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Social Media: A Curse or a Blessing?

ANGELA CIROALO
NEWS EDITOR

Since 2005 the number of adults that use social media in the United States has risen from eight percent to 72 percent, according to *Forbes*. com. Social media use is on the rise, and though many may not realize it, frequent use can be seen as an addiction.

"I find myself clicking on my Facebook, Twitter and Instagram icons over and over, as if my news-feeds are going to change and show me something incredibly different within seconds," said Kelly Brockett, senior communication major. "I find myself more worried about what's going on in the social media world rather than taking in what is physically around me, a bad habit I am trying to break."

Use of social media has become very common among people. People are found using cell phones while in supermarkets, hallways, dinners and even in classrooms. A cell phone can be found in a student's hands, pocket and even on top of their desk.

"When I am walking I use it to play music, text or for social media. I always have my phone on me, also if I can get away with having it on my desk then it's usually there," said Marcus McKenzie, Penn State University senior. "I check Twitter and Instagram every moment I get."

George Kapalka, Chair of the Department of Psychological Counseling said he thinks the phone is a tool. "I think what people are attached to and crave is more what the activity is and the phone simply provides them an easy way to be able to do that," said Kapalka.

Kapalka continued, "People now



IMAGE TAKEN from wompmobile.com

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Same-Sex Marriage Now Legal in NJ



IMAGE TAKEN from nj1015.com

Same-sex couples began getting married in the state of NJ starting Monday, Oct. 21. Gov. Christie has cancelled his lawsuit, making NJ the 14th state to legalize same-sex marriage.

CHRISTOPHER ORLANDO
MANAGING EDITOR

Gov. Chris Christie has stopped his lawsuit to prevent same-sex couples from being married in the state of NJ. Same-sex couples can begin getting married starting Monday, Oct. 21 according to the New Jersey Supreme Court.

Christie's attempted to prevent

same-sex marriages from taking place until the appeal is settled in January. Following the announcement from the NJ Supreme Court, Christie stopped his lawsuit.

According to politico.com's statement from Christie's office, "Although the Governor strongly disagrees with the Court substituting its judgment for the constitutional process of the elected branches or

a vote of the people, the Court has now spoken clearly as to their view of the New Jersey Constitution and, therefore, same-sex marriage is the law. The Governor will do his constitutional duty and ensure his Administration enforces the law as dictated by the New Jersey Supreme Court."

The New Jersey State Legislature had voted to allow same-sex

marriages in 2012 but the Governor had vetoed the bill saying that he believes the issue should be left up to the voters via referendum Nov. 2013. Same-sex marriage is currently legal in 13 states including: California, Connecticut, Delaware, Iowa, Maine, Maryland,

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HOMECOMING 2013 CELEBRATES MU THROUGH THE AGES

ERIN MCMULLEN
ASSOCIATE NEWS EDITOR

University students and faculty demonstrated school spirit through the celebration of Homecoming weekend by attending a pep rally in the Multi-Purpose Activity Center (MAC) on Friday, Oct. 18, and tailgating and attending the football game against Cornell University on Saturday, Oct. 19.

Many members of Greek life were present at the tailgate, as well as University Alumni and a handful of other on campus organizations, such as the Residence Hall Association (RHA)

and the Alternative Spring Break group. Representatives from both *Hawk TV* and *WMCX* were also at the tailgate broadcasting the Homecoming festivities live to those tuned in.

Every year, Student Government Association (SGA) designates a specific theme for the University's Homecoming weekend. This year the theme was "Monmouth Through the Ages."

Various organizations at the University selected an era to represent during the Homecoming weekend. The University's



PHOTO TAKEN by James Reme

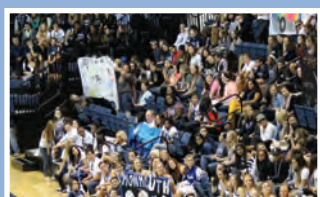
Lorenzo Russomanno and Eva Rosamilia won this year's Homecoming king and queen.

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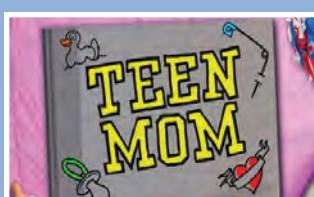
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One student's opinion on how shows like "16 and Pregnant" and "Teen Mom" glorify teen pregnancy.

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Julian Sands stops by the University to celebrate playwright Harold Pinter.

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Club & Greek

The latin fraternity Lambda Theta Phi is making its way back onto campus.

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MU Welcomes Graduate Physician Assistant Program

Physicians Assistants are Expected to Grow 30 Percent Within the Next Decade

ANGELA CIROALO
NEWS EDITOR

The University announced the approval of new Master of Science Physician Assistant program (MSPA) to begin the Fall 2014 semester. The MSPA will be a three-year, full-time graduate level program offered to University students and those interested. The program is in increased demand and has an expectancy to continue to increase in the coming years.

The Physician Assistant (PA) program was recently granted accreditation provisional status by the Accreditation Review Commission. The program will be the first of its kind available in Monmouth and surrounding counties throughout New Jersey.

A PA is a medical professional who works in conjunction with health professionals, is a graduate of an accredited program and is eligible to take the national certifying exam. The exam will allow the PA to become state-licensed to practice medicine with the supervision of a physician.

The Bureau of Labor Statistics predicts that the PA profession will grow 30 percent within the next decade. Carol Biscardi, Director of the Physician Assistant Program said, “It is projected that

the PA professionals will enjoy the second highest employment demand in the nation.”

The demand for PA programs has already seen signs of an increase. The Physician Assistant Education Association estimates that across America, there are currently eight candidates seeking one available PA program seat.

Thomas Pearson, Provost/Vice President for Academic Affairs, said the University wanted to ensure that the new graduate programs selected would offer long-term employment opportunities for graduates. “I found that the employment demand for Physician Assistants will be extremely high, especially for 2015 and beyond, and that tipped the balance in terms of selecting from among the health sciences programs we were considering at the time,” said Pearson.

President Dr. Paul R. Brown explained in a University news release, that the demographics on aging indicate that something must be done to meet the nation’s future health care needs. Brown added, “The PA program is a great addition to our allied health offerings and will help meet the growing demand for primary care providers in the region.”

The job requirements of a PA include eliciting medical history, performing physical examinations,

ordering and interpreting laboratory tests, as well as diagnosing and treating patient illnesses. According to Biscardi, a large component of a PA’s responsibility is health promotion and patient education and the job of a PA can be served in a hospital setting, nursing home or satellite office.

Biscardi explained that while the University’s focus is teaching PA students how to offer primary care, a PA degree has awarded students a number of different professions such as orthopedics, cardio-thoracic surgery, or trauma surgery.

The University PA program requires that students applying must hold a bachelor degree, complete specific prerequisite courses, have a minimum of 200 hours of health care experience, and letters of recommendation must be submitted with an autobiographical statement.

During the three-year full-time program, Biscardi explains the first year will teach students basic science and clinical experiences and the second and third years will work primarily off-campus completing clinical clerkships.

The clinical clerkships students complete vary among, internal medicine, general surgery, pediatrics, family medicine, psychiatry, emergency medicine, women’s health, and geriatrics/long-term care. Stu-

dents have the opportunity to complete two elective clerkships during the graduate program.

Students are also required to come to campus once per week to complete coursework while working through case studies with co-medical directors and other guest clinical instructors.

“The program is unlike most traditional graduate programs in that students will carry anywhere from 15 to 19 credits per semester,” Biscardi said. “The amount of instruction is intense because of the volume of material we must teach.”

During the first year of the program students work in the classroom approximately 35 hours each week while being tested frequently to ensure students are “competent in the material they are being taught,” Biscardi said.

Introduction of the PA program was part of a ten-year strategic plan initiative to extend the graduate school while welcoming new degree programs that meet public health care needs.

Biscardi explained that the MSPA was introduced based on the efforts of many including the Provost’s Office, Graduate School, University health care professionals, experts in the physician assistant field, the University enrollment management division, the University Cabinet and

Board of Trustees and well as previous University President, Paul Gaffney.

“I probably won’t take part of the program personally being a science major I totally support expanding the science school at Monmouth.” Amanda Billotti, junior marine and environmental policy major said.

“In my view this program will have enormous benefits for Monmouth University students, not only in opening an important career and employment pathway for graduates from our program but also in providing an educational and career avenue for undergraduate students in the sciences and health studies at Monmouth,” said Pearson.

The MSPA classes will be held in University Health Sciences Center, located in Monmouth Park Corporate Center on Route 36 in West Long Branch, NJ. Applications are currently being accepted for the 2014 fall semester. The program will offer a capacity of 30 seats per semester.

“I am excited about the program we’ve built,” said Biscardi. “Our faculty has a combined experience in graduate medical education of greater than 80 years. We are able to put the best practices from all our experiences into the curriculum to meet the needs of the next generation of PAs.”

Rutgers University Performs SCREAM Theatre

CASEY WOLFE
FEATURES EDITOR

The sexual assault awareness student group from Rutgers University visited Wilson Auditorium for the fifth consecutive year to share their SCREAM Theater performance on Tuesday, Oct. 15 at 7 pm.

SCREAM stands for students challenging realities and educating against myths. The performance group consisted of seven student actors and Prevention Education Coordinator, Brady Root. SCREAM has existed for 20 years and covers important topics such as dating violence, stalking, sexual harassment and bullying, according to Root.

The actors played the roles of college students at a party with abundant amounts of alcohol. One of the actresses, Jess (Benny Del Castillo), becomes the victim of sexual assault when Ryan (Kenan Gebizliobro) brings her upstairs and takes advantage of her.

The rest of their friends at the party were also responsible for the situation in some ways. Some friends saw what happened and didn’t speak up, some thought

Ryan was wrong and took action, and some blamed Jess, the victim.

After the performance the actors came back on stage, still in their roles, to answer audience questions the way their characters would respond. After the question and answer period, the actors came out of their roles and spoke about the responsibilities their characters had and if they handled them appropriately.

“Things happen every day. We want to talk about starting that conversation of why it is happening,” said Root.

SCREAM does 80 to 100 conversations each year, reaching 8,000 to 10,000 people. “[Statistics] continue to come back with the fact that on college campuses one in four college women will be a victim of attempted or repeated sexual assault,” added Root.

Thomas McCarthy, Assistant Director of Counseling and Psychological Services, believes that SCREAM presents an important topic for the University. “The purpose of SCREAM Theater is to bring awareness to the issue of sexual assault and interpersonal violence, specifically on college campuses,” McCarthy said. “Fur-

ther, we hope that it promotes discussion on the topic, and that individuals, if ever in such a circumstance, know that there are resources available on our campus, as well as in off-campus agencies.”

Sexual violence is not a new topic to discuss on college campuses. “We’re really excited to come back to Monmouth every year, but I want [students] to realize this isn’t something we threw together last night. It’s something that has reached a lot of different people over the years,” said Root.

“I believe that the performance is so real that students can relate and apply what they have seen and learned at the performance to their lives and their experiences,” said McCarthy. “I also believe that the discussion before and after the performance helps to educate students.”

The students at Rutgers commented on their different roles in the performance. “Ryan’s role was based off of three main principles which are power, control and excitement,” said Gebizliobro. “With this age group, 16 to 24 being right in the middle of it, it’s definitely a huge problem.”



PHOTO COURTESY OF Jim Reme

Rutgers students demonstrate a performance to educate University students about dating violence and sexual harassment.


Gebizliobro added, “The decision to have sex is not made when you’re getting dressed or when you walk upstairs to a room. [Jess] said no and you have to respect that.”

The victim character in the skit was hesitant to talk about her experience. Del Castillo said, “If a victim is not ready to tell the story it can actually re-traumatize them to have to tell it over and over and over again if they’re not ready to do that.”

There were 62 students present at the performance, according to McCarthy. The nonprofit organization, 180 Turning Lives Around, also had a table at the event with information on sexual abuse and support hotlines.

“It is a difficult topic to discuss, or even to watch it be performed, so I believe that the number of students who have attended has been great,” McCarthy said.

CRIME BLOTTER



WED.	THURS.	FRI.	SAT.	SUN.	MON.	TUES.
CONSUMPTION OF ALCOHOL BY PERSON UNDER THE LEGAL AGE / STUDENT MISCONDUCT 10/16/13 - 12:26 AM PINEWOOD HALL	CONSUMPTION OF ALCOHOL BY PERSON UNDER THE LEGAL AGE / STUDENT MISCONDUCT 10/18/13 - 10:52 PM CEDAR HALL	CONSUMPTION OF ALCOHOL BY PERSON UNDER THE LEGAL AGE / STUDENT MISCONDUCT 10/19/13 - 12:28 AM & 2:31 AM PINEWOOD HALL	CONSUMPTION OF ALCOHOL BY PERSON UNDER THE LEGAL AGE / STUDENT MISCONDUCT 10/19/13 - 1:00 AM - 2:00 AM ELMWOOD HALL	VERBAL DISPUTE 10/19/13 - 2:56 AM PARKING LOTS 1 & 8	CONSUMPTION OF ALCOHOL BY PERSON UNDER THE LEGAL AGE / STUDENT MISCONDUCT 10/19/13 - 1:10 PM PINEWOOD HALL 10/19/13 - 3:49 PM MULLANEY HALL 10/19/13 - 6:26 PM PINEWOOD HALL	

Think Before You Download: *The Effects of Illegal Downloading*

PAUL WILLIAMS
STAFF WRITER

Illegal file sharing and downloading has been a popular and common practice among college students for close to a decade, but University students may want to think twice before they click.

Illegally downloading copyright protected work, such as music, movies and television shows, not only carries the potential for hefty monetary penalties up to \$150,000 per download, but violators can also face punishment from the University. Illegally sharing or downloading files via the University's Internet server can lead to suspension or termination from the University's online network.

University students and employees received an e-mail from Mary Anne Nagy, Vice President of Student and Community Services, warning them about the possible penalties for infractions for illegal file sharing on Oct. 1.

The University first issued the e-mail in 2003, continue to do so "pursuant to the provisions of the Higher Education Opportunity Act (HEOA) of 2008," according to Rhonda Rehm, assistant general counsel at the University.

The HEOA is federal legislation that largely outlines the framework for dispersing federal aid to higher education institutions, but in 2008 it included a mandate for colleges to provide "an annual disclosure to students describing copyright law and campus policies related to violating copyright law," according to www.ed.gov.

However, the annual notices and potential for substantial monetary penalties have done little to curtail college students nationwide from illegally downloading copyright-protected works.

"I've downloaded music before," Tom Aiello, junior medical technology major, admits. "But I've never done it while on campus. Usually if I want a song, I'll download it on my phone so I can listen to it right away, but I've made lists of music I wanted to pirate before."

Aiello is not alone. A recent survey conducted by insidehighered.com, an online news source for higher education, showed that nearly half of the college-aged students polled admitted to illegally downloading music, 1.3 billion downloads worth.

"In a sense, you can look at it like shoplifting, if you view iTunes as a shop," Aiello said. "I don't agree or disagree with the rules. It's just something I do every now and then."

Political science professor and pre-law Advisor, Gregory Bordelon, JD, warns that students who participate in illegal downloading and file sharing have little legal defense, and their practice can have an adverse effect on the market for music and movies.

"Some students might look at it in an aggregate political context think 'little old me' won't be caught. A lot of that has to do with the anonymity of the internet," Bordelon said. "But on the strict letter of the law, there's no question it's a violation with respect to the proper level of evidence. And realistically, if thousands or millions of people are doing this, you're cutting into the compensation for the artists, especially ones at smaller record companies."



Illegal file sharing and downloading can lead to heavy monetary penalties and suspension of your Monmouth account.

The University does not actively monitor students' computer activities, but will receive a notice from a company that suspects its copyrighted work has been shared or downloaded without permission over the University's network.

"We act on Recording Industry Association of America and Digital Millennium Copyright Act notifications as they are received," Dr. Edward Christensen, Vice President for Information Management, said.

Christensen continued, "We keep network logs for 180 days which allow us to track uses and access to external websites and software...We are legally obligated to work with agencies like [the Motion Picture Association of America] and RIAA to shut down these illegal file sharing activities occurring within our address space."

The University has received notifications about illegal activity in the past, but typically fewer than 10 each year. Christensen advises that students should exercise prudence when downloading anything online to ensure they don't risk breaking the law.

"Generally, you should assume that any music, movie, gaming software, or similar file that you obtain via the Internet is copyrighted," Christensen said. "You will subject yourself to potential criminal and financial charges if you download and/or share those files, unless you have the permission of the copyright owner or are otherwise legally permitted to engage in such activity."

Multiple illegal downloads and violations can compound, leaving some end users with an enormous price tag to pay for their pirated files. Earlier this year, the U.S. Supreme Court denied hearing an appeal from a woman who was ordered to pay \$220,000 for illegally downloading 24 songs. A college student with a judgment that large entered against them could be set back financially for a long time, and one University student thinks such penalties should serve as a stark warning against illegally sharing files.

"There's no point to risk it," Jessica Adametz, a junior environmental science major, said. "To risk the punishment would be ridiculous, especially since it's all something that we can get just by paying a little bit of money for; usually one dollar. College-aged kids already take out so much money for loans. You can't get blood from a stone."

Nagy encourages University students to speak up if they witness someone downloading files illegally to help them understand the reality and consequences of stealing another's copyrighted work. "I think the best thing for a student to do is to say something to their peer about what they are doing and [ask] did they know [or] realize what they were doing was wrong," Nagy said.

Social Media Addiction Becoming a Real Issue

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seem to crave being connected with the social media and that really has replaced social groups to a large extent."

A psychological fear called "nomophobia" or no-mobile-phone-phobia, is the feeling that people experience when their phone is left at home, dies or they are unable to access their accounts, according to nomophobia.com. The fear causes high levels of stress when unable to communicate through a cell phone.

"I am guilty of experiencing a complete sense of panic when I leave my phone at home. I just feel completely disconnected and almost vulnerable," said Kayla Horvath, communication major.

Boost Mobile conducted a survey of 500 males and females between the ages of 16-25 years living in Australia. Almost half of the surveyed group admitted to being addicted to social media, and 68 percent who confessed checking their social media feed 10 times a day.

A Fox Business report found that Americans spend an average of 16 minutes every hour checking their cell phone.

The need to check a cell phone has become so natural to people that the *Huffington Post* named the reaction a mechanical movement, "...as involuntary as breathing or blinking or producing saliva in your mouth."

Brockett explains that when she does not have her phone she feels sheer panic. "I feel like my life is on that phone, all my contacts, my calendar, my email, everything ... I'd be too worried I was missing someone trying to get a hold of me if I didn't have my phone."

Many have found that if they don't check their phone or go a period of time without scrolling through non-existent notifications, they begin to feel a vibration that never actually existed. This feeling has been named, "phantom vibration syndrome." The syndrome is a perceived vibration from a device that is not actually vibrating, according to

a study done by Indiana and Purdue University's Department of Psychology.

The study found that 89 percent of the 290 undergraduate students surveyed experienced phantom vibrations. The students in the study explained that they experienced phantom vibration syndrome once every two weeks on average. Students who used their phone excessively, experienced phantom vibration syndrome more often than others.

Many wonder what the appeal of social media is. "I think people are becoming so addicted to social media because it fulfills a certain drive or need that we never before had the means to like we do now, nosiness," said Horvath. "Almost everyone likes to feel connected and is curious about what the big news is in their friends or families lives."

Horvath adds that social media may be used so often because it is a mindless activity that is very easy to look at. "I use social media multiple times a day. Most of the time it is simply because I am bored and curious as to what else is going on around me."

"I use Instagram the most. It's just so dumb. I sit there and refresh, refresh, refresh the page. I know I'm better than that. I can be doing things that are actually worth-while with my time," Raven Brunson senior communication major said.

Social media is an activity that is used by people almost every day but what uses are considered as an addiction? "I think that addiction to social media is when you are constantly on it. If you pick it up while in the middle of conversation with someone you're not listening," said Brunson.

Horvath said, "I think a person could be considered addicted when they post multiple tweets, Facebook posts, or Instagram posts per day."

Brockett explains that social media addiction is, "people who are sometimes far too interested in what their newsfeeds look like instead of being mentally present while they are spending quality time with friends and family."

To some, an exhaustive amount of social media use is not seen as an addiction. "Addiction is a pretty heavy word that shouldn't be thrown around too lightly," said Jen Pacheco, senior psychology major. "People get addicted to heroin. But it's not crazy to think that our impulse to constantly check social media time after time and scroll, scroll, scroll is detrimental to us in some way."

Franca Mancini, Director of Counseling and Psychological Services, said, "Addiction isn't normal, and I hesitate to use that term other than in extreme cases, but there is the possibility that for some individuals that habit of the cell can get out of hand."

Pacheco adds, "It's becoming a societal norm, you're weird if you're not connected."

"I do not think people are consciously aware of the addiction because it has just become a part of our life," said Horvath. "We are oversaturated by it. It is the new norm."

As a result of increased social media use, people are finding themselves searching for help. In September of 2013 the first inpatient Internet addiction treatment center in the country opened at Bradford Regional Medical Center in Pennsylvania.

Psychologist Dr. Kimberly Young opened the center after spending 18 years treating patients addicted to the internet. Young felt that the issue is rising and as a result of the amount of treatment requests, something needed to be done.

The center offers a 10-day inpatient program available to adults over 18-years-old. The center currently offers 16 available beds and uses the Cognitive Behavioral Therapy principle, or talk therapy to help overcome their addiction through verbal communication.

The internet addictions vary from social media, eBay, pornography, and gambling. The patients experience a 72-hour detox from the internet where they are slowly reintroduced to face-to-face communication.

"Is this a start of a new revelation?" said Andrea Gonzalez, political science major. "A revelation as in, do people really not know how to resist using social media? I am shocked to hear this but I fear that it will only lead to more addiction centers throughout the control."

Many wonder how this continued use of social media may affect people and relationships in the future. Kapalka explains that the relationships are not as personal anymore "I don't want to be fatalistic, but I am not particularly optimistic of the effect that it is going to have," he said.

Kapalka continued, "I am concerned that it's going to turn us as human beings into more and more self-centered people that don't know too much about empathy and how to express it, because you don't develop as much close physical relationships ... Because the interaction is through social media or over text rather than physically being there watching the person react to what you are doing."

The first step to addressing the issue is first realizing that increased social media use is a problem and can create lasting effects. Checking a cell phone 10 minutes of every hour is seen as a societal norm, meanwhile others using social media excessively are checking in to internet rehabilitation centers.

"It should not affect your outside experiences. The screen is not your life and it should not be used constantly," said Brunson. "I'm not Instagram famous, nor do I feel that way. I just think that I over use it."



Social media use is becoming an addiction, where people are finding themselves consumed with checking updates constantly.

Students Kick-Off Homecoming with Pep Rally

CASSANDRA FIGUEROA
ASSISTANT NEWS EDITOR

Eight-hundred students gathered at the Multi-Purpose Activity Center (MAC) on Oct. 18 to show their school spirit at the University pep rally.

Like all pep rallies, contests were held, cheerleaders cheered, the pep band played, and most importantly the names of the Homecoming Court were announced.

Ashley McMahon, the Student Government Association (SGA) Homecoming Chair, announced the court. The 2013 freshman lord and lady were called first. Lord was Christopher Chinn, and lady was Kaylie Mazza. For the sophomores, Michael Qualiano was announced as duke and Jennifer Lee as duchess. The junior prince and princess were Thomas Beaufort and Jackie Leming.

The senior king and queen names were scheduled to be made public during the Homecoming game the following day. However, the top three kings and queens were introduced during the pep rally. Michael Migliaro, Michael Kumar and Lorenzo Russomanno were named the top three king candidates. Ashley Pacifico, Eva Rosamilia and Megan Van Tine were named the top three queen candidates.

Jennifer Lee, sophomore duch-



PHOTO COURTESY of Joseph Morrell

University cheerleaders displayed the Homecoming theme "Monmouth Through the Ages" while performing during the pep rally in vintage uniforms to get students in the spirit for the weekend events.

ess and biology major, said, "It's so great to see all of Monmouth come together to support our football team and celebrate Homecoming ... to be announced as duchess was such an honor."

Michael Qualiano, psychology major, said he felt great being chosen as duke and thinks that Homecoming overall was a success. "Monmouth did a great job with Homecoming this year. It was great to have all of the organizations together with hawk

spirit." Qualiano added that he is very happy for all of the winners.

The Homecoming Court introductions were only a few minutes of the hour-long event. All seniors on the football team, the cheerleading team, the dance team, and the pep band were also recognized. Opening the event was a performance by the cheerleaders, dancers and band. The cheerleaders were dressed in "Monmouth Through the Ages" uniforms to represent this year's Homecom-

ing theme.

These groups were not the only one's pumping up the crowd, the announcer, more commonly known as "Showboat," held contests and gave away prizes to raffle winners.

The contests included a skills test and a basketball tournament. During the skills test, four members of the audience, two men and two women, were selected to test their skills by doing pushups. Showboat had the

men do pushups with the women on their backs.

The basketball tournament had two men and two women as well, competing to make a shot before the other. The winners of these contests won a \$25 gift certificate to The Draft House in Long Branch.

As for the Greek Life in the audience, a banner competition was held to see which fraternity and sorority created the best banner. The winner of the banner competition was also announced at the Homecoming game the next day.

McMahon expressed her satisfaction with the event and Homecoming, "Planning Homecoming was extremely rewarding and I am so glad that I was able to help create a great experience for everyone throughout the weekend."

Raquel Warehime, junior psychology major, enjoyed the event. "The pep rally was actually more fun than I expected. I enjoyed how they had a lot of crowd involvement that kept people entertained throughout the entirety of it."

Those who attended the pep rally received beaded football necklaces and their choice of a Homecoming t-shirt. The pep rally kicked off the University's Homecoming weekend; for more information about homecoming, read below.

MU Celebrates Homecoming

Homecoming from pg. 1

sororities and fraternities created shirts and dressed up, while clubs and departments decorated tents and brought favors for the occasion.

The annual Homecoming parade began around noon and featured several Greek organizations as well as a few on campus clubs and organizations.

Last year, those involved in the parade built their own floats, this year, however, SGA decided to change the requirement and allow organizations to create banners instead.

Ashley McMahon, SGA Homecoming Chair, was in charge of this change. "Banners are cheaper and much easier to make. Because of that, I felt as though the clubs and organizations would be more likely to participate and would actually enjoy the process of creating it rather than it being a big hassle," she said.

McMahon explained that this year there were far more banners than there ever have been floats, and there was even participation from clubs outside of Greek life.

The organization with the best banner was The Monmouth University Dance Team. Their win was announced during halftime and they were awarded \$300.

Eddy Occhipinti, Assistant Athletic Director for Marketing, Advertising and Promotions, thought that this year's Homecoming was fantastic.

"This year's attendance was about 400 more than last year's Homecoming attendance, and we are pleased with that," Occhipinti said.

He explained that this year, the Athletics Department did pretty much the same amount of marketing and advertising for the game as last year but he believes, "this year, the students seem to be more involved and are more willing to come out to the games and support the team."

But aside from the tailgate and the actual football game, the announcement of Homecoming King and Queen was highly anticipated by the student body.



PHOTO COURTESY of Jim Remo

2012 Homecoming king and queen lead the Alumni Homecoming Court at the parade on Saturday Oct. 19.

During the halftime show, Lorenzo Russomanno was crowned Homecoming King and Eva Rosamilia was named Homecoming Queen.

"In the moment, it was almost surreal. As a freshman, I remember seeing the Homecoming King and Queen being crowned on the football field and never in my life would I have thought I would be standing in the same position as all the past kings before myself," Russomanno said.

Rosamilia also expressed satisfaction by her win. "It was really exciting and I felt so honored. It was a great way to end my last Homecoming," she explained.

But even students who were not given a crown enjoyed themselves on Saturday. Brittany O'Gorman, sophomore criminal justice major, said, "I liked how a majority of the student body was all together in one place for the same reason. Everyone was having a good time with friends while showing school spirit."

Russomanno's favorite thing about the weekend, aside from being crowned King, was seeing all of the school spirit as the University community came together to celebrate one of the biggest events of the school year. Rosamilia enjoyed celebrating with all of her friends

and sorority sisters.

But the tailgate provided a lot more than just great memories for students. Some of the organizations present at the tailgate used the time before the game to raise money for their causes.

Jennifer Ruggiero, senior psychology major, is a member of the Alternative Spring Break group. "We had a kid zone with different fun activities like nail painting, face painting, and pin the beak on Shadow in order to do something special for the children at Homecoming," she said.

The money the group raised during the tailgate will be used toward travel expenses for their service trips to Guatemala and Haiti.

"Between seeing the happiness on the children's faces, the money that was donated, and spreading awareness for our cause, I would say this fundraiser was a great start to the other events we have planned throughout the year," said Ruggiero.

Overall, everyone present at Homecoming seemed to greatly enjoy themselves. McMahon was especially happy to see all of her planning and hard work pay off in the end. "I think Homecoming weekend was a great success. Everybody seemed to have a great time and I am honored that I was able to create that experience for everyone," she said.

The Washington Center Honors Professor Joseph Patten with Prestigious Academic Affairs Award

Two universities and a college professor were chosen this year to share in the 2013 Academic Affairs Awards presented by The Washington Center. Monmouth University Professor Joseph Patten was among those honored and was presented with the Liaison of the Year Award during The Washington Center's annual awards luncheon in Washington, D.C., at the National Press Club on Oct. 7, 2013.

"Congratulations to Professor Patten on this well-deserved award," said Monmouth University Dr. President Paul R. Brown. "His passion for teaching, scholarship, and mentoring students in outstanding programs outside the classroom, like at The Washington Center, bring life to their classroom studies."

The award recognizes the consistent and exceptional support of schools and their staff to experiential education through their dedicated partnership with The Washington Center. Further, Monmouth University Professor Patten is the very first alumnus from The Washington Center to receive this award. As a seasoned liaison, Patten has encouraged and nurtured countless students through the years. Through his energy and enthusiasm, he makes the D.C. internship experience a reality, and a memorable one at that.

"Professor Patten is a shining example of how universities are taking the traditional curriculum model and incorporating study-away internship experiences that teach self-awareness, community engagement, and life-long leadership skills," said Mike Smith, President of The Washington Center. "Joe Patten is a true leader within the academic community and we congratulate him on this honor."

Patten is Chair of the Department of Political Science and Sociology and Associate Professor of Political Science at Monmouth University, where he teaches courses in American Politics. In 2009, he received Monmouth University's Distinguished Teacher Award. He also serves as the coach of Monmouth University's Policy Debate Team and as the president of the New Jersey Political Science Association (2012-2013). He co-authored a textbook titled *Why Politics Matter: An Introduction to Political Science* (Wadsworth Cengage Publisher) with Professor Kevin Dooley in 2012.



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Fall Break or Study Break?

THE OUTLOOK STAFF OPINION

Many students are still recovering from the misconception of fall break. While the term “break” implies a respite for students to go home and relax, most of *The Outlook* staff spent their two days of no classes writing papers and studying for midterms, which professors were required to submit by Tuesday, Oct. 22.

According to Dr. Franca Mancini, Director of Counseling and Psychological Services, fall break is scheduled in the academic calendar to give students a chance to physically and mentally recover from any stress caused by academics, extra-curricular activities or being away from home.

This stress is highest for college students at this time of year. Mancini said, “It is true, also, that requests for services tend to increase during this time of year, and we see another spike right after mid-terms, when students realistically assess where they stand in their classes. Overall, on our campus and nationwide, the number of students requesting mental health services is between 9 to 11 percent. Monmouth is no different.”

The Outlook staff believes that having midterms the week following fall break was much more work than we were equipped to handle. We un-

derstand that professors have deadlines to meet as well, but some of the editors think that due dates for papers and exams could have been spread out so we had more time to prepare. While those few hours we spent in class on Thursday and Friday were now ours to spend, however, other obligations, such as work or internships did not offer us breaks.

One editor points out that fall break could just as well have been called reading days for midterms, like the University gives us before finals. Calling those two days a “break” deceived some of *The Outlook* staff into believing we had time to relax. Meanwhile, the homework piled up and we were faced with even more worries the following Monday than we had when we left campus.

Time management should not be a concern if the time we are given is supposed to be for relaxing, spending time with family and avoiding anything that may cause us to worry. However, if we do not manage our time wisely, we end up buried in assignments upon our return to the University.

Although *The Outlook* staff was frustrated at the amount of work they had to complete over fall break, one makes the point that many schools do not get a break at all. For example, Rutgers University does not give students time off before their

midterms. Our workloads would have been the same, regardless of whether or not we had a break. For that reason, some of *The Outlook* staff is grateful for the time we were given while others still believe it should be extended or eliminated.

The stress that students experience over fall break cannot simply be attributed to the University. Often, professors choose to make assignments due or give exams the week we return. For them, it is because they are required to grade and submit these assignments by a certain date; for us, it seems as though they are all giving us unnecessary work that is due at the same time. Midterms are not allotted the same two hour periods as finals are, so why do so many classes find it necessary to use a full class time to give exams when we could be moving forward with lectures and lessons?

Ultimately, *The Outlook* staff believes that the stress we all experienced during this fall break stemmed from the misconception that fall break was an opportunity to relax and enjoy time at home. For those of us who did use that time for non-academic activities, we were even more overwhelmed come Monday morning. Our general consensus is this: although we appreciate the reading days, if the University is going to give us a “break,” please give us a break.



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Contributions must be submitted (email outlook@monmouth.edu) by 12:00 p.m. Sundays to The Outlook office, 2nd floor, room 260, Plangere Center.

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The Importance of Young Adult Voters

KAYLA HORVATH
CONTRIBUTING WRITER

When it comes to politics, many of us shy away from the subject. Whether it is because we are uninformed or misinformed, the entire matter can carry a looming and almost portending sort of sense with it. Understandably, it's intimidating.

As a key target audience for political frontrunners in all parties, college students and young adults in general are bombarded with very mixed and confusing messages from networks on television.

Matters concerning us are often the center of contentious debates. Such topics include student loans, the housing and job markets and the environment.

Since we are viewed as a demographic that can swing either way politically, candidates want our vote. And believe me, they will work for it.

These facts make it all the more important for us to do just that, vote. We are an educated, opinionated, large and important group of people.

We are the future of America. But unfortunately, a large percentage of young adults are not voting.

As a consequence of not voting as much as we should be, we are only putting ourselves and our futures at a major disadvantage.

Many of the important issues today, are unique to us or are very crucial in how they will affect us later in life.

I hate to admit it, but we will

be the ones left to face these mounting troubles that have previously never even existed.

Issues concerning the social security crisis, a depleting environment and resources with a record high national debt, are all topics that may not have been looked at twice in the past.

"As a consequence of not voting as much as we should be, we are only putting ourselves and our futures at a major disadvantage."

All too often we see scenarios where we, as young adults, are not involved and do not vote because we think "my vote will not really make a difference" or "I do not like any of the candidates".

Yet without a doubt, hundreds of unhappy ranting Facebook posts or tweets about the current president, governor or situation will be seen all over social media.

That type of poor mentality will not stimulate any kind of change. However, your votes can and will make a difference, whether you believe it or not.

It is understandable that as

young adults and college students, we already have so much on our plates.

Going to vote on the day of an election seems like too much work and effort, but that is no excuse.

I must admit that I am guilty of such behavior myself, but if we all change our perspective and act on it we can make a difference.

We cannot sit back and watch these issues unfold right in front of our eyes and just complain about it. We are granted freedoms in the United States that other countries are deprived of.

We are given a voice and it is up to us if we want to productively use that voice for the good.

Realistically, one single vote will not likely alter the ultimate outcome of a political race; however, those thousands that are typically missing, sure will.

If enough young adults share the belief that their one vote will not make a difference and consequently do not vote, ironically the opposite will end up happening.

Guess what; all of those non-votes actually will end up making a difference.

On the other hand, if enough of us get out there and cast our votes, we can change the outcome and our votes will make a difference.

There is power in numbers, and we should take advantage of that.

So next time there is an important election, I hope that we all get up, get out, and vote. Together our votes can make a difference.

Scary Thought: Schools Close on Halloween

JENNIFER MURPHY
CONTRIBUTING WRITER

As Halloween is quickly approaching and is right around the corner, many people start to wonder if schools should be closed on Halloween.

Although Halloween is a holiday welcome to everyone, it is mainly a children's holiday, which leaves many feeling that school should be cancelled that day for the children.

It is one of the few national holidays where school is open. Debates go on and on every year at this time because some people feel Halloween is one of the only holidays that goes unrecognized from schools.

The children shouldn't have to be in school that day. I however, feel that Halloween is a good day to be in school.

We should be in school on this festive day because it's much more fun to be in school all dressed up than at home alone!

Many holidays that result in school cancellation are usually for specific reasons. Most holidays where students have off, and even workers, are days meant to spend with family or time to spend at Church.

Although Halloween is a national holiday, it's not necessary to cancel school for the day.

An argument could be said that children will get the entire day to trick-or-treat, rather than going out when it is dark out. Aside from that, there is really nothing you are doing on this day where you wouldn't have time for anything else.

Most schools are only in session for no more than 6 hours a day, so there will be plenty of time for the children to do whatever they want after school.

Halloween is a great day to be in school because children and teenagers can go to school wearing and show off their costumes to their friends.

Classes may also have Halloween parties and activities for the different ages. Many schools will simply get everyone settled, take attendance, and then have a huge Halloween party outside so everyone can display their fabulous costumes.

Then after a fun day at school, everyone will have plenty of time to trick-or-treat with all their friends and family. If it is really necessary, schools can always schedule a half-day so that the children have more time off, but will get credit for a full day.

Schools are also required to have a certain number of school days for the students to attend. If schools were closed for Halloween, the students might have to make up another day at the end of the year, or perhaps lose a vacation day.

Closing schools for Halloween is not necessary, as it is more beneficial for the students to attend school on Halloween because it is a lot more fun to be in school on a day like that rather than home alone.

The start to having a best Halloween is to go to school with all your friends for a fun filled day of activities in your costumes.

Reality Television and Teen Pregnancy

An Opinion on how Reality Television Glorifies Young, Teen Pregnancies

RAVEN BRUNSON
SOCIAL MEDIA MANAGER

Reality television became popular not too long ago, but popular for all of the wrong reasons.

In June of 2009, "16 and Pregnant" first aired, and had such success that "Teen Mom" followed after. Documenting teenage girls through fights with their babies' father, tears and changing of the diapers, makes these issues all seem okay. These type of reality shows solely glorify and misconstrue teen pregnancy.

"16 and Pregnant" and "Teen Mom" are my least favorite reality shows. If I catch even an episode of these shows, I usually turn the TV off and feel like I just wasted my time on watching something that made part of my brain die off.

Some of the moms on this show do a great job taking care of their children, such as Maci and that is why they are the favorite teen mom amongst all the viewers.

I do think that they deserve a nice pat on the back for their performance, because all moms, regardless of age should strive to be responsible mothers.

On the contrary, other teen moms hand their baby off to be their family's responsibility and go out to live an irresponsible teen-

age life, and this is where I get lost.

I don't understand why people want to watch the pure stupidity that stems from these peoples actions. I do not believe that this poor behavior should be promoted as a positive way of life.

Sometimes it's worth watching just for the phonetic translation. For example, take the time teen mom Janelle comes home, hung over from a night out with "Friggin' hickies all ova ya neck" as her mom said. It absolutely kills me when shows need subtitles to decipher what cast members are

saying.

This show is not only reflecting young females in a poor manner, but the males in these television shows are an absolute disgrace.

JuJu Chang of *ABC News* refers to the teen moms' partners as "dead beat baby daddies" in a news interview. These teens sit around playing video games and the majority of them do not help the teen mom with much of anything.

Some teen dads have been recognized for drug overdoses, rehab and parole violations. They continue to have screaming and

crying matches. Typically he does not treat her or their baby well, yet she continues to stay with him.

This again is another factor that I believe should not be promoted to anyone.

Fame and attention as a teen mom seems to have started with Jamie Lynn Spears' pregnancy when she was only 16 and then further glorified with Bristol Palin's pregnancy when she was 17.

Bristol Palin was even recruited for "Dancing with The Stars" after her pregnancy. This, of course, is an example of a teen that was al-

ready in the spotlight because of mother Sarah Palin, former Alaskan governor.

There are teen moms who are famous for well, simply being teen moms who also graze the cover of tabloids as they skyrocket to fame.

Shows like "16 and Pregnant" and "Teen Mom" give these girls what Juju Chang refers to as, "six-figure incomes" and "tabloid fame".

Amongst popular topics that have helped the teen moms rise to tabloid fame are abuse charges, drug position, jail sentences, custody battles, make-ups, break-ups, money struggles, sex tapes, plastic surgery, and the occasional good parenting.

You don't even have to read these tabloids because they get plastered all over the news and the internet.

The way in which *MTV* creates these pregnancy shows puts the wrong image of teen pregnancy in young girls' minds.

They may show the trials and tribulations of becoming pregnant when not prepared, but it always turns out looking not as bad as it should when fame and money are added to the mix.

I'll never understand why so many are sucked into the teen pregnancy world, but the attention seems to be something that these teen moms don't need to worry about.

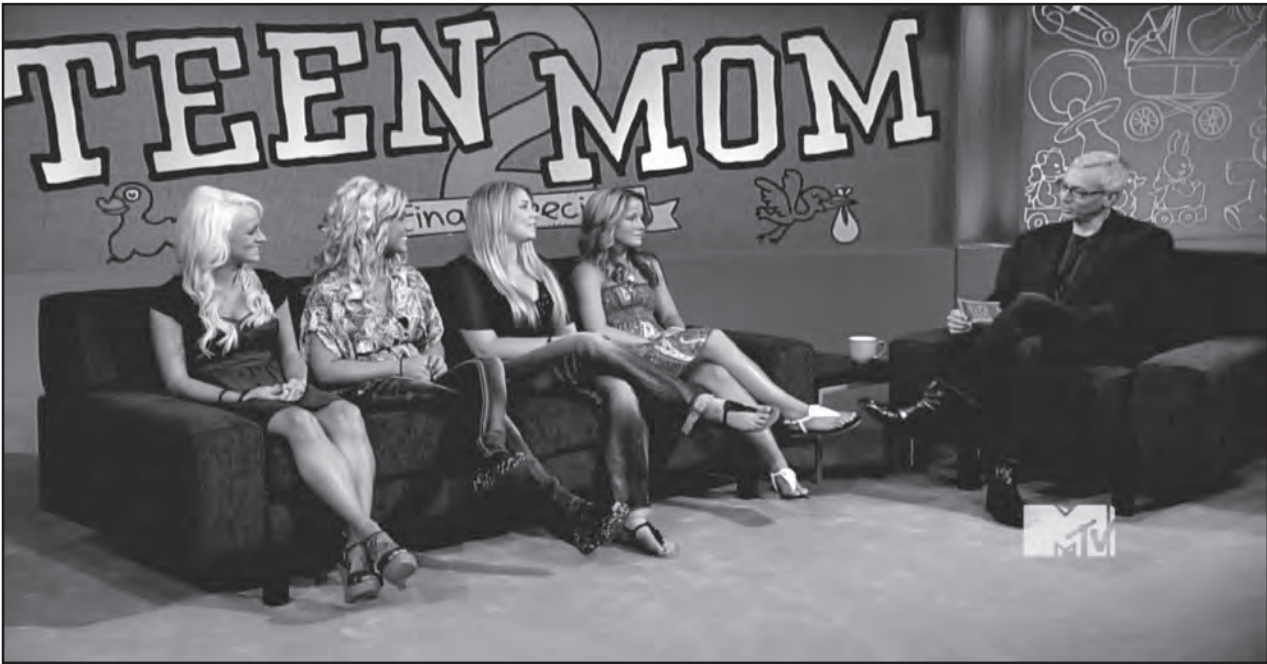


PHOTO TAKEN from thegloss.com

The cast of "Teen Mom" is portrayed as normal, young teens who receive reality star attention.

LSAT 101: How to Conquer the Exam that May Dictate Where You Go to Law School

The LSAT Exam is One of the Main Components that Law Schools Examine for Acceptance

JOSEPH FATTORUSSO
CONTRIBUTING WRITER

In a 2011 survey, 12,9925 students took the law school Admission Test, better known as the LSAT, every year. Although there has been a decline in the amount of students taking the LSAT each year, the LSAT attracted close to 250,000 million students a year.

In 2009, 171,514 students took the LSAT and in 2010, 15,5050 students took the exam.

However, due to the recession and international competition from competing oversea law schools, the U.S. numbers have dropped substantially over the years. However, getting into law school did not always require the LSAT test. At one point, a students GPA alone was the determining factor of getting into law school until 1945 when the following schools created a board to structure what would be called the Law School Admission Test.

The idea for a test that would filter out prospective students, who could actually survive the intense curriculum of law school was developed by a Columbia law school teacher, Frank Bowles.

Harvard Law School and Yale Law School soon afterwards complied with Columbia to start administering the test to prospective students, and in 1948 the LSAT became an national test and for most students was a ticket into their choice of law school, with the assumption they achieved the desired school's scores.

The first LSAT structure had six parts including: word classification, verbal analogies, reasoning, quantitative comparison, paragraph reading, and logical reasoning. The 1948 test had many more sections compared to the three section version that we know today which is as follows: logical reasoning, reading comprehension, and analytical reasoning. LSAT also has an unscored variable section, so in other words there will be a repeat section that will host new questions for next year's LSAT,

and a writing sample which is not graded.

Dr. Gregory Bordelon, lecturer of political science and sociology department, said "Some law schools will look at your writing sample for structure and reasoning if they have an on the fence decision about admitting you to their school."

This is because admission to law school in the 21st century is highly competitive and there are many components to the admission process that include but are not limited to your LSAT score, GPA, resume, personal statement, and your recommendations from teachers, managers, or other professional references.

This profile of variables will contribute to any prospective students admission to the law school of their choice, however, those variables alone with the weight GPA and the importance of the LSAT can, in most cases filter out schools in different tiers, which is how the law schools are graded today.

Chris Cho, owner of ChoEducators in Lincroft and a LSAT prep course tutor said, "Do not let the tiers define you but if you feel you have an outstanding portfolio send it to a 'reach school' of your choice, I have seen students with 150s and 3.2 GPA's get into some of the top 10 law schools in the country, because of the other variables their portfolio had."

The tier format is set up with the top 50 schools ranking in Tier one followed by sets of 50 into Tier two, Tier three, and Tier four. The Law School Admissions Council (LSAC) recognizes a total of 202 American Bar Association, and LSAC certified law schools covering all 50 states including Puerto Rico.

Although the whole process can be overwhelming. The University has had success with students going off to law schools such as: George Washington University, Rutgers, and Seton Hall University to name a few.

University alumnus Tamari

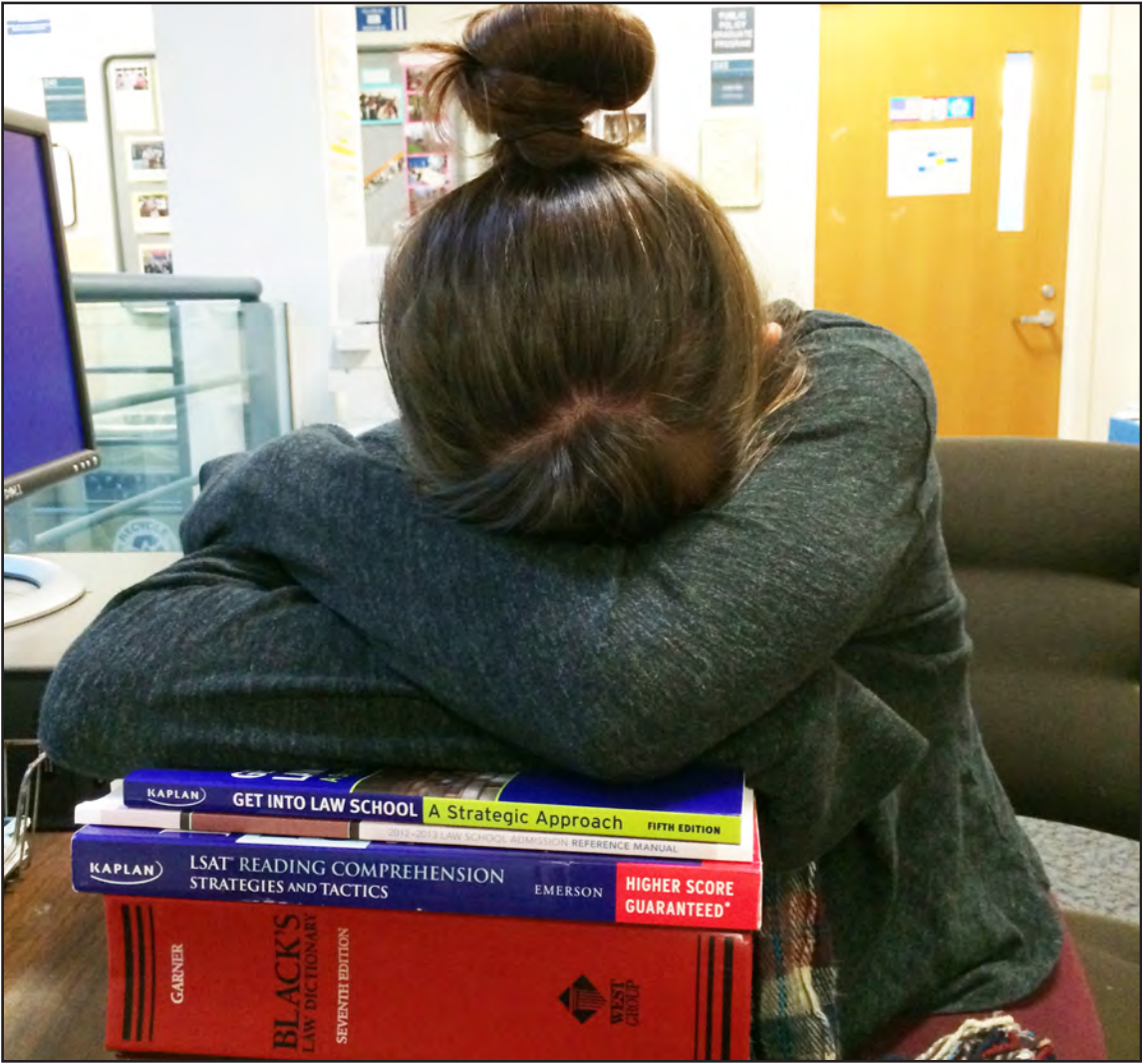


PHOTO TAKEN by Christopher Orlando

Preparing for the LSAT can involve months of preparation via classes, study guide books and tutors.

Lagvilava has been attending George Washington University for the past two years. She had advice for any student thinking about the LSAT or law school.

"Start studying for the LSAT as early as possible and find out what works for you. It's more about how your mind and less about the strategy," said Lagvilava.

Dylan Maynard, senior political science major, took the LSAT on Oct. 5th. Maynard said he would like to go to Georgetown or NYU. He said of the LSAT, "I personally felt very comfortably and confident with how my test went. Before the

LSAT I was hoping that reading comprehension would be the experimental and logic games would be section 1; both of which happened."

Lagvilava continued, "Apply smart, do not just send your applications to top law schools have back ups. Think about the geographic area you want to be because most likely you will end up staying in the area where you went to law school.

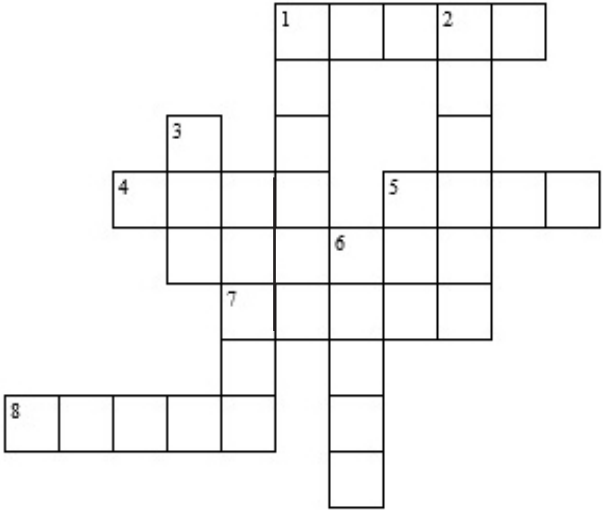
Lagvilava added, "Think about what is your ultimate goal for example if you go to law school in NYC you will most likely do cor-

porate, in DC, it's all government/regulatory related. In Philadelphia, you will probably focus more on litigation."

Maynard said, "Since I have not received my score yet, I obviously do not know if my sense of confidence is misplaced, but definitely do not think I will be unpleasantly surprised by my score."

Lastly, Lagvilava said, "Go to the best law school you get into! In this market you can not afford to go to law school that's cheaper but lower ranked. You will find out the hard way during your 3L job search."

United States Bill of Rights Crossword



- Down**
- 1. Right to not self-incriminate one's self.
 - 2. Right to bear arms.
 - 3. Right to a speedy trial.
 - 6. No cruel and unusual punishment.
 - 7. Any rights not listed belong to the people.

*Stay Tuned for Next Week's
World War II Crossword*

- Across**
- 1. Congress shall make no law restricting freedom of speech, press, religion and assembly.
 - 4. Protects rights not listed in the Constitution or Bill of Rights.
 - 5. No illegal search and seizure.
 - 7. No soldier shall be quartered without the permission of the homeowners.
 - 8. Right to a trial by a jury of your peers.

ANSWERS: DOWN: 1) Fifth 2) Second 3) Seventh 4) Eighth 5) Fourth 6) Sixth 7) Tenth ACROSS: 1) First 2) Second 3) Third 4) Fourth 5) Fifth 6) Sixth 7) Seventh 8) Eighth

Should Newspapers Endorse Political Candidates?

JESSICA ROBERTS
ASSISTANT POLITICS EDITOR

A newspaper’s job is to report a story based on the facts and what the pulse of the community is. However, more and more newspapers are beginning to endorse political candidates. Does this affect their credibility?

This past New Jersey campaign season, the *Star Ledger* made two different endorsements. The endorsement for the Senatorial Special Election was made for Cory Booker, whom now we refer to as Senator Booker. With overwhelming support for the success that Booker has had with his mayor career, accordign to the Editorial Board at the *Star Ledger* felt he would be the best candidate to represent New Jersey in the Senate.

They refer to his “economic development, reducing violent crime, building affordable house and parks” to a list of credibility that made Booker the best candidate for the Senate.

They also stressed his ability to “cross party lines” which is something they felt important for people in the government to be able to do successfully. Referring to him as sensible deals, hoping that with a candidate like Booker there could be some real discussion within the Senate on progressive change that would not have to be so highly influenced and rejected by political ideology.

However, the *Star Ledger* was not the only one to endorse Booker. During the election there were also endorsements for Booker from the *Philadelphia Inquirer*, *Courier Post*, and *Asbury Park Press*.

John Morano, Professor of Journalism and Advisor *The Outlook*, said, “There has certainly been a

long tradition of newspapers endorsing political candidates. In fact, *The Outlook* has on occasion endorsed candidates for the University presidency. So, the short answer to your question is yes, it can be a useful practice, depending on a few conditions.”

Morano continued, “I would hope that the newspaper is acting with the best interest of their readership in mind. Normally, the opinion would be produced by the editorial and/or the political writers. One would hope that the opinion is not influenced by any special interest, ownership, advertisers or post-election access. In the end, readers should be able to expect a well informed, researched and vetted opinion.”

The *Philadelphia Inquirer* stressed their hope for Booker to take his time and experience from being mayor and apply it to his new seat in the Senate.

They stated, “He supports the Affordable Care Act, having increased the availability of health care as mayor, which reduced expensive emergency-room visits. Beyond punishing crime, he wants to reduce recidivism with more effective prison counseling and education. A supporter of urban farms as mayor, he would back efforts to reduce the nation’s carbon footprint as a senator.”

The *Courier Post* reflected on Booker as “our best hope” stressing the need for someone like Booker who they see as “reasonable.” Agreeing with the comments made by the *Ledger*, the *Post* speaks about the extreme ideological issues in the Senate and house currently and how they feel there is a need for someone like Booker to even out the agenda.

While the *Asbury Park Press*

takes a different approach from the others, starting out with scolding Booker and giving him an endorsement that was not as flattering as the rest.

They expressed Booker to be a “clear choice” for the Senate seat, only because his opponent was out of touch with what the state of New Jersey wanted in their Senator and the positions they held.

Dr. Michael Phillips – Anderson, an associate professor of communications said, “I think it is fine that they endorse, there is a long history of it. We expect that the opinion and news sections of newspapers are separate, even though we know that they are sometimes crossed over.”

“I think it can be useful in that we tend to seek out media that agrees with our positions so that their endorsement might reflect what we might be interested in in a candidate. It does not have much effect on the news, on the credibility of it.” Phillips-Anderson continued.

Jennifer Pacheco, a senior psychology major, said she believes that newspaper endorsements hurt the unbiased atmosphere that newspapers are supposed to have.

Pacheco said, “In the past newspapers were devoted to remaining unbiased and sticking to just the facts. Allowing them to endorse political groups is polarizing. I mean how many people refused to watch *Fox News* because they knew their political preferences?”

Morano stated, “If political endorsements are given to further some corporate or special interest agenda, then certainly they can do great harm. In a sense, it can be a dangerous abuse of the First Amendment.”

Morano continued, “The intent of the First Amendment is to provide citizens with truthful, useful infor-

mation. Endorsements that serve special interests manipulate voters, rather than informing them, and as a result, might undermine the election process and corrupt the resulting government.”

What is interesting for *The Star Ledger* is that while supporting the Democrats with Booker in the Senator race, their support for Governor went to the Republican side of the aisle. They explained Christie as the “most remarkable political talent America has seen since Bill Clinton,” referring to his great political skill, however not so great governor skills.

They go on to talk about how his record may not be so great with a weak tenure bill reform, property tax burden that has grown, and how little he has done to improve the environment by draining over a billion dollars from the clean energy funds.

Yet their endorsement comes from the fact, they do not see much potential in Barbara Bouno, whom they claim to be a “weak opponent.” Referencing her stance on education, as against charter schools and support for a “traditional” union contract, voting against pension and health care reform, and called her choice as lieutenant governor “a little-known union leader with no experience in elected office, and spotty voting record.”

The Star Ledger states, “The endorsement of Christie comes with the hope that Democrats hold control of the Legislature to contain his conservative instincts.”

Phillips-Anderson commented on *The Star Ledger’s* endorsement, “It is surprising how negative the (*Star Ledger*) is of Christie, that they lay out a strong case for his almost total failure as a governor, (school reform, pension reform, taxes, environmental record after Sandy ter-

rible). They seem to mainly praise him for his style but if his style is either so good or so useful why he has not accomplished more, they kind of overestimate it.”

Arielle Giordano, a law student and graduate from the University, commented, “Endorsing Christie, could just be a public appeasement move. NJ [overwhelmingly] supports Christie, due to his successful handling of Sandy, as well as his seemingly moderate views with regards to social issues (he dropped his appeal to the passage of gay marriage). I feel as though endorsing Buono would hurt readership, and simply because she’s trailing so horribly in the polls.”

Giordano continued, “A lot of news outlets jump on the bandwagon of popularity in order to appease their readers. Booker was leading Lonegan, which could explain their motives for supporting him as well.”

“So in their case, it may not be motivated by politics, but more so by readership considering how dismal the newspaper market is currently looking.” Giordano said.

Morano agreed with Giordano, “I believe newspapers endorse candidates, generally, primarily, because it stimulates readership. In other words, it sells papers. And, as I mentioned before, there is a long tradition of the practice.”

Morano concluded, “Also, I think readers more or less expect it from their papers. Certainly, when it’s done with integrity, responsible political endorsements can serve the public in a way that the writers of the Constitution would have been proud of. And, it often does just that. Good journalists are in a position to research political candidates with a zeal, an expertise if you will, that many citizens might not have the time or ability to do on their own.”

Booker: “It is Officially Past Midnight, Marriage is Now Equal in NJ”

Marriage continued from pg. 1

Massachusetts, Minnesota, New Hampshire, New York, Rhode Island, Vermont, Washington as well as the District of Columbia.

The ruling that was appealed was *Garden State Equality v. Dow*, where Superior Court judge Mary Jacobson, ruled that the state of New Jersey must begin officiating same-sex marriages starting Monday.

In her opinion, Jacobson said, “Same-sex couples must be allowed to marry in order to obtain equal protection of the law under the New Jersey Constitution.”

Prior to Jacobson’s ruling, New Jersey same-sex couples could only obtain a civil union. Marriages between a man and woman are recognized by the state and federal government. According to the federal government, heterosexual married couples have 1,138 rights including social security benefits, workers’ compensation and the right to visit sick or injured loved ones and have a say in life and death situations.

Another issue is that if a same-sex couple that has a civil union moves to a state that does not recognize this union, they do not receive the benefits they are guaranteed in another state.

According to *USAToday*, Assemblyman Reed Gusciora of NJ Legislative District 15 is openly gay, said, “Equality has won out once again and I thank the Supreme Court for ruling on the side of justice.”

Dr. Rebecca Sanford, associate professor of communication, is pleased with the court’s ruling and

the Governor’s decision not to continue his appeal.

“For my part, I was delighted to learn that Gov. Christie withdrew his appeal. Marriage offers both advantages and responsibilities recognized by law and I believe adults in relationship with one another should make decisions as to their marriage partners should or should not be, not state or federal law.”

Dr. Nancy Mezey, associate sociology professor, said, “Both the NJ Supreme Court’s denial of the request for a stay and the Governor’s withdrawal of his appeal are good for the fight for equality for same-sex couples. But what we have to remember is that these two events are a small, albeit important, part of a much larger social movement that has been growing and gaining momentum over the past 40-50 years.

Sanford said, “Same-sex couples afforded the legal recognition that other couples have long taken for granted would have far fewer hoops to jump through in areas of finances, housing, employee benefits, and child custody, to name a few. Such recognition strengthens family units which, in turn, benefits society.”

Christie has been considering a presidential run in 2016 as the Republican nominee. He has been asked the question multiple times and said he is considering all options. According to an *NJ.com* poll, 77 percent of people believe that will run in 2016 while 18 percent believe he will not.

James Dalton, junior math major agreed. “I would say it’s more igno-

rant than homophobic. The real reason Christie, is playing the anti-gay marriage card is probably to appeal to NJ Republican base. He is on the radar as 2016 presidential candidate,” said Dalton.

Professor Gregory Bordelon, lecturer of political science and sociology, Christie will have to play the situation carefully if he has national ambitions.

“He’s leading by such a distance in the polls for gubernatorial reelection, it seems to be in his favor to let this play out in time and ignore it to the extent he can. Maintaining a passive role in this debate and possibly letting marriage equality come to New Jersey via the courts is a win-win for him, politically,” said Bordelon.

Bordelon continued, “As to 2016, the issue will be moot by then. With the robust arguments given by Justice Kennedy in the majority opinion in *United States v. Windsor* in June, there is little doubt that marriage will be found to be a fundamental right and marriage equality the law of the land for the states by the time Christie directly positions a presidential campaign.”

Michael Rosas, senior communication major, believes Christie is doing this to please his opponents on the left. “I think Christie’s strategy of letting the people decide will let him tell liberals that he was governor that allowed same sex marriage and to tell conservatives that he took the right legal action to stop same-sex marriage, but in the end, the issue was out of his hands,” said Rosas.

Rosas continued, “I strongly

disagree that civil rights should be ‘voted’ on by the people, even if the outcome is favorable towards progress. I see this move by Christie as an example of a lack of leadership and I’m extremely happy with the courts’ decisions.”


Mezey said, “We have a strong representative democratic process in place. Through that process history has shown that our country moves generally - although sometimes slowly - in the direction of inclusive policies and civil rights. I am not sure placing issues that involve social inequalities on the ballot would

lead to the same results.

Senate-elect and Mayor of Newark Cory Booker performed the first same-sex marriage in the state at 12:01 am on Oct. 21. According to a *NJ.com* article, Booker said prior to the marriage ceremony, “Tonight we’re going to be marrying people in Newark, I know they’re going to be doing it here in Jersey City,” he said. “That alone is a testimony that the arc of the moral universe is long but it bends towards justice.”

Booker said at midnight, “It is officially past midnight, marriage is now equal in New Jersey.”

New Jersey Special Election Results



Democratic Candidate Cory Booker won NJ Speical Election by 10 points

Booker: 54.6%

Lonegan: 44.4%

ACCORDING TO: Politico

Spooky Seasonal Snacks

FABIANA BUONTEMPO
OPINION EDITOR

Halloween is right around the corner and those who like to celebrate the holiday like 10 year olds are sure to be costume shopping, hanging up spooky decorations and making festive recipes. One of the great things about Halloween is that it is a holiday that can be fun without having to spend tons of money.

Even students on a budget can partake in activities associated with Halloween. This is definitely the holiday for those who love DIY projects. Aside from saving money on homemade costumes, yummy, festive treats can be made as well for those hosting Halloween parties or attending as guests. If you are looking for something to spark your creative fire, Pinterest is an awesome site to check out for those who haven't jumped on the bandwagon yet. Anything related to fall and Halloween recipes can be found on the site and the app, including detailed recipes and mouth-watering pictures.

Search Halloween recipes on Pin-

terest and dozens of pages will pop up with countless spooky treats. One of the many recipes found on Pinterest is a simple snack perfect for any party, ghost pretzels. Using pretzel sticks, melted baking white chocolate, a tube of black icing for the faces and clear plastic bags, you have a yummy treat in a matter of minutes.

If you are a fan of candy corn, prepare yourself for this one: no bake salted caramel, candy corn bark. If the title didn't hook you, wait until you hear how to make it. Place waffle style pretzels on a baking sheet lined with wax paper. Then, melt caramel bits until the caramel is a luscious, smooth consistency and evenly coat the pretzels. Place melted white chocolate over the caramel and top with M&M white chocolate candy corns.

Jennifer Shamrock, lecturer of communication, looks forward to celebrating this festive holiday every year. "A creative recipe I have made in the past is witch hands. I take shortbread cookies and use a fork to make an imprint for the wrinkles of the hand, and then use almond halves for the fingers," she tells.

Sophomore business administration major Brittany Lamb tells of her favorite Halloween recipes. "My favorite recipe is cookie witch hats. I take any flat cookie I could find in the supermarket, and then glue a Hershey kiss to the cookie with melted chocolate. I then take icing to make a little bow on the hat," she said.

An easy recipe from spoonful.com that is guaranteed to be a hit is the beloved pigs in a blanket. Only this time, instead of pigs, there are mummies in a blanket. Junior communication major Alyssa Gray said, "Hotdog mummies are a staple in my house, where my mom makes them every Halloween using crescent rolls."

Using ingredients such as refrigerator rolls, a package of hot dogs and yellow mustard, you'll be lucky if you can make it into the door without everyone grabbing one.

Keeping with the mummy theme, pizza mummies is another recipe to try. Use English muffins, pizza sauce, cheese, and any toppings you like. With some creativity you can have spooky, mummified pizzas in a matter of minutes.

If you've waited until the last minute to making an impressive snack for the big day, don't worry. A last minute Halloween treat that everyone will sure love is popcorn hands.

Made with any kind of popcorn, plastic gloves and ribbon, it is an easy way to please the crowd. Simply stuff the plastic gloves with the popcorn, twist and tie orange or black ribbon to hold in place. Pick up a jug of apple cider and it will look like you've been prepared for weeks.

Halloween is getting closer, so make sure you're ready for any party you may be attending. Use these recipes or do a search on Pinterest for spooky treats everyone will enjoy.

Halloween Hot Spots

TAYLOR KELLY
LIFESTYLES EDITOR

Are you looking for a fun night out that will get you into the Halloween spirit? Whether you want to be spooked by something haunted or dress up and hit the town with friends, there is something around the area for you.

An obvious choice is Six Flags Great Adventure's Fright Fest. Located in Jackson, it's not too far of a ride. The thrill of Six Flags' classic rollercoasters is not the only attraction to the famous theme park this season. You will be greeted by ghastly creatures while roaming around the park and even have the chance to see shows and presentations tailored to fright.

New attractions include the Straw-Man Stalkers and the Manor, which is a tour of an abandoned haunted house. If you're not up for the extreme scares, you can still get your adrenaline pumping on rides like Kingda Ka and Nitro. You have to hurry, because this Halloween-inspired event will only be running until Oct. 27.

Spanish and elementary education major Jessica Dayton said, "Even though the haunted trails cost more money, they are worth it. The insane asylum was so scary, but so fun."

C. Casola Farms in Marlboro will be featuring their Haunted Hayride of Terrors on the weekends through Nov. 2. There are also three other attractions: a 3D Haunted Barn, the Haunted Wooded Trail, and the new Living Maze.

If you are brave enough to go by foot, you can walk through the back woods or get trapped in a labyrinth, but beware of who may be joining you. If you want a bit of a scare with the safety of transportation, the hayride

would be a better option. The hayride is \$15 alone, and the rest of the attractions are \$12 each. If you want to experience them all, you can purchase a pass for \$40, or \$50 if you want to cut all of the lines. No matter what you choose, you're sure to get a thrill.

The Strathmore Art Theater in Aberdeen will be having a midnight showing of The Rocky Horror Picture Show every Friday night. If you're a fan of the cult classic, you can see it be brought to life with a full cast on stage. Oct. 25 and 26 will be the Two Night Extravaganza, with two different cast lists, audience participation, and a costume contest.

If you're in the mood for fun instead of fright, there are places around that will be hosting Halloween-themed events. Belmar's summer spot D'Jais will be having its Second Annual Halloween Costume Ball. With cash prizes for the best costumes, you should get creative and dress your best. Advance tickets are available online at www.djais.com for \$20. The event will be taking place Oct. 26, with Happy Hour beginning at 8 pm and the party lasting well into the witching hours.

Also on Oct. 26, The Draft House will be presenting a costume contest. The best costume will win a \$1,000 cash prize.

The Avenue in Pier Village will also have a costume contest with a \$1,000 grand prize. Taking place on Nov. 2, you have extra time to plan your elaborate ensemble.

Whether you're looking for a spooky way to spend your night, or an entertaining, yet unfrightening way to celebrate the season, there are plenty of places around the area to go. Just be ready for the thrills, horrors, and fun you may encounter.



PHOTO TAKEN from Pinterest.com

Candy corn bark is a simple snack that will please the crowd.

Halloween Costume Craze: Minions, Miley and More

JACKLYN KOUEFATI
EDITOR-IN-CHIEF

Halloween is the one day a year people can dress up as whatever or whoever they want and enjoy themselves. The costume options are endless. From couples costumes, to scary costumes, to sexy costumes and funny costumes, Halloween is sure to bring out everyone's fun side.

Already assembled and accessorized costumes can be purchased at stores like Party City. For women, their costumes range in prices as low as \$29.99 to as high as \$139.99. The prices may be high but most costumes include all of the accessories so the buyer does not have to run around from store to store trying to find the proper accessories to complete the outfit. The top women's costumes according to Party City this year feature themes such as cops, devils, witches, superheroes, animals and neon-colored monsters.

The top costumes for men according to Party City include cops, superheroes, animals and television and movie characters. The men's costumes tend to be cheaper but can also reach as high as \$199.99. This is because the men's costumes do not include as many accessories as the women's costumes do.

Couple and group costumes can be more fun than dressing up on your own. Common couple costumes that can be purchased at Party City are Batman and Batgirl, Superman and Superwoman, a football player and a referee, peanut butter and jelly, ketchup and mus-

tard, ninjas and firefighters. The couple costumes sold at Party City range from \$29.99 to \$54.99.

Group costumes can be worn as a toddler or an adult. These are meant for big groups such as families or a group of friends. Popular group costumes are 1920s themed costumes, superheroes, Disney princesses and television, movie and game characters. All of these costumes vary in price.

Jennifer Shamrock, lecturer of communication, celebrates Halloween every year. She even dresses up her pug in a costume. "One year, I dressed in a Winnie

the Pooh adult costume from the Disney store, and my pug dressed as Winnie the Pooh too in a child's version," she said.

Halloween can be an expensive holiday, especially for a college student. A solution to this problem is making a costume yourself. Various ideas can be found on websites like Pinterest, which shows a picture of the costumes and usually gives step-by-step instructions on how to make it. If Pinterest does not have a costume that appeals to you, marieclair.com features an article with 10 easy DIY celebrity and movie icon costume ideas. The

story has a picture of the person you wish to dress up as and lists each item with its price and where to find it.

A simple DIY costume is a cop. According to ehow.com, all you need are a few things to create your own cop outfit. Most cops only wear navy so a navy button down shirt is essential. Then you need a pair of shorts, pants or a skirt in your choice of color. The shirt is worn and tucked into the shorts, pants or skirt. Accessories like handcuffs and sunglasses can be purchased at a dollar store but other items can be made, such as a police badge. It can



PHOTO TAKEN from tokyofashion.com

Costumes can be as easy as using homemade items and face paint to create a unique look.

be made out of cardboard, markers and a little creativity. All of these items can create a cheap and easy to put together cop costume.

When all else fails, face paint can be used to create a costume in minutes. A few examples are using black and white face paint to draw a skeleton face, and using pink and black face paint to draw a nose and whiskers for a cat or bunny. Face paint can be found at Party City and is fairly inexpensive with prices ranging from \$0.99 to \$9.99.

If you are still looking to save, borrowing an old Halloween costume from a friend is another way to go.

Elisabeth Medino, senior and social work major, has done this several times before. "I didn't want to spend the money on a brand new costume so I borrowed my roommates cop costume for a Halloween party," she said.

Even though the costume was worn before, no one had known. Plus, you can make the costume original by doing your hair and makeup differently than the person before you. You can even use different accessories to put a new twist on an old outfit.

According to the *Wall Street Journal*, this year's most popular costumes will include Walter White from "Breaking Bad," Miley Cyrus, and the minions from "Despicable Me 2."

The key to creating a Halloween costume is creativity and thinking outside the box.

When asked if you are ever too old to celebrate Halloween, Shamrock responded, "Never too old!"



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Adult Swim Provides Adult Laughs

PETER QUINTON
STAFF WRITER

"Ladies and gentleman, it's the ERIC ANDRE SHOW!" Consider these first urgent lines more of a warning for you to brace yourself than an introduction, as this latest Adult Swim (a section of Cartoon Network) oddity is one of the most chaotic, surreal, and captivatingly bizarre shows on television today.

Debuting last year and recently entering its second season, "The Eric Andre Show" is, like much of Adult Swim's original programs, comedy not for the faint hearted, and last week's episode, "Lou Ferrigno; Downtown Julie Brown," was a perfect testament to the show's dedication to outlier comedy.

Brought to you by the same production company behind the brilliant, divisive "Tim and Eric Awesome Show, Great Job!," "The Eric Andre Show" compares heavily to its predecessor with its jarring, occasionally gross-out take on comedy, but differs by focusing itself more into a late night talk show parody centered on the outrageousness of its titular host and dazed, straight-man sidekick, Hannibal Buress (who himself is a rising star in the world of stand-up comedy).

But this is less like a David

Letterman/Jimmy Fallon kind of talk show and more like some strange, public access project where the cast thinks nobody is watching as the show slips into unorganized chaos quickly. On the set of "The Eric Andre Show," nothing is off-limits, and practically nothing is impossible.

A typical episode of "Eric Andre" features a number of hallmarks: Andre savagely destroying his set and maiming himself in the intro; Andre doing intentionally bad stand-up as Buress ridicules him; guest interviews are made as awkward as possible. Even its most predictable elements are done with such intense spontaneity and conviction that you can't help but be knocked back every time.

The 'guests' on the show only add to the discomfort, as they're either D-list celebrities (who are often bewildered by Andre's antics) or blatant imposters of celebrities like George Clooney and Russell Brand. Yet no matter what, Andre makes every interview unique with his willingness to go to incredible lengths to weird people out.

This week's episode featured none other than Lou Ferrigno (the original "Incredible Hulk"), who, as stone-faced as he is, could barely keep his composure as a scrawny Asian man in



PHOTO TAKEN from firstorderhistorians.com

Eric Andre is recognizable to audiences from television shows like "Don't Trust The B in Apartment 23" and movies like "The Internship."

Hulk attire invaded his personal space. In the show's second interview, featuring "Downtown Julie Brown" (who I'm not sure is fictional or not), is completely derailed by Andre as he shoves powdered donuts into his mouth, asks her questions through a distorted microphone, and abruptly shoots one of the crew members (all of this happens, I should add, within the span of a minute or two in the show's first ten minutes!).

However, the "talk-show-gone-awry" setup is only one side of the show's twisted coin. The other half of the program includes Jackass/Punk'd styled segments where Andre (and oc-

asionally Buress) go out on the street to weird people out in a variety of ways, from asking random moms if he could hold their baby to crashing a MENSAs convention dressed as a knight.

This is where Andre truly shines as a fully committed and brilliant physical comedian, as he always stays in character no matter how absurd things get. In last week's episode, we see Andre, donning a suit and Bluetooth, screaming and shouting obscene business lingo and projectile vomiting on a busy Wall Street sidewalk, even confronting some fellow yuppies for stock tips while puking right in front of them. It sounds like

pure toilet humor on paper, but Andre's stern conviction and determination to push the envelope through the whole segment makes it all the more worth it—and hilarious at that.

Part of the fun of watching "The Eric Andre Show" is honestly never knowing what exactly is going to happen next, as things often just happen with little reason or explanation. Near the episode's end, Andre and Buress are just having a conversation when two doppelgangers sit beside their respected other and mimic everything they say, all before a strange woman comes out of nowhere and starts harassing the real Buress for cheating on her. There's no introduction, no explanation for any of it, and before you know it, the show's over. Few shows can pull off such rapid-fire spontaneity in such a sublimely surreal manner.

As unique as it feels, "The Eric Andre Show" is certainly geared towards the particular crowd of viewers that have been eating up Adult Swim's various curiosities for years, and if you consider yourself a part of that audience, then this show's clearly for you. If you're not a regular watcher of Adult Swim and want to experience comedy that's ferociously bizarre, I'd highly recommend "The Eric Andre Show." However, please, proceed with caution.

The Outlook's Top 5 Women Who Rock

NICOLE MASSABROOK
ENTERTAINMENT EDITOR

There are few things I love more than a good rock band with a woman on lead. Maybe it's because I grew up in the era of "Buffy the Vampire Slayer" and the Spice Girls' "girl power" trend or maybe it's just because I wish I was a rockstar. Either way I really love girls who rock, so why not share my top 5? They might not be on the level of Stevie Nicks and Joan Jett yet, but they'll get there one day.

1. **Gwen Stefani** has more re-

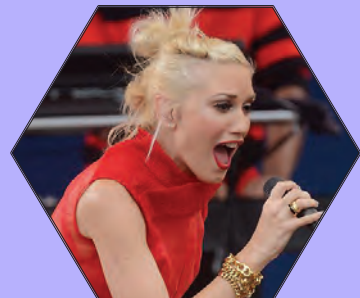


PHOTO TAKEN from news.com.au

cently been in the spotlight for her pop career and her fashion line, but she is coming back to rock music with No Doubt. When the band went on a reunion tour in 2009, Stefani performed all of their high energy hits without missing a beat. It was like they hadn't taken a break at all.

Stefani is what makes No Doubt different. The Orange County native is pretty, but tough (her arms rival Michelle Obama's). Her voice sounds like no one else, which makes it perfect for the blend of rock and ska that No Doubt plays. Her style creates trends that extend beyond the world of music and into the world of Vogue. The boys of No Doubt definitely have talent, but Gwen Stefani is what makes people look at them. The fact that she can still do all of this after 20 years of playing music is pretty amazing.

2. **Grace Potter** slides under the radar just a little bit with her band Grace Potter and the Nocturnals. The band has been around since 2002 and have been slowly and steadily gaining momentum since then. With her insanely amazing voice, it would be hard to not give her a place on this list.

The Vermont-native released her band's fourth album in summer 2012 with "The Lion, the Beast and the Beat." On her first three albums, Potter had a lot of southern overtones, but she finally ditched them on her latest album. The disc is a throwback to 60s and 70s rock, and if that's what you're into, it's perfect. Her raspy voice is reminiscent of Janis Joplin, and her guitar licks are killer. The singer cites The Rolling Stones and Billie Holiday among her influences, and that shows in her music.

The band has been quiet for a while now, leading many to assume that a new album is in the works. No official announcements have been made, though.



PHOTO TAKEN from msumadvocate.com



PHOTO TAKEN from stageshottz.com

3. **Lzzy Hale** is the frontwoman of Philadelphia band Halestorm. A lot of female-led rock bands tend to be relegated to pop radio (which isn't always a bad thing), but Halestorm manages to consistently stay on rock stations far more.

The singer started playing piano when she was 5 years old, moved on to keytar in middle school and progressed to guitar at 16 years old. She has also been around longer than most listeners realize. She started Halestorm with her brother, Arejay, in high school. They released their first EP in 1999 and have since released five additional EPs and four full length albums. If that doesn't show their dedication, playing over 250 shows a year certainly does. The band has been touring almost non-stop the last few years.

They currently are opening for Shinedown and Alter Bridge on their UK tour.

4. **Taylor Momsen**, of The Pretty Reckless, is basically the Courtney Love of the millennium. Most audiences know her as Cindy Lou Who in "How the Grinch Stole Christmas" or Jenny Humphrey in "Gossip Girl." Needless to say, people were a bit shocked when Momsen started wearing lingerie on stage and talking about masturbation in interviews (she was 16 years old). There are a lot of reasons to find Momsen questionable, but her talent is not one of them.

Momsen has the raspy voice of Courtney Love, and she is pretty much what has been missing from grunge music for a while. Her voice only adds to a great trio of musicians behind her, which is surprising for a band that a label put together. Older musicians helped Momsen cultivate songs that sound completely different from the pop that most 16 year old singers do.

Momsen, now 20, is gearing up to release her second album. Like many rockstars, Momsen remains committed to raising eyebrows. She appears completely naked, holding only a snake and an apple in her latest music video for "Going to Hell." She is currently headlining her "Going to Hell" Tour, which will stop in New York and Philadelphia in early November.



PHOTO TAKEN from soundspike.com



PHOTO TAKEN from storeenvy.com

5. **Hayley Williams** is considered by some to be a pop star, but if you'd seen her live, you wouldn't question her rock n roll capabilities. With Paramore, the Nashville native rocks out. There are no costume changes, dancers or backing tracks to be seen. It's the music and the band's energy that makes the show.

Williams got signed when she was 14, before meeting the four boys that would form Paramore. She brought the boys to her label, and Paramore released their first album when Williams was 16. The band released their fourth full length album this year, the first since the departure of Josh and Zac Farro. Like any smart woman after being left by a man (or two), Williams held her head high and announced that Paramore would start work on their next album. Paramore continued as a trio (with Jeremy Davis and Taylor York), seemingly, without any snags. Their self-titled album, released this summer, has done incredibly well. It was their first album to place at number one on the Billboard Top 200.

These women, despite their differences, have a lot in common. They prove that they can play with the boys and they have immeasurable talents. They're rare in their genre, and they set an example for girls everywhere: Don't let the boys stop you from having fun. That's why they're my top women in rock.

JULIAN SANDS CELEBRATES HAROLD PINTER

NICOLE MASSABROOK
ENTERTAINMENT EDITOR

Julian Sands spoke at Pol-lak Theatre on Friday Oct. 18. The renowned actor presented “A Celebration of Har-old Pinter,” his own lecture on the famous playwright. Sands has been in Oscar nominated movies such as “A Room with a View” and various television shows, includ-ing “Smallville” and “Dex-ter.” It’s easy to see why there would be a celebration of Pinter. The English play-wright and actor won the Nobel Prize for Literature in 2005. Sands referred to him as the “defining dramatist of the twenty-first century” (though Sands mentioned that, ac-cording to Pinter’s widow, Pinter would have given that title to Samuel Beckett). Pint-er is definitely considered one of the great playwrights of the era, having written 29 plays and having won count-less awards (including a Tony). Sands came onstage in his suit to a stage that was al-most entirely bare, with the exception of a small table with some books and notes for Sands to read from. Sands rarely read from his books and notes. He would hold them up, but mostly, he had the material memorized. Sara Rimassa, junior Eng-lish and education major, re-ally enjoyed this aspect of the performance. Rimassa said, “I thought he was great. I

mean, he’s so dynamic and just the way he read. I thought, per-sonally, that he was just going to be reading from paper, but he was almost acting and engaging with us personally. It made the time fly by. Sands’ presentation wasn’t exactly a lecture, but it wasn’t quite a one man show either. It was more of a conversation. The audience was asked to move out of their assigned seats and closer to the stage for the inti-mate show. Throughout, Sands made eye contact with audience members, helping to engage them in his discussion. Sands was clearly well-re-searched for the event. He knew Pinter on a personal level in the last years of his life, but his sto-ries were often marked by a ref-erence to another person in who had a relationship with Pinter (usually Pinter’s wife, Lady Antonia Fraser). Sands discovered Pinter in high school when he was cast in “The Birthday.” Professor Mi-chael Thomas, Associate Dean of the School of Humanities and Social Sciences, first read Har-old Pinter as a freshman in col-lege and also saw “A Room with a View” during college. He was a fan of both and enjoyed the event. Thomas said, “...I feel like there are these ways that the arts in different art forms, whether it’s plays and drama, movies and lit and poetry can come together, but that doesn’t always happen so seamlessly, so fluidly as we saw tonight. He brings together the movement of the actor, the sounds of the actor, but also the poetry, the

narrative of the life of Harold Pinter and the great sorrow and love of his marriage, all in this two hour session.” Though there were gaps in the audience after the intermis-sion of the two hour show, the audience that stayed until the end really seemed to enjoy the show. Meghan Vannote, a ju-nior with an English major and creative writing minor, was not forced by a professor to attend, but simply want to go out of in-terest. “It was for extra credit, so we didn’t have to go,” Van-note said. Though Sands’ re-sume may have contributed to her interest. Vannote mentioned that while she didn’t know much about Pinter, “I knew that [Julian Sands] was on ‘Dexter.’” Rimassa and Vannote both agreed that the presentation made them much more inter-ested in Harold Pinter, whom they weren’t very familiar with beforehand. After the show, Sands changed out of his suit into a more comfortable t-shirt and jeans and fielded questions from the audience. He was asked many questions about everything from “the Pinter pause” to Pinter’s religious views to how Pinter might view social media. Sands was sure to remind the audience that he was not the definitive source on Pinter and he was simply answering questions to the best of his ability. For more information on future events from the Center for Performing Arts, check out www.monmouth.edu/arts.

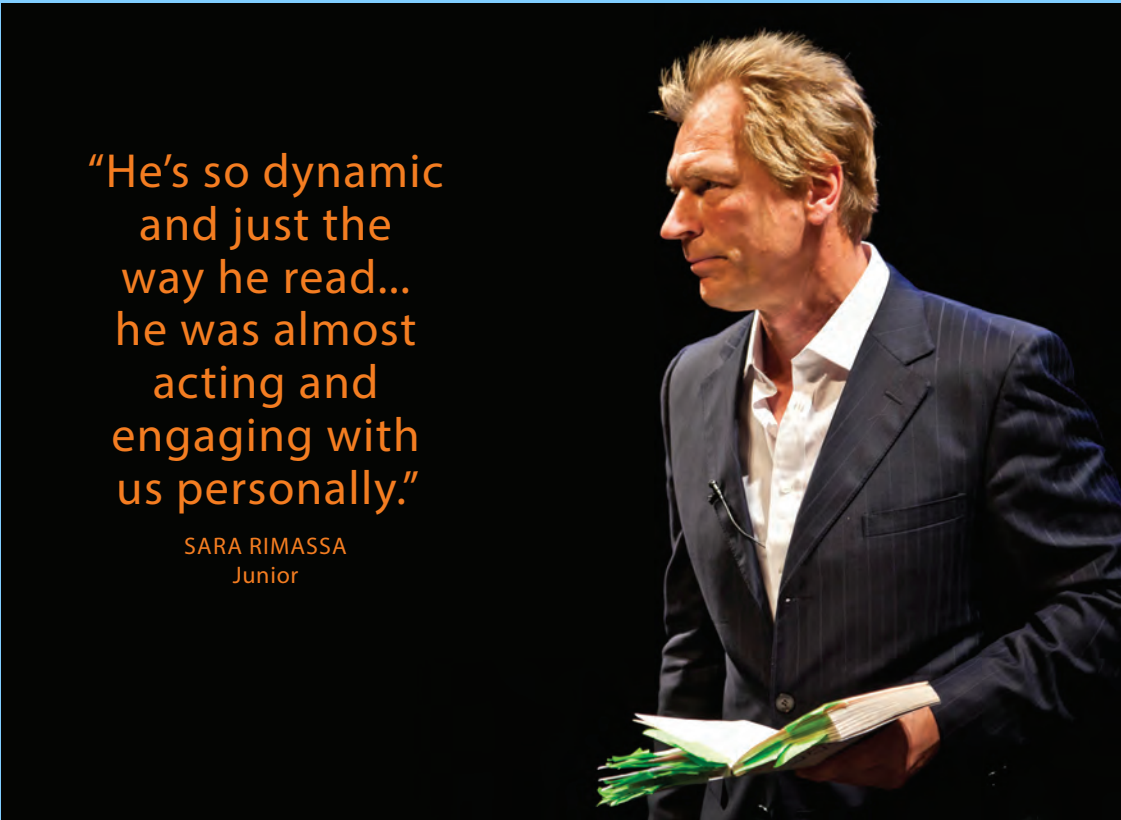


PHOTO TAKEN from baylinartists.com
Julian Sands originally only intended to do this performance once in Los Angeles, but the positive response encouraged him to bring it all over the world over the past couple years.

“CARRIE” IS NOT VERY SCARY

ANNA CHAMBERLAIN
STAFF WRITER

We can all agree that being a high school student is tough. It is hard enough dealing with relationships, schoolwork, and finding your own identity. Then throw in telekinetic powers, a vengeful queen bee, and a religious fanatic for a mother and you have entered the world of Carrie White (Chloe Grace Moretz). “Carrie” follows Carrie White (Chloe Grace Moretz), a girl who discovers her telekinetic powers, as she deals with bullies and a mentally unstable mother (Julianna Moore).

As a fan of horror movies, I was disappointed with this up-dated version of Stephen King’s novel “Carrie” which has been transported from the seventies to today’s society. Director Kimberly Peirce said in an article from *The New York Times* that she “wanted to get inside this girl’s journey. And particularly her bond with her mother, which was huge for me.” However, there are weird camera angles that made cer-

tain scenes appear, for a lack of a better word, awkward and brought me out as a viewer. For example, there are multiple times when the camera is facing upward, getting a lovely shot of Carrie’s nostrils instead of her face during key moments when she is breaking ground in her character development. Those points were made to be point-of-view to create the fly-on-the wall effect, but it did not achieve that goal.

Overall the plot moved at a decent pace. There were some stagnant scenes that were not featured in the original, which helped the plot move fluidly. However, most of the film seemed a little too light-hearted leading up to a few gory mo-ments that left me nauseous, more than they left me on the edge of my seat. The comedic scenes did break up the little suspense the film had, but this movie felt more like a sequel to “Mean Girls” than a horror flick. There was not much tension built up. There were key scenes that could have been emphasized more in the story. In the original version, when Sissy Spacek gets the pig blood poured on her, the crowd goes silent, and red lights are shone on the actress’s face. There is dead silence with the exception of the buzzing red lights, emphasizing her enraged crystal blue eyes as the camera comes in for a close up. That image, when first I saw it at age thirteen, gave me nightmares for a week. There was nothing of that intensity or suspense in this version. However, there is one aspect that was highly improved from the original movie. In the 1976 version, the characters seemed one-dimensional. Chris was simply the mean girl, Carrie was the bullied outcast, Marga-ret was the crazy, strict religious mother, and Sue was the hero to

the rescue. In this newer ver-sion, each has their own story to tell to explain their actions, each portraying the good and bad. In the article from the *Times*, Julianne Moore mentions that “No one is a villain in their own story...One of Kim’s great strengths as a person and a di-rector is that she gets that.” Peirce does translate that on-screen with her choice of cast. Chloe Grace MorteZ did an adequate job as the scared, na-ïve outcast just looking for a place to belong. She maintained a sweetness about her that kept me rooting for her as she dealt with different situations be-tween her home and personal life. Her co-star Julianne Moore, did a fantastic job playing the role of Carrie’s extremely strict and religious mother. The inten-sity she brings on screen with her personal torment and out-landish actions kept me wonder-ing in suspense of what might happen next. Judy Greer also did well play-ing the character of Ms. Desjar-din, who is Carrie’s gym teacher and later confidant. This version of “Carrie” would earn a B- as a scary film, which was rated R for scenes of graphic gore and adult content. If you want to see something for Halloween without needing to sleep with all your lights on for a week, then this might a good pick.



PHOTO TAKEN from facebook.com/CarrieMovie

Deck the Walls

BRYAN EPSTEIN
CONTRIBUTING WRITER

Holiday decorations fill the shelves all the year round, but specifically in fall and winter, the stores begin to overload with products. Some repeated from past years and others have new products in hopes of gaining more consumers. However, it comes to a point where the amount of holiday items that are for sale, and the timing of when they are put out in the store seems to be ridiculous to some while others it seems to be not enough time.

It seems as though it would be ridiculous to think about some holidays such as Christmas and Hanukkah in months as early as October, but on the other hand some people already have their minds on New Year's Eve and Day plans and started buying decorations and planning for that.

Dr. Eleanor Novek, associate professor of communication said, "It seems that every holiday is now associated with certain types of products instead of religious or civic meaning. Thanksgiving is about Butterball turkeys instead of giving thanks. Mother's Day is about flowers or jewelry instead of expressing appreciation for a family member. Christmas is almost entirely about buying too many things, and hardly about faith at all."

There seems to be a blurred area in how holidays are forming to be such huge gatherings. Whether it be through the stores and corporations releasing holiday decorations months before that holiday comes around or that people have simply formed their own holidays to be so commercialized, at any time right now, consumers can find the products and gifts that they would need in a heartbeat. Then again, who doesn't love the holidays?

Janaya Lewinski, a political science major feels strongly against the pressure that most stores put on their customers. "People are pressured in every single direction to buy things for a holiday due to the fact that there is stuff everywhere," Lewinski said. "Such as the fact that on Valentine's Day it is broadcasted everywhere that one is pressured to have a Valentine," she added.

Lewinski also feels that people are forced to buy decorations months before the holiday making them spend even more than they would be originally spending and more

money than they can actually afford. However, on the other hand Joseph Ruggiero, a freshman communication major, expressed his feelings against the holidays due to the fact that advertising them months in advance takes away from the current and upcoming holidays.

"Christmas shouldn't be advertised or celebrated until the month of December," Ruggiero stated. "It seems to be that the most important holiday that involves family, friends, and football also known as Thanksgiving, is completely forgotten and overlooked. People are more concerned in today's society to get through Thanksgiving as quickly as possible to get it over with and go out shopping for Black Friday which is pathetic," he added.

Roommates Brittany Tiano and Ashley DelVecchio feel quite strongly about the holidays and both agree that holidays are too commercialized.

Tiano feels that by putting out decorations and planning for the holidays ahead of time seems to be rushing things and making times go by faster. The holiday that is occurring at the moment seems to be less important.

DelVecchio agreed with her roommate, Tiano, and feels that the smaller holidays such as St. Patrick's Day has been blown out of proportion.

DelVecchio said, "People celebrate all holidays regardless of their religion, which makes no sense." She added that, "The deeper meaning of holidays of spending precious time with your family has disappeared."

Some people love the fact that decorations and presents for holidays are easily accessible and available in abundance. However, it seems to be that that for some the value in holidays of spending treasured time with your relatives is disappearing.

"Don't blame the stores. People can break the cycle by agreeing to stop the cycle of consumerism," Novek said. "Show people you love them by doing something nice for them. It doesn't need to be fancy. My husband and I give each other I.O.U's for a foot rub or wash each other's cars. Bake somebody a batch of homemade brownies. Make them a music mix. Babysit their kids for an evening so they can go out. Stop shopping so much, and then you won't see the Christmas decorations in the stores in July.



Roommates Brittany Tiano and Ashley DelVecchio (left to right) deck their dorm early for Halloween.

What Are You So Scared Of?

RACHEL GRAMUGLIA
STAFF WRITER

You're home alone and you're watching American Horror Story. The room is dark with the exception of the television and you start hearing noises from behind you, getting closer and closer. As this happens you see a dark shadow getting closer and closer.

Your muscles tighten, heart races, and your breath quickens.

Next thing you know you realize it's your dog that can't see and keeps bumping into walls because of how dark the room is.

This sensation is called fear. Your body initiates a fight or flight response that is so pivotal in any person's survival, even though there was no actual danger at all. However there are multiple questions pertaining to figuring out how the nuts and bolts of fear works. What exactly is fear? Why do our bodies react this way when we become scared? And how can we develop ways in order to conquer it?

Professor Jamie Goodwin of the psychology department said, "What becomes problematic is when our fear reactions are exaggerated and/or misapplied. Overwhelming fear can be paralyzing, and responding to public speaking the way one would respond to a charging mountain lion is not helpful or adaptive."

Fear is a chain reaction that occurs in the brain that begins with a tense stimulus and ends with the release of chemicals that cause an increased heartbeat, quickened breathing, and tight muscles according to Dr. Rajiv Desai, an M.D. who is working in India.

The stimulus can be anything; a spider, a roller coaster, a mouse, or a classroom full of people waiting for you to do a presentation on how biochemistry can save the world—it really can be anything.

According to Julia Layton of howstuffworks.com, our brain has more than 100 billion nerve cells that "comprise an intricate network of communications that is the starting

point of everything we sense, think and do."

Our fear responses are almost entirely autonomic: we don't consciously trigger it until it has actually happened.

Freshman Alicia Torello believes that the only thing to fear is fear itself...unless it's spiders. However spiders aren't the fear that Torello fears the most.

"I'm afraid of bridges over water. I'm not sure why but I have a lot of nightmares about them," Torello said, "Every time I have to drive over one,

For instance a man on a farm will not have the extensive fear of being mugged like someone who lives in an urban area. Depending on the location of the person, the fears may vary.

Freshmen Tom Conley shares a fear that many people across the nation have, a fear of heights.

"My first roller coaster was high up and it traumatized me for the rest of my life," Conley said, "From a humanistic perspective, if I lose balance I'll fall...but being clumsy doesn't help."



PHOTO TAKEN from orkin.com

Some of the most common fears faced by college students include spiders, death, terrorist attacks, war and heights.

I say a Hail Mary."

If we didn't have the ability to be afraid, we wouldn't have the ability to survive for a long period of time. We would find ourselves walking into traffic or wrestling tigers. Layton also wrote, "In the course of human evolution, the people who feared the right things survived to pass on their genes."

In a Gallup Poll conducted in 2005, the poll revealed that the top five fears amongst college students are terrorist attacks, spiders, death, failure, and war. Fear of heights comes at a close sixth and a fear of nuclear damage rounds out the top ten.

Most of us do share the same fears, which will create a bond between us and another person as well as increase the awareness of the fear. Although most of us may share some common fears, for some people their fears will vary.

But don't fear, for that there are ways to conquer your fears. It involves creating your own positive response that counters the negative fear response. As you condition yourself with the positive response to the negative fear response, you'll be able to conquer the fear. Of course it is easier said than done.

Jennifer Shamrock, lecturer of communication, believes that we have to be informed about our fear to conquer it. "A way to overcome our fears is to learn from them," Shamrock said.

Experiencing a fear every now and then is a normal part of every day life. However to live in chronic fear can physically and emotionally be detrimental to your health. We're bound to confront our fears a few times in our lives and those are the moments when you decide whether or not to remain in fear or stand up and conquer it.

Staying Close to Those You Love Most

TARA EGENTON
CONTRIBUTING WRITER

College is a time to create yourself as a new person or further develop your personality through new friendships, new activities and most importantly, new classes. It can be a challenge to stay close to old friends from home or even family. Some students even find themselves balancing a long distance relationship. However, it is possible to stay close to loved ones throughout college.

Junior Sarah Turner said, "I miss my family a lot so I do everything I can to stay in touch from Skype to phone calls. It is just nice to hear my family and friends' voices." Turner believes relationships are always changing, even when you arrive back home for the first time.

"As you go through college you change and grow up so when you go home things are different," Turner said. "My relationship with my parents has evolved a lot since I have gotten used to independence at school."

Dr. Rebecca Sanford, associate professor of communication, commented on students living away from home for the first time. "Students are gaining a sense of autonomy and independence. They're becoming increasingly able to navigate the world on their own," said San-

ford. "But at the same time it changes the roles at home, so we have to renegotiate those roles."

When you return home to finally catch up with old friends, Turner said, "It is easy to reconnect with them because you have so much catching up to do."

Sophomore Danielle Rivera believes staying close to high school friends can be a bit more challenging. "A lot of my old friendships have been replaced with new ones since I'm so far away," she said.

However, when my best friend from high school and I are home, we make it a priority to talk at least once a week just to keep in touch, and when we are home things still feel the same."

Rivera's advice to student is, "It is impossible to come into college thinking that things are going to stay the same. You have to expect that some friendships will change as your life is changing, but those who mean the most to you, make sure you go out of your way to keep them in your life."

Freshman Jamie Himmelreich of Middletown has been dating her boyfriend since September 2012. Even before she started at the University, she was in a long distance relationship with her boyfriend who resides in Hamilton, NJ, an hour away from where she lives. "Every chance we get, we text and try to talk on the phone or FaceTime at least once a week, even if it is only for five to ten minutes," she said.

Himmelreich believes seeing the other person's face or hearing their voice not only makes both partners feel more connected, but makes them miss each other more rather than feeling like they are growing apart. "The key thing to remember is if you truly love one another enough and you make a considerable effort, it will work out," she said. "Trust is also important since you are separated. A rule my boyfriend and I live by is if you would not want them to do it, do not do it yourself."

Dr. Christine Hatchard, assistant professor of psychology, believes the desire to visit home may become especially strong when students are feeling homesick, stressed, anxious, or even bored. "Connecting with loved ones can help students emotionally refuel which can help them tackle the challenges of college life," she said. "However, students should be careful to not allow contact with those at home to interfere with making new friends and fully enjoying their college experience."

Hatchard suggests students get to know their classmates personally before their class begins instead of texting, build a support network on campus with friends, and invite loved ones to visit their college. "Students should remember that their loved ones are internalized and always with them, even when they are physically apart," Hatchard said.

Gaining Independence in Another Land: A Study Abroad Experience

JESSICA DEIGERT
CONTRIBUTING WRITER

I spent years dreaming about seeing the world, wishing that I was on another continent and in another country for even just one day. It consumed my thoughts constantly and I found myself craving the need for a journey across the lands. The chance to see and experience different cultures and countries only were a fantasy, until I was chosen to study abroad in Spain. My time had come, but all of the amazing emotions and wonderful experiences ahead, I was not prepared for.

Nobody truly knows what it is like to live in another country, until they are there. I was lucky enough to have the opportunity to live with a host family in Cádiz, Spain for six weeks this past summer, thanks to the University's Study Abroad program.

The emotions that came over me were sheer excitement leading up until the day that I left America. Having never lived away from home before (not even in a dorm because I commute), it was harder on my family when it came time for goodbye, but it subdued once I boarded the plane. A journey I'll never forget is now an ocean away.

Although it was very overwhelming at first, between the jet lag and the traveling to my apartment and host family, my excitement outweighed it all. It was not only another country, but my new home for a few weeks. The moment when I arrived in Cádiz and saw that crystal clear ocean, it felt like a dream. Was I awake? I sure was, and meeting my host family brought the welcoming to a wonderful fruition.

It does take a few days to adjust to the new surroundings, culture and the time zone. I never expected to be homesick, but it did happen. I quickly learned to never say never and that when I admitted to my homesickness, I felt better. Everything is a change and I rolled with it. I knew that this opportunity was

once in a lifetime, and not to waste it by any means.

"Being able to spend six weeks abroad in Spain with a host family was truly an amazing experience. You really don't know what life is like outside of the U.S. unless you live life through their eyes. I made so many friends and learned so many things that I can't understand any excuse not to study abroad," said Bryan Cucinotta, a Summer 2013 Study Abroad student.

It's one thing to move away, but to move away to another country is a whirlwind in its greatest form. One learns so much about themselves while abroad. I sure did. I not only sharpened my Spanish speaking skills, but I learned how to live independently and how to give other cultures' daily lives a shot. Living with a host family is a full immersion as well, and to always be surrounded by such loving people made me embrace this experience even more.

Robyn Asaro, Assistant Director of the Study Abroad Department receives a lot of positive feedback from students who have traveled with the University. "Studying abroad, wherever the destination, is highly rated by nearly 100 percent of past participants with descriptions such as amazing, life changing, and not to be missed. When you continually hear such a high value placed on a study abroad experience you have to ask yourself, why would I ever miss out on this opportunity," said Asaro.

She added, "So many people live fear-based lives or just procrastinate away these precious college years and never bother to apply. Don't do that to yourself, this is one regret you don't want to have because there is almost nothing as awesome as studying abroad, just ask any former study abroad student."

Dr. Alison Maginn, associate professor of Spanish, strongly encourages students to study abroad. "On a practical side it really helps students get jobs but it also gives them

a life-long passion for travelling and learning about people and countries different from their own," she said.

Independence isn't the only treat from studying abroad; friendship is an even better opportunity. Those who started off as strangers could turn out to be close companions that one will keep with them for life. I was lucky enough to have two people who became great friends while overseas. I also made a lifelong friend who I can share these wonderful memories with forever. Having a best friend abroad is amazing, because you always have a shoulder to lean on if or when you need it during these new changes and possible homesickness.

Besides, having a hard time ad-

justing no longer is hard when you and your best friend can explore beautiful lands with gelato in hand.

"I miss studying abroad in Rome, Italy so much. It doesn't hit you until you leave just how much another country can have a place in your heart," said Cristhal Fuertes, a Rutgers University senior.

When I arrived in Spain, I never imagined I would miss it so immensely, because I missed my New Jersey home for the first week abroad. My final day in Spain was an emotional one because I was not ready to let go of my foreign home that I loved so much. When some of our host families lined up to see us off, it hit me hard. These people took me in and treated me like their own.

Nothing could have prepared me for that day.

Although two months have passed since my Spain departure, there's not a day that goes by where I don't think about my study abroad trip. It changes your life. Before, I never thought that I could live on my own with strangers. I never fully comprehended how others could live differently from me. I never even left the continent before, but now, I am ready to tackle the rest of them.

Studying abroad was the best decision that I've ever made. I'm a more empowered and independent person now. Through the University, I can say that I had the time of my life and am filled with memories that were only a dream before.



PHOTO COURTESY of Jessica Deigert

University students who studied in Spain this past summer visited areas such as Sevilla and the mountains of Ronda (above).

The Arc of Monmouth: A One Stop Shop for Disability Services

CASEY WOLFE
FEATURES EDITOR

The Arc of Monmouth is a non-profit organization whose mission is to "improve the lives of persons with intellectual and developmental disabilities and their families. This is accomplished through advocacy services and supports, cooperation with community partners and community education. The Arc of Monmouth also works

large," said Colby.

The major goal of The Arc financially is to increase fundraising. Colby said that the organizations government funding has not seen an increase in recent years while the cost of living has. Despite the difficulty of fundraising, however, Colby has a positive outlook on his job.

"It's a very rewarding place, the fact that we can offer every service that someone would need in

es, employment opportunity and housing for people with intellectual and developmental disabilities and their families. The Arc also provides recreational activities. The organization supports over 1,400 people in the community.

The Achievement Zone is the name of the educational service at The Arc for post high school graduates with disabilities.

Student Emilia Bohniak, 22, is in her second year at The Arc. She attends class at The Arc two days a week and takes college courses through a program at Brookdale Community College called Keep Achieving (Kach).

The three year program allows young adults with disabilities to take college level courses and be guided by a mentor. The last year of the program focuses on finding employment opportunities for the students by placing them in volunteer sites. Bohniak is in her first year at Brookdale. She said math is her favorite because she gets to learn about working with money.

Candace Layton, instructor for The Achievement Zone, said that students at The Arc learn work experience as well.

For example, students travel to other Arc locations selling bagels and snacks around the offices. "It's called the wandering wagon. We do that for a lot of different reasons: of course the money issue,

socialization, communication for those who maybe have a hard time communicating," said Layton. "And it's nice to get out and see the other programs."

Layton said that they also have a peer mentorship program for people with disabilities over the age of 25. These people assist her in daily activities while learning leadership skills.

One of Bohniak's favorite parts of being in the Achievement Zone is when they have a visitor who teaches them how to decorate cakes. Bohniak would like to work as a chef in a restaurant when she finishes her education.

The class is also participating in the production of a film on a grant for students with disabilities. The film will premier this January at a location to be announced.

Jessica Deigert, public relations major who is volunteering at The Arc of Monmouth said that she is excited to assist people with disabilities.

"I wanted to work for The Arc of Monmouth, because I feel inspired by those with disabilities. They always remind me that nothing can stop you from doing anything. Having a place that can help not only those with disabilities, but their family too, is really amazing. I love being able to help out," said Deigert.

The employees are the reason

Danielle Branco, public relations major wanted to volunteer at The Arc.

"I wanted to work with the Arc because what the workers do there is inspiring. Through providing services to help people with intellectual and developmental disabilities get a great education and attain jobs, the Arc is essentially improving lives," said Branco.

Colby said that the busy atmosphere of the office is what makes his job interesting. Having something to do all the time and learning new things is the most enjoyable part of the job for him. Most recently, Colby has been getting into the graphic design aspect of marketing.

Associate Executive Director, Kathy Mullery, has been working for The Arc for 30 years. Serving people with disabilities has always been a cause that she believed in. However, after working at the non-profit for 14 years, she had a son who was born with a disability.

"Most people choose to work because they had a child and developed a passion for the work, but I had the passion for the work and then I had my child," said Mullery.

Mullery hopes to continue to be able to support new and old families at The Arc. By providing these services, The Arc strives to empower people with disabilities and provide them a place in society.

"It's a very rewarding place, the fact that we can offer every service that someone would need in one place is exciting."

BRETT COLBY
Director of Development for The Arc of Monmouth

to prevent the causes and effects of intellectual and developmental disabilities."

Director of Development at The Arc, Brett Colby, is in charge of all fundraising efforts put forth by the organization.

"There is a little bit of everything to do here. I get to work with a large staff, work with people with disabilities and I'm also in the community dealing with and interacting with the press, businesses and the community at

one place is exciting," said Colby. "They don't have to shop around."

The Arc is not only in the constant process of fundraising for people with disabilities and their families, but they are also recovering from the damage to one of their sites during Hurricane Sandy. With their insurance unable to cover \$100,000 worth of the damage, The Arc suffered a great financial loss in the storm.

The Arc of Monmouth offers health services, education servic-

Lmbdas Try to Salute Th@ir Way Back to Cam@us

Lambda Theta Phi Latin Fraternity, Inc. Aims to Regain Interest Among Students

BRIANNA MCCABE
CLUB & GREEK EDITOR

Eight potentially interested students attended the Lambda Theta Phi Latin Fraternity, Inc. information session held by seven former graduates in the Turrell Board Room in Bey Hall on Thursday, Oct. 17, at 8 pm to regain interest on campus.

Nicknamed the “Lambas,” this brotherhood previously had a chapter on campus in 2009 known as the Pi chapter, but because of graduating the last of their members, they lost recognition until the Multicultural Greek Council (MGC) granted them expansion again in 2012.

According to Jon Buchalski, Assistant Director of Student Activities for Fraternity and Sorority life, the local regional board for the national organization of Lambda Theta Phi reached out to the leadership of the MGC to go through the expansion process. This included documentation from the national organization, a list of potential interested men, and faculty and staff support.

“Due to unforeseen circumstances at the national level the organization was not able to invite the interested men into the chapter at Monmouth and decided to wait until the national organization was ready for an edu-

cational process on our campus,” Buchalski said.

Over the past year and a half, the regional board has held information sessions on campus and made contact with several students that may be interested in joining. Buchalski said the regional board, along with some of the interested members, will

continue to host information sessions until a minimum member requirement of five people to have a chapter on campus are met.

Johnathon Nunez, junior criminal justice major who has an interest in the fraternity, said, “The reason I am interested in joining is because it gives minorities the opportunity to come together and embrace the Hispanic culture to form a brotherhood that gives back to the community. It allows

ers described the fundamental values such as strength that stand as the foundation of Lambda Theta Phi Latin Fraternity, Inc. as well as the motto “chivalry above self” to the interested students.

Among the interested students were five freshman, two sophomores, and one junior all looking to become part Lambda Theta Phi history.

Joyce Suarez, Induction Officer of Lambda Theta Phi Latin

Fraternity, Inc. and graduate of Rider University this past May, said this fraternity is the first and largest Latin fraternity with 105 chapters.

“There weren’t a lot of resources for Latinos to become successful,” said Medrano. “The Latinos wanted to be on an equal playing field with everyone else. That is

A unique aspect of the Lambdas is their practice of saluting. Saluting is a means by which members of the organization can praise a particular member within their fraternity or honor the organization’s past and current accomplishments. “It makes us unique and helps establish us as being conquerors like our logo depicts. It identifies us as soldiers marching into war,” said Suarez.

“Monmouth University fraternities and sororities value greatly what our multicultural and professional organization brings to our community and are always looking for the opportunity to help students find the right organization,” said Buchalski.

“From what I’ve seen from friends involved with Greek life, fraternities and sororities bring out the positive attributes in individuals but also show ones weaknesses. The great thing about showing weaknesses, however, is it takes and transforms them into strong attributes that one may utilize in the long run of life,” said Nunez. “That is why I want to get the Lambdas recognized by the University again, and hopefully become a brother.”

The Lambdas believe that “en la unión está la fuerza,” or in unity lies strength.

“Monmouth University fraternities and sororities value greatly what our multicultural and professional organization brings to our community and are always looking for the opportunity to help students find the right organization.”

JON BUCHALSKI

Assistant Director of Student Activities for Fraternity and Sorority Life

PRSSA and ZTA Join Efforts to Help “Fall into Pink”

TAYLOR COPP
STAFF WRITER

The University’s Shadow PR Firm and Public Relations Student Society of America (PRSSA) Chapter teamed up with Zeta Tau Alpha (ZTA) to host the “Fall into Pink” event to raise almost \$500 for Breast Cancer awareness and the Shadow PR Firm and the PRSSA Chapter from 1 – 4 pm on the patio of the Rebecca Stafford Student Center on Wednesday, Oct. 16.

Events of the day included a bake sale, pie-a-Zeta, and pumpkin painting. There was also a silent auction where students and faculty had the chance to bid on select items such as gift cards to Izu Sushi, Fro-Yo Beach, Starbucks, Halloween Express, Surf Taco, as well as a Pandora charm bracelet and a one month membership to Gold’s Gym.

Kelly Brockett, co-President of PRSSA, said PRSSA has made it their mission that whenever they hold a fundraiser, a portion of the profits will be donated to a non-profit, charity or not-for-profit organization.

Mary Harris, public relations professor and co-Advisor of PRSSA, discussed some expectations of the PRSSA in regards to the fundraiser by saying, “Our expectations are to raise awareness and funds for ZTA’s philanthropy of breast cancer awareness. This is also a fundraiser for the Shadow PR firm and PRSSA chapter. For PRSSA and Shadow PR fundraisers, a portion of what we raise is donated to a charity or nonprofit organization. This is part of our mission.”

“By connecting with other student groups on campus, it helps us increase awareness, visibility and success of our event because we have more people working on it and more people that know about the event, which

in turn means the word is more efficiently spread, and the better chance we have of high attendance at the event,” said Brockett.

Erin Ally, junior communication major and active member of ZTA, said, “This was our first year teaming up and holding this event, but it is something that we are hoping to move into future years as well. It was a pleasure working with PRSSA for this event, and look forward to being involved with them more on campus.”

Brockett said, “I think PRSSA and ZTA teamed up and did a great job working together. ZTA organized the pie-a-Zeta table, brought the pumpkins, supplied the paint, brought some decorations, and assisted with the silent auction table. PRSSA, on the other hand, organized and publicized the event. It was a great collaboration and it definitely worked out to both of our benefits.”

Ally said the event was an idea that PRSSA had based off of their spring 2013 silent auction fundraiser, “Spring Carnival,” where a total of \$750 was raised.

Kristi Silver, co-President of PRSSA, said, “We do think the event was successful, we didn’t raise as much as we hoped because we did not receive as many donations as we did for our previous auction. We did meet our goal of \$500, though.” While both organizations did raise a combined total of \$500, it did not surpass the organizations’ expectations; however, when it comes to raising money for charity, every dollar raised is a mark of success.

“This was our big event for the fall semester. We are planning on having another event similar to this in the spring as well as hosting Monmouth University’s first ever dance-a-thon to benefit the Valerie Fund of Monmouth

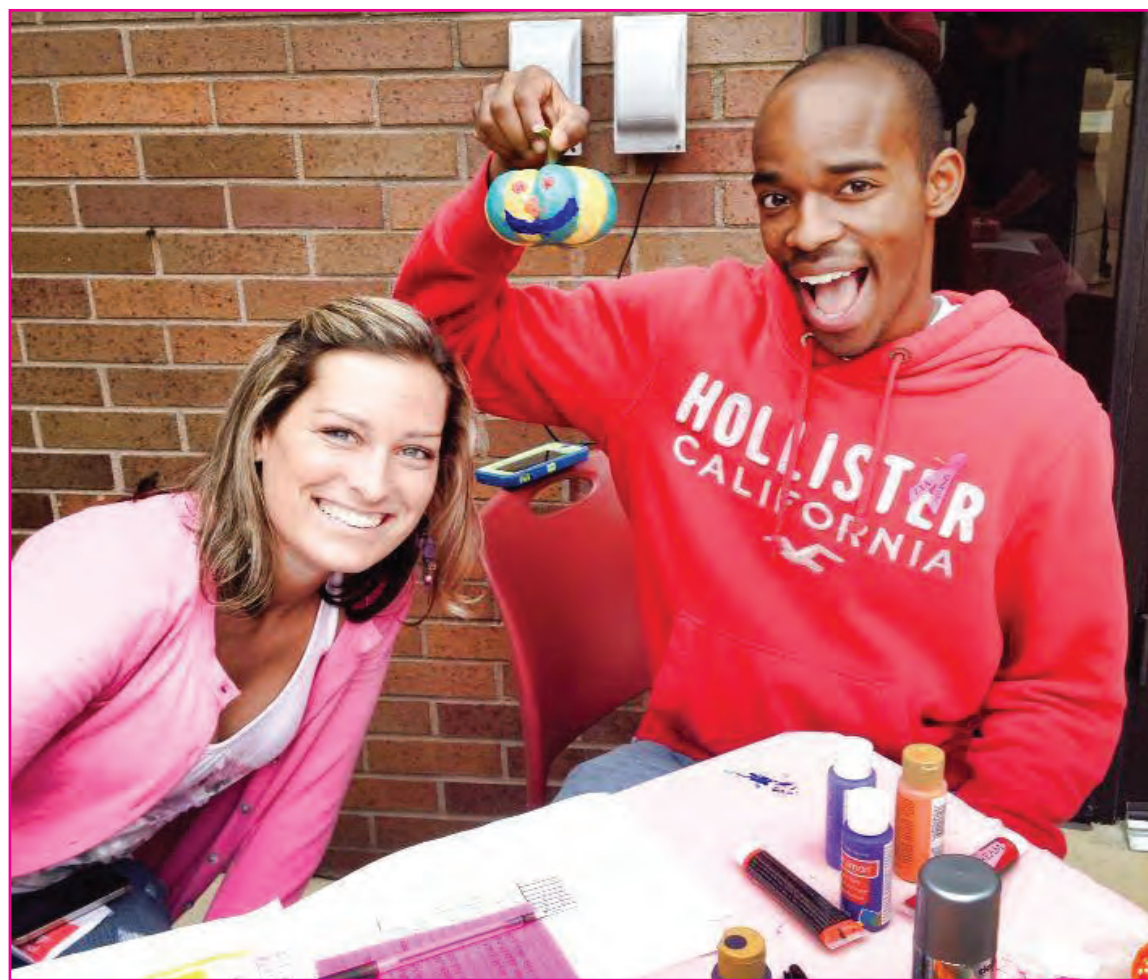


PHOTO TAKEN by Maggie Zelinka

Members of the Public Relations Student Society of America (PRSSA) chapter Jessica Rinaldi (left) and Dallas-Lewis Bryant (right) painting pumpkins at the “Fall into Pink” event.

county, which is dedicated to improving the lives and treatment process for children with cancer and rare blood disorders. More details about that will emerge throughout the semester,” added Silver.

Several different acoustic guitarists played during the event from the Music Alliance and Blue Hawk Records to increase publicity and increase student awareness. Senior music industry major, Brian Haring, was one of the four artists to perform. Haring said he was excited to

perform during the event because he tries not to pass up on any opportunity to perform and the exposure that comes along with it.

Haring also decided to perform because his best friend’s grandmother was diagnosed with breast cancer twice, but fortunately was strong enough to overcome it both times. “It’s still hard to deal with,” said Haring. “Even though its come and gone, its never easy to deal with breast cancer...”

Jessica Ketch, junior psychol-

ogy major, was the winner of \$10 Starbucks gift card and a Gold’s Gym membership in Long Branch. Ketch said she bid on the items because she wanted to donate to the charities and support a good cause. “I was expecting to win since I came towards the end of the event and one of the items

“I bid on was almost up to its actual value,” she added. Ketch was very excited about winning two of the many items up for bid, but moreover was happy to contribute over \$50 to charity.

Monmouth Area Vegetarian Society Hosts Potluck

MAGGIE ZELINKA
SPORTS EDITOR

The Monmouth Area Vegetarian Society (MAVS) hosted a free fall-inspired vegan potluck with featured speaker, Alex Mazzucca, co-owner of From Seed to Sprout, in the Magill Commons Club Dining Room on Sunday, Oct. 20 from 1 – 3 pm.

The event was set around the idea of what foods could keep one healthy through the rough winter. Mazzucca opened the discussion with highlighting her organic, vegan restaurant in Avon, New Jersey. “We don’t focus on fake meat but instead try to focus on our nuts, seeds, vegetables, and grains. We change with the seasons. We like to keep it fresh,” Mazzucca said.

According to Mazzucca, the seasonal changes are necessary as one’s immune system also changes with the weather. “Anytime there is a changing of the season, it’s a major shift for your body. The biggest problem comes when your body fries up on the inside, the real key is to keep your body hydrated on the inside,” she said.

Mazzucca mentioned that garlic and ginger are powerful remedies for inflammatory is-

sues while cayenne pepper helps open up your nasal passages. She brought a liquid combination of these elements to the event for guests to try.

Junior communication major, Becca Zidik, was considered “one brave soul” by people attending the event for wanting to try the cold relief concoction. “At first, the shot was very spicy and bitter but after the initial shock of heat, it was so beneficial! My sinuses cleared up within in minutes and I felt energized,” Zidik said.

The spiciness of the mixture was from the cayenne pepper, an ingredient Mazzucca strongly suggests to become part of your daily food intake. “We recommend everyone starts their day with hot water, cayenne pepper, and lemon juice,” Mazzucca said. “The cayenne pepper will loosen everything up while the lemon juice will keep your blood sugar balanced throughout the day.”

Most of the guests were anxiously touching their pens to paper trying to write every word Mazzucca spoke from recipes to just helpful tips such as hemp seeds for protein. Noticing this was the case, Mazzucca made sure to have a question and answer session prior to leaving the

spotlight.

During this segment, she passed out winter pantry and recipe guides which included a winter smoothie and a quinoa porridge recipe.

“The essential message of the speech was to eat clean while getting the right nutrition in order to be healthy,” Zidik said. “I liked hearing how to actually prepare the foods. My mom has so many of the spices at home, so it was nice to report back to her about how to use each spice.”

Throughout the speech, guests were allowed to enjoy the vegan buffet which included, but were not limited to peppermint bark, potato salad, and grape leaves. Public relations professor Mary Harris, who helped coordinate the event, asked for all those who brought food to include a recipe card underneath their dish in case other guests wanted to make it one day.

“My favorite part was trying all the different food. I’m not a vegan or vegetarian at all but I absolutely love veggies and really enjoy trying new food,” senior communication major Kristi Silver said.

Before everyone left for the day, Harris made sure to announce MAVS will host their



PHOTO COURTESY of Mary Harris

Fall vegan food varied from salad to black bean hummus at the potluck hosted by Monmouth Area Vegetarian Society (MAVS).

next event on Sunday, Nov. 17 and invites anyone to attend. “We are a very inviting group. We try to encourage people from all different walks of life

to come enjoy really healthy food,” Harris said. The event will also include a potluck buffet as well as a guest speaker from the Farm Animal Sanctuary.



WMCX
40th Anniversary
May 1st & 2nd, 2014
Contact Aaron Furgason at
afurgaso@monmouth.edu
732-263-5254
Log onto wmcx.com for detailed information

Monmouth CPC Program to Host Information Session and Panel Discussion

WEST LONG BRANCH, NJ – Monmouth University’s graduate program in Corporate and Public Communication (CPC) will host an information session and panel discussion for prospective students on Wednesday, Oct. 30 from 3 p.m. to 4 p.m. in the Bey Hall Young Auditorium.

Join past and present students of the CPC program, including Mary Harris, Rebecca Sanford, Michael Maiden, Laura Kirkpatrick, Tara Cadet, Judy Drucker, and Lisa Kanda, for a panel discussion exploring the insights of graduate school, why the panelists chose the CPC program, what they plan to do, and what they have done with their degree.

All students are encouraged to attend, even if graduate school is just a consideration. Light refreshments will be served. For more information contact Dr. Sheila McAllister at smcallis@monmouth.edu.

Monmouth University’s graduate program in Corporate and Public Communication prepares students for entry into a variety of advanced communication professions or post-graduate programs. The 31 credit program—facilitated by graduate faculty possessing a broad range of professional and scholarly credentials—provides an in-depth, balanced study of practice and theory. Monmouth also allows students to focus their coursework in areas such as Strategic Public Relations and New Media, Public Service Communication and Human Resources Management and Communication.



CLUB AND GREEK ANNOUNCEMENTS



Running Club

Monmouth Running Club is expanding to also now be the Monmouth Track & Field and Cross Country Club. Those who are interested in training as part of the club for competitions during the year should contact Club Advisor and Head Coach Joe Compagni or any of the assistant coaches in person in the Athletic Department.

WMCX

“The X” 88.9 FM is celebrating its 40th anniversary May 1 - May 2, 2014. If you have any questions, contact Aaron Furgason, advisor of WMCX, at afurgaso@monmouth.edu or log on to wmcx.com for more information.

Social Work Society

The Social Work Society needs volunteers for its 9th Annual Teach-In on Tuesday, Oct. 29, from 3 - 7 pm. If you are interested, please contact club president Tess La Fera at s0779102@monmouth.edu.

American Marketing Association

Need advice on what to include in your résumé? Come to the résumé writing and career skills workshop on Thursday, Oct. 31, from 2:15 - 4:15 pm in the Club Dining Room.

The Verge

The Verge is the online magazine, specializing in original content generated by students.

University Pep Band

The Pep Band is looking for additional members in all sections. If you play flute, clarinet, saxophone, trumpet, mellophone, trombone, baritone horn, tuba or percussion, we definitely want you! We are also seeking a bass guitarist for the first time! The Pep Band, known as “The Big Sound of the Jersey Shore,” is the most visible and most active performing group on campus.

Alpha Sigma Tau

Alpha Sigma Tau is having their event “Are You Smarter Than a Fraternity Man?” on Oct. 30. All proceeds will be donated to Ashley Lauren foundation that raises money for children with cancer. Hope to see you all there! If you have any questions, contact President Jenna Ferraro at s0817890@monmouth.edu.

Residence Hall Association

Fall Fest will be held today, Wednesday, Oct. 23 from 6 - 9 pm on the Residential Quad. There will be pumpkin painting, psychic readings, a photo booth and fall treats! Come out and have some fun!

Muslim Student Association

The Muslim Student Association is having an Eid Celebration on Oct. 26, from 7 -11 pm in Anacon Hall. If you have any questions, please contact Malka Saba at s0765416@monmouth.edu.

Phi Sigma Sigma

Phi Sigma Sigma presents Monmouth Idol on Wednesday, Oct. 23, in Pollak Theatre at 10:15 pm to support our philanthropy, school, and college readiness. Interested contestants can register by contacting Renée Oleniacz at s0789194@monmouth.edu or Marissa Iradi at s0885338@monmouth.edu. Tickets will be available for \$5 presale or \$7 at the door. If anyone has any further information or questions, please do not hesitate to contact one of the sisters via email.

Alpha Omicron Pi

Alpha Omicron Pi (AOPI) is co-sponsoring an event with The Music Alliance on Friday, Nov. 8, from 5 - 9 pm. The concert is called “Artists Against Arthritis” and all proceeds from the concert will go to the Arthritis Foundation, which is AOPI’s national philanthropy. Tickets will be on sale until the day of the concert for for \$5. Refreshments will be served at the event! We would love the support from the campus to come out and support not only Arthritis but the Music Alliance for their first big show.

International Club

The “Festival of Lights-Diwali” is soon approaching. Diwali is the greatest Hindu festival celebrated all over India and abroad. This festival marks victory of light over darkness. People celebrate it with sparklers and firecrackers. This year it is celebrated at Magill Common on Nov. 2 from 6 - 9 pm. It would be a wonderful experience to have you and your friends for Diwali. This is sponsored by International Club and Student Activities.



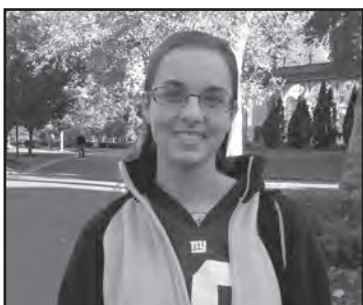
What keeps you motivated during the semester?

COMPILED BY: ALYSSA GRAY



Joseph
chair of political science

"I like to run. By doing that I can think of all the things I have to do and I feel more energetic and not stressed."



Amanda
freshman

"I'm a pretty motivated person to begin with, so I just think about my goals and what I'm trying to achieve here."



Adam
freshman

"I think about what I'm here for, what my overall goals are in life and how this is just a stepping stone to get there."



Jacqueline
junior

"Looking forward to breaks coming up and for that little bit of relief."



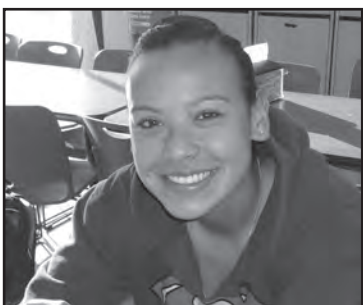
Raquel
junior

"I like to work out to relieve my stress."



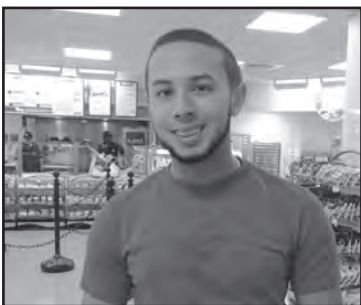
Jon
junior

"I just tell myself to be the best that I can be."



Vanessa
junior

"I have softball so I have to do good if I want to keep playing. I've been playing since I was 10."



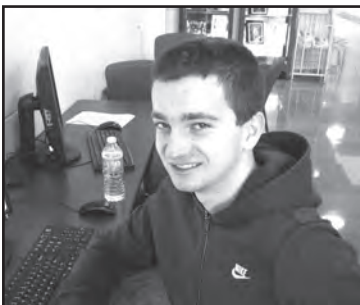
Zakariya
freshman

"I try and keep myself as busy as possible, not only with schoolwork but with things that I love."



Priscilla
freshman

"I like to work out by running, either outside or at the gym."



Richie
freshman

"Trying not to fail out of school and think about the consequences."

MONMOUTH UNIVERSITY CENTER FOR THE ARTS

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FRI. OCT.25 AT 8 PM | POLLAK THEATRE

STUDENTS GET FREE TICKETS!

Monmouth students enjoy 1 free ticket to 2 performing arts events per semester. After 2 free tickets are used, student cost is \$5. Student tickets are limited.



GRADUATE SCHOOL PROGRAMS

- Anthropology
- Business Administration (MBA)
-Accelerated MBA option
- Computer Science
- Corporate & Public Communication
- Criminal Justice
- Education (MAT, MEd)
-Accelerated MAT option
- English
- History
- Homeland Security
- Information Systems (*NEW for Fall 2014*)
- Mental Health Counseling
- Nursing
- Doctor of Nursing Practice
- Psychological Counseling
- Physician Assistant (*NEW for Fall 2014*)
- Public Policy
- Social Work
- Traditional/Advanced Standing MSW
- Software Engineering
- Speech-Language Pathology
(*NEW for Summer 2014, pending ASHA approval*)

Graduate School Information Session

***Saturday, November 9th,
9:30 a.m.***

Wilson Hall Auditorium

www.monmouth.edu/GR_infosession

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The Irish Studies Program and the Departments of English and History

Present a lecture on the
Irish Rebellion of 1916

by

Lorcan Collins

Author of *The Easter Rising*

October 29th, 2013

4:30 p.m.

Club Lounge in Magill Commons

Contact Dr. Elizabeth Gilmartin

egilmart@monmouth.edu for more info.

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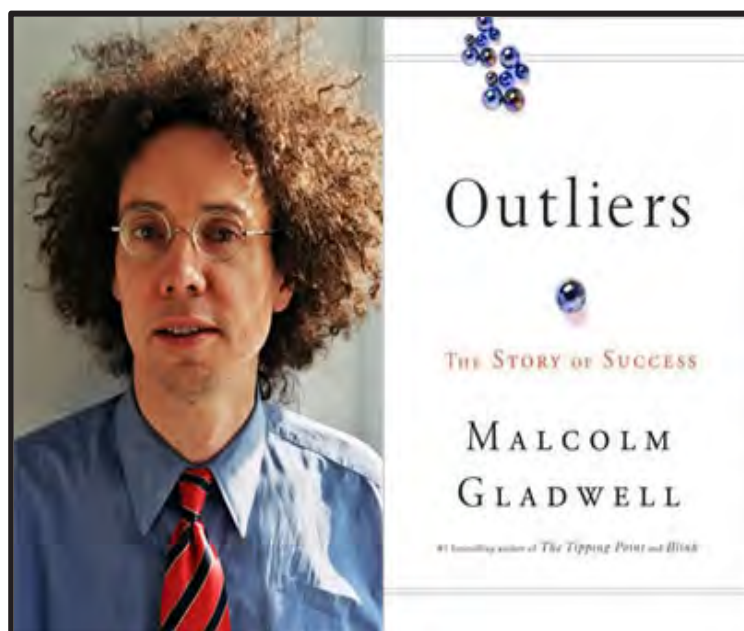
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VISIT OUR WEBSITE
<http://outlook.monmouth.edu>

OUTLIERS FACULTY PANEL DISCUSSION

October 30th, 2:30 PM

Anacon Auditorium



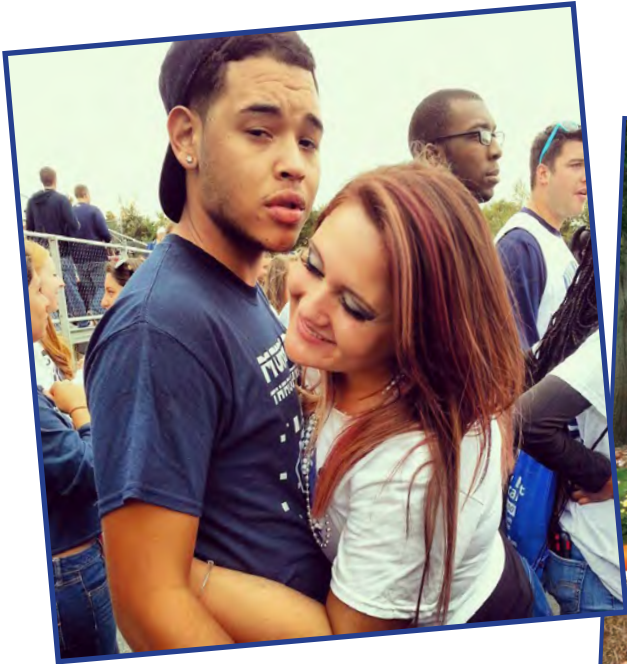
Malcolm Gladwell's critically acclaimed book *Outliers: The Story of Success* is Monmouth University's 2013 common reader. On October 30th there will be a faculty panel discussion of the book and awards for winners of our Outliers essay contest. The discussion and presentation is open to all members of the Monmouth University community.

For more information contact Dr. Richard Veit,
Director of Monmouth University's Center for Excellence in Teaching and Learning (rveit@monmouth.edu).



MOMENTS AT MONMOUTH

HOMECOMING EDITION



ABOVE LEFT:
STUDENTS BRIANNA MCCABE AND JOHNATHAN NUNEZ CELEBRATE HOME-COMING TOGETHER (PHOTO COURTESY OF TREVER CARPENTER)



CENTER:
JUNIORS REBECCA ZIDIK AND KELLY HUGHES POSE IN FRONT OF THE MU WELCOME BOARD (PHOTO COURTESY OF MAGGIE ZELINKA)



ABOVE RIGHT:
TWO STUDENTS TAKE A QUICK PHOTO WITH SHADOW THE HAWK (PHOTO COURTESY OF MAGGIE ZELINKA)



BOTTOM CENTER:
A GROUP OF STUDENTS CHEER ON THE FOOTBALL TEAM WITH SHADOW THE HAWK DURING THE HOMECOMING GAME (PHOTO COURTESY OF MAGGIE ZELINKA)

HEY MONMOUTH!

INTERESTED IN SHARING YOUR MOMENTS?
SEND YOUR PHOTOS TO ANY OF THE
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HAVE THEM FEATURED IN THE "MOMENTS AT
MONMOUTH" SECTION!

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COMICS

"MISGUIDED UNDERSTANDINGS" BY ALYSSA GRAY



A SO-YOU-SAY COMIX #29

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The Outlook Celebrates its 80th Anniversary

Stay tuned for upcoming
details about *The Outlook's*
80th Anniversary contest and
how to win fabulous prizes!



Football Gets Back to .500 with Homecoming Win

EDDIE ALLEGRETTO
STAFF WRITER

The Hawks (4-4) defeated the Cornell Big Red (1-4) on Homecoming Saturday, Oct. 19 afternoon at Kessler Field by the final score of 48-23. Junior quarterback Brandon Hill led the way with 308 passing yards, and four touchdowns. Senior running back Kwabena Asante also helped the team as he ran for 171 yards and two touchdowns. The Hawks defense challenged, but they managed to contain highly scouted Cornell quarterback, Jeff Mathews. The first quarter was domi-

nated by MU, as they controlled time possession and moved the ball efficiently. The blue and white started off the game with a 25-yard field goal from senior kicker Eric Spillane with 10:32 remaining in the first quarter. The lead increased to 10-0 after senior wide receiver Thaddeus Richards caught his first career touchdown reception from Hill, with 2:07 left in the first quarter. The beginning of the second quarter carried on with the Hawks controlling the field and furthered the scoring. The team extended their lead to 17-0 when Hill found senior wide receiver Neal Stearling in the end zone

for an 11-yard touchdown with 9:37 left in the half. With 5:44 left, momentum shifted in favor of Cornell when the Hawks went three and out on their possession and were forced to punt deep in their own territory. The ball was snapped high over senior punter Eric Spillane's head, and he was forced to kick the ball out of the back of the end zone for a safety. The safety marked Cornell's first score of the game, and cut Monmouth's lead to 17-2. Big Red's Ben Rodgers ran the free kick back to the Hawks 43-yard line, giving his team great field position. Mathews ran it in

for a one yard touchdown to decrease the blue and white's lead to 17-9 with 3:50 left in the half. After going three and out on their next possession, MU again made a special teams error when Spillane's punt was blocked and recovered by the Big Red on the blue and white's 15-yard line. On their first play, Mathews found his wide receiver Grant Gellatly for a 15-yard screen pass that resulted in a touchdown to with 2:36 left in the half. The Hawks then ran out the clock and went into half with a 17-16 lead. During the second half, MU ran the ball and passed effectively, continuing to score. The blue and white's special teams returned the favor when they forced a turnover on the kick-off. On the Hawks following drive, Hill found senior wide receiver Lamar Davenport for a 16-yard touchdown reception to increase their lead to 24-16 with about 13:00 minutes to play in the third quarter. On their next drive, the Hawks increased their lead to 31-16 when Hill completed a third and ten to senior tight end Mike McLafferty which resulted in a 32-yard touchdown with 6:28 left in the third. Cornell started to move the ball down the field again, when Mathews rolled out to his left and threw a pass that was intercepted and returned 34 yards by sophomore linebacker John Sieczkowski. The interception was the first of Sieczkowski's career. After the interception, Spillane kicked a 28-yard field goal to increase the Hawks lead to

34-16 with 2:34 left in the third quarter. Cornell scored for the first time in the second half on their next drive, when Mathews connected with his wide receiver Lucas Shapiro for a 27-yard touchdown 39 seconds into the fourth quarter. The Hawks never allowed the Big Red to establish consistent momentum on offense, when the running game accounted for 122 yards on 13 carries in the fourth quarter. On their next drive, Hill connected with senior wide receiver Elijah Phillips for a 12-yard reception. After that, Asante caught a 14-yard screen pass, following up with runs of twelve and two yards and finally his first touchdown of the game on a 23-yards carry with 10:14 remaining in the game. Cornell's next possession resulted in a turnover on downs. After that, Asante ran the ball for 56 yards on five carries, and junior running back Julian Hayes added two carries for 17 yards. Asante bowled his way into the end zone from three yards out to give the Hawks a 48-23 lead with 2:05 left in the game. "I'm very happy with the way we played today, it was an excellent team win," said head coach Kevin Callahan. "I thought we played well on both sides of the ball, especially the defense that held the fifth-ranked passer in check for most of the game. The defense really played their hearts out." The Hawks return to action on Saturday, Nov. 2, when they travel to Fairfield to take on Sacred Heart. Kickoff is scheduled for 1:00 pm.



PHOTO COURTESY of Jim Reme

Senior Lamar Davenport had four receptions for 102 yards and scored one touchdown against Cornell.

Bowen and Eller Lead Team in Princeton Invitational

MICHAEL MORSE
CONTRIBUTING WRITER

The men and women's cross country teams fought hard in the annual Princeton Invitational on Saturday, Oct. 19 placing sixteenth and eleventh respectively. It was the fifth and final regular season meet for both squads, who now have officially completed their first season in the Metro Atlantic Athletic Conference (MAAC). The Hawks will build off of this final race to prepare for the championship meets ahead as the Invitational marked one of their tougher meets of the season,

With a total of 494 points, the men fell just shy of a top 15 finish, coming in 16th right behind Penn and Fordham. Villanova took first with 23 points, La Salle placed second with 94 points and Princeton finished third with 135 points. Junior Khari Bowen was the first Hawk to cross the finish line for the men at 24:42, landing him in 34th place for the 8,000 meter course at West Windsor. Junior Alex Leight and senior Pat Ryan were the next to finish for MU at 25:10 and 25:26 respectively. Senior Anthony Branco and freshman Matt Nelson both finished in the 25th minute as well,

rounding out the men's top five. They, along with Bowen, Leight, and Ryan averaged 25:24 for the race. The women finished 11th with 328 points, just 10 points shy of UMBC and a top ten finish. Duquesne placed first for the women's side with 47 points, Columbia finished second with 90 points, and La Salle landed third with 144 points. Senior Amanda Eller and freshman Lennon Cooper led the women, placing back-to-back in 34th and 35th. They were both clocked at 22:31 for the 6,000 meter course and averaged a 6:03 pace. Freshmen Jenna Cupp,

Kirsten Rodgers-Erickson, and sophomore Nina Poccia rounded out the women's top five, all crossing the line during the 23rd minute. The top five finishers for the women averaged 23:00 for the difficult 6k course. Although it appears that the Hawks had a tough break at this highly competitive invitational, the course and opponents will surely fuel them with motivation for the upcoming races. With the competition of their first regular season in their new conference, the men and women can now focus on the two final meets of their fall season. The second to last meet for the cross country

team is the MAAC Championships on Friday, Nov. 1 at Van Cortlandt Park in the Bronx, NY. With about two weeks to rest and prepare, MU cross country has a shot at winning their first MAAC Championship. Following the MAAC Championship Meet is the NCAA Division I Mid-Atlantic Regional Championships. Both the men and the women have some very strong runners who have posted impressive times throughout the season. It will be very exciting to see if they can qualify for the NCAA Division I National Championship Race, held in Indiana on Saturday, Nov.23.

		Away	Carolina Panthers	Dallas Cowboys	Miami Dolphins	New York Jets	New York Giants	Washington Redskins	Green Bay Packers	Seattle Seahawks
		Home	Tampa Bay Buccaneers	Detroit Lions	New England Patriots	Cincinnati Bengals	Philadelphia Eagles	Denver Broncos	Minnesota Vikings	St. Louis Rams
WEEKLY NFL PICKS	WEEK 8	Maggie Zelinka Sports Editor (20-20)								
		Charlie Battis Staff Writer (23-17)								
		Kyle Walter Asst. Sports Editor (21-19)								
		Scott Knauer Director of Galleries and Collections								

Women’s Soccer Perfect at Home

EDDIE ALLEGRETTO
STAFF WRITER

MU women’s soccer defeated Rider University Broncs on Wednesday, Oct. 16 at The Great Lawn with a final score of 3-0. With the win, the blue and white improved to 12-1-1 in the season, 6-0-1 in the Metro Atlantic Athletic Conference (MAAC) and 8-0 at home.

Freshman forward Julie Spracklin led the way for the Hawks with one goal and one assist. Senior forward Dana Costello and freshman forward Alexis McTamney also contributed with one goal each.

MU started off the game by controlling the tempo as they held possession for the first 20 minutes of the game. In the ninth minute, sophomore defender Colleen Howard drew a penalty in the box. Costello stood at the six and took a calm, confident shot that soared into the left upper corner for a 1-0 lead.

The second half began with Rider trying to find an equalizer. In the 50th minute, a Bronc took a shot that curled to the upper post, but Hawks senior netminder Ashley Lewis got her fingertips on the ball to force a corner kick.

Five minutes later, the Broncs had another opportunity to score when they took a free kick from about 30 yards out; the ball curved up and over the defensive wall, landing right into the hands of Lewis. In the 59th minute, the blue and white were looking to increase their lead as Spracklin fired a line drive from about 20 yards out that sailed over the crossbar.

The second half had many missed opportunities for both teams, as it was constant back and forth play. The Hawks got close to gaining their second goal in the 70th minute of play as McTamney crossed the ball from the left flank into the box toward freshman forward Erica Murphy. Murphy could not capitalize on the play as she stumbled and lost the ball to a Rider defender.

Rider then cleared the ball, but MU junior defender Alexa Freguletti quickly gained possession and dribbled it up the field to fire

a shot from about 25 yards out. The shot went past the left post giving Rider the ball.

In the 83rd minute, the blue and white increased their lead to 2-0 when McTamney received a throw in and sent a through ball past two defenders onto the streaking Spracklin. Spracklin was able to get a shot off, but Rider goal keeper deflected the ball to keep the game at 1-0. Spracklin was not prepared to

we relaxed a little bit and thought the game was over. But great teams find a way to win and right now we’re playing pretty well and finding ways to win.”

MU outshot the Broncs 22-11, forcing Rider’s goalkeepers to make nine stops. Lewis contributed four saves in the game for MU.

The Hawks topped another MAAC challenge, the Marist Red Foxes, on Saturday, Oct. 19

“To be undefeated at home is an awesome accomplishment,” Turner said. “I credit our players for having the discipline to maintain the home field advantage on The Great Lawn, as well as our grounds crew for doing a fantastic job of keeping the field in pristine condition.”

Murphy’s goal came in the 33rd minute of play, as she scored off a low driven corner kick from Costello. The goal was Murphy’s



PHOTO COURTESY of Jim Reme

Senior Monique Plescia has five goals for the Hawks and 10 points overall for the season.

give up as she gained possession of the deflected ball and placed it in the back of Rider’s net.

“It was a relief, I used to score all the time and it’s so different playing midfield, it feels awesome to score,” Spracklin said of her third goal of the season.

MU was not done their scoring spree. The women added one more goal in the 88th minute of play when Spracklin passed it onto McTamney, who scored her team-leading ninth goal of the season and secured a win for the Hawks.

“I thought in the first 20 minutes of the game we were very good but we only had one goal to show for it,” head coach Krissy Turner said. “In the second half

with a final score of 1-0. With the win, the women post eleven shutouts for the season and extend their winning streak to nine straight games. Murphy netted the only goal of the game with the assist coming from Costello.

Before the game, MU honored its senior class of Lewis, Alexandra Baca, Monique Plescia, Tina Antzoulatos, Karly Tolentino and Costello, who have been a part of 44 victories for the Hawks and combine a 26-8-4 record in conference play thus far.

With the victory, the blue and white complete their home slate with a perfect 9-0 record. This marks the sixth time in team history that the blue and white were undefeated at home.

first of her career and marked Costello’s 26th assist, which is the third highest in team history.

“It’s an unbelievable feeling because there have been so many great players that have come through this program and there are so many great players on my team right now,” Costello continued. “Just to know that I am amongst those caliber of the others is very humbling, and it makes me want to work harder and continue to improve.”

MU heavily outshot Marist, 20-5, while Lewis made two saves.

The Hawks return to action on Wednesday, Oct. 23, when they travel to face Saint Peter’s for a 3:00 pm game.

Soccer Stays Undefeated in Conference Play

THADDEUS RICHARDS
STAFF WRITER

The men’s soccer team continued their strong play in the MAAC this week with road victories over Rider University and Marist University.

“Against Rider and Marist it was key to get that [one] goal and limit our mistakes defensively,” said head coach McCourt. “We have put major focus into forcing teams to really earn scoring opportunities and goals.”

MU took the field for the first time of the week on Wednesday, Oct. 16 when they traveled to Lawrenceville and defeated Rider 1-0.

“It is difficult to win on the road, especially in conference play,” said McCourt. “Getting points away from home really enhances our chance of making the conference tournament.”

Senior Jacob Rubenstein scored the game-winning goal five minutes into the second half of the match on a cross from freshman Colin Stripling which Rubenstein was able to head in to net. “Jacob stepped up and continues to contribute,”

said McCourt. “He’s been dealing with injuries all year and when he’s on the field, I feel we’re a different team.”

The Hawks edged the Broncs in shots 7-6 and in corners 4-3. MU was able to put five of their seven shots on goal. Freshman goalkeeper Eric Klenofsky put together a solid performance behind great defense that only forced Klenofsky to make one save. Klenofsky now has two shut-outs in his four career starts and the Hawks are 3-0-1 with him in net.

Rider goalkeeper David Pastuna kept the Broncs in the game with four saves, but his effort came up short without any help from the offense as they were off target on four of their six attempted shots.

On a rainy Saturday night, the Hawks traveled to Poughkeepsie, New York and pulled out another 1-0 victory over Marist University.

It took until the 71st minute for the Hawks to break the tie when senior Joseph Schmid was the beneficiary of a stellar cross from freshman Dave Nigro that Schmid was able to put past a

diving goalkeeper.

Marist attempted 11 shots, but was not able to get any of their shots on goal, while MU attempted eight shots and five were on goal. Klenofsky was able to post his second shut out of the week and third in five starts. Marist goalkeeper Anthony Sokalski had four saves for the game.

After the week, MU has yet to lose a game in the MAAC and is currently at the top of the conference with a record of 4-0-1. “We are enjoying playing against new programs. There are new challenges that come with playing unfamiliar opposition. It is a refreshing new challenge for our program,” said Coach McCourt.

After a slow start to begin the season, MU has won four of their last five games. “We have focused hard on limiting some of the mental errors that were happening before conference play,” said Coach McCourt. “Teams now really have to earn any and all scoring chances against us.” The Hawks have limited the opposition to two total goals over the span.

Moving forward, Coach McCourt believes that the Hawks still have room to grow. “We need to continue to limit defensive errors and force teams to have to execute offensively against us. We also need to do a better job of finishing off teams by finishing these extra goal chances that will put games out of reach.”

Three of MU’s final five games are at home, where the Hawks have only lost once this season. The Hawks next test in MAAC play comes on Wednesday Oct. 23, when they take on Saint Peters on The Great Lawn at 7 p.m.

Coach McCourt has high hopes for the rest of the season, but he knows that nothing will come easy, and his team needs to continue to work hard.

“Our plan is to win the MAAC and the MAAC Tourney. Our mentality will determine our success or failure this season. The team commitment has been fantastic. We need to remain focused and motivated everyday. If that happens this team is capable of having a lot of success.”

SIDE LINES



The field hockey team was led to victory by senior Alex Carroll who recorded her first career hat trick in the 4-0 win against Bryant on Sunday, Oct. 20. Carroll is only the eighth member of MU’s field hockey team to score a hat trick.

Junior Melanie Dawson accounted for MU’s remaining goal. With the win, the Hawks improve to 5-9 overall and 2-0 for interleague play.



Ron Kornegay and Joan Martin, who both are members of MU’s Athletics Hall of Fame, will be inducted into the 2014 Metro Atlantic Athletic Conference Basketball Hall of Fame Honor Roll.

Former MU guard, Kornegay stands as the men’s basketball all-time leading scorer with 2,526 points.

The Hawks posted a 112-17 record while Kornegay was a member of the team. After his playing career ended, he took on the head coach position for men’s basketball at the University for ten years. In 1998, his number, 22, was retired. Kornegay is currently the Director of Athletics at Manasquan High School.

Joan Martin was an active member in Monmouth Athletics for 33 years as a coach, assistant and associate athletics director, senior women’s administrator and compliance director.

Martin coached the women’s basketball team for 13 years, was softball coach for 11 years and field hockey coach for eight years.



The women’s tennis team defeated Wagner, 4-3, on Wednesday, Oct. 16 at the MU Tennis Courts. The Hawks improve to 2-5 in the season.

UPCOMING GAMES

Wednesday, Oct. 23
WSOC at St. Peter’s*
Jersey City, NJ 3:00 pm

MSOC vs St. Peter’s*
W. Long Branch, NJ 7:00 pm

WTEN at Drexel
Philadelphia, PA 3:30 pm

Friday, Oct. 25
FH vs Sacred Heart*
W. Long Branch 4:00 pm

Saturday, Oct. 26
WGLF at Del. Invitational
Rehoboth Beach, DE TBA

WSOC at Quinnipiac*
Hamden, Conn. 1:00 pm

MSOC vs Quinnipiac*
W. Long Branch, NJ 7:00 pm

Sunday, Oct. 27
WGLF at Del. Invitational
Rehoboth Beach, DE TBA

FH vs Quinnipiac*
W. Long Branch, NJ 1:00 pm

Wednesday, Oct. 30
MSOC at Manhattan*
Riverdale, NY 7:00 pm



HAWKS REIGN OVER CORNELL



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Quarterback Brandon Hill was king on Saturday. The junior threw for 308 yards and four touchdowns in the Hawk's 48-23 homecoming win over Cornell.

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