



THE OUTLOOK

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New Dorm Building in the Works

NICOLE CALASCIBETTA
STAFF WRITER

Plans for another student residence hall are in the making at the University. Construction will begin in the spring of 2013 semester and open in the fall of 2014 for sophomore students. Further changes will be brought to campus in result of the residential hall.

Vice President for Administrative Services, Patricia Swannack stated the residential hall will be built in Lot 6 near the library and confirmed the hall's opening in fall 2014. "Lot 6 is close to all the halls with the exception of the Garden and Great Lawn Apartments. There are limited utilities to relocate which saves money and there are not any local residents that could be negatively impacted by building a residence hall at this location," said Swannack.

According to Associate Vice President for Student Services, Jim Pillar, the new dormitory will primarily house sophomore students. "Our goal is to make sure that the new building will ensure that every first and second year student will have a bed on campus," said Pillar.



PHOTO COURTESY of Suzanne Moore

Construction on a new residential hall will start in the spring and will finish in 2014.

Associate Director of Housing Operations, Raymond D. Gonzalez, who viewed the floor plans, explained the rooms will be similar to Elmwood. "It's a good size, your traditional corridor style," said Gonzalez. The hall is expected to be equipped with air-conditioning and have primarily double rooms with possibly a few triple rooms.

The Hawk's Nest convenience store now located in the student center will be moved to the first floor of the residential building. "It is my understanding that the convenience store in the Student Center will be closing and an

New Dorm continued on pg. 2

Hawks Fly Together in Hurricane Relief Efforts

JACKLYN KOUEFATI
MANAGING EDITOR

The University proves its slogan to be true with the new organization created to help Hurricane Sandy victims called Hawks Fly Together for Relief.

The Student Government Association (SGA) was the chosen student group to run the new-found program. "We didn't want people going to the same group time after time. We just thought if there was one group that was the focal point and spearheaded the challenge, that it would be a little more organized," said Patti Swannack, Vice President for Administrative Services.

Oscar Sanchez, the President of SGA, did not expect SGA to get chosen to monitor all of the relief efforts. He said, "The voice of the students we were glad to take on the responsibility to make sure that things ran in an organized manner."

However, a person does not have to be a part of SGA to make a donation or hold a fundraiser. The sorority Delta Phi Epsilon was selling silicon bracelets before the Thanksgiving break in the Rebecca Stafford Student Center. On the bracelets read the repeated motto for Hurricane Sandy relief efforts, "Revive.Rebuild.Recover."

Along with the bracelets being sold, the sorority was also

selling donated items from Work Out World Gym (WOW). Kate Muller, the President of Delta Phi Epsilon, explained that their fundraiser would not have been as successful as it was if it were not for WOW. The sorority raised around \$600, according to Muller.

Heather Kelly, the Assistant Director of Student Activities for Multicultural and Diversity Initiatives, said that there was also an event called Pie a Greek/Professor that was held on November 15 to raise money for Hawks Fly Together for Relief. She continued to say there have been donation drives going on as well in Pier Village and during a past hockey game.

"Most of the things that have happened so far have been more of the drive capacity than the event capacity," said Heather Kelly. She explained that other events are coming up; it has just been difficult for people to pull together quickly. There is one big event the program is working on for December.

On December 14, the Wave of Hope Benefit Concert will be held in Anacon Hall. Kelly Craig, the Vice President of SGA and the Chair of the benefit concert, explained that there are going to be about seven or eight bands performing throughout

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University Cracks Down on Illegal Downloading

LAUREN GARCIA
ASSISTANT NEWS EDITOR

The Friday just before the Thanksgiving break students were sent an email on behalf of Mary Anne Nagy, warning them about illegal file sharing within the University network. The email advised students that companies such as HBO, Sony and Warner Brothers monitor online activity and will notify the University when illegal downloads and file sharing of music, movies, games and

other materials are made without permission.

According to the email, the notices from these companies list the material illegally shared by individuals and will request that the University take action against these individuals, which may include disabling their accounts.

Mary Anne Nagy, Vice President of Student Services, said that companies will directly contact the University if illegal file sharing and downloading is discovered on campus. "I will get notified from the Information Management people and they will tell me student x has been illegally downloading and they will list what has been downloaded," said Nagy.

A primary concern coming from the University as indicated in their email is that students illegally downloading and file sharing are doing so on University computers and network.

"Illegal downloading and sharing of files utilizes resources that should be allocated for institutional purposes and exposes institutional resources and data to risks from hackers and viruses. Generally, you should

Downloading
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PHOTO COURTESY of Heather Kelly

Tau Kappa Epsilon helped a family in Point Pleasant Beach after Hurricane Sandy.

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The "So You Think You Can Dance Tour" made it's way into the MAC on Saturday.

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Alpha Sigma Tau raises money for Sandy relief.

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J. Chris Newberg’s “Comedy Meets Music” Raises Students’ Spirits After Hurricane Sandy

CASSANDRA FIGUEROA
STAFF WRITER

Comedian J. Chris Newberg performed “Comedy Meets Music” at the Oakwood Hall lounge on November 13.

Newberg’s act included jokes, songs, stories and speaking directly to the audience. “I do things that are adult oriented,” Newberg said. “If I offend someone, it’s OK.”

Race, sex, gender, abortion, history, religion and health were all utilized topics in his performance. Many times during the show, he would stop and ask someone in the audience what they wanted to hear or respond to an individual’s reactions. “Were you afraid of that joke?” Newberg asked an audience member after watching her reaction.

Jorge Santiago, a sophomore, said his favorite part of the performance was when Newberg personally joked with him about his first name being Jorge instead of George. “I thought it was pretty funny; I liked it,” Santiago said.

Twenty-one students attended the comedy show. “I’ve been stressed out lately so I figured I’d come and have a nice laugh,” said Jackie Shugard, a freshman. At the end of the performance she said, “I didn’t love it, but I didn’t hate it; I thought it was good.”

Newberg said he enjoyed performing for the students because they were polite, laughed at his jokes and paid attention to him. “You were my favorite audience to



Comedian J. Chris Newberg has appeared on television shows like “Jimmy Kimmel Live” and “Comedy Central’s Premium Blend.”

play for,” he said. “This is why I do it.”

“Coffee House” was the theme of the event so the SAB provided coffee and refreshments for the students who attended.

The SAB brought Newberg to the University in order for the students to enjoy a comedy show after a long break due to Hurricane Sandy.

Kelly Rose Printon, concert

chair of student activities, said that Newberg was first seen at a convention called National Association for Campus Activities (NACA).

A group of SAB members attended NACA and decided to bring Newberg, Printon said. “We thought he would provide a good show for the students.”

“I was very happy with the turn out and how the audience par-

ticipated, and I was happy with the show because it made people laugh, which was needed after a tough past two weeks,” Printon said.

The SAB implements different events each year including comedy events, holiday shopping, hypnotist, black light parties and others. Along with J. Chris Newberg’s comedy show, there will be an improvisation comedy night in

Pollak Theatre and trips for shopping in New York City and the Jersey Shore Premium Outlets this year.

Some students were unable to attend the show because Newberg was not on time.

“I wanted to go to the show and I was planning on it, but when it got delayed 45 minutes I couldn’t go,” said Elisha Hendelson, a junior. “I had to go to work so I was pretty disappointed about him not coming on time.”

Newberg’s flight was delayed. His appearance was planned for 7 pm, although, he was unable to arrive until 7:45 pm. His show was over an hour long.

At the end of the show, Newberg gave the audience his twitter name, @thechrisarmy. He offered a free CD to anyone who followed him on the website.

Newberg has appeared on “America’s Got Talent,” “Jimmy Kimmel Live,” “Last Comic Standing 4,” “Comedy Central’s Premium Blend” and has performed with comedian, Dane Cook. He has been doing comedy for 12 years, he said.

“Newberg has spent much of his adult life on the road. Whether it was performing in a bar just shy of capacity or to his eventual gathering and collecting members of the Chris Army, his loyal fans,” according to laughfactory.com. “With his friends at Comedy.com, Newberg has written and produced several short humorous videos that have received well over seven million views.”

Plans to Build New Residence Hall for 2014

New Dorm continued on from pg. 1

extension will be opened in the new hall,” said Swannack.

The convenience store will have an exit and entryway to campus so it will be accessible to all students, not just residents of the hall. Pillar said, “The new convenience store would help with the University’s

“Parking for library users and non-resident students will be accommodated in Lot 23 and in areas on the North Campus.”

PATTI SWANNACK
Vice President of Academic Services

goal of getting effective meal service on the north Campus.”

The Hawk’s Nest convenience store in the new hall will continue to be run by ARAMARK. Edward R. Gomez, Sr. Food Service Director of ARAMARK, said, “It will be more up-to-date with newer equipment and more space to offer a larger variety of items.”

Some students, such as senior Emily Blanchette, worry about the affects of building a residential hall on Lot 6 will have on parking at the University. “I think that another dorm is necessary because many sophomores are forced to move off campus due to lack of housing. However, Monmouth already has a parking issue. If they are going to

build a new dorm on top of a parking lot, they should build a new parking lot as well to counteract this issue,” said Blanchette.

Swannack stated that MUPD monitors parking spaces every two hours to report how long a space is occupied. According to these reports, due to students entering and leaving campus at various times,

there are allegedly enough parking spaces for students. As for the spaces that were in Lot 6, “Parking for library users and non-resident students will be accommodated in Lot 23 and in areas on the North Campus,” said Swannack.

In order for students to safely enter the library from Lot 23, there will be a walkway built. Swannack stated, “As part of the Library and Residence Hall Zoning applications, we proposed constructing a pedestrian walkway from the corner of Norwood and Cedar Ave at a 45-degree angle to the front of the library. The walkway will be very similar to the walkway in front of Wilson Hall and will include several benches for students to sit.”

According to Pillar, students are not expected to see the cost of the upcoming construction impact their tuition. “Residence halls over the long run pay for themselves,” said Pillar. Currently, a name has not been decided on for the residential hall. In the meantime, students and faculty of the University can anticipate for the future addition.



PHOTO COURTESY of Nicole Calascibetta
The new residential hall will be built on Lot 6 near the library.

CRIME
BLOTTER

CRIMINAL MISCHIEF
BETWEEN 11/21/12 - 11/25/2012 @ 12:40 PM
OAKWOOD HALL

WED.

THURS.

FRI.

SAT.

SUN.

MON.

TUES.

11/21 - 11/27

University Students to Take a Trip to Russia

KEVIN HOLTON
CO-ENTERTAINMENT EDITOR

A few individuals will have the chance to travel to Russia and Ukraine on a 13 day trip with Provost and Vice President of Academic Affairs, Thomas Pearson, this spring, from May 25 to June 7 of next year. The group that goes will be touring through Kiev, Moscow, the Golden Ring (a series of locations including Vladimir and Suzdal) and St. Petersburg.

Pearson’s relationship to this country began when he was a student. “I’m a Russian historian by training. My perspective is shaped by my experience living in the Soviet Union for 10 months. I was one of 50 scholars involved in an [academic] exchange program,” said Pearson.

Hotel accommodations, meals and transportation will be arranged throughout the trip. Those in attendance will be led by Ms. Marina Fokina, a lifelong tour guide and personal friend to Pearson.

The tour will begin in Kiev, Ukraine, where, in addition to

Flying from Kiev to Moscow on May 28, those on the trip will then be staying in the Pekin Hotel, which is one mile from Red Square and the Kremlin. It is also very near to theaters, restaurants and the Tchaikovsky Concert Hall, which is across the street.

From May 29 to May 30, attendees will experience the Golden Ring, which was the center of Russian civilization during the 13th and 14th centuries. The group will go to Suzdal to see the local monasteries, the Nativity Cathedral and the Museum of Wooden Architecture. They will later go on a tour of Vladimir, which will include the Golden Gates and the St. Dmitry and Assumption Cathedrals of the 12th century. Lunch will be provided on both days.

During the period of May 30 to June 2, the tour will involve sightseeing throughout Moscow, the city with the largest number of billionaires. This excursion will involve seeing Kremlin and the Red Square, the armory Museum and the Tretyakov Art Gallery, among other attractions. The following day will be a free day,

The ensuing trip through the area will include the Peter and Paul Fortress, the Hermitage Museum, and a tour to Pushkin and the Catherinean Palace, as well as an additional journey to Peterhoff, the summer palace of the Tsars. Peterhoff is known for lavish gardens and gold fountains.

In discussing The Hermitage, Pearson indicated that the group would have about two hours of scheduled time to tour the building. He added that free time is scheduled for immediately thereafter, so people who want to continue touring can do so. Pearson said, “I’m told that if you were to spend half an hour in each room, it would take three and a half years to see everything.”

The group will then experience an academic visit to the university in St. Petersburg or the Russian Law Clinic to discuss, with faculty and students, current developments in Russia, with the specific topics to be defined by the touring group.

“I try to take groups to Russia. I see it as part of my teaching and a learning experience in general,” said Pearson.

There will be generous amounts of free time allotted so that the travelers can do their own sightseeing, shopping, or go to special events nearby, such as concerts, opera, or the Moscow Circus.

“[The] Moscow Circus is such a part of the cultural fabric,” said Pearson, highly recommending that trip-goers consider checking it out.

Group members will typically pay \$2,590 if staying in double occupancy rooms and \$3,420 if staying in a single. Transportation should amount to \$1,500 while a Russian visa is \$190. Those who go should also anticipate paying for one’s own meals on days where accommodations are not specified as being provided. All prices are subject to change with EURO-dollar exchange rates, fare expenses and other such things. The price may



PHOTO COURTESY of Suzanne Moore

From May 25 to June 7 of this year, students will have the opportunity to travel to Russia and Ukraine.

“The trip is well worth the price. It was also not that expensive. With everything included (travel costs, hotels, food, and souvenirs) the trip cost me less than \$4,000. So really for all that we did while on the trip it was actually pretty cheap.”

LAUREN WOODS
Graduate Student

sightseeing, you will be able to tour the older parts of the city. Some stops include the St. Sophia Cathedral, Babiy Yar (a memorial to Soviet victims of Nazis), and the Kiev-Pechersk Lavra Monastery, all of which are widely renowned historical landmarks.

where one will be allowed to do anything one’s heart desires.

June 2 will end with the group boarding an overnight train to St. Petersburg where, on June 3, they’ll check in at the Oktyabrskaya Hotel, which is within walking distance of all major historical sites.

Hawks Fly Together for Relief

Hawks continued from pg. 1

the night along with students talking about their experience with the hurricane and how the University has helped them. There will also be donation drives and vendors selling items to raise money.

Craig said that it is a night to bring students together and try to raise as much money and collect as much items as possible for Hurricane Sandy sufferers.

Another way to help through Hawks Fly Together for Relief is volunteering. Elizabeth Kelly, graduate student, helped out with the volunteer opportunities. She said, “People really are seeking ways to help but you’ve go to be careful and go to something organized rather than just go to a town with a bunch of shovels.” The program created by the University allows people to volunteer in a safe way.

Heather Kelly explained that the fraternity Tau Kappa Epsilon and student group Circle K have already gone out and volunteered. She also added that it is not only people in New Jersey trying to volunteer.

“We’ve heard from Michigan, Maine and Virginia,” Heather Kelly said. “A lot of them are saying we want to jump in a van. We want to jump in van, we want to bring our students down and

come and volunteer.”

Hanging in the Rebecca Stafford Student Center is a ban-

ner that was sent from students in Florida. Heather Kelly said, “We’ve really been spending almost as much time replying to

people who have absolutely no ties to Monmouth from around the community and around the



PHOTO COURTESY of Heather Kelly

Hawks Fly Together for Relief has raised about \$700 from fundrasing so far.

United States as we have requests from inside Monmouth.” Hawks Fly Together for Relief has chosen two charities that it

and The MU Sandy Relief Funds.

The MU Sandy Relief Funds are aimed at students, employees and alumni who have been

affected by Hurricane Sandy.

Heather Kelly explained that the people who will be chosen for this donation will be through an application process. “I think it’s important too that we don’t forget the people around us and there’s a lot of people who are truly hurting at the University right now,” said Heather Kelly.

Heather Kelly continued to explain that the program has raised about \$700 so far. She said that the exact number is still a mystery but the previous fundrasing has reached the \$700 mark.

According to Swannack, the University has never done anything like this before. “We’ve never ever experienced a super storm where it had such dramatic impact on so many people,” she said. However, she explained that the University would absolutely do it again if it were warranted.

If anyone wishes to get involved or get more information on Hawks Fly Together for Relief, go on the website at www.monmouth.edu/relief. The website has information on how to make a donation, who to contact, how to volunteer and stories from previous volunteers.

Sanchez said, “Nobody can do everything, but everybody can do something. Lend a hand, hug or smile wherever you can as we make it through this tough time.”

Any person interested in going should contact Provost Thomas Pearson at pearson@monmouth.edu or Kathy Snedden at 732-571-3405 or snedden@monmouth.edu to confirm their intention in going, or to ask additional questions. The provost’s office needs a list of travelers and a \$300 deposit by February 8.

New Policy for the Plan B Pill

AMINA KHAN
MCT CAMPUS

Doctors should give underage teenagers prescriptions for emergency contraceptives such as Plan B before they start having sex instead of waiting until a young patient’s “plan A” goes awry, the American Academy of Pediatrics says in a new policy statement. It says doctors should also counsel teens on the options for emergency birth control as part of an overall strategy to reduce teen pregnancy.

The academy is issuing the new position paper, published online Monday by the journal Pediatrics, as physicians and other health experts struggle to reduce the nation’s high birthrate among adolescents.

Teen pregnancies in the U.S. have declined over the last 20 years, but the incidence is still the highest in the developed world, according to data released this year by the Centers for Disease Control and Prevention.

The birthrate among Americans ages 15 to 19 dropped 44 percent between 1991 and 2010, to 34.3 births per 1,000 women, the CDC reported. But that’s still about five times the teen birthrate in France and 2 ½ times the rate in Canada, according to United Nations data. It also is higher than the rates in China and Russia.

Rates of sexual assault are highest among teens and young adults, according to the Justice Department’s Office on Violence Against Women. And all in all, nearly 80 percent of teen pregnancies in the U.S. are unintended, occurring after unprotected sex or “underprotected” sex — when the contraceptive method of choice



IMAGE TAKEN from contraception.info

Many doctors are starting to feel that the pill Plan B should be given under a prescription rather than just over the counter.

fails.

“That’s tragic, really,” said Dr. Cora Breuner, a physician at Seattle Children’s Hospital who helped write the new policy statement as a member of the academy’s Committee on Adolescence. “We really can do better. By providing more education and improving access to contraception and more education about family planning, we can do better.”

It’s a pressing issue, Breuner added, because babies born to teens have been shown to fare poorly compared with their peers. Among other problems, they are more likely to do worse in school and suffer behavior problems such as truancy and early sexual activity.

Emergency contraceptives such as levonorgestrel, if taken within three to five days, can prevent pregnancy

by stopping the ovary from releasing an egg or by stopping sperm from fertilizing an egg. The drugs are also thought to change the uterine lining, thwarting a pregnancy that might otherwise take hold, according to the National Library of Medicine.

But emergency contraception pills are most effective when they’re used within the first 24 hours after unprotected sex, Breuner said, and teens

are more likely to use them if they’re readily available. That’s why it’s imperative to give teens prescriptions ahead of time so that, when condoms break or they forget to take their birth control pills for more than two days, they can get the medication as soon as possible. The drugs are sold under the brand names Plan B and Next Choice, and their possible side effects include nausea, vomiting, diarrhea and an untimely menstrual cycle.

Young women who are 17 or older can already get emergency contraceptives over the counter, provided they can show proof of age and can cover the cost, which is often about \$50, though it varies.

Younger teens require prescriptions, and some pharmacies require parental consent, according to the Emergency Contraception Website, a joint project of the Association of Reproductive Health Professionals and Princeton University’s Office of Population Research. There are no state or federal requirements that parents of teens be notified when their children seek contraception, the site says.

Given that teens aren’t likely to visit gynecologists for advice, pediatricians must be ready to provide as much information about contraception options as possible, said Dr. Jamie Lipeles, an OB-GYN at Marina Del Rey Hospital in Los Angeles who wasn’t involved in drafting the academy’s statement.

Many pediatricians don’t prescribe emergency contraceptives for patients ahead of time, which the policy paper said may be linked to doctors’ beliefs about whether it’s appropriate for teens to be sexually active.

University Monitors Online Piracy

Downloading continued from page 1

assume that any music, movie, gaming software or similar file that you obtain via the Internet is copyright-protected,” according to the email.

Nagy said the University is required to send this warning email to students on an annual basis by the Higher Education Opportunity Act (HEOA).

“Every year we send the warning to students to remind them of their responsibly,” said Nagy. “The warning is also listed in the handbook.”

Edward Christensen, Vice President for Information Management, claims that there has not been an increase in file sharing so far this year. This year, there have been seven cases while last year there were nine.

According to the University’s computer policies, appropriate use of computers includes the efficient and productive use of resources for their intended purposes: computation and communication appropriate to the goals of the University.

While the email sent out may be in accordance to the HEOA, the use of University computers for activities other than meeting these goals is in violation of its policies.

Dan Fitzpatrick, literature and education major, believes this to be the University’s strong point to uphold their stance against online piracy. “We’re using University technology, so we must abide by their rules,” said Fitzpatrick. “We’re using their Wi-Fi and their computers and that’s private property. Using this is a service not a privilege.”

Though actions against file sharing are persistent, the University is fair in how they treat students caught. “We don’t charge students under the code of conduct

for the first offense,” said Nagy. “We give them the opportunity to understand that they have violated the code of conduct and to modify their behavior. If they continue, we will charge them, (although it is rare that they will once it is brought to their attention.) It is important to remind people what their responsibilities are and if people do screw up, we can give them a chance to correct their behavior.”

Brandon Hayes, chemistry major, agrees with the University’s stance on preventing illegal downloading and file sharing. “I’ve been against it recently because iTunes now has self-publishing for independent artists and so now the artists will suffer from illegal downloads rather than the record companies,” said Hayes.

Dan Taylor, history and education major, feels differently. He believes that the accessing of these files by the school and the company is questionable as these files are on our personal accounts. “I don’t know if they’re just searching and accessing stolen material or all my information, including private information,” said Taylor.

In the end, however, the University’s main goal is fairness.

“The biggest thing is for people to remember that if you have downloaded a song, music video, or video game, it’s someone’s creative hard work and their intellectual property that went into making this,” said Nagy. “They expect to be paid out on the market and to be sold but if you’re illegally downloading, you’re stopping that compensation for all that work and that’s not fair. It’s our work: would you not want to be compensated for your work? Put yourself into that position.”

Support After Hurricane Sandy

The University’s Counseling and Psychological Services Held a Support Session to Help Students

JOHN HAREN
STAFF WRITER

Anticipating the anxiety of students and faculty after the destruction of super-storm Sandy, the University’s Counseling and Psychological Services held a support session to assist with the transition back to campus. The session, which was held in Anacon Hall on Tuesday Nov. 13, was led by Counseling and Psychological Services’ Director, Dr. Franca Mancini.

Mancini said that the decision to hold the session was influenced by several students from the University’s Social Work Department. “After the suggestion from those students, we decided to offer a place where students and members of the University could come together and talk about their experiences and feelings after coming through the storm,” said Mancini.

Although the event had a light turn-out of eight people, the small group took advantage of the personal environment.

First, a deep-breathing exercise was conducted by Mancini which was used to repose and relax the attendees. Next, each person took turns detailing their experiences during and after the storm including how the damage from Hurricane Sandy personally effected them and their families. Because of confidentiality rights, the information that the attendees discussed cannot be shared outside of the session.

After all of the attendees shared,

Mancini explained to the group that traumatic experiences such as Superstorm Sandy can negatively effect people in many different ways. “As a result of the devastating event, some people may begin to experience depression, an increase level of anxiety and even start to withdraw and isolate themselves,” said Mancini. “It’s important for one to recognize any individual symptoms and address them immediately.”

“For an individual who doesn’t quite feel like themselves, it is helpful for them to remember what kept them grounded before the storm occurred.”

TOM MCCARTHY
Assistant Director of Counseling and Psychological Services

According to Tom McCarthy, Assistant Director of Counseling and Psychological Services, addressing some of those symptoms can be as simple as slowly getting back into a routine again. “For an individual who doesn’t quite feel like themselves, it is helpful for them to remember what kept them grounded before the storm occurred,” said McCarthy. “If the person enjoyed running, they should get back to running. If the person liked to play video games, then they should do that. If a certain activity worked for the individual before, chances are it will work for them again,” said McCarthy.

According to Dr. Jamie Goodwin, psychology instructor, there are several other ways for one effected by the storm to begin the healing process. “Asking for and accepting support from friends and family can be a helpful tool,” said Goodwin. “Many

times simply talking about your feelings with a caring other is enough to make you feel stronger.” He also said another helpful tool that has been prevalent over the past month is service to other victims. “If possible, help other people - this improves the feelings of helplessness that contributes to post-disaster stress as well,” said Goodwin.

After the session, some of the students who attended the event were lingering outside of Anacon Hall, continuing their discussion. When asked if the session was helpful, one of those students responded, “Today was an intense day because, in all of my classes, we

talked about the effects of the storm from different angles and perspectives. Tonight’s session helped a great deal though and I feel calmer and happier than I did this morning,” the social work major said.

For another student, whose chose to remain anonymous, the session was helpful for her as well. “This was an effective way to unload some of the grief and stress from within,” she said.

A month has passed since the historic storm has ravaged the area and as the saying goes, time heals all wounds. Professor Goodwin points out, for some people, this may not be the case. “If a person is still continuing to struggle or function emotionally, academically, and/or in their relationships after this period of time- then seeing a counselor is essential,” said Goodwin. “It is an important part of taking care of yourself, and reclaiming your pre-

THE OUTLOOK

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Hurricane Sandy Causes Professors to Revamp Finals

THE OUTLOOK STAFF OPINION

Since the closing of the University due to Hurricane Sandy, students have been running around like well-educated chickens with their heads cut off to figure out what assignments are due and how to catch up on over a week's worth of course work. To further add to the disorganization of the revised syllabi and new due dates, students now have to deal with a change in the schedule for finals week.

President Gaffney sent a campus-wide email saying faculty members must schedule exams or exam-like exercises before the semester ends on December 21. He also said that if take home final exams are used classes still must be held during the final examination week. This last week thereby meets the 15 week federal requirement.

The opinion of most of *The Outlook* editors is that the course work they were given at the beginning of the semester is not going to change. Very few professors altered the content of their syllabi due to the storm. Most due dates were adjusted accordingly, but most likely there will still be as many exams as there would have been without the storm.

Overall, the amount of work has not changed, but some students

are confused as to what they have to do for their individual classes. Students are used to basing whether or not they have to go to class the last week of the semester on the exams they have to take. This year, both students and faculty members will have to adjust accordingly in order to be prepared for finals week.

Many of the editors said that they would be fine with the schedule change as long as they knew what was going on in their individ-

Even if the changes to class schedules were clear, some of *The Outlook* editors still find the adjustments frustrating. Professors who opt for final exams still have to fit them into the end of the semester without designated exam periods and therefore still have to cram so many weeks of material into a shortened time. With students confused and overworked, and even possibly unaware of schedule changes, the always stressful final week of the semester just became that much more difficult.

Students don't even get a reprieve during all of the schedule confusion. Once they catch up on the work they missed during the power outage it's time to start cramming for finals. There has been no chance to take a breath and chances are students will not be able to until winter break.

When it comes down to it, the editors at *The Outlook* understand why

it was necessary to change finals week to meet federal requirement. There was no other option that allowed students to go home after December 21. *The Outlook* staff is looking for from this new abrupt change of schedule is a more detailed breakdown from professors and faculty regarding their course work, and maybe a minute to relax. Many are thankful, however, that we do not have to return to the fall semester immediately following Christmas.

Some professors have not yet figured out or explained to their students how final exams, papers and the last week of classes are going to play out, giving students less time to prepare.

ual classes. Some professors have not yet figured out or explained to their students how final exams, papers and the last week of classes are going to play out, giving students less time to prepare. The syllabus for each class is different, so by losing nearly two weeks of class each student and professor will be affected differently. Some professors had to do some major reconstruction to the syllabus, while others just simply had to cut a few assignments.



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Classic Movies Remain Timeless Through Many Generations

Memorable Films Outlive Their Decades, Continue to be Beloved by People of All Ages

RACHEL GRAMUGLIA
STAFF WRITER

Classic movies just never seem to fade away. You all know exactly what I'm talking about. I'm talking *The Goonies*, *The Breakfast Club*, *Sixteen Candles*, *Pulp Fiction*, *Die Hard*, *Grease*, and for the sake of the holiday season, *Home Alone*, *A Christmas Story*, *It's a Wonderful Life*, and *Frosty the Snowman*. These movies have a special place within all of us; they are too good not to love.

What's the big deal about these movies anyway?

Well besides the fact that they are PHENOMENAL, they were passed down from our older siblings and our parents. I remember being five years old sitting around the television with my family, watching *That's How the Grinch Stole Christmas*, a movie that my parents had watched when they were kids.

They even watched *Frosty the Snowman* and *Rudolf the Red Nosed Reindeer* when they were young. There is a tradition that comes with each classic movie. How could you not respect such holiday classics?

Considering that the holiday season is all about tradition, it is the perfect opportunity for families to implement their holiday traditions into their routines. Whether it's sitting in on a Wednesday night watching ABC Family's 25 Days of Christmas specials, or having the family get together to bake over 500 sugar cookies for Christmas, it all comes down to tradition.

Holiday traditions can also be brought to campus. Bringing in

all of those holiday movies (or waiting for them to come on TV), decorating the dorm, or taking holiday photos are all great ways to create a holiday tradition with your friends at school. Monmouth is our home away from home, so creating traditions here will make this school feel even more like home.

However, what determines a holiday classic or even a classic movie at all? Who can determine or has the power to deem a movie as a classic? Who can deceive the difference between a classic movie and a regular movie?

There are qualities about these classic movies that make us come back for more.

Whether it's the holiday classics that are played every year or the 80s classic movies that permit us to dance around our rooms, they are just plain addicting.

Regular, everyday movies can be amazing, but we tend to forget them after a while. For example, the movie *Julie and Julia* with Amy Adams and Meryl Streep is a great movie, cute and fun, but I tend to forget about it after a while until it pops up on the TV and I debate if I want to watch it or not.

On the other hand, if *Parent Trap* is on TV, there will be no question of whether or not I will watch the movie. Considering it is the movie that taught me all about Oreos and peanut butter, I would have to watch it.

We've all had those days when we are skimming through the channels and are complaining, "Ugh, there is nothing on TV!" when all of a sudden, we stumble upon some random channel that is

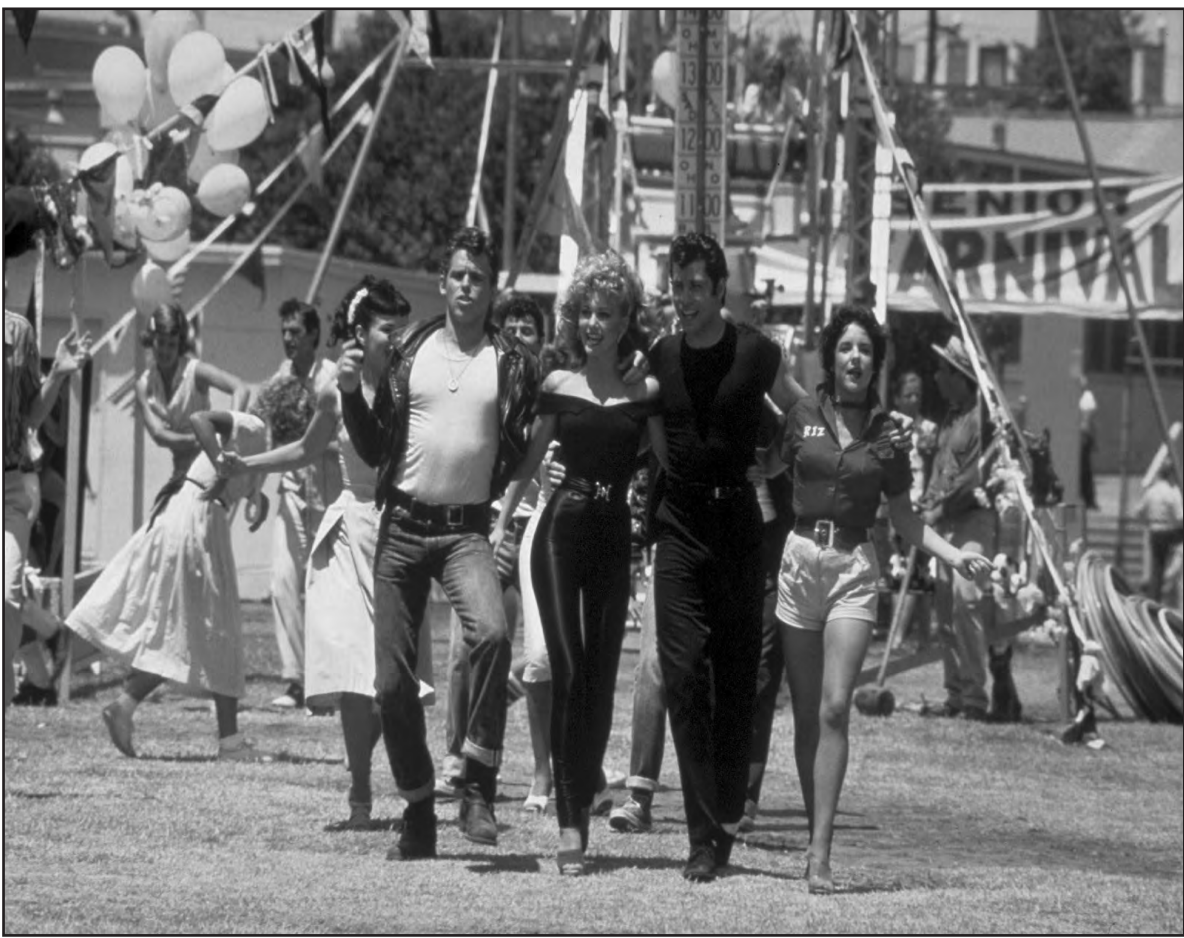


IMAGE TAKEN from allmoviephoto.com

Classic movies such as *Grease* tend to remain popular and a common favorite among people from generation to generation.

playing *Die Hard*, *Pulp Fiction*, or *Grease*.

We stop the entire day in its tracks, stop everything we are doing, sit down and enjoy the movie.

When *Pulp Fiction* is on, nothing else is going to occur that day. That movie is one of my favorite films. John Travolta, Samuel L.

Jackson, and Bruce Willis all together at once. Everything else is cancelled for that day.

Classic films have too much respect amongst everyone to be forgotten. I am for certain that 20 years from now, these classic movies will still be around. They are too good to just wither away with

the times. Some fads and trends can fade away with the years, but good movies, classic movies, never die.

However, 20 years from now is a little far, don't you think? So for now, pop in *Home Alone* and watch those two crooks get schooled by a clever seven-year-old.

Holiday Season Begins Too Early

Stores Commercialize Holidays Earlier Each Year

ANNA CHAMBERLAIN
STAFF WRITER

Like any child growing up, I loved the holiday season. It meant getting presents, endless trays of cookies and sweets, and of course, no school for two weeks. The whole holiday season is supposed to be a special time of giving, seeing loved ones, and just an overall sense of cheer. The reason why it is special is that it comes once a year, or at least that is what is supposed to happen.

It seems that over the past few years the holiday season has been getting longer, and every year all of the holidays seem to be becoming more and more commercial, especially Christmas. I started seeing ads about upcoming Black Friday sales in October, and it all seems ridiculous.

Yes, stores do need to advertise in order to make money, but they already know that this is the most profitable shopping season of the year, so why can't they wait at least until I finish my Halloween candy before they start advertising for the door busters and the one day only Christmas sales?

What goes on inside the stores is a whole other story. When I was shopping for Halloween decorations in late September, there were aisles already filled with bright red and green ornaments and silver tinsel. It was barely a

month into school.

Why did I need to worry about decorating for a holiday that was two months away? The whole idea that people were already preparing for Christmas seemed inconceivable and absurd. Why did anyone need to buy decorations in September? They are just going to end up being stuffed

away somewhere and forgotten.

It is not only the retail stores that are guilty of this. The media does it as well.

Over Thanksgiving weekend there were two Christmas specials on CBS, and there has been a countdown on ABC Family to their 25 days of Christmas, which is a countdown to Christmas.

It seems a bit over the top and redundant, doesn't it? *Rudolph the Red Nose Reindeer* and *Frosty the Snowman* are some of my favorite holiday classics, but I do not really want to watch them

for two months straight. The reason why those movies are so popular and special to people is because they are only on television one month of the year.

The worst part of the whole extended holiday season is the music. I started hearing holiday music in the store a few days after Hurricane Sandy hit. It was November 1. There are only so many times a person can listen to different variations of "Winter Wonderland" or "The Christmas Song" before you want to throw your radio into the garbage. It would not be so bad if it were a slow integration, like it was before, as we enter into the holiday season.

Today, it seems that once we are all done carving the turkey, the Christmas collection hits the radio hardcore, 24 hours a day for a month and a half.

The holiday season is a time to spread joy and be thankful, but it is called the holiday season for a reason. It is only supposed to be a short period of time. It seems like everyone would be a lot less bitter or crazed if we did not have to worry about getting to all the sales that are only for Black Friday, or having the countdown to Christmas as a constant nagging reminder in our heads.

Let the Christmas season be the length it has always been- from the end of November to the first week of January, and let the other holidays such as Halloween and Thanksgiving have their months to be celebrated properly.



IMAGE TAKEN from pastaqueen.com

Each year, the holidays seem to begin earlier and earlier as stores start their decorating in late October.

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University Community Adjusts to Schedule Changes

Superstorm Sandy Causes Professors, Students to Alter Original Plans as Semester is Shortened

ANNA CHAMBERLAIN
STAFF WRITER

It has been almost a month since Superstorm Sandy has hit, and both students and faculty are trying to get back to a sense of normalcy. However, there has been some dispute as to how the rest of the semester will go now that students have a shortened semester.

Some students have had to meet their original deadlines as professors continue to follow their syllabi while others are adjusting and trying not to overload their students.

“My professor has been making adjustments to a lot of assignments, and I had to go to a make-up class, so it has been a bit more stressful because there is even more of a workload than there usually is this time of year,” said Mary Fulco, junior. “I have been spending a lot of time at the library trying to get things done because now I do not have a lot of extra time.”

It is not only the students that have been stressed about the constrained semesters. Several professors have had to change test dates, guest speakers, and revise their syllabi schedule for the rest of the semester.

“For the most part, my courses are following their current syllabi,” says Dr. Stanley Blair, English professor.

“Because of several university closures on assignment due dates, some of those due dates

necessarily had to be shifted later by a week or two. In the case of one portion of one course, I have changed the course content delivery method from student presentations to lecture and discussion to ensure that course content will be unaffected. The post-Thanksgiving portions of my courses are generally unaffected,” said Blair.

There have been a lot of adjustments for both students and professors alike, especially see-

Most professors were just as affected by the storm as students were, so it seems that there is a general understanding that it will be a while before things get completely back to normal.

“I, myself, was fortunate in that my home neither lost power nor sustained any flooding. I do know, however, that many of my students were not so lucky,” says Dr. Johanna Foster, gender studies professor. “From what I can tell, most students lost power to

and assignments to help strike a balance between the need to respect students’ experiences of the traumas related to the storm with their concerns about being overwhelmed by missed coursework,” Foster said.

The departments do realize that the rest of the semester is going to be a bumpy one. Several of my professors have been very sympathetic and empathetic seeing as they have been through the same ordeal.

less of the role each of us plays in that community, we are all people first. Recognition of that has been readily apparent in the consideration, generosity, and caring that I have seen students and employees demonstrate toward each other and toward residents in affected communities.”

“While the Superstorm caused destruction, hardship, and inconvenience, it also had more positive effects, providing an opportunity for us individually to reflect on what is important in our lives and collectively helping to foster sincere sympathy and communal solidarity,” said Blair.

It seems that the work between students and teachers is on a case-by-case basis, but most have been trying to make the best of the situation.

It will take months for all of us to recover from the devastation that has occurred from Hurricane Sandy, especially in our area which did suffer significant damage.

However, it seems that returning to normalcy is the best thing we can do, as we should not let what happened rule our lives.

As a community we have and all strive towards one goal- successfully finishing the semester and growing from these experiences to become more prepared and more appreciative of what we do have in our lives.

We all need to remain as a community and remain strong.

“While the Superstorm caused destruction, hardship, and inconvenience, it also had more positive effects, providing an opportunity for us individually to reflect on what is important in our lives and collectively helping to foster sincere sympathy and communal solidarity.”

DR. STANLEY BLAIR
Associate Professor

ing as some are still having issues with transportation and power. Even with all the extra work, students are trying to remain optimistic.

“It’s finally nice to be back, but with all the work that’s due it has been hard,” says Kevin Davis, a senior who is planning to graduate this spring. “I believe that if students work hard, they can rise to the challenge. I have just been working longer and working more on my schoolwork. That is all I can do.”

their homes, many faced a good deal of storm clean-up at their parents’ or grandparents’ residences throughout the tri-state area, and a small number sustained devastating, life-altering damage to property or to the health of loved ones.”

“I am adjusting by trying my best to help students access the university resources that we have available, which are tremendous, and to lend a listening ear. I also made changes to the course schedule of readings

All of them have been lending a hand and offering an open ear to students who may need a bit of extra help during this period of recovery.

There has been a lot of devastation that we have all experienced, and as a community I have seen the students and professors here at Monmouth really pull together.

As Dr. Blair said and put it best, “As people, the entire university community was affected by Superstorm Sandy. Regard-

Exercising Indoors Made Possible with Some Creativity

Use Imagination to Keep Cold Weather from Standing in the Way of Staying in Shape

RACHEL GRAMUGLIA
STAFF WRITER

As the temperature drastically takes a turn for the chilly-willies, people are finding it harder and harder to keep up with their workout routines. Everybody is succumbing to the “oh it’s too cold outside to work out anyway” mode.

We have all experienced this mode. We stay in and munch on sweets and watch movies. But who ever said that it is too cold outside to get a good workout in your day?

Last time I checked, no one did.

There are plenty of different exercises that you can do inside (oh yes, we are taking the cold days out of the equation) to keep in shape during the winter. Who needs the gym when you can get your fitness on right inside your dorm room?

Get ready to work up a sweat. Because I know I did.

I decided, in order to give you guys the best at-home workouts I possibly can, to throw myself into the fire, and try multiple routines myself.

Thanks to the magical and organized world of Pinterest (you know it, it’s addicting), I found some excellent workout routines to try inside.

I tried a cardio blast that was “the fastest work out.” I had a specific amount of time, such as 30 seconds, for each exercise. By the end of my cardio blast to out of breath world, I found myself sprawled out on my floor.

Despite my inability to do a bridge for 30 seconds (looking

like an awkward giraffe if I may add) the cardio blast workout definitely got my heart racing. However, it only took up 10 minutes. This is excellent if you only have 10 minutes to spare-10 sweaty spare minutes.

I pushed onward for more routines, then my fingers somehow magically came upon YouTube and then Zumba. My newfound love for Zumba became immense, and slightly unhealthy. I found myself doing Zumba for 45 minutes.

It was the sweatiest, loudest, most rhythmic, and booty-pop-pin’ 45 minutes that I have ever spent! It is super easy to find Zumba routines to do; just type in Zumba routines and you’ll reach the Holy Grail.

There was even a routine to Beyoncé’s Run the World (Girls). Obviously I took it upon myself to do it. I’m officially Sasha Fierce.

After my Sasha Fierce escapades, I researched some more websites that would be of great help for anyone to try. I researched on Google and found Fitness.com, which provides exercises and recipes for anyone trying to keep the holiday pounds off (even though snacking on a few cookies is totally allowed).

Fitness Magazine’s website has great tips for at-home (or dorm) workouts that are very easy to try. However, there is one method of working out that I will, I repeat, WILL master without falling on my face.

Everyone, meet Yoga.

Yoga is a great way to work out and gain a sense of balance and relaxation. I tried research-



PHOTO COURTESY OF Katlyn Jones

Exercising indoors is a possible alternative to making the drive to the gym. Raquel Wareheim (above) demonstrates how people can perform the art of yoga at home in their own living room.

ing some poses and videos online which all resulted in my face or bum meeting the floor. Some people are just naturals at it. They can do camel poses and balance on one foot while their other one is across their bodies.

Power to them.

Monmouth sophomore Raquel Wareheim loves yoga because of the mind and body experience that she has every time she does it.

“It gives me that sense of fulfillment and it helps you think within yourself about life problems, and how to successfully solve them without hurting yourself or others,” Wareheim said.

Hmm; I feel more relaxed already!

Clearly the chilly winter air can’t freeze you from getting your exercise in the winter. Exercising at home can get the job done. You don’t need to wait 10 minutes to heat your car up, drive however many minutes to get to the gym, workout, and drive all the way back. Wasting time doesn’t need to be a part of your workout routine.

It is also super convenient that the showers are closer to you as well. So hit the showers, you’re smellin’ a little on the ripe side.

The Debt Clock is Ticking

BRYAN LARCO
CONTRIBUTING WRITER

Aside from the impending December 21, 2012 doomsday, Americans of all socioeconomic backgrounds should become well aware of the fiscal Armageddon that will take place on January 1, 2013 should Congress fail to act.

Beginning in January, the self-imposed crisis known as the “fiscal cliff” will take effect and cause \$7 trillion worth of spending cuts and tax hikes over 10 years.

In the summer of 2011, Congress found itself in what seemed to be unending gridlock over the issue of raising the limit placed on borrowing through the selling of United States Government Bonds. The congressional impasse on raising the maximum limit on borrowing, known as the debt ceiling, put the United States on track to default on its financial obligations to creditors from all over the world.

Finally in August 2012, Congress reached a deal that temporarily raised the borrowing limit and allowed members of Congress the opportunity to avoid difficult, permanent decisions until after the 2012 election. In exchange for more time and to pressure Congress to work together, members of both parties agreed to cuts in military and domestic program spending.

In an attempt to illustrate the severity of the consequences of failing to reach an agreement by January 1, Federal Reserve chairman, Ben Bernanke, alluded to the American economy tipping over the “fiscal cliff.”

The elements of the fiscal cliff are the outcome of this deal timed with the expiration of the tax cuts passed during President George W. Bush’s term in office. Should Congress fail to reach a deal, the American economy would take an automatic hit of \$500 billion in government spending and tax increases on most working

Americans for the fiscal year 2013. Although most economists agree that budget deficits are too high and that cuts in spending are reasonable policy changes, most also agree that cutting spending too quickly will imperil the U.S. economy that is sluggishly recovering from the worst economic crisis since the Great Depression.

On December 31, 2012, \$400 billion worth of tax cuts for 2013 alone will expire and effectively raise taxes on most Americans. All of the Bush-era tax rates and President Obama’s 2 percent payroll tax cut that put an average of \$1000 back in the pockets of all Americans per year are set to end. Regular income tax rates will go from 10, 15, 25, 28, 33, and 35 percent to 15, 28, 31, 36, and 39.6 percent.

The capital gains tax that is imposed on the sale of non-inventory assets such as stocks and bonds will increase from 15 to 20 percent, Child Tax credits will drop from \$1000 to \$500 per child, and the American Opportunity Tax Credit for qualifying college tuition expenses will drop from a credit of up to \$2,500 per student to \$1,200.

Associate Professor of Accounting, Paul G. Savoth, who completed a Master of Laws in taxes, remarked that the “United States’ tax code is too complex.” When asked to propose possible solutions, Savoth “Hoped that Congress took this opportunity to permanently reform the system to make it fair and encourage economic activity.”

On fiscal spending, the government made the consequences of the fiscal cliff simpler, yet far-reaching. If Congress fails to act, \$55 billion will be cut from discretionary defense spending. Another \$55 billion on domestic programs including education will also be usurped from the American economy. Some believe these spending reductions seem like great ideas in the face of increasing annual deficits. They make cuts in the wrong places. Congress needs

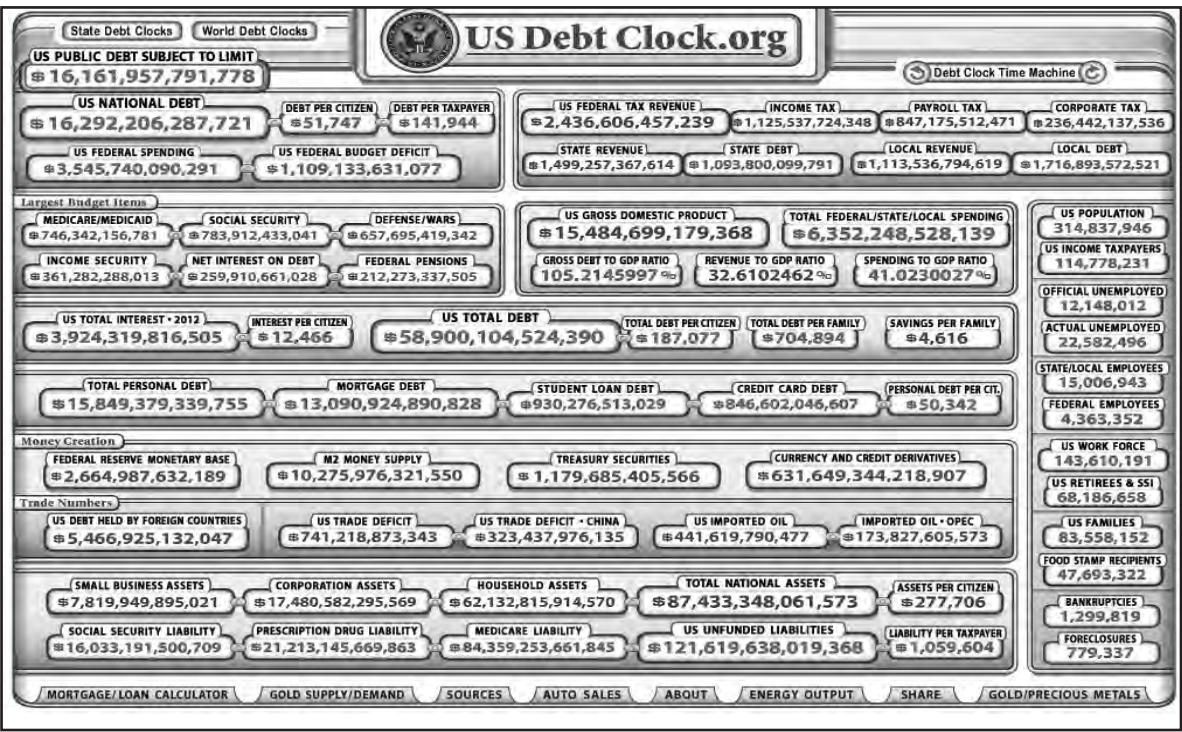


IMAGE TAKEN from usdebtclock.org

The national debt clock keeps track of United States debt at all times. The United States debt is over 16 trillion dollars.

to address the fiscally devastating issue of entitlement spending. This involves programs such as Medicare, Medicaid, and Social Security Insurance.

Savoth called on students to pay attention to this debate because it could “fundamentally change the way Social Security Insurance and Medicare function when young people begin to retire in the future.”

According to the Heritage Foundation, the three largest programs, Social Security, Medicare, and Medicaid make up 44 percent of the United States’ annual budgets.

Following the re-election of President Obama, Congressional leaders of both parties seemed optimistic about the possibility of reaching a compromise that would avert the looming crisis. This would obviously be in the interest of all Americans,

but to college students it is increasingly important because spending cuts and tax increases will ultimately affect the job market. With higher taxes, businesses could feel less inclined to hire new employees, invest in new equipment, and even cut existing positions.

When asked about the anxiety of entering the job market after graduation under these conditions, senior political science major, Miriam Peguero commented that she was “Genuinely worried about finding a position that is relevant to her work in college.”

No matter what issue arises in Congress; the overwhelming concern of students, faculty, and everyday Americans is jobs. When asked about her greatest fear after graduation, senior marketing major Samantha Hopkins commented that her

greatest fear was “not finding a job and being unable to pay back student loans.”

These fears are very real and common on college campuses. For now, students like Peguero and Hopkins can be cautiously optimistic. Despite a weak recovery, the economy is growing and the job market is healing. In October, the national unemployment rate slightly ticked up to 7.9 percent from 7.8 percent in September. According to the US Labor Department, the state unemployment rates in 23 out of the 50 states are now below six percent. Every American should hope that Republicans and Democrats in Congress work together, find permanent solutions, and aid the recovery. Preventing the fiscal cliff and removing the economic uncertainty is a great start.

Gridlock: Where No One Wins

Republicans and Democrats are Digging in and not Budging on Crucial Issues

KATIE MEYERS
STAFF WRITER

“Gridlock.” It is something that has become a familiar term in political news lately. It happened twice in 2011 according to CNN, nearly shut down the government and some businesses, and it seems like it is on the verge of happening again.

But what is “gridlock” anyway? Is it a traffic jam? Is it a power failure? Gridlock, in relation to politics, is the stalemate between Democrats and Republicans when

they disagree about how to proceed.

Assistant Communication Professor Michael Phillips-Anderson says, “Gridlock refers to the two parties not finding a way to compromise on legislation.”

According to a CNN article, in 2011 the gridlocks were due to budget talks.

According to an article in *The Star Ledger*, “Now, as the year 2012 comes to a close, and tax hikes and spending cuts are slated to kick in, Congressional leaders and White House officials find

themselves dangerously close to that stalemate again.”

Dr. Charles Cotton of the Political Science Department says that as long as we have a two party system in Washington, there will always be a focus on opposition. “Will there always be gridlock? Yes, because the parties (Republican and Democrat) are so similar, yet they try to be different,” said Cotton. “They’re never going to be friends, but they do respect each other more than people think. Politicians do their job because they care about people. They just go about it in very different ways.”

Gridlock in Washington often creates fatigue in Americans. In fact, at the end of 2011, Congress’s approval rating amongst the American people was the lowest it had ever been recorded. The year 2011 also happened to be Congress’s least efficient year in getting legislature passed and bills signed.

So, as a college student, one may be wondering how this gridlock problem affects you, if it affects you at all. Katelyn Nawowski, a senior communication and political science major, said, “College students should care about gridlock because the decisions that are being made - or not being made, for that matter - are decisions that are going to affect our futures.” Phillips-Anderson agrees, “It’s [gridlock] stopping things from getting done. It has an impact now and will continue to affect students when they graduate.”

As far as the fiscal cliff and

gridlock are concerned, Cotton said, “National interests supersede politics. The decision is really about whether we should let the Bush-era tax cuts expire, if we should let them continue, or if maybe it is time to try something new.” Part of the reason the government almost shut down last year was because an agreement could not be made as to how to solve the national debt crisis. Congress managed to extend the talks and buy some time, but the debt is not going away on its own, and a decision needs to be made.

Now, some are probably wondering how the gridlock problem can be solved. Unfortunately,

it seems that as long as people think and take in interest in politics, there will always be opposition. But that does not mean that students cannot make a difference if they really want to.

According to Cotton, “Young people can make a difference. If more people get involved, we can see change. The trends are progressing in a certain way. These trends are moving towards the Democrats and the middle line that separates the two parties is shifting too. If young people want to see change, they need to get involved at an early age. They need to vote, and get others involved and change will happen. They will see it.”



IMAGE TAKEN from trbing.com

The political gridlock in Washington D.C. is a problem both parties are responsible for and legislators have to work with each other for the next two years.

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The College Democrats Club Comes to the University

The College Democrats of Monmouth University Hope to get Campus Talking about Politics

JESSICA ROBERTS
STAFF WRITER

University students are joining together to bring a College Democrats club to campus. The College Democrats of Monmouth University is an organization that will focus on spreading and promoting the beliefs of the Democratic Party and getting students more involved in the political process.

The College Democrats of America (CDOA) was founded in 1932 when President Franklin D. Roosevelt was running for office. President Roosevelt's campaign recognized the importance of the youth vote and used that to their advantage by getting college students involved in the campaign.

It was not until 1980 that the organization became an official branch of the Democratic National Committee. Ever since then, the College Democrats of America have worked extensively on campaigns, making a huge difference in the youth vote turnout, most notably President Barack Obama's.

Elizabeth Anderson, an upper classman at the University and one of the founders of CDMU stated, "The goals of our club are to further the Democratic cause and political activism among students who are apathetic to politics. We want to get involved in local campaigns, and are ex-

cited for the upcoming Governor's Race."

According to the College Democrats website, College Democrats support the views of the Democratic Party which spread from social issues to economic

By using green energy, the party believes not only will the United States become energy independent, but it will create green energy jobs that will boost the economy and protect the environment, which will act as a stepping stone

to have a culture here on campus with very conservative and very liberal students that can disagree on issues but still be friends."

Anderson agrees with Patten on the importance of having both groups on campus. "You can only

it to get started up and running. I hope that it will spread awareness and the ideas behind the Democratic Party. It will be a fun place for people with common interest and beliefs to connect with one another and voice their opinions."

The advisor for the club is Dr. Michael Phillips-Anderson, a professor of political communications at the University.

Phillips-Anderson is proud that the students are getting politically involved. "At a time when students are accused of apathy surrounding politics,. I'm glad that Monmouth University students are choosing to put their time and energies into forming a College Democrats Club of Monmouth University," said Phillips-Anderson.

Phillips-Anderson continues, "While students are often viewed as being politically conservative, and many of them indeed are, this organization should give more liberal students a chance to work together to advance their political agenda. It would be great if it led to constructive dialogue among students with different political views."

The club has not held their first official meeting yet, but is going to soon.

If you are interested in joining the College Democrats of Monmouth University contact Elizabeth Anderson at s0792033@monmouth.edu for more details.

"It's important to have thriving young Democrats and Republicans to help spread political awareness. It is really nice to have a culture here on campus with very conservative and very liberal students that can disagree on issues but still be friends."

DR. JOSEPH PATTEN
Chair of the Political Science and Sociology Department

ones as well.

The Democratic Party has mainly advocated this year for civil rights, the environment, health insurance reform, and energy independence. Their belief is to have equal rights and opportunities under civil rights for everyone, regardless of race, gender, sexual orientation, religion, or disability.

They advocate for the LGBT communities right for Civil Unions, and having equal benefits. They also support women's rights in health care and equal pay.

They believe in energy resources that can help not only the economy but the environment as well.

to fighting climate change.

They support the President's Health Care Reform, and that it is important to make sure we take responsibility for one another through securing Social Security and Medicare.

Until this year, there has only been a College Republicans of Monmouth University, and with the forming of the College Democrats on campus, there hopes to be more involvement from students.

Dr. Joseph Patten, Chair of the Political Science Department, believes having both groups on campus is essential. "It's important to have thriving young Democrats and Republicans to help spread political awareness. It is really nice

find the College Republicans doing all these things on campus so far, so we are so unequally represented. By starting this group, we want to have the opportunity to equally represent the views of students and the different sides of the political field."

He continues, "The differences between the two parties can get confusing, especially if you are not too involved. We hope that by mobilizing students and getting them actively involved and engaged in politics they get a better understanding and will become more informed."

Susan Pagano, a sophomore political science major, plans on joining the club. "I am very excited for

Hawks Fly High at Rutgers Tournament

PRESS RELEASE

The Monmouth University Debate Hawks received six trophies at the Rutgers University Tournament held this weekend from November 16-18. The tournament included teams from Boston College, West Point Military Academy, New York University, and West Virginia University to name just a few.

The MU teams of 1) Michelle Grushko and Katelyn Nawoyski; 2) Mark Cosentino and Lianne Kulik; and 3)Ashley Medina and Saliha Younas earned trophies by making it into the playoff rounds on Sunday after achieving a 4-2 record during the six preliminary rounds debated on Friday and Saturday. Two teams made it into the quarterfinal elimination round (final eight).

MU debaters also took three of the top ten individual speaking awards at the tournament, with Michelle Grushko earn-

ing a 3rd place speaking award, Saliha Younas taking a 7th place award, and Kelly Craig earning a 9th place speaking award.

In total, 16 MU students scored impressive victories at the tournament, including Kelly Craig and Sam Maynard, Frank D'Amore and Trevor Higginson, Dan Roman and Jennifer Sime, Jacquelyn Corsentino and Jessica Roberts, Elizabeth Anderson and Dylan Maynard, and the six students referenced above.

Each year, a topic is picked to be debated at every tournament. The topic for this year is Resolved: The United States Federal Government Should Substantially Reduce Restrictions on and/or Substantially Increase Financial Incentives for Energy Production in the United States of One or More of the Following: Coal, Crude Oil, Nuclear Power, Natural Gas, Solar Power, and Wind Power.

The Debate Hawks organized and wrote a case on subsidizing nuclear power generated from thorium, rather than uranium,

arguing thorium has three advantages over uranium in that it cannot be weaponized, doesn't lead to meltdowns like in Fukushima Japan, and isn't mined on Native American lands.




There are six preliminary rounds, each lasting approximately two hours, and each team of two students argues on the affirmative in three rounds and on the negative for three rounds. Teams that compile a winning record in the preliminary rounds go on to the playoff rounds on Sunday.

The Debate Hawks would also like to thank MU alums and former debaters Brandon Karkovice and Arielle Giordano for helping to coach the team this weekend. The team would also like to especially thank Laurie Stanton and Dawn Cleffie for working miracles in accounts payable in processing paperwork with very short notice.

Please contact Dr. Joseph Patten(jpatten@monmouth.edu) if you are interested in joining the debate team. No experience is necessary. All you need is a willingness to have fun, learn a lot, and meet interesting people.



PHOTO COURTESY of Joseph Patten
The Debate Hawks won six trophies at Rutgers during their most recent tournament.




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doors open at 6:30pm

tickets are \$7 at the door

all proceeds benefit those affected
by Hurricane Sandy*



*50% of our proceeds will go to the Hurricane Sandy New Jersey Relief Fund, and 50 % will go to the MU Sandy Relief Fund which directly benefits Monmouth University students, alumni, and employees who were impacted by Hurricane Sandy.



Do you believe the holidays have become too materialistic?

COMPILED BY: ALEXIS ORLACCHIO



Megan junior
"I do because I feel like it's more about presents than being with your family."



Nick senior
"Yes, but I also feel that it depends on the age."



Ray junior
"Yes, there is too much of a focus on the buying instead of enjoying and appreciating."



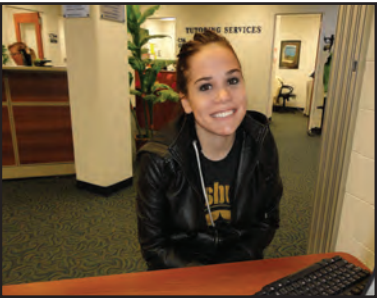
Daniel freshman
"For Thanksgiving I don't think it's too materialistic because it's about being together. But I think the people who go out for Black Friday are."



Sarah junior
"My friends and I set a spending limit and usually make each other gifts, so it's not materialistic among us."



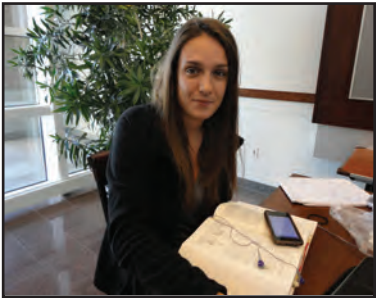
Jeremy freshman
"I think we've lost touch with the spirit of the holidays with Black Friday and Cyber Monday."



Jenna junior
"I think people still have Christmas spirit, I don't think that will ever go away."



Lou senior
"Yes, people are getting too caught up with gifts. We should be thinking about who we're going to spend the holiday with not just the gifts were going to get them."



Allie senior
"I guess it has in some ways. I think people have a lot of wants. I think it's important also to realize the holidays are about family and not forgetting that when you're buying your new TV."



Robert Professor of Communication
"It depends on what your definition of 'materialistic' is. I don't think that my celebration is materialistic. The faith-based origin of things may be lacking but it's still a celebration."

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Pop-Country Music Blend Spreads Across Airwaves

MAGGIE ZELINKA
LIFESTYLES EDITOR

For the past five years, there has been a rise of a certain genre in modern culture. In order to be considered a singer in this upcoming genre, you must have a southern drawl and cowboy boots. Their loyal, devoted fans must love the summer and be enthralled with sharing their emotions. The genre is none other than country music; a style of sound which has quickly become the defining musical genre for the nation. While many are aware of the songs and their respective artists topping the country charts, it can only be speculated as to why country music has all of a sudden become the latest American trend.

Sophomore and country enthusiast Rachel Fox believes she may have the answer to the question. “Country music has become increasingly popular throughout the years because many of the country stars have incorporated elements of pop and rock into their music, making it more appealing to a wider audience.”

Fellow sophomore and country lover Jackie Leming concurs with Fox. “I think that country has become really popular recently because a lot of country artists are incorporating other genres into their music. It seems like recently there is less of a separation between country and other types of music like rock and pop. Now country songs can appeal to a wider range of listeners,” Leming said.

Most people believe that country music is attributed to a change in its sound. *ABC News* reports “many record labels and radio stations no longer believe traditional country can sell.” Since the beginning of this fall season, *ABC* has intertwined with the country music world with their new hit drama, *Nashville*. This hit

show’s singles no longer reflect a traditional country style. This is due to the fact that country music no longer reflects the greats’ rhythms such as that of Johnny Cash, Willie Nelson, or Dolly Parton but instead has tried to mix pop with country.

Having toured with Shania Twain for nine years, music professor Marc Muller is well aware of the ins and outs of the music industry and has reached his own conclusion for country music’s recent popularity. “The state of country music, as with any genre, is in a constant state of flux,” Muller stated. “One factor is when an artist pops up with a new spin on American country music and redefines the boundaries of the genre. That was certainly the case with Shania Twain, my former boss. She entered with a new ‘pop country’ sound that made a huge impact on the industry, spurring many offshoots. It seems Carrie Underwood has taken over Shania’s torch, as well as Taylor Swift.”

As Muller mentioned, much of this popularity can be attributed to the 22-year-old Taylor Swift. Releasing her first album at age 16, Swift has quickly become the face of modern country music. Swift has merged both country and pop vibes allowing her to reach a broader audience.

In fact, some do not consider Swift country anymore such is the case of the *New York Times*. “Taylor Swift, eight years removed from her debut single, has become one of the most important pop artists of the last decade,” the *New York Times* states. It is obvious that Taylor Swift’s unique blend has been working well in the industry since she has graced Billboard’s Top 200 over 50 times, has earned the prestigious popular music award the Grammy six times and was recently named the 2012 Entertainer of the Year by the Academy of Country Mu-

sic. Since her system has worked so well, many country megastars have followed her lead, such as Carrie Underwood, Luke Bryan, Miranda Lambert and Hunter Hayes.

Radio professor Aaron Furgason reinforces that the ‘country’ genre is now mixed with pop and

changing the radio waves, it also has quickly become a ‘free living’ lifestyle according to many teenagers. “I believe that country music promotes the things in life that do not come with a price, such as love, family, and faith,” Rachel Fox

ing added. “I think that the care-free vibes that come from the music rub off on the people who listen to it.”

As previously stated, the reason for country music’s increasing popularity can only be speculated. Whatever the reason may be, Muller believes that country music will continue to be strong/popular and is here to stay. “I don’t believe it will fade. It will perhaps morph into the next big artist’s take on country music. In today’s digital age artists and musical styles come and go so fast. It’s hard to tell if something is fading or becoming popular really, due to the extremely low shelf life of any artistic venture today,” Muller said.

Furgason adds to Muller’s statement by explaining that country music is not only capturing the public’s heart but is also dimming other genres popularity. “Country, at least in this market is replacing Rock Music. Thunder 106 used to be Modern Rock HTG. NYC, the largest radio market in America, has no new Rock music station. Country music is safe, non-threatening and consumable by the masses. New rock music is not any of those things.”

On the other hand, Music Professor Adrien Synnott believes country music is not taking over any specific genre. “[Country music] has always gone through cycles of popularity,” Synnott continued, “Country music is part of the history of rock music, and each genre feeds off the other.”

Even though this new, non-traditional country music may or may not be diminishing other genres, the type of sound country provides is what society has prescribed for. Whether country music has been on the rise due to incorporation of other genres or just because their industry promotes a laid back lifestyle, it is hard to argue that country music is simply a trend.



IMAGE TAKEN FROM cmt.com

Taylor Swift and her music are part of the reason country has become widespread on the airwaves.

rock by giving his own opinion on why country has recently captured America’s attention. “Country is not country anymore. Look at the review of the Zac Brown band at IZOD center. The playlist included covers of Nirvana’s ‘All Apologies,’ Aerosmith’s ‘Sweet Emotion,’ Metallica’s ‘Enter Sandman,’ as well as covers of Stevie Wonder and Van Morrison. How are any of these songs related to country music?”

While country music has been

claimed. “These things are not lavish or luxurious, but are promoted through country music as the most important thing one’s life can hold.”

Jackie Leming also supports the ideal that country music inspires a carefree lifestyle. “Country music is feel good music because a lot of songs are about family, friends, love and happiness which are all things that people can relate to,” Lem-

Inexpensive Gifts Certain to Please

TAYLOR KELLY
STAFF WRITER

Last Friday marked the beginning of the holiday shopping season. With Black Friday being the biggest shopping day of the year, shopping can become a bit hectic. If you decided to stay away from the mall mayhem this season and you also skipped Cyber Monday, you may be disappointed that to have missed out on some bargains. However, if you are looking to shop for the holidays on a budget, there are still many options that can help you save your money.

College students often find it hard to splurge during the holidays. Junior Jessica Ketchel realizes this, “I definitely do less buying for the holidays now that I have my own expenses to pay.” This is most likely true for the majority of students around this time of year. If you want to keep your gifts at a minimum cost, you should check out Pinterest for some creative and useful ideas.

If you are more the do-it-yourself kind, there are plenty of options for you to choose from. Baking homemade cookies and other various treats is a perfect gift if you accompany it with festive wrapping or even an ornament to tie it all together. You can also let the receiver have all

the fun—create jars with cookie or hot chocolate ingredients and add cookie cutters or decorative mugs and recipes. To show off your artistic and personal side, you can make wall art or personal photo frames with your favorite images and pictures. A simple journal and a fun pen can make a great gift too, especially if you add a personal message on the front page.

Junior Tara Esposito enjoys the thought of homemade presents. “I’m an art major, and it is fun for me to make my own Christmas presents because I can get creative while doing something I really like doing, while still

ers for a couple of dollars. Add a screen protector or a colorful charger and you have got the perfect gift for the cell phone fanatic.

Amazon.com also sells external chargers for fewer than ten dollars, so he or she will never have to travel with a dead battery again. E-book reader cases come in tons of fabrics and patterns, so you are bound to find the perfect one for any taste. Clip on reading lights are inexpensive and ideal for those who like to read at night. If the one you are buying for is more traditional, you can buy them a favorite book set and add a special message on the front page. These options are all unisex, so you can please

shadows and lip glosses can be a perfect present in preparation for New Years celebrations.

Candles are great last minute options as they are always put to good use. Putting a candle in a decorative holder makes a gift that is usable year round and also is ornamental. Places such as Bath and Body Works never fail to provide the perfect present for a woman.

If the female you are looking for enjoys to drink with a touch of class, then a bottle of wine, wine glasses, a corkscrew and a decorative bottle topper in a basket would be a great gift for your wine connoisseur. The possibilities are endless if you get inventive.

Ideas for guys are pretty simple as well. If he is a sports fan, get him some gear to support his favorite team. Scarves, hats, and other winter equipment can help them keep warm during the game.

Sophomore Matthew Bucino likes encourages the idea of sports-related gifts. “I’m a big Giants fan, so I’m always happy to get anything football related,” he said. A tailgate set complete with beer, hand warmers, stadium seat pads, grill utensils, and a cooler is sure to satisfy any sports fan.

If you want to let a man know that it is time to shave

his ‘no-shave November’ beard, a kit of trimmers, razors, shaving cream, shampoo, body wash, and after-shower spray is an easy choice. Put it all together with a fuzzy robe, towel, and shower caddy, and he will be ready for winter mornings.

There are also many presents available for both genders. A set of DVDs, popcorn, candy, and soda, along with some pajama pants or a blanket is a gift that can be used as a fun movie night-in. Another present for either gender is investing in a big box of ornaments that can go along with any individual’s holiday color scheme. You could even pick out a single ornament which incorporates his favorite character. Lastly, something as simple as a dinner date to a fancy restaurant, or a favorite restaurant, makes a great memory as well as a great present. Remember, you do not have to spend a lot of money to show you care.

The holidays are quickly approaching, and there are plenty of ways to please whoever you are buying for without breaking the bank. Be creative, think of your recipient’s interests and hobbies, and do not be afraid to add a personal touch. If you put effort into your present, it will show. Just remember, no matter what you choose, keep the interests of your recipient in mind.

“I definitely do less buying for the holidays now that I have my own expenses to pay.”

JESSICA KETCHEL
Junior

making it all personal,” she said.

It is no secret that mostly everyone in today’s world is tech-obsessed. If you are looking for a way to please a tech-savvy person, you should consider phone cases and e-book reader covers. Amazon.com always has deals on trendy iPhone cases, and they even sell bejeweled button stick-

either gender with these simple solutions.

If you are shopping for a female, you can never go wrong with accessories. Nail polish sets, costume jewelry, and winter accessories like headbands, scarves, and hats are a hit. Lotions, body washes, and other toiletries are always needed and appreciated. Fun eye-

Drop the Turkey Weight with Simple Exercises

FABIANA BUONTEMPO
STAFF WRITER

With all the food and temptations waiting for you on the living room table, the holidays have become an extremely difficult time to try to maintain a healthy diet. Worst of the lot, when it comes to a healthy diet, the worst holiday is Thanksgiving.

Friends and family come together over a huge meal, will power is not a word that is typically found in one's vocabulary. Between the yummy turkey, mashed potatoes, stuffing, pumpkin pies, and the leftovers it is inevitable to pack on a few Turkey Day pounds.

"I look forward to the holidays and all the food, so I try not to fixate about any weight I might gain over the break," said freshman Jessica Caffey. Much like Caffey, many have a hard time saying no to these irresistible foods, luckily there are several ways to quickly shed those unwanted pounds just in time for the next round of holidays.

There are many ways of working out while maintaining the holiday spirit. For instance, ice skating with friends or family is a great activity. According to self.com, it is possible to burn up to 200 calories in 30 minutes of ice skating even if it is a light skate. Another great option would be to rake leaves. By

raking leaves, you will be aiding your family while working your upper arms as well as burning calories. Even taking a walk around your neighborhood burns some calories. Another example of how to stay active and keep with the holiday spirit is to have a two-hand

said.

If staying inside is a better option for you, another easy way to get moving post-Thanksgiving dinner is popping in a workout DVD at home. Many workout DVDs call for inexpensive and basic equipment, such as resistance bands, or



IMAGE TAKEN FROM shape.com

The modified side plank twist strengthens the core and takes only five minutes.

touch football game with relatives or friends.

Freshman Brittany Lamb knows how important it is to exercise after the Thanksgiving dinner. "I try to stay active, especially come the holidays when all we do is eat," she

dumbbells and will only take about 20 minutes out of the day.

After Thanksgiving break, when you are still trying to digest all of that delicious food, *Fitness Magazine* suggests you drink a great amount of water. The eight glasses

a day rule is still a must, but continually sipping water throughout the day gives the feeling of being full so you are less tempted to indulge in leftovers. Weight training is another great, effective way to burn calories. Try to incorporate weights into any cardio routine.

There are many workouts that you can perform without any equipment from the gym. Toning the stomach after a Thanksgiving meal is one of the top priorities on most people's list.

Here are some easy ways *Fitness Magazine* has thought up in order to drop the extra flab created. The first exercise mentioned involves a chair. Align your back upright with the back of the chair with your feet touching the ground. Place your hands on the edge of the chair, and now push up so your feet are now 2-4 inches off the ground and only your hands are touching the chair. Try to hold yourself up for at least five seconds and repeat this action for a minute.

Another exercise *Fitness Magazine* says will help cut back one's stomach needs no other equipment besides your own body. To begin, you must sit on the floor with your legs out straight and press them tightly together. Now have your upper body bend back so you are about 45 degrees from the floor. Put both arms overhead much like a ballerina. Begin to slowly twist

your torso to the right or left side; whichever side you choose, make sure to keep that arm on the ground while the other arm follows the torso keeping that ballerina form. Once your twist is complete, bring both arms to the ballerina position with your upper body facing your feet once more. Repeat the action on the opposite side and continue this routine until you have complete eight reps on each side.

If you work out daily, you do not have much to fear as far as gaining weight goes. John Jackman, Director of the Fitness Center, explains that indulgence for one day cannot be overly harmful.

"One day of eating your favorites is not going to make you fat," said Jackman. "If you are already in decent shape you absolutely have nothing to fear. For me, one of the great benefits to being in shape is getting to eat my favorite foods and treats, especially the treats." He also said treating ourselves guilt free is essential in our mental, emotional and physical balance.

With all these tips, it should now be simple to burn those Thanksgiving calories and get the body moving. So this holiday season, don't fret over those turkey pounds that might creep up. It is okay to treat yourself to yummy foods and enjoy the time with good company, just make sure to get up and moving afterwards.

There is More to Yoga Than Finding 'Zen'

KELLY HUGHES
STAFF WRITER

When one thinks of yoga, they tend to think of middle aged upperclass women using this as an excuse for a workout. It is difficult to understand that yoga actually does benefit the body mentally and physical when it merely looks like pre-stretches that most sports would do. This common misconception has made many believe that yoga is simply the latest trend, but it is in fact one of the best all-around workouts in today's world.

Sophomore and yoga enthusiast, Becca Zidik, explains why yoga is truly the best overall body and mental workout one can find. "Yoga promotes the blood flow throughout the body, which increases the transportation of minerals and vitamins within

and body.”

According to the Mayo Clinic, there are many different forms of yoga. The beginner's form is hatha yoga while the more advanced ones are ashtanga and lyengar. Two more noteworthy yoga forms are bikram which is performed in a warm room and kundalini which centers around chants as well as meditation. The Mayo Clinic supports yoga as a form of exercise by stating, "The potential health benefits of yoga are numerous and may include: stress reduction, increased fitness, management of chronic health conditions, and weight loss."

Webmd.com claims, “Many of the poses build upper-body strength. This becomes crucial as people age. The standing poses, especially if you hold them for several long breaths, build strength in

Just like any other activity, yoga does include some precautions. If suffering from a bad back or neck strains, yoga will not be the best choice of workout since it does involve much flexibility. While yoga may injure a select few, this is mainly because those selected

few may have pre-existing medical conditions. Otherwise, yoga is meant to aid every ounce of one's body and to better the body in order to avoid harm.

If you or your friends are interested in pursuing yoga, you can try out *Elevate Yoga* located in

Hazlet, New Jersey where Professor Hokanson teaches a class at 9 am on Sunday's.

With all the chaos and strains in a college student's life, yoga may be the perfect prescription to decrease stress especially this close to the end of the semester.

"It helps connect with the true self
and lets you move past all the chaos
in life."

SHANNON HOKANSON
Professor

the body. It circulates oxygen to throughout the body as well. This can help lower blood pressure, increase your immunity, help with pain, and relieve many stresses of life. It also is a great way to increase your strength, enhance your posture, and lose weight," Zidik noted.

Professor Shannon Hokanson of Monmouth's Communication Department has been involved with yoga for nearly 15 years and has created her own opinion on why yoga is great. "Some benefits of yoga include stress management as well as physical fitness. For some folks, it helps them enact a non-spiritual individuality connection with the divine. Even if one is not after that goal, they can do yoga to relax both their mind

your hamstrings, quadriceps, and abdominal muscles. When practiced correctly, nearly all poses build core strength in the deep abdominal muscles.”

Even though many may still view yoga as merely stretches, it goes much deeper than that. Yoga has been proven to enhance mentality and emotional structure as well as strength for people at any age. Zidik adds "Yoga is my mood regulator and it helps with my sleeping patterns."


For Hokanson, yoga has always been a way to keep her own her feet. "It keeps me grounded," Hokanson said. "It helps connect with the true self and lets you move past all the chaos in life. It helps you to find you're always still, always quiet, always calm side."

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DECEMBER 12th

6 - 8 pm • Pollak Theatre • FREE ADMISSION

A Side-Splitting Comedy by MU Students

JUSTIN FRANCO
STAFF WRITER

The Foreigner, Monmouth University's play for the fall semester, opened on Friday, November 16. With a book by the deceased Larry Shue and direction by theatre department chair Dr. John Burke, *The Foreigner* is a side-splitting show that anybody, can find a lot of laughs in.

"It was fantastic," said Kevin Long, a junior and music industry major. "Just fantastic."

The Foreigner takes place at a fishing lodge in Tilghman County, Georgia, in "the recent past" (the time period the set and costumes put in my mind was the mid 1980s). In it, Charlie Baker (Henry O. Siebecker) is a simple science fiction proof-reader visiting his British friend, Staff Sergeant "Froggy" LeSueur (Bryan Haring). Charlie is upset that his unfaithful wife may be dying in the hospital and tells Froggy that he wishes to speak to nobody because of an anxiety problem. As a result, Froggy decides to tell the owner of the lodge, Betty Meeks (Taylor Bogan), that Charlie is a foreigner from a distant country. Betty, who has never travelled, is eager to have the exotic Charlie, who does not speak a word of English, in her home.

As a result of his assumed obliviousness, the lodge patrons and their friends discuss all sorts of personal matters in front of Charlie, allowing him to be, for the first act at least, a silent window through which the au-

dience learns the subplots and setting of the play.

We learn that the other people living in the lodge are Catherine Simms (Zoe Bulitt), a wealthy but bored Southern debutante, her younger sister Ellie May Simms (Jamee Shea), who is assumed to be slow, and the shady Reverend David Marshall Lee (Brandon Wiener), who is engaged to Catherine. Often visiting is David's friend from town, the equally shady Owen Musser (Guy Battaglia), who reveals himself as one of the primary antagonists of the show.

The Foreigner, while bearing small parts of a dramatic story, is a comedy. "Comedy demands a lot of timing," Burke says, "and takes a lot more work than people think to be able to develop the comic timing that suits each one of the characters and jokes."

The whole show had audience members audibly laughing. Myself, along with the friends I attended the show with, were in stitches for the majority of the second act. Each cast member gave a wonderful performance, each with a different brand of comic timing that Burke was talking about.

Bogan convinced me that Betty Meeks was a simple woman suffering from cabin fever, eager to experience the outside world through conversing with a man that, to her at least, obviously had no idea what she was talking about. Bulitt gave a wonderful performance as the cold and bitter young woman giving up her youth who gradually loses her ice queen demeanor and becomes an en-

dearing character. Shea wonderfully performed a role as a slow young girl with a heart of gold. She gets extra praise from me, considering that the role she plays was written for a male – the script of the show has the name of the character as "Ellard Simms," and the lines written for a young man.

Wiener plays the weaselly Reverend very well, and Battaglia does an excellent job at playing an unintelligent

bigot. Haring's British accent is impeccable, and his delivery is fantastic.

The highlight of the show was, without a doubt, Siebecker. He has performed in many Theatre Department shows – the last time I saw him was as Philip in 2010's *The Shape of Things* – combines all of the aspects of a great comedic actor into his performance. As the eponymous character, Siebecker's Charlie keeps the

show moving through its various scenes, and provides the vast majority of the show's many laughs.

I recommend any student looking for a laugh or even just something to do on a weeknight besides the usual routine make their way to Woods Theatre to see this show – I promise that it is worth the time. *The Foreigner* will run at the Lauren K. Woods Theatre until December 1.



PHOTO COURTESY of Sara Tomas

The University production of *The Foreigner* was hysterical as well as incredible.

Racism is the Real Battle in *Camp de Thiaroye*

IAN SILAKOWSKI
STAFF WRITER

This past Monday I had the pleasure of seeing the film *Camp de Thiaroye*, the first film in this year's Provost Film Series. It was hosted by Dr. Thomas S. Pearson, Provost and Vice President for Academic Affairs.

"I believe these films will give us a much deeper appreciation of not only the configuration of Africa and the different states and the different factions, but also we will come to appreciate the traditions and the communal practices and emphases of various African cultures," said Pearson.

This year's film series, titled African Journeys: Haunting Legacies, Fragile Futures, is about the tribulations faced by African peoples from Algeria to Rwanda. "We're doing a lot of initiatives with diversity... as an area, many Americans need to know more [about Africa]. Many people have little exposure to films by Africans about life events there," said Pearson. He also noted that this series is part of the cultural series of events occurring across campus, including lectures and performing arts series installments centered on African culture.

This is indeed a deep film. This semi-autobiographic film focused on a squad of West African soldiers who fought for the French during World War II. They come back from their tour of duty as heroes but, while waiting to be shipped home, they are first held at a French prison camp. They came out of an international war only to fight a personal one.

Director Ousmane Sembene starts the film off with a celebration, and for pretty much the rest of the film, that's the happiest the audience will see the soldiers. It is a study in the prejudice black soldiers face even when they risk their lives to save others. The camp is located in the desert. It's

a very barren, dry, and lonely looking place. They have no one to turn to except each other.

Sembene creates a sense of dread by showing the base when the soldiers arrive there. Almost all the soldiers are happy to just be safe and in one piece, but all that's on Private Pays mind is the barbed wire surrounding the base and the guard towers that bring up the disturbing memories of the concentration camp he was held in as well as the fellow soldiers that were killed.

The relationship between the French commanding officers of the camp and the black soldiers is problematic from the start. The commanding officers don't think very highly of the soldiers, even wondering why they have American uniforms on. The food is terrible and when the soldiers complain about it, instead of being accommodated, they have to

go out and find meat themselves.

The soldiers have only one white commanding officer on their side, Captain Reynolds, who can't really do much to help them even though he knows they deserve better. The soldiers try their best to ignore what comes their way but when one of their own, Sergeant Major Diatta, is beaten up in town by military police and thrown in jail for not having his military ID, they begin to take matters into their own hands.

Diatta gets treated the worst, yet he is the most educated and optimistic of the squad. He earns our sympathy not just due to his leadership qualities and the abuse that he encounters from the French, but also the fact that he is the black sheep of his family. His parents were killed in the war by the same type of people Diatta is fighting alongside of, yet he refuses to renounce his African

citizenship. He is married to a white French woman with a son, he speaks French fluently, and studies law. Education is usually a sign of respect, but due to racism between blacks and whites, not only are the white soldiers shunning him, his family is too.

The film is more of a documentary than narrative. It's in French and African languages but does contain subtitles which aren't hard to follow. The acting is very good. Even though all the actors do not speak English, their facial expressions and tone tell us all we need to know about what they are feeling.

The pacing is not one of the film's strengths, but the subject matter is. The movie is a little too long at two hours and twenty seven minutes. Conflicts are few and far between but when they do come they feel real and glue your eyes to the screen. The actors

have great chemistry with each other. There is a sense of companionship throughout the film.

The French soldiers, technically the real villains of the film, are given some depth. Reynolds not only respects but is a friend to Diatta and urges him to get the other soldiers to back down for their own safety. Even some of the camp guards who treat the soldiers with disdain know what will happen if the soldiers don't back down and their faces show they do not like what could happen next.

Despite the subject matter, it was not very graphic. There were scenes of blood here and there but from what I saw, I wouldn't call it a gory movie. People ages 15 and above could watch this in school.

Retired physical education teacher Don Mayer of Asbury Park New Jersey says, "I was very interested in it and I thought it was very informative and well done."

Some movies don't have to be enjoyable. This is one of them. If it was, then it wouldn't have the same emotional impact.

To close out the night's movie, Christopher DeRosa, associate professor of history and anthropology, gave us his two cents on the film and insight into why it was semi biographical. "It's definitely on my list of World War Two films to recommend," he said enthusiastically. DeRosa found it interesting "that these soldiers were fighting for a society in which they were subjects rather than citizens," and they were willing to fight and revolt. The history lesson added to the experience.

I recommend this movie to anyone with even a slight interest in history, war film buffs, and high school and college students. It excellently conveys what West African soldiers went through and, although it isn't exactly a "war" film, it does show that sometimes the war doesn't end when you leave the battlefield.



IMAGE TAKEN from newyorkerfilms.com

Camp de Thiaroye presents the harrowing tale of black soldiers imprisoned by the French after World War II.

“So You Think You Can Dance” Comes to the MAC

NICOLE MASSABROOK
CO-ENTERTAINMENT EDITOR

The top 12 finalists of FOX’s reality show “So You Think You Can Dance” performed at the MAC on Saturday night, one of the last few stops on a 30-city tour. The tour gave fans a chance to see their favorite dancers perform dance routines from the competition as well as entirely new routines.

“So You Think You Can Dance” is a FOX reality dance competition. The Emmy award-winning show was started in 2005 by Simon Fuller and Nigel Lythgoe, two of the minds behind “American Idol.” In his pre-recorded introduction of the show, Lythgoe called the program “America’s favorite summer series.”

The audience was mostly female. The few men there looked to be bored dads with their seven year olds. The pre-show included commercials for sponsors such as Libman Mops and *Just Dance 4*. It’s safe to say that this was their expected demographic. Of course, not only little girls went with their parents. Danielle Febus of Hackettstown is 27 and attended the show with her mother. She said she was attracted to the show because she used to dance.

Many attendees had dance experience. Sue Suozzo of Ocean Township has been following the television series since the beginning. She used to coach gymnastics and cheerleading in addition to choreographing school plays. Suozzo said that she loves the show because, “It gives a great opportunity to young people to share their talent.”

One of those young people is finalist Amelia Lowe, a native of Butler, New Jersey. The 18-year-old has been dancing since she was three. In an interview with FOX.com, she described the rehearsal process as being very intense. “Not only are you doing dances that you’ve done on the show, but you’re

doing new ones,” she said.

Occasionally, the audience would recognize a dance routine as one of their favorites and they would applaud in the beginning of the dance. However, this was not a rock concert. Applause was reserved for the end of performances. Early on, a dancer did a backflip and the casual viewer might think that was worth of applause. Oh no, the only thing worthy of mid-performance applause was when one of the males would catch a female. There is something particularly impressive about being able to hold a girl up with only one hand on her calf.

So why would viewers pay to see people they can see on screen every week? Aside from the obvious thrill of seeing thier favorite performers, they also get to see more dancing. Female winner Eliana Girard explained to FOX.com, “Watching the show on TV it is awesome because we get to come into your living room. But the thing is with the camera blocking, you only certain visuals. So you’ll be able to see certain things you didn’t get to see on TV.”

Like in the show, each dancer had their own time in the spotlight. In between group numbers, the audience saw a video recaping the finalist’s time in the competition followed by a solo performance, usually in their specialty.

Olivia Cheek, 14 and a dancer, was excited to see her favorite dancer. “I

like Tiffany. She used to dance at a convention I went to so I like her,” she said.

The crowd favorite, by far, was Cyrus “Glitch” Spencer. The mohawked dancer had the most unique dance with his dubstep routine. The applause and screaming was deafening and for a moment, it almost seemed like a rock concert. That is not the most common thing for a dancer. Eliana emphasized, “It feels incredible to have a tour that is just about dancers. Because it is true, that when you have a tour, it is usually about a singer and has one main person, but this show is about all of us.”

The show was filled with many fans, but there were also some newcomers. Devon Seelig, a University of Vermont freshman, had never seen the show before. “My friends had an extra ticket,” she said. “[The show] is pretty nice.” Seelig said she was really glad she came out to the event.

“So You Think You Can Dance” is expected to return for a tenth season this summer on FOX.



PHOTO TAKEN by Jim Reme

Finalist Amelia Lowe is a high school senior from Butler, NJ who has been dancing since age three.

BREAKING DAWN’S FANTASTIC FINALE

ELIZABETH WHITE
CONTRIBUTOR

Fans all over have been waiting for the premiere of the epic conclusion to *The Twilight Saga’s Breaking Dawn: Part Two*. The first part of the fourth movie left fans with the long-awaited turning of Bella into a vampire, complete with the opening of her eyes to reveal their blood-red color.

Part two picks up where the last one left off. Bella is now awake and is looking at her surroundings with her super-enhanced vampiric sight, until her focus rests on Edward. The couple has a tender reunion, only to turn humorous as Bella crushes Edward in a hug with her newborn vampire strength. She is then reunited with the rest of the Cullen family in addition to Jacob Black and Renesmee, her daughter. The rest of the movie follows Bella and the crew as they adjust to their new lives and worry over the fate of the rapidly-growing Renesmee. There is then the threat of the powerful vampire government, the Volturi, who believe that Bella’s daughter could pose a danger to all vampires.

Fans of both the books and the movies alike will be delighted with this final installment of the saga. The action of the film followed the novel almost perfectly, and paced the action in a way that held the audience’s interest. As in the other movies, the setting was beautifully done, and the cinematography captures the essence of the area in which these characters live. The actors put on a solid performance, making you see past the hype around Stewart and Pattinson’s personal lives and focus entirely on their characters. Not only were the main cast members phenomenal in their performance but so were the supporting cast members, including Mackenzie Foy, the little girl chosen to portray Renesmee.

The young girl did a surprisingly good job at remaining serious in her role, acting wiser beyond her years and fulfilling an image readers all over the world have had in their

heads. Expectations like that can be tough on anyone, let alone an eleven year old, but Foy shines in her role.

Perhaps the most incredible thing about this film was the creative license the director and producers took with it. They took something that was supposed to serve as a nice companion to a beloved book and completely twisted it in a way that even the most dedicated *Twilight* fan will be caught off guard. However tempting, it is best that this specific scene is kept a surprise, for it would not have the same effect had audiences had prior knowledge. Because it is a movie based off a book, what changes could the director have made that were so dramatic? Let’s just say, it was enough to get the entire audience in an emotional uproar, turning the *Twilight* world upside down, only to set it back again just as fast. It is this plot twist that makes the movie this captivating and definitely sets it apart from its predecessors.

Overall, the film was enjoyable, even beyond the at times mediocre book-to-movie adaptation level. To me, it was not only a movie for fans of the books (though they should be read), but for people that enjoy a good cinematic experience. People should not be afraid of being labeled a *Twilight* super-fan or facing harsh judgment from those who dislike the media frenzy that surrounds the franchise. If you read the books, even in secret on your e-reader, you should see this movie. It makes a great companion for what is a great novel, and brings the entire saga to a nice, neat close.

The creators really did save the best movie for last; it reminds audiences why they fell in love with the series in the first place, and at the same time eases them into what is truly the end of the series. Director Bill Condon and screenwriter Melissa Rosenberg did a great job turning the book into a movie that surpassed everyone’s expectations, making the experience fun for all.

Breaking Dawn: Part Two is currently playing in theaters everywhere.

Green Day’s Second Strike

PETER QUINTON
STAFF WRITER

Time sure flies, doesn’t it? It seems like it was less than two months ago that I was reviewing the last album from Green Day. Oh wait, it was less than two months ago.

Back in September, we saw the release of “¡Uno!”, an alleged “return to form” for Green Day that really just amounted to a mostly watered-down, sterilized attempt for the band to reclaim their glory years, with only a few worthwhile moments to be found. Ultimately, Green Day couldn’t live up to the hype.

Now we find ourselves in November, and with the release of “¡Dos!”, the second installment of their “epic” trilogy, we can finally look past the hype and judge the album for what it really is: an almost completely watered down, sterilized attempt for the band to reclaim their glory years, with even less worthwhile moments to be found.

I honestly can’t say that I was surprised by this outcome in the slightest, as “¡Dos!”, along with the soon-to-come “¡Tre!”, were produced during the same sessions that spawned “¡Uno!”, a marathon of sorts by Green Day to write as many sub-par power-pop songs as they possibly can. Unfortunately, this means that “¡Dos!” suffers from nearly all of the same problems found on “¡Uno!”, only now, after just going through this ordeal less than two months ago, it feels like in-

sult to injury, like getting slapped on your already sunburned back.

“¡Dos!”, like its predecessor, presents itself as an endeavor to reclaim Green Day’s angsty, pop-punk glory through a collection of simpler rock songs that are bashed out effortlessly and efficiently. As one would imagine, however, Green Day doesn’t fail to disappoint by formulating many attempts throughout the album but never getting more than halfway there, again.

We certainly see a few noble attempts throughout “¡Dos!”, but for one reason or another even the most intense songs are stopped dead in their tracks from one of a number of culprits, whether it be the albums production, poorly planned song structures, or just from a good-old-fashion lack of chutzpah.

I almost feel as though it would be unnecessary to go through the albums production flaws again, as I would literally just be repeating myself word-for-word from my “¡Uno!” review. The tinny guitars, overly processed vocals, and “wind-up doll” rhythm section that Green Day insists on utilizing continue to make even the brawniest songs, like spitfire rager “Ashley” and the venom-tinged “Lady Cobra,” sound plastic lined and heavily padded rather than explosive and uncompromising like they should.

This production-based neutering is even more strongly seen on the track “Stop When The Red Light Flashes,” which builds up to be a promising

punk jam, but quickly falls into this labored, mechanical pace that strips the track of all of its muscle. The unnecessary “woo-woo’s” (as if there weren’t enough of these in the last album) further add to the tracks shame.

Lyrics are another bewildering factor to consider. For instance, “Lazy Bones” sounds like the band’s attempt to re-write their classic track “Longview,” with lyrics detailing how they’re “too tired to be bored” and vice versa. This would be fine if it meant reflecting on those feelings from the perspective of 40-year-old men – which they are – but the fact that they’re actually trying to sound like disgruntled teenagers again just doesn’t work the same way, especially when it’s played with such passive force.

Surprisingly enough, the albums strongest tracks are the softer, more subtle songs (or at least as subtle as Green Day allow themselves to be) that book-end the album. Opener “See You Tonight” drifts smoothly along with little more than a delicately strummed guitar and Billy Joe Armstrong’s unassuming vocals, giving the song a classic, AM radio rock feel, while closing track “Amy,” though more than a bit sappy, offers a nice break from the groups poorly executed bombast. Though these tracks are far from great, they are easily the more likeable songs on the album.

These few forgivable tracks, however, could not even hope to make up for some of the albums biggest blunders, as they’re only more glaring

ing this time around. For instance, if you were even slightly confused by “¡Uno!” single “Kill The DJ,” just wait until you get a load of “Nightlife,” a humiliating miscalculation from a band of aging pop-punk brats trying to be something resembling “sexy.” If Billy Joe Armstrong’s woozy, drugged out vocals aren’t already enough of a turn-off, then the putrid, obnoxious female rapping that compliments him will have you regretting that you even got that far into the album in the first place.

But don’t assume you’d have to sit through the whole album to find ridiculously unwarranted moments like this, as one of the albums most embarrassing excuses for a pop song waits right at track two. The song in question, entitled (here it comes) “F**K Time,” is laughable before you even start the track, but it only gets worse once you press the start button.

I still can’t decide if this song, with a chorus that goes “Oh baby baby it’s f**k time / I really really wanna make you mine,” is trying to be edgy or just funny, but either way, I doubt anyone will be doing anything by laughing at them, not with them.

In the end, listening to “¡Dos!”, especially after just digesting their last release, feels more like a bad case of déjà vu rather than the fun power pop romp it’s trying so hard to be. It ultimately raises one simple question: Why is all of this necessary, Green Day? Did you really think you had three albums worth of such awesome, or even decent material that it was integral that they all get released, or is this just another over-ambitious stunt?

Unfortunately, I don’t have the answer to this, but I can assure you that I’m certainly not banking on “¡Tre!” to save the day.



IMAGE TAKEN from basedonnothing.com

Green Day’s “¡Dos!” fails to live up to standards the band set by their previous albums.

A New Meaning for Thanksgiving

WESLEY BROOKS
CONTRIBUTING WRITER

In the wake of Hurricane Sandy, many who live by the shore have lost everything. Freshman Samantha Barnwell, who lives in Oceanport, knows that despite having lost her home due to the storm, that it is important to be thankful for what we have, appreciate one another and to share the joys of past fond memories. Barnwell has lived in Monmouth County for all of her life and is very thankful to be from the area. “Growing up in Monmouth County meant so much to me. My dad grew up here with his family so it is very special to me. I remember building snowmen in my front yard in the winters, hunting for Easter eggs in my backyard, amazing fun filled summers in Lavallette, and playing in the leaves that my dad raked in the fall. I have spent 18 years in Monmouth County and I am proud to be from here,” said Barnwell.

Just a couple of weeks ago, mother nature changed everything when the raft of the hurricane’s power destroyed the Barnwell family home and everything in it. The meaning of “it can’t happen to me” quickly changed to a tragic reality. The entire family came together during this time to help and support one another dur-

ing and after this major disaster, something that she will be forever thankful for.

Of equal importance is that the holiday season is about not only giving to family and friends, but also to those in need. This year, many are right here in the Monmouth County area looking to rebuild and begin again. Something as simple as making a monetary donation for a family’s Thanksgiving meal goes a long way to help those in need this season.

Barnwell has learned the lesson of appreciation well. “First I learned that material objects don’t matter. I am so thankful that my family was not harmed in this storm. Maybe our home is gone, but we still have each other,” said Barnwell.

“I also learned who is there for me when I’ve hit rock bottom. My aunt immediately took in my family and my grandparents, whose home was also ruined,” said Barnwell.

Her family from all over the country called them, and even his new friends from school offered their homes to his family. Barnwell was very thankful for the people in his life. He said the whole experience was humbling. “When you donate, you always wonder where the donations go



IMAGE TAKEN from flickr.com

Freshman Samantha Barnwell and her family have the health and safety of each other to be thankful for this holiday season with the loss of their home in Hurricane Sandy.

to and how it makes those people feel,” Barnwell said. “Two people showed up to my front door today as we were trying to salvage what was left of our belongings in my home and they came with donations from the YMCA.”

The whole experience made her

cry in appreciation for the people who cared and wanted to help. “It is such a humbling experience to be on the other side, receiving these donations,” Barnwell said.

“Now that Thanksgiving and the holidays are coming I am thankful that I have my family and friends,”

said Barnwell. “We may not have our home to celebrate Thanksgiving or to open Christmas presents in, but we have each other. We lost my great grandmother a week before we lost our home, and after all this I can just be grateful for what I have today.”

Until Divorce Do Us Part

ALYSSA GRAY
COMICS EDITOR

Life has that funny way of throwing things at you when you least expect them. From the positives of a new-found love to a high-end job promotion, to the contrasting negatives of a car accident or a sudden death, all are surprises that capture individuals day by day.

What happens, though, when that very surprise isn’t much of a surprise at all and you see it looming overhead far before it decides to strike? Or better yet what if that sudden curveball is one that sticks with you, refusing to leave no matter how hard you will it to?

For more and more people in this age that very thing is occurring, grasping them in a suffocating clutch and affecting more than merely them, but those around them as well. The name of their unforeseen marvel? Divorce.

At this point, everyone has heard the stories; how divorce rates are higher than ever and about how half of the marriages who complete the glitzy, happy ever-after wedding ceremony will end in a court room. It’s not an ideal position to be in, it isn’t grand, and it most certainly is not something worth exploiting for personal gain-though as some television dramas will tell you is a foolish claim, get rich quick and all that.

However, as much as we know about the sad reality of the escalating rates in marriage separations, we as a society have become desensitized to them entirely, something that sophomore Victoria Hammil notes from personal experience.

“My parents told my sister, brother, and I they were going to get a divorce about two years ago. I could hardly believe it and I was devastated. When I told my friends, they couldn’t really believe it either but they accepted it as a kind of ‘it is what it is’ kind of thing. I just kept on thinking about how it didn’t really make sense. Celebrities and people who don’t value what they have get divorces; they are the ones that quit,” notes

Hammil.

With the numbed reactions to this perpetuating issue now being seen as customary, several are left wondering what the actual affects might be, not in a financial sense or how it might register with the parents, but with the impact upon the children.

As reported by Robert Hughes Jr. in a 2011 article in the *Huffington Post* he notes that the major finding that demands the most attention is that the children of divorced spouses had a slightly higher likelihood of participating in the very same action, or a separation of sorts. Within the article, Hughes looks into a particular study conducted in 2011 by scientists at the National Institute for Health and Welfare and the University of Helsinki, in which they took a look at the long-term effects of divorce on intimate relationships.

At the conclusion of the investigation, the findings seemed

to keep with previous research, finding that a child with separated parents were somewhat more likely to be divorced in young adulthood. Interestingly enough though, young women whose parents separated were also less likely to be married in the first place, where in contrast the parents’ separation had no relationship in predicting outcomes for young men.

Hughes discerns that such a finding means that one of the keys to fostering long-term well-being of children of divorce lies in strengthening the positive parent-child relationships; and for this study in particular, a positive parent-child relationship was more essential for women than men.

“The mere finding that these children may be more at-risk of difficulties should no longer occupy so much of our attention. The important work is under-

standing the factors within relationships and family process that contribute to these outcomes and identifying opportunities to buffer the negative effects while building on the positive factors,” Hughes contends.

Dr. Dinella, a psychology professor here at the university, adds to Hughes conclusion by mentioning a rather interesting set of statistics, primarily about the impact of divorce on young women. “In 1995 about half of women’s first marriages would end in divorce by the end of 20 years. The probability of women’s marriages staying intact for at least 20 years has hovered at the 50/50 rate steadily since 1995, as have the probability rates of men’s marriages staying intact past 10 years. About 2/3 do remain intact at the end of 10 years--rates for at the end of 20 years were not available,” says Dinella. She goes on to mention how certain

factors, such as race, education, and cohabitation, could very well impact the figures presented.

But as freshman Kimberly Mueller points out, perhaps it is more than the divorce, and is instead how the child or person affected chooses to react to the situation.. Mueller, whose parents separated in 2008, mentions that even though her parents decided to make that decision in regards to their relationship, does not mean that she should be expected to do the same.

“I understand why people might assume a child of divorced parents would go through the same process. I mean children usually, or are supposed to anyway, follow the example of their parents and guardians. So when a divorce occurs in the family, then a child would most likely follow suit. In my case, however, and in many other divorce cases of people I know and friends of mine, it is because of my parents’ divorce that has almost motivated me to not get a divorce, when I finally do get married that is,” Mueller says.

She goes on to state that she has been in a solid relationship for about two years now and things are still going strong. “I know that a break up would not be as big as a divorce but I think people need to lose this stigma that kids who have seen a divorce happen close to them in their family are going to have relationship problems. For some people I am sure that is an actual problem they might face, but for the majority, myself included, we are all in good relationships and are doing just fine. It’s all about how you chose to deal with the issue at hand,” Mueller contends.

So statistical evidence suggesting a dimmer outcome, or a gleaming ray of hope in Mueller’s belief? It all can be said that children one way or another will be impacted. However, whether it be the latter or the former is all up for debate. And although American society seems to be acquainted with the idea of separation, perhaps it is time to divorce the acceptance of such an idea and save ourselves, and our children, all of the trouble involved.



IMAGE TAKEN from colo-divorce.com

Children whose parents have separated are more likely than other children to get divorced later in their life.

Real World Emergency Journalism

A Personal Look Inside Hurricane Coverage for The Asbury Park Press

CASEY WOLFE
FEATURES EDITOR

Residents across New Jersey have been in a need-to-know state of mind over the past few weeks due to Hurricane Sandy and newspapers have been the main source of information. In the world of journalism, it is up to local staff writers to provide their very neighborhoods with such news. Many daily newspapers across the east coast still update their readers on conditions in the surrounding areas. A prime example of this is *The Asbury Park Press*.

Gina Columbus, staff writer for *The Asbury Park Press* explained that many of the newspaper's staff writers were not only journalists, but residents of the shore areas affected by Hurricane Sandy. Like many residents, Columbus could not go into work immediately following the storm, but that did not mean she wasn't working. "They sent us out into the neighborhoods we were living in to take pictures. We used our phones since we didn't have power and sent everything to our editors. They kind of understood," said Columbus.

The first official assignment Columbus was given regarding the hurricane was at Brick Hospital. She covered the overflow of emergency patients and the mobile emergency unit. Still, Columbus said, *The Asbury Park Press* is mostly covering local updates on hurricane damage.

Anthony Panissidi, another staff writer for *The Asbury Park Press* covered stories such as the prediction of the storm and the damage that could be done and a story on The Red

Cross as far as what they needed for donations and volunteers.

With no power after the storm, *The Asbury Park Press* was the major source of news for many local towns. Hurricane Sandy coverage was more urgent than hard news that the two *alumnis* cover every day. "Especially with a paper like *APP* we're competing with smaller town papers. We've been doing our best to serve our public, serve our community," said Columbus. She and the rest of the staff at

APP have been updating Monmouth and Ocean County towns every day.

The most difficult thing about reporting on Hurricane Sandy was not the deadlines or power outages for Columbus. "The hardest part was trying to do a good job knowing that I lost my own house; dealing with that personally while making sure I was being a good reporter for the community and being dependable for the community, it's still kind of a shock," said Columbus. Her house sustained

over four feet of flooding.

Panissidi, with a less emotional perspective, said that the hardest part about reporting on Sandy was talking to local residents who lost everything. "Even if you're having a good day and you're happy, you have to try to bring yourself down to earth and realize that they're not having a good day," said Panissidi.

Once reporters were able to leave their home towns, they were assigned shifts in other local towns for general

storm coverage. Reporters worked in pairs to constantly update the latest news on Sandy. Columbus recalls one day where she had to provide updates for every single town in Monmouth and Ocean County. Along with condition updates the *APP* has also been covering volunteer work and citizens' personal stories and experiences. "The headlines have been very emotional, like 'how could this happen?' and things like that," said Columbus.

Panissidi said that covering the storm was different than other breaking news that he's covered. "These were articles where there weren't nosy, gossiping people looking to read them, it was something all real," he said.

The Asbury Park Press has an online resource center titled Road to Recovery. The center on the home page of *app.com* offers assistance in areas such as town-by-town updates, rental information, emergency contacts, federal aid, insurance Q&A and other stories and images.

Most New Jersey residents were unable to turn on the television to find out what was happening so newspapers—especially on the online platform—heightened drastically in the amount of readers. "People were going to our website constantly," said Columbus. "We had over a million views the week of the hurricane. People depended on us to know what was going on around them."

Now that the power is on, cable is back and gas is readily available, stories of hurricane destruction have turned into stories of recovery and rebuilding. Newspapers such as the *APP* are still updating on the storm and they are available for readers.



PHOTO COURTESY of Gina Columbus

Hurricane Sandy brings a new importance to local journalism for newspapers like the *Asbury Park Press*.

Superstorm Sandy's Unprecedented Impact

SHAHARYAR AHMAD
SCIENCE EDITOR

In the last few weeks, a new page was written in the history books of the Jersey Shore, marked under the shadows of wreckage and havoc from the aftermath of Hurricane Sandy.

Though only a category one hurricane, Sandy devastated the homes of tens of thousands of people in the tri-state area, leaving unprecedented damage

across the shorefronts.

Atlantic City, known for its boardwalk, beaches, and black-jack, became an extension of the Atlantic Ocean as seaweed and debris circulated the knee-deep murky water, covering the shorefront streets and beyond. The property damage there was pretty extensive, according to Mayor Lorenzo Langford who said in an article in CNN, "I'm happy to report that the human damage, if you will, has been

minimal."

Governor Christie said he saw the damage left behind by Hurricane Sandy as "overwhelming" according to CNN.

"We will rebuild it. No question in my mind, we'll rebuild it," Christie said. "But for those of us who are my age, it won't be the same. It will be different because many of the iconic things that made it what it was are now gone and washed in to the ocean."

"I think many of us underestimated the damage this storm would cause," said Paula Burns-Ricciardi, history professor. In all my years, I have never seen a storm of this magnitude followed within days by a snowstorm and I am heartsick over the damage Sandy has done to so many people and to our treasured landscape. I am impressed, however, at how this tragic event has moved people to come together to help one another."

Eight million people across the Mid-Atlantic and New England states, according to CBS, were left without power, leaving many facing dire situations in the searing cold winds following the storm. The elderly especially, many of whom require medical equipment that uses electricity, were left trapped in high-rise buildings with no-power.

At the latest count, officials had attributed more than 100 deaths to Hurricane Sandy, more than half of whom were elderly residents aged 65 or older. Many of those who passed away in coastal neighborhoods "perished at the height of the storm, drowned by the surge," according to *New York Times*.

Going more inland, falling trees from a brutal beating by the hurricane's relentless winds posed a more recurring cause of death, as people looked for gas for their cars amongst ghost-town gas stations and left their homes to clear off debris to start their generators.

Combined with coastal flooding and the sharp cold front, those living in homes without heat or electricity faced the danger of hypothermia, a condition where the core body temperature falls below that needed for normal metabolic activity. In the aftermath of Hurricane Sandy, an unidentified resident of Long Branch was found dead of hypothermia. He was "wrapped up

in blankets and there was no electricity in his home," according to the *New York Times*.

As of November 21, the Federal Emergency Management Agency (FEMA) has authorized \$844 million and deployed 7,622 FEMA personnel to provide "support response operations, including search and rescue, situational awareness, communications and logistical support" for the 453,318 registered people awaiting assistance, according to *fema.gov*.

A hurricane is a tropical cyclone, comprising a rotating weather system spreading over tropical oceanic regions. It is typically accompanied by thunderstorms and by a counter-clockwise circulation of winds in the Northern Hemisphere. According to Forbes, the 900 mile wide Hurricane Sandy launched its storm surge at moon tide, the highest possible high tide, and merged with another storm system, causing Sandy to become the unprecedented storm meteorologists had warned of.

The totality of damage left by Sandy's wake was estimated at \$30-\$50 billion. The losses which have continually been piling higher and higher have put the costs of Hurricane Sandy above many of the hurricanes that have struck the US, and even on par with Hurricane Andrew in 1992 said Kenneth Rapoza of Forbes.

Jonas Colmer, fourth year chemistry major at the University, said, "Despite the traumatic events that have occurred on the shore, I am amazed by the sense of community our towns have demonstrated over the last month. Every day we are making great progress in rebuilding because of our willingness and kind heartedness to help our fellow neighbors when they need it the most."



IMAGE TAKEN from causecast.com

Power outages during a coastal cold front threatened residents with hypothermia which reportedly killed one Long Branch resident.

Remaining Calm is the Ticket

EMILY TAYLOR
STAFF WRITER

With the holidays upon us, drivers have to be more cautious with icy road conditions, snow removal and turbulent winds. But say you look in the rearview mirror and the dreadful red and blue flashing lights are signaling you to pull over? A wave of panic advances, your palms become instant sweat pools and you have forgotten the proper protocol from your junior year Driver's Education class. Fret not, despite your ironic "keep calm and carry on" tee.

Patrolman Officer Vaccaro of Ocean Township Police Department notes that your first step should be to, "Pull into a well lit area, off to the right side of the roadway, clearly out of the traffic lane." After which your window should be fully rolled down with the engine off. If it's night time, the interior light should be turned on as well. After eight years of service, Vaccaro adds that drivers are most commonly forgetting this step, which adds further suspicion to the situation.

Once stopped keep flashers on and remember the 10 and 2 rule, where you first learned to place your hands on the steering wheel. Placing hands in this position signals that you have control and are respectful to the patrolling officer.

"Once the vehicle is stopped an officer provides the dispatcher with the location and plate of the suspect vehicle. The officer

then approaches the vehicle and asks the driver for license, registration and proof of insurance," says Vaccaro.

If anyone has ever encountered the problem of locating these three items it displays disorganization, even if it is related to nervousness. A quick fix is to keep an envelope in the glove compartment with only the most recent forms of insurance and registration.

Vaccaro notes the most irritating act a driver can do is "tumble through useless paper pretending to look for these items."

This time is not to be filled with petty excuses as many officers like Vaccaro have probably heard them all. Denying your alleged violation or lying in this situation is sticky as officers are less inclined to hear your sob story even before they have reached your car.

"[Drivers] should not respond or ask questions," notes Vaccaro. If an officer is allowing for your response he or she will surely let you know. Therefore save the tears and control those emotions. There's nothing worse than giving an officer an angry spur-of-the-moment opinion.

Senior Alyssa Petry said that keeping a cool head has always paid off. "I always try to be nice to the officer who pulls me over, even when I don't agree. I've always gotten a reduced ticket or warning because of that," said Petry.

Suppose you are calm and collective, properly exchange correct materials and are still issued a tick-



IMAGE TAKEN from grandrapidsusedcars.pfeiffer84th.net

Staying calm, cool and collected when pulled over by a police officer is a person's best bet for staying out of trouble.

et? According to officer Vaccaro, "take the summons and follow the instructions the officer provides." If you are issued a ticket, there's no sense in beating the system, or pulling out your Gold PBA card, what's done is done. None the less, if you try to fight your battle in court instead of paying the citation, the officer who encountered

your vicious attack will most likely make the appearance to testify too.

Remember, it is up to the officer's digression whether your summons will be greater than your initial violation or whether you can walk away scot-free. I'd demonstrate vocabulary phrases such as, "yes sir, no sir," to ensure respect and display an attitude of compli-

ance followed by complete honesty. The more polite you are, the better your chances are that the officer will be too.

All in all, with the start of holiday parties and the stressful shopping season please keep the roads safe and keep in mind you have the ability to control the law by not breaking it!

Young Kids Facing Grown-up Illnesses

NANCY CHURNIN
MCT CAMPUS WIRE

Are kids growing up too fast?

Dr. Michelle Fowers says too many are.

"I think all the time about kids with grown-up illnesses," says Fowers, a pediatrician at Baylor Medical Center in Irving, Texas.

Societal pressures, poor nutrition, and inadequate or too narrowly focused exercise are causing serious health problems for kids, experts say. These problems include obesity, high blood pressure, high cholesterol, repetitive stress injuries, anxiety, depression, Type 2 diabetes and eating disorders many of them striking at younger ages than they did a generation ago.

"There are so many things that make kids grow up faster than they should," Fowers says. She cites exposure to inappropriate material on television and online, marketers who encourage them to dress or

act older than they are, pressures to compete in organized activities before they're emotionally or physically ready.

That's why she advises parents to slow childhood down by limiting screen time and eating and playing together as a family. It's advice she follows herself as a mother of a 4-year-old girl and 7-year-old boy.

"You have to allow time for them to be kids," she says. "You try to make your home a stable and emotionally safe place where your child feels loved and can get away from the pressures of the world. You need to offer healthy foods and schedule family time to go outside and play or to run around the house and goof off. I think there's a lot of creativity that comes with unstructured play."

Obesity is at the root of many of the health problems once thought of as rare in children. A 2005 report in *The New England Journal of Medicine* projected that child-

hood obesity, which has tripled in the past 30 years, may cut two to five years from the life expectancy of the current generation.

Obesity is a driver for bone and joint problems and sleep apnea in children. It has been speculated to be a factor in the rise in girls reaching puberty earlier than any generation in modern history, with about 15 percent of girls in the United States starting by age seven, a figure noted in a 2010 study in *Pediatrics*. Obesity also puts children at a heightened risk for adult heart disease, stroke and several types of cancer, according to the Centers for Disease Control and Prevention.

While doctors prescribe nutrition and exercise counseling to treat obesity, Dr. Christy Boling Turer says it's also helpful to explore emotional problems that could be causing a child to overeat. "In my overweight and obesity clinic, I see a lot of children with major stressors that they're not handling well," says Turer, an instructor in pediatrics and instructor in internal medicine at the University of Texas Southwestern Medical School and Children's Medical Center.

"Toxic stress, during critical periods of development, may impact brain development. Children may become more impulsive or may be more likely to develop emotional problems such as depression."

Turer says that the children who do best have parents who support them by taking the time to provide them with structure, consistency and adequate sleep. It reduces the children's stress and usually the parents' as well.

Dr. Sarah Blumenschein, a pediatric cardiologist at Children's Medical Center, says she, too, sees a correlation between childhood obesity and families who aren't spending enough time together. Her prescription? Slow down and enjoy moments together as a family.

"I had one family that was concerned about their children's high cholesterol. They changed their eating and the kids started walking with Dad every night. He loves it and they love it. I don't know any kid who doesn't like attention. They want to be with you. They want to sit down and have dinner together as a family and go out to walk afterwards."

Obesity-related illnesses are not the only problem affecting younger and younger children.

"Eating disorders have occurred throughout history, but in 1960, if you'd seen one in your practice that would be notable," says Dr. Jim Harris, a clinical psychologist and manager of the eating disorders program at Texas Health Presbyterian Hospital Dallas.

"But by the mid-'60s, when the first teen supermodel, Twiggy, became famous for being stick-thin, eating disorders went on the rise."

Harris says that images in movies, magazines and online pressure children to be more like adults. As marketers target younger girls, the problem seems to be affecting preteens as well. While his clinic only serves ages 18 and older, many of his patients tell him their eating disorders started as early as 10 or 13.

"Eating disorders are a fear-based illness," he says. "The level of competition these days is incredible. These girls are worried, 'Am I going to make the team? Am I going to make the right school? Am I going to fit in?' These are all things they can't control. But being thin is something they can control. They starve themselves or purge and they feel relief. But the next day, the fear is still there and they keep going."

As the father of two teen girls, Harris limits their screen time. He also talks to them about how advertisers make women feel bad about their bodies so they will buy products in an effort to "fix" themselves. Adult pressure is also leading to

sports-related injuries at younger ages than in the past. Increasingly, kids are being pressured to specialize as early as elementary and even preschool to boost their chances of making the high school team or winning athletic scholarships years down the road.

Dr. Jeff McDaniel, a sports specialist and primary care physician on staff at Methodist Mansfield Medical Center, says kids as young as eight are coming to see him with repetitive-stress injuries from too many daily hours of dance or playing an instrument.

"Some of the children feel they have to do this because this is what's expected of them and they want to make their parents proud. And there's a subset of children that really love doing it. What's important is that the parents and the child listen to the child's body. If the child starts to have pain, they need to back down until they are pain-free."

If they don't, it could lead to significant injury, he says.

"Kids have growth plates all throughout their joints. If they have pain, they need to slow down and allow that growth plate to heal or it can affect their ability to perform well."

Fowers says that as a parent she feels she faces a lot of the challenges her patients do in trying to slow childhood down for her children.

She's strict about limiting screen time and monitoring the shows her children watch and Internet sites they visit to make sure they are age-appropriate. She schedules family time and works hard to resist the pressure to sign her young kids up for intensive year-round sports programs.

"They're going to have the rest of their lives to grow up and specialize in something and feel the stress of a harried, busy life. Now is their time to embrace their childhood and enjoy being kids."



IMAGE TAKEN from redorbit.com

With societal pressures from TV, marketers, and other sources, children are beginning to develop illnesses that are generally found in adults.

PEACEABLE KINGDOM

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the journey home

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Delta Phi Epsilon Helps to Raise Money for Hurricane Sandy Relief

ERIN BUKOWSKI
CONTRIBUTING WRITER

Delta Phi Epsilon recently participated in helping raise \$585 so far, in donations for charities and foundations in charge of the Hurricane Sandy recovery efforts.

Being a University recognized for its location on the shore, Delta Phi Epsilon chose to give back to not only the Monmouth community, but to all of those who have also been impacted. All funds went to Hurricane Sandy relief foundations in addition to students and faculty from the University who were personally affected.

On November 13 and 14, the sorority set up on campus in the student center and sold “REVIVE.REBUILD.RECOVER” bracelets in order to raise donations. Work Out World generously donated products such as towels, stickers, bumper stickers and other merchandise, which states “Jersey Strong” on them, in order to help Delta Phi Epsilon’s fundraising efforts.

Marisa Meiskin of Delta Phi Epsilon, the creator of this fundraiser, explains, “The reason I put together the event was because we are a school so close to the beach.” Meiskin said, “We see the first hand damage that the hurricane has done to surrounding areas. And although, thankfully, we were not impacted as brutally as other areas, we want to help out and raise money to give to all of those effected.” Meiskin continued by stating, “We were so happy with the money we raised and the interest the student body had in helping donate and give back, it was a really successful event!”

Kristine Lee, a senior, explained how the sorority encouraged her to personally become more involved herself. Lee stated, “I went home, went through my closet and pantry and ended up

filling five whole bags of clothes which I was able to donate to relief shelters.” Lee explained how donating made her appreciate everything in her life more, and acknowledged how lucky and fortunate she was in suffering minimal damage after the storm.

Students were not the only ones to appreciate the fundraiser, but faculty as well. Marry Harris, public relations specialist and professor at the University, stated, “There is a great need, and will continue to be a great need, during the aftermath of Hurricane Sandy. Delta Phi Epsilon’s fundraising efforts have set an excellent example for other Greek life groups.”

Although Delta Phi Epsilon’s fundraiser was distinguished as a success, they originally intended to have their annual “Lip Sync” event, which remains a tradition within their sorority. However, Hurricane Sandy hit on the specific weekend this event was supposed to take place.

Despite the fact that much hard work was put into setting “Lip Sync” up another year, Meiskin noted how the sorority realized there were bigger issues at hand and was happy to utilize all 50 sisters to help out.

She also explained how overwhelming the outcome of the event was, and how Delta Phi Epsilon had risen a much larger amount of funds than anticipated. Their quick and efficient efforts to create a new event on campus proved worthwhile since all proceeds went to a relevant cause. “There’s no better feeling than getting involved to help those in a crucial time of need,” Meiskin explained.

Delta Phi Epsilon will continue selling products while supplies remain. For more information on how to donate or buy merchandise, contact Marisa Meiskin MMeiskin@gmail.com.



PHOTO COURTESY of Erin Bukowski
Delta Phi Epsilon had originally planned to host their annual Lip Sync, but it was ultimately cancelled due to Hurricane Sandy. So far DPhiE has raised \$585 dollars towards hurricane relief.



PHOTO COURTESY of Erin Bukowski
Delta Phi Epsilon had “Jersey Strong” t-shirts, stickers and wristbands, all donated from Work Out World, on sale to help raise money.



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Plenty of Pie to Go Around

Alpha Sigma Tau Hosted “Pie a Greek or Professor” to Help Sandy Victims

DANIELLE FERRIS
CONTRIBUTING WRITER

The sisters of Alpha Sigma Tau hosted Pie a Greek or Professor on Thursday, November 15 outside of the Student Center in an effort to raise money for Hurricane Sandy Relief.

The event allowed for students and faculty to have fun while raising money for a good cause. It cost \$2 to pie someone and other donations were welcomed. This was the first time AST hosted this event and were very pleased with the turnout, which was primarily promoted through a Facebook event page.

Active sister Jenna Ferraro, a sophomore and criminal justice major, organized Pie a Greek or Professor. Ferraro said, “The turnout of the event was great. A lot of students made donations, and a lot of people from various Greek organizations and professors participated. I was extremely happy with the event.”

All together, AST raised \$270 which was donated to the Student Government Association that sends the money to two charities that help families in New Jersey affected by Hurricane Sandy.

Originally, the event was scheduled to raise money for the Ashley Lauren Foundation, which helps aid New Jersey families with children battling cancer. The sisters of Alpha Sigma Tau changed the event to support those affected by Hurricane Sandy, as many other organizations had decided to do as well.

Jennifer Kellerman, senior and sister of AST said, “We felt it was the right thing to do to send the proceeds of our event to Sandy Relief. We even had sisters affected by the storm and thought we should help out.”

They had many volunteers sign up to be pied. Volunteers from Greek organizations such as Delta Phi Epsilon, Tau Kappa Epsilon, Sigma Tau Gamma, Phi Kappa Psi, and Alpha Kappa Psi signed up to support this cause. Some professors also signed up to help out with this great cause. These professors were John Tiedemann, Assistant Dean of the School of Science, Pedram Daneshgar, Assistant Professor in the School of Science, and Dana Ehret, Lecturer from the Biology Department.

Ferraro said, “The volunteers getting pied liked the event. Especially because it was for a good cause and the event was pretty fun.”

Eva Rosamilia, junior and member of Delta Phi Epsilon, signed up to volunteer as a pie target at their event. Rosamilia said, “I like getting involved in other organizations’ events. It’s a lot of fun to do. This event was especially fun though because we were helping out our own community as well as friends and family who lost their homes during this storm. The event was a great idea.”

Many organizations and clubs have donated time and money to help those in need after the storm that hit New Jersey in late October. There are many ways to get involved. Ferraro gave advice for students and faculty looking for more ways to help out with



Alpha Sigma Tau sisters (left to right) Katie Jaffe, Jennifer Kellerman, and Jenna Ferraro helped to run the event for Hurricane Sandy relief.

this cause. She said, “Students can help donate through other events going on around campus or donating money online. If you check Monmouth’s website under Student Government Associations’ Hawks Fly Together for Relief, you can see other scheduled events that are helping out Hurricane Sandy victims.” As of November 17, SGA announced through their Hurricane Sandy

relief Facebook Page that the University raised close to \$900 so far.

Students looking to volunteer to directly help families who have been displaced can do so within Monmouth County. Monmouth Park Racetrack is currently a shelter for families who have been displaced by the storm. Volunteers can donate their time to help families

that are moving into new homes or cleaning what has been destroyed.

The sisters of Alpha Sigma Tau and volunteers at the event were pleased with the turnout and donations they received. Ferraro said, “It was awesome that the Monmouth community was able to come together to raise money for victims of Hurricane Sandy.”

Upright Citizens Brigade is Downright Hilarious

Student Activities Board Hosts Improv Comedy Night

STEPHANIE RAMADAN
STAFF WRITER

On Friday, November 16, the Student Activities Board held an improv comedy night featuring the Upright Citizens Brigade in Pollak Theater. The event was free of charge and started at 8:00 pm. There were about 100 people who came out to see the show.

The Student Activities Board advertised for the event through means of Twitter, flyers, and e-mails. Emma Traun, freshman education major, was intrigued by the pictures that were featured in the e-mail. “I wanted to come because the pictures were cool and it seemed like it would be funny,” said Traun.

The comedians were running a little bit late so the show did not actually start until 20 after eight, however they made up for their tardiness through their jokes and show for the night. The Upright Citizens Brigade has two theaters; one is located in New York and the other in Los Angeles. They were comprised of two female comedians and two males: Latasha, Audra, Terry, and Matt.

Their skits for the night were improv, which means that nothing was prepared and it was made up on the spot. They asked one of the audience members to volunteer to come on stage and then interviewed them to get their material for the night. The student they chose was Valerie Estepan, freshman biology major. They asked her questions



The Upright Citizens Brigade used University students as inspiration for their material.

such as “What is your major?” “Do you have any siblings?” and “What is your motto about life?”

The comedians performed eight short skits based on the information they received from Estepan and the show was an hour long. Their first skit was about Hurricane Sandy and students being upset about missing classes. Latasha acted like she was nervous about missing her classes and wanted to hold class in her dorm room.

She asked, “Can you imagine not learning for a day?” and her collaborating comedian responded

ed by saying “I do it every day!”

Some of the other skits were about the squirrels that are all around the University, Estepan’s sister, and urban vernacular. When asked what her philosophy about life is, Estepan replied “YOLO.”

She said was not nervous about going up at all and enjoyed watching the comedians perform. “I thought it was really funny and cool that they were using my information as their material and that they went above and beyond with their answers,” said Estepan.

All of the cast members seemed relaxed while performing the skits. They all seemed to be enjoying themselves and laughing at their co-workers jokes.

The running time of the improv comedy night was about an hour long. There was constant laughter from the audience.

Haley Matsinger, freshman psychology major, was among one of the members who liked the improv. “I wanted to come because I thought it seemed cool and I was really happy I did, it was very amusing,” said Matsinger.

Club and Greek Announcements

Mock Trial Team

The Monmouth Mock Trial team competes in its first invitational tournament this weekend at Temple University. If you see any of the team members on campus, please wish them, “Good Luck, Counselor!” 2012-2013 team members are: Kate Nawowski, Lexi Todd, Jenna Ferraro, Susie Pagano, Cara Turcich, Bryan Epstein, Mike Lucia, and Joe Dellera.

Outdoors Club

We will be having a general meeting this week on Wednesday November 28 in Bey Hall Room 132 at 3:30 pm to discuss upcoming events.

Theta Xi

Come join the brothers of Theta Xi on the night of Tuesday, December 4 as we co-sponsor Project Pride with the Office of Substance Awareness in Pollak Theatre from 5:00 to 6:00 pm. We would also like to congratulate our new member class upon being initiated into the bonds of our fraternity.

WMCX

WMCX will be hosting a showing of ELF Wednesday December 12 in Pollak Theatre from 6:00 to 8:00 pm. Admission is free, all are welcome.

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Questions please call: **732-263-5804**
...bring a friend!

Horoscopes

To get the advantage, check the week rating:
10 is the easiest, 0 the most challenging.

♈ Aries • (Mar. 21 - April 19) - This week is an 8
Be ready to present your luck and intelligence soon. Start with what you know and then move on to what you need to know. So set your priorities and prepare to supply those bright ideas, the time will be soon.

♉ Taurus • (April 20 - May 20) - This week is an 8
Surprise! You have finally obtained the advantage financially and otherwise. So go for it, realistically of course, but slow down the pace for a couple of days. Remember to replenish reserves in order to keep on going.

♊ Gemini • (May 21 - June 21) - This week is an 9
You're handed with a challenging task but don't fret. It may be more difficult and time consuming but you can bet it will be more rewarding too. Keep in mind that deeds speak louder than words. Remember that and you can move mountains.

♋ Cancer • (June 22 - July 22) - This week is a 6
Prepare yourself because you are about to enter a two-day pen-sive phase. Your ideas will reach further though as a result and with exceptional practice you might just hone them to the peak of perfec-tion. Keep up that stride and who knows, a little trip might be in store for you.

♌ Leo • (July 23- Aug. 22) - This week is a 9
Exceptional practice is required right now, and luckily, your friends are right there when you need them. Let them help you build up your assets and increase the leverage needed to get the jump start on that next task.

♍ Virgo • (Aug 23 - Sept. 22) - This week is a 7
There is going to be a change in routine coming your way. You're going to take up some more responsibility but don't sweat it. How-ever remain independent for now and don't be going around asking for favors and handouts. If you prove you can support yourself, then perhaps a nice opportunity will come your way.

♎ Libra • (Sept. 23 - Oct. 23) - This week is an 8
If you place realistic goals there is no way you can't accomplish them by your due date. It all starts with that first step, so make the necessary changes as you progress and use technology when needed. Remember you can do it, just keep at it.

♏ Scorpio • (Oct. 23 - Nov. 21) - This week is a 7
Working on your finances isn't the most fun thing to do but you don't have to let that spoil your mood. If you look on the bright side you will end up on top of things. Keep the happiness rolling by giv-ing an unusual gift or laugh until your sides ache. Do whatever you need to!

♐ Sagittarius • (Nov. 22 - Dec. 21) -This week is a 9
You have a lot on your plate right now and in order to get it all done you might have to delegate some of the tasks over to others. Use your intuition to make the right decisions and avoid the distrac-tions when you can. Don't worry, stay calm and it will all work out.

♑ Capricorn • (Dec. 22 - Jan. 19) - This week is a 7
Times are getting busier and there are more temptations around than ever but stay focused. There will be more work coming your way so now is certainly not the time to get sidetracked. Get your work done, that's what is important. And if you need a little help, hey, that's ok too just be sure to ask for it.

♒ Aquarius • (Jan. 20 - Feb. 18) - This week is a 7
Clean up time! Get rid of some of the excess you've been accumu-lating, but be sure to separate the good ideas from those not needed. You might even find something of value as you clean up! Keep in mind that a clean workspace will make getting things done easier and times go by faster; it will also, however, allow you to get busier.

♓ Pisces • (Feb. 19 - Mar. 20) - This week is an 8
Take some time to slow down and listen for the next day or two. Use this time to take a break from your busy lifestyle and broaden your scope. Don't think that this is all for naught though, you'll be glad later when you put in the extra effort to create exemplary work. Just remember that it all starts with an idea.

HOROSCOPES ARE STRICTLY FOR
ENTERTAINMENT PURPOSES

"Misguided Understandings" by Alyssa Gray



a So-You-Say comix #8

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Men’s Basketball Competes in Coaches vs. Cancer Classic

ED MORLOCK
SPORTS EDITOR

The men’s basketball team competed in the Coaches vs. Cancer Classic last week with three games last week at the GSU Sports Arena in Atlanta, Georgia. The Hawks lost their first game against Georgia State and then went on to beat South Alabama and Tennessee State.

MU was competitive for a half against Georgia State, trailing by seven at the break, but the Panthers opened up a double-digit lead in the second half and won handily, 62-49.

“I thought our kids handled it well for about 20 minutes,” head coach King Rice said. “But once again, we are not playing 40 minutes of basketball. The other part is, I have to get these guys to relax and get our best guys to play like themselves.”

“It was a team effort. Our older guys did an unbelievable job, and our younger guys stepped up when they were asked to. Our team is continuing to get better and if our team stays together, we have a chance to have a great, great season.”

KING RICE
Head Coach

Andrew Nicholas led the team in scoring against Georgia State with 10 points, shooting only

four of 13 from the field. Dion Nesmith added eight points as the Hawks only managed 49 in the game.

The Blue and White shot only 27.8% from the field. That’s not going to get the job done when they allow the Panthers to connect on 51.2% of their shots.

Guards Devonta White and R.J. Hunter combined for 30 points to lead Georgia State to victory.

The next day, MU took the court again to face South Alabama.

Senior Jesse Steele had the ball in his hands during crunch time and won the game, 73-71. Steele raced up the court, trailing 71-70, with 3.5 seconds remaining in the game. He was fouled shooting a three-pointer and went to the line with 1.3 showing on the big board. He made all three and the Hawks claimed victory.

“That was a great win for our



PHOTO COURTESY of MU Photography

Senior point guard Jesse Steele scored 23 points and tallied 15 assists as the men’s basketball team went 2-1 in the Coaches vs. Cancer Classic in Georgia.

a game that our kids really grew up in. We fought to the end, and when you do that, good things happen.”

Nicholas led MU in scoring again, with 15 points. Marcus Ware added 13, while Nesmith and Steele added 12 and 11 points respectively.

Augustine Rubit was the game’s leading scorer for the Jaguars, tallying 20 points. Xavier Roberson added 18 off the bench and starting guard Mychal Ammons scored 15.

The Hawks closed out their trip to Atlanta with an 81-70 win over Tennessee State.

“It was a team effort,” Rice said. “Our older guys did an unbelievable job, and our younger guys stepped up when they were asked to. Our team is continuing to get better and if our team stays together, we have a chance to have a great, great season.”

Playing their third game in three days, MU showed no signs of slowing down. Four Hawks scored in double figures, led again by Nicholas, who scored 19 points. Desmith added 13 and Steele and Ware each scored 12.

The Tigers featured the games leading scorer, Kellen Thornton. Thornton shot 12 of 18 from the

field and scored 27 points. He also led the game in rebounding, grabbing 16 boards, 10 coming on the defensive side.

Before the stretch of games in Atlanta, the Hawks dropped a pair of games to No. 20 Notre Dame and Rider. The Fighting Irish handled MU easily, defeating them 84-57. MU played a hard-fought game at Rider and came up short, 65-62.

The Hawks left Georgia back at .500 at 3-3 and look to build off their two wins against South Alabama and Georgia State and carry the momentum throughout the season.

Follow The Hawks with NEC Front Row

BRAD BROWN
CONTRIBUTING WRITER

NEC Front Row was designed for the Northeast Conference this past year in order to obtain a centralized viewing for all of the conference games for easy access.

NEC Front Row was created by both Ron Ratner, an Associate Commissioner of the Northeast Conference, and KJ Cardinal, one of the Co-Founders of the Pack Network. The two have been working on the website for the past two years and have been able to get just about all of the twelve teams in the conference to hop aboard and work with NEC Front Row to stream the broadcasts for free through www.necfrontrow.com.

“I look at this as the 1.0 version of NEC Front Row,” said Ratner. “I think anything that we can do to put us (as a conference) on the map is good for us.”

So far, ten out of the twelve Northeast Conference schools are working with NEC Front Row.

The two schools still in contracts with their current on-line streams are Robert Morris University with RoMo TV and Monmouth University via HawkVision which are powered by the company NeuLion. However, MU students will still be able to see the Hawks road games through NEC Front Row via streams of the home team that they visit, unless the game takes place at Robert Morris.

Cardinal commented, “We are really eager to get Monmouth and all their live events onto the site because we know that they are doing a great job... they are

really trying to put forth the most professional product on the board.” Cardinal also stated that this a great thing for this website overall, since other schools will strive to be like Monmouth and help create a better product that will make NEC Front Row look that much better. Currently the price to view games on HawkVision ranges from \$7.95 per month to \$69.95 for an athletic year and a single game can be purchased at \$6.95.

NEC Front Row will broadcast all of the games on the website for free.

Even though the home games for the Hawks will not be broadcasted, Michelle Rosenhouse of the women’s golf team is excited to watch games through NEC Front Row.

Rosenhouse, who believes it will help the conference, said, “I think it will bring the NEC more respect by having a broader way to look at it as a whole.” Both the women’s and men’s golf teams will have sections on the site mainly featuring on-demand footage such as interviews with

women’s basketball, baseball, football, soccer, field hockey, golf, lacrosse and track & field just to name a few.

Even broadcasters, like Craig D’Amico who works for the NEC, are excited about this new portal for Northeast Conference information.

“It will help me with all my broadcasts that I have coming up, I think it is great for the fans, great for the broadcasters so I think it turned out tremendous,” D’Amico said.

From the very beginning there was a lot of excitement even from the Presidents of the NEC. Ratner said that the general feeling among the league’s teams is, ‘Let’s do this, let’s be cutting edge, let’s be at the forefront of this.’ The only other league to have done something like the NEC Front Row is the Horizon League.

There are also plenty of features to go along with the website.

One of the features is their Break-In feature, where an alert would come onto the screen

“I look at this as the 1.0 version of NEC Front Row. I think anything that we can do to put us (as a conference) on the map is good for us.”

RON RATNER
Associate Commissioner of the Northeast Conference

each teams members. The website will feature as many sports as possible, including men’s and

showing that a game coming to a close is very exciting and the feature encourages the user to tune



IMAGE TAKEN from necfrontrow.com

NEC Front Row allows fans to follow Northeast Conference sports for free on their computers.

in for the action.

NEC Front Row also focuses on a heavy interaction with social media. Users are able to tweet from the website while watching the game as well as interact while using Instagram. Finally, the Control Room feature, “Looks awesome,” according to Ratner. “Basketball season hits and there is a Thursday night where you could potentially watch up to six games at the same time on one screen.”

Ed Waite, captain of the MU men’s basketball team, is excited for the season as well as the fact that NEC Front Row will help fans follow the team. “I think that it is great for our fans because now they get to watch us even if they can’t make it out to the game on a stormy night.” Waite also said, “Everyone that I talk to says they are excited for this sea-

son. So I guess we will have to see once the season starts.”

Cardinal calls it “an advantage to fans” and for the league as well. Cardinal also said, “The biggest hurdle to overcome was getting most of the schools on the same page.” Moving forward, the two have plenty of plans for the site, but in the near future their biggest item of business is getting out an iPhone and iPad application within the next month so that streaming can take place through the mobile devices.

Cardinal and Ratner both mentioned that they were planning to do High Definition webcasts for NEC Front Row and debut them during the championship games.

So the next time you cannot make it to an event, hop on over to www.necfrontrow.com for all of your Northeast Conference action.

Men’s Basketball Grinds Out Win Over Lafayette

ED MORLOCK
SPORTS EDITOR

The men’s basketball team beat Lafayette 65-60 on Monday behind 18 points from Jesse Steele and Andrew Nicholas.

“They gave us everything we could handle today,” head coach King Rice said. “First off I want to say that my kids have grown up a whole bunch. This team last year really put it on us over at Lafayette. We talked about it all week, the opportunity to maybe have a win over a team that beat us last year. I’m just proud of my kids, it wasn’t easy.”

“It feels great (to get this win),” Steele said. “They really kicked our butt last year when we went there. So it feels really good to get this win and puts us over .500 and we’re on a streak right now, three in a row. Just need to keep going.”

In the second half, the Hawks (4-3) led 42-35. Over the next 2:45, a 9-1 run put MU ahead by 14 with 10 minutes left to play.

The Leopards (1-6) scratched and clawed their way back into the game, but never got within one possession.

The Blue and White closed out the game thanks to a steal and dunk from Nesmith and a dagger three from Steele with less than a minute to go.

MU’s up-pace defense played a big roll in the win. Lafayette had 27 turnover, with 19 Hawk steals.

“We do a lot of trapping on defense,” Dion Nesmith said. “When we see the ball we’re flying to the ball trying to get steals. We’re not trying to deflect passes out of bounds. We’re trying to steal the ball and go the other way and score two points. So every-time we see the ball in the air we’re going after it aggressively. Sometimes we get fouls on it. But I think that’s why we win games, because of our defense going after those steals and getting points on the breaks.”

The defense also stepped in-

side the lane and drew charges in the game.

“We have tough kids,” Rice said. “Before this game, early this year I think we had a couple. I thought we were just going to be the draw-charge team. But when your defense gets better, the way ours has, you want to stand in there for your teammates to take charges.”

The game opened as a back-and-forth battle. Teams traded the lead with each possession until Lafayette opened up a 17-13 lead.

Nicholas had the first six points of the game for the Blue and White. After hitting a runner, a three-pointer and one of his free throws, the Hawks led 6-4.

During the see-saw of an opening stretch, one of the teams needed to find a spark. As he so often does with hustle and determination, Max DiLeo stepped up for the Hawks.

“Max is one of the most athletic kids at our school,” Rice said. “He just is. He can jump. He was a great soccer player. He probably would win the dunk contest if we had everybody doing it.”

Trailing 10-9, DiLeo found himself dribbling down the court with no one in front of him. The 6’1” sophomore raised up high and brought the crowd to its feet with a two-handed jam.

Eight minutes into the game, MU was being out-rebounded 10-4. After a timeout, the Hawks trotted out their biggest lineup of the night. Aside from Steele, the smallest man on the floor was

“It feels great (to get this win). They really kicked our butt last year when we went there. So it feels really good to get this win and puts us over .500 and we’re on a streak right now, three in a row. Just need to keep going.”

JESSE STEELE
Senior Guard

6’4”.

The Blue and White finished the half strong with a three-pointer by Steele and trailed 26-24 at the half.

Counting Steele’s three, the Hawks went on a 15-4 run early in the second half.



PHOTO COURTESY of MU Photography

Senior guard Stephen Spinella scored seven points and grabbed five rebounds in 24 minutes of play. He also had two steals in the 65-60 win over Lafayette Monday night.

Stephen Spinella opened the half with a slam dunk. Spinella, Nicholas and Ed Waite added a few more buckets and free throws to put MU ahead 36-30.

Steele sandwiched a Lafayette three-pointer from Tony Johnson with two triples of his own. The second three had the Hawks ahead 42-35 with just under 13 minutes left in the game.

Baskets by Nesmith, Waite and Steele had the Blue and White ahead 50-36 and feeling comfortable.

John hit another three, which was shortly followed

by a Joey Ptasinski three and it was an eight-point game, 52-44.

The Leopards closed the gap to four after the teams went back-and-forth with baskets and Ptasinski drilled another three and the score was 57-53.

With 2:25 left, Nicholas put the Hawks up six with a two-handed jam.

The Leopards responded with a bucket of their own and Spinella made one free throw to put MU ahead 60-55 with 1:35 on the clock.

The Hawks defense was pressuring all game and they came up with a turnover at the most opportune moment.

A three-man trap caused a turnover at halfcourt and Waite came away with the ball.

Following a timeout by the Blue and White, Steele pulled up and hit the dagger, a three to put his team ahead by eight with 55 seconds left.

“He really got after it, we got the steal, he got the bucket,” Rice said. “All good.”

“Honestly, I thought there was less time on the shot clock,” Steele said. “So when I shot the ball and saw the shot clock said 10 I said, ‘This ball has to go in or I’m going to get yelled at.’ But Ed (Waite) made a great play. He was getting double-teamed. He just passed it out of the double-team and I was open and I just jumped up and shot it. Luckily it went in.”

“Jesse’s number was called

though,” Rice said. “They did a good job of making him get away from the ball for a second, but he was going to get that ball back and go at eight seconds. He just did a little early. Good thing it went in though.”

Seth Hinrichs came down the floor and matched Steele’s three for Lafayette, 63-58.

Steele made two free throws on the Hawks next possession and Levi Giese made a bucket for the Leopards with 31.5 remaining.

Steele and Nicholas couldn’t convert on free throws, but Lafayette’s offense wouldn’t get on the board again.

“I was bragging about it (foul shooting) and that’s what I get,” Rice said. “We’re good free throw shooters. What happens when you’re a team that hasn’t been in the past, it can rear its head up pretty quickly.”

Hawks win 65-60.

MU shot 46.9% from the field opposed to Lafayette’s 43.1%. From three-point range, the Blue and White shot 31.8% to the Leopard’s 33.3%.

Their next game is Monday, December 3 at 7 pm at Binghamton.

They return home Wednesday, December 5 for a game against Navy.

Outlook’s Weekly NFL Picks - Week 8

	Away	New Orleans Saints	Arizona Cardinals	Minnesota Vikings	Seattle Seahawks	Tampa Bay Buccaneers	Pittsburgh Steelers	Philadelphia Eagles	New York Giants
	Home	Atlanta Falcons	New York Jets	Green Bay Packers	Chicago Bears	Denver Broncos	Baltimore Ravens	Dallas Cowboys	Washington Redskins
Ed (6-2)(33-23)									
Clutter (5-3)(32-24)									
Gavin (7-1)(37-19)									
Environmental Club President Brett Gilmartin (Prof. Furgason 7-1)									

Women’s Basketball Wins Two After 0-3 Start

RYAN CLUTTER
STAFF WRITER

The women’s basketball team has started its season with a 2-3 record. After going winless in their first three games on the road, the Hawks were able to win two straight games over the holiday weekend.

Opening the season in Baltimore on November 11, MU fell to UMBC 71-68 despite a 21-point effort by Alysha Womack.

Traveling cross country to Washington on Friday, November 16, the Hawks came up short of a victory, losing 79-69 to Washington State.

Womack led the Hawks with 25 points and Abigail Martin added 8 rebounds. The Blue and White lost their third straight to Gonzaga 77-51 on Sunday, November 18.

“Our west coast trip we were playing really well, unfortunately the scoreboard wasn’t showing it but we were doing some really good things,” said head coach Jenny Palmateer.

The Hawks returned to the MAC on Friday for the second annual Thanksgiving Challenge, where they defeated the Lafayette Leopards 62-43.

Womack led the scoring attack with 20 points, adding 8 assists. The performance marked Womack’s fourth straight game to start the season with 20 or more points. Martin added 12 points and Betsy Gadziala led the team with 9 rebounds.

“With (Womack) we’ve come to expect the points but I think this early in the season she’s really showing that she’s able to take her game to the next level,” said Palmateer.

The Hawks opened the game strong, not allowing a Lafayette field goal until 9:11 left in the first half as they jumped out to a 21-4 lead. MU dominated in all aspects of the game, with their quickness leaving Lafayette off balance.

“Our intensity level on defense translated into offense,” said Womack. “Our communication was flawless in the beginning. We were talking to each other, making sure we had each other’s backs. Our defensive game plan; we did it down to a T.”

Lafayette came out strong in the second half, cutting the deficit to 9 points with 15:53 to play. After a timeout, The Hawks went on a 9-0 run and never looked

“For us, we’re going to be undersized a lot but it needs to become a heart and hustle show. We need to be able to execute, and so the size becomes a non-issue when we do the things we know we need to do.”

JENNY PALMATEER
Head Coach

Womack. “That’s kind of something we’re working on and trying to get our mentality to keep the same energy that we’ve had in the first half.”

MU was able to control the boards regardless of the height advantage in favor of Lafayette, out-rebounding the Leopards 44-41. Palmateer says rebounding is one of the teams mainstays, which they have come to count on. Twelve players for the Hawks recorded a rebound.

“For us, we’re going to be undersized a lot but it needs to become a heart and hustle show,” said Palmateer. “We need to be able to execute, and so the size becomes a non-issue when we do the things we know we need to do.”

“Even though we were undersized, I think we made it up by being in the right spot at the right time, communicating at the same time,” said Gadziala. “They were stuck at 4 points for a while and that’s just because we were all over the floor hustling, and even on offense we were pushing the ball so much that I think we got them tired so that helped when we were on defense.”

The Blue and White traveled to Lehigh on Sunday afternoon to conclude the Thanksgiving Challenge.

In two overtimes, the Hawks came away with the victory, 55-50. Chevannah Paalvast led the team with 15 points, scoring 6 in the overtime periods. Two



PHOTO COURTESY of MU Photography
Alysha Womack scored 20 points or more in the first four games of the 2012-13 season, highlighted by a 25-point performance against Washington State.

other Hawks were in double figures. Martin added 10 and Danica Dragicevic scored 10 on 5-7 from the field. Gabby Singer led the team with 7 of the team’s 45 rebounds. Monmouth forced 28 turnovers in the game leading to 24 points.

“The heart and hustle show;

that’s our biggest strength,” said Palmateer. “We’ll put that up against anybody.”

MU next takes the court Friday, November 30, when they take on High Point in the Navy Classic at 3:30 pm. The tournament is being held in Annapolis, MD.

Football Survives Colonial Comeback To Win Finale

ED MORLOCK
SPORTS EDITOR

The football team ended the 2012 season with a win over Northeast Conference rival Robet Morris 26-21.

“I’m very happy for our seniors to finish the season off with a win,” head coach Kevin Callahan said. “I’m happy for all of the players on the team, I’m proud of the way they battled in that game. They continued to play hard all the way to the end. It’s an excellent way for our seniors to end their careers.”

Julian Hayes led the Hawks (5-5, 4-3) to their second win in Pittsburgh this season (The other came

touchdown pass from Kyle Frazier to build the three-possession lead.

The Colonials (4-7, 3-5) made it a tight game with two touchdowns early in the second half. Deontae Howard scored on a 20-yard run to give Robert Morris their first points of the day. Less than four minutes later, Jeff Sinclair found Duane Mitchell for a 39-yard touchdown and the extra point cut MU’s lead to three.

Spillane added a 43-yard field goal later in the third quarter to put the Hawks ahead by six.

Hayes looked to put the game away with his second touchdown early in the fourth quarter. He scored from 22 yards away with

“I’m happy for all of the players on the team, I’m proud of the way they battled in that game. They continued to play hard all the way to the end. It’s an excellent way for our seniors to end their careers.”

KEVIN CALLAHAN
Head Coach

against Duquesne). Hayes carried the ball 22 times for 143 yards and two touchdowns.

The Blue and White took a 17-0 lead in first quarter and carried it into halftime. Hayes scored from two yards away, Eric Spillane connected on a 21-yard field goal and Tristan Roberts caught an 11-yard

11:12 on the block and put his team ahead 26-14.

Just more than three minutes later, Sinclair and Mitchell were hooking up again for the Colonials. From 44 yards away, the two connected and made the score 26-21 with 8:05 left in the game.

Ryan Mohr punted for the Hawks



PHOTO COURTESY of MU Photography
Linebacker Dan Sullivan records a tackle in the Hawks’ season-ending win against Robert Morris 26-21.

and made Robert Morris start from their one-yard line with 3:10 to play in the game, trailing by five.

Sinclair dinked and dunked his way down the field until the Colonials faced a fourth-and-one at the Blue and White’s 20-yard line with less than a minute on the clock. He found D.J. Hayes for a 16-yard gain and set up a first-and-goal from the four-yard line with 28 seconds left.

The drive nearly ended with a touchdown on fourth-and-goal from the three-yard line, but the Colonials were penalized for holding.

Robert Morris faced fourth-and-goal from the 13 on the final play of the game. Sinclair threw an incom-

plete pass after crossing the line of scrimmage. The game ended on the illegal forward pass and the Hawks picked up their fifth win of the season.

In his last game as MU’s quarterback, Frazier completed 22 of 27 passes for 258 yards and a touchdown, along with no interceptions.

The receiving duo of Roberts and Neal Sterling showcased their talent in the season finale. The two combined for 9 catches, 170 yards and a touchdown.

The defense sacked Sinclair four times in the game. Pat O’hara, Chris Luma and Brad Harris had one a piece.

Sinclair completed 21 of 34 pass-

es for the Colonials, throwing for two touchdowns and no interceptions.

Evan Taylor was RMU’s leading rusher, taking 16 carries for 78 yards.

Mitchell led all Colonial receivers with 5 catches for 116 yards, including two touchdowns.

Nolan Nearhoof led the Robert Morris defense with two-and-a-half sacks. As a team, they brought Frazier down six times.

A season that looked promising early on ended with a .500 record for the Hawks. They finish the season third in the NEC, behind Albany and Wagner, who both went 7-1 against conference opponents.



ENDING ON A HIGH NOTE



Also in Sports



The women's basketball team puts together back-to-back wins after starting the season 0-3.

Full Story on Page 27

The football team won its season finale against Robert Morris 26-21. The win raised the Hawks to 5-5 on the 2012 campaign and placed them third in the Northeast Conference.

Full Story on page 27