


News

"La Festa Italiana"



MU students learn about what makes up the Italian culture at this Italian Festival

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Sports





Turnovers cost Hawks a win against CCSU


The Hawks succumb to key miscues against CCSU as Monmouth falls into a second-place tie in the NEC with just two games remaining in the season.


.... 25


 Wednesday 62°/43°
Sunny


 Thursday 63°/46°
Sunny

 Friday 65°/51°
Partly Cloudy

 Saturday 68°/51°
Partly Cloudy

 Sunday 65°/47°
Partly Cloudy

 Monday 54°/42°
Showers

 Tuesday 52°/41°
Partly Cloudy

INFORMATION PROVIDED BY weather.com

Student ID's and Social Security appear on Web

University takes steps to remove students' information from Web

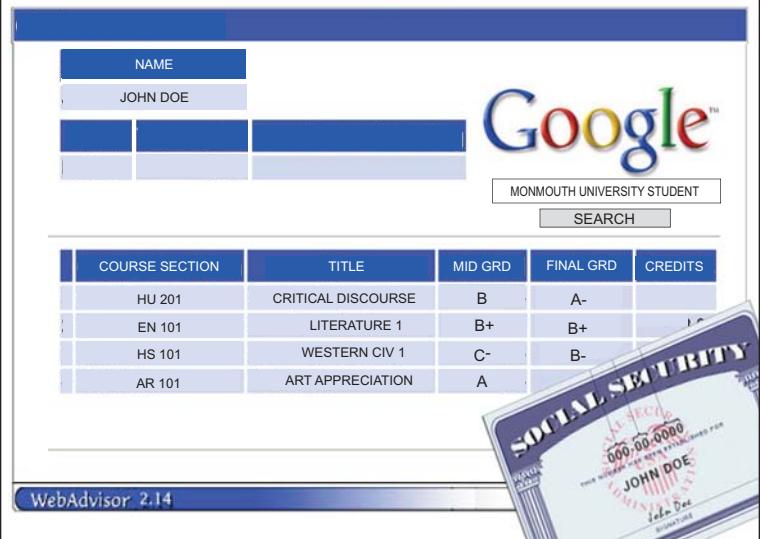


IMAGE CREATED by Kim Mallen IDEA by Lauren Benedetti

LAUREN BENEDETTI
EDITOR IN CHIEF

Petra Ludwig, Monmouth's Director of Public Affairs, said an undergraduate student discovered their private information on the Web on Oct. 9 through a random Google search of their name.

Dimenna said this information may have been mistakenly released to the Web as early as May 29.

After discovering this information, the student contacted the University's Internal Auditor, Sarah Diroff, by e-mail. Diroff followed by informing Dimenna of the situation.

Diroff is on maternity leave until January and could not be reached for comment.

Dimenna then contacted the technical administrators who took action in order to correct the problem.

"Within a short time we removed the files from the place on their server where they were," said Dimenna, who added that "students whose files were being reviewed during summer 2005" were the ones affected.

After Monmouth removed the information from its own server, the University contacted Google so the search engine could remove the personal information from its cache, a fast storage buffer in the central processing unit of a computer.

Dimenna noted that it took Google, "several hours and it was taken down that same day."

According to Dimenna, the problem occurred due to human error in the Telecommunications & Network Operations and Administrative Information Services sector of Monmouth's Information Technology Department.

"The files were being stored on a password protected directory," explained Dimenna. "Unknown to the technical support staff there was an alternate way to access the information that by passed the security password."

FACTS

677 undergraduate students had their names, grades, social security numbers and student id's posted on the Web

Information was posted on the Internet for 4 1/2 months

Information was discovered by a student who Googled their name.

University used internal measures to resolve information outbreak.

IDs continued on pg. 24

Campus hosts Two River Film Festival

JACQUELINE KOLOSKI
NEWS EDITOR

On November 4 through November 6, Monmouth University will be the site of the Two River Film Festival. Films that will be screened during that weekend will be featured in both Pollack Theatre and Clearview Cinemas located in Red Bank.

The weekend of events will feature a variety of films by many filmmakers and many of those will conduct a question and answer panel in order for people to become better acquainted with their film.

Beverly Peterson, a Specialist Professor in the Communication Department at Monmouth University as well as the Film Selection Academic Chair of the Two River Film Festival, said that she is looking forward to the filmmakers that will be in attendance at this year's festival.

"I am delighted that so many

filmmakers are going to be present for Q & A's with the audience. Students interested in the film's topic, or any aspect of television or cinema should make sure they are at those," said Peterson. "Even if you don't like the film you can learn so much about what to do and not do from people actively creating them."

Many well-known filmmakers will be in attendance at this year's festival like Eugene Jarecki for his film *Why We Fight*, Pat Thompson who is an Emmy Award winner, and also the director and producer of the film *The American Ruling Class*.

"Both the director and producer of *The American Ruling Class* will be on hand to discuss both the topic and how they played with the boundaries of documentary and fiction to create 'the world's first dramatic-documentary musical'," said Peterson.

Professor Peterson said that there will be various education



PHOTO COURTESY of monmouth.edu

Maestro Silvano Campeggi the artist who designed the TRFF poster will be in attendance and answering questions.

panels, held on Friday and Sunday, on such subjects as the environment, women's issues, and diversity.

Film continued on pg. 14

Future entrepreneurs flourish at University

SAMANTHA YOUNG
ENTERTAINMENT EDITOR

Monmouth University's Entrepreneurship class has gained both immense popularity and success, despite beginning as an experiment.

"Our first class had about 11 or 12 students," said Professor John Buzza, Specialist Professor for the Management/Marketing Department. "Then the next year we had about 17 or 18. Now, there's over 30 students in the class."

The goal of the course is to teach students how to run a small business by taking an idea through the various stages of development.

"We see the hardships in opening a business and the extensive amount of time that must be put into it," said Nicholas Massari, a senior Business Management and Marketing major.

In past years, Buzza's students have organized a concert featuring Joey Dee and The Starliners, made and sold gift baskets and initiated the MU SmartCard.

The SmartCard, the project from Spring 2005, was a reusable card that allowed students to receive discounts at 20 different companies. The profits made from the sale of the concert tickets, the gift baskets and the \$5 SmartCards go back to the Entrepreneurship class in order to finance future projects.

University Promotions, the name coined by the Entrepreneurship class, is currently in the midst of marketing pasta sauce.

"We brainstormed 30 or 40 ideas and began crossing some off every class," said Buzza. "We weighed the pros and cons of each suggestion, voted on each and decided upon [the most cost-effective means for a college course]."

Students in Buzza's class, which consists mostly of Business and Marketing majors, have specific duties and responsibilities to uphold. "Our class is broken down into several groups of about five. Each group is a different sector of the business (advertising, distribution, marketing, product design, production, research and development and sales)," said Kristin Martin, a senior majoring in Marketing and Management.

Each of the aforementioned groups had to make decisions within their departments.

Massari, head of Research and Development, along with the rest of his group, "researched different markets where pasta sauces are sold, the price of these sauces, the jar size [and] shelf space."

Martin, head of Production, with the rest of her group, researched places where the sauces could be made. "We are in contact with DelGrosso foods in Pennsylvania," said Martin.

Future continued on pg. 14

Construction progressing on President’s mansion

ERIN ROSE
CONTRIBUTING WRITER

Construction is underway on the Doherty House, the new \$2.5 million president’s mansion, after the demolition of the original house last winter.

According to Robert Cornero, Associate Vice President for Campus Planning and Construction, as of October 17, the framework for the new house is being completed, and work on the roof and masonry has begun.

“There are always things that can go quicker,” Cornero said, “but I’m satisfied with the pace of the construction.”

The house, slated for completion in August 2006, will include three apartments on the second floor to house President Paul G. Gaffney II, his family and any visitors, and will include a small kitchen. The first floor has a full kitchen, living room, dining room, and den for entertaining guests and fund-raising events. The new house will be 8,700 square feet, not including the new garage, in comparison to the original house’s 10,400 square feet.

Each floor can operate independently of the other, so the president and any guests on the second floor can maintain their privacy while events are being held on the first floor.

New additions to the house include an elevator and ramp for handicap access, and a two-car garage. The house will feature a large wrap-around porch that will stretch around three sides of the house.

“When all is said and done, this will appear to be the same facility,” Patricia Swannack, Vice President for Administrative Services at the University, told the *Asbury Park Press* in a December 17, 2004 article on the project. The plans for the house, drawn by the Robert W. Adler & Associates from West Long Branch, reflect the previous

house. The two two-story columns at the front entrance of the new home are similar to those on the original house.

The original home was demolished in December of 2004, due to a deterioration that made the building become unstable.

“We hoped to start earlier, but permits took a little longer than we anticipated,” said Cornero.

The budget for the home was a major gift provided by Paul S. Doherty Jr., a Monmouth alumnus from the class of 1967 and former chairman of the school’s board of trustees, and several smaller gifts.

Before the project began, the University invited neighboring residents on Norwood Avenue to a meeting to discuss the project and give the community a chance to ask questions. One longtime resident who attended the meeting, Katherine Zimmerer, whose yard backs up to the rear of the Doherty House property, supported the proposal, but was sad to see the original home go.

“I think it is going to be a loss of one of the last beautiful mansions we have in the area,” Zimmerer told the *Asbury Park Press* after the meeting, held on December 15, 2004. “I’m sorry that the building has to be demolished. However, I do feel if it is structurally unsafe,” it should go.

The original building was built in the 1920’s by Isaac and Lena Alpern. The house was acquired by Herman and Nettie Levinson in 1941, who donated it to Monmouth College in 1959. In 1962, the house was converted into the College’s School of Education, until Samuel Hays Magill moved into the house in 1983. After Magill retired in 1993, Rebecca Stafford also used the house as her residence. She was the last person to live there. President Gaffney currently lives off-campus while the building is being completed.

“We would have loved to save the house,” Cornero said, “but it just wasn’t possible.”

Correction:

The following article titled “Construction progressing on the President’s mansion” written by contributing writer Erin Rose was printed on the front page of *The Outlook* on October 29. It was supposed to continue on page 4 and was not. For that reason, it will be printed this week.

Monmouth students celebrate italian culture

NICOLE DENARDO
STAFF WRITER

On October 26, about 100 students gathered for an afternoon filled with the Italian culture.

‘La Festa Italiana,’ held in Anacon Hall from 2:30 to 4:30 featured speakers Dr. Paolo Toschi and Jesse Rosenstein, who spoke about the importance of the Italian language, viewed presentations by students who are learning Italian, and enjoyed a smorgasbord of Italian food and dessert made by the students.

‘La Festa Italiana’ was sponsored by the Department of Foreign Lan-

guages and the Italian Club, and was Italian professor, Dr. Maria Simonelli’s idea. “I wanted to have ‘La Festa Italiana’ to promote the beauty of the Italian language, the culture, to get students to take the Italian minor and to make students more aware of the language and jobs available from knowing the Italian language,” Simonelli said, adding, “There is already a Spanish festival. I thought it was about time to have an Italian Festival.”

Simonelli’s intentions were to show the importance of the Ital-

Festival continued on pg. 17

Renowned poet and author visits Monmouth

LAUREN CIRAULO
STAFF WRITER

As a child, Mary Karr was defiant, antagonistic, and overwhelmingly unreserved. As described in her memoir, *The Liar’s Club*, she went to great lengths to cement her pugnacious prowess and to vindicate her adversaries; whether it was chomping down on a neighborhood boy who had ridiculed her or spitting out vicious phrases at authority figures in her town along the lines of “Eat me raw!”

“I was small-boned and skinny,” Karr writes, “but more than able to make up for that with sheer meanness.”

Today, Karr is still defiant, antagonistic, and unreserved. She is a waterfall of curses, controversy, and taboo expressions. However, at 50 years old, she is able to channel that general rebelliousness to society into an immensely successful writing career, one that she “didn’t see coming.”

Karr visited Monmouth University on October 25 to give a poetry reading in Wilson Auditorium at 7:30 pm, in which she read an excerpt from her memoir, *The Liar’s Club*, poems from her three published volumes of poetry, and poems from her yet to be released book of poetry, *Sinners Welcome*.

The excerpt that Karr read from *The Liar’s Club* was about an experience for revenge when she was 8 years old. The incident encompassed the tone of the entire novel; it chronicled the time when Karr’s sister was hit with a baseball bat by one of the neighborhood boys. She exacted retribution, however, and waited up in a tree with a Beebe gun for the

family to pass by one morning and shot her enemy on the nape of his neck.

Karr’s poetry is hard-bitten and unabashed. She writes honestly about the experiences in her life with an utter lack of sentimentality. Among the poems that Karr read, some of the best received by the audience were “The Grande Miracle,” “Chosen Blindness,” and “Christ’s Passion.”

Karr’s three books of poetry are *Abacus*, *The Devil’s Tour* and *Viper Rum*. Her poems and essays have been published in *The New Yorker*, *The Atlantic*, and *Parnassus* and have won Pushcart prizes. She was a Bunting Fellow at Radcliffe College and is now the Jesse Truesdell Peck Professor of Literature at Syracuse University. She is also the recipient of Guggenheim Fellowship for Poetry in 2004.

The Liar’s Club, her first memoir, was on the *New York Times* bestseller list for over a year and was selected one of the best books of 1995 by magazines such as *The New Yorker*, *People*, *Entertainment Weekly*, and *Time*. It chronicles her life as a child living in the swampy, refinery town of Leechfield, Texas, as the resident outcast family. Her mother, cultured and sophisticated, raced through seven marriages and almost as many psychotic episodes while her sententious, yet storytelling father put his foot down sporadically. Through the mind of a 7 year old, Karr tells of the hilarious misgivings of her childhood.

Her second memoir, *Cherry*, was a bestseller for the *New York Times*, *Los Angeles Times*, and *The Boston Globe*, and was named “Best Book of 2000” by magazines *US*, *Entertainment*

Weekly, and Amazon.com. This follow-up illustrated her adolescence in Texas in the early 1970’s that was a prose of reinvention. Her main purpose during her teenage years was “to manufacture a whole new being or bearing,” in which she describes her path to adulthood via sexuality, drugs, and experimentation.

Karr came to Monmouth not solely as an author or a professional, but as a friend to Michael Thomas, Assistant Dean of Humanities. “I used to baby-sit her son, Dev, back in the early 1990’s when I was a graduate student at Syracuse,” Thomas said. “She was one of the most influential people in my life.” Along with the reading, Karr and Thomas held a poetry seminar in Wilson Hall with five students and professors, where they were able to freely pose questions to Karr regarding her writing career.

Karr will also be reading at Sarah Lawrence College, New York University, Cooper Union, and Princeton University this fall.

Karr has taught at Sarah Lawrence College, Tufts University, and Harvard University, but has been a professor at Syracuse University for the past 15 years.

After the reading, Karr allowed for a question and answer period in which students and faculty members asked her about everything from her recent conversion to Catholicism to her ability to cope with all of the hype surrounding her success. “I hope that by having Mary here that it will raise the potential for the English Department to bring in other writers that are just as successful,” Thomas said. “She’s already caused a buzz,” he added.

Q&A with Mary Karr

LAUREN CIRAULO
STAFF WRITER

Could you see yourself doing anything other than teaching?

I always had a fantasy that I would love to be a coach. Either track or volleyball. I played volleyball in high school and I ran track on and off. Oddly enough, I have a lot of friends who are coaches. One of my best friends at Syracuse is an Olympic swim coach. I’m friends with Bill Jackson, who coaches the Lakers and used to coach Michael Jordan—one of the great coaches in the country. I guess I’ve always had an affinity for jocks. In a way that’s teaching, because you’re telling people what to do and how to do it. But I don’t know, I guess I could always be a chocolate taster.

When “*The Liar’s Club*” went to the *New York Bestseller List* in 1995, did you see a higher registration in your classes?

Not really at all. I think that every year I teach I become a better teacher, and that may account for any increase in registration. So, my experience is that students find my classes more and more interesting. Most students care for maybe a minute. They’ll see you in *People* magazine or on *Good Morning America* and think it’s cool. They like to tell their parents so they know there’s not an idiot teaching them, which is not necessarily true since there are a lot of idiots in the news. That’s the

great thing about youth, though; they’re all about questioning what’s officially liked. They’re pretty cynical about traditional character recognition. They want to see who I am first before they believe the hype. I mean, if I was the most famous writer on the planet, a Noble Peace Prize winner or Poet Laureate, and I was not genuine with them, they wouldn’t take my class.

What advice can you give students who are aspiring to write?

To read. And to rewrite. I’m not a very good writer really. I’m a very good rewriter. I usually go through about 70 drafts per poem. But reading, and trying to get a sense of history; trying to read something before Elvis. It’s actually very hard to do at first because as a young writer, you just want to read whatever you can steal from. That’s what I used to do. But the way I did it was I got really excited about a contemporary writer and then I would check out his influences and the influences of the influences and so on and so on. The tradition is to teach from Chaucer on, but I do things backwards. In my experience, that’s the best way writers get a sense of themselves.

Q&A continued on pg. 17

SGA President's Corner

Hello Monmouth University!

The smell of Thanksgiving is in the air. Cooler weather is such a great reminder about the upcoming months and the holidays. Let's start wearing our pajamas inside out and backwards to hope and pray for snow and a day off (you know, like a Monday or a Thursday...not a Friday). Shhh...don't tell anyone I told you to do that.

Congratulations Monmouth! We raised \$8,900 dollars towards the Hurricane Katrina Relief Effort. If you recall, in September, a Board of Trustees member said that they would match the total amount of donations that the MU community raised. That means we are **DOUBLING** the \$8,900 for a total around **\$17,800**.

The Student Activities Board is offering such a wonderful trip – **a cruise to the Bahamas**. I heard that last year's trip to Disney World was fantastic, and I can only imagine how great a cruise will be, with friends, in the middle of January. Go sign up NOW!

Speaking of activities, students often wonder why Monmouth cannot host concerts such as Dave Matthews, and the sort. To bring an act like Dave onto campus, it costs around \$200,000. No organization has nearly enough money to sponsor such an event. There is a certain amount of money allocated in tuition that is given to the Student Government Association to allocate to all clubs and organizations for their yearly budgets. With this in mind,

\$200,000 is a lot of programs that already happen on campus. Free events on campus come out of your tuition dollars, so take advantage of all the opportunities on campus, you are paying for them anyway.

I would like to welcome our newest SGA recognized club to campus – **the Multi-Cultural Club**. They were just very recently granted official club status. If that is something that you are interested in or want to learn more about, visit the Office of Student Activities and they can point you in the right direction to the club, or you can see the club's President, David Saget, who has been trying to get the club up and running for almost two years.

Attention club presidents: SGA still wants to meet with you. I personally have only seen five club presidents, and there are a total of 67 clubs at Monmouth! Vice President, Lynsey White, Chief Justice, Brandon Bosque, and I will all have sign up sheets outside the SGA Suite on the third floor of the R.S. Student Center to meet with you all. Everyone **MUST** schedule a meeting before we all leave for winter break.

Well, that is it for this week. If you have any questions, comments or concerns **PLEASE** contact SGA at SGA@monmouth.edu. I want to answer everyone's questions in this column, but cannot do so unless I receive feedback.

Have a great week.

Alyson Goode
SGA President
x4701

Nothing to Hide exhibit

Pictures help reveal the inner struggles of mental illness

ERIN LUCAS
STAFF WRITER

The "Nothing to Hide" display, located in the Rebecca Stafford Student Center, shows the startling reality families must go through when dealing with mental illness. The display itself has numerous pictures of different families alongside captions that explain the different circumstances each family has dealt with. As with most pictures, you would never guess anything was wrong with any of the people, yet their smiles do not need to convince you that they are happy, because the truth is, they are.

Millions of people are diagnosed with mental illnesses and do not have a choice but to adapt and learn to live everyday as they would before. There is the obvious choice of medicine which in most cases can control the illness, but sometimes it isn't that simple. One picture shows a middle aged Latino man. When you read his caption you learn that his culture believes illness is passed on by an ancestor as punishment. Their culture believes so strongly in this that it's often hard for a doctor to help treat the problem. Fortunately the doctor of this man had understood the strong beliefs central to his patient's background and encourages other doctors to realize this as well. He made the man realize he wanted to help him and make him feel comfortable by understanding his culture.

In life it is almost required to try to have a positive attitude, to change the things you can, and laugh at the things you can't. This encompasses the attitude of a woman featured in the display. She was diagnosed with manic depression, and swears that it was her sense of humor that got her by. She has a regular job but is employed as handicapped and quotes, "As sick as I was, I never lost my sense of humor."

Another woman diagnosed with schizophrenia refused to let it change her life and her husband felt the same way. It did not faze him that she was sick, and together they adopted three children from Costa Rica, who to this day, (even though grown up) call her "mama".

Sometimes the sun doesn't always shine right away, it might take a few storms to blow over, before the sunny side shows. One girl had a sister that was mentally psychotic and often had tantrums. The girl was embarrassed to bring anyone home, fearing they would think differently of her. As time went by her sister received the proper medicine, and this girl's view has changed completely. She quotes, "Now I'm proud of her progress and I respect and admire her." As anyone can see, life can be hard enough without adding anything extra on. These families are not different, or strange, and have no reason to be embarrassed. Instead, they should pride themselves in their strength for dealing with the hand they have been given.

Lamda Pi Eta cupcake sale

National Communication Association Honor Society



Members of **Lambda Pi Eta** (left to right) Joanne Licitra and Vanessa Gruszka decorate a cupcake.

LAUREN BENEDETTI
EDITOR IN CHIEF

Lambda Pi Eta, the Communication Honor Society sold cupcakes on the first floor of the Jules L. Plangere, Jr. Center for Communication and Instructional Technology on Thursday October 27 and Monday, October 31 to raise money for honor society inductions.

Lambda Pi Eta raised approximately \$100 and all materials used to decorate cupcakes were donated by local business's.

"The cupcake sale was an opportunity for the communication honor society to not only raise money for our fall induction but to get recognized on campus," said Theresa Soto Lambda Pi Eta President.

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AXP organizes annual community patrol



PHOTO COURTESY of AXP

The Members of AXP host the fifth annual Halloween community patrol in conjunction with Sigma Pi, Alpha Sigma Tau, Lambda Theta Phi and Theta Xi.

HASAN MEMON
CONTRIBUTING WRITER

President Gaffney II and Vice President Nagy were two of the most prominent members of the AXP community patrol on October 30 and 31. The watch was focused on preventing trouble on mischief night and promoting safety of kids on Halloween. Senior Kevin Albert Phelps organized the event this year in hopes of continuing to show Monmouth's commitment to the community. "AXP has been doing the community patrol for the last five

years and we have been doing it to keep the community safe," Phelps said. "I am glad that AXP led Greek Life this weekend in the community patrol" said Profes-

Alpha Sigma Tau, Lambda Theta Phi and Theta Xi. The event was organized with the Long Branch Police Department with the help of Lt Horrach and Sgt. Passantino.

The community was relatively safe on mischief night. However, the block on the corner of Avery Avenue and Sayers was toilet papered completely. "There wasn't one tree left untouched on that street," said sophomore Chris Weeks. The incident was reported into the Long Branch Police Department but no arrests were made because the mischief makers had left the scene.

"AXP has been doing the community patrol for the last five years and we have been doing it to keep the community safe."

KEVIN ALBERT PHELPS
Brother of AXP

sor William Gorman of the History department at Monmouth. AXP was joined by Sigma Pi,



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Waxing

Eyebrow	10.00
Lip	8.00
Chin	8.00
Bikini	25.00

Comedian Jason Stuart entertains MU community

DEBRA PACHUCKI
STAFF WRITER

"If you let us get married, we'll stop marrying you," said gay comedian/actor Jason Stuart on the issue of gay marriage. This was during a free performance he gave for Monmouth University students Wednesday, October 26 in Anacon Hall.

Stuart, whose MU performance was one of many on his current U.S. college tour "Looking for Mr. Right," both entertained and enlightened students about gay awareness during the hour-long act, sponsored by the Student Activities Board [S.A.B].

The evening began with a slow start due to the low turnout of about 30 to 35 students, as well as technical problems during the show's introduction, which featured various clips of Stuart's past performances during his 22 year career on sitcoms such as *Will*

Much of Stuart's act focused on issues regarding the gay community, such as marriage and prejudice. Although such content is usually regarded as a serious topic, the comic emphasized gay awareness in a way that was entertaining and funny, without being overwhelming.

Dan C., a resident of Long Branch, was a recurrent target of Stuart's homosexual humor throughout the night.

When asked if this made him uncomfortable or angry, he laughed and said "No! I think he could sense that I am very secure in my sexuality, and he knew that I could handle it!" Dan went on to mention that "Stuart got a serious point across through making people laugh, and I think that's a really cool approach."

Dan's comment reflects that of Stuart himself, when asked about his reasons for becoming a comedian.

He stated, "People always said

"I took something negative and turned it into a positive by making people laugh."

JASON STUART
Comedian

and *Grace, My Wife and Kids*, and *Fat Actress*. Nonetheless, the comic quickly captured the interest of the audience when he facetiously singled out a student who walked into the show about two minutes late, interrogating her about where she had been.

As the evening progressed, audience members took turns being the subject of Stuart's act. It was all in good fun, as he also poked fun at himself and his own Jewish heritage. But while most students laughed, only slightly uncomfortable with their own inevitable participation, a few were intentionally unresponsive to the flamboyant and off kilter comic.

"He was so funny, it was like watching *Will and Grace* live. He's like Jack, with an edge," said sophomore Jen S. of the performance.

"And when he singled us out, it wasn't even really embarrassing or anything, because it was such an intimate show," she added. "Everybody had their turn. And when it wasn't your turn, it was totally funny to watch Stuart pick on someone else!"

I was a funny kid, but to me it was all about fear. As a gay kid, I was so different from everyone else, and treated so badly for it; comedy became my way of protecting myself." The comic went on to say, "I took something negative and turned it into a positive by making people laugh."

Stuart said that among his original influences are Whoopi Goldberg, Sandra Bernhard, Richard Lewis and Kate Clinton, the first openly gay comedian. Although, Stuart no longer watches comedy in order to preserve the freshness and originality of his act.

The performance was an overall hit. Stuart received a warm round of applause from the audience at show's end, and stayed to answer questions and talk with a number of students afterwards.

Anyone who missed the show, but is interested in catching Jason Stuart's next act, movie, or guest appearance on a variety of sitcoms should go to www.jasonstuart.com to find the performer's upcoming appearances and show dates, as well as a full biography and clips of past performances.

PRSSA hosts speed-dating under the stars

PRSSA PRESS RELEASE

On Friday, November 4 the Public Relations Student Society of America will host their second annual speed-dating event "Speed-Dating Under the Stars" at 8p.m. in the basement of Spruce Hall. Come join this fast-paced three minute dating pool and possibly meet your match. You not only have the chance to get to know other interesting singles but also an opportunity to win many lavish prizes. Participate in fun, flirtatious contests and a raffle to win such prizes as movie tickets,

gift certificates to upscale restaurants, free Blockbuster rentals, and a chance to keep that summer tan long into the winter months. Make sure to come hungry, free food and refreshments will be available to all who come.

From November 1st to the 3rd sign-ups will be held in the Magill Commons Dining Hall. If you do not make it to sign up, don't worry it is only encouraged not required. This free event is open to both commuter and resident students of Monmouth University. Make sure you stop by on November 4th at 8p.m. in the Spruce Hall basement to meet your soul-mate.



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GET INVOLVED!

UPCOMING STUDENT EVENTS

- Wednesday, October 26**
Chocolate Factory
12:00-4:00 PM, RSSC 1st Floor Lobby
- Signs of Suicide Workshop
1:30 PM, RSSC Anacon A
- Festa Italiano
2:30 PM, RSSC Anacon B
- Jason Stuart - Comedian
9:00 PM, RSSC Anacon B
- Friday, October 28**
Women's Soccer vs. CCSU
2:00 PM, Great Lawn
- Weekend Movie - Charlie & the Chocolate Factory
8:00 PM, Young Auditorium, Bey Hall
- Saturday, October 29**
Weekend Movie - Charlie & the Chocolate Factory
3:00 PM & 9:00 PM, Young Auditorium, Bey Hall
- Michael Blackson - Comedian
7:00 PM, RSSC Anacon Hall A
- Sunday, October 30**
Daylight Savings Time - Fall Back 1 Hour
- Women's Soccer vs. Quinnipiac
1:00 PM, Great Lawn
- Hindu Temple Trip, Queens, NY
9:00 AM Depart, \$3 by 10/28
Sign up in International Stud. Serv.
- Monday, October 31**
HAPPY HALLOWEEN
- Wednesday, November 2**
Ex. Ed. Changed My Life
2:30 PM, RSSC Anacon Hall
- Everyone Wants to be a STAR!
8:00 PM, RSSC Coffeehouse

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@ 8:00 PM

Saturday, Oct. 29
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Coffee stimulates your heart, respiratory system, and central nervous system as well as nervousness, irritability, agitation, headaches or ringing in the ears.

IMAGE PROVIDED by Google

Caffeine Craziness

AMY MUSANTI
STAFF WRITER

Before you take that next sip of coffee, there are a few things you should know. While it may be a quick way to stay up late and finish a paper, the side effects of caffeine will keep you awake past the paper’s deadline.

According to Kathy Maloney, Director of Health Services at Monmouth University, “people with normal kidney function will excrete 13% of the ingested caffeine per hour.” This means that after you drink 12 ounces of Coca Cola (containing 34.5 milligrams of caffeine) your body will need around eight hours to rid itself completely of that small serving! Certainly you would not want to be kept awake for eight hours when it only took you three hours

to write that late night paper.

Kathy Maloney notes that students often wonder why they cannot fall asleep at night. She suggests it may be the Starbucks they had earlier that afternoon. A 16 ounce Café Grande is jammed with 550 milligrams of caffeine! I’ll let you do the math on that one.

If you choose tea because you think it will keep you from getting wired, choose something else. According to The Center for Science in the Public Interest, a 16 ounce serving of Celestial Seasonings Lemon Ginseng Iced Tea contains 100 milligrams of caffeine. That is the same amount of caffeine as one No-Doze energy tablet (www.keypharmaceuticals.com).

Think you are addicted to caffeine? You are probably correct. Caffeine is an “addictive drug” that operates using the same

mechanisms that heroin and cocaine use to stimulate the brain (www.howstuffworks.com). In addition, Wikipedia.org finds that it acts as a pesticide because in its natural form, it has been found to kill bugs that land on the caffeine plant. Does it bother you that something strong enough to kill bugs is now being sent through your body?

The American Psychiatric Association finds that the ingestion of 250 milligrams or more of caffeine is considered an overdose. This is when you will experience restlessness, nervousness, excitement, and most commonly, insomnia.

If you want to kick the caffeine habit, start with a method that Coffeefaq.com calls “caffeine fading” by reducing your intake by half a cup each day. You can also try reducing your weekly intake by two to five cups. Keep a daily journal to record your caffeine intake. Remember that caffeine is also found in chocolate, soda, headache pills, and tea. After one week of tracking your consumption, take a small step in reducing or cutting out one of those forms of caffeine.

It is recommended that you do not switch to decaffeinated coffee because that has been found to be just as addicting as caffeinated beverages. Use of this method should help to combat the addiction, or at least lower your intake to a normal, healthy one.

Quitting cold turkey provides an easy way out for some people, while others experience major withdrawal symptoms. Since your body becomes used to the large amounts of caffeine, when you take it away, it fights back by lowering your body’s blood pressure. This leads to excess blood in the head, which then leads to what is commonly known as the headache. These withdrawal headaches can become quite severe and may also make you quite nauseated.

Contrary to what you may hear and believe, coffee does not cure a hangover, but it will make you wide awake, according to Stephen Braun, author of *Buzz*, a book on caffeine and alcohol. Caffeine can also cause osteoporosis in women, birth defects in children (found by the FDA), infertility, and heart disease.

If you are serious about reducing your caffeine intake, consider some healthier alternatives for your diet. Try herbal tea, caffeine free sodas such as 7-Up, Sprite, or orange soda, and the always simple beverage, water.

LAUREN NAPOLITANO
FEATURES EDITOR

“Habit is habit and not to be flung out of the window by any man, but coaxed downstairs a step at a time.” ~ Mark Twain

We all have naughty habits we secretly (or openly depending on the habit and person) indulge in. Some are minor, some are major, and some are down right disgusting. Bottom line is they are hard to kick.

You have made attempts in the past to nix any bad habits you have formed over the years, unsuccessful every time. Here is a list of some common and not-so-common habits and advice on how to finally get rid of them.

Cursing: This is one habit we all engage in from time to time. However, some people are excessive and curse at inappropriate situations. It can cause an individual to appear uncouth, ill-mannered and, at times, unintelligent. If you suffer from “truck driver’s” mouth, try substituting with words that sound similar to curses.

Gossiping: Let’s face it, gossiping is almost like an innate quality. Everyone engages in some level of gossiping at some point of their lives. It is a sign of insecurity or boredom with one’s own life and might hurt feelings or welfare of others. To overcome this catty act try taking up a new hobby to keep your mind off other people’s business.

Chewing with mouth open: No one wants to see what your food looks like after it has left your plate. Chewing with your mouth open is a sign of bad manners and makes a poor impression at meals. Bottom line, keep your mouth shut when you’re eating. Try to be more conscious of the way your mouth moves next time you’re at the dining table and eventually keeping you mouth closed will come more easily.

Procrastinating: As college students, we have all become too familiar with procrastination. It stems from fear of failure or adverse feelings toward a particular activity and results in late fees, missed opportunities, stress, insomnia, daytime drowsiness, etc. Use a daily calendar and to-do list to monitor tasks to prevent it. You can also try to provide personal incentives for completing things.

Exaggerating: Sometimes we get overly excited and tend to exaggerate to make a story sound better to make a bigger impact. It stems from desire to improve the truth, may lead others to distrust you and borders on lying in extreme cases. Try using a disclaimer so listeners realize you are exaggerating, for example “I’m exaggerating a little bit, but ...”

Name dropping: If you are guilty of this habit, nix it ASAP. It is a sign of insecurity at social gatherings and usually backfires, alienating more than it impresses. Try to resist the urge to mention specific names. Work on confidence building and realize people will like you for being genuine.

Flaking out: Do you tend to make promises and have the intentions of doing certain things but never follow through? Flaking out reflects fear of commitment and disregard for others, causes others not to depend on you and may change relationships in your life. Only say yes to social engagements that truly interest you. Force yourself to carry out plans once you make them.

Did you know?

Courtesy of Neuro Linguistic Programming

Fact # 1 Fact # 2 Fact # 3

Coffee requires your pancreas to over-work. This is because your pancreas now has to produce extra insulin to reduce this extra blood sugar. Once the extra insulin has ‘mopped up’ the extra blood sugar your temporary lift from the caffeine ends.

Coffee stimulates the cortex of your brain raising the intensity of mental activity. This results in a temporary feeling of alertness and banishes drowsiness. In those who already have high levels of anxiety the heightened intensity of mental activity can cause negative effects.

Coffee stimulates your heart, respiratory system, and central nervous system and causes messages to be passed along your nervous system more quickly. It also makes your blood more ‘sludgy’ by raising the level of fatty acids in the blood stream.

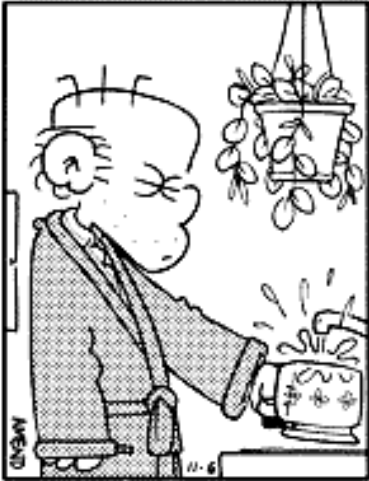


IMAGE PROVIDED by Google

Smokers beware

Read on to learn about the dangers of nicotine

ASHLEIGH JOHNSON
STAFF WRITER

The following anecdote is one of thousands of testimonials presented by the Emphysema Foundation. “I have a disease known as emphysema. I would like to give all teenagers a brief description of my life as a person with emphysema. The facts that I provide to you will be a true-life experience of my trials and tribulations with my disease.

‘Young people sometimes do not realize that smoking can destroy their future. They do not understand the problems that can develop from smoking. They do not understand the affect it can have on their health.

‘When I was a young person, I never realized that smoking could diminish the most important factor in my life: my breathing. When you can’t breathe you begin to realize how insignificant a cigarette can be in meeting your daily habit. I wish now I had never had a habit of smoking. I realize now breathing is a life function you can not live without, but cigarettes you can.

‘If you had endured the pain I have suffered throughout the last 10 years, you would never smoke a cigarette. I have had several collapsed lungs, my back cut open, and had my lung partially removed. I have also spent months at a time in a hospital away from my family.

‘The suffering is still not over; I now have to have my other lung partially removed. This procedure will prolong my life for a later lung transplant.

‘Now, do you think I have suffered enough for my desire for a cigarette? If you smoke you could truly experience my life. I would

never wish this disease on anyone. Please, think twice before you smoke.’

“If you smoke now, please stop and remember the story of a lady who destroyed her life for a cigarette. We are sorry to report that we lost Glenda on January 15th, 2000.”

According to the Center for Disease Control and Prevention, smoking is the most preventable cause of death in the United States. Over 400,000 of the deaths in America are smokers. In other words, one out of every five deaths was facilitated by cigarettes.

Emphysema is not the only disease related to smoking. Ten million of these deaths are caused by heart disease and various respiratory diseases. Statistics also show that smokers die approximately seven years before nonsmokers. Smokers are also affecting the lives of those around them. According to the United States Environmental Protection Agency, second hand smoke causes 3,000 deaths each year. These people were mainly diagnosed with lung cancer and heart disease.

The effects of smoking include: a lower level of lung function, early signs of heart disease and stroke, as well as lower levels of endurance and performance during physical activity. The girls who smoke because they want to remain thin should rethink their plan. Smoking is hindering your ability to endure and execute a physical workout. The healthier way to maintain one’s figure is to put the cigarettes out and hit the gym.

The Chronic Disease Control (CDC) center presents a much more serious consequence. CDC cites that cigarette users are eight times more likely to use marijuana and 22 times more likely to use

cocaine. All of these negative effects are preventable. It is amazing the number of people who know all the facts about cigarettes and the harmful effects but continue to smoke.

Harvard conducted a study that showed that the smoking trend continues to rise in 99 out of 116 colleges and universities. In previous years, the majority of smokers were not attending college.

For those who use smoking as a stress reliever, there are many healthier alternatives to relieve stress. Try taking up a new sport or going for a run. Engaging in yoga-like activities is also very relaxing and rejuvenating.

Anything can be accomplished if you put your mind to it. Find a reason to quit before you contract a disease and are forced to quit. When choosing to quit you have to really want to. You have to put your whole heart into it because quitting will not be easy. Like achieving anything, it takes hard work and dedication.

Make a list of reasons it is important for you to abandon smoking. Then every time you have a cigarette craving review your list. You also cannot merely limit the number of cigarettes you smoke. A cigarette is a cigarette. There is no healthy number or type of cigarette. The good news is, half the battle is realizing that you have to quit. This realization helps you deal with the bad moods and cravings.

If you think you need help quitting there are many groups that provide free information and support. Also, doctors and dentists are also good sources. A localized option is the Monmouth University health center. The health center created a program to help students kick their cigarette addiction. Get help quitting before you are forced

Who are smokers?

Cigarette smoking and tobacco use is an acquired behavior, one that the individual chooses to do. Therefore, smoking is the most preventable cause of premature death in our society.

According to the Centers for Disease Control and Prevention (CDC), 46.2 million US adults were current smokers in 2001 (the most recent year for which numbers are available). This is 22.8 percent of all adults (25.2 percent of men, 20.7 percent of women), nearly 1 in every 4 people.



According to Cancer.org, tobacco consists of dried tobacco leaves, as well as ingredients added for flavor and other properties. More than 4,000 individual compounds have been identified in tobacco and tobacco smoke. Among these are more than 60 compounds that are known carcinogens (cancer-causing agents).

Are you an addict?

LAUREN NAPOLITANO
FEATURES WRITER

Do you think you may have an addiction to some kind of substance to the point you can’t get through your day without it? Take this quiz from Wellnessnet.com to see if you suffer from substance dependence.

1. “The drug, substance or behavior helps relieve emotional or physical discomfort or it helps lift my (another person’s) spirits.”
Yes No
2. “If I (another person) stop it (drug, substance or behavior), I (he or she) soon begin to miss or crave it.”
Yes No
3. “I used to get a “high” using or doing it . . . but not much any more.”
Yes No
4. “Sooner or later, my health is hurt because of it, or I suffer financial difficulty, unhappiness, damaged relationships, legal trou-

ble, uncomfortable moods, stress or job problems.”
Yes No

5. “It now takes using or doing more of it than when I started.” Example: When someone begins smoking nicotine, he or she might easily smoke two or three cigarettes a day and do that for weeks, months or even years. But over time, daily smoking increased to a pack or more
Yes No
6. “I’m unable to keep my involvement with it under control. Maybe I do okay for a while, but then it gets to be too much.”
Yes No
7. “At least sometimes, I hide my need for it or feel guilty about it.”
Yes No
8. “I have tried stopping (or cutting back) to remedy the situation.”
Yes No

Now count up how many “yes” answers you have and write it down.

If you gave fewer than five (5) “yes” answers, that indicates either you aren’t addicted or you’re in the early stages of addiction.

If you gave five or more “yes” responses, this may be a sign of addiction.

For those of you who answered mostly “yes”, you should reevaluate your habits. With any addiction, it’s best to assume you are safe enough when you are entirely free of it. For example, those addicted to alcohol or nicotine who survive ultimately come to the conclusion that any use of the substance is too much.

Once the drug is eliminated, take staying free of it in small steps. Promise yourself to be free of it this hour, then this morning, then this day. Take care of the next block of time only when it gets here.

If you “mess up” and partake in the substance you have an addiction to again, you consider that to be a part of a process of getting free, rather than a failure.

Employ relaxation, self-hypnosis or meditation audiotapes. They offer the same relief as the substance

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HOW TO SUBMIT ARTICLES OR LETTERS

The Outlook provides the Monmouth University community with information concerning issues in and around the University while serving as a forum for expression of the ideas of its readers.

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All copy must include the author's full name and contact information.

The Outlook accepts articles and graphic material from students, faculty and administrators, and reserves the right to edit or reject any material which is not suitable for publication or its readers. Copy and advertising appearing in The Outlook do not necessarily reflect the views of Monmouth University or The Outlook.

Private information for who?

Editorial

LAUREN BENEDETTI
EDITOR IN CHIEF

We might assume that nothing new could be said about the issue of privacy beyond the basic notion that it is something secluded from the inclusion of others, a virtue and right that every citizen of a democratic society might possess.

However, if that were actually the case then we would not see our culture involved in debates about the issues regarding privacy and anonymity as they relate to new information technologies.

The primary reason for such concerns is that information has become a commodity in what we have come to know as the information age. With the dawn of new technologies; particularly that of the Internet this information can be sold and exchanged quite easily.

Before the use of widespread computer technologies, our personal information had no real value beyond its immediate transaction. When data and information was provided by a citizen or consumer it had no secondary reuse. However, due to advances in technology and data retrieval systems and transactions, information has been given commercial value, especially with regards to the issue of who owns and controls this information.

The information age has been a period that has allowed rights to privacy to become seriously

jeopardized by new information technologies.

Recently the university posted students' personal information on the World Wide Web. Although this was an accident, the matter can not be taken lightly.

One of the vital pieces of information posted by the University was students' social security numbers. According to EPIC.org, "the Social Security Number plays an unparalleled role in identification, authentication, and tracking of Americans. Because the identifier is used for many purposes, it is valuable to those who wish to acquire credit, commit crimes, or masquerade as another person."

It was also noted by EPIC.org that the widespread use of the SSN as an identifier and authenticator has lead to an increase in identity theft.

According to the Privacy Rights Clearinghouse, identity theft now affects between 500,000 and 700,000 people annually.

Victims of SSN crimes usually do not discover the crime until months after its occurrence. Some victims spend hundreds of hours and substantial amounts of money attempting to fix ruined credit or erase a criminal record that someone committed in their name.

Although there have been no reported cases to the University regarding SSN crime, whose to say the information will not be used in the future?

Think about this...

A professional identity thief would realize the information obtained was student information for a number of reasons. One of the most obvious being the fact that grades were posted along with other undergraduate information. And don't blame me for assuming that somewhere on the link there was a Monmouth University tag attached.

Now, if I were a professional thief I would not use these posted SSN's for another 10 or 15 years when these individuals have real money and established credit.

Many undergrads fall under the common term, "struggling college students," right?

Since privacy is a common and public value it should be defined as the right of society to require institutions and individuals connected to network systems to use information in a manner that is more respectful of the shared interests in that information.

Information technology is another classic case of advances and breakthroughs that can be used for constructive or destructive purposes. It is the amazingly fast pace of information technology in American society that has caused the greatest tensions and deserves the closest scrutiny.

Have you or anyone you know had their personal information stolen? I would hate to find out.

AMUSED

By: KEVIN NORTH



• Outlook Comic Contest •

The Op/Ed section of the *Outlook* is having a comic contest! This week's winner was Kevin North. If you would like to see your drawings grace these pages either e-mail a scanned image to Outlook@monmouth.edu or drop them off on Monday's between 4 and 9 p.m.

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Love is in the air

The pitfalls of dating and ‘singleness’ at MU

KATELYN MIRABELLI
CONTRIBUTING WRITER

There is nothing better in life than when one has the time to sit down, relax, and turn on the television. Recently, however, all I see on prime-time television are shows filled with couples and romantic themes. Although I do watch Laguna Beach, One Tree Hill, Gilmore Girls, and other similar television shows I don’t know if I simply never noticed this before, or if the media is actually trying to rub in the “singleness” of some viewers, such as yours truly.

So once annoyed by all of the gushy love displays, one might turn off the television, go for a walk, across campus for example, and see couples holding hands, kissing, and all of that other nonsense. I don’t know if it’s just me, but it seems like when one is single, the prevalence of people in relationships increases. I have been single forever plus a day

If you actually find someone decent enough to call them your boyfriend or girlfriend, then you have won half of the battle so stop complaining.

Singleness doesn’t seem to bother most males. However, speaking from the girl’s point of view, I would have to say that after years of being single, one has to wonder what is wrong with her. I am not the self-doubt, insecure type. However, I sometimes find myself wondering why some guy just stopped calling/talking to me; as if he fell off the face of the earth (sometimes I wish that were the case). We live in a day and age of technology. Between cell phones, computers, etc. it is hard to have an excuse NOT to get in touch with a girl...so I applaud the men who do this!

Maybe it is that I tend to go for the wrong “type” of guy, as I am sure this is a common problem with young females today. For instance, after a guy I thought I could have liked somehow manages to mess things up, I constantly hear from

Maybe it is that I tend to go for the wrong “type” of guy...after a guy I thought I could have liked somehow manages to mess things up, I constantly hear from friends, “You could do so much better!” Not that this is untrue, but where or what is “better”? If any girl who gets her heart broken could, in fact, do “better,” then why is she the one left even lonelier than the boy who treated her poorly? I don’t know, there are just too many mysteries in dating, and every time I say “I give up this time!” Some other boy finds a way to drag me back into the vicious cycle of ridiculous games that men and women play. If you really are a “nice guy” (if there is such a thing out there) I apologize for my rant of frustration against your gender, and you can give me a call!

and these things have never really gotten to me. However, I am becoming increasingly aware of the institution that we refer to as dating.

On the other hand, I don’t really see why girls settle on some of these guys. When a couple is in a relationship for a while, it seems like the only thing that happens is that they fight constantly, over the pettiest details. If you are in a relationship, be happy, if not, say good-bye! I am so sick and tired of hearing about so-and-so fighting over who called whom last, and how he or she doesn’t make time for their significant other...I think you get the point.

friends, “You could do so much better!” Not that this is untrue, but where or what is “better”? If any girl who gets her heart broken could, in fact, do “better,” then why is she the one left even lonelier than the boy who treated her poorly? I don’t know, there are just too many mysteries in dating, and every time I say “I give up this time!” Some other boy finds a way to drag me back into the vicious cycle of ridiculous games that men and women play. If you really are a “nice guy” (if there is such a thing out there) I apologize for my rant of frustration against your gender, and you can give me a call!

Stark Raving Bland

Weekly observations and ravings

REUVEN FELDMAN
STAFF WRITER

According to the Free Food Index of Doom, I am mildly screwed.

This index is a sure way of assessing the severity (scariness) of an event you are attending. For example, if the refreshments/breakfast/buffet has fruit platters containing fruits that are currently out of season even in most respectable rainforests, followed by a Belgian Waffle station, you are probably at a pretty heavy duty affair or convention. If however, you come to an event and are presented with single serving boxes of cereal and various people fighting over the free prize from said cereal, you can relax, you’re probably at camp. I however, am looking at a “Continental Breakfast.” This name was derived from the original Valley Forge breakfast, eaten by the First Continental Army and little has changed over the years. Everything is cold and in small portions: mini bagels and muffins, spreads to go with both, and cold drinks. I’m to nervous to do more than nibble on a bagel that appears to be of Caucasian descent (also known as “Plain”) while continuously taking swigs from my bottle of sugar-water, infused with small amounts of apple juice (also known as “Concentrate”).

I try to calm down, but the sugar is just having a great time with my pulse and so I walk over to the reason why I am at school on a Saturday morning, bearing a name tag, wearing a suit, and listening to the soundtrack that is my thumping heart. This “reason” is a tri-fold poster that display’s the results of the biology-based research I have been doing since the beginning of the summer. Not to bore, but together with Dr. Rhoads and a fellow student, Lisa Stickle, we have been researching the results of alcohol consumption on juvenile rats and I am now presenting at the 38th Metropolitan Association of College and University Biologists (MACUB) meeting which is being held here at Monmouth.

I look at my poster. It looks back at me. If it could talk, it would yell at me for wearing the same outfit to the same event. I have on a black suit with a thin blue pinstripe in it and a white shirt with a blue tie containing other lines of blue. The poster is slimmer, also in black with white paper and various shades of blue bar graphs. I tell it that if not for me, it would not be here and that it should stop complaining or it will end up in close proximity of an industrial strength paper shredder with rusty teeth.

It was simply beautiful, her work had touched people all over the globe

After meeting some students from other colleges, I come back and a lady with a clipboard is talking to Lisa and as soon as I make eye contact, she prompts me to begin talking the lady thru the poster. Inward sigh of “here-goes-something-that-I-have-worked-hard-on!” and I’m off!: “Recent surveys have shown an alarming increase in alcohol consumption among adolescent and pre-adolescent children...” 10 minutes later, after several head-nods in my direction from her and a pretty decent explanation of our work, I gulp back down that sigh and am informed by Lisa that “you were fine.”

Next, with the help of a few MU biology students directing the crowd of over 200 people, we go to Pollack Theater. In there, we get a small speech from President Gaffney who looks as if he is dressed for a spot of golf if the world was still in black and white which it soon is, as all the lights are turned off except a white spotlight on him as he introduces the guest speaker. She is a small woman but her lecture discussing her efforts in battling cholera in many different places: a submersible 350 miles of the coast of Oregon, the halls of power in Washington D.C. and Bangladesh’s slums is very interesting and inspiring. She end’s off the later half of her talk by discussing the ways in which she implemented simple techniques to combat cholera in Bangladesh, reducing it by 50%. After she finishes, the lady who has 45 honorary degrees, enough weight in printed scientific papers to sink a medium sized battleship, and at least three jobs at once asked us if we had any questions or comments. There were a few questions which she answered, I don’t remember them but what I do remember was a student standing up in the row behind me, introducing himself to her and then telling us that he was from Bangladesh and that he just wanted to thank her for all the work that she has done there to help his people. It was simply beautiful, her work had touched people all over the globe and now one of those people was sitting right behind me, right here at Monmouth, healthy because of her.

After her speech, we went back to present our posters to anyone who was interested in listening and people actually were. I talked till I was hoarse, then Lisa took over, I walked around for two minutes and then went right back at it till the entire room was empty.

We break for lunch and I’m now ingesting food instead of sugar for the first time that day while sitting with what I have now dubbed the “Sexy Bio Majors”, from Monmouth. Another person gets up to the microphone and starts announcing the winners and I repeatedly start wiping my hands on the cloth napkin. The Community College Level poster Awards are handed out, then...

“And First Place in the University ranking goes to ...”some guy” (don’t know him)- clapping. “Now with Second Place, we had a three way tie as they were all very good blah blah... (come on, I want to win, I worked hard on this the whole summer and more, I cleaned rat poo, got hoarse, smiled enough to advertise for toothpaste and explained my poster pretty damn well today- COME ON!) “The first of our Second Place Award’s goes to Rowan Feldman” (haven’t gotten that pronunciation before!). Our table erupts in clapping and I stand up and let my body take over as the room fades away and I make my way to the front, probably grinning like a madman. Soon I am joined by Dr. Palladino’s group of presenters from Monmouth, and a third winner from another school. The “Sexy Bio Majors” from Monmouth scrunch together for the picture, shouting to the world with their smiles that they are almost ready to enter and improve the world with the knowledge they have accumulated from their teachers, the skills they have developed from their research and everything else that they have gained from the experience that is majoring in Biology at Monmouth University.

QUOTES OF THE WEEK

“I am a firm believer in the people. If given the truth, they can be depended upon to meet any national crises. The great point is to bring them the real facts.”

Abraham Lincoln
(1809-1865)

•

“In men of the highest character and noblest genius there is to be found an insatiable desire for honour, command, power, and glory.”

Cicero
(106-43 B.C.E.)

•

“He who knows does not speak. He who speaks does not know.”

Lao-Tzu
(604 - 531 B.C.E.)

•

“Military justice is to justice what military music is to music.”

Groucho Marx
(1890-1977)

•

“The first human who hurled an insult instead of a stone was the founder of civilization.”

Sigmund Freud
(1856-1939)

•

“The biases the media has are much bigger than conservative or liberal. They’re about getting ratings, about making money, about doing stories that are easy to cover.”

Al Franken
(1951-)

•

“A paranoid is someone who knows a little of what’s going on.”

William S. Burroughs
(1879-1935)

•

“An Englishman is a person who does things because they have been done before. An American is a person who does things because they haven’t been done before.”

Mark Twain
(1835-1910)

•

“We are all here for a spell; get all the good laughs you can.”

Albert Schwietzer
(1879-1935)

•

“College isn’t the place to go for ideas.”

Hellen Keller
(1880-1968)

•

*All quotes taken from
www.quotationspage.com*

Personal Attacks: Not Wanted

CHRIS NETTA
OP/ED EDITOR

DAN ROTH
ASSOCIATE EDITOR

Recently in the opinion section we have had a number of people responding to our articles. We encourage all of our readers to respond to any article that they like. It’s the fun part of what we do. It also lets us know that you are enjoying our pieces. In the heat of debate, however, some things were recently stated which could be either viewed or misconstrued as personal attacks on the authors. Please know that this is not acceptable. Regardless of whether or not it is an Outlook staff member or a contributing writer, if articles are written with insults in them, they will not be printed. As college students we should be past making petty insults. Once again we highly encourage responses to our articles; all we ask is that you show some dignity in how you present your case.

In particular, articles appearing in this section should not be personal in any manner, and there is little to no reason to bring up a person’s name in the article. Personal invitations, insults and abuse will not be tolerated in the Op/Ed section of the Outlook. We enjoy receiving and reading your articles, whether they might be political or satirical in nature. It is understandable that in the heat of a political or religious argument some things can be said due to the high tempers and personal opinions people hold for these things. But we do not condone, promote or support those who want to insult each other. We are all students here, and it is these differences in opinion which make Monmouth, and to a larger extent, America, great. These differences are the latticework of a metaphorical American flag which we are all part of.

OPINIONATED

BY SUZANNE GUARINO

The University accidentally posted the personal information of 677 students on the World Wide Web where it was easily accessible through a search engine.

(see page 1 for story)

"As an M.U. student, what is your response to this incident?"



Annarita
junior

"It kind of freaks me out but I guess I have to trust the University with my information because I am a student here."



Nicole
sophomore

"It happened at another school also. Mistakes happen. It does freak me out a little though."



Brian
freshman

"Mistakes happen but this is something that can't be tolerated and can't happen again."



Ashley
junior

"We trust the University with a lot of our information and it's a serious breach of confidence. I feel uneasy because there could be serious consequences like identity theft as a result."



Raven
junior

"It happens. Your personal information is not safe anywhere. Your records are subject to exposure."

The battle over gay marriage

ERIN LUCAS
STAFF WRITER

The Declaration of Independence states, "All men are created equal, that they are endowed by their creator with certain unalienable rights, that among these are Life, Liberty, and the Pursuit of Happiness. That to secure these rights, Governments are instituted among men. Our President claims that does not know if he believes homosexuality is a choice, but he does know we need to treat people with tolerance, respect, and dignity. And that in a free society, consenting adults can live the way they want to live. Yet, he is going out of his way to make an amendment to the constitution to protect marriage as a union between a woman and a man only.

How as citizens of the United States do we have these rights if homosexuals do not have the choice to love freely? More importantly, how can they achieve these rights when their government who is supposed to support its people is doing everything in its power to be against them? Because of the changing world we live in today, gay marriages should be legal on state level, with each state deciding their stance on the matter.

Separation of Church and State states that the structures of state or national government should remain separate from those of reli-

gious institutions. Three fourths of people support gay rights, yet half of all people oppose gay marriages, this having to do with their religious background and the belief that it is a sin. As President, George Bush should be making decisions based on the well being of his people, not on his belief in Christianity and that this sort of marriage is unbiblical. Only 52 percent of people in the US practice Christianity so should the other 48 percent of people have to abide by it? The answer to that would be absolutely not and that is why we have to draw a line on separation of church and state. A constitutional amendment saying that marriage is only acceptable between a woman and man would certainly be blurring that line and basically denying homosexuals of full equality.

...in a free society, consenting adults can live the way they want to live. Yet [President Bush] is going out of his way to make an amendment to the constitution to protect marriage as a union between a woman and a man only.

gious institutions. Three fourths of people support gay rights, yet half of all people oppose gay marriages, this having to do with their religious background and the belief that it is a sin. As President, George Bush should be making decisions based on the well being of his people, not on his belief in Christianity and that this sort of marriage is unbiblical. Only 52 percent of people in the US practice Christianity so should the other 48 percent of people have to abide by it? The answer to that would be absolutely not and that is why we have to draw a line on separation of church and state. A constitutional amendment saying that marriage is only acceptable between a woman and man would certainly be blurring that line and basically denying homosexuals of full equality.

Marriage is a commitment that two people make, vowing to love each other till the end of time, yet one in two marriages will end up in divorce. A man and woman's love is apparently strong enough to walk them down the aisle when they will most likely end up walking to the lawyer's office but a same sex couple does not have the same benefits. When two people get married they in turn get about 400 state benefits and over 1000 federal benefits. Among these are status of next of kin for hospital visits and well as major medical decisions, joint insurance policies, wrongful death benefits, and decision making power dealing with

funeral arrangements should one partner pass away. Being in a same sex couple, partners are denied these rights therefore placing them in undesired positions, such as being denied the right to see their partner in a hospital in case of an emergency or being forbidden from making decisions regarding their partners help even if it is a life or death situation. The constitution continues to state "No state shall deprive any person of life, liberty, or property, without due process of law." The government does not have the right to pick and choose who get certain rights, if one group can marry, all groups should be granted that right. In a country where we are prided on having freedom, how can anybody be put in a situation where loving someone who happens to be the same sex as them be punished and have freedom taken away.

Many people argue that the purpose of marriage is to pro-create and in order to have a baby you need to have a same sex couple. When you really take a step back and look around at what goes on in our world today that statement becomes extremely questionable. If procreation is so adamant in our world than why should someone who is infertile be able to get married? They cannot procreate so what purpose do they have in marriage? How many people are on birth control and if a child supposedly does so well in a household

with a mother and father, why is the divorce rate over fifty percent and why do 28 percent of all children live in an one parent home? Also, in a study of 500 households couples it was shown that children living in same sex couple households, do just as well, if not better than children in heterosexual homes. Over six million children are being raised in committed same sex households and have been proven to be more tolerant of differences. What gay couples are lacking in the fertility area they make up in the love area.

There is absolutely no difference between a human who is heterosexual compared to one who is homosexual. A gay person does not have any marks or traits or anything contagious that will jump out at you. They are just like the rest of us, trying to find their place in the world with someone they love. They too have monogamous relationships, want to start a family, and most of all they have the ability to love just like any normal human being. So who is to say what love is and how it should be defined, no one should, and that is why gay marriages should be legal. In order for church and state to be separated the President needs to realize his religion is not the only one, and even if it was, marriage to different people is defined in many different ways. Who is he to say that love between a man and woman is any different than between two men or two women?

DAN: Unleashed and Uncensored

DAN ROTH
ASSOCIATE EDITOR

Before I get into my article let me say that I have received a great deal of feedback from some of you. This feedback is greatly appreciated. I am always happy to know that the stupid thoughts that go through my brain on a weekly basis are not completely wasted. So for everyone that is reading this weekly piece, I thank you.

This week's article deals with a topic that I think needs to be

end to what that man will do for that woman.

I can tell you from personal experience that I very recently was that guy who drooled on his chin, I can relate that I have and still will go to any length to ensure that girl is happy.

Why? It is something we all do. This time I just happened to be in love, but love isn't required to make a man into a fool. We are naturally.

Now there is a breed of man that ignores these rules. He is called abnormal, and he is also

As men society tells us that we have to make the money, we have to do the yard work; we are expected to know about [electricity], and computers

...we also have to deal with you.

brought to public attention. This week I am going to dispute most women's claim that being a guy is sooo much easier than being a woman. Well guess what, that may be true but we don't have it easy. While you all may have to deal with things like childbearing, PMS, fashion, makeup, high heels, cat calls, and us, we still have our own problems.

As men society tells us that we have to make the money, we have to do the yard work; we are expected to know about electrical crap, and computers. Most importantly we also have to deal with you.

This is not an insult nor am I taking a shot at anyone. I love women, more than anything in the world; I am just stating the facts. See we give you a multitude of problems... we are ignorant, stupid, smelly, disgusting, find joy in playing a game of "my fart smells worse than yours," lazy, hypocritical, sexist, annoying, rude, and brainless we still have one thing left that ultimately gives us the edge, makes our jobs harder than yours. The fact of the matter is that when all is said and done each one of you will have control over one of us.

I just happened to be in love, but love isn't required to make a man into a fool. We are naturally.

Why is that you ask? Very simply, because you can and you were meant to. It is a fundamental truth; it is the very source of balance between men and women. G-d gave us an easy life; G-d gave you the power to control our lives. See while any girl can say no to a guy, most guys can not say no to you. While every man knows that at some point he will be in front of a girl that he is infatuated with, with drool dripping down his chin, all you have to worry about is picking out which of the men drooled the least, before you grace him with your accompaniment to anything.

In the end every one of us will become whipped by some girl that has caught our fancy, and when it happens there will be no

called the type of guy that woman love, the "bada**." This type of man is the reason why good guys don't get the women they should.

It's depressing because nice guys listen to girls and all we hear is you talk about how you can never find a guy that "treats you well"

It's very depressing. Its depressing because nice guys listen to girls and all we hear is you talk about how you can never find a guy that "treats you well," well if all you go for are super good looking guys with even less of a brain that we normally have then how do you expect to find a good one? Chances are you already have, shoot; he's probably sitting right next to you. But, you are too good of friends to want to mess it up with a relationship, right?

Let me just tell you that single statement alone has sent more poor guys to the psychiatrist than the Jerry Springer show.

All I am saying is if you are going to sit down with us and legitimately complain about not meeting a nice guy when your best friend (for more than your physical appearance) likes you, please don't kill him with that line. You will only be adding to the total number of people on Prozac.

Now to all of those women like my ex that HAVE given nice guys a chance, I applaud you. To all of you I hereby award you this weeks "Top 5 Shaaaawing of the week!" You are all doing the world a favor.

When it comes down to it, I realize women have been given the short end of the deal. All I am asking for is for you to realize that we don't have it as easy as you love to believe. This week's word of wisdom is in honor of Halloween... "If you're so ugly that when people see you they automatically assume its October 31st, it's about time you saw a plastic surgeon."

A view of binge drinking among college students

CHRISTINE RESTIVO
STAFF WRITER

The common behavior of binge drinking practiced by partying American college students is actually not as common or accepted among university students elsewhere in the world.

We’ve all been there or seen it, the typical frat party that goes through kegs of cheap beer or the house party prepared for night long beer pong tournaments, and I’m sure it goes without saying that we are all familiar with the “...but I was drunk”, excuse we either used ourselves or heard from a fellow party going acquaintance.



PHOTO BY Ryan Scally

Binge Drinking can lead to many unhappy nights and mornings, in addition to having serious health effects.

The truth is this type of drinking behavior is found to be disgraceful in other parts of the world. That doesn’t mean it is any less disgraceful here but the international peers of American students do not practice binge drinking or find it appealing. Being “totally wasted” is not cool.

Before coming to Monmouth University I attended a school in Germany. I attended German classes with students from all over the world. We lived together in an internationally diverse dormitory and naturally partied together on the weekends. Not once, in my three months of liv-

ing in that dorm, had I witnessed a case of binge drinking amongst my friends, played any sort of drinking game, or went out with the intent to get “wasted”. Think

Being “totally wasted” is not cool.

about that for a moment, waste- usually bad or useless or garbage; now think about applying that adjective to yourself. It really isn’t such an outstanding description of one’s self.

In Europe alcohol is a part of the culture. Germans are famous for beer, Italians for wines, and the French for champagne. Where I lived, (Heidelberg, Germany, which is home to Germany’s largest and oldest University founded in 1386) it was allowed everywhere, in parks, on the streets, on public transportation, and even in our dormitory. In my observations students did not have the urge to rebel or let loose by drinking in absurd amounts of excess and making total fools of themselves.

The drunken behavior that seems pretty main-place at the social college gatherings here in the U.S. is severely looked down upon in areas such as Europe where they are proud of their culture including alcohol, and have lower legal drinking ages. It isn’t to say that they don’t drink and have a good time; they just don’t feel the need to be the night’s beer pong champion, make drunken phone calls, or succumb to severe vomiting after they have been deemed too “trashed” to socialize any longer. “Trashed”, another adjective that ranks right up there with wasted.

The legal ages of purchase dif-

fer in Europe where in Germany it’s 16 for beer, In Italy and France the age is also 16, and in England it’s 18, so alcohol doesn’t really become this enticing object of rebellion or, freedom, or whatever else it is that compels young people to drink to the point of stupidity.

Binge drinking is undeniably a big problem that only continues to grow. It was reported by Prof. Ruth C Engs, Applied Sciences at Indiana University that those under the age of 21 are more likely to be heavy or binge drinkers. 22 percent of all students under age 21 and 18 percent of those over 21 classify as binge drinkers. 50 percent of students also reported vomiting after drinking, and 28 percent reported missing class because of a hangover.

I’m sure it goes without saying that we are all familiar with the “...but I was drunk”, excuse.

It is also a huge problem on the social scene because no one likes to deal with the antics of a much too intoxicated person while they are trying to have a good time. According to Engs’ research 17 percent of students reported to fighting after drinking.

This kind of abusive drinking behavior is not admirable, cool, or entertaining. Drunken behavior is merely a façade that in no way depicts one’s true self.

It is about time that American

students have more respect for themselves, their friends, and their social atmosphere, or maybe they need to have the confidence to stop masking their insecurities with beer and shots. Either way it is enough reason to stop the binge drinking habits of young people and present a much better image of who students in America really are as social beings.

With that said, let’s party and have a good time that can be remembered the next morning.

- FAST FACTS -

- Ancient Greeks were the most temperate of ancient people and stressed rules of moderate drinking.
- Chinese imperial edict 1,116 B.C: The use of alcohol in moderation was believed to be prescribed by heaven.
- The Romans were actually very moderate drinking from the time Rome was founded in 753 B.C. until around the third century B.C.
- Both the Old and New Testaments consistently condemn drunkenness.
- Drinking in moderation has been found to have positive health effects

Source: “History of alcohol, and drinking around the World”
David J. Hanson, Ph D.

OUR TOP 10 GRADUATE MAJORS:

- MBA
- Physician Assistant
- Interactive Communications
- Teaching
- Biomedical Sciences
- Molecular/Cell Biology
- Journalism
- Nursing
- Accounting
- Computer Information Systems



MASTERING THE ART OF TEACHING

Sheila Wycinowski, Director of Curriculum and Staff Development at Amity High School, explains, “Basically we look to hire Quinnipiac students. They have a clear understanding of lesson planning and classroom management and the balance between them.” She also characterizes Quinnipiac students as articulate, creative, able to encourage higher-level thinking in students, and able to incorporate technology into their teaching.

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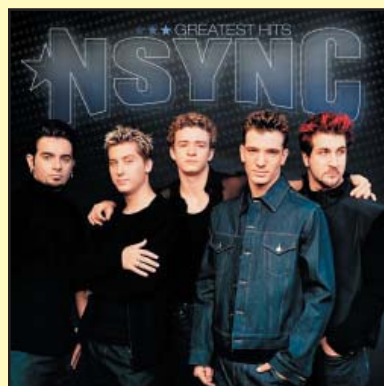
ENTERTAINMENT

The Lyric Lounge

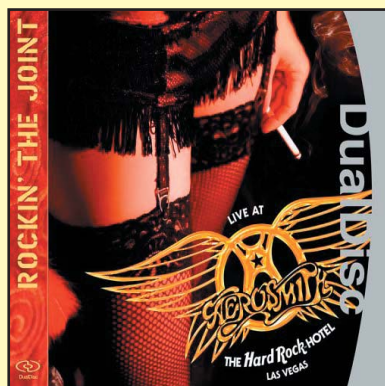
LISA PIKAARD
STAFF WRITER

'Nsync, once again, are trying to rise out of the shadows of the Backstreet Boys. On October 25, 2005 they released a new album, *Greatest Hits*. With the recent success of the newest Backstreet Boys album, *Never Gone*, manager Johnny Wright thought this would be the right time for 'Nsync to reenter the music world, however; they were less than successful. *Greatest Hits* contains many of the songs 'Nsync is known for, such as "Girlfriend," "God Must Have Spent A Little More Time On You," and "This I Promise You." It also contains just a few of those 90's pop songs you wish you could forget like "Bye Bye Bye," "Pop" and "Tearin Up My Heart." Unfortunately, 'Nsync was not graced with the same first week as the Backstreet Boys. This is due in large part to the lack of publicity for the album. Sorry 'Nsync, your time has come and gone. Overall, the album is a flashback to a time that is better left forgotten.

Aerosmith is back and certainly *Rockin' The Joint!* Their newest album is live from Las Vegas. It is rocking with great upbeat tunes like "Beyond Beautiful," "Not No More," and "Draw the Line." The album has many tracks that aren't as well known as the two past hits, "I Don't Want to Miss a Thing," and "Walk This Way." *Rockin' The Joint!* is definitely a great buy with music that you can dance to and have fun with. The only downfall to the album is the quality of the recordings themselves. The poor sound is the only aspect of the album that doesn't shine. The album is actually a duel disc that contains a DVD side that is also worth looking at. The music they chose to record spans from the 1970s all the way through 2001 so it is definitely a great compilation of hits. New music is lacking on this album but to newer fans, their 1970s hits will be just like new!



Sorry guys - The magic you once had with teenage girls is "Gone."



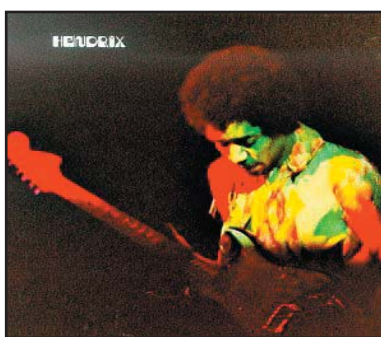
Aerosmith's new release, *Rockin The Joint!* does just that.



THE STASH JAR

Shake, Rattle, & Roll

MARTIN HALO
STAFF WRITER



Jimi Hendrix: Band of Gypsys
Capitol Records © 1970



The Vietnam War had been raging for close to a decade and the Anti-War movement was overtaking American social politics; folk was the driving force. As the conflict became increasingly violent in Southeast Asia, America was about to undergo the final stage that would complete their own cultural revolution. The times were quickly changing as the civil rights movement was breaking down barriers. The beatniks still saturated the village, and the acid tests were in full swing in California. Though rock n' roll was dominating the air waves and bombarding politics, black audiences were immersed in their own brand of rhythm and blues. It wasn't until Jimi Hendrix in late December of 1969, was black culture turned onto the child of their own innovation.

There was a growing anxiety that plagued Hendrix during the late 1960s. Even after the most stunning of musical performances and critical acclaim, his celebrity status in downtown Manhattan, compared to his almost anonymity uptown, was the driving force that led to his vision of rhythmic fusion.

Creative tensions and broken re-



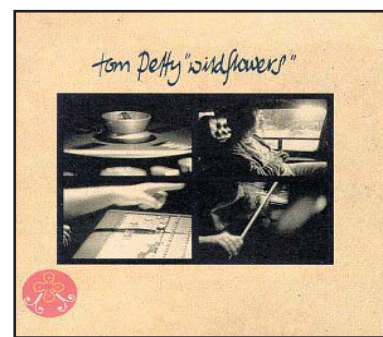
lationships with his record company and band mates opened the doorway for Hendrix to deliver the definitive artistic statement of his cultural generation.

Leaving the *Experience* in his dust, Hendrix acquired Billy Cox, and Buddy Miles, both of whom were black, to fill the void left by Mitch Mitchell and Noel Redding. Finding a home in New York City, the trio spent the summer and fall of 1969 in extended sessions and made a premature but historic performance at Yasgur's farm in August. As the fall months steamrolled, the sessions were marked by increased drug use and heavy experimentation.

Miles, Cox, and Hendrix, along with producer Eddie Kramer, cultivated an electric monster that would raise havoc on live audiences mixing licks, funk, and rhythm & blues. Jimi Hendrix brought rock n' roll full circle; from southern enslavements, through the rise and fall Elvis Presley and the Beatles, and back home to the people of Harlem and black culture.

The project would become Hendrix's most ambitious and impressive achievement, in which he named *The Band of Gypsys*; debuting at the Fillmore East on New Year's Eve 1969.

The recordings from the live concerts are the foundation and raw influence for hip-hop as well as funk. Jimi Hendrix died nine months later from acute suffocation as a result of choking on his own vomit; he was only 27 years old.



Tom Petty: Wildflowers
Warner Brothers Records © 1994



Perfection is a power statement, and with his second solo release in close to five years Tom Petty reached a plateau that he never could achieve with the Heartbreakers, cover to cover perfection. Produced by Rick Rubin, *Wildflowers* is a testament to the artistic texture and feel of what a true American rock n' roll recording should sound like. *Wildflowers* brings home the feelings of now ghostly high school lovers, friends yet to be discovered and a reckoning between our own past and present. Tom Petty is a living, breathing American legend. On *Wildflowers* he proclaims, "It's good to get high and never come down," and for Tom Petty contentment for life is the never ending high.

Wildflowers is a career defining masterpiece. From the most well known track off the record, "You Don't Know How It Feels," to the driving "You Wreck Me," through the dreariness of "It's Good To Be King," the sting of "Honey Bee," and culminating with the majestic "Crawling Back to You," the record is a ride of emotion from the highest peak to the deepest valley leaving us back where we all belong, home.

Scab Dates releases new live album

RUSSELL J. CARSTENS
STAFF WRITER

Live albums aren't always too exciting, but an exception can be made every now and then. On November 8, the high-reaching Texas band The

NEW RELEASE

Mars Volta will be releasing a new collection of live tracks titled *Scab Dates*. It is their second live CD, in addition to the 2003 limited edition *Live EP*. The new record covers songs recorded during tours from 2003 through 2005.

The Mars Volta was born after the breakup of At the Drive-In, a post-hardcore outfit from El-Paso, Texas,

who was on the brink of mainstream success at the turn of the millennium. Equipped with high ambitions in experimentation, pushing limits and musical freedom, former ATDI members Cedric Bixler Zavala and Omar Rodriguez-Lopez got to work starting their band, and released the three-song EP *Tremulant* in 2002.

After touring to showcase their sound, The Mars Volta recorded their first full-length album, *De-Loused in the Comatorium*, in 2003 with producer Rick Rubin at the notoriously haunted L.A. mansion in Laurel Canyon, California. The giant house was also home to the Red Hot

Chili Peppers for two months while recording their album *Blood Sugar Sex Magik* in the spring of 1991.

Like some sort of bizarre, twisted concoction, main songwriter Rodriguez-Lopez melded punk rock with progressive rock, added with a pinch of salsa influence and everything in between. *De-Loused* was a concept album about the trou-

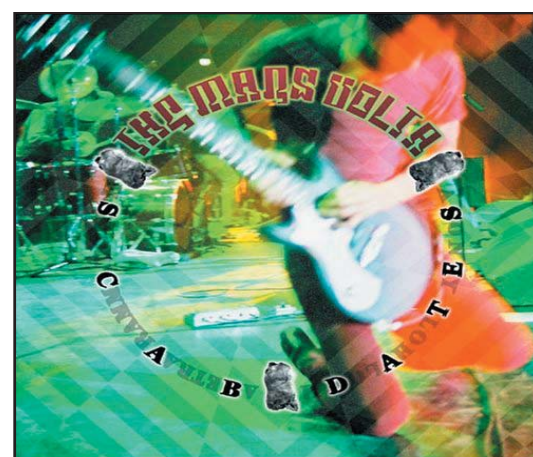
bled life of a friend who died young, told from his perspective as he lay in a coma. It sold well, praised by critics and fans. The group also got a helping hand from the Chili Peppers' bass virtuoso Flea and John Frusciante

played guitar on the song "Cicatriz ESP."

Their second full-length album, *Frances the Mute*, was released in 2005. The media and music community were enthusiastic about the record. Once again driven and enterprising, the songs were based on writings in a personal journal belonging to a late friend of the bands'.

Scab Dates (LIVE), is a six-song, hour-long discharge of aggressive rock twists and turns. It will surely deliver if you're

looking to hear brave, prismatic music that will flood your listening space with colorful sounds.



Scab Dates' The Mars Volta is a culmination of brave and prismatic rock.

IN SEARCH OF HIP-HOP

Newly-released *The Minstrel Show* ridicules today's hip-hop

JENNY ROBERTS
STAFF WRITER

A hip-hop album can be more than tight. It can be better than a club banger. And it can do even more than bring the ghetto to the suburbs. Take, for example, Little Brother's new album *The Minstrel Show*. It surpasses the commercial standards of platinum and gold in that it defies a number of stereotypes. And in today's hip-hop scene, which is filled with rappers that all incorporate the same sounds, I know "y'all" can appreciate that.

In the test of authenticity, every song on Little Brother's CD passes. For once, you can pop in an album produced in a studio located at the bottom of the map where the MC doesn't claim to be the King of the South and the topics go deeper than Lil'Jon's pimp cup.

Typically in hip-hop, we mostly hear purposeful messages spoken through the mouths of Northerner's such as New York's Talib Kweli and Nas. On the other hand, artists from the south almost exclusively bring us the club hits that often become a street anthem. Although this is an accomplishment in itself, in the opinions of many, southern hip-hop has not been able to diversify itself enough. The final track on *The Minstrel Show* touches on this notion: "And this is what the state hip-hop is like. I'm thinking damn that this cannot be right."

With only Outkast to bring us original flavor from the south, the "slow" and "ignorant" stereotypes of Southern states could endlessly go on. But while Little Brother's style does not mirror or even resemble Outkast's, the hip-hop trio has joined them as innovators nonetheless, and together, they are beginning to change people's opinion of the south.

The album is titled after the historic minstrel shows, which were skits that began in the United States in the 1800s. White men would dress up as slaves,

imitating Black Americans who had a genuine fondness of their ancestral culture. In the 1840s, the minstrel shows had become one of the central events in the culture of the Democratic Party. Minstrel shows continued to be popular well into the early 1950s, when high schools, fraternities and local theater groups would frequently perform them. They only lost their appeal once Black Americans gained more political power towards the end of the 1950s.

The content of the album does not harp on this theme, but alludes to it in skits such as the first, entitled "Welcome to the Minstrel Show," which introduces the listener to a fictional TV channel that serves as a modern day minstrel show.

The minstrel shows aren't the only aspect of Black American culture that the album focuses on. The second track, "Beautiful Morning," gives listeners a close look at Durham, NC, a city in the south that is often underestimated due to its geographic location. The third track, "The Becoming," focuses on the skills each rapper brings to the table. In addition, it speaks of the group's personal history and how the trio developed a local fan base playing in area clubs. The next track, "Not enough," continues the chronicle of the group's journey as

black entertainment artists.

Track 17, entitled "We Got Now," speaks directly about the influence the group professes to have and touches upon the difficulties recording artists face when trying to "make it." Lyrics include: "See n****s blowin' up who ain't got your spark and that alone is a burden to carry. Either you get strong or you get buried." Little Brother also surmises that the effect they will have on the rap industry will deepen due to all their hard work, which has gained the respect of their fans. Other rappers simply try to use bling to impress the public. As Little Brother lyrically states: "They [the fans] heard all of your songs...and watched your videos and seen the car you drive. We

know what to expect my n****, done seen it all before, I ain't impressed my n****. But they heard all of our songs...and came out to the shows and seen us on the grind. And this is how we get down. We don't care who got next, we right now."

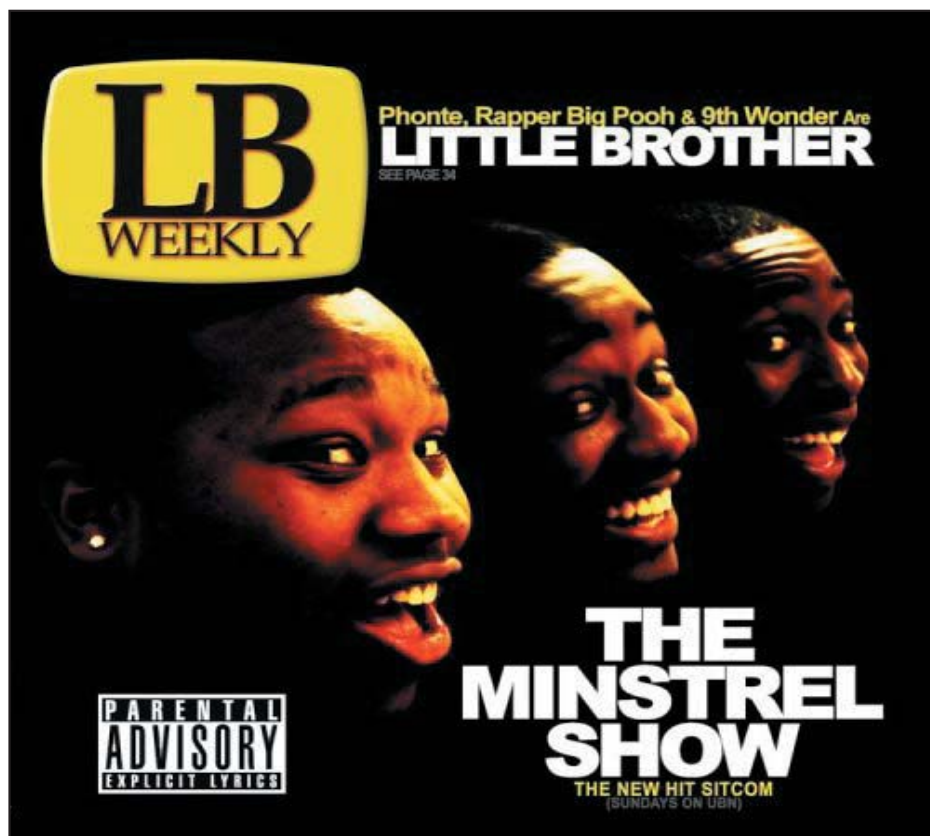
Track 6, "Hiding Place," conveys the group's hunger for success. "My pen's ferocious. I'm so focused, and I pray to God the world knows this." Track 7 is the group's radio single entitled "Lovin' it," which features Joe Scudda and is currently in heavy rotation on MTV 2. Their flow is perhaps the strongest on this track. The line "Go join a sorority step your game up," has a "College Drop Out," feel to it, in a Kanye West kind of way.

Though the group has become quite successful, fame hasn't always come easy for them. They are still working their way to the top, and with lyrics as poignant as those featured on *The Minstrel Show*, it looks as though they are slowly but surely on their way to a higher level respect within the industry.

The ultimate question regarding the album would focus on Little Brother's choice to draw attention to the minstrel shows that once humiliated both a race and culture. One might ask, "is the same discrimination and form of parody of the past simply repeating itself today? Is Eminem a modern-day minstrel show performer? And furthermore, are hip-hop artists, black or white, portraying themselves negatively because of such a focus?"

But according to www.about.com, the main focus of the album "is to basically ridicule the downward spiral of the rap artists in the industry that compromise their self-dignity for millions of dollars. From this, the title of the album speaks for itself. Many rap artists of today are modern-day materialistic minstrels acting as puppets to those record label CEOs." Perhaps Phonte says it best: "To me, *The Minstrel Show* is ultimately about responsibility," he said in an interview for Atlantic Records. "As rappers, we have to take responsibility for what we say, and for the images we portray to our people. If not, we're doing essentially what the minstrel shows did: perpetuating negative images and reinforcing those negative stereotypes."

So if you happen to be into real, fresh music with thought-provoking messages, go out and buy this CD. The more we support artists like Little Brother, the less of a need there will be for the duplication of club hits and more of a demand will exist for hardworking artists who will offer their heart and soul on an album.



Little Brother shows the world for what it is on their latest CD, *The Minstrel Show*.

PHILLY EXHIBITION BRINGS NEW MEANING TO THE WORD "MACABRE:"

"Body Worlds" galleries display authentic human corpses as art

DEBRA PACHUCKI
STAFF WRITER

If you think Marilyn Manson is morbid, wait until I tell you about Mr. Gunther von Hagens, the 60-year-old German anatomist whose been playing human cadavers and displaying them in museum and art galleries around the world since 1995.

Von Hagens calls his real life version of House of Wax "Body Worlds: The Anatomical Exhibition of Real Human Bodies," which premiered in Japan in 1995. Since then, over 17 million people have gone to see the spectacle, which has grossed over 200 million dollars since its inception. Among the works of art include a man riding a horse, both of whose skins are peeled back, a flayed man seemingly deep in thought posed over a chess table, and a well postured man who holds up his own skin for onlookers to observe. Furthermore, every single subject once walked the earth, having had lives of their own before they passed away.

The exhibit came to Philadelphia's Franklin Institute Science Museum, about three hours away, on October 7. It is currently the only Body Worlds exhibit on the east coast, and will be open to the public until April 2006. So far, the exhibit has received mixed reviews. Some tourists have commented in the exhibition guestbook that Body Worlds

is "truly amazing" and "fascinating," while others were left clearly offended by the exhibit, stating that "the way these people play with dead bodies is disgusting."

Most people will agree that whether they enjoyed the exhibit or not, they were amazed by the simple fact that the bodies were so well preserved. There is no decomposition among the specimens—no primordial ooze, no terrible smell. The bodies remain exactly the same

as they were at the time they were preserved, down to the microscopic level, according to The Franklin Institute Science Museum Website. This is possible due to von Hagens' 1977 invention of plastination: a preservation process that replaces fats and fluids with a liquid plastic that becomes clear once hardened. Embalming the bodies with plastic instead of fluids such as formaldehyde prevents cell enzymes from being released from the body, which in turn

prevents bacteria and other microorganisms from colonizing the body, and decomposition is halted.

But just because this preservation process is simple in theory does not mean it is easy to accomplish. On average, it takes 1550 hours to preserve an entire human body, according to Bodyworlds.com.

Von Hagens originally used his plastination process to create real specimens for educational purposes, but, in an effort to "democratize anatomy," began preserving whole cadavers as a form of art.

Because the plastic is in a pliable liquid form when injected into the body, von Hagens is able to pose the bodies in any manner imaginable. Once the plastic hardens, the bodies hold their stances with little or no support, making for excellent sculptures.

Von Hagens states that the reason he displays his cadavers is "to educate the public about the inner workings of the human body" and to "show the details of disease, physiology and anatomy in a way that cannot be shown with models, textbooks, or photos," according to The Franklin Institute Science Museum's website.

Technically, guests are not allowed to touch the displays, but at a certain area in the exhibit, visitors can touch a number of plastinated organs which supposedly feel, of all things, like plastic.

Visitors can also opt to donate their own bodies to von Hagens by filling out paperwork obtainable at the end of the exhibit or on the Body Worlds website (www.bodyworlds.com).

Von Hagens claims to have obtained all of his specimens through this body donation program, whose members receive a lifelong V.I.P. pass to every Body Worlds exhibit in the world as well as annual meetings with Gunther von Hagens himself. But critics have suggested that von Hagens has received some of the ca-

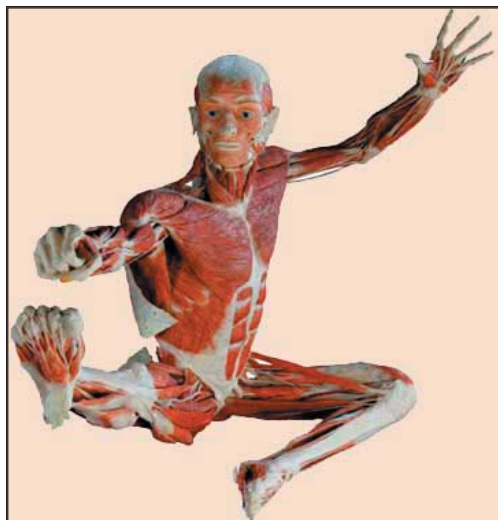
davers in unethical ways.

According to the July 31, 2005 edition of the Chicago Tribune, von Hagens allegedly received some of those corpses from a medical academy in Russia, which illegally obtained the bodies of homeless Siberians, prison inmates, and the mentally ill: a claim von Hagens vehemently denies. Von Hagens also denies charges that he received and used the bodies of executed prisoners from China.

Over the years, von Hagens has been repeatedly referred to as "Dr. Death" and "Dr. Frankenstein" in British and German newspapers and his exhibitions have been compared to Nazi genocide.

Still, the exhibition remains popular throughout the world, due to both its shock value and its unique educational approach.

Anyone interested in experiencing the morbidly controversial exhibition for themselves is encouraged to call ahead at (877) 801-BODY and make reservations, as tickets are timed entry. All day admission, which includes access to the museum's other exhibitions, is \$24.75 for adults, \$21.50 for students with I.D. "Body Worlds Only" evening admission, from 5:30-9 p.m. daily, is \$14.75 for adults, \$12.75 for students with i.d. Audio tours are also available for an additional fee.



Gunther von Hagens mixes science with morbidity in his exhibit, "Body Worlds."



Film Festival comes to MU

Film continued from pg. 1

"The educational panels use film as a great way to generate dialogue around local issues and concerns," she said.

The film *Blue Vinyl*, will be screened for the Environmental Panel.

"She [the filmmaker] believes that films should be created as a way to encourage dialogue within communities and affect change," said Peterson. "It's a great, funny movie and is a consistent favorite 'audience choice' favorite at international film festivals."

According to Professor Peterson, The Wide Angle on Women's Issues Panel "taps" into research conducted by Monmouth University Communication Professor, Dr. Eleanor Novek.

"The panel was built around the film *Troop 1500: Girl Scouts Beyond Bars* and reaches out to include local community speakers Stacey Kindt, founder of RedeemHer...and Pat Kruz, Assistant Executive Director of the Monmouth Council of Girl Scouts," explained Peterson.

"I also forged a link between the Two River Film Festival and the Newark Museum to co-sponsor our Diversity Film *Maid in America*," said Peterson.

She said, "This will help to bring great films to campus in the future and reach out more deeply into the local community."

On Sunday, the final day of the festival, attendees will be able to see productions from Monmouth University faculty and students. Beverly Peterson was responsible for creating this "new section" of the festival.

"This year's student films have all won awards at national festivals or the NBS [National Broadcasting Society]...I feel that the festival gives the whole campus and local community a chance to screen and celebrate this work," said Peterson.

An adjunct professor in the Communication Department at Monmouth University, Randi Davis Levin, is one of the faculty



PHOTO COURTESY of Monmouth.edu

2005 Two River Film Festival logo.

members contributing her own production, *In Hot Water*, to this year's Two River Film Festival.

This is her first time becoming involved with the Two River Film Festival and said, "I was approached by Beverly Peterson in the Communication Department who asked me if I'd be interested in showing my film at the festival."

In Hot Water, said Professor Davis Levin, was concerning the "no-carb" frenzy.

"The idea came from the no carb craze that had taken the country by storm in 2003 and the backlash people who ate brad, bagels, and pasta were getting from the no carb fanatics. It sort of grew from there," she explained.

She said this film took a year to create.

Professor Davis Levin has plans to make more films in the future and said, "I plan to make another short film in the spring."

The only expectation that she has for the Two River Film Festival this year is, "To get a good crowd out to see the film."

She said that Monmouth University being host to the Two River Film Festival is good for the school.

"I think it's great for the school and gives them credibility as a real

destination for this kind of artistic expression," said Professor Davis Levin.

Professor Peterson said, "Deeper involvement by students in programming this section of the festival next year would allow us to also feature work from other campuses. And, become an important component of our festival."

Jason Krawczyk, a junior at Monmouth University, is one of the student filmmakers that will be featured at the Two River Film Festival. He will have his short film *Class Hates Me* featured at this year's festival Sunday, November 6th in Pollack Theatre.

"It's about a kid trying to go through class," he explained of the plot of his short film.

This is Krawczyk's first year involved with the Two River Film Festival and he simply hopes for people to come see his film and enjoy it.

Peterson said that overall, the features that will be at this year's Two River Film Festival will make it an event that people will look forward to attend in the future.

"All of the sections outlined, coupled with the studio premieres, will make the Two River Film Festival a premiere festival," concluded Peterson.

Saucy Business

Future continued from pg. 1

Periodically, the head of each department, an administrative assistant, an accountant and Buzza meet and discuss the progression of each department, as well as the project as a whole.

"The groups like Sales and Advertising don't have a whole lot to do but we still gather to decide on other aspect of the project like product name and label design," said Buzza.

"Each department head brings the views and concerns of their group to the meetings and we all decided what is best for the business," added Kellie Pyper, senior and president of the Marketing and Management Club.

University Promotions is partnered with Vincenzo Loreti, the head chef at Nanina's in the Park, located in Branch Brook Park in Belleville, NJ, in order to distribute the various pasta sauces to grocery stores.

The sauces, which are called Nanina's in the Park, are authentic, homemade sauces stemming from Loreti's own recipes. The students decide which recipes they want distributed (vodka sauce, meat sauce), obtain the recipes and find a company to produce the product.

"We are at the point right now

where we have found a production company to make the sauce, found stores who will carry the sauce, negotiated prices and are starting our advertising in hopes to have the finished product by the beginning of December," said Massari.

With the class undertaking such a large project, and many stages still left to pursue, Buzza is uncertain about the future of Nanina's in the Park. "I would like to keep it going into next semester," said Buzza. "It is not like our past projects that have had a definite clear endpoint. Perhaps the Entrepreneurship class next semester will pick up where this one left off."

Some of the students also will be sad to see the semester end. "Hopefully, the project will not come to an end," said Martin. "There are currently a few of us that are willing to lend a hand and keep the project going. It would be really great to see the product on the shelf and know that our class helped get it there."

Although Buzza might be teaching the class, he admits he is also learning a lot from his students. "I am amazed how excited all the students get," said Buzza. They come into class bursting with new ideas and insight. Everyone participates and that's what makes each of the projects such a success."

Orthodox Christian Fellowship

Beginning his 22nd year as Greek Orthodox Chaplain at Monmouth University, Archimandrite Father Ephraem extends his personal blessing to all Eastern Orthodox students, faculty, and staff for a prolific scholastic year and hopes all will be active in the Orthodox Christian Fellowship. Father is available at any time to minister to the spiritual needs of all Orthodox Christians on a 24-hour basis, for prayer, confession, or just someone to talk to.

Father Ephraem can be found on campus, or he can be reached by calling: 732-671-5932



Notice to January 2006 Graduates



from the Office of Registration & Records

Please be aware that the deadline for submitting any necessary paperwork (i.e. substitution forms/waivers, change of grade forms, transfer credits, etc.) necessary for graduation is:

Thursday, December 1, 2005

Don't jeopardize your January graduation date. Get your paperwork in on time.

Hypnotism Show

John Cerbone, Ph.D., C.I.,
Master Hypnotist-Founder of the Cerbone Hypnosis Institute

Tuesday, November 8th, 7:30 - 9:30

Pollack Theatre

Free show open to MU Students

(Sponsored by Psychology Club and Psi Chi)

Save the Date!

Network 2005

Career Day

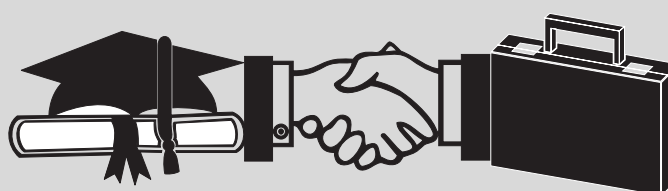


Wed., Nov. 30th

Anacon Hall

12:30 p.m. – 4:00 p.m.

**More details to be sent on Hawkmail in the
coming weeks,
over 70 employers expected!**



This ad provided by the DEA, a proud sponsor of this event.

Love
Doctors
Tic-Tac Anyone?

Dear Lindsay & Suzanne,

I have been with my boyfriend for two years, and everything in our relationship is going great, except for one aspect. Every time I lean in to kiss him I become repulsed by the odors wreaking havoc in his mouth.

Should I tell him his breath is foul or find a minty fresh guy who takes care of his oral hygiene?

Sincerely,
Tic-Tac

Dear Tic-Tac,

First of all dog breath belongs in a kennel. Before you throw your man to the curb, you must be aware of the factors that contribute to your boyfriend's foul breath. If you neglect your sharp incisors periodontal disease can occur resulting in damage to the bone that surrounds the teeth. You are doing your man a favor by making him clean up his act and take care of his teeth, because neglecting ones oral hygiene can lead to gum disease, and other health problems. Did you know that 85% of chronic bad breath is caused by undesirable bacteria that live on the back of the tongue?

If the smell is becoming so unbearable you feel as if you are surrounded by sewage then buy him dental floss. The floss will remove any unwanted plaque and additional bacteria that is festering in the crevices of his teeth, leaving his pearly whites clean and odorless for the meantime. If you are searching for a more permanent solution then try sugar-free chewing gum, or a tic-tac. This will leave your boyfriend smelling minty fresh and feeling like a million bucks.

You can also prevent bad breath by staying away from foods such as, garlic, onions, and soda. If your boyfriend is a chain smoker than now is a perfect time to quit, because tobacco contributes to bad breath, as well as poor dental hygiene. Schedule the next available appointment for the dentist, and make certain he gets a deep gum cleaning.

I was at a party in New York and this attractive male came over to me. Not only was he good-looking but an impeccable dresser with expensive taste as well. It was as if everyone around us stopped talking and it was only the two of us in the room, like one of those magical moments in the movies. Unfortunately in the movies everyone also has great breath and flawless complexions. As soon as he started talking to me I wanted to gag and hand him a mint, or a muzzle. I did not know if I should be rude because the odors seeping out of his mouth was as bad as the sewers in the city or if I should politely stand there and inhale the fumes until I fainted? I understand your situation. It is either him or the dog and one of them has to go, and it certainly wont be the dog.

The next time you smell a foul odor coming from your boyfriend, make certain it is not coming from your mans feet because otherwise you could have a problem from his head to his toes.

Pilates can turn you
from flab to fab within
weeks

LINDSAY WEISS
COLUMNIST

Tired of endless diets that do not work and leave you feeling exhausted and craving food? Here is a solution to your dilemma. Pilates, which is an exercise that is focused on improving the flexibility and strength for your body is the perfect workout for you. The exercises are designed to develop the entire body, and not just build muscle mass. The exercises are based on several specific movements. There are many benefits to pilates, and some of the most common are, promoting physical harmony for people, providing a balance for people of all ages and physical conditions, helps develop proper breathing, improves performance in sports, and improves coordination.

In order to determine if pilates is right for you, think about what you want to accomplish and set a goal.

One of the most popular workouts is the Windsor Pilates, which is a program that has been purchased by over 4

million people worldwide. The key is Mary Windsor's energetic techniques that are basic exercises, which are completed in a specific order and rhythm to produce maximum results, and turn your flab into toned abs and thighs.

Unlike some fitness programs, Windsor Pilates does not require any equipment and can even be done at home while dinner is cooking. The spokesperson for Windsor Pilates is renown model Daisy Fuentes, who claims Windsor Pilates changed her outlook on life, and allowed her to look great and feel even better about herself.

New research conducted by Michele Olson, Ph.D., at the American College of Sports Medicine (ACSM) supports the practice of pilates in order to achieve health benefits. In a recent study, participants performed basic, intermediate and advanced workouts while the research team monitored their heart rates. The team discovered that the most dramatic increase in caloric lost occurred when participants advanced from the basic to intermediate or ad-

vanced levels of training. If you are tired of being told by your mother to stand up straight, then you will definitely benefit from pilates, because not only does this extensive workout help you build up your strength, but you will develop great posture as well if you practice the techniques properly. Your overall health will also improve, and pilates teaches balance and control of the body, and that capacity goes over into other areas of one's life.

Developed in the 1920s by the renowned physical trainer and founder of the Pilates Studio Joseph H. Pilates, The Pilates Method is an exercise system focused on improving flexibility and strength for the total body without building bulk.

Pilates changes the way you look, feel and move through slow

controlled movements involving the deepest abdominal muscles. By building up the strength of these muscles you will be solving your back and neck woes, especially those caused by poor posture.

Next time you feel out of shape and in need of a good work out regimen, try the Windsor Pilates workout, because not only will you feel good on the inside, but on the outside as well.

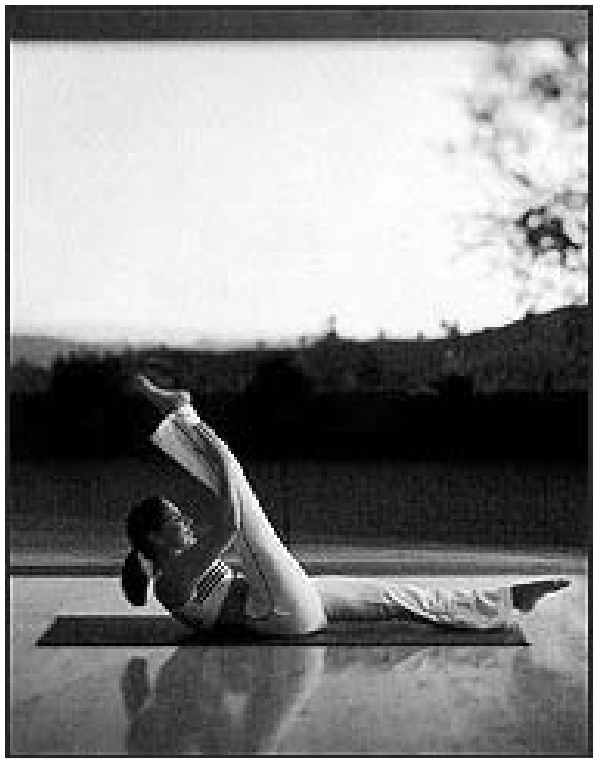


IMAGE COURTESY of Goggle

Pilates focuses on improving flexibility and strengthen the total body without buidling any bulk.



Rebecca Heydon
COLUMNIST

We spend our entire young lives growing up and being groomed to believe how important commitment and dedication to a cause or group are. But as we get older the opposite appears to become true. Why is it, when you're younger and things cannot possibly last forever, you are taught to believe that they might; but as we get older and things could last longer, we are told not to invest in any one thing?

When you are really young, parents and teachers want you to try everything. Join the soccer team, gymnastics team, show school spirit, be a part of the spelling bee, the student government, the key club, etc. Then, as we get older and closer to graduation and hopes of college, it becomes not only necessary to be involved in as many things as you can handle, but also to be a big part of whatever those groups. It's no longer enough to just be a member of the French club, you have to be Secretary of the club. This, we are told is what we need to do to get into college. I had amazing grades in high school and okay scores on the SATs, but I don't know how many times I was told that that would not be enough. "Colleges aren't just looking for grades, they are looking for people who are involved and in leadership positions; they want people who

will change their college for the good." Remember hearing something like that when you were applying to college?

While we are going through these younger years of our life, we believed that everything could last forever. We will always live in our house, our best friends will always be our best friends, we'll always do

Why is it, when you're younger and things cannot possibly last forever, you are taught to believe that they might; but as we get older and things could last longer, we are told not to invest in any one thing?

good in school or sports, we'll always want to ride our bike, watch cartoons, and swing on the swings. Although parents and teachers don't necessarily tell us that this is how life is, they don't necessarily contradict it. They often let us go on believing that things will last forever, even though they know that at our age, things usually don't. They continue to encourage us to get involved with these people and activities, to understand what dedication to the key club means and what commitment to the soccer team, even though you hate the soccer coach, really means. And at a time when everything was expected to last forever, commitment to it was okay.

And then, we hit the real world. We tend to diversify everything. The most obvious example of diversification being our stocks and 401ks. On a smaller level, most of us don't go to Macy's or Target for everything, but shop at malls so that we compare the best products, prices, and quality of different stores, to get the best of everything. While at college, your advisor will tell you its better to have a double-major or at least a minor and major, so you are more "well-rounded." And when you do go out into a job it no longer seems important to commit yourself to the job or company you choose to work for.

Parents and teachers tell me I'll probably end up having at least 5 different jobs for several different companies. When I conversed with a co-worker about my dismay that our company didn't seem to care about its employees, he reasoned that it was because employees are dispensable and no longer care about their companies. He said that it's much more beneficial for an

if they don't match what one of their competitors is willing to pay me? Is it true that no matter how much work I do at a company during my 40+ hours there a week, they will see someone else, outside the company, who has a varied background, more of an asset than I, a person who knows their company's mission, vision, and culture more than I know my own?

I understand why people don't want you to commit to a company. There was the depression, the economy suffered pretty badly, unemployment rose, and many people were laid-off from companies they had actually invested in. In relationships, some of us, have committed relationships that end, all the time. However, in relationships, it's accepted as a part of life. Once the commitment ends, we understand that you can't move on and find a new relationship without realizing that went on in the past is in the past. And in relationships, you have to let go and realize that just because one person hurt you and betrayed your trust, not everyone will. Why can't we do this with companies? Why can't we forgive companies for what happened and commit ourselves to the companies we choose to work for now? And if we could, could we change the country's present and apparently gigantic need to outsource and import in order to compete? If we were more committed to companies, why would they need to outsource? They shouldn't need to look for cheaper workers elsewhere, because they would be getting dedicated, quality workers here. If that happened, could we somehow change the bad rep. that American companies (such as Ford) have? By simply showing more commitment to our companies, could we seriously bring America back to believing in itself and all that "Made in America" used to stand for? Or am I only a hopeless romantic when it comes to saving corporate America?

Italian festival at MU

Festival continued from pg. 2

ian language. “[I wanted to show] how important this language is for music, work and art purposes and to celebrate the culture.”

Dr. Paolo Toschi, the Italian Vice Counsel in New Jersey was one of the speakers at the event. Toschi promoted his love of Italian, what he learned from learning another language, the change in Italy and why others should learn Italian. “I encourage your study of Italian not only cause it’s fun, it allows you to witness Italian music, sports, drama...” Toschi said, “You might be surprised at how important Italian can be as a business instrument companies appreciate it, when you speak Italian.”

Jesse Rosenstein was the second speaker. Rosenstein, owner of Amalfi, an Italian fabric import company, spoke about his experience studying abroad in Florence, Italy and how speaking Italian has helped him become a successful businessman. Because he can speak Italian, he is able to buy fabric from Italian mills, which is highly wanted in America from companies like Polo and Banana Republic. “My study of Italian in college really helped my business career,” he said.

The two speakers were followed by presentations by students, who are currently taking Italian. Regina Atkinson, a junior, spoke in Italian about a blanket she made of the Italian flag. “ I wanted to learn Italian because my family is Italian and it would be interesting to talk to my family in Italian.” However, after ‘La Festa Italiana’ she realized, “I need a lot more work in Italian, I’m not



PHOTO BY Suzanne Guarino

Dr. Maria Simonelli, Italian Professor at Monmouth University, was in charge of “La Festa Italiana” held on October 26 in Anacon Hall.

quite ready to talk to anyone in Italian yet.”

Jessica Deveau said the ‘Hail Mary’ and ‘Our Father’ in Italian. Annarita DiMeo talked about her summer in Italy all in Italian. Nicole Mancini described the art of winemaking. Jessica Ross said the Italian nursery rhyme, “Battiano le manine.” Jessica Sastogue described a family vacation to Italy. She said, “It was beautiful to see all of the customs and culture that my family had.” Tara Shirk read a passage from Dante’s the ‘Divine Comedy’ in Italian. To end the presentations, Genine Yarborough

sang an Italian song “Amarilli mia bella” accapella.

The presentations were followed a buffet of Italian food. Baked ziti, spaghetti, pizza, prosciutto, tiramisu and canolli cake were some of the treats offered.

Ryan O’Neill, a freshman in attendance said, “I learned about other people’s experiences abroad.” Simonelli thought the event was a success. “We had a very good turn out of students and plenty of excellent food. They all were very excited and they learned a lot about the importance of the Italian language and culture...”

Chili and homecoming: perfect together

The Substance Awareness Department under the direction of coordinator Suanne Schaad offered a safe and fun alternative to the drinking at Homecoming. Below is her account of the effect the “Chili Tent” had on the students that day. It proves that students do not always have to drink to have fun.

SUANNE SCHAAD, MA, LCADC
SUBSTANCE AWARENESS COORDINATOR

Student Tailgaters at Saturday’s Homecoming got a little more than cold rain and a good game. The Substance Awareness Department provided students with free hot chili, tacos and hot chocolate. Students couldn’t get enough of the hot food and drink as they tried to stay warm. Students dubbed this tailgating tent the “Chili Tent.” It actually became the meeting place for some students who were catching up with friends. Students thanked the volunteers throughout the day as they filled their stomachs and warmed up in the tent. Students who weren’t drinking alcohol or were designated drivers were appreciative of the alternative drinks

and food being served.

Tailgaters also received important messages from volunteers, which included: reminding students the importance of eating when you drink alcohol, alternating alcoholic and non-alcoholic beverages, signs of alcohol poisoning and the dangers of drunk driving. During the event, students reported they were keeping an eye on each other and their friends’ behavior. At the Substance Awareness Tent, promotional items were given away with Social Norms Messaging on them. T-Shirts and Frisbees that contained the messages, “It’s More Fun When You Remember What You’ve Done,” and “Most Monmouth Students Know Their Limits With Alcohol,” promoted responsible drinking and challenged the perception that Monmouth

University students drink more than reported. Many students were playing Frisbee and were wearing the T-shirts in the parking lot.

The Substance Awareness Department sponsored the event with help from our student group, SIPS (Healthy Living). Funding for the successful event comes from the Social Norms Grant through the New Jersey Department of Human Services, Division of Addiction Services. In addition, a surprise generous donation added to the day when Carol Faye of Aramark donated a tray of tacos and more hot chocolate. Aramark wanted to become involved after they were so moved by the messages of the Department. Thank You, Aramark!

On November 12, 2005
The SIPS Student Group plans on hosting another Tailgating event at the last home game of the season.
Come and get your chili and an important message too.

Q&A with Mary Karr

Q&A continued from pg. 2

Do you have a certain method to writing poetry?

I used to write on a pretty rigid schedule. I used to write every morning. It seems that as you get older, the machinery of your life becomes more ornate and complicated. There are more and more people that I feel like I owe. There are more kids I write recommendations for. There are the 15 books a week I get in the mail; and for 52 weeks in year, coming from students and publishers all over the place, that’s a lot. That’s the problem with living in New York City; it’s how the hell I’m going to get all these books out of my apartment. I have stacks upon stacks, and getting rid of them is easier to say then to do. But anyway, I also do fundraisers and I would have not come here to read if it weren’t for Michael [Thomas, Assistant Dean of Humanities] I mean, I love Michael, so it’s pertinently Michael Thomas related. They’re not paying me enough to be here because they’re costing me a day of work. A day of writing. So what is that worth if I’m getting six figures for a book; it’s a lot of money if you break it down into how many days you have to write. So there are many people that I care about and that I like and that I feel like I owe in some way. I’m in the middle of my life and my students are trying to publish and they’re sending me books and forms they want me to look at and I judge contests and I’m about to stop doing all of that. It’s my last year—I’m done. It’s so much work. It feels like cultural jury duty. Every moron I know does it and I just felt like if I didn’t do it, some chowderhead would.

Are you coming out with any new volumes of poetry soon?

I am. I have a book called *Sinners Welcome*, no apostrophe. It’ll be due out March 1st.

In your memoirs, you were very headstrong, rebellious, and you had a very bad temper when you were younger. Are you still that way and how does it affect your life?

My temper diminishes every year. That’s the good news. But I piss a lot of people off. I say a lot of things that people don’t want to hear. It’s funny; I figured out about 20 years ago that I’m the type of person that just draws a lot of heat. People blow up at me, but they also invite me to a lot of parties. I generate this sort of magnetic animosity. On the other hand, I’m not a grudge holder. I’m not an angry, lower lip stuck out, kind of person. Now that I’m 50, I’m not as irritated; though the heat this summer was a pain. I also think it keeps me questioning myself and others; I always ask myself whether this is the right thing to do as a writer or as a mother. I think my rebelliousness makes me a better writer.

Do you still hold that eye for an

eye philosophy that you used to hold in your youth?

Other than shooting a Beebe gun at the Smith’s for beating up my sister, Lecia, I can’t recall truly enacting that philosophy. It’s funny; I’m really not very vengeful. Like I said, I don’t hold grudges. I’m always amazed when writers get pissed off when they don’t win a contest or when someone gives them a bad review. Things like that just do not bother me. If you think my book sucks then it’s your job to say that. I don’t take it personally. It just doesn’t mean anything.

Was it emotionally taxing to write your memoirs?

Very much so. It was a complete nightmare. I would just be so exhausted. At the end of the day I would lie down on the floor and I would sleep and sleep and sleep. I had asked colleagues of mine, “Was it like this when you write fiction?” And they always have said that it’s fun. Even my friend Toby Wolff (author of *This Boy’s Life*) said it was easy for him to write his memoir. But his second memoir (*In Pharaoh’s Army*) was hard for him to write.

What was your primary motivation?

Money. I had no money. I needed a car. It was as simple as that. I was sharing a car with my ex-husband Michael, and we were carting my son, Dev, back and forth. But I barely had the car. I thought they’d give me \$5000 and I could get a used Toyota. I never thought it would be this big.

In “The Liar’s Club”, you wrote in first person, but in “Cherry” you wrote in second person. Why the change?

I think that when you’re a teenage girl, you don’t have a self yet—you’re personality surfing. You’re trying on different selves. And the combination of that and the drugs made me seem far away from myself. Everything that was happening to me seemed like it was happening to somebody else.

Is there anything about your memoirs that you would like to change?

I’ve never looked at either one of them again. So I don’t even know what’s in them anymore.

Are there any writers that have inspired your writing?

Oh yeah, everybody. I was reading Nabokov on the ride here. Orwell, Hemingway, Flannery O’Connor, Faulkner, Mary McCarthy, Maxine Kingston, Tobias Wolff.

Any plans on writing another memoir?

I’m working on one called *Lit* which is about drinking and about the years after Texas during college.

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The Statewide Emergency Food and Anti-Hunger Network (SEFAN) has launched a web site to help address the growing problem of hunger in New Jersey. By logging onto www.sefan.org and clicking onto “Pantry Link” you can find out about local food pantries, soup kitchens and shelters that serve meals in your community. The web site lists volunteer opportunities as well as items needed such as non-perishable food and baby products.

By helping your local emergency food provider, you will be helping to fight hunger in your community and in New Jersey. So log onto www.sefan.org and click on “Pantry Link” today!

HOROSCOPES

By Linda C. Black,
Tribune Media Services

Today's Birthday (Nov. 2nd)

You're so powerful this year, you may think you can do everything all by yourself. You are strong, but be forewarned. Not only is the competition fierce, but pride goeth before a fall. Make good use of your talents.

To get the advantage, check the day's rating: 10 is the easiest day, 0 the most challenging.

Aries • (Mar. 21 - April 19) - Today is a 6
You're good at financial planning now, and setting long-term goals. Resist the temptation to spend it all now. That would not be wise.

Taurus • (April 20 - May 20) - Today is a 7
OK, you can defend yourself, if you think that's necessary. Don't waste a bunch of energy, though, shouting at someone who's not listening.

Gemini • (May 21 - June 21) - Today is a 4
Again, you're overloaded. The end should be almost in sight. Set up a date to be whisked away on an adventure this weekend.

Cancer • (June 22 - July 22) - Today is a 10
It's quite possible that a person you care very much about wants every minute of your time. It'll be rather pointless to argue. Acquiesce.

Leo • (July 23- Aug. 22) - Today is a 6
Stability may be what you want, but interestingly, you're more likely to get controversy. Never a dull moment.

Virgo • (Aug 23 - Sept. 22) - Today is a 7
Gather information from afar, but don't go over there. Figure out a way to get them to send it to you. .

Libra • (Sept. 23 - Oct. 23) - Today is a 5
Abundance is yours, but as you well know, you can turn plethora into dearth. Don't goof around; be frugal, even if you're feeling flush.

Scorpio • (Oct. 23 - Nov. 21) - Today is an 8
You can afford to be compassionate. You can afford to be nice. Besides, both those qualities look very good on you.

Sagittarius • (Nov. 22 - Dec. 21) Today is a 6
You're under pressure to act quickly, but don't be impetuous. If you don't approve of what's being done, stall.

Capricorn • (Dec. 22 - Jan. 19) - Today is an 8
It may be difficult to hear a small voice, with all the applause. Be listening for it. That's where your attention should be directed

Aquarius • (Jan. 20 - Feb. 18) Today is a 5
One person insists upon compliance. Another person rebels. You can be the referee. Help them to fight fair.

Pisces • (Feb. 19 - Mar. 20) Today is an 8
Don't fall for a deal that's too good to be true. Read the fine print, and check the infrastructure. Don't fall for a deal that's too good to be true. Read the fine print, and check the infrastructure

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Wednesday's Puzzle Solved

ACROSS

- 1 Swiss range
- 5 Autograph site
- 9 Surgical dressing
- 14 Element #80
- 15 Title role for Peter Fonda
- 16 Of an arm bone
- 17 "Typee" sequel
- 18 Blue and Cross
- 19 Passive protest
- 20 Maestro's furniture?
- 23 Cancell, as a launch
- 25 Weight allowance
- 26 Allow to
- 27 Speck
- 28 CPR performer
- 30 Sports Trojans
- 32 Starry hunter
- 34 Agitate
- 37 Exchange charge
- 41 Scientist's furniture?
- 44 Feudal serf
- 45 Iowa State city
- 46 Hi, in Hilo
- 47 Take one's pick
- 49 Russ. or Lith., once
- 51 Oriental sauce
- 52 Wedding vow
- 55 Gray side
- 58 Drunkards
- 60 Chemist's furniture?
- 63 FDR's biographer
- 64 Ratchet part
- 65 Elbe tributary
- 68 Rock
- 69 Director Kazan
- 70 Pulitzer winner James
- 71 More rational
- 72 Mild expletive
- 73 Clucking sounds

DOWN

- 1 I love: Lat.
- 2 Moon vehicle's letters
- 3 Advancement
- 4 Scrub
- 5 Braque's art

1	2	3	4		5	6	7	8		9	10	11	12	13
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- 6 Actor Guinness
- 7 French legislature
- 8 Edison's rival
- 9 Abundant flows
- 10 Inter __ (among other things)
- 11 Prior to
- 12 Mobutu Sese Seko's country, formerly
- 13 German Dadaist
- 21 Minutes taker, perhaps
- 22 Mean
- 23 Unburnt brick
- 24 Becker or Yeltsin
- 29 Neat and tidy
- 31 Telephone
- 33 Vegetable oil spread
- 35 Curling surface
- 36 Highland miss
- 38 Zeroes
- 39 Blood of gods
- 40 Signs off on
- 42 Like fences
- 43 Chocolate alternative
- 48 Fitting
- 50 POW camp
- 52 No bid
- 53 Silt formation
- 54 Director Welles
- 56 Two-footed animal
- 57 Stairway to Puccini
- 59 Fabric fold
- 61 Skye of "Say Anything..."
- 62 Duplicate
- 66 Spider-spotter's cry
- 67 Legal thing

Two Dudes

DAVE?
... AND DAVE?
WHAT ARE YOU
TWO DOING
HERE?

WHAT'S THAT SUPPOSED
TO MEAN, DUDE? CAN'T WE
VISIT THE LIBRARY? DO YOU
THINK WE'RE TOO DUMB TO
KNOW WHAT A LIBRARY
IS FOR?!

NO,
THAT'S
NOT ...

DON'T WORRY,
SMARTY PANTS. AS SOON
AS WE CASH IN OUR BOTTLES
WE'RE OUT OF HERE.

A College Girl Named Joe

I KNOW SCHOOL JUST
STARTED, PROFESSOR.
BUT I'M GOING HOME
FOR A WEEK AND WILL
HAVE TO MISS SOME
CLASSES.

MISS MY
CLASSES?
YOU'LL MISS MY
CLASSES?!

I DIDN'T
KNOW YOU
LIKED THEM
IN THE FIRST
PLACE.

MAYBE
I SHOULD
REPHRASE
THAT.

HAD NOCKS

BY LOUIS CAPPIOLA

THE MAJORITY OF OUR MEDIA
IS OWNED BY ABOUT SIX
PROFIT-DRIVEN CORPORATIONS.

UH... BOOOOOOOO.

WHY AREN'T YOU
TERRIFIED?

trick or
treat.

PAUL

BY BILLY O'KEEFE

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SO MEL'S GONE, AND I'VE
DECIDED I NEED SOME NEW
FRIENDS. YOU'RE NOT CUTTING
IT THESE DAYS.

OH, IS THAT SO.

YEAH. YOU DIDN'T CALL ME
ONCE OVER THE SUMMER—

OH MY GOD,
WILL YOU LET THAT GO??
IT'S ALMOST WINTER!

WELL I CAN'T HELP IT IF I HAVE
FEELINGS. MY HEART CAN TAKE
ONLY SO MUCH YOU KNOW!

YOU DON'T EVEN LIKE
TALKING ON THE PHONE!!

I JUST GOT A CELL
PHONE! GUESS WHERE
I AM! NO, COME ON
GUESS! COME ON, GUESS—
WAIT, DON'T HANG UP!!



CAMPUS VIEWPOINT
BY: SUZANNE GUARINO

“Do you believe in
ghosts / spirits?”



Metal Mike
junior

“Yeah sure, they burned down my house.... at least thats what I told my parents..”



Brian
freshman

“I don’t know but I once picked up the pay phone in Wilson Hall and I heard a scream through the other end.”



Lindsey
junior

“I do beleive in ghosts but ghosts are our friends.”



Tara
freshman

“Yes, because it makes life more interesting.”



Brett
freshman

“Yeah I saw one on a midnight stroll through campus.”



Amber
freshman

“No. It’s all in your mind.”



Jessica
freshman

“I do because I think my house is haunted. Supposedly a man was shot on my stairs and now my dogs bark at nothing and things break on their own.”



Kim
senior

“I’ve never seen anything but it doesn’t mean I don’t beleive in it.”



Tania
freshman

“I don’t beleive in them but I do get scared being in Woods Theater late sometimes since I’m a music industry major and I’m there a lot.”



Mississippi
freshman

“No way. Sometimes people are just dumb.”

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Month 7pm *Class Every Thursday*
 7:30pm

Stump the Priest Night
October 18th 7pm,
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PRESENTS

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Become a Resident Assistant!

Attention Monmouth Students, the Office of Residence Life
is currently hiring RA and RA alternates for Spring 2006!

Information Sessions:

Wednesday, November 2 @ 2:30 PM
Oakwood Lounge

Wednesday, November 2 @ 10:00 PM
Oakwood Lounge

Sunday, November 6 @ 7:00 PM
Oakwood Lounge

Applications will be distributed at these Information Sessions.
You must attend an Information Session to pick up an application!

Application deadline is November 11

Questions???

Contact Rebekah Hoppel at rhoppel@monmouth.edu or at X 6261
or Lenny Breton at lbreton@monmouth.edu or at X 6263

The Resident Assistant position is a para-professional student position open to students who have completed at least 24 undergraduate credits. Graduate students are also eligible to apply. The Resident Assistant maintains a positive learning and living community in the residence hall, shares duty coverage with a staff team, responds to residence hall emergencies, and acts as a positive role-model on and off campus. Compensation for the position includes free single room, meal plan, and North side parking permit. RAs also receive 10% off at the University bookstore. The RA position provides excellent professional training and serves as an ideal resume builder. Further details regarding the RA position will be given at the information sessions listed above.



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CHARLOTTE TARANTOLA Feline Floral Cardigan \$152



VINCE COLLECTION Cashmere Fur-Trim Sweater \$345



ROXY 'ALTA' Button Front Hooded Sweater \$54



HALOGEN SUPER Long Mohair Blend Cardigan \$78



CITY DKNY Cable Flyaway Sweater \$129

The cold weather brings on the task of staying warm but ditch the hoodies for a fashionable sweater. Blends of cashmere, wool, cotton or mohair will keep you from shivering while your choice of sweater style will have you looking hot. Watch out for wool sweaters because they tend to be itchy. Some different styles to consider are turtlenecks, mock turtlenecks, cropped sweaters, sweaters with plunging necklines, cardigans, pullover vests and zip sweaters. If you're looking for the sweater to be on the dressier side then cashmere is the way to go. For women, delicate prints on a cardigan can be another way to make an outfit dressy when added with black pants. A brooch will add some luster as an accent piece on a plain, solid color sweater. For guys, to achieve the ultimate preppy look add a button down shirt underneath the sweater and let the collar pop out.

When you're sweater shopping be sure to check the tags to see the proper way to clean the sweater because many are dry clean only. Lets be honest boys, do you see yourself going to the cleaners every week for every sweater you wear? Aside from the inconvenience of going to the dry cleaners, it can also get expensive. When cleaning your sweaters at home, especially cashmere since its a delicate fabric, you can wash the sweaters in a sink with lukewarm water and Lanowash or Woolite detergent. If you don't have either of those detergents you can use baby shampoo as a substitute.



TOMMY HILFIGER "Portsmouth" Polo Sweater \$80



LACOSTE V-NECK Cotton Sweater \$125



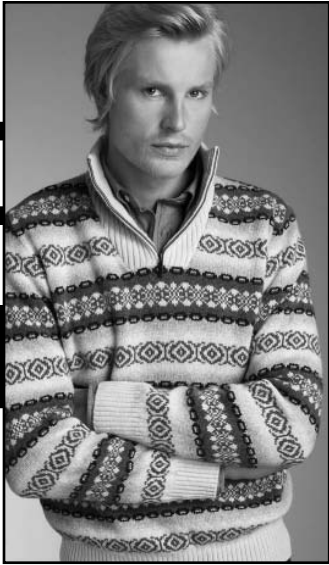
CALVIN KLEIN Enzyme Washed Ribbed Crewneck \$49.50



CLUB ROOM Striped Raglan Lambswool Sweater \$45



POLO RALPH Lauren Lambswool Sweater \$125



FAÇONNABLE FAIR Isle Half Zip Sweater \$245



EMANUEL UNGARO Quarter-Zip Marled Sweater \$89.50



HUGO BOSS Cashmere Zip Sweater \$275

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Comedy



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University leak

ID's continued from pg. 1

After the information was removed from the Internet, the University sent a letter to all affected students informing them of the situation and outlining precautionary measures they could take.

A sophomore Accounting student, who requested anonymity, said it was alarming to hear of this mishap.

"I was just in shock that something like that could happen through a college," said the sophomore. "I wasn't sure who to contact about it (at first) so I didn't do anything about it."

A senior Communication student, who also asked to remain nameless, said that some parts of the letter were unclear.

"The letter I received from the school didn't make it clear to whether or not I was directly affected by this," said the senior. "It would be very upsetting, but obviously things like this happen. But it could be harmful. I would consider taking legal action against the school if I found out my information was leaked on the Web."

The University did recommend in the letter that students notify the credit bureaus, place fraud alerts on credit accounts and alert the Monmouth University Police if any suspicious activity on their credit reports was found.

"The University has been and continues to conduct a review of its forms and systems with regard to where and how sensitive information is used and stored in an effort to prevent incidents such as this."

GREY DIMENNA

Vice President and General Council

It also was advised in a letter by Thomas Pearson, Provost/Vice President of Academic Affairs, that students contact the Federal Trade Commission (FTC) and file a complaint which would be added to the FTC's Identity Theft Data Clearing House. By doing so, law enforcement agencies could have access in case of an investigation.

"The MUPD have not received any complaints as a result of the release of this information," said Monmouth University Police Chief William McElrath.

Nevertheless, if a student suspects faulty activity on their credit report, Dimenna said the University should be contacted immediately.

"The University would have to look at look each matter individually to determine, among other things, whether such use of the student's information was a result of this incident," said Dimenna. "The University spends a lot of resources, human and otherwise, to maintain the security of its system. No system that involves human input can be perfect but the staff involved is very highly trained and qualified and do the best they can. From time to time an error can occur."

In order to prevent a similar situation from occurring again, Dimenna said the Information Systems staff has put procedures in place to lessen the possibility.

"The first step was to send communication out to all the staff and kind of remind them, 'You need to think these things through before we do something inadvertent,'" said Dimenna. "The second step was to implement a rule that faculty can not post confidential information on the University Web site without getting it approved by an Associate Vice President of the Information Technology Department.

"The University has been and continues to conduct a review of its forms and systems with regard to where and how sensitive information is used and stored in an effort to prevent incidents such as this," continued Dimenna. "Part of the solution will include making the information available in another medium (i.e., not via the web server)."

According to Dimenna personal information is available electronically by companies and institutions like Monmouth University. This enables establishments to offer students and other individuals products and services that may be available to them.

"It's unfortunate when something like this happens," said Dimenna. "All institutions who maintain private information on their systems need to take extra measures to ensure such information is not inappropriately released. This is a global issue that is not going to go away."

This is the first time the University has dealt with a situation like this. A similar circumstance occurred at Montclair State University. On Thursday, October 20 it was reported by *The Star-Ledger* that Montclair State accidentally released 9,100 undergraduates' names, majors and Social Security numbers.

Montclair State's situation was similar to Monmouth's in that a

student discovered its information through a Google search. An employee at Montclair State placed files onto its department account where Web server files were unlinked. The employee thought the files would be unsearchable on the Web, however, they were searchable.

"We sent an e-mail to all 16,000 students because we couldn't separate quickly those who were affected and those who weren't affected," said Ann Frechette, Executive Director of Communications and Marketing at Montclair State. "It was decided that we needed to communicate to everyone (the entire student body) but stipulate the matter to the effected, who were undergraduate students with a declared major and an assigned faculty advisor."

Frechette said Montclair State hired an Information Technology Security Firm who conducted an analysis of the situation and interviewed people in various departments where the problem may have occurred.

"We found it valuable to bring an inside firm to give an objective view on what lead to the error occurring," said Frechette. "They have recommended policy protocol and technical advice which we plan to implement in order to prevent a situation from happening again."

Dimenna said Monmouth has no plans to follow Montclair State's approach.

"There is no point in hiring an outside firm," said Dimenna. "We know our system very well; better than an outside firm would know it. Although Montclair has hired a firm, they can't guarantee their students it won't happen in the future."

brush

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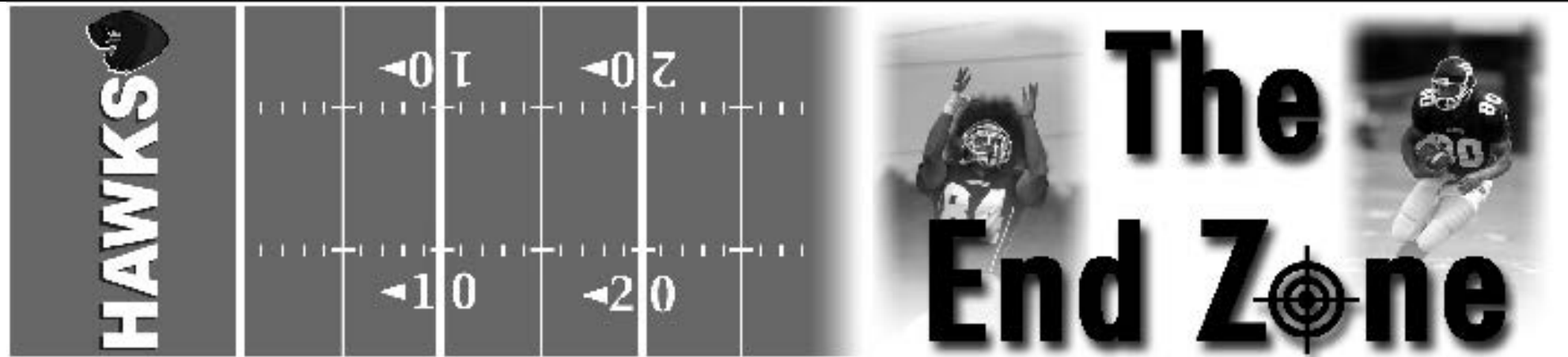
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Hawks fumble to a second place tie

Crucial turnovers cost MU chance to win NEC game against CCSU

EDDY OCCHIPINTI
SPORTS EDITOR

Winning close games has been automatic for the Monmouth University football team the past two seasons. Last season, the Hawks were the first team in NCAA history to win three games in one year on the last play of the game, and they were all in the Northeast Conference. However, this season the Hawks are 0-2 in conference games decided by a touchdown or less, including their latest setback, a 15-13 loss to the now first-place Central Connecticut State Blue Devils.

With Monmouth down to a handful of healthy wide receivers, including only one starter in Adam San Miguel, the normally potent Hawks passing attack was held in check by CCSU. The Hawks normally average well over 200 yards per game through the air, but was held to 173 on Saturday. Mike McClelland did not play, but Miles Austin did, even though he didn't start and was limited to only the first half. Austin re-injured his ankle and also hurt his shoulder before halftime. He still caught three passes for 68 yards in the first half. In the game, Austin became just the third player in NEC history to post over 1,000 yards receiving in

a single season. Justin Jurkowski, who started the game in place of Austin, went down after the game's first play and did not return. He was blocking downfield on a Bobby Smith 52-yard run when he dislocated his elbow. Brendan Kennedy, who received extended playing time due to the various injuries, was already hobbled with an ankle injury.

CCSU had a critical injury of its own when starting quarterback, and reigning NEC Offensive Player of the Week, Tim Sheard went down with an injury to his right throwing hand and didn't return.

The Blue Devils received a jolt of energy when freshman Aubrey Norris took over the signal-calling duties. He rushed for a career-high 141 yards and a touchdown and passed for 158 yards leading CCSU to the win.

"Both quarterbacks are very good runners," said head coach Kevin Callahan.

"He (Norris) has the ability to turn a drop back pass into a scramble and gain big yards and make a big play."

Things started well for Monmouth as they took a 10-0 lead on a 16-yard touchdown run by Brian Boland just 1:23 into the

first quarter. The scoring run followed Bobby Smith's big run. The play capped a four-play, 65-yard drive and gave the Hawks a 7-0 lead. The Hawks' Fred Weingart kicked a 23-yard field goal with two minutes left in the quarter to up the Monmouth lead to 10-0.

The Blue Devils got on the board in the first quarter when Norris rushed for a career-long 69-yard touchdown, the only play of the drive, to cut the lead to 10-6. CCSU attempted a two-point conversion with holder, and receiver, Josh Roth fielding a high snap and sprinting to the corner pile-on. Safety Matt Hill converged to make the tackle and preserve the four point Hawk lead.

CCSU senior kicker Derek Pearson, one of 13 seniors honored by the Blue Devils before Saturday's game, kicked a 22-yard field goal to cut the Hawks' lead at halftime to 10-9.

Pearson struck again for the Blue Devils early in the third quarter to give them their first lead of the game. He capped a 15-play, 53-yard drive with a 35-yard field goal to give CCSU the 12-10 advantage.

Monmouth regained the lead in the third quarter on a 32-yard field goal by Weingart.

Pearson ended the kicking contest by booting his second game-winner of the season from 39-yards out with just over seven minutes to go before the end of the fourth quarter to give CCSU the final 15-13 edge. He was honored for his perfect day by being named the NEC Special Teams Player of the Week.

The Blue Devil defense played an impressive second half allowing only three points (in the final 47 minutes of the game) and only 140 yards of total offense, and forcing a pair of key Monmouth turnovers.

Norris was intercepted by Hill with less than five minutes to play and returned it deep inside CCSU territory. A 22-yard run by Monmouth running back Rob Lutz put the ball inside the Blue Devils' 10-yard line with less than four minutes to play. With a game-winning score seemingly in sight, running back Walter Carter, who had only three carries in the game prior to his last, fumbled at the CCSU 5-yard line.

The Hawks forced CCSU to punt and regained possession with just over two minutes left in the fourth quarter. On fourth down from the CCSU 31-yard line, redshirt freshman Anthony Wilson intercepted Boland to end the Monmouth drive and secure the Blue Devils win. The Hawks dropped three passes on the last drive.

Blue Devils senior linebacker Coree Tucker was named NEC Defensive Player of the Week for his effort in the game. He posted a season-high 15 tackles, including two for loss, forced a fumble, had two sacks and a career-high three pass break-ups.

Boland finished the day 15-of-32 for 173 yards and an interception. He also was sacked three times.

Smith led the Hawks with 133 rushing yards on 18 carries, and Lutz added 57 yards on seven carries. San Miguel had eight catches for 82 yards to lead the depleted receiving corps.

Mike Castellano had 14 tackles to lead the Monmouth defense, and Hill added 13.

"This puts us in a difficult spot," said Callahan.

"The league is very competitive this year, and it's possible that Central could slip up before the year ends. We have to play like champions and put ourselves in the position to at least share

the conference title."

Monmouth, now 3-2 in the NEC and 5-3 overall, must win out and hope CCSU loses one of its two remaining games to have a chance at sharing the conference title. The Hawks are tied in second place with Albany and Stony Brook. The Hawks' next game is this Saturday as they travel to Loretto, Pa. for a matchup against NEC foe St. Francis (Pa.). Kickoff is set for 1 p.m.

Last season, the Hawks defeated the Red Flash 49-39 to clinch their second straight NEC Championship.

The Sports Network 2005 I-AA Mid-Major Poll

1. San Diego Toreros 8-1
2. Dayton Flyers 8-1
3. Duquesne Dukes 5-3
4. CCSU Blue Devils 6-3
5. Morehead State Eagles 7-2
6. Marist Red Foxes 5-3
7. Monmouth Hawks 5-3
8. Drake Bulldogs 4-4
9. Jacksonville Dolphins 4-3
10. Stony Brook Seawolves 4-4

Others receiving votes (in order of points, minimum of five required): Albany 13, Wagner 11, Sacred Heart 7.

... every team has players that contribute to success without always receiving headline recognition...sometimes one play or player can change a game, or someone enjoys personal success under the radar, for them we recognize...

The Outlook Unsung Player(s) of the Week



Nick Timpone and Bryan Bischoff

Timpone, a backup wide receiver, handled the punting duties while Bischoff, a reserve defensive back, kicked off this week in place of Sean Dennis. Timpone punted three times for a 38 yard average and Bischoff's line drive kicks kept CCSU's returners off balance enough for coverage to get down field.



PHOTO BY Jim Reme

Bobby Smith led the Hawks in rushing with 133 yards on 18 carries against Central Connecticut State. He has run for back-to-back 100-yard games and leads the team with 396 yards on the season.

Hawks led by Lyles, Alexander, and Schau at NEC Championships

ALEXANDER TRUNCALE
SPORTS STAFF WRITER

The Monmouth University men's and women's cross country teams competed in the Northeast Conference Championships last weekend in Loretto, Pa.

The women's team was led by Katina Alexander and Milia Lyles while the men's team received a strong performance from Larry Schau and Martin Suarez.

The women's team finished in fourth place and the men's team finished fifth overall.

On the men's side, Schau led the way with a time of 27:55, good for 23rd place on the eight-kilometer track. He was followed by Suarez in 25th place and Matt Caporaso in 27th. St. Francis (Pa.) won the men's overall with a total score of 23 points. Quinnipiac finished second, while Mount St. Mary's and Robert Morris finished ahead of the Hawks, who totaled 140 points on the day.

The women's team took fourth

place overall, thanks to a stellar performance from Alexander and Lyles on the five-kilometer course. Alexander took third place with a time of 19:47 while Lyles finished seventh in a time of 20:16. Quinnipiac and Sacred Heart finished in a tie for first place with a score of 51. St. Francis (Pa.) came in third with a score of 61, while the Hawks' score of 126 earned them fourth place overall.

The performance of Alexander and Lyles at the NEC Championships this weekend earned them All-NEC honors. This was the third such honor for Alexander, who was rewarded for the excellent season she has had. This was Lyles' first All-NEC honor.

"The men were out aggressively and had a great opportunity to finish in 3rd place as a team, but we gave up a few spots late in the race," Compagni said. "They are a young group that is getting stronger every week, though, and they are motivated to see how they progress."

Men's Soccer

Men's soccer clinches tournament berth

DOMINICK RINELLI JR.
SPORTS STAFF WRITER

For the first time since 1999, the Monmouth University men's soccer team (8-3-6, 5-0-3 NEC) has clinched a berth in the Northeast Conference tournament after playing St. Francis (Pa.) to a 0-0 double overtime draw on Sunday in Loretto, Pennsylvania.

"It's a huge accomplishment for us to clinch a playoff spot in the NEC tournament," said head coach Rob McCourt.

The Hawks out shot the Red Flash 17-6 in the 110-minutes of play but were unable to find the back of the net. Senior goalkeeper Art Satterwhite recorded his ninth shutout of the season, which leads the league and is also a new single-season record in Monmouth history.

"Art and the defense, the back four, have been really good, consistent and strong all season and helped get us to where we are right now," said McCourt.

The Hawks also competed in Pennsylvania on October 28 and defeated Robert Morris 1-0.

Junior Steven Holloway connected on his team-leading fifth goal of the season at the 42:01 mark to put the Hawks ahead.

"It was a tough road trip with the traveling but we played well both games," said McCourt. "We were unfortunate to not have come away with two victories but we are happy with the 4 points we got in the standings."

After their last two games, the Blue and White remain in first place in the conference standings with 18 points and are undefeated in NEC play.

The Hawks have one game remaining on their regular season schedule, as they will host Mt. St. Mary's on The Great Lawn at 1:00 p.m. on November 6.

If Monmouth comes away with a win or tie against the Mount, they will win the NEC regular season

title outright for the first time since 1990.

"We still feel we have a lot of work ahead of us to accomplish our goal from the beginning of the season which is to make the NCAA tournament," said McCourt.

"All season long, our boys have worked hard and shown a lot of dedication and deserve a lot of credit."

MEN'S SOCCER

11/6 (HOME) VS. MOUNT 1 PM

11/13 NEC PLAYOFFS TBA

NEC CHAMPIONSHIPS RESULTS

MEN'S TEAM RESULTS: 1. St. Francis (Pa.) 23; 2. Quinnipiac 57; 3. Mount St. Mary's 96; 4. Robert Morris 125; 5. Monmouth 140; 6. Wagner 193; 7. Long Island 207; 8. Central Connecticut State 212; 9. Sacred Heart 238; 10. Fairleigh Dickinson 253; 11. St. Francis (N.Y.)

INDIVIDUAL RESULTS: 23. Larry Schau 27:55; 25. Martin Suarez 27:58; 27. Matt Caporaso 28:02; 31. Randy Hadzor 28:11; 34. Steve Chennells 28:25; 38. Ryan Madrid 28:45; 40. Dustin Coleman 28:47.

WOMEN'S TEAM RESULTS: t-1. Sacred Heart 51; t-1. Quinnipiac 51; 3. Saint Francis (Pa.) 61; 4. Monmouth 126; 5. Mount St. Mary's 149; 6. Wagner 153; 7. Central Connecticut State 159; 8. St. Francis (N.Y.) 225; 9. Long Island 257; 10. Robert Morris 272; 11. Fairleigh Dickinson 337.

INDIVIDUAL RESULTS: 3. Katina Alexander, 19:47; 7. Malia Lyles 20:16; 29. Jessica Jones 21:49; 38. Nayda Pirela 22:49; 49. Melissa Vientos 23:07; 57. Asha Arneth 24:02; 59. Felicia Phiefer 24:16.

-Race results courtesy of www.monmouth.edu.



PHOTO BY Jim Reme

Rob McCourt has led the Hawks to an undefeated mark in the Northeast Conference. His team's 18 points are the most for the program since 1990. He has taken the team from two conference wins his first year to more than double that this year.

Outlook's Weekly NFL Picks - Week 9

	Away							
	Carolina Panthers	San Diego Chargers	New York Giants	Philadelphia Eagles	Pittsburgh Steelers	Chicago Bears	Detroit Lions	Atlanta Falcons
Home	Tampa Bay Buccaneers	New York Jets	San Francisco 49ers	Washington Redskins	Green Bay Packers	New Orleans Saints	Minnesota Vikings	Miami Dolphins
 Eddy (7-1 Last Wk) (28-20 Overall)								
 Craig (6-2 Last Wk) (26-22 Overall)								
 Lauren (5-3 Last Wk) (21-27 Overall)								
 Alex (7-1 Last Wk) (29-19 Overall)								

Women's Soccer

Grand finish for Sands, Hawks in 2005 season

CRAIG D'AMICO
SPORTS STAFF WRITER

With the top four seeds for the 2005 Northeast Conference Women's Soccer Tournament already determined, and the Hawks not among them, heading into the final week of the 2005 regular season, the Hawks entered their final two games playing for pride.

They played with plenty of it, taking the best team in the conference to the limit in an overtime thriller, and sending off their seniors with a dominating victory over Quinnipiac.

The Central Connecticut State Blue Devils have dominated NEC women's soccer. They are the three-time defending champions, and this season had already clinched the top spot, having won their last eight in a row and a perfect 7-0 in conference play.

After Central scored ten minutes in, Hawk junior Tanta Earl scored her first goal of the season off of an assist from senior Kate Sands to tie the game at one goal a piece at the half. Then, Central retook the lead back at the 59 minute mark, but the Hawks would once again answer back.

In the 83rd minute sophomore Amy Hoyer netted her second goal of the season to tie the game at 2. It would remain tied at the end of regulation, but four minutes into the bonus session, the Blue Devils would take advantage of a free kick opportunity. The kick deflected off the Hawk wall and the Blue Devils used a crossing pass to get the ball past goalie Addie Kozlowski for the 3-2 overtime win. The Hawks gave the NEC's top team one of their toughest tests of the season.

The Hawks outshot the Devils 10-3 in the first half, and freshman goalies, Katie Buffa and Kozlowski split time in the net.

Sunday afternoon at the Great Lawn was the setting for the Hawks 2005 finale, and senior day, as the Hawks closed out the season with a matchup against the Bobcats of Quinnipiac. Monmouth's star shined brightly in her final game. Sands registered her first career hat trick in Monmouth's 4-0 shutout win.

The bulk of the scoring came in a eight minute barrage in the first half. Fresh off her first career goal in the previous game, Earl scored off of a pass from Sands to give the Hawks the 1-0 lead. Less than seven minutes later, Sands was fed a pass from freshman defender Joni DeMoor, for her seventh goal of the season.

Just one minute later, Sands recovered the ball in the midst of a scrum in front of the net following a corner kick and sent it past the Bobcat goalie on her fourth shot attempt for her second goal of the game and to give the Hawks a commanding 3-0 lead at the break.

Monmouth would finish off the scoring in the second half at the 73 minute mark on an unassisted goal by Sands, giving her three on the game, nine on the year, and 35 in her four year career for the Blue and White.

"In Kate's final game she demonstrated how she can dominate a game with her skill, speed, and clever play," commented Hawks head coach Krissy Turner, "I was very happy of how all the seniors performed, and we could not have planned a better ending. The weather was terrific, the crowd was great, and the team played extremely well."

Monmouth outshot Quinnipiac 20-2 in the match, and Buffa and Kozlowski once again split the netminding duties.

The Hawks finished the season at 5-9-3, 3-5-1 in conference, and finished in a sixth place tie with Wagner. Monmouth will lose seniors, Meg Manney, Maureen Mastro, Tara Froehlich, Jen Storione, and Kim McCarthy. Coach Turner had nothing but praise and good things to say when asked about her seniors, "Our senior student athletes truly define the meaning of a Monmouth student athlete. The five of them who have been here since their freshmen year will graduate in 4 years and Tara is pursuing her graduate degree. They lead us to two conference tournament appearances in their 4 years. They are wonderful young people who have always represented our program in the best light. They will be missed."

The season was an up and down roller coaster with good and bad, "our strength of schedule this year was the strongest of any year since I have been here," said Turner, "Our results with Lehigh and our tie with Rutgers demonstrate our ability to play a terrific brand of soccer. Unfortunately in a few of our conference games we didn't play 90 minutes of our best soccer. We fell short of our goal of making the top 4."

The Hawks didn't qualify for the NEC Tournament this year for only the second time, and now the focus for Coach Turner and the Hawks will be on retuning to the tournament in 2006, "Our future is looking very strong. We will be a young team next year but with a nice blend of upperclassmen I feel the level of soccer can be better than this year. It is an exciting time for Monmouth women's soccer and we are looking forward to working hard to get back to the elite 4 of the Northeast Conference in 2006."

"In Kate's final game she demonstrated how she can dominate a game...I was very happy of how all the seniors performed, and we could not have planned a better ending..."

KRISSY TURNER
Head Coach



PHOTO BY Jim Reme

Kate Sands finished her stellar career for Monmouth by tallying a hat trick in her last game.

Kate Sands

career stats by season

Sr. F/M Cranford, NJ

2005	2003
Goals 9	Goals 7
Assts. 7	Assts. 4
Points 25	Points 18
2004	2002
Goals 9	Goals 10
Assts. 6	Assts. 2
Points 24	Points 22

Sailing places eighth at Henry Luce Trophy Regatta

Hawks B Division posts event's second best score

PRESS RELEASE

WEST LONG BRANCH, N.J. – Monmouth University's sailing team posted an eighth-place finish at the Henry Luce Trophy Regatta hosted by Georgetown University on Saturday and Sunday.

The Hawks' A Division finished 13th among the 15 squads, but the Blue and White's B Division made up ground scoring tallying just 54 points, tied for second with the University of Delaware, trailing only Queen's College with 17 points.

The event was won by host Georgetown University, who logged 15 and 57 points, respectively, in the two divisions to edge out Queen's (80). Delaware (132), Drexel University (149), American University (153), Webb College (162) and the U.S. Military Academy (170) also finished ahead of the Hawks. The Blue and White bested Villanova (196), Virginia Tech (236), Columbia (242), Rochester (245), UMBC (253), George Washington (304) and Salisbury (358).

Hugh MacDonald named College Soccer National Team of the week

Junior defender helped MU clinch playoff berth; earns honor from Top Drawer Soccer

PRESS RELEASE

WEST LONG BRANCH, N.J. - Monmouth University junior Hugh MacDonald (Kearny, N.J./Kearny) was named to the College Soccer National Team of the Week on Monday afternoon, as Top Drawer Soccer announced its weekly award winners.

MacDonald, along with fellow defenders senior Kyle Frankoski (West Orange, N.J./Seton Hall Prep), senior Ed Hayden (Olney, Md./Magruder) and freshman Angelo Amato (Livingston, N.J./Montclair Kimberly Academy) and senior goalkeeper Art Satterwhite (Somerset, N.J./Franklin), helped the Hawks clinch a berth in the upcoming Northeast Conference Tournament with a 1-0-1 weekend.

Monmouth, which defeated Robert Morris 1-0 and earned a scoreless draw at St. Francis (Pa.), clinched a spot in the postseason for the first time since the 1999 campaign.

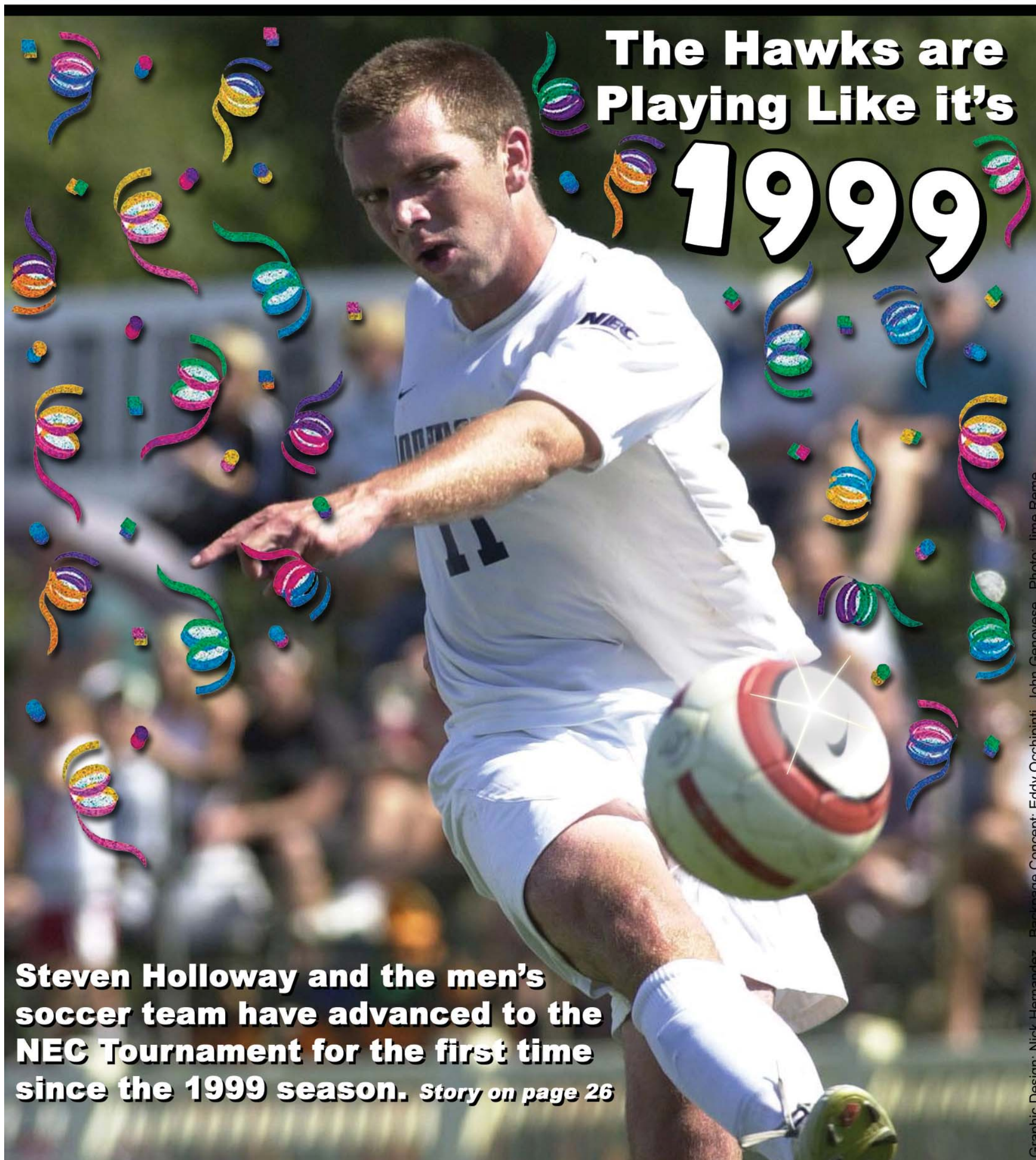
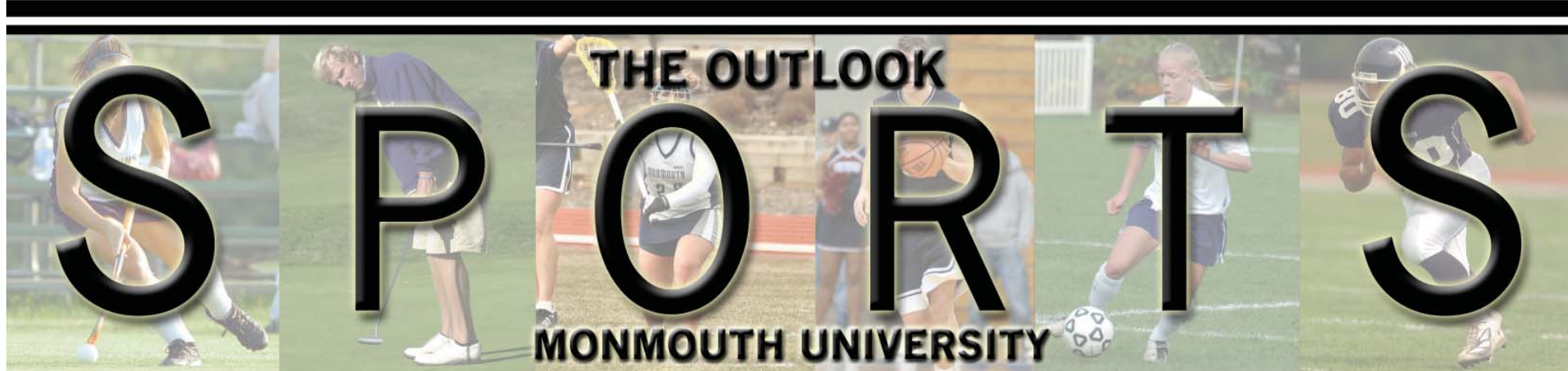
MacDonald and company have registered nine shutouts during the 2005 season, which sets a new school mark, besting the mark set in 1991 (six). The foursome in front of Satterwhite has allowed the netminder to post a new single-season school-mark for shutouts with nine. During the Hawks' current 10-game unbeaten streak, the Blue and White have allowed four goals.

Monmouth, which is 8-3-6 and unbeaten in Northeast Conference play at 5-0-3, ranks first in the league in shutouts (nine) and second in goals against (14) and goals against average (0.75).

"Hugh has been solid for us all season," stated head coach Rob McCourt. "His leadership on and off the field has been a huge positive for the program this season, and it is paying dividends."

MacDonald joins goalkeepers Jason Friehl (Villanova), Mike Gustavson (South Carolina) and Adam Schuermann (UConn); defenders Andrew Boyens (New Mexico), Gary Flood (Hofstra) and Marvell Wynne (UCLA) on the squad. Midfielder Blake Camp (Duke), Jason McLaughlin (Memphis), Andy Metcalf (UAB) and Matt Wiley (Tulsa) and forwards Ivan Becerra (Cal-Santa Barbara), Corey Bronner (Vermont), Rodrigo Hidalgo (South Florida), Joe Lapira (Notre Dame), Lee Nguyen (Indiana) and Tonci Skroce (UIC) round out the team.

Monmouth returns to action on Sunday, November 6 with a home match versus Mount St. Mary's.



Steven Holloway and the men's soccer team have advanced to the NEC Tournament for the first time since the 1999 season. Story on page 26

Complete football, men's and women's soccer, field hockey and crosscountry coverage inside

