume appeared for readers online called MDHP (MySpace Dark Horse Presents). From 2007 to 2010, comic book creators posted their work on MySpace for free as readers got a glimpse at what these creative writers and artists had to offer fans.

The tradition of anthological stories continued with tales featur-

Guild comic by its creator Felicia his life as a living rock. Dav, and an "Umbrella Academy" tale by Gerald Way.

As the series ended in 2010, Scott Allie, a Dark Horse editor, spoke to newsarama.com about what this venture meant to the publisher and the series.

"Part of the gimmick with money. It's hard to sell an anthology, blah blah blah, that's the common wisdom. But we wanted to do an anthology, so we said, hell with it, we won't try to sell it, we'll give it away. At the time, I felt a sense of urgency to get content online, but I felt like no one had cracked the nut of how to monetize comics online. Things have changed, so it's time to change our strategy," he said.

Today, "Dark Horse Presents" has returned to print like it began back in the 80's. The third volume of "Dark Horse Presents" graced comic book shops last April to give readers a chance to view a number of new stories from the imagination of today's comic book writers and artists.

While talking to comicbookresources.com at the 2010 San Diego Comic-Con, Dark Horse publisher, Mike Richardson, said why it was decided this series would make another comeback.

Richardson said. "I've always been hands-on, and 'Dark Horse Presents' was the first book we started all those years ago... The thought was always there in the back of our minds about restarting it. We were waiting for the right time. This seems like a good time to restart the book, the combination of new projects, young creators, as well as premier creators."

The new volume is comprised of new writers and artists and familar names returning to offer more stories. Chadwick, for instance, is ing Dr. Horrible (from the musical continuing the tale of his average

blog) written by Joss Whedon, a Joe who must still make do with

Miller has come back to introduce a preview of his "300" prequel comic centring on the Persian king of legend titled "Xerxes." The fact that Miller will write and draw this story as well helps to keep this story and "300" in a nice synch.

Yet, "Dark Horse Presents" isn't about letting veteran writers and artists draw more tales but having fresh talent do so as well. Some story examples include "Snow Angel" by writer/artist David Chelsea, "The Wraith" by Patrick Alexander, and "Number 13" written by Robert Love and David Walter and illustrated by Love. Familiar series also reappears in this new volume such as "Star Wars-Crimson Empire III" and Steve Niles unstable paranormal detective, Cal McDonald.

Rich Johnston of Bleedingcool. com reviewed issue #1 and wrote. "This is a nugget of comics, mixing nostalgia with the new, it's comforting and surprising, it's a whole world of comics in eighty pages, close and confined. There's the feeling you could tuck yourself up with this and stay here for ages. Sure there are other comics out there, somewhere, but you're happv here, with 'Dark Horse Presents.' Just like you used to be."

Since the new volume premiered in April, four issues have been published featuring stories one-shot tales or continued narratives from one installment to another. Stay on the lookout as upcoming writers and artists prove themselves with exciting new tales while fan favorites also enter into the fold with more adventures from Mike Mignola's "Hellboy' and Eric Powell's "The Goon" in future installments.

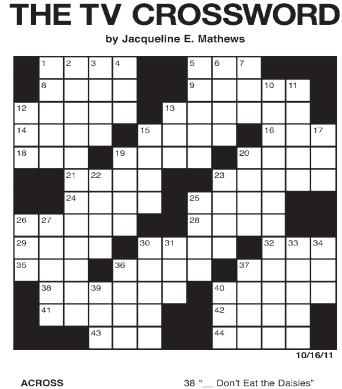
"Dark Horse Presents" Vol. Three #5 arrives in stores on October 19 and costs \$7.99.







"Honey, my boss moved me upstairs - way upstairs!"



Alda or Rachins Evening News with Katie

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Football Teams Suffers Second Straight Loss at the Hands of Colgate University

ED MORLOCK ASSOCIATE SPORTS EDITOR

The Hawks lost their second home game in a row this week against Colgate, falling to 2-3 on the season.

Everything was set for a great day at Kessler Field. The weather was beautiful, 75 degrees and sunny, with 3,452 fans in attendance providing a great atmosphere. Ex-Monmouth wide receiver Miles Austin was even on the sideline for the game.

It looked like the great day was going to continue, as the Hawks took a 14-6 lead with 3:09 remaining in the first half. From this point on, the day turned sour for the Blue and White and their fans.

Colgate has one of the top running backs in the country, Nate Eachus. Eachus lived up to the billing in this contest, carrying 27 times for 139 yards and a touchdown. He also had three catches for 29 receiving yards.

One reason for Monmouth's poor showing was time of possession, and Eachus played a big role in that, grinding out the clock late in the game. Col- punt return, taking it to the Colgate

takes when they spend over 35 minutes on the field. Monmouth safety Jose Gumbs said, "We weren't wrapping up, we weren't tackling. They were making big plays, converting third downs.'

The Monmouth defense was able to bring down Colgate quarterback Gavin McCarney three times, but didn't have consistent pressure throughout the game."In the second half they controlled the lines of scrimmage on both sides of the ball. We weren't able to generate any pressure on their quarterback when we needed to and he had a lot of time to throw the ball," said Coach Callahan.

McCarney completed 16 of 23 passes for 204 yards and two touchdowns. On the ground, McCarney carried 20 times for 87 yards and a score. As a dual-threat, he gave the defense fits all day by running the option and executing play-action passes.

The Monmouth offense came out and started the game well, scoring a touchdown on it's opening drive. Mitchell Pollard set this up with a big

"In the second half they controlled the lines of scrimmage on both sides of the ball. We weren't able to generate any pressure on their quarterback when we needed to,"

> **KEVIN CALLAHAN** Head Coach

gate had an 11 minute advantage here.

Along with Eachus, third and fourth down conversions kept drives alive, kept the MU defense on the field, and the offense on the sidelines. Colgate converted seven of 15 third downs, and all three fourth downs they attempted.

35-yard line and gave the offense a short field.

Kyle Frazier completed a couple passes and the offense took the ball to the one-yard line. Running back Julian Hayes leapt up-and-over the pile for a touchdown.

The offense was able to put together The defense is going to make mis- another impressive touchdown drive in

the second half. We were able to move the ball on some of the drives, but we weren't able to finish it. We got down to I think the 20 on the one drive and we got the field goal blocked, but I don't think it even should have gotten to that point. We should have went in and scored."

Former Wide Reciever Miles Austin came out Saturday afternoon to support the Hawks, who lost to

Yet again, Pollard was one of the few bright spots for the Hawks. He accounted for 132 all-purpose yards. To go along with his key punt return, Pollard picked up some yards running the ball, catching the ball, and on kick returns.

Dan Sullivan and Ian Simon ac- 1:00 pm kickoff.

counted for the pressure that the Hawks were able to generate. These two combined for three sacks and pushed the offense back 23 yards.

PHOTO COURTESY of Blaze Nowara

The Hawks corrected their penalty problems from last week, only being flagged once in the game. They now have new problems to fix. Third down defense and finishing drives on offense should be the two major areas where MU looks to improve this week in practice.

Saturday, the Hawks return to NEC play and hit the road against Bryant. They will travel to Rhode Island for a

Field Hockey Team on Four Game Winning Streak

GAVIN MAZZAGLIA STAFF WRITER

The field hockey team added two more wins to their slate this past weekend. The Hawks had two road matchups against Bryant University and Siena College.

The Hawks traveled to Smithtown, Rhode Island on Friday night from either team, but it was good to take on Bryant. It was the confer- enough to preserve the 4-1 win for

roll who struck for the fourth goal of the game. The strong team effort proved how dominant the Monmouth offense has been all season. Bryant scored their first and only goal with just under two minutes left in the first half.

the Hawks. Monmouth controlled shots 19-11 and penalty corners 15-9.

O'Dwyer who gave it to Alex Car- ute. Then, nine minutes later, Pieczynski was at in again as she beat the defender to score her third goal of the game. It marked her third hat trick of the season. Three minutes later, McPeek received a pass from Morganne Firmstone along the endline which she turned into The second half shared no action another scoring opportunity, which was successful. Now with a two goal lead, Monmouth had to do

Colgate 26-14.

the second quarter. The Hawks had a

13-play, 74-yard drive that lasted over

six minutes and put seven points on the

board. Frazier threw a beautiful fade to

Neal Sterling in the corner of the end

The Hawks didn't score the rest of

the day. The Colgate defense was able

to get two sacks, an interception, a

fumble recovery, and a blocked field

us anything different too much. They

might have brought a little more pres-

sure in the second half," said Frazier.

"But we just had mental mistakes in

"I don't think they really showed

zone to make the score 14-6.

goal in the second half.





ence opener for Monmouth.

Monmouth got to a very fast start, as they scored four goals in the first half. Michelle Pieczynski finished with a goal and two assists while Patricia O'Dwyer added a goal and an assist. Goalie Teresa Mathews had six saves, only allowing one goal. The Hawks scored their first goal in the 17th minute when Pieczynski found Kayleigh Kalamar who connected to the left corner of the cage to score her second goal of the season.

Just three minutes later, Pieczynski fired a pass to O'Dwyer who connected for the Hawk's second goal of the game. It was O'Dwyer's seventh goal of the season. With a little under 10 minutes left in the half, this time Pieczynski was the one on the scoring end. She used a backhand shot to sink the ball, and she was successful. It was her teamleading 12th goal of the season.

MU scored again two minutes later, as Kimmy Baligian passed the ball to Ashley McPeek on a had a nail biter looming ahead. Sicorner who then pushed it over to ena tied the game at the 41st min-

Monmouth's next matchup was against Siena College on Sunday afternoon in Loudonville, New York.

Pieczynski revealed her dominance once again, as she racked up three goals and one assist. Baligian and McPeek also added a goal apiece.

Monmouth struck first when Pieczynski received a sharp pass from O'Dwyer. Pieczynski fired a shot as it went through the back of the cage for the first goal. At about 21 minutes into the half, Siena struck for their first goal. The Hawks responded only about five minutes later when Pieczynski took it herself as she dribbled up close and fired the ball for her second goal of the game.

With a one point lead going into the second half, Monmouth head coach Carli Figlio and her squad anything in order to preserve the game. Unfortunately, Siena's Jessica Smith scored two goals in a three minute span to tie the game up at four.

It was crunch time now, and the Hawks were more than familiar to these types of situations. In the 63rd minute, Kimmy Bagilian received a crisp pass from Pieczynski. Bagilian then turned and fired a shot as she saw the ball hit the back of the cage. It was another epic win for the Hawks, which put them at a comfortable record of 10-4.

Monmouth outright dominated on shots, 34-8, which according to the Monmouth Athletics site, was a season high in shot attempts for Monmouth.

The Hawks are rolling now, and look like a strong threat to contend for the conference title. The next two matchups for Monmouth are home. This Friday they will host Ouinnipiac University at 4:00 pm, and on Saturday they will welcome Sacred Heart University, with the game time at noon.

the cun show

The Twelfth Man to Monmouth:

Light Up Kessler Field

Men's Soccer Knocks Off Bryant With a 2-0 Victory

MAGGIE ZELINKA CONTRIBUTING WRITER

The Monmouth Hawks mens soccer team has improved their overall record to 8-3 with a win over the Bryant Bulldogs this past weekend. Just like the men have been doing for most of the season, they once again dominated the field early on in the game.

Eighteen minutes into the first half, freshman midfielder, Derek Luke, was able to put the Hawks on the board with a quick shot finding the back left corner of the net to make the scoreboard read 1-0. The assist was awarded to senior Christian Nogueira. Freshman Kalle Sotka scored the second goal shortly afterwards at the 36 minute mark by finding the left corner just like Luke was able to do; Sotka was assisted by junior stand-out Ryan Clark making the score 2-0 Monmouth.

With the theme of both goals being scored to the left of Bryant's goalie, it could be assumed that the men noticed trends in their opponents play. "We do a balance of both [focus on their own skill as well as the opponents weakness] but try not to focus on the opposition too much. We don't go crazy with scouting of other teams." Coach McCourt continues, "We may find one or two weaknesses our opponents have and go with that but we try to focus on our own strengths over scout-ing the other team." McCourt also commented on the freshmen's play by stating, "The freshmen stepped up that game and are having a good season all together."

Beginning the second half much like the first, the Hawks took complete control over Bryant right from the opening tap. The most noticeable difference in the teams' play

PHOTO COURTESY of MU Athletics Derek Luke scored his second goal of the season, in the Hawks' 2-0 victory over Bryant on Sunday afternoon.

was the physical aspect of the sport. for their conference and will be It appeared that both teams had less precautions about receiving a card and were mainly concerned about finding the goal. In a span of five minutes, Bryant managed to receive four fouls. Three of Bryant's players were handed yellow cards while Monmouth stayed clean. Bryant finished the game with 19 fouls while Monmouth had 13 fouls.

Along with the Hawks actual play being impressive, their box score showed a team who deserved to win. Monmouth outshot the Bulldogs 19-3 easing MU goalie Alex Blackburn's day with gaining merely two saves. The team also notched their seventh shut-out for the season.

MU is currently in fourth place 7:00 pm in Teaneck, NJ.

hosted by first place Farleigh Dickinson University this upcoming Friday. When asked if it will raise some fears playing a team who is currently 3-1 at home, sophomore Miguel Rios made it seemed like that was not one of their concerns. 'We're definitely not worried about playing away. We have a really confident team this year and can play whereever. Our skills make us able to play on turf, grass, wherever."

Although Monmouth does have a better overall record than FDU's 7-2-2 record, they do not have as many wins in the conference. A true match-up of skills between these two teams can be seen this Friday at



ED MORLOCK ASSOCIATE SPORTS EDITOR

tell us to run. And when I touch Outlook: The soccer field has the ball just try to make big things lights, would you like to see them

going out to watch a sporting event. The setting is a Saturday evening on a warm day in fall and the occasion calls for an intriguing football matchup. The only problem...this whole situation is completely

unattainable. The reason for this disheartening statement: no lights on Kessler Field. No sporting events or social gatherings will be occurring there past sun down as the field can accommodate only day games.

DAN GUNDERMAN

STAFF WRITER

The time and place are set,

the plans are made, just need

the finishing touches and soon

your group of friends will be

In the bold move over the summer, lights were installed on the Great Lawn for our prestigious soccer program, a strategy that is sure to bring fans out at night to enjoy a ranked soccer team take on an NEC opponent. Or they will be able to witness the girls soccer team do the same, an increasingly popular site as the team is rising in NEC ranks.

But as the move is sure to draw crowds, still not too far away at Kessler Field, the facility does not employ night games. A football game, drawing much larger crowds than soccer, justifiably needs these lights for a change of pace and a new touch to the Monmouth athletic outlook.

As the stands are filled during our day games, with fans of all ages, even more would be able to be drawn to a night game. Following any daytime activities and or obligations the Monmouth fan would be able to enjoy the night game and unwind as the Pep Band cheers on Hawk fans and the players vie another win.

It's clear-cut common sense at this point that the installation should occur. Becoming moments to mark off on the calendar, the night game could become another illustrious addition to the Monmouth resumé. Opponents would fear traveling to the MAC to take on a Hawk squad backed by a mob of Monmouth fans, as they sometimes do already, but even more in that "highstakes, high pressure" night game where thoughts for players, coaches and personnel all day ride on the result of the impending game. The night game element would be one to praise for the Monmouth fan and an outing to remember for any outsider or even prospective students. Although only opinionated, I see the attendance of games increasing and the atmosphere improving around our games with the implement of the lights. Groups of students not willing to go during the day, working on homework or busy with work or outside activi-

ties, would now be willing to come out to the games, probably in mass with their friends to support their school. The games would be surrounded by going out, enjoying the element of the newly-created night scene and would prompt others, like parents and other relatives, etc. to bring even more viewers to the game. It's really a win-win for the athletic program and the school itself. It would bolster our image and further the voice of the Monmouth fan, because common sense tells me groups and groups of kids would show up, decked out and body painted for games that are hyped up and scheduled at night.

It too, would change the whole scheduling process, mostly in favor of Monmouth, which would now have the power of using a night game atmosphere against rivals or in big games. This, like in prominent NCAA games and NFL games, is the tool of the Twelfth-Man. Seen most notably at Texas A&M in NCAA Division I football and in Seattle for the Seattle Seahawks, this is the noticeably loud fan base that changes the outcomes of games.

Sure, Kessler Field is no illustrious stadium and our program is not highly deciphered on ESPN and analyzed by Jesse Palmer and the cast of College Football Live, but any momentum booster and change for the better in attendance, which would result from these lights, is sure to help the program.

Now prominent as Monmouth players like Kyle Frazier and Jose Gumbs make excellent plays on the field, the fans look on in the blazing heat or in a bleacher filled a third of the amount of fans it should hold. With the creation of the night scene at the field, these plays will turn into memorable moments as packs of Monmouth fans leave the field talking about the game's hype and what it lived up to.

With a bigger attendance and a whole new scene, and possibly that twelfth man tool, a total revolution of Monmouth football can occur, is this something we'd support? I'd surely say the pros outweigh the cons here.

I sat down with the Hawks' sophomore wide receiver Mitchell Pollard before the team faced off against Colgate. The 5'9 175 lb. receiver has put together a great start to the 2011 season. Pollard recorded 10 catches for 88 yards in last week's loss to Robert Morris, becoming the first Monmouth player to grab ten catches in a game since 2006. Pollard is currently ranked 14th in the NCAA in receptions per game, averaging 6.75.

Outlook: What is your favorite High School Football memory?

MP: Playing our rivals who went 14-0 that year and won states but we came real close to beating them. I had a couple 80-yard plays against them, so that was a big game.

Outlook: What can you do individually to help the team win?

MP: Just stick with the team sphere, it's alright. concept, run the plays that they

happen.

Outlook: What does the team need to do in order to reach the top of the NEC again?

MP: We have to stay in the races. Keep doing what we're doing. Just work harder everyday to get better. Eventually we'll get there.

Outlook: Who is your favorite NFL player? Why? MP: DeSean Jackson because I

try to emulate my game after him.

Outlook: Who is your favorite NFL team?

MP: New York Giants.

Outlook: Do you wish Monmouth football games had an atmosphere like you would find in the SEC?

MP: Of course. I would love to play in front of 60,000 people every weekend. But I like the atmohere on Kessler Field next year? MP: Definitely, I think that would help raise the atmosphere.

Outlook: What kind of music gets you fired up before a game? MP: Lately I've been listening to a lot of J.Cole, some Wiz, some Jay-Z.

Outlook: What is your favorite sports movie? MP: Any Given Sunday.

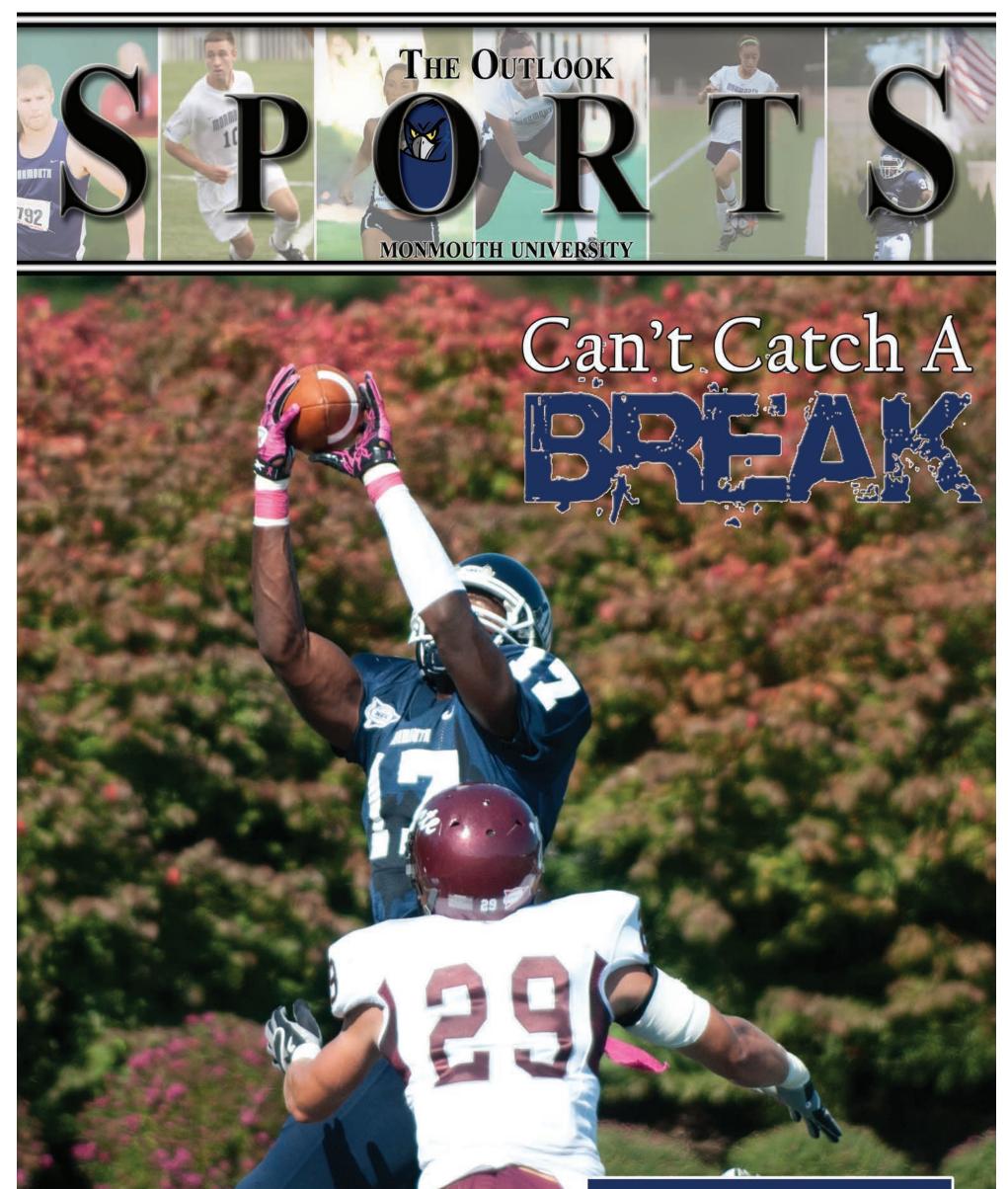
Outlook: What do you think the team's final record will be this season?

MP: What are we at right now, 2-2? I'm going to say 9-2. No scratch that. 12-2.

Outlook: What can the team do overall to have success within the conference for the remainder of the season?

MP: Just keep doing what we're doing and just try to get better everyday.

***Introducing The Outlook's new Interactive Sports Opinion Section! You can have the opportunity to field your questions to Dan Gunderman, staff writter of The Outlook and columnist for "The Gun Show." All responses will be read and carefully analyzed, and the best one will be chosen from and responded to. See your question/concern carefully considered and responded to in print in the next week's issue! Just e-mail all questions/ statements about the week's article or what you'd like to see out of it to: s0784904@ monmouth.edu.



Also in Sports:

The Field Hockey team wins back to back games, extending their winning streak to four.

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The Football team can't catch a break, dropping their second consecutive game this month with a loss to Colgate.

Full Story on page 22

OPINION / EDITORIAL

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Finally a Break...Sort of

THE OUTLOOK STAFF OPINION

For the first time, our University is implementing a "Fall Break." Obviously, this addition of extra time off during our busy fall semester caused a great deal of excitement among students. However, most of these high expectations fell short when students learned that the time off bears no resemblance to the anxiously awaited "Spring Break,"

and, in fact, is only one day off from classes.

From one aspect, we as students are at least being given one ex-

makes it hard to complain about. However, this "Fall Break" has oncampus students asking if it is doing more damage than good.

Since some students don't have Friday classes, it does not change much other than giving on-campus individuals the inconvenience of moving out of the residence halls for three days. Students who live far away from campus and don't have a car are being truly affected by this break.

They can put in a request form with the Office of Residential Life to be allowed to stay in the halls over the three day break, but what happens to eating? The Dining

leaving students without a way of getting food for three days.

kitchens, so students are left to fend for themselves. Residential

Instead of calling it a "Fall Break," why

not just call it a "Fall Friday?" If the

University is calling it a "Fall Break,"

shouldn't it be as long as "Spring Break?"

not have Friday classes and those

renting houses or apartments in

the area and in off-campus housing

through the University are plan-

mented a Fall Break to give stu-

dents a few days off from school-

work; however, most of those

colleges are giving students a

whole weekend plus two days dur-

ing the week, resulting in a nice

much more sense. Instead of call-

Why does Monmouth have to be

Many other colleges have imple-

ning on staying anyway

four-day break.

Hall is closing on Thursday night, ing it a "Fall Break," why not just call it a "Fall Friday?" If the University is calling it a "Fall Break," Most of the halls do not have shouldn't it be as long as "Spring Break?

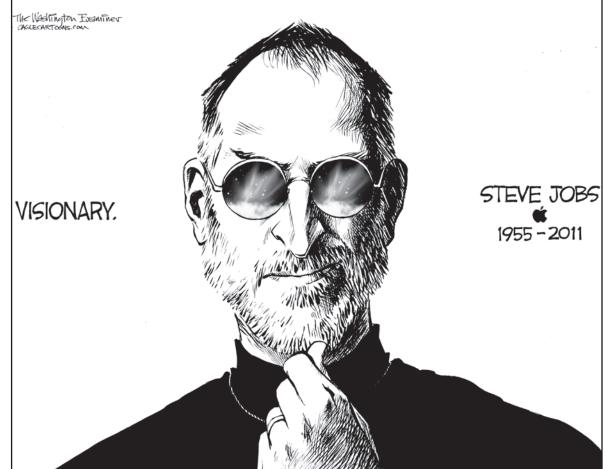
The University should have at Halls and on-campus facilities least opted to give students Thursshould be required to stay open, day and Friday off. It gives us so out-of-state students paying enough time to travel back home, for their meal plans should not be unwind, and spend some much forced to purchase food elsewhere. needed time with family and While this is how the break is friends. It would also give faculty

some time off from being in the classroom. Some may say that the break is a waste of time and energy, giving us un-

tra day off in the semester, which affecting on-campus students, necessary hassle for one day, as commuters are not as impacted if we don't already have enough since most plan their schedule to stress with our classes and other obligations.

On the bright side of it, students going back home for the weekend will surely make their families happy. Students can also catch up on some much needed sleep and study for upcoming midterms.

Although the break is a good suggestion to our fall semester schedule, it is much too short. It's an improvement from previous years when we didn't have any days off during the fall semester other than Thanksgiving Break. Let's hope different? A four-day break makes that in the future, the University will implement a longer Fall Break.







BECOME A FAN



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The Outlook provides the Monmouth University community with information concerning issues in and around the University while serving as a forum for expression of the ideas of its readers.

Contributions must be submitted (email outlook@monmouth.edu) by 12:00 p.m. Sundays to The Outlook office, 2nd floor, room 260, Plangere Čenter.

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