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**OCTOBER 26, 2005** 

VOL. 77, NO. 08

### **News Feature**

**MU Surf Club** takes third in Redsand Clear Water Classic



Surf team competes at inaugural competition in North Carolina.

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### **Entertainment**

### Movie's that will make your heart jump a beat

A look at four scary flicks sure to make your Halloween.

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### **Features Bars and** restuarants

Tired of the same old MU scene? Find out the hottest places in Red Bank.

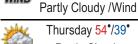
### **Sports**

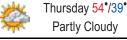


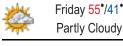
### **Hawks slip past** RMU on a wet Homecoming

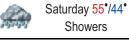
Justin Jurkowski (1) and the Hawks took on the Robert Morris Colonials in thier annual Homecoming game. Story and preview of next week's game v. CCSU inside.

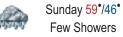
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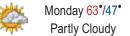












Tuesday 62°/48° Showers

## Homecoming 2005: The show must go on

MU faithful rally around the day despite dismal weather conditions



Tau Kappa Epsilon Fraternity and Delta Phi Epsilon Sorority smile and cheer from their float during the Homecoming parade. Sigma Tau Gamma and the new sorority interest group won the first place prize of

### **COURTNEY MUIR**

Monmouth University's annual Homecoming event was held Saturday, October 22<sup>nd</sup>, with the theme "MU Goes Hollywood."

Despite the inclement weather, the rain didn't stop the successful turnout.

"I got to school at 8:30 a.m. doing interviews for HawkTV, and the rain didn't ruin the atmosphere," said senior Jacki Murray. Students were in the parking lot right at 9 a.m. to start the day.

Starting off at 9 a.m. was the alumni reunion held in lot 18 and the tailgating party that was held in lot 25/25a. Tents were set up to avoid the rain, along with plenty of grills and even a D.J.

"I looked forward to tailgating Monmouth, or whoever went to Amanda Painter.



PHOTO COURTESY of Jim Reme

**Lynsey White from Delta** Phi Epsilon and Chris Hurley from Phi Sigma Kappa were voted as Homecoming Queen and King.

time where everyone who goes to hang out together," said junior

Around 10 a.m., WMCX and HawkTV were in front of Boylan Gym offering free giveaways and prizes while they broadcasted live coverage of the day, including the football game.

At noon, the parade began with the nominees for homecoming court as well as the homecoming king and queen from the previous year in convertibles. Following the cars were the floats presented by each fraternity and sorority with their own outlook on a Hollywood theme, accompanied by people dressing up as famous stars and scenes from movies.

At 1 p.m., the crowd made their way from the parking lot to the stadium as the football team took on Robert Morris University.

By the time halftime arr each year, because it is the one Monmouth, gets a chance to just the judges had voted and the announcement for the winners of the float and the winners of homecoming were made.

In first place were Sigma Tau Gamma and the new sorority interest group, followed by Alpha Chi Rho and Alpha Sigma Tau for second. Third place then went to Phi Sigma Kappa and Phi Sigma Sigma.

"The competition was fierce this year, so we were very excited to have won for the second year in a row," said president of Sigma Tau Gamma, Joseph Bucher. "We couldn't have gotten the float together without the hard work of our brothers, alumni and the new sorority interest group."

At the end of halftime, the announcements for the homecoming winners were made. Homecoming Queen went to senior Lynsey White, vice president of SGA and Homecoming King to senior Chris Hurley, brother of Phi Sigma Kappa.

"I was honored just to be nominated for queen, but even more excited to see all my sorority sisters and friends waiting along the fence cheering for me when my name was announced," said White.

For the award of Prince and Princess the voters went for Juniors Tony D'Amico and Melissa Dilger.

"I was flattered that people even thought of me for Princess. I was very excited to have won," claimed Dilger.

For the sophomore lineup the winners for Duke and Duchess went to Heather Santos and Bob Danhardt. Finally the winners for Lady and Lord went to Tia

Freeland and Dudley North.
At the end of the game, Monmouth University took the victory against Robert Morris University with a score of 14-0.

Once the game had ended, the party continued with a postgame party in the alumni tent where people joined for free food and entertainment.

Following that was yet another tradition that ended the night from 9:00 p.m. until 2:00 a.m. with Jack's alumni party held at Jack's Rib and Ale where there were special prizes and free giveaways.

"Despite the rain I think it was very exciting traditional time for the University, and we all knew rain or shine we would all have fun," said president of SGA.

### Construction progressing on the President's mansion

ERIN ROSE CONTRIBUTING WRITER

Construction is underway on the Doherty House, the new \$2.5 million President's mansion, after the demolition of the original house last winter.

According to Robert Cornero, Associate Vice President for Campus Planning and Construction, as of Oct. 17, the framework for the new house is being completed, and work on the roof and masonry has

"There are always things that can go quicker," Cornero square feet.

said, "but I'm satisfied with the pace of the construction."

The house, slated for completion in August 2006, will include three apartments on the second floor to house the president, Paul G. Gaffney II and his family, and any visitors, along with a small kitchen. The first floor has a full kitchen, living room, dining room, and den, for entertaining guests and fund-raising events. The new house will be 8,700 square feet, not including the new garage, compared to the original house's 10,400

Each floor can operate independently of the other, so the president and any guests on the second floor can maintain their privacy while events are being held on the first floor.

New additions to the house include an elevator and ramp for handicap access and a twocar garage. The house will feature a large, wrap-around porch that will stretch around three sides of the house.

When all is said and done, this will appear to be the same facility," Patricia Swannack, Vice President for Administrative Services at the University, told the Asbury Park Press for a December 17, 2004 article on the project. The plans for the house, drawn by the Robert W. Adler & Associates from

West Long Branch, reflect the previous house. Two two-story columns at the front entrance of the new home are similar to those on the original house.

The original home was demolished in December of 2004 because the house was quickly deteriorating, and the building became unstable.

"We hoped to start earlier, but permits took a little longer than we anticipated," said

The budget for the was provided by a major gift from Paul S. Doherty Jr., a Monmouth alumnus from the class of 1967 and former chairman of the school's board of trustees, and several smaller gifts.

President continued on pg. 4

## Make a difference at the beach

### Clean Ocean Action lends a helping hand at the Jersey Shore

KELLI FLETCHER STAFF WRITER

unteers dedicated their time and ment of laws and education of citienergy to Clean Ocean Action [COA], an organization actively fighting against water pollution Director. in New Jersey from South Amboy to Cape May, by cleaning up the shoreline in the 20th Annual Fall Beach Sweeps.

The beach sweeps stretched The counties included in this statewide clean up were Monmouth, Beach Sweeps." Ocean, Atlantic and Cape May. There were over 50 sites with all the counties combined that required special attention from each group, club or volunteer. At each of these sights, there was a group leader that provided the volunteers with the appropriate paperwork and garbage bags and sent them off to collect as much garbage as they could carry. The bags would then be placed in a designated area for pick up by that city.

One of the focus points for this bi-yearly function is to educate people against the pollution and cause for poor water quality. The way COA is trying to prevent pollution is through education, by giving people the resources to six volunteers in Asbury Park, learn more about what they can do as a community.

"With every Sweep, citizens become aware of their role in creating nonpoint source pollution and learn how to become the solution to this pollution," said Holly Jantz, COA Education Coordinator.

COA tracks marine debris on the beach and transfers this data to The Ocean Conservancy for international review on the items collected. This data is inclusive joy, and protect the wild places of of oceans, lakes, rivers and bays. After it has been reviewed it is compared to other shorelines and to past years to see if their education has made a difference.

Another focus for these beach sweeps is to teach about the prevention and maintenance around as well as in bodies of water. In order to correct pollution problems it is imperative to provide the most acthe area and helpful ways to stop pollution. By making law guideness on statistics of pollution each about it.

volunteer can do his or her part in the prevention of it.

'The thousands of people that volunteer at the Sweeps help focus On Saturday, October 22, vol- attention on the need for enforcezens about this pollution problem," said Cindy Zipf, COA's Executive

"The data from 20 years of Beach Sweeps shows that beach litter remains a problem. It is not only unsightly but also deadly to marine life. One of COA's goals is along much of the Jersey coastline. to reduce sources of litter to ultimately bring an end to the need for

Due to the weather there were limited volunteers in attendance at the Beach Sweeps. One sight in particular had only six volunteers present including the group leader; this was at the Asbury Park Convention Hall. Although it was rainy, cold and desolate these six volunteers tried their hardest to comb as much of the beach as possible for trash. This also included the area underneath the boardwalk and Convention Hall that can become packed with garbage that has washed ashore and gets tangled in the support beams. Cleaning underneath the boardwalk would be a feat in itself.

Even though there were only they managed to collect more then 15 bags of garbage and two barrels of wood. The blistering wind and rain could not stop them from reaching their goal and that was to clean up the beach. Four of the six volunteers belong to the New Jersey Chapter of the Sierra Club, which is an organization trying to preserve the environment as a

"Our motto is 'To explore, enthe earth," said Steve Knowlton, Conservation Chair for Monmouth County Sierra Club, after some thought about why he even came.

Clean Ocean Action has been conducting these beach sweeps since 1985. The first Beach Sweep was conducted at Sandy Hook with only 75 volunteers total, which to date has soared above 40,000. With the help of organizations like curate information possible about Clean Ocean Action the education in prevention of water pollution is getting heard and people are startlines available and raising aware- ing to stand up and do something

### **MU students Roc da Mic**

**SUZANNE GUARINO** 

Roc da Mic took Pollak theater by storm at 8 p.m., Thursday, October 20th. The event cost three dollars to get in and the money went to hurricane Katrina relief. The event had a good turn out. Hosts Rashaun Jarvis of the African American Student Union and Mollie Cruz of Lambda Theta Alpha Latin Sorority, kept the crowd energized.

The talented M.U. Dance team opened the show with their routine to Missy Elliot's "Lose Control". A raffle was held at the event and was won by Lambda Theta Alpha Latin Sorority sister Yady Santiago who thought she was winning money but it turned out that the prize was that she had to be a judge. Throughout the show, prizes from the Monmouth Bookstore were given away to the audience after they were called up for a dance contest, freestyle contest, and, yes, a milk chugging contest. The second act was a girl who performed a poem about finding the right man. Next, "Final Attraction", a group of girls and guys, danced to a mix of songs including 'Run It" by Chris Brown featuring Juelz Santana. The audience agreed that their act was well choreographed and very impressive.

The fourth act was a performance of a love poem. Genine Yarborough then took the stage singing "Never Too Far" by Mariah Carey; her high note towards the end of the song impressed the crowd. Sade Edghill then capti-



**Dance group** "Final Attraction" wowed the crowd at Roc da Mic.

M.U. Hawk Mascot made a surprise appearance on stage and threw t-shirts out to the crowd. He then entertained the crowd by dancing to the beat. The hosts then announced that the next act was "for the ladies". "The Jersey Fly Boys" from Rutgers University took the stage in camouflage and danced to an old school Michael ner was "The Jersey Fly Boys", Jackson song. They proceeded to shake their stuff to various hip hop songs such as Omarion's "Touch", connected through interludes of Bingham for her love poem. "Fi-Chapelle's Show clips. The boys also showed off their pop-locking skills to a heartbeat sound.

A singer took the stage performing Sarah McLaughlin's "Angel". The next performance was a touching monologue about breast cancer that commanded the respect of the crowd. Soccer player Arthur Sattlewhite performed a love because good guys have a can't wait 'til next year".

vated the audience by dancing to hard time finding it. He stated that an inspirational song. After, the love only followed the jerks, but perhaps it is because God knows they need it the most. He also wondered why people treat their bodies like crap. The last act was a rap song entitled "Walk Wit Me" by Berg and C. Gutta.

Towards the end, Genine Yarborough sang as host Rashaun Jarvis rapped. The third place winsecond place winner was "Final Attraction", and first place and a cash prize was given to Jackie nal Attraction' was my favorite part", commented Lambda Theta Alpha Latin Sorority sister Ashley Munoz.

"I liked the vibe of the atmosphere. The hosts were great and my favorite act was the soccer poet because every guy should be able to relate to that", said sophomore Marcus Shell. Host Mollie Cruz poem about how he never loved commented, "I had a blast and I

## Life after Laguna

### Stars from MTV's reality show move out of Laguna and move into "real" life



Season 1 Laguna Beach cast members (left to right) Kristin, Stephen, Morgan, Lo, Christina, Trey, Lauren "LC" and Talan.

## Monmouth develops new slogan

**HEATHER GORDON CONTRIBUTING WRITER** 

"Where do leaders look forward?" is a question some people have been asking. According to Monmouth's "Image Makers" committee and NY based marketing and advertising company, Media Logic, Monmouth University is the answer to that question. However, some students and university employees are unsure of the new brand and the branding plan.

Monmouth University's "Image Makers" committee collaborated with Media Logic to develop the new brand and tagline, "Where leaders look forward". According to Monmouth's President, Paul G. Gaffney II, the brand was "implemented in 2005 to unify and focus the University's marketing efforts."

One major purpose for the new brand is to make Monmouth

University a household name in the area surrounding the school said University photographer and member of the branding committee Jim Reme, who decided how to unveil the brand to the University.

Another member of the branding committee and assistant professor of communication, Nancy Wiencek, said the committee wanted to bring the University's attention to the new brand so they held an event outside of the Rebecca Stafford Student Center in

Despite this event, the new brand did not become well known and accepted amongst all MU students. Senior, political science major Ashley Dellens said she has not really heard of the brand or seen it on campus until

Slogan continued on pg. 23

**PAMELA SITT** THE SEATTLE TIMES

If this were an episode of MTV's "Laguna Beach: The Real Orange County," it would be a sunny Saturday afternoon, and Alex M. and I would be shopping at Zebraclub in downtown Seattle, and I would be saying things like, "Ohmygod, so cute" about a pair of white. slouchy cowboy boots. Wow, I'm really good at being 18.

After spending the weekend chasing the Laguna kids all over Seattle \_ shopping on Saturday, dinner at Joeys Saturday night, brunch at the Sheraton on Sunday

I have a confession to make: I kind of have a crush on Jason now. But hold your disbelief for just a second, because I'm getting ahead of myself here ...

Alex M., Jason, Lauren ("LC")

and Dieter were in Seattle in support of Dieter's charity, Running Home 4 Teens (rh4t.com), which he founded last year to raise awareness for teenagers suffering from depression and substance abuse after battling depression himself over his breakup with Jessica. Meantime, Stephen and Kristin also happened to be in town on Saturday night to host a foam party, which I didn't realize actually existed outside of episodes of "Elimidate," but any-

Since UW played USC on Saturday, I used the opportunity to bring up the subject of Matt Leinart when I met Kristin at the Grand Hyatt that evening. They dated for a couple of months at the beginning of "Laguna's" second season.

"He saw me on the show ... and called me out of nowhere one day," Kristin said. "I had no idea who he was, so I looked up his picture on the USC Web site. but it was a really bad picture, so I was like, 'Ew! I'm not calling him back!" (I looked up his picture, too, and she's right \_ he looked kind of like Bob Guiney from "The Bachelor." Not hot.)

Kristin, who lives in Los Angeles and is pursuing acting, arrived hand-in-hand with Brody Jenner, 22, who starred in the shortlived Fox reality series "Princes of Malibu." He just bought her a French bulldog puppy, which she named Bentley.

By the way, Kristin and Stephen are so not getting back together. Dun-zo.

But I'm over it, because I'm pretty sure Lauren and Jason are the new Kristin and Stephen. Yes, they are totally dating, and he loo-oves her. He told me so as we were sitting outside Joeys Saturday night he was smoking Parliament Lights and I was wearing his black fleece hoodie because it was cold and he offered. I know what vou're thinking: I can't believe Pam was wearing fleece.

Here's what I was thinking: I can't believe Jason knows more than three words. I asked him why he never talks on the show. (Sample dialogue: "Wow." "What?" Nothing.")

"It was just the situations they put me in. They (MTV) set you up and they'll be like, 'Listen, you're going to go to this place and talk about this.' It makes me really uncomfortable," he said.

That whole breakup scene with Jessica? Fake.

Laguna continued on pg. 24

## **SGA President's** Corner

Homecoming is over and was a success! I hope everyone had a great time and was safe. If anyone has any feedback for the campus-wide committee, agement. All of these qualities please email your comments to are valuable assets in the work SGA@monmouth.edu.

I want to address a topic that is noticed every year in the beinvolvement and enthusiasm.

There is so much to do on campus, you just need to find and organizations at Monmouth which are diverse in their purposes and endeavors. There are so many students who work really hard to make these clubs Center to learn the process. successful year after year. scenes work as well as a lot of in your face work.

it up and never looked back. Here I am as president of the student government and the only thing I regret is not being as involved my freshman year.

I am not only addressing this to the freshman. I am trying to get everyone's attention. Let go, be yourself, and go find out what Monmouth offers that interests you. Joining a club is not only a resume booster, but it is a learning experience. So many people I know have found their future career path because they

Hello Monmouth University! love what they do now as stu-

Being involved teaches you so many skills from socializing to leadership to time manforce...and in life.

Don't see an activity that interests you? Last year SGA ginning of the academic year: granted 13 new clubs recognition, and that doesn't even include the same amount of clubs who didn't finish the process to it. There are nearly 70 clubs begin. If you are interested in forming your own club, visit Heather Kelly, Assistant Director of Student Activities, on the 2<sup>nd</sup> floor of the R.S. Student

Tuition dollars include a There is a lot of behind the student comprehensive fee, of which SGA receives a percentage. SGA then distributes this I was shy when I was a fresh- money to most of the clubs and man and hesitated in joining organizations to function for anything besides Dance Team the year. So why make the most because I was comfortable do- of your money? Oh yeah, and ing that. I always wanted to go on that note, when things are out to SGA, but was too scared free on campus such as activito do it myself. Finally, I sucked ties – GO TO THEM! They are coming out of your tuition dol-

> If you ever have any questions, email SGA@monmouth. edu. We are here to help you make the most out of Monmouth University.

Have a great week!

Alyson Goode **SGA President** x4701

## PRSSA hosts speed-dating under the stars

"Speed-Dating the chance to get to know able to all who come. other interesting singles

On Friday, November 4th but also an opportunity to 3rd, sign-ups will be held the Public Relations Stu- win many lavish prizes. Par- in the Magill Commons dent Society of America ticipate in fun, flirtatious Dining Hall. If you do not will host their second an- contests and a raffle to win make it to sign up, don't nual speed-dating event, such prizes as movie tickets, worry it is only encour-Under gift certificates to upscale aged not required. This the Stars" at 8p.m. in the restaurants, free Blockbuster free event is open to both basement of Spruce Hall. rentals, and a chance to keep commuter and resident Come join this fast-paced that summer tan long into the students of Monmouth three minute dating pool winter months. Make sure to University. Make sure and possibly meet your come hungry, free food and you stop by on November match. You not only have refreshments will be avail- 4th at 8p.m. in the Spruce

From November 1st to the your soul-mate.

Hall basement to meet

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### **Stump the Priest Night**

Everything you wanted to know about faith but were afraid to ask

> **SUZANNE GUARINO** PHOTOGRAPHY FDITOR

The Catholic Centre sponsored Stump The Priest night held at 7 p.m., Tuesday, October 18th in The Club dining room. It was a chance for students to ask questions about the Catholic faith or religion in general. A panel of four priests sat at a long table in front of rows of seats. The priests included Father Brian Butch, Father Bill Lago, Father Joe Roldan and M.U. Catholic Centre Chaplain Father Joe Farrell. There was also a woman doing sign language for a deaf student in the audience. Refreshments were served and prizes were given out to the crowd.

Father Lago, the youngest priest, said "The Bible is like a library. It contains a number of different books". Many students had questions about faith and the priests did their best to answer them. There was a lot of philosophizing especially since the Chaplain studied philosophy. A student asked why God makes bad things happen to good people. The priests answered that God can only do good. Sin is the absence of good, and God cannot make an absence.

It was also said that Satan is called the father of lies. He tries to get us to make something out of nothing. A question was asked about what the priests thought of same sex marriage. They answered, "Marriage as a sacrament of the church or marriage as the

Priest continued on pg. 23



Freshmen Christina Guarino and Alex Truncale listen as priests enlightened MU students about their faith.



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## MU pep rally kicks off homecoming weekend

KATELYN MIRABELLI

After months of planning, the Student Government Association [SGA] put on one of Homecoming Weekend's most important events, the pep rally.

This year's pep rally occurred on Friday, October 21st in Boylan Gymnasium. It was supposed to occur in parking lots 25 and 25A with a bonfire, but due to inclement weather, it was moved. Despite this minor change in plans, it did not offset MU students school spirit. Many students showed up Friday night anxious for the events about to take place.

This year's theme was "MU Goes Hollywood." In keeping with the theme, many SGA Senators were dressed up in costumes as stars from various decades. Marilyn Monroe, Dorothy from the Wizard of Oz, James Dean, Elvis, Prince, Bart Simpson, and Annie as well as a movie star, flapper, and pink lady were all in attendance. One student that attended, Jessica Jones, commented on the theme.

"I liked the costumes. I thought they were really cute," said Jones.

The night began with t-shirts, which commemorate the event, being tossed into the bleachers for students.

Then, the homecoming chairs, Stacey Ciprich and Laura Eveland, welcomed the students and introduced the President and Vice-President of SGA, Alyson Goode and Lynsey White. They explained details about the homecoming game, and then introduced President Gaffney who gave a few words. Next, the cheerleaders gave a performance for the crowd.

. Finally, the men of the hour were brought out: Coach Callahan and the Hawk's football team captains. They got the crowd pumped for the game which led into the next activity.

"Yell Like Hell" was a contest that included all of the organizations present. It was a competition to see who could yell the loudest. The sorority Zeta Tau Alpha won the \$100 prize.



PHOTO BY Katelyn Mirabelli

During the Pep Rally held in Boylan Gymnasium, Homecoming t-shirts were tossed to those in attendance.

Following the contest, the homemale and female who won from the freshman, sophomore and junior classes were announced, as well as the top 3 finalists for king and queen. The winners for king and queen were announced at the football game during halftime on Saturday, October 22nd.

Since it was raining outside, there was no actual bonfire. Therefore, the dummy that was to be thrown into the fire had no where to go. Thus, the SGA Freshmen Senators had to beat the dummy up in order to compensate for the minor change in plans. Cecilia Sykes, a freshman senator, commented on

"I was really upset that it wasn't outside and we couldn't burn the dummy, but I had fun dressing up as a movie star," said Sykes.

After all of the action, things were wrapped up with some closing remarks from SGA President and Vice President, Alyson Goode and Lynsey White and homecoming chairs Stacy Ciprich and Laura Eveland. Then students were free to socialize and eat food and snacks that were located in the gym and lobby area.

Freshman Senator, Dan Wiscoming court was announced. The niewski, said, "Unfortunately, Jason [another senator] and I were outside making some monster cotton candy, but from what I saw the pep rally ran really smooth."

### **Homecoming Court** Winners

**Ms. Christina Freeland** Lady

Mr. Dudley S. North Lord

Ms. Heather L. Santos **Dutchess** 

Mr. Robert Danhardt **Duke** 

Ms. Melissa Dilger **Princess** 

Mr. Anthony T. D'Amico Prince

> **Ms. Lynsey White** Queen

**Mr. Christopher Hurley** King

PHOTO BY Katelyn Mirabelli

(Left to right) Brandon Bosque, Lyndsay Plesniarski, Eric Czerwinski, Cecilia Sykes, and MU's mascot Shadow dressed up to show their Monmouth spirit at the Homecoming pep rally on Friday, October 21st.

### **Monmouth University joins** statewide child welfare consortium

Partnership of seven New Jersey undergraduate social work programs will prepare up to 65 undergraduate social work students a year to assume caseworker positions in public child welfare

#### **PRESS RELEASE**

In partnership with the New Jersey Office of Children's Services (OCS), Monmouth University has joined the newly established consortium of baccalaureate social work educational programs. The consortium, known as BCWEP (Baccalaureate Child Welfare Education Program) is an outgrowth of the New Jersey Baccalaureate Social Work Education Association (NJBSWEA). First formed in 1976, the NJBSWEA has long addressed issues affecting social work education at the undergraduate level. For the past two years, NJBSWEA has been exploring ways to partner with New Jersey's public child welfare system in order to bring additional federal financial resources into the State.

In May of this year, the New Jersey Chapter of the National Association of Social Workers assisted NJBSWEA by bringing in Edward W. Sites, Ph.D., a consultant from Pennsylvania's Child Welfare Education and

Research Programs at the University of Pittsburgh School of Social Work.

Guided by the experience of Pennsylvania, NJBSWEA formed a child welfare consortium, now known as BCWEP. Representatives of the seven participating colleges and universities met over the summer to develop a proposal, which resulted in a formal partnership with OCS being established in mid-September. Dr. Nora Smith, assistant professor of the Department of Social Work has served as Monmouth Uni-

Representative and will coordinate the BCWEP Program beginning this Spring 2006.

The new consortium will work with OCS to recruit and retain an aspiring group of social work students into the public child welfare workforce. At Monmouth University, Dr. Smith will review student applications for beginning scholarship to be awarded this Spring.

Welfare continued on pg. 14

### **Reflections of Homecoming 2005**

**ERIN LUCAS** 

Homecoming. A word that is sure to bring a smile to any college student's face. We know the date weeks before and talk about the crazy time we are going to have. There are burgers being cooked, music to be danced to and friends to hang out with. This year cops didn't bother with many people and even though it was raining, it was a good time. Being a junior, I can't believe I had my third dosage of homecoming, and actually thought about what it meant to me. Every year this is something me and my friends look forward to and if you look at the bigger picture everyone looks forward to this day also. I'm sure every group of friends has there own traditions just as my friends and I do.

is together. No matter where they live or even if they don't go here, I know I could count on them being here. It brings us all back to freshman year again, before we failed classes, before we all moved out of Cedar Hall, and before we had to say good bye to an amazing year.

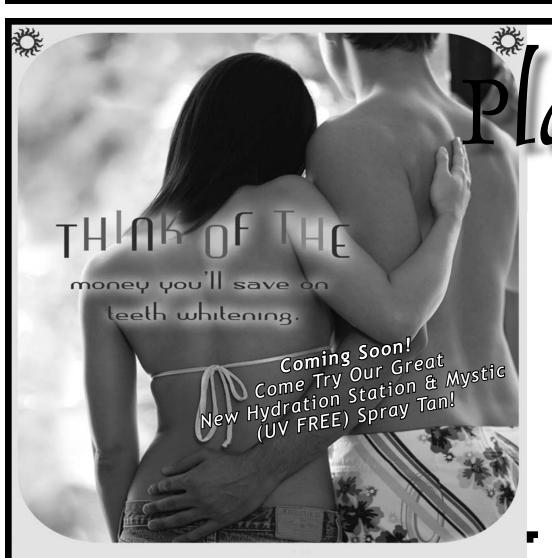
When I looked around at my friends this year, they all had a smile on their face which is something you always want to see. Then I looked around at everyone and noticed the exact same thing.

It's impossible not to have a good time. There is just this atmosphere you can't escape because it just grabs hold of you. It seems like every five minutes I was saying hello to someone new, either my good friends, people from freshman year, or people who are in my classes even if I don't really talk to them. People were having a grand time dancing away and eating and sometimes that's all you really

I'm not going to lie, of course most of us are drunk for the day. Yet, I don't feel like it takes away from the experience, it just adds on to it. I smile just thinking about it, it doesn't matter if you were acting silly, everything was pretty much expected.

Homecoming is a great tradition our school has going, one that I didn't realize how much meant to One thing about homecoming to me and my friends. It's almost a me is that it's the one time of year nice feeling of comfort when you when our whole group of friends know what to expect, whether it be one of my guys friends waking me up after two hours of sleeping for the third year in a row, or me and a best friend having a long heart to heart that I wish I could remember more of. Homecoming just brings a feeling of happiness to most and some amazing party skills that we've learned that help us get through the whole day. Even though it was cold and raining on that eventful Saturday, it felt like the sun was shining the whole day.

### See page 8 for homecoming editorial



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## SET INVOLVED!

## UPCOMING STUDENT EVENTS

Wednesday, October 26 Chocolate Factory 12:00-4:00 PM, RSSC 1st Floor Lobby

> Signs of Suicide Workshop 1:30 PM, RSSC Anacon A

Feeta Italiano 2:30 PM, RSSC Anacon B

Jason Stuart - Comedian 9:00 PM, RSSC Anacon B

Friday, October 28 Women's Soccer vs. CCSU 2:00 PM, Great Lawn

Weekend Movie - Charlie & the Chocolate Factory 8:00 PM, Young Auditorium, Bey Hall

Saturday, October 29 Weekend Movie - Charlie & the Chocolate Factory 3:00 PM & 9:00 PM, Young Auditorium, Bey Hall

Michael Blackson - Comedian 7:00 PM, RSSC Anacon Hall A

Sunday, October 30
Daylight Savinge Time - Fall Back 1 Hour

Women's Soccer vs. Quinniplac 1:00 PM, Great Lawn

Hindu Temple Trip, Queene, NY 9:00 AM Depart, \$3 by 10/28 Sign up in International Stud. Serv.

Monday, October 31 HAPPY HALLOWEEN

Wedneeday, November 2 Ex. Ed. Changed My Life 2:30 PM, RSSC Anacon Hall

Everyone Wants to be a STAR! 8:00 PM, RSSC Coffeehouse

CHECKHERED EVERY WEEKD FOR UPCOMINGD EVENTS:

## THURSDAY, NOVEMBER 3



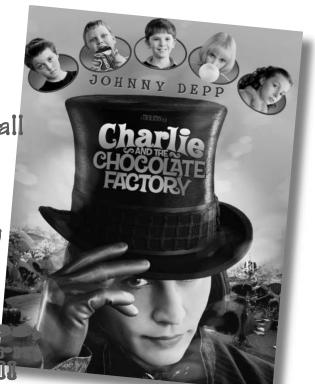
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Weekly Film Series Young Aud. Bey Hall

Friday, Oct. 28
@ 8.00 PM

Saturday, Oct. 29
@ 3:00 PM &





## Top 10 things to do in Red Bank after 10

LAUREN NAPOLITANO FEATURES EDITOR

It's 10:00 p.m. You're anxious to discover the perfect place to relax and let loose for the night. You and your friends decide to leave the Monmouth community and head to Red Bank to roam around and check out the local bars, restaurants, and cafes, trying to figure out which place provides the entertainment and fun you're looking for.

The town is bursting with activity nearly every evening. Once the clock strikes 10:00 p.m., Red Bank is full of surprises, keeping visitors and residents busy into the early hours of the morning. Here are ten places that are sure to keep you busy and entertain you for hours.

Red: Red is not only a restaurant but is also the quintessential lounge. Located at 3 Broad Street, inside the establishment a long stairway takes you out of the restaurant and into the lounge, where you will find tables with contemporary couches and chairs lining the outskirts of the room. A full stocked bar lines the back with a friendly staff eager to take your order. Off to the side, a small, raised up room is sectioned off where anyone is free to roam to throughout the night. Make sure you show up early, there is a waiting list to get upstairs where the action is due to their limited capacity

Echo: Located at 79 Monmouth Street, Echo can be referred to as a lounge, having a comfortable dining and cocktail area with a back drop of a waterfall which adds a tranquil touch. An exclusive VIP area is also offered to those who desire privacy.

Echo is known for their Tapas menu, offering an abundance of eclectic food. Tapas are traditionally known as Spanish cuisine and Echo declares to have taken a world-wide approach to this art.

The menu offers over 150 martini selections and is complimented by a Sake-infused martini list as well as a large selection of wines.

The Globe: Looking for a great place to catch the game, indulge in some of America's finest cuisine, or just casually hangout with your friends? Located at 20 East Front Street, this bar is the perfect spot for you! They offer a great selection of American foods, such as buffalo wings and hamburgers, and offers a wide drink selection to wash it down with. This bar also provides their patrons with satellite televisions so you can have fun with your friends and never miss watching your favorite sports teams.

The Downtown Café: Looking for a place where the food flows just as much as the beer? Located at located at 8 West Front Street, The Downtown Café might be the place you are searching for.

Open seven days a week, the main level of this popular local hangout serves food until 12:00 a.m. for their famished customers. Along with serving scrumptious food until the early hours of the morning, the café also provides live entertainment and a full stocked bar. The section in front of the café is transformed into a stage for live performers, ranging from jazz to blues to acoustical acts. Walk upstairs and you will find a martini bar as well as a larger stage for bigger acts and a dance floor for customers

**Chubbys:** For those looking for a more casual setting, Chubbys is the place to be. Located at 26 West Front

Street, this bar has a relaxed, fun atmosphere. No need to worry about a fancy dress code when attending this bar, just make sure you come along with your friends and you're good to go. Ever wonder what it's like to ride a mechanical bull? Chubbys offers you the chance. They provide mechanical bull rides plus free prizes and giveaways! If you're under the legal drinking age of 21 and can't seem to find a fun hangout, you're in luck at Chubbys. For you underagers, head to Chubbys on Thursday nights and start your weekend off with a bang!

The Dublin House: This old Victorian house was transformed into a traditional Irish pub, serving their customers authentic Irish food as well as American cuisine for whatever your taste buds may desire. Located on 30 Monmouth Street, this Irish pub provides two bars, a dining area, and spots where you can just kick back and relax. The Dublin House offers their customers more than your typical Irish pub!

**Broadway Diner:** Looking for a big meal after a long night at the bars? Stop by the Broadway Diner before heading home. Located on 45 Monmouth Street and open 24 hours a day, seven days a week except Christmas Day, this diner offers their customers a large selection of foods and a welcoming atmosphere. Whatever your preference, the Broadway Diner is guaranteed to have it.

The menu goes on and on, offering Italian specials, specials of the day, wraps, panini, and much more. When hunger begins to kick in during the early hours of the morning, the Broadway Diner will satisfy your every need.

The Internet Café: Located on 1 West Front Street, this Downtown Red Bank coffee house is no ordinary coffee house. The heavenly essence of their flavored coffees and delectable desserts is joined with the benefits of the cyber world; computers outlining the perimeter of the room with coffee tables occupying the center. Challenge your mind surfing on the internet while enjoying mouthwatering desserts and flavored coffees, cappuccinos, espresso, lattes, and teas. Along with irresistible desserts, the café also offers soups, chili, nachos, and hot sandwiches during the

Basil T's Brewery and Italian Grill: Another hot spot that will keep your belly full with more than just alcohol is Basil T's Brewery and Italian Grill. Everything is homemade, from the sauces and dressings to the mozzarella cheese, as well as the decadent desserts and award winning beers.

They are known for their Pizza Napolitana and their original recipes make customers feel like they are sitting in Grandma's kitchen enjoying her home cooking.

In their front window you can see an array of tanks where the restaurant brews their own selection of beers. This is a great opportunity to expand your beer horizons!

Basil's is located at 183 Riverside Avenue, near the Molly Pitcher Inn and Route 35.

Brannigan's: Brannigan's is a small, quaint bar that sits right above Marine Park. They serve great food and are said to have the best cheeseburgers around. This is truly a great neighborhood bar and their cheap prices are perfect for college students on a budget. Stop in to play some darts, catch up on Sports from one of the many satellite TV's or just to



The lounge at Red



**Bullriding at Chubbys** 

## Bar specials and entertainment

Red: For you jazz fans, a live band performs every Wednesday night at 9:30 p.m. until about 12:30 a.m. Thursday, Friday, and Saturday nights a DJ spins the hottest, most popular tracks. Music includes R&B, Soul, Funk, Hip-Hop, Rock, Light House, and 80's. Be apart of the Heaven and Hell Halloween party on October 29 where there will be free prizes, \$5 Halloween shots, and a DJ spinning all night long starting at 10:00 p.m. until 2:00 a.m. For more information, call 732-741-3232 or visit www.rednj.com.

Brannigan's: Happy Hour is everyday all day long at Brannigan's, serving 15oz. mugs of beer for just \$1.50 and is opened 10:00 a.m. until 2:00 a.m. seven days a week. For more information, call 732-933-9707.

Echo: From Tuesday to Thursday, the kitchen stays open until 11:00 p.m. and on Friday and Saturday until 12:00 a.m. Tuesday and Friday 4:00 p.m. to 6 p.m., the bar serves half price mixed drinks, \$2 Coors Light, and \$3 Yuenglin. Tuesday nights is Local Rock, Wednesday nights is Live Reggae Jam Test and \$3 Corona bottles and Friday and Saturday nights DJ Kell and Anubus spin popular tracks on the turntable. This delicious and entertaining lounge is opened Tuesday through Saturday 4:00 p.m. until 2:00 a.m. For more information call 732-747-8050 or

redbank.com.

Sunday is Open Jam Session where performers have the opportunity to show off their talent in front of a live audience. The hosts of the sessions alternate weekly beby well seasoned musicians to join portunity for amateurs to network. can be reached at 732-741-7004

the DJ Dance Party, playing popular dance, techno, and hip-hop music. Drink specials and giveaways are offered all night long. On Friday and Saturday nights, different local bands come to perform on stage, a few being Bitter X, The Fever, Big Orange Cone, and Monday night is Christian Brian Kirk and the Jerks, and El Kabong. For more information, call 732-241-3637 or visit them on ranging from acoustic to comedy, the web at www.chubbysredbank. changing week to week.

Grill: Every Thursday, Friday, and Saturday the restaurant/brewery offers live music from a variety of performers in the bar section. Sunday through Thursday they offer a late night menu from web at www.icafenj.com. 10:00 p.m. until 11:00 p.m. and on

visit their website at www.echo- Friday and Saturday from 11:00 p.m. until 12:00 a.m. For further information, call 732-842-5900 or The Downtown Café: Every visit their website at www.basilt.

**Dublin House:** Dave Crowton drops by the pub on Sunday nights at 9:00 p.m. until about 1:30 a.m. tween the blues of Chuck Lambert to host an open mic where local and rock of Robert Mellaci. Both artists come to play or sing their Lambert and Mellaci are joined original music. This gives unknown performers a chance to the inexperienced performers if shine in the spot light and build they feel uncomfortable perform- a reputation in their community. ing alone. This is also a great op- During the week, various Irish performers are featured at the bar. learn from, and exchange ideas They also feature an NFL package with others. The Downtown Café on Sundays, providing seven televisions throughout to give patrons a choice on which game they wish Chubbys: Eighteen to enter for to watch. During the second half guys and girls, Thursday nights is of the games, they offer \$4 pints of beer. For more information, call 732-747-6699.

> The Internet Café: The café offers live entertainment throughout the week. Sunday night from 7:30 to 11:00 p.m. is Open Mic Open Mic. Friday and Saturday nights provide live entertainment

Monday through Friday, the café is opened from 11:00 a.m. un-Basil T's Brewery and Italian til 11:00 p.m. with the exception of Wednesday when it is closed. On Saturday and Sunday, the café is opened from 2:00 p.m. until 11:00 p.m. For more information, call 732-842-4503 or visit them on the

## Party hard without jeopardizing your health Learn how to have as much fun partying with your friends while watching your waistline

AMY MUSANTI STAFF WRITER

Foodfit.com shares that Americans eat 4.2 commercially prepared meals each week. That means we do not like to stay in for dinner! If we are eating this much restaurant food, it would be helpful to consider the health factors of these meals. How can we enjoy a night out without jeopardizing our diets and healthy choices? By adding or taking away a few things from your night out, you will benefit your body in so many ways.

Let's start with the menu:

- Ordering a salad can be a healthy choice, as long as it is not loaded with meats, cheeses, and heavy dressings. Nutritionist and author Shari Lieberman, Ph.D. found that "a Chicken BLT Garden Sensation Salad from Wendy's is a whopping 700 calories!" That is over half of the recommended daily caloric intake of 1200.
- Ask for your chicken or fish grilled, not fried. Fried foods may be more appealing to your taste buds, but they are dripping in trans fat.

• To cut fat and still enjoy a juicy caffeine. burger, choose a veggie burger. I know it sounds scary, but the low fat benefits outweigh the healthy sounding name, and it actually tastes pretty good!

- Request that your condiments for sandwiches come on the side, so you can use a smaller amount than the line cook would have. If you can't live without condiments. replace oil and mayonnaise with mustard. Foodfit.com also points out that baked potatoes are a decent choice, until the butter and sour cream are slathered on. Use low fat salsa as a healthier topping
- If you have to choose between drive through meals and sit down meals, opt for the latter. Lieberman sees that people who eat quickly and on the run are less likely to take time to realize just how much they are eating.
- If you do not want to be up all night, avoid coffee. According to freshcoffee.com, a typical seven ounce cup contains 80 to 135 milligrams of caffeine. That is more than twice the amount of caffeine in one 12 ounce can of soda, which contains 40 milligrams of

- Stay away from soda! A small sized Coke (16 ounces) contains of tomato and carrot juice, and of 150 calories, 40 grams of carbohydrates, and 40 grams of sugar!
- Boston Market's website (www.bostonmarket.com) serves up an online wellness guide for you to choose what type of food best fits your lifestyle.

Dessert if you must:

- The Applebee's chain offers Weight Watchers dessert choices
- TGI Fridays caters to people on the Atkins' diet
- Order a side of fruit as your dessert and add low fat whipped

If you need an alcohol fix but ning: want to be as healthy as possible:

- Set a limit for yourself before you go out, this way you can enjoy one or two without infringing on
- Alternate drinks with non-alcoholic drinks so you will be full without having too much alcohol (American Council for Drug Edu-
- Many well made cocktails

amount of vitamin C

- Order a Bloody Mary for a mix course, some vodka
- Some fruity drinks will include rum along with a healthy serving of your favorite tropical fruits (www.viewlondon.co.uk)
- One serving Coors Aspen Edge contains only 2.6 grams of ries an hour dancing at a fast pace carbohydrates and 94 calories compared to regular Coors which has 10 grams of carbohydrates and 142 calories
- To avoid that hit by a truck feeling the next morning, alternate a drink of water with a drink of

Add some exercise to your eve-

- Health.com informs us that there are many ways to burn calories in just a 10 minute time slot
- Country line dancing burns 55 calories in just ten minutes
- club or bar before the crowds will can cause lung cancer and heart shave 45 calories off in just 10 minutes
- One big winner is running upstairs for ten minutes, which will provide your body with a decent kill off 150 calories. What an easy so outside and not often.

way to burn calories without even trying! Run up the stairs to your friend's house, run up the stairs to the bar, run up the stairs to catch

- Playing pool burns 148 calories in one hour (www.nutristrat-
- You can burn up to 374 calo-(www.calorie-count.com)

Since you are eating healthy, you should also be breathing healthy:

- Avoid bars and restaurants that do not have a confined nonsmoking section. Although it is wishful thinking, the smoke does not know how to stay in the smok-
- Many chains and some local places are becoming more considerate of their customer's health and are banning smoking from their establishments
- Public health officials have re-• Walking quickly to get into a searched that second hand smoke disease, in addition to health problems or death in children (www. philipmorrisusa.com)
  - If you do choose to smoke, do





## How healthy are you?

LAUREN NAPOLITANO

FEATURES EDITOR

This 4-point quiz from Shape. com helps you determine which areas you need to make over. The payoff? A happier, healthier, better looking you!

Do you work out every day, but can't remember the last time you saw your doctor? Or do you never miss your annual exam, but you find healthful eating more of a hassle then a reward? Most of us have at least a few habits that could use some improvement.

Take this quiz to find out which areas your lifestyle needs more of your attention. Then, read on for easy ways to reshape your lifestyle.

Test your wellness know-how: Answer true or false to the following statements in each category.

### 1. Physical activity

I get less than 30 minutes of physical activity on most days.

True False

I don't exercise because I can't afford a gym membership or home equipment.

> True False

I can't find time to work out.

True False

### 2. Diet & nutrition

I'm too busy to prepare healthful meals. I grab what I can.

> True False

every day, so I don't worry too much about eating fruits and vegetables.

True False

I eat more than my fair share of and/or my family history. sweets and/or junk food.

True

False

### 3. Rest & emotional well-be-

When I'm busy, I cut back on sleep in order to get everything done.

True

False

When I'm stressed, I generally just power through it.

True

False

I haven't pursued a passion of mine in a long while.

> True False

I don't regularly connect with

something bigger than my day-today concerns, such as enjoying nature, meditating or doing service for others.

> True False

4. Seeing the doc

I tend to put off my annual ap-I take a multivitamin almost pointment with the gynecologist.

> True False

I don't tell my doctor everything about my health habits -- like smoking or having unsafe sex --

> True False

I haven't been to the dentist in more than a year.

> True False

How you scored:

If you answered true to any of the questions in a category, consider making that health factor more of a priority. (The more "trues" you have in a certain area, the more emphasis you may want to give it).

But don't feel overwhelmed if you need to make improvements in every area, most of us do! For the future, try to make a conscious effort to gradually make small changes in your life to transform you into the best you can be!

## Easy ways to burn extra calories

### 10 Ways to burn an extra 100 calories a day:

- Steady cycling for 10 minutes
- Doing a fitness video for 10-15 minutes
- Brisk walking for 15 minutes • Stair climbing for 15-20 minutes
- Housework for 20 minutes • Gardening for 25-30 minutes
- Washing and waxing the car for 20-30 minutes
- Dancing for 20 minutes
- Grocery shopping for 30-40 minutes

20-minute walk by the end of the day.

• Pushing a lawn mower for 15-20 minutes

### Other ways to fit in some more calorie burn throughout the day:

Source: Reader's Digest

• Passionately kiss your partner 10 times a day:

According to the 1991 Kinsey Institute New Report on Sex, a passionate kiss burns 6.4 calories per minute. Ten minutes a day of kissing equates to about 23,000 calories, or eight pounds, a year!

• Get up and walk around the office or your home: Walk around your environment for five minutes at least every two hours. If you're stuck at a desk all day, a brisk, five-minute walk every two hours will become an extra

- Make one social outing this week an active one: Pass on the movie tickets and take in the views of a local park instead. Not only will you get your butt out of a seat, but you'll be saving calories because you won't chow down on a bucket of popcorn. Some other active date ideas are to plan a tennis match, sign up for a guided nature or city walk (check your local newspaper), go cycling on a bike path, or join a volleyball league or bowling team.
- Take a walk before dinner: You'll do more than burn calories by walking before a meal, you'll cut your appetite. In a study of 10 obese women conducted at the University of Glasgow in Scotland, 20 minutes of walking reduced appetite and increased sensations of fullness as effectively as a light meal.

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### STAFF WRITERS

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The Outlook Monmouth University 400 Cedar Ave West Long Branch, NJ 07764

WEB:

http://outlook.monmouth.edu

E-MAIL:

outlook@monmouth.edu

outlookads@monmouth.edu

ok masthead designed by Kimberly Lynn Maller Back page sports logo designed by Nick Hernandez

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### Got a problem with homecoming?

### Editorial

### A first time at homecoming is met with mixed ups and downs

**LAUREN BENEDETTI** 

Homecoming is a tradition recognized by college campuses throughout the nation and a custom at Monmouth that some consider the biggest and best party of the year.

Homecoming was a celebration that I heard sensationalized stories about throughout my years at MU. Nevertheless, it was a social gathering that I never considered attending - until this year. Past years I was either wrapped up with friends who I grew up with that lived nearby or I was studying abroad. I could have cared less about the students who were hanging out in the parking lot on Saturday afternoon wasting away in the typical college practices. Boy was I wrong.

On Saturday afternoon, it was time for me take part in the barbaric activities outside in Lots 25 and 26. I couldn't just sit and watch my friend's waste the day away without joining the festivities.

Homecoming was nothing like I imagined. In fact, it offered a little more and a little less of what I had expected in a few different aspects.

The rain was a damper on the day as a whole. I never imagined being wrapped up in a rain jacket and three layers of clothes while hanging out the parking lot. Nor did I imagine fellow classmates walking around in T-shirts while Mother Nature was torturing us with blistering wind and rain; I wonder what was keeping everyone so warm?

I imagined homecoming as a celebration enjoyed by faculty, students and alumni. But to my disappointment it was a party separated by Greeks, the rest of the student body, and the older more mature at Jack's that same evening.

adults. All three of these groups were separated by parking lots. And I asked myself, "Why weren't we all in the big parking lot like past years? Isn't homecoming a time to cherish with one another?"

About a month ago, I wrote an editorial regarding the changes made to homecoming times. (In the past homecoming was an additional two hours. Nevertheless it was cut back this year in hopes that the student body would enter the Alumni tent so they could spend time with past graduates instead of secluding themselves outside in the parking lot with the everyday MU crowd.) I was split 50-50 by the decision the school had made.

I understood the University wanted to limit the excessive amount of drinking by two hours. Nevertheless, I also felt for the student body. How often do we get to hang out and socially drink with

Dear young lady, did you

It was reported in the 2004 Report on the Task Force on College Drinking that 1,400 college students die from alcohol related accidental deaths each year and the number is expected to rise.

Now I don't mean to ruin everyone's drinking habits but I hope that homecoming is what many of you consider a special day for drinking. The good news is everyone got home ok and life continues at MU.

An idea I heard this past week that I think would benefit the turnout of homecoming in the future is this... Why don't we start tailgating at 9 a.m., close the parking lot at 1 p.m., make a section for students in the stands (did you see the turnout at the football game?) and then reopen the tailgating after the game for another two hours. We would get a better turnout at the game and

### Homecoming was nothing like I imagined. In fact, it offered a little more and a little less of what I had expected

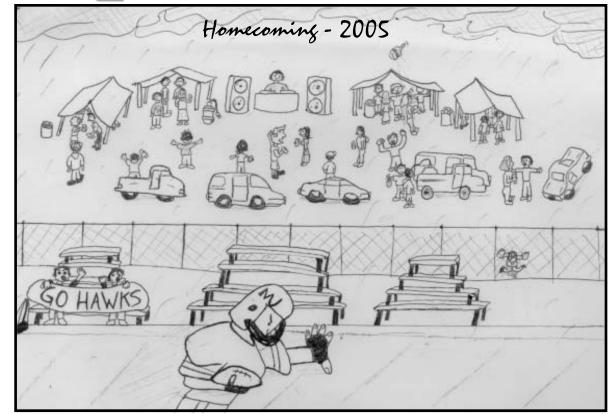
every weekend.

The school was absolutely right when it came down to extreme drinking. I don't think I ever saw my friends or fellow classmates as drunk as I had seen them on Saturday. The demonstration I saw by one individual that afternoon made my decision quite clear. It was when I watched a female Monmouth student guzzle a 750 ml bottle of Raspberry Smirnoff Vodka in approximately 60 seconds. Then she topped it off with a splash of Sprite and she was on her way and so was I with the feeling of disbelief. Well that was until I saw her about a half an hour later puking her brains out in the port-a-potty. I bet that felt good, and I bet she was

one another? Oh right, at the bar it might promote school spirit. And students would be happier knowing they had an additional two hours to drink, while the school has the feeling of comfort knowing students are sobering up somewhat during their time in the stands. If you like this idea and you were one of those people complaining in the parking lot this year about why you thought, "homecoming sucked" or why "homecoming was better last year," then my suggestion to you is get involved now with the Homecoming Committee. They are already looking into plans for next years events.

> "They say that time changes things, but you actually have to change them yourself." - Andy

By: CHRIS NETTA



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## It was only a dream

VALERIE LEONE CONTRIBUTING WRITER

Monmouth was a place I could not wait to attend; I will never forget the day I had receive my acceptance letter to Monmouth, I jumped on my mother so hard she nearly fell. I was beyond thrilled to come here. I had grown up in Keansburg, NJ, (its exit 117 on the Garden State Parkway). Due to this I felt I needed to come back to central Jersey. I felt as if I belonged here, but this was not my only reason for coming to Monmouth; I was attached to its' beautiful campus and diversity. I had heard so many great stories at open house from students about the people they have met and the education that is given to them. I was in love with Monmouth.

When I came to the open house students spoke very highly about MU. They had told me not to worry, you will make a great deal of friends; (at my old school I met more people in two days then I have met here in a month); you'll find your group, the teachers are great and the school is great! My friends from other schools would tell me "you're going to Monmouth! I can not wait to visit and party." To a transfer this all sounds great; I am going to have a great three years and a home away from home. Well, I have been here for a month and all this seems to be a lie

As of right now the only friend I have made is a transfer from my previous college which is Bergen Community College. We are both in the same situation; we have no one but each other here. Where as we once could not wait to come here, now we can't wait to leave.

Perhaps I was just used to going to a school such as my old one. At Bergen Community I made friends and I had a great college experience. I regret leaving Bergen, due to the fact the school was very diverse and to me it was less like high school. At Monmouth, I feel I am reliving those have helped lot of other all as stated fers are a graph computer and to me it was less like high school. At Monmouth, I feel I am reliving those

four years of high school again. Here everyone has their own group and even is in each others business. I went to a community college and met people for who they were, with out hearing about all their flaws before I had even met them. I have gone to Montclair State University also; without living on campus, but there even without living on campus I had a great deal of friends. I knew about parties, I knew about all the hot spots that many people went too; I was getting a true college experience. But, at Monmouth, it is everything but a college experience to me.

Although, my feelings for Monmouth change everyday, there are times when I feel this is what I wanted from my four years in high school and I should just stick it out for the whole year and perhaps things will change, but it honestly is not worth my money. Sure I am learning, but what is college without the fun? I have tried going out to rush, but I had come to find out those are not the people for me.

Although, I think about one thing a lot, perhaps if Monmouth could have offered me housing then maybe things would be different. Perhaps then I would have made friends, if you think about it once living in a dorm you automatically have a roommate and sweetmeats; vou become acquainted with your whole floor and eventually all become friends. But as a commuter living a mile from campus and having to work 30 hours a week to keep the electric on, it is quite impossible to make friends. If Monmouth could help transfers out by offering housing to everyone; perhaps it would have helped out not only me, but a lot of other transfers as well. After all as stated on the website, "transfers are a great percentage of the campus." However, how does Monmouth expect to keep transfer here if they can not have a full college

## How much are your two cents worth now?

CHRISTINA GUARINO CONTRIBUTING WRITER

If you were to run outside right now screaming "FIRE!" at the top of your lungs, chances are some people would look at you, look at the building and shrug. I was sitting in a classroom full of fellow freshman last week while the professor expressed to us the view of our generation through the eyes of those superior in age. Indifference was the keyword of description. She wished that what she was saying would have been taken as an insult, however no one seemed to care. Sure, kids in the front were quick to nod in agreement that their peers were lazy and useless, but a head-nod was the extent of action and/or expression in the room. After a pause, some students took a moment to defend some of their passionless antics saying they were only young once and this was their time to relax and kick back, they know when to take responsibility when it is needed. Now, call me a bitter cynic, but I don't know if that last part is very true. Responsibility is constant in self-control and respect for life; however these responsible actions that come along with daily life are overlooked everyday. So what exactly defines responsibility in young

We are all so quick to blame society. "What's wrong with people today?" those who as are." "It's the parents' fault!" "It has population?

got to be that darn rap music!" Blame, blame, blame. However this work of placing the guilt on other's shoulders does nothing more than prove the point! The aforementioned idea that no one is willing to do anything that takes more effort than complaining.

To be honest, there is nothing I find more unattractive than a passionless individual. A person who does nothing to better themselves or the situations work their way into. I don't even think anyone realizes that they have no soul. Strength is endangered right now because so many individuals take the easy way out. Just because the passion is gone does not necessarily mean the desire is gone, though this desire is also a fault because common desires are selfish. Selfishness and apathy are mind poison, and how easy they are to fall victim to! When there is the option of "friends with benefits", why go out of your way and try to love someone? Too much feeling, too much sacrifice! I can't do that! It might get difficult! When something in life throws a curve ball, just run to the alcohol because that's another easy escape. Maturity is not a process that just decides to occur, it's a fight and a conscious decision to grow up, focus, accept hardships and be passionate about what you love despite anything and everything. Are those who are willing to challenge life and discover its raw beauty a dying

## **Stark Raving Bland**Weekly observations and ravings

REUVEN FELDMA

"Write whatever you want man."

"And so after signing to accept my lottery winnings in one cash payment, I was free to think of possible names for my cure for cancer. This was somewhat difficult with constant calls from my clothing labels' design team, senators behind my 'Better Toilet Paper for Monmouth University' Bill, and of course Scarlet Johansen."

Crap, I really am mentally constipated.

I decide to take a break and have lunch with two of my friends in the student center dining room when the idea hits me that I may not be the only one out of ideas. This thought was spawned from my soda: "Mountain Dew's Pitch Black 2" which does not have anything to do with inept sequels played by Vin Diesels biceps, but is a sour version of the first "Pitch Black." Let me understand this...

I decide to take a break and have lunch with two of my friends in the student center dining room when the idea hits me that I may not be the only one out of ideas.

Somewhere in the dark corners of the corporate beverage world is Bob. Bob has a 401K and knows what that means. He has a house that "isn't too bad" and likes his new Rockport shoes even if they aren't very stylish. He probably gets L.L. Bean's catalog and isn't sad when someone gives him their socks for his birthday. He doesn't like his cell phone but is happy with his Tivo even if his wife has it full of "Lifetime" episodes which to him, seem to feature the same story over and over again just with different cast members. Bob doesn't mind that much because that's who he is. His boss knows this and so with her conservative, pinstripe business suits and Dale Carnegie workshops, she easily assigns Bob the task of increasing Mountain Dew sales. "But I'm not in Advertising, I'm in Product Testing and you already have the product!" Too late, evil boss lady has retired to her lair and so he is now racking his brains for ideas. The real reason he is "racking" them is because that word is almost as funny to me as "frolicking" is but also because he knows that if he fails, his job will be outsourced to Punjabi, India and when Kumar (Kuuummoor? What is that with, 5 "O's" and 10 "U's"?) produces a curry flavored soda, his job will be outsourced to the moon where NASA has discovered life forms that have not heard of the word "minimum wage" who are now hired and are thinking of words that rhyme with "orange." (Umm, guys, there are none, pick

After some more thinking, Bob finally decides that a new flavor would be the best way to market a drink that has enough caffeine to propel most kindergarten children into next week. Within a short

...he is now

racking his brains

for ideas...he

knows that if he

fails, his job will

be outsourced to

Punjabi, India

time, Mountain Dew releases "Pitch Black", a grape flavored clone of the original since Bob couldn't think of anything new.

Ten months later the same thing happens to Bob: he racks his brain for ideas, Kumar can't wait for his job and the moon workers are thinking of a word that rhymes with "rock" (Umm, guys, there is, but you shouldn't have to be 18 to buy the drink.) The result: (drum roll, please) Bob unveils Pitch Black 2! Yay! We are so happy for you Bob;

we hope you get Originality for your Birthday present!

My friends agree with me but one gets the feeling that Bob could have handled himself better. "Maybe if he watched "The Apprentice" he would have done better." I would convey this strategy to Bob, but the logic behind telling someone to improve on their originality by watching the *fourth* version of a show would just have me drinking Pina-Colada flavored Mountain Dew in six months. Instead, I would like to tell Bob to skip right to the movies in hopes of some originality present to kick start his brain but once again, I am met by: Saw 2, Zorro 2, Spiderman 3, X-Men 3, Shrek 3, Pirates of the Caribbean 2 (and 3!). Yes, some of these were great movies

We hope you get Originality for your Birthday present! and maybe some people like watching men in suits with short hair cuts, bickering over the best way to set up a meeting or the female version, longer hair and more bickering with small doses of pastel colors, but not me. I want to walk into the din-

ing room and be presented with a drink that is unique and new and then go home and watch a movie that is not another documentary, remake, or sequel. I should end off by reiterating the introduction as I was taught but let's try something new for a change and end it just like that.

### QUOTES OF THE WEEK

"Education is the best provision for old age."

Aristotle (384-322 B.C.E.)

""As long as there is unemployment, war, crime and all things that go to the infliction of man's inhumanity to man, regardless -- there is much to be done, and people need to work together."

Rosa Parks (1913-2005)

"Chance is always powerful. Let your hook be always cast; in the pool where you least expect it, there will be a fish."

> Ovid (43 B.C.E.-17 A.D.)

"Many that live deserve death. And some die that deserve life. Can you give it to them? Then be not too eager to deal out death in the name of justice, fearing for your own safety. Even the wise cannot see all ends."

J.R.R. Tolkien (1892-1973)

"Once harm has been done, even a fool understands it. "

Homer (800 B.C.E.-700 B.C.E.)

"The brain is a wonderful organ. It starts working the moment you get up in the morning and does not stop until you get into the office."

Robert Frost (1874-1963)

"We don't know what we want, but we are ready to bite somebody to get it."

Will Rogers (1879-1935)

"Everyone is a genius at least once a year. The real geniuses simply have their bright ideas closer together."

Georg Christoph Liochtenberg (1743-1799)

"Happiness is nothing more than good health and a bad memory."

Albert Schwietzer (1875-1965)

"It is hard enough to remember my opinions, without also remembering my reasons for them!"

Fredrich Nietzsche (1844-1900)

All quotes taken from www.quotationspage.com

### OPINIONATED:

by Suzanne Guarino

Katrina..Rita.. Wilma "To what do you attribute this horrible hurricane season?"



Nicole

"I think you gotta be able to take what you dish out and we're doing it to ourselves. What goes around comes around... our hate and violence manifest into hurricanes."



Christina sophomore

"I think it's just coincidence."



Harrison super senior

"I really think Mother Nature is kicking our a\*\* because we've kicked hers so many times. The planet is fighting back. ....Actually, I'll admit it, It's really me."



Phabiana, Ali & Angela freshmen

"We think it's because of global warming."



Christina freshman

"Lunar alignment?"

## **Majoring in yourself**

Students are more than what shows up on their college degrees

CHRISTINE RESTIVO ASSOCIATE EDITOR

Students across the nation are feverously looking for that edge they want to gain with their college degree but the truth is the only edge they are going to see with that degree is the edge of the paper that it is printed on.

In the past decade college attendance has risen sharply and doesn't look like its going to stop any time soon especially as the pressures from parents and high school guidance counselors push students to attend college immediately following high school. Young people are being forced to choose their future before it has even had a chance to begin. The truth is a bachelors degree is becoming just as common as a high school diploma and is not what is going to separate one aspiring professional from the other.

In the midst of all this pressure my advice to students is "stay true to who you are". Students worry too much about the person that they will become instead of appreciating themselves for who they are right now.

Think about what makes you different and about the things you love. The questions "what drives you?, "what interests you?", are critical at a time in a young persons life when they are ultimately deciding how to determine their future. An edge can be anything from sports to hobbies, from talents to artistic abilities. No matter how silly it may seem it is still something that can be applied to the future and ensure that someone stands out while doing something they truly love.

I have a friend in two of my classes who loves music (primarily rap music), but she doesn't major in anything to do with the industry because an aspiring career in the music industry did not seem practical. She is ambitious and has a fascinating interpretation of what rap music conveys to the listener. That is her edge. Not very many people look at rap music with the

same view that she does. Her unique perception of this genre of music is what gives her an edge over another professional in the industry. Inspiration, ideas, and perceptions give people an edge and make their work stand out. Creativity separates those who can simply do a job and those

who are great at a flourishing career that they love.

Certainly when I graduate I will be thanking Monmouth for my degree and an interesting two years (I'm a transfer) but I can proudly say that what makes me stand out in the professional world is a product of following what I loved to do, even when at times it seems strange to a guidance counselor or advisor. As a kid I was fascinated by languages. Now at 21, I am able to speak two languages fluently other than my native English and I'm working on two more. It is an edge that I am proud of, love to work with, and distinguishes me from other college graduates.

Young people are unique in so many ways. They are fascinating, interesting, and motivated. It is easy to get wrapped up in a curriculum where students define themselves with the parameters that they are doing what they should be doing instead of what they would really love to be doing.

Have an idea? Take it and run with it. The best thing about being young is that there is time. Time to try something, do something interesting and more importantly time to really define that person that everyone knows deep down inside they want to be. I was so fascinated by my friend's view on rap music because it was something I would have never thought of. It was so engaging that she would have no problem catching the interest of an employer in that industry.

My final point being be proud of your degree, whatever it may be, and content with the experience it has given you, but also be confident in your ideas and proud that

Students worry too much about the person that they will become instead of appreciating themselves for who they are right now.

you gained your edge by just simply being yourself. Thousands of students are going to have similar degrees, internships, work experience, and what not, but entirely different ideas, personalities, and flairs. Students need to take their identity and make it work for them.

## **DAN: Unleashed and Uncensored**

DAN ROTH

Last night my roommates, a couple girls, and I got into an interesting discussion that I thought would be appropriate topic for this week's edition. The conversation started after we had a little too much of the good stuff ô¿ô. We got into talking about what makes women attractive, or in their words, "hotties." My idea was that a girl is considered attractive according to many factors including intelligence, compatibility, personality, looks, trustworthiness etc. They on the other hand have broken it down simply to looks and personality.

If you ever come to my apartment on a Wednesday through Sunday night you will often find them playing this amusing game called "Who is the hottest girl in school? Otherwise known as Top 5" in this game, they name a girl and then bicker back and forth about whether she is the hottest girl or usually "top 5."

that they will be admiring her corpse, it means that out of any girl that ever went to Monmouth, THIS girl would still rank top 5.

This game has offered me many a nights' entertainment, especially being a Gender Studies minor. The problem is that while I could take it in stride, I have been taught that this type of game is the type of thing that is causing friction in society. First of all there is no true definition of hotness, only a socially constructed ideal of beauty that permeates society.

It doesn't just permeate from one side either. While this article may seem like a hit on my roommates, it honestly is not. It is just one example of how parts of society work.

Girls play the same sort of game. I know of a group of girls that sit in front of their windows as the guys play flag football in fact it is a group event. This was described to me as having the same effectiveness as "guys watching cheerleaders." If you

This does not mean that they will be admiring her corpse, it means that out of any girl that ever went to Monmouth, THIS girl would still rank top 5.

For them there are only two criteria for determining whether the girl/woman are "top 5," these two categories are personality and hotness. At the current time I can not tell you I have agreed with them on any number of these women, but then again, and I am not judging them, I chose not to objectify women like that. But in any event it is fascinating to watch.

Anyway once they name a girl they will say something like "Yo Lauren Pimpkin is top 5 personality and looks!" I have come to learn this means that they think she has the looks and attitude to win this prestigious title that they have granted her. Not that the girl will ever know, but they do, and somehow this will add to the girls karma...

On another occasion they have come up with a new term, it's called DOA. "Sara Silverboots is Top 5 DOA!" This means that she has the unparalleled honor of being a Top 5 Monmouth girl dead or alive. No this does not mean

are attempting to tell me that, that is any better than my roommates playing "Top 5," then you are going to be speaking with noone on the other end.

The funny thing to me is that there are so many variations of these games that are played that you could make a book out of it, call it "A million and 1 Games to Determine Hotness," or something of that nature. You can't even call it pathetic because that is the way that we are taught to think and act.

Before I end this edition I have two things to do. First of all I want to give a big shout out to Nikki from Maplewood "Shaawing!!!!" (Wayne's World Reference) My apartment solutes you as it's "Top 5 Woman of the Week." The other thing I need to do to finish is my weekly "Words of Stupid Wisdom." For clear wrinkle free skin under your eyes, hemorrhoid cream is the best... This quote is according to a group of anonymous females.

## A more complete look at America

Re: A conservative, a christian, and a republican

TODD FRIEDRICH CONTRIBUTING WRITER

Today I was at home reading last weeks Outlook, and I came across an Op/Ed article that rubbed me the wrong way. I felt that it was time for someone to stand up and shout out that there are multiple different viewpoints to take concerning American politics and foreign policy, and that it is time for those alternate views to be represented in some way.

I am only going to address certain aspects of last weeks article "A conservative, a Christian, and a republican". While there were many parts that I did not agree with, some especially stood out to me. In the first couple of paragraphs, in which Sean Quinn (the author) describes being in the Library of Congress and discovering that some-

one had defaced original furniture with an anti-Bush phrase, he states that "It wasn't the message that really got to me, even though as a conservative, a Christian, and a Republican, I support our president..." What struck me most about this statement is that the author is making the assumption that being a conservative, a Christian and a republican is a pre-requisite for supporting the current president or administration. I am sure that there are many conservatives. Christians and republicans who may not agree with the president. I do not believe it is fair to lump all conservatives, Christians and republicans into the category of supporting our president. Doing so does not show appreciation and respect for divergent points of view, wherever they originate.

Moving on, later in the article Sean talks about how there were many jus-

tifications for invading Iraq, including that "the president outlined the numerous human rights and UN violations that he (Saddam Hussein) had committed. Hussein used chemical weapons on his own people because they disagreed with this regime". First, as far as I know, the main justification for war, as presented by the media, was that of weapons of mass destruction. However, I am not denying or overlooking the fact that Saddam Hussein was a ruthless dictator. What should be looked at are his connections to the United States during the time he used those chemical weapons. At the time of these atrocities, and they are without a doubt atrocities, Saddam was financially and militarily supported by the United States. We were providing him with all sorts of weapons and money, but only as long as he served our inter-

est by bringing profit to major US corporations. The United States did not care how Saddam was using the weapons we gave him. As soon as he was no longer working to our benefit, such abuses towards civilians are brought up. Not when they are actually occurring, but after the fact as leverage to influence public opinion against him. When does complacency becoming outright support when it comes to stopping human rights abuses.

In regards to human rights abuse, there is little if any attention paid to those abuses that occur within the US. Our country has a long history of abuse, starting with the decimation of Native Americans, leading up to now with the prisoners in Guantanamo Bay, Cuba. People are being held against

**Reality** continued on pg. 10

## **Exercise** tips for gym connoisseurs

How many times have you been to the gym each week in the past month? The answer is countless, and the results do not always appear as quickly as one would like. The reason for this could be due to the exercises you are performing at the gym. According to former Olympic coach and Ormond Beach, FL, strength-training consultant Harvey Newton, "there is a great deal of 'bodybuilding pollution' on the market, and not only do these exercises take hours to perform, but

thigh muscles. When you sit on this machine and squeeze your legs together, you are mainly targeting deep hip rotators, which you never see. Instead, try the one-legged press, with your legs apart at 90-degree angles. Remove your left foot from the platform and place it on the floor. The reason why this machine works so well is because during a singleleg press, your inner thighs work to keep the leg from moving out to the side. This move also shapes your quads, glutes, and hamstrings so you will be able to get

The weight room is not the only place you may be wasting precious time. If you have poor workout techniques, and are not exercising properly, it could dramatically decrease the effectiveness of your aerobic workout.

numerous women will never obtain more toned. the shape they want by isolating each and every muscle."

The most common exercise among chronic gym-goers is the seated adduction. This is one exercise routine you will want to ditch, because it is not the most

If you are one of those people who still does the side bend you need to read this immediately and pay close attention. This supposed love-handle eliminator could actually make your waist look larger. Instead opt for the T-pose, in common mistakes that people



The seated adduction targets deep hip rotators, which you never see

your

which you assume the full pushup position, with arms extended, hands directly below shoulders, and legs extended so that the body forms a straight line from the head to your heels. Tighten your abs and try to

roll your body to the right side, while sup-

with your right torso arm. This exercise works well because your obliques are fully engaged in order to embrace your entire torso during this popular strengthening move.

The weight room is not the only place you may be wasting precious time. If you have poor workout techniques, and are not exercising properly, it could dramatically decrease the effectiveness of your aerobic workout. The three most

make when working out are the machine lean, the single-speed wonder, and the one-trick pony. The machine lean is when you support yourself on the handles while working out on the Stairmas-

ter. Do not feel bad, girls, because I am guilty of this, too. Unfortunately, I do not go to the gym as much as I should, and when I do go, I opt for the alternate route and perform a lazy workout. Instead of running on the

treadmill for the full half hour I opt for ten minutes (and sometimes hold on to the handle bars). The singlespeed wonder is when you become accustomed to the same mundane exercise routine. However, after just a number of months, your body

adapts to this type of workout and begins burning fewer calories. Last, but not least, the one-trick pony is when you find an exercise routine that works, and you stick to it. Even if you are addicted to the treadmill, give it a day off and try a new rou-

The heel raise is a favorite among those who do not do the full workout and prefer to take it easy. This may be beneficial for walkers, but if your reason is purely for aesthetics, it is useless. It is recommended that you walk on an incline instead. Set the treadmill on an incline for 30 minutes because your calves will benefit immensely, and you will also be able to burn more calories.

The myth about the seated leg extension is true, girls, it really does not work. Instead of toning your legs, it will place a heavy burden on your knees, and women's knees are fragile. Try the

> 8 to 10 pound dumbbell in each hand as you bring your right leg back down, a n d your body until the tip of your right toe touches the floor, while

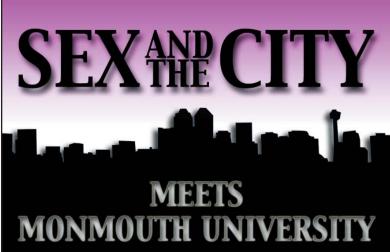
planted step-

up, in which

you hold an

These exercise tips should place you on the right path for obtaining your goal weight. Remember to change your routine and incorporate new forms of exercise into your regimen, because exercise is the best solution for staying healthy.

keeping your left foot on the



drove my friend to Jack's on Tuesday and it was the first time she got to see it. On the way to the bar, she asked me if I got it because it was a fancy, expensive car. I told her that after I test-drove it, I fell in love with it, but wasn't sure if that was simply because it was a luxury

car. So, (under the direction of my parents) I test-drove several other less expensive cars. However, even though their lease terms were going to be shorter, the amount per month was going to be relatively similar. I wasn't looking to get rid of the car sooner; I simply wanted a great car for right now. Thus, the other cars did not seem worth the money. She compared it to the first Coach bag she ever got. She said that she knew the bag was expensive and

she wasn't completely sure it was

worth the quality. She had always

I got to thinking about relation-

expectations of the quality of our

products. If my car doesn't live out like I expect it to, I will be very disappointed and very careful about my next car lease/purchase, and might not even consider another Acura. If my friend had had her first Coach bag fall apart, would she be so biased towards Coach? Or would she have been more hesitant about investing in another expensive bag? And even if these products do live up to our quality expectations, they are only our perceived expectations. There is no real proof out there to say that my Acura or her Coach bag are *really* any better than any less expensive cars or bags out there. The quality is all in the eyes of the evaluator.

Relationships are also all about dating as perception. At some point in your life, if not already, you will experience what you feel is a "quality" relationship. However, it is only your perception of the relationship. In fact, if you ask any of your girl or guy friends they can probably tell you they thought the relation-

ship was anything but quality. That doesn't matter though, does it? No one can tell you the relationship wasn't quality, because they weren't in it. They didn't feel what you felt. Kinda like the Coach bag and Acura-it's all in our perceived quality. At the end of the lease, my car might still be in great condition according to other people's standards, but my expectations might not have been met. And my friend could

have been disappointed with the life of her bag. In both cases, both of us would probably choose not to buy that product again. But you

can't do that in relationships. Or roped into investing in a more excan you?

True - just because a "quality" relationship ends, does not mean you advertising would draw me in, and will throw in the relationship towel. then the test drive would make me You are not going to just stop dating altogether, forever. You might like my car now. I would again take a break, but eventually you'll perceive the more expensive car to

come back to the dating scene Am I saying in search of a relathat we should tionship. Unforevaluate people and tunately, relationships like we are alnot cars and bags? ways as smart at we are at shopping,

and will often though we know it wasn't quality the first time. Am I saying that we should evaluate people and relationships like cars and bag? Absolutely not, but can't we recognize our relationship tendencies that didn't work like we recognize our failing shopping trends?

just kind of needs updating, you quality relationship that ends well, will you forever be trying to match that quality with similar characperception of quality?

eventually I would most likely be ally there?

pensive, "luxury" car again. Why? Probably because the marketing or feel like the car was fit just for me,

> be worth more than the cost of the less expensive cars.

Is this what happens in relationships? Eventually, some boy or girl markets themselves correctly so that we perceive the quality to be there? And if it is the perception that's altered, is the quality ever really

lean towards what we know, even there? I mean, is the quality really in this relationship you're about to start, but wasn't in all the other relationships you tried to start? Or was this significant other simply able to change your perception on the quality of relationships? And, how would you know if the quality was actually there, or your mis-On the positive side, if you're conception? Would other people satisfied with your product and it still see that the quality wasn't in this relationship, just like it wasn't usually go back to it. If you have a in the first? Does it even matter? I mean, as long as my Acura holds up to my expectations and I enjoy the car, does it actually matter teristics? Will you ever find it? Or, whether or not the car is scientifiwill you be forced to change your cally proven to be better than less expensive cars? As long as we're Now, on the negative side - In happy with our relationships (and the event that I was disappointed not being physically/mentally/ with my Acura and next chose a emotionally abused) does it matter less expensive car to invest in, whether or not the quality is actu-

wanted one because it appeared REBECCA HEYDON to be a status symbol. However, after buying the first Coach bag, I recently leased a new car. I whenever she went looking for a different, new bag, the less expensive bags never seemed worth the money. She didn't want a bag for 50 dollars that she could get rid of

> ...just because a "quality" relationship ends, does not mean you will throw in the relationship towel.

in 6 months, but would rather in-

vest her money in a bag that would

last a year or longer. That's when

My friend and I both have high

## Re: A conservative, a christian and a republican

The author of "Is it 2008 yet?" responds

Well. I'm glad to see I was able to get a rise out of you, Mr. Quinn. My own personal Jesus and mentor, Mr. Marilyn Manson, would most certainly be impressed I'm sure. And just when I was about to take the high road, and leave you to your (uptight) opinions, I noticed something about your article that compelled me to throw caution to the wind and respond with another article of my own not out of obligation as a staff writer but out of obligation to my familial pride... you spelled my last name wrong. And that's only one of many indicators that you inaccurately perceived what you read in my article. Sorry buddy, but this means war. And being the Bush supporter that you are, I'm sure you're up for it.

Now, you got it right the first time around, in what I assume was your attempt to offset your proceeding onslaught of misleading quotes half derived from my article and half butchered by your own conjecture. But after that first mention of me, you not only misconstrue most of what I said but also misspell my name each and every time you attempt to drag it through the mud thereafter. I must say I'm surprised by this error, being that you are so well versed in quoting things like MSNBC. For the record,

what's this that I've read, directly after that revolutionary analysis you so cleverly made? You say my piece was "flawed"? Well, <adopting a southern drawl> please do pardon me, Mr. Quinn, for in my simplicity I did not realize you had been deemed the official consultant on which opinions are acceptable and which ones aren't. Perhaps if you had relayed them accurately to our readers-turned-casualties of our literary war in the first place, the defects in my humble perspectives wouldn't be nearly as numerous.

As for my opinions-excuse me-unsupported claims, you tell our readers that I don't give any examples of how recent political decisions have affected my life. Even though I go on to mention that "my tax dollars and my fellow Americans' lives" have funded this war. At the college level, do I really have to insert a side note that says "EXAMPLE OF HOW MY LIFE HAS BEEN AFFECTED" in big red letters in order to convey such an implication? Surely, your lack of close reading has disappointed your English professor.

You quoted me as saying " I've grown quite tired of having to pay for bad decisions. And I'm downright sick of paying for bad decisions that are perpetuated in an effort to prove

of my complaint". Originally, my intent was to spare my readers from a "woe is me" article, but since my claims are not valid unless you have cold, hard proof, then here's your damn "evidence":

Bad Decision #1: The War in Iraq. In MY OPIN-ION, it was a bad decision because Americans are dying in effort to liberate people that do not want to be liberated. How it has affected my life: One of those dead soldiers was the only son of a close friend of mine.

Bad Decision #2: Banning stem cell research. In MY OPINION, it's a bad decision because we could liberating AMERI-CANS from terminal illnesses, had we been able

to further scientific research that suggests this would have been possible. How it has affected my life: I've lost irreplaceable persons in my life to terminal illnesses.

Bad Decision #3: Banning gay marriage. In MY OPINION, it was a bad decision because it meant rewriting the constitution to exclude a segment of the population. Why don't we that they were right", and proceeded to round up all the African Americans

> in this country and reinstate slavery while we're at it? Or is that different in some way? How it has affected my life: I want my gay friends to be able to get married. It's as simple as that.

Before you break out your laptop and lay waste to these last three paragraphs, let me just state for the record that I could be more specific. however, politics is not the focus of my article. You are. So, back to you.

You ask if I was living in a cave durthose... its "opinion". As in, what in which I said "while I could go on ing the Afghan campaign. Cute, by

and on citing numerous examples of the way. I'm sure somewhere, there's problem with your claim, Mr. Quinn, such cases, I need to limit the scope a county college 100 level English professor smiling at your witty play on words. But to answer your question, no, I was not. I was sitting in my bedroom, asking myself "#\$%???" when I learned that we were pulling Go back and read my article. If you troops out of there to deploy them to still don't get it, well, the writing lab

> Are we talking about the fictitious cowboys featured in Western movies or are we talking about the real cowboys who slaughtered countless Native Americans just for sport?

> > Iraq. You go on to enlighten me to been pulverizing oil rigs for hundreds the fact that during that campaign, we "destroyed the ability to train and equip terrorists in late 2001 and early 2002". So tell me, Mr. Quinn, were the London bombings that occurred over the summer merely a figment of my imagination? And wait, who was responsible for training and equipping most of the terrorists to begin with? I think he went by the name Bin Laden, yes? Have we captured him, yet? No? Oh! So are we all just hoping he's not training and equipping terrorists? Where's your "evidence" that he isn't? Tisk, tisk, Mr. Quinn. Maybe you should spend a little less time wondering if I was living in a cave, and a little more time wondering who else might still be.

According to you, I said that someone, although I never tell you "who or when", said that "[Iraqis] are being forced to submit to Democracy. Non-compliance will not be tolerated. You must be free or die." The

is that I wasn't quoting anybody, but rather, posing a question to "all of Lady Liberty's son's and daughters" with regards to how I personally interpreted the actions of our country.

has tutors who will be glad to help you develop accurate conclusions from various texts (including OPIN-IONATED articles) and who can help you reflect upon those conclusions in a well organized response.

So, you find my hurricane/ gas prices theory "laughable", eh? You know what I think is laughable? The fact that you take the words "hurricanes that have been pulverizing the Gulf Coast for centuries" and interpret that as me saying that hurricanes have

of years. You go on and on with an all too boring account of the history of oil production in this country in an effort to prove that my statement was inaccurate when in reality, you failed to comprehend what I was suggesting. I would go into further detail, but frankly, I don't feel like it. Sorry kid, but your on your own. If you can't figure it out, don't comment on it.

And one last thing, Mr. Quinn, as I restore the name that you both misspelled and slandered: you say cowboys are your heroes? Please do clarify for me, are we talking about the fictitious cowboys featured in Western movies or are we talking about the real cowboys who slaughtered countless Native Americans just for sport? Because for the life of me, I can't figure out whether your heroes are imaginary, or truly villains in disguise. In my opinion, I don't think you're quite sure, either.

Since my claims are not valid unless you have cold, hard proof, then here's your damn "evidence"

it's PAchucki, not PUchucki, but you can just refer to me as "Momma" once I'm done layin' the literary smack-down on your a\*\*!

You say that I make "unsupported claims". FYI, they've got a word for

condemn me for a lack of "evidence" to prove that I have paid. What are you looking for, a freakin' receipt?! Furthermore, you oh so conveniently neglected to include the very next line from the paragraph that you quoted,

### Reality continued from pg. 10

their will, in some of the worst conditions, without knowing why, no option for trial, and with no ability to communicate with family members or lawyers. Where is the public outcry about this? All that you see is support of this activity in the name of freedom and security. When people are being held in such a way, that does not provide security and certainly not freedom, rather it provides oppression. Oppression for the individual and his/her family and oppression on our society. No one in this country can truly be free while others are still being abused by our own country.

Near the end of the article, Sean states that "the Iraqis have drafted their own constitution, elected their own parliament d leaders will have the ability to make their own laws and live life the way they want to. The only people in the nation (who disagree) are the mostly foreign terrorists..." While it may appear that the Iraqi people have constructed their own government with their elected officials, who appear to have the ability to live as they want, I disagree. The US invasion of Iraq was based on taking control of a country that could potentially provide power and money to the United States and its corporations. That being said, the constitution that was drafted was certainly influenced by this corporate interest, and even the puppet government that was put in place is only going to further benefit these corporate US interest. What do you think would happen if the elected leaders in Iraq turned around and said as part of their new government, they want the US out of their country immediately? Do you honestly think that that request would be respected in any way? Of course not. The United States only wants and will only allow an Iraqi government that serves it interests.

I want to very briefly talk about those individuals that Sean labels as "foreign

terrorists" in Iraq. While it may be true that some of those resisting the US occupation of Iraq have links to terrorist organizations, it is not true for all. Some of those individuals often labeled as "insurgents" are merely Iraqi citizens fighting against what they view as an oppressive, military regime represented by the US. While I do not personally advocate violence, I feel it is the right of every person everywhere to resist abuse and outright occupation of their country, by violent means if deemed necessary.

If we look back in United States history, during the Revolutionary War, the colonists could be viewed as "insurgents" also. They were merely citizens who stood up to what they viewed as an oppressive government that did not care about them, much in the same way that Iraq citizens are doing. Those individuals who stood up against the British government are now hailed as patriots for their resistance.

It's time for ordinary people to awaken to the reality that we are being deceived by our government. There is deception in the media, whether it is television, newspapers or certain books, which tout the advance of capitalism and democracy as the only way of being. It's time that we realized that there are other ways of being, and we have no right to enforce our way of life onto others who have no desire to emulate us. It's time for more questions to be asked which look at our true intentions in Iraq and around the globe. It's time to end the silence and apathy in this country that allows atrocities to occur in our names all over the world, and speak out with wisdom, joy and love in our hearts, instead of hatred and fear. It's time to open our eyes and embrace our common bond as human beings. We all share this planet for the time being, and it is essential to our survival that we work together to make it better for all countries, not just the United States.

## FIRE PREVENTION **ESCAPE SEMINAR**

This program emphasizes fire safety techniques and also allows employees to participate in a "SMOKE TRAILER" where employees can actually experience the blinding and disorienting affects of a fire as they evacuate the trailer.

SMOKE TRAILER: This is a 29 foot, self contained camping trailer owned and operated by the Howell Twp. Fire Department. The demonstration will be conducted by two certified educators. The employees enter the trailer that has a kitchen, living area, and bedroom. The doors are closed and a non-toxic smoke (harmless theatrical fog) is released and smoke alarms are activated. Persons inside the trailer have to feel their way to an exit point.

> When: Wednesday, October 26

> > Time: Noon – 4 PM

Where: Shadow Lawn

Event is open to all in the Monmouth University and surrounding communities.

Co-sponsored by ORL/MUPD

## **Greetings from Asbury Park**

MU's Artist in Residence, Christina Eliopoulos, tells her story of Asbury Park in her new documentary set to premiere on Sunday

COURTNEY MUIR STAFF WRITER

Filmmaker Christina Eliopoulos will serve as the Artist in Residence for the 2005 Two River Film Festival at Monmouth University. At the festival, Eliopoulos will speak about her new documentary based on her hometown - Greetings from

"I want people to look beyond the boardwalk," claimed Eliopou-los, whose inspiration for this film came from her 5-year-old daughter Elena. Eliopoulos was walking her daughter on the boardwalk trying to show her where everything was when she was growing up, when her daughter asked her, "Where did it all go?'

"When you become a parent, you want to take your kids to see where you grew up," Eliopoulos said. 'You don't expect everything to be frozen in time, but others should be able to have the same experience."

Four years in the making, Eliopoulos has dedicated herself to telling the true story of her city, the city where her great-uncle Peter Xydis first came to set up a stand on the boardwalk in 1917. Eliopoulos has gathered footage from home movies over the years, jazz scenes, and even some rare footage of Thomas Edison.



Christina Eliopoulos has an interview in front of Asbury Lanes, Asbury Park.

After begging friends and family, Eliopoulos used fund-raisers, grants, loans, and donations to help raise money for the film. Women Make Movies, which is a non-profit feminist media organization, also sponsored Eliopoulos. "It's important to pimp your movie," stated Eliopoulos.

Eliopoulos said she feels that Asbury Park was meant to serve other people. "Resort towns are the stages, and all of the visitors are actors on this stage," Eliopoulos said. 'The locals of Asbury Park are the stage managers who have the role of making the actors look great. Unfortunately because of this, people are trapped inside a postcard, and need to look outside of where

the rats and poverty are."

Some have accused Eliopoulos of kicking Asbury Park in the teeth, which Eliopoulos denies. "As a society we haven't learned to live next to people who are different." She feels that people need to think about the kids who live on the other side of town. Everyone is "consciously making people forget their history." To Eliopoulos, Asbury Park is one of the most unique places in the eastern seaboard.

This past summer, Eliopoulos took on four interns from Monmouth University to work on the film. These people included recent graduates Jessica Skarzynski and Pat Perrotto, as well as two seniors Jessica Ross and Lauren Benedetti.

After screening a promotional trailer, these four students volunteered and she interviewed each one of them to make sure they could handle the responsibility. Based on the bad intern experiences she has had in the past, Eliopoulos wanted not so much to direct the students but make sure they get a good learning experience out of this project. These four were responsible for booking the interviews, or as Eliopoulos claims, "booking the talent" and to do a lot of research. All of them together would scout out locations and everyone contributed in brainstorming.

Eliopoulos has pretty much been through it all, in order to get where she is now. At the age of 19, while she was attending NYU, she received her first byline in Newsday. That same year she became a finalist for the Pulitzer Prize/The Gold the LA Times and the Washington ings from Asbury Park.

## **Q & A with filmmaker Christina Eliopoulos**

A students interview and personal experiences of working with the women behind the film

### **LAUREN BENEDETTI**

This past summer I had the opportunity to work on Christina Eliopoulos' film (our film) and it was an experience of a lifetime. I learned more working on her film for three months than I ever could have in a classroom. Don't get me wrong, I have taken a lot from the classrooms at Monmouth University. But until you get out into the work force and spend time on something that you, along with the people you are working with, love to do you don't understand what the business is all about. Christina gave me the oppertunity of a lifetime and I am grateful to her for that. What I learned over the summer I will take with me in the future. I'll always remember how got my feet wet in the business of movie making.

LB: When did you start dreaming about creating Greetings from Asbury Park? Where were you and what were you thinking?

CE: I was walking down the boardwalk in 1999 and I had just moved from New York to Asbury Park. I was a single mom and I came back to Asbury to be with my family.

#### Filmmaker continued on pg. 21



PHOTO COURTESY of Jim Reme Christina Eliopoulos' film Greetings from Asbury Park will premiere Sunday at the Two River Film Festival.

Medal Public Service Award after Post on the wire. She is also creditdramatic stress disorders. Even though Eliopoulos didn't win, her articles forced every Veteran's Administration to raise awareness for post dramatic stress disorder and to provide treatment. By the time she was a senior, she was employed as has accomplished that she is where a general assignment reporter for she is today and giving us her greet-

writing a series of articles of post ed for being a co-writer of the CBS special documentary "The Wall Within," and "This is My Line" that was produced for a non-profit group Free Arts for Abused Children.

It is because of everything she

## Asbury Park: A star is reborn

**LINDSAY WEISS** 

"Asbury Park has undergone drastic changes, and has reopened its boarwalk, which has been closed since 1985." The Asbury of years past featured a beautiful boardwalk beginning with the casino on one end, and the Convention Center at the other end. In between it was filled with arcades, restaurants, amusement rides, the famous Madame Marie fortuneteller, and the renowned Stone Pony, which was and is Bruce Springsteen's favorite club. The old Asbury Park was in its glory days known for fun, sun, and entertainment. Falling into disrepair throughout the eighties, the boardwalk was basically shuddered by the early nineties.

According to David Weiss, a resident of Deal, "Asbury Park in the early eighties was a great place to bring your family, and first dates, and I am overjoyed to see the boardwalk coming back to life." Mr. Weiss reminisced about all the great times he had as a toddler walking on the same boardwalk with his family

variety of flavored cappuccino's and other hot and cold beverages, along with a selection of ice-creams. Next door was a surf shop selling all the beach accessories needed in order to enjoy a day at the beach. There was also a unique bicycle shop selling new models as well as 50's, 60's, and 70's bikes. Also available for a nominal fee were rental bikes to cruise the boardwalk with. Rumor has it that the old casino near the end of the boardwalk may be turned into a four star hotel.

Further along the strip was a candy and chocolate shop selling a large variety of chocolates, caramel apples, and fresh dipped chocolate strawberries and bananas dipped in walnuts. Coming soon is a pizzeria and several other confessions as well as an arcade, which is the first family entertainment on the boardwalk since 1992.

Several blocks from the boardwalk there is a section filled with antique shops, and restaurants that make you feel as if you were trans-

ported to Soho in New York City. At the casino end of the boardwalk A new restaurant, which is located several new shops have opened. A on Cookman Avenue in Asbury is According to James Finley, a coffee and ice-cream shop called Café Ole, which offers Latin enior at Monmouth University, Confetti's on the boardwalk offered a and Portuguese seafood. It is owned and run by two partners and the principles personally greet you at the door with a kiss and smile.

> Condo mania has swept through Asbury Park like a hurricane, and numerous old buildings have been restored and converted into condominiums. Along the canal separating Asbury Park from Ocean Grove, new magnificent town houses are currently being built.

On the south side of the Convention Center there is a walkway leading to a veranda which has a bar called the Tiki Bar, which offers a wide variety of alcoholic beverages and a large selection of mixed drinks. There are ample seats and lounge chairs for those who wish to relax with a cold beverage while watching the waves break on the beaches of Asbury Park.

The boardwalk in Asbury Park was filled with people perusing the various shops and concession stands in the summer, and continues to attract numerous vacationers on a daily basis throughout the year.



PHOTO BY Joe Paduano/Google

### On April 5, 1917, Asbury Park experienced its greatest

fire. Four blocks of hotels, boarding houses and residences, part of the Boardwalk, and the First Methodist Episcopal church, a total of over 50 buildings, were destroyed. Asbury Park recovered from the fire and severe devastation caused by a winter storm in 1923 with a building boom. Among the buildings built during this rejuvenation were the Santander, long known as a posh summer apartment house, the Berkeley-Carteret, Convention Hall and the Casino (pictured above). The Casino and Convention Hall were designed by the architects Warren and Wetmore, who designed New York's Grand Central Station. Convention Hall, a unique structure, also included on the State and National Register, would fit comfortably on St. Mark's Square in Venice.

### XuQa, the new facebook

A network created for college students to meet new people, talk to old friends, and express their thoughts

PAIGE SODANO

fast-growing and well-known so- to be your friends, the more peabound to get you into it. Not only but pretty confusing at first." is it a great way to meet new people at your college, but you can find freshman, said, "It's a great way old friends and keep in touch with close ones from high school. This Monmouth, and to keep in touch newly produced website for meet- with old friends from home." ing new people or simply talking to friends and peers you already friends from different schools, by know, is becoming more and more simply going to "All Schools" and popular as we speak.

After creating a personal profile, there. it will consist of one's Vital Info. Stats, Contact Info, Photo Collec-Scrapbook for people to leave you messages, and a shelf for people Tickles, kisses, and secret admirers page. are among some of the entertainclicking on "My School" at the top college as them. of a profile page, you're able to see 'Popular People at Monmouth U." and see who out of your friends has the Most Friends, Most Admirers, and Most Gifts.

Facebook and MySpace, competing college network out there.

for gifts, kisses, and other goodies, are just a few traits XuQa has that no other social network has.

Another amusing characteristic First it was MySpace, then it of XuQa.com is the ability to gain was Facebook, and now it's XuQa, peanuts. They work somewhat like pronounced "Zoo-Kaa". .These money - the more people you invite cial networks for college students nuts you gain. However, if you send nationwide have become so popu- people gifts you deduct from your lar, that if you're not a part of one peanuts. Freshman Brittany Powell of these networks, your friends are said, "It's more fun than Facebook,

> Stephanie Mandra, also an MU to meet new people that go to

> It's certainly easy to find other searching for the state and school

Freshman Marina Wagner said, "People that go to community coltion to post pictures with friends, a leges are included too, and they weren't on Facebook."

You are able to see recently visitto "leave presents." Presents you ed schools and schools around you, leave someone on their shelf can since they're listed in the top right be something like a DVD player. hand corner of the All Schools

Our parents' generation can't ing things XuQa has to offer for even imagine having AOL Instant people to send to each other. Each Messenger, let alone an online netmember can add to their Crushlist work that allows one to meet hunand display their Top Crushes. By dreds of people that go to the same

A couple years ago, it was unheard of to be able to have such a popular network like there is today, but with its fast-growing popularity and word of mouth, XuQa is on With more unique features than its way to being the most popular

## University students

Welfare continued on from. 4

Under the agreement, the Partnership and the Office of Children's Services will use federal funds available under Title IV-E of the Social Security Act and a state match to support the program. BCWEP will encourage uncolleges and universities to pre-Eligible students will compete for a limited number of traineeships; if successful, for one year they will receive full tuition and fees, a \$5,500 stipend, and assistance in purchasing books needed for their child welfare courses. To be eligible, students must declare their intention to prepare for careers in child welfare, take at least one elective course in child welfare at their institution, serve a 400-hour internship at an office of the Division of Youth and Family Services (DYFS), and sign an agreement to work in DYFS for at least one year.

In addition to Monmouth University, members of the child welfare consortium (BCWEP) include The Stockton College of New Jersey (the Consortium's Lead Institution), Georgian Court University, Kean University, Ramapo College of New Jersey, Rutgers University-Newark, and Seton Hall University.

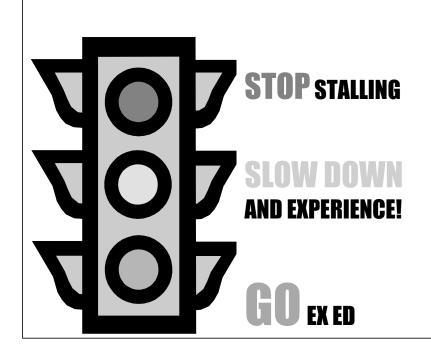
For the first year of operation. Stockton College and the New

Jersey Office of Children's Services will work together to make approximately \$680,000 in federal and state funds available for distribution and support of the Baccalaureate Child Welfare Education Programs.

Eventually, after the start-up year, nearly 75% of funds will go dergraduate social work students directly to social work students. enrolled in the seven collaborating The budget for this program following this start up year is an pare for careers in child welfare. estimated \$1,425,930.65 where beginning Fall 2006 Monmouth University will be provided with approximately \$120,000 per year for student tuition and fee assis-

> Under the consortium agreement, Stockton College Social Work Program faculty members will both administer and provide educational leadership for the Baccalaureate Child Welfare Education Program. Stockton will provide training and consultation to Division of Youth and Family Services (DYFS) staff members who will supervise the student trainees statewide. In addition, Stockton faculty members will track outcomes of the program and provide assistance to consortium members in curriculum development in child welfare. Local academic coordinators at each of the participating institutions will work to coordinate student applications, oversee internships, and increase the number of internships available at local DYFS of-

## **EX ED CHANGED MY LIFE** AND IT CAN CHANGE YOURS TOO!











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## Join us on the ride of a lifetime!

**Become a Resident Assistant:** 

Attention Monmouth Students, the Office of Residence Life is currently hiring RA and RA alternates for Spring 2006!

**Information Sessions:** 

Wednesday, November 2 @ 2:30 PM **Oakwood Lounge** 

Wednesday, November 2 @ 10:00 PM **Oakwood Lounge** 

Sunday, November 6 @ 7:00 PM **Oakwood Lounge** 

Applications will be distributed at these Information Sessions. You must attend an Information Session to pick up an application!

### **Application deadline is November 11**

**Questions???** 

Contact Rebekah Hoppel at rhoppel@monmouth.edu or at X 6261 or Lenny Breton at Ibreton@ Monmouth.edu or at X 6263

The Resident Assistant position is a para-professional student position open to students who have completed at least 24 undergraduate credits. Graduate students are also eligible to apply. The Resident Assistant maintains a positive learning and living community in the residence hall, shares duty coverage with a staff team, responds to residence hall emergencies, and acts as a positive role-model on and off campus. Compensation for the position includes free single room, meal plan, and North side parking permit. RAs also receive 10% off at the University bookstore. The RA position provides excellent professional training and serves as an ideal resume builder. Further details regarding the RA position will be given at the information sessions listed above.





### Is playing with dolls for girls?

Dear Lindsay & Suzanne,

I am in a relationship with an older guy, and lately it feels as if my age is an issue. He is eight years older than me but he still resides at home with his parents. Why is he telling me that I am too immature for him when he is still playing with Ken & Barbie? Should I break up with him and date someone my own age, or is it worth giving this relationship a chance?

Sincerely, Barbie

Dear Barbie,

Being in a relationship with an older guy has positive and negative aspects. Ân eight-year age difference may not seem to be a big deal, because women mature faster than males by approximately three years. If your boyfriend is 28 and you are 21, then technically he is at the age level of a 25-yearold and you of a 24-year-old. Men will never admit when they are wrong, lost, and being immature, because it is not in their DNA. I believe the age difference trend began in Hollywood when actress Demi Moore began dating Ashton Kutcher. They have a twenty-year age difference between them, but have recently tied the knot. The adage "age does not matter when you love the person" is true if you are dating the right person. However, if age is becoming an issue, then it may be time to rethink the relationship.

Males usually like to show off their girlfriends as if it is a prize, or an animal they can stuff and place on their wall of other prizes such as the "loudest burp." For an older man, dating a younger woman is like a conquest, and someone they can show off to their friends. Women, on the other hand, look at it from a different perspective and view it as a mature relationship. At first, everything in the relationship is fresh and new, and he actually has more than the \$20 that the average college male is carrying around in his wallet. Your boyfriend has a steady career, his own place and is away from mommy and daddy. Older men are more appealing than the younger guys of our generation because they appear to be more independent, worldly, and filled with knowledge. But remember they are older, and have had more experiences than you.

If you are satisfied with your relationship, that is great, but remember he has a career that will take up most of his time, and do not fret if he does not call you every other day like most collegeaged males who have more free time on their hands. They may put their careers before you, and you must be prepared to deal with that. If your boyfriend really cares for you, the age should not make a difference. You will go through several changes over the next years, and continue to grow as a person. You may grow apart and realize that he is not the right guy for you, or you may grow together.

Remember to go with your gut instinct. If you feel as if the age difference is putting a strain on your relationship, then it is time to find a guy your own age.

Crossroads

Dear Lindsay & Suzanne,

I feel as if the decisions I make concerning my life and relationships are causing me more harm than good. Is there a way I can be more assertive and make better decisions in my life?

Sincerely,

Stop making turns from a no turn lane

Dear Wrong Turn,

In life, we are faced with difficult decisions we must make, and the outcome could affect the rest of our lives. Who you date, and eventually marry, will determine your fate. If you are in an abusive relationship, it will affect you in a negative manner and will not only affect you emotionally, but physically as well. Remember your self-worth, and to use your voice. Make yourself be heard. If you are unhappy with your current boyfriend because he is not meeting your needs, then do something about it instead of eating the entire bag of Doritos, or the pint of Ben & Jerry's. A relationship is like a baby: it needs to be nurtured and cared for, and not be taken for granted.

All you males out there reading this pay close attention, because you could be getting thrown to the curb. Every person comes to a fork in the road, and must make a choice. If you take the right path, your future will be filled with happiness, and your life will be fulfilling. However, if you take the wrong road, your life will be filled with disappointment and regret. If you feel as if you are constantly making the wrong choices in life, it is time to change your attitude, have a positive outlook on life, look up to those who make you feel better about yourself, and surround yourself with positive energy and the people that bring out the best in you. It's time to rid yourself of friends you have constantly been fighting with, the boyfriend who never called or refused to drive the half a block to pick you up, and travel the ten feet to your door to ring the doorbell.

Next time you look through the classified ads, do not answer the one that says, "looking for 5'9 blonde hair, blue eyed model," but opt for the one that has humor and wit attached to it. The next time you are at a bar, do not go for the gorgeous 6'0 blonde that may have different sexual preferences than you, but choose the one that is "into you," and staring at you the entire night. Believe me, klingons do not only exist in Star Wars, they exist right here on Earth. I am certain that everyone reading this will at least admit to dating one person from outer space.

Remember, you need to learn how to crawl before you can walk. Do not rush into any new ventures and take your time, because your problems may not be as bad as you think. Someone who has a terminal illness such as cancer has a bad day, but you are healthy and should make the most of your life. As Leonardo Dicaprio said in the film Titanic, "Make every day

> Do you have a question for Suzanne and Lindsay? Write to them at Outlook@ monmouth.edu

Subject: advice

## Hair today, gone tomorrow: Solutions for unruly hair

LINDSAY WEISS
COLUMINIST

During the summer, the furthest thought from a girl's mind should be how to manage her unruly hair. Heat from the sun damages the protective protein in your hair, which creates a brassy color that eventually leaves your locks brittle and dull. On top of having unmanageable hair, UV rays, humidity, and chlorine and salt water can parch your untamed do. But do not fret over your mane for long, because the following are several tips, which can be beneficial to maintaining your healthy locks.

your color. Whether your hair is dyed or au natural, sunlight bleaches it out, and, according to Cheri McMaster, the princial hair scientist for Pantene, the results can be both unpredictable and unattractive. In order to minimize your risks of sun damage, try to create a "sunblock" for your hair. Because there are no ef-

The first rule of

thumb is to protect

fective chemical products or dyes designed to counteract the impact of ultraviolet rays on your hair, a widebrimmed hat is your best ally. It is recommended to wear a hat made from UPF (ultraviolet protection factor) fabric. A good brand is Sun Precautions Rolled Brim Hat, which is lightweight and made from Solumbra fabric with SPF 30.

If you are looking for a quick fix before you head outdoors, try a product that is specifically created to shield your hair from the sun, such as a spray. Phyto Plage Protective Beach Spray, which costs \$20, is not only affordable, but will leave your hair feeling silky smooth. Re-spritz your hair every time you put sunscreen on your skin.

If you are tired of battling your based skin, than you share my confrizzy hair during humid days, try a silicone-based smoothing serum. The moisture in the air makes your hair prone to frizzing, and by using this serum, it will prevent the ab-

sorption of water molecules from the air, says Deborah Sarnoff, a clinical associate professor of dermatology at New York University Medical Center. Today's more ad-

vanced silicone is the ingredient of fighters, because it is not greasy, and it allows for deposit on your hair. Try to use a dime-size portion of the smoothing serum. Citre Shine Miracle Polishing Serum is a trusted brand among salon stylists, and it costs six dollars, which won't burn a hole in your wallet. If you are looking for a quick fix. try Nioxin's new Smooth-

ing Reflectives Fast Control, which will help keep your tresses

myself included, and have oily locks.

stant struggle with finding the right products. Like oily skin, and oily scalp can worsen in the summer thanks in large part to the humidity. According to David Kingsley, PhD, a scientist trained to deal with hair and scalp problems, "heat prompts certain glands to create more oils, and perspiration increases the problem because it makes hair appear dirtier and greasier." In order to eradicate oily hair, or at least decrease it, it is recommended that you shampoo your hair at least once or twice a day. I have been using Lancome Hair Sensation Intense choice for frizz Nutrition Damaged Tips Nutri-Serum for years, and it is reasonable

If you are an avid swimmer, like smaller particles to my good friend Catherine, I am sure you can relate to having chlorine build up in your hair and turning your golden locks into a discolored green. In order to prevent your blonde tresses from turning colors, it is recommended that you wet your hair with tap water before you plunge into the pool.

Next time you get ready to head to the beach, remember to take a hat with you to prevent sun damage to your hair, and before you leap into the pool, make certain your hair is lathered in serum in order to pre-If you are like a majority of girls, vent chlorine damage to your golden



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# ENTERIAIN

## reaky flicks for Halloween Ju **DEBRA PACHUCKI**

loween and the true stories that in- Perhaps they thought it best not to spired them.

Who says now that we're all grown up, we can't still enjoy Halloween? Once you've hopped to and from all the costume parties that are sure to be held this weekend, stop by the Student Center or the Blockbuster on Route 35 and rent a couple of spooky flicks to watch with your roommate, significant other, or, for the more daring at heart, all by yourself this Monday night.

Here are my recommendations, along with a brief synopsis of the true (and mostly unexplained) events that inspired these movies. If the flicks themselves don't freak you out, the real-life occurrences that they're fashioned after certainly will.

### #4: The Amityville Horror (2005)

This is a great "based on a true story" horror movie for anyone who'd like to be slightly spooked but still able to go to sleep afterwards. Based upon the true-life murder of six of the seven members of the DeFeo family, The Amityville Horror recounts the supernatural phenomena that occurred in the house during the few short months the family lived there.

Ronald Defeo, Jr., who is still in prison for the 1974 murders of his entire family, insists to this day that the house possessed him to commit the crimes. The movie illustrates some of the most unnerving "supernatural" incidents that Defeo claims to have occurred prior to his execution of his mother, father and four brothers and sisters.

The Amityville house on Long Island still stands today, and is currently occupied by a family who claim to have had no disturbances since they first moved in. Since that time, however, they've had their street ad-

take any chances.



WWW.ROTTENTOMATOES.COM This horror film will make you

### #3: Fire in the Sky (1993)

Disclaimer: if you're already scared of aliens, do not watch this movie alone- you may actually die of fright. For the rest of you, if the thought of alien existence does not currently scare the hell out of you, it certainly will once you watch this flick! The first time I saw it, I was 13, and could not sleep all alone in my bedroom for an entire month, during which time I shared my then eight-year-old sister's bed on a nightly basis. The detailed account of Travis Walton's 1975 abduction was too terrifying for my pre-adolescent mind to handle.

As wikipedia.com remarks, The Travis Walton Case is "one of the very few alien abduction cases with corroborative eyewitnesses... [who dress changed, and have completely all] passed polygraph exams in sup-

Four freaky flicks to rent this Hal- remodeled the house, inside and out. port of their accounts." Those eyewitnesses, consisted of a Forest Service maintenance crew, claim to have seen Travis taken away by a U.F.O. they spotted in the Apache-Sitgreaves National Forest in Arizona. During the five days that Travis was nowhere to be seen on Earth, the men were actually considered murder suspects by local law enforcement, which had been preparing a case against them until Travis was found dazed, in poor health and terrified at an obscure county-road gas station.

There have been numerous cash offers made to the six eyewitnesses who saw Travis' abduction on the night of November 5, 1975, and not a single one of them have taken the money to go on record and state that the event was a hoax. They've all maintained their explanation of Travis' disappearance to this day.

As for the specifics of that disappearance; well, I don't want to be a movie spoiler, so you'll have to just take my word for it, rent this flick, and discover for yourself the sheer terror that Travis Walton encountered back in 1975. Maybe it was all an elaborate hoax, maybe it wasn't. You be the judge. I, in the meantime, will continue to thank God that I live nowhere near Arizona, the Alien capital of the world.

### #2: The Texas Chainsaw Massacre (2003)

If Leatherface seems too demented of a horror figure to be true, think again. Although there never was any killer by that name, the popular cult classic and the even scarier remake fashioned the character after the real life serial killer, Ed Gein.

Although Ed Gein was only officially linked to two murders during the 1950s (one of which, the victim had been decapitated, hung by the ankles from the rafters in a shed on Gein's property, and split down the

center like a deer), he became infa- road in West Virginia in November mous when it was discovered that he of 1966. The next night, a woman had been a grave robber who was not claims to have spotted the creature interested in expensive burial jewelry near her parked car, and when she but rather, body parts.

human skulls, lampshades made of petrified persons since. human skin, a belt made out of human nipples, a human "skin vest," mobiles made out of human noses, a necklace of human lips, a waistcoat made of a human vagina and breasts, and most infamously, "an array of dead-skin masks that looked leathery and almost mummified," according to wikipedia.com.

Most disturbingly, Ed Gein had admitted to police that his sole purpose for removing the corpses of middleaged women from their graves was so that he could remove their genitalia and wear it over his own.

Although Ed Gein died of cancer in a mental hospital in 1984, his horrific acts of violence and mutilation have not only been preserved in The Texas Chainsaw Massacre movies but also in the movies Psycho and The Silence

This movie is bound to scare just of the Lambs, whose characters Norman Bates and Buffalo Bill were both based upon the deranged killer.

If you haven't seen the 2003 reand slightly violated.

### *cies* (2002)

movie delivers! Unlike Fire in the fying Mothman was the sudden and Sky, the true events depicted in this unexplainable 1967 collapse of the film occur way too close to home for Silver Bridge into the Ohio River,

were originally described in the 1976 pletely caved-in, killing many people nonfiction book of the same name, who were trapped in their cars when written by parapsychologist John they slowly sunk to the bottom of Keel.

human shape with wings" capable creature prior to the bridge's collapse of flying right over witnesses' heads claimed that he had predicted it was have been observed near Point Pleas- going to happen. ant, West Virginia since 1966. The creature is often described as six or article, being that it's quarter after 12 seven feet in stature, with glowing in the morning and I simply cannot red eyes (wikipedia.com).

Era, named "Spring Heeled Jack."

simply appear to people, but rather, that inspired the films to begin with. stalks them in a terrifying manspotting it while driving down a dark self.

ran inside her home to phone police, Police had discovered many bi- the creature walked up onto her front zarre objects throughout the house porch and peered in at her through that Gein had solely occupied after the front window. The creature has his mother's death (which is believed also reportedly flown after speeding to be the cause of Gein's apparent cars desperately trying to escape the psychosis). Such objects included: horrific being. These reports have cereal bowls made out of sawed off continued to be filed by inconsolably



WWW.ROTTENTOMATOES.COM about anyone.

Witnesses claim that they can hear make of the Texas Chainsaw Massa- the sound of crying babies when the cre, you need to! For those who have, Mothman is near. Many unrelated re-rent it now that you know where persons have reported suffering from the legend of Leatherface originates nightmares involving huge eyes that from, and see how many references chase the dreamer for some time after to Ed Gein you can find throughout their encounter with the being. Also, the flick. Knowing that the gore-fest many people have reported findthat ensues is not merely the imagi- ing words that appear on the walls nation of Hollywood producers will of their homes after these encounleave you feeling both creeped out ters, seemingly in blood, and often saying things like "All is over" and "Torment." Mysteriously, all have #1: The Mothman Prophe- claimed that the writing vanishes soon after witnesses first see it.

The most unnerving and conse-You asked for creepy, and this quential incident linked to the terricomfort- six hours away, to be exact. near Point Pleasant, West Virginia. The movie recounts the events that Without warning, the bridge comthe river. A number of unfortunate Allegedly, sightings of a "brown souls who came in contact with the

Thank God I'm finished with this bear to read any more research of this The Mothman sightings are re- sort (especially about the Mothmanmarkably consistent with descrip- dear God I hope he cannot telepathitions of a similar creature that ter- cally infer my terror at this moment!) rorized England during the Victorian without going into cardiac arrest. Because for me, while the movies According to the numerous eye- are all great, the scariest thing about witness reports, this thing doesn't them all is the true-life occurrences

So go ahead this Monday, rent ner. One couple claims to have been something from my list, turn off the chased by the massive creature all the lights, turn up the volume, and hope way to the city limits after regrettably to God that history doesn't repeat it-

### New band finds their niche in the Reggae world

**CHRISTINA GUARINO** 

As soon as track one of Echo Movement's self-titled album flooded of Pina Colada in the lead singer's hand. The group has definitely got a tropical twang to keep the listener's endorphins jumping and mind think-

ing of a distant warm sun, almost as bright as the band's yellow CD jacket. Currently, Echo Movement features six people, but it was started by two brothers, David and Stephen Fowler. The songs are only slightly different from one another. If I were flipping through a magazine while listening, I probably would not have been able to tell if the song had changed. The

skilled instrumentally. The lead sing- a way to vary the song list, they will er's voice is inviting and the beats are be on their way to progression in the my headphones, I pictured a tall glass giddy and perfect for swaying. As for Reggae/Ska world.

are happily sung in "No Need to Wor- dancing, I wouldn't recommend this ry," but most have a repetitive beat band unless the crowd was feeling cycle and word flow. Clearly, they are drowsy. Once Echo Movement finds



lyrics to "Red Sunday" are calming **Echo Movement** will be playing their next show in Lake Como (Beland optimistic, as are the words that mar), NJ at the Anticipation Bar on December 7.

## LyricLounge

Who would have guessed Toni Braxton would come out with a new album? Even more, who would have guessed it would be good? I certainly didn't, but the album really is a quality record. Her new music has great beats that keep you moving, especially the track, "Trippin' (That's the Way Love Works)." The ballads on the album like "Shadowless," and "I Wanna Be (Your Baby)" are very appealing as well. The album has a few tracks that just seem to blend together but overall, the album is better than expected!



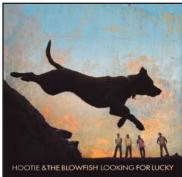
Wildflower by Sheryl Crow is one of her best albums to date. Her sixth album which demonstrates her talent and staying power is truly remarkable in the genre of music she helped pioneer. This album proves rock music isn't only for the men. Wildflower has a few notable emotional ballads such as "Always On Your Side" and "Perfect Lie." Both songs show the power and depth that Sheryl Crow has always been known for. The album also contains a highly catchy upbeat tune entitled "Live It Up," which is by far the most appealing song. The only thing missing is a new flair. The album has great tracks but nothing entirely new and original.

Hootie and the Blowfish are back! Their newest album, Looking for Lucky is a hidden gem. Not many people are aware of this new album, but it certainly worth checking out. Unlike the last three albums that Hootie and the Blowfish released, this album shines. The first single of the album "One Love," is a necessary track for any music collection. This track alone shows the band's undeniable talent. There isn't a single musical misstep on this album. "Leaving" is a well written and performed track, but doesn't showcase the talent of Darius Rucker and the rest of the blowfish. "A Smile" and "Free to Everyone" are also tracks that everyone should hear. The album is just like classic Hootie and the Blowfish. A few tracks show a little bit more of a country feel than their hit records Cracked Rear View and Fairweather Johnson, but it works.

Mest's new album, Photographs is hopefully going to be what finally brings Mest into the spotlight. They are hoping to capitalize on the growing popularity of ska and pop/punk music. The title track of the new album is a good, however, there are many better ones. The album shows a deep side of the band with emotional tracks like "This Time," "Kiss Me Kill Me," and "Graveyard." The middle tracks seem to stay dark and angry. Overall, there appears to be a negative emotional feel to the album. It does lighten up for a few songs though. The first track on the album, "Take Me Away," is a fast- paced catchy song that is definitely the star track. Another worth checking out is "Last Kiss." Mest may have finally gotten their chance to break out in the music world and Photographs is the album to get them there.

Rent is one of the most successful musicals of all time. The majority of its success comes from the fact that it appeals to our generation, but *Rent* the movie? The new soundtrack proves the movie is going to shine! The famous tune "Seasons of Love" leads off this album with a bang proving these actors can sing their hearts out. The cast of the movie was also the original Broadway cast, with the exception of Rosario Dawson, who fits in remarkably well with the group. The soundtrack contains fun tracks such as "Over the Moon" and "Tango: Maureen." The album is also packed with emotional tracks, most notably the reprise of "I'll Cover You." This is a must-see movie as well as a must-own album.

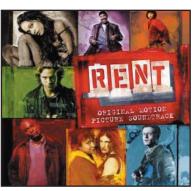
The 80s band Spin Doctors is most popular for songs like "Two Princes," and "Little Miss Can't be Wrong." But they are back with a new album entitled Nice Talking to Me. Unfortunately, it seems to be stuck in the 80s, which is expected. Tracks like "Sugar," and "Margarita," sound like the old Spin Doctors which sadly means they sound like they're stuck in the past. For those of you who aren't big in late 80s early 90s pop, those tracks won't appeal to you. The songs "I'd Like to Love You," and "Genuine," show that the Spin Doctors did attempt to modernize their music and were quite successful in their attempt. Both of those songs are put together very well, but the star track on the album is a mellow one called "Can't Kick the Habit." Nice Talking to Me demonstrates a bit of old and a bit of new and shows that the Spin Doctors can still rock.



WWW.AMAZON.COM Looking for Lucky is classic Hootie and the Blowfish.



WWW.AMAZON.COM **Photographs** has what it takes to hit the mainstream.



WWW.AMAZON.COM This soundtrack is worthy of the movie it accompanies.



WWW.AMAZON.COM The Spin Doctors' long awaited album, Nice talking to You, won't recruit any new fans.











## Legendary Benefit Concert Reborn

**RUSSELL J. CARSTENS** 

This summer we had Live 8, and in 1985 we had the first Live Aid, but none of these famous benefit concerts would have happened if not for The Concert For Bangladesh.

### **NEW RELEASE**

A 2-disc re-mastered reissue of the highly successful live album, which took place at Madison Square Garden, will be released this week. The newly polished recording also features performances from friends of Geroge Harrison, a former Beatle, like Bob Dylan and Eric Clapton.

It all started in 1971, when a Pakistan election sparked the India-Pakistan show. He performed hits such as war, leaving refugees suffering with starvation, horrific living conditions offhis classic 1970 album All Things

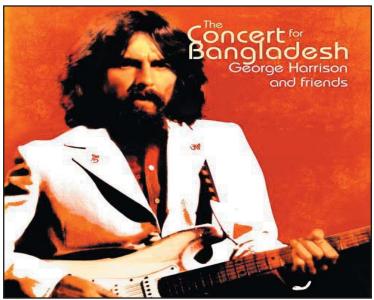
and sickness.

Ravi Shankar, a musician from Bengali who worked with Harrison, looked to his famous friend for help. In the liner notes from the original album he says, "I talked to many different people from many different organizations in the United States and in Europe who wanted me to give a benefit performance. But I thought of doing something on a very large scale that might bring in a lot of money and also, you know, awareness. So if he could not take part himself, if ists about it, write or talk about itsomething.'

But Harrison did take part in the "Wah-Wah" and "My Sweet Lord,"

Must Pass. Former Beatles drummer Ringo Starr lent a hand as well, playing his song "It Don't Come Easy," and Clapton joined Harrison on their famous duet "While My Guitar Gently Weeps," from The Beatles' selftitled album (known always as The White Album). Dylan performed "A Hard Rain's Gonna Fall," in addition to a few others.

This concert for cause started three decades ago, and started a chain reaction 14 years later when Live Aid hit the stage in 1985. Benefit concerts I thought I would ask George, even have done a great deal of good over the years and demonstrate the trehe would advise me, ask other art- mendous power of music. It's only natural that this album is reborn and given the recognition it deserves once again to a new generation. The Concert For Bangladesh (Live) - Original Recording Remastered is avail-



The Concert for Bangladesh is a classic reborn for the new generation.

## **Box Office Ranks:**

- 1- Doom \$15.4 million
- 2- Dreamer \$9.3 million
- 3- Wallace & Gromit \$8.7 million
- 4- The Fog \$7.3 million
- 5- North Country \$6.5 million

## Top 40 Billboard:

- 1- Alicia Keys: Unplugged
- 2- Nickelback: All the Right Reasons
- 3- Gary Allan: Tough All Over
- 4- Black Eyed Peas: Monkey Business
- 5- Kayne West: Late Registration

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### WWW.SEFAN.ORG: WEB SITE TO HELP FIGHT HUNGER

The Statewide Emergency Food and Anti-Hunger Network (SEFAN) has launched a web site to help address the growing problem of hunger in New Jersey. By logging onto www.sefan.org and clicking onto "Pantry Link" you can find out about local food pantries, soup kitchens and shelters that serve meals in your community. The web site lists volunteer opportunities as well as items needed such as non-perishable food and baby products.

By helping your local emergency food provider, you will be helping to fight hunger in your community and in New Jersey. So log onto www.sefan.org and click on "Pantry Link" today!



## "Here kitty, kitty."

You'd think it would be easy to spot a kid with a vision problem, but the signs aren't always so obvious. One in four children has a vision problem, but only an eye doctor can tell for sure. And, since 80 percent of all childhood learning is visual, good grades and good vision go hand in hand. For more information, visit www.checkyearly.com.



### HOROSCOPES

By Linda C. Black, **Tribune Media Services** 

### Today's Birthday (Oct. 26th)

Although you're strong and talented, you're facing tough competition. Don't take anything for granted this year. Make a plan and work it.

To get the advantage, check the day's rating: 10 is the easiest day, 0 the most challenging.

Aries • (Mar. 21 - April 19) - Today is an 7

It will be easier to deal with the public for a while. There'll be less confusion and deception, although some secrets still should be kept.

Taurus • (April 20 - May 20) - Today is a 7 You'll hear a wide variety of strongly held opinions. Listen, then set them straight.

Gemini • (May 21 - June 21) - Today is a 6
Nothing you already know how to do will solve this new dilemma. Except, of course, study and patience.

Cancer • (June 22 - July 22) - Today is a 6
Don't brag about the money you're making or saving or spending or anything. Don't

bring up the subject at all, and change it if someone else does.

Select a compromise that favors home, family and putting down roots. Decisions made

now will last, regardless of nattering doubts.

Virgo • (Aug 23 - Sept. 22) - Today is a 5
A person with very fixed ideas is not likely to go for a new idea now. Save it for later.

Libra • (Sept. 23 - Oct. 23) - Today is a 6
A careful accounting is a good place to start, but it's not cast in stone. There are always huge variables in how much things will cost.

Scorpio • (Oct. 23 - Nov. 21) - Today is a 7
You're getting luckier and more powerful. This lasts for about a year. Meanwhile, still

be careful what you say to an arrogant type.

Sagittarius • (Nov. 22 - Dec. 21) Today is an 7 Work with a person who looks at things from a different point of view. Ask what's in your blind spot.

Capricorn • (Dec. 22 - Jan. 19) - Today is a 6
For the coming year, it'll be easier for you to work with the public. They'll love you.

You'll be a star.

Aquarius • (Jan. 20 - Feb. 18) Today is a 5
Other people point out problems you hadn't even noticed. This is a good thing. Write them down.

**Pisces • (Feb. 19 - Mar. 20) Today is a 7** You'd always like to make time for a philosophical discussion. This one's liable to lead to an impasse, however. Save your breath.

### **MU Students: Interested in Comic** Illustration?

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### ACROSS

- Gracie or Woody
- Pith
- Liner, e.g.
- Nine Inch 14 15 Asian sea
- "Damn Yankees" role
- Quit the spa?
- Baghdad's land Derek and Jackson
- Beepers
- Title role for Peter Fonda
- Mint family member
- 26 Do over again One half of a dance?
- Amateur sports org.
- 34 Happening
- 35 Solo
- Start-up buttons 37
- Quit standup comedy? 38
- Sale-tag abbr.
- Embody " Hall" 43
- 44 Subway station
- 46 Kapital"
- Virginia and Georgia
- 48 Small vipers Guitarist Atkins
- 51 Greek city-state
- B'way theater sign Old sound system 55
- Quit the chess club?
- 63
- Le Gallienne and Gabor Stink
- 64 65 Not e'en once
- 66 Cloth scraps
- Sticking stuff

### DOWN

- Against: pref.
- Cowardly Lion portrayer Old money in Milano
- Silver-tongued
- Austral. state
- Hiawatha's transportation Table scraps

- Robert and Alan Yay, team! Dumbo, for one Put on cloud nine Catch phrase
- Inventor Elias Robert of "The Sopranos"
- Best friends 13
- Skeptic's retort 18
- 19 Mai \_\_ cocktail Shaping machine
- Picked out
- Host Philbin
- 27 Chris of tennis Oil: pref.
- Santa
- Total number
- Actress Dickinson

THIS BOOK

IS EARLY

Frank McCourt's "Angela's

- First or last page of a book Bete noire
- Clyde's Bonnie Haberdashery or boutique
- R-V hookup
- Pungent salad ingredient
- Evergreen
- Pasture piece
- Uneven hairdo
- Clinches
- Fingered

NO, DUDE.

WE'RE LOOKING

FOR THE BOOK

- Wight or Skye
- New Deal agcy.
- AOL, for one

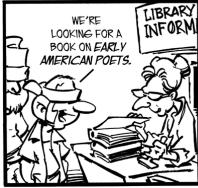
by Aaron Warner

WE LOST A

COMIC BOOK

THAT WE LEFT

### **Two Dudes**







DID YOU REALLY **NEED** THAT?

THAT WAS *ON* IT. ON TOP OF IT. by Aaron Warner . OR ARE YOU JUST BUYING STUFF SO

LOOK WHAT I GOT FOR OUR ROOM WHILE



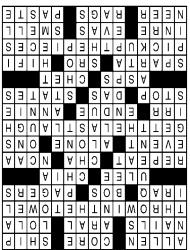












Wednesday's Puzzle Solved

## PAUL

MEL WENT BACK TO HIS HOME PLANET. WE HAD A PRETTY WILD NIGHT OUT BEFOREHAND, THOUGH.

OH YEAH?

YEAH. HE'S PRETTY SUAVE FOR AN ALIEN. HE GOT. LIKE, TEN NUMBERS LAST NIGHT. OF COURSE, HE HAD NO IDEA WHAT THE NUMBERS MEANT, BEING AN ALIEN AND WHAT HAVE 40U, 50 HE LET ME HAVE THEM. SO TECHNICALLY, "I" GOT TEN NUMBERS LAST NIGHT.

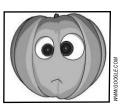






### **CAMPUS VIEWPOINT** BY: SUZANNE GUARINO

### "How are you celebrating Halloween this year?"





senior "You're never too old to celebrate Halloween. I'll probably be at a costume party."



Melissa senior "I enjoy pumpkin picking."



Seth sophomore "I'm spending Halloween at a costume party with my hunnie bear."



freshman "I'm gonna be a westside gangster cause I'm from Pinewood west side."

Niçole



Sigma Pi brothers "We're gonna be ghosts and hang out at the Sigma Pi house."



Brian junior "I'm gonna dress up like a grown up and dj at a grammar school dance in Staten Island."



Angelina freshman "I'm gonna be a cowgirl and I'm going to the city to a Halloween party at a club."



Sir Callahan super senior "I'm going as myself. It's scary

enough."



The girls of Pinewood freshmen



Brendan junior

"We're gonna be The Village People and go trick-or-treating. We've been planning on it forever, its gonna be sweet."

"I'm gonna be Tom Cruise from Risky Business... button up, tightey whities, and shoes."



November 7-18, 2005 at the Monmouth **University Library** at the Guggenheim Cottage

**November 7th Opening Reception** *5:30 p.m. - 8:00 p.m.* Guest Speaker, Vice Consul Paolo

Toschi, Italian Consulate at 5:30 p.m. Refreshments will be served.

### **November 14th**

Guest Speaker and Book Signing, Mr. Lawrence DiStasi, Project Director and Author of "Una Storia Segreta"

For more information call 732-571-3440 or visit the library website at http://library.monmouth.edu

## WHEN ITALIAN AMERICANS WERE

sponsored by the School of Humanities and Social Sciences

Project Coordinator, Professor Susan Douglass, History and Anthropology Department

MONMOUTH UNIVERSITY where leaders look forward

 $co-sponsors: The\ Honors\ School,\ The\ History\ and\ Anthropology\ Department,\ The\ Global\ Understanding\ Project,$ 

### **Two River Film Festival: Featured** students and faculty

LAUREN BENEDETTI EDITOR IN CHIEF

The 2005 Two River Film Festival will premiere on Friday November 4 at Monmouth University and will continue throughout the weekend at the campus and in Red Bank. The festival will host a plethora of differ-

Monmouth University is forutate enough to have faculty and students

The following is a list of festival contendors, all of which are part of the MU community.

#### **BEVERLY PETERSON**

This film screened at major museums including The Walker Art Center, The Warhol Museum, the Library of Congress and was broadcast on PBS & The Sundance Channel. Peterson's 2001 film, INVISIBLE REVOLUTION, was an official selection of the Sundance Film Festival, the Human Rights Watch International Film Festival, the Museum of Modern Art (MOMA), and the Brooklyn Museum of Art, among many others. In 1997 Peterson produced, directed and edited THE ANDRE SHOW which premiered on PBS, and later won

Best Documentary at the Ann Arbor Film Festival, and a Silver Spire in The Golden Gates Award. Her documentary SANDRA'S WEB: A MOTHER'S DIARY, premiered on HBO and was nominated for the 1997 IDA Award. Peterson is currently a Specialist Professor in the Communication Department, Monmouth University.

### RANDI DAVIS LEVIN

Randi Davis Levin began her career in cable television at Showtime

Networks in New York City where she worked in various positions in

The Operations and Promotions department. After five years at

Showtime, Randi moved over to sister company, MTV Networks, also in New York City, where she has worked for the last twelve years. She has also had the opportunity to write and produce commercials for clients such as Toshiba and Six Flag Theme Parks. In 2002, she wrote and produced "The Interview" which was nominated in the short category for several film festivals. After the success of "The Interview," she wrote, produced and Directed "In Hot Water." She is currently working on another

script that she

Plans to shoot this spring. Randi

serves as an adjunct professor at

Monmouth University.

### **MELANIE HEINRICH**

While completing her studies towards a Masters in Liberal Arts, Melanie Heinrich turned her most recent photographic essay "Behind the Colored Lights," on the life of the 'Carney,' into a short documentary. Heinrich operates a commercial photography studio creating photographs used in national and international advertising campaigns. www.mhstudios.com. She creates and produces web sites for non-profit organizations, as well as corporate clients. Heinrich is currently a specialist professor at Monmouth University and heads the photography area

STUDENT REEL An eclectic mix featuring highlights from a variety of some of the most

innovative work by Monmouth University students from the past few years.

CLASS HATES ME Inspired by David Lynch, an average student day suddenly takes a twist. directed by Jason Krawczyk (Best Student Film, 2005 Hope & Dreams Film

### **VOCES DE COLUMBIA**

Festival)

Anderson Diaz uses video to create a moving testimony To his father's struggle to provide his family with the American Dream. produced and directed by Anderson Diaz (2004 San Francisco Festival Cine Latino, & Honorable Mention-Student Documentary, Region 1, 2004 NBS.

Other students involved in this project include Patrick Perrotto (editing) and Beverly Nevalga (writing).

### **COLLEGE: THE DOCUMENTARY**

Students tell all in this thought provoking short. Produced by Steven Mervine, Patrick Perrotto, Frank Della Femina, Anne Halas, Brittany Russo (Best Student Documentary, Region 1, 2004 NBS).

INFORMATION PROVIDED by Beverly Peterson

Check out next weeks issue of the Outlook for more TRFF coverage.

## A filmmakers insights

Filmmaker continued from pg. 13

I was with my daughter on the boardwalk and she was about 4 years old at the time. We were walking down the boardwalk and I was describing everything to her, I would go on and on and she looked at me and said, "Mommy where did all the fun go?" And that's when it stuck with me. About a year and a half year later I started filming this wistful, indulgent frankly quite awful film, Wish You Were Here. It was my personal statement, my trip down memory lane. That piece became the foundation of this film.

LB: What is the goal of your film? CE: I want to teach people about loss, history, preservation, about their community and defending the place that they treasure. That is what the goal of the film is. To demonstrate to people that if they love the place they live in they must defend it. I want people to realize it can all be lost in a blink of an eye.

LB: Where are you at in your life and how do you feel about it?

CE: I'm at the scariest place I've ever been in my life creatively. I have never felt so exposed creatively. I can't watch people watch my film it's just scary. When I sense that someone is really moved it's the best feeling, best feeling in the world.

LB: What was is it like working with Monmouth University students on this film?

CE: I wanted the students interning to have the experiences of working on a film. I wanted them to feel like, "I am creating this film." I made it a point with all the interns when they talked about the film that they called it, "our film." The film would have never of been made with the intellec-



Filmmaker Christina Elipoulos directs a scene outside of Asbury Lanes with the Director of Picture, Mai Isakander.

generosity of the University.

The entire communication department has made me realize this

"The film would have never of been made with the intellectual curiosity of the interns and the generosity of the

> **CHRISTINA ELIPOULOS** Director

University."

dream. People like Chris Cavallaro and Eric Reisher see me at my worst, they see me pacing the floors

tual curiosity of the interns and the ever I come to some type of technical nightmare all the technical staff of the communication department make it work. They somehow share in that feeling, "we got it to work!"

I hope that I have given the students the feeling they gave me in return. It's been one of the most gratifying feelings I have ever had. It gave me great pleasure to watch the students evolve. To watch the effort they put into working on the film. They took it on as their film. They adopted it as their film.

LB: What advice would you give to young filmmakers?

CE: Don't get freaked out by how hard it is. Just have faith in your process and believe that you have a story to tell. Don't get freaked out about the amount of money and enterprise it takes to make a film. You need boat loads of money. If your story is compelling, if it serves something bigger than your ego you will get people to help you and the outside Edit 4 (suites). And when- money just comes your way.



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"It's really hard to walk in a single woman's shoes -- that's why you sometimes need really special shoes!" Sex and the City

> LADJE'S FOOTWEAR

## Foot Fetish

You can never have enough shoes and the styles for fall/winter will keep you wanting more.

ANDREA TIBALDO FASHION EDITOR

"I buy women shoes and they use them to walk away from me." Mickey Rooney

GENTLEMEN'S FOOTWEAR























PROPER SHOE CARE

courtesy of www.hintsandthings.com



There is absolutely no reason for having boring footwear this season when the colors and styles leave you with endless possibilities.For women, its all about metallic and chrome colored shoes. Wedge heels on boots or even pumps are also a girls best friend for the fall and winter months giving height to any outfit. Fear not all you UGG followers, the new styles include cherry blossom detailing and cargo inspired boots.

Guys, fine detail is what you need to look for when boot shopping. If you want to push the envelope and wear something out of the norm (plus, have the guts to where them) then try out some cowboy boots...they arent just for Texans anymore! As far as a classy shoe, take a 'less is more' approach and go with a sleek looking

- •If brightly colored leather becomes faded in certain areas use an oil pastel of the same colour over the affected areas then top up with a neutral wax polish.
- •To clean suede shoes, instead of using a wire suede brush which takes off the top layer of the leather, try using masking tape.
- •To clean patent leather shoes rub in petroleum jelly and leave for a while to soak in, then buff up with a soft clean cloth. This will not only keep them shiny but also prevent them cracking.
- •To keep leather soft and supple, apply some castor oil and leave to dry, then clean in the usual way.

## MU's new tagline

Slogan continued from pg. 2

brand or seen it on campus until the banner displayed at the football game on October 15.

All members of the "Image Makers" and the branding team, who were asked, were unaware of who created the old tagline, the "Intellectual Center of the Jersey Shore", and why it was chosen, but President Gaffney said, "The previous tagline came out of the Middle States self-study exercise and was thought by the Image Makers to be a fitting description of Monmouth."

Several branding committee and team members said they did not think the "Intellectual Center" tagline really represented Monmouth entirely and the appearance of the old brand is downplaying the new one. They also said that shortly the old tagline "The Intellectual Center of the Jersey Shore" will longer be lingering around campus on banners and letterheads and the new tagline will be more prominent. Reme said that the old tagline is being phased out for economic reasons and the new commercials are on television and local radio stations, as well as in prominent magazines like News-

week.

Sarah Savarese, director of enrollment publications and communications and member of the "Image Makers", said the brand was met with a lot of excitement and she thinks it speaks to many aspects of MU. President Gaffney said it has been greeted with enthusiasm; others question whether the brand really represents MU.

However, Dellens said, "If you ask a political science professor they would think that it's good, but all departments might not be that way. It doesn't really represent Monmouth."

Also, several high school seniors said the tagline could be more creative and one tagline needs to be chosen. "Two different mottos is confusing. They need to choose an identity." Reme said that, although the students portrayed in the ads are MU students, their good looks and formal clothing was somewhat unrealistic of college students.

Savarese explained the validity of the new tagline by saying, "We all have great things we look forward to accomplishing, and in fact have accomplished so much as a college or university in our recent future. Our tagline speaks

# ortant Announce from the Registrar's Office

If you are planning on graduating at the completion of this semester, and have not officially applied for graduation, you must do so IMMEDIATELY!

DEADLINE was Friday, Sept. 30<sup>th</sup>. Any questions, call 571-3477.

Regarding January 2006 Graduates

### Orthodox Christian Fellowship

Beginning his 22nd year as Greek Orthodox Chaplain at Monmouth University, Archimandrite Father Ephraem extends his personal blessing to all Eastern Orthodox students. faculty, and staff for a prolific scholastic year and hopes all will be active in the Orthodox Christian Fellowship, Father is available at any time to minister to the spiritual needs of all Orthodox Christians on a 24-hour basis, for



prayer, confession, or just someone to talk to.

Father Ephraem can be found on campus, or he can be reached by calling: 732-671-5932



### Please join us every week!

Every Sunday 7 pm Every Euesday 1:10pm

Weekly Mass Men's & Women's Bible Study Every Wednesday 8pm

Faith Series 3rd Euesday of Every

Month 7pm

(American Sign Language) Class Every Chursday 7:30pm

Stump the Priest Night October 18th 7pm, Magill Commons

If Anyone is interested in participating at Sunday Mass either by singing or playing an instrument, please call the Catholic Centre or e-mail us at CatholicCentre@aol.com

### www.mucatholic.org

Watch for our special events during the semester!

Food Always Served! Catholic Centre at Monmouth University 16 Beechwood Avenue

Gate to our house is located in the rear corner of Lot 4, next to the

Call us at 732-229-9300

## Notice to January 2006 Graduates

from the Office of Registration & Records







## Mark the following important dates in your calendar:

09/30/05

APPLICATION FOR GRADUATION DUE

12/01/05

LAST DAY TO SUBMIT SUBSTITUTIONS OR WAIVERS

## MU Transfer Student Laguna Beach

## A student gives insight on being a transfer student at Monmouth University

**VALERIE LEONE** CONTRIBUTING WRITER

could not wait to attend; I will never forget the day I had receive my acceptance letter to Monmouth, I jumped on my mother so hard she nearly fell. I was beyond trilled to come here. I had grown up in Keansburg, NJ, Parkway). Due to this, I felt I attached to its beautiful campus, and diversity. I had heard high school. so many great stories at open house from students about the people they have met and the education that is given to them. I was in love with Monmouth. When I came to open house at community college and met peo-Monmouth, students spoke very highly about MU. They had told hearing about all their flaws beme do not worry you will make fore I had even met them. I have a great deal of friends; (at my old school I met more people in two days then I have met here in a month); you'll find your group, the teachers are great and the school is great! My friends from other and I knew about all the hot spots schools would tell me "you're going to Monmouth; I can not wait getting a true college experience. to come visit and party." Now to a But, at Monmouth, it is everything transfer this all sounds great, I am but a college experience to me. going to have a great three years Although, my feelings for they can not have a full college and a home away from home. Monmouth change everyday, experience?

and all this seems to be a lie. is want I wanted for four years As of right now, the only friend I Monmouth was a place I have made is a transfer from my previous college which is Bergen Community College. We are both in the same situation; we have no one but each other here. He and I can not wait to get out of here, and he such as my self could not wait to come here. (its exit 117 on the Garden State Perhaps I was just use to going to a school such as my old one. At Berneeded to come back to Central gen Community, I made friends Jersey. I felt as if I belonged here, and I had a great college experibut this was not my only reason ence. I regret leaving Bergen, due for coming to Monmouth; I was to the fact the school was very diverse and, to me, it was less like

At Monmouth, I feel I am reliving those four years of high school again. Here everyone has their own group and even is in each others business. I went to a ple for who they were, with out gone to Montclair State University also; without living on campus, but their even with out living on campus I had a great deal of friends. I knew about parties, that many people went too, I was

Well, I have been here for a month there are times when I feel this in high school and I should just stick it out for the whole year and perhaps things will change, but it honestly is not worth my money. Sure I am learning, but what is college without the fun? I have tried joining groups and I have tried going out to rush, but I had come to find out those are not the people for me. Although, I think about one thing a lot. Perhaps if Monmouth could have offered me housing then maybe things would be different. Perhaps then I would have made friends. If you think about it, once living in a dorm you automatically have a roommate and/or suitemates; you become acquainted with your whole floor and eventually all become friends.

> But as a commuter living a mile from campus and having to work 30 hours a week to keep the electric on, it is quite impossible to make friends. If Monmouth could help transfers out by offering housing to everyone, perhaps it would have helped out not only me, but a lot of other transfers as well. According to monmouth.edu, "transfers are a great percentage of the campus." However, how does Monmouth expect to keep transfers here if

Laguna continued from pg. 2

"I broke up with Jessica three or four weeks before that," Jason said. "I wasn't going to call her and break up with her on camera for real."

He doesn't talk to Jessica anymore and he said he doesn't care for Alex M. much either. (I love Alex M. I want her to be my new best friend.) Jason and Jessica dated for less than two months; Jason and Alex M. dated for "like a minute," she says. "It was really fast."

"Jason's like the guy who you get a little buzz on and then you kiss him," Alex M. said. "I'm telling you, everyone has kissed Jason." (Later, I asked Kristin if she was the only girl in Laguna who hadn't kissed Jason. "I've kissed him!" she laughed. "But that's it.")

Jessica, meanwhile, is going to community college in Laguna and recently started hanging out with Dieter again. "She comes up (to Los Angeles) and I've been going back to Laguna a lot," Dieter said. "I love the girl and I'll always love her. She knows that." As for a reunion between the couple, he said, "I dunno."

Stay tuned. "Laguna Beach: The Real Orange County" airs 10 p.m. Mondays on MTV; a secondseason marathon is scheduled to start at 4 p.m. Nov. 12. The season finale airs Nov. 14.

### Some final tidbits:

Alex H. is moving in with Alex M. (and out of Kristin's place scandalous!) in Los Angeles. Alex M. recently set her up with a guy in a band and they are now dating.

Casey's stepdad invented the frozen burrito and she lives in the old Gucci mansion in Laguna, according to Alex M. "MTV kind of forced me to be friends with her," she said.

Alex M. is recording an album. So is Talan.

Jason, Stephen and Dieter live together in Los Angeles in a 16th floor high-rise. Jason and Stephen are taking acting classes; Dieter is interning at a talent agency. None of them cleans the apartment. "You walk in there and you don't even see the floor," Jason said.

Kristin just scored a small role in an upcoming Al Pacino movie called "88 Minutes." She doesn't know what the part is, and she didn't have to audition.

Stephen is currently single and looking. He wants someone who is mature, has a good personality, loves to have fun and "can keep up." And by the way, he never hooked up with Paris Hilton.

September Morning

18.00 & up

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Bikini

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Kids 12 & under

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Polish Change	8.00	
French Manicure	16.00	
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Tips with Wraps	60.00	
Refill	27.00	
Spa Pedicure	35.00	
Ped. Polish Change	10.00	
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Gels		
Pink - Full Set	55.00	
Pink on Natural Nail	40.00	
Refill	30.00	
Pink & White Full Set	70.00	
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## Decorate your own cupcake

on October 27 and 31 between 10:00 am and 12:30 pm in the Jules Plangere building

with Lambda Phi Eta



## **Priest Panel**

**Priest** continued on from pg. 3

civil union"? This was an interesting way of thinking of what marriage really is.

"I thoroughly enjoyed the forum. The priests were very knowledgeable when it came to Catholic teaching", stated freshman Alex put into it, I thought it went well. I was impressed with the turnout. It was a good way to clarify many 4) parking lot.

unanswered questions students have about religion. I got requests to have another one next semester", commented Catholic Centre Vice President Alyssa O'Donnell. Students can visit the Catholic Centre any time; the door is open between 10 a.m. and 11 p.m. and they always have food. It is a home away from home on the M.U. campus. Truncale. "For the work that was The Catholic Centre is a house located down a small path in the far left corner of the Health Center (lot

## Fashion Show

The Outlook, WMCX, Hawk TV and Comm Works present Monmouth University's 2nd annual Fashion Show.

### Want to help?

Come to an interest meeting on November 9 at 2:30 in The **Outlook Office** on the second floor of the

Jules Plangere Center.





Attention Students: As a member of Monmouth University, you are entitled to 30% off all services at Monmouth County's hottest salon. Please mention that you are an **MU** student when you call and bring your student ID card at the time of your (New Stylists Only) appointment.

## Day Trip to:

Hindu Temple Society Sri Maha Vallabha Ganapati Devasthanam

Jackson Heights' Little India,



Queens, NYC

Free to Monmouth Students

Guests Pay \$3.00

Saturday October 30, 2005

Bus departs Student Center at 9 am

Bus Returns at 5 pm.

Lunch is on your own in Jackson Heights' Little India

Sign up at the International Student Services Office—Student Ctr X 3640 for more info Or email bnitzber@monmouth.edu



**BRICK PLAZA ROUTE 70 & CEDAR BRIDGE AVE** 732-262-4800

## southern comfort 7îue From the eye of the surf: A member of

the MU surf club gives us a glimpse into their competitive world at the beach

SARA WERNER CONTRIBUTING WRITER

At 3:33 pm on the afternoon of October 7th, Monmouth University's very own Surf Club escaped the rain of West Long Branch to travel to Wrightsville Beach, NC for the Clean Water Classic, cosponsored by the Surfrider Foundation and the University of North Carolina Wilmington's Surf Club. I'm sure many of you have never even heard of us, but how would a university that is only a mere mile away from the beach be complete without one?

Nine of us were able to go, cramming our gear into two cars. Kudos go to Christina Holz, who drove 10 hours in monsoon conditions and managed to get AJ Penta, Brett Oliverio, Kevin Simpers, Ryan Gashlin and me to the campsite that Dan DeMuro, Chris Jones, and Chris D'Antuono (who had left Friday morning) had set up. The campsite was flooded, and two of the three tents caved in, so the 5:30 am signup call could not have come soon enough. After signing in, we made our way in the pitch black to McDonald's for breakfast. We wound up suiting up there, and met our first MU surf club fan, Dave, the manager of this McDonald's who came to watch us surf the rest of the weekend.

We made our way to the contest site to see head-high to double overhead waves crashing the beach, and ocean conditions straight out of "Victory at Sea". Of course, everyone with a surfboard charged it. The sky began to lighten a bit with the impending daylight, but the rain came down even harder. The contest was delayed due to the chaotic weather conditions. "It feels like needles hitting your face," a rider for UNCW told me. Judging was based on riding three waves, and began when your hands left the rails of your surfboard. Participants were judged on length of ride, with emphasis on style, speed, control, and creativity. Chris D'Antuono got the first barrel of the day, causing all those from the beach (judges and spectators alike) to hoot. Even though it was miserable out, people were still happy, remembering the reason why we all were there: to embrace our love for surfing. We figured the waves and the fun we were having outweighed the pneumonia that would probably ensue.

At 11:30 am, the sun began to shine, and we were able to take off the wetsuits that had caused us to sweat. The water was 78 degrees, a luxury we rarely get back home, and the opportunity to surf "bare back" comfortably won't come again until late June. The better weather brought out the other two hundred surfers who were also welcomed by students from South you there.

Carolina, UNCW, and five schools from Florida. Together, we surfed against nine other teams.

Our team consisted of five surfers: Brett Oliverio, Chris Jones, Chris D'Antuono, Ryan Gashlin, and I. The college tag team event was an hour long, and required each surfer to catch three waves and literally tag the next surfer's hand in order to let them out of their box (lines that were drawn in the sand that we had to stay within to avoid disqualification). We were soon shocked to learn that all those MU lectures on time management were about to pay off. We figured that each of us should have twelve minutes to catch our required waves, a hard task due to the long paddle, nerves that caused our hearts to pound out of our chests, and breath that we just couldn't seem to catch.

When the horn sounded, and the heat was over, we were one of the few teams that had only one surfer fail to get three waves. Most of the other teams had multiple surfers not get all the waves. The result of our surfing and smarts landed us in second place, and moved us on to the finals the next day.

That night, we went to a luau at UNCW's campus, where we received southern hospitality and met Redsand correspondent Sean Ahlum. Ahlum told us he wanted to help us sponsor an event in New Jersey. We left the luau with even higher aspirations as we snuck the nine of us into our two-person room at the Howard Johnson motel.

After a night of well-deserved REM sleep, we were back at the contest site for the 8 am finals. The remaining teams were: Team Redsand (professionals!), West Florida, UNCW's Team B, and Monmouth University. This time our competition had brushed up on their time management skills. In the end, we placed third, and received an awesome copper trophy sculpted into a wave. Not only did we take home some hardware, but our surfing skills, as well as our ability to think under pressure, were highlighted. At 3:45 pm Sunday, we left Wrightsville Beach, just a mere 48 hours since we left New Jersey. Despite ailments and sleep deprivation, we surfed our best with a smile; our trip never turned into an episode of the Real World, but maintained a happy Endless Summer vibe. Originally, we had hopped into a car with people we barely knew. Now we were friends who had cheered, hooted, and supported each other while living out of our bags.

The future of the Surf Team has many high hopes. To get involved, check us out on Wednesdays at 8:30 in Room 830 in the Student Center. You don't need to surf to involved in the event. We were be involved. Hopefully, we will see



PHOTOS BY Joe Soriano/Re

MU Surf Club awaits to compete in the college tag team heat.

### The Surf Club was asked... What does this contest mean to you?

"Meeting new people, getting our name out, just telling them what's up." **Christina Holz** 

junior

"That we get taken seriously for traveling and competing."

AJ Penta junior

"An occasion to surf and for people to judge me." **Brett Oliverio** feshman

"Trying to surf good and have a good time." Ryan Gashlin freshman

> "Getting our name out." **Kevin Simpers** freshman

"It means we are the only team from Jersey. We represented our state, school, and selves, shocked them and showed them our talent, and took third."

> Dan DeMuro senior

"Having good times, catching good waves with good people, that's what it is all about."

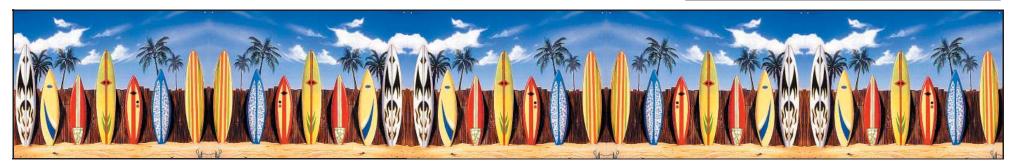
**Chris Jones** senior

"A chance to go on a road trip with a bunch of friends and go surfing. Chris D'Antuono freshman

"To apply everything I know now and let it grow with a great trip and a win through fun and shredding." Sara Werner

freshman





# The most indepth documentary on the hauntings of Monmouth University ever produced!



"SHADOWS OF SHADOW LAWN"

9:00 P.M.

JULES L. PLANGERE JR. CENTER FOR COMMUNICATION AND INSTRUCTIONAL TECHNOLOGY (VIEWING WILL TAKE PLACE IN THE LOWER LEVEL LOBBY)

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## **Defense pitches Homecoming shutout**

### Hawks hold Robert Morris to 222 total yards; now sit in first place NEC tie

EDDY OCCHIPINTI SPORTS EDITOR

For the second consecutive year the Monmouth University football team celebrated Homecoming with a cold, rain-soaked defensive victory that left the Hawks at the top of the Northeast Conference standings. This year, Monmouth blanked the Robert Morris Colonials 14-0 and now sit in a firstplace tie with Central Connecticut State. The Hawks are 5-2, and have a 3-1 mark in the NEC, tying them with the Blue Devils. Monmouth travels to Central on Saturday with the outright lead in the NEC at stake. Last year, the Hawks beat the Blue Devils 9-6 in their Homecoming game.

This year's shutout marks just the third time in Robert Morris' football history that they have failed to score in a game.

"I think to have this type of game at this point in the season with so much to play for is a real positive thing," said head coach Kevin Callahan. "It's a positive thing for our team and players."

The Hawks' defense held Robert Morris to 222 yards of total offense, including 91 yards in the second half. Monmouth notched its final points of the game on sophomore linebacker T.J. Cerezo's 44-yard fumble recovery midway through the second quarter.

The second quarter saw all the game's scoring as quarter-back Brian Boland found wide receiver Shane Sharpley on an 18-yard pitch and catch just over five minutes into the period. The score was set up after defensive lineman Jesse Orbach recovered a fumble on a faulty exchange Austin, the most dangerous offen- aging just under 180 yards per conbetween the Robert Morris center and quaterback at the Colonial 19-yard line.

for a loss, one forced fumble and one interception.

Hill was named the NEC Defensive Player of the Week for his efforts in the game. Outside linetackles as well on defense.

The Hawks recovered four Colonial fumbles thanks to the efforts ries. Cerezo, Orbach, linebacker Mike Castellano and defensive back Rob Lomoriello.

The Hawks' offense was paced by senior running back Bobby Smith who answered the call with 15 rushes for 100 yards in the adverse weather conditions. The Hawks ran for 173 yards in the game. Rob Lutz added 34 yards on the ground, and the Hawks held the football for over 32 minutes.

Boland was held under 200 yards passing for the first time this season as he completed 8-of-21 passes for 99 yards with one touchdown and one interception. Monmouth wide receiver Miles



Matt Hill leaps to pick off a Drew Geyer pass. Hill was named the Northeast Conference Defensive Player of the Week for his efforts in the game. He had nine solo tackles, including one for loss, one interception and one forced fumble.

dav-to-dav.

Robert Morris was limited to a combined 9-of-26 passing for 87 yards. Quarterbacks Erik Cwalinski and Drew Gever were ineffective all day for the Colonials. Robbacker Mike Nunziato added eight ert Morris' only offensive threat was running back Devin Wilson, who ran for 89 yards on 22 car-

> "This was the first of a string of four (consecutive conference) games," said Callahan. "It was important that we came out and played well and won the game and our players did just that. It was a very good win for us and it keeps us in the position that we want to be in."

Monmouth now turns its attention to Central Connecticut State. The Blue Devils defeated Wagner last week 38-34. The Seahawks handed the Hawks their lone conference loss of the season 26-20 two weeks ago.

Central leads the conference in rushing yards per game by aver-

sive player in the conference, left test. Their offensive scheme feathe game with a high ankle sprain tures four dangerous rushers and midway through the first quarter. two alternating quarterbacks. Tim The Hawks' defense was led by He had just one catch for 12 yards Sheard is the starting quarterback, safety Matt Hill, who recorded in limited action. His status is but backup Aubrey Norris is just as explosive. The duo averages a combined 42 yards per game from the quarterback position. Sheard was the NEC Offensive Player of the Week this past week. He was 8-of-9 passing for career-highs of 205 yards and three touchdowns, while rushing 15 times for a game and career-high 81 yards to lead the Blue Devils to a 38-34 win over Wagner this past Saturday.

Jo Jo Freeman leads the team, and is third in the conference, with 658 rushing yards on the year.

The Central defense is a fast, ballhawking unit. They have forced 22 turnovers for a plus nine turnover margin.

"It's a big game," Callahan said. "It couldn't have played out in any better scenario. Last week there were five teams tied, this week there's two and those teams play each other."

The clash for first place in the NEC takes place this Saturday as the Hawks and Blue Devils kickoff at 1 p.m.

### And then there were two...

DOMINICK RINELLI JR.

Going into Saturday's Northeast Conference football matchups, which had four games on the schedule, Monmouth was in a fiveway tie for first place with: Central Connecticut State, Wagner, Stony Brook and St. Francis (Pa.).
After all was said and

done, the Hawks were left along with CCSU to claim against the Blue Devils and the top spot in the NEC: were victorious 9-6 the last a Blue Devil team that time the two teams faced Monmouth will face off

This season, the Hawks are currently 3-1 in road games with their lone loss coming to the hands of Lehigh University in the season areas. versity in the season opener on September 3.

This Saturday's game has a lot riding on it and head coach Kevin Callahan stresses the magnitude of this game.

"This is as big as it gets right now," he said. "We said a week ago that we had four straight weeks of con-ference games to determine a championship and the right things have happened outside of our control. With Wagner losing, now everything is in our control."

Callahan is not overly concerned if Miles Austin

(ankle) is unable to compete Saturday. He underwent an x-

ray earlier in the week.

"We have guys that can come in and who have made big plays," he said. "We're fortunate that that the position (WR) is one that's not only talented but fairly deep."

"It's important that we get ready to go play a champion-ship game on Saturday," said Callahan.

off on October 30, 2004 at against this Saturday in Kessler. Kicker Steve And-New Britain, Connecticut at riola broke the 6-6 tie as time expired with a 29-yard field



Miles Austin's health is vital to the Hawk's chances at winning a third straight Northeast Conference title.

.. every team has players that contribute to success without always receiving headline recognition...sometimes one play or player can change a game, or someone enjoys personal success under the radar, for them we recognize ...

### The Outlook Unsung Player(s) of the Week



The Monmouth Offensive Line

John Castoro, Tom Mauro, Jonathon Dunn, Matt Connolly and Nick LoCastro helped pave the way for the Hawks to control the clock and the game against Robert Morris. Monmouth ran for 173 yards in the game and eight rushing first downs while holding the ball for over 32 minutes.

### Field hockey drops 4-2 decision on senior day

Greene and Flaig score in loss to Sacred Heart.

#### **PRESS RELEASE**

Three second half goals by the Pioneers of Sacred Heart proved too much too overcome for the Hawks as they were defeated 4-2 in Northeast conference field hockey action Sunday afternoon.

The Blue and White honored their four seniors before the contest, and used that momentum to start strong as they took an early 1-0 lead on an unassisted goal by junior Bridget Greene (Atco, N.J./ Hammonton). The Hawks put a lot of pressure on Sacred Heart's junior goalkeeper Ashley Del Greco as they unleashed 14 shots on goal in the first half.

Sacred Heart answered Greene's goal with a goal off a penalty corner less than five minutes later. Freshman Amy Hendricks re-directed a shot from Colleen Carney to tie the contest, 1-1. The Hawks had an opportunity to take a lead into the intermission as junior Maeve Hagen (Hummelstown, Pa./Hershey) had a penalty stroke at the end of the half, but Del Greco turned it away.

The Pioneers unleashed three unanswered goals after the intermission to put the contest out of reach. Junior Jenna McLane took a pass from Hendricks off a pen-

alty corner to put the Pioneers up a goal. Less than three minutes later, sophomore Leah Stoehr slid one past Carrie Colbert (Downingtown, Pa./Downington) for her first goal of the season. Hendricks struck again with the Pioneers last goal as she took a pass from Danielle Vasely and scored her second goal of the contest.

Senior Allie Flaig (Glassboro, N.J./Glassboro) took a pass from Hagen and put it past Del Greco to finish off the scoring for the con-

Del Greco was a wall in net for the Pioneers as she faced 31 shots, and had 22 saves. Colbert, the senior, had five saves in net for the Hawks as she faced 13 shots.

Hawks return to action on tuesday for the season finale against rider in a northeast conference game.

Game set for 3:30

## Women's Soccer

## Weekend of lost opportunity for Hawks

**CRAIG D'AMICO** 

the Monmouth Hawks women's soccer team early last week. The Hawks were involved in a tie with several other teams for the fourth and final spot for the 2005 Northeast Conference Tournament. Plus, two of the teams they were tied with, Fairleigh Dickinson and Sacred Heart, still remain on their schedule.

So in a way, the Hawks quest to qualify for the postseason was in

and the Pioneers and their chances for the fourth "The final score really doesn't tell three time defending NEC champs, the good. However, in a week that started with things looking bright, much like the weather

outdoors, it turned overcast real

Entering the week, the Hawks were unbeaten in five of their previous six matches. Following a 1-0 setback at home last Tuesday to Long Island University, the Hawks traveled to Teaneck for a Friday afternoon game against the Knights. The two teams played to a scoreless tie a year ago in West Long Branch.

The Knights scored the only goal of the first half with eight minutes remaining. Then eight minutes into the second half, they added to their lead with a breakaway goal to extend the advantage to 2-0.

Monmouth got on the board at the 75 minute mark when sophomore defender Brittani Heller zlowski took the loss, but made scored her second goal of the season. She intercepted a clearing attempt by the Knight defense the Hawks chances of postseason at the top of the box, and scored from about 15 yards out to pull the Hawks within one.

But with eight minutes left, the Knights sealed the game with a necessarily show in the final goal, and they would go on to take scores. After dropping the games, the crucial late season conference two of which were against teams

Things were looking bright for match-up by a score of 3-1.

Freshmen Katie Buffa and Addie Kozlowski split time in goal for the Hawks. Buffa allowed two goals and made a save, while Kozlowski allowed a goal and made a save.

Following the loss, Hawks head coach Krissy Turner commented about the game to Monmouth athletics, "The score really doesn't tell the whole story. Once we went down a goal, we decided to push forward to stay in it. We finished their own hands; beat the Knights the match playing with two defend-

we played a solid game."

**Head Coach** 

Hawks down, but not yet out of it,

as they looked to bounce back on

the road against the Pioneers of Sa-

Sacred Heart pounced three min-

utes into half number two, when

off a corner kick; a shot went off of

Kozlowski and Buffa again split

The three loss week dampens

play. They ended up being shut

out twice, with Heller providing

the lone goal of the week, despite

playing tough soccer that doesn't

time in goal for the Hawks, Ko-

three saves on the day.

they were tied with in the standings, drops the Hawks from a tie for fourth to a tie with Wagner for

With a 2-4-1 conference record and seven points, the Hawks would have to win both remaining games and hope that the Pioneers and the Knights drop their remaining games just to go back into a three way tie with the two schools for the fourth and final spot in postseason play.

Ahead is a tough task, as the Hawks will host the

spot would have the whole story...all in all I thought Central Connecticut been pretty been Devils on Friday afternoon. The Devils this season have already clinched a spot in the annual tournament and with a win

> They have won eight games in a row and are a perfect 7-0 in conference play. Last season, the Devils defeated the Hawks by a slim 1-0

Monmouth's season finale will come on Sunday afternoon on the

### ers and five midfielders trying to would clinch home field advantage. get another goal. All in all I thought we played a solid game." The loss to the Knights put the

Following a scoreless first half, Great Lawn, as the Hawks host the Quinnipiac Bobcats.

### **2005 WOMEN'S** SOCCER REMAINING **SCHEDULE**

**RECORD: 4-8-3 NEC: 2-4-1** 

### Freshman earns NEC women's tennis honor

Sarah Ragan recognized for 4-0 week

### **PRESS RELEASE**

Freshman Sarah Ragan (Lanoka Harbor, N.J./Lacey Township) was named the Prince/Northeast Conference Women's Tennis Player of the Week, the league announced on Tuesday. Last week, Ragan compiled two wins each in the singles and doubles categories Blue and White head into the winas Monmouth completed its fall ter break.

schedule with wins over Wagner and Fairleigh Dickinson.

Last Tuesday in the Hawks 5-2 defeat of Wagner, Ragan earned a 7-5, 6-1 win over Kate Carey in No. 1 singles and teamed with Kelly Shedelbower for an 8-2 triumph over Megan Owen and Aarti Mahtani in No. 2 doubles play. On Wednesday, Ragan led the Hawks to a 7-0 shutout of Fairleigh Dickinson with a 6-0, 6-0, win over Marie Keeler in the No 1 singles flight, and coupled with Shedelbower to blank Nadia Ortubia and Stephanie de los Santos in No. 2 doubles, 8-0.

Monmouth ended the fall slate with a 4-10 record. Ragan owns a 6-9 record in singles action as the

#### the left post of the Hawk goal and then rebounded in for a score. The goal would be all that the Pioneers would need. They would add on to their lead with goals in the 71st and 80<sup>th</sup> minute to take the game 3-0.

10/28: VS. CCSU 2PM

10/30: VS. QU 1PM

### Outlook's Weekly NFL Picks - Week 8



Away Home Washington Redskings New York

Giants

Chicago Bears

Detroit

Lions

Philadelphia **Eagles** 

Denver

Broncos

Kansas City Chiefs

San Diego

Chargers

Cleveland **Browns** 

Houston

Texans

Miami **Dolphins** 

**New Orleans** 

Saints

Minnesota Vikings

Bills New England

**Buffalo** 



Eddy (3-5 Last Wk) (21-19 Overall)

















Carolina

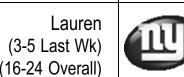
**Panthers** 



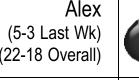
**Patriots** 



Craig (7-1 Last Wk) (20-20 Overall)

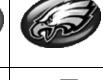








































## Men's Soccer

## Hawks maintain top spot in NEC

DOMINICK RINELLI JR.

The Monmouth University men's soccer team (7-3-5, 4-0-2 NEC) is currently atop the Northeast Conference in the rankings with 14 points and they remain undefeated in NEC play after going 2-0 this past week on The Great Lawn.

"It's very rewarding to be in first place with only three games remaining," said head coach Rob McCourt. "At the beginning of the year that is where you want to be at this time. With all of the hard work

and practice, we are in the driver's seat."

to the Blue and week were Ĉentral Connecticut State University and Quinnipiac Univ.

"Both games were big victories," said McCourt. "We competed against teams that had a lot of talent and were able to come away on top.'

Monmouth defeated CCSU by a final of 2-1 on October 21 in a game that featured three goals in the first half and a shutout for both squads in the second stanza. Senior Ed Hayden connected on his third goal of the season to put the Hawks in front 1-0 at the 32:32 mark. He headed the ball past the Blue Devils goalkeeper after receiving a cross pass from freshman Angelo Amato; Amato's second assist this year.

The lead was short-lived for Monmouth as junior Alex Harrison evened the game up less than thirty seconds later for the Blue Devils.

Junior Hugh MacDonald broke the tie in the 44th minute with his one game remaining this year af-

Hawks a 2-1 advantage. MacDonald found the back of the net after freshman Rich Baker's shot on goal was re-directed in his direction.

The Hawks out shot CCSU 16-10 in the contest and were all set for their next game.

Next up was Quinnipiac on Oct. 23 who the Blue and White boasted 1-0 to give Monmouth their conference leading seventh shutout of the

The lone goal of the game came in the 24th minute as junior Jonathan Schmid took a shot from 25ter their two road games. They will host NEC member Mount St. Mary's on November 6 on The Great Lawn at 1:00 p.m.

"We have a difficult swing to go on this week especially with the travel and drive," said McCourt. "It is one of the tougher road swings in the conference and our three games left are all against teams in the mix for a playoff spot."

The Blue and White rank first in the NEC in shots (232), shutouts (7) and corner kicks, tied for 1<sup>st</sup> in assists (22), second in points (66) and tied for  $2^{nd}$  in goals (22).

> Did you know... Hawks won the NEC regular season title outright was in 1990 when the team posted a 6-1-0 record in conference play and three years, in 1993, the Blue and White tied for first in the NEC

when they went 6-2-0.

"Both games were big victories...We The last time the Falling victim competed against teams that had a White this past lot of talent and were able to come away on top."

> **ROB MCCOURT Head Coach**

yards out and got by the Bobcats goalkeeper.

Thus far, the Hawks have out shot their opponents 232-158 on the season, whereas last season they were tied in that category 224-224.

"We are creating good scoring opportunities and I try to encourage our guys to take risks," stated McCourt. "Our midfielders and defenders are willing to take the risks of coming up in play which makes us difficult to deal with on corner and free kicks."

Monmouth has three games remaining on their schedule, all of which against NEC opponents. The team will be on the road twice this week to face off against Robert Morris on Oct. 28 at 3:00 p.m. and St. Francis (Pa.) on the 30th 12:00 p.m. The Hawks will have

### 2005 MEN'S SOCCER **REMAINING** SCHEDULE

10/28: AT RM 3PM 10/30: AT SFPA 12PM **11/6 VS. MOUNT 1PM** 

> **RECORD: 7-3-5 NEC: 4-0-2**



PHOTO COURTESY of Jim Reme

**Brent Bauer** and the Hawks maintained first place in the NEC with two victories on the week. The Hawks have a school record, six unbeaten conference matches to start the season. Bauer, who has three goals, and the Hawks make the Western PA trip this weekend.

## Hawks led by Alexander, **Hadzor at Lafayette**

ALEXANDER TRUNCALE SPORTS STAFF WRITER

The Monmouth Hawks men's and women's cross-country teams competed in the Layafette ger every week." Invitational. The women's team

be closer together," said coach 12th. The Championship Meets Joe Compagni. "The gap be- culminate with the tween our first and our fifth

The men's team was led by well. was led by Katina Alexander, Randy Hadzor, who covered the

East Coast Athletic Conrunner was bigger than we'd like frence title meet on November it to be. They've gotten stron- 19th. Coach Compagni is confident that his teams can perform

> 'I think both the men and women have progressed very well. They are doing things they couldn't do 5 or 6 weeks ago. They're really ready to have some great finishes at our championships."

> Three weeks ago, the crosscountry teams each took first place in their respective fields at the Monmouth Invitational, held at Holmdel Park. About 100 runners from ten different schools competed in the men's event and nine schools competed in the women's event.

> The men's team, led by junior Larry Schau, swept the top five

On the women's side, Katina Alexander continued her domititle for the second straight year in this year. She ran the five kilometer course in a time

"I think both the men and women have progressed very well. They are doing things they couldn't do 5 or 6 weeks ago. They're really ready to have some great finishes at our championships."

JOE COMPAGNI

Cross Country coach

who continues to have a stellar season. She set the Monmouth record on the course, with a time of 21:25, good enough for 4th place overall. Milia Liles finished the six kilometer course with a time of 22:30, 24th overall. Freshmen Jessica Jones finished 53rd, Navda Pirela 70th. and Melissa Vientos 71st. The of 12 teams.

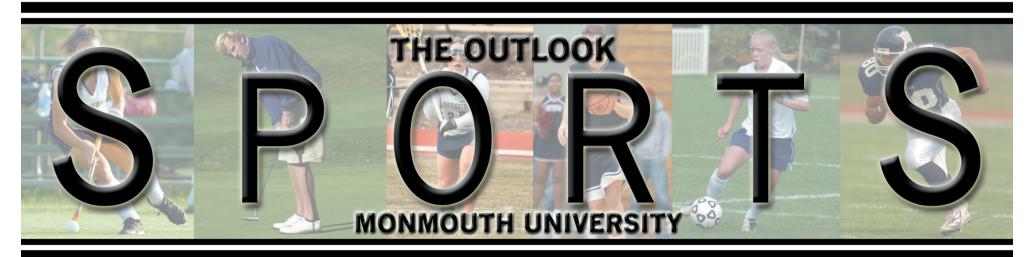
"Our women know we need to als are scheduled for November years.

five mile course in 27:55, good enough for 37th place. He was followed by Freshman Ryan Madrid (28:19, 50th), Sophomore Matt Caporaso (28:30, 54th), and Martin Suarez (28:37, 58th).

Over the next month, the nance, claiming the individual Hawks will be taking place in what they call their "Championship Meets." The Northeast Confrence Championships are of 19:16. This was the Hawks' women's team finished 7th out this Saturday at St. Francis of second consecutive title in the PA. The NCAA East Region- event, and third in the last four



Nayda Pirela races ahead of the pack in recent action. The Hawks have the NEC championships coming up on October 29



# Homecoming: WEWILD \*2005 \*



The Hawks shutout the Robert Morris Colonials 14-0 in the rain at Homecoming. They are now tied for first place in the NEC

Complete men's and women's soccer and cross country coverage inside, plus a closer look at the football team's win and look ahead to think's first place showdown with CCSU

**Photo - Jim Reme** 

Backpage Concept - Eddy Occhipinti John Genovese

**Graphic Design - Nick Hernandez** 

HAWKS

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