

# Forum Throws Rocks at Glass Ceiling

## JACQUELYN CORSENTINO STAFF WRITER

A forum on women and work, the wage gap, equal pay, anti-discrimination laws, and opportunities in the workforce was held on Monday, Nov. 18.

The forum included: Alitia Faccone, Governor Christine Todd Whitman, Sherrie String, Robyn Mingle, and Seena Stein. Dr. Peter Reinhart, the Director of the Kislak Real Estate Institute, helped organize the event and picked the notable speakers. Each of the speakers were given ten minutes to address their expertise on the subject.

The first distinguished speaker was Faccone. She is currently the director of Marketing for McCarter & English LLP. Faccone received her bachelor's degree from Monmouth University.

Faccone is a strong advocate for the advancement of women in the workforce. She is chair of the Firm's Women's Initiative Steering Committee, co-editorin-chief of the quarterly newsletter (Women in the kNOW), an active member of the National Association of Women Lawyers, and she serves as an Advisory Board Member to the Women in Law Empowerment Forum.

Faccone decided to talk extensively on the wage gap, the major court case revolving around gender, and anti-discrimination laws that has been proposed over the years.

The wage gap is when wom-en are not paid the same rate as their male counterparts. It is hard to deny the statistics that women are making less in their es than men

# **Employee Suffering from Meningitis** ppears to be on the Road to Recovery

BRIANNA MCCABE CLUB & GREEK EDITOR

JACKLYN KOUEFATI EDITOR-IN-CHIEF

The administrator in the Controller's area was hospitalized two weeks ago after being diagnosed with meningococcal meningitis serogroup (strain) C and is "recovering nicely," according to University personnel.

sity personnel. The employee is currently "doing great" and is antici-pated to be moved out of the intensive care unit (ICU) to a "stepped down unit," accord-ing to Patti Swannack, the Vice President for Adminis-trative Services. She said the family members of the patient family members of the patient are also fine.

President Dr. Paul R. Brown sent an email on Thursday, Nov. 21 alerting the campus commu-nity of the University employee infected with meningitis. It stated in the email, "The employee, who is an administrator in the Controller's area, is gravely ill and has been admitted to a hospital.'

Director of Health Services, Kathy Maloney said the identity of the employee will not be dis-

"The University has been in touch with officials from both the Monmouth County Regional Health Commission and the spinal cord." New Jersey State Department of Health," said Mary Anne Nagy, Vice President of Student and Community Services. Officials children and the elderly. However,

ninges. The inflammation is usually caused by an infection of the fluid surrounding the brain and

Meningococcal meningitis oc-curs in people of all ages but it is more common in infants, young

"[There is] no rhyme or reason as to who it strikes and when it strikes."

> KATHY MALONEY **Director of Health Services**

have also been in contact with the Center for Disease Control (CDC).

center for Disease Control (CDC). "The University took precau-tions when we were first informed of the situation," said Swannack. "We brought in the University's Consulting Physician, Dr. Robert Hershkowitz, and Kathy Maloney ... to meet with and speak to our employees. We also thoroughly cleaned the offices where the employee worked."

According to CDC.gov, "Men-ingitis is a disease caused by the inflammation of the protective college students and military recruits are at a slightly higher risk because of their living conditions, according to the New Jersey Department of Health.

The CDC said meningococcal meningitis is caused by a type of bacteria called Neisseria meningitidis, also known as meningococcus, and is spread through the exchange of respiratory and throat secretions, such as like saliva. This means that the person who may catch the disease must be in close contact with the person

closed to maintain his/her privacy membranes covering the brain infected, according to the New and spinal cord known as the me- Jersey Department of Health.

The New Jersey Department of Health explains this type of close contact as living in the same household or sleeping in the same home, kissing, sharing eating utensils or food, sharing drinks or cigarettes and uncovered face-to-face sneezing or

coughing. "It is an extremely difficult disease to transfer, unless you have been exposed for eight or more hours within three feet of the infected person," said Da-vid Henry, Monmouth County Regional Health Commission Health Officer. He added that the casual contact or the breathing of air with a person with meningoccal disease will not spread the bacteria.

The bacteria cannot be spread by casual contact such as being in the same room as the infected person or touch-ing something that the infected person has touched, according to the New Jersey Department of Health.

"[There is] no rhyme or reason as to who it strikes and when it strikes," said Maloney.

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# Career Day Sets Record of 99 Employers

## ANGELA CIROALO

The University surpassed their record for most registered employers at the Fall Career Day on Nov. 21 in the Multipurpose Activity Center (MAC). The number of employers was up 47 percent compared to the Fall Career Day last year.

William Hill, Assistant Dean for Career Services, said the Fall Career Day last year received 67 employers and the Spring Career Day received 89. "Today I believe we're at 100



The Fall Career Day was held in the Multipurpose Activity Center (MAC) for students seeking and exploring potential career or internship opportunities.

Back in 1963, women were paid 59 cents to a man's dollar. Many efforts in legislation were enacted to try and equalize the playing field. Although the wage gap reached about 70 cents to a man's dollar during the mid-1990s, the number has remained and that is great," said Hill.

A total number of 101 employers registered for the Fall Career Day and 99 attended, according to Jeffrey Mass, Career Counselor for Career Services.

In an email from Hill on Nov. 12. the number of employers was 83, on Nov. 14 the number reached 92 and continued to surpass an all-time high of 101 on Nov. 20.

More importantly, Hill said he was very happy about the variety of the employers that attended. "We have everything here from technology, to hospitality, to staffing agencies, to banks, part-time and full-time internships," said Hill.

Students also recognized the in-

creased amount of different employers. "There were definitely a lot of options," said Lixanya Lucas, a senior finance major. "There [was] a good mix of companies so that a lot of people can get something they are looking for here."

Hill said the University hopes to

reach a higher number of employers in the future. "I hope to see maybe 110 employers in the spring. You always want to do better," said Hill. The purpose of a career fair event

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Student musician Natalie Zeller was the opening act for Josh Ritter who performed in Pollak Theatre.

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#### Club & Greek

PRSSA presented Jennifer Sneed as their most recent participant in their Speaker Series

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# Recovering Addicts Share Their Stories with Students

DANIELLE SHIPANI CONTRIBUTING WRITER

The Department of Counseling and Psychological Services organized the What Life is Like in Recovery event where recovered alcoholics and drug addicts from the University spoke to students about how substance abuse has affected their lives.

On Tuesday, Nov. 19 in Young Auditorium. About 50 students listened to three guest speakers share their stories about recovery from substance abuse. The speakers emphasized how their lives have changed through recovery and the importance of recovery.

One speaker, David Dolan, described recovery as a "spiritual awakening." Dolan, a mental health and counseling graduate student, explained that recovery is "not about not drinking or not using drugs" but rather is about "connecting with other human beings.

day he started the recovery process. He was driving and noticed how beautiful the sunrise looked. He said, "The sun has been coming up every day my whole life health.

and recovery gave me the ability to see it."

As Dolan reflected on his past as an addict, he said, "[Recovery] is like describing a dream," therefore recovery was everything to him.

"Life in recovery is a gift, to say the least," said another speaker, Eric Morley, a 2009 University alumni who is currently pursuing his Masters.

after drugs," said Lauren Tripodi, a social work major and the third speaker. She explained her life before addiction as "everything I said I would never do I ended up doing; I had standards before I picked up a drug."

Tripodi explained that through recovery "the obsession to get high was removed." She encour-Morley described how his life aged those who are suffering with

"Recovery exists. There is life disorder and that it has "nothing to connection with drug abuse. She do with willpower, or how smart you are, or how you were raised."

The goal of the event was for students to better understand the effect drug addiction has on the lives of people and how hard it is to recover, according to Alejandra Bolanos, the Chair of Lambda Theta Alpha Latin Sorority Incorporated, who helped organize the event.

"The sun has been coming up every day my whole life and recovery gave me the ability to see it."

#### DAVID DOLAN

Graduate Student and Speaker at the Event

has changed since becoming sober from drugs and alcohol. "One of the greatest gifts of recovery is that I get to be aware," Morley said. "Today I get to do certain things. Before I didn't get to do anything."

He went on to say that recovery Dolan discussed the specific is "a wonderful experience, both externally and internally." Morley now has an improved relationship with his family and friends as well as improved mental and physical

the effects of addiction to seek recovery as she did. She said that recovery has been positive and life changing.

The speakers also explained what it means to be considered an addict.

Dolan explained that addiction is a disease and people without the addiction can stop, but that addicts cannot put it down. He expressed his need to eliminate the stigmas

Bolanos also explained her desire was to spread awareness and prevent future addictions. She said she "wanted to have something interactive" where students would be interested in what the speakers said and would take the opportunity to connect with the speakers.

Emily Argano, a political science major, said she learned "life in recovery is hard" and that there is a "long road ahead once you that follow drug addicts. Dolan start." Argano chose to attend the Alcoholics Anonymous and Narsaid that addiction is a personality event because she has a personal cotics Anonymous.

said, "Family and friends have passed away due to drug abuse." She and several others spoke with the speakers at the conclusion of the event.

Each speaker spoke for about 15 minutes, then answered questioned and spoke with their peers present in the audience. The Office of Substance Awareness, Lambda Theta Alpha Latin Sorority Inc., and the Counseling Students Association sponsored the event.

Free and confidential counseling services are available at the Office of Substance Awareness in the Health Center at the University. The office provides monthly informal luncheons for students in recovery called Sandwiches and Serenity. For more information visit their office.

For more information on substance abuse visit the Substance Awareness Office in the Health Center on campus or the Department of Counseling and Psychological Services on the third floor of the Rebecca Stafford Student Center. Additional information can be provided by the fellowships

# University Mourns the Loss of Nicole Surace

## JACKLYN KOUEFATI EDITOR-IN-CHIEF

#### CHRISTOPHER ORLANDO MANAGING EDITOR

Nicole Elizabeth Surace, freshman, died in a car crash in East Brunswick, NJ when her boyfriend's car hit a telephone pole on Saturday, Nov. 30 at approximately 7:50 pm.

President Paul R. Brown said in an email to the campus community said, "The University regrets the untimely death of a member of our community and extends its deep sympathies to her family and friends at this most difficult time. The loss of such a young person is truly tragic."

Mary Anne Nagy, Vice President for Student and Community Services said in an email to the University that the wake will be on Wednesday, Dec. 4 from 2:00 pm – 5:00 pm and 7:00 pm – 10:00 pm at Bronson & Guthlein Funeral Home in Milltown, NJ. Her funeral will be held at St. Bartholomew Roman Catholic Church in East Brunswick, NJ on Thursday, Dec. 5 at 11 am. Nagy's email also reads that memorial contributions to the Susan G. Komen Foundation in Surace's honor would be appreci- in the passenger seat, according ated. "University flags will remain to The Star Ledger. The car ran

honor of Nicole," the email reads. Amanda Friedman, a senior communication major knew Surace for the past six years through All Star cheerleading. "We shared a bond that is best put as sisterly. Everyone we know both mutually and on our own know of our connection and know of how deeply we love each other. I honestly can't even bring myself to say what happened to her, but since the accident, a part of me is no longer here. She wasn't just a teammate, or a close friend; she is my sister in every sense of the word," said Friendman.

Friedman also spoke about Surace's personality. "Anyone who has the privilege of knowing her knows just how truly special she is. She is absolutely the most genuine, happy, spunky little nugget in the world. I'm not too sure how I'm going to make it without her, but I know she'd yell at me if I didn't try my hardest," said Friedman.

Alyssa Rodriguez, senior, was friends with Surace as well. "She impacted the lives of so many people and her smile could light up a room," she said.

Surace's boyfriend, Jeffrey Szatkowski, 17, was driving a 2004 Ford Mustang on Dutch Road in East Brunswick, NJ with Surace lowered for the next several days in off the road and hit a telephone

pole, then flipped and struck a tree and finally landed on its roof, said East Brunswick Police Lieutenant Kevin Zebro in a story in The Star Ledger. The cause of the crash is still under investigation.

The two high school sweethearts passed away from their injuries after being taken to Robert Wood Johnson University Hospital in New Brunswick, according to The Star Ledger.

Surace had been dating Szatkowski since last year, according to The Star Ledger. In Szatkowski's obituary on APP.com, Surace is referred to as "the love of his life."

"Two lives lost too early," said Nagy. She spoke to Surace's family the night after the accident to express her condolences along with condolences from the University. "We are here to help but be respectful as well," she said.

Brown said that it is most important to think of Surace's family during this time. "Losing anybody in your family is so hard but losing a young adult is just [so] sad," he said.

Kelly Parks, a sophomore business administration major, knew Surace from attending the same high school, Spotswood High School. "Nicole's heart was filled with nothing but kindness and a love for her closest friends and family," she said. "She was a girl with the tiniest thumbs but a heart

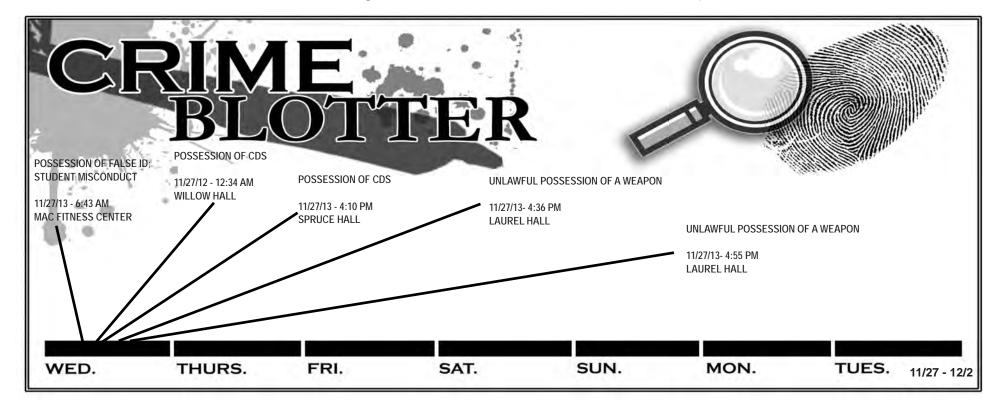
bigger than the universe. Looking Kelsi and her roommate Shannon, through old pictures, you cannot really comprehend just how we lost such an incredible and beautiful person.'

Before going to the same high school, Parks knew Surace through a mutual friend. "I speak on behalf of my best friend Kristin, a part of one of [Surace's] closest groups of friends, Jordan, Paige, Samantha, Micaela and Erin and Nicole's best friends Amanda, Deanna Brianna, that Nicole and her soul mate Jeff left this world together only to become the angels that guide us through life," she said. "I ask everyone to please hold their families and loved ones close to their hearts.'

Surace was majoring in management and decision sciences and was a resident of Pinewood Hall. She was also a member of the University's Community Service Club.



Nicole Surace and Jeffery Szatkowski passed away in a car crash on Saturday, Nov. 30. The University is offering services for students mourning the loss of both teens.



# The Annual Festival of Language Makes a Come Back

## ALYSSA GRAY COMICS EDITOR

The Department of Foreign Language Studies held its 15th annual Festival of Languages in Wilson Hall on Wednesday, Nov. 20.

Almost exactly a year after Superstorm Sandy cancelled last year's festival, Dr. Mirta Barrea-Marys, the Chair of the Foreign Languages Department, and Dr. Priscilla Gac-Artigas, festival coordinator, were determined to hold the festival.

Gac-Artigas said because the event did not occur last year getting students involved was a challenge. "Last year many of [the students] invested a lot of time and effort and then there was Sandy and the festival had to be cancelled," said Gac-Artigas. "I guess they didn't want to go through the same this year. But once we had them on board, they all enjoyed participating."

ing vocabulary or grammar in a He said that the song was not diffitextbook. All aspects of culture, literature, art, music, and much more teach us a lot about other people's feelings, thoughts, ways of life and all that enrich our knowledge of the language."

The festival showcased performances, music, poem recitals, student presentations, dance and martial art routines.

An Argentinian song titled "Los Mareados," was performed by Frank Cipriani, a foreign language adjunct, accompanied by Bruce Gassman on accordion. "I spent much of my youth living in Argentina. During the military era, the song was suppressed, as were many songs about being drunk. So in a way, for those of us who saw the military and post military era, it represented freedom to be able to sing the song," Cipriani said.

Another song was performed in Arabic titled, "Tastak wala Ahale-Gac-Artigas said, "Learning a flak," performed by Msaad Al-

cult to perform necessarily because it was in Arabic, he explained he was more challenged to sing alone. "It [was] hard because that was the first time I sang in front of people," said Albryah.

As a result of the the performance, Albryah felt inspired to teach Arabic to his peers. "I was thinking to teach [people] Arabic because I like [to] teach people my language and I found some students whom are learning Arabic, and that was really good feedback," said Albryah.

Students also performed poems at the festival. One poem titled "Apologia y peticion" by Jaime Gil de Biedma, was performed by Andres Penfold, an undeclared major. Penfold said that the poem discusses the issues surrounding the Spanish government.

"Being from Venezuela and moving to the United Sates has always led me to be more intrigued "I was taken aback by the diversity in Monmouth University and how passionate everyone who was presenting was about the subject matter.'

The festival also displayed examples of daily cultural aspects done by the Chinese department. A Chinese Green Tea ceremony was presented by Adam Liscio, a computer science major, and Robert Solorzano, a business administration major.

Liscio said the ceremony lasted approximately five minutes because the actual tea drinking wasn't a part of the performance. "During the ceremony we explained the history behind green tea as well as showed how the tea is prepared," said Liscio.

Another student presentation involved choreographed routines. Kasey Sanders, Kelsey Haas, Ciana Woods, and Dan "Poppy" Staples performed a martial arts and dance routine called Capoeira, which is eye-opening and enlightening exlanguage goes well beyond learn- bryah, a computer science major. in foreign customs," said Penfold. an Afro Brazilian martial art cre- perience and I enjoyed it greatly."

ated by African slaves in Brazil in the 1500's. "It teaches fitness, martial arts, musicianship, singing, the Brazilian-Portuguese language, dance, flexibility and core strength development as well as a strong social connection among peers," said Sanders.

The festival ended with a flamenco dance to the Spanish song "Rumba Gitana". Barrea-Marlys was involved in the dance along with several other professors and students. "I arranged workshops with my flamenco teacher, Claire Spring from Alborada Flamenco Dance Company, to give [students] an understanding of this cultural phenomenon that they studied in class," said Barrea-Marlys.

Alisha Farley, a psychology maior, said "Some of the content was tough to comprehend because of the language barriers, but then again, that is what defines us from culture to culture as well ... It was

# ver 500 Students Seek Jobs and Internships

#### Career Day jump from pg. 1

according to Mass is to provide students with an opportunity to connect with potential employees. "A career fair is a great chance to meet potential employers and to acquire more about career related options in your field of study," said Mass

Career Services recruit employers for the career events using a number of options. "We have a database of employers that we use every year but we constantly add to that and we do that a couple of different ways," said Hill.

Mass uses forms of social media, such as LinkedIn, to reach out to employers and share information about University career events.

Career Services also offered free LinkedIn photos at the Career Day for the first time. "We had well over 125 students participate in this free service," said Mass. "Even some of the employers jumped in line in order to get their photo for their LinkedIn profile."

Lucas was one of the almost 500 students that attended the Fall Career Day in search of a full-time or part-time internship opportunity.

Previous to the Fall Career Day, Hill sent out a Huffington Post article that provided students with tips to prepare for the event. Hill things she was not looking for dates to apply through or they re-

based on preparation. "Don't just and shy. show up and walk around and go to tables," he said.

A few tips of advice that Career Services reccomends to prepare for career events is to research companies that the student may be interested in, bring plenty of resumes, prepare an elevator pitch when striking a conversation with employers, and dress professionally.

Lucas, along with many other students, printed the list of companies attending, completed research on companies of interest, wrote out questions to ask and printed numerous resumes. Lucas spoke with three organizations which she is considering for a spring internship.

Many employees said they were impressed by the University student's preparation at the Career Day. Kelly Murphy, Sales Representative for Red Bull, said, "We really have some good candidates from today ... I was actually really impressed with [the student's] personalities."

Murphy said the students seemed very professional and many demonstrated the skills that she was looking for in students. "We are looking for people, people," she said. She added that

said success during a career fair is were students that were hesitant

Melissa Leitch, Product Specialist at Lotus 823 and University alumnus, said, "We want individuals who are outgoing... We are looking for people that are personable and ready to be dynamic. You need to be able to motivate yourself to learn new things.'

Being open-minded is another piece of advice that employers and teachers expressed. Sherry Wein, associate professor of communication said, "I've learned that students need to be flexible with their skill sets. If you go in thinking 'I am only going to look for communication jobs' you're limiting yourself."

Wein attended the Fall Career Day to ask employers questions about what they are looking for in potential candidates and to learn how job marketing is changing with technology.

"I ask the employers how important is LinkedIn? Do you put all of your positions just on LinkedIn? Some companies said that the higher positions are just for LinkedIn people. They don't even advertise them. So that's good to know.'

Wein also asked if employers are still accepting resumes. She said many said they do at job fairs but many have databases for candi-



PHOTO TAKEN by Angela Ciroalo Michael Thomas, Dean of Humanities and Social Sciences, spoke to students about following their passion when searching for jobs.

ceive applications through email.

A new addition to the Career Day this year was the career advising table. Michael Thomas, Dean of Humanities and Social Sciences, talked to students and provided resources and information to guide students to discover the job that they want.

Thomas said students often get a job out of college right away without discovering what their passion is and find out they don't like the job a few months later.

"If you don't know what you are passionate about, find out what and sometimes it's a little windy.'

your passions are and that is what is going to guide you to your career," said Thomas.

Thomas said that as early as freshman year of college, students should be asking themselves, "What is my mission in life? What am I here to do? What kind of skills do I want to use? What kind of people do I want to work with?"

"It's all about discovery and to find what you really love you have got to keep exploring," said Thomas. "It's not just the job that you are finding, it's a career path

# Graduate Students Learn the Importance of Listening

**ERIN MCMULLEN** 

in the CPC program.

should end with contextual under- Meyer, a first year graduate student especially for the younger genera- all ADHD and ADD cases are correctly diagnosed, there are some in stances when a child simply suffers from some sort of hearing problem that eventually becomes detrimental to their communication skills. Throughout the presentation, Ehrlich stressed the importance of going to an ear doctor. Even though hearing and listening are two different things, if a person's hearing is lost, it will be physically impossible for them to ever listen properly again. Once a person can no longer hear there is no way to reverse the issue. This is why it is so important for a person to go to the doctor if they recognize any issues with their hearing, Ehrlich explained. Meyer found the event to be very helpful, "I liked the presentation and the speaker very much. It was informational, but broken down in a way that made it easy to understand." For more information about the Center for Learning Disorders Research, visit www.professionallistener.org or listeningdisorders.org.

Alan Ehrlich, President of The Center for Listening Disorders Research (CLDR), joined the Master of Arts in Corporate and Public Communication (CPC) Colloquium Speaker Series when he spoke to a group of CPC graduate students about listening on Tuesday, Nov. 19.

Don Swanson, communication professor, introduced Ehrlich to those in attendance. "He's been looking at listening for a long time, and the thing that fascinates me about Alan is that he's constantly coming up with new insights and he's constantly finding concepts rlich's research, people first begin from other disciplines," said Swanson

Ehrlich began his presentation explaining that there is a big difference between hearing and listening. Hearing is one of the five senses, but listening is a series of complex cognitive processes that begins with hearing sounds. According to Ehrlich, listening, unlike hearing,

"The complexity of the listening process cannot be taught," Ehrlich explained. "It is not something that Ehrlich has been studying the iswe can learn, it is something we sues of dysfunctional listening and are born with." According to Eh- its effects on learning and com- explained that in some cases young

According to a press release pub-

"One out of five people aged 12 lished on the University's website, and older have hearing loss so severe that it may make communi-cation difficult," Ehrlich said. He

## "One out of five people aged 12 and older have hearing loss so severe that it may make communication difficult."

#### ALAN EHRLICH President of The Center for Listening Disorders Research

to listen during their third trimester in the womb and once born, a person spends about 80 percent of their day listening and interpreting the sounds and noises heard around them.

"I learned that hearing and listening are two very different things, but that we mix them up and switch them out all the time," said Katie

munication for the past four years. While doing his research, he found that in today's society especially, people tend to create silence by filling it with noise. For most people, this is done by plugging in headphones and turning up music as a way to block out the sound coming from their surrounding environment. Ehrlich said this is a normal reaction to unwanted outside noise,

children who get diagnosed with attention deficit hyperactivity disorder (ADHD) and attention deficit disorder (ADD) merely just have hearing loss that greatly affects their work ethic and ways of communicating.

This is not to say that those diagnosed with these disorders were done so incorrectly, however. Ehrlich explained that although almost

# Business Students Work with L.E.D. Light Company

#### CASSANDRA FIGUEROA ASSISTANT NEWS EDITOR

Students enrolled in professor John Buzza's entrepreneurship class were given the opportunity to immerse themselves in the business world by collaborating with the company Green-RG Management to help expand their business.

specialist professor in the Management and Decision Sciences Department, and is open to all students.

"We have become the foundation of the business, helping them with a marketing plan, a website, and helping them develop a line of retail products," said Buzza. The company is emerging and will be shaped through the students' work to lay the foundation for its expansion, he added.

Green-RG Management is a company that "provides innovative world class L.E.D. lighting products at factory direct prices to a wide range of commercial and industrial clients," according to greenrgmanagement. com. The company works to promote light-emitting diode (L.E.D.) lights in industrial markets of various countries.

The website states that L.E.D. lighting is a type of lighting source that is environmentally, financially and physically beneficial. It is the most efficient light source available and has a cooler operating temperature which saves on heating, ventilation and air conditioning (HVAC) also been one of the personal con-

costs. It also reduces light pollution, tacts in the class for the company." is virtually unbreakable and does not use mercury, the website adds.

Steven Hoffman, a senior business management major and member of the class, said "[Green-RG] is a small startup and they needed our class to help take them to the next level."

Hoffman explained that, so far, The course is taught by Buzza, a the class has accomplished a significant amount of work for Green-RG. He said the class has helped the company contact larger clients and expand to online operations by creating a new website from scratch.

> The class also has "a team of students working on one of their L.E.D. consumer bulbs, creating packaging, marketing strategy, and a means to get it into stores," Hoffman continued.

> The project provides the students with a chance to receive real world experience in the business sector, Buzza explained. Each student in the class has a role in the management of the business; they are required to contribute to the progression of the company and are on class deadlines.

> "Personally, I have taken the role in the class as chief operating officer along with Erin Collier. We work with Emily Spezia, who is acting CEO for the class, to help motivate and organize all the efforts being put together." said Hoffman. "I've helped the website group and the expansion group in our class and I have

Erin Collier, a senior graphic design major, said, "I created different graphics, such as the website banners, helped create some of the social media sites, worked with improving product spec sheets, produced the event invitations, and [I] am currently producing information packets, event programs, and working with other very talented classmates to fully produce and plan the [showcasing] event."

Throughout the project, the class must stay in contact with members of the company. The students not only work with their peers and Buzza, they are also in close contact with Al Heyer, the CEO of Green-RG, and Tom Haydu, Technology Director of Green-RG.

Through these connections, Buzza hopes that the students will gain a personal relationship with the company and possibly gain an internship. His hopes are to provide opportunities for students to one day either work with the company or become their own entrepreneurs for another company.

"It's about the alternative to Corporate America; teaching our students how to go into business for themselves rather than work for a company," Buzza said. "I hope I can teach our students to have knowledge of what it will take to become an entrepreneur and, although it's not for everyone, it can be a very good alternative to working for someone for the rest of your life.'



PHOTO TAKEN from greenrgmanage

L.E.D Construction Lamps, created by Green-RG, are considered by some as more efficient than other forms of lighting.

"A true entrepreneur is someone from this semester as interns and who organizes, operates and assumes the risk of running the business venture, and Green-RG let our class do this in a sense," Hoffman said

Although no money was involved in the project, the students were able to get the experience they needed to learn about the business world. "There is no money involved in this project except to pay for supplies, and also a generous scholarship donation from Green-RG to the entrepreneurship program here at Monmouth," Collier said. "However, this company is more than willing to accept hardworking students

potential employees for the future."

Green-RG works toward "combining over a century of experience with best practices in fields of manufacturing solid state product engineering, quality management, product safety, compliance, and facility management," according to their website. "[Their] premier line of L.E.D. fixtures, the "Starlite' brand, is in use in world class projects throughout the five boroughs of New York City.'

The class showcased their work at an event on Tuesday, Dec. 3 in Wilson Hall Auditorium called "Bright Ideas."

# Meningitis Update

#### Meningitis jump from pg. 1

The University held an information session on Nov. 21 in Pollak Theatre after the community was informed about the ill employee. Brown explained that the reasoning for holding this information session was to educate the University community about the most recent health concern.

"So many of our colleagues are collaborating together and trying to make sure we absolutely keep a safe and healthy work environment," Brown said during the conference.

Henry, Maloney, Brown, and Nagy attended the information sessions along with other administra- required to get the meningitis vactors who were willing to answer any questions and address any concerns. Brown said that the Univer- University, said Swannack. She ex- ing multiple institutions are not con-

that the employee was contagious United States. As stated on Princfrom Nov. 8 to Nov. 18. "I feel comfortable that it hasn't spread ... and we are carefully monitoring the situation," Maloney said.

Lisa Sypniewski, a senior health studies major, recognizes the severity of meningitis. "It is heartbreaking to learn that someone on our campus was subjected to such a scary illness," she said.

The diagnosed strain in the employee is one of the common forms of meningitis and is covered under the vaccine issued for use in the United States

Students living in University owned or sponsored housing are cination and must provide proof of immunization before attending the

eton.edu, "The CDC and the Food and Drug Administration have allowed the use of this vaccine for this particular situation at PU."

The CDC, according to Henry, did not get involved with PU until the sixth confirmed case of meningitis and is allowing Maxim Health Systems to administer the vaccines. Henry was the health advisor at PU up until this past September.

When asked what advice PU has to offer other institutions dealing with meningitis, PU Media Specialist, Michael Caddell, said, "Our position is that each institution will make its own policy decisions based on what suits specific needs or concerns, and the types of general comparisons yielded from contact-

## Debate Hawks Host and Win Four Awards at 4th Annual Jersey Shore Invitational

The Monmouth University Debate Hawks hosted the 4th annual Jersey Shore Invitational Debate Tournament on Nov. 23-24, 2013. Over 100 college debaters representing 11 universities participated in this NDT/CEDA sanctioned tournament, including debaters from the West Point Military Academy, Boston College, West Virginia University, and New York University. The Monmouth team won four awards at the tournament. Monica Santos and Danielle Doud (both political science majors) won a team award by making it into the playoff rounds on Sunday. Three Monmouth students also won individual speaking awards including Jessica Roberts (political science, 3rd place), Sana Rashid (chemistry, 5th place), and Ryan Kelly (political science, 6th place).

Each two person team is required to compete in six rounds of debate, three on the affirmative and three on the negative, with each debate round lasting approximately two hours. Teams that make it into the playoff rounds continued debating into Sunday evening's championship round. The debate rounds took place in classrooms in Monmouth University's Bey Hall and Edison Hall. Monmouth entered 10 teams including Kelly Craig and Michelle Grushko (upper division); Dan Roman and Victoria Norges (upper division); and Jessica Roberts and Ryan Kelly; Monica Santos and Danielle Doud; Sana Rashid and Amanda Kontor, Michael Hamilton and Iziah Thompson; and first time debaters Nick Whittaker and Joe Telafous, Alya Yildiz and Payal Patel, Mike Kulik and Sal Popolillo, and Angela Ryan and Caique Nascimento. Former Debate Hawks Miriam Peguero, now working at the World Bank in Washington D.C., returned to campus to help judge at the tournament. The tournament kicked off on Friday, Nov 22 with tournament registration at the Hotel Ocean Spa Resort in Long Branch.

"I feel comfortable that it hasn't spread ... and we are carefully monitoring the situation."

> KATHY MALONEY **Director of Health Services**

as possible regarding the situation. law that commuter students receive "[We want to] make sure we are absolutely on top of this," he said while does recommend it. opening the information session.

One question asked was if it was possible that someone could be a carrier of meningitis without ever becoming ill, to which Maloney responded "absolutely."

Approximately 10 percent of people have Neisseria meningitis bacteria in the back of their nose and throat with no signs or symptoms of disease, classifying these people as "a carrier," as explained by the website, CDC.gov.

Maloney said the ill employee experienced initial symptoms on Nov. 18. Symptoms include sudden onset of fever, headache, and stiff neck often accompanied by other symptoms including nausea, vomiting, sensitivity to light, and an altered mental state.

bation period is approximately 10 days. Therefore, it can be inferred Europe and Australia, but not the

the vaccination but the University

However, this is not the case with employees. It is not recommended by the CDC that faculty members get the vaccination, according to Swannack

Maloney said that since meningitis is a higher risk among young adults, the vaccination is required, unlike older adults. "College students die every year from bacterial meningitis," she added.

CDC.gov explained the vaccine students routinely get protects against four serogroups known as A, C, Y, and W, but not against B. The case of meningitis found at the University differs from Princeton University (PU), where eight cases of serogroup B meningoccal meningitis have been identified since March. Students and faculty at PU are

According to Maloney, the incu- recommended the vaccine for serogroup B that is licensed for use in

Brown said, "We are benchmarking with Princeton. We must be very vigilant about our health."

Quick medical attention is extremely vital if meningococcal meningitis is suspected. "If symptoms appear, get medical attention as soon as possible," said Henry. He explained that most people with meningococcal meningitis are hospitalized and treated with antibiotics. "Most people don't survive, and those who do have major complications," he added.

Meningoccal meningitis can be prevented by getting vaccinated with meningococcal polysaccharide vaccine (MPSV4) and meningococcal conjugate vaccine (MCV4), which together are about 90 percent effective in protecting against the four strains, according to CDC.gov. Other defense mechanisms include practicing good public hygiene such as frequent hand washing as well as getting plenty of rest.

Please contact Dr. Joseph Patten (732) 930-4300 if you are interested in joining the debate team and/or if you have any questions about the debate tournament.

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## Valuable Experience for a Price

#### THE OUTLOOK STAFF OPINION

Experiential education is a requirement for many majors at the University. For those students who have not studied abroad, this means working at an internship. In order for an internship to count toward the experiential education requirement on our academic audits, we have to pay for a three credit class involving proof of 120 internship hours and a final paper. However, if internships are generally unpaid work, how are we supposed to afford the cost of over \$2,000 for a three credit class?

Many of the editors at The Outlook struggle with finding time to complete their internship hours less on our GPA.

while still making some kind of income. Working 120 hours at an unpaid job over a 15-week semester grants students far less time to work at

a regular, paying job. Not only are we not generating income, but we're losing money due to the hefty price of college credits and travel expenses to and from our internship sites.

As for the class, some of the editors cannot understand what their tuition dollars are paying for. The course relies heavily on the hours spent at the internship sites. Some editors who have taken the class said that their class only met a few times during the semester, they do not use campus resources, and the only contact they kept with their professors was checking in via email.

We do understand that the professors who teach the internship classes need to get paid, but the time required by instructors for the class is far less than is necessary for a class that meets each week.

The only assignment that needs to be graded is a final paper at the end of the semester. We do not make light of the support we get from our professors or the effort they put forth. However, we do not believe that a three credit tuition from a class full of students is necessary to compensate the time that teachers spend in the classroom or grading assignments.

In order to make the requirement fair for both students and faculty, much of The Outlook staff would be willing to pay a discounted price to the University. Instead of paying for three credits, we should be able to pay for one, even if it is weighted

"Instead of paying for three credits, we should be able to pay for one, even if it is weighted less on our GPA."

> One editor points out that the businesses that students intern for are in no way affiliated with the University most of the time. In that respect, we are paying an institution over \$2,000 for another business entirely to teach us new skills and provide us with experience. If we have to pay at all for an internship course, why should it be to the University and not our work site?

> Once students have fulfilled the experiential education requirement, they do not have to pay for future internships by the University's standards. However, some internships will not accept students who will not be receiving college credit for their work. Some editors said that one of the requirements when applying for their internships was that they had to be receiving credit, which they then had

to pay for. It is a catch 22 that we cannot seem to escape.

One editor said the cumulative cost of the experiential education course, commuting and meals has actually prevented her from applying to potential internships in the city. Although some of us have parents who help support our educational endeavors financially, the cost of interning can take a toll on our families as well.

Some editors believe that internships should not be required at all while others believe that they should be required without the cost of the three credit class. Internships provide the real world experience that we will encounter after graduat-

ing. One editor believes that if they are not required, many students would not take advantage of that valuable experience. Most of us

would not mind logging our hours or writing a final paper, but the financial stress is often too much for us to handle

If the University cannot agree that students should not have to pay for their uncompensated internship experience, lets compromise. We understand that students have to pay for our education and experience, but The Outlook staff doesn't think we should have to pay over \$2,000.

Instead of a three credit course, cut the cost down to one credit. The professors' work would still be compensated and more people might be willing to take the class. While some students might not be completely satisfied with that outcome, it is an improvement from the financial strain that many of us are currently experiencing.



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# The Media's Ongoing Influence Over Body Image

#### NATALI GRECO STAFF WRITER

Beyonce, top-chart multi-millionaire singer and actress, and wife to well-known rapper, Jay-Z, once stated, "I wrote 'Bootylicious' because, at the time, I'd gained some weight and the pressure that people put you under- the pressure to be thin, is unbelievable. I was just 18 and you shouldn't be thinking about that."

At 18 years of age, teenage Beyonce was already feeling the pressure and obsession with body image that Hollywood tends to mount on all celebrities.

"Bootylicious" is a song from Beyonce's Destiny's Child days, and although the song wasn't one of their greatest hits, it did not fail to send a message.

The singer is clearly not worried about her personal body image. She realizes that her body does not hold the perfect hourglass shape that society expects every woman to have.

Yes, there is "jelly" that moves from side to side when she shakes, but she could care less. Through their lyrics, Destiny's Child enforces female empowerment and embracing your body. Being "Bootylicious" is just as perfect.

The influence paparazzi, magazines and media have on celebrities and regular people based on their appearances, is unbelievable.

Twenty-one year old singer, comfortable in your own skin. actress, and "X-Factor" judge, I personally have never been Demi Lovato, is another example of Hollywood's crucial influence on body image. Demi Lovato has always suffered with low self-esteem due to appearance insecurities

took a break from her career to than myself. herself check herself into a rehabilitation center. When she was mit, but it's not something I'm done with her time off, she came back stronger and more powerful than ever.

In one of her most recent interviews, she told Vogue magazine, "My main thing about being in the spotlight with my fans is, I

"... I no longer wish to look like someone elsesomeone I will never be. I now exercise and work hard towards being the best version of me, no one else."

want to be real to them. I have my problem areas, but I'm happy in my skin right now. I'm not going to sacrifice my mental health to have the perfect body."

Having the "perfect body" is not what life is about and even Demi can testify to that. What truly matters is to be happy and

I personally have never been influenced by Hollywood's opinion on what the perfect body should look like.

I would be lying if I said I don't enjoy eating Oreo cheesecake, acing my classes, and never both-In fact, not too long ago she ered to care about anyone other alternate yours.

It's not something I love to adashamed to speak about either. Like Demi, I realize there are plenty of girls out there that are under the impression that beautiful is only measured by a size zero, and that's not okay.

Like most ladies in our society, I have been greatly influenced by media. Ever since I can remember I've cared about my appearance, wishing and praying with all my might that one day I would look like a Victoria Secret model.

Of course, it has been a long time since I realized that that dream was totally unrealistic. I am currently happy with who I am and how I look.

Yes, of course there is always room for improvement and trust me going to the gym is a daily routine for me, but I no longer wish to look like someone elsesomeone I will never be. I now exercise and work hard towards being the best version of me, no one else.

According to Google, beautiful is defined as, "pleasing the senses or mind aesthetically." Urban dictionary, on the other hand, defines beautiful as, "a woman who has a distinctive personality, one who can laugh at anything, including themselves, who is especially kind and caring to others... who above all knows the value of having fun, and not taking life too seriously ... "

Neither of these definitions speak of a woman's looks, but of her personality and effect on someone's else's mind, and trust me not two people think alike. Beautiful comes in all shapes and sizes; don't let media force you to

# Are Students Prepared Enough for Finals?

#### **RAVEN BRUNSON** SOCIAL MEDIA MANAGER

We are back from Thanksgiving break and left with less than two weeks of classes before exams. Panic comes over us as we quickly realize all of the work we have left to complete.

Let's face it, it's crunch time. Are we really prepared for finals?

Let's start off by saying the last two weeks of classes should not have professors trying to cram in tests, papers and projects on top of your final exam that is quickly approaching.

Sometimes professors do not realize that students are taking four other classes besides theirs. Then again, some students don't take their classes seriously, so you get what you put in.

I love when professors hand me a bulleted list that structures the final exam right before my eyes and go as far as to give me extra hints about what is going to be really important.

Unfortunately though, not everything is handed to us on a silver platter. Some professors barely give reviews and fail to mention the final exam as the days continue to diminish.

I do not consider a professor telling you to review all 500 slides from the semester to help with preparation; if you are in this situation I wish you luck.

Having a professor who does not put in as much time and effort as the students do, can be incredibly frustrating, especially for those of us who do put in a conscious effort to do well.

Throughout my time at the University, I have realized

that many professors' teaching styles are dependent upon what department they are in.

I have noticed that while taking classes both for my major and gen eds, professors' teaching styles can vary a lot depending upon the tools they give their students in order for them to properly prepare for finals.

Excelling within the classroom is a two way street between professors and students. Both participants need to be putting in effort in order to see the great grades on the report card that everyone is hoping for.

Some professors do an excellent job at preparing students for final exams, while others are still focused on catching up on the rest of the semester.

So students, do not be hesitant to go the extra mile to ask your professor the specifics of the final exam in order to do well.

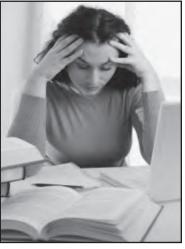


PHOTO TAKEN from onlinecollegecourses.con Do not let stress overwhelm you for finals. Ask questions and start preparing now.

# What's In a Name? NFL Washington **Redskins Name Controversy**

#### WILLIAM ROMBA STAFF WRITER

"Hail to the Redskins! Hail victory! Braves on the warpath!" Fans of the Washington Redskins will recognize these words as the lyrics to their team's fight song, which is played at FedEx Field whenever their team wins a game.

But to people who are not fans of the team, or the NFL for that matter, a negative stereotype about Native Americans.

skins have not had a good season on the field by any stretch. Off the field, this season has also seen the team embroiled in a furious debate as to whether or not the franchise needs to change its name to something more politically correct. The latest chapter in this controversy was written when Latino and African American groups rallied outside of FedEx Field Monday night before the team's 21-point loss to the San Francisco 49ers. The issue has even drawn comments from President Obama, who said that Redskins owner. Dan Snvder, should change the name of his storied franchise. However, Snyder wrote an open letter to fans of his organization back in October which gives the origins of the team's name and how it is not as offensive as it appears on its face. Snyder tells of growing up a Redskins fan and attending games at what was then the Robert F. Kennedy Stadium. He also

Boston Braves then underwent a name change the following year, becoming the Boston Redskins. "On that inaugural Redskins team, four players and our Head Coach were Native Americans," Snyder said. "The name was never a label. It was, and continues to be, a badge of honor."

The letter goes on to mention how in 1971, coach George Althis song may appear to perpetuate len met with members of the Red Cloud Athletic Fund on the Pine Ridge Indian Reservation in South With a record of 3-8, the Red- Dakota to design the controversial the Redskins' name should stay

Native Americans."

The letter also cites data from

how the team began in 1932 as the logo that is currently emblazoned the same while a scant 11 percent said the name should change.

In May, Sirius/XM's NFL Radio interviewed Robert Green, the former Chief of the Patawomeck Tribe, who said he would be offended if the team did change their name.

Green said this movement is "an attempt by somebody... to completely remove the Native American identity from anything and pretty soon... you have a wipeout in society of any reference to Native American people.

"You can't rewrite history," Green continued. "Yes there were some

awful bad things done to our people over time, but naming the Washington football team the Redskins, we don't consider to be one of those bad things."

While many may feel the team's name is insensitive, those same people need to also see that Green has a point. Frankly, if the Washington Redskins should be forced to change their name, then so should the Kansas City Chiefs, the Atlanta Braves, the Cleveland Indians and the Chicago Blackhawks.

Why aren't their names and logos onsidered offensive as well? As it

## on the side of the team's helmets.

Snyder says that the name is "a symbol of everything we stand for: strength, courage, pride and respect - the same values we know guide

the Annenberg Public Policy Center, which says that 90 percent of the 1,000 Native Americans they polled did not find the team's name offensive and that in April 2013, an Associated Press poll found 79 percent of respondents believed



asternshorenews.com PHOTO TAKEN from lowe

The name controversy of possibly changing the Washington Redskins to Redtails has outraged dieprovides historical insight about hard fans of the NFL team, having them blog on various sites expressing their anger and opinions.

says in Snyder's letter, the team has been called the Redskins for the past 81 years. Why is it that the name has not been considered offensive until recently?

In this world of constant political correctness, we need to keep in mind that this issue is not intended to be some kind of political statement or something meant to demean an entire nation of people. It's the name of a football franchise. That's all.

The Redskins have been the Redskins for over eight decades and, as Snyder stated in his closing, "we owe it to our fans and coaches and players, past and present, to preserve that heritage." If Chiefs fans are still allowed to "War Chant" and 'Tomahawk Chop" at Arrowhead Stadium without insulting Native Americans, then Redskins Nation should continue to proudly sing "Hail to the Redskins" as their team continues to "fight for old D.C."

# **Employment Non-Discrimination Act Would** Grant Equality in the Workplace

#### KATIE MEYER CONTRIBUTING WRITER

The Senate passed the Employment Nondiscrimination Act (ENDA) with a majority, bipartisan vote: 64 to 32, according to CNN on Nov 7. This means the Lesbian Gay Bisexual Transvestite (LGBT) community is one step closer to achieving equality in the workplace because it will be illegal for employers to discriminate based on their sexual orientation.

ENDA already makes it illegal for someone to be fired based on their skin color, their race, their religion, their sex, and their nation of origin, according to *Glaad.org*.

The White House reported, the new version of ENDA will put into place "federal protections" that will make it illegal for an employer to fire someone because they identify as lesbian, gay, bisexual or transgender.

Heather Kelly, the advisor of the group ALI (All Lifestyles Included), and Assistant Director of Student Activities for Multicultural and Diversity Initiatives, said, "I just want to preface my answers by stating that these are my opinions, and not the opinions of my office,'

Kelly continued this new law is so important because, "If you are L (lesbian), G (gay), B (bisexual) you can get fired, in. I believe it is 29 states. If you are T (transgender) it is 33. That is just if someone at your job finds out that you are dating someone else who is of the same sex. You can not be hired for the same reason, and that's really something that is horrible, when living with the fear that Kelly deyou think about it."

Melissa Galvin, a junior and Co-President of ALI said, "I believe ENDA is so important to our society because, if passed, it's Kelly. "To have to go into work and

right to do so. If not passed, it's a reminder that we have a much longer way to go than people like to admit. In the workplace, we should be judged on how well we do our job and nothing else."

The Human Rights Campaign says ENDA is not extending "special rights" to the LGBT community. instead ENDA is "extending fair employment practices" that all workers should have access too.

They also state that this bill resembles already existing civil rights laws, like Title VII of the Civil Rights Act of 1964, which made it illegal to fire someone because of their gender or their race, and the Americans with Disabilities Act.

ENDA also exempts small businesses, religious organizations and the military. This means that businesses who employ less than 15 people, and religious entities (like churches) that are already exempt from Title VII's "prohibition on religious discrimination" will be able to reject a worker who identified as lesbian, gay, bisexual and transgender.

Currently, only 21 states and Washington D.C. prohibit employment discrimination based on a persons' sexual orientation and only 17 states and Washington D.C. prohibit discrimination based on a persons' gender identity.

Only 434 companies on the Fortune 500 list have enacted policies that protect against a persons' sexual identity and 282 have policies that protect someone's sexual orientation. That means that there are still employees out there who are scribed above: being fired because their secret is out.

"We, throughout our lives, share parts of who we are at work," said a reminder that we can be who hide who you are on a constant ba-

we want to be, that we have the sis; to have to change your pronouns every time you talk; to not be able to put pictures of your loved ones on your desk; to have to constantly put yourself inside yourself, and not be able to be who you are, that's a horrible thing. To live in fear of losing your livelihood, it's a huge deal and a huge inequality that we are facing where we live in a nation where we talk about every one being equal. So to be able have that nationally protected is a 'ginormous' deal."

After passing in the Senate, ENDA is now waiting to be voted on in the House of Representatives. In an article posted on CNN's website, John Boehner commented as saying that this bill will cost people jobs and hurt small businesses.

A statement released on Nov 6, 2007 by Boehner on his official website, suggests that he opposes ENDA because "The bill purports to protect workers based on the 'perceived sexual orientation - a highly subjective concept that is bound to tie the legal system in knots."

Dr. Nancy Mezey, Assistant Professor of Sociology, said that if the bill does not pass in the House, "We may be waiting [for the bill to pass] until there is a change in Congressional leadership."

Terence Bodak, Co-Adviser to ALI, said, "The bill will most likely not pass in the House. Considering versions of EDNA have attempted to pass since 1994 and failed, unfortunately I believe there is little hope for it at this time. Is this to say that it will never become law? No. Like other non-discrimination legislation, there will come a time for its passage. I just hope that it is sooner, rather than later.'

He reacted to Boehner's comment, "I believe small businesses harm themselves more by not hiring qualified workers simply because of sexual orientation. If your

tion if the Employment Non-Discrimination Act passes the House of Representatives and is signed by President Barack Obama. best candidate is gay and the second best candidate is nowhere near as qualified as the first, what is hurting business more? The right to discriminate in the hiring pro-

cess or the loss of talent.' ENDA has other supporters in government. Newly elected Senator Cory Booker supported the passing of ENDA in the Senate. He wrote on Twitter that he, "absolutely, unequivocally, proudly, with gusto & enthusiasm. I hope to make it my first 'co-sponsor.'

The CNN article stated that Senator John McCain and Senator Jeff Flake became the most recent Republican Senators to express their support for the bill. President Obama wrote a blog post for *The* Huffington Post where he supported ENDA and urged the House to pass the bill so that the LGBT community may be treated fairly and equally in the workplace.

Kelly expressed her gratitude that Obama wrote that post, "It's great to have a sitting President who is so outspoken on race and sexual identity. It's important for

him to address and tell Americans he supports them."

PHOTO TAKEN from bussle.com

Mezey also said that ENDA is important because, "the implication for society is that by passing ENDA, we actively move toward providing all of our citizens, regardless of the state they live in, the protection and dignity that they deserve. In other words, we move toward greater equality. By rejecting ENDA, we send a message that discrimination is okay."

Bodak said, "Students should care about the passage of ENDA because the fact that a person can be fired because of his or her sexual orientation should alarm them.

Bodak continued, "There are many justifiable reasons for employment termination. There are many reasons on why certain people are hired over others, but there is no reason why sexual orientation should be one of them."

Galvin agreed, "It is important to college students because the outcome of this bill will dictate the work environments we enter when we graduate.'

# Affordable Health Care Website Had Glitches That May Have Discouraged Users

#### **IZIAH THOMPSON** STAFF WRITER

CNN released a poll including the Presidential approval rating indicator. Results showed a 41 percent approval rating for President Obama and a disapproval rating of 56 percent as of Thursday Nov. 21.

cords for the second term presi-vice. dent, marking his lowest approval rating ever and highest disapproval. Though the executive office has seen its share of controversial issues, the recent problem is with what is Obama's defining policy; the Affordable Care Act (ACA). The ACA, also known as Obama-Care was created to provide protections that were not always mandatory in health insurance coverages like the exclusion of those with pre-existing conditions and discrimination based upon gender. It extends the age that a child can remain under their parents Healthcare plans to the age of 26, which will directly affect college students. The act has the goal of ensuring that the approximately 47 million people, according to the census, are without coverage are provided with either cheap or even free health care. There have been issues with the health care website. Which is where people can go to apply for healthcare under the new Affordable Care Act provisions. The unenviable position, however,

bridge the gap between health insurance providers and costumers.

The goal of the marketplace is to not only make the process easier for those purchasing healthcare but to make the market more competitive.

Many had issues signing up the application process often ended in These two indicators were re- a conversation with customer ser-

> Oct. loading the website itself took eight to 12 seconds. At some points during the month, the system was operating at 40 percent. The problems left many wondering how something like this could happen to a government website. As with any website, time is crucial when talking about preparation, especially with a website that sees the traffic that "The Marketplace" has and will. We can look at that Oct. 1 release date as the possible reason behind the website blunders. Jaime Kretsch, specialist professor in the Department of Computer Science and Engineering said, "In my opinion any service or website with a stated purpose of serving the needs of others would be derelict in its duty if it failed in that goal." Kretsch continued, "This website was no exception, and it did not meet the needs of those who were relying on it. It was in the

website acts as a marketplace to where even if the problems were recognized in advance and the site wasn't released to the public by the stated deadline they would have still come under attack for not being ready on time. Thus, it was released, and problems ensued."

Kretsch pointed to good "project management." She continued, "Any large scale development effort should use software that tracks tasks to be completed and allows According to the LATimes in management to always know where they are in the process. As soon as the project management reports indicate that the project is in danger of not finishing on time, management should take extra steps to bring in more resources (programmers and/or testers) and step up other efforts to support those working on the project.





Gays and lesbians will be given work-place discrimination protec-

She continued, "I'd be reluctant to point to any single part of the development effort as being at fault, and again repeat that management of the project really held

all of the cards in their hands. If the contractor who was charged with building the site brought in extra resources to assist with the project early enough - whether that assistance was on the development or the testing side of things, the end result may have been totally different."

The President and staff have been in constant movement since the release. According to the administration claims many of the "bugs" have been fixed. Speaker of

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#### IMAGE TAKEN by Christopher Orlando

**Healthcare.gov**, the website associated with the Affordable Health Care Act, has had some technical glitches which are frustrating users.

the House John Boehner was even aid." able to apply for health insurance last week.

According to the White House, the system now operates at 90 percent and averages at half a second loading time.

Britney Wade, a junior communication major, said, "I like the idea of Obama-care and that the website has been revamped. I feel [the affordable care act and a working website] is beneficial to many people, including students. I have a few friends who do not have health insurance, so here's a way to make sure that they too receive had rough second terms."

Dr. Joseph Patten, Chair of the Political Science and Sociology Department said, "There are always implementation issues whenever government rolls out a big program.

Patten continued, "Some of these involving the webpage have obviously hurt President Obama's public approval numbers. However, there is some evidence that the rate of inflation on health care costs has slowed pretty dramatically as well. All two term presidents since Harry Truman have

## Seton Hall Law Professor Shows Students What a Law School Class Looks Like

#### JOSEPH FATTORUSSO CONTRIBUTING WRITER

Seton Hall Law professor, Ronald Riccio ran a mock law class for University students interested in learning how a class would be run on Tuesday, Nov. 19 in Young Auditorium.

Riccio is a law professor at Seton Hall and is a practicing lawyer from the law firm McElroy, Deutsch, Mulvaney and Carpenter.

Dylan Hankinson, a senior political science major attended the event and was impressed by Riccio. "After taking Dr. Bordelon's class and being exposed to this seminar I feel ready to go

## has been lifted."

He also said that another reason he felt ready for law school, was because of Bordelon's Media Law class, in which you go over almost all these cases, learn how to draft case dockets, and cover other types of law.

Dr. Gregory Bordelon, lecturer for the Political Science Sociology Department and said,"I wanted the students at Monmouth University to be exposed to the legal education which is different than an undergraduate experience, and Monmouth University has always had a good relationship

from Monmouth University," said Bordelon.

Hankinson said, "I expected Mr. Riccio to start throwing complicated terms at us, however everything he said for the most part I knew about and was able to follow on with the seminar, which was about First Amendment rights."

Riccio started off by explaining the first amendment as well as all of its subsections followed by Supreme Court Cases such as Texas v. Johnson, Schenck v. United States and Brandenburg v. Ohio.

The Texas v. Johnson case,

test and was released on First Amendment rights. The whole seminar class was this re-telling of cases and a back and forth conversation with Mr. Riccio about our thoughts on the case, how to think, act like a lawyer, and the difference between inferring and just looking at the evidence

If you are in the same situation as Hankinson was before the seminar and felt that law school was a major pipe dream, or felt nervous then Bordelon encourages students to meet with him.

established to help students ob- much more promising, she exwith Seton Hall, Seton Hall's involved a gentleman who burnt tain all the necessary informa-plained.

off to law school, and a weight strongest graduates have been the American Flag during a pro- tion and step by step instructions to taken the LSAT and applying to law school, it's a task that should not be done by one self, it is the department and university job to make sure that all students have succeeded in what ever field they have chosen."

Mimi Hung, assistant admission advisor for Seton Hall Law School, exclaimed at the seminar how she has not received as many admission applications over the past year and that it is a perfect time to apply to law school, especially since when you graduate three years from "The Pre-Law Program was now the job market will look

# Former Governor Christine Todd Whitman and Others Talk Glass Ceiling in University Women's Forum

#### Glass Ceiling continued from pg. 1

stagnant for the past two decades. Currently, the statistics Alitia Faccone prior to working state that women make about 77 cents to a man's dollars according an excellent job in making a very to Faccone.

Faccone talked comprehensively on the Equal Pay Act. Back in 1963, President John F. Kennedy signed the Equal Pay Act. This act made gender based discrimination illegal in the work force amongst men and women who did the same job for the same employer. Since women are still not paid the same as their counterparts, legislation has been proposed over the years to help balance the workforce.

landmark case that led the subsequent legislation. The Ledbetter v. Goodyear Tire & Rubber Co. was set in the New Jersey's Leg-Supreme Court case took place in islature; it did not matter if the 2006.

In this case, Lilly Ledbetter worked at Goodyear for 19 years. Over that time, she realized that she was consistently given low rankings in annual reviews and received low raises in comparison to other employees. Ledbetter sued Goodyear for gender her time as Governor. discrimination. She claimed that rights in the Civil Rights Act. tion in the state Governor's poin her favor.

her first paycheck.

first signed piece of legislation stressed the need to have women was the Lilly Ledbetter Fair Pay Act. He signed this on January 29, 2009, just days after his inauguration. This act "restored the protection against pay discrimination that was stripped away held the "women's seat" on all of by the Supreme Court's decision her public office boards. This opin Ledbetter v. Goodyear Tire & Rubber Co." Despite the bill becoming a law, there is still a huge loophole that prevents women from equal pay. The loophole entails that an employer has discretion for wage position as the female chief exdistribution on the basis on seniority, merit, or any other factor regardless of sex. Faccone also spoke about the proposed Paycheck Fairness Act. ing horizons for young women. She described that the act was proposed twice before Congress ed that America; "The Greatest and was rejected twice. This Act Democracy in the world" has yet would close the loopholes and to nominate a woman to the highstrengthen the incentives to prevent pay discrimination. This act was proposed again on Jan 23, more women involved but, "I was and competitive in order to get

this bill yet.

Reinhart said, "I had not met with her on this program. She did legal topic understandable to the audience of largely non-lawyers."

The next speaker was former New Jersey Governor Christie Todd Whitman. Whitman is the University's 2013-2014 Public Servant in Residence. She was the first woman Governor of New Jersey, serving from 1994 until 2001. Then, she was administrator of the Environmental Protection Agency (EPA) under George W. Bush from 2001 until 2003.

Whitman believed she was very Faccone then described the fortunate because she did not feel the agony of the wage gap. She stated that the Governor's wage Governor was a male or female, they held a public office, and their wages were the same.

Instead of focusing on the wage gap, Whitman focused on the women in leadership positions. She accomplished this feat by telling anecdotal stories about

Whitman discussed the aston-Goodyear violated her Title VII ishingly low female representa-However, the Court did not rule sition. Whitman said there have only been 36 female governors In a 5-4 ruling, the Court de- over the course of American hisclared that gender discrimina- tory. Today, there are only 6 fetion was time stamped. Ledbet- male governors. She highlighted ter would have had to file gender that with fewer women "running discrimination within 180 days of their states," there are less viewpoints to influence legislation President Barack Obama's for the constituents. Whitman present at the "table" in order to hear different views, add to the discussion, and make compromise a possible outcome. Whitman described that she portunity gave her experience of constantly dealing with all men. She was able to make them respect her and eventually follow her lead.

they are women. It's because they were qualified."

Dr. Joseph Patten, Chair of the Political Science and Sociology Department, said, "It is a real honor to have former Governor Christine Todd Whitman as our public servant in residence. The pay inequity issue was front and center in the 2012 campaign, and linked to Mitt Romney's 'binders of women' perceived gaffe."

Sherri String, senior vice presiden for Meridian Health, spoke about her experience as an established woman in the human resources field. Meridian Health is a non-profit organization in New Jersey. String is also the executive director of the Meridian Leadership Institute.

String also chose to tell stories about equalizing the pay gap. First, she described that health care is a predominantly a "women's field," but it was her passion. She was able to move up the corporate ladder. Due to her job, her family relocated numerous times. String commended her husband, who was in attendance at the forum for allowing her to follow her professional dreams.

String stated that women are not paid fairly in the work place, but it is not a sense of entitlement, everyone has to be a part in the solution. "Women need to learn to be sought after instead of trying to be sought." String continued, "Life isn't about finding yourself, its how you create yourself," said String.

Reinhart picked String to be a speaker for this forum. Reinhart Hovnanian Enterprises, Inc." stated, "I have known Sherrie String for a few years since she joined Meridian Health. I am on the Board of Trustees for Meridian Health and came to admire her work there." Kyle Hassling, a senior political science major stated, "It was interesting how the women who succeeded became the main breadwinner for their house and the husband took a backseat role to allow her to achieve." The next distinguished speaker was Robyn Mingle. Mingle is senior vice president and chief human resources officer for Xylem Inc., a large global water technology provider. Mingle also spent 14 years with The Black & Decker Corporation where she served on an oversea assignment in Singapore. Mingle described that she was always a trailblazer. She told nu-Whitman said she wanted to get merous stories of being ambitious

she applied to every open position in Baltimore and got rejected.

Finally, she received her job at The Black & Decker Corporation, after being rejected twice. She worked full time and attended college at night in order to better herself. She established at a young age that the only way to work her way up the corporate ladder was to take jobs that others did not want.

She explained that when she went overseas for her international work in Singapore, she wanted to be compensated. Mingle stated that women are afraid of to ask for higher compensation for their hard work. She stated, "Only you own your résumé, you own your choices.'

She also addressed women in the workplace "having it all." Mingle waited to get married and have children. Her career came first and she wanted to achieve at work before becoming a wife and mother. She described that each person is responsible for the choices they make and those choices affect their professional life. Mingle stated numerous time that she had no regrets and that her family was very accommodating to her ambitious professional career. Mingle declared, "I was solving the world's problems by day and coming home to play with princesses by night."

Reinhart added Mingle as a panelist. Reinhart stated "I have known Robyn Mingle for many years. I worked with Mingle when we were both senior executives at The last speaker was Seena Stein. Stein is a founding partner of the New Jersey office of Newmark Grubb Knight Frank. It is one of the world's leading commercial real estate advisory firms. Stein also has more than 30 years of experience in the commercial real estate industry and has been received prestigious awards in her field. Stein's story was filled with her personal experiences. When she was growing up, she was told that women were supposed to get married and have children. Stein had many trials in her life such as following her husband to college, having her first child at age 20 and was pregnant again at her graduation. She got divorced, before divorce was acceptable, and paid the price for doing so. Her mother stopped all communication with her for leaving her husband and became a working mother. Stein Moor.

2013. Neither house has voted on not appointing women because ahead. One story included when decided not to accept her husband's alimony. She married again and had another child but eventually was divorced again becoming her second husband did not believe she could have success on her own.

Stein described that businessmen hated her. They were not able to see a successful woman in the real estate business. Other women not so secretly wished she would fail; she was viewed as the single mother who left her husband and worked. She became the first commercial real estate agent in New Jersey, and finally married a man who accepted her ambitious life style.

Stein described that women are born with inner strength and are not content until they are equal to men. Now, she is the breadwinner for her her family. She described her husband's attitude by stating, "if all of our money goes into the same account, he does not mind if I make more than him."

Reinhart said Stein is a leader in the real estate field and a supporter and founding member of the Kislak Real Estate Institute on campus. "I have known Seena Stein for many years as one of the true leaders in the field of commercial real estate.'

Hasslinger stated, "I thought it was interesting seeing how with some of the women, wage inequality was not an issue; however, other women found it a major issue."

Patten said, "I thought the panelists did a great job at discussing gender pay inequities from a lot of interesting perspectives." Patten continued by stating, "There's a growing gap in politics between the parties because of gender." Reinhart said, "The forum went exceedingly well. I heard from a number of students that they felt empowered by hearing from these very successful businesswomen. That was definitely a goal of the Women's Forum - to allow our women students, and men, to hear from successful women and learn how to empower themselves." One student who felt empowered after the presentation was Kayla Moor, a sophomore political science major. "It was truly inspiring to hear five different women's struggles and success stories. They proved if one possesses inner passion and dedication even the toughest societal barriers are no excuse to be anything less than ordinary," said

Whitman explained that her ecutive had an extremely positive effect on the state. Parents would constantly tell her how inspiring she was, and that she was open-

However, Whitman highlightest position in the land.

# Indoor Activities for the Cold Winter Months

## KELLY HUGHES STAFF WRITER

The fall semester is rapidly coming to a halt, just like the fall weather has already done. The cold December weather has finally crept up on us, leaving any signs of anything over 50 degrees a distant memory. It is quite apparent that people tend to be more depressed and all around grumpier in the winter.

According to Web MD, those who face seasonal depression feel better when exposed to more light. Because the sun now sets around 5 pm, you may feel like the night just drags on. Between the cold run from the house to the car, scrambling to put on the heat, and having to walk around campus in below freezing temperatures, wintertime sadness is inevitable. During winter you are more prone to miss out on outdoor adventures, so you should make the most of your time indoors and fight off those winter blues. Here are a few ways in which you can do so.

Start scrapbooking. With social media sites taking over, almost all photographs are online. What happened to Kodak moments? Keeping track of your life on paper and printing out your most important memories could have a greater effect on you later in life. Sure, the Internet is awesome, but having a book full of memories to show your kids one day is pretty cool too. Be old fashioned. Stop refreshing your Facebook and Pinterest out of boredom, go get some scrap book crafts and begin your project. You'll be both surprised and impressed at your creative ability.

months ahead is to have a dinner party. If you want to be creative, make holiday themed invitations and pass them out to your friends. Suggest a dress code, whether it be dressy or casual, so that guests will stick to the theme of the night. If you live off campus, host a get together and make it pot luck style. This way, you won't be stuck cooking everything and everyone can bring a different dish to the table. This is a great alternative to going out to dinner, and you won't have to worry about the expensive prices and tip! It is also a simple way to have a mellow yet enjoyable night, which is perfect since finals are

coming up. Junior psychology major, Lindsey Pieschl, enjoys cooking with friends. She said, "I really like cooking; it's fun to create new dishes. It's both relaxing and rewarding to share what you have the ability to make with your friends.'

Staying active while indoors is important during the winter months. This doesn't mean going to the gym, although it is important to stay healthy during the winter months. Enjoying time with friends through recreational activities is possible, as there are many locations close to campus. The Jersey Shore Arena in Wall Township is 15 minutes from campus and has an ice skating rink and laser tag. You could use the skating rink or laser tag on a dull Saturday afternoon instead of laying around in your bed all day. Better yet, get a group of friends together, suggest both ice skating and laser tag and make a night of it. Garden State Rocks is that you can save for years to come.

climbing facility in Morganville, which is only twenty minutes from campus.

Senior software engineering major David Aviles goes to Garden State Rocks often. He said, "If you're looking for an adrenaline rush, go here. I enjoy the challenge of figuring out the rocks and pushing my body to the max. After each ascent, I feel such a rush from making it to the top. Since I'm in the outdoors club here, I bring new

Another way to enjoy the cold another option. It is an indoor rock members to Garden State Rocks to show them the ropes, literally."

Nutrition professor Amanda Enright had another suggestion for indoor entertainment. She said, "The gym I teach at, CKO Kickboxing, is the perfect indoor activity. You work out on heavy bags and learn punches and kicks while also working on strength, flexibility, and cardio fitness. You can burn up to 1,200 calories in a single one hour class. We get tons of students from the University, and some even work

as trainers. First class is free and we offer student discounts."

These are just a few of a number of ways to fight off winter boredom and blues. Just because the weather is frigid and the sky is dark by dinner time, that doesn't mean you can't make the most of your winter free time. There are plenty of things to do as long as you get creative and adventurous. While cold weather means you can't go outside as much, it also means you can take advantage of indoor fun.



PHOTO TAKEN from joyatee.blogspot.com Scrapbooking is a fun way to entertain yourself during the cold months while documenting memories

# The "Freshman 15" Can Extend Past Freshman Year

#### **RAVEN BRUNSON** SOCIAL MEDIA MANAGER

The Freshman 15 weight gain can be caused due to lifestyle changes during any period in time, not just during college years. With the holidays approaching, it is easy to get caught up in the sweetness of it all, but it is important to consider how this will affect your health in the future.

Experts agree, freshman year is when so many lifestyle that in order to avoid the freshchanges occur that can contribute to weight gain when entering the new realm of college life. For example, late nights, take-out food, drinking, high stress, lack of sleep, large workloads, living on your own, and malnutrition are just some of the factors that encourage the scales to tip a little too much.

However, even though your

Whether it is staying at the office or the bar too late, experts agree that your body needs a chance to recharge.

Nanci Hellmich of USA Today explains that scientists have found that sleep deprivation increases levels of a hunger hormone and decreases levels of a hormone that makes you feel full. The effects may lead to overeating and weight gain.

Brian Miller of CNN suggests man 15 dorm rooms should be free of junk food, but this also is good advice for any residence where weight gain is unwanted. Senior management and mar-

said, "I'm sitting here eating Cheetos at 10:27 am and I'm a senior. I would have to agree that weight gain is determined by the choices you make and the way you live your life."

Experts claim that watching what you are eating can determine which side the scale tips to. Unhealthy options are always available, whether it is at the school cafeteria or on your lunch break from work when you are no longer a student. Even though you may be home for break, your usual Ramen noodles and chips may only be replaced with different kinds of unhealthy foods. During

but it catches up soon enough. keting major, Kaitlyn Cassidy the holidays, dishes like stuff- Patricia Fontaine explained ing, potatoes, cakes and pies are in abundance. These may seem tempting, but you will notice the consequences later. Of course, you can enjoy some of these choices in the spirit of celebration, but avoid taking it too far. Health nuts agree that the healthy options may be more difficult to find, but in the end they are more favorable. You may want to reconsider passing up the vegetable platter and sweet potatoes.

While on campus, the Dining Hall may seem like the only option. However, some people have ulterior motives for going. Senior health studies major why she goes to the Dining Hall.She said,"Eating is a social event, so I ate more to make more friends."

Even though you may be finding yourself making more than one trip to the dining hall daily, you should always consider the health options, like fruit, vegetables, and the salad bar, that it has to offer.

The holidays are another reason to eat socially, but make sure you are aware of the healthy options available at the dinner table.

With the holiday season also comes consumption of alcohol. Lead researcher of the Eating Behaviors study, Sherrie Delinsky said, "Not only does alcohol contain a lot of calories, but people also make poor food choices when they're under the influence.



freshman year is over, you may not be in the clear. If you are continuing to make poor eating choices, this can turn into a vicious cycle.

Speaking of scales tipping, Thanksgiving just passed, and now more holidays are coming up. This means that many people will be indulging in high-caloric foods, drinks, and desserts on more than one occasion. Imagine eating and drinking as you do during the holiday seasons, but picture that as an everyday occurrence. Of course you would see a difference in the way your pants fit. There is a time to indulge and there is a time not to, and moderation is key when it comes to this.

Eating is one factor that can affect your health, but there are also others such as a lack of sleep. You may not notice right away the damage that staying up too late can cause,

PHOTO TAKEN from getfityou.com Holiday food is tempting, but loaded with fat, sugar, and calories that will add up over time.

Liquid calories should also be considered. They hide in many drink choices, especially alcohol and soft drinks. Not only does alcohol contain a lot of calories, but so do the mixers that get combined with it. Soda, juice, and even iced tea are packed with calories, sugar and carbohydrates. Whether you are drinking beer, wine, or egg nog during this holiday season, keep in mind that calories also reside in liquid.

It is obvious that there is a time to indulge and a time to be conscious of what you are consuming. Having your holiday gorging habits transfer over to everyday life would be a dangerous lifestyle change. Enjoy the holiday drinks and desserts, but don't let it become a daily habit. Whether in college or in the real world, experts say lifestyle changes could be to blame for weight gain.



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# FIFEY YEARS OF FLYING THRONGH TIME and Space "Doctor Who" Celebrates 50th Anniversary with Special Episode

## WILL BRUCELLA CONTRIBUTING WRITER

Television's longest running sci-fi adventure series, "Doc-Anniversary this past weekend in a special episode to commemorate the occasion.

land in 1963 and ran consis-1989. The show kept going by having the main character, the Doctor, regenerate every time he died, allowing a new actor Finally, in 2005, the show was from Queen Elizabeth I. brought back and welcomed themselves).

pm. It was definitely worth a Saturday afternoon. "The Day England, circa 1550. of the Doctor" brings back time and space.

will impact him for the rest forgets." of his life: the destruction of Time Lord race.

to provide judgment for the deployment of the device.

tor Who" celebrated its 50th device, "Do you want to see what that will turn you into?" In order to show the Doctor who he will become, she creates a The series started in Eng- rip in the fabric of reality, linking the Doctor to his future renant) and Eleven (Matt Smith).

Meanwhile, the Eleventh Doctor and Clara (Jenna Louise Coleman) are in present day to take over the role. A 1996 London where they are summade-for-television movie at- moned by UNIT to investigate tempted to revive the series some mysterious time lord art but didn't see much success. pieces at a long awaited request

However, while investigating into the lives of a whole new a specific piece, titled "Galifrey generation of fans (or Who- Falls," a time portal is opened vians, as they like to call connecting the Eleventh Doctor with the Tenth (who happens to BBC America aired the spe- be with Queen Elizabeth I). The cial at the same time England two team up to stop an alien was broadcasting it, which species, known as the Zygones, allowed fans to watch at 2:50 from taking over the world as they invade the future from

The three Doctors are then some familiar faces in what brought to each other where may be one of the Doctor's both Ten and Eleven are forced greatest adventures through to have a confrontation they never dreamed imaginable. The During the last day of the interface tells the Doctor, "This Time War, the Doctor (John is who you become: the man Hurt), faces a decision that who regrets and the man who

'The Day of the Doctor" was his home planet as well as the an incredible "Doctor Who" special. Smith, Tennant, and After the Doctor steals the Hurt all did an amazing job in universe's most destructive their portrayal of the Doctor.

Girl (Billie Piper) in an attempt were able to convince us that Even John Hurt's addition to three Doctors. we were looking at one Doctor the mixture was very well done. The ending was also very in different forms. It was defidoctor before he activates the the special. Although this was nothing new, it was the first time that the series reboot has brought past regenerations together.

I found the 50th Anniversary to be awesome. I'll admit tently until cancellation in generations of Ten (David Ten- I had some hesitations about it at first, but I found the plot to be very well-written, especially the interaction of the three Doctors. As a huge David Tennant fan, I was thrilled he was being brought back to reprise the role of the Tenth Doctor. Both character in their unique styles. on her and Ten, rather than the

The interface challenges the nitely one of the strengths to were the Zygones. I would have much rather seen a familiar villain for the 50th special away from all these years from rather than a new one that really wasn't all that interesting. However, it still worked for the or forgetting altogether. Howplot.

At first, I was very disappointed that Billie Piper was not portraying the actual character of Rose Tyler, a fan favorite who appeared in the first two seasons of the new series, but instead was just a system interface. Yet after the episode, I think it made more sense not he and Matt Smith did an amaz- to have Rose. The whole epiing job of portraying the same sode would've been focused an issue with this premise as



PHOTO TAKEN from missbilliepiper.com

and powerful weapon, the Mo- While each regeneration has a Billie Piper returned to "Doctor Who" not as her beloved character, ment, the interface system ap- unique style they bring to the Rose Tyler, but instead as a computer interface, while John Hurt appeared pears in the form of Bad Wolf Doctor's personality, they all as a new incarnation of the Doctor, known as The War Doctor.

show with a new direction. The Doctor has been running his past, trying to either make amends all over the universe. ever, after joining together with his past and future regenerations (giving fans their first glimpse of Peter Capaldi as the thirteenth Doctor), the Doctor has saved his home planet, instead of destroying it. Rather than running away, he now has something to look forward to: going home.

Some fans might have had it could imply the show drawing to a close, but if anything, it has just secured a new plot/ storyline for another 50 years. All the adventures the Doctor now takes are in anticipation of one day finding his home and restoring it to the universe.

Along with some other fa-miliar "Doctor Who" faces, ongoing jokes and some continuity references, the 50th Anniversary special will definitely be a fan favorite. Whether you are a fan of the original series or perhaps an even more recent and younger one, the episode has something for fans of all ages that will be sure to please. The Doctor will return on Christmas Day in a Christmas special, "The Time of the Doctor," where fans will say goodbye to Matt Smith and welcome Peter Capaldi as the thirteenth regeneration of the Doctor.

# "The Hunger Games: Catching Fire" Lights a Spark at the Box Office

#### NICOLE MASSABROOK ENTERTAINMENT EDITOR

Games: Catching Fire" had the largest Thanksgiving box office on record, earning over \$110 Peeta (Josh Hutcherson) have million from Wednesday to settled into their new mansions Sunday. The movie got into re- in Victor's Village after mancord books, but did it stay true aging to win The 74th Annual to the book that it is adapted Hunger Games. from? I'm a book lover, which Every once in a while, though, face the families of those they there is an adaptation like "The killed in the Games. They see Hunger Games: Catching Fire" the people revolting against the

from page to screen.

"Catching Fire" starts just This weekend, "The Hunger a little while after the credits rolled in the first movie. Katniss (Jennifer Lawrence) and

often makes me hate movies, tory tour where they have to

putting forth her best effort to pretend she supports President Snow (Donald Sutherland) and the government in the Capitol.

This is where "The Hunger Games" really shines as They head out on their vic- protect the people she loves. in this film, more so than in Even the costumes were amaz-Snow knows that the people see Katniss as a symbol of revolution though. So he wants to figure out a good way to kill her. Thus, The 75th Annual Hunger Games puts only previous winners in the competition. This introduces us to fun new characters like Johanna Mason (Jena Malone) and Finnick Odair (Sam Claflin). Johanna is sassy and angry, as she is in the books. Malone is a great choice, and the added scene of Johanna cursing out the Capitol in her interview was gold. I'm not one to enjoy additions not from the book, but it is absolutely perfect. The added scenes of Snow watching his granddaughter watch Katniss and Peeta are also great additions. Showing the heartless villain as a doting grandpa seriously gave me the creeps and made me even more afraid of Snow. It also conveys

that makes a perfect transition government, despite Katniss becoming. She isn't just a polit- Gale (Liam Hemsworth). It ical figure, but she is a celebrity (and let's face it, celebrities are often more influential than political figures). Little girls copy her hair and want her love story. a movie and book series. Kat- Jennifer Lawrence is fantastic, about political uprising and a niss does not try to be a hero as are all the other returning or lead a revolution against the cast members. Elizabeth Banks government. She just wants to really shines as Effie Trinket when there is so much to like.

adds to the love triangle story in a way that's entirely unnecessary. This isn't a movie about a love triangle (despite what reporters make interviews with It goes without saying that the actors look like). It's a film dictatorship.

Though it's hard to complain ing. They clearly upped the budget for this film because they look fantastic. First of all, I want Katniss' victory tour clothing. Katniss' clothing was always an important part of the books. Her clothing usually represents something. In the first film, she wore a lot of girly dresses to make her seem sweet and likable (Katniss has some attitude problems). Cinna (Lenny Kravitz) designed clothing that made Katniss catch the eye of every sponsor and viewer. Trish Summerville did an amazing job designing for the film. She's a real-life Cinna. This is the rare film that is both a great page-to-screen adaptation and a sequel that is even better than its predecessor. It isn't surprising that "The Hunger Games: Catching Fire" is breaking box office records. More importantly, it's well deserved.



PHOTO TAKEN jeffreyklyles.files.wordpress.com Peeta, Effie and Katniss are all disturbed when a twist is announced regarding the next Hunger Games.

the first. Now Effie isn't just some PR woman sent in by the Capitol. She knows Katniss and Peeta, and she is clearly distraught by the idea of sending her winners back into battle. There are so many people trying to stay strong and watching Effie break a little really makes the reality clear: No one wins in "The Hunger Games."

A change of directors also helped "Catching Fire" succeed. Francis Lawrence was a welcome change from Gary Ross (though Ross was by no means a bad director). While the first film had a lot of shaky camera work to convey the fear and intensity of the Games, this movie keeps the shots steady. It's a welcome change. I'd rather actually see the action than just feel disoriented and see the aftermath of the fight scene.

My only complaint is that there were added kisses bejust how influential Katniss is tween Katniss and her friend

## RIC DR JO

#### NICOLE MASSABROOK ENTERTAINMENT EDITOR

On Friday Nov. 22, audiences filed into Pollak Theater to see Josh Ritter. First, however, was opening act Natalie Zeller. Zeller, a sophomore, played a 45 minute set to open for the distinguished singer/songwriter.

Zeller walked onstage with her acoustic guitar and a smile. She said, "I'm so honored to be here. I was going to be here anyway tonight to see Josh Ritter, so this worked out.'

The music industry major first sang a song called "Bipo-lar" and said, "Sing along if you know it." Zeller definitely had some fans there as audience members were heard singing along to the track (which was featured on the first Blue Hawk Records compilation CD).

Zeller really liked audience participation. She asked audience members to clap with the beat many times over the night. It kept concert goers interested, even if they weren't familiar with her music.

The Blue Hawk Records artist also played a song that is on the newest compilation from chord (a piano-like instrument). the record label. Zeller talked to the audience about record- he cracked a few jokes about Check out monmouth.edu/ ing "Twisted," a long process. Pollak's architecture. "This arts for info on upcoming con-She said, "It was 10 and a half theater was built to look like the certs on campus.

hours in the studio, but I'm not inside of a Starship Enterprise. complaining at all." The compilation CD came out Dec. 2 on iTunes.

While many of Zeller's peers were in the audience, the majority of concert goers were unfamiliar with her music. Audience members seemed to be impressed with Zeller's performance. "I thought she was really great," Kelsey King said, an attendee from Medford, NJ.

Tim Rumef, a concert goer from Bucks County, PA, agreed. "She has a really nice voice," he said.

Both came for Josh Ritter, though. King has been a fan for over 10 years and said, "I thought it was sublime, really wonderful. I think just his attitude is incredible."

Zeller's bubbly, outgoing presence complimented Ritter's more reserved, but equally upbeat personality. Her laidback, acoustic music also went well with Ritter's folk rock sound.

Ritter played for almost two hours and was accompanied by Zachariah Hickman. While Ritter stuck to his acoustic guitar, Hickman moved between the guitar, upright bass and harpsi-

In fact, we're flying," he said. The audience was dead silent

when Ritter played, but they were loud every time he finished. Ritter even played a song without a microphone and his voice could be heard perfectly throughout Pollak. Applause and hollering went on for a while after most songs. Ritter didn't even introduce the majority of his songs. It was clear that he was playing to a fanbase that was very familiar with is work. At the end of the night, Ritter received a standing ovation until he came back out for an encore.

Ritter was very generous with his spotlight. In addition to letting Zeller open the show, he let his accompanist, Hickman, close the show. Hickman played a funny song called "Where's the Dancing?" The song was about him attending a Mennonite Prom, and it was a great note to end the show on.

An official release party for the Blue Hawk Records compilation album will happen on Wednesday Dec. 4 in Plangere from 2-4 pm. The album is available on iTunes now, as is Josh Ritter's most recent re-Ritter was mostly quiet, but lease, "The Beast in its Tracks."

Check out monmouth.edu/



PHOTO TAKEN facebook.com

Natalie Zeller is a member of Blue Hawk Records, the University's record label, and The Music Alliance, a club dedicated to giving members real-world experience in the music industry.

# The Best and Worst of 2013 Pop Music Peter Quinton Evaluates The Current State of Top 40 Radio

#### PETER QUINTON STAFF WRITER

There's a certain realm which exists in the world of music that both fascinates and disturbs me not talking about niche stations or college radio (Go WMCX!), I'm talking about common, Top 40 playing, comes-in-crystal-clearno-matter-where-you're-driving radio.

My relationship with the radio Tie" and "Mirrors" is an odd one, as no matter what, my stance is never set in stone with it. Every year is the same: I hear a few songs that make me I hear many, many more that make me want to file a restraining order. When will it end?

er year ends, let's review the top 5 former or the show-stopping arena-

top 5 reasons why I mostly loathe it. Keep in mind for a song to make either list, it must have had significant radio play on Top 40 stations this year, so not every song from a popa realm known as the radio. I'm ular artist will count (sorry Kanye, you're still the man, though!).

Also, I decree there will be no Miley Cyrus on either list. That's just too easy.

#### Top 5 Best Pop Songs

1) Justin Timberlake – "Suit &

So O.K., a tie for number one seems like a cop-out (and it is), but seriously, how do you deny one of the biggest pop stars of all time think we can be friends, and then coming back out of nowhere and dominating the pop charts and radio with not one - but two - stellar hits. Especially when these hits, whether Not in 2013, certainly. As anoth- it be the ballroom glitter soul of the

out so defiantly against anything else out there. JT, I tip my fedora to you (just kidding, I would never own one of those). 2) Daft Punk – "Get Lucky"

You really have to give it up for these guys. After eight years of silence, the timing couldn't have been more perfect for Daft Punk to dominate the current EDM friendly landscape with an electro-house classic, but the duo instead pulled a fast one releasing this modern disco-funk classic. But with Pharrell's soulful croon, an insanely infectious chorus, and a groove that just won't quit, the legendary bots dominated anyhow with more style and grace than anyone else.

3) Drake - "Hold On, We're Going Home"

"Hold On, We're Going Home" isn't the best song on Drake's lathit. It's hard not to understand why Drake's pining voice has never sounded better, and the song is as romantic as it is infectious. But nothing else on the radio even comes close to the soulfulness Drake exudes on this track, as it feels more at place on a 60's Motown record than on modern pop radio. If somebody told me Drake was the new Marvin Gaye with this track his "Sexual Healing," I couldn't bring myself to disagree. 4) Calvin Harris - "Sweet Nothing" (feat. Florence Welch) The seas of predictable EDM pop have risen so high this year that we can barely keep our noses above water, but thankfully Calvin Harris provided a barge with this fiery track. On its surface, "Sweet Nothing" doesn't do too much to stand out – it follows the typical crescendo-ing blueprint of modern dance pop - but one distinct element makes it erupt: Welch. I'm not a

but Welch owns this track and raises it to new heights of splendor, giving it an undeniably classic feel while keeping it squarely in the "now."

5) Lady Gaga – "Applause"

It's no secret that "Applause" isn't anything particularly special in Lady Gaga's lineage of pop megahits, but there's no denying it gets the job done regardless. There's not much else to stay about this one really except that it's just Gaga at her Gaga-est - energetic, eccentric, and crowd pleasing to the bone. It's not one of the most remarkable pop songs from this year, but it's still as pleasantly enjoyable as most of Gaga's work.

Top 5 Worst Pop Songs 1) Pink – "Just Give Me a Reason" (feat. Nate Ruess)

I don't think there's a single pop artist that's as offensively faceless est album, the mesmerizing "Noth- and artless these days as Pink (exing Was the Same," but it was cer- cuse me, P!nk), as every song she Faux-Indie Superstar of the Year," tainly destined to be the biggest releases these days seems to just and while last year saw artists like be directly copying current trends. And what was her half-baked attempt at eeking her way into radio overexposure this year? Basically accosting the dude from Fun. (who we got more than enough of last year) and basically making a Fun. song, only with the twice the melodrama and even less the originality. As long as Pink keeps getting her nauseating pop garbage on the radio somehow, I fear me and pop radio will never truly get along. 2) Anything with Pitbull in it this year...and ever We can keep spraying for him all we want, but this roach of a pop rapper will just keep finding his way back on the radio in DROVES. Whether it's one of his own grating party-rap duds off his latest album "Global Warming" or one of the countless features he's done for artists like Ke\$ha and Flo Rida, this snarky bad pick-up line in a suit just continues to suck the life out of pop

reasons why I love pop radio and the pop of the latter, manage to stand huge Florence & The Machine fan, music like a leech. I swear if I hear "Dalé!" one more time.....!"

3) Maroon 5 - "Love Somebody"

It's almost impossible for me to say the name "Maroon 5" without a long, dismayed groan following it, as every song they release just proves to be more vapid and mindnumbing than the next. And with this bloated piece of milquetoast pop balladry having an unstoppable radio presence, I'm all the more convinced that Maroon 5 doesn't make music as much as consumable products meant solely to generate profit for record companies. "Love Somebody" is as faceless and uninspired as pop music gets, and I'm sure Adam Levine & Co. are thrilled about that.

4) Passenger -- "Let Her Go"

Every year, I'm always thrilled to give out the esteemed award for "Vomit-Inducing Melodramatic Mumford & Sons, The Lumineers, and Ed Sheeran clawing at each other for the prize, this year is a no brainer, as Passenger steals the crown with his empty, sappy lyrics, excruciatingly wimpy voice, and this feverishly annoving diddy of his. Congratulations Passenger, please accept this wreathe lined with suspenders and banjo strings as your reward!



PHOTO TAKEN tumblr.com Adam Levine and Justin Timberlake (left to right) are both big hits on Top 40 radio, but they ended up on different sides of this list.

5) Lana Del Rey - "Summertime Sadness'

Lana Del Rey, with her Nancy Sinatra-wannabe voice and cheaply sentimental songs, was already annoying well before this remix of a track from last year's insipid "Born To Die" barged its way into the mainstream. But with this alltoo-generic dance remix clogging up the Top 40 airwaves, Miss Del Rey has officially become a pervasive entity in my life - which effectively makes my life worse. Good job, LDR!

# Going Home for the Holidays

#### WESLEY BROOKS STAFF WRITER

A long semester will soon come to an end and students are eager to go home and celebrate "the most wonderful time of the year" with family and friends. There are some great traditions many are looking forward to this season.

This week, Wilson Hall is transforming into a magical and festive holiday display, meaning that winter break is quickly approaching for students, staff and employees. For Michelle Bacchetta, a freshman, this is the one time of year where the entire family is together because everyone was away at college. "I can't wait to spend time with my family, my sister and [my] boyfriend. This will be the first time since the summer everyone is together."

For Lexi Swatt, a freshman, both Christmas and New Year's Eve bring special traditions. "I'm most excited to go home to spend time with my family and my close friends. On Christmas Eve, my whole family comes to my house for dinner and presents, and on a larger amount of time off to be New Year's Eve I spend the whole day with my group of girlfriends and then meet up with other friends to watch the ball drop," she said. This will also be Swatt's granted.

first time home for the semester.

Annie Siegel, a freshman, explained, "This will be the first winter break I have had where I do not have to worry about any schoolwork and can enjoy the holidays." While high schools give a break, at least a moderate amount of work is assigned over the week and students are expected to have completed it upon their return to school. This makes many students excited for college because they are able to fully enjoy this time of year without the pressures of schoolwork and upcoming tests right after the New Year.

Some have very special traditions they are looking forward to. Dr. Michael Phillips Anderson, assistant professor of communication, can't wait to take a trip out of NJ. "I am looking forward to taking my wife and fiveyear-old daughter to Washington DC and can't wait to spend time on this special trip. [I] look forward to it each year," said Phillips Anderson. This is one of the few breaks other than the summer where teachers and staff get able to take trips like this. Teaching and grading require a significant amount of commitment as well and sometimes get taken for

Kaitlyn Mazzeo, a junior, has a special tradition she has done for many years. "I go to this place in East Brunswick. It's a house that is decorated beautifully for Christmas. My mom grew up in the house next door so I have been doing that since I was born," said Mazzeo.

These traditions never get old for most people. The holiday break is a special time for family and friends to get together and reunite after a semester of hard work and being long distances from one another. It can be emotional to return home because of this and the time constraints placed on college students. Work and school activities make it difficult for people to get together. The holidays are a great time to catch up and share the new and exciting things that have come up since the last meeting or during the year.

The winter break does not only mean a month off from school, but is a time for everyone to reflect on the year and share special holiday memories with one another that only occur once a year. Being a college student, particularly for the first time makes this extra special, especially if one lives far away.



Three students get in the Christmas spirit by playing the part of Santa and his elves at their job back at home.

# YouTube to the Top

#### JESSICA DEIGERT CONTRIBUTING WRITER

The role that media can play in an artist's success is very prominent these days. In an instant a video of somebody performing can be uploaded onto the internet and anybody can see. If seen by the right amount of people or the right people, then a musical career can be right around the corner.

great way to enhance a musician's career. Anybody can see and you never know who's watching," said a sophomore, Alex Rivera.

YouTube began in 2005 as a video uploading service and has since been home to millions of videos. Videos can range from showcasing talents, media clips and even to video blogs. As the site grew, musicians began to upload videos of themselves or their bands performing music. For a few lucky musicians, YouTube gave them their start in the music industry.

tion to date is teenage pop sen- sometime soon.

manager Scooter Braun through videos that his mother uploaded of him singing on YouTube. Within two years, he had already signed a record contract with R&B artist Usher and had his debut album My World debut at number six on the Billboard charts. Three hit albums, a successful 3D movie, world tours and two Grammy nominations later, Bieber is currently work-"I think that the Internet is a ing on his fourth album, still on top of his game.

Pop music seems to have a huge calling on YouTube, not just with Bieber, but with others including pop duo, Karmin. In 2011, the musical fiancés Amy Heidemann and Nick Noonan uploaded their cover of Chris Brown's "Look at Me Now", which quickly went viral. They were invited to perform on talk and radio shows, including On Air with Ryan Seacrest and were signed by Epic Records. Their first single, "Brokenhearted" went platinum and they now have their second

Bieber was discovered by talent hits from YouTube fame. Their music video counterparts have a huge role as well. This past year, Norwegian comedy duo Ylvis released "The Fox (What Does the Fox Say?)" as a joke for their audience on their talk show. It went internationally viral and the brother duo has since appeared on numerous media outlets around the globe performing the catchy tune, fox garments and all. This notoriety has also sparked a children's book, which will be released on Dec. 10 and is entitled "What Does the Fox Say?

Another YouTube success story comes in the form of South Korean pop sensation Psy. In 2012, his music video for the song "Gangnam Style" blew up the Internet and came with a dance craze that swept the nation. It became the first YouTube video to reach one billion views and is the most watched video on the site of all time. The song garnered radio airplay and even went platinum in single sales. Psy himself was The biggest YouTube sensa- album, Pulses which is due out invited all over the world to perform his hit song and his next single, "Gentleman" is currently the most viewed video of 2013 on YouTube. "YouTube makes it so easy to get your name out there. If I was a musician, then that would be my first stop," said junior Amanda Saginor. Lori Lichter, Student Development Counselor at the Center for Student Success, doesn't believe in rising to fame via YouTube. "I don't think it's that great. I am actually a fairly private person, and I don't like getting anything out there on YouTube," said Lichter. The vast abilities from the Internet are endless these days. One day you can be a struggling musician and by the end of the week, you could be a viral sensation. One upload can garner tremendous success. YouTube fame not only has skyrocketed many to notoriety, but it now gives others hope for the same thing with just one click.

# To Italy and Back: A Study Abroad Experience

#### CASEY ALLOCCO CONTRIBUTING WRITER

These words have been my response to every single person that has asked me about my trip to Italy, "Amazing, I loved it." They sit there, and wait for a better answer, but how can someone possibly sum up the most remarkable month of his or her entire life?

When people told me I would want to go back the second I got home, it was an understatement. Even my dreams when I got home were taking place in Florence. It truly became our home while we were there, and it was only for a month.

I never thought I could adapt to a lifestyle so easily and love every second of it. From the hottest nights trying to sleep, to catching lizards in our room, to hanging our clothes out to dry, it was all worth the view of Piazza del Mercato and the Duomo in the distance from our window.

the top of the tower in Florence, and overlooked the city at Piazza Michelangelo.

Robyn Asaro, Assistant Director of Study Abroad, said, "Studying abroad creates happy and grateful people. Students are proud that they had the insight not to miss out on this experience. They realize that these college years may be the one chance to live and learn abroad for a length of time."

A junior, Ariana Tepedino, also studied in Italy through the University. "Trying to encompass all the wonder and excitement study abroad gave me is like trying to find a needle in a hay stack: utterly impossible," said Tepedino. "I never thought of myself as near-sighted or naïve, but study abroad opened my eyes to the beauty and splendor the world has to offer. I departed as a shallow and insipid sophomore, and returned as an explorer; as an individual who yearned for the culture and history of foreign lands."

On the water of Venice and in the Idon't think anybody knows what midst of tourists in the history of it means to appreciate the world un- Rome, in the waterfalls of Krka, I til you're on top of it. In the peak of never failed to think, "I'm on top of my life I hiked the tallest mountains the world." Everyone probably has a in Cinque Terre, dangled in a chair different idea of what they consider to the top of Anacapri, bussed to the the top to be, but you won't find out highest roads in Croatia, climbed to until you get to it yourself, and I did.

sation, Justin Bieber. In 2007, Songs aren't the only mega-

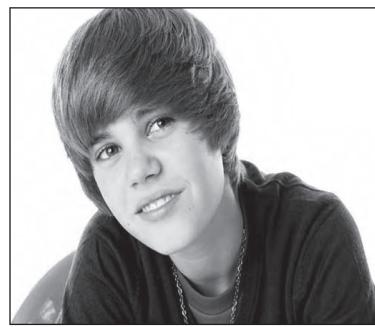


IMAGE TAKEN from nydailynews.com YouTube provides a platform for many young artists such as Justin Beiber to be discovered and rise to fame.



PHOTO COURTESY of Casey Allocco A student who traveled to Italy with the University shares her study abroad experience.

# The Harmful Effects of E-Waste Around the Globe

## RYAN KINGHORN CONTRIBUTING WRITER

As college students, we use electronic devices for just about in the garbage, we rarely think everything we do. We watch our favorite shows on television other people and the environevery day; we hop on our laptop ment. In millions of cases, the Health Perspectives, items conevery few hours to work on assignments, and just about every one of us uses a cell phone. But neglect and unawareness as it laptops, monitors, cell phones,

or damaged and new items are purchased, where do they go?

When we throw these items about how we are impacting poorest parts of Africa and

tronic waste.

Electronic waste, or e-waste, consists of any electronic device, either new or old, that has been thrown away. According to the Journal of Environmental sidered to be e-waste include South Asia get the brunt of our televisions, desktop computers,



Electronic waste such as old cell phones and computers can be toxic and harmful to the environment nationally and globally.

printers, copiers, chargers, and other items of this nature.

When we think about how much technology has grown in the past decade and how many people have several of these items, we forget that when it is thrown away it all has to go somewhere. The Journal of Environmental Health Perspectives also estimates that over 250,000 metric tons of e-waste illegally enters African countries every year.

You, me, and everyone around us have been individually contributing to this issue and we don't even know it. When e-waste is transported into countries such as Lagos and cities such as Bengaluru, and Guiyu, these e-waste products are dumped onto beaches and remote areas to be picked apart by teenage workers, sometimes even small children.

Small pieces within the items can be worth money to these areas, but they typically have very harmful health effects. Toxic chemicals such as lead and mercury are found in the products that these children are touching. When they touch these harmful chemicals and later eat without washing their hands, it can have serious adverse health effects.

When all of the pieces and wires are picked apart for a few valuable pieces, the rest of the waste gets thrown into a pile and incinerated, causing smoke and flames containing deadly chemicals to pollute their environment and cause serious breathing problems and health issues for people residing in these communities.

The saddest part of this issue is that we in the U.S. are one of the worst contributors. For the country that produces and sells so many electronic products on a daily basis and a society that lives for the next popular gadget, only 18 percent of e-waste is properly recycled in our away. All items will be properly country according to the Jour- recycled and help make a small nal of Environmental Health dent in the fight to decrease the Perspectives. As a nation, we illegal transporting of e-waste.

when items become outdated pertains to the harms of elec- keyboards, computer mice, throw out 350,000 cell phones and 130,000 computers every single day according to Bryan Walsh of Time Magazine. Numbers like these are difficult to even fathom, especially if you know where everything is going and whom it is affecting.

When asked about what electronic waste is, several University students had an idea of what it is but did not know any of the side effects. A junior, Joseph Raccuglia, said, "I think it's like old, worn out computers and cell phones and things of that nature."

A junior communication major, Anna Mikalauskas, said, "I really had no idea how much damage was being done. I know there have been times where my family threw out items like this. Now knowing how serious of an issue it is, we will definitely be more careful in the future.'

Dr. Chris Hirschler, Assistant Professor of Health and Physical Education, believes we can be more conscious about what we throw away. "All one has to do is Google 'e-waste collection sites in Monmouth County' and they will find about 60 locations. Recycling is very important and it's easy, but the first part of 'Reduce, Reuse, Recycle" is the most important," said Hirschler.

So what can you do to help with this issue and do your part? It's actually very simple. One option is to visit e-stewards.org to find your local recycling center that accepts electronic waste and disposes of it properly. Another useful source of information is state.nj.us/dep/dshw/ ewaste to find laws and more details about recycling e-waste.

The best thing you can do is contribute to the cause on our own campus. There will be designated places in the student center and dining hall where students and faculty can bring in old electronics from home that they are not using or plan on throwing

# What Not to Wear: College Edition How to Dress for Success When Going on Interviews for Jobs or Internships

#### VICTORIA KEENAN STAFF WRITER

There comes a time in every make their way into the working world. Maybe you're looking for your first job to get you off the ground towards your career what the office wear is, ask the goals. Maybe you're looking for the job you plan to stay in for the rest of your life. Regardless, this is a scary time for everyone. Sure, you might have a great GPA. You might have been a part of Greek life. You might have all the experience and credentials the world has to offer. But what if you don't look the part? That's when you really need to worry. Considering most of my knowledge of fashion comes from my years as a retail worker, as well as watching countless hours of "Sex And The City," I figured some of my choices could probably be a little questionable. Sure, my retail work might be able to carry me a little, but working in boutiques and working in a corporate office are different.

if you have any questions about thing colorful yet tasteful, you

nated tie, dark colored socks, and in to show that you are unique," isn't true. Only in a perfect world part will not only make a great dress shoes. Women should also she said. Ali added, "Of course, I would such things be acceptable. first impression, it will show that wear a coordinated shirt, have would wear something appropri- I once read, "You can never be neatly manicured hands, limited ate, but I would add something overdressed or undereducated," student's life when they have to jewelry and makeup, and sen- that was in season, like a blazer and I would like to believe those to get a job is stressful enough, sible shoes. Of course, not every or a scarf for fall, to complete the are two thoughts to take with you why add stress by not knowing job has the same dress code, so outfit. I think if you wear some- to any interview. Dressing the what to wear?

you are serious about yourself and about what you want. Trying

For both men and women, solid colors are the safest bet and conservative suits are the runner up. Men should wear a coordi-

person interviewing you. If anything, this will show that you are serious about making a good impression.

Michelle Levash, a junior education major said, "It's important to dress in a professional way because you only get one chance to make a first impression. It's also always better to be overdressed rather than underdressed and dressing professionally sets the stage, showing that you take care of yourself and take your career seriously."

Levash added, "You should dress in a way that reflects the work place but also reflects your personality as well."

Leila Ali, a junior sociology major, agreed. "Dressing for an interview is important because it's all about the first impression. You want your interviewer to know that you are professional,

can show off your personality, which will make you stand out in a good way and you will be remembered for it."

Ellen Reilly, the Job Placement Director for Career Services, also agreed that first impressions are critical and that people will absolutely be judged by what they wear. "Dressing conservatively is everyone's best bet because in many ways, work attire is like a professional uniform, you are representing your job by what you wear. Your interviewer shouldn't be distracted by what you're wearing, they should be able to focus on your accomplishments, abilities and skills," she said. "A smile should always be part of your attire and immediately adds value to your presentation," Reilly added.

As much as I would like to be-



IMAGE TAKEN from jobinterviewexperts.blogspot.com  $lieve \ I \ can \ make \ leggings \ go \ from \quad \textbf{Clothing as well as attitude} \ on \ an \ interview \ are \ important \ in$ but you can add your own style casual to formal wear, this just landing your desired job or internship.

# **PRSSA** Invites Speaker from Habitat for Humanity

## NINA COSTA CONTRIBUTING WRITER

University's Shadow The PR Firm and the Public Relations Student Society of America (PRSSA) chapter hosted and welcomed their second guest speaker of the semester, Jennifer er watch television or give back Sneed, on Wednesday Nov. 20 at 2:30 pm in the Jules L. Plangere

Center for Communication.

As the Public Relations (PR) Coordinator for Monmouth County's Habitat for Humanity, Sneed seized the opportunity to gain connections, network herself, and volunteer.

Sneed asked, "Would you rathto the community? You are constantly learning and seeing if you

enjoy what you do. Volunteer. Those around you will recognize it."

On Oct. 12, she along with volunteers working for Habitat for Humanity's 30th annual Jimmy and Rosalynn Carter Work Project teamed up with Union Beach to help build and repair 14 homes in partnership with low income families.

During the event, President Jimmy Carter and his wife, Rosalynn, joined the nearly 150 volunteers to help repair homes for their families recovering from Hurricane Sandy.

In addition to being the PR Coordinator and Chair of Media Relations Committee for Habitat for Humanity, Sneed also served as Deputy State Director and Constituent Services and South Jersey Projects Director for Senator Frank R. Lautenberg, from Jan. 2010 to Aug. 2013. Sneed described working with Senator Lautenberg as exciting and said, "As Director, I oversaw the entire staff and handled affairs with Mayors in the state of New Jersey."

Sneed also commented that everything can change on a daily basis when working for the state. What could start off as a routine Monday morning staff meeting and agenda setting could turn into how to handle current events going on in the news both locally and nationally.

Sneed said, "Hurricane Sandy is the perfect example. Everything can change on a dime. There was complete madness and chaos at times and our schedule had to be completely rearranged and we had to prioritize matters. We would even work weekends and nights."

field is a way of coping with a dilemma or issue and handling it in the best possible way. When asked how Sneed managed crises during her time with the senator, she responded, "Our boss was fantastic at not having crises. The state, however, was a different story. At one point, NJ wanted to eliminate the Camden campus at Rutgers University (RU). RU is dear to my heart and my boss's heart as well. My boss loved that campus, and as a result he worked with the politicians of the state to keep that campus."

Sneed offered advice to the student members of PRSSA. "Network yourself. The more you give the more you will get and who knows where that may lead you. Essentially, involvement is key," she said. "If you decide to show up whether it be for work or an event, show up early and make sure you leave late. Stand out, do not do the minimal, and go the extra mile with anything in life will get you everywhere.2

Dr. Sheila McAllister, associate professor of public relations and advisor of PRSSA, attended the event and said, "If you get an opportunity, run with it, because you never know if you will be handed that opportunity again."

Sneed mentioned to always set goals, no matter what you do. "Don't set one goal, set multiple goals, each and every day and do not stop. The more you set, the more you will be motivated to accomplish them all," she said.

Michelle Brady, a PR and journalism major, said, "I take an interest in listening to different situations and finding and planning ways to make something SC&I Alumni Association and successful. I also love to write was their past President.

Crisis management in the PR and feel like it is a very strong point of mine."

Brady is an active PRSSA member and enjoys everything the chapter has offered her thus far. "I like PRSSA because it provides activities that concern different forms of PR. Whether it is group work, handing out fliers for events on campus, or trying a new program and creating blogs about it for other people to see feedback, PRSSA gets students involved in different forms of PR and helps us broaden our learning experience. PRSSA taught me that there are different types of PR and many ways to get a message out to the public," she said.

Brady said Sneed left a lasting impression on her. She said, "One memorable thing about Jennifer Sneed that really inspired me was how hard she has worked to get to where she is today. She spoke of how much volunteer work she had done and how it benefitted her in every way. Also, she instilled in us to go above and beyond in everything we aspire to do. To also work hard with every task you take on because anything is possible when you set your mind to it and push yourself."

Today, Sneed is a current board member for Rutgers University Alumni Association (RUAA) and chair of the Ad-Hoc Committee on Charter Relations. She has served as chair of the RUAA Communications Committee and was a member of both the RU Alumni Association Nominations and Awards and also Recognition Committees. Sneed is also an active member of the



PHOTO TAKEN by Nina Costa Dr. Sheila McAllister (left) and Jennifer Sneed (right) exchange comments concerning their work in the field of public relations.

## Mirror Mirror on the Wall: Who's Sorority's Makeup is the Prettiest of Them All? Macy's Cosmetic Department Beauty Experts Give Makeup Tutorials to Sororities at the University

#### **HEATHER MUH** CONTRIBUTING WRITER

Greek Life teamed up with Macy's last week and held the Macy's Event, which was aimed towards helping girls learn how to do their makeup for careers and interviews, and then how to replied that all of the employees transition makeup for a "going out" look. The event took place in Anacon Hall on Wednesday, share with a local university. Nov. 20, from 6 – 8 pm.

Anacon Hall while chairs were so I want you to feel confident from Macy's about bringing their

a professional-looking daytime appearance that can be transformed into a fun look that can be worn out at night.

When asked why the Macy's team decided to get involved with the University, Silvestrov of the department have a passion for cosmetics that they wanted to

"I know you guys are going Female students gathered in into your professional careers, set up in the center of the room in your careers and interviews." young so we want you to be able to go out and have fun afterwards."

products could be used to create I know many college students would not necessarily go into a store like Macy's for makeup, but with this event we get to see not only all of the great products Macy's has to offer, but also how to properly use them."

Ayla Yildiz, Scholarship Chair for the University's Panhellenic Council, was in charge of majority of the preparation and organization that went into the event. She was responsible for contacting the sales representatives products to the school and host-



for the students to sit, surrounded said Silvestrov, "and you're all by six tables. They were introduced to Jacqueline Silvestrov, the head of the cosmetics and fragrances department at the Macy's store in Eatontown, NJ's cation major, was among the Monmouth Mall.

Silvestrov explained that each table was a different station involving various skin, nail, and fragrance products. The stations consisted of Impulse nails, hair, skin care, makeup, Chanel products, the fragrance department, Clarence skin care, Clinique holiday gift sets, and a snack station.

Students were allowed to travel from table to table and sample what each station had to offer.

and Chanel to have their makeup done, while others found more interest in smelling all of the different perfumes at the fragrance station. The snack table was also enjoyed by sophomore education a very popular choice. All of the major, Alexis Sevecke, who statstations demonstrated how their ed, "This is a great event because

Kristin Fiumara, a junior edumany girls who volunteered to have their makeup done at the event. She explained, "I'm going to buy primer because it will help my makeup last through interviews or a long day of studentteaching. It will help me look more professional."

"The Macy's employees were experts in whichever station they were responsible for. They were extremely down to earth and easy to talk to, inviting girls to Many girls went to Impulse ask them whatever they wanted to know. This created a very relaxed, 'girl's night' environment," said Fiumara.

The Macy's Event was also

ing the event.

She said, "It was a great opportunity for the women to learn new techniques and styles that will help them look more professional and presentable when having an interview or a future job. I would say it was definitely a success and I hope that the women who attended were able to walk away with some new tips and tricks for the 'real world."

To show their appreciation of people that attended the event, Macy's distributed handfuls of coupons so the students could buy the products needed to put this knowledge to good use.

Macy's plans on staying in contact with the University, according to Silvestrov. The cosmetics and fragrances team hopes to return in the near future with similar events to help girls with their looks in preparation for professional interviews and encounters.

PHOTO TAKEN by Heather Muh

A Macy's respresentative gives junior education major Kristin Fiumara a makeover, and shares tips on how to create a more natural look for professional interviews.

# Sorority Sisters Walk for Cancer |Delta Tau Delta Set to



PHOTO TAKEN by Nicole Napholz Sisters of Alpha Xi Delta walk for cancer at St. Jude Gives Thanks Walk on Saturday, Nov. 23.

#### NICOLE NAPHOLZ CONTRIBUTING WRITER

unteered at Monmouth Mall for sity's Greek Life. Kim Butler, the Monmouth St. Jude Gives Thanks Walk sponsored by the St. Jude Children's Hospital for cancer research on Saturday, Nov. 23.

Zeta Tau Alpha (ZTA), Alpha if we could bring some partici-Xi Delta (AXD), Alpha Omicron Pi (AOII), Delta Phi Epsilon (DPhiE), Phi Sigma Sigma (Phi Sig), and Alpha Sigma Tau (AST) participated.

Yohanna De Los Santos, senior out with the event." event marketing representative of the walk, said, "We raised a volunteers started arriving as little over \$60,000 and I was extremely happy with the amazing turnout this year. We had about 446 walkers. I cannot wait to see how many people come out next year."

laps around the Monmouth Mall. Santos said, "I have been work-

ing with St. Jude for a little over event took around six months. "I something so important."

three years and it feels like only yesterday that I just started."

Many of the volunteers were The University's sororities vol- made up of mostly the Univera sister of ZTA and a part of the Panhellenic Counsel, helped coordinate the event through the University. Butler said, "I met with Yohanna in regards to prep-Twenty five sisters each from aration for the walk. She asked pants to the event to both help set-up and be actively involved. I brought this to our Panhellenic meetings and was able to convince all of the sororities to help

The walk started at 8 am but early as 5:45 am. Volunteers were split up into different teams and were assigned different duties to attend and make sure the walk went smoothly. Some sorority sisters volunteered to help with The walk consisted of nine registration while others helped set up merchandise.

Santos said planning for the

work with a wonderful committee who without their help this walk wouldn't have been possible," she said.

The fundraiser had many activities for younger children that attended the walk. There were three clowns doing face paintings and making balloon animals. They also had a DJ for entertainment.

Before the walk started, a ribbon was stretched across the beginning of the race and the team that raised the highest amount of donations got to cut the ribbon.

The walk ended around 10 am but the festivities didn't stop. The organization gave out plaques to the teams that raised the most money. They also gave out a plaque to the team who had the best t-shirt design for the walk.

Sarah Connolly, sister of AXD, said, "It was a great feeling being able to be a part of something so special. Cheering on the racers and watching them walk for

# Charter in Spring

## NINA COSTA CONTRIBUTING WRITER

The University announced that Delta Tau Delta fraternity will be the newest addition to Greek life during the spring 2014 semester.

Delta Tau Delta has been discussing with the University for many years now, and is being brought to campus to provide an alternative type of fraternity experience for the male student population.

Blake Hartle, chapter leadership consultant for Delta Tau Delta, said the fraternity is looking for men who are exemplary leaders on campus, who may have not yet found the fraternal experience they were looking for and want to create a brotherhood based on the values of our organization.

Hartle said, "This is a chance to create something that will last forever and you can come back to with pride. Ultimately, our organization aims to help make you the best version of yourself and a man who will succeed in life after college."

The expansion team will consist of three chapter consultants and the Director of Growth. life was one of the best deci-

middle of February following the conclusion of the major recruitment period for the rest of the community.'

Buchalski added, "The men of the Interfraternity Council (IFC) last year decided to expand their community and invited several national organizations to submit information about their organization and their level of interest to come to the University." Delta Tau Delta has expressed its interest several times in the past and the men of the IFC believed that their practices and resources would be a great addition to our community.

Joseph Dellera, a political science major and chapter president of Tau Kappa Epsilon (TKE), welcomes Delta Tau Delta to the University and believes the addition will be very beneficial. He said, "There are only five fraternities on this campus right now and we only account for a small amount of the current male population on this campus. With another fraternity joining the IFC, more people will be able to find their niche amongst a group of people that they mesh with."

Dellera said joining Greek

"With another fraternity joining the Interfraternity Council (IFC), more people will be able to find their niche amongst a group of people that they mesh with."

> JOSEPH DELLERA Senior

Delta Tau Delta will be at the sions he has ever made, and University from Feb. 10 through Mar. 7 in the hopes of informing men about their fraternity. They will be conducting interviews with potential founding fathers, and hosting informational meetings and other various programming, such as a community service projects. Officer positions such as president will be selected through a second interview process after they have accepted an invitation to join. This will take place in the fourth week of colonization.

Delta Tau Delta did not set a cap on the number of men we they accept into their founding father class. According to Hartle, "Our philosophy is to never "When you join a fraternity or turn away a qualified man who a sorority you are entered into a exemplifies our values That being said, our goal is to find 50 of the best men on campus who want to create something bigger than themselves." Hartle said, "Delta Tau Delta is truly looking forward to joining the University's community, and hopes to hit the ground running by creating a dynamic student organization. We appreciate the support we have received from other Greek organizations on campus, and look forward to collaborating in the near future." Assistant Director of Student Activities for Fraternity and Sorority Life Jon Buchalski said, "I would not say anything is necessarily lacking from the [Greek] community but I will continue to work with students who want to improve on the current practices of their organizations. I am excited for Delta Tau Delta to start up in the spring semester; they will begin their initial recruitment efforts in the Tau Delta since its founding.

encourages all those seeking to find their niche during their four years at the University to join. "You make lifelong friends that will always have your back. Also, I have learned more from this organization than I have in any classroom. I have been able to fine tune my interpersonal skills and put myself in situations where I have had to use every resource available to make the best decisions for not only myself, but the chapter as a whole."

Dellera hopes that with the addition of Delta Tau Delta, Greek life will also improve on working together more often. much bigger pool of people than just your organization, you join all of Greek life. If we are able to harness this Greek unity we could do so much good for this campus and the surrounding community." Delta Tau Delta is founded on four principles: truth, courage, faith, and power. The organization's colors are purple, white, and gold. Their national philanthropy partner is Juvenile Diabetes Research Foundation (JDRF), which seeks to find a cure for Type-1 Diabetes. Hartle says, "We plan to put together a local community service project, but as of now the details are to be determined." Since 1858, Delta Tau Delta has spread to nearly 200 campuses, with more than 130 active chapters and colonies comprised of roughly 8,000 students. Also, more than 165,000 men have joined the brotherhood of Delta

# **CLUB AND GREEK** ANNOUNCEMENTS

## Monmouth Oral Communication Center

The Monmouth Oral Communication Center (MOCC) is your go to place for all things public speaking. Making a speech? A presentation? We're here to help! MOCC offers peer tutoring every Monday, Wednesday, and Friday in the first year advising offices in the Rebecca Stafford Student Center. Additional hours are available upon request. MOCC also holds weekly meetings on Wednesdays at 2:30 pm in Plangere 135. Walk-ins are always welcome.

### **Running Club**

Now that it has started to get cold outside, some of you may prefer to run indoors. Our Running Club will meet on the indoor track on the 2nd Floor of the Multipurpose Activity Center (MAC) on Tuesdays from 12 - 1 pm and Wednesdays from 8:30 - 930 am. These times may not work for everyone, and some may prefer to still work out outdoors. So, please feel free to use the Facebook page (https://www. facebook.com/groups/murunning/) to make some new separate meeting times from those listed above. For those who are interested in competing for fun, the 5th Annual MAC Classic will be held in the MAC on Saturday, Dec. 7. Part of this event is a "Community Mile," open to any Monmouth students of all abilities. To sign up, please contact Head Coach & Club Advisor Joe Compagni at any point prior to Dec. 4.

### Eye to Eye

Eye to Eye is a mentoring program that mentors children with learning disabilities and ADHD at St. Jerome's School. The program pairs mentors from the Department of Disabilities Services with children with similar disabilities. The goal of the program is to help the students feel empowered when it comes to being in the classroom. This program is run on Wednesdays at 2:30 pm. If you have any questions about getting involved email Christina Gonzalez at s0819331@monmouth.edu

### University Pep Band

The Pep Band is looking for additional members in all sections. If you play flute, clarinet, saxophone, trumpet, mellophone, trombone, baritone horn, tuba or percussion, we want you!! We are also seeking a bass guitarist for the first time also! The Pep Band, known as "The Big Sound of the Jersey Shore" is the most visible and most active performing group on campus. For more information, contact Professor Bryan Jenner bjenner@monmouth.edu. at



Father Richard Tomlinson will be offering Mass in Latin on Thursdays & Fridays in Withey Chapel at noon. Come celebrate and worship while enjoying the rich tradition of the Catholic Church.

## Residence Hall Association

Our final event of the semester, Winter Chill Out, will be Wednesday, Dec. 11 in Mullanev Lounge from 8 - 10 pm. Come join us for one last relaxation before finals start. We will have food from Surf Taco as well as Top It. You will also have the chance to decorate your own flip flops. The first 100 people will be entered to win a pair of tickets to Winter Ball! Mark your calendars, Winter Ball will be Saturday, Feb. 22. More details are sure to come. I hope to see you all there, and good luck on your final exams!

VIEWPOINT



## What is your top end-of-semester survival tip?

COMPILED BY: ALYSSA GRAY



*Martika junior* "Use time management. Don't put it off until the last minute, try to look at it ahead of time and make a plan and set it up."



Candace freshman

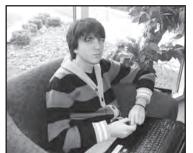
"A lot of coffee and I try to sleep a lot, a lot more than I usually do. And then setting an alarm so I don't sleep too late."



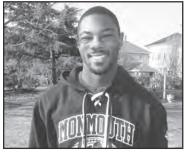
Natalie sophomore "Probably not to freak out and stuff. Write things down, like I just made a chart for all three weeks and that helps."



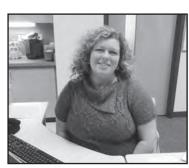
Morgan sophomore "Just try to stay focused even though you're excited for break."



Alexander sophomore "Just study."



Keone sophomore "Definitely get a lot of caffeine."



Colleen ELSC office coordinator "Don't leave everything to the last minute."



David junior "Studying in quiet places and go home."



*Kaitlin junior* "Be on top and ahead of everything. If you have a free minute do some of the extra

work."



Joe senior "Lots of coffee, like Java City or Starbucks. Starbucks is the way to go."

EXTENDED LIBRARY HOURS December 6, 2013 — Through —				
<b>DECEMBER 19, 2013</b>				
FRIDAY	DECEMBER 6	8 AM - 9 PM		
SATURDAY	DECEMBER 7	9 AM - 9 PM		
SUNDAY	DECEMBER 8	NOON - 2 AM		
MONDAY	DECEMBER 9	8 AM - 2 AM		
TUESDAY	DECEMBER 10	8 AM - 2 AM		
WEDNESDAY	DECEMBER 11	8 AM - 2 AM		
THURSDAY	DECEMBER 12	8 AM - 2 AM		
FRIDAY	DECEMBER 13	8 AM - 9 PM		
SATURDAY	DECEMBER 14	9 AM - 9 PM		
SUNDAY	DECEMBER 15	11 AM - 2 AM		
MONDAY	DECEMBER 16	8 AM - 2 AM		
TUESDAY	DECEMBER 17	8 AM - 2 AM		
WEDNESDAY	DECEMBER 18	8 AM - 2 AM		
THURSDAY	DECEMBER 19	8 AM - 2 AM		





\*Simply pick up an ornament describing a gift that an under privileged person wishes to receive this season from an SGA Christmas tree at one of these three locations:

The Plangere Lobby The Student Center The Dining Hall Lobby

## \*When is it?



You can stop by any of these three locations to pick up an ornament <u>beginning November 14<sup>th</sup></u> and all gifts are <u>DUE on December 10<sup>th</sup></u> \*All gifts purchased should be properly dropped off at the Student Services office located on the second floor of the Student Center.

Please help purchase gifts for those in need this Holiday Season!!!

## WE KNOW WHAT SUCCESS LOOKS LIKE WHEN WE SEE IT.

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# PICTURES WITH SANTA



WEDNESDAY DECEMBER 4th & 11th, \$5.00

# 11:00 AM то 2:15 PM

# **PLANGERE CENTER LOBBY**



# MOMENTS AT MONNOUTH

and

#### **ABOVE LEFT:**

TWO STUDENTS GET A LITTLE WRAPPED UP WHILE DECORATING FOR THE HOLIDAYS (PHOTO COURTESY OF ALYSSA GRAY)

**CENTER:** A STUDENT HELPS DECORATE THE FACULTY CHRISTMAS TREE IN THE PLANGERE OFFICES (PHOTO COURTESY OF ALYSSA GRAY)

#### **ABOVE RIGHT:**

SENIOR, JESSICA ROBERTS, DECIDES TO BRIGHTEN EVERYONE'S DAY WITH HER HUMAN CHRISTMAS TREE IMPRESSION (PHOTO COURTESY OF ALYSSA GRAY)



INTERESTED IN SHARING YOUR MOMENTS? SEND YOUR PHOTOS TO ANY OF THE FOLLOWING EMAILS AND YOU JUST MIGHT HAVE THEM FEATURED IN THE "MOMENTS AT MONMOUTH" SECTION!

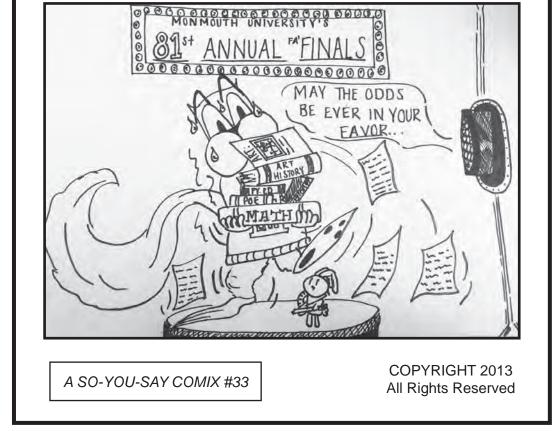
**HEY MONMOUTH!** 

OUTLOOK@MONMOUTH.EDU OR S0848553@MONMOUTH.EDU





"MISGUIDED UNDERSTANDINGS" BY ALYSSA GRAY



Stay tuned for upcoming details about *The Outlook*'s 80th Anniversary contest and how to win fabulous prizes!



## Beyond the Football Field with Running Back Julian Hayes

## THADDEUS RICHARDS STAFF WRITER

The sun began to set on a beautiful New Jersey November day as the sweat trickled down Julian Hayes' forehead. Out of breath he began to mutter, "I can't quit, not yet, not now." There was no crowd, no coaches, no other players. As the 5'11 215 lb. running back picked up his head and started running towards the opposite goal line, someone might ask why he was doing so, only days after the twelve game grueling season which saw him rush for a new career high with arguably the toughest schedule that the Monmouth University football team had ever seen.

Hayes grew up in Middleraised in a single parent household with his mother Jessica ship offer. Hayes. When he turned seven, he found football. "I felt at arship in order to pay for colpeace ever since I started play-

Jessica Hayes added that her son was always drawn to foot- even more progress as a player ball. "I could see it in his eyes. and was named to the Star Led-It was his love, his passion, from the very beginning," Jes-

#### The day he started playing football, everything changed for him and I told myself he had found his niche."

In his senior year, he rushed for over 1,400 yards and 23 touchdecided to take his talents to the into the top ten career rush-

he was destined for great things. National Signing Day) when Hakeem Valles. MU came to visit him at the Hun School and offered him a scholarship.

When Hayes got on the field Hayes attended Xavier High at MU, he made an immediate School. He helped lead the impact. As a true freshman, Falcons to a 9-2 record and a he rushed for 14 touchdowns Southern Connecticut Confer- to lead the team. He also was ence Championship as a senior. named to the College Sports Journal All-Freshman team. In his second season with the

downs. After high school, he Hawks, he was able to move

The preparation for the season was spent with fellow running back K.B Asante.

"We pushed each other in drills. We knew what kind of monster we could be together," said Julian. "Even away from workouts we would see each other six days a week. He would come over my house and chill. We've always been good friends,' said Asante.

Leading into the season with a lot of credit."

## "I've had the same goals and aspirations forever and that's to help my team get as many wins as we possibly can."

JULIAN HAYES **Running Back** 

year in order to get a scholar-

"I knew that I needed a schollege," said Hayes. "I was willing. It's a great game and I fell ing to do anything I had to do in love instantly," Hayes said.

At the Hun School, he made ger First Team All-Prep. Even then, it was not until the foltouchdowns to his career mark. Hayes was not satisfied though. A week after the season

ended, he was on the field and in the weight room religiously to make sure he was properly prepared for next season. He cut down his weight by 20 pounds, working out all the time. Every time you saw him, he was do-

town, Connecticut and was Hun School to do a post-grad ing leaders and added 11 more so much talent in the backfield, the two were getting an equal amount of carries. With split carries, it is extremely difficult to be as effective as a runner, so it is even more impressive that both backs set career highs in yards and both eclipsed the 1,000 yard mark. Julian finbut added strength. "I saw him ished with 1,111 and Asante finished with 1,080.

"Having two backs over ing something football related it 1,000 yards is a tremendous acsica Hayes continued. 'I knew lowing June (five months after seemed," said junior teammate complishment both for KB and will be great."

Julian," said MU football head coach Kevin Callahan." I think you need to give a lot of credit to the work our offensive line did throughout the year, providing the holes and the blocking for them to run."

Hayes also acknowledged the offense's work as he said, "Our offensive line worked hard to help us get to where we needed to be. We owe them all the credit and know they should get

Both juniors, Hayes and Asante have one more year to share the backfield together. "I think our goal is to just get better. We both know what we have to do," said Asante.

With one more year of eligibility Hayes' goals are simple: win. "I've had the same goals and aspirations forever and that's to help my team get as many wins as we possibly can."

It is now dark out; Hayes has finished his final sprint of the day. He looks down at his watch surprised at the time. He then stretches his whole body in the now frigid November air. As he sits, he stretches out his hamstrings. He then gets up, he looks back towards the field he says, "I have to get better...I

# Cross Country Finishes Their Season at ECAC/IC4A

#### MAGGIE ZELINKA SPORTS EDITOR

The Monmouth cross country team completed their final meet of the season as they raced in the ECAC/IC4A Championships at Van Cortlandt Park in the Bronx fourth overall. Bowen finished his on Saturday, Nov. 23. The men placed second in the IC4A Championship meet while the women at 3:13.2. finished fifth in the ECAC Championship meet.

is the best finish in the University's history at the event while of the work that he put in, the the women's finish was the third best finish in school history at the event.

ed her cross country career with a thing he didn't do was qualify for

solid 19th place finish leading the women's side. Eller finished the 5k at 18:54.7 while her average 1k was 3:47.0. She was six seconds shy of earning All-East Honors.

On the men's side, junior Khari Bowen led the way finishing 10k race with a time of 25:54.0 while his average 1k was marked

"We really focused early in the season just on training and not The men's second place title racing too early or too much and it worked out very well because competitor that he is and he was a great leader for us all year" head coach Joe Compagni said of Bow-Senior Amanda Eller complet- en's accomplishments. "The only

season. Probably one of the best if not the best in school history."

Crossing the finish line after Bowen was junior Alex Leight who finished 31 seconds later at 26:27.0 with an average 1k of 3:17.3. Leight placed 15th overall in the race. With their finish times, Bowen and Leight both earned All-East honors. This marks Bowen's third straight year as an All-East runner and Leight's first.

The next Hawk to finish the 10k course was sophomore Domenick D'Agostino who finished at 26:40 placing 27th overall. Senior Anthony Branco crossed next with a time of 26:44 earning him 31st overall. Senior Pat Ryan was the next MU runner to finish as he

NCAA's but he had a tremendous crossed the line at 27:03 landing course at 19.34.0 in 45th place him the 54th overall spot. The men's top seven was closed out Summonte and 79th place junior Tommy Darlington with times of 27:27 and 27:28 respectively.

On the women's side, Eller led the way with freshman Lennon Cooper close behind finishing 25th overall. Cooper completed the 5k race at 19:03.9 while averaging 3:48.8 for the 1k. Senior Lucia Montefusco was the third Hawk to cross the line for women's side at 19:19.8 securing her at 34th overall. Sophomore teammate Nina Poccia was not far behind as she crossed at 19:27.1 giving her 39th overall. Sophomore their season and begins to train Sydney Engelberger finished the for the next.

while freshmen Rachel Baker and Kristen Rodgers-Erickson by 78th place freshman Kevin rounded at the women's top seven as they finished 60th and 63rd overall with times of 19:50.7 and 19.53.4 respectively.

The ECAC/IC4A Championships marked the best Championship meet both cross country teams had in their 2013 season.

"For us the focus is always the champion meets at the end of the season," Compagni said. "As the Championship meets went on, they continued to get better."

With the 2013 ECAC/IC4A Championships finished, the cross country team completes

## Monmouth vs. Rider Helpus The MAC on ESPN against our in-state

## 'omen's Basketball Falls to 0-7 EDDIE ALLEGRETTO

STAFF WRITER

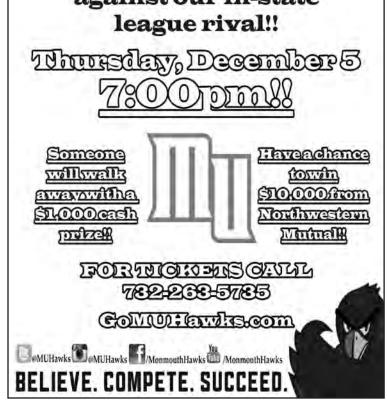
On Sunday Dec. 1, the University's women's basketball team lost to Bowling Green University by a final score of 71-48. This was the final round of the Basketball Hall of Fame Women's Challenge at the MassMutual Center. With the

opportunities plagued both six points, while Walker hit sides, but Bowling Green's second-chance points enabled the Falcons to build a 12-6 lead, which included six points from Alexis Rogers.

The Hawks clawed their way back, lowering the deficit to from the field, 42.9 percent (6two points. However, defense 14) to 27.3 percent (3-11) from took over as the game remained beyond the arc and 84.6 percent loss, the Hawks fall to 0-7 on 15-12 for nearly six and a half minutes. Hoekstra hit a three to end the scoring drought with 6:32 remaining in the first. MU continued to battle, and with 1:56 left in the first half Walker landed a three to bring the Hawks within one. The Falcons scored the final five points of the half to enter halftime with a 30-24 lead. Paalvast led MU in the first with 10 points, with Walker adding eight points. Bowling Green was led by Hoekstra who scored 11 points, including three baskets from beyond the arc. The second half started with the Falcons on a 17-2 run ultimately putting the game out of reach. Bowling Green's lead was as high as 34 points, when it was 71-37, with 3:53 left in regulation.

find offensive rhythm. Missed that stretch, Bethune scored a three-pointer and freshman center Sophie Beaudry made a pair of free-throws.

In the game, the Falcons outshot the Hawks, 44.3 percent (27-61) to 39.5 percent (17-43)



the season, whereas the Falcons improve to 7-1.

Senior forward Chevannah Paalvast led the way for the blue and white with 18 points. Sophomore guard Jasmine Walker added a career-high 13 points, six rebounds and two steals, and sophomore guard Jamiyah Bethune also contributed a career-high with seven points in the loss.

The Falcons, on the other hand were led by Deborah Hoekstra, who scored 18 points, while shooting 7-of-8 from the field, including 3-of-4 from the beyond the arc. Miriam Justinger added 16 points and five rebounds while Erica Donovan added 11 points. Jull Stein scored five points and contributed a game-high eight rebounds and four assists.

The blue and white went on In the early stages of the an 11-0 spurt at the end of the pose Activity Center is schedgame, both teams struggled to game to finish 71-48. During uled for 3 pm.

(11-13) to 78.6 percent (11-14) from the free-throw line.

Bowling Green held the edge in rebounds 36-29. They also had an advantage in turnovers, forcing 21 and only committing 14. The Hawks were outscored, 26-8 in the paint, 17-5 off of turnovers and 19-4 on secondchance points.

"We're going to try to narrow down some of the stuff they like to do, we are a team that's going to try to change defenses. We need to get more efficient on the offensive end and I think that will be keep us in the game," head coach Jenny Palmateer said in regards to her team's future game plan.

The Hawks return to action on Saturday, Dec. 14 when they host the LIU Brooklyn Blackbirds.

Tip-off from the Multipur-

## Men's Basketball Wins Tournament SIDE

## THADDEUS RICHARDS STAFF WRITER

The men's basketball team (3-4) gained momentum at home over the weekend, winning the championship of the Barclays Center Classic with a dramatic 81-79 victory over Mississippi Devils and a convincing 76-61 win over North Carolina A&T Aggies. Juniors Dion Jones and Andrew Nicholas were co-MVP's of the tournament.

The Hawks were up 79-75 after a driving layup from Jones with 29 seconds to go, but the Devils' James Currington was able to score quickly to close the gap to two. After two missed MU free throws, by sophomore Christian that we fight.' White, the Devils were able to find Currington again for the game tying lay in with six seconds remaining. After a timeout from the Hawks, Jones took it upon himself to go coast to coast, weaving through all MVSU defenders, and finished with an acrobatic layup as the buzzer sounded to give the Hawks their second victory of the young season

"It was just a great feeling," said Jones. "All my teammates came up to me and it was just awesome."

against MVSU, the Hawks looked to still be reeling from their previous losses shooting 9-22 from the field and 2-7 from they went on a 23-2 run over a deep and went in to half trailing by eight. "It was hard matching up with what they were doing,' said head coach King Rice.

CHARLIE BATTIS

STAFF WRITER

The University football team

was defeated by co-Northeast

Conference Champion, the

Duquesne Dukes, 33-23 in the

final game of the season on Sat-

"We had an opportunity go-

ing into today's game to finish with seven wins," said MU head

coach Kevin Callahan. "I don't

think we played well enough,

particularly in the first half, to

you play against a good team, a

the way we rebounded in the second half to get the score even.

We were looking to get another

stop and get the go ahead score

urday, Nov. 23.

Devils built a 13 point lead with four minutes left. 16:00 left in the game. The momentum of the game did not start a MU record with 18 made free to sway in MU's favor until junior Andrew Nicholas got hot from long distance. In a three minute span, Nicholas netted four three's.

Valley State University Delta run to tie the game and took their first lead of the game on a three pointer from junior Max Dileo. In the second half, MU shot 58 percent from the field and only missed one of their seven attempts from three point range.

> "They outplayed us for most of that game," Rice continued. "I'm so proud of our guys because we didn't play our best game today. But the thing that we showed is

Nicholas was the leading scorer for the Hawks on the night finishing with a career high 31 points on 12-23 shooting and 5-8 shooting from beyond the arc. Jones finished with his fourth 20 point game of the season in a 24 point effort. The Hawk's freshmen also continued to impress as Justin Robinson had six assists, a career best, and Josh James had 14 points on 5-7 shooting.

The Hawks got off to another slow start against the North Carolina A&T Aggies, trailing for most of the first half. The Hawks In the first half of the game then received a surge of energy and cut the deficit to 39-33 as they started to settle into the game.

> MU kept their stamina up as six minute span to take a 15 point lead over the Aggies. The Hawks secured their win when Dileo scored seven straight points to

Against the Aggies, Jones tied throws in route to his 27 point performance. Nicholas contributed another strong performance and added 19 points.

The Hawks also shot a season The Hawks went off on a 17-4 best 84 percent from the line. MU's defense was swarming all day as they forced 22 Aggie turnovers and held the Aggies to just 35 percent shooting for the game.

"We were on the road for three games and lost them, but we came back home and protected our home court. It's important to us that we protect our home court," Rice said of the weekend. "This tournament gets that terrible losing feeling out of you. All of the players come from winning programs and they're hungry to win.

So we're just going to try to build on it and we're using each game as a learning experience."

The duo of Nicholas and Jones scored 101 points and had 20 rebounds in the two games over the weekend to lead the Hawks to their first winning streak of the season.

"They are high level scorers," said Rice of the two athletes. "When they score like this, the young guys can relax and just play and not feel like they have to win the game for us, and they shouldn't have to feel that way."

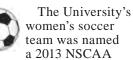
The Hawks will look to keep their winning streak alive when they host the Rider University Broncs on Dec. 5 at 7:00 p.m. in the Multipurpose Activity Center. The game will be broadcasted by ESPN.



To begin the second half, the give the Hawks a 69-53 lead with Andrew Nicholas scored 50 total points over the weekend.

## cf LINES Denise Wescott,

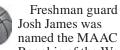
the Monmouth University women's lacrosse coach, was named Mid-Atlantic Coach of the Year by the Intercollegiate Women's Lacrosse Coaches Association. Entering her fifth year of coaching the Hawks, Wescott has an overall 41-34 record. Wescott and the Hawks open their season on Feb. 15, 2014 as they host Fresno State.



College Team Academic Award Winner for the 16th consecutive year. The women recorded an overall grade point average of 3.45.

For the fifth straight year, the University's men's

soccer team was named an NSCAA College Team Academic Award Winner. The men logged a 3.12 grade point average.



Roookie of the Week

for the second time this season on Monday Dec. 2nd. James averaged 9.3 points per game and also dealt out 14 assists over the course of the week, and helped lead the Hawks to a 2-1 mark during the stretch.

## UPCOMING GAMES

Thursday, December 5 MBB vs Rider University\* W. Long Branch, NJ 7:00 pm (televised on ESPN3)

#### Sunday, December 8 MBB at Manhattan\* Riverdale, NY 2:00 pm (Draddy Gymnasium)

**Tuesday, December 10** MBB at St. Francis Brooklyn Brooklyn Heights, N.Y. 7:00 pm (Pope Center)

Saturday, December 14 WBB vs LIU Brooklyn W. Long Branch, NJ 3:00 pm

MBB vs Binghamton W. Long Branch, NJ 7:00 pm

Saturday, December 21 MBB vs Fordham W. Long Branch, NJ 2:00 pm

#### the 1,000-yard mark.

Coach Callahan recognized the excellence of his potent running back duo. "Having two backs over 1,000 yards is a tremendous accomplishment both for KB and Julian," maintained Coach Callahan. "I think you need to give a lot of credit to the work our offensive line did throughout the year, providing the holes and the blocking for them to run. They are both two very hard workers and they are back next year. I know that while they are disapcome away with a victory. When pointed with the outcome of today's game and possibly overall conference champion, it makes it record of the season, they are very difficult. I was happy with happy and they should be about their individual accomplishments.'

Even with the milestone

total offense, the Hawks could not contain the Dukes' offense enough to win the game. The Dukes jumped out to an early 13-0 lead highlighted by freshman quarterback Dillon Buechel's 14-yard connection with junior wide receiver Devin Rahming midway through the first quarter. The Hawks would respond early in the second quarter when Hill hit sophomore tight end Zach Fabel on an 18-yard seam route for a touchdown.

The score remained 13-7 until, with only 14 seconds left in the half, the Dukes freshman placekicker Austin Crimmins made a 30-yd field goal. On the ensuing kickoff, the ball was held up by the swirling wind. The Hawks

reached, and over 400 yards of senior cornerback/kick returner Tevrin Brandon ran up to receive the kick but the ball went over his head and bounded to the 19-yardline where the Dukes recovered the ball. The Dukes quickly took advantage of the turnover during the following play as Buechel hit sophomore wide receiver Dave Thomas on a 19-yard touchdown pass to give the dukes a commanding 23-7 lead entering halftime.

In the second half, the Hawks would make a valiant comeback. The comeback started late in the third quarter when Hill connected with senior tight end Mike McLafferty on a 56-yard passing touchdown. The Hawks proceeded to convert on a twopoint attempt when senior wide receiver Neal Sterling caught a pass from Hill to make it a onepossession game at 23-15. Early in the fourth quarter, Sterling helped the Hawks complete the comeback after catching a 17yard touchdown pass from Hill. He then converted his second straight two-point attempt to tie the game at 23. The Dukes quickly answered the Hawks offensive surge. After Rahming took the following kickoff into Hawks territory, the Dukes quickly moved down the field culminating with Buechel's third touchdown pass of the game to senior running back Ethan Dorsey. The Hawks offense could not muster another scoring drive after the Dukes' touchdown. The Dukes added a late field goal to make the final score 33-23. MU's loss places their final record at 6-6. The Hawks look to improve upon that record next year as they enter the formidable Big South Conference.

Football Defeated in Final Game of Season

but we were unable to do that. I feel badly for the seniors who are leaving the program, in that we were unable to get them a win in their last game."

The Hawks offense was able to move the ball on a stellar Duquesne defense. Leading the way was junior quarterback Brandon Hill and senior running back KB Asante. Hill completed 18 of 31 passes for 273 yards while adding three touchdown passes. Asante added 124 rushing yards on 27 carries.

With his 124 yards on the ground, Asante eclipsed the 1,000-yard plateau. Junior running back Julian Hayes was able to achieve that feat the previous week against the Bryant Bulldogs. Asante and Hayes' impressive seasons, mark the first time the Hawks have had two 1,000yard rushers in one season. The Hawks are also the only Football Championship Subdivision team



PHOTO COURTESY of Jim Reme to have two running backs pass KB Asante had 124 yards in the game eclipsing the 1,000-yard feat.

WBB at Stony Brook Stony Brook, NY 2:00 pm Seawolves Holiday Classic

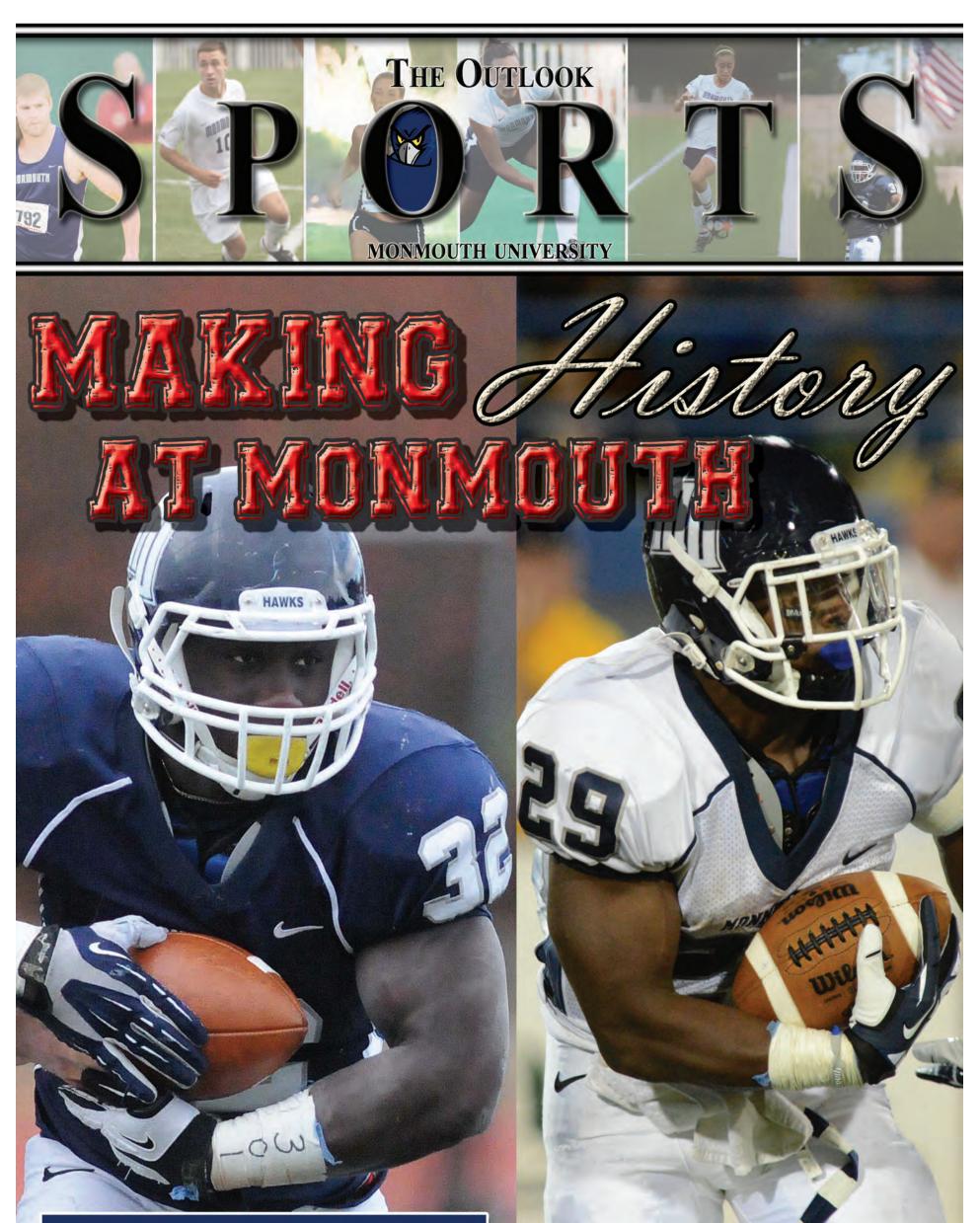
Sunday, December 22 WBB at Eastern Michigan Stony Brook, NY 12:00 pm Seawolves Holiday Classic

Sunday, December 29 WBB vs St. Peter's' W. Long Branch, NJ 2:00 pm

Monday, December 30 MBB vs Wagner W. Long Branch 3:00 pm

**Tuesday, December 31** WBB at Manhattan\* Riverdale, NY 2:00 pm (Draddy Gymnasium)

Thursday, January 2 MBB vs Siena\* W. Long Branch, NJ 7:00 pm \*conference games



# Also in Sports:

Julian Hayes' trials and triumphs at MU... Page 22Women's basketball remains winless... Page 22Men's basketball wins Barclays Center Classic... Page 23

Running Backs KB Asante (L) and Julian Hayes (R) put their names in the MU record book as they became the first pair of teammates to rush for 1,000 yards in the same season. The Hawks lost their season finale 33 - 23.

Full Story on Page 23