



# THE OUTLOOK

MONMOUTH UNIVERSITY'S  
STUDENT-RUN NEWSPAPER SINCE 1933

16  
PAGES  
OF COLOR

HTTP://OUTLOOK.MONMOUTH.EDU

November 14, 2012

VOL. 84 No. 7



PHOTO COURTESY of Jim Reme

**The Multipurpose Activity Center (MAC),** served as one of the largest hurricane shelters in New Jersey, housing 1,050 displaced people.

## University Closed for Classes, Open for Victims

**BRETT BODNER**  
EDITOR-IN-CHIEF

While many students went home to avoid being on campus for the wrath of Hurricane Sandy, the University opened up its doors to the outside community and offered up the Multipurpose Activity Center (MAC) and Boylan Gymnasium as a shelter for 1,050 people from all over the state.

"The MAC is a great facility and is the best facility in Monmouth County for getting a lot of people in shelter for a short period of time," said President Paul Gaffney II.

Prior to Hurricane Sandy's arrival, Gaffney and the Vice Presidents discussed the forecast of the storm and decided to close school on that Monday and Tuesday. As the storm continued to trek North, the University was contacted by the

State Office of Homeland Security and Preparedness and the County Office of Emergency Management and Sheriff's Office, who inquired about using the MAC and Boylan Gym as temporary emergency shelters. The University agreed, and supplies like food, cots, and blankets began to be brought in.

The layout of the shelter at the MAC changed as more and more evacuees arrived.

Boylan Gym was split in half, as one side of the wall was used as a check-in point where people would register and get wrist bands to show they were signed up. Cots were set up on the other side, where people could sleep.

Boylan can fit anywhere from 400-500 people. When more evacuees continued to arrive,

**MAC Shelter** continued on pg. 3

## Campus Re-Opens and Lives Begin Again

**JACKLYN KOUFATI**  
MANAGING EDITOR

Although Hurricane Sandy left miles of destruction along the shores of New Jersey, the University was fortunate enough to have minor damage.

Patti Swannack, Vice President for Administrative Services, explained that about 15 to 20 trees fell as a result of the hurricane. She continued to say, "We lost some shingles on the Alumni House, lost power for some period of time and still have some perimeter buildings that are without power but nothing critical."

The link between Howard Hall and the Edison Science Building did have some roof penetration and damage because of the storm, according to Swannack. Therefore the solar panels had to be removed in order to fix the roof. However, Swannack said, "We were extremely lucky."

President Paul Gaffney II re-

assured the community that there was no damage done to the Fountain Gardens, Pier Village apartments or the Diplomats.

The cost of the damage thus far is about \$40,000, according to Swannack. This includes all of the tree work. Swannack explained that the University plans on putting a claim into Federal Emergency Management Association (FEMA). However, the claim will not only include the cost for tree damage, but also how much the University put towards making the Multipurpose Activities Center (MAC) and Boylan Gymnasium operational shelters.

"I would say our claim to FEMA will probably be well over \$100,000. Which, relatively speaking, is not a lot for everything that was done here," said Swannack. According to her, during the height of the storm, the University was sheltering about 1,050 to 1,200

evacuees.

There were no students in either of the shelters, according to Swannack. "These were people from Oceanport and Long Branch and Neptune and all over the state that had to be evacuated and had no place to go," she said.

The students that remained on campus during Hurricane Sandy stayed in their dorm rooms. Swannack explained at one point there were about 200 students on campus but that number dropped to about 60.

Mallory Scirocco, junior, stayed on campus and felt that the University assisted students as much as they could. "The University helped by giving us heavy duty glow sticks each day and also having the Dining Hall open to charge our phones and computers," Scirocco said.

Scirocco and her roommate

**Sandy** continued on pg. 3

## President Obama Wins Re-Election

**CHRISTOPHER ORLANDO**  
POLITICS EDITOR

President Barack Obama defeated Republican nominee Mitt Romney to earn a second term as President of the United States by an Electoral College count of 332 to 206 on November 6.

Obama won 26 states and the D.C. district while Romney won 24 states. Obama won major swing states such as Ohio, Colo-

rado and Florida. Obama also won the popular vote by approximately three million votes.

Susan Pagano, political science major and first time voter, felt this was an exciting race. "It was the first time that I was able to vote, and I am glad that it was in such a thrilling election. I, personally, was ecstatic with the outcome because I think

President Obama has the superior plans for the direction of our nation," said Pagano.

Nicole Bizzoco, political science professor, was surprised about aspects of this race. "I think the campaign leading up to was unprecedentedly expensive, negative and plagued by small-issue debates on both sides. That being said, I did feel there were real dif-

ferences between the candidates on a number of issues, social issues such as women's rights and marriage equality in particular. I was surprised by the president's margin of victory; I was expecting a much closer race."

The age group of 18 to 24 accounted for 19 percent of the electorate. This has forced both parties to now deal with issues

important to this age group.

Pagano believes this helped Obama win the election. "I think both candidates tried to appeal to college and youth voters by making education an important issue up for debate. College loans and financial aid are a huge deciding factor for many college students."

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### News

Matt Stutzman, 2012 Paralympic archery silver medalist, visited campus.

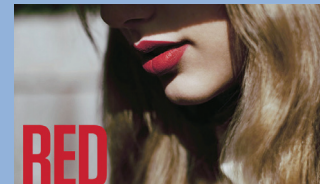
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# Students Try to See Eye to Eye

KATIE MEYER  
CONTRIBUTING WRITER

University students Christina Gonzalez and Dana Oppenheim told an audience at Bey Hall about a new program that they are starting for the University called Eye to Eye on October 24.

Eye to Eye is a not-for-profit, after school art program for kids with learning disabilities whose main goal is to teach the next generation to become advocates for themselves. The program understands that these kids know what they cannot do and set out to teach them what they can do. There are 51 chapters in 19 states so far. The chapter at the University is not yet up and running because Gonzalez and Oppenheim are waiting for the all clear from the schools in the Long Branch area.

“We are really excited about it,” said Oppenheim. “It’s a mentoring movement for different thinkers.”

When Oppenheim, who has Attention Deficit Disorder (ADD), transferred to the University, she discussed the program with Disability Services and they helped her get it started. She and Gonzalez, who also has A.D.D and an auditory processing disorder, spent four days over this past summer at Brown Univer-

sity where they learned how to talk to younger kids about learning disorders and about the curriculum that Eye to Eye has laid out.

Oppenheim and Gonzalez learned not to push the younger students to talk about their learning disabilities. “We are supposed to talk about ourselves as much as possible so that they can make the connection,” said Oppenheim.

The idea is to pair older students who have learning disabilities with younger students who are struggling with the same or similar problems. Oppenheim told the audience that mentors are placed with kids who share a common hobby or interest. The program wants younger kids to see that there is hope for the future, that if these older students can survive, then so can they. Eye to Eye is after school so that the students are not singled out from their classmates.

According to Eye to Eye, research suggests that the most important factors in life successors for students who have a learning disability are not academic success or I.Q., but instead are self-esteem, self-awareness, and self-determination. Mentoring builds self-esteem. Students and their mentors must build a partnership out of trust and cooperation. Mentors help students learn about themselves and

help them develop their own skills so that they can be successful in life.

They also helped to break a world record with 106 other college students who all shouted, “I’m L.D. (learning disabled) and proud to be.” The previous record was 93 students.

The goal is to learn through art projects. “We use art projects to build confidence, so that they can become advocates for themselves,” said Gonzalez. “Art projects have no wrong answer and it’s not about being perfect. They aim high because there is no set goal.”

“There is no school work. It’s all about fun and art and finding their own voice,” said Oppenheim. At the end of each session, the kids stand up and present their project to the rest of the class. The mentors can do it for them in the beginning, but the goal is to get the kids to stand up and explain themselves to the rest of the group. “Art makes for an easy environment,” said Oppenheim. “There’s a purpose behind each art project.” The confidence gained in Eye to Eye also carries over into the classroom environment.

At the end of the presentation, Oppenheim and Gonzalez had some advice for professors and teachers who work with learning disabled



IMAGE TAKEN from eyetoeyenational.org

**Eye to Eye** aims to teach children with learning disabilities to help themselves through art.

students. “When teachers are open to change, it helps,” said Oppenheim. “Little things, like not being so strict about the way things have to be done. Being aware, reciprocating and acknowledging the student wants to do well, helps.”

“Having extra help, extra explanations, little things are so helpful,” said Gonzalez. “Being patient is so great.”

Heather Kelly, the Assistant Director of Student Activities for Multicultural and Diversity Initiatives, expressed her pride in how Disability Awareness Month was handled this year at the University.

“Altogether we had seven programs for the month which were all successful and we are very proud of the accomplishments,” said Kelly. “Our keynote speaker was Matt Stutzman who is an Olympian Silver Medalist in archery and was born without arms. We also had quizzes on depression and anxiety where we had a turnout of 900 students. This was a successful month for us overall.”

There are currently six students registered as mentors at the University. If any student, who has a registered learning disability with Disability Services, is interested in becoming a mentor, talk to Disability Services in the Student Center. Students who do not have a learning disability can also be a part of the program as allies. Contact Disability Services for more information on how to become an ally. You can also check out [www.eyetoeyenational.org](http://www.eyetoeyenational.org) for more information about the program.

## The Psychological Counseling Department Moves Off Campus

JACKLYN KOUEFATI  
MANAGING EDITOR

The Department of Psychological Counseling has moved 1.75 miles from campus to the Monmouth Park Corporate Center, according to Provost and Vice President of Academic Affairs, Thomas Pearson.

This year, the Edison Science Building lost both the Psychology Department and the Department of Psychological Counseling. Dr. George Kapalka, the Chair of the Psychological Counseling Department, said, “We grew as a department and of course we had more and more students, we needed to

The Monmouth Park Corporate Center building itself is not quite finished but classes started on September 17 of this academic year, according to Pearson. Boxes are still being unpacked and the food service area is not yet completed, however, this is temporary, according to Dr. David Burkholder, assistant professor of psychological counseling.

It has six classrooms, including a computer lab. There are also observation rooms with one-way mirrors. Kapalka enjoys how spacious the new offices are for himself and the nine other faculty members.

Pearson explained that the Monmouth Park Corporate Center

Science, from what I know, they are growing, they do need more space. So I think this solves problems all around.”

This is not the only graduate program that is going to be off campus. According to Pearson, if all goes well with the accreditation application, in fall 2014 the Monmouth Park Corporate Center will be welcoming an M.S. in Physician Assistants program. He explained that the offices for the future staff of the program are already in the building.

“They have their own space, we have our own space, but we’re at the same location,” said Kapalka.

Pearson said that in the future the University would consider moving

“We grew as a department and of course we had more and more students, we needed to hire more and more faculty and there was just no more room on campus.”

DR. GEORGE KAPALKA  
Chair of the Psychological Counseling Department

hire more and more faculty and there was just no more room on campus.”

Patti Swannack, Vice President for Administrative Services, said that the Monmouth Park Corporate Center was looked at a number of years ago. However, it was not selected until recently. She explained that they wanted to find a place that was not inconvenient for students.

Dr. Stephanie Hall, assistant professor of psychological counseling, said “We moved to Monmouth Corporate Park because space was needed on the campus and our program is self-contained our students only take classes in our program and therefore don’t need access to any other departments.” The Department of Psychological Counseling is a program for graduate students only.

Kapalka explained that it made the most sense to move this department because of how self-contained it is. “I had a number of meetings with the administration about this and we looked at various options, but there really was not any room on campus to move us,” he said.

was chosen because it provided a close location to campus “with substantial space at a good price for lease.”

The graduate students seem to agree with the move. “I love our new home,” Kathy Shockley, a graduate student in the Psychological Counseling Department, said, “Parking is close and plentiful, no more long treks to class.”

Parking was a commonly cited benefit when asked about the move. Kapalka explained that it is a great convenience for students to instantly find parking within 100 yards of the building or less. He continued to say that when the department was located at the Edison Science Building, the parking was horrendous for students in 4:30 pm classes.

However, Pearson believes that this move was not only beneficial to the department of psychological counseling, but to the School of Science as well. He explained that part of the motivation to move the department off campus was the desire to enlarge and improve the space in the Edison Science Building.

Kapalka said, “The School of

other programs as well, but have no specific plans to do so at this time.

“I was honestly worried at first, being new to Monmouth, that being off campus was going to be inconvenient,” said Nicole Jennings a graduate student in the program. “In reality, it’s simple to get to.”

When students were asked if they would feel disconnected to campus, they said no. “I walk into the building and run into all of my professors, many classmates and almost all of the faces are familiar,” said Jennings.

The Psychological Counseling Department serves a total of 300 students. It offers three degree options: Master of Science in Mental Health Counseling, Master of Arts in Psychological Counseling and Master of Arts in Psychological Counseling-Addiction Studies Track. More information about the programs are listed on the University website.

“This was a good choice because of how our program operates and we do have a lot more breathing room here. It’s definitely a positive move,” said Kapalka.

## A Letter From the President

Dear Students,

Well, it was an interesting two weeks of meteorology, disaster relief and closing/opening decisions. Your patience and model cooperation was commendable. Thank you.

I think we made a very good decision about closing well in advance of Superstorm Sandy’s landing. The accuracy of the Winter Storm Athena was more problematic, as winds never developed, but snow and plummeting temperatures caused two emergency closings.

Many of the employees you see on campus every day were real heroes in establishing and operating a temporary shelter in Boylan and the MAC for eleven days while you were gone. At its peak the shelter helped over 1000 evacuees. As soon as Sandy passed us a number of emergency and government agencies began to place the evacuees in more appropriate or longer-term shelters, nonetheless the MU temporary shelter remained operational for a small number of people until Wednesday, November 7th. If you see a custodian, policeman, electrician, facilities staff person, thank her or him.

I have asked the SGA to be the single point of contact in organizing any campus-wide post-storms charity effort.

We are back together until Winter Holiday break. I ask you to focus your every effort now on successfully completing your course work, so you can move onward towards graduation. Your faculty is focused on your success as well. Please work directly with your teachers and academic advisors if you have questions about finishing the semester.

Thank you.

Paul Gaffney II  
President



# The MAC Shelters Over 1,000 Evacuees

MAC Shelter continued from pg. 1

the space inside the MAC was utilized to accomodate the growing numbers.

“It quickly filled up and all of the main processing moved to the main lobby of the MAC and as they got 400 or so in Boylan, they moved everybody to the floor of the MAC and every inch of the floor was taken up,” said Gaffney.

He added that soon the floor of the MAC filled up and cots were then placed on the track, bringing the total amount of beds to around 1,200.

Despite the widespread power outages in the area, Boylan and the MAC’s electricity were still able to operate thanks to a large generator provided by the county. According to Gaffney, the electricians who work on campus were able to do some inventive actions and extend power to the MAC from the generator attached to Boylan.

People sought shelter in the MAC for 11 days, until students returned to classes last Wednesday. Gaffney explained that other organizations, like the Red Cross, directed people on where to go next.

The University’s custodial staff helped work the shelter and made sure things were kept clean. Gaffney said the staff was fantastic.

“Custodians, who work in the academic and residential buildings, came in without regards to the weather and some worked for over 15 hours,” said Gaffney. “When they weren’t working they were talking to the people who were stranded.”

Evelyn Herrera was one of the



PHOTO COURTESY of Jim Reme

After Boylan Gymnasium was filled with about 400 evacuees, space in the MAC was used as more room was needed.

custodial staff who did work in 15 hour shifts.

“The whole thing was a learning experience,” said Herrera. “We saw all different kinds of people in that building and I would have to say we learned a lot from them and they learned a lot from us.”

She said everyone in the shelter felt comfortable and it gave many a sense of home. She brought up one story of a couple who was homeless and living in a gazebo in Asbury Park.

“The shelter was a godsend to people like this,” said Herrera. “It was a place where they could

come get a hot meal, keep warm and get the help they needed.”

As far as expenses go, ARA-MARK fed all the sheriff officers and the Red Cross volunteers, the army, National Guard and the different children services that were here, said Vice President of Administrative Services, Patti Swannack. She said they also had to pay the custodial staff for the long hours they were putting in. The University’s claim to Federal Emergency Management Association (FEMA) should be around \$100,000.

Swannack felt sorry for a lot of the people who were in the shel-

ter.

“There were families that came in and for days they didn’t know if their homes were still standing, they really didn’t know,” said Swannack. “But I think it was a model operation. We did everything we possibly could to make them feel comfortable and to try to ease the burden and their stress as much as possible.”

Gaffney said the University would be happy to allow the MAC to be used as a temporary shelter again in the future, just not for a long term shelter due to conditions.

“It was great for a temporary

shelter; there was warmth, light and safety, but the place to live for months or weeks, probably not the best,” he said.

Despite the shelter not being the best for long term, many feel it worked out nicely and President Gaffney said the University will do it again if needed in the future.

“For one, the shelter worked and it also showed that as a community we are able to help each other and give people from our local community help in times of need,” said Herrera.

Additional reporting done by Jacklyn Kouefati.

# Campus Deals with the Aftermath of Hurricane Sandy

Sandy continued from pg. 1

Sofia Karaman remained in their dorm room in Maplewood together and had no power from Monday, October 29 to Thursday, November 1 when they got it back at around 7:30 pm. Scirocco explained that they spent a lot of time in the Dining Hall and were able to eat even though neither of them had a meal plan.

However, on the last day without power, Scirocco and her roommate went to eat at the Dining Hall and both of them had to pay for their meals. “I think the University

should have kept the Dining Hall open and free to those staying on campus as long as we did not have power because we did not have a microwave or an oven to use and all of our food was going bad in the refrigerator,” Scirocco said.

Gaffney explained that the Dining Hall was the “command center” of the University. It was running on an emergency generator that was installed a couple of years ago. Because the Dining Hall had power, that is where the emails were sent from and the Facebook updates were made informing students and faculty about any new

information.

A concern for Lisa Sypniewski, junior, was how the University planned on making up for missing classes. “I was in a panic when I realized how many classes I missed,” she said. “I’m just nervous that the school will be having class on Saturday to make up for lost time.”

Rumors were floating around saying that professors were going to hold class on Saturdays. Gaffney responded to those rumors, “Saturday class? Generally no. There may be some that have to do that but generally we will not be

doing that.”

However, questions were still raised about how the University was going to react regarding the time period when the school was closed. “We’re going to cancel the winter holiday,” Gaffney said with a smile. “No, we’re trusting that the students are going to work extra hard and they’re probably happy to be back in class after sitting at home for 11 days. We know professors are going to work extra hard to find a way to get everyone through material they need to learn and to finish the semester on time.”

He continued to say that classes

will not run later into the winter holiday and students and faculty will not be returning any earlier from the winter break. However, Gaffney added, “I say that cautiously because if we get another storm and have to close for the week, all bets are off and that’s for all of the eastern half of America.”

The date of the University re-opening was pushed back several times. Swannack said, “We knew that if we brought back students that lived in the community, a lot of those areas still didn’t have power. Is it really safe to put students in a house without lights and then use candles?” She explained that the motivation behind changing the date several times was because safety was their primary concern.

According to Swannack, the President’s Cabinet and the Vice Presidents involved met everyday at 9:00 am to make final decisions for that day. “How do you say to somebody we’re open for business, get in your car and drive to campus? It’s not safe,” she said.

Gaffney believes that classes and schedules will be able to get back to normal after Hurricane Sandy. “I have great faith in the faculty being able to work with the students to get this done,” he said.

If students, faculty or others outside of the school wish to help Hurricane Sandy victims, they can through the new program launched by the University called Monmouth Hawks Fly Together For Relief. The program aims at helping anyone who has suffered from the storm. Information about it and donations can be made on [www.monmouth.edu/relief](http://www.monmouth.edu/relief).

Additional reporting done by Brett Bodner.



PHOTO COURTESY of Jim Reme

Many trees fell on campus during Hurricane Sandy but fortunately there was no significant damage.



# Unique Paralympic Silver Medalist Visits the University

**LAUREN GARCIA**  
ASSISTANT NEWS EDITOR

On Tuesday, October 23, in honor of National Disability Awareness Month, Matt Stutzman, “the Armless Archer” gave a presentation in Anacon Hall at 1:00 pm to talk about his dream to make history. Stutzman, although born without arms, is a Paralympic Silver Medalist.

“Matt Stutzman has taught himself how to do things with his feet such as eating, typing, and changing the diaper of his newborn son,” Heather Kelly, Assistant Director of Student Activities for Multicultural and Diversity Initiatives, said upon introducing the energetic archer onto the stage.

Stutzman, a small man with an infectious smile, told a joke or three about his armless state and the belly hanging over his belt, hurried onto the stage and admitted that he had a confession to make.

“I actually can’t change my son’s diaper,” Stutzman said, feigning embarrassment. “Or wash dishes. Or do the laundry.”

The presentation was not, however, about what Stutzman could not do but rather all that he had managed to accomplish despite his disability. Besides archery, some of these accomplishments include being able to do push ups and hold a gun. Although he is armless, Stutzman is fond of sports and has been described as having an instinct for athletics.

Born in 1982, he was put up for adoption because his parents did not believe they could raise or afford an armless child. At 13 months, he was adopted by the Stutzmans, who claimed that he had chosen them for adoption rather than the other way around. Stutzman described his experience with prosthetic arms as being not only memorable but humiliating

as well.

He told an anecdote recounting his five or six year old self trying to hug a girl from class that he liked but the mechanical arms getting in the way and causing him to instead punch her in the face. While he did not find the prosthetic arms to suit him, Stutzman kept them and later discovered that his young son was aware of their existence. A child asked him where his arms were and his son responded for him by saying, “They’re hanging in the garage.”

At the ages 13-14, Stutzman decided he wanted to become a basketball player. When he realized that, while he could dribble a ball with his shoulders, he could not become a member because of his disability, he chose to begin playing soccer. Ironically, he claimed that he had been called for hands while playing.

Stutzman claimed his first encounter with the bow at 16 was unimpressive and not particularly memorable. He explained that he soon lost interest in favor of learning to drive and the bow was stolen. Upon being told that he could not be able to get a driver’s license, Stutzman claimed he felt the real world hit him for the first time and that he would have to figure out how to do things on his own.

It was during this time that Stutzman said he went through a rebellious stage from his anger at the unfairness of his situation, even managing to get arrested. Although, he jokes that they did not handcuff him.

In his determination to be able to use a car, Stutzman refused to drive a modified car, instead spending years taking tests to learn to drive a normal car, including manual cars.

Stutzman’s return to archery was out of necessity rather than recreational at first. In order to provide for his family, Stutzman turned to hunt-

ing just three years prior to his participation in the Olympics. He later attended an archery contest with a friend and was approached by a company to advertise their product.

A friend of Stutzman’s had to explain that he was not approached to represent their products because he was a good archer but because “You don’t have arms.”

For two and a half years, Stutzman practiced how to shoot a bow until BP Global offered to sponsor him in the 2012 London Paralympics approached him.

Stutzman said that when he was a child, his dream was to become a soldier and serve his country. When he got older he realized he could not. However, the offer to participate in the Paralympics reminded him of his dream.

“I wanted to represent the United States of America,” Stutzman said.

Stutzman brought home a silver medal from the summer Paralympic games. “What’s great about the silver medal,” Stutzman said, “is that it’s silver.”

Despite his disability, Stutzman remains a positive and grateful individual. “People are always giving me chances,” he said. “I was able to show the world what I am capable of and earn my money to buy my kid’s shoes. I’m off disability.”

Freshman Aanchal Desai and Krista Lucas expressed their enjoyment of Stutzman’s lecture. They claimed that his warm positive attitude was inspiring despite his seemingly difficult situation.

“I think Matt Stutzman’s determination and optimism was incredible,” Victoria Zitaglio, freshman, said. “He proved that nothing is impossible and you shouldn’t waste time pitying yourself. He wasn’t sensitive about his disability at all; he even



IMAGE TAKEN from china.org.cn

**Matt Stutzman** was born without arms but has not let his disability stop him from living his life.

made jokes about his loss of limbs. Stutzman laughed his difficulties in the face and didn’t let them control his life, like most people would.”

Stutzman said that he owes his success to the support from others. “If it wasn’t for your support, I wouldn’t be able to do what I do.”

## Task Force Created to Handle Academic Schedule and Framing System

**COURTNEY BROOKS**  
STAFF WRITER

On October 16, the first official University task force was charged with the duty of dealing with the academic schedule and framing system. The task force was created by Dr. Thomas S. Pearson, Provost and Vice President of Academic Affairs, and Dr. Donald Smith, Faculty Council member.

Students received emails on October 17 about the start of the task force and its intended purpose. According to the task force creators, academic scheduling and framing have seen issues every year through a wide variety of complications ranging from outside groups, sporting events, issues of space and parking or even semester arrangement. “We overtime noticed that there were a lot of things about the schedule that weren’t always ideal,” said Smith. “In terms of the calendar, many things have come

up over time where we have had unusual things that happen.”

The task force members hope to find solutions that can be beneficial to all parts of the University community. “We know that many of our students live off campus and on the shore and are unable to move in until after Labor Day so we cannot begin the semester earlier, and that of course, puts pressure on when we finish the semester,” said Pearson.

The charge, or set of instructions, includes: coming up with two or three possible solutions to the problems at hand, evaluating the pros and cons of each and if possible, reaching a consensus that is agreed upon and effective. “We’re asking the task force to take a broad look at the calendar and make improvements,” said Pearson. “These are the University’s needs and the issues are important so we put together a task force of fifteen well-placed people.”

Dr. Joseph Patten, associate pro-

fessor and Chair of the Department of Political Science, heads the task force that consists of fifteen diverse members representing all corners of the University.

The participants on the force, carefully handpicked, are as follows: Harvey Allen (assistant professor), Christine Benol (Assistant Vice President of Enrollment and Management/Director of Enrollment Research and Tech Support), Dr. Edward Christensen (Vice President for Information Management), Alex D’ Errico (undergraduate student representative), Dr. George Kapalka (Chair of the Psychological Counseling Department), Mary Anne Nagy (Vice President of Student and Community Services), Susan O’Keefe (Associate Vice President for Academic Administration/Registrar), David Paul (associate professor), Dr. Lynn Romeo (Dean of the School of Education), Richard Scherl (associate professor), Raymond Slamb

(graduate student representative), Dr. David Strohmetz (Associate Vice President for Academic and Institutional Assessment), Patricia Swanack (Vice President for Administrative Services) and Kelly Ward (professor).

The ultimate goal of the task force is to brainstorm resourceful solutions that will benefit the University. In doing this, Pearson said the force members were instructed to not only look at what the University has done over the years, but also to look at what other Universities are doing. “I don’t think that anybody has any specific agenda or mindset or plan as to where the task force should go,” said Patten. “People involved come at it with an open mind. The goal is to take a look at issues and see what we do well. There’s no set mindset for any particular change.”

While it remains unrealistic that every single member of the University community can be pleased by the

outcome, the task force has accepted the challenge and hopes to seek input from all corners of the University culture. Patten stresses the importance of student involvement in saying, “At the end of the day we’re all here to help students succeed, and it’s critical that students have a lot of input. The task force will see to it that all voices are heard so to create opportunities for all students to share their views.”

Patten encourages students to voice their opinions and says, “The task force wants input from everybody in our campus community – students, faculty, employees, administration- the academic calendar and framing aspects impact everyone and you can’t have a serious discuss without a broad consensus, especially in the early stages.” For anyone looking to submit opinions and commentary about the task force, Patten can be reached via email at [jpatten@monmouth.edu](mailto:jpatten@monmouth.edu).

# CRIME BLOTTER

**THEFT**  
10/26/12 - BETWEEN 4:00 & 6:00 PM  
MAC

**CRIMINAL MISCHIEF**  
10/26/12 - 11:36 P[M  
MULLANEY HALL

**THEFT**  
10/30/12 - BETWEEN 12:00 AM & 12:56 PM  
MAC

WED.

THURS.

FRI.

SAT.

SUN.

MON.

TUES. 10/24 - 10/30



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PLANGERE CENTER 2ND FLOOR, ROOM 260  
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**MAILING ADDRESS:**  
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Outlook masthead designed by Kimberly Lynn Mallen  
Back page sports logo designed by Nick Hernandez

Hawks Mend A Broken Wing

THE OUTLOOK STAFF OPINION

It has now been two weeks since Hurricane Sandy made her way through the tri-state area, leaving nothing but a trail of destruction in her path.

The high winds caused trees to fall and power to go out while the ocean surged and made its way onto land.

A week and a half of classes and many other campus happenings, were cancelled due to the storm, including two issues of the weekly *Outlook*. In this time, many Jersey shore communities were changed forever. Never before has a storm of Sandy's magnitude shaken the foundation of so many different towns.

The Long Branch-boardwalk and Pier Village was greatly damaged, parts of the Seaside Heights boardwalk are now in the Atlantic Ocean, huge trees fell, and the ocean met the bay down in Long Beach Island.

There are students and faculty members whose lives were directly affected by this storm. Some may not even be back to classes for a while depending on their situation.

In these hard times, it is important that we all remember one message, a message President Gaffney constantly passes on to the students; take care of each other.

While students were gone, the

University served its community the best way it could. The MAC was offered as a shelter and it went on to be the biggest shelter in the area. Now that we are all back on campus, it's time that we do our best to serve and look after everyone involved in the campus community.

It's very hard to find someone on campus who doesn't know someone affected by the storm, which makes the situation that much more real. This wasn't a natural disaster which occurred in a far-away place like the Philippines, it

work gloves, paper towels, plastic bags, cleaning sprays, and even tools. The weather is starting to get colder now as winter approaches, so you can donate things like sweatshirts, jackets, gloves, blankets, etc.

Many of the victims have nowhere to go for food and cannot even feed their pets. Bottles of water, granola bars, canned foods, bread, milk, warm food, and pet food can all be donated.

Some can even go the extra mile with these supplies by donating time in one of the storm torn communities by

going around and handing out all of these supplies. In the few weeks remaining in the semester, keep an eye open for fundraisers right here on campus.

Many student run organizations are looking to put together events which would help raise money for those affected by the storm. When you see one of these events, do your best to attend and support.

Imagine you were one of the victims. You lost everything you had: your car, your house, and all of your personal belongings. Wouldn't you want help if you in that situation? You would, and that is why in this difficult time it important that we all look after each other.

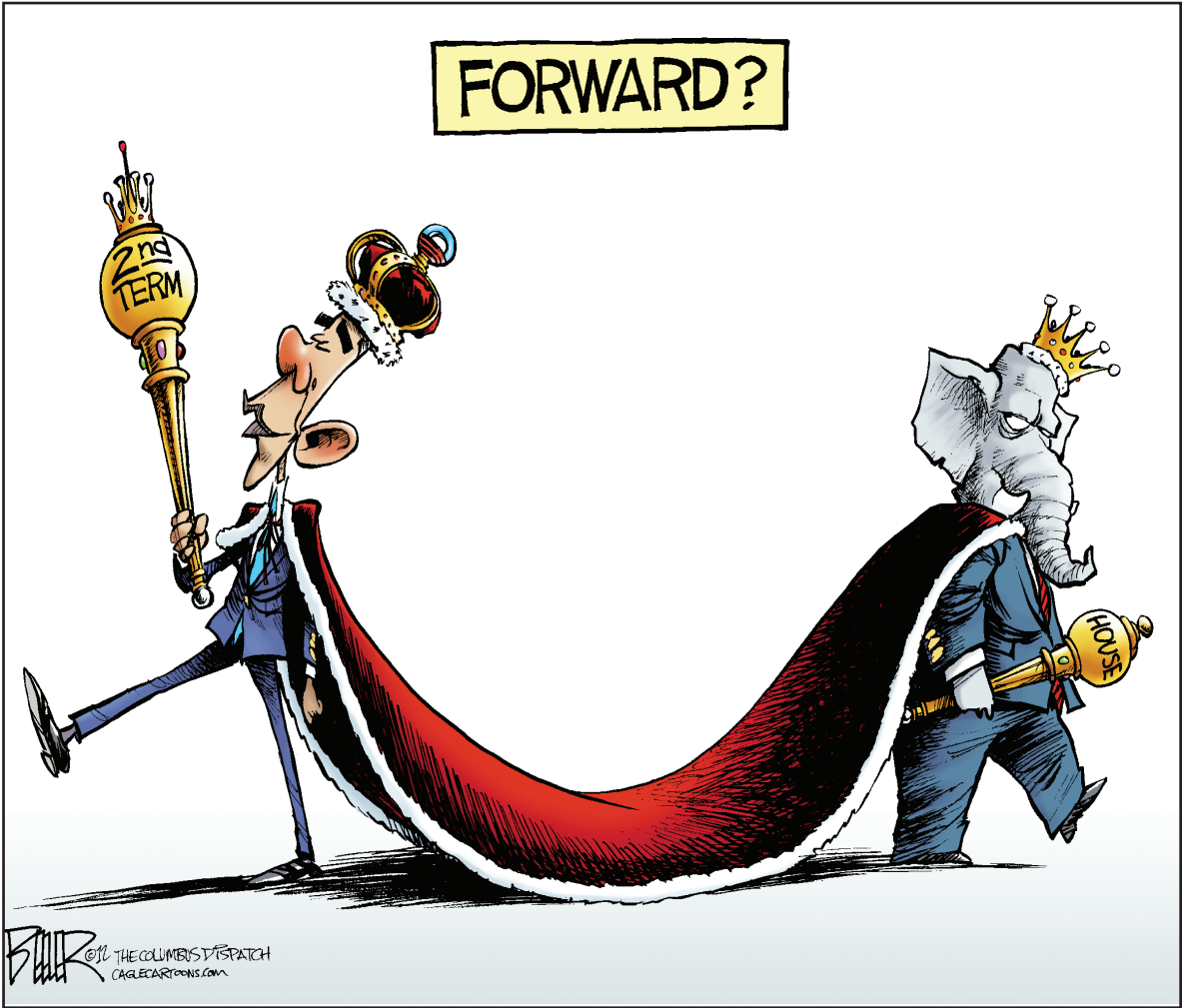
In these hard times, it is important that we all remember one message, a message President Gaffney constantly passes on to the students; take care of each other.

was right here in our own backyard, which is all the more reason why we should all help.

Most people went without power for a couple of days, while others were forced to dig through rubble remaining of their homes to try and salvage anything they could. It is those who weren't as fortunate after the storm we have to look after, especially the ones who are a part of our campus community.

There are many different ways people can get involved in helping the victims of Hurricane Sandy.

You can donate supplies like



HOW TO SUBMIT ARTICLES OR LETTERS

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# Internships Influence Career Paths

## Students Use Interning to Clarify Career Options



IMAGE TAKEN from comerecommended.com

**An internship experience** can have a great impact on the career path students choose.

**VICTORIA JORDAN**  
STAFF WRITER

As an upperclassman, I am gaining as much hands-on experience in my field as possible through my on-campus involvement and internships. My activities with school clubs have been a fun way not only to socialize with other students seeking a similar career path but also to gain quality experience in many different areas of interest within my field.

However, my internship experiences have not met a lot of my expectations, and I am sure some other students can relate. In fact, my internships were much less enjoyable than I would have hoped. I could have walked away from them as soon as I started if I was offered a better opportunity. However, I learned just as much through these poor experiences.

Our vision is always 20/20 when looking back, so I was able to find a lot of beneficial and positive advice for myself and others based on my negative experiences.

Before I begin my long rant, I want to give a very vital piece of advice to underclassmen: begin your search for an internship now. Even if a company, organization, or business does not refer to it as an “internship,” volunteering is a great way to get your foot in the door.

Not only is it a resume booster, but you can develop important and long-lasting relationships with professionals and potential employers. Networking cannot be emphasized enough during your early college years.

My summer internship was with a small health foundation near my hometown. I wanted to follow my passion for health and wellness and was thrilled to be in a hospital environment. The foundation also had connections to a Wellness Center that had just opened, so I had every intention of learning what kind of public relations and writing was done for the entire foundation.

My main goal upon beginning this internship was to spark an even greater inspiration to fulfill

my passion for health and wellness public relations. Although my passion remains, this internship only showed me the one-sided hospital-focused view of public relations and media work.

I was not able to gain more insight into the health and wellness aspect of the foundation, nor was I was able to utilize my skill and love for writing. Aside from the monotonous day-to-day routine of updating the media list and sending out press releases, this summer experience did not meet much of my hopes.

However, this internship taught me so many things about myself and my desired career that I would not have known if I hadn’t stuck it out for four months. I realized that my true enjoyment lies within my ability to write and edit, two things I was not given the opportunity to pursue at the internship. Since I was extremely limited to what I could write, I started my own blog which I maintain today. This al-

lows me to share my passion for health and wellness and expand on my writing skills. I also recognized that my persistence and independence are two very important qualities that I developed.

Since I wanted to make the experience as enjoyable as possible, I made sure to check in with my boss once a week to gather not only the duties she needed completed but also to see what other department areas could use my assistance. I made her aware of my enthusiasm for learning.

If you can relate to a similar experience, reach out to your boss and let him or her know that you are interested in learning more. It helped me grow into a more mature, responsible, and independent individual and emerging professional.

My current fall internship is with a large corporation in New York City, much different than the small business in my little town in New Jersey. I was ecstatic to start in September and to be able

to put such a profound company on my resume. Unfortunately, my high spirits for working in the city quickly diminished due to the three-hour round trip commute and nine-hour work days.

This internship has thrown me into an entirely new lifestyle, one that I can honestly admit that I do not enjoy. My long commute, quick meals, and fluctuating exercise schedule play a huge role on my poor experience especially since I am a health enthusiast. This experience has helped me prioritize what is important in my life.

My eating, sleeping, and exercise habits are a vital part of my lifestyle along with family time and working close to home. I have had to sacrifice all of that for this internship, but it has taught me a lot about what to look for in my job search. I need a healthy balance between work and the other aspects of my life.

Working in New York City three days a week also took away from my college experience. This internship threw me straight into the real world, almost eliminating my experience as a college student. I’m only on campus two days a week, and a majority of that time is spent working with my club, the Public Relations Student Society of America (PRSSA).

However, I would have never fully understood working in a city environment if I hadn’t taken this opportunity.

Although my internship experiences have not directly benefitted my career, they have allowed me to develop qualities and strengths along with a better sense of what is important when searching for a job.

My healthy lifestyle is not something I am willing to sacrifice because of work, and I was able to recognize my true passion for wellness because of both internships. I share that love and knowledge in my blog [healthyhearthorriblehabits.blogspot.com](#).

Understanding that negative experiences will occur, especially in your career, is the best way to move forward toward a better experience.

Understanding that negative experiences will occur, especially in your career, is the best way to move forward toward a better experience.

# Minnie Gets Makeover

## Disney Reveals Skinnier Minnie Mouse

**ANNA CHAMBERLAIN**  
STAFF WRITER

It seems that Disney has been making a lot of headlines in the past few weeks with the “Skinny Minnie” issue. For those of you who don’t know, Barney’s has altered Minnie Mouse’s usual curvier image along with the other Disney characters for a film that will appear in their window displays on November 14 to launch their holiday campaign “Electric Holiday.” The film shows Minnie shopping in Paris and sees a dress in a shop window. It then goes into her fantasy of walking down the runway as a model in a pink Lavin dress, a change from her classic red and white polka dot ensemble. Other characters along with Minnie go from their cute Disney selves to sleek models including Goofy, Daisy Duck, and Cruella De Ville that are no longer recognizable in order to give a “proper portrayal of the fashion world.” People are now outraged and signing online petitions to get the film changed for the brief moments of Minnie looking tall and extremely thin. One of the petitions, “Barney’s: Leave Minnie Mouse Alone” from Change.org has over 17,000 signatures since this debate has started.

As a result of the backlash, Disney and Barney’s have released a statement. According to the article on People.com, the two companies said, “We are saddened that the activists have repeatedly tried to distort a lighthearted holiday project in order to draw media attention to themselves.”

Aren’t they the ones distorting our beloved Disney character to fit into a Lavin dress?

I can see why people are upset. I hate it when any of the characters change in my favorite shows whether from childhood or that I presently watch, and now they are slimming down one of most famous female Disney characters because she does not “fit” in their outfit. Barney’s has said that it is only for a brief moment that Minnie Mouse appears in her slim alter ego, and then at the end of the film, she returns to her normal self wearing the same outfit. If she ends up wearing the same outfit at the end of the film, why change her at all?

In our society, there is so much pressure to be “perfect”. The whole idea of body image has become headline news, with articles about which celebrities have gained or lost weight. There are constantly ads about diet pills and “the secret food that will help you lose that belly fat.” Not to mention the constant intimidation that girls feel from looking at all the models airbrushed to perfection in magazines. It is understandable why people are upset about a cartoon character, especially one that has become a female icon, being altered for fashion’s sake. There hasn’t been news on whether or not the film is going to be shown, but I have a feeling I will see it during the holiday season in New York.

Whether it is a promotional video or not, I do not think that Disney and Barney’s are seeing the big picture here. It is not the fact that Minnie is being altered that is upsetting, but rather how she is being altered to the extreme limits. Minnie Mouse is a beloved icon that has been around for decades. I think most people would agree that for 84 years old, she looks pretty good, so leave Minnie alone!

Center, you still get chicken.

What about bringing It’s Greek to Me to campus? Having gyros and falafels for the first time changed my life. Talk about an outer body experience. Simply giving students an option for something out of the ordinary could liven up their eating lifestyles.

All Greek shenanigans aside, students definitely have some opinions about having more options on campus. Raquel Warehime, sophomore, believes that they should have more vegetarian options for the students who opt not to eat meat.

“There are many vegetarians out there and they need a proper diet to sustain a healthy life,” Warehime said. “Since many people just have the dining hall, they are not able to maintain that healthy diet.”

What about sushi? I understand that there is a Sawa in Pier Village, but what if no one wants to go off campus for sushi, especially in the winter? A sushi station would give students another option to choose from other than chicken, meat, more chicken, and more meat, with some pasta on the side.

Do not get me wrong, there are options for students, but the options are for the same types of foods. I am not here to rip apart the eateries on campus, but let’s toss a little bit of sushi into our options. Chicken could use a break from the menu. Maybe throw in some vegetarian options for the students who do not eat meat. We do not need to revamp menus, but we need to keep in mind that there are other options of food out there that could please the students and suit everyone’s needs. Giving students more options would bring a leg up for the university, some sizzle. In the meantime I am going to get some chicken, I mean sushi.

# Restrictive Dining Hall

## Students See Less Food Options

**RACHEL GRAMUGLIA**  
STAFF WRITER

Where’s the food?

Obviously there is food on campus because if there wasn’t, we may have a problem. I’m talking about the options. The options are becoming monotonous.

The dining hall, the Student Center, Raising Canes, Shadows, and Java City all have options for us to choose from, but is there really variety? In the dining hall there are omelets, pizza, sandwiches, salads, burgers, chicken, and specialty meals with names I can never recall, and you can find the same type of meals at the Student Center as well. Java City is where the coffee and bagel addicts can be found, and Raising Canes and Shadows are where remixed fried chicken and fat sandwiches can be found.

Let’s set the record straight. The food on campus is okay. It’s not my Nonna’s homemade pasta fagoli, but it is still pretty good. The food on campus gets the job done, and the students on campus have options, but not as many as they would like to have. Of course we have the options within each food stand on campus, but are there really options between having fried chicken from Raising Canes, to the fried chicken in Shadows, to the fried chicken in the Dining Hall and the Student Center? Nope.

I love chicken. I could eat it almost every day, but giving me the option to eat it at four different locations is a little bit monotonous, especially if it is all the same chicken. I can get chicken wraps and chicken sandwiches in all four locations on campus, and I can even order out and get the same food too. When it comes to getting chicken from the dining hall or the Student



# Hurricane Sandy Causes People to Re-evaluate Priorities

*After Storm Ravages Homes, Livelihoods, Many Take Time to Consider What is Important*

NANA BONSU  
OPINION EDITOR

Too many people have seen innumerable amounts of destruction over the past few weeks at the hands of Hurricane Sandy. She blew through our towns and took with her lives, property, hopes, and spirits. However, despite the hurt and pain she caused, I can only hope that there was an important lesson to be learned by everyone, whether they felt major effects of the storm or not.

The age old cliché tells us that we should be appreciative of the things we have because we don't really know what we have until it is gone. Most of the time, we roll our eyes and let this piece of advice go through one ear and out the other, but it is at a time like this when truer words have never been spoken. Sandy took so much with her and left behind levels of destruction never before seen in many parts of New Jersey.

While some people lost their electricity for a mere few hours, there are much more people today still living without heat, running water, or electricity. As one of the people who only lost power for two days, I was fortunate enough to be able to go to my sister's house with electricity. Finally being able to turn the lights on, charge my cell phone, check my email, and take a hot shower felt like the greatest gift I had ever been given. I had compared the previous two days to torture.

It was not until I finally got in front of a television and saw the real destruction left behind by the hurricane that I realized that my two days without electricity and internet were nothing when compared to other people, especially those living in the Long Island area, who would not have electricity or clean water for weeks, had no transportation to local grocery stores which may or may not have any food, and had not seen any government assistance until days following the storm.

that help define who we are as people had been abruptly taken from these people without a moment's notice.

Despite everything the family would have to face within the next few months of rebuilding, it was the last words the husband spoke to his wife that were touching. He held her in his arms and assured that the both of them- but more importantly their two children- would be alright as long as they were alive and had each other.

It seemed amazing to me that a family that had just lost everything

should take away from a natural disaster such as Hurricane Sandy, it is the notion that life is precious, and it is important to hold near and dear to your heart the things that truly matter. As we all return to our daily routines and search for some level of normalcy once again, let us not forget what life was like for us during those few days without electricity, heat, and in some cases, food. Who kept us safe and assured us that everything would be okay. Was it our iPhones and Macs? No. It was our loved ones. Our par-

after driving to her house. These precious moments in life are the ones we take for granted, but these are the moments we must remember when faced with disaster because when we have the strength that our families give us, we will always come out on the other side of tragedy.

Because I do recognize that we live in a world preoccupied by iPads and iPhones, cars and gas in abundance, heat and running water on a constant basis, I know that when we lose those things, it is hard to imagine survival.

However, at the end of the day, it is the people who love us most who are most important, and unfortunately, sometimes it takes a natural disaster or some form of tragedy to teach us valuable life lessons.

Although the people living in areas that were ravaged by the storms are suffering in ways those of us who are back to our normal lives could never imagine, the one constant we see when those people are on television telling their story is the sense of community in those areas.

People from all walks of life are coming together to help neighbors, strangers, and people they ordinarily would not help under other circumstances.

These people have learned the lesson of the importance of family and unity and holding close to your heart the things which really matter, and with the support of those who love them, they too, will come out on the other side.

These people have learned the lesson of the importance of family and unity and holding close to your heart the things which really matter, and with the support of those who love them, they too, will come out on the other side.

Although the decimation of the Jersey Shore is the most prominent effect of the storm to many people, the loss of lives and homes is what is more prevalent.

An episode of Dateline on NBC profiled a family which evacuated in time for the storm, but they went back a few days later to survey the damage, and what the family saw was incredibly moving.

Their entire house had been uprooted and blown nearly ten feet from where it originally stood. Baby books, wedding albums, and all of the things

could have so much hope and optimism. Meanwhile, after the first 24 hours without electricity, I felt as if I would not survive and had nowhere to turn because I could not communicate with anyone.

When faced with tragedy, it is difficult to keep things in perspective, but it is crucial that one always remember the things that are truly important in life. While some people were simply without phone or television access for a few days, others lost family members, including children.

If there is one thing that people

ents, siblings, and significant others are the ones who matter most, and we should cherish them at often as possible.

With two parents traveling outside of the country, the first person I called once I was able to charge my phone again was my sister who insisted that I come to her house and stay with her family. Her only concern was my safety and that of her own daughter's.

If it wasn't for her husband who stood in line at the gas station for four hours, I would not have had the gas to put in my car to drive back home

## Community Members Unite in Wake of Severe Storm

*Volunteerism, Compassion Strike Chord in People as Many Hurry to Help Others*

VICTORIA JORDAN  
STAFF WRITER

Words cannot begin to describe the sorrow and grief I feel for those that lost a little or everything during Hurricane Sandy. The images and video footage that most, if not all, of us have seen displays the heartbreak that many along the east coast have had to endure. Losing a neighborhood, a city, and a home is enough devastation to crush any bit of hope of reconstruction.

I am thankful to have only lost power for a total of twenty minutes throughout the entirety of the storm. Other than that, my town, home, family, and pets are safe.

When I learned about previous natural disasters like Hurricane Katrina and the typhoon in Haiti, I thought of life from a new perspective. I imagined it with no home, no warm clothes, no hot meals, no bed, and no hope.

If I were ever placed in a situation like that, I would want people to care. When I evaluated the life that I do have, I realized how simple it was to take it for granted.

No longer did it need to be about me, me, me or I this and I that. I wanted to help those families, animals, towns- everything. There's a new kind of spirit and attitude that I had toward life and others after the occurrence of a natural disaster. I wish I could motivate myself to act in these ways all the time but like many of us, I often find work, school, and stress to be distractions.

Unlike Katrina, Haiti, and the countless other tragedies, Hurricane Sandy hit home. It destroyed the beaches where my family and I have vacationed ever since I was an infant. It wrecked train tracks and rail lines that affected work schedules. It swept away



IMAGE TAKEN from thekitchn.com

**People come together** and help one another out in times of need such as volunteering their time and donating resources to those uprooted by Hurricane Sandy.

the homes of family and friends. When I felt that new spirit and attitude of putting my own life on hold to help these victims, I knew I would finally be close enough to help.

The heart of a volunteer has a sense of urgency, selflessness, and unconditional love that knows no bounds. Statewide, New Jersey has witnessed this firsthand. Monmouth University itself received donations for the many people it was sheltering.

Volunteering during times of need, such as in the case of Hurricane Sandy, becomes a priority for many people.

For me, it is a responsibility to help those that have lost so much. Why? New Jersey is home to me. It is home to many of you. Those that endure the pain of loss are neighbors, friends, and family.

I feel morally obligated to help them. Mitt Romney stated that "it is within the American spirit to help people." Giving of ourselves

is so much more than many of us realize.

What can each of us do to help the victims of a natural disaster? Clean up neighborhoods and homes in the affected areas, make physical and monetary donations for victims, work with an organization to host fundraisers or events toward the cause, and prepare meals and snacks for the shelters.

The opportunities are endless, so volunteer in any way you can.

I know my home state of New Jersey has shined with its efforts to provide shelter, clothing, food, water, and a light at the end of the tunnel to those coping with the hurricane destruction.

Visit [www.redcross.org](http://www.redcross.org) to make a monetary donation toward Hurricane Sandy relief efforts or [www.longbranch.patch.com](http://www.longbranch.patch.com) to help with post-hurricane clean-up in the local area.

Be a hero to those that need one.



# Romney/Ryan Fall Short of Presidency

ALYSSA GRAY  
COMICS EDITOR

The debates are complete, the polls are now closed, and the announcements have been made in regards to 2012 presidential victor Barack Obama. To some this victory is not a surprise and is something to be celebrated, especially for the democratic party; for others though this win comes either as a surprise or as a pivotal letdown in the course the majority of the country has decided to take a look back to the Romney/Ryan campaign and wonder how this end result came about.

There has been discussion about what the Republican team did wrong in their running for the presi-

dency as noted by sophomore Jessica David, a political science major. “I’ve noticed on most of the main media coverage’s of the election results how they criticized Romney’s campaign, but I don’t think that he really did as bad as they [the media] made it out to be,” says David who mentions that it was Romney’s campaign that had driven her to vote for the first time this year as a registered member of the Republican party.

When asked about the outcome she contends that “I was disappointed for sure when I saw Obama won primarily because I don’t think that he is going to deliver all of these promises about building up the economy and making jobs. I think that we are just going to see a repeat of what happened four years ago, all

of this talk about big change and absolutely nothing done about it.”

The blame circulating around the Republican’s loss however seems to vary depending on who is asked; As mentioned in an article by Sarah Tanksalvala in *The Examiner* on November ninth, different members of the Republican spectrum are seemingly developing an internal war amongst themselves as they point fingers and chose whom is to blame for the losses. “Conservatives blame the GOP for nominating a moderate candidate and conservatives, moderates and libertarians accuse evangelicals of discrediting the ticket and then staying home,” writes Tanksalvala. She also records that some believe the party betrayed them by not nominating Ron Paul, whereas other blame Romney for simply running a sloppy campaign.

Tanksalvala looks deeper into the matter of the Democratic win and the Republican response towards it. She notes that the republican party’s greatest virtue, their intellectual diversity, is also the chink in their armor; as a result, after a loss, they look inward towards what didn’t work in the campaign, and how they must re-evaluate their strategies, rhetoric, and even the very policies that they stand for.

In contrast, she writes that when Democrats were faced with a loss they

chose to strengthen their very principals and push forth with getting the rest of the country on board with those very same ideals by the next election. “Republicans think in terms of elections, and Democrats build long-term infrastructure to promote their ideology beyond elections,” Tanksalvala concludes, “Does that mean that Republicans shouldn’t evaluate and re-evaluate their ideas on the basis of merit? No, but it means they shouldn’t re-evaluate those ideas on the basis of being more electable.”

It is this shifting in policies that most Republicans are accused of doing especially during election season, something that Mitt Romney in particular was called out on ever since he entered the presidential competition.

Kopeweise, a junior communication student, recalls the many leaps made by Romney throughout the election. “I thought that in the end the Romney/Ryan plan addressed the big issues within the country and it looked like they had a solid platform and presented it well, especially during the debates. I did notice though that there was some shifting about in his [Romney’s] platform around the time that he chose Paul Ryan for his running mate,” says Kopeweise.

He mentions how the unsteadiness around Romney’s stance didn’t deter him though, even when it was emphasized heavily in several media discussions. “Usually television shows and the news bring up things over and over, and make a big deal out of nothing. I have my own ideas of what our problems are as a country and I still believe that Romney’s plan was the course of action that would of addressed those needs.

That’s simply what I believe and no amount of John Stewart jokes or anti-Romney headlines will change that,” says Kopeweise.

As mentioned by Tanksalvala, the Republican Party is going to have to look beyond their usual small-government ideals to connect with the American people, despite the appeal it has proven to have towards the public in the past. As Tanksalvala said, it would appear that the “Time has come that the Republicans cannot simply overcome obstacles, bias and vilification, they must confront them directly.”

As put by senior Jim Miller, a Republican voter for three years now, the policies are not the problem, it is the after effects of dealing with the loss; the very message that Tanksalvala has been pushing this whole time. “In the end, win or lose, there is still loose ends to tie up and damage control that must be executed so as to prevent any more tension amongst the already raw surface of the American public. I believe in the Republican policies, Romney’s job plan in particular, and would ultimately support them. It’s about time that the faces and top-gunners of the Republican Party do the very same instead of conforming to what worked for the other side,” states Miller.

No matter the turnout though, the victor or the loser, it is never too late to look ahead and plan. There will always be the shift in power, the media will always have their own brand of influence, and the game of politics will be every changing as a result. Now more than ever is the time for Republicans to learn the rules and play the game, for 2016 will be here before you think.

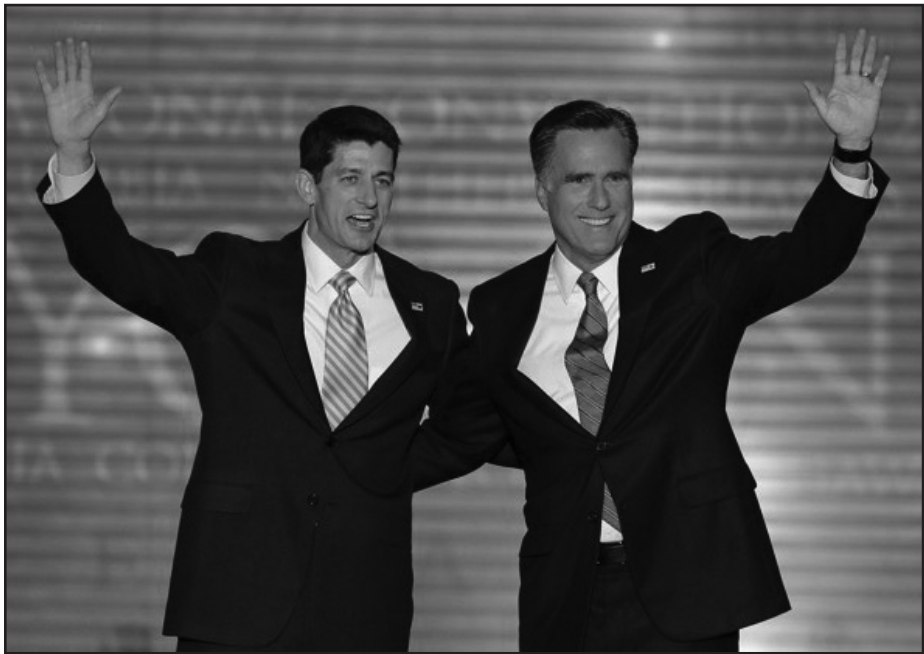


IMAGE TAKEN from washingtonpost.com

Republican candidates Mitt Romney (Right) and Paul Ryan (Left) lost to President Barack Obama and Vice President Joe Biden 332 to 206 Electoral Votes.

## America Chooses “Forward”

### Presidential Election from pg 1

Many students may not be able to get a college education without the various types of financial aid. I also think that the candidates made use of social networking sites, like Facebook and Twitter, to reach out to young voters.”

Dr. Michael Phillips-Anderson, associate communication professor, explained how the youth came out in larger numbers this time around (19 percent of the electorate compared to 8 percent in 2008). “The GOP did little to attract the youth vote,” said Phillips-Anderson.

Dr. Don Swanson, professor of applied communication, said social media helped grab the youth vote as well. “Obviously the Obama campaign used social media wisely. The issues on support for higher education, research, and education for future jobs, were clearly in the Obama campaign rhetoric, and the Romney campaign rhetoric stated a generality in that regard, but the VP candidates’ budget plans would have cut support for higher education, research, and education for future jobs,” said Swanson.

Women were also a contributing factor. Republicans Todd Aiken and Richard Mourdock had made statements in regards to women’s rights and abortion that may have swayed some women votes away from the Republicans.

Katelyn Nogueira, senior communication major, said “What turned me off the most about his opponent, Mitt Romney, was Romney’s support of a party that seems so against women’s rights and the progress we’ve made in the nation up to this point. The Republicans saw a number of ridiculous comments about rape, pregnancy, and abortion coming from some their candidates.”

Nogueira continued by saying, “The fact that Romney never pulled his support from Mourdock, a man who claimed that pregnancy from rape is ‘intended by God’ was odd and unsettling to me. I certainly did not want to see people like Mourdock and Akin winning senate seats, but those men and their comments turned me off to the whole party, believe it or not. Women’s rights and my ability to control what happens to my body is a really important issue that definitely guided some of my attention and voting in this election.”

Lawren Rohling, social work major, felt the problem for Republicans was deeper. “I felt relieved that Romney didn’t win because I felt I couldn’t trust him. He seemed to not have definite positions on some major issues.”

Jessica Deigert, junior communication major, believed the outcome of the election was predictable. “I thought that the race was tight and the end result was what everybody predicted that I spoke to. For me, I like candidates who care about all types of people and can be seen putting in efforts to help people all over. I personally don’t want a candidate who will say anything just for a vote,” said Deigert.

For other students, this election was more about personal experiences. Tess Oriana La Fera, junior social work major, said, “When the Waldo Canyon Fire struck my home town of Colorado Springs, Colorado this summer, Obama flew out to visit the victims and see the damage, not for purposes of the campaign but to offer his condolences and assistance. Then when the Aurora shooting happened in July, Obama visited again to offer the town his empathy and let the community know that they were in his thoughts. Meanwhile, Romney never both-

ered to visit any of the victims of these two tragedies except to campaign, and while I may be biased because of the personal connection I have to them, I believe a person that has the heart to really reach out to his nation is more equipped to run it as well.”

Junior political science major, Adrian Palaia is under the impression this shows where America has been and where it is going for the future. Palaia said, “In many ways this election was more momentous than the first because we the people choose to re affirm a plan of a new American. We voted for the right man for job, if it was 1982 and the principles of smaller government and higher defense spending were still needed no doubt America would have voted appropriately; but it’s not so we choose a candidate for 2012. That’s the beauty of democracy.”

During his victory speech, Obama said this victory did not belong to him but to the American people. “Tonight, in this election, you, the American people, reminded us that while our road has been hard, while our journey has been long, we have picked ourselves up, we have fought our way back, and we know in our hearts that for the United States of America the best is yet to come.”

Despite Obama, a Democrat being elected President, the House of Representatives has a Republican majority and the Senate has a Democratic majority. This combination brings forward the issue of the gridlock in Washington due to different political ideology.

Romney addressed the gridlock during his concession speech. “The nation, as you know, is at a critical point. At a time like this we can’t risk partisan bickering and political posturing. Our leaders have to reach

across the aisle to do the people’s work, and we citizens also have to rise to occasion.”

Swanson believes this is part of the problem. Swanson said, “Unfortunately too many extreme ideology candidates seem to believe the ad hominen attacks, labeling, and simplistic unrealistic statements they repeated over and over. Too many Americans are critical thinkers for mindless rhetoric to win simply because it is constantly repeated in excessive advertising.”

Nogueira believes this may be a good thing. “Not only was I happy seeing Obama reelected for another term, I was actually also really excited to see that the Republicans kept control of the House and the Democrats kept control of the Senate. I think that creates a nice balance of power and a better chance of actual bipartisanship in our country,” said Nogueira.

Pagano is pessimistic about this combination. “This really will not help President Obama any more than the previous Congress; however, I think that President Obama may be more willing to compromise now with both sides because he does not have to worry about re-election.

Swanson believes any agreements will not be easily won. He said, “If it does reduce gridlock it will be because the President is a lame duck and the Republicans will not operate from the goal of stopping his re-election. If some realistic GOP officials finally agree to negotiate, as is the method of democracy, important policies can be worked out. Historically the minority has to co-operate with the majority.”

Phillips-Anderson said that the gridlock seems it will continue. “I fear that we will be right back where we started. It is fine to talk about compromise, but it only works if

both sides can recognize something that is good in the other’s position. Also meeting in the middle doesn’t mean the 50 yard line if one side is starting off in a more extreme position.”

Bizzoco is optimistic about the possible change in Washington. “I am hopeful that the election will help ease the gridlock based on the fact that no one party won a mandate. The message I hope Washington as whole takes from this election is that the voting public wants the parties to work together and to compromise in order to actually get substantive policy passed and implemented,” said Bizzoco.

Obama also mentioned in his victory speech that, despite different political views, it is more important to be an American first. “That’s why elections matter... Democracy in a nation of 300 million can be noisy and messy and complicated. We have our own opinions. Each of us has deeply held beliefs. And when we go through tough times, when we make big decisions as a country, it necessarily stirs passions, stirs up controversy. That won’t change after tonight, and it shouldn’t.”

Obama continued by saying, “America, I believe we can build on the progress we’ve made and continue to fight for new jobs and new opportunity and new security for the middle class. I believe we can keep the promise of our founders, the idea that if you’re willing to work hard, it doesn’t matter who you are or where you come from or what you look like or where you love. It doesn’t matter whether you’re black or white or Hispanic or Asian or Native American or young or old or rich or poor, able, disabled, gay or straight, you can make it here in America if you’re willing to try.”



# Democrats Delighted with Presidential Results

**JESSICA ROBERTS**  
STAFF WRITER

“Yes we did!” Is what Democrats around the nation are all chanting and cheering as they celebrate another four years of President Obama and his administration, while gaining two seats and keeping control over the Senate. Democrats captured the Presidency for another four years with 332 electoral votes and 62,186,573 popular votes.

After a long battle, the Obama campaign was able to win eleven of the 14 swing states, including states that were thought to go to Romney such as Virginia and Florida.

However all eyes were on Ohio, which was the state that was believed to be the deciding one in this election year, which apparently was true. It was Ohio’s 18 Electoral College votes that got the President his second term in office.

The Obama team has been given lots of praise for their hard work and dedication to the campaign with their success in getting people out to vote. Dr. Joseph Patten, Chair of the Political Science Department at the Uni-

versity, credited them with for being “Miles ahead of the Romney team as far as being able to pin point supporters and getting out the vote.”

Dr. Michael Phillips-Anderson, a professor of political communication at the University, agreed that the Obama team ran a very successful campaign. He said, “The Obama team executed their data drive communication and GOTV strategy nearly perfectly. The fact that 22.9 million young voters came out (a bigger share 19 to 18 percent than in 2008) demonstrated that the GOP did little to attract the youth vote, presumably thinking that it would shrink from 2008. The Obama team did a remarkable job in turnout.”

The first time voters at the University could not support Phillips-Anderson’s statement more. Dominick Macitelli, a student at the University, stated “I’m happy with the outcome, this was my first time voting and I voted for Obama and it feels good to have voted for the winner especially since I have faith in him as our president.”

Susan Pagano, a student here at the University, and another first time voter was “Thrilled with the outcome! I was so happy that President Obama was reelected for another term because he defiantly has the superior plans for the future of our nation. This was also my first time being able to vote in a Presidential Election, and I could not be happier that it was for such an important one. Just the fact that I was able to vote for President Obama this time around is really special for me.”

The youth vote was critical to the Democratic success in this year’s election. According to an article from *Huffington Post* 60 percent of voters from ages 18-29 supported President Obama in this election. The article states “Obama’s youth vote victories this year and in 2008 were the biggest wins among this demographic of any presidential candidate in recent history.”

*Huffington Post* also offers polling data collected by YouGov, which shows why the Democratic Party holds a strong stance over



IMAGE TAKEN from kstp.com

**Democrats** won the presidency and have a majority in the Senate on Tuesday.

the youth vote. The generation that is now considered under the youth vote has strong views that tie into the Presidents ideas and plans. After being polled it showed that young voters support abortion rights, taxing of the rich, same sex-marriage, and the need to control global warming.

In the words of President Obama himself, “I want to thank every

American who participated in this election, whether you voted for the very first time or waited in line for a very long time. No matter what you do or where you go from here, you will carry the memory of the history we made together and you will have the life-long appreciation of a grateful president. Thank you for believing all the way, through every hill, through every valley.”

## Sandy “Rocks the Vote” Like a Hurricane

**BRITTANY HARDAKER**  
STAFF WRITER

In an election filled with new obstacles, such as mandatory photo identification, New Jersey and the surrounding areas were inundated with their own unforeseen trials. While many voters around the nation battled long lines to cast their ballots in the 2012 presidential election, citizens in areas heavily damaged by Hurricane Sandy struggled to get their voices heard and their votes cast.

More than 1 million New Jersey residents and businesses were still without power on Election Day, eight days after Sandy made landfall. With polling stations among the thousands of buildings damaged, voting in storm-ravaged states involved unparalleled challenges.

Voters in the tri-state area faced confusion as temporary polling places and alternative voting methods were being established in the wake of the storm. While some poll sites lacked power to run voting machines, others were flooded, damaged, or were located in buildings being used as refuge for displaced storm victims.

New Jersey Governor Chris Christie took his normal down-to-business approach and ordered election authorities to offer displaced residents the option of requesting a ballot electronically ; the same procedure followed by the state’s overseas and military residents. This directive is also intended to come to the aid of displaced first responders, whose tireless recovery efforts away from home have made voting a challenge.

“Listen, go vote tomorrow,” Christie said on the Monday before Election Day. “There’s only 100 polling places across the state that had to be moved or changed. For most people in New Jersey who are watching or listening, you go to your normal polling place.”

New York Governor Andrew Cuomo took a similar standpoint. “We want everyone to vote. Just because you’re displaced doesn’t mean you should be disenfranchised. I’m signing an executive order today that will allow affidavit voting, where you can go to any polling place, sign an affidavit, and you can vote in that polling place.” Cuomo said. “And your vote will count.”

Lieutenant Governor Kim Guadagno also stepped up to ensure New Jersey voters that their voting rights were of top priority. “Despite the devastation that surrounds many of our citizens, we are committed to upholding and honoring our nation’s ideals by having an open and transparent

election,” she said. The lieutenant governor, who also serves as Secretary of State and is responsible for overseeing the Division of Elections, explained that even though the extent of Hurricane Sandy’s destruction is impossible to fully describe, the government was working diligently to make voting as easy as possible considering the devastating circumstances.

In order to alleviate pressure on polling places, voters were given helpful alternatives. Some of those options included electronic voting, extended hours at county offices, and mail-in voting. Although considered by some to be an arduous process, mail-in-voting in New Jersey requires residents to apply for a ballot through their county clerk’s office and to return that completed ballot to their county board of elections. Following the storm, a record number of citizens took advantage of the program.

With the intention of ensuring all voters would be accommodated, county elections officials were also directed to print a sufficient number of provisional and emergency ballots for those in need. Although, many county clerks were overwhelmed by an unanticipated number of electronic ballot applications, causing some residents to receive error messages or endless busy signals.

Even though there were numerous alternative measures available such as electronic voting and written ballots, some Americans who attempted to vote in-person throughout the country stood endless hours waiting to cast their vote. While New Jersey election rules don’t normally allow early voting, voters in the state came out in droves and even with being forced to change voting site locations, most voters did not wait long to cast their vote.

According to the Monmouth County Clerk’s Office, the voter turnout in Monmouth County consisted of 248,046 voters, making up 58.28 percent of total registered voters in the county. Of that total, 23,298 (5.47 percent) were mailed-in ballots.

Despite national polls, Mitt Romney was the clear winner in Monmouth County with a total of 140,544 votes or 52.10 percent. Obama trailed not too far behind with 125,565 votes or 46.55 percent and Gary Johnson, as a member of

the Libertarian party, received 2,078 votes or .77 percent of the total votes, the website explained. Romney’s win in Monmouth County is notable in a state that has not only lead democratically in the past five elections, but is a state in which Obama lead in 2008 with 56.8 percent of the vote.

In the face of the mayhem Sandy left behind, Election Day turnout was heavy. Voting represented a sign of normalcy amid the devastation and inspired many voters from storm-ravaged areas to express relief that they were even able to vote at all. However, for some of those whose lives were uprooted by the storm, voting was the least of their worries.

Victor Nazario, a senior, history and political science major, took a

“We are battered but not broken, damaged but with a stronger sense of community than ever before.”

ROBERT MENENDEZ  
United States Senator from New Jersey

different approach. Nazario, a first-time voter, explained that because he lives in Bergen County, an area of Northern New Jersey where power was out for significant period of time, he was forced to drive to his county clerk’s office several towns away just so he could do his part and vote in this election.

“I feel accomplished that I’m participating in the democratic process. It’s a fundamental part of being a citizen of this country,” he said. Nazario added, “As the Greek Senate President here at Monmouth, I know what it feels like to be elected to a leadership position and I feel that New Jersey’s government did an excellent job of handling the storm as far as preparation and prevention.”

He explained that with the election aside, New Jersey must now look towards helping those who need the most. “We need to rebuild parts of the shore that were forever scarred by the effects of nature,” Nazario said.

Dr. Joseph Patten, Chair of the Political Science and Sociology Department, also felt that New Jersey’s government was successful and proactive dealing with a devastating situation so close to Election Day. “By allowing New Jerseyans to vote early electronically or through their county clerk’s office,

Governor Chris Christie took swift emergency action to ensure that New Jersey’s vote would be heard,” Patten explained.

Patten encouraged the University’s voting population by sending out a campus-wide e-mail prior to Election Day. The e-mail explained how to find locations of local polling places via text and gave detailed information about polling stations and their hours of operation.

For those whom were displaced as a result of the Hurricane, and could not reach a polling place, Patten clarified that votes could be cast through email or by fax through requesting a mail in ballot. “However, several Monmouth students and faculty expressed trouble voting in this year’s election process,” Patten said. He believes that most of their struggle voting was most likely a result of a lack of communication in the aftermath of Hurricane Sandy.

As county clerk’s offices across the East Coast became overwhelmed with the amount of phone calls and questions they were receiving, Patten explained that many voters were unsuccessful in getting the materials they needed in order to vote on time.

Guadagno expressed, in a directive issued on Election Day, “It has become apparent that the county clerks are receiving applications at a rate that outpaces their capacity to process them without an extension of the current schedule.”

Despite New Jersey residents stepping outside of the hardships faced in the aftermath of Hurricane Sandy in an effort to cast their vote, “New Jersey is a non-swing state that is primarily democratic and tends to lean that way politically, an advantage for President Obama.”

Patten said, “That is one of the major criticisms of the Electoral College, some states unfortunately do get largely ignored while other ‘swing’ states are likely to be focused on almost entirely.”

After visiting a community center in Brigantine, New Jersey, which had been converted into a shelter, the President reassured and consoled evacuees, “The entire country has been watching what’s been happening. Everybody knows how hard Jersey has been hit.

You guys are in my thoughts and prayers. We are going to be here for the long haul.”

He later repeated that message of unity to all of those affected by the storm by promising, “We are here for you, and we will not forget, we will follow up to make sure that you get all of the help that you need, until you have rebuilt.”

Christie had been a strong supporter of Mitt Romney through the presidential campaign. Christie drew criticism, however, after the he praised Obama’s handling of recovery efforts following the path of destruction left by Hurricane Sandy.

Sandy has made the already struggling economy more difficult. Despite the governor’s political affiliation, New Jersey has voted Democratic in the past five elections and polls conducted prior to Election Day suggested that New Jersey would most likely lean towards President Obama this year as well and it did.”

During his victory speech at Helldrich Hotel in New Brunswick after the election, newly elected U.S. Senator Robert Menendez from New Jersey spoke extensively about New Jersey’s efforts to rebound from the storm.

Menendez said, “Tonight, before we celebrate what is going to be a great election result, let’s first celebrate our greatest victory and that is that New Jerseyans have survived an unprecedented storm. We are battered but not broken, damaged but with a stronger sense of community than ever before.”

As he celebrated his election victory, he reminded listeners to “not forget the thousands of New Jerseyans who are still without power and need help, families who have lost loved ones, others who have lost everything they worked for all of their lives, their possessions, their property.” A bipartisan effort on his part, Menendez gave credit to not only the President for having a strong federal reaction, but also to Republican Governor Chris Christie for his rapid response in New Jersey.

Christie offered a message of hope and hardship to those whose lives were uprooted by Sandy.

Concerned more with rebuilding New Jersey and ensuring the safety and well-being of its citizens, and respectfully so, Christie said, “We will get to our national election when we get to it.”





## GRADUATE SCHOOL PROGRAMS

- Anthropology
- Business Administration (MBA)
  - Accelerated MBA option
- Computer Science
- Corporate & Public Communication
- Criminal Justice
- Education (MAT, MEd, MEd)
  - Accelerated MAT option
- English
- History
- Homeland Security (*New for Fall 2013, fully online*)
- Mental Health Counseling
- Nursing
- Doctor of Nursing Practice
- Psychological Counseling
- Public Policy
- Social Work
  - Traditional/Advanced Standing MSW
- Software Engineering
- Speech-Language Pathology (*New for Summer 2013, pending ASHA approval*)

# Graduate School Information Session

**Thursday, November 15, 7 p.m.**

Wilson Hall Auditorium

[www.monmouth.edu/GR\\_infosession](http://www.monmouth.edu/GR_infosession)

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Do you believe town officials could better prepare citizens for natural disasters?

COMPILED BY: ALEXIS ORLACCHIO



Rebecka junior

"I think they could have prepared for the gas situation better. I feel if they did more work to get the gas stations up and running it wouldn't have been such a problem."



Ariana sophomore

"Yes, because we were not prepared and we suffered catastrophic losses."



Chris freshman

"I think we should always prepare for the worst and I don't think we do that a lot of times."



Gabrielle junior

"I feel they could better prepare and inform people more. After they implemented the gas ration it cut down lines and chaos."



Emily sophomore

"Yes. Previously putting power lines under ground would have helped. They should make them easy to fix."



Julia freshman

"I don't think people realized how serious this storm could have been. The University was prepared as a shelter but the towns could have been better prepared."



Casey senior

"I know towns gave mandatory evacuation orders but maybe they could be more enforce that or give an incentive for people to leave."



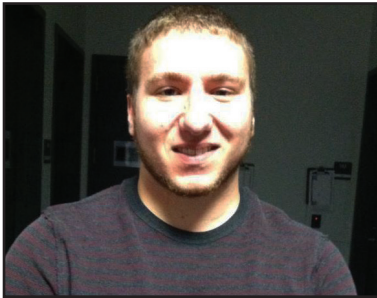
Kristina sophomore

"I think New Jersey did a good job. I gained so much respect for Chris Christie, he was calm and he kept everything in order. I think they dealt with everything really well."



Steven senior

"I definitely do because in my town. Even before the storm, there were leaves and branches everywhere. I think they could better inform people of how to clean up and prepare for the storm."



Brian senior

"I would say probably because in Florida it seems their houses don't get as much damage because they are built for that kind of weather."

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# Revamping Your Camping Through Local Sites

**MAGGIE ZELINKA**  
LIFESTYLES EDITOR

While the University has plenty of activities for students to take part in every week, if one is looking to create an adventurous memory off campus, a great idea would be to get a group of friends together and appreciate the outdoors. While many may be unaware, there are plenty of campgrounds around Monmouth which have ideal conditions for beginners as well as experts.

The Outdoors Club advisor, Professor Reynolds, is well informed of which New Jersey campgrounds are prestigious choices. "We have several great campgrounds within an hour of our campus. Allaire State Park, Cheesequake State Park, Bass River State Park. Our club's favorite one is Worthington State Park," Professor Reynolds said. "New Jersey State Parks are absolutely sensational."

Located in Wall Township, the closest camp site to the University would be Allaire State Park. The campgrounds have 45 tent as well as trailer sites and four yurts. According to their website, yurts are "circular tents built on a wood frame, featuring wood floors, a deck and plexiglas skylight." Their website also states the campground has six cabins with a wood stove that can sleep four people. As for the group campsite, the park is open year round. The Allaire State Park campground offers discounts to any New Jersey resident.

The Cheesequake State Park is known for its scenery along the trails as well as being a great campground. A committee known as the New York New Jersey Trail Conference states, "This Park is a botanical preserve comprised mostly of salt marsh, Pine Barrens and mixed oak forest." The New Jersey State Park website notes there are 53 tent and trailer sites which are accommodated by fire rings and picnic areas. Although the park does not open again until the spring, it is never too early to start planning a camping trip. The Park website also comments on how the Cheesequake

State Park does have restrooms as well as portable water.

Another campground Professor Reynolds mentioned was the Bass River State Park, otherwise known as the Bass River State Forest. According to the state's official Parks and Forests webpage, the Bass River State

Forest was the first forest New Jersey preserved for public leisure as well as protected for nature's sake. Taking up 67 acres in the center of the forest is Lake Absegami. Many use this lake for recreational purposes such as swimming, canoeing, and kayaking.



PHOTO COURTESY OF Lauren Anderson

**The Adirondacks Mountain Range** spans across six million acres of both land and water in upstate NY.

Unlike a lot of camping sites in New Jersey, Bass River State Park has 176 tent and trailer sites and is also pet friendly. Stateparks.com notes that the State Park has showers, restrooms, and even laundry facilities. Bass River State Park also has six lakeside cabins which can be rented for \$65 a night or \$455 a week, but these cabins can only be rented from April 1-Octo-

ber 31. Stateparks.com states the cabin's accommodations are "living room with double-deck bunk and fireplace; two bunk rooms with double-deck bunks; kitchen with running water, electric stove, refrigerator; bathroom with shower, toilet, and sink." Along with all of these, the cabin includes an out-

door fire ring, screened in porch, and electricity while accommodating a total of six people. For more information, you can call the campground's number which is 609-296-1114. From campus, Worthington State Park is about an hour and a half drive heading northwest. According to the division of parks and forestry, the campground is 6,584 acres with over 26 trails, including 7 miles of the renowned Appalachian Trail. The Appalachian Trail continues through two other State Parks and is referred to as Old Mine Road. This trail used to be used to transport copper from the mines to the quarries and is also believed to have been an In-

dian trail. Stateparks.com writes, "Worthington State Park has 69 tent and trailer sites as well as fire rings and picnic tables." The park does have restrooms along with showers. The rate for Worthington State Park is \$20 per night for campsites and \$35 per night for the

park with fire rings as well as picnic areas.

If instead you feel the opposite and wish to go further, one of the most cherished campgrounds in the country is a mountain range known as the Adirondacks in upstate New York. Ranked the fourth best state park in the nation by adventurejournal.com, the mountain range has been a national park for over 100 years. Unlike many mountain ranges, the Adirondacks do not go in a line but rather form a dome shape. Since it is such a large park, it is hard to pinpoint one great camping site. If you wish to find out more about the Adirondacks, follow visitadirondacks.com for information. Along with camping as an option, the Adirondacks also provide a great whitewater rafting adventure since the Hudson River runs right through the range.

Recently, sophomore Rachel Fox made her first trip to the mountain range and left in awe. "I was truly amazed at how beautiful it was," Fox continued. "The Adirondacks looked unreal and more as if it were a painting rather than an actual place. It really made me appreciate nature."

If you are not comfortable with the thought of camping for the first time by yourselves a great option would be to attend one of the Outdoors Club camping trips. While there will not be any more until the spring, there are many seasoned campers in the club that will help you learn the essentials of camping and how to make a fire, pitch a tent, and chop down a tree.

Reynolds agrees that this option would be wise. "I like the people in the club because they are all so accepting of everybody," Reynolds continued. "Everybody is welcome." Keep in mind that camping is not for everyone and it is alright to dislike it.

In this technological era, it is refreshing to find a place where all of it can disappear and you can reconnect with nature. All of these campgrounds will allow you to do just that. With the information you have just gained, it is no longer a question of where but instead a question of when.

## Helpful Tips to Keep in Mind When Packing to Camp

**EVAN MYDLOWSKI**  
CONTRIBUTING WRITER

Regardless of the season or venue, every camper needs reliable equipment. It is hard for one to find these assets if they are unaware of the options, hence why it is important to any beginning or intermediate camper to find their preference of tent, sleeping bag, and sets of clothes.

The first step towards acquiring the proper tools for a camping trip would be to determine how many people are going to accompany you in the woods. The amount of food, the tent size, and the water supply are determined on the number of people in a group. Secondly, one must finalize their campground. By doing so, one can begin to buy the proper tools. For instance, if a campground has a barbecue set available for the public, there is no need to bring a small grill of your own.

With the figures and site squared away, it is time to choose a tent. There are many different styles of tents, for example, gocamping.org describes a cabin tent, a tunnel tent, and a dome tent. A cabin tent is usually used for large groups or when one is driving to a campground rather than walking. If you are planning to hike on a trail, it is recommended to travel with a very light, small tent or tarp since you will be lugging it around for your entire trip.

A tunnel tent is essentially what it

sounds like; the tent appears in the form of a tunnel. Tunnel tents are debatably the easiest tent to pitch (in other words set up) but they can be swayed by the wind much more than other forms of tents.

Lastly, the dome tent has three or more poles making it a sturdy and roomy area. While the choice of style does depend on the camper's preference, it is important to keep in mind how many people are going on the trip and what the weather will be like.

Scoutbase.org urges people to keep in mind, "When buying a tent - remember to minus one person from the manufacturer's recommendations. So, a two person tent would be comfortable for one with kit, a three person tent, would be comfortable for two with kit and so on."

After the proper tent has been purchased, it is time to search for a sleeping bag. Ranging anywhere from \$20 to \$700 according to Dick's Sporting Goods store, it is important to keep in mind weather conditions when purchasing a sleeping bag. While it may not be financially advisable to buy the most expensive sleeper, it may not be practical to purchase the cheapest either.

If the trip includes camping in upstate New York in the middle of January, then buy the warmest sleeping bag available but if the trip is planned to be around Monmouth during July, a heavy sleeping bag is

not necessary. It may be best to buy a cool sleeping bag that would work in any season and invest in extra wool blankets for the cold seasons.

Wilderness.org also suggests to bring a mat to place between your body and the ground in order to stay even warmer during the fall or winter. This can easily prevent from hypothermia and keep away any unwanted critters.

Professor William Reynolds, advisor to the Outdoors Club, believes there are three crucial fundamentals to bring when camping. "Essentials would be a good light, an appropriate sleeping bag for the weather and changes off clothes along with wool socks," Reynold said.

Once the sleeping situation is handled, one has to pack the basics for a camping trip. According to wilderness.org, the required accessories for fall camping are: gloves, extra shoes, winter jacket, a tarp, garbage bags, extra blankets, small snacks, canteens, and clean water.

The Outdoors Club President, Greg Cenicola, adds that no matter what season, you must pack a ton of socks. "The most important thing to bring camping is extra socks," Cenicola said. "If your feet are uncomfortable and get wet, you increase your chance to get either athlete's foot or trench foot. Socks are the only thing I bring extra of when I do go camping." Cenicola also noted that one's feet often get wet since they are close to the ground.

All this information is mainly if



PHOTO COURTESY OF Jackie Leming

**Dome tents** are the most common tents since they can sleep the maximum amount of campers.

one were to go to a campsite. As previously mentioned, if you plan a trip which includes both hiking and camping, you must pack light. This summer, Reynolds hiked part of the Appalachian Trail with the current president and vice president of the Outdoors Club along with the founder of the club, Paul Mandala. Since the four of them hiked as well as camped, it was essential to pack the least possible.

"We had very nice lightweight two man tents and very nice light sleeping bags," Reynolds recalled about the trip, "[We also had] minimal clothes, freeze dried food and water filters because we had to find brooks and springs and then boil the water."

Whether hiking is involved or

not, there are many aspects that play key parts in packing for a camping trip. Secretary for the Outdoors Club, sophomore Pat Layton, believes that the weather determines everything.

"Always be prepared for rain," Layton continued. "Never wear cotton because if you do [especially when it rains], you're going to be uncomfortable." Professor Reynolds has a different opinion of what the most important aspect is when prepping to camp. "When you prepare to go camping, the most important thing to bring with you is a great attitude and a friend," Reynolds commented.

Now that you are well aware of how to prepare for a camping trip, it is time to begin your adventure.



# How to Accomplish the Autumn Feel via Food and Drink

**TAYLOR KELLY**  
CONTRIBUTING WRITER

Autumn is the time of year when bathing suits are traded in for jackets, swimming pools are replaced with fireplaces, and cold lemonade is swapped for warm apple cider. Fall is the perfect time of year for heart and stomach-warming recipes with ingredients that range from pumpkin spice to sweet cinnamon. If you are in the mood for an autumn treat, you might want to check out some of these fall food ideas.

As soon as the leaves start to change, everything becomes enhanced with fall flavors. Coffee shops promote pumpkin flavored coffees and teas as well as serving apple cider by the gallon. If you depend on coffee for your caffeine before class, you can try Dunkin Donut's pumpkin white chocolate iced or hot coffee or their pumpkin mocha flavored latte, as well as traditional hot chocolate.

If you have a sweet tooth, they also offer fall-inspired donuts as well as pumpkin muffins. Still, homemade coffee is another option. Keurig makes various types of coffees for any taste preference. Junior Tara Esposito is a fan of the pumpkin spice flavor. "I stocked up with 80 K-cups of the pumpkin spice flavor to make sure I have enough of it, even when fall is over," she said.

If you are looking for a more satisfying breakfast, you can never go wrong with pancakes. But, sometimes, the plain old recipe gets a bit boring. This season, you can spice up your short stack with a variety of flavors, from pumpkin to gingerbread.

If you are adventurous enough, you can make your own batter using fall favorites like cinnamon and nutmeg. If you are not as savvy in the kitchen, you can stop by IHOP where their featured items include pumpkin and carrot cake flavored flapjacks.

Amy's Omelette House right here in Long Branch has a packed menu

use slices of turkey breast for your sandwich. Depending on your preference, you can add anything to it, from cranberry sauce to spicy mustard. You can also take a traditional salad to a whole new level by adding apple slices, nuts, dried cranberries, and a sweet vinaigrette.

Fall is also a great time of year

zucchini. Stews, chili, and gumbos are also pot-sticking meals that will go a long way. No matter what you are in the mood for, there are plenty of options that highlight the season perfectly.

Nothing can be better than a warm dessert on a brisk fall night. If you are loyal to the classics, you can never go wrong with a standard apple or pumpkin pie. Warm up a slice and pair it with a scoop of vanilla ice cream and caramel sauce and you have an instant dessert. But, there is so much more to explore when it comes to sweet treats. Cinnamon buns are easy to make and even easier to eat; warm, gooey, and filled with cinnamon, you really cannot go wrong. You can even buy them pre-made from the Cinnabon store or from a local grocery store.

Caramel apples are another classic and come in many options. You can either have a red or green apple and you can also dress them up with anything from nuts, to sprinkles, to mini chocolate chips. For added sweetness, you can drizzle the apples in white and dark chocolate.

If you are in the mood for something cooler, ice creams come in various fall flavors this time of year. Pick your favorite kind and make a sundae with your favorites, from caramel to hot fudge and whipped cream. Local frozen yogurt shops also feature fall flavors, such as pumpkin, and you can always add unlimited toppings.

Snacks are also an instant go-to on a chilly autumn evening. If you are not in the mood to make a trip to the grocery store, use what you have to make something spontaneous.

Dr. Ervin, Professor of Science of Cooking, suggests a trail mix. "Make a snack mix of pretzels, corn chips, peanuts and candy corn," she said. She also recommends hollowing out a pumpkin or gourd to use as a bowl for dip. "If you are carving pumpkins, don't forget to roast the pumpkin seeds," she added.

Pretzel rods are another easy snack option, and you can dip them in anything from peanut to apple butter, or even caramel sauce. With cream cheese, marshmallow fluff, lemon, and cinnamon, you can make a dip to eat with anything from fruit to graham crackers. It is obvious that the possibilities are endless for sweet and easy seasonal snacks.

Furthermore, if you wish to create your own Thanksgiving themed dessert, a popular option in recent years has been the homemade Reese's turkey. For this crafty snack, you will need a Reese's cup for the Turkey's body, two Oreos which you will use for both the body and the feathers' base, candy corn for the feathers, and icing. As seen in the picture, you use icing to stick all the elements together. The white part of a candy corn piece is most commonly used as the turkey's beak.

You can explore your autumn appetite from breakfast through dessert, with inspired flavors from pumpkin to cranberry. Pair your meal with an iced apple cider or hot chocolate and you will instantly satisfy your fall cravings. There is always room for dessert, so stock up on your favorite ice cream or pie. With all these tips on how to follow an autumn inspired feast, there is no limit to the combinations you create.



PHOTO COURTESY OF Maggie Zelinka

**Candy Turkey** can be made as a craft for little kids this Thanksgiving.

including banana crunch and cinnamon almond French toast and apple spice pancakes. It is obvious that if you are in the mood for a fall-inspired breakfast, there are many options for you.

For lunch or dinner, there are many quick and easy autumn options. Instead of regular lunch meat,

for soup. With unlimited flavors, you might want to explore something new, like chicken tortilla or butternut squash. Add your favorite crackers to the bowl and you have a warm, filling meal. Stuffing is easy to make and can be a perfect side to any feast, along with various fall-friendly vegetables like squash and

## Frozen Yogurt Has Taken Over East Coast Taste Buds

**KELLY HUGHES**  
CONTRIBUTING WRITER

Though the summer days are long past us, one may still find themselves with a serious sweet tooth for a frozen treat. Luckily, this can be satisfied as there has been a recent trend of self-serve frozen yogurt bars popping up around New Jersey, especially the Monmouth area. Most frozen yogurt bars have a variety of flavors, along with quite a selection of toppings. Some flavors can be plain like vanilla or strawberry, or daring like cookies and cream or peanut butter.

Toppings vary from healthy options like fresh fruit or granola to more indulgent choices such as cookie dough and brownies. The idea of the self-serve is for the customer to create whatever kind of frozen yogurt desired, and then add the toppings of choice. Most, if not all frozen yogurt places, charge by measuring the customer's cup since there is a certain price paid per ounce.

While there are a number of frozen yogurt options around here such as Top It and Frozen Peaks, Froyo Beach is the newest to locate itself in the community. The owner, Ziva Ioia, cared to comment on why she thinks frozen yogurt, also known as "froyo" is now trending.

"Froyo is a lot more popular than hard ice cream because it's nutritionally the smarter choice," Ioia went on. "You get nutrition benefits such as less calories and fat along with a great taste."

These nutritional benefits are true according to Livestrong.com, as a cup of fat free and sugar free frozen yogurt is only about 80 calories while a mere half a cup of Edy's vanilla ice cream contains 100 calories. Also, buzzle.com reports that ice cream has 10-18% fat, in contrast to frozen yogurt which has a lower

scale of zero to four percent fat.

Senior Kae Crede commented on why she prefers frozen yogurt over hard ice cream. "I love the vanilla and strawberry flavors and I like frozen yogurt so much more than ice cream because it's lower in fat and taste better personally," said Crede. "I love the toppings too, especially the fresh fruit and the brownie pieces."

Besides the health benefits, it is probable that frozen yogurt bars are a hit because of the self-serve factor. People like variety, and self-serve frozen yogurt can give them that. Ioia concurs with this statement by saying, "People love self-serve because they can make it how they want, and it can be different each time. You can put a little of a flavor or topping in, and more of another. It's your creation."

Sophomore Jackie Leming furthers this point. "There are many options and it is more fun since you can make it yourself." People like to have control, and self-serve frozen yogurt is a reasonable treat that you can either limit yourself with a healthy option or splurge on a more delectable one.

Aside from the health and self-serve factors, frozen yogurt has really become a trend because it serves as a spot to hang out. A common outing for people of a higher age group may be to ask a friend to get coffee. While as for college students, specifically girls, it is increasingly becoming common to ask a friend to get frozen yogurt. It is a perfect spot to socialize with friends in a sit down relaxed environment.

"I think getting frozen yogurt is a fad. It's not cool to go get an ice cream sundae anymore, it's cool to get frozen yogurt. I mean how many people do you see Instagramming pictures of frozen yogurt nowadays?" sopho-

more Laurel Weber points out.

With the frozen yogurt chains blooming all over the area, the media has recently called this "frozen yogurt wars". These so called wars are between those frozen yogurt places which are located fairly close to one another, much like Top It, Froyo Beach, as well as Red Mango. These frozen yogurt places try to market themselves the best they can, wheth-

er it be by lowering prices or creating the best taste, hoping to draw the most customers. Some places in New York City have even resorted to delivery on bike according to the *New York Times*.

Despite what the real reason for the sudden up rise of frozen yogurt chains is, one thing is certain, frozen yogurt is more popular now than ever before.

Whether it be the more healthy appeal, the "do it yourself" approach, or simply the fact that it's a place to socialize, it's quite obvious our generation is currently fascinated with frozen yogurt. Perhaps this could be a fad, or maybe self-serve frozen yogurt bars will continue to dominate as desserts. One argument that can be agreed amongst most, is that frozen yogurt is quite delicious.



PHOTO COURTESY OF tutusandtea.files.wordpress.com

**Frozen yogurt** has zero to four percent fat per serving, while ice cream has between 10 to 18 percent fat.



# STRONG CHARACTERS DOMINATE RED DAWN

**NICOLE MASSABROOK**  
CO-ENTERTAINMENT EDITOR

Movies with as many explosions as *Red Dawn* are not supposed to make me want to cry. Yet that’s what happened with this movie. This is an action flick with a lot of heart and it exceeded my expectations.

The film depicts a small town in Washington that has just been invaded by North Korea. A group of young adults escape capture and form a retaliation team known as the Wolverines. The Wolverines don’t blow everything up simply for fun (though they have a lot of awesome explosions). These teenagers are fighting for their lives and their country.

They follow Jed Eckert (Chris

Hemsworth), a marine on leave from Iraq. Jed teaches his brother Matt (Josh Peck) and his friends how to be soldiers. Hemsworth is fantastic as a jaded marine. He immediately goes into soldier mode when their town is attacked, and he keeps his emotional brother Matt in check. Matt thinks more with his heart than his head, and, as high school quarterback, he isn’t used to having someone else call the shots.

As Matt, Peck has a lot of dramatic material to work with. It’s easy to have doubts about casting him in a dramatic role, since he’s most known for his roles in Nickelodeon comedies such as “Drake and Josh”. As it turns out, Peck can bring on the tears just as well as the laughter. He is really the character that has the more emotional

role in this film. While Jed puts up a cold, stoic front due to his training, Matt reacts with sorrow and anger to the ones he loves being killed or captured, much like anyone would.

However, Peck is kind of shoved in the corner of the movie poster. He really carries the movie just as much as Hemsworth, but it seems like advertisers thought that the newfound fame and success of *Thor*’s Chris Hemsworth and *The Hunger Games*’ Josh Hutcherson would bring in more viewers. It’ll be very disappointing for any teenage girls on Team Peeta who discover that Hutcherson’s part as Robert is rather minor.

Robert supplies comedic relief when he can. When fellow Wolverine Daryl (Connor Cruise) mentions that he misses *Call of Duty: Modern War-*

*fare*, Robert supplies “Dude, we’re living Call of Duty, and it sucks.” The writers really try for comedic relief in some parts, but many jokes fall flat.

For the most part, though, the dialogue is believable and well written. The overarching plotline is where they hit a bit of a snag. We have North Korea invading.

While plenty of viewers who have seen the original 1984 Patrick Swayze film think the reboot is unnecessary, but to someone who hasn’t seen the original, it’s an entertaining movie. The only major qualm is that North Korea invading and taking over our country isn’t as scary as the Soviet Union taking over at the height of the Cold War. It removes the viewer from the film a bit because this isn’t something we fear actually happening.



IMAGE TAKEN from imdb.com

**Red Dawn** is a remake that you won’t want to miss.



IMAGE TAKEN from cinemapse.com

**Josh Peck, Josh Hutchinson and Chris Hemsworth** bring tears and triumph to this action-packed film.

It looks very real though, and this is due in part to first time director Dan Bradley’s history as a stunt coordinator. He has worked on stunts for *The Bourne Supremacy*, *Quantum of Solace* and *Superman Returns*, just to name a few. All of the combat scenes are very well done. Even the explosions look fantastic, which is always an accomplishment for a small budget movie.

This movie does very well as an action movie, but its romantic subplots are seriously not up to par. Jed has a flirtation with Toni (Adrianne Palicki), and the actors have plenty of chemistry. Palicki does really well as Jed’s female counterpart. She is tough and won’t take crap from anyone, even Jed. However, the scenes with their interactions are spaced so far apart in the movie that it was easy to forget that they have a romance. It feels almost as if the romantic scenes were only there because the writers felt a romance for each lead was necessary.

Matt’s romance is more natural,

but unfortunately, his captive girlfriend Erica (Isabel Lucas) suffers from damsel in distress syndrome. She has to stand there, look pretty and not question anything her boyfriend does because he is the hero. Her screen time is rather minor, but the writers could’ve given her a little bit of depth or personality.

This movie isn’t really about romance, though. It’s a movie about family and fighting for your loved ones. While the theme is on the charming side, keep in mind that this is a dark film. There is a lot of bloodshed, and they don’t just kill the nameless extras. It’s PG-13 for good reason.

At roughly 90 minutes, the movie never drags. It’s a lot of fun explosions and heartfelt speeches and patriotism. It makes for a great Thanksgiving weekend movie. *Red Dawn* will be released nationwide on November 21, 2012.

# A 17TH CENTURY PLAY WITH TIMELESS VALUE

**IAN SILAKOWSKI**  
STAFF WRITER

No matter when you were born, whether you like or don’t like theater, you probably know the name ‘William Shakespeare’. He is arguably the greatest playwright of all time, and his works are very well known, but are his works are still relevant?

The University’s honor school recently sponsored a trip to see Shakespeare’s *Henry V* at the Two River Theater Company. Honor students, especially those in the first year clusters, were allowed to attend free of charge.

Kevin Dooley, Dean of the Honors School, felt this was a very important experience for the students, especially in today’s political climate. “Political dramas always have the same themes of intrigue, revenge and justice, whether we’re talking about *Henry V* or *Julius Caesar*,” Dooley said. “Good literature has many layers. Shakespeare wrote for the common man and expressed very human themes.”

The play is about King Henry the Fifth’s fight to become the rightful heir of France. Though he is already the King of England, he can lay claim to the French throne since some of his ancestors had been French nobles. He’s also coerced to go to war by the Catholic Church, who would make a large financial contribution to support the war if Henry pursues the French throne, but that is only because they want to distract him from passing a new law that requires the church to give up much of its money and land to the crown.

Jeffrey Jackson, assistant professor of English, particularly enjoys the timelessness of this play. “With *Henry V*, you also have a

play about the role war plays in our overall perception of a leader, an issue that remains timely and controversial. During World War II, the play was celebrated for its patriotism in the face of Nazism’s threat. We’re a little more ambivalent about war now, especially when it’s seen as bolstering a ruler’s power or popularity, so the play continues to hit a nerve. Henry V is the story of the young, wastrel son who is forced to grow up when he inherits the throne and does so through war: I wouldn’t be surprised if somewhere down the road we get an adaptation set in the Bush-Cheney White House!” said Jackson.

As the show began, the character Chorus, the narrator, essentially told us to use our imagination to pretend we are watching this unfold in the 1400’s. The actors did not wear costumes that represented the time frame the play took part in. Most characters were wearing clothes like suits, jackets, and regular pants. Imagination is part of Shakespeare’s plays and, despite

the limited set, lighting, and sound, the actors and crew truly take you to another world. It was a very enjoyable play. It did start off a little heavy on the dialogue, but those scenes were necessary and the rest of the show was worth the wait.

Shakespeare’s dialogue does get tricky to understand, but the general story is always made clear. It helps that Henry is a relatable character. While Henry is a king, he also knows he is just a man. He is very humble to God and knows that he can lose the war. Despite the small stage, it is used to great effect for creating throne room scenes, bedrooms, ships, and battlefields. In Act Two, there’s a battle scene that, thanks to the actors’ conviction, excitement, and the choreography, is thrilling even though the actors aren’t even hitting each other with their fake weapons.

Jacob Fishel does a great job portraying Henry V. He portrays Henry as a fierce and just king. Though he sends his people into battle, he does care for their wellbeing and

hopes that his dedication to them will earn him respect.

There’s a scene in Act Two where he is disguised as a soldier and walks amongst the battlefield observing his men and does ask what they think of him. Fishel can be extreme, stern, comical, and can give off a rousing speech whenever the script calls for it. He understands Shakespeare’s dialogue and knows how to say as well as scream it. Despite Henry’s actions he is a very likeable character and you can feel bad for the decisions he has to make.

The play is made up of actors who have to play two or three other roles and they all do it with ease. Though you can obviously tell they play multiple roles, their skill allows them to adapt seamlessly. It seems like there are more actors than there really are. Seeing this gives you an even greater appreciation of theatre.

I asked John Dias, artistic director, why this play was chosen over others. He told me that it was about

looking for a play that might resonate in these times, given the upcoming presidential election.

“Shakespeare goes straight to the heart [of] what it means to be a human being,” said Dias. In this play, Shakespeare shows us what it means to be a person- not a nobleman, soldier or criminal, just a person. No matter how high and mighty an individual is, he or she can still make mistakes. We can all relate to that.

Michael Offen, an audience member, enjoyed the performance. “[It was] excellent and well done, the staging was excellent, the set was elegant yet understated and simple,” said Offen. It was a big turnout for the show and a lot of those audience members stayed for the after party to celebrate their enjoyment of the show.

Students in particular should be able to learn a lot from this experience. “Because of the play’s emphasis on the qualities of a leader, the role of rhetoric in politics, and the necessity/morality of war, I think it could attract a wide variety of disciplines, including political science, communications, philosophy, and business/management,” says Jackson.

When asked what students should take away from this experience, Dooley commented, “Never underestimate your own abilities.”

Shakespeare’s writings may be deep and the messages are universal. Most plays focus on either being just a comedy or just a drama, not both, but Shakespeare’s work mixes the genre’s with ease. Not only was this show thrilling and tragic, it was fun. Regardless of what one’s major is or where one’s interests lie, it would be a tragedy to miss this performance.



PHOTO TAKEN from trtc.org

**Henry V**, playing at the Two River Theater Company, was an incredible play that anyone can enjoy.



# Student Spotlight: Mike Burke and Suburban Cliché

KEVIN HOLTON  
CO-ENTERTAINMENT EDITOR

The Outlook recently had the opportunity to interview Michael Burke, sophomore music industry major, about his experience as a musician. He plays the guitar in the rock band Suburban Cliché alongside Cole Gallagher (vocals, guitar), Frank Toledano (vocals, bass), and Tom Bell (drums).

**The Outlook:** How did you first get started in music?

**Michael Burke:** I remember first getting started in music around 6th grade. Like in a lot of elementary schools, everyone got to play their little recorders and learn jingle bells during Christmas, but nothing really more than that. It was a small school and we didn't have a ton of funding for the art programs. I remember wanting to do a little more than play a few notes on a squeaky plastic toy, so I took private saxophone lessons through a program after school. I couldn't stand the saxophone; I only stuck with it long enough to play one school concert and quit after that. A little while passed, and I remember my dad casually telling me to mess around on a guitar, just to pick it up and get a feel even if I didn't know how to play. I remember sitting in my den strumming the guitar, open string and awful sounding, just getting the beat to some Bruce songs. From there on, it just progressed a little more each time until I was actually playing some notes and chords.

**The Outlook:** What instrument do you play?

**MB:** Guitar is my most comfortable instrument. I've been playing it for about 6 years now. I also play bass, drums, and piano.

**The Outlook:** What style of music do you prefer/play?

**MB:** The style of music I play completely depends on how I'm feeling, as really with any musician.

Typically, if I'm playing acoustic guitar it'll be a very light, alternative and folky kind of music. Not super traditional folk in the sense of musical composition, but more of just incorporating and adapting techniques to a more modern style. Electric is a completely different story. By trade, I'm a blues musician. Always have been. Sure it's great playing some good rock songs that really kick, but there's just this feeling you throw into blues that makes the music so much more personal. You're not just slamming chords and burning through solos. You put something into each note, each accent, when you're playing the blues. I still get chills almost every time I hear a perfectly placed, tense bend.

**The Outlook:** Have you/has your band produced any music that can be purchased on iTunes, Amazon, etc.?

**MB:** As a band, we have recorded in a studio, and by ourselves after not being super pleased with the editing that the studio did. We do have a fair amount of originals, but have never really used anything like iTunes or Amazon to distribute our music. It's always been that indie way of selfless promotion and bumming your friends out of \$10 for a copy of your demo. That's always way more fun than just throwing the music up online, a lot less profitable though.

**The Outlook:** When together, does Suburban Cliche play at local venues? If so, during what months/seasons would you generally describe that period?

**MB:** We played at tons of venues around New Jersey during the later years of high school. Our drummer Thom Bell is from the Atlantic Highlands, the bassist/vocalist Frank Talamo is from Freehold, and the guitarist/vocalist Cole Gallagher is from Eatontown, so we really got to go all around to play. We've played the typical Asbury venues, like the



IMAGE TAKEN from facebook.com/suburbancliche

**Suburban Cliche** consists of (left to right) Mike Burke and his friends Tom Bell, Cole Gallagher, and Frank Toledano.

Stone Pony and The Saint. We've also played a decent amount of VFW's when we were working with a booking agency. Our most fun shows have been the little get together's that really don't mean much at all rather than messing around. We played a Surf Taco in Belmar, NJ one time for like 2 hours just screwing around. It was one of our favorite shows as a band. We all go to different colleges (Thom U. South Carolina, Cole Quinnipiac, Frank Marist), so we really don't have any chances to play during the year except on breaks. Summer's when we usually get together.

**The Outlook:** What do you intend on doing after graduation?

**MB:** After graduating from MU,

I hope to further pursue my education and hopefully get a Master's in recorded music. I have no idea where yet, but I'm looking around. While I'm doing that, I want to be working with bands in studios on the side and just producing music. I need to live the lifestyle as much as I can.

**The Outlook:** Do you have any person/artist you'd say is an inspiration to you?

**MB:** My parents have always been a huge influence on me with everything. They never had a problem with me pursuing music as a career or tried to steer me in another direction, and I have a huge respect for them letting me do what I love. They've basically been to every show

and heard every song over and over. As far as artists/musicians, lyrically Anthony Kiedis from the Red Hot Chili Peppers has always been an inspiration. His style of wording not only gets a message across, but conveys emotion so powerfully as well. I strive for that kind of impact when I'm writing.

Organizing his skills into a resume-boosting activity is going to be a great asset to him in the future, but his ability to balance his art with his education that makes this Hawk one to watch.

To hear more from Suburban Cliche, check out facebook.com/suburbancliche, myspace.com/suburbancliche or suburbancliche.wix.com.

# Taylor Swift Shows Many Colors on "Red"

NICOLE MASSABROOK  
CO-ENTERTAINMENT EDITOR

Taylor Swift is perplexingly amazing. Her lyrics aren't phenomenal, her melodies are predictable and her voice is only average. Yet, somehow, she still always manages to churn out an album that I will listen to on repeat for weeks. She continues this trend with her latest effort, "Red."

The Pennsylvania native's fourth studio album is titled "Red" because the moments in

her life that she writes about are all moments that she sees in the color. In her album booklet, Swift has a prologue where she explains the moments that inspired the album: "These are moments of newfound hope, extreme joy, intense passion, wishful thinking, and in some cases, the unthinkable letdown. And in my mind, every one of these memories looks the same to me. I see all of these moments in bright, burning, red."

The country singer hasn't just been influenced by pop music;

she has started writing with some of the best names in pop. Swedish producers Max Martin and Shellback co-wrote three songs with Swift: "I Knew You Were Trouble," "22", and "We Are Never Ever Getting Back Together". Martin and Shellback have collaborated with Pink, Adam Lambert and Britney Spears.

Taylor Swift, while she sells to the same demographic, isn't really the same type of pop star. She has typically strayed away from synthesizer driven, overproduced tracks. Those three tracks are all very heavy on the electronic elements, and they don't sound like typical Taylor Swift songs.

The Max Martin songs are irritatingly high pitched and repetitive. Yet, they have helped her sell records. "We Are Never Ever Getting Back Together" was the first and only single released before the album dropped and Swift sold 1.2 million records in her first sales week alone. It was the largest sales week for an individual album in a decade, according to Billboard.

The songs aren't horrible, but they don't really feel like the rest of the album. Swift keeps it pretty simple on most of "Red," and that's when she is at her best. "Sad Beautiful Tragic" is all of the titular words, and is mostly just Swift singing with an acoustic guitar. The percussion and bass are there but just barely. The stripped down sound makes the ballad feel intimate and sad.

"Sad Beautiful Tragic" doesn't build to a dramatic finish, something Swift has done a lot in the

past and continues to do on tracks like "State of Grace" and "Starlight". "Love Story", "You Belong With Me" and all of Swift's biggest hits have a self-contained story with a beginning, middle and end. It's a method that works for Swift and it gives her some of her best songs.

The new collaborations on "Red" aren't just behind the scenes. Swift has a couple duets on her album with Ed Sheeran and Gary Lightbody of Snow Patrol. It's a welcome change and resulted in some of the best songs on the album. Sheeran co-wrote "Everything Has Changed" with Swift, a song about meeting a person and falling for them immediately. The collaboration with the new British singer/songwriter is surprising- and perfect.

Swift also collaborated with Snow Patrol frontman Gary Lightbody. The piano driven, melancholic track is hauntingly beautiful. However, it almost feels more like a Snow Patrol featuring Swift rather than vice versa. She definitely adapts their contemporary rock sound. It actually proves that she can adapt and do something a little more serious than the catchy Top 40 country-pop tunes she has been churning out for years. It's an unexpected song on the album but a welcome change.

Swift clearly wants to grow up a little more with this album. On "Treacherous," Swift sings "And I'll do anything you say if you say it with your hands." She isn't singing about being stuck in marching band anymore. It isn't

just a new sound she is looking for either. She has ditched her typical glittery dresses and blonde curls for straighter, darker locks. Even the album artwork is more mature.

The deluxe edition of the album, sold exclusively at Target, includes six extra songs. There isn't anything wrong with them, but they don't necessarily stand out either. This is most likely why they were kept off the regular album. It seems silly to pay more money for something that isn't really new or different. At 16 tracks, the regular album is already packed.

"Begin Again" is the final song on the regular version of the album, which is ironic because it finally goes back to her country roots. Fiddles and banjos are clearly heard on the track, among other instruments. It's sweet and a sort of happy ending on an album that put Swift through the ringer emotionally.

The songs on her new album are all of her "red" moments: extreme highs and lows. She ends on a light note, ready to start another emotional rollercoaster.

That's what sells Taylor Swift's records: emotion. She doesn't have Adele's songwriting skills, Kelly Clarkson's voice or Bob Dylan's guitar playing talent. What she sings feels real because you've lived through moments just like the ones she sings about. That's why she manages to go platinum within days of her album being released, and that's why this album will be stuck in your head for months.



IMAGE TAKEN from justjared.com

**Taylor Swift's "Red"** sold two albums per second during the first week of release.



# Oceanport Family Loses More Than Electricity

EMILY TAYLOR  
STAFF WRITER

Hannah Stone, 17, a resident of Oceanport, NJ evacuated her home on October 29 due to increasing winds approaching the East Coast. Her family fled to safer grounds as her waterfront home in Oceanport was issued a mandatory evacuation. However, by Tuesday morning, Hurricane Sandy had already engulfed the Stone's home and left little behind.

"Only a few neighbors stayed, but nobody had lived quite as close to the water as we did" reports Hannah.

Hannah and her family live approximately five to 10 feet from the Shrewsbury River, resulting in inevitable flooding, and extreme devastation with winds being reported up to 80 mph by the National Hurricane Center.

"We had never anticipated that Hurricane Sandy would have caused so much damage to not only us, but many other families in the Jersey shore area," said Stone.

However, many decided to stay, claiming that the hurricane would be as minor as Hurricane Irene, which hit the area in August of 2011.

"This was a relatively weak hurricane, but the fact that the storm was a hybrid is what caused all the devastation," according to Joseph Gleason, local EMT volunteer for West Long Branch.

But what if you woke up on

Tuesday and realized that this was a hurricane more comparable to Katrina? Imagine returning to the place you call home only to find your valuables submerged in water.

"I was devastated when I saw my house for the first time. It was so hard looking at something so important so ruined," says Hannah as she remarks on Sandy's aftermath.

With downed power lines and fallen trees and billions of dollars' worth of damage, President Obama declared New Jersey and New York disaster areas, therefore allowing for federal aid from organizations like FEMA.

And to add to the disaster areas, approximately 2,498,447 million New Jersey people were without power according to the U.S. Department of Energy.

With the terrain worsened and electricity gone from so many, it was difficult for first responders like Gleason to attend to emergency calls.

He said, "If we had a call during the height of the storm the local police department would respond to our First Aid building in a Hummer and two EMT's would go and treat the patient."

Ambulances were inadequate for such conditions and the majority of those who needed assistance were people in need of oxygen. Luckily, local EMT's were able to bring spare bottles to residents in need.

It's difficult to reflect that many of us believed cabin fever was the worst of the storm. What if we had to clean, salvage and move our belongings much



PHOTO COURTESY of Emily Taylor

**A family from Oceanport** returned to their home left in ruins after Hurricane Sandy, discovering the loss of valuable and sentimental possessions.

like Hannah and her family had done? The girl's family lost irreplaceable possessions like her parents' wedding album and childhood photos that could not be recovered.

But what did this disaster prove? In Hannah's instance she said, "This hurricane allowed us to identify many good friends and maybe not so good friends that we have."

Gleason also responds that, "The community was great. I heard a lot of stories about people offering extension cords off their generators to neighbors who didn't have any to keep lights and refrigerators going."

We have to realize that despite all that has occurred, Sandy has allowed us to rise together in order to embrace our family and friends. "Although now may seem to

be a time filled with difficult obstacles and frustration, the thought of eventually getting back to our home [in Oceanport] and being close to friends and school is what keeps not only me, but my family motivated to keep our heads up high throughout this entire experience," Stone said. She plans to return to her home in six-nine months.

## Halloween's Most Mischievous Deviant is Sandy

CASEY WOLFE  
FEATURES EDITOR

In the current college students' generation, Halloween has always come with some mischief and each year authorities take precautions to keep everyone safe. This Halloween, however, mischief's name was Sandy.

Before Governor Chris Chris-

tie's rescheduling of Halloween from October 31 to November 5, MUPD planned for a normal holiday centered around costumes, parties and celebrations. William McElrath, Chief of Police for MUPD, stressed the main concerns for Halloween on campus. As far as Halloween activity on campus, I would say the main safety concern [was] related to

the abuse of alcohol and all of the safety issues which result from it," said McElrath. "Generally speaking, our campus has not experienced any upswing in negative activity on recent Halloweens. Students should [always] be reminded that if they are old enough to drink, and choose to do so, they should drink responsibly and utilize taxis or designated drivers to get around."

McElrath explains that the same penalties that apply every day are in effect each Halloween.

The most common charges are underage drinking, driving while intoxicated, disorderly persons, etc. and they can also be charged under the Monmouth University Student Code of Conduct if they are in violation.

Students' plans were deferred thanks to Hurricane Sandy taking such a devastating toll.

Michael Bateman, sophomore communication major, said, "Halloween is my birthday so I had plans to go out with my friends for a whole day and do whatever fun stuff we could think of, but after the storm hit, my birthday became a boring night of me sitting in a house with no power or internet and I couldn't leave my house, thanks to a state of emergency preventing me from still visiting any friends."

Eryn Siddall sophomore, said, "I went out and bought a 50 dollar costume and never got to wear it because the weekend before Halloween everyone was leaving campus, and the weekend after there was no power anywhere."

Because of the devastating effects of Hurricane Sandy in New Jersey just before Halloween, the

main concerns of student safety and legal trouble were washed away with most of the shore. McElrath said that the only people who were on campus around the time of the rescheduled holiday were relief workers, key employees, student athletes and evacuees who were being held at the Multipurpose Activity Center (MAC). The new concern was to keep everyone safe and try to make the best of Halloween for children of evacuated families.

"A main concern of the University Police on Halloween this year was to assist Americorps relief volunteers with putting on a Halloween parade and party which was being hosted at the MAC for the children of the evacuees who were forced to seek shelter during the hurricane," said McElrath.

"MUPD personnel also transported National Guard personnel to some of the few locations that were open to purchase candy for the kids. The candy was purchased with money donated from the National Guard and other volunteers," McElrath continues.

"This candy was distributed during the day to the kids. MUPD and County law enforcement also donated Police Emergency tape to set up a walkway on the second floor of the MAC to simulate a roadway so that kids went from one stop to another doing their 'trick or treating' and picking up candy which was donated by relief agencies."

McElrath adds that the Halloween festivities were enjoyed by the kids, parents, relief workers and volunteers. Usually on Halloween, MUPD officers pa-

trol on and off campus to ensure safety of students celebrating the holiday. "In addition to patrolling the campus itself, we participate in joint patrols in the surrounding communities to monitor our students' activities," said McElrath. "We do this in an effort to remind our students that they are a part of the surrounding community and to be good neighbors if choosing to live off campus."

This year, however, MUPD has been patrolling, but not for mischievous students in costumes. Hurricane Sandy has MUPD as well as other workers keeping evacuees and the few students remaining on campus safe.

McElrath also said that MUPD had sufficient manpower to manage Halloween on the rescheduled date of November 5, though it was not a major concern as many areas were still focused on hurricane damage control and restoring power.

Although it was not celebrated normally this year, Halloween was not forgotten in New Jersey. With the rescheduled date and help from workers and volunteers, kids were still able to dress up in costumes and collect candy. MUPD as well as other authorities still had their work cut out for them, even if it didn't involve much underage drinking or criminal mischief.

Whether it be a holiday or a hurricane, MUPD's goals were clear. "We are always interested in our students enjoying themselves but encourage that they do so in a safe manner," said McElrath. "As President Gaffney always encourages, watch out for one another."



PHOTO COURTESY of Casey Wolfe

**Concerns of MUPD** changed from Halloween mischief to hurricane safety upon the arrival of Sandy.



Lights Out, Phones On

In the Midst of Hurricane Disaster, One of Our Biggest Concerns is ‘Will My Battery Die?’

**TAYLOR MANTHEY**  
CONTRIBUTING WRITER

After two long weeks, the University gets back on its feet as students, faculty, and staff members finally return to their daily routines and fall back in to a state of normalcy.

Many would agree that the destruction from Hurricane Sandy was unexpected and underestimated, especially by those who faced up to twelve days with out heat or electricity. Jersey Central Power & Light Company (JCP&L) configured power outage maps that reported over 969,000 homes lost power in the state of New Jersey. No TV, no computer, no iPhone charging; just a deck of cards, board games and a radio.

“By day four I was already loosing it. I couldn’t work, no businesses had power, I couldn’t even do my homework because I needed my laptop and Wi-Fi,” said senior Lea Callahan. She wasn’t the only one who felt frustrated from Sandy’s wrath. Student Jamie Cardullo, 19, agreed, “having a few days off to spend time with your family and be unglued from your phone, your job, and Face-

inconvenient everything was without power.”

This was the worst natural disaster Jersey had ever endured. Students and faculty were nowhere near prepared for the University to be closed for almost two entire weeks.

Many students share similar concerns about how their professors will choose to end the semester, “I’m only worried because having no power stopped me from being able to complete practically all of my school work,” expressed Callahan. As the nights got colder, residents pushed on as they continued to struggle with the power outage. Sandy’s aftermath was a clear indication of just how much our generation relies on electrical power for our education, our jobs and especially our entertainment.

Computers and laptops lacked Internet connection or were inevitably inaccessible. This prevented students and faculty from being able to complete work, access Ecampus, receive emails and surf the web. “I was so bored. I was tired of doing nothing productive and being stuck in a house with all boys,” said commuter Kyla Kendrick, 22.



IMAGE TAKEN from theblaze.com

**People on the coast** can live with dry foods for every meal, but grow anxious when faced with no cell phones or Internet for extended periods of time.

and watch movies on our laptops at night, that’s really all we could do.”

As some found ways around boredom by helping their communities or putting a puzzle together, others invented makeshift car chargers with batteries, a speaker wire, and electrical tape. “I sat in my car for 30 minutes at least three times a day just to charge my phone. I figured if I at least had that, I would have the Internet, music, and access to my email and the news, but all I really wanted to know was where I could help,” expressed 18-year-old Mary Cannis, a FEMA (Federal Emergency Management Agency) volunteer.

The development of technol-

ogy has given us the effortless ability to connect with almost everything and anything, but have we relied on it too much? Sending emails, downloading documents, uploading pictures, browsing Facebook, updating Twitter, it’s all at our fingertips. We have grown accustomed to trusting our electricity to satisfy our everyday wants and needs, “you never thought you’d miss blowing drying your hair or sitting in class for three hours,” laughed Cardullo.

In a crisis situation where electrical systems were down, lack of communication becomes a major issue. Stranded with no power, gas, or electricity, staying in informed during the outage was nearly impossible for

some. How did most of the University cope? By turning to their cell phones and social media outlets.

“The only way we knew where to get gas or food was by checking Facebook, Twitter and Instagram every five minutes,” said Kendrick.

Thousands of residents acted as citizen journalists, posting pictures and updating statues with information on the condition of their towns. These major social media outlets allowed us to not only help one another stay updated and informed but alleviate some of the dullness as well. Electricity is a vital component of the ways we communicate with one another.

“The only way we knew where to get gas or food was by checking Facebook, Twitter and Instagram every five minutes.”

KYLA KENDRICK  
Senior

book for once was cool and all. I guess I started getting used to it, but that’s when I started to realize how impossible and

When I asked how she coped with no electricity or heat for nine days she explained, “we would volunteer during the day

Frankenstorm is the New Boogie Man

**EMILY TAYLOR**  
STAFF WRITER

Do you remember some of your first Halloween costumes? Were you dressed as a black cat like I was? Or maybe you were a Jack O’Lantern? Better yet a wicked witch?

“Me and my friends were ninja turtles. We handmade our turtle shells, it was awesome,” said senior Taylor Manthey.

Well, hold onto those memories because I’m sure every youngster will remember the year 2012 when Halloween wasn’t celebrated with classmates or allowed kids to go door to door as normal.

On October 31st, Governor Christie’s Administration signed an executive order postponing the night of mischief for trick- or –treaters to Monday, November 5th. It’s a good thing too because candy was scarce in shut-down stores and many already consumed fist- fulls of chocolate well before Wednesday.

Ellen Jensen, music teacher for St. Rose Grammar School in Freehold says, “I just feel so bad for the kids, they have been looking forward to coming to school in their costumes for weeks.”

Even though Hurricane Sandy prevented New Jersey from successfully celebrating Halloween on October 31st 2012 as previous years, the day was still held in spirit.

Instead of trick-or-treating on dangerous streets where trees, transformers and power lines were

unstable several alternatives were used allowing for children to still dress in their costumes and parade around for sweet treats. Such alternatives included “Trunk or Treating” where car trunks were filled with candy in designated parking lots and allowed for children to celebrate in safe corridors.

Aside from pillow cases full of Kit Kat’s, Reese’s and M&M’s the best part of celebrating Halloween is finally revealing your costume or disguise. But who might we give credit for such a frightful night?

In Western Europe, the Celts were responsible for wearing the first costumes so they could disguise themselves from spirits returning to the physical Earth. These spirits were known to cause harm to the folk people. Therefore, by dressing up in animal skins, the Celts could trick the spirit by hiding their real identity. The holiday was not known as Halloween until later into the nineteenth century, according to History.com. October 31st was initially celebrated as the festival of Samhain, which celebrated the New Year and prepared the Celts for the cold, dark winter season, which began November 1st.

Symbols for the holiday include black cats, witches, spiders and bats which represent death and the dark winter months ahead. The other color associated with Halloween is orange, which comes from the autumn harvest and most commonly pumpkins, which were first used as lanterns.

Since Halloween came after Frankenstorm Sandy, it was difficult to divert her attention and avoid the East Coast.

“It’s just not safe outside for kids right now. I know my students are disappointed but this decision helped keep them safe,” says Ellen

Jensen.

In an official statement issued by Governor Christie, he claimed, “As Governor, it is my responsibility to use all available resources of the state government to protect against the emergency created by Hurricane Sandy – postponing

Halloween celebrations by five days is a commonsense and necessary step to accomplish that.”

And it was, because if Halloween began as a celebration to protect the people, then what better way to ensure their safety before we ward of ghouls and goblins?

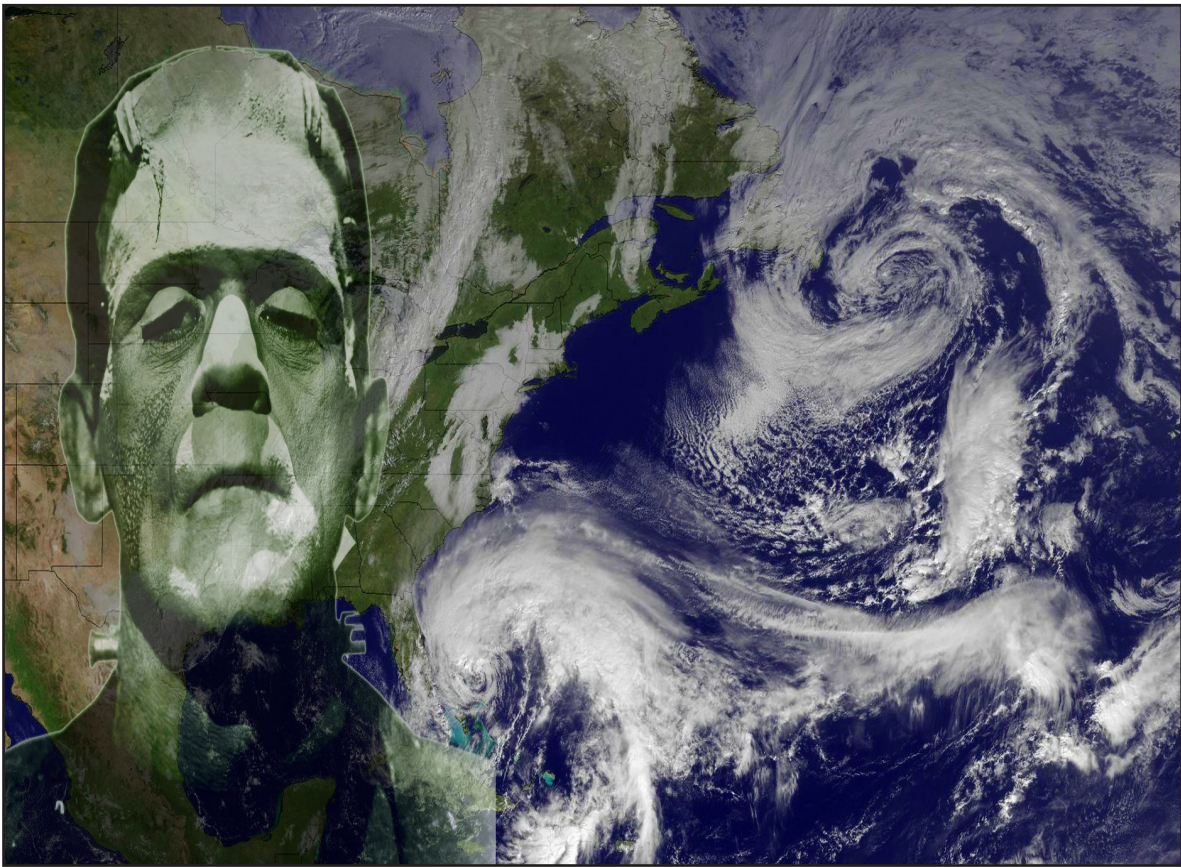


IMAGE TAKEN from manrepeller.com

**The origins** of Halloween characters through time have been forever changed by a new monster named Sandy.



# November is Blindness Awareness Month

WESLEY BROOKS  
CONTRIBUTING WRITER

November is a month that is not only dedicated to honoring our country's veterans and the Thanksgiving holiday, but as of two years ago it is also Blindness Awareness Month.

People with low vision are able to receive a variety of services that can help them be successful in life. One of the organizations offering these services is the New Jersey Commission for the Blind and Visually Impaired which assists with helping people with limited vision achieve independence through providing them with tools such as books on CD, or a Closed Circuit Television to enlarge print size. "We currently have six students enrolled at Monmouth from our agency. One of our biggest challenges is assisting those who are visually impaired, (partially sighted) because on the outside they may not appear to have an obvious difficulty," said case worker Diana Cortez

It is very important to understand that many people with blindness and low vision have been successful as a result of these supports. Education Leadership Professor Doctor Terri Peters had the opportunity to express these benefits at a panel.

Last month four panelists during a presentation to the Foundation Fighting Blindness were people who have successful careers despite living from limited vision or blindness. In attendance were people with professions such as

lawyer, disability rights advocate and a film editor.

The panelists discussed the benefits of their eye conditions. Yes, there are benefits! Because they sometimes need to seek assistance (mostly due to navigation), they meet many people everywhere they go. The panelists also discussed all the technology that has enhanced their independence. One panelist has also had the chance to compete on an athletic team. Two years ago, another panelist participated in athletics by being on the NJ Lightning, a blind baseball team. These folks are true athletes. One person also knows a man who is completely blind and has his own auto shop, succeeding as a top notch mechanic.

Another area of concern for blind and visually impaired individuals is being able to navigate and adapt to new surroundings. The use of a mobility cane as well as pairing up with another person with sight to guide him/her often provides a significant amount of assistance in achieving this goal. Christina Quercia, a freshman in Elmwood Hall, has a friend who is blind who said, "Getting around is a major challenge for my friend, but it has also opened my eyes to better understand her world and the things many of us take for granted."

Becoming blind or visually impaired is a fear for people who do not know what it is like to live that way. To that end, Peters had some of last year's educational psychology students would wear special goggles to simulate what it is like

to be blind and to navigate the classroom while wearing them.

"I've conducted class exercises on campus where some students pretend to be blind. My student observers always report that people would move far away from the blind person and would also avoid

speaking with the person with the cane. This mirrors what I have witnessed firsthand," said Peters.

In fact, according to Anne Marie Cook, also a member of the New Jersey Commission for the Blind, blindness is the third most feared disability because of people's

heavy reliance on their sight.

This November, it is important to focus on one's successes despite his or her differences and many hope that more people will become educated and inspired by these issues, not just those who work with people with disabilities.



IMAGE TAKEN from toastyard.com

During the month of November, visually impaired people not only create awareness of their conditions but also celebrate the success they are able to achieve.

# The Dawn of Quantum Computing

SHAHARYAR AHMAD  
SCIENCE EDITOR

If you have glanced at specifications for the typical personal computer over the past few years you have probably noticed the exponential rate by which many of the computer's components are improving.

This trend is the result of an observation made in 1965 by the cofounder of Intel, Gordon Moore, known as Moore's Law which states that the number of transistors per square inch on an integrated circuit will double every two years, according to intel.com.

Transistors are semiconductors which are the fundamental components of most electronic devices. They can act as amplifiers by controlling a large electrical output signal with changes to a small input signal (much the same way as a small amount of effort is used to allow a faucet to release a large volume of water). Transistors can also act as switches that can open and close very quickly to regulate the current flowing through an electrical circuit.

An analysis of personal computer specifications of the norm over the past decade showed an increase in RAM from 256 MB to 4 GB and in hard-drive space from 50 GB to 500 GB. With respect to storage capacity, we went from storing a few word processed documents on 3 ½ floppy discs (R.I.P.) with 720 KB and with the later ones 1.4 MB in the 90s and early 2000s, respectively.

Then CD-Rs came with upwards of 700 MB storage space, giving way to DVD-Rs with 4.7 GB, and eventually dl-DVD-Rs with 8.5 GB. The recent Blu-Ray discs boast a storage capacity of upwards of 25 GB for single layer and 50 GB for dl-Blu-Ray – capable of holding upwards of 9 hours of high definition video – a 3.7 per-

cent increase in storage capacity over that of floppy discs.

Nevertheless, the numbers are continuing to increase.

One component that seems to have hit a wall is processing power. Even though processing power for the average PC has improved impressively to where it is now – quad core processors running 2.3 ghz compared to single core 800 mhz Celeron processors from the turn of the millennium – its rate of increase seems to have slowed down with respect to the continual expansion of the aforementioned.

A new type of computer, one that processes information not in the binary fashion based on logic states of "on" and "off", but on quantum bits known as qubits which may allow the information in the dichotomy to be expressed as a superposition of both states, would allow for comparatively lightning-fast processing

speeds, enhancing the computational capabilities far beyond contemporary norms, according to the *New York Times*.

This "quantum computer" poses an exciting endeavor for many research labs across the world. If successfully developed, it could provide ground-breaking ways of analyzing information quickly and efficiently.

According to the Clay Mathematics Institute, in one form of cryptography known as RSA, very large numbers are used to encode information with their prime factors. Prime factorization involves breaking down these numbers into a product of their smallest composite prime numbers. As the numbers get larger, it takes an increasingly larger amount of time to derive the composites.

If commandeered by enhanced quantum computation capabilities, the reduced time in factoring such

numbers would allow RSA decryption to become increasingly faster. According to the *New York Times*, "Where quantum computers could produce an answer in days or maybe even seconds, the fastest conventional computer would take longer than 13.7 billion years."

"If they can do this, I think the computer may eventually surpass human intellect because with the way the new web is advancing, computers could start thinking for themselves," said junior Mike Hamilton.

Progress in quantum computing in the future would revolutionize the now nascent fields of nanotechnology and drug design to encompass multidisciplinary approaches to solving epidemiological problems in cost and time efficient manners.

The laws obeyed by the subatomic world are quite different from the macroscopic one we are accustomed to observing. "It would be silly

to speak of a 'minus 30 percent chance of rain tomorrow,'" said Dr. Scott Anderson, electrical engineering and computer science professor at MIT according to the *New York Times*.

Quantum mechanics is based on numbers called amplitudes which are closely related to probabilities which can be negative as they are complex numbers. If a photon hits a screen, said Anderson, it could happen with a positive amplitude in one way and with a negative amplitude in another way. The two amplitudes could interfere destructively to cancel each other out so the event never happened.

A critical goal in quantum computing is to "choreograph a computation so that the amplitudes leading to wrong answers cancel each other out, while the amplitudes leading to the right answers reinforce," said Anderson.

Dr. Dmytro Kosenkov, physical chemistry professor at the University, said "We live in an era of the dawn of quantum computing. New machines are potentially capable of revolutionizing the field of information searching and cryptography. Now it is too early to talk about producing consumer quantum computers. Quantum computers, currently available in research labs, are able to process just a few quantum bits of information and store them only for a very short period of time—no longer than 100 microseconds (millionth of a second)."

"However, the situation is paradoxical: while there are no available quantum computers, the languages for quantum computations have been already developed (for example QCL – Quantum Computation Language)," said Dr. Kosenkov. "Once a computer is made, software will be immediately created. Nowadays, quantum computers make a great engineering challenge, while the theory is done."

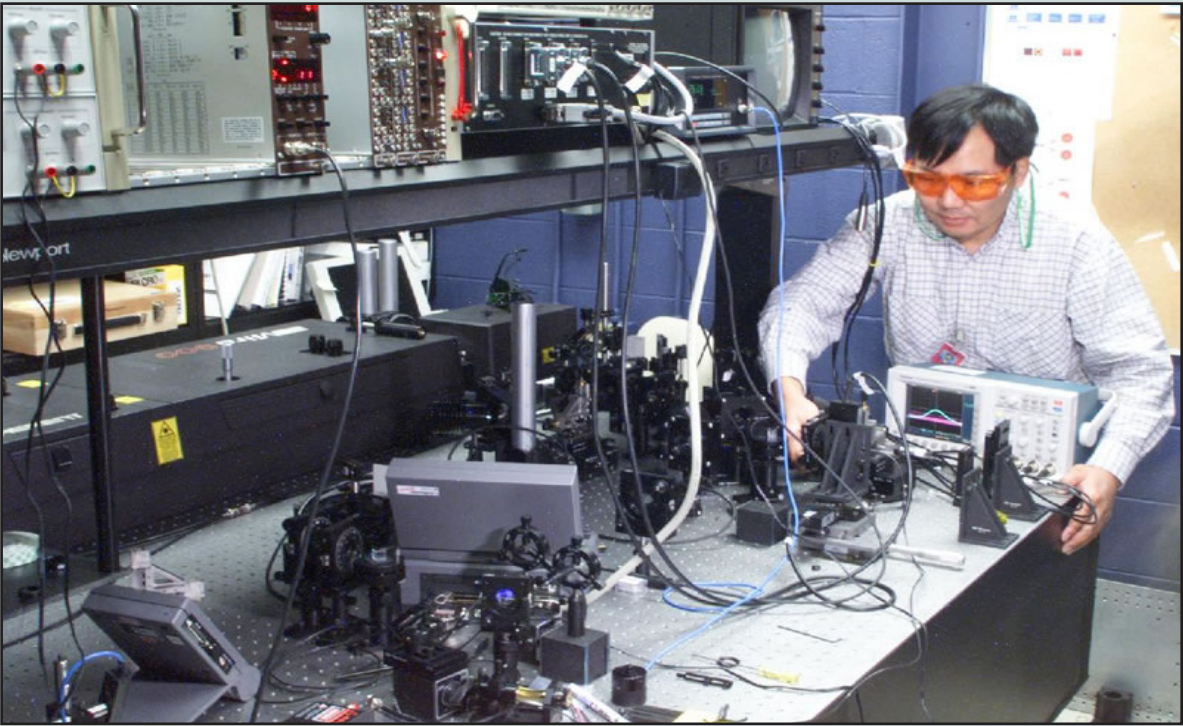


IMAGE TAKEN from defenseindustrydaily.com

Though there are no available quantum computers yet, new developments in software and computation language are on the rise and making progress.





FEMA

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Or apply on using your smartphone at: [m.fema.gov](http://m.fema.gov)

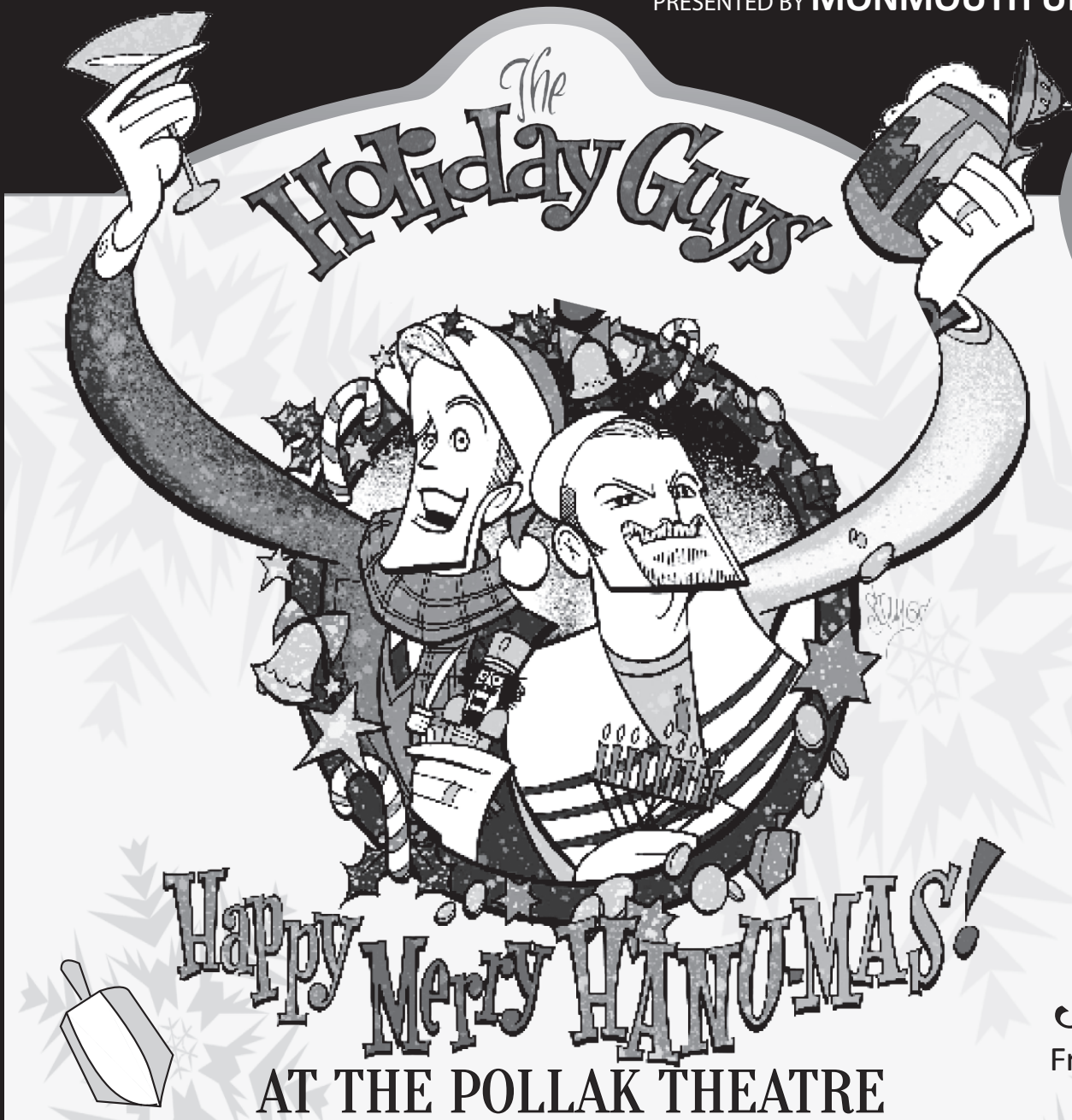
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- Social Security Number (including your spouse if applicable)
- Private insurance information, if available/applicable
- Address and zip code of the damaged property
- A daytime phone number
- A telephone number where we can reach you or leave a message
- An address where you can get mail
- If you want your disaster assistance funds sent directly to your bank, provide the FEMA agent with your bank account type (savings/checking), an account number and the routing number.

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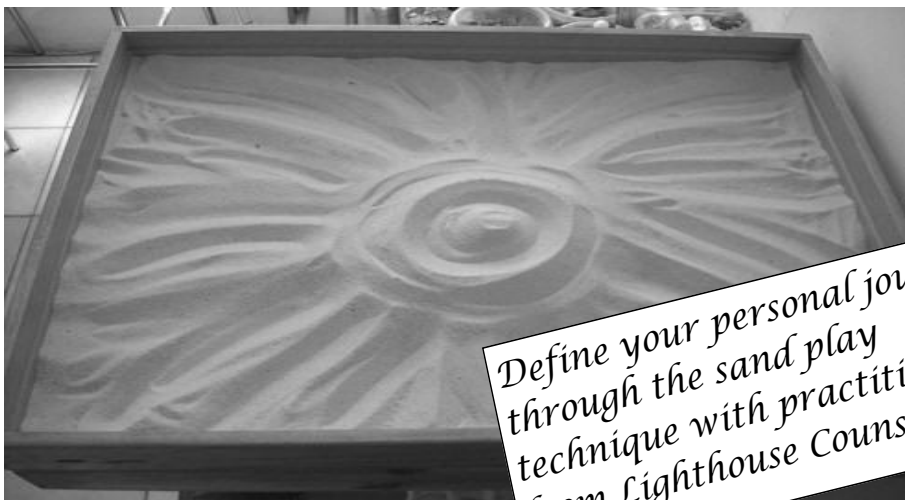
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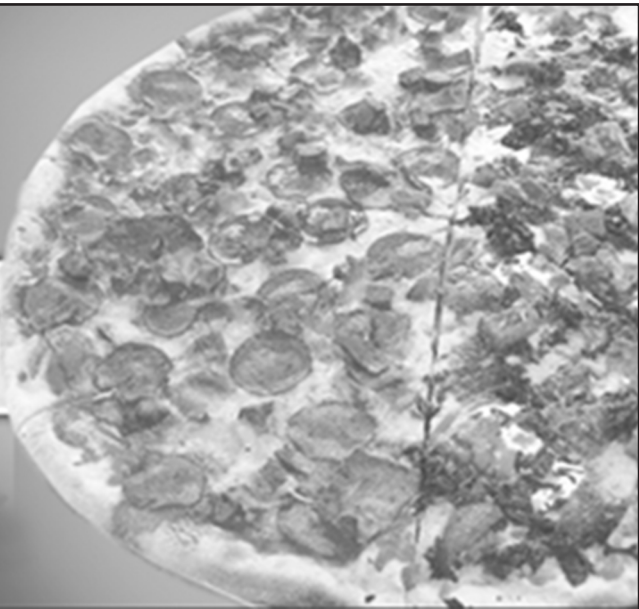
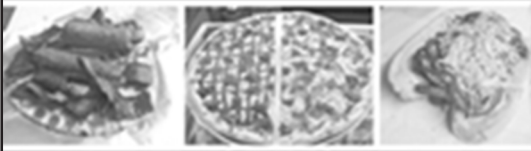
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# Sigma Tau Squares

## Sigma Tau Gamma Raises Money for the Special Olympics

DANIELLE FERRIS  
CONTRIBUTING WRITER

Sigma Tau Gamma hosted their first annual philanthropy event, Sigma Tau Squares, on Wednesday, October 24 at 10:00 pm in Pollack Theater to support the Special Olympics.

This was the first time STG hosted this event. It was set up by brothers Jay Giaquinta, senior, Dan Malone, junior and Mike Tilton, sophomore. Pre show tickets were available for five dollars, and tickets could also be purchased at the door for seven dollars.

“Having the event fulfilled our goal with raising almost \$900 for the Special Olympics,” said Tilton. The event created a way to spread awareness and encourage fundraising for Sigma Tau Gamma’s philanthropy.

The event was co-hosted by Sigma Tau Gamma brother Henry Siebecker and Jessica Simmons. Sigma Tau Squares was also sponsored by local business chain Jersey Mike’s Subs, which provided free food for guests who attended the show. Siebecker said, “It was the first time we had done this game as our philanthropy event, so it was very new and exciting.”

Sigma Tau Squares was based off of the hit game show Hollywood Squares, which was created in the 1960s. The game was played by two contestants competing during each round in a game of tic-tac-toe. A panel of members from Phi Sigma Sigma, Delta Phi Epsilon, Tau Kappa Epsilon, Sigma Pi, Alpha

Xi Delta, and Alpha Sigma Tau were asked trivia questions. The two competing contestants would judge whether they thought the answers given by the panel members were correct or incorrect. If the contestant was correct then they were awarded with either an X or an O. After each round, the losing contestant left the competition while the winning contestant advanced to another round to face another contestant.

The questions composed by Siebecker and Simmons ranged over various topics. These topics included sports and leisure, geography, entertainment, and art and literature. First through third places were awarded with prizes of gift certificates to local businesses. The prizes consisted of 25 dollars to Draft House, 25 dollars to Luigi’s Pizza, 10 and 15-dollar gift certificates to Juniors West End, 20 dollars to Bubbakoos Burritos, and two free yogurts from Fro Yo Beach.

Third place was awarded to freshman Natalie Zeller. Second place was awarded to a sister of Alpha Sigma Tau, Alyssa Basile, and first place went to sophomore, Tom Carroll.



IMAGE TAKEN FROM [img.poptower.com](http://img.poptower.com)  
**Sigma Tau Gamma** put together their own version of the hit game show “Hollywood Squares” to help raise money for the Special Olympics.

Participating contestant Eva Rosamilia, sophomore member of Delta Phi Epsilon, said, “It was exciting to be in a group’s event for their philanthropy. It gets members of the school together and it is a fun way to do so.”

Casey McCabe, Panhellenic Chair of Greek Senate said, “This was a great idea for a philanthropic event. Greek Senate loves to see organizations supporting each other and getting excited during these events.”

The hosts tried to bring in the

energy and excitement to the event. Siebecker said, “Jessica and I had an understanding that we were just trying to have fun and flow off of each other’s energy. I think the audience perceived that well and had just as much fun as we did.”

The money raised through ticket sales went directly to supporting the Special Olympics, which is now celebrating their 44th season. At the event, host Siebecker announced that this year’s Special Olympics will take place in South Korea starting on January 29.

The Special Olympics is the largest organization for adults and children with disabilities. These athletes receive year round training and participate in multiple events throughout the year. The Special Olympics World Games alternates between summer and winter games. Athletes are able to participate in these events free of charge. More than four million athletes from 120 countries participate in 32 Olympic events.

Tilton said, “It is easy to get involved with the Special Olympics. They have multiple ways you can volunteer, donate or raise money.” Students interested in helping the Special Olympics can visit their website, [www.specialolympics.org](http://www.specialolympics.org).

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# Phi Eta Sigma Attends National Convention

## Three Members of Honor Society Travel to Utah for Leadership Workshops

ALEXIS ORLACCHIO  
ASSISTANT EDITOR

The University chapter of the First Year National Honor Society, Phi Eta Sigma, attended a conference in Salt Lake City, Utah to learn and discuss different ways to improve their chapter.

Three members of Phi Eta Sigma, senior Lori Muelle, junior Amanda Kruzynski, and junior Rebecca Groom attended the convention. Once inducted into Phi Eta Sigma, the student remains a member for life. Although Phi Eta Sigma is a first year society, the member does not lose their place as they advance in college. To meet the standards to be inducted into Phi Eta Sigma, freshmen must maintain an overall GPA of 3.5 their first semester of college.

According to their website, Phi Eta Sigma was founded to promote and recognize high academic accomplishment among members of the freshman classes. All active chapters were invited to come to the conference. The convention is a chance to meet and discuss ways to improve their societies by seeing what the other chapters are doing and learning.

The conference included two days worth of workshops and a tour of Salt Lake City. Their advisor Dr. Golam Mathbor, Associate Dean of School of Humanities and Social Sciences, accompanied the trio.

Mathbor has been the advisor of Phi Eta Sigma since 2005 and has attended a number of conferences in the past. “I have been

attending these biennial leadership conventions since 2006. I have also been to conventions in 2008, 2010, and 2012,” said Mathbor. The convention occurs every other year, so there will not be a conference this November. The next convention Mathbor will advise will be in 2014. He explained why these conferences were beneficial to the members who attend. “Students learned

substantially about leadership, ethics, and what other chapters are doing to keep Phi Eta Sigma in their respective institutions effective. They also learn a great deal about service projects to be initiated,” said Mathbor.

“The convention helped reinforce why I decided to get involved with Phi Eta Sigma,” said Groom, Phi Eta Sigma Treasurer. “The ideas that were shared over

the weekend of how to improve your chapter and how to help your members would not have happened without the different experiences from every chapter involved,” she said.

Kruzynski, Phi Eta Sigma Vice President, found the conference to be very insightful and beneficial. It was the first time Kruzynski attended the conference. She said, “Being at this conven-

tion I took away how to improve this society on campus and realized how much we have to be proud of for this chapter. It was a great experience being able to learn how to be a better leader on campus as well as making connections from across the country.” Kruzynski added, “We were among many other colleges including Florida State University, St. John’s University, Texas A & M Commerce, St. Ambrose, Brigham Young University, Drexel University, and University of Maryland.”

Kruzynski shared an example of one of the workshops offered at the convention in which she co-chaired a committee entitled “Future Directions.” Kruzynski said, “For the ‘Future Directions’ committee I helped lead the discussion for what Phi Eta Sigma chapters need and want to do in the future to improve the society and then presented in front of the entire conference what we discussed in this committee.”

Mueller, President of Phi Eta Sigma, reflected on the benefits of attending multiple conferences. “Having attended two conferences, I can honestly say that the experience is like no other and the Monmouth University chapter of Phi Eta Sigma utilizes everything possible that can be taken away from this experience,” said Mueller. “I couldn’t be more proud of this chapter, its officers, and the future inductees and I’m excited to use what we have gained from these experiences both this semester and next,” she said.



Phi Eta Sigma was founded to promote and recognize high academic accomplishments among members of the freshman classes.

PHOTO COURTESY of Amanda Kruzynski

## Club and Greek Announcements

### Alpha Kappa Psi Bake Sale

The Brothers of Alpha Kappa Psi Fraternity will be selling baked goods by the information center in the Student Center to raise money for their fraternity.

### Outdoors Club

Dear Members,

We will be having our meeting tomorrow at 3:30 pm in Bey Hall, room 133. We will discuss our fundraiser at Zachary’s which is endless thin crust pizza.

We also want to try to gather a group to get certified in trail clean up because Monmouth County parks are in need of cleaning up and we do day hikes to them often so it would be nice to help out.

We will also be selling t shirts as usual.

I hope everyone made it through the storm okay and that everyone’s families are safe.

Hope to see you all tomorrow.

### Hawks Fly Together for Relief

Delta Phi Epsilon will be selling “REVIVE.REBUILD.RECOVER” bracelets and products such as towels, stickers, bumper stickers and more that say “Jersey Strong” in order to help fundraising efforts for Hurricane Sandy recovery. We will be selling these products in the Student Center Tuesday and Wednesday (November 13 and 14) between 1 pm -5 pm.

### Phi Sigma Sigma

Due to Hurricane Sandy, we have rescheduled our Psychic Palm Reading for this Wednesday, November 14th! Come support Phi Sigma Sigma and the National Kidney Foundation by having your palm read! All proceeds will go to the National Kidney Foundation.

You can have your palm read for \$5.00 and have any question you want answered by a psychic! You will have a one-on-one session with Sally in a private study room in Mulaney Hall. Please join us for a day of futuristic palm reading!



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# Horoscopes

To get the advantage, check the week rating:  
10 is the easiest, 0 the most challenging.

**♈ Aries • (Mar. 21 - April 19) - This week is an 8**  
Time to be careful. Watch what you say for the next three weeks. Remember that listening is very profitable and that actions always speak louder than words. You can use this to take new ground and move on to the next big thing.

**♉ Taurus • (April 20 - May 20) - This week is a 6**  
Stay in close contact with partners for maximum benefit. Let them know what you need and they will be happy to help you out. Though be sure to go over what you need and how you might need it before you present it, asking for what really matters is going to be the trick.

**♊ Gemini • (May 21 - June 21) - This week is an 8**  
Your mind is more on the enlightenment front than on work. In regards, streamline those work procedures for a while, even the top priority, lucrative ones, and set your sights on what might really be beneficial in the long run.

**♋ Cancer • (June 22 - July 22) - This week is an 7**  
Grasp that fast-breaking opportunity before time runs out! The pace is picking up and is about to get highly competitive so strike while the iron is hot. You're exceptionally creative and persuasive. Use that to monitor your current situation and take the next step.

**♌ Leo • (July 23- Aug. 22) - This week is a 9**  
This week, openly display that famous confidence of yours! Openly state your ideas, but without the sarcastic criticism; the clarity of your message will come through much better as a result. Showcase your networking skills and allow partners to assist in setting the schedule. If that doesn't work don't fret, there is always a plan b.

**♍ Virgo • (Aug 23 - Sept. 22) - This week is a 9**  
Your ability to concentrate this week is enhanced greatly. Use this new focus to get into a good book or explore a new innovation you've been contemplating. Don't worry about focusing on too much though, this is the time to get a little disorganized; remember there is genius in chaos.

**♎ Libra • (Sept. 23 - Oct. 23) - This week is an 8**  
This week, concentrate on your studies. You might be behind and a little distracted by recent events so use that imagination factor, not work, to profit and get on track the most. Discuss the situation with someone close to finalize the best option.

**♏ Scorpio • (Oct. 23 - Nov. 21) - This week is a 9**  
Take that romantic adventure you've been thinking about and actually make it happen. Gather the information and listen to all considerations in order to make the moment perfect. Just remember to get feedback from that special someone to ensure overall enjoyment.

**♐ Sagittarius • (Nov. 22 - Dec. 21) -This week is a 9**  
The time has come to get in touch with your inner muse! Get inspired and be creative for the time to do so is fast approaching. Don't abandon any ideas that seem too expensive, anything you chose to launch will be worth it, no matter the cost. Don't be too quick to celebrate though, embrace the surprise modestly and all will be well.

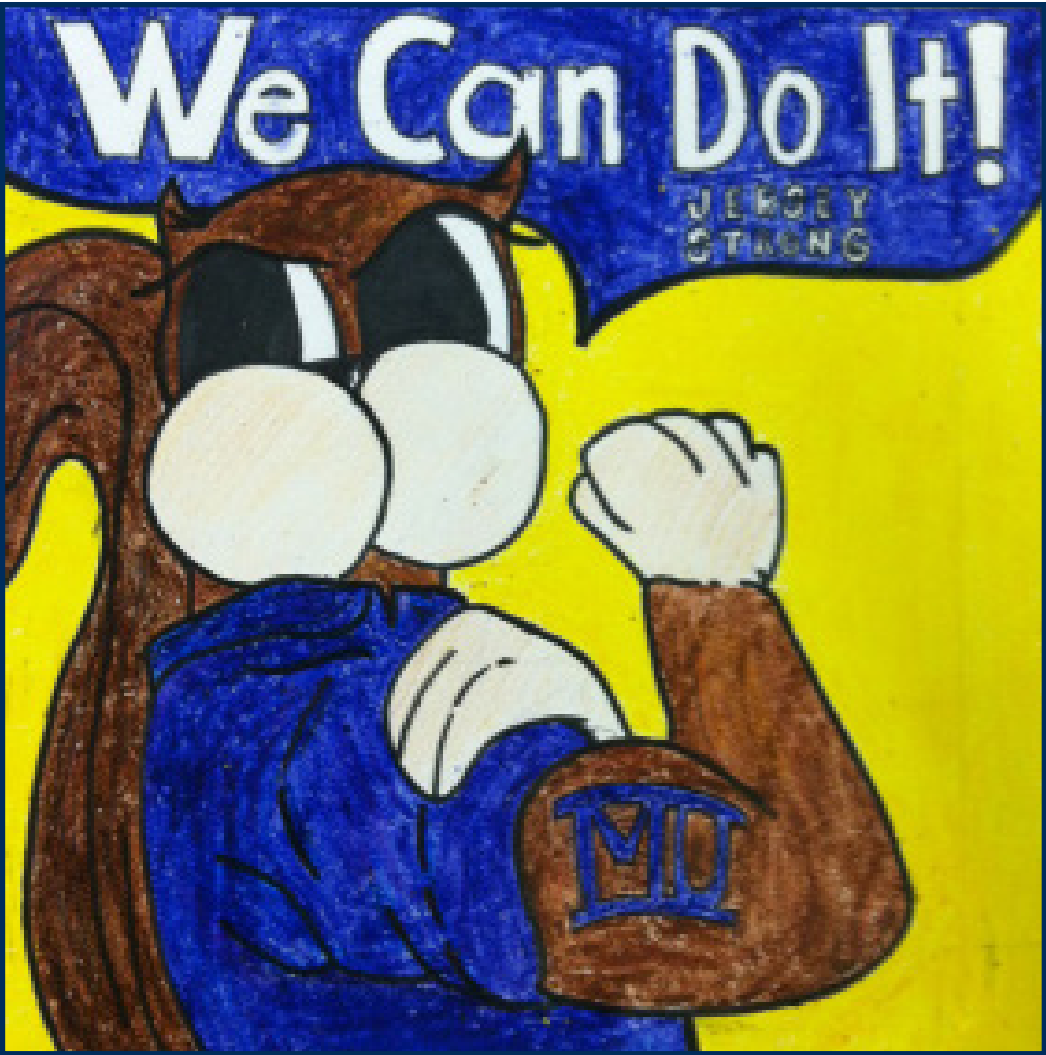
**♑ Capricorn • (Dec. 22 - Jan. 19) - This week is a 6**  
Relax a little and allow your imagination to run wild over the next two days, just remember to take care of what needs to be done and work out the appropriate strategy to do so. Some intensive team effort may be needed.

**♒ Aquarius • (Jan. 20 - Feb. 18) - This week is an 8**  
You might be going through a rough patch. Just know that your friends and family are there to comfort you and offer advice when needed. Use that advice to follow that hunch you've been having deeper and explore the possibilities. Choose your path after careful consideration and you will be pleased with the result.

**♓ Pisces • (Feb. 19 - Mar. 20) - This week is an 8**  
Review your past decisions this week and get things moving along. Get organized and keep track of that cash before it burns a hole in your pocket. Not everything is all work though! Social events are going to capture your interest, so follow your intuition and get out there before you miss your opportunity.

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“Misguided Understandings” by Alyssa Gray



a So-You-Say comix #7

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## Los Angeles Times Daily Crossword Puzzle

Edited by Rich Norris and Joyce Lewis

- ACROSS**
- 1 Brains
  - 7 Like many a reply env.
  - 10 Low-tech missile
  - 13 New Age physician
  - 14 Zeno's home
  - 15 Namibia neighbor: Abbr.
  - 16 Florida export
  - 17 "Ditto!"
  - 19 \*1955 Communist defense treaty
  - 21 Old Russian dynast
  - 22 Pulitzer playwright Rice
  - 23 The tiniest bit
  - 25 \_\_\_ Moines
  - 26 Sink, as a snooker ball
  - 28 Flattering deception
  - 31 Daddy-o
  - 33 Marsupial sometimes called a bear
  - 34 Friction reducer
  - 37 "I can answer your questions"
  - 40 Map reader's aid
  - 41 Firefighter Red
  - 43 Gaming console with a fitness component
  - 44 County in eastern Ireland
  - 47 R&B's \_\_\_ Hill
  - 49 Peoria hrs.
  - 52 Score tempo
  - 54 Opposite of neo-
  - 56 Fr. miss
  - 58 \*Momentarily forget
  - 60 Like the best bonds, and a hint to the answers to starred clues
  - 62 Dumpster fill
  - 63 Reunion attendees
  - 64 Goes down in the west
  - 65 Done for the first time
  - 66 Sew up
  - 67 \_\_\_ de deux
  - 68 Trusty mounts

1	2	3	4	5	6		7	8	9		10	11	12
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41			42				43						
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		52					53		54	55			
56	57				58			59					
60				61				62					
63				64				65					
66				67				68					

By Gareth Bain

- DOWN**
- 1 Made an appearance
  - 2 Team captain's concern
  - 3 Morning janglers
  - 4 Teeth-cleaning step
  - 5 Title writer in a John Irving novel
  - 6 Hasenpfeffer, for one
  - 7 Director's cry
  - 8 Jam thickener
  - 9 Black Hills terr.
  - 10 "Wheel of Fortune" host
  - 11 "A Day Without Rain" New Ager
  - 12 Culture medium
  - 14 Israeli diplomat Abba
  - 18 When one might have a late lunch
  - 20 "The Chosen" novelist Chaim
  - 24 "The Addams Family" adjective
  - 27 Special \_\_\_: military force
  - 29 Flamenco shout
  - 30 Shoreline indentation
  - 32 Print maker

### Wednesday's Puzzle Solved

B	B	O	Y		E	T	A	T	S		G	O	L	D
I	O	T	A		T	A	H	O	E		O	B	O	E
G	R	O	W	T	H	R	A	T	E		S	I	G	N
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S	P	I	N	S	T	E	R			A	P	N	E	A
O	A	S	T		G	R	U	N	G	E	R	O	C	K
F	I	L	L		U	T	T	E	R		I	R	A	E
T	R	E	Y		T	A	S	E	R		T	S	P	S

- 34 Wine barrel wood
- 35 Dictator Amin
- 36 \*Space cadet's home?
- 37 Inland Asian sea
- 38 Lehár operetta "The Merry \_\_\_"
- 39 Breathable gases
- 42 Car at a long light, say
- 45 Herbal brew
- 46 Everglades birds
- 48 Cheerful
- 49 Painter Monet
- 50 Had an inkling
- 51 Small gifts
- 53 Extremists, for short
- 55 2004 remake starring Jude Law
- 56 Fabricate
- 57 Rested
- 59 Venus de Milo's lack
- 61 Egyptian snake



# Men’s Soccer Season Ends In Penalty Kicks

**RYAN CLUTTER**  
STAFF WRITER

The men’s soccer team fell to Fairleigh Dickinson University in penalty kicks on Sunday and were eliminated in the semifinals of the NEC tournament. The Hawks finished the season with an 11-4-4 record.

After winning their final regular season game at home on November 4 against Sacred Heart, the Hawks were unable to advance in the conference tournament, ending their hopes for a fourth consecutive NCAA tournament appearance.

The Hawks handled the Sacred Heart Pioneers 1-0 behind a 67th minute goal scored by first team All-NEC selection Joseph Schmid. The game was played six days after Hurricane Sandy devastated the Jersey Shore.

“It was a tough week for them because half the team had been without power for the entire week,” said head coach Robert McCourt.

“I thought that they rallied up really well and showed their character come game time.”

“So many people were affected during this time period,” senior captain Ryan Clark said.

With the win, MU locked up the number three seed in the NEC tournament, behind first seeded Quinnipiac and second seeded Fairleigh Dickinson. The tournament was held at the location of the top seed, Quinnipiac.

“We knew FDU was a pretty good defensive team and our game plan was to see if we could get in wide spots and try to score some goals early,” said McCourt.

The conditions of the field at Quinnipiac led to a relocation for the game at West Haven High School (CT.) football field. The field was 65 yards wide, compared to the 85 yard wide Great Lawn, negating the wide style of play the Hawks prepared for. MU found themselves down 1-0 after a miscommunication on the defensive side of the ball

led to a 39th minute goal by FDU.

MU was able to respond in the 51st minute as All-NEC selection Emmanuel Agyemang scored his first goal of the season on a set piece off of a free kick. In McCourt’s eyes, Agyemang has been a model of consistency the entire season.

The game was tied 1-1 at the end of regulation and after two overtime periods, the game went to penalty kicks. Schmid netted the first attempt, but the Hawks missed their next two shots and found themselves down 3-1 after three attempts for each team. Matt Jeffery and Francois “Paco” Navarro connected on their shots, but FDU managed to put the game away with their fourth goal of the penalty shootout.

“It definitely stung a lot; I’m still pretty upset about it, but it happens,” said Clark. “I’ve won so many times on penalty kicks, but it’s just part of the game. You win some, you lose some, you just gotta move on.”



PHOTO COURTESY of MU Photography  
**Head coach Robert McCourt and four seniors** celebrate Senior Day on the Great Lawn with a win against Sacred Heart.

“It’s always devastating for players to lose on penalty kicks, it’s probably one of the most difficult things in our sport,” said McCourt. “The last couple of years we’ve been on the winning end of them. It’s almost like a coin toss.”

As the season comes to a close,

the Hawks have seen four of their own be named to the All-NEC team. Goalkeeper Alex Blackburn was a first-time selection, playing every minute of every game in net for MU. He recorded nine clean sheets and has 23 shutouts in his collegiate career.

# Women’s Soccer Ends Season Against LIU Brooklyn

**EDDIE ALLEGRETO**  
CONTRIBUTING WRITER

The second-seeded Blue and White women’s soccer team lost to third-seeded LIU Brooklyn 1-0. This matchup was the Northeast Conference (NEC) semifinal which was played on DeGol Field in Loretto, P.A. on Friday November 4. The Hawks ended their season with this loss and with an overall record of 10-7-2; this was MU’s seventh straight season with double-digit victories.

The Hawks fell behind in the game early after conceding a goal in the fifth minute, in this rematch of last year’s semifinal in the NEC. As the second half began, the Blue and White were putting the pressure on LIU Brooklyn by dominating the half. But their efforts would fall just short as they lost 1-0. MU played in their league-leading 15th tournament game and they outshot the Blackbirds by 8-5 overall, with a staggering 7-2 advantage in the second half.

In the beginning of the season, MU

was faced with some difficult times. They had some injuries and had brought in a new rotation of players, but head coach Krissy Turner knew exactly what to do and how to spark her team. Even with the lack of familiarity and their inexperience, the Blue and White still had an excellent season. “We have a fairly young team in the back, we are starting basically two freshmen and three sophomores, as far as our goalkeeper and our backs. We’ve been switching a lot of things, I think this is maybe our third match in a row with the same starting lineup,” Turner explained.

The Hawks started off the non-conference season slowly by beginning with a 1-4 record. They faced many tough teams in their opening portion of their schedule; including Rutgers and Seton Hall, in which they lost both games by a score of 3-0. “Rutgers was ranked 16th in the country last week, so obviously they are a good team and then Seton Hall was ranked in the region last week and we’ve played pretty good teams

and I’m not just sure that we were just ready for that challenge because of our inexperience,” Turner said.

However, the Hawks would turn their season around by growing stronger as a team. MU then won six of their next seven games, to improve their record to an impressive 7-4-1. During that stretch they played some close games including two that went into overtime against Lehigh and Rider. The Blue and White would defeat Lehigh 2-1 and draw versus Rider 1-1.

As the Hawks finished their non-conference schedule with a record of 7-4-1, they then turned their attention to the NEC. MU would start off 4-0 in conference play, beating Central Connecticut State, Bryant, Robert Morris and Quinnipiac.

After starting off undefeated in the NEC, the Hawks would lose their next game to Sacred Heart 2-1. This loss ended their impressive winning streak. However, MU would bounce back, as they seem to have done all season long, by winning three of their



PHOTO COURTESY of MU Photography  
**The women’s soccer team** lost to Saint Francis 3-2 in their final home game of the season.

next five games. The regular season was now over, and with a record of 7-2-1 in the NEC, the Blue and White now looked towards the playoffs to reach their goal as conference champions.

Even though the Hawks were eliminated in the playoffs, they took great

strides with their team and should feel completely confident about their chances next year. If MU would like to complete their dream of winning the NEC they need to improve on their defense. “Defending, you’ve got to defend we’ve got to shut them down,” Turner said.

# Head and Neck Injuries Hurting College Athletes

**ALFRED TILLERSON**  
CONTRIBUTING WRITER

Is football a safe sport to play? John Lockwood, a former defensive lineman for the Hawks’ football team, was told by the school’s training staff last season that he wouldn’t be able to play anymore due to too many concussions.

When asked what the cause for his concussions were, he said that he led with his head to try and make the big hit. “When I look back on it, there are so many instances that I can remember leading with my head. Whether it were on a tackle, block, etc., there were many occurrences and I started to realize it more and more after my fifth concussion,” he said. “Your head has no physical capabilities; can’t catch, wrap up and throw. It’s meant to think, not to be used as an object,” he continued.

Studies have shown that the fear of head and neck injuries in the sport of football are at an all-time high over the last eight years. In 2004, a study found that there were roughly 175 reported concussions. In 2012, about 342 have been reported thus far. All players involved were screened for evidence of: past history of head and neck injuries and abnormalities of the cervical spine on physical examination and x-ray film.

In today’s high-collision sport of football, there is no way around the fact that today’s football player is a larger specimen than in 1980.

An article in the *New York Times* showed that there were only three linemen in the NFL who tipped the scales at over 300 pounds in 1980. By 1990, Jere Longman of the *New York Times* reported that 94 linemen in the NFL were exceeding 300 pounds. In 2010, 20 years later, NFL training camps had 532 players exceeding that weight. MU’s roster alone shows that they have nine players tipping the scales or exceeding 300 pounds.

“Athletes are bigger and faster today than ever before,” said Tim Rehm, the University’s head strength and conditioning coordinator, said. “This increase in size and speed equates to an increase in force delivered with each crushing blow. This increase in force can certainly equate to more intensity for hits. I also believe that the method in which people tackle also has a great deal to do with the problem. Defensive players try to make ‘kill shots’ so they can make the ESPN highlights in which helmet-to-helmet contact escalates. This mentality and tackling style also leads to an increase in head/neck injuries.”

Kevin Callahan, the Hawk’s head football coach since the program began 20 years ago, agrees with Rehm about today’s football player as op-

posed to 15-20 years ago. “Today’s players are bigger, faster and stronger than they were 15 years ago. I feel that the rules of the game will continue to be adjusted to make the game safer. This year for instance, the change in the kickoff is an attempt to reduce high speed, high impact collisions,” Callahan said.

“The size and speed of athletes have increased tremendously,” Rehm said, “A middle linebacker in the 1980s, for example, might be somewhere around 230 pounds with

a 40-yard dash time of 4.8-seconds. Today, a middle linebacker could weigh in at over 260 pounds while still clocking a blazing 4.5 40-yard dash time. It all goes back to the amount of force that can be generated when you increase both mass and velocity.”

Another new rule that Callahan mentioned was the requirement of all players who lose their helmet during a play to report to the sideline for one play and he agrees with it. “I think it is a good rule because it forces players to wear their helmets properly. A proper fitting helmet is

one of the best methods to reduce the rate of head trauma and concussions,” Callahan said. He also feels that leading with the helmet is the common cause for head and neck injuries because players are using them as a weapon.

Within the last three seasons, two college players have made national headlines because of head and neck injuries.

Eric LeGrand, a former defensive lineman for Rutgers University, was paralyzed after leading with his head and colliding with a player from Army. At the start of the 2012 season, Devon Walker of Tulane collided with one of his teammates in a game against Tulsa University, fracturing his vertebrae. Whether he’ll be able to walk again is unknown at this point in time.

When asked how these two injuries have affected his approach to practice and tackling, Callahan said, “I have always been very careful to point out the proper tackling techniques. I always emphasize keeping the head up and not leading with the head in any way.” He continued, “In some cases, [head/neck injuries] are a part of the game, in as much as sometimes they are unavoidable. I do, however, think that with proper instruction and practicing the proper techniques, they can be greatly minimized.”

“I believe that while head and neck injuries can be somewhat diminished through proper strength training, they are probably the injuries that are least preventable by a sound program,” Rehm said. “No amount of musculature can protect the neck from severe injury if the neck is in a vulnerable position.”

The game of football is evolving along with the hulking and burly men that play the sport. Even though there is no way to predict the future, rules are being made to make the sport much safer. Gone are the bone-crushing hits from players leading with their head. At the professional level, that it is a personal foul and a hefty fine coming from the player’s bank accounts. At the collegiate level and downward, it’s a personal foul with a potential suspension and even worse; a serious injury. In ten years, the game of football could potentially resemble two-hand touch.

“The recent epidemic of reported concussions and their connection to various debilitating, chronic conditions will have a tremendous impact on how the game is played,” Rehm said. “I see equipment continuing to improve in its ability to protect the athlete, which is great. I also see football organizations at the professional, collegiate and high school levels cracking down on the rules relating to personal fouls involving the head and neck. If played properly, there’s no reason that safety can’t be paramount.”

In 2004, a study found that there were roughly 175 reported concussions. In 2012, about 342 have been reported thus far.



# Saint Francis (Pa.) Spoils Senior Day at Kessler Field

ED MORLOCK  
SPORTS EDITOR

The football team lost to Saint Francis (PA) on Senior Day 45-31. The Red Flash (4-6, 3-4) racked up 482 total yards on offense, including 119 on the ground from running back Anthony Abeid.

The Hawks (4-5, 3-3) struggled on defense throughout the game, forcing Saint Francis to punt only one time. MU couldn't stop the Red Flash in the first half, allowing 38 points before heading into the locker room.

The Blue and White's slow start got them into a 31-7 hole halfway through the second quarter, a deficit that they could never rebound from.

"We came out and we didn't get things going right away," head coach Kevin Callahan said. "We didn't have the energy that you need to have to start a football game."

"We didn't start fast on either side of the ball which doesn't help us out at all," fifth-year senior quarterback Kyle Frazier said. "It's something that we preach, that we have to start out fast, and we make sure that we go ahead and put points on the board fast and stop them on defense."

K.B. Asante tied the game at seven for the Hawks with a 37-yard touchdown run with 7:54 left in the first quarter. The MU celebration, however, would be short lived.

Dane Domonkos returned the ensuing kickoff 97 yards for a touchdown and gave the Red Flash a lead that they would never lose.

Special teams hurt the Hawks immediately after the kickoff return. Saint Francis rolled the dice with a surprise onside kick and easily recovered on the following kickoff. They turned the promising field position into three points and took a 17-7 lead.

Tempers were flaring on the field in the second quarter. With nine-and-a-half minutes left before halftime, the teams exchanged shoves after the whistle. The intensity escalated quickly and flags were all over the field. The Hawks' Jeremy Rodriguez and Saint Francis' Keion Wade were both ejected for throwing punches.

"There was a lot of emotion out there on the field today for both teams," Callahan said. "In the heat of the competition and the heat of the game some players kind of let that spiral out of

control a little bit."

MU didn't score again until there were only two-and-a-half minutes left in the first half. Julian Hayes scored from two yards out to make it a 31-14 game.

This gave the Hawks hope, as they were to receive the kickoff to open the second half and would have the opportunity to cut the lead to 10 with a touchdown.

The Red Flash proved that the Blue and White had left too much time on the clock before halftime. It took them only 1:08 to drive down the field and score a touchdown to distance themselves even further from MU, 38-14.

MU added a field goal and went into the break trailing by three touchdowns.

The Hawks drove straight down the field and cut the lead to 14 to open the second half. Frazier connected with Neal Sterling on a five-yard fade pass in the corner of the endzone to make it a 38-24 game.



PHOTO COURTESY of MU Photography

**Andrew Sutton** returned a blocked punt for his first career touchdown in the Hawks' 45-31 loss on Saturday against Saint Francis (Pa).

56-yard drive with seven points.

Eight minutes later, Mike Upham blocked Saint Francis' first and only punt of the game. Andrew Sutton grabbed the loose ball and raced 27 yards for a touchdown.

"We had a scheme that we thought would work," Upham said. "We didn't get too many opportunities with them punting it today, unfortunately. I just figured that I might as well go all out and try to block the kick and change the momentum of the game."

"I was just kind of in the right spot at the right time," Sutton said. "There was really nobody in front of me and it was an easy run back."

With 6:44 remaining in the game, the Hawks trailed by 14 and needed to recover an onside kick. The ball bounced around

and MU recovered.

"We just knew we had to go out and score," Frazier said. "We went out with the mindset that we had to score."

Five plays later, Frazier threw a pass that was tipped and intercepted Bishop Neal inside the Saint Francis 15-yard line. The turnover ended any chance at an MU comeback.

Saturday, the Hawks travel to Robert Morris for a Northeast Conference matchup.

This was scheduled to be the last game of the season for the Blue and White, but they are still deciding whether or not they should reschedule the game against Central Connecticut that was cancelled due to Hurricane Sandy.

"I think everyone on the team would love another opportunity to play football," Upham said.

"We didn't start fast on either side of the ball which doesn't help us out at all. It's something that we preach, that we have to start out fast, and we make sure that we go ahead and put points on the board fast and stop them on defense."

KYLE FRAZIER  
Quarterback

# Field Hockey Reaches NEC Championship, Falls to Rider

GAVIN MAZZAGLIA  
STAFF WRITER

The field hockey team proved all of its doubters wrong and finished the season on a very strong note by making it to the Northeast Conference Championship where they fell to the top seed Rider University.

The Hawks finished up the regular season with a visit to Rider. MU lost 5-2. Rider got on the board first with a goal within the first ten minutes. Both teams then exchanged goals for a bit, leaving it at a 3-2 lead for Rider at the end of the first half.

Rider was able to contain MU for the entire second half, scoring two goals and holding the Hawks to no

goals.

Overall, Rider dominated the matchup, leading in shots 15-9 and leading in penalty corners 23-5.

Despite the loss in the regular season finale, the Hawks qualified for the NEC Tournament. The Hawks were awarded the third seed, and faced off against St. Francis (PA) in the first round of the tournament.

It was St. Francis who struck first, with a goal in the 15th minute to take the early lead. After that, it was all MU. The Hawks scored three goals in the first half to take a 3-1 lead at the break. The second half would end up being scoreless as the Hawks held on for a 3-1 victory.

Goalie Teresa Mathews allowed

only one goal on five saves. Both teams were dead even on shot attempts with ten, and St. Francis led on penalty corners 14-8. Despite that, the Hawks were able to seal the victory in order to move on to the NEC Championship game.

The championship game proved to be a nail-biter. It was played at Rider's home field, just like every other game in the tournament. The home field advantage for Rider would end up aiding them a lot.

The game was scoreless until the 28th minute when Rider scored off of a corner. The game would remain 1-0 going into halftime.

The Blue and White scored two early goals in the second half to

take a 2-1 lead. The first one was by Amanda Schoenfeld on a rebound off of a corner. The second goal was by Alex Carroll off of a corner. In the 59th minute, Rider tied the game up, and then took the lead back only three minutes later. The 3-2 lead was preserved for the final eight minutes of the match and Rider came out on top for the championship victory.

Head coach Carli Figlio and the team have plenty to be proud of for making a big turnaround in the second half of the season to make it to the NEC tournament. The Hawks started the season at 0-8, including a pair of losses to top-ten nationally ranked teams. They then won seven of their final 11 games, including five wins








against conference opponents to qualify them for the NEC Tournament.

Overall this season, Michelle Pieczynski put on a show, breaking school records and dominating matches. She had 41 points total this season, including 18 goals and five assists. Pieczynski was the offensive leader all season, and put herself in the discussion as the best player in the conference. At the end of the season, she was named the NEC Player of the Year as well as the NEC Offensive Player of the Year.

Trish O'Dwyer and Carroll also joined Pieczynski on the All Northeast Conference First Team.

All the Hawks can do now is learn from their mistakes and move on and get ready for next fall.

## Outlook's Weekly NFL Picks - Week 7

	Away	Philadelphia Eagles	New York Jets	Tampa Bay Buccaneers	Green Bay Packers	New Orleans Saints	Indianapolis Colts	Baltimore Ravens	Chicago Bears
	Home	Washington Redskins	St. Louis Rams	Carolina Panthers	Detroit Lions	Oakland Raiders	New England Patriots	Pittsburgh Steelers	San Francisco 49ers
Ed (4-4) (27-21)									
Clutter (5-3) (27-21)									
Gavin (4-4) (30-18)									
Professor Furgason (Kevin Roane 4-4)									



# Hurricane Sandy Slows the Cross Country Team

MAGGIE ZELINKA  
LIFESTYLES EDITOR

As the fall sports are coming to an end, they are also preparing for the biggest stages of their seasons thus far and MU’s cross country team is no exception. These past, as well as upcoming, weeks provide many challenges for both the men and women’s teams as they have had to deal with minimal preparation for their meets due to Hurricane Sandy.

“I think that the biggest challenge for us is that we have not been together because of the storm,” head coach Joe Compagni stated. “We were excited and glad to get back to school but we are not yet in sync, maybe because of the storm or because of other reasons.”

The team recently competed in two grand scale events these past weekends. The first of which was the Northeast Conference Championships which hosted a total of 11 schools. There, the team showed their skills with highlights coming from sophomore Khari Bowen, freshman Domenick D’Agostino and fellow freshman Graham Huggins-Filozof for the men. Highlights on the women’s side were from seniors Amanda Eller and Kelsey Maher.

Bowen finished his 8k race with a time of 25:18.76 and crossed the finish line first for the Hawks. Shortly after was D’Agostino who posted a time of 25:48.53 followed by Huggins-Filozof who crossed at 25:57.23. These times could not earn the men a victory, but coach Compagni does not look at it as a defeat. “We were six points away, and six points in a cross country meet means there are three people stepping in front of three people,” Compagni said. “Our entire top five

were freshmen and sophomores. Of course we would have liked to have those six points, but I was really proud of how they competed.” Bowen placed fourth, D’Agostino placed 12th, and Huggins-Filozof placed 14th. The three men received All-NEC honors.

For the women, Eller and Maher posted almost identically times with Eller surpassing Maher by .05 seconds landing them 10th and 11th for the overall race. Eller ran a 18:27.64, while Maher posted a 18:27.69 time. Compagni was very proud of the two women for receiving All-NEC honors. “Amanda and Kelsey are both amazing stories because they were not heavily recruited in high school but now they’re one of the tops in our conference.”

Overall, the men placed second in the NEC Championships behind Central Connecticut while the women came in fourth. While it may appear the women did not perform as well as the men, they have placed in the top four eleven consecutive years, proving they are very consistent.

With this race finished, the team next had to prepare for the National Collegiate Athletic Association Division I Mid-Atlantic Regional Championships at Penn State. The men competed against 24 other schools while the women competed against 31. Although this number seems rather large, Compagni ex-

plains that not everyone gets the chance to race. “Every team can run their top seven people,” Compagni said. “In our region alone, the top four men and women’s teams are ranked top 25 in the country.” Therefore, a lot of highly qualified runners competed against Monmouth at the Regional Championships and being off for over a week did not favor the team.

The men participated in a 10k while the women competed in a 6k. Compagni chose to run three fresh-

“I think that the biggest challenge for us is that we have not been together because of the storm. We were excited and glad to get back to school but we are not yet in sync, maybe because of the storm or because of other reasons.”

JOE COMPAGNI  
Head Coach

men, one sophomore, one junior and one senior in the race. While many may have been weary to put their fate into three freshmen’s hands, Compagni could not have been more eager to. “Our freshmen class has been outstanding and they have really helped bring our team to a new level,” he stated.

The first MU runner to cross the finish line was rising star Huggins-Filozof as he recorded a 32:48 time and came in 93rd overall. Following him was Bowen with a 33:16 time finishing 105th overall. Next to cross was sophomore Alex Leight with 33:23, senior Sean Hartnett with 34:00 and freshman Connor Fuller with 34:09. Shortly after

came junior Pat Ryan finishing with a time of 34:13 and D’Agostino, as he posted a time of 34:19. The men placed 19th overall for the second year in a row. Coach Compagni notes that they were hoping for a top 15 finish but understands they did miss a crucial week of practice directly before the race.

Sophomore runner, Alex Hershman, acknowledges that the team did not do as well as they would have liked, but also does not believe this race accurately reflects their season thus far. “The Mid-Atlantic Region is filled with strong competition between the likes of Georgetown, Villanova, Princeton and many other good programs.” Hershman goes on, “We were aiming for a top 15 finish since we finished 19th last year at regionals and our team has improved drastically since then. [Finishing 19th again] was pretty disappointing but it doesn’t take away what we have accomplished so far.”

In the women’s case, Compagni relied on four seniors and two juniors to bring home the trophy. As expected, Eller and Maher were the first to finish for MU. Eller placed 69th overall with a time of 22:20. With her time, she has been placed in the top ten finishers in MU’s history at the NCAA Regionals. Following closely behind was Maher who finished 112th overall at 23:06. Next was senior Emily MacEwen

with a time of 23:33. Following MacEwen were juniors Mackenzie Roche and Marissa Felicetti finishing at 23:56 and 24:17. Senior Stacy Lepes was the last MU woman to cross the line with a 25:05 time. With these times, the women finished 20th overall.

Putting this race behind them, the team now preps for this weekend’s Eastern Collegiate Athletic Conference and the Intercollegiate Association of Amateur Athletes of America Championships at Van Cortlandt Park in New York. The men will be racing five miles and the women will be running a 5k. While the team is heading north in this frigid month of November, Compagni does not fear the weather as a problem. “We understand that you run in the heat in September and maybe even the snow in November. I think that’s one of the great things about cross country, is dealing with the elements and understanding how to compete in them,” Compagni said.

This race proves more than just an ordinary competition; it will showcase how well the team is able to bounce back and if they can find unity after Hurricane Sandy disrupted their season. Compagni said, “These kind of races are how we define our season. This race is our chance to put a final stamp on season.”

Hershman agrees with his coach but also thinks that the team will be inspired by the fact they will have a chance to redeem themselves. “We will get a shot at teams that beat us at regionals,” Hershman said. With that said, the men will take part in a five mile race while the women will be running a 5k this Saturday, November 17, at Van Cortlandt Park where they hope to end their season strong.

# Men’s Basketball Opens the Season in Style

ED MORLOCK  
SPORTS EDITOR

The men’s basketball team opened the season with a 91-62 win over Hofstra on Friday night as Andrew Nicholas scored a career-high 28 points.

“If I get the first shot to go in, I feel pretty comfortable for the rest of the game,” Nicholas said. “Coach just tells me to keep shooting it because I’m a shooter. Even if I miss two or three in a row, which I do sometimes, he just tells me to keep shooting.”

“Red (Nicholas) could leave here the all-time leading scorer,” head coach King Rice said. “He can just score the ball, it’s easy for him. He just makes shots.”

The Hawks (1-0, 0-0) opened the game with a 15-3 run and never relinquished the lead. They trailed 3-2 early in the game, but a Nicholas three-pointer put them ahead for good.

The Pride (0-1) responded with a 14-4 run to make it a 19-17 game halfway through the first half.

Dion Nesmith was fouled and made one of his free throws, putting MU ahead 20-17. The next trip down the floor, Ed Waite made a layup and was fouled. After connecting on the foul shot, the Hawks led 23-17. It was time for Nicholas to take over and put the Blue and White comfortably ahead of their Colonial Athletic Association (CAA) opponent.

Nicholas drilled a corner three

to put his team ahead by nine and Hofstra took a time out. The MU defense stiffened and Nicholas hit another three, making it a 29-17 game.

Stevie Mejia connected on a three-pointer of his own for the Pride. Nicholas matched him at the other end of the floor to put the lead back at 12, 32-20.

Nicholas scored four more points before heading into half-time. The sophomore forward scored 18 points in the first half to lead the Hawks to a 50-31 lead. It was the first time MU scored 50 points in a half since a 2009 win over Penn at the MAC.

“Red (Nicholas) could leave here the all-time leading scorer. He can just score the ball, it’s easy for him. He just makes shots.”

KING RICE  
Head Coach

“In the first half they were trying to press us, but we were just running through it,” Jesse Steele said. “We were getting quick and easy buckets in the beginning.”

The closest the Pride got to catching the Hawks came halfway through the second half. They cut the lead to 12 when Shaquille Stokes made a free throw.

“When they made their run, I think I got a little more nervous than the kids,” Rice said. “I thought at that point when they were making their run, we just started taking bad shots, because they are kids. Kids feel like, ‘We are winning by 16 I can do this now!’ and that was when

they made their run. So I wasn’t nervous that they were going to come back and take over. I know they are very talented guys, when they get going they can go on a run just like we went on one. I watched it on their exhibition game. But I knew that if we just made them start guarding us again and our motion offense... I knew the movement would give them problems.”

The Blue and White silenced any chance of a comeback. You guessed it. Nicholas connected on a jumper to put the team back up 14, 66-52. Mejia made a free throw on the next possession. A minute later, Nicholas made another basket that put the Hawks on top 68-53.

Mejia made two free throws for Hofstra and Nicholas did the same for MU, keeping

the lead at 15.

Enter Jesse Steele.

The senior point guard picked up two fouls early in the first half and didn’t play too many minutes. Steele hadn’t scored any points until there were six minutes remaining in the game. He stole the ball and raced down court for an uncontested layup to get on the board. Following a Hofstra layup, Steele drilled a three-pointer to put his team ahead 75-57.

A minute later, Steele made another three. On Hofstra’s next possession, he stole the ball and raced for another layup.

After not scoring for 34 minutes, Steele scored 10 points in



PHOTO COURTESY of MU Photography

**Andrew Nicholas** scored a career-high 28 points in the team’s season opening win against Hofstra.

just over two minutes. He finished the game with 10 points and six assists.

The Hawks subbed out some of the starters and cruised to a 29-point victory. Every player that got in the game scored.

“We have a lot of kids,” Rice said. “We have 14 to 15 guys that can play. Every dude on our bench can go in and play.”

MU’s next home game is on Monday, November 26 against Lafayette.





A large graphic with a vibrant, comic book-style background. The background features a large, stylized yellow and red 'POW!' or 'BOOM!' sound effect. In the center is a cartoon illustration of a cowboy with a large black hat, a red bandana, and a blue suit. In the foreground, a soccer player in a white Monmouth jersey with the number 20 is kicking a soccer ball. To the right, another player in a red jersey is also visible. The text 'THE GREAT NEC' is written in a stylized, red, outlined font at the top. Below it, the word 'SHOOTOUT' is written in large, yellow, outlined letters. The word 'Also in Sports' is written in a white, serif font in the bottom right corner. Below this text is a small inset photo of a field hockey team huddled together. Below the photo is the text 'The field hockey team made it to the NEC Championship game, but fell short against Rider 3-2. Full Story on Page 26'.

The men's soccer team ended their season on Friday when they were eliminated from the NEC tournament by the Farleigh Dickinson Knights. The NEC foes were tied at one after regulation and two overtimes. The Knights bested MU 4-3 in penalty kicks.

*Full Story on page 25*