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Some Feel

Drinking Tea

can Help Weight

Loss

ALYSSA CAPORASO CONTRIBUTING WRITER

Detox teas that claim to help

users lose weight are sparking

controversy as to whether they

are safe and effective or harmful

Detox tea diets are used by

people looking to either lose

weight or flush out their system.

According to livestrong.com, "A

tea detox diet involves drinking

one or several kinds of teas to

flush out your colons and kid-

The website also explains that

most detox diets include fasts, causing food choices to be re-

stricted to pureed fruits, vegeta-

bles and broths. "Solid foods are

usually banned or severely re-

stricted based on the theory that

you can't properly clean your di-

gestive system if you keep refill-

ing it," according to livestrong.

28 days and can be used by

both men and women. In ad-

dition to reducing bloating and

increasing weight loss, the teas

can result in clearer skin and a

faster metabolism. These teas are made using organic Chinese

ingredients like cinnamon, nettle leaf, ginger root, and celery root. Detox tea diets can be bought online through websites such

as skinnytea.com, yourtea.com,

skinnyfoxdetox.com, and many

Alanna Doughty, a junior social work major, said, "I just

started using a 28-day detox ten

days ago with a few other girls

that I live with. So far, I have lost

three pounds and my skin has

cleared up immensely. I am ex-

cited to see the final results and

would recommend the detox to

This trend is growing in popu-

larity and is being featured on

television shows such as "Dr. Oz" and "The Chew." In an epi-

sode that aired during 2012, Dr.

Oz, a doctor turned televi-

sion personality, said, "One

of the easiest and most natu-

ral ways to lose weight is by

drinking tea, but you have to

be sure to drink the teas at

any of my other friends."

Detoxes last between 14 or

and unproductive.

What's *Really* on Your Thanksgiving Dinner Table

ANGELA CIROALO NEWS EDITOR

This Thanksgiving think about what is really in your sweet potatoes, corn, stuffing, and gravy, then consider if a bigger turkey is actually a better turkey.

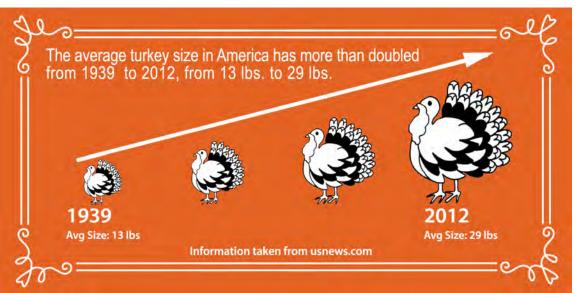
The first Thanksgiving in 1621 contained a very different menu than the ones served at America's 21st century Thanksgiving meals. The way that foods are being created has changed drastically.

More commonly foods are being scientifically constructed, rather than naturally grown. Ivan Gepner, associate professor of biology, said, "Organisms can be modified in their properties by two techniques," artificial selection and genetic modifica-

Genetically modified organisms (GMOs) are "plants or animals created through the gene splicing techniques of biotechnology," the Non-GMO Project stated.

Gepner said, "Genetic modification could involve the addition, subtraction, or change in genetic constitution of organisms through direct manipulation of their genes..."

There are many foods that will be seen at Thanksgiving dinners that may be geneticly modified. According to the Non-GMO Project, foods at risk are: alfalfa, corn, flax, rice, ply," she said.



Turkeys may increase to an average of 40 pounds by 2020 if the continuing growth due to industrial farming persists.

sugar beets, yellow summer squash, canola, cotton, papaya, soy, zucchini, milk, meat, eggs, and honey.

Merrily Ervin, Coordinator in the Chemistry, Medical Technology and Physics Departments stated that the best crops and animals are selected and used for production of the following years animals and plants. "Then we learned how to cross breed plants and thus manipulate the genetic composition of our food sup-

"The corn, tomatoes and pumpkins of today are totally different than the plants of 10,000 years ago," Ervin continued.

According to a Living Green Magazine report posted on Nov. 15, 2013, "Some common Thanksgiving products that are suspect to include GMOs are Campbell's Tomato Soup, Wesson Canola Oil, Bruce's Yams, Hershey Milk Chocolate, Pepperidge Farm Crackers, Kraft Classic Ranch Dressing, Rice-a-Roni chicken flavored rice, Ocean Spray Cranberry Sauce, and Kraft's Stove Top Stuff-

Gepner said the reason genetic modification has recently been applied is to enhance crop plants to resist disease, unappetizing predators and to allow foods to grow in adverse environments.

The Non-GMO Project stated that

Turkey continued on pg. 3

Pozycki Hall to be Completed by Summer 2015

BRIANNA MCCABE

Bey Hall will be undergoing construction for the addition of Pozycki Hall, an expansion to the Leon Hess Business School (LHBS) and the Kislak Real Estate Institute (KREI), classrooms that will accommomade possible by a donation

a member of the University's Board of Trustees.

Vice President of Administrative Services Patricia Swannack said this 20,000 squarefoot facility designed by DMR Architects will include four date 30 students each, a 175offices, a student lounge, and an exterior terrace.

building The two-story planned to begin construction in May 2014 will be connected to the north side of Bey Hall by an enclosed pedestrian bridge located on the second floor. Swannack said, "Architectural

compliment already existing buildings surrounding Pozycki Hall."

Vice President for University Advancement Jason Kroll said the building is being named in honor of '73 alumnus Pozycki because of his many contributions to the University, including his generous donation to fund Pozycki Hall. Pozycki has been a generous benefactor of the University, according to Kroll, including his previous endowment for the Pozycki chair in the KREI

Pozycki is Chairman and CEO of SJP Properties. As stated by SJPProperties.com, "[SJP is a] developer of large scale commercial and residential real estate projects in the New York and New Jersey metropolitan area."

Pozycki continued on pg. 2

from alumnus Steven Pozycki, seat lecture hall, eight faculty details and exterior brick will

Tea continued on pg. 4

IMAGE COURTESY of Petra Ludwig

A graphic simulation illustrates what Pozycki Hall, the University's expansion of the Leon Hess Business School and Kislak Real Estate Institute, will look like by the time it opens to students in May 2014.

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News

The Business School held a seminar informing students about sex trafficking and its effects.



Opinion

Cyber Monday is every online shoppers dream come true.



Entertainment "ARTPOP" falls short of

monstrous expectations.





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Club & Greek

The Panhellenic Conference hosted a bingo night for potential Greek members.

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Dr. Sarsar Awarded for Global Initiatives Contribution

ALYSSA MAURICE CONTRIBUTING WRITER

Dr. Saliba Sarsar, political science professor and associate vice president for global initiatives at the University, received the award for academic excellence at the 10th Anniversary Gala for the American Task Force on Palestine (ATFP) on Tuesday, Oct. 29.

The annual Gala is held in order to honor the accomplishments of distinguished Palestinian Americans. Sarsar was one of three honorees being recognized for their achievements.

"We, your family, friends, and our community are proud of your personal accomplishments, your spirit of public service, your pride of your heritage, and your commitment to our great country," said Dr. Ziad Asali, ATFP President, as he congratulated Sarsar. "You are a role model of success and accomplishment that our youth can learn from and emulate.'

The keynote address was given by Dr. Philip Gordon, special assistant to the President and White House Coordinator for the Middle East, North Africa, and the Gulf

There were various performances from musicians, singers and comedians throughout the night to ensure a lively atmosphere for guests to en-

On Wednesday, following the Gala, Sarsar attended a National Security Council briefing with a small group of ATFP leaders. The meeting was held in the White House to discuss the current situation in the Middle East.

The American Task Force on Palestine was founded in 2003. The organization's mission is to raise awareness to the fact that peace between Israel and Palestine is in America's national interest.

Due in part to the task force, it is now a consensus in Washington that the commitment to developing a solution to the two-state conflict is imperative.

ATFP continues to play a role in American foreign policy by urging the community to continue its efforts in ensuring that a peaceful solution becomes a reality in the near

In addition to the historic accom-

and honor the contributions of distinguished Palestinian Americans like Sarsar at the annual Gala for the past seven years.

Past awards presented to Sarsar include the Stafford Presidential Award of Excellence in 2006 and the Global Visionary Award in 2007, both from the University.

He also received the Humanitarian Award from the National Conference for Community and Justice in 2001 for his activism in Arab-Jewish dialogue and peace building.

Sarsar has authored several articles and commentaries on the Middle East as well as two books of poetry titled Crosswinds and Seven Gates of Jerusalem.

In 2003, he was featured in a *New York Times* article, "His Mission: Finding Why People Fight - A Witness to Mideast Conflict Turns to Dialogue and Peace."

University Provost, Thomas S. Pearson, said, "[The University is] proud of Sarsar's academic excellence, stewardship, and global outreach in support of diplomacy and peace in the Middle East."

The event took place at the Ritzplishments made by ATFP, the orga- Carlton in Washington, DC and was

guests included White House staff academics, religious institutions, members, U.S. Department of State, and other distinguished members of Congressional leaders, diplomats,

the community.



Dr. Saliba Sarsar was honored with an award for academic excellence at nization has continued to recognize attended by around 650 people. The the 10th Anniversay Gala for the American Task Force on Palestine.

New Addition Planned to Expand Bey Hall

Pozycki Hall jump from pg. 1

Kroll said, "Pozycki is a respected leader in the real estate industry. His support of our programs helps increase awareness of the LHBS and KREI. Additionally, he has helped many of our students learn and start their careers in real estate."

The addition will not enter or obstruct the commuter parking lot, according to Vice President of Student and Community Services, Mary Anne Nagy. A majority of the construction will take place on the black pavement sidewalks located near Torcivia Commons (the lawn in between Bey Hall and the Rebecca Stafford Student Center (RSSC)).

Swannack said this addition is not a move towards expanding the number of students who are enrolled at the University, but an attempt to provide additional space for the members of the LHBS and the KREI that are currently located in Bey Hall, which is now over 20 years old. She said, "All of [the University's] facility improvements are to enhance quality and to serve the existing population."

Haley Brue, a junior accounting major, said, "There are a lot of business majors at this school so typically the classes are overcrowded. The demand for space was high so the University had to increase supply in order to please students. This said the University is reaching out addition will give us more room to to other donors to fundraise for the

breathe in class, and now teachers costs of the addition. "This is a huge desks to provide students with more individual attention which will ultimately lead to success."

Nagy said the 175-person auditorium in Pozycki Hall will provide an alternate location for events. Young Auditorium seats 120 people, Wil-

will be able to weave between the elite naming opportunity, so people can donate and get the new patio, a classroom, or the auditorium named in their honor," he said.

Brue explained how she likes the idea of the improved learning environment, but worries that she will graduate before Pozycki Hall

tion to be distracting.

'Construction does make the school look temporarily unappealing, but I'm sure the building will look beautiful when completed. In the meantime, I'll just look the other way," Brue joked.

The planning and zoning of this facility received approval through son Auditorium seats 250, and Polis completed. She said, "Hopefully, the West Long Branch community,

sity is known for its outstanding facilities and personalized education. Pozycki Hall is an impressive building which, along with our outstanding faculty, students, and programs, will help to increase awareness and the reputation of Monmouth University," he said.

Annual Fund Phonathon Manager, Terence Bodak discussed the addition of Pozycki Hall to alumni, parents, and friends and received positive reactions. He said, "Our alumni continue to be amazed by the progress of the campus in terms of its construction and the institution's rise in academic ranking. Letting them know about the pending construction of Pozycki Hall can only further motivate them to support the University." Phonathon callers serve as ambassadors of the University by calling these target audiences and asking them to support the University's Annual Fund.

Going to college is like buying a stock," said Reinhart. "You want the reputation to grow. As it grows, the value of the degree grows. That's why students should give back after they graduate because it benefits not only current students but yourself, which enhances the ability for the University to grow even more... Pozycki is aware of the need to continue to grow, and he is a very loyal supporter."

Pozycki could not be reached for

"Pozycki Hall is an impressive building which, along with our outstanding faculty, students, and programs, will help to increase awareness and the reputation of Monmouth University."

DR. PAUL BROWN **University President**

lak Theatre seats 700, therefore she believes this addition will be a great middle ground.

The addition is being donated by Pozycki, according to Director of Student Affairs, Petra Ludwig, but the amount donated has not been made public. The University will, however, be covering the costs of the site work. As stated in an article published in The Outlook on March 29, the University will be paying approximately \$1,000,000.

Director of the KREI and Specialist Professor Peter Reinhart

I get to take full advantage of this resource, especially the auditorium, or that will just be a bit disappoint-

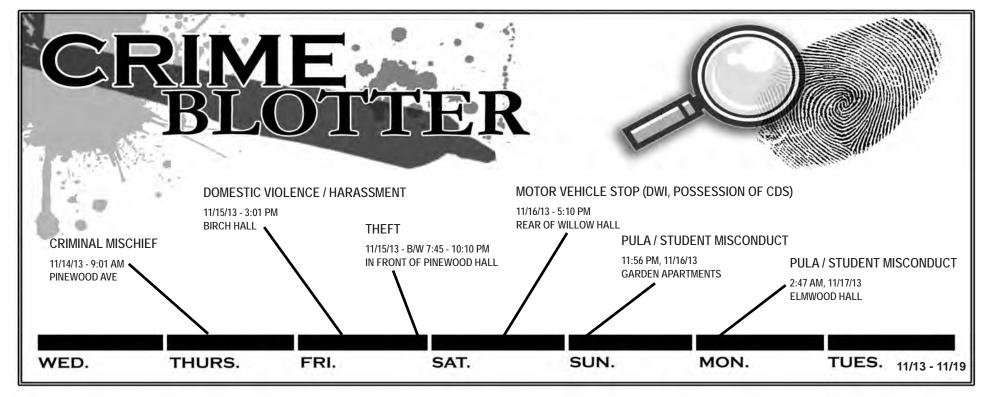
The construction of Pozycki Hall is said to be completed in a time frame of 12 to 14 months in order to open in the summer of 2015, which according to Swannack is a realistic time goal.

"Construction really bothers me because I am a person who needs silence to concentrate. So naturally, I will find it very disrupting. I hope it will not interfere with my studies," said Brue. In addition to noise, Brue finds the appearance of construc-

as stated by Nagy.

Nicole Comito, a senior graphic arts major, disagrees with Brue and feels the new addition will not be aesthetically pleasing. She said, "From an artistic perspective, putting [Pozycki Hall] there will make the area look too cut-off. The University is so open with all of the trees and squirrels, and blocking it all off would make it feel like maybe I'm losing a part of what made me come here.'

President Dr. Paul Brown is thrilled for the addition of Pozycki Hall and believes it will improve the University's image. "The Univer- comment.



Dick Martin Informs Students on Increased Diversity

JACKLYN KOUEFATI EDITOR IN CHIEF

Business writer, Dick Martin, spoke to students about his book, "Otherwise," in an event hosted by Monmouth Oral Communication Center (MOCC) called, Otherwise: The Wisdom You Need to Succeed in a Diverse and Divisive World, on Nov. 15 in Wilson Hall.

Martin focused on what he called the "three great taboos" politics, sex and religion. He wished to explain to students that the world is "increasingly diverse and increasingly divisive," and the reasons why.

"The complexion of the country is changing due to increase in immigration," said Martin.

Martin explained that this idea makes some many uneasy because people tend to be hostile toward others that do not look like them. This is a trait that is inherited, Martin said. It is an unconscious feeling people have that was inherited from ing much about different people. ancestors over thousands of years

Several statistics were raised about the different ethnicities and races of people in America, and how it has changed over time. In 1960, 85 percent of the United States was white and 15 percent were considered other. In 2010, 64 percent were white and 36 percent were other. In 2042, it is predicted that 49 percent of the people in the United States will be white and 51 percent will be considered other. Martin said that this makes people uncomfortable because they feel as if the American culture is changing.

Martin described America as "multi-racial, multi-cultural, multigenerational, traditional, non-traditional, and divided by class."

than we ever have been," Martin said. He continued by saying that sociologists are more worried about this specific division because people tend to stick with people who have the same social status or enjoy the same things. This divide results in individuals not hearing or know- ating "otherizing." Martin said that first hosted event but we hope to do

The first step is understanding yourself and getting in touch with your unconscious feelings.

The second step is understand-"We are more divided by class ing different people and expanding your worldview. Martin explained that a good way to do this is to invite someone who is different than you to get coffee and just chat. He said that you will find that you are really not that different from them.

The third and last step is not toler-

sentation on his book, "Otherwise." reducing discrimination and mis-"Although he is a well-known understanding in our society. These business expert and writer on marketing, advertising and public relations, this book is about the "wisdom" necessary to succeed in the professional world," said Swanson.

"MOCC is a relatively new organization," said Lorna Schmidt, the advisor of MOCC and Director of Advising of the communication department. She said, "This was our

Benjamin Ozdemir, a sophomore communication studies major, attended the event and said that he was aware of most of the points Martin rose because he grew up with these issues. "However, I do feel that many people were able to grasp a lot of content that may initially help with their social relationships as well as their professional

relationships.".

are vitally important issues and Mr.

Martin's book is a good text to help

readers think through challenging

Ozdemir continued to say that he would attend an event like this again. "I would recommend it to others primarily because it is so important in order for us to be aware of how diverse our world is and how there is absolutely no avoidance for the ignorance and prejudice with diversity," he said.

"I would love to have Mr. Martin return to campus," said Schmidt. "Perhaps in a bigger venue, talking to a university-wide audience. He would be a wonderful guest for the Global Understanding convention."

Schmidt said that since the semester is coming to a close, MOCC will not be holding any events anytime soon. "There are some things in the works for next semester, so stay tuned," she said.

Martin has written four books and numerous articles for publications such as the Harvard Business Review, Leader to Leader, Chief Executive and the PR Encyclopedia. He specializes in marketing, brand

"I would recommend it to others primarily because it is so important in order for us to be aware of how diverse our world is and how there is absolutely no avoidance for the ignorance and prejudice with diversity."

> **BEN OZDEMIR** Sophomore

When people do not look at others as individuals, Martin calls this "otherizing." He said that this happens when a person sees someone so different from himself/herself that "The other" person is viewed as the other. His book "Otherwise" is meant to make readers obtain more wisdom of the other by explaining the division regarding race, ethnicity, culture, sexual orientation, faith and politics.

Martin does raise the question, "If the future of America suggest society must change, is it capable of changing?" In his book, he raises three steps that individuals can take to change their outlook.

this means not accepting the "kind many more." She said about 35 to 40 of language that puts people in their

Racist and sexist jokes are a few examples of this type of language. 'This is demeaning them ... robbing them of their individuality," said Martin.

After Martin spoke, he opened the floor to questions and met with graduate students.

Dr. Don Swanson, professor of communication, has known Martin for more than a decade because the two of them are a part of the Advisory Board of Corporate Communication International. Swanson wanted Martin to come to the Uni-

people attended the event.

Michael McLafferty, the President of MOCC and a senior applied communication major, felt that the event went well. " \dots " The students were engaged in what Dick Martin was explaining and everyone seemed interested in his information," McLafferty said. However, he wished more students were aware of the event because not as many students came as he thought would.

"I did enjoy the event," said Claude Taylor, the co-advisor of MOCC and an athletics professorin-residence. "It is encouraging that accomplished people are using their versity after he heard Martin's pre- knowledge and skill to contribute to management and public relations.

Thanksgiving Foods Have Changed Over The Years

Thanksgiving jump from pg. 1

genetically modified foods are able to withstand direct application of herbicide and/or to produce an insecticide.

"Although some people fear genetic modification, there have been many benefits from this work," Gepner said.

Monsanto is one of the many different biotech companies that uses genetic engineering to make agriculture more sustainable and enhance the food supply.

Mary Harris, specialist professor in communication and Director of the Monmouth Area Vegetarian Society (MAVS) explained that, contrary to GMO corporate propaganda, it is her professional opinion that the genetic manipulation of the food systems has done nothing to hold up their bodies, and again, benefit humankind or the planet this is unnatural..." overall.

that, "Despite biotech industry promises, none of the GMO traits currently on the market way. "It wasn't until the 1950s offer increased yield drought tolerance, enhanced nutrition or any other consumer benefit." Thus, the food supply has not formed turkey farming into a seen any improvement due to genetic modification, nor has it been proven safer or beneficial lies sought out to find small turin any way.

The risks of genetically modified organisms have not yet been determined and the risks of GMOs is still an ongoing de-

Artificial Selection

drastic changes over the years is the turkey. "Wild turkeys can the Humane Society. "By contrast, a male turkey on a fac-

weighs 35 pounds and is any-turkeys. thing but a free bird." More than 45 million turkeys

are killed every year for Thanksgiving meals alone, additionally more than 300 million turkeys are killed for food each year in the Unites States, according to the People for Ethical Treatment of Animals (PETA).

Turkeys are being produced at faster speeds and larger sizes each day to meet society's demands. "[Turkeys] have been modified to grow at unnaturally fast rates and have large breasts that grow so rapidly that they can often barely stand or walk,' said Harris.

"I have personally witnessed these birds trying to get around once they get to a certain age, and it is heartbreaking," Harris said. "Their legs cannot even

The Non-GMO Project proved tled, "Why are Turkeys Genetically Modified," stated that turkeys weren't always raised this that turkey farmer, George Nicholas gave the birds a Hollywood makeover and transmultimillion-dollar business."

Previous to the 1950s, famikeys. They wanted just enough to feed their families and fit into their ovens, the How Stuff Works article stated.

The typical turkey that is sold in supermarkets today are the broad breasted turkeys. "Most Another element of the Americans have never eaten Thanksgiving meal that has seen another kind," the How Stuff Works article stated.

Christino Nieves, a butcher at live up to 12 years, weigh about ShopRite in Neptune, explained 18 pounds, and spend their days that the most common brand of foraging for food," according to turkey purchased at ShopRite is the ShopRite brand turkey, and second is the Butterball turkey, tory farm lives about 136 days, which are both broad breasted

"The genetically modified trend doesn't surprise me," said Edward Zelinka, former NJ chicken farmer. "On average 90 percent of people eat broad breasted over wild turkeys."

'Broad breasted white turkeys are what you have for Thanksgiving dinner. They are about 40 pounds and live four to six months," Mike Stura, animal rescuer and volunteer at Farm Animal Sanctuaries, said.

Stura stated that turkeys are now completely "manmade and physically cannot mate." The size of the turkey's breasts is so large that two turkeys are unable to mate.

The broad breasted turkeys are also selected based on their ability to grow at faster rates, The How Stuff Works article continued. "Industry turkeys are abnormally fast grow-A How Stuff Works article ti- ing, and by the time they're 12 weeks old, they're shipped off to the slaughterhouse," as stated in the article.

Gepner explains that artificial insemination of the turkeys is what has been done to produce the modern turkey with a large breast with plentiful white meat. "[Artificial insemination] involves choosing traits that are desirable in the parents for mating within a particular species," explained Gepner. "So turkeys that produce a little more breast meat might be chosen to produce the next generation and those with a little less meat might be excluded from being parents."

The broad breasted, artificially inseminated turkeys have become significantly larger than in previous years. WIRED.com stated, "Turkeys more than doubled in size in that time from an average of 13 pounds to an average of 29 pounds... If the trend continues, we could see an aver-



PHOTO TAKEN from canadiandaily.ca Genetically modified organisms are scientifically manipulated plants or animals using biotechnology techniques.

age turkey size of 40 pounds by 2020."

GMO Solution: Organic **Foods** According to the United go fully organic."

States Department of Agriculture (USDA), the best way to avoid GMOs and artificially inseminated foods is to eat organic. Foods that are organic are labeled 100 percent organic, organic or made with organic ingredients."

Foods that are genetically modified or artificially selected are not labeled like organic foods are.

"In fact, most developed countries have chosen to restrict or ban GMOs," said Harris. "At this time, the US is not one of those nations, but many individual citizens have made it openly known that they will not support GMOs or companies that do."

Harris said that she personally chooses to avoid GMOs. "GMOs are in the majority of processed foods in existence, but can be found elsewhere too,' she added.

"Up until the past few years I never thought about GMOs,"

stated Rebecca Zidik, a junior communication major. "But now I am more concerned about what I eat. It's just too hard to

Many people are unaware of what is in their food, therefore many people will consume their Thanksgiving meals without any awareness of artificial insemination or GMO's.

"I don't know so much about genetically modified foods," said Sam Martin, a senior criminal justice major. "[I am also] not very sure about the health concerns with GMOs.'

"I do not usually think about whether my food is genetically modified or not before I eat," said Jessica Rinaldi, a senior communication major. Rinaldi plans on eating a lot of turkey, cranberry sauce, sweet potatoes, veggies and more this Thanksgiving.

Ervin's advice, "Enjoy your Thanksgiving dinner and don't worry about GMO's."

For more information about labeling GMOs, visit http://justlabelit.org/ or http://yeson522.

Business School Hosts Seminar on Dangers of Sex Trafficking

ANGELA CIROALO NEWS EDITOR

The University welcomed attorneys Wanda Akin and Raymond Brown to discuss the United States. fastest growing industry in the world, business and criminal enterprise, during a seminar presented by the Leon Hess Business School on Nov. 13 in amount of people being traf-

Human trafficking, as stated by Don Moliver, Dean of the School of Business, is the act of recruiting, harboring, transporting, providing or obtaining a person for compelled labor or to command sex acts by the use of force, fraud or coercion.

Victims of human traffickencouraged in many forms, including child labor, child prostitution and child soldiering, Moliver continued.

Akin stated that victims of human trafficking are often harbored in very low resistance shelters where their movements are controlled. "They're locked in their rooms at night and only brought out to do the work that they were trafficked there to do," Akin said.

who specialize in criminal and white collar crime, they are also co-founders of the International Justice Project (IJP). The IJP mission is to promote human rights through the rule of law while providing holistic support to victims of the world's liver. "Where maybe 100,000 most heinous crimes such as genocide, war crimes, crimes be imported into NJ to work in against humanity and human restaurants, hotels, factories, trafficking.

The IJP reported that human trafficking is a modern form Super Bowl." of slavery. It is a \$32 billion

legal arms and the drug trade. It is a practice that claims 20 million victims worldwide with 150,000 people trafficked in the

Statistics about human and sex trafficking are only based on reported facts. They are not a true representation of the ficked because so many cases go unreported or unknown each

Akin explained that the issue of human trafficking is especially pertinent to University students because of the amount of trafficking that occurs in NJ. 'NJ is eighth in the nation for incidents of human trafficking are exploited, abused and ing," Akin said. "...Just in 2012 we had seventy to ninety cases of reported human trafficking."

Brown explained that the reason NJ ranks so high among trafficked areas nationwide is because "it has access to the major points of the world." NJ has access to NY and PA airports and receives millions of daily cargo shipments from all over the world.

Akin describes NJ as a commercial hub, meaning that it Akin and Brown are lawyers hosts a significant number of sporting events every year, including the Super Bowl.

"Despite NJ legislation, recently enacted human trafficking is something that we need of the Super Bowl," said Mochildren, men and women will and forced into child sex slavery during the period around

Âkin continued that the in-

industry, surpassed only by il- flux of business can be beneficial, although also has a sinister side. During the weekend of Super Bowl people that attend the game are mostly away from home, their families and their

As a result, girls, boys and even young children are trafficked to service "high rolling male sports fans who come from all over the world and who are going to be in our cities, towns, for just a few days," said

Akin continued, "It's a weeklong feast of all of the untouchable, hedonistic exploits that you can imagine."

The IJP has done studies on the previous Super Bowls that were held in Houston and New Orleans to prove if sex trafficking does actually increase during the time of the sporting event. Brown and Akin said that the results determined an incredible amount of sex trafficking and prostitution incidents that occurred in the area due to the sporting event.

In an attempt to fight back against sex trafficking, Akin and Brown have been working with IJP and the NJ Coalition "to work with legislatures, politicians and academics to come up with workable laws" to prevent the issue of human trafficking, Akin explained.

Akin and Brown co-founded to consider within the context IJP in 2004 to promote human rights through the rule of law and provide holistic support to victims of mass atrocities.

> Akin explained that IJP works to help heal and rebuild through providing legal, logistical and other forms of support to victims.

"The IJP adopts a holistic ap-

of mass atrocities that incorporates justice, advocacy, education, and health," according to the internationaljusticeproject. com. "Working at both the grassroots level with victims and civil society members and at the policy level with key decision makers, we aim to have long-lasting, sustainable effects."

The IJP works with a range of partners and different sectors including government, international organizations, nongovernmental organizations, academic institutions, lawyers, psychologists, health professionals, activists, students and the private sector.

proach to healing for the victims that this is a nonprofit organization, they are very dedicated and committed and I thought it was pretty nice that they came to educate us," said a freshman accounting major Harsimran Kaur. "I didn't know that there was human trafficking with the Super Bowl, I thought that was pretty interesting and I am probably going to go home and look into it."

Moliver said that the seminar was the first installment of seminars hosted by the Leon Hess Business School. "At least twice a semester we hope to have provocative issues of the day brought to the forefront by experts and e private sector. hopefully it will broaden your "I think it is pretty interesting horizon," said Moliver.



Raymond Brown, Wanda Akin and Don Moliver (left to right) posed for a photo after Akin and Brown presented a seminar at the Leon Hess Business School.

The Effects of Detox Tea

Tea from pg. 1

the right time. About 30 minutes before each meal is good."

Most of the tea websites suggest not only to drink the teas before every meal, but also to follow a specific diet. The diet includes only organic and natural foods and suggests not eating any raw vegetables and only drinking warm liquids. It is suggested that they will help boost your metabolism in addition to drinking tea.

Christopher Hirschler, a health and physical education professor at the University, does not condone use of the detox teas. He said, "The human body naturally does a would look at decreasing my exposure to harmful substances rather than investing in an unproven prod-

Alissa Brink, freshman graphic design major, started a tea detox about a year ago. She said, "I would not use a detox like this again. I should have done more research prior to using the tea. On the website they do not list any reviews or potential side effects of the teas. That should have been a red flag.'

Brink, when using the tea, was hoping not to lose weight, but to become healthier and rid her body of toxins. She explained instead of this, her body reacted to the tea as wonderful job detoxifying. How- if it had laxative qualities. She said, ever, many people overload it with "I immediately stopped drinking harmful substances. For example, the tea and saw my doctor. He said about 95 percent of humans' intake I am not the first person who did of dioxin, a potent cancer causing not know that the teas would have the teas can be purchased, by reagent, comes from animal products, this effect. If I kept drinking the

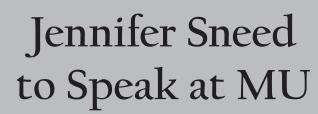
including meat, diary, and eggs. I tea, I would have lost an unhealthy amount of weight."

Franca Mancini, Director of Counseling and Physiological Services, suggests seeing a physician prior to using the teas, as well as using them in a healthy manner. She believes that some people who try diet fads can become more concerned with body image and significant weight loss than becoming healthy. She explained, "If there are underlying body image concerns, it can easily become a risky behavioral pattern for the person. Detox programs in general can affect other bodily systems, and since it will lead to what appears to be a weight loss, if the individual does have underlying concerns or perhaps an eating disorder, it could complicate things

and become an addictive behavior." ducing bloating, the body will shed pounds quickly. Doughty said that the claim of quick results is one of the reasons she and her friends started drinking the detox teas.

Chris Kelly, junior health studies major, said, "Crash dieting [and losing weight quickly] deprives the body of the essential nutrients needed for every day functions. It will be harder to maintain the weight loss over longer periods of time."

Professor Hirschler said, "When considering any health product it is important to ask several questions. Is it safe and effective? What evidence is there for the health claims being made? Is there a profit motive? And what does the FDA [Food and Drug Administration], CDC [Centers for Disease Control], or other credible health sources have to say about the product? In terms of weight loss – it's not magical. You don't need a 'special' tea [to lose weight]."



Monmouth University Shadow PR Firm and PRSSA Chapter will host their second speaker series event of the semester, featuring Jennifer Sneed, the PR Coordinator for Monmouth County's Habitat for Humanity's 30th Annual Carter Work Project, on Wednesday, Nov. 20, at 3:00 pm in room JP 234.

During Sneed's presentation, she will provide students with insight she gained during her time in the public relations field. Following the presentation a short question and answer presentation will be held.

Jennifer Sneed resides in Newark and is the former deputy state director for United States Senator Frank R. Lautenberg.

Additionally, Jennifer continues to work with Barbizon School of Modeling and Personal Development in Red Bank. Jennifer is a board member for Rutgers University Alumni Association (RUAA) and chair of the Ad-Hoc Committee on Charter Relations. She served as chair of the RUAA Communications Committee and was a member of both the RUAA Nominations and Awards and Recognition Committees. Jennifer is an active member and past president of the SC&I Alumni Association. She was also co-chair of her Reunion Class of 2003 Campaign Committee.





PHOTO TAKEN from http://organicmakeupgirl.wordpress.com Detox teas, which are being used to help lose weight, are being scrutinized as to whether or not they are actually beneficial to the body.



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Black ... Thursday?

THE OUTLOOK STAFF OPINION

Thanksgiving Day celebrations should be about catching up with family members and friends who have traveled long distances for the special occasion, stuffing your faces with trays upon trays of food and lounging around watching football. The holiday should not be celebrated by standing in hourlong lines, fighting the bitter, ruthless blasts of cold wind, and racing for the last 40-inch plasma screen TV that is discounted at 50 percent off at your local Best Buy.

This holiday, stores like Kmart are turning Black Friday into "Black Thursday" with sales starting as early as 6 am on Thanksgiving Day. Kmart is allowing its customers to shop for 41 hours straight starting Thursday morning until 11 pm the next day. Kmart and other stores such as Sears, which are open from 8 pm on Thursday until 10 pm on Friday, are providing customers with the urge to ditch family members and friends just to go on a hectic shopping spree before the turkey is even out of the oven

According to an article published in the Huffington Post on Nov. 12, Kmart has been open on Thanksgiving Day for 22 years and has been offering their regular and seasonal associates holiday pay; however, this is the first year that Kmart is not closing for a few hours before reopening for Black Friday.

One editor of The Outlook said, "We are feeding into our consumer based society that has taken over our holiday seasons. It reinforces the idea that in order to show someone you

something of financial value. The holidays should be about showing [family members] you love them through spending time together."

This invasion of the holiday season is unacceptable to majority of employees that have to work and to families that fall victim to this cruelty and injus-

It is predicted by The American Automobile Association that 93.3 million Americans are expected to take a trip this Thanksgiving, which will increase holiday travel by 1.6 percent. People aren't traveling these distances to go visit their relatives behind the register of a Kmart.

The corporate nature of America is stripping away the value of the holiday season. According to the Merriam-Webster Dictionary, a holiday is defined as a special day of celebration on which one is "exempt from work." This definition is holding to be untrue today with media over-commercializing and stressing the importance of dis-

One of the editors at *The Out*look has to work at Wet Seal this Black Friday and is absolutely furious.

Extremely outraged workers have even started petitions asking shoppers to boycott stores like Kmart.

Some consumers that are intense bargain hunters, on the other hand, heard these announcements and probably did cartwheels up and down their street. Some employees that enjoy earning the time-and-a-half pay raise for the occasion probsaid, "I work every Thanksgiv- this conundrum.

love them you need to get them ing and Christmas Eve and I love it. I make extra money and I don't mind missing out on some of the family dinner because I know that when I get out they will still be there and so will the

> What both stores and bargain hunters fail to realize, however, is most of the fun of Black Friday is searching for the right discounts at the right stores during the allotted time constraint.

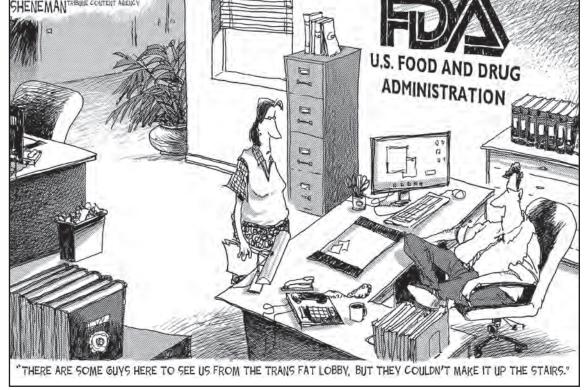
> Opening stores a day earlier forces shopaholics to forfeit family time in exchange for the power to purchase discounted merchandise before it all runs

> Some Kmart stores in Mass and RI will not open on Thanksgiving Day because of state and territorial laws that place restrictions on retail store hours during holidays.

> Stores that aren't opening nationally at all on Thanksgiving Day include Costco, BJ's Wholesale Club and Nordstrom. It is great to know that some CEOs and executive members of corporations, value family more than sales, and are willing to close to allow every employee the freedom to enjoy the holiday.

> The editors at The Outlook agree people shouldn't be forced to clock-in on holidays, especially Thanksgiving. Black Friday should stick to being on Friday, so that way, stores can still have a source of revenue, but not for an extended two days.

Thanksgiving is about giving back, and employers should implement this philosophy by unscheduling their employees, closing their stores, and giving this precious holiday time back ably did the same. One editor to those who were involved in



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The Outlook provides the Monmouth University community with information concerning issues in and around the University while serving as a forum for expression of the ideas of its readers.

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Goodbye Black Friday, Hello Cyber Monday

JACKLYN KOUEFATI EDITOR-IN-CHIEF

My fellow online shopping addicts, it's that time of year again. No, I am not talking about eating Thanksgiving dinner or waiting on ridiculously long lines at 3 am waiting for the best Black Friday deals.

I am talking about Cyber Monday. Just the name of it makes me warm inside. This day is when online shoppers set mental countdowns for and mark their calendars. If you're a little new to the online pure magic called Cyber Monday.

The term "Cyber Monday" was coined in 2005 after retailers were noticing their online sales were particularly high the Monday after Thanksgiving, according to cybermonday2013.io.

About 77 percent of online retailers saw their sales increase. Obviously, they wanted to take advantage of this so they decided to make it an actual event. In 2006, it was held on Nov. 27 and it made \$608 million in online sales.

In 2010, Cyber Monday made just over \$1 billion, according to cybermonday2013.io. As each year passes, more and more money is being made. So why would online retailers stop?

Cyber Monday is not only featured on online based stores like amazon.com and overstock.com. Stores all over take advantage of Cyber Monday.

In order to snag these deals though, shoppers must only make purchases online. That is the only way shoppers can get the Cyber Monday deals.

This year, stores like Walmart comfort of their home while still saving money by finding great deals on various websites.

a whole new level. Instead of just having sales on Monday, they are having a Cyber Week so there are new sales each day.

It starts the morning of Cyber Monday and lasts the whole week. Those who are as addicted to online shopping as I am, just let that last statement soak in for a minute-cyber Monday deals all week long. I am so excited I can scream. I think I hear my credit card screaming from anticipated exhaustion but that can be easily ignored.

If you are looking to participate shopping realm, I'll explain the in Cyber Monday this year, let me warn you of a couple of things. First off, if you are like me and have no

and Target are taking this day to self-control, this day may result in you becoming incredibly broke.

> I say this because there are so many amazing deals it is hard to say no. So before you put 50 shirts in your online shopping cart, take a step back and remember you are most likely a college student on a tight budget and you do not need 50 shirts. Maybe you just need 25 shirts. However, if you have the money to spend, then spend away. You will not regret it.

> Another warning is if you want to make the best out of Cyber Monday, then stay on your computer all day long. At absolutely no other time would I encourage someone to sit and stare at their computer

ber Monday, I am saying sit, stare and do not even blink.

This is because certain websites like amazon.com and overstock. com have savings that change hourly. This could mean that the laptop you were looking at around 1 pm could be \$100 cheaper at 3

RetailMeNot.com is the largest digital coupon site in the US. It allows users to download printable coupons or coupon codes that can be used for over a hundred different brands and retailers.

For Cyber Monday it will be listing the different deals on its website. So all shoppers need to do is go

screen all day, but in regards to Cy- to retailmenot.com and they can see the specific sales different stores are having on Cyber Monday.

Fans of Black Friday will love Cyber Monday as well because it features most of the same great deals without the long agonizing lines and the other rude customers. To me, Cyber Monday sounds better than Christmas, my birthday and every other amazing holiday combined.

Some stores allow shoppers to sign up on their website to receive information about the upcoming deals days before. I advise you to do this so you are prepared for what websites to go on what days and at what times.

Other stores partaking in Cyber Monday are Best Buy, Kohl's, Macy's, Express, Ugg and many, many more. Don't forget though that these deals are online only.

So don't try to go into Kohl's and demand you get that mixer you saw online for 50 percent off. They will most likely not give it to you for the discounted price and will probably look at you like you have five heads.

If you don't have a computer at home, go to the library or a friend's house. I promise you that Cyber Monday will not disappoint any fellow online shopping addicts or new online shoppers.

Cyber Monday this year falls on Dec. 2. I know I'll be at my computer with my credit card at hand. What will you be doing? Hopefully the same thing. If not, I praise you for the strong willpower you have because everyone knows I cannot pass up online exclusives.

Now, excuse me while I mentally prepare to spend all of my money in



Cyber Monday allows those who fear being trampled on Black Friday the ability to shop online from the

The Forgotten Thanksgiving

WILLIAM ROMBA CONTRIBUTING WRITER

If you've turned on the television over the last couple of weeks, you have definitley noticed that every other commercial seems to have a Christmas theme to it.

Whether it's an ad for Hershey Kisses in red and green wrappers set to "We Wish You a Merry Christmas" or one for the latest editions of the Hess toy truck, the commercialization of Christmeaning of the season that Linus spoke about in A Charlie Brown Christmas.

effect of all of this merchandiz- than Thanksgiving, should be ing that many people do not often cause for alarm. Turkey day used think about: What happened to Thanksgiving?

That line about Christmas coming sooner every year has become something of a running joke. But in recent years, whether people have noticed it or not, Thanksgiving has become less of a holiday and is now probably best known as just the day before Black Fri-

Over the last few years, more and more stores have been taking away turkey day as a day off for their employees in the name of turning a profit and 2013 will be no different.

Walmart recently announced that, in addition to giving employees who work on Thanksgiving extra holiday pay, the retail giant will also be providing workers with a 25 percent discount off a future purchase and a turkey dinner with all the trimmings.

that stores like Best Buy, Kmart, big screen in the living room.

Toys-R-Us and Target will also be offering employees additional holiday pay.

Despite these stores remaining open to try and stay competitive, people have started Facebook groups and made their opinions known that they will not be doing any shopping on Thanksgiving.

Contrary to this, NBC also reported that the value of Black Friday weekend reached \$59.1 bil-

Between Black Friday and the mas has definitely diluted the true early onset of Christmas, Thanksgiving has simply become lost in a flurry of red tags and colored lights. The fact that Black Friday But there is also another side has become more of a holiday to be about getting together with family, watching football, the Macy's parade and eating until you slip into a food coma.

Now it's the day to set up a tent in front of Best Buy to get a deal on the latest Apple gadget and make sure you get it before all the suckers who waited until 3 am Friday morning to head out and buy

This practice of stores opening on Thanksgiving is unfortunatley not going to change anytime soon. As long as they continue to offer such huge discounts, people will continue to shop on whichever day those bargains are offered.

However, it is a shame that these savings are coming at the expense of a traditional American holiday.

This year, let's not make Thanksgiving "the forgotten holiday" and try to be thankful for something a little more meaning-NBC News online also reported ful than the great deal on the new

The Satisfying Feeling of Conquering Fears

NATALI GRECO

"There is only one thing that makes a dream impossible to achieve: the fear of failure," Paulo Coelho, "The Alche-

What exactly is fear, the inability to move forward because of the unknown, or is it actually the extra strength needed to keep on?

The fears people face on a daily basis vary all over the spectrum. Fears vary from the common fear of spiders and heights, to the fear of failure, unhappiness, and even love.

I don't think anyone truly knows where fears come from or what triggers them, but what people have come to learn, is how to live with them.

We have our ways of conquering each of our fears. I, for instance, have overcome quite a couple in my short twenty-yearold life.

When I was much younger, I was terribly afraid of heights. My fear was grand, I never even learned how to climb monkey bars and have failed to do so to this day. My fear of heights also triggered a fear of roller-

However, one day I simply got tired of sitting on the sidelines while the rest of my sisters had a blast flying through the air that I finally decided to ride the Six Flags rollercoaster, Nitro, for the first time ever.

Riding that rollercoaster was one of the best experiences of my life and definitely one I will never forget.

came a bit more serious than a ride at an amusement park. When I was sixteen, I met the one who would become my first

Now I was no longer afraid of heights-this time I was afraid of falling in love. I was nervous of becoming attached to someone

"Dreams are our biggest inspirations in life and they should always remain that way, don't be afraid to go after them."

who could walk away any minute. I was avoiding having to trust someone who could hurt me as easily as they could make me happy.

I was afraid to let someone in. I overcame that fear and what I was most afraid of happened, as I am no longer with that person. But at the end of the day, I had overcome a fear as well.

Yes, there was pain and regret, but I'd do it all over again because I am no longer afraid of love and what comes with it.

We must fall in order to get back up. Falling is part of life,

As I grew older, my fears be- and if that's what it takes to overcome a great fear, and then let it be.

> Life is all about taking risks; whether it's trying a new type of sushi, a new hairstyle, or a new person to trust with our hearts.

> The risks we take to overcome our fears shape our lives. The dreams we have for our futures and the hopes we have for our lives, they're all achievable. There is absolutely nothing that we cannot do.

> Fear, however, loves to get in the way and convince us we are not capable of making our dreams come true. Don't let that happen to you.

> Don't hold yourself back from a magical experience, a wonderful life and a fulfilling opportunity because you're afraid

> Overcoming any sort of fear is such a wonderful feeling of accomplishment. The feeling of being satisfied and facing something that could be troublesome is unexplainable.

> "There is only one thing that makes a dream impossible to achieve: the fear of failure," don't let that happen to your dreams.

> Dreams are our biggest inspirations in life and they should always remain that way, don't be afraid to go after them.

> Even if we fail, how could we ever realize what success is without ever experiencing fail-

As they say, "don't let the fear of striking out keep you from playing the game," the game itself is so much more worth-

"Cao Goes to Washington" Shows Battle Between Citizens and Party Lines

JOSEPH FATTORUSSO CONTRIBUTING WRITER

"Cao Goes to Washington" is a documentary about former Congressman Joseph Cao that was shown in the Pollack Theater on Nov. 12, directed by political documentarian, S. Leo Chiang, regarding Cao's battle between the Affordable Care Act and the Republican Party.

Chiang took those in attendance on a personal journey into Cao's election into office in New Orleans, as a Republican Asian where a majority are Democratic, as well as African American. Views saw his struggle for reelection after voting "nay" for confidence Cao's supporters had the Affordable Health Care Act (ACA) during the second voting for the House of Representa-

Cao's initially voted for the ACA, which he explained, "The people down here need it, my people need it, and the needs of the people for outweigh the

While the people of New Orleans supported him, Republicans were disgruntled, and the Democrat's claimed he was in the wrong party.

However, as the documentary unfolds, the audience learns that Cao is a Republican because he is conservative especially about pro-life issues. When the second round of voting commenced, Cao realized that the provisions for abortion were not changed and he took to the podium, to exclaim why he would not support the ACA and cast his vote "nay."

succeeded in having a 100 percent "nay" vote against ACA. This, however, we learn hurt Cao's re-election for a run for a

Ann Babeuf, a communication major, said, "Congressman Cao was sincerely interested in helping people but cast his vote in favor of the healthcare initiative with imperfect information. When new information became available to him, federal funding for abortions and he voted "nay" during the second round, Congressman, from a place he appeared indecisive and lost the confidence and support of the public."

> Chiang showed the lack of for him during the documentary. Chiang was trying to show the every day life of a Congressman and what challenges he [Cao]

> Proctor and Presenter of the Film, Dr. Michael Phillips-Anderson, assistant professor of communication said, "It is always hard to say what a director or other author was trying to do, but from Mr. Chiang's comments in the Q&A it seems that he wanted the audience to see the pressures put on members of Congress to please their constituents, parties, and funders."

> Phillips-Anderson continued, "I think he also wanted us to see how Cao, as the only non-white Republican member of Congress tried to find his place in the par-

This message was seen throughout the documentary, because Cao is a conservative but

The Republicans officially he was in support of same-sex marriage

> The picking and choosing and lack of confidence in Cao can be seen by the President and why he has yet to win over the public on

> Philips-Anderson said, "Obama convinced people the ACA is a good law, the answer has to be no. Obama seemed unprepared to advocate for the law after it was passed or at various stages in the roll out. He knew there was significant opposition, some of it deliberately misstating the features of the law."

> Phillips-Anderson continued, "The public seems to not like the law, but also seems to want several provisions of it (coverage for pre-existing conditions, kids staying on parents plan until 26). The President has failed to persuade people that this law is the best way to achieve those goals."

The film was eye opening to all who saw it since it really went up close and personal with a Congressman and showed it is by no means an easy job.

Chiang explains that members of Congress needing to please many people, the public is not as merciless, as he explained during the Q&A session. Chiang believes that this is why the Republican Party, along with Cao, struggles so much. Chiang said, "It is hard to make it work to be liberal for a state and too conservative for the city." This was in direct reference to Cao being Congressman in New Orleans, but Chiang also gave those thoughts about the Republican



Republican Congressman Joseph Cao was the only Republican to originally vote "yes" for the Affordable Health Care Act but after there were amendments to the bill, he voted "nay."

JFK Killed 50 Years Ago: What Actually Happened? Depends on Who You Ask

MARIA RECIO

Conspiracy theories began swirling almost immediately after President John F. Kennedy's assassination in Dallas on Nov. 22, 1963, and have never really stopped.

A spate of new books reexamining that moment in anticipation of the 50th anniversary has revived some theories, tried to squelch others and found intriguing new details of botched investigations or deliberate concealment by au-

There's a ready audience: 61 percent of the American people believe that Lee Harvey Oswald did not act alone in killing the president, according to the most recent Gallup poll, released Friday. While the percentage of those who believe in a conspiracy is the lowest since the late 1960s, it confirms the public's ongoing doubts about the "lone gunman" theory.

The likely conspirators?

The poll found that 13 percent believe the Mafia and 13 percent think the federal government was involved; seven percent named the CIA; five percent each believe Cuban leader Fidel Castro, "special interests" and political groups were responsible; the Ku Klux Klan, then-Vice President Lyndon Johnson and the Soviet Union each drew three percent.

The belief in a conspiracy

years of polling. Doubts also persist about the findings of the Warren Commission, which was created by Johnson, after he beby Supreme Court Chief Justice more than one gunman involved?

ly have doubts that he was motivated by himself."

Kerry touched on several of came president, to investigate the theories that have swirled

hasn't diminished in nearly 50 News' Tom Brokaw for a 50th didn't agree with another popular anniversary package. "I certain- theory that the CIA was behind the assassination. Some skeptics of the Warren Commission report maintain that the Central Intelligence Agency was huthe assassination and was led around the assassination: Was miliated by Kennedy's refusal to provide air cover for the Bay of

The poll found that 13 percent believe the Mafia and 13 percent think the federal government was involved; seven percent named the CIA; five percent each believe Cuban leader Fidel Castro, "special interests" and political groups were responsible; the Ku Klux Klan, then-Vice President Lyndon Johnson and the Soviet Union each drew three percent.

Earl Warren.

It is a deep-seated belief _ that no single man could commit what some consider the crime of the century that's been part of the American psyche since the 1960s and that got a Hollywood boost from director Oliver Stone's conspiracy-fueled 1991 re-creation, "JFK.

But it's also one that no one speaks about too loudly, as Secretary of State John Kerry discovered earlier this month when he said publicly that he didn't think Oswald had acted alone, only to clam up within days.

To this day, I have serious doubts that Lee Harvey Oswald acted alone," Kerry told NBC

Beside Oswald's perch on the sixth floor of the Texas School Book Depository, did more shots come from the grassy knoll at Dealey Plaza? Did Cuba and the former Union of Soviet Socialist Republics communist nations furious at being pressured to remove Soviet missiles from Cuba figure in Oswald's action?

Oswald, a former Marine, defected to the USSR for several years and married a Russian woman before returning to Texas. He was also considered a Cuban government sympathizer who, seven weeks before the Dallas shooting, was in Mexico

City trying to get a visa to Cuba. Kerry told Brokaw that he

Pigs plan, a failed effort that the agency backed to invade Cuba and overthrow Castro. But when Kerry then appeared on *NBC's* "Meet the Press," presumably to talk about foreign policy issues, the former Massachusetts senator refused to respond to questions about the assassination.

But others have weighed in. In "A Cruel and Shocking Act: The Secret History of the Kennedy Assassination," former New York Times reporter Philip Shenon opens his book with a revelation that the Navy pathologist who examined Kennedy's body burned the original autopsy report because it contained unending suspicions and cynidrops of the president's blood. cism."

The book also has new details about Oswald's time in Mexico City, including meetings with the Russian KGB, which the CIA allegedly hid from the Warren Commission investi-

"In Mexico City there were a lot of people who wanted to see Kennedy dead who met with Oswald," Shenon said.

Still, Shenon isn't pushing a conspiracy theory.

"All the most credible evidence points to Oswald as the shooter of the president and the killer of Tippit," he said of Dallas Police Officer J.D. Tippit, who was killed trying to detain Oswald. "My suspicions are who else knew and if he was encouraged to do it."

University of Virginia professor Larry Sabato concludes in "The Kennedy Half-Century" after extensive research that the "evidence" of a fourth shot and therefore a second gunman instead of the three shots witnesses heard was wrong. Studies of recordings from an open microphone on a Dallas police officer's motorcycle don't include the sound of any shots, said Sabato, because it was too far away.

The debate over Nov. 22 will likely never end," he said at the book's release at Washington's Newseum last month, adding that the Warren Commission has led to "50 years of

Univeristy Students Participate in United Nations Academic Impact Discussion Panel

BRITTANY HARDAKER

JESSICA ROBERTS ASSITANT POLITICS EDITOR

The Political Science and Sociology Department sponsored a day trip to a United Nations Conference in New York City on Monday, November 18. Students and faculty were able to participate in a discussion with other universities for the third anniversary of the United Nations Academic Impact, an organization dedicated towards Department of Political Scimaking a difference in education throughout the world.

The United Nations Academic Impact (UNAI) is dedicated to sharing a culture of intellectual social responsibility High School." and provides a forum for young academics to come together to personal experiences. The Conference was held in celebration of UNAI efforts over the past three years and promoting their future successes. Representing the University on the panel was Dr. Rekha Datta, an associate and Daniel Roman, a junior political science major.

In an effort to introduce the from Asbury Park High School. arious individuals who have He said, "The mentors ofvarious individuals who have been working to make a difference through the youth forum, Datta, along with several other scholars, discussed how far the UNAI has come since its of higher education and career creation in November of 2010. Each scholar, in their professional capacities, discussed the organizations that they are involved in and how they are directly related to the organiza-

Datta said, "Today, students and representatives from Monmouth University had the unique honor and privilege of sitting in the historic ECOSOC chambers of the UN, a room where ambassadors and ministers from around the world gather to make major decisions of their own at the high school." about the social and economic development challenges facing the world."

She continued, "As we listened to a panel discussion and conversation among more than 200 high school and college students passionately expressing their commitment to makwith joy and hope."

demic institutions including Bishops surprise us every year, Big Brothers Big Sisters of during childbirth.

Monmouth University, Leigh University, East Stroudsburg South High School, St. Joe's High School, and an organization entitled CityKids which aims to empower young people (13-19 years old) through arts and education.

Roman introduced similar programs that the University participates in to empower the youth through education. He explained, "A UNAI partner, Monmouth University in New Jersey, through its Institute for Global Understanding and the ence & Sociology, has created a unique and ground-breaking mentorship program between the University students and students attending Asbury Park

Project BAM, a mentoring partnership between Big Brothdiscuss their ideas and share ers Big Sisters is reflective of UNAI principle number 3 which puts an emphasis on the importance of education internationally. Roman explained throughout his speech that every year since the program was developed University students professor of political science volunteer to serve as mentors and are matched by Big Brothers Big Sisters with 15 students

> fer the high school students opportunities to listen, engage, and empower them toward achieving their dreams goals. Through a friendly and collegial partnership, the high school students are exposed to the offerings that Monmouth University, as a neighbor institution, could potentially provide them."

> Roman continued, "Soon after the mentorship program was created, the Asbury Park High School students, after participating in a debate workshop as part of the program, became enthusiastic about debate and wanted to create a debate team

With the aid of the University debate coach Dr. Joseph Patten, the Debate Hawks have worked directly with the Asbury Bishops debate team by coaching them to compete in policy debate. Roman explained, "Their optimism and excitement for policy debate, amazes me. No ing a difference, my heart filled matter what happens in a round, they always keep a smile on After the introductory re- their face because they know marks, the panel transitioned they will be better people, just



University students participated in a panel discussion about the importance of education and the youth for the United Nations Academic Impact.

with their dedication and commitment to better themselves."

Roman, like many of the other youth panelists, discussed how such programs work to provide better futures for all those who participate. He explained that through the debate program, "The greatest achievement however, is the success our debaters achieve after they leave APHS. Last year, every graduating senior moved on to college, or the military. We see the debate team as a medium in which we can better the future of all those who compete."

Datta said, "The Monmouth University group, led by panelist Daniel Roman, and ably assisted by his other debate team members attending, representative for Project BAM, Gabriel Gunter, and participant in Project BAM from Asbury Park High School and now MU student, Miguel Nunez, did us proud. Daniel's presentation received a rousing ovation, as did the questions and comments from the MU contingent."

Datta continued, "To me, as an educator, this is what student engagement and a relevant college experience is all about learning about your subject matter, but also taking that extra step beyond the classroom, and demonstrate your commitment to making a real difference in society, in the lives of others. I want to congratulate our students, express my thanks to them and the MU commu-

Monmouth & Middlesex counties, and the outside funding agencies who have supported us through the years to make these mentorship programs possible."

Roman said, "I am extremely humbled to be a part of the forum. I never saw myself speaking in front of so many people." Although he was proud of his own accomplishments, he explained how his favorite part of the forum was the Ouestion and Answer session with audience members and online participants who asked their questions via social media.

The questions led to a discussion on gender inequality in which members of the panel including Noorjahan Akbar, co-founder of Young Women for Change and the 2013 Glamour Magazine College Woman of the Year, conversed about the obstacles that some women must overcome in order to receive a proper education.

Dylan Maynard, a senior history major, said, "I thought that the diversity shown on the panel was extremely important especially the panel on the empowerment of women worldwide. It is extremely important in breaking down gender stereotypes and barriers."

The Conference moved forward to a special theatrical trailer presentation of director/ producer Maggie Betts' "The

The trailer was followed by an interview between Rachel Zanders, of Chestnut Hill College, and Betts in which they discussed the main character's journey as she was tricked into a polygamist marriage in an African tribe. Through her marriage she has contracted to AIDS virus, from her husband and tried to prevent passing the virus onto a child. However she became pregnant, which the director explained was the worst thing that had ever happened to her, even more so than contracting the virus because she feared passing it onto her baby.

Liz Anderson, a senior political science major, said, "It was beneficial to see how educational outreach impacts not only on the local level with programs like the Asbury Park Debate Team and CityKids, but also on a global scale with the theatrical trailer of 'The Carrier.'

Gabrielle Gunter, a senior sociology major, said, "I find it important that the University has involvement with UN programs that allow us to gain insight from different Universities and schools in working with UNAI Initiatives."

Roman concluded, "The UN, and programs such as these enable students and the youth like us to challenge ourselves to cross new frontiers of change. I, on behalf of everyone at Carrier;" a documentary that Monmouth University, thank looked at the AIDS epidemic the UNAI for serving as that in Africa and how the disease conduit for change and for proto students from different aca- by being there. The Debate nity, Asbury Park high school, transfers from mother to baby viding us the inspiration and the support."



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Holiday Decor: Turkeys, Pilgrims and More

Right after Halloween, the world seems to jump right into the winter holiday season. It seems like we make a jump from spider web and jack-o-lan- radio/TV major Allie Phillips is tern covered homes to colored lights and reindeer. We tend to overshadow the holiday right in the middle, Thanksgiving. Thanksgiving Thursday is even overshadowed by Black Friday, when everyone fights for the tags are themed based on the best gift deals for the next upcoming holidays.

A junior public relations major Laurel Weber said, "I don't think it's right that Thanksgiving in general gets overshadowed by holidays like Christmas because Thanksgiving is a holiday that our country was founded on, whereas religious holidays, only some of the country celebrates. Decorations for Thanksgiving should be essential for everyone to take part in the holiday spirit, not just skip onto the next one."

Nonetheless, if you don't rush your holidays away and wish to appreciate each one of them, there are plenty of Thanksgiving decorations to use. Don't feel like spending too much money, but want to get in the spirit of Turkey Day? You're in

You can start off with the easiest and cheapest way by walking outside. Pick up some different colored leaves and take them inside. Rinse them off to get the dirt washed away, and lay them out to dry. Stick them in a closed book for a day or two to flatten them out. Get a long piece of string ready. Cut out bubble letter words like "Happy Thanksgiving" or "Be Simple DIY projects can create beautiful, homemade Thanksgiving tablescapes this season.

make them yourself from paper. Paste them onto the leaves so they spell out a Thanksgiving phrase, and hang them from string on a wall or mantle.

familiar with finding cheap and easy ways to decorate door tags since she is a Resident Assistant in Oakwood Hall. Monthly, the RAs must make door tags for the residents and usually the time of year.

"For Thanksgiving, I made foam maple leaves in maroon,

ors and used puffy paint to actually giving thanks. If you write the residents' names on have any leftover pumpkins them, then covered them in glitter," she said.

An education major and RA, Junior public relations and Mariola Cieloch said, "For the month of November, I decorated my door tags and bulletin board with Thanksgiving decor. I feel that often Thanksgiving is overshadowed by Christmas. Therefore, I wanted my residence not to forget about Thanksgiving but look forward to the break.'

> After you've got your place prepped with a Thanksgiving

Thankful" from magazines or orange, yellow and brown col- leaf sign, it is time to focus on a small beak from construction from Halloween, don't throw them out. The next idea is to make those leftover pumpkins into a turkey. If you don't have pumpkins, you can use anything from a stuffed sock to a paper plate for the turkey's body. For a mini version, you can even use a plastic spoon. You might want to pick up some red and orange construction paper and googly eyes from the dollar store for this one. After putting the eyes on whichever body you've assembled, cut out

paper as well as feathers. On each feather, write each reason why you are thankful for your roommate and glue them onto the turkey. When your friends are checking out the turkey, they'll be delightfully surprised to find the hidden messages!

Now that you've got your turkey, pilgrim decor is a must as well. Next time you're buying solo cups, buy black instead of the classic red. Glue the black cup onto a cut out circle of construction paper. Then, cut a square from yellow paper and glue it in the center of the cup. There you have it, a simple pilgrim hat center piece for your dining room (or dorm room)

Pinterest.com is a great site to get ideas from. Communication professor Mary Harris said, "Social media sites such as Pinterest and Facebook have connected us to blogs galore, where holiday decoration ideas are abundantly shared. On Pinterest, for instance, any user can search 'Thanksgiving ideas' or 'Thanksgiving decorations' and then filter the search by pin or board, and there are are a variety of DIY projects and craft ideas to choose from. If used properly, Pinterest and other content we retrieve from Facebook or blogs can encourage us to get more creative and expand our artistic horizons."

Remember, with these easy and cheap methods, you can make your living space Thanksgiving ready. This holiday gives so much for us to celebrate, like spending time with family and friends and sharing a delicious meal. Thanksgiving is a day to be grateful, so whip out your creative side and decorate.



PHOTO TAKEN from projectnursery.com

Non-traditional Thanksgiving Recipes Sure to Please

KAILA LANE CONTRIBUTING WRITER

Thanksgiving is that special time of year when family and close friends gather around the dinner table to give thanks for all that they have, while stuffing their faces with enormous these non-traditional Thanksamounts of food. Every single year, many families prepare the same old traditional Thanksgiving dishes. There's the turkey, sweet potatoes, stuffing, collard greens, macaroni and cheese, corn bread and let's not eat on the holiday. forget that scrumptious sweet potato pie.

ter year they tend to get bor- It's delicious."

ing. Non-traditional dishes can Who knows, they may eventually become part of the tradition. Even though you may not think so, there is a way to incorporate these dishes without Mr. Turkey feeling offended. With giving recipes incorporated into your family's Thanksgiving food tradition, you can create a unique feast.

Some students already have non-traditional foods that they

A sophomore biology major Danielle Raiano said, "My fam-Although these classic food ily eats antipasto and Italian choices are delicious, year af- wedding soup on Thanksgiving.

spice up a Thanksgiving meal. Jaclyn Franzi experiences the same kind of non-traditional meal. "I eat ravioli before turkey on Thanksgiving. Since I'm Italian, it has become somewhat of a tradition," Franzi said.

During the holidays, many people spend tons of money. Between food, gifts, decorations, and everything else, it can be costly. Thanksgiving can turn out to be really expensive because of the cost of food and desserts. However, you do not have to spend a lot to create something delicious. The following foods and desserts are affordable and easy to make at

Sweet and savory is a per-

A senior education major fect combination. A cranberry box pie can either have a baked turkey croissant is the perfect mixture of sweet and salty. In order to make this, all you need is turkey, (can be lunch meat turkey or homemade turkey), cranberries, lettuce, and a croissant. Cut the croissant in half, and stuff it with the turkey, lettuce, and cranberry sauce. This is the perfect twist to a traditional turkey sandwich and can be served as an appetizer on Thanksgiving.

Who doesn't love tacos? Turkey tacos are simple to make and delicious to eat. All you need is some flour tortillas. This sweet treat is sure to be a shredded turkey meat, and your hit at the dessert table. favorite toppings, like lettuce, cheese, and salsa. Create a sta- the traditional pie is a red veltion for guests to stuff their own taco and let the fun begin. This also serves as another great option for an appetizer while the guests are waiting for the main course.

Not everyone loves the traditional Thanksgiving meal but this problem can be solved.

A junior psychology major Kristin Waring said, "My family will be eating lasagna. I don't like stuffing or any kind of Thanksgiving food."

If you want an appetizer minus the turkey, try different dips. Spinach and artichoke, hot crab and pumpkin hummus are just a few possibilities. Just chips and crackers to go around.

tato or pumpkin pie. Pecan ice- of your family's tradition.

clustered filling or a filling of cream cheese and gelatin. Although there are some ingredients that would not likely be in your home, those ingredients are not expensive. Some of the ingredients are pure pumpkin puree, cream cheese, salt, and

To try something even more untraditional, surprise your guests with a banana icebox pie. All you need is vanilla wafers, butter, salt, condensed milk, vanilla extract, heavy cream, sugar, and of course, bananas.

Another great dessert besides vet cupcake with butter cream frosting. Almost everyone loves red velvet cake but combining it with butter cream frosting makes it even more tempting. Instead of a traditional cake, make red velvet cupcakes so that they are easier for guests to eat. Decorate the top with plastic turkeys for decoration to stick with the holiday theme.

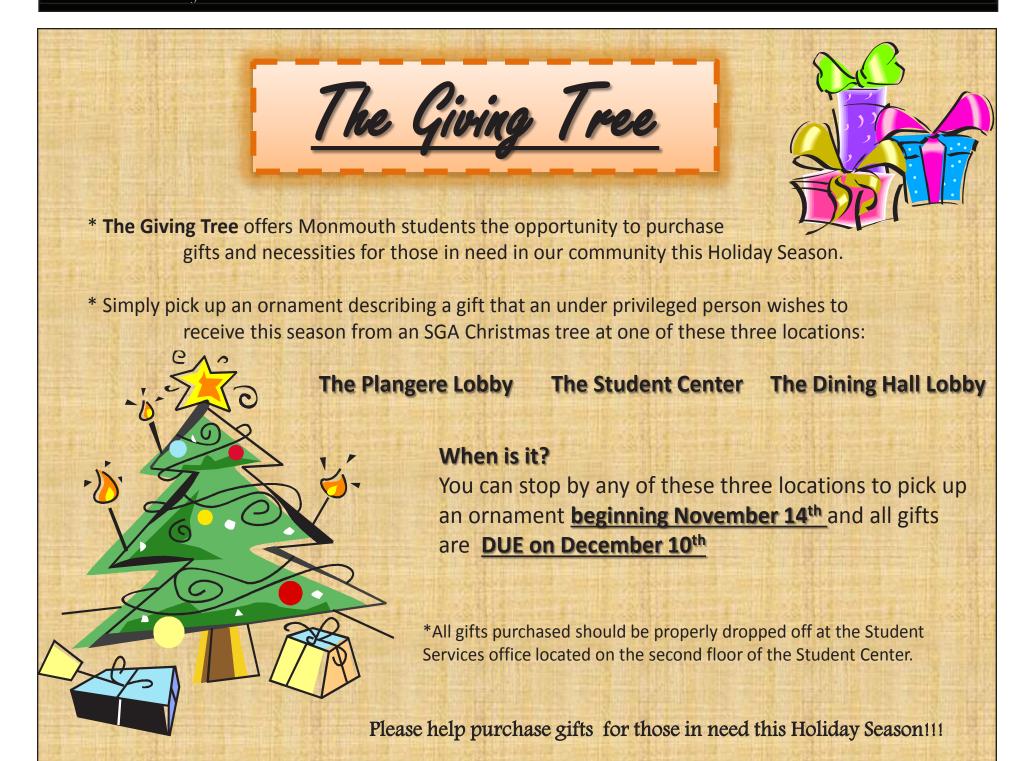
Although Thanksgiving is built on tradition, there are ways that you can make the holiday meal your own. By incorporating new additions to your traditional turkey and stuffing, you will keep your guests surprised and satisfied. This holimake sure you have enough day season, remember that there is nothing wrong with adding Pecan icebox pie is unusual new food and desserts to your for a Thanksgiving dessert and dinner table. You never know if is a stray from boring sweet po- your creation will become part



Turkey croissants can be topped with cranberry sauce, perfect for appetizers before the main course.



WHERE LEADERS LOOK forward



SERIES EXPLORES WWII-ERA BOOKS ELECTRICITY"

PETER QUINTON

Book history scholar John B. Hench delivered a lecture entitled "Never Far From Books," for students and faculty in Wilson Hall last Wednesday to educate on the growing and changing field of book studies.

Hench, 70, now retired, was Collections and Programs at the American Antiquarian Society (AAS), a national research library of pre-twentieth century American historical literature. Hench is also the author of the book "Books as Weapons: Propafor Global Markets in the Era of World War II," as well as an avid book collector with a collection cover. of over 1,500 pieces of literature.

This was the second annual event in the lecture series "Ink and Electricity: Advancing Liberal Learning in the Digital which was sponsored by the Humanities Department at Monmouth University. The event was free of charge and open to the public.

Students and faculty packed ally like my Kindle." into the intimate yet ornately decorated and gold-trimmed including scanned copies of Wilson Hall room, filling every elegant leather chair in the process and then some. Dr. Kristin Bluemel, Wayne D. McMurray-Helen Bennett Endowed Chair in the Humanities and professor ers have allowed for more effiof English, coordinated the event cient organization of literature, and gave a brief introduction before the lecture began.

Hench, who was accompanied by a large stack of worn, yellowtinted books, took a highly autobiographical approach to his lecture. He shared with the audience old print books just yet. "People how his father's prized book collection, his studies at Lafayette film and digital images may actu-College and Clark University, and many years of work for the American Antiquarian Society

lecting and researching books and book history.

"Throughout my life, I have never been far from books – lots and lots of books, actually," said Hench. "By the time my father died in 1965, most nooks and crannies in our house were filled with books."

Hench also discussed items of the Vice President Emeritus for his research on World War IIera literature, much of which, he said, was used to write "Books as Weapons." To illustrate his research, Hench presented a number of vivid examples to the audience, including a large, dark green children's picture book ganda, Publishing, and the Battle called "Jerry the Jeep," and an old GI magazine with a seductively posed female model on the

Much of his lecture, however, focused on the shift from print literature to digital, and how there's room for both in today's literary world. "I still love books and I expect the book form that we have known for centuries to not entirely disappear anytime soon," said Hench. "That said, let me state for the record that I re-

Hench feels digital literature, physical books and downloadable books for handhelds, have brought about many advantages to the world of research and book collecting, stating that computand has made many print sources more easily available and accessible to just about anyone, any-

However, Hench stressed we should not throw out those musty may not realize this, but microally not last as long as these old books themselves," said Hench. "It may be necessary eventu-

influenced his passion for col- ally to recapture the pages by technology not yet envisioned, and the originals will presumably still be on the shelves at the

> Most apparent from the lecture, however, was Hench's undeniable passion for books, as he vigorously emphasized the rush he gets while in library reading rooms, book stores and even dingy secondhand book shops. "A few years ago in London I reviewed an exhibition of the changing typographies of Penguin Books over the decades and almost swooned," Hench said humorously.

> After 45 minutes, Hench concluded his lecture with a 15 minute Q&A session for inquiring students asking about his World War II research, children's literature, and how he's managed his own collection over the years.

> Kaitlin LaRose, 21, senior English major, attended for extra credit in a class, but ended up really enjoying Hench's lecture. "I thought Mr. Hench was a great speaker, and the way he talked about books was almost mesmerizing because you could just tell how much he loves them," said

> Argyro Sourias, 22, graduate student of rhetoric, identified with Hench's passion for physical paper books. "I stand with my opinion that while digital media is a great technology for us, there are certain things that it just can't recapture," said Sourias. "There's no better feeling than holding the book and seeing the dog-ear you made, and that doesn't translate with digital books."

Following the lecture, Hench hoped that students would gain "A more general overview of what the field of book history is and may not be also." He wanted students to see how pursuing graduate studies in the humani-

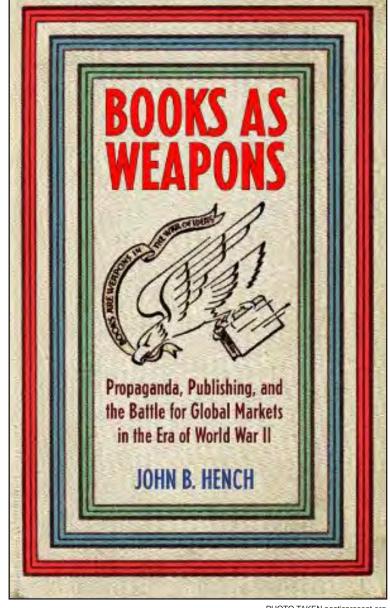


PHOTO TAKEN pastispresent.org

John Hench is an expert on books from the World War II era and shared stories of his life with books in a lecture at the University.

ties can lead to careers other than a discipline, and it can be enorteaching, such as working in a re- mous fun," said Hench. "It's search library like the AAS.

dents caught the book collect- it used to be, and it really can ing bug from his talk. "I think get you into something entirely that book collecting is a kind of new to you."

never been easier to find books Hench also hopes a few stu-thanks to The Internet than

No Applause for Lady Gaga's "ARTPOP

JESSICA DEIGERT

artists who packs a pop powerhouse punch and constantly outdoes herself. She has proven herself worthy of a pop icon of hers, from her creative style

but "ARTPOP" has put a pause in her platinum streak.

I've always been a huge fan

title in a few short years and is to her authentic pop songs and bearingly cheesy. It's calm, but now releasing her fourth album, more. I have had the pleasure "ARTPOP." As a mega fan of of seeing her twice in concert Lady Gaga is one of those hers, it isn't fun to admit this, where the woman surely can sing her heart out and dance like her life depends on it. I even saw her on the VMA red carpet, where news anchors shouted "Lady Gaga!" with joy as she walked by. She is a genuine talent and each album ("The on repeat. Fame," "The Fame Monster" and "Born This Way") kept up- present and it is "Gypsy", which failure with her new musical

ping the pop genre's game. One thing that Gaga has done superbly throughout each album has been her ability to synthesize pop gems that not only have become dance anthems, but keep you singing all day long. "ARTPOP" hits a steep, downward slope however. It doesn't have the same magic as seen in her previous albums and suffers from a strong lack of effort. Many of the songs included on this disc are disappointments.

To give praise where praise is due, I should start off with the good. The lead single, "Applause" is the first standout and rightfully so. It may not be the songstress' best effort, but it keeps you singing "I live for the applause" over and over with its catchy chorus. Her first choice for the second single, "Venus," is not only catchy, but has a futuristic sound that isn't over-

shadowed for becoming the doing so. "Jewels and Drugs" album's second single and it's is a collaboration with rap all because of the infectious "Do What U Want" featuring T.I. that is just a bad endeavor R. Kelly as its replacement. It hooks you in with its steady beat and begs for many listens entitled "Swine" is also just as

There's one more fun tune It's not to say that Gaga is a enters with a soft, ballad-esque sound, then kicks it up to an success. I would like to know upbeat joyride. This joyride unfortunately is not continuous, because the rest of the songs fall flat and possess no confidence or strength. "Dope" has all the potential to be a standout, arena ballad amongst the likes of her song "Speechless" (2009's "The Fame Monster"), but plunges very short of ever becoming a standout. She keeps her usually strong and vibrant vocals to a minimum, where there's so much potential for a maximum and beyond.

With songs entitled "Fashion!" and "Donatella," you would think that she'd put as much creativity and attention grabbing into them as the fashion world itself, but she doesn't. They both are bland, lazy and appear as if Gaga is not even trying to keep auditory atten-

Gaga also makes attempts with intertwining pop music "Venus" is quickly over- and other genres, but fails in stars Too \$hort, Twista and at a rap crossover. Her try at EDM (electronic dance music) painful to listen to.

> endeavor, but it sure isn't a big what happened here, because it seems like the Gaga that always went beyond to ensure a powerful album has taken a vacation. There's no wow factor, let alone a stellar standout song that "Poker Face," "Bad Romance" and "Born This Way" each were from their respective albums. This album struggles to find any consistency and any lasting, memorable tunes.

> "ARTPOP" may not be her greatest work, but it is not an overall disaster. There a few sprinkles of fun, but nothing that can even compare or overthrow her previous, dynamic hits. It wouldn't hurt to give this a spin, but don't expect to be impressed or ready to dance all night. Hopefully, this is just a grey spot on her colorful brick road of pop wonder.

PHOTO TAKEN from rollingstone.com "ARTPOP" has failed to live up to expectations critically and financially. The album sold an estimated 75 percent less than "Born This Way."

JOURNEY IN WILSON AUDITC

ANNA JOURNEY FEATURED IN VISITING WRITER SERIES

ALEX CHASE STAFF WRITER

the Wilson Auditorium on Nov. the last writer in the Fall component of the Visiting Writer's series, though there will be two more speakers this Spring.

these events are an instrumenment and create a well-rounded education. "I've attended all the VWS events since coming turnout is always strong.

Associate Dean [of the school of humanities and social sciencterrific job of creating and pubnot only students and faculty, but members of the community. We're lucky to have such a series."

The night began with Thomas's introduction. "Some people have accused me of loving power," he said as he neared the microphone, "but I really don't. I just love the feeling of approaching the podium and everything gets quiet."

This comedic greeting set the be a night equally funny, dark and sexual as Journey's work roller coaster turn to the next.

exciting as any work being written by any poet of her generation," Waters said. "Her poems are smart, funny, erotic, and moving. She writes out of all aspects of her personality."

tion of the audience, soon into

our identities from the stories we hear the stories we tell and from what we read. Imagine for a mo-A near full house gathered in ment where we might be headed when we read the title 'The Spirit 14 to welcome the poet Anna of the Hour Visits Big Pappa's Journey to our campus. She was Barbeque Joint' a poem by Anna Journey from her second book, Vulgar Remedies."

"What poet's like Anna Journey teach us is how the imagi-Michael Waters, Ph.D and nation is where life gets lived, professor of English, thinks richly, deeply. As readers and listeners, we are also making anothtal part of our campus environ- er life. Furthermore, what Anna displays in her work is that the imagination is a confession, its beauty, what is lasting is the how to MU in 2008," he said. "The disturbingly truthful the imagination really is," he added.

Waters agreed and noted, "Although her subject matter is es] Michael Thomas has done a sometimes dark, the work overall is affirmative. Her narratives are licizing the series, attracting so interesting and lively, her diction so charged, that I think folks will find her and her work compelling.'

Journey soon took to the stand, beginning by describing a dream she'd had the night before where her mouth had been cut open like the Joker from the Batman franchise, causing her tongue to slip through the wounds while she talked. "So far so good!" she laughed.

Her first choice was "Adortone for what would turn out to able Siren, Do You Love the Damned?" from her first book, "If Birds Gather Your Hair for style was immediately apparent "Anna Journey's work is as from lines like "The Devil pries acting as any work being writopen my red hibiscus" and "the brine of B.O."

She followed this with an anecdote about how "the worst job I've ever had was as a cashier for the outdoor lawn and garden sec-Thomas captured the es- tion" of Lowe's, as well as how sence of poetry, and the atten- her mother suffered from severe paranoia. The next poem was his opening. He said, "We build based off these experiences, pro-



PHOTO TAKEN iopoetry.org

Anna Journey is a poet from VA. Among her many honors is the 2011 National Endowment for the Arts Fellowship for Poetry.

vocatively titled "Lucifer's Panties." In it, she wrote about how "All men who ask young girls for directions from vans are serial killers," and how she went about renaming the flowers to more appropriate things, including one plant that she called Lucifer's Panties, explaining the title.

brought the audience from one Nesting." Waters's note to her English major (with a concentration in creative writing), said, "I liked the imagery, especially about the eyeball sucking, which was strange."

The next was "Warning", a piece about a heat wave that struck one summer while she lived in Houston, featuring vivid images like "I must've singed the buds in his tongue to desert thistles—left a taste like a saint's charred footprint."

This was followed by "Vulgar Remedies (2): If You Hold a Dying Creature during Childhood" and an explanation that she draws a lot of her influence from folk tales. One in particular stuck out that holding a dying animal during childhood will make your hands shake for the rest of your Jeremy Mancini, a sophomore life. The narrator opens with "I thought caffeine, a strained tendon from typing with my wrists curved back. I thought bad nerves. Instead, it was the bird..."

Journey continued to "Wedding Night: We Share an Heirloom Tomato on Our Hotel Balcony Overlooking the Ocean in Which Natalie Wood Drowned" which referenced the aforementioned starlet throughout. It reads, "After Natalie rolled into the waves, the wet feathers of her down coat house.

wrapped their white anchors at her hips."

This was followed by the poem mentioned in Thomas's introduction, "The Spirit of the Hour Visits Big Pappa's Barbeque Joint." She continued on to "When I Reached into the Stomach of a Fistulated Dairy Cow: Sixth Grade Field Trip to Sonny's Dairy Barn," "St. Bruise," and the final poem read was "Confessions of a Fire Starter."

Following these, the traditional Q&A opened up. During a number of her poems, she referenced a young man "sucking on my eyeballs." Understandably, the first person to ask a question wanted her to explain that recurring element. After a moment's thought, she said, "I think your obsessions remain mysterious until you look back and see it in your work."

Journey added, "There's also something perilous about adolescent sexuality."

In explaining her home life, she laughed about how her mother's paranoia was paradoxically coupled with an obsession with serial killers, and how her mom will sit around the kitchen table talking about Lizzie Borden and other famous murderers.

She ended the night by reciting an excerpt from Sylvia Plath's "Lady Lazarus,", earning another round of applause.

Overall, it was a captivating night for the whole audience. Journey was available to talk and sign books after, a chance to which many audience members flocked. It's clear that those who had a chance to see this latest Visiting Writer will be eagerly awaiting the next, so be sure to get out to the next one-and get there early, if you want a seat, because it's sure to be a full

hat's in Store for the Games of PS4

MATT MANCUSO

Sony Computer Entertainment's new home gaming console, the PlayStation 4 (PS4), released on Nov. 15 to much fan look forward to in the months in a party, the game will concelebration. Sony held an all-access event in New York City the online, thanks to Spike TV and Gametrailers.com.

store fronts across the country, hoping to snag their own brand new PS4. The system's launch platforms. lineup of games offered a host of different options, catering to fans of shooting games, sports, in a science-fiction, open world racing, platforming games, and more.

Among this list includes "Killzone: Shadow Fall." "Knack, Battlefield 4," "Need for Speed: Rivals," "Call of Duty: Ghosts," "Madden NFL 25," "Assassin's Creed 4: Black regarding this feature are cur-Flag," "Resogun" and more. rently scarce. Many of these games are sequels, so if you enjoyed previ-

hold for PS4 gamers? The sys- events will occur that are not reputation among others in the tem has had a very successful happy to receive their system during launch night and days beyond. But what do we have to is encountered by four players to come?

night of Nov. 14, announcing game releasing next year is in eight of them fight the boss in- Famous" series, the game is new games and revealing more the form of "Destiny," a brand stead of the four, allowing for a centered on the real-life city "Octodad," "The Witness" and information about future titles new franchise coming from the leading up the midnight launch creators of "Halo." The develof the system. This event was opment studio called Bungie televised as well as streamed has worked on the "Halo" series since the very first "Halo: Combat Evolved" released for the On the night of the Nov. 14, original Xbox back in 2001. So thousands of people lined up at it was exciting news when the company announced their new title is coming to PlayStation

"Destiny" is a first person shooter role-playing game, set setting. Players are able to create their own character and battle together with friends against opposing alien species, leveling up and unlocking new weapons

Game making company Bungie has defined the game as beous ones in the series, you can't ing "player-driven" meaning go wrong with the new editions. that if a player is connected

planned by the developer but launch, with millions of people happen to create a more fluid experience. An example of this would be if a large boss enemy nect two different sets of play-Perhaps the most-anticipated ers online together, and have all large-scale battle.

every game-playing experience an exciting new title that is on PS4 gamers, so keep an eye out unique, allowing for more exciting stories to be told about the game experience. Releasing a multiplatform title is a first for the studio, and Bungie has a lot of expectations to fulfill. Look out for the upcoming multiplayer beta version to arrive first to PlayStation owners sometime in Spring 2014.

A new game from Sucker Punch Studios called "inFamous: Second Son," sequel to 2011's "inFamous 2," is headed to PS4 on March 21. The game features Delsin Rowe, new protagonist and superhero (or villain) in the series with the ability to control smoke and fire.

One of the main hooks of the "infamous" series is allowing players to make choices which determine how people perceive their character. The good choic-But what does the future to the online network, random es you make lead to a better

yield negative reactions and change the narrative. As Delsin, the player is able to shoot smoke and fire, using their powers to take down enemies and traverse the open-world map.

of Seattle, rather than one that many more. Events like this will make is fictional. "Second Son" is cluding mine.

Lots of other interesting tigame, while poor choices will tles await in the coming year and beyond, including games like "Uncharted," "Metal Gear Solid V," "Final Fantasy XV," "The Order: 1886," "MLB 14," "Tom Clancy's The Division," ne open-world map. "Kingdom Hearts III," "Drive-For the first time in the "in-club," "Elder Scrolls Online," "Watch Dogs," "Transistor,"

It'll be an exciting year for many PS4 gamers' minds, in- for these titles. All of them appear to be worth checking out.

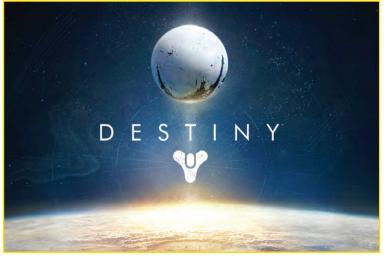


PHOTO TAKEN from edge-online.com

"Destiny" is from the makers of "Halo." The game took first place at Gamescom, which is the world's largest trade show for the gaming

Professor Spotlight: Maureen Dorment Meet an MU Lecturer of History and Anthropology

MEGAN KLEESCHULTE

Professor Maureen Dorment, a lecturer of history and anthropology, has been a lifetime lover of learning. Although it was not always her plan to become a teacher, she finds herself very thankful for the way that things turned out. Dorment loves being in the classroom and the students she teaches. She has much wisdom and knowledge to share and her passion for her profession is expressed to anyone who has met her.

Dorment began teaching at the University in the fall of 1993, after completing her master's degree here, which she started in 1989. Prior to that, she attended Georgetown University and received her undergraduate degree. To continue bettering herself, in the late 90s Dorment began taking classes at Drew University to earn her Ph.D., while continuing to teach here.

about her career, some find it surprising that Dorment did not always plan to be a teacher. "No it wasn't the plan to become a have any major career goals teacher, and I have to say I'm really fortunate it just worked that I got in the classroom and in college, the whole idea was I really loved it. I love the stu-that you dated someone and dents, I love the interaction. I really enjoyed it, so I decided to really pursue it and work at it, and improve my scholarship,"

said Dorment.

Dorment has worked very hard and achieved many things all without a role model or inspiration to guide her in the right direction. "I think I was a worked really hard. And when I came here I worked really, reused to look at me all the time er. I think it would have enabled

coached every sport, was on the loved history. I always loved school board, and did that until my oldest went to college and that is when I came here.'

chronic overachiever, and I just how things turned out for her. "If I could change [anything] I would still teach college, I just ally hard. I know my children wish I could have started earli-

"I got in the classroom and I really loved it. I love the students, I love the interaction. I really enjoyed it so I decided to really pursue it and work at it, and improve my scholarship."

> MAUREEN DORMENT Lecturer of History and Anthropology

and say, 'what are doing?' and Because she is so passionate I would say, 'I'm studying,' and they would just shake their heads," she said.

> Dorment said she did not prior to coming to the University. "Basically, when [I was] you got married and you had children, so that is what I did," said Dorment. "I have five kids and I took care of them, did the

me to do a little more, to have been at this for a longer time. That is my one big regret, that I didn't start earlier and younger," she said.

Although Dorment has found a home for herself teaching it seems there has always been a place in her heart for the classroom. Growing up her favorite subject was one that most students would shy away from, "Oh, that is hard to say. Let's put it this way: my least favor-

whole suburban mother routine, ite subject was math. I always her education after she is done languages and I studied languages in college. I think actually my favorite subject was Dorment has no regrets about Latin. I really loved it, it was just like a puzzle."

> From all her time in the classroom, Dorment has seen and acquired some memorable students. When asked if any in particular stick out to her, she looked down chucked to herself and pulled a blue examination book off her shelf. "The first year I was teaching, I had a student who was a very smart guy, but he had the trials and tribulations of Jobe. So for the final exam he showed up after an hour and 45 minutes, and the exam was two hours," said Dorment.

> She continued, "I said, 'where were you?' and he said, 'my car had a flat tire on the parkway and it took forever to get here.' He asked if he could please still take the test and I said okay. And this is the test," she said holding up the blue book," he spent the whole [time] writing what happened to him. He did write the exam also and he did a very good job. We had all gone out to our Christmas lunch and one of my friends was watching him take the test, and she said he was there for about four hours. And it really made me laugh; it was very funny."

> Although Dorment has been in the classroom most of her life, she has plans to continue

with her time here. "I am going back to school. I am going to learn math, and I am going to learn chemistry and physics, and I am going to learn and understand how the world works. I just feel I need to know these things. I'll probably be in school forever because I really like it."

Outside of the classroom, Dorment used to be an avid tennis player. "[Tennis] was really great therapy for me when I had all these little children, and I met a lot of wonderful people doing that," she said.

Now Dorment uses the little spare time she has to spend time with her grandchildren and see her children and friends. "One of my great objectives, sooner or later, is to take up bridge, but I'm not quite there yet."

Along with sports Dorment also loves movies, although it is hard for her to say which is her favorite. "Oh, that all depends on my mood. I love the movies, and it's only because I have been thinking about it as of late, "Reds" with Warren Beatey and Diane Keaton."

Along with movies Dorment loves music and books, "Oh I love The Beatles, always, you can never go wrong with The Beatles. And for my favorite book, I have many favorite books, but I'm going to have to go with "North and South" and then "Jude the Obscure." I love them both," she said.

Brotherly and Sisterly Love

WHEN YOUR ONCE ANNOYING SIBLINGS GROW UP TO BECOME YOUR BEST FRIENDS

VICTORIA KEENAN CONTRIBUTING WRITER

When my middle brother was born, I wasn't quite sure how I felt about him. He definitely wasn't the sister I asked my parents for, and he was probably going to steal my only child spotlight. When I finally accepted that he was nonrefundable, I decided to take on the role of proud big sister.

Two years later, my youngest brother was born, and this time I was not as accepting of the fact that he wasn't the sister I so desperately wanted. The first time I met him, I walked out of the hospital room and had to be chased down by my work that way, and I was stuck with two younger brothers for backs." life, like it or not.

it from the start. Though I was four and six at the times my brothers were born, I wore my "mommy's favorite" and "daddv's girl" shirts way too proudly to give those titles up to anyfirst, and therefore, obviously the best child. Throughout the deal with a lot of bumps, bruises, hair pulling, hitting, pushing and crying. It wasn't until I was about sixteen that I realized that my brothers, now both Don Swanson said, taller and stronger than me, could probably take me down. nitely get better as we get older. Oh, how the tables had turned.

a younger brother that is now a from each other, but we're closfreshman in college, thinks that er than ever now. I think rela-

ships one can have. "The best also think, because I teach inpart of sibling relationships is that it's a relationship that no one else will understand. They're kind of like a best friend," said Mullin. "I don't think it's a bad part but I think the hardest part of sibling relationships, especially if it's a girl and a boy, is that they mature at different times. There is definitely a time period where you don't have much in common and don't get along, but siblings always come back together. They might annoy you and make you angry sometimes but you love them unconditionally.

Mullin continued, "I feel bad for only children, because the dad. He found me standing near bond you get with a sibling is the newborn baby room, select-something you can't get with ing which one I wanted to take anyone else; not parents, coushome. Apparently, it didn't ins or friends. You're in it together to have each other's

A junior Nick Boyler, said My parents should have seen he is definitely closer with his vounger sister now that she is in college too. "When I was in high school, I didn't want her to be around my friends or go to the same places I went to but things like that don't matone. I had to show who was the ter anymore. We like and do the same things now because we're both going through the same next 10 years, my parents had to experiences. I feel like when we were younger everything was a competition, but now we're very much alike," said Boyler.

professor "I agree Communication that sibling relationships defi-My brother and I are five years Keri Mullin, a junior who has apart and live very far away

tercultural communication, that most students come from NJ because they want to be within a small distance to their families. Family is such an important and significant factor here." He added that nowadays it is much easier to have relationships and bond with family members and siblings because of electronic devices.

Looking back at the relationships I've had with my brothers over the years, there was probably no need to show who was the boss of the house, especially when they were newborn

of the most important relation- proximity to one another and I babies. As much as I fought and to say "hey," which I don't recall disagreed with them when we were younger, things are pretty different now. Of course, I'm at school and don't see them much, but every time I do, it feels like we are all more mature. As I've watched them grow up, I've realized how alike the three of us are and how much we have all changed. Though they are 16 and 14-year-old boys, I can have real conversations with them now and give them advice about things I went through at those ages.

The three of us text from time to time, but just the other day my youngest brother called me just they are.

him ever doing before. At first, I thought he was joking, but when I spoke to my mom later on that night, she stated that he really was just bored and wanted to see how my week went and how I was doing. "He really does miss you Victoria, and he is growing up." That's scary to think about.

I've put my brothers through a lot of torment as we've grown up but at the end of the day, I love them. I'm so happy we have the relationships we do. I'm also secretly happy I never got the sister I wished for so many years ago. I like things just the way



Victoria Keenan (middle) has grown closer with her brothers Dillon (left) and Derek (right) as the three sibling relationships are some tionships depend on the close of them have grown up and matured together.

Giving Thanks at the University

ANNA CHAMBERLAIN

In the spirit of the holiday season, most see Thanksgiving as a long weekend to eat turkey, watch football, and of course for students, catch up on some sleep. However, as time has passed it seems that the underhas changed among the younger generations since the pilgrims first landed on Plymouth Rock.

"I'm really thankful for my life in general. I could be in such a worse position than I am now," said Michael Udayakumar, a be thankful for than turkey senior. "In our generation we and potatoes. "I'm thankful for tend to complain about things that when you put them into a bigger perspective really aren't a big deal. Like you may think how you hate how many classes vou have this semester, while you should be thankful you have and Theatre Department who classes you attend and that you recently found out she is havcan be at a university.'

While Thanksgiving is a nationwide holiday celebrated by many Americans through parades and food comas, it was originally a religious holiday. As we all remember learning your life." while drawing hand turkeys in elementary school, the pilgrims first celebrated Thanksgiving after suffering harsh conditions and severe illnesses that food drives through student orplagued their colony.

They gave thanks to each other and God as the colony made is showing his appreciation as it through the rough conditions a member of the student run and were able to settle down into a flourishing community that included the Native American tribes. However, it can easily be seen how that could have gotten lost since Christmas has colleagues on campus to show

taken over with music and ad- their gratitude. vertisements along with Black Friday. The media is bombarded as soon as Halloween is over.

Jose Aguilar explained, "Well, throughout the year, there are a lot of holidays that are based on presents and I feel that Thanksgiving is a little underappreciated," he said "As soon as it is lying meaning of why we give Thanksgiving people immedithanks gets overlooked, or rather ately start thinking about Christmas, so I think the importance is to remind people how grateful and important they are in your life, and to say 'Thank You' every once in a while.'

> Some people have more to family, hopefully a healthy new baby, a very supportive husband, and a wonderful life full of opportunities and support," said Kristin Rosengrant, an adjunct professor in the Music ing a baby girl in the spring. "I think that showing thanks or gratitude in any way that you can is really important to show that you do appreciate others and that you are thankful for in

> With this time of thanks students are finding ways to show their appreciation in any way that they can. Whether it be ganizations, or simply saying thanks to a professor. Aguilar group, Monmouth University Street Team (MUST), by encouraging students, faculty and staff to write out thank you cards to fellow friends and

"We think it's important to remember the people that you are thankful for because when it's Thanksgiving, we tend to think about our material possessions," said Michelle Grushko, a sophomore. "We [don't] want to have to focus on one day of Thanksgiving, we want to make it into a whole month of being grateful for all the things that we have."

Whatever your feelings may be

can possibly improve for the inspending time with the family, even if they do drive you crazy, is important because there are those your life." who do not even have someone with which they can share the holi-

like asking a friend you haven't pass the stuffing.

about the holiday, it is a good time talked to in a while how they are to reflect on the past, and how we doing, what they have going on for the day, how their family is," coming year. Also, reflecting and Udaykumar said. "It really shows your friends and others that you are grateful for having them in

As for me, I am thankful for all my friends and family in my life, and that I have made it "For me, it's all about being halfway through my senior year personable, and the little things in one piece. Now somebody



Student group MUST Team offered students and faculty the opportunity to write thank you cards (pictured above) to those they care about most.

Is it Winter Break Yet: Milestones to Keep You Motivated

JESSICA DEIGERT STAFF WRITER

semester is on its way out and college students are itching for winter break. The 15 weeks of hard work will have officially been paid off and a much needed break will be all theirs for a

enough that students can almost the meantime. After all, winter until the winter break. break is a top priority for stu-

having so much work."

Since it is now holiday sea-It's that time of year when the son, this means that all of the fun holiday festivities are coming. Soon, the sights of Christmas and winter decorations will spread throughout stores, homes, workplaces and even the University. For many, the holidays and their decorative splen-Since the break is close dor bring up happy emotions and memories. These feelings touch it, many wonder what can always bring out the bright they can look forward to in side for those counting down

"I recommend checking out dents and gives them a vacation some of the great holiday events

ing forward to relaxing and not free giveaways each month. The next giveaway, which will be of electronic skins, is occurring on Wednesday, Dec. 4 at 1 pm in the Rebecca Stafford Student Center.

A junior Matthew Craig, said, "I'm looking forward to spending time with my Monmouth friends before everybody goes home for the break."

Being with friends that students make at college is always something to look forward to. With only a few weeks left to spend time together on and around campus, why not soak it all up while you can? Don't worry though, because soon enough everybody will be reunited for the spring semester.

Academics can stress students out and upcoming finals are stress-worthy for many. Something that can help students get by is the simple fact that they're almost done. The 15 weeks are nearing their end and they've already gotten this far. Midterms have passed and that's a big hole in one of academic work completed right there. All of the coursework since day one has led up to these final weeks, so why stop now?

It may take an optimistic push, whether from the above motivational milestones or other things, but students can hang in there until their well deserved break. It can be tough as a college student when struggling to balance school, work, friends and family until break. Looking ahead to this pause in the school year doesn't have to seem forever away when students find ways to make the time go by



PHOTO COURTESY of Casey Wolfe

Students maintain their motivation toward the end of the semester by getting into the holiday spirit. Pictured above is SGA's Giving Tree in the Plangere lobby.

"I'm looking forward to spending time with my Monmouth friends before everybody goes home for the break."

MATTHEW CRAIG Junior

from classes and homework.

Next week begins the first holiday break and that is of Thanksgiving, where students have two school days off, plus the weekend, in order to spend time with family. It's the start of a semester wind down, but more importantly, a joyous time for family and where being thankful shows fully. Students can look forward to this mini break not just for family bonding time, but for a period of relaxation before an academic crunch time

A senior social work major, Alex D'Errico, said, "I am look-

we have on campus. Also, don't forget to attend the De-stress Fest. It's a fantastic way to unwind during the final exam period," said Jean-Marie Delao, counselor for transfer and undeclared services.

You don't have to look far for activities to engage students before break. On campus, there are weekly events and activities for students to partake in. Every Saturday, there are free screenings of recent movies (popcorn included as well) in Oakwood Lounge, which is located on the Resident Quad. The Student Activities Board (SAB) also has

MAVS Hosts Thanksgiving Potluck Celebration

MAGGIE ZELINKA SPORTS FDITOR

Over 50 people filed into the Magill Commons Club Dining Room to attend Monmouth Area Vegetarian Society's (MAVS) first annual Thanksgiving Potluck Celebration and hear their second guest speaker of the year, Mike Stura, on Sunday Nov. 17 at 1 pm.

An animal rescuer and longtime volunteer at Farm Animal Sanctuaries, Stura began his statement by proclaiming, "I wasn't always a vegan. I was an omnivore like most people," which made many in attendance laugh. Stura, an everyday truck driver, explained he first became a vegetarian when one of he couldn't wait to get home because his wife was preparing a delicious meal.

This made Stura think, "How many animals have died to feed Tony in his life?" He then fur-Farm Sanctuary in Willow, NY. When his wife agreed to become vegan as well, their lives became centered on saving animals.

"There will be 27 million land animals killed every day; 19,000 every minute. We know we can't save them all, but if one has a cows, such as Mike Jr., are ofbetter life, we are helping," Stura explained.

Stura involves himself with three Farm Animal Sanctuaries full heartedly: the Farm Sanctuary in NY, For The Animals, For The Animals Sanctuary in NJ, and Woodstock Farm Animal Sanctuary in NY.

As he was talking, the audience could not help but to try and read his many tattoos. Stura explained one message behind his somewhat unusual number

when we found him," Stura said pointing to the numbers '4387' on his right arm. Mike Jr. is a ed by a mother's milk, calves part-Holstein, part-Angus cow. are not able to grow the right

ance in Stura's life on April 10, 2012, when he escaped from a slaughterhouse in Patterson, NJ.

"They were bashing him with police cars and eventually caught him by bashing him into a fire hydrant, then tazing him," Stura said of Mike Jr.'s ugly

Once the slaughterhouse got Mike Jr. back, the owner went on the record saving if someone wanted to save him and take him in, the owner would allow the cow to leave peacefully. When Stura heard this, he drove to that slaughterhouse to pick up the deviant cow. To Stura's dismay, the owner said the cow had already been moved to another sanctuary. Fully doubting that statement, Stura pressed the his coworkers named Tony said matter and said he would go to the reporters. At that second, the owner became very compliant and went down the road to a livestock farm to fetch Mike Jr.

Upon arrival, Stura saw Mike Jr. curled on the ground with a thered his animal activism when dead goat three feet from his he took a tour of the Woodstock body and animal parts surrounding him. After much effort to get the cow onto his truck, Stura began his way back to the Woodstock Sanctuary where Mike Jr. continues to live his days happily.

Stura explained that male ten raised for byproducts while female cows are used for milk. In order to keep female cows producing milk, they must continuously be impregnated. This is the standard practice all over the country.

"Maybelle was found at a Heritage Farm," Stura said. "She was used to teach people how to live life like they did in the 1780's. They impregnated her four times and took her babies away four times.'

'This was Mike Jr.'s number the mother cow's health, but can also be fatal to her calves. Without the proper nutrients provid-



Animal rescuer Mike Sutra presented at the Monmouth Area Vegatarian Society's first annual Thanksgiving Potluck. He explained that he was not always a vegan and told his story to students.

and healthy.

Stura recently saw the damage this practice entails through a baby calf he rescued earlier this year. "People will rent five baby calves during apple picking season to display. Then they go back to auction when the season is over," Stura said. Jimmy was three months old when Stura found him at an apple picking farm. He later found out that the farmer had him since he was one day old. This meant that Jimmy never received the nutrients from his mother. As a result of this error, Jimmy received an infection in his umbilical cord region, which spread through his right leg. As of current, Jimmy is at Cornell University undergoing treatments for his infection.

With multiple cow stories al-This is not only detrimental to ready mentioned, Stura decided to speak of a more time relevant breed: turkeys. Stura addressed the topic of genetically modified foods and said turkeys were no exception. Through his research, The cow made his first appear- muscles or joints to be strong he has come to the realiza-

tion that Broad Breasted White personality. The same as we are turkeys are the type of turkey commonly cooked for Thanksgiving dinner. On average, they weigh 40 pounds which is why they are the most sought out. Stura also noted that the broad breasted white turkeys are entirely manmade and physically cannot mate with each other because their organs do not align. He further stated that about 46 million turkeys will be killed for Thanksgiving this year.

The Woodstock Farm Sanctuary has around five Broad Breasted White turkeys and two Heritage Bronze turkeys. "Timmy the lover and Tommy the brawler," Stura said of the two Heritage Bronze turkeys. "They love to try and impress all the girls. Not only female turkeys, but sheep, people, any girl."

Stura's face began to light up when he was speaking of the Woodstock Farm Sanctuary and how many lives he personally helped save. "Every animal is their own being with a distinct truck driver, I volunteer."

and same as your dogs or cats are," he added.

After finishing his speech, MAVS founder, Mary Harris, opened the floor to questions. One of the first questions asked was how the animals behave in the slaughter houses and in their poor conditions.

"They all know what is going to happen to them. They can sense it," Stura replied. "At the sanctuary, you can see their personalities change."

"I didn't think it would be that touching," a communication major, Becca Zidik, said of the event. "If I could be a vegan, I would because like Stura said, we are breeding all of these animals to be eaten. For Christmas, I donated to the farm sanctuary.

Stura concluded the event by urging people to volunteer whether it be through time, spreading the word or financial means. His final words were, "Anyone can volunteer. I'm a

University Students and Faculty Get Bailed Out of Jail

HEATHER MUH

Service Project hosted Jail Bail The event was held in the back

on Tuesday, Nov. 12, to raise of the Rebecca Stafford Student of students this year who have participated in the campaign over \$700 to aid local soup kitchens and to help families in The University's First Year need during the holiday season.



PHOTO COURTESY of Jennifer Ruggiero

Students (left to right) Jessica Anastasio and Jennifer Ruggiero beg other students and faculty to donate \$25 to bail them out of jail in the Rebecca Stafford Student Center.

Center (RSSC) from 12 - 4 pm.

The event required the participation of students, faculty and administrators on the campus, with people waiting in jail until they were bailed out. Volunteers sat behind the bars of a makeshift prison in the cafete- tion and Leadership Programs that is holding a food drive, as ria of the RSSC and collected and the overseer of the First well as with the University's donations so that they could be Year Service Project. Dam- Residential Life to promote

In order to be bailed out, students were required to collect a total of \$25, while faculty and administrators had to collect a total of \$50.

Mike Migliaro, a senior communication major and one of the inmates, said, "It was truly a great experience to raise money for people that need help supporting their families. My strategy to raise money was to be loud, energetic and have a good time in jail." Migliaro was an inmate for a duration of Jail

Jail Bail was led by sophomores Deana Getty, Colleen Walsh, Peter Linn, and Jamie Tisch. These students, all of whom have stayed with the First Year Service Project since their freshman year, were responsible for brainstorming, creating the jail, promoting the event, and running the bank.

"We have an incredible group

done not only this fundraising but [they] also helped build a year finding different ways to playground in Red Bank two weekends ago and planned a coat drive that collected over 100 coats," said Susan Damaschke, Coordinator of Transiaschke advised the organization and planning procedures of Jail ming.

Jail Bail was put together by the First Year Service Project. The First Year Service Project is an organization on campus that aims to get students involved in community service during their first year at the University.

Deanna Getty, a sophomore health studies major, works for the First Year Service Project and explained that the organization does a lot to try to help with homelessness and hunger. Getty started becoming involved last year as a first year student and stuck with the program.

This event is one of many that are part of the First Year Service Project's 33.08 campaign. The campaign got its name 33.08 because \$33.08 is approximately how much money it takes to feed an average family of four each Thanksgiving. The First Year Service Project has the holiday season gets closer.

during the past four years, each raise money for their cause. So far this year, the 33.08 campaign has included the Jail Bail and a bake sale. They are also working with an academic class Residence Assistant program-

According to Damaschke, all of the food and proceeds raised by the campaign go to different agencies, including a food drive sponsored by Long Branch Middle School, the Food Bank of Monmouth and Ocean Counties and a soup kitchen in Red Bank called Lunch Break. "It is incredibly important to donate to these causes as they provide food directly to families during the holiday season, as well as throughout the year," Damaschke said.

Last year, the First Year Service Project made almost \$1,200 through 33.08 programming. They used the money they raised to donate it to the local food bank, as well as to Long Branch Middle School efforts. There will be more efforts for this year's campaign especially during the upcoming weeks as

The Panhellenic Conference Plays Bingo with Greeks

NINA COSTA CONTRIBUTING WRITER

The Panhellenic Conference hosted "Monmouth University Women Go Greek Bingo," an event welcoming all sororities and those interested in joining Greek life to play bingo, win prizes, and indulge in snacks on round of bingo. Friday, Nov. 15 from 7 - 8:30 pm in the Rebecca Stafford Student Center (RSSC).

The purpose of Friday night's event was to inform potential members about the registration process for recruitment during the spring 2014 semester. The official registration process began on Nov. 19. The event also took place to provide potential members with contacts for each sorority and to learn more about each organization.

The Panhellenic Conference sought to make the potential members feel comfortable and also encourage them to start their recruitment process in the spring. In between each round of bingo, 10 members of each sorority gave a short presentation informing the audience about their sorority's philanthropy, activities, and the pride they each have for their organization.

The Panhellenic Conference set up a popcorn station, a cotton candy station and handed out snacks during each round of bingo. They also put together numerous prizes and gift bags for the winners of each round of

The first prize consisted of a \$25 Buffalo Wild Wings gift card along with AMC Cinema tickets. The second was a \$30 third prize was a \$50 gift card my passion for service and in-

ed a \$50 gift card to Victoria's Secret, a Lola by Marc Jacobs perfume set, a \$75 gift card to Sunglasses Hut, and a \$100 gift card to the University Bookstore along with University apparel. Bagel Guys Deli also donated 10 \$5 gift cards for the lightening

Ariana Tepedino, a junior English major, is a member of

work myself and add philanthropic services to my résumé."

Tepedino continued, "It was the University's first time hosting the event and there was a decent number of people in attendance. Overall, there were about 60 chapter members and about 40 potential members."

While the event was mainly geared toward freshmen girls, Center."

Andrea Hurni, a sophomore political science major, is a member of the Panhellenic Conference as well. She, alongside the help of Tepedino and numerous others, aided in Friday night's bingo. While Tepedino hosted the event and called the numbers for each round of bingo, Hurni answered any

to Target. Other prizes includ- volvement. I also joined to net- Activities Board in the Student much to me. I joined my freshmen year as a commuter with not many friends. I am glad we share in the same values and I felt most comfortable around such a genuine group of girls."

Deanna Puglio, a junior psychology major and sister of Phi Sigma Sigma, attended Friday night's bingo event. Puglio claimed that although there were not as many potential members as she had hoped for, it was a good experience and she would attend the event again in the future. "There was a decent amount of people at bingo and I went because all of my friends were there and we thought it would be a good time. My favorite part was sitting next to girls that I did not know, it gave us the opportunity to meet new people and encourage them to join a sorority. There were a ton of really nice prizes and I also

loved the popcorn," she said.
Puglio joined Phi Sigma Sigma in the spring 2012 semester. "I am proud to be a part of Greek life and there are many positive aspects involved in joining a sorority. Phi Sigma Sigma means so much because it was something I decided to commit to as a freshman. I loved hanging out with all of the girls that were already in it. They were so welcoming and I am happy to share a bond of sisterhood with such a strong, intelligent, and fun group of girls."

Hurni concluded, "Because 'Monmouth University Women Go Greek Bingo' was so successful this year, I believe we will be hosting it in the years to come. Next year we would hope to advertise even more and continue to have a growing crowd of interested potential members."

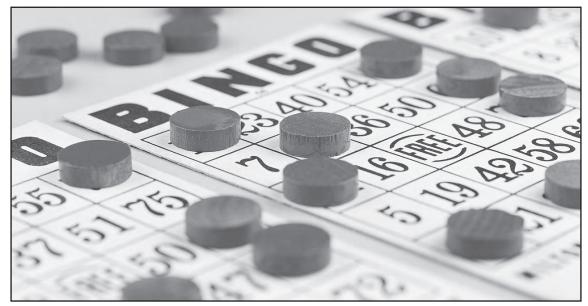


PHOTO TAKEN from http://www.st-clarence.org/Bingo.html

The Panhellenic Conference enouraged interested members of Greek life to attend "Monmouth University Women Go Greek Bingo" event on Nov. 15 to get to know sorority sisters on a more personal

Panhellenic Conference and aided in the preparation for "Monmouth University Women Go Greek Bingo." Tepedino said, "I became a part of [Greek life] due to both selfish and selfless reasons. I know that I wanted to have a college experience which allowed me to create lasting friendships and to find likegift card to Alex and Ani. The minded individuals who shared

there were also a large number of sophomores in attendance, according to Tepedino.

There was advertising and publicity for the event, however, Tepedino feels for the future more should be done. "We advertised the event at the information session hosted on Nov. 12 and on the 'Monmouth University Women Go Greek' Facebook page, as well as on the questions or concerns potential members had in regards to the recruitment process.

Hurni said, "Friday's event was a great way to learn about all six sororities on campus. I am a member of a sorority here at the University and since joining, I am so much more involved and outgoing and have met so many people that I have become close too. My sorority means so

CLUB AND GREEK ANNOUNCEMENTS

Monmouth Oral Communication Center

The Monmouth Oral Communication Center (MOCC) is your go to place for all things public speaking. Making a speech? A presentation? We're here to help! MOCC offers peer tutoring every Monday, Wednesday, and Friday in the first year advising offices in the Rebecca Stafford Student Center. Additional hours are available upon request. MOCC also holds weekly meetings on Wednesdays at 2:30 pm in Plangere 135. Walk-ins are always welcome.

University Pep Band

The Pep Band is looking for additional members in all sections. If you play flute, clarinet, saxophone, trumpet, mellophone, trombone, baritone horn, tuba or percussion, we want you!! We are also seeking a bass guitarist for the first time also! The Pep Band, known as "The Big Sound of the Jersey Shore" is the most visible and most active performing group on campus. For more information, contact Professor Bryan Jenner bjenner@monmouth.edu.

Running Club

Now that it has started to get cold outside, some of you may prefer to run indoors. Our Running Club will meet on the indoor track on the 2nd Floor of the Multipurpose Activity Center (MAC) on Tuesdays from 12 - 1 pm and Wednesdays from 8:30 - 930 am. These times may not work for everyone, and some may prefer to still work out outdoors. So, please feel free to use the Facebook page (https://www. facebook.com/groups/murunning/) to make some new separate meeting times from those listed above. For those who are interested in competing for fun, the 5th Annual MAC Classic will be held in the MAC on Saturday, Dec. 7. Part of this event is a "Community Mile," open to any Monmouth students of all abilities. To sign up or find out more about this, please contact Head Coach & Club Advisor Joe Compagni at any point prior to Dec. 4. Keep training and keep finding people to keep you mo-

WMCX

WMCX will be hosting a live remote at The Inkwell, Nov. 21 from 9 - 11 pm. There will be live music with a cover of \$5 or 5 cans of non-perishable that will go towards *Move For Hunger*.

Eye to Eye

Eye to Eye is a mentoring program that mentors children with learning disabilities and ADHD at St. Jerome's School. The program pairs mentors from the Department of Disabilities Services with children with similar disabilities. The goal of the program is to help the students feel empowered when it comes to being in the classroom. This program is run on Wednesdays at 2:30 pm. If you have any questions about getting involved email Christina Gonzalez at s0819331@monmouth.edu.

Student Alumni Association

Student Alumni Association's Game Night will be on Tuesday, Dec. 3 in Anacon A at 8 pm. It will be a Family Feud Style type of event. We hope to see you all

Catholic Campus Ministry

Father Richard Tomlinson will be offering Mass in Latin on Thursdays & Fridays in Withey Chapel at noon. Come celebrate and worship while enjoying the rich tradition of the Catholic

Johnny Donovan to Speak at PRSSA Speaker Series

WEST LONG BRANCH, NJ – The Public Relations Student Society of America (PRSSA) at Monmouth University announced that Johnny Donovan, Reality TV booking agent, will be presenting for their Speaker Series on Wednesday, Dec. 4 at 2:30 pm in the Magill Commons

Donovan has worked with major reality television stars from various networks such as Bravo, Logo, Oxygen, MTV and VH1. In 2007, Donovan established his own Talent agency, JD Talent Booking, and launched JDonovan Productions in early 2013.

Donovan has been involved with the women of the VH1 Mobwives franchise, which has included a plethora of booking and marketing opportunities since the series' 2009 debut. Donovan has a casting resume on past series including Oxygen's Bad Girls Club, MTV's Jersey Shore and CMT's Sweet Home Alabama. His most recent casting endeavor was for Left Right productions for Angela "Big Ang" Raiola, which includes a spin-off of the hit Mob Wives series titled "Miami Monkey" currently airing on VH1. Source: Johnny Donovan.

The PRSSA bi-monthly Speaker Series was instituted in 2009 to provide networking opportunities for public relations students and professionals.

For more information about the Speaker Series or Monmouth University's PRSSA Chapter, go to www. monmouth.edu/prssa or contact Kelly Hughes, Public Relations Director, at s0822208@monmouth.edu, or Dr. Sheila McAllister-Spooner, Faculty Advisor, at smcallis@monmouth.edu.



What are you thankful for this year?

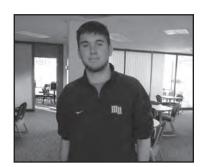
COMPILED BY: ALYSSA GRAY



Kyle sophomore
"I guess I'm thankful for all of the friends I have in college."



Angelica junior "Getting into Monmouth."



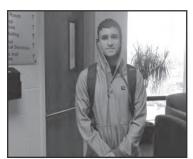
Tommy junior "I'm thankful for all of my friends on-campus."



Dana sophomore "My family."



Brittany sophomore
"My family and friends and

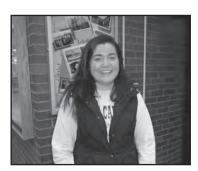


Brandon freshman

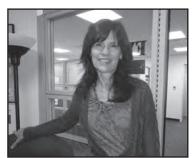
"I'm grateful to be able to have the opportunity to come to school here."



Melissa senior "Family, friends, the semester almost being over and finishing my thesis!"



Jasmine senior "Probably my family."



Bea assistant vice president "I am very thankful for my family, my husband and my daughter, my health and my friends."



Haley junior

"I interviewed with PricewaterhouseCoopers, one of the big four accounting firms, I'm just grateful they considered me."

Monmouth University's Shadow PR Firm and PRSSA Chapter Present: Johnny Donovan

Wednesday December 4th, 2:30pm in Magill Commons Dining Room

Hear Johnny Donovan talk about his personal experience, answer questions, and give professional advice!



Johnny Donovan has worked with major reality television stars from various networks such as Bravo, Logo, Oxygen, MTV and VH1. In 2007 Donovan established his own Talent agency Jdtalentbooking and launched "JDonovan Productions" in early 2013. Donovan has been involved with the women of the VH1 Mobwives franchise, which has included a plethora of booking and marketing opportunities since the series' 2009 debut. Donovan has a casting resume on past series including Oxygen's Bad Girls Club, MTV's Jersey Shore and CMT's Sweet Home Alabama. His most recent casting endeavor was for Left Right productions for Angela" Big Ang "Raiola which includes a spin-off of the hit Mob Wives series titled "Miami Monkey" currently airing on VH1.





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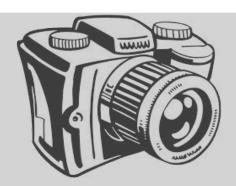


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MOMENTS AT MONIOUS HISTORY



ABOVE LEFT:

TWO STUDENTS DONATE SOME CANNED GOODS FOR A THANKSGIVING FOOD DRIVE HELD BY THE FIRST YEAR SEMINAR CLASS ON WORLD HUNGER

(PHOTO COURTESY OF ALYSSA GRAY)

CENTER:

STUDENT CASSANDRA FIGUEROA CHECKS OUT THE SGA GIVING TREE IN THE PLANGERE LOBBY (PHOTO COURTESY OF ALYSSA GRAY)

ABOVE RIGHT:

A COUPLE OF STUDENTS POSE WHILE ON THE UNITED NATIONS BUS TRIP (PHOTO COURTESY OF MAGGIE ZELINKA)



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> OUTLOOK@MONMOUTH.EDU OR S0848553@MONMOUTH.EDU

COMICS

"MISGUIDED UNDERSTANDINGS" BY ALYSSA GRAY



A SO-YOU-SAY COMIX #32

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The Outlook Celebrates its 80th Anniversary

Stay tuned for upcoming details about *The Outlook*'s 80th Anniversary contest and how to win fabulous prizes!



Women's Basketball Drops to 0-2 on Season

EDDIE ALLEGRETTO STAFF WRITER

On Thursday Nov. 14, the University's women's basketball team lost to the Wagner Seahawks, 70-57 in the Multipurpose Activity Center. The loss moves the Hawks to 0-2 for the season while Wagner breaks even at 1-1. Senior forward Chevannah Paalvast led MU in scoring with a double-double compiling 22 points and 10 rebounds.

Sophomore guard Jasmine Walker added a career-high 12 points, and six rebounds. Fellow sophomore guard, Kasey Chambers also added a career-high with 10 points.

As for Wagner, Jordyn Peck delivered 21 points and seven rebounds, while guard Jasmine Nwajei added 20 points and six rebounds. Lyndsay Rowe scored 14 points and added eight rebounds, while Ugo Nwaigwe compiled a game-high 11 rebounds and eight blocks.

This was a game full of streaks for both squads. In the first half, the Hawks soared to an early 6-2 lead on four points from Paalvast and a transition basket from Walker. However, Wagner responded on an 8-0 run to gain a 10-6 lead. During that streak, Nwajei led the Seahawks with four points.

The game was tied up at 14-14 after Paalvast added a pair of transition buckets, The blue and white then held the lead until Nwajei delivered hitting just 50 percent. "I feel like we

put the Seahawks up 25-24 with 2:45 left in the first.

To close the half, MU went on an 8-1 run highlighted by Chambers sinking a three-pointer before the buzzer. The Hawks entered halftime with a 32-26 lead. At half, Paalvast was leading all scorers with 16 points and five rebounds.

The blue and white opened up the second half with a basket by Paalvast to extend their lead to eight. However, Wagner scored the next seven points to bring the game within one. After the Seahawks tied it up at 40-40, the Hawks went back ahead by four when senior forward Sara English converted back to back buckets from the paint.

MU had a consistent lead until Rowe hit a three-point shot to put the Seahawks on top 49-48 with just 4:34 remaining in the game. That three sparked a Wagner 12-2 run bringing the score to 60-50 in the Seahawks' favor. MU would not come any closer than seven points for the rest of the game.

Wagner outshot the Hawks, 35.2 percent (19-54) to 32.8 percent (22-67) from the floor, 30.0 percent (6-20) to 18.2 percent (2-11) from beyond the arc and 65.0 percent (26-40) to 50.0 percent (11-22) from the free-throw line. The Seahawks also held an edge in rebounds, 50-43.

Similarly to last game, the Hawks struggled from the free throw line, an off-balanced basket in traffic to have to get there more in the game," I don't care if we never run a play if



PHOTO COURTESY of Jim Reme Chevannah Paalvast scored 22 points and compiled 10 rebounds in the loss against Wagner Thursday night.

explained head coach Jenny Palma- we can run it effectively," Palmateer teer in regards to occupying the free throw line.

The game saw multiple stretches of fast break opportunities, but the Hawks were unable to capitalize on their chances.

"We want to run. I told them that

The Hawks return to action on Friday, Nov. 22 when they travel to Connecticut to take on the St. Bonaventure Bonnies in the Basketball Hall of Fame Women's Classic. Tipoff is scheduled for 5 pm at the Gampel Pavilion.

Men's Basketball Suffers Growing Pains

KYLE WALTER ASSISTANT SPORTS EDITOR

Men's basketball fell to 1-2 on the season after losing to the University of Pennsylvania Quakers and instate rival, the Seton Hall University Pirates this past week. As a young team, the Hawks showed promise in both games, but inexperience eventually caught up with them.

"The mistakes we made tonight were young mistakes," said head coach King Rice after the first loss. "Now we have two games under our belt. I think this is a team that is going to continue to get better, and I'm extremely proud of them."

MU first fell to the Quakers 79-73 on Tuesday, Nov. 12 in the team's home opener at the Multipurpose Activity Center. Junior guard Andrew Nicholas led the Hawks in scoring with 19 points while fellow junior guard Deon Jones chipped in with 17 points on 7-8 shooting. Penn's guard Miles Cartwright led all scorers with 25 points on the night.

the game, and jumped out to a 12-2 lead behind three pointers from Nicholas and Jones. The Quakers battled right back, and went on a 20-1 run to take the lead 22-13 with 10:23 remaining in the first period. Penn was able to maintain its lead for the rest of the half, and a late three from Patrick Lucas-Perry sent the Quakers into the half up 41-33.

The second half began with eight straight points from Cartwright followed by two consecutive buckets from teammate Henry Brooks. This helped the Quakers build their largest lead of the game to 11 points at 54-43. Thanks to key scores from freshman guards Justin Robinson and Josh James, the blue and white managed to come back and tie the game at 59 with 8:48 remaining,

Cartwright made the most significant play of the contest just before the two minute mark. The Penn senior had the ball at the top of the key when his teammate Darien Henry-Nelson came and set a screen to give him some room. Nicholas tried

shot, but Cartwright was open for a split second and nailed a three pointer to put his team up by 6 with 2:05 left to play.

Penn then converted 6-7 free throws down the stretch to seal the victory. The Hawks shot only 55.2 percent from the free throw line, and also committed 21 turnovers that led to 26 points for the Quakers.

MU was unable to bounce back from the loss as they fell to SHU, 82-66 on Monday, Nov. 18 at the Prudential Center in Newark, NJ. Jones and Nicholas once again led MU in scoring as Jones put in a career high 24 points while Nicholas chipped in with eleven of his own.

"I take my hat off to Seton Hall," Rice said. "I am proud of my kids for continuing to fight. We are going to continue to work until we figure out ways to win these games."

Jones got his team off to a quick start as he hit his first shot of the game to put the Hawks up 3-0 within 20 seconds of tip-off. The Pirates at St. John's University for a 9 pm then scored seven straight points to

The Hawks got off to a fast start in to get under the screen to block the take a 7-3 lead before a Robinson layup brought MU within two points.

SHU went on a 15-5 run to extend its lead to 22-10 with just over twelve minutes remaining in the first half. The Hawks managed to cut the lead to seven points after junior Max DiLeo hit a three, but the Pirates again extended their lead, and went into halftime up 38-25.

After the Pirates came out fast in the second half and increased their lead to 26 points, MU managed to go on a run behind three pointers from DiLeo and Nicholas to pull within 13 points with seven minutes left in the game. That was as close as the Hawks would come as the Pirates put the game away in the final

The Hawks again struggled from the free throw line, as they shot only 54.8 percent from the stripe. MU did improve with turnovers, however, as they only lost the ball 14

MU next plays Friday, Nov. 22

XC Meet

Compete in Championships

MICHAEL MORSE

The men and women's cross country teams finished 15th and 19th respectively at the NCAA Division I Mid-Atlantic Regional Cross Country Championships in Bethlehem, Pa this past weekend. The field included Regional Champion Villanova, as well as other powers such as Georgetown and Princeton.

Junior Khari Bowen led the men, placing 25th in the region with a time of 30:45 for the 10,000 meter course. Bowen's time is a record for the 10k race at Lehigh University.

Junior Alex Leight, sophomore Domenick D'Agostino, and senior Pat Ryan all finished close together in the 32nd minute. Rounding out the men's top five with a time of 33:06 was freshman Kevin Summonte. The finish time for Summonte marks an MU freshman best at Lehigh, breaking the previous 1995 record.

The men's top five averaged 32:10, over a minute faster than last year's average.

On the women's side, senior Amanda Eller was the first Hawk to finish clocking in at 21:17 for the 6,000 meter course. Eller finished 41st overall in the meet. Senior Lucia Montefusco, freshman Lennon Cooper, and freshman Kristen Rodgers-Erickson all finished close together in the 22nd minute. Sophomore Nina Poccia rounded out the women's top five at exactly 23 minutes. The women's top five averaged at 22:28, about a minute faster than last year's time as well.

The meet was won by Villanova University as they posted 34 points for the men's race and 31 points for the women's race.

The Hawks' 15th place finish for the men sets a new best finish for the the blue and white at Lehigh.

"We have one more championship meet coming up this week, and it will be a great opportunity for us to show what a strong team we have this year," head coach Joe Compagni said.

Both squads will look to bounce back at their final race of the season on Saturday, Nov.

NFL		Away	New Orleans Saints	New York Jets	Indianapolis Colts	San Diego Chargers	Dallas Cowboys	New England S Patriots	San Francisco 49ers	Pittsburgh Steelers
		Home	Atlanta Falcons	Baltimore Ravens	Arizona Cardinals	Kansas City Chiefs	New York Giants	Denver Broncos	Miami Dolphins	Cleveland Browns
WEEKLY NFL PICKS		Zelinka orts Editor (40-32)			U.					
	Sta	e Battis aff Writer (42-30)			U.		M			
	Kyle Asst. Sp	e Walter orts Editor (41-31)					III .			8
	James Ko	onopack Associate Professor			U.		M			

Football Withstands Late Bryant Rally

ALFRED TILLERSON

managed to fend off a late second half rally to defeat the Bulldogs of Bryant University, 21-18 season. Fifth year senior tight end Michael McLafferty and junior running back Julian Hayes Hawks who improved their record to 6-5.

Bryant came onto the field partially blocked punt on MU's first possession and sustained a short drive that got the ball The defense held in the redzone, forcing Bryant to take a 38-yard field goal with 5:47 to play in linebacker Dave Damirgian the first quarter. Bulldog Tom stuffed back-to-back runs on Alberti's kick split the uprights and gave his team a 3-0 lead.

On the Hawks' ensuing possession, the offense showed a fourth-and-goal from the 18, signs of life after a 'roughing the punter' call extended the drive, allowing junior quarterback Brandon Hill to find McLafferty for a 52-yard catch-andrun on the next play, setting up where, at the half, we were in a first down on the 11-yard-line. Following a timeout, McLafferty was rewarded by hauling in a touchdown pass to put the Hawks up 7-3.

their next drive as senior defensive back Tevrin Brandon furthered the Hawks lead to 14-3. wide left and the Hawks took After coming clean on a punt, over from their own 20-yardblocking it and then scooping it up, Brandon scored from Asante took six consecutive 18-yards out with 41 seconds remaining in the first quarter.

with 3:48 left in the second quarter; Hayes' 23-yard touchcushion heading into halftime. The run came one play after the junior became the third MU

the 1,000-yard rushing milestone.

"As a player, it's always really The Hawks' football team gratifying to be able to set milestones in your career, but first and foremost, all props go to the line," Hayes said. "I feel like it's for their last away game of the their 1,000-yards just as much as me and everyone else who is blocking and doing a great job."

Bryant scored a pair of toucheach scored touchdowns for the downs in the second half and succeeded on a two-point conversion after a fourth quarter score to cut the lead to three. strong as they took over after a MU was unable to capitalize on their drive after Bryant's touchdown. Once the Bulldogs got the ball back, they marched down the Hawk's 17-yard-line. to MU's 19, converting a thirdand-24.

> However, fifth year senior the goal line to set up a thirdand-goal from the three. After an incomplete pass set up Alberti missed what would be the game-tying 35-yard field goal with 3:27 remaining in the

"I thought it was a game control of things. I liked what we were doing on both sides of the ball," MU head coach Kevin Callahan said. "You have to give Bryant credit. They rebounded The Bulldogs' suffered on from that and were able to do a good job in the second half."

After Alberti's kick sailed line, senior running back KB carries that got the ball over midfield. The Hawks were able The next scoring play occured to take a knee to preserve the

"Defensively, they really lim-On offense and offensively, they were able to get some things going through the air that got back in school history to eclipse them back in the game. To the for the Hawks and one assit in noon.



Tight End Mike McLafferty scored a touchdown and racked up 80-yards receiving against Bryant University.

credit of our players, I thought addition to his punt block return when we had to make a stop on defense we did. In the last four minutes when we needed to run the clock out, our offensive line and backs did a good job of getting first downs," Callahan added.

Hayes finished with 86-yards on 20-carries, including the 23 yard touchdown run in the second quarter. Hill was 10-of-18 for 130-yards and an interception. McLafferty had 80 of those yards on four catches with a touchdown reception. Asante finished with 78-yards on down run gave the Hawks a 21-3 ited what we were able to do. 13-carries, including 40-yards on MU's game-sealing drive when he ran the ball six times.

Brandon had 7 solo tackles

for a touchdown. Fellow sophomore corner Joe Johnson had seven tackles while Damirgian also finished with seven tackles including three for a loss and a

The Hawks will return to Kessler Field on Saturday, Nov. 23 to face the Duquesne University Dukes. This will be the final game of the season for the football team and will therefore act as their Senior Day. Essentially, the seniors will be honored for their contributions to the University's football program over the years.

The 2013 football roster includes 13 fifth year seniors and 16 seniors. Kickoff is set for



Fifth year senior goalie, Ashley Lewis, was named the ECAC Division I

Defensive Player of the Week on Thursday, Nov. 14. Lewis posted three straight shutouts to help lead the Hawks to the MAAC Tournament Championship. She was in net for 13 out of 16 shutouts the Hawks recorded this season.



Junior Brady Goodling was named the MAAC Men's Golfer of the

Month for the second time this season. Over nine total rounds this fall, he has an average of 74.8 strokes. Goodling also earned two medal honors at the Iona Quad Match and ECAC Championships.



On Nov. 14, the Men's Soccer Championship Awards Show announced

six men's soccer players from MU were named to the All-MAAC teams. In addition, seven Hawks were named to the MAAC Men's Soccer All-Academic Team. Furthermore, junior back Matt Jeffery was named the MAAC Defensive Player of the Year.



MU bowling placed 13th at the University of Maryland Eastern

Shore Hawk Classic this past weekend. Sophomore Kaitlyn Reth was named to the alltournament team, while the Hawks went 5-8 overall. .

UPCOMING **GAMES**

Friday, November 22 WBB at St. Bonaventure Storrs, CT 5:00 pm

MBB at St. John's Queens, NY 9:00 pm

Saturday, November 23 MCC and WCC at ECAC & IC4A Championships Bronx, NY 9:30 am

FB vs Duquesne W. Long Branch, NJ 12:00 pm

WBB at Connecticut Storrs, CT 4:30 pm

Sunday, November 24 WBB at Boston University Storrs, CT 2:00 pm

Tuesday, November 26 MBB at Penn State University Park, PA 6:00 pm

Friday, November 29 MBB vs Mississippi Valley State W. Long Branch, NJ 7:00 pm

Saturday, November 23 MBB vs Longwood/NC A&T W. Long Branch, NJ TBA

Sunday, December 1 WBB at Bowling Green Springfield, MA 10:00 am

Tuesday, December 3 WBB vs Maryland-Eastern Shore W. Long Branch, NJ 7:00 pm

Thursday, December 5 MBB vs Rider University* W. Long Branch, NJ 7:00 pm (televised on ESPN3)

*conference games

Soccer Teams Falter in Postseason Play

Women Lose to PSU in NCAA Tournament

EDDIE ALLEGRETTO

soccer team lost 3-0 to Penn cross bar. Three minutes later, State in the first round of the MU's senior forward Monique NCAA Tournament at Jeffrey Field on Friday, Nov. 15. The the net which went wide. nationally ranked No. 24 Nittany Lions improved to 15-6-1 their third and final goal in for the season while the Hawks the 67th minute when PSU's fell to 17-2-2. This was only the Whitney Church headed the second time all season the blue ball into the net off of a cornerand white were shutout.

Penn State opened up the game with a goal from senior forward Tani Costa in the seventh minute. On the play, Costa ward Dana Costello in shots received a cross directly in front of the goal from sophomore amney added two shots of her Mallory Weber, and placed herself in the prime spot to place Lewis made nine saves in the the ball on net.

The Hawks looked to answer high. in the 19th minute when freshman forward Alexis McTamney struck a ball from just inside the 18 yard box, but the Nittany Lions' goalkeeper Britt Eckerstrom made a diving save to keep the lead. The half ended with the Hawks losing 1-0.

The start of the second half was similar to the first: PSU continued to take shots and MU was poised to counter-attack. In game to extend the Nitanny Lions' lead to 2-0.

spark a comeback in the 61st minute of play as junior midfielder Breynn Collazo took The University's women's a shot that sailed just over the Plescia made another attempt at

The Nittany Lions scored kick. This was the first time the Hawks gave up three goals in a single game since Oct. 21, 2012.

MU was led by senior forattempted with four while McTown. Fifth year senior Ashley match which marks her career-

"We played the best we could against a great opponent," stated MU head coach Krissy Turner. "We created some excellent chances and were not able to convert. I am very proud of my team and how they represented Monmouth on the national stage."

The season marked many milestones. The women tied a school-record with 17 victothe 51st minute however, Costa ries on the year and also set a scored her second goal of the new program-record for shutouts with 16. They also became MAAC Championships in their The blue and white looked to first year of conference play.

Men's Soccer Defeated By Quinnipiac

MAGGIE ZELINKA

The University's men's soccer team tied the No. 2 Quinnipiac Bobcats on Sunday, Nov. 17 in the 2013 MAAC Championship Game, but eventually lost 4-3 on a penalty kick shoot-out.

The Hawks began their post season journey with a game against Manhattan which also ended in a 0-0 tie, but MU ad- Goode connected with the vanced after winning the PK's,

The loss against the Bobcats marked an end to the men's season cementing their 2013 record at 8-6-6. For their diligent work in tournament play, senior Joseph Schmid, junior Matt Jeffery, and sophomore David Acuna Camacho were named to the All-MAAC Championship

The Hawks had various moments to score in the game against Quinnipiac, with one of the best opportunities coming in the 80th minute of play. Junior defender Derek Luke took a shot from 20 yards out but Bobcat Borja Angoitia, the MAAC Championship MVP, was there to make the save.

With a 0-0 tie at the end of regulation, the game was sent into a PK shoot-out.

Angoitia took the first shot for the Bobcats and beat MU's freshman goalie Eric Klenofsky

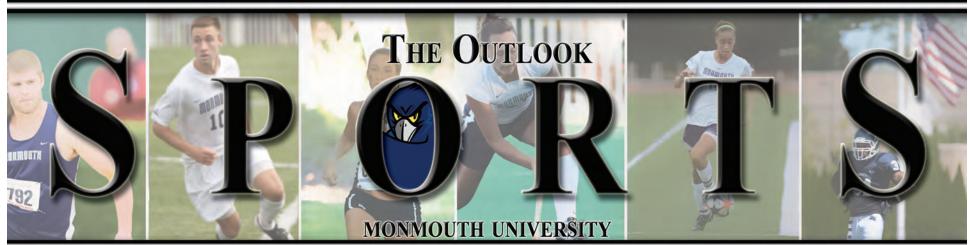
giving Quinnipiac an early advantage. The first Hawk to face Angoitia was sophomore forward Tomas Penfold who sent the ball high over the net. The second round began with QU's Simon Hinde scoring against Klenofsky. Camacho answered with a goal of his own bringing the score to 2-1 at the end of the second round.

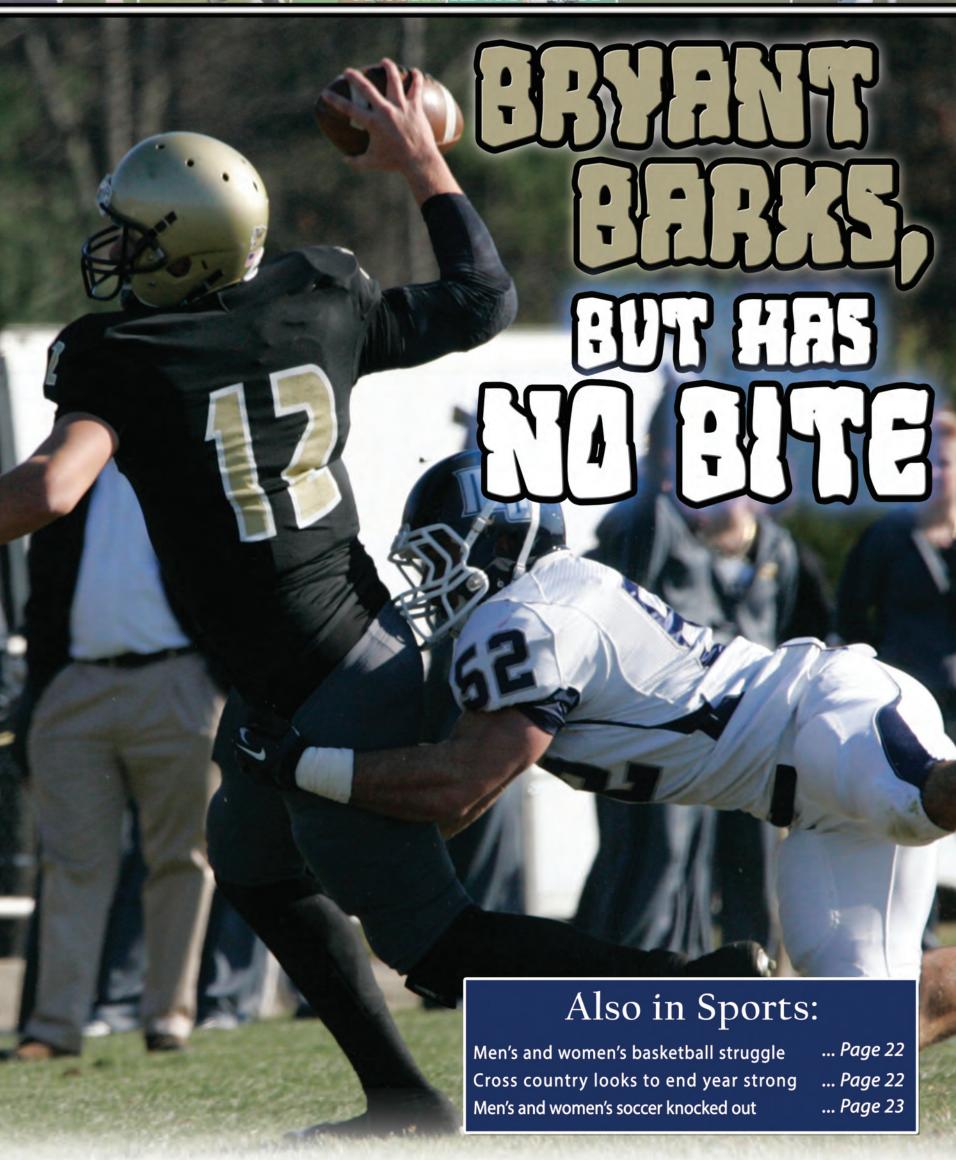
Bobcat Brandon Straincrossbar while MU's Schmid found the net, tying the score 2-2 in the third round. QU's Tobias Esche scored and so did Luke in the fourth round of play keeping the score at an even

The final Bobcat, Simon Brossier, found the back of the net forcing MU's junior defender John Egan to make his PK in order to extend the shootout. Egan's shot was blocked by Angoitia finalizing Bobcat's victory. The win also earned QU a playoff berth to the NCAA Tournament.

The Bobcats outshot the Hawks, 16-9, but were only able to put three on net. The game marked Klenofsky's ninth shutout for the season.

With the 2013 season finished, MU will say goodbye to three seniors: forward François "Paco" Navarro, forward Jacob Rubinstein, and captain forward Joseph Schmid.





Football jumped out to an early lead last Saturday, but had to hang on in the fourth quarter as a furious comeback by the Bryant University Bulldogs fell just short.