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NEW ATHLETIC LOGO SHINES LIGHT ON 'SHADOW'

FABIANA BUONTEMPO
NEWS EDITOR

The Athletics Department attempted to rebrand the University with the unveiling of the new logo in order to create a fresh identity that coincides with the athletic programs' changes and renovations.

"I am very excited about our new athletic logos and spirit marks," said University President Paul Brown.

"Athletics is an extension of a university's identity, so this new change means a lot for the Athletics Department," said Greg Viscomi, Assistant Athletics Director for Communications and New Media.

The primary mark of the new Athletics logo features a sideways hawk head with 'Monmouth' stamped across it. The letter mark is a singular 'M' and the word mark is 'Monmouth' outlined with the University's colors.

"Our new hawk is also very dynamic; it really represents the University's competitive spirit," said Brown.

Since the Athletics Department's reinvention with the various athletic changes around campus, such as the football stadium and new floor for the basketball court, the department felt a change in the logo necessary.

This logo, according to Viscomi, marks the beginning of a new era for the University.

The Athletics Department felt the old logo was outdated and did not represent the athletic teams as well as it once did.

"None of our coaches were wearing or purchasing the old gear," said Viscomi.

"Both coaches and student ath-

letes felt the hawk facing forward on the helmets was not fierce or intense enough," Viscomi added.

The last drastic change involving the athletic logo was back in 2003. Over ten years ago, the original royal blue and white school colors changed to today's midnight blue color.

In addition to the colors, Athletics moved away from the Hawk head logo and the singular 'M,' changing it to just 'MU.'

Now in 2014, with months of discussion behind it, Athletics has decided to modernize themselves by going back to the pre-2003 look by dropping the 'U' in the logo.

"These new logos and marks are the third change to the Athletics Department's brand identity since 2003," said Eddy Occhipinti, Assistant Athletics Director for Marketing. "I know there were different logos for Athletics in the past, but our newest design is definitely here to stay."

"I really like the new logo. It's a fierce looking hawk," said Zach Fabel, a junior football player.

"Having a new logo is really good for the [Athletics] program [because] it switches things up and it's exciting," continued Fabel.

Viscomi and the rest of the Athletics Department studied other university logos for inspiration. "We looked at over 300 Division I schools and paid attention to who incorporated the 'U' for university in their logos," said Viscomi.

"Our logo needed a little more action and by looking at other schools, we knew we were way behind the mark of what is cool," Viscomi added.

Aside from wanting to update their look, Athletics also wanted to create a name for the University,

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PHOTO COURTESY of Monmouth University

'Shadow' celebrates the unveiling of the University logo by bearing the new hawk across his chest in front of the iconic Wilson Hall.

"Athletics is an extension of a university's identity, so this new change means a lot for the Athletics Department."

GREG VISCOMI

Assistant Athletics Director for Communications and New Media

University Smart Card Comes to Monmouth

JAMILAH MCMILLAN
STAFF WRITER

The University, in partnership with Sandander Bank, now offers the Smart Card, a student ID that also acts as a debit card for those who have a Santander account. The new Smart Cards are available to freshman upon distribution at orientation. Upperclassman can apply for the card as well.

A student can still have the new ID with-

out it being linked to Santander, according to program. If a student wants to link their ID to a Santander banking account, they must bring their ID to any Santander branch. There is a branch located on the University campus in the Re-

ca Stafford Student Center (RSSC).

While making purchases, they will be deducting funds from their Santander Bank account. If a student uses the barcode located on the front of their ID, they will be using funds from their University Flex Dollars account.

Nancy Orlando, a media relations repre-

sentative of Santander, said Smart Card is specifically designed for universities and is used by over 7.1 million people from 285 universities in 12 different countries. "Through the Smart Card, Santander provides cutting-edge card technology that is compatible with each university's hardware and software. The Smart Card technology is supported by

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PHOTO COURTESY of Kiera Lanni



Polling Institute Ranked in Top 22 of Nation

BRANDON JOHNSON
POLITICS EDITOR

The Monmouth University Polling Institute (MUPI) earned the distinction of being ranked in the top seven percent of pollsters nationwide. After compiling 16 years of collected data, renowned policy analyst, Nate Silver, placed MUPI among the top 22 polling institutes on Oct. 1.

Silver, Editor-In-Chief of ESPN's *FiveThirtyEight* blog, is known for his accuracy in forecasting baseball games as well as predicting American elections, according to New York Magazine. *FiveThirtyEight* operates as a combination of a sports and politics website, tracking everything from college football to polling trends.

According to its website, the Polling Institute "was established to be a leading center for the study of public opinion on important state, regional, and national issues." The institute is not new to recognition, as during its inaugural year in 2005 the MUPI was "named a 'Winner'" by New Jersey Politifax.

MUPI is active not only in NJ public opinion, but also in that of other states, as evidenced by its involvement in political races across the US. Recently, the Polling Institute has published data regarding Senate races in Iowa, Colorado and Kansas, as well as coverage of the quality of life in New Jersey.

At the head of the Polling Institute is Director Patrick Murray, who was appointed MUPI Director in 2005. Murray said, "It's nice to be recognized, and I'm happy with the work we do." He stressed, however, that he is most proud of work the Institute does regarding Super Storm Sandy.

The Polling Institute does more than cover elections, as one of Murray's most memorable research topics continues

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The Big Event Breaks its Record for Most Volunteers

HEATHER MUH
CLUB AND GREEK EDITOR

University students helped out the local community in the Student Government Association's (SGA) 15th annual Big Event, the school's single largest community service project, last Saturday, Oct. 25.

Every year, University students and faculty members from various departments, teams, and clubs come together to give back to the community they call home.

Volunteers form teams and travel to different "worksites" around the West Long Branch and Deal areas to clean up and help out. These worksites vary from food pantries and churches to litter removal from local parks and residential properties.

The Big Event has been held annually for 15 years, however, this year was slightly different.

In previous years, the event has attracted about 400 volunteers and 25 to 30 worksites.

According to SGA Big Event Chair Alyssa Sardelli, a junior business management major, this year's event had over 700 volunteers sign up and 37 registered worksites.

"I think the [Big] Event was a huge success," said Sardelli. "Not only did we have the highest volunteer and worksite sign-up count ever, but I've been receiving emails thanking us for our amazing help."

One worksite that was grateful for the University's help was the Stella Maris Retreat Center in Long Branch. Sisters of Alpha Xi Delta (AXiD) spent the day at the location working on gardening and landscaping.

"My group got the chance to help out a nun named Sister Clare at the retreat center," said Ali Hart, a sophomore elementary education major and sister of AXiD.

"We were able to accomplish tasks such as weeding, planting flowers, and trimming trees," Hart explained that the event was an extremely rewarding experience.

"Seeing how grateful Sister Clare was made the whole day and experience worthwhile."

While some groups volunteered at places such as Stella Maris, other groups spent their time cleaning up litter outside. Groups like the Outdoors Club and Alpha Kappa Psi (AKPsi) worked at Deal Lake all day.

"We helped pick up all the trash around the lake and had some fun kayaking as well," said Mike Lopes, a senior management and marketing major and president of AKPsi. "It was great being able to help out the community."

For the past three years, SGA has honored members of the University community that have shown dedication to the Big Event.

"We wanted to begin recognizing the people at Monmouth University who have been enthusiastic supporters of this campus and community tradition," said Sardelli.

"It was with that in mind that the Big Event Appreciation Award evolved," Sardelli explained that the award goes to someone who has made a lasting difference in the event.

"This year, we were proud and honored to announce that Dr. Joseph Patten from the Department of Political Science has been selected as the recipient."

The planning for this year's Big Event began over the summer. Sardelli contacted over 100 different worksites to inform them of the event.

"My committee and I worked very hard to make sure there were enough



PHOTO COURTESY of Monmouth University

Over 600 University students descended on Deal Lake and other sites near campus on Saturday, Oct. 25 to participate in the Big Event. In its 15th year, the student-organized community service initiative celebrated its largest turnout ever.

"I think the [Big] Event was a huge success. Not only did we have the highest volunteer and worksite signup count ever, but I've been receiving emails thanking us for our amazing help."

ALYSSA SARDELLI
Big Event Chair

worksites for all of the volunteers, as well as spreading the word about the event and inspiring the Monmouth community to sign up," she said.

SGA President Ali Tuyahov felt that his year's event was a success. "Alyssa (Sardelli) did an amazing job with the Big Event this year," she said. "Every year I just watch it get bigger and bigger."

"It has been great to watch the progression of the Big Event over the

past decade and a half," said Vaughn Clay, the advisor of SGA. "The students of SGA are incredibly proud of their fellow Monmouth community members who devoted a day of their weekend to lending a helping hand to our neighbors."

According to Sardelli, The Big Event was originally founded at Texas A&M University in 1982 and has since spread to colleges and universities across the country.

The University's Big Event was first held in 2000 with only 125 volunteers and 11 worksites.

"The Big Event started as an idea 15 years ago that we got from Texas A&M University, and has become the single largest community service event on campus," said Tuyahov.

"It is nice that so many students care about going into the community and helping in one way or another," Tuyahov added.

MUPI Leads Public Opinion Research

Polling continued from pg. 1

to be the aftermath of Superstorm Sandy, which ravaged coastal states including NJ, NY, NC and PA, as well as the Caribbean.

"The most important work we do involves that which affects people's lives on a day to day basis," Murray said. He continued, "Through research on Superstorm Sandy, we've found out things about the rate of progress. Things that will help the continuing recovery process."

Dr. Joseph Patten, Chair of the Department of Political Science and Sociology, has seen the Polling Institute's growth

since opening its doors in 2005. "I think the polling institute is going beyond the call of duty," Patten said. He continued, "Director Murray has become the leading authority on NJ Politics, in the short time the Institute has been in operation."

Patten was particularly impressed with the Polling Institute's growing scope, which has grown to encompass a wealth of national coverage. "You can see that once the Polling Institute established deep roots in terms of its authority in NJ Politics, in the last couple of years it has done a lot of polling across the nation, including many mid-term elections."

Patten added that the Poll-

ing Institute's success has also increased the University's visibility on the national spectrum. "It's really terrific for the prestige and awareness of Monmouth University. The Polling Institute has really put the University on the map," said Patten.

While very influential, Murray is not solely responsible for the Polling Institute's success. In addition to staff and faculty, MUPI also utilizes student support in gathering research. Notably, students spent time canvassing neighborhoods, assessing damages and interviewing residents after Superstorm Sandy.

Murray elaborated that he would like the future of the Polling Institute to include even more student participation. "We would like to provide more opportunities for students. When we have faculty who come up with good ideas, it helps bring students into the Polling Institute."

Janaya Lewinski, a sophomore political science major, worked for the Polling Institute during summer 2014. Specifically, Lewinski was responsible for handling information regarding Superstorm Sandy restoration efforts.

"Having the experience of talking to so many different people you gain a lot of perspective on what happened two years ago," Lewinski said. She continued, "I would love to go back and work for the Polling Institute. It was a good job to have over the summer and was a great experience."



PHOTO TAKEN from www.njtvonline.org

Led by Director Patrick Murray, the University's Polling Institute provides polls and contract research services to policymakers in government and private organizations.

Santander Bank Introduces Smart Card

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five Santander-funded research centers to ensure its industry-leading position," she said.

The first bank branch that the University ever partnered with was Wells Fargo. When their contract ended in 2012, the University started a new agreement with Sovereign Bank. Five years ago Sovereign Bank was bought by the Spanish bank, Santander. Santander brought to the University the idea of the Smart Card.

Mary Anne Nagy, Vice President for Student Life and Leadership Engagement, said, "Years ago, when we first established a small branch, it was Wells Fargo. Periodically, when contracts end, we go out to the market to bid. And we issued an RFP." An RFP is a Request for Proposal for banking services. According to Nagy, this is a very competitive process and Santander provided the greatest bid to the University.

In appearance, the Smart Card looks different than the older ID. The Smart Card IDs have a background photograph of the University. At the bottom of the Smart Card is a navy blue strip containing the University logo.

"I like the new IDs; in fact... [they] have more of a Monmouth-y vibe to them, and they represent the school better," said Jasmine Ramos, a sophomore political science major. Ramos feels the new IDs are convenient

and innovative as well.

If a student were to lose their card, Nagy said they should do two things. "If a student loses their ID and it is linked to a Santander Bank account, then they must first notify the bank, [and] next they should contact the University's ID Center and get a new card," said Nagy.

The University's Chief of Police, William McElrath, discussed what would happen if a student's Smart Card was stolen. "If it happened on-campus, the Monmouth University Police Department (MUPD) would take an initial report of the incident. A detective would then follow up on the investigation and make an arrest if possible. If the theft occurred off-campus, the local police department would investigate," he said.

"The University would go about finding the culprit through traditional investigative techniques such as conducting interviews, looking at on-campus and local retail establishments, examining bank records and following any other leads that may be developed," continued McElrath.

Nagy thinks that the Smart Cards are a step forward for the University. "I think it's a good way to go for Monmouth. People are more and more accustomed to cards and not cash. It's convenient for students because instead of carrying many things they can carry one. I believe that they are a way to the future," said Nagy.

Hawk TV Broadcasts in HD



John Blair, a communication student, is working in the *Hawk TV* studio and prepping for production of a television show.

BRIELLE COTELO
CONTRIBUTING WRITER

Hawk TV now broadcasts in high definition (HD) for the first time in sixteen years. Since its beginning in 1998, Monmouth University’s television station, *Hawk TV*, has broadcasted in standard definition (480p); however, since the introduction of high definition (1080p), which is now the industry standard, it took a long process to bring *Hawk TV* to meet that television standard. This past summer, the process was finally completed. “The transition to high definition has had to be done in stages; it’s expensive,” said Donna Dolphin, communication professor, founder and advisor for *Hawk TV*. “I don’t know the exact amount because it’s part of the Communication [department] budget and part *Hawk TV* budget,” said Dolphin. Dr. Chad Dell, Chair of the Communication Department said he did not know how much the total was either. Eric Reisher, Broadcast Technical Assistant, was also involved in the process of *Hawk TV*’s transformation to HD. He described his role in the process as having to plan, implement

and recommend the equipment that needed to be purchased for the actual system. The conclusion for what needed to be bought was a play out server. “It’s capable of play out and record and we’re using it in the play out capacity,” said Reisher. Reisher explained how he and Steve Mervine, Director of Media Operations, designed how this piece of equipment was going to work with their current infrastructure. “The actual installation took about a day and a half but the process of getting it up and running and trying to figure out how to get the files off the editing software into the play out server took a week,” said Reisher. The new play out server is what allows the shows to be seen in HD when the episodes are aired onto television networks on the channel 12-1. Nash Weiner, Production Director of *Hawk TV*, explained how the new sever does not change the process of creating episodes for *Hawk TV*. “We already recorded in HD, we edited in HD, we even made the actual file in HD, but we were never able to actually broadcast in HD until now,” Weiner said about the process.

“It’s awesome because now everyone who watches *Hawk TV* can see what we have to offer,” said Weiner. Rachel Gramuglia, a senior communication student said that *Hawk TV* being in HD will bring in more viewers. “I feel more inclined to watch because HD is more aesthetically pleasing, so if I’m flipping through channels and I see that *Hawk TV* is in HD, the same quality as other stations, I’ll probably stay tuned in to watch what’s on,” said Gramuglia. Dolphin said this change is bringing *Hawk TV* closer to what she envisioned for the organization when she first started it. “My students found an interview of me back when we first started *Hawk TV*, when we were first launching, like ‘here we are.’ I had completely forgot about it, but they asked me, ‘Where do you think that this is going? What do you envision?’ and I said, ‘Well, I fully expect that we’ll be a large and thriving organization on campus where we’ll have several hours of regular original programming each week; where we’ll have a busy well equipped studio and we’ll be winning awards and it’ll be fun and active’ and it’s like, Oh my goodness it came true!”

Rebranding of MU

New Logo continued from pg. 1

which is one of the main reasons why the ‘U’ was dropped from the logo. According to Vicsomi, because the University is named after a county, it could be confusing to people when they hear Monmouth if they are not familiar with the university. Therefore, the Athletics Department wants the University to be in conversation as an educational setting. “A logo should give you pride in your institution and for the athletic teams, but also for the experiences you have at a great school like Monmouth,” said Occhipinti. Talk of changing the department’s logo began in August 2013, with countless meetings and discussions. Vicsomi said Athletics took their time and did not make any rash decisions, as the whole process of the logo change took about eight months.

logo, their feeling was that this new identity is not what they graduated with,” said Vicsomi. “It was different and it took them time to get used to.” However, with all of the other positive changes in Athletics, Vicsomi said the alumni decided that they were ready for this new era and stamp in Athletics. In addition to all of the positive feedback of the new athletic logo, there are some that do not particularly care for the new hawk. “From a design and branding perspective, I am not impressed with the single ‘M,’” said Andrew Cohen, Chair and professor of the art and design Department. Cohen feels the ‘M’ looks too generic, and lacks any character or excitement. Aside from professors, some non student-athletes are also not excited over the new hawk. “I’m not crazy about the sideways hawk and the singular ‘M,’” said Christian Caruso, a

“A logo should give you pride in your institution and for the athletic teams, but also for the experiences you have at a great school like Monmouth.”

EDDY OCCHIPINTI
Assistant Athletics Director for Marketing

“There was a committee of 10 people working on this change from all levels of Athletics,” said Vicsomi. Vicsomi said that later on in the redesign process, student-athletes and other members of the community became involved in the final decision making. The new logo was ultimately revealed to the University community on Shadow Lawn this past May in celebration of Monmouth’s Pride Day. During the long process of deciding on a new logo, not everyone in the Athletic Department was on board for the new look. “People are resistant to change, and I was one of those people,” said Vicsomi. Aside from Vicsomi being hesitant on the modernized look, Vicsomi said that coaches were most resistant to the change, but any counter arguments they had fell through. Additionally, Athletic alumni were also timid at first. “When we reached out to alums about how they felt of the changed

junior business major. “It’s not terrible, but the new logo does not really entice me to buy a new sweatshirt or t-shirt.” With a rebranding of Athletics, new athletic apparel was added to the bookstore. “Our sales have been really good, we worked with an online manufacturer that flipped the whole online store over,” said Vicsomi. During the different times of the year, there will be both increases and decreases in the purchase of athletic apparel on campus. “The bookstore always sees an increase in the sales of the clothing in the beginning of the semester, then it dips for some time and springs back up come the holidays,” said Vicsomi. “The new bird and ‘M’ look a lot better on apparel, such as t-shirts and sweatpants,” said Justin Robinson, a junior basketball player. “We in Athletics, and myself as an alum and employee, couldn’t be happier with the new look,” said Occhipinti.

MU’s Phi Eta Sigma Receives “Commendation of Excellence Award”

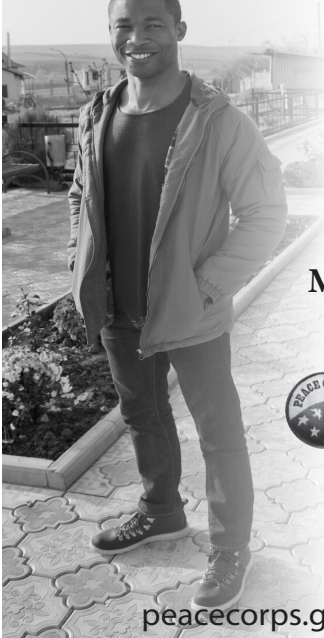
WEST LONG BRANCH, NJ MU Phi Eta Sigma (PES) Chapter has received the “Pathways Commendation of Excellence Award” for the second time, during the 42nd National Leadership Convention held in Charleston, SC on Oct. 11.

Students that maintain a 3.5 and higher GPA during their first semester at Monmouth are eligible to join the society. During the academic 2013-2014 year, the chapter inducted around 200 first-year students. Professor Golam Mathbor became adviser of the scholarly society in 2004. This society brings recognition of studens’ hard-work and talents at the University.

Sixteen chapter officers have attended the National Leadership Conventions over the past ten years, and Dr. Mathbor received the Distinguished Service Award in 2012. Dr. Mathbor notes, MU officers that have attended the National Conventions have always made him proud by their outstanding contributions serving the National Leadership workshops.

The chapter is proud to have the current Chapter President, Taylor Bernosky, to be one of only three students from colleges throughout the United States, elected to serve the National Executive Committee for the 2014-2016 period. This is the first time a Monmouth student has been elected to serve the highest legislative body of the society.

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American Dream Myth: Tuition Costs Suppress Overall Success

KYLE O'GRADY
STAFF WRITER

This is not an article that is going to slam Monmouth or any other college or university for having high tuition costs. This is not an article that is going to complain about where my tuition money goes or what I believe it is spent on. This is, instead, an article expressing my beliefs on the fact that something needs to be done about the rising tuition costs in America.

By now, everyone in the world knows that Germany is offering all German citizens, and people from anywhere else in the world, a free college education. It is a revolutionary idea and to most people in America, even myself, it seems unfathomable.

Of course, there are many differences in German universities and American universities. All those extra amenities like gyms, sports teams, career services, advisors, etc. offered at American schools are not offered at Ger-

man universities. The classes, even the higher-level classes, are all lecture style and offer a midterm and final and are mostly pass fail.

Both experiences are very different but the main point is ANYONE in Germany can go to college. Rich or poor, you can afford to better educate yourself. In America, we know there is a problem with income inequality. People who sit on and below the poverty line have almost no way of moving up because today, most decent paying careers require a degree.

I feel so blessed to know that I am able to afford a higher education, but at the same time know how unfair it is to so many people in America who simply cannot afford it. The American dream seems to be dying. It is so unrealistic to simply work hard and move up in America. I think the government should look at Germany as an example and use it as a way to help Americans.

This year, 20 percent of the

government's budget was spent on welfare. If part of this budget was used to set up free universities like those in Germany instead of people relying on welfare for the rest of their lives, they could instead obtain an education and work at starting a career.

Or maybe universities should look at the German model of higher education and offer deals. Why should someone who goes to school pay for all the extra amenities if the only parts of campus they use are the classrooms?

If colleges allowed students to pick different plans this too might help to make college more affordable for all. Someone may want to pay extra so they can use gym and sport facilities where someone else may prefer to pay extra for Woods Theater programs and career services.

Obviously there are people who cannot afford college altogether, but then there are also those who take out an exorbitant amount of loans so they can af-

ford it. Looking more at the typical college student from a middle class family, can they even afford to go to college?

As of right now, I already have three years worth of student loans waiting to be paid right after I graduate. These loans could take me years to pay off and prohibit me from moving out of my parent's house. As of right now, according to CNN, some 40 million Americans are paying back \$1.2 trillion in student debt.

Yet, there are ways to make college more attainable for everyone. Germany was able to find a way to do it and America needs to follow suit.

The first step in fixing income inequality is not to give more hand outs but offer more ways for people to better themselves that way their children will do the same and it creates a domino effect.

I love the education and the experience Monmouth University has afforded me, as I'm sure students all across the country feel

about their school too. Yet somehow as the clock ticks on having to pay my loans back and as I watch less people be able to move out of the poverty line, I am more and more aware there is a problem. Educating oneself should not be a matter of whether you are born into an affluent family or not, that just goes completely against the American dream. Rather, it should be a universal opportunity for all.

One of the main reasons Germany did decide to eliminate education costs is the unhappiness they saw in their young German students through their protests against tuition costs.

Perhaps it is time that students rally against high tuition costs as a whole. If we just keep paying all this money and drowning ourselves in debt, then there will be no change.

Maybe it is time we all spoke a little louder of how unjust this system is. Germany has opened doors and showed us the ideal of free higher education is possible.

Five Old Fashioned Values Gen-Y Should Live By

KAYLA HORVATH
STAFF WRITER

Generation Y: the "Millennials", "Generation Me", and the "Instant Gratification Generation." Yup, that's us. In a world with social media obsessions, high speed technological development, and much of what we desire readily available right at our fingertips, I hate to break it to you but we sort of live up to it.

I get it, naturally, times change. With the times, so do people, habits and values. And I mean call me old fashioned, but I think we in Generation Me could take some serious lessons from the humbler, more patient and conservative generations that came before us.

Whether it is in relationships, work ethic or attitude, here are five old fashioned values I think we should try to keep alive today and maybe the world will be a little bit better off for it.

1. You can't always get what you want.

Spoiler alert; things in life are not always going to go exactly the way you imaged or according to your perfectly thought out and formulated plans. And that is okay. Often today, it seems our generation is a bit spoiled. We are used to getting necessities quickly, easily, and exactly how we want them thanks to technology, fast food chains, and other advances in convenience.

What I think we tend to forget is that lessons are not learned in getting what we want, but rather when we don't. When we do not get what we want we learn to adapt, grow and see another perspective. We may know what we want, but not what we need and sometimes life gives us just that.

2. The grass isn't always greener on the other side.

I know that is easy to believe when we spend hours each day scrolling through news feeds filled with what is essentially the highlight reel of our peers and celebrities.

It is important not to fall in to that trap, for the sake of our self esteem and appreciation for our own lives and what we do have in them. In the Instagram, Facebook and Pinterest world, everyone is always posting the best version of themselves and their life. Don't compare your life to

someone else's highlight reel. It is just unrealistic.

3. It's not all about you.

We aren't dubbed "Generation Me" for no reason; many accuse our generation of being much more self centered and narcissistic than others prior. From being encouraged to plaster pictures of ourselves and updates as to what we are doing or accomplishing every second of our lives all over social media to growing up in a society where the media is extremely focused on physical appearance and looks, we have been primed for this.

I think we could all benefit from thinking more about others and helping so that our human relationships do not have to suffer. Helping others brings such a stronger sense of happiness and purpose in life; being completely focused on us is not doing anything for the world, nor is it bettering our own lives for that matter.

4. When something breaks, you fix it.

We live in a world where everything is disposable or replaceable. Even relationships and marriages seem to fall victim to this mind set. Again, our generation is used to quickness, ease and no effort, but I think that is truly damaging to our work ethic and interpersonal relationships in particular.

It is no coincidence that unemployment and divorce are on the rise; people are forgetting how to fight for what they want or overcome obstacles. An elderly couple that was asked by a reporter how they remained married for 65 years said it best; "We were born in a time when if something was broken we would fix it, not throw it away."

5. Appreciate the simple things.

Take the time to stop and smell the roses. Put the phone that is glued to your hand down, go outside and appreciate nature and life's simple beauty.

Also take the time to remember and soak in the simple parts of life such as laughs with family members, a delicious dinner, or a picturesque sunset. As cliché as it sounds, when we can finally pull ourselves away from our phones, TV's and computer screens, we will appreciate our lives as a whole a bit more.

November is National Marrow Awareness Month: Why College Kids Should Care

BILL ROMBA
STAFF WRITER

We all know that October is Breast Cancer Awareness Month. There are walks to raise money for research taking place across and the color pink has become just as popular in October as orange and black. Because of initiatives like these, public awareness about this horrible disease has greatly increased and we're closer than ever to finding a cure and saving even more lives. There's also another cancer fighting initiative coming up in November that could also save people's lives and all it takes to help is a cotton swab.

November has been designated National Marrow Awareness Month to raise public awareness about fighting diseases like Leukemia and Lymphoma and the importance of registering as a bone marrow donor.

Someone in my family battled Acute Myeloid Leukemia (AML) which is what really opened my eyes to how devastating these blood cancers can be and how much being a marrow donor can help. AML is type of leukemia that, according to Cancer.gov, causes "the bone marrow makes abnormal myeloblasts (a type of white blood cell), red blood cells, or platelets."

My aunt's niece, 13-year-old Hayli Hough, just beat AML. She was diagnosed in August of 2013 and after four rounds of chemotherapy, the cancer was gone. Unfortunately, she relapsed this past April and following two more bouts with chemo, the decision was made to get Hayli a bone marrow transplant. Since the procedure, she is doing great. Hayli was recently released from the hospital and no longer requires 24-hour doctor care. The cancer is gone for the second time. This transplant saved her life.

But the one thing that my aunt told me about the transplant that really stuck out was that the marrow that was donated did not come from the United States. It came from Europe because there were no compatible matches to Hayli on our side of the Atlantic.

This lack of potential matches here in America is an issue that can easily be addressed. The best way to make circumstances like

Hayli's a rare occurrence rather than the norm is to simply have more people registered as potential marrow donors through organizations like the National Marrow Donor Program (NMDP).

The NMDP also operates BeTheMatch.org, a website that makes it very easy to learn more about marrow transplants and

contributions to grow the registry of potential marrow donors, help patients with crippling transplant costs and advance the science of transplant."

With midterms having just finished up, college often seems like nothing but unneeded stress and hard work. We sometimes forget that we have been given a



IMAGE TAKEN from BeTheMatch.com

November, being National Marrow Awareness Month, is an opportunity for college students to be donors.

about how to become a donor, as well as register to become a potential match.

When it comes to who is eligible to register, Be the Match says that anyone between 18 and 60 may do so. However, it also says that "doctors request donors in the 18-44 age group over 90 percent of the time" as those in that age bracket are so often found to be positive matches.

Due to this, it is also free for those in the 18-44 age range to register online or at a community donor drive. Oddly enough, many of those most likely to be potential donors are the same age as the average college student.

All it takes to register is a cotton swab to the inside of the cheek. The DNA that is obtained from this simple procedure is placed into the bone marrow registry and if you are a match to a patient who needs a transplant, you will be contacted. Those interested can also register online at BeTheMatch.org.

However, if donating marrow is not an option, there is still a way for everyone to help. Be the Match also "relies on financial

very great opportunity as college students. We have been given the chance to further our education and one day begin a career doing what we love. That is an opportunity that fortunate patients like Hayli can one day take advantage of, but others who are not as fortunate might not get that chance. The only way to help ensure that every patient gets the opportunity at a regular life is to continue to raise awareness about blood cancers and register as potential marrow donors.

Just like Breast Cancer Awareness Month, designating November as National Marrow Awareness Month is a great start. But there really isn't any reason to only fight these diseases one month out of the year.

Hopefully, in time, the number of potential matches in the United States will grow and we will be closer to curing blood cancers all together. That can only happen if more people donate and sign up for NMDP registry. Patients in need cannot get transplants unless we register to "Be the Match" that could save their life.

Demonstrating for Democracy: Hong Kong Protests Continue With No End In Sight

BRENDAN GREVE
STAFF WRITER

Protest leaders continue to demonstrate in Hong Kong Central, which began in Sept., according to *BBC.com*. Thousands of protestors flood the streets in opposition to the Chinese government's influence on elections.

ing for direct democracy. Although Hong Kong is part of China, it differs from the mainland government. Liu said that the difference between mainland China and Hong Kong goes back to a war fought in 1840 between the Chinese and Great Britain. Great Britain ultimately won this war, forcing China to give up

China agreed. Since 1997, Hong Kong has kept its political system independent of China. Liu called it "one country, two systems." He explained, "China has a one party Communist system while Hong Kong has a capitalist system." However, the mainland Chinese government inserted

Anthony Jamison, adjunct professor of criminal justice, said that this is like China saying to Hong Kong, "We are letting you have a democracy, but you have to vote for these candidates."

Liu said, "The problem is that China doesn't like the Hong Kong movement." He explained that the Chinese do not have sympathy because in their view, Hong Kong has already been afforded the gift of having their own government.

Liu also said that the Chinese government worries that Hong Kong "could branch out."

In Jamison's opinion, the Chinese government "worries about anything that threatens their control."

Another reason the mainland Chinese do not like the movement is because they have a single party system that attempts to unify the country.

Jamison shared some of his experiences when he visited Beijing for the 2008 Olympics. He said, "When I was there, the media made up a story that George Bush made threatening comments towards China." He also said that he tried to look up a news story from an American news outlet on his phone and when he got on the website, his phone immediately died.

One more example that Jamison provided was when he was on a tour that passed through Tiananmen Square, which is the site where pro-democracy protestors were massacred by the Chinese People's Liberation Army (PLA). He said someone asked about the incident and, "the tour guide got very agitated and claimed that the incident never happened."

Jamison continued, "[The Chinese Government] wants the Hong Kong police to take care of the protestors because they are

worried about world opinion." Jamison said that their revision to the election was probably an attempt to "gradually make Hong Kong more like mainland China over time." He added, "the gradual approach will be more accepted by the international community."

The protest has sparked some interest around the world, and there are a couple of problems with it.

First, not all of Hong Kong is supporting the protests. Liu said, "I feel Hong Kong is divided." He explained that the reason why not all of Hong Kong is behind the protest is because it is hurting their economy.

The protests are occurring in Central Hong Kong, which is "equivalent to our Wall Street," according to Liu. He explained that the people of Hong Kong are very "money oriented." He even said that their capitalist system is arguably more capitalist than New York City, so the effect on the economy is definitely a huge problem.

Liu also said, "The protestors are mostly students and there is no real political force behind the protest."

Miguel Nunez, a senior political science major, said, "Until the Chinese government stops trying to make voting decisions without having the responsibility to consort with the electoral college [the protests] will continue to happen."

Nunez, however, questions the influence of the protests. "Will the protests and the thoughts of pro-democracy spread to mainland China, and could that impact the rest of country if not the world?"

For now, he concluded, "The argument could go either way."



IMAGE TAKEN from Sinoway.com

Protestors in Hong Kong flood the streets. In a more peaceful demonstration, even children are brought out to support the cause.

According to Dr. Peter Liu, professor of criminal justice, the protestors in Hong Kong are demonstrating against regulations that were made by the mainland Chinese government in Beijing regarding Hong Kong's 2017 standing committee election. The protestors are mainly comprised of college students that are call-

ing for direct democracy. Although Hong Kong is part of China, it differs from the mainland government. Liu said that the difference between mainland China and Hong Kong goes back to a war fought in 1840 between the Chinese and Great Britain. Great Britain ultimately won this war, forcing China to give up

China agreed. Since 1997, Hong Kong has kept its political system independent of China. Liu called it "one country, two systems." He explained, "China has a one party Communist system while Hong Kong has a capitalist system." However, the mainland Chinese government inserted

Monmouth University Mock Trial Competes in First Tournament of the 2014-15 Year

West Long Branch, NJ- Monmouth University's Mock Trial (MUMT) team competed in their first invitational tournament this past weekend, the Market Street Invitational Tournament, hosted by Drexel University. The invitational involved 26 teams from 16 universities.

The students competed in four rounds (twice as plaintiffs and twice as defendants) in a mock civil case involving the unfortunate accidental shooting of an 11-year-old by her friend. Students in attorney roles represented the parents in this fictitious case of Park v. Duran; other students played challenging witness roles ranging from the next-door neighbor, clinical child psychologists and the parties (parents) themselves!

Monmouth's team finished the tournament with one of the highest Combined Strength scores, which means MUMT competed against some of the highest ranked teams. In each round, MUMT had at least one attorney and, witness rank in the top two. Co-captain Iziah Thompson finished the tournament with 16 out of a possible 20 ranks for his defense attorney role, and veteran team member Stephen Lang finished

with 14 at of a possible 20 ranks for his portrayal of the defendant child who allegedly caused the accidental shooting.

The competition was one of several fall semester invitationals offered to prepare students for the competitive American Mock Trial Association (AMTA) tournament structure starting in February of 2015. The team will next compete at the Third Annual "Hooter" Invitational hosted by Temple University on November 15 and 16.

The team, under the auspices of the Monmouth Pre-Law Club, is happy to announce the hosting of Monmouth's own invitational mock trial tournament — the First Annual Jersey Shore "Hawk" Invitational, the weekend of Dec. 6 and 7. In only its third year, the mock trial team has grown enough to host its own invitational, and student interest in intercollegiate legal forensic competition has facilitated this growth and demand.

Confirmed teams from as far as Minnesota and Florida will be visiting the Jersey Shore for the invitational. The tournament will be a 2-2 format with two rounds on Saturday and two rounds on Sunday with an awards ceremony following the fourth round on Sunday.

Students are encouraged to



PHOTO COURTESY of Gregory Bordelon

From left: Brianna Golden ('17), Courtney Woodards ('15), Irma Pinos ('16), Josh Manning ('17), Iziah Thompson, Team Co-Captain ('15), Brendan Greve ('16), Cara Turcich, Team Assistant Coach and Witness Mentor (MPP '15), James Creech, Team Co-Captain ('15), Samah Khalifa ('15) and Stephen Lang ('16).

contact Professor Bordelon if they are interested in competing or getting more information about Monmouth's mock trial or moot court programs. No experience is necessary except a passion for advocacy! Join any one of Monmouth's intercollegiate forensic competitions and learn

important career skills while meeting future professional colleagues and lifelong friends. Regular practice is on Monday evenings in the library (second floor classroom) starting at around 8:15 p.m.

Monmouth alums in the legal field are invited to help us

continue to reach the goals of Monmouth legal studies students! Any alumni interested in assisting with the mock trial or moot court teams are welcomed to contact Greg Bordelon in the Political Science and Sociology department (bordelon@monmouth.edu)

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MU's Internship Program: 👍 or 👎?

THE OUTLOOK STAFF

Internships play a huge part in a college student's life. They can help you learn more about the inner workings of your desired career choice, they can help you network, and they can help you with further opportunities in your field. Whether paid or unpaid, students use internships as a stepping-stone to their future jobs.

Internships help students get a jump-start into working as well. While some internships will have students sitting at a desk the entire time, some internships will send students out and have them experience the reality of the job. This usually depends on your major. Even after students graduate, some take on another internship first, to get more of a feel for the job they will spend the rest of their lives doing. However, do college students really benefit from the internship experiences and do they believe the school helps them with this?

The Outlook staff believes internships, in general, are absolutely beneficial to students, but you must do the research on them beforehand. Multiple editors explained, though, that they were stuck in one, even two internships that did not aide to their majors at all. One editor even said he was ridiculed and insulted during his internship, and had to quit.

The staff noted that they appreciated the University sending emails and updating posts about internship opportunities. Some editors joined their department's internship group on Facebook and found internships through there. Regarding how the school and professors handle the internship program, though, the editors had split opinions.

Half of The Outlook staff wholeheartedly believes the internship

program here has helped them and made their lives easier.

One editor said, "Honestly, if you want an internship badly enough, you should work for it. I don't think the school should simply feed you an internship. That doesn't teach you the ethic of working hard. I think we should be grateful that they post openings, what we decide to do from that point forward is all on us, as it should be. College preps us for the 'real world.' Our professors shouldn't sit there and spoon feed us."

Another editor agreed, "If you immerse yourself in groups and talk to people, you can definitely find out about internships. I know some schools don't even require students to get internships for credit and I don't think that helps at all either."

The rest of The Outlook staff believes more help should be given when it comes to internships. They believe that professors should pass on more of their connections to students, therefore helping them with more internship opportunities. Some of the editors didn't get help at all, and had to settle for internships they did not enjoy.

One editor said, "When I came to the open house during my senior year of high school, [professors] made it seem like they had all these connections they were so eager to share; however, I quickly learned we are expected to ask the professors for these connections. How are we supposed to know who is connected with who if the professors don't tell us? I think professors should give out monthly internship opportunities in the class so we become more informed, especially since an internships counts as an exed requirement."

Many members of The Outlook staff agreed that students are confused about the internship programs

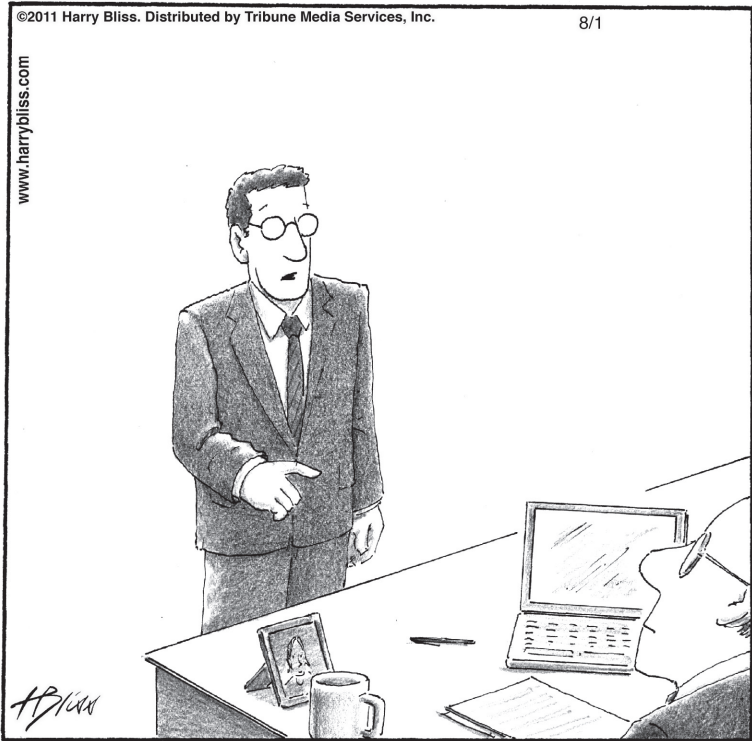
here and aren't sure what is required of them. Other members explained how they don't like how students have to take a pay for an internship class, which is required for graduation, and how the class made everything very stressful for them.

Multiple members advised other students to go to Career Services, where professionals will search for internships with students and help them along the way.

"Students at Monmouth don't have to look far for internship leads. Last year, the Career Services office, posted nearly 1000 part-time jobs through its Part-Time job newsletter, which is emailed to all students twice a month. Up to a third of those positions in any single month were internships or jobs of internship quality," stated William Hill, Assistant Dean of Career Services. According to him, Career Services tracked 667 internship placements within the last year.

Though there were varying comments about the internship program here, almost all of the members of The Outlook staff agreed that the University could be just a tad more helpful to students looking for jobs. Whether it be more local opportunities sent out, or more connections given to students from professors, all of the staff members agreed that getting internships can be a difficult task.

Internships, like anything at college, seem to be what students make of them. Though they can be difficult to obtain and stressful to work with, they are needed for graduation and essentially, for getting ready for the "real world." Students can gain experience in many different skills during their internships, and regardless if they had positive or negatives outcomes, internships definitely teach a life lesson to everyone.



"Something's wrong, Larry – I can tell by the way you're firing me."

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The Outlook provides the Monmouth University community with information concerning issues in and around the University while serving as a forum for expression of the ideas of its readers.

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For more information stop by the office and talk to a member of the Outlook staff or use the contact information below to get in touch with us.



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Stop Binge Watching, Start Learning: Must-Watch Documentaries

KYLE O'GRADY
STAFF WRITER

As the time left in the semester dwindles, it seems procrastination levels get higher. Hours are spent doing anything other than that eight page paper due in a week. College students are all guilty of putting things off to the last minute, but what if you could procrastinate while still doing something good for your brain?

Online streaming channels offer the genre of documentaries among their thousands of other movie options. Can it really be considered wasting time if you are using it to gain knowledge on a subject that interests you? There are thousands of option but with so many it's possible to spend hours just finding a documentary worth watching. To save you time, here are options and recommendations on on some of the most useful documentaries on Netflix, Xfinity and Amazon Instant Video.

If science is your passion look no further than these great flicks. *Werner Herzog's Encounter at the End of the World* delves into the human condition. Available on Netflix and Amazon Prime, Herzog follows researchers and contract workers who risk their lives and sanity in the great Polar South.

Peter Chace, a senior chemistry major, said, "Herzog captures a narrative that transcends the traditional format associated with any film I've seen about [Antarctica]." Plus, there are lots of cute penguins.

Blackfish is a documentary about the controversial captivity of killer whales and the threat this activity poses to both humans and whales. This documentary about the orca

whales has been so powerful it has resulted with many lawsuits against Sea World. It is definitely worth not studying for classes.

All the stress that comes from school and jobs can sometimes put you down. The documentary *Happy*, available on Netflix, really helps to put life into perspective. This documentary travels from the swamps of Louisiana to the ghettos of Kolkata in search of what makes people happy. Along with interviews of top researchers on the subject of happiness it is sure to change your outlook on being happy.

Chad Dell, Department of Communication Chair, just screened *Happy* this weekend for a group, and they loved it.

"The film is provocative, using both scientific evidence and compelling stories of real people from all walks of life. It challenges us to concentrate on the intrinsic goals that make us happy (personal growth, helping others, relationships) rather than the usual extrinsic characters -- money, status and image. I highly recommend it," said Dell.

For business majors looking to postpone accounting homework but still gain a little knowledge: *The Smartest Guys in The Room*, available on Netflix and Amazon Prime, shows an in-depth look at the fall of Enron. Scott Jeffrey, a professor of management, said, "I think it shows how people tend to remain silent about bad behavior when they are benefitting from it." *The Smartest Guys in The Room* is a thought-provoking look into business ethics and greed.

Inside Job is an Oscar winning documentary that features in-depth interviews with financial experts and details the deep-rooted corrup-

tion that surrounds the 2008 financial crisis. Jeffrey said, "It shows how avoidable the financial crisis was and why it will most likely happen again." Available to stream on Amazon Prime, this documentary sheds light on a crisis that affected us in 2008 and could affect us again later on.

For a more political view of the 2008 financial crisis *Frontline: The Warning* looks at why government officials refused to regulate emerging derivative markets that later ruined global financial systems.

Mike Kulik, a senior political science major, said, "The documentary displayed the effects that policy and regulation can have on the money of the American people, as well as how unethical political behaviors were as a direct cause of the 2008 financial crisis." This documentary can be found online to stream on Amazon Prime.

Although it takes an extremist view of Wal-Marts unethical behavior, *Wal-Mart: The High Cost of Low Price*, shows the inside workings of the super power store. Jeffrey said, "It exposes the labor practices of Wal-mart and discusses the anti-competitive nature of their business. Particularly interesting is what happens to local businesses when a Wal-Mart comes to town."

A fairly popular documentary called *Food Inc.* is Oscar nominated and looks at the detrimental effects the food industry is not only having on the environments but also humans. Jeffrey said, "The film is a wake up call about the "big business" of food production." Streaming this documentary on Netflix will shed light on some of the truths behind what you are eating.

Fed Up is another food documen-

tary that health studies and marketing majors may be particularly interested in. The film focuses on the ingredients in major food corporations foods, and the ethical dilemma of marketing to kids. It is eye opening to whether or not these companies can be blamed for the obesity

epidemic. Watch on Amazon Prime.

Next time you go to spend a few hours wasting time, hopefully you find an intriguing topic you wouldn't mind learning about through documentaries like these. This way, you can feel productive about your time spent doing anything but studying.

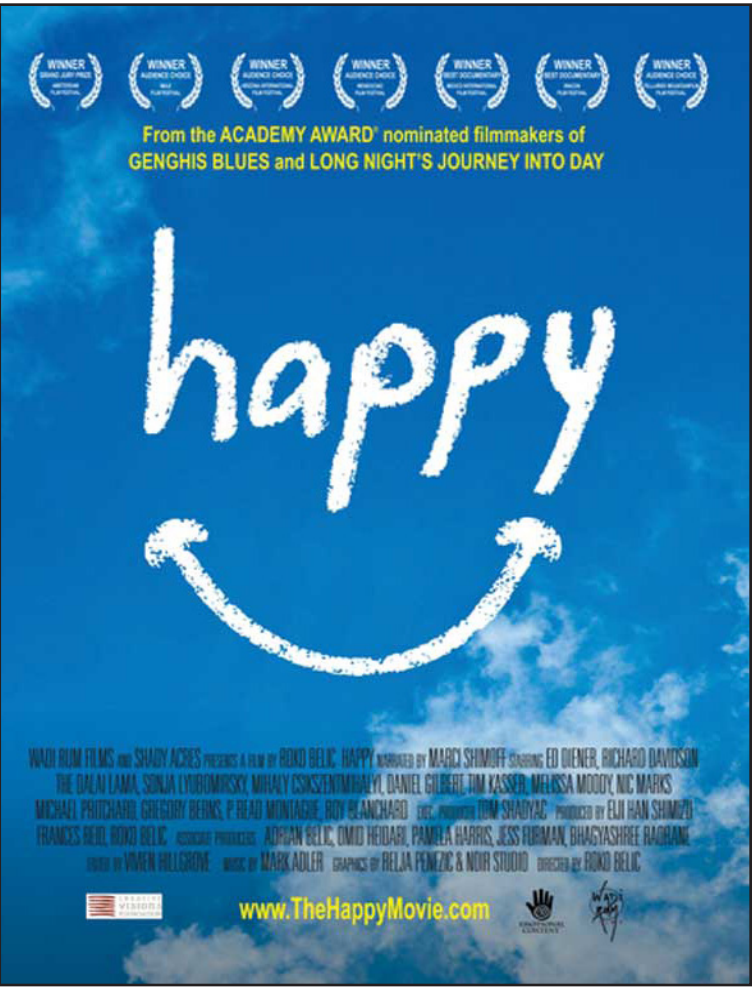


IMAGE TAKEN from IMDB.com

Documentaries like Happy are enlightening films to watch in your spare time. Instead of wasting hours on binge watching mindless TV, being entertained and learning simultaneously is possible.

“Health” Food Myths Debunked

KELLY HUGHES
OPINION/LIFESTYLES EDITOR

“Eating healthy” is a motto many of us hope stand by in our daily eating habits. However, what exactly is “healthy”? Healthy to some is not healthy to all. This description of ideal food habits is a vague idea that can be confusing, especially to busy, broke college students looking to make the best possible food choices. Often, some foods are generally thought of as good for you but really are not. Luckily, with a little research and willpower, these common health food myths can be debunked.

A diet trending right now is gluten-free. People with celiac disease need these foods, but choosing this diet when you do not need to is not smart. Gluten-free foods are not beneficial and actually decrease our nutrient intake as the products are highly refined amalgams of grains and sugar. In comparison to regular bread, gluten-free bread has less antioxidants and fiber.

One food college kids might gravitate towards is yogurt. Be wary though. Light yogurts are marketed as “reduced fat” but the missing fat is really replaced with more sugar. Choose plain or greek yogurt instead. Rachel Fox, a senior English major with an endorsement in special education, said, “I thought light yogurt would save me calories, but then I switched to greek yogurt to stay fuller because of the protein.”

A meat that is usually associated with being lean is turkey. Turkey has become a replacement for pork and beef specialties like bacon, meatballs, sausage. The assumption: if it's made with turkey, it's better for you. This is not necessarily true.

Amanda Unanski Enright, a nutrition adjunct professor, said, “Most foods made with turkey meat are more highly processed than their non-turkey original counterparts. This involves excess salt, colors, and flavors being added to mimic the original.”

For example, if you are making your weekend breakfast sandwich, you might think swapping turkey bacon over regular is better. In reality, a piece of pork bacon has the same amount of calories, fat, and protein. As for sodium, the turkey bacon contains more.

However, Enright said, “Foods made with minimally processed forms of turkey, such as ground or sliced turkey breast, are considered leaner sources of meat and have lower fat content.”

So, staying away from highly processed turkey is the rule of thumb here.

Fiber and protein bars might seem like a simple “filling” snack on the fly. These bars for the most part are realistically comparable to a candy bar.

According to the Dr. Oz website, an apple and string cheese is a much smarter option than these bars to get your fiber and protein from. Since artificially altered fruits and sugary granola end up in bars, it is better to stick to raw foods.

Jackie Leming, a senior health studies major, said, “I always buy fruits and nuts to keep as a healthy snack.”

Students might opt to get their nutrients from quick, on the go options like smoothies. Calories in these drinks can escalate quickly so watching sugar amounts in your ingredients is wise if you are making them yourself.

Stay away from smoothie chains too, where unnecessary extras like sherbet and artificial flavors are

added and one drink alone can total over 500 calories. Think twice if you want a bottled Naked or Odwalla smoothie as well. According to Odwalla's website, the products contain 47 grams of sugar- not far off from soda.

Chia seeds are often found in these smoothies and another food held high to the health standard. Recently though, according to CommonHealth.org, a man was sent to the ER because of these. Apparently, the seeds can absorb up to 27 times their weight and blocked the man's esophagus. He ate less than a tablespoon of dry chia seeds proceeded with a glass of water yet this sent him to the hospital. While these superfoods provide benefits like fiber, risks such as this particular instance might outweigh the pluses.

Just because a brand advertises “natural” or “reduced fat,” do not associate that with healthy. The best solution for not falling into these health traps is to become familiar with wholesome ingredients and try to make your own meals as often as possible.

“Cooking during the week doesn't have to be very time consuming. Many grocery stores are now offering convenience items to help make food prep easier, such as pre-washed salads, pre-cut veggies, and prepared foods like Rotisserie chicken,” Enright said.

Even a simple swap from your normal product to a tweaked version are helpful if you are unsure how to make diet changes. “I use calorie free cooking spray instead of butter or oil when I cook in the frying pan.” Leming said.

Being in college, it is especially easy to fall for these so-called “healthy” products. These foods should not just *seem* healthy, they must *be* healthy.

Lesser Known Music Apps

ALISON GOERKE
STAFF WRITER

For a long time, music app users have either been Pandora people or Spotify people. There is always a preference between the two.

While both stations come with limited “skips” and boring advertisements, customization of these apps are key. On Pandora, you can pick multiple stations, and have the company select songs for you within that playlist. On Spotify, you can set up a playlist with as many songs as you want to have songs shuffled without your control. You can also share music with Facebook friends and follow other user's playlists.

There are some issues with Spotify though. If you have bought songs on iTunes but have them in a playlist on Spotify, you cannot listen to those songs on Spotify on your computer. On the phone app, which in my case is a big battery-drainer, you can only shuffle your playlists and music.

Of course, the advertisements can be bothersome too. Kristine Simoes, a specialist professor of communication, used music apps in the past.

“I have used Pandora, Spotify and iFit during runs. The problem is, I had each open at once since my music shut off in the middle of working out. I switched between the apps to avoid ads,” Simoes said.

Olivia Wolski, a junior oceanography major, is strictly a Pandora user but does not mind the ads. “I love Pandora. I use it to listen to my 90's Disney station and pop hits. It usually gives me exactly what I want, and it's for free. That's the best part,” Wolski said.

Many people also use YouTube to listen to songs fast, and even make playlists on their computers. Some features of YouTube are not as convenient on the iPhone or Android. YouTube will not play in the background on your phone; the video would have to be open for the music

to continue playing.

This is when apps like MixerBox Inc's., MB2 come in. MB2, which is like YouTube but also gives the opportunity to close out of the app and leave it open in the background. The YouTube app allows listeners to create playlists, but once a listener closes out of the playlist to open another app, it closes and the music stops. MB2 plays in the background so that you can play Candy Crush or open Twitter if you please.

MB2 is also a third party app, but it gives recommendations for songs and playlists, much like Pandora would. An even better version of this app is iTube. It is almost the same but the music starts as soon as the app is opened and plays in the background just like MB2.

Jacqueline Sheedy, a junior communication major said, “My favorite music app that I've been using for years now has to be Pandora. I like that it offers a variety of stations and every time I listen I always discover new music and artists.”

Finding new music is important, and Band of the Day, does just that. This app is set up like a calendar for each day of the month so users can find new music. Each day a new artist is selected on app Band of the Day. This artist is one that many users probably would not have heard of and their music is streamed on the app. For the rest of the month, samples from that artist and information about him or her is available.

A “Feature” section is offered to each user, giving background information and quotes from the band about who they are. An album section is available for users to find music from this artist and become fans.

Pandora and Spotify may be the go-to music apps for most people but there are other hidden gems beyond the standard ones. Apps like Band of the Day, MB2, and iTube are charting their way to the top of users' preferences also.

EMAROSA RETURNS WITH "VERSUS" FOR FRESH NEW SOUND

MICHAEL BATEMAN
CONTRIBUTING WRITER

Rise Records' post-hardcore outfit Emarosa released their third studio album titled *Versus* on Sept. 8, 2014. This release marks their first since their 2010 self-titled sophomore album and their first to feature new lead vocalist Bradley Walden.

The band parted ways with previous front man Jonny Craig in 2011 and stated they would continue writing music without him. After months of perceived media inactivity, they announced in mid-2013 that Walden would assume Emarosa's lead vocal duties from then on and that he would record a new album with them. This album became *Versus* and Walden did not disappoint on these recordings.

Emarosa established a welcomed presence in the alternative music industry with Craig. Their two albums recorded with Craig, *Relativity* and *Emarosa*, featured atmospheric and hard hitting guitar-driven instrumentals as Craig's distinct voice soared overtop. His trademark soulful tones, coupled with the ability to also sing with edgy, raspy belting, gave the band a crossover sound between R&B and alternative rock and gained the band exposure.

Walden's performance on *Versus* shares many similarities to Craig in terms of soulful crooning and powerful belting over aggressive music. *Versus* delivers hard rocking tracks that will please listeners who appreciate Emarosa's past discography.

However, this release also has a newfound sense of experimentation and maturity that sets it apart from Craig's era. Walden's voice features deeper and smoother tones than Craig's. Rather than singing over the music, his melodies dig into the songs with a sincerity not present in the past releases.

Versus features tracks incorporating elements of pop and indie rock, which are two styles not prevalent in the band's back catalog. This exploration gives each song on the album its own distinct sound. Walden shows

listeners his versatility as a vocalist, as his voice fits seamlessly across the eleven tracks.

The album opens with the track "People Like Me, We Just Don't Play." Walden's crooning to a snare drum and humming guitar transitions into a melodic lead guitar riff played over a powerful chord progression. This song's mix of soulful singing and alternative rock instrumentals delivers a sound reminiscent of their self-titled album and establishes *Versus* as an appropriate sequel. However, the second chorus is the most

outstanding part of this song. The music unexpectedly shifts from soft vocals and quiet guitars to loud, crunching chords with Walden belting some of his strongest notes on the album.

Track four, "I'll Just Wait," features Emarosa trading their familiar post-hardcore sound in favor of an indie rock direction. This song shows the band matured in their songwriting during the four year gap between *Versus* and the self-titled album. "I'll Just Wait" begins with light guitar riffing joined by a gentle snare drum hits. A slow yet upbeat chorus follows and provides an interesting contrast to Walden's somber lyrics detailing grief over a past romance. While Craig never shied from singing about romance troubles, Walden's lyrics carry a personal authenticity to them that Craig did not deliver during his time with the band.

Perhaps Walden's most impressive vocal performance on *Versus* comes at the start of the album's sixth track, "Say Hello to the Bad Guy." Psychedelic keyboards and pulsing bass drum start the song as Walden quickly joins with his voice, sounding almost exactly like the late Michael Jackson. The song itself remains mellow for most of its duration before finishing with crashing cymbals and atmospheric guitar work, providing an excellent bridge between the album's lighter first-half and energetic second-half.

The eighth track, "Mad," returns listeners to an alternative rock style similar to "People Like Me..." Out of any other

track on *Versus*, this track's instrumentals resemble Emarosa's previous albums the most. This song also marks the point in the album where Walden's vocals most resemble Craig's. However, this is not a disappointing aspect. Walden's similarities to Craig on this piece validate his vocal diversity present throughout the album.

"Gold Dust," the album's penultimate song, brings another drastic change to Emarosa's sound. Walden commands the lead on this song with catchy melodies and numerous hooks that one would expect from artists like Patrick Stump or Panic! At the Disco's Brendon Urie. The track also sheds the complex guitar work again for a simpler, yet driving foundation for Walden's vocals, similar to "I'll Just Wait."

Out of a five-point scale, Emarosa's *Versus* receives four and a half points. The album satisfies the band's veteran listeners with enough diversity to reinvent their identity and expand to new audiences. Walden proves a valued addition to the lineup, but instrumentals during parts of the more experimental tracks lack dynamic and excitement. For their first album in four years, Emarosa delivers a fine product that will appeal to both alternative and indie rock fans.

Versus is available at most physical and digital music retailers. Emarosa is currently touring the United States and will be playing at Starland Ballroom on Friday, Oct. 31 at 6:30 pm with Yellowcard and Memphis May Fire.

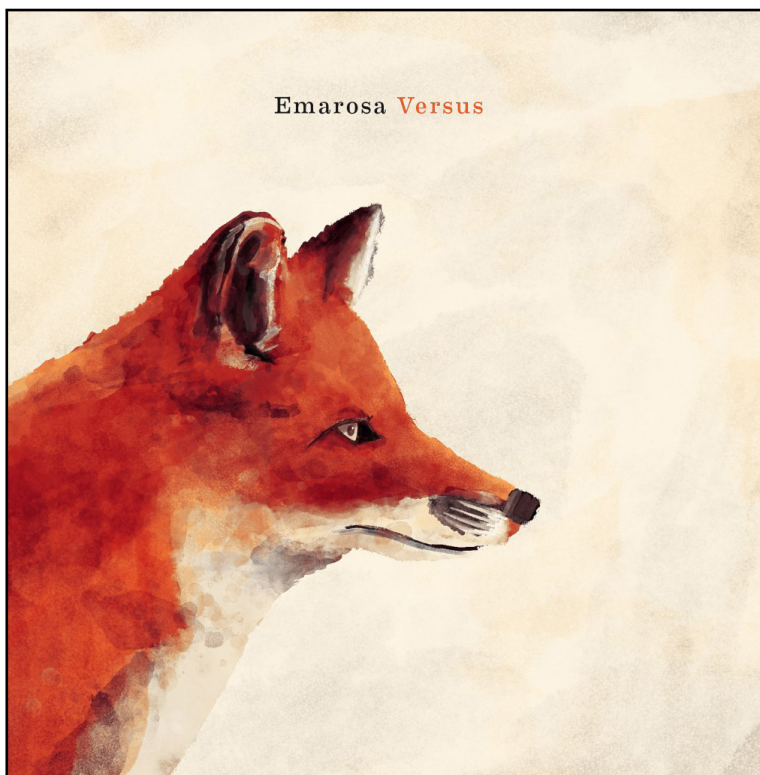


IMAGE TAKEN from underthegunreview.net

Emarosa is an American post-hardcore band that formed in 2006 in Lexington, Kentucky.

"CONSTANTINE" LIGHTS UP NBC

KEVIN HOLTON
STAFF WRITER

DC Comics originally came up with John Constantine for the *Hellblazer* series, and since its first issue in 1988, both the series and character have been iconic in the comic book industry. Constantine, known for his trench coat, skinny red tie, and near-constant smoking, made his way to the big screen in 2005, as portrayed by Keanu Reeves. However, the comic series ended in 2013, being replaced with the *Constantine* comic series that features the New 52 John Constantine, who is both younger and was the leader of Justice League Dark, a version of the Justice League that focuses on the supernatural heroes/heroines and their otherworldly foe.

While the newer run of Constantine's comic legacy has been met with criticism, this reviewer feels the jump to television was a great move. Premiering Oct. 24 at 10 pm, the show, so far, features the iconic characters, chilling special effects, and a sense of disturbance and dread without the need for jump scares and other cheap tricks.

Beginning in the Ravenscar Mental Asylum, the pilot episode shows Constantine encouraging the nurses to give him electroshock therapy, saying, "Some days, you need to forget. Others, you can't," giving a hint at the personal demons that plague him. He doesn't stay

locked up for long, because after an argument with a psychologist who tries and fails to convince him that demons aren't real, Constantine follows a trail of cockroaches to a possessed woman painting on a wall. After exorcising it, he sees the message was for him: "Liv Die."

This is a not a misspelling—Liv Aberdine, the only daughter of his late friend and mentor, is being targeted by an 'inner circle' demon and is going to die without his help. His dark past starts to get in the way at times, as he is forced to recollect the events that led to him checking himself into Ravenscar during a car accident.

The viewers learn, through

named Astra to Hell.

Not only did he spiral into a terrible depression, as seen in the opening, but his friends are now wary of him, saying that he's arrogant, over-confident, and generally implying that to be around him is to risk eternal damnation. Whether this is from a demon dragging their souls off or from him screwing up again, they do not say.

While I don't want to give too much away, I'll say the writing is pretty solid. Constantine is a pretty funny character, delivering both mature and one-liners at a moment's

notice, but Matt Ryan gives him more than just a comic appearance. It's apparent from the beginning that his humor is a mask to hide a far darker, more brooding mentality, serving as a sort of mental crutch for him to deal with his unusual life and the dire outcomes his actions can have.

He is also visited by Manny, an angel assigned to ease his soul into damnation. When Astra was taken, the angels decided Constantine, too, should be sent to Hell upon his death so he can make up for his actions. When Constantine asks why he should bother fighting demons if he's going to go to Hell anyway, Manny hints that his soul can be redeemed, but doesn't say how, opening

ments, like the ground cracking open and leaving a random crater in a parking lot, are less creepy, but still action-packed and impactful.

Concerning the creatures, this episode only showed ghosts, possessed people, and angels, but all were done with an eerie grace, especially Manny. His first appearance has him look like a regular man, but then he unfurls his wings, which are feathery but dirty, more like bird wings than the iconic pure-white wings seen in religious art. This speaks a lot to the gritty nature of the show, and I'm excited to see what the demons really look like.

One was on screen very briefly, and though interesting, there wasn't a lot of time to get acquainted with its image. The demon he fights throughout takes on the appearance of other people, so no help there either.

Overall, this was a fantastic pilot that does homage to its origins while still adapting it well for a screen appearance. Though others gave it more mixed reviews, I had a great time watching and look forward to episode two. If you're thinking of checking it out but are worried about what you missed, don't worry—the cast for the next episode is changing dramatically, and they'll likely explain the backstory again. Whether you saw the premiere or not, I recommend checking out *Constantine*, Friday nights at 10 pm, on NBC.



IMAGE TAKEN from tv.com

The Verdict on Robert Downey Jr.'s “The Judge”

VERONIKA ANTONIADIS
CONTRIBUTING WRITER

Throughout his long acting career, Robert Downey Jr. is best known for playing the superhero Iron Man, but his most recent performance in *The Judge* is sure to reinvigorate Downy Jr.'s image as a serious actor.

Interrupted by a phone call from his brother relaying news that his mother had passed away, successful but arrogant lawyer Hank Palmer (Downey Jr.) exits a Chicago courtroom for his childhood home in rural Indiana. As he travels, we learn that his marriage is crumbling and his relationship with his daughter, Lauren, is strained. The audience can quickly gather that Hank has a lot of animosity towards his childhood home, and is extremely reluctant to go there.

The three Palmer brothers, Glenn, Dale, and Hank, are reunited at their mother's funeral. Glenn has a family and business in town, and Dale seems to be socially awkward and married to his camera. After several references to “The Judge,” we meet this infamous character in the form of Judge Joseph Palmer (Robert Duvall), a serious local judge for over four decades and patriarch of the Palmer family.

Although happy to see his sons after so long, The Judge greets Hank with a stiff handshake, which infuriates him. Pieces of his past slowly unfold the longer he stays with his family. It is revealed to the audience that Hank and his brother Glenn were involved in a terrible car accident as teenagers. As a result, Glenn's promising future as a professional baseball player was shattered along with his arm, and

the boys' father harbored resentment towards Hank, blaming him entirely.

The audience also learns that the Palmer past is a hard one. The Judge once let a young man in court off easy for a crime because he saw reflections of Hank in him. Unfortunately, the young man was released from the short sentence and murdered a young girl, revealing that Hank's father is so harsh with him out of love and a fear that Hank would become a felon.

Hank has reached the last straw in terms of his relationship with his father, and decides to leave Indiana. A call from the police station stops him when Judge Palmer is suddenly called in for questioning about the murder of a town degenerate, Mr. Blackwell, who was recently released from prison. This shocking and unexpected twist is definitely one of the reasons to consider *The Judge* an “edge of your seat” movie, but it certainly isn't the only one.

The Judge is a prime suspect in the murder of Mr. Blackwell. Enough evidence, including the victim's blood on Palmer's car and a gas station security video showing Palmer driving after Blackwell, constituted the case going to trial. Perplexed by the situation and grasping for answers, Hank stays to watch the trial unfold. Although his father is rather calm about the situation, his family is utterly devastated. The Judge envisions himself being represented in the trial by an ‘honest’ lawyer, in this case a local bookstore owner and lawyer portrayed by Dax Shephard, whom Hank thinks is a complete joke.

A joke is right—Shephard's character does not have the stomach to handle the case or go up against the other cutthroat attorney, played by Billy Bob Thornton. Hank is seething, watching his father being represented by such a fool, and argues emphatically to represent him instead. An unexpected union springs up between father and son, and for once their relationship seems to calm.

The trial is the bulk of the movie, but we are also introduced to Vera Farmiga as Hank's high school sweetheart Samantha, who reveals more of his inability to hold onto important relationships. Hank's daughter Lauren is also reintroduced. She is told by her father that “Grandpa” isn't nice and will not do fun things with her like her

other grandfather does. Shocked beyond belief, Hank watches as The Judge greets Lauren with open arms and tender grandfatherly warmth. The two become close friends, much to Hank's disbelief.

Eventually, the unpredictable Indiana weather brings a tornado, which not only disrupts the local town but the Palmer family's symbiosis. All hell breaks loose when The Judge and Hank argue and start a brawl, having to be separated by their family members. Tensions are at an all time high, but once the tornado passes, so do the harsh exchanges.

More secrets are peppered into the film when Hank learns his father is undergoing secret chemotherapy treatments for cancer. We see the two men develop a certain

quiet closeness in their shared knowledge of the condition as the trial continues.

From the very beginning I was hooked on the film, with its superior acting and unpredictable plot. Downy Jr. perfectly plays an aggravated and arrogant attorney with a complicated relationship with Duvall's Judge.

The entire trial is like a labyrinth: secrets are revealed intermittently and you really develop a certain connection with the characters. Albeit the sick irony of a judge on the other side of the bench, the film becomes so much more than a murder trial; it is a representation of a broken family coming together during one of the most tragic events of their lives, and eventually finding peace within themselves.



IMAGE TAKEN from time.com

Robert Downey Jr. (left) and Robert Duvall (right) star as father and son in *The Judge*, a family drama released on Oct. 10.



LIVE YOUR “FANTASY LIFE”



PHILIP BLIZZARD
CONTRIBUTING WRITER

Have you ever wanted to wear a cape while walking your dog and holding a sword? Maybe you wanted to make a name for yourself hunting monsters and fulfilling the requests of a glowing, chattering butterfly. Or perhaps you wanted to live in a fantasy world where you can change professions at will, and wander around at your leisure, doing anything from saving the world to interior design. Whatever your desire, you can do it in Level 5's new role-playing game (RPG) *Fantasy Life* for the Nintendo 3DS.

The major draw of *Fantasy Life* is the freedom given to the player. The game starts with players customizing every aspect of their digital avatar. They could create one that resembles themselves, or literally have stars in their eyes and blue hair. They are also afforded a living space that they can decorate however they please. After picking their initial lives and meeting with the king, they are free to do whatever they wish.

There is a main storyline, but it can be pursued at any pace.

In fact, there is so much to do that completing the story may itself become a fantasy. Players can easily get lost gathering materials, fighting monsters, exploring new areas, doing quests for non-player characters (NPCs), or trying to rank up their lives.

Objectives, both story and miscellaneous, are kept in an easy-to-reach journal and are organized by story, life challenges, and quests for other characters. Completing story objectives and challenges awards the player Bliss points, which allows them to unlock bonuses such as the ability to carry more items, or to adopt a pet. The more bliss a player obtains, the better.

One of the other major draws of the game is its life system. Each life is synonymous with a job the player can have. Possible choices include Paladin, Mercenary, Angler, Carpenter, Blacksmith, Miner, Woodcutter, Tailor, Cook, Alchemist, Wizard, or Hunter. Each choice gives the player certain skills

and abilities that are unique to the class, with some offering the ability to collect materials by mining or cutting trees, and others to create armor and weapons, clothes, or furniture. As players complete challenges associated with the classes, they gain ranks which unlock more skills, special moves, and crafts that they can create.

These classes can be changed at nearly any time, and the player retains any skills and abilities they learned previously. Skills are leveled up as they are used, meaning players only need to change a class long enough to learn its particular skills before returning to their favorite life.

Aside from skill sets, types of items a player can equip, and certain interactions with characters being restricted to having a certain rank in a specific life, classes do not affect how the player can interact with the world.

The world itself is also a major appeal. Vast areas full of colorful characters and zany monsters (such as a giant carrot) keep players entertained for hours, and the dialogue is full

of witty and playful lines. Combat is quick and efficient with action being triggered by button presses in real time. Players can also craft items in sequences where they press buttons based on the station where they are creating their items in a fun and fast-paced mini-game.

However, *Fantasy Life* is not without some minor flaws. Sometimes players must stop moving forward in order to unlock new areas by advancing the story. Travel between areas is also limited at first, but opens up as the story progresses. Finally, while there is a fast travel system, the player is unable to use it when carrying certain items, which impedes progress and can lead to the player losing said items.

All in all, *Fantasy Life* is an amazing blend of RPG and life simulation where a player is able to live the life of their choosing at their own pace. Engaging characters, strong dialogue, vast exploration, quick combat, and fun crafting sequences blend to make a game where any fantasy can become reality.

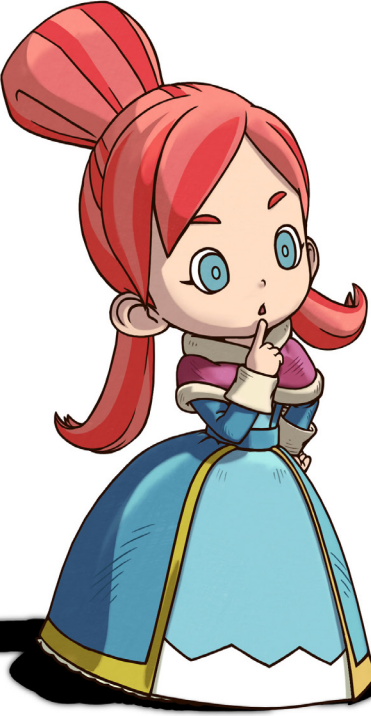


IMAGE TAKEN from ggtriple.wordpress.com

“Fantasy Life” for Nintendo 3DS is a role-playing game released in the U.S. on Oct. 24. Players can create customizable avatars (pictured above) to lead the free-form game play.

Phi Sigma Sigma’s Monmouth Idol

ALYSSA TRITSCHLER
CONTRIBUTING WRITER

University students gathered at Pollack Theatre for Monmouth Idol last week, hosted by Phi Sigma Sigma (PhiSig), to benefit the Phi Sigma Sigma Foundation.

Monmouth Idol is an annual singing competition Students can sign up to sing and perform in front of their peers and then receive feedback from the judges. Winners are then selected to receive prizes from the sorority.

Performing at this year’s event were Natalie Zeller, Kendal Adams, Alyssia Bifano, Mahalia Jackson, Anthony Accurso, Craig Zeglen, Chris Hofker, Jimmy Ernst, Kevin Meehl, Robert Sawyer, James Poricelli, Grady Jenkins, Jordan Maly, Akash Patel, Matthew Avellino, Taylor Bernstein, Brianna Merriman and Brianna Musco.

Taking third place at Monmouth Idol, winning a Michael Angelos gift card, was junior Natalie Zeller with her cover of “Ain’t It Fun” by Paramore. In second place, winning Surf Taco and Scala’s gift cards, was sophomore Brianna Merriman, who performed a Rihanna mash-up. Taking home the first place title was Mahalia Jackson, a junior representing Alpha Sigma Tau (AST), with her cover of “Superwoman” by Alicia Keys. Jackson won a Ming Ying and a JR’s gift card.

Jackson had the crowd roaring, waving their hands back and forth and lighting up their phones, as well as clapping along with her to the song. She was extremely grateful to PhiSig and her friend Nicole Desarno for the opportunity to perform.

“I couldn’t have asked for a better main stage debut at Monmouth!” Jackson said. “I also couldn’t have done it without the support of my sisTAU’s. I look forward to using my talents for more causes on campus!”

Representing Tau Kappa Epsilon (TKE), were four new members, Craig Zeglen, Chris Hofker, Kevin Meehl and Jimmy Ernst. They performed a cover of “Shake It Off” by

Taylor Swift. Nick Discepolo, a brother of TKE, ran through the crowd dressed as Swift, leaving the audience laughing in their seats.

Heather Kelly, the Assistant Director of Student Activities for Multicultural and Diversity Initiatives, attended the event. The hawk spirit within the crowd impressed her, as well as how supportive the audience was of the performers.

“I will tell you one thing, I will never look at Taylor Swift the same way again!” Kelly said.

New members of Phi Kappa Psi (PhiPsi) had the eyes of the crowd locked on the stage with their performance of “Hero” by Enrique Iglesias. The girls in the crowd screamed for each member as they performed their solo. The three received some Twitter shout-outs from audience members using the hashtag #MUIIdol2014.

The event’s Twitter hashtag, #MUIIdol2014, allowed audience members the opportunity to tweet their thoughts throughout the show. Hosts Katrina Kneer (PhiSig) and Anthony Scalamandre (Sigma Pi) read some of the tweets in between performances. The tweets ranged from “Mahalia is the one to beat tonight” (@jaay_cai) to “All the contestants are killing it tonight!” (@brandixann)

By the end of the night, Monmouth Idol raised \$2,015. All proceeds directly benefited the Phi Sigma Sigma Foundation. The Foundation is proud to fund leadership programming, offer scholarships and educational grants, and provide resources for philanthropic and service oriented events that directly benefit PhiSig collegians and alumnae sisters. Tickets were purchased for \$5 in advance and \$7 at the door. The sorority will host their 10th Monmouth Idol in the fall of 2015.

“Thank you to everyone for coming out to support our event for our philanthropy,” said Maria Grace Iantosca, a senior business real estate major and president of PhiSig. “We love raising money for the Phi Sigma Sigma Foundation and putting on Monmouth Idol. We’re so proud of all our contestants.”

SAB Spooks Students at Wilson Hall “CarnEvil” Haunted Tour

ERIN ALLY
CONTRIBUTING WRITER

Nearly 500 students were able to get a taste of Halloween through the “CarnEvil” themed Haunted Tour of Wilson Hall, inspired by FX’s television series, *American Horror Story: Freak Show*. “CarnEvil” was hosted by the Student Activities Board (SAB) on Saturday, Oct. 25 from 8 – 10 pm.

Students were able to attend the tour free of charge, starting with an eerie video clip portraying Wilson Hall as its own carnival. Groups of students followed the “circus leader” tour guides through each floor of Wilson Hall, while characters in various clown masks and costumes popping out in every corner.

“Wilson Hall Haunted Tours have become a tradition for us in SAB as it is one of the most entertaining and successful events,” said Dylan Vargas, SAB President. “We take pride in our ability to transform such a building into an event and have even presented on this event at our national conference, NACA,” continued the junior marketing and management student.

The purpose of the Haunted Tour, according to SAB Concerts Chair Taylor Carson, is to give students an on campus they can go to for free to get in the mood for Halloween.

Ashley Ordile, a senior education major, attended the Haunted Tour after finding out about it through a friend who went last year. She went hoping to get scared and in the Halloween spirit and left satisfied.

Morgan Laveeve, a sophomore psychology major, also attended and thought the theme was better than last year, but was less scary than the year prior.

“Last year, the tour was based on the past seasons of ‘American Horror Story,’ as well,” said Carson. “Each floor had something from each season.”

The attendance at this year’s haunted tour, according to Vargas, surpassed that of last year’s, beating SAB’s personal record.

SAB sponsored the Haunted Tour with the help of Boom Roasted Productions and a sponsorship from Dak Lak coffee roasting.

“Boom Roasted contributed a lot with their expertise in the acting and creative areas that work well with our ideas,” said Vargas. “They helped create scripts, concepts,

characters and overall theme. By being already experienced in acting, they take the lead in acting for most parts of the tour.”

“Wilson Hall Haunted Tours will always be an event to look forward to on campus, and we have already begun brainstorming for events on campus,” added Vargas. Vargas assures the University community that there will be haunted tours coming to campus with all new themes. “We take

pride in our ability to grow and raise the bar for events from year to year, so people should expect great things in the year to come,” he continued.

Megan McGowan, SAB’s advisor, was pleased with the event. “SAB’s and Boom Roasted’s handwork paid off again this year with a great event,” she said. “It would be great to have even more student volunteers come out next year so the event could be even scarier.”



PHOTOS COURTESY of Louis Garbarini

(Top) “CarnEvil” members prepare to scare students during the Wilson Hall Haunted Tour. (Bottom) Louis Garbarini (left) and Brooke McCarthy (right) embody the theme of *American Horror Story: Freak Show*.

CLUB AND GREEK ANNOUNCEMENTS

HISTORY AND ANTHROPOLOGY CLUB/STUDENT VETS ASSOCIATION

Do you have too much Halloween candy? The History and Anthropology Club/Student Vets Association. The candy will be included in care packages for deployed service personnel. Drop it off Nov. 3-6 in Howard Hall 340 or Student Center 202D.

RESIDENCE HALL ASSOCIATION (RHA)

All residents are invited to attend our weekly meetings at 8 p.m. in Mullaney Hall First Floor Lounge. Don’t forget to save the date for RHA’s annual FALL FEST on Thursday, October 30th from 6 p.m. to 9 p.m. on the library lawn. There will be activities such as pumpkin decorating, a bounce house, caricatures, food, and a live broadcast of *WMCX*!

SOCIAL WORK SOCIETY/ SCHOOL OF SOCIAL WORK

Want to learn about how boundaries are crossed and what to do about it? Come to the Social Work Society and School of Social Work’s 10th Annual Teach-In on Nov. 4 from 11 a.m. to 7 p.m. in Anacon.

THE VERGE

Do you love to write? Contact Caitlyn Bahrenburg at s0904759@monmouth.edu.

TRACK& FIELD/CROSS COUNTRY CLUB

The Running Club is now meeting several times a week, both for recreational runners and for those interested in competing in cross country, road races or track & field. Practices for sprinters are Mon., Wed., & Fri. at 4:30. Practices for distance runners are Mon. at 2:30, Tues. Thurs, and Fri. at 4, and Wed. at 4:30. Join us to cheer on the MU Cross Country team at the MAAC Championships at Holmdel Park on Friday Oct. 31, at 11 am.

HUMAN RESOURCES CLUB

Would you like to learn more about Human Resources and the growing career opportunities within the field? Join the Student Chapter Human Resources Club and learn about an exciting profession that employs individuals from all majors. Our club is active and exposes its members to industry professionals through a variety of events. If you would like to know more about the club, please contact Ellen C. Reilly at ereilly@monmouth.edu.



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Good luck with your coursework this semester!
The ORR

PLEASE TAKE NOTE OF THESE IMPORTANT DATES FOR THE JANUARY 2013 GRADUATION:

⚠ **November 1st, 2012:** Deadline to submit Graduation Applications through e-FORM's

⚠ **November 15th, 2012:** Deadline to submit any additional e-FORM's requests (i.e. Substitutions, Waivers, Declare/Remove Minor, etc.)

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Candy Connection: The Best and Worst Halloween Candy

NICOLETTE ACCARDI
CONTRIBUTING WRITER

The dentist’s least favorite holiday of the year: Halloween. Tons of people in America share a love for the addicting taste of sugar and chocolate that sadly could result in cavities. Even though we all know this bit of information does it stop us from eating it? We all know the answer to that, no we don’t. At least I, for sure, don’t. There is a countless amount of Halloween candy available, so which do people consider to be the best and worst?

My love for the combination of peanut butter and chocolate goes way back. I remember the first time I took a bite of my favorite candy in the world if you could not already guess it, Hershey’s Reese’s. The saltiness of the peanut butter combined with a lovely, delectable chocolate shell is to die for. My love for Reese’s leaves me speechless. I don’t have words to describe the taste other than it tasting amazing. Not all candy can live up to the Reese’s standards though.

I believe Jawbreakers are hands down the worst candy in the world. They are obnoxiously huge and annoying to eat if you can even possibly fit one into your mouth without choking. If you think about it, Jawbreakers are a health hazard. They should really put some kind of warning label on those things.

There could be a debate for



IMAGE TAKEN from thatprettyfitchick.com

Halloween candy favorites are all based on opinion, they could be anything from chocolate and peanut butter to the Halloween staple, candy corn.

hours on the best and worst Halloween candy. If there actually was a real debate on the subject can you imagine how much of an uproar there would be?

Karen Zavala, a freshman health studies major, said, “The best candy all around is most definitely Sour Patch Watermelon. They are sweet, sour and simply taste amazing. What more could you ask for when eating candy?”

“The worst candy overall is defi-

nately Almond Joy. The whole candy bar just tastes fake. I am pretty sure the only real part of that candy is the almonds; even the coconut tastes fake,” Zavala continued.

Dana Gurnari, a freshman, took an interesting approach to the question that reflects her personal Halloween experiences.

“The best candy out there is obviously Reese’s because it tastes amazing and I love peanut butter. For the worst candy, I know this

is not candy but I absolutely hated it when people would give out tooth brushes, pennies, floss and other odd objects other than candy to kids trick-or-treating. It’s just downright weird,” said Gurnari.

Kaitlyn Robertson, a freshman special education major, picked candy that accommodates her specific food needs.

“The best candy is Twix because it is cookie, chocolate and caramel all combined into one bar

of goodness. The worst candy to me is Almond Joy. The only reason really is because I am allergic to both coconut and nuts.”

Robertson continued, “Actually, I remember eating an Almond Joy once and it was not that good anyway. It is basically all artificial coconut, which is not healthy at all. I know all candy is not good for you, but when picking a candy I try to avoid dyes and artificial things.”

Christa Hogan, a lecturer professor of social work, said, “The best candy is candy corn because it’s sweet, chewy, festive and just makes me really happy. Halloween is the only time of the year it is available so I like to take advantage of that.”

The worst Halloween candy is anything with nuts. It makes candy lose its creamy texture and takes away from the chocolate. It’s better that nuts are just left out of candy,” continued Hogan.

Candy is forever going to be a part of the Halloween culture. With trick-or-treating still a dominant must among young children, candy is going to be kept in most households during the holiday. I wish I could go back to those days. When I am older, I will probably not have any candy for when trick-or-treaters ring my doorbell because I will probably have already eaten it all. Therefore, what I am trying to say is, do not ring my doorbell in the future because you will be disappointed. Happy Halloween!

GHOSTS, GOBLINS AND WITCHES BREW HALLOWEEN COMES TO MU

ROBERT ZADOTTI
CONTRIBUTING WRITER

At the end of October, the air gets a little foggy, shadows seem a little larger, and the Monmouth campus finally becomes enveloped in the season of scaring.

Halloween is a unique holiday in that it has a way of bringing students together in ways that Thanksgiving or the Winter Holidays cannot. While students go home to visit their families during their Thanksgiving or winter breaks, Halloween is spent on campus, allowing the students and faculty to

partake in festivities together.

Much of Halloween is based on traditions, from dressing in costume to carving pumpkins, which creates a common ground for everyone to participate. From Monmouth’s own haunted Wilson Hall tour to students dressing in costumes, there is a piece of the holiday for everyone. But what about particular students’ own traditions? Do upperclassmen get as involved or “into” the holiday as freshman, or vice versa?

“I really like the theme of the day, the ‘scariness’ of it. I just like the atmosphere of it all,” said Jo-

seph Schuld, a junior biology major.

There is definitely a different atmosphere around the holiday. Halloween has a unique presence that can be felt in the air itself, and helps everyone get into the holiday spirit. Some students spend all month decorating their rooms and getting their costumes ready. The environment the holiday creates can be sensed by everyone.

Students don’t enjoy Halloween just because of the atmosphere, it’s the scariness and the products of the holiday that make it fun. Halloween is most known for the can-

dy, costumes, and of course, scary movies.

The effect the holiday has on people is what makes it so timeless, whether its being scared, trick or treating together, or pairing up in matching costumes, Halloween can create a feeling of togetherness amidst all the terror. But what activities do student like best? Are there any long-held traditions of partaking in movies or other games practiced by the student body?

“I also watch a lot of horror movies, they’re my favorite,” continued Schuld.

Students can get together in a dorm and huddle up for a midnight scare. Halloween can bring people together, either through shared interests or just to have someone to hold on to in the middle of a horror movie. The appeal of horror movies and love of the overall atmosphere isn’t limited to just upperclassmen; two freshman brought their own Halloween traditions with them to college.

“I always carved pumpkins and watched *HalloweenTown* with my sister every Halloween. This year I’m planning on just hanging out with friends and enjoying the spirit of the holiday,” said Liz Roderick, a freshman psychology major.

The tradition of pumpkin carving, or the carving of “jack-o-lanterns” originally came from Irish immigrants. The Irish brought the tradition over to America, where pumpkins grew. According to history.com, the name jack-o-lantern “comes from an Irish folktale about a man named Stingy Jack, originated in Ireland, where large turnips and potatoes served as an early canvas.” Carving pumpkins has been a holiday tradition ever since.

Roderick’s roommate shares the same enthusiasm, and is happy to participate in the holiday with her. Perhaps the most important part of a holiday spent on campus is finding a buddy to share all the holiday cheer (or rather, scares in this case) and enjoy it all together.

“I don’t really have any traditions, I really just hang out with friends and what we do carries form year to year. This year I’m just hanging out with my friends, eating candy, and watching movies,” said Katharine Dix, a freshman political science major, and Liz’s roommate. The two have already settled in and are ready to celebrate. The fact that Halloween can connect students young and old is a testament to its long-held celebration.

“Mischievous night is kind of a regional tradition,” said Michael Gray, an adjunct English professor.

Mischief night is always on Oct. 30, the night before Halloween. According to holidayinsights.com, historically the people who participate in this night are usually teens and cause mischief like toilet papering houses, smashing pumpkins, and egging or soaping cars.

Halloween is unique in that it is one of the few holidays most students will be spending on campus with their fellow students. It gives students a chance to connect and enjoy themselves, share traditions from home and create new ones at school. That is the whole point of traditions: to be shared and spread to others. It’s funny to think that ghosts, ghouls and being scared out of your mind by movies or haunted houses can bring people together.



IMAGE TAKEN from radacutlery.com

Halloween traditions can be anything from pumpkin carving, to dressing in costumes, to watching scary movies on TV.



The Halloween Hauntings of New Jersey



KERRY BREEN
CONTRIBUTING WRITER

With Halloween just around the corner, scary stories are on the rise, ghost stories being especially popular. All of these stories seem to have a building with an eerie legend around it, some sort of ghost left behind by a tragedy of years before.

Some of these scary stories are found right on campus, such as the ghost of Leonie Guggenheim, who supposedly haunts the library, while others are just a bit further out of reach, like the abandoned Greystone Park Psychiatric Hospital, found in Parsippany, NJ, just an hour away from campus. Both of these ghost stories have also been reported on in popular tourist magazine *Weird N.J.*, which specializes in finding the strangest and most bizarre things about the state and showcasing them.

Monmouth's on-campus library, once known as the summer home of Murry and Leonie Guggenheim, is rumored to be haunted by the ghost of Leonie, who died twenty years after her husband. His death occurred in 1939, yet, Leonie continued to spend her summers at the house, according to the information provided by Monmouth Library. In 1959, after her death, the estate became the property of the Murry and Leonie Guggenheim Foundation, and it was later donated to Monmouth University.

According to ghost stories, the spirit of Leonie Guggenheim still haunts the library even now. Supposedly, every night at midnight, a figure in white appears on the stairs

of the library, making her way up the stairs before vanishing.

George Germek, the associate librarian at the Guggenheim Library said, "I've never seen anything here, though supposedly things happen by the staircase. I've been here nine years and have seen nothing, however, I've heard some noises in the basement hallways when it's empty, like dropping books."

Erica Walsh, a freshman social work major, has never seen the rumored ghost, but she claims that she does believe in the story. "It's an old mansion," she said, describing the library as it once was. "It's

been around for decades. There's no reason to believe that it wouldn't be haunted."

Greystone Park Psychiatric Hospital, commonly referred to as Greystone, is the second-oldest mental hospital in NJ. It's rumored to be haunted, especially in the winding tunnels under the facility itself. Freshman history major, Rachel Black, has never been inside the asylum herself. She says that her friends have gone in and returned with stories of "having had weird things happen, like cold chills and scratches."

However, most trespassers find

themselves chased out by security guards, due to the age of the asylum and the fact that it will soon be torn down, police are stationed nearby.

Though the asylum has no 'real' ghosts and there are no named legends, there are always strange stories. Author Denise K. Rago, from the nearby Morris Plains, gave an interview where she explained that most of the hauntings in the building seemed to occur in the tunnels or the dormitories.

"I knew of people who worked on the grounds," she said in the

interview given for the horror blog 'Dark Lucidity.' "They shared tales of feeling watched while there, or not being able to get away fast enough."

There is also a rumor that Jack the Ripper, a notorious serial killer who prowled through London in 1888, died inside the walls of Greystone. An article written in *Empire News*, published in 1923, wrote of a Norwegian sailor named Fogelma, who was committed to Greystone.

Subjected to fits of rage and insanity, he matched many of the characteristics of Jack, who was never caught by British police. He was also said to have clearly described scenes and incidents that connected him to the murders, and his sister claimed to have found clippings about the murders with his belongings.

Although Scotland Yard was notified, there was no follow-up completed. Again, nobody was ever held responsible for the Jack the Ripper murders, and there were other suspects, meaning that it's possible that Fogelma was innocent. However, with no proof in either direction, the story adds to the terrifying reputation of Greystone, adding another violent spirit to its walls.

Though stories and rumors like this may not be true, they're always fun to discuss around Halloween, especially with events like the haunted Wilson tours popping up around campus. And as the season goes on, the scarier stories become, the better they are.



IMAGE TAKEN from pinterest.com

Greystone Park Psychiatric Hospital is the second oldest mental hospital in the state. It is rumored that "Jack the Ripper," the London serial killer, died in Greystone.

Saturday Night's Alright for Racing:

The Dirt on What it Takes to Manage a Racetrack

BILLROMBA
STAFF WRITER

Six Flags Great Adventure is one of the biggest attractions in the Monmouth County area and it's located on County Road 537. However, there is another destination for people in the area to spend time with their families and friends just up the road from the popular theme park. If you drive past Great Adventure, make a left turn onto County Road 539 and drive a few minutes, and you will see a large open field on your left.

Located in front of a forest of pine trees is a large dirt oval, surrounded by towering metal grandstands and lights that brighten up this clay circle when those grandstands come to life every Saturday night. This modest, unassuming attraction is the New Egypt Speedway and it is a must visit for race fans in the area on Saturday nights from April through September. Because the track hosts events for half of the calendar year, there is a lot of responsibility for making sure everything runs smoothly. These responsibilities usually fall on the shoulders of general manager, Allyse Wolfinger.

Wolfinger, a 25-year-old graduate of Albright College in Reading, PA with a degree in communications, was behind her computer, trolling websites and message boards for fan reactions to the previous night's event when I entered the track's office. As she sat behind her keyboard, which was branded with a red 88 and the same colors as NASCAR driver Dale Earnhardt, Jr's race car, it became clear that Wolfinger was in the right line of work.

While many communication majors dream of writing for publications like the *New York Times* or the *Washington Post*, Wolfinger told me she has always been a race fan and, because of this passion, she has

"always wanted to work in the racing industry."

"At first I wanted to be a NASCAR journalist," said Wolfinger. "But with the downfall of print media during my sophomore year in college, I added public relations as a backup. When I graduated college I applied [for] and received an internship with [New Egypt Speedway] and was later hired as the office manager. I figured working at the speedway would be a good resume builder to continue on to the NASCAR ranks that I aspire to."

However, she also made it clear the grass roots atmosphere at New Egypt Speedway is much different than the glitz and glamour the big money NASCAR circuit provides.

"Being the general manager is quite a job since we don't have the funding to hire any type of assistant," Wolfinger said. "I am responsible for all the finances on a race night as well as coordinating personnel, running the office, doing fan promotions, keeping the drivers in check, doling out any penalties that are assessed, making sure our first aid crew is at every event, and anything else that comes up."

And that's just on a Saturday night. "During the week I am responsible for finding sponsors, coordinating non-racing events like Mud Hops, Mud Runs, and Paintball Tournaments, finding promotional opportunities like car shows, open houses, grand openings, etc. I am also responsible for all State Police paperwork, as we are governed by them."

While Wolfinger has always had a passion for racing, she has also had a passion for helping others, as she mentioned her college internship with the Special Olympics.

"I have always tried to be a charitable person and when I was searching for internships I just happened to find the application for the Spe-

cial Olympics," she said. "I figured it would be a perfect fit because I like to help people and the internship was in my field of study."

Wolfinger also said that she gained much more than college credit from her practicum. "My experience was absolutely amazing and so inspiring. To see the generosity of donors was wonderful. I learned so much from the director of their public relations department, as far as finding media coverage and developing strategies for different events. It was an incredible experience and I learned from the staff, as well as the athletes."

After her time at Albright, Wolfinger began working at New Egypt in June of 2009 as an intern. Back then, her responsibilities were a tad lighter than they are today; handing out schedules to local businesses and running the office during Saturday night events. Now, five years later, Wolfinger is responsible for making sure these Saturday night events go off without a hitch.

"The first thing I need to do is make sure the track conditions are good for both the drivers and the fans in the stands by making sure the surface is smooth and as dust free as you can make a dirt track. We also have to make sure there is constant communication between all of our officials to keep the show moving, as well as make sure we line up the cars in the correct positions throughout the races and assess penalties for both on and off-track violations."

But what happens when things don't go smoothly? Wolfinger mentioned she has seen things get a little hairy in her five years at New Egypt. "The year I interned, we had a driver ram his helmet into our official's head and knock two of his teeth out," she said with a chuckle. "He was suspended by the State Po-



IMAGE COURTESY of Bill Romba

The New Egypt Speedway offers New Jersey race car fans an opportunity to enjoy the sport from April-September.

lice for the rest of the season."

She also mentioned that during her first year at the speedway, she and the rest of the track personnel filmed a pilot for a reality television show called "Jersey Thunder." The aim was to show the ins and outs of running a race track and what goes on at the speedway behind the scenes. The show was never picked up, but she did mention the pilot episode is posted online.

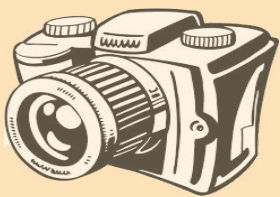
Racing at the New Egypt Speedway may look like a simplistic, uneventful way to spend a Saturday night, but there is clearly a lot of unseen work that goes into putting on an event. However, Wolfinger says she enjoys the challenge and that it's all worth it to see fans come to watch and enjoy the finished product.

"The best part of my job is the challenge. To continuously come up with new ideas to keep the regular fans coming and attract new fans, that's the best part of this job for sure."

For example, Wolfinger mentioned the different theme nights that the track holds, such as NFL Night, First Responders Night and Beach Party night, and that they are always a big hit with fans. She also mentioned the track's annual silent auction for the Wounded Warrior Project, as well as their "Christmas in July" toy drive benefitting Toys for Tots. Both of these fundraisers also generate a large crowd because, "fans always turn out in large numbers to donate to these great causes. We're fortunate to have a very charitable fan base."

Clearly Wolfinger knows that, because the speedway is not in the same league as the theme park up the road from them, it is the fans that keep New Egypt up and running. "We're a small operation, so without the fans and drivers showing up on Saturday night, we're nothing," she said. "Making sure the fans have a great time is what it's all about for me."

The DREAM Moment At Monmouth



ALYSSA GRAY
ACTING MANAGING EDITOR

To most University patrons, Wilson Gardens is a nice little area. Tucked right into the side of the famed Wilson Hall, the Gardens feature awe-inspiring architecture, and is home to a set of fountains that look spectacular on the rare occasions they are turned on. The Gardens can be seen as nice, but are often overlooked in the daily bustle.

But for Jacklyn “Jackie” Kouefati, a recent class of 2014 Monmouth graduate, and Sebastian Chiamida, Wilson Gardens will forever hold a significant place in their relationship and in their hearts. On Friday, Oct. 17, Chiamida surprised Kouefati with flower petals, a ring and an unforgettable proposal that she couldn’t help but say yes to.

The proposal wasn’t the start of Kouefati and Chiamida’s happiness. The couple first met five years ago at a pizzeria where Chiamida worked. “I happened to walk into [the restaurant] and that’s where he gave me his number. We dated briefly after that, but not too long. We even lost touch with one another and eventually went back to each other, but not for several years later. Even when we weren’t on speaking terms, we were always thinking about each other,” Kouefati recalled.

Though they endured a break from their relationship, Chiamida said there was something special about Kouefati that he couldn’t ignore. “I knew since day one. When Jacklyn and I started dating officially, I fell more and more in love with her. With each

day that passed and till this day when I think it’s impossible to love her more than I already do, I fall deeper. She is my partner, my lover, my best friend, my soul mate, everything I could ever want,” Chiamida said.

Years later, after that initial meeting in that pizza parlor, Chiamida was now on bent knee asking for Kouefati’s hand and heart. The proposal, however, was no small feat. According to Chiamida, it took about two and a half weeks’ worth of planning, and much help from friends and family to pull off.

“I told my parents first about the engagement plans and also Jacklyn’s father. I asked her father’s permission for his daughter’s hand. That’s how I was raised and it is the right thing to do,” Chiamida expressed.

Once the families gave their blessings and were on board with the plan, Chiamida started figuring out the finer details of the engagement, such as choosing the right location. “The reason I decided to propose on campus is because I tried to think of a place that meant the world to Jacklyn. Monmouth was the first place that came to mind,” said Chiamida. “Once I went to Wilson Hall, I noticed the gardens in the back of the building. The gardens had a beautiful walkway with amazing columns and my plan started coming together perfectly. Also knowing that Jacklyn goes down to *The Outlook* to help once in a while, it was a perfect opportunity for a great surprise.”

Since Kouefati was the editor-in-chief of *The Outlook* last year and has been involved at the school paper for about three years, Chiamida

enlisted the help of Kouefati’s fellow class of 2014 graduate, personal friend, and the 2013-14 Advertising Manager for *The Outlook*, Kelly Brockett, and Sandy Brown, *The Outlook* office coordinator. Together the team planned on how to pull off the proposal and get Kouefati on-campus without raising curiosity. “I asked them if they would help me set her up to think that she was going [to campus] to assist with *The Outlook* edits. They were amazing. Kelly took charge by sending emails to confirm availability of [Wilson Gardens]. She also assisted me in putting everything in place, along with Jacklyn’s cousin Christina Markar,” said Chiamida.

Due to the careful planning of Chiamida and his team, Kouefati said that she suspected nothing of being asked to come back to campus. “I thought I was coming to help! Sandy told me that she was going to take me and Kelly to McCloone’s so I dressed pretty nice,” said Kouefati.

Once they met up, Brockett proceeded with step two of the plan and asked Kouefati to deliver something with her to someone on-campus. “[We] started to walk towards the Student Center when she said she thought the person she needed to see was in Wilson and wanted to cut through the Wilson Gardens. As we started to cut through, I looked to my left to see the stone walkway with the columns and saw a man with a video camera and an arrow made out of roses on the ground. I got scared because I didn’t realize it was for me! I thought I was ruining someone’s surprise so I walked away.”

Brockett was prepared for

this though and steered Kouefati in the right direction, back towards the rose petals. “Kelly pushed me towards the man and the rose arrow and I looked down again to find a sign that read, “Follow the rose petals Bella.” That’s when I knew this surprise was for me. There were more arrows leading the way and along the columns were love notes. Some that had facts about our relationship and some that had poems that [Sebastian] actually wrote,” Kouefati said.

Tears began to flow as she realized what was happening. “...I got to the middle of this little hall, there was a heart made out of rose petals on the ground along with scattered rose petals and some candles. When I got to the middle, Sebastian stepped out and told me how much he loved me. I honestly couldn’t even focus on what he was saying because I was so overwhelmed with happiness. Then he got down on one knee and I cried some more and said yes!” she said.

While there was a waterfall of romantic bliss washing over the couple, Chiamida was just thankful that he was able to surprise Kouefati with an engagement worth remembering. “I had so many thoughts running through my mind. For example, I hope the weather stays nice, will there be too much wind for the rose petals... I [also] knew if Jacklyn was in sweats she would have been a little angry since I had a video guy their capturing the moment. So Sandy and Kelly told Jacklyn that they were going out to dinner after and Sandy was treating them since they came down to help. This was brilliant because Jacklyn wore a pretty dress which got me off the hook. I mean I can go all day with the thoughts that were going through my mind. But doubt was not one of them. I was just very excited and nervous. I just wanted it to go perfectly. To go exactly the way I planned.”

But that wasn’t the only romance in store for the couple. Just two days later, on Oct. 19, the couple celebrated their anniversary, but for the first time it was as more than boyfriend and girlfriend. “I love that he did it so close to our anniversary. We both really like October and since our anniversary is in that month it’s special to us, but now it’s even more special,” Kouefati expressed.

Now that Chiamida’s specially selected princess cut diamond ring is on Kouefati’s finger, the couple has agreed to wait two years until they start contemplating a wedding and plan on moving in together soon, as well as planning an engagement party.

“To me, they are the definition of true love and have always displayed the utmost respect for one another. Their relationship gives me hope that there are still great relationships to come for the millennial generation despite the fact that this generation is best known for “the hook up culture,”” said Brockett, “All I can say about their future together is that they are truly meant to be and are soul mates and I can’t wait to see what the future holds for them.”

How will you be spending Halloween?

COMPILED BY:
KIERA LANNI



Anthony Junior

“I will probably be either going home to spend time with my family or hanging out with my club, Monmouth Gamers United.”



Victoria Freshman

“I plan on going out, but I’m still trying to make plans.”



Mike Freshman

“Honestly, I don’t even know.”



Christie Reder
Program Coordinator-
Dept. of Music and
Theatre Arts.

“I will be taking my kids trick or treating.”



TOP PHOTO:
THE ENGAGEMENT HAPPENED JUST BEFORE THE COUPLE’S ANNIVERSARY ON OCT. 19. (PHOTO COURTESY OF JACKLYN KOUEFATI)

RIGHT ARTWORK:
KELLY BROCKETT, A GOOD FRIEND OF THE COUPLE HELPED SEBASTIAN CHIARAMIDA SURPRISE JACKLYN KOUEFATI WITH THE ENGAGEMENT IN THE WILSON HALL GARDENS ON OCT. 17. (PHOTO COURTESY OF CHRISTINA MARKAR)

Meet Morris

ALFRED TILLERSON
STAFF WRITER

The Hawks' football team, going through somewhat of a re-creation as they enter a new conference, is clicking on all cylinders. Up to this point, the Hawks are 5-2, the first time they have been this successful since 2006 when they were members, and champions, of their recently departed Northeast Conference (NEC).

Through their first six games of the regular season, MU is averaging 39-points-per-game, and racking up 462.3-yards-per-game, as an offensive unit while the defense is holding opponents to 22.7-points-per-game. In their new conference, the Big South, it's enough to make their newfound opponents take notice of their production. Even though fans have come to expect stellar defensive numbers, it's the offensive ingenuity that has opened eyes in West Long Branch.

The offensive mastermind of the University, the man in charge of calling the shots and pushing the pace, is Kevin Morris, first-year offensive coordinator and quarterbacks' coach. Morris, a NJ native by way of Westfield in Union County, arrived at MU this past spring after holding the same position for two seasons at Yale University, an Ivy League program in New Haven, CT.

"It's the kids. If you get good kids that are willing to work and you get some good players in there that can make plays, and my job is to get them in position to make those plays," said Morris. "I drew it up on paper, but to execute those plays and to make those throws and those catches in the red-zone in a tough situation on third downs, that's all players; guys stepping up and making plays when given the opportunity."

Even though Hawks' fans are used to offensive stars, such as Dan Sabella, Dave Sinisi, Kyle Frazier, and even the great Miles Austin; never has an offense been so strong in Monmouth's football program. Kessler Field's scoreboard has been lighting up since the season debut against Delaware State on Aug. 30 when the Hawks defeated the Hornets en route to a 52-21 victory. This season, the Hawks have scored 50-points or more three times marking a first in the program history. The most recent of these 50 plus games came during MU's Homecoming with the offensive unit scoring 61-points against Columbia University.

When discussing the Hawks' offensive production through the season, Morris said, "Our O-Line is doing a great job. Lavon [Chaney] has stepped in since KB's been out, and even when KB [Asante] was in, Lavon was doing a good job. Missing KB is a huge thing. He's a senior captain for us; he's a great football player, a guy who could really carry the load for you. Take him out of the mix and for these guys to keep on rolling at the running back spot, Brandon [Hill] taking the heat off of the running back spot by throwing the ball really well to a high-caliber group of receivers enables us to really keep this pace and scoring touchdowns."

During the course of his coaching career, more recently as an offensive play-caller, gaudy statistical numbers have surrounded him. As an

offensive coordinator at Northeastern University (2000-2003), Morris was instrumental in the little success that the Huskies' now-defunct football program had experienced. In 2002, Northeastern's offense averaged 34.5 points-per-game while generating 431.8 yards-per-game en route to the Huskies' first and only conference championship (Atlantic 10, which is now the present-day Colonial Athletic Association) before bowing out to Fordham in their only playoff appearance. While at the University of Massachusetts, the offensive production continued at roughly 30-points and 400-yards per game, including some deep runs into the FCS playoffs.

"As they say, 'It's the jimmies and the joe's, not the X's and the O's,' so you get some good kids that are willing to be coached and do the work, try to find a way to get better every day. Those are the kids that you want around your program. Those are the kids that are going to make you look good," Morris said. "Right now, our guys here at Monmouth are making our whole staff and this program look good on offense."

Coach Morris's playing career began at Williams College, a member of the New England Small College Athletic Conference (NE-SCAC), in 1982. Morris said that his time in college instilled a love for the game in him and instructed him on how the game works, with its structure at the collegiate level. Over time, he thought that going into coaching would be something that he could see himself possibly doing.

"I always helped coaching Little Leagues. I had a younger brother that was a few years behind, so I used to help him coach his teams. I was always involved in sports and coaching and it just worked out. The Albany opportunity gave me an opportunity to coach right out of college and try to get my Master's at the same time," Morris said.

In 1986, after his playing career ended, Morris got his first college coaching job as a graduate assistant at the University of Albany. It was along that path where he first met who he refers to as a mentor and his future boss Kevin Callahan, MU's head football coach. The two have been friends for about 25 years.

When asked about Callahan, Morris said "I met him on the road actually down here in

New Jersey when he was up at Colgate and I was at Albany and Worcester Polytechnic. I used to recruit New Jersey and he used to help me out down here."

Although Morris is renowned for his offensive competence, he also spent some time as a defensive assistant. "It definitely gave me good insight in how defenses work, what they're trying to do, and what they're trying to accomplish with their particular front and secondary schemes and I think that's helped me get an understanding of how to attack those defenses," he said.

Morris made his route to MU when former Hawks' coach Scott van Zile left to pursue the quarterbacks' coaching position at Elon University in NC. As Callahan was faced with the duty of filling that void, he made a call to hire his long-time friend, Morris, who was serving the same roles at Yale in CT. When asked about filling the vacancies as the Hawks' offensive coordinator and quarterbacks' coach, Morris said he could not pass up an opportunity to work with Callahan and return to his NJ roots.

"I'm a Jersey guy. I love the Jersey Shore. It's a great opportunity and working with Coach Cal, and this program now going to the Big South with the new facilities coming in and everything else, it's a very exciting time to be a part of it."

When most coaches change jobs, they inherit styles and personnel they are not accustomed to working with. Fortunately, Morris already had a steady relationship with MU's senior quarterback Brandon Hill. Hill originally signed with Morris at UMass before transferring to MU after Morris was fired in 2011.

"He understands how I go about my business because we had a relationship prior when he was in my quarterback meeting

room at UMass, so he kind of knows what's coming, which is really helpful, so it's not like every time you turn the corner, there's something new coming down the road. He kind of knows what's

coming around that corner, coming from my perspective. So with that in mind, he can just go out and run the offense and lead the ten guys and I think that's been a great part of relationship and how it's affected the team on the field," Morris said about Hill.

From his time at Northeastern up to now at MU, his various offenses have evolved but it is all personnel-based. He adapts his offensive systems with the players at hand. When asked how his offenses have adapted or evolved over time, he talked about how offensive football has evolved as a whole. "Back in the day, if you ever went to one-back, you were breaking the mold a little bit," Morris continued. "From all of the two-back offenses, we were definitely that going through my coaching career; a lot of two-backs going to one-back and going to no-backs, so there was always a good mix of it. And then the zone read package started becoming vogue and everyone started having quarterbacks that were a little bit more mobile and could move and read on the run, pull it and run it themselves or pull it and throw it. Those packages are definitely what we've done over the years as well."

Morris talked about using a lot of the no-huddle principles as far back as 1993, when he was the head coach at Worcester Polytechnic Institute, a Division III institution and member of the New England Women's and Men's Athletic Conference (NEWMAC). During his time as head coach, he accumulated a record of 24-32 before becoming the offensive coordinator for the Seawolves of Stony Brook University. Morris picked up the intricacies of the up-tempo/no-huddle philosophies from Terry Bowden's staff at Clemson University in 2000, whose

offenses were being coordinated by Brad Scott.

"They really stressed up-tempo stuff. We had done some tempo stuff, but they really had a nice package together that invigorated me to keep some up-tempo in the package," Morris said.

Morris has also shown some things that many Hawks' fans haven't seen before in terms of offensive window-dressing. Fans have seen the offensive unit come to the line of scrimmage with four receivers aligned to one side and we've even seen running backs throw touchdown passes. In the Hawks' homecoming victory over Columbia, Chaney threw two touchdown passes: one to a wide open Hill and another to junior tight end Zach Fabel on a Tim Tebow-like jump pass. Unusual plays such as these are not only fun for the players, but also fun for fans to watch.

"They're in the playbook. We'll work on a play for a couple of weeks until it actually gets put into a game, just to get the guys used to running it," Morris said, when asked about the usage of trick plays and gimmicky formations that have been used in game situations thus far.

With Big South play under way, the focus is to sustain that offensive production.

"Right now, that's going to be the challenge," Morris said. "I think that the windows in the pass game are a bit smaller than they might've been against some of the previous opponents that we've had. The whole competitive edge, in terms of winning the Big South championship, everything is on the line every week and that's certainly our goal. We've really got to be truly focused during practice. All of the coach clichés come out about what you need to do every day, every play; because those things are going to matter in these situations. Every game is going to be tough."

As much as it could be about Morris and offensive creativity, he really spoke at length about the offensive coaching staff, with several new faces to go along with himself. Not only was Morris one of the key additions to the coaching staff, but he was joined by TJ DiMuzio from Widener University, who replaced Terry Archer as the team's receivers' coach. Last season, the football team also welcomed Sam Dorsett from Robert Morris University. Those three key additions to pair with Brian Gabriel and Jeff Gallo have been integral in the offense's growth and development.

"The offensive staff here at Monmouth has been outstanding. A lot of guys have been here. Coach DiMuzio just came in with me at the same time, but a lot of guys have been here for years. Coach Gabriel, Coach Gallo, and the integration of me into the office and the protocols around and the process is easy, have been fantastic. It's been a nice mesh and I thank them for that. That's part of the reason why we're being successful," Morris concluded.



Women’s Soccer Win MAAC Title

MICHELLE GONZALES
STAFF WRITER

The women’s soccer team clinched the regular season MAAC title this past week after improving to 8-1 in conference play with two victories.

The team increased their winning streak to six games against the Iona Gaels Wednesday, Oct. 22 in a wet and rainy battle on Hesse Field. The cold rainy weather made for an entertaining inter-conference match, with the Hawks eventually earning 2-0 win. It was head coach Krissy Turner’s 200th career win..

It all started in the first ten minutes of play with instant offensive pressure. The MU offense consistently kept the ball out of the defensive end, even outshooting the Gaels 11-3 but could not capitalize. In the tenth minute of the game, MU had its first chance. Junior back Colleen Howard swept a cross to sophomore forward Alexis McTamney for a clear shot on goal, only to be denied by a header off of Iona’s defense. In the 30th minute, the Hawks attempted three more shots off a corner play but were once again blocked by Iona goalkeeper Lauren Ferris. The score sat at 0-0.

Sophomore forward Erica Murphy and freshman forward Rachelle Ross each fired shots but missed just high and wide for the Hawks. With minutes left in the first half, junior midfielder Brianne Boyle and McTamney gave the Iona goalkeeper a little more heat, only to have the clock run out. With the score tied at zero, the second half was a new game, but one just as wet.

“In the second half we needed to finish our opportunities, considering we had more shots in the first half. Iona was playing in the same weath-

er conditions and we couldn’t use that as an excuse. We needed to increase our confidence and focus on finishing the job,” said junior back Colleen Howard.

The Hawks offense came out on fire, hungry for a goal. McTamney carried up to the Iona defensive box in a 1v1 attempt to find Ross. Ross’s shot was denied. The MU offense finally broke through when Ross finally connected with sophomore forward Julie Spracklin. Ross crossed the ball into the box and Spracklin finished with a clean touch to the far corner, putting the Hawks in the lead 1-0. It was Spracklin’s fifth goal of the season.

MU’s defense remained warm and ready for any action in the last few minutes, allowing only four shots on goal in the half. With just three minutes remaining, Howard and McTamney got to finish what they started in the first half. Howard shot from the far right side only to find McTamney there for a finish on the right post, earning McTamney her sixth goal of the season and Howard her second career assist. The Hawks solidified their lead at 2-0 just to give Turner more of a reason to celebrate. In celebration, the Hawks beamed with pride for Turner’s accomplishment.

“Coach Turner has not only helped us become great players on the field, but also made us better individuals in the classroom. Her wisdom and positive energy empowers us everyday and we all feel honored to be a part of this wonderful accomplishment,” raved Howard.

The Hawks racked up stats on all ends this past Wednesday. MU outshot Iona College 18-7 while the defense allowed only one shot on goal all night. It was the ninth overall, and third consecutive, shutout for

the Hawks, extending their record to 12-4 overall.

The women improved their winning streak to seven games on Saturday afternoon as they defeated league rival, the Marist Red Foxes. With a final score of 1-0, the game also accounted for the Hawks fourth consecutive shutout. Even more important, the win secured MU a spot in the upcoming 2014 MAAC Women’s Soccer Championship and

a first round bye.

In the 87th minute of play, Murphy made an unassisted goal giving MU a reason to celebrate. MU outshot the Red Foxes, 11-3, and D’Agostino registered one save. The Hawks are now 13-4 overall and 8-1 in the conference.

MU will finish its regular season on Wednesday, Oct. 29 when they visit Rider University for a 7 pm game.



PHOTO TAKEN by Taylor Jackson

Sophomore forward Alexis McTamney scored her sixth goal of the season in the win over Iona, and has 17 total points this season.

Football Drops First Contest in Big South

ALFRED TILLERSON
STAFF WRITER

It came and it went. All it took was one play to make an early statement in the Hawks’ Big South opener, but lightning never strikes twice. MU’s football team (5-2, 0-1) dropped its Big South opener at Bailey Stadium in heartbreaking fashion to the Blue Hose of Presbyterian College (5-3, 2-1). The final score read 18-12.

“I thought our guys came out and played hard, it was a very tight game where the outcome was going to be changed on a play or two,” said MU head coach Kevin Callahan. “You have to give Presbyterian credit; they made some key plays at critical points that ended up being the difference in the game. I thought our defense had a great effort. As a unit they did a real good job for the most part but had some lapses towards the end of each half and that proved to be the difference in the game.”

After putting on an offensive clinic through the first six games of the season, averaging 39-points-per-game and 462-yards of total offense, the most illustrious season up to this date in the history of MU’s football program was a defensive struggle. On the first play for the Hawks, senior quarterback Brandon Hill found a streaking senior wide receiver Neal Sterling deep downfield and hit him in stride for an 81-yard touchdown catch-and-run, but the ensuing extra point attempt failed. From there, it looked as if the Hawks would continue where they left off two weeks ago against Columbia. However, as it turned out, the first half was a battle of the defenses and two of the Big South’s best punters.

Through the first half, MU’s Ryan Mohr and Presbyterian’s Stephen Doar exchanged eight punts. Mohr, who averaged 43-yards per punt, was instrumental in the first half by pinning the Blue Hose deep in their

territory. However, the first half was all about the defense that held tough and stern when the Blue Hose were plowing down the field. The Hawks’ defense, who averaged 106-yards-per-game on the ground through their first six games, had their hands filled with Presbyterian’s rushing attack, one that generated 182-yards on the ground despite being undermanned after losing Demarcus Rouse during their first offensive series.

Every time the Blue Hose offense

“Playing the first Big South game, we knew we were in for a challenge but the good thing is that I think we showed that we belong and we can play in this league. We just need to do some thing better and the outcome will be different.”

KEVIN CALLAHAN
Head Football Coach

marched deep into Hawks’ territory during the first half, the defense tightened up and held their foes without a score. Presbyterian’s lone touchdown in the first half, a 6-yard run by Blake Roberts, came right before halftime after a 10-play drive for 83-yards. Junior linebacker John Siczkowski had nine solo tackles while freshman defensive back Mike Basile contributed with eight tackles and junior linebackers Tyler Thompson added seven tackles.

The second half saw a little more offensive production for the Hawks, who started getting things going in their up-tempo offensive attack. Despite things starting to click in their favor, MU was held to a 41-yard field goal by junior Lucas Santangelo in the third quarter. A muffed punt by Doar gave MU great field position,

and the opportunity to tip the game in their favor. Unfortunately for the blue and white, their shot was squandered after junior defensive back Ed Royds fumbled the ball and the Blue Hose were able to recover it on their 15 yard line. Presbyterian would put together a 13 play drive that spanned 74-yards before Brandon Morrow added a 28-yard field goal to put PC back up, 10-9, in the fourth quarter.

The Hawks would put together another good attempt, a 13-play drive that went 76-yards, before the drive

last crack at victory. Unfortunately, for the Hawks, a last second attempt at several laterals to find open creases to the end zone failed, and the game came to an end.

Hill finished the contest completing 18-of-33 passes for 236-yards and the game-opening touchdown strike to Sterling, who finished with 136-yards on seven receptions. The Hawks received key contributions from fifth-year senior wide receivers Thaddeus Richards, who caught two passes for 37-yards, and Lamar Davenport, who caught two passes for 22-yards. Sophomore running back Lavon Chaney was held in check, rushing for 62-yards on 19-carries while hauling in four passes for 23-yards.

“Playing the first Big South game, we knew we were in for a challenge but the good thing is that I think we showed that we belong and we can play in this league,” Callahan said. “We just need to do some things better and the outcome will be different.”

Sterling continues to make progress as he etches his name amongst the top pass-catchers in Hawks’ history. With 188-catches for his career, Sterling is seven receptions away from surpassing Adam San Miguel as the Hawks’ all-time receptions’ leader while he’s 452-yards away from passing the great Miles Austin as the all-time leader in receiving yardage. With four games remaining in the season, both accolades are realistic and within reach for him.

The Hawks will resume action on Saturday, Nov. 1 as they return home to host the Buccaneers of Charleston Southern (5-3, 0-2), a newfound Big South conference foe who dropped their contest this weekend to Coastal Carolina, 43-22. Saturday afternoon’s contest, slated for a 1 pm kickoff and will be aired on *ESPN3*, will mark the first home game as members of their new conference.

SIDE LINES



In a comeback overtime victory, MU’s field hockey team defeated MAAC rivals, the Quinnipiac Bobcats, in a final score of 4-3. Senior Amanda Schoenfeld scored two goals and had two assists on the night while graduate student Trish O’Dwyer also had two goals including the game winner. The Hawks post a 9-7 record, 2-1 in the MAAC, and the Bobcats fall to 6-10 overall, 2-2 in the MAAC.



The men’s soccer team ended their Saturday night home match against Marist in a scoreless tie. The tie moves MU’s record to 6-3-5 (2-1-4 MAAC) and the Red Foxes are now 6-5-4 (2-3-2 MAAC). MU outshot the Red Foxes, 19-14. Sophomore goalie Eric Klenofsky registered seven saves in the game. The Hawks will next play on Wednesday, Oct. 29 against Rider University. The game which acts as MU’s senior night, is scheduled for 7 pm.



Sophomore Przemyslaw Filipek and senior Victor Pugliese each won matches at the ITA Regional Championships. The Hawks had five players at the championship; Filipek and Pugliese were chosen for the main draw bracket. Filipek defeated Freddy Ruiz of St. John’s to advance to the second round, however, he then fell to Penn’s Jeremy Court. After a first round bye, Pugliese defeated Quinnipiac’s Kei Ezaka and advanced to the round of 32. He was challenged by Alex Steinroeder of Harvard. Steinroeder took the first set, 7-5, but Pugliese won the second set, 6-3. Pugliese fell to Steinroeder in the third set, 7-5.

UPCOMING GAMES

Wednesday, October 29
MSOC vs Rider*
W. Long Branch, NJ 7:00 pm
Hesse Field on The Great Lawn

WSOC vs. Rider*
Lawrenceville, NJ 7:00 pm
Cohen Field

Friday, October 31
Bowl at FDU Jamboree
North Brunswick, NJ 10:00 am

MCC at MAAC Championships
Holmdel, NJ 11:00 am
Holmdel Park

WCC at MAAC Championships
Holmdel, NJ 12:00 pm
Holmdel Park

FH vs Siena*
W. Long Branch, NJ 3:00 pm
So Sweet A Cat Field

Saturday, November 1
MSOC at Siena*
Loudonville, NY 1:00 pm

FB vs Charleston Southern*
W. Long Branch, NJ 1:00pm
Kessler Field

Sunday, November 2
FH vs Bryant*
W. Long Branch, NJ 1:00 pm
So Sweet A Cat Field

Wednesday, November 5
MSOC at Saint Peter’s*
Jersey City, NJ 2:00 pm

*conference games



WOMEN'S SOCCER "RAINS" OVER DIVISION



ALSO IN SPORTS:

- Meet Offensive Coordinator Kevin Morris ... [Page 18](#)
- Football falls in Big South opener ... [Page 19](#)
- Field Hockey edges Quinnipiac ... [Page 19](#)

The women's soccer team clinched their second straight MAAC regular season title this past weekend with wins over Iona and Marist. In their two seasons in the MAAC, the Hawks have a 16-1-2 regular season record against conference opponents.

Pictured above: Freshman Rachelle Ross (19) and Junior Colleen Howard (25)

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Photo courtesy of Taylor Jackson