

November Marks American Diabetes Month



American Diabetes Month raises awareness for type I and type II diabetes. Pictured above is a medical alert bracelet worn by patients with the disease for identification purposes.

CASEY WOLFE SENIOR EDITO

November is American Diabetes Month, which was created to case. raise awareness for the continuously growing disease, according to the American Diabetes Association (ADA).

According to Kathy Maloney, Director of Health Services, "Type I diabetes (T1D) is also known as insulin-dependent diabetes. body fails to produce enough of the cannot produce enough insulin to

metabolize sugar." Maloney added that T1D is commonly a genetic disease, though that is not always the

Type II diabetes (T2D) is similar in that one's body does not properly use the insulin that it makes. Also known as insulin resistance, T2D is a condition where the pancreas makes extra insulin to make up for the body's misuse of the hormone. The However, over time the pancreas

hormone insulin, which is needed to keep blood sugars at normal levels, according to the ADA.

Diabetes (T1D and T2D) affects 25.8 million people in the U.S., according to Maloney. Out of that number, one in 400 is less than 20 years of age.

Other lesser-known types of diabetes include pre-diabetes, which is what many adults develop before they are diagnosed with T2D.

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Voters Raise Minimum Wage

CHRISTOPHER ORLANDO MANAGING EDITOR

New Jersey voters passed a constitutional amendment to raise the state's minimum wage from \$7.25 to \$8.25 and to tie future minimum wage increases to inflation. This raise will affect businesses and workers alike.

The amendment passed 60 percent to 40 percent, according to USA Today.com. Before the vote, Gov. Chris Christie had vetoed the bill (A2162) passed by the New Jersey Legislature in 2012. The Legislature voted to have it placed on the ballot where it passed on Nov. 5.

Christie said that raising the minimum wage was not a good idea. He said it was, "Just an irrespon-sible thing to do." He has also called it "a truly ridiculous idea" to write the minimum wage increases into the state constitution, according to a USA Today article.

"The money doesn't come off a magic money tree. The money comes from the pockets and the hard work of the small-business owners," Christie said.

Aimee Parks, Assistant Director of Human Resources for Student Employment said that there are 1,048 Federal Work Study (FWS) placement students. Parks said that there will be meetings regarding the effects of the new wage. She also said this will make student positions more competitive. "Our office expects more students will want to work on campus and on campus [jobs] will be even more competitive. It will be a good motivator for students to sign up for their job in advance next fall," said Parks.

Parks said there would be effects to student employees and employers for Federal Work Study students. "Employers might want to hire more FWS students and spread out their work hours. If students use up their FWS awards, some may have to stop working if department budgets do not allow for Student Help employees."

Parks explained that right now, before the minimum wage is raised, it costs \$1.88 to have a FWS student work in a department on campus but with the minimum wage being raised it will cost \$2.06. For someone who is not FWS, it will now cost \$8.25 instead of \$7.25.

According to Parks, 76 percent of University student employee placements will be receiving some type of pay increase starting Jan. 1, 2014. This increase could be from \$0.75 and \$0.05.

John Buzza, a specialty professor of management and decision sciences believes students, whether it

Minimum Wage continued on pg. 9

MU Honors Veterans and Victims of 9/11 with Dedication of Memorial

ANGELA CIROALO NEWS EDITOR

The University honored Veterans Day through the dedication of the 9/11 Veterans Day Memorial, recognizing the doon Nov. 11 at 9 am.

At the base of the monumen

morial was donated to the University two years ago by Judy Eisenberg, a University Life Trustee, and Lewis Eisenberg, Port Authority Chairman of NY and NJ.

those who perished on 9/11, but the NY, NJ Port Authority. President Dr. Paul Brown officially dedicated the 9/11 Veterans Day Memorial to the University during the ceremony.

"May it remind [all who walk

2001, the courageous acts and sacrifices made by our military veterans, and the unstinting American spirit to guide us into the future," said Brown.

Brown said the base of the me-"This is truly a unique and morial, the piece of steel recovnors and completing the Nation- special privilege that [my fam- ered from the wreckage, was atal Remembrance Day Roll Call ily] and I were able to provide tained by the University Student as a lasting memory, not only of Veterans Association through The podium is engraved with the message "Here stands once more a symbol to 9/11 Heroes and America's Military Veterans." The memorial was designed by Raymond G Klose, University alumnus and President and CEO of the Klose Associations.



is a twisted piece of steel that for those who have given their was recovered from the World lives, their sacrifice in so many Trade Center after the attacks ways to defend our life, our on Sept. 11, 2001, said Mary liberty and our individual free-Anne Nagy, Vice President of doms," said Lewis Eisenberg. Student and Community Services.

The 9/11 Veterans Day Memorial was installed in front of Edison Hall in the beginning of the fall 2013 semester. The me- by] of the events of Sept. 11,

Memorial continued on pg. 3

PHOTO TAKEN by Tara Cirincione

Lewis Eisenberg (right) donated the memorial. During the dedication ceremony, he spoke about Veterans Day and where he was on 9/11.

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News

The University experienced a brief blackout last week resulting in several class cancellations

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Opinion

Read about one student's opinion on pets that have social media pages

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Entertainment

The Department of Music and Theatre presents "The Laramie Project."



Club & Greek

Lorraine Warren was featured as a part of Psychic Weekend hosted by SAB.



MU Experiences Power Outage for Over An Hour

CASSANDRA FIGUEROA SSISTANT NEWS EDITOR

The University experienced a power outage caused by an electrical malfunction at the University's substation in Tinton Falls on Thursday, Nov. 7 that lasted about 90 minutes.

According to Roger Gray, the Supervisor of Pressure Management and Transmission for NJ Natural Gas, a transformer blew and was defective for 40 minutes, causing Long Branch and West Long Branch to lose electricity.

Transformers are "electricial converters that change AC voltage to DC voltage in order to conduct electricity," Gray said.

He explained that cold weather makes the transformer malfunctions to be at a higher level due to their susceptibility to corrosion.

The outage caused all 1 pm classes to be cancelled, while the University worked diligently to turn the campus electricity back on.

Patricia Swannack, Vice President for Administrative Services. said, "First, we determine which buildings are affected by the outage and dispatch Facilities Management employees to verify that no one is stuck in an elevator and shut off mechanical equipment so that if we experience power surges, equipment is not damaged."

She continued, "At the same time, we are working with our JCP&L [the local electric company] representa-

outage and to attempt to learn when power will be restored.'

Swannack said whatever task the electricians, HVAC mechanics, office staff, and directors at the University are engaged in at the moment of the outage is stopped and refocused in order to deal with the power outage.

Mary Anne Nagy, Vice President for Student and Community Services, said the University has precautions in place to deal with power outages.

Nagy said, "When power goes out we have certain facilities that have generators to keep some of our systems working, like the dining hall, so we can try to continue normal operations."

"We also have emergency lights in our buildings that will provide some temporary lighting for safety reasons," Nagy added.

The University also has staff that is deployed to monitor safety and electrical situations. When a power outage occurs, Facilities Management and the Monmouth University Police Department (MUPD) execute operations to secure safety and productivity throughout campus and the surrounding community.

Bill McElrath, Chief of University Police, explained that safety policies were in place at the time of the outage and the University was fully informed of the situation.

McElrath said the blackout affect-

community but overall, the situation was handled smoothly.

"On campus, there were some class cancellations due to the blackout. Off campus, the traffic lights in the affected area were out and local police departments had to assist with the flow of the traffic," he said.

Some students were in class during the time of the outage. Most professors continued their lectures, working with the resources that were still available.

Mary Harris, specialist professor in the communication department, was teaching her Social Media in Public Relations class at the time of the outage. "As a class we tried to embrace the circumstances and utilized our smart phones to discuss the latest tweets and posts regarding the power outage," said Harris.

"We also shared input regarding our digital world and how mobile social media allows us to access news and resources in just a few seconds. It is quite amazing," Harris added.

Richard Scherl, associate professor in the computer science and software engineering department, also continued with his class lecture during his 11:30 am Introduction to Computer Science II class.

Well, we were having a lab so generally the students would be working at their computers. I was just discussing, in general, how to go the power went out. So I just conthe program from those generalized discussions, working entirely on the white board," Scherl said.

A student in Scherl's class expressed that everyone had acted as if the outage had not even occurred. Jessica Anastasio, sophomore computer science major, said, "Since it was a computer science

tive to determine the cause of the ed the campus and the surrounding tinued and we together developed course all we did was start writing code on the whiteboard instead of on the computer. Neither the professor or the students made a big deal about it."

> After an hour and 30 minutes, power was back on.

> "Eventually, JCP&L reset the breaker and we were back in business," Swannack said.



PHOTO TAKEN by Cassandra Figueroa about doing the lab exercise when Students used their phones as a source of light during the power outage.

November Raises Awareness for Chronic Disease

Diabetes jump from pg. 1

During this stage, blood sugars are higher than normal but not high enough to be diagnosed as T2D, according to the ADA. Patients can still prevent the onset of T2D at this point by losing seven percent of their body weight (or 15 pounds if they weigh 200 pounds), or exercising moderately for 30 minutes a day, five days a week.

Another type of diabetes, gestational diabetes, develops during pregnancy. This usually occurs around week 24 of gestation, but it does not mean that a woman will have this disease after she gives birth, according to the ADA. It is important to monitor her blood sugar closely for the duration of her pregnancy.

According to the ADA, diabetes is the leading cause of blindness and kidney failure, accounting for 44 percent of kidney diseases. People with diabetes are also two to four times more likely to suffer from a stroke.

As of March 2013, the national cost of diagnosed diabetes is \$245 billion. Direct medical costs ac- ketball team, does not use an incount for \$176 billion and reduced

productivity accounts for \$69 billion, according to the ADA.

Maloney said that a person with diabetes requires external administration of insulin to help regulate their blood sugar levels. For those with T1D, insulin can be given through injections or through an insulin pump, which administers small doses of insulin throughout the day as opposed to all at once.

an insulin pen which gives me a lot more flexibility as far as eating, where I can eat anytime of the day. Prior to using the pen, I would use syringes, which meant I had to eat at a certain time each day," Jones said.

Diabetes affects every patient differently. Kevin Holton, a senior English major, was diagnosed

search, according to Kelsea Lowe, a Brookdale Community College student. "[Diabetes] is a life threatening chronic disease that, if left untreated, results in many complications and in severe cases, death," said Lowe.

Diabetes can prevent people from living normal social lives as well. "Also, sometimes my insulin with diabetes at age two. "The hu- pump will stop delivering, usually

Diabetes is the leading cause of blindness and kidney failure, accounting for 44 percent of kidney diseases.

AMERICAN DIABETES ASSOCIATION

Animus Corporation, an insulin pump company, said that patients who use insulin pumps are proven to have lower HbA1c levels (a measure of blood glucose levels over time) than those who take multiple injections of insulin daily. Insulin pumps also give patients the flexibility to sleep in, have more varying meal times and choose how and when to exercise.

Deon Jones, a junior on the bassulin pump, however, "I am using man body is almost impossible to know well, so your insulin needs can change without warning," said Holton.

"Also, it frankly sucks having to break down every bite of food so you know what to give yourself. I've converted to vegetarianism just because it makes my numbers easier to control. I want to reduce the long-term damage as much as I can," Holton said.

Diabetes awareness is important in moving forward with medical rewhen it's most inconvenient, meaning I have to cut short whatever social event I'm engaged in. 'Sorry, but I might die if I don't leave right now' is an awful way to end a date," said Holton.

Complications from both types of diabetes can also cause long term complications such as heart disease, stroke, blindness, kidney disease or failure, and nervous system disease, Maloney explained.

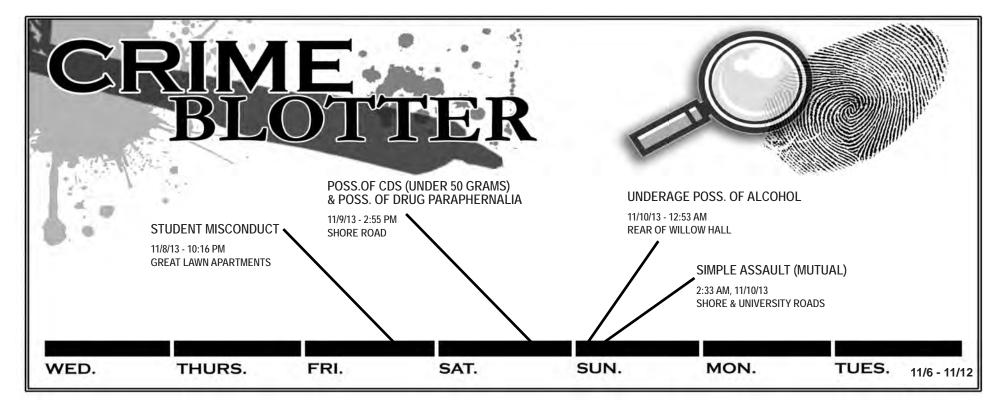
Educating people about diabetes is important for more than just ancing act," said Lowe.

patients, according to Holton. He said that the three main reasons that awareness is important are, "To be aware so that [people] can be sensitive to the needs and differences of people around them, to be exposed to what is rapidly becoming a more widespread affliction and to be aware of warning signs in themselves and others."

Lowe agreed that people should be educated about diabetes. She said that many people know what the disease is but do not know the difference between T1D and T2D.

Jones said, "[American Diabetes Month] will make everyone be aware of diabetes and hopefully make others want to check themselves to see if they may have it." He added, "It makes everyone think about it. But I think it is awesome to have a whole month dedicated to diabetes, it's a huge plus and a step in the right direction.'

Diabetes is a life-long disease that patients have to learn to manage, according to Lowe. "You control the disease, the disease does not control you and it takes a lot of patience and control to manage the disease. It's a very hard, large bal-



Students Learn The Importance of Networking

ALYSHA ZIMMERMAN CONTRIBUTING WRITER

the University's Office of Career Services teamed up with the business fraternity, Alpha Kappa Psi, to co-host a panel for Careers in Finance and Economics in Young Auditorium on Thursday, Nov. 7.

The audience was composed of students and alumni. Some came to learn about the industry while others came in hopes of networking, finding an internship, or simply gaining valuable knowledge.

The panel included University alumni and industry profession- Career Services, explained that Ca-

Mannix, and Ken Engel. Laura Cornish, graduate of Scranton University, was also on the panel.

Each panelist spoke about their search for their desired careers. They gave advice to current students about taking advantage of the resources that the University's Career Services Office has to offer. At the conclusion of the event, there was an opportunity for a question and answer period and one-on-one networking with panelists and other alumni.

William Hill, Assistant Dean of als such as Brian Sforza, Samantha reer Services is available to help stu-

Bernstein, John Genovese, Deborah dents with every phase of their job What attracted him to the Universisearch. This includes help with resume preparation, interview coaching, and even searching for jobs by using the weekly full time and parttime newsletter that is sent to students' University email addresses.

Sforza explained his journey that eventually led him to his current position as a Relationship Manager for PNC Bank. While at the University, Sforza said he aspired to be a State Trooper.

After being put on a waiting list, he utilized Career Services at the University in hopes of finding a job. This decision helped him get an initial interview with PNC, which eventually led to two additional interviews with the company.

Sforza said current students who are looking for internships or jobs should use the resources provided by the University and work hard to advance.

"Do your best and then do a little more," Sforza said. "There are very few things in your career that you can control, but the one thing you can control is the effort that you put in and the tenacity in which you work.'

Many of the panelists stressed the importance of starting the job search early and doing things to make one's self stand out. Engel, Executive Vice President of RJ Wireless Group Companies, advised that the best way to have a resume stand out from the thousands of others is to find an internship earlier on rather than waiting until senior year. He credits his start to the University Career Services office saying, "Will Hill was instrumental.'

Genovese graduated from the ond, she missed a potentially great University in 2010 with his MBA. opportunity because she would

ty's MBA program was the Graduate Assistantship program that prostudent's tuition.

the industry through an unpaid pri-

vate equity internship that he found

through Career Services. From

there, he worked his way up to nu-

merous positions in the business

field. He claims that persistence is

key to making it in the business in-

dustry. His recent start-up company,

PolitePersistence, can help students,

or anyone in the job market, get on

the radar of potential hiring manag-

ers in an easier, less time consuming

Deborah Mannix, a financial

advisor at Morgan Stanley and co-

chair of the University Business

Council, said one must, "Network like a ninja." She also said that on-campus recruiting is crucial to

building relationships and getting

Mannix admitted that she made

three large mistakes at the start of

her career. First, she let fear stop

her from taking a position in New

York that she was offered. Sec-

the chance to interview.

manner.

simply drop hints to someone she knew about wanting an internship rather than coming out and asking vides on-campus employment for directly. Lastly, Mannix regrets not qualified students to help pay for the taking advantage of all the pertinent programs that the University

"You've got so many resources here at Monmouth, use them. People here want to help you, it's a shame if you don't utilize them."

BRIAN SFORZA Panelist Speaker and University Alumnus

Genovese began his career in had to offer.

Micah Freedman, senior and Vice President of Professionalism of Alpha Kappa Psi, explained why students should take interest in the networking events on campus. "These events are important so students can be exposed to real world employers and people who have been in the same situation that they are in now," Freedman said.

The group of panelists each explained that it is never too early for a student to start networking, and if they wish to succeed, they must be willing to work hard.

"You've got so many resources here at Monmouth; use them. People here want to help you, it's a shame if you don't utilize them," advises Sforza.

Hill said, "You can achieve success if you are diligent, hardworking and not afraid to network with other successful people." He also suggests that students attend the Fall Career Fair that will be hosted in the MAC from 12:30 pm to 4:30 pm on Nov. 20.



Business Students Jordyn Magenheim, George Alfano, Alexa Gentempo, and Jill Alexander attended the Careers in Finance and Economics Panel to create contacts on Nov. 11.

MU Remembers 6,725 Veterans' Lives Lost Since 9/11

Memorial jump from pg. 1

Association.

Following the ceremony, the National Remembrance Day Roll Call was read for the remainder of the day for the third year in a row.

We will be here all day reading over 6,700 names," said Brown. You will hear the names from the moment the ceremony is concluded, until we continue until every last name is read and as a name is read we will remember and we will be thinking about those individuals."

Brown explained that it is "absolutely the right thing to do." The nationwide event is practiced at 80 other universities, the University adopted it two years ago.

The list of 6,725 names included every life lost in Iraq and Afghanistan up until Nov. 11. Jeffrey Hood, Coordinator of Veteran Services, said, "We just added a name today, so it's current."

Hood explained that he divided the list into sections of 250 names that were read every 15 minutes by a list of 27 volunteers. The reader volunteers included Judy and Lewis Eisenberg, Brown, Hood and students and faculty throughout the University.

Hood said that he list of readers was determined on a first come first

serve basis. He gave veterans the first opportunity, and then opened the opportunity up to the University campus and those interested.

"It is really an important thing to all veterans," said Amy Bellina, Director of Student Activities and Student Center Operations, who participated in the reading for the first time this year. "It was a really nice service to honor all who gave their lives.'

Bellina said that she has veterans in her family and she felt that reading some of the names of people who lost their lives in the line of duty was an important way to honor them. "It is really moving if you think about it," said Bellina.

Brown said that on Veterans Day, 'we have to just stop for a moment and always remember that day ... please stop and think about where



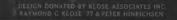




PHOTO TAKEN by Jessica Roberts The 9/11 Veterans Day Memorial was dedicated to the University by President Dr. Paul Brown on Monday, Nov. 11.

you were on [Sept. 11].

Brown said that he and his family were in New York City, about a half a mile from the World Trade Center.

Eisenberg said the Port Authority had an office in the World Trade Center in Tower 1, on the 67th floor, on Sept. 11. "For the 60 days, from that day on, I spent virtually some part of every day at ground zero," said Lewis Eisenberg.

"I was merely a spectator amongst the hall and ground filled with heroes, with first responders, with valiant and brave police officers and tremendously courageous firefighters..." he added.

Brown also remembered his family members that served in the line of duty during the ceremony. Brown first mentioned his brother, who served in the Vietnam War, his wife's father, who served in the Army Air Core in the Navy during the Battle of the Bulge as a radio operator, and finally his uncle, who said he would occasionally get to

PHOTO TAKEN by Tara Cirincione President Dr. Paul Brown announced several names of the lives lost since 9/11 during the National Remembrance Day Roll Call.

speak to as a kid while he was over- the Navy on the U.S.S. Ronald Reaseas.

Susan Elwood, a junior communication major said, "It's important to recognize those who have and are serving because they have chosen to selflessly protect the American people and get little to no thanks on a daily basis."

Both of Elwood's grandparents served our nation in the service, and her brother is currently serving in jhood@monmouth.edu.

gan, which is ported in San Diego, CA.

Elwood continued, "It is truly one of the most noble jobs a person can have and people should be aware that this holiday is to commemorate this kind of bravery, for it is unique."

If anyone wishes to participate in reading the list of veterans' names next year, contact Jeffrey Hood at

To learn about veterans at Monmouth University go to pg.14

The Reason Behind No-Shave November

PAUL WILLIAMS STAFF WRITER

This month some men will be growing their beards in favor of supporting No-Shave November, an international cause to raise awareness for various types of male health issues, specifically prostate and testicular cancer.

Several advocacy websites for No-Shave November offer participants the opportunity to make a tax-deductible donation to a charity for cancer research. Noshavenovember.com, suggests that participants donate what they would regularly spend on razor blades or barber shop visits to the American Cancer Society instead.

"The goal of No-Shave November is to grow awareness by embracing our hair, which many cancer patients lose, and letting it grow to generate awareness and donations for the cause," Christine Hill, co-founder of no-shavenovember.com said. "No-Shave gives meaning to the action and sparks that conversation. It allows our supporters to tell others why they are doing it.'

Hill added that their site's donations have grown every year since the website was founded in 2009, and this month's donations surpassed \$80,000 as of Nov. 11.

Cancer is very prevalent in today's society [and] something that men and women of all ages should be made more aware of," Hill said. "Many of us have been and screenings for those types of affected by cancer in one way or another, whether by a friend, neighbor or close relative. We ciate professor and the Chair of know that with healthcare, time the University's Department of can make a big difference - with health and physical education, cancer, early detection can give believes that No-Shave Novem-

you that chance."

According the American Cancer Society, about one in six men in the United States will be diagnosed with prostate cancer during the course of their lives, can males are afflicted with the disease each year. An additional 8.000 are annually diagnosed with testicular cancer.

Prostate and testicular cancers are some of the least lethal types of cancers, according to www. cancer.org. The website states that, according to medical pro-

ber, like other cancer awareness projects, can be effective in promoting the awareness of male cancers and preventive screenings for them.

'I think a campaign like this and more than 200,000 Ameri- is positive if it can help convince more men to take care of themselves and get preventive health screenings. Many men are great about changing the oil in their cars or planning for their financial future but are reluctant to maintain their health with such care," Konopack said.

Konopack continued, "Alfessionals, as with any other type though we can't completely elim- don't do anything to help on their

diseases, especially with cancer.' Dibianca anticipates that the No-Shave November cause will continue to grow on him and other University students as the month moves along. "No-Shave November does become fun and almost like a friendly competition when you have others participate to do so with you," he said.

While some may consider growing their beards out a fun activity for a worthy cause, Konopack compares facial hair growth to pink ribbons for breast cancer awareness: he said they

"Many men are great about changing the oil in their cars or planning for their financial future but are reluctant to maintain their health with such care."

> **DR. JAMES KONOPACK** Chair of the Department of Health and Physical Education

of cancer, early screenings and diagnoses are pertinent to a patient's survival rate.

"The risk of dying from [testicular] cancer is very low: about 1 in 5,000," the website states. The site also notes that the relative five-year survival rate for prostate cancer that is caught early, is near 100 percent, but advanced stage IV prostate cancer has a survival rate of only 28 percent, underscoring the incentive for men to regularly receive tests cancers.

Dr. James Konopack, an asso-

inate our risk of illness, there is value in knowing what influences both our short and long-term health and how much of that is within our control."

Joseph Dibianca, a senior communication major, is participating in No-Shave for the first time. He didn't think about growing a beard until the month began and admitted he was initially just "kind of lazy about shaving", but then decided to finish growing a beard for the campaign.

"I came into the month of November with some-what of a beard already so I figured I'd continue to let it grow for the awareness cause," Dibianca said. "I am a big firm believer in [causes] to raise awareness for such vital

own, but are effective tools used to raise awareness about the illnesses.

"The facial hair thing is only truly effective if it helps raise money or creates dialogue that ultimately changes behavior or improves access to care," he said.

Konopack shared a personal anecdote about an effective No-Shave November campaign. "I have a colleague at another university who is normally cleanshaven but grew his beard to raise money for men's health research. An old friend of mine also did this a few years ago. Both used a fundraising website and received lots of support, and their photos and stories generated some great discussion," Konopack said.

Students in relationships participating in No-Shave November will also have to walk the razor-thin line between raising awareness and keeping their significant other happy.

According to a study conducted by the University of New South Wales earlier this year, the majority of women prefer men to be clean-shaven.

Konopack suggests that students should keep their own lives in perspective while they participate in No-Shave November.

"My take is, don't be afraid to be an idealist, living in pursuit of higher standards, but don't jeopardize an intimate relationship just to grow a symbolic beard. There are so many other ways to help, from donating money, maybe even in your partner's name, to volunteering your time and energy to help worth causes," he said.

Dibianca, meanwhile, wouldn't consider cutting his No-Shave November campaign short. "I would say [to anyone that asks] that it's for a good cause and to raise awareness for male illnesses such as cancer, and that my facial hair shouldn't even bother [anyone] in the first place."

Jessica Fasano, a junior education major, said she wouldn't mind her boyfriend growing a beard for cancer awareness, but hinted that she wouldn't be thrilled if he decided to keep "Anything that promotes it. something in regards to cancer awareness and research is a great cause. It would be selfish of me to stop anyone from doing that. But, I might offer to shave my boyfriend's face for him on December first," she said.

Sugar and Salt May be Next on the FDA Target List

MELISSA HEALY MCT CAMPUS

Now that the Food and Drug Administration has banished most trans-fats from the nation's diet, some public health advocates are hopeful that two other beloved ingredients, sugar and salt, will be subject to similar scrutiny.

'Sodium is next," said Dr. Dariush Mozaffarian, a Harvard University epidemiologist and cardiologist at Boston's Brigham and Women's Hospital.

By acting to remove artificial trans fats from the food supply, Mozaffarian said, the FDA has acknowledged a scientific consensus that they are hazardous to the public's health. The same could be said about excess dietary sodium, and that should be an equally powerful prod to FDA action, he said. Tom Neltner, an analyst with the Natural Resources Defense Council in Washington, D.C., said that sugar, also, may become a target in the wake of the FDA's action to remove trans-fat from food. In regulating food additives, the FDA has historically focused on removing chemicals that cause death and acute injury, Neltner said. Now the agency has demonstrated that it's ready to step in when a food additive contributes to chronic diseases that kill many people slowly.

disease.

Harvard University public health professor, Walter Willett and colleagues estimated in 1994 that consumption of trans-fatty acids caused 30,000 Americans to die prematurely of coronary heart disease each year. Other estimates

head off three times as many nonfatal heart attacks.

Willett cautioned that regulating sodium and sugar as additives would hardly be as easy as making a decision to ban trans-fats.

While trans-fats have no nutritional value, salt is an essential nuadditives has come under growing criticism in recent years, and again on Thursday with the release of a three-year assessment of the FDA's program by the Pew Charitable Trusts.

As the number and variety of substances added to food in the

are introduced to the market, and to approve or deny their use. But in 1997, the agency acknowledged it was sitting on an overwhelming backlog of requests, and announced that it would accept voluntary notifications of planned additive use from food manufacturers.

That policy would allow a food company pondering use of a new chemical in its product to make the case that the proposed additive was 'generally recognized as safe," or GRAS. Unless the FDA challenged the company's argument, the company would then be free to use the additive as it saw fit.

The review by Pew's experts found that many manufacturers of foods and food additives have bypassed the voluntary notification process altogether. The result, the report estimates that about 1,000 new chemicals have been intro-



"I hope this presages a new willingness to regulate with an eye to these chronic illnesses," Neltner said.

fat, a frequent fellow traveler, transfatty acid is a bad actor, knocking the blood's lipid levels into dangerous territory on two fronts. Not only does it raise levels of LDL cholesterol, trans-fat consumption depresses levels of HDL cholesterol, which is protective against heart deaths of 7,000 Americans and PHOTO COURTESY of munchymart.com

People are wondering if salt and sugar will be included next on the Federal Drug Administration's list after trans-fat was banned on Nov. 7.

Even compared with saturated have soared as high as 100,000 premature deaths per year.

> In a more recent update of transfat's toll, the Centers for Disease Control and Prevention said that eliminating the remaining trans-fat from American diets would prevent the premature cardiovascular

at reasonable levels, is not harmful, he said. If it is to act on mounting scientific concern about dietary sodium and sugar, the FDA will have to rethink the assumption that an additive it considers to be as safe "is safe in any amount," Willett said.

trient. And sugar, when consumed U.S. has exploded, the agency's resources, as well as its regulatory powers under the 1958 Food Additives Amendment have been overwhelmed, the Pew report concluded.

The FDA has the legal authority to scrutinize any new chemicals The FDA's regulation of food before they are added to food and GRAS list.

duced into the U.S. food supply without any FDA oversight at all.

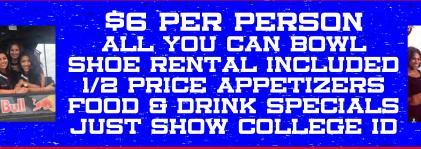
It's not often that the FDA kicks a food additive off the list of edibles that are "generally recognized as safe," as it did on Thursday, Nov. 7 with artificial trans-fats. The agency last did so three years ago, when it warned three makers of alcoholic beverages that it considered caffeine an "unsafe food additive" when mixed with alcohol and ordered their products off the market.

The last wholesale removal of an additive was in 1969, when the agency took cyclamate a potent artificial sweetener off the GRAS list. That decision was prompted by a 1966 study that found cyclamate increased the risk of bladder cancer, liver damage and birth defects in rats. Subsequent research found that cyclamate's health dangers do not extend to humans, and in 1982 there was a request to reinstate the sweetener to the



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WEB: http://outlook.monmouth.edu outlook@monmouth.edu E-MAIL:

ADS E-MAIL: outlookads@monmouth.edu sthead designed by Kimberly Lynn Maller Back page sports logo designed by Nick Hernande

"Show me the Money!"

THE OUTLOOK STAFF OPINION

When does volunteer work turn into paid work? When is it morally correct to not pay someone who donates more hours a week to their student run organization than their actual paid job? The Outlook staff believes that serving as an e-board member for any media run student organization acts as a full timejob and should be paid like a full time-job.

The Outlook staff calculated that if we were to compare the amount of hours at our respective paid positions to the amount of hours we spend at The Outlook, our work would never be finished in time for the Tuesday night deadline.

It would seem appropriate if media student-run organizations would be paid minimum wage, but we do not think it would be proper to pay those who do not hold an e-board position.

If e-board members are not permitted to be paid the \$7.25 per hour rate, than why doesn't being an e-board member count as an internship?

This idea is not as far-fetched as it may seem. In fact, other well known universities, such as Northwestern in IL, offer internship programs to their editors on their student-run newspaper.

The Outlook, as well as other student-run media organiza- a lot more students would want tions give us credible work we can use in the future, we feel that our organization's work requires commitment that has not yet been acknowledged by the University.

On top of homework, internships, paid jobs, attending classes, and studying, those who hold e-board positions are also required to participate on a daily basis in our respective organizations. While the staff understands that we signed up for our position knowing the commitment level, we also realize that the work done on a daily basis goes above and beyond what would be classified as normal volunteer work.

The Outlook staff volunteers their time to share their love of writing to University students, faculty, and alumni who reads the paper. On average, members of The Outlook set aside three hours a day to the newspaper. This is more than some professors spend on a lecture in a single day.

the student-run newspaper has taught them more about journalism than most of their internships. If students pay to receive those internship credits, The Outlook staff believes that the student-run media organizations on campus should be paid more valuable and resist a con-While we understand that or compensated in some way.

The Outlook staff also think to join and thus, make these organizations that much better. It would give students more incentive to get involved and hold an e-board position. It may actually broaden the type of people that are seen within the office and increase involvement of non-communication majors. The bottom line is more of a demand means more competition to do one's best.

If student media organizations receive pay for their work, other University club's executive boards may want to earn a weekly paycheck as well. To this statement, The Outlook staff cannot make a sound comment because we are unsure of the work put into the organization while outside the office; The Outlook can only make a testament to their own work and the work of those surrounding student media clubs they ally their selves with.

While it seems unlikely that a paycheck will be arriving in the mail to every member of The Outlook staff agrees that any student-run media organization's e-board, it is still a hopeful wish. A more simple solution instead of receiving a paycheck could be making the work suffice for an internship. If this is not possible, perhaps money towards tuition would be flict of interest.

CORRECTION: Last week in an article titled "The Social Work Society Hosts 9th Annual Teach-In," Beth Sidlow was credited with working with NJ Hope and Healing but the correct people were Meghan Cusack, a MSW alum, and one of her coworkers. Sidlow presented about her internship with Family Promise. The Outlook regrets this mistake and apologizes for any confusion, and all corrections have been applied to the online edition.



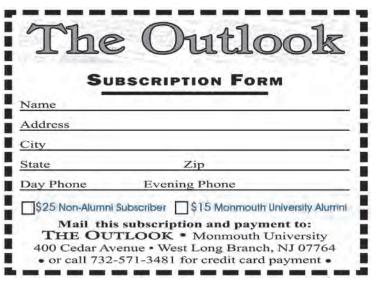
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Time for a Pep Talk: The Truth about Energy Drinks

WILLIAM ROMBA CONTRIBUTING WRITER

In today's busy world, there aren't enough hours in the day to finish everything that needs to get done. Between writing papers, completing internships and maintaining some semblance of a social life, it can be exhausting being a college student. Thankfully there are ways to try and regain that alert feeling.

While coffee and soda have always been the caffeinated beverages of choice for anyone looking for some quick energy, there has been a rise in the popularity of energy drinks in recent years.

Names like Red Bull, Amp, Monster, 5-Hour Energy and Rockstar are all over store shelves and are very popular amongst high school and college students.

Yes, energy drinks are a quick, easy source of caffeine, but what's really in them that makes them that way? Are they any worse for your health than a twelve ounce can of Coke?

According to the Mayo Clinic's website, that can of Coca-Cola contains between 30 to 35 milligrams of caffeine. By comparison, a twelve ounce can of Mountain Dew contains a whopping 46 to 55 milligrams.

This may sound like more than enough caffeine to keep the average person awake long enough to get through the day. However, these numbers fall far short of the caffeine amount contained in energy drinks.

An eight-ounce can of Amp contains around 73 milligrams of caffeine, while Red Bull, around 80 milligrams.

whopping 207 milligrams of the sports drink." caffeine into every two ounce, shrink wrapped bottle.

The Brown University health education website also mentions that, in addition to caffeine, these drinks also contain stimulants like guarana and ginseng.

"It is because of these high levels of caffeine and stimulants that energy drinks have the potential to do more harm to the body than good."

These are typically thrown in place of sugar so that the manufacturer can advertise that their beverage will not lead to a crash later on in the day. It is because of these high levels of caffeine and stimulants that energy drinks have the potential to do more harm to the body than good.

In addition to simply causing sleep deprivation, the Brown University website also states that these drinks can cause dehydration and increase a person's heart rate to the point of palpitations.

Because of this, they recom-Monster and Rockstar all contain mend not consuming energy drinks during any physical ac-Yet, 5-Hour Energy packs tivity. As the site puts it, "you the biggest punch; cramming a wouldn't use Mountain Dew as a that could have been prevented.

An article on Men's Fitness website also states that if you consume multiple energy drinks in one day, it can lead to dizzy spells, increased heart rate and sometimes a skipped heartbeat.

These drinks are not necessarily dangerous when consumed in moderation. But when they are used regularly as nutritional supplements, the potential for heart issues can arise.

While people of all ages consume energy drinks, they are clearly marketed towards young people. Red Bull is branded towards people who do things like skydiving.

They have even sponsored an event where people construct makeshift aircraft and launch them off a pier to see if they will fly.

Likewise, Monster is a big player in extreme sports like the X Games and both have been major sponsors in sports like NASCAR in recent years, along with 5-Hour Energy.

Whether it's trying to pull an all-nighter to finish a paper or trying to stay awake during that 90-minute lecture at 9 am, college students, along with others in this age group, are going to consume energy drinks.

Simply put, the key to energy drinks is moderation. Just like with indulgences such as fast food, soda and alcohol, too much of anything can be bad.

If you drink five Red Bulls in one day, it may give you wings, but there will also be some adverse health effects to go with them.

There's nothing wrong with drinking one once in a while for a little extra boost, but consuming energy drinks like water can lead to "Monster"-ous side effects

The Electronic Dance Music Lifestyle

DIANA BUSARDO CONTRIBUTING WRITER

Electronic Dance Music, or EDM as it is more commonly known, seems to be more popular than ever. This music is made by DJs with typically loud and continuous beats. It has been on the rise recently and has been integrated into mainstream radio and television.

The popular music festivals such as Electric Daisy Carnival saw crowds of about 320,000 people over three days, all there to enjoy the music. Although EDM has only recently become popular, it has actually been around for years, as it started as an underground movement in the 1980s.

Many young people believe EDM is more than a music genre for some it has become a lifestyle. Hardcore EDM fans revolve their lives around the music, shows, and artists. There are numerous blogs dedicated to this genre where fans communicate and bond over the DJs, new music and their experiences at the festivals.

The reason why EDM is so important and life changing is because of the different things you experience and learn from the music and the festivals.

The EDM community does not discriminate against any color,

shape or size. There are no judgments at these festivals but rather a culture based off of the idea of PLUR. PLUR stands for peace, love, unity and respect. The EDM world lives by PLUR, not only at raves but also in their everyday life. No one is treated like an outsider. It is a community made up of numerous types of people, where everyone is kind and accepting of one another. The friendships forged through the idea of PLUR at festivals are some of the most important relationships in these EDM fans' lives.

Every new show attended is a new friendship made. Fans of EDM call themselves rave families. These rave families are from all over the country and only get together for raves.

A fan's feeling towards her rave family, "I'm not close with a lot of people, but my rave family sees me at my most ratchet, my most happy, most sad, most hideous and most beautiful and they love me regardless.

If people can come together and show love and respect to others at music festivals, many believe this positive mantra will carry over into everyday life. The people they meet at shows teach fans that no matter what is going on in their life they can all come together as a group for the music.



Crowds of thousands of people who dress ecentricly all unite for a night filled with lights, effects and music.

"I'm Friends With More Animals than People"

CASEY WOLFE SENIOR EDITOR

My phone buzzed and the little Facebook icon popped up in the corner of my screen that means "you have a new friend request!" I assumed it was someone I knew from files that they take on furry personas class, or a distant relative who I met at a family barbeque. I opened the Facebook app on my smartphone to see who it was.

The name attached to the friend request was familiar, but I had to wonder how my high school acquaintance's long haired Chihuahua managed to set up a Facebook page with such tiny paws. Her profile picture was so darn cute that I had to accept Cupcake's friend request. Soon enough, I was friends with two dogs, three cats and a ferret on Facebook. I accepted a friend request from Stan the corn snake shortly after he wished me a very "sssspecial" day on my timeline when my birthday came around. It was then that I realized, I think I'm friends with more pets than humans on Facebook. My newsfeed was flooded by cuddly creatures and comments about how precious they looked dressed up as a pumpkin for Halloween. Instagram is no different. I posted one picture of my golden retriever on my personal account and suddenly I have a whole cult of kittens and puppies "following" me. I'll admit, most pet selfies will make my heart melt in an instant, but it feels like the internet has beapes were fluffy domestic mammals with big eyes and wet noses, that is.

We have to accept the fact that pets have consumed the internet. This could only mean a few things: humans are so bored with the limitations of their own social media profor a new and refreshing take on the experience.

Most of our personal friends and followers will judge us if we change our profile picture more than once a week.

If your dog posts 500 pictures

of himself and the cat in different have time to manage my own social rooms of the house they will easily receive a dozen likes in the first two minutes. It's a major ego boost knowing that we are the power behind the paws of Fluffy's Facebook fame, even if no one else does.

Pets are really secret masterminds who have learned the ways of the internet and are plotting a bigger technological invasion than Japan. Sleep with one eye open, pet owners.

Humans who create social media pages for their pets have way too much time on their hands. I barely

media pages, let alone for something with a leash.

My social media activity is limited to a few Facebook statuses and an occasional post on Instagram, but that's pushing it. If my dog wants to tweet or send Snapchats to the cat next door he can develop his own opposable thumbs. #petproblems.

Don't get me wrong, showing off your pets on the internet is completely acceptable. If "Grumpy Cat" doesn't make you smile then no amount of cuddly kittens will.

However, if your pet has more followers than you on Twitter, it's time to reevaluate the way you're using social media.

Don't let that adorable face fool you

Underneath that soft layer of fur is an evil genius just waiting to steal your friends and your delicate fingers dancing across the keyboard is enabling them.

If you have ever searched the hash tags, #pets, #instapets, #petsofinstagram or anything similar, you know that there are photos upon photos of dogs, cats and other domestic animals that humans call their best friends. Sounds sweet, right? Still, I can't help but feel resentful toward my dog for getting twice as many "likes" on that photo I posted of him lying on the floor as I did on my latest selfie. Moral of the story: everyone loves a good pet picture now and then, but when domestic animals take control of the internet, don't say you had nothing to do with it. We're the ones who encourage the egotistical and vain behavior of our pets on social media. Even if you have never created a Facebook account for your dog, or even if you don't have a pet of your own, don't tell me you have never "liked" a picture of a puppy posing for their owner's iPhone camera. We have a weakness for those adorable little creatures and that's okay. Simple pleasures don't have to be guilty ones. After all, you would have accepted Cupcake's friend request too.



PHOTO TAKEN from bostinno.st

As social media grows, more pet lovers are creating Facebook and Instagram accounts under their pets' come "Planet of the Apes;" if the name to post pictures and statuses of their animal friend.

Bus Trip Goes to Asbury Park Convention Hall to see Christie Accept Second Term as Governor

JESSICA ROBERTS ASSITANT POLITICS EDITOR

The Political Science Club sponsored a bus trip to the winning candidate of the Governor's Race's victory party and speech, last Tuesday night. A mixed group of graduate students, undergraduates, and members of the community gathered on the bus that left at 8 pm to go to Asbury Park Convention Hall where Governor Elect Chris Christie's victory party was held.

The bus picked up everyone who reserved a seat behind the Rebecca Stanford Student Center. Students and people of the community were able to get their tickets online for free.

Upon arrival to the Convention Hall, students had to present their tickets and go through a short security tent set up out front of the entrance. Once inside on the main floor was a stage set up where Christie was going to give his acceptance speech on the main floor. Food and drinks every day for people that I would were offered in a separate hall connected to the main floor.

Attendants walked around with lanyards for passes to get on stage during the Governor's victory speech. Some students were able to get on stage, while others with passes were seated near the podium where the Gov-

ernor was set to speak.

In his speech, Christie expressed his gratitude to the people of New Jersey stating, 'So tonight, first and foremost, I want to say thank you, New Jersey, for making me the luckiest guy in the world."

Christie then made a promise, "And for the next four years, we will fight to make those changes permanent, and we will fight to make them bigger. I did not seek a second term to do small things. I sought a second term to finish the job – now watch me do it."

Christie continued, "I used to tell folks all the time that I had the greatest job in the world - for a Jersey kid to be elected Governor of the state where I was born and raised."

He continued, "It's the greatest job that you could ever have in your life – I loved it every day, I would get up and know that I would have a chance to do something great. I didn't do something great every day, but I had a chance to do something great probably never meet.'

Christie spoke about the influence that Sandy had on his first term, "But on October 29 of last year, that job changed. Was no longer a job for me. It's a mission. You see, a mission is different than a job. A mission is something that's sacred. It's a

sacred trust that was thrust upon me and you on October 29th of last year."

Dr. Joseph Patten, Chair of the Political Science and Sociology Department and advisor to the Political Science club said, "Taking a ride on the Political Bus on election night to meet political leaders across our state is now an 8 year old tradition of the Political Science Club.

Patten said, "It's especially fun to see students from all majors who have never before engaged our political process, learn that it is accessible to everyone. The Political Bus is a fun event, and politics is supposed to be fun. It's about meeting people from all walks of life, sharing ideas, and trying to solve problems."

Ryan Kelly, a junior political science major, said "Well since it was in Asbury it was too good of an opportunity for any political science student to pass up, which ultimately led to a great turn out from our school. It was great to see the man behind the Sandy reform in the flesh. We very well could have seen his 2016 presidential campaign kickoff."

There has been anticipation about Christie's intention in 2016. Christie told ABC's This Week in response to a 2016 bid, "Listen, who knows? I don't



PHOTO TAKEN by Jessica Robert

Students and community came together to ride on the political bus to "Re-Elect Governor Christie" headquarters in Asbury Park to see his victory speech.

But everybody who is trying to tions aside, the atmosphere of figure out what life is going to bring you a few years from now, I didn't expect to be sitting here four years ago... So, nobody can make those predictions."

Monica Santos, a sophomore political science major, said, "Being a bit of a political junkie, I was expecting the world, and then some, when I signed up to go on the political bus. What I know. I'm going to continue to anything I could have thought what the world of politics really do my job and finish the job. up. Putting all political affilia- has to offer."

the entire bus ride over and of the Asbury Park Center booming with the happy buzz of Christie supporters, was just absolutely amazing."

She continued, "I don't think I ever realized (until going on the political bus) that so many people could truly be united under the common beliefs that they are so passionate about. It was just experienced though was unlike a mind-opening experience to

My Night at Governor Chris Christie's Victory Party

JESSICA ROBERTS ASSISTANT POLITICS EDITOR

Every state and federal election my University's Political Science Club takes a bus to the campaigning headquarters of the two different Hall, lights were strung from parties. This year I decided to jump on the board and get the full on experience. However, this year the professor in charge could not leave until 8 pm, so we could only go to the winning campaigns victory party.

The Bus

The bus was outside of our University's student center, waiting for all the political science junkies to get excited to go to the Headquarters of non-other than the Governor Re-Elect Chris Christie. It was large and in charge (fitting I know), with comfy seats and TV screens pulled down, reminding me of what real political journalist ride on following their assigned candidate. We figured, as the political science group, that there would really only be other fellow members. What we did not expect was not know the majority of the people on the bus. There the political candidate and his making me start to feel the burn were graduate students, undergradrautes and people from the community alike all on board to have a night of political nerdiness. While on the bus waiting for the official call that we all knew was coming, I got the tweet that we really get going with the Goverwere heading to the right party to nor's speech, staff members were hear the right Candidate give his acceptance speech.

again. Luckily I did not have a bag much bigger than the size of a fist, in preparation for such and ideal, and got in without a problem.

When entering the beauty that is Asbury Park's Convention the ceiling, large stages were set up all over the place, and on the now playing signs for the concert announcements that are usually there was the playlist of Chris Christie's Campaign Party Night. The people in the room, as expected were predominately older, with the few surprises (or maybe not so much) being the young kids in suits and glasses who are still

We waited for at least an hour, in a tight space next to the main stage. only to be turned down for getting on it. See at these events they hand out a mass amount of passes to make sure that people actually will be up there when the Governor is speaking. What we did, in fact, notice in the crowd was just who the campaign staffers were handing the passes to: women, people of ethnicity, and the youth.

Anyway, we got placed on the opposite side of the stage, closer to the podium which, for me was lucky, because I was supposed to be live tweeting anyway for *The*

to the floor. We were much further from the stage but also much, much cooler. We were near the press table, which is where I fan girled out watching the professionals type away as Christie spoke, writing up their stories for their publications to make available as soon as possible. It was rad.

His Speech

Now I used to be a proud Democrat. NEVER would have caught myself dead at a Christie event. As I get older and find myself studying more about politicians and following their campaigns, Outlook. However, there was a I also started to realize I am not naive enough to be buying into heater blasting so hard onto us, in any specific party. I find the

Well NJ, you re-elected this man, I hope that he doesn't cut too many benefits and screw over more middle class people in the process... no need to fear though because in these next four years his eyes are not on the state, they are on a much bigger prize.

He did what he was supposed to and that is to take care of the state in a very unselfish and un-bias way. Kudos to you on that Christie, and I would give you more kudos if you stopped talking about how great of a job you did and let us be proud of you. Stop patting your own back; it's taking away from your actual achievement.

The exploitation of the event for his political gain literally made my eyes roll as he spoke about loving his state and how he was going to fix the problems of our divided government. DUDE you're the Governor of New Jersey, not a member of the House of Representatives or Senate. You have no influence whatsoever on Washington Politics so you are clearly telling us your future intentions without actually saying it, and then hiding behind the fact that you "love your state."

After his speech we all found each other and filed back onto the bus to head back to school. Thankfully no one got lost or drunk. All were talking about how some were excited to shake Christies hand (which I mean he could be a future Presidential candidate) while others, like myself, were disenchanted at what was just witnessed. The best part of the ride home was when someone tried to start a 2016 chant, while the people in the back of the bus just stared blankly. Well NJ, you re-elected this man, I hope that he doesn't cut too many benefits and screw over more middle class people in the process... no need to fear though because in these next four years his eyes are not on the state, they are on a much bigger prize.

<u>Getting into the Party</u>

When entering the Asbury Park Convention Hall we all had tickets and ID's in hand. While waiting a woman working for staff went around informing all the women in the group they could not have a bag bigger than the size of a wallet for security reasons. This my friends is to make sure that no one was carrying in any weapons to such the utter happiness that these peoan event as the Governor's accepting his speech to be a Governor ning of a party.

party's promises.

There was free booze for anyone over 21; well one free drink with a ticket at the door. So while waiting in line for the bar in anticipation for the victory party to walking around with passes to get on stage for the speech, which, of course, we took. We wandered over to the spot that the staff member told us to go to, under a big screen announcing Governor campaigns all over the country and the New York City Mayor's Race as well. Being truly out of place every time we heard a cheer for a Republican candidate winning and a "booooo" for a Democrat, we stood in amazement of ple expressed through the win-

under my blazer, and that brought up countless Christie is cooking us jokes. After about 20 minutes of roasting, we ditched the oven and found our way back into the side hall with the bars and food.

The bars, however, were closed before the speech even started (which was at like 10... wasn't this supposed to be a party?) and huge cake of the governor's mansion was still on display untouched and could feed a family for a year, which was probably just thrown out afterwards. As I spoke with a bar tender working the event she informed me that they didn't even announce he won. Seriously, is it just sadly that obvious he was going to win that there was no need for announcement?

So as the bar and the room cleared out, Christie started his

many flaws in way the political parties work and would rather not align myself with such nonsense. The political system is not working when it comes to issue based problems, because there is no sensibility in solving said problems. As I was listening to Christie speak once again about Sandy, playing up the only real highlight of his political career it made me sick. There are still people whose homes are destroyed, with no money to fix it, and businesses that lost everything in the horrendous storm of Hurricane Sandy. Yet, this man, our "leader" is going to use this tragedy to play up his success, well why the hell not, he used it to get re-elected right? Also as our leader, reacting as he did during Sandy (which I do give acknowledgement for he acted ... well like a leader) was the man dospeech, we made our way back ing his job ladies and gentlemen.

*Editor's Note: All Views Expressed in this article are the sole opinion of the author's. They do not reflect the views of The Outlook's editors (unless otherwise noted) or any and all advertisers.

National Security Agency: What Information Do They Keep and What are They Looking For?

BILL SCARANO CONTRIBUTING WRITER

Ever since details of the surveillance programs enacted by the National Security Agency (NSA) surfaced in June, the revelations of the United States electronic data programs like it, is to help safegathering initiatives, domestically and internationally, have dominated global headlines and have raised new questions concerning individuals' expectations of privacy in the 21st century digital age.

Information regarding what has been referred to as, domestic spying program by much of the American media, was leaked by former NSA data analyst, Edward Snowden. He revealed scores of documents to the world's press regarding the existence of several NSA data mining initiatives, such as the now infamous PRISM program, aimed at combating the organization efforts of global terrorist groups via the monitoring of internet and cellular traffic - that is, the frequency, points of origin, and, in some cases, the content of the personal communications of potentially millions of electronics solely limited to electronic exisusers around the world, American citizens included.

Perhaps the most scathing revelation leaked from Russia by Snowden is the aforementioned PRISM program. From formerly classified presentation slides, now available for the viewing of the general public on Wikipedia, it has been learned that the U.S. government has been working to collect the internet browsing habits of American citizens since at least 2007. This was also the year that, according to the leaked documents, Microsoft began to provide the NSA with their users' data.

In subsequent years, other internet service providers, as well as popular social networking sites such as Facebook, YouTube, and Skype, followed suit, granting the NSA unprecedented access to the Lamatsch.

electronic signatures of virtually every American, as well as any internet user whose information passes through American tech infrastructure on its way to its final destination, wherever that may be.

The goal of PRISM, and other guard America and its people against terrorism. Despite the successes of governmental security initiatives, there has not been a major terrorist attack on U.S. soil since September 11, 2001. The new reality of Americans' personal communications now being points of interest to the federal government has caused many, to question just how much intrusion into Americans' private lives is warranted for the sake of public safety.

Rezwan Ahmed, a junior political science major said, "the NSA spying shows a progression of executive power as most of us are now under surveillance in the name of national security regardless of the fact that virtually nobody being watched by the NSA has any ties to terrorism."

The NSA's data collection is not tences of Americans, however. It has surfaced in recent weeks that the agency's data mining operations have also collected information regarding the internet and cellular traffic of many others around world, including German Chancellor Angela Merkel.

Dr. Thomas Lamatsch, assistant professor of political science, highlights that Europeans' weariness of governmental intrusion into private life is both a matter of principle as well as one of history - "An invasion of privacy on the scale of what the NSA have done would be unfathomable to most Europeans, who, given the history, some of which is very recent, of totalitarianism in Europe, vehemently safeguard their personal effects both physically as well as online," said

Lamatsch also points out that the response on the part of Europeans, as Germany, later joined by Brazil, submitted a proposal to the United Nations General Assembly to ban large scale NSA-style data mining, has been generally more critical and vocal than that of Americans.

"Although Americans tend to be very skeptical of government on the whole, very rarely does that seem to translate into action, and that appears to be the case here as well," said Lamatsch.

Others around the world have already expressed their discontent, but the majority of America, by and large, remains conspicuously silent. According to a Gallup poll taken from June 10-13, 53 percent of American adults disapprove of the program while 37 approve of it and 10 percent have no opinion on the matter.

There is a partisan split with this poll. According to the poll, 49 percent of Democrats approve of the NSA programs while 32 percent of Republicans are in favor of it..

The poll also states that 21 percent of American adults disapprove of the actions but could see reasons wher eit could be necessary.

Dr. Charles Cotton, an adjunt professor of political science, points out that "The recent allegations of spying on other heads of state have no doubt hurt the image of the U.S. abroad, and the efforts on the part of America to cover up or to skirt around the issue likely do more damage than the spying itself."

Cotton doubts, however, that any significant or long-term damage will be resultant of the scandal. He said, "Cell phone spying, like other foreign policy blunders, is just another gunshot to the side of an aircraft carrier," but he does warn that such diplomatic missteps "add up," and that America, if it continues along the lines of going rogue when it comes to intelligence gathering, may well have to answer for its actions in the future.

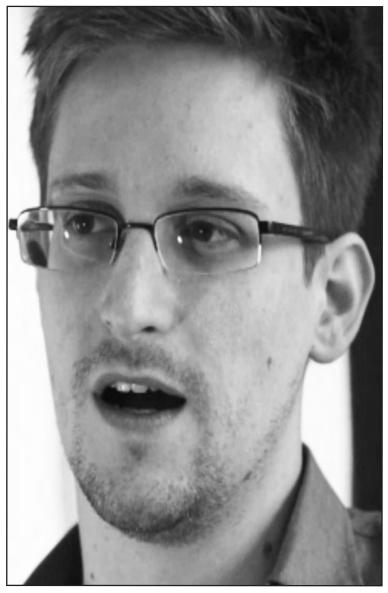


IMAGE TAKEN from outsidet

Edward Snowden, a former NSA employee, told the American people the extent to which the NSA views data exchanged by people including citizens of the United States and world leaders.

The present reality of this 21st of the NSA's data collection prothe foreseeable future. The reality Americans are willing to accept?

century digital age is that the ways grams such as PRISM also means in which people interact and share that it is possible that the governinformation have radically trans- ment possess data pertaining to formed, and the rapid pace of tech- the cell phone usage and internet nological development ensures browsing of every person reading that this trend will continue for this newspaper. Is this a reality that

NJ Raises Minimum Wage to \$8.25 an Hour and All Future Increases Will Be Tied to Inflation

is part-time jobs or jobs sponsored through the University, will be asked to do more. "I think employers might ask them to do more, add additional responsibilities to their paying them more," said Buzza.

to rise. It sounds good in theory but in reality, employers will either have to raise their prices or lay off employees in order to meet their additional expenses.

Anthony Barberio, a freshman workload simply because they are business major said, "I think minimum wage should be something Parks said that she hopes students more of a progressive type law. For will "grow and utilize their talents" example, a company like Wal-Mart the minimum that workers must with their employers. "More than that takes in literally billions upon ever before it needs to be instilled billions of dollars should be forced to pay their employees more than a small family run business in a small town, that way small businesses would be safe." He continued, "Also I think expectations for a new minimum wage are too high. Campaigning for something along the lines of \$9.00 per hour is understandable but \$15.00 dollars is absurd. \$15.00 is obtainable but it has to be earned not given." Buzza said the raising of the wage will have different effects on different industries. "It could make it difficult for some in specific industries. Any business that employs a large percentage of its workforce and pays them a minimum wage will be directly impacted. Other businesses may not feel it at all. The concern would be how significant of an increase in prices will there be to compensate for higher wages?' Ryan Gallagher, a freshman, said communication major said, "I think he believes it is good for students

Minimum Wage continued from pg. 1 it will cause the unemployment rate and those working part-time minimum wage jobs but will hurt businesses, especially those affected by Superstorm Sandy.

Tess Oriana, a senior social work major said, "I'm glad the NJ minimum wage law passed, but minimum wage is still far too low to be considered a living wage. Experts say that \$18.00 an hour is actually make to afford a comfortable living. Medical expenses, childcare, housing, and other basic necessities are essentially unaffordable for people who earn the current minimum wage." Oriana continued, "What's worse, people who are on welfare are told that they have to work, and yet they're not provided the necessary education to acquire a job that pays higher than the minimum wage; and if you think that's bad, once they start working their welfare checks reduce dollar for dollar." Kristen Flynn, a sophmore chemistry major, said, "The increase in minimum wage may seem like a beneficial idea considering the cost of living increases yearly in the state of New Jersey but it does concern me. If a person looks at this economically, they will notice that as the minimum wage level increases, the amount of hours a person works will be cut or they may potentially be let go. "

to the fact that a business owner will employer's job to make you comhave to spend more money paying salaries if he/she keeps the same amount of workers.

Grady Jenkins, a freshman software engineering major, believes that the wage being raised is necessary. "If someone works 40 hours a week for 52 weeks, they will make \$15,080. That is not a living wage by any standard in the United States. it's going to make or break most of The poverty line for family of three them. and four people is \$19,530 and \$23,550 respectively, and I do not understand how people can vote to keep the minimum wage so low. If a small business really cannot afford an extra dollar or two for their employees, they have other problems." Adam Sharkey, a senior business administration major said he works at TGI Fridays but does not believe it is the government's responsibility to regulate wages. "There is no reason for the minimum wage to be a 'living wage,' a nebulous concept that no economist can really define anyway. Raising the minimum wage contributes to inflation and raises costs for businesses, undoing the effects of increasing income for people earning it. Plenty of people earning the minimum wage live in groups. My attitude is, if you want to earn more, be worth more, the government is not responsible for making sure you earn 'what you are worth.'

fortable, it is not the government's job to make you comfortable, you make you comfortable."

Michael Hamilton, a senior political science major believes inflation will always affect with wages. "Honestly I think one dollar raised is pretty insignificant for everyone but small businesses, but I really doubt

in student employees and their supervisors that this is a professional job in a professional setting and it is expected that students take their position seriously. Students have such a great place to ask for additional responsibility in order to grow as a professional," said Parks.

Kimberlee Noordyk, a freshman social work major, said, "I work at Stop and Shop and my paycheck is disgusting; definitely not enough to make it through even half a week. I would love the minimum wage to be raised for my personal needs but at the same time, I would feel bad accepting that paycheck knowing the potential harm the raise has on the community."

Garrett Brown, a freshman communication major said, "[It is a] great thing for us students. I'm scared some businesses might be closing."

Danielle Frassetti, a freshman

She continued, "This is partly due

Sharkey continued, "It is not your Buzza.

Buzza said a dollar may not make that much of a difference. "How much of a difference does one dollar or so per hour make to a 40 hour minimum wage employee? Can he now all of a sudden provide an entirely different lifestyle to his family on just one dollar an hour increase? This legislation might just impact the consumer more than it impacts the worker," said Buzza.

Buzza believes that the raising of the minimum wage is a good thing but questions a living wage. "What's more important however is to offer our unskilled (education and experience) labor force a living wage."

Buzza said there are multiple effects on the job market. "Hopefully it will not decrease the job market, but it could impact process to consumers. Students are most sensitive about prices; therefore if prices go up, it could impact what we buy, the quality of what we demand and the frequency of our purchases," said

How to Keep Hair, Skin and Nails Healthy for Winter

FABIANA BUONTEMPO OPINION EDITOR

The leaves are falling, the temperature is dropping and Starbucks already has their red holiday cups. This can only mean one thing, winter is right around the corner. Winter is the perfect time to snuggle up in a favorite sweater, sit by the fireplace and drink warm beverages. Although all these activities sound enticing, beauty-wise, the long winter season could be your worst nightmare.

Less humidity means better hair days, but winter brings the risk of dry skin, chapped lips, and an overall lack of that healthy glow. Before you fret about how to maintain dewy skin, luscious locks, and manicured nails, there are several tips on how to continue looking your best through the cold winter months.

Winter consists of bitter winds, steamy showers and drying indoor heat which can suck the life right out of your skin and hair. According to Women's Health Magazine, "Dehydrated skin cells turn over more slowly, causing a buildup of dead skin, which hinders light reflection. Circulation also gets sluggish and just like that, your glow is gone and fine lines look more pronounced."

A solution to enhance lackluster skin in the winter is to make sure to stay hydrated by drinking water throughout the day. Omega-3s, essential fatty acids found in foods such as salmon and walnuts are also very crucial and beneficial for one's health, especially when wanting to keep hair and skin from drying out. Taking vitamins could not be stressed enough.

assistant professor of dermatology at New York University, informs that "Omega- 3s boost hydration, so I recommend taking supplements to ensure you get enough."

Even though we have survived the warm, humid months, dull, dry hair does not magically disappear in the winter. Dry hair side effects include static cling which can make hair even more unmanageable.

static hair at bay.

"My roommate taught me to rub dryer sheets on my hair to stop static. It sounds silly, but it works," she said.

To combat dry, lifeless hair, assistant communication professor Marina Vujnovic tells of her favorite hair product.

She said, "I use a lot more oil in the winter. I love Argan oil for my hair and I sometimes even apply it to my skin as

Doris Day, M.D., a clinical using dryer sheets to help keep it definitely lasts and helps a major, Brielle Cotelo tries her lot."

> Long, hot showers and not enough moisturizing can make one's skin resemble a desert. According to Cosmopolitan, "Arms and legs have fewer oil glands, so they tend to be drier ize throughout the day.' and scalier than other parts, especially in the winter.

The lack of humidity and downing that third cup of coffee to make up for less daylight during this time also contrib-A sophomore communication well." She continued, "At about utes to dry skin in cold months. major Samantha Savona suggests \$19 a bottle, it is a bit pricy but A sophomore communication

hardest to prevent dry skin. She said, "Skin gets much more dry in the winter which is definitely not flattering, so I make sure to have lotion in my bag at all times to continuously moistur-

Lathering up on creams that contain citric acids, such as Fresh Sugar Acai Age-Delay Body Cream, help to dissolve peeling skin. Eating antioxidant rich foods is also essential to smooth, hydrated skin.

In the winter, you are constantly surrounded by hot, dry air indoors and the freezing temperatures outdoors. Such two extremes can reduce the moisture level in nails, leaving them dehydrated.

Aside from the grueling temperatures, "washing dishes is just about the worst activity for nails," says Miami dermatologist Leslie Baumann.

When reaching for that hand cream, make sure to slather some extra lotion onto nails too. Massage the cream into the cuticles to help stimulate healthy nail growth.

Communication adjunct professor Sherry Sukienik said, "I always make sure to keep my cuticles moisturized by applying Vaseline. It helps to prevent cracked, dry cuticles."

For intense hydration, soak nails in lukewarm water for approximately ten minutes, then coat nails in cuticle oil and slip on cotton gloves for at least an hour. This will leave your hands feeling soft and smooth as well.

The winter months may be rough on your skin, hair and nails, but if you follow these tips you will be able to brave the brutal winter months while looking fabulous.



PHOTO TAKEN from i-smileclinics.com Healthy hair, skin and nails are important and can be maintained in winter with diet and hydration.

Beauty Alert: Winter 2013's Hottest Makeup Trends

TAYLOR KELLY LIFESTYLES EDITOR

Just as the seasons change, our makeup must follow suit. Summer gives way to warm, dewy complexions and light tones that reflect the sun and sand. Yet, winter brings a different kind of feeling, a cooler, cozier atmosphere. Whether you are preparing for work or class, or are enjoying a night peach, but for winter, try a light out with friends, here are some winter makeup tips to have you looking your best.

makeup always begins with the but will bring some of that sumface. Think of your face as the mer glow back into your face. blank canvas in which you have to build upon. Of course, you careful of overdoing it. To keep want your skin to look even and blemish-free. But, we do not always have the perfect complexion—this is where the magic of makeup comes in. Start with a concealer stick that suits your skin tone and use it to cover up your troubled spots. This is great for under the eyes because it eliminates the look of black rings. Next, use a foundation or a bronzer. If you have a pale complexion, choose a foundation that is closest to your tone in order to avoid looking too dark. If you tan into the winter months, use a bronzer that will make your skin glow. You can use a combination of liquid and powder if you prefer, or just one or the other. Powder tends to look less cake-like and more natural.

step is blush. The blistery winter weather may drain the color out of your cheeks, but blush will bring you back to life.

Professional makeup artist Neil Scibelli told Huffington Post, "Always use color either on the lips or the cheeks. That pop of color will give life to your skin.'

Summer blush is all about pink color with a bit of shimmer. A great, affordable choice is Covergirl's "Cheekers" in The first step in applying brick rose. This will be subtle, ate depth and dimension.

but it is still subtle enough to wear to class or school observations. If I'm going out at night, I add darker shadow to make it dressier.'

When applying any shade of eye shadow, cover the lid with a base color. A great choice for this is Milani's Golden Touch. You can also use this color in the inner corners of the eye to create a highlighted look. Use the darkest shade, whether you choose a light or dark brown, to the crease of your eyelid to cre-

For a more dramatic look, carry this color up a little bit

makeup completed, the next look of the metallic shadow, with your lips. This is where fabulous fig. These shades can you can get playful. Berries and deep reds are always popular for the winter time.

> A senior communication major Ashley Bonino said, "Dark red lips are really in for the fall and winter months. I love to wear a dark shade of red if I'm going out at night to make my lips pop.

If your eye makeup is subtle, add a pop of color with hues like Revlon's Super Lustrous lipstick in cherry blossom or

work with the natural browns, but can also be used with the smoky eye for the ultimate dramatic look. If you are playing with the jewel toned shadows, stick with a classic nude lip and let the eyes take center stage.

Makeup is a great way to play up the different seasons. Although winter is dull, you can add life to your face with different colors and combinations. By using these tips, you are sure to look winter ready.



Once you have your face skin tone. I get the shimmery

When applying blush, be your cheeks looking natural, apply a small amount of blush to the cheekbones with a medium sized brush. An easy way to find your cheekbones is to smile while sweeping the brush over your skin.

Now comes the fun part, the eyes. Start off with a black eyeliner, preferably a retractable one instead of pencil. Coat the inner bottom eyelid with the liner, and if you prefer a more dramatic look, use it on the bottom lash line as well.

For a daytime look, stick to softer tones for the eyes. This can include golds and light browns that look natural with any eye color.

A senior education major Madison Pinto said, "I love using golds and browns on my eyes because I have a darker

onto the brow bone. Finish it off with top eyeliner and mascara for an easy finish.

If you want a dramatic nighttime look, change your color palette. Winter is all about dark tones, so try to use that to your advantage.

According to *vogue.uk*, this season's most popular colors are jewel tones like emerald, red, and blue. Although this may seem a bit extreme, with the proper application, you can pull them off. Remember to always reflect your skin tone in your eye shadow choices. Metallic tones are popular this season too, with colors like silver, platinum, and bronze. Create a smoky eye with silvers, grays, and blacks that are perfect for the holiday season.

If you prefer not to use shadow, keep it simple with winged out eyeliner and mascara.



IMAGE TAKEN from iezzdallasmakeup.blogspot.com

Lastly, finish your entire look Winter makeup trends include jewel tones and deep berry lips.





SANDPLAY THERAPY INTRODUCTION AN ALTERNATIVE PSYCHOTHERAPEUTIC APPROACH





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Justin Timberlake Rocks IZOD Center

BRIANNA MCCABE CLUB & GREEK EDITOR

Justin Timberlake grooved his way to the hearts of thousands of fans at the IZOD Center in East Rutherford, NJ for the second date of his solo "20/20 Experience World Tour" on Saturday, Nov. 11. With his slicked-back hair, Christian Louboutin flats, Tom Ford designed suits, playful charm and impeccable musical ability, Timberlake embraced swooned the crowd from 9 pm until midnight.

stage alongside rap-sensation Jay-Z with their "Legends of the Summer Tour," Timberlake seized the opportunity to indito be an entertainer.

seduction," as fans like to say, starting at 8 pm. His intoxicating melodies and flawless vocal arrangements were displayed in songs including "Wicked Games," "The Morning," and "Remember You." The Weeknd's dark and damaged lyrics to create his very own style. resonated with some of the deepscattered throughout Timberlake's performance, including "What Goes Around... Comes Around."

performance opened up with "Pusher Love Girl," a single off of The 20/20 Experience. His voice graced the crowd, free intense, darker side. of any strain, while his dance elegance.

abilities by playing the keyboard and guitar while singing along simultaneously.

force of dancers, singers, instruments, lasers and background videos to decorate the arena. across the stage with Timberlake. Timberlake did not let his classy guard slip for one second to grind or knock them around, which shows respect for himself, his dancers, and his fans; it also shows that he does not need a pure talent, which differs from Nicki Minaj.

The timing of his performance was incredibly precise, with his dance moves perfectly syncing with the previously recorded video blowups that were projected on the overhead screens. The choreography of the "20/20 Experience World Tour" was beautifully executed.

Timberlake astounded the crowd with a large catwalk-like stage that navigated over the entire floor section of Izod, which allowed him to interact with fans that are usually the essence of the '30s and neglected by performers in concerts. This suspended stage, supported by two huge hydraulic lifts, By not having to share the captured the attention of all of the approximate 20,000 fans that were present.

To say that women outnumbered men would be a severe understatevidually embody what it meant ment, so Timberlake used this to his advantage as a tactic to woo The Weeknd opened for the crowd; he would throw the oc-Timberlake on a smaller, front- casional wink into the mixture to facing stage with his "reign of draw some happy cries and squeals

His performance seemed to personify bits of Michael Jackson, Prince, Marvin Gaye, Stevie Wonder, Al Green and Timbaland. Timberlake incorporated these influences along with his own identity

Timberlake's performance was er, post break-up songs that were mostly dominated with songs off of his new albums, but focused more so on songs off of the first "20/20 Experience." Songs off of the sequel aren't as popular, so he de-Timberlake's flirty and suave cided to select the more captivating ones, such as "TKO" and "Murder." These songs allowed Timberlake to showcase his fiery and more

He always did come back, howmoves upheld an equal rhythmic ever, with his deeper side swooping into the melodies and beats Timberlake showcased his of livelier songs off of his first albums, "Justified" and "FutureSex/ LoveSounds," like "Señorita," "My Love," "Rock Your Body" He creatively drafted a large and "Sexy Back." The energy in its entirety never plateaued as Timberlake worked the stage with finesse.

Timberlake sang his gospel-like The dancers fluidly moved intro to "Holy Grail," and fans were hoping that Jay-Z would pop out from behind the curtains to start the rap. Instead, Timberlake humorously tried to rap the beginning verse of the song, and then transitioned to "Cry Me a River."

His music is a mix of gospel, hipraunchy display of choreography hop, pop, Latin, disco, rock, and to distract the audience from his even country now with his song "Drink You Away" off of "The performers like Rihanna and 20/20 Experience Part 2 of 2." Each segment from these different

genres gently rolled and blended into one another to create a masterpiece of a song and of a performance, which essentially is the differentiation of him from artists of this generation. Timberlake isn't afraid to stray from the norm, constructing just the perfect grooves.

There were surprise songs sprinkled throughout the performance including Bell Biv Davoe's "Poison" and Michael Jackson's "Human Nature." He also sang a cover to Elvis Presley's "Heartbreak Hotel" to honor the preceding talent that blossomed from Timberlake's hometown, Memphis, Tennes-

Timberlake's flawless wiggling of his hips engaged the audience throughout his entire three hour performance. All good things must come to an end, however, with the performance closing with "Mirrors," the soulful song that encompasses the completeness of being in a relationship. For all of the fans who are utterly in love with Timberlake, we all felt that his words of devotion and passion were dedicated to us.

It was a just little disappointing to fans that Timberlake did not allocate any time to perform an encore, which he did in previous tours including "FutureSex/ LoveSounds;" but then again, the performance ended on such a great note that the fans were left speechless, and there really wasn't anything left to perform by this musical sensation.

'The 20/20 Experience World Tour" will snake through over 60 states until July with future performances scheduled in New York, Tennessee, Ohio, Chicago, and Miami. This performance at Izod was paved by the start to his tour at Barclays Center in New York on Wednesday, Nov. 7.

Fans have witnessed how Timberlake, now 32, has evolved over the years, with the beautiful transition from teeny-bop *N'Sync star to the pop royalty that he is today. It is apparent the appreciation that Timberlake has for his fans with his execution of every song and the endless desire to pour his soul into every lyric that escaped from his lips. This passion makes "The 20/20 Experience World Tour" a tour that will go down in history as one of Timberlake's greatest tours

PlayStation 4: More Than Just **Video Games**

MATT MANCUSO CONTRIBUTING WRITER

For those of you keeping up with the video game industry, this year has surely been an exciting one. Next week marks the launch of the PlayStation 4 (PS4), Sony Computer Entertainment's fourth home video game console in its PlayStation line of products.

Launching Nov. 15th, eager Play-Station fans will be lining up to storefronts the night (or day) before, hoping to secure their own console and games.

Sony has high expectations for their new console, with sales expected to exceed five million units by the end of the company's fiscal year on March 31, 2014. This is the biggest system launch to come since the release of the Nintendo Wii and PlayStation 3 in late 2006.

Pre-order numbers for PS4 are much greater than past consoles, with millions of people (including myself) ordering at either online or in-store locations; this is even more sweet due to the \$400 price tag, an unexpected move from Sony. Many industry analysts anticipated the system to launch at \$500, so the cheaper price point is much appreciated.

If you are interested in the system and did not secure your own preorder, fear not! During an interview on "Fox Business," Sony Computer Entertainment CEO Jack Tretton reassured fans "We're holding back some inventory to make sure people have an opportunity to buy one, come launch day.... Production yields have been phenomenal."

So what is the buzz around Play-Station 4? Why should we be excited for the new system's launch? To start off, Sony has introduced the Dualshock 4; a new controller, hosting a variety of changes and improvements not before seen on previous PlayStation controllers. Notable new features of the Dualshock 4 include concave L2 and R2 triggers, tighter analog sticks, longer handles to grip the controller easier than before, a touch pad, the new 'share' and 'options' buttons, and a light bar on the backside of the controller.

All of these features combine to create a controller that is massively improved from the PlayStation 3 controller, the Dualshock 3. If gamers had an issue with Dualshock 3 Xbox 360 controller, they may be

amount of praise since its initial unveiling back in February of this year, and it is easy to see why.

The 'share' button on the Play-Station 4 controller creates a whole new way of showing off your skills during any game while playing on the system. The PS4 is always recording the last 15 minutes of game play, so showing your friends an awesome moment in a game is easier than ever. Simply tap or hold the share button after experiencing your favorite moment in any game and a menu appears, asking if you would like to take a picture or record a video.

For those without expensive third-party recording software, the share button offers a simple alternative that many people may find they appreciate. I know that I have had countless moments while playing a game when I wish I could record it and show my buddies; using the PS4 share button makes that dream a reality.

Within the launch window, the PlayStation 4 will offer users many of the entertainment applications they expect from a new system. Entertainment applications including Netflix, Hulu+, Amazon Instant Video, HBO Go, Twitch, Flixster, and many more will make their presence known on the new system.

Not all of these will be available on day one, most notably HBO Go, but the companies behind these yet unavailable apps have shown their interest in appearing on PS4.

In addition to these multimedia features, Sony has detailed their continued interest in offering more than video games to appear on their new system. The company is hard at work to bring original programming to the PS4 as exclusive content and geared toward PlayStation owners. This strong approach to television, movie, and music experiences, as well as perhaps the most important piece of the puzzle for PlayStation fans, gaming, makes the new platform a compelling offer.

It wouldn't be a new video game system launch without the games, right? Thankfully, Sony has brought plenty of them to the PS4 at launch, and in the months to come. Games such as Killzone: Shadow Fall, Knack, Battlefield 4, Resogun, Call of Duty: Ghosts, NBA 2K14, Need for Speed Rivals, Madden and instead opted for Microsoft's NFL 25, and many more are set to appear on day one of the system's release. Check back here next week for a preview of games set to appear in the PS4's near future, including games such as Driveclub, inFamous: Second Son, and Destiny. The next generation of gaming for PlayStation fans is nearly here. Check your calendar for Friday the 15th, and set aside the weekend for the exciting new games to play!



pleased to hear that the Dualshock 4 takes a few cues from Microsoft's controller design.

The longer handles and improved triggers should satisfy any shooter fan, accommodating large or small hands alike. In addition, the textured back makes gripping the controller easier than before. The Dualshock 4 has received a great



PHOTO TAKEN from news.cnet.com

Dualshock 4 is the new controller for PlayStation4 which features a 'share' button, allowing players to record their games.

Justin Timberlake kicked off his tour last week in Brooklyn at the new Barclays Center and will return to New York in February to play Madison Square Garden.

Students Shine in "The Laramie Project"

JOHN DIXON CONTRIBUTING WRITER

when the Department of Music ses Kaufman's play, "The Laramie Project" on Thursday, Nov. work the audience is gold. 8. Rest assured, the audience's Theatre was quite the opposite.

ed hundreds of interviews with the people from Laramie, WY ming student, Matthew Shepard.

to those affected personally by Matthew's death. This analytiexamines the social and moral delving into more widespread, The cast, comprised of University students, carefully crafts the nar-

To some, the subject matthe beauty of the actor's inter- alities." pretation, the personalities in the

played by junior Brandon Wiener, brings some humor to the stage as the elderly, east coast accented cab It was a cold winter night driver who babbles about the beauty of the mid-west while wearing and Theatre Arts produced Moi- his trademark flat cap. In regard to comedic content, his ability to

On another note, freshman mood in the Lauren K. Woods Courtney Moore plays Marge Murray, the atypical WY house-This particular production fol- wife, to perfection. She mixes the lows Kaufman and the Tectonic sweetness of mid-western hospi-Theatre Project as they conduct- tality with the caustic words of a religious bigot in denial. The conflict between an old religious sofollowing the fatal beating of ciety and a modern, open one are homosexual, University of Wyo- emphasized through her somewhat subtle acting style. Ms. Moore em-Many of the selected interviews phasizes this quality with a slight range from eye-witness accounts pause, "As far as the gay issue goes...it doesn't bother me.'

Don't forget the fact that this cal, yet touching perspective play is a perspective play, the fact that multiple roles are portrayed by ramifications of the beating while each actor making it much more entertaining. "The Laramie Projcontroversial topics, which in- ect" truly shows the versatility cludes the obscene social stigma that a single person could possess directed towards homosexuals. and the suspension of disbelief that could be placed on an audience. Is that person an actor? Is he the rative through each individual's narrator? Oh no, he's the whole interpretation of the interviewees. ensemble cast. A sophomore from the audience, Sarah Coff, had this ter that the production is based to say on the matter, "The cast upon may make it seem a little did an excellent job being able to dark and discomforting. That's juggle multiple roles and person-

Although there were laughs all play are portrayed as stereotypi- around, the production and audical and over-zealous to alleviate ence didn't forget about the serithe seriousness. One particular ous side that the "live and let live"

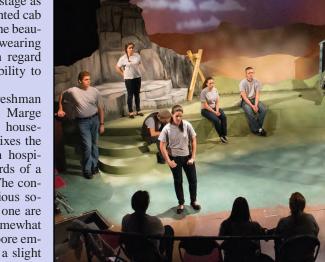


PHOTO TAKEN by Jim Reme "The Laramie Project" features 14 students playing over 50 roles. The actors quickly switch personas to keep the play moving.

Many of the darker aspects of this sonal and even more enjoyable: the play included the interviews and testimonies from Laramie's lowkey homosexual community and of those that were close to Matthew. The sadness and grudging acceptance expressed by those sentiments actually brought some audience members to tears.

What other performances could move an audience while instilling the values of equality and love to others? Kenny Bozarth, a freshman in the audience, remarked with a small grin, "I loved the performances in 'The Laramie Project.' They drove home the important idea of accepting others."

There is something special that

only static props are the mountainous set, the projected backdrop, and a small corner of a fence.

The artistic director and theatre professor, Dr. John J. Burke, and his staff used their limited resources wisely. They forced the audience to put an emphasis on the cast instead of the minimalistic setting. Whatever other props are used, are only for a specific scene.

The thing that sticks out is the audience's ability to understand the concept of hope. It's in every tragic work ever written. In this production, it is the antithesis to the violent nature of the crime tickets by calling the Box Ofbeing discussed. One of the overcharacter, named Doc O'Connor, attitude of the inhabitants lacked. helps makes the production per- all messages that is being pushed at www.monmouth.edu/arts.

through the religious imagery is the concept of forgiveness and maintaining faith.

Joe Schuld, a sophomore audience member, discussed the concept of hope: "It truly was a great performance. I really enjoyed 'The Laramie Project' and thought that, despite the heinous act of cruelty, people need to be looked upon with a positive perspective. People have the capacity to change," said Schuld.

Although the play contains oodles of dialogue, the pace of the play compliments the cast's abilities. The sheer amount of monologues and dialogues that had to be memorized is indicative of something that is worth watching. Each scene is equally timed in correlation to the importance to the plot. Every moment matters to the audience simply because it adds to the emotions that every person in the room could share.

The production itself isn't that long. At a mere hour and fortyfive minutes, it's shorter than an average movie. People who aren't fans of stage productions that seem scattered shouldn't fret. "The Laramie Project" maintains focus. The whole play itself is like a coin operated spyglass, magnifying an image.

Laramie Project" "The opened on Nov. 7. Further performances will run from Nov. 13 until Nov. 16 at 8 pm in Woods Theatre. You can get fice at 732-263-6885 or online

rhor: The Dark wo **NGS** ß

DAN MCGROTTY CONTRIBUTING WRITER

The Nordic god Thor is back again with the release of "Thor: The Dark World." After the events that happened in New York in "The you would imagine deities to live in. Avengers," Thor (Chris Hemshis father (Anthony Hopkins), throne.

The question on most people's (Natalie Portman)? As you remember, Jane is the girl that Thor fell in love with before he had to return to par in the "Thor" movies. Chris Asgard to deal with Loki (Tom Hid- Hemsworth plays the role of Thor dleston). Do not worry! This will well. be addressed in "Thor: The Dark

Thor, will be able to outwit Loki in sion for the viewer. the end.

The aesthetic appeal to the Thor movies is well done. The CGI is well balanced and realistic looking. Asgard matches the godly world that

Lighting was not an issue at all. worth) returns to Asgard to face In fact, I enjoyed the lighting of the movie. This is not usually a Odin, and prove he is worthy of the large criteria for the judgment of a movie, but the lighting made Asgard feel godly and the few scenes ers" to the Marvel movie universe, minds going into this movie is what that depicted an evil feel were enwill happen with Thor and Jane forced well by the lighting and color changes for those scenes.

The casting and acting is above

What would the "Thor" movies World" and there will be more bar- be without Loki? Tom Hiddleston plays his role as Loki at a top notch level. Loki is the force that holds the Thor movies together. The unpredictability of whether to trust him or not for certain situations is what makes him so important to the series. Loki, as proven in "The Avengers," is a powerful opposing force that keeps the Marvel universe entertaining. Many criticized the first Thor per hero movie that is not nearly as good as some of the other heroes that have been shining over the past few years. This could be because the Thor comics tell his story in a very different way. If you are a person who did not Thor, then you may enjoy the movies more than the people who did read them. It is important to note that just because the movies are different does not necessarily mean that they are bad. The movies are different so that there is less confu-

The "Thor" movies are witty and action-packed. Marvel has been trying to add more smart humor and has been getting cleverer with their plots over the last few years. To me, this style works well for Marvel. "Thor: The Dark World" continues to be witty with little jokes relating to how Thor does not know human culture on Earth.

With the addition of "The Avengmovies like Thor are now intertwined with other Marvel movies. Marvel has this new style for their movies: the events in each movie, whether it is Thor, Captain America, Iron Man or other hero movies, are

all in the same universe and time- Marvel films. (Beware: There are line. An example of how this works is how each movie for each individual member of the Avengers led up to "The Avengers" movie by having Nick Fury talk to each hero and offer them a spot in the Avengers. This ties each movie together nicely.

Marvel is famous for having an after credits scene. In these scenes are teasers for the next possible movie in the series or adds to the movie's plot by tying up loose ends. "Thor: The Dark World" follows this style as well. "The Dark World" has two after credits scenes that left me with many questions. These scenes gave fans, like myself, more anticipation for future to come!

two post-credit scenes. Stay until the very end for everything.)

Even though Thor's story is different in the movies than the comics, the viewer should enjoy this different experience. This is sort of like how "The Walking Dead" deviates off of the story of their comic books. This works just as well for Thor.

"Thor: The Dark World" helped answer some lingering questions that viewers had after watching the first Thor movie and "The Avengers." Of course, there are more questions introduced by the end of the movie but that just adds to the anticipation of more Marvel films

riers in Thor's way. Thor will have to deal with new conflicts and fight an old enemy.

Along with the ongoing problem with what to do with Loki, Thor states that he had learned to not trust him or give him any more chances. Unfortunately, a problem arises that is not Loki's fault and Thor needs to fix this or Loki will be the least of his problems. In fact, Thor will need Loki's help in order movie as being a poorly-made suto deal with this new threat.

Thor's adopted brother, Loki, is back because they just cannot seem to get rid of him. Loki has to be judged by Odin and punished for what he did in New York. Thor's reluctance to completely stop trusting Loki may prove to be a problem for read any of the comics related to Thor in the end.

A theme of the movie is mortality. Loki always states how everyone one from Asgard is a god and the humans are just mortals. Mortality is a strong factor of "The Dark World." We will see if the stud god,



PHOTO TAKEN from marvel.com/thor

"Thor: The Dark World" forces brothers and enemies Thor and Loki to work together. The movie opened at number one with a weekend box office total of \$86.2 million.

Military Veterans in the Campus Community



Several University faculty members share their military experience prior to coming to MU in honor of Veterans Day this past Monday, Nov. 11.

MAGGIE ZELINKA SPORTS EDITOR

As another veteran's day passes, many across the nation honor those Americans who fought to protect their country.

Adjunct professor Alan Foster currently teaches sociology at the University, but in his past, he was known as a soldier for the United States Army.

Foster served in one of the country's most chaotic and cautious eras during the Cold War. From the late summer of 1955 until the early summer of 1957, Foster was wearing the shade of army green and traveling the world.

"I took my basic training at Ft. Dix, NJ, then went to Radio School also at Ft Dix, was sent to Fort Bragg, NC, where they thought I was going to jump out of airplanes," Foster said. "Then, luckily, I was assigned to the very secret Army Security Agency in Germany for the rest of my Army career."

Much like his fellow comrades who served by his side, Foster was current role as a sociology profesdrafted into service as most were during that era.

"We were all drafted in those days, so it was no surprise for my parents when I was drafted also. My

brothers all served and had their college careers interrupted and knew I would follow in their footsteps whether I wanted to or not," Foster said.

Foster served his nation through the height of the Cold War, during the Suez Crisis, and the Hungarian Revolution. "I returned to the States with an intensely increased understanding of the world's many problems at that time," he said.

Although being a soldier for the United States Army was not Foster's first choice, he proudly served his country and believes it was one, if not, the most beneficial learning opportunity he ever received.

"The service definitely taught me how to get along with all sorts of people, from all backgrounds; it taught me to become much more disciplined than I already was, and helped me understand how people live in many other cultures, in this country and other countries," Foster explained.

It can easily be seen how this knowledge transferred over to his sor. After all, sociology is the study of the development, structure, and functioning of human society.

Foster is one of many who have served our nation and currently en-

velope themselves in the University community.

Vice President for Information Management Edward Christensen is also included in this list of veterans at the University.

Christensen served in the US Navy for a total of 25 years, six of which were active duty and 19 in the reserves. He officially retired in 2009 as a Senior Chief Hospital Corpsman.

Christensen was placed all over the world during his service. When asked where he was stationed, Christensen rolled off a long list. 'San Diego, Washington DC, Earle NJ, Fort Dix NJ, Newport RI, Baltimore MD, with major assignments to Camp Pendleton, South Korea, Senegal, and Gabon. I was assigned to units supporting the US Marine Corps, Navy Seabees, and USNS Comfort," he said.

Unlike Foster, Christensen signed up for the Navy willingly in order to, 'give myself time to find the direction I wanted to pursue in my life as well as finish my undergraduate degree," he continued. "I was in college at RIT but had changed my major virtually every semester so I was feeling a bit lost and without coherence in what I wanted to after nearly two years."

The Navy certainly gave Christensen time to figure out his career path, but it also provided him with versatile life lessons.

When asked what these lessons were, Christensen said, "Confidence in overcoming obstacles, the importance of teamwork to accomplishing goals, and that leadership can, and should be, exhibited by everyone but first one must understand how to follow.

With such an impact made on Christensen's life, the question arose of what his future would have been without the Navy.

"It would have been very different indeed. [I] don't know for certain if it would be worse but it would have been different," Christensen continued. "I wouldn't have been exposed to as much diversity, had as many opportunities to learn about leadership, and would not have learned many skills that are very useful to me to this day. I would certainly not have seen many parts of the world [as] I have.

Even though both Foster and Christensen learned valuable lessons from their service careers, they urge those who wish to enlist to step back and review some important thoughts.

"Be sure you know what you are getting into," Foster said. "It's a professional military these days, different skills are required, and it's a different form of combat and world situation that you might be involved in.'

Christensen's words of advice are, 'Service to others, including ones country, is in the end a very special and rewarding experience, but is also one requiring sacrifice and one's own willingness to be a part of sharing that service with others," he continued.

"Our service is voluntary and you do not often get to choose what you will do but you must do each job well, no matter how mundane or challenging, because your teammates are expecting you to as you are expecting the same of them. And more than [that], many civilians will ever experience your life, and theirs, may literally depend on it. You will find that success in non-military endeavors is more similar than different to military endeavors,' said Christensen.

For more on Veterans Day go to page 1



WESLEY BROOKS STAFF WRITER

Winter weather is coming and that means more time for homework and school related activities. It also means snow will be falling, increasing the desire to go out and play in it which can distract one's study time.

Annie Siegel, a freshman said that this time of year actually motivates her to study more. "I feel this weather forces me to work harder as I am inside more often," Siegel explained.

aid that a snow day would be to her advantage in terms of mental relaxation at this point in the semester. "I would take the whole day off and wait to do work until the night of the snow day since I love the snow and procrastinate a lot.'

signments at the beginning of the week," said Mazzeo. She believes this is an important step in staying organized and moving towards completing short term goals.

Some students, however, view the snow day as a saving grace to get work finished. Michelle Bacchetta, a freshman does put things off until the snow day. "It would give me more time to do work," she explained.

She continued, "I do put off work and it would be like having an extra day to accomplish things.' This is not always a good idea be-Christina Fisher, a freshman cause it is never certain that a snow day will come. It is best to prepare as if classes will be held the next day. Junior Eryn Siddall knows quite well to always be prepared with classwork because the University may still open if it is snowing outside. This would mean classes go on as scheduled and assignments are due, if any were assigned the previous class. "I usually try to stay on top of my work, I don't really count on a snow day," said Siddall. This is a good step to follow. If there is a snow day, one would have time for rest and can take the day off. In a more severe circumstance such as a snow or wind storm that may cause more damage, safety comes first. Dr. Terri Peters, an associate professor of psychology puts safety first in situations like this. "Deadlines are pushed back to ensure students are safe and not worrying about assignments due," she said.

during Hurricane Sandy since the devastation was very severe. Despite these rare situations, most times assignments only get pushed back a day or two at the most, according to Peters.

Snow days are a reminder for students that time must be managed wisely and one should not al-

ways count on them to be an excuse to get work done. Last semester there was only a partial snow day during the week and most classes were in session with the exception of those in the late afternoon.

This makes having work done more paramount because sometimes only certain classes get

cancelled by the University and often at the last minute. Students should indeed take time to enjoy the day, but also bear in mind that work may be due for some classes and not others. Therefore, the day should be enjoyed with time for work built in according to students and professors.



Some people take the day as it comes, in order to see what work they can get done, or wait until later to finish. Junior Lauren Walsh said, "I don't know [how much I would get done]. It would depend on how much work I had."

Walsh, unlike some students, would budget her time wisely based on work load, exams coming up and other situations that may arise over the course of the semester.

Junior Kaitlyn Mazzeo feels the same way about snow days. She likes to enjoy them, but also use them wisely to complete assignments that are due. "I would enjoy my day, but I also keep track of my work. I always make lists of my as-

Peters did this for her students

HOTO TAKEN from

Many students use winter weather as an excuse to procrastinate on their work while others seize the opportunity to get projects and assignments completed.

Backstreet's Back, Alright!

JACKLYN KOUEFATI EDITOR-IN-CHIEF

They're all you ever wanted, they're all you ever needed and we want them back. What am I talking about here? Why boy bands of course. Almost any 90s child can admit to listening to *NSYNC or Backstreet Boys when they were the most popular. This goes for the young men of the 90s as well.

The epidemic of boy bands did not start in the 90s though. People of our generation tend to forget about the earlier boy bands like The Jackson 5 and the Monkees who came about in the 1960s.

"We really didn't call them boy bands in the 60s and 70s," said Robert Boyd, an adjunct in the music and theatre department. "They were just bands with boys in them." Boyd does not have a personal favorite boy band from his youth but he said that he still enjoys listening to that type of music today.

Another fan of past boy bands is Joe Rapolla, the Chair of Music and Theatre Arts Department. He also has a history of working in the music industry. He explained that he continues to love The Beatles and many of the original boy bands but also appreciates some of the more recent ones. "... I also respect hard working bands like Hanson, who were popular when I started my job at PolyGram/Universal Music Group," Rapolla said.

These boy bands have certainly left their mark on the music world but the ones known mostly by our generation are *NYSNC, Backstreet Boys, Hanson and 98 Degrees. When one of the songs from these boy bands comes on the radio, be prepared for at least one girl who grew up in the 90's to scream out of excitement.

of the time to some degree, but *NSYNC resonated with me the

chel Brady, a junior music industry major. "*NSYNC was actually my first concert and when I was told I was going, I couldn't even speak I was so in awe and excited."

Brady's reaction is a similar one to most girls of the 90s, myself included. I was never taken to a *NSYNC concert as a child and can honestly say I am still bitter about it.

Today, *NSYNC is not together. A sad reality but one that is true. However, the Backstreet Boys are still together, still producing albums and still continuing to tour. Kevin Richardson did take a hiatus some years ago but returned to the band to join the "In A World Like This Tour" this year. People that do not follow older boy bands may think that these concerts do not do very well in the box office; these people could not be more wrong." In A World Like This Tour" sold-out in many locations and almost sold-out in others.

Mstarnews.com wrote a review about the Backstreet Boys' show in OH. "Though it's been 20 years, the passion of both Backstreet Boys members and fans could still be felt in Cleveland," the reporter said. Even with these boy bands being 20 years old, they still have a strict following.

The more recent boy bands include the Jonas Brothers, One Direction and Big Time Rush. "... Since I had experienced the boy band phase so much when I was younger, I purposely tried to stay away from it as boy bands became extremely popular again in today's time," said Brady. "However, I succumbed and listen to One Direction and I do like them. They have been the only current boy band I've gotten into though."

Some would argue that boy bands "I listened to all of the boy bands today could not top the boy bands of the 90's but not all people from today's generation agree. "I think

*NSYNC and Backstreet Boys for connect with a fan base, and conthe next generation," said Jaclyn Franzi, a senior education major. "I know there are other 20-year-olds out there that love One Direction as much as I do." Franzi does admit though that the boy bands of her childhood "will always have a place in [her] heart."

As for the boy bands that are fading out, some do not think that will ever happen. "... They have to have good material, and a positive image, but I think boy bands will always

most for whatever reason," said Ra- that One Direction can be the new have an appeal, always be able to tinue to draw as they and their fan base get older," said Rapolla. "Once they make that connection, it's usually lifelong."

Anyone who watched the VMAs this year saw *NSYNC briefly reunite to perform one song together. I believed this to be a tease but Brady disagreed. "... The old boy bands can never seem to let the glory days go and the diehard fans eat it up," Brady said. She thinks that boy bands will always be around, to back.

some degree at least.

"They will never fade," said Boyd. "Music is part of our life and can bring us back to a point in time."

So boy band fans, no need to fret. With their popularity only growing from the 60s to today, boy bands do not seem to be going anywhere any time soon. Now only if someone could get *NSYNC to go on a reunion tour. That would truly make all of my 90s dreams come true. That and having my seethrough purple Gameboy Color



Four Backstreet Boys fans show their love for boy bands by sporting homemade t-shirts at their concert in 2011.



3D Printing Revolutionizes Consumer-Centric Manufacturing

SHAHAYRAR AHMAD SCIENCE EDITOR

Make anything. This is the ideology fueling the 3D printbecome increasingly domesticated.

Though it was originally intechnology quickly gained moin facilitating advances in en- industrial leader in 3D printing. gineering, architecture, and last decade has the scope of applications boomed exponentially, with biomedicine at the core. 3D printing works as an additive process where multiple layers of a particular material are laid down in specific shapes on top of each other to create a solid 3D object from a digital model. Of the many methods that utilize this additive approach, selective laser sintering (SLS) has emerged as one of the most common. Though SLS originally began as a way to manufacture prototype parts in the early phases of designing products, it is now being utilized to manufacture (CAD) file is sliced to make 2D cross-sections, similar to how

radiologists make 2D cross sec- facturer of the titanium jaw imtions of body organs with CT scans for surgical and diagnostic purposes.

Afterwards, a computer-guiding industry as it takes steps to ed laser sinters (heats and fuses) a range of powders, such as Nylon-11 and Nylon-12 polyamides, to construct the designed part troduced in the mid-1980s, the layer-by-layer, allowing a targeted precision that is not possible mentum throughout the 1990s with traditional manufacturing, as it made incredible strides according to Solid Concepts, an Shivam Patel, senior biolmanufacturing. Only for the ogy major commented that "The large-scale impact of 3D printing as it takes steps to become increasingly available is nothing short of remarkable. As its cost continues to drop, 3D printing will become only more accessible to students, researchers, and entrepreneurs, paving the way for a new age of innovation." In an interdisciplinary collaboration last year, a team of medical researchers, engineers, and surgeons successfully replaced the jaw of an 83-year old woman with its 3D printed counterpart. A severe infection had rendered the patient's jaw in need of immediate replacement, but due to the woman's advanced age, traditional treatments that would foend use parts. SLS begins when cus on reconstruction surgery of a 3D computer-aided-design the present jaw were more prone to further complications.

plant, the synthetic mandible synthesized, using SLS from 3D CAD files, allowed the woman to resume normal breathing, swallowing, speaking, and sensation functions just a day after surgery. In response to such advances,

Nick Kulka, a senior biology major, believes that "3D printing is an exciting technology that can hold a wide array of applications. It can bring about some interestwithout licenses, lawmakers in form manufacturing among a Philadelphia, PA and New York myriad of other industries. City have already passed bills to keep such guns off the streets.

of Additive Manufacturing at Shapeways said, "We could see Solid Concepts said, "The whole a huge drop in the price of these

Following the patent expirations, Duann Scott, designer Kent Firestone, Vice President at the 3D printing company

"The large-scale impact of 3D printing as it takes steps to become increasingly available is nothing

According to Xilloc, the manu-

ing notions and ways of thinking about technology that did not exist before. The future is becoming a fascinating place as a result."

Sam Broadbent, senior chemistry major, thought that "With 3D printing being used to create fun and cool everyday items, people underestimate the use 3D printing might one day serve in aiding numerous third world countries. By printing medical equipment, along with other difficult to obtain items, 3D printing has a bright future."

Similar to the large-scale expansion of products manufactured by SLS is that of the source materials of the products themselves. Using SLS, a fully functional 3D printed metal gun was recently developed by Solid Concepts, which subsequently became the first 3D printing service with a Federal Firearms License. To curb the possibility of vendors distributing 3D-printed guns

short of remarkable."

SHIVAM PATEL Senior

concept of using a laser sintering process to 3D print a metal gun revolves around proving the reliability, accuracy and usability of metal 3D printing as functional prototypes and end use products." He added, "It's a common misconception that 3D Printing isn't accurate or strong enough, and we're working to change people's perspective.'

Likewise, if 3D printing can produce a fully functioning metal gun, what can't the technology produce? The expiration of key patents in Feb. 2014 blocking competition of 3D printing technologies utilizing low-cost SLS for instance, will help 3D printing actualize its potential to transdevices as one [3D printer] which was \$14,000 five years ago is now \$300."

With the coming of this addendum, consumer-based innovation may yield in the mass customization of everything from coffee cups to medical instruments tailored to target specific needs, at the benefit of cost and availability.

As 3D-printing technology continues to be mined for its wide scale applications, its ulterior impact may rival that of the steam engine in the Industrial Revolution. After all, who thought that a single machine could give rise to the dawn of urbanization?

Catholic Campus Ministry Appoints New Chaplain

BRIANNA MCCABE CLUB & GREEK EDITOR

The Campus Catholic Ministry welcomes Father Richard Tomlinson as their new chaplain. Tomlinson will serve as the religious leader of the campus Catholic community and its weekly masses, and is a spiritual link between God and college students, faculty, and employees.

"I want to help people experience the spiritualty of church and assist them in the search for their spiritual values," said Tomlinson. "I want these people to experience the richness of the Catholic tradition the Catholic Center organization] and make it meaningful today while still embracing the college culture."

Tomlinson was appointed to the position by Bishop David O'Connell of the Trenton diocese in mid-September, replacing Father William Lago after he was moved and named pastor of two local parishes.

Vice President of the Catholic Center Eryn Siddall said, "Father Bill was an excellent priest who was very involved with our group and he is greatly missed, but I'm sure everyone can agree that Father Tomlison is doing a great job so far."

his church in SC where he has been for four years celebrating mass in both English and Latin. "The catholic identity is much stronger in NJ than it is in SC. Fifty percent of people consider them Catholics here, whereas only five percent are Catholics in SC. Baptists are much stronger there, so it is definitely a different cultural atmosphere," said Tomlinson.

munity.

Siddall said this is going to be an exciting year for the Catholic Center due to the change in location of mass back to the Catholic Center as well as the change of the chaplain. According to Siddall, mass has always been held at the Catholic Center since its establishment in the sixties. Three years ago, the location was changed to Withey Chapel in the lower level of Wilson Hall due to extensive water damage from Hurricane Irene.

"[Executive board members and moved mass over to Withey Chapel as a temporary location, but ended up keeping mass there even after the basement was finished being refurbished. It was eventually decided to move mass back to the Catholic Center (located near Birch Hall) this semester because we want to raise more attention as to where the actual Catholic Center is and to also encourage attendees to stick around for our social events after mass," said Siddall.

The campus ministry gathers Catholics on campus for prayer, worship, and learning in relation Tomlinson was relocated from to concerns of the academic community with mass. Tomlinson is present on campus for afternoon mass every Monday through Friday at 12 pm in Withey Chapel. Weekly Sunday mass is celebrated at 7 pm in the Catholic Center.

Siddall mentioned that a main difference between Tomlinson's and Lago's masses is the way communion is received; Tomlinson dips the host into the wine cup and plac-According to MUCatholic.org, es host onto the tongue of the perthe purpose of the Catholic Cam- son receiving communion, whereas pus Ministry is "to be an expression Lago would allow the person re-

"I want to help people experience the spirituality of church and assist them in the search for their spiritual values... while still embracing the college culture."

> FATHER RICHARD TOMLINSON Catholic Center Chaplain

present to all involved in higher education, reflecting the Church's long history of cultivating the intellectual life." Its goals include promoting theological study on the religious nature of human beings, sustaining a religious community on campus, integrating its ministry with other local ministries within the commu-

of the Church's special desire to be ceiving communion the opportunity to decide.

"Intinction (the Eucharistic practice of dipping the host in the wine) is the standard practice for most Eastern churches, but it seems to have gotten lost in the West. The host is literally the body and blood of Christ, so I want to treat it with respect and dignity. It is more rever-

nity, and serving the Catholic com- ent that way. And of course, I wash my hands before and after communion," said Tomlinson.

Siddall said, "It's definitely something new. It really makes sense though because it's a more hygienic way to receive the body and blood of Christ and will prevent the spread of diseases such as meningitis. I think once you get over the initial discomfort of it, it's actually really cool."

Confessions are available Sundays before mass or by appointment to acknowledge sins and have God forgive them. As described by Catholicweb.com, the intent of confessions is to provide healing for the soul as well as to regain the grace of God.

"It is both a spiritual means of forgiveness and a psychological mechanism to deal with guilt so we aren't burdened. It sets us free," said Tomlinson. "I try to spend time with everyone to give them encouragement to not repeat their sins and to help put it in perspective.'

After each mass members of the Catholic community gather for dinner and to socialize.

One of Tomlinson's goals for the semester is to increase awareness and publicity for the Catholic Center. "I feel like a lot of people don't know where the chapel is, or just don't know about it in general, so we definitely need to advertise," he said.

Siddall added, "I feel that general participation in Catholic Center events has been slowly dying down over the years since my freshman year. We hope to bring more people in and show others what a fun and welcoming group we are.'

Siddall said on average there are approximately ten people that attend weekday masses and about 15 to 20 who attend Sunday masses. "This number is definitely less than previous years. I think this is because people are becoming less involved in general on campus and are becoming more focused on other aspects of college life."

"Many people may attend mass regularly at home," commented Siddall, "but once they have their own freedom at college they may feel less inclined to make that individual step to attend mass. Others simply prefer to attend mass in the mornings or at a local parish. But it could be anything.'

Nicole Gafanha, a junior business marketing major and Catholic, said, "I know where the Catholic Center is, but I just never thought of going to mass on campus. I'm really used to going to Portuguese mass back at home." Gafanha is part of



PHOTO COURTESY of Kathie Poracky Father Richard Tomlinson standing in Withey Chapel after the

Catholic Campus Ministry's All Saints Day Mass on Friday, Nov. 1. her church's choir. "Going to mass

back at home is just more familiar to me and I feel a lot more comfortable going and praying in Portuguese. I also don't necessarily know anyone on campus that would attend mass with me," she said.

Tomlinson plans to bring in speakers and talk about issues relating to students and values, with a hope that it will increase attendance at Catholic Center events.

"We are coming to the end of the liturgical (church) year, so we have many fun and exciting events planned," said Tomlinson. The chaplain, executive board leaders, and general Catholic members are hosting a Thanksgiving food drive for St. Jerome's parish. For the start of Advent in December, the Catholic Center is offering a penance service and hosting a Christmas party.

Tomlinson is also open to helping non-Catholics convert if anyone is interested and is possibly looking to start a Knights of Columbus College Council at the University.

Joseph Palazzolo, adjunct business professor, said bringing Knights of Columbus to the Uni-

versity, under the jurisdiction of St. Jerome's Parish in West Long Branch, would provide support for the activities of the Campus Catholic Ministry.

"Our plan is not to recreate the wheel in terms of service, but instead make our membership available to these existing local councils to engage in their service events... Bringing together an active College Council will provide a resource for Catholic men who know that they should be more involved in their faith, but aren't quite sure what that means in a college setting," Palazzolo said.

"I want to make faith accessible to our young people," said Tomlin-

Siddall said, "Religious people can function in a college setting and still be involved with other campus activities and social life. Being connected with the Catholic Center gives me strength to get through my studies and everything going on in my life. I wouldn't be able to function as a college student without God in my life. Father Tomlinson is now that link between me and God.'



CLUB AND GREEK ANNOUNCEMENTS



Social Work

Society

Social Work Society will be starting the election process for the executive board for the 2014-2015 school year shortly. If you are interested in being part of the executive board, please come to our meeting on Nov. 6 at 3:30 pm. The location is yet to be determined. All social work majors will receive an email from our secretary with location information. If you have any questions, feel free to contact Tess La Fera, Social Work Society President, at s0779102@monmouth.edu.

Monmouth Oral Communication Center

Monmouth Oral Communication Center (MOCC) is now open for business! Are you dreading an upcoming presentation? Uncomfortable with public speaking? MOCC offers peer to peer tutoring every Monday, Wednesday, and Friday in the first year advising offices in the Rebecca Stafford Student Center. MOCC also meets every Wednesday at 2:30 pm in Plangere 135.

Residence Hall Association

On Wednesday, Nov. 13, RHA will be hosting Town Hall at 8 pm in the Mullaney Hall First Floor Lounge. This is an opportunity for resident students to voice their concerns as well as say what they love about their residence halls. Also, join RHA for Popcorn and Pancakes at the 8 pm Oakwood movie showing of Kick-Ass 2 on Saturday, Nov. 16. We will be making delicious chocolate chip, pumpkin and plain pancakes before and during the movie!



The Pep Band is looking for additional members in all sections. If you play flute, clarinet, saxophone, trumpet, mellophone, trombone, baritone horn, tuba or percussion, we definitely want you! We are also seeking a bass guitarist for the first time! The Pep Band is the most visible and most active performing group on campus. For more information, contact Director of Pep Band & Instrumental Ensembles, Bryan Jenner, at bjenner@monmouth.edu. Eye to Eye

Eye to Eye is a mentoring program that mentors children with learning disabilities and ADHD at St. Jerome's School. The program pairs mentors from the Department of Disabilities Services with children with similar disabilities. The goal of the program is to help the students feel empowered when it comes to being in the classroom. This program is run on Wednesdays at 2:30 pm. If you have any questions about getting involved email Christina Gonzalez at s0819331@monmouth.edu.

"Active Minds" Promotes Mental Health Awareness

TESS LA FERA CONTRIBUTING WRITER

Active Minds, a national organization that seeks to promote mental health awareness, is in the process of becoming a University campus chapter. The initiative began as part of Promoting Wellness and Resiliency, a campusspecific mental health awareness and suicide prevention endeavor and Ramapo. that started just over a year ago as the result of a federal grant for Ketch chose to get involved with

\$300,000.

The Active Minds organization currently has over 400 chapters nationwide and has spread to Canada. The University is the most recent affiliate-in-progress, followed by the University of Massachusetts. Ten other universities in New Jersey also have Active Minds chapters. Among them are Georgian Court, Montclair State,

Active Minds President Jessica

Active Minds because she believes this group will help break the stigma that surrounds mental health issues. This psychology and sociology double major recognizes mental health as a prevalent issue on college campuses, often due to the transition from high school to college.

According to records kept by the Department of Counseling and Psychological Services, approximately 70 percent of students at Monmouth struggle with anxiety, while 46 percent struggle with depression.

The University's Active Minds chapter, in partnership with Promoting Wellness and Resiliency, aims to alleviate mental health issues like depression and anxiety by creating a competent community.

According to Dr. Michelle Scott, co-director for research of Promoting Wellness and Resiliency, a competent community is "where everyone is able to take care of each other. Everyone is aware of someone in need, can make an initial response, and knows how to make a referral. Part of the competent community idea is that everyone knows how and where to get someone the help they need, which is in line with the Hawks Fly Together motto."

"Active Minds is an important feature to the University because instead of the University staff themselves trying to reach out to students, the Active Minds group will enable a better outreach to the

student population when it comes to mental health awareness," said intends to hold in the spring se-Active Minds Vice President Jason Caianiello.

Nicole McQueen, a graduate student employee for Promoting Wellness and Resiliency, has been part of the process to bring Active Minds to campus since the beginning. "Through education and the ability to openly talking about mental health, we hope students will have a better understanding to then accept and help those who need support, but we also hope students who are experiencing their own mental health difficulties will feel safe in our community to come forward and ask for help.

Active Minds is an important feature to Monmouth University because student mental health should be a priority for each member of the campus community," she said.

Ketch and Caianiello agree their primary goal after the club receives official recognition by the Student Government Association (SGA) is to collaborate with other clubs on events to spread awareness and increase positive relationships between student organizations.

Ketch said, "We want to plan events that cover topics such as suicide awareness, eating disorders, and military veteran issues." Ketch encourages students of all majors and backgrounds to participate in the club in any way they can.

One of the events the group mester is "Send Silence Packing," in which 1,100 backpacks or pinwheels will be gathered to represent the number of college students that die by suicide every year. If the group decides to use pinwheels, they hope to have students write a reason for living on each of the pinwheels, which will then be placed in high traffic areas on campus.

Tau Delta Phi, a fraternity in the process of becoming officially recognized by the University, has adopted Active Minds as their national philanthropy. Dr. Pietro Sasso, Assistant Professor in the School of Education, will be the fraternity's advisor. Sasso said, "The partnership with Active Minds is an example of Tau Delta Phi's spirit of fraternalism, which embraces all students without accepting societal stigmas as a valid reason for differentiation."

Tim Lowe, a general member of Active Minds and first year Masters student in the Mental Health Counseling program, was ecstatic to hear about the interest group and has played an active role in the group's affiliation process. He said, "I originally emailed Dr. Franca Mancini in Counseling and Psychological Services to see if there were any work opportunities in her department, and she pointed me to McQueen who then told me about Active Minds and the Student Mental Health Advisorv Board.'



PHOTO COURTESY of Courtney Barker Active Minds executive leaders (left to right) Jason Caianiello and Jessica Ketch plan to promote mental health awareness on campus.

STG Chows Down

NICOLE NAPHOLZ CONTRIBUTING WRITER

Sigma Tau Gamma (STG) hosted their "Chow Down" sub eating contest between different fraternities and sororities in Pollak Theatre on Wednesday, Nov. 8 at 10 pm. The event raised approximately \$700 for Pat Swisher, "This was a new STG's philanthropy, the Michael McNeil Foundation.

Two separate contests were held, one being for the sororities, where Alpha Xi Delta (AXD) came out victorious and one being for the fraternities, that was raised from "Chow where the brothers of Tau Kappa Epsilon (TKE) were crowned winners.

brother of TKE, devoured eleven subs. He won a \$20 gift card to Bubbakoos Burritos and \$10 to T.G.I. Fridays like Leming.

At the end of the contest brothers of STG gave out a prize to the audience, which was another gift card to T.G.I. Fridays.

According to STG President event that we had never done before. We were very happy with the turnout for our new event and many of the organizations came out to support us."

Swisher explained the money Down" would be donated to the Michael McNeil Foundation. McNeil was a brother of STG

"It was so much fun participating in this event. I still can't believe I won an eating contest and still felt fine after eating nine subs!"

Psyched for Psychic Weekend

LOUIS GARBARINI STAFF WRITER

Keeping the spirit of Halloween alive at Monmouth, this past weekend the Student Activities Board (SAB) hosted a three day event focused around paranormal activity, horror and the unknown. The event included psychic readers, a movie showing, and a paranormal investigator guest speaker which drew huge crowds of students and some from the local community.

On Thursday at 9 pm the doors of Wilson Hall opened to those wanting to know and ask questions of their unknown past, present and futures. In the Pompeii room, students flooded the space and had a line out the door waiting to get their palm and tarot cards read by the three psychics. According to the responses of multiple students, the psychics were very accurate and so real that it resulted with them leaving the room in tears from shock.

learn more about what she does for a living.

Warren is an American paranormal investigator and author who is associated with prominent cases of hauntings from around the world. She is a professed clairvoyant and a light trance medium who worked very closely with her late husband, Edward.

The Conjuring is a horror film based on a paranormal phenomenon that occurred at a family's home in Amityville, New York. The Warrens were the paranormal investigators on the scene who tried to rid the home of demonic spirits, in which the film depicts the entire storyline and occurrences.

Sophomore Dylan Vargas said, "The event being in the Wilson Hall basement set the mood perfectly. Having other people being just as anxious to see the movie and having a large number of people in close proximity screaming during the movie made the big moments that much more highly enjoyable and scary." On Saturday night at 8 pm in to hear."

Warren speak at the school and to Pollak Theatre, students were graced with the presence of Warren and her son-in-law, Tony Spera. Her speech discussed all the different cases and paranormal phenomena she had been through and seen throughout her career, mainly focusing on the one talked about in the movie The Conjuring, but also including a house she had attended the previous night.

Her speech also included never before seen pictures of the Amityville house, ghost pictures, videos from The Conjuring and Warren's life and an actual exorcism that the Warrens had previously attended back in the day.

Freshman Gina Cromwell said, 'Lorraine's experiences were like nothing I've ever head; she's incredibly brave."

SAB advisor Megan McGowan stated, "Students react very well towards paranormal events so we wanted to continue the Halloween spirit with a psychic weekend the first weekend of November. There was a lot of positive feed back from students that was great

JACKIE LEMING Junior

dividually sliced subs to STG for their event.

The sorority contest was first, and the participants were given 30 subs to eat in 10 minutes. Jackie Leming of AXD took the title for eating the most subs in the allocated time frame.

Leming said, "It was so much set for the event. Overall, the fun participating in this event. I still can't believe I won an eating contest and still felt fine after eating nine subs!" Leming took home a \$15 gift card to the event was a huge success Bagel Guys Deli and a \$10 gift card to T.G.I. Fridays.

The fraternities lined up once out to see the contest. the sororities exited the stage of to eat them. Joseph D'Amaco, sity community as a whole."

Jersey Mikes donated 300 in- who died in 2009 at the age of 27 from cancer.

STG Philanthropy Chair Joseph Santini helped coordinate the event to make sure everything went smoothly. Santini said, "A lot of planning went into coordinating this event. It took me almost two weeks After winning the contest, to make sure everything was event was a success and I was so thankful to everyone who came out to support."

According to brothers of STG, with organizations from different clubs and chapters coming

Swisher said, "The event was Pollak. They were also handed a total success for the brothers 30 subs and only 10 minutes of the fraternity and the Univer-

Senior Samantha Kolsky got her palm read and said, "I think SAB's psychic night was a huge success and after talking to those who got readings, and based off my own, it really uplifted people's spirits. I personally got many of my questions answered and was so thankful to have gotten this experience in college.'

According to SAB executive board members, the organization was really pleased with the large turnout for the psychics on Thursday. SAB was not expecting to have to turn people away due to the time restrictions of the psychics.

On Friday at 9 pm the doors of Wilson Hall opened again, where students visited the Wilson Auditorium in the basement for a movie screening of James Wan's film, The Conjuring. In preparation of Lorraine Warren's arrival the next day, SAB thought that showing the movie to the students would be a good incentive to see



PHOTO COURESY of Lucy Russo

American paranormal investigator Lorraine Warren (center left) and her son-in-law (center right) join SAB for the Psychic Weekend.



Where is your favorite place to spend time off-campus?

COMPILED BY: ALYSSA GRAY



Lauren freshman "Probably Red Bank. My friends and I like the stores."



Maddie senior "I like to stay at home and relax."



Mckenna freshman "I like relaxing at friend's houses."



Diane office coordinator "I just like to stay home. I'm a homebody."



John junior "My apartment."



Mark senior "I like going to sporting events; the Prudential Center especially."



Jon junior "Probably the beach. I live right there so it's like prime location."



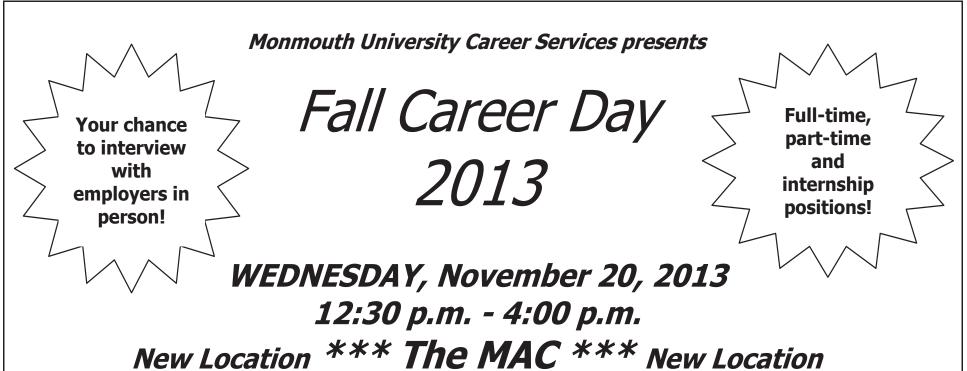
Connor sophomore "I just chill at the beach."



Rachel junior "I go to the beach. It's just kind of nice to get off of the campus map for a minute."



Danielle freshman "I really like going to the beach and to my friend's house."



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For more details visit: www.monmouth.edu/careerservices

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FREE & OPEN TO THE PUBLIC! Vegan Potluck Thanksgiving Celebration

Sunday, November 17, 2013 at 1:00 pm

Featuring Special Guest Speaker Mike Stura, Animal **Rescuer and Longtime Volunteer at Farm Sanctuary**

Location: Monmouth University, Magill Commons Club Dining Room

RSVP: Email mcharris@monmouth.edu if you plan on attending with your guest headcount, and please include the vegan potluck dish you plan on contributing.

What to Bring: Vegan food that is fall-themed or vegan Thanksgiving favorites are encouraged for this celebration, but all vegan dishes are welcome. Please bring a quantity that would feed a family of four a generous meal. This will ensure that everyone can sample your dish. Please also bring serving utensils and an index card or piece of paper listing all the ingredients used. Some people like to bring their own plates, cups, and utensils from home to conserve resources and help the planet; this is fantastic!

Hosted by: The Monmouth Area Vegetarian Society (MAVS), brought to the community by Monmouth University's Center for Human and Community Wellness.



(Photos courtesy of Mike Stura)



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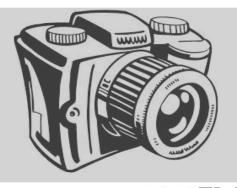




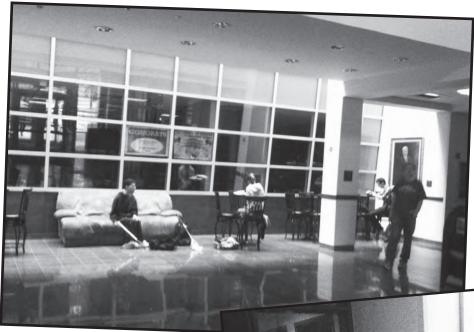




Newspapers come out every Wednesday! Email: outlook@monmouth.edu (732) 571 - 3481



MOMENTS AT MONNOUTH BLACKOUT EDITION ©



ABOVE LEFT:

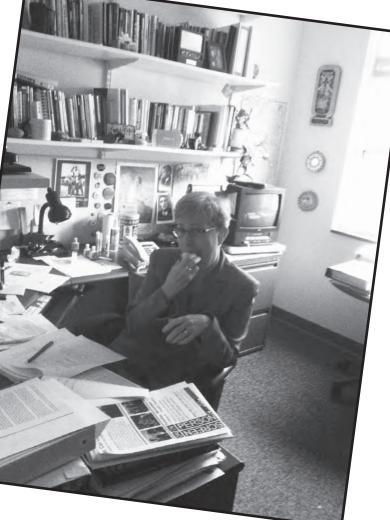
A COUPLE OF STUDENTS WAIT AROUND FOR THE POWER TO RETURN (PHOTO COURTESY OF ALYSSA GRAY)

CENTER: STUDENT ALEXA DEROSA SOUNDS THE ALARM WHEN *HAWK TV* LOST THE LIGHTS (PHOTO COURTESY OF ALYSSA GRAY)

ABOVE RIGHT:

DR. ELEANOR NOVEK SNACKS SMART BY EATING SOMETHING THAT ACTAULLY DOESN'T HAVE TO BE REFRIDGERATED OR MICROWAVED (PHOTO COURTESY OF ALYSSA GRAY)





HEY MONMOUTH!

INTERESTED IN SHARING YOUR MOMENTS? SEND YOUR PHOTOS TO ANY OF THE FOLLOWING EMAILS AND YOU JUST MIGHT HAVE THEM FEATURED IN THE "MOMENTS AT MONMOUTH" SECTION!

> OUTLOOK@MONMOUTH.EDU OR S0848553@MONMOUTH.EDU





"MISGUIDED UNDERSTANDINGS" BY ALYSSA GRAY



Stay tuned for upcoming details about *The Outlook*'s 80th Anniversary contest and how to win fabulous prizes!



Dana Costello: Soaring Through the Record Books

EDDIE ALLEGRETTO STAFF WRITER

Being an athlete is difficult in itself; however to play consistently at a high level is what separates the good players from the great ones. It is very rare when a player can leave their mark on a program's athletic history at any level. Yet, that is exactly what senior forward Dana Costello has done over her illustrious career as a women's soccer player at Monmouth.

She has 27 goals and 28 assists for her collegiate soccer career as a Hawk. Her efforts total up to 82 points. This lands Costello 8th alltime in points for the MU women's soccer program. Dana is second alltime in assists with the 28, trailing only Christie Pierce.

"I think it is unbelievable because if you look at the names that are on top of the list with Christie Pierce and Amy DeValue, they were unbefor a long time that when you say those names, I'll be there too, it's a very humbling feeling," explained Dana.

Dana traces her soccer roots to her hometown of Jackson, NJ, a short drive away from Monmouth. While living in Jackson, she played club soccer for the Toms River Hurricanes until she attended Jackson Memorial High School. Dana has always been an athletic woman; in for soccer and point guard for basketball.

that gave me as much joy then running around a field and kicking a ball," Dana continued. "I love basketball, and I was recruited to play basketball here before I was recruited for soccer. Soccer was always in my heart, it's my passion."

Dana played several sports as she grew up, but she was able to follow her passion with support from her role model. Her father really guided her along the way to narrow down her choices, and ultimately choose soccer for her collegiate athletic career.

"He's just an unbelievable person. He's so selfless, and so calm," Dana said. "He also has intensity and the way he portrays himself is remarkable. Even in games I've played and done well in he's always like you could have done better. That is huge, because I wouldn't be where I am if I didn't have that push or that drive.'

Even though her dad played an lievable athletes here. To know that important role in her life, she also credits her high school basketball coach Rachel Goodale as another role model that pushed her and gave her the will to persevere.

"She never gave up on me. Having someone that believes in you that's motivation in itself," Dana said

Perhaps one of the reasons Dana has been so successful in her career is the words she lives by: no regrets. She believes in living in the high school she started as a forward moment, and laying everything on the line. Whatever her team needs from her she will accept and meet "It was just something about soc- the challenge, Dana explained. cer," Dana said in regards to her cer. I couldn't find anything else Even if they want her to change po-

PHOTO COURTESY of Jim Reme

Dana Costello has been a part of the soccer team for four years and has accumulated 82 career points.

sitions she will do what is best for her team.

Although her soccer career at Monmouth is nearing its end, Dana hopes to remain attached to sports. "I would really love to play soc-

future. "Even if I don't get invited the youth."

to a pro workout, I want to attend an open tryout. I don't want to have any regrets in life. But that's not to say that if it didn't work out, I wouldn't want to become a teacher and become a coach because sports are my passion and I love helping

Even though Dana will be remembered as a great athlete for Monmouth University, she also hopes to be remembered as a great person. "I want people to remember me as a great teammate, a great competitor, and someone who never gives up," Dana concluded.

Hawks Use Fast Start to Down Wagner, 23-6

ALFRED TILLERSON STAFF WRITER

All it took was five plays for the Hawks football team to take a two score lead. With the fast start, the defense ratcheted the pressure and shut down the Wagner Seahawks en route to a 23-6 MU victory. The win brings the Hawks record to an mal 3-of-17 on third down. With even 5-5, while Wagner falls to 2-8 this season.

"Our objective today was to get off to a fast start and, we planned all week to run a reverse on the opening kickoff if we were to receive," said head coach Kevin Callahan. "That jumpstarted us and gave us great starting field position. put that ball in the end-zone. From the point on our defense played outstanding football. They did a good job on third down, kept Wagner out of the end-zone, and forced

Away

turnovers. Offensively we sputtered a bit in the second and third quarters but then got some things going again in the fourth quarter."

MU jumped to a two touchdown lead being guided by the churning legs of junior running back Julian Hayes while the defense held Wagner to two field goals and an abysthe win, MU takes an 11-10 edge in the all-time series, including an 8-3 mark in Staten Island.

The blue and white opened the game with some fireworks, a big reverse on the opening kickoff. Freshman running back Lavon Chaney took the kickoff, then handed it to fellow freshman The offense then took the field and wide receiver Darren Ambush who took the ball up the right side for 56-yards out to the Wagner 30-yard-line. Two plays later, the Hawks went up 6-0 on a 29-yard touchdown run from Hayes. Wag-

return of their own and worked its way down to the MU's 31-yardline, but junior lineman Andrew Jurczynski batted the ball away on fourth down and the Hawks took over.

The next play was a career-long 65 yard one-handed catch by fifth year senior tight end Mike McLafferty off a pass that got the Hawks to Wagner's 5-yard-line. Two plays later, Hayes walked into the endzone for his second touchdown of the day, putting the Hawks up 13-0 with 9:37 to play in the first quarter.

Wagner got on the board with 30 seconds remaining in the first half via a 37-yard field goal set up by a blocked punt to head into halftime with a score of 13-3.

Senior kicker Eric Spillane got the scoring started in the second half when he hit a 31-yard field goal that put the Hawks ahead,

ner countered with a good kickoff 16-3, with 9:42 to play in the third the Seahawks 336-252. Jurczynski quarter. Two drives later, Wagner finished with a career-high seven closed the gap to 10 on a 21-yard field goal from David Lopez with 2:43 left in the quarter.

MU put the game out of reach midway through the fourth quarter after a fair catch on a punt was dropped by Wagner's Andre Yevchinecz, and was recovered by fifth year senior linebacker Dave Damirgian at the Wagner 36-yardline.

A couple of runs by senior running back KB Asante set up a first down from the Wagner 13-yardline, where junior quarterback Brandon Hill found a wide open fifth year senior receiver Elijah Phillips in the back of the end-zone to go up 23-6, which would wind up being the final score.

The Hawks held the ball for 33:30 compared to Wagner's 26:30 time of possession, and outgained for the game is set for noon.

tackles, and added one sack. Redshirt freshman Darnell Leslie finished with three tackles, including 2.5 sacks from his defensive end position.

Offensively, Hayes finished with 21-carries for 87-yards with the pair of scores, while Asante finished with 19-carries for 65-yards. Hill was 12-for-20 for 190-yards and a touchdown, while tight end Mike McLafferty had a career high of four catches for 119-yards. MU's linebacking trio of fifth year senior Gary Onuekwusi, senior John Sieczkowski, and Damirgian led the defense with nine, eight and eight tackles respectively.

The Hawks will resume play this weekend when they travel to Rhode Island to battle against the Bulldogs of Bryant University. Kickoff



New York Indianapolis Colts Jets

Washington Redskins

Green Bay Packers

Kansas City San Francisco Chiefs 49ers

Baltimore New England Patriots Ravens

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Men's Basketball Wins Season Opener, 88-84

KYLE WALTER ASSISTANT SPORTS EDITOR

The University's men's basketball team started its season strong as they went on the road and took down the Hofstra Pride 88-84 on Friday, Nov. 8. Junior transfer Deon Jones led the Hawks in scoring with 22 points and added nine rebounds and two assists.

"I think our kids believed and kept fighting," said third year head coach King Rice. "They stayed together even when we got down, and our young boys really stepped up at critical times tonight."

Hofstra took an early lead when freshman Jamall Robinson made a layup that ignited a 9-4 run for his team, and gave them a 13-9 lead just under six minutes into the game. The Pride maintained their lead as both teams traded baskets through the first part of the half. After MU sophomore forward Tyrone O'Garro scored on a dunk to bring the Hawks back within four points, Hofstra went on another short run, 10-2, to extend their lead to 31-19 with 5:53 remaining in the half.

With just over two minutes left in the first, a three-pointer from Jones cut the Hawks deficit to five, but two more Hofstra buckets increased the lead to 45-36 as the teams headed into halftime.

Two quick scores by the Pride opened the second half and had MU facing its largest deficit of

swing in the Hawks favor as 4 straight points from Jones kick started the team, and began a 15-5 run that brought the score to 54-51 at the 12:48 mark. Junior guard Max DiLeo's pair of three point shots and another O'Garro dunk highlighted the run.

After eight straight points, Hofstra managed to increase the lead one more time to 62-51 with ten minutes remaining in the game. The Hawks continued to battle back and scores from Jones, DiLeo, and freshman game for Monmouth," he con-

five straight points to push the score to 80-75, and gave the Hawks the lead for good.

As time wound down, Hofstra began fouling MU to try and extend the game, but the blue and white converted their free-throw attempts to pull away and hold onto the lead. Two late three pointers for The Pride made the game seem closer than it actually was in the final minute.

Rice was very happy with his teams performance overall on the night. "Tonight was a great

"I think our kids believed and kept fighting. They stayed together even when we got down, and our young boys really stepped up at critical times tonight."

KING RICE Men's Basketball Head Coach

pulled MU even with the Pride at 63 with 7:36 remaining in the game.

The contest remained close the rest of the way as the lead swung back and forth between the two teams. After the Pride took a 75-72 lead, junior guard Andrew Nicholas hit his fourth three point shot of the game to tie the score, and MU would not trail for the rest of the game.

guard Josh James eventually tinued. "I'm so proud of these guys. I have been saying this is a special group and tonight they showed it.'

In addition to Jones' game high 22 points, four other Hawks scored in double-digits with James scoring 19, Nicholas 13, Robinson 11, and DiLeo 10. O'Garro also chipped in with 8 points and tied for the team lead with 9 rebounds. James and DiLeo both had big second halfs the game with a 49-36 score. With 2:08 remaining, freshman for the team as James scored

However, momentum began to guard Justin Robinson scored 15 of his 19 points and DiLeo scored all ten of his points in the final 20 minutes.

> On the night, the Hawks shot 30-71, and went 10-26 from downtown. The Pride shot 28-66 total, while hitting 9 of 31 three point shot attempts.

> It was a tale of two halves shooting wise for MU. The blue and white struggled a bit from the field in the first half, shooting under 40 percent, but improved greatly in the second half going 17-35 from the floor, just under 50 percent.

> During the game, the Hawks saw a mix of returning and new team members play key roles in the victory. While veteran players, such as Nicholas, DiLeo, and O'Garro, all did their part in the victory several players, both freshman and transfers, who had yet to play for MU also contributed to the effort.

> "Our young boys really stepped up at critical times tonight," explained Rice. "Josh was getting to the rim, Justin was hitting jumpers and getting people the ball, and I thought Deon was tremendous."

> The Hawks will look to improve to 2-0 on Tuesday, Nov. 12 when they welcome the University of Pennsylvania to the MAC for their home opener. MU has not won its first two games of the season since the 2001-2002 campaign.

The men hope to end this streak, but face a tough competitor as Penn nearly defeated a top seeded Temple Owls. Tipoff is set for 7 pm.





ment play this coming

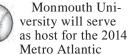
Friday, Nov. 15.

Senior defender, Alex Carroll, was named the MAAC Player and Defensive Player of the

Year for field hockey. The award is voted on by all head coaches in the conference. Carroll finished her career with 31 goals, 20 assists, and 82 overall points. All of these rank in the top 5 of MU field hockey history.

> Men's lacrosse released their inaugural schedule

for the upcoming 2014 season. The team will be competiting in Division I lacrosse for the first time, and their schedule features six home games along with 3 opponents who played in last years NCAA tournament.



Athletic Conference Baseball Championship which will be held May 21-25 at FirstEnergy Park in Lakewood, N.J. Commissioner of the MAAC, Richard J. Ensor, will feature a six-team bracket for the first time in history.

FirstEnergy Park,home of the minor league Lakewood BlueClaws, seats 6,588 fans and includes 20 luxury suites. The park also features a 23-foot by 23-foot video scoreboard.

UPCOMING GAMES

Thursday, November 14 WBB vs Wagner W. Long Branch, NJ 7:00 pm

Friday, November 15

CC at NCAA D1 Championships Bethlehem, PA TBA

WBB vs. Yale

Women Cagers Drop Season Opener to Yale

29.

JOSEPH RUGGIERO CONTRIBUTING WRITER

The Hawks fell to the Yale Bulldogs 64-55 in the season opener on Saturday, Nov. 9 at home. Senior forward Shira Shecht scored a career high 13 points while freshman guard Mia Hopkins dropped seven points to go along with nine rebounds in her first college game.

Junior forward Sara English matched her career-high with 12 total rebounds. Sophomore guard Jasmine Walker added

utes of action.

Within 16 minutes of the opening tip-off, the Hawks led the Bulldogs, 19-13. Yale then went on a run and scored five consecutive points bringing the game to a 19-19 tie. This back and forth pattern was reflected throughout the first half of play; MU would take a lead which Yale would then match, Yale would take a lead which MU would then match. With 20 seconds left in the first half, the score was tied at 29-29.

Shecht was able to break the

eight points during her 24 min- tie as she landed a three point board shy of a double-double. shot with three seconds left in the half. Heading into halftime, the Hawks led the Bulldogs, 32-

MU had their biggest lead of the game come during the second half when they lead the Bulldogs by 13. The lead was quickly cut by Yale as they came storming back and had four players who scored in double figures. Bulldog Hayden Latham led the charge with 14 points followed by 10 point performances by teammate Meredith Boardman, who was one

PHOTO COURTESY of Jim Reme

Yale's Janna Graf and Katie Werner combined for 20 points and 12 rebounds. To further Yale's comeback, the Bulldogs scored 12 points from beyond the arc in the second half.

Fuerhering Yale's lead were the Hawks who turned the ball over 19 times in the loss, most of which came in the second half.

"We can't afford making the little mistakes," Hopkins said of the Hawks defeat. She is one of five freshmen who joined the team this season

The first game jitter bug bit the team as they shot 35.5 percent from the field and were just 1-13 from three-point range. MU gave up 23 points off turnovers which helped Yale run away with the game. MU also struggled from the free-throwline. The Hawks went 10-19,



Sophomore Jasmine Walker recorded eight points and two rebounds against the Yale Bulldogs.

shooting 52.6 percent.

The women did have six blocks in the game, one from freshman forward Christina Mitchell who also had five points and was perfect from the foul line, two by Sara English, and three by senior guard/ forward Chevannah Paalvast who also added five points and grabbed five boards.

"Once we come together we can show what we can do," a hopeful Hopkins said.

With their youth, the team has promise. Being very young gives the women a chance to work together for many years and form a bond like no other team can. The Hawks have the weapons to make some noise. MU returns to action Thursday, Nov. 14 when they take on the Wagner Seahawks in the Multipurpose Activity Center at Monmouth University in West Long Branch, NJ. Tipoff will be at 7 pm.

W. Long Branch, NJ 2:00 pm

WSOC at NCAA First Round TBA TBA

MSOC at MAAC Championships Fairfield, CT 4:00 pm

Bowl at UMES Hawk Classic Millsboro, DE TBA

Saturday, November 16 Football at Bryant Smithfield, RI 12:00 pm

Sunday, November 17 MSOC at MAAC Championships Fairfield, CT TBA

Monday November 18 MBB at Seton Hall Newark, NJ 8:00 pm (Prudential Center)

Tuesday, November 19 WBB at Delaware Newark, DE 7:00 pm



With three Hawks teams competing in postseason play things are getting exciting at Monmouth. Stay tuned for next weeks issue to see how each team fares as men's soccer and cross country begin their conference championships while women's soccer looks to advance in the NCAA tournament.