



# THE OUTLOOK

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## WAGE GENDER GAP INEQUALITY



IMAGE TAKEN from Kazete.com  
PHOTO EDITED by Dymond Rodriguez

According to the Institute for Women's Policy Research, full-time working women earned an average of 78 cents for every dollar men earned in 2013.

FABIANA BUONTEMPO  
NEWS EDITOR

In today's society, although young women are attending college and continuing on to graduate school, females still struggle with receiving equal pay as their male counterparts in the work force.

"Women have made enormous gains in the workplace over the last 50 years, however I do feel we have stalled considerably in the areas of the gender wage gap and occupational segregation," said Dr. Johanna Foster, an assistant professor of

political science and sociology.

According to a 2013 *USA Today* report, men in their late 30's, with advanced degrees, earned approximately 50 percent more money than women.

"Men and women could be doing the exact same jobs, which may be called something slightly different, and women are getting paid less than men," said Foster.

According to the Institute for Women's Policy Research, in 2013, full-time working women earned an average of 78 cents for every dollar men earned. This in turn created a 22 percent wage gap.

"If men and women are doing the

same job, they should get the same pay, simple as that," said Dr. Jennifer McGovern, a lecturer of political science.

"Women are not asking for raises in a cultural context where men are taught and believe that they deserve raises," said McGovern.

"Women are taught not to cause tension and to be peace-makers among people, because if they ask for things, they are viewed as pushy and rude," McGovern continued.

According to Michael Kimmel, author of *The Gendered Society*, regardless of the field

female college graduates choose to go into, the gender wage gap is present in most careers.

Kimmel points out that despite the increasing number of females becoming lawyers, female attorneys rarely reach the top positions in the field.

Although it is possible for female attorneys to make about 96 percent of their male counterparts' salaries, after the ten-year mark, women's salaries dip to only about 74 percent of men's, according to Kimmel's book.

Law isn't the only field that

Wage Gap continued on pg. 3

## "How the Middle East Can Save Itself"

CHRISTOPHER TAPPAN  
CONTRIBUTING WRITER

The University's Institute for Global Understanding hosted an informative lecture by Dr. Hussein Ibish, a Senior Fellow at the American Task Force on Palestine (ATFP), columnist for *The National* (UAE), and author of multiple well-known publications, on Tuesday Nov. 18. Ibish is also a contributing writer for *Foreign Affairs* and frequently speaks on *PBS's NewsHour*.

Ibish began by presenting an overarching theme: the Middle East is not one single entity, nor has it ever been, and the problems that plague it are not necessarily shared from one end of the region to the other. Effectively, he viewed the categorization of uniformity in the Middle East as a central problem that goes unrecognized by many Americans post-Cold War era.

Conversely, Ibish noted the interconnectedness of Middle Eastern states as kaleidoscopic and multi-faceted wherein "one small pattern shifts and the entire picture re-arranges itself."

According to Ibish, one could spend an entire academic career examining one street battle in Kobani in Northern Syria and not exhaust the subject – analytically, philosophically, etc... "We need to widen the aperture, step back for a second and look at very big picture," he said, "specifying that changes in the Middle East are often very closely linked together."

Ibish dove into the subject by portraying the beginnings of the Arab Spring in 2011 and addressing the downfall of Hosni Mubarak in Egypt, a move that angered some of the Gulf States. He addressed the Syrian Conflict, citing it to have claimed between 200,000 and 400,000 lives, producing up to as many as 7,000,000 displaced refugees

Middle East continued on p. 8

## Return of Swim Team Makes a 'Splash' at University

CHARLIE BATTIS  
STAFF WRITER

The University announced that they will be adding swim teams for men and women beginning fall 2015. The additions were made official on Nov. 20.

"I can say that I am very excited about bringing swimming back to Monmouth," said President Paul Brown.

Vice President and Director of Athletics Marilyn McNeil highlighted the reasons why swimming was reinstated at Monmouth. "Because we have the pool. Because we are on the shore. Because we've had a fabulous swimming program in the past, it just made sense that swimming was the sport that we should go back to. We need to pull our alumni back and pull our friends back," said McNeil.

A central reason why the University decided to add more sports teams was the "core sports requirement" that the Metro Atlantic Athletic Confer-

ence (MAAC) institutes. The MAAC requires that members of their conference have at least seven men's and women's teams.

Jeff Stapleton, Senior Associate Director of Athletics for Internal Operations, said, "One of the big reasons we're adding swimming on the women's side was we were missing a core sport on that side and one of the two core sports that we were missing, that we would have to add, was either volleyball or swimming."

McNeil explained, "We actually did some due diligence, we studied it for over a year trying to figure out what would be the best thing that we could do. We also looked at the requirement and sort of thought about the sports that we were short of and what does it mean for the Jersey Shore. Swimming was the one that came forward and we really only had to add women's swimming. It ended up that we wanted to add a sport."

Swim Team continued on pg. 18



PHOTO COURTESY of Tara Cirincione

After almost two decades of not having a swim team, the University has decided to reintroduce the core sport in the fall of 2015.

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# How Much Does it *Actually* Cost to “Go Greek” at MU?

ALYSSA TRITSCHLER  
CONTRIBUTING WRITER

With formal recruitment two months away, potential new members are asking Greek men and women a plethora of questions, with one of the most common being about dues.

The answer to that question is not the most accurate description of the cost of going Greek.

“Majority of these fees go to the national organizations to provide resources for the chapter. Another bulk of the fees go towards the insurance policies that each national organization uses to provide protection for their members and guests to the organization,” said Jon Buchalski, Assistant Director of Student Activities for Fraternity and Sorority Life.

Buchalski also mentioned that each organization has an operational budget used to host events and programs that support their values.

Every Greek organization pays the aforementioned dues each semester. At the University, the range of dues for fraternal organizations is approximately \$175 to \$550 each semester, while sorority women pay approximately \$300 to \$600 per semester, depending on the organization.

Another factor into paying dues is whether or not they are all inclusive, indicating payment for items such as t-shirts, formal, or social events.

If organizations dues are not all inclusive, t-shirts come at a hefty price. Customized t-shirts run

around \$20 each, which means approximately an additional \$100 is required of the members.

Greek members additionally partake in a number of events throughout the year such as Homecoming, recruitment, philanthropy events, Relay for Life, and Greek Week.

Other events include formal and socials. Formal is an annual event hosted by each organization. Members have the option to invite a date to and get dressed nice for a night of fun.

Depending on the venue that the organizations book for their formal, tickets can run anywhere from \$40 each to \$100 each.

If the location is typically far from campus, such as in Atlantic City, NJ, a popular location for formal, the cost of a hotel room is additional.

Socials, on the other hand, are where fraternities and sororities mix to get to know the members of each organization on a closer basis.

Supporting other Greek organizations comes at a cost, too. Almost every Wednesday, fraternities and sororities host events in which proceeds benefit its specific philanthropy. Some examples include Lovestruck, Monmouth Idol, Big Man On Campus, ANAD Vigil, Sub Eating Contest, and the Car Smash.

Greek organizations are required to have 50 percent of the chapter in attendance. Tickets are \$5 in advance, and \$7 at the door.

There are 16 Greek organizations total, which requires another \$80 from the members.

Sororities include Alpha Kappa

Alpha, Alpha Omicron Pi, Alpha Sigma Tau, Alpha Xi Delta, Delta Phi Epsilon, Lambda Theta Alpha, Phi Sigma Sigma, and Zeta Tau Alpha. Fraternities include Alpha Kappa Psi, Delta Tau Delta, Phi Kappa Psi, Tau Delta Phi, Tau Kappa Epsilon, Theta Xi Sigma Pi, and Sigma Tau Gamma.

Individuals can be part of a business fraternity as well as a social fraternity. Alpha Kappa Psi is the only business fraternity on campus.

Alex Noboa, a business administration major and member of both Alpha Kappa Psi and Delta Tau Delta, said it is difficult budgeting money for both fraternities, but looks at it the same way he looks at paying tuition.

“It’s an investment where I’ll be getting a lot more out of it in the long-run. While tuition pays for academic experience, my dues pay for social experience which is just as important,” Noboa said.

Another large factor in Greek organizations is Big and Little reveals, or Sapphire, Secret, or Angel reveals. Taking on a younger brother or sister within an organization comes at a cost.

The older brother or sister supplies their Little, Sapphire, Secret, or Angel with food and gifts during their six-week new member process. Taking on a younger member will never be included in dues.

Katie Cozzi, a senior graphic design major and Monmouth Greek, took a Little and a Secret Sister in the spring of 2013. She mentioned that she spent around \$1,000 on her Little and Secret combined. Each girl was given two baskets a week



PHOTO TAKEN from Facebook.com

**Sisters of Zeta Tau Alpha** kicked off their “Think Pink Week” by hosting a bake sale and pink lemonade stand on the Rebecca Stafford Student Center (RSSC) patio from 11 - 5 on Oct. 6 to benefit Breast Cancer Awareness and Education.

during the new member process. “While I don’t think the presents are necessary, I thought it was worth it,” Cozzi said.

Greek organizations add to the cost of student’s yearly tuition, however, being affiliated comes with benefits.

According to an article published in *USA Today* on May 18, 2012, students who are affiliated with a Greek organization are more likely to graduate on time. This is due to study hours, and being held accountable for maintaining particular grade point averages.

Not only do Greeks graduate on

time more often than non-Greeks, *USA Today* also mentioned that records have shown that their grade point averages are noticeably higher, and they can graduate from college with an open network of thousands of people, which means connections to potential job offers.

“It’s an opportunity that helps make your college experience the best it could be. When you look back you’ll remember the memories, not the price,” said Melissa Naranjo, a freshman health studies student.

Depending on the organization, payment plans may be offered.

## Princeton Agrees to Revise Policies After Violating Anti-Discrimination Law

JONATHAN LAI  
MCT CAMPUS

Princeton University violated a federal antidiscrimination law by not “promptly and equitably” responding to complaints of sexual violence, in one case allowing a sexually hostile environment to continue for one student, the U.S. Department of Education announced Wednesday.

The university formalized an agreement Oct. 12 with the department that includes revising policies, using a “preponderance of the evidence” standard in investigating complaints, and reexamining all complaints filed from the 2011-12 academic year through Sept. 1. It had begun rolling out new policies and procedures this year, which the Education Department said address the Title IX violations.

The changes are “intended to achieve full compliance,” Princeton said in a statement. The changes, along with other actions in the agreement, will be monitored by the Education Department.

“I applaud Princeton University for its commitment to ensuring a community-wide culture of prevention, support, and safety for its students, staff, and community,” Catherine E. Lhamon, assistant secretary for civil rights at the Education Department, said in Wednesday’s release.

Princeton is not the only university to settle with the

Education Department in recent years, as national attention has focused on sexual harassment and violence on college campuses. In 2011, the University of Notre Dame agreed to revise its policies to become compliant with the department’s standards.

Other high-profile agreements include Yale University in 2012 and the State University of New York system in 2013.

“This is really the regulators saying, ‘Make sure your policies are in place and are compliant with the regulations now,’ “

**“We are pleased that this investigation has been concluded with an agreement that brings the university’s policies and procedures into compliance with all statutory and regulatory requirements.”**

CHRISTOPHER L. EISGRUBER  
President of Princeton University

said Kevin E. Raphael, a partner of Pietragallo Gordon Alfano Bosick & Raspani L.L.P., who prosecuted sex crimes as an assistant district attorney in Philadelphia.

The investigation by the Department of Education’s Office for Civil Rights found Princeton to be in violation of Title IX of the Education Amendments of 1972. Under the terms of the deal, the university’s agreement does not count as an admission of noncompliance.

“We are pleased that this investigation has been concluded with an agreement that brings the university’s policies and procedures into compliance

with all statutory and regulatory requirements,” Christopher L. Eisgruber, Princeton’s president, said in a statement.

The investigation stemmed from Title IX complaints by three people who accused the university of failing to respond appropriately to specific sexual assault complaints made by three students in the 2009-10 and 2010-11 academic years, according to a letter sent from the director of the department’s New York office to Eisgruber. The Education Department opened its inves-

“this failure allowed for the continuation of a hostile environment that limited and denied her access to the education opportunities at the university,” the letter said.

Among the issues, the department said: The university used a “clear and persuasive” standard of evidence rather than a “preponderance of the evidence” standard, its policies did not explicitly give accusers equal opportunity as accused students to provide evidence and present witnesses, and only people found in violation of the uni-

of Education released a list of 55 schools it was investigating for Title IX violations regarding sexual violence.

Princeton was the only New Jersey school on that list. Pennsylvania schools under investigation are Temple University, Pennsylvania State University, Swarthmore College, Franklin and Marshall College, and Carnegie Mellon University. Princeton and other schools have since been removed from the list, and new investigations have been added.

There are now 86 schools being investigated, including Emory University, the University of Chicago, Harvard University, Johns Hopkins University, Dartmouth College, and Brown University.

One reason colleges and universities have gotten in trouble, Raphael said, is that regulations and guidances have been evolving constantly. One of Princeton’s violations is a good example, he said: Using a “preponderance of evidence” standard was suggested as best practice several years ago but did not become mandatory until this year, so it would not have been the requirement at the time of the complaints that triggered the investigation.

After reviewing the documents related to Princeton’s violations, Raphael said, school officials “weren’t perfect ... but they were acting and doing their best, compared to some other examples where universities were trying to conceal, hide, or not take any action whatsoever.”

versity’s policies would have a right to appeal.

In addition, Princeton’s policies did not include a provision to notify a complainant of the right to proceed with a criminal investigation and Title IX complaint at the same time, the letter said.

Further, none of the school’s relevant policies “provided for an assurance that the university would take steps to prevent further harassment or remedy its effects, if appropriate,” the letter reads.

In May, days after a report from the White House Task Force to Protect Students From Sexual Assault, the Department

tigation in December 2010.

In addition to going through documentation and interviewing the students and Princeton staff and administrators, investigators conducted on-site visits to review files and recordings, according to the letter.

They found that Princeton’s grievance procedures at the time violated the federal law that in part requires the schools to provide for “prompt and equitable resolution” of complaints of actions including sex discrimination, sexual harassment, and sexual assault or violence.

In the case of one student,

# Equal Work, Unequal Pay: Gender Wage Gap in the U.S.

**Wage Gap** continued from p. 1

discriminates their salaries amongst men and women.

“As a student, I do not see equality in pay in the [business] field I want to go into,” said Brittany Lamb, a junior business student.

“My father is in the business field and although it may not be out in the open, men and women do receive different pay,” Lamb said.

Aside from various fields paying men and women employees different wages, if the company one is working for is a private or public sector, that makes a significant difference.

Foster pointed out that in private sectors, worker’s salaries are not public. “Unless one is working for the government or another public sector, employee’s salaries are obviously kept private,” said Foster.

“Many women are totally unaware that they are earning less than men as private sectors do not reveal salaries of workers, so it protects the employers,” Foster continued.

Aside from salaries being kept private, sometimes women in the work force are given inferior jobs compared to men and that is sometimes also the excuse used for why women’s salaries are lower.

A *PRWeek* study noted that women in public relations “traditionally have been assigned low-paying technician roles and have a tendency to work in areas of public relations that typically have low

salaries.” These areas include community and employee relations of non-profits.

“In the course of my career, I have been told I would be better suited for more administrative work because women can better juggle multiple responsibilities,” Foster said.

Foster said that she was given mundane assignments compared to

what her male colleagues were assigned.

“Men’s jobs are ranked higher than women’s jobs on average. They are valued and paid more. Women are earning less because the jobs are coated by gender, not just by people,” she said.

For the younger female generations, a *USA Today* report indicated more women are enrolling in col-

lege because they have greater access to higher education compared to past years and they want to have a successful career for themselves.

“As a woman, I want to be treated equally if I’m doing the same work as my male co-workers,” said Lamb.

Along with the report, a survey was also conducted of young college females. The survey pointed

out that women entering college go in with the aspirations to receive an education and have careers of their own so they don’t have to rely on a man’s support.

“The divorce rate is higher than ever today and divorce is part of the norm in society,” said Gabriella Leuizzi, a junior biology student.

“Our generation has come to realize that it’s okay to depend on ourselves, and if we want to have families and careers, it’s tough but we’re capable,” Leuizzi continued.

Foster shares advice for the upcoming female generations who may become torn between family life and their careers. “I think that men need to step up and do their fair share of child care,” she said.

“Unless we see men valuing labor in the home the same way they value labor in the work place, I don’t think we will see a significant progress for the younger generations of women who will now be asked if they want to have families and work,” Foster added.

The only way to have change in the workplace is to get the word out about inequality amongst men and women because this concern worries me,” Lamb said.

“My advice to female college graduates when in the work place is to ask for a raise if you feel you deserve one,” McGovern said.

“Seeking out a female mentor in your company that will help guide you and give advice is another crucial tip that helps tremendously,” McGovern said.



**“Women have made enormous gains in the workplace over the last 50 years, however I do feel we have stalled considerably in the areas of the gender wage gap and occupational segregation,”** said Dr. Johanna Foster, an assistant professor of political science and sociology.

# Annual Hunger Breakfast Helps Feed Locals in Need

**DANIELLE SCHIPANI**  
COPY EDITOR

A crowd of about 80 University students and faculty gathered to discuss the issue of world hunger and to listen to speakers involved with local hunger prevention at the annual Hunger Breakfast in the Magill Club on Tuesday, Nov. 25.

“In the United States 17.6 million households are food insecure, which is about one in every seven,” said Dr. Rekha Datta, a political science professor who coordinated the event. “Hunger is a huge aspect of our lives,” she continued.

Datta said that one of the causes of famines in other countries is malnourishment. “Worldwide, 805 million people do not have enough food to lead a healthy life,” she said.

Datta explained that in some areas of the world children are forced to drop out of school because they are too hungry to focus on their schoolwork.

Attendees were broken up into three groups which simulated three different social classes: green, blue, and yellow. Group members were then given a breakfast that people living in those social class would typically receive.

The green group represented the upper-class. Members were given a hard-boiled egg, apple juice, a banana, and a granola bar.

The blue group represented the middle-class and were given a muffin, granola bar, and juice box.

The yellow group represented the lower-class and were seated on the floor. Members were given a slice of bread and soda.

Dr. Nancy Mezey, Associate Dean of the School of Humanities and Social Sciences, attended the event and was seated as an upper-class member of society.

“At one point I tried to give

members of the lower-class some of my food and was not allowed to. This was upsetting,” said Mezey. “Visually, this exercise makes it seem real to me and makes me feel bad even though this happens everyday.”

Grant Lucking, a member of the New Jersey Food Council and University alumnus, said that it is important to remember that hunger is an issue in New Jersey. “New Jersey is 239 Supermarkets short,” Lucking said.

Lucking urged people to volunteer at local food banks and to donate food whenever possible.

“One in ten people living on the Jersey Shore needs food,” said Peter Grote, a representative of the Monmouth and Ocean County Food Bank and University alumnus. He said that last year the food bank distributed an estimated ten million pounds of food and that the need for food has increased by 85 percent since 2005.

Grote defined the term food insecure as “people who do not know where their next meal will come from.” He said that the food bank helps to feed these people and said that they run out of food quickly.

“If we did not receive any more food starting today we would run out of food in five weeks,” he said. Grote urged people to donate food and said that 50 percent of the food is donated while the other 50 percent is purchased.

Daniel Ratner, Director of Operations for the Move for Hunger Organization, explained the purpose of the non-profit organization. He said that Move for Hunger currently partners with about 600 moving companies in 49 states as well as Canada to collect food when people are in the process of moving from one location to another. They then donate the collected food to local food banks.

“It is a simple solution to the



**An estimated 300 pounds of food was donated** to help prevent local hunger at the University’s annual Hunger Breakfast in Magill Club on Tuesday, Nov. 25, as stated by Dr. Rebecca Stanford, Assistant Chair of the Communications Department.

problem of hunger, we make it part of the process” said Ratner. The speaker encouraged the audience to educate themselves on the issue of hunger. “You can’t fix a problem you don’t know exists, it is important to open your eyes.”

Ratner expressed how the organization prevents food from being wasted. “Everyday Americans waste enough food to fill the Rose Bowl to the top,” he maintained. “This organization is a small solution to this problem.”

The first year seminar class “Debating Globalization: World Hunger” also helped coordinate the event as part of a class project. “From this experience I learned that not everyone has the

opportunity to be fed as well as we do in America,” said Gabby Giordano, a freshman art education major in the first year seminar class.

Datta explained how the University came together to donate food for thanksgiving. Non-perishable food items were collected on campus during the weeks before thanksgiving break until Nov. 24.

These locations included Bey, Wilson Hall, Plangere, Rechnitz, Edison, McAllan, the Rebecca Stafford Student Center (RSSC), Student Center, and the Library.

An estimated 300 pounds of food was donated, according to Dr. Rebecca Stanford, Assistant

Chair of the Communications Department.

“The goal of the Hunger Breakfast and food drive was to bring awareness to this issue. The issue of hunger is so easy to ignore,” said Sanford. The donations went to the Monmouth and Ocean County Food Bank.

This is the tenth year that the Hunger Breakfast has taken place and is the third year that the first year seminar class has been involved with the planning, according to Datta.

“I am happy with the turnout and felt that people seemed engaged,” she said. “The goal of the event was to bring awareness to global hunger inequalities.”

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# Does MU Fall “Flat” in Cleaning Construction?

**Outlook masthead designed by Kimberly Lynn Mallen**  
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# Stop Defining Self-Perception: See Yourself as More Beautiful

ALYSSA TRITSCHLER  
STAFF WRITER

How many times have you looked in the mirror and not appreciated the person looking back at you? The same is true for countless individuals across the globe who continue to judge themselves for what they are on the outside rather than what they are on the inside. Take note from an incredibly powerful speaker, Shane Koyczan, in his speech “To This Day” where he states, “If you can’t see anything beautiful about yourself, get a better mirror. Look a little closer, stare a little longer, cause there’s something inside you that made you keep trying despite everyone who told you to quit.”

So who is to tell you what the definition of beauty is? We are all built to be of different sizes, of different shapes, having different skin colors. There is nothing about different that is wrong or ugly. The thing about being different is that you are unique.

The media has such an incredible impact on the way we view ourselves. A Kaiser Foundation Study found that one in every three articles in a teen magazine have a focus on appearance rather than self worth.

According to *Teen Health and the Media*, out of a survey of nine and ten year-old girls, 40 percent were dissatisfied with their bodies and

over the past years? What happened to when the epitome of beautiful was Marilyn Monroe, who is known to have worn a size 12? According to the Center for Disease Control and Prevention, the average weight of women over the age of 20 in America is 166 lbs, which is nowhere near the representation seen in the media.

We’re all so afraid to look a cer-

tain way because we have been told countless times the way we are isn’t good enough, that we can always improve our body image. When in reality, there’s nothing wrong with looking any certain way, as long as you’re healthy and happy and in good company.

We have so many abilities to change the views of society at our

There is something to be said for having confidence in yourself. While it is admirable to strive for perfection, no such thing exists. We should be concerned about our health and the products we put into our body, rather than consuming or not consuming what will alter our image more or less.

We all deserve to be proud of ourselves and the person we are. To be known for the qualities of our personality and the way in which we treat the people and the world around us. It all begins with one person, taking a step forward to say we are all beautiful and deserve to be loved in all our forms, despite our appearance.

There is a lesson to be learned about self-perception and beauty. It starts with how you view yourself. Then, it continues with how you allow others to view you.

Take it again from Shane Koyczan, who said, “I will love myself despite the ease with which I lean towards the opposite,” because you should too.

We’re all so afraid to look a certain way because we have been told countless times the way we are isn’t good enough...

in turn, attempted to lose weight. These children were polled after being shown a variety of music videos. By the time children reach the age of 17, 78 percent of all teenage girls are unhappy with their bodies. This leads to excessive sessions at the gym, depression, and eating disorders.

But why has so much changed

tain way because we have been told countless times the way we are isn’t good enough, that we can always improve our body image. When in reality, there’s nothing wrong with looking any certain way, as long as you’re healthy and happy and in good company.

Luckily, strives have been made in an attempt to assure mainly women that beauty comes in all its unique forms. Dove has executed a number of campaigns, showing women that what the world perceives as beauty is nothing but a photoshopped image. They show the world that real beauty comes from real women, not a photograph.

## Having One “Soulmate” Sounds Overrated

KYLE O’GRADY  
STAFF WRITER

We won’t all visit China, not everyone will get to experience climbing a mountain, and not everyone gets the chance to perform in sold out arenas. So why is it that we as a society are so hung up on the idea that everyone will find one true love in the form of a husband or wife? And then stay with that one person until eternity?

For some reason, society has decided to enforce this ridiculous rule on itself and encouraged everyone to follow suit. For what reason? So that the divorce rate in the United States could be 40 – 50 percent according to the American Psychological Association?

The idea that every single person will find one true love, of their sexual preference, and then they will remain in a happy and loving relationship for the rest of their life is just not real. That is not to say some people will not experience this. It is also not to say that anyone who does not experience this is doing something wrong.

Society has made anyone who does not find this ideal feel like an outcast. This is what I believe forces people to settle for anyone who can create the illusion of a soul mate. They meet someone when they are young, settle because the rule is you meet your soul mate when you are young. But how is everyone going to find his or her other half by 30 years on this earth, when that isn’t even halfway through your life. There is still so much time to go other places and meet new people. I think it is possible that people rush into relationships before they have a chance to meet someone later on in life who would complete them.

Then there is also the possibility that not everyone gets to stay with their soul mate. Perhaps some people have to deal with the one that got away. Or some people are wasting their time with someone else and miss out on a chance to meet their real soul mate. But people are willing to settle for someone who isn’t everything to them. They in turn miss out on someone even greater. When it comes to your happiness, there should be no exceptions but the absolute best.

Then there is the question, who decided that everyone’s soul mate

was a sexual partner? I think it is possible that some people’s soul mates come in the form of friends that have a stronger bond. We won’t all keep the same friends we have in college, let alone in kindergarten. People move, people change. Why is not as much value given to great friendships?

All this settling for people other than a person’s “one true love” is what I believe results in so many failed marriages and destroyed child mentalities. People make a relationship work for a while and then when someone cheats or it ends badly, they blame each other instead of just looking at natural instinct.

Regardless of a natural inclination towards some connection between two people unlike any other, relationships still take work. You have to work towards changing and growing together. No higher level of connection between two people will stop them from growing and changing. They need to grow together. Think of how many people were once close in your life but are now so distant because you both changed.

People change; as time goes on and people mature, different things will interest them than they did before. Regardless of having someone meant for them this does not mean they are immune from a changing personality.

In love there are so many exceptions and rules. So many things that are set in stone, yet so many people who manage to do the complete opposite. People find love at all ages, in all shapes and sizes. They even find them in all forms; from cousins, to sisters, to friends, to lovers. As a society we need to move away from all these rules and just let people decide for themselves what makes them truly happy.

No more rushing to get married at a certain age, no more getting angry at a person when they start to change. Look in your life, you may already have a soul mate, they may not look like what people have told you they look like, but they complete you. Whether it be a friend, an aunt, a cousin, or a girlfriend. Soul mates come in all shapes and sizes and I think if you are lucky enough to have one, regardless of who they are, you are lucky enough.

## Snapchat Could Pay a Price for Introducing “Snapcash”

KATHERINE JAFFE  
STAFF WRITER

In recent years, more and more people are declaring themselves self-proclaimed photographers. First is was Photo Shop, then it was Instagram, now it’s Snapchat?

On Nov. 17, Snapchat announced they have added a new feature to the app, “Snapcash.”

According to a blog post on the company’s website, Snapchat teamed up with Square, an application that appears to help with payment processing on laptops, tablets, smart phones, etc.

With Square’s help, Snapchat is able to construct a payment system for its users so that snapchatters can exchange money with another through the application. The company has made it so that one can simply set up their debit card information in their settings as well as agree to their terms and conditions.

Well, actually, their terms and conditions is more or less their signature ghost icon with a large “I agree” banner and miniscule script confirming that the person about to agree is at least 18 years old.

Snapcash did not come say exactly what the money would be used for or why people would want to use it in the first place, but I can only imagine what people are thinking.

It’s safe to assume that Snapchat is monopolizing on the distribution of people’s nude photos.

With the amount of celebrity nudes that were leaked this past year alone, everyone is interested in seeing someone else’s body solely out of curiosity. So why not make them pay for it?

Picture this, a boy and a girl begin snapchatting innocently and then one thing leads to another and one of them asks for a naked picture. Well, assuming that both parties are over the age of 18 and have sufficient money on their debit card, this can all be made possible for a price.

It is unclear as to whether Snapchat has set a maximum or minimum for the amount of money so let’s assume these are very rich people we are dealing with and one of the users asks for \$500. So let’s further assume that it’s the boy sending the girl the money and low and behold, she sends the boy

a nude photo!

It terrifyingly simple as it is potentially dangerous. Here you have someone paying for a picture of another person and who’s to say they’re the only one who else is going to see it. Will Snapchat automatically save the photo for them because they paid for it? Will the receiver screenshot it because they did in fact pay for it? Or can we expect that the boy in the hypothetical situation will be so satisfied with his purchase that he won’t mind the picture only staying on his phone for three to ten seconds?

Now what if the circumstances were different? What if both parties were under the age of 18 and the nude photos were paid for and sent? Does Snapcash get shut down? Does everyone go to jail? Are charges

business partnership between Snapchat and Square will be a success. There is no mention of the potentially dangerous and life-ruining situations that could come of this, but only prospects of monetary gain.

By simply saying anyone “who [has] a debit card and is 18 or older,” which is exactly what Snapchat said, does not necessarily mean people will follow this rule with regards to using snapcash.

What I interpreted this as: anyone who can get their hands on a debit card can use Snapcash.

There are some people out there under the age of 18 that can easily access a debit card and hook it up to their Snapchat account without the cardholder, whether it be them or a parent, even thinking twice about it. This alone will cause endless prob-

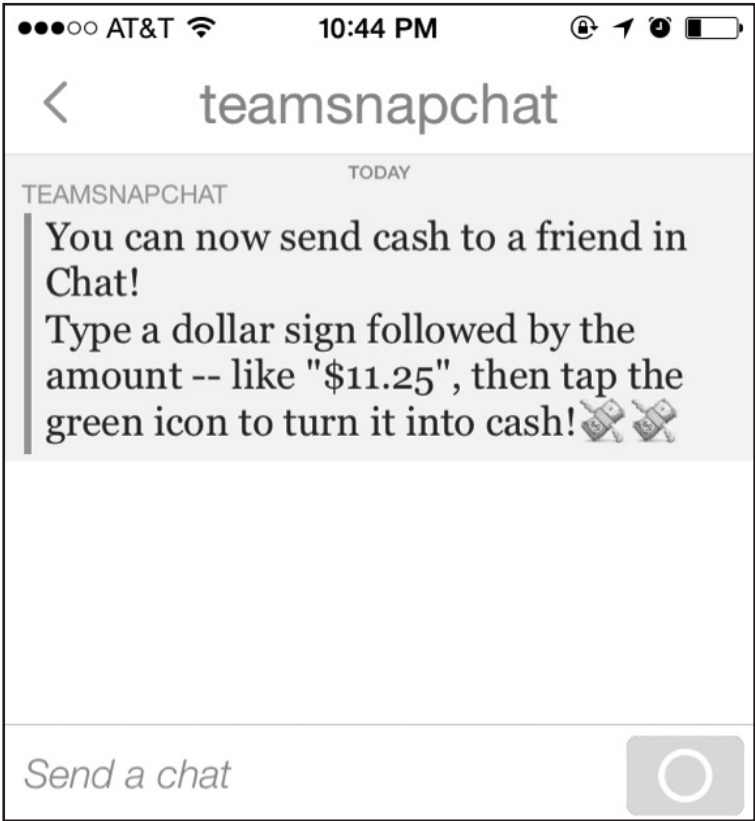


PHOTO COURTESY of Kelly Hughes

**Snapcash** was announced to users through this message.

even pressed in the first place?

Even the Internet could answer my specific Snapcash questions for me. Every time I searched for something relating to Snapchat and Square’s collaboration, there are only feelings of expressed towards the business endeavor.

Aside from Snapchat’s initial post on their site, *Forbes* predicts that the

lems for Snapchat because this is a very likely situation and catching these people does not seem to be Snapchat’s priority.

Snapchat only wants to make money. They did not fully think through the consequences of having snapcash because if they did, I’m sure they wouldn’t have even introduced it in the first place.

# Let’s Talk Politics: Is The Government a Difficult Discussion Topic?

BRANDON JOHNSON  
POLITICS EDITOR

Americans are more likely to identify as conservative, according to a *Gallup* poll published Jan. 10, 2014. This ideological classification of liberal vs. conservative permeates American politics and is often the basis by which individuals frame their political beliefs and spark everyday conversation with others.

Thomas Jefferson, a founding member of the US Constitution and 3rd President said, “I never considered a difference of opinion in politics, in religion, in philosophy, as cause for withdrawing from a friend.” This begs the question to be asked, is politics difficult to talk about?

Before one can debate whether politics is a difficult subject to talk about, he or she must first consider what is meant by politics.

Dr. Walter Greason, instructor of history and anthropology said, “Politics is the notion of distributed authority.” The US is a representative democracy, meaning voters elect individuals who then act for them in the public forum. According to Greason, the authority in politics is shared between these levels of membership in the political spectrum.

Some of the difficulty in discussing politics beyond the educational setting stems from the distribution of authority, and the feeling of powerlessness created by it. “People (constituents) don’t like to acknowledge their relative powerlessness. People in authority (elected officials) often feel uncomfortable with explaining their decision-making,” said Greason.

He found this disconnect to be a contributing factor to the problems with the ease of conversing about politics.

Dr. Michelle Van Volkom, a lecturer of psychology added that the government is often viewed as

“I do not think politics is difficult to talk about – people do want to talk about it, but in current times there is such a feeling of disillusionment about politicians.” Van Volkom said that despite the disillusionment, the political world

political affiliation to avoid scrutiny. So in a sense, yes, it is difficult to talk about. The varying opinions of people also make politics a little more difficult to discuss.”

The way in which individuals gain political knowledge also has

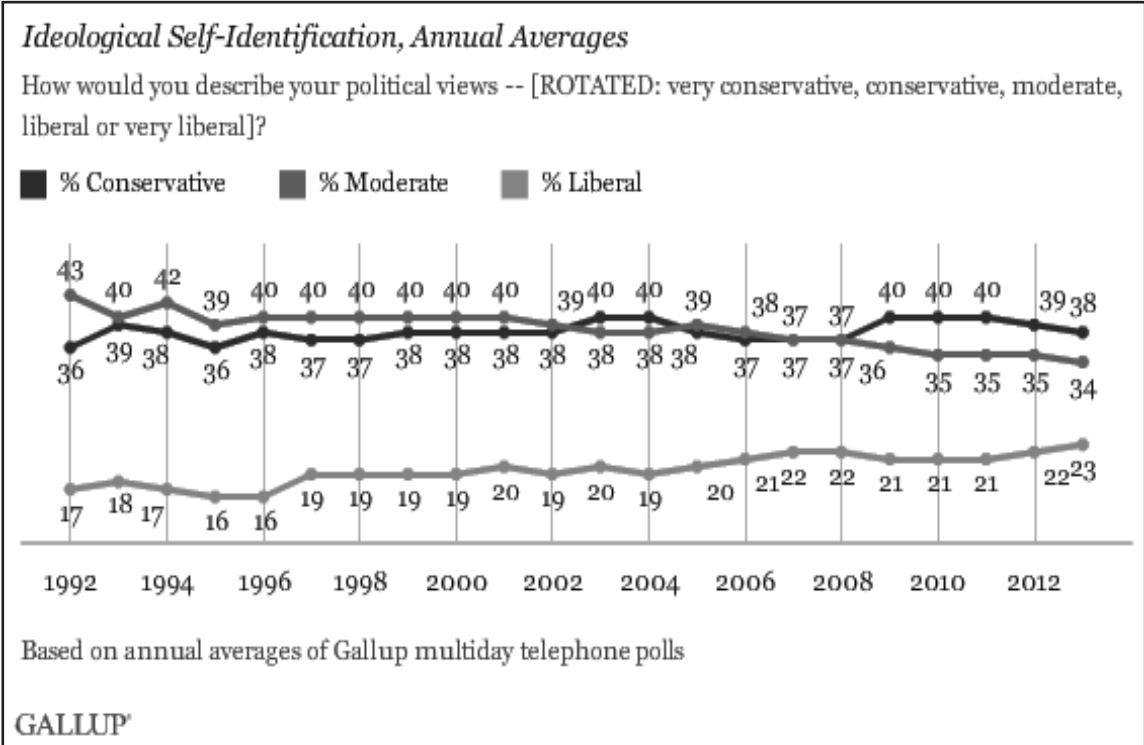
translating political issues for the public to thoughtfully consider.” He said that the way in which individuals learn about the political world influences to what extent people can engage in political discussion before becoming argumentative.

Another influence on political discussions is the incentive politicians have to portray the political realm in a manner favorable to their positions.

Professor Gregory Bordelon, lecturer of political science said, “...The ability to educate people on how the methods of the political science discipline translate to the practical sphere of public politics that is challenging.” He said that because policy analysts and officials have their own agendas, political messages are often disseminated in ways convenient to their strategies.

In order to allow for better political discussion, Greason suggested the model of the Freedom Schools, educational centers primarily for African Americans originating from the Civil Rights Movement. He said, “The model of Freedom Schools foster democratic accountability and increase every individual’s perception of their ability to shape his or her life.”

Phillips-Anderson and Bordelon both noted that proper political education is important to foster constructive political discussion. Bordelon said, “Education about how governments operate, particularly at the state and local level make for more involved citizens which in turn can use transparency to yield both efficiency and accountability. Education here, as in many areas is the key.”



Since 1992, Americans are more likely to identify as moderate (top line) or conservative (middle line) than liberal (bottom line), according to this Gallup poll from Jan 10, 2014.

“a very distrusted entity.” Despite noticing what seem to be prevalent levels of doubt in politics, Van Volkom noted that the problem is not necessarily discussing aspects like legislation and judicial decisions, rather, it is the conversation about the politicians themselves.

is very accessible, considering its prevalent role in the media.

Zak Fama, a sophomore history and political science major, aligned closer to Greason’s position. “Politics in the real world, especially today’s, is a very touchy subject. People often fear admitting their

an impact on how people discuss politics. According to Dr. Michael Phillips-Anderson, associate professor of communication, “Television news is often too simple and the laws themselves are too complex. We need effective civic education and a responsible means of

## Back from the Brink: A Presentation on the Middle East

Middle East continued from p.1

since the inception of civil unrest.

He noted these changes to be potentially destructive and therefore alarming. Ibish mentions unorganized street protests in Syria that began as peaceful that and have catastrophically morphed into violent displays of rebellion – rebellion that became revolution. “Libya clearly had a revolution. I don’t believe there was one in Tunisia or Egypt or anywhere else,” says Ibish.

The speaker discussed a transformative process which he said

“Within religious conflicts, there are religious answers – but there are also political answers.”

SALIBA SARSAR  
Associate Vice President for Global Initiatives

will alter [the Middle East and North Africa’s] strategic landscape for decades to come and affect the globe as well. Ibish explained regional changes due to its wealth of resources, its globally-prime location, and the influential political power of small, representative conflicts like the Israeli-Palestinian Conflict. He noted the conflict to be charged emotionally by people all over the world, though objectively smaller in size than the Syrian conflict; he argued it to extend so far as to the future of Sunni-Shi’a relations in years to come.

He explained that the involve-

ment of greater powers in the affairs of smaller ones greatly influences the outcomes of events, including rivalries and cooperation efforts; “It can’t just be the local realities, it has to include the regional ones, as well,” said Ibish. He noted a prime example to include the issue of Qatar funding Libyan Islamists, quite heavily - they’re quite dependent on Qatari funding. “We’ve gone so far as to directly intervene with air power by bombing Libyan Islamists.”

He addressed the barrier between the Arab world and Iran, a Persian state. A direct consequence of the 2003 American

more evil party. The two forces have ‘teamed up’ in essence to utilize each other as a ‘boogeyman,’ noted Ibish. “Maybe you don’t like me, but the alternative is monsters.” He alluded this not to necessarily be detrimental, but also not productive, and then connected ISIS (IS) to other jihadist networks.

“The rise of the violent extremists has pushed [regional] leaders together,” said Ibish. In other occurrences, these leaders have come together and agreed to disagree, but have placed a value to the other’s perspective, treating each other as if they were legitimate players in national conversations. This transforms virtually everything and has, at times stood for the rational basis of a coalition government. “The politics of compromise serve the interests of [both parties],” he stated, arguing Libya to have unsuccessfully implemented such a change, noting their two separate governments with separate armies, since neither side has recognized each other as fundamentally legitimate.

After discussing Sunni-Shi’a relations and drawbacks, Ibish enforces that the notion of compromise and the ability to agree to disagree will be the driving cause for change. He dispelled rumors that a jihad will be the source of the Middle East’s collective change, and instead reinforced that the rule of law, the respect for fundamental human rights, will bring about the global success of the Middle East in future generations to come.

Monmouth University Associ-

ate Vice-President for Global Initiatives and political science Professor Saliba Sarsar, addressed solutions to halting terrorist organizations, be them state-sponsored or independent non-state actors. He said, “Within religious conflicts, there are religious answers – but there are also political answers.”

In regard to ISIS, the US has an obligation to bring about better conditions to the area, but not necessarily with boots on the ground, argued Sarsar. Although Sarsar does advocate for continued military intervention against IS, Sarsar wishes for political intervention, noting the main task to be a brokerage of peace. “The end goal is really to promote human dignity and to make people feel part of society rather than as outsiders...and that should be done regionally and globally. Not everything has a military solution.” In agreement with Ibish’s discussion, he noted adherence to fundamental human rights as substantially lacking in the region. “When you are treated as a citizen, you are under the rule of law – so how do we create good governance where there is respect for human life, for rule of law? We [need to] bring about a pluralistic society where people are respected for who they are not what they bring to the table.

Business major Andrew Atalla, a junior with Egyptian-born parents, was asked what he personally felt was the underlying cause for issues in the Middle East. Atalla responded, “It’s who are your allies and who’s not...that’s always been the problem...and

it’s often an issue of religion,” said Atalla.

Robert Rasinski, an adjunct criminal justice professor said, “[the affected regions as well as the US] have to collaborate with other government agencies...you have to find out who’s going to back you.” Rasinski continued, “Without that, you’ve got nothing.” Rasinski argued that what the United States truly needs is a stronger presence diplomatically in the region that can bring about peace on both political and military fronts.

Rasinski then discussed solutions to stop the funding of terror networks by what *NBC News* calls ‘Angel Investors,’ wealthy Saudi and Qatari businessmen that fund terrorist groups illegally. Rasinski stressed, “The United States needs to open a dialogue with these nations and discuss with them tactics that [the US] has implemented (since 9/11), including strict border security checkpoints, x-ray machines, bag checks, bank account tracking and tracing, etc.” The problem will not fix itself. The West needs to compel these states to do it.

“The United States is obliged to use its influence to inspire or even compel progression [in affected areas]. The United States has a responsibility to act as a leader, globally. They have an obligation to promote individual rights, elections, and responsibilities of the people and of the government,” stressed Sarsar. Sarsar finished by noting that once the rule of law is established across the region, solutions will truly begin to expose themselves.

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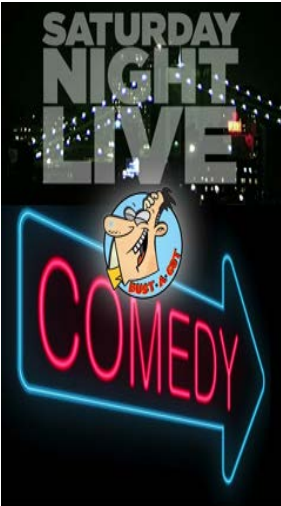
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# THE GAMES ARE OVER IN "MOCKINGJAY: PART 1"

VERONIKA ANTONIADIS  
CONTRIBUTING WRITER

The victors who return for the third installment of *The Hunger Games* are up against more than just Tributes and Gamemakers in *Mockingjay Part 1*.

The Quarter Quell has ended and Katniss Everdeen (Jennifer Lawrence) now finds herself far from the Capitol but far from home as well. The intense stress of the games has left Katniss suffering from post-traumatic stress disorder, and the audience sees her grappling with her emotions, guilt, and loss of Peeta (Josh Hutcherson), who is in President Snow's clutches back at the Capitol.

Katniss, her mother (Paula Malcomson), Prim (Willow Shields), and Gale (Liam Hemsworth), as well as a whole community of people are living deep underground within the protection of District 13. Years ago, 13's defiance to the Capitol resulted in their entire district being bombed off the face of the earth. They survived underneath the radiation-soaked soil, biding their time for when they can defeat the Capitol once and for all.

The previous Head Gamemaker, Plutarch Heavensbee (Philip Seymour-Hoffman) has renounced his ties to the Capitol and is now working closely with District 13's President Coin (Julianne Moore) against the city. To rally the other districts against the tyranny of the Capitol,

Plutarch and President Coin plan to use propaganda posters and videos to bring people to their cause. Katniss is sought out as the em-

blem of revolution, and agrees to be the Mockingjay as long as President Coin vows to rescue Peeta and the other victors

from the Capitol.

The controlled environments in which the propaganda clips are made come out horribly, and they wouldn't sway anyone to the cause. Haymitch (Woody Harrelson), now sober, instructs the propaganda team to allow Katniss to see the horror outside the confines of 13 to produce a true reaction from her.

Cressida (Natalie Dormer) and her team film Gale and Katniss at various locations, including a nearby district's makeshift hospital, where they visit the injured and revive their spirits.

President Snow catches wind of Katniss' appearance at the hospital and gives orders to burn it; his law is that anyone associated with the Mockingjay be punished by death. A brief battle ensues, in which Katniss and Gale use their enhanced weapons created by Beetee (Jeffrey Wright).

The pair manages to destroy some of the airships, but the hospital is already in flames. Enraged and with guilt gnawing at her heart, Katniss turns to Cressida's cameras and points to the destruction the Capitol caused. Her face is streaked with tears as she explains how the districts will forever remain under the control of the Capitol if they don't fight back their oppressors. Cressida has all she needs for the propaganda clips, and they instantly go viral.

In response to the Mockingjay

clips, the Capitol has brainwashed Peeta to appear on Caesar Flickman's (Stanley Tucci) talk show and persuade Katniss to end the brutality. On the last broadcast, Peeta looks physically hurt and blurts out that the Capitol knows where 13 is and that it's planning to bomb them.

The community of 13 is sent to the lowest bunkers to wait out the attack. They survive, and President Snow leaves Katniss a gift outside 13 in the form of thousands of white roses. Keeping up her end of the bargain, Coin sends a specialized task force to the Capitol to rescue Peeta and the other victors held prisoner.

Slicing the book into two films gave the directors more time to explore Katniss' emotional journey and her overall mental degradation. However, the film doesn't really focus on much more than her shivering and muttering to herself in the supply closet of 13. *Mockingjay Part 1* had some great imagery and passion in scenes involving Katniss, but the portrayal of the heroine is completely different than that of the book; she is much more pulled together than her book counterpart.

The film as a whole was rather underwhelming. It moved much more slowly than the other movies, but it failed to take advantage of the time available to explain how lost Katniss is at this point in the series. My hopes for *Part 2* are that the directors fully explore the characters instead of only briefly showing their pain.

## STARZ LAUNCHES MYSTERIOUS NEW MINI-SERIES, "THE MISSING"

KELLY COFFEY  
STAFF WRITER

Every parent's worst nightmare is losing his or her child due to a kidnapping. This nightmare becomes reality in *Starz's* new eight-episode mini-series, *The Missing*, which gets inside the mind of a father who witnesses the kidnapping of his five-year-old son.

The series premiere opens with the Hughes family on vacation in France. In 2006, Tony Hughes (James Nesbitt), his wife, Emily (Frances O'Connor), and their son, Oliver (Oliver Hunt) were driving to their vacation spot in France when their car suddenly breaks down. They are forced to find a hotel room while their car is in the shop. Oliver and his father decide to watch the World Cup Finals in a crowded pub when suddenly Tony can't find his son. He starts yelling Oliver's name and searching the pub up and down, but soon realizes that his son is gone.

After eight years of cop investigations, Tony pushes to have the case reopened when he finds a new clue that he thinks will lead them to Oliver. Tony uncovers a photograph of a young boy who is roughly Oliver's age, wearing the same scarf that Oliver owned. We soon learn that within these eight years, Tony has driven everyone around him crazy, and has even broken apart his marriage.

After Tony finds the photograph, he contacts the police and

his ex-wife immediately. The local cops try to get Tony to calm down, but he is convinced that this photograph will lead them to find Oliver.

Julien Baptiste (Tcheky Karyo) was the lead investigator for Oliver's missing persons case back in 2006. He is now retired, but Tony convinces Baptiste to come back into the search for his son. Together, they find a critical clue that leaves the viewers on the edge of their seats wanting more.

As the series continues, the audience learns more details about the missing persons case, and as the show constantly switches from the past to the present, we get additional background information about each character that helps tie together the time frames. We learn about Oliver's parents, the various suspects in the missing persons case, and total strangers who get mixed up in the situation. We also learn that the police, who were so involved with Oliver's case back in 2006, are now cold-hearted and are bitter about the aftermath of the case.

Tony does not have it easy with reporters, either. Malik Suri (Arsher Ali) is an aspiring journalist who treats Tony very unkindly. The viewers soon learn that Suri is particularly unpleasant and cruel in his search for sensational scoops.

However, not everyone in the show is cold-hearted. Other than retired detective Baptiste, the audience learns about an English speaking police officer, Laurence

Relaud (Emilie Dequenne), who is very kind towards Tony and Emily. Relaud was one of the first to help Oliver's parents back in 2006 when she learned of the missing persons case.

We also meet Mark Walsh (Jason Flemyng), a British detective who steps in as a liaison officer with the French police, although he doesn't speak French. Walsh cares about the Hughes family and does anything it takes to help

find Oliver.

As the series continues to move forward, the viewers learn more about Oliver's childhood, and the happy moments almost become agonizing to watch. Knowing that this family was once a perfect, happy unit definitely has the audience reaching for a box of tissues.

Although we know Oliver won't be found during the flash back scenes, there is still hope

that he will be found during the present timeline. Because of the rotating perspectives, *The Missing* stands out from the other "missing persons" shows such as *The Killing* and *Top of the Lake*. Knowing that Oliver may still be alive offers a promise of a happy ending.

Be sure to tune in to *The Missing* on *Starz*, Saturdays at 9 p.m., to find out what happened to Oliver Hughes.



Frances O'Connor (center) and James Nesbitt (right) star in "The Missing," a mini-series about a divorced couple searching for their son who was kidnapped eight years earlier. Originally premiering on *BBC One* in the U.K., "The Missing" began airing on *Starz* starting Nov. 15.

IMAGE TAKEN from filmofilia.com

IMAGE TAKEN from variety.com

# THE MUSIC ALLIANCE & COLLEGES AGAINST CANCER TEAM UP FOR "ROCK CURE SOCKS OFF"

**AMANDA GLATZ**  
ENTERTAINMENT EDITOR

The Music Alliance teamed up with Colleges Against Cancer to host “Rock Cure Socks Off,” a fundraising concert featuring Blue Hawk Records, in Anacon Hall on Friday, Nov. 21. In conjunction with the University’s Relay for Life chapter, the event raised \$130 to benefit the American Cancer Society.

Upon entering the event, the stairs of the Rebecca Stafford Student Center (RSSC) were adorned with paper bags, each containing a light on the inside and a dedication to someone affected by cancer. Paper bags (pictured below) could be deco-



PHOTO TAKEN by Amanda Glatz

rated inside Anacon Hall, where the University’s chapter of Relay for Life held a table containing facts about the organization and ways attendees could donate. Attendees that donated three dollars at the door were entered to win an iPad mini.

Jordan Levinson, a senior psychology major and Event Co-Chair of Relay for Life, introduced the organization to guests and spoke about their annual fundraising event taking place March 27-28, in which participants can celebrate cancer survivors and fight for those still battling by signing up in teams and taking place in the relay. To celebrate the 30<sup>th</sup> anniversary of the establishment of Relay for Life in the 1980’s, this year’s event will have an 80’s theme.

“We all have been affected by cancer in some way,” said Levinson. “We see Relay as a great way to connect to those who have been affected.”

Caitlynn Fiol, a sophomore accounting major and Event Co-Chair, agreed. “My grandmother is a survivor,” she said. “Being a part of Relay gives me the opportunity to thank the people who helped save her life.”

The concert held during the event featured members of Blue Hawk Records and The Music Alliance, whose music will be included on the former’s upcoming compilation album. The

show comprised of performances by Jessica Leigh, Joey Affatato, Joe & Dan, Ice House Gallery, and The Trusties, among others. Some performers did acoustic, original pieces, while others played as ensembles and covered popular songs. Many songs featured will appear as tracks on Blue Hawk Records’ upcoming album, which allowed members of the University to audition for for the first time since the label’s inception in 2013.

Regarding what this event meant for Blue Hawk Records, Affatato commented, “The show was significant because it gave people a taste of the talent that will be on the new compilation record and talent from the bands already established on campus while supporting a cause.”

Blue Hawk Records has produced three compilation albums since it was founded by advising Professor Joe Rapolla and Music Industry students over a year ago. The organization promotes the development of original music and offers unique opportunity to learn about aspects of the field, such as the recording process, promotion and public relations, and album design. The Music Alliance, similarly, was established “to create a community of musicians and like-minded individuals where the common goal is to develop and

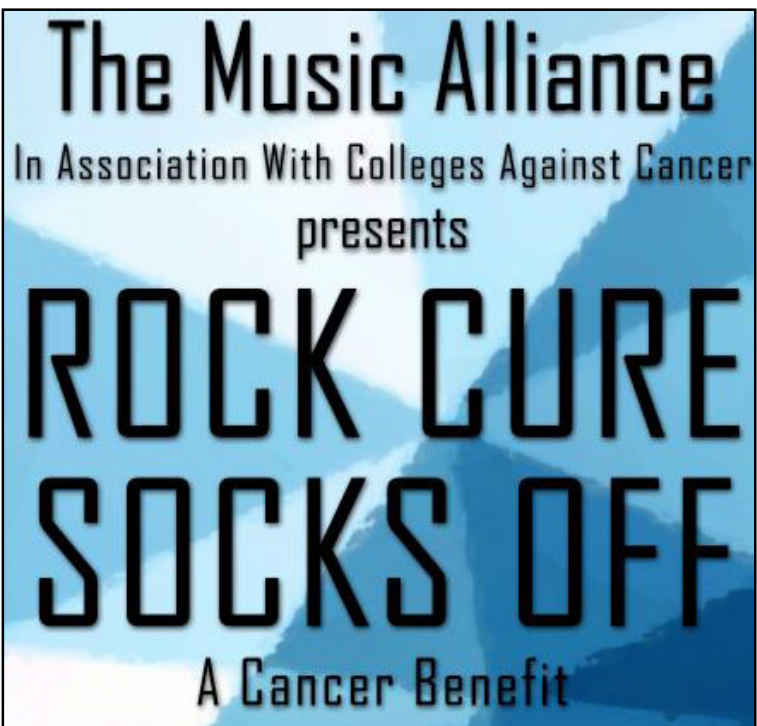


IMAGE TAKEN from facebook.com

**The Music Alliance** distributed the flyer pictured above via social media to encourage University students to attend the event.

promote each artist whom may become a part of our Alliance to the best of our combined abilities,” according to their website.

Patrick Napurano, a member of The Music Alliance that organized the show, commented, “The show was a success due to the passion, commitment and talent of all the members of [the Alliance]. Without them, we wouldn’t have been able to do something like this and contribute to a good cause like the American Cancer Society.”

All University organizations involved in this event came together with the common goal of uniting students in the fight against cancer by raising both money and awareness for a worthy cause. Students can contribute further by creating a team to walk in the annual Relay for Life event being held next semester from March 27-28.

# “The Band” Tribute Takes Pollak Back to 1976

**AMANDA GLATZ**  
ENTERTAINMENT EDITOR

Glen Burtnik, Sal Boyd, Bob Burger and Arne Wendt performed at Pollak Theater in a tribute to legendary musical act The Band with a powerful and upbeat set that echoed the 1976 concert movie, *The Last Waltz*, on Friday, Nov. 21.

The Band, originally consisting of Rick Danko, Levon Helm, Garth Hudson, Richard Manuel, and Robbie Robertson, was best known for being the ensemble group behind several popular frontmen, including Ronnie Hawkins and Bob Dylan. The group’s unique folksy style was immortalized on Thanksgiving day in 1976, when Martin Scorsese filmed The Band’s final tour and edited it together with special interview footage to create *The Last Waltz*.

To recapture the spirit of this star-studded extravaganza, Burtnik, Boyd, Burger and Wendt performed many of The Band’s original hits, complete with infectious guitar solos, swinging horn sections, and several energetic guest performances. The ensemble kicked off the set with a lively version of “Baby, Let Me Follow You Down,” followed by classics “Forever Young” and “Further On Up the Road.”

The group was joined at various points throughout the show by artists including Southside Johnny, Pat Guadagno, Bobby Banderia, Kate Taylor, Bruce Gassman, Frank Puggy DeRosa, Matt Wade, Stringbean Sorenson, Frank Lombardi, Anthony D’Amato, Emily Grove, Nick Foster, and Tommy LaBella.

Also contributing to the show was Burtnik’s frequent collaborator and University student,

Taylor Hope. A junior double majoring in math and music, Hope has been playing the violin since she was five-years-old, and has toured with many bands across the country. As a featured player in this production, Hope provided a graceful authenticity while supplying the melody in a string of stand-out numbers.

“It was a great night that was filled with timeless music and extremely talented musicians,” Hope said. “It was nice having a show at a place that means so much to me.”

Burtnik, who played bass throughout the show, thinks that The Band’s music is as relevant today as it was in 1976. “The whole Americana idea, the modern folk movement of Mumford and Sons and the Lumineers, and even the current bearded hipster chic all seem

to nicely go along with the attitude of The Band.”

Burtnik continued, “I think their songs are still relevant today because they’re honest, not very gimmicky. If you ask me, their ‘Night They Drove Old Dixie Down’ may be one of the finest songs about the Civil War ever written.”

The group covered a wide range of The Band’s material, and featured songs by many of the original ensemble’s frontmen. Boyd, who is credited for organizing the show, took a break from the drumset to cover a famous Springsteen song, “Atlantic City.”

Guest vocalists, like Taylor and Grove, were showcased in tunes like “Long Back Falls” and “Evangelyne,” while Lombardi added both instruments and vocals to a soulful rendition of “Helpless.” Foster and D’Amato were among the night’s most likely performers, offering powerful, energetic vocals to hits like “Caldonia” and “Caravan.”

D’Amato commented, “What made *The Last Waltz* so legendary, in my opinion, is the collaboration and trust of acclaimed musicians all in the same room together to celebrate each other’s music and musicianship. That was exactly the vibe for us that night at Pollak. Many of us had never performed together before, but we knew of each other’s experiences. We all trusted that we were invited to be on the same stage for all the same reasons: to celebrate great music with great musicians. The energy and spirit of the original show was absolutely present that night.”

This atmosphere, while pres-



PHOTO TAKEN by Mona Bagatelle Shenker

**Taylor Hope**, a junior majoring in math and music, was a featured performer in the “One Last Waltz” show. She has been playing the violin since she was five-years-old, and has performed a solo live at Carnegie Hall.



PHOTO TAKEN by Mona Bagatelle Shenker

**Southside Johnny** (pictured, center), known for recording with artists like Bruce Springsteen and Jon Bon Jovi, joined Bob Burger, Glen Burtnik, and Sal Boyd (clockwise from left) on stage to perform classics like “Who Do You Love?,” “Mystery Train,” and “The Shape I’m In.”

**ATTENTION SENIORS WHO WILL GRADUATE  
IN JANUARY 2015 OR MAY 2015  
Time Is Running Out  
To Nominate Your Outstanding High School Teacher  
For The 2015  
Monmouth University-Roberts Charitable Foundation  
Outstanding Teaching Award**



**2014 winners with Lifetime Trustee William Roberts from left: Dave Martin, Hanover Park High School; William Roberts, Monmouth University Life Trustee; Doug Trumble, Toms River High School East; and Steve Kane, Ph.D., Bridgewater-Raritan Regional High School**

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- Be honored at dinner in their honor hosted by President Brown
- Be awarded a plaque with a copy for their high schools

**Student Nominators will have to opportunity to:**

- Honor their outstanding high school teacher
- Be honored at dinner for their outstanding teacher
- Receive an award for the winning nomination

**Nominations Are Due By December 12, 2014**

**If You Have Not Already Received A Nomination Form,  
Please Pick One Up In The School Of Education Dean's Office (MH 116)**

# Run, Run, Run: All The Right Reasons to Get Up and Go Right Now

**ISABELLA FURMATO**  
CONTRIBUTING WRITER

It’s an adrenaline rush that brings about a natural high, and for a moment in time it allows you to forget all of your worries and stress. No, I’m not talking about marijuana or molly; I’m talking about running. If you haven’t experienced the joys of running, you are not only miss-

has his or her own preferences about whether to eat or not before a run. However, it is most beneficial to eat a small, carb-loaded meal an hour before-hand. In other cases, eating the night before is equally as important as the morning of a long run. Running actually encourages increased carbohydrate consumption because it allows for better running performance and also a

ates? It’s an unexplainable feeling, but if you ever experienced it, I’m sure you understand. At a certain point in time, it’s like you are completely in control of your body, but at the same time have no control at all. After running five miles, you may find your legs beginning to shake, your arms tiring, and your feet going numb. On the other hand, your mind

the release of endorphins create a feeling of euphoria- otherwise known as “runner’s high.” For us college kids, any thoughts about mid-semester college breakdowns are now erased. In fact, running clears the head from any anxieties, sorrows, or any emotion at all. For a moment in time, you are alone and at peace. You keep looking forward taking long strides, sweat pours down your face, but you feel capable to take on anything.

“Running is completely rewarding. You cannot replace the feeling after a run.” said Rachel Fox, a senior education major with a concentration in English. Not everyone experiences the ecstasy that comes along with running. Often times people are quick to judge and make jokes about running: “If you see me running you should run too, because something is probably chasing me.” This famous e-card meme has captured the attention of many anti-runners. If people are able to endure a little bit of pain and struggle, however, they would finally see the benefits, rewards, and complete and utter bliss that running offers.

Running assists in weight loss, prevents bone loss, improves your mood, and has an effect on your life expectancy. In fact, the *Journal of the American College of Cardiology* stated that even running a minimum of five to ten minutes a day assists in a longer life expectancy; runners are anticipated to live three years longer than non-runners.

Running actually shows your heart a little love too. According to the *Journal of the American College of Cardiology*, runners are expected to have 30 percent and 45 percent lower adjusted risks of all-cause and cardiovascular mortality. Having a constant running routine reduces the chances of heart disease, heart

attack, and strokes. The online fitness forum, *The Runners Guide*, states that running aids in lowering blood pressure and assists in maintaining the elasticity of the arteries- which means that you are improving your body’s functionality. Amanda Enright, an adjunct nutrition professor, recommends interval training when running with a purpose of weight loss. “Increasing your intensity during a run will keep your heart rate up to give an added challenge to your workout.” she said.

Running is not only good for weight loss, but it is essential to our health and improves mood benefits. *The American Psychological Association* states that running increases serotonin, relieving chronic depression and anxiety.

In a study comparing people suffering depression, those who followed a daily running routine not only were relieved from depression symptoms, but also were less likely to relapse.

“Running is a great way to relieve stress. It is also a chance to give yourself some time to enjoy the outdoors.” said Jackie Leming, a senior health studies major.

Imagine yourself ten years from now. What do you want to look like? How do you want to feel? Now think back to a time where you felt the most confident in your own skin. Getting daily exercise through running can optimize our body image, improving health and self-confidence.

We owe it to our bodies, we owe it to our health, we owe it to our future-self, and we owe it to our happiness to get outside, tie up those sneakers and go for a run.

Whether its five minutes or five miles, running regularly can go a very long way by providing a better future for our well-being.



IMAGE TAKEN from bbc.com

**Running** is an exercise that offers health benefits like weight loss, mood peak and life expectancy.

ing out on the numerous health benefits, but a feeling of ecstasy that is incomparable. Running is much more than putting on a pair of Nike’s and heading over to the treadmill or outside around your neighborhood. Running begins even before track shorts and sneakers. You can’t just expect to run effortlessly without drinking water or eating a well balanced meal beforehand. Granted, everyone

happier mood. According to fitness magazine, *Runner’s World*, eating carbohydrates the night before or the morning of a race is beneficial because they are stored as glycogen in your muscles. When you run, your body burns off the fats stored. Therefore, the more carbs you eat, the more energy you have to prolong a run. Enough about the food, what about the mood that running cre-

is telling you to keep going. It is a conflict between the body and the mind. At this point you tell yourself, “Don’t give up.” Suddenly you find yourself increasing your speed, dismissing the conflict between body and mind and having complete control over the situation. Your mind is now only concentrated on the motion of your legs moving back and forth as they are pushing angrily against gravity, and

## “Tea-Toxing” is The Latest Diet Trend, but Does it Really Work?

**ALYSSA TRITSCHLER**  
STAFF WRITER

The new dieting trend is in: tea detoxing, otherwise known as “tea-toxing.” Individuals are flushing out their bodies and starting fresh by detoxing their body, consuming herbal teas paired with a healthy diet. The purpose? To promote digestion and healthy living. The use of herbal supplements to rid the body of bad toxins is considered a detox. In order for this to be successful, one must supplement an already healthy and balanced diet with a tea that is high in antioxidants and formulated to aid the organs in improved function. The brand Skinny Tea’s website states that it seeks to encourage customers to meet goals and change lifestyles. Detox teas promote digestion by cleansing the body to eliminate waste. “I tried it [a tea detox] because I had a busy schedule which led to bad eating habits. I wanted to clean out my system, and now I can’t stop drinking green tea,” said Tara Cirincione, a senior communication major. MateFit is a popular tea supplement brand that has recently been in the public eye. According to MateFit’s website, the use of tea detox products has the potential to increase metabolism, increase fat burning and energy synthesis, regulate sugar cravings, improve the ratio of good cholesterol, re-

duce blood pressure, improve digestion function, and possibly improve your sense of well-being. Not only is tea detoxing beneficial to the body, it aids in weight loss. Participating in a tea detox is beneficial because of the antioxidants they contain, which fight free radicals. Free radicals are pollutants that attack our bodies, such as the consumption of preservatives, chemicals, or even breathing in pollution. The antioxidants fight these pollutants, in order to prevent sickness and disease. Antioxidants also lower cellular stress levels. Using a tea supplement is not the only step taken to jumpstart a healthy lifestyle; it is solely a factor of a diet program. In order for the tea detox to be fully effective, individuals must devote to three other factors. The first is sleeping for six to eight hours a night. Second, completing at least 30 minutes of exercise daily. This improves physical shape, heart, and lungs, as well as mental capability. The third and final factor is to reduce toxin intake. This means being conscious of food consumption, being on the lookout for excessive chemicals and preservatives in meals. “I’ve always wanted to start a tea detox, but I’ve always struggled to pair the teas with an already healthy diet. Once I get on the right track with what I’m eating, I’ll incorporate the

tea into my daily routine,” said Erin Schevlin, a junior communication major. The trend began thanks to the promotion by celebrities swearing on the so-called “teatox,” the nickname given to the dieting trend. Giuliana Rancic used the “Ultimate Tea Diet” causing the star to lose seven pounds before her wedding. Reality star and model, Kendall Jenner, has also openly admitted to the use of tea detoxing. Jenner attributes her runway body to her “tea addiction.” However, be wary: when it comes to using a tea detox diet as the main source for weight loss, that is not safe. It is well known that weight loss comes from fully balanced meals, of appropriate portion sizes with a combination of exercise. Swapping an adequate diet rich in nutrients and healthy foods for just tea simply will not work. *Shape Magazine* recommends eating nutrient-rich, and being mindful of calories when it comes to meals and to instead enjoy tea on the side. Drinking tea without using it as a detox is beneficial also. Drinking tea when you wake up and before you go to sleep can help give your body energy and also calm it down. It also does rev your metabolism. According to *Shape*, a body that is not sensitive to caffeine can handle five to seven cups of tea per day without any negative side effects. The only dif-

ference between standard tea bags and those that claim they are specifically for detoxing is that detox teas include more added antioxidants. Carol Huggler, a nurse practitioner at the Monmouth University Health Center, had never heard of a tea-tox when asked

her thoughts on the validity of the diet. After learning some information, Huggler said, “Tea itself is a diuretic, so in that way it’s a health benefit. However, drinking just tea can dehydrate you. My motto is everything in moderation.”



IMAGE TAKEN from livestrong.com

**Your Tea, a tea detox**, is a common new form of dieting and has been promoted by celebrities like model Kendall Jenner.

# The Student Declaration of Independence: College

VICTORIA KEENAN  
FEATURES EDITOR

College marks independence in every student's life. No matter what college they go to, or how far away they are, when a student lives away from home, a whole new chapter of their life opens. It is up to the students to feed themselves, get their work done, and figure out how to keep all aspects of their lives organized. This is usually easier said than done, and it turns out, many students rely on their parents still, no matter how far away they may be.

When I was younger, my mom forced me into doing my own laundry and cleaning. At the time, I dreaded it and acted like washing my own dirty clothes was an act of torture. Once I got to school and learned I was one of the few people that actually knew how to work a washing machine, I was more than thankful.

I don't think I deserve any kind of award for this, but at least I didn't have to rely on my mom for clean underwear. It gave me some kind of independence, the kind that many students I met didn't quite have yet.

But don't let that fool you, while I may have skills in cleaning, I lack in cooking. Sure, I can microwave a meal for myself. I can boil water and cook up some pasta. I can even put things in the oven and wait for the beep indicating my food is done. But that's about as far as that goes.

My mom has made countless meals and has tried to show me countless times how to put them together. But for some reason, seasoning and preparing and heating

just don't add up in my head. I have no idea when meat is fully cooked through, and whenever I do end up making some sort of dinner, I basically fear for my life that I am eating raw food.

Now, I've watched enough *Food Network* in my time to have picked all these things up. But for some reason, I'm still waiting for everything to click. I still don't know

rely on our parents, whether it be financially (which most of us do), emotionally (everyone needs a text from a parent cheering you up once in awhile), or just to check if the food you're making won't kill you.

Katlyn Jones, a senior English and education major said, "I think I've gotten closer to my parents since leaving for college. I was really sheltered growing up, and

for me, even when I don't realize that I need them."

Keri Mullin, a senior accounting major agreed. "Relationships seem to get better because your parents aren't constantly nagging you about doing your work, where you're going, or who you're hanging out with," said Mullin.

Mullin continued, "Students then appreciate their parents when they

months, and some have even moved out of their parents homes for good. That isn't the case from most college students though, many of us are still getting our bills paid and still happy to head back to our parents homes during breaks. Yet even the most independent of students can appreciate a "good luck!" or "I love you!" text from their moms or dads.



IMAGE TAKEN from collegeworks.com

**College student and parent relationships** can strengthen when a student goes away to college, according to various studies.

how to tell if something has gone bad or if something is still edible and I have sent endless amount of picture texts to my mom saying "Does this still look okay?" "Is this still good?" I can't be the only one. Right...?

The point I'm making here is that as independent as a college students may think they are, many of us still

college has kind of forced my parents to allow me to become my own person."

Jones continued, "Over time, my parents adjusted to seeing me as an adult and having the ability to take care of myself, even though I still rely on them for emotional support sometimes. They're definitely always there

realize how on their own they really are in college. Students then seem to become more dependent on their parents for necessities or just a little taste of home when times get tough."

Independence isn't an uncommon trait at this age. Many students have jobs and make their own money. Many live away from home for

So, perhaps not everyone is like me, who needs to text my mom to confirm what I can mix with cough medicine so I don't overdose myself when I have a cold. But next time you have a question that only your parents can answer, know that you probably aren't as independent as you may think. It's okay, you're not the only one.

## Instagram Photographers: How Students are Showcasing Their Work on the App

OLIVIA CARUSO  
STAFF WRITER

Rising photographers generate enthusiasm for their professional work by exhibiting images through the Instagram app. A growing trend around campus, these creative students are reaching new audiences with the social media app.

"Like all social media, Instagram is a tool to reach a variety of publics. By using relevant or trending hashtags, collaborating with other creative individuals, and branding an online presence around their art, students can reach a variety of new people," said Mary Harris, specialist communication professor. Harris recognized Instagram as a great way for students to showcase their talents and gather inspiration from other student photographers.

Aspiring photographers choose to post on the app to receive feedback on their images.

"The feedback I've gotten on my photos has been unbelievable. The most rewarding part is hearing it from the people I photograph. Getting feedback from the athletes I shoot and getting to connect with students I've worked with has been amazing and I'm so thankful for people taking the time out of their day to not only look at my photos, but to say something positive about them," said Taylor Jackson, a junior photography major, who concentrates on sports photography.

Students have not only been promoting their own art, they have also featured organizations on campus with their images.

Liam Frank, a music industry major and photo minor, posts music photography as a method of promotion for Blue Hawk Records. "The photos really help give people an in-depth look at what we do," Frank said.

Similarly, Jackson updates the campus on special athletic moments in Monmouth sports. "My goal is to become a sports photographer and get signed with a professional organization so I can travel with the team and photograph them on and off the field," Jackson explained.

Releasing photos to the public in a timely fashion is beneficial to student Instagram users. "I created [my Instagram page] last spring because I needed to get my work out into the field but I was not ready to create a website," Nikole Ghirardi, a sophomore photography major, explained.

"You don't have to wait for someone to check up on your website for them to see your new work. On Instagram, you post the work and it gets sent out to the public immediately. I think the timeliness of Instagram is what makes it such a big hit with photographers because they are constantly doing new things," Jackson added.

As timely posts are essential for the students to get their names out, connecting with other photographers through the app is equally important. Following other professional photography pages allow students to draw inspiration from different work.

"I've been told the best thing for a photographer to do is to take pictures and the second

best thing is to look at the work of other photographers. My Instagram feed is full of other photographers simply because I learn from it," Jackson said.

"I'll go to concerts and find the photographer and shake his or her hand because I follow them on Instagram and I know how hard they're working every day and that's an awesome experience for both of us."

Unlike many Instagram users, some students are editing their photos first on professional systems like Adobe Lightroom and Aviary, a photo-editing platform recently acquired by Adobe. Jackson notes editing as an important step in the process of posting a photo on Instagram.

"After I'm done shooting, I process all of the photos through Adobe Lightroom and edit the ones I like. It's really important to practice editing because in the professional world editing can make or break your photo," Jackson explained.

"So I kind of use editing through Lightroom as practice and I've realized the more photos I edit, the less I have to edit over time because it's helping me to learn to shoot it better so the editing process will be shorter."

However, some student photographers feel Instagram requires more effort than simply posting a picture. Anthony Cosentino, a sophomore photography major, said he would rather display his edited work on a website or Facebook page.

"Since Instagram photos can only be uploaded from a mobile device, it would be unnecessarily complicated to transfer high



IMAGE TAKEN from foodbeast.com

**Student photographers** use the popular app Instagram as a way to upload and display their pictures, all while using settings like the contrasts and filters for an artistic effect.

quality photos from the SD card in a digital camera to a smartphone with limited picture storage, just to upload them to Instagram," Cosentino said.

Even professionals utilize Instagram for exposure. The app keeps the public updated with their current images. Mark Ludak, a photography specialist professor, noted, "One photographer colleague has a following of 40,000. Others use it to

keep editors, and gallery directors updated and are more targeted in their audience."

Though Instagram is not considered to be the only serious portfolio medium for photographers, the app has opened up communication between student artists' work and their audience. "Instagram is kind of like a photo diary ... I think that's really special," Jackson said.

# To My Ten-Year-Old Self... Here is Some Advice

ROBERT ZADOTTI  
STAFF WRITER

As students on the cusp of adulthood, we can often find ourselves reminiscing about simpler times of our childhood, filled with long afternoons of no responsibility. It's certainly nostalgic to recall the days where our biggest concern was what type of cereal we would have for breakfast, or when our favorite TV show was going to be on. But even though our peaceful days are long gone, we know that the experiences of our childhood shaped us and affected who we became today.

But what if we could say one thing, just a piece of advice to ourselves at that age? What would be important enough to make sure we knew it when we were at such an influential and vulnerable stage?

"At age 10, I had already begun doubting myself. The fight for self-acceptance is what shaped me," said Erica Walsh, freshman social work major.

When a pessimistic (or even simply negative) mentality sets in at that age, it can severely damage someone's confidence or other internal functions. But given the chance to change that, someone would need a source of inspiration to solidify the urge to grow, but what would suffice to that?

"I would tell myself that I am beautiful and I can survive any-



IMAGE TAKEN from pjmoclure.com

**It has been a while** since college students were ten-years-old, but if they could go back in time, what advice would they share with their younger selves?

thing life throws at me, so keep my head held high and never give up," continued Walsh.

Positive reinforcement is important at any stage in our lives, and can be especially significant in order to overcome adversity or a stressful period in our lives. But what about the everyday, the nostalgic moments we live to remember and attempt to recapture?

"Don't tell anyone that you can't do anything and if they do, look the other way and keep on smiling," stated Dannie O' Holland, a junior health education major. People need to be reminded of the always-positive

and optimistic way we view the world as kids, and as little as one sentence of encouragement could allow us to keep it for just a little longer. We never really stop growing, but that's not to say keeping some childlike wonder and happiness would be a bad thing. It could even be seen as a point of strength in our adult character.

But sometimes as kids, it's not happiness and sunshine every day, and sometimes our childhood can hurt us. Sometimes we need to get hurt in order to grow back stronger. Associate librarian George Germek couldn't think of what he would

say to himself, so he chose to share the advice he does give to his 11-year old daughter.

"There's a lot of peer pressure and stuff against kids, but things change. Even as an out-cast or something at a young age, things are always changing, and sometimes for the better. It's all a part of growth," said Germek.

Children are malleable by the world they grow up in, and it's up to their parents to guide them and shape them to their highest potential for their adult life. Maybe that's why we wish we could give advice to our younger selves, if just to change

us in a small way for the better.

The actions of today shape who we are tomorrow, and that has held true for our entire lives as adults. We grow and change and do our best to become who we want to be, and that is all dependent on what we are exposed to in our young lives.

If we want to become as well-rounded and capable, we need to learn that there's nothing holding us back, especially not from our pasts. We can change any day of our lives, and although we can remember the golden years as care-free and happy children, we must never forget to continue growing into our dreamed and ideal future.

## Bucket List Adventures: What do You Want to Check off Your List?

KERRY BREEN  
STAFF WRITER

The Oxford Dictionary defines a bucket list as, "a number of experiences or achievements that a person hopes to have or accomplish during their lifetime."

The idea of bucket lists is common nowadays, from a movie, *The Bucket List*, starring Morgan Freeman and Jack Nicholson, to dozens of Internet lists that suggest ideas. Many people enjoy the idea of a bucket list, seeing it as a sort of checklist for themselves, a way that they can measure the achievements in their lives.

The content of a bucket list varies, depending on who creates it, some people want to travel, and put things such as visiting all seven continents, or the Seven Wonders of the World. Some have goals that revolve around pop culture, such as watching IMDb's (the Internet Movie Database) list of the one hundred best movies.

Others are more interested in things on an athletic scale, such as running a marathon or climbing a mountain. Of course, there are more options besides these. Internet articles suggest things such as flying in a hot-air balloon, going scuba-diving, or eating at one of the world's best restaurants. Some are more career or academically inclined, such as writing a book or becoming the CEO of a company. The only thing that is certain about a bucket list is that it is created by the individual, and often reflects their favorite things in life.

Katharine Dix, a political science major, claims that the top three items on her bucket list are "...to go to the Great Wall of China, to go to the Himalayas,

and to meet the Queen of England."

Meanwhile, Zach Wheatley, a freshman English major, has a more adventurous checklist, which includes, "Buying a plane,

going skydiving (maybe without a parachute) and going wingsuit gliding." The two of them show just how varied bucket lists can be; one involves travel, while the other appears to be a daredevil's

checklist.

Most students, at this point in their lives, have yet to go through most of their bucket lists. Many bucket lists are composed of crazy things that

can't be done as a teenager, such as buying a plane. Others just require time and money that people may not have at the moment, such as travelling to all seven continents. However, some have achieved at least one or two of their goals, as is the case of Erica Walsh, a freshman psychology major, who was able to achieve her goal of swimming with dolphins while on a family vacation to the Atlantis resort in the Bahamas a few years before she came to college.

However, some professors have been able to check off their bucket-list adventures. Mary Burke, an adjunct professor of computer science and software engineering, has a bucket list that mainly involves helping others and raising her family.

When asked what her top bucket list choices are, she responded by saying that she would like to go to Ireland, to see her granddaughters weddings and be present to see the birth of her great-grandchildren, and be able to help society. She's also crossed a few things off her bucket list, which involved, "going on a cruise to Alaska, educating and raising two daughters, and having four grand-daughters." According to Burke, the camping and cruise to Alaska was number one on the list for herself and her husband.

While not many students have been able to check off their bucket list adventures, some have been successful, and others are sure to do so in the future. Professors are also checking off their lists as they go through life. It seems as if everyone has some sort of bucket list, a checklist of all the fun and adventurous things that they want to do at some point in their lives.



IMAGE TAKEN from greeceturkeytours.com

**Bucket list adventures** are different for every person and can range from traveling to different countries to parachuting out of a plane.

# Threat Analysis Group Plans to Increase Club Involvement

**MICHAEL BATEMAN**  
STAFF WRITER

Threat Analysis Group (TAG) President Michael Tilton announced new plans to change the club's dynamic and further integrate the organization within the University community on Wednesday, Nov. 19. He said the club aims to implement these plans during the Spring 2015 semester.

Tilton, a senior homeland security major, along with Founding President Chris Lojek, a University alumnus and former homeland security graduate, developed TAG's original concept in the Fall 2013 semester, with the concept directed at expanding criminal justice and homeland security education beyond classroom lectures. "It's been shaping ever since," Tilton said, "as a way to expose Monmouth students to issues of homeland security that we do not keep up with in the classroom. We don't learn about everything we can during class time."

The organization's early meetings began with weekly oral briefings on current issues related to national and local security with a focus directed towards the criminal justice and homeland security fields. Tilton recalled an early meeting where the members discussed the Westgate Mall

Shooting in Kenya that took place in September 2013. The members reviewed the scenario and then developed a crisis management plan for if a similar scenario were to happen at a location in the local area, such as Monmouth Mall.

Currently, TAG hosts online discussions through Facebook and Twitter pages. Club members post articles detailing current events pertaining to global and domestic security issues and encourage discussion from other members and the general public. The most recent discussions feature events such as radical Islamic presence in Turkey and a foiled attempted terrorist plot formed in reaction to the controversial Ferguson decision.

Regarding these discussions, Chis Lembo, a junior homeland security major and TAG member, said, "Overall getting involved makes you look forward to coming to class. The club and the classroom discussions coincide with each other. I contribute what I learned in class to club discussions and vice-versa."

Tilton believes that TAG still has more to contribute to the student body to better inform and equip students for crisis management. Plans he has to accomplish this goal include hosting guest speakers, providing chances for students to earn various crisis management certifications, and

planning trips off-campus to give students hands-on exposure to global issues related to criminal justice and homeland security.

Tilton said he plans to invite prominent figures from the criminal justice and homeland security fields to visit campus and speak to students about current issues and trends in global and national security. He said this will give students opportunities to gain valuable information and possibly expose them to new career options.

While guest speakers will better inform students, TAG plans to also host seminars for students to earn crisis management certifications as a way to better equip the University community. Since the University currently does not offer opportunities to earn these certifications, TAG plans to host events where students will be able to earn certifications in skills such as CPR, Incident Command Systems, and hazardous material management.

In addition to speakers and certifications, Tilton said he wants to plan trips to visit off-campus events relevant to criminal justice and homeland security. However, Tilton noted that "many of these events occur during the weekdays when students have class and not many of them occur in the University area." Determined, he added that he and other club members



PHOTO TAKEN from facebook.com/threatanalysis

**Threat Analysis Group (TAG)** is a way for students to be exposed to issues of homeland security.

will actively search for event opportunities in the local area.

Putting these plans in motion requires TAG to overcome two immediate challenges: scheduling and interest from the University. Fortunately, the organization has the remainder of the Fall 2014 se-

mester and the upcoming winter break to both work out scheduling and to present their plans and ideas to the proper University personnel for them to come to fruition in Spring 2015.

*The TAG advisor could not be reached for comment.*

## Mock Trial Program to Host Inaugural "Hawk" Invitational

**PRESS RELEASE**  
**West Long Branch, NJ -**

What started in the fall of 2012 as a small group of students interested in law school with a background in high school mock trial has developed at Monmouth University into a strong intercollegiate forensic program – one that prepares students for legal advocacy and trial procedure and more importantly, for life after Monmouth. For the first time in its three-year program, and with the assistance of the pre-law club, the Monmouth mock trial team will host its first invitational tournament this weekend (December 6-7).

The American Mock Trial Association (AMTA) program hosts 25 regional tournaments in the early part of the spring semester, enrolling approximately 600 teams from over

350 universities and colleges annually. Teams of six to ten students participate in attorney and witness roles competing for "bids" from these regional tournaments to a series of eight "Opening Round Championship Series Tournaments" (ORCS) in the latter part of the spring semester. A bid out of the ORCS tournaments culminates in the national championship tournament, this year taking place on April 17-19, 2015, in Cincinnati, Ohio hosted by the University of Cincinnati. This year presents a civil case problem involving the unfortunate shooting of an 11-year-old by her friend. Students in attorney roles represented the parents in this fictitious case of *Park v. Duran*; other students portray challenging witness roles ranging from the next-door neighbor, clinical child psychologists and the parties (parents) themselves

In the fall, student teams work diligently in a series of invitational tournaments, honing trial strategies and witness performances, in preparation for regional competition. This spring, Monmouth will compete in the New Haven, Connecticut regional hosted by Yale on February 7-8, 2015. The Monmouth mock trial team has competed already in two invitational tournaments – one hosted by Drexel University (the First Annual Market Street Mock Trial Invitational) on October 25 and 26 and a second one hosted by Temple University (the Third Annual Hooter Mock Trial Invitational) on November 15 and 16. The preparation thus far, in 2014-15 builds off of an impressive showing in the 2014-15 competition year, with two witness awards won by Cara Turcich (currently a graduate student in public policy and as-

sistant mock trial team coach) and the spirit of AMTA award, symbolizing the team recognized by peer teams as the one representing the notions of professionalism and courtesy. Sophomore team member Josh Manning won individual awards at the Hooter invitational for his performance both as a plaintiff attorney role as well as defense witness role.

The Monmouth University Pre-Law Club and Mock Trial team are happy to take the next step in establishing a recognized program in mock trial, by hosting the inaugural Jersey Shore "Hawk" mock trial invitational tournament with all rounds taking place in Bey Hall on Saturday and Sunday, December 6 and 7. The tournament will be a two-two format with two rounds on Saturday and two rounds on Sunday and an awards ceremony following

the fourth round on Sunday. Competing institutions include Villanova University, Fairleigh Dickinson University, the University of Miami, Marymount Manhattan College, and Bowdoin College, to name a few. The mock trial team and pre-law club welcome all members of the Monmouth community to come out and cheer on the team or just observe what mock trial is like.

Students are encouraged to contact Professor Bordelon if they are interested in competing or getting more information about Monmouth's mock trial or moot court programs. No experience is necessary except a passion for advocacy! Practice schedules for the spring will be discussed at the first pre-law club meeting of the semester, tentatively scheduled for late January.

## CLUB AND GREEK ANNOUNCEMENTS

### MONMOUTH PEP BAND

Basketball season is here and we are looking to solidify our band. We are in need of any trumpet, melophone, baritone horn, trombone and tuba players that may wish to become a part of our award winning band. Limited openings for clarinet players are available also. Currently, we are complete in our flute, saxophone and drum sections. If interested, please e-mail Professor Jenner at [bjenner@monmouth.edu](mailto:bjenner@monmouth.edu) or stop by room 332 in the student center during the day. Fly Hawks!

### TRACK & FIELD/ CROSS COUNTRY CLUB

The Running Club is now meeting several times a week, both for recreational runners and for those interested in competing in cross country, road races, or track & field. Wed. and Fri. at 4:30 pm. Practices for distance runners are Mon. at 2:30 pm, Tues Thurs. and Fri. at 4 pm, and Wed. at 4:30. pm Contact Coach Joe or Alexis Knowles for more information.

### SAB, RHA, AND AXID

Student Activities Board, Resident Hall Association and Alpha Xi Delta have teamed up to cosponsor this year's Holiday Craft Party Friday, Dec. 5 from 7-10 pm in the Mullaney Hall Lounge. Stop by for an evening full of crafts like teddy bear stuffing while supplies last!

### MOCC

Did you know public speaking is the #1 fear? Fight the fear with the help of the Monmouth Oral Communication Center. Contact [lschmidt@monmouth.edu](mailto:lschmidt@monmouth.edu) to make an appointment

### THE OUTLOOK

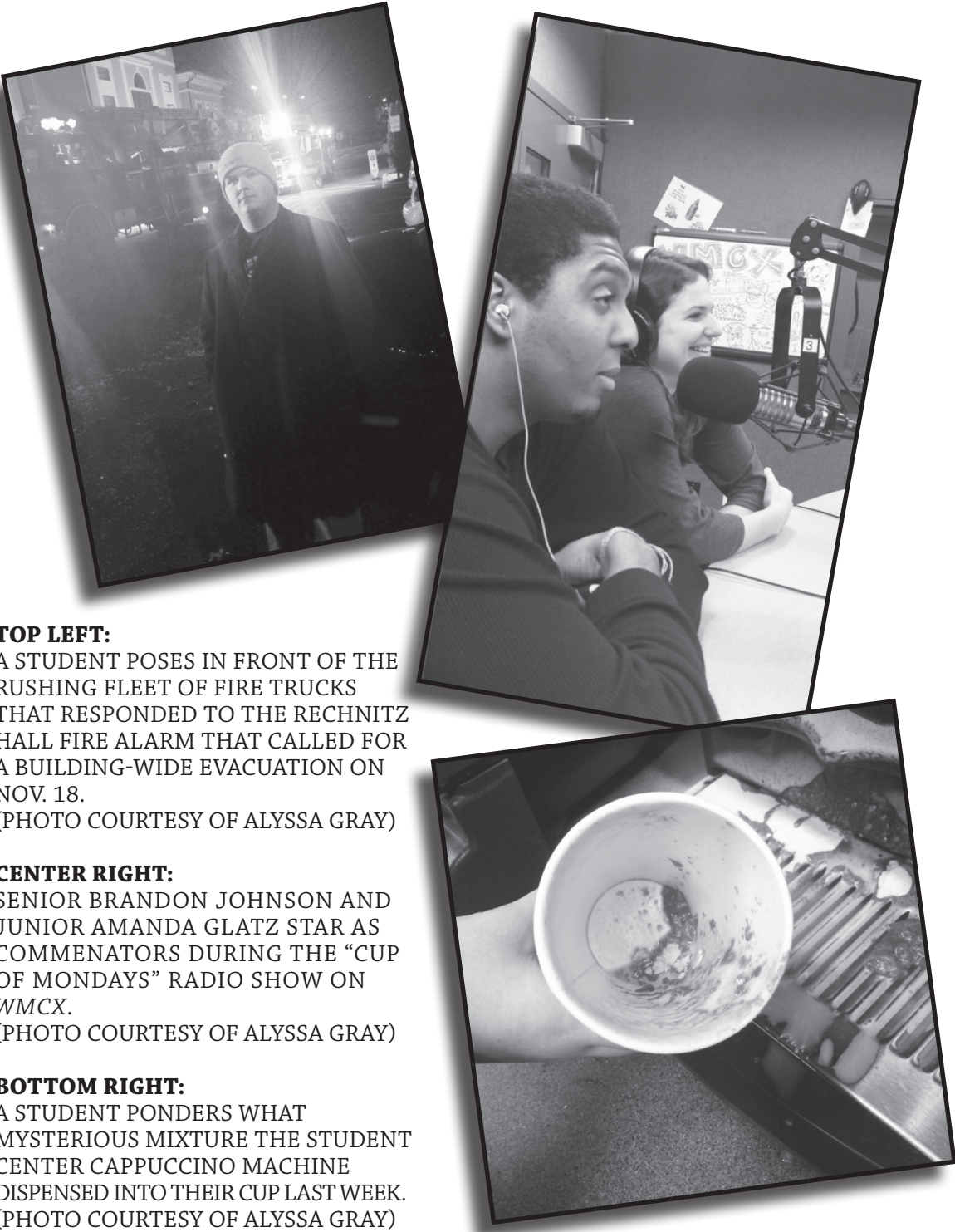
*The Outlook* is looking for students interested in writing, graphic design, and photography to join the team and become an active member in creating our weekly publication. Despite us only having one issue left, we want to recruit students now in preparation of our return in January. We are an award-winning group of students who bond over our love of writing, reporting, having fun, networking, and being a family. If you are interested in joining, please don't hesitate to contact the Acting Editor-In-Chief, Brianna McCabe, at [s0828430@monmouth.edu](mailto:s0828430@monmouth.edu).

### HUMAN RESOURCES CLUB

Would you like to learn more about Human Resources and the growing career opportunities within the field? Join the Student Chapter Human Resources Club and learn about an exciting profession that employs individuals from all majors. Our club is active and exposes its members to industry professionals through a variety of events. If you would like to know more about the club, please contact Ellen C. Reilly at [ereilly@monmouth.edu](mailto:ereilly@monmouth.edu).



MOMENTS AT  
MONMOUTH



**TOP LEFT:**  
A STUDENT POSES IN FRONT OF THE RUSHING FLEET OF FIRE TRUCKS THAT RESPONDED TO THE RECHNITZ HALL FIRE ALARM THAT CALLED FOR A BUILDING-WIDE EVACUATION ON NOV. 18.  
(PHOTO COURTESY OF ALYSSA GRAY)

**CENTER RIGHT:**  
SENIOR BRANDON JOHNSON AND JUNIOR AMANDA GLATZ STAR AS COMMENATORS DURING THE “CUP OF MONDAYS” RADIO SHOW ON WMCX.  
(PHOTO COURTESY OF ALYSSA GRAY)

**BOTTOM RIGHT:**  
A STUDENT PONDERES WHAT MYSTERIOUS MIXTURE THE STUDENT CENTER CAPPUCCINO MACHINE DISPENSED INTO THEIR CUP LAST WEEK.  
(PHOTO COURTESY OF ALYSSA GRAY)

COMICS

“MISGUIDED UNDERSTANDINGS” BY ALYSSA GRAY



A SO-YOU-SAY COMIX #56

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What is something you wish you could tell yourself as a child?

COMPILED BY: KIERA LANNI



Kevin  
Freshman

“In seventh grade, I should of kept my head up.”



Rich  
Sophomore

“Read more.”



Shayna  
Senior

“Don’t get a perm.”



Michael Gillette  
Specialist Professor-  
Dept. of Music

“Not to worry so much; everything works out.”

# Men's Basketball Upset Attempt Falls Short

KYLE WALTER  
ASSISTANT SPORTS EDITOR

In one of their toughest stretches of schedule this season, the men's basketball team suffered back-to-back hard fought losses to the University of Maryland Terrapins and Southern Methodist University Mustangs respectively.

Although the results weren't there, the Hawks showed just how talented they are by nearly upsetting UM and hanging tough with SMU. Both teams are members of top tier conferences, as the Terrapins are now apart of The Big 10, after competing in the perennial power Atlantic Coast Conference for years, while the Mustangs are part of the relatively new American Athletic Conference that features last year's National Champion UConn Huskies.

"I think this team is growing and we have to continue to get better every day," said head coach King Rice after the Maryland loss. "I think great things are in the near future."

The Hawks first fell to the Terrapins 61-56 on Friday, Nov. 28 at the XFINITY Center. Junior guard Deon Jones and fellow guard and senior Max DiLeo led the way for MU with 11 points apiece. Each also added a pair of assists. Sophomore point guard Justin Robinson chipped in with nine points, while also dishing out a team high five assists and grabbing a team high five rebounds.

UM's star freshman and five-star recruit, Melo Trimble, had a game high 24 points, and also led his team with three assists. The freshman shot an impressive 13-14 from the free throw line for the game, while also going 3-5 from three point range.

Both young point guards made their presence felt early, as Trimble opened the scoring with his first three of the night just 30 seconds into the game, only to have Robinson answer right back seconds later with a triple of his own.

After a pair of free throws from MU sophomore center Zac Tillman tied the contest at five, the Terrapins took control of the game with a 23-9 run over the course of the next 12 plus minutes of play.

Trailing by 16, the Hawks continued to battle in an effort to claw their way back. With two minutes remaining in the half, MU had perhaps its most important possession of the game when two offensive rebounds kept the blue and whites possession alive, and resulted in two free throws from DiLeo to make the score 30-16.

Despite the large deficit, the



**The men's basketball team** sits at 2-4 on the season, but continues to remain confident after tough losses to the University of Maryland and Southern Methodist University.

PHOTO COURTESY of Gary Kowal

possession proved key for the Hawks as it helped the team gain some momentum. Just seconds later, senior captain Andrew Nicholas drilled a three to cut the Terrapin lead to 11 with one minute left to play in the first half. Two UM free throws increased the lead to 13, but DiLeo hit another triple for MU with only three seconds remaining to put the score at 32-22 heading into halftime. The three capped off an 8-2 MU run over the final 1:25 of the first half.

Neither team was able to gain control through the early portion of the second half, and with 15 minutes left in regulation the Terrapins led the Hawks 39-31.

At the 12:45 mark MU went on a quick 5-0 spurt led by senior forward and Providence transfer Brice Kofane's four straight points. The run cut UM's lead to three with half the time gone in the second period.

Unfortunately for the Hawks, they could not get any closer than that over the next five minutes of play, and another Terp three extended their lead to 50-40 with 4:53 remaining.

MU would not go down easy, and, after getting back within five, another Nicholas three made it a one possession game at 53-51 in the final minute of

play.

Following a pair of Trimble free throws, DiLeo took the feed from Robinson and hit another huge three for the Hawks to bring them within one with just over 30 seconds remaining.

Despite six Trimble foul shots over the final half minute, Jones appeared to have tied the contest at 59 with ten seconds remaining, but his three point attempt rimmed out and Trimble sealed the Terrapin victory at the stripe.

"I was very proud of my kids tonight in their effort and how hard they continued to fight," said Rice. "I thought that we played really well, and the part that I like the most was that we battled them on the boards."

The Hawks grabbed 28 rebounds on the night, including nine on the offensive end, while the Terps came away with 31 total boards. Both teams were extremely even shooting for the game in every category; as MU went 17-46 (37 percent) from the field, 6-21 (28.6 percent) from three point range, and 16-20 (80 percent) from the free throw line, while UM shot 17-45 (37.8 percent) overall, 6-19(31.6%) behind the arc, and 21-26(80.8%) from the stripe.

MU then fell to 2-4 on the season two nights later at the

Moody Coliseum in Dallas, TX with a 63-51 loss to SMU. The Mustangs are led by head coach Larry Brown, who was enshrined in the Basketball Hall of Fame in 2002. Brown is the only head coach in history to win a championship at both the college and professional levels, winning an NCAA National Title in 1988 and an NBA Championship in 2004, with the University of Kansas and Detroit Pistons respectively.

"I just want to thank Coach Brown for the opportunity to bring our team out to SMU and compete against his team," said Rice after the game. "I thought our kids really competed hard tonight, but their length really bothered us. That was the first team we could not run all of our plays against, and that threw our timing off and made it tough on us."

Jones was the only Hawk to score double-digits on the night with 13 points on 5-10 shooting, and he also led the team in rebounds with eight.

Sophomore guard James Jones chipped in with eight points for MU, while Kofane went a perfect 4-4 from the field to go along with six rebounds. Robinson again led the team in assists with four in addition to his six points.

SMU's Nic Moore was the game's high scorer with 23 points on 9-15 shooting, and he also led both teams with five assists for the game. Cannon Cunningham came off the bench to add ten points and five rebounds for the Mustangs.

Jones started off hot for the Hawks, hitting two threes in the first six minutes of play to get his team going. Not to be outdone, Moore scored the first 11 Mustang points to give SMU an 11-10 lead at the 13 minute mark.

Moore scored seven more points over the next five minutes of play to continue his torrid start, but a trifecta of MU threes, two from Nicholas and one from James, kept the score close. With just under eight minutes in the first half, the Mustangs held a slight advantage at 22-19.

MU was unable to keep the pace up, however, and only managed to score two points the rest of the half. SMU took advantage of the Hawks' struggles, and finished the half on a 10-2 run to increase their lead to 32-21 as both teams headed into the locker room.

As the second half opened the Hawks were unable to cut their deficit significantly. A three point play from Jones brought the Hawks within ten, but SMU then took complete control and continued to build on its lead. The Mustangs used a 13-4 run over the next eight minutes of play to make the score 47-28 with 11 and a half minutes left in the game.

Although it appeared SMU had a firm grip on the contest, the Hawks refused to be put away. Highlighted by a four point play from Robinson, MU slowly began to chip away at the 19 point deficit.

A James triple with 5:43 remaining appeared to give the blue and white new life by bringing them within 11, but MU would not gain any more ground. The Mustangs bunkered down on defense, and took care of business from the free throw line to preserve the 12 point win.

"I am proud of the kids, and we have gotten a lot better on this trip," said Rice. "Now we are excited to get started with MAAC play."

The Hawks will open up conference play this Thursday, Dec. 4 when they travel to Poughkeepsie, NY to take on Marist. It will be the first of two straight MAAC contests before MU returns to non-conference play for a stretch of four games, highlighted by a showdown with in-state rival Rutgers on Dec. 28 in the MAC.

## Hawks Ready to Dive Back into Swimming Program

**Swim Team** continued from p. 1

Although a Monmouth swim team has not competed since the 1982-83 academic year, the University has an established history of swimming success.

Eddy Occhipinti, Assistant Athletics Director for Marketing, said, "The history of the swimming program at Monmouth University is a very rich one. The program won numerous championships, both team and individual, and features an Olympian."

Monmouth's swimming history is highlighted by the 1974 team, which won both the National Association of Intercol-

legiate Athletics (NAIA) and Association for Intercollegiate Athletics for Women (AIAW) National Championships. The team also had 16 All-Americans and featured Wendy Boglioli, who went on to win an Olympic gold medal in 1976 after completing her career at Monmouth. Additionally, there are currently six members of the Athletics Hall of Fame that were swimmers at the University.

"They have a long history of swimming here on campus, so we were hoping that it would be a natural fit to come back and start swimming back up as a core sport in the MAAC,"

maintained Stapleton. "We would then build on the legacy that we have and maybe get more swimmers back involved from the alumni base."

While the requirement from the MAAC and the history of Monmouth's swim team were pertinent to the reintroduction of swimming, the fact that the campus already contains a swimming facility had a significant impact on the decision. The swimming facility, that is located within Boylan Gymnasium, is known as Richard E. Steadman Natatorium.

"It is a facility that isn't under used, it's used quite well, but it is a facility that we had and it

was right here," said McNeil.

Stapleton added, "We decided to add swimming because we have a facility. We have a swimming pool that wouldn't affect the other teams."

Although there is a swimming facility on campus, the pool does not fit the collegiate criteria for hosting an event. "The pool is in yards and now they swim in meters, so that is a big difference. It is a 25 yard pool but I believe now the pool's are 25 meters," explained Stapleton. "I think there are a lot of older pools still in existence, so I think they could still host events here."

McNeil believes that the pool

could still host official college meets but said there is one problem with the pool. "It is regulation length. For the conference it is more than adequate," said McNeil. "It's biggest deterrent, it is a little shallow in the shallow end so you cannot complete really good competition turns."

While it has been finalized that there will be a Monmouth men's and women's swimming team competing in the fall next year, there has not been a coach named or commitment from a recruit at this point. In order to build a competitive team for next fall, those decisions are expected to be made in the near future.

# Men’s Soccer Falls in Double Overtime

CARLY LONG  
STAFF WRITER

After winning the MAAC title, the University’s men’s soccer team concluded their season falling 2-1 in double overtime to Xavier University during the first round of the NCAA tournament on Thursday, Nov. 20 in Cincinnati.

MU beat Fairfield 2-1 in double overtime in the MAAC Championship to earn their spot in the NCAA Tournament this year. Upon the win, senior central defender and team captain Matt Jeffery told the *Asbury Park Press*, “It’s great to be going back, to finish my college career in the NCAA Tournament. It’s kind of a dream come true for me, having missed out the last two seasons and to be able to go back is a great feeling.”

The game marked MU’s fifth appearance in the NCAA Tournament in nine seasons.

Prior to the game, head coach Rob McCourt told the *Asbury Park Press*, “We believe. The one thing I kept saying to the guys when we had the injuries and a tough spell is that I believed in the group, and they believed in each other and just kept fighting. There’s no reason to think we can’t go get a result

at Xavier.”

The Hawks (11-4-6) entered the game ready to fight for a win, only beaten one time in their last 13 games despite four starters being sidelined in late Sept. due to injuries. Xavier (14-5-2) had lost to Providence in the Big East final on Sunday, but came in determined as well.

In the 15th minute of the game, the blue and white lost the ball at the midfield, where Xavier took advantage and moved down the right side of the field towards goal.

A cross was sent to center field, where a Xavier forward collected the ball and sent a shot from ten yards out past MU’s sophomore goalie Eric Klenofsky to the left side of the net.

The Hawks did not let up and dominated possession of the ball, evening the game in the 39th minute. Junior defender Derek Luke shot a corner towards the left side of the goal, where Jeffery flicked the ball on with his left heel to senior central defender Emmanuel Agyemang, whose shot the ball low towards the right post and in to the back of the net for his third goal of the season.

In the final seconds of the first half, Klenofsky made a diving save on another Xavier

attempt to keep the score 1-1.

Xavier started off the second half with three shots in 15 minutes, dominating with scoring chances. The first shot in the 52nd minute soared just wide of the right post and the second shot in the 60th minute was saved by Klenofsky.

MU picked up tempo again after Xavier’s attempts on goal and dominated possession in Xavier’s half of the field, but they were unable to capitalize on any goals.

Senior forward Dom Sarle shot just high of the net in the 70th minute and MU earned a free kick outside the 18-yard box in the 72nd minute. Junior midfielder and captain David Acuna Camacho and junior defender John Egan both had shots blocked by Xavier.

Xavier combatted again, attempting shots on Klenofsky in the 75th and 84th minutes. The Hawks opposed in the 87th minute, when Luke shot a free kick just high of the goal. The second half ended with a 1-1 tie.

Coach McCourt knew it would not be an easy win. Before the game, McCourt told the *Asbury Park Press*, “Xavier is a really organized team that is tough to break down. They lost Big East final to Providence, and Providence is fantastic this

year, so it will be a tough game for sure.”

The first overtime began with MU sending two crosses in to the box, but the Xavier goalkeeper intercepted both. In the 100th minute, Xavier earned a corner and a shot was blocked by Klenofsky. Still tied up, the teams prepared for double overtime.

Two minutes in to the second overtime, Klenofsky blocked a shot by Xavier. Xavier dominated in shots 17-9, with 4-0 shots in overtime. Unable to recover and save a second shot off the rebound, Xavier scored a golden goal to end the game.

The golden goal concluded the Hawks’s season, deeming Xavier the first opponent to break down MU’s nationally-ranked defense and score two goals since the second game of the season on Sept. 1 against Lehigh University.

Despite the loss, McCourt told the Monmouth Athletic Department, “It would be difficult to find a more proud coach than me in all of college soccer. These young men gave everything they had tonight and just came up short. They are disappointed tonight, but when they look back, they will realize what a fantastic season we had.”

“These young men gave everything they had tonight and just came up short. They are disappointed tonight, but when they look back, they will realize what a fantastic season we had.”

- Rob McCourt, Head Coach



PHOTO COURTESY of Taylor Jackson

The men’s soccer team finished their season in the NCAA Tournament against Xavier. In 2014 fashion, the game ended in a double overtime, the Hawks ninth double overtime game of the season.

# Women’s Basketball Gains Ground in MAAC

MAGGIE ZELINKA  
SPORTS EDITOR

The University’s women’s basketball team picked up their third victory of the season as they defeated former conference foe, the Wagner Seahawks, 82-59 on Friday, Nov. 28 at the Spiro Sports Center. Sophomore guard Helena Kurt paved the way for the Hawks by scoring 14 points and earning the game-high assists with six. All 12 Hawks who made an appearance on the floor scored during the match up. With the win, the Hawks improved their record to 3-1 while the Seahawks fell to 0-4.

Wagner’s Ugo Nwaigwe led her team with 12 points and 10 rebounds while teammates Lyndsay Rowe and Tanasia Russell each contributed 10 points. Their collective effort, while impressive, did not stand par to MU’s individual efforts. Sophomore forward Christina Mitchell posted her second-

career double-double game as she collected 11 points and 11 rebounds. Junior guard Jasmine Walker posted 13 points and nine rebounds for the Hawks while sophomore Jenny Horvatinovic had 12 points for the night.

The game’s scoring began when sophomore center Sophie Beaudry made a basket to put the Hawks ahead 2-0. Within the first four minutes of play, Mitchell and Horvatinovic each made a three pointer to further the Hawks lead. Less than five minutes into the game, the Hawks were up 12-4.

MU’s lead started to diminish after multiple opportunities were squandered. A missed layup from senior forward Sara English, a missed jumper from sophomore guard Mia Hopkins and missed three pointers from junior guard Sara Olson, Kurt, and Horvatinovic allowed Wagner to pull ahead, 17-16. Without securing a single point for two minutes of play, it looked

as if MU’s momentum shifted in the Seahawks favor.

Although Wagner’s lead increased to four at a point, MU was able to chase their opponent and bring the game to an even 20-20 with eight minutes left in the first half. The Hawks tried to pull away with a layup from Mitchell, however, the Seahawks’s Nwaigwe evened the score with a layup of her own.

The teams exchanged two more points and the Hawks attempted to lead once again as Mitchell made another basket. Junior guard Jamiyah Bethune increased the lead to four via two free throws. Unfortunately for MU, a missed three pointer from Hopkins allowed Wagner to gain possession, a chance they utilized. With less than three minutes to play in the first half, Wagner was leading 30-28. Scoring halted for the following minute and thirty seconds until Kurt made a basket to tie the game. Heading into half, the score was an even 30-30.

With another 20 minutes on the board, both teams were set on breaking the current tie. Two made free throws from Kurt and one from Beaudry put the Hawks up by three points within the first minute. The Hawks were able to secure the lead for the rest of the game; the closest the Seahawks came to tying their opponent was three minutes later when the score read 35-33. MU’s largest lead of the half was at 24 when the Hawks led the Seahawks, 79-55, with 1:49 to play.

“I’m most proud of the way we really got after it on the defensive end in the second half and were able to shut down Nwaigwe and Peck, which I think were two big keys for us,” head coach Jenny Palmateer said.

The Hawks will next face MAAC rival Marist at the James J McCann Center on Friday, Dec. 5. Marist’s won both matchups against the Hawks last season; the first 65-40 and the second 83-52.

## SIDE LINES



Senior forward Trish O’Dwyer was named to the 2014 Longstreth/NFHA All-American Third Team this past Monday Dec. 1. O’Dwyer, who was also named the MAAC Player and Offensive Player of the year, is the first field hockey player to be named an All-American in MU history.

She led the Hawks in goals scored, assists, and total points on the season with 18, 17, and 53 respectively. Her efforts helped lead the team to its first ever NCAA tournament appearance.



Senior guard Andrew Nicholas surpassed the 1,000 point mark for his career in MU’s overtime loss to Towson on Sunday, Nov. 23. Nicholas led the team with 24 points for the contest, and tied a career high with six three point makes.

“Red” was the 20th Hawk to reach the 1,000 point mark at the Division I level. He currently has 1,020 points for his career, and is tenth on MU’s all time list for three pointers made with 136.



Freshman safety Mike Basile was named the Big South Freshman of the Year. Basile led MU with 59 solo tackles and four interceptions this past season. Basile was also named to the All-Big South First team for his efforts, along with senior wide receiver Neal Sterling who led Hawk receivers with 55 receptions, 905 yards, and six touchdowns.

Five other Hawks also earned All-Big South honors, with Lavon Chaney, Reece Johnston, Darnell Leslie, Ryan Mohr, and John Sieczkowski all being named to the Second Team.

## UPCOMING GAMES

**Thursday, December 4**  
MBB at Marist\*  
Poughkeepsie, NY 7:00 pm  
McCann Arena

**Friday, December 5**  
WBB at Marist\*  
Poughkeepsie, NY 7:00 pm  
James J. McCann Center

**Sunday, December 7**  
WBB vs Iona\*  
W. Long Branch, NJ 2:00 pm  
The MAC

MBB vs Iona\*  
W. Long Branch, NJ 4:30 pm  
The MAC

**Wednesday, December 10**  
WBB at Xavier  
Cincinnati, OH 11:30 am  
Cintas Center

MBB at Fordham  
Bronx, NY 7:00 pm  
Rose Hill Gym

**Saturday, December 13**  
WBB vs Colgate  
W. Long Branch, NJ 2:00 pm  
The MAC

**Saturday, December 20**  
MBB at Wagner  
Staten Island, NY 4:00 pm  
Spiro Center

\*conference games



# JUMPING INTO FIRST

## ALSO IN SPORTS:

University Welcomes  
Back Varsity Swim Team ... [Page 1](#)

Men's Basketball  
Falls to 2-4 ... [Page 18](#)

Men's Soccer Eliminated  
from NCAA Tournament ... [Page 19](#)

After improving to 3-1 with a win over Wagner, the women's basketball team is now tied with Siena for the best overall record in the MAAC with one game remaining before conference play begins.

Pictured Above: Sophomore Helena Kurt

[Full Story on page 19](#)

Photo Courtesy of Taylor Jackson