



THE OUTLOOK

MONMOUTH UNIVERSITY'S
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Gender Neutral Bathrooms to be Added in All Academic Buildings

KERRY BREEN
COPY EDITOR

Monmouth University's academic buildings will have gender-free bathrooms, meaning that they can be used by all students, be they male, female, or transgender in just a few weeks.

Previously, there had been very few gender-free or unisex bathrooms available on campus. Once this plan is completed, there will be one such bathroom in each academic building. The only construction that needs to take place is the changing of the current signage, which will be complete in a few weeks at a low cost to the University.

"Monmouth University

is committed to providing a safe and secure environment for all students, staff, and visitors, regardless of race, religion, gender, ethnicity, disability, or sexual orientation," said Associate Vice President Tara Peters. "We work to foster and support an environment on campus that is inclusive, respectful, and free from discrimination and harassment. Providing gender-inclusive restrooms allows all members of our campus community, as well as visitors, to use restrooms that best fit their identity and demonstrates that gender diversity is welcome here."

The idea to create gender-free bathrooms was started by Kelly Ward, a social work professor at the University and the head of the MSW program. In a previous semester, she had a student who was transitioning and did not feel com-

fortable using a gender-specific bathroom; as a result, the third-floor men's room in McAllen Hall was used as a gender-free bathroom. From that, she became aware of the lack of unisex or gender-free bathrooms on campus, and began reaching out to the administrators of the University to try to change that.

"We need some safe spaces for those who identify as transgendered to use a bathroom," said Ward, in an e-mail. "It would be more welcoming to those who are going through the transition process or who have transitioned completely."

Monmouth University is not the first school to implement gender-free (also called gender-

Bathrooms cont. on pg 2

Criminal Justice Department to Hold 4th Annual Networking Event

KIERA LANI
PHOTOGRAPHY EDITOR

The Criminal Justice Department will invite all students to attend their fourth annual networking event at Wilson Hall on Wednesday, March 9 from 5 to 9 p.m. Students will get to explore a variety of criminal justice careers, and get the chance to network with professionals in the field.

Dr. Michele Grillo, criminal justice professor and spearhead for the networking event, created the event for students to understand what their prospective career entails and to meet, interact, and learn from professionals in

the criminal justice field.

"Real life professionals can provide the insight not found in job descriptions or websites of agencies" she said.

The event will begin at 5 p.m. with networking and light refreshments. At 6 p.m., after opening remarks, students will break out into one of five concurrent breakout sessions, which will rotate every 45 minutes.

Criminal justice instructor and advisor, Nicholas Sewitch, a former prosecutor of 29 years, said the event "is like a smorgasbord where students get to really

Criminal Justice cont. on pg. 3

HAWK TV

Benefits American Cancer Society

DANIELLE SCHIPANI
NEWS EDITOR

The fifth annual Rock N Raise battle of the bands event, produced by Hawk TV to raise money for Relay for Life, took place in the Plangere building on Friday Feb. 27. An estimated

total of \$350 was raised during the event.

"The event went beyond my expectations," said Larissa Trovama, senior communication student and producer at Hawk TV. "I truly believe that the whole crew pulled it together as a team. There was a lot of creativity from everyone and

it just worked perfectly together. The band's were all so different but had a great dynamic all around. The host's were hilarious and the whole event was a success."

There were both bands and acoustic performances. The bands included The Mercury

Brothers and Eastbourne. The acoustic performances included Joey Affatato, BVXK, and Avery Mandeville. The winners included The Mercury Brothers and Avery Mandeville.

"My favorite part was seeing all of the bands leaving happy with their prizes, first prize of the

bands won AVID PRO TOOLS& second place won a gift car to Boathouse Bar& Grill.... The winning acoustic act won time to perform at Boathouse and the rest won gift cards," said Trovama.

Rock N Raise cont. on pg. 2



Hawk TV raised a total of \$350 for the American Cancer Society through their event, Rock N Raise.

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How Important is it for Students to Obtain Internships?

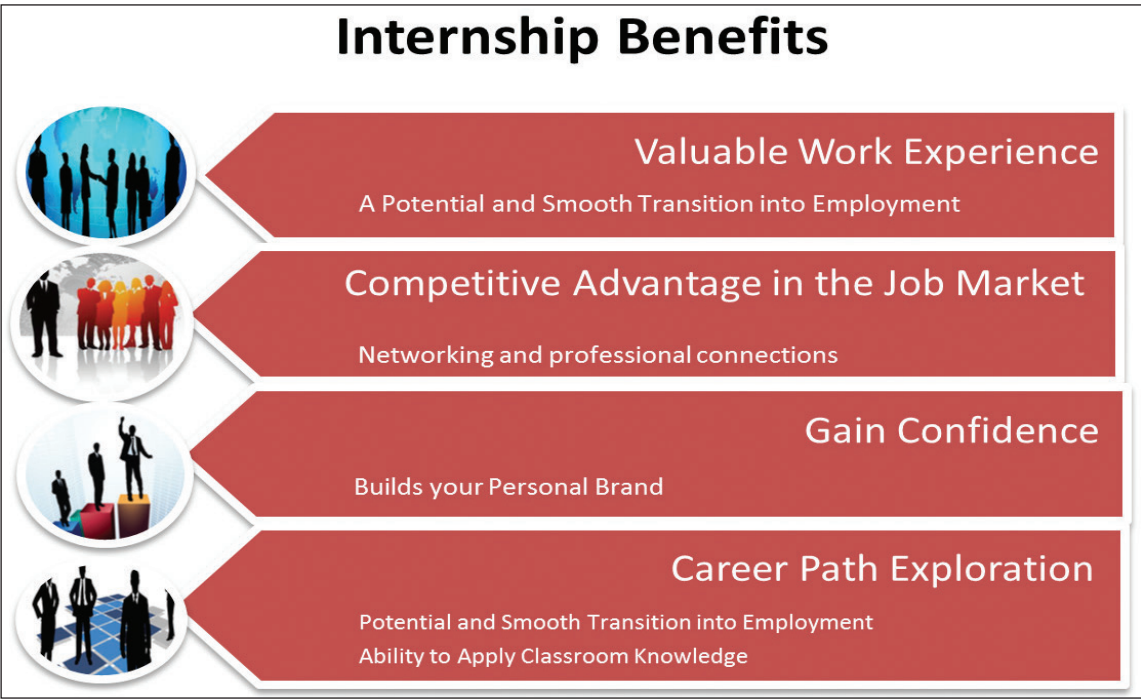
JEREMY MANCINO
STAFF WRITER

While working for free can be a financial struggle in students' current situations, internships are required for almost all majors. This requirement is designed to help students gain employment in the long run.

"I would say that the main benefit of an internship is the fact that employers overwhelmingly favor students who have the experience of an internship on their resume," said William Hill, the Assistant Dean of Career Services.

Career Services has helped many students prepare for post-graduation. Hill said that while a prior job is also very useful for taking a position, an internship has many benefits that a normal job would lack. "The responsibilities entrusted to an intern often have a greater resemblance to actual jobs in the professional world. In addition to the experience a normal job would provide, you would be more specialized in your work. Consider a student who interns at a bank. If they performed well and knew what was needed, they would have a much better chance of getting a paid position."

If a student performs well in an internship they might get hired in the end, depending on the company's open positions. Although many companies do not pay their interns, there are



There are several valuable aspects of taking part in an internship such as gaining experience and confidence.

other benefits such as experience and connections that one gains through an internship.

To most people, an internship is a training job, much like the apprenticeships of the 18th century and earlier. According to Dr. Stanley Blair, Assistant Dean of the Honor School, the University defines an internship as an unpaid position for a for-profit company. Paid internships and service learning are actually quite different, and are handled differently by universities.

"Paid positions that are often referred to as internships are in fact considered by Monmouth to be examples of co-operative education," Blair said. "The terminology can be quite nebulous to students, and there has been discussion of retiring the term."

Aware that the job field can be quite difficult for students and alumni to navigate, Blair has created a course to help English majors find their footing in the professional world titled Lan-

guage and Community. He sees his course, and courses like it, as very helpful to students.

"The important thing about an internship is the interrelationship between what the student learns in classes at the University, and what they experience in the workplace. They allow students to get even more out of their education than they ordinarily would, and in the process allow them to network with potential employers and help other students. And then

there's the fact that many employers are now using internships as an extended interview to see if an intern is viable," said Blair.

One of Blair's success stories is Emma Traum, a senior English major who now works at Wunderkind PR, a firm that helps many burgeoning writers get their works published so they may find an audience. "I've learned so much at Wunderkind," she said. "One of the great things about the company is that interns are quickly given important responsibilities," she said.

Traum added, "The publishing industry is a complex field, so working for a company where I've actually gained real and worthwhile experience has been amazing."

With his class, Blair helped Traum, along with many other students. Some have even come back to speak to the current students about their experiences in the workforce. Traum offers a tip for any struggling students trying to get an internship:

"My advice to any students applying for an internship would be to make use of the connections Monmouth has to offer. I never would have gotten the job at Wunderkind if not for Dr. Blair. As students, we're in a rare position- we have a full staff of professors and advisors who want to help us succeed. You should never hesitate to ask for their help."

IMAGE TAKEN from www.ben.edu

Transgender Bathrooms Coming to Campus

Bathrooms cont. from pg. 1

Monmouth University is not the first school to implement gender-free (also called gender-neutral) bathrooms on campus. According to information published by The Stonewall Center, University of Massachusetts Amherst's LGBTQ organization, more than 150 schools across the country feature these gender-neutral bathrooms.

However, this is not the first time that people have attempted to improve issues surrounding the LGBTQ community on Monmouth's campus, according to Melissa Rance, the president of S.P.E.C.T.R.U.M., Monmouth University's LGBTQ campus organization. They have had previous discussions about the living situations for transgender students with Residential Life, but see this as a positive first step.

"I think that this is a great effort that Monmouth University is making to not only help the transgender and gender non-conformity groups, but also to show how accepting Monmouth's campus is becoming, and our intolerance for discrimination of any sort," said Rance. "I am hopeful that there will be little to no issues surrounding this new change that Monmouth is bringing to the new academic buildings. Being an active member of the only LGBTQ organization on campus for three years, and even now, being president of the club, I have seen the gradual progress our campus has made with human rights issues as well as LGBTQ awareness and acceptance."

"Each year, our club gets an influx of new members who fall on every part of the Spectrum, all of whom have the common goal of spreading awareness and making our campus an accepting, safe place for the LGBTQ community. With this new change that Monmouth is making, it feels like our efforts are paying off and that the University is on our side to improve efforts for equality and acceptance," Rance added.

The construction of these bathrooms will only take a few weeks, but there is not a set date as to when the change will be complete. The project will only cost \$1,200 excluding labor costs, according to Peters, making it a relatively inexpensive project for the University to take on.

"No construction is needed to establish gender-inclusive restrooms," said Peters. "The only physical change being made is the installation of signage to select restrooms. The change will be communicated campus-wide and a listing of the inclusive restrooms will be shared with the University community."

The campus response to the idea of gender-free bathrooms is largely positive, with many students commenting that they do not mind the change.

"It's a good idea," said a senior biology student who wished to remain anonymous. "It allows students to choose which bathrooms they want to use, and for trans students who aren't necessarily out yet, they don't have to make a choice that might make them uncomfortable."

Annual Rock N' Raise Event Helps Relay for Life

Raise continued from pg. 1

Eastbourne originated in Long Branch and have been together for four and a half years. They expressed how they were impressed with Hawk TV studio and were excited to help participate in Rock N' Raise. "We had an interview while on WMCX and were asked to participate in the charity event. We hoped on right away, it sounded like fun for a good cause," said band member David Castano. Their record *No Vacancy* was released on Jan. 1.

One of the acoustic performers, BVXX, is originally from South Brunswick but recently moved to the Monmouth County area. BVXX was also impressed with the University facilities and explained, "I tried to get as many people as he could to attend. I loved making music for a good cause." He is expecting to release an album in the early summer but does not have a date yet.

Joey Affatato, also known as The Ramparts Rebel, was another acoustic performer. He is expecting to release a full length album sometime this coming April. He expressed his thoughts about the Rock N' Raise event overall. "I thought it was a lot of fun. I really wanted to take part in the event because of how well it went last year and the fact that I got to get involved with Hawk TV," he said. Affatato will be featured on this semester's Blue Hawk album as a member of the band The Carousers.

"This is an event that I have participated in for the last few years," said Robert Scott, Specialist Professor of Communication. "The event benefits so many people.

Hawk TV members are able to get the chance to produce a live show, local musicians are able to gain recognition, all while supporting Relay for Life."

Donna Dolphin, Associate Professor of Communication, said the event creates an opportunity for students to better understand what goes in to producing a live event. "Every semester Hawk TV puts on a big live event," she said. "Last semester was the live coverage of homecoming. The students are responsible for creating all the content and it takes months to prepare for."

Dolphin explained how she was very proud of all the students involved with the production. "There

was such a calm atmosphere, which is difficult to achieve during a live production," she said.

Joseph Raccuglia, junior communication student and production director at Hawk TV, said he thought the event was a success. "Overall, this was almost a perfect show. Everything technology wise went well and its nice to have some experience with a live production," he said. "It's an important event because cancer affects everyone. We wanted to help since even a little amount can assist a family in need."

Sponsors included Bagel Guys Deli, Avid, U Subs, Red Bull, SAB, WMCX, *The Outlook*, and Relay for Life.



PHOTO COURTESY of Nash Weiner

Acoustic performer Joey Affatato is a junior music industry student looking forward to releasing a full length album in April.

#StarttheConvo Movement Comes to Monmouth

JAMILAH MCMILLAN
ASSISTANT NEWS EDITOR

Student organizations under partnership with Multicultural and Diversity Organization Leadership Summit (MDOLS) hosted a whiteboard project titled #StarttheConvo between Friday, Feb. 19, and Friday, Feb. 26. Each day students were invited to answer questions covering a variety of socially charged issues.

Derby Sale, a graduate intern for the Office of Student Activities and one of the coordinators of the #StarttheConvo project, said that the campaign was meant to encourage meaningful discussions on intersectionality as it encompasses all the members of MDOLS and the University.

According to *geekfeminism.com*, intersectionality is “a concept often used in critical theories to describe the ways in which oppressive institutions such as racism, sexism, homophobia... etc, are interconnected and cannot be examined separately from one another.”

On the first day of #StarttheConvo students were asked, “How do you identify yourself?” Participants filled in their own personalized answers after the words “I am...” on whiteboards. On the second day, the question was, “What does feminism mean to you?” On the third day participants filled in responses after the statement, “My privilege is...” On the fourth day the question was, “What does social justice mean to you?”

When students provided an answer to a question they were asked to hold up their board for a picture. The pictures collected after each day were posted on the MDOLS Instagram. Currently there are dozens of student headshots under the hashtag MDOLS.

“I think events like this are a great idea as the core mission

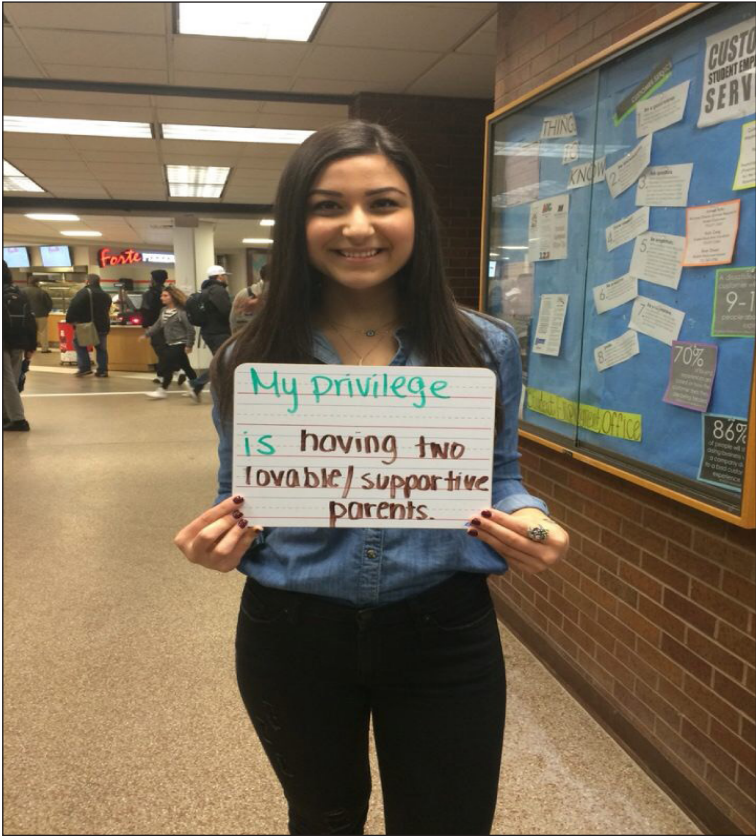


PHOTO TAKEN by Jamilah McMillan

Maya Ayoubi (above) and other students participated in the four day event by posing with their answers to #StarttheConvo topics..

of a university should be to engage students in critical reflection on the compelling issues of the day, and encourage them to grapple with how we can best come together to serve the common good as educated and compassionate people,” said Johanna Foster, Director of the Sociology Program and Gender Studies Program.

“I think that coming to terms with our own perspective on how we will choose to treat other people, as well as our sense of what we, ourselves, deserve in this world and why, is at the heart of any decent liberal arts education.”

Arianna Gordon, a senior health studies student, and the president of the African American Student Union (AASU) is a

member of MDOLS. “As college students, it is very easy to get caught up in ourselves and only what is happening in our immediate spheres. But through the these kinds of events, we are able to remind people that other people struggle too. Other people are facing their own difficult battles and we can’t ever forget that,” she said.

According to Sale, MDOLS has evolved since its original establishment. “MDOLS is a coalition of student organizations and their leaders which all have multiculturalism or diversity as a part of their core values. In the past, it has been a single one day gathering where student leaders discussed their experiences on campus and within their organizations. There was

always the hope of collaborating and putting on programming together, but nothing ever came to fruition. So this year, the Office for Equity and Inclusion and the Office of Student Activities decided to format MDOLS in a way that would allow space for a program to be planned and implemented,” said Sale.

There are a number of clubs in MDOLS this year. “The organizations that participated this year were Alpha Kappa Alpha Sorority, Inc., the African-American Student Union, Gender Studies Club, International Student Club, the National Council of Negro Women, Student Activities Board, Social Work Society, Spectrum, Sigma Xi Interest Group, Lambda Theta Alpha Latin Sorority, Inc., Muslim Student Association, and Students Advocating Girls Education,” said Derby.

“For me MDOLS has been an opportunity to meet other students of different backgrounds than myself and learn about what is precious to them. Also it has been a chance to meet other leaders like myself and realize they have the same kind of worries and concerns as me. I love it and I hope future student leaders will have the opportunity to be involved as well,” said Gourdon.

Jennifer Russo, a sophomore animations student, and a member of SAGE said, “I noticed that a lot of students were nervous about answering the questions on the last day about social justice. It was hard. A lot of students said they didn’t know the definition, and other students seemed afraid to share their thoughts.”

Foster shared her opinion on students reaction to the project. “In general, sometimes it is just hard to put words to sentiments, even if one feels strongly about an issue. At the same time, I do think that some students have

just not been asked to formulate critical political stances as part of their educational experiences, including during their time at Monmouth,” she said. “The more students can be exposed to courses where the study of social inequality takes center stage, such as in sociology and gender studies, the more students can articulate their positions on a continuum of support or resistance to social justice.”

Nagwa Ahmed, a senior biology student participated in #StarttheConvo twice. She said, “It’s important to have events like this on campus to give each other some insight on what is going on in other people’s head, and to put ourselves in other people’s shoes. At the end of the day, we may not know how similar we really are to other people on campus.”

It took many meetings with member organizations of MDOLS to define the project and its purpose. “We have actually done a great deal of planning. This is the first real fruits of our labor in a way,” said Gourdon.

According to Gourdon #StarttheConvo is not the last time you’ll see of MDOLS this semester. “It’s exciting because we have also talked about possibly doing a walk for awareness on campus and even organizing some kind of service project,” she said.

“I typically don’t think of Monmouth as being ‘diverse’ because I don’t see too many people from different nationalities on a day-to-day basis, but I believe that students should all get involved in these types of campaigns. It’s one of the things that can bring all students, no matter what their background is, together as one,” said Ahmed.

If you participated in the #StarttheConvo or would like to see more pictures from the campaign follow @monmouth_MDOLS on instagram.

Criminal Justice Career Fair Welcomes All Majors

Criminal Justice cont. from pg. 1

see and sample every career in one evening.”

The five categories students can sample include:

1. Federal law enforcement (FBI, DEA, Secret Service, US Border Patrol, Office of Inspector General, etc.)
2. State, County, and Local Law Enforcement (State Police, County Prosecutor’s Offices, Municipal Police Departments, NJ Transit Police, Port Authority Police)
3. Homeland Security (FBI, US Coast Guard, FEMA, NJ State Police, Major for Homeland Security)
4. Corrections, Parole, and Probation (both state and federal, case workers)
5. Rehabilitative Services and Victim Assistance Services (Victim Advocates/Counselors, Addiction Treatments Specialists, Sex Offender Therapists, etc.).

Presenters will introduce themselves and explain their careers. After that, the floor will be open to questions by students and faculty facilitators.

After one session is over,

students will get the chance to visit two other agencies out of the five available. Finally, at 8:30 p.m., everyone will gather back at the main room so students can seek out the professionals they would like to speak to further. Sewitch said, “Suppose you were intrigued by the FBI agent and you wanted to talk more about opportunities, now you have the chance to talk one-on-one with them.”

The networking event was created to allow students to get their foot through that ever competitive door. Sewitch said, “It’s a great opportunity to meet people that they might not have the opportunity to meet, and get a glimpse of a career that maybe they hadn’t thought about.”

Senior criminal justice major Regina Strugala helped to plan the networking event. She made several phone calls and sent multiple emails to get commitment from speakers. As of now, there are about 50 speakers for the event.

Strugala, president of the Criminal Justice Honor Society, uses the event to discover opportunities for experience. Strugala wants to work with the FBI in the future, but acknowl-

edged that the FBI doesn’t hire graduates straight out of college without previous experience. “You need to be open to the different opportunities out there,” she said.

Grillo said that the networking event will expose students to areas of criminal justice they might not have considered before.

She said, “I learned most students believed that the primary options for employment were law enforcement, probation or parole officer. However, there are a myriad of other positions, as well as fields that coalesce with criminal justice and homeland security, such as accounting, political science, computer science, sociology, biology, chemistry...I could literally go on and on.”

The networking event will allow students to learn about both sides of the criminal justice coin. Sewitch said, “We’re going to have both ends of the criminal justice system: the end of it that wants to enforce the law and see that the guilty are brought to justice and punished, and the end of it, that once that happens, let’s help these offenders become healthy, productive

citizens and reintegrate into society.”

Just about a discipline could have a criminal justice application, which is why all majors are invited to attend the networking event. Students will learn of opportunities tailored to their majors they might not have known about before.

Senior criminal justice major and Marine veteran, Mike Simon, feels that every student should make the effort to check out the event. He said, “Anybody that wants to work in or around the criminal justice field, whether it be social workers, psychiatrists, CJ majors themselves, they should attend this event, not only to get a clear perspective and a more in-depth look at the different agencies that are out there, but to network.”

Additionally, Professor Grillo said that the event is a good way to find out about internships. She said, “The criminal justice major requires the completion of an internship at a CJ or HLS [homeland security] related agency. The networking event includes agencies, law firms, and companies that offer internships to our students. Thus stu-

dents can explore internship opportunities and begin preparation for their internship as early as freshman year.”

Professor Grillo also stresses the importance of planning for the future. She created the networking event ,in part, to make students aware of the lengthy hiring process the law enforcement has. In many cases, it may take a year or more to complete the process. By starting the process junior and senior year, students will have a better chance of employment after graduation.

In all, Sewitch wants students to attend to help open their eyes to new career goals. He said, “We feel one of our chief responsibilities is career mentoring. We want to educate our students, but we also want to help them realize their career aspirations.”

This is an informal event, so students are advised to dress business casual. Students are also invited to, but not required to, bring handouts, business cards, and résumés. For more information, contact Nicholas Sewitch at 732-571-3529.

THE OUTLOOK

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The Most Admirable Women

In honor of Women’s History Month, *The Outlook* staff shares who they believe is the most inspirational woman in history.

Malala Yousafzai

She is the youngest person to ever win the Nobel Prize. I think she is admirable because she is a true leader of this generation, and she fights for women and girls education.

Phillis Wheatley

She was the first black female poet to ever be published. Her poetry, while on the surface may seem plain and basic, is packed with many subtle messages against slavery and against social injustice. She is admirable because she was a pioneer in the literary world for African American women.

Angelina Jolie

She strives to live a life of use to others, which led her to be honored with the Jean Hersholt Humanitarian award in 2013. She works tirelessly to give men and women across the world the same opportunities in life that she has.

Lady Gaga

She is an unstoppable, record-breaking, multi-platinum, award winning musician, singer, actress, writer, and philanthropist. Gaga is admirable because she has been an advocate for equal rights and anti-bullying. She set up the Born This Way foundation to create a kinder world and to help young people who are being bullied or are depressed.

Jennifer Lawrence

She called out the Hollywood gender pay gap in an essay she wrote and she promotes body positivity for girls. I think she’s admirable because she plays such strong female characters in films and she’s not afraid to break gender expectations off screen either.

Jane Goodall

She is an inspirational and under-appreciated figure, for she has contributed tremendously to conservation and animal welfare efforts. In an era when anthropology was dominated by men, Goodall

was a pioneer and shattered the barriers to provide a path for women to follow their dreams. She has received dozens of peace and achievement awards and is a best selling author. It is important to pay tribute to those that have set the stage for women to succeed in the present, and Goodall is a prime example of a female trailblazer.

Emma Watson

Her impact and fight for equal gender rights has been very influential. She has already become a UN Women Goodwill Ambassador, visited Zambia and Bangladesh to promote women’s education, and delivered an address at UN Headquarters to launch the HeforShe campaign. I think she is admirable because she used her actress popularity to springboard her support for equal rights, an amazing cause, instead of wasting it.

Alice Paul

She had a major role and impact on the American Suffrage Movement. She formed the National Women’s Party (NWP) and organized the ‘Silent Sentinels’ to stand peacefully outside the White House. These women were attacked and arrested and Paul continued her efforts inside prison. She went on a hunger strike and was force fed in prison. These efforts forced President Woodrow Wilson to reverse his position on the issue and the nineteenth amendment was later passed. She is admirable because she sacrificed so much to ensure that women had the right to vote. Without her, who knows if women really would have ever achieved this.

Julie Andrews

She is one of the most poised and classiest women that has ever graced this world. Julie Andrews has always inspired others to never let a dream die, such as when she was looked over for the role in the film *My Fair Lady* even though she was

part of the orginial Broadway cast. She is what many women aspire to be: an inspiration to others.

Amy Schumer

She is a talented American stand-up comedian, writer, actress, and producer. She is the creator, co-producer, co-writer and star of comedy series. She can be considered admirable because she stands against all the critical beauty standards of our current society and she is just a completely genuine female celebrity.

Eleanor Roosevelt

She worked very closely with the Red Cross when America entered WW1 by took care of the shell-shocked and wounded soldiers in the hospitals. And after FDR passed away and she had to step down as First Lady, she became chairperson of the UN Human Rights Commission, where she helped Universal Declaration of Human Rights”. She did so much for the improvement of human rights and is such a strong women.

Amy Poehler

She achieved such success in her career by taking risks and working hard. I think she is admirable because she uses her platform to advocate for gender equality, often writing and producing her own material to create more roles in the industry for women and always serving as a prime example of feminism.

Condoleezza Rice

She was the second female and first African American female Secretary of State. She had a very accomplished career and broke gender and racial barriers.

Jennifer Aniston

She is so talented and looks amazing for her age. She is very accomplished and was on the hit sitcom Friends for years. I think she is so admirable because she has always been so kind and classy throughout all of her success.



JANE GOODALL



EMMA WATSON



CONDOLEEZZA RICE

IMAGES TAKEN from (L-R) pinterest.com, mirror.co.uk, and businessinsider.com

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Are Best Friends Our True Soul Mates?

LAUREN NIESZ
HEAD COPY EDITOR

You're walking up the endless flights of stairs of Wilson Hall to get to your first class of your freshman year at Monmouth University and you finally get to room 312. You bond with the student sitting next to you ("Oh my God, I am so out of breath from those stairs") and you two keep talking. Soon enough, the next thing you know, the two of you are inseparable. When you are not together, people wonder where the other is. The second you're not together, you're snapchatting and texting each other that you miss each other—it can be seen as pathetic, but you know it's true!

Many people don't believe in the concept of soul mates because they limit themselves to thinking purely of romantic relationships, but I am here to convince you that you're thinking too narrowly. Open up your mind to the idea that a soul mate can be a non-romantic relationship. I truly believe that your soul mate can be your best friend. As a generation that has placed more and more emphasis on hooking up, getting into relationships seems to be more difficult. And, as we get older, we start to focus on finding "the one" and settling down.

We start to pressure ourselves

into thinking that the perfect one doesn't exist. What we fail to see is the one person that truly has been your soul mate throughout your search for "the one"—your

best friend. Things that you would imagine your significant other "soul mate" doing are things that your best friend already does for you!

Your best friend is always there for you when your search for "the one" ends up dry. S/he is there when you're crying your eyes out and cursing the boy or girl who

broke your heart. Your bestie is the one who is there for you with unconditional love.

If you're having a bad day and everything seems to be going wrong, who is the first person you text to vent to? Your best friend, of course! They understand you. They know exactly how to cheer you up. Whether it's eating cookie dough and dancing around in your sweats to rap or getting out of the house together, s/he will know just the right thing to cheer you up.

I think we become so self-involved that we fret over our futures and who we are going to spend that future with. But, when we think about our futures I am sure that none of us could actually picture of a future without our best friends! We take them for granted, and forget that they have been on our side for just about everything. We should really be more appreciative of all that they do and recognize how great they are.

Hilary Duff once said, "'Soul Mate' is an overused term, but a true soul connection is very rare, and very real." So, when you find your best friend for life, whether you've been besties from birth or if you just met them at Monmouth University after running up the steps of Wilson, never let them go and let them know just how much you appreciate them in your life.



Possible soulmate best friends, Lauren Niesz and Amanda Drennan (above) wandering through Disneyland together.

The Importance of Traveling

AMANDA DRENNAN
COPY EDITOR

Traveling is a great way to expand your view on the world, and if you have the opportunity to travel, you should take it.

Being at Monmouth, it's easy to forget that there's a whole other world outside of our little niche. The surroundings we're used to at Monmouth can feel like it has it all. There are shops, restaurants, and having our own beach doesn't hurt. Unfortunately, Monmouth doesn't have everything. There's a lot that you can learn when you're outside of your niche. It might not seem like it, but people who live even a few hours away live a different lifestyle than we do.

There's a lot that you can learn when you're outside of your niche.

When you're traveling you're learning. When you visit new places, you're learning the history of them, which seems like a much better lesson than a history class. The lessons you learn when you travel are a whole different learning experience because you're making yourself familiar with a new environment.

Traveling is a good way to mature. You might find yourself in a new culture when you arrive in an unfamiliar place, and it is important to be respectful of these peoples' cultures.

When preparing to go somewhere, a lot of planning and coordination goes into your trip. Organizing a trip can help you learn new responsibilities because you're responsible for yourself and catering towards your own desires. If it's also a good way to test your responsibilities. You are out on your own, and you are totally responsible for yourself and all of your needs.

There's different concepts of traveling - local and distant. You shouldn't limit yourself to just one. Don't be afraid to travel to an unfamiliar place; broaden your experience. Sure, it'd be great to be able to travel all over the country, or the world for that matter, but can your average college student afford a bunch of trips like that? I wish, but probably not. There's so much you can do in a day trip. Not having to worry about paying for a hotel and pricey travel expenses, you're able to discover places around you that you might not have known existed. If you're bored of day trips, plan an exciting adventure with your friends.

I know when I have enough money saved, I'd rather spend it on an experience. There are so many places that I would love to travel to. I love that when traveling, I'm able learn about other cultures. I think the best way to learn is through experience. Some of the best times I've had is when I'm traveling with my friends. You can have fun and learn so much when you are exploring a new place. There are so many places I would not have even known existed if I didn't allow myself to go new places.

One special advantage we have here at Monmouth Univeristy is the option of studying abroad. They offer traveling to Spain, Australia, London, or Italy for either a whole semester or four weeks in the summer. It is the same tuition as a regular semester at Monmouth University which makes traveling and experience more affordable for people our age, rather than attempting to travel on your own. Study abroad also gives you more time to embrace the culture simply because you spend time living there, not just vacationing. It is definately something to look into.

The best part of traveling is the new experience. Some of the greatest moments of your life can happen when you're traveling to new places. Whether you're going around the world, across the country, or just around the block, there is always a good reason to travel.

ARIES

MAR. 21 - APR. 19

The Sun in Pisces indicates that taking time out to resolve emotional issues and release any baggage could be very helpful. Use this opportunity to dive deep and find out where the problem really lies. You'll come away with more energy and joie de vivre by doing so.

TAURUS

APR. 20 - MAY 20

The week's start could be quite businesslike, particularly when discussing career issues, going for job interviews, or initiating new projects. Tread with care this week. Sensitively research their ideas before you hold any important talks and you'll make a good impression.

GEMINI

MAY 21 - JUNE 20

You may be pushed into making a decision later this week, and you'll need to have the right information on hand. Everything should fall into place if you can hold off until then or even the following week.

CANCER

JUNE 21 - JULY 22

It's best to approach certain issues with patience even though your instinct may be to hurry. You'll benefit from tackling financial matters slowly, particularly if you're looking for funds to start a project. Greet the inevitable delays with humor and everything will sort itself out.

LEO

JULY 23 - AUG. 22

An issue regarding family and home matters that you've been working on could flare up once more. This is your opportunity to look at it squarely and resolve it once and for all. If you can do this, you'll find that you have more energy to put into creative and fun activities.

VIRGO

AUG. 23 - SEPT. 22

Try to avoid conflict wherever possible this week. Tuesday's Quarter Moon could spotlight family issues between you and your partner. If you can find a compromise, it will be so much easier. The same goes for any other issue that flares up later in the week

LIBRA

SEPT. 23 - OCT. 22

Information that you retrieve within your psyche might lead to a revelation as to a great way to increase your income, Libra. Whatever it is, look into it carefully, and then if the information seems to be accurate and useful, go for it. These days, fortunes are being made in surprising ways!

SCORPIO

OCT. 23 - NOV. 21

Leisure and pleasure options continue to draw you in, encouraging you to explore your skills and talents and showcase them in the best way possible. There's a chance you could impress someone who wants to engage your services, so don't hold back.

SAGITTARIUS

NOV. 22 - DEC. 21

A new creative project of some kind could set your career in a new direction, Sagittarius. Any new enterprise begun today is going to have its ups and downs, but all signs indicate that it will succeed. Consider the project carefully before making a decision.

CAPRICORN

DEC. 22 - JAN. 19

Saturn's tie with Venus on Monday suggests that a wise investment could benefit you in subtle ways, perhaps by boosting your confidence and providing you with information that enhances your understanding of yourself.

PISCES

FEB. 19 - MAR. 20

The Sun in your sign currently bestows greater vitality and energy on you. Even so, unless you're deeply interested in or passionate about something, you may find it difficult to get going. This week, work on those projects and ideas that mean the most to you.

AQUARIUS

JAN. 20 - FEB. 18

You might need to work through a few issues before you can make the kind of progress you envision. However, any conflicts you encounter could be due to a desire for greater freedom. Nevertheless, if you've made a promise to someone, you should keep it even if doing so proves a bit difficult or uncomfortable.

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Former Chief Justice of New Jersey Pays Visit to MU

MALLORY INSELBERG
CONTRIBUTING WRITER

Monmouth University had the honor of hosting a meet-and-greet with Deborah Poritz, the former Chief Justice of the New Jersey Supreme Court, on Feb. 21. Justice Poritz is the Public Servant in Residence at the University and was asked to give a lecture for the Political Science department.

Prospective law students watched her speak, regarding her success as the first woman Chief Justice of the New Jersey Supreme Court, how her gender has impacted her decision-making, and the reputation she established for herself in a male-dominated workforce, as well as shedding some light on the evolution of the same-sex marriage case.

Originally from Brooklyn, N.Y., Justice Poritz graduated from James Madison High School in 1954 and then went on to graduate from Brooklyn College in 1958. She chose to continue her education at the University of Pennsylvania Law School. Justice Poritz made New Jersey history when she became the first female Attorney General of New Jersey in 1994, where she served until 1996. Defying the odds yet again,

she became the first woman Chief Justice of the New Jersey Supreme Court in 1996, where she served until 2006. Becoming the first woman to hold two of the most prestigious positions in NJ politics, she has inspired thousands of women to break the gender barrier that surrounds politics.

Justice Poritz prepared a speech regarding the gay marriage controversy. She described the importance of language in the interpretation of law at the state and federal level as well as the adjudication of justice at the state and federal level. She discussed and stressed that language was an essential component to her individual decision-making and what she considers establishing a fair course of action to take in such controversial cases.

Dr. Joseph Patten, Chair of the Political Science Department, said, “Her talk was really interesting because it traced the history of same sex marriage rights while revealing the complexities and nuances of judicial decision making. I loved how she let us take a peek inside the mind of a Chief Justice as she reasoned her way to a just decision.”

As Justice Poritz traced the history of the gay marriage controversy

through court cases, she emphasized the prevalence of language in the application of the law, especially in regards to a topic that elicits such controversy.

Senior political science student and prospective law school student, Nick Whittaker, said, “Justice Poritz did an outstanding job articulating the judicial process in the context of the Equal Protection Clause. As she demonstrated in her lecture, she is an avid advocate for language. That resonated with me because it confirmed the reason why I want to go to law school. The law is not black or white, rather it is meant to be analyzed and interpreted.”

Justice Poritz emphasized that when it comes to judicial processes and ultimate decision-making, sometimes not all judges will concur on how the law should be approached or applied. She highlighted her need to adhere to language as an imperative form of the interpretation of law, encouraging prospective law students to think outside the box and remain adamant on what they individually believe the law means and stands for.

Professor Bordelon, Professor of Political Science, remarks, “I think that it was important for our stu-



PHOTO COURTESY of Mallory Inselberg
Political Science Majors Mallory Inselberg and Janaya Lewinski pose for photo with former NJ Supreme Court Justice, Deborah Poritz.

dents, who may be thinking about going to law school, because they are able to see the blending of judicial interpretation and justice and it was particularly interesting for those students who are curious about how the conference procedure happens and how justices do not necessarily agree on how the law should be applied.”

Whether dealing with federal law

or state law, the entire nation looks towards the Constitution for direction. Justice Poritz eloquently expressed her opinion on what makes law transformative and informative at the same time. She provided immense insight into the world of judicial decision-making and judicial processes. Her impact resonated with the student’s, whether they wished to pursue law school or not.

A Nomination for the Books

KATHATINE DIX
STAFF WRITER

President Obama has made a nomination for a lifetime government position— not for a Supreme Court Justice— but for the Librarian of Congress. *The New York Times* reported that President Obama nominated Dr. Carla Hayden on Feb. 24. According to Nicholas Fandos of *The New York Times*, not only would she be the fourteenth person in America’s history to hold the position, but also the first woman and African American to be the Librarian of Congress.

The White House has released President Obama’s nomination, “Michelle and I have known Dr. Carla Hayden for a long time, since her days working at the Chicago Public Library, and I am proud to nominate her to lead our nation’s oldest federal institution as our 14th Librarian of Congress,” he said

“Dr. Hayden has devoted her career to modernizing libraries so that everyone can participate in today’s digital culture. She has the proven experience, dedication, and deep knowledge of our nation’s libraries to serve our country well and that’s why I look forward to working with her in the months ahead.”

Dr. Hayden still needs to go through the confirmation process, but President Obama said, “If confirmed, Dr. Hayden would be the first woman and the first African American to hold the position – both of which are long overdue.”

The library has been in great need of new leadership. Fandos of *The New York Times* added that the Library of Congress has not had a permanent leader since September; and still will not until Congress approves of President Obama’s nomination.

If Dr. Hayden becomes the official Librarian of Congress, the country can expect advances in the technology of the national library. Fandos emphasized how the library is behind in the digital age, and Dr. Hayden has dedicated her career to modernizing libraries. Monmouth



PHOTO TAKEN from NEH.gov

Carla Hayden, was nominated by President Obama to be the 14th Librarian of Congress.

University sophomore education student Mary Fitzgerald said, “I think this is what our country needs. It’s really great we’re taking steps toward the future.”

The University specialist librarian Susan Bucks is also in support of President Obama’s nomination. She said, “I think Dr. Carla Hayden is a great choice for Librarian of Congress. As a librarian, I think it is wonderful that an experienced, professional librarian has been nominated. The Library of Congress not only supports the activities of Congress, and is a repository for the nation’s cultural output, but it also plays an important role in influencing public perceptions of libraries.”

She added, “With her public library experience, Dr. Hayden appears to have a deep understanding of the importance of libraries to all citizens. She seems especially aware of the essential role technology plays in how we access information. I think it is great that an African American woman has been nominated. Women still constitute more than 80 percent of the profession. Furthermore, I think African Americans are particularly underrepresented in our government’s leadership positions.”

The responsibilities of being the Librarian of Congress are more complex than one may think. Lilli Peterson of *Refinery29.com* described the duties Dr. Hayden would have if her nomination is approved. She would manage a staff of 31,000, manage a budget of \$600 million, and watch over the collection of 160 million items. Fortunately, Dr. Hayden has

an extensive history of modernizing the libraries in cities such as Pittsburgh, Chicago, and Baltimore.

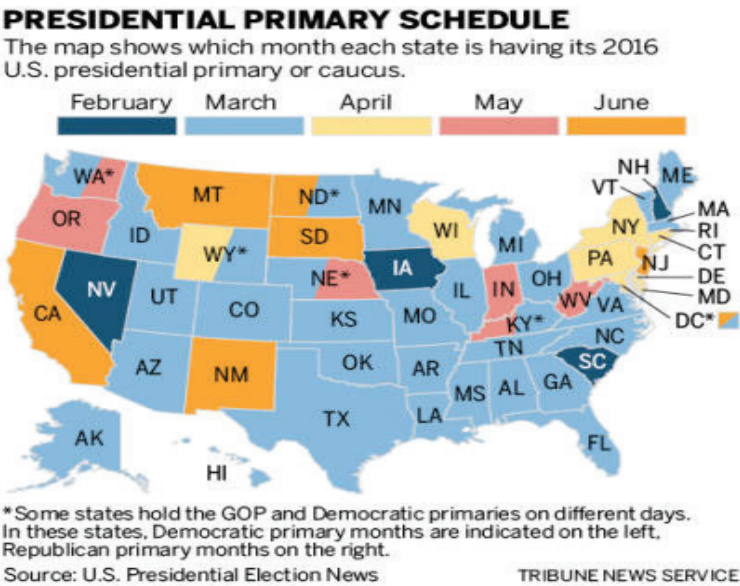
It is uncertain whether the Republican-dominated congress will approve President Obama’s nomination. The process of the Librarian of Congress nomination being approved is very much unknown, and political science professor

Dr. Steven Chapman, Assistant Professor of Political Science, explained the process. He said, “The Library of Congress position, while less attention-getting than other presidential nominations—especially in light of waiting for Obama to name of a Supreme Court nominee—still carries with it important duties. Probably most relevant to students is the librarian of Congress’ power over Copyrighting and the Digital Millennium Copyright Act (DMCA), which protects against pirating media on the internet.”

He added, “Carla Hayden will go through the same Senate-confirmation process as any other nomination the president makes. I do not expect to see as much push-back from Senate Republicans on Hayden as there will be with the Supreme Court of the United States (SCOTUS) nominee.”

He concluded, “Hayden’s confirmation would not only be historic, as she would be the first female and African-American nominee to hold the position, but she also carries with her an impressive resume. She holds a Ph.D. in library science and has held numerous positions of prestige over her career.”

What’s Coming Up After Super Tuesday?



With Super Tuesday out of the way, here is the schedule for the rest of the Presidential Primaries this month.

Republicans	Democrats
March 1- Alabama, Alaska, Arkansas, Georgia, Massachusetts, Minnesota, Oklahoma, Tennessee, Texas, Vermont, Virginia	March 1-8- Democrats Abroad
March 5- Kansas, Kentucky, Louisiana, Maine	March 1- Alabama, American Samoa, Arkansas, Colorado, Georgia, Massachusetts, Minnesota, Oklahoma, Tennessee, Texas, Vermont Virginia
March 6- Puerto Rico	March 5- Kansas, Louisiana, Nebraska
March 8- Hawaii, Idaho, Michigan, Mississippi	March 6- Maine
March 12- District of Columbia	March 8- Michigan, Mississippi
March 15- Florida, Illinois, Missouri, North Carolina, Ohio, Northern Mariana Islands	March 12- Northern Marianas
March 22- Arizona, Utah	March 15- Florida, Illinois, Missouri, North Carolina, Ohio
	March 22- Arizona, Idaho, Utah
	March 26- Alaska, Hawaii, Washington

4th Annual Criminal Justice
Networking Event

Wednesday, March 9, 2016

5 p.m. to 9 p.m.

Wilson Hall

Refreshments will be served

All Students Are Welcome To Attend!

The Criminal Justice Department designed this event to connect students with working professionals in order to explore internship and career opportunities in the field of criminal justice and homeland security. Presenters include numerous representatives from local, state, and federal criminal justice agencies.

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Continuing students in good academic standing are invited to register EARLY for all the Summer 2016 sessions.

The WEBadvisor online listing of SUMMER COURSES are currently available.

Students will be able to self-register using the WEBRegistration component of WEBadvisor. Students who have not yet obtained advisor approval will need to register in-person at the Registrar's Office.

Full details are listed in the information and instructions e-mailed to your MU e-mail account.

WEBstudent Screens for Registration:

- Course Schedule Information
- WEBRegistration Approvals / Blocks
- Course Prerequisite Worksheet
- Search and Select Courses
- Register for Previously Selected Courses (Worksheet 2)
- Remove from Waitlist

Questions ... contact
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ashanadvisor@monmouth.edu

The Student Alumni Association's 2nd Annual PHIL THE PIG Campaign

Fill your pig and build your class bank account!

Why should you feed your pig??



ALL money raised will go directly into your class' bank account so you are able to purchase a spectacular Senior gift and leave your legacy on campus!

ALL students who feed their class pig will be entered for a chance to win prizes including a variety of gift cards to favorite local establishments as well as a grand prize of a **TABLET**! The class who has the highest participation rate will get a special prize as well!

Piggy banks will be located in the Student Center on 3/7, and 3/21 and the Dining Hall on 3/3, 3/10, and 3/24 from 12-3 PM.

Remember... don't let your pig starve!

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Time Management Hacks for College Students

COURTNEY BUELL
CONTRIBUTING WRITER

Time management is a tough skill to master, especially in college. It seems that there aren't enough hours in the day to get all of the things done on your list. Balancing school, work, and a social life seems nearly impossible, but somehow it has to be done. It is so easy to let things spin out of control, to throw caution to the wind and hope everything goes well. But you'll find that without proper planning, balancing these things will take a physical and emotional toll on you and leave you stressed.

Productivity stems from organization. Having some form of written schedule, whether it be a piece of paper or a planner, will make you feel organized and ready to take on the day. Organize tasks by the time it will most likely be accomplished, even color-code which tasks are school, work or social related. Alyssa Cosentino, a sophomore psychology student said, "My planner makes me feel like I really have my life together. I don't know what I would do without

it."

List proper times for these things to happen. Having a written sample of all the tasks you need to accomplish today will leave you in a better state of mind, and it's difficult to forget something once it's written down.

With a clear schedule for activities, it's easy to think that having a time for everything will work perfectly. Unfortunately, life is not perfect and neither are you. Mistakes happen, so it is also incredibly important to leave time for something to go wrong. Countless times people are late because of car trouble, spilled coffee, or their printer didn't work. Daniela Climenti, a junior communication student said, "I can't tell you how many times I was running late and everything seemed to go wrong." Things go awry often, so it's nice to be prepared and leave some extra time just in case. Having mistake time accounted for will relieve stress when things actually do go wrong and you'll thank yourself in the end.

Procrastination is the enemy of time management. For some

it is how they live their lives. They wait until the last minute to get things done. There is nothing wrong with procrastination, especially if the same result is achieved and the task is completed. If procrastination is something you can't shake, but still don't want the stress that results from it, try writing down all of the things you need to get done and rank them by level of importance.



IMAGE TAKEN from stemjobs.com

Finding that extra time in the day to keep organized makes all the difference.

Things that have little consequence on whether they get done or not go on the bottom, while things that absolutely need to get done go at the top. This puts into perspective what is really important for the procrastinator, and odds are the things that aren't as important can wait until later.

Distractions lurk at every corner. It is so much easier to get thrown off track these days. Social media makes it so tempting,

even while at work, to just check out what others are doing. To be productive, checking these outlets must be limited. Try putting your phone on airplane mode so you won't be tempted, or instead try rewarding yourself with it.

For every task that needs to be done, allow yourself a limited amount of time to take a break and check your social media. If there's an episode on Netflix you've been dying to get to, get a certain amount of work done, then watch it. Remember that breaks in moderation while working are good. It may bring some clarity to you and help you from getting tired and giving up.

Lorna Schmidt, Director of Advising and communication instructor said, "Planning is so important in order to effectively time-manage." While planning will make things much easier, it is important to understand that it's okay to not be able to get to everything. It's impossible for someone to expect that much of you, and odds are they're battling the same time management issues you are. With some practice and a little motivation, you'll be productive in no time.

Playa Bowls: A Fun Alternative to Healthy Eating

MEAGHAN WHEELER
CONTRIBUTING WRITER

When you think of food at college the first word that comes to mind usually isn't "healthy." Late night snacks like microwavable popcorn or ramen are not often the best options, but they sure are

convenient. It seems easier to grab a cookie or two in the dining hall than it is to grab an apple. French fries go better with a sandwich than spinach and cucumbers, right? If only there were a trendy, fun place to eat with your friends that was not only delicious, but healthy.

Your prayers have been answered.

Welcome to playa bowls. A store front beautifully decorated and located on Ocean Ave in Belmar. This eatery is less than seven miles away from Monmouth University's campus. You may have seen their colorful photos on Instagram or heard about this deliciously organized fruit cup, but playa bowls is a place that needs to be experienced by everyone.

The foundation of these fruit bowls are two super fruits: Acai and Pitaya. They blend these up with different juices and berries to create a delicious smoothie textured bottom. The next layer in the bowl can be created with fruit, granola, nuts, coconut, protein, almond butter, and even bee pollen. You can create your own cocktail of fruits and toppings! The last layer is topped off with Nutella, honey or peanut butter. It is a new, unusual and healthy option for a daytime meal or snack. This beach cafe is open year round in Belmar.

Yes, Juniors at 1 a.m. is delicious ,and Shadows' fries are always a go-to, but a playa bowl is an alternative that makes you feel good, tastes good and it is good for you. Healthier options are important when

trying to live a happy, nutritious as well as busy life. These exotic fruit bowls aren't easy to find and they are filled with antioxidants. Providing unusual ingredients is beneficial in gaining a nourishing product that customers love and these bowls do just that. They are tasty whether it is a sunny summer afternoon or a cold morning during a blizzard.

The owners have created an assortment of bowls to make playa bowls season friendly. At first, playa bowls was a summer treat, limited to the months of May through September. Now when autumn comes around, so does the pumpkin spiced acai bowls filled with blended acai topped with pumpkin flax granola, banana, pumpkin pie spice and a drizzle of pumpkin butter. It is as good as it looks.

For those cold November days they created the caramel apple bowl. Blended organic acai topped with sliced apples, banana, granola, chopped peanuts, cinnamon and a drizzle of caramel apple butter.

'Tis the season to eat playa bowls in December with their North Pole Bowl. This bowl contains their signature acai blend topped with banana, organic granola, crushed peppermint, dark chocolate salted

caramel drizzle and a sprinkle of cinnamon. Feeling lucky? Try their Leprechaun green power bowl with blended kale, pineapple, banana, coconut milk then topped with banana, kiwi, coconut flakes and peanut butter.

University students have been raving about this establishment. Junior, Kaylie Mazza said, "Playa bowls was delicious! I loved the ambiance. The music was perfect for the relaxing environment. I could see myself just hanging out there doing homework."

"The bowls were so good. I liked the vibes of the store. I would go again and again," sophomore, Alyssa Cosentino said. "I wish I had a car on campus so I could go all the time. They should start to accept declining dollars because I do not have \$10 for breakfast." The only con about this healthy eatery is the prices. Bowls are between \$7-\$10 and some college students are on a tight budget."

No matter the season, no matter the day, playa bowls is a convenient, healthy and unique eatery for students to enjoy. Instead of grabbing that cookie or ramen noodles, why not grab a fresh playa bowl instead?



PHOTO COURTESY of Meaghan Wheeler

Acai berries contain antioxidants, fiber, and healthy fats.

Best Places to Shop and Eat in the Monmouth Area

CHELSIE TROMBETTA
STAFF WRITER

One of the great things about going to school in the Monmouth area is its location. It's only a short train ride away from New York City, and when the weather's nice, you can go to the beach. As a senior, I can say that during my freshman year, it was hard to find things to do on the weekend when you're new to the area.

However, it doesn't take long to learn about and experience all of the places this area has to offer. The neighboring towns offer many places that students love to venture to after class or on the weekends. Whether they are clothing stores, fun activities, or great restaurants and bars, there is always something to do.

There are so many great restaurants, bars, and diners to go to that will shortly become one of your favorite places to grab food. The best thing about this area is the amazing

food. A common favorite restaurant is MeeMom's in Wall, NJ. It is the perfect place to go to for brunch because it has a variety of French toast and amazing sandwiches. Another great restaurant and bar to go to is Tommy's Tavern & Tap in Sea Bright. They have a huge selection, from amazing freshly made pizzas to delicious burgers. Its rustic atmosphere makes it a really cool place to meet up with friends. When it comes to breakfast, one of my favorite places to go in the area is Amy's Omelette House in Long Branch, which is popular for its large selection of omelettes.

Finding new things isn't hard to do in Asbury Park because there are a lot of amazing places to go. Erin Shevlin, senior communication student, said, "One of my favorite places to go to in the Monmouth area is Asbury Park. There is always something to do which makes it the perfect place to go to when you want to go out with your friends." Asbury Alehouse is

one of my favorite restaurants. It has amazing burgers and appetizers. Matthew Lawrence, specialist professor of communication, said, "La Tapatia in Asbury is one of my favorite Mexican places to go to in this area." Asbury has a lot more to offer than just restaurants and bars. Lawrence added, "House of Independents just opened in Asbury and is a venue that usually has different things like concerts going on during the week."

Other than restaurants, there are many places to go to and have fun with friends. Emily Shapiro, senior communication student, said, "Pinot's Palette is a newer concept where you and your friends go to a paint studio, bring wine, and paint a picture. I go to the studio located in Manalapan and it is a great time. You need to sign up online because classes fill up fast."

Even a couple of minutes away in Ocean, there are fun things to do when you want to kill a couple of hours and don't want to go too far.



IMAGE TAKEN from meemoms.com

Meemom's has a vast assortment of unique french toast dishes.

Shapiro said, "Sky Zone Trampoline Park in Ocean is not only great for children, but is also so much fun for adults. This trampoline park is filled with trampolines and obstacle courses to get you and your friends active."

There are many opportunities to go to different places for shopping. In Red Bank, there are not only small boutiques like Lucki Clover but there are also popular stores like

Urban Outfitters that can be a fun way to spend the day.

These are just a few places out of many that can be a lot of fun for you and your friends. During these years at the University, it is important to see the great things this area has to offer because you may miss out on some really great experiences. So grab your friends and explore all of the new places you've never been.

Michael Malpass Retrospective Opening in Pollak

PRESS RELEASE

WEST LONG BRANCH, NJ – Monmouth University's Center for the Arts is pleased to announce the opening of a new gallery exhibit, a retrospective of one of the most respected sculptors of the 20th century, Michael Malpass (1946 – 1991), taking place in the Pollak Gallery from March 8 through June 30. The opening reception will be held on Friday, April 1 from 6 – 8 p.m. and will include a premiere screening of a new documentary *Michael Malpass - A Great Circle* created by Monmouth University Communication students under the direction of Erin Fleming, director of Production Services.

The exhibit will feature sculptures, prints, collages and jewelry Malpass made during his extraordinary career. His sculptures primarily explore the sphere using found metal objects. He would often say, "The sphere is the most perfect form. It is efficient, for example, with the most volume for the least surface area." Applying traditional blacksmithing techniques the industrial shapes, composed of iron, steel, brass, bronze and copper, were forged into an arc and welded together to form the sphere. Ultimately they were ground and polished, wire brushed or painted. "In my work there is an element of discovery," Michael wrote during this time. "For what I do is take what people have discarded, change the objects, rearrange objects, weld objects and grind objects to fit a sphere. I recycle but also elevate. The scrap is given importance because it becomes part

of the whole and visually interlocks with the adjoining shape. It is, in a small way, revitalization."

Malpass studied Fine Arts at Pratt Institute influenced by artists such as Theodore Roszak, Arnaldo Pomodoro and Alberto Giacometti. While working on his MFA at Pratt, Michael was inducted into the U.S. Army to serve his country during the Vietnam War. Upon completion of his tour of duty in Berlin, he returned to Pratt as an Instructor while simultaneously finishing up his MFA. His career commenced in 1977 when he had his first solo exhibition at Betty Parsons Gallery on 57th Street in Manhattan. Just two years later Michael found his work on the cover of *ARTnews Magazine*. Throughout the 80's his career flourished. He accelerated his creative efforts, broadened the scope of his sculpture and accepted increasingly challenging commissions, including those from General Electric, Exxon/Mobil, Trammel Crow Company, Benenson Developmental Corporation and TRW.

In 1987, Michael left his full-time position at Pratt Institute to concentrate full-time on his sculpture. He had many exhibitions and commissions in New Jersey including The Noyes Museum, The Paterson Museum, The Morris Museum, Ocean County College, Stockton College, Island Heights Cultural Center, The Educational Testing Service, New Jersey Institute of Technology, State of the Arts – NJ Television, Artworks/Trenton, James Yarosh Gallery (Holmdel), Laurel Tracey Gallery (Red Bank), Long Beach Island Foundation for the Arts, Grounds for

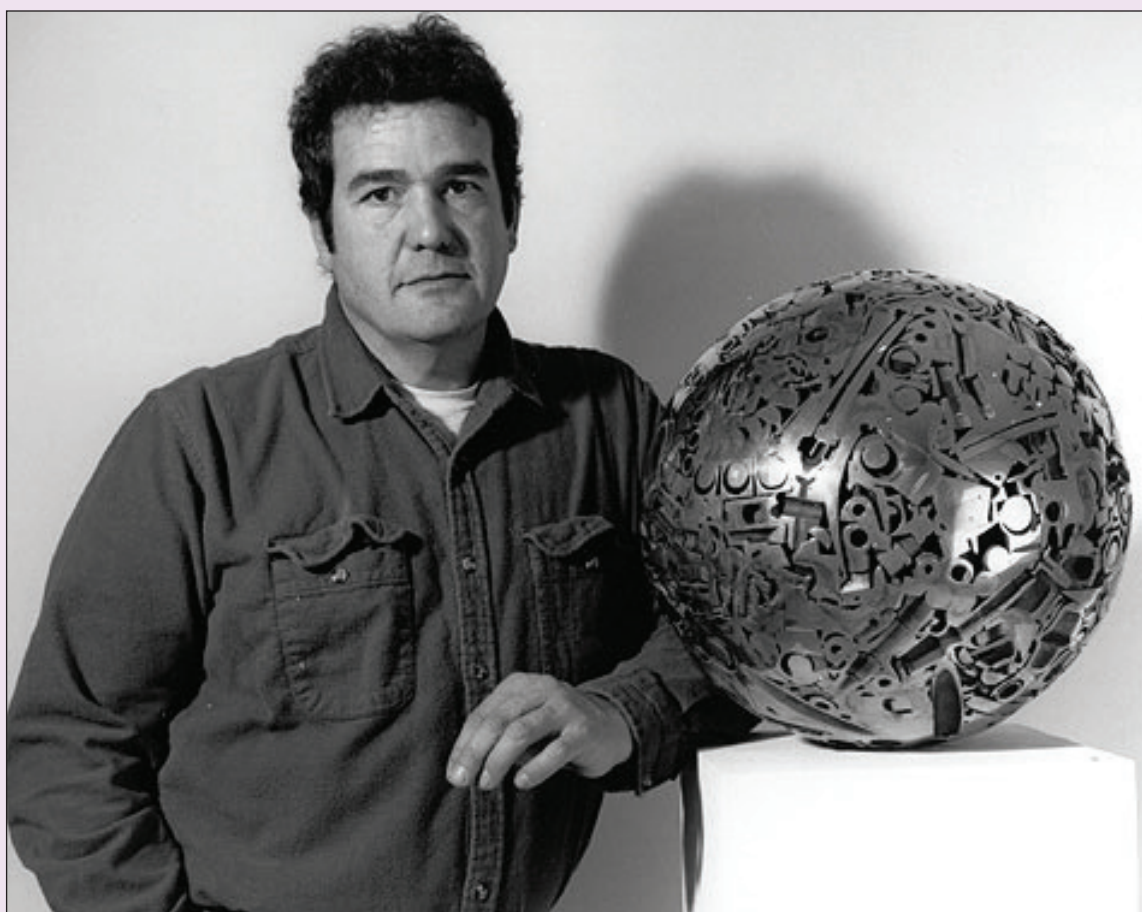


PHOTO COURTESY of Monmouth University Center for the Arts

The opening reception for Michael Malpass' sculpture exhibit will be held on Friday, Apr. 1, and will include a screening of "Michael Malpass - A Great Circle," which was produced by MU students.

Sculpture, Clifton Art Center and Rutgers University.

His vast, stimulating and powerful body of work has established him as one of the most esteemed sculptors of the 20th century and his work can be found in major museums and collections around the world. Beyond

the art historical and social significance of his work, his legacy lives on through the marketing endeavors of his wife Cathleen, in Brick, NJ. More about Michael's work can be seen online at www.michaelmalpass.com.

The Pollak Gallery is open from 9

a.m. to 7 p.m. Monday through Friday and 10 a.m. – 4 p.m. Saturdays and Sundays. All gallery events are free and open to the public. For more information about this exhibition and all Monmouth University Center for the Arts events visit www.monmouth.edu/arts or call 732.263.5715.

PRAISE BE TO "HAIL, CAESAR!"

JULIAN GARCIA
STAFF WRITER

Eddie Mannix (Josh Brolin) works at the fictional Capitol Pictures in early 1950s Hollywood as an enforcer of sorts (think Malcolm Tucker from *The Thick of It* or *In the Loop*). His job keeps him from his family, forces him to deal with petty press problems and leaves him to fix the scandalous personal lives of the actors and directors working under him. Indirectly, it causes him to smoke a lot too, at the moral expense of lying to his wife.

There's DeAnna Moran (Scarlett Johansson), who has a child out of wedlock and must get mar-

ried to avoid the ensuing scandal. Then there's Hobie Doyle (Alden Ehrenreich), an actor of B-movie proportions working in Western movies who must up his game and act in the film of self-styled studio auteur Lawrence Laurentz (Ralph Fiennes)—except he can't actually act. Then there are the Thacker Sisters, Thora and Thesaly (both played by Tilda Swinton). One sister thinks she covers hard news but only writes gossip, and the other is intent on gossip but actually publishes stories of worth.

Mannix is also tasked with fixing the production of "Hail, Caesar!," Capitol's big spectacle movie starring Baird Whitlock

(George Clooney, playing his fourth idiot for the Coens). It's a biblical epic that quotes shots directly from *Ben-Hur* and is destined to win 11 Academy Awards if it ever finishes production, since it is very far off schedule. Things take a turn when Whitlock is kidnapped from the set by a group of radical communist writers known only as "The Future," and Mannix is then told that if he wants the star back he'd have to pay up.

Hail, Caesar! makes this thread out to be the center of attention for the picture, and in its own very special way, it is. However, the movie treats it as part of an already long laundry list of things that Mannix has to deal with, and he almost

consciously avoids it throughout most of the film's running time. It is for this reason that *Hail, Caesar!* is Joel and Ethan Coen's least audience friendly movie, taking the nonchalant, "what did we learn?" attitude of *Burn After Reading* and making a finer film out of it. It is more concerned with moments and scenes, taking delightful detours and very silently building its plot as indirectly as possible. Even when we get to the payoff, the film quite literally deflates everything it worked towards in one of the film's funniest jokes. It rejects any notion of A-to-Z structure and organization. It then ties itself together in a way that only the Coen Brothers can do it.

Those detours are what make the film so charming and inventive. It plays like a who's who from Hollywood's golden age, where you'll say things like, "look, that's *On the Town* (or *Anchors Aweigh*?)" and, "Is that John Ford directing Ricky Nelson?" or, "That's the third *Gone with the Wind* joke I've heard this whole movie." There are references to Busby Berkeley's extravagant dance sequences; a scene within a stuffy costume drama; a great gag where an editor burns a reel of film with her cigarette and gets her scarf caught in a movieola while editing; and in the highlight of the film's many detours, a phenomenally inventive dance sequence with Channing Tatum. It's the type of great scene where I hope anyone watching the film would say, "I'd like to watch more musicals if they make me smile like this." There's a movie going on within this movie but it functions more as a tour of

movies, and it feels like you're watching five other films at once, all offering as much pure invention as the last.

It should also be noted that this is the Coen Brothers' most humanist film. In all of their filmography, from *Raising Arizona* to *The Big Lebowski*, from *Fargo* to *No Country for Old Men*, each of their protagonists have been dragged through the mud and kicked in the stomach afterwards. Here, the protagonist makes a very spiritual, though perhaps too inevitable, journey into a realization about what happiness is and how to achieve it through the course of his life. Part of this spirituality also comes from what it says about the importance of filmmaking; much like Woody Allen's *Stardust Memories*, it says some of the most ennobling things about dreaming, making movies, and art in general.

The film should come with a warning, however. If you feel that the plot should dictate the course of a film, or if none of the names above are familiar to you, then the movie will not be for you, period.

The Coens make everything seem effortless, which is one of the many better qualities about this film. Even in a light comedy they stage emotionally devastating scenes with wit and a deep understanding for their characters. Barring *Inside Llewyn Davis*, this ranks as my favorite film from the writing/directing/editing/producing duo. Leave it to the Coens to make a big screen spectacle about nothing, and not win any Oscars for it.



IMAGE TAKEN from hailcaesar movie.com

"Hail, Caesar!" is packed with star power, and features A-listers such as George Clooney, Scarlett Johansson, Josh Brolin, and Channing Tatum.

A Look Back at the Academy Awards

AMANDA GLATZ
MANAGING/ENTERTAINMENT EDITOR

For a ceremony that traditionally glorifies vanity and glamour, this year's Oscars telecast took a drastic turn toward the political. Hosted by Chris Rock on Sunday, Feb. 28, the 88th Academy Awards covered everything from racism to gender roles with some shocking category upsets in between.

Hollywood's biggest night garnered controversy earlier in the year when the Academy failed to nominate people of color in any of the major categories. Nods were only granted to white actors and actresses, prompting some to question why Michael B. Jordan or Will Smith had been glossed over for their powerful turns in *Creed* and *Concussion*, respectively. The drama led many black industry members to boycott the telecast, deeming this year's ceremony as #OscarsSoWhite.

The controversy called into question whether Rock would still host the event, but he stuck to his gig and confronted the issue head on, utilizing his specific style of satire to both acknowledge the social issue and mock it for spiraling out of control. Rock proved himself to be a capable host, delivering plenty of laughs in his opening monologue without concern for being politically correct. His writing was solid but bits were often a hit or miss, scoring with pre-recorded segments but falling a little flat with some filler audience interaction. His endeavor to sell his daughter's Girl Scout Cookies to

the crowd was endearing at first, but didn't have the weight to be maintained throughout the show (though the post-ceremony Instagram pictures of celebrities gorging on Thin Mints might have made it worthwhile).

The night kicked off by awarding *Spotlight* with Best Original Screenplay, a precursor of the biggest award of the night. *The Big Short* grabbed the statue for Best Adapted Screenplay directly after.

Celebrity presenters for the most part seemed to be delivering better bits than usual, and memorable duos included Ryan Gosling and Russell Crowe (doing press for their upcoming feature *The Nice Guys*) and the always hilarious Tina Fey and Steve Carell. Falling a little flat were bits by Sarah Silverman and Sacha Baron Cohen.

Mad Max: Fury Road racked up the awards as the night wore on, snagging Costume De-

sign, Film Editing, Makeup and Hairstyling, Production Design, Sound Design & Mixing, and Visual Effects. Other notable wins were Best Supporting Actress, which went to Alicia Vikander of *The Danish Girl*, and Best Supporting Actor, which was awarded to Mark Rylance of *Bridge of Spies* over Sylvester Stallone's revival of Rocky Balboa in one of the night's more surprising upsets.

The telecast featured several musical performances of hits that were up for Best Original Song. Sam Smith took the stage first, delivering a rendition of "Writing's on the Wall" from *Spectre*, which ultimately claimed the Oscar. The Weekend gave an elaborate performance of "Earned It" from *Fifty Shades of Grey*, but the real star of the night was Lady Gaga.

Introduced by Vice President Joe Biden with a rousing speech imploring the audience to take a stand against sexual violence, Lady Gaga sat at the piano to sing "Til It Happens to You" from *The Hunting Ground*. Joining her on stage were real victims of sexual abuse, stand-

in solidarity with messages like "not my fault" written on their arms. The stirring performances earned a standing ovation, and was easily one of the highlights of the night.

As the ceremony dragged on well past its intended runtime, all attention was turned toward the show's most prestigious categories. As the heavy favorite, it was unsurprising when Brie Larson took home the Best Actress trophy for her painfully raw portrayal of a captive mother in *Room*. Though it was nothing short of a shoo-in, the win was well-deserved and has cemented Larson as a heavy-hitter in the industry.

Perhaps the most anticipated award of the night was that of Best Actor, which

had generated intense discussion over whether Leonardo DiCaprio would finally claim the prize. His performance in *The*

Revenant was highly praised by critics, and he also went into this category as the favorite. After five nominations dating back to 1994, DiCaprio was at long last awarded the Oscar.

Given *The Revenant*'s momentum in the industry over the last few weeks, many experts were certain that it would be named Best Picture. The film's director, Alejandro G. Iñárritu, had been awarded with Best Director earlier in the evening, and the film also claimed Best Cinematography under the artful Emmanuel Lubezki. But as the clock struck midnight, it was a different title that overtook the frontrunner: *Spotlight*.

An intense biopic about reporters from the *Boston Globe* who uncovered the child molestation scandal within the Catholic Church, *Spotlight* was touted as a favorite early in the cycle, but lost steam in the weeks leading up to the ceremony. In the end, though, the powerhouse driven by Michael Keaton, Mark Ruffalo, and Rachel McAdams came out on top.

Rating reports have determined that this year's Oscars received the third lowest viewership ever, resulting in an eight-year low. It seems that despite the controversy and anticipated hosting gig, audiences weren't as engaged. Whether the social preaching was overkill or the films just weren't as mainstream, the 88th Academy Awards

didn't quite live up to the hype. Perhaps next year, the Oscars will embrace a more modern formula—and ideally cut an hour of its runtime.



IMAGES TAKEN from techinsider.io and peninsulaqatar.com

SITTING DOWN WITH BILL LAWRENCE, Creator of "Scrubs" and "Cougar Town"

VICTORIA NELLI
STAFF WRITER

Q. When did you realize you wanted to work in television?

A. I always wanted to be a comedian or a writer, even in high school. I think having a passion—ANY passion—at a young age is the ultimate gift.

Q. What advice do you have for college students who are looking to pursue the television industry?

A. There are two simple pieces of advice. First, if you want to be in the television industry, you must move to Los Angeles. There is no way around it. Secondly, you must make connections with people who are currently working in the industry. Don't ask for a job, just ask to hear how they broke in. We all like to talk about ourselves. Bonus advice: if you're a writer, write a lot. If you actually finish a script, you're immediately ahead of 50 percent of the people who call themselves writers.

Q. What is something you wish

someone told you about working in television?

A. I wish someone had told me to be more grateful along the way. When I was a kid, I complained about the hours, and didn't realize at first how lucky I was to get paid to write comedy. I'm now grateful every day.

Q. What was your first job working in television? What did you learn from it?

A. My very first job was the staff writer on a short lived show called *Billy*. I learned immediately how temporary every job was.

Q. What is your writing process like?

A. My writing process is to wait until the very last second then finish the script. With pilots, I let them marinate in my head for a long time. I keep notes and joke ideas in little notebooks to help.

Q. How was your experience working on *Scrubs* and *Cougar Town*? What was your creative process like when you came up with the original concepts for

both of those shows?

A. *Scrubs* was a great experience because it was the first show I did by myself, soup to nuts. I'm still friends with most of the people I worked with; it's a cliché, but it felt like a family. *Cougar Town* was a blast, too, especially because I worked with my wife every day.

Q. How has it been working on *Undateable*? The live aspect this season has been so great; what challenges have you dealt with now that it's live every week?

A. A half hour live comedy is only 24 pages long, and it still needs to have a coherent story and moments for all cast members. With all the improv, we use an elaborate computer system to let us know how we are doing on time, then shorten the show as we go.

Q. What shows made you fall in love with television? What shows are you currently loving?

A. I watch TV constantly. Everything. *Veep*, *Narcos*, *Jessica Jones*, whatever. *MASH*, *Wonder Years*, and *Cheers* are old favorites.

This interview is part of the "Unsung Heroes" series, which aims to better educate students about the television industry. Read more at <http://tvwithvictoria.com/tvs-unsung-heroes>.



IMAGE TAKEN from hollywoodreporter.com

Bill Lawrence has worked in the television industry as a screenwriter, producer, and director. He is best known for creating the medical comedy "Scrubs," as well as the quirky sitcoms "Cougar Town" and "Undateable."

PART II

THANK YOU
FOR BEING A FRIEND



TOP LEFT:
Mike Trapasso, Anthony Papetti, and Drew Wellenbusher met Kid Cudi at Terminal 5 in NYC (Photo Courtesy of Drew Wellenbusher)

TOP RIGHT:
Rory Keeney, Taylor Donovan, Nicole Sivetz, Harry Termyna, Matthew Aquino, and Samantha Truglio at the winter ball. (Photo Courtesy of Taylor Donovan)



CENTER LEFT:
Stephanie Ianculovici and Khrystyna Shyndak. "Steph was one of the first people I met my freshman year at Monmouth and we have been best friends since. She's a really good friend and I am happy I met her." (Photo Courtesy of Khrystyna Shyndak)

CENTER RIGHT:
"The women of AKA have taught me how to hold my head higher than the rest and that caring for one another is a number one priority. Thank you ladies, for making "THE SOLOIST never feel alone!" (Photo Courtesy of Asia D. Byrd)



BOTTOM LEFT
Caitlyn Brophy, Claudia Ondecker, and Christina Miceli at Homecoming. (Photo Courtesy of Caitlyn Brophy)



What is your dream job?

Compiled by: Kiera Lanni



Danielle Junior

"I'm a history major, so I'd love to be a tour guide somewhere in Europe."



Sarah Sophomore

"A research scientist."

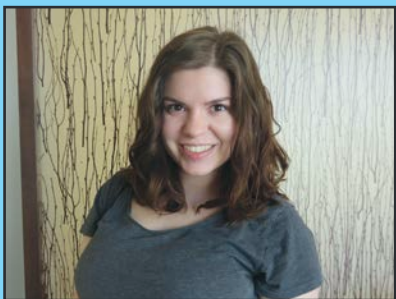


Kat Junior

Allie Junior

"A famous actress."

"Own a protective place to help animals."



Brittany Senior

"To be a beauty editor at Allure Magazine."



Pete Sophomore

"To be an accountant."

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→ How to recognize concerns

→ Resources to get connected

The image shows a smartphone displaying the PWR App interface. The screen has a blue background with the text 'PROMOTING WELLNESS & RESILIENCY' and 'MONMOUTH UNIVERSITY'. There are navigation buttons on the right side: 'Welcome', 'Connect', 'What to do', 'Resources', and 'Get Help'.

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Uber May Pose More Risks Than One Thinks

LAUREN NIESZ
HEAD COPY EDITOR

When stuck in a situation where you have no way of getting home safely by yourself, you go for the quickest and cheapest option, which, as of now, would most likely be to call an Uber.

Uber has been getting a lot of publicity as of late because of various horror stories revolving around deranged drivers. Due to these recent situations, Uber users have been motioned to be more cautious about their driver choices.

It is important to know how someone becomes an Uber driver; there are only a few real requirements. According to their official website, in order to become a driver, one must meet the following conditions: Be at least 21 years of age, have a driver's license, pass a background check, have a CDL (Commercial Driver's License), have car insurance and registration, and have a car with a make of 2000 or newer.

The requirements are not as involved as they would be if one were to register to become a certified taxi or limo driver, but, nevertheless, Uber has become one of the most popular driving services of our generation.

Its cheap charges and convenience make it an easy option for people almost anywhere, especially college students. Because of its popularity, it isn't uncommon to hear stories about everyone's Uber drivers.

Whether they were impersonal, scary, or one of the most memorable parts of the night, you can't escape the plethora of

stories that come out of riding in an Uber.

Gina Geletei, a sophomore English and elementary education student, described some friends' Uber experience, "They had a [female] driver and they asked her if she ever feels intimidated being a woman Uber driver, and she responded that she didn't because she has a button that if she presses it, it calls the cops and she has another [button] that can lock the doors inside and out so no one can get in or out. [The Uber driver] then proceeded to pull out her knife and tell them that she also had this with her to protect her."

Then a friend of Geletei's asked if the driver had a gun on her out of curiosity and the Uber driver said that she "wouldn't disclose that information."

The driver then asked the girls if they had heard about the recent killings by an Uber driver in Michigan and when they confessed that they hadn't, the driver urged them to keep up on their Uber news.

Thankfully, the girls arrived safely to their destination, but not without some hesitance and uneasiness.

Using any transportation service can be unnerving, especially one as loosely monitored as Uber. William McElrath, Chief of the Monmouth University Police Department, gave some advice to students using Uber, "Verify that the identity of the Uber driver and his vehicle matches what was given to you on your app. Wait inside or at a safe location for your ride. Do not wait outside in a remote, dangerous or desolate area. Let other people know you are us-

ing Uber and try and stay in touch with them."

In addition to this advice, McElrath also suggested that students "be polite and respectful to your driver. Remember you are in his/her personal vehicle and if you want to get respect you need to give it as well."

If you are fun and polite, your Uber driver is more likely to reciprocate the same feelings. Madelyn Arecchi, a junior English and education student, had a ride in which her Uber driver gave her and her friends a compliment.

"Our driver told us that our parents raised us well because we were very polite on our way to our destination. I actually later found out that the driver goes to the country club near my house," she said. Arecchi's story is one that demonstrates the old adage "treat others as you want to be treated," which couldn't fit any better when it comes to your Uber experience.

Joe Ruggiero, a junior communication student, also had a great experience with one of his Uber drivers, "The best Uber experience I ever had was down in Florida and a guy named Alfred picked my friend and I up and he offered to drive to Wawa, no extra charge. He was the real MVP."

Most Uber drivers aren't scary borderline-murderer types; for the most part Uber drivers are fun, nice, and helpful.

McElrath communicated what most of us think of Ubers, saying, "I think most people would agree that the majority of Uber drivers are safe, courteous and compliant with motor vehicle laws. Unfortunately, as in all

walks of life, there are exceptions to the rule; people should be aware of that and protect themselves from these few."

The takeaway from Uber is, as with any transportation service, to be vigilant and smart. Not everyone who drives an

Uber is a creepy person; it is just a job for them, so make it just as enjoyable for them as you want it to be for you.

Don't let one bad apple spoil the bunch, just be able to recognize when an apple goes sour and pick the freshest one.

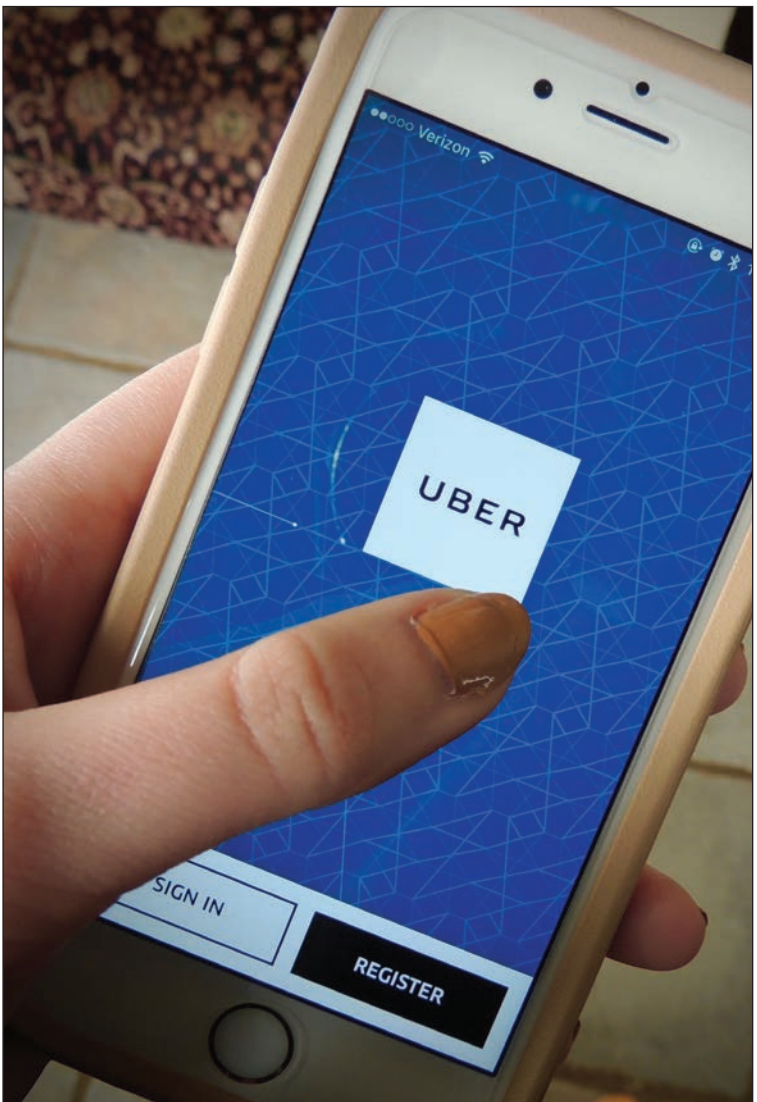


PHOTO COURTESY of Lauren Niesz

Uber is a very convenient way to get around, but it's still important to use caution when utilizing this transportation service.

It's Not What You Know, It's Who You Know

KARA BRADLEY
CONTRIBUTING WRITER

As a wise man, Justin Timberlake once said, "I think the first half of my twenties, I felt I had to achieve, achieve, achieve. A lot of men do this. I'm looking around now and I'm like, where am I running?"

So where are we running? And why are we all running so fast?

Because if we don't sprint, we might lose out on a chance to be hired in today's dog eat dog job market. Also, it has been drilled into our brains that we need to have a job lined up for us right out of college and a career path set in place.

As a senior, it feels like just yesterday that I received my letter of acceptance from the University, welcoming me to my home away from home and promising me an exciting four years.

Freshman and sophomore year seem like a blur, and junior year was over in a hot second. That summer, I realized senior year was here and that it would end quicker than I can eat a taco. I also learned that whenever you tell someone you're a senior in college, they suddenly are so interested in what you plan to do with the rest of your life and what job interviews you have lined up.

The second senior year started, all everyone kept talking about was which job application they just finished submitting.

A common theme on most job applications is the question of whether or not you have

any family members or friends working there and if you have any previous relationship to the company. This relationship is called an internship.

With an internship comes networking, and with networking

you know. Without this internship experience, how else would someone get their foot in the door at a company?

Mallory Majsa, a senior communication student, said, "It seems like online applications

walk your resume to the right person."

A job posting online can receive hundreds of applicants, but how do you make yours stand out among the rest? The easiest way is to network.

the number one way to secure a job after graduation. Whether you have made contacts over the past few years or are just starting, now is the time to share post-graduation goals with as many individuals as possible."

For the student who did not get involved on campus or did not partake in an internship experience, what is the future for him or her? The answer is good luck, because today's world is all about who you know, how you know them, and what their impression of you is.

Mass offered his advice by saying, "It is never too late to work on one's marketability. For example, researching an employer on the web, then writing an effective cover letter to that employer asking for an informational interview, using the knowledge they've researched, is one way a student can move their job search forward."

Deanna Getty, a senior health studies student, said, "I think the job market is competitive because more people are qualified for positions. It's a blessing and a curse. There are more hard working people who are smart and motivated yet because of that, the jobs are harder to find."

But a job position is not going to land is someone's lap just because they know the CEO of a company. With these connections comes the responsibility of creating an intriguing resume, having professional interview skills and showing the confidence needed to fulfill the position. Knowing the CEO will get you in the door, but it will not promise a seat on the floor.



IMAGE TAKEN from mklonblogs.wordpress.com

Getting a job right after college graduation is an expectation that a lot of students seem to have, but it can be difficult to get hired unless you know the right people.

a job opportunity could appear. These job opportunities may only appear because of who

get lost in the Internet Human Resource files unless you personally know someone who can

Jeff Mass, Assistant Director of Career Services at the University, said, "Networking is

Video Really Killed the Radio Star

NICOLE SEITZ
STAFF WRITER

It seems as if the music industry has been placing a much higher importance on image over true raw talent since the 1980s. The release of the first music video ever for “Video Killed the Radio Star” by Buggles in 1979 really depicts the message of how looks, style, and what you could see on video literally killed the radio star, or the musicians who could sing and had true talent.

The reason for this shift could be the growth of technology. The 80s were a great time for technological advances and that decade has really shaped the technology we have today in the music business.

Joe Rapolla, Chair of the Music Department, said, “Technology has impacted the [music] business, like all businesses, over the last 150 years.”

Dave DePaola, a junior music industry student, explained, “I think the decade of the 80s was a turning point in music because of the emergence of new technologies for recording and production, as well as evolutions in music with the creation of new sub genres like glam metal, where the image was more important than the music.”

Bands like Poison, Mötley Crüe, and Def Leppard were some of the most well known glam metal bands and were the epitome of image focused musicians.

Even now, we still see the problem of image taking over the music industry. With this year’s Grammy awards on Feb. 15, there has been some contro-

versy amongst music lovers saying that Taylor Swift’s 1989 did not deserve Album of the Year over Kendrick Lamar’s new album, *To Pimp a Butterfly*.

Although Swift is a great pop artist, the argument that these fans make is that to win a title like Album of the Year should not be based on popularity but on real artistic value.

such a good vehicle for exposing racial inequalities experienced first hand by Kendrick and also for very universal and adaptable personal and moral lessons. Kendrick Lamar uses his talent and art to share his story and make a real statement.”

DePaola said, “Pop music is music that is made only to be

Frank added, “Back in the day, popular music was more about the individual and their art. Now, mainstream media tells you what you are supposed to like.”

Even singers and crooners in the 40s who just sang songs written for them had a real gift for singing. Now artists like Britney Spears or boy bands

singles business in the 1950s,” he said.

Rapolla added, “In the 70s we moved back into an album business. Recently we’ve moved back to a singles business. And now we’re moving to an access versus ownership model, whereas music becomes more of a service rather than a product.”

Our generation’s focus on hit singles and having music consumption at an all time high affects what the industry promotes as popular music.

John Mayer is a great example of an artist who puts so much heart and soul into all of the songs he writes, however, he is really only known in the world of pop for winning a Grammy for his hit single “Your Body is a Wonderland” in 2004.

Even artists like Gary Clark Jr. who are huge in the world of blues and soul today are not recognized in mainstream music.

Clark’s album “The Story of Sonny Boy Slim,” which came out in September of 2015, was a highly acclaimed album by *Rolling Stone* and could objectively be considered the best album of the year.

However, because of the way the industry is today, an album like that could never cross over into mainstream music because of our focus on singles.

Rapolla summarized the evolution of music by saying, “As always, good music that can sell is important to the music industry. That has not changed. What’s different is the characteristic of what good music sounds like [...]. The sounds change but good music is always what drove the music business.”



IMAGE TAKEN from abcnewspoint.com

The 2015 Grammy Awards created some controversy after Taylor Swift’s 1989 won Album of the Year instead of Kendrick Lamar’s *To Pimp a Butterfly*.

“Pop music is a product placed to a melody. It’s not meant to mean anything other than catchy tunes, un-meaningful lyrics, and lack of instrumental skill,” said Liam Frank, a junior music industry student.

Frank also commented on Kendrick Lamar’s album, “It is

sold.” But that wasn’t always the case. DePaola continued, “Innovation was more appreciated in the old days.”

The days of rock and roll in the 50s, 60s, and 70s were great and allowed musicians who played instruments and wrote their own songs to be popular.

like One Direction are popular because of their looks and technology that makes them sound better.

Rapolla explained this shift we’ve come to in music from a business standpoint. “The first music product was sheet music, then the LP, then we were a

MU Alum Finds Passion in Paint

MAGGIE ZELINKA
GRADUATE ASSISTANT

Carly Long proudly walked across the PNC stage last May to accept her diploma from the University. Shortly after graduating, she moved to Arlington, VA to take a position at Sibley Memorial Hospital of Johns Hopkins Medicine. All this sounds like a typical path for a recent college graduate, however, Long has used all her spare time to run her own business.

Long has been commissioned by various clients to recreate photographs using a black and white paint palate. She has titled her company “Carlyal.”

“I began painting on photographs, using ones of myself that I had, asking others if I could use theirs to practice on,” Long said. “My mind was easily able to dissect the shadows and highlights of the piece - which should be painted black, which should be white.”

While at the University, Long studied journalism and public relations but never enrolled in an art course. In fact, she has only been painting for six months.

“I had always wanted to paint, but didn’t want to endure the immediate critique if I began with a class; therefore, I tried thinking of ways I could teach myself,” Long said. “That is how I came up with painting on photographs.”

At this point, Long’s company is still extremely new; however, she has built quite a customer base via promoting her work on Facebook as well as in the media. She has shipped paintings all over the United States and even as far as Europe.

“I’ve been working really hard to try and improve my skills and network, with the hopes that I could

one day turn it into a career. I am going to try and learn photography soon as well, so I will be able to paint more of my own original photographs,” she said.

The process of a painting depends on the customer’s desire. Long offers a \$50 flat rate for 4x6 paintings, but there are other size options available on her website, carlyal.weebly.com.

The customer tends to send a particular photograph in mind and she finishes the painting within a mat-

“I’ve been working really hard to try and improve my skills and network, with the hopes that I could one day turn it into a career.”

CARLY LONG
Alum

ter of days. “A 4x6 painting usually takes around four hours,” Long said. “Sometimes more, sometimes less. It depends on the detail.”

Long has recently begun to incorporate more color into her work. “Black and white are my favorite colors, so I started there. Since then, I’ve occasionally incorporated colors in to some pieces, but I feel like the black and white is my signature style,” she said.

Since Long began her company,

she has painted nearly 60 photographs. Although she has come so far in these past few months, one of her favorite pieces she has painted is also one of her very first pieces.

“One of the first paintings that I did is one of the most special to me. It’s of my little brother, Michael, and I. He’s more like my big brother - he has been my rock, my ‘life coach’ as he likes to say,” Long said.

Long has painted about 15 pieces for those within the Monmouth community.

Raven Brunson, an alum of the University, asked if Long could recreate a photograph in memory of her father.

“As I began painting, the first song that came on my Pandora was Hold You In My Arms by Ray LaMontagne,” Long said. “Times like these are a reminder of why I began painting - to feel out every emotion, to reconnect to old memories, to move myself with the process. I can only hope that I showcase the love that is within each photo that I paint.”

Casey Allocco, another graduate of the University, had Long paint a picture as a gift for a friend. “Carly’s painting was the perfect way for me to give a personal, heart felt gift to a friend while also supporting a charity that needed my help. She’s so talented and her art is so unique. You can’t go to a store and buy something as meaningful as that,” Allocco said.

Ultimately, Long hopes her business takes off and she can gain an interest in the wedding industry.

“I would love to get in to the wedding industry and also try teaching this method of painting to others, but we’ll see where it winds up. Slow and steady progression,” Long said.

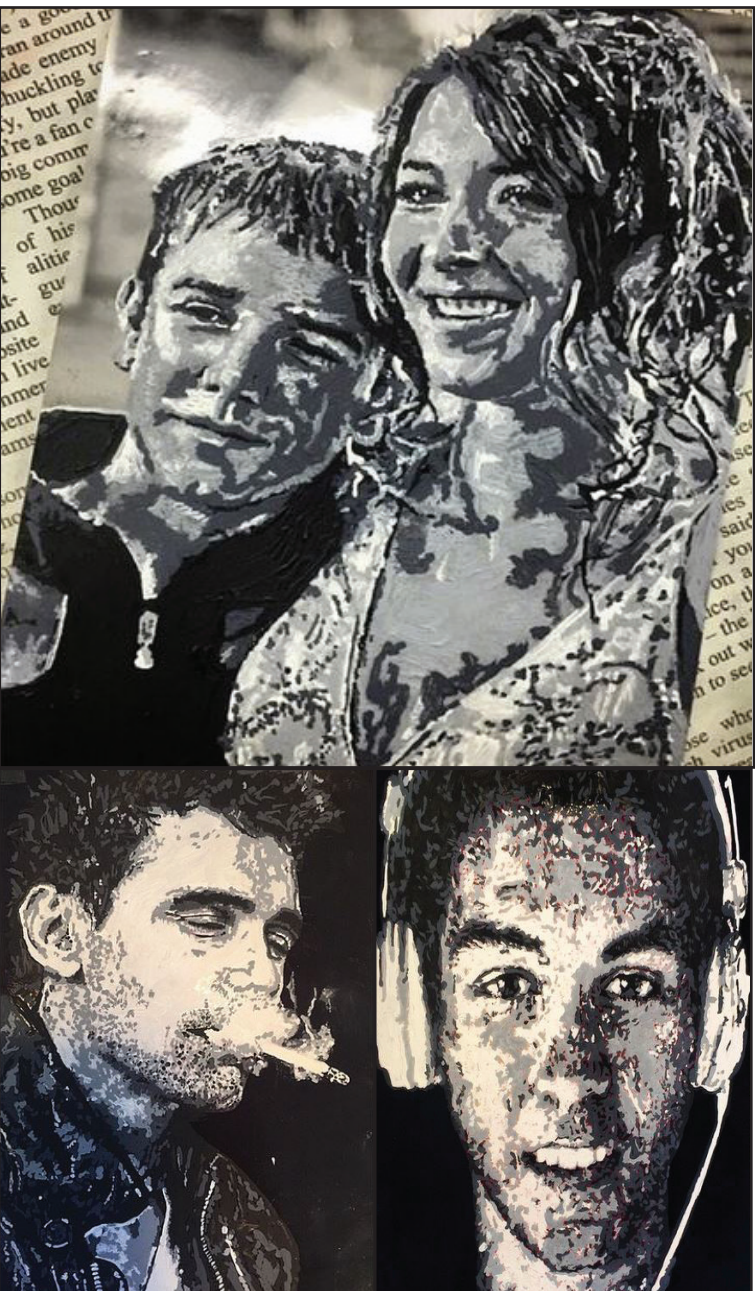


IMAGE TAKEN from carlyal.weebly.com

The black and white paintings are modeled after photographs.

MU Surf Club Gets Sponsored by Surf Taco

RYAN GALLAGHER
STAFF WRITER

It took one meeting, a couple tacos, 15 handshakes and an hour in the surf but after it all, the MU Surf Club walked out of the Long Branch Surf Taco with a new sponsor under their belt.

In the weeks after winter break, Monmouth Surf Club President Tyler Sankey had arranged to meet with the who's who of the local Surf Taco. You've seen them in the water, you've seen them getting into their wetsuits on the side of the road, but have you seen MU surfers in a business meeting?

"I reached out to our corporate office and they were stoked on the idea. I then set up a meeting with Tyler [Sankey] and the team, our director of operations, Micheal Courtney, the General Manager of our Point Pleasant Beach shop, Shawn Graul and myself," said the assistant manager and social media coordinator Susie Dowling. Dowling continued to say, "I didn't know much about the surf team until [a coworker] mentioned it to me, but as a fellow MU alum of the Class of 2010, I knew that we should totally be involved with this."

They are involved. MU Surf and Surf Taco have already teamed up at the men's basketball games to



PHOTO COURTESY of Ryan Gallagher

Members of the MU Surf Club recently agreed to a sponsorship with Surf Taco of Long Branch, NJ.

give away free tacos to the crowd.

"We want the Monmouth community to know that [MU Surf] is part of 'Team Taco' and we'd like to help them get their name out there to the student body," said

Susie Dowling, a Surf Taco employee.

This partnership won't be confined to just one task. Not only will you see Monmouth Surf-clad students handing out tacos but Surf

Taco also recognizes the club's ultimate goal.

"With lack of competition around here, we are aiming to help them raise money to compete in other parts of the country and

make the Jersey Shore proud. We hope that the surf team will become an actual team sport at MU one day versus a club," said Dowling.

In addition to Surf Taco's brand backing, they also aim to add life to an already prospering local surf culture. "Surf Taco was stoked about it from the beginning. I see a lot of big things in our futures. They're gonna help us make apparel, stickers, and I see us collaborating at different events and working together to support and better our community," said Sankey.

The Surf Club must obtain a positive neighborhood name and sterling reputation. To facilitate this goal, they need contacts. The connections that the team makes while in college are so important and can be beneficial years down the road. With that in mind, even deeper relationships are formed when friendship meets the sea.

"It was great because right after the meeting Tyler and I got to surf with Graul, one of the heads of Surf Taco," said Paul Kelly, a sophomore student and surfer. "We kinda just all knew there were waves that day and we were sorta hoping the meeting would end so we could get in the water!"

With one sponsorship down and more to come, expect more to come from MU Surf.

Greek Senate Represents Monmouth at NGLA Conference

KENDAL ADAMS
CONTRIBUTING WRITER

Twelve delegates from Monmouth University's Greek community attended the Northeast Greek Leadership Association (NGLA) conference this past weekend in Pittsburgh, PA. The students in attendance applied to represent Monmouth, alongside Assistant Director of Student Activities For Fraternity and Sorority Life (FSL), Michele Kaplan.

Kaplan stated, "The NGLA conference builds community among students from a variety of fraternal experiences, challenges members to align their actions with fraternal values, and empowers advocates to transform and improve their communities. It is exciting to see our students return with new perspectives and more definite future goals for the FSL community." The purpose of the conference is to provide a number of resources for members of the Greek community that assist in furthering the mission of their organizations. The weekend-long event included members from Greek chapters all over the Northeast region.

Monmouth University's delegates

included the Presidents of the Inter-Fraternity Council (IFC), the Panhellenic Council (PHC), the Multicultural & Professional Greek Council (MPGC), and Greek Senate, as well as individual chapter presidents, and chapter delegates. Monmouth paid for the students' attendance, as well as accommodations for the group in Pittsburgh. Each student was able to attend a variety of speaker seminars of their choice. The seminar topics ranged from how to recruit in different ways to learning more about how to strengthen your own leadership skills.

Greek Senate President and Junior psychology student, Morgan Lavalee, said, "I enjoyed NGLA and thought it was a great experience. It gave me ideas to bring back to our campus. I especially enjoyed one seminar I attended about things that worked or didn't work within your chapter/campus and was able to hear other schools' opinions and frustrations."

The school's delegates were split into one of 17 institute groups that met each of the days to discuss relevant information for all to be knowledgeable about. The first institute focused on Title IX and Sexual Harassment on college campuses.

Title IX is a comprehensive federal law that prohibits discrimination on the basis of sex in any federally funded education program or activity. This session consisted of ways to promote Title IX awareness as well as sexual assault and the dangers that are prevalent to a college campus. Following the first institute, the second focused on diversity and inclusion on campus. It is important to recognize and include all Greek groups on the campus in order to promote unity and respect between all organizations.

"I attended a session about bringing the IFC Fraternities back to their basics. We learned to create a mission statement, how to effectively market the IFC to the Greek community, and valuable ideas on how to bring all fraternities together," said Kevin Zielaznicki, sophomore finance student and President of IFC.

The variety of seminars offered proved to be a crucial part in ensuring that each member in attendance of the conference was able to take away certain lessons that pertain to what the felt was necessary to helping their own Greek community. NGLA is known to members on every campus as a valuable resource

that provides a demonstrated return on investment. Sophomore homeland security student, brother of Sigma Pi and VP of IFC, Nick Infante, commented, "It gave me the opportunity to learn more about leadership in Greek life that I can apply to IFC and to my individual chapter."

The NGLA Conference held each

year provides members of the Greek community with new resources and information in order to help their chapters and community succeed. It continually gives students the support and leadership skills they need to help the Greek community remain a positive, successful environment.

"The NGLA conference builds community among students from a variety of fraternal experiences, challenges members to align their actions with fraternal values, and empowers advocates to transform and improve their communities. It is exciting to see our students return with new perspectives and more definite future goals for the FSL community."

MICHELE KAPLAN
Assistant Director of Student Activities For Fraternity and Sorority Life

ON AND OFF CAMPUS ANNOUNCEMENTS

<h3>Zeta Tau Alpha</h3> <p>Zeta Tau Alpha will be hosting its annual event, Big Man On Campus on Wed. Mar. 3 at 10 p.m. The event, which is a male beauty pageant, will include contestants from many different organizations such as Greek life and sports teams. All proceeds will benefit breast cancer awareness. Contact Kristina DiGiacomo with any questions or concerns.</p>	<h3>Running Club</h3> <p>Anyone interested in meeting up for regular fun runs throughout the semester should contact Club president Mitchell Pollard or Club Advisor Joe Compagni. One more open Showcase meet will be held on Mar. 2 at 6:30 p.m. in the MAC for anyone who would like to race. Congratulations to the University men's and women's indoor track and field team for their third straight MAAC Championships last weekend!</p>	<h3>Outdoors Club</h3> <p>The Outdoors Club has sold out of both upcoming camping trips for Whitewater Rafting and Cabin Camping. Any student still interested in attending these trips can sign up for the wait list in case of any changes. Contact Joseph Grembowiec (s0950614) or Sean Foley (s0943326) with any questions or concerns regarding the upcoming trip.</p>	<h3>The Outlook</h3> <p>The Outlook is looking for students interested in writing for the student-run newspaper. Sections include News, Opinion, Politics, Lifestyles, Features, Entertainment, Club & Greek, and Sports. No prior experience is necessary. The Outlook fulfills practicum requirements for communication majors, however, being a communication major is not required to write for The Outlook.</p>	<h3>MOCC</h3> <p>The Monmouth Oral Communication Center invites you to take advantage of free peer tutoring for presentations and public speaking! Our walk-in schedule is posted outside of JP 203, or you can contact Kevin Moedt at s0879290@monmouth.edu for an appointment. Interested? Join us in JP 135 on Wednesday's at 2:45 p.m. to see what we are all about!</p>
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Men's Basketball Clinches Top Seed in Tournament

JOHN SORCE
STAFF WRITER

The men's basketball team concluded their regular season over the weekend and clinched the No. 1 seed in the MAAC Tournament with their 79-58 victory against the Rider Broncos on Friday, Feb. 26 on ESPN2.

Monmouth came out fast against the Broncos as they jumped out to a quick 6-0 lead with a jumper by junior center Chris Brady and two layups by junior guard Josh James and never looked back.

"I think tonight was an amazing night," MU head coach King Rice said. "I'm the luckiest coach to be able to coach the young men in that locker room. It was way too long for Monmouth to be the champs. We got the first one but we're not done."

The Hawks did not trail once all game and had four players in double figures. MU was led by freshman guard Micah Seaborn, who finished with 19 points and six rebounds.

Junior center Zac Tillman added 12 points while junior guard Justin Robinson and sophomore guard Austin Tilghman put up 10 points each. The blue and white shot 50.8 percent (33-65) from the floor while holding the Broncos to just 37.9 percent (22-58) on the night.

This is the first time that the Hawks have won a regular season championship as a member of the MAAC. MU's last regular season conference title was in 2004-05 when they were a member of the Northeast Conference. While this was part of the goal, the team's mission is not complete.



PHOTO COURTESY of Monmouth Athletics

Redshirt freshman Micah Seaborn led MU with 16 points against Rider while also adding six rebounds.

"We talked about it with Josh (James) and Chris Brady a little bit and this is what we envisioned," Robinson said when asked about winning a regular season championship. "We're not done. We want to keep going and ultimately win a MAAC Championship."

After giving up a lead and eventually coming back to win

from a 14 point deficit in their previous contest with Rider on Feb. 12, MU players knew they were not going to let another halftime lead slip away.

"We told ourselves that we can't lose this game," Seaborn said. "In the second half we came out as a group and remembered the last time we played them. We said that we're

not letting this slip out of our hands and we stayed focused."

The regular season concluded on Sunday, Feb. 28 as MU defeated Niagara 77-68.

Robinson finished with 25 points despite going only 5-18 from the floor as he made 13 of his 15 attempts from the line. Junior guard Je'lon Hornbeak had 12 points, all in the first

half, when he went 4-5 from three-point range before fouling out in the second half. Junior guard Collin Stewart also had 12 points and freshman forward Diago Quinn had 16 rebounds, the most any Hawk has had in a game since Phill Wait had 16 against Hartford in Dec. 2010.

"I have the best group of kids that believed in our program, came here when we weren't winning any games and have just been the best kids how they carry themselves, how they do schoolwork and how represent the university on a daily basis has been unbelievable," Rice said. "I am the luckiest coach to be able to coach these kids. I am also the luckiest person that I get to be the coach at Monmouth University and work for an Athletic Director like Dr. Marilyn McNeil, a President like Paul Brown and I definitely have to say thank you to President Gaffney for brining me here five long years ago."

MU finished the regular season 25-6 (17-3 MAAC), establishing a new program record for wins in a season while also going 10-1 at home.

Seven of the 11 home games were sellouts and they had a season attendance of 41,067, also a program record.

The Hawks will begin the MAAC Tournament at the Times Union Center in Albany, NY on Friday March 4 at 7 p.m. on ESPN3 against the winner of Thursday night's Rider/Quinnipiac game.

The two teams previously meet twice this season. In their first encounter, Quinnipiac defeated the Broncos 64-60. In their second encounter, Rider crusaded over the Bobcats, 75-52.

Softball Begins Season with New Head Coach

CONNOR WHITE
SPORTS EDITOR

The University's softball team opened the 2016 season by participating in the Lancer Lead-Off Tournament this past weekend.

The new season welcomes new challenges and two new coaches for the blue and white, assistant coach Jayme O'Bryant and head coach Shannon Salsburg.

O' Bryant will be joining the Hawks after being a graduate

assistant at Alabama in 2015, while Salsburg comes to West Long Branch after a nine-year career as head coach at Bowling Green State University in Bowling Green, Ohio.

"I'm excited to draw on things that I used to do at Bowl-

ing Green and bring them into a fun, new environment," said Salsburg, who's MU team finished 1-3 in their opening weekend. "It's been interesting to learn some new ways [of living] and figure out the Northeast area."

Salsburg, who posted an overall record of 196-232-1 at BGSU, was named head coach of MU softball in September and will be replacing six-year head coach Louie Berndt. She was named the Mid-American Conference Coach of the Year in 2012 and will bring a power-hitting approach to MU, as she was the only BGSU coach to have her team reach 30-plus homers in consecutive seasons.

"I definitely preach power hitting," Salsburg said. "But in this conference, our team will have to be more balanced. We won't be able to rely on power alone."

The Hawks will be losing only four seniors to the 2015 season. However, infielders Vanessa Cardoza and Kayleena Flores were two out of the three top hitters in MU's lineup.

But 2016 Pre-Season All-MAAC Team honoree sophomore outfielder Chloe Howerth will be a major key to the blue and white's success moving forward.

"Chloe has great bat control and does a great job of setting the table for her teammates to succeed as well," Salsburg said. "She always wants to be the best player she can be."

Another key returner for the

Hawks will be junior pitcher Sydney Underhill, who posted a 4.72 ERA in a team-high 135.0 innings pitched for MU. In Underhill's freshman season (2014), she was the only Division I pitcher to appear in every game her team competed in, pitching in 43 games and earning MAAC All-Rookie Team Honors.

"I couldn't be more excited to see Sydney pitch during the season," salsburg said. "She has really grown this year and has really improved on mixing pitches more."

The Hawks ended the 2015 season with a 19-25 overall record, finishing 12-8 in conference play. MU made a run come tournament time, making it to the championship round where they lost twice to #2 Fairfield, 8-5 and 11-5. And although the blue and white had an impressive final stretch, they are projected to finish sixth in the MAAC for 2016.

"I don't really know why they ranked us the way they did," Salsburg said. "From my experience, maybe people think this team just caught fire down the stretch, but I think they just started playing to their potential."

MU will bring in a modest freshman class for this season, consisting of only two members: outfielder Jasmine Higa and infielder Nicole Wiczorek. The Hawks will open up conference play on Saturday, Apr. 2 with a double-header against Rider.



PHOTO COURTESY of Monmouth Athletics

Junior Sydney Underhill will front MU's pitching staff this season. Her collegiate record is 25-30.



PHOTO COURTESY of Taylor Jackson

King Rice Signs Five-Year Deal with MU

JOHN SORCE
STAFF WRITER

The top sports story on campus this year has been the success of the men’s basketball team. The Hawks wrapped up their season with a 77-68 win against Niagara on Senior Day and secured the No. 1 seed in the upcoming MAAC Tournament.

It is undeniable that the expertise of King Rice, who is in his fifth season as head coach, has been a key to the team’s success.

“I always wanted to be a pro basketball player,” Rice said. “I worked hard to get to the NBA but I fell a little short. My second thing was coaching. I get to do that at a great school with great people and I couldn’t be happier.”

Prior to his coaching days, Rice played collegiate ball under the legendary Dean Smith at The University of North Carolina. Rice was recruited to Chapel Hill by current Tar Heel head coach Roy Williams when he was an assistant under Smith before he took the head coaching position at the

Branch through the 2020-21 season.

“King’s success as a head coach at Monmouth is not surprising me at all,” Williams said in an email. “He is extremely intelligent, very competitive and truly loves being a coach. He cares about his players a great deal and pushes them to reach their potential. He sees the big picture and is able to get his players to see it as well. Monmouth Basketball is one of the great stories of the season and he is the driver of that ship. I know the entire University will benefit a great deal.”

According to MU’s 2013-14 Tax Return Form 990, Rice was paid 201, 238 dollars annually, plus an estimated 44,509 dollars in other compensation from MU and related organizations. It can only be assumed that due to his extreme success, those numbers are bound to go up with the new contract.

Rice learned from one of the best playing for a coach with the legacy of Dean Smith, but the most important thing he learned was how to treat the players off

care of the players and their families and help their lives, especially off the court. I think that is what I took the most from Coach Smith.”

The connections that Rice built at North Carolina opened up the opportunity to join Jerry Green’s staff at the University of Oregon after receiving his college degree.

“Coach Jerry Green worked for Roy Williams (as an assistant coach at Kansas) and Coach Williams was one of the main guys that recruited me,” Rice said. “I was trying to get into coaching and Coach Green had an opening on his staff at Oregon. Coach Smith told Coach Williams who told Coach Green and that’s how I got a job.”

Rice spent the 1992-93 season in Eugene, OR before moving onto Illinois State. He coached there from 1993-98 as an assistant under Kevin Stallings.

During Rice’s time with the Redbirds, the team appeared in the NIT and NCAA Tournaments twice. Should the Hawks get to a postseason tournament this season, Rice has been to that stage before and knows how to handle such a situation.

“It’s very hard to get done,” Rice said about getting to the postseason. “You have to work extremely hard to keep your kids in the right place for the whole season to accomplish that goal. It would be the most fun experience we have had as a group if we make it. When you do make it, the coaches have to relax because once you get to postseason play, sometimes the coaches put too much pressure on their kids to perform, and you can’t do that.”

After two years as an assistant coach at Providence and a three

year stint as head coach of the Bahamian National Team, Rice went onto coach with Stallings again at Vanderbilt from 2006-11.

He would go to four more NCAA Tournaments before becoming the head coach of the Hawks. Stallings has nothing but praise for Rice and the success he has had during his tenure in West

Long Branch.

“I am extremely proud of King and his accomplishments at Monmouth,” Stallings said via email. “He was always a very positive, energetic influence on our players here, and it looks as if that has carried over to his time there. We’re excited to see his success on the floor, and more importantly, his impact on those players that are lucky enough to play for him. We couldn’t be [happier] for him, his family, and the Monmouth community.”

Rice has learned a lot in his five years at Monmouth and has grown with the program to get to where they are today. He has a lot of people to thank for the opportunity to be a head coach at the D1 level and he hopes he has done his part.

“I’ve grown as a man, a father and a coach,” Rice said. “I’m better with the kids. I’m demanding

but I’m more open to feedback. I’ve probably come full circle since I have become a head coach for the better. Dr. [Marilyn] McNeil and President [Paul] Gaffney gave me a job. They told me what the circumstances were and they also told me what they would like to see while I was here. Now that we’ve had some success, I

feel like I’ve done what I was supposed to do. I have the best gym, resources, boss and school in our league. Now that we’re having this success, we want it to continue. I’m just a hard working guy who appreciates the opportunity that I was given and I hope I have given back.”

He certainly has. And he is also excited about remaining in West Long Branch for the next five seasons.

“I’ve been saying that I feel like the luckiest guy. I’m thankful to Monmouth University, to President Paul Brown and especially to Dr. Marilyn McNeil because since I have been the coach, she has totally embraced my family, made me feel very comfortable as the head coach of Monmouth basketball, and just has put me and my family in a great spot for the future.”

“I’m just a hard working guy who appreciates the opportunity that I was given, and I hope I have given it back.”

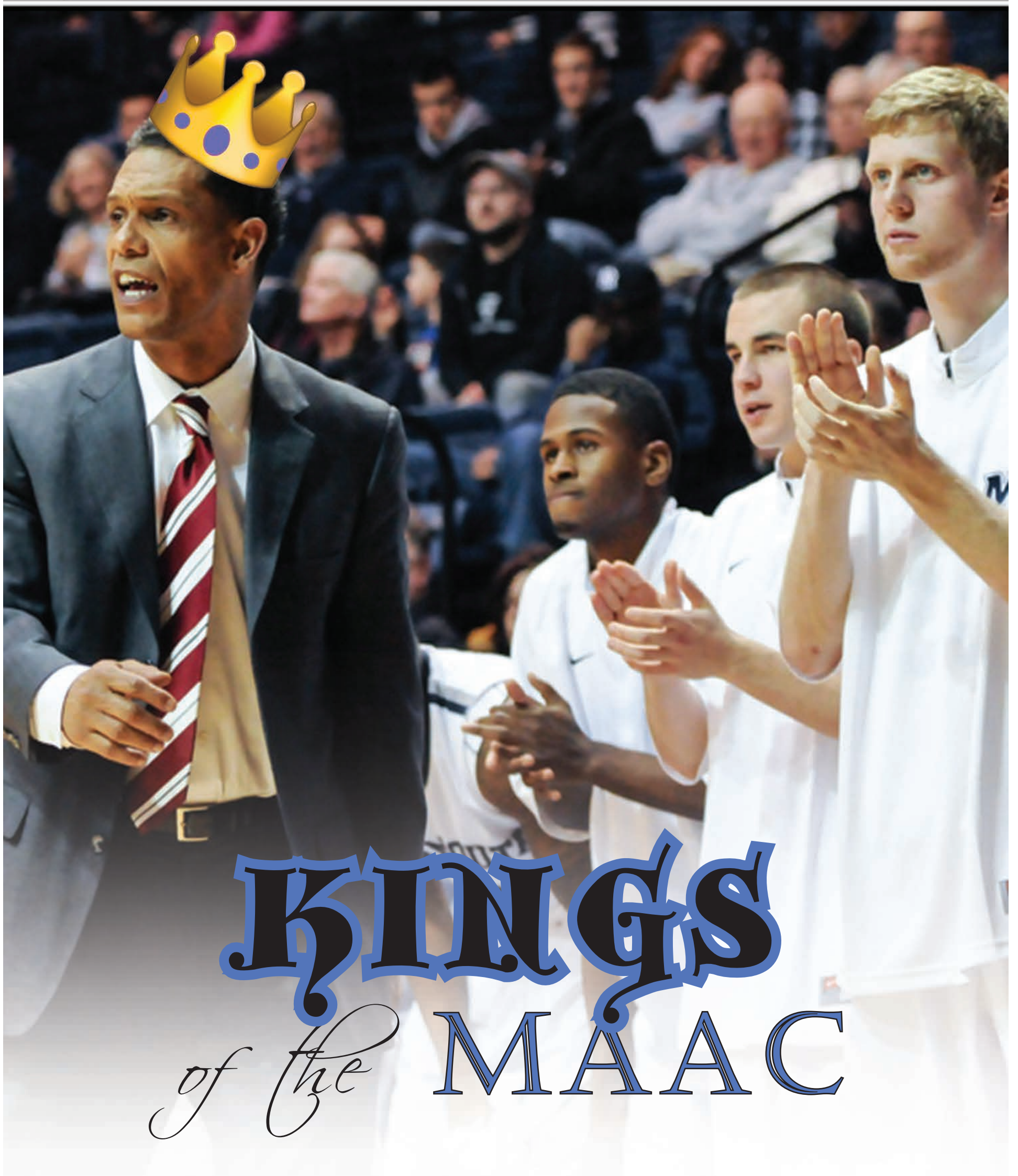
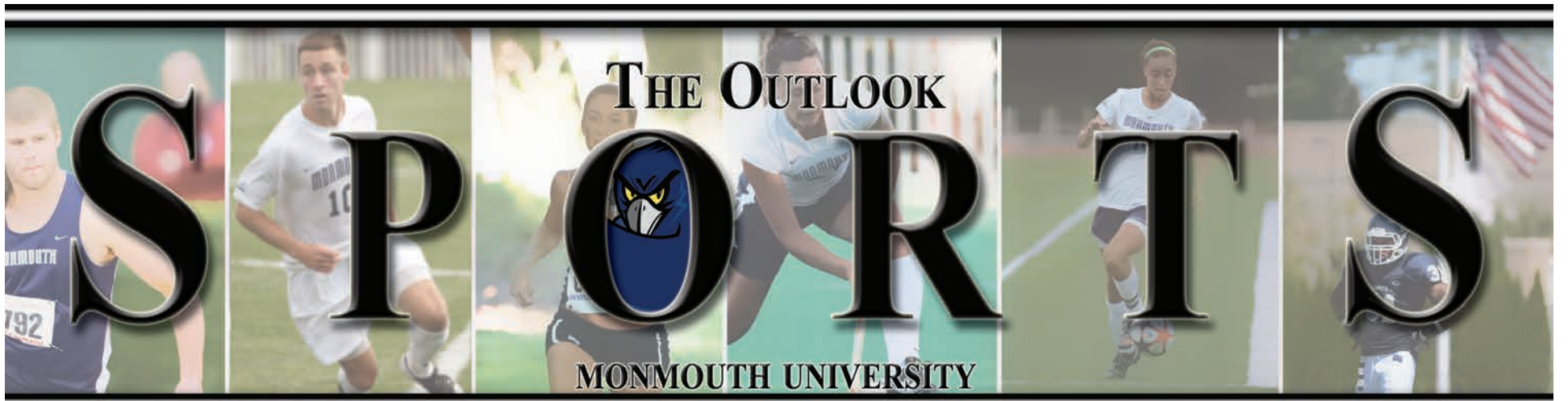
KING RICE
Men’s Basketball Head Coach

University of Kansas in 1988.

As of Friday, Feb. 26, Rice prolonged his collegiate coaching career with a five-year contract that will keep him in West Long

the court.

“You treat your kids the right way and always give them advice that will help their lives,” Rice said. “You definitely try to take



KINGS of the MAAC

The men's basketball team clinched the number one seed in the MAAC tournament with a 79-58 win over Rider on Friday, Feb. 26.

Full story on page 18

Photo Courtesy of Monmouth Athletics