



# THE OUTLOOK

MONMOUTH UNIVERSITY'S  
STUDENT-RUN NEWSPAPER SINCE 1933

HTTP://OUTLOOK.MONMOUTH.EDU

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## The Price of a College Education

### Understanding the Tuition and 'Fees' at a Higher Institution

CASEY WOLFE  
CONTRIBUTING WRITER

Today's economy has most students and their families constantly stalking their checkbooks. With the already suffering economic conditions in the United States, a college education only puts more financial stress on families and individuals. This can make us take a step back and wonder where our college tuition is really going.

Associate Vice President for Enrollment Management and Director of Financial Aid, Claire Alasio, said that the University's tuition goes to "anything you see happening on campus. Classes, any events you see going on, building maintenance, faculty salary...Everything has a cost."

Many students agree with this statement, though from a different perspective. We look at only the college expenses that pertain to us.

Alyssa Gray, a freshman, said

"The education at Monmouth is beyond phenomenal and gives me many great options later in life, but to begin life in the real world in so much debt is taking a step back."

CHRISTOPHER ORLANDO  
First-year Student

that as a commuter, most of her money goes to food and gas.

Chris Orlando, a freshman, said, "The largest expense, aside from tuition, is my textbooks. Food and school events

are some of my other large expenses."

These expenses, however, apply to any university student. Alasio said that in her opinion, Monmouth is priced fairly.

when it comes to comparing tuition prices." Alasio adds that in the 15 years she has been at Monmouth, this year was the first year that she has seen an annual tuition increase of more than five percent.

Even so, we are only at an estimated seven percent increase from last year while other New Jersey private schools are at double digit increases. Tuition increases, said Alasio, come with the cost of doing business.

According to Alasio, the process of deciding which college or university to attend is based on net price, which is what is the student's tuition is

Price continued on pg. 12

## "Being Out at Work" Event Teaches Diversity and Equal Rights

TIFFANY MATTERA  
STAFF WRITER

"Nobody's gay in mortgage banking!" joked John Paul Nicolaides, Area Sales Manager of Wells Fargo & Co. He was one of the speakers at "It Gets Better: Being Out at Work" last Tuesday, hosted by the University as part of National Coming Out Day.

The event began with a video of college presidents throughout the United States that held a positive outlook of being out at work. They spoke of more doors opening than closing through the experience, and the transition from being bullied at school to leading a University that prepares future social workers.

At the conclusion of this video, four guest speakers were introduced, including of John Paul Nicolaides of Wells Fargo. Nicolaides described their company as "openly accepting of our com-

Work continued on pg. 3

## Happy 78th Birthday, MU

### Leader in Treatment of Pompe Disease Receives Honorary Degree at Founders' Day

GINA COLUMBUS  
EDITOR-IN-CHIEF

A visionary fellow Hawk, a philanthropic financial leader, and a father who never gave up were highly recognized at this year's Founders' Day on Wednesday, October 12.

In honor of celebrating the University's 78th "birthday," as President Paul G. Gaffney II described, three leaders in three diverse industries received awards for their contributions to society. Entrepreneur John F. Crowley, who is known as the chairman, President and CEO of biotechnology company Amicus Therapeutics, Inc., received an honorary degree and gave the convocation address during the Founder's Day ceremony. After his two youngest children were diagnosed with an often fatal, neuromuscular disorder called Pompe disease, Crowley searched for a treat-

ment for them to survive.

During his search, he became co-founder, President and CEO of Novazyme Pharmaceuticals, a bio-tech start up that did research on the experimental treatment for Pompe disease. Once Novazyme merged with Genzyme Corporation in 2001, the company worked in the development of this drug as Crowley took on as Senior Vice President. Crowley's story has been portrayed in the film *Extraordinary Measures*; he also has been written about in the book, "The Cure: How a Father Raised \$100 Million - And Bucked the Medical Establishment - In a Quest to Save His Children."

When asked what he considers his most important accomplishment, he replied, "Seeing my kids succeed. When I'm getting ready in the bathroom

Founders' continued on pg. 4



PHOTO COURTESY of Jim Reme

President Paul G. Gaffney II, the Board of Trustees, Provost Thomas Pearson, the recipients of the annual awards and other University members pose outside Pollak Theatre at Founders' Day.

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### News

See what's in store for this year's Big Event.

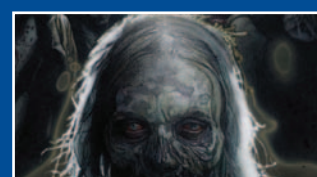
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### Opinion

You're in college: are you in love or reeling from an awful break-up?

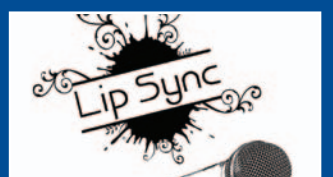
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### Entertainment

Do you think you can handle "The Walking Dead?"

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### Club & Greek

Delta Phi Epsilon hosted their annual lip-sync contest last week in Pollak Theatre.

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# University Prepares Launch of Online News Portal

SAMANTHA WARD  
STAFF WRITER

The media landscape is changing, and many newspapers and other print publications are taking the back seat. That is why University professors from the Department of Communication decided it was time for something new, and introduced the idea for a new student-run media group called The Verge.

The Verge is the University's first online news portal. The idea for the media group was conceptualized last spring and will officially begin this semester. Kayla Inglima, Assistant Editor, said that they will be completely ready to launch the site by November.

The idea for The Verge sprung from Assistant Professor of Journalism Marina Vujnovic's online journalism class last semester.

"Currently we have about 15 students working on stories, most of which are connected to campus life and campus events," Vujnovic, now the staff advisor, said. "It merges the elements of writing, photography, interactive media, and graphic design."

Inglima said that she sees The

Verge as an important step taken by the University.

"The Verge is important because we are living in a technology driven world," Inglima said. "Every day we are getting new or improved technologies that have begun to completely redefine our world. While print journalism and TV will never be completely replaced, it is essential that we do not miss out on this new opportunity to explore journalism on the Internet."

"The Verge will allow stories to virtually come to life using slideshows, podcasts and videos."

KAYLA INGLIMA  
Assistant Editor for The Verge

The Verge will contain original content, Vujnovic said.

"We're not looking to replicate the content. We are thinking of working as more of a converged newsroom," Vujnovic said. "The Verge urges other student media groups such as Commworks, *The Outlook*, PRSSA, MOCC, HawkTV, and WMCX to contribute their work to the new source."

The Verge is intended to be interactive and provide more content about a news story to the users, In-

glima said.

"The Verge will allow stories to virtually come to life using slideshows, podcasts and videos," Inglima said. "It will also allow for viewers to leave comments and have discussions, making it interactive for Monmouth students and faculty."

"The new media environment demands that our students get first-hand experiences while they are in school producing news and reporting for online media," Vujnovic said. "I think it is important for a reporter today to know the basics, especially when they head out into the workforce, so they will be able to say, 'Yeah, I know how to do that.'"

Vujnovic thinks that The Verge will become a very popular news source for students and the University community. Like other student media groups, the opportunity for practicum credits is available. Students are eligible for the credit after one semester of previous involvement with The Verge.

The Verge is holding an interest group meeting on Tuesday, October 25 at 6:30 pm in Plangere, room 206.

# Study Finds Low Grad Rates Among Part-Time Students

CARLA RIVERA  
MCT CAMPUS WIRE

Growing numbers of college students are in school part-time, and they face increasingly long odds of ever graduating, according to a report released Tuesday.

The report, *Time is the Enemy*, by the nonprofit group Complete College America, includes data on full and part-time students at public colleges and universities in 33 states, including California. It was funded by the Bill and Melinda Gates Foundation, the Lumina Foundation and others.

"There is a new generation of students who are poorer, more likely to be a minority, working and with families," said Stan Jones, the organization's president. "The graduation rates are very low, so that even though more people are going to college looking to better themselves and better their economic circumstances, those goals are not being realized because the system is failing them."

Among the report's key findings:

There is a new majority on U.S. college campuses, with 75 percent of students balancing jobs and schools and commuting to class. Only one-quarter of students attend full-time, live on campus and have few work obligations.

Part-time students rarely graduate: Only one-quarter of them complete a degree, even when taking twice as long as the traditional four years.

Minority students and those who are poor or older are attending college in greater numbers, but fewer than one in five earn a bachelor's degree within six years.

In California, 14.8 percent of full-time and 6.1 percent of part-time students seeking bachelor's degrees finished in four years. After eight years, about 60 percent of full-time and 41.6 percent of part-time students had earned a degree.

The report, however, includes data only from the California State University system and not from the University of California or the state's community colleges. That information may be included in an updated study next year, officials said.

A Cal State spokesman said the school system is trying to address the issues raised in the report.

"The data in this report is nothing shocking to us; it identifies our specific student demographic of part-time, underserved students needing remediation," spokesman Mike Uhlenkamp said. "There are a host of programs we've initiated and are going to initiate more. We're trying to fix it."

# Twelfth Annual Big Event Set for October 22

WALLY STEPHENS  
CONTRIBUTING WRITER

The University will host its 12th annual Big Event on Saturday, October 22. The purpose of the event has been to bring the campus and surrounding communities together to work towards a larger cause.

The first Big Event was created at Texas A&M University in 1982. Since then, over 30 college campuses across the nation have organized something similar. Through the years that the University has sponsored the Big Event, it has grown to become its largest community service project and is organized by the Student Government Association.

Students and faculty around campus said that they are looking forward to the event and are hoping for the best turnout yet. Over the years, participation has included many diverse groups of people, including students, faculty and staff, and alumni.

Volunteers will gather on cam-

pus and be transported to a variety of worksites in the area.

"Volunteers will be going to a host of worksites this year," said Vaughn Clay, Director of Off-Campus and Commuter Services. "Some of these will include a beach clean-up in Long Branch,

The chance to ask for a helping hand was left open to individual neighbors, community based agencies and organizations, local municipalities, houses of worship, local schools, and assisted living facilities. They had to submit applications to the

communities closer together.

"The Big Event is such a fantastic program. To have over 300 Monmouth University students going out into the local community makes a positive impact not only on them, but on us too," Kelly said. "This is an example

picture.

"It is critical that the University and our students understand that we are a part of the community, not apart from it, and this is a way to demonstrate that," Nagy said.

"Those of us who work in higher education and those that benefit from it, in this case, our students, have a responsibility to give back. This is a great way to do so. As for the reaction of the local community, my experience is that they love it and appreciate the help," she added.

Nagy also said that there are some specific goals that the University hopes to accomplish through this year's Big Event.

"These would include helping the widest variety of groups as much as possible, helping students understand the importance of giving back to the local communities in any manner they can, and introducing members of the communities to the University and our students, which can promote respect and mutual understanding," she said.

"It is critical that the University and our students understand that we are a part of the community, not apart from it, and this is a way to demonstrate that."

MARY ANNE NAGY  
Vice President for Student and Community Services

volunteers spending time with senior citizens in a local assisted living facility, projects at some local churches, landscaping and clean ups at some area parks, a painting project at Shore Regional High School, and a project at the Long Branch Public Library. These are only just a few of the upcoming events to be named."

University.

Heather Kelly, Assistant Director of Student Activities for Multicultural and Diversity Initiatives, has witnessed first-hand how the event has affected the school and local neighborhoods. She said that, above all else, The Big Event has brought the University and the surrounding

of when the community gets to meet them, get a chance to know them for them for who they are, and get a beautiful image of what the Monmouth student is like."

Mary Anne Nagy, Vice President for Student and Community Services, said that it is essential for University students to realize that they are part of a bigger

# CRIME BLOTTER

THEFT OF AN IPHONE 4S

10/12/11 - 8:26 PM - 8:43 PM

PLANGERE

DV SIMPLE ASSAULT

10/13/11 - 5:55 PM

PINEWOOD HALL

HARASSMENT/STUDENT MISCONDUCT

10/13/11 - ONGOING

STUDENT CENTER

THEFT

10/13/11 - 6:00 PM - 7:00 PM

STUDENT CENTER

WED.

THURS.

FRI.

SAT.

SUN.

MON.

TUES.

10/12-10/18

\*PULA: PERSON UNDER THE LEGAL AGE

# “Being Out at Work” Part of National Coming Out Day

Work continued from pg. 1

Lisanti. "The library is always packed, and you can't always sit together with your groups, so I like that I could still work with them. Even though we aren't sitting together, we could still do work, talk, and then come together after."

While he seems to like the idea, Philip Grab, senior, is skeptical about how much work will get done while friends chat with each other. "I don't know if a lot of kids will actually work with their friends instant messaging them, especially if they're in the library next to, or near, each other. I like the idea, but it will probably distract a lot of students, and just make procrastination worse," Grab said.

Commuters and other students at the University are still in between about whether it is a good idea or not. Some students like the idea but are wondering why it is needed. "I still think it's pretty cool, but I think kids will still use their cell phones rather than a computer program," said junior Neil Best.

The launch date for the program is unknown. Students can expect an email from Christensen, or another senior faculty member, regarding the program and details on how you can begin using it. According to Christensen, the program will not be implemented until sometime next year.

The first speaker to share her story about coming out was Babs Casbar Siperstein, Executive Committee Member of the Democratic National Committee (DNC). She was the first transgender individual to appear on the DNC's ballot.

Frederick C. Rafetto, Attorney at Ansell Grimm and Aaron PC, spoke next. Rafetto came out professionally within the last year after admitting that he felt uncomfortable bringing his partner to a law firm event, and through inspiration from his friend, Hudson Taylor.

Taylor wore a Human Rights Campaign sticker on his helmet during wrestling matches in college to show support for the gay community. Hudson then went on to create Athlete Ally, a sports resource encouraging all individuals involved in sports to respect every member of their communities, regardless of perceived or actual sexual-orientation or gender identity or expression, and to lead others to do the same.

At one time Taylor did not have money for a lawyer concerning legal issues surrounding this campaign, so Rafetto offered to assist the cause, leading to trademark representation for the non-

Bryan Hackett, an alumnus of the University and guidance counselor at Asbury Park High School was next in sharing his personal and professional experience.

"At first the school seemed apathetic, but behind that lied a refreshing, carefree, accepting attitude," Hackett said.

Nicolaides of Wells Fargo was the last to speak.

He explained that coming out at work becomes a non-issue once one gets the ball rolling. Moreover, he said an individual's situation at home will determine whether or not coming out is going to be easier or harder. Nicolaidis said that he was excommunicated from his family for several years.

When applying for a job, Nicolaides said that members of the gay community should pick a company that wants diversity.

"It's great when you can bring all of you to work and not leave part of you home," he said.

He listed the most important aspects of coming out at work as being ready by practicing with friends ahead of time, not becoming overly defensive or aggressive, and embracing the saying, "I challenge you to be inclusive and embrace diversity."

A question and answer session followed the four speakers.

An array of questions were asked, such as "What advice would you give for young graduates looking for jobs in culturally different areas of the United States?"

Siperstein answered that only 15 states have laws which protect transgender individuals, and 29 states allow employers to fire gay employees based on sexuality.

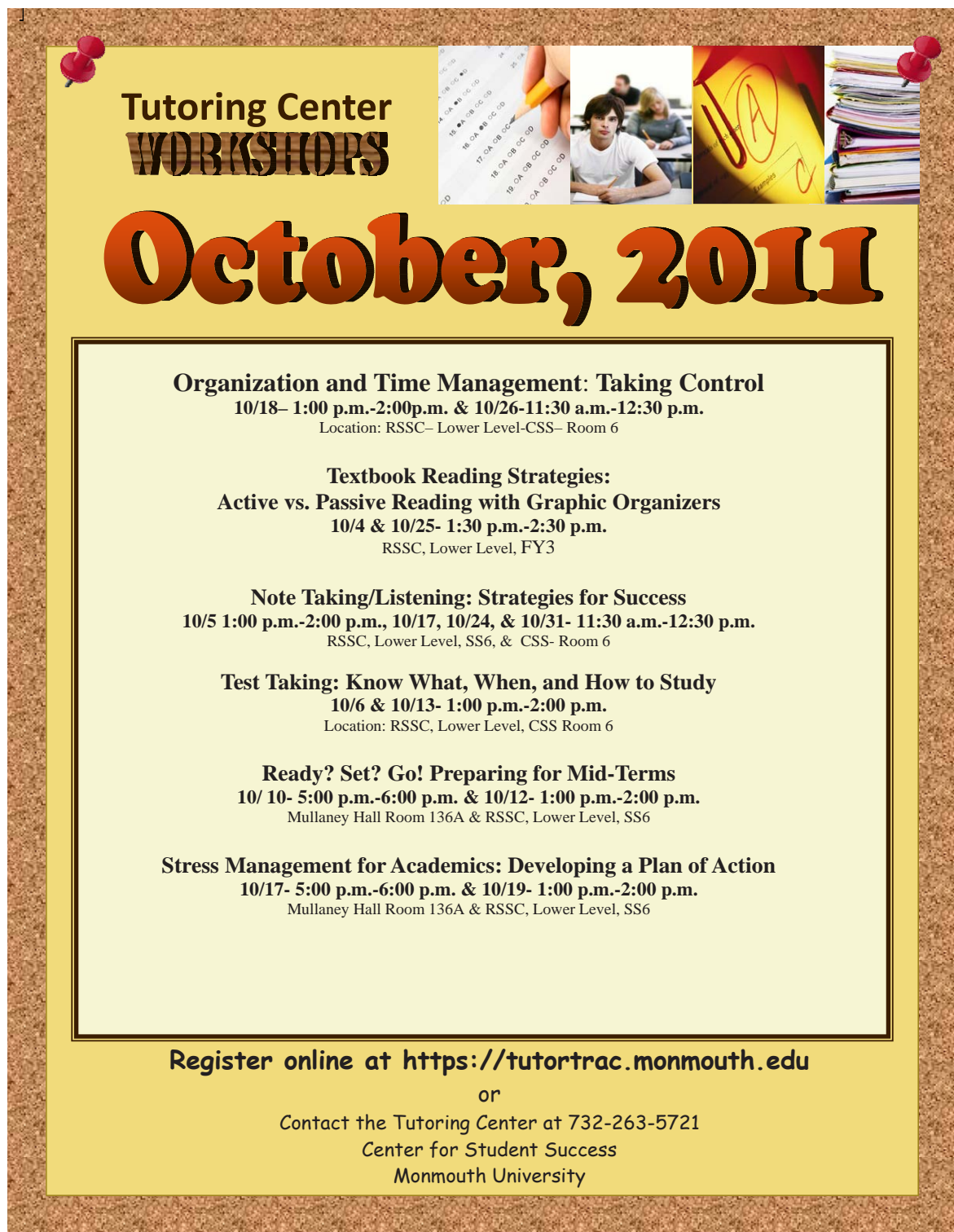
Dr. Nancy Mezey, Director of the Sociology Program and Director of the Institute for Global Understanding, found the event to be successful.

“With approximately 100 people in attendance, most of whom were students, and a lively Q&A at the end, as well as good food thanks to Wells Fargo, we were pleased with how the evening went,” Mezey said.

"I hope that gay students in the audience felt supported and hopeful that life does get better, and I hope that the heterosexual students who attended will feel empowered to stand up for those who face discrimination and disrespect," she added.

As a reminder to students, Safe Zone stickers appear on doors on campus as a support area for all students.

"It Gets Better: Being Out at Work" was sponsored by All Lifestyles Included, The Institute for Global Understanding, Student Activities, Sociology Club and Wells Fargo.



# PRSA-NJ Panel to Inform Students on the Future of Media Industry

ALEX DADDIS  
CONTRIBUTING WRITER

JOANNA ZIETARA  
CO-NEWS EDITOR

The University’s Public Relations Society of America chapter will be holding a panel discussion featuring three online news professionals and two public relations professionals on Tuesday, October 25 in the Magill Club Dining Room.

Kristine Simoes, communication professor specializing in public relations, will be running the event.

“Students can come learn from PR industry experts how online news is changing the industry, how PR professionals can best pitch for maximum exposure, and skills needed to excel and break into the profession,” Simoes said.

Panelists include Christopher Sheldon, Editor of Patch.com; Christy Kass, Assistant Editor of *The Alternative Press*; Judith Feeny, Digital Editor of *Asbury Park Press*; Kristine Brown, Director of PR at St. Barnabas Health; and Joan M. Bosisio, Group Vice-President of Stern and Associates.

The event will begin at 8:30 am with registration and a light breakfast. During this time, students

from *The Outlook* and PRSSA will represent their organizations. Information will be handed out about the new online news portal The Verge, and Shadow PR, the University’s newly established PR Company.

From 9:15 am to 10:15 am, the panel discussion will take place. Students attending the event will learn how to pitch today’s news, what news media is looking for, how to maximize coverage in hyper local markets and what goes into effective social media news pitching. Topics such as the ben-

efits of a social media news room and 10 things every good PR professional should know will also be discussed. Attendees will have a chance to ask questions at the end of the discussion.

From 10:30 am to 11:00 am, attendees and panelists will be taken on a tour highlighting the new Shadow PR firm and their office as well as The Verge Online News Portal in the new MAC lab in Jules L. Plangere Center. This part of the event will allow students to net-

work with the professionals and discuss internships. Kimberly Mahon, co-President of PRSSA, plans to attend the event.

“It’s great for the students to have the opportunity to hear from knowledgeable professionals in the field and gain potential connections for their future careers,” Mahon said.

Marina Vujnovic, the advisor for The Verge, urges communication students to attend the panel discussion.

“It’s a great way to bring together the professionals in these two fields. We, as professors, want to speak a similar language when teaching as the professionals do. It’s a great opportunity to find out where our fields are going as it relates to students and future jobs and what better way to do it than

to hear it from current professionals who will not only discuss the perks of those fields but also the challenges,” Vujnovic said.

Two students from The Verge, Editor-in-Chief Thomas Ranzweller and Associate Editor Kayla Inglima, will be in attendance.

Students will be admitted into the event for free. In order to register, students should visit the events page on prsanj.org. For any specific event questions, contact Simoes at ksimoes@monmouth.edu.

“It’s great for the students to have the opportunity to hear from knowledgeable professionals in the field and gain potential connections for their future careers.”

KIMBERLY MAHON  
Co-President of PRSSA

## The University Celebrates 78th Birthday

Founders’ continued from pg. 1

and doing my morning routine, my daughter Megan rolls in on her motorized wheelchair and I always ask the same question probably every dad asks, ‘how are you doing today?’ and every single day she tells me the same one word answer: ‘awesome’.”

Crowley was introduced by Trustee Kenneth W. Hitchner III, who described him as a husband, father, professional risk-taker, innovative miracle maker, and entrepreneur. “You became a leader in the health care industry after you inspired funding research to cure genetic diseases, when you were faced with a time-sensitive crisis that was

threatening your own children,” Hitchner said.

During his convocation address, Crowley, who is a commissioned officer in the U.S. Navy Reserve, dwelled on the traits as well as challenges of great leaders. Bob Swanson, Frances Hesselbein and Steve Jobs were people he professed his admiration for. Characteristics he explained were vision “to see things when others don’t see them,” risk-taking, optimism, urgency, sacrifice and courage.

George Kolber, the recipient of the Distinguished Community Service Award, is the managing member of GVK Limited Partners, a company which provides venture capital and is aimed at strategic investments and fi-

nancing. His efforts revolve around building up companies that are troubled or are stuck in the economic downfall.

Kolber, who has provided many scholarships for the University, said it felt extraordinary to receive the award. “In business, I’ve learned that everybody should give back to the community. I find it to be quite a team builder; you find people who appreciate the same charity. It’s a good way to make friends with likeminded people. We feel rewarded, but we don’t do it for the reward,” he said.

This year’s Distinguished Alumni Award was received by Chester Kaletkowski, who graduated from the University

in 1971. Kaletkowski is President and CEO of South Jersey Healthcare, and worked to build the South Jersey Healthcare Re-

ful and you will be prepared,” Kaletkowski said.

Kolber encouraged students to take every opportunity that

“Take a little piece of the world. Build a great and lasting vision, lead with your change, be urgent about it, take smart risks, be an optimist, always sacrifice and be courageous.”

JOHN CROWLEY  
President and CEO of Amicus Therapeutics, Inc.

gional Medical Center. The hospital, which was merged into one from three separate hospitals in Vineland, cost \$181 million and was built to include 262 private rooms. He also opened a cancer center, cardiac cath lab, and a new obstetrical service.

“I really want people to look at the hospital and say, ‘oh yeah, Chet was able to get that built,’” Kaletkowski said.

In his acceptance speech, Kaletkowski mentioned his wife is also a fellow Hawk. “She’ll be the first to tell you, after all these years, that she still has a higher grade point average than me,” he laughed.

Being back on campus, Kaletkowski mentioned he is “reflective on a lot of great memories at Monmouth University.” He spoke of “how much the campus has grown,” and said “the changes are very positive. I’m very proud to be a Monmouth University alumnus.”

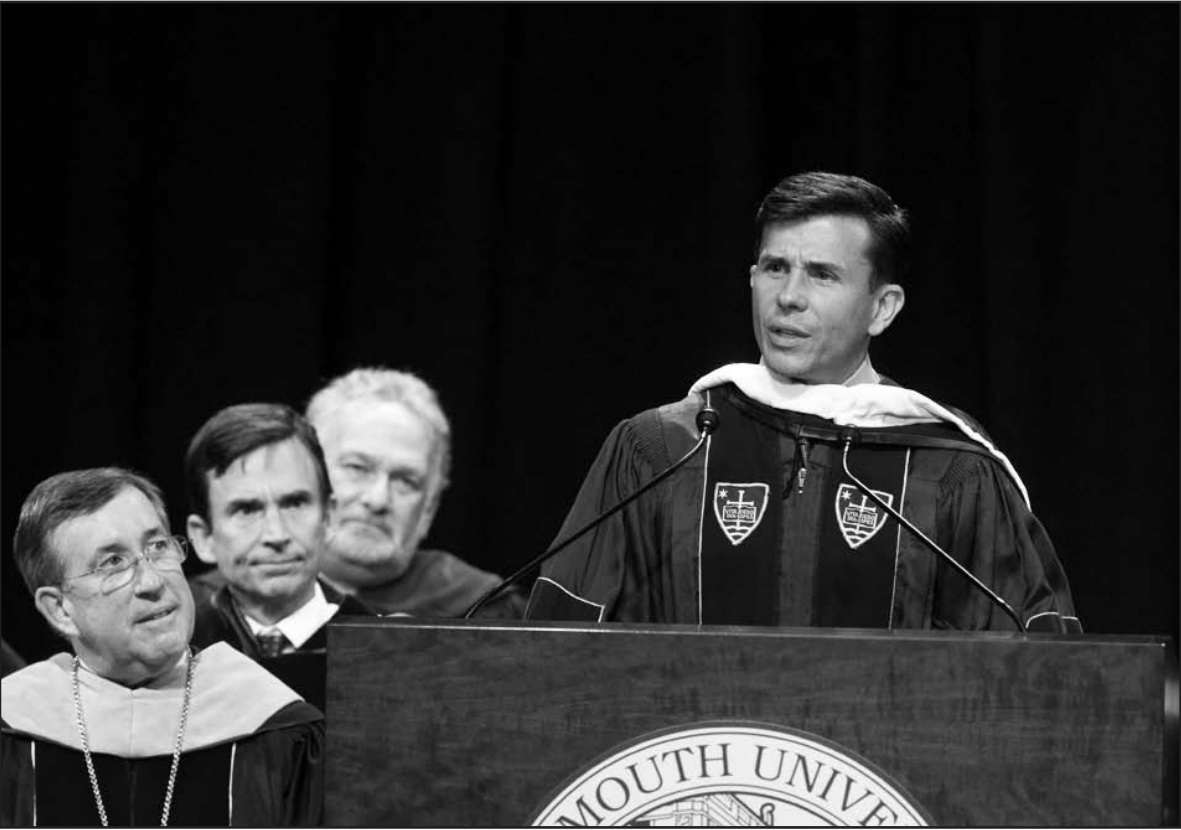
As advice to current college students, the three award recipients spoke of two common themes: optimism and persistence. “There is a job for you out there; you just have to work harder to get it. Be hope-

comes to them. “The experience they get from dealing with people will help with everything. Seize every opportunity, no matter how dim they might seem.”

Crowley believed in the importance of never quitting. “You’ll get lots of doors slammed in your face, and that’s okay. People are going to tell you you’re too young to know what you’re doing, but don’t ever give up.”

As part of Founders’ Day tradition, University faculty floated through Pollak Theatre wearing the caps and gowns of their Alma Matters. The University Chamber Choir, Concert Chorus and Chamber Orchestra were a combined, musical effort throughout the ceremony. Student leaders and honors school scholars were also recognized by Provost Thomas Pearson, and a welcome speech was given by President Gaffney, as well as greetings by President of Student Government Association Nicole Levy.

At the conclusion of his speech, Crowley said, “Take a little piece of the world. Build a great and lasting vision, lead with your change, be urgent about it, take smart risks, be an optimist, always sacrifice and be courageous.”



Keynote speaker John Crowley focused on traits and challenges of great leaders during his convocation address.

### Catholic Centre

#### Sunday Mass

7 PM in Withey Chapel  
(downstairs in Wilson Hall)

#### Daily Mass

Mondays and Tuesdays at 12 PM  
in Withey Chapel

#### Adoration

Thursdays at 12 PM in Withey Chapel

#### Social Night

Thursdays at 7 PM

#### Ask the Priest Night

Tuesday, Oct. 11 at 7:30 PM  
in Java City Cafe (coffee is on us!)

#### Pumpkin Carving

Thursday, Oct. 20 at 7 PM  
(sign up by emailing us or signing up at the CC)

16 Beechwood Avenue  
(Gate to our house is located in the rear corner of Lot 4- next to the Health Ctr.)  
732-229-9300  
www.mucatholic.org  
On Facebook: Monmouth University Catholic Centre  
CatholicCentre@comcast.net

# EXPLORE



# YOUR OPTIONS!

## GRADUATE SCHOOL FAIR

**Wednesday, October 19 4-5PM, Wilson Hall**

- Anthropology *New!*
- Computer Science
- Corporate & Public Communication
- Criminal Justice
- Doctor of Nursing Practice (DNP) *New!*
- Education (MAT, Accelerated MAT, MEd, MEd, Endorsements & Certificates)
- English
- Financial Mathematics
- History
- MBA/Accelerated MBA
- Mental Health Counseling
- Nursing (MSN)
- Psychological Counseling
- Public Policy
- Social Work (MSW)
- Software Engineering

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UNIVERSITY**  
WHERE LEADERS LOOK *forward*

**Be sure to stop by!**

THE OUTLOOK

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Outlook masthead designed by Kimberly Lynn Mallen  
Back page sports logo designed by Nick Hernandez

The Display of Political Beliefs by Faculty Members

THE OUTLOOK STAFF OPINION

Political bumper stickers and banners meet your gaze as far as your eyes can see. Of the numerous signs in sight, one reads “Impeach Bush,” another celebrates November 4, 2008 with the words “Yes We Did: Together We Made History” below a picture of President Barack Obama’s face, and then there’s the well-known red, white and blue image of Obama that displays his upper figure with the words “Be the Change” across the bottom.

You might think that you are at a political celebration hosted by the Democratic Party that is taking place just days after Obama won the 2008 presidential election. Certainly you are not in 2011. This moment has to be right after the election ended. Why else would somebody bear a sign that exemplifies such fresh hatred for former President George W. Bush? Certainly, we have abandoned such immaturity in 2011 and adopted the much-needed approach of bipartisanship in this heated political climate.

Guess what. It is 2011, but you are not at a politically affiliated event by any means. You are right here on the University’s campus in a specific department. Considering the amount of political opinion on display, you might be guessing that you’re among the offices of the professors who teach political science courses. Of all the departments on campus, it seems logical that the political science faculty are the most likely to passionately publicize their political views. Nope, you are not there either.

Instead, you are in the common room that borders the offices of the Communication Department’s faculty on the second floor of the Plangere Center. Not every faculty member in this department has a political sign hanging on their office door. However, those that do have contributed to the overwhelming display of political beliefs in the Communication Department, which is more than virtually any other department on campus.

Besides the Plangere Center, *The Outlook* surveyed the faculty offices in Bey Hall, Edison Science Hall, Howard Hall, McAllan Hall, and Wilson Annex. However, *The Outlook* did not find the same use of political signs by any of the faculty in these buildings.

Dr. Joseph Patten, Chair of the Political Science and Sociology Department, said he never discusses his political views even though his department does not have a policy against doing so. Displaying political beliefs is a bad practice for culture that could possibly alienate students when done so by their faculty members, Patten said.

“I always, as a student, would get bored if I was in a class where I knew the professor was a liberal or conservative,” Patten said. “When I didn’t know what a professor was, I found myself paying attention more closely, trying to figure him or her out.”

Dr. Franca Mancini, Director of Counseling and Psychological Services, said she has no comment as to whether or not faculty should be allowed to display their political beliefs. She said that such behavior could have a positive or negative impact, or none at all.

“The effects on students are so individualized that it’s impossible to comment,” Mancini said. “I think that basically anything that a student is exposed to on campus is an opportunity for dialogue or thought.”

Here at *The Outlook*, the editors differ on whether or not the University’s faculty should be permitted to hang such politically partisan signs in their windows. The University’s mission statement declares a commitment to integrity, and integrity means a steadfast commitment to principles. When it comes to preserving an environment where all of its students feel welcomed to share their political opinions, it is unclear what principles the University adheres to when walking past the doors of the Communication Department’s faculty.

Some editors think that the bumper stickers and banners of some of the Communication professors might make students with opposing viewpoints uncomfortable with voicing their opinions in class. Furthermore, these same editors think that they might possibly receive unfair grades from their professors just because their political opinions are not aligned.

Then there are editors who are concerned about the effects of this behavior on professors. If a student walks by the office of a professor and sees the opposite political ideas on display, he or she may opt to take another professor to avoid exposure

to certain viewpoints. If all students had the opportunity to do this, it would jeopardize their ability to keep an open mind on future issues since they will have never heard the other side’s reasoning.

On the other hand, some of *The Outlook*’s editors say that it is perfectly acceptable for University faculty members to display their political beliefs on their office doors. As long as their political ideologies remain on their doors and out of the classroom, some editors think such signs pave the way for open discourse in the classroom. Other editors agree that faculty members should have the freedom to decorate their doors however they wish, as long as the signs are not offensive.

Finally, some say that these signs fit with a needed policy of openness and honesty. Faculty who display their political beliefs can provide context to their lectures, allowing students to understand why their professors may emphasize certain ideas in class. Since college is supposed to prepare students for the real world, they can only benefit by learning to interpret the information that comes from people of different opinions. In short, if a professor is going to bring a stern set of political beliefs into the classroom, then the signs on their door provide students with proper expectations.

Besides the effects on students, *The Outlook*’s editors also wonder about the consequences faced by the faculty members for publicizing their political beliefs. When it comes to evaluations, and possible promotions and salary increases, the University’s faculty members appear to be at risk. They have to hope that their political beliefs do not negatively factor into the minds of the University’s administrative members who are reviewing them. Given this situation, it is hard to look at faculty members who publicize their beliefs as anything but brave and admirable.

Regardless of your point of view on the subject, *The Outlook* obviously does not support the censorship of faculty opinion. On a much larger scale, it rejects the idea of censorship since it is a newspaper that thrives on the principle of free speech. However, it does question the potential effects of such signs on the ability of students with opposing viewpoints to practice their own free speech.



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# “It’s Not You, It’s Me”

RACHEL GRAMUGLIA  
CONTRIBUTING WRITER

Relationships are probably one of the trickiest things to try to prioritize when entering the college realm, especially if you can’t help but be on cloud nine with your significant other. Some people want their relationships from high school and/or summer romance to last through college, but unfortunately, that usually doesn’t work out.

For some it does, but come on ladies- along with the guys who are pretending to not be reading this section right now- relationships require much upkeep. College is a place for new changes for everybody. You meet new people, and you want to try new things. Yet, are you willing to do everything it takes to maintain that long term relationship with the one you fell so in love with?

I thought I could, until the dreaded eight-word phrase made my whole world spiral down. I’m sure that some ladies out there know exactly what I’m talking about.

“Babe, I don’t think this is working out.”

This phrase is the tell-all-end-all of phrases. This little eight-word phrase has the ability to knock you straight out of your cloud nine euphoria and let you plummet heart first to ground zero with no warning signs. Ladies, we all know how this goes, and the first thing that comes into our minds consists of confusion and various amounts of creative curse words.

I know that I can speak for a

lot of girls and yes, some major “bros” out there who’ve come up with a similar array of words that they’re surprised (and impressed) with. Who would’ve

and turns, assuming that you and your significant other have an understanding that you two will brace it together. But just two weeks into your school year, he

to complain about my life and envy others’. I’m here to bring this topic to reality because honestly, I thought that my relationship was untouchable. I’m sure

niscences aside, a broken heart is definitely no laughing matter. Neither here nor there, relationships in college are begging to be tested. It’s like they are hanging off the thinnest piece of string, testing you to see how long you can hold on.

Hey, I thought it was manageable, I thought that we could actually do it, but I was completely blindsided when I was told the most sinister line in the book of sinister lines (if there was actually a book of sinister lines).

The reason I’m writing this article is because I’ve suffered a broken heart and let’s face it, many of us have (yes even you manly man out there). Especially when entering college it’s like a blurry boundary line, there’s a line there but it’s hard to figure out just where exactly it’s configured.

Love can last in college as long as both partners are committed (with a capital, bolded, underlined, and italicized “C”) and are able to communicate through everything, including a very pixelated Skype conversation.

But, remember to avoid the missing and unknown aspects of a long distance relationship, and focus on the seeing, the greeting, and the feeling your special someone gives you.

Sometimes relationships come and go, but we will always go back to them because we love the way relationships makes us feel. I honestly say just go for it, even though you may not know what will happen in the end, it’s worth a shot.



PHOTO COURTESY of sheknows.com

High school sweethearts have to work hard to keep their relationships together when going their separate ways for college.

known, right? Who would’ve thought that this could happen?

Your whole world seems a blur and you can’t even think straight. A relationship is like a little joyride along a curvy hillside. You know that there will be twists

jumps out of the mythical joyride right when you guys are making a sharp turn, causing it to spin out of control. Within a blink of an eye, your whole relationship is shattered.

No, I’m not looking for a way

it’s like that for everyone who enters a serious relationship like I had. You were up so high that when you hit the pavement, you had the infamous Porky Pig stutter: Th-th-th-that’s all f-f-folks!

All childhood cartoon remi-

## The Art of Planking

KATIE JAFFE  
CONTRIBUTING WRITER

For quite some time, planking has been a worldwide sensation gone viral. Hundreds of thousands of people have gone out into the world, lied down perfectly flat on their stomachs on a random surface and snapped a photo of them to upload onto the Internet. Whether they are on important landmarks or on their very own kitchen counters, people just keep on planking.

A website has even been created, [www.planking.me](http://www.planking.me), and as the self-proclaimed “official home of planking,” provides anyone with an interest in planking a “how to” guide and the option to “submit plank.”

They also offer a wide variety of planking categories having to do with the location of the plank throughout

As far as the guide goes, it simply reiterates the fact that one must be lying perfectly still on their stomach perfectly straight. Nothing states that there must be a specific location as to where one would plank, but usually it consists of various sturdy objects such as walls, counters or even mailboxes. However, the website does warn that anyone who wants to plank should do so safely.

According to the British periodical, *The Guardian*, one has already faced a fatal end due to his planking excursions. In May 2011, Acton Beale, a 20-year-old Australia native, planked to his death. Seven stories high on an apartment balcony in Kangaroo Point, Brisbane, the young man most likely never suspected his silly pastime to take a toll on his own life. What was supposed to be a night of fun and games with a friend,

of fun,” but strongly urges those to be safe while doing so.

Although what Gillard says is true, this has not stopped plankers.

Here at the University, the epidemic has hit! Freshman Alissa Mustillo was recently photographed by her fellow classmate, Brianne Pangaro, planking in the lounge of her very own building, Mullaney Hall.

Mustillo claims “planking has swept the nation as a competitive ‘sport’, seeing who can plank in the most interesting places.”

Some might think she has a point. Planking has become a competition of sorts. Maybe one day it might even be possible to “out plank” someone.

When asked about her next planking on campus, Mustillo delightfully responded with “definitely on top of the digital sign by the tunnel right by the quad.”

It would be exciting to see her dream become a reality, hoping the MUPD wouldn’t intervene in her pursuit.

With that, not everyone at Monmouth finds planking as great as Alissa does. Harmony Bailey, another freshman here on campus, sees planking as “an activity that teens participate in when they have nothing better to do in their free time.”

Clearly not everyone feels this way and teens are not the only ones who have been planking. Despite this statement however, Bailey follows up saying that though she herself has never planked, she has friends who do.

“I guess it’s entertaining if you’re super bored,” Bailey states.

Ultimately, planking seems to be something of a humorous nature with no injury intended. There clearly are those that push their safety limits, but planking really is all in good fun.

For those who are serious about becoming regular plankers, any serious planking snapshots can be sent to [plankingme@gmail.com](mailto:plankingme@gmail.com), which is the official email of [www.planking.me](http://www.planking.me).

Plank on, MU.

## Do You Feel Safe?

JACKLYN KOUEFATI  
OPINION EDITOR

The University Police Department does its part in keeping our campus safe. Officers patrol on foot and by truck during the day and through the night. However, I can’t help but feel that more security should be enforced at the University.

During the day, officers can be found throughout campus walking around or driving in official police trucks. If a student needs help and can’t find an officer, the Police Department is located next to Woods Theatre and emergency boxes are all over campus. Most students don’t think they have to be cautious during the day because it’s light outside and they feel safe. I beg to differ.

Several weeks ago, a student told me she was approached by someone on the residential side of campus in the middle of the day. They began to have a casual conversation when he admitted to not being a student at the University and just lived nearby, bored, and wished to kill a little time. Thankfully, he did not seem much of a threat and left campus soon after, but this incident proves how easy it is for anyone to walk in and out of the University at any hour.

At larger schools, gates are located at each parking lot along with safety officers signing people in and checking IDs. The University does not have any gates on any of its parking lots. Adding them will guarantee that anyone who does not belong in the University will not be allowed in. These gates will just add another obstacle in case someone is trying to get in with the intention of causing harm.

Students don’t tend to look over their shoulder during the day, but they should always be a little careful. It is a university’s job to provide students with an education and keep them safe. The University does this but there is always room for improvement.

When nighttime strikes, MUPD can be found almost anywhere on campus, the residential and academic sides. However, I feel most of-

ficers are busy looking for students who are drinking illegally. Students who are drinking underage are not going to be strolling around campus, but dangerous predators can be. The MUPD is usually able to recognize students because the University is small. At night, though, it is harder to tell who is a student and who is not.

Officers should be spending less time trying to catch intoxicated students and work on keeping potential dangers outside of the University. Taxis are allowed into the different campus parking lots at any given time and who knows what type of person they could be dropping off? Creating a designated spot for taxis could get rid of this threat.

People who are not from the University do not have to sign into buildings during the day, but at night they do. I like this system because it gives that person’s information just in case it is needed. When signing into a residential building, visitors must provide a type of ID and have a student from the University sign them in. This proves that visitors truly are who they say they are.

Working students usually sign visitors into the residential buildings until about 9:30 pm, and then security officers take their place. I believe that this makes students feel safer. Having one student protect other students can be silly because then no one will know what to do in a threatening situation.

The security guards are trained on how to handle those circumstances. Look at the security guards at the front desks like medieval knights protecting their castle, aka the residential buildings.

The MUPD is on duty at all times to make students feel safer. The University does a good job of enforcing the rules and making sure students follow them. Because the campus is small, people may think that not much security is needed to watch over the whole campus, but they are wrong. There is no such thing as too much security when it comes to keeping students safe.



PHOTO COURTESY of Brianne Pangaro

Alissa Mustillo shows other students how to plank in Mullaney Hall.

the world while also offering the unique option of “celebrity planking.” Though the subject sounds tempting, after clicking on the link, no recognizable celebrities were shown in this specific genre.

turned out to be a tragedy.

Shortly after, *The Guardian* reported that Australian prime minister, Julia Gillard, wanted to restrict plankers from continuing their quirky craze. She agreed that “everyone likes a bit

# Occupy Wall Street: A Meaningful Movement or a Directionless Protest?

DAN STE. MARIE  
STAFF WRITER

An estimated 1000 citizens of New York City started occupying Wall Street and Zuccotti Park in protest of corporate greed and income inequality since September 17. The protests have continued to go strong, despite confrontations with police and attempts to institute new laws in occupied parks.

New York City is not the only location seeing these protests, with the movement spreading to cities nationwide including Trenton.

The movement has recently gone global as of October 15. Ireland, Rome and Tel Aviv, among other international cities have joined the protest.

The New York Occupy Wall Street website, occupywallst.org, explains the movement as a “leaderless resistance movement,” representing the “99 percent that will no longer tolerate the greed and corruption of the one percent.” The website and many protestors have eluded the inspiration of the movement to the Arab Spring.

Claude Taylor, a Communication professor at the University, described the movement as “an inevitable expression and appropriate voicing of financial concerns, and an expression of well being.”

Why so many are participating in the movement, or at least showing their support, is still a question among the viewing public.

Dr. Joseph Patten, chair of the political science department, offered multiple reasons for the protests.

“It’s certainly a reaction to the state of our economy, and some leftover anger from the recent bailouts of the banks,” Dr. Patten said. “The timing is interesting in that it took some time to develop, which is why the lingering recession could have an impact as well.”

As the movement brings criticisms of big banks and corporations to the streets, the protests have faced their own critics. The movement has been called a misguided attack on those that rightfully earned their share, perpetuated by the Obama administration (and now George Soros, according to Yahoo News) with dirty hippies littering the streets.

Arielle Giordano, senior and captain of the Debate Hawks, finds the Occupy Wall Street protests “almost comedic.” Giordano also said the movement was started by “Adbusters, a Canadian activist group who is fighting consumerism.”

“Meanwhile, all the people who are protesting are under the spell of consumerism themselves,” Giordano said “They all are using their top of the line laptops, iPhones, and other high tech and recently released technology that they had to have to fight consumerism.”

There is no clear representation of demands from protestors, but Taylor said the movement is unguided.

“There are multiple issues people are concerned about. It doesn’t

have to be single unified vision for social movement. Social movements rarely have a single vision,” he said.

“This idea in the mainstream media that there’s no point to the movement is a false dilemma,” said Taylor. “I don’t necessarily think that there has to be a unified point.”

Giordano said, “The protesters have no idea what they’re protesting about.”

She questioned why protestors are complaining about the top 10 percent of the country that pays the majority of the taxes.

“Protesters need to learn personal responsibility,” Giordano said. “If they don’t have a job or are unsuccessful they need to take a long hard look in the mirror.”

She said, “Wall Street hires your parents, it finances the factories and small businesses they work in, it manages the retirement accounts of your grandparents. The real problem is government. Make it smaller and limit its power.”

As the movement continues into Day 30, there is no end in sight. Taylor said, “It’s going to get bigger and more local. Don’t be surprised if there’s an Occupy Red Bank, or an Occupy Freehold. It’s going to be more violent, unfortunate to say, and it’s going to be uncomfortable for citizens to see other citizens get roughed up,” said Taylor.

“The movement is going to escalate to violence...because we haven’t found a way to talk to each other in a reasonable way,” he said.



PHOTO COURTESY of aangirfan.com

Wall Street protests have been on-going since mid-September, despite police enforcement and attempts to institute new laws.

## Roll Call: Words from the SGA Senate

**Aramark Food Services:** The Student Government Association would like to announce that although there have been many complaints concerning Aramark’s services at the University, it is important to realize that the company and employees are working hard to alleviate any issues.

Over the past few years, Aramark has improved tremendously, and are taking student suggestions into account.

President Gaffney, Vice President Nagy, and other administrators are frequently visiting the Dining Hall and Rebecca Stafford Student Center to check up on the services, and SGA works closely with Aramark to address student concerns. President of SGA Nicole Levy said, “Students need to remember that by saying ‘I wish the food was better here’ doesn’t offer any advice or specific examples of how they would like Aramark to improve. It’s easy to complain about something, but if you offer advice about a valid complaint, then you will probably see results.”

She encourages students to email SGA or leave a message on the notecards the Dining Hall provides in the lobby, if there is a concern that needs to be addressed.

There is currently a survey sent out through Squirrel Mail that Aramark distributed, so it is important to fill that out if students expect something to change.

**Fall Break Extensions:** There has been a lot of talk of wishing that the new Fall Break was

a four day weekend, which Vice President Nagy agrees with. However, the state of New Jersey requires a certain amount of class hours that the University has to be open, and extending the break could mean extending finals week. Levy explained that school cannot start earlier due to the reliance on neighborhood rentals, which are only available after Labor Day weekend.

**Health Center Extended Hours:** It has been a rising concern that the Health Center is not open on the weekends. While this is recognized as a disservice by SGA, there are many factors that go into opening the center on weekends.

Levy explained that it’s costly, which could mean taking out money from another budget that would affect students as well. It’s also important to analyze how often the Health Center is being utilized during the week, and how much it would be during the weekend.

“It may not be enough to keep it open,” Levy said.

Administrators may be shifting the current hours of the Health Center on days or times that may be slow so that it can be open for a certain amount of time on a Saturday without having to extend any overall hours. “Although this is actively being looked into,” Levy said, “it is important to keep in mind that compared to Rider, Seton Hall, Montclair, TCNJ and Stockton, the University has the longest hours of operation and none of the previously named schools offer services on the weekends either.”

## Who’s Who in SGA: Melanie Rowbotham Historian

Melanie Rowbotham is a senior majoring in English and Elementary Education. She holds the position of Historian for the Student Government Association.

Her responsibilities include documenting events through pictures, decorating the SGA bulletin board, and compiling a scrapbook at the end of the year of pictures and memorabilia from events the organization held.

Rowbotham held the prior positions of Parliamentarian, Student Affairs Chair, and Attorney General. She joined SGA in the

spring of 2009 as a freshman because her friend who was already involved, influenced her to continue leadership.

She was also involved in high school student government in her hometown, Hopatcong, New Jersey.

“My favorite part about SGA is having the privilege to know information that we can pass on to the students. It feels good to answer a question from a student about parking, the dining hall, or advisors,” Rowbotham said. “I’m going to miss the SGA advisors when I graduate because after spending so much time with them these past years, they really are like part of my family,” she said.

Rowbotham explained that SGA is lucky to have such important people on our campus be invested in the organization and the Senate appreciates everything Vaughn Clay, Vice President of Student Services, Mary Anne Nagy, and Heather Kelly do to help.

“I’m super excited for the student leader reception being held on November 11 at 4:00 pm in the Magill Commons Club Rooms. This is a great way for all clubs and organizations to come together and participate in a round table discussion. By listening to each other’s opinions and ideas, it can definitely bring us closer as a campus,” Rowbotham said.

Details about this will be sent out to clubs and organizations in the upcoming weeks.



PHOTO COURTESY of Stefania Flecca  
Melanie Rowbotham (left), is SGA’s Historian. She is pictured with Stefania Flecca, fellow student leader and friend since freshman year, when both joined the organization.

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# Pre-Law Club Helps Students Take Life by the Gavel

CHRISTOPHER ORLANDO  
CONTRIBUTING WRITER

The University’s Pre-Law Club had its first meeting of the year on October 6. The club, based out of the Political Science Department, is designed for students interested in attending law school.

Guiding this group of students is a new faculty member, Professor Gregory Bordelon. Bordelon is a graduate of Louisiana State Law School and has chosen to offer his expertise in the field to those interested in legal studies.

The officers for the academic year are excited to get started and encourage other students to get involved. The officers include President Arielle Giordano, Vice President Jessica Rohr, Treasurer Karina Bandy, Secretary Katelyn Nawoyski, and Parliamentarian Brandon Karkovice.

During the first meeting many topics were discussed briefly, such as preparation for the Law School Admission Test (LSAT) and steps needed to take to apply to law school. The competitiveness of the discipline was also discussed.

During the meeting, Bordelon played a scene from the blockbuster hit *Legally Blonde*. Students who participated in the first meeting are very optimistic about the opportunity a club like this can offer.

Sophomore Alexes Correa, a political science major, has law school aspirations. “I believe this club can help me achieve my goals of getting into law school because it is very informative and led by an attorney,” she said.

Throughout the year, the Pre-Law Club will be hosting guests from Seton Hall Law School and Rutgers Law School. Another guest will be a representative from one of the LSAT preparatory courses in the local area.

Head of the Political Science Department, Dr. Joseph Patten believes the Pre-Law Club is going to be an excellent asset. He said, “We are really excited to have a thriving and dynamic Pre-Law Club in our department. Students interested in law school from all majors should join the Pre-Law Club in order to gain exposure to

the best strategies for getting into law, to gain a deeper understanding of the law school experience, and to learn about the wide array of potential careers in law.”

Traditional law schools are three- year programs available to any undergraduate major. For example, if a student is interested in business law, he or she has the option of taking any and all classes associated with business.

However, most law schools make every first-year law student, also known as a 1L, take all of the same general classes.

The first year of law school is normally a drastic change to what students are used to from their undergraduate studies, as they are encouraged to think like an attorney.

“The calling to pursue a legal education is a noble one. It takes commitment, drive and diligence.”

GREGORY BORDELON  
Professor of Political Science

According to Professor Bordelon, law school is different from regular college work. He said, “It is more quantitative work, but more important is to appreciate the analytical nuances and distinction between college and law school work.”

Bordelon also warns of some of the regular challenges of being a 1L, particularly time management.

The Political Science Department is working tirelessly to offer more options for those looking to head to law school in the future, and the Pre-Law Club is just another tool they encourage students to use.

It is also advised that students interested in law school take advantage of both Professor Bordelon and the University’s long time Pre-Law Advisor, Dr. Enoch Nappen. Both professors are a wealth of knowledge, and using that knowledge would be instrumental in preparing yourself for law school.

Students are encouraged to seek out these professors who are ready and willing to offer their expertise.

Professor Bordelon said, “The calling to pursue a legal education is a noble one. It takes commitment, drive and a diligence that I’ve observed in Monmouth students so far in my time here. I look forward to helping as many students as possible realize their dream of going to law school.”

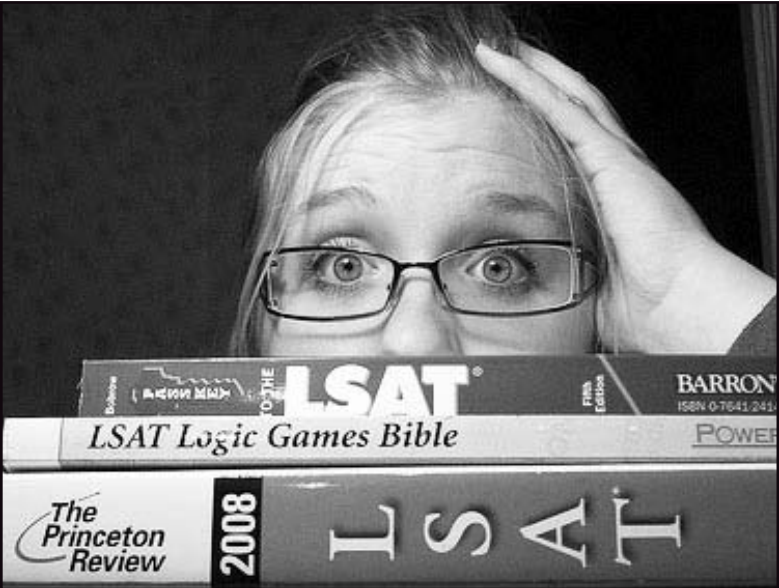


PHOTO COURTESY OF wordpress.com

The Pre- Law Club will help students prepare for law school by giving helpful LSAT tips and offering support throughout the application process.

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hosted by Monmouth University

SCHOOL OF SCIENCE  
Dr. Michael Palladino, Dean

FALL 2011  
Pre-Professional Health Careers Meeting

Wednesday, October 19, 2011

Wilson Hall Auditorium ♦ 2:30 – 4:00 PM ♦ Refreshments

WELCOME  
Dr. Datta Naik, Acting Director - 2:30 pm

ADVISING INFORMATION  
Dr. Jim Konopack- 2:40pm-2:50pm

SPECIAL GUEST SPEAKERS

Paula Watkins,  
M.A.S., Director of  
Enrollment Services,  
UMDNJ-SOM

2:55pm-3:15pm

Christopher Hanifin,  
PA-C, Department of  
Physician Assistant,  
Seton Hall University

3:15pm-3:35pm

Ryan Scally,  
DMD, Monmouth University  
Alumnus 2006, UMDNJ New  
Jersey Dental School 2010,  
Pediatric Dental, Resident

3:35pm-3:55pm

• Pre-Professional Health Advising Office – Howard Hall, Room 312

• Pre-Health Registration Form & E-mail notices – contact PPHAC Member

• Strategies for Verbal and Writing Sections of Tests (MCAT, DAT, etc.) – contact Dr. Bass

• When to Start The Application Process to Professional Schools –contact PPHAC Member

- Letters of Recommendation – Supplementary Information Form

• Foreign Medical Schools – contact Dr. Naik

• Affiliation Agreements: contact Dr. Naik

- ❖ Seton Hall University – Physician Assistant Program
- ❖ University of Medicine & Dentistry of New Jersey – School of Osteopathic Medicine (UMDNJ-SOM)
- ❖ Monmouth Medical Center Scholars' Program – Drexel University College of Medicine
- ❖ Universidad Autonoma de Guadalajara School of Medicine

• PPHAC Website - [http://www.monmouth.edu/academics/pre-professional\\_health/default.asp](http://www.monmouth.edu/academics/pre-professional_health/default.asp)

Pre-Professional Health Advisory Committee (PPHAC)

Dr. James Mack, Professor, Biology and Director of PPHAC (on sabbatical)

Dr. James Konopack, Assistant Professor, School of Nursing & Health Studies

Dr. Massimiliano Lamberto, Assistant Professor, Chemistry

Dr. Datta Naik, Vice Provost and Dean, Graduate School & Continuing Education, Professor, Chemistry, Acting Director, PPHAC

Secretary, PPHAC – HH 312

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# Organic Eating Towards a Healthy Lifestyle

SLOANE CORAN  
CONTRIBUTING WRITER

Many people contemplate over whether or not to buy organic products. It is commonly known and publicized that eating organic fruits and vegetables can help reduce the risk of cancer and other diseases. But where do we begin? The United States Department of Agriculture’s definition of organic food indicates that it is generally free of synthetic substances, contains no antibiotics and hormones, has not been fertilized with sewage sludge, was raised without the use of most conventional pesticides, and contains no genetically modified ingredients. Though eating organic can be a bit pricey, it does not mean you have to uproot your eating habits entirely or empty your savings account. Simply incorporating organic fruits and vegetables into your diet will jumpstart a healthier lifestyle. According to mayoclinic.com, organic options are healthier options for both people and the planet. The clinic indicates that certain types of pesticides used on conventional produce can cause skin irritations, hormone and reproductive problems, and can even be carcinogenic. These issues can cause direct harm to our metabolic process. Most people do not think about the effects that pesticides have on our bodies over time, however, the dangers are present. There are many documentaries such as *Food Inc.*, websites like wholefoods.com, and research studies done by Cornell University’s Center College of Agricultural and Life Studies that advocate organic food. The common theme in these resources is that organic food is not tainted with chemicals, and therefore, it is a healthier option. Organicconsumers.org says that organic foods, especially

raw or non-processed, contain higher levels of beta carotene, vitamins C, D and E, cancer-fighting antioxidants, essential fatty acids, and essential minerals. Perhaps the greatest step students can take in starting an organic diet is learning about the origin of their food, as the Environmental Working Group indicates. The group encourages consumers to find out where it is grown, how it is grown, and how far the food traveled from growth to grocery store. Students can also find valuable information on the origin of the food and products they consume at ewg.org. The organic section of the supermarket Whole Foods in Middletown is a great option for discovering organic food, as well as Dean’s Natural Food Market in Shrewsbury. Trader Joe’s, also located in Shrewsbury, prides itself on providing a gourmet variety of organic foods. A little closer to the University is the West End Farmer’s Market held on Brighton Avenue every Thursday from 11:00 am to 6:00 pm. According to the West End Farmers Market website, the market only sells homegrown and homemade items that encourage the community to help sustain local farms. It is located behind Jesse’s Café, another establishment that promotes tasty and healthy eating, and is easy for students to access from the University. Emily Hunter, junior, believes that eating organic is a much healthier alternative. “I try my hardest to eat organic whenever I can, especially for items like milk and dairy products. However, I do realize that as college students it may be hard to live a fully organic lifestyle because organic products do tend to cost more,” said Hunter. What makes organic milk dif-

ferent from regular milk? According to the National Dairy Council, cows are given synthetic hormones to help stimulate their milk production. Those hormones are released into the milk they produce and transferred to the milk drinkers. The food and pastures that the cows are fed on may contain harmful pesticides. Traces of those pesticides can be found in milk. Organic cows are fed food grown without chemical pesticides, which results in a healthier choice for consumers. Professors at the University also value the added benefits of eating organically. Mary Harris, a Specialist Professor in the Department of Communication and the Director of the Monmouth Area Vegetarian Society said, “I would personally rather support local farmers who do not use harmful chemical sprays on crops, because it is more sustainable, and I do not want to ingest

the residual chemicals.” Aside from eating organic, there are also healthcare products that value the chemical free aspects like organic food does. Most mainstream healthcare products include harsh chemicals such as parabens, which the Environmental Working Group defines as a class of chemicals used as a preservative in many healthcare products, such as soaps, body washes, and moisturizers. The Environmental Working Group’s website has a “skin deep” database that provides an easy to navigate safety rating index for a wide range of beauty products and ingredients on the market. Recent studies performed by the Food and Drug Administration note that parabens are associated with certain types of cancers and may be responsible for many skin reactions such as contact dermatitis, which is an inflamma-

tion of the skin. To find out if the products you are using contain these ingredients, just take a look at the listed ingredients on the back of the label. Organic product lines often make it a point of letting consumers know that their product is “paraben-free.” The “skin deep” index cites skin care lines such as Kieh’l, Neutrogena, and Aveeno as void of any parabens. After all, there is no rule which states you have to compromise great taste and pure products for great nutrition. Psychologist Astrid Alauda once said, “Did you ever stop and taste a carrot? Not just eat it, but really taste it? You can’t taste the beauty and energy of the earth in a Twinkie.” Start to taste and feel the beauty of living organically. Provided is a recipe that incorporates all of the characteristics of autumn into one scrumptious organic treat.

## Recipes

Courtesy of *The Barefoot Contessa Cookbook*

### Organic Apple Cinnamon Muffins

**Ingredients:**

- 2 cups of organic flour
- 1Tbsp of baking powder
- 1TSP of ground cinnamon
- 1/2 cup of packed brown sugar
- 1 cup of organic milk
- 1 stick of organic butter
- 1 organic egg
- 2 organic apples

**Directions:**

- Preheat oven to 375 degrees.
- Grease a 12 hole muffin pan.
- Sift flour, baking powder and cinnamon into a bowl, then stir in brown sugar.
- Melt butter and lightly beat egg. Combine butter, egg and milk.
- Peel, core and grate apples and add straight into wet mixture.
- Make a well in the center of dry mixture. Pour in wet mixture and fold in very gently until combined (do not overwork batter).
- Pour into muffin pan until each hole is approx 3/4 full.
- Bake for 15 minutes or until golden on top.
- Rest pan for a couple of minutes then turn onto a wire rack to cool...and ENJOY!

# Look Good, Feel Good: A Local Shopping Guide

CASEY REIDY  
CONTRIBUTING WRITER

With fashion trends constantly changing it can be hard to keep up as a busy college student. Whether you are in need of something to wear out to local bars such as the Draft House or Jack’s on Brighton Avenue, an upscale outfit for a night out at the Avenue in Pier Village, or a basic ensemble to throw

Banana Republic, Victoria’s Secret, Free People, and much more - even a Starbucks for your daily coffee fix. According to the Grove’s website, many of these stores even offer discounts up to 15 percent off to students and teachers with the proper ID. The Grove also hosts seasonal events boasting live entertainment and dinner specials. Their website provides an up-to-date calendar of

ing to the website. “I love going to The Grove with friends,” said Amy Rodriguez, senior. “The outdoor atmosphere and affordable prices make it a great place to spend the day. Also, the student discounts some stores offer are a great plus.” The Grove West, an extension of The Grove, is located just across the way on Route 35 and offers additional stores, events, and pro-

show at Bar Anticipation in Belmar, according to jerseyshorepremiere.com. According to the boutique’s website, the store carries brands such as 7 For All Mankind, Hudson, Joe’s Jeans, and Rock & Republic. “We also carry various price points in our premium denim as well,” says the Posch website. “For an example, our best selling Blank jeans have the perfect fit and retail for only \$62!” Katie Mosera, a sales associate at Posch said, “At Posch we specialize in giving you that one-on-one personal shopping experience you wouldn’t find at local malls. We also carry a wide range of price points, making it easy to look fabulous with any budget.” Don’t forget about the streets of Red Bank where both chain retail stores and unique shops line the roads. Onlyoneredbank.com lists stores such as Urban Outfitters, Syndicated Clothing, and Nirvana that provide the best up-to-date fashion trends. Redbank.com provides information on Red Bank’s “Dine & Shop Red Bank,” which is hosted on Tuesday and Wednesday evenings in the fall. According to the site, various restaurants offer price-fixed menus ranging from \$15 to \$30, and select shops stay open for late night shopping. More information about the events, participating stores, restaurants, and menus can be found online at onlyoneredbank.

com, or on Facebook under “Red Bank River Center.” Brave New World in Little Silver is a surf shop selling men’s and women’s apparel, accessories, watches, and bags. Bravesurf.com indicates the store’s popular collection of brands as Billabong, Element, RVCA, and Hurley. The store not only sells surf and snow gear, but also offers repair services as well. Information on any news within the store and repair shop services can be found on Facebook under “Brave Surf” or bravesurf.com. Sporting stylish looks at affordable prices, Jenna & Molly of Pier Village offers “trendy, contemporary clothing- reasonably priced, without sacrificing style and quality and up to the minute looks for the fashion conscious girl and young minded women,” according to the store’s Facebook page. Jenna & Molly is a personal favorite of many University students for last minute buys. Laura Ledman, senior, said, “I love Jenna & Molly for their affordable clothes and its proximity to campus. I can drive over to Pier during a break between classes and get a great top to wear out later that night!” So don’t be discouraged by the hefty price tags some department stores are placing on their racks this season. Whether its in Shrewsbury, Rumson, Little Silver, or Long Branch, the surrounding University area has plenty of alternatives to finding those fall fashions you have been dying for - without killing your wallet.



PHOTO COURTESY of piovillage.comie.blogspot.com

Pier Village in Long Branch offers a beach front shopping escape.

on for class, there are several boutiques and shopping centers in the surrounding area that accommodate for all. Located about 20 minutes from the University, The Grove at Shrewsbury is similar in design to Pier Village but offers a variety of chain retail stores such as J. Crew,

such events, including live music every Friday night at D’Jeet restaurant. Coming up is the “Fall Festival,” which will be held Saturday, October 22, and will feature a Halloween parade, DJ, and more. The Fall Festival will also sponsor a clothing and shoe drive to support the American Red Cross, accord-

motions, all of which can be found online at thegrovewest.com. Rumson also offers great shopping with many one-of-a-kind stores not found in the local mall. Posch, a boutique located in Rumson, recently participated in a fashion show displaying their latest collections at the Jersey Shore Fashion





# FEEL...

“HAWT  
like, amazing  
TOTES ADORBS  
**FABULOUS**  
SUPER CUTE  
gorg!”

ON A STUDENT'S BUDGET

HAIRCARE

ALTERNA  
BRAZILIAN BLOWOUT  
CURL JUNKIE  
DEVACURL  
FREDERIC FEKKAI  
GHD  
HAIR RULES  
IT'S A 10  
JONATHAN  
L'ANZA  
LIVING PROOF  
MOROCCANOIL  
OSCAR BLANDI  
& MORE

SKINCARE

BLISS  
CLARISONIC  
DERMALOGICA  
FAKE BAKE  
FREEZE 24/7  
KORRES  
LIERAC PARIS  
MURAD  
PETER THOMAS ROTH  
PHILOSOPHY  
SARA HAPP  
SKYN ICELAND  
& MORE

COSMETICS

THE BALM  
BEAUTY ADDICTS  
BEAUTYBLENDER  
BILLION DOLLAR BROWS  
BLINC  
CLASSIFIED COSMETICS  
FUSION BEAUTY  
NYX  
SMASHBOX  
& MORE

APPLIANCES & BRUSHES

EGO PROFESSIONAL  
GHD  
LUXOR PRO  
MARILYN BRUSH  
OLIVIA GARDEN  
PHYTO  
T3...

TAIFF  
VALERA  
ZENO  
& MORE

DESIGNER FRAGRANCE

AQUOLINA PINK SUGAR  
BVLGARI  
BURBERRY  
CALVIN KLEIN  
CLEAN  
DONNA KARAN/DKNY  
KIM KARDASHIAN  
MICHAEL KORS  
NICOLE MILLER  
OSCAR DE LA RENTA  
PARIS HILTON  
PHILOSOPHY  
RIHANNA  
VERA WANG  
& MORE

NAIL CARE & POLISH

CND SHELLAC  
ESSIE  
NAILS ALIVE  
OPI  
SPARITUAL  
NICOLE BY OPI  
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# From Hollywood to the Jersey Shore

## Meet Professor Rob Scott of the Communication Department

CHRIS CHACE  
CONTRIBUTING WRITER

At the University, there are many professors that one can meet, who will help guide you along your career path and future endeavors. One of these professors is Robert Scott, Specialist Professor in the radio/TV concentration of the communication major.

Born and raised in New Jersey, Scott lived in Scotch Plains until the age of five when his family moved to Lincroft. He attended the Christian Brothers Academy for four years, and then his family moved to Brielle on the Manasquan River.

After graduating high school, Scott decided to attend the United States Coast Guard Academy in Connecticut for about two

years until he reevaluated certain things and decided to transfer to Monmouth College (Monmouth did not have university-status at that time).

This is when he really started experimenting with film and video. “During high school and undergraduate studies, I spent a great deal of time taking photographs, shooting 8mm film and video, and writing as a hobby. I was also doing the same as part of related school activities and a few minor professional jobs,” said Scott.

Originally, Scott wanted to pursue a career in marine biology and fantasized of attending the Woods Hole Oceanographic Institute and traveling the world’s oceans. “Then, I learned the significant role that math and science play in these professions,”

joked Scott. He then changed his major to history and political science.

Two days prior to his graduation, however, Scott experienced the passing of his father. “This was a pivotal moment in my life that led me somewhat adrift,” admits Scott.

Due to this “adriftness” and his great love for boats and the sea, after graduation Scott turned to boating as a full-time profession. Already working on boats for most summers in his life, Scott took to the life of a boater and fisherman very well. For the next four years, he found himself working seven months of each year fishing down in Florida and the surrounding Bahamas, and then five months fishing up north in the waters of New England and Jersey.

Soon, Scott decided to return to school and focus more on his love for film. He attended the University of Miami, and it was there that he started to really gain footing into the professional world of film and television.

“I was fortunate to become involved with a number of professional productions in South Florida involving music videos, TV shows, independent films, commercials and infomercials,” he said.

After graduation from film school, where he earned an MFA in Film studies/Screenwriting, Scott made the big move out to Los Angeles. There, he continued his work on music videos and feature films and eventually found himself working as an office temp. “It’s something I never imagined myself doing,” admitted Scott. “It started because I

needed to pay the rent, but the upside was I got my foot in the door of exciting places I couldn’t access on my own.”

For over the next eight years, Scott worked at talent agencies and production companies and eventually ended up at the New Technology & New Media Department at The Walt Disney Company. “My positions at Disney really launched my professional career in media,” said Scott.

Then, after nearly a decade in Hollywood, Scott decided to return to his roots and travel back to the Jersey Shore where he obtained a job as a professor at the University.

Scott still has numerous freelancing jobs in media writing and consulting for various projects and companies, which he does while still teaching his classes at the University, as well as being an advisor for Hawk TV News.

Scott still works part-time on



PHOTO COURTESY of Blaze Nowara

Professor Rob Scott still has numerous jobs freelancing in media writing and consulting.



PHOTO COURTESY of Rob Scott

Professor Rob Scott originally planned on being a marine biology or history and political science major.

charter boats in New Jersey, as well as kayaking and saltwater fishing.

Scott said, “The greatest advice I can offer based on my professional experience is to practice your oral and written communication skills, don’t be hesitant in pursuing your dreams, always remain professional, try to learn something new every day, and treat people with respect.”

# Keeping Your Wallet Full

## How to Get Around Major College Expenses

NANA BONSU  
STAFF WRITER

If there is one thing that every student knows, it is that college is expensive, and prices only continue to go up. Reducing spending can be difficult, but it is an effective way of saving money.

One of the major college expenses is the cost of books. According to yourcreditadvisor.com, the best way to save money on books is to start by buying used books. Students can also take advantage of websites such as amazon.com in order to find reasonably priced text books. After the semester, students are encouraged to sell their books back.

Credit card debt can often start early if a student is not careful, so students are encouraged to stay away from credit card usage unless it is an emergency. If a credit card is used, students should get in the habit of paying bills on time to avoid the late fees and pay more than the minimum payment fee.

College students do not realize how much they spend on food outside of their meal plans. Weekly take out alone can add up to a lot of money every month. According to collegescholarships.org, a student who buys a daily cup of coffee may end up spending over \$250 per semester. “College students can save money by not getting take-out be-

cause delivery and take out start to add up quickly,” said Elizabeth Regan, junior accounting major. “Don’t stop by Einstein’s bagels every morning even when your class is right next door, and cut down on student center lunch dates.”

Regan also encourages students to utilize their meal plans rather than spend money elsewhere.

Entertainment can also be a major expense. Howstuffworks.com encourages students to get creative with things they can do in their free time. If students choose to look to outside sources such as movie theaters, cafes, and art centers for entertainment, they should ask for discounts.

Otherwise, there are plenty of activities students can engage in without spending any money. Planning a picnic, going bike riding, or taking a walk are all activities that do not cost any money.

Living in an off-campus apartment and no longer having a meal plan forces students to budget for food, gas, and entertainment. Regan cites planning as the key to making it through college on a budget.

“I make a list of groceries that I want, and I stick to that list when I go to the store. I walk when I can instead of wasting gas on driving, and I buy my textbooks online for a quarter of what I would have paid buying the books from the bookstore. I have a subscription to Netflix so I don’t have to waste money on renting movies, and I plan how much money I have allotted for the week and do not stray,” Regan added.

Finding a job is another way for students who can manage their time well to earn extra money that they can save. Opening a savings and checking account and starting an emergency fund are all ways that students can save money while establishing good credit. Howstuffworks.com cites holding onto all receipts as a way to track spending habits.

“Some financial mistakes col-

lege students make are not budgeting their money, not saving, and not investing,” said John Buzza, Business professor. “In order to set up a budget, students should list their total income, be diligent about listing all the expenses you have, subtract the income from the expenses, and make sure you end up with something leftover. If not, then cut expenses.”

Buzza advises first-year students to “only do what you can afford to do and spend what you have and not what you don’t have.”

“We live in a world of ‘if I want it I’ll buy it’, there is nothing worse than that sort of mentality,” Buzza added. “Be frugal in your spending because you never know what tomorrow might bring.”



PHOTO COURTESY OF howstuffworks.com

College can bring many extra expenses students don’t think about, such as constantly going out to eat and living off-campus.

# The Price of a College Education

Price continued from pg. 1

net price, which is what is the student’s tuition is at each school after all grants and scholarships have been awarded.

“I want students to make an informed choice,” she said. The point that she most emphasized is the value of an education. “It’s a lot like buying a car. You can spend \$25,000 on a new car or you can spend \$14,000, but do you feel it’s a good car? Are you satisfied with it? If so, then great,” she said. It’s a different decision for each individual;

everyone wants something different.

Orlando said, “The education at Monmouth is beyond phenomenal and gives me many great options later in life, but to begin life in the real world in so much debt is taking a step back. Making college so unaffordable in general, not just at Monmouth, it discourages people from attaining higher learning.”

“I believe I will make it [money spent on college] back, it’s just a matter of when,” said Gray. Today, most careers require a college degree. Both students believe that a degree will widely expand

their personal employment opportunities and their chance of earning back their tuition dollars.

The biggest question a student must ask themselves, said Alasio, is “in an honest way, do I feel like I am getting what I paid for?”

Monmouth University strives to help students. Next month, an undergraduate survey will be available to measure student satisfaction, what they want for their money, and what they could do without.

“Speak up,” urged Alasio. “We want to hear it.”

# A Neat Freak’s Nightmare

## The Disease Behind A&E’s “Hoarders”

**MICHELLE CALLAS**  
STAFF WRITER

Many people collect things such as coins, dolls, baseball cards, and antique items. Keeping a collection clean and organized allows the individual to enjoy the items they have acquired. However, some people begin to collect things compulsively, and it consumes them. If this behavior continues unchecked, and a home is filled with useless items that are unorganized and unkept, it is most likely a hoarding situation. The A&E television show “Hoarders” addresses the issue of compulsive hoarding and assists the participants on the show in recognizing, cleaning up and receiving treatment for their disorder. Compulsive hoarding is defined as “an irresistible desire to possess an extraordinary amount of items that, to others, may seem to have absolutely no value

at all,” according to The Compulsive Hoarding Cure’s website. In one episode, Andrew’s home is completely filled with stuff to the point the house is unlivable. The hoard has spread to consume the entire property and he has a homeless man living in his front yard. His furnace no longer works, there is no running water, and the town is threatening to remove him from the home. After the show, he refused after-care treatment and the town did remove him. As a consequence to his hoarding, Andrew ended up homeless before he would part with his hoard. The homes portrayed on the series show houses filled with garbage, boxes, food, newspapers, clothes or even animals. Michele Inzelbuch, a co-occurring counselor for addiction and mental health and graduate student at the University, said that keeping and collecting things takes precedence over everything else

in a hoarder’s life. Regardless of ill health effects, financial problems or family member concerns, their compulsive disorder consumes their entire life. Buried so deep in this disease, they need professional help to overcome this debilitating disorder. Hoarders have an emotional attachment to their items and it becomes a part of who they are, Inzelbuch said. “It can be what keeps them motivated to stay alive. When you remove the objects of their obsession and compulsion they can see it as they have no reason to live.” Classified as an obsessive-compulsive disorder, hoarding affects over three million Americans. Though many people may save and collect certain items, there are three distinct differences between owning a valuable collection and compulsive hoarding, according to The Compulsive Hoarding Center’s website.

When people save items, they generally use them and if they do not, they throw them away. Hoarders will keep these items even though they have no practical use or value. People who have collections such as dolls or books usually

tion, Belinda does finally begin to let things go and they managed to clean the house up. The entire family continued to attend therapy after the show. Thomas McCarthy, University counselor, said, “The thought of discarding an item is so over-

**“It can be what keeps them motivated to stay alive. When you remove the objects of their obsession and compulsion they can see it as they have no reason to live.”**

MICHELE INZELBUCH  
Counselor for Addiction and Mental Health



PHOTO COURTESY of aetv.com

Hoarding is a disease that occurs when people have an extreme emotional attachment to their belongings.

have them systematically organized where as a hoarder allows things to pile up so they can no longer use them. Saving an item for its memorable value and keeping it in its proper place is what most people do. In contrast, a hoarder feels that if they get rid of an item, the memory attached to it will be lost. The roots of this disorder stem from anxiety. Many times, the hoarding is set off by a traumatic event and the hoarder tries to fill the void, Inzelbuch said. The death of a loved one, the end of a significant relationship, or the loss of a job can trigger hoarding. Belinda threatened to leave her husband and 14-year-old daughter if their home was not cleaned out from their hoarding. Belinda had suffered a back injury seven years prior to the episode. She said, “When I got sick, my house got sick.” She used to keep a clean house before her injury. Once the crew came in to help clean up, Belinda’s anxiety level rose and she had trouble parting with anything. The reality that she is the lead hoarder is revealed and her daughter, Shania, showed great frustration with her mother’s slow progress. Belinda even told Shania to keep things she wants to donate. With her daughter’s motiva-

whelming and anxiety provoking that keeping the item is the only way to eliminate the discomfort. This becomes a pattern over time, and the person has so many items and so much clutter that their living space is disrupted, or is unhealthy and unlivable.” Some of the influencing factors aside from anxiety and trauma are compulsive shopping, disorganization, fear of waste, indecisiveness, and fear of losing important information. These symptoms can be addressed when someone reaches out for help. There is hope for hoarders, as the show demonstrates in each episode, but they need the willingness to get better. “They have to be involved in the decision making,” Inzelbuch said. “If you go into a hoarder’s house and you clean out the objects of their compulsion and they’re not participating in it, it will just get replaced and probably quicker than it was the first time.” According to McCarthy, some of the techniques that help hoarders recover are the use of anti-depressants, exposure therapy, and Cognitive-Behavioral Therapy (CBT). The recovery is an ongoing process, and it is important that the hoarder has a long-term plan for support and counseling.

# The Do’s and Don’ts of Skipping Class

## Guidelines to Follow for the Forgetful Student

**CHRIS CHACE**  
CONTRIBUTING WRITER

We’ve all done it. We just don’t want to wake up for that 8:30 am class all the way across campus. We hit the snooze button one too many times, or maybe we just had a really late night of partying it up. Whatever your reasoning is, everyone has once, twice, or 50 times, skipped their classes. Now, everyone knows that professors have attendance policies and strict rules about how many classes one can miss, but what most people don’t realize is that it’s a lot easier to skate around these rules and guidelines than one might think. All it takes is a little common sense and some creativity at times. There are a few common mistakes and misconceptions when it comes to skipping class. The first and, without a doubt, biggest mistake someone could make when skipping class is using the same excuse on a professor more than once.

This may seem like an obvious “don’t,” but according to Professor Robert Scott, Communication professor, it happens more often than you’d think. “I’m reminded of the student a few years back whose grandmother had died three times in the course of a single semester,” he said. “Now, I don’t teach biology, but this scenario seems highly unlikely.” So, when you’re thinking about skipping class, don’t just use the same old “I’m sick” excuse, get a little creative and come up with something that’s a little more believable. It’s amazing that we’ve come so far as a society, but the easiest form of electronic communication, e-mail, isn’t used to its full potential, especially by students. So one major “do” of skipping class is to email your professor, ideally before the class you’re skipping. When you skip class

and don’t email your professor, that tells them one thing: you don’t care. And if you’re thinking it doesn’t matter because you’re using an unexcused absence, think again. When it gets towards the end of the semester and you’re looking for some extra credit or maybe an extension on a paper, you’re professor will remember. “Professors usually keep thorough records,” said Scott. As far as emailing before class, most professors admitted to having class policies that allow for accommodations regarding assignments and excused absences only when notification is provided in advance. Which essentially means that you have a better chance at a professor sending you any work you missed if you

e-mail them beforehand. “I always e-mail my professor before class,” said Alexa Anastasio, junior, “but I wouldn’t go into much more detail than just being sick.” One scenario that no one wants to be put in is being seen by their professor on campus after you skipped class earlier in the day because you were “sick” or “out of the state.” Not only is this awkward, but your professor will probably never believe another excuse you give them again and will cast you as a liar. Professor Scott admitted experiencing this kind of scenario on a number of occasions. He said, “Each situation led to the same two results. First, I corrected my records to reflect an unexcused absence—and second, I was less inclined to believe the student in future interactions.” Also, always make sure to

read your syllabus. More specifically, know how many unexcused absences you have until your grade starts getting deducted. It’s easy to skip class when you technically don’t need an excuse, but once your grade starts being threatened you better either have a good excuse or stop skipping. Although some professors might be lenient when it comes to grading and attendance, others aren’t. “It is up to the student to take control over their life,” said Professor Andrew Demirjian, Communication professor. “I set up the guidelines and take off the points if someone is not there.” So be sure the next time you think about skipping class, you think about your professor and how they’ll react. Be sure to e-mail before hand, and for your sake, whatever you do, don’t be seen by your professor later in the day. Unless, of course, you happen to be a master of disguise, and then by all means go for it.

**“It’s up to the student to take control of their own life.”**

ANDREW DEMIRJIAN  
Communication Professor

# On Screen In Person Journeys to Bethlehem

MATTHEW FISHER  
ENTERTAINMENT EDITOR

“I didn’t write this script. I listened to it,” writer/director Jim Hanon said about his documentary, *The Little Town of Bethlehem* to a crowd of young and old on October 10 in Wilson Auditorium. Hanon was the latest filmmaker to present his work and participate in a Q & A in the new film series, On Screen In Person. On Screen In Person began at the University September 12 when Nancy Kelly presented her documentary, *Trust*, at Pollak Theatre. This films series continues to be sponsored by the Department of Communication and the Performing Arts Series; it is also funded by the National Endowment for the Arts Regional Touring Program. *The Little Town of Bethlehem* focused on three individuals living in Israel, Sami Award (Christian), Yonatan Shapira (Jewish), and Ahmad Al’Azzeh (Muslim). Together, they talked about living in Israel or Palestine and discussed the difficulties they had and still face in this conflicted region. They then discussed how each has worked to promote peace in the Middle East through non-violent demonstrations and organizations. Chad Dell, chair of the Department of Communication, welcomed the audience and said On Screen In Person is a touring film series along the East coast and four more filmmakers are scheduled to visit the University. Since the Auditorium is smaller than Pollak Theatre, Dell encouraged the audience to move up and said, “This screen is merely respectable. The sound system is good. Take advantage of the special seats up front.” Dell also thanked colleague Andrew Demirjian, specialist professor from the Department of Commu-

nication, for bringing his classes to this event, Donna Dolphin, Communication professor for working with Dell on On Screen In Person, as well as Saliba Sar-sar, professor of Political Science and Associate Vice President for Global Initiatives. *The Little Town of Bethlehem* was a compelling documentary that observed the Middle East through the eyes of its people and their approach of nonviolence. By talking to Christians, Jews, and Muslims, the viewer was presented a well-rounded perspective of each individual’s life. For example, Al’Azzeh talked about having to leave home with his family but returning to save his TV only to hide on the floor for 10 minutes, weeping, as bullets flew over his head. Overall, Hanon showed that everyone is affected when it comes to violence no matter what religion they are. In the end, it’s about coming together or standing divided. Since nonviolence was the major theme, an interesting aspect was how the Civil Rights Movement mirrored the nonviolent movement in Israel with images of civil right protesters being dispersed and hit with fire hoses next to Palestinians protesting against Israeli soldiers. In the Q & A, Hanon said in interviews his subjects brought up Martin Luther King, Jr. and Ghandi to discuss nonviolence, showing the cultural influence of these famous men. A hopeful part of *The Little Town of Bethlehem* was how all these influences children. Great people like Award, Shapira, and Al’Azzeh, show kids in Israel and

throughout the Middle East that you don’t have to hate one another. There are ways to communicate and learn to work with people of various backgrounds despite what others say. However, in some cases it is

example of how few individuals can tarnish the reputation of others. These men understand that when people go to the extreme, any sense of peace and nonviolence can disappear.

What calmed the movie down was its music, which was presented in a unique way. Instead of just Middle Eastern music, *The Little of Town Bethlehem* used rap music to capture people’s frustrations as well as the soothing melody of “O Little Star of Bethlehem,” which was sung with the sense that maybe people can work together if they listen. Hanon even said during the Q & A that it was “a collection of blues, Middle East, rap” from musicians of different backgrounds.

*The Little Town of Bethlehem* discussed a tense subject but showed a strong attempt to bring peace to the Middle East no matter one’s background. Hanon showed working in harmony and using nonviolence is tough, but not impossible.

Following the film, Hanon thanked the audience for their time and described by the film saying, “[Award, Shapira, and Al’Azzeh] are continuing this journey, I’m continuing this journey, and now you are continuing this journey.”

Dell moderated the Q & A, which became an active and insightful discussion on the film and included questions from Hanon’s communication approach, the current state of this nonviolent movement, and why he chose this topic.

An older woman asked how Hanon was influenced by what his interviewees said. “The purpose of the film was not to show who was right or wrong,” Hanon said.



PHOTO COURTESY OF littletownofbethlehem.org  
“The Little Town of Bethlehem” was the second film screened in the On Screen In Person series. Its writer/director, Jim Hanon, participated in a Q & A with viewers after the movie.

tough as with Al’Azzeh, who the film said was having trouble getting medicine for his child. Additionally, Hanon’s film at times discussed the Holocaust and here, the viewer got a sense of the worst that man can do against one another. Award and Shapira both talked about visiting the camps and seeing the horrors that one can do against their fellow man. While Al’Azzeh hadn’t visited the camps, he did mention the 1972 Olympic hostage situation as an

## HAVE YOU SEEN THIS ‘AMERICAN HORROR STORY’?

NICOLE MASSABROOK  
STAFF WRITER

Let’s be clear on one thing. “American Horror Story” is not in any way shape or form “Glee,” even though they do share creators, Ryan Murphy and Brad Falchuck. There is neither a joke nor a jazz hand in sight. What you do see is a haunted house, a creepy little girl, body parts in jars and overdone music. The show is aptly titled because it does truly embrace every classic American horror story fixture. Each episode begins with a flashback tale about the house and its former residents. In the pilot, two boys die in the abandoned house after a little girl, Adelaide (Jamie Brewer), warns them of their fate in 1978. Flash forward to 2011 and the Harmons are buying the Victorian house in an effort to start fresh. Vivien Harmon (Connie Britton) had a miscarriage and then found her husband Ben (Dylan McDermott) in bed with one of his students, calling for their family to move from Boston to Los Angeles. The family moves into the house, knowing that the last couple to live there died recently in a murder-suicide. The Harmons’ new neighbor turns out to be Adelaide, the little girl who warned the boys they would die. She tells the Harmons the same thing after she breaks into their house. Her mother Constance (Jessica Lange) takes her back home but gives Vivien

sage to cleanse the house. Vivien actually does burn the sage in a cleansing, but it doesn’t help because Ben starts hearing voices. He has some fixation with fire that he can’t control. It seems as though he’ll eventually light the house on fire. However the second episode lacks almost any reference to that bit of mind control and fire fixation, which forces viewers familiar with Murphy and Falchuck to wonder if “American Horror Story” will face the same inconsistency problems “Glee” does. Even though Ben is obviously being controlled sometimes, it’s hard to feel sympathetic for him. He cheated on his wife after she had a miscarriage. He gets a call that his mistress is pregnant and flies across the country to hold her hand while she gets an abortion in secret. He breaks down and cries a lot, but it doesn’t evoke any sympathy from viewers. He makes it even harder to feel sorry for him after he almost hooks up with the maid (who Vivien sees as an old woman and Ben sees as a pretty girl in her 20’s). When telling his wife why he cheated he says “I don’t know how to say this without sounding like an asshole.” At this point, I’m pretty sure that’s just because he is. Vivien, on the other hand, you can’t help but feel for. She is staying with her husband, even though her teenage daughter Violet (Taissa Farmiga) thinks Vivien is weak because of it.

While in the first episode her character mostly seems like a victim, Vivien shows her strength in the second episode while being held hostage by intruders who want to recreate a 1968 murder that occurred in the house. The role of the strong woman who stands by her husband no matter what is actually familiar territory for Britton. Vivien is similar to Tami Taylor, who Britton played in “Friday Night Lights” (and received an Emmy nomination for this past summer). If she just had that extra bit of Tami attitude, Vivien would be perfect. Then there is Lange as Adelaide’s mother, Constance. She is brilliantly creepy. Constance acts friendly and nice but at the same time gives off the vibe that she would kill you in your sleep if you crossed her. The show is a mystery. You aren’t given a lot of answers about anything, but by the end of the second episode you know that whatever is going on, Constance is in charge of it. Overall, the show is creepy. It isn’t a slasher flick, but there is still a fair amount of blood. The effects aren’t CGI or computer generated, which add to the scary factor because they look real.



PHOTO COURTESY OF poptower.com  
The creepy new FX series, “American Horror Story,” follows the Harmon family as they move into an old house where terror lurks around every corner.

Also, Murphy and Falchuck show their creatures. When lights start flickering, many other horror movies avoid showing the monster and just display the victim wounded when the lights stop flickering. Instead Murphy and Falchuck, for the most part, give you a clear view of their evil creatures. Their makeup department has really been doing a fantastic job at mak-

ing actors look inhuman. The show is creepy but kind of depressing. It won’t make you smile or feel great. However, if you’re looking for something to send a few shivers down your sides and make you think twice about turning the lights off before going to bed, “American Horror Story” is a great choice. “American Horror Story” is on Wednesdays at 10:00 pm on FX.

CRIMES OF THE HEART COMING TO WOODS THEATRE

Beth Henley’s Play Will Run November 9 to 20

NICOLE MASSABROOK  
STAFF WRITER

If you ever took John Burke’s, Associate Professor and Director of theatre arts, acting class, you probably heard a speech about happiness. “You have a right to be happy and the hardest time to remember that is when you’re sad,” Burke said.

So it should not come as much of a surprise that one of the main themes of this year’s play, *Crimes of the Heart*, is the search for happiness.

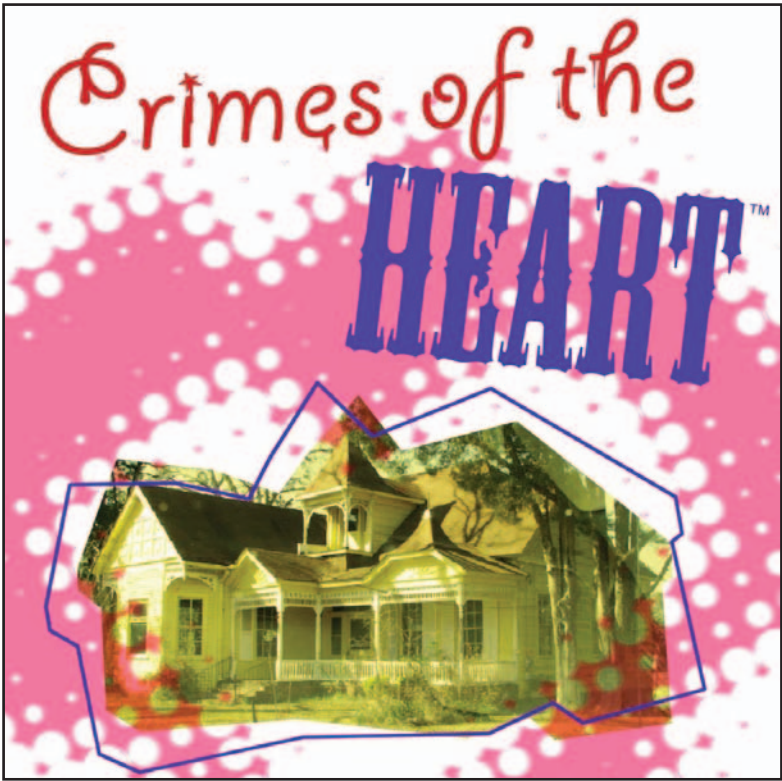
Burke is directing this play by Beth Henley about three sisters who come back together after some time apart to deal with their sick grandfather, the man who raised them.

They’ve all had their fair share of problems. They grew up with an abusive father and their mother committed suicide when they were children, so it isn’t surprising that the three women don’t really have perfect lives.

Babe, the youngest, shot her husband. Meg, the middle child, moved out to Hollywood but failed to become a star, while Lenny, the oldest, didn’t do much of anything at all. She was the one to stay at home and take care of their grandfather.

Even though, the dramatic comedy takes place in the 1970’s in Mississippi, you don’t think that will stop one from relating to the play.

Michael Rosas, who will play Barnette, said, “Although this



“Crimes of the Heart,” a play by Beth Henley about three sisters reuniting as their grandfather falls ill, will be directed by John Burke as this year’s fall play.

show is set in Hazlehurst, Mississippi, a completely different world from North Eastern USA, this show brings up topics that most could relate to. The main question that this show poses to the audience, in my opinion, is should your past dictate your present? Everyone has skeletons in their closet, but what if they were all exposed?”

Sarah Clemency, one of the actresses to play Lenny, said that anyone can relate to the show. “I think that any student with siblings or who is close with their family will definitely be able to relate to this play. I’m not saying it’s just about those two things, but those are a big part. It really touches on how your family is always there for you,” Clemency

said.

Since *Crimes of the Heart* was double cast, Allie Miller will take on the role of Lenny in the other cast.

While having two casts for one show might seem a little odd, Burke has done this previously with much success.

The majority of the theatre department is made up of women, which is part of the reason Burke chose a play with four substantial female parts. With double casting he was able to have twice as many talented actors.

Henry Siebecker is the only actor in both casts as the role of Doc, but he feels that having two casts is good. “Having both casts is really helpful in an educational environment because if both people who are the same character come together, they can learn so much more about character development and can have someone to bounce ideas off of or even watch from the outside to see what works and what doesn’t in a non critical way,” Siebecker said.

Clemency echoed Siebecker’s feelings. “Since I’ve been at Monmouth this is the first time that we have two casts for a show, so it was a surprise when the director told us there were two casts. It is great that more people are able to be involved in the show though. It also is helpful because we actually get to see the show at rehearsals, which definitely helps with learning lines and blocking,” the actress

said.

*Crimes of the Heart* has its characters examining their lives, and Burke hopes that the actors will also take something away from that.

“By doing a play like this, if the actors submerge themselves in that, they can learn how to deal with their own life,” the director said.

The casts include Miller and Clemency as Lenny McGrath, Liz Anderson and Taylor Bogan as Meg McGrath, Alex Appolonia and Brooke McCarthy as Babe, Lauren Lambert and Brittany LeBoeuf as Chick, Siebecker as Doc, along with Rosas and

**“By doing a play like this, if the actors submerge themselves in that, they can learn how to deal with their own life.”**

JOHN BURKE  
Associate Professor and Director of Theatre Arts, Acting Class

Brandon Wiener as Barnette.

*Crimes of the Heart* will be performed at Lauren K. Woods Theatre from November 9 through November 20.

Tickets are available at the box

NEW ‘WALKING DEAD’ SEASON KEEPS VIEWERS HUNGRY

ROY RANOUS  
CONTRIBUTING WRITER

Before we dig into the sophomore year of AMC’s “The Walking Dead,” let’s give ourselves a refresher on some of the most important points from season one.

The main character, Rick Grimes (Andrew Lincoln), has no idea that his wife Lori (Sarah Wayne Callies) had an affair with his best friend, Shane (Jon Bernthal), and there is a bit of an underlying opposition between the two. Even worse, Shane still wants to be with Lori.

Andrea (Laurie Holden), who at the beginning of season one lost her sister to the “walkers,” as the zombies are called, attempted to commit suicide by trying to stay behind at the Center for Disease Control and Prevention (CDC) when it blew up, but she was rescued by Dale (Jeffrey DeMunn), who was not ready for her to die. She holds some sort of resentment for Dale for saving her, and may still be suicidal.

Just before the CDC blew up, the sole scientist there, Dr. Edwin Jenner (Noah Emmerich), told Rick something that was not revealed to the audience. We are supposed to find out what this inaudible whisper was this season.

Finally, Merle Dixon (Michael Rooker) is still missing. Last season, in a heated argument between T-Dog (Irone Singleston) and himself, the group of survivors turned on him and chained Merle to a pipe on the roof of a building. Left for dead, he escaped, and we may see more of him this season.

Rick, who became somewhat a leader of the group in season one, struggles to keep himself



PHOTO COURTESY OF platformnation.com

In “The Walking Dead” season two premiere, the zombies show no sign of slowing down as they travel in groups searching for human flesh.

from losing it as he and his motley crew of survivors push forward through this dreary world that they could have never imagined.

Now, with the guts of season one out of the way, let’s discuss the season two premiere titled “What Lies Ahead.”

The story picks up one day after the CDC explosion as our “heroes” continue onward after failing to find a cure for the zombie epidemic. Their next stop is Fort Benning, where they hope to meet some surviving members of the US Army.

Along the way, they encounter problems that no one wants to experience in a world filled with zombies. Their RV breaks down and are forced to find replacement parts on foot. Not only that, but now the zombies seemed to have developed a herd mentality, walking in large groups.

The excitement and hype of the premiere for the second season of “The Walking Dead,” television’s first primetime series about sur-

vivors in a world of zombies, offered possibly one of the best episodes of the series to date. It displays what this show is truly capable of, and brings the characters from Robert Kirkman’s graphic novels to life. “What Lies Ahead” also allowed the more minor characters like Norman Reedus’ character, Daryl Dixon (Merle’s brother), to shine during a grisly Walker dissection.

The tension between characters was very high as they searched for Sophia Peletier (Madison Lintz), one of two kids in the group, who ran away from the group and into the woods after being chased by two walkers.

It was at this point, you felt like the group might fall apart if they discovered the girl had been killed or worse, turned to one of the walking zom-

bies. Each character was given enough of his or her own screen time in the episode to shine brightly enough to gain or lose our sympathy.

The story arcs for each character were so well proportioned that there was enough time to get a little bit for everyone in this special 90-minute premiere, sowing the seeds for future confrontations.

The great thing about this show is that no matter what happens between the characters, no matter what they experience, there is always the looming threat that one of them could die at any moment.

After the end of last season, it was announced that the shows creator, executive producer, and director Frank Darabont was re-leaved as “The Walking Dead” showrunner, despite the zombie show’s massive success with audiences.

Season two’s premiere was his final episode as showrunner, and from the looks of things, getting rid of Darabont may have been a complete mistake. Still, future episodes may change this opinion.

Be that as it may, concerns for his lack of involvement in the series may be diminished as the second season opener directs the series to bigger and better things. Hopefully, we can expect a greater story, more one-on-one time with the characters, and, most importantly, a longer season.

So far, ratings for the first season two episode were quite high. According to EW.com, “Sunday’s season 2 premiere rolled up 7.3 million viewers. If you count the show’s repeat, that number climbs to 11 million.”

Thirteen episodes are slated for this season, which will run through November of this year.



PHOTO COURTESY OF oregonlive.com

Rick Grimes (played by Andrew Lincoln) and his group of survivors continue to remain vigilant against the zombie epidemic.

# HOMEcoming COURT NOMINEES FOR 2011

## KING



MICHAEL CUNNINGHAM



JOEY CONTRERAS



ADAM SLOVER



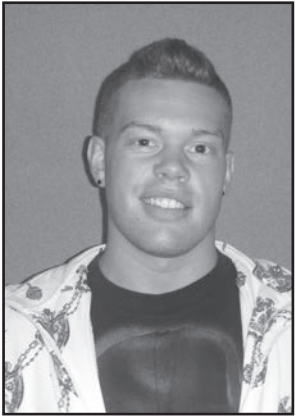
KYLE HAGGERTY



JOHNATHON GOODMAN



TYLER BISCHOFF



JAMES VANDERVALK



NICK GRIMALDI



DEMANUAL EDMONDSON



CHRIS SPIRITO

## QUEEN



NICOLE VITALE



MARY ANNE RICCA



SANDRA MEOLA



ELIZABETH RIMASSA



BECCA BAIER



SHELBY WHITEBREAD



SAMANTHA SCHAFFER



KIMBERLY ROSENBERG



ANGELA ROSA



NICOLE LEVY



STACI BURT

The elections will take place online though the Monmouth University email account from 12 noon on MONDAY, October 24 through 12 noon on WEDNESDAY, October 26. The winners of the Freshmen, Sophomore, and Junior and top three candidates for King and Queen elections will be announced at the Pep Rally. The winners of King and Queen will be announced at the Saturday football game.

# HOMECOMING COURT NOMINEES FOR 2011

## PRINCESS



ALISSA CATALANO



JOHNNA MALTER



LORI MUELLER



JESSICA GORDON



SAMANTHA HOPKINS



JESSICA CUREBELO



STEFANIA TATTOLI



ELENA JAMISON



STEPHANIE MAYER



MIA PRINKE

## DUCHESS



GEENA BASSO



ERIN SMITH



KATHRYN DRANOFF



ASHLEY PACIFICO



KELLY CURCI



KRYSTEN ROSAMILLIA



DARLENE CURTIS



TESS LA FERA



AVA PIGNATELLO



KELLY CRAIG

## LADY



ASHLEY SUPPA



SARA RIMASSA



LENA SUAREZ



QIYANA HILL



CAROLYN CIMUSZ



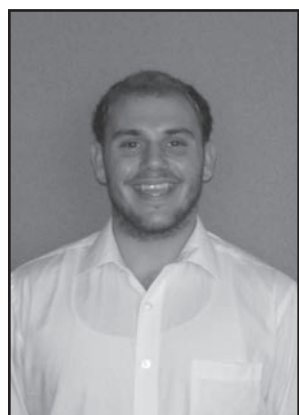
ALI TUYAHOV



AYLA YILDIZ

# HOMEcoming COURT NOMINEES FOR 2011

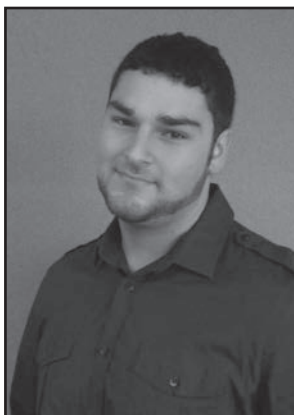
## PRINCE



DAVE KUNZE



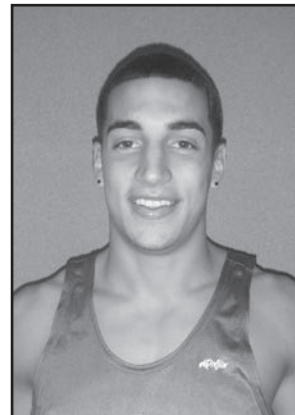
ANDREW RODRIGUEZ



JAKE MASVIDAL



MARK COSENTINO



ANTHONY GALBO



OSCAR SANCHEZ JR.

## DUKE



RYAN MURPHY



NICK ROSSI



LORENZO RUSSOMANNO

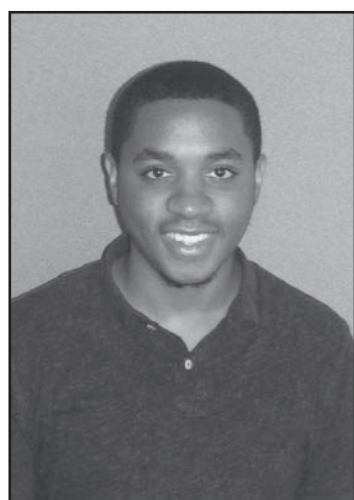


PAT RYAN



JOE DELLERA

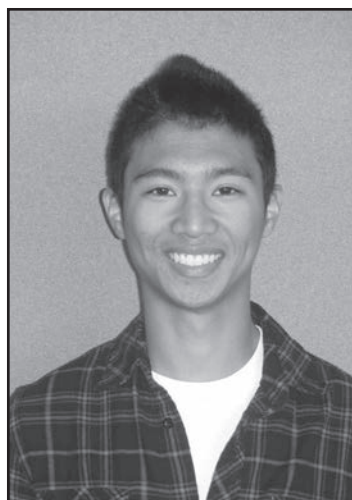
## LORD



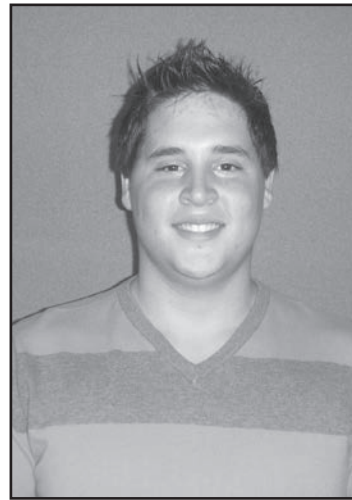
THOMAS BEAUFORT



JESSE LAURIA



LAWRENCE CABREDO



CHARLES PISIOTTA



BEN BERRY

# Show Spirit, Or Ye Be Shark Bait!

## Spirit Week



### Monday, Oct 24

- **Wear your favorite team jersey!**
- Meet & Greet with the football team! 6 p.m.  
Dining Hall: Reduced admission (\$8 per person)



### Tuesday, Oct 25

- **Support your cause!**
- Reserve a table on the SC patio, through SGA, to show support and educate others about your cause!



### Wednesday, Oct 26

- **Represent your club/organization!**  
Wear your colors, letters, teams etc.



### Thursday, Oct 27

- **Show your class pride!** Wear your class color!
- Freshmen- black      Sophomores- grey  
Juniors- white      Seniors- blue
- Visit the pirate table by Java City in the SC to win prizes!



### Friday, Oct 28

- **Pep Rally!** Wear Blue & White!
- 6 p.m in the Mac
- Performances by: Pep Band, Cheerleaders, Dance Team
- Be ready to cheer on our very own Monmouth Football Team!

## Homecoming Saturday, Oct 29

**Parade: 12 p.m**  
**Game Begins: 1 p.m**

# Outdoors Club is In Tents!

*Club Hosts Their First Trip of the Year to Leigh River, PA*

NICK HODGINS  
CLUB AND GREEK EDITOR

The Outdoors Club took 47 students to Leigh River, Pennsylvania this past weekend for two days of hiking, camping and kayaking. The \$139 value of the trip only cost \$60 a student and covered a ride there, food, campsite fees, a Whitewater Rafters Challenge experience and 100 shots at a paintball range.

The Outdoors Club gathered in lot 18 early Friday morning at about 8:00 to load the bus in preparation for the weekend.

“We arrived at about 12:00 pm to cloudy skies and rain,” said Brett Gilmartin, junior. “But everyone was all smiles and excited to be there regardless of the weather. We knew it would clear up.”

Upon arriving, the club members immediately got to work unpacking the bus and setting up lunch.

To stay out of the rain and keep their gear dry, the club unpacked underneath a pavilion at the campsite.

According to Greg Cenicola, junior and secretary of the club, the rain cleared up after about three hours and the hiking began.

The club decided to cancel the guided hike due to the rain and go out on their own to explore.

“After hopping a fence and traveling through a 200 yard pine tree field we finally got to the forest,” said Cenicola. He then went on to explain how they stumbled upon a trail and began trekking

their way through the unfamiliar woods. The group stopped to climb trees, explore the woods and hop through streams. “About 40 minutes in, it began to torrential downpour. Most of us made our way back to camp but some kept hiking despite the rain.”

The group settled down for hot chocolate and dinner as the rain subsided. Tents were set up by this point along with a roaring campfire.

Gilmartin said, “We all just hung out by the fire enjoying the finally clear skies and each other’s company. It was real relaxing, some guys even decided to go off on another hike when it got later.”

“We left around 10:00 pm,” said Cenicola. “Myself, three other club members and advisor (Anthony) Jamison decided to hike to a state park and mountain that Jamison pulled up on his phone. We brought flashlights, utility knives and even a spear Steve (Steger, junior) carved out of a stick.”

The elite group of hikers climbed over dead trees, through a swamp and over a stream or two. “We traveled a total of five kilometers and got back to camp around 1:00 am. It was awesome.”

Saturday morning, the group was awake around 8:00 ready to go kayaking down the Leigh River.

The group was led by two guides from the Whitewater Rafters Challenge. Everyone was given a wet suit and the option to raft with five others or by themselves in a kayak.

Steger said, “It was a great day to take out the kayaks. The water was warm and the river was high from the rain-fall from the night before.”

The group kayaked about 10 miles downriver, stopping only three times for lunch or the option to switch from a raft to a kayak. They played tag in the kayaks with their oars while drifting down the river. Those on the kayaks had some fun with the groups on the rafts by spinning them in circles before the drops.

This was the first Outdoors Club trip Ryan Cerankowski, junior and software engineer major, attended. “I heard about the trip through e-mails and posters on campus,” said Cerankowski. “I thought the trip was amazing and a great way to relieve stress. I definitely plan on going on the next one.”



PHOTO COURTESY of Sarah Freeman

The Outdoors Club at Leigh River in Pennsylvania participated in a Whitewater Rafters Challenge, which included a guided kayak and raft tour 10 miles down the river.

Before the group made their way home they each got to shoot off 100 paintballs at the camp grounds shooting range as compensation for the cancelled hike. The club left around 6:00 pm and made it back to campus shortly after 9:00pm.

Professor William Reynolds, advisor of the club, said, “Another amazing trip with some of the most adventurous young adults in NJ.

Two days of rain, wind, thunder and heavy water did not slow us down.”

The Outdoors club frequently does day trips, hikes and beach clean ups, as well as surf trips with the recently absorbed surf club. The club is planning a hiking and camping trip in November, but the next big trip won’t be until spring. The Outdoors club meets at 3:30 pm on Wednesdays in room 132, Bey Hall.

## “Jerzday For Thursday” Pre-Game Party With the PRSSA

PRESS RELEASE

WEST LONG BRANCH, NJ -- PRSSA will be hosting a VIP pre-game party, Thursday, October 20, from 8:00 pm to 12:00 pm at the Draft House. Five dollar admission, free food and drink specials!

During the party, the bottom half of Draft House will be roped off. To get in, attendees must pay five dollars. To catch the drink specials get there from 8:00 pm to 10:00 pm. Also, food will be provided by the Draft House from 9:00 pm to 10:00 pm. Take the rest of the time to dance, drink and hang out with friends.

All proceeds from the event will go to PRSSA. PRSSA strives to connect with its members and all other organizations of Monmouth University and its outside community. Recently, PRSSA has developed their own firm, Shadow PR. With this firm, they plan to acquire a clientele of Monmouth organizations and businesses from the outside communities.

Stay up to date with PRSSA events and services through facebook by joining the group ‘PRSSA at Monmouth University’. For more information on Monmouth’s PRSSA Chapter go to [www.monmouth.edu/prssa](http://www.monmouth.edu/prssa) or contact Kathryn Zaccarelli, Fundraising Director, at [s0714300@monmouth.edu](mailto:s0714300@monmouth.edu), or Dr. Shelia McAllister-Spooner, Faculty Advisor, at [smcallis@monmouth.edu](mailto:smcallis@monmouth.edu).

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 **Bubbakoos Burritos**

# Lip Sync With the Greeks

## Delta Phi Epsilon Hosts Annual Fall Lip Sync Competition

**CHRISTINA GROTHUES**  
CONTRIBUTING WRITER

Delta Phi Epsilon raised \$1,100 at their annual lip sync contest to support their philanthropy, The National Association of Anorexia Nervosa and Associated Disorders (ANAD). Eight acts performed.

Delta Phi Epsilon's lip sync consisted of performances by students who danced and performed to an array of different genres of music.

These performers, all trying to win the title of first place tried hard to win over the votes of the judges.

There were 11 judges at the event, Michael DonDiego of Tau Kappa Epsilon, Danielle Romano of Zeta Tau Alpha, Louis Marinos of Sigma Pi, Kelly Delle Donne of Alpha Xi Delta, Joe Koenig of Theta Xi, Kelli Ercolano of Phi Sigma Sigma, Lauren Halton of Delta Phi Epsilon, Dayna Zeises of Alpha Sigma Tau, Brian Hentz of Sigma Tau Gamma, Bryan Foley of Phi Sigma Kappa and Devin Buck of Phi Kappa Psi.

The two hosts of the event were Marisa Meiskin of Delta Phi Epsilon and AJ Pappas of Sigma Pi. DJ Sean Johnstone, a senior of Theta Xi, provided music for the event.

Kate Muller, a junior in Delta Phi Epsilon who organized the event said, "It has been tradition to do our lip sync event in the fall and this year we decided to keep that tradition going."

Muller also commented about their philanthropy and how close to the heart it was for their chapter. "The philanthropy we are fundraising for through this contest is ANAD. As a chapter we are extremely passionate about this particular philanthropy because it is an issue that many of our families and friends have dealt with."

One active sister of Delta Phi Epsilon who struggles with anorexia said, "Being able to give back to a foundation that saved my life is truly one of the most rewarding and empowering things I could do, not only does it show my appreciation, but it shows how this foundation has helped me in so many different ways."

According to the ANAD website this corporation promotes eating disorder awareness and advocates for the development of healthy attitudes, bodies and behaviors.

ANAD is a non-profit corporation that seeks to prevent and alleviate the problems of eating disorders, especially anorexia nervosa, bulimia nervosa and binge eating disorder.

Caitlin Sweeney, freshman, said, "I honestly liked all the acts, it was a really good chance for people to get to know all of the sororities and fraternities especially for the people don't know a lot about it!"

The first place winners were the boys of Phi Kappa Psi who performed "The Fresh Prince of Bel-Air." They won \$50 to



Members of Sigma Pi dance to "Moves Like Jagger" by Maroon 5. Sigma Pi took second place in the lip sync contest.

PHOTO COURTESY of Christina Grothues

Chili's and \$10 to Junior's.

Second place went to Sigma Pi with their performance of Maroon 5's "Moves like Jagger." The second place team won a large pizza from Joe's Pizzeria and \$10 to Junior's.

Third place prize went to the girls of Alpha Xi Delta with their performance of "I Love Rock and Roll." The girls won a large pizza from Joe's Pizzeria.

Tyler Havens, Assistant Director of Student Activities for Fraternity and Sorority Life said, "I think that anytime you have the opportunity to educate just one person about your cause, or raise just one dollar for that cause you have a success story."

Throughout the show, people were clapping, singing along and even dancing themselves.

"The event went very well," said Muller, "I was happy with the turnout."

# Club and Greek Announcements

### The Outdoors Club

The Outdoors Club will be taking part in The Big Event this weekend on Saturday, October 22.

We will be cleaning up Deal Lake in Asbury Park next to the 7-11.

Traditionally we bring a few kayaks and really collect a whole lot of trash and things should be just the same this year.

We will be meeting in the Student Center at 10:30 am where there will be free breakfast and a t-shirt for all participants.

If you have a car and are willing to drive others it would be greatly appreciated.

If you are interested in joining us please email me (Kyle Reinhardt) at s0705020@monmouth.edu.

### Accounting Society

Dear Monmouth University Staff and Students,

Professor Stives and the Accounting Society would like to invite you to join the Accounting Society on a trip to NYC Financial District.

When: Tuesday October 25  
Last day to sign up is October 21.

If interested, please contact our Accounting Society President Scott Yontef at s0695011@monmouth.edu or complete Step four.

Note: The bus seats are limited and it is a first come first serve basis.

Also, you must complete a form on Kathleen Hardaker's desk (Bey Hall room 118) and be sure to give her your emergency contact information.

### Counseling Student Association

Monmouth University's Counseling Student Association is a graduate student organization in which all Psychological Counseling students are automatically members of upon their admission into the program.

The CSA is committed to enhancing Psychological Counseling students' academic, social, and professional experiences at the University by providing them with a myriad of on and off-campus opportunities such as trips, workshops, and guest speakers.

All events are related to mental health, wellness, and the occupational field of counseling.

Events are scheduled and hosted throughout the fall and spring semesters of the academic year.

Students are encouraged by Psychological Counseling faculty and CSA class officers to take advantage of all that this organization has to offer by participating in events and activities, and checking their student email daily for program information, updates, and announcements.

"As counseling students we honor the relationship as the most paramount piece of counseling. The relationship is the foundation of our therapeutic work as counselors and when interaction and learning experiences take place outside of the classroom a greater sense of camaraderie and cohesion is developed among students and professors. Relationships are formed and strengthened. This is perhaps one of the greatest rewards in actively participating in the Counseling Student Association for

students and professors alike."-Erica Lee Burd, CSA President

### Community Service Club

Hello everyone!

Are you an individual interested in helping the community and love doing what you can to make a difference in the lives of others?

Than you should join the Monmouth University Community Service Club and volunteer your time in soup kitchens, family shelters, walks for a cause, clean ups, and several other events through out the year.

Our next meeting will be on Tuesday, October 25 at 5:15 pm in room 202-C located on the second floor of the Student Center.

Bring a friend and come see what we do as a club here at the University. Email mucsc@monmouth.edu or join our facebook group to find out more about our service events coming up this week!

### SAA

SAA is sponsoring a birthday party celebration for our mascot, Shadow, in the dining hall on Tuesday, October 25 at 7:15 pm, the week of Homecoming.

In honor of the Homecoming theme this year the party will be Pirate themed.

There will also be birthday cake and giveaways.

We'd like to encourage everyone to come show their MU spirit and enjoy games, prizes, and cake, all in honor of Shadow's birthday!

### College Republicans

The College Republicans are looking for dedicated conservatives looking to make a difference in the future of politics of the 2012 presidential election and beyond.

If you are interested in a futre in NJ Republican politics, we are also a good source of networking.

Members have gone to work for the legislature, run for office, as well as work as a state coordinator for Huck PAC.

What are you waiting for? This is the future of America, OUR future.

**TAKE IT BACK!**

### Economics and Finance Club

The Economics and Finance Club will be meeting every Wednesday at 2:30 pm in Bey Hall Room 231.

Students can check out our website for further information as well as our calendar of events at muefc.wordpress.com.

### Social Work Society

The Social Work Society will be hosting the 7th annual teach-in on November 8 from 11:30 am to 7:00 pm in Anacon A and B.

The focus of the teach-in this year is on Speak Up, Speak Out Against Bullying, Hate Crimes and Violence.

All students, faculty and staff are invited to present on the topic.



## New Online Poll!

Your opinion could be worth \$\$\$!

Winners picked monthly. Be sure to check out [outlook.monmouth.edu](http://outlook.monmouth.edu) for updated weekly polls!

This month's sponsor: Bubbakoo's Burritos



What is your dream career and why?

COMPILED BY: JACKLYN KOUEFATI



Christine  
senior

"A math teacher because I like working with kids."



Joe  
sophomore

"A therapist because it makes me feel good when I help people."



Emily  
sophomore

"A high school English teacher because I've always wanted to be one."



Kaitlyn  
junior

"A psychologist because I want to help people with problems."



Will  
sophomore

"Living on a boat and doing research."



Sarah  
sophomore

"A photographer so I can travel the world."



Micah  
sophomore

"Owning a successful business to make something my own."



Stephanie  
sophomore

"To be on SNL so I can entertain people."



Laura  
sophomore

"An auto mechanic because I love cars."



Nick  
sophomore

"To be a CEO of a big company so I can make a lot of money."

Seniors – What Can You Do With a Graduate Degree from FDU?

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FDU Graduate Open Houses

Tuesday, October 25 • 6 – 8 p.m.

Metropolitan Campus • Teaneck, NJ • Dickinson Hall (located on the Hackensack side of campus)

Thursday, October 27 • 6 – 8 p.m.

College at Florham • Madison, NJ • Hennessy Hall (The Mansion)

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Attention Veterans: FDU proudly participates in the Yellow Ribbon Program



# VIEWING & DISCUSSION



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## 7<sup>TH</sup> ANNUAL FUTURE OF THE OCEAN SYMPOSIUM & CHAMPIONS OF THE OCEAN AWARDS LUNCHEON

**FRIDAY, OCTOBER 21, 2011**

**WILSON HALL**

**Future of the Ocean Symposium 10am - 12pm**

**KEYNOTE SPEAKER: JEAN-MICHEL COUSTEAU**

*Free and Open to the Public*

**Awards Luncheon 12 - 2pm**

Versailles and Pompeii Rooms

*Reservation and tickets required*



Photo by Tom Grogan 2005

**Reservations for Ocean Symposium Recommended.**

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**[www.monmouth.edu/urban\\_coast\\_institute](http://www.monmouth.edu/urban_coast_institute)**

**or call (732) 263-5662.**

*Participation of Jean-Michel Cousteau supported by the  
Diane Gooch New Jersey Distinguished Lectures.*

# Did you apply for graduation?

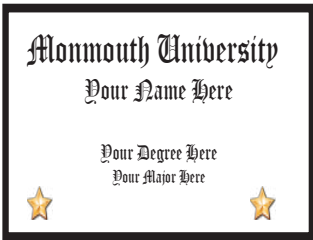
⚠️ **ATTENTION STUDENTS** ⚠️

In order to be on target to complete your degree requirements and graduate, the ORR urges you to apply for graduation no later than 1 year prior to your anticipated graduation date. By applying early, this affords you the opportunity to receive an official degree audit from the Registrar's Office indicating if you are 'anticipated complete' with your registered courses. If you are not 'anticipated complete', having this additional time allows you the opportunity to register for any additional required courses or requirements.

Good luck with your coursework this semester!  
The ORR

**PLEASE TAKE NOTE OF THESE IMPORTANT DATES FOR THE JANUARY 2012 GRADUATION:**

- ⚠️ **November 1, 2011:** Deadline to submit Graduation Applications through e-FORM's
- ⚠️ **November 15<sup>th</sup>, 2011:** Deadline to submit any additional e-FORM's requests (i.e. Substitutions, Waivers, Declare/Remove Minor, etc.)
- \*\*Please note: e-FORM requests received after the deadline dates will not be processed\*\*



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# Heroes That Have Animal Instincts

MATTHEW FISHER  
COMICS EDITOR

When it comes to animals in comic books, you can never be too careful. Throughout the Marvel and DC Universes, animals exist with amazing abilities who demonstrate as much courage and determination as their two-legged counter parts when defending Earth.

In the DC Universe there are a number of examples of super animals like B'dg, a squirrel from outer space who is Green Lantern of Sector 1014. Another creature from the "Green Lantern" franchise is the Red Lantern, Dex-Starr. Dex-Starr was a common Earth cat until the Red Lantern ring hooked onto their rage and turned him into a blood-thirsty (literally) animal who could use the power of rage to his whim.

While Superman has an array of powerful creatures like Bippo the monkey, the top pet first has been a dog, Krypto. Although his origin has evolved over the years, this super dog first appeared in "Adventures Comics" #210.

Here it was explained that Krypto was a test subject for the rocket that Jor-El would later use to save his son from Krypton's destruction. However, plans changed when Krypto's ship veered off course and traveled through space until he reached Earth. There he reunited with his owner, a young Clark Kent/Superboy.

Since then, Krypto has been involved in crises like "Crisis on Infinite Earths" and "The Sinestro Corps War." Krypto remained a key part of the Superman legacy and last appeared in Jeff Lemire's "Superboy" before the DC New 52 reboot.

In a comicbookresources.com interview with Lemire before his previous "Superboy" series premiered, he explained his intentions for this superdog. "Oh yeah, Krypto is the best. I love Krypto.

I think, and I'm not joking about this at all, I really want to write the first really great Krypto story. I want to give him a really serious and a really meaty character arc over the first year just as much as Conner," Lemire said.

Beyond the mainstream DC Universe, Krypto also appeared in his own animated series and comic book miniseries, "Krypto, the Superdog," which was geared toward a younger audience. He was also joined by Streaky the Cat and Ace the Bat-Hound (Ace was also a featured character in the "Batman Beyond" animated series albeit more serious).

Now although Marvel Universe presents their comics in a more realistic light, that doesn't mean their creatures act like regular animals.

One comic book miniseries, "Lockjaw and the Pet Avengers," put the spotlight on certain Marvel animals. It included Lockjaw (the teleporting Inhuman canine), Hairball (Robbie Baldwin's/Speedball/Penance's cat), Lockheed (Kitty Pryde's purple dragon), Redwing (the Falcon's falcon), Throg (a frog with Asgardian powers and the look of Thor), and Ms. Lion (from "Spider-Man and his Amazing Friends"). Zabu, Kazar's pet Sabretooth, also made an appearance.

The miniseries centered on these creatures working to find the Infinity gems. Another miniseries followed and was called "Lockjaw and the Pet Avengers Unleashed."

However, one go-getting talking animal that has made a name for himself in the cosmic corner of the Marvel U has been Rocket Raccoon.

Simply, a space raccoon that patrols the universe, this critter has come back to the mainstream universe courtesy of Dan Abnett and Andy Lanning's epic "Annihilation" space miniseries and the short-lived revival of "Guardians of the Galaxy." In fact, Rocket

Raccoon's presence had developed so well that a miniseries featuring him and his fellow Guardian, the Tree being Groot, was made.

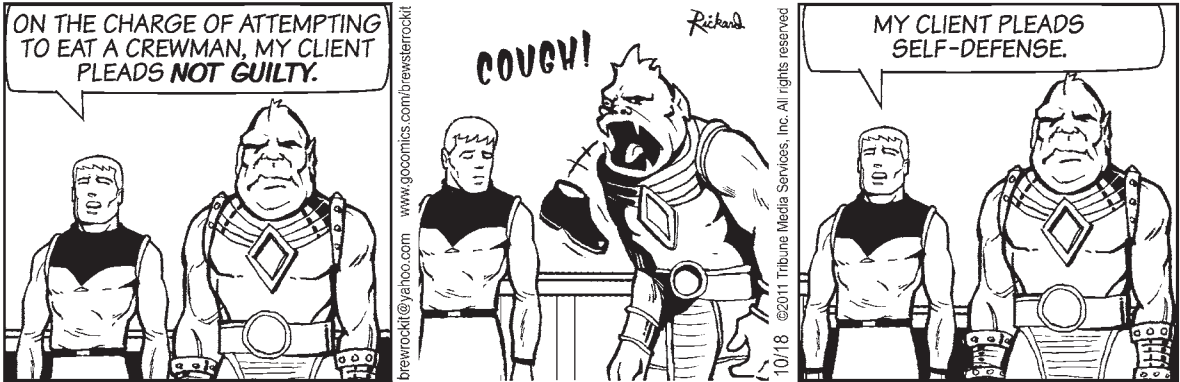
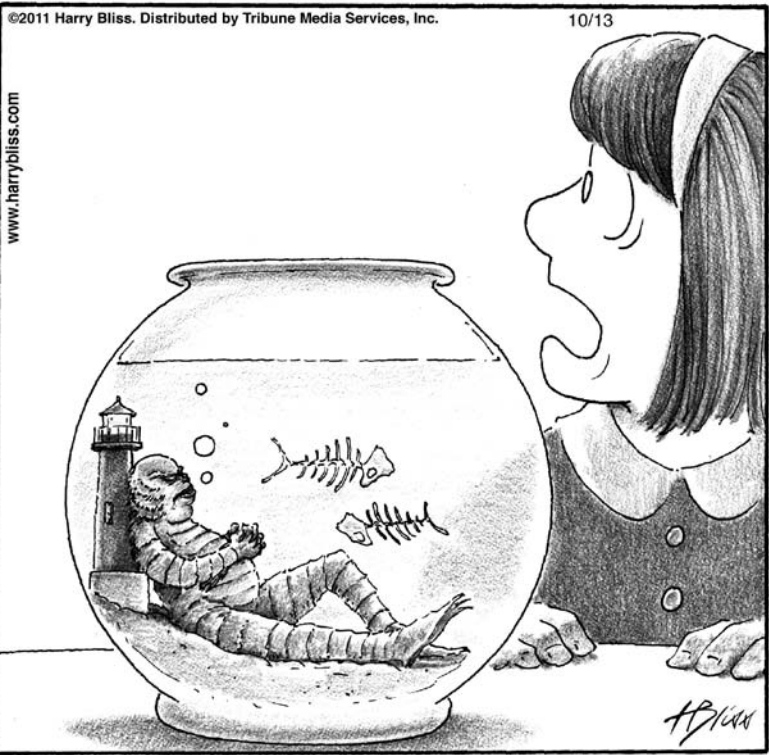
At the 2010 San Diego Comic-Con, Abnett and Lanning discussed why Rocket Raccoon and Groot are such interesting characters to write for. "They're enormous fun to write because they're funny, but one of the most interesting things about Rocket and Groot is writing them in a way where they're also credible. There's a reason for there being a talking raccoon and a talking tree, even in a universe where anything can happen. It's giving them a context so they're not cartoon characters, but proper creations," Abnett said.

Now, just like Krypto and his animated series, Marvel also had their own kid-friendly talking animals series. However, this one featured a pig, Peter Porker, was bitten by a radioactive spider and became Spider-Ham. It was created by Tom DeFalco and Mark Armstrong and published through the now defunct imprint, Star Comics.

While Spider-Ham thrived for 17 issues, he would continue to appear in Marvel Comics like "Marvel Tales" and "Spider-Man Family" or one-shots such as "Ultimate Civil War: Spider-Ham One-Shot" written by J. Michael Straczynski.

DeFalco even got to honor his co-creation one more time in July 2010 with "Spider-Ham: 25th Anniversary Special" #1. While talking to marvel.com on the eve of this anniversary, DeFalco said "I recently wrote a few Swiney-Girl, the daughter of Spider-Ham, stories and had a blast. But Swiney-Girl may be seen as an alternate reality so I was anxious to return to the true Porker Universe."

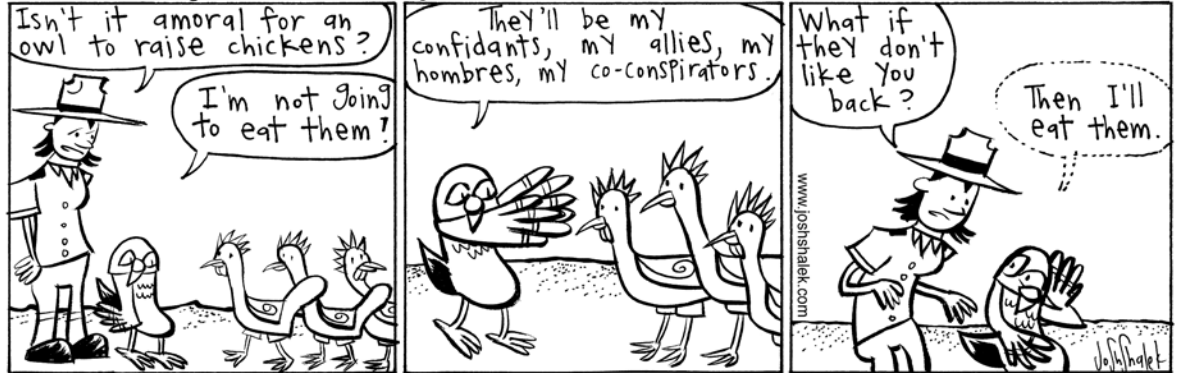
So, comic book readers, be aware the next time you see a dog, cat, or even a fish on the comics page because for all you know, these innocent creatures might just be a superhero in disguise.



Calamities of Nature by Tony Piro



Welcome to Falling Rock National Park by Josh Shalek



# Soccer Team Defeats FDU in Double Overtime, but Falls to Sacred Heart

MAGGIE ZELINKA  
CONTRIBUTING WRITER

Sometimes things are worth the wait. This statement proves to be true in the men's soccer team match against Farleigh Dickinson on Friday.

Monmouth immediately attempted to overcome their opponent early on in the game by keeping the ball on FDU's side on the midfield. It was clearly seen that this early pressure began to intimidate FDU as they had six fouls by the 30 minute mark of the first half.

Although Monmouth attacked viciously early, FDU did not hesitate to retaliate. For most of the game, the teams were evenly matched in skill level.

Three minutes into the second half, senior midfielder Max Hamilton received a yellow card, but besides that, the second half resembled the first half: shot after shot but no net found. The Hawks were applying every tactic against FDU's players. They

completely dominated by FDU who only allowed Monmouth to take two shots.

Meanwhile, Farleigh Dickson took three shots, two corners, and received a yellow card with two minutes left in the period.

However, when the buzzer sounded to end the first overtime period, the score remained 0-0. The second overtime period began and Monmouth dominated this time with two shots and a corner kick while FDU had nothing to show.

Four minutes into the second overtime, sophomore midfielder Joseph Schmid single-handily placed the ball perfectly behind FDU's goalie to make the score 1-0 recording the team's 8th shutout. "It was a good moment for the team," Coach McCourt says about Schmid's goal, "Wining the game in overtime at FDU was a big moment for sure." At the end of play, Monmouth had taken 23 shots and Farleigh Dickinson had 13 shots.



PHOTO COURTESY of Monmouth University Athletics

Joseph Schmid scored the game-winning double overtime goal against FDU to give the Hawks a 1-0 victory on Friday night.

“I thought the guys performed well and we just have to roll up our sleeves and focus on the next game now.”

ROBERT MCCOURT  
Head Coach

were crossing the ball, used headers, and even did some krief moves but it was not enough.

At the end of the second half, the score was still tied sending the game into overtime. Over-time consists of 10 minute periods in soccer and the winner is determined by sudden death. The first overtime period was

MU goalie Alex Blackburn recorded four saves for the game. The Hawks only had two offside calls made against them in the complete regulation period.

Traveling to Fairfield, Connecticut the Hawks prepared to face a 7-4-2 Sacred Heart team. The men did not fare as well and ended up losing a hard fought

1-0 decision. The loss dropped Monmouth's record to 9-5 for the season.

The Hawks took over the opening 10 minutes of play in the first half but lost control making way for Sacred Heart to seize the game. At the end of the first half, Monmouth had six shots on goal and one corner kick. Sacred Heart also had six shots, three corner kicks, a yellow card, and

seven fouls. Monmouth's special talent is they hardly ever foul. This is partially due to Coach McCourt's shouting "don't foul, don't foul" throughout play.

During the second half, neither team had complete control over the other but Sacred Heart managed to score the only goal of the game.

"We had a goal called back

that we were disappointed in and we are also dealing with a lot of injuries. I thought the guys performed well and we just have to roll up our sleeves and focus on the next game now," said McCourt.

With that said, the men plan to face Quinnipiac on Friday at home, where they will be looking to pick up a key conference victory.

# Football Team Ends Two Game Skid by Defeating Bryant 40-35

ED MORLOCK  
ASSOCIATE SPORTS EDITOR

The Hawks went on the road and picked up a win in a high scoring affair against Bryant, 40-35. Monmouth improves to 3-3 on the season, and 2-1 in NEC play.

Monmouth is now tied for third in the NEC. Albany and Duquesne are currently ahead of the Hawks. Both of these teams have to come into West Long Branch later in the season for games that could decide the winner of the conference.

The Blue and White opened up a large lead in the second half, 33-13 with three minutes remaining in the third quarter. The lead almost slipped away, but the Hawks made the plays they needed when the chips were down.

MU Head Coach Kevin Callahan said, "Early on we generated some positive momentum with the three turnovers and the safety." He continued, "Unfortunately, late in the third quarter it began to slip away from us but the players responded. I was really happy with the way the players stayed with it, fought and played hard."

For the Hawks on offense, Julian Hayes and Neal Sterling had huge games. Hayes carried the ball a whop-

ping 32 times for 89 yards and three touchdowns. Sterling tallied 11 catches for 102 yards and a fourth quarter touchdown to put the Hawks up 12 with only seven minutes remaining in the game.

Kyle Frazier also had a good day running the ball. Having only three carries, Frazier was able to gain 67 yards and a touchdown. Most of the yards came on a 50-yard run by the quarterback.

“I was really happy with the way the players stayed with it, fought and played hard.”

KEVIN CALLAHAN  
Head Coach

Frazier had to leave the game with a knee injury. Craig Peterson came in and didn't miss a beat. Peterson completed 7 of 11 pass attempts for 70 yards and the game-winning touchdown to Sterling.

Balial Sloan El saw an increased workload for the Hawks in this game. Sloan El was given the ball eight times and gained 29 yards on the ground.

The Hawks defense played a good game, despite giving up 35 points. They were able to force three interceptions and picked up a safety.

Jose Gumbs, Reggie Hildebrandt, and Colin Cooper each had interceptions. Andrew Sutton was able to

make a tackle in the end zone early in the second half for a Monmouth safety.

The two points from the safety ended up being crucial. Without the two points, Bryant would have been able to tie the game at the end with a field goal and send the game into overtime.

Punters can often be overlooked, but Ryan Mohr played good for the Hawks in this one. Moore had five punts, and he was able to pin the opposition inside the 20-yard line on three of them. He was able to do a great job at giving the Hawks an advantage

in field position.

Bryant has one of the best running backs in the country, Jordan Brown. He did more than solidify that label in this contest. Brown put the team on his back in this one, carrying the ball 26 times. He picked up 160 yards and three touchdowns.

Brown was also effective on kick returns. He had three kickoff returns for 104 yards; including a 46-yard return that game Bryant great field position.

Next, the Hawks have another road, NEC test. They travel to Sacred Heart for a battle with the Pioneers. Kickoff is set for Saturday at 1:00 pm.

THE OUTLOOK'S WEEKLY NFL PICKS

Week Seven

Jets vs. Chargers

Lions vs. Falcons

Titans vs. Texans

Chiefs vs. Raiders

Redskins vs. Panthers

Buccaneers vs. Bears

Rams vs. Cowboys

Packers vs. Vikings

Now featuring guest picks!

Brett	Dan	Ed	Eric Walsh (Former Sports Editor)
(6-2 Last Wk) (29-11 Overall)	(5-3 Last Wk) (22-18 Overall)	(5-3 Last Wk) (23-17 Overall)	Last weeks guest picker: Evelyn (5-3 Last Wk)

# Field Hockey Extends Winning Streak to Six Straight Games

GAVIN MAZZAGLIA  
STAFF WRITER

The field hockey team added two more wins to their record this past weekend, improving to a record of 12-4(4-0). The Hawks hosted Quinnipiac University on Friday afternoon. It was Monmouth who got on the board very quickly, when Patricia O'Dwyer scored just 33 seconds into the game. About 12 minutes later, she took it to the hole and scored again, notching her ninth of the season. "The midfielders did a lot of work on the possession, setting up my opportunity to score," O'Dwyer said.

The Hawks were off to a very fast start, but Quinnipiac responded only a few minutes later. Quinnipiac's Kaitlyn Notarianni scored two consecutive goals, tying the game up at two. Both of her goals were unassisted.

A rain delay for over an hour at halftime held the match up for a while, but the teams got back on the field eventually. "With a delay, it can go one way or another, but it did let us regroup mentally and physically," Coach Carli Figlio said.

The game remained knotted at two until Michelle Pieczynski scored off a deflection in the 57th minute. It proved to be the game winning goal, giving the Hawks their 11th victory of the season. The Hawks also dominated in shots on net, 17-9 and led on penalty corners, 6-3.

On Sunday, the Hawks hosted Sacred Heart University. It was a quiet game overall, but Monmouth got on the board in the 19th minute when Michelle Pieczynski received a pass from O'Dwyer, who then fired it in the back of the net.

Monmouth's defense was a brick



PHOTO COURTESY of Monmouth University Photography

Patricia O'Dwyer was named NEC Player of the Week after she racked up five points over the weekend.

wall, only giving up one shot attempt in the entire game for Sacred Heart. "Our defense has been really solid. We have been especially working hard during the week on drills as well as good communication," Figlio said.

This week, sophomore O'Dwyer received the NEC Player of the Week award. It was her first time receiving the award. It is also the fourth week in a row that a Monmouth field hockey player has received the honor. O'Dwyer racked up five points over the weekend, including two goals.

"It feels great. Our team is having a great start to conference play. Being relied on as a top scorer on the team is also a lot of pressure," O'Dwyer explained.

Junior Pieczynski received the NEC Player of the Week for the past two weeks for her outstanding play on the field. "It feels really good.

I'm so excited. I didn't really expect it at all. I have been taking the ball to the baseline very well, and I've been looking inside the circle for different scorers," Pieczynski said.

Pieczynski has three hat tricks this season as well as 16 goals and four assists. She also became Monmouth's career leading scorer last week. Defender Nicole Manzano received the award three weeks ago.

Monmouth's next game is tomorrow at 4:00 pm in West Long Branch against Rider University, who is also 4-0 in the conference. The matchup will most likely determine who the number one seed will be for the upcoming NEC Tournament. Monmouth will look to extend their winning streak to seven games. Rider, who is 13-1(4-0) will look to extend their winning streak to 10 games. The game will be played at So Sweet A Cat Field in West Long Branch.

# "MAC Madness" Set to Fire Up Fans for Upcoming Basketball Season

BRETT BODNER  
MANAGING EDITOR

With the fall athletic season more than half-way over, winter sports have began practice and are gearing up for the upcoming season. This winter, the University will see the debuts of two new head basketball coaches for both the men's and women's team, in King Rice and Jenny Palmateer. Since there is no 6:00 am game this year, the University will be hosting "MAC Madness" on Friday October 21 at the Mac.

"MAC Madness" is a University-wide event to celebrate the beginning of the basketball season. All students, faculty, and employees are welcome to attend the two hour event, which will run from 5:30 pm to 7:30 pm.

The event will consist of free food from local restaurants, free Monmouth gear, and there will be several giveaways and prizes as well. Students will have the opportunity to participate in "Minute-to-win-it" events, as well as a few games of knockout. Additionally, the first 100 people in attendance will receive free MAC Madness t-shirts.

Not only will attendees be able to compete in events for prizes, but both the men's and women's basketball teams will be competing in

various events as well. They will be taking part in a three-point contest, a 20 minute mixed men's and women's game. The game will work as an all-star game, as there will be opportunities for double points, 50 point shots, and most likely some trick shots and dunks.

Edward Occhipinti, Assistant Athletics Director for Marketing, Advertising and Promotions, says the overall goal is to get people pumped about the upcoming basketball season. "We want this to be an entertaining event for all of those who are in attendance and we are gearing

games," Rice said.

"I think it's an awesome idea, as there is a lot of excitement about both basketball programs right now. I look forward to interaction with the students and overall I believe the event will be very fun," said Palmateer.

When asked if the coaches will participate in any of the games, both coaches said that they would leave the playing up to the players and just enjoy meeting the student fan base. However, Palmateer added that she believes the women's basketball team will represent in the dance competition, and that Rice will show everyone how it's done.

The event will present numerous opportunities to expand attendance for both programs, which is why Occhipinti feels an event like

this is so important. "For one, these type of events increase the visibility of our athletics programs, in this case the men's and women's basketball teams. They also should increase school spirit and pride by showing the students and basketball fans that we are committed to making sure they have the best possible time they can at our events. Ideally, things like this become annual traditions that students and the campus community, as well as our supporters off campus, look forward to participating in," said Occhipinti.

## "Our goal with this event is to do a lot of stuff in a short amount of time to raise excitement on and around campus."

EDWARD OCCHIPINTI  
Assistant Athletics Director for Marketing, Advertising, and Promotions

towards growing attendance for the games. Our goal with this event is to do a lot of stuff in a short amount of time to raise excitement on and around campus," Occhipinti said.

Rice and Palmateer both look forward to the event and to meet a number of the team's supporters.

"I'm extremely excited about the event, as it will be the first time the team will be all together in front of the student body. Hopefully we have a great turn out on Friday, as well as for our games because I believe having great attendance can help us win



*Freshman Task: Silence the Critics*

*An Inside Look at Freshmen in College Football*

DAN GUNDERMAN  
STAFF WRITER

Barely three months out of high school and already your number's being called. The lights are cast down, the pressure is set on your shoulders and the beaming eyes of 80,000 spectators monitor your every move. Third and long...better hope coach draws up a play that will get the first down, if not there will be some hell to pay as a media frenzy ensues and immediately questions about talent level arise. What could possibly be the scenario?

True college freshmen, most 18 or barely 19 suit up, put on pads and enter an extremely structured, professional like surrounding. Following the binding pressure of being named starter, these freshmen are immediately cast into the spotlight and pressured to perform. In a 2011 season where more and more roster vacancies seem to appear, these freshmen teenagers are bound to the largest commitment of their lives up to that point.

A true inner test...the football season can become that for the freshman, tested in nearly everything he's learned up to that point in life. NCAA Division I football and its brutal, top-notch and highly competitive atmosphere is a breeding ground for showcasing talent but also can be home to something far more severe. This is, watching a life's worth of talent fickle out into the shape of a quarterback no one will remember in two years, or a defensive lineman whose dedicated lifestyle got him only as far as four years of ball could.

Today's question is analyzing and describing the life of the true college freshman in NCAA football, and their impact on the game as a whole. All these players, from all positions embody the future of their programs but also show us what true talent is about, and on a scope far more broad and demanding than what they knew in the past. To perfectly display this topic, the brief careers of Braxton Miller and Gary Nova will be relayed.

Braxton Miller, Ohio State quarterback, entered the season as OSU's backup quarterback, after committing to the school nearly 14 months earlier. Joe Bauserman, the starting quarterback, saw some trouble at the helm and soon, first year Coach Luke Fickell named Miller the starting quarterback after seeing brief action in only two games. Now imagine this, going from a high school game in Huber Heights, Ohio, to being called upon in front of 100,000 screaming Buckeye fans at the Ohio Stadium; the "Horseshoe." Would he need an adjustment period? Would he be mature enough to handle himself in a professional manner? Could he communicate with his offensive line and other teammates as well as he needs to? All these questions one could throw towards Miller, still a teen, he answered in a most admirable way. He started and beat Colorado University. Following the first start, he handled the pressure professionally, although seeing his share of rookie

mistakes, but managed to knock off a ranked team so far, showing incredible potential and leadership on the field; quality any coach would want from a rookie. He sure answered the call.

The scope of his involvement in a program immediately shifted from small-town high-school football to knit-picked NCAA D-I nationally televised games. The amazing thing about this feat, is that it occurs all the time in the sport, like it did with Miller, and is one of the game's shining spots. Similar to Miller, Gary Nova, freshman quarterback at Rutgers, was called upon just weeks into his freshman season. Being too nervous and not performing at the one-and-only Rutgers Stadium was out of the question for the first-year player, who like Miller, proved all freshman capable of handling the adjustment.

He has taken the reigns as quarterback at RU and has shown Greg Schiano and the world watching that he is the epitome of the college freshman athletic experience. At 5-11, the Scarlet Knights now sit atop the Big East, with high hopes and a quarterback who does not fear the "big-time" with cameras and analysis staring down his back 24/7. This, to all my readers, is one of the wonders of the game.

A lot like these big time NCAA powerhouses, Monmouth has its share of freshman talent and continues to see them grow. They contribute to the team in multiple ways, and have even helped the Hawks to a 3-3 record so far in the 2011 season. Although not in front of the Heisman candidates or the memorable coaching names, these freshmen truly hit the grind on the field to make a point, a note worth mentioning because these student athletes too, fresh out of high school, are proving the adjustment period to be just fine.

As the lights cast down on the kick-off, your number is soon called and the ESPN Sky-View camera follows you towards the huddle. Your task is: to march down the field against a swarm of defensive players and potentially against a 'house' full of people who are there just to see you fail. Could you handle the pressure? Could you be like Braxton Miller or Gary Nova or the many other freshman standouts and prove to the nation how outstanding it is to see a teen develop so quickly to take part in a national, almost sacred sporting event...? We'll watch and see with wondering eyes.

\*\*\*Introducing *The Outlook's* new Interactive Sports Opinion Section! You can have the opportunity to field your questions to Dan Gunderman, staff writer of *The Outlook* and columnist for "The Gun Show." All responses will be read and carefully analyzed, and the best one will be chosen from and responded to. See your question/concern carefully considered and responded to in print in the next week's issue! Just e-mail all questions/statements about the week's article or what you'd like to see out of it to: s0784904@monmouth.edu.



# BRUISED, BUT NOT BROKEN



## Also in Sports:

The Field Hockey team extends their winning streak to six by beating Sacred Heart 1-0.

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The men's soccer team has suffered from multiple injuries this season, but is still pulling out victories in the NEC.

*Full Story on page 26*